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Friday, July 23, 2021

**Newsstand: 75 cents** 

## Successful mentorships happening at Bay Path Practical Nursing Academy

Dr. Adelina Healy of Dudley and Risper Wanjuri of Webster.

CHARLTON—The Bay Path Practical Nursing Academy Mentorship program has been a success. Dr. Adelina Healy of Dudley, and other faculty leaders teamed up with the Bay Path Practical Academy Nursing cohorts to implement a mentorship program that not only allows experienced nurses to guide practical nursing students, but to receive one on one mentorship.

The Practical Nursing Class of 2021 consisted of 23 females. The overall goal is to give the graduates the opportunity to learn and receive mentorship from the experienced faculty to help lead them to a positive nursing journey both academically and clinically.

The faculty and staff

of the Bay Path Practical Nursing Academy were introduced to the cohort early on at orientation and acceptance ceremony with each faculty assigned as an advisor and each practical nursing (PN) student receiving an advisor and a mentor be it an alumnus or a peer mentor.

Gretheline Bolandrina, DHA, MSN Ed, RN, **CRRN Academy Director** says, "this is a great way to connect with the future nurses, bring the community together, and provide nursing students with support and guidance."

Risper Wanjiru of Webster stated, "Dr. Healy has been an influential figure in my clinical practice as well as in my nursing journey. As a

qualified and experienced nurse, she has spirited my professional growth by commending my learning spirit and guiding me." Wanjiru was inducted into the National Technical Honor Society (NTHS). She added, "Dr. Healy's teaching style is an aspect I admired, as she considers all student nurse's weaknesses and strengths. She is selfless, she sponsored the fee for my NTHS membership registration. I am forever grateful for her role in my professional growth, not forgetting the knowledge

she shared with me." The Bay Path Practical Nursing Academy faculty believes in being thoughtful and taking time to build strategic relationships with the student by identifying a viable mentorship relationship, creating regular touchthe culture, engaging with PN students early, and immersing everyone in the Academy's events and curriculum.

"We begin to engage the PN students as early as the orientation and acceptance ceremony and through various events on campus," concludes Bolandrina. "Our leadership and mentorship academic progression. These relationships are strengthened throughout their nursing journey, inclusive of job place-

ments and networking." Through engagement with the Bay Path community, students and alumni develop and become prepared to be successful in nursing. Fostering a culture of belonging, encouraging mentorship, and celebrating diversity at Bay Path Practical Nursing Academy is successful because of goal-oriented and actionable activities and experiences.

# Thrive Support & Advocacy announces graduation, expansion of leadership and development initiative

MARLBOROUGH LEAD, these Thrive Support & Advocacy, a nonprofit empowering youth and adults with intellectual and developmental disabilities (IDD), today announced that seven voung adults have graduated from its Leadership Experience

Development (LEAD) initiative, and that the program will expand to Worcester in September. Thrive's LEAD initiative helps participants LEADers - develop a

dynamic set of leader-ship skills through a curriculum that includes role-play activities, public speaking, and group leadership projects. The year-long, application-based program is designed for young body. Everyone begins adults with IDD between the ages of 17 and 25. In addition to Thrive staff, LEADers engage with points, understanding mentors including business leaders who share insights and real-word experiences, students from the Advanced Math and Science Academy (AMSA) in Marlborough, and past LEAD gradu-

"On behalf of the entire Thrive community, I'd like to congratulate these LEADers for completing the program. program connects PN It's a significant accomstudents with advisors plishment," said Sean and mentors and even M. Rose, President & provides insight into CEO of Thrive Support & Advocacy. "Through

individuals have been able to learn and grow as both adults and leaders, and are now better prepared to advocate for themselves. We're proud that for years LEADers have taken active roles and have gone above in beyond in giving back to their communities.'

This year's class of LEADers were celebrated in a virtual graduation ceremony, complete with purple caps and gowns. Honorees include:

Alexander Bowler of Sturbridge

Liam Clinton of Framingham Jason Dore of Shrewsbury

Melissa Qualey of Shrewsbury Giles Rae of

Shrewsbury Alexis Sokoloff of Northborough

Bryna St. Pierre of Auburn

Additionally, Rumei Johnson of Westborough and Rose Mallon of Marlborough were recognized as Junior LEADers. They participated in this past year's virtual program, but will return in the fall to complete the program in person for a hands-on learning expe-

September, In Thrive will expand the Marlborough-based program into Worcester to serve the city and surrounding communities.

The planned expansion was possible by the opening of Thrive's new Worcester office at 100 Grove St. Between the two locations, a total of 20 individuals are expected to participate in the 2021-22 LEAD program. The Marlborough group will meet in person on Mondays from 3:30 to 4:30 p.m. and the Worcester group will meet in person on Tuesdays from 3:30 to 4:30 p.m. The program runs from September

until June. For LEAD enrollment information, contact Caitlin Devaney-Fortwengler, Director of Youth Services at 508-485-4227 ext. 1009 orcdfortwengler@icanthrive.org.

About Thrive Support & Advocacy

Thrive Support & Advocacy has been empowering youth and adults with intellectual and developmental disabilities to lead active and self-directed lives since 1973. The Marlboroughbased nonprofit supports over 1,000 individuals and families living in 47 eastern and central Massachusetts communities through recreational and social initiatives for youth and adults, community residences, and individual and family supports. For more information, visit www.icanthrive.org.

## Auburn Historical Museum announces August programs for children

AUBURN — Registration is now open for the Tuesday and Saturday Children's programs from 10 – 11 a.m. This is a free program held at the museum at 41 South St. All programs are opened to children 6-12, but preregistration is needed. The Saturday program is "Match the House" and deals with the historic houses of Auburn. Find all your matches and win a prize.

The Tuesday program will involve exhibits in the museum and crafts. Aug. 3 will be about mills and weaving, Aug. 10- early toys and games, and Aug. 17 will be Native Americans. Reservations can be made by calling the museum at 508-832-6856 or email: auburnmuseum@verizon.net. You can sign up for just a certain day or for all.

## Nichols College names two to Board of Trustees

DUDLEY — Jaime Boisvert and Amahl H. Williams have been elected to the Board of Trustees at Nichols College. Paris Boisvert began her term of service at the board's May 2021 meeting; Williams will begin his term at the October 2021 meeting.

Jaime Paris Boisvert is a 1998 graduate of Nichols and director of the Higher Education Vertical Market for Johnson Controls, which is well known for delivering solutions that optimize buildings and infrastructure by improving energy efficiency, data analysis, comfort, safety and security. Previously she was the general



manager of the Boston Branch at Siemens Smart Infrastructure, where she served in a number of capacities over 12 years. She began her career through the Nichols Career and Professional Development Center as an account executive at AT&T, moving onto MAC Systems, followed by a stint as director of sales & marketing for Chace Building Supply of Conn.

She and her husband have three children, and currently reside in Woodstock, Conn.

Amahl H. Williams, a 2002 graduate of Nichols and three-sport varsity captain, has spent his career in sales and marketing leadership roles focusing on the monetization of new and adjacent technologies for the Fortune500 and Global2000. He is currently a director of transformation and consulting at SYKES Digital Services.



**Jaime Paris Boisvert** 

He is also a contributor at

Forbes as a member of the

Forbes Communications

Council. Prior to SYKES,

Williams was vice pres-

ident at WonderBotz.

He serves as a volunteer

mentor at BUILD, which

provides hands-on entre-

preneurship training and college prep to help stem the high school drop-out rate. Prior to his appointment to the Board of Trustees, Williams served on the Nichols Board of Advisors, and is one of the found-



Amahl H. Williams

ing advisors for the Nichols College Center for Intelligent Process Automation. He is also a member of the college's legacy program, the Colonel Conrad Society.

He and his wife have

two children and currently reside in Melrose.

About Nichols College Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow's leaders. Nichols offers master's degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today's professionals.



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## There's magic in the air at Hitchcock Academy



#### IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

DRINKING WATER NOTICE Monitoring Requirements Not Met for:

#### PWS NAME:

#### AUBURN WATER DISTRICT

We violated monitoring and reporting requirements of the drinking water regulations. Even though this was not an emergency, as our customers, you have a right to know what happened and what we are doing to correct this

We are required to monitor your drinking water for specific man-made and naturally occurring contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During the monitoring period(s) listed below we did not monitor and/or did not complete all monitoring for the contaminant(s) listed below and therefore cannot be sure of the quality of our drinking water during that time.

#### WHAT THIS MEANS: There is nothing you need to do at this time.

The table below lists the contaminant(s) we did not properly test for and/or report to the Department of Environmental Protection (DEP) during the required monitoring period(s).

Monito	ring Period	Contaminant Group	Violation Comments
4/1/2019	6/30/2019	MANGANESE	MULT2, MULT4 AND MULT5
4/1/2019	6/30/2019	VOLATILE ORGANIC COMPOUNDS	MULT4
4/1/2019	6/30/2019	IRON	MULT2, MULT4 AND MULT5
4/1/2019	6/30/2019	ARSENIC	MULT2, MULT4 AND MULT5
* WQP (Wa	ater Quality Par	ameters) = pH, alkalilnity, silica, orthopho	osphate, and/or calcium

## STEPS WE ARE TAKING:

In response to monitoring and reporting violations of the Massachusetts Drinking Water Regulations, our system is

- 1. We are notifying our customers of the violation(s) by providing this public notice to you as well as submiting a copy of this public notice to the MassDEP and local board of health.
- 2. Sample Collection (check appropriate boxes):
  - We have scheduled to collect and analyze sample(s) for the contaminants listed above and will submit copies of the
  - sampling results to the MassDEP upon completion.
  - We have already collected and analyzed sample(s) for the contaminants listed above and have submitted copies of
- the sampling results to the DEP. These contaminant(s) were collected AFTER the required monitoring period(s)
- 3. We will continue to collect samples for all contaminants according to our most recent sampling schedule.
- 4. Other Corrective Actions Taken:

## CONTACT INFORMATION:

Please share this information with all people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.

For more information or questions regarding this notice, please contact:

**Gregory Woods** 508-832-5336 at Phone #: Responsible Party Name:

CERTIFICATION: DEP Reference Number: NON-CE-19-5D00008340-CSA PWSID: 2017000 The Public Water system indicated above hereby affirms that public notice has been provided to consumers in accordance with 310 CMR 22.16 including: delivery, content, format requirements, notification deadlines and that the Public Water system will meet future requirements for notifying new billing units and new customers of the violation. I certify under penalty of law that I am the person authorized to fill out this form and the information contained herein is true, accurate and complete to the best of my knowledge and belief.

Auburn News [Delivery Method] Notice Distributed by:

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on July 23, 2021 [Date]

Signature of Responsible Party

7/13/21

on the Hitchcock Academy lawn in Brimfield on Monday,

BRIMFIELD — The Tommy James Magic Show premiers

Master magician Tommy James brings a show that combines a special blend of magic, comedy, wonder, and surprise for kids of all ages. Awarded the 2010 International Family Performer of the year award, Tommy James along with his "magical" bunny, Miracle, promises to put on a roller coaster ride of a show. Tickets for this event are available at hitchcockacademy.org when you click on the Summer Programs link. If the weather does not cooperate the show will be moved inside to the upper auditorium.

James began entertaining at the age of 14, when he performed for his grandmother's Grange group; from there he branched out to 4-H clubs, schools, and local civic organizations. Over the next 30 years, his reputation expanded and today he is recognized as one of the premier kids' show magicians in the world. The Tommy James Magic Show promises to be a summer highlight for the whole family.

Hitchcock Academy is pleased to announce a partnership with ART-ventures to present kid's summer art programming. With a dash of whimsy and a dollop of fun, ART-ventures programming provides talented instructors to encourage children to explore art while fostering their creativity through exposure to a variety of tools, techniques, and materials. Each program session includes t-shirt creations and two or three awesome works of art each day. Program sessions run Monday through Friday the first three weeks of August from 9 a.m. - noon, with each week having its own theme. For more information and to register for one week, two weeks or all three weeks head to hitch-

On Saturday, July 31, find out why "Goonies never say die," when you follow Chunk and his friends as they hunt for the pirate treasure that will save their neighborhood. "The Goonies" debuts on Hitchcock Academy's big outdoor screen as part of the HFA Midsummer Nights Free Movies on the Lawn. "The Goonies" shows at dusk, but moviegoers are encouraged to come early to pick a prime lawn spot and pass the time by playing games provided by Hitchcock or brought from home. This fan favorite movie is free of charge thanks to the Oscar Sponsorship of First American Insurance Agency and the Golden Globe sponsorship of Viant.

Music lovers can delight in the magic spell cast by great music on Wednesdays July 28, Aug. 4, Aug. 18, and Aug. 25 at 6 p.m. on the Brimfield Common. The summer series sponsored by Country Bank, First American Insurance and a Mass Cultural Council grant features a variety of genres from local favorite bands: Time Stretchers, Radio Ranch (sponsored by the Monson Lions Club), Frozen Red and The James Paul Band.

This summer Brimfield is a small town with big community happenings as Hitchcock Free Academy continues to work to provide activities to foster a spirit of joy.



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**Emily Lamoureux** 

## Bay Path's Lamoureux receives Community **Service Award**

CHARLTON — Emily Lamoureux, LPN of Charlton, a member of the Bay Path Practical Nursing Academy Class of 2019, received the 2020 Community Service Award during a special award ceremony on June 21 at the Lakeside Pavilion of the Indian Ranch in Webster. The award was granted in recognition of Lamoureux's volunteer work creating critical partnerships between the Academy, the Bay Path community and the Worcester County.

The Community Service Award was developed to honor a person who is making significant contributions to the Bay Path Practical Nursing community through their time, actions, talents and dedication through any volunteer work done. The honoree selected serves as a role model for compassion, service, giving back, and striving to make the world a better place.

Lamoureux's passion is in helping others. She has made important contributions to the Bay Path Practical Nursing Academy through her participation in mentorship, blood pressure

clinics, information sessions, college fairs, health fairs, SkillsUSA, tutoring, and participation in all other volunteer

While a student at Bay Path Practical Nursing Academy Lamoureux was a UNICEF Club member. She was a SkillsUSA District Champion, earning a bronze medal in First Aid/CPR. She is Dementia Care Certified, Mental Health First Aid Certified, and Certified in Infusion Therapy and Central Line Care. Lamoureux represented Bay Path Practical Nursing Academy at the Innovation Summit at Northeastern University and was a recipient of \$5,000 grant from MassHire Worcester Career Center. She was a nominee for the 2019 Clinical Excellence Award and volunteered at the Charlton Lion's Club mobile health screening and a volunteer

at the Charlton Senior Center's Blood Pressure Clinic.



## ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

## Southbridge RMV Service Center will open Aug. 2 by appointment

SOUTHBRIDGE — The Massachusetts Registry of Motor Vehicles (RMV) is announcing that on Monday, Aug. 2, customer service centers will open in Southbridge, Easthampton and Lowell to begin serving customers by appointment.

"We have appreciated the patience of the public during the State of Emergency as the RMV pivoted to serve customers with new processes in keeping with health protocols," said Acting Transportation Secretary and CEO Jamey Tesler. "Now, with almost 4.3 million individuals in Massachusetts fully vaccinated, the Registry can safely reopen additional customer service locations while still continuing with many of the new transaction policies which have worked so well since March 2020 and which customers have told us have been convenient and efficient.'

'The health and safety of our customers and employees has been our focus in making decisions about how to conduct transactions and we are pleased that appointments will be made available Aug. 2 in three more Registry Customer Service Centers," said Acting Registrar Colleen Ogilvie. "Many new initiatives that were put in place to provide additional flexibility for customers during the COVID-19 pandemic will continue and initiatives which have been well received, including dedicated

service hours for senior citizens, will be continuing."

RMV customers will continue to be served by appointments only at open Service Centers, and customers who are unvaccinated will be required to wear a face covering for transactions. In addition, the RMV will continue with including dedicated hours on Wednesdays to serve senior citizens at some locations, holding suspension hearings by phone, allowing learner's permit tests online, and using state vehicles for anyone taking road tests. (Everyone in a vehicle for a road test must wear a face covering, regardless of vaccination status.)

Initiatives which are continuing:

Appointments for in-person transactions at open customer service locations will continue, and customers must wear a face covering for an in-person transac-

tion if unvaccinated. As of August 2, RMV Service Centers

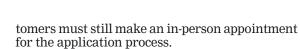
open by will appointment in Southbridge, Easthampton, and in Lowell.

Senior hours for customers 65 years of age and older on Wednesdays at specific locations will continue.

Road tests will still be offered using state vehicles only. Road test sponsors are required to be in the road test vehicle and everyone in a road test vehicle must wear a face covering regardless of vaccination status.

Online learner's permit exams will continue and cus-





Suspension hearings by telephone will contin-

In-vehicle observation hours for Junior Operators have reverted back to driving schools for applicants who obtained a learner's permit on or after May 29 requiring Junior Operators to complete 6 hours observing another student driver, and 40 supervised driving hours with a parent or guardian. (This was the rule pre-pandemic.)

For more information on transactions and additional details on customer locations, please visit www.mass.gov/rmv orhttps://www.mass. gov/info-details/rmv-covid-19-information.

In May, Governor Charlie Baker signed an Executive Order terminating the Commonwealth's State of Emergency effective June 15, 2021. The Order also rescinded most COVID-19 restrictions, including limitations placed on businesses, as of May 29 as Massachusetts neared the goal of vaccinating four million residents. The Registry's partner for many transactions, AAA, will also continue with the system of serving AAA members who make appointments. For details about the Commonwealth's coronavirus vaccination locations and other information,

please visit: www. mass.gov/corona-

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Jayden

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Javden is a lovable girl of Caucasian descent. Wise beyond her years, Jayden loves gymnastics, going to the park, and swimming. She also loves to ride her bike, do arts and crafts, make slime. and go to amusement parks. She does well with one-on-one attention. She has two teen foster brothers in her foster home who she looks up to as role models and for guidance. Jayden does best with a strong routine in the morning when getting up, getting dressed, and getting herself ready for school. Jayden is loving, caring, and determined. Her fos-

Age 11 ter mother describes her as very technologically savvy.

Legally freed for adoption, Jayden will need one-on-one attention from her new family. This could be a two-parent family or a single-parent family with no other children in the home or a female child close in age to Jayden. Structure and routine in her new home are extremely important to Jayden. Jayden has older siblings in foster care and in adoptive families in Western Massachusetts with whom she will need to maintain contact. She would also like to maintain a lifelong connection with a previous foster family.

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The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.







Meet Ode! This sweet, nervous girl, is looking to find a family to call her own! Ode has traveled a long way here to find a special family with patience to help her learn what it is like to live in a home. Ode originally came from S. Korea. It is amazing to see how sweet

she is! She loves to spend time with people, and is learning how to play and be a dog. Ode loves other dogs. She is looking for a quiet, adult only home. If you think Ode could be the one for you, please email adopt@baypathhumane.org today!

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# Community voices opposition to perceived teaching of Critical Race Theory



Jason Bleau

Concerned citizens wait their turn for the microphone during a public forum on July 12 discussing critical race theory in the Dudley Charlton School District.

BY JASON BLEAU **CORRESPONDENT** 

DUDLEY - An estimated 250 citizens of Dudley and Charlton turned out for a lengthy community forum on July 12 focused on the potential of adding Critical Race Theory, or CRT, to the school district's curriculum.

The growing national debate over the controversial move-

ment, with origins in the 1970s, that examines the role racism has played in the legal and social constructs of the nation has erupted on the local level. Concerned citizens and parents turned out in droves to voice their grievances before the regional school committee, which many feel has not been transparent concerning the actions of its Equity Committee. In June, around

55 citizens attended a Dudley Charlton School Committee meeting to condemn the potential teaching of Critical Race Theory in the schools eventually leading the committee to call for a public meeting to have a larger discussion.

The July 12 meeting lasted several hours, with input from school officials, passionate citizens and even comments by podcaster and educator Sheldon Eakins of the Leading Equity Center, the consultant that the district's Equity Committee had hired and who many accuse of trying to bring CRT to the district. Superintendent Steven Lamarche started things off ensuring parents that the district has no plans to include Critical Race Theory in their K-12 curriculum.

"I want to express to you that the Dudley Charlton Regional School District has not invested in or endorsed Critical Race Theory. We have not researched Critical Race Theory. We have not asked our educators to research Critical Race Theory. We did not change our curriculum to incorporate Critical Race Theory, and we have no plans to change out curriculum to incorporate Critical Race Theory," said Lamarche, who reiterated this same message several times throughout the night.

Sheldon Eakins was also given a moment to speak, stressing that the "CRT" local parents think he is encouraging actually has a different meaning, and that he is not asking for Critical Race Theory to be incorporated into the dis-

"We look at individual needs for special education or gender identity, or just other areas like abilities and race as well,"

Eakins said later clarifying what he discussed with the district. "I want to be very clear. I've read a few articles in the area, and I've even gotten a few emails. I do not teach Critical Race Theory. I teach the other CRT, Culturally Responsive Teaching. Any references that are made to CRT regarding the training that I provide is in regard to Culturally Responsive Teaching."

Throughout the night, citizens took to the microphone citing references to Critical Race Theory in Eakins' work and showing frustration that the exact modern definition and limitations of critical race the-

ory are blurred at best. One of the first speakers to the microphone, Carrol-Sue Rehm of Charlton, whose children attended the district's schools. claimed that school officials did not properly vet him for consultation and, like many, claimed that the committee's decisions going forward could have dramatic effects including parents and students leaving the district.

'We do not need to be lectured on what Equity or CRT is or isn't, or any other coined phrases since the term and meaning keeps being shifted. Culturally Responsive Training is generally informed by the term Critical Race Theory. The NEA, the largest Teacher's Union which many teachers of this district are members of, have now omitted CRT on their website and are labeling it 'Common History.' Regardless of what you call it, it boils down to a framework which seeks to actively dismantle systems it deems racially oppressive, and the way it seeks to do this is through deconstructing language and forms of discourse," Rehm said. "The school committee has been voted in by citizens of both towns. [Assistant Superintendent] Dr. Brian Ackerman and [Superintendent] Lamarche report directly to you. You are elected officials, and

were entrusted with our children's best interest, and if this is not rectified to the satisfaction of parents, this will lead to the destruction of young hearts and minds and this will be catastrophic in generations to come. Families will pull their children to not expose them to this type of indoctrination."

Rehm was just one of many citizens who made their voices heard over the course of the evening. Some were concerned parents, others former or current educators, and others still average citizens with no direct stake in the school district but who were simply concerned about the potential impact CRT could have on the youth of their community. While many were against CRT and others were more forgiving of the school committee even saving they believed the committee was telling the truth that CRT is not on the table, one other speech that stood out provided a unique point of view, that from a student.

Rhiannon Mansur, a senior at Shepherd Hill Regional High School, offered her perspective from the hallways of the district itself, telling the parents and school officials that while CRT may not necessarily be the answer, change is needed to ensure the safety and respect for all students of all races, sexual orientations, abilities and identities. Mansur began her speech saying she did not believe anyone at the meeting was racist or "bad" and that she respected the differing opinions expressed throughout the night, but as a student she feels there is more that need be done.

"I have heard every slur and every threat on Earth said within the halls of this district by high school students, some who never even knew the damage of such slurs," Mansur said. "In the midst of criticism, I would like to put in a vote of support for the teaching of cultural sensitivity. My question is of the effectiveness of both versions of critical learning and social emotional learning. If this meeting is any indicator, this is not something that is pulling us together, but pulling us further into radicalism with the way that we are doing it right now, which I don't blame any of you for, anyone here, anyone teaching, and especially Sheldon Eakin. I don't know how to fix this, but I don't want a Charlton my people-of-color friends wish they could move to a school like Webster and Worcester because they are harassed every single day by your stu-

dents and your staff. At the meeting's end, Lamarche said he looks forward to working with the community to "ensure we are not teaching critical race theory in our schools" and asked anyone with questions about the instructional materials being used in the district to talk to the teachers directly and then the principals if their concerns are not addressed.

"This is not an easy topic for anyone. We heard you," he concluded.

Assistant Superintendent Ackerman ended the forum, thanking the public for the feedback and said the district "collectively remains committed to equity for all students regardless of race, color, sex, gender identity, religion, national origin, sexual orientation, disability, or homeless status" and that the formal Equity Committee will pause activities and relaunch in the future with more specific processes and procedures regarding formulation and direction. Details will be presented at a public school committee meeting prior to the relaunch.

#### IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

DRINKING WATER NOTICE Monitoring Requirements Not Met for:

#### PWS NAME:

#### AUBURN WATER DISTRICT

We violated monitoring and reporting requirements of the drinking water regulations. Even though this was not an emergency, as our customers, you have a right to know what happened and what we are doing to correct this

We are required to monitor your drinking water for specific man-made and naturally occurring contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During the monitoring period(s) listed below we did not monitor and/or did not complete all monitoring for the contaminant(s) listed below and therefore cannot be sure of the quality of our drinking water during that time.

#### WHAT THIS MEANS: There is nothing you need to do at this time.

The table below lists the contaminant(s) we did not properly test for and/or report to the Department of Environmental Protection (DEP) during the required monitoring period(s).

Monito	oring Period	<b>Contaminant Group</b>	<b>Violation Comments</b>
7/1/2020	9/30/2020	VOLATILE ORGANIC COMPOUNDS	MULT4
7/1/2020	9/30/2020	LEAD & COPPER SCHOOL SAMPLING	2 TAPS @ 2 SCHOOLS
7/1/2020	9/30/2020	ARSENIC	MULT2, MULT4, MULT5
7/1/2020	9/30/2020	PERCHLORATE	01G, 03G, 02G, MULT3, MULT4, MULT5
7/1/2020	9/30/2020	LEAD AND COPPER RULE	60 TAPS
7/1/2020	9/30/2020	MANGANESE	MULT2, MULT4, MULT5
 7/1/2020	9/30/2020	IRON	MULT2, MULT4, MULT5

## STEPS WE ARE TAKING:

In response to monitoring and reporting violations of the Massachusetts Drinking Water Regulations, our system is taking the following corrective actions:

- We are notifying our customers of the violation(s) by providing this public notice to you as well as submiting a cop of this public notice to the MassDEP and local board of health.
- 2. Sample Collection (check appropriate boxes):
- ☐ We have scheduled to collect and analyze sample(s) for the contaminants listed above and will submit copies of the sampling results to the MassDEP upon completion.
- ☐ We have already collected and analyzed sample(s) for the contaminants listed above and have submitted copies of the sampling results to the DEP. These contaminant(s) were collected AFTER the required monitoring period(s) [Date].
- 3. We will continue to collect samples for all contaminants according to our most recent sampling schedule.
- 4. Other Corrective Actions Taken:

## CONTACT INFORMATION:

Responsible Party Name:

Please share this information with all people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.

For more information or questions regarding this notice, please contact: Gregory Woods

CERTIFICATION: DEP Reference Number: NON-CE-21-5D00010722-CSA PWSID: 2017000 The Public Water system indicated above hereby affirms that public notice has been provided to consumers in accordance with 310 CMR 22.16 including: delivery, content, format requirements, notification deadlines and that the Public Water system will meet future requirements for notifying new billing units and new customers of the violation. I certify under penalty of law that I am the person authorized to fill out this form and the information contained herein is true, accurate and complete to the best of my knowledge and belief. Auburn News on July 23, 2021 Notice Distributed by: \_ [Delivery Method] [Date] 7/13/21 Notice Distributed by: [Delivery Method] [Date] Signature of Responsible Party



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\$310,000, 31 Meadow St, RLR 31 NT, and Robertson, Richard H, to Napoli, Chanel, and Gooch, Daquan.

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\$255,000, 236 Prospect St, Brown, Donald W, to Brown, Christopher.



News, really close to home

## Selectmen discuss possible change in town hall hours

BY JASON BLEAU **CORRESPONDENT** 

CHARLTON - The Charlton Board of Selectmen is beginning the process of reassessing town hall hours following recent complaints from citizens.

Currently the town hall is operational only four days a week, 7:30 a.m. until 5 p.m. Mondays, Wednesdays and Thursdays and 7:30 a.m. until 7 p.m. on Tuesdays according to the town website. The building is closed on Fridays, and when a holiday falls on a Saturday, it is recognized with a closure on Thursdays. Selectman Patsy Rydlak initiated a discussion during a Board of Selectmen meeting on June 13 after receiving complains that

a recent weekend holiday led to a Thursday closure that citizens felt was inconvenient and that maybe the town should explore returning to a five-day week.

"Six or seven people must've reached out, and they were pretty upset," Rydlak said. "This discussion comes up I think every couple of years."

The town hall previously had a five-day week but several years ago it was changed to a fourday week as a test trial to see if it would create cost savings. As selectman David Singer pointed out, this was only meant to be a temporary trial where the selectmen would then examine the data and determine if the four-day week was effective from both a cost saving and customer service stand-

"We were supposed to compile data on whether or not there was an actual cost savings to the town by going to the fourday model," Singer said. "It was never meant to be permanent. It was a trial, and we never got the results of the data back."

While it was argued that the discussion should be tabled for a future meeting with the full board present as Selectman Bill Borkowski was not present on June 13, Selectman Rydlak felt it was worth discussion at least in part because the town needs to start gathering data to determine if a change is needed.

"I thought that definitely there should be, between now and the next meeting, actual input (from employees) on why

each department may or may not need a Friday,' said Rydlak. "In my opinion, each of the departments should come to us with a proposal. I've seen this energy savings and all this, it's never there. Company after company, I'm an auditor and I see it all the time. There's not really very much savings on the money part. It's customer service. What are our boards doing for our residents and what hours do those particular residents need?"

Town Administrator Andrew Golas confirmed that holiday closings on Thursdays are typically when the town gets the most push back as recognizing a holiday on Thursday and then normally being closed Fridays adds an extra day that citizens have to wait to do business.

"Those are comments that I hear too, and I think it's something that we can better address," Golas said. "One policy that we were already looking at moving forward, with support of the board, was that when a holiday does fall on a Saturday that that's no longer a Thursday closing, that's a flexible holiday at that point so that way town hall remains open on Thursday, and we don't have that negative impact.'

Golas further added that Fridays would usually be the busiest around tax collection time and that making drastic changes to the town hall schedule might not sit well with some employees due to the amount of turnover since the fourday week was implemented as individuals may have adjusted their lives or taken the jobs with the four-day week in mind.

When the discussion wrapped up selectmen agreed to pursue data to determine whether or not returning to a fiveday week would be the best option and even explore the possibility of a public hearing to get citizen input on the matter. It was also recommended that data be collected on what online resources were available and whether or not adding more awareness of those options could help citizens who can't access the town hall on a Friday or a holiday.

## Fairy tale characters come to life at Old Sturbridge Village

**STURBRIDGE** 

Beginning Aug. 12 and Thursday running through Sunday for the following two weekends, Old Sturbridge Village, the oldest living history museum in New England, will host the live performance Fairy Tale Farm. With a map in hand, guests will have the freedom to explore every inch of the Village as the sun goes down. Characters they thought they've known since childhood face problems in the modern-day.

Guests will walk the Village to various buildings that become the stage for each performance. Characters step out of their "homes" for

the first time since the pandemic and are faced with real-world, grownup issues;

Pinocchio is a former child star coming to terms with his life as a "real boy."

Recently awakened Beauty (formerly sleeping) is a princess-turned-Instagram

Little Red's once-devoured grandmother, Granny Lil, is back and feisty as ever.

Goldilocks (who is newly engaged to Baby Bear) is an ambitious young tech entrepreneur launching her new prod-

A third little pig named Vincent whose

rational thinking has kept him alive.

Hansel. who's determined to get in shape post-pandemic, and Gretel, who'd prefer to stay in quarantine.

The cast will include Laura Rocklyn Goldilocks, who is newly engaged to Baby Bear. Bryce Crumlish plays an opinionated third little pig named Vincent. Sleeping Beauty – who has recently awakened in 2021 – is now an Instagram celebrity with many questions and is played by Jade Genga. Alexander Demetrius (Defending Jacob, Love, Weddings & Other Disasters, Something Wonderful and Doubt. Host of "Puerto Ricans on the Rise") is "realboy" Pinocchio, adulting for the first time. The actors also play the roles of Granny Lil, Hansel, Gretel, and Baby Bear, respectively.

Fairy Tale Farm at Old beginning July 7): \$15.

Sturbridge Village will also feature music by Worcester-based Gracie Day, whose mixture of rock and soul is "influenced by her parents' music of the '60s and "70s" will help bring the "enchanted" Village to

Come spend a night outdoors watching the sun go down and being entertained in the Village in a new way. Activities and games for kids, food, drinks, and fresh air for

Tickets go on sale July 1 to members, July 6 to the general public, and will be available through the Old Sturbridge Village Museum Web site. Ticket pricing is Member adult early bird (June 30 – July 6): \$15, Member youth early bird (Ages four 17) (June 30 - July 6): \$10, Adult (member and starting non-member July 7): \$20, Youth (member and non-member

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## Deirdre Legasey makes Goodwin Dean's List for Spring 2021

EAST HARTFORD, Conn. — Deirdre Legasey has earned a spot on the Goodwin University Dean's List for Spring 2021. Deirdre, a student from Auburn, is one of 1,014 students to make the Dean's List, reserved for those who

demonstrate great academic performance.

Dean's List inclusion requires a student to earn a minimum 3.5 GPA, the equivalent of an A- average, during a given academic session. The student must also be enrolled in a minimum of six academic credits to qualify. Goodwin University congratulates Deirdre on making the Dean's List and demonstrating such a high standard of excellence in the classroom and beyond!

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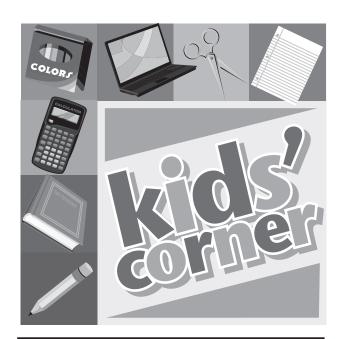
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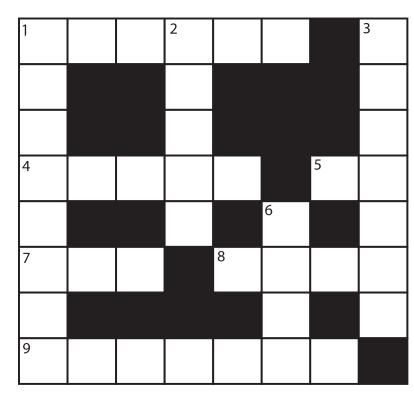
GRILLED CAN REDUCE THE FORMATION

OF CANCER-CAUSING CHEMICALS

FROM FLAME-LICKED FOODS.

ANSWER: TRUE

## **Crossword Puzzle**



#### **ACROSS**

- 1. Metal frames on a grill
- 4. Cup-shaped spoon
- 5. Midwestern state (abbr.)
- 7. Writing fluid
- 8. Venison
- 9. Comes together

## **DOWN**

1. Grilling 2. Table 3. Poultry 6. Fear

1. Grates 4. Ladle 5. IL 7. Ink 8. Deer

- 1. Cooking food over a flame
- 2. Place to eat a meal
- 3. Chicken or turkey
- 6. Unpleasant emotion

UMOM

Across

:SIOMSUY

9. Gathers



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## **CHAR**

partially burn to blacken the surface

# Tom than

**ENGLISH:** Grill

SPANISH: Parrilla

ITALIAN: Griglia

FRENCH: Gril

**GERMAN:** Grill



GRILLING COOKS FOOD DIRECTLY

OVER HEAT, WHILE

BARBECUING USES

HEAT THROUGH

CONVECTION OF HOT AIR.

GRILLING IS FAST WHILE

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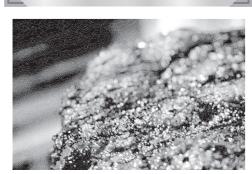
Answers: A. swings

B. sports

 $\mathcal{C}$ 

D. trails





Can you guess what the bigger picture is?

YNƏMEK: GKILLED STEAK

## $\odot$ \*\* $\succeq$ $\odot$ \* $\sim$ $\bullet$ $\circ$ $\diamond$ \* $\diamond$ \* $\leftrightarrow$ \* $\leftrightarrow$ \* $\bullet$ \*

## CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to parks.

Each number corresponds to a letter.

(Hint: 12 = S)

A. 12 5 8 16 20 12

Clue: Schoolyard ride

B. 12 14 11 3 22 12

Clue: Team play

C. 22 3 9 9 12

Clue: Plant with a trunk

D. 22 3 2 8 15 12

Clue: Walking paths

## SUDOKU

							6	
	1	5		2		3	4	
		8			4		1	
	2		6	4		5	9	
3				8		4		
			9			2		
	3				6			
	7		1		8			
				9	7			

Numbers

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## Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Þ	3	ŀ	L	6	2	9	8	G
6	G	9	8	ε	ŀ	2	Z	Þ
L	2	8	9	9	Þ	1	ε	6
9	8	2	3	Z	6	Þ	9	L
ŀ	Z	Þ	S	8	9	6	9	ε
3	6	G	L	7	9	Z	2	8
G	ŀ	Z	†	9	3	8	6	2
8	Þ	ε	6	2	Z	G	ŀ	9
2	9	6	G	ŀ	8	3	Þ	L

ANSWER:

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## OPINION/COMMENTARY



A Stonebridge Press Weekly Newspaper 25 Elm Street, Southbridge MA 01550 Tel. (508) 764-4325 • Fax (508) 764-8015 www.StonebridgePress.com

Frank G. Chilinski STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

## BRENDAN BERUBE Summer is a great time to manage stress

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before Old Man Winter heads back into the neighborhood. Many people who suffer from "burnout" welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren't enough.

With the go, go, go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers.

If work is taking its toll on you, you may need to make some changes there. Experts say that oftentimes, simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out.

Managing stress properly is huge; however, not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn't enough time to truly combat burnout. If you are at a severe risk of burning out say to stop working for at least two weeks and cut yourself off completely from the office. According to those in the know, they say most employers will understand that this break will result in a better employee after they return. If two weeks isn't in the cards, at least take one day a week to yourself with no phone calls, no emails or anything work

Finding a release is imperative, whether it's going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability.

Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We're not sure, but we do believe the Red Bull trend has settled

Switch things up by asking for different responsibilities. When things get mundane, they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary, and you need to protect it.

Oftentimes, people take better care of their vehicles then they do themselves. To keep a car running smoothly, you need to upkeep with maintenance, use top of the line fuel and keep the miles

In the book "Don't Sweat the Small Stuff, and It's All Small Stuff" by Richard Carlson, he talks about how when you die, your 'In Basket' won't be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full 'In Basket' means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It's one thing to read tips, and take advice from others, but it's another thing to remember what you've read, and to put those words into action.

## After the rain

It did not take long for fishing to improve on saltwater after all of the rain we had already in the month of July. Freshwater fishing took a little longer to improve in rivers and streams overall, but many felt that lake and pond fishing remained pretty steady. Last week, another wave of stripers provided some exciting fishing at the canal, with numerous large stripers being caught and released. The following day, the cabal was dead quiet. This writer fished Westport River last week in the thick fog, but managed to catch numerous species of fish, of which most were undersize. Schools of stripers were everywhere in the river, with all stripers just under the legal size of 28 inches. It was still fun catching the stripers on surface poppers.

Last week, my brother Ken caught a nice striper, showing the popper plug still in his mouth. A quick release had the fish on his way to grow a few more inches. Maybe next year. They were feeding on the large schools of bait fish. The fluke were also short a few inches. One good size bluefish hit my brothers surface popper, giving him a good fight on his light fishing rod. The thick fog kept us fishing mostly in the river, but one angler did go outside the river and reportedly caught his limit of fluke. As he was speaking to us in the parking lot, a lone seagull had a meal on his bait that was left near the back of his boat. I am sure this bird has done it



THE GREAT OUTDOORS RALPH TRUE

before, and waits until the angler leaves the boat to get his car & trailer. It was not long before the thief landed in my boat, and was feeding on the scraps of bait that was left over from our day of fishing.

Over the years, Mass. Fish & Wildlife has been building boat ramps around the state's coastal waters with sportsmen's monies. Many are turned over to the towns to monitor and clean the area, and they charge a fee to launch a boat. They also provide portable restrooms for anglers and their families to use. This past week, while visiting the Westport boat launch, we were happy to see a portable facilities set up for anglers and families to

When you are elderly, you need to monitor the boat launch areas that have a porta potty, in case you need one. After launching our boat, I thought it would be a good idea to use the facility before we headed out onto the ocean. Slowly opening the door, I was not ready for what i was seeing. Without going into too much detail, it looked as though it had not been cleaned out in months. I quickly shut the door. Fortunately, my digestive track & bowels remained quiet throughout the fishing trip.

It is outrageous that the town was not monitoring the facility, and to have women and children & the elderly looking for a clean facility prior to boarding their boat for a few hours of pleasure or fishing should not be hard to do! All boat launch areas should have a portable restroom at the sites year-round, and they need to be clean!

A lot of tuna are being caught this year in Massachusetts waters! The tuna are providing a lot of action 20 miles south of Block Island. Seabass & Fluke are still biting, but you need to be patient and fish numerous areas to catch them. There are still a lot of throwback fluke because of their size.

The outrageous wildfires in the West are still calming lives and burning thousands of acres daily, along with more than three billion wild animals being lost. This past week, Germany had some of the worst flooding in their history and other countries are also feeling the effects of climate change. The constant rain in our area needs to stop soon or farmers will see a large loss in their crops, resulting in higher prices at the store for consumers. Global warming!

This year especially, I have noticed a big drop in small frog populations on my daily walk & bike rides. Normally, after a rain storm, I would notice a lot of dead frogs in roadways. In the last few years, I have seen very few.

my side, but as I've written

many times before, there

are a few diagnosis that a

positive fight cannot over-

come. It appears my battle

with stomach cancer is one

of them. So, this is my last

letter to you in the form

of my column, Positively

# The right emotions can be useful in investing



FINANCIAL Focus **DENNIS** 

**ANTONOPOULOS** 

You may have heard that it's important to take the emotions out of investing. But is this true for all emotions?

Certainly, some emotions can potentially harm your investment success. Consider fear. If the financial markets are going through a down period - which is actually a normal part of the investment landscape - you might be so afraid of sustaining losses that you sell even the investments that have good prospects and are suitable for your needs.

Greed is another negative emotion. When the financial markets are rising, you might be so motivated to "cash in" on some big gains that you will keep purchasing investments that might already be overpriced – and since these investments are already expensive, your dollars will buy fewer shares.

In short, the combination of fear and greed could cause you trouble.

But other emotions may prove useful. For example, if you can channel the joy you'll feel upon achieving your investment goals, you may be more motivated to stay on track toward achieving them. To illustrate: You may want to see your children graduate from college someday. Can you visualize them walking across the stage, diplomas in hand? If so, to help realize this goal, you might find yourself ready and willing to contribute to a college savings vehicle, such as a 529 plan. Or consider your own retirement: Can you see yourself traveling or pursuing your hobbies or taking part in whatever activities you've envisioned for your retirement lifestyle? If you can keep this happy picture in mind, you may find it easier to maintain the discipline needed to consistently invest in your IRA, 401(k) or other investment accounts.

Another motivating force is the most powerful emotion of all – love. If you have loved ones who depend on you, such as a spouse and children, you need to protect their future. One key element of this protection is the life insurance necessary to take care of your family's needs - housing, education and so on – should something happen to you. Your employer may offer group life insurance coverage, but it might not be sufficient, so you may want to supplement it with your own policy.

Furthermore, you may need to protect your loved ones from another threat - your own vulnerability to the need for longterm care. Someone turning age 65 today has almost a 70 percent chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services. This type of care, such as an extended nursing home stay or the help of a home health aide, is extremely expensive, and, for the most part, is outside the reach of Medicare. So, to pay for long-term care, you might have to drain a good part of your resources - or depend on your grown children for financial help.

To keep your financial independence and avoid possibly burdening your family, you may want to consult with a financial professional who can recommend a strategy and appropriate solutions to cover long-term care costs.

By drawing on positive emotions, you can empower yourself to make the right financial moves throughout your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@ edwardjones.com.

## **Positively Speaking**

Editor's note: Following is the final column written by Gary Moore, who succumbed to his illness and passed away last Wednesday evening, July 14. His family is grateful for the tremendous outpouring of support he received from readers during his final months, and

his son Toby has promised to attempt to Speaking. continue the Positively Speaking column *in his honor.* 

"He died full of light, love and grati-tude," Toby writes. "Although he was in great pain, he kept his sense of humor, and he kept his joy. He was a model of how to live, and how to die. I will forever try to be

I've led a blessed and full life ... a big life. I've been fortunate in more ways than I can count, and I'm grateful for the many ways I've been blessed.

I think of you as a beautiful blessing in my life. The privilege to write to you every week has been an honor. So many of you have written me about my columns, and I've been grateful for each word. I've had the privilege to meet some. but for most, our relationship is through this column. That has not hindered the friendship I feel and my gratitude for you.

If you are a regular reader of my column, you know I was diagnosed with Stage 4 Gastric Cancer in mid-February 2020 and given nine to 12 months to live. Along with my incredible Oncologist, Dr. Pashtoon M. Kasi, at the Holden Comprehensive Cancer Center at the University of Iowa, we have fought this cancer with everything we have. It has at times been a fun battle with Dr. Kasi at

Positively SPEAKING

GARY W. MOORE

To this newspaper, Managing Editor and Publisher, I want to thank you from the bottom of my heart for the privilege of serving you and your readers. The fact you believe, as I do, that positive, uplifting, and encouraging content are essential for your community speaks volumes about you. Thank you for publishing my weekly column.

I've penned this column in anticipation of the day I can no longer write to you. I have passed the torch to my son, Toby Moore, a writer, actor, CEO, and now a columnist. Toby has instructions to send this column for publication upon

So thank you for reading Positively Speaking. I hope you continue. I pray that my words have made a difference and positively impacted your life. I encourage you to be the light in the darkness.

So, here is where it comes to an end. May God bless you and yours. I wish you nothing but happiness and joy.

Warmest and kindest regards,

From your optimistic friend,

Gary

## **LETTERS**

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We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

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Or e-mail your letters to the editor at news@stonebridgepress.

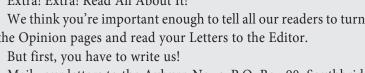
with a phone number, so we can verify the letter is yours. We don't have a set limit, but if you keep it around 600 words or so, you're going

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead

So, what are you waiting for? Start writing!





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**DUDLEY** - 10 Camelot Circle 9 Rm, 4 Bdrm, 2.5 Bath, 2,520' Center Hall Colonial featuring an In-Ground Pool on a 28,131 Lot! Tile Entry Foyer w Guest Closet! SS Applianced Granite Kit w/Breakfast Bar, Spacious Dining Area, Tile Fir, Pantry Closet, Recessed & Pendant Lighting! Formal Din Rm w/Hrdwd Fir & Chair Raill Formal Liv Rm w/Crown Molding! 13.6X27' Fam Rm w/Fireplace w/Wood Pellet Insert, Soaring Cathedral Ceiling, Ceiling Fans & Skylight! Half Bath! 3 Season Porch! 1st Fir Laundry! The 2nd Floor w4 Bdrms! Spacious Master wWalk-in Closet & Full Bath w/Dble Granite Vanity! Full Hall Bath w/Dble Vanity! C/Air & Vac! 2 Car Garage! Fire Pit! Many Updates! Original Owner — Pride of Ownership! **\$509,900.00** 



WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rooms, 6 Bedrooms, 4 Bathrooms, 3.269' A/C'd Colonial! Custom SS Applianced Granite Kitchen! Formal Dining Rm w/Cherry Hardwoods! Lake Facing Living Rm w/Cathedrals, Cherry Hardwoods! Slider to Waterfront Deck! Spacious 1st Flr Master Bedroom w/Full Bath, Cherry Hardwoods & Walk-in Closet! Fireplaced Lower Level Family Rm! 1st & 2nd Floor Laundries! 2 Car Garage! \$979,900.00



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WEBSTER LAKE - 305 Beacon Park! Lake View 1,280' 5 Rm Townhouse - 10 Acres Park Like Grounds w/Panoramic Lake Views! Yr Round Living or as 2nd Home - Summers on the Lake - Winters in Florida! Move-in Condition! Applianced Kit! Din Rm w/Slider to the Composite Deck! Frplc Liv Rm w/Wall to Wall Carpeting & French Dr to the Deck! Updated Half Bath! Spacious Master w/Wall of Closets & Full Bath w/Recent Sky Light! 2nd Bedroom w/Wall to Wall Carpeting & Full Bath just outside its Door! 2 Bdrms & 2.5 Updated Baths! Garage w/Opener! Lakeside Heated Pool & One of the Best Sandy Beaches on the Lake! Canoe Rack! Rented Boat Dock through 2022, Longer Possible! Great Fireworks Viewing! \$335,000.00



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WEBSTER LAKE - 504 Treasure Island! 6 Room Townhouse Overlooking the Pool! 1,874 Sq Ft! Stainless Steel Applianced Granite Kitchen! Open Floor Plan! Dining Room - Full Mirrored Wall - Sliders to the Trex Deck! 2 Bedrooms! Master Bath! 2.5 Baths! Fireplaced Family Room! Garage! Central Air! Gas Heat! CVac! 2 BOAT SLIPS! Sandy Beach! Complex Recent Siding & Roof! \$389,900.00



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FEATURED NEW LISTING - WEBSTER - 22 ELAINE STREET



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ABOVE AVERAGE~TOP NOTCH~HIGH QUALITY~TWO FAMILY! SPACIOUS, CLEAN, UPDATED & EXTREMELY WELL MAINTAINED! Apt# 2 - 1,536 SF+- & 3 BRs on the 2nd FIr. Apt# 1 - 1,290 SF+ & 2 BRs on the 1st floor. Perfect setup for the INLAWS or MORTGAGE HELPERS. 1st Flr. HWBB By Oil. 2nd Flr ant. HWBB

by natural gas. Spacious Rooms, High Ceilings, impeccable hardwood flrs & solid doors. granite tops, laundry hookups in ea. unit. Incredible Common Areas to Enjoy like the L-Shaped Covered Farmers Porch! Level Lot!

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Location! Scenic Upper Gore! "BIRDS EYE VIEW" of Webster Lake! Spacious Tr-Level. 2,279 sf., 4 BRS,1 full Bath, 2 half baths. Inground pool. 2 Car Garage



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3 Full baths, one Half bath. Stone fireplace. 2236 Sq. Ft. living area. Walk up attic. 2 car garage. Heated by Natural Gas, Town Water.

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WEBSTER LAKE! Treasure Island Townhouse! UNIT# 401 end unit. Year round enjoyment! Quiet summers on big & beautiful Webster Lake! 6 Rooms Applianced Kitchen. Open

Floor Plan! Dining Area. Hardwood Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to Deck & Slider to the Patio! Central Air! Central Vac! Very efficient natural gas heat & hot Water! 2 Boat Slips D10 & D11 in the Private Marina. Heated Pool! Natural Sandy Beach! \$439,000.

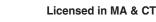


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## **NEW LISTING**



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**8 Property REO AUCTION** 

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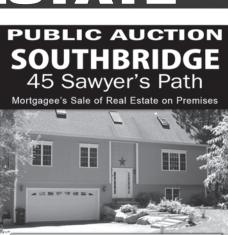
Burlington, CT: Home Under Renovation Simsbury, CT: 2.4± Acres Land

THURSDAY, AUGUST 5 Johnston, RI: Comm./Office with 3 Apartments

Millville, MA: 32.5± Acres Land Manning

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TUESDAY, JULY 27 @ 2:00 PM his 4 BR Custom Cape features 2.5 baths, 1st level

master, walkout bsmnt, 2-car garage, vinyl siding. 1+ acre lot on dead end street. TERMS: A \$5,000 deposit shall be paid in cash or bank cashier's check by the purchaser at the time and place of sale. The balance to be paid within 30 days. Other terms to be announced at the sale.



## Gianna Grici named to Montclair State University's Dean's List

MONTCLAIR, N.J. — Gianna Grici of Auburn was named to Montclair State University's Spring 2021 Dean's List. Grici is a/n Dance major.

Grici was among almost 6,000 students named to the Spring 2021 Dean's List. To

qualify, students must earn a GPA of 3.5 or higher.

Montclair State University is a research doctoral institution ranked in the top tier of national universities. Building on a distinguished history dating back to 1908, the University today has 11 colleges and schools that serve 21,000 undergraduate and graduate students with more than 300 doctoral, master's and baccalaureate programs. Situated on a beautiful, 252-acre suburban campus just 12 miles from New York City, Montclair State delivers the instructional and research resources of a large public university in a supportive, sophisticated and diverse academic environment.

## Selectmen support feasibility study to join Webster dispatch

**CORRESPONDENT** 

CHARLTON -The Charlton Board Selectmen has given the Town Administrator permission to pursue a study exploring the feasibility of the town joining in on Webster's regional dispatch center.

Housed in the Webster Police Department, the Southern Worcester County Communications Center is a regional dispatch center serving both Webster and neighboring Dudley who struck an agreement in 2013 to direct emergency communications for both towns through Webster. Seven years later Webster is exploring adding other

towns to the center's coverage area including Charlton. Charlton had shown interest in joining the dispatch center as far back as 2014.

On June 13, Town Administrator Andrew Golas discussed the idea with selectmen revealing that a study has been proposed that would explore whether or not several towns should take Webster's offer.

"State 911 has offered to fund a feasibility study to review the potential of this partnership and what would be required to meet the needs of each town," said Golas.

Town Administrator added that he had spoken with Charlton Police Chief Daniel Dowd who sup-

Selectmen showed support for the study especially considering it comes at no cost to the town. However. Selectman David Singer everyone approach the idea with caution especially with multiple towns involved.

"I certainly would pursue it and see where we are today, but just move forward slowly and understand that it may or may not go as planned," Singer said.

The board voted unanimously in favor of approving the study with Selectmen Bill Borowski absent from the June 13 meeting. Sturbridge must also agree to the study as well before it can move forward.

## Seven Hills Foundation announces partnership agreement with IDD Organization in Puerto Rico

Foundation Instituto Psicopedagogogical de Puerto Rico (IPPR) announced the signing of an agreement to promote the advancement of community-based residential supports for children and adults with developmental challenges on the Island.

Seven Hills President Dr. David A. Jordan and IPPR CEO Jorge Garcia-Ortiz made the joint announcement expressing "their Partnership Agreement is mutually beneficial to both our organizations and IPPR looks to Seven Hills in providing the technical skills required to establish a spectrum of community-based residential options in Puerto Rico and Seven Hills looks to IPPR in cultivating a cadre of trained DSP's and clinicians supporting Seven Hills' activities in Massachusetts and Rhode Island. This is truly a win-win for both organizations.'

The Piscopedagogical Insititute of Puerto Rico is a private non-profit organization that for more than 65 years has offered integrated and specialized services to people with Intellectual Disabilities, including young people, adults, and the elderly. These integrated services include housing, food, nutrition. clinical, habilitative, educational, and recreation services, among others. http://www.ipprpr.org/

noticias.html.

Headquartered Worcester, Massachusetts, the Seven Hills Foundation is a comprehensive health and human services network currently offering program sites at 190 locations throughout Massachusetts and Rhode Island employing nearly 4,600 professionals. Seven Hills Foundation offers a continuum of clinical, educational, and community-based supports to 60,000 children, adults and seniors with disabilities and other life challenges through its 14 affiliate organizations that are part of the

## Deirdre Legasey named to Goodwin University's President's List

EAST HARTFORD, Conn. — Deirdre Legasey of Auburn earned a place on Goodwin University's President's List for the Spring 2021 Session. The Spring 2021 President's List includes 411 students, all of whom scored a perfect 4.0 GPA.

Goodwin University in East Hartford, Conn., is an innovative learning community that empowers hard-working students to become sought-after employees. We tailor our programs to address the needs of employers, and we shape them to fit the lives of students. Classes are conveniently offered year-round - days, evenings, weekends, and online. Degrees may be flexibly layered across certificate, associate, bachelor's, and master's programs in a variety of in-demand fields. Better still, we surround our students with the personal support and the professional guidance they need - not just to earn degrees, but to change lives for themselves, their families, and their communities. For more information, please visit www.goodwin.edu.



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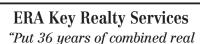




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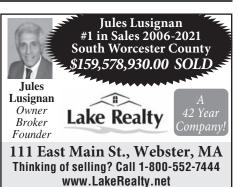
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## Summer harvest and care of raspberries

Easy care raspberries are high in fiber and Vitamin C, making them a healthy snack as well as delicious in jams, jellies, and desserts. Enjoy the best flavor and reduce pest problems with proper harvesting and summer care.

raspberries Pick when the fruit is firm but soft, deeply colored, and easily slides off the hard core. Check your raspberry patch and harvest every few days to avoid overripe fruit that attracts picnic beetles and other pests. Consider wearing long

pants and a long sleeve shirt for protec-

tion against the thorns and mosquitoes. Place berries in shallow containers when harvesting and storing to avoid crushing the delicate fruit. Chill any uneaten berries within two hours of harvesting to preserve the freshness and flavor. Wait to wash berries until right before use to further lengthen

their storage life. Once the summer harvest is complete, it is time to do a bit of pruning. Remove the canes that bore the summer fruit back to ground level. These canes will not form fruit in future years. Removing them now gives new canes room to grow and reduces the risk of

GARDEN MOMENTS

> MELINDA **MYERS**

This is also a good time to check all canes for signs of disease problems. Look for sunken and discolored areas, cankers, and spotted, yellow or brown leaves. These symptoms along with dry crumbly fruit are

clues disease, like anthracnose and spur blight have moved into your raspberry patch. Remove and destroy diseased canes to ground level as soon as they are found. This is often enough to manage these diseases.

Summer is also a good time to thin the remaining canes on summer bearing raspberries. Remove weak or damaged canes, leaving three or four of the sturdiest per foot of row or six or eight stems per hill when growing in the hill

Wait until next spring to reduce the height of the remaining canes. At that time, you can determine winter dieback and damage and prune accordingly.

Fall bearing raspberries are handled a bit differently. Prune them like the summer bearing raspberries to harvest two crops in one season. Often called everbearing, these produce a summer crop on second year canes and fall crop on first year canes.

Make pruning easier and benefit from an earlier, larger fall harvest by managing fall bearing raspberries with one pruning. Cut or mow all the canes to ground level once the plants are dormant and before growth begins in spring. This pruning technique eliminates the summer crop but is much easier, less time consuming, and eliminates any animal and winter damage in just one cut.

Consider planting a summer and a fall bearing raspberry patch to maximize the harvest. You'll enjoy summer raspberries from one planting plus a larger, earlier harvest from your fall bearing raspberries when pruning all the canes to ground level each year.

Grab your favorite berry harvest basket, dress appropriately and head to your raspberry patch. With every bite of fresh-from-the-garden raspberry or homemade raspberry treat you will be glad you took the time to plant, tend and harvest your own.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicat-



Melinda Myers

Raspberries are ready to pick when the fruit is firm but soft, deeply colored, and easily slides off the hard core.

ed Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www. MelindaMyers.com.

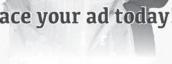
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Interested candidates should send a letter of interest, resume, and three recent letters of recommendation to: Jeffrey Kollett, Facilities Manager, 21 Davis Street, Douglas, MA 01516

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The Douglas Public Schools is committed to maintaining a work and learning environment free from discrimination on the basis of race, color, religion, national origin, pregnancy, gender identity, sexual orientation, marital/ civil union status, ancestry, place of birth, age, citizenship status, veteran status, political affiliation, genetic information or disability, as defined and required by state and federal laws. Additionally, we prohibit retaliation against individuals who oppose such discrimination and harassment or who participate in an equal opportunity

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## Town of Charlton - Animal Control Officer/Barn Inspector

The Town of Charlton seeks to fill a FT (40hr) benefited position for an Animal Control Officer/Barn Inspector. Must have knowledge of State and local law regulations related to Animal Control; Must have 3 years of experience with animal care and control. Must be able to obtain ACO certification. Hours vary depending on needs. Salary range \$43,555.20 - \$49,275.20 yearly depending on qualifications.

To apply for the position or to see a full job description go to https://www.townofcharlton.net/158/human-resources. Applications must be received by July 24,2021.

The position will remain open until filled. The Town of Charlton is an equal opportunity employer and encourages diversity.

TOWN OF BROOKFIELD ADMINISTRATIVE ASSISTANT

The Town of Brookfield Highway Department seeks an Administrative Assistant (24 hours/week). The administrative assistant performs highly skilled administrative and clerical duties to coordinate the administrative activities of the

department in an effective and efficient manner. Position requires excellent communication skills both oral and written. Must be able to deal tactfully, courteously and professionally with residents, town officials, industry professionals and highway department personnel. The ability to multi task while remaining organized and detail oriented is very important. Must have working knowledge of Open Meeting Law, Public Records Law, State Ethics Law and Public Procurement Laws.

High school diploma and 3-5 years of relevant office administration in a municipal setting are required.

Please see job description (available on www.brookfieldma.us) for a list of qualifications and responsibilities. We offer competitive wages and benefits.

Submit cover letter and resume to the Brookfield Highway Department, 56 Mill St. Brookfield, MA 01506

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## Summer Lawn Tips

If the grass is always greener on the other side of the fence - it may be time to review the basics of lawn care.

A beautiful lawn is worth the effort. And properly groomed grass doesn't offer only aesthetic benefits. An average sized lawn creates

enough oxygen to meet the needs of a family of four every day, is a natural provider for our ecosystem, and can boost property value by nearly ten percent! Need another reason invest time and energy into your lawn? Ponder this: The front lawns of a block of eight average houses have the cooling effect of about 70 tons of air conditioning-enough to cool 16 average houses. On a hot summer day, grass can be 10 to 14 degrees cooler than exposed soil and as much as 30 degrees cooler than concrete or asphalt. And it also provides oxygen. A 50' x 50' well-maintained grass area will create enough oxygen to meet the needs of a family of four every day.

Watering Your Way to a Lush Lawn When and how much you water your lawn can determine lawn success. If you subscribe to the old rule of thumb of watering for a short time each day, you may want to rethink your strategy. Lawn experts claim a healthy lawn with a good root system doesn't require watering more than one to three times per week. The bottom line? Your lawn needs about an inch of water once every seven to 10 days to grow strong roots.

Still not convinced when it comes to watering less is more? Keep in mind frequent shallow watering leads to shallow root growth because roots only grow where the soil is moist. Shallow root growth can make a lawn more susceptible to heat stress and drought damage. On the other hand, if you water too much and saturate the lawn, you run the risk of suffocating grass roots. In saturated soil, deep roots can't get air and die. The only roots that survive will be those near the surface.

Your goal in irrigating should be to wet the soil where the grass roots are growing, no more and no less. To achieve this, experts advise wetting the top six inches of the soil thoroughly. To gauge how long you should run your sprinkler to achieve the six inch mark, place a few tin cans around the yard and run the sprinkler for a set amount of time. Then measure the accumulation to figure out how long it will take to equal six inches.

Despite the best intentions, watering a lawn thoroughly enough to wet the soil at least six inches deep is often TAKE THE HINT

**KAREN TRAINOR** 

easier said than done. Most sprinkler systems apply water much faster than the soil can absorb it. As a result the water just runs off, especially if you have a sloped landscape. To control runoff, take periodic pauses in watering by turning off

the sprinklers to allow the water to seep in.

Compacted soil is another cause of water runoff. Soil compaction also restricts air, water and nutrient entry and slows root development. Remedy this by aerating the soil. Keep in mind lawns with deep roots can be watered less often than lawns with shallow root systems.

Also, let the weather work for you. Keep a rain gauge to determine how often you will need to water your lawn. For example, if it rains an inch, you can skip watering until next week!

Water at the Right Time of the Day

Early morning is by far the best time for watering lawns. For optimum efficiency and success, try to water in the wee morning hours. The high humidity and morning dew adds to the moisture quota, and evaporation of the water is lessened during this time. If you cannot water in the morning, irrigate after sunset. But remember, early morning watering helps to prevent lawn diseases that can be caused by watering at night because it gives your lawn time to dry by night fall.

Mowing Minders

Experts say a common mowing mistake is cutting your grass too short, particular for cool season grasses. Higher heights usually provide for a deeper root system, looks better, and is less likely to have weeds invading, particularly crabgrass.

Lawn pros advise adjusting your blade so that you never remove any more than one third of the grass leaf at any one cutting. By doing so, you can safely leave clippings that will quickly decompose and add valuable nutrients back into the soil.

The direction you mow your lawn is also important. For best results, your lawn in a different direction with each mowing... Altering the direction gives you an even cut and will prevent your grass growing in a set pattern.

To ensure a good cut, make sure vour lawn mower blade is sharp, which may translate into sharpening it at least three times during mowing

Want to up your odds of a lush lawn? Try mowing during the moon phases. Here's how: If you want your lawn to grow, mow it during new or first quarter moon. If you want your lawn to grow more slowly, mow it during a full or last quarter moon.

#### Lawn Statistics

That patch of backyard grass is much more beneficial than you think. Consider these lawn statistics:

\*Healthy, dense lawns absorb rainfall six times more effectively than a wheat field, four times better than a hay field, and prevents runoff and erosion of our precious top soil. It also traps much of the estimated 12 million tons of dust and dirt released into the US atmosphere annually. Lawns also purify water entering into underground aquifers-its root mass and soil microbes act as a filter to capture and breakdown many types of pollutants.

\*Increases real estate market value and salability. A Gallup Survey reported 62% of all US homeowners felt investment in lawns and landscaping was as good or better than other home improvements. The investment recovery rate is 100-200% for landscape improvement, compared to a deck or patio that will recover 40-70% of installation cost. Proper and well maintained landscaping adds 15% to a home's value according to buyers.

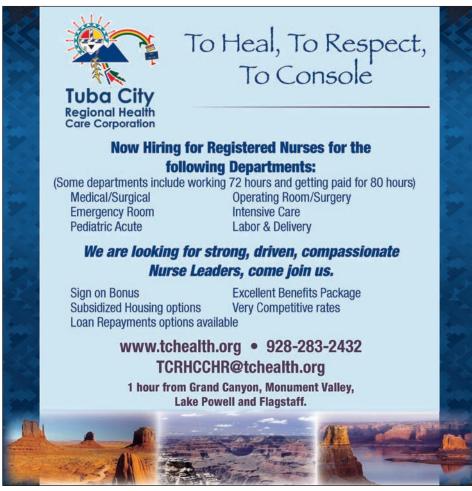
\*Recovery rates among hospitalized patients are often quicker when their rooms view a landscaped area compared to patients with non-landscaped

\*Playing fields covered with dense turf have proven safer, as demonstrated by a simple egg drop test. When a dozen raw eggs were dropped from a height of 11 feet onto a two-inch thick piece of dense turf, none broke; two thirds broke on thin turf from that height, and from just 18 inches, all broke on an all-weather track.

Win Dinner for Two at the Publick House – Contest has resumed!

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!. C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.











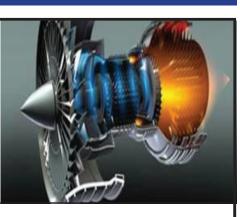
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