

Vol. XI, No. 15

Complimentary to homes by request

(860) 928-1818/e-mail: news@villagernewspapers.com

Friday, January 13, 2017

Slippin' and slidin'

Steer into the slide...just steer into the slide

It's one of the greatest joys of New England living, that thrill of putting your life into your own hands as you slip and slide all over an ice- and snow-covered road hoping you don't slide off the road and make contact with another vehicle.

That familiar feeling coursed through my veins last weekend, as I was dumb enough to be out on the roads. I was even traveling at a reasonable speed, as I was making my way home, and approaching a stop sign. As I lightly tapped the brakes, my car suddenly decided it didn't want to comply with my wishes and I began to slide, the ABS system on my brakes pounding against my foot and making it seem like it was



pounding my brakes to shreds. Before I knew it, I was at a complete stop in the middle of

the intersection. Luckily, no one was around, because if there was, there might have been a nice little accident. I am thankful that no one else was there.

It brought me back to an experience I had with my first car when I was a teenager 16 years ago. I had a small, white, 1989 Chevy S-10, which was practically a street legal go kart. I loved the thing. I traded a small mini-bike and \$300 to buy the thing, and it was the very first car I drove alone. In my senior high year of high school, I got a part-time job after school to pay for the car insurance and because — well, teenagers need jobs. Learn to be responsible, all of my teen readers out there. Anyway, on my way home late one winter night (I worked as a cashier at a supermarket), I was minding my own business, driving on a straight piece of road, when suddenly, I was no longer driving straight. In fact, I was spinning. I can't sit here and tell you how many times, I spun, because going through it, it felt like 20. It was probably more like three. Suddenly, I was jolted as my back bumper rammed in to the guardrail. I was all alone, and for the seconds afterward, I sat there frozen, gripping my wheel with white knuckles and trying to regain my wits. With no traffic coming in either direction, I stepped out of the vehicle, thanking God I was OK, knowing it could have been a lot worse, and checked on the damage. Luckily, there was only a dent where the guardrail hit my bumper. Not knowing what else to do, and figuring that everything was OK, I got back in the car, and left to go home, driving about 20 mph the rest of the way, counting my lucky stars that I only escaped the ordeal with a dent. Ironically, my brother would go on to total that truck on a telephone pole in a snowstorm. Go figure. Fast forward to last weekend, and I was once again alone after slipping and sliding and coming to a stop. I didn't hit anything this time, and looking both ways, I continued on my way, thankful I was OK.



Ryan French, a junior at Killingly High School and a member of the school's track team, was one of three losses the Killingly School District has had to endure in the New Year. French lost his life in a car accident on Jan. 2.

'THE IMPACT IS FELT FAR BEYOND THE SCHOOLS'

BY JASON BLEAU NEWS STAFF WRITER

Killingly mourns loss of three from school community

KILLINGLY — The Killingly school community continues to grieve over the loss of three of their own over the holidays.

The community lost ninth grader Emma Adams to brain cancer, and soon after that, suffered the losses of Killingly Intermediate School Assistant Principal Steve Tagen to natural causes and Killingly High School junior Ryan French, who lost his life in a single-car incident on I-395 — all before school returned to session from the Christmas and New Year's holiday break.

The losses shook the community over the first week of the year, with countless tributes to all three of those lost pouring in over social media and other public forums. Many praised Tagen for his commitment to the students of Killingly Intermediate School, while others spoke of Adams' brave battle with cancer and French's dedication and commitment to the Killingly FFA and Track and Field team.

The Villager spoke with Lynne Pierson, the acting Superintendent of Killingly Schools, who said that

Turn To LOSS, page A10

Legislators react to Trump's F-35 comments

BY JASON BLEAU NEWS STAFF WRITER

U.S. Rep. Joe Courtney and other Democratic leaders from Connecticut had some strong words for President-elect Donald Trump in the wake of Trump's statements concerning the F-35 Joint Strike Fighter, a fighter jet with local connections here in northeastern Connecticut. On Dec. 22, Trump released a statement through his Twitter account saying: "Based on the tremendous cost and cost overruns of the Lockheed Martin F-35, I have asked Boeing to price-out a comparable F-18 Super Hornet." Trump has been outspoken about his criticism of the F-35 program, calling it 'out of control." and showing concern about cutting the costs for that program after a meeting with military officials the day before posting his comments to Twitter.

All in the family **BILARTOS BRINGS GENUINE ITALIAN CUISINE** TO PUTNAM

:BY TERI STOHLBERG

Arthur Nason, co-owner of the new Italian restaurant in Putnam called "Bilartos," says his restaurant is all about creating a memorable experience.

"It's all about the customers," he said. "It's about giving them the best night of their week — everything is made fresh, and in a matter of minutes."

Nason and co-owner Bill Auclair opened Bilartos at the end of November. The grand opening celebration will be sometime this month.

Turn To **BILARTOS,** page A10



Teri Stohlberg photo The friendly staff at the new Bilartos restaurant in Putnam is ready to serve you.

Ah, New England driving...

Adam Minor may be reached at (508) 909-4130, or by e-mail at aminor@stonebridgepress.news.

Last June, Courtney met Turn To F-35, page A11

Officials weigh in on future of River Mill

BY JASON BLEAU NEWS STAFF WRITER

THOMPSON — In the past few months questions have been raised concerning he future of the River Mill in Thompson, a historic structure that has long been a landmark of the town.

Prior to the New Year, The Villager sat down with Thompson Town Planner MarvAnn Chinatti and Thompson First Selectman Ken Beausoleil to discuss plans for that facility.

According to Chinatti the town still very much wants to see something done with

that facility which, in the past, has been home to businesses and a teen center, but in recent years has seen minimal use in many portions of the structure. Chinatti said that the town was in discussions with developers in October, with those discussions including the possibility of deconstructing the oldest portion of the River Mill to salvage wood and bricks for resale. Chinatti said she has been outspoken about her feelings concerning a full-scale demolition, however.

talization Brownfield Grant for that property and demolition is totally contradictory to revitalization. That's besides the fact that we'd end up with bookends of blight," Chinatti said. "That's the biggest mill in the state. It's on the National Register of Historic Places. That register district was named for the mill and it's got so much redevelopment potential. So since October, we've been scrambling to get developers interested in that mill and we have some that are inter-

"We got a historic revi-

Turn To RIVER MILL, page A11

Woodstock home destroyed by fire after power outage

BY JASON BLEAU NEWS STAFF WRITER

WOODSTOCK — A electrical surge led to a significant fire at a Woodstock home on Dec. 27, as fire officials reported to the scene at 630 Route 171 in Woodstock in the early morning hours to manage the blaze.

Woodstock Fire Marshal Richard Baron said that the fire occurred between 5:30 and 6 a.m. after lines were knocked down near the damaged home, leading to a surge of power that

sparked the fire.

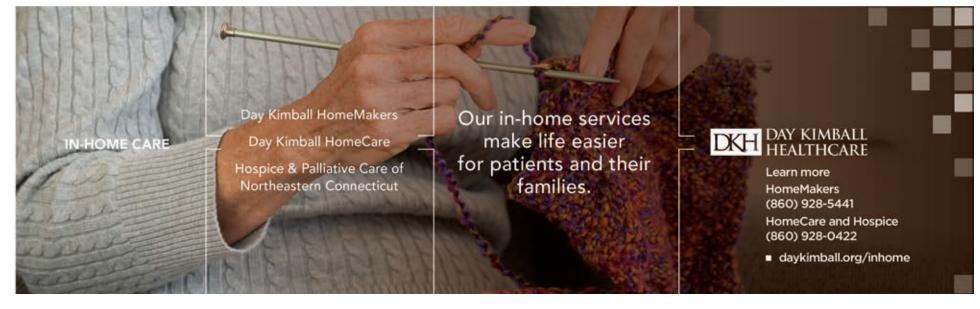
"Prior to the incident there was a power failure in that area. It ended up being a tree that came across the wires that played a significant role in the incident," Baron said. "The fire was deemed accidental, and it's more probably than not that the primary wires came down and landed on the secondaries heading into the house which charged the whole house with high voltage leading to the

Turn To FIRE, page A11



Courtesy photo

A home on Route 171 in Woodstock goes up in flames after downed wires led to a power surge in the home on Dec. 27.



Killingly, by the letter

I wrote about Pomfret's Ben Grosvenor Inn in a recent column.

Killingly Historical Society member Glenna Bruno stopped in at the Center and continued a telephone conversation and reminisced about the Inn since she had worked there as a teenager. Glenna said that she was the helper for pastry



chef Mary Donlon, who made the best angel food cake. Glenna recalled having to beat and beat egg whites by hand (not with a mixer) to make these cakes. Glenna said that she enjoyed working there especially since she could taste the "treats" that were being made for the guests, many of whom were par-

ents of boys at the

school. Glenna's mother, Glenna Loos, and Aunt Edith Loos also worked at the Inn as waitresses; SO did Rasalie Ayers. In those days the waitresses were not to make small talk with the guests but were to be very businesslike and take orders. Glenna's mother wore a very formal uniform of a longsleeve black dress

apron, white collar and white cuffs. May Cotter was the head waitress. Jimmy Spielman was a young fellow who served as busboy. The chauffeur was a "black man named Robert", and he would bring people from the railroad station (conversations 12/12/16 & 1/4/17).

Glenna was interested in finding an old photo of the Ben Grosvenor Inn so we started by looking in Susan L. Griggs Folklore and Firesides of Pomfret, Hampton, and Vicinity. The index listed many Grosvenors (but no first names) so I began reading a short biography of Ben Grosvenor, which I found fascinating.

"In 1866, following the advice of Horace Greeley to 'Go West, Young Man,' he went to the wilds of Nebraska, as an appointed agent to the Winnebago-Omaha Reservation, to teach cultivation to the Indians. This region became the richest wheat-raising district in the state. In 1867 he returned to Pomfret to marry Miss Anna Mathewson. Their wedding took place at daybreak on the morning of Dec. 23. They started on the early morning train for their honeymoon trip to the west, where Mr. Grosvenor had a new home waiting. The Missouri River not being bridged at that time, they were given long poles to make the crossing on the ice less dangerous. Fortunately, they made the crossing safely. But tragedy awaited their friends, Mr. and Mrs. Edwin Sharp and child who had come across the river to welcome them to their new home. In making the return trip, all three were drowned, as the ice broke under them. The Sharp family was also from Pomfret, having preceded the Grosvenors to Nebraska.

Two days later, Mrs. Grosvenor awoke in her own home, to find her yard full of Indians who were awaiting their turn to sharpen their knives and axes. Apparently the Grosvenors were not pleased with the west, for at the end of two years they returned to Pomfret...After his death his son, John, maintained the Inn until the coming of the Automobile Age wrought many changes in the patronage of the hill-top summer resorts." (pp. 43-44).

I wonder how many other northeastern Connecticut residents left the area for a few years to try life in the West but then returned home. If you have relatives who did so, please contact me so we can make notations in the family files. You might be able to help someone locate a missing link. Also, if you have any good photos of the old Ben Grosvenor Inn, please bring them to the Killingly Historical Center to be copied. When Glenna asked if I'd done a "Google" search (I hadn't), I quickly discovered a number of postcards of the Inn for sale on eBay and Amazon. They were not cheap!

Periodically, I think about Killingly in

Killingly at 300 margaret weaver

T e l e p h o n e Directories); AFM Engineering Corp. (1001 Hartford Pike, Dayville, 1997-1998 and 2004 Telephone books); A. G. Stores (says see Czupryna's Market), 30 Main Street, Danielson. Grand opening, formerly the General

Store, conducted by A. Czupryna extracted from Quinebaug Valley News; A&L Electric, 58 North Street, Rudolph Adamczyk and Jacques Lemoine, 1974.

How many recall when A&P Food Store (The Great Atlantic & Pacific Tea Company) was located at 64 Main Street in Danielson and at 39 South Main Street on the Brooklyn side of the Quinebaug River (1934 Windham County Transcript)? A photo of this early Danielson A&P can be found in Images of America, Killingly by Natalie L Coolidge and Robert A. Spencer on p. 43. The store was located in what was historically called the Day Building and now houses The Trinket Shoppe. A Business Encyclopedia Entry contained an extract from the Jan. 22, 1953 Windham County Transcript concerning a more modern building.

"An A&P super market is to be built on the corner property at Main Street and Westcott Road at the rotary in Danielson ... The land has been purchased for the purpose by Amasa D. Pierce from the trustees of the Westcott-Wilcox Old People's Home and the building will be constructed by Mr. Pierce according to A&P plans and specifications."

How many of you recall when an A&P Sav-A Center existed on Route 12 in Dayville? I couldn't quite place it, but my son Michael Weaver said that it was across from the old MacDonald's location in the present Kohl's plaza. Natalie's first entry on that store is from the 1990-91 SNET Telephone Directory.

I had asked Joan Kent about the A&P, but she commented that since her family lived near Connecticut Mills, they didn't shop there but patronized the little "Mom and Pop" stores on Mechanics Street. She said her family lived in an apartment in the same building as Anger's Grocery Store (Ephrem, according to the Business Encyclopedia). They were really nice and spoiled her a lot since their children were grown. They even taught her how to put the rolls in their player piano and would let her play it. Stores were closed on Sunday, but Joan said that if her family had unexpected company and needed something, they would knock on the Anger's door and get what they needed from the store (conversation 1/8/17).

Periodically this year I'll do alphabetical extracts from the Business Encyclopedia to bring back old memories, or perhaps remind the younger generations of what once existed in the little villages in town. Please feel free to send comments and suggestions. They're much appreciated.





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alphabetical terms. "K is for Killingly." Now if you start with the letter A, most of you will easily think of Alexander's Lake. How many others can you quickly think of? I thought I'd extract just a few from Natalie Coolidge's Killingly Business Encyclopedia and see how many you recall. Keep in mind that this is a selective list that does not begin to include all the "A" entries.

ACT Tech 1011 North Main Street, Killingly (1990-91and 1991-92 SNET Margaret M. Weaver is the Killingly Municipal Historian. Special thanks to Glenna (Loos) Bruno, Joan Kent, and Michael Weaver for memories used in this column. For additional information visit the Killingly Historical Center Wednesday or Saturday, 10 a.m. to 4 p.m. (or by appointment) or www.killinglyhistorical.org or call 860-779-7250. Mail for the Killingly Historical & Genealogical Society, Inc.



or the Killingly Historical Center should be sent to PO Box 265, Danielson, CT 06329. Margaret Weaver may be reached at margaretmweaver@ gmail.com.

VILLAGER ALMANAC

AT CT AUDUBON

Bird sightings at Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of Jan. 2: Bald Eagle, American Tree Sparrow, Junco, Barred Owl, Red-tailed Hawk, Brown-headed Cowbird, Red-winged Blackbird, Cedar Waxwing, Song Sparrow, American Kestrel. Visit www.ctaudubon.org/ center-at-pomfret.



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Three Quiet Corner residents arrested on drug charges

BY JASON BLEAU NEWS STAFF WRITER

WILLINGTON — Three northeastern Connecticut residents were arrested in a single week in the town of Willington according to State Police out of the Troop C Barracks in Tolland, all on drug-related charges.

According to releases from the Connecticut State Police the first arrest took place on Wednesday, Jan. 4, at approx-

imately 8 p.m., when troopers from the Troop C Barracks in Tolland were conducting motor vehicle enforcement on I-84 eastbound in the area of exit 69. According to police, on-duty troopers observed a vehicle missing a brake light and the operator, identified as Brooklyn resident Brian Pomposelli, perform a motor vehicle traffic violation. Troopers proceeded to stop the vehicle in the area of Route 74 and Route 32 in Willington and while speaking with the operator, officers determined that there were possibly narcotics in the vehicle.

Troopers initiated an investigation on the scene and located 49 bags of suspected heroin. Pomposelli was taken into custody and transported to Troop C where he was fingerprinted, photographed and released after posting bond pending a court date. Pomposelli had an



Brian Pomposelli

David McKnight



Ryan LaFountain

additional heroin related arrest dating back to September of 2015.

Only two days later on Jan. 6 police made another series of arrests involving local residents after three individuals were taken into custody on similar drug charges. A second report from Connecticut State Police revealed that these arrests took place in almost the same exact location in Willington where Troopers from Troop C were conducting motor vehicle enforcement on I-84 once again and at around 9:15 p.m. a trooper observed a vehicle with an equipment violation.

Troopers followed the vehicle as it exited the highway, and subsequently conducted a motor vehicle stop on Route 74 in Willington where, after speaking with operator who was determined to be 53-year-old Danielson resident David McKnight, officers confirmed that the

folds of heroin were found in the vehicle, all labeled with the same "Posted' stamp that were located on all the bags of heroin located only two days before.

McKnight along with 24-year-old Norwich resident Anthony Falzone, and 27-year-old Ryan LaFountain, of Danielson,

occupants of the vehicle

were in possession of nar-

cotics. Police said 170 wax

were all taken into custody and held on separate bonds. McKnight was held on a \$75,000 cash/surety bond, and Falzone and LaFountain were released after each posting \$10,000 non-surety bonds. Falzone and LaFountain are scheduled to appear in Rockville Superior Court on Jan. 24. David McKnight was scheduled to appear in Rockville Superior Court on Jan. 9.

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

Villager Newspapers

ACCURACY WATCH

The Villager Newspapers is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, call (860) 928-1818 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.





POMFRET SCHOOL PRESENTS

ALEC ROSS A LECTURE ON THE INDUSTRIES OF THE FUTURE

M r. Ross served as a senior advisor for innovation to the Secretary of State and is currently a distinguished visiting fellow at Johns Hopkins University. Ross is the author of the book, The Industries of the Future, which explores the technological and economic trends and developments that will shape the next ten years.

Friday, January 27 7:00 PM

Pomfret School, Parsons Lodge

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PUBLIC MEETINGS

EASTFORD

Monday, Jan. 16

Clean Energy, 7 p.m., Town Office Building

Tuesday, Jan. 17

Republican Town Committee, 7 p.m., Eastford Public Library

Thursday, Jan. 19

Fracking Waste Forum, 7 p.m., Town Office Building Library Board, 7 p.m., Eastford Public Library

POMFRET

Tuesday, Jan. 17

Board of Selectmen's Meeting, 8 a.m., Pomfret Senior Center

Wednesday, Jan. 18

Senior Advocate Commission, 6 p.m., Pomfret Senior Center

Wednesday, Jan. 18 Economic Development Commission, 6:30 p.m., Town Hall

Thursday, Jan. 19 Library Board of Trustees, 2 p.m., Thompson Library

WOODSTOCK

Monday, Jan. 16 Ag Commission, 1 p.m., Town Hall

Tuesday, Jan. 17 Beautification Committee, 6:15 p.m., Town Hall

Arboretum, 7 p.m., Town Hall

Wednesday, Jan. 18 Quasset School Committee, 4 p.m., Town Hall

Thursday, Jan. 19 Board of Selectmen, 7 p.m., Town Hall Planning & Zoning, 7:30 p.m., Town Hall

Agriculture Commission, 7 p.m., Pomfret Senior Center

PUTNAM

Tuesday, Jan. 17

Board of Selectmen, 7 p.m., Town Hall

THOMPSON

Monday, Jan. 16

Conservation Commission, 7 p.m., Town Hall

Tuesday, Jan 17 Board of Selectmen, 7 p.m., Town Hall

January 28, 2017 6:30 pm at the

Center for Woodstock History dstock Historical Society)

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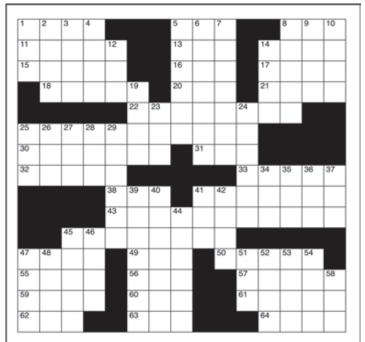
Killingly fans support their basketball team

Charlie Lentz photos

DAYVILLE — Killingly High girls basketball fans came out to support the Redgals in their first game of the New Year against Bacon Academy last Friday, Jan. 6, at Killingly High's gymnasium.



Harmon and Melinda French.



CLUES ACROSS

- 1. Pain
- 5. Near the stern of a ship
- 8. Certified public accountant
- 11. External appearance
- 13. Neither
- 14. He played with Peter & Mary 49. Notre Dame coach Parseghian
- 15. Maximum
- 16. Irish republican organization
- 17. Swedish rock group
- 18. Source of chocolate
- 20. Counterparts to women
- 21. Type of levy
- 22. More tasteless 25. "Use Somebody" rockers
- 30. Burst
- 31. Flightless, fast bird

Concession stand volunteers, from left, Tina Chahanovich, Kirsten Gosper, and Cheryl Albee. Proceeds from concessions benefit Project Graduation which will help sponsor a trip for the Killingly High Class of 2017.



Back row, Mary Mason and Jeff Binienda, front, Alex Stawiecki.



From left, Frank Grandelski, Sarah Lenoir, and Mike Hill.



Suzanne Mazzarella and Don DiPasquale.



Deb and Jim Saritelli.



Amy and Tim Brunet with their daughter, Lexie.



- 32. Type of salami 33. Charges to live somewhere
- 64. Database mgmt. system

38. Ji dynasty's ancestral home

45. Resin from an African tree

56. Small piece of caramel

60. Israeli city __ Aviv

62. Danish krone (abbr.)

63. Midway between east

61. Brief appearance

and southeast

50. Thorougbred horse race: __ Stakes 55. Empire in pre-colonial C. Africa

41. They play music

43. One who cancels

47. Shellfish

57. Hillsides

59. Does great

CLUES DOWN

- 1. Sign language 29. Ruled Russia 34. Geological time 2. In style 35. Catches fish 3. Syrian city 4. A long narrative poem 36. As well 37. Soviet Socialist Republic 5. Living thing 39. A moderately slow tempo 6. Envision 7. Flat surface on a vessel's stern 40. Female reproductive organs 41. Patti Hearst's captors 8. Scottish sport 42. Twitchings 9. They serve beer 10. Expression of sorrow or pity 44. Suitable for crops 12. When you expect to get there 45. Cavalry-sword 46. Greek sophist 14. Bullfighting maneuver 19. Double-reed instrument 47. Dressed 23. Rural Free Delivery (abbr.) 48. Tight crowd of people 24. Hardened 51. Basics 25. Small cask or barrel 52. "Raymond" actor Garrett 26. Anger 53. Unstressed-stressed 54. Old World tree 27. Female religious figure 28. Central mail bureau 58. Distress signal
 - BUY FACTORY DIRECT & SAVE

The Hibbard family, from left, Bryant, Cindy, Lori, Saige, and Jay.







What's On **Your Mind?** We'd Like to Know. Email us your thoughts to: adam@ villagernewspapers .com

Thompson's Art at the Library series continues



Brandon Mead



Emma Fahey

Charlie Lentz photos

O R T H Ν GROSVENORDALE Thompson Public Library's Art at the Library series recently displayed its Thompson Winter Student Showcase. The series is generously supported by the Friends of the Library. All of the following works were produced by students at Tourtellotte Memorial High School.

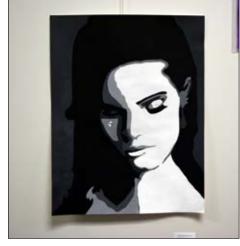


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SCHOOLS AND THE PUBLIC are encouraged to submit items for inclusion on the Learning Page. The deadline is noon Monday. Send all items to Editor Adam Minor at aminor@villagernewspapers.com.

Student Dance Company Showcase this weekend

WILLIMANTIC — The public is invited to attend EASTCONN's Arts at the Capitol Theater (ACT) arts magnet high school's Looking-Glass Self Student Dance Company Showcase 2017 on Friday, Jan. 6, and Saturday, Jan. 7, at 7 p.m., at EASTCONN's Capitol Theater, 896 Main St., in downtown Willimantic.

LEARNING

The Dance Showcase will feature a variety of original performances choreographed by student dance majors at ACT. In preparing for the Showcase, students have reflected on the concept of identity and channeled personal life experiences to inspire their creative works. Through a range of dance genres, choreographers and dancers will explore the people, personalities and interactions that shape one's individuality.

Among many thematic dance performances slated for the Showcase is "The Election," which captures the frustration of trying to identify with the 2016 presidential candidates, "There's Always A Silver Lining, So Where's Mine?" a duet portraying one's realization that negative thoughts are controlling them and "Life-Time," a piece that tells the story of the significant role time plays during the stages of life.

In preparing for the Showcase since the start of the school year, ACT choreographers and dancers have collaborated with the entire ACT student community, including students who are studying advanced lighting design.

ACT student dancers include seniors Lauthell Laborte (Putnam), Destiny Hollis (Willimantic), Daniel Marinelli (Willington), Samantha Richard (Willimantic), and Jorrel Morales (Windham); as well as juniors Hailie Brytowski (Putnam), Theresse Weigand-Watkinson (Norwich), Alesha Coppinger (Colchester), Devin Beaudry (Canterbury), and Deborah Rolon (New London).

ACT will welcome guest artists and ACT alumni, Kerra Jackson (2015), Jose Aponte (2011) and other members of the dance community.

and alumni. Tickets may be reserved in advance by calling 860-465-5636. The Capitol Theater Box Office will open one hour before show time for walk-up ticket sales. The Showcase is appropriate for audience members of all ages. Visit www.eastconn.org/ act to learn more about ACT.



Courtesy photo

Tickets are \$10 for adults, \$8 for students and seniors, and \$5 for ACT students Pictured: Front row, from left, Daniel Marinelli, Cayla White, Lauthell LaBonte, Destiny Hollis, Jorrel Morales. Middle row, from left, Hailie Brytowski, Theresse Weigand-Watkinson, Samantha Richards. Back row, from left, Alesha Coppinger, Devin Beaudry.

WA to install electric vehicle charging stations

WOODSTOCK — Working in part-nership with the Woodstock CT Green Energy Team, The Woodstock Academy is pleased to announce that two Electric Vehicle Charging Stations will be installed on campus.

In response to the overall increase in public interest and to provide additional benefit to students, families, and surrounding communities, The Academy will install two electric vehicle charging stations this spring. The stations will be located in the main parking lot close to the maintenance garage.

"We are honored to partner with The Green Energy Team in Woodstock," said Academy Headmaster Chris Sandford. "This Team has done amazing work in the area of solar and energy conservation around our community. Woodstock has been named a **Connecticut Green Energy Community** and we are proud to be a part of the efforts."

The charging stations - two of five being introduced in the Town of Woodstock - are being installed for free on behalf of the CT Green Bank for the outstanding achievements made by the Woodstock Green Energy Commission in fostering clean renewable energy in Woodstock. Additional stations will be located at the middle school, elementary school, and the Town Hall.

The Woodstock CT Green Energy Team was officially established in 2008 as a town appointed committee whose primary responsibility includes

the investigation of renewable energy options and ways the town and community can conserve energy. The Team is a member of the CT Clean Energy Program, and is chaired by Jim Stratos.

Woodstock, as a community leader in clean renewable energy, is one of only two towns in the state whose energy consumption for all municipal buildings and public schools is 100 percent clean renewable energy," Stratos said. This was augmented with the recent one megawatt solar brownfield installation just added to the old discontinued five-acre town landfill."



WOODSTOCK **ELEMENTARY SCHOOL**

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Hamburger/bun, over fries, fruit, milk

Wednesday, Jan. 18: Chicken Caesar salad, wheat roll, fruit, milk

Thursday, Jan. 19: Hot turkey sandich, butternut squash, whole grain

roll, veggie cups/dip, fresh fruit or fruit cups, 1 percent or fat free milk

Thursday, Jan. 19: Mr. Fox's assorted pizza, spring mix salad, veggie cups/ dip, fresh fruit or fruit cups, 1 percent or fat free milk Friday, Jan. 20: Deli turkey sandwich.

sliced cheese, lettuce, tomato, veggie cups/dip, baked Doritos. fresh fruit or fruit cups, 1 percent or fat free milk, pudding

san/bun, mashed potato, carrots, Alt. Main: Fish patty/bun

Thursday, Jan. 19: Double Decker: Toasted cheese sandwich or toasted ham and cheese sandwich, tomato soup, roasted green beans, Alt Main: Stuffed crust pizza

Friday, Jan. 20: Popcorn chicken, oven-fried rice, broccoli, Alt. Main: Fish sticks w/dinner roll

MARY R. FISHER

and tomato or assorted toppings on our homemade whole wheat pizza dough), cucumber and tomato salad

PUTNAM MIDDLE SCHOOL

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Hot diggity dog (hot

cookie/fruit, milk

Friday, Jan. 20: Pizza, zucchini, fruit, milk

WOODSTOCK MIDDLE **SCHOOL**

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Hamburger/bun, over fries, fruit, milk

Wednesday, Jan. 18: Chicken Caesar salad, wheat roll, fruit, milk

Thursday, Jan. 19: Hot turkey sandwich, butternut squash,

fruit, milk

Friday, Jan. 20: Pizza, zucchini, fruit, milk

POMFRET COMMUNITY SCHOOL

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: French toast sticks, turkey sausage links, hash browns, veggie cups, orange juice or fruit, 1 percent or fat free milk

Wednesday, Jan. 18: Crispy chicken strips, steamed carrots, whole grain

TOURTELLOTTE **MEMORIAL HIGH** SCHOOL

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Chili cheese fries, sour cream, chives, baked beans, garlic breadstick, Alt. Main: Hot dog/roll

Wednesday, Jan. 18: Chicken parmesan/bun, mashed potato, carrots, Alt. Main: Fish patty/bun

Thursday, Jan. 19: Double Decker: Toasted cheese sandwich or toasted ham and cheese sandwich, tomato soup, roasted green beans, Alt Main: Stuffed crust pizza

Friday, Jan. 20: Popcorn chicken, oven-fried rice, broccoli, Alt. Main: Fish sticks w/dinner roll

THOMPSON MIDDLE **SCHOOL**

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Chili cheese fries, sour cream, chives, baked beans, garlic breadstick, Alt. Main: Hot dog/roll Wednesday, Jan. 18: Chicken parme-



ELEMENTARY SCHOOL

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Hot dog/roll, tater tots, ketchup, baked beans, 100 percent fruit juice, milk choice

Wednesday, Jan. 18: Stuffed crust pizza, garden salad, Italian dressing, cookie, applesauce, milk choice

Thursday, Jan. 19: Five chicken nuggets, mac n cheese, ketchup, broccoli and cauliflower, orange wedges, milk choice

Friday, Jan. 20: Pretzel with cheese sauce, yogurt, granola, fresh carrots and celery sticks, 100 percent fruit juice, milk choice

PUTNAM HIGH SCHOOL

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Italian meatball sub (meatballs simmered in a zesty marinara sauce, then loaded into a whole grain hoagie roll and topped with mozzarella cheese), roasted harvest squash

Wednesday, Jan. 18: Baked shepherd's pie (layered casserole of seasoned ground beef, vegetables, topped with crust of garlic flavored mashed potatoes)

Thursday, Jan. 19: Hot dog with fixing bar (hot dog on whole grain roll with chili fixing bar, onions, sauerkraut, relish, mustard, ketchup, crisp curly French fries, crunchy cole slaw)

Friday, Jan. 20: Pizza slice (cheese

dog with toppings on a whole grain roll, topping bar), baked beans, creamy cole slaw

Wednesday, Jan. 18: Bosco whole grain pizza dippers with zesty marinara dipping sauce, whole grain penne pasta, roasted winter squash

Thursday, Jan. 19: Popcorn chicken potato bowl (crispy popcorn chicken atop creamy mashed potatoes and sweet corn and whole grain dinner roll)

Friday, Jan. 20: Homemade calzones (choice of cheese or pepperoni nestled in our homemade while wheat pizza dough), side of zesty marinara sauce, crisp garden salad with dressing

PUTNAM ELEMENTARY SCHOOL

Monday, Jan. 16: No School: Martin Luther King Jr. Day

Tuesday, Jan. 17: Hot diggity dog (hot dog with toppings on a whole grain roll, topping bar), baked beans, creamy cole slaw

Wednesday, Jan. 18: Bosco whole grain pizza dippers with zesty marinara dipping sauce, whole grain penne pasta, roasted winter squash

Thursday, Jan. 19: Popcorn chicken potato bowl (crispy popcorn chicken atop creamy mashed potatoes and sweet corn and whole grain dinner roll)

Friday, Jan. 20: Homemade calzones (choice of cheese or pepperoni nestled in our homemade while wheat pizza dough), side of zesty marinara sauce, crisp garden salad with dressing

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LEARNING

CT Storytelling Center renews literacy programs in Killingly

KILLINGLY — Thanks to the renewal of a generous grant from an anonymous funder, the Goodyear Early Childhood Center and Killingly Central School will continue their partnership with the Connecticut Storytelling Center to bring literacy programming to preschool classrooms.

Three non-profit agencies — Killingly Public Schools, the Connecticut Storytelling Center, and the Killingly Public Library have teamed up to provide "Literacy Mondays" to all the preschoolers in the two facilities. Each Monday morning, the children are treated to a professional story time. The Connecticut Storytelling Center's "Littlest Listeners" program sends teaching artists from its roster, or Killingly Public Library's Children's Librarian Alison Whiston reads high quality picture books. During these story times the children and teachers experience music and folksongs, participate in storytelling (with and without books), puppets, felt board stories, and book sharing in an exciting format designed to help kids come to love books and stories. Details on the Littlest Listener program can be found at www.connstorycenter.org.

The partners in this literacy team met recently to formulate ideas for working together. The agenda was "Focus on Balanced Literacy — Strengthening the Partnership between the Killingly Public Schools Preschool and Literacy Guests." Representing Goodyear Early Childhood Center were Sally Sherman, Director; Heidi Auclair-Golden, Instructional Coach; and Heather Livingston, Head Teacher. The Connecticut Storytelling Center of New London was represented by Peg Donovan, Preschool Program Manager, and Mary Jo Maichack, Marketing Director (both are storytellers involved in the project). The Killingly Public Library was represented by Ms. Whiston.

The participants' shared goal for early language, communication, and literacy is to support children's understanding and use of language, using language for social interaction, gaining book appreciation and knowledge.

"We want to focus on kids' thinking," said Sherman, Goodyear's director. Through story time, children will gain knowledge of print and its uses, develop phonological (sound) awareness, and convey meaning through drawing, letters and words. Goodyear's strategies include shared and interactive reading and writing, large and small group daily read-alouds, letter immersion, rhyming, syllables, and alliteration along with vocabulary.

The teachers involved with the storytelling program from last school year had valuable feedback on the effectiveness the Connecticut Storytelling Center storytellers had on Goodyear's literacy strategies. Teacher Holly Bennett commented: "After each visit the students talked about the stories and some of the characters in the stories and incorporated the stories into their block play and drawing at the writing center. They would use the language that they heard the storytellers use as they retold some stories. In my teaching, I have attempted to include some of the techniques that the storytellers model such as character voices and having students act out the stories. I feel that the inclusion of the storytellers into our curriculum is a valuable extension of our intentionality to provide our students with quality literacy experiences and a love for learning."

Sherman pointed out the value of quality children's literature over thematically connected reading materials. All agreed we live in a time rich in high quality picture books, which offer rich vocabulary. As author Jim Trelease demonstrates in his Read Aloud Handbook, there is a 32-million word gap between kids in lower socio-economic strata and children of professionals. Picture books fill that gap, as does storytelling, through oral language.

The New Year brings a new round of funding for this important collaboration continuing "Literacy Mondays," which combine the talents of the Littlest Listeners teaching artists and the children's librarian to delight and educate the preschoolers in Killingly. Look for further announcements from Goodyear/Killingly Preschools concerning family nights, book fairs, or end-of-year celebrations where the storytellers may visit.

For further information, contact Peg Donovan at the Connecticut Storytelling Center, 860-439-2764.

CHET Advance Scholarship winners announced

HARTFORD — "This award will truly make a difference in my ability to pay for college," Denaja Gonzalez, a senior at Capital Community College Magnet Academy in Hartford, said on receiving a CHET Advance Scholarship at a ceremony at the Legislative Office Building last week.

Gonzalez was among 200 student winners, their families and teachers who attended a festive program to recognize 100 high school freshmen and one hundred high school seniors from across Connecticut as recipients of the 2016 CHET Advance Scholarship.

State Treasurer Denise L. Nappier, Trustee of the Connecticut Higher Education Trust ("CHET"), told the students, "If you work hard, show persistence and have a belief in yourself, even though your path may be unpredictable, your goal is achievable."

SCHOOLS AND THE PUBLIC are encouraged to submit items

for inclusion on the Learning Page. The deadline is noon Monday. Send all items to Editor Adam Minor at aminor@villagernewspapers.com.

Photos courtesy Nick Caito Photography

Woodstock Academy senior Collin Singleton, of Eastford.



persistence and have a belief in your- Woodstock Academy freshman Ryan Noll, of Brooklyn.

2016 is the fourth year of the CHET Advance Scholarship program, which awards \$2,500 scholarships to high school seniors and initial \$2,000 scholarships to freshmen. The freshmen have the opportunity to receive an additional \$500 if the student's family saves \$500 in a CHET account by the time the student goes to college.

"I am proud to say that with the inclusion of this year's winners, the CHET Advance Scholarship program has been able to help 800 Connecticut students and their families reduce the financial burden of a college education," Nappier said. "The process of researching, applying for and deciding what college to go to is incredibly stressful for students and families. If we are able to help lower that stress level by a small amount or help fill the cost gap, then that's a win in my book."

At the Legislative Office Building, students and their parents spoke to members of the State Treasurer's Office about how much the scholarships will help with college expenses. A second student speaker, Macklin Miezejeski, a freshman at Valley Regional High School in Deep River, expressed the sentiments of many when he said that the scholarship "is a big boost for our motivation to attend college. The award will allow us to think about our future and our road ahead."

The winners, who were randomly selected from a pool of more than 2,500 applicants, hail from 93 high schools. Almost half the towns in Connecticut have at least one winner and all five congressional districts are represented among the winners. Of the winners, 127 are young women and 73 are young men.

CHET Advance Scholarship is administered by the Connecticut Higher Education Trust, Connecticut's 529 college savings plan. As Trustee of CHET, Treasurer Nappier negotiated for the establishment of the scholarship program. TIAA-CREF Tuition Financing, Inc. and The Hartford, plan managers for CHET Direct-Sold and CHET Advisor-Sold, respectively, contribute annually into a scholarship account to finance the scholarship program, under their contracts with the Treasurer's Office to manage CHET 529. No state funds are used for awards issued under CHET Advance Scholarship.

To ensure the impartiality of the random drawings, International Scholarship and Tuition Services, which has more than 25 years of scholarship administration experience, set up and ran the selection process with oversight from TIAA.

EDUCATION NOTEBOOK

Champlain College

BURLINGTON, Vt. — Shannon Eber, of Danielson, has been named to the Champlain College Dean's List for the Fall 2016 semester.

Students on the Dean's List have achieved a grade point average of 3.5 or higher during the semester. Eber is majoring in Legal Studies.

Siena College

LOUDONVILLE, N.Y. — Gunjan Sali, of Thompson, is participating in the Siena College Study Abroad program for the Spring 2017 semester. Gunjan will be studying in Hyderabad, India.

Lasell College

NEWTON — Lasell College has announced the Dean's List for outstanding academic achievement during the Fall semester of the 2016-17 academic year. A student must earn a semester GPA of 3.5 or higher to receive Dean's List recognition.

Among the students named to the Dean's List are: Amanda Bennett, of North Grosvenordale Briana Wrubleski, of Quinebaug Jessica Lindell, of Thompson

Dean College

FRANKLIN — Dean College is pleased to announce the students that have earned a place on the Dean's List for the Fall 2016 semester.

Morgan Cacciapouti, of Thompson Michael Merrill, of North Grosvenordale Cody Maiorino, of Brooklyn

Keene State College

KEENE, N.H. — Keene State College announces that 1,400 students have been named to the fall 2016 dean's list, including the student(s) in your area, listed below.

Harley Blodgett, of East Woodstock Skylar Stevens, of Danielson Paige Carito, of Brooklyn

Quinebaug Valley Community College

DANIELSON — Students returning to Quinebaug Valley Community College for the spring semester will notice the smoking receptacles at the Danielson campus are gone.

Starting Jan. 1, QVCC became one of a handful of colleges in Connecticut to become a tobacco- and vape-free campus. Smoking and vaping is prohibited on all campus property, including all indoor and outdoor space of the college and Quinebaug Middle College, and inside all vehicles.

According to QVCC President Carlee Drummer, the college is taking this step to ensure QVCC offers a healthy learning and working environment and to comport with the goals of the Climate Action Plan issued last year.

"Beyond the deleterious effects of second-hand smoke, cigarette butts are the most commonly discarded piece of waste around the world and are not biodegradable," she noted. "Prohibiting smoking will be a great boon to QVCC's maintenance crew who must deal with the cigarette litter on a daily basis," she added.

Drummer pointed out that most states have strict laws in place about the prohibition of smoking on the campuses of public colleges and universities. In fact, the US Department of Health and Human Services launched a National Tobacco-Free College Campus Initiative in 2012. As of October 1, 2016, at least 1,713 colleges and universities in the US are smokeless campuses.

According to the policy, "Violation may result in monetary fines issued by QVCC's security officers and/or disciplinary action by the appropriate administrative office." Drummer said the security officers will be responsible for enforcing the new policy. "Feedback has been overwhelmingly positive," she added.

We are seeking an experienced FOOD SERVICE OPERATOR

This is a great opportunity to operate your own business at a private family campground in Woodstock, CT during our summer season from May - September.

We provide the facility, utilities, equipment, insurance, and more; you keep the profits.

Hours: Fridays early PM through Sunday PM, plus holidays. You must possess a current CT ServSafe certificate.

Please send your resume and telephone number to Cafe@solairrl.com to schedule an interview.





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FRANK G. CHILINSKI PRESIDENT & PUBLISHER

> ADAM MINOR EDITOR

Coderre celebrated

There are many ways to shape a community. Nature provides the physical character. Buildings and roads offer shelter and access that give a sense of how life is lived, what businesses thrive and where the locals go for a cup of coffee. All these contribute to the shape of a community, but only people and their relationships create distinctive locales. Sometimes one person stands at the head of the line in terms of connecting, recognizing and bolstering a place and its residents.

Ron P. Coderre, who recently announced that he is stepping down from writing a sports column after 38 years, is that person.

I don't know anything about sports, but the column is a conduit for him to express his boundless enthusiasm and genuine affection for his fellow humans.

Anyone who has attended a charity event, listened to the local radio station, dined at one of our watering holes or wandered anywhere east of the Connecticut River, either by mistake or on purpose, had probably met Ron and will never forget him.

Ron is the impresario for his community and his causes, which are myriad. He was born with a big personality and



plenty of drive. As part of a large, gregarious family, he can talk to anyone, anytime. And at length. If asked, he would say that he loved his parents, his siblings, is still friends with kids from grade school and nearly everyone he ever met. To fall within Ron's huge circle

NANCY WEISS

friends and galactic ring of acquaintances is a lucky place to be.

Ron has written in our local papers about thousands of people, young and old with wit, accuracy and loyalty. He has immortalized athletes, whether Little League stars or duffers getting a hole-in-one. In covering local sports for the public, parochial and private schools, he has put students' names in print, sometimes for the first and perhaps only time in their lives. He praises or gently chides the coaches, the refs and the parents while also noting their selflessness and sportsmanship. He sees the good deed and generosity of spirit everywhere he goes. Perhaps he sees the world in rose colored glasses, or in no glasses at all, as he proclaimed in a radio ad praising the skill of his eye doctor. Who but an incurable optimist would enthuse so heartily about a cataract operation? When I worked with Ron on fund-raising for the Hale YMCA I saw his professionalism in action. The project, now a reality, was a tough, decade long slog. Through it all, Ron, who is highly organized and hyper focused, kept calling. meeting, having lunch, having more lunch, having more meetings, making more lists. In the end, it worked. He wanted his community to have a YMCA and he persevered until the doors opened. Ron noted in his farewell column that he never missed a deadline in 38 years. Amazing. He had a demanding job at the hospital and then with his own firm, a family, his golf game and an endless stream of people who wanted to bend his ear with information about themselves or someone else. He always listened and wrote about what he saw and heard. How we feel about ourselves and our community is a matter of perception. We believe teamwork, volunteerism, sportsmanship and perseverance as played out in high school gymnasiums are pivotal to a good life. We can enjoy reading about the career of a talented athlete, whose greatest moment will be fleeting, but noted. We feel we live in a fine place because Ron P. Coderre used his talents to tell us how good it really is. In celebrating local sports through his writing, Ron has made our community better. He's earned a rest from the keyboard. He can turn off the computer, slip on one of his carefully tailored topcoats and go out to dinner with Donna, content in knowing that he has made an indelible difference.



Opinion and commentary from the Quiet Corner

LETTERS TO THE EDITOR

Pomfret should not be an 'experiment'

To the Editor:

On Jan. 3, Mr. Baldwin presented his "idea" for a ban on coal tar products in the Town of Pomfret.

This ban would apply only to town projects. An idea is exactly what it was. There was no real research done on how other states and localities have written their respective bans. In my opinion, this proposal was a tactic to divert attention away from what the first selectman has planned for remedying the roads here in Longmeadow Farm Estates.

On Nov. 29, the paving consultant he has been working with sent an invoice for his services. It appears that this was not as much of a consultation as it was a plan for putting an overlay down in the spring. This overlay is not what you would expect it to be. It is a new mix.

So, again, we are going to be an experiment. Despite the creation of an ad hoc committee

Majority rule?

To the Editor:

Most of us take majority rule to be fundamental to our democracy. But is it always?

Two scholars from Princeton have carefully documented that federal legislation usually favors the wealthy at the expense of the rest of us. Why? Because legislators use the big donors to get reelected. That will not change until we reduce the effect of money in politics.

The incoming administration is packed with billionaires and multimillionaires whose experience gives them little feel for the lives of the rest of us. This is not to detract from wealth deservedly gained. But it is questionable that the incoming administration will push policies that are best for all.

President-elect Trump brags that his was 'a massive landslide victory." Was it? No. True, he did win the Electoral College. That

Elect or appoint?

To the Editor:

Over the last few weeks regular readers of the Villager have learned that there is an ongoing effort by the Woodstock Republican and Democratic Town Committees to convert the town treasurer's, town clerk's, and town tax collector's positions from elected to appointed positions.

Based on Judy Walberg's letter to the editor

to help in arriving at a remedy, the first selectman had already put this in motion. As former First Selectman Jim Rivers pointed out at that meeting on Jan. 3, there are roads in Pomfret that have been paved recently and have only a few residents on them. We have at least 60 households here in Longmeadow. Our roads are over 20 years old. The costs of repaying the traditional way make sense in the long run. And, when comparing them to other roads, it will not be more expensive.

Again, this assessment comes from someone who ran this town quite ably for many vears. He and I will agree that we did not always agree on things when he was in office. Yet, this is common sense right now. It is not politics.

included winning three swing states by a

mere 107,000 votes His electoral college lead

ranks 56th of the 58 winning presidents. He

lost the popular vote by 2.9 million. Fewer

people turned out for this election than any

in the last 20 years. Of the 232 million peo-

ple eligible to vote, he received 63 million

votes, about 27 percent. Many of those votes

were for the lesser of two evils, and votes for

change. Trump got fewer votes than Ford,

McCain, Kerry, and Rommey, all of whom

lost with their number of votes. He does not

tion, let's think of ways that someday our

elections will truly represent the majority.

So, as we the people watch the inaugura-

JOCK MCCLELLAN

WOODSTOCK

have a mandate from the majority.

KIMBERLY R. BERGENDAHL POMFRET CENTER

Beyond THE PEWS **JOHN** HANSON

Unexplainable

I can just see them — spellbound, wide-eyed, mouths gaping and minds whirring. People of varying occupations, ages, races and socioeconomic backgrounds who had one thing in common they had never heard anything like they were hearing from the unkempt, long-haired mountain man who was leaning back in his chair, gazing into space, describing a remote mountain scene he claimed to have seen with his own eves.

He told of a place where the mud bubbled, the air smelled like rotten eggs, deep blue-green pools of water nearly boiled and streams of water unpredictably jetted higher than the trees - and all this smack dab in the middle of frozen patches of ice and snow. At first his audience was amazed, even mesmerized, but soon many became skeptical. Why? Because they had never seen anything of the sort. It didn't seem plausible. It was unexplainable.

Turns out old John Colter was telling the truth. His contemporaries inability to believe the explorer's tales in 1806, did not make the geothermal features that would eventually become a hallmark of Yellowstone National Park non-existent. Colter couldn't explain it at the time, but he could certainly tell the world about it. Believers who have had personal experiences with God can relate. It is real, but unexplainable.

Some things I, as a believer, can not explain:

• How He made this amazing planet with all its wonderful and varied life forms.

• How we can live forever. Why the almighty Creator would be so patient and forgiving toward those who arrogantly slaughtered him

• Why God robed Himself petition requires Board of Finance approval in flesh and died for people who He knew would reject tion; which would also give this appointment him.

· How Jesus raised him-Lastly, it has been known for some time self from the dead and that the town treasurer has been looking for ascended into heaven.





of two weeks ago, it would seem there are at least two petitions that have been filed on this issue. One on behalf of the RTC/DTC filed Dec. 12 and one filed by Mike Dougherty and myself filed on Dec. 7. The petition filed by Mike and I addresses only the town treasurer's position and was put forward for several reasons:

With the cooperative effort by the RTC/ DTC to go forward with changing the three positions to appointed positions, appointed by the board of selectmen, it was clear that this would likely happen - especially if done through a special town meeting alone.

The town treasurer's position is somewhat unique in that while part of the Town Hall staff the position is responsible for both advising the Board of Finance, and for executing the financial policies set by the Board of Finance; having this position beholding to the board of selectmen without approval by the Board of Finance is not in the best inter-

other opportunities and, in fact, her last day is Jan. 13 - she will be greatly missed. This answers the prayers of peoposition should not be filled by a nominating ple all over the world, simulcommittee working behind closed doors out taneously. of public eye.

est of the town as these boards are statutorily

adversarial when it comes to town financ-

es - someone has to ask the questions. Our

of any appointment to the treasurer's posi-

much broader public scrutiny.

These changes are of no small consequence, God would forgive me and and I believe it would be in the best interest of give me a full pardon for all the town that the Board of Selectmen exercise my sins, without charge. their discretion and send the issue to a referendum vote so that all town voters can have such questions are evidence their say on the matter.

As of this writing, there is no special town meeting on the town calendar and neither explain, they can't believe. Mike nor I have received any notifications But most people see how that other than certification of receipt of the peti- flies in the face of reason. tion and of the names on it.

Opinions expressed are mine and may not reflect those of the Board of Finance.

Winter poems

It's cold out there and we've had a couple of snowstorms by now. There is much to do outside - skiing, snowshoeing, sledding, ice skating, building snowmen, holding snowball fights, and animal tracking.

Winter is also a good time to take on all of those indoor activities you've been "meaning" to do, like cooking, drawing, journaling, bowling, indoor rock climbing, writing, movie-viewing, and, of course, reading. I like to read pieces that relate to my life at the moment, and, thus, I am reading some poetry about winter.

Imagery in the poem entitled "A Winter Day," by Lucy Maud Montgomery offers a wonderful description of a sunlit day, following a snowstorm: "Wide, sparkling fields snow-vestured lie / Beneath a blue, unshadowed sky; / A glistening splendor crowns the woods / And bosky, whistling solitudes; / In hemlock glen and reedy mere / The tang of frost is sharp and clear;" Winter days with grand, bright sun-



light welcome us outside. When we forget about the cold, much fun can be had.

Another poem that offers quiet, "cold" images of a winter landscape is the "Winter Uplands" by Archibald Lampman: "The frost that stings like fire upon my cheek, / The loneliness of this forsaken ground, / The long white drift upon whose powdered peak / I sit in the great silence as one bound; / The rippled sheet of snow where the wind blew / Across the open fields for miles ahead;

' Wind crafts patterns in our snowy landscapes, and these details we often miss. It's important to be a good nature observer.

These last freezing days are well-explained by Eugene O'Neill's "To Winter": "Blow,

blow, thou winter wind. Away from here, / And I shall greet thy passing breath / Without a tear. / I do not love thy snow and sleet/ Or icy flows; / When I must jump or stamp to warm / My freezing toes...." Winter's cold can be oppressive. It is in this time of year that many of us recall with gratitude the warmer weather of spring and autumn.

There are many collections of poems on the seasons traditional poetry and more modern verses. A nice online grouping of winter poems can be found on the literary site Poem Hunter. Go here to read them: https://www. poemhunter.com/poems/ winter.

Happy reading and writing!

Liz Ellsworth grew up in Eastford, and holds a master's degree in Environmental Education from Antioch University New England and a B.A. in English from Bates College. She specializes in conservation and recycling initiatives.

How God hears and

• How and why a perfect

Some might argue that that God is a fictional character. Because they can't That would be like declaring that space shuttles do not exist just because there are people who have never DAVE RICHARDSON seen a shuttle and cannot ALTERNATE, WOODSTOCK fathom a machine that can BOARD OF FINANCE circumvent the globe and travel at speeds in excess of 17,000 miles per hour. The evidence is everywhere:

• Billions of people who have had personal experiences with God.

• Millions of people who have been healed or raised from the dead.

• Thousands who have been so impacted by God that they have been willing to die for him.

For believers, those unexplainable statements simply stand as evidence that God is bigger than our minds can conceive. That is extremely comforting when coupled with the Good News that He loves us in spite of our limited knowledge and imperfect behavior. To be honest, I would not want a God who was explainable. A God we can figure out is probably a god of our own making. The greatest attribute of the Creator-God who became our Savior is that He is unexplainable!

Bishop John W. Hanson oversees Acts II Ministries, in Thompson, where believers consistently experience unexplainable love and miracles. For more information, please visit www.ActsII.org.

Setting and targeting investment goals

Go out into your yard and dig a big hole. Every month, throw \$50 into it, but don't take any money out until you're ready to buy a house, send your child to college, or retire.

It sounds a little crazy, doesn't it? But that's what investing without setting clear-cut goals is like. If you're lucky, you may end up with enough money to meet your needs, but you have no way to know for sure.

HOW DO YOU SET **INVESTMENT GOALS?**

Setting investment goals means defining your dreams for the future. When you're setting goals, it's best to be as specific as possible. For instance, you know you want to retire, but when? You know you want to send your child to college, but to an Ivy League school or to the community college down the street? Writing down and prioritizing your investment goals is an important first step toward developing an investment plan.

WHAT IS YOUR TIME **HORIZON?**

Your investment time horizon is the number of years you have to invest toward a specific goal. Each investment goal you set will have a different time horizon. For example, some of your investment goals will be long term (e.g., you have more than 15 years to plan), some will be short term (e.g., you have 5 years or less to plan), and some will be intermediate (e.g., you have between 5 and 15 years to plan). Establishing time horizons will help you determine how aggressively you will need to invest to accumulate the amount needed to meet your goals.

HOW MUCH WILL YOU NEED TO INVEST?

Although you can invest a lump sum of cash, many people find that regular, systematic investing is also a great way to build wealth over time.

Start by determining how much you'll need to set aside monthly or annually to meet each goal. Although you'll want to invest as much as possible, choose a realistic amount that takes into account your other financial obligations, so that you can easily stick with your plan. But always be on the lookout for opportunities to increase the amount you're investing, such as participating in an automatic investment program that boosts your contribution by a certain percentage each year, or by dedicating a portion of every raise,



er financial goal, your overall objective is to maximize returns without taking on more risk than you can bear. But no matter what level of risk you're comfortable with, make sure to choose investments that are consistent with your goals and time horizon. A financial professional can help you construct a diversified investment portfolio that takes these factors into account.

INVESTING FOR RETIREMENT

After a hard day at the office, do you ask yourself, "Is it time to retire yet?" Retirement may seem a long way off, but it's never too early to start planning, especially if you want retirement to be the good life you imagine.

For example, let's say that your goal is to retire at age 65. At age 20 you begin contributing \$3,000 per year to your tax-deferred 401(k) account. If your investment earns 6 percent per year, compounded annually, you'll have approximately \$679,000 in your investment account when you retire.

But what would happen if you left things to chance instead? Let's say that you're not realworried about retirement, lv so you wait until you're 35 to begin investing. Assuming you contributed the same amount to your 401(k) and the rate of return on your investment dollars was the same, you would end up with approximately \$254,400. So, if you were to wait until age 45 to begin investing for retirement, you would end up with only about \$120,000 by the time you retire.

INVESTING FOR COLLEGE

Perhaps you faced the truth the day your child was born. Or maybe it hit you when your child started first grade: You have only so much time to save for college. In fact, for many people, saving for college is an intermediate-term goal--if you start saving when your child is in elementary school, you'll have 10 to 15 years to build your college fund.

Of course, the earlier you start, the better. The more time have before you need the V011 money, the greater chance you have to build a substantial college fund due to compounding. With a longer investment time frame and a tolerance for some risk, you might also be willing to put some of your money into investments that offer the potential for growth.

is a common time frame.

Because you don't have much time to invest, you'll have to budget your investment dollars wisely. Rather than choosing growth investments, you may want to put your money into less volatile, highly liquid investments that have some potential for growth, but that offer you quick and easy access to your money should you need it.

REVIEW AND REVISE

Over time, you may need to update your investment strategy. Get in the habit of checking your portfolio at least once a year--more frequently if the market is particularly volatile or when there have been significant changes in your life. You may need to rebalance your portfolio to bring it back in line with vour investment goals and risk tolerance. If you need help, a financial professional can help.

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CONTEST ENTRY FORM Friday, Jan. 13, 2017 Deadline: Tuesday, Jan. 17, 2017

My guess is:

Last week's answer: The dog emblem on the dog waste station at West Thompson Dam

Who wants **\$25** cash in their pocket? Anyone? The Villager has it to give. Enter 'What is It?' now for your chance to win!

Name

Address

State Zip Telephone# Please mail your entry form to the Villager Newspapers, PO Box 196, Woodstock, CT 06281, attn: Editor, or drop off to the office at Faire Place at 283 Route 169/171 in Woodstock, in front of the Woodstock Fairgrounds. You may also fax your entry to (860) 928-5946. All photos are of sights seen in and around Brooklyn, Killingly, Putnam, Thompson, Woodstock Pomfret and Eastford. Responses must identify the subject and where it can be seen. Answers will be given the following week in the Putnam Villager, Thompson Villager and Woodstock Villager. At the end of each month, all entry forms with the correct answer will be included in a ran-dom drawing. **One lucky winner will receive \$25!** One entry per person, please. *Good luck!*

Our native elderberry

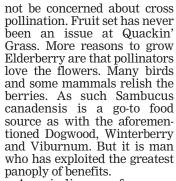


Courtesy photo Sambucus canadensis 'Aurea.'

The beloved Elderberry, Sambucus canadensis (sam-BOO-kuss kan-uh-DEN-siss), is ubiquitous in eastern Connecticut.

Though hardly noticeable most of the year when in flower straddling the June and July calendar months it demands attention. Large, flattened saucers composed of multitudes of individual florets are reminiscent of some among Viburnum and Shrub Dogwood. Selections of wild types sport especially large flower heads approaching five to six inches to as wide in diameter a whopping 10 inches. wild

Flowers of our Elderberry invariare ably white and showy strut-



Amerindians of many nations relished flowers, berries for food and beverage. Young stems were utilized in basket weaving. Young wood is flexible and could be harvested soon after emergence; older wood, however, once it hardens-off quickly ages brittle and easily snaps under pressure. Berries prepared in various ways were employed as an elixir and as catalyst for medicine. Elderberry, however, also offers many direct medicinal qualities, which are drawn from different parts of the plant. Properties and uses include cathartic, diaphoretic, diuretic, purgative and

THE



bonus, cash gift, or tax refund you receive to your investment objectives.

WHICH INVESTMENTS SHOULD YOU CHOOSE?

Regardless of your financial goals, you'll need to decide how to best allocate your investment dollars. One important consideration is your tolerance for risk. All investments involve some risk, but some involve more than others. How well can you handle market ups and downs? Are you willing to accept a higher degree of risk in exchange for the opportunity to earn a higher rate of return?

Whether you're investing for retirement, college, or anoth-

INVESTING FOR A MAJOR PURCHASE

At some point, you'll probably want to buy a home, a car, or even that vacation home you've always wanted. Although they're hardly impulse items, large purchases are usually not something for which you plan far in advance; one to five years

ting their stuff along our roadsides, often in drainage ditchor where es soil tends to hold onto more moisture between rains. Its allegiance to roadside

depressions also implies its light requirements. Sambucus relishes at least one half day of sunlight but will perform best in full sun making a denser shrub with increased numbers of flowers accompanied with maximized fruit set.

Most are larger growing shrubs with coarse winter affect. Stems may potentially attain twelve feet tall, usually less. Compound leaves composed of five to eleven serrated leaflets set oppositely on stems. There is no appreciable fall color though leaves may turn a wan yellow before dropping. More often leaves quickly turn brown after a freeze and drop without fanfare. When in flower it is striking, when in fruit exceptional. The bonus is the vast number of utilitarian uses this shrub provides. As implied earlier the soil condition should sponge moisture between rains although established shrubs exhibit mild drought tolerance. For best results soil quality should be good. Organic additions to the soil will mollify the shrub's needs allowing it and you contentment.

Hardiness stretches between USDA zone 3 to 9. With this broad heat / cold tolerance range and its ease of spread by the birds and animals that are drawn to its fruit Sambucus canadensis is found in every state east of the Rocky Mountains. There are populations stretching beyond this majestic barrier identified in Montana, Wyoming, Colorado, New Mexico, even in Arizona and California.

Sources indicate that planting two different cultivars will increase berry production. This is also true with nearly all Viburnum. But in eastern Connecticut with so many plants abounding in the wild as with Ilex verticillata (Winterberry) most of us need

Medical antiques and memorabilia



Courtesy photo

A 19th century Carv brass pocket microscope in our Jan. 26 auction.

I've touched upon medical antiques and memorabilia in my previous columns about advertising signs and antique oddities. There are so many different aspects of collecting medical antiques that it warrants a column of its own. Many, including doctors and other medical professionals, have a strong desire to purchase these items and grow their collections.

Hippocrates is considered by many to be the father of medicine. The ancient Greek physician was born in 460 BC and died in 375 BC. Encyclopedia Britannica states that there are over 60 medical works of writing that bear his name, although not all were written by him. The Hippocratic Oath contains the

ethical standards still upheld by physicians today. The Telegraph and other sources reported that Imhotep may actually deserve the title of "Father of Medicine" instead of Hippocrates though. He lived in ancient Egypt from 2667 BC to 2648 BC. Imhotep is believed to have diagnosed and

treated over 200 diseases. Following many other medical advances, medicine came over to

America with Colonial settlers in Jamestown

and Plymouth. Miles Standish was one of two physicians on the Mayflower.

With such a long history, there are many different options for those who want to collect medical memorabilia. Doctors' tools and implements are some of the items collectors seek. Items like 19th century tooth extractors resembling large set of pliers along with other medical implements are desirable to collectors. Surgical kits, especially those used during the Civil War, are in high demand. In one of our auctions 10 years ago, two 19th century surgical kits brought fig-

ures in the thousands of dollars. Other items like old brass microscopes appeal not only to medical antique collectors but collectors of other scientific instruments as well.

fivestarprofessional.com.

Advertising pieces are popular in the medical field as they are in all areas of collecting. We sold a 19th century sign in the shape of eyeglasses for over \$6,000 in a 2008 auction. The sign would have hung in over an optome-

trist's office and made it apparent to everyone, including those who were illiterate or didn't speak English that they could their get glasses there. Other signs and advertising tins are sought after, especially those of quack medicine and cure-alls.

Medical related photographs and ephemera are also collectible. Old medical broadsides, doctors' journals and early medical books are just some of the items medical collectors are looking for. We sold a collection of old photographs at an auction a couple of years ago. I was able

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POTTING SHED WAYNE PAQUETTE

bark tea used to ease headache, mucous congestion and to aid labor in childbirth. Sambucus is effective in treating burns and as an antiseptic for

wounds and inflammations. But know what you are about: ingestion of leaves, twigs, roots and unripe fruits without proper preparation and oversight from a sage, practicing herbalist can lead to nausea and even poisoning

Presently Sambucus canadensis is best known as an edible in the forms of teas, pies, syrups, jams, jellies, wines and dyes. Ripe fruits can be added to pancakes and muffins. But did you know even its raw petals are edible? These can also be steeped into a quite nice tea. The entire flower structure can be dipped in batter and deep fat-fried — a very American tempura!

There are several forms available. 'Aurea' sports bright yellow leaves and forms redder fruit than the typical black-purple berries. 'Rubra' is typical but forms even redder fruit than 'Aurea'. 'Laciniata' is unusual in form with a tendency to be a mounding shrub. Only growing between five and six feet 'Laciniata' with its very deeply cut and narrow leaflets is a softer, smaller departure from the the usual look and habit. It also tends to be less vibrant than the species though it has been perennial for us at Quackin' Grass. Heavy-fruiting cultivars which maximize fruit production are 'York' and 'Adams', the latter a particularly heavy-fruiting selection whose berries ripen later on the Elderberry spectrum. Again, all flower white. But if and when a pink mutation does arise a joint national holiday between Canada and the U.S. might be called!

Let's party... But before we do, dig in and have fun.

Wayne Paquette is the owner of Quackin' Grass Nursery, 16 Laurel Hill Road, Brooklyn. For more information, call (860) 779-1732 or visit online at www. quackingrassnursery.com.

ANTIQUES,

COLLECTIBLES & ESTATES

. WAYNE TUISKULA

Killingly school community continues to reel from three losses

LOSS

continued from page A1

the district has soldiered on through this tough time and that resources have been made available for students and staff who are grieving and need a helping hand.

"We are fortunate in that we have some very strong staff who are social workers, guidance counselors, and have experience in the area of grief counseling. So the high school and intermediate school immediately put those people into place to provide support for students and staff or members of families who perhaps were seeking some advice as to how to discuss these kinds of tragedies with children," Pierson said.

The acting superintendent added that as of Tuesday, Jan. 10, things were beginning to get back to normal at the school, although for many it may still take some time to fully move on from their losses. The school has worked closely with the families and loved ones to try and provide opportunities for closure in the wake of the three deaths. On Friday, Jan. 6, a memorial was held to

honor Tagen and on Saturday, Jan. 7, a well-attended wake was held to remember the life of French. Pierson said school officials and students had planned another opportunity on Saturday to remember all three of those lost, but the winter weather on that day sidelined the planned event.

"Originally, before the storm, we had scheduled a candlelight vigil for all three of those we lost, but that had to be canceled with the storm. Right now we're trying to determine when we can reschedule that to be held — hopefully, sometime in the next week. We need to determine the best day and time for that to occur and we will publicize that widely," Pierson said.

A memorial service or event of some type is expected to remember Emma Adams. However, as of this report, Pierson said that the school was not made aware of any such event.

As a long time administrator, Pierson said that she has seen her fair share of loss over the years, and it never gets any easier. The key she said, take it one day at a time and allow yourself the time to grieve.

"I've dealt with it more

than once over the years in different districts, and it certainly doesn't get any easier. It's about loss and grief and you handle each situation individually," she said. "I think what's particularly poignant about this situation is we have three individuals that we lost in a short period of time and this is a very small town where relationships run deep. So the impact is felt far beyond the schools."

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

'It's about giving them the best night of their week'

BILARTOS

continued from page A1

The Bilartos location has a long history of being different restaurants. It was Chuck's Steakhouse for several years.

"I worked here when I was 17 at Chuck's," Nason said. "I worked in the steak pit and Bill was a dishwasher."

It was also The Heritage at one time, an English pub, Annie's Buffett, and two different Mexican restaurants. The last one, Jalisco, wasn't in business for very long.

The large restaurant space had to be completely remodeled before they could open. Nason and Auclair, with the help of Nason's three children, did much of the work themselves.

"Of course, I brought in an electrician to do the electrical, and a plumber to do the plumbing," Nason said. "Almost everything is new. I was able to save the carpet with a good cleaning."

The ceilings have even been redone throughout the facility, including in the large banquet room, which can be reserved for large groups and special events. All new duct work and LED lighting has also been installed.

"In the spring we are going to be offering outdoor seating on our patio. We are also going to be offering space to have an outdoor wedding with seating for 200 people," Nason said, who added that he and Auclair are having a mason put in stonework to make the patio look very much like Italy.

The duo is particularly proud of their large, modernized kitchen, and their head chef, Rafael. The kitchen is ready to serve customers one of the best meals they will ever have, with offerings of tuna, salmon, veal, chicken, scallops, clam casino, salads, ravioli, pastas, steaks and more.

"About 40 percent of our pastas we make from scratch. My son Jeremy makes a couple of different types every day," Nason said, adding he and Auclair are very passionate about serving fine, authentic Italian cuisine and bringing something new to Putnam.

"People want to know that you [care] about them coming here. It's all about the customers," Auclair said.

Bilartos also features a full bar, serving cocktails, fine wines, and IPA tap beer.

Nason and Auclair have years of experience in the restaurant business.

"I've been in the restaurant business since I was 12," Nason said. "My biological father owned the former Kikapoo restaurant in Killingly (now Pizza King)."

Nason currently owns a diner in Killingly called The Gathering. He also had a restaurant in Putnam at one time. "I owned Arturos, where 85 Main is

now," he said.

He closed that restaurant down after running it for several years. Arturos was Italian-American food. This time around, Nason and Auclairl decided to go with authentic Italian cuisine.

"A lot of research went into the Bilartos menu," Nason said, explaining that the dishes come from different regions of Italy.

He explained his initial reluctance to open a restaurant at Americas Best Value Inn.

"We were approached about this location by the owner of the property. I wasn't sure about it, because this place seemed to have a black cloud hanging over it. I talked to Jay at Putnam Bank and he said, 'I think you should do it,' so we went ahead with our plans," he said.

Nason and Auclair wanted to offer some innovative specials so they came up with two.

"We started 'Wacky Weekdays' — on Wednesdays, Thursdays and Fridays, if you are seated between 5 and 5:45 p.m., and you purchase any beverage, it can be a soda or a coffee, then all dishes on the menu are half off. You must be seated by 5:45 p.m.," Nason said. "Once a month we are going to offer an optional night of celebration. You sit down at a long table with whoever is there, and your meal is served family-style, with bowls of food placed on the table. It's all you can eat. It's \$15.95 per person, ages 7-12 is \$12.50, and ages 7 and under is free. This gives people the chance to sit down and talk to each other, because after all, Italians like to break barriers, they like to socialize, it's like a family, and a town is a family. It really is."

For Nason, the restaurant is very much a family business.

"My kids are all very involved with the restaurants," he said. "My daughter oversees everything, she's my eyes and my ears."

His son, Jeremy, manages his diner in Killingly. His other son Matthew is also very involved with Bilartos.

Bilartos is located at 5 Heritage Road in Putnam (next to Americas Best Value Inn), near the intersection of Grove Street and Route 12). They are open Wednesdays through Sundays, 11 a.m. to 9 p.m. Bilartos can be reached at 860-315-9010. They offer dining in and take-out. They can also be found on Facebook (Bilartos).

Tips to keep New Year resolutions

Let's face it — New Year's resolutions are difficult to keep. Even the firmest intentions can lose steam come March.

So what's the secret to willpower longevity? The key factors to resolution success are attitude and commitment. Oftentimes New Year resolutions are self-improvements, and that requires a lifestyle change. Taking on the chalon one main goal, your "eye is always on the prize."

• Rule #2: Adjust your Attitude

So you hate working out? Resent pinching pennies? Can't bear to sack the sweets?

Remind yourself you are doing this of your own free will! Remember the "fake it till you make it" research that reveals even a forced smile boosts your happy genes, thus actually making you happier! The phenomenon is called "facial feedback," and according to Psychology Today, it works because the brain senses the flexion of certain facial muscles and interprets it as "Oh I must be happy about something.' No one is forcing you to get on the treadmill or give up your \$6 morning Latte – it is your choice. You are choosing to improve your life. Sometimes reminding yourself that you are willingly partaking in the sacrifice can get you through the tough times.



company. With plenty of support groups available online there is no reason not to seek out others striving for the same end results as you. Posting on a website that promotes healthy eating, frugality or even organization skills can boost your willpower and give you "shots" of encouragement. Not ready to join in a discussion? No worries. Just visiting a website with information and resources can aid you in your journey of improvement. • Rule #6: Make it Fun! When's the last time you had fun achieving a goal? It's easier than you think to stay the course if it's a pleasant trip. Besides, who ever said a self-improvement plan has to be grueling? For example, watch the Food Channel while you're on the treadmill. You will get your "food fix" virtually (and with no calories)!; Make a game of your budgeting: Challenge yourself to save a certain percentage at the grocery store each week, and up the ante when you reach your goal; Or simply play your favorite music while you are organizing that messy closet. • Rule # 7: Motivate Yourself Motivational speakers spark results, but you can use simple tools to be a self-motivator! Look up inspirational quotes, and post them where you'll see them every day. You might also want to repeat an affirmation every day to solidify your vow. Research the habits successful people and take a cue from them on how to carry on and achieve success even after failures. Remember Thomas

Edison's famous quote. After someone remarked his light bulb experiments failed, he said: "I have not failed 10,000 times. I have successfully found 10,000 ways that will not work."

Success Strategy: This column has touted this advice before but here is a proven strategy to successfully "break a bad habit": Experts agree that it takes a minimum of 21 days to change a behavior, so the first thing to do is count ahead 21 days and mark the day you'll be officially "home free" from your habit on a calendar. How to get through the 21 days? First write down your goal and list the positive reasons you want to change your habit. These exercises will help build commitment. Next share your goals with your family and friends. Making a commitment public leaves little room to back out, plus you'll benefit from a support system. Each day review your list of reasons for quitting or changing. Reward yourself verbally, each hour if necessary, working up to a great treat at the end of a successful week. And remember if you fall off the wagon, jump back on immediately before you fall completely back into your old habit. It pays to remember research reveals only 40 percent of habits are broken on the first try. Besides, there's always next year!

"The only place where success comes before work is in the dictionary." -Vidal Sassoon

"Motivation is what gets you started. Habit is what keeps you going." -Jim Ryun

"You may have to fight a battle more than once to win it." -Margaret Thatcher

"Develop success from failures. Discouragement and failure are two of the surest stepping stones to success." -Dale

lenge with an eye to the future can increase the odds of your New Year resolution turning into a longtime success.

The following strategies are geared toward arming you with the tools to expand your January vows into lifelong achievements. Happy New Year!

**

Change What?: According to Nielson (the famous ratings company), Americans made the following New Year resolutions last year:

Stay fit and healthy: 37 percent; Lose weight: 32 percent; Enjoy life to the fullest: 28 percent; Spend less, save more: 25 percent; Spend more time with family and friends: 19 percent; Get organized 18 percent; Will not; make any resolutions: 16 percent; Learn something new/new hobby: 14 percent; Travel more: 14 percent; Read more: 12 percent.

The list reveals Americans put a premium on health and fitness, want to practice frugality and spend quality time with loved ones. While that's no surprise, the path to getting their might be. Here's how to approach your goals with a different plan of action (and hopefully a better outcome)!

Rules to Turn Annual Resolutions into Daily Habits

• Rule #1: Stop Overachieving Whittling your resolutions down from a top ten list to one or two increases the odds of long term success. With a focus • Rule #3 Be Accountable

Taking pen to paper (or keyboard to screen) can be powerful, and research repeatedly reveals that holding yourself accountable, be it via an exercise chart, daily food list, or budget list, is very effective to making long term changes.

Better yet, log your progress and map out your future goals on a graph, spreadsheet or on a calendar.

• Rule #4: Break it Down

It sounds like common sense to break goals down into manageable tasks, but people don't always take the time to practice it. Make a plan with mini goals. When you achieve each goal, log it on paper or on the computer. Again, the power of the written (or typed) word solidifies the commitment.

• Rule #5: Group Therapy There's a reason Weight Watchers is a huge success. Misery (and merriment) loves Famous Quotes: Here's a dose of inspiration from successful people:

"If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success." -James Cameron

"All our dreams can come true if we have the courage to pursue them." -Walt Disney

"Success is the sum of small efforts, repeated day-in and day-out." -Robert Collier Carnegie

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will." -Vince Lombardi

"The successful warrior is the average man, with laserlike focus." -Bruce Lee

Win Dinner for Two at the Publick House — Your tips can win you a fabulous dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. Hints are entered into a drawing for a three-course dinner for two at the historic Publick House Inn! One winner per month will win a fabulous three-course dinner for two at the renowned restaurant. located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out thee to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hint to: Take the Hint!, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or e-mail kdrr@aol. com.

TREASURES

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to identify one photo of medical students performing an autopsy as being from the University of Maryland, School of Medicine. It brought hundreds of dollars at auction.

Antique pharmaceutical bottles are another collect-

ible that can be valuable. Bottles from drugs that are now illegal like opium and morphine are among the most collectible. We sold a turn of the century medicine chest from the early 20th century that contained some of these bottles. It brought well over \$1,000, which was just what the doctor ordered.

We continue to accept quality consignments for our January 26th auction in Worcester. I'll be appraising items at a fundraiser in Athol on Jan. 14. Additional events are scheduled in March. See www.centralmassauctions.com for more information on our upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111), info@centralmassauctions. com.

www.860Local.com

Thompson leaders contemplate the future of River Mill

RIVER MILL

continued from page A1

ested."

Beausoleil confirmed that the mill is privately owned and that talks concerning the mill's future have indeed taken place. "Beaiselly, it all started

"Basically, it all started when one of the potential developers came in to the town hall and we had a meeting. We've had numerous conversations and there have been a few ideas that have been floated whether to demolish the mill or revitalize it. There's a 50-50 chance either way and obviously, from our standpoint, we want to revitalize it," Beausoleil said. "It's the perfect timing coming out of the recession and there are Department of Economic and Community Development monies to be floated out there to enhance any development."

Beausoleil said that the town invested nearly \$384,000 in small cities loans about 20 years ago to revitalize the site, and they tried again in 2011 to perform a revitalization using housing funds, but those efforts didn't pan out as the town had hoped, as the economy was still in a questionable state. Now, with renewed interest in the River Mill, Beausoleil feels there's no better time than the present to get the ball rolling.

"There is potential that people have expressed for the mill and the timing is perfect," Beausoleil said. "The Brownfield Grant is to study the mill and contamination issues and to figure out a way to revitalize it and show that it can be reborn. There's a lot of interest throughout New England of these mixed use properties between housing and specialties, stores, some light commercial uses and more that intertwine very well."

According to Chinatti the public does have limited say in what can be done with the mill seeing as it is a privately owned property. However, that does not mean the public has no platform to express their concerns and hopes for the mill's

"As far as potential demolition goes the public doesn't have a say. Someone could apply for a demolition permit with the Building Department and that goes through the various entities that have to review it and sign off on it, and if they get that the building comes down," Chinatti said. "As far as redevelopment goes, that property is zoned neighborhood commercial, so mixed uses are allowed in there, and depending on what's proposed before the Planning & Zoning

future.

Commission, the public hearings would be where the public can express their opinions on that."

A public forum will be held on Jan. 25, at 6:30 p.m. seeking public input on the future of the River Mill. That meeting will take place in the Louis P. Faucher Community Center at the Thompson Public Library.

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

Courtney shares in criticism of Trump's F-35 comments

F-35 continued from page A1

with officials of Lockheed Martin in Eastford to discuss the importance of the F-35 program and even helped showcase a flight simulator for the F-35 Lightning II fighter jet. The showcase was part of an acknowledgement of Whitcraft, an Eastford-based company that produces

parts for the F-35. At that time, Courtney shared comments about how important the F-35 program has been to Whitcraft and expanding workforce opportunities for the local economy in the Quiet Corner.

Right now, with Connecticut trying to develop programs in terms of workforce development, whether it's the tech schools or the community colleges, these guys at Whitcraft were profits and visionaries in terms of alerting the leadership of the state that we've really got to pay attention to this if we're going to take advantage of opportunities like the F-35 program," Courtney said on June 2. "The program has not been without its critics, but we're really starting to hit that virtuous cycle here of getting that repetitive production that just meets the nation's call and demand that commanders have been urgently asking for. It's a great moment to have everybody under the same roof and to celebrate the success we are seeing here.'

Courtney joined with fellow Democratic representatives John Larson and Rosa DeLauro in issuing a joint statement in the wake of Trump's criticism of the F-35 program. Their statement challenged Trump's indication that any current program could serve as a viable replacement for the F-35 initiative.

"Any suggestion that there is a substitute for the F-35 is total non-starter. This is a program that has been vetted ad nauseum by the Pentagon, Congress and independent experts," the statement read. "There is simply no aircraft in production today that can compare with the F-35's advanced avionics, networked capabilities and integrated stealth."

Critics of the F-35 program have often sited cost as the most pressing concern. However many have also called the program "too big to fail" but note that the F-35 is still in the development phase. Courtney and his fellow democrats said that after years of hard work towards completing the F-35, now would be a bad time to call it quits.

"Many years of hard work by industry and our military leaders have gotten this program on track and on a path of declining costs," the democrats said in their joint statement. "Rather than waste time and money interrupting our nation's upgrade to a fifth-generation fighter, it's time to work together to find more savings and efficiencies for the American taxpayer."

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

Downed wires lead to destructive fire in Woodstock

FIRE

continued from page A1

structure fire."

The home is still standing, but is deemed a total loss, according to Baron. Firefighters worked deep into the morning to tackle the blaze and douse hot spots as the fire fully engulfed the interior of the structure. Baron said everyone made it out OK, although there was a report of a family cat unaccounted for as of this report, with firefighters unaware if the animal was lost in the fire or escaped the home.

Baron said that the circumstances leading to the fire are not as common as some might think. While wires falling are nothing knew, especially in a region where snow, ice, and wind play havoc with electrical wires every year, it took a perfect situation for this particular situation to result in such a destructive fire.

"I'd put it more on the rare side that the primaries will come down and contact the secondaries leading to the house," Baron said. "A lot of times you'll have primary wiring come down or secondaries down separately, but to have them make contact with each other is not that frequent. It does happen, but not that often."

Baron said that other homes did receive a surge of electricity from the fallen wires, but only the one home received significant damage.

"The damage for this incident went right to that house, but other witnesses nearby did say they had higher voltage going through their homes. One person said that their fan blower in their wood stove all of a sudden sounded like it was in hyper speed from the higher voltage going through the lines. Luckily it didn't last that long and other places survived it. There could have easily been more than one house that got involved in this incident," Baron said.

Woodstock's fire departments, along with Muddy Brook, Bungay, Putnam, and the Community Fire Company out of Thompson all responded to the scene where Route 171 was closed near New Sweden Road and Rocky Hill Road to allow firefighters to properly manage the situation uninterrupted.

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

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QUIET CORNER ROUND-UP



Courtesy photo

From left, Day Kimball Healthcare, December Employee of the Month Lisa Reardon and President and CEO Joseph Adiletta, at Reardon's Employee of the Month celebration at Day Kimball Hospital, Wednesday, Dec. 28.

DKH names Reardon employee of the month

PUTNAM — Lisa Reardon, LCSW, Staff Psychotherapist at Day Kimball Healthcare's Behavioral Health Clinic in Putnam, has been named employee of the month for December by Day Kimball Healthcare (DKH).

Reardon began working for DKH nine years ago and has worked in the mental health field for 20 years. In her role as Staff Psychotherapist, Reardon is responsible for providing talk therapy to various adult patients with chronic mental health concerns as well as to those coping with life transitions.

According to Dr. Andre Bessette, Psychologist and Supervising Therapist at DKH's Outpatient Behavioral Health Clinic, "The Behavioral Health Clinic is very proud to have Lisa Reardon be the recipient of the December Employee of the Month Award. Lisa brings an unconditional compassion for patients and colleagues alike, and is untiring in her willingness to team with her peers on behalf of our client population. She is passionate and committed to providing the highest standard of care to her patients. She very much deserves to be recognized by and amongst her peers for this award."

At a celebration to honor Reardon on Dec. 28, DKH President and CEO Joseph Adiletta spoke to how Reardon exemplifies the qualities valued most among staff at the organization.

"Lisa's role in the Behavioral Health Clinic requires her to provide an outlet to her patients and really listen to their challenges and problems. It takes a very special person to do what Lisa does, and to do it while remaining cheerful and kind. Lisa's attitude and spirit is truly an outstanding example and testament was able to resume with the utmost assurance of safety less than 48 hours after the incident occurred," said Day Kimball Healthcare President and CEO Joseph Adiletta.

While the hospital does have a plan in place to prevent interruption of the water supply during planned water main repairs, DKH Director of Facilities Greg Harubin explained that in this case, though the loss of pressure was only momentary the greater problem was the particulate-laden water that came into the system due to the disturbance of the water mains.

"We do have the ability to shut down connection to either of the two water mains serving the hospital should the need arise for repairs or flushing of one of the lines. In this situation the water quality was affected to a degree significantly greater than expected, so we initiated our emergency water plan," Harubin said.

That plan included distribution of regular and sterile bottled water along with self-contained portable sink units throughout the hospital, from a stockpile that's kept on-hand for emergencies such as this. Tanker trucks with potable water were also called in. In addition, all scheduled surgical procedures and endoscopies were cancelled through the following day to ensure that surgical tools could be safely sterilized. Patients coming to the hospital's Emergency Department who required surgery were also rerouted to other nearby hospitals for surgical care during this time.

"Ensuring the safest, highest-quality care possible is our single most important responsibility to our patients. Reliable, consistent water pressure and clarity is essential for the proper operation of surgical sterilizing machines and we couldn't be assured of either of those things during this incident," said DKH Chief Medical Officer and Vice President for Medical Affairs and Quality Dr. John Graham.

Dr. Graham continued, "Given that information, we acted in the best interest of our patients and halted all surgical procedures until we were assured by the water department that the water pressure and quality was back to normal, and until our sterilizing equipment was inspected to ensure that it contained no particulates that may have been stirred up during the water main flushing and repairs."

Dr. Graham said that process was completed by the end of the day on Nov. 17, the day after the water main issue, and that the CT Department of Public Health and an infectious disease specialist were consulted for review and approval prior to surgery being resumed at the hospital.

Manager Robert DKH Safety Andrews, who is tasked with compiling reports evaluating the hospital's response to emergency situations, noted that not only was hospital staff's response at the time of the incident effective but evaluation and discussion of the situation after the fact has also resulted in improvements to be better prepared in the case of a similar situation in the future. 'This was a successful emergency response. Our clinical staff made sure that the care of our patients was unaffected and our facilities staff worked around the clock to flush our entire system and get everything back up and running. We've since added additional filters to our water supply lines that feed equipment in our sterile processing department so that a similar event would be less likely to impact our surgical capabilities in the future," Andrews said.

lative colleagues to explore options that will close the ever growing deficit in order to create the necessary financial stability for our businesses and towns."

Dauphinais has been assigned by House Republican leadership to serve on the General Assembly's Public Safety, Human Services, and Children's Committees. Although this is Dauphinais' first term in the Legislature, she is no stranger to public service and previously worked as a case manager for the state Department of Correction.

The legislative session will adjourn on Wednesday, June 7.

Westview achieves 'America's Best' for ninth year

DAYVILLE — Westview Health Care Center in Dayville has achieved America's Best in the United States with a 5-Star overall rating, according to U.S. News and World Report, for the ninth consecutive year and since the inception of the ranking system.

The report based its findings from the federal government's Centers for Medicare and Medicaid Services (CMS) Nursing Home Compare data of over 15,500 certified health care facilities in the country and other factors based on quality of care measures. U.S. News and World Report began this rating system in 2009 and in 2016 the system was modified to also include evaluating a facility's historical performance, averaging monthly data over an entire year, placing more emphasis on strong performance in medical quality measures and the level of rehabilitation services provided to patients. The U.S. News and World Report ranking information aims to make one of life's decisions a little easier by providing performance ratings to millions of Americans who are researching health care facilities to find the highest rated providers likely to meet their needs and level of expectations. Westview Health Care Center has remained one of America's Best 5-Star overall rated facilities since the inception of the U.S. News and World Report article published 9 years ago on May 9, 2009.

"We are very excited to be so highly ranked by both U.S. News and World Report and the Centers for Medicare and Medicaid Services," stated Westview Administrator David T. Panteleakos. "We are also truly humbled by this fantastic acknowledgement and will continue to work hard in order to provide a better quality of life for the patients and residents we serve, who are the ultimate beneficiaries of our efforts. Of course, these accomplishments are not possible without the hard work, dedication and outstanding contributions of our most valuable asset: our amazing health care professionals and staff members."





David Ring (Cohen) and Vincent Chaisson (Versati).

Courtesy photos David Ring (Cohen) and Alyson Fowler (Louise).

'The Underpants' opens next week at Bradley Playhouse

PUTNAM — The Theatre of Northeastern Connecticut at the Bradley Playhouse is proud to welcome in 2017 with the hilarious, over-the-top farce The Underpants, which opens Jan. 20 and runs for three weekends. The show contains adult humor.

Performances are Jan. 20, 21, 27, 28, Feb. 3 and 4 at 7:30 p.m. and Jan. 22, 29 and Feb. 5 at 2 p.m. Tickets are \$20 for adults and \$16 for seniors and students.

"The Underpants" was written by Carl Sternheim and adapted by Steve Martin. Yes, that Steve Martin – the actor, comedian, director, playwright and hanio mactor

to what it means to be a part of Day Kimball. It is clear that her peers see her as a positive part of this organization and in the community," Adiletta said.

When asked how she feels about this award, Reardon was surprised and appreciative of the recognition.

She said, "What I enjoy most is creating healthy therapeutic relationships and alliances with people who are trying to maintain and improve their mental health. I consider it a privilege to be entrusted with people's life stories and struggles. I am so fortunate to work in our community hospital that provides help and care to so many in our local area."

Reardon was born in Webster, Mass., and grew up in Thompson. She currently resides in Woodstock with her husband, Marty, and son, Lucas, and several pets including a dog, cat and four fish. Reardon is a licensed clinical social worker and holds a bachelor's degree in psychology from University of Connecticut in Storrs, where she graduated magna cum laude. She also holds a master's degree in social work from Springfield College in Springfield, Mass.

DKH receives review of recent water issue response

PUTNAM — Day Kimball Hospital announced today that an administrative review of the hospital's response to an unexpected public water supply issue on Nov. 15 has shown that staff acted swiftly, efficiently and effectively to ensure high quality patient care and safety in the midst of an emergency. The hospital was left with unreliable water pressure and quality on the afternoon of Nov. 15 as a result of efforts by the Town of Putnam to locate a water main leak affecting traffic on Pomfret Street not far from the hospital.

"We review the effectiveness of our response any time we encounter an emergency or unusual situation that could affect patient care or safety and we're very pleased with the quick and organized response of our staff to the water main issue last month. Our staff followed established emergency protocol and acted swiftly in the interest of our patients. Those actions meant that the care and comfort of our inpatients remained unaffected and that surgery



Anne Dauphinais

Dauphinais sworn into Legislature for first term

HARTFORD — State Rep. Anne Dauphinais (R-44) was sworn into her first term on Wednesday, Jan. 4, as the 2017 Legislative Session convened.

The Connecticut General Assembly will continue the current session for a five-month period.

"I am eager to bring the voice of the residents of Killingly and Plainfield to the Capitol over the next two years," stated Dauphinais. "It is a priority of mine to reverse the poor economic trends, which have been compounded by the poor budgeting policies of the Majority Party for far too long in Hartford. I will encourage my new legisand banjo master.

The play is set in Dusseldorf, Germany in 1910. A young wife has a very public wardrobe malfunction during a parade for the king, when her underpants fall down around her ankles. She is sure no one saw it but her husband is convinced it will be the end of his cherished civil service career. Things become complicated when the incident attracts two infatuated men who saw the undies fall and want to rent the empty room in the couple's flat. Frank Versati is an elegant, foppish poet who wants Louise as his new muse. Benjamin Cohen is a whiny hypochondriac barber. Nosy neighbor Gertrude tries to add excitement to her own boring life by encouraging Louise to get involved with the boarders. Then there is the mysterious Klinglehoff.

The TNECT production of "The Underpants" is directed by Tonya Leigh Brock. Alyson Fowler appears as the young wife, Louise, and her husband, Theo, is played by Adam Leidemer. The boarders are Vincent Chaisson as Versati and David Ring as Cohen. Sharon Starr plays Louise's friend, Gertrude and Jim Douglas is Klinglehoff.

The Bradley Playhouse is located at 30 Front Street (Route 44) in Putnam. All seats are reserved. Reservations may be made with a major credit card online at www.thebradleyplayhouse.org or by calling 860-928-7887. Tickets may be purchased at the theater box office, either before the performance or at the door. As always, purchasing your tickets ahead of time is recommended.



Alyson Fowler (Louise) and Jim Douglas (Klinglehoff).

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<u>us on</u>

JIET CORNER ROUND-UP



Courtesy photo

DKH WELCOMES FIRST BABY OF 2017

PUTNAM — Day Kimball Hospital welcomed its first baby of 2017 on Tuesday, Jan. 3. Alayna Josephine Stone was born at 12:23 p.m. and weighed in at 8 pounds, 15 ounces. Mom Robyn Stone, of Danielson, who is also an employee of Day Kimball Healthcare's HomeCare division, said she was thrilled to welcome her new daughter and to bring her home to meet her older sister, 6-year-old Cheyenne.

Rovero gets committee assignments

HARTFORD — State Rep. Danny (D-Putnam, Killingly, Rovero Thompson) is pleased to announce his 2017 General Assembly committee assignments. Rovero is the House vice chair of the Aging Committee and also continues to serve on the General Law and Public Safety & Security committees.

"I am honored to be vice chair of Aging," said Rovero. "Senior citizens deserve respect, admiration, and recognition for all they have achieved during their lifetimes. And I will have the pleasure of serving with fellow Quiet Corner lawmaker, Sen. Mae Flexer.'

"My work on Public Safety is gratifying. We were able to keep Troop D open and the State Police communications unit up and running," said Rovero. "I recognize the committee's responsibility of supporting police and all emergency responders.

"I believe in government efficiency which is why the General Law Committee is so important. Sometimes enforcing or modifying existing laws is preferable to passing new ones.

Flexer announces committee appointments

HARTFORD — State Sen. Mae Flexer (D-Danielson) has been re-appointed as the Democratic Senate Chair of the Aging and Veterans' Affairs committees for the 2017-18 legislative session, has been named Deputy President Pro Tempore, and will take on new respon-sibilities as Senate Vice-Chair of the Environment Committee and as the legislature's federal relations liaison. which helps represent the legislature's interests and views on matters of federal policy with its Congressional delegation.

Sen. Flexer will continue to serve as Senate Vice-Chair of the Higher Education and Employment Advancement Committee, and as a member of the Appropriations and Judiciary committees.

Flexer's appointments were recently announced by State Senate President Pro Tempore Martin M. Looney (D-New Haven).

"I am honored and excited to be able to continue my work making valuable and effective public policy for the 200,000 military veterans now living in State Sen. Mae Flexer and her family at the State Capitol last week. Connecticut and the 565,000 people over

age 65 who call Connecticut their home. My dad is both a Marine Corps veteran



and he's 70 years old – I think about people like him every time I debate and pass new legislation," Flexer said. "I'm also proud to take on a leadership position on the Environment Committee, which does so much great work to ensure that Connecticut's quality of life - and the quality of life for people in eastern Connecticut - remains one of the best qualities of life in the nation. I have a perfect 100 lifetime score as a senator from the Connecticut League of Conservation Voters, so I look forward to putting to good use my commitment and advocacy on the environmental policy-making body of the General Assembly.

'I am also honored to be tasked with working with Connecticut's Congressional delegation in Washington, D.C. on matters of state and national importance," Sen. Flexer added. "I have been to the White House several times in the past two years to talk about issues such as childhood education, college affordability, paid family medical leave and other issues affecting middle-class working families."

Flexer served in the state House from 2008 to 2014, and she was sworn in to the state Senate in January 2015.

Flexer has been one of Connecticut's strongest proponents regarding family and domestic violence law, has fought for legislation providing economic aid to save Connecticut's last remaining dairy farms, and led the state legislature in approving a new law ensuring that the driver's licenses of military members never expire while they are on active duty. Flexer has lived in Killingly for almost her entire life; she is an alumnus of Killingly High School and earned a bachelor's

degree in political science from the University of Connecticut.

talent, dedication, and achievements demonstrated in her application and audition recording. Melanie will join other performers from 34 US states and two provinces of Canada for a special performance at world-famous Carnegie Hall, a venue that marks the pinnacle of musical achievement.

According to Program Director Regyna Curtis: "Being selected to the Honors Performance Series is something each Finalist should be extremely proud of accomplishing. We process thousands of nominations annually, selecting only the most talented performers. Working with these conductors and performing at Carnegie Hall is a once-in-a-lifetime experience that these musicians never forget."

In response to her selection as a finalist, Melanie said, "I can't believe I get to perform in this amazing venue for a second time, it will be challenging but I am excited and ready to practice. Finalists will come together in New York City for five days in February. They will have the opportunity to learn from a world-renowned conductor, work with other Finalists, and get a taste of New York City. The Honors Choral Performance will take place Sunday, Feb. 5, at 8:30 p.m. and is open to the public. Tickets can be purchased beginning 60 days prior to the performance through the Carnegie Hall box office. The Honors Performance Series was created to showcase accomplished individual young performers on an international level by allowing them to study under master conductors and perform in the celebrated venue, Carnegie

Hall. The Honors Performance Series is proudly presented by WorldStrides, the nation's leading educational travel organization. Learn more by visiting www.honorsperformance.org and www.worldstrides.com.

PB Bancorp Inc. announces dividend

PUTNAM — Thomas A. Borner, president and CEO of PB Bancorp, Inc., has announced that the Company's Board of Directors has declared a quarterly cash dividend on the Company's common stock of \$0.03 per share. The dividend will be payable to all stockholders of record as of Jan. 18, 2017, and is scheduled to be paid on Feb. 1, 2017.

pleased to

in Putnam, Connecticut. The Bank's deposits are insured by the Federal Deposit Insurance Corporation. PB Bancorp, Inc.'s common stock trades on the NASDAQ Capital Market under the symbol PBBI.

Bank earns 'Best Community Bank' award

JEWETT CITY — For the third year in a row, Jewett City Savings Bank has earned top honors as the Best Community Bank in Connecticut in the annual poll of readers of The Commercial Record. The competition sponsored by the prominent trade publication measures the loyalty and satisfaction that readers have with providers of services in the financial estate industries.

In addition to his committee assignments Rep. Rovero also has the leadership position of Majority Whip At Large.

Rovero was first elected in 2010 and is beginning his fourth term in the General Assembly.



Courtesy photo

Eastford resident Melanie Phaneuf has been selected for the Young Adult Honors Performance Series at Carnegie Hall.

Eastford resident Selected to Perform at Carnegie Hall

EASTFORD — Melanie Phaneuf, of Eastford, has been selected for the Young Adult Honors Performance Series at Carnegie Hall.

She is currently studying Theatre Studies at the University of Connecticut in the School of Fine Arts. Melanie will perform as an Alto 2 in February with the Honors Choir. Participation in one of the Honors Performance Series is limited to the highest-rated young adult performers from across the world.

Earlier this year, Melanie Phaneuf auditioned for the Honors Performance Series and was accepted after a review by the Honors Selection Board. Acceptance to the elite group is a direct result of the

latest dividend payment for the Holding Company," said Mr. Borner. "We believe that providing a return to our stockholders is an important part of being a community bank. We look forward to maintaining our brand of community banking for years to come as we have for the last 155 years. This is all in keeping with our tag line, 'Together We Make A Difference.' We continue to encourage the community to consider keeping their banking business local to eastern Connecticut.²

PB Bancorp, Inc., headquartered in Putnam, is the parent of Putnam Bank, a state chartered stock savings bank founded in 1862. The Bank offers a wide range of financial services through its eight full-service offices. Putnam Bank also operates a full-service loan center

The highest-ranked winners in each service category surveyed are considered to be a perfect example for others in their field in terms of performance and service.

"Being voted the Best Community Bank for the third consecutive year is a tribute to the entire Jewett City Savings Bank team," said Kevin Merchant, pres-ident and CEO. "It validates the work we do each and every day to live up to the expectations of our customers and the communities we serve."

We are extremely proud to be considered the best at what we do, and to serve as a role model for other community banks. Our sincere thanks go out to those who recognize our efforts and voted in the competition."

CHRISTMASTIME AT WESTVIEW

Courtesy photo

DAYVILLE — Westview Health Care Center is no stranger to Christmas cheer. Like previous years, the facility's Recreation Department spared no expense with providing thoughtful, enjoyable and inspiring activities and events for their residents and patients. The halls have been filled with numerous groups of carolers since the early part of December including members from the Danielson Elks on Saturday, Dec. 10. Other holiday performances included Gary "Honky Tonk Piano Man" Landgren, Living Faith United Methodist Church's Holiday Cantata, Danceworks Holiday Performance and Tourtellotte Memorial High School's Modern Music Ensemble. The week leading up to Christmas day hasn't lacked for activities either. Putnam High School Student Council members



joined the residents of Westview for a festive cookie decorating session while being serenaded by the delicate sounds of the Tri M Honors Music Society of Woodstock Academy on Tuesday, December 20, 2016, before taking to the halls of Westview for joyous caroling. The month long holiday celebration culminated on Friday, Dec. 23, with the annual arrival of Mr. and Mrs. Claus at Westview's Christmas Party that took place in the facility's Formal Dining Room. "It's truly a magical time of year," said Administrator David T. Panteleakos. "It's hard not to share in the Christmas cheer when you're surrounded by so many sights and sounds during the month of December here at Westview. We'd like to wish everyone a safe, enjoyable holiday season and a happy and healthy new year."

Pictured, Santa visits with resident Dorothy Smith.

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POLICE LOGS

Editor's Note: The information contained in these police logs was obtained through either press releases or other public documents kept by each police department, and is considered to be the account of police. All subjects are considered innocent until proven guilty in a court of law. If a case is dismissed in court or the party is found to be innocent, The Villager, with proper documentation, will update the log at the request of the arrested party.

STATE POLICE TROOP D LOGS

KILLINGLY

Thursday, Dec. 29

Ian Emerson Gervais, 42, of 11 Pineville Road, Killingly, was charged with illegal possession of narcotic.

Monday, Jan. 2

Matthew Albro, 43, of 21 Peep Toad Road, Killingly, was charged with risk of injury to child; disorderly conduct.

BROOKLYN

Saturday, Dec. 31

James E. Alston, 35, of 169 South Main St., Brooklyn, was charged with failure to display/return/improper use/ obstruct/damage license plates; operating motor vehicle while license is refused/suspended/revoked; criminal impersonation; interfering with an officer: non-assaultive.

Monday, Jan. 2

Tylon Collette, 28, of 1 Middle St., Brooklyn, was charged with possession of narcotics; possession of narcotics with intent to sell; failure to appear first degree; failure to appear second degree.

DANIELSON

Tuesday, Jan. 3

Joseph Camacho, 30, of 120 Franklin St., Danielson, was charged with interfering with an officer: simple assault; disorderly conduct: voyeurism/peeping Tom; violation of protective order.

Zachary Lawrence Mineau, 22, of Carter St., Brooklyn, was charged with risk of injury to child.



Saturday, Dec. 31

Spencer Salvas, 21, of 103 Five Mile River Rd., Putnam, was charged with traveling fast, operating under suspension

Brock Abbott, 32, of 5 Brookside Lane, Woodstock, was charged with traveling fast

Robert Newton, 22, of 699 County Rd., Woodstock, was charged with speeding

Michele Domanski, 33, of 24 Marshall St., Putnam, was charged with speeding

Keith Racine, 53, of 44 Church St., Thompson, was charged with operating under the influence, failure to maintain proper lane

Sunday, Jan. 1

Toby Ciukaj, 32, of 60b Reynolds St., Danielson, was charged with operating under the influence

Michael Thornton, 46, of 42 Center St., Putnam, was charged with operating under the influence, failure to drive right

Kyle Crandall, 23, of 176 S. Main St., Putnam, was charged with disorderly conduct, threatening, breach of peace

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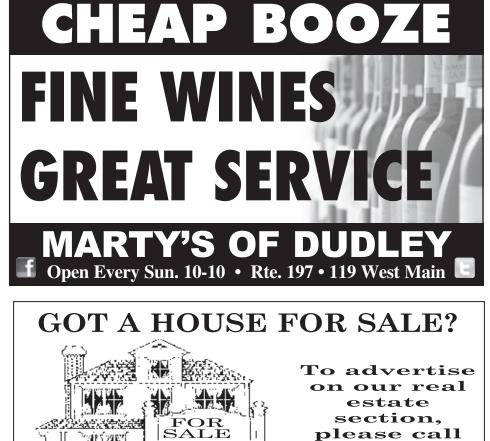
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Exceeds financial projections for fiscal 2016

PUTNAM — Day Kimball Healthcare (DKH) reported that the company achieved a positive margin of almost \$1 million for fiscal-year 2016, exceeding the healthcare system's projection for a breakeven year, and reflecting an approximately \$7 million turnaround from the \$6.3 million loss experienced in fiscal-year 2015. The announcement was made at DKH's annual Corporators Meeting held last night at The Mansion at Bald Hill in South Woodstock.

"This year we celebrate a truly significant accomplishment," Joseph Adiletta, DKH interim president and CEO, told the corporators. "This achievement is made even more significant in light of the many challenges and changes our organization, and all community hospitals and healthcare systems around our state and nation, have faced in recent years.

"We're now on a path not just to survive but to thrive," he continued. "That is all thanks to the hard work, perseverance and commitment of our entire Day Kimball family."

Adiletta also highlighted a number of improvements that were made to DKH's facilities and technology – such as infrastructure improvements at the Brousseau Surgical Suite and the implementation of a new state-of-theart patient monitoring system in the Intensive Care and Medical/Surgical departments. These types of investments will help to ensure that the DKH healthcare system continues to provide "...the latest in care and technology to our patients," he said.

QUALITY OF CARE

In his remarks, Interim Board



Courtesy photo

Day Kimball Healthcare's 2017 Board of Directors: Front row, from left, Steven Schimmel, MD, Karen Cole, Jack Burke, Joseph Adiletta, Janice Thurlow, Shawn McNerney. Back row, from left, Paul Matty, MD, William St. Onge, Esq., Joseph Botta, MD, Anthony Chieffalo, MD, Michael Baum, MD, Edwin Higgins, Esq., Kevin Johnston and Mark Shamber. Not pictured: Joseph Alessandro, DO, Hadi Bozorgmanesh and Jeffrey Paul.

Chairman Jack Burke stated that DKH earned some seven significant distinctions and designations for quality care during the last fiscal year, while the new Townsend Emergency Medical Center received the following recognition:

• A new patient satisfaction survey indicated a 98 percent patient satisfaction rating, while 98 percent of patients said that they would recommend the DKH Emergency Department to family and friends

• For the second time, Day Kimball Hospital earned The Joint Commission's Gold Seal of Approval and the American Heart Association/ American Stroke Association's Heart-Check mark for Advanced Certification for Primary Stroke Centers

In addition, the Day Kimball Medical Group primary Care practices were recognized by United Health Care's "Enhanced Program" for achieving the health insurer's highest 5-star ranking in nine out of 12 care measures.

"Thanks to the hard work and dedication of the entire Day Kimball Healthcare team, 2016 was a year defined by achievement," said Burke.

MOVING FORWARD

In outlining DKH's strategy in the New Year, Interim President Adiletta began: "As we enter 2017, we do so with a new direction and a fresh vision for

our organization.

"We continue looking for an opportunity to affiliate with a larger system that shares our vision," he said, "but in the meantime, we are continuing to act as though we will remain independent, while focusing on our strengths." Adiletta pointed out that DKH will maintain existing partnerships with UMass Memorial Medical Center and Yale New Haven Health, which strengthen both the clinical and business efforts of the DKH system.

"Partnerships such as these, combined with our own clinical and business expertise and accomplishments, mean that today we stand strong as an independent, non-profit community healthcare system at a time when such systems are becoming increasingly rare," he said.

Adiletta concluded: "We are on a path not just to survival but to success and there's a reason for that – Day Kimball is different. Those differences are what define us and the way we provide quality community healthcare. Those values – quality, community, health and care – will continue to define us and serve as the foundation upon which we build the next phase of our evolution."

LEADERSHIP

The corporators approved the followingslateofboardofficers: Chairman Jack Burke, Vice Chairman Mark Shamber, Secretary Karen Cole, Treasurer Janice Thurlow, and Assistant Secretary & Assistant Treasurer Joseph Botta, MD. Karen Cole and Steven Schimmel, MD were re-elected to the board, while Anthony Chieffalo, MD, Paul Matty, MD, and Edwin Higgins, Esq., were newly elected to the board.

Named new DKH corporators were: Paul Beaudoin, Laura Dunn, Nancy Dziki, Edwin Higgins, Esq., Paul Matty, MD, Renee Smith, and Kristen Willis.





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Courtesy photo

Tourtellotte Memorial High School's January Student Spotlight honoree, junior Maegan Roy.

TMHS shines spotlight on junior Roy

THOMPSON — This year, Tourtellotte Memorial High School has begun a new recognition program called the TMHS Student Spotlight of the month.

Each month, a TMHS student is recognized for outstanding achievement, character, leadership, attitude, and/or contributions to the school and community.

January's Student Spotlight honoree is junior Maegan Roy.

Maegan was nominated because she is an exceptional student and athlete who serves her school community in a number of ways. She is the vice-president of the Junior Class, a member of FBLA, and vice-president of the Student Leadership Team. On the Leadership Team she has demonstrated her responsibility and commitment, volunteering to serve on several subcommittees. She is also a thoughtful contributor of sound ideas, including having a holiday hallway-decorating contest. Her contributions as a member of the Leadership Team have helped move the group in a positive and productive direction. She has also been a champion for student voice, attending early-morning Student Council meetings, and most recently she spearheaded an initiative to provide more student input for the cafeteria's creation of the monthly menus. Maegan is also an exceptional athlete, most notably in soccer. As a freshman and sophomore she was recognized as an All-Bulletin athlete. She was also recently named not only as an ECC All Star, but also an All State Athlete for the sport. This is the third year in a row that she has been recognized as such, and she is one of only a handful of students in the history of this school to have earned multiple titles as an all-state athlete.

Maegan identifies the example that her older sister Kristi has set as her motivation to work hard.

Maegan says of her sister, "Her work ethic and drive has resulted in a career that is challenging and fulfilling to her at the same time. I aspire to one day have a career that offers me both of these things. In following her example, I strive to do the best I can in school and to pursue activities that interest me that will help me achieve my future goals."

In thinking about her own accomplishments, Maegan says, "I feel one of my most important accomplishments has been my ability to balance both academic and athletic interest. I work very hard to obtain the best results for the amount of work I put into each."

Maegan's message to her school community is that "With time management, hard work, a desire to achieve, and focus, your high school career can be rewarding and exciting at the same time. You can truly have it all if you have determination and desire to achieve your goals. It may seem hard, but the payoff is worth it."

F()()|

Protect Yourself With The Power Of Cranberry Juice

(NAPS)

If you or someone you care about is among the estimated 150 million women who'll have a urinary tract infection (UTI) this year, you may be relieved to know that cranberry juice may be a nutritional approach to help avoid the infection in the first place.

The Problem

Approximately 60 percent of women will experience a UTI in their lifetimes and one in four will suffer a recurrence within six months.

UTIs are typically treated with prescribed antibiotics; however, antibiotic resistance—when bacteria stop responding to the drugs designed to kill them—is possibly the single most important infectious disease threat people face today.

In fact, each year, more than two million Americans are infected by germs that are resistant to antibiotics and at least 23,000 people die as a result.

According to an omnibus survey co

Regulatory Affairs at Ocean Spray. "This makes cranberries one delicious option that may help prevent urinary tract infections."

Dr. Khoo notes that the key to avoiding the infection altogether is consuming an eight-ounce glass of cranberry juice daily. People shouldn't wait until they have a UTI to drink cranberry juice, because once the symptoms start, they'll likely need a course of antibiotics.

According to that same omnibus survey, consuming cranberry juice daily shouldn't be a problem—three-quarters of adults would rather drink a glass of cranberry juice a day than take antibiotics a few times a year.

At a time when antibiotic resistance threatens public health around the world, research shows that consuming cranberry juice daily can be a nutritional approach to reducing symptomatic UTIs and, as a result, may be a useful way to decrease the worldwide use of antibiotics. So it seems cranberry juice is more than a refreshing drink—it may also improve the quality of life for women who suffer from UTIs by reducing their trips to the doctor, their lab costs and antibiotic use.





ducted by KRC of 1,000 Americans, nine in 10 adults understand that overusing antibiotics can be harmful to one's health. So what's the alternative?

An Answer

Thankfully, there is a small, nutrient-dense fruit that can help defend your body against UTIs. The best part? You don't need a prescription for it.

It's the cranberry.

"More than 50 years of well-documented research points to cranberries' unique ability to block certain bad bacteria," said Dr. Christina Khoo, Director of Global Health Sciences and

Learn More

For further information about antibiotic resistance and how you can #DrinkToDefend your body against UTIs, visit the experts at Ocean Spray online at www.cranberryhealth.com.

To view the full list of sources, visit www.cranberryhealth.com/sources.

Cranberry juice is more than a refreshing drink—it may also improve the quality of life for women who suffer from UTIs.

Please Your Palate With Produce All Year Long



Hearty chicken tortilla soup made with R.W. Knudsen Family Organic Tomato Sriracha juice is a flavorful way to warm up and keep veggies in your diet all winter long.

(NAPS)

Even when summer is only a distant memory, there's no need to give up the benefits of consuming fresh produce.

Here are five ways to infuse recipes with seasonal fruits and vegetables at any time.

1. Simplify mealtime. It's easy to whip up a satisfying meal bowl with this formula: grain + protein + vegetables. The result? A meal that is deliciously personalized to your taste.

2. Don't be afraid to experiment. Whether you're looking for gluten-free options or trying to spice up a traditional pasta dish, spiralized veggies make a great substitute for regular noodles to create a tasty produce-filled version of favorite pasta recipes. Replace spaghetti noodles with "spiralized" zucchini—or "zoodles" and top with marinara and a sprinkle of Parmesan cheese.

3. Embrace seasonality. Remember, there's a wealth of seasonal fresh produce available even in the colder months. Winter squash, broccoli, citrus and kale are all great options at peak harvest during winter.

4. Try roasting. Cold weather can be a great time to celebrate heartier comfort food recipes. Instead of eating

vegetables raw, roast them the heating process brings out their natural sweetness. Toss vegetables with olive oil, balsamic vinegar, salt and pepper, arrange on a baking sheet, and roast in the oven at 425° F until softened.

5. Drink your veggies. Vegetable juice can be a delightful way to consume produce. The new R.W. Knudsen Family vegetable juice blends and beverages, for example, contain quality ingredients and no preservatives. All varieties are Certified USDA Organic and Non-GMO Project Verified. They're available in classic and signature flavors including:

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•Organic Tomato Red Bell Pepper

- Organic Carrot
- Organic Beet
- Organic Carrot
- Ginger Turmeric.

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Redgals have headache without Conde



Charlie Lentz photo

Killingly's Payton Fitzgerald launches a three-pointer against Bacon Academy last Friday at Killingly High School.

BY CHARLIE LENTZ VILLAGER SPORTS EDITOR

DAYVILLE — New Year's Eve resulted in a headache for Killingly High junior center Ally Conde but not for the reason many revelers reach for the aspirin the following morning. Conde suffered a concussion in the Redgals game at Plainfield

High on Dec. 31 and was out of the lineup when Killingly played its first game of the new year against Bacon Academy last Friday at Killingly High School.

"She's still not doing the return-to-play protocol yet. She hasn't had a symptom-free day yet, so we're hoping for that soon," said Killingly coach

Gina Derosier after the Bacon game.

Without Conde defending in the lane, Bacon Academy defeated Killingly 70-40 on Jan. 6. Bacon outscored Killingly 19-7 in the first quarter to take command and 16 of the Bobcats 19 points in the first quarter came from putbacks, layups, or shots within three feet of the rim. Conde wasn't in the paint to grab rebounds or prevent second-chance points.

"Bacon is a well-coached team. They're like a well-oiled machine out there. They were putting on a clinic. It was a lack of effort in the first quarter on our half and I think we came out a little scared. Even on the offensive side - they were dictating what we were doing, we weren't dictating what we wanted to do," Derosier said. "Probably a little nervous because we didn't have Ally (Conde) and probably a little scared because they had a little pressure and, like I said, Bacon is very-well coached team."

Killingly freshmen guard/ forward Trinity Angel stepped up in Conde's absence and scored 11 points to lead the Redgals.

"(Angel) is so raw right now. She has so much potential," Derosier said. "It's pulling the beast out of her, you know it's there but you've just got to get her to be a little more assertive, a little more confident in herself. And when she does that she's going to be a force to be reckoned with.'

Senior guard Payton Fitzgerald a d d e d

Fitzgerald, along with junior guard Kylee Mazzarella (seven points including a three-pointer) senior guard Morgan LeSage (five points including a three-pointer) will be needed to contribute offensively while Conde is out of the lineup.

"That's something we're working on every day, shooting in the transition and penetrating and kicking. We have to be ready to shoot the ball, that's what it comes down to," Derosier said. "A lot of times we're shooting off-balance just to get a shot up. I'm preaching to them that we have to shoot to score, not just shoot to shoot."

Senior forward Jocelyn Luizzi led Bacon Academy wit 20 points. Sophomore center Kellie Nudd added 15 points for the Bobcats (6-2 through eight games).

The loss dropped Killingly's

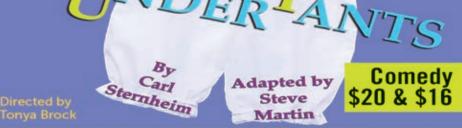
nine points for the Redgals. record was 4-4 through eight games. Killingly is next scheduled to play at East Lyme on Friday, Jan. 13. Derosier said the Redgals are still on track to make the Class M State Tournament and finish with a winning record.

"The girls, they're doing everything I ask of them. There's a couple tough losses that I thought would go the other way but we're back to work every day," said Derosier, in her first season at the helm. "Their mindset's strong. They're not hanging their heads by any means. So we have a goal to make the States and beyond. They're still on track. We've just got to keep them going."

Charlie Lentz may be reached at (860) 928-1818, ext. 110, or by e-mail at charlie@villagernewspapers.com.







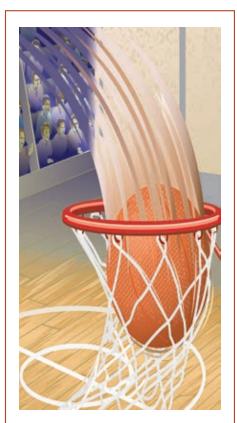
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Charlie Lentz photo

Killingly's Trinity Angel drives against Bacon Academy last Friday.



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Woodstock's Nick Short.

WOODSTOCK — Nick Short

scored 11 points and Cole Hackett added 10 points to help Woodstock Academy defeat Plainfield High 41-34 Tuesday night at Alumni Fieldhouse and deal Plainfield its first loss of the season. The victory was the third-straight win for Woodstock. Hackett tallied eight points in the first half as Woodstock led 16-9 at the break in a defensive struggle.

Markeith Convers led Plainfield with 13 points. The loss dropped Plainfield's record to 1-6. Woodstock Academy

SCORE BIG WITH

coach Aaron Patterson credited Patrick Houlihan with playing great defense, running the point. and finishing with seven points. Woodstock lifted its record to 4-4. The Centaurs are next scheduled to play host to Fitch at 7 p.m. on Friday, Jan. 13.

Putnam 72, Ellis Tech 58 DANIELSON — Lucas Basilio scored 27 points to lead Putnam High past Ellis Tech in boys basketball Tuesday at Ellis Tech. Zack Cutler scored 18 points and Scott Davagian added 13

points including three three-pointers for the Clippers. Putnam raced to a 25-16 lead

Woodstock Academy boys topple Plainfield

after one quarter and never trailed.

Darius Deveny led the Golden Eagles with 21 points and Brennan Young added 13 points including three three-pointers for Ellis Tech. The loss dropped Ellis Tech's record to 1-7. The Golden Eagles are next scheduled to travel to Norwich Tech on Friday, Jan. 13.

The win lifted Putnam's record to 5-2. The Clippers are next scheduled to play host to Grasso Tech on Friday, Jan. 13, with tipoff scheduled for 7 p.m. at Putnam High School.

Woodstock 49, Plainfield 31 WOODSTOCK — Woodstock Academy used a second-quarter run to defeat Plainfield High in girls basketball Tuesday at

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Alumni Fieldhouse. With the Centaurs leading 16-9 after one quarter, Woodstock outscored Plainfield 16-2 in the second quarter to take a 32-11 lead into the locker room at halftime.

Madison Brennan led Woodstock with 10 points. Jamie Woods added seven points and Mackenzie Eaton scored six points on a pair of three-pointers.

Chloe Lapierre led Plainfield with 14 points. The loss dropped Plainfield's record to 1-7. With the win Woodstock lifted its record to 6-3. The Centaurs are next scheduled to play at Fitch on Friday, Jan. 13. Woodstock returns home to play host to Stonington on Tuesday, Jan. 17, with tipoff scheduled for 7 p.m. at Alumni Fieldhouse.

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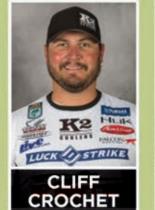
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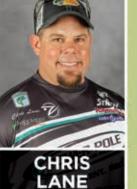


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Tourtellotte girls off to up and down start



Charlie Lentz photo

Tourtellotte's Lauren Ramos runs the break against Montville Monday at Canty Gymnasium.

BY CHARLIE LENTZ

THOMPSON Tourtellotte coach Carla Faucher is looking for consistency from her lineup but the peaks and valleys have been costly for the Tigers. Another up-and-down performance cost Tourtellotte in a 47-45 loss to Montville Monday at Canty Gymnasium. The Tigers raced to an 18-8 first-quarter lead but faltered down the stretch against the Indians.

"We've got to string 32 minutes together. We get a few minutes here and there and then we let up," Faucher said. "We've got to keep them pushing to play the full 32 minutes and not to give up on themselves."

The loss dropped

Tourtellotte's record to 3-6. The Tigers shot well early and seized a quick lead. Junior guard Katey Kwasniewski and sophomore forward Lauren Ramos each scored six points in the first quarter and junior guard tallied two buckets including a 10-footer with four seconds left in the opening frame to push the Tigers lead to 18-8. The Indians clawed back and tied it at 22-22 on a layup from senior guard Brianna Leone with :28 left in the second quarter — Tourtellotte freshman guard Ashley Morin answered a three-pointer with :15 left before the half and the Tigers took a 25-22 into the break.

The Tigers went cold and Montville outscored Tourtellotte 11-3 in the third quarter and seized

a 33-28 lead going into the fourth frame.

"When we score it builds our confidence," Faucher said. "When we start missing then we start second guessing ourselves. I just could see the momentum fade."

The Tigers rallied and tied it at 39-39 on a three-pointer from Kwasniewski with 3:21 left in the game. Leone sank both ends of a oneand-one with 1:10 left to give Montville a 43-41 margin. Down 43-41, Tourtellotte's Emily Vincent had a chance to tie it with two shots from the foul line with :53 left but her first attempt went halfway down before rimming out.

"It seems like that's the way our shots have been the last three games," said Faucher of Vincent's



Tourtellotte's Becky Torres gets off a shot over Montville's Brooke LaVallie Monday at Canty Gymnasium.

near-miss from the line. "It's rattling in and out, they just aren't falling for us. For this kind of team they need those to fall to give them confidence."

Vincent sank her second free throw with :53 left to pull the Tigers within 43-42 but they could get no closer.

"I was pretty frustrated. I've been struggling with foul shots recently," Vincent said. "I think we just have to keep the mentality to go out hard, push the ball up the court, if we keep working hard all the way to the end — all 32 minutes — I think we'll be OK."

Kwasniewski finished with 12 points and five assists, Torres scored 11 and had three assists, Morin added nine points, and sophomore forward Lauren Ramos had eight points, nine rebounds, and three steals for the Tigers. Leonne scored a game-high 23 points for Montville (3-6).

Tourtellotte is next scheduled to play host to Lyman Memorial on Friday, Jan. 13, with tipoff scheduled for 7 p.m. at Canty Gymnasium. Faucher hopes the peaks and valleys level out as the season progresses.

"I think we have to keep doing what we're doing," Faucher said. "Keep shooting the ball. Keep playing hard defense. It's a growing season. We're going to take it game by game. It hurts not getting this one. We'll see who we can get next."

Charlie Lentz may be reached at (860) 928-1818, ext. 110, or by e-mail at charlie@villagernewspapers.com.

Putnam boys fill gym with local rivalry

BY CHARLIE LENTZ VILLAGER SPORTS EDITOR

PUTNAM — Putnam coach Shawn Deary 53-36 at Putnam High on Jan. 4. The Clippers kept it close until midway through the second quarter when a 17-2 run

The challenging homeand-away series against the Centaurs is scheduled to continue on Thursday, Feb. 9, at Woodstock Alumni Academy's Fieldhouse. Putnam High plays in the Constitution State Conference against schools that have relatively the same enrollment but the Woodstock game will likely better prepare the Clippers for their league schedule and the Class S State Tournament. "I think it's a good challenge for us this year. I think it works," Deary said. "I think, looking at my schedule, we're going to be a 13-, 14-win team this year. So getting some difficulty in there is good for us because you coach through a season and you get to States and you play somebody that's as good as a Woodstock — you've got to be ready for that." Putnam High School

Charlie Lentz photo

Athletic Director Adam Mielniczik liked the full house at Putnam High's gymnasium that watched the Woodstock game and said cross-town rivalries are positive for high school sports. "I think playing local teams is extremely important, you can see it just in the crowds. When we have football games with local teams, when we have basketball games with local teams, it's always packed," Mielniczik said. "I think it's great to play Woodstock. It's a step up in competition but it's a good step up for us."

games will better prepare the Clippers for their Constitution State Conference opponents. Putnam lost to Class M Killingly High 51-49 in overtime in the final of the Clipper Classic on Dec. 27. ond quarter which hurt us. Nobody ever likes to see that, especially with a packed house," Deary said. "At this rate, hope-

doesn't necessarily relish scheduling games against schools with four times the enrollment of Putnam High School but he knows good competition will only make the Clippers better and it was nice playing in front of a packed house when they played host to Woodstock Academy.

"It's hard being a small school going against a large school no matter what. We always love a crowd," said Deary, in his eighth season coaching Putnam. "The hard part is that it's 1,200 (enrollment for Woodstock Academy) versus 300 (enrollment at Putnam High School). Woodstock has a huge number to pull from." Putnam lost to

Putnam lost to Woodstock Academy helped put Woodstock up 33-13 at halftime. Senior center Lucas Basilio led Putnam with 18 points. It was the first time in Deary's coaching tenure at Putnam that the team has scheduled Woodstock Academy in the regular season.

"It was a year that we thought we could throw a game in against them,' Deary said. "Somehow we got two games so we're going to see them again. Maybe we'll play them one game (in the future) depending on my strength and what's coming back and how they're looking. I'll definitely look to pick them up — on their down seasons and my up seasons I think it would be a great challenge."



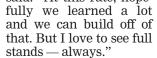
Putnam's Zack Cutler drives past Woodstock's Aaron Johnson at Putnam High on Jan. 4.

Coach Deary said tough non-conference

"I like playing Killingly, that's a tough opponent that we like to pick up," Deary said. "We definitely like to be challenged."

The challenge came against Woodstock Academy in the second quarter when the Centaurs outscored the Clippers 21-5 to seize control.

"Unfortunately we had a meltdown in the sec-



Putnam High is next scheduled to play host to Grasso Tech in a CSC league game on Friday, Jan. 13, with tipoff scheduled for 7 p.m.

Charlie Lentz may be reached at (860) 928-1818, ext. 110, or by e-mail at charlie@villagernewspapers.com.



Charlie Lentz photo

Putnam High's Lucas Basilio gets off a shot in traffic against Woodstock Academy on Jan. 4 at Putnam High.

Woodstock makes short work of Putnam High



Charlie Lentz photo

Woodstock's Sam Majek watched the Putnam game from the bench with an injured ankle.

BY CHARLIE LENTZ VILLAGER SPORTS EDITOR

PUTNAM — Round trip traveling time for Woodstock Academy's road games can mean hours on the bus with sparse support from Centaur fans. But Woodstock ventured just four miles down the road with a big cheering section in tow when it traveled to Putnam High on Jan. 4 for a rare road game against the Clippers. Woodstock came away with a 53-36 non-conference win in front of a full house at Putnam High's gymnasium.

Woodstock Academy coach Aaron Patterson also serves as the Class L school's athletic director and he gave credit to Class S Putnam for scheduling the home-andaway series this season. It was the first time the two schools played in the regular season in at least a decade.

"I was very pleased

that they agreed to play us this year. It's good for high school sports when you can play cross-town rivals," Patterson said. "I love doing that and hopefully we can continue."

The players know each other well. In the summer Tri-Town's American Legion baseball team features players from both Woodstock Academy and Putnam High. Patterson hoped the friendly rivalry on the basketball court would be placed on the Centaurs schedule in the future.

"We'd like to see it continue. When the games make sense we like to play teams close to us," Patterson said.

Woodstock belongs to the Eastern Connecticut Conference and among its road trips this season are trips to Norwich, East Lyme, and Waterford. The 10-minute ride to Putnam was a welcome change.

"Any time we can play someone that's nearby, from a travel perspective, from a fan's perspective, it's good to do," Patterson said. "So we really want to play close teams when it makes sense and they agree. I felt like I was back coaching in Massachusetts when we had a 15-minute bus ride, today was like 10 minutes versus the hour-plus in the ECC. Getting on the bus for an hour and traveling, it wears you down. It wears the players down. It wears the coaches down. (The ECC) is a brutal league to play in because of the travel element. So it's nice to be able to play somebody that's local and that's a good opponent."



Woodstock's Chase Anderson tries to get past Putnam's Connor Holloman on Jan. 4 at Putnam High.

Short led Woodstock with 16 points and sophomore forward Chase Anderson added 14 points against Putnam. The Centaurs put the game away with a second-quarter surge fueled by Anderson. With Woodstock leading 12-11 with 5:35 left in the second quarter, Anderson sank a 10-footer to kick off a 17-2 run over the next four minutes. Anderson scored 10 points during the surge including a pair of three-pointers. Senior guard Nick Sophomore forward Cole

Hackett capped the run with a 10-footer to push Woodstock's lead to 29-13 with 1:41 left in the first half.

"What happened is we got a couple easy ones and then we get some confidence and then things open up," Patterson said. "As soon as Chase (Anderson) hit a couple threes, a couple twos that was the difference."

The Centaurs suffered a crucial loss on Jan. 3 when senior forward Sam Majek injured his left ankle in a game at Norwich Free Academy. Patterson expects Majek to miss at least three weeks.

"X-ray came out with a chip on the bone," Patterson said. "I don't think it will require surgery but he had to go to a specialist. Who knows with an ankle injury, sometimes they're threefour weeks, sometimes they're season-ending. Of course we want Sam on the court. Our mentality is 'Next man up.'

I thought we did that tonight. At the end of the day it's a team. When one guy goes down another guy has to step up."

Charlie Lentz photo

Woodstock is next scheduled to play host to Fitch on Friday, Jan. 13, with tipoff scheduled for 7 p.m. at Alumni Fieldhouse.

Charlie Lentz may be reached at (860) 928-1818, ext. 110, or by e-mail at charlie@villagernewspapers.com.

Ellis Tech's Blair notches 100th career wrestling win



Ramos scored 17 points to lead the Clippers past Norwich Tech in boy basketball on Jan. 6. Lucas Basilio scored 14 points and Austin Harmon added 10 points for Putnam. Nate Perdomo scored 16 points for Norwich Tech (0-5). The win lifted Putnam's record to 4-2. Putnam High is next scheduled to play host to Grasso Tech at 7 p.m. on Friday, Jan. 13.

Woodstock Academy's Will Liscomb scored two goals in a 7-2 win over Tri-Town on Jan. 4.

ELLIS TECH WRESTLING

SOUTH WINDSOR - Cole Blair notched his 100th career victory and Ellis Tech's wrestling team went 3-0 at the South Windsor Duals on Jan. 7 defeating Manchester, South Windsor, and Conard.

The Golden Eagles defeated Manchester 60-20. At 126 poinds Anthony Devanney (ET) FFT. At 132 Baltazar Gonzalez (ET) pin Shemar Schand (M) 2:25; 138 Cole Blair (ET) pin Trevon Nieves (M) 1:59; 145 Jason Gonzalez (M) dec Camron Louis (ET) 3-1; 152 Arfan Ali (M) tech fall James Roberts (ET) 5:37; 160 Jared Rufo (ET) pin Trent Hasemann (M) 0:49; 170 Josh Atkins (M) pin Adam Vear (ET) 2:19; 182 Jacob Rondeau (ET) FFT; 195 Josh Wojick (ET) pin Nathan Kegan(M) 0:52; 220 Gavin Thuotte (ET) pin Joe Amitan (M) 3:19; 285 Collin DelSanto (ET) pin Nick Haviland (M) 2:35; 106 Tyler Brown (ET) FFT; 113 Gavin Rickaby (ET) pin Elliott Hall (M) 1:59; 120 Sean Johnson (ET) pin Justin Ortiz(M) 0:17.

Ellis Tech defeated South Windsor 51-18. At 132 Baltzar Gonzalez (ET) pin Jake Hill (SW) 3:14; 138 Cole Blair (ET) pin Kiernan Caffrey (SW) 1:09; 145 Hunter Nodden (SW) dec

Camron Louis(ET) 7-3; 152 James Roberts (ET) FFT; 160 Jared Rufo (ET) dec Cooper Nodden (SW) 4-2; 170 John Hayes (SW) pin Adam Vear (ET) pin 1:38; 182 Josh Wojick (ET) pin Steven Ferrabelo (SW) 5:12; 195 Mike Kostantakis (SW) pin Jacob Rondeau (ET) :28; 220 Gavin Thuotte (ET) FFT; 285 Collin DelSanto (ET)FFT; 106 Tyler Brown (ET) FFT

113 Gavin Rickaby (ET) dec Mitchell Pardi (SW) 5-2; 120 Devon Schoenberger (SW) dec Sean Johnson (ET) 10-8; 126 Anthony Devanney (ET) dec Dan Sullivan (SW) 7-5.

Ellis Tech defeated Conard 56-23. At 138 pounds Blair (ET) tech fall Adrian Ardon (C) 16-1; 145 James Cheverier (C) pin Louis (ET) 5:07; 152 Antonio Masse (C) pin Roberts (ET) 1:44; 160 Rufo (ET) pin Eric Rodonis (C) 5:48; 170 Dan DaCunha (C) pin Einhorn (ET) 2:22; 182 Wojick (ET) FFT; 195 Jacob Rondeau (ET) FFT; 220 Thuotte (ET) dec Dylan Forstberg (C) 6-4; 285 Jacob Ryor (C) pin DelSanto (ET) 2:43. 106 Brown (ET) FFT; 113 Rickaby (ET) pin Collen McCarthy (C) 1:27; 120 Johnson (ET) pin Griffen Reid (C) 1:35; 126 Devanney (ET) pin Charlie Hosek (C) 1:58; 132 Gonzalez

(ET) FFT.

Ellis Tech versus Tolland (No team score); 132 Gonzalez (ET) dec Ryan Angers (T) 8-3 152 Michael Angers (T) pin Einhorn (ET) 0;58

WOODSTOCK 43, **MONTVILLE 22**

MONTVILLE — Jamie Woods scored 12 points and Ari Koivisto added 10 points to lift the Centaurs over Montville in girls basketball on Jan. 6. Woodstock led 12-11 at halftime and outscored the Indians 17-6 in the third quarter to take control.

Emily Meigs and Brianna Leone each scored eight points for Montville (2-6). The win raised Woodstock's record to 5-3. The Centaurs are next scheduled to play at Fitch on Friday, Jan. 13.

WINDHAM 75, **TOURTELOTTE 43**

WILLIMANTIC — Desiree Rivera scored 21 points to lead the Whippets past the Tigers in girls basketball on Jan. 5. Windham jumped to a 29-15 first-quarter lead.

For Tourtellotte: Katey Kwasniewski scored 14 points and grabbed five rebounds Emily Vincent had 12 points

and seven rebounds. Lauren Ramos scored eight points with 11 rebound. The win lifted Windham's record to 4-5. Tourtellotte's record fell to 3-5. The Tigers are next scheduled to play host to Lyman Memorial on Friday, Jan. 13, with tipoff scheduled for 7 p.m. at Canty Gymnasium.

WOODSTOCK 44, **MONTVILLE 37**

WOODSTOCK — Chase Anderson scored a game-high 13 points to help Woodstock Academy defeat Montville in boys basketball on Jan. 6 at Alumni Fieldhouse. Nick Short and Jared Bouten each added nine points for the Centaurs.

Anderson and Short combined for 14 points to help Woodstock build a 21-13 halftime lead. Woodstock's Aaron Johnson hit a three-pointer to pace an 8-0 run to close out the first half. The Centaurs hit 11-of-15 free throws in the fourth quarter to seal the victory Cameron Collins led Montville (1-6) with 10 points. The win lifted Woodstock's record to 3-4.

PUTNAM 54, NORWICH TECH 39

PUTNAM — Sebastian

WOODSTOCK 7, TRI-**TOWN 2**

ENFIELD — Will Liscomb and Ryan Black each scored two goals to help Woodstock Academy defeat conference rival Tri-Town 7-2 in hockey on Jan. 4. The win lifted Woodstock's record to 5-0. Nathan DeLuca, Gunner Moore, and Avery Rivera each scored one goal for the Centaurs. DeLuca notched two assists and Austen LeDonne had one assist for Woodstock. Woodstock outshot Tri-Town 32-28. Goaltender Cal Wilcox made 26 saves for Woodstock.

Sam Greenberg and Adrian Gaines each scored one goal for Tri-Town (1-3-1). Woodstock is next scheduled to play host to the Eastern Connecticut Eagles on Saturday, Jan. 14, with the puck set to drop at 8:30 p.m. at Pomfret School's Jahn Rink.

ELLIS TECH 71, **PORTLAND 12**

PORTLAND — The Golden Eagles defeated Portland in wrestling on Jan. 4. At 106 pounds: Gavin Rickaby (ET) pin Nic Kelly (P) 1:08; 113 Robert Gatzke (ET) FFT; 120 Sean Johnson (ET) tech fall Richard Lawton (P) 4:25; 126 Anthony Devanney (ET) pin Stephen Eiss (P) 0:52; 132 Javier Mercado (P) pin Logan Gustafson (ET) 1:13; 138 Cole Blair (ET) FFT; 145 Camron Louis (ET) FFT; 152 James Roberts (ET) FFT; 160 Jared Rufo (ET) pin Anthony Aresco (P) 1:14; 171 Adam Vear (ET) FFT; 182 Austin Rambrose (P) pin Jacob Rondeau (ET) 1:02; 195 Josh Wojick (ET) FFT; 220 Gavin Thuotte (ET) FFT; 285 Hayden Minski (ET) FFT

Ellis Tech vs. East Hampton (no team score kept): Anthony Devanney (ET) pin Gabriel Knittle (EH) 4:29; Peyton DeBowsky (EH) pin Chris Whitfield (ET) 0:46

Killingly youth wrestling excels at tourney



Cooper Morissette wrestles A.J. Deicicchi of Milford Wrestling.



Jennifer O'Learv Cathell photo Jaiden James wrestles an opponent from Hurricane Youth Wrestling.



Jennifer O'Learv Cathell photo Killingly's Kaden Ware wrestles his way to a first place finish



BERKSHIRE | New England HATHAWAY Properties

SOUTHINGTON — Killingly Youth Wrestling competed in its first meet of the new season. The team has been working hard and KYW brought home 10 gold medals from a tournament in Southington on Jan 8. Among those wrestlers winning gold were: Mighty Mights A-ris Kuljancik and Cayden Steele; Intermediates Bradey Jonasch, Ammar Kuljancik and Brady Zadora; Novices Ian Cathell, Hayden Ferland and Kaden Ware; and Middle Schoolers Caleb Ferland and Cooper Morissette.

The Killingly Youth Wrestling Redmen have a packed schedule of tournaments over the course of the next couple months but it is its home tournament the team is most anticipating.

"Our home tournament gives us an opportunity to host hundreds of wrestlers from multiple states," said Cale Ferland, Killingly Youth Wrestling President. "We encourage all of our wrestlers to participate at the tournament, and are always impressed with the number of spectators that come to watch our kids wrestle. It's really fantastic.'

The team is expecting to host more than 500 wrestlers at the Jan. 29 tournament scheduled at Killingly High School. In addition to the Killingly Youth Wrestling Board of Directors, nearly every parent involved with the youth team and most of the Killingly High School wrestling team volunteer their time to see to the success of the tournament. The tournament is scheduled to begin at 9 a.m. and will end at approximately 5 p.m. The public is invited to attend.

Jennifer O'Leary Cathell photo

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B6 Town-to-Town Classifieds Triday, January 13, 2017

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Frederick P. Deveau Jr., 76



DAYVILLE Frederick Paul Deveau passed away on Nov. 26, in Hartford Hospital, after a brief illness with his family by his side. He leaves his wife

of 54 years, Stephanie (Ciappenelli) Deveau, two children a daughter Michelle, wife of Kenneth LaPlume of Milford, N.H., son Paul Deveau of Dayville, Conn., and his companion Christine Doherty of Tewksbury, four grandchildren, Matthew Deveau, of Keene, N.H., and his companion Missy Morgan, Delia Kemp and spouse of Webster, Jordan Cournoyer, of Imlay City, Mich., and her companion Ryan Wood, Dakota Cournoyer of Orlando, Fla., two sisters, Barbra Guyette of Southbridge, and her husband, Fred Guyette, and LuAnne McElroy and her husband Mac McElroy, three brothers, Niles Deveau, of Woodstock, Conn., and wife Bonnie Deveau. James Kaczmarek of Woodstock, Conn., and his companion Renee Aanctil.

A brother, Raymond Kaczmarek,

predeceased in 1997. He also leaves several nieces and nephews. He leaves longtime friends Jerry Canty and Paul (Lefty) Lonnergan, Webster, and also his beloved cat Miss

Kitty. Fred was born in Southbridge in 1940 to the late Vivian Knowles Deveau Kaczmarek and Frederick Deveau, of

of

him

Southbridge. Fred served honorably in the United States Air Force and also served in the Korean Conflict. He flew Cessna aircraft, he was a certified CNA of Massachusetts, he worked for American Optical until its closing and at Frito lay in Dayville as a cook until his retirement in 2004. He was an avid sports fan and had a passion for the New England Patriots and Red Sox. He also enjoyed day trips to the Rhode Island coast and Mohegan Sun casino.

A celebration of his life will be at the convenience of the family.

Donations in his name can be made to the Disabled Veterans of Connecticut.

Charlotte L. Ayers, 88



BELLEVIEW, FLORIDA Charlotte L. Avers, 88, of Belleview, Florida formerly of Pomfret, went to be with the Lord early on Christmas morning. She was born on February 2,

1928 to John and Louise (Davidson) Loomis. Charlotte was the wife of Charles E. Ayers, who predeceased her in 1958. She was the beloved mother of Michael, Donald "Skip" and wife Tong, Karen, Gary and wife Barbara. and Charles "Chuck" and wife Kathy. She is also survived by 10 grandchildren, 5 great grandchildren, many nephews and nieces, and her brother Floyd "Nick" Loomis. She was predeceased by her twin sister Shirley and her granddaughter Laurie. She was a dear friend to many of her neighbors at Tropicana Village in Belleview. Charlotte was a faithful follower of the Lord Jesus and was involved in many

ministries throughout her life, including Sunday School Superintendent of the Abington Congregational Church during the 1960's. She was always very active and enjoyed her golf, bowling, and whatever card game or board game happened to be waiting for her participation. She also enjoyed her New England summers highlighted by the annual Bretwood golf outing in Keene, New Hampshire and the cottage on Benton Pond in Otis, Massachusetts. Charlotte worked at Day Kimball Hospital until her retirement and prior to that was the Tax Collector for the town of Pomfret. The family would like to extend a heartfelt thanks to Seniors Helping Seniors of Marion County Florida and Hospice of Marion County. Donations may be made to Hospice of Marion County 3231 SW 34th Ave. Ocala, FL. 34474 352-873-7400_www.hospiceofmarion.com.

A graveside service will be held at the Abington cemetery in the spring. The family will give advanced notice when the arrangements are finalized.



daughter, Susan M. & her husband Michael R. Levesque of Putnam, Conn.: three grandchildren. Briana Patriarca, Richard Patriarca and Michael Levesque; a great-grandson, Pierce Patriarca; a sister, Genevieve Kowalski of North Fort Myers, Fla.; nieces and nephews.

home.

She was preceded in death by three brothers, William Jolda, Edward Jolda and Louis Jolda and by her sister, Michaeline Bonczek.

She was born in Webster, a daughter of Adam J. and Mary R. (Baron) Jolda. She was a graduate of Bartlett High

Stasia B. Kawiaka, 92

WEBSTER, Mass. - Stasia B. (Jolda)

Kawiaka, 92, died

Saturday, Dec. 31, at

leaves

a

School, class of 1942.

Mrs. Kawiaka worked at Bates Shoe retiring to devote her time to raising her daughter.

She was a communicant of Saint Joseph Basilica. She enjoyed crocheting and dining out. She treasured the time she spent with her grandchildren and great grandson to them she was so much more than a grandmother.

The funeral was held Thursday, Jan. 5, from the Sitkowski & Malboeuf Funeral Home, 340 School St., Webster, with a Mass in Saint Joseph Basilica, 53 Whitcomb Street. Burial was in St. Joseph Garden of Peace, Webster. A calling period was held Thursday morning before the funeral in the funeral home.

The family requests donation in her name be made to Saint Joseph Basilica or to Saint Joseph School, both 53 Whitcomb Street, Webster, MA 01570.

Visit www.sitkowski-malboeuf.com.

reation softball and field hockey and

also loved gymnastics. Emma earned



KILLINGLY "Beazle" Emma Blanche Adams earned her angel wings on December 30 in the comfort of her parents loving arms. Her fight was fierce and she fought with integ-

rity until her last breath. Emma is survived by her parents Johnathan and Jennifer Adams and brother Evan, maternal grandfather Willie Detonnancourt and paternal grandmother Laura Welch. Her great grandmother Beatrice Poisson, Nana; Linda Shippee Detonnancourt, Grammy; Patricia Adams, aunts; Jullee Adams and Sara De Veau, cousins; Selena and Lita Adams, Caleb, Ethan and Mason De Veau, Tyson and Cullen Rasco. Olivia, Jakelle, Elloian and Ovsanna Picard. Emma was preceded by her maternal great grandmother Blanche Detonnancout and her grandmother "Bama" Jeannine Detonnancourt and also paternal grandfather Wayne Adams. Emma loved school and was a member of the National Junior Honor Society at Killingly Intermediate School. She loved art and spending her time with teachers Eileen Maillhot and Jennifer Jackson. She played recher silver award as a girl scout and participated in many community services in Killingly. The love for her family was endless and she especially enjoyed playing UNO with her grandfather. Cancer did not define Emma, she went on a Disney Cruise and visited Disney world, swam with the dolphins, camped throughout the summer and spent a week at The Hole in the Wall Gang camp. She participated in last years Red Sox training camp in Florida and met the team. Emma's spirit shined bright with all her accomplishments and will to never give up. The family would like to thank Dana Farber Cancer Center in Boston and the neuro oncology team from the Jimmy Fund Clinic, the Killingly community and school staff, especially Mona Gardner, Meghan Gluck and Heather Taylor of Killingly Intermediate School, Beads for Beazle, Michelle Picard and her Auntie Catie. A celebration of life for Emma will be held at Killingly Intermediate School on January 28 at 11am with a reception following. In lieu of flowers please donate to Emma B. Adams scholarship Fund Putnam Bank, 125 Wauregan Rd. Danielson, Ct.

Marie A. Bessette, 87

06239



DANIELSON Marie A. Bessette, 87, of Westfield Village in Danielson, passed away on the morning of December 14, at William W.

caring person to everyone. She also had a great sense of humor and kept her family laughing and smiling.

Mrs. Bessette was predeceased by her husband, Donat L. Bessette, Sr, as well as a son, Donat Bessette, Jr. She is survived by two children;

daughter Patricia Berthiaume and her

husband Steve of Griswold; and son

David Bessette and his wife Maria of

Brooklyn. She also leaves behind three

grandchildren. Greggorv Schmitt of

Waterford; Heather Howard and

her husband Lee of Danielson; and

loved and knew her. A Memorial

Mass of Christian Burial will be held

on Wednesday, January 18, at 10:30

A.M. in St. James Church. Danielson.

Burial will be at the convenience of

the family. In lieu of flowers, dona-

tions can be made in her memory to

St. Jude's Children's Hospital, P.O. Box 1893, Memphis, TN 38101-9950.

She will be sadly missed by all who

Amanda Bessette of Brooklyn.

John C. Woehrman, 82



WOODSTOCK --John C. Woehrman, 82, of Woodstock, husband of the late

agent for the Department of Defense. He leaves behind his three children: Kurt Woehrman, of Putnam; Leigh Cashmore and her husband Alan of

Carole P. (Berntson) Woehrman passed away surrounded by his family on January 5. He was born in Haverstraw,

New York, son of the late Conrad and Florence (Williams) Woehrman. John retired from the New York State Police in 1977. He was the Tax Assessor of Woodstock, a security captain for Pinkerton Security and he finished his career as a special

Cheshire; and Scott Woehrman and his wife Patricia of Woodstock, two grandchildren: Amanda and Kevin Cashmore of Cheshire. He also leaves a sister, Barbara Davis of Woodstock, his girlfriend, Marcy Groth of Sturbridge, and several beloved nieces and nephews. Calling hours were on January 9 at Smith and Walker Funeral Home. In lieu of flowers, donations can be made to a charity of one's choice. Share a memory at www.smithandwalkerfh. com

Mary Y. Plante, 88



PUTNAM -- Mary Y. Plante, 88, of 218Woodstock Ave, Putnam, died December 30, at the Matulaitis Nursing Home. She was the wife of the late Ernest J. Plante. born August 15,

1928 in Moosup, daughter of the late Joseph and Bertha Lariviere. She had been employed for 29 years at Hale Manufacturing as a winder. Mary was a volunteer at Day Kimball Hospital for many years. She was a communicant of St. Mary Church of the Visitation. She enjoyed playing Bingo at the VFW, trips to the casino, and eating out with her friends and family.

She leaves her daughter Linda Bellerive of Putnam, her siblings Theresa Tetero of Wauregan, Eugene

Lariviere of Putnam, her good friend Marie Domler of Putnam, her grandchildren Edward Bellerive, Heidi Champany, Kristina Bellerive, Greg Plante, Jessie Plante, Jeffrey, Christopher and Patrick Plante, ten great grandchildren and one great great granddaughter, several nieces and nephews. She was predeceased by her two sons, Ernest Plante and Richard Plante, her siblings Rita Penzanko, Alice Deloge, Noella Bennett, Cecilia Clark, Lucille Sirrine, Maggie Lariviere, Rosie Sirrine, Agnes Deloge

A calling hour was on January 6 at the Smith and Walker Funeral Home, which was followed by an 11:00 AM Mass of Christian Burial at St. Mary Church of the Visitation, 218 Providence St., Putnam. Burial in St Mary Cemetery. www.smtihandwalkerfh.com.

Backus Hospital in Norwich.

She was born on February 28, 1929 in Killingly. She was the beloved wife of the late Donat L. Bessette, Sr.; they were married on July 1, 1950.

Mrs. Bessette was employed at SuperwInch in Putnam until her early retirement. She loved watching UConn Women's Basketball and the Boston Red Sox. She also enjoyed making numerous flower basket arrangements and puzzles. Christmas was one of her favorite holidays. She had a strong faith in praying and the Lord.

She was happily married for 60 years and was a loving and devoted mother and grandmother. She was a kind and

Alfred E. Tellier, 86



PUTNAM - Alfred E. Tellier, 86, of Church St., passed away January 4, Day Kimball in Hospital. He was the loving husband of Mathilda Yvonne (Couture) Tellier for 50 years. Born in

Willimantic, he was the son of the late Conrad and Sophia (Beaulieu) Tellier.

Mr. Tellier was a Radioman, trained at Fort Monmouth, New Jersey with the United States Army serving during the Korean War until his discharge in 1953 where he then entered the Army Reserves until 1958. He was a supervisor for Belding Corticelli in the Nymo Department for twenty-five years. He also worked for Anglo Fabric in Webster, and The Hyde School. He was a member of the VFW in Putnam and the American Legion in North Grosvenordale and enjoyed playing pool, reading and playing cards. Alfred

had a sense of humor until the end.

Tillinghastfh.com

In addition to his wife Mathilda, Alfred is survived by his sons, Alfred Tellier of Clover, SC, Leonard Tellier of Thompson, and Bruce Tellier of Thompson; his



daughters, Debralee Gardner of North Grosvenordale, and Suzanne Lindley of Thompson; seven grandchildren; and one great grandson.

Relatives and friends were invited to visit with Alfred's family on January 9, in the Gilman Funeral Home and Crematory in Putnam. Burial with Military Honors will take place in Saint Mary Cemetery, 230 Providence St., Putnam, CT 06260. Memorial donations may be made to Hospice of N.E.C.T. P.O. Box 632, Putnam, CT 06260. For memorial guestbook visit www.GilmanAndValade.com.

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In Loving Memory Of **Denis P. Desmarais** January 11, 2011 - January 11, 2017

Your smile, your laugh, your loving ways, your touch, your kiss, your warm embrace tucked in my heart, my treasured keepsakes I loved you then, I love you today Time may pass, life carries on these treasured memories to keep me strong and when my sunset comes to stay. I'll take your hand, you'll show me the way Sadly missed, never forgotten, always in our hearts... your loving wife Jean Marie, daughter Lynn, son-in-law Joe, their children and grandchildren



Michael is survived by his sister,

Patricia Gould of Putnam; and sever-

al nieces and nephews. Michael was

predeceased by his brothers Robert

Latour Jr., Harry Latour and his sister

for Michael will take place at a later

As requested by the family, services

Memorial donations may be made

to the N.E.C.T. Cancer Fund of Day

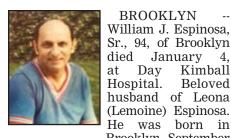
Kimball Hospital, P.O. Box 632,

Putnam, CT 06260. For memorial guest-

book visit www.GilmanAndValade.

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William J. Espinosa, Sr., 94



BROOKLYN William J. Espinosa, Sr., 94, of Brooklyn died January at Day Kimball Hospital. Beloved husband of Leona ews. (Lemoine) Espinosa.

Brooklyn, September 16, 1922, son of Michael and Gulia (Milone) Espinosa. He lived in Brooklyn his entire life. He was a Building Contractor with his brother. William was a veteran of WWII, serving with the U.S. Navy. He enjoyed hunting, fishing and spending time with his grandchildren and great grandchildren.

He leaves his wife Leona, his children, William Espinosa, Jr. and his wife Kathy of Putnam, his daughter Pam St. John and her husband

Steve of Eastford, six grandchildren, 17 great grandchildren and two great great grandchildren, several nieces and neph-

The funeral was on January 10 from the Gagnon and Costello

Funeral Home, which was followed by a Mass of Christian Burial at St. James Church, 12 Franklin Street, Danielson. Calling Hours were on January 9, at the Funeral Home. Burial with Military Honors in Holy Cross Cemetery, Danielson. Donations in his memory may be made to the Day Kimball Hospital Cardiopulmonary Rehab Fund, PO Box 632, Putnam, CT 06260. Share a memory at www.gagnonandcostellofh.com

Wayne T. Barr, 95

WOODSTOCK -- Wayne T. Barr, 95, of Senexet Village Road (formerly of Brimfield) passed away December 27, in Harrington Memorial Hospital surrounded by his loving family.

He is survived by his wife Betty (Gilman) Barr of seventy-four years, his daughter: Cheryl Medlyn and her husband Hank of Woodstock, and a brother Suminer Barr of East Brimfield; two grandchildren: Melissa Oloff and her husband Ed and Sarah Medlyn-Chock and her husband Brian; and four great-grandchildren: McKaylin, Kelsey, Mathew and Justin; several nieces, nephews, grandnieces and grandnephews.

Wayne was born on August 9, 1921 in East Brimfield, the son of (late) George and Marjorie (Smith) Barr and lived in the area all of his life.

Wayne was in the Coast Guard during World War II. He was employed as a stone mason and plasterer specializing in restoration. His specialty led him to projects at Old Sturbridge Village, Winterthur Museum, The Smithsonian, and Ford Museum.

Wayne was a Mason at Quaboag

Lodge of Masons A.F. & A.M. for fifty years and a member of Melha Shriner's for over fifty years. Wayne nature, enjoyed sports, was an avid reader of current

events and enjoyed watching the History Channel.

Wayne had a kind and gentle spirt as well as an ever present sense of humor that was enjoyed by all who knew and met him.

A private service will be held for the family at their convenience.

In lieu of flowers, memorial contributions in Wayne's name can be made to: Shriner's Hospital for Children 516 Carew Street, Springfield, MA 01104

The Belanger-Bullard Funeral Home, 51 Marcy Street, Southbridge, MA 01550 has been entrusted with funeral arrangements. A memorial guestbook is available at www. BelangerFuneralHome.com

Louis A.C. Tella, 50

PUTNAM — Louis A.C. Tella, 50, of Putnam, Conn., died Thursday, Jan. 5, at Day Kimball Hospital.

He leaves his wife of 26 years, Kellee J. (Marschall) Tella of Putnam; a son, Anthony Tella of Putnam; two daughters, Lauren Fierro of Lowell and Brittney Tella of Putnam; a brother, Joseph Tella of Southbridge; five sisters, Theresa Chubbs of Delaware, Tina Doyle of Putnam, Anna Connely of Delaware, Jennifer Parmella of Southbridge and Jessica Foss of Maine: seven grandchildren. He also leaves his mother Betty (Walls) Tella Edward of Southbridge.

He was born in Putnam, son of the late Anthony Tella and lived in Putnam most of his life. He was a truck driver for Latourneau Trucking. He enjoyed fishing and motorcycles.

There are no calling hours. Funeral services will be announced at a later date.

Shaw-Majercik Funeral Home, 48 School Street, Webster, has been entrusted with arrangements. A guest book is available at www.shaw-majer-



OBITUARIE

Latour.

ator for Green Rubber Company of Danielson. He enjoyed riding motorcycles, golf and watching sports on television.

Michael P. Latour, 53

Joann Mayo.

date.

com.

PUTNAM – Michael P. Latour, 53, of Sabin St., died Thursday, December 29, in his home. Born in Putnam, he was the son of the late Robert Latour, Sr. and Lillian (Corey)

Mr. Latour worked as a press oper-

Jeanne M. Dexter, 71

DOYLE, CALIFORNIA – Jeanne M. Dexter, 71, died in Doyle, California on November 24, in the wide open land of sand and sagebrush she loved. Born in Providence, Rhode

Island on December 20, 1944, she was the daughter of Claire C. Fortin-Dexter and Stephen A. Dexter Jr., who both pre-deceased her.

She loved the west and lived in Los Angeles and then to Reno, Nevada and into wester California. She worked many years as a bookkeeper at Junior Steel Co. in Los Angeles, and at a casino-hotel in the Peppermill in Reno, and for the State of Nevada.

She was pre-deceased by sister Linda Egan and brother Donald also his wife Sandra Gagne and another sister-inlaw Sandra Albro Dexter, and step-sister Michele Dexter.

She is survived by her sister Lucille and husband Barrett Benson of New Hampshire, brother Raymond Dexter and family of Arizona, brother James and wife Kathy and family of Danielson, step-sister Marie Merrill of Rhode Island, aunts and uncles and many nieces and nephews.

She had a hearty laugh, she loved scrabble and poker. She will be sorely missed by family and friends in the East and close friends in the west. Please make memorial donations in her name to the Humane Society or ASPCA.

Theresa A. Langlois, 79



Langlois who passed in 2008. Born June 21, 1937 in Putnam to Maryann (Lavallee) and Frederick Credit. She made her home in Putnam most of her life and was a communicant of St. Mary Church of the Visitation. Mrs. Langlois worked at Haven Health Care in Danielson until

retirement. She leaves her daughter

Debra Maloney and her husband Paul of Yulee. Florida, her grandson Daniel Lavallee of Danielson, granddaughter Dawn (Lavallee) Distler and her husband John of St. Mary's, Georgia and four great grandchildren Shawn Layne of Virginia, Deidre Distler, Teya Distler and John Daniel Distler of Georgia. She leaves one beloved sister Rose Bushey of Putnam, and several nieces and nephews. Predeceased by three brothers Charles Credit, Emile Credit and Lionel Credit and one sister Cecile Lambert. Funeral services are private. "No person is every truly alone, those who live no more, whom we loved, echo still within our thoughts, our words, and our hearts."

Ronald N. Syriac, 86

WOODSTOCK Ronald N. Syriac, 86, of Brickyard Rd, died January 4, at home, surrounded by his family. He was the loving husband of Annelle (Tracy) Syriac. Born 111 Southbridge, Massachusetts, he was the son of the late Nelson and Florina (Robidoux) Syriac. Ronald was a graduate of the Woodstock Academy with the class of 1949 and was a veteran of the United States Army serving as a paratrooper during the Korean War; he received the Connecticut Wartime Service Medal on July 26, 2008 from Representative Mike Alberts.

of Ashford, and John Roush and his wife Susan of Brooklyn; two daughters Lori Dvorak of Amston and Sarah Syriac of N. Grosvenordale; seven grandchildren



and his wife Jacqui

clk.com where you may light a candle or post a message of condolence.

Ryan Michael French, 16



T H O M P S O N Ryan Michael French, 16, of Thompson, died Monday, January died 2 from injuries sustained in a motor vehicle accident. Ryan was born June 20, 2000 in Worcester

Massachusetts, the son of Jeffrey C. French and Joslyn (Sheldon) French. Ryan was raised in Thompson, where heattended Mary R. Fisher Elementary and Thompson Middle Schools and was a member of the Junior National Honor Society. He was involved in Thompson youth sports, including Little League Baseball, Recreational Basketball, Middle School Cross Country, and Track & Field. Ryan was a Junior at Killingly High School where he was enrolled in the Agricultural Education Program, was a FFA member, and was an Honors student. He was also a student representative to the Killingly Board of Education. He ran on the Track & Field team, was Captain of the Cross Country team and an ECC All Star. In addition to running, Ryan also had a passion for fishing. His two favorite places to fish were Cape Cod, where from a young age he could land stripers bigger than himself, and locally at Alexanders Lake, where he could be seen in his red fishing Kayak pulling in bass and pickerel in his compassionate catch & release fashion around the Weaver family cottage and Kelly's Cove. He recently had an enjoyment of golf, and is most likely somewhere on the front 9 getting an enjoyable reacquainted golf tutorial from his Grandpa French. Ryan worked part time for a local bait wholesaler, and previously volunteered at a local pet boarding kennel. He was a member of Christ Church in

Pomfret where he was baptized and progressed to the Young Adults in Church (YAC) group. One of his most memorable and enjoyable events was a recent church pilgrimage he took with fellow Christ Church youth to San Francisco. There they volunteered at a local soup kitchen, renovated a local park, and Ryan was able to run across the Golden Gate Bridge. He considered Fr. David Carter a good friend and mentor, and cherished his church group and leaders. Ryan was a kind and friendly soul with an infectious grin who possessed a level of maturity far beyond his 16 years. He will be sadly missed by many, especially his parents and Grandpa and Grandma Sheldon. Ryan was predeceased by his paternal grandparents Charles French and Joyce (Weaver) French from Sterling. In addition to his parents, he is survived by his maternal grandparents Edwin Sheldon and Alice (Joslin) Sheldon from Putnam, Uncles and Aunts Stephen and Elaine Sheldon of Bozrah, Michael and Jeri Sheldon of Saco, Maine; numerous Great Uncles & Great Aunts, Cousins, and many true friends from the quiet corner area, too many to list. Calling Hours were held at the Gagnon and Costello Funeral Home on January. A celebration of Ryan's life will be held for all to attend at a later date to be announced. In lieu of flowers, donations can be made to the Ryan French Memorial Scholarship Fund, a scholarship fund set up by Ryan's family to benefit Killingly High School Agricultural Education students moving on to higher education. Checks can be made out to "Ryan French Memorial Scholarship Fund" and mailed to: Savings Institute, 596 Hartford Pike, Dayville, CT 06241, Attn: Emily Petrik. Share a memory at www.gagnonandcostellofh.com

OBITUARIES are published at no charge. E-mail notices to adam@villagernewspapers.com or fax them to (860) 928-5946. Photos are welcome in JPEG format.

On January 8, 1983 at the family homestead he was united in marriage to the former Annelle (Tracy) Roush.

Mr. Syriac worked as a farmer on his own property as well as a supervisor at the Mansfield Training School.

He was a member of The American Legion Benson-Flugel Post 111 in Woodstock; a former Boy Scout Troop Leader at the Mansfield Training School; communicant at both the former Sacred Heart Church in Southbridge and the Church of the Good Shepard in West Woodstock.

He enjoyed horses, playing horse shoes, chess, canoeing, playing hockey, shooting pool, collecting guns, and was an avid motorcycle rider.

Ronald is survived by his wife of thirty-three years Annelle Syriac; four sons Scott Syriac and his wife Christine of Bethlehem, Arthur Syriac of Woodstock, Bryan Roush

Braylen Thomas O'Brien, Infant

PUTNAM – Braylen Thomas O'Brien, infant son of Justin P. O'Brien and Shayna A. ESTATE OF MICHAEL H. Kimball Hospital.

of Taftville; a sister Payton Neeland of Putnam; Paternal grandparents Thomas and Janice O'Brien of Central Village; Maternal grandparents David and Susan Gilman of Putnam; and Maternal great grandparents Henry and Lorraine Diane M. LaPorte LaFountain of Webster.

Private funeral arrangements have Bachand, Longo & Higgins, been entrusted to the Gilman & Valade 168 Main Street, PO Box 528, Funeral Homes and Crematory, 104 Putnam, CT 06260 Church St., Putnam. For memorial guest- January 13, 2017 book visit www.GilmanAndValade.com.

Nicholas,

Mikayla, Jared, Laura, Lydia, and Corey, and numerous nieces and nephews. He was predeceased by four brothers Arthur Syriac, George Syriac, Leonel Syriac, and Cyrille Syriac and a sister Elizabeth Gauthier.

Relatives and friends are respectfully invited to attend a Funeral Service on Saturday January 21, at 1:00PM in Congregational Church of Eastford, 8 Church Rd., Eastford. Memorial donations in Ronald's memory may be made to the Hospice of NECT, P.O. Box 632, Putnam, CT 06260. Funeral arrangements have been entrusted to the Gilman Funeral Home and Crematory, 104 Church St., Putnam, CT. For memorial guestbook visit www.GilmanAndValade.com.

EGALS

Town of Woodstock Legal Notice

In accordance with the provisions of Section 7-394 of the General Statutes of the State of Connecticut, notice is hereby given that: The Annual Financial Report of The Town of Woodstock for the Year Ended June 30, 2016, Prepared by MahoneySabol, CPAs and Advisors, was filed in the Office of the Town Clerk on January 4, 2017, and that the audit is open for public inspection. Dated this 4 day of January, 2017. Attest: Judy E. Walberg, Town Clerk January 13, 2017

NOTICE TO CREDITORS

(Gilman) Neeland of LaPORTE(16-00384)

Daniel St., passed away The Hon. Leah P. Schad, Judge of the on Saturday morn- Court of Probate, District of Northeast ing January 7, at Day Probate Court, by decree dated January 3, 2017, ordered that all claims must Braylen is survived be presented to the fiduciary at the adby his parents, a brother Aiden O'Brien dress below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Janis E. Beltis, Clerk

The fiduciary is: c/o Nicholas A. Longo, Esq.,



"Shining a light on community events

Narconon reminds families that interventions are powerful tools that can be used when an addict January 14, Sat. 9:30 refuses to get help. To learn more about how to conduct an intervention for your loved one go to http://www.narconon-suncoast.org/blog/thepower-of-an-intervention.html. Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals. 877-841-5509

Collecting now through January 31st

Thompson Library - 15th Annual Food for Fines to benefit TEEG, One food item removes \$1.00 in fines, up to \$10.00, Food accepted for fines only, not lost items, TEEG needs peanut butter and tuna, No fines? No problem...food and cash donations accepted all month. For information visit www. thompsonpubliclibrary.org or call 860-923-9779.

January 13 - 15, Winter Teen Weekend from Friday at 5:30pm until Sunday at 9am at Windham-Tolland 4-H Camp, 326 Taft Pond Rd, Pomfret Center. Food, games, sledding, leadership skills and lots of fun for teens 13-17. Fee is \$50. Pre-registration required by January 6. Call 860-974-3379 to register or email: wt4hcampdir@ earthlink.net

January 13, Fri., at 7pm

Canterbury Historical Society Welcomes Captain Kenneth Force for "Sousa to Barnum, The Golden Era of American Band Music" A specialist in American band music, he will explore with us this much-loved genre of American music. Free! Refreshments. Community Room of the Canterbury Town Hall, 1 Municipal Drive, Canterbury.

January 13, Fri., 7pm

VFW Post 5446, Steak Supper, ALL you can EAT! Baked potato, vegetable, salad, rolls and butter \$20 pp, 7 Winsor Ave, Plainfield. Call 860-564-5446 for more details.

January 14, Sat., 10-11am

Interesting snowflake information (How do they crystallize?) Have a "fake" snowball fight, and make a snowflake ornament. Bring your smile and your camera for some fun. Please pre-register by calling 860-564-8760. On the second Saturday of each month from 10-11am there will be a free children's program at Aldrich Free Public Library (299 Main St. Moosup).

Book Club, A Higher Call: An Incredible True Story of Combat & Chivalry in the War-Torn Skies of WWII by Adam Makos Bracken Memorial Library, 57 Academy Road, Woodstock. 860-928-0046

January 17, Tues., 10-11am

Winter Wellnes Series, Sponsored by the Friends of the Library, Absent-mindedness and how to overcome it. Presentation by Jo Anne Harrison-Becker, MS (Gerontology). Snow Date Tuesday February 21st 10-11 am, Reduce Stress naturally! Presentation by Brad & Pamela Thompson, Saturday January 21st & Saturday January 28th 10-11:30 am

January 18, Wed., 10am-12pm

Mom to Mom at the Woodstock Evangelical Covenant Church - young moms meet together for quality Biblical instruction in parenting, small group discussion and interaction with mentor moms. Community moms welcome! Free childcare is available through age 5. 24 Child Hill Road, Woodstock. Register at woodstockcovenant. org. Any questions, call 860-928-0486.

January 18, Wed., 8-9am

Putnam Special Education Parent/School Partnership breakfast meeting, Putnam High School Cafeteria. Meet & greet with Kris Drew, Special Education Director. Round table discussion, questions and answers.

January 19, Thurs., 7pm

Author Christine Whitehead comes to Pomfret Library to read from her second Kindle published book, The Rage of Plum Blossoms, and will talk about writing and publishing. Visit christinewhitehead. com, and also Ms. Whitehead's Hemingway blog site: theblogalsorises.com.

January 20, Fri., 9:30-11:30am

Stonecroft Women's Connection Brunch at The Inn at Woodstock Hill, 94 Plaine Hill Rd. Tess Grous, presents Pure Haven Healthy Essential Products. Tom Lombardo has all the right notes and Sandra Lombardo has searched and found the Meaning of Life. Reservations required by Jan. 13 for Brunch \$12. 860-774-5092, 860-455-7671 or email: wccwc81@hotmail.com.

This page is designed to shine a light on upcoming local nonprofit, educational and community events. Submissions are limited to 50 words or less and are FREE to qualifying organizations, schools, churches and town offices. To submit your event contact: Teri Stohlberg at 860-928-1818 ext. 105, or_teri@villagernewspapers.com.

Deadline for submission is Friday at Noon

OBITUARIES

Sidney E. Swenson, 78

EASTFORD -- Sidney E. Swenson 'Sid" 78, of Eastford died January 2, at his home in Eastford. He was the beloved husband of Lois (Gagnon) Swenson. He was born in Putnam on July 26, 1938, son of the late Paul and Agnes (Anderson) Swenson.

Sid was a life member of the Muddy Brook Fire Department. He was a member of Christ Church in Pomfret. He served in the United States Navy during police action in Beirut.

Besides his wife Lois he leaves his step-children Patricia Walker, Allen Walker, Jr. and his wife Carrie, Suzanne Cross, Mary Gallerani and her husband Paul, Melissa Cornell and her husband Chris and seven grandchildren. He was predeceased by his first wife Martha.

Services will be in the spring. In lieu of flowers donations

may be made in his name to the Muddy Brook Fire Department, P. O. Box 222, East Woodstock, CT 06244. Share a memory at www.smithandwalkerfh. com

his son Oliver, Mother Christine Paul

step-father Robert Paul Jr., and three

sisters and three step-siblings Sarah,

Danielle, Skyla, Josh, Chelsea and

Little Danielle. Leaving behind lots of

loving aunts, uncles, grandmothers,

cousins, nieces and a nephew. Joshua

is deceased by his Father Daniel H.

Parenteau and grandmother Helen

P. Parenteau. A mass and gathering

will be held on Saturday January 14,

at 11am at The First Congregational Church of Pomfret, 59 Bradley Road,

Pomfret Center.

Joshua Daniel Parenteau 29

BROOKLYN Joshua Daniel Parenteau 29, passed unexpectedaway ly on December 27. He was born Barnstable, in Massachusetts. Joshua grew up in

Brooklyn, and graduated from Woodstock Academy. Joshua will be remembered for his caring soul, helpful, happy, loving heart, the all-around great attitude and unwavering spirit. He is survived by

BOYD SWORN IN AT STATE CAPITOL

HARTFORD — Pat Boyd took the oath of office Wednesday, Jan. 4, at the State Capitol in Hartford. Secretary of the State Denise Merrill administered the oath during ceremonies in the historic chamber of the House of Representatives. Boyd (D-Pomfret, Brooklyn, Eastford, Union, Woodstock) is eager to begin his new legislative duties representing his dis-



Courtesy photo

trict. His priorities include:

- Ensuring fiscal stability without raising taxes
- Protecting funding for Day Kimball Hospital
- · Eliminating the state income tax on Social Security benefits
- Preserving farmland and open space

Boyd can be reached by e-mail at Pat.Boyd@cga.ct.gov or by phone at 860-240-8585.

HERE & THERE Local Events, Arts, and Entertainment Listings **Entertainment Listings**







SATURDAY, JANUARY 14

9:00 p.m. YOUR MOTHER 4-piece local rock band playing covers **308 LAKESIDE** 308 East Main St. East Brookfield, MA 774-449-8333



SATURDAY, JANUARY 21

9:00 p.m. TEQUILA MOCKINGBIRD 6-piece classic rock/ contemporary band 308 LAKESIDE 308 East main St. East Brookfield, MA 774-449-8333

ONGOING

MEAT RAFFLE Saturdays at 12:30 p.m. 6 tables; prime rib, lobster and much more Public invited In the Veterans Lounge AMERICAN LEGION TUTTLE POST #279 88 Bancroft St., Auburn, MA 508-832-2701



ROADHOUSE BLUES JAM Every Sunday, 3:00 - 7:00 p.m. CADY'S TAVERN 2168 Putnam Pike, Chepachet, RI 401-568-4102

TRIVIA SATURDAY NIGHTS

7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822

WISE GUYS TEAM TRIVIA

Every Tuesday, 8:00 – 10:00 p.m. CADY'S TAVERN 2168 Putnam Pike (Rt. 44) Chepachet, RI 401-568-4102\

LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN AT SALEM CROSS INN

260 West Main St., West Brookfield, MA 508-867-2345 www.salemcrossinn.com



TRAP SHOOTING

Every Sunday at 11:00 a.m. Open to the public \$12.00 per round includes clays and ammo NRA certified range officer on site every shoot AUBURN SPORTSMAN CLUB 50 Elm St., Auburn, MA 508-832-6492

HUGE MEAT RAFFLE

First Friday of the month Early Bird 6:30 p.m. - 7:00 p.m. 1st table: 7:00 p.m. Auburn Sportsman Club 50 Elm St., Auburn, MA 508-832-6496

BREAST FEEDING SUPPORT GROUP

at Strong Body/Strong Mind Yoga Studio 112 Main St., Putnam, CT Third Friday of each month at 6:00 p.m. 860-634-0099 www.strongbodystrongmind.us

TRIVIA TUESDAYS

at 7:00 p.m. Cash prizes **308 LAKESIDE** 308 East main St. East Brookfield, MA 774-449-8333

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Freshen Up Your Meal Prep

BY RACHAEL DEVAUX, RD (NAPS)

With more than 3.9 million "mealprep" hashtags on Instagram, many people have found success in living a healthier lifestyle through meal prepping. Not only does it save you time during the busy workweek, it allows for a better variety of healthy, ready-to-eat foods at your disposal.

PREPPING 101

Of course, this doesn't mean you should spend your entire day in the kitchen prepping every last detail of your meals for the week—simply cook up or prepare several staple items to have on hand for those quick and wholesome, no-brainer meals or snacks when vou need them. Here are some tips on how to make the most of your prepping sessions:

dice, Chop, slice, repeat. Start with something as simple as prepping fruits and veggies in advance to have ready in the fridge for meals or snacks; store them in glass containers for easy organization and motivation to stick to your meal plan.

Double the batch. Along with prepared produce, cook large batches of staple ingredients such as quinoa, brown rice and proteins to make meal assembly quick and easy

Add a dash of this, a dash of that. Use seasonings and sauces to mix up the flavor profile of

similar ingredients. One night, dinner could be an Asian stir-fry, while the next it could be a Mexican-inspired bowl.

Try something new. Meal "preppers" may eventually become tired of throwing together the same old meals and find the food they prepare mundane. When fatigue hits, seek out a new recipe or work with a new ingredient. I like to incorporate tasty and brightly colored fruit such as mango to refresh everyday meals and snacks.

Roll Up Your Sleeves For a healthy, tasty and quick meal this week, try my Mango Spring Rolls. This recipe is a delicious step out of the ordinary and it's chockfull of nutrients. One cup of mango provides 100 percent of your daily vitamin C, 35 percent of your daily vitamin A and 12 percent of your daily fiber.

MANGO SPRING ROLLS

Servings: 5 spring rolls

Ingredients: 1/2 fresh mango ¹/₄ small head purple cabbage 5 green onion spears $\frac{1}{2}$ medium cucumber 1/2 medium red bell pepper

5 pieces rice paper Handful cilantro 1 cup shredded carrot

Almond Butter Dipping Sauce:

3 Tbsp creamy almond butter

- 1 tsp tamari ¹/₂ lime, squeezed
- 1 Tbsp honey

2-3 Tbsp hot filtered water

Directions: Slice two mango cheeks into long, narrow strips and set aside. Slice cabbage, onion, cucumber and red bell pepper into very thin 4-inch pieces and set aside. Prepare rice paper as instructed on package. Once pliable, place a few of each ingredient (including cilantro and carrots) in the center of the paper, folding in the sides and rolling until all veggies are inside and paper is closed. To store, leave some space between rolls to prevent rolls from sticking together.

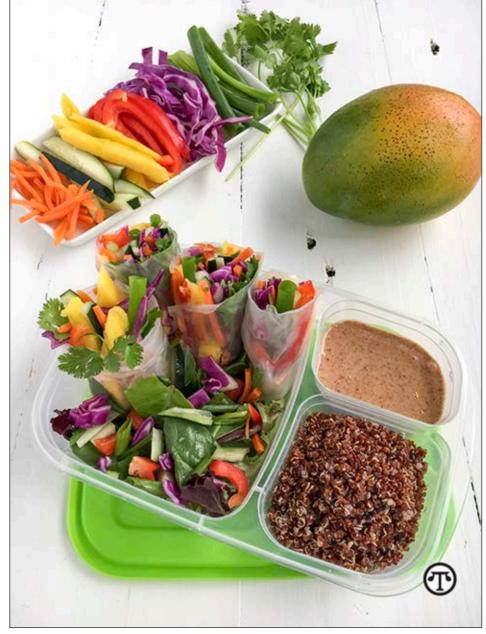
Dipping Sauce: Whisk or blend together all ingredients until consistency is creamy.

Mango How-To If you're new to working with mangos, follow these quick tips for proper prep.

Selection. Don't judge a mango by its colorred does not mean ripe. A ripe mango will be slightly soft like a peach or avocado.

Storage. Keep unripe mangos at room temperature. Never refrigerate mangos before they're ripe. Once ripe, mangos can be moved to the refrigerator to slow down ripening for several days. Cutting. To cut a

mango, simply slice off



the sides of the fruit, avoiding the large seed in the center. Once you have these two sides (cheeks), you can get to the flesh and slice or dice as needed. Then, simply scoop the fruit out of the

skin.

Learn More Visit www.mango.org for additional information on mango varieties, availability and recipes.

To save time, prep veggies and other ingredients in advance of making your meals. To make them more nutritious and fun, include mangos.

Bake Up Delicious Breakfast Bars For Busy Kids





(NAPS)

Here's news many families may consider a wake-up call: Studies show that kids who eat breakfast have better concentration and more energy. Yet

approximately 8 to 12 percent of all school-aged kids skip this important meal.

Why Eat Breakfast Here's a look at what the researchers discovered:

The University of

These bars are made with fresh Swedish lingonberry jam so they're as delicious as and flaxseed mixthey are convenient. Experts say breakfast is the most important meal of the day, ture and mix to gearing you up for work, school and play.

Pennsylvania found that children achieve higher IQ scores if they eat breakfast.

Yale scientists found that students who participated in school breakfast programs were less likelv to become overweight even if they also had breakfast at home.

Good News

Fortunately for the many families that don't have the time to prepare a full breakfast, there's a nutritious make-ahead option kids love. Flavored with bananas, chocolate chips and tart sweet lingonberries, which have been called a "superfruit," rich in antioxidants, it's a nutritious snack they can eat on the way to school or tuck into their

lunchboxes for later.

Lingonberry Breakfast/ Lunchbox Bars

1¹/₂ tablespoons ground flaxseeds (or flaxseed meal)

3 tablespoons water 15 ounces chickpeas (garbanzo beans), canned

- 2 medium bananas
- ³/₄ cup flour, gluten free
- 1/2 cup coconut sugar
- 1 teaspoon cinnamon 1/2
- teaspoon baking soda teaspoon salt
- ¹/₂ teaspoon vanilla extract tablespoons Felix
- Lingonberry Jam

1/4 cup chocolate chips, dark

Preheat the oven to 350° F. Grease and line an 8" x 8" bakor grind whole flaxseeds and combine with water in a small bowl. Set aside for 5

Meanwhile, blend and bananas in a food processor until completely smooth.

In a large mixing bowl, whisk together the dry ingredients, reserving the chocolate chips. Add the chickpea puree to the dry ingredients along with the vanilla, lingonberry jam

combine. Then fold in the chocolate chips.

Pour the batter into the prepared pan. Bake on center oven rack for 24-26 minutes until a toothpick inserted into the center comes out clean.

Let cool in the pan for 10–15 minutes, then transfer bars to a wire rack and cool completely before slicing (this is important!).

Slice into 12-16 bars. Store on the counter for a few hours if they seem too moist; otherwise, put them in an airtight container and store for two to three days.

LEARN MORE

You can find other recipes, facts and where to get the jam at http://felixjams.com.

"Every Town Deserves a Good Local Newspaper" www.860Local.com



Ready to propose to your beloved but resources are limited? Diamond is 3/4 of a carat, white gold

DUDLEY INDOOR FLEA MARKET 8 Mill St Dudley, MA EVERY SATURDAY, SUNDAY LOTS OF NEW VENDORS \$ave Money Buying, Make Money \$elling **Dudleyflea.com** (800) 551-7767 COME JOIN US PRIME SELLING SPACES AVAILABLE **Electrical** Material Industrial, Commercial, Residential Wire, Pipe, Fittings, Relays, Coils, Overloads, Fuses, Breakers, Meters, Punches, Pipe-Benders. New Recessed Troffer Flourescent 3-Tube T-8 277V Fixtures Enclosed \$56 Each Call 5pm-8:30pm (508)867-6546 FOR SALE **4 CYCLE BOX STOCK CLONE MOTOR-**WITH NORAM CLUTCH-MOTOR MOUNT 58T 59T 60T GEARS 2-BOTTLES OF OIL ASKING \$800.00 **CALL AFTER 4PM** (860) 315-4509 For sale BICYCLE Shogun Shock Wave Shimano Equipped Off Road 21 Speed, Twist Shift Paid \$400 Will sacrifice Also WIRE WHEEL HUBCAPS Chevrolet Caprice/Ford Make offer Call 860-215-0962 Ask for Rich

two captain's chairs) (508) 764-6715 \$1,000.00 **GARAGE ITEMS COFFEE TABLE AND FOR SALE BY TWO END TABLES** APPOINTMENT OAK \$100.00 Floor Jack Welder Torches Battery Charger **TV ARMOIRE** Toolbox OAK Many Other Items \$125.00 Call Call 508-789-9708 (508) 829-5403 FOR SALE GARMIN GPS 12XL Personal Navigator, 12 channel receiver, **OAK TV STAND** moving map graphics, \$200 backlit display for night use. Like New, **CHERRY COFFEE** Perfect for Hunters TABLE and Boaters, \$125 asking \$150 or best offer **TWO END TABLES** (508)347-3145 \$125/EACH HANDICAPPED SCOOTER with 2 brand new batteries **SOFA TABLE ALUMINUM FOLDING** \$150 RAMP \$800.00 **ALL VERY GOOD** CONDITION **LIFT CHAIR** Light Blue \$275.00 **FULL-SIZE AERO BED NEVER USED CANADIAN PINE HUTCH** \$75 \$225.00 14 cu. ft. GE WOMEN'S BOWLING **SELF-DEFROSTING** BALL FREEZER & BAG \$150.00 \$35 508-943-2174 **PRICES NEGOTIABLE** Landscape FOR MORE Equipment **INFORMATION AND** Trailer PICTURES \$995 OBO CALL (508) 892-1679 Call 5pm-8:30pm 508-867-6546 For Sale **TenPoint Handicap** LUMBER **Hunting Crossbow** Rough Sawn Pine lists New \$1.800.00 DRY 30+ Yrs. SELL \$850.00 2" x 18" or smaller. Call (413) 436-7585 Call (508) 476-7867

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DROP LEAF CART Call 5pm-8:30pm \$50.00 508-867-6546 **END TABLE W/DRAWER** ********* \$50.00 **MOVING ESTATE END TABLE W/ TWO** DRAWERS Tools, Compressor, \$60.00 Electronics, Electric **100 GENERAL** Keyboards and CALL Accessories, Kitchen 1-508-764-4458 **105 BULLETIN BOARD** Items. Some Furniture. 1-774-452-3514 **Four Stall Horse Barn** plus Much More! **For Rent** (508) 885-2055 **SNOW BLOWER CUB** Ten Years Old **CADET 945 SWE** Big Stalls & Huge Loft Nice, Big Turnout Pasture marabus@charter.net **SNOWBLOWER** \$200/stall or for more information or 13 hp Tecumseh OHV, Whole Barn for \$700 45 in width trigger Please text (508) 615-1246 controlled steering, ******** 6 forward, 2 reverse, **109 Music/Arts** Hardly used! \$1,700 **FLUTE LESSONS** REFRIGERATOR WHITE OUTDOOR **DUDLEY AREA** PRODUCTS SnowBoss 1050 Snowblower, 10hp Tecumseh two stage 30 in width, electric \$25.00 start Well maintained. (508) 320-7314 \$600.00 **REMOTE CONTROL Half Hour Lesson** (508) 347-3775 radios and accessories. **SNOW THROWER** and some building material Call 774-241-0027 **TORO ELECTRIC START Replica 1929 Mercedes** Model #824 24 Inch, 8 HP, 5 Speed, **'82 Bobcat Running** 2 Reverse Excellent Condition It has never failed me! **Portable Stump Grinder** \$275.00 Flexible Flyer Sled, (508) 832-6871 Wooden Toboggan, **SNOWBLOWER** Wood/Fiberglass Skis **POULAN PRO** 11 H.P., O.H.V 30" with trigger controlled steering **Lionel Mid-Forties** Totally gone thru **Train Set, Tracks** Electric start Runs excellent 6 forward - 3 reverse \$550.00 **Steel Car Ramps** 508-949-2369 PHOTO REPRINTS AVAILABLE CALL (401) 932-1409 Thank you St. Jude Call for details 860-928-1818 **ONLY 9AM-4PM!** M.A.S.

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