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Friday, June 12, 2020

### Grafton's Wiltshire named Elementary Principal of the Year

BY KIMBERLY PALMUCCI

GRAFTON — One local elementary school principal has recently been named as the Massachusetts School Administrators Association's (MSAA) Thomas C. Passios Elementary School Principal of the Year.

Stephen Wiltshire, Principal at North Street Elementary School in Grafton, was recently announced as this year's award recipient.

The award was established in 1979 to honor the memory of an outstanding school leader, according to a statement from the MSAA. This award is bestowed each year and recognizes an elementary school principal who demonstrates "clear leadership in developing successful programs for children and teachers, exceptional dedication to education, outstanding professionalism, and an unselfish attitude towards helping others.

'It is an absolute honor to be recognized with this prestigious award and I look forward to sharing this distinction with the entire North Street team and the Grafton community," Wiltshire said in a statement. "It is certainly the highlight of my years as an educator and I am truly grateful to the mentors and fellow educators who have guided my journey and collaborated alongside me to support our students.'

Wiltshire also noted that he is "forever thankful" to his family for supporting his passion for education.

'At his core, Steve is a wonderful teacher, leader, and person," added the district's Superintendent, Jay Cummings. "His consistently positive outlook and ability to support others is both special and rare."

Wiltshire will officially receive the 41st annual weeks in each phase. Thomas C. Passios Award at the MSAA Leadership Institute later this summer. He will also represent the state at the National Association of Elementary School Principals (NAESP) Leadership Conference in Washington, D. C. in early October, according to the allowing Phase II of the

The Massachusetts School Administrators Association represents and supports the interests and needs of more than 2,100 elementary, middle, and high school administrators throughout the Commonwealth. For more information, visit www.mssaa.org.

### New Principal hired at Our Lady of the Valley



**Ed Reynlds** 

UXBRIDGE — The Consultative Board at Our Lady of the Valley Regional School Uxbridge has named Mr. Edward Reynolds as the school principal effective July 1.

Mr. Reynolds will succeed Mrs. Marilyn Willand, who is retiring after 13 years of outstanding service to Our Lady of the Valley.

Reynolds has previously served as principal and headmaster at Holy Name Central Catholic Junior/ Senior High School in Worcester, and brings 19 years administrative experience to the school.

He states, "I am excit-

of the Valley Catholic School community, and I look forward to building access, engagement, and upon the wonderful foundation that is currently in place. It is an outstanding school with a dedicated and talented faculty, it organization PLTW and I am grateful to the Consultative Board for this opportunity to lead more than 12,200 schools

Rev. Desimone, Pastor of Saint Mary Church and board member, added, "We interviewed some great candidates, but Ed stood out as the best candidate to continue the school's strength for years to come. He brings great recognized by Project passion and energy to the Lead The Way as a job, and we could not be Distinguished School," happier or luckier to have said Vocational Director

Regional School is the of our students and staff only regional elementary Catholic school in the Diocese of Worcester, riculum. This accolade is and students come from a testament to BVT's sus-Uxbridge, Northbridge, Douglas, Upton, Milford, Hopedale, Blackstone, Millville, Sutton and Hopkinton. OLV offers a

Turn To **REYNOLDS** page **A7** 



#### SHOW OF SOLIDARITY

Northbridge High School students gathered around the town common last weekend in a show of local support for the nationwide protests sparked by the death of George Floyd at the hands of Minneapolis police.

## State officials announce phase two of reopening plan

BY KIMBERLY PALMUCCI

REGION — In May, Massachusetts state officials released a fourphased plan to reopen the state's economy based on public health data, such as new cases of COVID-19 and hospitalizations. spending at least three

Health data has been closely monitored and, according to reports, has seen a significant decline, reopening plan to begin earlier this week.

"The public health dashboard designating the progress of key COVID-19 data metrics has been updated to reflect the number of COVID-19 patients in Massachusetts hospitals to green, indicating a positive trend," a statement from the Governor's Office reads.

Since mid-April, the seven-day average for the positive COVID-19 test rate is down 82 percent, the three-day average of hospitalized patients is down 55 percent, and the number of hospitals in

surge is down 76 percent, according to the state-

A total of 630,000 viral COVID-19 tests have been completed, and testing continues to increase throughout the state.

Gov. Charlie Baker and Lt. Governor Karyn Polito announced that businesses and sectors set to begin opening in Phase II are subject to compliance with all mandatory safety standards.

Businesses including retail, childcare facilities and day camps, restaurants, hotels and other lodgings, warehouses and distribution centers, personal services, higher education and occupation schools, amateur and professional sports, outdoor recreation facilities, youth instructional classes, driving and flight schools, outdoor historical spaces, and funeral homes were eligible to reopen on June 8, with contingencies.

According to reports, contingencies include occupancy limits on retail stores, outdoor

Turn To REOPENIG page A7

### Project Lead the Way names **BVT** Distinguished School

UPTON — For the third consecutive year, Blackstone Vocational Regional Technical High School (BVT) is recognized as ed to join the Our Lady a Project Lead the Way (PLTW) Distinguished School for increasing achievement in the PLTW Computer Science and Engineering pathway.

The national nonprofserves millions of PreK-12 students and teachers in across the country. BVT Nicholas is one of 143 high schools to receive this designation for the 2019-2020 school year and the only high school in the state to do so consecutively.

"It's always an honor for our school system to be Dr. Matthew Connors. "I Our Lady of the Valley am particularly proud who strive for greatness in all aspects of the curtained approach in delivering quality vocational instruction and the willingness of the students to constantly go the extra mile."

To be eligible for this designation, BVT had to meet the following criteria: offer at least three PLTW courses; of those who participated in PLTW at least 33 percent took two or more PLTW courses during their high school tenure; and at least 95 percent of students complete the PLTW End-of-Course assessments; have strategies and procedures in place to support reasonably proportional representation regarding race, ethnicity, poverty, gender.

BVT currently offers six PLTW courses the Engineering Pathway and has implemented the Computer Science Pathway in its Information Technology The program. ond of four courses in the Computer Science Pathway was provided in the fall with the other two classes to roll out in consecutive school years. BVT also plans to move forward with an academic set of courses in the PLTW Biomedical Science Pathway this fall.

The PLTW Biomedical Science introduces high school students to medicine and human body systems and a wide array of biomedical science

careers. Throughout the program, students take on the same real-world challenges as biomedical science professionals, preparing them for careers in medical and health-related fields.

The PLTW Computer Science interdisciplinary courses engage students in compelling, real-world computer science challenges. As students work together to design solutions, they learn more than just how to code, developing computational thinking, and communication skills for our increasingly technology-based economy.

The PLTW Engineering empowers high school students to step into the role of an engineer and adopt a problem-solving mindset. Students engage in collaborative, real-life activities like working with a client to design a home, programming electronic devices, or robotic arms and exploring algae as a biofuel source.

"Creating a positive learning community that prepares our students for success in an internationally competitive society through a fusion of vocational, technical, and academic skills is all part of our mission in transforming education," Superintendent-Director Dr. Michael F. Fitzpatrick. "Being consecutively recognized for the success of our PLTW curriculum is an honor. As our students develop STEM knowledge and in-demand skills that they will use in school and, for the rest of their lives, as successful candidates for the future workforce on any career path they choose to pursue.'

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Vocational Regional Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school's Web site is www. valleytech.k12.ma.us.

BLACKSTONE VALLEY TRIBUNE Friday, June 12, 2020

### Local students earn placement on Assumption College's Dean's List

WORCESTER — Assumption has announced those students who have been named to the College's Dean's List for the spring 2020 semester. Students must achieve a grade point average of 3.5 for a fiveclass, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters. Local students include:

Travis Butler of Uxbridge, Class of 2020 Emily Gay of Uxbridge, Class of 2022 Samuel Malone of Douglas, Class of 2021 Sean Morrissey of Uxbridge, Class of 2023 Julianne Sutherland of Uxbridge, Class of 2023

'This semester, our students faced unprecedented challenges due to the global pandemic," said Francesco C. Cesareo, Ph.D., president of Assumption College. "Following a rapid transition to remote learning, students adapted to the new form of education delivery amid difficult circumstances. The Assumption community is proud of these students who, despite the distractions of the COVID-19 situation, were able to remain focused and maintain a commitment to their academic programs.'

Founded in 1904 by the Augustinians of the Assumption in Worcester, Mass., Assumption College is a Catholic liberal arts institution that offers undergraduate students 33 majors and 49 minors in the liberal arts, sciences, business, and professional studies; as well as master's and continuing education degrees and professional certificate programs-each through an educational experience that is grounded in the rich Catholic intellectual tradition. The curriculum enables students to gain a depth and breadth of knowledge that leads to professional success and personal fulfillment. Students-whether on the Worcester campus or at the College's Rome, Italy, campus-become engaged participants in Assumption's classic liberal arts education, exploring new ideas and making connections across disciplines. To prepare for the workforce, students learn cutting-edge theory and best practices, conduct innovative research, and develop excellent communication and critical-analysis skills. Assumption graduates are also known for their thoughtful citizenship and compassionate service to their community. For more information about Assumption College, please visit www.assumption.edu.

### Apple Tree Arts pauses Act 3: Conversation with Artist Auction

GRAFTON — In solidarity with the Black community, Apple Tree Arts is taking an extended intermission and pausing the Act 3: Conversation with an Artist auction until a later date.

Thanks to the sponsors who are supporting our mission-inspired auction: Homefield Credit Union, Apollo Piano Company and Beatz Dance Studio. Thank you also to local businesses for donating items and gift certificates. We appreciate the artists, musicians, performers and other professionals working in music, theatre, film and/or TV who agreed to donate a half-hour conversation with the winning bidder. We are not cancelling Conversation with an Artist, it is respectfully on hold at this time.

Theatre and music have a powerful role to play in creating understanding when there is division, love where there is hatred, and peace where there is conflict. We take this moment to reflect and reconfirm our commitment to equity, empathy, justice and inclusion. Black lives matter. Our Black students, families, friends, performers, audience members and colleagues matter. We see you. We stand with you. We are listening.

### **JUNE IS ORAL HEALTI**

Our next Your Teeth Matter is running on August 7 for Dental Health Week. Hope you'll join us.

> Visit one of these Professionals to improve your family's oral health.

Good dental hygiene is *very important* to overall good health.



### Why dental hygiene is essential for overall health



The importance of maintaining clean teeth and healthy gums goes beyond having fresh breath and a white smile. Many people are surprised to discover that oral hygiene plays an integral role in overall health.

Research indicates that oral health mirrors the condition of the body as a whole. Also, regular dental visits can alert dentists about overall health and pinpoint if a person is at a risk for chronic disease. An oral health checkup also may be the first indication of a potential health issue not yet evident to a general medical doctor.

#### **HEART DISEASE**

According to the Academy of General Dentistry, there is a distinct relation-

ship between periodontal disease and conditions such as heart disease and stroke. Joint teams at the University of Bristol in the United Kingdom and the Royal College of Surgeons in Dublin, Ireland, found that people with bleeding gums from poor dental hygiene could have an increased risk of heart disease. Bacteria from the mouth is able to enter the bloodstream when bleeding gums are present. That bacteria can stick to platelets and subsequently form blood clots. This interrupts the flow of blood to the heart and may trigger a heart attack. Brushing and flossing twice daily and rinsing with mouthwash can remove bacteria and keep gums healthy.

#### **FACIAL PAIN**

The Office of the Surgeon General says infections of the gums that support the teeth can lead to facial and oral pain. Gingivitis, which is an early stage of gum disease, as well as advanced gum disease, affects more than 75 percent of the American population.

Dental decay can lead to its own share of pain. Maintaining a healthy mouth can fend off decay and infections, thereby preventing pain.

#### PANCREATIC CANCER

In 2007, the Harvard School of Public Health reported a link between gum disease and pancreatic cancer. In the ongoing study, 51,000 men were followed and data was collected beginning in 1986. The Harvard researchers found that men with a history of gum disease had a 64 percent increased risk of pancreatic cancer compared with men who had never had gum disease. The greatest risk for pancreatic cancer among this group was in men with recent tooth loss. However, the study was unable to find links between other types of oral health problems, such as tooth decay,

and pancreatic cancer.

#### ALZHEIMER'S DISEASE

Various health ailments, including poor oral health, have been linked to a greater risk of developing Alzheimer's disease. In 2010, after reviewing 20 years' worth of data, researchers from New York University concluded that there is a link between gum inflammation and Alzheimer's disease. Follow-up studies from researchers at the University of Central Lancashire in the United Kingdom compared brain samples from 10 living patients with Alzheimer's to samples from 10 people who did not have the disease. Data indicated that a bacterium — Porphyromonas gingivalis — was present in the Alzheimer's brain samples but not in the samples from the brains of people who did not have Alzheimer's. P. gingivalis is usually associated with chronic gum disease. As a result of the study, experts think that the bacteria can move via nerves in the roots of teeth that connect directly with the brain or through bleeding gums.

These health conditions are just a sampling of the relationship between oral health and overall health. Additional connections also have been made and continue to be studied.

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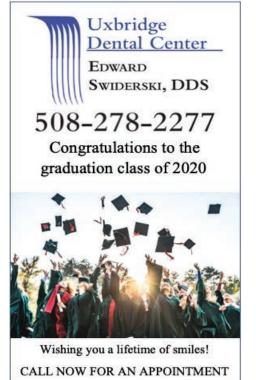
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### QCC releases Spring 2020 semester Dean and Merit Lists

WORCESTER — Quinsigamond Community College has released its Spring 2020 semester Dean and Merit Lists. A total of 578 students were named to the College's Dean's List and 1035 students were named to the Merit

Students named to the Dean's List must have a Quality Point Average (QPA) of 3.5 or higher and have earned 12 or more credits in a given semester. Students named to the Merit List must have a QPA of 3.5 or higher and have earned 6 or more credits in a given semester, but fewer than 12 credits.

For more information, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

#### Dean's List

Auburn: Brighid Campbell, Gracie Curtis, Corey Duff, Catherine Forde, Dawson Gemme, Jason Henry, Nicholas John, Quinne Masiello, Benjamin Rackett, Haley Rivers, Rheina Viruet

Brimfield: Allyson Chase, Kenneth Farrell, Alexis Fluegel, Madison Miller, Jennifer Polesnak-Custance, Jonathan

Brookfield: Quintin Aubin, Justin Zielinski

Charlton: Matthew Beals, Elaine Bond, Rebekah Diaz, Lucas Lanier, Paige Leite, Robert Orasz, Jeffrey Pearlstein, Christopher Rapoza, Shannon Ross, Rebekah Ukpong

Cherry Valley: Hunter Guinto, Robert Howard, Alec Iott, Sarah Kacevich, Krissy Lindner

Douglas: Kristina Chacon, Daphne

Dudley: Erin Bernard, Gabrielle Boivin, Jessica Clark, Jacqueline Coggans, Joy Goguen, Veronica Helock, Francesca Johnson, Montana Josey, Meaghan Krajcik, Conner Meece, Aidan Murray, Mick Sullivan, Meroon Zahrah East Brookfield: Allison Hingston

East Douglas: Amy Ackerman, Bethany Buller, Dominic Corso, Adam Gaulin, Jenna Glode, Sarah Happy, Jacob Masi

Fiskdale: Carina Holt, Tristan Shaw Leicester: Grace Ankrah, Tiffany Beer, Sajed Chreim, Anastasia Cichowski, Jillian Dube, Dylan Havey, Kristina Jarobski, Austin Le, Ayla Martinez, Meaghan St. George, Lindsay

North Brookfield: Skye Guertin, Jay Mason, Michelle Nguyen, David

North Uxbridge: Sarena Gervais

Northbridge: Joshua Desjardins, Tyler Hewitt, Brian Iarussi, Tyler Novitch, Lauren Springer, Donovan

Oxford: Gabriella Blackwell, Kayla Brodeur, Nathan Hagopian, Luke Knowles, Samantha Lemay, Trenton Lovejoy, Paul Maynard, Abigail Rice, Madeline Tomlin, Felecia Violette

Southbridge: Kevin Brady, Edgardo Camacho, Caiden Ellis, Breanna Filion, Jaime Fuentes, Jessica Harvey, Megan Hufault, Dalizbeth Rivera-Szczypien, Dianis Sanchez, Justin Santiago

Spencer: Chantel Croteau, Joseph Hamel, Nelmarie Irizarry, William Marrier, Morgan Mercadante, Johnny Nguyen, Dustin VanDyke, Savannah Vangel

Uxbridge: Anthony Abate, Gabrielle Casey, Marcus Cruz, Jenna Dagle, Erika Ethier, Mark Jordan, Michaela Randall, Christopher Videto

Wales: Lilyth Bourque

Carolyn Almanzar Webster: Gutierrez, Destiny Baldwin, Anthony Barnardo, Tom Bednarz, Audrey Gwargious, Ducharme, Maikeal Timothy Hansen, Sokkheng Khem, Joshua Kichar, Eric Lefebvre, Antonia Lopez, Orion Walker

West Boylston: Kingsley Duodu, Matthew George, Dylan Hemenway, Sarah Maino, Sophie Mulhearn, Jaycie Opuda, Zackery Vanvleck, Brady Weldon

West Brookfield: Robert O'Shea, Marissa Parker, Leah Robillard, William Walker

Whitinsville: Alexandra Clauss, Rachel Fremeau, Jameson Murray, Sharon Ridley, Anastasia Robinson, John Roche, Allison Salamack, Braelyn Sessa, Bishoy Soliman Hanna, Marie Soliman, Cody Spencer

#### Merit List

Auburn: Michelina Balsavich, Faith Barbieri, Bright Bremang, Caleb Buckley, Elizabeth Burch-Elder, Chantal Champagne, Hannah Chapdelaine, Lyndsey Delorto, Adam Eastty, Rebecca Forrett, Danielle Hastings, Desiray Hayes, Thi Thanh Huynh, Anelia Hyland, Tia Leo. Abigail Lloyd, Indra Nagassar, Lolitha Ntonmeu Messa Tiako, Joseph Paine, Abigail Randall, James Robertson, Laura Ruzzoli, Brian Smith, Dylan Tang, Dien Truong, Jonathon Wambach

Blackstone: Christina Boyan, Alexa Boyt, Eric Lawler, Thomas Saladin, Cassidy Tellstone, Justyne Tellstone, Patricia Wozniak

Brimfield: Amber Beaulieu, Amanda Childs, Steven LaRocco, Noah Pestaina Brookfield: Shawna O'Day Kida, Angela Palmere

Charlton: Rasa Auskalnyte, Danielle Cadarette, Byron Dean, Gwen Earnest, Chelsie Elliott, April Foskett, Riley French, Victoria Gaspar, Alexander Hayward, Chase Mannila, Amanda McDermott, Ashley Steelman, Jennifer Vezina

Cherry Valley: Tiara Bates, Sarah Gaffney, Alferid Hussin Inutu Mwinga, Esther Njeri, Brandi Sagendorph, Nehemiah Wanjiku

Douglas: Kattie Turgeon Dudley: Celia Bohaboy, Shawn Coltran, Alexandra Cowher, Amanda Cronauer, Michael Cyrek, Gregory Gunsalus, Cassidy Hamilton, Stedroy Hortance, Hannah Lawson, Travis McDonald, Danielle Moore, Elizabeth Naumann, David Njoroge, Abigail Northrop, Jacinda Peters, Tiffany Sousa, Melesia Swanston-Alonzo, Owen West, Ashley Westgate, Eridania Zapata

East Brookfield: Madison Hatt, McKenna Lamothe, Amber Wadden East Douglas: Amanda Alexion, Carol

Benson, Holly Callahan, Samantha Drew, Brendan L'Italien, Nathan Milliken, Emily Muscatell, Earl Parfitt, Michael Purvis

Fiskdale: Brianna Lawrence, Victoria Masse, Jaime Pingree, Phillip Sipe, Rosalyn Sosik, Ryan Zahr, Warren Zelenak

Holland: Edward Fisher, Sean Higgins

Leicester: Colleen Beaudreau. Owen Boisvert, Erica Campbell, Taylor Chouinard, Sherri Frotten, Kristen Johnson, Lilly Kinney, Jamie Pasternack, Christina Penney, Maria Rosado, Miosotis Rosado, Jonah Wicklund

North Brookfield: Meghan Brill, Burroughs, Cassandra Harold Chouinard, Kelsie Fantasia, Melissa Fontaine, Leo Gauthier, Jessica Jesky, Jordan Olson, Stephanie Ranellone

North Oxford: Salvatore DeMalia, Alyssa Durham, Alexzandra Hays, Shannen Hennessy, Stefanie Weaver

Northbridge: Juliana Asante, Kyran Bishop, Emily Massoni, Giovan Panzanella, Crystal Tardie, Anthony Zanca

Oxford: Regan Arraje, Richard Audette, Amber Comptois, Nicole Cosway, Nichole Donahue, Lindsey Donnelly, Tommy Estevez, Aliya Guillotte, Jennifer Gum, Carolyn Hodge, Audrey Hopkins, Jacob Laplante, Justin Mosher, Denise Otano, Nicholas Rawson, Ethan Smith, Olivia Spring, Kathryn Tagg, Heather Wilcox

Southbridge: Andre Beaudet, Karl Benkert, Felicia Boucher, Melissa Boudreau, Jessica Brunell, Audrey Clark, Jacquelinet Conde Arias, Awtumn Courville, Melinda Cruz-Rios, Ashley Deorsey-McNeaney, Tanishia Espino, Kirstianna Ferschke, Kiley Gouin, Maria Hernandez-Santos, Melynda Marcano, Luz Marquez, Javier Melendez, Kyle Morrill, Sean Moynagh, Amy Nadeau, Erik Newton, Krystal Pagan, Brady Parent, Matthew Porra, Mariana Powell, Tanner Renaud, Stephanie Rivera, Christina Ruberti, Sujeidy Sagastibelza, Austin Skarnes, Cassandra Smeltzer, Gabriel Varner,

Natyarie Villanueva, Tyler Webster Spencer: Mikayla Battaglia, Michelle Beauchemin, Rebecca Beers, Carley Burns, Tyler Carter, Draven Casey, Jacob Cormier, Andrew De Klerk. Grace Diaz, Elizabeth Garber, Melissa Groccia. Jennifer Jarmulowicz, Kouyoumjian, Victoria Melissa Luukko, Meghan McCaffrey, Rhiannon McIntvre, Erin McTiernan, Rose Ngigi. Peninah Okuku, Amanda Pedjoe, Tania Rivera, Mark Robillard, Whitney Simonovitch, Kristi Tharp, Leif Torres, Yujia Wei

Sturbridge: Brian Cardrant, Tiondra DeBoise, Kristen Gaudet, Ethan Hunter-Mason, Agnieszka Orlowska, Jeannine Szumski

Uxbridge: Joseph Cafarella, Jason Dullaghan, Michael Dumican, Caitlyn Ellis, Shannon Gilmore, Stephanie Gosselin, Mycala Labbe, Taylor Lee, Gabrielle Morrow, Jocelyn Murzycki, Mariangela Pereira, Matthew Stark, Katie Vautrain

Wales: Stephen Hughes, Janelle VanHook

Webster: Krystle Bedrick, Ashley Belanger, Natalya Cazarreal, Tirso Cristian, Emily Cutler, Katelyn DiTullio, Tyler Ellis, Edna Makepeace, Jamie Marshall, Alexis Mazza, Eunice Osei, Sabina Potem, Heather Quinn, Joe Ramos, Ivette Rivera Toribio, Michael Russo, Sarah Mae San Agustin, Sara Soule, Apryl Vancellette, Gage Velez, Andrea Woodford

West Brookfield: Jenna Chisholm, Savannah Finney, Karen Laprise, Alexandra Mendenhall, Jasper Roche, Payton Wooldridge

Audrey

Buck,

Westborough: Franklin Burkey. Kevin D'Alto, Sowmva Gontla. Daniel Leinweber, Tania Montanez, Jennifer Morrissey, Caroline Nakabiili, Christopher Xu

Whitinsville: Forrest Amtmann, Jocelvn Arriaga. Jill Beschi, Kelly Buurma, Adam Casey Dullea, Hibbard, Nikole Kamishlian, Ian Kelly, Kimberly Lloyd, Melissa Lozeau, Rebecca Malo, Emily Miller, Charlotte Murphy, Juli Nasralla, Alexander Romero, Raquel Sabatino, Katie Sansoucy, Ian Schopf, Christina Woods



#### ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

## Congratulations, Class of 2020

DANIELSON, Conn. — Nearly 150 Quinebaug Valley Community College students will receive degrees and certificates in QVCC's 48th commencement. which will be virtually celebrated on QVCC's Facebook and Instagram pages. Congratulations to the Class of 2020!

Auburn: Kelsey L. Gallo Dudley: Kerrissa Danielle Cobb Oxford: Rosanne Marie Wheeler-Flint

Southbridge: Brent Andrew Bohm. Kathryn Eizabeth Bohm, Kristen Anne LaFleche

Webster: Jennifer L. McKinstry

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# Bald Eagle numbers soaring new nests in Fitchburg, Wenham, Endangered Species Act list." time of year when turtles are crossing

BY KIMBERLY PALMUCCI

REGION — The Massachusetts Division of Fisheries and Wildlife has recently announced that the number of bald eagles in the Commonwealth is soaring this year—more than 70 active eagle nests have been documented throughout the state this spring.

And, the status of the bald eagle recently improved from "threatened" to "special concern" on the Massachusetts Endangered Species Act list.

MassWildlife has reported a dramatic uptick in newly documented eagle nests this year and has confirmed nine

Concord, Rutland, Wareham, Medford, Northampton, Hudson, and Barnstable.

As the eagle population continues to grow, new challenges emerge as pairs try to establish new territories.

'On the upside, more and more people across the Commonwealth are experiencing the thrill of seeing eagles in their own neighborhoods as these birds continue to expand their range to urban and suburban landscapes, MassWildlife reported. "Due to successful conservation measures, the status of the bald eagle recently improved from threatened to

special concern on

the Massachusetts

Endangered Species Act list."
In related news, MassWildlife has also encouraged residents to be on the lookout for turtles on the road. From mid-May to early July, thousands of turtles throughout the state travel to new areas to find food and nest.

"Adult turtles can live past 80 years. Young turtles and eggs, on the other hand, have a variety of predators and a low chance of reaching adulthood,' says Dr. Mike Jones, MassWildlife State Herpetologist. "This is why it's especially important to protect older adult turtles from cars, especially during this

roads more frequently.'

Residents may find turtles on roadways, in their backyards, or other unexpected locations as turtles move across the landscape to find resources they need to survive. Even if it's not apparent where they're headed, turtles have a keen sense of direction and may be on their way to wetlands or open, upland sites such as lawns, gravel pits, or roadsides for nesting.

"If you find a turtle, do not move it far away," the agency encouraged.

### Northbridge resident graduates from Saint Anselm College

39. Scorches

45. Frocks

52. Clumsy

41. Describe precisely

46. Indicates near

51. A nose or snout

61. Cuisine style

64. Utah city

67. Body part

65. Fight

44. Thick piece of something

49. A note added to a letter

54. Satisfied to the fullest

60. Popular awards show

62. Expresses pleasure

56. Display of strong feeling

63. Monetary unit of the Maldives

66. Messenger ribonucleic acid

68. Suspiciously reluctant

48. Senior enlisted US Army member

#### **CLUES ACROSS**

- 1. American composer
- 6. Very fast aircraft 9. Workplaces
- 13. A mount on a surface
- 14. Small freshwater fish Double-reed instrument
- 16. Canadian flyers
- 17. Famed astronomer
- 18. Smooth, shiny fabric
- 19. Profited
- 21. Conspiracy
- 22. Infections
- 23. Chum
- 24. Secondary school (abbr.) 25. Resistance unit
- 28. Sound unit
- 29. Ancient city of Egypt
- 33. Polished
- 36. For goodness \_\_! 38. College basketball tournament
- CLUES DOWN

### 1. Fruit of the service tree

- 2. At some prior time 3. Mongolian city \_\_ Bator
- 4. Strongboxes
- 5. Russian river
- 6. Gurus
- 7. Horse mackerel 8. Pearl Jam's debut album
- 9. Confines 10. First month of Jewish
- ecclesiastical year Famed Idaho politician

- 12. Prevents from seeing
- 14. Indicate time 17. Male parents 20. Tab on a key ring
- 21. The Great Dog constellation: Major
- 23. Frying necessity 25. Former CIA
- 26. The leader 27. Produces

CHARRY

32. Region in the western Pacific Ocean

29. London soccer club

34. Not present

30. Closes

- 35. Small drink of whiskey
- 37. Begat
- 40. Helps little firms
- 42. Pointed end of a pen 43. Fencing swords
- 47. Inches per minute (abbr.)
- 50. Philippine island 52. Flemish names of Ypres
- 53. A way to inform
- 55. Small lake
- 56. Linear unit 57. Central Japanese city
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MANCHESTER, New Hampshire — On May names. 16, what would have Michael

been the class of 2020's commencement day, Saint Anselm College celebrated its graduating seniors with a Celebration in Honor Completion Graduation The event streamed live Abbey the Church where College Joseph Ph.D.,

Requirements. from President A. Favazza, addressed the class and then certified that they had completed their graduation requirements. Dean of the College Mark Cronin,

Ph.D., then read each

of the 483 graduates'

Ferraro of Northbridge was conferred the degree of Bachelor of Arts in Finance.

At the lectern in the Abbey Church, Dr. Favazza reminded the graduates of five things he hoped they would recall as alumni of Saint Anselm College. He told them to be thankful; remember they aren't the center of the universe; being smart is less important than being kind; great lives include failure; and, finally, there are three things that last: faith, hope, and love.

In addition, he stated, "Remember, your Saint A's experience has taught you to figure what is worth believing in, hoping for, and loving, and what is not. You have made us proud as students; you will make us proud as alums.'

The college community worked diligently to provide the class of 2020 with an experience that would not replace their commencement but would celebrate their accomplishments until their in-person graduation exercises occur at a later date when the coronavirus has subsided to the

point where a large gathering would be possible. About Saint

Anselm College Founded in 1889, Saint Anselm College is a four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in southern New Hampshire near Boston and the seacoast, Saint Anselm is well known for its strong liberal arts and programs. nursing the New Hampshire Institute of Politics and a vibrant culture of community service.

### Health Foundation of Central Massachusetts provides \$371,000 in response to COVID-19 Crisis

WORCESTER — In response to the coronavirus public health crisis, The Health Foundation of Central Massachusetts has expedited \$371,000 in supplemental funding to 27 non-profits serving Central Massachusetts.

The following non-profits were awarded funding: Abby's House, Ascentria Care

Alliance, Community Legal Aid, Easter Seals of Massachusetts, Fitchburg State University, Friendly House, GAAMHA, Inc., Health Care For All, Health Law Advocates, Jeremiah's Inn, LUK, Inc., Massachusetts Association for Community Action, Massachusetts Budget & Policy Center, Massachusetts Housing & Shelter Alliance, Massachusetts Public Health Association, Massachusetts Society for the Prevention of Cruelty to Children, Neighbor to Neighbor Massachusetts, Quaboag Valley Community Development Corporation, Quinsigamond Community College Foundation, RCAP Solutions, Riverside Community

Care, Seven Hills Foundation, South Middlesex Opportunity Council, Worcester Regional Chamber of Commerce. Worcester Regional Food Hub, World Farmers, and YWCA of Central Massachusetts.

"The Board of the Foundation devised a three-pronged strategy for helping area non-profits in response to coronavirus. The top priority to bolster current

grantees' projects and to address special circumstances has been accomplished with this distribution of supplemental funding," stated Jan Yost, President of the Foundation.

The Foundation's Activation Fund remains open, with Letters of Intent due April 30, 2020. Further allocations to address gaps and the long-term impact of coronavirus will be informed by government and private funding and determined in the months ahead, she explained.

The Foundation was established in 1999 with the proceeds from the sale of Central Massachusetts Health Care, Inc., a physician-initiated, notfor-profit HMO. The Foundation currently has assets of approximately \$67 million and has awarded grants totaling over \$44

### Whitinsville Library to begin parking lot pickup

WHITINSVILLE — Whitinsville Social Library is pleased to provide pick up of Library materials starting Monday, June 8.

Place Whitinsville Social Library items on hold through your online library account, emailing requests to whitinsvillelibrary@cwmars.org, or by calling the library at 508-234-2151. Statewide interlibrary loan is not yet available so be sure to search the catalog for Whitinsville Social Library items only.

Once library staff have gathered the available items requested, you will get a phone call to schedule a time for you to pick up your items.

To all patrons who currently have items on the holds shelf, the Library will call you starting Thursday morning to schedule an appointment for pick up.

At your appointed time, park in the library's back parking lot. Best access to the back lot is through the driveway on Church Street. Park your car. Enter through the library's backdoor. On the table will be a labeled brown paper bag with your checked out requests. Grab it and you're all set!

If you don't have a specific title in mind, Library staff are happy to select books, DVDs, magazines, or other library items for you based on interest, theme, availability, and/or your child's age. Wowbrary is updated weekly with the library's newest additions. Some items and kits in our Library of Things are available to borrow. Various seeds are also available upon request.

If you have returns, put them in the book drop. Do not place them in the back lobby. No items are due until July 1. All overdue fines on WSL items returned to WSL are forgiven through Aug. 31.

If you need to update your phone number please do so on your CWMARS account. If you were unable to access your account, please call the library.

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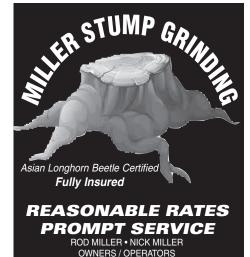
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BLACKSTONE VALLEY TRIBUNE Friday, June 12, 2020

# Quinsigamond Community College to continue remote instruction this fall

WORCESTER Quinsigamond Community College will continue remote instruction for the Fall 2020 semester. According to QCC President Dr. Luis G. Pedraja, the decision was made to ensure the safety of the College's students, faculty and staff.

"We did not make this decision lightly. The administration felt this was in the best interest of the QCC community with the continued uncertainty of COVID-19," President Pedraja said. "Due to the pandemic, we feel it's most prudent to leverage our experience and expertise with online and remote instruction and unprecedented support. This will allow for little to no disruption of services in the Fall, should the virus spike as predicted later this year. We will continue to monitor the situation, and follow the medical advice of local, state, and national organizations. A limited number of courses, such as labs or clinical experiences that require direct hands-on participation and cannot be delivered remotely, will be offered on campus, as long as we can do so safely."

QCC has a long history of online education and has offered hundreds of courses remotely prior to the pandemic. In early March, the College adapted quickly to the changing landscape and transitioned its in-person spring semester courses to remote instruction, in addition to delivering its

full array of support services remotely.

Today, college students are facing an uphill battle as many are rethinking their fall college plans and looking for impossible guarantees from fouryear schools that dorms will remain open for the academic year. Students looking for the "on campus" experience could find themselves back home and out thousands of dollars in a few short weeks or months, should residential schools find they must move to a remote form of education delivery as they did this Spring.

"This pandemic is one that is transforming how we look at higher education," President Pedraja continued. "Right now, no one knows what the future holds and while we all want to be optimistic, we must be cognizant that our world may be

forever changed. Making smart higher education decisions now, will pay off substantially in the future."

For more information on QCC, con-Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc. mass.edu.

### Students named to President's List at Plymouth State University

PLYMOUTH, New Hampshire — A total of 1,070 students have been named to the Plymouth State University President's List for the Spring 2020 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Spring 2020 semester and must have attempted at least 12 credit hours during the semester.

Bryana Reardon of Uxbridge Staci Segalla of Uxbridge

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country



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### UniBank to host free virtual home buying seminar

WHITINSVILLE — UniBank will be sponsoring free home buying seminars throughout 2020. These educational opportunities will provide homebuyers with valuable information about finding and buying the home of their dreams. Important discussion topics include: Negotiating a Winning Offer, Finding the Right Mortgage and Pre-Qualifying, Down Payment Options, The Importance of Home Inspections, and more. A door prize will be awarded at each event.

UniBank's Virtual Home Buving Seminar details are as follows:

Tuesday, June 16, from 6 - 8 p.m. at UniBank will host a virtual seminar. Seminar speakers include UniBank's Mortgage Representative, DaveSampson(NMLS#688948); Michelle Granger, RE/MAX; Paul Baker, Baker Appraisals; Steve Ducharme, Building Inspector of America; and Mark Wickstrom, Wickstrom Morse LLP.

Attendees will be entered for a chance to win a \$100 gift card. Sweepstakes to win gift card is subject to complete official rules which are available at www. unibank.com. To enter, individuals must register and attend the seminar. No purchase or account required to enter or win.

All seminar attendees will receive a \$250 mortgage closing cost coupon from UniBank.

To register, visit www.unibank.com.

UniBank is rooted in the Blackstone Valley with assets of \$2.0 billion as of March 31. A full-service, mutually owned community bank, UniBank has branches in Central Massachusetts and the MetroWest region of Massachusetts. UniBank's newest full-service branch is located at 193 Boston Turnpike (Route 9) in Shrewsbury (at the former site of Spag's). UniBank is dedicated to contributing to the overall quality of life and economic health of the communities it serves, while maintaining a high level of financial soundness and integrity. UniBank is an Equal Housing Lender and Member FDIC and Member DIF. UniBank NMLS #583135. The company website is www.unibank.com.

### Uxbridge Resident awarded Worcester Polytechnic Institute's Salisbury Prize

WORCESTER - Worcester Polytechnic Institute (WPI) has announced that Robert Wondolowski Uxbridge, Mass., a senior majoring in actuarial mathematics, has been awarded the university's Salisbury Prize for academic excellence.

A total of 24 undergraduate students-out of a class of more than 1.000were nominated by WPI faculty to receive this award. The Salisbury Prize was established in 1871 by Stephen Salisbury, 19th century businessman and philanthropist and one of the founders of WPI. This award recognizes academic excellence in courses and in all three of the required projects. Each recipient was nominated

by their department or

program (in some cases, by more than one). Every recipient has an outstanding academic record, and each has made significant contributions to WPI beyond their classes and projects. About

Worcester Polytechnic Institute

WPI, the global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation Engineering and Technology Education, WPI's pioneering proj-

ect-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 50 bachelor's, master's, and doctoral degree programs across 14 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu



### **CONGRATULATIONS CLASS OF 2020!**

in the June 19 issue of all of our papers DEADLINE FRIDAY JUNE 12 NOON (space) • Copy by Monday Noon

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### QCC students named to 2020 Phi Theta Kappa All-Massachusetts Academic Team

W O R C E S T E RQuinsigamond Community College Phi Theta Kappa students Krystle Bedrick and Temsalet Molla were recently inducted to the 2020 Phi Theta Kappa (PTK) All-Massachusetts Academic Team. The QCC students were honored for their outacademic standing achievement and exemplary student service, by the Massachusetts Association Colleges Community (MACC), through a virtual "PTK Community College Excellence Week.

"These students are wonderful ambassadors of QCC. Regardless of the obstacles in their path, they have pushed forward and persevered. I am sure they will achieve great things in their futures," said QCC President Dr. Luis Pedraja.

The highest academic achievers in the state's 15-member community college system were spotlighted each day during the week of April 27 on the MACC's social media pages, in lieu of the in-person traditional celebratory celebration at the Massachusetts State House due to the pandem-

"Every year, we look forward to this opportunity to highlight the community colleges' commitment to access,

opportunity, and excellence. Despite the virtual nature of this year's recognition, the outstanding achievements of our students cannot be understated. We are proud of all they have accomplished, and celebrate the continued pursuit of their academic and career aspirations," said Tom Sannicandro, Director of the Massachusetts Association Community Colleges (MACC).

Ms. Bedrick will be graduating from QCC this month and plans to attend Smith College this fall. She held the position of Vice President of Leadership for the Alpha Zeta Theta Chapter of Phi Theta Kappa and said it was one of the most enriching experiences of her life.

"I have been able to participate in rigorous academic research, leadership and team building, but most importantly community service. Phi Theta Kappa has been the catalyst for my advocacy and activism. I work diligently to help bring transportation equity to my community and endeavor to bring awareness to systemic oppression and poverty," she said. "As an Early Childhood Education major, my future students and their families will benefit from the tenacity and perseverance that was refined from my PTK member-

Ms. Molla is also a sophomore and will be graduating in May from QCC's Liberal Arts Biology program. She will be attending UMass Amherst this fall where she plans to get her bachelor's degree in biology before going on to medical school.

nephrologist (kidney spegives me great satisfaction when I help anyone whether they are my family members or not. To reach my goals, I know that I have to go through many processes, but I a nephrologist," she said.

Phi Theta Kappa is the international honor society of two-year colleges, and has recognized and encouraged scholarship among community college students for more than 100 years while promoting the academic integrity of the associate degree program. Students with grade point averages of 3.5 or higher are invited to join Phi Theta Kappa. QCC has been a part of the PTK Honor Society for 40 years with more than 2,000 students inducted.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 orjmartin@qcc. mass.edu

#### REOPENING

continued from page **A1** 

table service only for restaurants, no close physical contact for personal services such as photography, tutoring, and more, no events, functions, or meetings at hotels, and more.

The following businesses will be eligible to reopen in Step Two of Phase II at a later date, to be determined: Indoor table service at restaurants; and close-contact personal services, with restrictions, including hair removal and replacement, nail care, skin care, massage therapy, makeup salons and makeup application services, tanning salons, tattoo, piercing and body art services, and personal training, with restrictions.

"Health care providers may also incrementally resume in-person elective, non-urgent procedures and services, including routine office visits, dental visits and vision care subject to compliance with public health and safety standards," the statement reads. All other in-person medical, behav-

ioral health, dental and vision services may also resume on June 8, except for elective cosmetic procedures and in-person day programs, which will be included in Phase III of the reopening

"Telehealth must continue to be utilized and prioritized to the greatest extent possible, whenever feasible and appropriate," the statement adds.

For more information and safety protocols, visit www.mass.gov/reopening.

#### REYNOLDS

continued from page A1

rigorous faith-based education for Kindergarten "I want to become a through eighth grade, and also has pre-K 3 and pre-K cialist) in the future. It 4 programs. A dedicated and experienced staff of teachers and aides, along with small class sizes, allows for a hands-on education that pays great dividends for its students. OLV students regam ready to face what- ularly test into the highever it takes to become est levels as they enter such schools as Saint John's, Holy Name (now Saint Paul High School), Marianapolis, Notre Dame, Blackstone Valley Technical. Regional and all the local public schools.

Recent past OLV graduates currently attend such colleges and universities as Boston College, Georgetown University, College of the Holy Cross, Providence College, College, Bowdoin

The Commonwealth College at Honors UMass, University of Massachusetts Isenberg School of Business, Santa Clara University, Loyola University, Swathmore College and many other top schools.

In addition to the outstanding curriculum, OLV offers championship basketball programs for both boys and girls in grades five through eight. The basketball teams have advanced many times to the New **England Catholic Schools** Championships, traveling to such places as Burlington, Vt., Fairfied, Conn., Hartford, Conn., and Providence, R.I. to compete after winning the Worcester Diocesan championships. In addition, the cross country team has won seven of the last eight diocesan championships. offers many other extracurricular activities, such as Student Council,

Ski Club, Band, Science Club Chess Club, Irish step dancing, Yearbook Club, and students perform many community and church service proj-

OLV is currently in the exciting process of fundraising and planning for an expansion of the school building with two new classrooms for its Middle School Academy, along with a gymnasium on the campus located at Saint Mary Parish on Route 16 in Uxbridge. Although enrollment is strong, there are some available seats in many of the grades while keeping the class sizes to under 24 students. Come and see what a great value OLV is for your child or grandchild.

To come tour OLV and learn more about the school and its offerings, contact Ed Reynolds at ed.reynolds@olvuxbridge.com or call the school at (508) 278-5851.



PLACE MOTORS IS PROUD TO SPONSOR

### \* \* Friday's Child \* \* \*



Age 13

Hi! My name is David and I love board games!

David is a very polite boy of Caucasian descent. He has a great sense of humor and loves to be silly with others. David loves to take on new challenges. He enjoys swimming and has been considering playing sports as well. David loves to play outside and shows his inventive and imaginative skills when doing so. A big interest of David's is playing board games, especially Monopoly, which he explains is his greatest talent. David has expressed his many goals and aspirations, including his interest in being a police officer when he is older.

Legally freed for adoption, David does well with structure, routine and clear and concise expectations. He also would do well with having his own bedroom. He has no preference for family constellation but would like at least one other child in his new home. He currently has contact with his siblings, and it is very important that this is maintained after adoption as well. David would do very well in a family that could supply clear rules, structure, and expectations for him. Ultimately David expresses his wish to be safe and secure in a home and have the ability to still have a relationship with his siblings.

#### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc. org. The sooner you call, the sooner a waiting child will have a permanent place to call home.







## Safety remains our top priority.

While we're looking forward to the day we can re-open our lobbies, you can rest asssured that they will not re-open until it's safe do so.



On behalf of the entire Bay State Savings Bank team, thank you for being so understanding during these challenging times.

### **Bay State Savings Bank**

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Frank G. CHILINSKI President & PUBLISHER

**B**RENDAN **B**ERUBE EDITOR

#### **EDITORIAL**

### United we stand, divided we fall

In the 6th century B.C., Aesop shared a fable about the Lion and The Four Oxen. The story, if you have not heard it, goes like this....

A lion used to prowl around a field where four oxen dwelled. Several times, he would try to eat them but whenever he approached the four oxen would back their tales up to each other with their bodies pointed outward in different directions. No matter what direction the lion approached, he was met by the horns of one of them and could do nothing. Finally, the oxen began quarreling amongst themselves, and so each went off to a pasture of their own in a separate corner of the field. Then the lion attacked them one by one and soon made an end to all four.

Aesop's moral to this tale has become one of the most well known sayings of our time, "United we stand, divided we fall." President Abraham Lincoln parroted the sentiment in his acceptance speech, made in the year 1858: "A house divided against itself cannot stand.'

As of late, it seems the division throughout the country and even in our small communities has grown deeper. What we noticed, however, is that most well minded, kind, compassionate, intelligent people all want the same things. To be happy and successful. The arguments ensue, when people have different ideas on how to reach such a state of success in our government, and even in our own lives. When one person thinks we should reach A by doing X and Y, and another thinks e should reach A by doing Z, tempers flare. We want to remind you, that there is no reason to get heated when talking to a friend or colleague. Getting heated at a stranger is even more inappropriate. It's ok if someone disagrees with you. Remain calm.

What needs to unfold is the ability to hear each other out with a listening ear. Where one person's experience ends, another's begins. Solutions always appear in that middle area, where compromises are made.

To be steadfast in your beliefs is important, but it's even more important to exercise some flexibility, that is where growth takes place. This is where we can learn from someone who doesn't think the same way we do. It does not make a person weak, when there is a mind shift. It makes them

We're seeing a lot of arguing on social media, people publicly going back and forth and the thread never ends with any real change being made. If you want to have a meaningful, productive conversation with someone online, take it to a private message, where the world isn't watching. In the public eye, we all can be defensive.

Now, there are extremists on both sides of any argument, in those cases, there's not much you can do. There are people who want to see things through one lens and one lens only. Fine, let them. You will also see ignorance and evil come flying out of the mouths of those you never thought capable, fine let them. Remember that the majority of the people in this country want to unify. It comes down to common sense. United we stand, divided we fall. That statement couldn't ring truer.

Be strong enough in character, where you are a leader, whether in your own community, at work or in your own family. Unity should always be the end goal. Therefore, if you see someone that disagrees with you, and you want to unify, have a conversation that will do just that.

Sometimes simply saying, "Hey the country is really divided right now, how can we start to unify on a small scale?" That question puts both people in a position to come up with a solution that works for everyone. Then the domino effect takes hold. Then unity happens, then change, then success.

In the words of author Ken Blanchard, "None of us is as smart, as all of us."

Opinion and commentary from the Blackstone Valley and beyond

#### LETTERS TO THE EDITOR

### What's important about June 14?

To the Editor:

Traditionally, the second Sunday of June marks a day when we toast fathers and grandfathers with breakfast in bed or a cookout where he is not the grill master! In 2020, Father's Day coincides with Flag Day on June 14, giving families another reason for celebration.

What is the significance of "Flag Day?" On June 14, 1777, the second Continental Congress in Philadelphia passed a resolution adopting a red, white and blue flag as the official symbol of the United States of America. Of course, then it only showed thirteen white stars on a field of blue! It took until World War I when President Woodrow Wilson established June 14 as Flag Day. But well before 1916, WIkipedia cites many people and places who celebrated the occasion, and towns from New York to Michigan and back to Massachusetts and from Washington State to Washington, D.C. are famous for parades commemorating Flag Day dating to the 1800s.

Today, the week including June 14 is designated as National Flag Week. The president issues a proclamation "urging people to observe the day as the anniofficial flag..." As we practice 'social distancing' in the midst of the COVID-19 honor Old Glory on Flag Day.

On Sunday, June 14, proudly fly a flag or place small ones in flower pots then gather to recite the Pledge of Allegiance. The Americans Creed, or sing the National Anthem, and offer a word of gratitude that we live in the "land of the free and home of the brave.'

Over 1 million Daughters of the American Revolution have promoted patriotism, education and historic preservation in communities across the country and around the world since its founding in 1890. If interested in joining, contact Jane F. Keegan.

Celebrate Flag Day and fathers, too.

JANE F. KEEGAN DEBORAH WHEELOCK CHAPTER, DAR **U**XBRIDGE

versary of... the Stars and Stripes as the pandemic, we cannot attend public displays of patriotism on Memorial Day and 4th of July, but, individually, we can still

# Can you invest for retirement and education?

Typically, this time of year is filled with graduation ceremonies and celebrations. But with the coronavirus pandemic, not much has been typical lately. Eventually, though, things will



FINANCIAL Focus DARREN PARENT

mal and schools reopen o r in-pers o n

return to nor-

ing. And if you have young children, you may want to save for their higher education, whether that be college or trade school. At the same time, though, you're moving ever closer to retirement. Can you save for your kids' education and a comfortable retirement for yourself at the same time?

It is indeed possible, although you may need to prioritize somewhat. Specifically, you may not want to put off saving for retirement in favor of education. But by viewing these goals together and investing as early as possible in each of them, you can take advantage of one of your biggest assets – time.

Of course, you'll still have to budget your resources. You want to invest as much as you can, but not so much that your monthly cash flow is crimped. Consequently, you may have to consider retiring later, contributing less to your child's education, or a combination of the two. But in terms of logistics, you can make saving and investing easier.

First, consider your retirement accounts. If you have a traditional 401(k) or similar plan, your contributions come out of your paycheck before you even see the money – so it's about as painless a way of building your retirement fund as possible. Put in as much as your budget allows and consider increasing your contributions when you receive a raise at work. You can also direct your bank to move money each month from your savings or checking account into your IRA.

Now, let's move to your other key goal: education. Several education funding vehicles are available, but one of the most popular is the 529 plan. Your earnings grow tax-deferred and withdrawals are free from federal tax, provided the money is used for qualified higher education expenses. (529 plan withdrawals not used for qualified expenses may be subject to federal and state income tax and a 10 percent IRS penalty on the earnings.) Furthermore, your 529 plan contributions may earn a state tax deduction or credit if you participate in your own state's

You can set up recurring contributions from a bank account to a 529 plan. And you don't have to fund your 529 plan on your own. Instead of gifts for birthdays, holidays, graduations and other occasions, why not ask friends and relatives to contribute to the 529 plan you've set up for your child? They're all eligible to participate – and their contributions may earn them tax benefits if they live in your state and you've invested in your own state's plans.

A financial advisor can help you plan for more than one goal, understand the benefits and tradeoffs of your decisions, and make the process of saving for those goals easier. So, get the help you need to stay on track - or rather, two tracks - toward the important objectives of education and retirement.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@edwardjones.com.

### Summertime Lawn Care Tips

A recent past column touched on a few lawn tending tips. Based on a request from a reader for more basic lawn tips, the following compilation of hints and ideas from past

columns is offered: the Τf grass is always greener on the

other side of the fence - it may be time to review the basics of lawn care.

A beautiful lawn is worth the effort. And properly groomed grass doesn't offer only aesthetic benefits. An average sized lawn creates enough oxygen to meet the needs of a family of four every day, is a natural provider for our ecosystem, and can boost property value by nearly ten percent! Need another reason invest time and energy into your lawn? Ponder this: The front lawns of a block of eight average houses have the cooling effect of about 70 tons of air conditioning-enough to cool 16 average houses. On a hot summer day, grass can be 10 to 14 degrees cooler than exposed soil and as much as 30 degrees cooler than concrete or asphalt. And it also provides oxygen. A 50' x 50' well-maintained grass area will create enough oxygen to meet the needs of a family

Watering Your Way to a Lush Lawn: When and how much you water your lawn can determine lawn success. If you subscribe to the old rule of thumb of watering for a short time each day, you may want to rethink your strategy. Lawn experts claim a healthy lawn with a good root system doesn't require watering more than one to three times per week. The bottom line? Your lawn needs about an inch of water once every seven to 10 days to grow strong roots.

Still not convinced when it comes to watering less is more? Keep in mind frequent shallow watering leads to shallow root growth because roots only grow where the soil is moist. Shallow root growth can make a lawn more susceptible to heat stress and drought damage. On the other hand, if you water too much and saturate the lawn, you run the risk of suffocating grass roots. In saturated soil, deep roots can't get air and die. The only roots that survive will be those near the surface.

Your goal in irrigating should be to wet the soil where the grass roots are growing, no more and no less. To achieve this, experts advise wetting the top six inches of the soil thoroughly. To gauge how long you should run your sprinkler to achieve the six inch mark, place a few tin cans around the yard and run the sprinkler for a set amount of time. Then measure the accumulation to figure out how long it will take to equal six inches.

Despite the best intentions, watering a lawn thoroughly enough to wet the soil at least six inches deep is often easier said than done. Most sprinkler systems apply water much faster than the soil can absorb it. As a result the water just runs off, especially if you have a sloped landscape. To control runoff, take periodic pauses in watering by turning off the sprinklers to allow the water to seep in.

Compacted soil is another cause of water runoff. Soil compaction also restricts air, water and nutrient entry and slows root development. Remedy this by aerating the soil. Keep in mind lawns with deep roots can be watered less often than lawns with shallow root

Also, let the weather work for you. Keep a rain gauge to determine how often you will need to water your lawn. For

example, if it rains an inch, you can skip water-TAKE ing until next week! THE Water at the Right Time HINT

of the Day: Early morning is by far the best time for **KAREN** watering lawns. For opti-TRAINOR mum efficiency and success, try to water in the wee morning hours. The high humidity and morning dew adds to

the moisture quota, and evaporation of the water is lessened during this time. If you cannot water in the morning, irrigate after sunset. But remember, early morning watering helps to prevent lawn diseases that can be caused by watering at night because it gives your lawn time to dry by night fall.

Mowing Minders: Experts say a common mowing mistake is cutting your grass too short, particular for cool season grasses. Higher heights usually provide for a deeper root system, looks better, and is less likely to have weeds invading, particularly crabgrass.

Lawn pros advise adjusting your blade so that you never remove any more than one third of the grass leaf at any one cutting. By doing so, you can safely leave clippings that will quickly decompose and add valuable nutrients back into the

The direction you mow your lawn is also important. For best results, your lawn in a different direction with each mowing.. Altering the direction gives you an even cut and will prevent your grass growing in a set pattern.

To ensure a good cut, make sure your lawn mower blade is sharp, which may translate into sharpening it at least three times during mowing season.

Want to up your odds of a lush lawn? Try mowing during the moon phases. Here's how: If you want your lawn to grow, mow it during new or first quarter moon. If you want your lawn to grow more slowly, mow it during a full or last quarter moon.

Lawn Statistics: That patch of backyard grass is much more beneficial than you think. Consider these lawn statis-

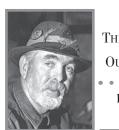
\*Healthy, dense lawns absorb rainfall six times more effectively than a wheat field, four times better than a hay field, and prevents runoff and erosion of our precious top soil. It also traps much of the estimated 12 million tons of dust and dirt released into the US atmosphere annually. Lawns also purify water entering into underground aquifers-its root mass and soil microbes act as a filter to capture and breakdown many types of pollutants.

\*Increases real estate market value and saleability. A Gallup Survey reported 62% of all US homeowners felt investment in lawns and landscaping was as good or better than other home improvements. The investment recovery rate is 100-200% for landscape improvement, compared to a deck or patio that will recover 40-70% of installation cost. Proper and well maintained landscaping adds 15% to a home's value according to buyers.

\*Recovery rates among hospitalized patients are often quicker when their rooms view a landscaped area compared to patients with non-landscaped views.

\*Playing fields covered with dense turf have proven safer, as demonstrated by a simple egg drop test. When a dozen raw eggs were dropped from a height of 11 feet onto a two-inch thick piece of dense turf, none broke; two thirds broke on thin turf from that height, and from just 18 inches, all broke on an all-weather track.

### A service for those who served



THE GREAT OUTDOORS **RALPH TRUE** 

Charter boat Captain Mark Petitt of "Firehouse Charters "in Plymouth volunteers his services every year to servicemen & women that love fishing. Petitt is part of a group called the Veteran Anglers Association. The Anglers organization have five boat Captains that offer their services to the program with two boats in Connecticut, one in Rhode Island and one boat in Maine and Massachusetts! The organization is funded by donations, and by numerous functions that are held each year. If you would like to donate to this worthy program or find out more about the group, contact Mark Petitt at 1-508-326-3185. This week's picture shows a veteran angler with a cod he caught on one of the recent trips aboard Captain Petitt's

This past week, this writer

fished the Providence River hoping to catch a legal-size fish to take home for the dinner table, but that did not happen. There were thousands of (porgies) in the river and snagging a few to fish with was easy, but there were very few bass in the area feeding on them. Many reports still say that the stripers are late, and by the time you read this column things could be totally different. We did manage to lose a few live porgies to bluefish in the area as this week's picture shows. It is amazing how the bluefish could steal half of the porgy without getting hooked. I also tried placing the hook a bit farther back, but the bluefish managed to miss the hook by less than one half inch. Because of a new law, we are required to use circle hooks when using live bait or chunk baits this year and many anglers dislike them already. Love or hate circle hooks they are here to stay for a while.

Freshwater anglers are still catching some nice fish in local lakes and ponds, but finding live bait to fish with is becoming a lot harder to purchase. Local Bait & Tackle shops have reported a shortage of shiners, which is a favorite bait to



fish with for many freshwater anglers.

Back in the day mummy chubs were caught in the saltwater tributaries of the state & were used to fill the shortage of bait back then. Chubs were a lot cheaper to buy back then, and were a lot more active even after having a hook stuck through them. They were a favorite bait for ice fishermen also.

They were easy to keep for the next day of fishing by simply placing them in some seaweed and kept in an old refrigerator or cooler. Catching your own live bait is not as easy



as it was 20 or 30 years ago. Many rivers and small ponds still have a small population of redfin shiners, but you need to know where to go. Purchasing a minnow trap at your local tackle shop and doing a bit of research could have you locating some live bait. No special license is needed. My brother Ken and his son Mark trolled some streamer fly's at Webster Lake and had a great day catching Browns, Rainbow trout, along with a couple of small mouth bass last week.

In the last 20 years or so, a large decrease in the bullfrog population was noticed by this writer. Living on the banks of the West River in Uxbridge I could always listen to the frogs from my front porch during early morning and evening hours. I was excited to hear the croak of the bull frogs again this spring, and hope that their populations have started to rebound, at least in my area.

I know that the snake population has increased over the past years and are more than likely responsible for the decline. At one time, Fish & Wildlife was requiring a license to harvest frogs, but realized it was not that popular, and dropped the frog license. Frog legs are a delicacy, but are rarely eaten by today's residents.

This past week, a good friend and fellow sportsmen Roy Underwood of North Uxbridge passed away in a local rest home after a lengthily illness. Roy loved the outdoors and enjoyed Pheasant hunting and goose hunting with his good friend Bob Brooks. He was a life member of the Uxbridge Rod & Gun Club. Our deepest sympathy goes out to his family, and many friends.

Take a Kid Fishing & Keep Them Rods Bending!

### Manage mosquitoes for a safer and more enjoyable summer

Don't let the buzz of mosquitoes keep you indoors. Most mosquitoes are a nuisance, causing rashes and itching but some species can transdiseases that can make you sick. Understanding how they breed and spread

disease can help you gain the upper hand in the battle against these pesky

Mosquitoes serve as a carrier (vector) in the spread of certain diseases. It starts when they feed on an animal infected with heartworms or an animal or person with West Nile, Saint Louis Encephalitis, Zika or other mosquito-vectored disease. The young heartworm or virus is taken in with the mosquito's blood meal. The heartworm larvae or virus is then transmitted to other organisms when the mosquito feeds on them.

Always take precautions when traveling to other regions. Find out about the health risks of the area and come prepared. Consult with your doctor and be sure to pack repellent and the appropriate clothing.

At home, start by eliminating mosquito breeding grounds. These insects

GARDEN Moments **MELINDA** 

**MYERS** 

need standing water to reproduce. The larvae hatch and feed on tiny organisms in the water. Once they morph into adults, they leave the water and look for animals and people to dine

Get rid of any standing water to eliminate

breeding grounds in your landscape. Clean clogged gutters where water can collect and mosquitoes can breed. Empty water that collects in any items left outside. Change the water in your birdbath at least once a week or anytime you water your container gardens.

Toss an organic mosquito control, like Mosquito Dunks and Mosquito Bit s (SummitResponsibleSolutions.com), into your rain barrel, pond or other water feature. Mosquito Bits quickly knock down the mosquito larval population, while Mosquito Dunks provide 30 days of mosquito control. The active ingredient is Bacillus thuringiensis israelensis, a naturally occurring soil bacterium that kills the mosquito larvae but is safe for children, fish, pets, beneficial insects and wildlife.

Invite the songbirds into your backyard with birdhouses, birdbaths and feeders. Most of them feed on insects,



Mosquitoes serve as a carrier in the spread of certain diseases, including West Nile, Saint Louis Encephalitis, Zika and other mosquito-vectored diseases.

including mosquitoes and garden pests, while adding color, motion and beauty to your landscape.

Keep the garden weeded. Mosquitoes rest in shrubs, trees and weeds during the day. Removing weeds and managing neglected garden spaces will make your landscape less inviting to these

Further protect yourself by wearing light colored clothing, long sleeves and long pants when enjoying the outdoors. Apply EPA-approved repellents as

directed on the label.

Use a fan when sitting on the porch or even working in the garden. The gentle breeze helps keep the weak-flying mosquitoes away.

Then add a bit of ambience to your next party by lighting a few citronella candles. Citronella oil and the scented candles do have some mosquito-repelling properties. Scatter lots of candles throughout the party and within a few feet of your guests for some short-term

And be sure to keep mosquitoes out of your house. Repair windows and screens that may be providing easy access into your home.

Taking a few precautions will help you manage these pests so you can enjoy the outdoor summer activities

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Summit for her expertise to write this article. Myers's Web site is www.melindamyers.com.

### I'm optimistic that common sense will prevail

What a mess ...

The tragic and unjustified death of George Floyd has shaken the soul of our nation and broken our collective hearts. It is compounded by the realization that he was murdered by someone we should have been able to trust. It wasn't just murder but preceded by eight agonizing minutes of torture. There is no excuse for what happened. There is no justification possible. I grieve for the Floyd family. I believe we all do.

As usual, a tragedy, that should spur positive change, has been hijacked, not for George Floyd or his family, but for a political ideology. The conversations are now all being directed by the extremists and it's turned into violence and more death.

What about the "Common-Sense Majority?" I'll coin the phrase here. I think it's a great descriptive label for most Americans.

What does the "common-sense majority" want? They want to be safe. They want to be left alone to raise their families, build their careers, and start small businesses. They want the opportunity to own their home and pursue the American Dream.

There is no color attached to the common-sense majority. I believe most black, brown, and white parents want the same. They want to build a happy and successful family and safe life. Above all, they want to know when their kids leave home, they'll safely

Yes, black lives matter. I have no problem saying it. I believe it. It doesn't mean that all lives don't matter, it just means that the average black person in America is at greater risk. Unfortunately, the idea that black lives matter has been hijacked to become a political hashtag and the common-sense majority see it. Most are just afraid to say it because if you disagree with any part of the narrative, you risk being verbally assaulted.

Looting, burning, and destroying property is not a form of legitimate protest. Those politicians and political leaders defending these actions are only perpetuating the problem to gain favor with those committing violence.

We all know the name George Floyd and should ... but does the name Miosotis Familia

ring a bell? Probably not. She's not given much attention at all and there is

ABC reported, "An on-duty New York City police officer was killed early Wednesday after a gunman walked up to a police vehicle and fired one round through a window, authorities said. Officer Miosotis Familia, a 12-year veteran assigned to the New York City Police Department's 46th Precinct's anti-crime unit, was taken to St. Barnabas Hospital in the Bronx, where she was pronounced dead at 3:37 a.m. ET. She was 48 years old, according to police sources.'

What the above statement didn't say, is she was black. Much was made of George Floyd's color but not Miosotis Familia. Did her black life not matter? The truth is that her story didn't fit the narrative, so her life didn't matter to this movement. Her death didn't advance their agenda, so there will be no protests on her behalf. Do you see the disconnect? Don't all black lives matter?

So, this column is entitled "Positively Speaking!" What's positive about any of this?

I believe cooler heads will prevail.

I believe in the American spirit. While many of our political leaders are bowing down to the political agenda and threatening the defunding of police departments, or disbanding them completely, I don't believe the majority of common-sense Americans, left or right, of any color, race or religion will allow that to happen. To believe if we didn't have police, anyone's life would be safer is nonsensical to the common-sense majority.

Members of the common-sense majority are often silent but consistently vote.



peaceful and well-meaning, law-abiding citizens who are saddened and hurt. Unfortunately, the criminal element arrives, and the legitimate protestors go

home as their protest is hijacked by an angry mob with a violent and destructive purpose.

into causes they believe in.

I know most protestors are

The common-sense majority will not violently protest, loot, or burn buildings. They deeply care but will not hurt others or destroy property to make their point. They support common sense politicians and vote out, for example, those who believe a nation without police would not devolve into chaos and mob

The common-sense majority of all race, religion or political leanings must

They direct their dollars stand up and be counted. I believe they will. We cannot let our nation devolve into a lawless society run by those manipulating emotion and causing harm for their political gain. Yes, I said we. I am a member of the common-sense

We as a nation are better than this.

I continue to grieve and pray for the family of George Floyd. We must demand justice, but I also grieve for the family of Officer Miosotis Familia. Does her family not deserve justice also?

I'm optimistic. Common sense will

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.



## **No Substitution**

"If you want to know what's going on in your town - whether the news is about the mayor or taxes or high school football - there is no substitute for a local newspaper. Wherever there is a pervasive sense of community, a paper that serves the special informational needs of that community will remain indispensable...





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## **OBITUARIES**

#### Catherine Waddell, 74



NORTHBRIDGE-Catherine (Jones) Waddell, 74, died at Wednesday, June 3. She is survived by her son, Corwin, and his wife, Edesa Waddell, with whom she lived; two brothers, David L. Jones,

and Donald F. Jones, in Virginia, and two sisters, Margaret A. Shelton, in Virginia, and Patricia L. Springer, of

Mrs. Waddell was born in Bethesda, Maryland, December 11, 1945, a daughter of Gordon and Joan (Kowalski) Jones. The daughter of a career serviceman, she lived in several locations before graduating from high school in Stafford, Virginia. She continued her education, studying fine arts at Mary Washington College, and computer science a Florida State University.

Mrs Waddell was a computer network administrator in the field of missile development. Her career took her to positions in Virginia, Alaska, and Tallahassee, Florida, before she moved to Northbridge in retirement.

She enjoyed playing video games, and for many years, horseback riding was a special interest and pastime.

Funeral Services will be held privately, at the convenience of the family, and there are no Calling Hours. Carr Funeral Home, 24 Hill St., Whitinsville, is assisting the family with arrangements. To leave a condolence for the family, please visit www.carrfuneralhome.com

### Carol Ann Gaffney, 78



WHITINSVILLE-Carol Ann Gaffney, 78, passed away peacefully in the late evening on Friday, June 5, 2020, at Beaumont Nursing Home in Northbridge, where she had lived for the past 11 years.

Carol was born in Milford on July 10, 1941, and grew up on Hecla Street in Uxbridge with her parents, Edward Joseph Sr. and Mary Teresa (Rock), and her brother, Edward Joseph Carol was proud of her Polish and Irish heritage, and experienced both with her many extended family members living in the Uxbridge area. Carol attended Wheelocksville School and was a graduate of Uxbridge High School. In later years, Carol moved with her father, mother and brother to their brand new home on Mason Road in Whitinsville. Carol was baptized at St. Mary's Catholic Church in Uxbridge, and later became a member of St. Patrick's Catholic Church in Whitinsville.

Carol had a decades-long career as a professional secretary with the Thom McAn Shoe Corp. at their headquarters in Worcester. Carol later went back to school and had a second career in the healthcare field, providing in-home care for seniors in the Worcester area.

Carol loved to travel throughout her entire life, beginning as a child with the Gaffney family tradition of summer trips to Cape Cod. She enjoyed many Foxy travel tours with her mother and brother, traveling around the East Coast. A loyal Chevy owner, Carol would drive the trio to weddings, festivals, and holiday parades. Carol and her dear companion Ed really enjoyed cruises and trips together, traveling to Hawaii and Nova Scotia.

Carol's life was deeply centered on her Catholic faith, loved ones, good friends, and career. She was strong-minded and independent, and she was very invested in her work and the lasting friendships she made during her many years at Thom McAn. Carol was truly professional, and she will be remembered for dressing impeccably in her beautiful suits.

During her life, Carol deeply loved and cared for her father, mother and brother. She enjoyed eating out and socializing with her friends, sharing her warmth and quiet humor. Carol graciously shared her home with family who traveled across the country to visit with her and other family members in Massachusetts.

Carol leaves behind her cousins and their families who live in Massachusetts and across the United States. Carol has been welcomed into Heaven by her father, mother and brother, free once more to be the warm and caring soul that her family and friends knew and

Tancrell-Jackman Funeral Home, Uxbridge, has been entrusted with arrangements. Please call for more information.

Polish Prayer - Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Irish Blessing - May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face. May the rains fall soft upon your fields. And until we meet again, may God hold you in the palm of His hand.

#### Joan S. Rusakovich, 82



BLACKSTONE-Joan S. (Krasieko) Rusakovich, 82, died Thursday, May 28, in the Milford Regional Medical Center. Her husband, Raymond Rusakovich, died in 1992. She is

survived by three sons, Kenneth Rusakovich, and his wife, Cynthia, of Whitinsville, Michael Rusakovich, of Worcester, and Raymond Rusakovich, Jr., of Naples, Maine; a daughter, Kristin Hilditch, and her husband, Timothy, of Whitinsville; six grandchildren, Peter, Joy, Samantha, Diana, Tamara, and Stacia, and a great grandson, Keith; a brother, Michael Krasieko, of Lincoln, RI; and two sisters, Carol Marszalkowski, of Cape Coral, FL, and



Ardeen Cartier, of North Smithfield RI. She was predeceased by her son, David in 1999.

Mrs. Rusakovich was born in Pawtucket, RI, June 25, 1937, a daughter of Edward and Cecile (Ferland) Krasieko, where she she grew up and attended school.She lived in Whitinsville from 1965 to 1999 before moving to Blacxkstone. She was a CNA, at the Saint Camillus Health Center in Whitinsville, and at the former Whitinsville Hospital. With her late husband, Joan owned Epoxy Limited Plus in Woonsocket for several

She was a member of Saint Patrick's Church in Whitinsville and was active at the Uxbridge Senior Center. She was a longtime supporter of the Valley Airs Drum and Bugle Corps in Northbridge. Joan enjoyed crossword puzzles, the Hallmark Channels, and her devoted companion Siamese cat, Abraham.

Funeral Services will be held at the convenience of the family. Memorial donations are requested to the American Lung Association, 55 W. Wacker Drive, Suite 1150, Chicago, IL, 60601. Carr Funeral Home, 24 Hill St., is assisting the family during this time. To leave a condolence, please visit www.carrfuneralhome.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to obits@stonebridgepress.news

#### Paul J. Collins, 83



SMITHFIELD Paul J. Collins, 83, passed away on Monday, June 2020 at Saint Antoine Residence, North Smithfield, RI. He was the husband of Sylvia (DiIorio)

Collins and the late Kathryn C. (Dunn)

Mr. Collins worked as a school guidance counselor for 25 years before his retirement in 1993. He loved walking, reading and spending time with his grandchildren.

Along with his wife Sylvia, he is survived by his son Stephen M. Collins and his wife Debora of Uxbridge; step-brothers Ethan and Kyle; grandchildren Michael, Kaitlyn, Ashley, David, Lincoln and Peta. He was predeceased by a brother Roger Collins.

Funeral services are private. Arrangements by Buma Funeral Home, Uxbridge.

www.bumafuneralhome.com

### Local Marketing student tests mettle as consultant for entrepreneur

SMITHFIELD, R.I. — Bryant's Entrepreneurial Marketing course introduces students to the key concepts, methods, and strategies used by start-up and early-stage entrepreneurs to grow their businesses. It also gives students, such as Caroline Meizen from Douglas the opportunity to put what they learn to work.

Led by Marketing Instructor Loring Barnes, the course requires students to apply what they learn through the Marketing Venture Project, a "Shark Tank"-modeled competitive consultant team project. Each team is assigned to a real business. Serving as consultants, each team delivers a compelling, actionable, and data-informed marketing plan that must meet professional standards.

"I learned so much from this class every single day, and it was eye-opening to all of the possibilities out there, says Caroline Meizen '21, who finished first in the competition as a member of the Triumph Consulting team alongside Zachary Richardson '21, Andrew Dougherty '21, and Andre Rocheleau '21. 'I was jotting down notes every time something was said and it was really exciting to not just find new ideas but to actually use them right away.'

The client challenge Barnes' class developed innovative marketing solutions for the Providencebased Championship Melt food truck company, owned by Drew Cordeiro. Over the course of the semester, the students conducted extensive research into the industry and investigated the marketplace to create marketing plans. They also worked with Cordeiro to make sure their recommendations fit with his business. By coincidence, Championship Melt is a familiar food truck at on-campus events.

"My job is to close the gap between classroom and career," says Barnes. "I want my students to leave this course ready to take on the world.

"It's really great to be able to work with a real client," notes Meizen, who wants to go into sports marketing and says the course gave her a look behind the scenes at developing fan engagement. "You learn the importance of figuring out what your client's goals really are and you have to be willing to change your initial ideas to match what they actually want and need."

Their coursework helped them to examine aspects of creating a customer base; develop marketing techniques that match the availability of money, manpower and time; and make marketing decisions in the face of uncertainty - skills they then applied to the marketing plans they developed "You learn so much, from presentation skills to digital marketing, but you also get experience actually doing those things," says Dougherty.

"You use everything you've been taught: How to put together, and stick to, a marketing budget, how to do a Lean Canvas analysis, how to manage a big project, and how to work as a team,' says Richardson. He's also applied those lessons to his own start-up custom fishing rod business, Zach's Custom Rods.

Tapping into a well-placed network The students also learned from guest speakers. Eric Weiner, the founder of FoodTrucksIn.com, a national consulting and community-building organization for the food truck industry, provided industry-specific knowledge. Krupp Library Research Manager Rachel Juskuv helped them with research strategies. Associate Professor of Marketing and Global Supply Chain Management Teresa McCarthy, PhD., shared her insights and expertise regard-

Entrepreneurs like Rob Toof, CEO of REEFINERY, a cannabis efficacy data

ing multi-channel marketing.

collection company; John Corcoran, President of Rinn Advisors, organizational cost recovery consultancy; serial CEO/CFO Jim Sabitus; Mark Pyenson, a senior sales executive from the application technology space, and Chris Parisi '09, President of Trailblaze Marketing, all lent their expertise to the class. "They didn't just come in and talk about their experiences," says Dougherty. "They gave us real, practical feedback on the work we had done and talked with us on how we can make it better.'

It was sort of amazing. They've literally started from nothing and built their own empires," notes Richardson. "And they're still willing to sit down and talk to you." The connections Richardson made, he says, extend beyond the classroom: He keeps in contact with Toof even though the course has ended. "I'm still talking to him and he's still giving me pointers"

The students' biggest champion, though, was Barnes herself, who says that what she finds most gratifying about teaching is knowing she made a difference in their careers and startups long after her class. "She definitely expects a lot out of us, and I would say she was definitely a big factor in pushing us to do the best we could," says Meizen.

"Professor Barnes goes above and beyond," agrees Richardson. "She's always there to help or provide feedback, both in class or beyond, and she has a huge network she's happy to connect you with."

"She told me, 'Tell them I sent you," he says with a laugh. A glimpse into life after Bryant

At the conclusion of the semester, the teams presented their ideas to a panel of judges that included Cordeiro, Barnes, Parisi, Weiner, and Assistant Professor of Management and Entrepreneurship

Coordinator R. Isil Yavuz, Ph.D. Triumph Consulting presented its analysis of Championship Melt, the food truck industry, and potential markets and areas for growth. The team also proposed merchandising opportunities, promotional events, and social media strategies, as well as a comprehensive action plan and estimated operating costs.

"A project like this brings the real world to the coursework," Barnes states. "It's created to address the client's needs as would be expected in any sector of business, while giving entrepreneurs the tool kit they need to take their ideas to market.'

The group won first place for the thoroughness of their research, attention to detail, ability to apply what they learned, and their polished presentation. But the real prize may be the real-world experience they gained. "You can work a simulation so many times or read up on a case study, but it's not the same as actually working with somebody on a project where there's more at stake than just your grade," Dougherty says. "That's sort of like what it's going to be in real life - you have to be able to do the work yourself.'

About Bryant University

For 157 years, Bryant University has been at the forefront of delivering an exceptional education that anticipates the future and prepares students to be innovative leaders of character in a changing world. Bryant delivers an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approximately 3,800 graduate and undergraduate students from 38 states and 49 countries, Bryant is recognized as a leader in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron's. Visit www.Bryant.edu.

### **LEGALS**

**Commonwealth of Massachusetts** The Trial Court **Probate and Family Court Worcester Probate and Family** Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No.W020P1385EA CITATION ON PETITION FOR FORMAL ADJUDICATION

> Estate of: **Edward Peter Michalik** Date of Death: 09/12/2019

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Martin P Szerlag of Northbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that Martin P Szerlag of Northbridge MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and

objection at this Court before: 10:00 a.m. on the return day of 07/07/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION **UNDER THE MASSACHUSETTS** UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: June 01, 2020

Stephanie K. Fattman, Register of Probate June 12, 2020

Friday, June 12, 2020 11



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**DUDLEY** - TOBIN FARM ESTATES! 9 Tobin Rd! 7 Rm. 3 Bdrm, 2.5 Bath Federal Front Colonial! Move Right In! 2 Story Grand Entry w/Gleaming Hrdwds in the Din Rm, Liv Rm & Kit! Frplc Fam Rm w/Cathedrals & New Wall to Wall! Granite Kit w/Center Isl, SS Appliances & Din Area! Tiled Mudrm! 2nd Flr w/Open Balcony! Master w/Full Bath & Walk-in Closet! Comfortable Bedrooms! Full Hall Bath w/Laundry! New Wall to Wall in Bdrms! Private Backyard w/Deck & Hot Tub! 2 Car Garage! Shed! Fire Pit! \$449,900.00



WEBSTER LARE - 112 Gore Rd: NORTH POND! Sucket Brook Cobe 8 Rm, 3 Bdm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Care Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! \$539,900.00



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**WEBSTER LAKE** - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$999,900.00



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#### Featured New Lake Listing!



#### **WEBSTER LAKE - 100 LAKESIDE AVENUE**

WFRSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room, upscale features & amenities! Nicely situated on a .25 acre level penin sula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline, exceptional views, professional landscaping & privacy. All you need to live is located on the 1st floor... including a grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , half bath & laundry, formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! It Truly is a Great Opportunity to Own Something Special! Remember, Timing Is Everything!

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\$375,000



#### Cornerstone Bank donates to local organizations impacted by Coronavirus

WORCESTER — During these unprecedented times, Cornerstone Bank is making donations to help local organizations with the impact of the coronavirus (COVID-19) pandemic. As a local, community bank, supporting the community is a top priority.

A \$15,000 donation was made to Harrington Healthcare System. This donation will be used to aid in the purchasing of personal protective equipment for front line staff. For more information about Harrington, ways you can help, and important information about COVID-19, please visit https://www. harringtonhospital.org/.

A \$5,000 donation was made to the Worcester Railers HC Small Business Stimulus Power Play. This donation will be used to purchase gift certificates to local businesses throughout Central Massachusetts. These gift certificates will then be given away to fans at Railers Hockey games during the 2020-2021 season. For more information, and to nominate a Central Massachusetts small business, visit https://railershc. com/.

A \$2.000 donation was made to St.

John Paul II food pantry. This donation was matched by the Tri-CommuniAtv Exchange Club and will provide extra funds at a time when the food pantry is seeing an increase of people in need. For more information on the St. John Paul II food pantry, and ways that you can help, please visit https://stjp2parish.

org/food-pantry.
"It is during these times that local organizations need our help the most,' stated Cornerstone Bank President & Treasurer and Chairman of the Bank's Charitable Donations Committee Todd M. Tallman. "I am proud to be a part of an organization that places importance on our community."

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving the residents, businesses, and communities throughout Central Massachusetts from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster, and Worcester along with a Loan Center in Westborough. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook or call 800-939-9103.

#### Soter announces passage of virtual notarization bill

BOSTON -The House of Representatives and the Senate have approved legislation authorizing notaries public to conduct electronic notarization of documents during the ongoing novel coronavirus State of Emergency.

State Rep. Michael Soter (R-Bellinghm) said Senate Bill 2645 will allow Massachusetts residents to obtain notarization services for executing wills, real estate title transfers, guardianships, health care proxies, and other essential documents while using realtime video conferencing to help maintain proper social distancing. The bill was enacted in both legislative branches on April 23 and is now on Governor Charlie Baker's desk awaiting his sig-

Senate Bill 2645 establishes strict parameters for validating virtual notary transactions, including requiring the notary public and each of the principals involved to be physically present in the Commonwealth. Copies of the video recording and all related documents must be retained by the notary public for a period of 10 years.

The bill also requires each principal involved in an electronic notarization

transaction to provide the notary public with satisfactory evidence of their identity, which can include a government-issued ID containing the individual's photo and signature. The principal must also arrange for the executed document to be delivered to the notary public following the video conference.

For transactions involving mortgages and real estate title transfers, a secondary form of ID must also be provided, such as a credit card, Social Security card, municipal tax bill, or a utility bill. A follow-up video conference is also required for these types of transactions so the notary public can confirm the document received matches up with the document that was executed during the initial video conference.

Soter commented, "This legislation is great because it allows for business to proceed in the Commonwealth. This is a crucially important service that needed to be brought back online within Massachusetts."

The provisions of Senate Bill 2645 will remain in effect until three business days after the State of Emergency is lifted. Rep. Soter noted these temporary measures are needed to carry out notary work while eliminating the need for person-to-person contact to help slow the spread of the coronavirus.

#### 

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condo, 952 sf liv area, 3 rm, 1 bdrm, 1 bth Worcester(Worc): Bk 34197, Pg 86

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Lowell, MA 01851, Attorney for the Mortgagee. Auctioneer makes no representation as to the accuracy of the information contained herein.

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plan. Office on 1st floor perfect for work from home space. Family room w/ cathedral ceiling could also be used as an oversized 1st floor master bed. A secondary bedroom is conveniently located on the 1st floor. Kit is open to dining and living room with fireplace. A truly great layout for entertaining. Has finished walkout asement that can be used as PLAYROOM or MAN CAVE. Home has 28 newly installed HARVEY WINDOWS & 2 ANDERSON STORM DOORS.NEW ROOF.Newly UPDATED ELECTRICAL system. Newer gas furnace & hot water heater. Seller is willing to leave the house partially furnished. Oversized garage with plenty of

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selectmen@brimfieldma.org. For complete job description visit www. brimfieldma.org , Board of Selectmen under job opportunities. Application deadline is June 17, 2020 or until position is filled. The Town of Brimfield is an equal opportunity employer.

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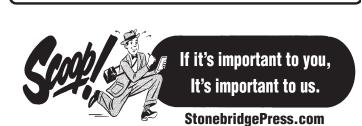
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- Be a neighbors' eyes and ears, just keeping an eye out for your neighbors can be a help.
- 9. Organize a community project, neighbors worked together for the community's greater good
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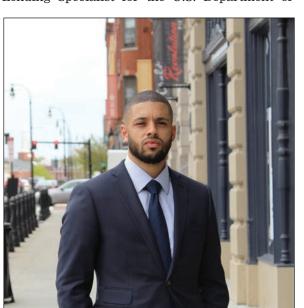
StonebridgePress.com

### Bay State Savings Bank appoints Seth A. Pitts Senior VP & Chief Financial Officer

WORCESTER — Bay State Savings Bank is proud to announce Seth A. Pitts has been appointed Senior Vice President and Chief Financial Officer at the Bank's 28 Franklin St. location in Worcester. In this role, Mr. Pitts will manage Bay State Savings Bank's financial reports, planning, and records.

Mr. Pitts joins Bay State Savings Bank with over ten years of experience in banking, finance, and federal regulation. Previously, he served as Financial Institution Risk Examiner for the Federal Deposit Insurance Corporation's Division of Risk Management Supervision and Area

Lending Specialist for the U.S. Department of



**Seth Pitts** 

Agriculture - Rural Development.

"Seth brings strong expertise in bank regulatory requirements, liquidity and balance sheet management to Bay State," said Bay State Savings Bank President and CEO Peter Alden. "His work ethic along with a sense of urgency fits with our philosophy and corporate values.'

Mr. Pitts holds a Master's degree in Finance from the University of Massachusetts Boston. He is also a Certified Fraud Examiner by the Association of Certified Fraud Examiners. Additionally, he serves as a member (former Chair) of the Trust Funds Commission for the City of Worcester.

Mr. Pitts currently resides in Worcester.

Bay State Savings Bank of Worcester has been a mutually owned community savings bank since it was founded in 1895. In addition to its main office, Bay State Savings Bank has branches in Auburn, Holden, and Worcester. For additional information, visit www.baystatesavingsbank.com.

#### Fairfield University congratulates Fall 2019 Dean's List

FAIRFIELD, Conn. — Chelsea Proehl of Uxbridge received Dean's List Honors for the Fall 2019 semester at Fairfield University.

In order to be placed on the Dean's List, students must have completed a minimum of 12 credit hours in a semester, have no outstanding or incomplete grades for that semester, and have attained a semester grade point average of 3.50





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