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Friday, October 4, 2019



Courtesy photo

Old Sturbridge Village will celebrate the harvest season with Apple and Agricultural Days in October.

# Harvest season hits Old Sturbridge Village with Apple and Agricultural Days

STURBRIDGE — Old Sturbridge Village is celebrating the harvest season with Apple and Agricultural Days, select Saturdays and Sundays in October. As the trees burst into color, the village transforms into a bustling operation as costumed interpreters harvest the grains, fruits and vegetables that have been

growing at OSV all summer long. Visit and learn how food makes its way from the farm to the dining room table in 19th century New England life. Explore the village, take a tour of gardens and root cellars, and meet the oxen as additional guest teams arrive at the village to plow and demonstrate

field preparation. Witness the apple harvest — one of the most popular items of fall. Apples at the village are selected and fermented to get “squeezeings” from the fruit, a process that produces a different variation than the sweet cider typically recognized at

Please Read **OSV**, page **A3**

# Uber 911 safety integration now available across all of Massachusetts

Uber today announced that it is rolling out its 911 information sharing program to the entire state of Massachusetts. This means that when a rider or driver uses the in-app emergency button to call 911, key trip details will be automatically sent to 911 dispatchers in an emergency. The product is available in other cities and counties in the United States, but Massachusetts is the first place in the country where it's available statewide. Uber first introduced the emergency button for all riders and drivers in 2018. The feature shows GPS location and car details (make, model, color, and license plate) in the app so that when a rider or driver taps Uber's emergency button to call 911, they can tell dispatchers that information. Uber has partnered with RapidSOS to pilot 911 integration with local emergency authorities. This technology allows the rider or driver's

exact location (even as the car is moving) and car make/model, color and license plate number to be sent to the 911 center electronically. The feature was made available in Boston and Springfield in September 2018 and in Cambridge in February 2019. “Safety is at the heart of everything we do, and we believe technology can help make the roads safer than ever before. Every second counts in an emergency, and we want to make sure our users get help quickly with accurate information if faced with an emergency situation,” said Chad Dobbs, Head of Rides for Uber in Massachusetts. “I am happy to see that this 911 enhancement has been expanded to our community and throughout the state. With many of our residents, young adults and college students using Uber to get in and out of the city,

Please Read **UBER**, page **A5**

# Village Toastmasters hosts humorous speech contest

STURBRIDGE — Village Toastmasters of Sturbridge hosts a humorous speech contest on Thursday, Oct. 3 at 7 p.m. Each contestant will present a five- to seven-minute comical tale or story. Other Village Toastmasters members will serve as judges, scoring the humorous speeches based on content and delivery. Speech contests are a tradition of the Toastmasters experience and the humorous speech contest is a way to have fun while testing one's speech making skills. Visitors and guests are welcome to join Village Toastmasters for the speech contest. It promises to be an exciting evening of great speakers and funny stories. About Village Toastmasters Village Toastmasters, located in Sturbridge, is focused on helping members improve their public speaking and leadership skills while building confidence in their abilities. The group meets every Thursday night 7-8:15 p.m. at the Offices of the Chamber of Central Mass South, 46 Hall Road. Visitors are always welcome. For more information, visit [VillageToastmasters.org](http://VillageToastmasters.org). About Toastmasters International Toastmasters International is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of meeting locations. Headquartered in Rancho Santa Margarita, Calif., the organization's membership exceeds 313,000 in more than 14,650 clubs in 126 countries. Since 1924, Toastmasters International has helped people of all backgrounds become more confident in front of an audience. For information about local Toastmasters clubs, please visit [www.toastmasters.org](http://www.toastmasters.org). Follow @Toastmasters on Twitter.

# Rallying for the future



Gus Steeves photos

WORCESTER — Several hundred area residents joined millions of other people in hundreds of world cities on Friday, Sept. 20, rallying to urge leaders to take the climate crisis seriously. In Worcester, the City Council became one of the few municipal governments so far to approve a “Climate Emergency” resolution pledging to become carbon neutral by 2030, among other things. The concept, and countless protests worldwide, are being spurred by growing concern over scientific reports from the International Panel on Climate Change and other bodies projecting increasingly dire consequences if the climate continues to warm. Largely due to growing concentrations of greenhouse gases in the atmosphere (primarily carbon dioxide and methane, both of which are significantly higher today than they were a century ago), scientists argue we're seeing more severe storms, more erratic weather patterns, desertification in some areas, and an overall increase in global temperature. That temperature varies greatly by region; in some, like the Arctic, it's rising very rapidly; in others, it may even be cooling. According to data from the National Oceanic and Atmospheric Administration website, the global average is now 0.79 deg C (1.42 deg F) above the 20th-century average, with almost all of that warming happening since 1980. Projections

Please Read **CLIMATE RALLY**, page **A4**

Are you ready for a **JOB CHANGE?**  
Looking for **NEW JOB?**  
Check out your local source of job and career opportunities.  
See **Section B** of your newspaper  
and find out who's hiring in your area.





# Hitchcock Happenings

Monday, October 7  
**REMINDER:** You can sign up for all classes and find more information regarding classes on our website: [hitchcockacademy.org](http://hitchcockacademy.org)  
**FAMILY FOUNDATION 5:** Free preschooler programs sponsored by a Union 61 Family Foundation 5 Grant.  
**Monday:** Playgroup 9-11 AM; bring a snack. Questions? Contact Cheryl Cameron at [union61@tantasqua.org](mailto:union61@tantasqua.org)  
**PHOTOGRAPHY BASICS:** 6-8:30 PM Capture the colors of fall with brilliant results by learning about the effects of light and exposure. Learn how to best use your camera's features and learn some creative techniques as well. (2 classes) Instructor: Kevin Kopchynski, Fee: \$52  
**WEIGHT WATCHERS:** Traditional Weight Watchers meetings! Times: Weigh-in/Registrations: 5:30PM Meeting: 6:00 PM Leader: Angela Kramer. Visit [www.weightwatchers.com](http://www.weightwatchers.com) to become a member or to learn more about Weight Watchers.  
**SEN-I JUDO CLUB:** 4:30-6 PM For the months of September, October and November this course is FREE. It runs all year long and is well suited for all levels of practitioners includ-

ing beginners! Call Sensei Israel Lopez 413 279-4330 for more information.  
**HATHA YOGA:** 7:15-8:45 Relax and rejuvenate with postures and guided meditation to restore the body. Bring a mat, wear comfortable clothing. All levels welcome. Instructor: Sharon Palmer, M. Ed., Kripalu Yoga Instructor and RYT.

Tuesday, October 8  
**ART GROUP:** 9-11:30 AM Bring your own art and enjoy the company of other artists as they explore and encourage each other in creative adventures.

Wednesday, October 9  
**WATERCOLOR:** 9:30-Noon For all levels – ongoing watercolor classes with new paintings every three weeks. Instructor: Beth Parys. For more information and to register call: 413.245.3295  
**FAMILY FOUNDATION 5:** Free preschooler programs sponsored by a Union 61 Family Foundation 5 Grant. Music and Movement: 9-10 AM  
**BUDDIES DOG TRAINING:** 6:30-7:30 PM (6 classes) A dog training basics class for canines of all ages (puppies are welcome.) It provides positive training methods, good management practices and prob-

lem-solving strategies. Vaccinations must be up to date. Fee: \$130 per dog. Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor-National Association of Canine Scent Work <https://www.nacsw.net/GENEALOGY/FAMILYHISTORY>: 6:30-8:30 PM The class you need for research into your descendants. Uncover new truths by learning both online and offline research. Instructor: Dave Robinson, Old Bones Genealogy of New England. Four classes Fee: \$45

Thursday, October 10  
**VIOLIN LESSONS:** 2-5 p.m. Instructor: Linda Day Newland, violinist in the Austin Symphony Orchestra for 22 years. Lessons available for all ages and all levels  
**SEN-I JUDO CLUB:** 4:30-6 PM For the months of September, October and November this course is FREE. It runs all year long and is well suited for all levels of practitioners including beginners! Call Sensei Israel Lopez 413 279-4330 for more information  
**FENCING:** 6:15-7:15 Youth and

adult classes with Andy Bloch. K9 NOSEWORK® 7-8:30 PM. This is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor-National Association of Canine Scent Work [https://www.nacsw.net/AMERICAN\\_SIGN\\_LANGUAGE](https://www.nacsw.net/AMERICAN_SIGN_LANGUAGE): 7:15-8:15 PM. Learn this visual language using hands as well as facial and body expressions. Laughter guaranteed. Instructor: May Marques, Rehabilitation Counselor for the Deaf, MA Rehabilitation Commission.

Friday, October 11  
**ALCOHOLICS ANONYMOUS:** Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Time: 7:30 PM

Saturday, October 12  
**FARMER'S MARKET:** 9 AM-2 PM Enjoy the area's freshest offerings of meat, eggs, fruits, vegetables, plants and more.  
**K9 NOSEWORK®** 9 AM-1:30 PM. This is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor-National Association of Canine Scent Work <https://www.nacsw.net/SusanOverbaypublicity@hitchcockacademy.org>

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413-245-9977

# Community Development Block Grants awarded to local communities

BOSTON — Representative Todd M. Smola (R-Warren, Ranking Member, Committee on Ways & Means) is pleased to announce that the Department of Housing and Community Development (DHCD) recently awarded \$34 million to support a variety of housing, community and economic development

projects in 63 cities and towns across the Commonwealth. Several communities in the First Hampden District were among those awarded funding through the Community Development Block Grant Program:

Holland, Brimfield and Wales will receive \$565,300 for housing rehabilitation assistance to 13 units, a planning study for a senior center, support for a food pantry, and social service assistance for domestic vio-

lence prevention.

Palmer will receive \$825,000 to provide housing rehabilitation to five units, Fairview Street sidewalk improvements, and domestic violence prevention.

Ware and Hardwick will receive \$903,434 to provide housing rehabilitation assistance to 14 units, code enforcement, design work for New Braintree Road infrastructure improvements and social services assistance for domestic violence prevention, health services, literacy services, and

senior outreach.


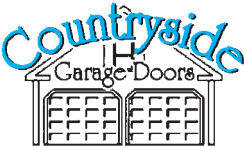
Warren will receive \$800,000 for infrastructure improvements to Moore Avenue and Lombard Street.

“This is great news for our community,” said Representative Smola. “These funds will assist our local towns with a number of priorities ranging from infrastructure and housing projects to vital social service programs.”

The Community Development Block Grant (CDBG) Program is a competitive grant program authorized

by Congress, funded under Title I of the Housing and Community Development Act of 1974 and is designed to help small cities and towns meet a broad range of community development needs. CDBG funds are allocated annually to the Commonwealth through the federal Department of Housing and Urban Development (HUD), and administered by DHCD.

For additional information please contact Representative Smola at [Todd.Smola@mahouse.gov](mailto:Todd.Smola@mahouse.gov) or (617)722-2100.



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## Wales Cultural Council seeks funding proposals

The Mass Cultural Council has set an Oct. 15 deadline for organizations, schools and individuals to apply for grants that support cultural activities in the community.

According to Council spokesperson Susan Gregory, these grants can support a variety of artistic projects and activities in Wales — including exhibits, festivals, field trips, short-term artist residencies, or performances in schools, workshops, and lectures.

The Wales Cultural Council is part of a network of 329 Local Cultural Councils serving all 351 cities and towns in the Commonwealth. The LCC Program is the largest grassroots cultural funding network in the nation, supporting thousands of community-based projects in the arts, sciences and humanities

every year. The state legislature provides an annual appropriation to the Mass Cultural Council, a state agency, which then allocates funds to each community.

The Wales Cultural Council previously funded projects include: Concerts, Library, Senior Center and School special events. We are looking for proposals for Wales Olde Home Day 2020 as well.

For local guidelines and complete information on the Wales Cultural Council, contact Susan Gregory at (413) 245-3454, [lcc@townofwales.net](mailto:lcc@townofwales.net) or any Wales Cultural Council member. Application forms and more information about the Local Cultural

Council Program are available online at [www.mass-culture.org](http://www.mass-culture.org).

## Sturbridge Community Bonfire comes to Town Common Oct. 24

The Special Events Committee presents Sturbridge Community Bonfire at the Sturbridge Town Common on Oct. 24 from 4 to 8 p.m. (this date is pending reduction of current risk category for EEE.) The event features Glenwood Mills Band with Mark Chevalier Kids Entertainment, fall themed activities. Food will be from BT's Smokehouse, Publick House, Little MaMa's Asian Street Food, Nom's Eatery, Just A Nibble and more. Local area merchants will also be on hand.


## VILLAGER ALMANAC

REAL ESTATE

### STURBRIDGE

\$340,000, 5 North Dr, Cogoli, Christopher M, and Cogoli, Kartelyn, to Powell, James T, and Powell, Katherine A.  
\$325,000, 6 Crescent Way #6, Nina B Knox T, and Knox, Nina B, to Hammond, David L, and Hammond, Marcia L.  
\$299,000, 210 Shepard Rd, Harold& Mary White IRT, and Steele, Mary T, to Brunell, Emily Y.  
\$286,900, 356 New Boston Rd, Trajkovski, Christopher, and Trajkovski, Samantha, to Westerlind, Matthew P, and Westerlind, Emily G.  
\$265,000, 16 Stoneybrook Dr, Guyette, Clifford B, and Guyette, Carol M, to Tejada, Cristobal M, and Machado-Figueroa, Esther.  
\$210,000, 54 Breakneck Rd, Degiso, Carman F, to Azevedo, Eric P, and Dugan, Meghan.  
\$189,900, 30 South Rd, 34 South RT, and Cournoyer, Ken M, to CBA LLC.  
\$180,000, 37 Breakneck Rd, Stanikmas, Barbara A, to Renovated Real Estate LLC.

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# Backpack Drive helps local schools in need



Courtesy photos  
Patrick Sweeney with Re/Max Professional Associates and a member of the Community Action Committee of the Realtor Association of Central Massachusetts delivering the backpacks from the annual Backpack Drive from RACM to Eastford Elementary School in Southbridge. Over 200 backpacks and school supplies were collected by the CAC and donated to area schools in need. There will be another Backpack Drive in August of 2020.



Patrick Sweeney with Re/Max Professional Associates and a member of the Community Action Committee of the Realtor Association of Central Massachusetts delivering backpacks from the Annual Backpack Drive from RACM to Park Avenue Elementary School in Webster. Over 200 backpacks and school supplies were collected by the CAC and donated to area schools in need. There will be another Backpack Drive in August of 2020.

**OSV**  
*continued from page 1*  
today's farm stands. Cider in the 1800s was kept through the spring planning, summer heat, and into the harvesting of the following season so it could be enjoyed year-round. During Apple and Agriculture Days, costumed interpreters will be cooking and demonstrating the fermentation process using the ox-powered Cider Mill on-site. For two days only during Apple and Agriculture Days, on Oct. 12 and 13, enjoy a special screening of Forgotten Farms in the Old Sturbridge Village Visitor's Center. This documentary-style film examines class

divides in today's farm and food communities. Once at the center of a thriving local food economy, dairy farmers are often "forgotten" in today's new farming landscape, with New England alone losing over 10,000 conventional dairy farms in the past 50 years. Following the screening on Oct. 12, Old Sturbridge Village will host a panel discussion, featuring the film's director, Dave Simonds, producer, Sarah Gardener, local dairy farmers, and OSV's agricultural and horticultural staff. Apple and Agriculture Days at Old Sturbridge Village take place during normal operating hours from 9 a.m. to 4 p.m. on Oct. 5, 6, 12, 13, 14, and 19. Activities are included with

Standard Daytime Admission, a season pass, or membership to Old Sturbridge Village. Save \$2.50 per adult, senior, or youth ticket when you purchase online instead of at the door. Purchase tickets by visiting: <https://www.osv.org/visit/purchase-one-day-tickets-online/>. More information on Apple and Agriculture Days 2019 can be found online at: <https://www.osv.org/event/apple-and-agriculture-days/>.



## ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner. If you find a mistake, call (508) 909-4111 or email [news@stonebridgepress.com](mailto:news@stonebridgepress.com). news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



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# Local Freemasons warmly welcome public to Open House

Freemason Members of the Seven Southern Worcester County Masonic Lodges will open their Lodge doors to the public on Saturday, Oct. 19, from 9 a.m. to 3 p.m., for their annual “Open House,” a day of offering public information about Freemasonry and its charitable work.

If you’ve ever wondered who the Freemasons are, what they do, whether they are the descendants of the Knights Templars, or what the inside of their Lodge buildings look like, here’s your chance to visit, meet and talk with Massachusetts Masons and learn more.

The seven Masonic Lodges listed below will host their annual Autumn Open House to help the public gain a better understanding of Freemasonry, and the positive impact that it has on its members, their families, and their communities. Members will offer tours of their buildings, discuss the fraternity’s history, provide printed information, discuss Masonic rituals, explain what

they do, and describe Masonry’s many charitable programs.

Freemasonry helps men to be the best possible version of themselves through the practice of Brotherhood, Service, and Integrity. Our Lodges provide opportunities for fellowship, charity, education, and leadership.

“The Open House is a great opportunity for anyone interested in learning more about Freemasonry to meet and talk with Masons in their community, and enjoy a tour of our Masonic Lodges” said James Gonyea, District Deputy Grand Master of Masons in the 24th Massachusetts Masonic District and the presiding officer of more than 1,000 members. Although many have heard of us, very few are aware that for more than 300 years we have been part of an unbroken tradition of great men who have changed our world in big and small ways. Benjamin Franklin, George Washington, Thurgood Marshall, and John Glenn, for example, all joined the

Masons prior to achieving the greatness we recognize them for. There are countless other great men, whose names are not widely known, that made their families, workplaces, and communities better because they were Masons. I warmly invite the public to join us on Saturday October 19.”

The branches are located at:

Olive Branch Lodge – 7 Depot Street – Douglas, MA 01516

Solomon’s Temple Lodge – 20 Court Street – Uxbridge, MA 01540

Webster Lodge – 27 Brandes Street – Webster, MA 01570

Oxford Lodge – 22 Mt. Pleasant Street – Oxford, MA 01540

Quinebaug Lodge – 339 Ashland Ave. – Southbridge, MA 01550

Joel Prouty Lodge – 780 Southbridge Street – Auburn, MA 01501

Rose of Sharon Lodge – 88 Masonic Home Road – Charlton, MA 01507

Freemasons trace their roots to the stonemason guilds that built Europe’s

cathedrals and castles during the early part of the last millennium. As construction of these buildings declined, they began accepting members from outside their trade. These new members, influenced by the “Age of Enlightenment,” transformed the organization from a group for builders to one focused on developing the character of its members. Officially, Freemasonry was founded in London, England in 1717. In 1733 it was formally organized in Massachusetts, making it the oldest Masonic group in the Western Hemisphere and the third oldest in the world. In 2019, Massachusetts Freemasonry celebrates its 286th Anniversary.

Freemasonry, the world’s oldest and largest charitable fraternity, seeks to bring together men of every country, religion, race, background, and opinion and develop the bonds of friendship between them.

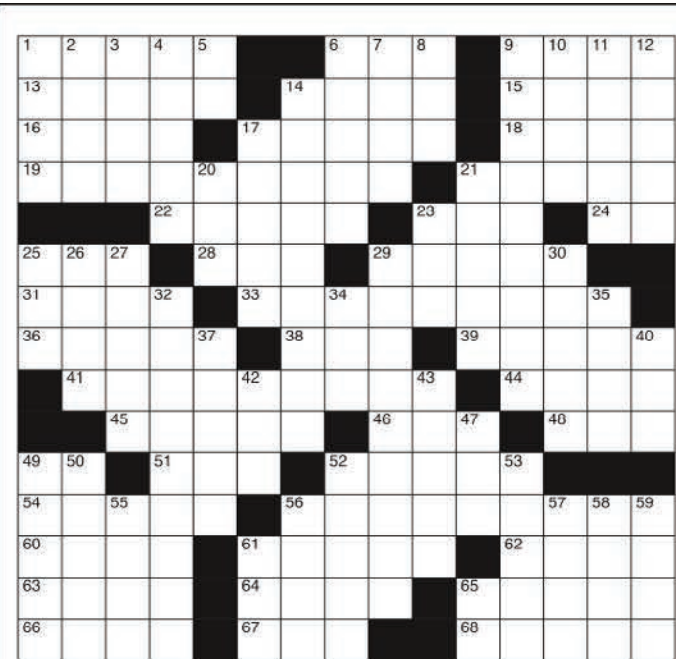
## CLIMATE RALLY

continued from page 1

for the future range greatly, largely dependent on whether atmospheric carbon keeps growing, levels off or declines. The best IPCC model (RCP 2.6) shows a roughly stable temperature slightly above that of the present through 2300. The worst (RCP 8.5) projects an increase that ranges from 3 deg C to more than 12 deg C above present by 2300. The wide range is in part because scientists do not yet have a good handle on numerous natural feedback loops that might be triggered by such events as melting permafrost and sea ice

or ocean acidification.

Worcester’s event was organized by Climate Strike Worcester, a coalition of several regional environmental groups. Participants primarily came from four Worcester colleges — Holy Cross, Worcester State, WPI and Clark — in marches to the City Hall rally site from WPI and Clark. Several older residents (one dressed like Greta Thunberg) and younger children were also involved, as were representatives of the state’s Green-Rainbow Party, Socialist Alternative and Extinction Rebellion. One counter-protestor carrying a “useful idiots” sign also walked by the peaceful crowd.



### CLUES ACROSS

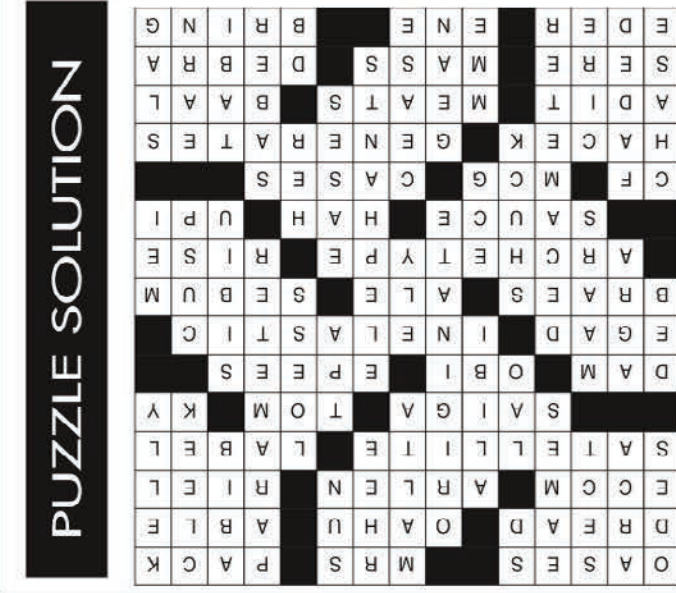
- 1. Fertile desert spots
- 6. Married woman
- 9. Some animals travel in one
- 13. Fear
- 14. Hawaiian island
- 15. Fit to work
- 16. Electronic counter-countermeasures
- 17. Former Senator Specter
- 18. Cambodian currency
- 19. Dave Matthews Band hit
- 21. Lists ingredients
- 22. Endangered antelope
- 23. Jerry’s TV partner
- 24. Blue grass state
- 25. Obstruct
- 28. Luke’s mentor \_\_\_ Wan
- 29. Fencing swords
- 31. Oh, heavens!
- 33. Insensitive to changes in price
- 36. Hillsides
- 38. Brew

### CLUES DOWN

- 1. Lyric poems
- 2. Genus of saltwater clams
- 3. Ingroup
- 4. Type of lounge chair
- 5. Memory card
- 6. Archipelago
- 7. Common Korean surname
- 8. It’s up there
- 9. Quantity that helps to define
- 10. First month of the Jewish ecclesiastical year
- 11. Metal-headed golf club
- 12. A shade of green
- 14. Begin
- 17. A good thing to have
- 20. Language spoken in Laos
- 21. Loosely compacted sediment
- 23. Naturally occurring protein
- 25. Woman
- 26. Central Indian city
- 27. Volcanic craters
- 29. Largest existing land animals

- 39. Gland secretion
- 41. A typical example
- 44. Get up
- 45. You put it on your pasta
- 46. Expresses surprise
- 48. News organization
- 49. Disorder of the lungs (abbr.)
- 51. One millionth of a gram
- 52. Some are of the “suit” variety
- 54. Group of organisms
- 56. Produces
- 60. Passage into a mine
- 61. \_\_\_ and cheeses
- 62. Semitic fertility god
- 63. Dry or withered
- 64. Religious ceremony
- 65. \_\_\_ Winger, actress
- 66. German river
- 67. Midway between northeast and east
- 68. Take something or somebody somewhere

- 30. Rumanian city
- 32. Equal to 10 meters
- 34. Historic Nevada city
- 35. A point of transition
- 37. Remove
- 40. Overwatch character
- 42. Records electric currents linked to the heart
- 43. Settles in calmly
- 47. Partner to his
- 49. Banking giant
- 50. Slowly disappeared
- 52. End
- 53. Sword with a v-shaped blade
- 55. Fabric with smooth, shiny surface
- 56. Wild cherry tree
- 57. Traditional Japanese socks
- 58. Make of your hard work
- 59. Stony waste matter
- 61. Woman (French)
- 65. Unit of loudness



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# Harvest Goods = Impressive Gifts

With today's appreciation of home-made foods, hand crafted side dishes and condiments have never been more popular. Merging the art of basic canning with fresh, delicious ingredients and a dash of creativity results in upscale food gifts that rival pricey gourmet food catalog offerings. Such creative goods are an ideal way to bring something truly special to the harvest table or to share with family and friends throughout the year.

The following recipes are not only easy to whip up; they'll also earn rave reviews from lucky recipients!

## Pear Honey

This old fashioned recipe relies on fresh pears for its smooth, fruity flavor.

Ingredients: six cups of ground pears; five cups sugar; four cups crushed pineapple

Directions: Peel and core pears. Process pears until coarsely ground. Add sugar to pears and cook down until mixture thickens (can take up to four hours). Add the crushed pineapple and continue to cook and stirring periodically until thick and of a syrup consistency. Once desired thickness is achieved, pour hot liquid into hot sterilized jars. Process is hot water bath for ten minutes.

Gift Tip: A perfect pairing for poultry, a jar of homemade pear honey is an ideal gift for the Thanksgiving host.

\*\*

## Thanksgiving Pickled Eggs

For some New Englanders pickled eggs are as traditional as cranberry sauce on the Thanksgiving table. This recipe is sure to "hit the spot!"

Ingredients: eight eggs; 1 (15 ounce) cans beets with liquid; 1/2 cup white vinegar; 1/2 cup white sugar; 1/2 cup water; 1/2 teaspoon ground cinnamon (optional).

Directions: Hard boil eggs, cool and peel. In a medium saucepan combine beet liquid, vinegar, sugar, water and cinnamon. Bring to a boil and stir under sugar is fully dissolved. Pour

mixture over eggs. Place egg in a saucepan and cover with cold water. Bring water to a boil and immediately remove from heat. Cover and let eggs stand in hot water for 10 to 12 minutes. Remove from hot water, cool, and peel. Pack eggs loosely into canning jars. Pour bet mixture over eggs. Chill for at least four hours before eating.

Note: Pickled eggs should be refrigerated, not processed. Refrigerated pickled eggs can last up to ten days in the refrigerator.

\*\*

## Peach Salsa

Sweet and spicy, a fiesta of spices elevates this salsa from simple to sensational!

Ingredients: 9 cups fresh peaches, chopped; 2 tablespoons lime juice (fresh or bottled); 4 cups fresh tomatoes; 2 large bell peppers, diced; 1 large red bell pepper, diced ; 2 cups sweet onions; ; 1 cup vinegar; 3 garlic cloves, chopped; 1 tablespoon cayenne pepper; 3 tablespoons honey; 1 tablespoon crushed red pepper flakes

Directions: Peel, pit, and dice peaches, and mix with lime juice. Peel and chop tomatoes. Combine all fresh fruits and vegetables in a large stainless steel pot. Add vinegar, honey, cilantro, cayenne, and crushed red pepper. Bring mixture to boil over medium heat. Cook for about three minutes, stirring frequently. Turn heat to simmer for three minutes more.

Ladle salsa into hot sterilized canning jars, leaving 1/4 inch headspace. Screw on band tightly and process in a hot water bath for ten minutes. Makes a dozen half pint jars.

Gift Tip: Present a jar of peach salsa with a spice packet of Old Bay seasonings for grilled fish. This lets the recipient know this salsa is not just for dipping tortillas!

\*\*



## TAKE THE HINT

KAREN TRAINOR

## Wine Jelly

Made from just four ingredients, this simple recipe transforms white or red wine into a sweet spread sure to impress.

Ingredients: 3 1/2 cups red or white wine; 1/2 cup fresh lemon juice; 1 (2 ounce) package dry pectin; 4 1/2 cups white sugar.

Directions: Combine wine, lemon juice, and pectin in a large saucepot. Bring to a boil, stirring frequently. Add sugar, stirring until dissolved. Return to a rolling boil. Boil hard 1 minute, stirring constantly. Remove from heat. Skim foam off top, if necessary. Ladle hot jelly into hot, sterilized jars, leaving 1/2 inch headspace. Tighten two piece lids. Process for five minutes in boiling water bath. Makes five half pint jars.

Hostess Gift Tip: Gift with crackers and a wedge of aged cheese.

\*\*

## Roasted Red Cherry Tomatoes

Rich, red Lilliputian tomatoes, fresh garlic and authentic Italian spices create this savory Mediterranean side dish.

Ingredients: Two pounds of cherry or grape tomatoes; six whole, peeled garlic cloves; 1/2 cup good olive oil; one teaspoon each fresh oregano and basil; 1/2 tsp each: salt and pepper

Directions: Preheat oven to 425 degrees. Slice tomatoes in half and place in a bowl. Peel garlic, add to bowl with tomatoes. Stir in olive oil to coat. Pour mixture onto a shallow sheet pan with rim. Roast for 30 minutes or until edges of tomatoes are slightly charred. Pack into two ounce canning jars and pour oil over tomatoes to fill jar. Makes four jars.

Gift Tip: Tie with a raffia bow and include a bruschetta recipe.

\*\*

## Festive Red & Green Jelly

The pop of festive colors in this pepper jelly make it a favorite accompaniment to the holiday meal.

Ingredients: 1 cup chopped red bell pepper; 1/2 cup chopped jalapeno pepper; 5 cups sugar; 1 1/2 cups apple cider vinegar; 1 six ounce bottle liquid pectin

Directions: Mince stemmed and seeded jalapenos in a food processor. Combine peppers, sugar and vinegar in a heavy pot. Bring to a rolling boil for three minutes. Remove from heat and cool for five minutes. Stir in pectin. Allow to cool for two minutes, and then stir for two minutes. Ladle into four ounce canning jars. Process in a hot water bath.

Gift Tip: Save a few jars for impromptu Christmas gifts! String a silver jingle bell through red curling ribbon and tie a big bow on the top of the jar.

\*\*

## Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

## UBER

continued from page 1

anything we can utilize to make it safer is a benefit to all," said Michael Lawn, Chief of the Watertown Police Department.

"Our mission is to connect the world to public safety to get the fastest

and most appropriate care possible to an emergency incident," said Jeff Robertson, SVP & GM of Public Safety at RapidSOS. "We are excited to expand our partnership with Uber to the state of Massachusetts, connecting life-saving data from riders and drivers to all 911 centers across the state."

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PLACE MOTORS IS PROUD TO SPONSOR

# Friday's Child

**Hi! Our names are Felix and Felixiano and we care a lot about each other!**

Felix and Felixiano are brothers of Caucasian and Hispanic descent. They are very close and play well together. Felix describes himself as a caring, friendly, funny boy who likes karate and is a good sharer. He loves to eat and will try almost anything, including vegetables! Felix identified basketball as his greatest talent and when he grows up he wants to be a teacher or a firefighter. He is communicative, outgoing and likes to ask questions so that he knows what is going on around him. Felix enjoys school, and has a strong desire to learn. He particularly enjoys math.

Felixiano describes himself as a boy who does the right thing and likes to play catch with his friends. Felixiano also enjoys playing basketball, video games, giving hugs, superheroes, cooking and playing outside. His favorite color is red and his favorite food is pancakes. When asked what he wants to be when he grows up, he said to be a teenager. Others who know Felixiano say that he is a playful and curious boy who is eager to please, and is both endearing and imaginative. Felixiano is very smart and performs well in school. His teacher reports he is helpful in the classroom and gets along well with the other students.

Legally freed for adoption, Felix and Felixiano can be placed in a home of any constellation, with or without other children. Any prospective family must be open to maintaining relationships with the boys' siblings and biological parents.

**Who Can Adopt?**

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit [www.mareinc.org](http://www.mareinc.org). The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

# Don't miss a moment

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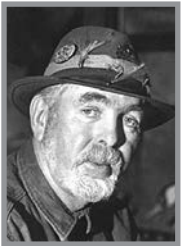
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# Youth deer hunt passes, while pheasant hunting approaches



THE GREAT  
OUTDOORS  
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RALPH  
TRUE

This past Saturday the one day youth deer hunt was held in Massachusetts. The annual event allows a young hunter 12-17 to hunt deer with a licensed adult hunter, with a special permit from Mass. Fish & Wildlife. They can hunt with a bow or a shotgun. This past Saturday young Tyler was hoping for another harvested deer with his bow, no report as of this deadline.

This week's picture shows Tyler with his first doe he harvested with his dad a few years ago using his shotgun.

Upland bird hunters in Mass. are gearing up for the Oct. 19 opening of pheasant hunting. A few clubs received their Pheasant from Mass. Fish & Wildlife a number of weeks ago, and the results of their success in raising the pheasant are great this year. The clubs

that raise pheasant from the state are required to stock the birds in open covers that are accessible to all Mass. licensed hunters.

Concerned local bird hunters are worried about West Hill in Uxbridge being stocked this year with pheasant because of a dispute with an abutting land owner, which has shut down access to a section of the West Hill. There should not be a problem, as the access to the site can be made at the Dam area on Hartford Ave.! It was used for years prior to the shut-down for access to the hunting site and hopefully it will be used this year if no changes or settlements are made with the abutting landowner. Unfortunately, hunters will have a longer walk to the hunting areas, as they will need to park at the parking lot off of Hartford Ave. Stay Tuned!

Hunting open covers in October will no longer offer great hunting for Woodcock and Grouse locally because of the near extinction of grouse in the valley, and the low populations of woodcock in the area due to lost habitat. The word upland bird hunting is rarely used by this writer, because of



the loss of these two great game birds in the valley area. Areas in other parts of the state also no longer have the woodcock and grouse populations they once had, but are not in as bad a shape as were are.

Flights of woodcock do provide some limited shooting if you are in the right place at the right time. Owning a good pointing bird dog can provide some fast shooting on these birds that are often called timber doodles. When the woodcock flush they often rise straight up, giving the hunter a somewhat easy shot. The whistle of the bird when they take flight is a great sound, and gives the hunting a slight edge in making a good shot. Numerous bird dogs do not like the taste of woodcock in their mouth as they have a livery taste, but other dogs are

not bothered by the taste.

Woodcock are great table fare if they are prepared correctly, and it takes quite a few birds to make a meal for the family. People that cook with numerous wines make the taste of the bird a lot sweeter, while grouse do not need any special dressings or preparation.

The Salmon River continues to give up some impressive Coho salmon for anglers that are fishing there now. They had a good dose of rain last week in the area, and that is good news, helping to move the fish upstream.

Fish stocks of some species in the saltwater are being devastated by Cormorants and seals. These protected species are causing serious damage to our winter flounder populations, especially in Rhode Island

waters. The winter flounder fishing is nearly non-existent in the Narragansett Bay area for years now because of cormorants. In past years I have watched these birds eat hundreds of the recently hatched winter flounder in Rhode Island waters.

Seals eat massive amounts of fish daily and their populations continue to rise annually also. Something needs to be done soon. The commercial fishermen cannot be all to blame for our dwindling fish stocks in Rhode Island and Massachusetts. Numerous attacks by sharks are also becoming more frequent because of the out of control of seal populations. There should be some type of control of these two species.

*Take A Kid Fishing & Keep Them Rods Bending!!*

## TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stone-bridgepress.news.

**BAY PATH ADULT EVENING SCHOOL**

Fall 2019 catalog offerings

New England Patriots vs. the Baltimore Ravens — "Tours and Pours" 3 Days/2 Nights Nov. 2-4

What's included: Roundtrip Motorcoach transportation, lodging, five meals, city tour of Baltimore, three brewery tours, distillery tour, winery, reserved seats at M & T Bank Stadium Tour Director, and more!

\$799pp double occupancy, \$949 single occupancy, \$789 triple occupancy, \$779, quadruple occupancy.

For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

dinner show, ticket for holiday show at Opry House, tour of the Ryman & Grand Ole Opry, ICE Gaylord Opryland, General Jackson Showboat river cruise, and so much more!

Standard view room \$1,899pp double occupancy, \$2,249pp single occupancy

Atrium view room \$1,999pp double occupancy, \$2,399pp single occupancy.

For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

Wine Country Pacific Coast Cruise 9 days/8 nights April 6-14, 2020

What's included: Roundtrip Motorcoach transfers, roundtrip airfare from Logan Airport, one night pre-cruise stay in Los Angeles, 8 day/7 night cruise on board Princess Cruises-The Star Princess, visiting Los Angeles, Santa Barbara, San Francisco, Astoria Oregon, Victoria, B.C., Vancouver, B.C., winery tours, all meals on board ship, and more!

\*A valid passport is REQUIRED for this trip

Prices starting at \$2,499pp double occupancy (plus tax, transfers & government fees)

For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

### CHURCH PILGRIMAGE

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and

breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

**CHARLTON SENIOR CENTER**

Trip Coordinator Dotti Murphy - Please call 978-424-7010

Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center

Pick up is from St. Joseph's Church 10 H Putnam Rd. Ext., Charlton 2019 Day Trips

Sept 24 (Tues) Simon Pearce Glassblowing Studio and King Arthur Factory - Fall foliage, tour glass blowing factory, and King Arthur factory after lunch - \$119.00

Oct 9 (Wed) New Hampshire Turkey Train - Foliage train ride, Harts Turkey Farm Luncheon, Mystery stop and sightseeing - \$99.00

Nov. 14 (Thurs) Ricky Nelson Remembered - Ricky Nelson's twin sons perform their father's hit songs - Venus DeMilo, Swansea \$95.00

Dec3(Tues) Johnny Mathis Christmas Tribute - Ultimate tribute to Johnny Mathis with Christmas songs and some of his biggest hits - Davensport Yacht Club - \$92.00

2019 Overnight Trips

Sept 20 - 22 Lake George Balloon Festival - 3 days, 2 nights - \$449pp dou-

ble, \$599 single

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

**DAUGHTERS OF ISABELLA**

The Daughters of Isabella proudly present our 2019 Fantastic Worldwide Tours!

Oct. 6: NH Turkey Train \$92

Scenic rail tour round Lake Winnepesaukee and lunch! 9 a.m. Southbridge, 9:30 a.m. Webster. Spectacular New England footage! New Hampshire awaits!

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

### DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

### DUDLEY SENIORS

Dudley Seniors presents a Branson Show Extravaganza, Saturday, May 2 through Sunday, May 10, 2020, \$905 per person, double occupancy. Incredible price includes motorcoach transportation, eight nights lodging including four consecutive nights in the Branson, Mo. Area, 14 meals (eight breakfasts and six dinners), admission to seven fabulous Branson shows, including New Jersey Nights, Amazing Acrobats of Shanghai, Doug Gabriel, Presley's Country Jubilee, "Noah the Musical," and the Hughes Show; and one dinner show on the Showboat Branson Belle. For pictures, video and information, visit www.GroupTrips.com/dudley-seniors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday, May 2, 2020.

For more information, please call

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TRIPS  
continued from pag A6

Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

Tuesday, Dec. 3 to Thursday, Dec. 5 Overnight Trip 3 Days/2Nights. Prices are \$459 for Double Occupancy and \$559 for Single Occupancy. On Wednesday see the Spectacular Awe Inspiring Special Effects and complete with Live Animals “Miracle of Christmas Show “ at the Milenium Sight and Sound Theater. Following the The Miracle Show is Dinner at the always delicious Plain and Fancy Restaurant. Also included in this trip and happening on Tuesday is a Dinner Show production of Irving Berlin’s Musical “Holiday Inn” featuring thrilling dance numbers, laugh out loud comedy and a Parade of Irving Berlin’s Hit Songs. Thursday features a visit to Hershey’s Chocolate World and Milton Hershey School and Founders Hall before we head home with rest stops on our way back. This Trip includes 2 nights Lodging, 2 Breakfasts, 2 Dinners, Tickets to The Miracle of Christmas and Tickets to the Holiday Inn Show and a Full Commentary Back Country Tour of the Farmlands of Lancaster Country.

Dec. 31 New Years Eve “DAY” at the Lake Pearl in Wrentham, Mass. Let’s Celebrate the New Year during the “DAYTIME”. Featuring the dynamic Tom LaMark Orchestra as they cover original classics from the Swing Era, the Best in Ballroom Dancing, our Favorite Line Dances, and on up to the Best songs from the ‘50’s, ‘60’s and ‘70’s. Sing along, Dance along and Party strong to this Live Band. For \$89, enjoy Deluxe Motorcoach Transportation, Salad, Breads, Choice of Entree, Potato, Vegetable, N.Y. Style Cheesecake, Coffee/Tea and let’s not forget a CHAMPAGNE TOAST.

May 15, 2020 to May 22, 2020 Cruise 8 Days/7 Nights Boston to Bermuda aboard the Norwegian Cruise Lines “GEM” SHIP. Leave Boston Friday, May 15 and return Boston Friday May 22. Included are All of the Following, Roundtrip Transfers from Sturbridge to Boston and back. The Ultimate Beverage Package, The Ultimate 4 Night Dining Package, Specialty Restaurants for Free, Exclusive Best of Times Cocktail Party, All Luggage Handling Fees, Drivers Gratuities and Best of Times Professional Tour Director. Early Booking Discount for those people who Book a Balcony Cabin by October 1st, you will receive a 1 Category Upgrade & Special On Board Credit. Prices start at \$1,199 Double Occupancy for an Inside Stateroom, \$1,399 for an Oceanview Porthole Window, \$1,899 for a Balcony Stateroom on Deck 9, \$1,949 for a Balcony Stateroom on Deck 10, and \$1,999 for Balcony on Deck 11. ALSO Add \$400 for Taxes, Transfers, and Gov’t Fees. Single Occupancy is Avaible upon request. Please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com for questions or information on any of the above Trips.

LEICESTER SENIOR CENTER

Thursday, Oct. 17: Trip to Twin Rivers and Wright’s Chicken Farm. Bus leaves at 9 a.m. \$7 food credit and \$10 slot play. Cost is \$59.

Wednesday, Nov. 13: Indian

Head Christmas Spectacular and Luncheon. Bus leaves at 8:30 a.m. Cost is \$89.

Friday, Jan. 17, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

Friday, Feb. 14, 2020: Foxwood Casino. Free lunch buffet or \$20 food voucher and \$10 casino slot play. Cost is \$30.

Friday, March 20, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

USA: SPLENDORS OF THE NORTHWEST: Wonders of Northern California Redwoods, Oregon & Washington Aug. 3-16, 2020  
JAPAN: March 26 to April 9, 2020  
JAPAN & CHINA: March 26 to April 22, 2020  
SPAIN & PORTUGAL: September 9-24, 2020

PAXTON SENIORS

Are you interested in joining another wonder trip in 2019?

A group of Seniors from Paxton and surrounding towns are planning a trip this year to Italy. The group plans to leave Paxton on Sept. 9, with transportation provided to Logan and return. Our flight will take us to Rome, Italy for 10 days visiting many historical sites of Italy. Rome has many beautiful attractions that many of us have not seen on previous visits. After two nights in Rome, we will move on to one night in Perugia where we will have the opportunity to visit Assisi, the birthplace of St. Francis of Assisi. Following our stay in Perugia, we move on to Florence, “the Cradle of Italian Renaissance,” where we will view Michelangelo’s incredible statue of David. After two nights in beautiful Florence, we will move on to Venice. On the way to Venice, we will stop at a 12th century castle and learn about the famous Tuscany wines and enjoy a cooking class and lunch. Next we are off to Venice for two nights. During that time, we have an opportunity to visit many of the wonderful sites of the Canal City.

After Venice, our next and last night will be Milan where we will have an opportunity to visit and shop at the “Quadrilatero della Moda,” Milan’s high-fashion district. We will depart for home from Milan.

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2019 TRIP SCHEDULE  
OPEN TO PUBLIC  
PAYMENT DUE AT SIGN UP

October 8-15, 2019 – ALL INCLUSIVE ARUBA – Room has just opened up for two couples on the 2019 trip, and I am taking names for 2020 trip,

November 12, 2019 – Tuesday – Foxwoods \$25 - 10 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino You will have 5 hours at the casino as the bus will leave Foxwoods at 4 PM. You will receive \$10 for gaming and \$15 meal voucher.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

FRIENDS OF STURBRIDGE SENIORS

We are proud to announce the following upcoming Bus Trips which are open to everyone age 21 and over. The following One Day Bus trips are 92.00 which includes a Deluxe Bus Transportation, Delicious Lunch, Tax, Gratuity and Fabulous Entertainers.

Sunday May 19th See The Edwards Twins, the Best Impersonators of all the Biggest Stars.

Tuesday June 18th See The 3 Red Neck Tenors, Down Home Laughs + Big City Music, Pop to Opera.

Wednesday August 28th Tribute Show hear Songs of Neil Diamond, Carole King, Johnny Cash, Janis.

We also have the following 2 to 5 Day Overnight Trips for Singles and Double Occupancy.

Saturday June 29 to Wed July 3 Nova Scotia, Bay of Fundy, Royal Nova Scotia International Tatoo Tuesday, Dec. 3 to Thursday Dec 5th Pennsylvania Dutch and The Miracle of Christmas Show, Hershey’s Chocolate World and more 459.00 Double occupancy

For more information, please contact Dick Lisi at 508 410 1332 or at lisirichard15@yahoo.com

STURBRIDGE RECREATION

New York City Holiday bus trip: Saturday, Dec. 14; depart from Burgess Elementary School at 7 a.m. on our Lizak charter. Arrive approximately 10:30 a.m. (a rest stop will be made along the way) for a day to do as you please in the wonderful Big Apple! Ice skate at Rockefeller Center, take in a show on Broadway, do some Christmas shopping, marvel at the light displays, and more! Drop off will be as close to Rockefeller Center as possible. Depart from the city at 6:30 p.m. and enjoy a peaceful ride home. Arrive back home in Sturbridge by 10 p.m. Cost: \$50 per person. Contact the Sturbridge Recreation Departmetn at (508) 347-2041 or recreation@town.sturbridge.ma.us for more information.

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any

amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019  
2019 is the Society’s 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

Nov. 16 — “Do As You Wish Day in New York City” – shop for Christmas, do some sightseeing, visit a museu, attend a Broadway matinee, dine at a special restaurant, a visit to the aircraft Intrepid, visit the 911 Memorial complex. There is much to do and enjoy. Departure is 6:30 a.m. from the Southbridge RMV parking lot, and the return departure from New York City is 6:30 p.m. Included are rest stops to and from New York City. Cost is \$59 per person. The reservation deadline is Nov. 6. For information and reservations, call (508) 764-7909. To avoid disappointment, call early.

Dec. 14 — “Festival of Christmas Lights” at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and snacks, a Carousel for the children, an optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright’s Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45 a.m. from Southbridge and 11:15 a.m. in Webster, with the return about 7:45 p.m. Reservation deadline is Dec. 5.

The Silver Club

The Silver Club of the Uxbridge Senior Center is planning some special bus trips for 2020. There will be a 3 day trip to Penn Dutch for the new show “Esther” at the Sight and Sound theatre from April 27 - 29, 2020. The price is \$459, and includes a tour of the countryside, 4 meals, the show, and a trip to Philadelphia on the way home.

June 29 - July 6, 2020, Atlantic Canada that includes the famous International Tattoo, CAT ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island(with Anne of Green Gables), St. John, New Brunswick, etc. It includes all the touring, hotels, bus and 12 meals (including a lobster bake) for the price of \$1899. If you have never seen the International Tattoo, you are in for a treat! That alone makes the whole trip worthwhile! It’s only performed in a few places and only at certain times and this is one of them! Check it out online! https://nstattoo.ca

Day trip to the Newport Playhouse on Dec. 18 to see “A Christmas Cactus.” (Christmas turns into a Dickens of a holiday for Private Investigator Cactus Riley as she solves mysteries, delivers small miracles and takes a second chance on love and sleuthing.) The Newport Playhouse is known for its bountiful buffets and hilarious plays. Plus the Christmas Cabaret after the show is always the best! The bus will depart from the Whitinsville WalMart for all trips.

For more information on any of these trips or to be put on the mailing list, call Sue at 508-476-5820.



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EDITOR

EDITORIAL

# Don't give in to the winter blues

So often, people strive to become happier by doing this, or obtaining that; however, sometimes it's what we give up that makes us more content. With the fast drop in temperatures, down into the 30's, we know winter is coming. With this, we want everyone to enjoy the changing leaves, tall sunflowers and all things pumpkin.

For many out there, winter is a dreaded season. It's not so much the snow as it is the frigid temperatures and high cost of fuel. We happen to enjoy the fall and winter seasons ourselves, but for those who are having glum feelings about the colder weather, or even for those who love all weather, we have some tips on some things you can toss, to create more happiness in your world.

One thing you can say "be gone" to is the idea that you have to always have a positive outlook on any given situation. If you try to avoid negative feelings all of the time, you're not creating a healthy space for when you are truly happy. If you need to vent, do it. If you're upset and need to cry into a bowl of ice cream, have at it. It is your overall life satisfaction that matters.

Minimize your time on social media. Remember the days when you didn't know what your friends, family or even celebrities were doing every second of the day? Those were blissful times. The only way we knew what someone was up to was to pick up the phone, wait for the dial tone, and make that call. We're not sure we ever inquired about what our friends were eating. All of that unnecessary knowledge is overwhelming at times, and simply put, unnecessary.

One study showed that the more time people spend on social media, the more depressed they are. When we spend too much time online we know that we are wasting time. The idea of wasting time can inflict a feeling of depression on anyone who is typically highly motivated and energetic. Documenting every aspect of your life can be exhausting and takes away from the actual experience. If you order a rack of lamb, just enjoy every bit of it without feeling the need to share it with the world. Your experiences will be more fulfilling overall.

Don't compare yourself to others. We love the phrase "No one is you, and that is your power." People have been comparing themselves to others since the dawn of time. The idea of keeping up with the Joneses is outdated. Don't do that. Love the idea that the person sitting next to you or walking down the street is nothing like you.

Keep like minded company. If you have friends who are Eeyore like or always seem to be complaining, less is more. We don't have time in our precious lives to listen to chronic complaining. At the end of your life, do you want to think to yourself, "Wow I spent so much time listening to people complain?" We're guessing you don't.

Have realistic goals. If you start with lower expectations and grow from there your success rate in reaching your higher goals will be greater and less stressful to obtain.

Forgive others. This one is extremely hard. However, forgiving those who have hurt you is key to feeling relaxed and happy.

Eating too much sugar can lead to depression. Balance in your meals has been scientifically proven to make people happier. More vegetables, more fiber and less processed food.

Opt to spend your money on experiences rather than things. Experts say the satisfaction of an experience will last much longer.

Lastly, choose good posture. While sitting up you automatically feel more energetic and positive. Slouching can lead to feel nervous, sleepy, sluggish and fearful.

A quote by Jim Rohn sums it up, we think: "Happiness is not something you postpone for the future; it is something you design for the present."

# OPINION

Views and commentary from Sturbridge, Brimfield, Holland and Wales

## LETTERS TO THE EDITOR

### Limit talking during marching band halftime show

To the Editor:

I attended a recent Tantasqua High School football game to watch and hear my son play in the marching band as well as support the team.

It'd be nice if some students and adults in the stands could actually give the marching band, color guard and cheerleaders the same type of attention and respect for six minutes that they give the players for 60.

Talking loudly on cell phones and hamming it up with friends during the halftime show is totally disrespectful and really annoying for those trying to listen. Imagine how the performers feel?

The marching band works and practices just as hard as the football players

they support — if not more so. My son practiced with the band for at least 16 hours after school and on the weekend in the past seven days alone. He spent 40 hours this summer at band camp preparing just like the football players did. I'm sure he'd like his dad to hear him play.

Here's an idea: Make an announcement for paying respect and attention to the marching band right before halftime — not just that the snack stand will be open.

If you must talk during the three minute halftime show, please go down to the snack pavilion area.

Sad that we need this reminder.

TIM KANE  
BROOKFIELD

# If it were easy, would everyone really be doing it?

I find it fascinating how the most successful people I know are rarely the most talented. It doesn't matter ... whether it's business, inter-personal relationships, the arts, sports ... the people who achieve the greatest heights all share a single quality that propels them above others. It's not talent, intelligence or luck. It's not knowing the right people or being in the right place at the right time. What is it that the successful have that others do not?

## POSITIVELY SPEAKING

BY GARY W. MOORE

Persistence.

Successful people simply do not quit. They don't give up. I've told the story before, but it's appropriate to do so again.

I'm the author of three successful books. To begin writing a book isn't hard, but completing the task is monumental. There are thousands of people out there that have a book in their head and heart. They began writing with passion but at some point, early in the writing process, they stop. Starting and completing a book project of eighty thousand words or so is a monumental task that few ever complete. Why do they stop? They do not have the persistence to finish. Now let's look at the very few who do finish. Writing the book, as difficult as it is, is easier than getting published. My first book, "Playing with the Enemy," was rejected seventy-four times by publishers. It was the seventy-fifth that took a chance on an inexperienced and unknown author and "Playing with the Enemy" became a surprise hit. A surprise to everyone but me. I knew if I could get it published, the book would resonate with audiences. That belief is what drove me to not quit.

What would happen if you didn't quit?

How many talented baseball players left their dreams of major league stardom behind because they gave up too soon? How many artists or musicians stopped short of the coming success they could have enjoyed? How many marriages end in divorce because one or both parties in the relationship just decide to give up? In each case, they didn't have the persistence to see it through to a successful end.

Is persistence the only quality needed to succeed?

Of course not, but it is the most important. Who really thinks Johnny Cash or Bob Dylan had a great singing voice? They had talent to be sure but I'm certain I can find someone within five miles of my home with a better voice.

So, if persistence is most important, where and how do I get it?

Persistence is driven by your belief system. If you believe you have talent

or ability, that belief drives your success. If you don't believe, sell yourself! Face it, if you think you don't have a chance, why would you try?

It's rarely the most talented that achieve the pinnacle of success. Of course, talent matters, but ability is something that can be achieved through dogged determination. Sticking with your dream and driving to greater heights through practice, study and a passionate drive that always ask the question: If others can reach the top and achieve their dreams, why not me?

My dad had a simple statement that is applicable. If I were to ask him why most people don't succeed, he'd respond, "It's easier not to ..." Apply that as the answer to almost any question.

Why aren't you disciplined? It's easier not to be.

Why weren't you on time? It's easier not to be.

Why didn't you stay and work on your marriage? It's easier not to work on it.

Why won't you quit smoking? It's easier not to quit.

Why aren't you a good student? It's easier not to get good grades.

Why didn't you get that promotion? It's easier not to get it.

Why are you not financially successful? It's easier not to be.

Why didn't you finish that book you were writing? It's easier not to finish.

Apply that answer to almost any question of success or achievement and it is almost always true. It is easier not to succeed. Success takes persistent hard work. It takes the attitude that screams that you will not be denied the success you desire. It requires that dogged persistence that says, yes, it's easier to quit, but you are willing to stick to the task at hand and pay the price for success. As the old adage proclaims, "If it were easy, everyone would be doing it!"

The truth is, if you dig in and not quit, you will find the only resistance is you. If you chisel away the resistance, you will find a clearer path to your success.

Take the road less traveled. The vast majority will always say, "It's easier not to." In a world dominated by those unwilling to pay the price, success is there for the taking for those who do.

It's never too late.

Why not you?

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at www.gary-wmoore.com.

# How to become a long-term investor



FINANCIAL FOCUS

JEFF BURDICK

It's a fairly predictable pattern: When the stock market rises, more people invest, but after a large-scale

drop, many of these same people head for the exits. But by staying out of the financial markets, and only putting their money in "safe" vehicles that offer few or no growth prospects, are they really helping themselves? Here's the bottom line: If you're going to make progress toward your long-term goals, you have to become a long-term investor. But how?

To begin with, you need to understand that long-term investing involves accepting inevitable short-term price swings. You may not like seeing those sharp price drops, but it will help your outlook greatly if you can keep them in perspective. Studies have shown that the longer you hold your investments, the less impact market volatility can have on them.

So, to reach that point where the market's ups and downs have less of a cumulative impact on your holdings, consider the following actions:

Only invest money you won't need for a long time. If you can tell yourself that the money you are investing today is money you won't really need for 20 or 30 years, you'll be better prepared, psychologically, to get through the down periods of the financial markets. And as long as you aren't overextending yourself financially in other parts of your life, you really shouldn't need those investment dollars for a very long time. They should be earmarked for goals you hope to achieve far into the future, such as a comfortable retirement.

Keep your focus on what is most important to you. If you can visualize your long-term goals, you'll find it easier to keep working toward them. For example, if you are hoping to travel extensively when you retire, keep thinking about what that might look like. You might even research the countries you plan to visit, even if these trips are far in the future. Ultimately, if you know where you're going and you're determined to get there, you'll get past the bumps in the road.

Don't spend excessive time reviewing your investment statements. A bad month or two can cause some noticeably negative numbers on your investment statements. But if you can discipline yourself to avoid spending too much time dwelling on these figures, you may feel less stress about investing – and you may even be less tempted to make short-term moves that could have unfortunate long-term results. However, if you do want to study your investment statements, don't just stop at the most recent results. Instead, look for trends that might tell a different story. Has the number of shares you own in various investments increased significantly over time? And over the past five or 10 years, has your portfolio's overall performance been positive? By digging a little deeper into your statements, you might gain more confidence in the course you're following.

Short-term price drops are not pleasant to experience. However, you can help yourself become a better long-term investor by following the above suggestions, so put them to work soon – and stick with them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.





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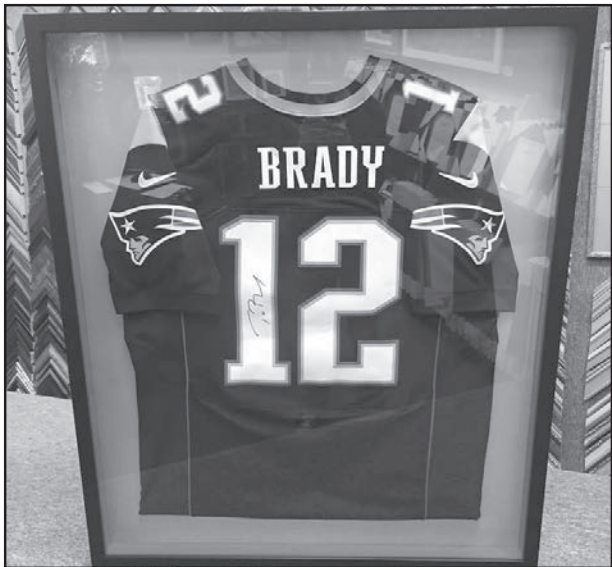
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# SPORTS

## Sears helps carry Warriors to come-from-behind victory against Westborough



Tantasqua's Dominic Brown sees an incoming Westborough defender while carrying the ball.  
BY KEN POWERS

Nick Ethier photos



Owen Stanton of Tantasqua braces for impact while returning a kick.

SPORTS CORRESPONDENT

STURBRIDGE — Ryan Sears rushed for 210 yards on 22 carries, and scored a touchdown and a two-point conversion, to help lead the Tantasqua Regional varsity football team to a come-from-behind 22-8 victory over Westborough High on Saturday, Sept. 28 at the Reservation.

With the win the Warriors improved to 2-1 while Westborough dropped to 0-3 with the loss.

Tantasqua head coach Jon Hargis and Sears both acknowledged that the Warriors' locker room was not a fun place to be at halftime, seeing how

Tantasqua had jumped out to a 6-0 first-quarter lead but trailed, 8-6, at intermission.

"Halftime wasn't great, I can tell you that," Hargis said. "The message at halftime to the team was simple; if we execute we're a hard team to stop. But, if we don't execute and we shoot ourselves in the foot with penalties like we did in the first half, one taking a touchdown off the board, we're putting ourselves in bad situations. Against a team like Westborough you have to play smart, disciplined football."

"We were down at halftime," said Sears, a Tantasqua senior and captain along with Liam Gore, Kyle Boone and

Noah Galonek. "We all knew that we weren't playing to our potential. We all knew that we weren't playing our game. A couple of the captains stepped up and we got everybody back up; we told them we could get the job done if everybody went out and did his job. I thought the team came together after that."

After a scoreless third quarter, Tantasqua went to work on its game-winning comeback.

The Warriors took the lead, 14-8, Gore scoring on a five-yard run and Sears rushing for the two-point conversion. Gore's score capped a 13-play, 65-yard drive.

Tantasqua got the ball to start the drive after Owen Stanton blocked a 39-yard field goal attempt by Westborough, a field goal attempt that came after the Rangers' 13-play drive, which took 7:50 off the clock, stalled at the Warriors' 22-yard line.

Westborough's ensuing drive was a 10-play affair, but it too stalled and the Rangers were forced to punt, the ball being downed at the Tantasqua 17-yard line.

Sears, who rushed for 126 yards in the second half, gained 76 yards on the ensuing drive, the last 45 coming on a touchdown run that started off left tackle before he bounced it outside and sprinted down the sideline and into the end zone.

"Today for me was just another day at the office," Sears said. "My linemen work for me and I work for them; it's give and take."



Ryan Sears of Tantasqua waits for a hole to open as teammate Troy Lee provides a block.



Tantasqua's Seann Lauritsen (36) makes the initial tackle on Westborough ball-carrier Ashton Worstell.



Tantasqua quarterback Dante Reno airs out a pass up and over a Westborough defender.

Hargis was pleased by Sears' effort but certainly not surprised by it.

"Every day, every game Ryan comes out and gives it all he's got," Hargis said. "He's cramping a little bit today, because it is warm, but he kept working through it. We challenge him and, as a captain, he answers every time. We had confidence in him that he would make

the plays that needed making. We wanted to keep the ball in the senior's hands. As a senior captain he wanted that task, he wants the ball in his hands in the fourth quarter. He wants the chance to deliver the team a victory."

Tantasqua took a 6-0 lead with 3:40 remaining in the first quarter, senior Dominic Brown scoring on a 14-yard scamper.

## HIGH SCHOOL NOTEBOOK

Monday, Sept. 23

Tantasqua 161, Oxford 216 — Playing a match at Hemlock Ridge, the Warriors' golf team was backed by co-captains Grace Farland and Will Pieczynski, who earned co-medalist honors with matching 1-over par 37's. Farland managed an eagle three on the par-5 ninth hole. The victory pushed Tantasqua's record up to 6-4.

Wednesday, Sept. 25

Tantasqua 3, Auburn 1 — In boys' junior varsity soccer action, the Warriors were paced by Jack Leland's two goals and Owen O'Brien's strike. Josh Baldracchi assisted on a goal, Matt Schirm was the keeper and the defense was outstanding, allowing only a PK. The team's record is now 6-1.

Thursday, Sept. 26

Minnechaug 101, Tantasqua 110 — Playing in a rain shortened golf match, the Warriors lost to the Falcons. No medalist was awarded since only six holes were counted by each group. Tantasqua's record slipped to 7-5.



Liam Gore of Tantasqua takes off after catching a pass.



SPORTS

Tantasqua’s win ends Rockets’  
unscored upon streak



Tantasqua’s Roger Leland employs a header to move the ball down the field.

**BY KEN POWERS**  
SPORTS CORRESPONDENT

STURBRIDGE — There are few high school boys’ varsity soccer teams that face a must-win game in the first half of the season, but that was the case for Tantasqua Regional in its game with visiting Auburn High on Wednesday, Sept. 25.

The Rockets entered the game undefeated and unscored upon, but the Warriors netted a pair of goals in the first 20 minutes and three in the first half en route to defeating Auburn, 3-1.

Tantasqua improved to 7-2 overall and 6-1 in the Southern Worcester County League (SWCL) with the win, while knocking Auburn out of the ranks of the unbeaten teams. The Rockets are now 5-1-2 overall and 5-1-1 in the SWCL.

“This was definitely a measuring-stick game for us; this was one we knew we had to have,” Warriors’ head coach Matt Guertin said. “I thought

we played very well in the first half in terms of our execution.”

Tantasqua jumped out to a quick 1-0 lead in the fifth minute of the game, senior Kai Von Bleicken gathering in a left-to-right direct kick from about 20 yards out by junior Ethan Bergeron and booting it into a wide open Auburn net.

“Our goalkeeper, Coleman Picard, slipped and fell down on the direct kick and because of that was unable to have a chance to make a play on the ball,” Auburn head coach Chris Bailey said. “That completely changed the game for us. If Coleman is able to make a play on that ball and the game stays 0-0, then their second goal is their first goal and at 1-0 it’s still anybody’s game.”

The Warriors’ second goal was scored in the 19th minute by senior Roger Leland, who re-directed a pass into the middle of the field by freshman Paddy McGrath past Picard to put Tantasqua ahead, 2-0. The

goal was Leland’s eighth of the season.

Tantasqua extended its lead to 3-0 with 7:30 left in the first half, senior Sam Valcor scoring his first goal of the season on a shot that bounced past Picard.

Auburn looked as if it may make things interesting in the second half, scoring off a corner kick three minutes after intermission to cut its deficit to 3-1. Senior Mike Breen scored for the Rockets, leaping high in the air to head the ball past Tantasqua goalie Cooper Hurt after a perfect kick in by classmate Sam Almeida.

Unfortunately for the Rockets it was the only ball they could get past Hurt, who finished with five saves. Hurt and the Tantasqua defense kept Auburn away from the Warriors’ net for the rest of the second half.

“We knew they were going to take it to us in the second half and they did,” Guertin said. “We knew coming in they were a good team with a good goalie and that we were going to have to play a solid 80 minutes if we hoped to beat them.”

“But, we struggled in the second half and didn’t move the ball as well as we did in the first half,” Guertin continued. “I thought we played a good 40 minutes [the first half] in this game; or maybe a good 60. I thought Auburn got to us a little in the second half.”

Tantasqua’s three goals were the first goals Picard — who finished with nine saves — has allowed all season. Despite that, Bailey said he is not worried that his goalkeeper will go into a funk because the Warriors got to him.

“I have no worries at all about Coleman,” Bailey said. “He is a great goalie and a stellar athlete. I have all the confidence in the world in him. I don’t think he’ll allow a total of three [more] goals the rest of the season.”



Paddy McGrath of Tantasqua sprints down the open field with the ball near his side.



Tantasqua tries to create space in the middle of the field against Auburn.

Hamilton Rod and Gun Club  
provides lasting memory for  
local hunting family



Young Hunter Peck harvested his first four pheasants courtesy of the Hamilton Rod and Gun Club as his father, Jeff, and his brother, Logan, were on hand to make it an exciting time for the Sturbridge family.

The Hamilton Rod and Gun Club of Sturbridge provides youth pheasant hunt opportunity for kids aged 12-17 who have successfully completed their hunter safety classes. This is a controlled hunt with the young hunter being accompanied by an adult as well as a Hamilton member who provides a bird dog to help with locating the birds. This is usually the first opportunity for young hunters to apply their skills in a real-world setting.

And recently the Peck family of Sturbridge, all Hamilton members, had an amazing experience as Hunter Peck harvested his first pheasant. He was lucky enough to harvest four birds on six shots. Hunter was accompanied by his father, Jeff, and his supportive brother, Logan.

The Peck family can’t thank Hamilton enough for their support and ability to help promote hunters and safety.



Tantasqua’s Brandon Rodrigues hustles after the ball versus Auburn.

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# OBITUARIES

## Roland J. “Red” Renaud, 68



He is survived by his son Scott Renaud of Spencer, his longtime companion Nina Fiorelli of Southbridge,

his mother Evelyn Renaud Arsenault of Sturbridge, 4 brothers Edward Renaud and his wife Darlene of Southbridge, Ronald Renaud and his wife Terry of Sturbridge, Richard “Curly” Renaud and his wife Barbara of Southbridge, Frank Arsenault of Southbridge, and 2 sisters Juanita Normandin of Southbridge, and Lynn Gorak and her husband Rod of Florida, and many nieces and nephews. He was predeceased by his sister Tina Arsenault.

He was born February 16, 1951 in Palmer, and lived mostly in Southbridge, and Sturbridge. He graduated from Tantasqua Regional High School in 1969. For many years, he was a truck driver delivering produce for Paoletti’s Fruit Stand, and the former California Fruit Company. Red enjoyed sports, hunting, gardening, but most of all he loved his family and friends, and his cats, Lilly, Tiger and Blackie. He could often

be seen eating breakfast at Annie’s in Sturbridge, and enjoyed engaging in a conversation with the many people he encountered.

Calling hours were held on Saturday, September 28th, at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550 from 10AM-12 Noon. Burial will be private at a later date. www.sansoucyfuneral.com

# CALENDAR

### Saturday, October 5

STOP ABUSE TODAY INC. “TRIFECTA”: A 5K, 10K, and marathon in support of Stop Abuse Today at Holland Elementary School, 28 Sturbridge Rd. The 5K and 10K both start at 9 a.m. Register online at [event.racereach.com/stop-abuse-today-5k-10k-13.1/](http://event.racereach.com/stop-abuse-today-5k-10k-13.1/) register. Please note that the Half Marathon portion previously advertised has been canceled due to logistical issues. To register or for more information, visit <https://event.racereach.com/stop-abuse-today-5k-10k/register>.

### Tuesday, October 15

Ghostology 101: Explore the basics of paranormal investigations at the Charlton Public Library at 6:30 p.m. Agawam Paranormal will be here to share “ghost hunting” skills, equipment, electronic voice phenomena and spirit photography/videography. This is basic training for paranormal investigators. Register on the library’s calendar of events: [www.charltonlibrary.org](http://www.charltonlibrary.org).

### Tuesday, October 22

HOSPICE VOLUNTEER TRAINING: If you have the time and heart to share, you could become a valuable part of the Overlook Hospice Team. Hospice Volunteers provide companionship and support to hospice patients and their families...reading to patients, watching movies, playing cards, walking dogs, fixing a meal, gardening, supporting family members, sitting with patients who are actively dying and making bereavement calls. We are also seeking volunteers

to provide Reiki, pet therapy, and veterans to visit our veteran patients. Our next training begins on Oct. 22 at 6 p.m. To attend or get more information about becoming a Hospice Volunteer, contact Susan Fuller at 508-434-2200

### Saturday, October 26

OLD STURBRIDGE VILLAGE SINGERS CONCERT: 3 p.m., Bethlehem Lutheran Church, 345 Main St., Sturbridge. The talented singers of Old Sturbridge Village will be holding a concert to benefit St. Luke’s Guesthouse, which provides Christian hospitality to those in need of temporary shelter. All proceeds will go to this incredible place! Take a trip back into history with 19th century hymns, patriotic pieces, popular music and folk songs.

### Saturday, November 2

Charlton Lions Club Meat Raffle: Six tables of beef, chicken and pork from Fairway Beef are yours for the winning from noon to 3 p.m. at our new location — Heritage Golf Course (85 Sampson Road in Charlton). Come join us for an afternoon of fun and fill your freezer with your prizes. Increase your chances with free “early bird special” tickets to those arriving before 1 p.m. For more information, email [thecharltonlions@gmail.com](mailto:thecharltonlions@gmail.com).

### ONGOING

THE STURBRIDGE FARMER’S MARKET is held every Sunday through Oct. 6 from 9 a.m. to 1 p.m. on the Town Common.

CHARLTON AMERICAN

LEGION POST 391 meets every fourth Monday of the month at 7 p.m. in the Charlton Grange Hall. All veterans are welcome. We’d love to see you. We sponsor Boy Scout Troop 165, as well as three Boys Staters & assist young men interested in attending the State Police summer school. We also assist the Charlton Little League financially, as well as other things such as veteran’s wakes & funerals. There’s plenty we can still do to help our community.

WOMEN’S BASKETBALL: Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje St. Joseph’s Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at [karenzaleski42@gmail.com](mailto:karenzaleski42@gmail.com) or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER’S SUPPORT GROUP: First and third Thursday of each month, 2:30-3:30 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about com-

munity resources. Contact Kathy Walker at (508) 434-2551 or [kawalker@overlook-mass.org](mailto:kawalker@overlook-mass.org) for more information. Presented by Alzheimer’s Association MA/NH Chapter, visit (800) 272-3900 or [alz.org](http://alz.org).

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

N U M I S M A T I C S : Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

A L C O H O L I C S ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

K9 NOSE WORK: A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor – National Association of Canine Scent Work.

SEN-I JUDO CLUB: This course runs all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is

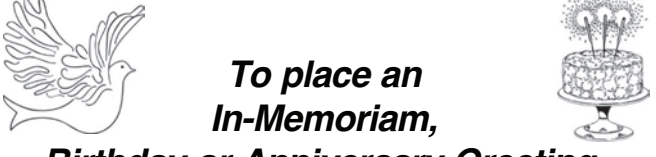
well suited for all levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.

WEIGHT WATCHERS: Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: WeighIn/Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit [www.weightwatchers.com](http://www.weightwatchers.com) to become a member or to learn more about Weight Watchers.

YOGA: Hatha Yoga benefits are stress-relieving. Relax & rejuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., beginning Jan. 21.

FENCING: Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy. Fee: \$99.

O V E R E A T E R S ANONYMOUS: Is food a problem for you? Have you been worried about the way you eat? Do you resolve to go on a diet tomorrow, only to fail again and again? Is your weight affecting the way you live your life? You are not alone. Overeaters Anonymous can help. No dues, no fees, no weigh-ins. Meetings are held Sundays in Worcester (St. Michael’s On-The-Heights, 340 Burncoat Street) at 7 p.m., Mondays in Auburn (Bethel Lutheran Church, 90 Bryn Mawr Ave.) at 7 p.m. and Wednesdays in Putnam, Conn. (Day Kimball Hospital, 320 Pomfret Street) at 6 p.m. Want more information? Call or text Bruce P. (508) 864-0593, email him at [brucep.oa@charter.net](mailto:brucep.oa@charter.net) or visit [oa.org](http://oa.org).



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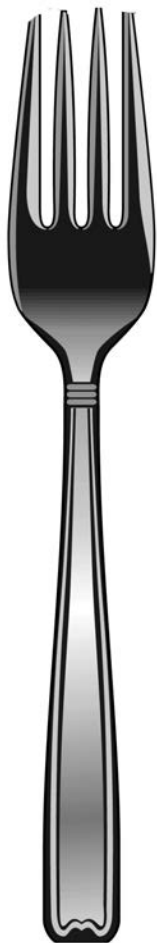
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<p><b>2016 HONDA ACCORD</b> #H0842LV • EX-L COUPE, ALLOYS, HEATED LEATHER, MOONROOF NEW Retail Price: <del>\$26,180</del> WHOLESALE PRICE: <b>\$15,977</b> <b>SAVE \$10,200 OFF OF RETAIL PRICE!</b></p>	<p><b>2017 CHEVROLET CRUZE</b> #40215R • LT TRIM, HATCHBACK, ALLOYS, KEYLESS START, 7" LCD NEW Retail Price: <del>\$23,140</del> WHOLESALE PRICE: <b>\$15,977</b> <b>SAVE \$7,200 OFF OF RETAIL PRICE!</b></p>	<p><b>2018 RANGE ROVER EVOQUE</b> #P12314RV • 4X4, LEATHER, NAV, MOONROOF, POWER LIFTGATE NEW Retail Price: <del>\$42,650</del> WHOLESALE PRICE: <b>\$31,477</b> <b>SAVE \$11,200 OFF OF RETAIL PRICE!</b></p>
<p><b>LIKE NEW 2018 FORD EXPLORER SPORT SUV</b> #H0921V  4x4, Alloys, Bluetooth, Leather, Nav, Back-Up Cam, SYNC. NEW RETAIL PRICE: <del>\$48,905</del> WHOLESALE PRICE: <b>\$32,477</b> <b>SAVE \$16,400 OFF OF RETAIL PRICE!</b></p>	<p><b>LIKE NEW 2017 CHEVY SILVERADO CREW CAB</b> #119500A  4x4, 1500 LT Trim, Back-Up Cam, 18" Alloys, Heated Seats, Bluetooth. NEW RETAIL PRICE: <del>\$43,810</del> WHOLESALE PRICE: <b>\$32,377</b> <b>SAVE \$11,400 OFF OF RETAIL PRICE!</b></p>	<p><b>LIKE NEW 2017 CHEVY EQUINOX PREMIER SUV</b> #40041L  Leather, Moonroof, All-Wheel Drive, Premium Audio, Nav, Back-Up Cam. NEW RETAIL PRICE: <del>\$40,455</del> WHOLESALE PRICE: <b>\$24,477</b> <b>SAVE \$16,000 OFF OF RETAIL PRICE!</b></p>

SALE ENDS 10/09/19. Cannot be combined with any other discount or promotion and may require dealer source financing. Some restrictions apply, see us for details. does not include specialty vehicles or renewed for you vehicles. Some vehicles may not qualify, see dealer for details. Prior sales excluded. Some restrictions apply, see us for details. Estimated KBB values are opinions and may vary from vehicle to vehicle. Value based on vehicle condition. Amount may be adjusted for mileage, wear and tear, and options. Value difference assessed on list price. Deductions from allowance may be made for equipment failure, body and/or interior damage, reconditioning cost and/or excessive mileage at a rate of 20¢ per mile assessed on mileage of 10,000 miles per year. New retail price based on MSRP of new models. Not valid with prior sales. Selling price including our \$1,000 imperial trade assistance bonus for a qualifying 2010 or newer trades. Advertised price does not include tax, title, registration or documentation fee. Vehicle must be paid in full and take same day delivery. 5 DAY OR 200 MILE RETURN EXCHANGE PROGRAM FOR YOUR TOTAL CONFIDENCE - if you're not happy with your imperial certified used vehicle, bring it back within 5 days or 200 miles and we'll give you a credit of your full purchase price toward the purchase of another vehicle. Not responsible for typographical errors, photos are for illustration purposes only.

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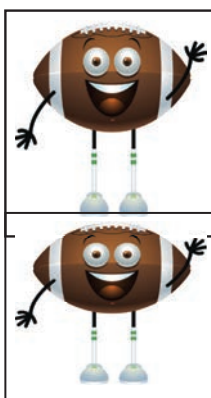
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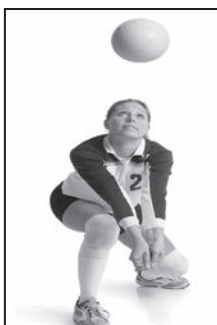
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<b>65" 4K TV</b> Reg. \$1799 <b>\$599</b>	<b>SAMSUNG 55" OLED</b> Reg. \$1499 <b>\$949</b>	<b>21 CU. FT. WHITE TOP MOUNT REFRIGERATOR</b> Reg. \$799 <b>\$649</b>	<b>7 CU. FT. CHEST FREEZER</b> Reg. \$299 <b>\$229</b>
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# Veterans Day Salute

## November 7-8, 2018

### Stonebridge Press is saluting our veterans

(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 7-8th issue.



Please send in a photo of your loved one with his or her name, rank, branch of military, and hometown by email to [julie@villagernewspapers.com](mailto:julie@villagernewspapers.com)

**The deadline for photos is October 17.**  
*There is no cost to submit a photo.*

**If you submitted a photo in previous years, please DO NOT re-send.**  
**All previous submitted veterans photos will be run again.**

**Let's give our veterans the recognition they so greatly deserve!**

# LEGALS

**Town of Wales  
Planning Board**  
P.O. Box 834  
Wales, MA 01081  
Ph 413-245-7571  
Fax 413-245-3261

The Town of Wales Planning Board will hold a Public Hearing on Monday, October 21, 2019 at 7:30 at the Wales Senior Center to discuss changes to the Town of Wales Zoning By-Laws. The following specific sections will be under review:

Review.  
 Section 4.2 Non-conforming Uses and Structures  
 4.2.3 Abandonment  
 Section 7.10 Large Scale Ground-Mounted Solar Photovoltaic Installations  
 7.10.3 Definitions: "Designated Locations" & "As-Of-Right-Siting"  
 7.10.4.3 Fees  
 7.10.6 Required Documents  
 7.16.2 (a) & (b) Land Clearing, Soil Erosion and Habitat Impacts  
 7.18.2 Abandonment  
 7.18.3 Financial Surety  
 Section 8.2 Zoning Board of Appeals  
 8.2.0 Application Fees  
 Section 8.4 Special Permits  
 8.4.3 Application Procedures  
 8.4.5 Public Hearing  
 8.4.6 Review Procedures

Any person interested and wishing to be heard on matter should appear at said date and time. The current Zoning Bylaws are available to view on the Town website [www.townofwales.net](http://www.townofwales.net), on the Town Clerk's webpage. Copies of proposed changes are available to view at the Town Clerk's Office during regular hours.

Posted 9/26/2019  
October 4, 2019

**Town Of Wales  
Planning Board  
P.O. Box 834 Wales, MA 01081  
Ph.: 413-245-7571 Fax 413-245-6197**  
In accordance with the provisions of  
M.G.L. Ch. 40A Section 11, the Plan-

ning Board will hold a Public Hearing on October 10<sup>th</sup> at 6:30 p.m. at the Wales Senior Center, 85 Old Stafford Rd., Wales, MA 01081, on the application submitted by Ray LaBonte, for a Special Permit for the construction of a self-storage facility located at 201 Main St. Lot 1.

Any person interested and wishing to be heard on this application should appear at the said date and time. Copies of the application and plans are available to view at the Town Clerk's Office.  
September 27, 2019  
October 4, 2019

**Town of Wales**  
**Zoning Board of Appeals**  
P.O. Box 834, Wales, MA 01081  
Ph 413-245-7571  
Fax 413-245-6197

In accordance with the provisions of M.G.L. Ch 40A §10 & §11, the Wales Zoning Board of Appeals will hold a Public Hearing on October 8th, 2019 at 6:30 p.m. at the Wales Town Hall, 3 Hollow Rd. Wales MA 01081, on the application of Richard and Tamara Bingle of 4 Sichols Colony Blvd. for a variance in terms of the Town of Wales Zoning By-Laws pursuant to the Town of Wales Zoning By-law Sec. 8.5. Specifically, they wish to repair an existing family dwelling unit that has been unoccupied for 2 years or more.

Any person interested and wishing to be heard on this application should appear at said date and time. Copies of the application are available to view at the Town Clerk's Office  
Posted 3/26/2019  
September 27, 2019  
October 4, 2019

# STONEBRIDGE PRESS 9TH ANNUAL PET HALLOWEEN COSTUME CONTEST

Send your photos to [jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news) or mail to Stonebridge Press Pet Contest, P. O. Box 90, Southbridge, MA 01550 by OCTOBER 18th.

All photos to run in the November 1st issue of all 7 Massachusetts Papers!

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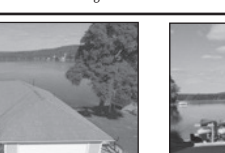
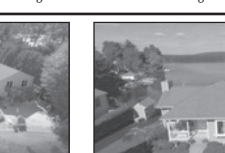
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**THOMPSON – 299 Quaddick Rd!** Beautiful Custom Cedar Log Home Privately Set On 5.47 Acres! Stone Wall Entry Leads Up the 700+ Driveway! Nestled in the Woods! 6 Rms of Gorgeous Cedar! Appliance Granite Kit w/Soft Close Hickory Cabinets! Ideal Open Flr Plan w/Soaring Beamed Cathedral Ceilings w/Skylights! Gleaming Hrdwds! Liv Rm w/Spectacular Stone Frplc w/Pellet Insert! 1st Flr Master w/Full Whirlpool Bath & Walk-in Closet! 3 Bdrms & 2.5 Baths Total! 3Z Buderus Oil Heat! 2 Car Garage! **\$399,900.00**



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**CHARLTON – 105' WATERFRONT!** Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Appliance Granite Kit w/Is, Recessed Lights, Tile Flr & Sunken View! Din Area w/Slider to Deck! Sunken Frplc Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes **NEW A/C SPLIT SYSTEM!** Enjoy Outdoor from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**



**WEBSTER LAKE – 50 Union Point Rd!** Panoramic Views of Middle Pond – South Facing – Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Appliance Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$624,900.00**



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SPACIOUS 1364 sq +/- stone faced Ranch on 2.93 +/- ACRES! PRIVATE SETTING, 2 car garage! sunny rear yard! Scenic country area of Dudley amongst farms, fields & woods! This home features: one level living, 3 BRs, (14x16) Master BR w/walk-in cedar closet! 2 full baths, 3 season side porch, formal dining room, living room w/fireplace & pellet stove, open concept kitchen/casual dining! Truly a rare find! **\$249,900.**

**THOMPSON, CT - 6 LILLIAN AVE, LOT #1**



There is No Place Like Home – beautiful newly constructed home! Split level style home has an attractive modern flare! Open floor plan, cathedral ceilings, hardwood floors, tile floored baths, & wall to wall carpeted Bedrooms. Granite counters, center island & dining rm w/sliders! Master BR, private master BRs & a full hallway bath, 24' lower level family room, half bath w/laundry hookups! Two car garage! Central AC. **\$309,900.**

**DUDLEY - 71 EAGLE DRIVE**



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Wow! Young 8 room Center Hall Colonial! Better than new! 3 bedroom, 3 full baths! 23' X 23' Cathedral ceiling Family Room! Hardwood & Ceramics throughout. Heat by forced hot air/oil, Central air! 2880 Sq Ft of living area. In one of Dudley's finest developments with underground utilities! **\$420,000.**

**SOUTHBRIDGE - 79 N.WOODSTOCK RD**



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**OXFORD - 66 CHARLTON ST**



VERY UNIQUE PROPERTY! ADORABLE 4-BEDROOM 1.5 BATH CAPE! W/CAIRBAGE HOUSE/CASABAN WORK AREA! EXPANSIVE GARAGE! STAINLESS STEEL APPLIANCED KITCHEN. UPDATED BATHROOM W/WHOLESALE TUB AND SHOWER BRAND NEW FORCED HOT AIR HEATING SYSTEM & HOT WATER TANK! RECENT 200 AMP CIRCUIT BREAKERS. ONE YEAR OLD WOOD STOVE! ENCLOSED SIDE PORCH. HEATED FOR FALL AND WINTER ENJOYMENT! TWO STORY GARAGE. ATTACHED CABANA FAMILY & WORK ROOMS. NEW 4-BEDRM SEPTIC SYSTEM, COMPLETED PRIOR TO CLOSING. **MOTIVATED Seller \$349,900**

**WEBSTER - 212 SCHOOL ST**



Large 4 Family! 3 car garage! Off street parking. 2 bedrooms each unit! Walk-up attic with a lot of potential! Solar panels!! Fully Rented. **\$369,900.**

**WEBSTER - 3 STEFANIAK AVE.**



Cute 2 Bedroom Ranch! All hardwood floors, gas fireplace living room! 2 baths. Appliances included. 2 zone heat. Large deck! Young asphalt roof. Walk out lower living level. Town Water & Sewer, City Gas **\$229,900.**

**CHAPLIN, CT - 74 FEDERAL HILL RD**



**SORRY, SOLD!**

Gorgeous Move In Ready young Ranch on 2+ acre private lot bordered by trees & stone walls! 5 Rms, 3 BRs, 2 Full Baths, 1374 SF +/-, covered front porch, att'd garage. assisted sale **\$234,900**

**WEBSTER/DUDLEY/DOUGLAS LAND!**

Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Possible potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. **\$70,000**

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest. **\$132,900**

Webster - 3 Lots Cooper Rd. Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, water/sewer access **\$129,400**

**WEBSTER - 34 EASTERN AVE UNIT A**



AN AFFORDABLE LIVING OPPORTUNITY PRESENTS ITSELF! This 20 Unit Condo Complex is tucked away at the very end of Eastern Ave, fenced in & private, Easily accessible (95!) There's a lot to love about Webster! Unit 34 A is an 1,037 SF +/- END UNIT. Large living room w/picture window, an eat-in kitchen, access to rear deck, 2 spacious bedrooms, 1-1/2 baths, full basement! **NEW PRICE \$154,900**

**WEBSTER LAND - COOPER RD**



Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, Water/Sewer access **\$129,400.**

*On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg*



**SORRY, SOLD!**

full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available.

**WEBSTER LAKE - 118 POINT BREEZE RD**

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**

**WEBSTER LAKE - 54 KILLDEER RD**



**SORRY, SOLD!**

KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/LOOKING FOR! 2.45 +/- Acres! 345 +/- road front, 335/364 +/- depth, 275 +/- Lakefront! Mature landscape provides unprecedented privacy, & a friendly level lot at water's edge – like very low waterfront properties! The 3700 SF +/- Mid-Century Modern Home is unique w/massive modern windows 180 panoramic views across the lake to stunning Western sunsets. 5 spacious BRs that overlook the rooms below. A 30x32 +/- det'd garage w/summer kitchen, 1/2 bath. Family owned gem for 60+ years! **\$1,495,000**

**WEBSTER LAKE - 32 JACKSON RD**



**ON DEPOSIT**

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**





# REAL ESTATE



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**Laura Hackett**  
Realtor



**ERA Key Realty SERVICES**  
860-428-9315  
ERA Key Services  
LauraHackett@erakey.com  
Laura2247615@charter.net

**Buyer and Seller Representation**



**Key Realty SERVICES**



**Donna Morin Flannery, Realtor, ABR**  
415B Main St., Spencer, MA 01562  
c: 508-612-6771 f: 508-885-6047  
DonnaFlannery@ERAKey.com  
[www.DonnaFlannery.com](http://www.DonnaFlannery.com)



**Lisa Caron,**  
full-time Realtor  
GRI, ABR, LMC, CDPE, SRS, SRES, PSA



**EXIT Real Estate Executives**  
Call: 508-341-8299  
Private Office located at:  
Dave's Appliance  
42 West Main Street  
Brookfield, MA  
Hours: M-Th 9-6, Fri 9-5 and by appointment

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Mass. Mortgage broker number NMLS #1241



**Featured House - Webster Lake**



- 3 BATHS
- CATHEDRAL CEILING LIVIN ROOM AND DINING ROOM
- 130' FRONTAGE ON THE WATER
- 2 CAR GARAGE
- 3 BEDROOMS
- FAMILY ROOM, OFFICE, DEN

**NEW PRICE Reduced \$50,00**  
**16 Pattison Rd ~ \$749,900**

**ReMax Advantage 1**  
25 Union Street  
Worcester MA 01604



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**Stacie Chandler, SRA Chief Appraiser**  
MA Cert: MACR #75485 RI Cert: CRA.0030012  
ph/fax 855-243-8267



**2 SISTERS REALTY**

DONNA CAISSIE  
Broker | 774.641.3325  
SANDRA TERLIZZI  
Realtor | 508.414.9032

1 B Swanson Rd  
Auburn, MA 01501  
2sistersteam@gmail.com  
[www.2sistersteam.com](http://www.2sistersteam.com)

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*“We are part of Make Southbridge Home”*




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**Joan Lacoste**




**Chad Splaine**




**Michelle Roy**



**Stan Misiaszek**




**Michèle Splaine**




**Paula Aversa**

**CAN'T FIND A HOUSE, BUILD ONE!! WE HAVE LOTS & BUILDERS! CONTACT US!**




**OPEN HOUSE 12-2PM SUNDAY**  
78 Stallion Hill Rd.  
Sturbridge  
\$415,000.




**OPEN HOUSE 12-2PM SUNDAY**  
483 Alpine Dr  
Southbridge  
\$289,900.

**EXTRA SPECIAL** home built on secluded lot! 7 rooms 3-4 bedrooms, 3 baths. Full in-law over garage-beautiful. Living room has soaring ceilings with views of the private backyard with wonderful waterfall feature-built into stone wall. Great kitchen with built in kitchen nook. First floor master bedroom with stunning master bath! Lower level finished family room. 3 car garage. Brand new paved drive! 1.75 acres. Easy access to Rt 64 and Mass Pike.


Beautifully maintained Colonial with 6 rooms 3 bedrooms 2 1/2 baths. Large kitchen/dining room combo with tile floor. Half bath and first floor laundry. Master bedroom with large walk in closet and master bath. 2017 Pellet stove to keep you warm. Cozy three season sun room which leads to patio/deck and a large flat yard. Finished lower level for your "man" or "woman" cave. New roof in 2019. Nothing to do but move in and enjoy the holidays.



**Webster:** Fabulous Ranch! Simple move in & enjoy. 6 rooms 2 bedrooms but possible 3rd in basement. Pretty kitchen with stainless steel appliances & granite counters. Cathedral ceiling 4 season room with sliders to great deck. Lower level finished with possible bedroom & family room. Level yard. Tranquil colors. New Roof being installed. **\$239,900.**






**Sturbridge:** **\$150,000!!** Nature Lovers! Great winter project. 7 rooms 3-5 bedrooms 1 1/2 baths. Stunning stone fireplace in living room. Red Oak floors in upstairs bedrooms. Enclosed porch. Two car garage. Secluded. Close to Old Sturbridge Village and the Heins Farm Conservation Area Trail Systems.




**Southbridge:** Move in Ready older Colonial! 5 rooms 2-3 bedrooms. Home has been updated with vinyl siding, newer furnace, and electric. Newer flooring, freshly painted. Porch. **\$124,900.**


**ACTIVELY SEEKING LISTINGS IN THE FOLLOWING AREAS:**  
**SOUTHBRIDGE, STURBRIDGE, DUDLEY, CHARLTON, WEBSTER, HOLLAND. PLEASE CONTACT US!**




## Re/Max Professional Associates



**Conrad Allen**  
508-400-0438




**ConradAllen.com**  
Licensed in MA & CT



**Patrick Sweeney**  
774-452-3578


**OPEN HOUSE SAT 11-12:30**



**New Construction**


**WEBSTER, MA - \$289,900**  
90-A Sutton Rd.  
3 Bedroom, Raised Ranch. Come Choose Your Colors & Finishes Now!

**ON DEPOSIT**




**SPENCER, MA - \$259,900**  
24 Bay Path Road  
3 Bdrm Ranch  
Immaculate Condition

**SOLD**




**N.WOODSTOCK, CT - \$244,900**  
657 Brick Yard Rd  
3 bedrooms, 2 Bath,  
Lots of Land,  
Ability to finish basement

**FEATURE PROPERTIES**




**OPEN HOUSE SAT 12:30-2**  
**Rent To Own**

**THOMPSON, CT - \$249,900**  
223 Stawicki Road  
3 Bedroom, Split, Full Inlaw  
**COMPLETELY REMODELED**



**PENDING**

**Worcester MA - \$225,000**  
15 South Flagg St.  
Desirable neighborhood with great bones.



**NEW CONSTRUCTION PROPERTIES COMING SOON**  
**BUILD TO SUIT**

*We Have Qualified Buyers, Always Looking To Sell, Any Type! Contact Us Today!*





REAL ESTATE

MORTGAGEE'S SALE OF REAL ESTATE  
AT PUBLIC AUCTION

Friday, October 11, 2019

12:00 PM-FISKDALE (Sturbridge)  
16 Camp Road  
sgl fam, 1,288 sf liv area, 1.75 ac lot,  
5 rm, 3 bdrm, 1 bth,  
Worcester(Worc): Bk 34897, Pg 29

TERMS: \$5,000 cash or certified check at the  
time and place of the sale. The balance to be paid  
within thirty (30) days at the law offices of Korde &  
Associates, P.C. 900 Chelmsford Street, Suite 3102,  
Lowell, MA 01851, Attorney for the Mortgagee

Auctioneer makes no representation as to the accuracy  
of the information contained herein.

BAY STATE AUCTION CO., INC.  
NORTH CHELMSFORD (978) 251-1150 www.baystateauction.com  
MAAU#: 2624, 2959, 3039, 2573, 2828, 116, 2626, 2484, 3246, 2919





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Diane Luong 774-239-2937  
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ReMax Advantage 1  
179 Shrewsbury St., Worcester MA 01604



CALL FOR A MARKET ANALYSIS

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WEBSTER LAKE:  
• 130' frontage on the water  
• 3 baths  
• 3 bedrooms, cathedral  
ceilings, office, den,  
family room  
• Wrap around deck  
• Fireplace  
• 2 car heated garage  
• Town water & sewer  
16 Pattison Rd ~ \$749,900



WEBSTER: 3  
bedroom, 1/2 acre  
lot, sided-garage,  
hardwood floors, seller  
motivated-view now!  
School St ~ \$250's



DUDLEY: New Construction. 4  
bedroom, gas heat, central air, HW  
floors, Formal DR, Cathedral ceiling  
family room.  
16 Francis Dr ~ \$419,900



Woodstock CT: 21 Acres, 4 bedroom,  
2.5 baths, 2 fireplace, CEDAR LOG  
HOME, HUNTER'S PARADISE  
480 Route 197 ~ \$650,000

LAND

DUDLEY:  
18 lot subdivision  
\$575,000

DUDLEY:  
build-able lot, water & sewer  
\$75,000

LEICESTER:  
1/2 acre lot sewers available  
\$20,000

Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront	
ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, OCTOBER 5				
DUDLEY 35 New Schoolhouse Rd	S	11-1	\$249,900	Hope Real Estate Group/ Sharon Pelletier 508-954-7222
WEBSTER 90-A Sutton Rd	S	11-12:30	\$289,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
THOMPSON, CT 223 Stawicki Rd	S	12:30 -2	\$249,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, OCTOBER 6				
SOUTHBRIDGE 483 Alpine Dr	S	Noon-2	\$289,900	Aucoin Ryan Realty 508-765-9155
STUBRIDGE 78 Stallion Hill Rd	S	Noon-2	\$415,000	Aucoin Ryan Realty 508-765-9155
WEBSTER 17 Cutler St	C	11-1	\$119,900	ReMax Advantage 1 / Jo-Ann Szymczak 774-230-5044
W. BOYLSTON 44 Central St	S	12:30-2	\$334,900	ReMax Advantage 1 / Maria Reed 508-873-9254



WEBSTER: 2-Family. Contractors — check it out!  
Vinyl sided, 9 rooms, Offers! Offers! Offers!  
By appointment "Group Shows"  
46 Granite St ~ \$94,900



E. BROOKFIELD: 136' on Lake Lashaway. New septic, 2  
kitchens, 2.5 baths, 3 bedrooms, 2 car garage.  
142 Gleason Ave ~ \$310,000

INVESTMENT  
PROPERTY

DUDLEY:  
COMING SOON 4 units  
\$300's

DUDLEY:  
401' Bungalow  
with sub-dividable lot  
\$359,900



DUDLEY: 1st floor condo, 2  
bedroom, hardwood floors, appli-  
ances, in unit washer / dryer, garage  
17 Cutler St ~ \$119,900



W. BOYLSTON: Offers Considered  
3 bedrooms, 1.5 baths, sided, recent  
roof, kitchen windows, 1 + acres.  
44 Central St ~ \$334,900

SZYMCAK SELLS!



WEBSTER  
2 Family  
23 Klebart Ave

MAUREEN MADE IT HAPPEN



WEBSTER  
3 Family  
61-63 Myrtle Ave

ON DEPOSIT



DUDLEY  
48 Airport Rd

Attend  
Buyer or Seller  
Coffee Hours  
in October

Become an  
informed buyer or seller.

Call Jo-Ann  
508-943-7669  
774-230-5044



HERE & THERE

Local Events, Arts, and  
Entertainment Listings

SATURDAY, OCTOBER 5

16TH ANNUAL AUCTION. Sponsored by  
VFW Auxiliary to Thompson Memorial Post  
10088. Food – 5 pm, Auction – 6 pm. VFW  
Post Home 654 Quinebaug Rd. (Route 131)  
Quinebaug, CT 06262.  
Benefit: veterans and community programs

FRIDAY, SATURDAY & SUNDAY  
OCTOBER 11, 12, & 13



EGYPTIAN FESTIVAL  
Friday 12-6, Sat & Sun 10-6  
Egyptian & has Mediterranean food,  
shopping bazaar, Egyptian music,  
Photos dressed as a Pharaoh, Face  
painting, Church tour, Children's  
activities, and more.  
Rain or shine.  
St. Mary & Pope Kyrillos VI Coptic  
Orthodox Church. 74 Gould Road,  
Charlton, MA



SATURDAY OCTOBER 19

3RD ANNUAL AMERICAN LEGION  
AUXILIARY HANDMADE CRAFT FAIR  
9am-2pm. Crafters featuring their handmade  
wares, raffles, and bake tables  
Serving Lunch  
American Legion Gaudette Kirk Post 138  
175 Main Street  
Spencer, MA 01562

WEDNESDAY, OCTOBER 23

FINANCIAL FRAUD & THE ELDERLY  
What to Know and How to Avoid It  
1:30-2:30. Kim Brown Branch Manager, North  
Brookfield Savings Bank  
Tea & Refreshments will be served

Limited seating  
Quaboag Rehabilitation & Skilled Care Center  
47 East Main Street  
West Brookfield, MA  
RSVP 508-867-7716

SUNDAY, OCTOBER 27,  
MURDER MYSTERY DINNER



An interactive dinner  
theater  
The Fashionable Murders.  
6:30 pm  
Join us for a laugh-filled  
night, a great dinner, and  
a mystery we need help  
solving. Advance ticket  
sales required  
sailemrossinn.com or call 508-867-2345. 260  
West Main Street  
West Brookfield, MA 01585

ACOUSTIC FRIDAYS AT 308 LAKESIDE  
New England Weather  
308 Lakeside  
308 East Main Street, East Brookfield, MA  
01515 774-449-8333

WEDNESDAY, NOVEMBER 13

HOW TO MOVE ON - CREATING A BRIDGE  
TO A NEW LIFE  
1:30-2:30. Barbara Perman, President, Moving  
Mentor  
Tea & Refreshments will be served  
Limited seating  
Quaboag Rehabilitation & Skilled Care Center  
47 East Main Street  
West Brookfield, MA  
RSVP 508-867-7716

SUNDAY, SEPTEMBER 29



SUNDAYS AT 308  
LAKESIDE  
Chris Barber  
308 Lakeside  
308 East Main Street, East  
Brookfield, MA 01515  
774-449-8333



SUNDAY-TUESDAY  
NOVEMBER 10-12

BUS TRIP TO ATLANTIC CITY  
Leave from Big Y Parking Lot  
Call 508-885-5560 or 508-885-2458 for more  
info and trip amenities

SUNDAY, NOVEMBER 15

MURDER MYSTERY DINNER  
An interactive dinner theater  
The Fashionable Murders 6:30 pm  
Join us for a laugh-filled night, a great dinner,  
and a mystery we need help solving. Advance  
ticket sales required  
sailemrossinn.com or call 508-867-2345. 260  
West Main Street  
West Brookfield, MA 01585

ONGOING



MARIACHI BAND  
First Thursday of the  
month 5-8 p.m.  
MEXICALI MEXICAN  
GRILL  
Webster location  
41 Worcester Rd.,  
Webster, MA  
508-461-5070

TRIVIA SATURDAY NIGHTS  
7:00 p.m. register 7:30 p.m. start up  
HILLCREST COUNTRY CLUB  
325 Pleasant St., Leicester, MA  
508-892-9822



Do Something FUN  
This Weekend!

LIVE ENTERTAINMENT FRIDAY NIGHT  
HEXMARK TAVERN  
AT SALEM CROSS INN  
260 West Main St., W. Brookfield, MA 508-  
867-2345 salemcrossinn.com

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meets the first Monday  
of every month from  
September through  
May. We discuss a  
variety of conservation  
programs to improve the  
local cold water fisher-  
ies, local fishing oppor-  
tunities. Our annual  
High School Fly Fishing  
Championship (open to all MA high school stu-  
dents) And our annual fund raising banquet.  
Auburn Sportsman's Club  
50 Elm St., Auburn, MA







**TOWN OF SPENCER**  
is seeking private snow plowers  
for the 2019-2020 Winter Season.

If interested, please contact the  
Office of Utilities and Facilities,  
3 Old Meadow Road, Spencer, MA  
Monday-Thursday 8:00am – 5:00pm,  
call 508-885-7515  
or on the Town website  
www.spencerma.gov

Applications should be submitted  
as soon as possible.

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individual who can maintain a flexible  
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knowledge of Microsoft programs.

Email resume to:  
[siacobucci@mccurdyinsurance.com](mailto:siacobucci@mccurdyinsurance.com)





**HELP WANTED**

**Senior Center  
Program Assistant  
Town of Sturbridge**

The Town of Sturbridge is seeking applicants for the Part-  
time (15 HOURS/WEEK) position of Program Assistant  
for the Council on Aging.  
The position requires planning, administration, and  
coordination of Senior Center Activities. Must be able to  
communicate effectively, have initiative and be self-  
motivated. Ideal candidates will be proficient in Microsoft  
Office, including Publisher.

The position pays between \$16.75 and \$17.35/hour DOQ.  
For a full description, go to the vacancies link at  
[www.town.sturbridge.ma.us](http://www.town.sturbridge.ma.us).  
Submit resumes no later than October 17, 2019 to:  
The Town Administrators Office  
308 Main Street, Sturbridge, MA 01566.  
Or email to [amensen@town.sturbridge.ma.us](mailto:amensen@town.sturbridge.ma.us).  
*The Town of Sturbridge is an EOE.*

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• **Eye plan**  
• **Tuition reimbursement**  
• **Employee Incentive Program**  
• **Clean, Air Conditioned  
Environment**  
• **Employee Assistance  
Program**  
• **Wellness Program**  
• **Vacation Time**


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- **PROCESS ENGINEER**
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Call for more information: 508-943-3860

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**ISSN – INFORMATION SUPPORT SERVICES  
& NETWORKING INSTRUCTOR**  
**Bay Path Regional Vocational Technical High School**  
Apply for this job online at <http://www.schoolspring.com>

**Job Details**  
\* Job ID: 3168077 \* Application Deadline: OPEN UNTIL FILLED \* Starting Date: IMMEDIATELY

**Job Description**  
Vocational Instructor, Full Time, permanent position, school year (184) days, Secondary Vocational School.  
Must be licensed by MASS DESE as an "Information, Support, Services & Networking Instructor" **OR** pos-  
sess the necessary criteria to become licensed. Associates Degree or higher related to subject matter and  
skills to be taught, 4 years recent full time experience [within the last 7 years] directly related to ISSN. Teach-  
ing experience preferred but not required.

**Job Requirements**  
\* Please submit Resume, college transcripts and 3 letters of reference. Please address all  
correspondence to Donald Montville, Vocational Director.  
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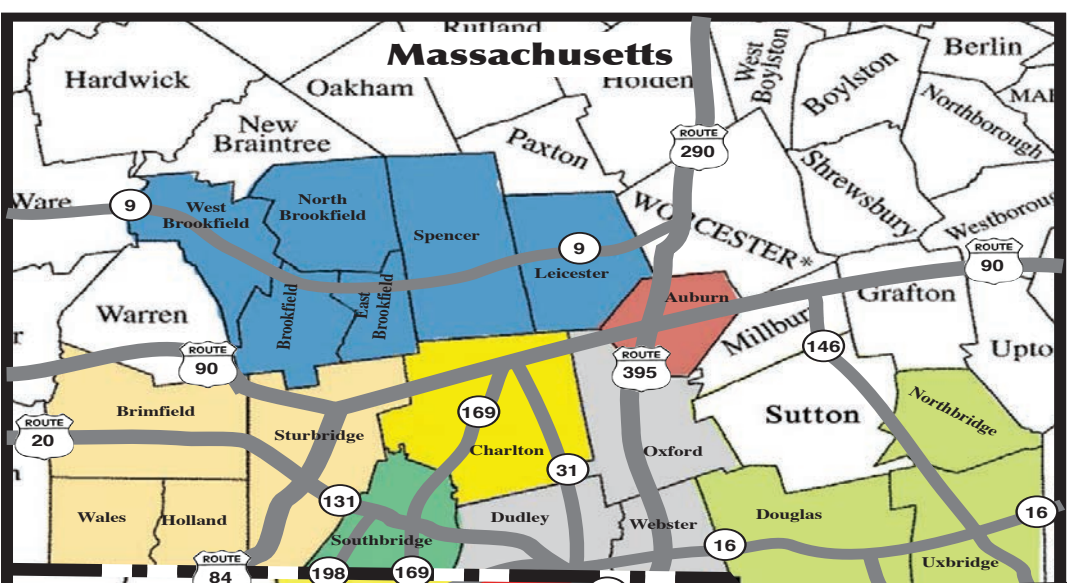
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FOOD

Match food to your favorite brews



The rise of craft and home brewing has created more beer flavor profiles than ever before. In fact, there's likely a beer for everyone, whether you're a novice or connoisseur.

The Brewer's Association, a trade association that represents small and independent American craft brewers, reports that, in 2018, small and independent brewers collectively produced 25.9 million barrels and experienced a 4 percent total market growth. The BA also states that these small brewers achieved a collective retail dollar take-in of \$27.6 billion.

While wine will always have its enthusiasts, beer is fast on its heels as a popular mealtime beverage. Much in the way wines are paired with certain foods, it has become the natural course of action to pair certain foods with particular styles of beer.

"Beer is a great match for food because of the complexity of its flavors, its ability to provide refreshment and to interact with many food flavors," says Marc Stroobandt, a master beer sommelier for the Food and Beer Consultancy, UK.

Although each person has his or her preferences, here is a brief listing of generalized pairings, courtesy of the Brewer's Association and CraftBeer.com.

- American Amber Lager: Creamy risotto, wild rice, polenta
- American Pale Ale: Game birds, such as duck and quail
- Belgian-style Dubbel: Pork chops, sausage, tenderloin
- Belgian-style Flanders: Grilled rib-eye, root vegetables
- Blonde Ale: Chicken, salads, salmon, nutty cheese
- Dark Lager: Barbecue, sausage, roasted meat
- Hefeweizen: Weisswurst, seafood, sushi
- Imperial Stout: Smoked goose, foie gras, strong cheeses
- IPA: Spicy foods, curries
- Porter: Roasted or smoked foods, blackened fish

The Brewer's Association recommends matching delicate dishes with delicate beers and strong dishes with assertive beers. Commonalities, like aromas and sub-flavors, also work together. A beer with roasted notes may pair well with chocolate, for example. Opposites also attract, in that a spicy food may taste best when paired with a sweet beer.

Pairing might once have been limited to matching wines with certain foods. But the booming craft beer business has popularized pairing flavorful beers with foods to make meals even tastier.

What to know about food portions

Portion control is a big part of a healthy diet. In fact, the National Institute of Diabetes and Digestive and Kidney Diseases notes that, when it comes to maintaining a healthy weight, how much food a person eats is just as important as what he or she eats.

No two people are the same, so a portion that's satisfying and healthy for one person won't necessarily be the same for another person. Answering some common questions about food portions can help people understand this vital component of a healthy lifestyle.

What is the difference between portions and servings?

The NIDDK notes that a portion is how much food a person chooses to eat at one time, while a serving size is the amount of food listed on the Nutrition Facts label. The portions a person eats may or may not match a serving size. That's because a healthy portion size is typically based on various factors, such as age, weight and gender, unique to individuals.

Should calories come into play when determining healthy portion sizes?

Calories definitely merit consideration when determining healthy portion sizes. However, the amount of calories a person needs is based on a number of factors, including how physically active that person is. The NIDDK notes that a 150-pound woman who exercises vigorously throughout the week will need more calories than a woman about the same size who is not as physically active. When trying to determine their calorie needs, men and women should consult with their physicians, who will consider their lifestyle, age, medical history, and other factors before advising patients about how much they should eat.

What if I am still hungry after reducing portion sizes?

It's likely that people accustomed to big portions will still be hungry as their bodies adjust to reduced portion sizes. In such instances, people can try taking more time to eat. Even if there's less food on the plate, eating slowly gives the brain a chance to receive the message that the stomach is full. According to the NIDDK, it can take as long as 15 minutes for that message to make its way to the brain. Eating slowly reduces the risk of overeating, and you may even be surprised to learn that a smaller portion size than you're used to is all you really need to feel satisfied.

Portion control is a great way to get healthy and maintain a healthy weight



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Portion control is a great way to get healthy and maintain a healthy weight



# FOOD

## Vegetarian-friendly foods high in protein

People choose a vegetarian lifestyle for a number of reasons. Some individuals have an aversion to eating meat because they're concerned about animal welfare, while others find that a low-calorie, vegetarian diet promotes long-term health.

Vegetarianism can certainly be a healthy option, but those who eschew meat and sometimes eggs often have to find alternative sources of protein to meet dietary needs. According to the Dietary Reference Intakes, the average sedentary man should have 56 grams of protein per day, while an average sedentary woman should consume 46 grams per day. The amount of protein needed will increase if a person is more active, advises Healthline.

Protein helps a person feel fuller, longer, and it is crucial for all cells in the body. Protein is used to build and maintain bones, muscles, skin, and much more. The Academy of Nutrition and Dietetics also states that protein is very important as one ages because aging men and women don't absorb or metabolize amino acids, which are the building blocks of protein, as well as they did when they were younger.

Those adhering to vegetarian diets will find there are plenty of non-meat protein sources. Meatless protein sources that offer the biggest health bang for one's buck are "complete proteins," which have the essential amino acids the body requires. Some com-



Vegetarians have several non-meat choices to get their recommended protein allowances.

plete proteins include:

- eggs,
- milk,

- cheese,
- soy, and
- quinoa.

Some other great protein sources may not have all of the amino acids, but

they can be paired with other foods to get a fuller nutrient package.

- seitan: This is a meat alternative made from wheat gluten.

- lentils: Lentils pack 18 grams of protein per cooked cup.

- beans: Many forms of beans contain a high amount of protein per serving.

- nutritional yeast: This is a strain of yeast that has a cheesy flavor. It can be sprinkled on foods to add a protein punch.

- ancient grains: Ancient grains include spelt, teff, barley, sorghum, farro, and einkorn. These ancient grains are higher in protein than common grains.

- hemp seeds: These seeds come from hemp, which is in the same family as marijuana. However, hemp will not cause a high because it only has trace amounts of the THC compound that produces that effect. Hemp seeds contain 50 percent more protein than chia seeds and flax seeds, offers Healthline.

In addition to these foods, peanuts and other legumes, almonds, peas, oatmeal, spirulina, broccoli, brussel sprouts, and sweet corn also are good protein sources for vegetarians.

Even though it may seem like skipping meat products would leave vegetarians lacking for protein, there really are quite a number of alternative protein sources out there.

## Skewered chicken goes great on the grill



Grilling chicken is an easy way to transform this versatile food into something even more delicious. Various cultures serve chicken in kebab form after grilling it over an open flame, and taste is a big reason this particular method of cooking chicken is so beloved.

While you might not expect to see kebabs on the menu at your favorite Italian restaurant, "spiedini" is Italian for "little skewers," proving that Italian chefs recognize how delicious chicken can be when served in kebab form. In this recipe for "Spiedini of Chicken and Zucchini with Almond Salsa Verde" from "Cooking Light: Dinner's Ready" (Oxmoor House) by The Cooking Light Editors, skewers are paired with a zesty salsa full of nuts, herbs and citrus,

which makes for the perfect complement to the smoky grilled flavor.

Spiedini of Chicken and Zucchini with Almond Salsa Verde  
Makes 6 servings

- Salsa:
- 1 cup chopped flat parsley
  - 2 tablespoons chopped almonds, toasted
  - 2 tablespoons chopped fresh chives
  - 3 tablespoons capers, chopped
  - 12 teaspoon grated lemon rind
  - 3 tablespoons fresh lemon juice
  - 1 tablespoon extra-virgin olive oil
  - 12 teaspoon chopped fresh thyme

- 12 teaspoon chopped fresh oregano
- 14 teaspoon kosher salt
- 18 teaspoon freshly ground black pepper
- 1 garlic clove, minced

- Spiedini:
- 1 1/2 pounds skinless, boneless chicken breast, cut into 1-inch pieces
  - 6 small zucchini, cut into 1-inch slices (about 1 1/4 pounds)
  - Cooking spray
  - 14 teaspoon kosher salt
  - 18 teaspoon freshly ground black pepper

Soak 12 (10-inch) wooden skewers in water for 30 minutes to prevent burn-

ing.

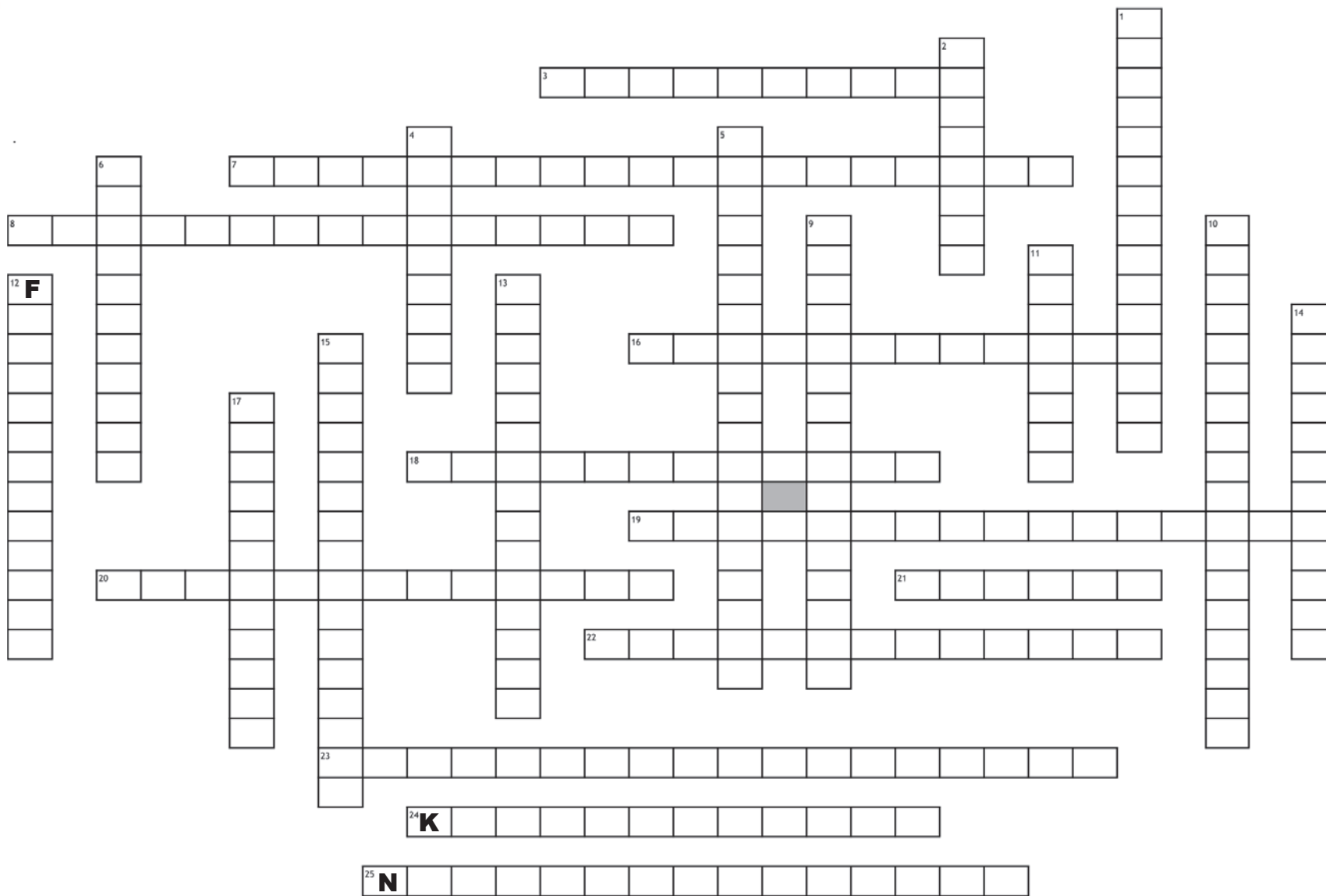
Bring the grill to medium-high heat. To prepare the salsa, combine the first 12 ingredients; set aside.

To prepare the spiedini, thread the chicken and zucchini alternately on each of the 12 skewers. Coat the spiedini with cooking spray; sprinkle evenly with 1/4 teaspoon salt and 1/8 teaspoon pepper. Place on a grill rack; grill 6 minutes or until done, turning once. Serve with salsa.

Tip: Prepare the salsa up to a day ahead, and assemble the skewers earlier in the day. Coat with the seasonings just before grilling.



# 2nd Annual ABC's of Fall 2019



Across

- 3. Moving?
- 7. 20 Cents Off Per Gallon
- 8. Fresh Local Eggs, Cheese, Maple Syrup/Products
- 16. Where Beauty & Style are Born
- 18. ...lowest price guaranteed!
- 19. For All Your Advertising Needs
- 20. Never Be Cold Again!
- 21. We Now Paint Chrome
- 22. Treat Yourself, It's Time!
- 23. Thinking of buying or selling? Call me!
- 24. Open Year Round - Lunch, Dinner, Ice Cream
- 25. Paint Like No Other

Down

- 1. Servicing Household Appliances since 1978.
- 2. From Weddings to Ski Trips
- 4. 15 Years Real Estate Experience
- 5. One time treatments starting at \$125
- 6. List with us for only 1.5%
- 9. Diamonds Direct from Antwerp
- 10. Alignment Special \$50
- 11. Now in its 14th year!
- 12. 10% off Senior Citizen Day
- 13. Repairs or Custom Designs
- 14. 25% off your entire purchase
- 15. Free First Exam and Treatment for New Patients
- 17. Come Work for Us!

2nd Annual ABC'S OF THE SEASONS OCTOBER 4, FALL EDITION

Hint... answers don't always include fall business name.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Circle which paper you found this in: *Spencer New Leader, Webster Times, Charlton Villager, Sturbridge Villager, Auburn News, Blackstone Valley Tribune, Southbridge News*

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Email address (optional) \_\_\_\_\_

Comments: \_\_\_\_\_

Please find the answers to this crossword puzzle on the front of this section. Enter to win a \$25 gift card to a local business by mailing in your completed crossword to **ABC Crossword Puzzle, Stonebridge Press, P. O. Box 90, 25 Elm Street, Southbridge, MA 01550** OR scan & email or take a picture and email it to [jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news) by Friday, October 18. Random-drawing for winner of all correct entries to be announced in the October 25th issue of the Express. One entry per person. Please support these ABC's businesses and tell them you saw their ad in your local paper! Good luck!

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