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Friday, May 15, 2020



Cynthia Rawson

Health Director works hard at work

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – Even though the doors are closed for the time being, there is still plenty of work being done at the Charlton Town Hall during the COVID-19 pandemic. One of the busiest offices is that of Charlton Health Director James Philbrook, who, along with his staff and the Board of Health, has been working around the clock to make sure Charlton is prepared and up to date for the next steps in the fight against the coronavirus.

Philbrook took some time out of his schedule to update the Villager on how Charlton has fared since the pandemic began in mid-March. Bring sure to give credit to a numerous other departments including first responders, the board of selectmen and the town administrator, Philbrook said the Board of Health Office has been operating seven days a week working with businesses, town officials, state lawmakers and a wide variety of organizations and committees to obtain funding, stay up to date on the status of the pandemic and ensure that the town respects the safe practices and stay at home orders.

Philbrook said Charlton was ahead of the game in taking immediate action in March to adjust to the pandemic and they haven't slowed down on keeping up with the ever-changing situation.

'There's a lot of behind the scenes work that has to be done that's confidential. We have public health nurses working behind the scenes and the town has done well to follows the mask order that the governor enacted. The Charlton Board of Health was quick to enact that all food workers had gloves and masks on at all times when this all began. The school district was at the forefront of closing the schools early and putting the town hall on limited staffing," Philbrook said.

The Health Director credited Charlton with being at the forefront of efforts to obtain personal protection equipment for citizens, employees and first responders including procuring grants from MEMA and the Department of Public Health to help offset some of those costs. The town also obtained a grant for supplies to prepare for efforts like setting up a testing location or drive by clinic. Both the police and fire departments have been given access to personal protection equipment including N95 masks and the town has even worked to support the Overlook senior living facilities where no cases have been recorded as of this report.

Philbrook's weeks include meetings with emergency management officials, the town administrator, the Board of Health and state organizations to stay up to date on the status of the pandemic. Philbrook also serves as vice chairman of a steering committee geared towards helping prepare numerous towns for emergencies such as the coronavirus. Even with that preparation however Philbrook admits no one expected anything like this to become a reality.

There are 74 communities in central Massachusetts that we secure funding for to ensure that we are ready. We have a trailer all set up. If we have a vaccination or we want to do some kind of tracing we will be able to set something up. What we're going through now is something beyond my imagination. Charlton was prepared and that's why we will continually prepare for anything that could happen to this magnitude. We're a tight knit, educated commu-Turn To **DIRECTOR** page **A4**

Charlton Heritage art teacher retires after 40 years

BY ANYA GRONDALSKI SHEPHERD HILL TELEGRAM

CHARLTON — Charlton Heritage School art teacher Cynthia Rawson is saying farewell after 40 years with the Dudley-Charlton Regional School District.

Rawson always knew that she had a passion for art and it was halfway through high school when she decided it was either art or writing that would become her career. She attended Providence College for her Bachelor's degrees in both Education and Art, later receiving her Master's in Art Education from UMass Dartmouth. Teaching art in the Dudley-Charlton (D.C.) schools has been her only job and she's loved every second of it. Right out of college, she was looking for a position teaching and found out D.C. was hiring at a family picnic in Charlton - "The phone number was written down on a brown paper bag." Within one day she was hired. Rawson fondly reminisced on this, stating "It was really a leap of faith. I'm truly blessed."

Rawson has been teaching at Heritage School since the day it was built.

Before then, she had to travel every day between the two towns, never having a

Turn To RAWSON page A5

Charlton officials plan phased re-opening

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – As of Sunday, May 9, Gov. Charlie Baker's stay at home order was set to expire on May 18, leaving towns across the commonwealth gearing up for a potential reopening before the months end. In Charlton, Town Administrator Andrew Golas has been hard at work formulating a reopening plan that would see the Charlton Town Hall attempt to return to normal business practices in three phases.

Golas presented his proposal, which he stressed was still being perfected, during a livestreamed meeting with selectmen in late April. In anticipation of the possible reopening of the state by June, Golas drafted a multi-phase plan that would slowly allow for the town hall to begin accepting in-person visits from citizens as the COVID-19 pandemic starts to wind down.

"We do need to begin planning for a recovery and a phased approach that considers the safety of our residents and staff while allowing us to conduct the necessary business of town government. It's clear that we will still be dealing with this pandemic as we navigate through town election and town meeting," Golas said. "I'm working with some of the department heads to try and get some more input on it before making it official."

The first phase of the plan would be implemented once the governor's order is officially lifted. This would include the town hall remaining locked but allowing residents to come to the building by appointment only with face masks still considered mandatory. Employees set to begin interactions with citizens would continue to be provided with personal protection equipment and social distancing practices would also continue to be mandated.

The second phase would slowly allow for more citizens to do business in person in the town hall. The town hall would be unlocked once more but appointments would still be recommended. Face masks would remain the norm while the town would start incorporating multiple people into departments on site once more.

The final phase would be more of a return to normalcy

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Accident shuts down Route 169

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – A multi-vehicle accident in Charlton on Tuesday, May 5 is confirmed to have involved an ambulance from Webster and resulted in no injuries according to Charlton Police.

The Charlton Police Department released information concerning the accident on the morning of May 6 confirming two vehicles collided on Route 169 at around 3:30 p.m. on May 5. Both police and fire personnel from Charlton responded to the scene along

with Southbridge EMS to find a pickup truck has collided with an ambulance from Webster after apparently crossing the center line. Paramedic were transporting a patient at the time and both the patient and ambulance personnel were transported from the scene with non-life-threatening injuries. The driver of the pickup truck was not identified in the police department accident summary however they were confirmed to be uninjured following the crash.

According to police the truck was traveling southbound on

Route 169 when it crossed the yellow center line and impacted the ambulance which was traveling north. Photos released from the scene showed significant front-end damage to the truck with airbags deployed as well as heavy damage to the passenger side of the ambulance. Police have not indicated what led to the truck driver's failure to maintain their lane.

Emergency responders closed the roadway for a time in order to clear the crash. Charlton Police consider the accident under investigation as of this report.



Photo Courtesy

A crash scene photo shows the extend of damage to a pickup truck and Webster ambulance following a crash on Route 169.

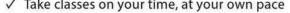


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How to exercise during the pandemic

Life changed overnight for millions of people across the globe in the wake of the COVID-19 outbreak, which shuttered businesses and forced many people to follow stay-at-home measures issued by their local governments. These measures not only affected the overall health of those infected with the virus, but also those who experienced no symptoms and even tested negative for COVID-19.

In recognition of the mental toll that social distancing and stay-athome measures can take, the Centers for Disease Control and Prevention advised people to exercise regularly. But opportunities to exercise seemingly dried up when stayat-home guidelines were issued and gyms were shuttered. People without exercise equipment at home suddenly found themselves wondering how they could stay fit and keep their bodies in the best possible condition to fight a virus that has claimed thousands of lives. Thankfully, there are ways to stay fit and keep immune systems strong without violating stay-at-home measures.

 Access online exercise programs. Many gyms that were forced to close to help stop the spread of the COVID-19 virus began offering exercise tutorials and classes via social media or websites such as YouTube. These videos can be invaluable resources, teaching people how to stay fit at home even if they don't have weights or other equipment on hand. In addition to gym-sponsored exercise tutorials, the internet is loaded with free exercise videos and advice that can help people without access to a gym get fit or maintain their fitness routines.

• Go back to the basics. Many people no doubt recall gym class from their school days. Such classes teach youngsters the basics of physical fitness without employing dumbbells or advanced exercise machines. Those same basic exercises that work for youngsters, including push-ups, situps and lunges, can be effective for adults as well. If it's been awhile since you've done your most recent push-up, access an online tutorial so you can be certain your form is correct.

• Do some yard work. It might not feel as high-intensity as a spinning class or a Pilates session, but yard work can be a great workout. Dust off the push mower the next time the grass needs to be cut, and get to work on pulling weeds in garden beds. The added benefit to yard work is it provides a great opportuni-



ty to get some fresh air without violating social distancing guidelines.

• Go for a jog. Perhaps the simplest way to exercise during the pandemic is to go for a daily jog. According to the Mayo Clinic, aerobic exercise repeatedly moves large muscles in the arms, legs and hips while engaging the immune system and helping it to ward off minor viral illnesses. That makes an early morning jog an especially valuable, not to mention easily accessible, way to exercise during the pandemic.

Exercise can help people maintain their immune systems in the wake of the COVID-19 outbreak. and there are many simple ways to fit in a little physical activity even while social distancing.

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How to avoid spreading illnesses at home

Family companionship invaluable. Spending time together with loved ones is an important component of daily life. However, when an illness affects one person of the household, that highly coveted closeness can put others at risk.

Infectious diseases are equal opportunity hitchhikers. Should a person be waylaid by influenza, strep throat, mononucleosis, or COVID-19, casual contact may be all it takes to pass the illness to someone else. The Centers for Disease Control and Prevention says that COVID-19 is primarily spread from person-to-person among people who are in close contact with one another (within about six feet). Respiratory droplets produced when an infected person coughs or sneezes can land in the mouths or noses of people nearby or possibly be inhaled through the lungs. Other v ruses and hacteria spread from contact with contaminated surfaces or objects and then touching one's own mouth, nose or possibly the eyes. Keeping household members safe when one person is ill can be challenging, but it is possible. These steps can help keep everyone in a household safe, particularly from virulent diseases. • Wash your hands. This is the most effective way to prevent the spread of germs. As frequently as possible, wash your hands, but especially after touching frequently used items or before and after preparing and eating food. • Disinfect surfaces. Target areas that are frequently touched by all members of the household. Such surfaces include doorknobs, stairway railings, bathroom and kitchen faucets, the refrigerator door, light switches, and cabinet knobs. Make sure to keep the disinfectant visibly wet on the surface for the "dwell time" recommended on the label instructions to fully kill the germs. · Consider color coding. Use microfiber cloths, which don't harbor germs like porous sponges do, with different



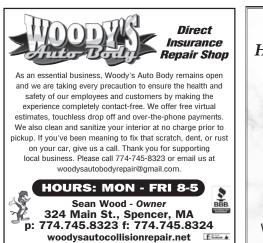


colors for cleaning each room of the house to prevent the spread of germs from one area to another.

· Keep your distance. Sick individuals should stay away from others as much as possible. Now might be the time to use a guest bedroom for spouses who normally share a bed. Designate a separate bathroom for healthy individuals. Do not touch hands, hug or kiss others while you are ill. Kaiser Foundation Health Plans also suggests hygiene techniques like coughing or sneezing into a tissue or sleeve to trap the virus.

• Use personal bath towels. Do not share towels and linens with others while sick. Now is the time for a personal bath towel or bathrobe for showering and drying hands, offers Meridian Health.

It can be difficult to avoid spreading disease when one member of a household is sick. But with proper hygiene and diligence, illnesses can be contained.





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Pan-Mass Challenge goes virtual

BY KEVIN FLANDERS STAFF WRITER

REGION – For the first time in four decades, Pan-Mass Challenge riders won't be hitting the streets this summer. But even though the annual bike-a-thon has been canceled in favor of a virtual celebration, its vital fundraising mission will roll on.

PMC officials announced last week that the August ride has

been canceled due to the COVID-19 crisis. Kicking off each year in Sturbridge, the event has been held in all kinds of weather over the past 40 years. Riders are always willing to brave the elements for their cause, but PMC officials are committed to protecting all participants and their families.

Determined to still have a celebratory event this year while continuing fundraising for the

14 19 33 39 42 49

CLUES ACROSS

- 1. Expression of sorrow or pity
- 5. Not bad
- 11. NYC Mayor 14. Essays
- 15. Walk lightly
- 18. Those who utilize
- 19. Actress Judd
- Norwegian river
- 24. Unconscious states
- 28. Make muddy
- 29. Unit of volume
- 30. Consciousnesses
- 32. Envision
- 33. When you aim to get there

CLUES DOWN

- 1. Defensive nuclear weapon
- (abbr.)
- 2. Instead
- 3. Gifts for the poor 4. A type of gin
- 5. Torments
- 6. One point south of due east
- 7. Actor Pacino
- 8. Feline
- 9. Chinese dynasty 10. Short cries for help
- 12. Straits can sometimes be this
- 13. Further
- 16. Variety shows
- 17. Supernatural

- 39. Snakelike fish 41. Military flyers (abbr.) 42. Popular computers
 - 44. Ecological stage
- 46. Wings
- 21. One-time community of nations 47. Used in combination
 - 49. Laid back
 - 52. Princess's headgear
 - 56. Musical composition
 - 58. Famed Falls
 - 60. Reiterations

 - 62. Eras
 - 63. Track event
 - 29. This can sting
 - 31. Sunscreen rating
 - 34. Brew
 - 36. Religious leader
 - 37. Indigo bush
 - 38. Burn with a hot liquid
 - 40. Jr.'s father
 - 43. Ray-finned fish genus
 - 45. Morning
 - 48. Straight line passing from
 - side to side (abbr.)
 - 50. S-shaped line
 - 51. Small bunch of hay

 - 53. Ripened

54. Crater on Mars

Dana-Farber Cancer Institute, PMC leaders came up with an idea for a virtual celebration. Titled PMC 2020 Reimagined, the multi-day event will include several online activities for riders who have worked hard to raise funds. "Coming together the first

weekend of every August is a beloved tradition for thousands of PMC participants. While we're unable to move forward with our ride safely in the same way we have over the past 40 years, we cannot and will not let our community or Dana-Farber down," said Billy Starr, the PMC's founder and executive director. "Our mission to support Dana-Farber in the fight against cancer is more important than ever. And in reimagining what our event can be, we hope to inspire even more participation from those joining us at home.'

The PMC raises more money for charity than any other single athletic fundraising event in the country. As Dana-Farber's largest single contributor – accounting for 57 percent of the Jimmy Fund's annual revenue - the PMC and its riders remain committed to raising critical funds for lifesaving cancer research, treatment, and patient care.

For longtime PMC riders, the process of securing donations was more challenging in 2020 than any previous year, with unemployment figures skyrocketing due to the coronavirus. With their reimagined celebration, PMC leaders want to recognize all participants for their tireless work in securing donations.

The PMC 2020 Reimagined will include many of the activities that riders, volunteers, donors, and spectators partake in during a traditional PMC weekend – complete with virtual adaptations that make it easy for remote participation.

Just a few of the activities slated for this year's program include:

PMC 2020 Reimagined opening ceremonies, broadcasting live on WBZ-TV (Friday, July 31)

An official "starting line" to symbolize the commencement of the 2020 PMC (Aug. 1)

The PMC Pedal Partner tent, in partnership with Dana-Farber's Jimmy Fund Clinic

Entertainment and celebration at Massachusetts Maritime Academy's quad

A global Living Proof toast to honor those who are currently undergoing, or have undergone, cancer treatment

Dana-Farber officials commend PMC leaders for their commitment to fundraising, even when the ride is canceled and donations are difficult to come by.

"We are incredibly grateful for the PMC's unwavering dedication to Dana-Farber. Their creative thinking in rallying their community around an event that provides essential funding for our institution and patients is a shining example of agility and commitment," said Laurie Glimcher, the president of Dana-Farber. "Cancer doesn't stop, even during these difficult days. PMC dollars are critical to support the world-class cancer care and additional resources we provide our patients and their families."

The PMC's annual ride, which offers participants 12 routes spanning 25 to 192 miles, has become a tradition for several local families. Not only do they enjoy their training routine, but also the process of collecting donations from friends and family. Even though many donors have lost their jobs, they still

made it a priority to give back to Dana-Farber.

"The Reimagined PMC will bring together thousands of riders, volunteers, donors, and supporters from their hometowns around the globe to celebrate the spirit of PMC weekend while making an unparalleled impact on the fight against cancer," read a statement released by PMC leaders.

The PMC 2020 Reimagined program will also include pretaped content to augment its real-time offerings.

For local PMC riders, the news of the cancellation was disappointing but expected. Members of Team De-Feet Cancer, which was established several years ago in West Brookfield by the late Steve Morris, continue to raise money in his honor.

"We are saddened, but resilient. We will miss seeing our PMC friends and family in August, but we know that now, more than ever, cancer patients need our help. Dana-Farber needs our help," said Team De-Feet Cancer member Jessica Piwowarski. "We continue to raise money, and we continue to train and ride solo. We do have hopes of small team rides over the summer if restrictions ease. We look forward to the ways PMC will help us stay connected."

In 2019, the PMC donated \$63 million to Dana-Farber, the largest financial gift ever received by the institute. For more information about the event, visit www.pmc.org.

The Dana-Farber Cancer Institute is one of the world's leading centers for cancer research and treatment. The institute's mission is to promote scientific inquiry, clinical care, education, community engagement, and advocacy.

U.S. Attorney investigating reports of abuse by landlords

REGION – U.S. Attorney Andrew Lelling's office continues to investigate reports of housing-related sexual harassment resulting from the COVID-19 pandemic.

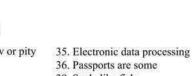
"As the country adopts drastic measures to slow the spread of COVID-19, many Americans have lost their jobs, and many more have seen their wages curtailed," read a statement released by Lelling's office. "These losses have forced some to seek abatements or suspensions of their rent. According to a recent memo from the Attorney General, there have been reports of landlords who have responded to requests to defer rent payments with demands for sexual favors and other acts of unwelcome sexual conduct."

Lelling has pledged to prosecute vigorously those who seek to use the COVID-19 crisis to break laws.

"Sexual harassment in housing is illegal and despicable," Lelling said. "No person should have to tolerate this behavior in order to keep a roof over his or her head."

ing USAMA.VictimAssistance@ usdoj.gov.





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DIRECTOR

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nity and we've done a good job so far. Certainly, nobody expected something as large scale as this," Philbrook said.

As the Commonwealth heads towards the potential expiration of Gov. Charlie Baker's stay at home order on May 18, Philbrook and the Board of Health are doing their part to make sure they know what that will mean for Charlton. Multiple offices are also keeping in mind the potential for the order to be extended which could impact the community's annual town

If you have been a victim of sexual harassment by a landlord, contact the U.S. Attorney's Office by calling 888-221-6023 or email-

meeting and elections which have already been moved once to early June to coincide with the stay at home order.

"That is something that the Board of Health, the Board of Selectmen, the Town Administrator and myself are talking about. We want to keep the public safe but also respect their right to a voice in how the town operates. That's crucial for us. Charlton is prepared and we continue to fight for more personal protection equipment because I don't see this as something that will just go away. We want to keep everyone safe, keep our first responders prepared and stay ahead," said Philbrook.

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CHURCH LISTINGS

• Charlton Federated Church, 64 Main St. Pastor James Chase, 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org

· Charlton Baptist Church, 50 Hammond Hill Road, 248-4488,www.charltonbaptist.org, Sunday worship 8:30 a.m. and 11 a.m.

 Charlton City United Methodist, 74 Stafford St. 248-7379, web site: CharltonCityUMC.com Sunday worship 10:30 am, Sunday School 9 am • St. Joseph's Church, 10 H. Putnam Ext, 248 7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.

• Hope Christian Fellowship, 6 Haggerty Road, 248-5144

· Assemblies of God Southern New England District Headquarters, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.

· Jehovah's Witnesses, Route 169, 765-9519

· Lamblight Christian Church, 37 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Rev. Stephen Wade, (774) 452-2393 Pastor's Cell. Sunday Service 10:30am. www visitlamblight.com

• New Life Fellowship A/G, SNED Chapel 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

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A Stonebridge

Bay State Savings Bank appoints Seth A. Pitts Senior VP & Chief **Financial Officer**



Seth Pitts

WORCESTER — Bay State Savings Bank is proud to announce Seth A. Pitts has been appointed Senior Vice President and Chief Financial Officer at the Bank's 28 Franklin St. location in Worcester. In this role, Mr. Pitts will manage Bay State Savings Bank's financial reports, planning, and records.

RAWSON

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designated art room, and commented "I had my own art cart that I had to bring around with me."

She recalls one comedic memory where she was making her commute from Dudley to Charlton, and was late to work due to a herd of cows blocking the road on Dresser Hill.

When asked what has made her feel most humbled during her career, Rawson replied by saying "Oh, it's when I started to have kids of kids. I love teaching the second generation...I feel like a tradition, a little relic.'

Rawson has spent two-thirds of her life in Dudley-Charlton, and is not yet ready to completely close the door, saying "I hope I can still stay involved. I'll continue doing my art lessons and hopefully I can stay on the DCEF board."

She also wants to continue teaching the art of Santa portraits, which has become a yearly tradition with all of

Mr. Pitts joins Bay State Savings Bank with over ten years of experience in banking, finance, and federal regulation. Previously, he served as Financial Institution Risk Examiner for the Federal Deposit Insurance Corporation's Division of Risk Management Supervision and Area Lending Specialist for the U.S. Department of Agriculture – Rural Development.

"Seth brings strong expertise in bank regulatory requirements, liquidity and balance sheet management to Bay State," said Bay State Savings Bank President and CEO Peter Alden. "His work ethic along with a sense of urgency fits with our philosophy and corporate values."

Mr. Pitts holds a Master's degree in Finance from the University of Massachusetts Boston. He is also a Certified Fraud Examiner by the Association of Certified Fraud Examiners. Additionally, he serves as a member (former Chair) of the Trust Funds Commission for the City of Worcester.

Mr. Pitts currently resides in Worcester.

Bay State Savings Bank of Worcester has been a mutually owned community savings bank since it was founded in 1895. In addition to its main office. Bay State Savings Bank has branches in Auburn, Holden, and Worcester. For additional information, visit www.baystatesavingsbank.com.

plans do not involve re-location or big vacations, she simply hopes to spend her extra time with family, especially her granddaughter Madison. Rawson also enjoys gardening, playing with her dogs, and watching hockey.

'When I would think about my retirement, I would say 'How can I leave this?' but I've been trying to be more positive. I now think about how blessed I've been," she said. "I made friends that are now family, I worked with and for great people, and I'm so, so proud to have been a part of it all.'

She hopes that all her past and present students remember what she tells all of her classes, that "Art gives everyone a voice, and we all have something to say, and we say it in those very different ways. Whether it's a whisper or a scream.'

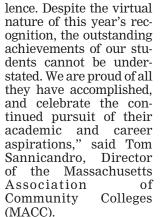
Editor's note: The preceding article originally appeared in the Hill TelegRam, Shepherd Hill Regional High School's student newspaper, and was shared with us by the author.

QCC students named to 2020 Phi Theta Kappa All-Massachusetts Academic Team

WORCESTER Quinsigamond Community College Phi Theta Kappa students Krystle Bedrick and Temsalet Molla were recently inducted to the 2020 Phi Theta Kappa (PTK) All-Massachusetts Academic Team. The QCC students were honored for their outacademic standing achievement and exemplary student service, by the Massachusetts Association of Colleges Community (MACC), through a vir-tual "PTK Community College Excellence Week.'

"These students are wonderful ambassadors of QCC. Regardless of the obstacles in their path, they have pushed forward and persevered. I am sure they will achieve great things in their futures," said QCC President Dr. Luis Pedraja.

The highest academic achievers in the state's 15-member community college system were spotlighted each day during the week of April 27 on the MACC's social media pages, in lieu of the in-person traditional celebratory celebration at the Massachusetts State House due to the pandemic. "Every year, we look forward to this opportunity to highlight the community colleges' commitment to access, opportunity, and excel-



Ms. Bedrick will be graduating from QCC this month and plans to attend Smith College this fall. She held the position of Vice President of Leadership for the Alpha Zeta Theta Chapter of Phi Theta Kappa and said it was one of the most enriching experiences of her life.

"I have been able to participate in rigorous academic research, leadership and team building, but most importantly community service. Phi Theta Kappa has been the catalyst for my advocacy and activism. I work diligently to help bring transportation equity to my community and endeavor to bring awareness to systemic oppression and poverty," she said. "As an Early Childhood Education major, my future students and their families will benefit from the tenacity and perseverance that was refined from my PTK membership."

Ms. Molla is also a sophomore and will be graduating in May from QCC's Liberal Arts Biology program. She will be attending UMass Amherst this fall where she plans to get her bachelor's degree in biology before going on to medical school.

"I want to become a nephrologist (kidney specialist) in the future. It gives me great satisfaction when I help anyone whether they are my family members or not. To reach my goals, I know that I have to go through many processes, but I am ready to face whatever it takes to become a nephrologist," she said.

Phi Theta Kappa is the international honor society of two-year colleges, and has recognized and encouraged scholarship among community college students for more than 100 years while promoting the academic integrity of the associate degree program. Students with grade point averages of 3.5 or higher are invited to join Phi Theta Kappa. QCC has been a part of the PTK Honor Society for 40 years with more than 2,000 students inducted.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 orjmartin@qcc. mass.edu

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ADVERTISING WORKS!



Governor's order requires face coverings

BY KEVIN FLANDERS STAFF WRITER

REGION – Masks have been the source of much discord in recent months, with constant arguments flaring up over when they should be worn and their overall effectiveness. But no matter where you stand on the issue of face coverings, you'll have to wear one in public to be in compliance with Gov. Charlie Baker's latest order.

Last week, the Baker-Polito Administration issued an order requiring the use of masks or face coverings in public places where residents cannot properly socially distance from others. The order took effect on May 6, and will remain in place until further notice.

The order supersedes all previously issued guidance relative to mask use. Violators can be subject to a fine. "The Baker-Polito Administration has ordered all residents over the age of two to use a face covering or mask in public places where maintaining proper social distancing measures to prevent the spread of COVID-19 are not possible," read a statement released by the Governor's office.

The order applies to all workers and customers of essential businesses and other organizations that are currently open to the public, including grocery stores, pharmacies, and retail stores. Residents are also required to wear a mask or face covering at all times when using any means of public mass transit.

As of press time, Massachusetts ranked third in the nation for most total COVID-19 deaths. The only states with more recorded coronavirus deaths were New York and New Jersey. With the increased use of face coverings, the Governor and his team are hoping to slow the spread.

"A face covering may include anything that covers your nose and mouth, including a mask, scarf, or bandana. Healthcare masks should not be used and should be preserved for healthcare workers and first responders," read the Governor's statement. "Cloth masks should not be worn by young children under the age of two, persons with difficulty breathing, or those who are unconscious, incapacitated or otherwise unable to remove the mask without assistance."

Instructions on how to make a cloth mask are available on the Centers for Disease Control website, www.cdc. gov. Meanwhile, local communities have posted information about the Governor's order on their websites.

"It is critical to emphasize that masks do not replace social distancing, staying at home except for essential travel, and frequent hand washing. All remain vitally important to slow the spread of the virus," read a statement from Spencer officials posted to the town Web site.

Governor Baker also announced expanded community health center COVID-19 testing capacity at centers throughout the Commonwealth. In continued partnership with Quest Diagnostics and the Mass. League of Community Health Centers, the state now has 18 community health centers. The new facilities that will begin expanded testing include:

Lynn Community Health Center

Holyoke Health Center

North Shore Community Health Center

South Boston Community Health Center

Community Health Center of Franklin County

Quinsigamond Community College to hold virtual commencement

TRIPS OFFERED

WORCESTER — Quinsigamond Community College will hold its first ever-virtual commencement ceremony for the Class of 2020 on Thursday, May 21 at 1 p.m. The ceremony, which was to originally have taken place at the DCU Center in Worcester, will now be streamed live online. Graduates and their families will be able to experience the ceremony in the comfort and safety of their homes.

"While the effects of the Coronavirus/ COVID-19 pandemic have made it necessary for us to change the way will be celebrating Commencement this year, this will in no way diminish the amazing accomplishments of the Class of 2020," said QCC President Dr. Luis Pedraja. "Our graduates have worked through incredible challenges, particularly these last few months as they have adjusted to remote modes of learning. Yet through it all we have seen the best that QCC has to offer and I am deeply moved and inspired by our students, who have risen to these unprecedented challenges."

The choice to move to a virtual ceremony was one the Administration did not take lightly, according to President Pedraja. However, due to Governor Baker's orders that limit gatherings to 10 people or less and the DCU Center being used as a field hospital for patient overflow, the College Administration felt this was in the best interest of its students, faculty and staff.

"When the current pandemic subsides, we also plan to have a physical ceremony at a later date, as yet to be determined. I, along with the QCC Board of Trustees, look forward at that time to having the opportunity to congratulate each graduate in-person and welcome them into the QCC alumni family," President Pedraja said. "Our QCC family has made an indelible impression on our local communities and many of the first-responders, nurses, respiratory therapists, police officers, firefighters are QCC graduates or soon to be graduates, who each and every day set out to make our world a better place."

For more information on QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stonebridgepress.news.

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\$549pp Double Occ. -\$679pp Single Occ. - \$539pp Triple Occ. - \$539pp Quad Occ. For a brochure and complete itinerary please contact Lori Douthwright 508-248-5971 X1715 September 11th Museum & Memorial in NY City and West Point Academy 2 Days/1 Night May 14-15, 2020

What's Included: Roundtrip motor coach, hotel lodging, two (2) meals (1 breakfast & dinner theatre show), touring the Hudson River Valley & dinner theatre show and so much more!

\$399 pp Double Occ. - \$499 pp Single Occ.

For a brochure and complete itinerary please contact

Lori Douthwright 508-248-5971 X1715 Penn Dutch Country with the New Hit Show Queen Esther

3 Days/2 Nights September 23-25, 2020

What's Included: Roundtrip motor coach, 2 nights lodging, 5 meals, ticket to "Queen Ester", touring and More!

\$499pp Double Occ. - \$599 pp Single Occ.

For a brochure and complete itinerary please contact

Lori Douthwright 508-248-5971 X1715

5 Days/4 Nights June 29-July 3, 2020 What's Included: Roundtrip motor coach, 2 nights lodging – Marriott Saint John – New Brunswick, 2 nights lodging – Westin Nova Scotian – Halifax, breakfast each morning (4), 2 scrumptious dinners, 1 lobster luncheon, guided tours each day and more!

\$1499pp Double Occ. - \$1899 pp Single Occ.

For a brochure and complete itinerary please contact

Lori Douthwright 508-248-5971 X1715 Montreal & Quebec Getaway

4 Days/3 Nights August 18-21, 2020

What's Included: Roundtrip motor coach, 2 nights lodging – Marriott in downtown Montreal, 1 night lodging – Quebec City, four meals (4), 5 meals,

guided tours each day and more! \$849pp Double Occ. - \$1159 pp Single Occ.

Occ. For a brochure and complete itiner• Bus pick up will usually be at St. Joseph's Church 10 H Putnam Rd. Ext. in Charlton

May 19 — CAROLE KING TRIBUTE \$94 includes transportation, Luncheon, meal tax w/gratuity and Show ticket. Driver gratuity not included. Make checks payable to: Best of Times (payment due 4/17)

July 28 — GLOUCESTER HARBOR CRUISE LOBSTERBAKE \$135 includes transportation, Beauport Princess Cruise, Lobsterbake buffet, Entertainment & Dancing. Driver gratuity not included. Make checks payable to: Best of Times (payment due 6/25)

September 2 — LAKE WINNIPESAUKEE CRUISE & CASTLE IN THE CLOUDS \$129 includes transportation, Lake Cruise, Luncheon, Visit to Castle in the Clouds. Driver gratuity not included. Make checks payable to:

Nova Scotia w/Tattoo Fest featuring The Royal Nova Scotia International Tattoo Bay of Fundy, Halifax.

Saint John, Annapolis Valley



The Town of Sturbridge DPW is looking for summer grounds maintenance help. Applicants must be at least 18 years of age and possess a valid driver's license. The applicants also need to be familiar with safe operating practices for small equipment including lawn mowers,

tractors, weed whackers and brush cutters. General duties include the upkeep of Town grounds including cemeteries, ball fields and recreational areas. Due to the Coronavirus, PPE may be required at times. Applications are available on the Town of Sturbridge website <u>https://www.sturbridge.gov/your-government/pages/job-opportunities</u> and can be mailed to P.O Box 182 Sturbridge, MA 01566

or emailed to <u>DPW@Sturbridge.gov</u>.

Applications will be accepted until position is filled.

ary please contact

Lori Douthwright 508-248-5971 X1715

CHARLTON SENIOR CENTER

TRIPS w/Charlton Senior Center 2020

Our new Trip Coordinator is Mary Lou Lepko.

A few things to know:

• Sign up at the center, or call 508-248-2231, or email: charltontrips@yahoo. com

Please put your full name and phone number on sign-up sheets

• Trips are open to the public

• Flyers available at the center or online at www.townofcharlton.net. Click on Government, then Council on Aging/Senior Center

• Mail payments to: Charlton Senior Center Trips, 37 Main St., Charlton, MA 01507 or bring into center and give to Elaine or Katherine. Please be sure to make checks payable to the company stated below.

 ${\scriptstyle \bullet}$ You will be notified of pick up time & location

Best of Times (payment due 7/30)

November 17 — YESTERDAY ONCE MORE w/The Carpenters, ABBA, 5th Dimension, The Mamas & The Papas all in one show! \$92 includes transportation, Luncheon, meal tax w/gratuity and Show ticket. Driver gratuity not included. Make checks payable to: Best of Times (payment due 10/15)

Dec 4-7 — A COUNTRY CHRISTMAS IN NASHVILLE, TN. Gaylord Oprey Hotel! 4 days/3 nights. Call for more info

DAUGHTERS OF ISABELLA

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DOUGLAS SUNSHINE CLUB

DUDLEY SENIORS

Turn To **TRIPS** page A10

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> FRANK G. CHILINSKI PRESIDENT/PUBLISHER

BRENDAN BERUBE Editor

The making of Mother's Day

Another Mother's Day has come and gone, and this year's was certainly different as far as celebrations go. Due to COVID-19 restrictions, traditional Mother's Day luncheons or brunches did not take place. Mothers living in long term care facilities replaced in person visits with zoom or telephone calls. From what we can see, most everyone has made the best of the situation.

We would like to recognize the fact that today, "mother" is increasingly becoming a word that could also apply to a father, aunts, uncles, grandparents and other family members who, for one reason or another, step in to that role as single parents or careivers. To those people, we wish you a happy Mother's Day as well. With that being said, motherhood should be celebrated. Our children bring out the best in us and sometimes the worst, however at the end of the day the bond between most mothers and children is one that is stronger than anything we can describe.

Interesting is the fact that the creator of the holiday, Anna Jarvis, in 1908 fought to remove the day from the calendar after it became overly commercialized. Mother's Day was officially placed on the calendar in 1914 by President Woodrow Wilson. Mothers were to wear white carnations given to them by their children and presented with other gifts.

The ancient Greeks, along with the Romans, held festivals to honor mother goddesses Cybele and Rhea. In more recent history the Christians called it 'Mothering Sunday.' Across the Atlantic Ocean, the holiday fell on the fourth Sunday during Lent and every mother was expected to return home to their 'mother church' to attend a Mother's Day service.

Ann Jarvis (the mother of Anna Jarvis), along with Julia Ward Howe, held special classes in West Virginia during the early 19th century to teach women how to care for their youngsters. In the year 1868, Jarvis put together a 'Mothers Friendship Day' where mothers would socialize with former Union and Confederate soldiers in helps to create reunification. Howe penned a 'Mother's Day' Proclamation in 1870 in which she asked mothers across the country to help promote world peace. Three years later, Howe was pushing to have a 'Mother's Peace Day celebrated on June 2 annually. In Michigan, Mary Towles Sasseen and Frank Hering worked together to organize the holiday into the 20th century. In 1905, Anna Jarvis lost her mother Ann. The grieving daughter looked to honor the sacrifices her mother made for her by celebrating Mother's Day and hoped other children would do the same. The first big celebration took place in 1908 in West Virginia, where a business owner named John Wanamaker held an event at a church to honor motherhood. That same day in Philadelphia thousands attended a sister store of Wanamakers to celebrate as well. In 1970, Coretta Scott King, wife of Martin Luther King, Jr., used the holiday to bring awareness to underprivileged women and children. In Thailand, Mother's Day is celebrated in August on the birthday of the current queen. In Ethiopia each fall, a big feast along with music is held over the course of a few days to celebrate motherhood. A fun fact, is that more phone calls are made on Mother's Day than any other day of the year.

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

TO THE EDITOR **Re-elect Cathy Kuehl**

To the Editor:

As an elected board member and a tenant of the Charlton Housing Authority, I endorse and urge Charlton voters to re-elect Cathleen Kuehl to our board.

Cathy has been a giving citizen of Charlton for many years, and has

served on the Charlton Housing Board with dedication, knowledge and service to the tenants. She is part of a harmonious and effective team!

Please re-elect Cathy. Sincerely,

> CEDRIC FLOWER CHARLTON

What can investors learn from cyclists?

May is National Bike Month. Of course, millions of Americans enjoy biking, so there's reason to celebrate. But even if you're not much of a rider, you can apply some of the guidelines and lessons of bicycling to other areas of your life - such as investing.

Consider taking some of these ideas for a spin:



FINANCIAL Focus

> JEFF BURDICK

Tune up your port-folio. When bicyclists tune up their bikes, they adjust their brakes, clean and lubricate the chain, tighten nuts and bolts, and check the tire pressure, among other tasks. Such a tune-up keeps their bikes running smoothly and reduces the chances for breakdowns. And by "tuning up" your investment portfolio, you can help it stay in line with

your goals and risk tolerance, while also preparing it for a "breakdown' in the financial markets, in the form of sharp downturns. To tune up your portfolio, look for ways to increase diversification, which can help reduce the effects of volatility, and watch for investments that may have chronically under-performed or are no longer suitable for your risk tolerance. You might be better off selling these and using the proceeds to invest in new opportunities.

Know when to shift gears. Bicyclists move into higher or lower gears in response to changing road conditions and elevations. As an investor, you, too, may need to "shift gears" or adjust your investment strategy when your personal financial environment changes. So, for example, in the years immediately preceding your retirement, you may want to move some - but certainly not all - of your investment dollars from growth-oriented vehicles to income-producing ones. That way, you can lock in some of the gains you may have achieved while lowering your portfolio's overall risk level. This is important, because once you reach retirement and you need to start withdrawing from your retirement accounts - which essentially means liquidating some of

A thank you to our Harrington community

To the Editor:

Despite the constant flow of news and information about the novel coronavirus and the worldwide pandemic it has spawned, it can still be challenging to describe the enormity and complexity of the situation before us. It requires that we all make personal decisions sometimes at great sacrifice - to limit risk to the most vulnerable among us and avoid the collapse of our healthcare system.

In a career that spans over 40 years in healthcare, I have never experienced a time like this. Despite the fact that we are required to be physically distant from one another, I have never felt such a powerful spirit of unity and connectedness within our community.

As a community healthcare system, we have always had a special responsibility to our local residents. Because the healthcare environment is so challenging and ever-changing, we have had to make difficult decisions about where to focus our resources, sometimes reducing or closing services that we can no longer provide in a financially sustainable way. But we have always done so with an eye towards assuring our long-term ability to serve as a local and reliable critical healthcare provider.

It was this dedication that drove our strategic decision to be acquired by the UMass Memorial Health Care System; assuring that we could maintain our position as a health care partner and safety net for our community. Little did we know that a completely different challenge would be before us in a matter of weeks.

The Harrington HealthCare team has always based our decisions, both large and small, on how we can continue to make our community healthier and safer. Today, we are seeing that commitment return to us in spades. Our departments work seamlessly to ensure compassionate quality care. That is why we have received our 14th "Grade A" in LeapFrog Group's spring 2020 Hospital Report.

continue to be safe accessible resources. Across all floors and units of our hospital campuses, in offices and satellite locations, we have been a resource for safe testing and have created protocols to limit the spread of infection while caring for our community. This is the power of local healthcare.

We are heartened by the outpouring of support we have received from our community. We have long known that all of our employees are "Harrington Heroes;" and we are so glad to know that you see it too. Not only do we greatly appreciate donations of food supplies, homemade masks, and other personal protective equipment (thank you!), we are also so encouraged and motivated that in a time of global challenge you are thinking of us. This knowledge is particularly meaningful as we celebrate our staff in observance of Hospital Week this week. We also had the opportunity to honor our Nurses during National Nurses Week the previous week. A special thank you to MAPFRE Insurance Group who went above and beyond to make our nurses and staff feel extra special by delivering dedicated treats, signs and snacks. It is truly remarkable to see the outpouring of support from our community.

We urge the public not to delay seeking care out of fear that they may contract the COVID-19 virus at a healthcare facility. Extensive infection control measures have always been in place at HHS and additional measures aimed specifically at preventing the spread of COVID-19 have also been in place since early March.

Our goal right now is to assure everyone that they can safely access care for all emergency, urgent and chronic care needs, and to remind them that they should also continue to receive routine care through in-office visits and Telehealth appointments where possible.

I couldn't be more proud of the way every single member of our team - from front line clinicians to support staff - has pulled together to plan for and face the coronavirus in our community. Everyone has contributed to assure that Harrington HealthCare facilities will

We at Harrington are doing our part to help you, and we thank you for doing your part to help us. We will get through these trying times. When we do, we will never forget that it was by working together; healthcare and community, that we beat this pandemic.

By Ed Moore PRESIDENT AND CEO HARRINGTON HEALTHCARE SYSTEM

Voting by absentee ballot saves lives

To the Editor:

As the number of confirmed cases of COVID-19 rise in Charlton, we need to be mindful of ways that we can keep each other safe. One way to achieve this goal is to more fully utilize absentee ballots for voting. Absentee ballots are available and should be more widely used to vote in the June 13 municipal election. Our right to vote and participant in the democratic process is priceless and so are human lives.

Every person has a role to play in keeping each other safe. There's the smart thing and the right thing to do when it comes to our election in Charlton. It's using an absentee ballot to vote in June. If we can stay home, we can help stop the spread of COVID-19. That's the right thing to do because it saves lives.

The town has made it so convenient to vote using absentee ballots. The Town Clerk ordered 2,000 absentee ballots. All you need to do to get one is to go to the town Web site and print out the Absentee Ballot Application, fill it out, send it back and you will get your ballot in the mail. It's a one-page application. Completing it takes five minutes of your time and by doing so, you're showing compassion for our community. If you have questions, contact Eric Tully, Assistant Town Clerk, 508-248-2249 or eric.tully@townofcharlton.net.

Voting using an absentee ballot is an easy way we can show each other how much we value the lives in our community.

> DEBORAH B. NOBLE CHARLTON

your investments – you don't want to worry too much about having to sell when prices are down. However, keep in mind that, even during retirement, you'll need some growth potential in your holdings to help yourself stay ahead of inflation.

Protect yourself. Smart bicyclists always wear their helmets - they know that an unexpected bump in the road could cause a dangerous spill. And on the journey toward financial security for vourself and your family, you can also expect that some hard knocks could come your way – which is why you need the proper protection. To safeguard your family in case anything should happen to you, you must have the appropriate amount of life insurance. And to help ensure your financial independence and avoid becoming a potential burden to your grown children – you may want to consider some type of long-term care coverage, which can help cover many of the costs of a lengthy nursing home stay. You could choose a long-term care insurance policy or a "hybrid" policy, which combines long-term care protection with the death benefit of traditional life insurance. A financial advisor can recommend the option that's most suitable for your needs.

You may want to observe National Bike Month by taking a few rides yourself. But in any case, making these cycling-inspired moves can help you keep rolling along toward your financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

If there was ever a time for radical optimism, it is now

Be optimistic. Get excited. Great things are on the brink of occurring. Positive shifts in paradigms are happening. Be open and embrace the future. From the ashes of a pandemic, incredible and positive change can occur. Be open!

Our nation has always responded positively and with overwhelming optimism to any challenge. When looking back at the history of World War II, you see how lives changed overnight and fac-



tories building cars one day were turning out tanks and airplanes the next. From the tragedy of Pearl Harbor emerged the greatest and most powerful nation in history. Democracy spread like wildfire and the world has never been the same.

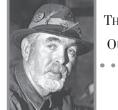
I believe that something positive and similar will happen because of this pandemic.

Look at General Motors. One day, they were turning out cars, and 40 days later they are turning out respirators. Look at the multitudes of company's and everyday people sewing masks. Americans are always up to the challenge. Americans have a history of radical optimism that inspires nations and people around the globe.

I keep hearing people ask, "Will things ever get back to normal?" And my response is "maybe there's a new and improved normal coming. Many have commented that they like having their

Turn To MOORE page A9





The Great Outdoors

> RALPH TRUE

A few days this past week sure felt as though winter was returning. Hopefully, this coming week's weather will be a lot better. Even with the cold wet and snowy & windy weather, many ground nesting birds successfully hatched their young. A couple pairs of Canadian geese managed to have their young at a local Rod & Gun club. One pair had five goslings and the other pair had four. Every day that goes by gives the young birds a better chance for survival. Snakes and turtles are there largest threat in the water, and fox, coyote, Fisher cat, hawks, and owls, and bobcats are predators that often take their toll on newly hatched goslings.

A picture of a great horned owl was observed by Don Danforth recently in his back yard, and this week's photo of the bird was captured by him a few weeks ago. This writer has a pair of Red Tail hawks flying over my property daily, and are fun to watch as they do different maneuvers in the sky directly overhead. One bird would fly extremely high and then cup his wings dropping real fast to its mate below. They sure are taking care of the squirrel population in my area. No problems at my bird feeders this year!

It will not be long before extremely large snapping turtles start to leave their watery environment to lay their eggs along many river banks, and local residents back yards. They can cause serious harm to anyone that comes to close, especially young chil-

> Garden Moments

MELINDA MYERS



dren. Someone losing a finger or two happens every year by these turtles, especially this year with a lot of people enjoying walks along trails and river banks.

A lot of people need to be reminded to leave all wildlife alone, if they encounter them on their daily walks. Young deer are often encountered by trail walkers at this time of year. They may seem alone, but the mother of the young deer is often not far off.

Some real impressive tautog were caught by local anglers like the one in last week's column of William Toner in Long Island Sound with his 10 pound tog. Sorry I forgot to identify the angler last week. I must be getting old. Nice fish!

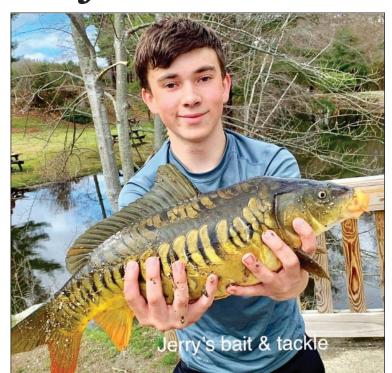
Wild turkey hunting is coming to an end on May 23, this year in Massachusetts. It was not the best of weather for turkey hunter's but many large toms were harvested. Numerous turkey hunters had already harvested there two bird's by last week, and reported encountering a lot of young birds. It was a crazy season this year, with birds scattered all over the place, but if you could walk, finding a big tom to harvest was not hard.

Watching for waterfowl season

The Massachusetts Waterfowl 2020-2021 regulations are out and can be found on the Massachusetts Fish & Wildlife Web site. Many waterfowl hunters were surprised by the new regulation allowing veterans a special two-day hunt on waterfowl. The new special veterans' waterfowl hunting days are Oct. 3 & Jan. 30, which are prior to the regular opening days for the season dates. I thought it was great. The early Canada goose season in Massachusetts starts on Sept. 8 this year.

This week's picture of Yair Tufeld with his six pound, 10 ounce brown trout from Ashland Reservoir was a real nice fish. Anglers continue to catch some real nice rainbow trout from numerous bodiess of water in the valley.

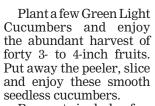
Take A Kid Fishing & Keep Them Rods Bending!







Growing on a deck or balcony is a great way to bring the garden to your backdoor. You can attract butterflies and hummingbirds into easy view and grow edibles within close reach when cooking. For some, it may be the only available space to garden. Make the most of every square foot by growing vertically. You'll not only save space but also create privacy, make harvesting vegetables easier and create a garden that's at eye level as you enjoy your outdoor space. Train pole beans, like the Seychelles, up a decorative trellis, teepee of bamboo stakes or other creative support. You'll be able to harvest these delicious five- to six-inch stringless beans without bending. Pick and enjoy a healthy treat of Snak Hero edible podded peas right on the deck. If any of these tasty peas make it into the house, you can add them to a relish tray, stir fry or freeze a few to enjoy later.



Be sure to include a few tomatoes. Apple Yellow's fruit are shaped like a Gardenii

ning varieties (all-americaselections.org) are tested nationally for their flavor, beauty, and performance in home gardens. This non-profit trialing organization names only new, non-GMO varieties

Gardening on decks

Photo Courtesy

Get maximum yield

from minimal garden space

Grow pole beans, like the Seychelles, up a trellis to get the most out of your available space and make harvesting easier.

balcony below. Elevate the pot in the saucer with



small apple, colorful and ornamental. You'll have plenty to enjoy as each plant can produce up to 1,000 tomatoes. These bright lemon-yellow tomatoes have a sweet citrusy flavor and firm exterior, making them perfect for stuffing.

Grow some flowers for added color and don't forget the herbs. You'll enjoy the evening fragrance of Perfume Deep purple nicotiana, the bold leaves and bright orange flowers of South Pacific Orange canna and the vibrant red flowers of Holi Scarlet zinnia. Mix in a few of your favorite herbs to add texture and color to the garden and flavor to your meals.

These All America Selections (AAS) winand balconies offer many advantages, but also a few challenges. Winds can be brutal, toppling over or launching tall, leafy plants into flight. Use a heavier pot to help anchor plants or tether the container to a post or railing mounted on the deck or balcony.

Drainage is critical to container gardening success but can be a problem when you inadvertently shower your neighbor below when watering your plants. Consider using a self-watering container and be careful not to overfill the water reservoir.

Another solution is to place containers on a saucer to capture excess water instead of allowing it to seep to the deck or a commercial or homemade device. You'll be able to monitor the water level to avoid overflows and keep the pot above the water to prevent root rot.

With proper plant selection and adjustments in your gardening style, get ready to enjoy a season full of tasty vegetables and gorgeous flowers.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" gardening DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contrib-

uting editor for Birds & Blooms magazine and was commissioned by AAS for her expertise to write this article. Myers' Web site is www.melindamyers.com.

MOORE

continued from page A8

groceries delivered. I embrace the idea that other than emergencies, I can visit my Doctor on my phone or laptop and not have to go into the office. I think we have all become more deliberate at keeping in touch with relatives and loved ones that live in distant places via Facetime, Zoom and other group meeting programs. Yes, some are commenting that we are becoming germophobic, but shouldn't we all wash our hands more and practice social distancing when we have a cold or flu? Being aware of the various ways to protect ourselves and others is a healthy thing.

My friend Judith Salitore wrote to me and said, "Radical optimism is having a dedication ... a commitment to always trying to find the good in every situation and not remaining on the side of defeat, hate or negativism in your life or experience." She also sent this quote from the Athenian historian, Thucydides. "The bravest are surely those who have the clearest vision of what is before them. Glory and danger alike, and notwithstanding. Go out to meet it."

My point is simple. If there was ever a time for bravery, vision, and radical optimism, it is now. Many people look only at the negatives that come from change. Sure, I can sit and point at a few obvious negatives but what good comes of complaining? Let us instead focus on the positive and embrace the good that comes from hard or difficult times.

I believe this pandemic has uncovered many weaknesses and cracks in our nation's foundation. Now exposed, we can positively fix them.

I believe turning over the manufacturing of our pharmaceuticals to China was a national security risk that has been exposed. We should expect and demand it return within our nation and control, and I believe it will. We cannot allow our basic health and wellbeing be held hostage by a foreign government.

We've learned that some of our high-tech firms are sharing information in China that puts us all at risk. This is something we the people must demand comes to an end. In the name of business, we cannot allow our companies to sell the safety of our people off for financial gain.

I believe the World Health Organization has been exposed to be either inept or corrupt.

Make no mistake. We need a global health organization of some kind but not one that is politicized and run with extreme bias and mismanagement.

Acknowledging these weaknesses, and others, is a positive, if we recognize them and act to make the positive and necessary changes. We are up to the challenge.

I'm confident in the human spirit and our ability to overcome the greatest obstacles. We will survive this pandemic, then thrive.

Be optimistic about our future. Why expect gloom and doom? Sure, we have a rough road ahead, but that road leads us to a bright future and greater times.

I'm a radical optimist. Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at www.garywmoore.com.

RE-OPENING

continued from page A1

allowing more people to be in the town hall at any given time and returning to in person meetings and interactions when necessary. The town would continue to operate under the guidance of the CDC meaning face mask use and gloves could still be utilized as necessary.

One remaining unknown however is how town elections might look in June. Even if the state reopens by the end of May the threat of COVID-19 will likely persist for some time meaning the town's election on June 13 could look a lot different in 2020. Town Clerk Karen LaCroix is currently examining options for the election and how ballots and social distancing practices will be handled. Some possibilities mentioned at the April meeting include maintaining a six-foot distance when checking in, sanitizing all voting areas between recommendvoters. ing voters bring their own pens and the use of removable plexiglass barriers between voters and workers. LaCroix said this is all a work in progress.



Garden Folkore: **Old Wive's Tales or Trusted Truisms?**

Farmers have long relied on legendary advice to guide them through a successful harvest season. Steeped in tradition and oftentimes superstition, many of these "rules" of farming continue to serve the modern gardener well. From upping the odds of successful planting to ensuring a bountiful harvest, this week's column examines the validity of some common garden folklore.

Old Wives Tale: Planting rusty nails in the garden can be beneficial.

TRUE: But not for the reason you might think. While people assume rusty nails will replace lack of iron in soil, the jury is still out on that. As experts continue to debate the subject, a Wayne State University finding reveals rusty nails had the ability to help "clean up" soil contaminates in city gardens. According to a published report from Environmental Pollution, Geologist Jeffrey L. Howard discovered soils in demolition areas of manufacturing that that were contaminated by lead and other heavy metals (from industry waste, paints, gasoline, etc.), benefited from the rusty nails (and cement) left behind. When the nails and cement broke down, the resulting iron oxide from the nails (and calcium carbonate from the cement) bound to the lead, preventing it from leaving the soil.

Old Wives Tale: It is good

luck to find a black snake in the garden. TRUE: Black snakes can

serve as valuable predators

of an array of garden pests which can result in a successful harvest.

Old Wives Tale: A fire brings a lucky harvest.

FALSE: Old beliefs from Germanic, Slav and Celtic tribes include celebrating the summer solstice with huge bonfires, which were thought to boost the energy of the sun therefore boosting productivity of plants.

Today, the tradition of harvest bonfires continue, but are typically symbolic to show gratitude for a bountiful harvest season.

Old Wives Tale: When a farmer plows up a turtle shell it indicates a bountiful harvest season.

TRUE: With box turtles depending on animal matter for 60% of its diet, the reptiles feast on such garden pests as slugs, grubs, snails, flies and more, thereby aiding in the success of crops.

Old Wives Tale: Planting a lone mum in the vegetable garden helps veggies grow lush.

TRUE: In the sense that the chrysanthemum acts as an irrigation indicator. Because the flower wilts before other plants when water is needed, it'll act as a red flag to tell you to irrigate. Cucumbers can also act as flags because they are the first to droop during a dry spell.

Old Wives Tale: Squash and Melons should never be planted near flowering plants.

TAKE THE HINT KAREN TRAINOR

TRUE: Because squash and melons rely on bees be pollinated, planting them near other floewring plants can result in competition for pollinators.

Old Wives Tale: Four O'Clocks (flowers) kill Japanese Beetles.

TRUE: While Four O'Clocks bear beautiful blooms, they can be deadly to Japanese Beetles. The foliage is poisonous to the garden pests, therefore planting the flowers around the perimeter of plants that are at risk for the pests acts as a deterrent

Note: Four O'Clocks are also poisonous to children and pets so be very careful where you plant them.

Old Wives Tale: Adding Epsom salts to the soil is good for a garden.

FALSE: While some gardeners swear an elixir of Epsom salts help their plants flourish, experts report most garden soils are not low in magnesium, so the salts are an unnecessary pollutant.

Old Wives Tale: Pepper plants should always be planted near rocks.

TRUE: Pepper plants thrive

on heat, so it can be beneficial to place large rocks next to your green pepper plants to attract the sunlight.

Old Wives Tale: Toss cooking water into the garden for lush plants.

TRUE: Cooks from days of yore never wasted anything and the water that vegetables and pasta was cooked in was no exception. It makes sense that the vitamins and minerals in the water would be beneficial to growing plants.

Farm & Garden Superstitions Farm and garden superstitions of days gone by often carried over into everyday life. Even the day one spies the first spring flower is an omen, as the following rhyme attests:

Monday means good fortune, Tuesday means greatest attempts will be successful,

Wednesday means marriage, Thursday means warning of small profits,

Friday means wealth,

Saturday means misfortune, Sunday means excellent luck for weeks."

More garden lore:

*Finding one pea in a pod is considered lucky.

*If one discovers two shoots from a single cabbage root, good luck will be bestowed.

*Looking for a little luck? Place sprigs of basil in the four corners of your house at the beginning of the planting season.

* Basil is a lucky herb. It is said to bring love and wealth to those who have Basil in the garden.

*Cursing while you plant

TRIPS

continued from page A6

Dudley Seniors present a Pigeon Forge and the Smoky Mountains Show Trip. It will be 7 days and 6 nights from Sept. 20, 2020 through Sept. 26, 2020. The price per person/ double occupancy

is \$689 and will include motorcoach transportation from Dudley, 6 nights lodging, 10 meals, admission to Titanic: the world's largest museum attraction, 2 dinner shows, 2 evening shows, one morning show, free time in downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

For more information, please call

PLACE MOTORS IS PROUD TO SPONSOR





Hi! My name is Cyreah and you can call me CJ!

Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

The Friends of the Sturbridge Seniors are happy to offer the following 2020 Trips to the General Public.

On Thursday, July 16, come with us for a Lobster Bake at Foster's Clambake in York, Me. For 99.00 enjoy a $1 \frac{1}{4}$ Boiled Lobster, Clam Chowder, Steamed Mussels, Fresh Steamed Maine Clams, Corn on the Cob, Potatoes and Onions, Blueberry Cake and a Beverage. Also available is 1/2 Barbecued Chicken in place of the Lobster. Now let us add the Ultimate Jimmy Buffett Tribute Show featuring Jimmy and the Parrots. They are the most requested Jimmy Buffett Tribute Band in the Country and they were also nominated as Band of the Year by Trop Rock Entertainer. Hear them play the favorite songs of Jimmy Buffett as well as songs by The Beach Boys, Paul Simon, Harry Belafonte, Bob Marley and many others. Included is Deluxe Motorcoach Transportation, Lunch and the Show. On Tuesday August 18 to Friday August 21st, have your Passport ready for a Spectacular 4 Day/3 Night Motor Coach Roundtrip visit to Beautiful Montreal and Quebec Canada. For 849.00 pp Double or 1159.00 pp Single Occupancy. Included are 3 Nights Hotel Lodgings, 4 Meals, touring as described in your travel Brochgure, Best of Times Travel Tour Director and all gratuities except Motorcoach Driver. gratuity are included. In Montreal take in a guided visit of Norte-Dame Basilica, the Botanical Gardens, the Biodome, enjoy time at Montreal Casino plus even more. In Quebec, visit the Basilica of Saint-Anne de Beaupre, Montgomerv Falls, guided Tour of the beautiful Citadelle featuring the Changing of the

parsley evidently ensures flourishing plants!

*It was claimed lettuce can reduce labor pains

*Both onions and chili pepper were hung up over doorways to ward off evil.

*A row of tomatoes ripening on the windowsill is said to have the power to ward off evil.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Guard, the Royal Regimemnt Museum plus some Free Time to enjoy Quebec on your own.

On Thursday August 20th, get ready for the 10th Anniversary Tour of The Texas Tenors. These 3 very Handsome, Classically Trained Men have performed over 1300 Concerts with Headliner Shows in Las Vegas, China, the United Kingdom and accumulated 3 EMMY AWARDS. The Texas Tenors will sing many of the Broadway Show Classics as well as many of your favorite Pop Songs. They were honored to be included among the Top 50 Acts in the World. This could be the Best Concert that you will see this year. We are traveling approximately 60 minutes to the Venus DeMilo in Swansea, Ma.. For 99.00 included is Deluxe Motorcoach Transportation, Plated Lunch of either Chicken Parmesan or Baked Scrod, Venus DeMilo's Famous Minnestrone Soup, Vegetables, Breads, Dessert, Coffee and Tea. Join us on Wednesday, September 2nd on our day trip to Lake Winnipesaukee for a scenic cruise out of Weirs Beach taking in the remarkable scenery of the Western end of this magnificent lake. We will also visit the spectacular Castle in The Clouds a turn-of-the-century sixteen room mansion with its breathtaking mountaintop views overlooking Lake Winnipesaukee. Enjoy a delicious full course luncheon at Harts Turkey Farm in Meredith, NH. Famous and renowned for their turkey dinners you are sure to delight in this bountiful luncheon. All for just \$129. We had 34 people travel to the Pennsylvania Dutch Country 3 Day/2Night Trip this past December and they had such a Great Time that many of them asked to go back again this September 23-25th. We will see the





Cyreah Age 15

Cyreah, also known as CJ, is a handsome and healthy fourteen year old boy with beautiful big brown eyes and a warming smile. He is of African American descent. He loves sports and excels at both basketball and football. He is an avid Patriots fan as well as Celtics fan. CJ's all- time favorite Celtics player is Kyrie Irving!

Appearance is important to CJ and he likes to dress up and look

sharp. Outgoing and energetic, CJ has a fun sense of humor and enjoys playing jokes on his peers. He is known as a leader in school and is academically in target. He is social and respectful to his friends, his teachers and foster family. CJ is very bright and does well academically. Although not sure what he wants to be when he is older CJ does want to attend college after high school.

Legally freed for adoption, CJ will need a family who will not spare encouragement and praise. He would do well in most any family constellation that could provide him with loving support and with structure. He would do best as an only child or the youngest child in a home with much older children. CJ has an older and younger sister with whom he will need to maintain contact.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc. org. The sooner you call, the sooner a waiting child will have a permanent place to call home.





To sponsor Friday's Child call Mikaela at 508-909-4126 or email Mikaela@stonebridgeoress.news

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www.StonebridgePress.com

* * * * * * *



Memorial Day Window and Patio Door Sales Event

Hurry – limited time offer!

- Renewal by Andersen is the full-service replacement window division of Andersen, the most trusted family of window and door brands in America*
 - Our window helps make homes more comfortable because its strong seals help prevent drafts and leaks, and our Fibrex[®] composite window material is 2X stronger than vinyl
 - For your safety and peace of mind, we've modified our window replacement and service operations to strictly follow all CDC guidelines
- Now offering **No-Contact** Appointments from outside your home!

Memorial Day Sales Event ENDS Sunday, May 31st





take an additional \$50 off each window and patio door¹

When you set your appointment by May 31st and purchase by June 6th. Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 18 months.



DOWN





Book a No-Contact or In-Home Appointment. -800-209-2746 * * * * * The Better Way to a Better Window

1DETAILS OF OFFER: Offer expires 6/6/2020. You must set your appointment by 5/31/2020 and purchase by 6/6/2020. Not valid with other offers or prior purchases. Get 20% off your entire purchase and 18 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio doors between 5/10/2020 and 6/6/2020. Additional \$50 off each window or patio door, minimum purchase of four (4) or more windows or patio doors required, taken after initial discount(s), when you set your appointment by 5/31/2020 and purchase by 6/6/2020. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Call for financing details. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved. *2018 U.S. Homeowner Brand Study of Andersen and Renewal by Andersen brands versus competitive brands.







SHREWSBURY - Waterfront - Flint Pond w/Direct Boating Access to Lake Quinsigamond! The Ouiet of Flint, All the Action of Ouinsig! Privacy Galore on Sargents Island - 4.27 Acres - 2,000' Waterfront! Beautiful Sunrises & Sunsets! Looking for a Getaway, Principal Residence or Second Home, Winters in Florida, Summers on the Island! Tons of Potential, Do a Little or Do a Lot! 4+ Rm, 1 Bdrm, 1.5 Bath "A" Frame with the Ability to Finish the Walk-out Lower Level, add a Family Rm, Bdrm, Bathrm! Nature Abounds, Visited by Deer, Fox, Eagles & More! In Time for Summer! \$599,900.00



OXFORD – 10 Huguenot Rd! 8 Rm Colonial! 1.36 Acres! Country Setting! Country Kitchen w/Bay Window Overlooking Back Yard, Front to Back Living/Dining Rm w/French Doors to Deck! Office! Side Entry Breezeway! 3 Bdrms Plus a Study/Craft Rm on the 2nd Floor! 1 Car Detached Garage w/Workshop! Easy Access to Shopping and Highways! **\$179,000.00**

SOLD

Recent

Closet!



DUDLEY – 38 Pine St! 5 Rm Ranch! Original Owner! Quaint Eat-in Kit! Formal Din Rm! Spacious Liv Rm w/New Picture Window! Fam Rm w/Niews to Private Back Yard! Mudrm! Huge Deck! Buderus Oil Heat! 2 Car Garage! New Septic! Vinyl Sided! Newer Windows! Solar Panels! \$239,000.00

OXFORD - 377 Main St! 9 Rm Center Hall Colonial! .59 Acre Corner Lot! Charm of Yestervear! Eat-In Froled Granite Kit w/Updated Cabinets, Frplcd Din Rm w/Built-in China Cabinet & Butler Closet! Gracious Foyer! Spacious Frplcd Liv Rm! Breezeway to a Home Office or an Unfinished Cathedral Ceiling Fam Rm or Craft Rm! Sit on the Front Porch and Enjoy Morning Coffee or Evening Tea! Huge 2-Car Garage w/Loft-Storage Area! Mature Tree Studded Yard! \$349,000.00



YT

DUDLEY - 231 Dresser Hill Rd! 8+ Rm Custom Built 3 Bdrm, 3 Bath Split Set On 2.63 Acres Professionally Landscaped w/Panoramic Views of Nichols College at a Distance! Stamped Concrete Walk Leads to the Transom Side Light Door Entry! Custom Granite Kitchen w/SS Appliances including Gas Range! Dining Area w/3 Walls of Windows for the Views! Formal Din Rm! Beautiful Frplc Liv Rm w/Cathedral Ceiling & French Doors to the New Deck with the Incredible Views! 3 Comfortable Bdrms w/Crown Moldings, Spacious Master w/Walk-in Closet & Full Bath! Finished Lower Level w/Fam Rm Offers a Potential In-law! LP Gas Heat & C/Air for Comfortable Living! 3 Car Garage! Recent Driveway! Don't Delay! \$449,900.00

SOLD

WEBSTER LAKE - 9 Pebble Beach Rd! Middle Pond - Winter Cove! Private Peninsula Protected from the

Storm - Safe Harbor! Custom 3,179' 8 Rm Contemp Ready for Your Immediate Enjoyment! Grand Entry Foyer!

Ideal Open Flr Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Flrs! Beautiful Applianced Custom

Granite Kit w/Center Isl! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Flr Laundry! Second Floor

Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level

WEBSTER LAKE – 23 Beacon Rd! Killdeer Island – Middle Pond – Southern Exposure – Full Day Sun! Level 90' Waterfront Lot w/11,011 Square Feet! Meticulously Maintained 5+ Rm, 2 Bdrm, 1.5 Bath Home WRoom to Expand! Soaring Cathedral Ceiling Family Rm wStone Fireplace Opening to the Maple Cabinet Kit & 4 Season Sunroom w Anderson Slider to the Expansive Deck! 2nd floor Lake Facing Master wMaster Bath, Huge Closets & Slider to It's Lake Facing Deck! C/Air! 2 Car Garage! Lake Living at its Best! Listed by Another – "SOLD" by Century2! Lake Realv! \$645,000.00



Turn Key Business! Equipment to be Included with Sale! High Traffic Count! Ample Parking! Easy Access to Rear for Deliver ies! Building also consists of a One and Two Bedroom Apart ment! The Owner presently uses two rooms for his office and storage which could easily be added to the One bedroom Apart ment! Building was Totally Renovated in 2010! \$599,900.00



WEBSTER - 14 Summit Street! Conveniently Located 8 Room. Bedroom Cape! Featuring Newly Remodeled Stainless Steel Applianced Granite Eat-in Kitchen w/Custom Cabinetry & Luxury Vinyl Plank Flooring! Formal Dining w/Hardwoods! Spacious Living Rm w/ Hardwoods! 2 1st Floor Bedrooms w/Hardwoods! Newly Remodeled Full Tile Bath! 2nd Floor w/2 Bedrooms w/Hardwoods, Plenty of Closet & Storage Space! Updated Second Full Bath! Recently Oil Heat Cast Iron Baseboard! Detached Garage! Corner Lot! \$279,900.00



Potential! 6 Rm Cape! Applianced Rm w/Hrdwds! 2 Comfortable Bdrms Kit! Din & Liv Rms w/Wall to Wall over Hrdwds! 3 Bdrms w/Hrdwds! Freshly Painted Throughout! Lower Flr Bdrm w/Commode Level w/Laundry & Storage, Able et! Recent Furnace! to Finish Additional Living Space! 2 Recent Roof! **\$169,900.00** Parking Spaces! **\$129,900.00**



DUDLEY- 6 Lakeside Dr! 6 Rm Cape! Move-in Ready w/3-4 Bdrms in a Great Neighborhood! 1-2 Bdrms on 1st Fir (1 could be a Dining Rm), 2 Additional drms Upstairs! 1st Floor w/Hardwoods! Interior Painted in Neutral Colors! Gas Heat on the1st, Electric Heat on 2nd! Detached Garage w/Newer Door being used as a Hobby Rm! Newer Roof! New Insulation Added! Home is Wired for a Generator! Newer White Vinyl Fenced in Level Backyard! Town Services! Take advantage of Dudley's School System and Low Taxes! Walk to the Town Beach or the Playground at the Elementary School! Won't last long \$249,900.00



Century21 Lake Realty! \$645,000.00



NEW LISTING

WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront

Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms,

6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din

Rm w/Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront

Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet!

Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$1,199,900.00

\$24,500. Each =Total \$49,000

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 28 BLACK POINT RD

NEW PRICE

ciency Boiler & Hot Water Tank! Central Air \$409,000

2019 CUSTOM BUILT WEBSTER LAKE (WATERFRONT ACCESSIBLE) CONTEMPORARY CAPE! Sunrise (E) & Sunset (W) Exposure! 2,600+- SF, 11 Rms, 3 BRS, Loft, & 2 Full Baths. Open FIr Plan, Cathedral Ceilings, Stone-faced Fireplace, Upscale Gourmet Kitchen w/Huge Island, Sunny Breakfast Nook w/Built Ins, Formal Dining, Office, Laundry Rm, Mudroom & Coat Closet, 2 Main Level BRs & Full Bath. 2nd Flr Private Master BR Suite w/Private Bath & Walk-in Closet! Central Air! Cavernous 1.500 SF+ Unfinished LL plumbed for a Bath, Oversized 2-3 Car Att'd Garage! Corner Lot, 12,599 SF (.29 Acre), of Land plus BOAT DOCK. \$674.000.

WEBSTER LAKE - 32 JACKSON RD

assisted sale \$499,900.



DEVELOPMENT POTENTIAL! EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio,18x26 det'd garage & 8x8 storage shed. Park like grounds!

\$375,000





LEICESTER SENIOR CENTER.

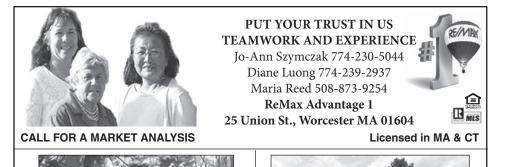
at bestoftimes2020@aol.com

For trip information and reservations, please call Joan Wall at (508) 892-3967.

Thursday, May 14: Twin River Casino & Wright's Chicken Farm. \$10 slot cash and \$7 food credit at the Casino. Then we depart for Wright's Farm for a family style dinner. Cost is \$64. We leave at 9 a.m.

Wednesday, June 17: The Glouchester obster Cruise with lobster clam bake





which incorporates Live Animals, Secial Effects and Jaw Opening Stage Sets. Ask anyone who has seen a Show at the Millenium Sight and Sound Theater and they will tell you this is a Must See. in your lifetime. Now let's add a 2nd Show called "Saturday Nigh Fever" at the Dutch Apple Dinner Theatre, a Backcountry Tour of the Dutch County Farmlands, enjoy your luck at the Sands Casino and more. Prices are 499.00 pp Double and 599.00 Single Occupancy and include 2 Nights Lodging, 4 Meals, Tickets to the 2 Shows,

and Touring as Descri



Dudley: Contractors & Investors.2-3 bedrooms, Garage, Cul-de-sac, Not eligible for VA, FHA, Financing Showings by appointment. Call Jo-Ann 508.943.766 9 or 774.230.5044 11 Paglione Dr. - \$129,900

AVAILABLE FOR DEVELOPMENT BUILDERS CALL FOR DETAILS

Dudley: 18 lot Subdivision for Single family homes. water & sewer available. **Dudley:** 22 units subdivision for 55+ Community water & Sewers

available/



Dudley: House & Land Opportunity. 4.1 Acres, 2 bedroom expandable Bungalow, Updated electrical service, roof, window, 2-3 potential lot in a great location with water & sewer available. 71 Mason Rd - \$319,000



Director Gratutites. Last years Trip sold out early so don't get left behind

Have you ever thought about visiting Nashville? Come along on a 4 Day/3 Night Trip December 4th -7th. Included are Roundtrip transportation to Logan Airport, Roundtrip Airfare to Nashville, 3 Nights of Premium Lodging, 7 Meals including a Sunday Brunch, An Exclusive Dinner Show featuring the Oak Ridge Boys, Ticket and Show at the Grand Ole Opry, plus a Tour of the Grand Ole Opry, Admission to Country Music Hall of Fame, a River Cruise aboard the General Jackson Showboat, Tickets for a Holiday Show at the Oprv House. Admission to ICE at Gaylord Opryland, a visit to Historic Studio B and a Guilded Tour Of Nashville. WOW!! Prices are 1949 pp Double and 2349 pp Single Occupancy which includes Tour Guides and Bus

and chicken buffet. On the way home, we stop at Kimball's Farm for their famous ice cream. We leave at 9 a.m. Cost is \$109.

Thursday, July 16: The Lakes Region Summer Music Theatre's "The King and I" and Hart's Turkey Farm luncheon. We leave at 9 a.m. Cost is \$99.

Wednesday, Aug. 12: Casblanca By the Sea in Portland, Maine. Lunch at the Bull & Claw, then a cruise in Portland Harbor. Viewing war forts, seals, lighthouses. We leave at 8:30 a.m. The cost is \$99.

Sept. 1-3: Trip to Bar Harbor, Maine. Many sights to see. Cost is in the low \$400's. More information coming.

Wednesday, Oct. 14: New Hampshire Turkey Train. Scenic foliage train traveling around beautiful Lake Winnipesaukee. Hart's Turkey Farm Turn To TRIPS page A14

LEGALS

SECTION 00100

ADVERTISEMENT FOR BIDS STAFFORD STREET CULVERT **REPLACEMENT PROJECT**

Town of Charlton, Massachusetts Sealed bids for the Stafford Street Culvert Replacement Project, for the Town of Charlton, Massachusetts, will be received at the Selectmen's Office for the Charlton Board of Selectmen, 37 Main Street, Charlton, MA 01507 until 2:00 PM on Wednesday June 3, **2020** at which place and time said bids will be publicly opened and read aloud. The work includes construction replacement of an existing corrugated steel culvert with a new 96 inch corrugated aluminized steel culvert. The culvert pipe is being provided by the Town. The work shall include all incidental work including, but not necessarily limited to: traffic management and temporary signage, pavement cutting and excavation, temporary stream diversion, demolition of existing culvert, tree removal, new gravel roadway base and hot mix asphalt paving, etc. Each bid shall be accompanied by a bid security in the form of a certified, treasurer's check, bid bond or cash in the amount of 5 percent of the value of the bid. All bidders must be MassDOT Prequalified for Bridge Construction and Highway Construction in Massachusetts.

A pre-bid meeting will be held at 10:00 AM on Wednesday, May 20, 2020 at the Selectmen's Office for the Charlton Board of Selectman, 37 Main Street, Charlton, MA 01507. All prospective bidders are encouraged to attend.

Drawings and other Contract Documents may be examined at the following:

Town of Charlton, Town Hall, Selectmen's Office, 37 Main Street, Charlton, MA

The Contract Documents may be obtained at Town of Charlton Town Hall, located at 37 Main Street, Charlton, MA 01507, from 8 a.m. to 3:30 p.m., Monday through Thursday upon payment of \$50.00 for each hard copy set, for the cost of copying. Electronic versions of the Contract Documents including Drawings will be available at no charge from the Town of Charlton Selectmen's Office. There will be no refunded payment for Bid Documents.

Contract Documents and plans will be

mailed to prospective bidders upon request and receipt of prepayment of associated mailing costs. This amount is not refundable.

Both checks shall be made payable to Town of Charlton.

The successful bidder shall furnish a performance bond and a payment bond in an amount at least equal to one hundred percent (100%) of the contract price as stipulated in Section 00700.

The Owner reserves the right to waive any informalities or reject any or all bids. A bid which includes, for any item, a unit cost that is abnormally low or high may be rejected as unbalanced.

The right is also reserved to accept any bid deemed to be best for the interest of the Town of Charlton. The contract completion time for the project shall be 145 calendar days from the effective date of the Notice of Award.

No bidder may withdraw his/her Bid for a period of thirty days, excluding Saturdays, Sundays and legal holidays following effective date of Notice to Proceed.

Complete instructions for filing Bids are

included in the Instruction to Bidders. Minimum Wage Rates as determined by the Massachusetts Executive Office of Labor and Workforce Development (EOLWD) under the provisions of the Massachusetts General Laws Chapter 149, Section 26 to 27D, as amended, apply to this project. It is the responsibility of the Bidder, before bid opening, to request if necessary, any additional information on Minimum Wage Rates for those trades people who may be employed for the proposed work under this contract.

The bidding and award of the contract shall be in full compliance with Sections 39M inclusive of Chapter 30 of the General Laws of the Commonwealth of Massachusetts as last revised. TOWN OF CHARLTON, MASSACHUSETTS BY ITS BOARD OF SELECTMEN McClure Engineering, Inc. Charlton, Massachusetts May 8, 2020 May 15, 2020



Seasonal

department.



This is a part time position and offers no benefits. High school diploma or general education degree (GED); some related experience and/or training preferred. Familiarity with operating and maintaining small motorized equipment and general building and grounds maintenance practices. Valid Massachusetts Driver's License required. Must be a minimum of 18 yrs. old. Submit application letter, resume and standard town application form to Town Administrator, 157 Main Street, Spencer, MA 01562; or visit www.spencerma.gov. Open until filled. Review begins immediately. Subject to funding. EEO Employer.

Interviews will be conducted when possible due to current health concerns

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320-7230

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2008 TRAILER FOR SALE load rite 2 place ATV Trailer. New tires. Asking \$1,000 or best offer. CONTACT 508-248-3707 and leave a message.

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contact us for complete details about this insurance solicitation. This specific define valiable in CO, NY; call +888/979-4433 or respond for similar offer. Certificate C25 10: C2500; PA: C2500); Insurance Policy PIS0 (GA: PISOGA; NY; PISONY; OK: PISO IV; PISOTNN; Rider kinds M32/P439. 6154-0120





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Information as of April 2020 by: Earl J. Wilkinson Executive Director and CEO International News Media Association

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*Terms & Conditions Apply

TRIPS

continued from page A13

brings a full turkey luncheon on board. Then more sightseeing and foliage viewing. We leave at 9 a.m. Cost is \$89.

Thursday, Nov. 11: Newport Playhouse & Cabaret Restaurant pres-Newport ents "Ghost of a Chance," a buffet full with everything. The play, then back to your seats for the Cabaret. Two shoes for the price of one. We leave at 9 a.m. The cost is \$99.

Saturday, Dec. 12: The fabulous Reagle Players Christmas Spectacular and Dinner at the Chateau Restaurant. The entertainment is wonderful. The food is great! We leave at 10 a.m. The cost is \$119.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

*USA: Wonders of Northern California Redwoods, Oregon & Washington: August 3-15, 2020

*Spain & Portugal: Sept.9-23, 2020 *Galapagos Islands: Jan 4-13, 2021 *Galapagos with extension to Peru (Machu Picchu): Jan 4-19, 2021

*Botswana, Zimbabwe and Victoria Falls: May 5-16, 2021

*Alaska (land and cruise): early August, 2021

PAXTON SENIORS

Bob Wilby, 508-792-4662 or rwilby@ charter.net

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

GENERAC

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS TRIP SCHEDULE FOR 2020

May 19, 2020 - Tuesday - Foxwoods \$30 - 8 - AM bus.

This one is for the bingo players and all others that want to go. You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 2 PM.

You will receive \$10 for gaming and a buffet meal voucher.

September 15, 2020 - Tuesday -Mohegan Sun \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

October 13th - 20th 2020 – ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip. This is an all-inclusive trip – all flights, transfers, meals plus snacks, nightly entertainment, and alcohol included.

November 12, 2020 - Thursday -Foxwoods \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher. PAYMENTS DUE AT SIGN UP

Trips are open to the public!

Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

OBITUARIES

Paul F. Thibodeau, 58

CHARLTON -Paul F. Thibodeau, 58, of J. Davis Road died peacefully in his home on Sunday, May 3, 2020. He is



survived by his wife of 27 years, Ellen R. (Wall) Thibodeau of Charlton; his two brothers, Edgar "Jay" Thibodeau of Belmar, NJ, and Michael Thibodeau and G. his wife Barbara of Pittsgrove, NJ; and sister, Louise his



A. Salatino and her husband Michael of Wilton, CT. Paul is also survived by his sister-in-law Ginny Innella and her hus-

band Al of Levittown,

brother-in-NY. law Larry Wall and his wife Julie of Houston, TX, loving aunts, many nieces, nephews, and cousins. His beloved dog Jake and cat Killer III were his daily companions. He was predeceased by his parents, Edgar "Ed" J. Thibodeau and Mary Louise (Graf) Thibodeau; his nephew Michael G. Thibodeau, Jr.; his paternal grandmother, Olive "Big Nana" Dumontier; and beloved aunt, uncles, and grandparents.

Paul was born on September 21, 1961 in Perth Amboy, NJ, and graduated from Marlboro High School in 1980. He was an accomplished member of the varsity wrestling team from 9th through 12th grades. Paul enlisted in the United States Air Force and was proud and honored to have served from 1984 to 1989. His many achievements included receipt of the Air Force Achievement Medal for meritorious service during his tour at the Royal Air Force Chicksands in England in 1986 and his promotion to sergeant in 1987. He returned to NJ in July 1989 before moving to Massachusetts in 1990. From 1989 to 2004, Paul worked as an environmental technician and manager for Handex of New England, previously for Handex of New Jersey. Since 2004, Paul worked periodically as a technician-consultant. For a handful of years, he made and sold gourmet chocolates. The family would eagerly await his dessert tray at holiday gatherings.

Most years of his life, Paul spent time at a family camp on Lake Umbagog in Maine where he enjoyed fishing, boating through coves, walks in the woods, watching wildlife, and quality time with his family. His nieces and nephews begged for his time at the camp to venture trails on the ATV and cruise the lake in his boat. Paul's travels included visiting castles in England, and exploring Munich, Amsterdam, and the Seattle, WA area while in the service. Travels with his wife, Ellen, included trips to Newfoundland and Hawaii. Paul was an avid sports fan, especially football, and he enjoyed riding his ATV at home with his dog running alongside. He was a member of St. Joseph Church in Charlton and was a supporter of the Helping Hands Society and supported several children over the years through a Christian charitable organization. His vibrant personality and compassionate nature sparked laughter and evoked an ease in those he met, and his friends were many. He grounded himself in faith and nature, virtues he taught his nieces and nephews. Paul held his faith, his family, and helping others above all else.

Due to gathering restrictions in Massachusetts, a private funeral Mass will be held at St. Joseph's Church in Charlton and burial will be on a later date at St. Anne's Cemetery in Berlin, NH. A drive-by calling hour will be held on Tuesday, May 12, 2020, from 10:15-11:00 a.m. at St. Joseph's Church, 10 H. Putnam Rd. Ext., Charlton, under the portico entrance, with those wishing to attend staying in their vehicles. The funeral Mass on Friday at 11 a.m. will be livestreamed with his obituary on the funeral home website. In lieu of flowers, memorial contributions may be made to St. Joseph's Church, P.O. Box 338, Charlton City, MA 01508. Paradis-Givner Funeral Home in Oxford is directing the arrangements.

paradisfuneralhome.com

Joseph A. McDonald, 88

OXFORD – Joseph A. McDonald, 88, passed away peacefully on Saturday May 2, 2020 at the Webster Manor.

Joseph is survived by his wife of over sixty years Doris B. (Beaudeutte) McDonald; two sons: Mark A McDonald of Charlton and Joseph A. McDonald Jr. of Oxford; three daughters: Susan Vincent of Oxford, Andrea

Cutting of Douglas, and Sandra Henson of Oxford; two brothers: Cleo McDonald of Shrewsbury and Roger McDonald of Worcester; his sister Rita Isham of Hampton; ten grandchildren; three great-grandchildren.

Joseph was born in Northbridge, MA on March 9, 1932, son of the late Cleo and Pauline (Joly) McDonald; he lived in Oxford for most of his life. Joseph served honorably in the United States Air Force during the Korean War and served as a reserve police officer in the town of Oxford for many years prior to his retirement: he was a longtime and active member of the Knights of Columbus 4241.

A Memorial Mass will be scheduled and announced at a later date to be held at St. Roch's Catholic Church, 332 Main Street Oxford, MA.

In lieu of flowers, kindly consider making a memorial contribution to the Knights of Columbus 4241, P.O. Box 427 Oxford, MA 01540.

Funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.

A guest book is available at www. shaw-majercik.com where you may offer condolences or light a candle in remembrance of Joseph.

Linda Lundgren, 68

CHARLTON,/ DUNNELLON, FL-Linda (Morin) Lundgren, 68, passed away peacefully on Friday May 8, 2020 while at the Rose Monahan Hospice Home in Worcester.

> Linda is survived by her daughter Jennifer Toledo of Charlton; her brother Daniel Morin of Millbury; her grandson Michael Toledo of Charlton; great-grandson her Arthur Toledo of Charlton; her best

friend Charles Andrews of Shrewsbury; longtime caretaker Nancy her Heatherington of Florida; she also leaves many relatives and dear friends.

Linda was born in Worcester, MA on October 25, 1951, daughter of Arthur R. and Joanne H. (St.Laurent) Morin; she graduated from St. Peter's Catholic High School and received her associate's degree from WPI. Linda was a

manager in the automotive industry for many years; she was also a master seamstress who always astonished us with her amazing creations. Linda was a loving mother and grandmother who greatly enjoyed spending time with her beautiful family; she was also a fond lover of animals. Linda will be deeply missed by all who were blessed to know her.

In lieu of flowers, please consider making a memorial contribution to the Worcester Animal Rescue League. 139 Holden Street Worcester, MA 01606 in honor of Linda.

A private gathering will be held at a later date to celebrate Linda's Life.

Private funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.

A guest book is available at www. shaw-majercik.com where you may offer condolences or light a candle in remembrance of Linda.

ment, breakfast, tour of Hildene, choco-

Please call Sue at 508-476-5820 for

more information or to be put on the

TRIPS

continued from page A14

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any

Sept. 16 -18 - The Hamptons w/ Conway. Three day trip w/4 meals, guided tour of the "Rich and Famous," winery, ferry crossing, Old Westbury Estate & Gardens, Montauk Point Lighthouse, Sag harbor, etc. - \$579. Mt. Railroad w/Fox Tours -- \$101. Nov. 19 Newport Playhouse Tours w/Fox \$101. Dec. 7 & 8 -- Equinox Resort and Hildene, VT w/Conway Tours. Two day trip with elegant dinner & piano entertain-



late tasting, etc. \$379.

emailing list.



amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2020

Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center is offering the following bus trips for 2020.

June 1 - Plymouth cruise on Pilgrim Belle with sightseeing tour and lunch at Hearth and Kettle - Fox Tours - \$91 June 26 - July 3 -- Atlantic Canada w/Conway Tours -- International Tattoo, ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island, St. John, New Brunswick - 3 seats left - \$1899. Aug. 30 - 31 - Saratoga Racetrack w/Conway Tours - enjoy a race at Saratoga, a tour of the town, a tour of Haven Oaks Horse Farm, and drive up Prospect Mountain - \$329.



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MONTHS

MONTHS

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