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Friday, July 26, 2019

Garden Tour spotlights area's hidden beauty



Jason Bleau Photos

Students and staff from Dudley Elementary School show off one of the beds of their From Seed to Snow garden.

BY JASON BLEAU
VILLAGER CORRESPONDENT

DUDLEY/CHARLTON – After taking a year off, the Dudley Woman's Club's Inspiration Garden Tour returned for its third year on Saturday, July 20 adding a new town and new gar-

dens showcasing some of the most beautiful displays in Southern Worcester County.

For the first time, the Inspiration Garden Tour included Charlton in its displays where the previous two events included only Dudley properties in the tour. In total seven gardens, four

private gardens as well as displays from The Overlook, Fay Mountain Farm and the Dudley Elementary School, made up the tour with the Dudley Grange serving as the start of the tour as the designated registration site.

Please Read **GARDEN**, page **A5**

Board of Health hears concerns about marijuana edibles

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – Legalized marijuana continues to be a controversial topic in Charlton, but a recent meeting of the town's Board of Health brought to light a local citizen's concerns about a very specific kind of legalized product — edibles.

Citizen Stephen Koronis attended the Board of Health's July 2 meeting to air his growing concerns about edibles shaped like children's candy that have given rise to documented cases of youngsters suffering overdose symptoms after consumption. Koronis provided a copy of an article he found on Facebook concerning a nine-year-old in Waltham who was rushed to the emergency room after ingesting the candies and said that it's cases like this that should put the way edibles are packaged on the town's radar as several businesses prepare for legalized sales.

"When I read the article, the part that got me ticked off a bit was there was a par-

ent of the school that said, 'Unfortunately, that's the world we live in.' It's not the world we live in. It doesn't need to be the world we live in. Now, where we're coming across a new frontier where marijuana is accepted and it's going to be here and it's going to be for sale, and I have many friends who smoke marijuana...for some reason, the edibles are making it look like candy. How does that make any sense to anybody?" Koronis said.

In the last year, the Board of Health has taken steps to curb underage use of vape products. However according to Charlton Health Director James Phillbrook the regulation of edible marijuana products is no longer in the hands of health board or even the state Board of Health.

"I look at the stuff every day. Unfortunately, they took it out of the hands of the Department of Health and put it in the hands of the Cannabis Control Commission, and they made it

Please Read **BOARD**, page **A5**

School District bids farewell to Nash

BY JASON BLEAU
CORRESPONDENT

DUDLEY/CHARLTON – With a new permanent superintendent set to that the reins and lead the Dudley Charlton Regional School District into the future, the school committee took a moment to honor the woman that has led the district over the last year in her final

meeting on June 29.

Dr. Kristine Nash was named the interim superintendent of the district in June of 2016 after the departure of Gregg Desto who departed for a new job in the Auburn School District, a decision partially made to allow him more time to be a father. Nash stepped into the job knowing she would only lead the district for a

short time, but in those twelve months she helped the district endure another difficult budget season while also using her knowledge and experience to help the district look deep into the future and continue previous work towards examining reorganization and capital improvement plans that would help the district operate more efficiently.

The school committee took time out of their June 29 meetings, putting business on hold, to celebrate Dr. Nash's time with the district while committee chair Pauline Aucoin summed up the boards feelings with one simple statement, "Thank you for contributing with all of us to make this district a better place."

Dr. Nash was humbled

by the show of support and appreciation saying she truly enjoyed her time working with the district.

"You never know what to expect when you come into a district and you hope that you can make some difference in a short period of time. Hopefully, I did some things that puts the

Please Read **NASH**, page **A5**



Courtesy Photo

Evan Selvey is looking forward to participating in his first Pan-Mass Challenge.

Sturbridge teen joins Pan-Mass Challenge

BY KEVIN FLANDERS
STAFF WRITER

STURBRIDGE – After watching the Pan-Mass Challenge roll through his town for several years, Evan Selvey is thrilled to be among the riders this summer.

The Tantasqua Regional High School junior is finishing his training for the PMC, which will kick off in town on Aug. 3. A lifelong Sturbridge resident, Selvey can't wait to be part of the tradition next month and raise money for cancer research.

"Last year, I rode my bike down to the starting line for PMC 2018,

and I saw the fun and emotion and excitement in the atmosphere," Selvey said. "That's when I knew I wanted to ride this year and get behind the amazing Dana-Farber cause of finding a cure for cancer once and for all."

An avid biker since childhood, Selvey recently started pushing himself with 10-mile and 20-mile rides. After training hard in recent years, the idea of riding in the rigorous PMC gradually became more feasible for the 17-year-old. Though the training rides are always challenging, Selvey has enjoyed the opportunity to continue improving and demanding more of himself.

"The training is probably the funnest part of the whole process," Selvey added. "I love nothing more than to push my limits and get better at what I do best. At this point, the biggest challenge is conditioning my body enough with a bunch of 20-mile and 40-mile rides so that the big 112-mile ride from Sturbridge to Bourne goes as smoothly as possible."

Selvey has also committed himself to the fundraising aspect of the ride. Determined to do his part to support cancer care and research, he is asking the community for assistance as he prepares for his ride.

Please Read **SELVEY**, page **A4**



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Job description for Assistant Super finalized

BY JASON BLEAU
CORRESPONDENT

DUDLEY/CHARLTON — With a new superintendent taking over the Dudley Charlton Regional School District on July 1, another position also needs to be filled — the superintendent's right hand man or woman.

The school committee looked over and finalized the new job description for the district's Assistant Super for Teaching and Learning position on June 26, a position that will lead the district in the case of the super-

intendent's absence.

In one of her final contributions as interim superintendent, Dr. Kristine Nash explained some alterations made to the job descriptions before the school committee made a decision on the document. She said the focus was to have the responsibilities more focused on leadership concerning curriculum, instruction, assessment, and professional development while also solidifying the position's authority just beneath the superintendent.

"We melded the content

from both job descriptions. Where there was replication, we eliminated in particular around all of the bullets for the job responsibilities. We also changed the position title, just inverting it to 'Teaching and Learning' instead of 'Learning and Teaching.' We did add language that indicates the assistant superintendent would be in charge of the district in the absence of the superintendent," Dr. Nash said.

Incoming superintendent Steven Lamarche was reportedly consulted to some capacity about the job description.

Lamarche will play a significant role in filling the position as the main hiring body. Dr. Nash recommended that the district post the job description with the intent to receive applications throughout July and fill the post by the start of the school year.

"Realistically, my sense would be that if you're filling it you're probably going hope to have someone to be able to start the year. It depends. If it's an internal person you run the risk of having to fill their position and it could be near the end of the summer and if it's an

external hire they usually have to give some kind of notice. There will be a transition, I'm sure," Dr. Nash said.

The district has up to \$120,000 budgeted for the Assistant Super for Teaching and Learning position. Dr. Nash recommended that the salary be considered a negotiable figure during the hiring allowing for a pool of qualified applicants seeking either career advancement or a larger paycheck.

Eastern student Christopher Paquette of Charlton graduates

WILLIMANTIC, Conn. — More than 1,250 Eastern Connecticut State University students received their diplomas in the 2018-19 academic year. Eastern's commencement ceremony occurred May 21 at the XL Center in Hartford.

Among the graduates was Christopher Paquette of Charlton. Paquette graduated in Spring 2019 with a Bachelor of Science degree in

Business Administration. Paquette also earned a Bachelor of Science degree in Finance.

More than 40 percent of the graduates were the first in their families to earn a bachelor's degree. As Connecticut's only public liberal arts university, Eastern draws students from 160 of 169 towns in the state, with approximately 85 percent of graduates staying in Connecticut to launch their careers, contribute to their communities and raise their families.

Marilyn "Lynn" Malerba, chief of the

Mohegan Tribe, was the commencement speaker at the ceremony. She congratulated students on their achievements and gave them words of encouragement.

"Allow yourself the faith to 'dream ahead' as you embrace the next chapter in your journey," she said. "Your education has just begun, as you have 'birthed' a career that will only grow and mature over time."

Other speakers at commencement included Eastern President Elsa Nunez; Merle Harris, vice-chair of the Board of Regents for Higher Education; and Mark Ojikian, president of the Connecticut State Colleges and Universities System. President Nunez also gave the gradu-

ates some words of wisdom.

"The most important lesson I hope you have learned at Eastern is the knowledge that our great American democracy is only great because of the involvement and participation of our citizens," said Nunez. "Being a citizen means debating the issues with your friends and in public forums - wherever you get a chance to voice your opinion. Most importantly, be willing to say no to whatever doesn't feel right."

Senior Class President Michael Theriault presented the Senior Class Gift to President Nunez, an annual Class of 2019 scholarship and thanked his classmates' families, friends and faculty for supporting the senior class in its journey.

Theriault added when looking at the arena floor that was a sea of graduation caps, "While we may look the same from the outside, the reality is that we all will be wearing different hats. Some of us will go on to be future educators and make differences in the lives of students. Others will become journalists, historians, psychologists, broadcasters and so much more. No matter what hat you will wear, we will all be Eastern Warriors now and forever."

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VILLAGER STAFF DIRECTORY

EDITOR
BRENDAN BERUBE
(508) 909-4111
news@stonebridgepress.news

SPORTS EDITOR
NICK ETHIER
(508) 909-4133
sports@stonebridgepress.com

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IT'S AN ACE!

CHECK OUT THE SPORTS ACTION!



Sturbridge residents join 40th annual Pan-Mass Challenge

BY ANNIE SANDOLI
VILLAGER CORRESPONDENT

STURBRIDGE—On Friday, Aug. 2 and Saturday, Aug. 4, a group of 12 Sturbridge residents will join more than 6,700 cyclists riding in the 40th annual Pan-Mass Challenge, a bike-a-thon sponsored by the Red Sox Foundation and New Balance, to raise money for Dana-Farber Cancer Institute through the Jimmy Fund.

The Pan-Mass Challenge was founded in 1980 and has since raised \$654 million for Dana-Farber, generating more than 55 percent of the Jimmy Fund's annual revenue and serving as the institute's single largest contributor. This year's riders are from 43 states and 12 countries, between the ages of 13 and 88, and will cycle anywhere from 25 to 192 miles based on their cycling and fundraising abilities.

"As we prepare for our milestone 40th PMC, we are humbled by the continued support from our growing

community," said Billy Starr, founder and executive director of the PMC, in a press release. "It is thanks to the unwavering passion and commitment of our riders, volunteers, donors, and sponsors that the PMC has been able to make such a tangible impact on advancements in cancer research and treatment since 1980. We can't wait to see everyone on the road come August for what we hope will be a safe and enjoyable ride!"

The Pan-Mass Challenge has successfully increased its donation each year, giving \$56 million in 2018 and expecting to surpass its 2019 fundraising goal of \$60 million at this year's event. Participants are required to raise between \$600 and \$8,500 depending on the route they choose out of the 12 different options, but on average each participant raises over \$8,825 and one hundred percent of the funds raised by the participants goes directly to Dana-Farber. Overstock.com CEO, cancer survivor, and PMC cyclist Patrick Byrne has also pledged to directly give

\$1 million to the cause.

The PMC participants who are current residents of Sturbridge include Richard Bamberger, Mary Bellezza, John Bright, Brian Conway, Timothy Langevin, David Michener, Kyle Renaud, Shawn Rich, Evan Selvey, Steven Sexton, Ryan Soto, and Paul Wengender. Along with the nearly 7,000 riders, there are also many volunteers, spectators, donors, and sponsors who participate and attend for a variety of reasons and assist in making the event successful.

"Many ride to honor a family member or friend who has battled cancer, while more than 950 riders and volunteers are cancer survivors or current patients themselves—considered Living Proof of the progress made in cancer research and treatment," said a PMC press release.

The Sturbridge riders along with many others will take off from the Sturbridge Host Hotel, one of the three starting points for the event, including Wellesley and Bourne, and the start



ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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of the original route, at 5:30 a.m. on Saturday, Aug. 3.

Although registration for the 2019 Pan-Mass Challenge is closed, volunteers are still needed for the weekend at various stops throughout the state. Registration for the 2020 registration will be open in January.

For more information on the 2019 Pan-Mass Challenge, to make a donation, or to volunteer at the event, go to www.pmc.org or call 781-449-5300.

Cornerstone Bank awarded First Place in four categories at Banking Choice Awards



WORCESTER — Cornerstone Bank has been recognized in four categories at this year's New England Banking Choice Awards. The awards were accepted on June 28 at the Best Bank Expo held at MGM Springfield. Cornerstone Bank President and Treasurer, Todd M. Tallman, took part in the discussion panel.

Cornerstone Bank has been named the first place statewide winner for Technology and named first place in Central Massachusetts in three categories: Overall Quality, Customer Service, and Technology and Tools.

"We are honored to be recognized at this year's New England Banking Choice Awards," said Chairman and CEO of Cornerstone Bank K. Michael Robbins. "We thank our customers

for their continued support and our employees for their contributions toward obtaining these awards."

The awards are presented by American Business Media and Customer Experience Solutions LLC who interview thousands of banking customers in a double-blind format. These banking benchmarks are created without any financial institutions involved, making it highly respected.

"It was an honor to sit on the discussion panel with other bankers from top-ranking financial institutions," stated President and Treasurer of Cornerstone Bank Todd M. Tallman. "It's an exciting time to be in banking, and we're honored to be recognized for our commitment to excellence."

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The Midnight Riders take the stage at Sturbridge Farmers Market

BY ANNIE SANDOLI
VILLAGER CORRESPONDENT

STURBRIDGE — The Midnight Riders, an up and coming local band of 14-year-old musicians out of Rutland, has captured the attention of residents at the Sturbridge Farmer's Market with their talent and passion for playing live music.

Featuring Joe Collard on rhythm guitar, Joe Miele on lead guitar and vocals, Noah Haber on bass guitar and vocals, and Eric Huard, on drums, The Midnight Riders officially formed just over two years ago, with Huard joining them last fall with nearly five years of drumming experience, but playing in a band together was something Collard and Miele started thinking about and pursuing at a very young age.

"Me and Joe started the idea for the band when we were in fourth grade," said Collard. "We wanted to get together and play instruments. In sixth grade we started playing for fun and we got our first gig in July of last year at another farmers market."

The band plays primarily classic rock covers from musical artists including the Grateful Dead, Tom Petty, the Allman Brothers, and Chuck



From left to right: Joe Collard, Eric Huard, Joe Miele, and Noah Haber.

Annie Sandoli Photo

Berry, with some of their favorite songs to play being "Runnin' Down a Dream" by Petty and the Heartbreakers, "The Other One" by the Grateful Dead, and "Johnny B. Goode" by Berry. The Midnight Riders also currently have seven original songs written primarily by

Miele and heavily influenced by the Grateful Dead.

"It kind of just started out of necessity, I had some ideas and we needed some songs," said Miele. "I taught myself to write songs. Sometimes I have a lyric in mind, and sometimes I'll write songs based on the

music."

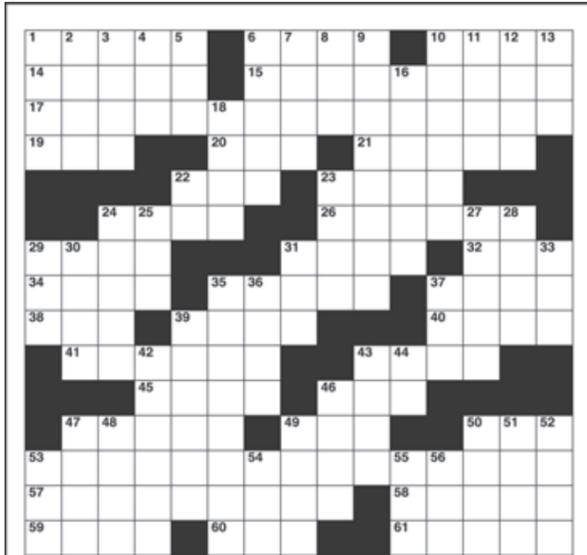
Since playing live for the first time in 2018, the band has now played its covers and original songs at the Sturbridge and West Brookfield Farmer's Markets, backyard barbecues, their middle school dances, a local bonfire, and as the head-

liner of The Future Stars showcase, put on by City Music at the Bull Run Restaurant in Shirley to present the best local talent each year.

The band members said that their next steps are to continue booking gigs and getting their name out there, as they all love playing live music or audiences. They are also hoping to record their original songs in a studio and release them on iTunes very soon, as well as continue to write more of their own music and improve their instrumental skills.

"The band is a huge part of our lives," said The Midnight Riders in a statement. "We are all childhood friends that enjoy making music and playing for others. The band allows us to be creative and help each other become better musicians. It also gives us a reason to get together each week with our best friends and have fun."

For more information on The Midnight Riders or to hire them for a private show, email them at themidnightriders42@gmail.com or follow the band on Instagram under the username @riders_midnight42.

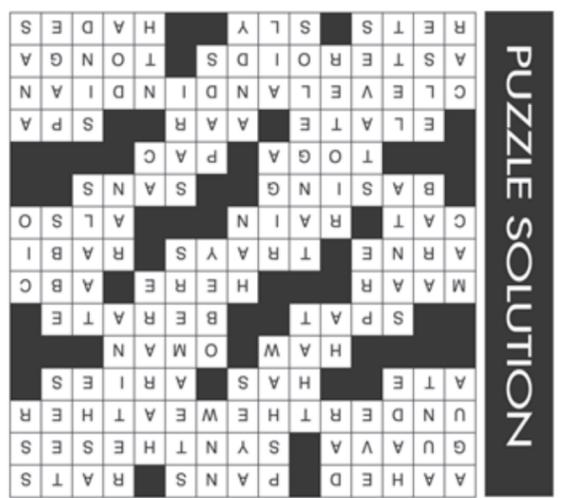


CLUES ACROSS

- 1. Partner to "ooed"
- 6. Frying dishes
- 10. Turncoats
- 14. Tropical fruit
- 15. Combinations of ideas
- 17. Sick
- 19. Consumed
- 20. Is in possession of
- 21. Zodiac sign
- 22. Hem and ___
- 23. Small country along the Arabian Peninsula
- 24. Petty quarrel
- 26. Scold
- 29. Volcanic crater
- 31. Present
- 32. TV network
- 34. "Rule Britannia" composer
- 35. Some hold lunches
- 37. Spring harvest in South Asia
- 38. Feline
- 39. Precipitation
- 40. In addition
- 41. Using as a foundation
- 43. Without
- 45. Ancient Roman garment
- 46. Political action committee
- 47. A way to excite
- 49. Swiss river
- 50. A place to relax
- 53. NE Ohio ballplayer
- 57. Rocky bodies orbiting the sun
- 58. Horse-drawn vehicle
- 59. Soaks
- 60. Cunning
- 61. The underworld

CLUES DOWN

- 1. Water (Spanish)
- 2. Your parent's sister
- 3. Incline from vertical
- 4. The night before
- 5. Female descendants from American revolutionaries
- 6. Exclamation of disgust
- 7. Affirmative votes
- 8. Midway between north and northwest
- 9. Soft-shell clams
- 10. Layer at the back of the eye
- 11. Tennis great Arthur
- 12. Where golf games begin
- 13. Soviet Socialist Republic
- 16. Capital of Zimbabwe
- 18. This and ___
- 22. Laugh
- 23. Adhere to the rules
- 24. He comes each December
- 25. Before
- 27. Hindu cymbals
- 28. ___ and flows
- 29. Personal computer
- 30. Semite
- 31. "Star Wars" hero Solo
- 33. Data executive
- 35. Hybrid fruits
- 36. Capital of Latvia
- 37. Moved swiftly
- 39. Troublemaker
- 42. Averts
- 43. Garment worn by S. Asian women
- 44. It cools your house
- 46. Homes to bachelors
- 47. Besides
- 48. Cowboys great Leon
- 49. Griffith or Rooney
- 50. Province of Pakistan
- 51. Part of a book
- 52. Gasteyer and Ivanovic are two
- 53. Automobile
- 54. Afflict
- 55. To the ___ degree
- 56. Arrived extinct



Kayte Rooney named to Dean's List At Loyola University Maryland

BALTIMORE, Md. — Kayte Rooney, a member of the class of 2022 from Uxbridge, has been named to the spring 2019 Dean's List at Loyola University Maryland.

In order to qualify for the Dean's List at Loyola, a student must achieve a minimum QPA of at least 3.500 for the term, provided that, in the term they have successfully completed courses totaling a minimum of 15 credits.

Established in 1852, Loyola University Maryland is a Catholic, Jesuit comprehensive university comprising Loyola College, home to the University's

arts and sciences programs; the Sellinger School of Business and Management; and the School of Education. Loyola enrolls 4,000 undergraduate and 2,000 graduate students from across the country.

Established in 1852, Loyola University Maryland is a Catholic, Jesuit comprehensive university comprising Loyola College, home to the University's arts and sciences programs; the Sellinger School of Business and Management; and the School of Education. Loyola enrolls 4,000 undergraduate and 2,000 graduate students from across the country.

SELVEY

continued from page 1

"I have a fundraising minimum of \$4,000, which everyone around me thinks is nuts for a teenager to pull together. But I love the challenge of raising it and knowing that every penny of it goes to the wonderful research being done by Dana-Farber."

Selvey has raised funds in many forms, including by biking north to Brookfield to greet guests on the Town Common for summer concerts. He has set up a table throughout July, and he looks forward to meeting more residents at the Friday evening concerts.

In addition to the PMC, Selvey enjoys taking part in long rides throughout the area. Most recently, he completed the Tour Opacum bike ride for land conservation on July 7, where he logged 50 miles through Wales, Holland, Sturbridge, Brookfield, and Brimfield.

"That's definitely up there as one of my favorite rides ever," Selvey recalled.

If you would like to contribute to Selvey's PMC donation page, visit <http://profile.pmc.org/ES0320>.

The PMC raises more money for charity than any other single

event in the country. Founded in 1980, the event has generated \$598 million for cancer research and treatment at Dana-Farber Cancer Institute. In 2018, for the eleventh consecutive year, the PMC donated 100 percent of every rider-raised dollar directly to the cause.

The PMC is responsible for more than half of the Jimmy Fund's annual revenue, and the event represents Dana-Farber's largest individual contributor. More than 315,000 individual contributions were made to last year's fundraising campaign.

To learn more about the event, visit www.pmc.org.

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GARDEN

continued from page 1

Maryellen Huck, a representative of the Dudley Woman's Club, said that the 2019 tour served as a fundraiser for not only the Dudley Woman's Club, but three beneficiary organizations as well all represented on the tour.

"The Dudley Grange has a scholarship fund so we're helping them. The Dudley Elementary School has their children's garden they started three years ago, and they will be getting part of the profits. The third is Fay Mountain Farm in Charlton. We're raising money so that they can expand their peach orchard," said Huck.

With the inclusion of Charlton this year the Inspiration Garden Tour offered an opportunity to view hidden treasures beyond Dudley's borders. Heck said what started off as an opportunity to show the world what Dudley has evolved to include new hidden wonders that local gardeners have worked hard to perfect.

"We've talked about it for a long time and we just wanted to be good neighbors. We have members of the Woman's Club who live in Charlton so we thought it would be fun to bring them into it too," said Heck. "This tour shows the really pretty side of Dudley and Charlton. We are very grateful



Just one of several gardens created by Charlton resident Marcy Larmon for the Inspiration Garden Tour

to our garden hosts because they do a lot to care for their gardens and prepare for the people coming out to be a part of this event."

The Dudley Elementary School was not just a benefi-

ciary, but also a stop on the tour showcasing the From Seed to Snow garden that has been maintained and grown by students in the school's courtyard for the last three years. Beth Waye-Betz, a special education

teacher at the school, said that the garden helps teach students about responsibility and the coexistence between humans and plants as they are charged with growing their own vegetables and flowers from seeds to

harvest.

"The kids have been really excited to show off what they've grown. They water and weed and take care of the garden, so they get to show their hard work," she said.

On the Charlton side, one gardener experiencing her first taste of the Garden Tour was Marcy Larmon who showed off her property, called Woodland Wonders, on Clark Road. A resident of Charlton for the last three-and-a-half years Larmon was only introduced to the garden tour this year and was more than pleased to show off her collection of different gardens as well as a woodland trail filled with furniture and a bridge made from tree branches and other woodland items. As a master gardener, Larmon was honored to be a part of the tour.

"I'm flattered. I'm at this point almost obsessively compulsive about my gardening and I spend a good chunk of my life working on these plants," Larmon said. "I was nervous at first, but I'm glad people appreciate it."

In addition to Larmon's display, Dudley residents Ellen Laprise, Vic an Jane Champagne, and Mary Sansoucy also showed off their gardens while The Overlook and Fay Mountain Farm hosted their own segments of the tour.

BOARD

continued from page 1

legal," Philbrook said.

Edibles have yet to be made available at any stores in Charlton, but Green Gold Group is preparing to open their dispensary this year which is expected to sell edibles for medical use to their 21-and-over clientele, requiring and ID for purchase. Philbrook indicated that while the items are legal, he too is distressed by how the shape and presentation of some products give off the vibe that they are targeting children. He didn't specifically indicate that Green Gold Groups' products will fit this description but said he doesn't agree with the idea of these candies to resembling popular children's foods like gummy bears.

"I'm nervous about it. We don't have any in Charlton right now because they have not opened. They will be down the street soon, but (Green Gold Group) is very strict. Then it's up to the parents when they bring them home," he said.

James Philbrook added that because the edibles are under the jurisdiction of the Cannabis Control Commission and not the Board of Health, the local health agents cannot site companies for their products. He said they are considered "retail food" so he, as the health director, doesn't even have the authority to look at the candies when doing and inspection.

While the Board of Health indicated time and time again through the conversation that they are currently powerless to limit edibles or their design, Koronis continued to share his concerns and explore the board to look into anything they could implement to help solve the problem before it becomes a real con-

flict for Charlton. He also clarified that he is not against edibles in general, but simply doesn't agree with them being designed to look like child-friendly candies.

"The scary part about this, edibles, as opposed to smoking it, is it's systemic. You smoke it you know it right away. If the kids are overdosing it takes 40 minutes typically to digest it in their system. After ten minutes they wouldn't feel anything. They'd eat another. Ten minutes later they'd eat another. An hour later they're in a whole lot of trouble," Koronis said. "I'm not recommending a ban. How about just making it a little bit safer - We're going to run into a problem. There's a train coming down the tracks. Wouldn't it be a little bit forward thinking?"

While the Board of Health has little authority when it comes to the impending addition of edibles to Charlton, that doesn't mean they aren't taking the issue seriously. Board Chair Matthew Gagner said the fact that the board moved to limit access to flavored vape products is proof that they care about the well being of youth in the town. Gagner said that he believes if and when the board has any authority to alter how edibles can be packaged and presented in Charlton the board will do its due diligence to act accordingly.

"We did it with the vaping because it's targeting kids. I couldn't speak for this board as a whole, but I could say my consensus is the board would probably, if we thought we had the authority to ban something that's targeting kids, there's a very strong chance we would do it. I know the board would discuss it at length. We care about it," Gagner said.

NASH

continued from page 1

district in a better place as we move forward," Dr. Nash said.

She added that the last year has been a quick one, moving maybe too fast, but called that a testament to the hard work being done by everyone that makes the district operate.

"I really commend the work that everyone has done and the dedication. I've worked with a lot of committees and

you don't always see that. Everyone has put the effort in to improve the district and that to me makes my job so much easier," Dr. Nash said.

In March of this year the School Committee chose Steven Lamarche as the new Superintendent picking him from a pool of four candidates for the job. Lamarche was to officially take over on July 1 after serving as the superintendent of Bourne schools since 2010. He previously worked in the town of Webster for five years.

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Edible plants abound around us



A very young milkweed pod.

Gus Steeves Photos



Dan Jaffe holds a vine of the groundnut plant, *Apios americanus*.

BY GUS STEEVES
CORRESPONDENT

HOLLAND — Your backyard and the forest nearby have a wide range of edible plants, many of them commonly called weeds.

That's the basic message horticulturist Dan Jaffe imparted to a few dozen people last week. During a short tour of Norcross Wildlife Sanctuary's gardens, he pointed out a wide range of edible native plants, and some of them might surprise you.

One of the more common, and most avoided due to misidentification, is milkweed. Jaffe said that has the reputation of being poisonous, but actually is "really quite tasty" if prepared properly.

The danger is that young milkweed can be confused with dogbane, which is toxic, and that many other species having milky sap are in fact toxic. Jaffe said milkweed sap "glues the mouthparts of most insects shut."

Despite that, several parts of milkweed are edible, especial-

ly if collected early, but they first require blanching (brief immersion in boiling water, followed by immersion in cold water). To Jaffe, two of the best are "the nice tight green flower bud" before it expands, which is "sometimes called wild broccoli," and the smallest stage of its famous pods before they become big and fibrous, which he sees as "a good cheese alternative."

"It's really easy to get large amounts of them," because milkweed is so common, he noted. But it's also crucial for monarch butterflies and a few other insects, so harvesters should make a point of leaving most of the milkweed in any field intact.

Indeed, a key part of Jaffe's talk looked at how often native plants we can eat are also important to other species. "If nothing is eating your plants, your garden has no ecosystem value," Jaffe said.

Wild strawberry — which he dubbed "the lawn of the future" — supports 87 pollinator spe-

cies; the only herbaceous plant having more is goldenrod. Trees tend to support more species of various kinds overall, including insects, mammals and birds, with number one being the oaks and number two being the cherry species.

As Native Americans discovered long ago, acorns are edible and can be pounded into flour, although they require extensive boiling and leaching to eliminate their high tannin levels. Cherries are edible right off the tree; just dump the seed.

Similarly, wild grapes (New England's are called fox grapes, which were cultivated as Concord) are ubiquitous in our area. Jaffe said they "range from really tasty to pretty tasty to oh my that's tart," but when you find one you like, you can grow it from seed and it will maintain its flavor over generations. Doing so is easy, but "it does take a few years" to produce fruit.

"These grapes, you just plant and forget about them," he said. Once they start fruiting, they'll produce for about eight years, then you prune them and "harvest for another eight years." Like many other plants, their leaves are also edible (as anyone who has had dolmas and other Greek fare knows), "but I don't jump up and down about it," he added.

Jaffe noted the leaves are often the most important part of a plant from an ecosystem perspective, while humans might favor the fruit. A case in point is the blueberry, which is the bush with the highest pollinator value. European honeybees can't pollinate it, but many species of native bees and other insects can. They use what's called "buzz pollination," vibrating at a certain frequency to get the flowers to dump their pollen on them.

Not far from his blueberries was a stand of staghorn sumac, notable for its bright red, rather furry fruit clusters. Although it looks odd, it's "extremely high in vitamin C; there's more vitamin C in 'rhus juice' than in orange juice," he said, noting the only thing having a higher vitamin C level is pine needles. They key, again, is to prepare it right — let it steep at room temperature for 30 minutes to 2 hours, testing occasionally until it's at the taste you like. But don't steep it too long, because after the lemonade-like flavor comes out, the tannins will soon follow.

Jaffe noted staghorn is safe, unlike its cousin, poison sumac. But they're almost impossible to confuse; poison sumac only grows in marshy areas. "If you're not sinking in the mud, it's not poison sumac," he said.

Several edibles are far easier to overlook... because they're underground. One he highlighted is the innocuous small vine known as *Apios americanus*, aka the groundnut. It's actually not a nut, but produces golf-ball-sized edible tubers in the autumn that can be used for anything you'd use a potato for. Jaffe said he feels it's "one of the tastiest edibles," and makes "by far the best fried chip." He usually eats the bigger tubers and replants the small ones, meaning his groundnut crop rapidly goes "from a little to a heck of a lot."

Of course, New England is also native to many real nuts, mostly on trees, and Jaffe discussed three — hazelnut, black walnut, and shagbark hickory. Hazelnuts take five to eight years to start producing nuts, but there-

after there will be "a war between you and the squirrels over who gets the nuts." He has six of the short, bushy trees; four under nets for his family and two open for the wildlife.

"They'll grow just about anywhere," he added.

Black walnuts take somewhat longer, but require a lot of effort to open; their seeds are so thick people routinely run them over with cars to break into them. (One walk participant sad she knew of some birds who collected walnuts and dropped them in the street to do just that, swooping down to eat the nut meat after the cars had done their work for them.) Those trees are common backyard denizens, but are native to riverside areas, and he noted, "If you don't like bleu cheese, you're not going to like black walnuts."

Shagbarks, by contrast are somewhat easier to crack, but take far longer to produce — nearly 30 years.

"If you want to plant a shagbark hickory, your grandchildren will be eating the nuts," he said, noting some argue it's "the tastiest nut in the world."

Among other things, Jaffe also pinpointed several members of the mint family, includ-



Two walkers sample some lemon sorrel (*Oxalis stricta*).



Dan Jaffe plucks a bract from a hazelnut bush.



Dan Jaffe sows walkers one of the many kinds of mint that grow in New England: a narrow-leaved mountain mint. Although edible, he considers it the least tasty and weakest-smelling of the mint family.

ing spearmint, peppermint and anise hyssop (which smells like licorice). He said he recommends the latter for gardens because it will overgrow a lot of weeds. Additionally, he discussed lemon sorrel, a very common garden weed with yellow flowers that tastes like lemon. Some sources claim it's poisonous because it contains oxalic acid, but harm will come only if you eat nearly 16 pounds of it. The common culinary herb cilantro (aka coriander) has twice as much oxalic acid in it, he noted.

He didn't mention one common edible weed that also contains some oxalic acid: lamb's quarter (aka white goosefoot or pigweed). Wikipedia notes it was once cultivated by Native Americans, is still commonly grown in India, and "now occurs almost everywhere (even, apparently in Antarctica) in soils rich in nitrogen, especially on wasteland."

Gus Steeves can be reached at gus.steeves2@gmail.com.

Among other things, Jaffe also pinpointed several members of the mint family, includ-



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CHURCH PILGRIMAGE

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

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DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

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For pictures, video and information, visit www.GroupTrips.com/dudleyseniors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday, May 2, 2020.

For more information, please call Evelyn at (508) 764-8254.

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Tuesday, Dec. 3 to Thursday, Dec. 5 Overnight Trip 3 Days/2Nights. Prices are \$459 for Double Occupancy and \$559 for Single Occupancy. On Wednesday see the Spectacular Awe Inspiring Special Effects and complete with Live Animals "Miracle of Christmas Show" at the Milenium Sight and Sound Theater. Following the The Miracle Show is Dinner at the always delicious Plain and Fancy Restaurant. Also included in this trip and happening on Tuesday is a Dinner Show production of Irving Berlin's Musical "Holiday Inn" featuring thrilling dance numbers, laugh out loud comedy and a Parade of Irving Berlin's Hit Songs. Thursday features a visit to Hershey's Chocolate World and Milton Hershey School and Founders Hall before we head home with rest stops on our way back. This Trip includes 2 nights Lodging, 2 Breakfasts, 2 Dinners, Tickets to The Miracle of Christmas and Tickets to the Holiday Inn Show and a Full Commentary Back Country Tour of the Farmlands of Lancaster County.

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LEICESTER SENIOR CENTER.

Wednesday, Aug. 14: Trip to the Summer Theatre for "Saturday Night Fever" and Hart's Turkey Farm. Bus leaves at 8:30 a.m. Cost is \$99.

Friday, Sept. 13: Trip to Lake Winnepesaukee Cruise. Buffet luncheon & scenic sights and a visit to Moulton Farm Market. Bus leaves at 8:30 a.m. Cost is \$99.

Thursday, Oct. 17: Trip to Twin Rivers and Wright's Chicken Farm. Bus leaves at 9 a.m. \$7 food credit and \$10 slot play. Cost is \$59.

Wednesday, Nov. 13: Indian Head Christmas Spectacular and Luncheon. Bus leaves at 8:30 a.m. Cost is \$89.

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SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

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JAPAN & CHINA: March 26 to April 22, 2020
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Thursday, Sept. 12: Newport Playhouse trip. The play is "BINGO." Leaving at 9 a.m. Return around 6 p.m. Cost is \$76 apiece, and includes dinner, show and cabaret! For more information or reservations, please call the Millbury Senior Center at (508) 865-9154.

Sept. 22-24: Atlantic City Resorts. \$239. Three days and two nights. Departs 7:30 a.m., returns around 8 p.m. Price includes overnight accommodations at resort, two dinner vouchers and a show ticket, plus \$25 in free slot play! For more information or reservations, call or stop by the Senior Center at (508) 865-9154.

PAXTON SENIORS

Are you interested in joining another wonder trip in 2019?

A group of Seniors from Paxton and surrounding towns are planning a trip this year to Italy. The group plans to leave Paxton on Sept. 9, with transportation provided to Logan and return. Our flight will take us to Rome, Italy for 10 days visiting many historical sites of Italy. Rome has many beautiful attractions that many of us have not seen on previous visits. After two nights in Rome, we will move on to one night in Perugia where we will have the opportunity to visit Assisi, the birthplace of St. Francis of Assisi. Following our stay in Perugia, we move on to Florence, "the Cradle of Italian Renaissance," where we will view Michelangelo's incredible statue of David. After two nights in beautiful Florence, we will move on to Venice. On the way to Venice, we will stop at a 12th century castle and learn about the famous Tuscan wines and enjoy a cooking class and lunch. Next we are off to Venice for two nights. During that time, we have an opportunity to visit many of the wonderful sites of the Canal City.

After Venice, our next and last night will be Milan where we will have an opportunity to visit and shop at the "Quadrilatero della Moda," Milan's high-fashion district. We will depart for home from Milan.

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

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For \$95 you will get a deluxe motor coach to Lake Pearl in Wrentham MA. where you will hear the music of Neil Diamond, Carol King, Janice Joplin and more. You have a choice of baked stuffed chicken or schrod

September 17, 2019 Tuesday - Atlantic City Boys For \$95 you will get a deluxe motor coach to Danvers Yacht Club in Danvers MA. where you will hear the music of the Beach Boys, The Drifters, the Bee Gees and more. You have a choice of baked stuffed chicken or schrod.

October 8-15, 2019 – ALL INCLUSIVE ARUBA – Room has just opened up for two couples on the 2019 trip, and I am taking names for 2020 trip,

November 12, 2019 – Tuesday – Foxwoods \$25 - 10 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino You will have 5 hours at the casino as the bus will leave Foxwoods at 4 PM. You will receive \$10 for gaming and \$15 meal voucher.

Trips are open to the public!

Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

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Tuesday June 18th See The 3 Red Neck Tenors, Down Home Laughs + Big City Music, Pop to Opera.

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Tuesday Sept 17 Atlantic City Boys, 4 Dynamic Lead Singers perform World Class Vocals and Comedy

We also have the following 2 to 5 Day Overnight Trips for Singles and Double Occupancy.

Saturday June 29 to Wed July 3 Nova Scotia, Bay of Fundy, Royal Nova Scotia International Tattoo

Military Festival, Halifax Saint John

Turn To **TRIPS** page **A16**

Friday's Child



Selena ~ Age 7

Hi! My name is Selena and I like to color!

Selena is a sweet, smart and determined seven-year-old girl of caucasian descent. Her favorite activities include doodling, coloring and counting. She is able to count up to 20!

Selena is on the Autism Spectrum. She has some words, but is not yet able to utilize expressive language. Selena has impressed her caregivers with her ability to retain information like letters and colors, as well as her ability to follow directions that she is given. Selena is currently enrolled in a public school setting where she is receiving extra supports.

Legally freed for adoption, Selena's social worker is open to exploring a family of any constellation where Selena can be the youngest or only child in the home. An ideal family for Selena

will be able to advocate for Selena's needs, seek appropriate resources, and provide her with unconditional love and support. Selena has an Open Adoption with her birth parents, which requests that she be available in Massachusetts twice per year for visits.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LG-BTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org.

The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."



To sponsor Friday's Child call Patricia at 508-909-4135 or email patricia@stonebridgepress.news



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EDITORIAL

Fear of missing out

Vacation photos...birthday party pics...cute selfies at a concert...the evidence is everywhere, on Facebook and other social connection platforms, and certainly in the pages of your community newspaper: lots of people are doing a ton of fun things. And some of those fun things are better than the fun things you're doing. OUCH.

While social media certainly has provided an excellent way to connect people, it is safe to say it has also been one of the unique causes of a specific type of anxiety: that everyone else is doing something great and you aren't. To put it succinctly, it's the fear of missing out. And summer is a prime breeding ground for this worry, because there is something going on somewhere, all the time.

There are the fairs and festivals, which seem to occur every weekend of every month in summer and well into fall. There's the Oyster Festival; the Sailfest; the Jazz Festival; the Craft Expo. There are festivals to celebrate blueberries, garlic, smoked meats, Irish heritage and butterflies. It's safe to say there's truly something for everyone.

There are countless "Bring a Friend" days at the local farmers market; the zoo; mini golf courses; aquariums. (These events can be twice as stressful, as it will lead to a person thinking that they are not only missing out, but are also lacking friends. Not true! Be the person who does the inviting and make someone else's day.)

One cannot overlook the special stress-inducing "Once a Year" events that speak for themselves in terms of missing out: who really wants to admit they didn't watch the Fourth of July fireworks? Or the summer solstice moon viewing? How about the first sweet corn harvest? (The stress level is multiplied by the number of children in a household who will also obsess over missing out on any yearly event.)

As we reach the mid-point of summer and all it has to offer, the fear of missing out increases with each Facebook post of That Other Family's vacation, or their perfect picnic, or their berry-picking excursion. Every edition of your community newspaper features pics of people enjoying local events. The good news is that there are tons of local events that will appeal to people of all ages, life stages and areas of interest. And the better news is that all it takes to prevent the fear of missing out is to get out the door and enjoy them!

LETTERS

Extra! Extra! Read All About It!

We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us!

Mail your letters to the Charlton Villager, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at news@stonebridgepress.com

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

OPINION

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

Unconventional Cooking Fixes

Clever kitchen strategies are nothing new. Generations of cooks have devised creative ways to get a job done quicker and easier. Born of necessity, many familiar kitchen tactics have served both novice and veteran cooks well. While popular prep and cooking techniques are common knowledge, a revolution of "fearless cooking" has spawned new and unconventional ideas. From separating eggs with a water bottle to using a chopstick to gauge frying temperatures, the following kitchen maneuvers bring a fresh new approach to tackling age old culinary challenges.



TAKE THE HINT
KAREN TRAINOR

Solution: Chinese take-out tool.

Take a tip from Asian cooks: A chopstick makes a quick and easy gauge to check the temp of oil to ensure fool proof frying!

To do: Dipping an unvarnished wood or bamboo chopstick into frying oil works to monitor the cooking temperature. If oil is hot enough to fry, a stream of bubbles (created by trace moisture trapped in the wood) will appear from the submerged end of the stick. Saveur Magazine reported the following temperature gauge: 320 degrees: a frail line of bubbles; 350 degrees: a swirl of bubbles all over; 375 degrees: the swirl was fast and furious. While the chopstick trick isn't an exact science, the technique can be used as a rough estimate of temperature when a thermometer is not available.

Problem: Need a travel friendly sweet that's hearty (and hardy)!

Solution: Monkey around with this jar recipe.

Old fashioned monkey bread gets a "re-do" that makes the sticky sweet treat easy to eat, store and send.

To do: Spray small (8 oz.) canning jars with non stick cooking spray. Cut each large refrigerator biscuit (Pillsbury Grands size) into eight pieces. Mix together one half cup sugar and one tablespoon butter. Melt one half stick butter. Dip biscuit pieces into butter, then into cinnamon and sugar mix. Place eight dipped pieces into each canning jar.

Bake jars in a 400 degree oven for about 18 minutes. When jars have cooled slightly, spoon a glaze of confectionary sugar and water over the monkey bread (or dollop with frosting). To store, seal warm jars (listen for the "pop" and check for inverted cover to ensure seal).

Note: Monkey bread in a jar should be eaten within a few days. Sealing does not preserve for a long period of time, but keeps the baked good fresh and viable for transporting safely.

Here are a few more unconventional kitchen ideas:

*Want to keep your frozen fish ocean fresh? The secret is in the preparation for storage. Rinse fresh fillets in salted ice water. Fill up a ziplock freezer bag with regular water. Submerge the fillets in the water. Expel air from the bag and seal. The water keeps away freezer burn and keeps fish "just caught fresh!"

*Tame the mess of chopping herbs by spreading table salt on the cutting board. The grains help keep herbs in place.

*For perfectly clean-cut slices of cheesecake, briefly run a thin-bladed slicing knife through an open flame, then cut. Wipe the blade and reheat between cuts.

*To quickly create dried citrus zest: Grate a lemon and allow to dry on a sheet of wax paper. The next day, fold over the wax paper, press down and there you have it - lemon zest powder!

**
Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, P/O the Southbridge Evening News, PO Box 90, Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Don't chase last year's mutual fund category winners



FINANCIAL FOCUS
JEFF BURDICK

The world of mutual funds can be confusing. With more than 9,000 funds on the market, how can you choose the ones that are right for you?

One way to start is by considering the various categories of mutual funds - and there are quite a few of them: Small Cap Growth, Large Cap Growth, Large Cap Value, Diversified Emerging Markets, Foreign Large Cap Blend and more - the list is extensive, and for many people, confusing.

However, with a little study, you can understand why these funds have their names - for example, a Small Cap Growth fund will contain stocks of smaller companies thought to offer growth potential. Once you know the goals of different categories of mutual funds, you can determine which ones fit into your overall investment strategy.

This is important, because you want to ensure your portfolio is appropriately diversified. For example, if you find that almost all of your mutual funds come from the above-mentioned Small Cap Growth category, you may be taking on more investment risk than you'd like, because funds that offer the greatest growth possibilities also usually carry the highest degree of market volatility. Typically, you may be better off owning an array of mutual funds drawn from several different categories, with the percentage each category occupies in your portfolio based on your goals, risk tolerance and time horizon. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it doesn't guarantee a profit or protect against losses in a declining market.)

You might be tempted to choose categories by looking at which most recently outperformed the others, and just stick with those groups. But is this a good idea?

It probably isn't - and the main reason you shouldn't chase performance this way is things change very quickly in the mutual funds arena. It's quite possible - and has happened many times - that the top category last year can fall into one of the worst-performing ones this year, and vice versa. Consequently, your efforts to capture a winning trend may be futile.

Of course, within the context of investing in various mutual fund categories, you still need to choose individual funds. And, as is the case with categories, you might be tempted to give considerable weight to a fund's track record. But, similar to the situation with fund categories, "chasing performance" is typically not a good strategy - after all, last year's "hot" fund may have cooled off considerably this year. Nonetheless, reviewing a fund's longer-term track record can help you understand how it might perform through the ups and downs of the financial markets. Always keep in mind, though, that past performance can't guarantee how the fund will perform in the future.

Mutual funds are popular investments - and for good reason. Since each fund generally contains dozens of securities, you get a degree of diversification you can't achieve from owning individual stocks or bonds. And, as discussed above, you can diversify further by owning funds from several categories. Just remember, though, that as you build your mutual fund portfolio, don't get caught up in last year's results - because old news just may not be that relevant today.

Mutual fund investing involves risk. Your principal and investment return in a mutual fund will fluctuate in value. Your investment, when redeemed, may be worth more or less than the original cost.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

Culinary Problem Solvers

Problem: Separating eggs
Solution: Suck it up.

First introduced via an internet clip from China, this unconventional method offers a clean separation of yolk from the white. It's quick, easy and entertaining. Best of all, it eliminates any mess.

To do: Break an egg into a plate. Using a clean empty water bottle (standard 16 oz works well); squeeze to expel a little air from the bottle. Place neck of bottle on top of yolk and release bottle pressure. Voila! The yolk is "sucked" up into the bottle.

Problem: Cooking corn for a crowd
Solution: Cool it.

This effortless cooking trick employs an ice cooler and a little patience. Perfect for camping trips as kettles of hot water are readily available, the method works just as well for large cookout crowds.

To do: Shuck corn and place into a clean cooler. Pour in enough boiling water to cover corn. Cover cooler (make sure it has a tight fitting lid). Keep lid on for 30 minutes (don't peek)! When lid is opened, corn should be cooked to perfection.

Problem: Chill wine quickly
Solution: Salty Solution.

When pressed for time, this common sense method does the trick. The secret is salt, which lowers the freezing temperature of the ice water, escalating the chill factor (same principle as ice cream).

To do: Fill a large bucket, sink, or metal pan with cold water. Add a bowl of ice cubes and a palmful of table salt to the water. Place bottle of wine in the ice water and swish around. Leave for about 12-15 minutes and the wine should be well chilled in record time!

Problem: Husking Corn
Solution: Pop corn out.

Super smooth, silk free corn on the cob is the result of this innovative procedure that uses the microwave to tame the task of husking corn!

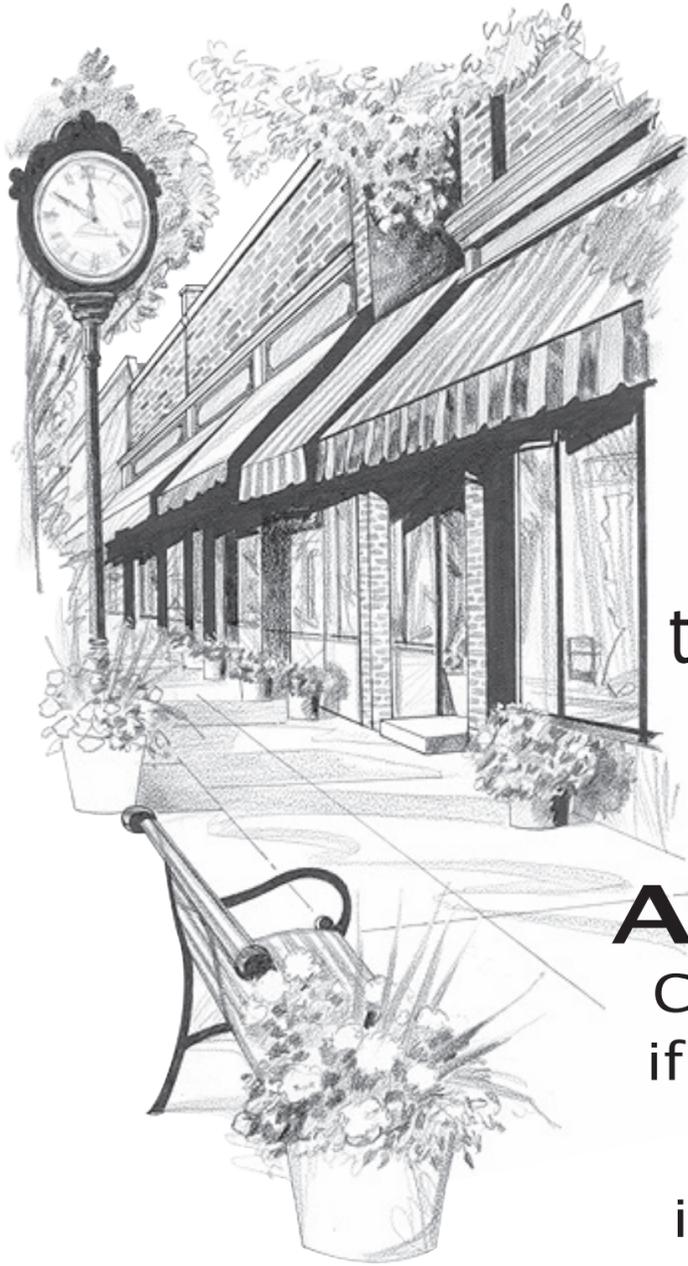
To do: With husks intact, Cook an untrimmed ear of corn in the microwave on high setting for about four minutes (or eight minutes for two). Remove from microwave and with a serrated knife, slice the husk off the end (into the first few rows of the kernels). Using a silicone glove or pot-holder, grasp corn from the silky top end and give it a few hard shakes. The cob will literally slide out of the husk, leaving the silk behind!

Problem: Peeling several heads of garlic is a hassle
Solution: Shake it up!

This ingenious trick results in clean, separated garlic cloves. As an added bonus, the required shaking helps relieve kitchen tension!

To do: You'll need two large stainless steel mixing bowls. To peel several garlic heads at a time, smash each with the heel of your hand. Toss all into a large stainless steel mixing bowl. Top with another bowl and shake vigorously for about ten seconds. You'll find all the cloves clean, peeled and ready to use!

Problem: No thermometer to check oil temperature



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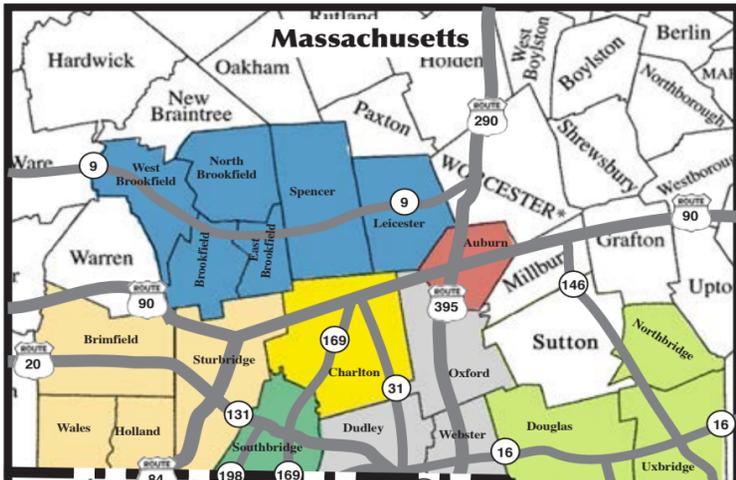
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Bargain hunters flock to Antique Show

Kevin Flanders Photos

BRIMFIELD – Sales heated up along with the weather last week, as Brimfield Antique Show guests didn't let the temperatures discourage them from attending their favorite event.

The weeklong show once again drew thousands of guests from throughout the country and the world. You never know what you'll come across at the show, and there always seems to be something for everyone's tastes if they hunt long enough. Kevin Flanders photos.



The Frohn family took a trip west from Newton to catch the show.



Clodagh Bartholomew, of Newburyport, left, spends the day with her sister Tiffany.



Members of Bolton-based Goody's Kettlecorn keep guests well fed.



There are always plenty of characters to spot at the show.



Thomas DiCrease is no stranger to the heat, as he travels up from Florida each year to attend the show.



Creative signs draw guests to tents flanking Route 20.



The Fitzgibbons family, of Brimfield, is on the hunt for unique finds.



License plates turned birdhouses? The show is famous for its unique combinations.



Meagan Bramwell and Mike Hartnett, of North Attleboro, are ready for a fun day on the showgrounds.

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SPORTS

Sturbridge holds off a rallying Post 443 in Zone 4 Playoffs

POST 109 THEN SEES SEASON END AT HANDS OF MILFORD IN FOLLOWING GAME



Jason Mckay photos

Cherry Valley's Jason Panient comes up firing a missile from the outfield.

BY KEN POWERS
SPORTS CORRESPONDENT

MILFORD — The Sturbridge Post 109 American Legion baseball team strung together a few hits and took advantage of some Cherry Valley Post 443 errors to score four runs in both the second and third innings en route to an 8-6 win in the sweltering sun at historic Fino Field on Saturday, July 20.

With the win Post 109 advanced to the Bracket A final of the Zone 4 playoffs, where it lost to Milford Post 59, 4-3, later that day and was eliminated from the tournament. Sturbridge finished its season with a 13-13 record. Cherry Valley (who defeated Sturbridge to open the tournament but then lost to Milford, 5-1, on July 19) finished its season 14-11.

"We didn't leave runners in scoring position today,"

Sturbridge manager Jim Rosseel said, referring to Post 109's 5-0 loss to Cherry Valley in the Zone 4 playoffs two days before, during which Sturbridge left 10 men on base, five in scoring position. "We showed what we can do today. That's what we can do; this is the team we are."

After a scoreless first inning for both teams Sturbridge jumped out to a 4-0 lead in the top of the second inning.

Nate Carty (two hits) walked to get the inning started and then moved to second on a bunt single by Avery Wetherbee. Carty went to third and Wetherbee to second on a single to right field by Mick Sullivan, and then Carty scored to make it 1-0 on a sacrifice fly by Pat Wilbur (three RBI). Jon Reardon kept the inning going by reaching on a Cherry Valley error, Wetherbee scoring from second on the play to put Post

109 up, 2-0.

Colin Eliason followed with a fielder's choice to third base, which erased Reardon at second but moved Sullivan to third. Sullivan scored to make it 3-0, coming home on an RBI single by Sean Clark. Eliason moved to second on Clark's hit and then scurried to third on a passed ball. Eliason pushed the Sturbridge lead to 4-0 when he scored on an infield single to short by the next batter, Jared Langevin.

Cherry Valley cut the Sturbridge lead in half in the bottom of the second inning. Edgar Lopez (two hits) led off with a single to left, but was cut down at second when Evan Brindisi followed with a fielder's choice to short. Mike Bordeaux (3-for-3) then singled to right, moving Brindisi to second. Brindisi then went to third and Bordeaux to second on a wild pitch, and both scored to make it a 4-2 game on a two-out, two-run single by Matt Kustigian.

Sturbridge picked up in the third inning where it left off in the second. The first four Post 109 batters reached base and all four scored to extend the Sturbridge lead to 8-2.

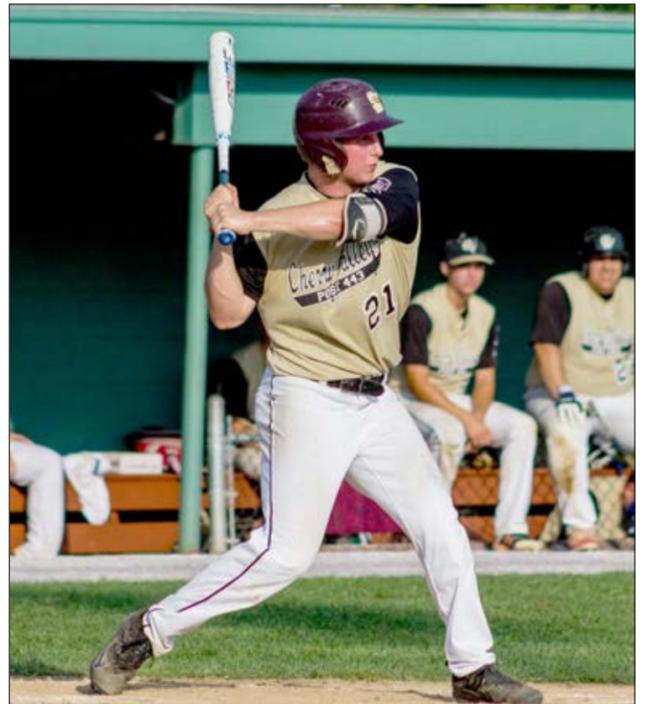
Carty reached on a leadoff single to left and went to second when Wetherbee walked. Sullivan was next and he was hit by a pitch, loading the bases. Wilbur followed with a two-run double down the left-field line, Carty and Wetherbee scoring on the play to increase the Post 109 lead to 6-2. Sullivan made it 7-2 when he scored on a wild pitch, and Wilbur increased the lead to 8-2 by scoring on a groundout.

Cherry Valley again cut the lead in half, scoring twice in the bottom of the fourth to close the gap to 8-4.

Lopez started the rally by belting a double to left-center field. With one out he went to third on a single to left by Bordeaux, who alertly moved to second when the throw back to the infield went to third. Lopez and Bordeaux both scored when the next batter, pinch-hitter Ryan Berry, singled to center.

Cherry Valley added two more runs in the bottom of the fifth to cut its deficit to two runs.

With one out Tyrus Garvin (two doubles) was hit by a pitch. Chris Kustigian then walked. Jason Panient followed with an RBI double, scoring Garvin



Chris Kustigian of Cherry Valley begins his swing as the ball approaches the plate.



Cherry Valley's Chris Kustigian prepares to uncork a pitch versus Sturbridge.

to cut the Post 109 lead to 8-5. Chris Kustigian then raced home to make it 8-6 when the throw in from the outfield was mishandled by the Sturbridge infield.

"We just couldn't get out of the hole we put ourselves in," Cherry Valley manager

Jim Stephens said. "We made too many mistakes, especially early and they got a couple of key hits in the wrong spots. We battled. We weren't going to just quit. I got a great group of kids. We had a good year and next year we'll be better."

SPORTS BRIEFS

9Round Worcester — James Street naming sponsor for second annual Running Out Of Summer 5K

WORCESTER — Wormtown Milers and Rapsallion Brewery are pleased to announce 9Round Worcester — James Street as the Naming Sponsor of the second annual Running Out Of Summer (ROOS) 5K. The race, which begins and ends at Rapsallion Brewery in Sturbridge on Aug. 24 (with a 10 a.m. start time and a cap of 500 runners), benefits Second Chance Animal Services with locations in Worcester, East Brookfield, North Brookfield, and Springfield. One can register online at www.roos5k.racewire.com.

"We are so proud to be naming sponsor for the second year in a row," commented Sheri Barrette, Owner of 9Round Worcester — James Street. "The focus on both fitness and animal welfare in the local community is the perfect fit for 9Round Worcester and for me personally."

Conceptualized as a means to promote philanthropy, fitness, and positivity in the south-central Worcester county community, ROOS 5K has already become a local favorite. The race, which is co-hosted by Wormtown Milers and Rapsallion Brewery, sold

out with an extensive wait list in its inaugural year. Post-race feedback was extensive and extremely positive.

"ROOS 5K 2018 was one of the most wonderful events I've ever been a part of," said Lindsay Doray, Director of Development at Second Chance Animal Services. "Not only was it a day filled with smiles and laughter, but the race also donated over \$7,000 to Second Chance AND we adopted out two dogs from our mobile adoption van on race day."

"We are thrilled to once again be co-hosting the Running Out Of Summer 5K with Wormtown Milers," said Cedric Daniel, Co-Proprietor of Rapsallion Brewery. "This event is all about caring and community — key Rapsallion values — and we are looking forward to ROOS 5K being an annual event here at Rapsallion for years to come."

Participants in ROOS 5K will enjoy a scenic, timed 5K race that is dog- and kid-friendly, and will also receive a tech shirt, medal, and a free beer specially brewed by Rapsallion for the event — the Running Out Of Summer Ale.

In addition to 9Round Worcester — James Street being announced as Naming Sponsor for ROOS 5K, additional sponsors include JFC Pros as a Gold Sponsor, Security Engineered Machinery and Southbridge Credit Union as Silver Sponsors, and Country Bank, Brenda M. Bianculli CPA, and OFS as Bronze Sponsors. Businesses interested in sponsoring should contact Emma Thibault at wormtownmilersrun@gmail.com or (617) 680-1112.

Annual golf tournament to benefit Saint Jean Baptiste Educational Foundation

Join the Saint Jean Baptiste Educational Foundation on Monday, Aug. 19 at Pleasant Valley Country Club for their 23rd annual golf tournament. The cost is \$150 per person, twosomes and singles are welcomed. There will be a hole-in-one contest, a putting contest, door prizes and a special golfers raffle. The event features 18 holes of golf on the PGA and LPGA course with valet parking, bag handling services, unlimited use of the driving range, chipping area and putting areas prior to the 10 a.m. shotgun start with a Florida-style scramble. Early registration is at 8 a.m. and carts with big rain covers, a gift bag, coffee, a continental breakfast and snacks will be served. The dinner to follow is an executive buffet. For additional information and registration please call Golf Committee member Ken at (508) 277-5314 or Foundation Trustee Ted at (508) 764-7909. Deadline for payment is Aug. 9. Golfers who make the entire payment by July 29 will be placed into a raffle for a chance to win a gift certificate from the pro shop at Pleasant Valley.

Join PinkHippy.org for a family event for cancer patients and survivors

Come join the fun. Paddle for

Recovery with Casi, bring the entire family and play volleyball with the Holy Cross volleyball team, enjoy a potluck BBQ, hang out on the beach, swim and enjoy the end of summer!

It's no secret that Mother Nature can help heal. Just step outside after a stressful day and you immediately start to feel relief. Add in movement or exercise and the benefits grow. New studies have shown that outdoor activity can aid in recovery from disease, reduce stress, increase concentration, and improve your overall health and wellbeing. If you can enjoy these benefits while burning calories and building muscle, then that is what the doctor ordered.

Paddle for Recovery is a free SUP class for those currently undergoing or who have recently completed treatment for cancer. Our mission with this program is to provide an opportunity to escape on the water and maybe even find a new passion that can assist in recovery.

Join us on Tuesday, Aug. 27 at Lake Siog Park in Holland. Grills and picnic tables are on site. Bring your own chairs or blankets to sit on. Carry in carry out!

Schedule of events:
4-5 p.m. Registration, BBQ, Social
5-7:30 p.m. Volleyball Clinic and pick-up game (for kids and adults)
5:30-7 p.m. Paddle for Recovery for survivors (limit 10 spots, sign up early!)

8 p.m. Group photo of Survivorship
Contact info@pinkhippy.org, or call (508) 304-3463 for more information. Registration is required to attend this event.

SPORTS

HOW THEY GOT THERE

Post 109 posts walk-off win, ending Northbridge's season



Jason Mckay photos

Sturbridge's Nolan Kingman attempts to lay down a bunt versus Northbridge.

BY KEN POWERS
SPORTS CORRESPONDENT

STURBRIDGE — Sean Clark's bases-loaded walk in the bottom of the ninth inning brought Pat Wilbur home with the winning run and delivered Sturbridge Post 109 a 5-4 victory over Northbridge Post 343 in the second round of the American Legion Zone 4 playoffs on Friday, July 19 at Tantasqua Regional's William R. Emrich Field.

With the win Sturbridge advanced in the loser's bracket of the double-elimination tournament to face Cherry Valley — a team that had beaten them a day prior in the tournament — in a win-or-go-home game. Because of the loss Northbridge (who lost to Milford Post 59 a day earlier, 8-0) was eliminated from the Zone 4 playoffs.

Wilbur, who started on the mound for Sturbridge, walked to begin the bottom of the ninth. He advanced to second on a balk and to third on a bunt single by Niko Gidopoulos. Gidopoulos then stole second to remove the possibility of the Northbridge defense turning a double play.

Nolan Kingman (two hits) then loaded the bases by reaching on a bunt single, setting the stage for the always-patient-at-the-plate Clark (two hits, RBI).

There were no outs when the winning run scored.

"It came down to executing the bunts and they were good bunts," said Sturbridge manager Jim Rosseel, who, with the win, picked up his first American Legion coaching victory. "I give all the credit to Ray Sullivan, my assistant coach. He's the one that wanted to put in Niko, he said Niko would get the bunt down and he did.

"And then Nolan Kingman laid down the bunt, too," Rosseel continued. "We had been trying for two nights to do that and we couldn't do it, we did when it counted."

The drama of Sturbridge's game-winning rally in the ninth inning was only surpassed — maybe — by the team's seventh-inning comeback. Post 109 sent the game into extra innings by erasing a 4-1 Northbridge lead in the bottom of the seventh inning.

With one out Jared Langevin reached on an infield single to short, stole second and the scored to make it 4-2 when Avery Wetherbee singled to center field. Up next was Wilbur, who reached on a Northbridge error.

The next batter, Colin Eliason (two hits, RBI) followed with an RBI single to

center that scored Wetherbee to cut the Northbridge lead to 4-3. Post 109 tied the game, 4-4, when Wilbur scored on a botched Northbridge pickoff attempt during the at-bat of Kingman.

Sturbridge had a chance to win the game in the seventh, loading the bases with two out, but Deven Kingman (two hits) popped out to end the rally and send the game to the eighth inning.

"The key was the kids' attitude. It was good coming into the dugout in the seventh inning after Northbridge went ahead, 4-1," Rosseel said. "They showed me we had a backbone. I didn't really know if they did or not at that point, but I saw that we did."

Northbridge had a rally of its own in the top of the seventh inning, scoring three times to take the aforementioned 4-1 lead.

With one out Matt Ceruti reached on a Sturbridge error. He went to second on a sacrifice bunt by Connor Gniadek and then, after an intentional walk to Dave Meech (single, double), advanced to third when Derek Angell was hit by a pitch, which loaded the bases. Ceruti put Post 343 ahead, 2-1, when Northbridge's next batter (after Angell) Zack Roberts, was also hit by a pitch.

Jon "Buck" Cray increased Northbridge's lead to 4-1, Meech and Angell scoring when Cray's soft line drive to center field was just out of the leaping reach of Langevin, Sturbridge's second baseman.

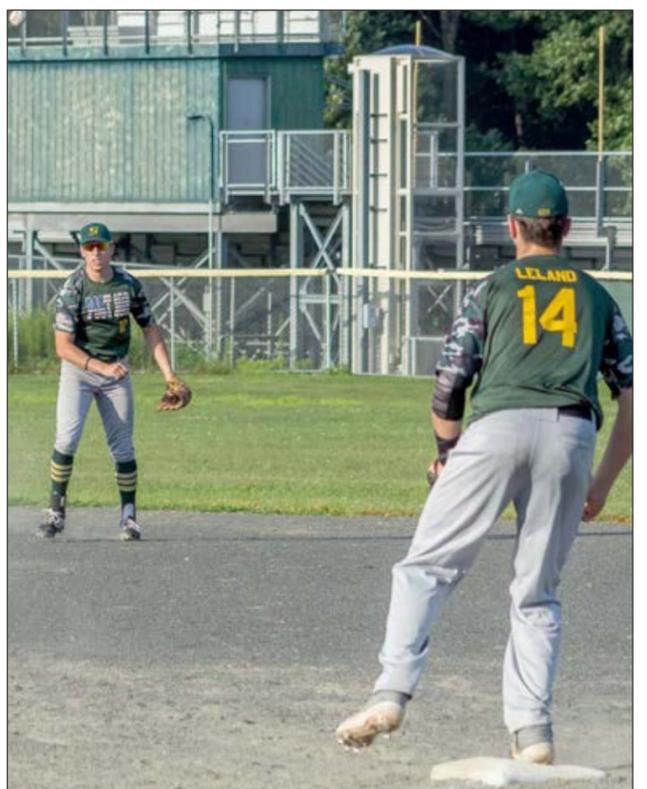
Sturbridge grabbed a 1-0 lead in the bottom of the first inning. Clark led off with a single to center field, went to second when a balk was called on Meech, Northbridge's starting pitcher, and took third on an infield single by Deven Kingman. He scored when Langevin was issued a bases-loaded walk.

Northbridge tied the game, 1-1 in the top of the fifth. With two out Meech doubled to right field and then scored on an RBI single to center by Angell.

"I'm frustrated. We had so many chances. I thought at 4-1 we had them," Northbridge manager John Demagian said.



Jared Langevin of Sturbridge stands in the box, patiently waiting on his turn to swing away.



Sturbridge's Jared Langevin throws the ball over to Roger Leland at first base.

"We just couldn't get it done. I'm just so frustrated right now. It just doesn't seem to happen for us. Even when we do something good it doesn't seem to carry over for us. We

got the lead and we couldn't close it out. We even got [Roger Leland, Sturbridge's first hitter in the seventh] out, but we still couldn't close it out."

EARLIER IN THE WEEK

Gilman bears down, pitches Cherry Valley past Sturbridge, 5-0

BY KEN POWERS
SPORTS CORRESPONDENT

LEICESTER — It's not how you start, it's how you finish.

Cherry Valley American Legion pitcher Aidan Gilman showed just how accurate that age-old sports cliché can be in Post 443's 5-0 victory over Sturbridge Post 109 in the opening game of the Second Round of the Zone 4 playoffs on Thursday, July 18 at Rochdale Park.

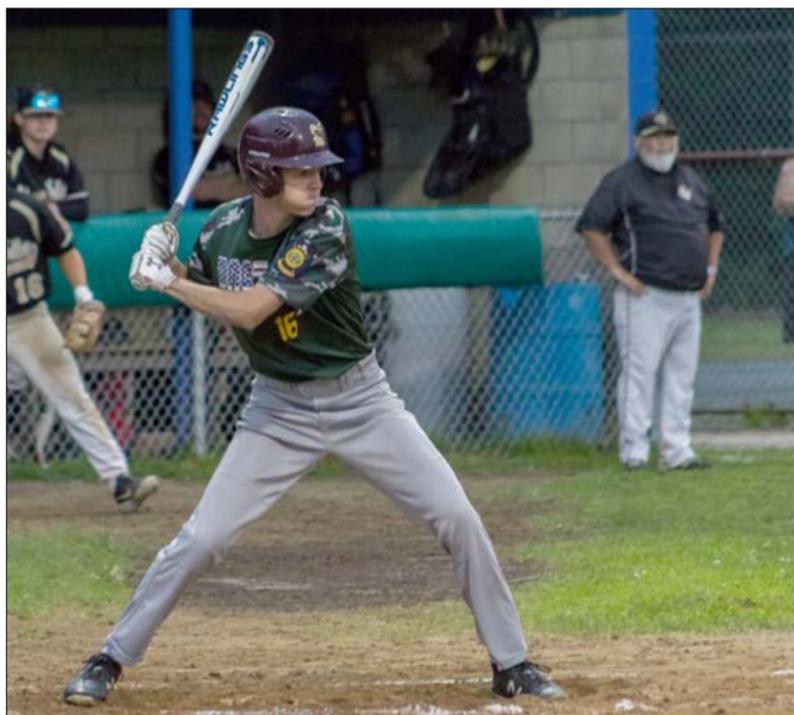
Five minutes into the game Gilman — Cherry Valley's ace — faced a bases loaded, no outs predicament. It was not how the recent Quaboag Regional graduate envisioned the start of the game unfolding. At that point he took a moment to take a deep breath and gather his thoughts.

"That's a big situation to be in, especially in the playoffs," Gilman said. "So, I walked behind the mound and said to myself, 'don't let them score.' I wanted to keep it 0-0 and give my guys a chance to score some runs."

Gilman did just that, striking out the next three Sturbridge batters he faced, two on called third strikes. The right-hander went on to have a game to remember, pitching 5-2/3 innings of five-hit, six-walk, no run ball, finishing with an eye-popping 14 strikeouts.

"Aidan was a monster tonight," Cherry Valley manager Jim Stephens said. "That's just the kind of pitcher he is; he's a dynamite pitcher. Sturbridge loaded the bases on him in the first but then he re-focused, took it a pitch at a time and got the job done. Aidan's a bulldog. He thrives on the battle. He was so pumped up coming off the mound in the first after striking out the side; it was incredible."

From the Post 109 perspective, Gilman



Jason Mckay photos

Pat Wilbur of Sturbridge gears up to swing away at a Cherry Valley pitch.

thwarted its opportunity to take control of the game.

"It would have been a whole different game if we had gotten a hit there," Sturbridge manager Jim Rosseel said. "We had pitch count up; he threw 28 pitches in that inning. If we had gotten a hit his pitch count would have gone

way up and it would have been a whole different game. But, [Gilman] pitched one hell of a game; you can't take that away from him."

Rosseel, however, was not happy with his team's inability to put the bat on the ball.

"We struck out 14 times, eight look-

ing," Rosseel said. "That's unacceptable."

Cherry Valley took a 1-0 lead in the bottom of the third inning.

Joel Erickson (two hits) got the inning started with a single to center field and he advanced to second on a sacrifice bunt by Matt Kustigian. Erickson scored to make it 1-0 when Tyrus Garvin — in a two-out, 0-2 hole — singled sharply to center field. The hit was the first of two Garvin had in the game.

Post 443 increased its lead to 5-0 in the bottom of the fifth inning.

Erickson again led off with a single — this time a bloop hit that barely made it into left field — and went to second on a groundout by Kustigian. He scored to make it 2-0 on an RBI single to center by Dan Mero. Garvin followed with a single to center, moving Mero to third base. Garvin then got himself into scoring position by stealing second and both Mero and Garvin then came home — to push the Post 443 lead to 4-0 — on an RBI double to left-center off the bat of Chris Kustigian, Matt's older brother. Chris Kustigian scored to make it 5-0 later in the inning on a sacrifice fly to right field by Edgar Lopez.

"I was happy when we took a 1-0 lead in the third, but I didn't think one run was going to be enough, so I thought our ability to manufacture a few more in the fifth was very important," Stephens said. "The kids played well; this was a good win. Every time we step onto the field we're trying to play the perfect game and today was as close as we could be. The team played very well today; they did everything I asked."

Sturbridge's five hits — all singles — came off the bats of Sean Clark, Deven Kingman, Roger Leland, Colin Eliason and Nolan Kingman.

OBITUARIES

Carol R. Tschirpke, 58



CHARLTON - Carol R. Tschirpke, 58, of Charlton, passed away peacefully with loved ones beside her on Thursday, July 18, 2019.

Carol was a gifted, talented, and innovative physical therapist who helped thousands of people. She was a generous and dedicated individual who loved to share knowledge, lend an ear, or provide a small piece of wisdom. She was passionate about changing the way people viewed physical therapy and continuously provided people the hope of having a normal pain-free life.

When she was not working, Carol loved spending time with family and friends, including her lifelong friend Cheryl Wilbur and her family, Crystal Wilbur Lolax, Josh Lolax, and their daughters Courtney and Rachel. Carol was also a loving aunt to her nieces Katarina and Tatjana, and a loving sister to Barbara.

On weekends she would visit her nieces and then she and Barbara would go for walks at the Thompson Dam with their dogs Ries, Jack, and Salem. They would discuss the latest news of Barbara's family and what was going on in Carol's family, which extended to the Wilbur family and the people she worked with.

Carol loved retreating to her home in Eastham, MA, and regularly took long

walks on the beach, kayak trips through the marsh, and countless strolls with her dog Ries. For a time, she tried her hand at sailing. Although she never got too far out into the bay she enjoyed just going back and forth. She enjoyed clamming and could educate anyone on the life cycle of a clam. On weekends, Carol and Cheryl had a tradition of trying a new and different bottle of wine or port with their neighbors.

She loved morning walks at Wells State Park where she reflected in a peaceful and quiet sanctuary.

Carol liked to dabble in other hobbies as well, such as brewing beer and making sushi. She loved her vegetable garden and proudly showed off her harvest. She enjoyed downhill and cross-country skiing with friends, talking business over a pint at TreeHouse Brewery, and was an avid Patriots fan. But most of all she enjoyed helping people.

The family would like to thank Rose Monahan Hospice for their comforting help and support.

The funeral was held at 10 a.m. on Thursday, July 25, 2019, at the Federated Church of Charlton, 64 Main St., Charlton. Calling hours were Wednesday, July 24, 2019, from 6-8 p.m. at Paradis-Givner Funeral Home, 357 Main St., Oxford. In lieu of flowers, memorial donations may be made to Charlton Federated Church, P.O. Box 70, Charlton, MA 01507, or Pack of Paws, 529 Ashland Ave., Southbridge MA 01550.

paradisfuneralhome.com

Paul E. O'Connell, 72

Thompson, CT - Paul E. O'Connell passed away unexpectedly on Sunday, July 14, 2019. Born in Putnam, CT on September 10, 1946, Paul was the son of the late George D. O'Connell, Sr. and Simone (Joly) O'Connell.

Paul will be missed by many and remembered for his love of cards, horse racing, dining out and cooking. He was most proud of his famous spaghetti sauce. He enjoyed all types of sports and was a guy who loved life and was determined to live it his way.

Paul is survived by his four children, Michelle Thompson and her husband Joe of Dudley, Massachusetts, Kevin O'Connell and his wife Kim of South Carolina, Erin O'Connell of Worcester, Massachusetts and Meghan Gerardi of Leicester, Massachusetts; five grandchildren, Tyler Reich, Emily and Joseph Thompson and Riley and Ashley

O'Connell and six sisters: Gloria Benard and Shirley Lynch, both of Brooklyn, Connecticut; Evelyn Mathieu of York, South Carolina, Priscilla Midboe of Winchester, Kentucky; Jane Delaney of Griswold, Connecticut and Susan Smith of Lisbon, Connecticut, with whom he shared a special bond. In addition, he leaves countless nieces and nephews as well as a very special friend, Douglas Gates.

Paul was predeceased by his parents, a brother, George, Jr. and two sisters Beatrice and Deanna.

Family and friends are invited to attend a reception in loving memory of Paul to be held at the American Legion Hall, 17 Thompson Hill Road, Grosvenordale, Connecticut on Sunday, July 28th from 12:00 p.m. - 3:00 p.m.

Dorothy "Dot" P. Julian



SOUTHBRIDGE - Dorothy "Dot" P. (Gaumond) Julian, 91, a lifelong resident of Southbridge, died Monday, July 15, 2019, at Southbridge Rehab & Healthcare Center. Her husband was the late Lionel G. "Pete"

Julian who died June 16, 1968.

She was born in Webster, daughter of George E. and Parmelia (Decelles) Gaumond. Dot was a member of Notre Dame Church (St. John Paul II Parish) and it's Ladies of St Anne Sodality. She graduated from the former Notre Dame High School, Class of 1946. She was a fourth grade teacher at the former Notre Dame Grammar School, and later was employed at the Southbridge Credit Union, starting as a teller and working her way to be an administrative assistant.

She was a longtime member of the St. Vincent de Paul Society for many years serving as the Treasurer. Dot enjoyed quilting, crafting, and spending time with her family.

She is survived by her children Charles P. Julian and his wife Lisa of Conway, SC, Claire P. and her husband Karl Langevin of Southbridge, Dennis R. Julian and his wife Carmen of Charlton, Marc L. Julian and his wife Patricia of Dudley, Richard W. Julian and his wife Linda of Bucksport, Maine, 9 grandchildren, 11 great-grandchildren. She also leaves her daughter-in-law Charlene Julian of Groveland, MA, nieces and nephews. She was predeceased by her son David E. Julian of Groveland in 2003, her brother Francois A. Gaumond in 1976, and her sister Angelique "Jill" Daigle in 2018.

Calling hours were Friday, July 19, 2019, from 5-7PM at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550. The funeral Mass was celebrated by her grandson, Rev. Peter Langevin, Saturday July 20 2019, at 10AM at Notre Dame Church, 446 Main Street, Southbridge, MA 01550. Burial will follow at New Notre Dame Cemetery, N. Woodstock Road, Southbridge, MA 01550. In lieu of flowers, please consider a donation to St. John Paul II Parish, 279 Hamilton Street, Southbridge, MA 01550. www.sansoucyfuneral.com

Verna M. Miller, 95



QUINEBAUG, CT: Verna M. (Gard) Hammond Miller, 95, of Parkway Dr., passed away on Thursday, July 18th, in her home after a brief illness.

Her first husband, Aaron Hammond, passed away in 1979 and her second husband, Charles H. Miller, passed away in 2008. She leaves her daughter, Pamela S. Bouchard and her husband John of South Woodstock, CT; her son, George Hammond of Sturbridge; her sister, Carol Dergan and her husband Bob of California; her sister-in-law, Louise Gard of Charlton; her six grandchildren, Faye Nyhaug and her husband Charlie, Pat Seagrave and her husband Walter, Carol Fuginiti and her husband Tony, Todd Hammond, Glen Hammond and his wife Lisa, and Jennifer Tancrell; Great grandchildren; and nieces and nephews. She will also be greatly missed by her grand fur babies Kiko, Pepsi and the chickens. Her daughter, Linda L. Waite, passed away in 1981. She was also predeceased by her two brothers, Robert Gard and Frank Gard, and her best friend, Janet Moulton. She was born in Northfield, NH the daughter of Robert A. and Marjorie (Gilbert) Gard.

Verna was a longtime assistant to Dr. John Rigatti's practice in Sturbridge, retiring many years ago. She previous-

ly worked in the costume department of Old Sturbridge Village and prior to that she owned and operated Verna's Drive-in Restaurant in Charlton for several years. Verna met Charlie on a visit to her sister Carol in San Diego, she moved there and married Charlie in 1980. They later moved to El Cajon, CA and then Florida before settling in CT to be closer to her daughter. Verna had a passion for playing golf. She enjoyed traveling the country with Charles in their RV. She also enjoyed trips to Cape Cod with her daughter Pam. She was especially fond of all her friends at the Memory Cafe and all the fun activities they did together.

Her family would like to thank her neighbors, Ray, Paul, Chris and Joanne who always kept an eye out for her and were right there whenever she needed help and her CNA Louise Lavallee and the wonderful homemade meals they shared.

Her funeral service was held on Wednesday, July 24th, at 11:00am in the Charlton City United Methodist Church, 74 Stafford St., Charlton. Burial will follow in Northside Cemetery, Charlton. A calling hour in the church was held on Wednesday, July 24th, from 10:00 to 11:00am, prior to the service.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing the arrangements.

www.morrillfuneralhome.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to Obits@stonebridgepress.news



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CALENDAR

June 27-Aug. 17

A UNIVERSE OF STORIES SUMMER READING PROGRAM: Holland Public Library, 23 Holland Rd. Weekly prizes, special programs and a grand prize drawing! Registration begins at our kick-off program on June 27.

Tuesday, July 23

BOOKS ON THE BANDSTAND: 10:45 a.m., Joshua Hyde Library, Sturbridge. Books on the Bandstand. Today our stories, songs, and craft will be about astronauts! Children of all ages are welcome with caregiver.

Wednesday, July 24

FOAM VISOR CRAFT WORKSHOP: 10 a.m. and 8 p.m., Joshua Hyde Library, Sturbridge. A fun foam summer visor craft is available for children to create. Drop-in. Supplies may be limited. Free.

HAND-CRAFTED HOOKED RUG SHOW: Noon-7 p.m., Publick House, 227 Main St., Sturbridge. Free admission. Come see the artistry of hand-hooked rugs by the members of the Pearl K. McGown Northern Teachers Workshop.

Thursday, July 25

CHRISTMAS IN JULY: 10 a.m.-8 p.m., Joshua Hyde Library, Sturbridge. Join us for Stories with Santa! Santa will visit and share stories and a snack! It is never too early to visit with Santa and make sure you're on the Nice List! Free. Sponsored by the Sturbridge Rotary Club. Pre-register, please!

Saturday, July 27

IT'S SHARK WEEK! 10 a.m.-4:30 p.m., Joshua Hyde Library, Sturbridge. It's Shark Week! Drop in for a fun craft! Suitable for children 3-12 years of age. Supplies are limited. Sponsored by the Friends of JHL.

Sunday, July 28

FIFTH ANNUAL CAAC BLUEBERRY FESTIVAL: 10 a.m.-4 p.m., Charlton Arts & Activities Center, 4 Dresser Hill Rd. Fresh blueberry shortcake, live animal show by Animal Adventures, lively music, several food trucks, horse rides, pie-eating contests, basket raffle table, sports memorabilia silent auction, Maggie the Clown, face painting, henna tattoos, free bounce house, 60 vendor craft fair, blueberry lemonade, and fresh blueberries and pies from Fay Mountain Farm. Email questions to charltonarts7@gmail.com (please no

new vendor inquiries).

Monday, July 29

BROWN BAG BOOK CLUB: Joshua Hyde Library, Sturbridge. Students entering grades 4, 5 & 6 are welcome. We'll be reading and discussing "Hello, Universe" by Erin Entrada Kelly. Copies available to borrow at the library. Book club meets on July 8, 15, 22, 29. Bring your own beverage; library will provide pizza. This is our final meeting. Pre-registration was required.

Tuesday, July 30

BOOKS ON THE BANDSTAND: 10:45 a.m., Joshua Hyde Library, Sturbridge. Join us on the town common for stories, songs, and a fun craft activity featuring sharks! All ages welcome with caregiver. In the library meeting room if raining. Free. Drop-in.

Wednesday, July 31

CHALK GAMES: 10 a.m.-8 p.m., Joshua Hyde Library, Sturbridge. Enjoy sidewalk games as you make your way to the library door! For children of all ages!

Friday, August 2

CHARLTON HELPING HAND SOCIETY YARD SALE: 8 a.m.-2 p.m., 81 Hammond Hill Rd., Charlton. Our generous members provide the donations to be offered at the sale. Come early, stay late and "Help us to Help Others" with this important fundraiser. Would you like to donate? Please call Sue at 508-248-3156. See you at the sale!

Saturday, August 3

CHARLTON HELPING HAND SOCIETY YARD SALE: 8 a.m.-2 p.m., 81 Hammond Hill Rd., Charlton. Our generous members provide the donations to be offered at the sale. Come early, stay late and "Help us to Help Others" with this important fundraiser. Would you like to donate? Please call Sue at 508-248-3156. See you at the sale!

Tuesday, August 6

NATIONAL NIGHT OUT: 4-8 p.m., Sturbridge Town Common, 278 Main St. A family event to bring folks together. Meet your police officers & firefighters. See police vehicles and fire trucks on display. Watch live K9 demos, search & rescue dogs, environmental police, Harrington Hospital personnel, enjoy music by Q90.1 & Thompy Time DJ, delicious food, kids' games, and more!

Sunday, August 18

SIXTH ANNUAL ZUCCHINI FESTIVAL & ANTIQUE CAR/MOTORCYCLE SHOW: Noon to 4 p.m., Holland Community Center, 40 Brimfield Rd. We will have a Zucchini Cook off in three categories: Appetizers/Salads, Entrees/Casseroles, Breads/Desserts. Entries must be signed in by 12:30 p.m. and bring a copy of the recipe. You can enter your biggest zucchini at the Holland Market from Aug. 11 to the 17. Antique Cars (pre 1995) can sign up for a \$5 entry fee, prizes will be given in the following categories - "Best Car," "Best Resto Mod," "Best Hot Rod," "Best Paint" and "Best Interior." If you can't cook, don't have an antique car, or didn't grow a zucchini you can still let your Zucchini Spirit Shine! Lots of fun will be happening. Craft tables and Vendor Tables, a Magician, a Musician, for the second time the Bubble Machine (which is super fun! Just sheets and sheets of foam falling), Adoptable Cats from Here Today, Adopted Tomorrow, Non-Profit tables, Face Painting, a Chinese Raffle sponsored by the Friends of the Holland Community Center, a Bakesale sponsored by the Friends of HCC, as well as the Holland Fire Department will be there. The Boy scouts will be cooking burgers & dogs so stop by for lunch. Vendor Tables available for \$10, Non-Profits are free. This is a fun time for all ages!

Friday, August 23

POLLINATORS & PLANTS: 10 a.m., Norcross Sanctuary, 30 Peck Rd., Wales. Join us for a casual walk with our Staff and nature guru Dave Small from the Athol Bird and Nature Club. We will explore parts of the Sanctuary and see what interesting birds, butterflies, beetles, bees and buds we can find! Depending on how the day goes, we could be out for two hours or four, so please RSVP so we can make arrangements for lunch. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

Saturday, September 21

THE NATURE OF MY BACKYARD: 11 a.m.-noon, Norcross Sanctuary, 30 Peck Rd., Wales. The Creature Teachers are coming to Norcross, and bringing live animal ambassadors to explore the lives of the creatures living in our own backyards. A great program for all ages to meet some of the common animals that we encounter every day. Reserve your spot: Call 413-267-9654 or email lectures@norcrosswildlife.org.

Saturday, October 5

STOP ABUSE TODAY INC. "TRIFECTA": A 5K, 10K, and marathon in support of Stop Abuse Today

at Holland Elementary School, 28 Sturbridge Rd. Half marathon starts at 8 a.m., and the 5K and 10K both start at 9 a.m. Register online at event.racereach.com/stop-abuse-today-5k-10k-13.1/register.

ONGOING

THE STURBRIDGE FARMER'S MARKET is held every Sunday through Oct. 6 from 9 a.m. to 1 p.m. on the Town Common.

CHARLTON AMERICAN LEGION POST 391 meets every fourth Monday of the month at 7 p.m. in the Charlton Grange Hall. All veterans are welcome. We'd love to see you. We sponsor Boy Scout Troop 165, as well as three Boys Staters & assist young men interested in attending the State Police summer school. We also assist the Charlton Little League financially, as well as other things such as veteran's wakes & funerals. There's plenty we can still do to help our community.

"A CARING PLACE" MEMORY CAFÉ: A Memory Café is a place where people living with a cognitive related illness or injury such as; Parkinson's, Dementia, Alzheimer's, PTSD, autism and any other related illness or injury can go with their loved ones (often their caregivers), and spend quality time together away from the negativity and stigma that often accompanies this. A Memory Café is a safe, judge free and fun place for people to go where they can be themselves and enjoy the company of loved ones and never have to worry about what others are thinking. We will never ask for a diagnosis and anyone from any town or city and any age are welcome. We only ask that all guests have a caregiver with them and that the guest has a cognitive related illness or injury. Staff is not responsible for the personal care of any guest. We are accepting to any level of ability and always welcome new people. Our Memory Café is run on donations and sponsors. Light refreshments are often served. Our atmosphere is geared toward fun yet comfortable and always safe. Our Café often hosts singers, dancers and performers who will help bring back old memories and days gone by. Our Café also hosts fun interactive activities but never educational events; we feel this should be a fun time spent together. Please see the upcoming scheduled events coming to our Memory Café over the next few months. Signups are encouraged. We are open the first Wednesday of each month from 3-5 p.m.

WOMEN'S BASKETBALL: Please come join us for a fun evening of exercise. Turn To **CALENDAR** page **A16**

HERE & THERE → Local Events, Arts, and Entertainment Listings

FRIDAY JULY 26

JOE MACEY @ 7-10
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333

SATURDAY, JULY 27

10am-2pm (rain date July 28)
JANINE'S FROSTEE 14TH ANNUAL CLASSIC CAR SHOW
To benefit Cancer Services at Baystate Mary Lane Hospital
Lot opens at 9am for registration. ALL cars must be registered to be in the lot. Judging from 11am-1pm with trophies and all prizes by 2 pm.
Delicious Food Specials & Custom Car t-shirts on sale. Tons of Raffles, 50/50, Prize Wheel. Public Welcome
149 East Street (off Route 9)
Ware, MA 413-967-7950

SUNDAY, JULY 28

DAN FEELEY @ 2-5
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333



TUESDAY, JULY 30

FARMERS MARKET 5-7 pm and **CONCERT** from 6-7:30 pm
Jazz and Blues Singer, Ethel Lee
Concerts on the Common
Presented by The Overlook
88 Masonic Home Road
Charlton, MA 01507

FRIDAY, AUGUST 9



RED SOX GAME: for \$105: round-trip motor coach transportation, ticket to game (right field box seating rows A-G) Bus departs

Danielson at 4pm. Call 860-423-2591. Reserve your spot now!

THURSDAY, AUGUST 22

FARMER'S DINNER
From our gardens to your plate. Featuring local pasture raised chicken. Advanced tickets required
Salem Cross Inn
260 West Main St., W. Brookfield, MA 508-867-2345 salemcrossinn.com

SATURDAY, AUGUST 24

OPEN HOUSE & FALL REGISTRATION 11am-6pm
Live dances, free mini trial classes, fun & games, free give-aways, meet the teachers, check out the studio. Also register August 27 and September 4th
6-8 pm at the studio or call/email to register at anytime. Classes begin Sept. 9
Dance Techniques
62 Wall St., Spencer, MA 01562
508-885-4559

SUNDAY, SEPTEMBER 8

FARMERS DINNER
From our gardens to your plate. Featuring Salem Cross Farm Pasture raised beef

Advanced tickets required.
Salem Cross Inn
260 West Main St., W. Brookfield, MA
508-867-2345 salemcrossinn.com

SEPTEMBER 12-14

ORIGINAL SEWING & QUILT EXPO

Auburn Sewing Center will be at the DCU Center. Classroom machines on sale. Stop by their Brother & Janome booth for make-it, take-it projects.
Classes and demonstrations 9am-5pm
50 Foster St, Worcester, MA 01608
www.dcucenter.com

FRIDAY, SEPTEMBER 13,

MURDER MYSTERY DINNER
An interactive dinner theater
The Fashionable Murders. 6:30 pm

Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
salemcrossinn.com or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

Do Something FUN This Weekend!

SUNDAY, OCTOBER 27,

MURDER MYSTERY DINNER
An interactive dinner theater
The Fashionable Murders. 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
salemcrossinn.com or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

SUNDAY, NOVEMBER 15

MURDER MYSTERY DINNER
An interactive dinner theater
The Fashionable Murders 6:30 pm
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required
salemcrossinn.com or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585



ONGOING

JUNE THROUGH AUGUST 5 p.m.
WEDNESDAY NIGHT CRUISING FOR CHARITY CAR SHOW AT KLEM'S
All makes and models. Proceeds benefit the Masonic Children's Charity
KLEM'S
117 West Main St., Spencer, MA 508-885-2708 (Ext. 104)
www.klemsonline.com

SUNDAYS THIS SUMMER with live music from 2-5 on the patio
308 Lakeside
308 East Main Street

East Brookfield, MA 01515
774-449-8333



MARIACHI BAND
First Thursday of the month 5-8 p.m.
MEXICALI MEXICAN GRILL
Webster location
41 Worcester Rd.,

Webster, MA
508-461-5070



TRIVIA SATURDAY NIGHTS
7:00 p.m. register 7:30 p.m. start up
HILLCREST COUNTRY CLUB
325 Pleasant St., Leicester, MA
508-892-9822



LIVE ENTERTAINMENT
FRIDAY NIGHT
HEXMARK TAVERN AT SALEM CROSS INN
260 West Main St., W. Brookfield, MA
508-867-2345 salemcrossinn.com

Lets Hang Out Together!

SUMMER TIME

TRIPS

continued from page A7

plus more 1299 Double occupancy
 Saturday August 3 to Sunday August 4, Boston Red Sox vs NY Yankees game, Statue of Liberty, Ellis Island, 399.00 Double Occupancy
 Tuesday 8/27 to Thursday Spectacular Saratoga NY Raceway, Lake George Cruise, Tour of Saratoga
 Battlefield, Norman Rockwell Museum. 499.00 Double occupancy
 Tuesday December 3 to Thursday Dec 5th Pennsylvania Dutch and The Miracle of Christmas Show,
 Hershey's Chocolate World and more 459.00 Double occupancy
 For more information, please contact Dick Lisi at 508 410 1332 or at lisrichard15@yahoo.com

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019
 2019 is the Society's 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organi-

zation.

Aug. 11 – "A Sunday Afternoon at Tanglewood" — a noon luncheon at the Red Lion Inn followed by the 2:30 p.m. concert with reserved seating in the Koussevitsky Music Shed. Thomas Ades, conductor, leads the Boston Symphony Orchestra with the music of Ives and Beethoven and guest pianist Inon Barnatan. The cost is \$127 (an inclusive luncheon, concert and motor coach transportation). A payment plan is available. The reservation deadline is July 30. Departure is 9 a.m., RMV parking lot, Southbridge.

Nov. 16 — "Do As You Wish Day in New York City" – shop for Christmas, do some sightseeing, visit a museum, attend a Broadway matinee, dine at a special restaurant, a visit to the aircraft Intrepid, visit the 911 Memorial complex. There is much to do and enjoy. Departure is 6:30 a.m. from the Southbridge RMV parking lot, and the return departure from New York City is 6:30 p.m. Included are rest stops to and from New York City. Cost is \$59 per person. The reservation deadline is Nov. 6. For information and reservations, call (508) 764-7909. To avoid disappointment, call early.

Dec. 14 — "Festival of Christmas Lights" at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and snacks, a Carousel for the children, an optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright's Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45

a.m. from Southbridge and 11:15 a.m. in Webster, with the return about 7:45 p.m. Reservation deadline is Dec. 5.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on Facebook The Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019
 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

Sept. 20- Sun, Sept. 22. - Balloon Festival \$549. made out to Conway Tours. (trip full - waiting list)

Oct. 1- Return of Turkey Train! Train ride along Lake Winnepesaukee with turkey dinner on board. \$81; leaves Whitinsville at 8:30; Home 6:30

Nov. 12~ Aqua Turf Club ~ lunch & show, "Crooning the 70's". \$79. Family style meal of Penne ala Vodka, Beef Burgundy, & Salmon
 It's not too early to think about Christmas! Join the Silver Club for Boothbay Harbor, "Christmas by the Sea" in Portland, ME, or Reagle Players Christmas Show for Christmas 2019!

Nov. 21-22~2 day Boothbay Harbor w/ lunch at the Harraseeket Inn in Freeport. ~ 2 days w/"Gardens Aglow" (beautiful light show at the botanical garden) at the

Boothbay Harbor Botanical Gardens. 1 lunch, 1 breakfast. \$199. double occupancy, \$259. single.

DEC.5-6 THE TRAPP FAMILY LODGE CHRISTMAS: \$379. dinner & breakfast at the Lodge; Quechee and Montpelier, meet w/a family member to hear the history, etc.

Dec. 8 - Reagle Players Christmas show.... TBA

DEC 13-14: CHRISTMAS BY THE SEA: \$329. 1 breakfast, 1 elegant holiday buffet lunch, 1 dinner. "Magic of Christmas" Portland Symphony Orchestra plus Ogunquit's "Christmas by the Sea" celebration

All trips leave from Whitinsville Walmart, 100 Valley Parkway, Whitinsville. Make sure to always include entree choice, phone # (esp. cell) and an emergency phone number. Please call Sue at 508-476-5820 for more information or to reserve.

West Brookfield Senior Center

Block Island, Aug. 21
 Price: \$122 (includes bus driver gratuity)

Trip includes a ferry ride to Block Island, with a 1 and a quarter hour tour across the island with a native

Block Island Guide. Also included is a luncheon at the National Hotel, with entrée choices of Grilled Salmon, Chicken Breast or Baked Seafood Casserole. Some time to browse the shops will be available. A deposit of \$60 is required upon sign-up. Please contact the West Brookfield Senior Center at (508) 867-1407 for more information.

CALENDAR

continued from page A15

cise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER'S SUPPORT GROUP: First and third Thursday of each month, 2:30-3:30 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

NUMISMATICS: Southbridge Coin

Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

ALCOHOLICS ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

K9 NOSE WORK: A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor – National Association of Canine Scent Work.

SEN-I JUDO CLUB: This course runs all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is well suited for all

levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.

WEIGHT WATCHERS: Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: WeighIn/Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit www.weightwatchers.com to become a member or to learn more about Weight Watchers.

YOGA: Hatha Yoga benefits are stress-relieving. Relax & rejuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., beginning Jan. 21.

FENCING: Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy. Fee: \$99.



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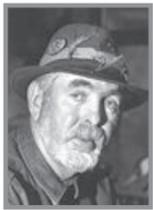


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Local anglers are having a great summer season



THE GREAT OUTDOORS
RALPH TRUE

“Whew!” What a hot spell last week. The air conditioners were running full speed, at least at my house. Now that we have seen some cooler temperatures, fishing and other outdoor activities have resumed. This week’s picture shows Sam Bloniasz with a nice three-pound smallmouth bass he caught while fishing in Maine with his dad Keith. They consistently caught smallmouth bass at the Down River Camps area in Princeton Maine, with most fish in the two-to-three-pound size. They sure had a blast catching smallmouths. Locally, bass anglers are catching some impressive large-

mouth and smallmouth bass, with many coming from Webster Lake in Webster and Wallum Lake in Douglas.

Wallum Lake has seen a surge in smallmouth bass populations at the popular fishing spot which normally produced nice size trout, but over the past ten or 15 years, it is well known that smallmouth bass were transported to Wallum by local bass anglers in their live wells. It is illegal to transport live fish from one body of water to another, but fortunately, it worked out well. Wallum Lake has some great structure to sustain the bass population, as well as crawfish and schools of baitfish for them to feed on. Four and five pound smallmouth bass are caught annually at the lake.

With August only a couple of weeks away, fly fishing anglers are eager to enjoy some great fishing for Bonito and

False Albacore in Rhode Island waters. The hard fighting fish do not provide very good table fare, but they sure can give the anglers that fish for them some great fishing opportunities. The fast moving schools of fish need to be constantly chased with a boat, but provide an angler with a lot of fun when one is hooked.

The absence of weakfish, also known as sea trout, are a very rare fish to catch in Mass. and Rhode Island waters these days. At one time, they were a great game fish that provided anglers with some exciting fishing opportunities, using fresh water rods with a bucktail lead head jig. Fly fishermen also had a lot of fun catching this hard fighting fish. Some also prepared the fish for the table, although this writer found it to be a very soft and tasteless eating fish.

They had extremely soft mouths, being

the reason for their name, but landing one provided some great fishing excitement. An area like Sally’s Rock in Apponaug was a favorite spot for catching numerous weakfish back in the day. Some blame the rise in water temperatures over the years for their absence today, and they could be right.

The Uxbridge Rod & Gun Club will hold another archery shoot at the club off of West Street on July 28, starting at 8 a.m. The 3-D shoot is open to the public. The kitchen will be open for breakfast. Noel Rabidor is archery chairman, and he and his committee has done a great job setting up the archery course. Numerous life size 3-D targets will test everyone’s skills. Bring out the family and enjoy the grounds. The club will also host a chicken BBQ and 3D shoot on Aug. 11. Tickets are now available at the club.



The Blackstone Valley Beagle Club will hold a Pig roast on Aug. 24, which is open to the public. Tickets are \$20 each. The club is located off of Walnut Street in Douglas! Get out and enjoy some of there great cooking and take a walk with the family on their 100 acre piece of property.
Take A Kid Fishing & Keep Them Rods Bending!

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Call June (508)909-4062 if your business is in Charlton

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• Saturday (dinner) 5:00pm-9:00pm • Sunday (dinner) 12 noon-8:00pm
Hexmark Tavern Tuesday-Friday 4:00-9:00pm • Live Music Friday Nights

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<p>2016 CHEVY CRUZE NEW Retail Price: \$24,495 #39836LV • PREMIER, 18" ALLOYS, BACK-UP CAM, HEATED LEATHER WHOLESALE PRICE: \$15,977 SAVE \$8,500 OFF OF RETAIL PRICE!</p>	<p>2018 NISSAN ALTIMA 2.5 NEW Retail Price: \$28,180 #H0858RV • 17" ALLOYS, SV TRIM, REMOTE START, BACK-UP CAM WHOLESALE PRICE: \$15,377 SAVE \$12,800 OFF OF RETAIL PRICE!</p>	<p>2016 DODGE JOURNEY NEW Retail Price: \$29,295 #D9912L • SXT, 3RD ROW SEATS, ALL-WHEEL DRIVE, ALLOYS, V6 WHOLESALE PRICE: \$17,977 SAVE \$11,300 OFF OF RETAIL PRICE!</p>
<p>LIKE NEW 2016 GRAND CHEROKEE LAREDO 4X4 #D9940L Roof Rails, Back-Up Cam, 3.6L V6, 17" Alloys, Bluetooth, Keyless Start. NEW RETAIL PRICE: \$38,390 WHOLESALE PRICE: \$26,477 SAVE \$11,900 OFF OF RETAIL PRICE!</p>	<p>SPECIAL PURCHASE #D9801V Like New 2017 RAM 1500 SLT 4X4 5.7L HEMI CREW CAB NEW RETAIL PRICE: \$41,060 STARTING AT ONLY: \$27,377 8 Available Bedliner, Back-Up Camera, Running Boards, Chrome Wheels! SAVE \$13,700 OFF OF RETAIL PRICE!</p>	<p>LIKE NEW 2016 CHEVY EQUINOX LS AWD SUV #39891L 7" LCD, Satellite Radio, 17" Alloys, All-Wheel Drive, Back-Up Camera. NEW RETAIL PRICE: \$28,795 WHOLESALE PRICE: \$15,777 SAVE \$13,000 OFF OF RETAIL PRICE!</p>
<p>2018 HYUNDAI ELANTRA NEW Retail Price: \$21,450 #H0926V • GT HATCH, ALLOYS, BLUETOOTH, BACK-UP CAM WHOLESALE PRICE: \$16,377 SAVE \$5,100 OFF OF RETAIL PRICE!</p>	<p>2018 CHRYSLER PACIFICA NEW Retail Price: \$37,545 #D9742R • HEATED LEATHER, NAV, 17" ALLOYS, POWER LIFTGATE WHOLESALE PRICE: \$25,977 SAVE \$11,600 OFF OF RETAIL PRICE!</p>	<p>2017 SUBARU FORESTER NEW Retail Price: \$29,595 #H0859RV • AWD, BACK-UP CAM, PREMIUM TRIM, MOONROOF WHOLESALE PRICE: \$20,977 SAVE \$8,600 OFF OF RETAIL PRICE!</p>
<p>2016 HONDA ACCORD NEW Retail Price: \$26,180 #H0842LV • EX-L COUPE, ALLOYS, HEATED LEATHER, MOONROOF WHOLESALE PRICE: \$17,777 SAVE \$8,400 OFF OF RETAIL PRICE!</p>	<p>LIKE NEW 2016 FORD F-150 4x4 SUPERCREW #P12129V XLT Sport Trim, Alloy Wheels, Satellite Radio, Back-Up Camera. NEW RETAIL PRICE: \$39,985 WHOLESALE PRICE: \$29,377 SAVE \$10,600 OFF OF RETAIL PRICE!</p>	<p>2016 HYUNDAI SANTA FE NEW Retail Price: \$29,880 #H0906V • SPORT TRIM, ALLOYS, ALL-WHEEL DRIVE, BLUETOOTH WHOLESALE PRICE: \$17,477 SAVE \$12,400 OFF OF RETAIL PRICE!</p>
<p>LIKE NEW 2017 FORD ESCAPE SE SUV #P1211L 4x4, 17" Alloys, Bluetooth, Turbo, Nav, Back-Up Camera, SYNC NEW RETAIL PRICE: \$29,495 WHOLESALE PRICE: \$18,377 SAVE \$11,100 OFF OF RETAIL PRICE!</p>	<p>LIKE NEW 2016 HYUNDAI SONATA SPORT SEDAN #H0796L Back-Up Camera, Keyless Start, 17" Alloys, Heated Seats, Bluetooth. NEW RETAIL PRICE: \$25,640 WHOLESALE PRICE: \$15,977 SAVE \$9,600 OFF OF RETAIL PRICE!</p>	

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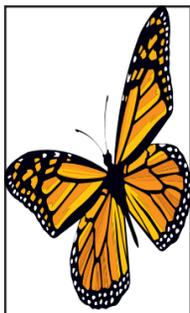


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LEGALS

**Town of Brimfield
Zoning Board of Appeals**
The Brimfield Zoning Board of Appeals will hold a public hearing on the request of Matthew Capen, regarding the property at 45 Sixth St. Brimfield, MA, Parcel ID Map 5A Block B Lot 28. Applicant proposes to re-build the home with the same footprint. The second floor will

extend over the middle section of the house while the left side will remain a single story. The Board will review the application for a special permit, examine the relevant plans, and also determine whether the changes will be detrimental to the neighborhood. Abutters are invited to consider the proposal and provide public input. The hearing will be held on Monday, August 5, 2019 at 6:30 PM, at the Town Hall Annex. July 26, 2019 August 2, 2019



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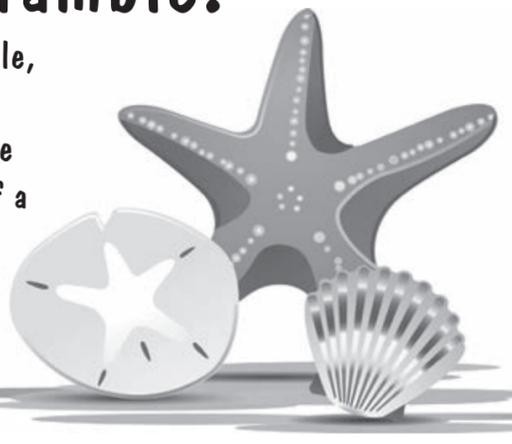
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Welcome to our first scramble!

We've decided to change it up for Summer and instead of a crossword puzzle, we've created a scramble. We hope you'll enjoy this challenging puzzle! Please find the answers (business names) on the ABC's of SUMMER page in this week's issue. We will unscramble for you and announce a winner of a \$25 Gift Card to an ABC Business in the August 16th issue. Good luck!



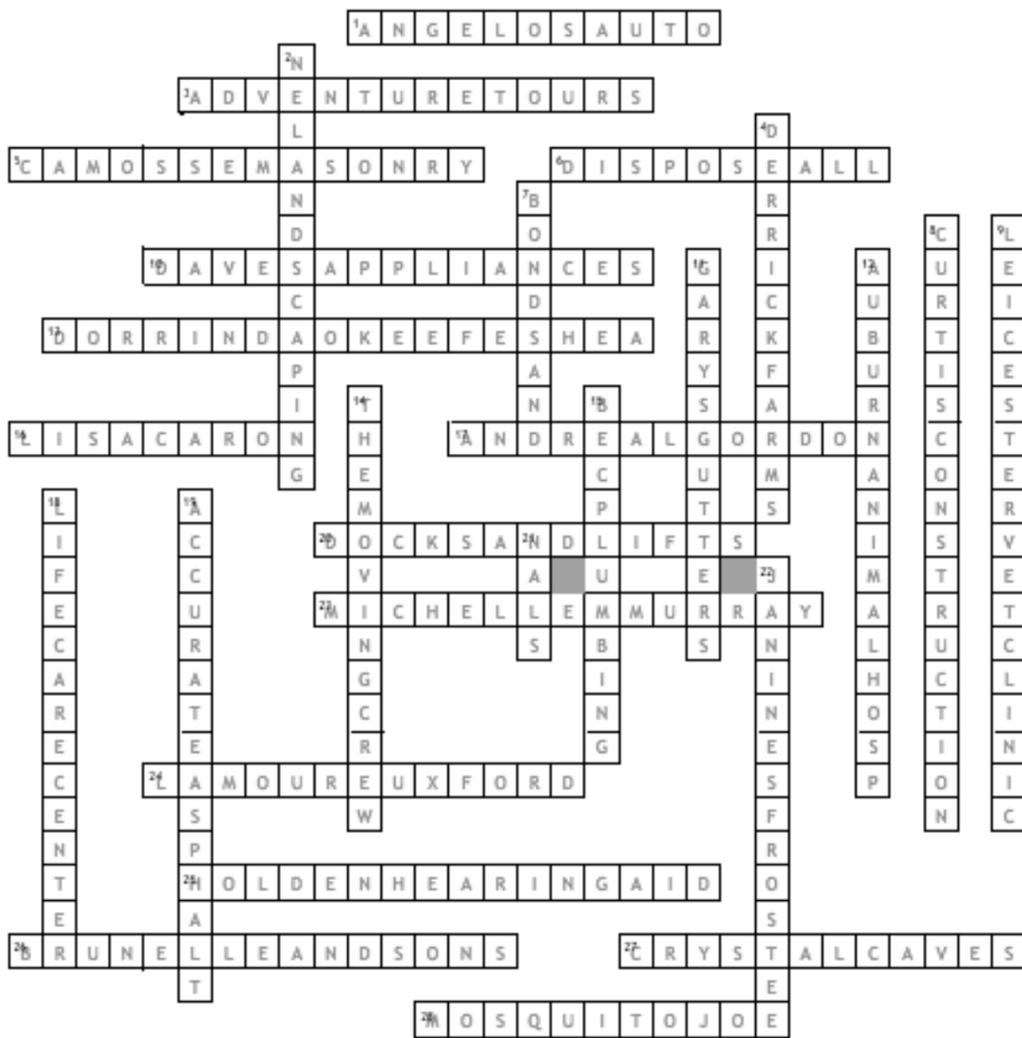
Name _____
Address _____
Phone _____
Email (optional) _____
Newspaper you saw this in, circle one: Spencer New Leader, Auburn News, Southbridge News, Charlton Villager, Sturbridge Villager, Webster Times, Blackstone Valley Tribune
We love your feedback comments: _____

ABC'S OF SUMMER SCRAMBLE

(These are not in alphabetical order)

1. ISEOTNB TNILGGIH INC	14. EOREBITNSGD SRPES
2. HRIKCAW ARFERSM C-POO	15. SRPOE RNUICSNTOCOT OC NCI
3. EB TSTALF	16. SDVAE NCAPLAIEP
4. FTI OHACC	17. YUIQATL LNGFIORO
5. SAIL OGNAR ETXI ELATRY	18. IRADNDOR AFHEOSEEKE-
6. WDOO'YS OATU OYBD	19. LDSF'EEE FOEFEC PPESOH
7. EGI RETISROIN	20. BURANU WSIGEN RTECNE
8. NCAIERMA UTNCOISD IOL	21. S'LNA NPIAT ERCNET
9. HSRFE RATTs EHT IMVGON WREC	22. E'NSSHEA ASNOL AND SPA
10. AGSR'Y TURSEGT	23. HILLCA ERIT DAN TUAO VREECIS
11. OICERMR JWEERSEL	24. NNSJIEA ROEETSF
12. OYFX AVTRLE	25. QAABGUO IAALIOBTHNTREI
13. URLPEP HRCOP PRIRTOPESE	26. MRECOIR RSELEWJE RAT LYGELAR

Meet Your Merchants Crossword Answers

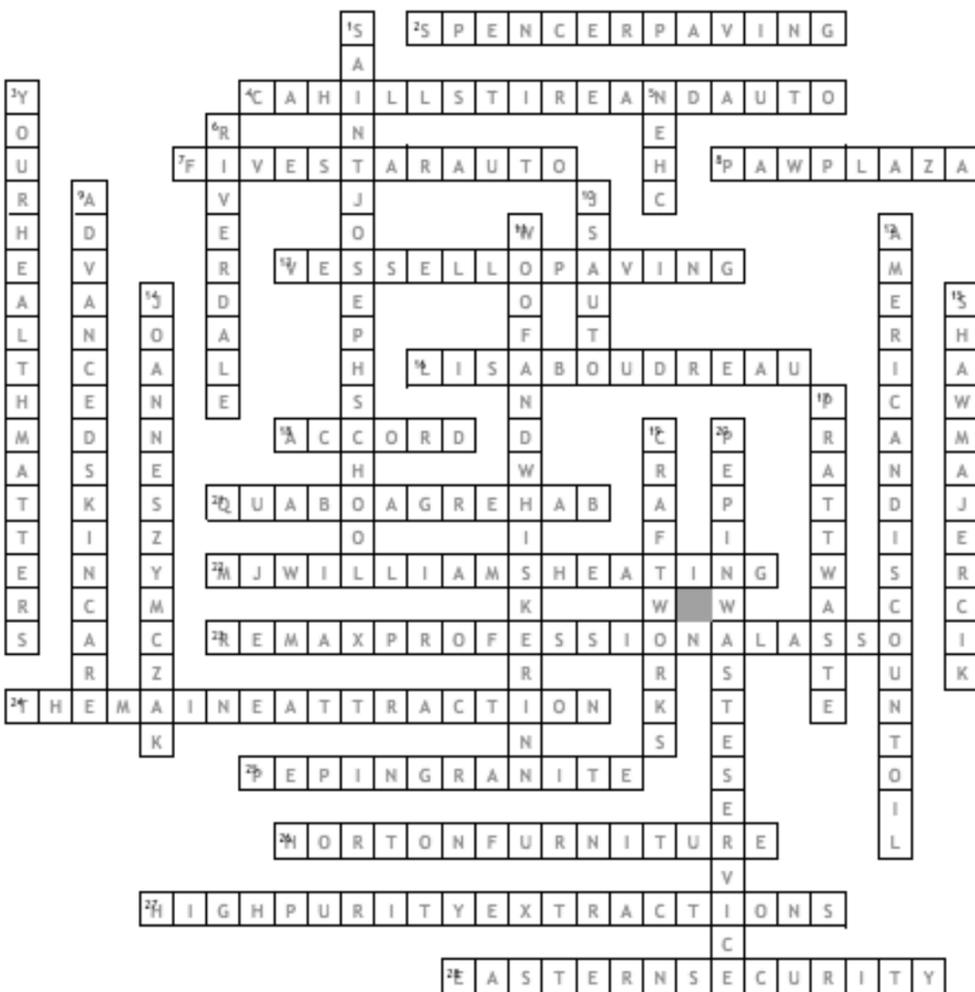


Across

1. Got a job? Get a car!
3. Book early for best cabin
5. Your Home for Hardscapes
6. Biodegradable Waste
10. Visit us last
13. Centurion, Centurion Honor Society CDPE
16. GRI, ABR, LMC, CDPE, SRS, SRES, PSA, Notary Public
17. Probate & Estates
20. 10% off with this ad
23. Welcoming New Clients
24. Everybody Talks
25. Our goal is to improve the lives of people
26. Peace & tranquility in your own backyard
27. Time for some fun - Everyone!
28. \$46 first treatment

Down

2. Warren Monette Chris Monette
4. We cater to seniors and the handicapped
7. Screened loam stored in building
8. General excavation services
9. Dr. Colm Scanlon
11. 50% off gutter guards
12. Superior Veterinary Care Since 1995
14. Call us today 508-868-4291
15. Call us to discuss heating equipment upgrades
18. Helping you get back home
19. Free estimates include tonnage
21. Benjamin Moore Retailer
22. Annual car show July 27



Across

2. Over 30 years Experience!
4. Family owned and operated since 1967
7. Full automotive service facility
8. Where pets are pampered
13. Do it right!
16. Your neighborhood realtor
18. Experienced Adults Day Health
21. Come Grow With us
22. Mitsubishi Electric Ductless
23. We solve real estate problems
24. Outdoor seating across from Hamilton Reservoir
25. Monuments
26. Patty & Steve Duszak, Owners
27. Bulk CBD Oil & Isolate
28. 17th Annual safe tent sale

Down

1. Challenging Minds and Forming Hearts or over 125 Years
3. 20% off when you spend \$50 more more
5. Kitchen & bath sales & design
6. Outstanding career advancements and benefits
9. Yolanda "Jolie" Hatzides
10. Guaranteed financing! You're Approved!
11. Limited availability, book for summer now!
12. Propane 20 cents off
14. Re/Max Advantage 1
15. Direct Cremation \$1475
17. Your local trash hauler
19. Northboro's Gem for handmade local artisan
20. Roll off containers 10, 15, 20

We hope you enjoyed our Meet Your Merchant crossword puzzle.

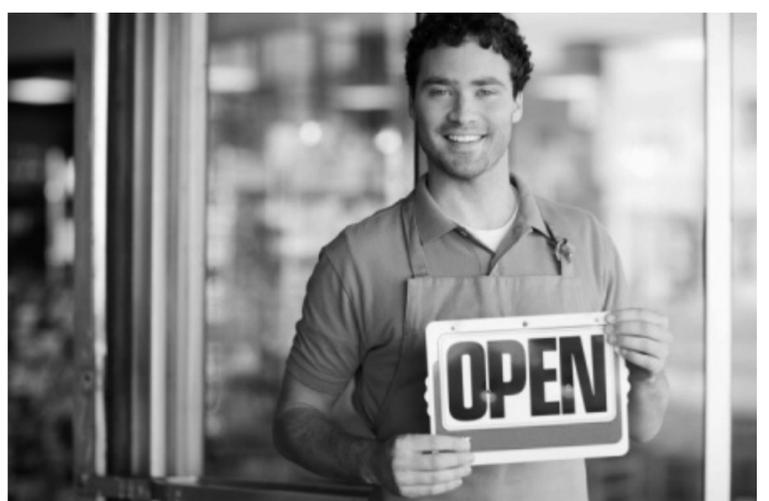
The randomly chosen winner of all the correct entries for a \$25 gift card of your choice of any of these businesses is
- Wendy T. of Southbridge -

Thank you to all the Meet Your Merchant businesses and to those who completed our puzzle!

June - 508-909-4062
 Spencer New Leader, Charlton Villager, Auburn News

Mikaela - 508-909-4126
 Southbridge News, Sturbridge Villager

Patty - 508-909-4135
 Blackstone Valley Tribune, Webster Times



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DUDLEY - 90' WATERFRONT! 12 Lakeview Ave! Full Recreational Merino Pond! 12 Rms, 4/5 Bdrms, 3.5 Baths Total! 2 Complete Residences, Single Family w/in-Law or as a 2 Family! Right Side w/Open Flr Plan! Lake Facing Kit, Din & Liv Rms! 2nd Flr w/2 Lake Facing Bdrms! Finished Walk-out Lower Level! Left Side w/Granite Kit w/Skylight! Frplce Din/Liv Rm! 2/3 Bdrms! Master w/Bath! Town Services! In Time for Summer! **\$439,900.00**

WEBSTER - 12 Blueberry Way! 3,753' Custom 9 Rm Cape on an Unbelievable 1.69 Acres! From the Circular Drive to the Multilevel Composite Decks to the **Incredible Pool** w/Waterfall and In-water Stools surrounded by Stamped Concrete & Screened Gazebo to the **Lighted Tennis Court!** Gracious 2 Story Entry Foyer! **New Granite Kit** w/Breakfast Bar & Dining Area w/**New Tile Flr!** Formal Din Rm w/Hrdwds! Spacious 30' Frplce Liv Rm w/**New Hrdwds!** 1st Flr Bdrm w/Full Bath & New Hrdwds! 3 Second Flr Bdrms! Master Suite w/Full Bath, Dressing Area & Multiple Closets! 4 Bdrms, 4.5 Baths Total! 40' Recently Finished Walk-out Lower Level Frplce Fam Rm! 2 Car Attached Garage! C/Air! Buderus 42 Oil Heat! Shed! Landscape Lighting! Make a Move! **\$489,900.00**



PUTNAM - 49 Fox Road! Fantastic 2,680' 9+ Room Center Hall Colonial Set on 3 Beautiful Acres! Featuring Center Island Stainless Appliance Kitchen! Formal Dining & Living Rooms w/Hardwoods! Comfortable Brick Fireplaced Family Room! Office/Den! Half Bath w/Laundry Closet! Side Entry Foyer w/Coat Closet! Upstairs to 4 Spacious Bedrooms! Huge Master w/Hardwoods, Full Bath & Walk-in Closet! Full Hall Bath w/Double Sinks! Full Walk-up Attic w/Plumbing Leads for Additional/Future Expansion! 5 Zone Oil Heat! 24X30' Detached Garage w/Second Floor Storage! Convenient to Everything Putnam! **\$369,900.00**

DUDLEY - 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Appliance Dine-in Granite Kit! 3 Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

DUDLEY - 2 Brandon Rd! 2 Family! 6/5 Rms! 3/2 Bdrms! 1/1 Baths! Level Corner Lot! 1st Flr w/Appliance Kit! Din Rm! Liv Rm w/Picture Window! 3 Bdrms! Full Bath w/Tub/Shower! 2nd Flr w/Appliance Kit! Din Rm! Liv Rm! 2 Bdrms! Full Bath! Gas Heat! Young Roof! **\$229,900.00**

DUDLEY - 4 Brandon Rd! 2 Family! 6/5 Rms! 2/2 Bdrms! 1/1 Baths! Both Flrs w/Eat-in Pantry! Kitchen! Liv Rms! 2 Bdrms! Baths w/Tubs/Shower! Off Street Parking! Recent Roof! Vinyl Siding! Porches! Gas/Electric Heat! **\$209,900.00**

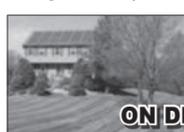


DUDLEY - 24 Hickory Dr! 8 Rm 50' Split on Dble Corner Lot! Fully Appliance SS Kitchen w/Tile Flr, Cherry Cabinets, Corian Counters & Island! Din Rm w/Slider to Deck! Liv Rm w/Cherry Cabinetry, Recessed Lights & Picture Window! Slate Entry w/Coat Closet! Full Bath w/Tile Flr! Master w/Wall to Wall, Triple Closet & Recent Refreshed Master Bath! 2nd & 3rd Bdrms w/Wall to Wall & Dble Closets! Lower Level Fam Rm w/Stone Fireplace w/Pellet Insert! Office/Play Rm w/Wall to Wall! Full Bath w/Recent Vanity! C/Air! Oil Heat! 2 Car Garage! Generator! Replacement Windows! Flexible Floor Plan! **\$299,900.00**

DUDLEY - 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Appliance Dine-in Granite Kit! 3 Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

WEBSTER - 26 Spring St! 5 Rm Ranch on Quiet Side Street! Walk into the 3 Seasons Rm w/Tile Flr, Ceiling Fan & Slider to Deck! Cabinet Packed Eat-In Kit! Spacious Liv Rm w/Hrdwds! 3 Bdrms! Finished Lower Level w/Tile Flr, 10' Bar w/Top Lights! Vinyl Siding! Replacement Windows! **\$239,900.00**

WEBSTER - 12 West Ave! 1,680' Townhouse! 7 Rooms! 3 Bedrooms! 3 Baths! Appliance Island Kit w/Tile Flr! Din Rm & 13x24 Liv Rm w/Wood Laminate Floors! Master Bath & Walk-in Closet! 11X19 Family Rm! Recently Painted Throughout! Central Air! Garage! **\$164,900.00**



DUDLEY - 94 Tracy Road! 7 Rm 4 Bdrm Colonial on 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplce Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit! Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrdwd Flrs & Slider to Deck! 1st Flr 1/2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Flr Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16X21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**

WEBSTER LAKE - 50 West Point Rd! Killdeer Island! Stunning 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, It Has It All! Expansive 2 Story Foyer! Cherry Cabinet Kit w/Oversized Center Isl, Dble Oven, High End Appliances and Walk-in Butler's Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm Overlooking the Lake, Custom Built Cabinets, Gas Frplce! 1/2 Bath + Laundry Nearby! An ELEVATOR to Service All 3 Floors! Glorious Stairway leads up to 3 Spacious Bdrms each with their Own Private Baths! Luxurious Master w/Tray Ceiling, Walk-in Closet + Private Balcony! Expansive Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level boasts Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplce & Private Bath! Slider to Patio! 13 Individual Splits to Control Rm Temps! Oversized 2 Car Garage! This Home is Loaded w/Quality & Detail! Quick Closing No Problem! Don't Delay! **\$1,145,000.00**

WEBSTER - 28 Colonial Rd! Immaculately Maintained 8 Rm Colonial Across from w Views of & Beach Access to Webster Lake! Appliance Kit! Dining Area! Dining Rm! Fam Rm! 3 Comfortable Bdrms! Master Bath w/Dble Vanity, Whirlpool Tub, Separate Shower! 2.5 Baths! C/Air! **\$285,000.00**

SUTTON - LAKE SINGLETON! WATERFRONT! 5 W. Sutton Rd! 8 Rm Cape! 3 Bdrms! Screen House at Waters Edge! Gradual Access to the Water! Well Maintained! Kit, Formal Din Rm! Fireplace! Liv Rm! Den! Sun Rm! Updated Windows! New Furnace & Septic to be Installed by Seller! **\$529,900.00**

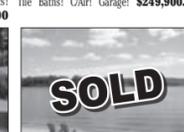


CHARLTON - GLEN ECHO LAKE! 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Walk-out Lower Level Frplce Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$529,900.00**

WEBSTER LAKE - 39 Bates Point! Panoramic Views of South Pond! Southern Exp! Park Like Grounds! Extensive Patio, Paver Walkways & Perennial Gardens! 18X24 Covered Composite Deck, w/Vinyl Railings! 90' U-Shaped Dock! Beautiful 7 Rm A/C/D Ranch! 14,549' Level Lot! Lake Facing Cathedral Ceiling Great Rm w/Gas Frplce, Maple Hrdwd Flrs, Custom Granite Wet Bar w/Maple Cabinetry! Appliance Kit w/Maple Cabinets & Porcelain Tile Flr! Formal Din Rm w/Cathedral Ceiling, Skylight & Birch Flooring! 20' Master w/Cathedral Ceiling, Skylight, Ceiling Fans, Walk-in Closet & Dble Closet! Bdrm w/Trajectory Flr, Dble Granite Vanity, Custom Tile Shower, Linen Closet & Cathedral Ceiling w/Skylight! Entry Foyer! Mud Rm w/Tile Floor! Finished Walk-out Lower Level 2 Bdrms, 1 Lake Facing! Liv Area w/Wet Bar & Frig! Full Bath! Laundry Rm! Work Shop & Storage! 26X32 Detached Garage w/2 Stalls & 2nd Flr Storage! Start Packing! **\$749,900.00**

WEBSTER LAKE - 17 Wakefield Ave! South Pond! Western Exposure! Protected from the Storms - Quiet Corner! 24 Acre Lot! 104' Waterfront! Water Views! 2,412' 8 Rm Content! Just Renovated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$535,000.00**

WEBSTER LAKE - 207 Beacon Park! 1,100' Garden Unit! 5 Rms! 1 Level Living - No Stairs! Spectacular Sandy Beach! Fantastic Lakeside! Pool! Appliance! Kit & Din Rms! w/Parquet Wood Flrs! Spacious Liv Rm! 2 Bdrms! Master Bath & Walk-in Closet! 2 Tile Baths! C/Air! Garage! **\$249,900.00**



CHARLTON - 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Appliance Granite Kit w/Sl, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplce Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedral, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes **NEW A/C SPLIT SYSTEM!** Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

WEBSTER LAKE - 50 Union Point Rd! Panoramic Views of Middle Pond - South Facing - Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Appliance Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sory, Closing not before 9/10/2019! **\$649,900.00**

WEBSTER LAKE - Steps Away From! 110 S. Shore Rd! Killdeer Island! Access to Swimming & Boating w/Killdeer Island Club Assoc Membership! Perfect Ist Home or Summer Retreat! 7 Rms! 2 Bdrms! Full Bath! 12x25' Deck w/Water Views! Garage! Don't Delay! **\$299,000.00**

WEBSTER LAKE - 206 Treasure Island! 1,874' Townhouse! 6 Rms, 2 Bdrms, Master Bath, 2.5 Baths Total! Recent Cherry & Granite Kit w/SS Appliances! Din Rm w/Sliders to Deck! Frplce Fam Rm! Patio! New C/Air, Heat & Hot Water! Garage! 2 Slips! Pool! Beach! Listed by Another "SOLD" by C21 Lake Realty! **\$345,000.00**

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OPEN HOUSE, SUN. • 11:30-1

Featured New Construction

THOMPSON, CT - 6 LILLIAN AVE, LOT#1

There is No Place Like Home - beautiful newly constructed home! Split level style home has an attractive modern flare! Open floor plan, cathedral ceilings, hardwood floors, tile floored baths, & wall to wall carpeted Bedrooms. Granite counters, center island & dining rm w/sliders! Master BR, private master full bath w/extra wide shower & walk in closet, plus 2 more spacious BRs & a full hallway bath, 24' lower level family room, half bath w/laundry hookups! Two car garage! Central AC. **\$309,900.**

THOMPSON, CT - 8 LILLIAN AVE, LOT #2

ON DEPOSIT

There is No Place Like Home - especially when it is a beautiful newly constructed home! This split level style home has an attractive modern flare! You'll be delighted with the natural light that will brighten the interior of this home! Open floor plan, cathedral ceilings! Granite counters, center island & dining rm w/sliders! Master BR, private master full bath w/extra wide shower & walk in closet, plus 2 spacious BRs & a full hallway bath, 24' lower level family room, half bath w/laundry hookups & utility closet, two car garage! Central AC. **\$309,900.**

SOUTHBRIDGE - 79 N. WOODSTOCK RD

FRESHLY PAINTED 3 BEDROOM RANCH HAS SO MUCH TO OFFER! ALL HARDWOODS THROUGHOUT! REMODELED BATHROOM! 3 SEASON ENCLOSED PORCH. KITCHEN/ DINING AREA HAS A VERY SPACIOUS OPEN LAYOUT! BEDROOMS WITH DOUBLE CLOSETS! CORNER LOT WITH SIDE GARAGE UNDER! CLOSE TO SHOPPING AREA AND MAJOR AMENITIES. Town Water. **New Price \$223,000**

DUDLEY - 188 WEST MAIN ST

COMMERCIAL/BUSINESS LOCATION IN THE HEART OF DUDLEY! 3 BEDROOM, BATH RANCH! LARGER THAN IT APPEARS! 19,582 +/- sq ft Lot. Natural Gas Heat! Hard wood floors! BRING YOUR VISION, LARGE FLAT YARD GIVES YOU GREAT PARKING AREA, FOR A SMALL BUSINESS FROM HOME!! CONTRACTORS DREAM! **\$178,500.**

WEBSTER - 21 ARKWRIGHT RD

ON DEPOSIT

Simply Move In & Enjoy this Beautifully UPDATED Ranch! Close to I-395! Town water & sewer. HIGH EFFICIENCY NAVIEN brand heating/hot water system, Bamboo hardwood floors, crown moldings! 2 BRs, full bath w/tiled walk-in shower, 6x16 year-end Sunroom w/outdoor access! (3rd Br, or Office). **\$199,900.**

WOODSTOCK, CT - 606 PROSPECT ST

Pristine Colonial on 2.54 Acres in Historic Woodstock! 3 BR, 2-1/2 Baths. This Home is a Must See! Peaceful Country Setting! Vaulted Ceiling Family Room w/Built ins, Cherry Cabinets, Sunken Dining Rm, Cathedral Mstr Hdw'd & Tile First Cabinets for Home Office, Teen/ In-law Suite, Craft Rm or Media/Game Rm. Resurfaced Driveway **\$399,000.00**

THOMPSON, CT - 25 BONNETTE AVE

SORRY, SOLD!

Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garage! PLUS 32x32 Detached Garage! Eat in Kitchen, Fireplaced living room with bow window! 3 bedrooms, enclosed heated sun room, central air, Koi Pond, on .87 +/- acre! **New Price \$249,900**

WEBSTER - 12 ERNEST ST

SORRY, SOLD!

Welcome home to this Huge, Sprawling, Ranch Style Home! 2,848 SF +/- of Living Area on One Level! In-ground pool, built-in hot tub, w/ire pit! Carport/pavilion for entertaining! Separate wings for private family living & entertainment, BR suites, 10 rooms total! simply Amazing! **New Price \$299,900**

WEBSTER/DOUGLAS/THOMPSON BUIDABLE LOTS

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest \$132,900

Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water & Sewer **\$295,000**

Thompson - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful view! **\$99,900**

Killingly - 37 Katherine Ave River Frontage 2/3rds acre. Town Water & Sewer **\$55,000**

WEBSTER - 34 EASTERN AVE UNIT A

AN AFFORDABLE LIVING OPPORTUNITY PRESENTS ITSELF! This 20 Unit Condo Complex is tucked away at the very end of Eastern Ave, fenced in & private, Easily accessible (395.) There's a lot to love about Webster! Unit 34 A is an 1,037 SF +/- END UNIT. Large living room w/picture window, an eat-in kitchen, access to rear deck, 2 spacious bedrooms, 1-1/2 baths, full basement! **\$169,900**

WEBSTER LAND - COOPER RD

LAND FOR SALE

Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, not on the lake. Priced to Sell! **\$129,400.**

WEBSTER LAKE - 118 POINT BREEZE RD

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**

WEBSTER LAKE - 54 KILLDEER RD

SORRY, SOLD!

KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/LOOKING FOR! 2.45 +/- Acres! 345 +/- road front, 335/384 +/- depth, 275 +/- Lakefront! Mature landscape provides unprecedented privacy, & a friendly level lot at water's edge - like very low waterfront properties! The 3700 SF +/- Mid-Century Modern Home is unique w/massive modern windows! 180 panoramic views across the lake to stunning Western sunsets. 5 spacious BRs that overlook the rooms below. A 30x32 +/- det'd garage w/summer kitchen, 1/2 bath. Family owned gem for 60+ years! **\$1,495,000**

WEBSTER LAKE - 32 JACKSON RD

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**

On The shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



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FOR SALE



WEBSTER, MA
38 Third Street
\$299,900
2-Family

PENDING



RUTLAND, MA
3 Brooke Haven Dr
4 Bed, 2 1/2 Baths,
Lots of Land
\$339,900

LAND FOR SALE



WEBSTER, MA
3 Rawson Rd-\$39,900
2.1 acres, Subdiv-
idable, Town Utilities
(Additional
lots Available)

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SAT & SUN 12:30-2



MUST SEE!
Webster, MA - \$328,900
80 Sutton Road
3 Bdrm, Hardwood
Floors Throughout,
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Open House • SAT & SUN 12:30-2

THOMPSON, CT
223 Stawicki Road - \$259,900
3 Bedroom, Split,
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CALL FOR A MARKET ANALYSIS





Dudley: Rental Available August 1: 2 bedroom townhouse, 2.5 baths, family room, garage. Must have 700 credit score. Must have reference. No pets. 7 Village St ~ \$1,400 (viewing by appointment)

Templeton: 60 +/- acres of privacy, 2400 sq. ft Ranch, 2 car garage, 2.5 baths, 4 bedrooms, fieldstone fireplace, cathedral ceiling family room. Streams, trails, fruit trees and more. Young roof, new furnace, freshly painted exterior and some interior rooms.

200 Shady Lane ~ \$489,900



Charlton: NEW CONSTRUCTION, 40 minutes to Rte 495, 1.5 acre, central air, 28'x 48' Ranch, 1st floor laundry, 2 baths, oak flooring throughout. 24 Dodge Rd ~ \$339,900



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East Brookfield: 136' Waterfront on fully recreational Lake Lashaway. Awesome sunsets, new septic system, 1800 sq. ft of living area on the main level, 3 bedrooms, 2.5 bath, 2 car garage

142 Gleason Ave ~ \$325,000

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SPENCER: 4 Kingsbury Rd. 3 BR, 2.5 Bath, 2236 s.f. contemporary. This home is on a private wooded site with very large 12' x 36' new deck off the rear of the house. Updated flooring, living room with fireplace stove, open roomy floor plan with cathedral ceilings. 2 car attached garage, plenty of attic storage space, wrap around detached deck ready for pool. Great potential for fully furnished basement. Pool table included. Access to trails for horseback riding and hiking adjacent to Mass Audubon Sanctuary, Sibley farm and Spencer State Forest. House would be perfect for someone seeking a unique home in a private pleasant neighborhood! **\$364,900** Showing by appointment only to pre-approved or cash buyers. 508-885-1313. Email ez3636@charter.net.

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Southbridge: First time on the market. St. Hedwig's church and rectory. Well maintained church in pristine condition! Beautiful entry way. Inspiring stain glass windows. Seating for up to 350 people. Balcony seating. Elevator to lower level for a Meeting Hall with kitchen & 2 baths. Rectory is a stately brick home which consists of 11 rooms, 6 bedrooms, 3 baths. All rooms are large with high ceilings, many fireplaces, and first floor bedroom with private bath. Also included in sale is a large Carriage House converted to garage with workshop & storage. **\$499,900**



Southbridge: Charming Craftsman style home w/3 bedrooms & 2.5 baths. Many many updates done! Lovely remodeled kitchen w/granite, stainless island, appliances and loads of cabinets. Spacious 2nd flr Master bedroom with gorgeous remodeled bath. Truly in move in condition! **\$249,900.**



Southbridge: Antique Colonial with 8 rooms 4 bedrooms 1 1/2 Baths. Hardwood floors. Economic gas heat. Newer roof, boiler, & HW heater. Front & rear stairways to go upstairs. Fireplace. Needs some paint & updating but well worth it! Garage **\$179,900.**



Southbridge: Inexpensive Commercial Building with endless possibilities & plenty of parking! One story with 1500 sq ft of living area plus full basement. 2 1/2 baths. FHA economical gas heat! Electrical updated. Formerly used as "Sonny's Bar" and pool equipment & supplies storage. **\$89,900.**



Sturbridge: LOCATION! Great HOME and Great YARD! Open Concept with front to back living room/dining room. 6 rooms 3-4 bedrooms, 1 1/2 bath. First floor bedroom. Large bedrooms with sitting area upstairs. 1.5 acres! Level wonderful yard! **\$229,900.**

ACTIVELY SEEKING LISTINGS IN THE FOLLOWING AREAS: SOUTHBRIDGE, STURBRIDGE, DUDLEY, CHARLTON, WEBSTER, HOLLAND. PLEASE CONTACT US!



Open House Directory

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, JULY 27				
WEBSTER 80 Sutton Rd	S	12:30-2	\$328,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
THOMPSON, CT 223 Stawicki Rd	S	12:30-1	\$259,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, JULY 28				
WEBSTER 80 Sutton Rd	S	12:30-2	\$328,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
THOMPSON, CT 6 Lillian Ave <i>New Construction</i> 223 Stawicki Rd	S	11:30-1	\$309,900	Hope Real Estate Group/ June Cazeault 860-377-2044
	S	12:30-1	\$259,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578

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OPEN HOUSE SAT 7/27 10:30-12:00



48 Ojala Rd. Woodstock \$339,000
NEW PRICE
Adorable 4 BR Ranch with 3 full BA. Finished lower level & 2 car garage.
The White/Cook Team:
Charlotte 860-931-6006

Putnam \$349,900 NEW LISTING



Priced to sell! Commercial building- large parking lot. Heart of Putnam's Central Business District. Perfect coffee shop/ restaurant location.
John Downs 860-377-0754

Pomfret \$475,000 NEW PRICE



Exceptional 21.28 acre property in desirable Pomfret Connecticut. Beautiful large pastures & barn. Comfortable private living.
John Downs 860-377-0754

Pomfret \$524,900 NEW PRICE



342 Pomfret Street
4,900 SF, c.1882, grand, elegant & fully renovated. 2.3 acres w/barn & garage.
Robert Viani 5921-264-860

Woodstock \$445,000



Elegant home w/2 master BR suites! First floor in-law possibilities! At the end of a premier cul-de-sac. Convenient.
John Downs 860-377-0754

Woodstock: \$319,900



Move-in ready. Complete updates to 1890 farmhouse. 2.6 acres, 1st floor master and bath, 3 BR, 2 BA total.
John Rich 860-315-2615

Killingly \$175,000



Luxury end unit townhouse w/all the upgrades. Granite & stainless kitchen, open floor plan, master BR, & views of Green Hollow Pond.
Mary Collins 860-336-6677

Thompson \$349,900



Stone walls line the entrance, leading to a spacious 3576 SF Colonial. Beautiful grounds w/a pond & a lg yard perfect for entertaining.
Tanya McDermott 860-933-0996

Woodstock \$424,900



Views, views & more views! Come visit this custom WBA built Colonial, sitting up on a hill overlooking Woodstock & Mass!
The White Cook Team:
Diane 860-377-4016

Woodstock \$235,000



Lovely Cape home in Woodstock. 2 stall detached garage, w/3-4 BR & 2 full BA! Perfect fit for a growing family!
Kiona Carpenter 860-933-3305

Woodstock, \$440,000



Beautiful South Woodstock cul-de-sac location! Mint condition, room to expand and a wonderful private yard!
Gelhaus Realty Group:
Brooke 860-336-9408

Woodstock \$549,900



Country living w/an ideal solution for any family w/aging parents, a parent requiring a live-in aide, or an Au Pair.
The White/Cook Team:
Diane 860-377-4016

Woodstock \$499,900



Drive down this long, paved driveway, the lot opens up to a wonderful 3158 SF custom built, 4-5 BR, contemporary Colonial.
The White Cook Team:
Diane 860-377-4016

Woodstock \$268,900



Built in 1830- seasoned w/love. Wood floors, new kitchen, septic & furnace. 2382 SF, in-law or quest room w/sep. entrance, level yard, sunroom.
Rachel Sposato 860-234-1343

Killingly \$699,000



This lovely 2880 SF home has 52' of frontage on Alexander's Lake complete w/a sandy beach, a 35' dock & a bluestone terrace!
Rachel Sposato 860-234-1343

Woodstock \$675,000



Spectacular long views & privacy abound w/this fabulous post & beam estate home. Located on over 27 hilltop acres.
John Downs 860-377-0754

Putnam \$2,200/mo. Commercial Lease



2 rentals available-side by side! Combo of 4000 SF or rent individually. Offices, waiting rooms already set up! Lease per unit is \$2200.
Rachel Sposato 860-234-1343

Land for Sale

Putnam Commercial Lot \$125,000
Kennedy Dr. location.
Lease, purchase or build!
Great investment!
Rachel Sposato 860-234-1343

Eastford \$39,900
Pretty country location surrounded by protected land & state forest. Unique 6.04 country acres. Connecting in 3 separate towns.
Mary Collins 860-336-6677





What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



Answers: 1. Paint is white 2. Extra red container on the side 3. Missing star on tube 4. Missing words on paper

THIS DAY IN...



HISTORY

- **1847:** BRIGHAM YOUNG LEADS MORMON PIONEERS INTO SALT LAKE VALLEY, LEADING TO THE ESTABLISHMENT OF SALT LAKE CITY.
- **1866:** TENNESSEE BECOMES THE FIRST CONFEDERATE STATE TO BE READMITTED TO THE UNION.
- **1987:** 91-YEAR-OLD HULDA CROOKS BECOMES THE OLDEST PERSON TO CLIMB MT. FUJI.



THIS IS A MOON, PLANET OR MACHINE THAT ORBITS A PLANET OR STAR.

ANSWER: A SATELLITE

New Word

SPACE

the physical universe beyond the earth's atmosphere

How they SAY that in...

ENGLISH: Star

SPANISH: Estrella

ITALIAN: Stella

FRENCH: Étoile

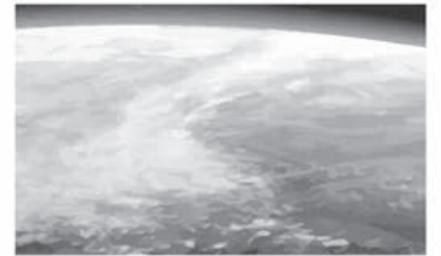
GERMAN: Stern

Did you know?

NOBODY KNOWS JUST HOW MANY STARS ARE IN SPACE.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: EARTH

⊙ * ☽ ☼ ☾ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ ♀ ☾ ☽ ☼ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

CRYPTO FUN

☽ ☾ ☼ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓
Determine the code to reveal the answer!

Solve the code to discover words related to mobile phones.
Each number corresponds to a letter.
(Hint: 3 = e)

A. 4 23 21 6 3

Clue: Calling device

B. 7 21 18 9 17 3

Clue: Move freely

C. 25 3 26 25 9 6 11

Clue: Sending messages

D. 13 1 25 1

Clue: Computer quantities and signals

Answers: A. phone B. mobile C. texting D. data

SUDOKU

4	9		2					
	6	1			8	3		
					3	4		1
				3				6
		9		1		5		
	1	8	9					
	2			4				
7		6			2			
			7	9				

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	3	4	7	8	9	2	6	5
7	8	6	3	5	2	1	4	9
9	2	5	1	4	6	8	7	3
6	1	8	9	2	5	7	3	4
3	4	9	6	1	7	5	8	2
2	5	7	8	3	4	9	1	6
8	7	2	5	6	3	4	9	1
5	6	1	4	9	8	3	2	7
4	9	3	2	7	1	6	5	8

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Town of East Brookfield

The Town of East Brookfield is seeking a qualified individual for a Highway Department Laborer position. Please reach out to the Board of Selectmen for a description of the role and qualifications at address@eastbrookfield.ma.us or write to the Board at 122 Cottage Brook Drive East Brookfield, MA 01515. Inquiries of interest must be received by August 12, 2019 at 7 PM. Town of East Brookfield Board of Selectmen

The Town of East Brookfield is an Equal Opportunity Employer

<p>ARTICLES FOR SALE</p> <p>010 FOR SALE</p> <p>24 FOOT POOL, ABOVE-GROUND, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message</p> <p>ABOVE-GROUND SWIMMING POOL, 24' x 54", filter system, 1 season. \$1,000 or best offer. 508-943-8769</p> <p>ATV TIRES: Four ATV Tires Buzz Saw Brand, 26/10R12. Excellent cond. \$200 for all four. 508-259-8805</p> <p>BED ROOM SET Heywood Wakefield 3 Pieces A tall dresser with 5 drawers Dresser with mirror 7 drawers Night stand cabinet style Dark Wood Asking \$150.00 for All Call 1-508-347-3145</p> <p>BOBCAT-MOBILITY Scooter red 4 months old, only used indoors, less than 10 miles on it. No signs of wear, in like new condition. Bought new for \$675 make reasonable offer. 774-280-0414</p> <p>BOSE STEREO SPEAKERS Reflecting 6.2 Everywhere Speakers 4 Speakers 2 Left and 2 Right Asking \$80.00 Each Call 1-508-347-3145</p> <p>Bunn My Cafe single cup brewer \$75 Oak bookcase 3"x3" 3 shelves \$50 508 320-7230</p> <p>COFFEE & TWO END TABLES: Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560</p> <p>DUCK STAMP RW#1. \$150. got stamps?. Call Ron 413-896-3324 stamps wanted.</p> <p>DUCK STAMP RW#1. \$150. got stamps?. Call Ron 413-896-3324 stamps wanted.</p> <p>ENTERTAINMENT CENTER 3 Pieces Each 6 ft 2 inches Tall 31 Inches Wide Adjustable shelves for TV's ect. Cabinets for storage Asking \$150.00 for All Call 1-508-347-3145</p>	<p>010 FOR SALE</p> <p>EXERCISER BIKE Pro-Form XP Whirlwind 280 Time, Distance, Speed, Calories Perfect Condition Asking \$125.00 Call 1-508-347-3145</p> <p>FOR SALE Brand new 8ft Leers Cap. Fits a 8ft bed for 2016 and under. \$850 call 508-909-6070</p> <p>FOR SALE MAKE A OFFER: kitchen table with four chairs and a side table. Inversion Table and Elliptical and 3 book cases. Call 508885-6570</p> <p>FOR SALE Remote control Airplanes some with motors. Eagle Magna 3 plus Fish locator. Still in box. Panasonic Base with speakers. 774-241-0027</p> <p>FREEZER COMM. FRIGIDAIRE Compact Chest Freezer Heavy Duty 5.0 Cu Ft. 27" Wide 34" High Asking \$125.00 Call 1-508-347-3145</p> <p>FURNITURE FOR SALE dinning room set with HUTCH like new perfect condition. Bar with 3 stools. Must See. Stereo Equipment Love seat and chairs and Misc items. 508-234-7252</p> <p>FURNITURE FOR SALE Ladies bureau w/ extra large mirror, man's bureau, queen size bed, 2 twin beds, 2 Lazy-Boy chairs, excellent condition. Best offer. Can be seen at The Old Cider Mill, Route 9, West Brookfield or call 774-232-9382.</p> <p>GENERAC GP500 Gasoline Generator-Unboxed, never used. Original manual + warranty card. Provides 5500 watt power supply. Asking \$575. 203-209-6418</p> <p>HOME SEWING SUPPLIES including a large assortment of fabrics in both prints and solids to choose from. Also includes choices of a variety of laces, trims, sequins and beads etc. Please call 413-436-5073.</p>	<p>010 FOR SALE</p> <p>LETTER PRESS COMMERCIAL PRINTING EQUIPMENT - all together, poster press 14"x22", job press 10"x15", Seybold paper cutter (extra blade) 25"x36", wooden type cabinet, 12 draws of type, 1 lead cutting-saw, hand tool equipment, 2 steel draw cabinets. (will not sell separately) \$5,000. 508-764-4458</p> <p>MOVING - MUST SELL 3 piece electric reclining living room set, brown. \$300 free-pestal table w/4 chairs 508-612-6485</p> <p>QUEEN SIZE BEDROOM SET dark cherry, includes bed frame, headboard, 2 bureaus, one end table \$500. Also lighter oval table with leaf and 4 cushion chairs, solid wood. \$200. 508-885-2262.</p> <p>REESE 16K SLIDING FIFTH WHEEL HITCH \$375 or BO. ALSO WEIGHT DISTRIBUTION HITCH, for class C receiver on car or truck \$300 or BO. call john 508 244 9699</p> <p>SEASONED HARDWOOD FIREWOOD cut split delivered. \$225 per cord. CALL 508-282-0232</p> <p>SIX Windsor Back Chairs. Light wood. Good condition. \$110.00 508-259-8805</p> <p>SNOW TIRES, PIRELLI 245/45R19/102V M+S, 250 miles, \$1000, 508-564-3556</p> <p>STEREO EQUIPMENT RECEIVER ONKYO AV HT R8230Digital Dolby Wrat Wide Range Amplifier Tech. TEAC W-450R Stereo Double Reverse Cassette Deck Dolby-BC NR HXPRO Auto Reverse SONY Mega Storage 300 CD High Density Linear Converter System Asking \$300.00 for ALL. Call 1-508-347-3145</p> <p>TIRES: Four NEW Goodyear Wranglers LT 265-60R20 BW \$150 Each. 508-259-8805</p>	<p>010 FOR SALE</p> <p>TIRES: Two used Goodyear Wranglers LT 265-60R20 BW. \$150 each. 508-259-8805</p> <p>Transport chair, Excel Deluxe by Medline 19" seat, up to 300 lbs. Used once. 508-637-1304</p> <p>TREES/FIELDSTONE: Trees- Evergreens, Excellent Privacy Border. Hemlocks- Spruces-Pines (3'-4" Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$25/Ton (508) 278-5762 Evening</p> <p>TRUCK CAP: fits newer Dodge Trucks. 6.6 Bed size Removable front window, screens, side windows that open, rugged inside, Lights inside. Excellent cond. RED \$140. 508-259-8805</p> <p>WE'VE MOVED! Light oak dining-room table w/6 chairs & 2 leaves, Oak entertainment Ctr., various size lamps, small electronics & more. No reasonable offer refused. Call 413-896-7047 Sturbridge area.</p>	<p>130 YARD SALES</p> <p>INDOOR MOVING SALE 30 High St Southbridge 2nd floor Back Entrance Sat 27th 8:30-2 houseplants, good-quality curtains, various kitchenware, seasonal decorations, large variety, good condition, good prices.</p> <p>200 GEN. BUSINESS</p> <p>205 BOATS</p> <p>MIRROCRAFT 12 FOOT "V" BOTTOM. MINNKOTA MAXXUM 40 POUND THRUST, VARIABLE DRIVE, VERY LOW HOURS, 3 SEATS WITH PEDESTALS, OARS, ANCHOR, TRAILER, SPARE TIRE. ALL VERY GOOD CONDITION. \$1500.00. CALL 508-987-0386 LEAVE MESSAGE.</p> <p>265 FUEL/WOOD</p> <p>FIREWOOD: Cut, Split & Delivered. Green Wood Lots Wanted. Call Paul (508) 769-2351</p> <p>287 FEED</p> <p>HAY FOR SALE - \$4 a bale of wagon (pick up only), cash 508-826-3312</p> <p>298 WANTED TO BUY</p> <p>LEE'S COINS & JEWELRY \$ BUY & SELL \$ ALL GOLD & SILVER ITEMS Specializing in NUMISMATIC COINS, Bullion Items, gold & silver of any form! Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they're worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coins & Jewelry, 239 West Main Street, East Brookfield (Route 9 - Panda Garden Plaza) (508) 637-1236 or (508)341-6355 (cell)</p>	<p>298 WANTED TO BUY</p> <p>WANTED: 24' Pontoon Boat & trailer (used). Webster area. 617-750-0969</p> <p>WAR RELICS & WAR SOUVENIRS WANTED: WWII & EARLIER CASH WAITING! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc. Over 40 Years Experience. Call David 1-(508)688-0847. Ill Come To YOU!</p> <p>300 HELP WANTED</p> <p>310 GENERAL HELP WANTED</p> <p>CHARLIE'S DINER 17 Main Street, Brimfield NOW HIRING-Cooks & Wait Staff Apply at location</p> <p>FOSTER PARENTS WANTED: Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support. Generous Reimbursement. \$1000 Sign-On Bonus. Call For Details. Devereux Therapeutic Foster Care. (508)829-6769</p> <p>SEEKING AUTO TECHS: High volume, independent shop seeks self-motivated, experienced General Auto Repair Tech and experienced Tire & Lube Techs. Benefits include health, dental, disability, life ins., 401k, FSA, overtime pay and training. Pay commensurate w/ experience and ability. APPLY IN PERSON: C&R TIRE, 649 MAIN STREET (RT. 20) STURBRIDGE, MA</p> <p>SJN FORMS INC Looking for residential concrete foundation workers pay reflects experience full time work call Brian if interested 508-733-1513</p>	<p>325 PROFESSIONAL HELP WANTED</p> <p>BASED IN North Brookfield: Home Every Night. Class A Driver And/Or General Mechanic For 18-Wheel Trailer Trucks ***** Contact H.R. Salem Transport, LLC. (508) 867-3235</p> <p>EXPERIENCED TAX PREPARERS for 2019 tax season. Applicants must have verifiable references. Salary commensurate with experience. CPA or EA NOT required. MAIL resume to Employment, 39 Elm St #212, Southbridge, MA 01550</p> <p>HELP WANTED RECYCLING CENTER S T A F F Part time (19hrs. Per week) Wednesdays and Saturdays. The Recycling Center Staff directs all aspects of daily operations and maintenance of the Town's landfill and recycling facility (transfer station). For an application, visit www.northbrookfield.net/home/pages/job-opportunities, Call 508-867-0201, Or email health@northbrookfield.net</p> <p>THE TOWN OF NORTH BROOKFIELD is seeking an Administrative Assistant to the Board of Selectmen. Please visit www.northbrookfield.net for more information.</p>	<p>500 REAL ESTATE</p> <p>505 APARTMENTS FOR RENT</p> <p>DUDLEY - 2-BEDROOM APT. Hardwoods, country setting, pond view, off-street parking, heat, hot water, rubbish and hook-ups included. Starting at \$995. 1st, last, security. No dogs. 860-935-9105</p> <p>546 CEMETERY LOTS</p> <p>DOUBLE LOT at waldron-cemetery in Dudley. \$700. 508-341-7873</p> <p>WORCESTER COUNTY MEMORIAL PARK, Garden of Valor, Paxton, Mass. 2 lots for sale, \$4000 for both lots. Call Alan at 508-885-4381</p> <p>550 MOBILE HOMES</p> <p>PARK MODEL MOBILE HOME - Highview Campground, West Brookfield. Season begins April 15th and closes Oct. 15th. New windows, furnace, refrigerator, and kitchen floor. Call 508-873-6312.</p> <p>575 VACATION RENTALS</p> <p>CAPE COD DENNISPORT Clean 2 bedroom Cottage Cable TV, Wifi, Close to Beaches, Golf, Bike Trail, Shopping, Restaurants and Amusements Sorry, No Pets Large Private Lot, Great for Children! ***** \$700.00 A Week 508-280-8331 rwo12@aol.com</p> <p>576 VACATION RESOURCES</p> <p>TIMESHARE FOR SALE full-flex week at The Manhattan Club in New York located across from Carnegie Hall. Great buy; illness forces this sale. Asking \$7,000. For details 508-248-5123</p>
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Automotive



<p>700 AUTOMOTIVE</p> <p>715 AUTO SERVICES</p> <p>\$100 CASH FLAT RATE for any Junk Vehicle No title/no keys OK. Free pick up. Call 401-648-9300</p> <p>725 AUTOMOBILES</p> <p>1971 Chevy Impala Convertible 400 2 barrel carb with 89,000 miles, 1 owner, runs smooth, new top in 2012, asking \$8,000 or best offer 508-885-6878</p> <p>1987 BMW 325i Convertible, red with black leather interior, 153,000 miles and in good condition, no rust, newer top, needs a tune-up. \$4100 or BO, Adam 508-735-4413</p> <p>2006 MUSTANG GT-50k, 5sp fully modified. Call or email for details and photos. 508-476-2293. savianojhnt@yahoo.com</p>	<p>725 AUTOMOBILES</p> <p>2001 CAD EL DORADO TC 72,000 miles. Must see! \$11,000 7 Hartley Street, Webster, Mass.</p> <p>2016 CHEVY CRUZE LT. 79,000 miles. 1.4 liter engine, blue, remote start, Weather tech mats. \$9000. Call 508-234-6944.</p> <p>F250 work truck, 2012, RWD, 71K, equipped with aluminum flatbed with fold-down sides. Recent brakes, battery, ac compressor, tires, 10 ply. Ready to work. 10,000 GVW. \$17,000 508-943-1941 or 508-320-2765</p>	<p>725 AUTOMOBILES</p> <p>VEHICALS FOR SALE 1999 F150 118k miles. 4x4 single cab stepside capt. chairs Loaded Red with Cap \$4,000. 2002 Chevy Silverado 2500 HD black long bed loaded with plow. Low millige. 67 thousand. \$7500. Would consider partial trade. Call Mike 508-752-7474.</p> <p>740 MOTORCYCLES</p> <p>2005 YAMAHA V-STAR 1100 CLASSIC, PEARL-WHITE Has all options- hardbags, windshield, custom seats/exhaust, backrest, floor-boards. 20,000 well-maintained miles. Great looking & performing bike. \$3500 OBO 774-289-4550</p> <p>2014 Victory Vision Tour Loaded with options Only 2,000 miles, not even broken in Paid \$20,000. Asking \$13,500. Call 774-200-6387 email moehagerty@msn.com</p>	<p>740 MOTORCYCLES</p> <p>2014 HARLEY DAVIDSON (low rider). Accessories added: windshield, crash bar, saddle bags. 5000 babied miles and care. Silver metallic. Recorded 100% mechanically sound by Sheldon's of Auburn. Bike is truly new condition. Call 508-414-9134 for showing. Firm \$14,000 as bike is MINT!</p> <p>BMW MOTORCYCLE, rare K75 (4-stroke in-line 3 cyl motor), 1995. Mileage 10,800 (tires have about 1K wear) color: silver (#705). Asking \$5,200. Accessories: 3rd generation saddlebags with keys and insert bags, tail rack, Monoshock upgraded to YSS dialed to 250 lbs. Adjustable- all documents. Original toolset and bike manual. OEM windshield, Corbin low seat, Trickle charger, heated handgrips. This bike was stored in a garage for many years and is in like-new condition. Cruises between 60-80 with no effort and accelerates 0 to 60 in 4.5 seconds. A true 3-season mler! 508-943-1790 or ndc0001@charter.net</p>	<p>740 MOTORCYCLES</p> <p>2012 Cougar 324RLB 5th Wheel Camper. 1 & 1/2 bath, kids room w/sleeping loft. Pictures available. Excellent condition. \$19,750. 413-245-4403 Please leave a message. Located in Brimfield Mass.</p> <p>5TH-WHEEL HITCH, 1 yr old, for Chevy or GMC, \$700. Chevy 5th-Wheel tailgate, good condition \$200, 5 trailer tires 235/80/16R on mag wheels, like new 2000 Marc 508-847-7542</p> <p>760 VANS/TRUCKS</p> <p>2000 GMC 2500 SIERRA 4-door cab & 1/2, 4-wheel drive, no rot, with plow + truck mount slide-in Fleetwood Alcorn camper (2001) w/bath, fridge, a/c, kitchenette. \$5100 508-341-6347</p>	<p>750 CAMPERS/ TRAILERS</p> <p>2006 Ford E150 Van, good condition. 65,952 miles, \$3,300 Call 508-765-4738 x 322</p>	<p>760 VANS/TRUCKS</p> <p>2006 Ford E150 Van, good condition. 65,952 miles, \$3,300 Call 508-765-4738 x 322</p>	<p style="text-align: center;"><i>Need to Place a Classified Ad? Call 800-536-5836</i></p>
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Automotive



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<p>2017 Chevrolet Colorado</p>  <p>\$434 per month 19227 3.6 Liter, 6 Cylinder, 6 speed automatic 4 wheel drive 10,003 MILES \$26,990</p>	<p>2015 Jeep Grand Cherokee</p>  <p>\$386 per month 19080 Limited, leather, roof, navigation 28,000 MILES \$23,990</p>	<p>2016 Kia Sportage</p>  <p>\$273 per month 19125 2.4 Liter 4 cylinder, 6 speed automatic, All Wheel Drive 26,748 MILES \$16,990</p>	<p>2016 Buick Regal</p>  <p>\$225 per month 19116 2 liter, 4 cylinder 6 speed automatic Front wheel drive 30,967 MILES \$13,990</p>
<p>2016 Ram 1500 ST</p>  <p>\$399 per month 19221 Crew cab, 4x4 20,000 MILES \$24,990</p>	<p>2008 GMC Sierra</p>  <p>\$199 per month 19187 4.3 Liter 6 cylinder, 4 speed automatic, rear wheel drive 80,911 MILES \$9,925</p>	<p>2016 Jeep Wrangler Unlimited</p>  <p>\$443 per month 19151 3.6 Liter 6 cylinder, Automatic, 4 WD, Hardtop, Side steps, New Tires 33,909 MILES \$27,530</p>	<p>2008 Ford F350</p>  <p>\$273 per month 19163 5.4 Liter, 8 cylinder, Automatic, 4 wheel drive Mechanical Special Wholesale to the Public 48,896 MILES \$13,500</p>

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PETS

Things to look for in a boarding facility



Pet ownership involves making careful decisions with the well-being of pets in mind. When pet owners need to go out of town, bringing the pet along can be a smart move. But in other instances, it may be preferable to leave pets behind. In such instances, it becomes essential to find a place that can accommodate the animal in a safe and humane fashion.

Pet owners who do not have the luxury of asking family or friends to watch their animals can enlist the services of a boarding kennel. Touring some facilities and asking the right questions can help people find the best options.

Care.com, the company that provides companionship and care for seniors, children and pets, advises first speaking with your veterinarian about the best kennels nearby. Some vet offices also have boarding facilities on premises. This can be a great option, as the vet and staff will already be

familiar with your animal and be able to provide medical care if an emergency arises. Also, vet boarders are great for pets with special needs or those that are on medication.

Pet parents can ask for recommendations from friends or neighbors as well. Before visiting a kennel, recognize that signs of a poorly run facility include dirty pens, housing areas in disrepair, smelly premises, and dogs or cats that seem anxious.

When going with a third-party boarder, look for one that is licensed, insured and bonded. Different areas require various regulations regarding boarding certifications, so do your homework. If the pet should be injured or injures another dog or person during its stay, or damages property while at a bonded and insured boarding facility, the pet owner will be covered for costs.

Look at various facilities

and what they offer before making a final decision. Many boarding facilities now offer luxury spaces, complete with couches and televisions. The staff may pamper the pet, and packages also may include grooming or pet playdates. Visiting the facility in advance also affords owners the chance to see if it looks and smells clean and has proper ventilation. Pet owners also will want to ensure that all pets that are boarding there are required to be current on vaccinations and healthy.

The pet adoption company Petfinder suggests gradually introducing a pet to boarding. Try a short overnight or weekend trip before booking a week-long excursion. When dropping off dogs or cats for boarding, avoid long and emotional good-byes, which may upset the pet. With practice, the parting period will be easier for all involved.

Parrot fever and the threat it poses to humans

The bond pet owners have with their pets is strong. Pets bring a lot into a home. The opportunity to care for a pet can provide fulfillment and joy, and the unconditional love pets give to their owners can improve their owners' moods.

Like their owners, pets are not immune to illness, and some of these illnesses can even be passed from pet to owner. Pet owners may assume diseases can only be transmitted via pets with whom they have routine direct physical contact, such as cats and dogs. But other pets, including parrots, can transmit disease.

Parrot fever, sometimes referred to as "psittacosis" or "chlamydia-philippa psittaci," is a bacterial disease that can be passed from certain birds, like parrots and parakeets, to humans.

The bacteria behind parrot fever commonly infects birds. While it's unlikely that this bacteria will infect bird owners, it's possible. According to the Centers for Disease Control and Prevention, people can become infected with parrot fever as a result of breathing in secretions of psittacine birds, such as parrots and parakeets. Birds may or may not exhibit signs that they've been infected with the bacteria, so bird owners may be vulnerable to the disease without even knowing their birds are sick.

Birds shed the bacteria behind parrot fever in their droppings and respiratory secretions. When these secretions dry, small dust particles, including the bacteria, can get into the air. When humans breathe in these dust particles, they may



then become infected with parrot fever. It's possible that birds can spread the infection through biting or beak-to-mouth contact, but the CDC notes that such instances are rare. And while it's possible for the bacteria to be spread from one human to another, that, too, is unlikely.

Signs and symptoms

Parrot fever typically causes only mild illness. The potential indicators of parrot fever are different for birds than they are for humans. The CDC notes that signs of parrot fever in birds are non-specific, and birds infected with the bacteria may exhibit no symptoms at all. If they do exhibit symptoms, they may include poor appetite, inflamed eyes, difficulty breathing, and/or diarrhea.

Humans exposed to the bacteria behind parrot fever may begin developing symptoms within five to 14 days after exposure. The most common symptoms are fever and chills, headache, muscle aches, and dry cough. These symptoms also can be a result of other illnesses unrelated to birds, so bird owners should consult their physicians if any appear and inform their doctors that they have a bird at home. This may lead doctors to conduct tests designed to detect parrot fever.

Antibiotics are an effective and common treatment for birds and bird owners affected by parrot fever. And while infection is often mild and harmless, bird owners should keep an eye out for symptoms to ensure the health of their birds and themselves.



Surprising facts about fleas and ticks

Fleas and ticks rely on blood for food. They are the vampires of the pet realm, silently stalking companion animals wherever they go. Once fleas and ticks find a victim, they are bound to stay around for a while, enjoying the free meal.

Fleas, in particular, can grow quite fond of a cat or dog — reproducing and quickly building an infestation. Few people are enamored with fleas and ticks, but learning a little more about them can help pet owners understand their behaviors and how to best keep their pets safe.

FLEAS

Fleas have four life stages: egg, larva, pupa, and biting adult. Most people are familiar with the adult stage because those are the most noticeable and painful. Fleas can feed on just about any blood host.

Scientists know of more than 2,000 species and subspecies of fleas. However, in North America, the cat flea (*Ctenocephalides felis*) is responsible for the majority of cat and dog infestations.

Female fleas are typically larger than the males and are responsible for proliferating the flea brood. Females can consume up to 15 times their body weight in blood every day. This helps to fuel egg-laying, which can take place within 36 to 48 hours of the female's first meal. In her lifetime, a female flea can lay roughly 2,000 eggs.

Fleas are wingless parasites that get around by jumping from host to host. If they don't have to expend too much energy (i.e. get comfortable on a host), they can go anywhere from between two months and 100 days without a

Sniff out the truth about pesky fleas and ticks.

meal. Fleas can jump up to eight inches high, enabling them to grab onto a passing meal source.

A typical flea can live for a few months, and fleas can carry a number of different diseases. From plague to cat scratch fever to tapeworms, fleas can make pets ill and also affect people who interact with them.

TICKS

Ticks are not insects; they are arachnids. That means they are more closely related to spiders and scorpions. The stages of the tick include the egg, larva, nymph, and adult. Depending on the species, nymph ticks can be quite small to the naked eye. Ticks' small stature can make them difficult to detect until they have become engorged with blood.

The University of Rhode Island's Center for Vector-Borne Disease and its TickEncounter Resource Center says that spring is a prime time for the birth of new ticks. During this time of year, ticks are on the hunt for their next meals.

Ticks can be carriers of a number of diseases, but it's important to note that a tick has to be attached for longer than 24 hours to transmit diseases to a host. That means checking animals (and yourself) for ticks frequently can help avoid the spread of illness. Ticks don't jump or fall from trees. The parasites crawl upward, so start looking from the feet, moving up. In addition, check a dog's face, where a tick may latch on while the dog is sniffing in the grass.

Ticks and fleas are pesky critters that can carry disease. Consult with your veterinarian if you suspect your dog has a tick or flea problem to get the situation under control. Preventative collars and medications can help repel fleas and ticks as well.

PETS

How you can benefit from having a pet



Pets have been kept for centuries. Statistics from various sources indicate North Americans own millions of dogs, cats, birds, small mammals, and reptiles.

Pets' affable nature and loving looks are enough for many people to welcome them into their homes, but the benefits of having a pet extends beyond their appearances and temperaments.

- Pets can help prevent loneliness. Loneliness affects people of all ages, but it is particularly problematic among seniors. Older adults who may be isolated can benefit from having a pet around. According to a study published in *Aging & Mental Health*, older adults who owned pets were 36 percent less likely to say they were lonely compared to those who didn't have an animal companion.

- Pets can save lives. Pets can be trained to perform various tasks around the house and in the community. Rescue animals assist in finding people after natural disasters. Medical alert pets can help people

with debilitating illnesses and assist physically impaired people with everyday tasks.

- Pets help lower allergy risks. Keeping pets around can reduce a child's likelihood of developing allergies by as much as 33 percent, according to a study by pediatrician James E. Gern that was published in the *Journal of Allergy and Clinical Immunology*. People exposed early on to animals tend to develop stronger immune systems overall.

- Pets provide socialization opportunities. A pet can be the common denominator to strike up new friendships and connect with others. Whether walking around the neighborhood or being part of a pet obedience class or interest group, pets can help their owners expand their social circles.

- Pets can help combat stress. Talking to or stroking a pet can make stress easier to handle. A study from researchers at the State University of New York at Buffalo found that, when con-

ducting a stressful task, people experienced less stress when their pets were with them. Various other studies and data from the Centers for Disease Control and Prevention have found having a pet around can lower blood pressure, ease anxiety and may even help to lessen aches and pains. Pets provide unconditional love, which can be beneficial to someone facing depression or post-traumatic stress disorder.

- Pets help teach responsibility. Taking care of a pet can help children and adults become more responsible. According to the American Pet Product Association's 2011-2012 National Pet Owners Survey, 58 percent of pet owners say their pets help teach their kids to be responsible through routine care, exercise and feeding of the animal.

Pets are more than mere companions. In fact, pets can offer numerous health and well-being benefits to people of all ages.

Get the scoop on pet food safety

Today's consumers are more conscious than ever before regarding the foods and other substances they put in their bodies. It would stand to reason that those same concerned individuals also would extend that caution to the meals they feed their pets, as the basic principles of food safety also apply to pet foods and treats.

The Centers for Disease Control and Prevention says it is key to pick the right foods for pets, and to consider some important information before purchasing anything. The CDC does not recommend feeding raw foods to pets. Salmonella and listeria have been found in raw pet foods, as well as packaged ones sold in stores.

In the United States, the Association of American Feed Control Officials regulates the production, transportation and ingredient suppliers of manufactured pet foods. With the U.S. Food and Drug Administration, these agencies help regulate animal feeds and impart new standards, process controls and other features. Pet owners concerned about their pets' foods should look for approval from AAFCO as well as the FDA before feeding.

Many pet owners prefer to seek locally sourced ingredients in the foods they select. This means protein and carbohydrate sources produced right in North America. Check



package labeling to see where ingredients are procured if this is a concern.

The same safe food handling procedures people observe when handling their own foods should be followed when they prepare meals for their pets.

Before or after handling pet foods and treats, wash hands to prevent the spread of foodborne illnesses, states FoodSafety.gov. When possible, store pet food separate from human food, preparing the foods in separate spaces as well. Use a

clean, dedicated scoop or cup to create a pet food serving. Follow manufacturer's guidelines for food storage. An airtight container is advisable to keep the food fresh and free from possible contaminants.

Pet owners also should rou-

tinely check for pet food recalls to ensure the brand they're using is safe. Every effort pet owners make to keep their pets' foods safe and contaminant-free keeps pets healthy and happy.

Why it pays to use crates when training puppies

Puppies make great additions to a household. Parents often find that dogs can teach youngsters lessons about compassion and responsibility, while moms and dads enjoy the companionship and unconditional love their dogs provide.

As first-time dog owners learn shortly after bringing their puppies home, pets require a lot of work. That's especially true of puppies, which must be housebroken so they can learn to live within the structure of a family. Crate training, which is supported by the American Kennel Club, is a great way to teach puppies proper behaviors and to get them to adjust to their new lives.

Many dog owners, particularly those who have never before had a dog, may hesitate to employ crates to train their puppies. That's understandable, as on the surface it can seem cruel or inhumane to confine a living animal to a cage. However, the AKC notes that dogs are den animals that naturally seek out canine caves for security. That's true whether dog owners provide crates for

their puppies or not. So while humans may see crates as cruel, dogs very likely view their crates as secure places where they can go if they get scared or feel skittish. In fact, according to the AKC, dogs' perception of crates is one reason why dog owners typically find it relatively easy to get their dogs to adjust to crates and ultimately enjoy them.

The AKC urges dog owners who plan to crate train their puppies to find appropriately-sized crates before they begin training. Crates should be just large enough for dogs to lie down, stand up and turn around. Dogs won't embrace crates that are too small, and crates that are too big will give dogs the impression that they can use one corner to defecate and use the rest for sleep or play. That's the wrong message to send, as dogs should never be encouraged to relieve themselves in their crates.

Crate training can be invaluable when welcoming puppies into a home. Learn more at www.akc.org.



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