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Free by request to residents of Webster, Dudley and the Oxfords

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Friday, October 25, 2019

Community cuts the ribbon on new Fire Department



Jason Bleau Photo

Chief Dean Kochanowski and his fellow firefighters cut the ceremonial ribbon to welcome guests to the rebuilt Dudley Fire Department.

BY JASON BLEAU
CORRESPONDENT

DUDLEY – After years of hard work, public campaigns, several ballot votes and more than a year of construction the town of Dudley finally has a newly upgraded and fully operations fire station.

The Dudley Fire Department held a special ribbon cutting ceremony on Saturday, Oct. 19 to commemorate the officially reopening of the building bringing to a close the \$6.75 million rebuild and expansion project to

the 60-year-old facility. Ground was broken for the project in July of 2018 leading the West Main Street facility to expand from a two-level 5,995-square-foot aging building to a state of the art 18,500 square-foot facility including eight new vehicle bays, a new kitchen, larger meeting space and new quarters for fire personnel.

Chief Dean Kochanowski kicked off the ribbon cutting ceremony thanking the many boards and individuals involved in the project which was first conceptualized

Please Read **RIBBON**, page **A19**

Vehicle purchases, water projects top town meeting warrant

BY JASON BLEAU
CORRESPONDENT

DUDLEY – Thirty-three articles are set to be discussed at the town of Dudley’s annual fall town meeting on Monday, Oct. 28, ranging from budgetary items to vehicle and equipment purchases, town hall upgrades, a solar project PILOT agreement, bylaws amendments and other matters.

Among the financial items and proposed purchases are a new police cruised, a street sweeper, a waste oil heater for the highway department, replacement of guardrails on Charlton Road, and firefighter gear. Voters will also be asked to decide on funding for upgrades to network equipment in the town hall as well as transferring money to help pay off the roof replacement and HVAC project conducted at the town hall over the last year. A similar request will be made concerning the LED streetlight conversion project as well. Several other house-keeping financial items cap off the first seventeen articles on

the agenda.

The Water and Sewer Departments have numerous articles on the warrant, the first of which will address the status of property on Packard Drive as it relates to the town and the recorded deeds. Another article will seek money to purchase radio readers and bases and a third article will seek money for Phase III of the Massachusetts Department of Environmental Protection mandated Inflow and Infiltration Study and related work. Finally, a fourth Water Department article will seek funds for the design, construction and related services of numerous water projects including the replacement of the well at Pump Station No. 3 as well as testing, permitting and drilling of a new wellfield at the Main Pumping Station among other initiatives.

The Board of Selectmen is sponsoring several articles to be addressed later on the warrant made up of mostly house-keeping financial items and unpaid bills. However, one of

Please Read **MEETING**, page **A7**

“When you’re working with plants, less is more”

BACHAND TALKS HEALING HERBS AT LIBRARY

BY GUS STEEVES
CORRESPONDENT

WEBSTER — Healing literally grows wild all around us. But it takes many forms, and requires some caution to use safely.

That’s a very brief summary of what Del Bachand has learned over several decades of

being a herbalist and student of Native American healing methods. Underlying all that work is a commitment to keeping it local whenever possible.

“The properties change whenever you take a plant [from elsewhere] and plant it here because the soil is different,” she said. “... You’re better off

using something from where you live because it works better with your body.”

Over the course of two hours, Bachand showcased nearly three dozen plants, most of them native but a few brought in from Europe many years ago. The vast majority of them grow wild or semi-wild almost every-

where in our region, and are quite likely to be in your backyard if you let it go natural.

Some have numerous uses, while others are pretty specific. Some are generally safe, some have toxic look-alikes, and others come with some serious warnings regarding use, either



Gus Steeves Photo

Del Bachand holds up several leaves of dried comfrey.

Please Read **BACHAND**, page **A7**



Courtesy Photo

The St. Joseph School National Junior Honor Society - Front Row (L to R) Wiktorja potem, Jacob Sirard, Dale Boudreau, Tessa McCabe: Back Row (L to R) NJHS Adviser, Karen Lefebvre, Maya Podskarbi, Adrian Sobczak, Rev. Grzegorz Chodkowski, Katrina Piekiniak, and Principal Michael Hackenson.

St. Joseph students join National Junior Honor Society

WEBSTER — St. Joseph School is proud to announce that the following students have been inducted into the Eagles Chapter of the National Junior Honor Society (NJHS):

Grade 7 – Dale Boudreau and Maya Podskarbi; Grade 8 – Katrina Piekiniak, Jacob Sirard and Adrian Sobczak.

Current members include eighth grade students Tessa McCabe and Wiktorja Potem.

The NJHS at St. Joseph School is an

organization that promotes recognition for its students who reflect outstanding accomplishments in the areas of scholarship, leadership, character, service, and citizenship.

St. Joseph School students are eligible for an invitation to the National Junior Honor Society at the end of their sixth or seventh grade academic year. Cumulative Grade Point Averages (GPA) are calculated based on every completed quarter of middle school.

Please Read **HONOR SOCIETY**, page **A10**

Are you ready for a **JOB CHANGE?**
Looking for **NEW JOB?**
Check out your local source of job and career opportunities.
See **Section B** of your newspaper
and find out who’s hiring in your area.

Think Pink

Join these local businesses in supporting breast cancer awareness this October!

Breast cancer signs and symptoms

Breast cancer is a formidable foe. According to the World Health Organization, an estimated 627,000 women lost their lives to breast cancer in 2018. But women are not helpless in the fight against breast cancer, as the WHO notes early detection is critical and could potentially save thousands of lives each year.

A proactive approach is a key component of protecting oneself against breast cancer. While the National Breast Cancer Foundation, Inc.® notes that many breast cancer symptoms are invisible and not noticeable with-

out a professional cancer screening, women can keep an eye out for certain signs of breast cancer they might be able to detect on their own. Monthly self-exams can help women more easily identify changes in their breasts. During such self-exams, women can look for the following signs and symptoms and are advised to report any abnormalities they discover to their physicians immediately.

- Changes in how the breast or nipple feels: The NBCF says nipple tenderness or a lump or thickening in or near the breast or underarm

could indicate the presence of breast cancer. Some women may notice changes in the skin texture or an enlargement of the pores in the skin of their breast. In many instances, skin texture has been described as being similar to the texture of an orange peel. Lumps in the breast also may indicate breast cancer, though not all lumps are cancerous.

- Change in appearance of the breast or nipple: Unexplained changes in the size or shape of the breast; dimpling anywhere on the breast; unexplained swelling or shrinking of the breast,



particularly when the shrinking or swelling is exclusive to one side only; and a nipple that is turned slightly inward or inverted are some signs and symptoms of breast cancer that can affect the appearance of the breast or nipple. It is common for women's breasts to be asymmetrical, but sudden asymmetry should be brought to the attention

of a physician.

- Discharge from the nipple: The NBCF notes that any discharge from the nipple, but particularly a clear or bloody discharge, could be a sign of breast cancer. The NBCF also advises women that a milky discharge when they are not breastfeeding is not linked to breast cancer but should be discussed with a physician.

Learning to recognize the signs and symptoms of breast cancer can increase the likelihood of early diagnosis, which greatly improves women's chances of surviving this disease.

Educating young women about breast cancer


At the age of 12 to 15, many young women are experiencing the body and life changes that accompany adolescence. It can be difficult to imagine that breasts that are just beginning to develop may contain cancer. But such is the reality for some girls.

The majority of women who receive a breast cancer diagnosis are over the age of 40. Experts at Monroe Carell Jr. Hospital at Vanderbilt University note that only 5 percent of breast cancer cases are found in women under the age of 40. However, the hospital recently treated a 14-year-old girl who found a lump and learned she had a rare form of breast cancer called a phyllodes tumor. In 2009, a 13-year-old from Little Rock, Ark. found a quarter-sized lump in her right breast, while a 19-year-old student at the College of New Jersey was diagnosed with cancerous cells and underwent a bilateral mastectomy.

Though such cases are rare, it behooves teenage and adolescent girls to familiarize themselves with the disease and be mindful of their breast health.

Some organizations have increased breast cancer messages for young girls, and it is not uncommon to find young women participating in runs and fundraisers for breast cancer research. Some organizations even conduct breast cancer workshops to educate young women about breast health. Dorothy Paterson of Texas, a former Girl Scout leader who was diagnosed with breast cancer herself, began conducting workshops for Girl Scouts in 2007. The idea isn't to scare girls into believing they have the disease, but rather to increase their awareness of changes in their bodies that may or may not be normal.

Some parents worry that educating children about breast cancer may cause them to worry unnecessarily, especially considering a young girl's risk of developing breast cancer is so minimal. Just as with older women, adolescents and teens should realize that eating healthy foods, exercising, avoiding alcohol and tobacco, and maintaining annual physical exams with a doctor are key ways to reduce the risk for cancer.



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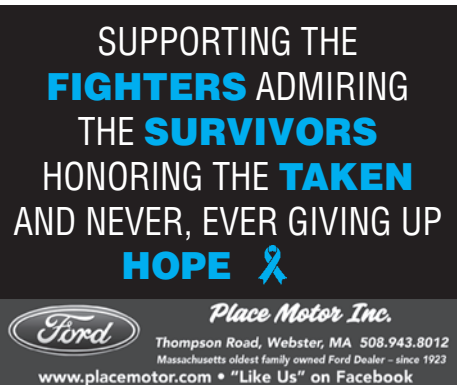
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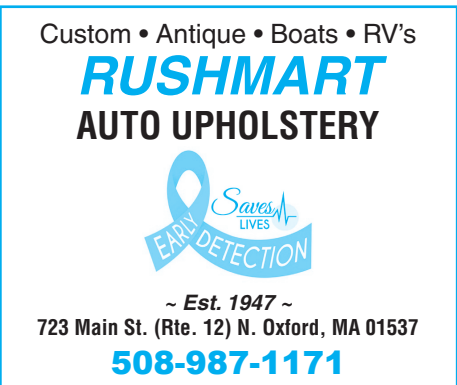


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Webster Five donates \$25,000 to YWCA



Courtesy Photo
Left to right: Monica Thomas-Bonnick, Webster Five Foundation Executive Director, Linda Cavaoli, YWCA Executive Director, and Donald Doyle, President and CEO, Webster Five.

RCESTER — The Webster Five Foundation has announced that as part of the Web of Caring to Make a Difference program, it will donate \$25,000 payable over three years to YWCA Central Massachusetts. The donation will help to enable the YWCA to provide services more effectively and expand their capacity in their planned

renovations of their Salem Square facility in Worcester.
The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all. Through a variety of programs and services, the YWCA works to reduce disparity and inequality in

health, education, income, and power, especially for women and people of color, and to empower them to achieve lasting independence and economic self-sufficiency. Their programs include domestic violence services, child care services, women’s economic empowerment, and wellness and health equity.
Donald F. Doyle, President and Chief Executive Officer of Webster Five, stated, “We are pleased to support the YWCA mission to provide valuable services and programs for women and their families living in the central Massachusetts area in their improved space.”

Linda Cavaoli, YWCA Central Massachusetts Executive Director, said, “We are grateful for Webster Five’s generosity and their commitment to helping us meet the expanding needs of our community in a more modern and welcoming facility.”
About Webster Five
Webster Five is a full-service, \$880 million community bank with a history of financial strength. The main office is in Webster, with branch offices in Auburn, Dudley, Oxford, Shrewsbury, Webster and Worcester. The bank is committed to creating a sense of community such that people feel supported in what they need by people who truly care about their best interest. Through the Web of Caring to Make a Difference program, the bank has provided millions of dollars in charitable contributions to local nonprofit organizations and programs.

bankHometown completes merger with Millbury Savings Bank

OXFORD — Matthew S. Sosik, CEO of Hometown Financial Group, announced this week that Oxford-based bankHometown has completed its merger with Millbury Savings Bank. Robert J. Morton, President and CEO of Millbury Savings Bank, has been appointed President and CEO of bankHometown.
“We are excited to welcome Rob and the Millbury Savings Bank employees and customers to the bankHometown family,” Sosik said.
bankHometown now has \$1 billion in assets and 15 branches located throughout central Massachusetts and north-eastern Connecticut. The Bank plans to open a new branch on Grove Street in

Worcester in early 2020. Sosik, former President and CEO of bankHometown, will continue as CEO of Hometown Financial Group and President and CEO of bankESB. Both are headquartered in Easthampton.
“I look forward to getting to know the bankHometown customers and communities in the months ahead,” Morton said. “I am passionate about fulfilling the promise of true local, community banking, providing top-notch customer service, reinvesting deposits in loans that support local economic growth and job creation, and giving back generously to communities we serve through charitable donations and volunteerism.”

The merger with Millbury Savings Bank marks the third transaction closed in 2019 for Hometown Financial Group. On Jan. 31, the company closed on its acquisition of Pilgrim Bancshares, Inc. This was followed by the merger of Abington Bank and Pilgrim Bank on May 17. The closing of that transaction resulted in the formation of a \$600 million bank with six branches operating in eastern Massachusetts.

Dudley Woman’s Club announces November meeting

DUDLEY — On Nov. 14, the Dudley Woman’s Club will hold its monthly meeting at 6:30 p.m. in the Senior Center at The Dudley Municipal Complex, West Main Street, Dudley. Author Karyn Finneran will discuss her book “Just a Soldier,” the story of a German POW during World War II. Also, Lesa Patrock will present the Dudley Middle School program: Adopt a Child for the Holidays! Our voluntary giving project asks us to bring wrapping paper and tape for the Dudley Middle School’s Adopt a Child for the Holidays program.

In addition, please also consider bringingsupplies for our DWC’s Veterans Holiday Baskets. Watch for our newsletter or check our website for details on items that are needed. The Dudley Woman’s Club is open to all women from Dudley and surrounding towns, and we welcome your attendance. Join us for this fun and lively evening, be our guest and discover what our Woman’s Club is all about. For more information please send an email to DudleyWomansClub@gmail.com, contact Andrea at 508-868-7110 or visit our Web site, http://DudleyWomansClub.org.

WEBSTER TIMES
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The Doucette Children
Mikey and Kelsey Doucette still celebrate their Birthdays with a Cookout Party at Grandma Suzy’s house. They are the children of the late Joey Doucette who passed away on his Yamaha 4 Wheeler Sept. 20th 2005 on Lower Gore Rd. Mikey celebrated his 17th birthday and his sister Kelsey celebrated her 14th birthday.
Mikey is the son of Caryn Raymond of Charlton. Kelsey is the daughter of Meaghon Estelle of Webster.
We’ll always love you Daddy, you’re the light to our lives!
XOXO

14th Year Anniversary
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Passed away on his 4 wheeler
A Life Fully Lived Shines On & On & On
To My Son Mikey & Daughter Kelsey Whispers from Heaven
When I left this world without you I know it made you blue your tears fell so freely I watched: I know this is true while you were weeping. Days after I passed away – while all was silent within me I saw you kneel to pray. From this wonderful place called Heaven where all my pain is gone, I send a gentle breeze to whisper “My loved ones, please go on” The peace that I have found here goes far beyond compare No pain. No clouds. No suffering – Just Love from everywhere. You need not be troubled just stay close to God in prayer Someday we’ll be reunited, til then as you grow my love, His love surrounds you always EVERYWHERE! Love you both, Always Daddy

Dudley to switch to new voting machines

BY JASON BLEAU
CORRESPONDENT

DUDLEY – The town of Dudley will be using new voting machines in the upcoming 2020 presidential primary elections and beyond, as the Board of Selectmen has voted to retire the previous machines in favor of updated technology.

Selectmen were approached about the transition by Town Clerk Lori Smith on Oct. 7 where she explained that a bid was already in hand for the new

machines from an undisclosed vendor. The amount being spent was also not disclosed at the meeting although it was explained that the money has long been budgeted in the clerk’s budget with the anticipation of the transition.

“This is a process that (former Town Clerk Ora Finn) has started a couple of years ago. She did the research and we have received an updated bid which they kept the same prices when they had originally done it two years ago so that was pretty decent of them,” Smith told selectmen. “I have witnessed these

machines being used. I went to the Sturbridge election in June and witnessed them

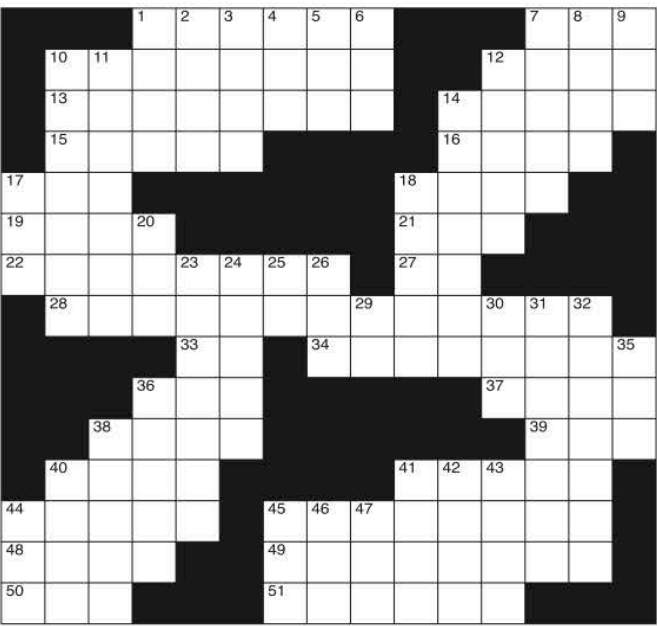
firsthand. They run efficiently. They’re a tiny bit slower going through but it’s more accurate and it’s easier for the workers because it will show why a ballot got kicked out if it does get kicked out.”

Dudley had been using the Accuvote Optical Scanner until selectmen approved the new machines earlier this month. The old machines will be sent out to the vendor who is buying the machines for \$2,000 to be used for spare parts. The town will now move to the ImageCast Precinct Optical ICP Tabulator for upcoming elections.

“Our other machine was pretty old – They’re phasing those out. These are the new machines they are going to. I don’t believe you can even purchase

the old machines anymore. They’re just using them for parts. I for one would feel more confident having an election knowing that the machines were not going to break down in the middle of the election. Not that they were to that point, but we might as well get some money for them while we can,” Smith said.

The Town Clerk did respond to selectmen inquiries about the security of the machines especially concerning private voter information. Smith assured selectmen and voters that the machines are secure and are currently in use by over 180 towns and in numerous countries.

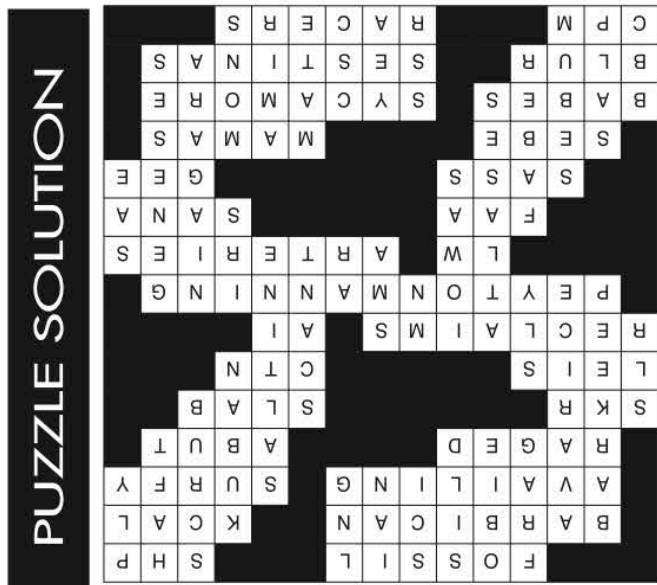


CLUES ACROSS

1. Type of relic
7. Type of medical program (abbr.)
10. Outer defense of a castle
12. 1,000 calories (abbr.)
13. A way of using
14. Abounding with surf
15. Expressed violently
16. Shared a boundary with
17. Swedish krona
18. Thick piece of something
19. Wreaths
21. Animated program network (abbr.)
22. Regains possession of
27. Spielberg sci-fi film
28. 2-time Super Bowl winner
33. Ice hockey position (abbr.)
34. Circulatory system parts
36. Supervises flying
37. District in Peru
38. Impudence
39. __ willikers!
40. One point east of southeast
41. Papas’ partners
44. Youngsters
45. Type of tree
48. A hazy or indistinct appearance
49. Poems with distinct pattern
50. Marketing term that denotes price
51. Fast drivers

CLUES DOWN

1. Grenade
2. Off-Broadway theater award
3. Small, immature herring
4. __-fi (slang)
5. 007’s creator
6. Liquefied natural gas
7. Cleanse thoroughly
8. Handle of a knife
9. Perform diligently
10. Drink pourer
11. Extreme greed
12. Southern Russia river
14. Type of cracker
17. Single Lens Reflex
18. Barely sufficient
20. Slick
23. Reference books
24. Federally recognized native peoples
25. Manganese
26. Senior officer
29. Atomic #18 (abbr.)
30. Tax collector
31. World wonder __ Falls
32. Origins
35. Car mechanics group
36. MMA fighter Urijah
38. Gland secretion
40. Gelatinous water creature
41. Good friend
42. Arab ruler
43. Capital of Belgian province Hainaut
44. English broadcaster
45. Soviet Socialist Republic
46. Affirmative
47. Trigonometric function (abbr.)



Fall into Fashion with the St. Joseph Women’s Club

WEBSTER — Looking for a fun filled day? The St. Joseph Women’s Club has just the thing for you. Join us on Sunday, Nov. 10 as we present “Fall Into Fashion” at the Richard A Nowak Gymnasium, St. Joseph School, Webster.

Doors open at 10:30 a.m. with vendor shopping for your pleasure. A buffet brunch catered by Mack’s Catering will be served from 11 a.m. to 12:30 p.m., followed by a fashion show at 1 p.m. Fashions will be provided by Coco’s Cottage, Woodstock,

Conn. and Macy’s of Auburn Mall. Some of our participating models are Andrew Jolda, chairman of the Webster Board of Selectman, Zofia Walker, Ursula Kokosinski, Nancy Abasahl, Sally Gianella, Sara Miedema, Kasia Kalinowski, Tina Raymond just to name a few.

Entertainment will be provided by Tony Funches, former lead singer with Herb Reeds Platters. Once again, we will be holding a Lottery Raffle and Special Gift Raffle along with a 50/50 raffle

and attendance prize.

A limited number of tickets are still available at \$30 per person. Tickets can be purchased by calling Jo-Ann Canty, 508-943-8587 or Connie Favreau, 508-943-8293. Deadline is Nov. 4, and no tickets will be sold at the door.

The St. Joseph Women’s Club was established in 1953 to benefit students and Felician Sisters of St. Joseph School. Proceeds from the fundraiser will help provide funding to meet our goals.



Courtesy Photo

NEW YEAR BEGINS FOR ST. LOUIS LEAGUE OF CATHOLIC WOMEN

The St. Louis League of Catholic Women began their new year by worshipping together at St. Louis Church in Webster. They then gathered together at Point Breeze Restaurant for a wonderful lunch & enjoyable conversation. We would love to encourage more women to join our group to further their cultural, social, and religious interests. For more information about joining, please contact president Carolyn Smith at 508-832-1405 or financial secretary Louise Duval at 774-452-6220.

POLICE LOGS

Dudley police log

DUDLEY — The Dudley Police Department reported the following arrests during the week of Oct. 11-18.

Thomas R. Chase, age 67, of Dudley was arrested on Oct. 11 for Negligent Operation of a Motor Vehicle, a Marked Lines Violation, and Operating Under the Influence of Alcohol.

An adult male whose name has been withheld from publication was arrested on Oct. 12 for Assault & Battery on a Family or Household Member, Resisting Arrest, Strangulation or Suffocation, and Assault with a Dangerous Weapon.

Jack Burke, age 18, of Falmouth was arrested on Oct. 16 for Assault & Battery with a Dangerous Weapon.

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ALMANAC REAL ESTATE

WEBSTER

\$360,000, 22 Lake Pkwy, Pappas Helen V Est, and Pappas, Charles A, to Kunkel, Scott G, and Kunkel, Kathleen.

\$360,000, 301 Treasure Island Rd #301, Lakutis, Dianne F, to Bifano, Angelo, and Bifano, Jessica M.

\$280,000, 61-63 Myrtle Ave, Giangregorio, Mark J, and Giangregorio, Cindy L, to Valerio, Jose E.

\$200,000, 25-A Harris St, US Bank NA Tr, to Labib, Emad, and Labib, Ren.

\$100,000, 15 Pinehurst Dr, Defilippo, Thomas, to PMZ Development LLC.

\$57,000, 16 Mill St, Jolda Realty LLC, to LP Auto Repair LLC.

\$20,870, 10 W Point Rd, Farino RT, and Farino, William J, to Marrier, Viola M.

DUDLEY

\$560,000, 10 Nellies Way, Vyskocil, Robert J, and Vyskocil, Jacqueline J, to Tucker, Thomas, and Tucker, Jennifer.

\$400,000, 10 Noble St, Depot Road Charlton LLC, to Nalepa, Walter N, and Nalepa, Amanda M.

\$374,900, 107 Dudley Southbridge Rd, Tucker, Thomas N, and Tucker, Jennifer L, to Ragozzino, Nicholas.

\$360,000, 29 Sunset Dr, Brooks, Charles L, and Brooks, Mary J, to Wheeler, Andrew D, and Wheeler, Hillary L.

\$299,000, 7 Center Rd, Casiano, Jimmy, and Casiano, Lisa M, to Dwyer, Veniece, and Bembridge, Richard.

\$282,500, 168 Corbin Rd, Daubney, Jeremy M, and Daubney, Kristina L, to Casamassima, Jake.

\$210,000, 14 Lakeview Ave, Walicki John A Est, and Walicki, John T, to Conner Land T LLC Tr, and 14 Lakeview Avenue NT.

OXFORD

\$402,000, 9 Sullivan Blvd, Oconnor, Kevin M, and Oconnor, Joanne T, to Langlois, Daniel J, and Langlois, Kelly A.

\$270,000, 46 Wheelock St, Langlois, Daniel J, and Gomes, Kelly A, to Clarkson, Jennifer J.

\$195,000, 136 Charlton St, Adamski, Thomas, and US Bank NA, to US Bank NA Tr.

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In Print and Online



DWC Garden Tour Committee distributes grants

Courtesy Photos

Following the Dudley Womans Club's 2019 Garden Tour held on July 20, when guests strolled through the delightful gardens of Dudley Elementary School, Jane and Victor Champagne, Fay Mountain Farm, Ellen Laprise, Marcy Larmon, Mary Sansoucy, and the Overlook, the tour committee gathered to present grants of \$500 each to its nonprofit partners. These included Dudley Elementary School Garden Club, Charlton's Fay Mountain Farm and the Dudley Grange # 163. An enthusiastic shout out to our distinguished supporters: O'Connor & Co., The Overlook and McGee Toyota of Dudley! Applause also for our many volunteers and the generous donations of Webster Five, Webster First, Dippin' Donuts, Christopher Heights, Kerrin Graphics, Sitkowski & Malboeuf, Coco's Cottage, Page Chiropractic, Webster Lake Vet, Vacovec Mayotte & Singer, Booklovers' Gourmet, Pappas CPA, Empire Travel, & Stone Hedge Gardens.



Left to right: Danyel Darger- The Overlook; Andrea Kane - DWC; Neil Johnson - FMF; Maryellen Huck – DWC.



Left to right: Andrea Kane - DWC; Karen Gillon - Grange; Pat Korch, Elaine Kompel, Maryellen Huck, - DWC; Jennifer Galligan - Grange.

Webster Five Foundation donates \$20,000 to Creative Hub Worcester



Courtesy Photo
Left to right: Monica Thomas-Bonnick, Webster Five Foundation Executive Director, Stacy Lord and Laura Marotta from the Creative Hub and Donald Doyle, President and CEO, Webster Five.

WEBSTER — The Webster Five Foundation has announced that as part of the Web of Caring to Make a Difference program, it will donate \$20,000 payable over three years to Creative Hub Worcester. The donation will help support Creative Hub Worcester in their mission to provide affordable and accessible opportunities in the arts for all Worcester area community members, with a focus on at-risk and underserved youth.

The Creative Hub Worcester is driven by their goal to do their part in making the city of Worcester a better and more accessible cre-

ative place. Creative Hub Worcester's ecosystem of artists, innovators, small business owners, youth, and families will help create and grow a vibrant and dynamic community center focused on creative and cultural expression.

Donald F. Doyle, President and Chief Executive Officer of Webster Five, stated, "We are pleased to support the Creative Hub Worcester's mission to make a lasting impact on the community and culture of Worcester by developing a space

where artists and creators can thrive."

Laura Marotta, Creative Hub Worcester's Executive Director, said, "We are grateful for Webster Five's generosity and their commitment to helping us create a space that will have a lasting and vital impact on the sustainability of our artistic community."

About Webster Five
Webster Five is a full-service, \$880 million community bank with a history of financial strength. The main office is in Webster, with branch offices in Auburn, Dudley, Oxford, Shrewsbury, Webster and Worcester. The bank is committed to creating a sense of community such that people feel supported in what they need by people who truly care about their best interest. Through the Web of Caring to Make a Difference program, the bank has provided millions of dollars in charitable contributions to local nonprofit organizations and programs.

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PLACE MOTORS IS PROUD TO SPONSOR

Friday's Child

Hi! My name is Deanna and My dream is to be a brain surgeon!



Deanna
Age 16


Deanna is a friendly sixteen-year-old biracial young lady. She has a great sense of humor and takes pride in making people laugh. Deanna loves going out to eat, shopping, going to the movies and hanging out at the park. She has always loved animals and hopes to have pets in her future home. Deanna loves all types of sports, especially field hockey and running. Deanna also enjoys working out, making art, and sleeping. Deanna is kind and helpful to others. She has a nice smile too!

Deanna is currently a high school student whose favorite aspect of school is earning good grades. Deanna has been actively participating in her school's vocal jazz band. She has plans for her future which include going to college to become a brain surgeon. Deanna has learned that to achieve this goal, she may be in school for 12+ years! She looks forward to this opportunity.

Deanna is a child that has blossomed in an environment that has structure, predictability and nurturance. Deanna will continue to strive with a loving home that has time for one on one attention, predictable routines and stability. Deanna is legally free for adoption and is open to any family that may be interested in learning more about her. It is very important to Deanna that she is able to maintain the relationship she has with her sister once a placement is identified.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples. The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for. To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."



To sponsor Friday's Child call Patricia at 508-909-4135 x321 or email patricia@stonebridgepress.news

Webster Five donates to Thompson Ecumenical Empowerment Group



Courtesy Photo

Left to right: Monica Thomas-Bonnick, Webster Five Foundation Executive Director, an unknown TEEG representative, Anne Miller, TEEG Executive Director, and Donald Doyle, President and CEO, Webster Five.

N. GROSVENORDALE, Conn. — The Webster Five Foundation has announced that as part of the Web of Caring to Make a Difference program, it will donate \$2,200 to Thompson Ecumenical Empowerment Group. The donation will help support the group's adolescent mentoring programs in 2019.

The Thompson Ecumenical Empowerment Group has been working to meet the needs of low income individuals and families since its inception in 1988. They offer basic needs programs including emergency and ongoing food assistance, heating assistance, adolescent mentoring, back to school backpack assistance, state and federal benefits assistance, Gamblers Anonymous, holiday giving, homelessness support,

and general case management. The group has long standing relationships with local Connecticut schools and works closely with them together to provide mentoring and other youth programs to students.

Donald F. Doyle, President and Chief Executive Officer of Webster Five, stated, "We are pleased to support the Thompson Ecumenical Empowerment Group's mission to provide quality mentorship interactions that will help local children achieve greater academic gains and developmental strides."

Anne Miller, Thompson Ecumenical Empowerment Group's Executive Director, said, "We are grateful for Webster Five's generosity and their commitment to helping

us make instrumental and positive impacts on the life courses of at-risk adolescents in need of support and care."

About Webster Five
Webster Five is a full-service, \$849 million community bank with a history of financial strength. The main office is in Webster, with branch offices in Auburn, Dudley, Oxford, Shrewsbury, Webster and Worcester. The bank is committed to creating a sense of community such that people feel supported in what they need by people who truly care about their best interest. Through the Web of Caring to Make a Difference program, the bank has provided millions of dollars in charitable contributions to local nonprofit organizations and programs.

BACHAND

continued from page 1

for certain methods, certain parts or with certain health conditions. And she notes many herbs should not be used medicinally during pregnancy.

"If you want to use a plant you don't know, please do not use the internet. Go to a trusted person," she said, noting the Web has a lot of conflicting information on herbs, much of it simply wrong and some dangerous.

Likewise, there are many books out there, but she's not a fan of most of them. She notes that if a source does not include counterindications and potential dangers, don't trust it. Furthermore, most book pictures are not very helpful in identifying the plants in the wild.

Likewise, Bachand noted you don't need those combinations of multiple herbs that are often sold. Typically, they include herbs that have the same effects, so a good rule of thumb is to find one that treats most of the symptoms, cross them out, and add another that deals with the remainder. Combinations usually only need two or three to be effective.

"When you're working with plants, less is more," she said. "Pharmaceuticals often treat the symptoms, not the cause," but herbs can treat both.

Even the better books tend to be pretty generic and are usually based on plants available in the Western US, she added. "Not a lot of [Native American] people were left [in our area] to carry on that tradition."

She learned hers from talking to a lot of older people, Native and otherwise, who'd used it themselves for years. In one case, she recalled meeting an old healer from Appalachia who had compiled her own hand-written herbal text, partly typed by her husband.

A major concept many of them taught her is this: "only take a third – one-third for me, [leaving] one-third for the animals that need it, and one-third so it regenerates," she said.

That's particularly important when collecting flowers, since most plants need the seeds they produce to create the next generation.

They also taught her, "the more vile tasting it is, the more effective it is."

She used that line particularly to refer to the rather mis-named boneset. It isn't used for broken bones, but for the flu, and is deceptive. While it smells like cut grass, it "really tastes vile. ... Dirt tastes better than this."

Fortunately, in Bachand's experience, it doesn't take much boneset to work at the first sign of flu – just two leaves as a tea steeped in a quarter-cup of water, downed fast "then chase it with anything fizzy. Don't chase it with juice, because you'll never want to drink that juice again." While most herbal teas taste good enough to stomach a full cup, "you'll never get a full cup [of this] down," she said.

Unlike boneset, comfrey is useful for fractures. When applied topically as a cloth dunked in a tea and laid over the injury, it "speed healing of broken bones by a quarter to half the time,"

she said. It should not be used for compound fractures to avoid having them heal without being straight, but can be used on broken skin, unlike arnica.

Comfrey is noted for its fuzzy leaves, a trait shared with lamb's ear (which is toxic, and fairly easy to confuse when young) and mullein (which is also medicinally useful). Mullein is easy to recognize, especially in the second year of its biennial cycle. Then its fuzzy leaves are "huge" and it sends up a tall stalk covered in yellow flowers. Its flowers are the useful part, helping to treat chest congestion and ear infections, and Bachand said they're most effective when used just after drying.

Regarding drying, she noted it's generally better to let leaves dry naturally (by hanging them in a dark, dry place) rather than putting them in a desiccator or low-heat oven. They preserve more of their oils and chemistry that way.

However, she added, some plants work better fresh, although it typically requires more of a fresh herb to get the desired effect. Two common examples are basil and oregano; when dried, both lose most of the active oils. "The healing properties are more intense" when picked fresh and used as tea or eaten, but she noted oregano oil sometimes found in stores should never be ingested.

Another well-known plant that's commonly seen as medicinal is echinacea, which helps strengthen the immune system. However, she warned it's "deadly to diabetics" and can only be taken in cycles of two weeks on, two weeks off. It's not native, and several other plants have similar positive effects without the dangers. One is rosehips – those red, seed-filled balls of various sizes that develop after the flowers bloom on all rose plants. She said they're very high in vitamin C and should be harvested when the birds start eating them.

Similarly common is dandelion, often reviled as a weed. But every part of it is useful – early leaves in salads (high in vitamin K), dried roots and flowers as a diuretic that won't remove the body's potassium as commercial ones do.

So is wild lettuce, which has leaves that look similar. Despite its name, it is not edible – "very bitter" – and is best used as a tincture in alcohol, cider or oil, she said. Pack a jar with fresh,

chopped stalks and leaves (not the flowers or roots, which are toxic), let it sit in a dark cabinet for 28 days, then use just two or three drops at a time to promote sleep. That dose "will knock you out," she said, noting her husband once took half a dropper full "and slept for 24 hours."

"On its own, it's disgusting, so blend it with something," she warned.

Also common are blueberries, which are everywhere in area forests. High- and low-bush varieties both provide equally effective leaves for teas that help regulate sugar levels, and are best harvested either early in spring or after the berries are done. Bachand recommended it for people who are "prone to diabetes or if it runs in your family," but noted insulin-dependent diabetics need to be careful using it and test blood sugar levels often to avoid causing levels to fall too much.

"There are always precautions" when using herbs with prescribed medicine, she added.

Several of the plants she discussed had uses for various aspects of a woman's cycle, including red raspberry leaves and motherwort. The former, drunk as a tea, can ease the birthing process and is "great for cramps because it's putting the iron you're losing [from menstruation] back in your body." The latter, she added, has long been termed "a woman's best friend" for its versatility.

Several were also useful for skin issues, including sweet fern and jewelweed. Both are good for counteracting poison ivy.

Some plants are easy to grow and transplant, some are not.

"I transplant everything in the fall," she said. "If it lives through the winter, you can harvest it the first year. If it lives through the first winter, it will live through many winters."

"There's a lot of plants Nature gives us that defy human intervention," she added. "I don't pretend to understand half of what Mother Nature does. Maybe in 50 lifetimes."

Gus Steeves can be reached at gus.steeves2@gmail.com.

MEETING

continued from page 1

the bigger articles selectmen are bringing forward to discuss is the possibility of enabling the board to negotiate and enter into a payment in lieu of taxes (PILOT) agreement for a solar facility at 197 Oxford Road for a 20-year term. Solar farms and related items have proven to be a hot topic of discussion in recent meetings of the town.

Among other items on the warrant are unrelated amendments to the Town Administrator and Personnel

Policies and Procedures sections of the towns general bylaws. Finally funding requests for the removal of hazardous trees and the preservation of historical documents as well as an update to the stabilization fund will close out the meeting.

A full warrant for the annual town meeting can be found on the Town of Dudley website. The fall annual town meeting will be held on Monday, Oct. 28 at 7 p.m. at Shepherd Hill Regional High School and will continue Tuesday night, Oct. 29 at the same time and location if needed.

LIBRARY

continued from page A6

Back Time, Paxton.

Gladys E. Kelly Library

2 Lake St. Webster, Mass 01570
508-949-3880
www.gladyskellylibrary.org

Children's Author, Emily Cutler

Friday, October 25, 11:00AM – 12:00PM
Author of "Addison Goes to First Grade"

From being a college assignment and lifelong dream to something children and adults of all ages can enjoy and relate to.

Native American Culture and History Series
Saturday, October 26, 12:00 PM
Enjoy the beautiful music of the Native American flute and storytelling with Craig Standing Bear.

Yoga with Julie, Saturdays, 9:30AM – 10:45AM

The practice of yoga on the mat helps us to be better yogis "off the mat" through breath, movement, and meditation. Bring a mat, two blocks and/or a yoga strap if you own them already. There will be some available on a first-come first-served basis. All levels are welcome.
\$10 drop in class or \$40 for 5 classes

Storytime, Mondays and Tuesdays, 10:30 AM
An introduction to books and the library for your preschooler. Please just drop in no registration required.

Webster Book Group The Third Monday of the Month, 6:30 PM
Enjoy wonderful conversation and lively discussion about books that you help pick! Copies of the current book selection are always available. For more information please call a librarian at the Circulation Desk.

Tricks and Treats a Halloween Magic Show, Tuesday, October 29, 4:00PM – 5:00PM
Join magician Todd Migliacci as he performs Halloween tricks and treats.

Literacy Volunteers, Tuesdays, 6:00 – 8:00 PM
Volunteers are needed to provide one-on-one tutoring at no cost.
-Tutoring in English language skills for adults whose native language is not English.
-Tutoring in basic literacy skills for adults whose reading and writing ability levels are below the eighth grade level. Please contact Holly Christo during office hours if interested in volunteering.

Lego Club, Tuesdays, 5:30 – 6:30 PM
For ages 3 – 18 years. Come build and

have fun. All supplies are provided and no sign up required.

Raise a Reader, Wednesdays, 10:00 AM

Children ages 2 – 5 years and siblings with their parents/caregivers are invited to explore and engage through storytime, free play, and activities. Registration is required at sccpartnership.wixsite.com/mysite.

Movie Night – Men in Black International
Thursday, October 31, 6:00PM
Watch a movie on our new screen and projector system and enjoy some popcorn in the Community Meeting Room.

Wiggles and Giggles Preschool Music Class
Fridays, November 1, 8, 15, and 22, 10:00AM
Sing and dance with Miss Lainey in this FREE program for kids 2-5 and their parent/caregivers.
Please sign up with the Children's Librarian Andrew.

Spanish Classes for Kids, Mondays, November 4, December 2, and January 6, 5:00PM – 6:00PM
Learn Spanish through stories, games, songs, and activities. Children must be at least 5 years old, with a beginning level of reading and must be able to sit independently in a class setting.
\$15 per class

Fall Floral Arrangement, Tuesday, November 5, 6:30PM – 7:45PM
Join us for a discussion of color, materials, and styles for fall arrangements to grace your Thanksgiving tables and décor.

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FRANK G. CHILINSKI
STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

A film that teaches us all to be neighbors again

If ever a documentary could change the world, “Won’t You Be My Neighbor?” would be a top contender. The documentary recounting the life of Fred Rogers and his famed children’s television show, “Mr. Rogers’ Neighborhood,” is one of the top 25 most successful documentaries ever to be released, and it has only been in theaters for two months. After seeing the film ourselves this past weekend, we can state that there is a clear reason as to why.

The familiar calm voice of our childhood brought back memories that instantly soothed the audience. While Rogers’ show touched on harsh topics that children were facing, such as racism, the assassination of Robert Kennedy and the Challenger explosion, the longing for simpler times and a lost innocence was apparent in anyone watching the documentary.

The film takes us on the set and gives a unique be-hind the scenes perspective that as a child we would have never dreamed existed. The Land of Make Believe with King Friday and Prince Tuesday was a magical place that a red trolley brought us to every day. To see it now, through the eyes of an adult, was a powerful experience. The set was incredibly simple, yet Rogers made it a positive everlasting memory to anyone who tuned in.

We watched Mr. Rogers because we knew he was an ally. We truly believed he really liked us, and deep down we knew that if we were to ever meet him, he would like us just as we are. This editor would have never thought back in 1980 while sitting on a mustard colored carpet watching the show, that one day she would be writing about the man who essentially taught her how to tie her shoes and gave her confidence that kindness would always be just around the corner.

First and foremost with Rogers was his concern for the healthy self esteem and well being of the children his show reached. He had a way to relate to youngsters that is a rare find in an adult. As his son mentioned in the film, “he never lost touch with his eight year old self.” Rogers saw the minds of children as fragile and made it his life’s work to be sure that each child watching knew that they were special, despite what they may be hearing elsewhere. Growing up during a time when children were not supposed to emote, Rogers made sure young viewers knew how to handle any potentially confusing feelings with grace, after all, a healthy child makes for a healthy adult.

To no one’s surprise, Rogers gave children as well as his own peers, the hope that there would always be a champion in their corner. His strength of character was so much so that he was not afraid to openly show love and kindness to those who were scorned by others simply for being themselves. Francois Clemmons, who played a police officer on the show beginning in 1968, was the first African American to have a permanent role on a children’s show.

In an old interview, Clemmons recalled a particular episode, explaining “He invited me to come over and to rest my feet in the water with him. The icon Fred Rogers not only was showing my brown skin in the tub with his white skin as two friends, but as I was getting out of that tub, he was helping me dry my feet. I think he was making a very strong statement.”

During the last taping of the show, Rogers ended it with his usual, “You make every day a special day just by being you, and I like you just the way you are.” Rogers was looking right at Clemmons when he said it. Clemmons asked Rogers if he was talking to him when he said it. Rogers said, “Yes, I have been talking to you for years, but you heard me to-day.” Rogers was referencing the fact that he knew Clemmons was gay, and was showing his acceptance of his longtime friend.

Turn To **EDITORIAL** page **A10**

VIEWPOINT

Optimism is a key to quality education

Last week, I traveled to Avon, Ind. as keynote speaker for the Avon Education Foundation (AEF). Avon is a charming suburb of Indianapolis nestled in the countryside just outside of the city.

Avon has a tax base challenge as it is a community with no industrial base and very few commercial tax dollars. The State of Indiana has wisely protected homeowners from abusive and punitive real estate taxes, so there is a serious need for school funding aside from government funding. That is where the businesses and citizens of Avon generously step in.

So, you don’t live in Avon and why should you care?

This story is the same for countless communities around the nation, but few seem to function with the success of the AEF, led by President of the Board Shane Sommers and Executive Director, Sara Bender. Sara is an enthusiastic fireball who believes in the mission of the AEF and refuses to believe any need should be unmet and no goal is unattainable. She exudes a level of optimism that is contagious, but it doesn’t stop with Sara and the AEF.

Avon schools and students project a level of optimism that I rarely see, and I have spoken to hundreds of schools across the nation in my role as a motivational/inspirational speaker.

Does optimism make a difference?

When you believe the best is coming, the mind subconsciously works to make it so. The same is true in reverse with a pessimistic outlook. I didn’t spend enough time in Avon to trace the origins of this optimism, but I was there long enough to see that their optimism permeates through the entire educational system.

Take as an example the Marching Arts program. Both the Avon Marching Band and Color Guard are nationally recognized as “top notch.” I enjoyed the privilege of meeting and spending time with Dean Westman, Performing Arts Chair and Daniel Wiles, Visual Program and Winter Guard Director. Together, these educators have amassed numerous national championship awards. What was the first thing that came to mind when I met them? They were optimistic. Optimism generates enthusiasm and enthusiasm generates positive actions. And of course, positive actions create positive results. It all begins with optimism.

Then there is the Avon High School Library. In many schools, the library is avoided like the plague ... but not at Avon. At any given moment, the library is packed with students. I visited with librarian, Robyn Young. What did I notice first? A genuine optimism and enthusiasm. It seems to be contagious at Avon and worth catching.

In the USA, we bury our school sys-

tems with funding, while the boards of education scream for more. The truth is that school funding alone does not create quality education. In fact, I can make a compelling case that if not properly managed, it causes damage by relying on technology alone. If funding was a key driver, the USA would be ranked number one in every category of education ... and we are far from it. I’ll take an optimistic and positively enthused teacher with a chalkboard any day over a pessimistic teacher with the latest and greatest technology. Technology can be a valuable enhancement to education but without an optimistic outlook, technology only amplifies the pessimism of the user.

My message to Avon was to not only keep it up but ramp it up. Why settle for being one of the best school systems when you can strive to be the best school system? Be optimistic X 10. Never settle. Never be satisfied. Never accept mediocrity when excellence is at your doorstep.

So again ... what does this have to do with you and your school system?

Stop looking for additional dollars and technology to help your students succeed in life and begin with optimism. Optimism isn’t a genetic gift passed from parent to child. Optimism is an acquired skill. An optimistic outlook in life is a choice we make. Optimism is the foundation that success and happiness are built upon and make no mistake about it. There is no middle ground. You are either optimistic or you are pessimistic.

It is the attitude and outlook of the student that is all-important. That outlook and attitude can be shaped and formed by the educational system. Yes, its difficult to overcome an unsupportive or bad home life for your students, but the school system is the next greatest influencer. When a student can be taught and influenced to believe that if they work hard and pursue excellence a positive future can be theirs ... get out of their way and watch them fly.

My message to Boards of Education, Teachers and taxpayers is simple; If you are not teaching and formulating an optimistic environment within your student’s heart and mind, stop wasting your money on technology.

Optimism is the key to success in education.


Optimism is the student’s super-power.

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @GaryWMoore721 and at www.garywmoore.com.

POSITIVELY SPEAKING

BY GARY W. MOORE

Tips for preventing theft



CHIEF’S CORNER

STEVE WOJNAR

This past week, our department received several motor vehicle break-in reports. These were reported mostly in the eastern part of town. Vehicles were broken into during the overnight hours while parked in the owner’s driveway or near their home. These have occurred in the past in various parts of town at random times in the past. I wanted to take this opportunity to once again publish some reminders for people to assist them in preventing some future incidents.

The best way to prevent most of these break-ins is to keep your vehicle locked. Many people simply forget to do this, or they have a false sense of security that nothing will happen in their neighborhood. This is especially true while the vehicle is parked near their home. Many criminals look for unlocked vehicles to enter. These are easy targets and the individuals have a lower risk of being discovered since they are not causing damage (breaking glass, etc.). Perhaps of equal importance, is to never leave items of value in your car. Items like cell phones, wallets, pocketbooks, keys, etc. that are in plain view, can be attractive to criminals. If they are not there or at least hidden, there is a strong likelihood these perpetrators will move on.

In addition to securing your vehicle, remember the value of lighting around your home. The more lights you have, the better off you are. Burglars and other criminals do not like to be seen. Motion detection lights are a great tool. They only work when movement takes place. These will limit the amount of electricity which is used and will provide illumination at times when it is needed most.


Finally, we ask you to call the police if you hear or see anything unusual taking place around your home. Many people wait until the next day to report suspicious activity. Often, people will dismiss their observations as something else which is easily explainable. You know your neighborhood best. If the police are notified immediately, there is a greater likelihood of locating suspects and stolen property while at the same time possibly preventing future occurrences. In many of our recent cases, we received calls and assistance from some residents. This is always greatly appreciated. Without public assistance, our efforts to investigate crimes and identify suspects can be extremely difficult. If anyone has any information on these recent incidents or if you require additional assistance, please feel free to call 911 or our business line at 508-943-4411, option 0.

As a reminder, on Saturday, Oct. 26 from 9 a.m. to 1 p.m., the Dudley Police Department and the Drug Enforcement Administration (DEA) will conduct another prescription drug “Take Back” event. The public can safely dispose of expired, unused, and unwanted prescription drugs. The service is free and anonymous. During our previous events, large quantities of prescription medications were taken in. In addition, a needle drop box will also be available for those who need to safely dispose of medical sharps. Several communities in our area will also be participating in this event. If you are not from Dudley, check with your local police for a participating location near you. I encourage everyone to mark their calendars and take advantage of this opportunity.

Thanks again for your questions and comments. Please send them to me at the Dudley Police Department, 71 West Main St., Dudley, MA 01571 or email at swojnar@dudleypolice.com. Opinions expressed in this weekly column are those of Chief Wojnar only and unless clearly noted, do not reflect the ideas or opinions of any other organization or citizen.

DON'T MISS A BEAT

CHECK OUT THE SPORTS ACTION!



Don’t change 401(k) mix during market drops

As you’re well aware, we’ve seen some sudden and sizable drops in the financial markets in 2019. While market volatility is nothing new, the recent plunges happened during a period of general political and economic unease. Still, it can be harmful to overreact to such events – especially if it means making radical changes to your 401(k).

And yet, many people do just that. During market downturns, investors often move money from their 401(k)’s stock accounts into perceived safer accounts, such as those primarily containing bonds or other fixed-income securities.

This move may result in reduced volatility on your 401(k) statements, and if that’s all you want, you might be satisfied. But you do need to realize the cost involved – specifically, fixed-income investments will not provide the same rate of return that equities (stocks) can. So, if you liquidate some of your equity holdings, you may slow the growth potential of your 401(k), which, in turn, could slow your progress toward your long-term financial goals. Furthermore, if you get rid of substantial amounts of your equities when their price is down, you won’t be able to benefit from owning them when their value goes up again – in other words, you’ll be on the sidelines during the next market rally.

FINANCIAL FOCUS

DENNIS ANTONOPOULOS

Here’s the key issue: A 401(k) or similar employer-sponsored retirement plan is a long-term investment account, whereas moves made in reaction to market drops are designed to produce short-term results. In other words, these types of actions are essentially incompatible with the ultimate objective of your 401(k).

Of course, when the market is volatile, you may want to do something with your 401(k), but, in most cases, you’re far better off by sticking with the investment mix that’s appropriate for your goals, risk tolerance and time horizon. However, this doesn’t mean you should never adjust your 401(k)’s portfolio. In fact, you may well want to make some changes under these circumstances:

You’re nearing retirement – If you are nearing retirement, you may need to prepare your 401(k) for future downturns – after all, you don’t want to have to start taking withdrawals when your portfolio is down. So, if you are within, say, five years of retirement, you may need to shift some, but certainly not all, of your assets from growth-oriented vehicles to income-producing ones.

Your goals have changed – Even when you’re many years away from retirement, you probably have an idea of what that lifestyle will look like.

Turn To **FINANCIAL FOCUS** page **A10**

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SPORTS

Anderson nets hat trick in Bartlett's victory against Pirates

OXFORD — In order for the Bartlett High boys' varsity soccer team to defeat Oxford High, 5-2, on Wednesday, Oct. 16, it took a hat trick from senior co-captain Joey Anderson.

Anderson and junior Brandon Boucher scored early for the Indians, only for Pirates' junior Aidan Fahey to counter with a pair of goals to tie it up, 2-2.

Then, in the 37th minute, Bartlett sophomore Tom McGonagle hit a corner kick to senior co-captain Jacob Vosburg, who booted in the eventual game-winning goal. Anderson then added a pair of goals in the second half to finish off his hat trick. With the win the Indians improved to 6-3-3, while Oxford slipped to 2-12.



Mathew S. Plamondon photos
Bartlett's Colin Minarik is able to get his head on the ball and send it toward Oxford's goal.



Bartlett's Joey Anderson works the ball around Oxford defender Giovanni Casiano.



Keeper Taven Phanthavong of Bartlett heaves the ball up the field.



Tom McGonagle of Bartlett wins a header while being pressured by an Oxford defender.



Oxford's Paolo Moudia Tokam fights off incoming pressure provided by Bartlett's Joey Anderson.

Graham's late-game heroics help Bay Path stun Beavers in 2-2 draw



Jason McKay photos
Bay Path's Kailey Jones dribbles the ball down the field as Blackstone Valley Tech's Kasey Reeves gives chase.

BY KEN POWERS
SPORTS CORRESPONDENT

CHARLTON — Abby Graham scored with less than a minute to play to lift the Bay Path Regional girls' varsity soccer team into a 2-2 tie with Blackstone Valley Tech (BVT) in a game played on Tuesday, Oct. 15, at George L. Fowler Memorial Field.

With the tie the Minutemen (8-3-1 overall, 4-3-1 in the Colonial Athletic League) moved to within a point of qualifying for the Central Mass. Division 3 Tournament. Bay Path earned that point and qualified for the postseason the next day when it tied Tri-County Regional, 1-1, in a non-league game to improve to 8-3-2 overall.

"One of [BVT's] defenders went to kick the ball to clear it and she missed the ball and the ball got behind her and I

picked it up and kicked it in," Graham, a junior, said of her game-tying goal. "I didn't dribble in or settle it or anything. I just saw it and hit it."

Graham's shot, from 20 yards out, sailed right to left into the upper corner of the net.

"I had no idea, honestly, when I kicked it that it might go in; I just kicked it," Graham said. "I saw an opportunity and I hit it. As I watched it go I realized it might have a chance to go in."

When the ball went in the net Graham, on the spot from where she took the shot, jumped up and down, her arms outstretched over her head, fists clenched.

Bay Path head coach Tammy Legere wasn't surprised by Graham's clutch, in-the-moment play.

"The majority of my strikers are pretty dependable," Legere

said. "Abby saw the net and she wanted it."

Blackstone Valley Tech (8-3-2 overall, 8-0-1 in CAL play), thanks to a pair of second-half goals by Carrie Chase and Emma Ballard, were headed to a 2-1 win before Graham's final-minute heroics.

Chase scored to tie the game, 1-1, in the 18th minute of the second half. On the goal Chase sliced between two defenders to move right in front of the net and then booted the ball into the left side past Bay Path goalkeeper Lauren Dawson (13 saves in the game) from about 10 yards away.

Ballard put the Beavers ahead, 2-1, with nine minutes to play, getting off a quick shot from the right side after beating her defender to the ball.

Hailey Cournoyer staked the Minutemen to an early 1-0 lead, scoring in the third minute. Kailey Jones set up Cournoyer's goal with a long pass into the sophomore striker, who kicked the ball far enough ahead to lure BVT goalie Cassidy Waldo out of her net. Cournoyer then used her speed to beat Waldo to the ball and kicked it into the short side of the open net.

Graham and Legere both said the game was a tie that felt like a win.

"It does feel like a win to us because we played really hard," Graham said. "[BVT] beat us 7-3 the first time we played them, so we really wanted to beat them, but I think we're OK with the tie."

"We deserved to win but we got a little tired at the end so [the tie] was a little bitter-sweet," Legere said. "My players know we deserved to win; they know we held them scoreless for [nearly] 60 minutes. It



Amarii Colon of Bay Path throws the ball back into play.

would have been amazing to pull off a win, but it's even better to tie them. I can't tell you the last time we beat them or tied them in the last seven years."

Blackstone Valley Tech head coach Jay Porter said he felt like the tie was a loss.

"It definitely did not feel like we accomplished anything," Porter said. "We certainly didn't come in doing what we wanted to do or what we thought we were capable of doing. It was not our best soccer at all."

"We're just not working well together right now, as a team," Porter continued. "We've struggled the last couple of games. We're trying to figure out what's wrong, what

the funk is. We've been going backward versus forward. We have a lot of work ahead of us before postseason comes. Hopefully we can figure it out before then."

In the postseason the Beavers hope to defend their Central Mass. Division 3 Tournament championship from last fall.

Porter wasn't surprised Bay Path jumped out to an early 1-0 lead.

"Bay Path is often overlooked; they have a talented squad," Porter said. "They are capable of punishing you if you take them for granted or if you're not paying attention, and that's what they did. Their hearts and heads were in it today and ours weren't."

SPORTS

Balestracci nets four points to lift Oxford by Indians



Bartlett keeper Camden Heenan reaches out to make a save versus Oxford.



Brooklin Joubert of Oxford heads the ball down the field and away from Bartlett's Megan Tucker.



Oxford's Ellie Makowiecki shields away a Bartlett defender while possessing the ball.



Gabi Piwowarczyk of Bartlett, left, and Hailey Swenson of Oxford both extend their legs in hopes of winning the ball.



Megan Tucker of Bartlett gains possession of the ball in front of Oxford's Sophia Balestracci.

BY KEN POWERS
SPORTS CORRESPONDENT

OXFORD — Sophia Balestracci scored three goals and set up another to lead the Oxford High girls' varsity soccer team to a 6-0 win over Bartlett High on Wednesday, Oct. 16.

With the win the Pirates improved to 7-6-2 overall and 4-6-1 in Southern Worcester County League (SWCL) play. Oxford needs two more points to qualify for the postseason. The Indians dropped to 3-10 overall and 1-9 in the league with the loss.

Balestracci, just an eighth grader, scored all of her goals and recorded her assist in the first half, after which Oxford led 5-0.

"Sophia is a great scorer; she's one of our top scorers in fact," Pirates' head coach Colby Harvey said. "Sophia can just straight light it up when she wants to."

Also scoring in the win for Oxford was sophomore Ellie Makowiecki, who scored a pair of goals — one in each half — and Reese Reynolds, another eighth-grader, who added a goal and an assist.

"We've gotten a lot of support from our eighth-graders; Sophia and Reese to be sure, and Abby Alicandro as well. Abby plays outside defense for us and she plays every minute," said Harvey, who has strength in the sophomore class as well. "Ellie is a sophomore; she plays a defensive mid, and another sophomore, Brooklin Joubert, has really stepped it up; she is playing some of the best soccer I've seen her play."

Harvey said he was pleased with the win, but added that he certainly saw room for improvement.

"We're definitely not playing the way we've played all season long, but a win is a win," Harvey said. "We struggled getting the ball on goal in the second half. In the first half we had some good shots and that got us to 5-0."

In the win Oxford displayed some crisp passing, especially on the offensive end as assists were recorded on four of the Pirates' six goals. In addition to Balestracci, Joubert and Hailey Swenson also assisted on a teammate's goal.

"We really tried to focus on our passing today; we want to keep the ball on our feet," Harvey said. "I'm very pleased with the win. I'd like to see a little better play, but absolutely this was a good win."

Bartlett head coach Sean Hansen was disappointed by the loss, but has been pleased with his team's improvement throughout the season.

"We've improved each and every game this year; they play so tough," Hansen said about the Indians. "They're a hard-working group of girls and that has paid off game to game to game."

Harvey, whose team defeated Bartlett, 8-1, earlier in the season, also remarked on the improvement he's seen in the Indians.

"We've seen some increased play from Bartlett," Harvey said. "They're getting better every day. Sean does a great job with them."

Hansen said he has been impressed with what he has seen from the Pirates this season.

"Oxford has put together a great program. They're not the same team

that they had five, six, seven or eight years ago; they're a real tough team," Hansen said. "They're right up there with those SWCL powerhouse teams now. I thought we played them real tough today and that's just a product of the hard work that our girls put in each and every day."

SPORTS BRIEFS

Ski or snowboard at Wachusett Mountain

Are you interested in having a lot of fun while also helping to make the winter fly by? Any students in grade 3 and up, parents or teachers from any of the surrounding towns and states can ski or snowboard eight consecutive Saturday nights at Wachusett Mountain for just \$158 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eight-week program begins on Saturday, Jan. 4 and ends Saturday, Feb. 22. Ski or snowboard rentals as well as lessons are also available at a very reasonable cost. You may also be able to ski or snowboard for free through your health insurance coverage. Also, anyone (students or non-students) can purchase Gold, Silver and Bronze Season Passes at a lower discounted price through our Club. For more information, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

Softball pitching lessons available in Southbridge

A 17-week softball pitching lesson (for children 7 years old and up) is available at the Southbridge Community Center (152 Chestnut Street) on Sunday mornings from 8:30 to 10:30 a.m. The 50-minute sessions start Oct. 20 and go through Feb. 23, 2020. There will be no pitching on Dec. 22 or Feb. 23, 2020. Ask about team/league discounts. Pitchers must bring a catcher. Please contact Bill Rahall (Clark University) at wlrhah@yahoo.com or (860) 576-3440 for more information. Hitting lessons are also available every week.

Dudley Charlton Women's Basketball to hold pickup games

On Monday evenings at the Heritage School from 7-9 p.m., you will find women playing pickup basketball. We play every Monday from September to June based on the school schedule. There are no set teams or fees. Ages 18 and older are welcome. Come for some fun exercise. Contact Deb at (508) 248-3600 for more information.

SPORTS

Bartlett football narrowly edges Oxford

WEBSTER — Memorial Athletic Field played host to quite a close showdown when the Bartlett High varsity football team squared off with Oxford High on Saturday, Oct. 19.

And the hometown Indians emerged victorious, 16-14, to improve to 4-2. The Pirates dropped to an even 3-3.

For Bartlett, Alex Nunez scored on a pair of touchdowns, one rushing and one receiving from quarterback Logan Paranto. For Oxford, quarterback Devin Audette tossed a touchdown pass to Tyler Jacques and Sam Wing rushed in another score.



Photos courtesy Lisa Kontoes

Quarterback Logan Paranto of Bartlett airs out a deep ball versus Oxford.



Oxford quarterback Devin Audette has enough time to release a pass before getting tackled.



Donald Speight of Bartlett rushes toward the end zone while being pursued by Oxford defenders.



Bartlett's Alex Nunez tries to sidestep an Oxford defender while carrying the ball.



Sam Wing of Oxford braces for impact while carrying the ball into the teeth of Bartlett's defense.



Oxford ball carrier Nicholas Sellig is blinded by an arm from a Bartlett defender.

MOHEGAN BOWL FALL LEAGUES, WEEK ENDING OCT. 20

Monday Men's Business
Single — Josh Assanov 139, Dan Labay and Michael Kustak 131
Series — Mike Marrier 356, Michael Kustak 355, Tim Labay 346
Series over average — Jim Gatzke +54

Ten Pin City
Single — Division 1: Dawn Kupiec 190, Edna Miranda 171, Joanne LaBonte 162
Division 2: Evelyn Rivera 147, Athena Marko 134, Pam McCabe 128
Series — Division 1: Dawn Kupiec 525, Edna Miranda 464, Shirley Smith 437
Division 2: Evelyn Rivera 380, Pam McCabe 335, Doll Gardecki 333

Tuesday Chet's Social
Single — Ryan Pelletier 132, Joey Saad 126, Tom Smith and Willis Bond 111, Erin Van Dam 126, Ellen Fugatt 110, Brenda Mayer 97
Series — Ryan Pelletier 366, Tom Smith 324, Dave Lamontagne 312, Erin Van Dam 300, Ellen Fugatt 294, Brenda Mayer 273



Series over average — Joey Saad +49, Ellen Fugatt +30

Wednesday Women's Industrial
Single — Shanna Boucher 115, Bea St. Cyr 111, Marie Piegorsch and Kris Russell 108
Series — Marie Piegorsch 306, Kris Russell and Marie McNally 293
Series over average — Pam Jacobson +42

Summit Tenpin
Single — Division 1: Bob Hanville 223, MEC Hashey and Ann Hebert 177

Division 2: Mike Jarvis 178, Donald Altiery Sr. 175, Roy LaMothe 145
Series — Division 1: Timothy O'Brien 503, Bob Hanville 501, Ann Hebert 482
Division 2: Donald Altiery Sr. 483, Mike Jarvis 463, Roy LaMothe 398

Thursday AM Coffee
Single — Lorraine Brezniak 109, Millie Wonoski 100, Sylvia Kitka and Yvette Gauthier 99
Series — Lorraine Brezniak 283, Pat Blake 276, Priscilla Piekarczyk 265
Series over average — Carole Marshall +45

Thursday Men's Industrial
Single — Jeff Therrien 136, Steve Poisant 130, Tim Labay and Angel Claudio 129
Series — Tim Labay 370, Mike Therrien 344, Steve Poisant 337
Series over average — Mike Therrien +65

Thursday Mixed Tenpin
Single — Chris Wong Kam 169, Tim Johnson 167, Bob Bourget 158, Ann

Hebert 178, Carol Chausse 142, Jeanne Carita 139
Series — Tim Johnson 431, Chris Wong Kam 429, Sean Blake 415, Ann Hebert 469, Carol Chausse 399, Jeanne Carita 358

Saturday Youth
Single — Sammy Lamoreux 80, Jacob Pillsbury 64, Nyah Aviles 61
Series — Jacob Pillsbury 191, Sammy Lamoreux 188, Noah Pillsbury 150
Series over average — Sammy Lamoreux +20, Nyah Aviles +29

Sunday Mixed
Single — Rick O'Connor 132, Brian Pilesky 123, Brian Lavallee and Dean Gaboury 118, April White 118, Margie Robidoux 107, Loda Blackmer 98
Series — Brian Pilesky 348, Rick O'Connor 321, Brian Lavallee 314, April White 292, Rebecca Cloutier 264, Loda Blackmer 263
Series over average — Dean Gaboury +39, Sue Cuff +54

SPORTS

Uxbridge boys three-peat at SWCL Cross-Country Championships, with Tantasqua's Blodgett winning girls' race



Finishing in 20th, Bartlett's Kathryn James races along the Old Sturbridge Village path in the Southern Worcester County League Cross-Country Championships.



Ahmed Azzoui of Bartlett competes at Old Sturbridge Village and finishes in 24th place.



Uxbridge's Stephen Sanches (195), Colin Caso (179) and Aidan Ross (192) finished seventh, fifth and sixth, respectively, in the Southern Worcester County League Cross-Country Championships as the Spartans won the team title.

BY NICK ETHIER
SPORTS STAFF WRITER

STURBRIDGE — For those who don't realize how much of a team sport cross-country is, take a look at the Uxbridge High boys' varsity squad at the Southern Worcester County League Championships, held Monday, Oct. 21 at Old Sturbridge Village.

The Spartans secured the team title — for the third straight year — thanks to a 1-5 punch that included Colin Caso, Aidan Ross, Stephen Sanches, Carl Gallawan and Thomas Burke placing fifth through ninth consecutively. Not only did they finish in succession, but the difference between Caso's time (17:27.5) and Burke's finish (17:42.5) in the three-mile trek was a mere 15 seconds.

"If you can get five in the top 10, you're something — you're a good team," said Caso. "We had a great day today."

Uxbridge's total of 35 points — the points are added up by the placement of the athlete in the race — was 45 clear of second place Grafton. Millbury took third with 93 points.

"This year we're really focused about the team effort," said Caso. "Everything we've been doing so far this season, even in the summer, has been team, team, team."

And the impressive results showed.

"That's the training from June until now," Caso said. "Our coach [Walter Berkowicz] really pushed us in the summer to do the training and do it well."

The Spartans now hope for a strong postseason.

"The goal of this season is to qualify for States, as it is every season," said Caso, which will take a top three team finish in the District Meet. "It's going to be the hardest thing we've ever done, but we're up for the challenge."

In the girls' varsity race, Tantasqua Regional senior Dani Blodgett shook off a prior injury and dusted the rest of the field. Her finishing time of 20:38.9 was over 30 seconds fast than second-place Madelyn Germain of Uxbridge (21:11.0).

"I hurt my Achilles a couple of days ago. I was training up in the woods. I felt something, but I kept going," Blodgett explained. "A lot of people told me not to compete, but it's my senior year so I didn't want to not compete."

Blodgett, who hasn't lost a race this season and took third in the SWCL Championships last year, stayed with Germain in the beginning of the meet before taking off around the two-mile mark.

"I did try to start out slow, keeping pace with the top Uxbridge girl. I dropped her off at the hills," said Blodgett.

Blodgett now has the goal of qualifying for the State Meet in front of her.

"I do want to come in the top 20 for Districts and get to States," she said.

Full team and top-10 individual results are to follow. The top-10 finishers all earned a medal for their achievements.

BOYS' TEAM RESULTS

1. Uxbridge, 35
2. Grafton, 80
3. Millbury, 93
4. Tantasqua, 126
5. Northbridge, 144
6. Auburn, 154
7. Leicester, 158
8. Bartlett, 191
9. Quaboag, 213
10. Oxford, 252

BOYS' INDIVIDUAL RESULTS

1. Aidan Gilmore, 16:20.9
2. Avinash Bissoondia, 16:25.4
3. Marcus Reilly, Northbridge, 16:31.4
4. Keegan Gleason, Millbury, 17:00.1



Oxford's Natalie Hayes had a strong showing in the SWCL Cross-Country Championships, placing 13th.



Tantasqua's Ethan Kenyon was his team's top finisher at Old Sturbridge Village, placing 17th.

5. Colin Caso, Uxbridge, 17:27.5
6. Aidan Ross, Uxbridge, 17:27.8
7. Stephen Sanches, Uxbridge, 17:38.6
8. Carl Gallawan, Uxbridge, 17:39.1
9. Thomas Burke, Uxbridge, 17:42.5
10. Jason Fournier, Leicester, 17:52.1

GIRLS' TEAM RESULTS

1. Grafton, 31
2. Uxbridge, 61
3. Tantasqua, 71
4. Millbury, 93
5. Auburn, 131
6. Quaboag, 147
7. Northbridge, 199
8. Leicester, 213

GIRLS' INDIVIDUAL RESULTS

1. Dani Blodgett, Tantasqua, 20:38.9
2. Madelyn Germain, Uxbridge, 21:11.0
3. Jena Taubert, Millbury, 21:40.4
4. Megan Wajer, Grafton, 21:46.5
5. Ghislaine Brenner, Grafton, 21:49.6
6. Mikayla Mannion, Grafton, 21:54.6
7. Jemma DePasquale, Grafton, 22:03.8
8. Abigail Deary, Uxbridge, 22:06.7
9. Riley Cass, Grafton, 22:19.4
10. Molly Segatore, Tantasqua, 22:50.0



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Which to do first, hunt or fish?



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Hunting and fishing activities have sportsmen making hard decisions on what to do first. At this time of year, fishing is providing many opportunities for catching trout, bass, tautog, salmon, etc.! As the waters cool, fishing will only get better on fresh & saltwater. A group of local anglers left for Pulaski New York this past weekend to catch Coho and King Salmon. Reports of some great fishing from Fat Nancy’s tackle shop in Pulaski is good news, and fishing will only get better in the coming days and weeks. This week’s picture shows a large King Salmon caught in the Salmon River. Picture courtesy of Fat Nancy’s Bait & Tackle shop in Pulaski, N.Y.

Pheasant hunting opened this past Saturday in Massachusetts with spotty action being reported by some local hunters. This coming Saturday should be a lot better, if stocking trucks from Mass. Fish & Wildlife deliver some pheasant to open covers and Wildlife management areas like Westhill Dam. As mentioned in a previous column, Westhill will need to be stocked from the Hartford Av. area, and also hunters will need to walk a good distance to get to the hunting area because of an ongoing dispute from an abutting land owner.

Open covers in the valley

have dwindled down to only two, one in Uxbridge and one in Northbridge. Reports of the loss of prison inmates in Worcester no longer raising birds for the state, could impact open covers by receiving less birds this year according to a wildlife official last week. Wildlife management areas should receive the same amount of birds. It should be noted that Westhill will still only receive one stocking a week, as in previous years. Although there are numerous open covers in the valley, MFW does not seem interested in their availability.

The six bird annual limit of pheasant is still a touchy subject when it is brought up by local hunters. Numerous attempts over the years to have the limit of pheasant raised by selling a few more tags, has also been ignored by MFW. It works great in Rhode Island, and also generates more revenue for the birds.

Numerous sportsmen’s leagues are starting a drive to have MFW change the crossbow law that requires only disabled hunters with permanent disabilities to use them for hunting. More than 46 states allow crossbows for hunting for all licensed hunters. The leagues members are targeting State Representatives, and State Senator’s to get the bill passed. There may be a “Quid Pro Quo” to get the bill passed. It is a Latin word meaning something for something of somewhat equal value. Politicians do it all the time, helping other politicians get a bill passed that is important to another’s constituents. Be sure to contact your local State Rep. and State



Senator to get the crossbow bill passed.

Opening day of waterfowl season in Mass. got off to a great start on Oct. 14. Reports of a good supply of ducks in the area had area hunters enjoying a good day in local marshes and corn fields. A good supply of wood ducks provided some fast shooting for one young first time hunter. He managed to get his limit of wood ducks and mallards. As he told me the story of his hunt, the excitement in his eyes told it all.

Archery season started this past Monday Oct. 21, in Zones I-9 in Massachusetts. Opening

day had clear skies and light winds, that made sitting in a tree stand somewhat bearable. This past week had numerous car deer collisions reported. Drivers need to use extreme caution on the roads for the next two months, as the deer’s rutting season will be in full swing. Deer darting out into the traffic can be fatal to the deer, but also to the passengers in the vehicle. Just imagine the car deer accidents, if hunters did not harvest more than 10,000 deer annually in Massachusetts!

Local bird hunters are reporting numerous deer ticks on their dogs after a

hunt. Keeping a close eye on your clothes and your dog during the hunting season is very important. Spraying your clothes with Peremithrin can keep you somewhat free of the pesky critters and spraying your dog with a mixture of one part vinegar and three parts water prior to hunting seems to work for some local hunters and pet owners. Your pet and hunting companion also needs to stay on some form of flea & tick medication year round.

Take A Kid Fishing & Keep Them Rods Bending!

Decorate and extend the life of your carved pumpkin



Melinda Myers Photo

Make use of extra crayons by creating a unique and colorful crayon dripped pumpkin.

It’s time to select and decorate pumpkins for your Halloween display. Get family and friends involved in a trip to the pumpkin farm and consider hosting a decorating party. Whether you grew your own or plan on purchasing one at a farm or garden center, select pumpkins free of holes, cuts and soft spots for decorating. Damaged fruit tends to rot faster, ruining your fall display. And always

carry the fruit cradled in your arms not by the stem. Once the stem breaks away from the fruit, the pumpkin is more susceptible to rot and its beauty fades. Store carving pumpkins in a cool location until you are ready to start cutting. Extend the beauty of carved pumpkins by washing them with warm water and letting them dry before making the first cut. Try leaving the top intact and scooping the insides out through a

hole in the back. This limits water entering the carved cavity and helps extend the life of your jack-o’-lantern.

Coat the cuts with petroleum jelly or vegetable oil to seal in the moisture and prolong your display. Take it one step further and use a commercial preservative or peppermint oil to keep your jack-o’-lantern looking its best for as long as possible.

Once in place, sprinkle your pumpkin with cayenne pepper to help repel hungry animals. Avoid touching your eyes and wash your hands thoroughly after using the cayenne pepper.

Don’t give up when your jack-o’-lantern begins to shrivel. Give it a cold bath to freshen up its appearance.

Or put away the knives and break out the paint and crayons to further extend your pumpkin’s beauty. A painted face or design can be just as impressive. And don’t worry if you have limited artistic ability; just download one of many free pumpkin templates.

Put all those broken crayons to use creating a multicolored crayon dripped pumpkin. You’ll wow guests and kids will enjoy this safer pumpkin decorating option.

Wipe the surface of the pumpkin clean and allow to it to dry before you start decorating. Remove the labels from the crayons and break them in half.

Glue the crayons to the top of the pumpkin to prevent them from rolling off the pumpkin while you work. Place



GARDEN
MOMENTS
.....
MELINDA
MYERS

one end of the crayon against the stem and the other end pointing away from the center of the pumpkin.

Use your hair dryer to melt the crayons so they’ll drip down the side of the pumpkin,

creating a colorful waxy covering. A high heat setting will speed up the process but may make a bigger mess by splashing the melted wax all over the table.

To further dress up your landscape consider converting a few pumpkins into fall planters. Remove the top. Cut a hole large enough to accommodate the pot you’ll be inserting. Remove the seeds and flesh, cut a few drainage holes in the bottom and then set a pot of pansies, asters, mums or ornamental peppers inside.

When your pumpkins start to rot, move them to the compost pile. They will break down into a wonderful soil amendment to use in next year’s garden.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses How to Grow Anything DVD series and the nationally syndicated Melinda’s Garden Moment TV and radio segments. Myers’ website, www.MelindaMyers.com, features gardening videos, podcasts, audio tips and monthly gardening checklists.

Oxford Library hosting turkey dinner fundraiser

OXFORD — The Friends of the Oxford Free Public Library will hold a Turkey Dinner Fundraiser on Tuesday, Oct. 29, at the world famous Pinner House in Sturbridge that will delight food lovers and library lovers alike.

Two seatings are available, from 4:30 to 6:15 p.m. and from 6:30 to 7:30 p.m. Dinner will be buffet style. This is an all-you-can-eat turkey dinner with all the trimmings. No one will go home hungry!

Adult tickets are \$14, and a limited number of Children’s tickets are available for \$5. Tickets can be purchased at the Circulation Desk at the Library.

Transportation via a Council on Aging van and driver will be available for Oxford residents who are homebound and/or handicapped. They will need to sign up for this, as the seating in the van is limited especially for people in wheelchairs.

The Oxford Free Public Library, at 339 Main St. in Oxford Center, is a member of the C/W MARS network and is open to all residents of Massachusetts. The Friends of the Library are volunteers who support the Library with fundraising and promotional activities. Hours and library news can be found at <http://oxfordmapubliclibrary.org>.



Courtesy Photo

DWC HOSTS BRA DAZZLE!

At the Dudley Woman’s Club’s October meeting recently held upstairs in the function room of Waterfront Mary’s, we held our first ever “Bra Dazzle” raising funds for the breast cancer charity, “Knitted Knockers.” Earlier, ladies had tons of fun decorating donated bras and modeling them at our club meeting. Our meeting attendees had just as much fun stuffing the bras with tip dollars to show their appreciation for the time and effort of the bra creators! All in all a great fun fundraising event as the photos clearly show!

Building for generations

BY JAMES DORAN KELLAWAY
WESTVIEW HEALTH CARE

DAYVILLE, Conn. — Legacy. Is that something left behind? Or is that something projected forward? In Dayville, Conn., nestled on the corner of the Thompson Turnpike and Ware Road, lies an example which sits squarely in the middle of both ideals.

Country Living at Westview Commons—a luxury living opportunity in the form of a 75-unit independent and assisted living facility—is a currently culminating venture that is decades in the making. It has been strongly, but carefully, pushed forward by David T. Panteleakos, Donna Copeland, and Herbert Czermak over the past two years with town meetings, financial planning, construction strategies, census research, and marketing development. Their vision for a retirement lifestyle destination has been around for much longer; well before this recent stage of physical assembly.

David Panteleakos is currently the Administrator and CEO of Westview Health Care Center: a 103 bed, nationally recognized, five-star rated skilled inpatient nursing and outpatient rehabilitation facility. He has literally grown up in this environment, for he represents the third consecutive generation of his family to work in healthcare administration. Eileen Panteleakos (David's mother) dreamt of a Westview-affiliated independent living facility during her preceding tenure as the Administrator of the skilled nursing facility. She stipulated that it should offer extraordinary value for a competitive level of investment within the market of retired living communities.

In 1998, Eileen Panteleakos and the President of Westview Health Care Center, Herbert Czermak, developed the initial plans for “a comfortable, caring, beautiful retirement home in picturesque Northeastern Connecticut.” After witnessing successful versions of senior-living communities throughout New England and Florida there were long-held beliefs among Westview leadership that their version of senior residence could be a huge success for both the business organization and the regional population it would serve.

Timing is a key factor in most of life's pursuits, especially significant business ventures, and the stewards of this project have long anticipated the present rise in demand. As the baby boom generation has made its way to (and now through) retirement age, the corresponding shift in demographics necessitates that more options become available to seniors. The growth of this population creates an increase in needs that a life at Westview Commons caters perfectly for older adults. They may desire to downsize a home, increase free time, hire supplementary domestic services, perform less



The construction site for Country Living at Westview Commons in Dayville, Conn.

Courtesy Photo

landscaping labor, or retired individuals may simply want to make a few new friends and have more recreational options.

The executives developing this project firmly believe that independent lifestyles are the means by and for which those wishes will be met. Not only will Country Living at Westview Commons be operated by administration and staff that remains keenly aware of senior's desires, but it will all be available at entry level pricing for this industry. Moreover, this luxury complex will not require large down payments or long-term contracts. For an all-inclusive price prospective residents will have their choice of one or two bedroom apartments complete with efficiency kitchens and spacious bathrooms, access to on-site parking including a 55-car underground garage, a comprehensive maintenance and repair policy, a loaded calendar of recreational activity and cultural events, and round-the-clock safety and security. Emergency needs can be managed and called in by the Westview Commons staff at any time, day or night, and each unit is fully equipped with networked smoke detectors and an overhead sprinkler system.

Under construction at this very moment, the physical building already commands an impressive presence on the 32-acre Westview campus. The total interior area will amount to 115,000 square feet with residential units offering up to 1,085 square feet of space. Individual dwellings are designed with ample distance between doors; residences extending down a pair of two-story wings. Below raised ceilings the “A” wing and the “B” wing hallways elongate and intersect at the huge central core of the building. The structure almost

looks like a bird in flight if it were viewed from above. Two wings spread outward from a medial body where the heart and soul of the community exists. Considerably more than a welcome lobby, this will be the cultural center of the Westview Commons community. Its area is commanded by a 4,200 square-foot “Great Room” that functions as an elegant dining room with space to accommodate up to 150 people. Looking northeast fills the eyes with exterior views that soar through the two-story window wall. Glance to the right and there's a lively scene hailing from Harrington's Irish Pub. Across from there, delightful tea and conversation brew at the Mediterraneo Café—a side dish of laughter included. Walk up the grand staircase and a movie theater with plush seats opens its doors as a satisfied audience exits a screening of a popular film.

Back downstairs, light emanates from the doorways of Physician's offices, the mail room, and the beauty parlor. Excitement billows from this interior intersection, but down each hallway quieter retreats await their respective dwellers. All 75 units have large private bath rooms, half of the units feature a second bedroom, and a third of the units have French doors leading to walkout patios. Entering one of these spaces reveals the open concept design that invites a great deal of customization for resident furnishing. Coffered ceilings increase the height above the spacious living rooms which gently ease into the kitchen, where a full refrigerator, glass range stove top, granite counters, and maple cabinets adorn the space and address culinary needs. Throughout the area, dimmable lighting in the form of recessed elements and

hanging pendant lanterns give the exact level of illumination desired.

The specific location of Country Living at Westview Commons within a wooded section of a quiet Northeastern Connecticut neighborhood makes it easy to understand why the name of this residence begins with that particular adverb. Lush trees are the only skyscrapers surrounding the property, and this arboreal filter sends patterns of dappled sunlight across the landscape all day long. This verdant canopy densely sifts the summer sun, gradually allowing more light to pass through as the leaves transition to the amber tones of autumn and find their way to the ground—but prospective residents needn't have any concern for rakes, bags, and tarps. The only thing more enjoyable than fall in New England is the version of fall in New England where leaf cleanup is completely maintained by a staff of landscapers; freeing up more time for quality life moments. Winter months won't demand any more exertion from the residents of Westview Commons either. Westview maintenance staff has managed heavy snowfalls for decades, and every effort will be made to ensure safe passages all around the new compound. Furthermore, 55 indoor parking spaces below the building will help a segment of this residential population eschew the elements completely between off-site adventures.

Dayville, Conn. is in an ideal location for those interested in living in the center of a spray chart of appealing destinations. Specifically: 117 Ware Rd., Dayville, Conn., is three-and-a-half hours from New York City, one-and-a-half hours from Boston, and 45 minutes from Providence. This proximity to some of the most major

metropolitan cities almost infinitely expands the cultural options available. Nearer excursions are also possible with down-the-road proximity to Interstate 395; bringing all of Connecticut's Windham County and New London County well within reach. Even shorter circuits might involve a trip to enjoy the latest musical comedy in the Bradley Theater, a brief drive down the famously picturesque Connecticut Route 169, or an outing for a glass of the season's best chardonnay at Taylor Brooke Winery. The neighboring towns of Putnam, Woodstock, Pomfret, Brooklyn, and Killingly are all within a 15-20 minute ride through the countryside. Country Living residents will easily be able to choose between a quiet night in the country or a spirited night on the town—but with the events and venues available directly at Westview Commons, the most entertaining evening may be just a short walk down the hall!

Westview Health Care Center's ownership, leadership, staff, and physical building are poised to stand as heralds for Country Living at Westview Commons. Meticulous detail went into planning this home of luxe living. Making a magnificent senior living option affordably attainable is also a credit to Westview's 45 years of family ownership and operation. Financial latitude is afforded by decades of inherited knowledge that requires no extra expense to dispense. The five-star facility's efficiency in operation and expertise in management are traits that are now passed on to this newest member of the Westview family.

The clear objective of everyone involved in Westview Commons is to model this residence after a five-Star hotel, and thus maintain consistency with the five-Star facility that is Westview Health Care Center. Plans are available for every level of need within retired society. The one-bedroom and two-bedroom model units are available for viewing, and scheduling an informative tour with Executive Director Donna Copeland is a great way to learn about specific details that help with this very important decision. Whether expectations are deluxe or simple; whether independent living is preferable or assisted living is needed; whether interested individuals wish to expand their social circle or they just want to be able to invite their current friends to a glamorous new home where the only thing they have to worry about is getting a good seat at the piano concert down the hall—Country Living at Westview Commons is pleased to accommodate. More information about the property can be found at www.westviewcommons.com or by calling Donna Copeland, Executive Director at (860) 428-2230.

Eagle Scout recognized for firepit project

BY JASON BLEAU
CORRESPONDENT

DUDLEY – The town of Dudley is home to numerous Eagle Scouts who do their due diligence to give back to their community through their Eagle Scout projects every year. The Board of Selectmen usually takes time to acknowledge the commitment of these young men, and on Oct. 7, they recognized Zachary Cournoyer who led a project at the Dudley Municipal Complex to build a fire pit for the enjoyment of the residents of Dudley.

The selectmen presented a proclamation to Cournoyer during their Oct. 7 meeting where the Nichols College student and lifelong Dudley resident spoke about his initiative.

“I can’t thank (the selectmen) enough. They played a major role in me becoming an Eagle Scout. I want to thank everyone who helped me along the way obviously my friends and my leaders in scouting but also my parents did probably more of the work than I did,” Cournoyer said.

Selectmen were quick to congratulate the new Eagle Scout on his success and thank him for his work on providing a new source of community entertainment for years to come. Selectman Jason Johnson commented that he was one of several selectmen who got to see Cournoyer's project come to fruition first hand.

“I think I got to see a little bit of all the

hard work and the rigmarole that goes into what you needed to do,” Johnson said addressing Cournoyer. “The best part was the leadership your provided to the younger boys.”

Board Chair Steve Sullivan said being able to recognize young men like Cournoyer is a highlight of any given meeting and is a reminder of the good things that people both young and old do to contribute to the town.

“This is one of our good ones,” Sullivan said. “We get invited a lot to ceremonies and we always try to send a representative. It's really nice to see (Zachary) come in because he's a lifelong resident, he's still in Dudley and nobody knows the hard work except Zach and his folks and his fellow Eagle Scouts.”

Selectman John Marsi noted that Cournoyer is just one of many Eagle Scouts that have called Dudley home. Cournoyer himself said that's a testament to the community and how young people are brought up in the town.

“I think that says a lot about Dudley. We do turn out a lot of Eagle Scouts here and that shows you it's not just the Eagle Scouts doing that work. People have to help them. I think Dudley does a great job of that,” said Cournoyer.

Selectmen were also scheduled to recognize Daniel Kelley for his Eagle Scout project however that ceremony was put on hold to allow Kelley to attend a meeting in person.



Courtesy Photo

Dudley selectmen recognize Eagle Scout Zachary Cournoyer for his scout project building a new community fireplace.

Veterans Golf Tournament raises \$3,000

Courtesy Photos

Veterans and supporters in the Eighth Annual Veterans’ Golf Tournament at Dudley Hill Golf Club on Oct. 12 raised \$3,000, and donated \$1,000 to each the Webster-Dudley Veterans Council, the VFW and the DAV.



Courtesy Photo

RIBBON

continued from page 1

in 2013 when the chief was approached about conducting a feasibility study to upgrade or replace the building and a Fire Station Building Committee was formed. Several plans were drawn up and one was even voted down by the town before voters were finally presented with a plan they could accept.

“The original fire station was built in 1960 and housed a few trucks and an all volunteer staff. In 1983, a second floor was added to accommodate a kitchen and a training room. Since this time Dudley Fire has slowly transitioned to a full-time service going to 24/7 coverage in 2013 with EMS. The building at the time did not meet ADA building codes and did not offer the appropriate facilities to house overnight staff,” Chief Kochanowski said. With the rebuild complete all those issues have been resolved and Dudley now has a fire station build for the future. “We now have a fiscally responsible and modernized building that will take the fire department through the next 60 to 75 years.”

Town Administrator and former Dudley selectman Jonathan Ruda commented on the long, often arduous road the town took to receiving voter support and making the Dudley Fire Station project a reality. After commenting how a proposal in 2015 “went down in flames” when presented with voters both selectmen and the chief deduced that voters didn’t have a problem with investing in a fire department but were discouraged by the price and proposed location. The price was eventually cut and the idea of rebuilding the previous station was proposed which eventually earned voter support. Ruda said part of that success was due to town officials utilizing new ways of connecting with voters, specifically through social media.

“I think that as part of this celebration we should recognize the evolution in the relationship between our local government and the community that this project ushered in. For the first time in our town’s history the use of social

media as a tool for the local government officials to communicate and have a two-way dialogue with the community has proven to have been instrumental to bringing us to this ribbon cutting,” said Ruda.

Representing the Board of Selectmen, board Chair Steven Sullivan said he and his fellow town leaders were thankful to everyone involved in the initiative and commented on the long hours of work and brainstorming that went into making seeing the project through to the very end.



“We’re thankful for the countless hours of volunteerism, of meetings, of paring the budget to get the fire station down to a number everyone could live with,” Sullivan said. “This is a facility that is going to last us 50 or more years. The board could be no prouder of the people of Dudley that allowed this to happen. Since I’ve been a member of the Board of Selectmen, we’ve finished the town hall project, we constructed a library, the school has been all modernized, the town of Dudley is moving forward with limited means and limited capital.”

The ceremony also included appearances and speeches from State Sen. Ryan Fattman and State Representative Peter Durant who both presented citations to Chief Kochanowski and the rest of the Dudley Fire Department staff. Visitors were also given tours of the facility getting their first looks at the station that will serve the needs of Dudley’s first responders for decades to come.

AQUARION, OXFORD FD COMPLETE FLOW TESTS, TRAINING ON NEW INFRASTRUCTURE

The Aquarion Water Company is always committed to promoting public safety by working closely with Oxford Town departments. Aquarion recently completed upgrades to one of their pumping stations on Sutton Avenue to improve service and fire fighting capabilities along Sutton Avenue and Joe Jenny Road. Aquarion foreman Paul Drapeau and local Oxford Fire Department Lt. Lambert and his crew, recently completed testing and training of the new pumping equipment. A fire hydrant on Joe Jenny Road was operated to test the capabilities of the new high flow pump. This project highlighted Aquarion’s continued investment in the water system serving the Town of Oxford.

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OBITUARIES

Brenna A. Larson, 17

NORTH GROSVENORDALE – Brenna A. Larson, 17, of Floral Ave., passed away unexpectedly as the result of a car accident on Monday, October 14, 2019. Born in Worcester, MA, she was the daughter of Eric Larson of Charlton, MA and Charlotte (Ignasiak) Fisk of N. Grosvenordale, CT



Brenna was a bright student in her senior year at Harvard H. Ellis Technical High School. She enjoyed helping her many friends and had a great love for life. She loved all animals and enjoyed helping out at her friend's farm.

She had a big heart and it showed in everything and to everyone with everything that she did. She volunteered her time at the A.R.C. in Brooklyn, CT and the Charlton Senior Citizens Center in Charlton, MA.

In addition to her parents, Brenna is survived by her maternal grandparents, Jean (Neeser) Bayliss and her step-grandfather, Eric Bayliss; her paternal grandmother, Barbara Larson of Charlton, MA; her Godfather, Damon Anderson and his wife Cathy of

Webster, MA; her Godmother, Rhonda Duhamel and her husband Richard of Dudley, MA; her Uncles, Keith Ignasiak and his wife Lori of N. Carolina; Vity Larson and his wife Dianna of Charlton, MA; and Swen Larson and his wife Michelle of Sutton, MA; and her aunts, Kim Houle of N.Carolina, Donna Berhens and her husband Peter of Oxford, MA, Samantha Ignasiak of Wiltonville, CT, and Kelly Mankamyer and her husband David of Mississippi. She is predeceased by her paternal grandfather, the late Steen Larson and her maternal grandfather, the late Joseph Ignasiak.

Relatives and friends were invited to visit with Brenna's family from 4:00 p.m. to 7:00 p.m. on Friday, October 18, 2019 in the Valade Funeral Home and Crematory, 23 Main St., N. Grosvenordale. A gathering began in the funeral home at 9:00 a.m. on Saturday, October 19, 2019 followed by a Mass of Christian Burial at 10:30 a.m. in St. Joseph Church, 18 Main St., N. Grosvenordale, CT. Memorial donations may be made in Brenna's name to Protectors of Animals, P.O. Box 24, Glastonbury, CT 06073. For memorial guestbook visit www.GilmanAndValade.com.

Dorothy M. Makara, 86

WEBSTER – Dorothy M. (Pizzetti) Makara, 86, died Tuesday, October 15, 2019 in Webster Manor after an illness. Her husband, Bernard J. Makara, died in 2006.



She leaves her daughter, Karen Matczynski and her husband Steven of Dudley; 3 grandchildren, Makara Lynn Newkirk, Alan Bernard Meisler and Kaven James Matczynski; 3

great-grandchildren, Logan Michael Preston, Emma Lyn Newkirk and Gracie Lyn Newkirk; and two uncles, Walter and Alfred Pizzetti, both of Webster.

She was born on October 4, 1933 in Webster, the daughter of Adeline Pizzetti and graduated from Bartlett High School in 1951. She lived in Webster most of her life.

Mrs. Makara first worked as a sales clerk at Key's Department Store, later known as Mammoth Mart. She then was a certified nurse's assistant at the former Oakwood Nursing Home until she retired.

She was a member of Saint Louis Church.

The funeral was held Monday, October 21, from Scanlon Funeral Service, 38 east Main St., with a Mass at 10:00 AM in Saint Louis Church, 14 Lake Street. Burial will be in Saint Joseph Garden of Peace, Webster. A visiting hour was held from 8:30 to 9:30 AM Monday in the funeral home, prior to the Mass. Donations in her name may be made to either St. Jude Children's Research Hospital, New England Office, 313 Washington St., Suite 310, Newton, MA 02458 or to Brigham & Women's Hospital Research Dept., 75 Francis Street, Boston, MA 02115.

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Thaddeus A. "Ted" Lesniewski, Sr., 94

SOUTHBRIDGE- Thaddeus A. "Ted" Lesniewski, Sr., 94, passed away on Thursday, Oct. 17th, in the Harrington Memorial Hospital, after an illness.



His wife of 70 years, Joanne M. (Kondek) Lesniewski, passed away in 2017. He was also predeceased by his two sons, Ronald Lesniewski in 1998 and Thaddeus A. Lesniewski, Jr. in 2010. He leaves his daughter-in-laws, Dorothy Lesniewski of Webster and Sheena Lesniewski of Pembroke, NH; his four grandchildren, Kristen Lesniewski of Worcester, Matthew Lesniewski and his wife Jane of

Southborough, Kate Lesniewski and her companion Chris of Manchester, NH and Faye Lesniewski and her husband Bruce of Richmond, VA; his two great granddaughters, Eva Lesniewski and Lucy Lesniewski and one new great granddaughter on the way; and several nieces and nephews. He was predeceased by his brothers, Anthony, Stanley, Charles, Joseph and Alexander and by his sister Frances Maciejewski. Ted was born in Southbridge the son of Frank and Frances (Samsel) Lesniewski.

Ted attended Mary E. Wells High School and was a graduate of Cole Trade Vocational High School, both in Southbridge and was the senior class president. He attended Fitchburg State College and Westfield State College. He also attended the University of Krakow in Poland, studying Polish culture, history and language. He was very proud of his Polish heritage.

Ted was a machinist at the American

Optical Co. in Southbridge for 24 years. He then was an instructor at Tantasqua Regional High School in Sturbridge in the Machine Department for 24 years before retiring. While at Tantasqua he held many roles: department Chair of the drafting, machine and welding department, the co-op coordinator for the school and for local companies, member and treasurer for the Teacher's Association, member of the N.E.A. and Mass Teacher's Association, and member of the Retired State and County Municipal Employees Association of Mass. Ted was also a member and past president of the Trinity Catholic Academy Advisory School Board, president of the Worcester Dioceses Serra Club of Central Mass, a member of the Southbridge Democratic Committee, a member of the Southbridge Arts Center, and was also recently a poll inspector for elections in Southbridge. Ted was a lifelong member of St. Hedwig's Parish and served as a lector, eucharistic minister, and chair and co-chair of its Bishop's Fund for four years. He also served on the Parish Council and was a member of the parish's Saint Stanislaw Society. He was an active member of the Pilsudski Polish American Citizens Club in Southbridge serving as its past President, Vice President, Financial Secretary, Assistant Treasurer and Scholarship Chair.

Ted's funeral was held on Tuesday, Oct. 22nd, from the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, with a Mass at 11:00am in St. Mary's Church of the St. John Paul II Parish, 263 Hamilton St., Southbridge. Burial was in St. Hedwig's Cemetery, Southbridge. Calling hours in the funeral home were held on Monday, Oct. 21st, from 5:00 to 7:00pm.

In lieu of flowers donations may be made to the Trinity Catholic Academy, 11 Pine St., Southbridge, MA 01550. www.morrillfuneralhome.com

Chester S. Cyganiewicz, Jr., 72

WOODSTOCK-Chester S. Cyganiewicz, Jr., 72, passed away on Wednesday, Oct. 16th, in his home, after a long illness.



He leaves his wife of 50 years, Karen A. (Green) Cyganiewicz; his son, Michael J. Cyganiewicz of Dudley; his two daughters, Wendy A. Labonte and her husband Dennis of Southbridge and



Katie L. Ziarko and her husband Bill of Woodstock; his brother, Glen Cyganiewicz of Dudley; and his six grandchildren, Kayla Pelc, Andrew Pelc, Nathan

Cyganiewicz, Ryan Cyganiewicz, Alex Ziarko and Kaylee Ziarko. He was born in Southbridge the son of the late Chester S. and Eugenia G. (Ohop)

Cyganiewicz. Chester was a US Army Veteran of the Vietnam War.

Chester worked for New England Grocers for 30 years, retiring many years ago. He was a member of the Teamsters Union Local 170, Worcester. After retiring he turned a passion into a career and became a commercial fisherman operating out of Point Judith, RI for 10 years. Chester enjoyed hunting and fishing. He also enjoyed landscaping and gardening. Chester loved collecting antiques, a passion he shared with his wife, children and grandchildren.

His funeral services and burial will be private. There are no calling hours.

In lieu of flowers donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

www.morrillfuneralhome.com

Marilyn Eleanor Clemmey Longo

Marilyn Eleanor Clemmey Longo, born July 20, 1943, passed away peacefully on October 14, 2019. Marilyn was born in, and spent most of her childhood, in Worcester MA.



One of five children, Marilyn leaves behind her youngest sister, Veronica "Vera" Sloat; While predeceased by her sister Marges Brown, and brothers Thomas and Paul Clemmey.

Marilyn also leaves behind her three children of whom she loved and dedicated her life to, Micheal and John Clemmey both of Putnam, CT and Debra Clemmey of Dudley, Ma.

Marilyn's childhood, filled with some of her fondest memories, was spent feeding and walking the Ringling Brothers Circus elephants. Between the exciting trips to town from the circus, and helping her father raise German Shepherds, Marilyn's time on earth began with loving, lifelong, memories.

Marilyn spent her formative years living in Sutton, and forming bonds with many close friends. Her quick wit, and larger than life personality drew people to her; Marilyn maintained her closest friendships until her final hours. After 65 years, she leaves behind her two closest friends who had the pleasure of enjoying her light longer than most, Marilyn King and Marina Duteau.

As a graduate of Sutton High School's class of '61, Marilyn went onto spend her young adulthood working as a bookkeeper at the PaperBox Company.

Early in the 1980's, Marilyn Clemmey and Sebastian "Sam" Longo had the rare, but good fortune of being set up on a blind date. They married in 1986 at Elm Park in Worcester, where the large rock that still sits near Park Avenue remains a symbol of joyful and tender times for friends and family. Many memories, and stories told about the love shared between Sam and Marilyn began in that park, nearby that stone.

The couple began their lives together with children, Michael, John and Debra after purchasing their first home together on Beaver St. Worcester. Together they began Goodwin

Trucking. While Marilyn managed the administrative side of the business, Sam ran the Trucks and oversaw his crew. The business grew, as did the children, and Marilyn began to follow her own interests and beloved activities.

What began as a love of marketing secondhand wares at flea markets, later turned into Marilyn's own secondhand store, Hidden Treasures, which she not only ran but truly dedicated her heart to. She ran the second hand store for many years before retiring. During this time, she also relished in hobbies that she perused with fervor. From painting, to quilting and crafting with her grandchildren, of whom she sadly leaves behind as well. Clarissa Staruk, Alysha Clemmey, Bryanna Tremblay, Elizabeth Cormier, Johnny Clemmey Jr., who have all suffered a great loss, and look to their most memorable moments with Gram for comfort.

Painting was a special memory Gram shared especially with her great grandchildren, sons of Clarissa Staruk. Zachary and Alex Staruk, will miss her dearly.

With great granddaughters Esmeralda and Joliyn Mayo, Marilyn extended her love and played, enjoying her time with them as she aged. Both young girls will have many stories and memories to hear about, when family and friends reminisce with them. Marilyn Longo lived a life of experience, and the family will continue to pass down her free spiritedness.

The family wishes to thank everyone who made the effort to visit, talk to, and spend time with their beloved mother and grandmother during her time at Lanessa.

Out of respect for Marilyn's wishes, the family has chosen to forego a wake and funeral services, but instead host a celebration of life to be held at a later date.

In lieu of flowers, the family asks that donations be made in her name to The Elephant Sanctuary, in Hohenwald, TN.

Funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA. A guest book is available at www.shaw-majercik.com where you may post a condolence or light a candle of remembrance.

Gail M. Racicot, 64,

UXBRIDGE- Gail M. Racicot, 64, passed away on Fr. Oct. 18, 2019 after a period of declining health.



She is survived by her daughter Tricia C. Clark and her husband Chris of Dudley; 3 grandchildren, Makayla St. Laurent, Jesse Clark, and Kristen Barnes; a brother, Wayne M. Racicot and his wife Paula of Uxbridge; 2

sisters, Beverly A. Bauman of Uxbridge and Barbara L. Aubin of Uxbridge, as well as several nieces and nephews. She was predeceased by 2 brothers, Mark S. Racicot, and Kenneth Racicot.

Born in Whitinsville on Jan. 4, 1955 Gail was daughter of the late Roger R. and Theresa M. (Havalotti) Racicot and grew up in Uxbridge. Gail was a grad-

uate of Uxbridge High School Class of 1973 and worked for many years as a payroll clerk for Alternatives Unlimited in Whitinsville. She also worked for the Christmas Tree Shop in Shrewsbury, as an overnight shelf stocker for about 10 years, until her retirement. Above all, Gail loved her family, and enjoyed spending time with them, especially her grandchildren. She was an avid Red Sox fan who also enjoyed playing bingo, and card games with friends.

Her Funeral Mass was held on Wed. Oct. 23, at 11 AM in Good Shepherd Church, 121 Linwood St., Linwood. Burial followed in St. Mary's Cemetery. Calling hours at Tancrell-Jackman Funeral Home, 35 Snowling Rd., Uxbridge will be held on Tues. Oct. 22 from 5-8 PM. To leave a condolence message for her family please visit: www.JackmanFuneralHomes.com

*Send all obituary notices to
Stonebridge Press, PO Box 90,
Southbridge, MA 01550, or by e-mail
to obits@stonebridgepress.news*



CALENDAR

OBITUARIES

Mondays, September 9-November 11 and Tuesdays, September 10-November 12

OUR BRIGHT FUTURE INC. PRESENTS “INTRODUCTION TO ROBOTICS — BUILD ME UP PROGRAM: First Session (grades 3, 4, and 5) 3:30-5:30 p.m., second session (grades 6, 7, and 8) 3:30-5:30 p.m., Gladys E. Kelly Library, 2 Lake St., Webster. Sign up at www.ourbrightfutureinc.org. Financial assistance will be offered to those who qualify. Please e-mail our-brightfutureinc@gmail.com for further information.

Saturday, October 26

FLEA MARKET WITH CAFÉ AND BAKE SALE: 9 a.m.-2 p.m. (café open from 11 a.m. to 1 p.m.), United Church of Christ, Federated, Fellowship Hall, 4 Church St., Webster (across from Town Hall). A portion of the proceeds will be donated to disaster relief funds.

ANNUAL HARVEST DINNER: 5-6:30 p.m., Oxford United Methodist Church, 465 Main St. Turkey with all the fixings, dessert and assorted beverages. Cost is \$12 for adults and \$5 for kids. For additional questions, contact the church office at (508) 987-5378 or Nancy Bouchard at (508) 328-8839.

Sunday, October 27

TRUNK OR TREAT: 3-5 p.m., Memorial Beach, Webster. Due to concerns over EEE, there has been a change in the date and time for our Trunk or Treat. Please bring your ghosts and goblins to Memorial Beach on the 27th for candy and crafts.

Wednesday, October 30

MONTHLY BOOK GROUP: 6:30-8 p.m., Booklovers’ Gourmet, 55 East Main St., Webster. The group will discuss “The Witch Elm” by Tana French. Space is limited, so please call Deb at (508) 949-6232 to register.

Saturday, November 2

OXFORD VFW POST 5663 GRAND RE-OPENING EVENT AND ANNUAL CHICKEN BARBECUE: 1-4 p.m., 20 Federal Hill Rd., Oxford. \$10 donation. There is a limited number of tickets, available at the post beginning at 1 p.m. on Oct. 21. Thanks in advance for your faithful, continued support of our post!

Tuesday, November 5

OXFORD WOMAN’S CLUB: 7 p.m., Oxford Senior Center (behind town hall). The program for the evening will be Chief Saad of the Oxford Police Department. Our Community Project for the month will be food donations for the Oxford Food Shelf. All are welcome to come to our meeting and see what we do for our community.

Tuesday, November 12

VETERANS APPRECIATION LUNCH: Noon, Point Breeze Restaurant. For veterans of any military branch residing in Webster, Dudley, and Oxford. RSVP by leaving a message at (508) 949-8798. Seating is limited.

Friday, November 15

DUDLEY WOMEN’S CLUB SPONSORS “FUNNY 4 FUNDS COMEDY NIGHT”: DWC’s second comedy fundraiser will be held at Point Breeze Restaurant in Webster. Doors open at 6:30 p.m., show starts at 7:30. Cost is \$20 per person. Tickets can only be obtained by visiting www.funny-4funds.com/events. There will be basket raffles and a 50/50 drawing! For more information please contact Jackie at (508) 905-9075. Come join us for a hilarious evening of “over 18, adult” comedy featuring top local comedians!!!! If your business is interested in being a \$100 SPONSOR for this event, you will be recognized in several ways: Funny4Funds website event page, table-top sponsor list, stage banner sponsor list on event night, business cards and or promotional items placement on tables. Visit the website to sign up or call Jackie for assistance.

Saturday, November 16

CRAFT FAIR: Holy Trinity Church will be hosting a vendor and craft fair 9 a.m. until 3 p.m. at the American Legion Post 184 in Webster, located at the corner of School Street and Houghton Street.

There will be handmade crafts as well as vendors present. Come purchase some home baked goodies or try a chance at our raffles. The kitchen will be open serving homemade soup and food. Admission is free, but we ask that you consider donating a non-perishable food item to us to help out our local food

bank.

ST. ANN CHURCH FALL FAIR: 9 a.m.-3 p.m., St. Ann Church, 652 Main St., North Oxford. St. Ann Church is having a Fall Fair with an indoor flea market featuring jewelry, women’s accessories, household items and more. The fair will also have Thanksgiving and Christmas gift items, Santa’s workshop with crafts for children, seasonal food and raffle baskets. Parking is available behind the fire station.

HOLY ROSARY SODALITY CHRISTMAS BAZAAR: 10 a.m.-5:30 p.m., St. Andrew Bobola Parish, Dudley. There will be vendors of all kinds at our annual Christmas Bazaar, baked goods, a lottery raffle, indoor flea market, Thanksgiving basket etc. New this year is a money raffle. Any questions, please call Joyce Plotczyk at (508) 943-1689. Crafters wanted; please call Joyce at (508) 943-1689 or send e-mail to crafting01@hotmail.com to reserve a space.

FALL FAIR AT ST. ANN CHURCH: Oxford’s St. Ann Church is holding a Fall Fair with an indoor flea market featuring jewelry, women’s accessories, household items and more. The fair will also have Thanksgiving and Christmas gift items, Santa’s workshop with crafts for children, seasonal food and raffle baskets. Located at 652 Main Street, North Oxford. Open from 9 a.m. to 3 p.m. Parking is available behind the fire station.

ALL YOU CAN EAT SPAGHETTI SUPPER: A spaghetti supper will be held at the Webster Lodge of Masons, Brades Street, tonight from 5-7 p.m. Tickets are \$12 adults, \$6 for preteens (ages five to 12); under five are free. Drinks and dessert are included in the meal.

Sunday, November 17

HOLY ROSARY SODALITY CHRISTMAS BAZAAR: 8:30 a.m.-12:30 p.m., St. Andrew Bobola Parish, Dudley. There will be vendors of all kinds at our annual Christmas Bazaar, baked goods, a lottery raffle, indoor flea market, Thanksgiving basket etc. New this year is a money raffle. Any questions, please call Joyce Plotczyk at (508) 943-1689. Crafters wanted; please call Joyce at (508) 943-1689 or send e-mail to crafting01@hotmail.com to reserve a space.

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Stacia E. Pepka, 97

WEBSTER- Stacia E. (Migala) Pepka age 97 passed away Sunday, October 13, 2019 at the Webster Manor. She was the wife of the late Anthony A. Pepka who passed away in 1989. She leaves a son Robert Pepka and his wife Karen of Dudley, two grandchildren David and Bethaney. She also leaves a sister Elizabeth Corbitt of Wareham, MA. Stacia had a brother and a sister that predeceased her, Joseph Migala and Janet Piucci.

She was born in Southbridge, daughter of the late John Migala and Sophie (Grudzien) Migals and lived in Webster since 1948 prior to that living in Southbridge. Stacia worked for over 35 years as a waitress for Howard

Johnson’s. She was a member at the Webster Senior Center, the silver dippers, St. Joseph’s Basilica, and enjoyed playing cards. A special thank you to nurse Sam, Tim and Brianna. There are no calling hours and all services and burial will be private in St. Joseph Garden of Peace, Webster. Please omit flowers and donations in her memory may be made to the Perkins School for the Blind. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with her arrangements. A guest book is available at www.shaw-majercik.com where you may post a condolence or light a candle.

Rachael E. Geren, 25

SPENCER- Rachael E. Geren, 25, of North Brookfield Road died Saturday, October 12 in St. Vincent Hospital.



She leaves her parents Michael Geren of Casey, Iowa and Staci Geren-Tallman and her husband Michael of Spencer, a daughter Kayli E. Geren and her father Sean Murray of Webster, a brother Noah Geren of Spencer, two sisters; Hannah Geren and Madison Tallman both of Spencer, a niece and two nephews.

Rachael was born in Evansville, Indiana, She was a Certified Nursing Assistant and previously worked at

Overlook Masonic Home and Quaboag Nursing Home. She enjoyed cooking, music and her phone. She was very artistic and loved all animals. She was happiest when she was spending time with her family especially her daughter Kayli.

A Funeral Service was held on Friday, October 18 at 5:00 PM in J. HENRI MORIN & SON FUNERAL HOME, 23 Maple Terr., Spencer. Calling hours preceded the Service from 2:00-5:00 PM in the funeral home. In lieu of flowers memorial donations may be made to Second Chance Animal Services, Inc., P.O. Box 136, East Brookfield, MA 01515.

www.morinfuneralhomes.com

Linda A. Leech, 59

BALLOUVILLE- Linda A. (Robidoux) Leech age 59 passed away at Day Kimball Hospital, Sunday, October 13, 2019. She leaves her son Ryan M. Leech of Glocester, RI, a daughter Danielle Duquette and her husband John of Blackstone, MA, grandchildren, Brayden, Mason, Jordan, Hanna, Reagan and Ryan Jr. She also leaves a sister Norma J. Borowski of Pascoag, RI. She was born in Worcester daughter of the late William Robidoux and Doris (Blais) Robidoux and lived in Ballouville for the past 17 years prior

to that living in Pascoag, RI. Linda worked for the Target Dept. Store in Killingly, CT. She enjoyed working with stained glass, gardening and motorcycles. There are no calling hours and a celebration of life will be announced at a later date. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with her arrangements. A guest book is available at www.shaw-majercik.com where you may post a condolence or light a candle.



Experts in cancer care are closer than you think.

Day Kimball Healthcare is proud to welcome these cancer experts to our nationally accredited Cancer Care program:

Gino Bottino, MD, right, is a board-certified medical oncologist and completed his residency at Montefiore Medical Center.

Carmen Pisc, MD, left, is a board-certified medical oncologist and brings more than 30 years of experience to Day Kimball.

Phyllis Kelliher, RN, MSN, OCN, FNP-BC, center, is an advanced practice registered nurse and nurse practitioner bringing nearly 19 years of oncology experience to our team.

Day Kimball’s patient-centered approach brings together the expertise of our board-certified physicians, cancer specialists and other professionals to ensure our patients receive the best possible care, so they can concentrate on getting well. It’s another way we are redefining what a community hospital should be.

Your hospital. Revolutionizing care.



DAY KIMBALL HEALTHCARE

A community partner of YaleNewHavenHealth

daykimball.org/cancercare

CALENDAR

Tuesday, November 19

WHY DO AUTHORS WRITE? HOW DO THEY BEGIN?: 6:30 p.m., Gladys E. Kelly Library, 2 Lake St., Webster. Kennedy Hudner, author of the trilogy “Alarm of War” and his most recent crime thriller “North Harbor,” will talk about writing and the writing process from the initial kernel of an idea to the completed novel. Kennedy will talk about his own writing and will read passages from his most recent work, North Harbor. “North Harbor” is a fast paced crime thriller set on the scenic Maine Coast. You’ll never look at a lobster boat in the same way again. In the small Maine fishing village, the police department is bought and paid for. A freighter drops \$30 million of heroin in the ocean, ready for pick up and off the coast a drug cartel fast boat and a Coast Guard cutter play a deadly game of cat and mouse. In the middle of it all, a DEA undercover agent working inside the North Harbor Police Department, discovers that his family is in danger as the cartel hit squad closes in. and in a long perilous night fraught with violence and death, the DEA agent’s two teenage sons are put to the test.

Thursday, December 12

SOCIAL SECURITY – YOUR QUESTIONS ANSWERED: 6 p.m., Gladys E. Kelley Library, 2 Lake St., Webster. Social Security will likely be the foundation of your retirement income. Before you retire, it’s important to understand your options and the effect your decisions have on your retirement. Hosted by Edward Jones Financial Services, Auburn. Presented by Dennis Antonopoulos, Edward Jones Financial Advisor.

ONGOING EVENTS & INFORMATION

TRIPS OFFERED

The “Trips Offered” section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stone-bridgepress.news.

BAY PATH ADULT EVENING SCHOOL

Fall 2019 catalog offerings

New England Patriots vs. the Baltimore Ravens — “Tours and Pours” 3 Days/2 Nights Nov. 2-4
What’s included: Roundtrip Motorcoach transportation, lodging, five meals, city tour of Baltimore, three brewery tours, distillery tour, winery, reserved seats at M & T Bank Stadium Tour Director, and more!
\$799pp double occupancy, \$949 single occupancy, \$789 triple occupancy, \$779, quadruple occupancy.
For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

A Country Christmas in Nashville, Tenn. at the Gaylord Opryland Hotel 4 days/3 nights Dec. 6-9
What’s included: Roundtrip airfare from Logan Airport, including transportation, three-night lodging, seven meals, Gaylord Opryland exclusive dinner show, ticket for holiday show at Opry House, tour of the Ryman & Grand Ole Opry, ICE Gaylord Opryland, General Jackson Showboat river cruise, and so much more!
Standard view room \$1,899pp double occupancy, \$2,249pp single occupancy
Atrium view room \$1,999pp double occupancy, \$2,399pp single occupancy.
For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

Wine Country Pacific Coast Cruise 9 days/8 nights April 6-14, 2020
What’s included: Roundtrip Motorcoach transfers, roundtrip airfare from Logan Airport, one night pre-cruise stay in Los Angeles, 8 day/7 night cruise on board Princess Cruises-The Star Princess, visiting Los Angeles, Santa Barbara, San Francisco, Astoria Oregon, Victoria, B.C., Vancouver, B.C., winery tours, all meals on board ship, and more!
*A valid passport is REQUIRED for this trip
Prices starting at \$2,499pp double occupancy (plus tax, transfers & government fees)
For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

COMMUNITY MEALS: Blessed Backpack Brigade Community Fellowship Meal served from 5-6 p.m. American Legion Hall, 9 Houghton St, Webster. Please note there is no handicapped access, but we will have volunteers to provide you with assistance. Free hot meals to anyone in need. Everyone is welcome. Join us for great food, fellowship, and fun! For more information, or to donate or sponsor a meal, call Lauri Joseph 774-230-8988. Blessed Backpack Brigade Community Fellowship Meals are served the 1st and 3rd Wednesday of each month at the American Legion on Houghton Street, Webster.

ALZHEIMER’S SUPPORT: The Webster Alzheimer’s Support Group meets the second Monday of each month at Webster Manor, 745 School St., from 6-8 p.m. Anyone in the area who feels they are in need of help, doesn’t know what to do, or is a caregiver for someone with Alzheimer’s, is invited to attend and express their concerns regarding the care for their loved one. The members of the group will discuss the ways, means, and the help you will need as your loved one progresses in this disease.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby of Coin Collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. Fourth Wednesday of each month at 6:30 p.m. in the Oxford Senior Center located at 323 Main St., the building directly behind Oxford Town Hall. For information contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

HELP FOR HELPERS: Do you have a family member struggling with addiction or alcoholism? You are not alone. Join Families Helping Families Support

CHARLTON SENIOR CENTER

Trip Coordinator Dotti Murphy - Please call 978-424-7010
Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center
Pick up is from St. Joseph’s Church 10 H Putnam Rd. Ext., Charlton
2019 Day Trips

Nov. 14 (Thurs) Ricky Nelson Remembered - Ricky Nelson’s twin sons perform their father’s hit songs - Venus DeMilo, Swansea \$95.00
Dec3(Tues)JohnnyMathisChristmas Tribute - Ultimate tribute to Johnny Mathis with Christmas songs and some of his biggest hits - Davensport Yacht Club -\$92.00

2019 Overnight Trips

Sept 20 - 22 Lake George Balloon Festival - 3 days, 2 nights -\$449pp double, \$599 single

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

DAUGHTERS OF ISABELLA

The Daughters of Isabella proudly present our 2019 Fantastic Worldwide Tours!

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women’s organization

DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

DUDLEY SENIORS

Dudley Seniors presents a Branson Show Extravaganza, Saturday, May 2 through Sunday, May 10, 2020, \$905 per person, double occupancy. Incredible

Group. Meetings at Dudley Senior Center every first and third Monday of the month, 6:30-8 p.m. We spend so much time with our addicted loved one, that we become victims ourselves. Join us. It’s informal, confidential, with tough love advice from the heart, sharing of resources, hope and hugs.

HOLISTIC HEALTH: Chair Yoga and so much more every Tuesday from 10:30 to 11:30 a.m. at The First Congregational Church, 135 Center Road, Dudley (please park and enter through the right side basement entrance). Class Fee: \$5/class voluntary contribution (Cancer patients always free). Proceeds donated to the First Congregational Church of Dudley. Instructor: Joanne LaLiberte, Holistic Health practitioner..

KNOWING KNITTERS: Come join the Drop In Knitting Group from 5:30 to 7:30 p.m. Thursdays evenings and 10 a.m. to noon on Fridays at the Pearle L. Crawford Memorial Library, Schofield Avenue, Dudley. All ages and levels, from beginner to expert, are welcome. For more information, call Mary Kunkel at (508) 943-8107.

GOT FOOD? The Bread of Life Food Pantry, Calvary Assembly of God, located at 105 Southbridge Road, is open Mondays from 10 a.m. to noon and Thursdays from 5 to 7 p.m. They are closed on holidays. They can be reached at 508-949-3711.

SUPPORT: The Cancer Support Group meets from 6:30 to 8 p.m. on the second Monday of every month in the Boardroom on the 4th floor at Harrington Hospital, 100 South Street, Southbridge. Call (508) 764-2400 for more information.

POKEMON CLUB: Tuesdays, 3:30-4:30 p.m., Pearle L. Crawford Library, 40 Schofield Ave., Dudley. Pokemon fans! Kids ages seven to 14 are welcome. Bring your Pokemon cards! No registration required. Children under 12 must be accompanied by an adult. For more information, call 949-8021.

STORY TIMES: Tuesdays, 10:30 a.m. for ages 1-3; Thursdays, 10:30 a.m. for

ages 3-5, Pearle L. Crawford Library, 40 Schofield Ave., Dudley. Join Ms. Pam in the Story & Craft Room for songs, stories and crafts! No registration required. Children under 12 must be accompanied by an adult. For more information, call 949-8021.

LEGO CLUB: Wednesdays, 3:30-4:30 p.m., Pearle L. Crawford Library, 40 Schofield Ave., Dudley. Drop in. Build and play! Recommended for ages five and up. No registration required. Children under 12 must be accompanied by an adult.

KNIT & CROCHET @ THE PEARLE: Thursdays 5:30-7:30 p.m. and Fridays 10 a.m.-noon, Pearle L. Crawford Library, 40 Schofield Ave., Dudley. Knitters, crocheters and all other fiber artists are welcome. No registration required.

CHAIR YOGA — WINTER SESSION: Wednesdays, Jan. 16-Feb. 20, 10:30-11:30 a.m., Pearle L. Crawford Library, 40 Schofield Ave., Dudley. Chair yoga modifies some of the basic poses to make them more accommodating for those who need to gain or maintain strength from a seated, more stable position. Dress comfortably. No registration required. Sponsored by Friends of the Library.

SUPPORT GROUP — OPENING THE WORD PEER RECOVERY CENTER: Are you feeling helpless, alone, confused or angry? Opening the Word Peer Recovery Center’s mission is to provide support and resources to those suffering from addiction and their loved ones. Our newest endeavor is a support group for the family and friends of those suffering from this disease. It is a family and friends illness. The meeting is not affiliated with any other group. It is designed to provide an informal forum for those who are suffering where they can share experiences in a safe, anonymous and supportive place. The gatherings are on Thursday evenings from 7 to 8 p.m. at Opening the Word Peer Recovery Center, 10 Mechanic Street, Webster. If you have any questions, feel free to call Mark at 774-482-6013. We hope to see you there.

price includes motorcoach transportation, eight nights lodging including four consecutive nights in the Branson, Mo. Area, 14 meals (eight breakfasts and six dinners), admission to seven fabulous Branson shows, including New Jersey Nights, Amazing Acrobats of Shanghai, Doug Gabriel, Presley’s Country Jubilee, “Noah the Musical,” and the Hughes Show; and one dinner show on the Showboat Branson Belle. For pictures, video and information, visit www.GroupTrips.com/dudleyse-niors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday, May 2, 2020.

For more information, please call Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

Tuesday, Dec. 3 to Thursday, Dec. 5 Overnight Trip 3 Days/2Nights. Prices are \$459 for Double Occupancy and \$559 for Single Occupancy. On Wednesday see the Spectacular Awe Inspiring Special Effects and complete with Live Animals “Miracle of Christmas Show “ at the Milenium Sight and Sound Theater. Following the The Miracle Show is Dinner at the always delicious Plain and Fancy Restaurant. Also included in this trip and happening on Tuesday is a Dinner Show production of Irving Berlin’s Musical “Holiday Inn” featuring thrilling dance numbers, laugh out loud comedy and a Parade of Irving Berlin’s Hit Songs. Thursday features a visit to Hershey’s Chocolate World and Milton Hershey School and Founders Hall before we head home with rest stops on our way back. This Trip includes 2 nights Lodging, 2 Breakfasts, 2 Dinners, Tickets to The Miracle of Christmas and Tickets to the Holiday Inn Show and a Full Commentary Back Country Tour of the Farmlands of Lancaster Country.

Dec. 31 New Years Eve “DAY” at the Lake Pearl in Wrentham, Mass. Let’s Celebrate the New Year during the “DAYTIME”. Featuring the dynamic Tom LaMark Orchestra as they cover original classics from the Swing Era, the Best in Ballroom Dancing, our Favorite Line Dances, and on up to the Best songs from the ‘50’s, ‘60’s and ‘70’s. Sing along, Dance along and Party strong to this Live Band. For \$89, enjoy Deluxe Motorcoach Transportation, Salad, Breads, Choice of Entree, Potato, Vegetable, N.Y. Style Cheesecake, Coffee/Tea and let’s not forget a CHAMPAGNE TOAST.

May 15, 2020 to May 22, 2020 Cruise 8 Days/7 Nights Boston to Bermuda

aboard the Norwegian Cruise Lines “GEM” SHIP. Leave Boston Friday, May 15 and return Boston Friday May 22. Included are All of the Following, Roundtrip Transfers from Sturbridge to Boston and back. The Ultimate Beverage Package, The Ultimate 4 Night Dining Package, Specialty Restaurants for Free, Exclusive Best of Times Cocktail Party, All Luggage Handling Fees, Drivers Gratuities and Best of Times Professional Tour Director. Early Booking Discount for those people who Book a Balcony Cabin by October 1st, you will receive a 1 Category Upgrade & Special On Board Credit. Prices start at \$1,199 Double Occupancy for an Inside Stateroom, \$1,399 for an Oceanview Porthole Window, \$1,899 for a Balcony Stateroom on Deck 9, \$1,949 for a Balcony Stateroom on Deck 10, and \$1,999 for Balcony on Deck 11. ALSO Add \$400 for Taxes, Transfers, and Gov’t Fees. Single Occupancy is Available upon request. Please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com for questions or information on any of the above Trips.

LEICESTER SENIOR CENTER.

Wednesday, Nov. 13: Indian Head Christmas Spectacular and Luncheon. Bus leaves at 8:30 a.m. Cost is \$89.

Friday, Jan. 17, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

Friday, Feb. 14, 2020: Foxwood Casino. Free lunch buffet or \$20 food voucher and \$10 casino slot play. Cost is \$30.

Friday, March 20, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

USA: SPLENDORS OF THE NORTHWEST: Wonders of Northern California Redwoods, Oregon & Washington Aug. 3-16, 2020
JAPAN: March 26 to April 9, 2020
JAPAN & CHINA: March 26 to April 22, 2020
SPAIN & PORTUGAL: September 9-24, 2020

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MILLBURY – WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abounds! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frpld Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3 Comfortable Bdrms! 3 Full Bathrooms! C/Air! Garages – 1 & 2 Car Detached Garages! Reward Yourself! **\$999,000.00**

AUBURN – 16 Loma Dr! 7 Rm Split Entry Ready for the Next Owner! Located on a Cul-de-sac! Many Recent Updates! Windows 2006! Roof 2010! Siding 2016! Water Heater, Garage Door & Opener 2017! Driveway & Deck 2018! Applianced Oak Cabinet Kit w/Tile Floor! Dining Rm! Spacious Liv Rm! Master Bdrm w/Hrdwds! 3 Comfortable Bdrms Total! Full Bath! Finished Lower Level Fireplace Fam Rm w/Custom Bar, Recessed Lighting & 2nd Bath! Screened-in Porch to a Private Yard w/New Pressure Treated Deck is Ready for Entertaining! Nicely Landscaped! 1 Car Garage! Shed! Ideal Commuter Location! **\$325,000.00**

WEBSTER LAKE – 9 Pebble Beach Rd! Middle Pond – Winter Cove! Private Peninsula Protected from the Storm – Safe Harbor! Custom 3,179' 8 Rm Contemp Ready for Your Immediate Enjoyment! Grand Entry Foyer! Ideal Open Flr Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Flrs! Beautiful Applianced Custom Granite Kit w/Center Isl! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Flr Laundry! Second Floor Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level Fireplace Fam Rm! Buderus Oil Heat! C/Air! Oversized 2 Car Garage! **\$779,900.00**

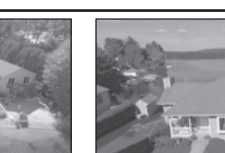


OXFORD – 27 Rocky Hill Rd! Move Right Into this 6 Rm Ranch! Bright, Fresh Kitchen! Dining Rm! 20' Living Rm! 3 Comfortable Bdrms! Nice Bathrm! Deck w/Awning! All the Work has been Done! Roof, Siding, Windows & Insulation 2016! Gas Furnace & AC 2015! Front Porch Windows, Door, Living Rm Floor & Skylights 2017! Kitchen, Bath & Dining Rm Floors 2018! 2 Bdrms w/ Vinyl Siding! Laundry Hook Ups! Freshly Painted Hallways! **\$269,900.00**

WEBSTER – 27 N. Main St! 3 Family! 553 Rm! 300 Bedrooms! 1st Flr w/ Eat-in! Liv Rm! 3 Bdrms! Updated Bathrm! 2nd Flr w/Kit w/Din Area! Liv Rm! 3 Bdrms! Updated Bath! 3rd Flr w/Eat-in! Kit! Liv Rm! Bdrm! Full Bath! Long Term Tenants! Sep Utilities! Vinyl Sided! Laundry Hook Ups! Freshly Painted Hallways! **\$259,900.00**

DUDLEY – 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Applianced Dine-in Granite Kit! 3 Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

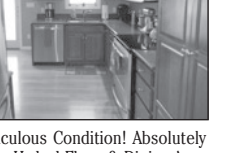
DUDLEY – 7 – 9 West Street! Brick 4 Family plus a 2 Family! Side by Side! All with 5 Rooms and 2 Bedrooms! Gas Heat! All Separate Utilities! 2 Car Detached Garage! The 4 Family with Beautiful Natural Woodwork! All Apartments are Empty and Work is Needed in Several Apartments! Excellent Potential! Will be a Good Investment for the Right One! **\$399,900.00**



THOMPSON – 299 Quaddick Rd! Beautiful Custom Cedar Log Home Privately Set on 5.47 Acres! Stone Wall Entry Leads Up the 700+ Driveway! Nestled in the Woods! 6 Rms of Gorgeous Cedar! Applianced Granite Kit w/Soft Close Hickory Cabinets! Ideal Open Flr Plan w/Soaring Beamed Cathedral Ceilings w/Skylights! Gleaming Hrdwds! Liv Rm w/Spectacular Stone Frplc w/Pellet Insert! 1st Flr Master w/Full Whirlpool Bath & Walk-in Closet! 3 Bdrms & 2.5 Baths Total! 32 Buderus Oil Heat! 2 Car Garage! **\$399,900.00**

WEBSTER LAKE – 250 Kildeer Island Rd! North Pond's Sandy Shore! 9 Rm Ranch in Meticulous Condition! Absolutely Beautiful 100' Waterfront Lot! Stainless Applianced Kitchen w/Cherry Cabinets, Granite Counters, Hrdwd Floor & Dining Area w/Slider to Deck! Formal Dining Rm w/Hrdwds! Front to Back Living Rm Overlooking the Lake w/Cathedral Ceiling, Custom Built Cabinets, Gas Frplc & Hrdwds! 1st Flr Lake Facing Master Bdrm w/Slider to the Deck & Access to the Screened Hot Tub, w/Walk-in Closet, Full Bath w/Whirlpool Tub, Separate Shower & Commode Closet! 1/2 Bath & Separate Laundry Rm Nearby! Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to the Patio/Lake! Full Bath! Oversized 2 Car Garage! LP Gas Heat/Hydro Air! Generator! Private Boat Ramp! Docks! Don't Delay! **\$899,900.00**

WEBSTER LAKE – 250 Kildeer Island Rd! North Pond's Sandy Shore! 9 Rm Ranch in Meticulous Condition! Absolutely Beautiful 100' Waterfront Lot! Stainless Applianced Kitchen w/Cherry Cabinets, Granite Counters, Hrdwd Floor & Dining Area w/Slider to Deck! Formal Dining Rm w/Hrdwds! Front to Back Living Rm Overlooking the Lake w/Cathedral Ceiling, Custom Built Cabinets, Gas Frplc & Hrdwds! 1st Flr Lake Facing Master Bdrm w/Slider to the Deck & Access to the Screened Hot Tub, w/Walk-in Closet, Full Bath w/Whirlpool Tub, Separate Shower & Commode Closet! 1/2 Bath & Separate Laundry Rm Nearby! Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to the Patio/Lake! Full Bath! Oversized 2 Car Garage! LP Gas Heat/Hydro Air! Generator! Private Boat Ramp! Docks! Don't Delay! **\$899,900.00**



DUDLEY – 94 Tracy Road! 7 Rm 4 Bdrm Colonial on 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplc Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrdwd Flrs & Slider to Deck! 1st Flr 1/2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Flr Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 1621 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**

WEBSTER LAKE – 250 Kildeer Island Rd! North Pond's Sandy Shore! 9 Rm Ranch in Meticulous Condition! Absolutely Beautiful 100' Waterfront Lot! Stainless Applianced Kitchen w/Cherry Cabinets, Granite Counters, Hrdwd Floor & Dining Area w/Slider to Deck! Formal Dining Rm w/Hrdwds! Front to Back Living Rm Overlooking the Lake w/Cathedral Ceiling, Custom Built Cabinets, Gas Frplc & Hrdwds! 1st Flr Lake Facing Master Bdrm w/Slider to the Deck & Access to the Screened Hot Tub, w/Walk-in Closet, Full Bath w/Whirlpool Tub, Separate Shower & Commode Closet! 1/2 Bath & Separate Laundry Rm Nearby! Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to the Patio/Lake! Full Bath! Oversized 2 Car Garage! LP Gas Heat/Hydro Air! Generator! Private Boat Ramp! Docks! Don't Delay! **\$899,900.00**

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CHARLTON – GLEN ECHO LAKE! 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Walk-out Lower Level Frplc Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$499,900.00**

WEBSTER LAKE – 50 West Point Rd! Kildeer Island! 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, Has It All! 2 Story Foyer! Granite Kit w/Center Isl, Dble Oven, High End Appliances & Walk-in Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm w/Lake Views, Custom Built Cabinets, Gas Frplc! 1/2 Bath w/Laundry! An ELEVATOR to Service All 3 Floors! Upstairs leads to 3 Spacious Bdrms each w/Private Baths! Master w/Tray Ceiling, Walk-in Closet & Private Balcony! Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level w/Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplc & Private Bath! Slider to Patio! 13 Zones! Oversized 2 Car Garage! Loaded w/Quality & Detail! **\$1,175,100.00**

WEBSTER LAKE – 68 W Point Rd! Western Exposure - Spectacular Sunsets! 75' Waterfront w/Expansive Views! 6 Rm Yr Rd Ranch! Ideal 2nd Home! Renovate or Enjoy As Is! Open Flr Plan! Applianced Cabinet Packed Kit! Lake Facing Din & Liv Rms w/Water Views! Sliders to Screen Enclosed Porch! Master w/Ceiling Fan & Dble Closet! 2nd Bdrm w/Dble Closet! Full Bath off Hall! Finished Walk-out Lower Level w/5' Fam Rm w/Door to Lakeside Patio, Bdrm, Full Bath & Utility! Lounge Rm! 3 Bdrms, 2 Baths Total! Oil Heat! Covered Entry Ramp & Electric Chair Lift! Shed! Dock! Summer Will Be Back - Don't Delay! **\$499,900.00**



CHARLTON – 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Applianced Granite Kit w/IsL, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplc Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedral, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Full Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLIT SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

WEBSTER LAKE – 50 Union Point Rd! Panoramic Views of Middle Pond – South Facing – Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Island, Dining Area, Lake Facing Fireplace Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Season Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$624,900.00**

WEBSTER LAKE – 603 Treasure Island! 1.874' Townhouse! 6 Rms, 2 Bdrms, Master Bath, 2.5 Baths Total! Recent Maple & Corian Kit w/SS Appliances! Din Rm w/Sliders to Deck! Frplc Fam Rm! Patio! Newer C/Air, Heat & Hot Water! Garage! 2 Sills! Pool! Beach! Listed by Another - SOLD by C21 Lake Realty! **\$355,000.00**

WEBSTER LAKE – Steps Away From! 110 S. Shore Rd! Kildeer Island! Access to Swimming & Boating w/Kildeer Island Club Assoc Membership! Perfect 1st Home or Summer Retreat! 7 Rms! 2 Bdrms! Full Bath! 12x25' Deck w/Water Views! Garage! Don't Delay! **\$249,900.00**



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Featured New Construction!

THOMPSON, CT - 6 LILLIAN AVE, LOT #1

There is No Place Like Home - beautiful newly constructed home! Split level style home has an attractive modern flare! Open floor plan, cathedral ceilings, hardwood floors, tile floored baths, & walaater full bath w/extra wide shower & walk in closet, plus 2 more spacious BRs & a full hallway bath. 24' lower level family room, half bath w/laundry hookups! Two car garage! Central AC.

\$309,900.

WOODSTOCK, CT - 64 LYON HILL RD



SORRY, SOLD!

Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s applianced kitchen! Large master bedroom, coffered ceiling, master bath, W/Jetted tub! Walk in closets. Two car garage. Radiused catwalk on upper level! A walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property! assisted sale **\$499,900.**

DUDLEY - 71 EAGLE DRIVE



SORRY, SOLD!

Wow! Young 8 room Center Hall Colonial! Better than new! 3 bedroom, 3 full baths! 23' X 23' Cathedral ceiling Family Room! Hardwood & Ceramics throughout. Heat by forced hot air/oil, Central air! 2680 Sq Ft of living area. In one of Dudley's finest developments with underground utilities! **\$420,000.**

SOUTHBRIDGE - 79 N.WOODSTOCK RD



FRESHLY PAINTED 3 BEDROOM RANCH HAS SO MUCH TO OFFER! ALL HARDWOODS THROUGHOUT! REMODELED BATHROOM! 3 SEASON ENCLOSED PORCH. KITCHEN/DINING AREA HAS A VERY SPACIOUS OPEN LAYOUT! BEDROOMS WITH DOUBLE CLOSETS! CORNER LOT WITH SIDE GARAGE UNDER! CLOSE TO SHOPPING AREA AND MAJOR AMENITIES. Town Water. New Price **\$214,900**

POMFRET, CT - 280 RIVER RD



Cape gutted to the studs and remodeled, 3 Br, 1 bath; 1.7 acres. New kitchen cabinets w/granite counters and center island. New electrical/plumbing. Large Gambrel Post & Beam. 2 bay garage w/loft. New septic. **\$264,900**

WEBSTER - 212 SCHOOL ST



ON DEPOSIT

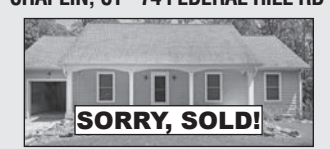
Large 4 Family! 3 car garage! Off street parking. 2 bedrooms each unit! Walk-up attic with a lot of potential! Solar panels!! Fully Rented. **\$369,900.**

WEBSTER - 3 STEFANIAK AVE.



Cute 2 Bedroom Ranch! All hardwood floors, gas Fireplace living room! 2 baths. Appliances included. 2 zone heat. Large deck! Young asphalt roof. Walk out lower living level. Town Water & Sewer, City Gas **\$229,900.**

CHAPLIN, CT - 74 FEDERAL HILL RD



SORRY, SOLD!

Gorgeous Move In Ready young Ranch on 2+ acre private lot bordered by trees & stone walls! 5 Rms, 3 BRs, 2 Full Baths, 1374 SF+/-, covered front porch, att'd garage. assisted sale **\$234,900**

WEBSTER/DUDLEY/DOUGLAS LAND!

Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Possible potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. **\$70,000**
Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**
Webster - 3 Lots Cooper Rd. Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, water/sewer access **\$129,400**

Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Highly possible to be subdivided. **\$119,900**

WEBSTER - 34 EASTERN AVE UNIT A



ON DEPOSIT

AN AFFORDABLE LIVING OPPORTUNITY PRESENTS ITSELF! This 20 Unit Condo Complex is tucked away at the very end of Eastern Ave. fenced in & private. Easily accessible (205)! There's a lot to love about Webster! Unit 34 A is an 1,037 SF +/- END UNIT. Large living room w/picture window, an eat-in kitchen, access to rear deck, 2 spacious bedrooms, 1-1/2 baths, full basement! **NEW PRICE \$154,900**

WEBSTER LAND - COOPER RD



ATTENTION DEVELOPERS

Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, Water/Sewer access **\$129,400.**

On the shores of Lake Chargoggagoggmanchauggagoggghaubunagungamaugg



SORRY, SOLD!

WEBSTER LAKE - 118 POINT BREEZE RD

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**



SORRY, SOLD!

WEBSTER LAKE - 32 JACKSON RD

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**



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COMING SOON

ON DEPOSIT

FOR SALE

WEBSTER, MA – \$189,900
4 Snow Street
2 Family

SPENCER, MA - \$259,900
24 Bay Path Road
3 Bdrm Ranch
Immaculate Condition

SOUTHBRIDGE, MA - \$469,900
535 Pleasant St.
Gorgeous custom home with indoor swimming pool.

FEATURE PROPERTIES

OPEN HOUSE SAT 11-12:30 SUN 12:30-2

NEW Construction

WEBSTER, MA - \$289,900
90-A Sutton Rd.
3 Bedroom, Raised Ranch. Come Choose Your Colors & Finishes Now!

OPEN HOUSE SAT 12:30-2 SUN 11-12:30

DUDLEY, MA - \$249,900
5 Fairview Ave
Under Priced, Needs Work

NEW CONSTRUCTION PROPERTIES COMING SOON
BUILD TO SUIT

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NEW TO MARKET

SOUTHBRIDGE: 2 Units, Roof 7 yrs. old, updated heating sysstem, 2 bedrooms each unit, off street parking, sided.
48 North St – \$214,000

NEW TO MARKET

AUBURN: 3 bedroom, updated electrical, plumbing, heating system, young roof and replacement windows 1st floor BR.
67 Hampton St – \$249,900

REDUCED \$10,000

WEBSTER: 3 bedrooms, 1 level, hardwood floors, sided, 1/2 acre lot, updated bath
School St ~ \$249,900

OPEN HOUSE SAT 10-NOON

DUDLEY: MOTIVATED! 4 bedrooms, 2.5 baths, gas heat, central air, 1st floor FR
16 Francis Dr – \$400's

SZYMCZAK SELLS!

DUDLEY: Cape, 7 acres, Barn, 2400 sq. ft. 3.5 bath, 4 bedroom
7 Dudley Oxford Rd

DUDLEY: 4 acres, 401' frontage, Possibly 2 lots, plus house – arts & crafts home with built in china closet, pantry, 2 bedrooms natural wood work
71 Mason Rd – \$359,900



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SOUTHBRIDGE: Impeccably maintained Cape Cod Style home! 6 rooms 4 bedrooms 2 1/2 baths. Beautiful kitchen with appliances. Wonderful heated sun room with deck for barbecuing. Hardwood floors. Central Air. Updated boiler and hot water. Professionally landscaped yard. Located at the end of a dead end street. **\$249,900.**



SOUTHBRIDGE: Antique Colonial with 8 rooms 4 bedrooms 1 1/2 Baths. Hardwood floors. Economic gas heat. Newer roof, boiler, & HW heater. Front & rear stairways to go upstairs. Fireplace. Needs some paint & updating but well worth it! Garage **\$160,000.**



SOUTHBRIDGE: Well maintained church in pristine condition! St. Hedwig's church and rectory. Beautiful entry way. Inspiring stain glass windows. Seating for up to 350 people. Balcony seating. Elevator to lower level for a Meeting Hall with kitchen & 2 baths. Rectory is a stately Brick home which consists of 11 rooms, 6 bedrooms, 3 baths. All rooms are large with high ceilings, many fireplaces, and first floor bedroom with private bath. Also included in sale is a large Carriage House converted to garage with workshop & storage. **\$485,000**



SOUTHBRIDGE: Beautifully maintained Colonial with 6 rooms 3 bedrooms 2 1/2 baths. Large kitchen/dining room combo with tile floor. Half bath and first floor laundry. Master bedroom with large walk in closet and Master bath. 2017 Pellet stove to keep you warm. Cozy three season sun room which leads to patio/deck and a large flat yard. New roof in 2019. **\$289,900**




SOUTHBRIDGE: Spacious Split Level Home with wonderful flex space over garage! 8 rooms 3 bedrooms 2 baths! Slider from dining room to back deck. Lower level has wonderful family room, option to have another bedroom plus large storage area. Fabulous 2 car garage with finished room above-great for office or man town, "she shed". Roof redone, vinyl sided, replacement windows. Large yard! **\$209,900.**



SOUTHBRIDGE: Immaculate, spacious and updated Colonial with 8 rooms 3 bedrooms 3 1/2 Updated kitchen with granite, SS appliances, eat-at-bar, and radiant heat in the flooring. Parity closet with washer & dryer. Wonderful 3 season room with sliders to deck. Huge master bedroom & bath! First floor family room. Dining room with new flooring & radiant heat in floor. 4-zone Hyper heat & Air system. 1.22 acres with Barn! **\$299,900.**

ACTIVELY SEEKING LISTINGS IN THE FOLLOWING AREAS: SOUTHBRIDGE, STURBRIDGE, DUDLEY, CHARLTON, WEBSTER, HOLLAND. PLEASE CONTACT US!



Feeling a little Crowded?

Look for that new home in our real estate section.



FOR SALE

MORTGAGEE'S SALE OF REAL ESTATE
AT PUBLIC AUCTION
CHARLTON, MA

Tuesday, October 29, 2019 at 10:00 a.m.

19 Southbridge Road, Charlton, MA
> Ranch <


- 4 Rooms w/ 2 Bedrooms
- Vinyl Siding
- 1 ± Acre Lot
- Excellent Opportunity

TERMS: \$5,000 deposit, cash or certified funds, at the time of the sale. Balance due within **thirty (30) days** at the office of Brock & Scott, PLLC, 1080 Main Street, Suite 200, Pawtucket, RI. Other terms to be announced at the sale.

Visit www.harkinsrealestate.com for more information.

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Laurn S. Field, Auctioneer
(978) 475-1121
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HARKINS AUCTIONEERS





Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront	
ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, OCTOBER 26				
DUDLEY 16 Francis Dr	S	10-Noon	\$419,900	ReMax Advantage 1 / Jo-Ann Szymczack 774-230-5044
5 Fairview Ave	S	12:30-2	\$249,900	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
WEBSTER 90-A Sutton Rd	S	11-12:30	\$289,900	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, OCTOBER 27				
DUDLEY 5 Fairview Ave	S	11-12:30	\$249,900	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
WEBSTER 90-A Sutton Rd	S	12:30-2	\$289,900	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, NOVEMBER 3				
DOUGLAS 417 NE Main St	S	1:30 -3	\$329,000	Re/Max Town & Country / Deb Hackett 401-774-4891

417 NE MAIN ST., DOUGLAS, MA. 01516



MOVE IN READY! Conveniently located on RTE 16., this lovely Cape, situated on a near acre cleared lot, is filled with charm and impeccably maintained by the same owners. Features include: tin ceiling, solid doors with latch locks and original hardwood floors., spacious island kitchen, & enclosed multi-seasonal porch. Inviting foyer and master suite were added in early 2000 along with a great private patio. First floor bedroom along w/full bath. 2 additional bedrooms w/ a half bath on the second floor of the original home. Updated electrical, heating system, windows are younger w/ plenty of life left. **\$329,000**




DEB HACKETT
401-774-4891

RE/MAX Town & Country

HERE & THERE

Local Events, Arts, and Entertainment Listings

SUNDAY, OCTOBER 27,




MURDER MYSTERY DINNER
An interactive dinner theater The Fashionable Murders. 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
sailemcrossinn.com or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

449-8333

MONDAY, OCTOBER 28

MIDDLE AND UPPER SCHOOL PREVIEW NIGHT
6-7:30 pm. Join us for a casual and informative evening as we welcome parents and students curious about Wilbraham & Monson Academy. Admissions Office at Morrow House. 421 Main Street, Wilbraham, MA 01095. RSVP by October 21 at www.wma.us/previewnight or call 413-596-9107

FRIDAY SATURDAY & SUNDAY NOVEMBER 1, 2, 3



A Funny Thing Happened On The Way To The Forum. Show dates are November 1st and 2nd at 7:30 and November 3rd at 2PMTickets are \$17.00 for adults and \$12.00 for seniors and 12 and under. Held at the North Brookfield Elementary School Auditorium 10 High School Drive, North Brookfield, MA 01535

WEDNESDAY, NOVEMBER 13

HOW TO MOVE ON - CREATING A BRIDGE TO A NEW LIFE
1:30-2:30. Barbara Perman, President, Moving Mentor
Tea & Refreshments will be served
Limited seating
Quaboag Rehabilitation & Skilled Care Center
47 East Main Street
West Brookfield, MA
RSVP 508-867-7716

SUNDAY, SEPTEMBER 29

SUNDAYS AT 308 LAKESIDE
Chris Barber
308 Lakeside
308 East Main Street, East Brookfield, MA 01515 774-449-8333


FRIDAY SATURDAY & SUNDAY NOVEMBER 1, 2, 3

A Funny Thing Happened On The Way To The Forum. Show dates are November 1st and 2nd at 7:30 and November 3rd at 2PMTickets are \$17.00 for adults and \$12.00 for seniors and 12 and under. Held at the North Brookfield Elementary School Auditorium 10 High School Drive, North Brookfield, MA 01535

SUNDAY, NOVEMBER 15

MURDER MYSTERY DINNER
An interactive dinner theater The Fashionable Murders 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
sailemcrossinn.com or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

SATURDAY NOVEMBER 16



HOLY ROSARY CHRISTMAS BAZAAR 10am-5:30pm. Along with our regular booths (baking, lottery, indoor flea market, thanksgiving basket etc...), this year we will be introducing a new money raffle drawing replacing the special gift raffle. St. Andrew Bobola Church 508-943-5633


SUNDAY NOVEMBER 17

HOLY ROSARY CHRISTMAS BAZAAR. 8:30am-12:30pm Along with our regular booths (baking, lottery, indoor flea market, thanksgiving basket etc...), this year we will be introducing a new money raffle drawing replacing the special gift raffle. St. Andrew Bobola Church 508-943-5633


SATURDAY, DECEMBER 7

Mary Queen of the Rosary Christmas Faire Vendors, Crafts, Raffles, Baked Goods, and so much more! In the Church Hall 9am-2:30pm. 7 Church Street, Spencer, MA. If you'd like info on being a vendor at this Christmas craft fair, please. Email susan.terkanian@gmail.com


ONGOING



MARIACHI BAND
First Thursday of the month 5-8 p.m.
MEXICALI MEXICAN GRILL
Webster location
41 Worcester Rd., Webster, MA 508-461-5070




TRIVIA SATURDAY NIGHTS
7:00 p.m. register 7:30 p.m. start up
HILLCREST COUNTRY CLUB
325 Pleasant St., Leicester, MA 508-892-9822





LIVE ENTERTAINMENT
FRIDAY NIGHT HEXMARK TAVERN
AT SALEM CROSS INN
260 West Main St., W. Brookfield, MA 508-867-2345 sailemcrossinn.com

THE CENTRAL MA CHAPTER OF TROUT UNLIMITED
meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet.
Auburn Sportsman's Club
50 Elm St., Auburn, MA



HAPPY HALLOWEEN





LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE
Premises: 6 Boyden Street Extension, Webster, Massachusetts
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Galen Holmes, III and Danyle L. Holmes to Mortgage Electronic Registration Systems, Inc., as Nominee for The New York Mortgage Company, LLC and now held by Wilmington Trust, National Association, not in its individual capacity but solely as successor trustee to Citibank, N.A., as Trustee to Lehman XS Trust Mortgage Pass-Through Certificates, Series 2006-9, said mortgage dated December 28, 2005, recorded at Worcester County (Worcester District) Registry of Deeds in Book 38155, Page 183, as affected by a Home Affordable Modification Agreement dated November 27, 2010 and recorded with said Deeds in Book 47001, Page 200, as affected by an Assignment of Mortgage dated June 10, 2013, and recorded with said Deeds in Book 51069 at Page 296, as affected by an Assignment of Mortgage dated November 16, 2017, and recorded with said Deeds in Book 60453 at Page 141, of which mortgage the undersigned is the present holder, for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on November 1, 2019, at 10:00 AM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:
A certain parcel of land with the building thereon of every nature and description and all the privileges and appurtenances thereto belonging, situated in the Town of Webster, County of Worcester, Commonwealth of Massachusetts and on the northerly line of Boyden Street, and being shown as Lot I and I A on plan entitled "Land in Webster, Mass. Being conveyed to Pasquale DiDonato dated September 1 S, 1979, Henry A. Racicot, L.S. and recorded with Worcester District Registry of Deeds, Plan Book 469, Plan 24, further bounded and described as follows:
BEGINNING at the southeast comer thereof at an iron pin on the northerly line of said Boyden Street, said pin being one hundred ninety-two and five tenths (19 2.5) feet westerly of Webster highway bound marking the intersection of the northerly line of Boyden Street and the westerly line of Myrtle Avenue;
THENCE South 81° 56' 40" West, by the northerly line of said Boyden Street, one hundred six and 00/100ths (106.0) feet to an iron pin at other land of Pasquale D. Di Donato, now or formerly ;
THENCE North 18° 08' 20" East by other land of Pasquale D. DiDonato, now or formerly, for a distance of one hundred eleven and sixty-four hundredths (111.64) feet to an iron pin at land of Airlilio DiPierdomenico;
THENCE North 79° 58' 01" East by land of said DiPierdomenico for a distance of forty
and 00/100ths (40.00) feet to an iron pin;
THENCE North 80° 37' 46" East by land of said DiPierdomenico for a distance of sixty six and 00/100ths (66.00) feet to an iron pin at land of Richard LaPlante;
THENCE South 16° 38' 12" East by land of said LaPlante for a distance of one hundred fourteen and sixty-hundredths (114.60) feet to the point of beginning. The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.
For Mortgagor's Title see deed dated August 31, 2005, and recorded in Book 37222 at Page 379 with the Worcester County (Worcester District) Registry of Deeds.
TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.
TEN THOUSAND (\$10,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within forty five (45) days after the date of sale.
Other terms to be announced at the sale.
Marinosci Law Group, P.C.
275 West Natick Road, Suite 500
Warwick, RI 02886
Attorney for Wilmington Trust, National Association, not in its individual capacity but solely as successor trustee to Citibank, N.A., as Trustee to Lehman XS Trust Mortgage Pass-Through Certificates, Series 2006-9
Present Holder of the Mortgage
Telephone: (401) 234-9200
MLG File No.: 14-07702
October 11, 2019
October 18, 2019
October 25, 2019

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO18P3318EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of: Lemuel Lopez Feliciano Also known as: Lemuel Lopez Date of Death: 04/15/2019
To all interested persons:
A Petition for **Formal Appointment of Personal Representative** has been filed by **Angelina M Vessello of Webster MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that **Angelina M Vessello of Webster MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 11/05/2019.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: October 09, 2019
Stephanie K. Fattman, Register of Probate
October 25, 2019

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE
Premises: 167 Dudley Road, Oxford, Massachusetts
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Edward R. Gendron to Mortgage Electronic Registration Systems, Inc., as Nominee for Mortgage Research Center, LLC dba Veterans United Home Loans and now held by Lakeview Loan Servicing, LLC, said mortgage dated December 22, 2017, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 58236, Page 33, as affected by an Assignment of Mortgage dated September 28, 2018, and recorded with said Deeds in Book 59543 at Page 48, of which mortgage the undersigned is the present holder, for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on November 15, 2019, at 10:00 AM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:
The land In the Town of Oxford, County of Worcester, State of Massachusetts, on the easterly side of Dudley Road, bounded and described as follows:
PARCEL I
BEGINNING at a point at the most westerly corner of the premises described herein at the end of a stone wall on the easterly line of said Dudley Road, said point being the southwesterly corner of Lot #114 as shown on a plan of land In Oxford owned by Nelson and Jeannette Cournoyer, dated June 22, 1970, Walter Brown surveyor, and recorded with the Worcester District Registry of Deeds in Book 337, Plan 8; THENCE along a stone wall by land now or formerly of Lacki, S. 88 deg. 29' E., a distance of thirty nine and twenty hundredths (39.20) feet; THENCE N. 89 deg. 20' E., a distance of ninety (90) feet; THENCE N. 81 deg. E., a distance of twenty six and five tenths (26.5) feet; THENCE S. 88 deg. 38' E., a distance of three hundred seventy four (374) feet to a corner of stone walls and all being along said land of Lacki; THENCE in a southerly direction along a stone wall and continuing by said land of Lacki, a distance of three hundred fifty and sixty two hundredths (350.62) feet to a corner of stone walls; THENCE in an easterly direction along a stone wall along said land of Lacki, a distance of seven hundred fifty nine

(759) feet to a corner of stone walls; THENCE Northerly along a stone wall by said land of Lacki, a distance of one hundred eighty five and sixty two hundredths (185.62) feet to a corner of stone walls; THENCE in an easterly direction along a stone wall by land of Lacki, a distance ninety nine (99) feet more or less to the westerly line of Larned Road; THENCE N. 0 deg. 15' E., along the westerly line of said Larned Road, a distance of ten (10) feet to a point in a stone wall on the westerly line of said Larned Road; THENCE S. 85 deg. 15' W., three hundred and thirty hundredths (300.30) feet along Lot #16 as shown on a plan of land entitled Subdivision of Land on Larned Road for Nelson Cournoyer, Paul Pytko, C.E. as revised July 15, 1967 and recorded in Plan Book 310, Plan 113 to a point; THENCE N. 4 deg. 5' E., a distance of eight hundred forty six (846) feet to a point; THENCE S. 85 deg. 15'W., a distance of fifty (50) feet; THENCE N. 4 deg. 5' E., three hundred three (303) feet all being along said land now or formerly of Alberts to a point at land now or formerly of LeFrancois; THENCE S. 85 deg. 15'W., one hundred fifty (150) feet; THENCE N. 4 deg. 45'W., four hundred (400) feet along said land of LeFrancois to a point, being the southeast corner of Lot No. 102 as shown on the aforementioned plan in Plan Book 310, Plan 113.
THENCE S. 31 deg. 10'W., one hundred twenty nine (129) feet to an iron pipe; THENCE S 27 deg. 05'W., one hundred thirty five (135) feet to an iron pipe; THENCE S 22 deg. 30' W., seven hundred fifty six and forty hundredths (756.40) feet to an iron pipe; THENCE S. 23 deg. 30'W., one hundred forty and seventy hundredths (140.70) feet to an iron pipe; THENCE S. 25 deg. 43'W., one hundred twenty seven and ninety hundredths (127.90) feet to an iron pipe; THENCE S. 30 deg. 28' W, one hundred twenty five (125) feet to an iron pipe and Lots 103- 113, inclusive and all being shown on the aforementioned plan recorded in Plan Book 337, Plan 8; THENCE N. 63 deg. 35' W., three hundred (300) feet along said Lot 113 to an iron pipe on the easterly line of said Dudley Road; THENCE Southerly along the easterly line of said Dudley Road in a curve to the right with a radius of one thousand nine hundred seventy (1,970) feet a distance of two hundred eighty three (283) feet to the point of beginning; As affected by an Affidavit for true and accurate measures of various bounds recorded September 13, 1982 in Book 7553, Page 269.
EXCEPTING therefrom the land located easterly of Lot 100 as shown on a plan recorded in said Deeds in Plan Book 337, Plan 8 in which the excluded piece does not abut the herein conveyed premises.
EXCEPTING therefrom those parcels of land conveyed to the following deeds:
1. Robert L. Choiniere and Barbara O. Choiniere to Richard D. Zack et al dated September 13, 1982 and recorded in Book 7553, Page 270;
2. Robert L. Choiniere and Barbara O. Choiniere to Robert J. Fiels et ux dated November 30, 1984 and recorded in Book 8508, Page 245;
3. Robert L. Choiniere and Barbara O. Choiniere to Mark A. Heroux et ux dated April 11, 1985 and recorded in Book 8650, Page 61.
PARCEL II
Also conveying another tract of land in said Oxford on the easterly side of Dudley Road adjoining Parcel I and bounded and described as follows:
BEGINNING at an iron pipe at the northwest corner of the tract herein described on the easterly side of the 1958 Worcester County Highway layout of Dudley Road; THENCE S. 88 deg. 29' E., mostly along a stone wall by said Parcel I herein, 39.20 geet to an iron pipe; THENCE N. 89 deg. 20' E., along a stone wall by said Parcel I, 90 feet to an iron pipe; THENCE N, 81 deg. 00' E., along said stone wall by Parcel I, 26.50 &et to an iron pipe; THENCE N, 89 deg. 29' 56" E., along said stone wall by Parcel I, 342.11 feet to a drill hole in an intersection with another stone wall; THENCE S. 11 deg. 24' 34" W., along said stone wall by Parcel 1, 351.53 feet to an iron pipe at the intersection with another stone wall; THENCE N. 54 deg. 53' 28" W., by said stone wall by land now or formerly of Richard D. Zack, 545.86 feet to an iron pipe on the easterly side of Dudley Road; THENCE running northerly along the easterly side of said Dudley Road on a curve to the left, having a radius of 2,030 feet and a length of 30 feet to the point of beginning., CONTAINING an area of 2.153 acres shown as Parcel A on a plan recorded with Worcester District Registry of

Deeds in Plan Book 499, Plan 85.
EXCEPTING therefrom that portion of land conveyed by Robert L. Choiniere and Barbara O. Choiniere to Mark A. Heroux et ux dated April 11, 1985 and recorded in Book 8650, Page 61.
The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.
For Mortgagor's Title see deed dated December 11, 2017, and recorded in Book 58236 at Page 26 with the Worcester County (Worcester District) Registry of Deeds.
TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.
TEN THOUSAND (\$10,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within forty five (45) days after the date of sale. Other terms to be announced at the sale.
Marinosci Law Group, P.C.
275 West Natick Road, Suite 500
Warwick, RI 02886
Attorney for Lakeview Loan Servicing, LLC
Present Holder of the Mortgage
Telephone: (401) 234-9200
MLG File No.: 19-01734
October 25, 2019
November 1, 2019
November 8, 2019

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO19C0553CA CITATION ON PETITION TO CHANGE NAME In the matter of: Jackie Joseph Roso
A Petition to Change Name of Adult has been filed by **Jackie Joseph Roso of Oxford MA** requesting that the court enter a Decree changing their name to:
Jack Joseph Roso
IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 11/05/2019. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: October 15, 2019
Stephanie K. Fattman, Register of Probate
October 25, 2019

(SEAL) COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT 19 SM 004748 ORDER OF NOTICE
To:
Timothy J. Hamlin a/k/a Timothy Hamlin and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq):
Nationstar Mortgage LLC successor by merger to Pacific Union Financial, LLC claiming to have an interest in a Mortgage covering real property in North Oxford, numbered 17 Thayer Pond Drive, Unit No. 5 a/k/a Unit No. 17-5, of the Thayer Pond Village Condominium, given by Timothy J. Hamlin to Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for Pacific Union Financial, LLC, its successors and assigns, dated January 31, 2018, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 58395, Page 141, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.
If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before November 25, 2019 or you may lose the opportunity to challenge the foreclosure on the ground of non-compliance with the Act.
Witness, Gordon H. Piper, Chief Justice of this Court on October 11, 2019.
Attest: Deborah J. Patterson
Recorder
19-035768/FC01
October 25, 2019

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15 x 24 all aluminum.
Walk around deck, patio,
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Needs liner and
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8 place settings of Golden
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Couch, 84 inches long. Dark
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DUCK STAMP RW#1. \$150.
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hard wood custom cut to your
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12"-14" \$300 per cord. 16-18"
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Call: 508-282-0232

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FIREWOOD
Seasoned/standing dead hard
wood custom cut to your specs.
Delivered to your home. 12"-14"
\$300 per cord. 16-18" \$260 per
cord.
Call: 508-282-0232

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8ft bed for 2016
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dinning room set with
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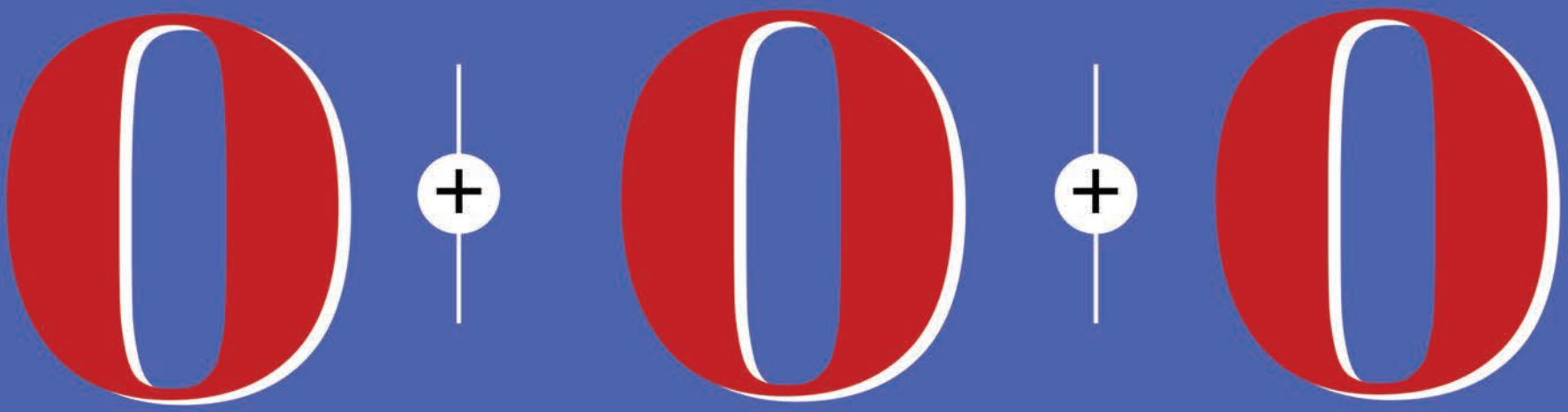


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How to lose weight after a thyroid condition diagnosis

People diagnosed with an underactive thyroid condition may have to make several changes to their lifestyles to feel well and maintain a healthy weight.

The thyroid is a tiny gland located in the neck that produces a hormone to regulate one's metabolism, or the process that converts what a person eats and drinks into energy. With hypothyroidism, also known as an underactive thyroid, production of that thyroid hormone is insignificant, resulting in a dramatically slower metabolism.

The endocrinology health site Endocrine Web estimates approximately 10 million Americans have hypothyroidism. The reasons the thyroid gland falters vary. But the symptoms may include fatigue, weakness, weight gain or increased difficulty losing weight, hair loss, muscle aches, depression, and irritability.

Each of the side effects associated with thyroid conditions can be troublesome, but many people with thyroid issues struggle most with weight gain and their inability to keep weight off. The president of the American Association of Clinical Endocrinologists, R. Mack Harrell, MD, says to first visit a doctor, who can determine if a synthetic thyroid hormone medication can help. Regular exercise also



Low-impact cardiovascular exercise mixed with intervals of strength training can be the right formula for losing weight with a sluggish metabolism.

can be an important part of the strategy to lose weight and manage other hypothyroidism symptoms.

Christian Nasr, MD, an endocrinologist with the Cleveland Clinic, advises his patients to

wait a few weeks before exercising so that their condition is controlled with medication. After that waiting period is over, gradually easing back into exercise can help with the fatigue and weight gain that

may not abate with thyroid medications.

The online health resource Everyday Health advises a program of low-impact aerobic exercises and strength training. The aerobics will raise the

heart rate without putting too much pressure on the joints. These exercises include using a stationary bicycle or a low-impact elliptical machine. Pilates and gentle yoga can improve core muscles and help alleviate joint pain as well.

Incorporating strength training into a workout can help build muscle mass, which burns calories, even when a person is at rest. That can be essential for a person finding it difficult to control his or her weight due to a sluggish metabolism.

Additional benefits of exercising are improved mood and reduced inflammation. Exercising can release endorphins into the body to help fight off depression. Also, researchers from the University of California-San Diego School of Medicine found a single 20-minute session of exercise was enough to trigger something called sympathoadrenergic activation, which suppresses the production of monocytic cytokines in the body that produce an inflammatory response in the immune system. That means exercise can keep inflammation in check.

Hypothyroidism is a common condition that produces various unwanted side effects. However, with proper care and exercise, many symptoms can be managed effectively.

Simple ways to lower your risk for type 2 diabetes

A healthy lifestyle can help people live life to the fullest. There are many components to a healthy lifestyle, and few may be as influential as prevention.

Preventive measures to reduce one's risk for various diseases can have a long-lasting effect, helping people maintain their independence well into their golden years. In addition, a proactive approach that focuses on disease prevention can improve the chances men and women will get to spend their retirement years doing whatever they please.

One disease that can be especially limiting is type 2 diabetes. According to the National Institute on Diabetes and Digestive Kidney Diseases, diabetes occurs when blood glucose levels are too high. Blood glucose, sometimes referred to as "blood sugar," comes from the foods a person eats and is the main source of energy for his or her body. Insulin helps glucose from food get into the body's cells so they can use it for energy. However, in certain instances, such as when a person has type 2 diabetes, the body does not make enough — or any — insulin. When that occurs, glucose stays in the blood, never reaching the cells it's supposed to help. The NIDDK notes that, over time, excessive levels of glucose in the blood can

cause a host of health problems.

Type 2 diabetes, the most common form of the disease, occurs when the body does not make or use insulin well. While it might seem as though people are helpless to stop this from occurring, the NIDDK notes that type 2 diabetes can be delayed or even prevented. In fact, the NIDDK cites three key ways that people can lower their risk for type 2 diabetes.

- Lose weight and keep extra pounds off. People should speak with their physicians about their body weights to determine if they're currently overweight or obese or maintaining healthy weights. If the doctor suggests losing weight, doing so can help prevent or delay diabetes. Each individual is different, but the NIDDK notes that losing between 5 and 7 percent of your starting weight may help delay or prevent diabetes.
- Become more physically active. The NIDDK lists a sedentary lifestyle among the many factors that can increase a person's risk for type 2 diabetes. By embracing physical activity, getting at least 30 minutes of exercise five days per week, people can delay or prevent diabetes. People who have been physically inactive for a long period of time should ask their physicians to recom-



mend appropriate activities that can help their bodies adjust to being physically active.

- Eat less and eat healthy. A diet that's high in vitamins and nutrients can help people delay or prevent type 2 diabetes. Small portions can help people control

their caloric intake, reducing the likelihood that they will become overweight or obese.

Prevention is a great way for people to reduce their risk for type 2 diabetes, a potentially debilitating yet often preventable disease.

Why personal training?



Each year on January 1, many people resolve to lose weight and get healthy. According to the Centers for Disease Control

and Prevention, almost 70 percent of Americans over the age of 20 are overweight, including 35 percent who are considered

obese.

After the holiday season, when social schedules ramp up and diets might be ignored, it's

no surprise that many people are ready to start new fitness regimens.

While it's easy to push oneself into the toughest and most intense workouts in order to super-charge weight loss or fitness gains, this could be a mistake that raises the average person's risk of injury. Instead, people should work with a personal trainer who can guide their workouts.

Personal trainers are fitness professionals who are trained to teach others how to exercise. These people are educated in correct posture and technique so that they can instruct how to do exercises correctly and efficiently. Furthermore, personal trainers can help people reach their fitness goals with an understanding of how to exercise safely with various chronic conditions or injuries.

There are many other reasons to work with a personal trainer.

- Motivation: Personal trainers can offer encouragement to get a person started and continue with a workout rou-

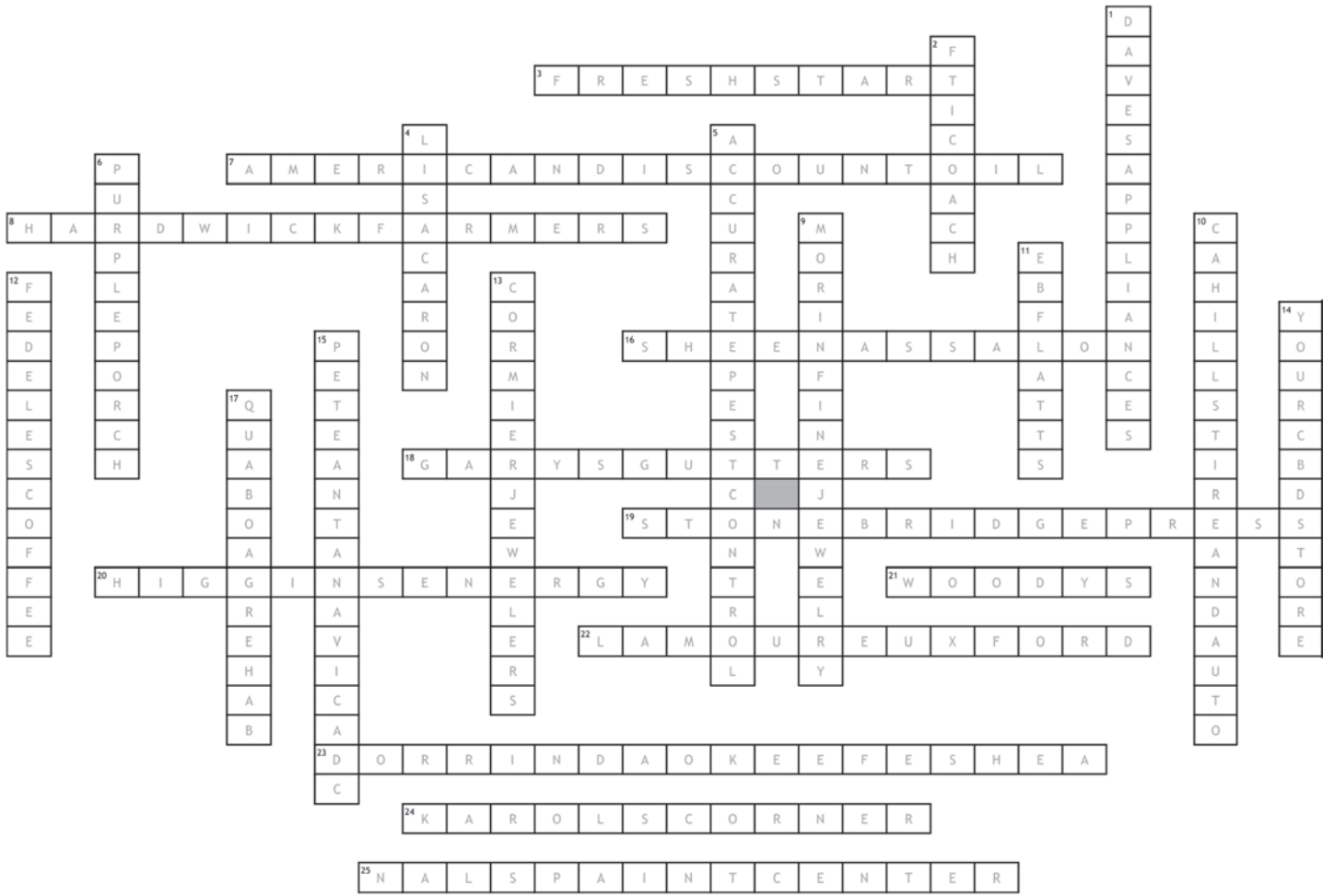
tine. Furthermore, knowing someone is there to hold them accountable can ensure the client is consistent in showing up to do the work necessary.

- Define fitness goals: Personal trainers can help people focus on goals that are specific and realistic to achieve measurable success.
- Showcase proper form: Understanding how to do exercises properly reduces the risk of injury and increases the efficacy of workouts.
- Offer variety: Sometimes workouts can become boring, and people become complacent. Personal trainers may alter routines to keep clients interested.
- Make time work: Experienced personal trainers will know how to maximize the time clients have. This can be advantageous for people who have limited time to exercise.

Personal trainers can help fitness fans achieve maximum results, exercise properly and form good habits.

2nd Annual ABC's of the Seasons

~ 10/4 FALL EDITION ANSWERS ~



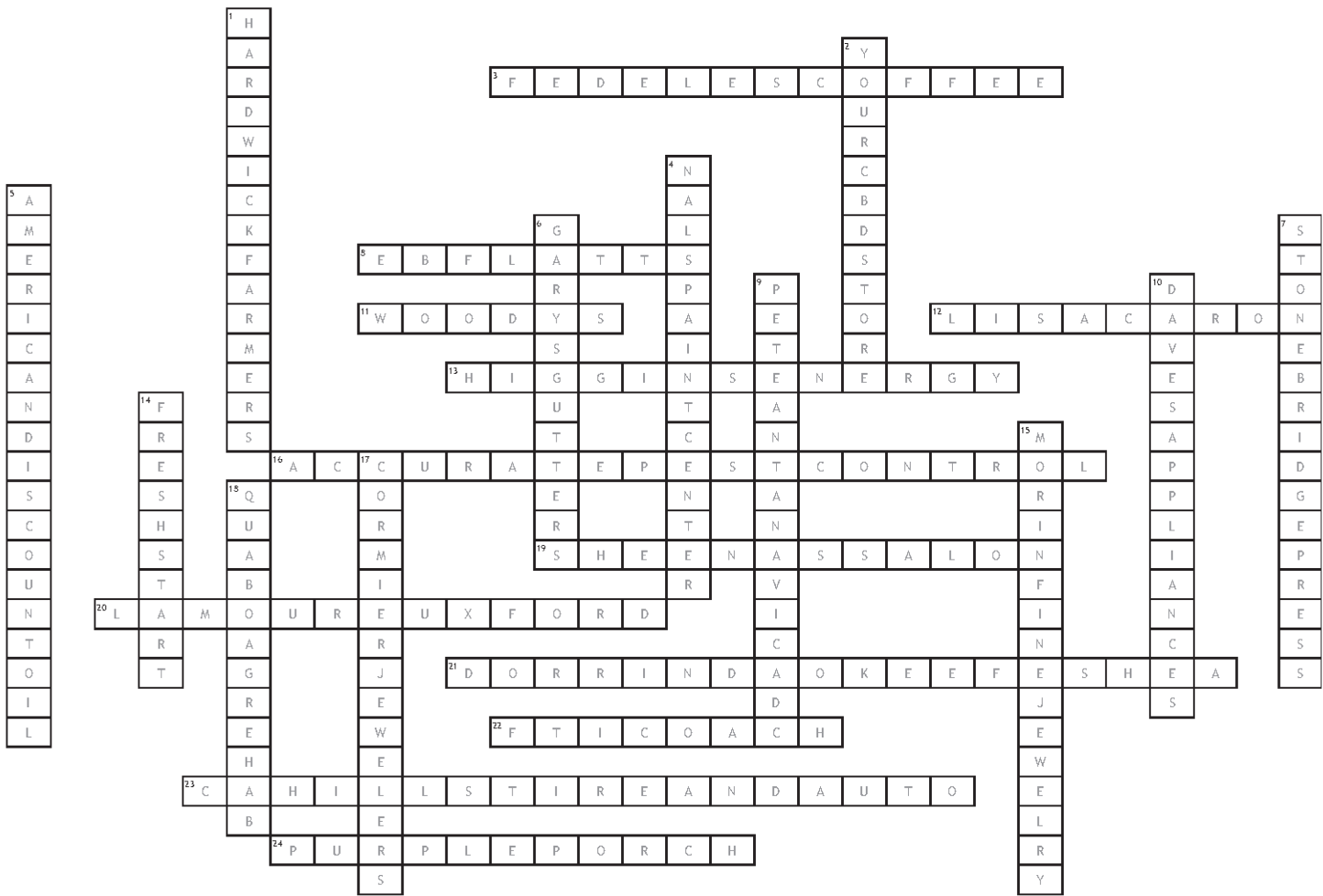
Across

3. Moving?
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18. ...lowest price guaranteed!
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22. Treat Yourself, It's Time!
23. Thinking of buying or selling? Call me!
24. Open Year Round - Lunch, Dinner, Ice Cream
25. Paint Like No Other

Down

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4. 15 Years Real Estate Experience
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6. List with us for only 1.5%
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10. Alignment Special \$50
11. Now in its 14th year!
12. 10% off Senior Citizen Day
13. Repairs or Custom Designs
14. 25% off your entire purchase
15. Free First Exam and Treatment for New Patients
17. Come Work for Us!

~ 9/27 FALL EDITION ANSWERS ~



Across

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17. Repairs or Custom Designs
18. Come Work for Us!

We hope you enjoyed our 2nd Annual ABC's of the Season crossword puzzle. The randomly chosen winner of all the correct entries for a \$25 gift card is A. Avezzie of Oxford, MA.

Please continue to support these and all of your local businesses. Our next ABC's of the Seasons will be our Winter Edition, coming out on January 31st. **Attention Businesses...** we do have the U and the X available to run Winter, Spring, & Summer. If you'd like to place your ad under one of these letters for the next three seasons, or would like more information, please contact your sales rep, or email jsima@stonebridgepress.news. Thank you to all the ABC businesses and to those who completed our puzzle!

June

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Southbridge News, Sturbridge Villager - 508-909-4126
Patty
Blackstone Valley Tribune,
Auburn News, Webster Times - 508-909-4135

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