



Free by request to residents of Sturbridge, Brimfield, Holland and Wales

SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS

Friday, February 26, 2021

Wintry weather creates headaches on area roads

REGION – A wintry week in mid-February delivered plenty of headaches on the roads, bookended by an ice storm and a snow event.

Last week began with an ice storm on Feb. 15, causing several accidents and sporadic power outages. Local highway departments were kept busy throughout the night, going through multiple rounds of salting on roadways.

“The Highway Department has salted every road in town twice, and still there is significant ice build-up,” informed the Leicester Police Department at the height of the storm. “Untreated surfaces such as walkways and driveways are more like skating rinks.”

In Spencer, first responders provided assistance after a vehicle crashed into a utility pole on Route 31. No serious injuries were reported.

Meanwhile, a driver in Brimfield escaped serious injuries after striking a tree.

The week wrapped up with a snowstorm on Feb. 18-19, dumping several inches across the area.

Courtesy

(Left) A car struck a tree in Brimfield during a wintry mid-February week. No injuries were reported.



Random acts of kindness

Hearts of Bay Path PN students on display

CHARLTON — According to research, “spreading kindness not only helps others feel better about themselves -- it can also boost the giver’s health and happiness.” Feb. 17, the National Random Act of Kindness Day was celebrated by the Practical Nursing Class of 2021 at Bay Path Practical Nursing Academy by displaying their “RAktivism” or being a “Random Acts of Kindness Activist.”

Gretheline Bolandrina, MSN Ed, RN, CRRN Academy Director, is grateful for the PN Class of 2021 and their kind gestures. She strongly believes in kindness’ many health benefits such as lower blood pressure, pain reduction, happiness, and the ultimate “helpers’ high.”

“Our student nurses are making the world a better place,” she said. “Any act of kindness, no matter how small changes the world, and any kindness given to others is also a gift to yourself.”

“A random act of kindness I’ve done a couple of times when I have extra money: at the Dunkin’ Donuts drive-thru, I paid for the orders behind me! Hopefully made someone’s day better!” — Brianna Pincince-Mcleish, SPN of Brookfield

Turn To **KINDNESS**, page **A11**

Mass vaccination center opens at Worcester State

BY KEVIN FLANDERS
STAFF WRITER

REGION – With last week’s opening of a mass vaccination center at Worcester State University, area residents now have a resource much closer to home.

Opened on Feb. 16, the site will operate on Tuesdays through Saturdays (9 a.m. to 5:30 p.m.). Residents who are currently eligible to receive the COVID-19 vaccine can make appointments using the statewide reservation portal.

For university and city officials, it means a lot to help local residents reduce drive times. Previously, hundreds of area seniors had to

drive out to Springfield and wait in long lines at the Eastfield Mall vaccination site.

“As the city of Worcester’s public university, Worcester State takes service to our community to heart,” read a statement released by the university. “We are pleased to host a large-scale vaccination center in the Competition Gym in the Wellness Center to help speed the distribution of the COVID-19 vaccine to Massachusetts residents.”

Officials remind residents that you must schedule a vaccination appointment ahead of time. As of press time, the state was only vac-

Turn To **VACCINATION CENTER**, page **A11**

Rotary donates masks to local organizations

SOUTHBRIDGE — Southbridge Rotary recently distributed 5,000 surgical face masks within the local Southbridge community. The masks were donated to Rotary’s District 7910 by Ted Rossi of the East Hampton, Conn. Rotary club. Mr. Rossi graciously made 90,000 masks available to all of the District’s local clubs for distribution within the local community. Southbridge Rotary jumped on the opportunity to access as many masks as possible to share.

The community partners that Southbridge Rotary provided masks included: Southbridge Police, Southbridge Fire, the United Way of South Central Massachusetts, Southbridge elementary schools, St. John Paul II Food Pantry, and the YMCA’s Sarah and Richard Hardy Child Development Center. In addition to this most recent gift of 5,000 masks



Courtesy

Tobe Gerard presents masks to the YMCA Child Development Center.

and additional 5,000 masks were distributed to Harrington Hospital and Center of Hope earlier in during the summer.

“The Rotary’s mission is service above self. It’s been wonderful to be able to do something in terms of service in these difficult times of



Courtesy

Left to right: Chief Paul Normandin, Southbridge Fire Department; Past President Jim Waddick; President Tobe Gerard and Chief Shane Woodson, Southbridge Police Department.

coronavirus by supplying these needed face masks to services that have direct contact with the public. Being able to make 10,000 masks available to the within the town of Southbridge

will help stop the spread of Covid-19,” said Club President Tobe Gerard.

Rotary Club of Southbridge is a community service, non-profit organization that focuses on club,


vocational, community, international and new generations service. For more information visit the Rotary Club of Southbridge Facebook page (@SouthbridgeRotaryClub).

YOUR
TEETH
MATTER

FEBRUARY IS
NATIONAL CHILDREN'S
DENTAL HEALTH MONTH

Visit one of these Professionals to improve
your family's oral health.

Good dental hygiene is very important to overall good health.



Simple ways to maintain braces

Many adults recall having braces as children. While braces have evolved dramatically over the last few decades, modern braces benefit teeth in much the same ways as those adults recall from their youth.

Braces are often recommended to help straighten crooked teeth, correct misaligned bites and/or address overcrowded teeth. Maintenance is essential to ensure braces are effective and provide long-lasting benefits, and the American Association of Orthodontists offers these tips to protect braces and prevent patients from developing tooth decay

- Avoid certain foods. Hard, sticky, crunchy, or chewy foods should be avoided. Many candies and snacks fit that description, so parents of children with braces and adults with braces of their own should make sure these foods are not readily available around the house. The AAO specifically mentions foods such as caramel, gummies, licorice, jelly beans, and even soft drinks among the foods to avoid when wearing orthodontic braces.
- Be extra cautious around Halloween. The days surrounding Halloween can be an especially difficult time to maintain braces. Candy is everywhere come the end of October, but people with braces must be diligent in avoiding hard-shelled peanut candies and nut-filled candies.
- Brush twice per day, but be careful. The experts at Oral-B® note that careful cleaning is required when wearing braces. Plaque bacteria can be easily trapped inside and around braces, so it's especially important that people with braces carefully brush each day. Removable parts, including elastics, should be removed prior to brushing. Clean each tooth individually in a circular motion, tilting the brush as necessary to reach small front teeth.
- Continue regular visits to your orthodontist as well as your dentist. Regular visits to the orthodontist are required when wearing braces. These visits are necessary so braces can be adjusted and orthodontists can make sure there are no signs of gum disease. But Oral-B® notes that it's just as important to continue visiting the dentist while wearing braces. Dentists can perform routine services designed to protect tooth surfaces from decay while wearing braces, making dental visits a vital component of orthodontic maintenance.
- Orthodontic braces help people have healthy, beautiful smiles. Maintenance while wearing braces is vital to avoid disease and produce a mouthful of pearly whites.



How parents can get kids excited about brushing their teeth



Dental hygiene is an important component of a healthy lifestyle, but it's an element youngsters rarely embrace with open arms. Parents know that getting kids, especially young children, to brush their teeth is not always so easy. In recognition of that, the American Dental Association suggests the following strategies to make brushing teeth something kids will look forward to.

- Make it fun. Brushing teeth may not be considered a fun activity, but who's to say it can't benefit from a little levity? The ADA recommends turning tooth brushing sessions into dance parties and/or sing-alongs. Youngsters might be so busy cutting a rug or listening to mom and dad belt out a few hits that they don't even realize they're cleaning their teeth at the same time. If singing and dancing aren't cutting it, then incorporate

another fun activity, like reading a child his or her favorite story, into daily brushing sessions. The ADA advises adults and children to brush their teeth for two minutes twice a day, so activities need not be too advanced. But a fun activity that allows kids to do something other than brush their teeth can be a great way to help them meet the "two minutes, two times" guideline.

- Reward good behavior. Parents can reward youngsters who brush their teeth without incident by offering praise or allowing them to pick a bedtime book when brushing at night.
- Put kids' favorite characters to work. The ADA notes that many popular children's television shows and books have stories about brushing teeth. Watch these stories with your children, then reference the stories and characters if kids are reluctant to brush their teeth. Parents also can find toothbrushes and/or toothpaste that feature kids' favorite characters to get youngsters more excited to brush.
- Become a storyteller. Parents also can make up their own stories, explaining to kids how they can be superheroes who brush away the bad guys that cause cavities.
- Brush alongside your children. Kids love to mimic their parents, so moms and dads can brush alongside their youngsters in the hopes they'll follow suit.

Many children may never jump at the chance to brush their teeth. But parents can employ a few savvy strategies to make daily brushing sessions more fun for youngsters.

Evershine Dental Group



100 MLK Jr Blvd, Suite 100, Worcester, MA, 01608
(774)243-7782 • www.evershinedental.com

Find us on Facebook & Google

SPENCER
FAMILY DENTAL

Gentle Caring State of the Art
Dentistry For The Whole Family

Cosmetic Dentistry
Restorative Dentistry • Preventative Dentistry

CROWNS • CAPS • BRIDGES
COMPLETE and PARTIAL DENTURES
NON SURGICAL GUM TREATMENT
ROOT CANAL THERAPY
SURGICAL SERVICES

HERBAL DENTAL PRODUCTS
All Instruments Fully Sterilized
Most Insurances Accepted

Dr. Nasser S. Hanna
Conveniently Located On Route 9
(Corner of Greenville St. & Main St.)
284 Main St., Spencer

508-885-5511

We now offer In-house Dental Insurance.
Call for more information!

How to Use STURBRIDGE VILLAGER

TO PLACE A RETAIL AD:
ADVERTISING EXECUTIVE
MIKAELA VICTOR
(508) 909-4126
mikaela@stonebridgepress.news

**TO FAX THE
STURBRIDGE VILLAGER:**
(508) 764-8015

TO PRINT AN OBITUARY:
E-MAIL:
obits@stonebridgepress.news
CALL: 508-909-4149

SUBSCRIPTION SERVICES:
SUBSCRIPTION SERVICES:
KERRI PETERSON
(508) 909-4103
kerrip@stonebridgepress.news

**TO SUBMIT CALENDAR OR
AROUND OUR TOWNS ITEMS:**
E-MAIL: news@stonebridgepress.news

**TO SUBMIT A LETTER
TO THE EDITOR:**
E-MAIL: news@stonebridgepress.news

TO PLACE A CLASSIFIED AD:
(800) 536-5836
Classifieds@stonebridgepress.news

OFFICE HOURS:
MONDAY THROUGH FRIDAY
8:30AM-4:30PM


VILLAGER STAFF DIRECTORY
EDITOR
BRENDAN BERUBE
(508) 909-4106
news@stonebridgepress.news
SPORTS EDITOR
NICK ETHIER
(508) 909-4133
nick@stonebridgepress.news

**GOT A NEWS TIP, AND IT'S
AFTER 5 P.M. OR A WEEKEND?**
CALL A REPORTER'S LINE,
OR SIMPLY DIAL
(800) 367-9898
AND LEAVE A MESSAGE.

**A STONEBRIDGE
PRESS PUBLICATION**
PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(508) 909-4101
frank@stonebridgepress.news
BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news
OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325
EDITOR
BRENDAN BERUBE
(508) 909-4106
news@stonebridgepress.news
PRODUCTION MANAGER
JULIE CLARKE
(508) 909-4105
production@stonebridgepress.news
The *Sturbridge Villager* (USPS#024-955) is published weekly by Stonebridge Press, Inc., 25 Elm St., Southbridge, MA 01550. Periodical postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to Sturbridge Villager, P. O. Box 90, Southbridge, MA 01550

2MIN
2XDAY

Easier than getting them
to eat something green.



Open Sky to participate in UMass Medical School study

WORCESTER — Open Sky Community Services is pleased to be participating in an art therapy study for serious mental illness that's being sponsored by UMass Medical School's MIND Clinical & Research Program. The study will investigate whether the Zentangle® Method, which encourages participants to relax and to create their own individual drawings, can improve symptoms and daily functioning. Study participants will include interested individuals served by Open Sky. The study will occur over the course of 14 weeks via video chat.

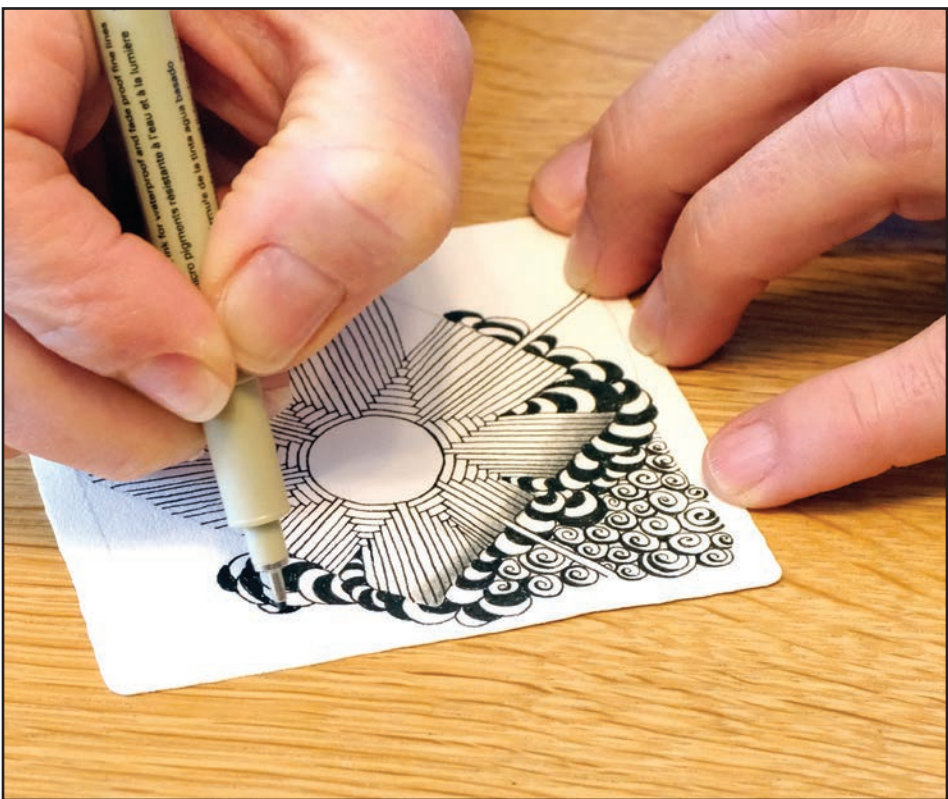
UMass's Dr. Alair Newman, who is one of those charged with leading the study, is enthusiastic about this venture.

"It is so exciting to see UMass promote mindfulness-based techniques, such as Zentangle, as a part of mental health treatment," explains Newman.

The Zentangle Method is described as an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns (called tangles). We're particularly excited to be part of the UMass study as Zentangle founders Maria Thomas and Rick Roberts are long-time supporters of Alternatives, which joined with The Bridge of Central Massachusetts in 2018 to form Open Sky and have continued to support the organization.

Last year, Zentangle volunteers offered a series of classes free of charge to youth attending our Safe Homes Drop-in program for LGBTQIA+ youth.

When asked about Zentangle's involvement with the UMass study,



Maria Thomas said "We are thrilled and honored to be working along with the UMass Mind Clinical and

Research Program. Our goal is to bring to the study participants the relaxation and a sense of creativ-

ity that we have found to result when drawing with the Zentangle Method."

If you or someone you know lives with serious mental illness (Schizophrenia, schizoaffective disorder, bipolar disorder or major depressive disorder) and are interested in the arts, you may want to learn more about a new study involving a creative art project. The date and time for the sessions are to be determined.

Anyone interested in participating in the study should call 508-856-MIND(6463) or email mind@umassmed.edu.

This program is supported in part by a grant from the Worcester Arts Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

About Open Sky Community Services

Open Sky Community Services is dba for Alternatives Unlimited, Inc. and The Bridge of Central MA. Open Sky offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other challenges throughout Central Massachusetts. Open Sky Community Services has over 1,300 dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information, please visit www.openskycs.org.

Zoom boating safety courses offered

REGION — Our local United States Coast Guard Auxiliary Tri-State Flotilla, Massachusetts will be instructing four upcoming boating safety classes through the Zoom video conference platform, due to COVID-19 restrictions. Registration is managed through the Milford Community School Use Program, Adult-Boating, at <http://mcs.milford.ma.us> or (508) 478-1119 at least 6 days prior; keeping in mind that availability is limited and you will receive course materials prior, covered by the registration fee. Participants under the age of 16 must be accompanied online by a registered parent/guardian. For additional USCGAux. information: phil.uscgaux@verizon.net or (508) 478-3778.

About Boating Safely
Saturdays: March 27 & April 24
8 a.m. – 5 p.m. (\$45)

A one-day course developed to provide the skills and confidence needed to explore the coast and inland waters by boat. Basic knowledge and skills are needed to have safe and enjoyable boating experiences. This course is perfect for families that have just purchased any type of boat or are planning to in the future, and also for the boater keeping up with changes to boating regulations and laws. Successful completion of the course will also temporally certify (until a proctored exam is completed) any minor, from 12 to 16 years of age, to operate a powerboat, including a Personal Water Craft / Jet Ski for 16 & 17-year-old operators, on all Massachusetts waters; in conjunction with the Mass. Environmental Police. Rhode Island residents born in/or after 1986 can also take the "Challenge Exam" for the RI Boater Education Card to operate motor vessels over 10 horse power, along with anyone, any age, from any state, wanting to operate a PWC on RI waters. It will also cover the requirements to operate a vessel in most other states & many countries where boating safety education is mandatory. Several of the boating

insurance companies offer a discount on premiums for successful completion of this course. The Zoom ABS class is limited to 20 students.

Suddenly in Command
Wednesdays: March 17 & April 14
7 – 10:30 p.m. (\$5)

Imagine you are out on the water when the boat's captain somehow is incapacitated or falls overboard and can't swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take the helm? A little knowledge could save lives and make you feel more comfortable boating when you're not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other at the helm, or going out on a friends' pontoon boat can also turn to horror if the skipper is suddenly out of commission. This is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

VILLAGER ALMANAC

OPEN TO CLOSE

HOLLAND: 413-245-7108

Mon – Thurs 9:00 a.m. – 12:00 p.m. and
1:00 p.m. – 4:00 p.m.

FISKDALE: 508-347-6486

Weekdays 9:00-4:30 and Sat. 9:00 -12:00

STURBRIDGE 508-347-6463

Weekdays 8:30 – 5:00 and Sat. 9:00 -12:00

BRIMFIELD: 413-245-3451

Weekdays: 9:00 – 4:30 and Sat. 9:00 -12:00

WALES: 413-245-9808

Weekdays 8:30 – 12:30 and 2:00 – 4:30 and
Sat. 9:00 – 12:00

REAL ESTATE

BRIMFIELD

\$25,000, 36 7th St, Barrett Catherine T
Est, and Barrett, Christopher, to Smith,
James R, and Smith, Teresa M.

HOLLAND

\$179,900, 33 Leno Rd, Nardone, Jennifer, to
Leaming, James W

STURBRIDGE

\$640,000, 227 Podunk Rd, AH& DB
Custom Homes Inc, to Montville, Brian
J, and Montville, Emily A.

\$372,000, 48 Wells Park Rd, Byrnes,
Michael J, to Spencer, Jill A.

\$347,500, 18 Hall Rd, Kemp, Douglas E,
and Kemp, Dorothy M, to Herr, John F,
and Herr, Carylann.

\$183,500, 7 Crescent Way #203, Hayden,
Laura B, to Nader Realty Series LLC.



DPW Senior Heavy Equipment Operator Department of Public Works

The Town of Sturbridge has an immediate full-time opening for a Senior Heavy Equipment Operator in the Department of Public Works, Highway Division. This position is a union position and the successful candidate will be responsible for operating heavy equipment and driving trucks equipped with dump bodies to transport and dump loose materials, among other responsibilities. A CDL Driver's License and Hydraulic License are required. For a copy of the complete job description and an application please go to <https://www.sturbridge.gov/your-government/pages/job-opportunities>. Position open until filled

The Town of Sturbridge is an EOE.

Friday's Child



Tatiana
Age 12

Hi! My name is Tatiana and I want to try gymnastics!

Tatiana is a funny and lovable girl of Hispanic descent. She loves playing with dolls, coloring and riding her bike outside. One day she hopes to join a gymnastics team.

Tatiana receives extra supports in school to help address her academic, intellectual and social/emotional needs. Tatiana particularly struggles with relating to her peers and often presents as a much younger child. She is on the Autism Spectrum.

Not yet legally freed for adoption, Tatiana will benefit from joining a loving family of any constellation who can provide her with stability, structure and a dependable routine. She will do best as an only child or with older siblings. An ideal family will be comfortable navigating the mental health and educational systems, and be able

to act as a strong advocate for Tatiana. A family should also be open to helping Tatiana maintain a relationship with her four siblings and birth parents, who she currently visits with monthly.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mare-inc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

Got Space? we do.

Contact Your Sales Representative Today.
508-764-4325

Nichols College adds degree programs in entrepreneurship, nonprofit management, criminal psychology

DUDLEY — Nichols College is continuing to examine and expand its academic offerings to broaden career opportunities that better align with student passions in business, social change, and criminal justice.

Last week, the college announced approval of two new business concentrations for its Bachelor of Science in Business Administration degree – entrepreneurship and nonprofit management – and a new Bachelor of Arts degree in criminal psychology, each to begin in fall 2021.

“The Nichols mission to provide a

dynamic career-focused education dictates that we remain agile and attuned to opportunities for students to advance their skills and training in new areas of specialization,” said Nichols College President Susan West Engelkemeyer, Ph.D. “The world is changing – constantly and quickly – and we are committed to preparing graduates to respond to those changes as they impact business practices, society at large, and their own communities.”

Mauri Peltó, Ph.D., vice president for academic affairs, says that Nichols is refining its curriculum to ensure rel-

evancy, adding “We are identifying targeted careers that intersect student interest and channeling that passion into the job market.”

In January, the college announced it was adding three new business concentrations in sport sales and strategy, sport marketing and content creation, and real estate management.

“The new programs offer increased avenues for experiential learning opportunities, whether we are helping students launch a business, providing consulting services to a local nonprofit, or promoting research to help solve crimes,” Peltó adds. With the addition of the new programs, the college has also announced it is phasing out two of its existing majors – English and history – and has transitioned mathematics into business analytics.

The new programs are outlined below. For more information, contact the Nichols College Admissions Office at 800-470-3379.

Concentration in Entrepreneurship
According to Inc. Magazine, Generation Z – those born between 1995 and 2012 – are positioned to be the most entrepreneurial generation yet. With more young people yearning to be their own bosses, Nichols will help students cultivate an entrepreneurial mindset and learn how to launch a new business or develop their existing one. Through the entrepreneurship concentration, students will partner with alumni entrepreneurs and other businesses to offer consulting services or lead case competitions.

The new programs are outlined below. For more information, contact the Nichols College Admissions Office at 800-470-3379.

“Opportunities for entrepreneurs are exploding,” says Tim Liptrap, chair of the program. “The combination of expanding e-commerce and the gig economy has launched many new small businesses by fostering lower start-up costs and has expanded market access for products and services and providing effective e-commerce platforms.” This includes Etsy Inc., which

Concentration in Nonprofit Management

The nonprofit management concentration will focus on the business of social responsibility, preparing students for rewarding careers in community collaboration and development, corporate social advocacy, and charitable outreach.

“Working at a nonprofit provides so many opportunities for personal and professional growth, all while serving as a catalyst to change the world” says Taylor Pons, a 2015 graduate of Nichols College who is a staff associate for the First Generation Program at MIT. “Nonprofit work inspires leaders to push towards success.”

Len Sambrowski, Management Program chair, looks to connect the program with one of Nichols’ key learning outcomes – civic and social engagement. “I’m excited to incorporate business solutions to impact big social problems,” he says. “Our new concentration allows students to engage with the interconnectedness of global society and one’s social and civic responsibility to community, nation and world. It’s a focus on the ‘we’ not the ‘me.’”

Bachelor of Arts in Criminal Psychology

According to Inc. Magazine, Generation Z — those born between 1995 and 2012 — are positioned to be the most entrepreneurial generation yet. With more young people yearning to be their own bosses, Nichols will help students cultivate an entrepreneurial mindset and learn how to launch a new business or develop their existing one. Through the entrepreneurship concentration, students will partner with alumni entrepreneurs and other businesses to offer consulting services or lead case competitions.

“Opportunities for entrepreneurs are exploding,” says Tim Liptrap, chair of the program. “The combination of expanding e-commerce and the gig economy has launched many new small businesses by fostering lower start-up costs and has expanded market access for products and services and providing effective e-commerce platforms.”

This includes Etsy, Inc., which fosters creative product development and sales by connecting a community of entrepreneurs to millions of buyers.

“This is a fantastic opportunity to develop and prepare an entirely different type of leader,” says Taylor Pelletier, a 2014 graduate of Nichols College and owner of Taylored Digital Solutions. “Today, there is a real emphasis on buying from small, local and family-owned businesses, which is both a feel-good thing and is fantastic for the economy.”

Concentration in Nonprofit Management

In Massachusetts, more than 38,000 nonprofits educate, maintain health, protect the most vulnerable populations, and preserve cultural, historical, and environmental treasures. These services create an economic engine that generates more than 548,000 jobs and employs more than 17 percent of the state’s workforce. The nonprofit management concentration will focus on the business of social responsibility, preparing students for rewarding careers in community collaboration and development, corporate social advocacy, and charitable outreach.

“Working a nonprofit provides so many opportunities for personal and professional growth, all while serving as a catalyst to change the world,” says Taylor Pons, a 2015 graduate of Nichols College who is a staff associate for the First Generation Program at MIT. “Nonprofit work inspires leaders to push towards success.”

Len Sambrowski, Management Program chair, looks to connect the program with one of Nichols’ key learning outcomes — civic and social engagement.

“I’m excited to incorporate business solutions to impact big social problems,” he says. “Our new concentration allows students to engage with the interconnectedness of global society and one’s social and civic responsibility to community, nation and world. It’s a focus on the ‘we,’ not the ‘me.’”

Bachelor of Arts in Criminal Psychology

Nichols College has seen a significant increase in students pursuing dual degrees and minors combining criminal justice and psychology. The new Bachelor of Arts degree provides a streamlined approach for students to explore the interconnectedness between the two. Drawing on the theories and practical applications of both fields, the program will reveal the psychology that drives criminal behaviors and improve the lives of those affected by crime.

“Students who embark in this degree program will have their knowledge from the reality TV crime shows challenged as they explore the complex field of criminal psychology,” says Allison McDowell-Smith, chair of the Criminal Justice Management Program. Focus will be placed on having students sharpen their critical thinking skills specifically in forensic psychology principles related to personal, social, and organizational issues.

“Having the opportunity to earn a degree in criminal psychology will not only teach students the ins and outs of the court system and law enforcement agencies but the psychology behind the human brain,” says Emily Wood, an investigator with the Suffolk County District Attorney’s Office who earned both a Bachelor’s degree and Master’s degree in counterterrorism at Nichols College. “As an investigator, I am regularly speaking with victims and families of violent crimes. A background in psychology helps me be able to interact and advocate for these families. It also gives me the understanding of the mindset behind the person committing these violent acts.”

The program will amplify coursework in criminal justice and psychology with experiential learning opportunities, such as interactive research and internships, to prepare students for careers ranging from victim witness advocates to crime analysis as well as graduate-level work.

Local students earn distinction at Wichita State University

WICHITA, Kan. — Wichita State University has announced the names of more than 3,500 students who were on the WSU dean’s honor roll for fall 2020, including Timothy L. Portwood of Fiskdale.

To be included on the dean’s honor roll, a student must be enrolled full time (at least 12 credit hours) and earn at least a 3.5 grade point average on a 4.0 scale.

WSU enrolls about 15,500 students and offers more than 50 undergraduate degree programs in more than 150 areas of study in six undergraduate colleges.

The Graduate School offers an extensive program including more than 40 master’s degrees that offer study in more than 100 areas; a specialist in education degree; and doctoral degrees in applied mathematics; audiology; chemistry; communication sciences and disorders; human factors and community/clinical psychology; educational leadership; nursing practice; physical therapy; and aerospace, electrical, industrial and mechanical engineering.

1	2	3	4				5	6	7	8	9	10			
11							12						13	14	15
16							17				18				
19				20	21				22	23				24	
25							26						27		
28							29					30			
				31	32						33				
34	35	36	37						38						
39						40	41	42							
43					44							45	46	47	48
49				50						51	52				
53				54						55					
56			57					58				59			
60					61	62						63			
			64									65			

CLUES ACROSS

1. Ancient Persian city

5. Spindles

11. Stake

12. Retrain

16. Close by

17. Commercial

18. One who publicly announces

19. American ballplayer

24. Junior’s father

25. Go up or climb

26. Concern

27. When you hope to get there

28. Iacocca and Oswald are two

29. Plant of the lily family

30. Male college organization

31. National capital

33. Raccoonlike animal

34. Symbols of fertility
38. Astronomy unit

39. Series of ridges in anatomy

40. Hebrew leader

43. A portent of good or evil

44. Supreme goddess

45. Gelatinous substance

49. Engage in a contest

50. Famed ballplayer Ruth

51. Pledge

53. - __, denotes past

54. Revival

56. Spanish surname

58. Gold

59. Elsa’s sister

60. Workplace

63. Large quantity of something

64. Engraved

65. Discount

CLUES DOWN

1. Shoe

2. Disquiet

3. Posture

4. Large nests

5. Soviet “Second Symphony” composer

6. Joins two pipes of different diameter

7. Exist

8. Overdose

9. Pleat of fabric

10. Predict the future

13. Burgeoning technology

14. Having made a valid will

15. Having no fixed course

20. __ route

21. Lethal dose

22. Indian musical pattern of notes

23. Athlete

27. Geological times

29. Atomic #21

30. In support of

31. Brew
32. Certificate of insurance

33. Taxi

34. Type of saying

35. For cigars

36. Phil __, former CIA

37. Local area network

38. Gym class

40. Philippine Island

41. Not great or bad

42. Eastern part of NY state

44. Gov’t lawyers

45. Constructions

46. Former British gold coin

47. Unkeyed

48. Rechristen

50. Threaten persistently

51. Southeast

52. Cools your home

54. Removes the leaves

55. Regretted

57. Thus

61. Relief organization (abbr.)

62. Exclamation of surprise

PUZZLE SOLUTION					S	A	L	E																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												</
-----------------	--	--	--	--	---	---	---	---	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	----

Country Bank announces promotions

REGION — Country Bank, a full-service financial institution serving central and western Massachusetts, announced three executive promotions within the Bank's senior management team.

Dawn Fleury, CPA, has been promoted to First Senior Vice President of Corporate Risk. Fleury joined Country Bank in 2012; before joining the bank, she held a 21-year career with the FDIC as a Commissioned Senior Bank Examiner. In her current role, she oversees the Bank's comprehensive risk management programs, including Compliance, Corporate Risk, Internal Audit, BSA Fraud, Commercial Credit, Commercial Loan Workout, and Residential Collections Departments.

Miriam Siegel, CCP, CBP, has been promoted to First Senior Vice President of Human Resources and Chief Diversity Officer. Joining Country Bank in 2018, she brought 26-years of professional experience as the Senior Vice President of Human Resources for United Bank. In her current role, Miriam oversees all aspects of the Bank's human resource initiatives, as well as driving talent management strategies to lead the Bank's Learning and Development team. Siegel proudly serves on the Board of Behavioral Health Network in Springfield and serves on the Wilbraham Personnel Advisory Board.

Tom Wolcott has been promoted to First Senior Vice President of the Commercial Lending and Business Banking Divisions. He joined Country Bank in 2019 after a previous career in the financial services industry that spanned



Courtesy

Dawn Fleury

over three decades; this included Senior Vice President roles at Peoples United Bank, United Bank, Citizens Bank and FleetBank primarily in the Connecticut, Springfield and Worcester markets. His background offers extensive expertise in managing diverse and complex commercial clients as well as assisting small businesses with creative solutions to help them achieve their financial goals.

"Promoting these talented members within our existing leadership team strengthens our foundation for the future," said Paul Scully, President and CEO of Country Bank. "Dawn, Miriam, and Tom have proven to be immensely skilled leaders and have been strategic partners in major decisions we have made at Country Bank. I am excited they will be taking on



Courtesy

Miriam Siegel

additional responsibilities in their expanded roles to help further drive our strategic direction and growth. They each exemplify Country Bank's iSTEP Corporate Values of Integrity, Service, Teamwork, Excellence, and Prosperity."

About Country Bank
Country Bank is a full-service



Courtesy

Tom Wolcott

mutual community bank serving central and western Massachusetts with 14 offices in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton, and Worcester. Country Bank is a member of FDIC, DIF, and the SUM network. Country Bank can be reached at 800-322-8233 or online at countrybank.com.

Renaissance Medical Group working to eliminate barriers to vaccination in Latino community

SOUTHBRIDGE — On Monday, Feb. 22, Renaissance Medical Group (RMG) will begin offering one-on-one vaccine registration assistance to RMG patients and adult day health care members at the RMG Center for Health and Wellness - Southbridge. Latino community and Spanish speakers will work directly with patients and members to explain the benefits of vaccination, identify vaccination appointment availability and complete appointment registrations. As the only Latino owned and operated medical group in Central Massachusetts, RMG is uniquely poised to help a community that has seen one of the highest infection rates, yet lowest vaccinations rates.

Recent data from the Kaiser Family Foundation highlights the largely disproportionate share of eligible Latinos registering and receiving COVID-19 vaccines, with non-Hispanic whites accounting for 81 percent of vaccines administered in Massachusetts, compared to only 5 percent of Hispanics. The Centers for Disease Control attributes this gap to language and technology barriers, as well as accessibility to medical facilities and vaccination sites.

Over the weekend, Massachusetts state legislators including Sen. Elizabeth Warren, Congresswoman Ayanna

Pressley, State Rep. Nika Elugardo joined a roundtable hosted by Sen. Ed Markey to discuss the importance of improving access and distribution of the vaccine to underserved and communities of color.

In response to that dialogue, Jesus Suarez, CEO of RMG, says, "We appreciate Sen. Markey's leadership and the attention that he is bringing to the burden our communities have carried throughout this pandemic. We have seen that burden firsthand and RMG is ready and able to make a significant impact."

For more information about RMG's vaccination registration program, or to schedule a visit to the

RMG Center for Health and Wellness, please contact RMG Vice President, Beatriz Contes at bcontes@renaissancemedgroup.com or 774-420-2311, ext. 102.

Renaissance Medical Group is a 360° health care company providing a wide-range of wellness programs and services including primary care, behavioral health, pharmacy, adult day health care, dental and in-home services. Our bi-lingual caregivers care for English and Spanish-speaking communities at locations in Lawrence, Springfield, Southbridge and Worcester.

Students named to Dean's List at RIT

ROCHESTER, N.Y. — The following local residents made the Dean's List at Rochester Institute of Technology for the 2020 Fall Semester. Undergraduate students are eligible for Dean's List if their GPA is greater than or equal to 3.40 for nine credit hours of traditionally graded coursework; they do not have any grades of "Incomplete," NE, D, or F; and they have registered for, and completed, at least 12 credit hours.

Logan Melican of Fiskdale, who is in the chemical engineering program.

Gino Placella of Fiskdale, who is in the computing security program.

Griffin Hurt of Brimfield, who is in the applied mathematics program. Rochester Institute of Technology

is home to leading creators, entrepreneurs, innovators and researchers. Founded in 1829, RIT enrolls about 18,600 students in more than 200 career-oriented and professional programs, making it among the largest private universities in the U.S.

The university is internationally recognized and ranked for academic leadership in business, computing, engineering, imaging science, liberal arts, sustainability, and fine and applied arts. RIT also offers unparalleled support services for deaf and hard-of-hearing students. The cooperative education program is one of the oldest and largest in the nation. Global partnerships include campuses in China, Croatia, Dubai and Kosovo.

Local students named to Western New England University President's List

SPRINGFIELD — More than 500 students have been named to the Fall 2020 President's List at Western New England University. To qualify for the President's List, students must achieve a GPA of 3.80 or higher.

"Making the President's List is a notable achievement under any circumstances, but particularly so during the unique challenges of our fall semester. It is an honor to salute our students who have demonstrated an unwavering commitment to academic excellence," commented Dr. Robert E. Johnson, President.

"Of the roughly 3,000 colleges and universities tracked by the College Crisis Initiative, Western New England University was among just 27% nationwide that resumed primarily 'in-person' teaching last fall. Our President's List students stayed focused and engaged; they should be very proud of their accomplishments. Well done, Golden Bears!"

The following students have earned their place on Western New England University's distinguished President's List:

Joshua Bolte, of Brimfield, work-

ing toward a BSE in Electrical Engineering.

Carly Phaneuf, of Brimfield, working toward a BA in English.

Kevin Riel, of Brimfield, working toward a BS in Health Sciences.

Alison Fortier, of Wales, working toward a BSE in Biomedical Engineering.

Matthew Dumas, of Holland, working toward a BSE in Mechanical Engineering/Mechatronics Concentration.

Joseph Gonzalez, of Holland, working toward a BSE in Electrical Engineering.

Having just celebrated its Centennial, Western New England University is a private, independent, coeducational institution. Located on an attractive 215-acre suburban campus in Springfield, Massachusetts, Western New England serves 3,690 students, including 2,486 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

Local students named to Western New England University Dean's List

SPRINGFIELD — Close to 750 students have been named to the Fall 2020 Dean's List at Western New England University. To qualify for the Dean's List, students must achieve a GPA of 3.30 or higher.

"We are so proud of our Dean's List students who demonstrated an unwavering commitment to excellence in their studies despite the unique challenges of our fall semester," commented Dr. Robert E. Johnson, President.

"Of the roughly 3,000 colleges and universities tracked by the College Crisis Initiative, Western New England University was among just 27% nationwide that resumed primarily 'in-person' teaching last fall. Our Dean's List students stayed focused and engaged; they should be very proud of their achievements. Well done, Golden Bears!"

The following students have earned their place on Western New England University's distinguished Dean's List:

Adam Jensen, of Brimfield, working toward a BS in Information Technology.

John Reilly, of Brimfield, working toward a BS in Information Technology.

Payton Barry, of Fiskdale, working toward a BA in Elementary Education/English.

Spencer Cook, of Fiskdale, working toward a BSBA in Accounting.

Shauna Rowley, of Fiskdale, working toward a BS in Forensic Biology.

Dylan Willits, of Fiskdale, working toward a BS in Criminal Justice.

Jacob Jolin, of Sturbridge, working toward a BSBA in Pharmaceutical Business.

Having just celebrated its Centennial, Western New England University is a private, indepen-

dent, coeducational institution. Located on an attractive 215-acre suburban campus in Springfield, Massachusetts, Western New England serves 3,690 students, including 2,486 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

LOCAL SERVICE PROVIDERS



APPLIANCES

Family owned & operated.
Servicing household appliances since 1978.

**Complete Line of
NEW APPLIANCES**



All Major Brands
6 & 12 Months
Financing Available

Instant Credit • In-shop Repairs
Delivery, Installation & Removal

Dave's Appliance Inc.
508-867-3122
Parts Hotline 888-229-1027
42 W. Main St., Brookfield, MA
Hours: Mon-Thurs 9-6 • Fri 9-5 • Sat 10-3

AUTO SERVICES



Master Technicians
Over 28 Yrs.
Experience

ASE
AUTOMOTIVE
EXCELLENCE

All Repairs Welcome

Desmarais Auto Repair

Free Diagnostics

While-you-wait

All Repairs Guaranteed

24 mos. or 24,000 miles

1067 Stafford St. • Rochdale, MA
(Across from Rochdale Park)

508.892.9800

ROLL OFF DUMPSTERS

PEPIN

WASTE SERVICE

Your Local Roll-Off Specialist

Weekend Special **\$275**

10 yd. Rental 1 Ton

3 sizes available. Call for pricing.

Roll Off Containers
Weekend Dumpsters
for the Homeowner
Houses • Attics • Cellars
Construction Sites

10-15-20 Yd.

508-892-4193 • 508-769-6603

Leicester, MA

Fully Insured

To advertise in The Local Service Provider Directory
Contact June at 508-909-4062 Jsima@stonebridgepress.news

Local annual auction event goes virtual

SOUTHBIDGE — Trinity Catholic Academy/Saint John Paul II Annual Auction Dinner & Raffle is going VIRTUAL! In the best interest of all involved, Pastor, Fr. Ken Cardinale, TCA Principal Josie Citta, and the Committee have planned a fun pandemic-friendly alternative for the 2021 event!

A Night of Faith, Trust & Pixie Dust is going virtual!

Our auction will be online and held March 1-13, with all items available for viewing and bidding from the comfort & safety of your homes through online sites of "Bidding Owl" and "PayPal". There are over 100 wonderful donations including gift cards from local businesses: Treehouse Brewery, a lottery tree, a basket of alcohol, art pieces from the TCA students & so much more.

An Online Sneak Peek of available auction items is currently in process daily through Facebook (www.facebook.com/faithtrustdust) and will continue through March 1 when the auction goes LIVE for bidding March 1-13!

Items range in value from \$20 to our Signature Item "Magical Memories"—a \$1200 value donate by United Lens/Ruben Transportation/Melissa Cournoyer. There is something for everyone!



Auction open house opportunities are scheduled for Feb. 27 from 11 a.m.-4 p.m. and March 13 from 3-8 p.m. at La Salle Reception Center, Main Street, Southbridge to view all available auction items in person. Social distancing will be practiced, and masks are required.

Arrangements will be made for a drive-through pick up in the Notre Dame park-

ing lot on March 20 & 21, times to be determined.

Trinity Catholic Academy and St. John Paul II say a "Huge Thank You" to all our parents, businesses, and parishio-

ners who donated so that we could make this event a reality in these challenging times!

Please email FaithTrustDust21@gmail.com with any questions!

QCC earns 2021-2022

Military Friendly® School designation

WORCESTER — Quinsigamond Community College has earned the 2021-2022 Military Friendly® School designation. Institutions earning the Military Friendly® School designation were evaluated using both public data sources and responses from a proprietary survey. More than 1,200 schools participated in the 2021-2022 survey with 747 earning the designation.

"This award is an honor for QCC and all the veterans who attend here. We pride ourselves on our commitment to our vets. We are extremely proud of every service person who walks through our doors," said QCC's Veteran Affairs Director, Paula Ogden.

The 2021-2022 Military Friendly® Schools list will be published in the May issue of G.I. Jobs magazine and can

be found at www.militaryfriendly.com. Methodology, criteria, and weightings were determined by Victory with input from the Military Friendly® Advisory Council of independent leaders in the higher education and military recruitment community. Final ratings were determined by combining the institution's survey response set and government/agency public data sources, with in a logic based scoring assessment.

"Schools that achieve designation show true commitment and dedication in their efforts. Our standards assist schools by providing a benchmark that promotes positive educational outcomes, resources, and support services that better the educational landscape and provide opportunity for the military community," said National Director of Military Partnerships, Military Friendly®, Kayla Lopez.

For more information on QCC's Veteran Affairs, visit <https://www.qcc.edu/veteran-affairs>.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

Bravehearts sign nine returners for 2021

Team's core group includes six locals

WORCESTER — Coming off of the team's seventh consecutive Futures League championship appearance in 2020, the Worcester Bravehearts will return to Hanover Insurance Park at Fitton Field this summer with a core group of nine returning players on the roster. Five pitchers and four position players have rejoined the team for the upcoming season, a majority of whom have local ties.

Fan-favorite Nick Martin (Shrewsbury High School/Shrewsbury) will be returning for his third summer with the Worcester Bravehearts. The Shrewsbury native is a current Junior at Westfield State and was a standout on the Shrewsbury Legion Post 397 team for many years. Over the past two summers he has played in 64 games for the Bravehearts at a variety of positions, hitting .271. In 2021 he has a chance to become just the third player in franchise history to appear in 100 career games, a feat that has only been accomplished by West Boylston's Mariano (133) and Dante (114) Ricciardi.

Another former Post 397 player, Carson Hauben (St. John's H.S. / Grafton), will be returning for his second season with Worcester. The Grafton resident was primarily used as a reliever last season, but Bravehearts Manager Alex Dion has high hopes for the right-hander, saying "he has experience in the league and pitched in big spots for us last year, including in the championship. He will probably be one of our top two starters this year." He is teammates with former Bravehearts player Nick Santucci at Rollins College.

Holden's Brendan Case (Wachusett Regional H.S.) will return to the Bravehearts after a year off following arm surgery. The right-handed pitcher was a key bullpen arm for the Bravehearts during their championship season in 2019. He appeared in 13 games that season, only allowing three runs. The graduate student at Salem University in West Virginia was a member of the 2015 Wachusett Regional H.S. team that made a Super 8 appearance.

Alex Amalfi (Ashland H.S. / Ashland) returns to the Bravehearts' pitching staff after his first season with the team in 2020. Amalfi was a two-sport athlete at Ashland High School, also playing hockey. In 2019, he was the ace of the Ashland Legion Post 77 team and threw a complete game against a Shrewsbury Post 397 team that featured his 2020 Bravehearts teammates John West and Carson Hauben. Although he was unable to make an appearance for UMass-Boston as a freshman in the shortened collegiate season last year, he did go 2-0 for the Bravehearts and had 19 strikeouts over 12 innings.

A pair of players who play their college ball in Worcester will also be returning to the team this summer, with Holy Cross' Andrew Selima (St. John's Prep / Andover) and Clark University's Chris Radovic (Fairfield Warde H.S. / Fairfield, Conn.) each coming back for a second season. Selima led Holy Cross with 13 RBIs in the shortened 2020 season. The senior first-baseman made a great first impression with the Bravehearts last year, hitting a two-out, game-winning homerun in the top of

the ninth inning in his very first game with the team. Radovic — who is both a pitcher and an outfielder at Clark — posted a 2.31 ERA in eight appearances for the Bravehearts last summer.

The last returning player from the 2020 Bravehearts is catcher Zachary DeMattio (North Attleboro H.S. / North Attleboro). After joining the team late in the season, he appeared in five games, recording a hit in four of them, including a booming three run homerun. He was recently named a captain of the Wheaton College baseball team for the upcoming season.

Rounding out the list of returning players are two members of the 2019 championship team: left-handed pitcher Brian Robertson (Cherry Hill West H.S. / Cherry Hill, N.J.) of the University of Dayton and outfielder Jakob Sessa (East Lake H.S. / Palm Harbor, Fla.) of Valdosta State University. Robertson made his collegiate debut for Dayton last year, where he is teammates with former Bravehearts players Mariano Ricciardi and Bryce Hellgeth. While with the Bravehearts, he struck out 10 hitters in nine appearances. Sessa, a senior at Valdosta State University, was a key bat in the middle of the Bravehearts lineup in 2019 when he hit .333 in 30 games.

The Futures League expects to announce its 2021 schedule in mid-March, with opening weekend slated for Memorial Day. Bravehearts Season Tickets, Flex Plans, and Group Outings at Hanover Insurance Park at Fitton Field are now available by calling the Bravehearts box office at 508-438-3773.

Students named to University of Hartford Dean's List

WEST HARTFORD, Conn. — The University of Hartford is pleased to announce the following students have been named to the Dean's List for Fall 2020.

Grace Ahlstrand of Sturbridge
Andrew Briere of Holland
Emily Kievra of Holland

Spread across seven dynamic schools and colleges, the University of Hartford has been guiding the purpose and passion of students for over six decades. On our 350-acre campus alongside Connecticut's capital city, approximately 4,600 undergraduate and 2,000 graduate students representing 49 states and 47 countries come together for a common purpose: to collaborate across different disciplines, diversify perspectives, and broaden worldviews. We're a four-year private university focused on advancing the public good through meaningful connections within our communities. Our unique approach to comprehensive education gives us the critical perspectives that lead to impactful change, regionally and beyond. With degree programs spanning the arts, humanities, business, engineering and technology, education, and health professions, we focus on doing the work that matters. For more information, visit hartford.edu.



Community Connection

Charlton Oil
508-248-9797 Propane

Don't Pay Too Much for Propane

PROPANE	PRICE PER GAL.	Tanks Filled to 80%
75-150.....	\$2.20	
150-300.....	\$1.85	
300-500.....	\$1.65	
500 PLUS... CALL OFFICE		Driver Discretion

DON'T PAY TOO MUCH FOR OIL!

- Monday price 2/22/21 was **\$2.32** per gallon* 100 gallon minimum
- Call for the most up to date daily price or visit us at www.charltonoil.com

"Call Us First!"
*prices subject to change

Talbat Embroidery Shop
Custom Embroidery & Heat Transfer

NEW LOCATION:
1009 Lebanon Hill Rd., Southbridge
508-764-0555

DP Dollar PLUS Store

DP Dollar Store

HOT CHOCOLATE BOMBS

NEW line of Balloons!
Milk • Bread
Beverages
\$1 Hot Coffee
Toys • Party Goods
\$1 Greeting Cards
Food & So Much More!

**160 Main Street (corner of Main & Maple)
Spencer, MA 01562 • 774-745-8115**

Morin JEWELERS
Fine Jewelry & Gifts
The Jewelry store where you buy with confidence

WE BUY GOLD

Specializing in Custom Designs
All types of Jewelry Repairs

MASTER JEWELERS™
BRILLIANCE YOU DESERVE®

409 Main St. Southbridge, MA
morinjewelers.com • 508-764-7250
Located at CVS Plaza

MICKNUCK'S FRESH MARKET PLACE

570 MAIN STREET • RT. 20 • FISKDALE, MA
TEL: 508-347-0116 • FAX: 508-347-6985

SPECIALS GOOD 3/1 - 3/7

IMPORTED ASPARAGUS \$1.99 lb.	BOAR'S HEAD DELUXE HAM \$7.99 lb.	IMPORTED GREEN GRAPES \$1.99 lb.
FLORIDA 1LB STRAWBERRIES 2/\$5.00	CERTIFIED ANGUS GROUND CHUCK \$3.99 lb.	FRESH BROCCOLI CROWNS 99¢ lb.

Mon. - Fri. 8:30 - 7:00 • Sat. & Sun. 8:30 - 6:00
We reserve the right to limit quantities

Hearthstone Market & Catering

Grab 'N' Go Home-style Lunch, Dinner, and Tasty Treats
Catering Available!

Rt. 20, 630 Main Street, Sturbridge, MA 01566
508-347-7077
Open 7 Days a Week • 11am-7pm

hearthstonemarket1@gmail.com • hearthstonemarketandcatering.com

stonebridgepress.news





Winter Home & Auto

This section reaches 47,000 households
in 7 Massachusetts newspapers.

Call 508-764-4325
or email ads@stonebridgepress.news
for more information

AUTO BODY / REPAIRS

KEARNS
COLLISION REPAIR

Since 1969
Always Going The Extra Mile For Our Customers

Free Written Estimates • Damage Appraisal
Color Matching Specialists • Rental Car Services
Warranted Work & Repairs
Diagnostics • A/C Repair
Tune Ups & Engine Repair
Brakes • Alternators • Starters • ABS
Alignments • Tires...and more

Major Insurance Referral Shop
Honoring All Insurance Estimates

1734 Providence Road (Rt 122)
Northbridge, MA 01534
Ph: 508-234-5211 • Fax: 508-234-2231
www.kearnscollision.com
Fully Certified • RS# 2678



BEST WINDOW COMPANY

KUBALA
HOME IMPROVEMENT
The Door and Window Experts

MACSL100114 | MAHic150118 | CTHic0619712

Award Winning
High Performance
Windows & Doors

100% FINANCING AVAILABLE | Lifetime Warranty

508-784-1550

BBB ACCREDITED BUSINESS A+ f

BUILDER

Todd A. Ethier
TAE
B·U·I·L·D·E·R
INCORPORATED

Remodeling Expert

- ◆ FINISHED BASEMENTS
- ◆ ADDITIONS ◆ GARAGES
- ◆ SIDING ◆ ROOFING ◆ DECKS
- ◆ WINDOWS ◆ DOORS
- ◆ KITCHEN ◆ BATHS

Quality Building Since 1985
Licensed & Insured
508-764-2293 • 774-230-3967

Advertise on this page
for one low price!
Get 7 papers.
Call 508-764-4325

- Spencer New Leader
- Webster Times
- Sturbridge Villager
- Auburn News
- Charlton Villager
- Blackstone Valley Tribune
- Southbridge News

Granite & Marble

SHREWSBURY
MARBLE & GRANITE, INC.

Buy Factory Direct & Save WINTER SALE

50 COLORS • \$39 per sq. ft. Installed
(40 sq. ft. or more) Cannot be combined with other offers.

Biggest Selection of Marble,
Granite & Quartz of ANY Fabrication Shop
300 Colors To Choose From
Please call for appointment 508-523-3769

508-842-9800 • shrewsburymarbleandgranite.com
620 Boston Turnpike (Rte 9 E), Shrewsbury, MA
(1/4 mi. east of Home Depot - Big Blue Bldg)
Mon-Thurs 8-5, Fri & Sat & 9-4

Oil & Propane

AMERICAN DISCOUNT OIL & PROPANE

Need propane or oil right away?
Call American today!

OIL 10¢ Off PER GALLON (125 GAL MIN)
PROPANE 20¢ Off PER GALLON ON YOUR NEXT FILL UP (MIN 75 GAL)

With coupon. One coupon per customer. Exp 2/28/21. Cannot be combined with any other offer or on previous purchases or fuel assistance program.

Order online
Americandiscountoil.com
413-289-9428
1182 Park St., Palmer, MA 01069

Use promo code **palmer123** when ordering online

Home & Auto

Paving

G. COOPER PAVING
New Beauty Blacktop
413.544.5381

DISCOUNTS ON REFERRALS! FAMILY OWNED & OPERATED

SENIOR DISCOUNT 10% OFF \$200 OFF NEW DRIVEWAY INSTALLATIONS

DRIVEWAYS • PARKING LOTS
SEALCOATING • STONE
HOT TAR CRACK FILL

"Big Or Small, We Do It All!"
FREE ESTIMATES



ELECTRICIAN

TNT ELECTRICAL SERVICES

Timothy N Tripp
Licensed Electrician

67 Hillcrest Drive
Southbridge, MA 01550
508.909.5114
774.601.3107

Tntelectricalserviceinc@gmail.com
MA#100257JR
NH#17425J

ELECTRICIAN

ALDEN JR.
LICENSED ELECTRICIAN

New Construction
Remodelling
Kitchen & Bath
Service Updates

W. Brookfield, MA
1.774.230.9606
Talden1987@gmail.com

Fully Insured
Accepts credit card payments & free online bank transfers
Licenses:
MA-13705-21777A,
NH-13932M, RI-B013781

Electrician

BRIAN WOOD

Master Electrician
Residential • Commercial
o: 508.764.3925
c: 508-505-0111
35 Years of Experience
Lic#15885A | 29931E
Fully insured
I specialize in:
New Construction
Renovations
Pools and Hot tubs
Lighting (int. & ext.)
Repairs and Maintenance
Electrical Panel upgrades
Bpwelc@gmail.com
Facebook:
Brian Wood Electrician

ROOFING

GUARANTEED
Roofing & Building
Maintenance LLC

Roofing, Siding,
Gutter and
Gutter Cleaning

Contact:
Daniel Truax
508-450-7472
gbmaintco.com

Senior Citizen Discount
Credit Cards Accepted
Over 30 years of satisfied customers
Fully Insured - Free Estimates
A+ Rating BBB
MA HIC Lic #146620
MA CSL #099487

HANDYMAN

WHAT DA YA NEED?

Jay Martinelli
MA HIC Reg #200253
Fully Insured

General repairs
and finishing
related to all
aspects of home
improvement.

508-686-0336
Email:
whatdayaneed@gmail.com

Handyman

No Job Too Small
Home Improvement

-Insured-
MA Reg #174661

- General Carpentry
- Laminated Floors
- Remodeling
- Kitchen, Bath & Cellar
- Painting
- Handyman Services
- Floor Leveling
- Power Washing and MORE!

See Our Work Online
nojobtoosmallhomeimprovement.com
Tel. 508.414.7792
Sturbridge, MA

H.V.A.C.

Central Air Conditioning Installed UNDER \$10,000

RUDD EQUIPMENT
13 Seer • Up to 1250 sq.ft.
MITSUBISHI
Ductless Split
HEAT PUMPS
Electrical Work Extra
MASS SAVE
Certified Contractor

David's
HEATING & AIR CONDITIONING

30 Years Experience
davidsheatandac@gmail.com
davidsheatandac.com
508.450.6264
LICENSED/INSURED
Free Estimates

MASONRY

C & J
MASONRY HARDSCAPE
RETAINING WALLS
OUTDOOR
LIVING CONSTRUCTION

Chimney Repair
Foundation Repair
Steps, Patios
Pool Surrounds
Pressure Washing
Property Maintenance
Water Proofing
Delivery of Aggregate
Cord Wood

Brian French
(413)222-5542
frenchyn45@gmail.com

PAINTING

Scott Bernard's
PRECISION PAINTERS

Finest
Craftsmanship
Since 1979

Interior-Exterior
Paints, Stains,
Wallpaper and
Fine Faux Finishes

Satisfaction
Guaranteed

Free Estimates
774.452.0321

Pest Control

ACCURATE PEST CONTROL

Full Pest Control
Services

Over 28 yrs.
experience

Reasonable Rates
Owner Operated

508-757-8078
Ask for
David or Jason
Hight
Auburn MA

PLUMBING

JOHN DALY
Plumbing

Water heaters, Faucets,
Toilets, New pex water piping,
Outside hose connections
replaced or added,
Dishwashers, Garbage
disposals, Water filters,
Tub & shower valves,
Tub & shower replacements
Any repair or
replacement needed.

Buy your own fixtures &
faucets, or I will supply.
Serving all of
Worcester County
Lic.#MPL-21763
Since 1988
Call John 508.304.7816
We are home owners'
plumbers!
jdraman714@aol.com

ROOFING

David Barbale
ROOFING

Roofing/Gutters
Repair Work

Fully Licensed
and Insured

MA LIC #CS069127
MA HIC. LIC #1079721
INS. #CAC032585

C: 508-397-6709
O: 508-248-6709
davidbarbale.com

Roofing

SAUNDERS & SONS ROOFING

When you need a roof,
hire a roofing company,
that's what we do!

Call Bill Toll-Free
1-866-961-Roof
508-765-0100

Lifetime material warranty
& 25 yr. labor warranty
available
MA Reg #153955
CSL #095459
CT-HIC #0638641
Fully Insured,
Free Estimates
Family Owned and Operated
Now Accepting All
Major Credit Cards

BBB ACCREDITED BUSINESS A+



This section reaches 47,000 households in 7 Massachusetts newspapers.

Discussing duck boxes



THE GREAT
OUTDOORS
.....
RALPH
TRUE

The recent cold weather has made a lot of ponds safe to fish on, and it also made the ice safe enough for Mass. Fish & Wildlife personnel to visit the hundreds of Wood Duck boxes that are erected throughout the state. Each year, repairing and cleaning out boxes in numerous bodies of water needs to be addressed. The state is not the only entity that has taken on the interest in helping the Wood Ducks by erecting boxes. Numerous Fish & Game Clubs have taken on the task of placing Wood Duck boxes on their property, and in local rivers and swamps. When checking and cleaning boxes, it is like opening a gift, revealing weather the box was successful in a duck hatching her eggs. The sign of empty shells in the box is very satisfying.

Paul Soars has maintained a number of Wood Duck boxes on the Uxbridge property for years. Efforts by both Fish & Wildlife and local clubs and private citizens have kept the Wood Duck population in good shape. At one time, the Wood Duck population was in bad shape, but with the erection of Wood duck boxes over the years, the population is high enough to allow a three-bird daily bag limit during the hunting season. At one time, only a single Wood Duck was allowed in the daily bag limit

of ducks.

Over the years, Boy Scout troops and other outdoor groups have built numerous duck boxes, and actively monitored and repaired them every year. Any group that is interested in finding out more about building and monitoring them should call the Mass. Fish & Wildlife in Westborough. They can get you started, and also have plans, as to building the boxes and all other information that you will need to get started. This writer contacted the Boys Trade school back a number of years ago, and was successful in getting the carpenters section of the school to build more than 100 boxes in one year. All we did was to supply the wood from a local sawmill and passed them out to sportsmen that erected them in suitable habitat. The Wood Duck is a migratory bird that will return to New England every spring. This year's migration is due to arrive in a few weeks.

This past week, ice fishermen were out in force again trying to enjoy the outdoors and to catch the big one. Reports were coming in from all over the state about lunker bass, pike, pickerel, perch and some large trout. One local angler caught a two pound rainbow trout at the Whitinsville Fish and Game Club's fishing derby this past Saturday, that netted him a \$500 purse. More than 80 anglers entered the derby which was a record turnout. This week's picture shows Patrick Soullier with his derby winning trout.

There were a lot of youngsters also fishing, which was nice to see. The second picture shows young Sophie, waiting patiently for a bite on her jig stick! She was social distancing and wearing

her mask. The bite was a bit slow, but everyone had a great time. A report of more than five or six anglers that fished Wallum Lake this past Saturday caught nothing, while another group caught a couple of bass, but no trout. That is the way Wallum Lake is. Do not forget that Wallum Lake closes to all fishing on Feb. 28!

Mass. Fish & Wildlife released their proposals for an increase in 2022 hunt-

ing and fishing licenses, permits and stamps and a new stamp for pheasant hunting for 2022. They are only proposals! The partial list is as follows: Resident fishing license \$40, Resident hunting license \$40, Resident sporting license \$75, all stamps and permits \$20 each. A new Pheasant and Quail license will cost \$20. Most Non-Resident permits

.....

Turn To **TRUE**, page **A11**

Celluloid collectibles



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE
TUISKULA

Celluloid was considered the first semi-synthetic plastic. According to Britannica, "some historians



trace the invention of celluloid to English chemist Alexander Parkes, who in 1856 was granted the first of several patents on a plastic material that he called Parkesine." The Atlantic magazine attributes development to the United States inventor John Wesley Hyatt who is said to have created celluloid in 1869. Celluloid was created to replace ivory billiard balls but proved to be unsuitable for that purpose. According to the Atlantic, "because celluloid could be made to imitate expensive or rare materials -- such as ivory, tortoiseshell, and mother-of-pearl -- it was soon employed in the manufacture of fancy goods affordable for the growing middle class." It increased in use during the 1880s and it was used to make postcards, game pieces, toys, advertising novelties and souvenirs,

jewelry, knitting needles, straight razor handles, and imitation linen collars and cuffs." "In 1882, John H. Stevens, a chemist at the Celluloid Manufacturing Company, discovered that amyl acetate was a suitable solvent for diluting celluloid," according to Britannica. The new clear celluloid was used to create flexible films. Celluloid was used in motion picture films into the 1930s.

Because celluloid was so widely used, we often find it in local estates. Dresser/vanity sets are some of the more common celluloid items we encounter. Years of heat exposure often affected the sets and they can become very brittle. A typical set in good condition sells for around \$20. A vanity set in a color other than ivory can bring a little more.

Most celluloid is affordable to collect, but there are

some celluloid collectibles that command strong auction prices. For example, cels (Merriam Webster: "a transparent sheet of celluloid on which objects are drawn or painted in the making of animated cartoons") from older cartoons can be quite valuable. In 2017 a cel from 1937 of the Evil Queen from Snow White sold for \$25,000 and a Charlie Brown Christmas cel sold for \$50,000. Because celluloid deteriorates over time there aren't a large amount of advertising signs in pristine condition. Three nice examples sold very well at auction. A Chancellor Cigar sign depicting a 1910 woman went for \$12,000. An Ingram's Witch Hazel Salve sign sold for \$13,000 in 2012 and a 1902 hanging celluloid Coca Cola sign reached \$19,000 in 2011. Rare celluloid

.....

Turn To **ANTIQUES**, page **A13**

Tips for seed starting success



GARDEN
MOMENTS
.....
MELINDA
MYERS

You created your wish list, ordered some or all of the seeds you will need, and they are beginning to arrive. Make the most of your investment with a bit of planning.

Starting seeds at the proper time, indoors or directly in the garden, ensures a good start to the growing season. Check the back of the seed packet for planting times and directions. Consult your local Extension Service's website for more details on the best time to plant in your area.

Organize your seeds by when they need to be started. You can create your own system or invest in one like Gardener's Supply's seed envelopes and dividers. This system allows you to organize seeds by type, planting season, color, garden location and more. Use your storage system to keep leftover seeds organized for future plantings. It will also save you money on future seed orders. Just be sure to place the seeds in an airtight container in the refrigerator.

Enter planting dates on your calendar as well. Months

pass quickly and it is easy to miss important planting times. Creating a planting calendar will help you plant seeds at the proper time for the maximum benefit.

Gather seed starting equipment and supplies if starting seeds indoors. You will need a quality seed starting or potting mix and clean containers. Use yogurt and other small food containers for starting seeds. Drill holes in the bottom and clean them before planting. Avoid disease problems by sanitizing old plant containers. Soak them in a one-part bleach and nine-parts water solution for ten minutes. Then rinse in clear water before filling with planting mix.

Or try one of the new plastic-free, environmentally friendly seed starting options. Use a paper pot maker (gardeners.com) to convert newspaper into biodegradable plant pots. Consider cow pots made of composted manure that provide nutrients in a biodegradable pot. You can leave your seedlings in these containers when moving them into the gar-



Courtesy — Gardener's Supply Company

Paper pot makers make it easy to transform newspaper into biodegradable plant pots that are perfect for starting seeds.

den.

Create your own pot-free seed starter with Gardener's Supply soil blocker. It presses moist potting mix into blocks that hold their shape. The blocks can be moved directly into the garden, reducing transplant shock.

Follow the directions on the seed packets for depth and care. Most seeds prefer warm conditions but do not need light to sprout. Keep the planting mix moist. Cover the containers with a sheet of plastic to conserve moisture and extend the time between watering.

Once you see any green, it is time to move the seedlings into bright light or

under artificial lights. Keep the lights on for no more than 14 to 16 hours and a foot to six inches above the top of the plants for best results.

Once your plants are actively growing, you can begin fertilizing if needed. Check the planting mix to see if a fertilizer has been added and how long it will be effective before adding more. Follow the label directions on the fertilizer you select.

Share the fun and workload with friends and family. Perhaps you will start tomatoes for everyone, another person handles the peppers and yet another person the eggplants. Or just share extra

seeds since each packet usually contains more than most gardeners have space to grow.

Most important, have fun.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardeners Supply* for her expertise to write this article. Her Web site is www.MelindaMyers.com.

Professional & Tax Directory

To advertise on this page, call June at 508-909-4062 or email jsima@stonebridgepress.news

ATTORNEY

Law Office of Michelle M. Murray

General Practice Attorney with focus on:

Divorce • Custody • Estate Planning • Probate • Civil Litigation

508-885-4405

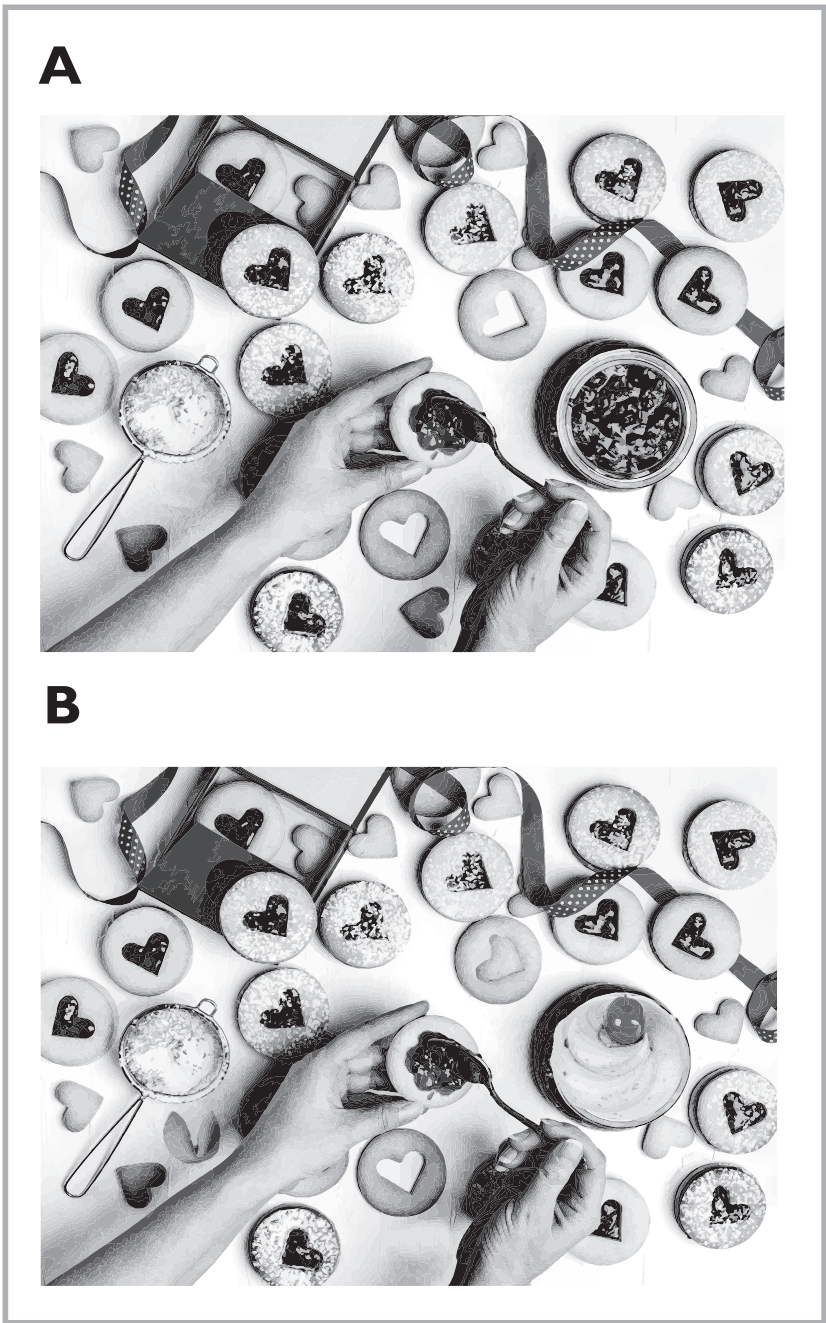
188 Main Street, Spencer • Michelle@AttorneyMichelleMurray.com

AttorneyMichelleMurray.com



What’s the Difference?

There are four differences between Picture A and Picture B. Can you find them all?



Answers: 1. Fortune cookie next to wrist 2. Missing cookie heart middle at bottom 3. Cookie middle inside of cookie in middle 4. Cream instead of jam

THIS DAY IN...



HISTORY

- 1815: NAPOLEON BONAPARTE ESCAPES FROM EXILE IN ELBA.
- 1919: THE GRAND CANYON NATIONAL PARK IS ESTABLISHED.
- 1935: RADIO DETECTION AND RANGING IS FIRST DEMONSTRATED BY ROBERT WATSON-WATT. THIS LEADS TO THE DEVELOPMENT OF RADAR.



FOLD

to mix an ingredient gently

How they SAY that in...

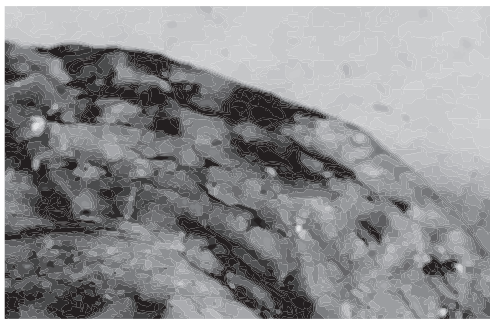
- ENGLISH: Flour
- SPANISH: Harina
- ITALIAN: Farina
- FRENCH: Farine
- GERMAN: Mehl

Did you know?

THE FIRST CUPCAKE RECIPE WAS INVENTED IN 1776. IT WAS A LIGHT CAKE BAKED IN SMALL CUPS. THE SECOND CUPCAKE RECIPE WAS INVENTED IN 1871.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: CINNAMON ROLL

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to getting organized. Each number corresponds to a letter. (Hint: 4 = R)

A. 17 4 8 2 4 21 6

Clue: Neat and tidy

B. 12 21 17 23 2 22

Clue: Place for clothing

C. 12 21 24 22 22 2 4

Clue: Excess stuff

D. 23 22 17 4 18 1 2

Clue: Space for housing items

Answers: A. orderly B. closet C. clutter D. storage

SUDOKU

		8			4	2		
						7		
					3		5	9
9						1	3	
1					2			7
		4		9				
	1	2	4	6	9	3		
	8		3					
4			7	2				

Level: Advanced

Here’s How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	6	9	8	2	7	3	5	4
6	8	9	3	5	1	4	7	2
7	1	2	4	6	9	3	8	5
8	3	4	1	9	7	5	2	6
1	6	5	8	3	2	9	4	7
8	3	1	9	6	4	5	7	2
2	4	1	6	7	3	8	5	9
3	9	6	2	8	5	7	1	4
5	7	8	9	1	4	2	6	3

ANSWER:

KINDNESS

continued from page A1

“Sometime back, on a Thursday morning while driving on Route 31 in Spencer. The two cars in front of me got into a collision. I pulled over and made sure the police were called. The accident involved a middle-aged man and an older woman. I had the woman stay in her car and not move in case she had any injuries as she was affected more than the male was. The male was anxious and really worked up. I did what I could to reassure him that he needed to be calm. I waited until the police arrived. Fortunately, both collision survivors left with only minor bumps and bruises.” — Brianna Cloutier, SPN of Charlton

“When a neighbor’s dog, ‘Juda’ (a German Shepard) passed away (of old age), my eight-year-old daughter who had a small stuffed animal that looked like Juda gave the neighbor her stuffed animal in remembrance. It made Juda’s mom (who is in her 50’s) so happy, she gave my daughter daisies with thanks. She makes me so proud.”

“On Christmas Eve I gave a homeless man in downtown Worcester (under a bridge) a variety box of homemade cookies. There were chocolate chips, snowballs, thumbprints, peanut butter balls, peanut butter cookies, and sugar cookies with frosting. Small acts of kindness warm the heart.” — Tianna Welcome, SPN of Oxford

“On term 1, an alumna provided me with textbooks which I was missing for the program. It filled my heart with extreme gratitude to know that someone could do such an amazing gesture for someone who they do not know personally. I am forever grateful! It also served as a life lesson to show kindness towards others, it is a very rewarding feeling!” — Digmery Sanchez, SPN of Worcester

Brought in pastries (Quesitos and Pastelitos de Guayaba) specially ordered from ‘Whisk Me Away

Treats’ to share with the class. Whisk Me Away Treats is a “family-based business striving to bake the world a better place one goodie at a time.” Supporting a small business is great for the environment because they have a smaller carbon footprint than larger companies! Bringing so much joy by sharing sweets made daily, from scratch. A win-win!” — Monique Bull, SPN of Worcester

Stopped at a traffic collision that involved a nursing student on their way to clinicals. She waited with the student until police officers arrived and until the totaled vehicle was towed. She then gave her classmate a ride to clinicals, all along giving emotional support to allay anxiety. — Grace Mwangi, SPN of Worcester

Picked up (and delivered) prescription medications (and over-the-counter pain meds) multiple times for an ill neighbor. Cleared the driveway after a snowfall for the same ill neighbor and brought to ER! Makes it a point to walk with faculty at the end of the night making sure faculty is not alone and feel unsafe at the end of long lectures at night. — Khamphan Houatchanthara, SPN of Southbridge

Brought flowers to cheer up and celebrate milestones for staff and faculty! “Floriography, the language of flowers, was developed as a form of communication at a time where it was not appropriate, polite or proper etiquette for an individual to fully express their emotions with another.” — Brianna Laforest, SPN of Webster

ARC blood donor! She’s definitely someone’s type! “Blood donors report feeling a sense of great satisfaction after making their blood donation.” — Elizabeth Larson, SPN of Webster

The Random Acts of Kindness Foundation lists kindness ideas organized by work, community, environment, animals, strangers, kids, seniors and more. For more information visit <https://www.randomactsofkindness.org>.

jump in.

There’s never been a time when optimists are needed more to provide positive mentoring to the next generation. Will you answer the call? Will you share what you know? Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @GaryW Moore721 and at www.garywmoore.com.

VACCINATION CENTER

continued from page A1

cinating residents in the 65-plus age group, as well as those with two or more health conditions.

Appointments, though significantly limited at this time, can be scheduled online by visiting www.mass.gov/COVIDVaccineMap. Residents will be asked to enter their zip code or select a location from the map on the website, then follow prompts to schedule an appointment online.

Residents 65 and older who are unable to use the online model can call the Massachusetts Vaccine Scheduling Resource Line (877-211-6277).

“Individuals ages 65 and older will be able to speak to a representative live on the phone to assist them with an appointment through the state’s online system,” read a statement released by Governor Charlie Baker’s office. “If no appointments are available, callers will have the option to be placed on a call-back list for the mass vaccination sites. The caller will receive a call when an appointment becomes available for them at a mass vaccination site.”

The Massachusetts Vaccine Scheduling Resource Line is only meant for individuals seeking to schedule an appointment. Representatives are not able to answer general questions about COVID-19 or provide individual healthcare advice.

If you are attending the Worcester State University location, park in the north parking lot and enter through the designated door no more than five minutes before your appointment time.

If the Worcester State campus is closed or has a delayed opening due to weather, the clinic will be shut down and appointments will be rescheduled. Any changes to the campus status will be posted on the school’s homepage.

The university thanks Commonwealth Medicine, which is

providing logistics support, project management, and volunteer staffing support at the mass vaccination site. Meanwhile, Saint Vincent Hospital will serve as the clinical partner, providing daily clinical and operational leadership at the site.

“Numerous members of the Saint Vincent team will assist Commonwealth Medicine’s volunteer corps in staffing the site in both clinical and non-clinical roles,” read the university’s statement.

Volunteer opportunities are available for both clinical and non-clinical personnel. Medically trained and certified volunteers will administer vaccinations and monitor recipients for any adverse reactions. Non-clinical volunteers will help with check-in services, directional assistance, and cleaning of high-touch areas.

State officials urge eligible residents to schedule their appointments as soon as possible. As more priority groups are added in the coming weeks and months, vaccine centers will likely be booked throughout the day.

“Due to extremely high demand for appointments and limited vaccine supply, appointments are getting booked quickly,” read a statement issued by the Mass. Department of Public Health. “New appointments will be added to the website regularly, and the mass vaccination sites have the most availability for appointments.”

No one will be denied the vaccine due to lack of insurance. You will not need to provide a Social Security card or government issued identification to receive the COVID-19 vaccine.

You will never be asked for a credit card number to make an appointment.

Additional mass vaccination sites include Gillette Stadium, Fenway Park, the Eastfield Mall in Springfield, and the DoubleTree Hotel in Danvers.

MOORE

continued from page A8

without sharing the information and experience in my head and heart. When we do so, we live on through the lives of others.

What about you? Are you a “Hey you kids! Get off my lawn!” kind of person or would you like to make a positive difference in the lives of the next generation? That’s a serious question and I’d like you to answer. If you are willing to share your experience and time with others,

TRUE

continued from page A9

could be \$40 each! For a complete list of all license changes and permit changes, go to the Mass. Fish & Wildlife Web site. Saltwater licenses are also up for an increase for 2022.

Mother Nature had been kind to all wildlife this winter, until this past couple of weeks. With very little snow this year, finding food was relatively easy after the heavy acorn crop of last year. Female deer are now carrying their young, but should have no problem finding food and navigating the recent snow

left by the last two storms. The snow should be gone in the next two weeks.

The Whitinsville Fish & Game Club will hold their annual Game dinner on March 27. The event will be a takeout only dinner with all of the usual great food. Tickets are \$20 each. Go to their Web site at www.whitinsvillefishgame.com to purchase your tickets. A raffle will also be held. At this time of Covid-19, numerous Rod & Gun Clubs are doing everything they can to keep the lights on, and they need your continued support.

Take a Kid Fishing & Keep them Rods Bending!



Family Dining & Gift Guide

For Lent, St. Patrick's Day and Everyday!

Visit these fine establishments for great food, gifts, beverages and take-out too!

Call June at 508.909.4062 or email jsima@stonebridgepress.news to advertise on this page.



It's Your Wedding Day!

Engagement Rings, Wedding Bands, & Bridal Party Gifts ...

Quality & Style ... We Have It All!

You've found your perfect match

Now find your matching Engagement Ring and Wedding Bands at Cormiers

Choose from our In Stock items or Custom Design Options





Great Gifts For Bridal Parties



Buy 1 Get 1 50% OFF Lower Priced Item

Coupon must be present at time of purchase. Valid Till 4/30/21.

Cannot be combined w/other offers or used on prior purchases.

Some restrictions apply. See store for details.

Lay-away Now for your Summer, Fall or Winter Wedding!

Cormier Jewelers & ART GALLERY

A family owned business for over 70 years

136 Main Street, Spencer
508-885-3385
cormierspencer.com

Hours: Tues, Wed, Fri 10-5 • Thurs 10-6 • Sat 10-3



FINE DINING EXPERIENCE

Make Sweet Memories at Five Loaves!

By Reservation Only

FRESH BAKED BREAD • PARTY PLATTERS
PASTRIES, COOKIES & BARS
SPECIALTY CUPCAKES & CAKE ORDERS

13 Mechanic St.
Spencer, MA 01562
508-885-3760 fiveloavesbakery.com

Lunch: Tues - Sat 10-3
Dinner: Fri & Sat Reservations Only
Hours: Tues 10-3 | Wed & Thurs 10-6 | Fri & Sat 10-8:30

WE MAKE OUR OWN BREAD!

FREE head exam

Worn tip loses its grip → Bent prong won't hold for long

Most REPAIRS DONE ON PREMISES

Hurry in today for your **FREE Cleaning & Inspection!** before your diamond is gone.

~We do custom designs!~

\$10.00 OFF with Coupon
on new purchase or repair. Cannot be used on prior purchases or with any other offer. Exp. 3/6/21

Cormier Jewelers & ART GALLERY

A Family Business Since 1949
136 Main Street • Spencer • 508-885-3385

cormierspencer.com | TUES, WED, FRI 10-5 • THURS 10-6 • SAT 10-3

CHARLIE'S

Diner • Bar • Grill • Functions

WE ARE OPEN FOR INDOOR DINING!

BREAKFAST • LUNCH • DINNER

Friday & Saturday Night After 5:00

Seafood Stew

Full Menu - Take out still available

5 Meadow Rd., Spencer, MA 01562

Gift Cards 508-885-4033

www.charliesdiner.com

Hours: Sun, Mon & Wed 8-8 • Thurs, Fri, Sat 8-9

All Lunch & Dinner Entrees are available to dine-in or take-out!

Fish N' Chips To-Go ~ Fridays Only \$11.95

Spencer Country Inn

Buy Entree Get 1 1/2 **price**
(dine-in only) Cannot be used on holidays or private parties

With this ad. Exp 3/31/21

Reservations accepted. Nightly dinner specials.

SUNDAY BRUNCH
All You Can Eat \$15.95 (10am-1pm plus tax & gratuity)

500 Main St., Spencer, MA
508-885-9036
www.spencercountryinn.com

HOURS
Lunch: Fri & Sat 11:30-2:00
Dinner: Fri & Sat 5:00-Close
Sun. Brunch: 10am-1pm

NEWS

ESSENTIAL local NEWS



Jules Lusignan



T.A. King



Maureen Cimoch



Ellen Therrien



John Kokocinski



Adrienne James



SMART M L S

www.LakeRealty.net • www.WebsterLake.net

111 East Main Street, Webster, Massachusetts 508-943-9306 508-987-0767 1-800-552-7444
Licensed in MA & CT

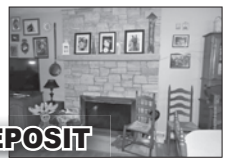
Listings Always Needed – We're Always Busy Selling!



WEBSTER LAKE – 7 Cedar Drive! Middle Pond! 8 Rm English Tudor across the street from w/Direct Waterfront Lot – Full Lake Access! Offering the Option of an In-Law Apartment or Plenty of Room for Family & Friends! Entry Foyer enters from 3 Sides w/locked door access into the house, stairway to the lower level In-law and the convenience of a Half Bath! The 1st Floor features Applianced Kit w/Breakfast Bar, Open Floor Plan – Frplcd Beamed Cathedral Ceiling Great Rm (Dining & Living Rms), Comfortable Bdrm & Hall Full Bath w/Laundry! Upstairs to the Spacious Master w/Master Bath & Slider to Lake View Deck! Additional Bdrm w/Built-ins! Lower Level with 2nd Kitchen, Open Dining & Living Area w/Brick Hearth, Full Bath & Possible (4th) Bdrm! Central Air! Huge Carport! Detached 3 Car Garage! Lakefront Lot w/Deck, Concrete Patio & Boat Dock! Take Advantage of the Low Interest Rates & make this House Your Home! Summer's Just Around the Corner! **\$489,900.00**

WEBSTER – 6 Nicholas Circle! 8+ Rm Center Hall Colonial! 1.22 Acres! Sought After Neighborhood! Great Commuter Location Accessible to Many Major Routes! Spacious Stainless Steel Appliance Cabinet Packed Eat-in Kitchen & Formal Dining Rm! 23 x 24 Frplce Family Rm w/Cathedral Ceiling & Slider to the Huge Deck! Front to Back Living Rm! 1/2 Bath w/Laundry Closet! The 2nd Floor You'll Find the Comfortable 12X17 Master w/Walk-in Closet & Full Bath w/Linen Closet! 2 Additional Bedrooms plus an Office/Nursery/Bedroom all w/Ample Closets! 2nd Full Bath off the Hall w/Linen Closet! 2.5 Total Baths! Lower Level Ideal for Storage or Future Expansion! 2 Car Garage w/Electric Openers w/Dble Door Entry to the Basement for Moving Larger Items aka Boys Toys! 2 Z Oil Heat, 2 AC, Separate Oil Water Heater! Irrigation! Don't Delay! **\$418,900.00**

WEBSTER LAKE – 124-2 Gore Road! 1.68 Acres! Private Retreat Lot with 320' of Road Frontage and 200' of Waterfront! Located in North Pond! Beautiful Panoramic Views! Sucker Brook Cove! Lot has been split from a larger parcel! Survey, Home Rendering and Conservation Items Addressed - Order of Conditions Pending! This is the Opportunity to Build a Unique Home with Spectacular Views! Direct Lake/Boat Access! Water and Sewer in the Road! Walk to Restaurants! Surrounded by Wildlife, including Swans and Eagles! **\$175,000.00**



WEBSTER – 69 Minebrook Rd! Conveniently Located 7 Rm Split Entry! 1.04 Acre Lot! House set well off the Road for added Privacy! Open Floor Plan! Eat-in Applianced Kit w/Island & Seating, Tile Flr, Tile Backsplash & Ceiling Fan! Din Rm w/Hrwd Flrs & Slider to the Deck Overlooking the Private Backyard! Frplcd Liv Rm w/Hrwd Flr! Ideal for Entertaining! Down the Hrwd Hall find a Full Bath w/Tile Flr & 3 Bdrms w/Wall to Wall Carpeting! Master Bdrm w/2 Dble Closets, Ceiling Fan & Master Bath w/Marble Tile Flr & Shower Surround! Hrwd Stairs, the Finished Lower Level Fan Rm w/Recessed Lighting, Stone & Tile Hearth w/Woodstove, 1/2 Bath w/Tile Flr, Laundry Rm w/Sink & Tile Flr, Utility Rm w/Storage! 2 Car Garage w/Electric Openers & Door to Backyard! Oil Heat! Steel "T" Beam Construction! Shed! Won't Last!! **\$349,900.00**

WEBSTER LAKE – 11 Henry Road! Bates Point - Middle Pond & Panoramic Views + Western Exposure = Beautiful Sunsets! Never 2 the Same! 3,184' 9 Room Fully Furnished Colonial Built from the Ground Up as a New Home in 2005! This Home Features 4 Bedrooms, 2 of which are Master Suites, 1 of which Overlooks the Lake, 4.5 Bathrooms, 2 of which have Separate Showers & Whirlpool Tubs, 3 of which have Double Granite Vanities, 2 Complete Granite/Stainless Kitchens! The First Floor Open Floor Plan with Hardwood Floors Features an Eat-in Kitchen with LP Gas Jenn-Air Range, Double Drawer Dishwasher & Trash Compactor! Spacious Formal Dining Room with Crown Mouldings & Chair Rails! Lake Facing Great Room/Living Room with Gas Fireplace, Wet Bar with Bottle Cooler, Surround Sound & Slider to Composite Deck! Half Bath with Laundry Closet! The Second Floor with 4 Bedrooms! Comfortable Front 16x16 and Back 17x17 Masters with Tray Ceilings, Recessed Lighting, Ceiling Fans, Surround Sound & Full Tile/Granite Bathrooms! Full Hall Bath for the other 2 Bedrooms! Fully Finished Walk-out Lower Level with Full Summer Kitchen, Family Room with Gas Fireplace, Surround Sound, Slider to Paver Patio & Full Bath! Buderus 3 Zone Oil Heat! 3 Zone Air Conditioning! Central Vac! Security! 2 Car Heated Garage! Boat Dock! **\$1,099,900.00**

CHARLTON – 74 Daniels Road! Completely Renovated 9 Rm, 4 Bdrm, 2.5 Bath Gambrel w/Attached In-Law Apt! Picturesque 3.39 Acres! Deeded Water Rights to South Charlton Reservoir! Extensive Updates! House w/New Roof, Siding, Kit, Bthrms, Windows, Int Doors, Electrical, Flooring, R60 Insulation in Attic, Water Heater, Well Pump & More! In-Law w/Open Flr Plan, Kit, Bdrm w/Walk-in Closet, Full Bath w/Laundry! Both Fully Appliance! 2 New Driveways, Irrigation, AG Pool! Shed! Security! Generator Hookup! **\$489,900.00**



hope2own.com
508.943.4333

Sharon Pelletier - Owner Broker
Licensed in MA, CT & RI

We Want Your Listings!

Featured New Listing!

WEBSTER • 233 - 235 NORTH MAIN STREET



Large 3 Family a rare find! Occupied by the owner for many decades. Entire 1st floor is one spacious apartment with 2 bedrooms, 2 - 2nd floor apartments have 3 bedrooms each. 30' x 44' beautiful Fieldstone Foundation, with walkout basement to off street parking. **\$289,900.**

OXFORD - 12 WINTER STREET



Home "Sweet" Home! TOTALLY Renovated! New Roof - Updated Electrical - New Heating System!! Bedroom, 1.5 Bath - 2 Story Conventional Home. Dead-End St. Rare find, Large Lot .77 Acre - Inside - Neutral Palette of Complimentary Paint Colors throughout the Entire House! Loads of Character! **\$281,000.**

June Cazeault • Laurie Sullivan • Matthew Ross • Lori Johnson-Chausse • William Gilmore II • Brian Bohenko

THOMPSON - 5+ ACRE WATERFRONT LAND - BECOLA ROAD



5+ Acre Waterfront Land - on "Little Pond". Also known as Schoolhouse Pond. Private, pastoral setting. Open Field surrounded by tree line. 250+ feet waterfrontage. At the end of a Dead end road! **\$179,900**

THOMPSON - 25 TERRACE DRIVE



SORRY, SOLD!
Off Thompson Hill! At the end of a Dead end road well maintained & loved! Kitchen with double wall ovens, gas cook-top, granite countertops. Formal dining room. Fireplaced Living room! master, on the first floor. 4 bedrooms total! 2nd full bath - second level. 2 car garage! assisted sale **\$325,000.**

WEBSTER - 103 UPPER GORE RD



SORRY, SOLD!
Home "Sweet" Home! TOTALLY Renovated! New Roof - Updated Electrical - New Heating System!! Bedroom, 1.5 Bath - 2 Story Conventional Home. Dead-End St. Rare find, Large Lot .77 Acre - Inside - Neutral Palette of Complimentary Paint Colors throughout the Entire House! Loads of Character **\$319,000.**

LAND
WEBSTER/OXFORD/DUDLEY/DOUGLAS

Oxford - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be Subdivided! **\$89,900**
Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. **\$115,000.**
Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **Each \$24,500.**
Douglas-Mount Daniels 2.5 Acres abuts Douglas State Forest! **ON DEPOSIT! \$132,900**

WEBSTER - 29 WEST AVE.



SORRY, SOLD!
Cozy 2 Story House with 3 BIG Bonuses! #1. Land almost 1 ACRE! #2. Zoning is MR-12 - Possible Multi Family Use - Investment Opportunity! #3. Large Over-sized 2+ Car Garage, Work Bench, Power & 2nd Floor! Great Space for the Hobbyist, DIY or Contractor! 1ST Floor - Living rm, Bedroom, Large Kitchen/Dining Area with Galley Pantry & Full Bath! 2nd Flr, 2 Bedrooms! All New Carpets - Recent Paint! Multi Level Back Deck with Jacuzzi! **\$255,000.**

WOODSTOCK - 33 DEER MEADOW LANE



SORRY, SOLD!
Beautiful 2,422 Sq Ft Colonial! 4 Bedroom! 3 Bath! Fireplace, 2 Car garage! So much more!
assisted sale **\$415,000**

DUDLEY - 22 ROBERTS ROAD



SORRY, SOLD!
Lovely 3 bedroom Ranch! Single door 2 car garage with storage! Eat-in kitchen. Fieldstone Fireplaced Living Room! 3 bedrooms, hardwood floors, Remodeled bathroom! Lower Level fieldstone walls/ fireplaced! In-ground pool! - 3.58 ACRES includes extra lot. **\$312,000.**

WEBSTER - 20 KINGSBURY



SORRY, SOLD!
NEW TO THE MARKET! Custom Sprawling Split 2800+ SF Central Air! Kitchen, Dining Room, Cathedral Ceiling Living Room, 3 Bedrooms! Granite Counters & New Flooring! New Boiler - Hot Water Tank - Oil Tank! FULL finished Lower Level w/ Full Bath & Laundry! THERE'S MORE! 2 Car Garage, renovated to include Hydro Heat, AC & 1/2 Bath! Great for Fitness Studio, Game Room or Home School! Over 1.4 Acres! **\$360,000.**

WEBSTER - 52 CUDWORTH ROAD



SORRY, SOLD!
1.99 ACRE INDUSTRIAL ZONED LOT! GREAT OPPORTUNITY TO LIVE & WORK FROM HOME! Amazing 1790 Antique Colonial! Undergone major updates & renovations, maintaining Antique Charm! Great Room graced by an Open Hearth Stone Fireplace! Soaring Cathedral Ceilings! **\$499,900.**

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

Webster Lake - 100 Lakeside Ave



WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind. Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining, formal dining room, media room & spacious 1st floor guest BR Suite w/ private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! **Remember, Timing Is Everything!** **\$1,075,000.**

Lake Shirley - 647 Reservoir Rd



SORRY, SOLD!
Lakefront! Lake Shirley! Modern Flare on a Lakefront Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House! assisted sale **\$1,040,000.**



PUT YOUR TRUST IN US
TEAMWORK AND EXPERIENCE

Jo-Ann Szymczak 774-230-5044

Diane Luong 774-239-2937

Maria Reed 508-873-9254

ReMax Advantage 1

25 Union St., Worcester MA 01604



CALL FOR A MARKET ANALYSIS

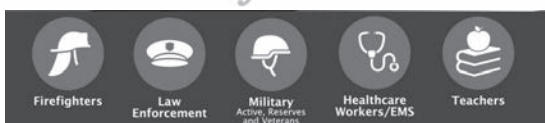
Licensed in MA & CT

We are conducting
virtual classes.

Call Diane to schedule

On-line buying, selling and
Home for Heroes Program

Homes for Heroes®



Contact our client coordinators for additional buyer assistance
Linda Sellig Slap 508.864.3245 Vicki Bennett 774.633.6762



ON DEPOSIT

Thompson CT: 1 bedroom unit, 55+ Park
3 Sunshine Terrace - \$49,900

**COMING
SOON!**

Webster: 4 units, Fully rented, 2 bedrooms
each unit, Updated mechanicals, Heating,
Electrical, roof, 6-Car garage
\$399,900

Make the move!
Find the homes of your neighborhood



FREE OPEN HOUSE LISTINGS
when you advertise in this section

ANTIQUES

continued from page A9

toys can also bring high auction prices. A 1930s waddling Donald Duck toy went for \$13,000 in 2014 and a celluloid Mickey Mouse on a metal scooter with the original box brought \$37,000 in 2008.

Older pinback buttons were also made of celluloid with metal backing. Some have brought astronomical prices. A rare "Buck Rogers 25th Century" celluloid pinback

went for \$2,700 in 2019. A Franklin D. Roosevelt for Senate pinback brought \$3,750 in 2016. As you might expect, sports pinbacks are very popular. Few examples of a one and a half inch Mickey Mantle Fan club button are known to exist. One sold for over \$23,000 last year. A pinback advertising a Detroit beer company is even more rare. The pinback is the only one known to exist depicting Babe Ruth and the 1916 World Champion Boston Red Sox. It sold for nearly \$63,000 last year. I'm sure

celluloid manufacturers weren't expecting the objects they made inexpensively for the middle class to sell for five figure sums over a century later.

We will have some celluloid objects from the estate of a long-time collector in our May multi-estate auction. We are still accepting quality items such as antique paintings, gold jewelry, sterling silver and older collectibles such as coins, sports memorabilia, advertising signs, and comic books for the May auction. We are

also currently running an online auction of model railroad trains, die-cast cars, pressed steel trucks, and models that ends on March 10th. See our Web site for details: <https://centralmassauctions.com>.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com.



MEET YOUR LOCAL REAL ESTATE PROFESSIONALS

Perfect for Realtors, Mortgage Companies, Banks, Real Estate Attorneys, Home Inspectors, Chimney Inspectors, Lead Removal businesses, Insurance Companies, etc... any business involved in the buying or selling of real estate.

To join this section, please contact your local sales rep, 1-800-367-9898 or email jsima@stonebridgepress.news

ERA Key Realty Services
"Put 36 years of combined real estate experience to work for you!"

Donna Flannery
 508-885-6665
donnaflannery.com
donnaflann@aol.com

ERA
 REAL ESTATE

Kayleen
 Flannery-Sauvageau
 508-612-9843
Kayleen00@aol.com

415B Main Street, Spencer, MA 01562

LISA CARON REAL ESTATE
 FOR ALL YOUR REAL ESTATE NEEDS

Call: 508-341-8299
 Lisa Caron Broker/Owner
 42 West Main Street
 Brookfield, MA
 ~ Notary Public ~

Representing Buyers & Sellers for over 15 years
caronlisarick@aol.com • lisacaron.com

THERE'S A NEW MORTGAGE LENDING TEAM IN TOWN!

Daniel Kirschner
 Mortgage Loan Officer, NMLS # 772868
dkirschner@baycoastbank.com
 Phone: 774-230-7750

Amy Dufresne
 Mortgage Loan Processor
adufresne@baycoastbank.com
 Phone: 508-675-4479

BayCoast
 489 Washington Street
 Auburn, MA 01501

Jules Lusignan
 #1 in Sales 2006-2020
 South Worcester County
\$157,327,280.00 SOLD

Jules Lusignan
 Owner
 Broker
 Founder

Lake Realty
 A 41 Year Company!

111 East Main St., Webster, MA
 Thinking of selling? Call 1-800-552-7444
www.LakeRealty.net
www.WebsterLake.net

Jo-Ann Szymczak 774-230-5044
 Diane Luong 774-239-2937
 Maria Reed 508-873-9254

Dudley ~ \$249,900

 Sided, Town Services, 2 bedrooms, 5 rooms each unit, Gas heat, Needs interior updating, county kitchen w/pantry,
52 Schofield Ave.

ReMax Advantage 1
 25 Union St., Worcester MA 01604

CALL FOR A MARKET ANALYSIS Licensed in MA & CT

LISA CARON REAL ESTATE
 FOR ALL YOUR REAL ESTATE NEEDS

Representing Buyers & Sellers for over 15 years 508-341-8299

"Absolutely amazing experience! From list to close, Lisa is a hands on agent who represents her clients with a professional touch. Everything from before list advice, staging, video showcase, photography, listing, timeline and sale! Lisa took the time to listen to our goals and put a plan into place."
 - Gregg & Eileen on Realtor.com

Broker/Owner ♦ LISA CARON ♦ Notary Public
caronlisarick@aol.com ♦ lisacaron.com
 42 West Main Street ♦ Brookfield, MA

EXIT
 Real Estate Executives

We have a great marketing plan that includes:

- Home staging services
- Home warranties
- 3D videos
- Professional photography
- Ramped up open houses!
- And so much more...

Give us a call today! 508-202-0008

Why call the Michelle Terry Team to sell your home?

YOUR LOCAL REAL ESTATE PROFESSIONALS

130 W. Main Street
 Spencer, MA 01562
 Michelle Terry • Broker /Owner
michelleterryteam.com

FREE OPEN HOUSE LISTINGS
 when you advertise in this section

Town-to-Town

Home Town Service,
BIG TIME RESULTS

CLASSIFIEDS

1-800-536-5836

Place your ad today!

APARTMENT FOR RENT
BROOKFIELD
 1 BR, 2ND Floor
 Off street parking
 Available NOW
 Electric or Gas Heat
\$580/mo
 Has all appliances
 No Dogs
Call Dave
413-262-5082

FOSTER PARENTS WANTED:
 Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need.
 24/7 Support
 Generous Reimbursement,
 \$1000 Sign-On Bonus. Call For Details.
Devereux Therapeutic Foster Care.
(508)829-6769

Devereux
 ADVANCED BEHAVIORAL HEALTH

LEE'S COINS & JEWELRY
\$ BUY & SELL \$
ALL GOLD & SILVER
ITEMS Specializing in NUMISMATIC COINS, Bullion Items, gold & silver of any form!
 Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they are worth. You won't leave disappointed. Honesty and fairness are our best policies!
 Lee's Coin & Jewelry,
 239 West Main Street,
 East Brookfield
 (Route 9-Panda Garden Plaza)
 508-637-1236
 or cell: 508-341-6355

Advertise Here

SEASONED HARDWOOD
\$250 per cord
Delivered
Spencer, MA
Call 774-696-7267

FIREWOOD
 Cut, Split & Delivered
 Green or Seasoned
Call Paul
508-769-2351

FIREWOOD
 3/4 Seasoned/standing dead hardwood custom cut to your specs. Delivered to your home.
12"-14" \$300 per cord.
16-18" \$260 per cord.
Call: 508-282-0232

PAQUETTE
ELECTRIC CO., INC.

CONNECTICUT MASSACHUSETTS RHODE ISLAND
JOURNEYMAN ELECTRICIANS WANTED

Long-Term Positions!

Excellent Wages & Benefits Including:

- Medical / Dental / Prescription Insurance
- Disability Insurance • Life Insurance • HSA Plan
- 401K Plan • Paid Vacations & Holidays
- Performance Bonus

Apply in person or online at: www.paquelec.com

Paquette Electrical Co., Inc.
 368 Killingly Rd., Pomfret Center, CT 06259

860-963-7078

CT Lic#0198020 RI Lic #A-004955 E/O Employer MA Lic #20353A

All We Know
 Is
 Local

StonebridgePress.com

LIVE BAIT FOR ICE FISHING
Open 24/7
Spencer
508-885-5416

LOOKING FOR
 1 Bedroom apartment in Webster
 Will consider surrounding towns
Call
508-461-6219

FOR ADVERTISING INFORMATION
CALL 508-764-4325



DOOR & WINDOW



SUPER DEAL



CALL BY FEBRUARY 28TH



SAVE \$325

ON EVERY WINDOW¹

Minimum purchase of four.

SAVE \$700

ON EVERY PATIO AND ENTRY DOOR¹

PLUS

SAVE AN EXTRA 3% ON YOUR ENTIRE ORDER¹

Minimum purchase of four.

WITH

\$0 Down • **0** Monthly Payments • **0%** Interest for **1 YEAR¹**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months.

Patio & Entry Doors:

- Our beautiful doors will **transform the look of your home** and are built to operate even during extreme temperature changes.

Windows:

- The combination of our composite Fibrex® frames and our reinforced window seals helps provide **year-round comfort**.
- Fibrex resists rot and corrosion and is available in six colors that won't crack, peel or flake, which means **our windows are virtually maintenance free.***

Renewal by Andersen:

- We aim to make replacing your windows and doors **an affordable project and the best home improvement experience you've ever had**.
- For your peace of mind, we've adjusted our operations to **serve you in the safest way possible and make your home more secure**.

Now offering virtual appointments, too!



RENEWAL by ANDERSEN
FULL-SERVICE WINDOW & DOOR REPLACEMENT



Renewal by Andersen is the only brand to win both J.D. Power awards for Windows and Patio Doors in 2020

Make your home more secure. Book a Virtual or In-Home Appointment.

1-800-209-2746

For J.D. Power 2020 award information, visit jdpower.com/awards. ¹DETAILS OF OFFER: Offer expires 2/28/2021. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each entry/patio door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 2/1/2021 and 2/28/2021. 3% off your entire order, minimum purchase of four (4) or more windows or entry/patio doors required, if you purchase by 2/28/2021. 3% savings offer applied after initial discount. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2021 Andersen Corporation. All rights reserved. ©2021 Lead Surge LLC. All rights reserved. *See limited warranty for details.

Understanding low vision

Prescription eyeglasses help billions of people across the world improve their vision. In fact, when a person's vision starts to weaken, a new eyeglass prescription is often the solution. However, prescription eyeglasses cannot correct every issue, including low vision.

The National Eye Institute defines low vision as a vision problem that makes it hard for people to perform everyday activities. People with low vision may not see well enough to read, drive, recognize people's faces, distinguish between colors, or see their television or computer screens clearly. Though low vision is a serious condition, the Cleveland Clinic notes it does not include complete blindness and can sometimes be improved with the use of visual aids. Understanding low vision and how it can affect a person's daily life can help patients and their families confront the condition more successfully.

Are all types of low vision the same?

The NEI notes that there are different types of low vision. The four most common types of low vision are:

- Central vision loss: This is marked by an inability to see things in the center of your vision.
- Peripheral vision loss: This affects peripheral vision and compromises a person's ability to see things out of the corners of the eyes.
- Night blindness: A person diagnosed with night blindness will be unable to see in low light.
- Blurry or hazy vision: The Cleveland Clinic notes that objects both near and far will appear out of focus person when a person is dealing blurry vision. Someone with hazy vision will feel as though his or her entire field of vision is covered with a film or glare.

What causes low vision?

The NEI notes that low vision is not caused by aging alone. However, there is a link between aging and low vision. Many of the diseases that can cause low vision are most common in older adults. In fact, the Cleveland Clinic notes low vision affects one in four adults over age 75 and one in six adults over age 45. The type of low vision a person has will



depend on the disease or condition that caused it.

Many different eye conditions can cause low vision, but the NEI says the four most common are:

- Age-related macular degeneration (AMD): AMD is a disease of the eye that can blur the vision people need to read

and drive. AMD is slow to develop and as it progresses the blurry area near the center of vision may get bigger and things may also seem less bright than before.

- Cataracts: Cataracts affect more than half of all Americans age 80 or older. The NEI notes that many people do not notice

they have a cataract initially. But over time, people with a cataract may notice their vision becoming blurry, hazy or less colorful.

- Diabetic retinopathy: Diabetic retinopathy affects blood vessels in the retina and can cause low vision in people with diabetes. The NEI urges anyone with diabetes to schedule comprehensive dilated eye exams at least once per year, as finding diabetic retinopathy early, even when no symptoms are present, can help people protect their vision.

- Glaucoma: Glaucoma is an umbrella term used to describe a group of eye diseases that damage the optic nerve. The NEI notes that half of all people with glaucoma don't even know they have it, which only underscores the importance of scheduling comprehensive dilated eye exams.

Low vision is a serious condition that can affect people's ability to perform daily tasks like reading and driving. More information about low vision can be found at www.nei.nih.gov.

How to treat minor burns

Protecting skin pays both short- and long-term dividends. In the short-term, concerted efforts to protect the skin, which can be as simple as applying sunscreen before spending time in the sun, can prevent the pain associated with first-degree burns like sunburns. And over the long haul, such measures can dramatically reduce a person's risk for skin cancer, a potentially deadly disease that the World Health Organization reports affects as many as 3.1 million people each year.

Though it's in everyone's best interest to prioritize skin protection at all times, burns still happen. Second- and third-degree burns can be severe, and such burns often need to be addressed by medical professionals. But the American Academy of Dermatology notes that most first-degree burns, which can include sunburns, can be treated at home. Proper treatment of such burns is essential, and the AAD offers these tips to help people treat first-degree burns at home.

- Cool the burn. First-degree burns should be cooled for about 10 minutes, or however long it takes for the pain to subside. Burns can be immersed in cool tap water, or victims can apply cold, wet compresses to cool the affected area(s).

- Apply petroleum jelly each day. The AAD notes that it's important to apply only petroleum jelly to affected areas. Old wives' tales may suggest that ointments, toothpaste or butter can be applied to burns, but such substances can cause infection. The AAD advises against applying topical antibiotics as well.

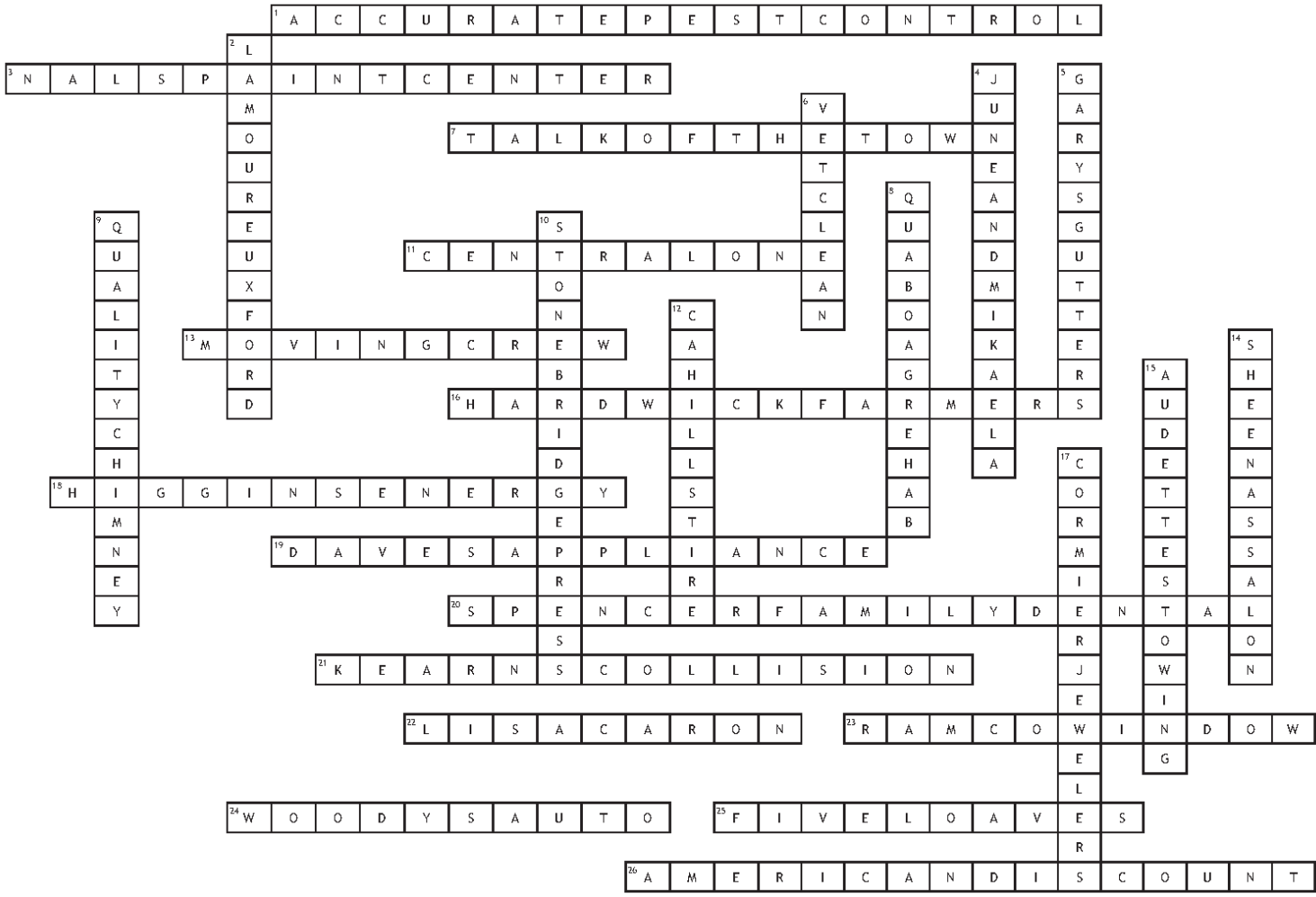
- Do not pop blisters and cover burns with nonstick, sterile bandages. Areas that have blistered should be allowed to heal on their own but can still be covered. Popping blisters can increase the risk of infection, so avoid the temptation to do so. Use nonstick, sterile bandages that can be easily removed and won't contribute to infection.

- Take steps to mitigate pain. First-degree burns are generally considered minor, but they can still be painful. If the pain is significant, over-the-counter medications like acetaminophen or ibuprofen can alleviate pain and reduce inflammation.

- Protect skin from the sun. Make a concerted effort to protect areas that have healed from first-degree burns from the sun. Seeking shade, applying a broad-spectrum, water-resistant sunscreen with a minimum sun protection factor (SPF) of 30 and wearing protective clothing can minimize scarring in areas of the skin that have healed from first-degree burns.

The AAD notes that most first-degree burns can be treated at home without the need to consult a medical professional. However, the AAD advises the elderly and parents of infants who have suffered first-degree burns, as well as anyone who thinks their burn is severe, to seek immediate medical care.

3RD ANNUAL ABC's of the Seasons ~ WINTER EDITION ANSWERS ~



ACROSS

1. Family owned & operated since 1997
3. Find our BOGO Coupon on our Website
7. Crystals & Gemstones
11. Drive happier
13. MDPU# 31690
16. Winter clothing to cover you from head to foot
18. 45 years in business
19. Since 1978. All Makes & Models.
20. We treat chronic bad breath
21. Color matching specialists
22. 15 years Real Estate Experience
23. Foggy, cracked, or broken glass
24. ASE Certified Technicians
25. Reserve now for Valentine's Weekend
26. Use promo code palmer123

DOWN

2. Family owned and operated since 1977
4. In print and online
5. 508.353.2279
6. Reporting for Duty!
8. Warm up to a new career
9. Need to get it done? Call me!
10. We will be happy to assist you anytime
12. Family owned and operated since 1967
14. Give your sweetheart a gift certificate for Valentine's Day
15. 24 hr Roadside Assistance
17. Family owned for over 70 years

We hope you enjoyed our Winter ABC's of the Season crossword puzzle.

The randomly chosen winner of all the correct entries for a \$25 gift card is

Kristen Petrik of Charlton, MA

Please continue to support these and all of your local businesses. Our next ABC's of the Seasons will be our Spring Edition, coming out on April 30 and May 7.

Thank you to all the ABC businesses and to those who completed our puzzle!

If you would like a letter for spring, please contact your sales representative to see what is available.

June
Spencer New Leader
Charlton Villager
Auburn News
Blackstone Valley Tribune
508-909-4062

Mikaela
Southbridge News
Sturbridge Villager
Webster Times
508-909-4126



Quaboag

Rehabilitation and Skilled Nursing Center

FOR A LIMITED TIME:
We have CNA scholarships available to the right applicants. Please inquire for further information.





The Joint Commission
National Quality Approval



5 out of 5 Stars
Centers for Medicare & Medicaid Services
Rating system for: Health Inspections, Staffing and Quality Measures.

Spring Into A Rewarding New Career in 2021
We are grateful to be a part of this wonderful community. Thank you for "social distancing" to keep us all safe. We hope you'll consider Quaboag as your next career move.

Positions Available




Assistant Director of Nurses
Evening Nurse Supervisor
Overnight Nurse Supervisor
Charge nurses: 3p-11p & 7p-7a
C.N.A. 11p-7a
Dietary Aide
Weekend Laundry
FT Speech Therapy

New Higher Rates!

5K SIGN-ON BONUS FOR FULL TIME OVERNIGHT NURSES FOR A LIMITED TIME






What our employees have to say...

"One of my favorite things about working at Quaboag is that you can tell the staff is here because they care about the patients. I have also found that my supervisor and administrator are very approachable when I have any concern. There are a lot of places where someone in a supervisor position is not that approachable." — Nicole F. (CNA)

"I am Definitely glad to be a part of the team as well. I feel like I'm home and everyone has been wonderful." — Nicole V. (LPN)

"In the time that I have been working at Quaboag I have witnessed the well-being and comfort of the residents as the main priority of the facility. The facility is centered around patient care and is designed in the best interest of the residents." — Lynnea T. (CNA)

We Offer Great Benefits!

- Health and Dental • Flexible schedules
- SIGN-ON BONUS (\$3000 SIGN-ON BONUS FOR FULL-TIME NURSES FOR A LIMITED TIME)**
- Referral Bonus (for when you bring a friend)
- Education Reimbursement

We are a
Deficiency-Free
community facility
in a beautiful small town
with a family feel.



For more information please contact: Julie Stapleton at 508.867.7716
Or apply online at: quaboagonthecommon.com

Crooked Creek Farm

~est. 1992~
East Brookfield, Massachusetts



BEST FARM FRESH MEATS IN CENTRAL MA
PASTURE RAISED • NATURAL MEATS

10% off
our Select Cut
Meat Packages

Please call for full details.



ASK US ABOUT OUR
FREE LOCAL DELIVERY!

To purchase your meat packages **CALL/TEXT: (774) 200-7308**
www.CrookedCreekFarmMA.com Email: crookedcreekfarmma@gmail.com

Find Us on Social Media  



BEGINNING MARCH 1ST
WE WILL BE OPEN
7 DAYS A WEEK
AT 11 AM.

RESERVE ONLINE OR
CALL TO DINE WITH
US OR CALL FOR
TAKE-OUT!

CASUAL WATERFRONT DINING ON LAKE LASHAWAY

WEEKLY DINE-IN SPECIALS

\$6.99 East Brookfield Burgers: Monday thru Thursday during Lunch hours. (11 to 4)
\$10.99 Meals (Entree and Salad) Monday and Tuesday Dinner (4 to Close)
Italian Night \$10.99 Italian Specials with Salad Wednesday Dinner (4 to Close)

Reservations are recommended to dine in
Take-out curb-side & delivery available
Masks are required of all non-toddler guests to enter.
Open 7 days a week Mon, Tues, Wed, Thurs, Sun 11-8; Fri & Sat 11-9
Please visit our website or Facebook page for our full menu.

Please call 774-449-8333 for reservations, take-out or reserve online 308lakeside.com

308 MAIN STREET
EAST BROOKFIELD
774-449-8333
[308 LAKESIDE.COM](http://308LAKESIDE.COM)

 Find us on Facebook






Hearthstone Market & Catering

Stuck in a dinner rut?
No time to cook?
Let us help!

We have a large variety of home cooked meals offered daily.



15% OFF Your purchase of \$35.00 or more with coupon
Hearthstone Market & Catering ~ valid until February 28 2021

Rt. 20, 630 Main Street
Sturbridge, MA 01566 • 508-347-7077
Open 7 Days a Week • 11am-7pm
hearthstonemarket1@gmail.com • hearthstonemarketandcatering.com



HEALTH & HOME

A special supplement dedicated to the Health and Wellness of people, pets, and Spring Home Improvement

Advertise in this special supplement coming to the *Spencer New Leader, Auburn News, Charlton Villager, Sturbridge Villager, Southbridge News, Webster Times, and Blackstone Valley Tribune*, and tell readers how your business can help promote health & wellness for all, or spruce up your home for Spring.

A Fresh Approach to Healthy Living & Home Improvement

Your business not health, home or pet related?
115,000 readers will still see your ad!



Publication Date:
April 23, 2021
Sales Deadline: April 8, 2021

AD SIZES

Full Page Cover	\$1000
Full page inside	\$800 B&W; \$850 color
1/2 page	\$500 B&W; \$550 color
1/4 page	\$300 B&W; \$350 color
1/8th page	\$200 B&W; \$250 color

Contact your sales representative

June Simakauskas
508-909-4062
jsima@stonebridgepress.news

Mikaela Victor
508-909-4126
mikaela@stonebridgepress.news