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Friday, August 16, 2019

Sounds for Hounds Music Fest benefits Dog Orphans



Courtesy Photo

Four-legged friends of all ages and breeds flocked to Oxford over the weekend with their owners for the seventh annual Sounds for Hounds Music Fest to benefit Douglas-based Dog Orphans Humane Society.

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

OXFORD — Four-legged friends of all ages and breeds flocked to Oxford over the weekend with their owners for the seventh annual Sounds for Hounds Music Fest to benefit Douglas-based Dog Orphans Humane Society. The event featured vendors, food, live music, a dog fashion show, raffle items, and much more.

“It did go very well, and everyone seemed to have a great time. The weather was on our side also,” said Ronald Morse, Director of Dog Orphans, adding that he wanted to thank everyone who helped support the event.

“You have to give back to your community,” added vendor Angela Webb, who traveled from Cape Cod with her jewelry and accessories.

Please Read **SOUNDS**, page **A6**

Police departments warn of new email scam

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — Several local police departments are warning residents of a new email scam containing a duplicitous email from what appears to be Amazon.com.

In a statement from the Belmont Police Department, which has been shared by several local agencies including the Douglas Police Department and the Millville Police Department, Amazon customers have reported receiving a fraudulent email from “Amazon.”

“It may appear in your inbox as Amazon.com,” the statement reads, noting the typo in spelling of Amazon. “The email informs the customer that their account has been suspended and to update their payment information.”

Police officials are urging residents not to click on any links and delete these emails if they appear in your inbox.

A phishing scam such as this is a scam in which hackers use fraudulent websites or email addresses that appear to come from a credible source to try and steal personal data or information. Phishing scammers send emails like this and ask users to follow any number of steps in order to rectify a problem, often creating a sense of urgency or immediacy.

If it absolutely, positively has to happen right now, it’s a scam, police officials added.

The Medway Police Department has also issued a similar statement about the Amazon scam.

“Please be alert if you receive an email from what appears to be Amazon,” the statement reads. “The email indicates that your payment has been declined and you need to update a payment method. Please do not enter any payment information through this email.”

The only way to update payment information should be to sign into your account and make the changes while logged into your account, the statement continues. If asked otherwise, it is a scam.

With technology rapidly advancing and users becoming more tech savvy, scams such as this one seeking financial and personal info occur every day via phone, internet, and other sources. However, residents can protect themselves.

“I always stress that education is the only way to shut these people down,” said Northbridge Fraud/Scam Officer Conrad Chickinski in a previous interview. “These scams are constant and ongoing. One thing that I would like to stress is that these scammers usually create an environment of fear and a sense of immediacy. They do not want the victim to stop and think and start making calls.”

Several online fraud protec-

Please Read **SCAM**, page **A6**

Millville taking steps toward energy efficiency

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

MILLVILLE — The town of Millville was designated as a Green Community in 2014, and since then, has been taking steps toward becoming even more energy efficient. The town’s Green Community Committee has recently released a report that details projects throughout town that have been completed to help reduce energy usage.

In the town, which is home to about 3,000 residents, Millville Elementary

School is the largest user of energy, according to the report. The school was built in the early 1990s and is a brick and glass building with multiple entrances, large windows, and vision panels, typical of construction in the 1990s. However, several updates were made in recent years to improve energy efficiency.

Fifty-six exterior lights, including awning lights, wall packs, recessed lights under overhangs, and pole lights at the school, were identified to be retrofitted to LED. The associated kWh usage

could be reduced by as much as 79 percent, reads the report.

Weatherization and air sealing measures, including roof-wall intersection, overhang, unit ventilator air sealing, and weather stripping, were also completed; classrooms on the second floor noticed an immediate change in ambient temperature after these measures were implemented.

The energy audit also showed that in the walk-in cooler and walk-in freezer/cooler in the cafeteria, fan motors running frequently ended up as heat inside

the refrigerated spaces. By installing two speed motors with controllers, the fans now operate at a low speed when no cooling is called for and at high speed when the system is actively cooling the refrigerator, resulting in reduction of fan motor energy consumption, fan motor heat, and refrigerator operation.

The Millville Fire Station has also seen projects completed. The structure was built in 1971 and lacks the required ceiling air barrier and insulation needed to reduce the loss of heat in the

Please Read **MILLVILLE**, page **A10**



Courtesy Photo

Mike Graves leads a plein air painting class.

Blackstone Valley Art Association embarks on new season

REGION — The members and many community participants participated in engaging events along the Blackstone River this Summer. Plein-air painting with Mike Graves, sketching with Boston based Laura Sfiat, and several photo shoots were enjoyed by all those who came. These events were funded by grants from Mass. Cultural Council and from Constellation Energy. Grants from both the Northbridge and Uxbridge Cultural Councils allowed us to help creatives during our regular season. We were able to buy extra supplies and engage great demonstrators for our meetings.

These grants are a valuable asset to non-profit groups and are very appreciated

by all our members.

Next season has a great line up of monthly demonstrations at our meetings, the third Tuesday of the month. The meetings are open to the public and are held at the Open Skies Community Gallery at 5 S Main St. in Uxbridge. The line up includes the following, September: Tori Heffernam, working with the model, how to achieve the emotion you are looking to create. Good for both artists and photographers. October: Stephan Halpert- the history of collage and it’s many components, hands on practice as well. November: Mary Wojciechowski- painting with alcohol inks. January: TBD.

Please Read **ART**, page **A10**

NEWSPAPER DELIVERY NOTICE

Look for the postcard folded into the back of this issue. Please fill it out and mail it back by August 30 to keep getting this free publication. The U.S. Post Office requires your signature allowing us to continue mailing you the paper for free. No stamp is required on the postcard. Thank you.

DEADLINE: AUG. 30 WITHOUT YOUR SIGNATURE, FREE DELIVERY WILL STOP.

Valley Tech self-renovates during the summer months

UPTON – Mindful of the District's investment in quality vocational-technical education, Blackstone Valley Tech tapped into its resources of skilled staff and students who assisted in completing campus enhancements during their summer break.

The 193 teaching year calendar creates an eight-week summer for students and school year staff. Logistically, this brief respite provides an ideal opportunity for the facilities team to expertly complete the school's robust list of building and maintenance improvements.

"We strive to give our students and staff an environ-

ment that they are proud of, a place where they want to be their best," said James Brochu, Facilities Manager. "We take pride in our work, we respect our campus, and we enjoy being here. Our 55-year old institution shines."

Timothy Bouono, Painting & Design Technology Instructor, worked closely with P&D students, Brady Smith, a senior from Millville and Emma Thayer a junior from Uxbridge to complete several painting projects on campus. Utilizing over 60 gallons of paint, they skillfully touched up classroom walls, door frames, trim, hallways, and common areas. They repainted the exterior sawdust

collector, located outside of Construction Technology after it was power washed. They also scraped and painted all of the ductwork in the competition center.

Facilities completed a detailed maintenance inspection and repairs of all academic and vocational classrooms. After a thorough review of all 57 classrooms, furniture was moved out, and the floors were washed and waxed. Working with Donald Rivers, Lead Custodian, and providing custodial assistance to complete that work were juniors Brenden Elder from Millbury in Electrical, Victoria Lopez from Northbridge in HVAC&R,

and Luke Morrison from Bellingham in Electronics & Engineering Technology.

There is a place now to rest alongside the track. It's there that you'll find a beautifully crafted mahogany bench, built by staff repurposing the original scoreboard footings as the foundation. Another great effort to re-use, recycle, and repurpose.

In addition to the annual top-to-bottom cleaning and maintenance, the school embarked upon significant projects such as: crack seal, seal coating, re-ling and stenciling of the whole campus; floor refinishing and painting of the entire

Automotive Technology department; football field maintenance restoration; repainting of the track; and stucco wall repairs outside of the football locker room door area.

BVT welcomes 316 new freshmen and eight upper-class transfers to join with returning students for a total student body of 1,241 (grades 9-12) eager learners. Prepped and polished, all students return to campus on Monday, Aug. 19 to an optimal learning environment to learn, grow, and thrive.

Moore-sponsored anti-fraud bill advances from committee

BOSTON – Sen. Michael O. Moore (D-Millbury) announced that a legislative committee recently advanced a bill aimed at clarifying what constitutes fraud in the public bidding process. The Moore-sponsored initiative, which possesses bipartisan support, received unanimous approval by members of the committee.

"It's important to incentivize contractors to submit the most honest and accurate bids possible," said Sen. Moore. "This legislation will offer further clarification to the existing procurement laws and support a system that the public can trust."

"Public construction contracts are major investments and our state policies ought to demand good faith and fair dealing throughout the solicitation process," said Sen. Marc R. Pacheco (D-Taunton) who serves as Senate Chair of the committee that advanced the bill. "I am grateful to my colleague Senator Moore for sponsoring this legislative solution and proud as always to support

fairness and transparency in public contracting on behalf of the hardworking taxpayers of Massachusetts."

Existing law does not define fraud as it relates to bidding on public construction projects. In the case *Fordyce v. Town of Hanover*, the Supreme Judicial Court narrowed the definition of fraud in the public bidding context to when a fraudulent statement does actual harm to the awarding authority. As such, the intent of a contractor who offers fraudulent statements as part of a bid are not taken into account unless the contractor succeeds in defrauding the awarding authority.

The bill would increase the Attorney General's ability to root out fraud and misrepresentation in the public bidding arena, and ensure the transparency and integrity of the process. To view the text of the bill, S.1885, and to continue tracking the legislation, visit the Legislature's Web site, www.malegislature.gov.

Uxbridge Senior Center hosting Family Fun Walk

UXBRIDGE — The Uxbridge Senior Center will be sponsoring a Go 4 Life Family Fun Walk on Saturday, Sept. 7 from 10 a.m.-noon.

The Senior Center was awarded a grant with Blue Cross Blue Shield (BC/BS) and Massachusetts Councils On Aging (MCOA). The grant will help with the costs of tee shirts and other supplies. The walk will be a fundraising event for the Senior Center to raise money for the Center's Activity Department. Walkers can recruit sponsors to raise money for the Center. The designated route is a one-mile loop starting at the Senior Center up South Main Street to Douglas Road to the Valley Chapel lower campus parking lot and back to the Senior Center. All walkers with varying speeds, age groups, and abilities are welcome to participate in the walk. Bring your family and friends to the walk with you! Raffles will add to the fun. Your name with our senior center will be entered into a state-wide raffle for special prizes.

The first 20 folks to pre-register will receive a free tee shirt generously provided by our grant with BC/BS and MCOA.

Please register in advance by calling 508-278-8622 or visiting the reception desk of the Senior Center located at 36 South Main St. in Uxbridge. Thank you in advance to all for supporting us!

TRIBUNE ALMANAC

REAL ESTATE

BLACKSTONE

\$470,000, 7 Rolling Brook Ln, Muliero, Robert M, and Muliero, Donna, to Lambert, Sara, and Lambert, Tyler.
 \$265,000, 4 Mayboro St, Hermistone, John E, to Line, John F, and Marcheterre, Sara A.
 \$238,477, 134 Summer St, Lee, Margaret J, and Wilmington Svgs Fund Soc, to Wilmington Svgs Fund Soc.
 \$123,710, 54 Fox Run Rd #54, Coronato Marie T Est, and Poirier, Michelle, to Stanley, Denise M.

DOUGLAS

\$489,900, 138 Yew St, JLT Development LLC, to Bussiere, David A.
 \$385,000, 164 SE Main St, Parslow, Dennis J, and Parslow, Heather A, to Wagner, Lisa J.
 \$327,500, 32 Colonial Rd, Kuras, Kevin, and Kuras, Christine, to Rosario, Moises.
 \$200,000, 24 Charles St #12, Wales, Anne E, to Everhart, Taryn.
 \$183,500, 110 Eagle Dr #110, Nala RT, and Davis, Edward C, to Shaw, Melissa.
 \$183,300, 24 Compass Point Dr #24, Northbrown LLC, to Hilton, Darin R, and Hilton, Nan.

NORTHBRIDGE

\$743,824, 2811 Providence Rd, Grant, Cathy A, and OCWEN Loan Servicing LLC, to Wells Fargo Bank NA Tr.
 \$429,999, 206 Fairway Dr #206, Bresnahan, Kelly K, to Maynard, Christopher A, and Maynard, Susan.
 \$287,000, 18 Wards Ln, Thornquist, Richard M, and Thornquist, Lynn A, to Wildanger, Jamie T, and Wildanger, Sacy L.
 \$282,000, 254 School St, Inman, Elaine, to Purdy, Shane.
 \$154,000, 926-928 Hill St, US Bank NA Tr, to Felix, Anthony.
 \$123,500, 474 Sutton St, USA HUD, to Ferreira, Edmar C, and Manso, Keila M.

UXBRIDGE

\$460,000, 60 Eber Taft Rd, Orbison Corp, to Dion, Stephen P, and Evers-Gordon, Rachael.
 \$391,452, 127 Rogerson Xing #127, Rogerson Crossing RT, and Boardman, Chad, to Grill, Scott D, and Grill, Beth S.
 \$320,000, 362 Chocolog Rd, Mcgrath, Shawn J, and Mcgrath, Sharon A, to Jennings, Kimberly A.
 \$290,000, 114 Carrington Ln #114, Plamondon, Michelle E, to Holzgraf, Julie.
 \$265,000, 386 W Hartford Ave, Amstutz, Merlin D, and Amstutz, Angela Y, to Lane, Sean J, and Early, Michelle E.
 \$199,900, 55 Quaker Hwy, US Bank NA Tr, to Brochu, Jeffrey.

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UniBank supports community harvest project

WHITINSVILLE — UniBank recently announced that a \$10,000 donation was provided to the Community Harvest Project (CHP) located in Grafton. UniBank's donation will help the Community Harvest Project in their efforts to ease hunger and provide fresh fruits and vegetables to residents in need.

The Community Harvest Project is a non-profit farm that engages volunteers to grow fresh fruits and vegetables to provide to those experiencing hunger. Through their volunteer farming programs, education initiatives, and community partnerships, the Community Harvest Project brings thousands of community members together each year to improve access to healthy foods for individuals and families in need

across Worcester County. In a typical year, Community Harvest Project works with around 8,100 volunteers to donate more than 300,000 pounds of food amounting to about one million servings!

"We're grateful to be a part of the Central Massachusetts community, and for us, giving back is a crucial part of what we do – it is who we are. The work being done at Community Harvest Project, to help feed those in need within our local neighborhoods is astounding, and reflects the true fabric of care and compassion within our community – we are honored to be a partner in this important work," stated Michael W. Welch, UniBank CEO.

As a community bank, UniBank is committed to supporting local commu-

nities. UniBank is a proud supporter of youth development, community development, affordable housing, and environmental concerns.

Learn more about Community Harvest Project: www.community-harvest.org.

Learn more about UniBank: www.unibank.com.

UniBank is rooted in the Blackstone Valley with assets of \$1.8 billion as of June 30, 2019. A full-service, mutually owned community bank, UniBank has branches in Central Massachusetts and the MetroWest region of Massachusetts. UniBank newest full-service branch is located at 193 Boston Turnpike (Route 9) in Shrewsbury (at the former site of Spag's). UniBank is dedicated to contributing to the overall quality of life and economic health of the communities it serves, while maintaining a high level of financial soundness and integrity. UniBank is an Equal Housing Lender and Member FDIC and Member DIF UniBank NMLS #583135. The company Web site is www.unibank.com.



Courtesy Photo

UniBank recently announced that a \$10,000 donation was provided to the Community Harvest Project (CHP) located in Grafton, MA. UniBank's donation will help the Community Harvest Project in their efforts to ease hunger and provide fresh fruits and vegetables to residents in need. Left-Right: MaryHope Gardner, Development Coordinator, CHP; Wayne McAuliffe, Manager of Volunteer Programs, CHP; Scott Rossiter, Volunteer Board Member, CHP; Michael W. Welch, UniBank CEO; Robert E. Paulsen, Jr. SVP, Senior Lending Officer, UniBank and Treasurer of the CHP Board of Directors; Tori Buerschaper, Education and Marketing Manager, CHP.

Local residents named to Elms College Dean's List

CHICOPEE — The College of Our Lady of the Elms has named the following student(s) from your area to the dean's list for the spring 2019 semester of the 2018-2019 academic year. To qualify, a full-time student must earn a GPA of 3.5 or higher, without incompletes.

About Elms College
Elms College is a co-educational Catholic college offering a liberal arts curriculum that gives students multiple perspectives on life. Founded in 1923 by the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civic and social obligations, and capable of adjusting to change without compromising principle.

NAME	CLASS OF	CITY
Richard Marinelli	2020	Millbury
Jessica Goyer	2020	Whitinsville

St. Peter's announces Holiday Bazaar

NORTHBRIDGE — St. Peter's Parish in Northbridge will be holding its Annual Holiday Bazaar on Saturday, Nov. 2 from 9 a.m.-3 p.m. in the Parish Hall, 39 Church Ave.

Come out with your family and friends to enjoy the day! We will have all of your favorites: Delicious home-made baked goods, white elephant table, craft tables with beautiful handmade items, knitted items & handmade quilts. There will also be tables filled with raffles (you never know what will be there!) & the famous silent auction. Stay and enjoy a bite to eat with all of our "Old-Time" favorite foods being served.

If you would like more information, please contact the parish office at 508-234-2156.

BLACKSTONE VALLEY TRIBUNE
ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4111 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

CORRECTION

The August lunch menu from Tri-Valley Elder Services, Inc. mistakenly published in last week's edition was for the North Brookfield Senior Center only, and is not in effect at any other facility.

We deeply regret any confusion that may have resulted from this unintentional oversight.

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Physician Assistant (Family Medicine, Emergency)
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- Ambulatory Care Program Director
- Certified Medical Assistant
- Certified Nursing Assistant
- Dental Assistant
- Engineering Technician
- Help Desk Manager
- Hospital Maintenance Supervisor
- Informatics Nurse
- Medical Coder I/II/III
- Performance Improv./Patient Safety Officer
- Sexual Assault Victim Advocate

Positions Close on 08/09/2019 @ 5:00 pm

- Administrative Assistant
- Injury Prevention Specialist/Program Assistant

For more information visit www.tchealth.org or contact Human Resources at (928) 283-2432 or tcrcchr@tchealth.org.

TCRHCC is a Navajo/Indian preference employer. Final candidates selected will be subject to a favorable adjudicated background investigation.

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Cornerstone Bank makes donation to Tri-Valley, Inc.



Courtesy Photo

Pictured here, L to R: Cornerstone Bank Business Development Sales Manager and Tri-Valley, Inc. Money Management Program volunteer Colleen K. Lord; Cornerstone Bank Chairman & CEO K. Michael Robbins; Tri-Valley, Inc. Protective Services Program Director Patricia Berthiaume; and Cornerstone Bank VP/Compliance, BSA and Security and Tri-Valley, Inc. Money Management Program volunteer Pamela L. LeBlanc.

WORCESTER — Cornerstone Bank recently donated \$2,000 to Tri-Valley, Inc., an organization whose mission is to help seniors and

people with disabilities live independently in their own homes.

This donation will go toward

the organization's Money Management Program. This program is a free service that assists low-income elders who are at risk of losing their independence due to an inability to manage their own finances. Volunteers are matched with elders who need help paying bills and other routine financial tasks.

Money Management Program and help seniors manage their finances and keep their independence."

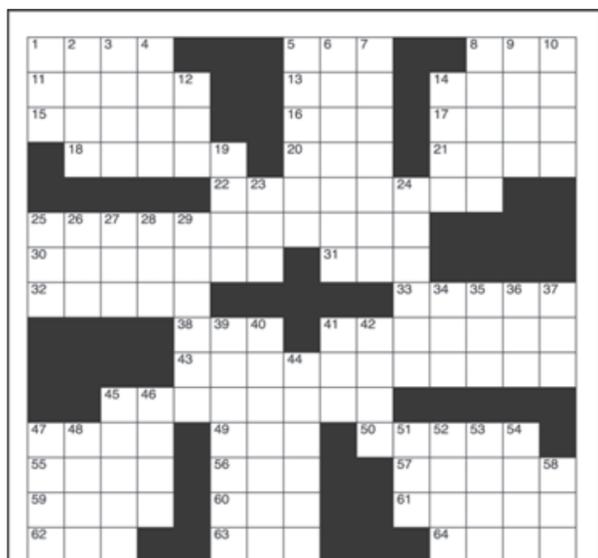
For more information about the Money Management Program or if you would like to become a volunteer, please visit www.trivalleyinc.org, or call 1-800-286-6640.

"Tri-Valley, Inc. provides exceptional quality care management for our elders and those who are disabled," stated Cornerstone Bank Chairman & CEO K. Michael Robbins. "We are pleased to assist the

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving the residents, businesses, and communities throughout Central

Massachusetts from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster and Worcester. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook or call 800-939-9103.

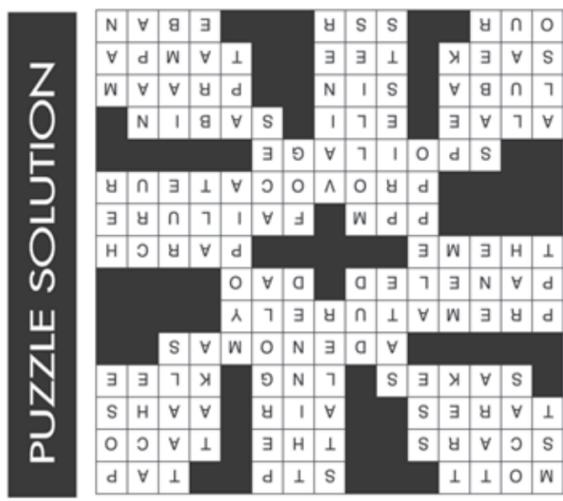


CLUES ACROSS

- 1. Social reformer Lucretia
- 5. Engine additive
- 8. Where draft beer comes from
- 11. Skin lesions
- 13. Denoting one or more things
- 14. Beloved dish
- 15. Packaging allowances
- 16. Surrounds the earth
- 17. Expresses pleasure
- 18. "For goodness ___!"
- 20. Liquefied natural gas
- 21. Paul ___, Swiss painter
- 22. Benign tumors
- 25. In an early way
- 30. Covered with wood
- 31. Principle underlying the universe
- 32. Message
- 33. Become dry through heat
- 38. Printing speed measurement
- 41. One who does not succeed
- 43. Type of agent
- 45. Type of waste
- 47. Wings
- 49. Giants' signal caller
- 50. Polio vaccine developer
- 55. Congo native
- 56. Mortal is one type
- 57. Fishing vessel (Naut.)
- 59. Ethnic group of Thailand
- 60. Where golfers begin
- 61. Western Florida city
- 62. Belonging to us
- 63. Soviet Socialist Republic
- 64. Influential Israeli diplomat

CLUES DOWN

- 1. Mountain Time
- 2. Int'l political organization (abbr.)
- 3. Olympic champion Lipinski
- 4. March
- 5. Less fresh
- 6. Reduced in size
- 7. Garden archway
- 8. Professional translators group (abbr.)
- 9. Type of pain
- 10. What to do for the cameras
- 12. Midway between south and southeast
- 14. Bangladeshi monetary unit
- 19. Satisfy
- 23. Flop
- 24. Nearsightedness
- 25. Parts per thousand (abbr.)
- 26. Bravo! Bravo! Bravo!
- 27. Midway between northeast and east
- 28. Swedish castle
- 9. War-ravaged Syrian city
- 34. American model Carol
- 35. Bitterly regret
- 36. Grand ___: superior grade wine
- 37. Of she
- 39. Clergymen
- 40. Ringwald and Shannon are two
- 41. Daze
- 42. Scores perfectly
- 44. More narcissistic
- 45. Fencing sword
- 46. Highest point
- 47. In addition
- 48. Hawaiian feast
- 51. Appropriate under the circumstances
- 52. Hillside
- 53. Metrical foot
- 54. Winemaking region
- 58. Someone



Sulham returns as VP, Uxbridge Branch Manager of UniBank



Michael Sulham

WHITINSVILLE — Wendy Brown, Vice President Director of Retail Banking, recently welcomed Michael R. Sulham back as Relationship Branch Manager of UniBank's Uxbridge Branch. In this role, Mr. Sulham is responsible for daily operations, business development, and community involvement in the town of Uxbridge.

Mr. Sulham joined UniBank in 2010 as Assistant Branch Manager. He has over

13 years of banking experience. Mr. Sulham holds a Bachelor of Arts degree from Assumption College.

Mr. Sulham is a resident of Holden.

UniBank is rooted in the Blackstone Valley with assets of \$1.8 billion of June 30, 2019. A full-service, mutually owned community bank, UniBank has branches in Central Massachusetts and the Metro West region of Massachusetts. UniBank's newest full-service branch is located at 193 Boston Turnpike (Route 9) in Shrewsbury (at the former site of Spag's). UniBank is dedicated to contributing to the overall quality of life and economic health of the communities it serves, while maintaining a high level of financial soundness and integrity. UniBank is an Equal Housing Lender and Member FDIC and Member DIF UniBank NMLS #583135. The company Web site is www.unibank.com.

St. Mary Parish to offer grief support program

UXBRIDGE — "Grieving with Great HOPE" will be offered by St. Mary Parish, Uxbridge, beginning in September.

Grieving with Great HOPE is a five-week grief support workshop from Good Mourning Ministry, a Catholic Apostolate, to assist those who are mourning the loss of a loved one. This workshop is for anyone who is grieving the death of a loved one be it a spouse, child (including pregnancy loss), grandparent, sibling, cousin, or friend no matter when the loss occurred. Everyone mourns their loss in their own time and in their own way. This workshop will give those grieving the tools they need to guide them into a new and different life. In this workshop participants will gather together as a community of faith to become disciples of hope.

Each session includes a video, group discussion and prayer and will be held at St. Mary Parish Center, 77 Mendon St., Uxbridge, on Sept. 19, 26, Oct. 3, 10, and 17 from 6:30 to 8:30 p.m. Facilitators for the workshop will be Linda Small, LICSW, Lynn Normandin and Mary Ellen Bartlett, RN. The cost is \$18, and includes the accompanying workbook. All are welcome. You may register by calling the office at 508-278-2226 or emailing: dmoriarty@stmaryuxbridge.org.

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SENIOR SCENE

Northbridge Senior Center

Phone: 508-234-2002
www.northbridgema.org/council-on-aging
Monday – Thursday 8:30 a.m. – 4 p.m.,
Friday 8:30 a.m. – 1 p.m.

Upcoming Special Events and Announcements

We require registration for all of our events and trips. Additionally, if you need transportation, please inform the center at the time of registration. Simply call 508-234-2002 to sign-up. Deposits and fees are required at time of sign up in order to reserve your spot.

SPECIALS COMING UP:

First Thursday of every month, Denise Forgit holds office hours from 9:30-11:30 to assist with frauds and scams. All appointments are confidential. Denise also has a shredder if you need to get rid of confidential documents.

Every Wednesday from 1:30-3:30 our computer expert Paul Holzwarth is here to help with any computer, iPad, or even cell phone questions you may have. Call the Senior Center to make an appointment.

Monday, August 19th @ 11:30 Singer Tim Brooks will be here to entertain

during lunch. Tim sings a variety of old and new songs that will be sure to please! If you would like to have lunch during this performance, please call Bill 48 hours in advance to sign up.

Wednesday, August 28th @ 10:30 Monthly Book Club this month we are reading "Hillbilly Elegy" by J.D. Vance. Join us for a cup of coffee and great conversation. Call Michelle for more details.

Day Trips:

"Diamonds and Pearls/Cash and Kings" The Ultimate Tribute Show. Wednesday, August 28th at Lake Pearl, Wrentham, Ma. The renowned ship-board duo Jose and Patti have been

wowing audiences worldwide with their vibrant performances. This show is a Neil Diamond Tribute with some Janis Joplin, Carole King and Johnny Cash mixed in. Plated lunch is also included with your choice of stuffed chicken breast or baked scrod. \$92/person. Contact Jeannine at the Center to sign up or for more info.

Mohegan Sun and Cap'n Jack's "Loot n' Lobster" Wednesday, September 25th. Casino incentive package is included with \$15 towards food and \$15 free bet coupon. At Cap'n Jack's you will have a choice of lobster or prime rib. \$75/person for the trip. Call or come in to see Jeannine to reserve your spot.

Bo Daley joins UniBank as Area Relationship Branch Manager for Whitinsville



Bo Daley

WHITINSVILLE — Wendy Brown, Vice President Director of Retail Banking, recently welcomed Bo Daley to the UniBank team as Area Relationship Branch Manager of the Whitinsville Main and Whitinsville Plaza Branches. In this role, he is responsible

for operations, and growth and development of consumer and business relations for UniBank's Whitinsville branch locations and representing UniBank in the community through attendance in community events and participation with community groups.

Mr. Daley has more than 18 years of banking experience. He holds a Bachelor of Business Administration degree with a focus in Management from Becker College.

UniBank prides itself on community involvement and Mr. Daley embraces that mission as the President of the Rotary Club of Metro Providence in 2019/2020 and as an active member in the Rotary Club of Blackstone Valley. Rotary is one of the largest service organizations in the world and has a major impact at a local level. Mr. Daley enjoys preparing food for those in need, repairing bicycles for the community, picking up litter, and many other local service activ-

ities. Mr. Daley is a resident of Riverside, R.I.

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Roger Williams University announces Spring 2019 graduates

BRISTOL, R.I. — The following local residents were among the students who received their degrees in May as part of the Class of 2019:

Jacob Bodell of Uxbridge graduated with a degree in B.S. in Management .

Daniel Gniadek of Uxbridge graduated with a degree in B.S. in Construction Mgmt. .

Samantha Gonzaga of Uxbridge graduated Cum Laude with a degree in B.A. in Psychology .

Tyler Moorey of Whitinsville graduated with a degree in B.S. in Architecture .

Ashley Swett of Northbridge graduated Cum Laude with a degree in B.S. in Marketing .

Victoria Webber of Douglas graduated Summa Cum Laude with a degree in B.S. in Biology .

About RWU

With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.



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My name is Dorrinda O'Keefe-Shea and I am an agent for CENTURY 21 North East, Inc. We have two locations one in Ware, and Spencer to better serve you, our customer. I have lived in Central Massachusetts most of my life and know the area well. I joined CENTURY 21 North East, Inc. because it has an established record of leadership with James D'Amico as Owner/Broker and the power of the CENTURY21® name, one of the largest real estate organizations in the world.

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of my clients with exceptional and personal service. I will answer your questions and if I don't have the answer I will find the answer. I will work just as hard selling your home as I will helping you buy a new home.

I love what I do and I would love to work with you. Call me if you have a home to sell or want to look for a new home. I would be happy to do a Free Market Analysis on your home. Call today no obligation. I believe that if we work together as a team we can make your dreams come true.

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WWW.THEALTH.ORG

Friday's Child



Akhia ~ Age 9

Hi! My name is Akhia and I love to smile!

Akhia is a happy and smiley girl of African-American, Hispanic and Caucasian descent. She is very kind to other children and is able to make new friends easily. She loves to play with dolls, do arts & crafts, and make jewelry. She also likes to make slime! When she grows up, Akhia would like to take care of animals.

Akhia does well in school, follows classroom expectations, and plays well with her peers. She also gets along with everyone in her current foster home and is able to follow the household routine with no issues.

Akhia is legally freed for adoption and she has the potential to thrive in a family of any constellation with calm and experienced parents. She will do best as an only-child or with significantly older siblings. Akhia has a close relationship with her older brother and it is important to her that she is able to maintain contact with him.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LG-BTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org.

The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."



To sponsor Friday's Child call Patricia at 508-909-4135
or email patricia@stonebridgepress.news

www.StonebridgePress.com



Uxbridge Public Library

15 North Main St.
(508) 278-8624

Special Hours
The Library will be closed on Monday, September 2 in observance of Labor Day.

Adult Programs

Yoga with Marise Nazzaro - Mondays at 7pm
Join us for this popular Library Trustee-sponsored program. Registration required.

Sit and Knit - Thursdays - September 5 and 19 at 1:30pm
Join this informal group with a textile project of your choosing. No registration needed.

Pastel Night - Thursday, September 5 at 6pm
Join Gregory Maichack for a hands-on pastel painting workshop. Registration required.

Uxbridge Senior Center Book Club - Tuesday, September 10 at 1pm
Join us for our semi-monthly meeting at the Senior Center to discuss Longbourn by Jo Baker. No registration needed.

Mindfulness Meditation - Thursdays - September 12 and 26 at 6:30pm
Mindfulness is the energy and continuous practice of being aware and awake to the present moment. In this 50 minute workshop we will practice mindful sitting meditation, mindful walking meditation, and mindful breathing in the tradition of Thich Naht Hanh. Registration encouraged.

Couponing Makes Cents - Thursday, September 19 at 6:30pm
Who doesn't like to save money?! Learn how to save money on groceries, household items, clothing, and more. A great class for parents, soon to be parents, college grads, seniors, and even those who have never used a coupon before. Learn money saving tips, which sites and apps to use, get a take home folder with over \$50 worth of manufacturer/store coupons, and a chance to win prizes! Registration required.

Sewing Machine 101 - Thursday, September 26 at 6:30pm
Bring your sewing machine to learn the basics! Registration required.

Bookies Book Club - Monday, September 30 at 6:30pm
Join us for our monthly meeting to discuss "The Painted House" by John Grisham. Pick up a copy at the circulation desk! No registration needed.

Youth Programs

Creation Station - Tuesdays from 3:30-4:30pm
We are back with all things STEM! Come in and see what you can make! No registration needed.

Crafty Wednesday - Wednesdays from 10am-4pm
Drop in to see what our craft of the week will be! No registration needed.

Lego Club - Thursdays from 3:30-4:30pm
Be a Master Builder and create with our different LEGOs! Ages 5 & up and no registration needed.

Toddler Time - Saturdays from 10-11am

Introducing our newest Saturday morning toddler program! Join us for relaxed play with blocks, instruments, bubbles, and more to encourage healthy growing! No registration needed. Best for ages 0-2.5 years.

Music & Movement: Down on the Farm - Tuesday, September 17 from 11-11:45am
Sing like a cow, a chicken, a pig, and more with Miss Deb Hudgins for this drop-in program with songs and stories about the farm. Brought to you by the Library Board of Trustees.

Kids Yoga - Thursday, September 17 from 4:30-5:30pm
It's yoga time!! Practice some poses and maintain your well-being throughout the school year. Best for ages 6 and up. Registration is required.

Fall Coloring Contest - Monday, September 2-Saturday, September 21
Fall is almost here! Come in and pick up a coloring sheet at the children's desk to enter our contest. The winner will receive a special prize!

Make Your Own Caramel Apples - Saturday, September 21 from 12-1pm
Get in the fall spirit with homemade caramel apples for the whole family! Toppings and caramel will be nut-friendly. Registration is required.

Sharpie Tie Dye Decorating - Saturday, September 7 from 11am-12pm
Bring in a t-shirt, bandana, or whatever you want to tie-dye, and we'll supply the rest. For ages 12 and up. Registration is required.

Pajama Story Time - Thursday, September 26 from 6:30-7pm
Dress in your jammies and bring your stuffies to story time! Stuffies can stay over in the library, and see what they are up to the next day.

Story Time Corner
We will be starting up with baby and preschool story times for the fall! Story times begin the week of September 16th and will run for 6 weeks. The last week will be the week of October 21st. Registration will be online!

Baby story times are for ages 0-2.5 years. Preschool story times are for ages 2.5-4 years. Please choose which class best fits your schedule. The following class options will be available:

Mondays at 10:30am - Baby Story Time with Miss Cat
Tuesdays at 10:30am - Baby Story Time with Miss Lindsey
Wednesdays at 11am - Preschool Story Time with Miss Lindsey
Thursdays at 11am - Preschool Story Time with Miss Cat

Whitinsville Social Library

Northbridge's public library
17 Church St.
Whitinsville, MA 01588
508-234-2151
www.northbridgemass.org/WSL

September Hours
Mon-Thurs 10-8
Fri 10-5
Sat 10-2
CLOSED Monday 9/2 for Labor Day

Historical Room open: Wednesday September 11 & 25 from 2-3:00

CHILDREN'S EVENTS
Music & Movement with Miss Deb
Wednesday 9/4, 9/11, 9/18 & 9/25 at 10:30

Ages 1 thru preschool
Registration required: www.tinyurl.com/BVLevents

Storytime with Miss Helen
Thursday 9/5, 9/12, 9/19 & 9/26 at 10:30
For ages 2 through preschool. Drop-in.

Baby Bounce
NEW! Baby Bounce has returned to Fridays!
Friday 9/6, 9/13, 9/20 & 9/27 at 10:30
For babies ages 0-18 months and their caregivers. Drop-in.

Lego Club
Monday 9/9 & 9/23 at 2:30
Recommended for ages 3-12. Drop-in.

My Pal & Me Art Club
Monday 9/16 & 9/30 at 3:00
9/16: Back to School!
9/30: Leaf Rubbings!
Recommended for ages 3-12. Drop-in.

Dads & Donuts
Storywalk with Boy Scouts Troop 155 of Whitinsville
Saturday 9/14 at 11:00
Drop-in

FAMILY EVENTS
Wreck the Tech!
Tuesday 9/10 at 2:30
Let's try our hand at classic technology tinkering! Older kids, find a younger buddy to team up with and conquer your electronics quest. All materials provided; all ages.
Drop-in

Family Board Game Night
Thursday 9/12 at 6:30
Let's bring it back to basics with classic board games such as Monopoly and Connect Four. Or, stimulate your literary neurons with Scrabble, Boggle, and Bananagrams! Fantasy lovers, Settlers of Catan will absolutely be on the docket. And if you're feeling daring, try your hand at new games such as Exploding Kittens and Forbidden Island. Bring your own games too! Refreshments provided. Game on!
Drop-in

Cupcake Decorating
Friday 8/23 at 12:00
Celebrate the end of summer reading with CUPCAKES!
Drop-in

TWEEN/TEEN EVENTS
Crafternoon
Wednesdays from 2:30-4
9/4: Collages
9/11: Patriotic Dahlia Wreaths
9/18: 3D Drawings
9/25: Tie Dye Shirts
for grades 5-12
Drop-in

Back to School Pizza Party
Friday 9/6 at 2:30
School's back! We'll eat pizza, listen to music and tell each other what we're stoked about this school year. Then, we'll make vision boards to help us achieve our goals!
for grades 5-12
Drop-in

One-Up Games: Open Play with VR
Thursday 9/19 at 3:00
Ever wanted to visit an eSports and gaming lounge? This afternoon, the games will come to us! Join us for an open gaming session with VR PlayStation and Oculus Quest. Game on! For ages 12+
Register

Graphic Novel Book Club: This Was Our Pact
Thursday 9/26 at 2:30

Are you obsessed with comics and graphic novels? Join our Graphic Novel Book Club to meet other friends who ship it! This month, we're reading This Was Our Pact by Ryan Andrews. Register online, then pick up a copy of the book at the library. Recommended for grades 4-8. Drop in

Teen Advisory Group
Friday, 9/27 at 3:00
What would you like to see at your library? Brainstorm ideas for programs, books and movies, and eat a bunch of snacks! For tweens & teens.
Drop in

ADULT EVENTS
Writers Group for Adults
Thursday 9/5 at 6:30
Come share your story or listen to what other local writers are working on.
Register

Historical Room Open
Wednesdays 9/11 & 9/25, 2-3:00
Drop in

Veggie Swap
Saturday 9/14 at 11:00
Overwhelmed with how abundant your garden's bounty is this year? Drop off any of your garden grown vegetables, fruits, herbs, and even flowers at the library and then take whatever you'll use. All items not claimed will be donated to the NAC Food Pantry.
Drop in

Classics Book Club
Tuesday 9/17 at 2:00
September's book is And Then There were None by Agatha Christie. Copies are available at the library.
Register

Bad Art Night
Tuesday 9/17 at 6:00
Celebrate the one year anniversary of DIY Craft Nights by making a bad work of art using supplies leftover from the previous 12 months worth of crafts. Gift card to Michaels will be awarded for the Ultimate Bad Art Creation. Register.

Memoir Book Club
Wednesday 9/18 at 6:30
This month we'll discuss Wild by Cheryl Strayed.
Register

Cookbook Club
Tuesday 9/24 at 12:00
September's cookbook is Hungry Girl Simply 6 by Lisa Lillien. Reserve a recipe to avoid duplicates. Bring the dish to the meeting to share. While we're eating we'll talk about the book and what we thought about the book.
Register

Composting Class
Tuesday 9/24 at 6:30
Instructed by the Blackstone Valley Veggie Gardens
Drop in

Knitting & Needlework Group
Wednesdays at 6:00
Drop in

Reserve Museum Passes Online www.tinyurl.com/BVLevents
Register for Events online www.tinyurl.com/BVLevents
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SOUNDS

continued from page A1

ries business, Angela's Dazzling Divas.

The event, which has become increasingly popular over the years, was held at Singletary Rod and Gun Club in Oxford, and featured the music of three bands, including Houston Bernard Band, The Fat City Band, and Black & White Band.

"We are excited to meet people, see other vendors, and support Dog Orphans," said Maryanne Aldrich and Jillian Jaena, who attended representing PawSteps

Veterinary Center. Jaena of Bellingham, brought along her two rescued puppies, Jack and Lucy.

Children enjoyed a variety of games, there was an ice cream sundae bar and more food options, and more than 30 vendors attended the event. The group also hosted a new event, Ping Pong Mania, where five thousand pre-numbered balls were scattered in a designated area, only accessible to those participating in the event. Participants had two minutes to pick up as many balls as they could and compared their numbers to the winning balls.

Kris and Caitlin Ramsdell attended as vendors selling animal toys and other items. Their dog, Kalli, is a retired service dog who recently underwent several surgeries. Attending the event gave the family an opportunity to raise funds for Kalli's veterinary bills while also supporting a local animal rescue.

Dog Orphans was founded more than 40 years ago by a small group of animal lovers dedicated to saving dogs from pain and suffering, according to the group's website. They house stray, homeless, and unwanted dogs until suitable permanent homes are found.

DON'T MISS A BEAT

CHECK OUT THE SPORTS ACTION!

SCAM

continued from page A1

tion services encourage users to never click on attachments or links in emails if they are not 100 percent certain of the sender's validity, never submit confidential information in forms attached,

linked, or embedded in email messages, and be wary of any emails asking for financial information. Also, don't fall for scare tactics; contact the business in question directly to confirm the authenticity of any request.

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Goose season on the way



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daily from local ponds, with Whitehall Reservoir and Webster Lake giving up bass in the four to five pound range. Webster Lake is also giving up some impressive Crappie (calico bass) if you know where to fish for them. Webster Lake has had trophy crappie being caught for years by local sportsmen.

Striper fishing remained hot at Block Island last week. Numerous anglers reported catching some 40 to 50 pound fish on live eels, but charter boats were catching there strippers on Parachute Jigs. Black bass (seabass) fishing remained very good in Rhode Island waters, but Fluke fishing was poor to say the least.

Sportsmen are starting to train their bird dogs for the fast approaching bird hunting season. Losing a good bird dog and hunting companion is tough, but replacing them with a new pup can ease the pain. Numerous local sportsmen have lost their dogs in the valley this year due to old age or sickness. I have been through it numerous times and found that replacing your best friend and hunting companion, was the best way to deal with the loss. Great memories are never forgotten in the field & off, but a new dog will ease the pain and create new ones. If I could not hunt birds over a dog I would quit hunting. It is all about the dog. Pointing, flushing, and retrieves are all about a great day in the field.

This week's pictures show a German Shorthair pointing on a pheasant, followed by a great retrieve. Pheasant are the number one game bird for local hunters, as grouse are extremely rare in the area.

Take A Kid Fishing & Keep them Rods bending.

The early nuisance goose hunting season in the Central District is scheduled to open Sept. 3 through Sept. 20 in Massachusetts! The early Canada goose hunting season is geared to eliminate as many of the non-migratory Canada geese that are fowling water supplies, beaches, golf courses, etc. By the looks of it, there will be many more birds

to harvest this year because of their highly successful nesting season. Large broods of geese were counted at various lakes and ponds, by local residents and hunters this year. The big problem each year for hunters is the no hunting restrictions on many of the private local fields, that the geese often frequent to feed.

Finding a hunting field for geese needs to be done early. Golf courses are a great place to start to look for hunting spots, and farmers' fields are another. Finding the daily pattern of geese can improve your chances with some great shooting possibilities. The geese may feed on private property restricting shooting, but they need water. Setting

up on route's traveled to their daily habits of water holes, can provide some great pass shooting. A liberal limit of 15 birds daily during the early season can provide some great shooting opportunities, if you do your homework.

The regular Goose hunting season opens on Oct. 14 with a dramatic cut in daily bag limits. Only two birds are allowed during the regular season. The regular duck season opens on Oct. 14, also in the Central District. The ducks also had a great nesting season with large broods surviving predators and bad weather conditions. Although the valley area does not sit on a major flyway, we still have some great shooting opportunities for migrating waterfowl.

Local anglers continue to catch some very impressive freshwater bass. Numerous largemouth and smallmouth bass are being reeled in



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Veterans Day Salute November 7-8, 2018

Stonebridge Press is saluting our veterans

(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 7-8th issue.



Please send in a photo of your loved one with his or her name, rank, branch of military, and hometown by email to julie@villagernewspapers.com

The deadline for photos is October 17.
There is no cost to submit a photo.

If you submitted a photo in previous years, please **DO NOT** re-send. All previous submitted veterans photos will be run again.

Let's give our veterans the recognition they so greatly deserve!



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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

If not now, when?

The recent tragic news of more mass shootings has us in a reflective mood, pondering what an amazingly short gift the life is that we have all been given. Many times, we question whether we are living the life we truly want to be living, and wonder if we might not be settling when we should be striving for something more.

A close friend of ours recently pulled up stakes locally and moved to Florida, fulfilling a dream her family has had for almost a decade. They finally decided to stop wasting time and embrace the life they truly want.

We can think to ourselves 'easier said than done,' but the fact remains that people with less can often do more than they think, as we have seen time and time again. Hats off to those of you who refuse to settle in your lives and who set their 'what if's' and fears down and forged ahead.

There are quite a few ways to change your life if it's something you want to do. Experts say the best way to get started is to change the way you view your life, instead of focusing on things such as a new career path or a new car. Practicing gratitude for what you already have is step one. We may live in New England, where the winters are cold and long; however, is there anything more beautiful than the morning after the season's first snowfall?

Maybe you're in a career that doesn't completely satisfy you. If that's the case, be appreciative that the place you are in right now is a perfect stepping stone to the next phase of your life.

Action creates change. Oftentimes, people don't know where to begin when they want to make a change. An expert on the topic, Mark Mansen, says that action is both the effect of motivation and the cause of it. Mansen says to stop procrastinating and begin engaging with the world.

Taking a risk and realizing that opportunities come with a cost is key. When asking yourself what it is you want, you need to weigh what you're willing to go without. Perhaps you want to rehab an old Volkswagen bus and hit the open road but in doing so your savings may take a hit. In the end, what holds more value to your life? A fun project with an opportunity to travel the country and see and meet new people or financial security? Maybe you can have both.

Be sure to focus on what you want out of life and not what will make you appear more attractive to others. Becoming self aware can clear the path to how you live your best life. Really knowing what motivates you and what scares you are the yin and the yang to creating a better life for yourself.

Remember that less is more. Focusing on getting very good at a few things will have a higher pay off than being average at many things. We hope you all have a great week, and that you take action to attain the things that you truly want. If not now, then when?

LETTERS

Extra! Extra! Read All About It!
We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us!
Mail your letters to the Blackstone Valley Tribune, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at news@stonebridgepress.news.

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

OPINION

Opinion and commentary from the Blackstone Valley and beyond

What are you for?

I am often asked where I get the inspiration and ideas for my column. I find ideas, subjects and inspiration all around me. Like the late and former catcher for the New York Yankees, Yogi Berra said, "It's amazing what you can see when you look."

POSITIVELY SPEAKING

BY GARY W. MOORE

guide me. What else guides me? I am for Faith, Family and Country and I realize that makes some people roll their eyes and think of me as old school ... and If that's what it makes me, so be it. I am for optimism and serving as a positive example for others.

Yesterday, I was in church, and one of the singers was wearing a t-shirt that said, "Be known for what you're for." It sent my mind spinning into hyper-drive.

The world is packed full of people telling you what is bad or wrong. Critics abound and everyone has an opinion. Usually, that opinion is negative and only a criticism of the other persons criticism. Listen to the words of the talking heads on TV and you will believe the end of the world is near. They'll all tell you what is wrong and what an idiotic, racist, misogynistic, Nazi the other guy is. And it's amazing that any public figure they do not like is Hitler. Both sides are guilty.

We know what most people are against ... but what are they for?

My grandfather had an old saying he would repeat to me as a child. "If you stand for nothing, you will fall for anything." I used to think it was a silly phrase but as an adult I've learned the deep and profound truth found in those words. Do you have a set of guiding principles you can articulate? Do you know what you are for?

As young businessman, I read a book titled "The West Point Way of Leadership." In the book it says the first principle you learn as a Cadet is ...

"I do not lie, cheat or steal and do not tolerate those who do." - West Point Way of Leadership

I was mesmerized by the phrase but realized it may work as stated for a military school, but I had to exchange a word to make it fit my needs. I started adopting it into my daily practice by changing the word tolerate into the word associate. So, my first guiding principle that I consciously stood for and still do is. "I do not lie, cheat or steal and do not associate with those who do." Does it make me perfect? No. Far from it, but it makes me better than I would be without it. I am still a work in progress, but it is one of the principles that

In the classic baseball film, Bull Durham, Annie, played by Susan Sarandon asks "Crash Davis" played by Kevin Costner, what he believes in. Without hesitation he responds (with a small edit for polite company) ...

"Well, I believe in the soul, the small of a woman's back, the hanging curve ball, high fiber; good scotch ... I believe that the novels of Susan Sontag are self-indulgent overrated crap. I believe Lee Harvey Oswald acted alone. I think there should be a constitutional amendment outlawing AstroTurf and the designated hitter. I believe in the sweet spot ... opening your presents on Christmas morning rather than Christmas Eve and I believe in long, slow, wet kisses that last for three days." - Crash Davis

What's the point? He knew immediately when asked, what he is for. Do you?

So, the question is ... what are you for? Do you have a set of guiding principles you can articulate without having to think about it? The power ... the real power in life is standing for something you believe in. When you know where you stand and what you are for, the path to achievement and a better life clarifies before your eyes. If you are for something you can help get it done. If you are against something, the best you can be is an obstructionist and yes, there are things in life we should be against, but not everything.

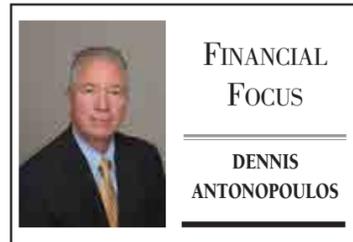
A set of guiding principles serve as both an anchor and safe harbor in a storm, as well as a guiding compass when moving forward.

Like the T-Shirt, I want to be known for what I am for.

How about you?

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryW Moore721 and at www.garyw-moore.com.

Business owners: You need your own retirement plan



FINANCIAL FOCUS

DENNIS ANTONOPOULOS

As a business owner, you can't afford to ignore your competition. You can't afford to miss out on the trends affecting your industry. You can't afford to alienate customers. And here's one more item to add to the list: You can't afford not to create a retirement plan for yourself.

Of course, you might think that, one day, you'll simply sell your business and live off the proceeds. But selling a business isn't always simple, and there's no guarantee you'll receive enough to pay for a comfortable retirement - which is why you should strongly consider creating a retirement plan now.

Here are some of the most widely used plans:

SEP-IRA: You can contribute up to 25 percent of your compensation - as much as \$56,000 in 2019 - to a SEP-IRA. Your contributions are tax deductible and your earnings grow tax-deferred until withdrawn. This plan offers you significant flexibility in making contributions for yourself and your employees. Plus, as an employer, you can generally deduct, as business expenses, any contributions you make on behalf of your plan participants.

SIMPLE IRA: In 2019, you can put in up to \$13,000 - or \$16,000 if you're 50 or older - to a simple IRA. As is the case with the SEP-IRA, your earnings grow tax deferred. You can match your employees' contributions dollar for dollar, up to 3 percent of compensation. If you work for yourself, you can combine employee and employer contributions, so if you use the 3 percent matching rule, and you earn enough to fully match employee contributions, you can put in up to \$26,000 per year (or \$32,000 if you're 50 or older). Alternatively, you could contribute 2 percent of each eligible employee's compensation each year, up to a maximum of \$5,600, regardless of whether the employee contributes. Contributions to your employees are tax deductible.

"Owner-only" 401(k) plan: If you have no employees other than your spouse, you can establish an "owner-only" 401(k) plan, which functions similarly to a 401(k) plan offered by a large employer. Between salary deferral and profit sharing, you can contribute up to \$56,000, in pre-tax dollars, to your owner-only 401(k), or \$62,000 if you're 50 or older. Like a SEP-IRA and SIMPLE IRA, a 401(k) provides the potential to accumulate tax-deferred earnings. However, you could choose to open a Roth 401(k), which can be funded with after-tax dollars. With a Roth 401(k), your earnings can grow tax-free, provided you've had your account at least five years and you don't start taking withdrawals until you're at least 59 and a half.

Which plan is right for you? The answer depends on several factors, such as whether you have any employees and how much money you can contribute each year. But all the plans mentioned above are generally easy to establish, and the administrative costs are usually minimal. Most important, any one of them can help you build some of the resources you'll need to enjoy the retirement lifestyle you've envisioned. To select an appropriate plan, you may want to consult with your tax and financial advisors.

In any case, don't wait too long. Time goes by quickly, and when you reach that day when you're a "former" business owner, you'll want to be prepared.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

Readers Share Favorite Tips

It's time once again to dip into the mail bag for the latest submissions from clever readers. From preventing a kitchen catastrophe to recycling a common castoff, these readers have really stepped up with their favorite tips and tricks to make life a little easier!



TAKE THE HINT

KAREN TRAINOR

way I have the current info about the drug and its dosage right when and where I need it and it's always up to date. It works for me! This is good for all genders as well as parents!
Nancy McComas
Spencer, MA
**

This reader's tried and true cooking tip prevents kitchen messes:

My tip is for boiling food. If you don't like when your water boils over when you boil food, put a wooden spoon over the pot so all the water stays inside.
Eden Parent
West Brookfield

**

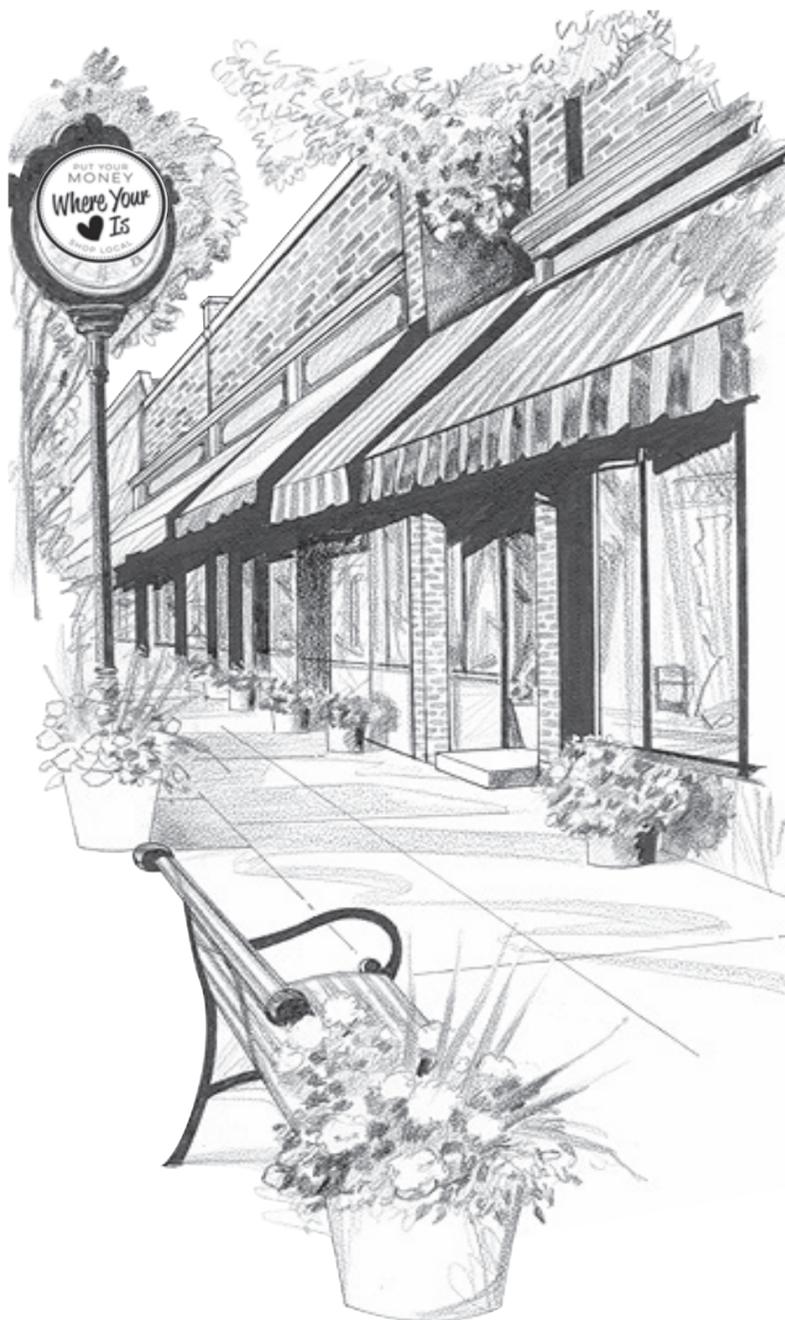
This reader mixed common sense and fashion sense with dash of sentiment and ended up with some sensational summer specs!

My Ocean State sunglasses will never be the same. Hot pink now has an old clip earring (from a trip with my parents an Alberta Rose, Canada, hand-tooled leather). Since I lost one earring I just couldn't let the other go due to sentimental reasons. Today I took the glue gun and in less than two minutes I have a pair of sunglasses and memories of our family trip forever!
Viola Bramel
Northbridge
**

This clever reader shares a low cost, effective way to treat fabric stains:

To remove blood, wine, coffee, tea stains and more on clothing, buy the yellow spray bottle (Awesome) at the dollar store for \$1. It works on all fabrics. Spray the stain and scrub with a fingernail brush. It may have to be repeated, but it always works

Turn To **TRAINOR** page **A10**



The Community Connection

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Dr. Rancourt has over 29 years of experience testing and fitting hearing devices on premature newborn to elder patients. Her approach is to partner with families and patients to provide individualized solutions. She has worked in both pediatric and pediatric hospitals in metro Boston, private practice, and in the hearing aid industry.

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Collecting pinback buttons



ANTIQUES,
COLLECTIBLES
& ESTATES

WAYNE TUISKULA

Pinback buttons are popular with collectors. You can find pinbacks that will fit in with almost any other type of collection. Many pinbacks have great graphics. They are easy to display. Some can sell for thousands of dollars, but you can find many for under a dollar.

Pinback buttons are made using a wire pin. They typically have a metal circular outer covering and temporarily fasten to a garment. They're commonly associated with political campaigns, but they have a wide variety of uses.

Political campaigns were among the first to use pinbacks after they were created. A 2016 Time magazine article states that ferrotype photograph pins were used prior to pinbacks. Abraham Lincoln used the ferrotype images with locking pins in his presidential campaign in 1861. Whitehead and Hoag created the first pinback buttons in 1896. They had a celluloid (plastic) covering to protect the image. William McKinley

ran against William Jennings Bryan for president that year and they both took advantage of the new buttons to promote their campaign runs.

Advertisers found pinback buttons to be an inexpensive way to promote their products. They were used by local businesses and major corporations. Pinbacks advertised everything from beer to automobiles. An advertising pinback with an image of Elizabeth "Plinky" Servaty Toepperwein for Deadshot Smokeless gunpowder sold for \$1,300 in 2012. A 1909 celluloid pin portraying a Gibson Girl (based on a series of drawings by Charles Dana Gibson) sold for \$8,000 at auction in 2014.

Comic related pinbacks can generate some strong prices. Yellow Kid was a newspaper comics character that was very popular in the late 1800's. A set of 50 Yellow Kid pinbacks went for over \$3,500 at auction in 2013. A smaller set of newer pinbacks brought even more. The set of 8 "Marvelmania" pinbacks depicting Spiderman, the Hulk, and other Marvel comics characters sold for nearly \$4,000 in 2008.

Sports pinbacks can also be very valuable. A 1909 pin advertising Buster Brown Bread pictured Ty Cobb. It

brought over \$4,000 at auction in 2016. Ten 1921 "Mrs. Sherlock's Bread pinbacks depicting baseball players sold for over \$5,000 in 2004.

As you might expect, political pins are the most desirable. A pinback for Henry Ford's 1920s presidential bid sold for over \$7,000 in 2014. One jugate (two portraits side by side) version of John Davis and Charles Bryan from their 1924 presidential run sold for \$15,000 in 2015. A 1920 Cox/Roosevelt (Franklin) jugate pin sold for \$20,000 in 1920. Four of the Cox/Roosevelt campaign pins are worth more than the \$75,000 that a president earned during that time.

We will be offering several groups of pinback buttons and a wide range of other antiques and collectibles in our August 29th live antique estates auction in Worcester. We have some estate sales and several other events also planned for the fall. My "Evaluating your Antiques" class will be at the Bay Path Evening School in Charlton on Sept. 17. I'll be lecturing on antiques and auctions at the Auburn Public Library at 10 a.m. on Sept. 21, and will be appraising items at 1 p.m. the same day for the Finnish Heritage Society Sovittaja in Rutland. I'll be speaking about antiques at the Worcester Senior Center on Oct. 16 from 10:30 to 11:30



Courtesy Photo

1896 Prohibition Party presidential candidate Joshua Levering pinback button.

a.m. I'll also be appraising items at the Shrewsbury Historical Society on Oct. 23. Please see www.centralmassauctions.com for details on these and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111), info@centralmassauctions.com.

Strategies for growing edibles later into the season



GARDEN
MOMENTS

MELINDA
MYERS



Melinda Myers Photo

Floating row covers trap heat around your plants, but allow air, light and water through so there is no need to uncover the plants during the day or for watering.

Don't let fall or potentially frosty temperatures stop you from enjoying garden-fresh produce. Extend the nutritional value and homegrown flavor into your fall and early winter meals with the help of short season crops and season extending strategies.

Lettuce, spinach, radishes, turnips, and beets are quick to mature from seed to harvest. Plus, the cooler temperatures enhance their flavor. Simply count the number of frost-free days left in your growing season and compare it with the number of days from planting to harvest listed on the seed packet.

Protect these late plantings

and other vegetables from chilly fall temperatures with cloches, coldframes, and floating row covers. Many of these devices have long been used by gardeners to jump start the season in spring and extend it much later into fall. These devices trap heat around the plants, protecting them from

frosty temperatures.

Convert gallon milk jugs into garden cloches for individual plants. Remove the bottom of the jug and slide it over the plant. Use the cap to capture heat or remove to ventilate your homemade cloche on sunny days. Or purchase reusable cloches with built in

ventilation. Originally made of glass many of the newer cloches are plastic, making them more affordable, easy to stack and portable.

You can make your own coldframes. Many gardeners convert discarded windows, a bit of lumber and nails into a homemade shelter for their plants. The window size usually determines the size of your coldframe. Just make sure you can reach all the plants inside. For best results your frame should be higher in the back then the front so water and melting snow can drain off. And if possible, facing south for better warming. The internet and garden books are filled with plans.

I prefer the construction-free, all-purpose garden fabrics. Simply drape these floating row covers (season-extending fabrics) over your crops. Anchor the edges with rocks, boards, or wire wickets. The fabric traps heat around your plants, but allows air, light

and water through so there is no need to uncover the plants during the day or for watering.

Increase the ease of season-extending fabrics with low and tall frost pop-up covers and plant protection frost covers. The frames are fitted with all-purpose garden fabric to create protective tents. You can protect new plantings and extend your harvest by protecting plants down to 24 degrees Fahrenheit.

So, with a little preparation you can keep enjoying fresh-from-the-garden flavor long past the traditional end to your harvest season.

Melinda Myers has written more than 20 gardening books, including *Small Space Gardening*. She hosts the nationally syndicated *Melinda's Garden Moment TV* and radio segments and her Web site, www.MelindaMyers.com, features gardening videos, podcasts, audio tips and monthly gardening checklists.

TRAINOR

continued from page A8

Happy summer!
Claire Horvath
Sturbridge
**

This tip takes repurposing to an impressive level!

Here is another tip I use very often. I save all of my onion, avocado and lemon mesh bags. I just take off the paper and roll them into a ball. They are perfect handy kitchen scrubbers. I use them for egg and cheese pans or for scrubbing the sinks and bathtubs out.

Laurie Sutherland
Charlton
**

Prize Winner

Congratulations to Eden Parent of West Brookfield who submitted the kitchen tip above. Her name was drawn for a four course Dinner for Two at the Publick House in Sturbridge.

**

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

MILLVILLE

continued from page A1

apparatus bay; this is considered a capital expenditure to be addressed by the town in the future, the report reads. However, weatherization measures have occurred after the installation of five exterior windows, including sealing roof/wall intersection, overhang, unit ventilator, and door weather stripping.

Replacing the roof on the Fire Department was by far the most challenging project, the report states, but the project was completed as well.

At the Police Station, a new door was proposed with weather stripping and install of an appropriate threshold. Five exterior fixtures were identified that were retrofit with LED, reducing the associated kWh usage by 78 percent, as well as the installation of the first advanced mobile power and idle-reduction systems installed in a Massachusetts emergency response vehicle. Electric wheels were also installed on one existing police bicycle, and one additional police bicycle was purchased.

Regular patrols utilizing the electric wheel technology could happen an average of 12 hours a day, providing significant reduction in wear and tear, emissions, and gas consumption on two front line cruisers. This will also extend the longevity of both cruisers, the report reads.

The Millville Senior Center, Millville Library, and Millville Town Hall all benefited from retrofit exterior upgrades, reducing the kWh usage by an average of 83 percent. The report notes that the Millville Town Hall was evacuated due to structural issues in July of 2016 and is currently unoccupied.

Moving forward, the report concludes that resident support of energy projects needs to be enhanced by outreach about the benefits of these efforts and the town's successes.

"We need to use all available resources to achieve cost effective energy savings, which means we need to think outside the box, do our research, and include energy efficiency in operations and planning and making energy efficiency a priority with leadership support," the report states.

ART

continued from page A1

to along with our annual photo show. February: Carol Arnold will conduct a critique group. March: Carolyn Letvin will do a demo of her famous sheep paintings using oil sticks. April: Shelley Eager will do an energetic pastel demo.

This year, we will be holding longer workshop type programs in our gallery on Saturdays. We are fortunate to have this space provided to us by Valley Cast, an out reach of Open Skies.

In the line up so far is a plein-air session with Dianne Panarelli Miller, Sept. 28 at Capron Park on Route 16. Nov. 16, a class on Procreate a painting tool on the IPAD. This should be of interest to young and older alike. January we will have a pastel workshop with Ella Delyanis. A watercolor workshop will be held in March instructor TBD. There will also be many photography events as well. Check our web page for details, some events may incur a small charge.

We continue to have art shows with meet the artists openings at Open Skies Community Gallery, the line up for the rest of the year includes BVAA Fall Show, Tapestry, a community wide

event open to all ages, BVAA Holiday Treasures and beginning the new year off with our Annual Anything Goes Photography Show.

Our off site galleries continue to show outstanding art work as well. Milford Local access TV studio has a rotating themed based show which changes every two months. The Muffin Man in Mendon features one of our artists on a six week rotation. Featured presently is Deborah Bottemley of Milford. The Grafton Inn has a collection of fine art and photography from our members as well.

Look for us at local fairs and events as well. Our activities are all on our web page, Facebook, twitter and Instagram.

The membership campaign is in full swing, forms can be accessed on the web BVAA.ORG, payments can be mailed or by Paypal. This is a welcoming community of artists at all levels and many medias. We have many different kinds of activities something for everyone. We are also looking for people who would like to use the space to teach, give demos ect. Members are also allowed to sell prints and cards from the gallery for a small commission.

Contact carol frieswick info@bvaa.com.

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CALENDAR

Saturday, August 17

WOODLANDS AND WATERWAYS: 10-10:30 a.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. This walk will take you along the banks of the Blackstone Canal and through areas of field and woodland. Learn about how the canal and agriculture shaped the landscape to what it is today. Wear comfortable clothes and sturdy shoes; bring water and insect repellent if you choose. About one mile. All ages welcome; children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

DYNAMIC DOUGLAS DAY: On Aug. 17 from 11 a.m.-4:30 p.m., the second annual Dynamic Douglas Day will be taking place at Soldiers field. The event will have vendors ranging from homemade crafts to Tupperware. There will be plenty of food trucks and kid games. Also many of our local representatives will be at the dunk tank! Come get them wet! In addition, Sunshine the clown will be stopping by on this Holiday themed Dynamic Douglas Day.

Sunday, August 18

LEARN TO FISH: 10-11 a.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Let's go fishing! Bring your own fishing equipment or borrow ours — limited equipment and bait will be provided during this family friendly event. All ages welcome; children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

ARMENIAN CHURCH PICNIC: Noon. Soorp Asdvadzadzin Armenian Church, 315 Church St., Whitinsville. Come and enjoy the best homemade Armenian foods around: Delicious Shish, Losh and Chicken Kebab, Pilav, Kheyma, Armenian Pastries, Choreg and more! Armenian Silent Auction table to support the church's "Homes for the Homeland" fundraising campaign. All items are products of Armenian writers, performers, designers and craftsmen. Live Armenian Music by John Berberian Ensemble. The Blessing of Grapes will take place at 3pm under the auspices of His Eminence, Archbishop Anoushavan Tanielian and with the participation of Pastors of the New England Area Churches. For more information: www.facebook.com/ArmenianChurchofWhitinsville.

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live country music by Rustic Country.

Saturday, August 31

READING NEW ENGLAND'S FORESTS: 1-3 p.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join us as we learn about the historic stone walls and man-made features that make up our local forests as we hike along the Blackstone Canal to Goat Hill Lock. We talk about why these stone features are found across Massachusetts and the importance of preserving them to tell stories of a bygone New England. Approximately two and a half miles on an uneven path. All ages welcome; children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Saturday, September 7

CLOTHING SWAP: 9-11 a.m., Blackstone Valley United Methodist Church, 61 Linwood Ave., Whitinsville; please use the driveway off of Church Street, between Dominos and the law office and park in the back. For more information, please e-mail edalyne@hotmail.com or call Christine at (774) 262-6515.

Sunday, September 8

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live country music by Steppin' Up.

Saturday, September 21

ANNUAL FIELD DAY: Whitinsville Fish and Game Club Inc., White Court, Douglas. Save the date on your calendar now and please join us for a fantastic day of raffles, music, games, events for

all ages, along with fresh grilled food in a beautiful outdoor setting. Check us out on Facebook or at www.whitinsvillefishandgame.com for additional information and tickets to this event.

ANNUAL FALL FLEA MARKET: The Millbury First Congregational Church at 148 West Main St. in Millbury is sponsoring a Flea Market on Saturday Sept. 21 from 9 a.m. to 2 p.m. Anyone wishing to reserve table space, please call Jeri Stead (508-865-5371). The \$20 inside area consists of a large supper table plus a card table. An outside reservation is \$10 and those chancing the weather need to provide their own table. "The Kitchen" will be serving coffee and muffins, and at lunch time, hot dogs will be served. There will also be a Bakery Table, and a Church Flea Market Table.

FALL FESTIVAL: 11 a.m.-4 p.m., St. Patrick's Church, 7 East St., Whitinsville. The festival will include vendor tables, a bake sale, toy table, raffles, food, music and much more!

Saturday, September 28

VCC HARVEST FAIR ON THE COMMON: 10 a.m.-3 p.m., Village Congregational Church, Whitinsville. Fun for everyone with kids' games, pumpkin painting, crafts, baked goods, plants, quilt raffle, baskets and gift certificates raffle, DJ/karaoke, hamburgers and hot dogs, baked potatoes, chowder, and more!

ONGOING EVENTS & INFORMATION

FARMERS' MARKET AT DANIELS FARMSTEAD: Farmers' Market begins July 7 and continue every Sunday, 11am to 3pm, though September 29, grill open 11:30 to 2:30 serving grilled franks, burgers (both Angus beef and veggie) Italian sausage with peppers & onions, cold beverages and all the fixins, Picnic tables, Homemade goodies, Tours, Music 12:30 to 2:30 p.m.

KUNDALINI YOGA: Our classes are discontinued for the summer months (July & August). Classes will resume in September. The session dates will be posted on our website by mid August. For more information visit: <http://kundaliniyogacma.wix.com/site> or call 508-234-4185.

NEED EMERGENCY ASSISTANCE? The Salvation Army is here to help serve emergency needs in the Blackstone Valley area. Services include assistance with food, clothing, utility payments and heating needs. To find out how we can help with your emergency needs, call 508-342-7122. Leave your name and telephone number and your call will be returned.

FREE WILL DINNERS: The First Congregational Church of Sutton, 307 Boston Road, presents its monthly free will offering of open seating dinners 4:30-6:30 p.m. on the second Saturday of each month. All welcome. Dinners served with bread, beverage and dessert. For information, call 865-6914.

SENIOR BREAKFAST: St. John's Episcopal Church Senior Breakfast held first Friday of the month 8-9 a.m. at the church, 3 Pleasant St., off Route 122A, Sutton, and is handicapped accessible. Suggested donation is \$5. For information, call Cyndy Rogers, (508) 529-4437.

PARENT SUPPORT: Parent Support Group in Millbury sponsored by Parent Professional Advocacy League. Free and confidential Parent Support Group on the second (workshop) and fourth (sharing) Friday of the month 10:30 a.m.-noon at the Millbury Public Library. Call PPAL (508) 767-9725 for information. PPAL is a statewide network of parents and professionals and adolescents with emotional, behavioral and mental health needs.

CARING: The Caregivers Group meet in the library at the Northbridge Senior Center fourth Tuesday of month 3-4 p.m. If currently caring for a family member or close friend, come and join others who share your compassion.

AL-ANON: A "Serenity on The Hill" Al-Anon step meeting held at 10 a.m. Wednesday at Congregational Church of Grafton, 30 Grafton Common, in the fireplace room.. Support group for family and friends of problem drinkers. Newcomers welcome. For information: 508-366-0556.

YOGA GROUP: join the Sunshine Yoga Collaborative in our mission to bring community based yoga to Uxbridge and the surrounding communities! Classes are appropriate for just beginning to advanced student. Class is Sunday 7:30-8:30 a.m. at Alternatives, Unlimited, 50 Douglas Road, Whitinsville. Extra yoga mats, but most bring their own. \$5 donation per class, which given to local organization. Visit Facebook: Sunshine Yoga Collaborative.

RECOVERY: Every Monday, Celebrate Recovery, a Biblically based step program designed to heal a wide variety of habits and harmful behaviors, such as drug dependency, abuse, eating disorders, depression, anger, pornography, broken relationships. Group meets every week in two-part session, an open group followed by gender-specific small share groups. Starts at 7 p.m. and ends at 9. Come at 6:30 p.m. for coffee and conversation. Pleasant Street Church, 25 Cross St., Whitinsville, (508) 234-5268, ext. 14, or email howard@pscr.org.

BREAKFAST: The John 21 Community Breakfast at St. Patrick's Church has been established as a response to the needs of many people in our community. Breakfast will continue each and every Saturday 8-10 a.m. in the Parish Center, 1 Cross St., Whitinsville. Our mission is to serve a nutritious breakfast, free of charge, every Saturday morning in the spirit of community fellowship and hospitality. Teams of volunteers prepare and serve breakfast on a rotating basis. All welcome. For information contact ministry coordinator at John21Breakfast@gmail.com. To make a donation contact St. Patrick's rectory at 508-234-5656.

Legos Club: first and third Mondays of each month, ages six and up 3-5 p.m. at Whitinsville Social Library. Information about programming, visit the library's website www.northbridge-mass.org/whitinsville-social-library.

PROJECT KIBBLE: In this tight economy, it can be tough to make ends meet. What about your four-legged friends? Project Kibble collects donations of pet food and supplies and distributes them to local food pantries. We accept dog and cat food, kitty litter, small rodent and fish food. All donations must be unopened and unexpired. For more information contact projectkibble@gmail.com or call Christine 508-234-8131.

12-STEPS FOR OTHERS: Adult Children of Alcoholics 12-step support group meets 7:30 to 9 p.m. Mondays at the Hopedale Unitarian Church, 65 Hopedale St. For information, Rose at (508) 234-9004.

KUNDALINI YOGA: The fall session for the Wednesday morning class is from Sept 11 to Oct. 30 (10-11:15 a.m.). This 8-week session is offered at St. Peter's Parish Center in Northbridge. Participants may pay for the entire session or attend as a walk-in student. Proceeds benefit the Youth Ministry and St. Peter's Parish. For more information visit: <http://kundaliniyogacma.wix.com/site> or call 508-234-4185. All are welcome to join us on a journey toward a more balanced life.



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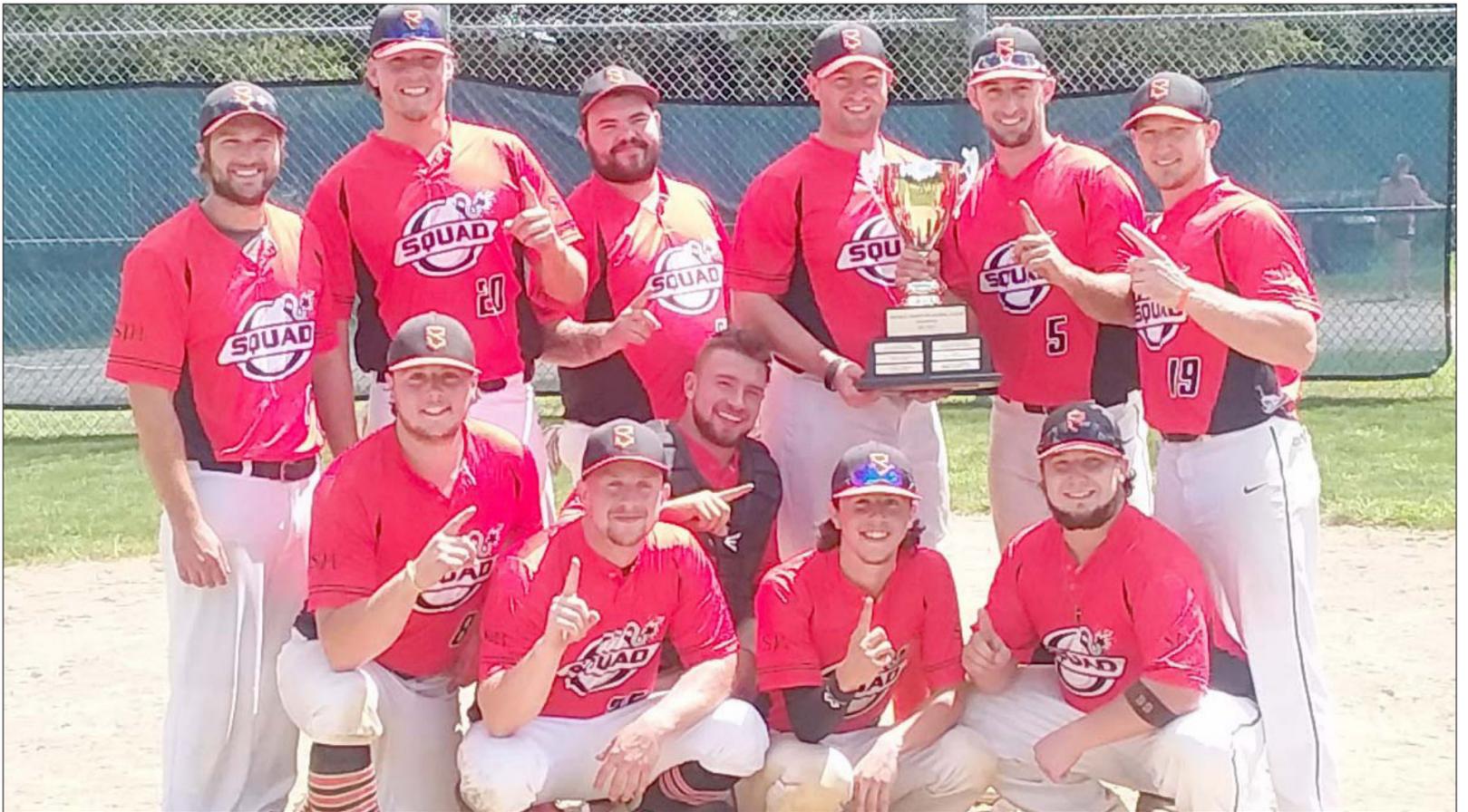
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SPORTS

Oxford bombs its way to Laid Back Competitive Baseball League championship



Jason McKay photos

The Oxford Bomb Squad signifies that it is No. 1 after defeating The Alliance in a doubleheader for the Laid Back Competitive Baseball League's championship on Saturday, Aug. 10.

BY KEN POWERS
SPORTS CORRESPONDENT

OXFORD — Closers win championships. The Oxford Bomb Squad of the Laid Back Competitive Baseball League (LBCBL) provided the latest example of how true that age-old adage is by sweeping the LBCBL Championship Series with a pair of come-from-behind wins over the East Brookfield based Alliance, 3-2 and 8-5.

With the wins in the final series, which was played Saturday, Aug. 10 at Greenbriar Park's Steven J. Horgan Field, the top-seeded Bomb Squad finished its season 17-1. The Alliance, the No. 3 seed, finished 13-5.

"We, unfortunately, tend to start a little slow, but then we

seem to just catch fire and roll from there," explained Tyler Bostek, who is a player and co-manager of the team (along with Andrew Gray). "In both games we had one swing that changed the momentum of the game. After that swing, especially in Game 2, we were able to string together a few more hits and a few more runs and then, here we are, celebrating winning the title."

That swing in Game 2 came with Oxford trailing 3-0 in the fifth inning. After Brian Allen delivered the Alliance its three-run lead with a solo home run in the first and a two-run jack in the third, the Bomb Squad went to work.

Cam Cardoni got the Oxford go-ahead rally started by leading off the fifth with a bloop

single to right field. John Burke followed with a two-run home run to center field to cut the Alliance lead to 2-3. Burke's blast came one pitch after Burke fouled off a pitch that should have been caught by the Alliance's right-fielder; but instead was just another strike.

"I was down in the count 1-2 and [Alliance pitcher Kyle Lavallee] came with a fastball and I fouled it off, said Burke, who also doubled in the game. "I knew he was going to come back with a breaking ball so I was sitting there waiting for it. He left it up a little bit and I just got the barrel on it. I was waiting for that pitch. If he had thrown it down the middle he would have beaten me, but I was selling out for that one pitch and I got it."

"That was a very big home run in a very big spot," Bostek said.

The Bomb Squad wasn't finished in the fifth, however. Nick Lemay (two hits) followed Burke's home run with an infield single and then, after an out, Nick Cardoni (three hits) singled to right field. Lemay tied the game, 3-3, when he scored on an RBI single to center field by Jake Sanderski, and Cardoni made it 4-3 Bomb Squad when he scored on a sacrifice fly to center by Zakk Renihan.

Oxford extended its lead to 8-3 in the top of the seventh inning.

Burke led off the inning with a wind-aided double to right-center field and then scored to make it 5-3 when Lemay followed with a single

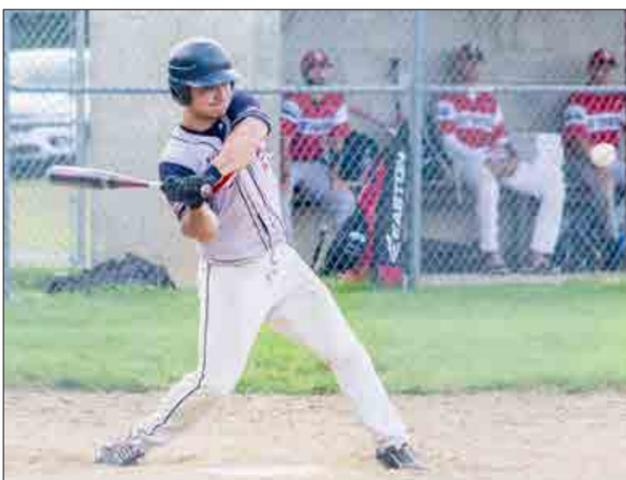
to center. Bostek (two hits) then singled to left field, Lemay motoring to third on the play. Lemay made it 6-3 Bomb Squad when Nick Cardoni reached on an Alliance error. Bostek scored to increase the lead to 7-3 when Renihan singled to right, and Nick Cardoni made it 8-3 when he scored on a bases-loaded fielder's choice to short off the bat of Nick Bruzios.

The Alliance scored a pair of runs in the bottom of the seventh to cut the Oxford lead to 8-5, but the Alliance could get no further. George Berberian and Corey Lavallee got things going with back-to-back singles, Berberian — who advanced to second on a wild pitch — scoring on Lavallee's single to the gap in left-center. Lavallee then scored two batters later to make it 8-5, coming home on a single to center field by Pete Mitchell.

Nick Cardoni picked up the win on the mound for the Bomb Squad, going 6-1/3 innings, allowing six hits and seven walks while striking out two. He came out of the game because leg cramps, which had been bothering him all game, became too painful to continue.

Lemay finished the game in dominant fashion, needing just five pitches to get two outs.

"The whole game my calf was cramping up. I tried to drink some water and I ate a banana, and I was stretching before every inning on the mound, but nothing worked and in the seventh it became too much," said Nick Cardoni, who credited his catcher [Renihan] for his effectiveness on the bump. "Zakk called a great game. We were moving the ball in and out and mixing pitches. I was trying to keep them off balance."



The Alliance and the Southbridge Spectacles tangled on Sunday, Aug. 4 with a berth into the Laid Back Competitive Baseball League's championship series on the line. The Alliance won and went on to face the Oxford Bomb Squad in the final.



SPORTS BRIEFS

Join PinkHippy.org for a family event for cancer patients and survivors

Come join the fun. Paddle for Recovery with Casi, bring the entire family and play volleyball with the Holy Cross volleyball team, enjoy a potluck BBQ, hang out on the beach, swim and enjoy the end of summer!

It's no secret that Mother Nature can help heal. Just step outside after a stressful day and you immediately start to feel relief. Add in movement or exercise and the benefits grow. New studies have shown that outdoor activity can aid in recovery from disease, reduce stress, increase concentration, and improve your overall health and wellbeing. If you can enjoy these benefits while burning calories and building muscle, then that is what the doctor ordered.

Paddle for Recovery is a free SUP class for those currently undergoing or who have recently completed treatment for cancer. Our mission with this program is to provide an opportunity to escape on the water and maybe even find a new passion that

can assist in recovery.

Join us on Tuesday, Aug. 27 at Lake Siog Park in Holland. Grills and picnic tables are on site. Bring your own chairs or blankets to sit on. Carry in carry out!

Schedule of events:
4-5 p.m. Registration, BBQ, Social
5-7:30 p.m. Volleyball Clinic and pick-up game (for kids and adults)
5:30-7 p.m. Paddle for Recovery for survivors (limit 10 spots, sign up early!)
8 p.m. Group photo of Survivorship
Contact info@pinkhippy.org, or call (508) 304-3463 for more information. Registration is required to attend this event.

Seniors to play golf at a discounted rate

We are a social traveling senior golf group and play premium golf courses in Central Massachusetts at a reduced greens fee rate. We will play one Thursday each month from May through October. Men and women 60 and over are welcomed. If you are a foursome, threesome, twosome or a single, come enjoy great golf and make new friends.

Our fourth monthly senior social golf day will take place on Thursday morning, Aug. 22 when we

will play at Blackstone National Golf Club in Sutton. Our group discounted rate is \$45 for 18 holes of golf and a cart. There will be prizes for the three closest to the pin shots on all the par-3 holes and a fun prized putting challenge. New is prizes for chipping in from off the green with a lofted club. Come have some fun and make some new friends. To sign up please contact Dick Lisi at (508) 410-1332 or at wcsgolfclub@gmail.com. You can also view our complete schedule on Facebook at Worcester County Senior Golf Club.

Register now for annual Charlton Old Home Day Road Race

The 53rd annual Charlton Old Home Day Road Race will take place on Monday, Sept. 2. The race will start at 9 a.m. with registration beginning at 7:30 in front of the Town Hall across from the Library at 37 Main Street (Route 31). The entry fee is \$20. Be one of the first 400 pre-registered participants and receive a Tree House Brewing Co. pour! Register by Aug. 16 and receive your choice of the Classic Long Sleeve T-Shirt, or a Long Sleeve Tech Shirt. Walkers are welcome! Get race applications at Charlton Optical or on www.CharltonOldHomeDayRoadRace.com/. See website for link to online registration and mail-in forms.



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OBITUARIES

Albert J. Emrick, 89



UXBRIDGE- Albert J. Emrick, 89, formerly of Pine Grove Circle died Mon. Aug. 12, 2019 at Beaumont Nursing and Rehab after an illness. His beloved wife of 46 years Frances M. (Guertin) Emrick

died in 2004.

He is survived by several nieces and nephews; his companion Anne Brown of Uxbridge whom he developed a relationship with through his volunteer work at St. Mary's Church, which continued to this day; and several friends and neighbors. He was brother of the late Mary Cognoni, Rose Carter, Stephen Emrick, and Helen Perron. Born in Uxbridge, MA on April 16, 1930 he was the son of Stephen and Josephine (Galas) Emrick and lived in Uxbridge all his life.

Mr. Emrick began his employment at Raytheon Co. in 1958 with the Payroll Dept. He progressed to areas of greater responsibility and retired as a Program Analyst, monitoring the budgets for engineers building equipment for the Navy. He was a graduate of Uxbridge High School, class of 1949 and later from Worcester Junior College, earning an Accounting Degree. He was a

Staff Sergeant in the U.S. Air Force during the Korean Conflict, serving in California.

Al enjoyed travelling the east coast with his wife, wintering in Florida and even visited Alaska. A member of the Uxbridge Senior Center, he volunteered for Meals on Wheels. He was active in St. Mary's Parish as a Eucharistic Minister and at the yearly Parish Festival and Chicken Barbecue. A 3rd Degree member of the Uxbridge Knights of Columbus, he also belonged to the Charles A. Rice American Legion Post # 33. He will be remembered as a kind, thoughtful gentleman who loved his family and community.

His funeral will be held Fri. Aug. 16 with a Mass at 11 am in St. Mary's Church, 77 Mendon St. Burial will follow in St. Mary's Cemetery. Calling hours at Tancrell Jackman Funeral Home, 35 Snowling Rd. were Thurs. Aug. 15 from 4 to 6 pm. Memorial donations may be made to: St. Mary's Renovation Fund, 77 Mendon St. Uxbridge, MA 01569. To leave a condolence message for the family please visit www.jackmanfuneralhomes.com



Germaine "Jeri" Kempinski, 88



WEBSTER - Germaine "Jeri" (Orciuch) Kempinski, age 88 passed away with her loving family by her side at Brookside Rehabilitation Center. She leaves her husband of 66 years,

Felix Kempinski of Webster; two sons; Michael of Florida, Mark of Webster; two daughters; Susan Belleville of Grafton and Debra Sargent of Cape Cod, eight grandchildren; Eric, Brian, Jeff, John, James, Stephen, Kirk, Jeannie and a great-granddaughter, Alaina. She also leaves a brother Raymond Orciuch, of Auburn.

She was born in Worcester, the youngest of 7 children, and graduated from Commerce High School. She was a member of the Polish Women's

Club at St. Joseph Basilica. "Jeri" as she was known, was recognized by Dr. Heimlich as a life saver for successfully performing his maneuver. In addition to being a dedicated mother and devoted wife, Jeri was the lead baker for 24 years at Bartlett High School cafeteria, Webster; retiring in 2004. Her gift of cooking extended to family events, always bringing joy with her special ingredient, a pinch of love. A funeral mass was held on Monday, August 12th at 11:00 AM in St. Joseph Basilica, Whitcomb St., Webster, MA, please go directly to church. There are no calling hours. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with her arrangements. A guest book is available

at www.shaw-majercik.com where you may post a condolence or light a candle

Elaine V. Josey, 72



DOUGLAS- Elaine V. (Lucier) Josey, 72, of Depot St. died unexpectedly on Fri. Aug. 9, 2019 at home after a long illness.

She is survived by her devoted husband of 51 years Robert A. Josey; 3 sons Brian K.

and his wife Amy Josey of Douglas, Scott A. and his wife Christina Josey of Thompson CT, and Kevin R. and his wife Nina Josey of Webster; 6 grandchildren Jack, Montana, Christopher, Skyla, Nathan, and Samuel; 2 brothers Paul Lucier of Arkansas and Joe Lucier of Rutland; a sister Marilyn Fallavollita of Sutton; and several nieces and nephews. She was predeceased by a daughter Kim Josey who died at birth and a brother Phil Lucier. Born in Worcester, MA on Jan 21, 1947 she was the daughter of Joseph and Ann (Godak) Lucier and lived in Douglas 51 years, previously living in Worcester.

Mrs. Josey worked as a Licensed Practical Nurse for Memorial Hospital and several area nursing homes for many years. She was a graduate of

North High School and David Fanning School of Nursing in Worcester. She enjoyed quilting and shopping in her younger years, her mustang convertible and loved being a soccer mom when her boys played. She would always have a big meal ready for her family at supper-time too. More recently Elaine enjoyed taking boat rides and being social at the lake. Her family was most important to her however, especially spending time with her grandchildren.

Elaine's family would like to thank her many caregivers especially Rhonda Grant and Diane Sullivan for their longtime dedication, help, and support.

Her funeral Mass was held Wed. Aug. 14 at 10 am in St. Denis Church, 23 Manchaug St. Douglas. Burial will follow in Notre Dame Cemetery in Worcester. Calling hours at Jackman Funeral Home, 7 Mechanic St. Douglas were Tues. Aug. 13 from 4 to 7 pm. Memorial donations may be made to Tri-Valley Inc. 10 Mill St. Dudley, MA 01571 or to the National MS Society, 101A First Ave. Waltham, MA 02451. To leave a condolence message for the family please visit www.jackmanfuneralhomes.com

Robert F. Peters, 87



DOUGLAS- Robert F. Peters, 87, passed peacefully on Sat. Aug. 10, 2019 at his residence intending to complete his daily routine.

Bobby is survived by his daughter Robin M. Peters of Douglas;

his grandson, the "apple of his eye", Julian Robert Peters; 4 siblings, Roy Peters of Douglas, Virginia Suarez of Webster, Marie Lamontagne of Douglas, and Mary Tetreault of Southbridge, as well as many nieces and nephews and his loyal pup, Harley. Born in Sutton on July 12, 1932 Bobby was the son of Percy and Nancy (Casey) Peters and has been a lifelong resident of Douglas.

Bobby was a hardworking father who

enjoyed taking care of his farm and mowing the neighboring fields. Most of all, he enjoyed spending time with his daughter and grandson, they were his greatest joys in life. Anyone that knew him knew he loved ice cream for dinner, and red chowder on Fridays. He had a heart of gold and helped many. He will be sorely missed. May he rest in the sweetest peace.

Calling hours at Jackman Funeral Home, 7 Mechanic St., Douglas will be held on Fri. Aug 16 from 4-6 pm. All are welcome to join in celebrating Bobby's life. Memorial contributions in Bobby's memory can be made to Douglas EMS, PO Box 222 Douglas, MA 01516. To leave a condolence message for his family, please visit: www.JackmanFuneralHomes.com

Send all obituary notices to
Stonebridge Press, PO Box 90,
Southbridge, MA 01550, or by e-mail
to Obits@stonebridgepress.news



Gertrude B. Henault, 81

UXBRIDGE- Gertrude B. (Houdek) Henault, 81, passed away peacefully on August 8, 2019 at her home after a brief illness. Her loving husband of 40 years, Lawrence J. Henault predeceased her in December of 2017.

Gertrude was born on September 14, 1937 in Lindt, Austria and came to America in 1964. She has since been a resident of Uxbridge. She is survived by a sister, Ernestine Baumeler of Lucerne, Switzerland; a sister-in-law, Beverly Bergeron of Whitinsville; a brother-in-law, Leo Henault of Maine; a nephew, James Lesiak of Douglas, and a niece, Maria Brady of Uxbridge.

Gertrude worked for Foam Concepts in Uxbridge for over 16 years until her retirement in 2010. She loved the outdoors, and could be often found working in her yard and gardening. She was an incredibly talented oil painter, and she and Lawrence enjoyed vacationing in York Beach, ME.

As to her wishes, Gertrude will be cremated and her burial in St. Patrick's cemetery will be privately held at the convenience of her family. To leave a condolence message for her family please visit: <http://www.Jackmanfuneralhomes.com>

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TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to *Trips Offered*, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stonebridgepress.news.

CHURCH PILGRIMAGE

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29-Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

CHARLTON SENIOR CENTER

Trip Coordinator Dotti Murphy - Please call 978-424-7010

Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center

Pick up is from St. Joseph's Church 10 H Putnam Rd. Ext., Charlton 2019 Day Trips

August 28 (Wed) Ultimate Tribute Show - Experience some of the greatest hits from some of the greatest entertainers of all times - Lake Pearl, Wrentham - \$92.00

Sept 17 (Tues) Atlantic City Boys - Four dynamic lead singers perform an exciting mix of world class vocals and interactive comedy - Davensport Yacht Club - \$92.00

Sept 24 (Tues) Simon Pearce Glassblowing Studio and King Arthur Factory - Fall foliage, tour glass blowing factory, and King Arthur factory after lunch - \$119.00

Oct 9 (Wed) New Hampshire Turkey Train - Foliage train ride, Harts Turkey Farm Luncheon, Mystery stop and sightseeing - \$99.00

Nov. 14 (Thurs) Ricky Nelson Remembered - Ricky Nelson's twin sons perform their father's hit songs - Verum DeMilo, Swansea \$95.00

Dec 3 (Tues) Johnny Mathis Christmas Tribute - Ultimate tribute to Johnny Mathis with Christmas songs and some of his biggest hits - Davensport Yacht Club - \$92.00

2019 Overnight Trips

Sept 20 - 22 Lake George Balloon Festival - 3 days, 2 nights - \$449pp double, \$599 single

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

DAUGHTERS OF ISABELLA

The Daughters of Isabella proudly present our 2019 Fantastic Worldwide Tours!

Sept. 15-17: Atlantic City Resorts Casino \$259

Atlantic City's original casino! 7 a.m. Webster, 7:30 a.m. Southbridge. \$25 slot play/\$60 food credit/Casino Revue Show. Atlantic City! The 'Shore' Thing!

Oct. 6: NH Turkey Train \$92

Scenic rail tour round Lake Winnepesaukee and lunch! 9 a.m. Southbridge, 9:30 a.m. Webster. Spectacular New England footage! New Hampshire awaits!

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

DUDLEY SENIORS

Dudley Seniors presents a Branson Show Extravaganza, Saturday, May 2 through Sunday, May 10, 2020, \$905 per person, double occupancy. Incredible price includes motorcoach transportation, eight nights lodging including four consecutive nights in the Branson, Mo. Area, 14 meals (eight breakfasts and six dinners), admission to seven fabulous Branson shows, including New Jersey Nights, Amazing Acrobats of Shanghai, Doug Gabriel, Presley's Country Jubilee, "Noah the Musical," and the Hughes Show; and one dinner show on the Showboat Branson Belle. For pictures, video and information, visit www.GroupTrips.com/dudleyse-niors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday, May 2, 2020.

For more information, please call Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

On Wednesday August 28th at Lake Pearl in Wrentham Ma.. Come see Patti and Jose who were voted "Musicians of the Year" by Norwegian Cruise Lines. They have wowed audiences worldwide with their Vibrant performances of the songs of Neil Diamond, Carol King, Johnny Cash and Janis Joplin. For \$92, enjoy Deluxe Transportation, a delicious Plated Lunch of Salad, Breads, Choice of Entree, Potato, Vegetable, Dessert and Coffee/Tea.

On Tuesday September 17th at the Danversport, Ma. Yacht Club. You will be entertained by the Atlantic City Boys. They are 4 Dynamic Lead Singers who mix World Class Vocals and Interactive Comedy. Hear them sing the songs of The Beach Boys, The Drifters, The Bee Gees and of course Frankie Valli and the Four Seasons. For \$92, sit back and enjoy Deluxe Transportation, feast on a delicious Plated Lunch of Salad, Breads, Choice of Entree, Potato, Vegetable, Dessert and Coffee/Tea.

Tuesday, Dec. 3 to Thursday, Dec. 5 Overnight Trip 3 Days/2Nights. Prices are \$459 for Double Occupancy and \$559 for Single Occupancy. On Wednesday see the Spectacular Awe Inspiring Special Effects and complete with Live Animals "Miracle of Christmas Show" at the Milenium Sight and Sound Theater. Following the The Miracle Show is Dinner at the always delicious Plain and Fancy Restaurant. Also included in this trip and happening on Tuesday is a Dinner Show production of Irving Berlin's Musical "Holiday Inn" featuring thrilling dance numbers, laugh out loud comedy and a Parade of Irving Berlin's Hit Songs. Thursday features a visit to Hershey's Chocolate World and Milton Hershey School and Founders Hall before we head home with rest stops on our way back. This Trip includes 2 nights Lodging, 2 Breakfasts, 2 Dinners, Tickets to The Miracle of Christmas and Tickets to the Holiday Inn Show and a Full Commentary Back Country Tour of the Farmlands of Lancaster Country.

Dec. 31 New Years Eve "DAY" at the Lake Pearl in Wrentham, Mass. Let's Celebrate the New Year during the "DAYTIME". Featuring the dynamic Tom LaMark Orchestra as they cover original classics from the Swing Era, the Best in Ballroom Dancing, our Favorite Line Dances, and on up to the Best songs from the '50's, '60's and '70's. Sing along, Dance along and Party strong to this Live Band. For \$89, enjoy Deluxe Motorcoach Transportation, Salad, Breads, Choice of Entree, Potato, Vegetable, N.Y. Style Cheesecake, Coffee/Tea and let's not forget a CHAMPAGNE TOAST.

May 15, 2020 to May 22, 2020 Cruise 8 Days/7 Nights Boston to Bermuda aboard the Norwegian Cruise Lines "GEM" SHIP. Leave Boston Friday, May 15 and return Boston Friday May 22. Included are All of the Following, Roundtrip Transfers from Sturbridge to Boston and back. The Ultimate Beverage Package, The Ultimate 4 Night Dining Package, Specialty Restaurants for Free, Exclusive Best of Times Cocktail Party, All Luggage Handling Fees, Drivers Gratuities and Best of Times Professional Tour Director. Early Booking Discount for those people who Book a Balcony Cabin by October 1st, you will receive a 1 Category Upgrade & Special On Board Credit. Prices start at \$1,199 Double Occupancy for an Inside Stateroom, \$1,399 for an Oceanview Porthole Window, \$1,899 for a Balcony Stateroom on Deck 9, \$1,949 for a Balcony Stateroom on Deck 10, and \$1,999 for Balcony on Deck 11. ALSO Add \$400 for Taxes, Transfers, and Gov't Fees. Single Occupancy is Available upon request. Please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com for questions or information on any of the above Trips.

LEICESTER SENIOR CENTER

Friday, Sept. 13: Trip to Lake Winnepesaukee Cruise. Buffet luncheon & scenic sights and a visit to Moulton Farm Market. Bus leaves at 8:30 a.m. Cost is \$99.

Thursday, Oct. 17: Trip to Twin Rivers and Wright's Chicken Farm. Bus leaves at 9 a.m. \$7 food credit and \$10 slot play. Cost is \$59.

Wednesday, Nov. 13: Indian Head Christmas Spectacular and Luncheon. Bus leaves at 8:30 a.m. Cost is \$89.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

IRELAND: September 9-22, 2019 USA: SPLENDORS OF THE NORTHWEST: Wonders of Northern California Redwoods, Oregon & Washington Aug. 3-16, 2020

JAPAN: March 26 to April 9, 2020 JAPAN & CHINA: March 26 to April 22, 2020 SPAIN & PORTUGAL: September 9-24, 2020

MILLBURY SENIOR CENTER

1 RIVER ST. MILLBURY, MA 01527

Thursday, Sept. 12: Newport Playhouse trip. The play is "BINGO." Leaving at 9 a.m. Return around 6 p.m. Cost is \$76 apiece, and includes dinner, show and cabaret! For more information or reservations, please call the

Millbury Senior Center at (508) 865-9154.

Sept. 22-24: Atlantic City Resorts. \$239. Three days and two nights. Departs 7:30 a.m., returns around 8 p.m. Price includes overnight accommodations at resort, two dinner vouchers and a show ticket, plus \$25 in free slot play! For more information or reservations, call or stop by the Senior Center at (508) 865-9154.

PAXTON SENIORS

Are you interested in joining another wonder trip in 2019?

A group of Seniors from Paxton and surrounding towns are planning a trip this year to Italy. The group plans to leave Paxton on Sept. 9, with transportation provided to Logan and return. Our flight will take us to Rome, Italy for 10 days visiting many historical sites of Italy. Rome has many beautiful attractions that many of us have not seen on previous visits. After two nights in Rome, we will move on to one night in Perugia where we will have the opportunity to visit Assisi, the birthplace of St. Francis of Assisi. Following our stay in Perugia, we move on to Florence, "the Cradle of Italian Renaissance," where we will view Michelangelo's incredible statue of David. After two nights in beautiful Florence, we will move on to Venice. On the way to Venice, we will stop at a 12th century castle and learn about the famous Tuscany wines and enjoy a cooking class and lunch. Next we are off to Venice for two nights. During that time, we have an opportunity to visit many of the wonderful sites of the Canal City.

After Venice, our next and last night will be Milan where we will have an opportunity to visit and shop at the "Quadrilatero della Moda," Milan's high-fashion district. We will depart for home from Milan.

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2019 TRIP SCHEDULE OPEN TO PUBLIC PAYMENT DUE AT SIGN UP

August 28, 2019 - Wednesday - Diamonds and Pearls the ultimate tribute show.

For \$95 you will get a deluxe motor coach to Lake Pearl in Wrentham MA. where you will hear the music of Neil Diamond, Carol King, Janice Joplin and more. You have a choice of baked stuffed chicken or schrod

September 17, 2019 Tuesday - Atlantic City Boys For \$95 you will get a deluxe motor coach to Danvers Yacht Club in Danvers MA. where you will hear the music of the Beach Boys, The Drifters, the Bee Gees and more. You have a choice of baked stuffed chicken or schrod.

October 8-15, 2019 - ALL INCLUSIVE ARUBA - Room has just opened up for two couples on the 2019 trip, and I am taking names for 2020 trip,

November 12, 2019 - Tuesday - Foxwoods \$25 - 10 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino You will have 5 hours at the casino as the bus will leave Foxwoods at 4 PM. You will receive \$10 for gaming and \$15 meal voucher:

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

FRIENDS OF STURBRIDGE SENIORS

We are proud to announce the following upcoming Bus Trips which are open to everyone age 21 and over: The following One Day Bus trips are 92.00 which includes a Deluxe Bus Transportation, Delicious Lunch, Tax, Gratuity and Fabulous Entertainers.

Sunday May 19th See The Edwards Twins, the Best Impersonators of all the Biggest Stars.

Tuesday June 18th See The 3 Red Neck Tenors, Down Home Laughs + Big City Music, Pop to Opera.

Wednesday August 28th Tribute Show hear Songs of Neil Diamond, Carole King, Johnny Cash, Janis

Tuesday Sept 17 Atlantic City Boys,4 Dynamic Lead Singers perform World Class Vocals and Comedy

We also have the following 2 to 5 Day Overnight Trips for Singles and Double Occupancy.

Saturday June 29 to Wed July 3 Nova Scotia, Bay of Fundy, Royal Nova Scotia International Tatoo

Military Festival, Halifax Saint John plus more 1299 Double occupancy Saturday August 3 to Sunday August 4, Boston Red Sox vs NY Yankees game, Statue of Liberty, Ellis

Island, 399.00 Double Occupancy Tuesday 8/27 to Thursday Spectacular Saratoga NY Raceway, Lake George Cruise, Tour of Saratoga Battlefield, Norman Rockwell Museum. 499.00 Double occupancy

Tuesday December 3 to Thursday Dec 5th Pennsylvania Dutch and The Miracle of Christmas Show,

Hershey's Chocolate World and more 459.00 Double occupancy

For more information, please contact Dick Lisi at 508 410 1332 or at lisirichard15@yahoo.com

ard15@ yahoo.com

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019

2019 is the Society's 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

Nov. 16 — "Do As You Wish Day in New York City" — shop for Christmas, do some sightseeing, visit a museum, attend a Broadway matinee, dine at a special restaurant, a visit to the aircraft Intrepid, visit the 911 Memorial complex. There is much to do and enjoy. Departure is 6:30 a.m. from the Southbridge RMV parking lot, and the return departure from New York City is 6:30 p.m. Included are rest stops to and from New York City. Cost is \$59 per person. The reservation deadline is Nov. 6. For information and reservations, call (508) 764-7909. To avoid disappointment, call early.

Dec. 14 — "Festival of Christmas Lights" at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and snacks, a Carousel for the children, an optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright's Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45 a.m. from Southbridge and 11:15 a.m. in Webster; with the return about 7:45 p.m. Reservation deadline is Dec. 5.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on Facebook The Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

Sept. 20- Sun, Sept. 22. - Balloon Festival \$549. made out to Conway Tours. (trip full - waiting list)

Oct. 1- Return of Turkey Train! Train ride along Lake Winnepesaukee with turkey dinner on board. \$81; leaves Whitinsville at 8:30; Home 6:30

Nov. 12~ Aqua Turf Club ~ lunch & show, "Crooning the 70's". \$79. Family style meal of Penne ala Vodka, Beef Burgundy, & Salmon

It's not too early to think about Christmas! Join the Silver Club for Boothbay Harbor, "Christmas by the Sea" in Portland, ME, or Reagle Players Christmas Show for Christmas 2019!

Nov. 21-22~2 day Boothbay Harbor w/lunch at the Harraseeket Inn in Freeport. -- 2 days w/"Gardens Aglow" (beautiful light show at the botanical garden) at the Boothbay Harbor Botanical Gardens. 1 lunch, 1 breakfast. \$199. double occupancy, \$259. single.

DEC-5-6 THE TRAPP FAMILY LODGE CHRISTMAS: \$379. dinner & breakfast at the Lodge; Quechee and Montpelier, meet w/a family member to hear the history, etc.

Dec. 8 - Reagle Players Christmas show.... TBA

DEC 13-14: CHRISTMAS BY THE SEA: \$329. 1 breakfast, 1 elegant holiday buffet lunch, 1 dinner: "Magic of Christmas" Portland Symphony Orchestra plus Ogunquit's "Christmas by the Sea" celebration

All trips leave from Whitinsville Walmart, 100 Valley Parkway, Whitinsville. Make sure to always include entree choice, phone # (esp. cell) and an emergency phone number. Please call Sue at 508-476-5820 for more information or to reserve.

WEST BROOKFIELD SENIOR CENTER

Block Island, Aug. 21 Price: \$122 (includes bus driver gratuity)

Trip includes a ferry ride to Block Island, with a 1 and a quarter hour tour across the island with a native

Block Island Guide. Also included is a luncheon at the National Hotel, with entrée choices of Grilled Salmon,

Chicken Breast or Baked Seafood Casserole. Some time to browse the shops will be available. A deposit of \$60 is required upon sign-up. Please contact the West Brookfield Senior Center at (508) 867-1407 for more information.

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 ~ SERVICE HOURS ~
 Mon 8am-7pm • Tues-Fri 8am-5pm • Sat 8am-Noon

BLACKSTONE VALLEY TRIBUNE

B SECTION

Friday, August 16, 2019

Real Estate — B3-5

Legal Notices — B6

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FRIDAY AUGUST 30TH. ON THE GROUNDS

9:00am Draft Horse and Oxen Obstacle Course (Grandstand)
 1:00pm Giant Pumpkin Weigh-Off (Cattle Show Tent)
 3:00pm Lawn & Garden Tractor Pull (Pulling Area)
 7:00pm Demolition Derby (Grandstand Area)

FRIDAY MAIN STAGE:

12:00pm National Anthem
 1:00pm Grand Illusions by the Blooms
 4:00pm - 6:00 Cactus
 6:30pm Grand Illusions by the Blooms
 8:00pm Rosie Parter & the Neon Moons

SATURDAY AUGUST 31ST. ON THE GROUNDS

7:30am Tractor Pull on Concrete (Pulling Area)
 10:00am Beef Cattle Show (Cattle Show Tent)
 1:00pm Open Poultry Show (Agricultural Center)
 6:00pm Truck Pull (Grandstand)

SATURDAY MAIN STAGE:

12:00pm National Anthem
 1:00pm Grand Illusions by the Blooms
 2:00pm-3:45pm Falcetti Music
 4:15pm Grand Illusions by the Blooms
 5:00pm-7:00pm Your Mother
 8:00pm Dan Candell

SUNDAY - SEP. 1ST. ON THE GROUNDS

10:00am Draft Horse Pulls (Pulling Area)
 10:00am Dairy Cattle Show (Cattle Show Tent)
 1:00pm Youth Poultry Showmanship (Agricultural Center)
 1:00pm Youth Rabbit Showmanship (Agricultural Center)
 5:00pm Demolition Derby (Grandstand)

SUNDAY MAIN STAGE:

12:00pm National Anthem
 1:00pm Grand Illusions by the Blooms
 4:30pm Grand Illusions by the Blooms
 6:00pm Coconuts
 8:00pm Wolfsoul

Admission

Parking.....Free
 General Admission.....\$12.00
 Advance Sale (Before Wed., Aug. 28th).....\$7.00
 Senior Citizens (62 and Over).....\$9.00
 Children 7-12.....\$9.00
 Children Under 7.....Free
 Military.....\$9.00
 *Special Needs Group Rate (Bus or Van).....\$4.00
 Weekend Pass.....\$27.00
 * Group of 6 or more. Not including staff.

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FRI. AUG. 30 – MON. SEPT. 2
 Gates Open at 8:00am • Buildings Open at 10:00am

- Featured Entertainment -

FRIDAY	SATURDAY	SUNDAY	MONDAY
GRAND ILLUSIONS BY THE BLOOMS 1:00 & 6:30pm	GRAND ILLUSIONS BY THE BLOOMS 1:00 & 4:15pm	GRAND ILLUSIONS BY THE BLOOMS 1:00pm & 4:30pm	ROSS MCGINNES 1:30pm
CACTUS 4:00-6:00pm	FALCETTI MUSIC 2:00-3:45pm	COCONUTS 6:00pm	VYNTYGE SKYNYRD 3:00-4:30pm
ROSIE PORTER & THE NEON MOONS 8:00pm	YOUR MOTHER 5:00-7:00pm	WOLFSOUL 8:00pm	GRAND ILLUSIONS BY THE BLOOMS 5:00pm
	DAN CANDELL 8:00pm		DAN CANDELL 6:30pm

MONDAY - SEPT. 2ND. ON THE GROUNDS

10:00am-5:00pm Lawn and Garden Dirt Pull (Grandstand)
 10:00am Oxen Pull (Pulling Area)
 1:00pm Poultry Costume Class (Agricultural Center)
 2:00pm Lumberjack Contest (Cattle Show Tent)

MONDAY MAIN STAGE:

12:00pm National Anthem
 1:30pm Ross McGinnes
 3:00pm-4:30pm Vyntyge Skynyrd
 5:00pm Grand Illusion by the Blooms
 6:30pm Dan Candell

ALL 4 DAYS: ON THE GROUNDS

- Pirate Man Dan-Walk-around
- Jolley Clown Family - Walk-around/Kiddie Tent
- Josh Landry-Master Chainsaw Carver-Grandstand field
- Josh Landry: Master Chainsaw Carver - Grandstand Field
- Two by Two Zoo - Next to Exhibit Hall
- Antique Tractor Display- (Between Rest & Tent Agricultural Center)
- A Grizzly Experience-Next to Exhibit Hall
- Dinosaur Xperience-Walk-around

INSIDE EXHIBIT HALL - DOWNSTAIRS

- Pam Engberg & RAWweavers
- Organnies
- Cheryl Walsh-Owner of Evergreen Rabbit Farm-Demo spinning rabbit wool
- Refugee Artisans of Worcester
- Firewatch Weavers of Brimfield
- Angels to Backpacks
- The Chick Hatchery
- Worcester County Beekeepers
- Birds of Prey
- Caricature Drawings

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MILLBURY - WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abounds! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frpled Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3 Comfortable Bdrms! 3 Full Bathrooms! C/Air! Garages - 1 & 2 Car Detached Garages! Reward Yourself! **\$999,000.00**

DUDLEY - 90' WATERFRONT! 12 Lakeview Ave! Full Recreational Merino Pond! 12 Rms, 4/5 Bdrms, 3.5 Baths Total! 2 Complete Residences, Single Family w/In-Law or as a 2 Family! Right Side w/Open Fir Plan! Lake Facing Kit, Din & Liv Rms! 2nd Flr w/2 Lake Facing Bdrms! Finished Walk-out Lower Level! Left Side w/Granite Kit w/ SkyLight! Frplce Din/Liv Rm! 2/3 Bdrms! Master w/Bath! Town Services! In Time for Summer! **\$439,900.00**

WEBSTER - 12 Blueberry Way! 3,753' Custom Rm Cape on an Unbelievable 1.69 Acres! From the Circular Drive to the Multilevel Composite Decks to the Incredible Pool w/Waterfall and In-water Stools surrounded by Stamped Concrete & Screened Gazebo to the Lighted Tennis Court! Gracious 2 Story Entry Foyer! New Granite Kit w/Breakfast Bar & Dining Area w/New Tile Flr! Formal Din Rm w/Hrdwd! Spacious 30' Frplce Liv Rm w/New Hrdwds! 1st Flr Bdrm w/Full Bath & New Hrdwds! 3 Second Flr Bdrms! Master Suite w/Full Bath, Dressing Area & Multiple Closets! 4 Bdrms, 4.5 Baths Total! 40' Recently Finished Walk-out Lower Level! Frplce Fam Rm! 2 Car Attached Garage! C/Air! Buderuz 4.0Z Oil Heat! Shed! Landscape Lighting! Make a Move! **\$489,900.00**



PUTNAM - 49 Fox Road! Fantastic 2,680' 9+ Room Center Hall Colonial Set on 3 Beautiful Acres! Featuring Center Island Stainless Appliance Kitchen! Formal Dining & Living Rooms w/Hardwoods! Comfortable Brick Fireplace Family Room! Office/Den! Half Bath w/Laundry Closet! Side Entry Foyer w/Coat Closet! Upstairs to 4 Spacious Bedrooms! Huge Master w/Hardwoods, Full Bath & Walk-in Closet! Full Hall Bath w/Double Sinks! Full Walk-up Attic w/Plumbing Leads for Additional/Future Expansion! 5 Zone Oil Heat! 24X30' Detached Garage w/Second Floor Storage! Convenient to Everything Putnam! **\$369,900.00**

DUDLEY - 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Applianced Dine-in Granite Kit! Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

DUDLEY - 2 Brandon Rd! 2 Family! 6/5 Rms! 2/2 Bdrms! 1/1 Baths! Level Corner Lot! 1st Flr w/Applianced Kit! Din Rm! Liv Rm w/Picture Window! 3 Bdrms! Full Bath w/Tub/Shower! 2nd Flr w/Applianced Kit! Din Rm! Liv Rm! 2 Bdrms! Full Bath! Gas Heat! Young Roof! **\$229,900.00**



DUDLEY - 24 Hickory Dr! 8 Rm 50' Split on Dble Corner Lot! Fully Applianced SS Kitchen w/Tile Flr, Cherry Cabinets, Corian Counters & Island! Din Rm w/Slider to Deck! Liv Rm w/Cherry Cabinetry, Recessed Lights & Picture Window! Side Entry w/Coat Closet! Full Bath w/Tile Flr! Master w/Wall to Wall, Triple Closet & Recent Refreshed Master Bath! 2nd & 3rd Bdrms w/Wall to Wall & Dble Closets! Lower Level Fam Rm w/Stone Fireplace w/Pellet Insert! Office/Play Rm w/Wall to Wall! Half Bath w/Recent Vanity! C/Air! Oil Heat! 2 Car Garage! Generator! Replacement Windows! Flexible Floor Plan! **\$299,900.00**

WEBSTER LAKE - 50 West Point Rd! Killdeer Island! Stunning 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, It Has It All! Expansive 2 Story Foyer! Cherry Cabinet Kit w/Oversized Center Isl, Dble Oven, High End Appliances and Walk-in Butler's Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm Overlooking the Lake, Custom Built Cabinets, Gas Frplce! 1/2 Bath + Laundry Nearby! An ELEVATOR to Service All 3 Floors! Glorious Stairway leads up to 3 Spacious Bdrms each with their Own Private Baths! Luxurious Master w/Tray Ceiling, Walk-in Closet + Private Balcony! Expansive Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level boasts Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplce & Private Bath! Slider to Patio! 13 Individual Splits to Control Rm Temps! Oversized 2 Car Garage! This Home is Loaded w/Quality & Detail! Quick Closing No Problem! Don't Delay! **\$1,099,000.00**

WEBSTER - 26 Spring St! 5 Rm Ranch on Quiet Side Street! Walk into the 3 Seasons Rm w/Tile Flr, Ceiling Fan & Slider to Deck! Cabinet Packed Eat-In Kit! Spacious Liv Rm w/Hrdwds! 3 Bdrms! Finished Lower Level w/Tile Flr, 10' Bar w/Drop Lights! Vinyl Siding! Replacement Windows! **\$239,900.00**



DUDLEY - 94 Tracy Road! 7 Rm 4 Bdrm Colonial on 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplce Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrdwd Flrs & Slider to Deck! 1st Flr 1/2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Flr Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16X21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**

WEBSTER - 12 West Ave! 1,680' Townhouse! 7 Rooms! 3 Bedrooms! 3 Baths! Applianced Island Kit w/Tile Flr! Din Rm & 13x24 Liv Rm w/Wood Laminate Floors! Master Bath & Walk-in Closet! 11X19 Family Rm! Recently Painted Throughout! Central Air! Garage! **\$164,900.00**

WEBSTER - 28 Colonial Rd! Inmaculately Maintained 8 Rm Colonial Across from Views of & Beach Access to Webster Lake! Applianced Kit! Dining Area! Dining Rm! 2,412' 8 Rm Contemp! Just Renoteated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$535,000.00**



CHARLTON - GLEN ECHO LAKE! 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Walk-out Lower Level Frplce Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$509,900.00**

WEBSTER LAKE - 39 Bates Point! Panoramic Views of South Pond! Southern Exp! Park Like Grounds! Extensive Patio, Paver Walkways & Perennial Gardens! 18X24 Covered Composite Deck, w/Vinyl Railings! 90' U-Shaped Deck! Beautiful 7 Rm A/C/D Ranch! 14,549' Level Lot! Lake Facing Cathedral Ceiling Great Rm w/Gas Fireplace, Maple Hrdwd Flrs, Custom Granite Wet Bar w/Maple Cabinetry! Applianced Cabinet Kit w/Maple Cabinets & Porcelain Tile Flr! Formal Din Rm w/Cathedral Ceiling, Skylight & Birch Flooring! 20' Master w/Cathedral Ceiling, Skylight, Ceiling Fans, Walk-in Closet & Dble Closet! Bthrm w/Travertine Flr, Dble Granite Vanity, Custom Tile Shower, Living Closet & Cathedral Ceiling w/SkyLight! Entry Foyer! Mud Rm w/Tile Floor! Finished Walk-out Lower Level w/2 Bdrms, 1 Lake Facing! Liv Area w/Wet Bar & Frig! Full Bath! Laundry Rm! Work Shop & Storage! 26X32 Detached Garage w/2 Stalls & 2nd Flr Storage! Start Packing! **\$749,900.00**

WEBSTER LAKE - 17 Wakefield Ave! South Pond! Western Exposure! Protected from the Storms - Quiet Cove! 24 Acre Lot! 104' Waterfront! Water Views! 2,412' 8 Rm Contemp! Just Renoteated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$535,000.00**



CHARLTON - 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Applianced Granite Kit w/Is, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplce Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/3! Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLIT SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

WEBSTER LAKE - 50 Union Point Rd! Panoramic Views of Middle Pond - South Facing - Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Land, Dining Area, Lake Facing Fireplace Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor, Outdoor Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$649,900.00**

WEBSTER LAKE - Steps Away From! 110 S. Shore Rd! Killdeer Island! Access to Swimming & Boating w/Killdeer Island Club Home Membership! Perfect 1st Home or Summer Retreat! 7 Rms! 2 Bdrms! Full Bath! 12x25' Deck w/Water Views! Garage! Don't Delay! **\$284,000.00**

WEBSTER LAKE - 206 Treasure Island! 1,874' Townhouse! 6 Rms, 2 Bdrms, Master Bath, 2.5 Baths Total! Recent Cherry & Granite Kit w/SS Appliances! Din Rm w/Sliders to Deck! Frplce Fam Rm! Patio! Newer C/Air, Heat & Hot Water! Garage! 2 Slips! Pool! Beach! Listed by Another - "SOLD" by C21 Lake Realty! **\$345,900.00**

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Featured New Listing

DUDLEY - 71 EAGLE DRIVE

Wow! Young 8 room Center Hall Colonial! Better than new! 3 bedroom, 3 full baths! 23' X 23' Cathedral ceiling Family Room! Hardwood & Ceramics throughout. Heat by forced hot air/oil, Central air! 2880 Sq Ft of living area. In one of Dudley's finest developments with underground utilities! **\$420,000.**

<p>THOMPSON, CT - 6 LILLIAN AVE, LOT #1</p> <p>There is No Place Like Home - beautiful newly constructed home! Split level style home has an attractive modern floor! Open floor plan, cathedral ceilings, hardwood floors, tile floored baths, & wall to wall carpeted Bedrooms. Granite counters, center island & dining rm w/sliders! Master BR, private master full bath w/closet & walk in closet, plus 2 more spacious BRs & a full hallway bath. 2nd lower level family room, half bath w/laundry hookups! Two car garage! Central AC. \$309,900.</p>	<p>WEBSTER - 129 LAKE STREET</p> <p>SORRY, SOLD!</p> <p>Large Beautiful 1930's vintage hip roof 3 Family, large kitchens with pantries, french doors dividing the dining room from the living room. 3 bedrooms each floor. City gas to each apartment, enclosed front and rear hallways. 2 car garage. Comes with an extra lot that is level to the road and landscaped. assisted sale \$179,000</p>	<p>DUDLEY - 188 WEST MAIN ST</p> <p>ON DEPOSIT</p> <p>COMMERCIAL/BUSINESS LOCATION IN THE HEART OF DUDLEY!! 3 BEDROOM, 1 BATH RANCH! LARGER THAN IT APPEARS!! 19,582 +/- sq ft Lot. Natural Gas Heat! Hard wood floors! BRING YOUR VISION, LARGE FLAT YARD GIVES YOU GREAT PARKING AREA, for a SMALL BUSINESS FROM HOME!! CONTRACTORS DREAM! \$178,500.</p>	<p>Featured New Listing!</p> <p>OXFORD - 66 CHARLTON ST</p> <p>VERY UNIQUE PROPERTY! ADORABLE 4BEDROOM 1.5 BATH CAPE! VERY PRIVATE LOT w/CARRIAGE HOUSE/CABANA/ WORK AREA/ EXPANSIVE GARAGE! STREET ACCESS FROM ALL THREE SIDES WITH LONG EXTENDED DRIVEWAY. STAINLESS STEEL APPLIANCED KITCHEN, UPDATED BATHROOM w/JACUZZI TUB AND SHOWER! BRAND NEW FORCED HOT AIR HEATING SYSTEM & HOT WATER TANK! RECENT 20 AMP CIRCUIT BREAKERS ONE YEAR OLD WOOD STOVE! ENCLOSED SIDE PORCH. HEATED FOR FALL SYSTEM, COMPLETED PRIOR TO CLOSING. THIS ONE NEEDS TO BE SEEN!! \$369,900</p>
<p>WEBSTER - 16 WEST AVE</p> <p>Spacious ranch 3-4 bedrooms, 1-1/2 baths, 1 car attached garage. Newly remodeled kitchen. Partially finished basement just waiting for carpet or laminate flooring. Hardwood & Tile throughout 1st floor. Flat level lot. Town water & sewer. Potential to finish a studio above garage \$369,900.</p>	<p>WOODSTOCK, CT - 606 PROSPECT ST</p> <p>ON DEPOSIT</p> <p>Pristine Colonial on 2.54 Acres in Historic Woodstock! 3 BR, 2-1/2 Baths. This Home is a Must See! Peaceful Country Setting! Vaulted Ceiling Family Room w/Built ins, Cherry Cabinets, Sunken Dining Rm, Cathedral Mstr! Hwd & Tile Flrs! Potential for Home Office, Teen/ In-law Suite, Craft Rm or Media/Garage. Resurfaced Driveway \$399,000.00</p>	<p>WEBSTER/DOUGLAS/WEBSTER LAKE LAND!</p> <p>Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest \$132,900</p> <p>Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water & Sewer \$239,000</p> <p>Killingly - 37 Katherine Ave River Frontage 2/3rds acre. Town Water & Sewer \$55,000</p>	<p>WEBSTER - 34 EASTERN AVE UNIT A</p> <p>AN AFFORDABLE LIVING OPPORTUNITY PRESENTS ITSELF! This 20 Unit Condo Complex is tucked away at the very end of Eastern Ave. (Access in & private. Easily accessible 1955) There's a lot to love about Webster! Unit 34 A is an 1,037 SF +/- END UNIT. Large living room w/picture window, an eat-in kitchen, access to rear deck, 2 spacious bedrooms, 1-1/2 baths, full basement! NEW PRICE \$159,900</p>
<p>WEBSTER LAKE - 118 POINT BREEZE RD</p> <p>ON DEPOSIT</p> <p>Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. NEW PRICE \$299,900</p>	<p>WEBSTER LAKE - 54 KILLDEER RD</p> <p>SORRY, SOLD!</p> <p>KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/LOOKING FOR! 2.45 +/- Acres! 345 +/- road front, 336/384 +/- depth, 275 +/- Lakefront! Mature landscape provides unprecedented privacy, & a friendly level lot at water's edge - like very low waterfront properties! The 3700 SF +/- Mid-Century Modern Home is unique w/mid-century modern windows 180 panoramic views across the lake to stunning Western sunsets. 5 spacious BRs that overlook the rooms below. A 30x32 +/- det'd garage w/summer kitchen, 1/2 bath! Family owned gem for 60+ years! \$1,495,000</p>	<p>WEBSTER LAKE - 32 JACKSON RD</p> <p>AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! New Price \$375,000</p>	

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\$149,549,980 SOLD

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 Broker
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FREE OPEN HOUSE LISTINGS
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 Maria Reed 508-873-9254
 Maureen O'Connor 508-981-4902

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 179 Shrewsbury St., Worcester MA 01604
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CALL FOR A MARKET ANALYSIS

WEBSTER - RANCH 259,900 Too New to Photo	WEBSTER - 2 UNITS  * Fireplace Each Unit * Hardwoods Floors * 3 Bedrooms 23 Klebert Ave., \$264,900	DUDLEY- 18 LOT SUBDIVISION  * Town & Water Sewer Available Jesse Road, \$575,000
--	---	---

LAND LEICESTER - 1/2 acre lot, 26 Lake Sargeant Dr. \$20,00	Templeton - 60 Acres  * 4 Bedrooms * 2.5 Baths * 2500 sq. ft. * 2 car garages * 2 Fireplaces 200 Shady Lane ~ \$489,900	Worcester - Bungalow  * 3 Bedrooms * Hardwood Floors * 1 Floor Bedroom 4 Wayride Road ~ \$199,900	Webster - Fireplaces  * Hardwood Floors * 3 Bedroom * Easy High Access * Near Webster Lake 293 Thompson Rd ~ \$244,900
--	--	--	--

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 Licensed in MA & CT

Patrick Sweeney
 774-452-3578

UNDER AGREEMENT  WEBSTER, MA - \$299,900 38 Third Street 2-Family, Finish the renovations	SOLD  RUTLAND, MA - \$339,900 3 Brooke Haven Dr 4 Bed, 2 1/2 Baths, Lots of Land	OPEN HOUSE SUNDAY 12:30-2  MUST SEE! PRICE REDUCED Webster, MA - \$327,900 80 Sutton Road 3 Bdrm, Hardwood Floors Throughout, Not a Drive By!
FEATURE PROPERTIES		
 THOMPSON, CT - \$258,900 223 Stawicki Road 3 Bedroom, Split, Full Inlaw COMPLETELY REMODELED	 OPEN HOUSE SAT. & SUN 12:30-2	 OPEN HOUSE SATURDAY 11-12:30 NORTH WOODSTOCK, CT - \$244,900 657 Brick Yard Rd 3 bedrooms, 2 Bath, Lots of Land, Ability to finish basement

We Have Qualified Buyers, Always Looking To Sell, Any Type! Contact Us Today!



REAL ESTATE

MORTGAGEE'S SALE OF REAL ESTATE

AUCTION SPENCER



SINGLE FAMILY HOME

149 PAXTON ROAD

WEDNESDAY, AUGUST 21 at 10:00 A.M.

This private single family home sits on ± 3.94 acres and is nestled down a long driveway. Located near Sugden Reservoir, it has ± 1,956 square feet of living area and features 3 bedrooms, 2 bathrooms, living room with wood floors and stone fireplace, dining and family rooms and deck. Easy access to Routes 9 and 31.

zekosgroup.com

Terms: \$7,500 deposit. 30 day closing. Property sold as is.

ZEKOS GROUP AUCTIONEERS
382 Boston Turnpike, Suite 222, Shrewsbury, MA 01545
508-842-9000



FOR SALE BY OWNER

OPEN HOUSE Sun 8/13 • 1-3.



SPENCER: 4 Kingsbury Rd. 3 BR, 2.5 Bath, 2236 s.f. contemporary. This home is on a private wooded site with very large 12' x 36' new deck off the rear of the house. Updated flooring, living room with fireplace stove, open roomy floor plan with cathedral ceilings. 2 car attached garage, plenty of attic storage space, wrap around detached deck ready for pool. Great potential for fully furnished basement. Pool table included. Access to trails for horseback riding and hiking adjacent to Mass Audubon Sanctuary, Sibley farm and Spencer State Forest. House would be perfect for someone seeking a unique home in a private pleasant neighborhood! \$364,400 Showing by appointment. Open House Sun 8/13 • 1-3. 508-885-1313. Email ez3636@charter.net.

There's no place like HOME

This is the place to sell your home!

Call your local sales representative today!

1-800-367-9898

Public Auction

TUESDAY, AUGUST 27th at 11:00 A.M.

MORTGAGEE'S SALE OF REAL ESTATE • SOUTHBRIDGE •

± 6,500 S/F
2-LEVEL
RETAIL FARM STAND BUILDING
ON + 2 ACRES OF LAND

993 North Woodstock Road SOUTHBRIDGE, MA
To be Sold on the Premises

LAND: ± 2 Acres • ± 300' Frontage on North Woodstock Road • Private Well & Septic • Zoning: Residential 1-R1 • Tax Map Reference: Map 138, Block 1-D, Lot 1

IMPROVEMENTS: ± 2-Level Retail Farm Stand • 24' x 40' Attached Greenhouse • Garage w/ Loading Docks • Main Level Storage Area • Storage Area (Lower Level) • (5) 25' x 95' Tunnel-Style Greenhouses ±1,440 S/F Retail Area • ±2,264 S/F Storage Area • ±2,880 S/F of Lower Level Storage • Clapboard & Vinyl Siding • Attic • Two Car Detached Garage

Sale Per Order of Mortgagee
Attorney Benjamin M. Coyle
Of the Firm of Bacon Wilson, P.C., 33 State Street, Springfield, MA
Attorney for Mortgagee

Terms of Sale: \$10,000.00 Deposit Cash or Certified Funds.
Deposit to be Increased 10% of the Purchase Price within
Five Business Days of the Auction • 5% Buyer's Premium Applies.
Other Terms to be Announced at Time of Sale.

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MA Auc. Lic. #161 • PA Auc. Lic. #AY000241L
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Aaron Posnik
AUCTIONEERS - AFFILIATES

Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront	ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, AUGUST 17								
				WEBSTER 80 Sutton Rd	S	12:30-2	\$327,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
				THOMPSON, CT 223 Stawicki Rd	S	12:30-2	\$258,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
				N. WOODSTOCK 657 Brick Yard Rd	S	11:30-12:30	\$244,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, AUGUST 18								
				CHARLTON 3 Sunset Dr	S	Noon-2	\$509,900	Century 21 Lake Realty 508-943-9306/508-987-0767
				SPENCER 4 Kingsbury Rd	S	1-3	\$364,400	For Sale By Owner 508-885-1313
				WEBSTER 80 Sutton Rd	S	12:30-2	\$327,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
				THOMPSON, CT 223 Stawicki Rd	S	12:30-2	\$258,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
				N. WOODSTOCK 657 Brick Yard Rd	S	11:30-12:30	\$244,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578

BERKSHIRE HATHAWAY HomeServices | New England Properties



<p>OPEN HOUSE SAT 8/17 10:00-12:00</p>  <p>295 Thompson Road Thompson \$329,900 Stone walls line the entrance, leading to a spacious 3576 SF Colonial. Beautiful grounds w/ a pond & a lg yard perfect for entertaining. Tanya McDermott 860-933-0996</p>	<p>OPEN HOUSE SAT 8/17 12:00-2:00</p>  <p>67 E. Quasset Road Woodstock \$549,900 Stunning, custom built Colonial reproduction home in Woodstock, CT complete with separate in-law home! Private 3.2 acres. John Downs 860-377-0754</p>	<p>Brooklyn, \$368,000 NEW LISTING</p>  <p>Picture perfect 3 BR home in a beautifully landscaped private setting! Large family room addition & finished lower level! Brooke Gelhaus 860-336-9408</p>	<p>Woodstock, \$225,000 NEW LISTING</p>  <p>Quaint, cozy & charming in the heart of Woodstock! The charm of an antique with modern upgrades in the systems, kitchen & bath! Brooke Gelhaus 860-336-9408</p>	<p>Woodstock \$334,000 NEW PRICE</p>  <p>3-4 BR Ranch with 3 full BA. Finished lower level & 2 car garage. Mary Scalise 860-918-1539</p>	<p>Woodstock \$230,000 NEW PRICE</p>  <p>Lovely Cape home in Woodstock. 2 stall detached garage, w/3-4 BR & 2 full BA! Perfect fit for a growing family! Kiona Carpenter 860-933-3305</p>	<p>Alexander's Lake \$695,000</p>  <p>Spectacular waterfront views! 4 BR, 4.5 BA, wine room that holds 700 bottles. Open living at its best! 2 bay garage w/storage shed. Rachel Sposato 860-234-1343</p>	<p>Pomfret \$524,900</p>  <p>Pomfret Hill c.1882 4,900 SF, elegant, fully renovated 6 BR, 3.5 BA, 2.3 acres w/barn & garage. Robert Viani 860-264-5921</p>
<p>Canterbury, \$365,000</p>  <p>Lovingly renovated home! Modern upgrades include new baths, updated kitchen, central air & an auto-generator! Brooke Gelhaus 860-336-9408</p>	<p>Pomfret \$319,900</p>  <p>Beautiful 3 BR, 2 BA home w/ a 2 car garage in desirable Pomfret location on 8.5 acres. Mary Collins 860-336-6677</p>	<p>Brooklyn \$475,000</p>  <p>A 3298 SF Colonial in a desirable neighborhood. Privately set back from the road on 2.10 acres w/views of the valley. Mary Scalise 860-918-1539</p>	<p>Pomfret \$375,000</p>  <p>Custom Colonial w/4 BR & 2.5 BA. Kitchen w/granite counters opens to eat-in area & plank hrdwd floors. 2 car garage & lg. deck. Mary Collins 860-336-6677</p>	<p>Woodstock \$445,000</p>  <p>Elegant home w/2 master BR suites! 1st floor in-law possibilities! At the end of a premier cul-de-sac. Convenient. John Downs 860-377-0754</p>	<p>Killingly \$175,000</p>  <p>Luxury end unit townhouse w/all the upgrades. Granite & stainless kitchen, open floor plan, master BR, & views of Green Hollow Pond. Mary Collins 860-336-6677</p>	<p>Woodstock \$259,900</p>  <p>Charming updated historical home seasoned w/love & care. In-law w/sep. entrance. Level backyard, sunroom, lg deck, & brook. Rachel Sposato 860-234-1343</p>	<p>Woodstock, \$440,000</p>  <p>Location! Location! Location! Set in a sought after cul-de sac this 2003 home is well cared for & ready for you! Brooke Gelhaus 860-336-9408</p>
<p>Woodstock, \$414,900</p>  <p>Spend your days enjoying the beautiful farmer's porch included within this 4 BR, 2.5 BA Colonial on 1.26 private acres! Mary Scalise 860-918-1539</p>	<p>Woodstock \$499,900</p>  <p>Drive down this long, paved driveway, the lot opens up to a wonderful 3158 SF custom built, 4-5 BR, contemporary Colonial. Mary Collins 860-918-1539</p>	<p>Killingly \$699,000</p>  <p>Breathtaking long views! Spectacular horse property in NECT w/indoor riding arena (2013), open pastures & 8 horse stalls w/run-outs. John Downs 860-377-0754</p>	<p>Killingly \$299,000</p>  <p>Multi-family! House w/ in-law & a 2nd floor 1 BR apartment! Great home for your family w/ a tenant to help w/ the mortgage! Gelhaus Realty Group: Kristen 860-377-0118</p>	<p>Woodstock, \$775,000</p>  <p>Stunning year round lake living! 1 floor living for day to day & over 4100 SF of space to entertain friends & family! The home of your dreams! Brooke Gelhaus 860-336-9408</p>	<p>Pomfret \$475,000</p>  <p>Exceptional 21.28 acre property in desirable Pomfret CT. Beautiful large pastures & barn. Comfortable private living. John Downs 860-377-0754</p>	<p>Dayville \$295,000</p>  <p>Across from Killingly Commons. 2 family possibly 3 units, commercial. Large parking lot in the back. Rachel Sposato 860-234-1343</p>	<p>Putnam \$2,000/mo. Commercial Lease</p>  <p>2 rentals available-side by side! Combo of 4000 SF or rent individually. Offices, waiting rooms already set up! Lease per unit is \$2000. Triple Net Lease. Rachel Sposato 860-234-1343</p>

LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Cynthia E. Branchaud to Bank of America, N.A., dated April 20, 2012 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 48910, Page 350, of which mortgage the undersigned is the present holder, by assignment from: Bank of America, N.A. to Specialized Loan Servicing, LLC, recorded on April 10, 2018, in Book No. 58644, at Page 381 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 2:00 PM on August 27, 2019, on the mortgaged premises located at 7 West Street, Unit 7, West Street Condominium, Whitinsville, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:
SITUATED IN THE COUNTY OF WORCESTER, STATE OF MASSACHUSETTS:
UNIT NO. 7 IN THE CONDOMINIUM KNOWN AS 5-7 WEST STREET CONDOMINIUM WHICH CONDOMINIUM WAS CREATED BY MASTER DEED DATED AUGUST 6, 2007 AND RECORDED IN THE WORCESTER REGISTRY OF DEEDS ON AUGUST 7, 2007 IN BOOK 41613 AT PAGE 326, IN ACCORDANCE WITH AND SUBJECT TO THE PROVISIONS OF MASSACHUSETTS GENERAL LAWS CHAPTER 183A AS AMENDED.

TAX ID NO: 000002-000075
BEING THE SAME PROPERTY CONVEYED BY RESIDENTIAL UNIT DEED GRANTOR: WINDMILL PROPERTIES, LLC A MASSACHUSETTS LIMITED LIABILITY COMPANY GRANTEE: CYNTHIA E BRANCHAUD, INDIVIDUALLY DATED: 08/06/2007 RECORDED: 08/10/2007 DOC#/BOOK-PAGE: 41634-135 ADDRESS: 7 WEST STREET, WHITINSVILLE, MA 01588 For mortgagor's(s) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 41634, Page 135.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other munic-

ipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:
A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

SPECIALIZED LOAN SERVICING LLC

Present holder of said mortgage
By its Attorneys,
HARMON LAW OFFICES, P.C.
150 California St.
Newton, MA 02458
(617)558-0500
14670
August 2, 2019
August 9, 2019
August 16, 2019

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L. Ch 40A, Section 11, and Chapter 173, Section 48 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on **Thursday, September 12, 2019 at 7:00 P.M.** at the **Aldrich School Town Hall Annex, 14 Hill St., Whitinsville, MA** to consider the petition of Northbridge McQuade, LLC.

regarding land on McQuade's Lane, Northbridge, MA 01534 for approval of the development of a solar power facility on a parcel of land that is zoned both Industrial & Residential which does not have the required frontage, only has access on a residential street known as McQuade's Lane, and even though a large scale solar energy facility is an allowed use in an Industrial District But not in a Residential District under the Town of Northbridge Zoning By-laws. This matter comes before the

Board as a result of a remand order of the Land Court dated July 17, 2019, in the case of Northbridge McQuade, LLC V. Northbridge Zoning Board of Appeals, Case No. 18 MISC 000519, which concerns the plaintiffs appeal from a decision of the Board filed with the Town Clerk on September 17, 2018 which denied a request for a variance from the stated frontage and use restrictions. In that case, the land court ruled that the restrictions against use variances contained in the Zoning Bylaws do not prevent an application for approval of solar energy facility because such a facility is subject to the use protection provisions for solar energy systems in section 3 of the state Zoning Act, Chapter 40A of the General Laws. The property, shown on Assessor's Map 25 as Parcel 44 is located in the Residential -2 & Industrial -1 Zoning districts.

The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. Copies of the original petition and the remand order are available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Thomas Hansson, Chairman
Northbridge Zoning Board of Appeals
August 16, 2019
August 23, 2019

(SEAL)

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT

Docket Number: 19 SM 003537
ORDER OF NOTICE

TO:
April S. Roderigues
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (*et seq*):
Wilmington Savings Fund Society FSB, as Owner Trustee of the Residential Credit Opportunities Trust V-C claiming to have an interest in a mortgage covering real property in Whitinsville (Northbridge), numbered 114 Border Street, Unit 114-1, 110-112-114 Border Street Condominium, given by April S. Roderigues to Mortgage Lenders Network USA Inc. by and through its nominee Mortgage Electronic Registration Systems, Inc., dated November 16, 2006, and record-

ed in the Worcester County (Worcester District) Registry of Deeds in Book 40205, Page 181, and now held by plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **September 23, 2019**

or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, Gordon H. Piper, Chief Justice of this Court on August 7, 2019

Attest:
Deborah J. Patterson
Recorder
August 16, 2019

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate
and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO19C0372CA
CITATION ON PETITION TO
CHANGE NAME
In the matter of:**

**Lauren Kathryn Cronin
A Petition to Change Name of Adult**
has been filed by **Lauren Kathryn Cronin of Uxbridge MA**

requesting that the court enter a Decree changing their name to: **Lauren Kathryn Delarda**

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 09/03/2019. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: August 05, 2019

Stephanie K. Fattman
Register of Probate
August 16, 2019

HERE & THERE → Local Events, Arts, and Entertainment Listings

FRIDAY, AUGUST 16

BILLY GOODSPEED
from 7-10 in the bar
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333

THURSDAY, AUGUST 22

FARMER'S DINNER
From our gardens to your plate. Featuring local pasture raised chicken. Advanced tickets required
Salem Cross Inn
260 West Main St., W. Brookfield, MA 508-867-2345 salemcrossinn.com

FRIDAY, AUGUST 23

DAN FEELEY
from 7-10 in the bar
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333

SATURDAY, AUGUST 24

11am-6pm
Open House & Fall Registration
Live dances, free mini trial classes, fun & games, free give-aways, meet the teachers, check out the studio. Also register August 27 and September 4th 6-8 pm at the studio or call/email to register at anytime. Classes begin Sept. 9
Dance Techniques
62 Wall St., Spencer, MA 01562
508-885-4559



SATURDAY, AUGUST 24

12TH ANNUAL DROVER'S ROAST
at The North Brookfield Sportsmen's Club. It will be preceded by an Edible Plant Walk at

2:45 donation is \$5. Led by Richard Giordano (recently retired from Old Sturbridge Village) Hay Rides at 4 pm. Country music, Raffles, 50 - 50 drawing and more. Donation of \$25. for adults, children 12 and under 1/2 Price. Roast Beef cooked on a spit, Seafood chowder, Clam and Corn Fritters, Home made deserts and much more. This is probably the Biggest and Best Roast in the New England; you don't want to miss it. For tickets call Larry 508-867-7855 or Paul at 867-7272 or ask a member.



SPENCER STREET PARTY 11-6
Downtown Spencer
Music & Live Performers, Activities & Demonstrations. Food & Beverages, Artists, Crafters, Local Businesses and non-profits, Beer Garden... and more

SATURDAY IN THE PARK
Noon to 5, Powder Mill Park, Spencer, MA. Corner of Smithville Road & Meadow Street
A FREE Fun Day of Music for the Entire Family with a 2:30 performance by the Silverbacks and Chuck & Mud, Walter Crockett & Peter Allard
Hot dogs, ice cream, popcorn, beverages available. Five Loaves Bakery food truck, facepainting and more
Sponsored by the Spencer Exchange Club

FRIDAY, AUGUST 30

LIAM COLEMAN
from 7-10 in the bar
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333

SATURDAY, AUGUST 31

THE ISLAND CASTAWAY BAND
at 9 pm
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333

SUNDAY, SEPTEMBER 8

FARMERS DINNER
From our gardens to your plate. Featuring Salem Cross Farm Pasture raised beef. Advanced tick-

ets required.
Salem Cross Inn
260 West Main St., W. Brookfield, MA
508-867-2345 salemcrossinn.com

SEPTEMBER 12-14

ORIGINAL SEWING & QUILT EXPO
Auburn Sewing Center will be at the DCU Center.
Classroom machines on sale. Stop by their Brother & Janome booth for make-it, take-it projects.
Classes and demonstrations 9am-5pm
50 Foster St, Worcester, MA 01608
www.dcucenter.com

FRIDAY, SEPTEMBER 13,

MURDER MYSTERY DINNER
An interactive dinner theater
The Fashionable Murders. 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving.
Advance ticket sales required
salemcrossinn.com or call 508-867-2345. 260 West Main Street
West Brookfield, MA 01585

SUNDAY, OCTOBER 27,

MURDER MYSTERY DINNER
An interactive dinner theater
The Fashionable Murders. 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
salemcrossinn.com or call 508-867-2345. 260 West Main Street
West Brookfield, MA 01585

SUNDAY, NOVEMBER 15

MURDER MYSTERY DINNER
An interactive dinner theater
The Fashionable Murders 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
salemcrossinn.com or call 508-867-2345. 260 West Main Street
West Brookfield, MA 01585

ONGOING



JUNE THROUGH AUGUST
5 p.m.
WEDNESDAY NIGHT CRUISING FOR CHARITY CAR SHOW AT KLEM'S
All makes and models. Proceeds benefit the Masonic Children's Charity
KLEM'S
117 West Main St., Spencer, MA
508-885-2708 (Ext. 104)
www.klemsonline.com

SUNDAYS THIS SUMMER
with live music from 2-5 on the patio
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333

MARIACHI BAND
First Thursday of the month
5-8 p.m.
MEXICALI MEXICAN GRILL
Webster location
41 Worcester Rd., Webster, MA
508-461-5070

TRIVIA SATURDAY NIGHTS
7:00 p.m. register 7:30 p.m. start up
HILLCREST COUNTRY CLUB
325 Pleasant St., Leicester, MA
508-892-9822

LIVE ENTERTAINMENT FRIDAY NIGHT
HEXMARK TAVERN
AT SALEM CROSS INN
260 West Main St., W. Brookfield, MA 508-867-2345 salemcrossinn.com

THE CENTRAL MA CHAPTER OF TROUT UNLIMITED
meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet.
Auburn Sportsman's Club
50 Elm St., Auburn, MA





Triple Tax Savings Event on windows!

We're celebrating our Triple Tax Savings Event all month long!

Through August 31st only, buy four and get 18.75% off your entire project, and get an additional \$100 off each window and patio door with \$0 down, 0 monthly payments and 0% interest for one year!¹

- From last year we know that these appointments fill up quickly; call today
- You must call by August 31st

Save on every window!

Save on every patio door!



Must call by August 31st, 2019

1
18.75% OFF
your entire project¹

Minimum purchase of four.

2 AND **\$100 OFF**
each window and patio door¹

No minimum purchase required.

3 WITH **\$0 Down**
0 Monthly Payments
0% Interest
FOR 1 YEAR¹

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months. Participating states require the payment of sales taxes on all product sales.

Don't settle for poor-quality vinyl windows.

Not only can they look shiny and low-end, some poor-quality vinyl windows can warp, leak and become drafty after just a few years. Our windows are made of our exclusive Fibrex[®] material, which is twice as strong as vinyl.

Unlike some other companies, we warrant our windows and installation.*

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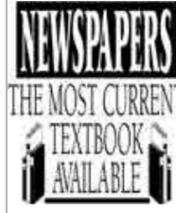
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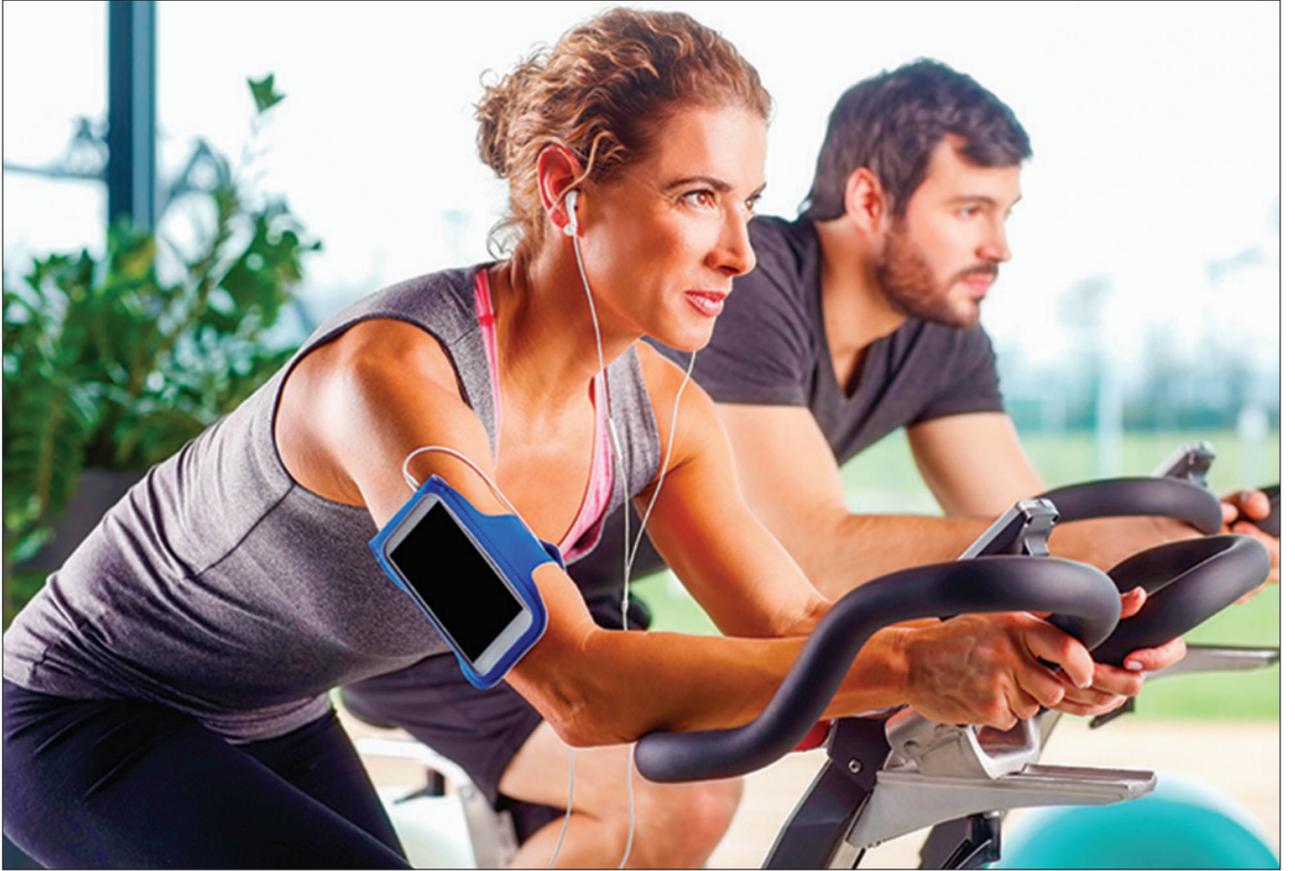
Understanding the fitness-related 'rhabdo'

Have you heard of "rhabdo"? No, it's not the latest superfood seed imported from the heart of the rainforest. Also dubbed the "spinning disease," rhabdo, short for rhabdomyolysis, is a serious condition known to the medical world for years, but is only recently garnering more widespread attention thanks to the high-impact fitness craze.

According to the Harvard Medical School, rhabdo is a rare condition that occurs when muscle cells burst and leak their contents into the blood stream. This can cause kidney injury, dark or brown urine, weakness, and muscle soreness. Trauma, medication and drug or alcohol misuse can contribute to rhabdo, but so can intense physical activity.

The Mayo Clinic states that rhabdo has been seen in extreme athletes, such as weight lifters and marathon runners. Rhabdo also can afflict people new to fitness regimens who are attempting to push themselves too far, too quickly.

According to Dr. Leslie Hamlett, a nephrology specialist at Freeman Health System in Missouri, she's not surprised that those participating in intense workouts have been experiencing rhabdo. Dr. Hamlett feels that athletes crave the pain and burn — equating it to a job well done. However, the earliest symptoms of rhabdo mimic those of a really tough workout, making them easy to overlook.



ing them easy to overlook.

The following tips can help people reduce their risk of developing rhabdomyolysis.

- Avoid alcohol and drug abuse.
- Seek prompt medical help

after an accident or muscle trauma.

- Do not work out in excessive heat.
- Stay hydrated throughout a workout and attempt to maintain a normal body tempera-

ture. Fluids with electrolytes can be beneficial.

- When working out, gradually increase intensity, whether you're a seasoned athlete or a beginner.

Rhabdo is a serious medical condition that those engaging in extreme workouts should familiarize themselves with early on. Although rare, the condition is serious enough to warrant caution while exercising.

Signs you might be overtraining

Exercise is a vital component of a healthy lifestyle. Many people find that pairing a nutritious, well-balanced diet with routine exercise is a successful formula for a long and healthy life.

People typically know when to stop eating. In fact, the brain signals when the stomach is full to prevent the body from eating too much. Exercise can be a little trickier, as men and women may be inclined to ignore certain warning signs of overexertion during a workout. The well-known workout motto "no pain, no gain" implies that rewards await those who push through their pain during a workout. However, ignoring signals that the body is being overtrained can have a detrimental effect on both short- and long-term health.

According to the American Council on Exercise®, there is a tipping point in regard to how much exercise the body can take. ACE notes that, when people pass that point, the exercise they engage in can actually do more harm than good. ACE refers to the tipping point as overtraining syndrome, or OTS, which can actually contribute to a reduction in overall fitness and increase a person's risk for injury.

People dealing with OTS may not recognize its symptoms as readily as they would a full stomach. As a result, it can be easier to overtrain than overeat. For instance, people focused on living

healthy often know when to call it quits at the dinner table, but might not know when to end a workout. Overtraining can be just as harmful as overeating, and athletes can help themselves by learning to recognize various signs of overtraining.

- Decreased performance: ACE notes that a lack of improved performance, despite an increase in training intensity or volume, is a telltale sign of OTS. Athletes who recognize a decrease in their agility, strength and endurance might be dealing with OTS.
- Increased perceived effort during workouts: OTS can make seemingly effortless workouts seem difficult. An abnormally elevated heart rate during exercise or even throughout the day may indicate OTS.
- Excessive fatigue: Too much train-

ing can contribute to fatigue because the body is not being given ample time to recover between workouts.

- Agitation and moodiness: Overtraining can contribute to a hormonal imbalance that affects stress levels, potentially making people more irritable and contributing to moodiness.
 - Insomnia or restless sleep: The overproduction of stress hormones that can occur when overtraining can adversely affect a person's ability to get adequate sleep.
- Additional signs of overtraining include loss of appetite, chronic or nagging injuries, metabolic imbalances, and stress and/or depression. More information about OTS and how to avoid it is available at www.acefitness.org.

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BOATING

Prevent carbon monoxide poisoning on your boat

Boating is a rewarding hobby that allows people to spend ample time on the water enjoying the great outdoors. Fresh air and boating might go hand in hand, but a danger may be lurking in the air on or around boats that can put boaters' health in jeopardy.

According to the U.S. Coast Guard, carbon monoxide, or CO, can accumulate anywhere in or around a boat. Inadequately ventilated canvas enclosures and blocked exhaust outlets are just two places where CO can accumulate. Exhaust also can get trapped in enclosed places, potentially leading to the accumulation of CO.

Fortunately, the USCG notes that CO poisoning is entirely preventable. Routine maintenance and attentive boat ownership can protect boaters and their passengers from the threat posed by CO poisoning.

What are the dangers of CO poisoning?

CO is produced when carbon-based fuels burn. Such fuels include gasoline, charcoal or oil, so boat engines are not the only potential source of CO poisoning on a boat. Gas generators, cooking ranges and space and water heaters also pose a threat.

CO is dangerous because it can enter the bloodstream through the lungs, preventing the body from getting the oxygen it needs. The USCG notes that both prolonged exposure to low concentrations of CO or very quick exposure to high concentrations of CO can prove fatal.

What are symptoms of CO poisoning? Irritated eyes, headache, nausea, weakness, and dizziness are some of the early symptoms of CO poisoning. These are easily and often mistaken as seasickness when on a boat. Any of the aforementioned symptoms should be addressed immediately. People experiencing these symptoms should



be moved to a fresh air environment, observed and given oxygen, if necessary. Seek medical help and shut off potential sources of CO, if possible. Do not write these symptoms off as simple seasickness. Err on the side of caution, even if you're unsure if CO poisoning is the culprit.

Protect yourself and others from CO
The USCG recommends all boaters

learn where and how CO can accumulate on their boats. Maintain fresh air circulation throughout the boat at all times, running exhaust blowers whenever the generator is operating.

When hosting others on their boats, boaters should make sure everyone steers clear of engine and generator exhaust outlets. Boaters and their guests should never sit, teak surf or hang on the back deck or swim platform

while engines are running.

The USCG notes that the presence of exhaust fumes means CO is present, too. Dissipate fumes immediately upon detecting them.

Boating is a safe and fun activity when boaters maintain their boats and take steps to protect themselves from dangers like carbon monoxide. More information on boating safety can be found at www.uscgboating.org.

Great ways to enjoy a day on a boat



Few things can be as enjoyable on a warm day as spending some time on a boat. For many people, the sound of the water lapping beneath a boat and the feeling of a warm summer breeze blowing through their hair is the very essence of summer relaxation.

Boating appeals to people with varying interests, and there are many ways one can enjoy a day spent traversing a nearby river, lake or ocean.

FISHING

Recreational fishing is wildly popular. According to the Recreational Boating & Fishing Foundation, in 2016 more than 47 million Americans participated in fishing at least once during the calendar year. In its Survey of Recreational Fishing in Canada, the organization Fisheries and Oceans Canada found that more than 3.2 million adult anglers actively participated in a variety of recreational fishing activities in Canada in 2015. The sheer volume of people who enjoy recreational fishing suggests it's an activity that has widespread appeal and it can benefit people of all ages and skill levels. What's more, fishing provides a wonderful excuse to spend a day on a boat.

SAILING

Sailing is a rewarding and demanding hobby. Avid sailors often describe the origins of their love of sailing as "catching the bug." Indeed, few hobbies can be as gratifying as sailing, which the organization Discover Boating® notes requires participants to be more active than almost any other type of boating. While sailing can be physically demanding, when the waters are calm, few activities can be as peaceful and relaxing.

EXPLORING

Of course, even people who do not own their own boats can still enjoy time on the water. The Recreational Boating and Fishing Foundation notes that roughly 90 percent of U.S. residents live within one hour of navigable bodies of water. Many waterfront communities, particularly those with tourism-based economies, are home to small businesses that provide local river, lake or ocean tours. These can be great ways to learn about local history and/or see local marine life.

A day spent on a boat is a great way to enjoy a warm afternoon. And the options are endless when it comes to how to spend such days on the water.

Tips for first-time boat buyers

Boating is a rewarding hobby that can be great for people from all walks of life. Many people buy a boat because they already have a passion for fishing and want their own vessel to take out on the water. Others may buy a boat because they like the challenge posed by sailing, a demanding yet rewarding hobby.

According to Grow Boating, a marine industry organization that aims to generate awareness and interest in boating, retail sales of new boats, marine engines and marine accessories in the United States totaled \$20.1 billion in 2017. That marked a 9.5 percent increase from the year prior, highlighting the growing popularity of boating. In fact, Grow Boating notes that 141.6 million Americans went boating in 2016.

The fun of boating compels many people to buy their own boats. For first-timers, buying a boat can be both exciting and confusing. Prospective buyers must decide on everything from the type of vessel they want to the size of the boat to where to store it when they're not out on the water. Such decisions can make the process of buying a boat somewhat intimidating. However, the following tips might facilitate the process of buying a boat for the first time.

- Assess your skills. An honest assessment of your skills will help you determine if the time is right to buy a boat. There's no shame in waiting to buy a boat until you become more comfortable navigating it. Boating schools can be great resources for novices, teaching them the ins and outs of boating. The United States Coast Guard notes that boating safety courses are offered throughout the country



for all types of recreational boaters.

- Ask around. Boaters tend to be passionate about boating, and many are willing to offer advice to novices about boats that may suit their needs. Local marinas can be great resources for first-time boat buyers. Visit a local marina and seek advice from current boat owners. Some may share their own travails and triumphs from their first boat-buying experience, and those stories can serve as a guide as you begin your own journey to boat ownership.

- Be patient. Boats are significant investments, so it serves prospective owners well to be patient and exercise due diligence before making a purchase. Do your homework on the type of boat that best suits your needs, skill level and budget.
- Do your homework in

regard to fees. The cost of owning a boat is more than just the sticker price and the cost of fuel. Much like you would before buying an automobile, get a quote on boating insurance before making a purchase, being as specific as possible in regard to the boat's make, model and age when asking for an estimate. In addition, get quotes on docking and mooring fees. When buying a boat, people envision taking their boats out as much as possible. That's only possible for boat owners who fully grasp the full cost of boat ownership and how to finance all of the ancillary expenses of owning a boat.

The decision to buy a boat requires careful consideration of a host of factors to ensure boaters find the right boat and get the most of their time on the water.

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