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Vol. VI, No. 4

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Friday, November 18, 2016



THE MINOR DETAILS ADAM MINOR

The little black box

Let me tell you a story about my friend, Howard...

There's a little black box that sits on a countertop in my kitchen. One would normally pass by it without a second thought.

It looks simple enough. Shiny, smooth and midnight black, it holds pencils, pens, Sharpies, dry erase markers for our calendar whiteboard, a lighter for candles, and even a screwdriver. Just looking at it, you would never think it was anything else but a normal, black box that came right from the Walmart or Target aisle.

But there's a lot more meaning behind that little black box than meets the eye. It's one of my most treasured possessions, and it all started in the fall of 2014.

It was a day like every other day. I was driving about town in my pickup truck (nicknamed "Blackie"). For regular readers of my column, you all know that my truck is very special to me, as it was purchased with money left over in my brother's bank account when he died more than 10 years ago. It's a truck that he himself wanted (that's why I bought it). It's a truck that my father also owns a version of, and it even contains components of the car my brother was in when he died in that fateful car accident in 2006. A piece of him lives on in that truck, and I treat it as such. No burnouts, no senseless speeding, no showing off. Just tender, loving care.

So one can imagine the emotions running through my mind in September 2014 as I stared blankly across the street after having just gotten into a car accident after someone pulled out right in front of me. I had no time to react. My foot had barely reached the break when I slammed into the other person's driver-side door.

My first thought was that I had just killed a person. I couldn't understand the gravity of what I was facing. I was panicking, praying out loud to God that the other person was OK. Even if I was injured, I wouldn't have been able to tell, as I was going on pure adrenaline at that point. The airbag in the other car had deployed, and they coasted to a stop about 50 feet away. Police and ambulances were called. Witnesses flooded to the scene. Everyone was OK. The other person's car was totaled, and I thought Blackie was done for, as well. The impact had made it so that I couldn't even open my driver's side door. My hood was crumpled, and front end looked destroyed. I was fighting back tears as the tow truck was called because the last tangible remnant of my brother's memory was about to be thrown into a compactor.

I started calling people to let them know what was going on. My hand holding the cell phone was shaking as I called my wife, then my mother and then my friend, who owned the place my truck was about to be towed to.

"The front end is real bad," I told him, my voice breaking. "I can't lose this truck."

"We'll do what we can," I remember him saying. He

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Moore handily defeats Beshir to win re-election

SENATOR: 'MUCH MORE WORK LIES AHEAD'



Michael Moore

BY KEVIN FLANDERS NEWS STAFF WRITER

After cruising to victory in his latest re-election bid, Sen. Michael Moore is eager to continue working hard for the 2nd Worcester Senate District (which includes

Auburn, Grafton, Leicester, Millbury, Northbridge, Shrewsbury and Upton).

Moore (D-Millbury) defeated Republican challenger Mesfin Beshir, of Worcester, 54,622 to 19,155. There was lit-

tle time to celebrate for Moore, who was quickly back to work addressing the issues facing voters.

"As a state senator, I have the opportunity to help members of the community. It's a responsibility I don't take

lightly," Moore said. "I appreciate the confidence that voters have placed in re-electing me to another term in the State Senate. While we have made significant progress since the Great Recession, much more work lies

ahead." Moore highlighted several issues during his campaign that he will be focusing on in 2017. Finding innovative and collaborative ways to combat the

Turn To MOORE, page A18

Kuros, Muradian look ahead to next term

BY RAYANNE COOMBS NEWS CORRESPONDENT

Voters in the Blackstone Valley were faced with many difficult choices in this year's historic election, including their top candidate after a contentious presidential battle, and ballot questions ranging from legalizing marijuana, to expanding charter schools.

Two races, however, had only one box to check, State Rep. David Muradian in the 9th Worcester District, and State Rep. Kevin Kuros in the 8th Worcester District. Both of the Republican incumbents ran unopposed, and will continue to serve their constituencies.

Muradian, previously sworn in to the Legislature in January 2015, represents

the towns of Northbridge, Grafton, and Upton. "Knowing that I am the voice of my district is something that is truly humbling, and a role that I certainly do not take lightly," Muradian said. "I approach this role with the character and morality it deserves, and will always continue to keep my district's best interests in mind."

Before being elected to the House of Representatives, Muradian served as a legislative aide to his predecessor, George Peterson, whom he says is his greatest role model.

"Representative Peterson admirably served the 9th Worcester District for

Turn To TERM, page A18



Courtesy photo

Dennis Rice, the executive director of Alternatives.

Living, working and learning together

RICE CELEBRATES FOUR DECADES AT ALTERNATIVES

BY RAYANNE COOMBS NEWS CORRESPONDENT

WHITINSVILLE — Forty years ago, Dennis Rice began a crusade to provide critical skills and support to individuals with developmental and psychiatric disabilities.

Fresh out of Alma College as a theatre major, Rice, a conscientious objector during the Vietnam War, was asked to serve in the psych unit at Cambridge City Hospital. One of the striking things that he noticed during this time was that people would come in quite disoriented and unwell, and after a few short weeks of treatment would be discharged, only to return back again.

"Early on in my career, I really saw the need for services to support these individuals in their own community so that they didn't have to return back to the hospital," Rice said.

Shortly after Rice's time in Cambridge, the Commonwealth of Massachusetts was sued

Turn To RICE, page A18



Rayanne Coombs photo

UXBRIDGE — In one of the most contentious presidential campaign races in recent history, voters in Northbridge, Uxbridge and Douglas turned out in record numbers to cast their ballots and have their voices heard on Tuesday, Nov. 8. Pictured, Kye Yacino, a stay-at-home dad in the Town of Uxbridge, prepared to stay outside until the polls closed by bringing a generator with him to light up his Trump sign after the sun went down. For more photos, turn to page A17!

Frost defeats Dotson in rematch

GOP REP SET FOR 11TH TERM

BY JASON BLEAU NEWS STAFF WRITER

Republican Paul Frost will continue his service to the Commonwealth and the 7th Worcester District after claiming his 11th term as the district's state representative on Election Day, Tuesday, Nov. 8, defeating Democratic challenger Terry Burke Dotson for the second con-

secutive time at the polls.

Representing Millbury, Auburn, Charlton and Oxford, the race for the district seat featured a heated rematch between the two candidates, who faced each other in 2014 as well, and saw two very different ideologies come to light, as Frost put the focus on his experience and long-standing dedication to the district, while Dotson challenged Frost's true

dedication to the needs of the people and focused on the impact of national finances on the local level through issues like the Glass-Steagall Act. While Dotson criticized Frost for what she saw as a lack of availability and professionalism from her dealing with Frost directly on a personal level, Frost fired back, stating

Turn To FROST, page A18



Paul Frost

State lawmakers respond to passage of Question 4

BY JASON BLEAU NEWS STAFF WRITER

The people of Massachusetts have spoken, and as of Dec. 15, recreational marijuana will officially be legalized in the Commonwealth.

Massachusetts voters turned out in droves for the 2016 election, where four state-wide questions complimented the state and national elections, with Question 4 seeking to legalize marijuana for recreational use in the Commonwealth. In a vote of around 53 percent to

46 percent statewide, the question passed, marking a landmark decision for the state, and setting the controversial substance to be legalized on Dec. 15.

Leading up to Election Day, the public opinion of approving the question was clearly mixed. Those opposed to the legislation argued that marijuana would be a gateway drug, and voiced concerns about the many questions remaining about regulating the substance, while those in favor leaned on lasting arguments that the drug

is seemingly non-addictive, and has proven medicinal advantages. In Southern Worcester County, it seems the majority related to the latter opinion, and local towns all voted in favor of the legislation, albeit by relatively close numbers to other areas of the state.

The following is the results from the question in the Stonebridge Press coverage area:

- Charlton: 3,760 Yes (52 percent), 3,466 No (48 percent)
- Sturbridge: 2,797 Yes (51.9

- percent), 2,592 No (48.1 percent)
- Brimfield: 1,113 Yes (52.8 percent), 993 No (47.2 percent)
- Holland: 809 Yes (60.3 percent), 532 No (39.7 percent)
- Wales: 610 Yes (61.1 percent), 388 No (38.9 percent)
- Southbridge: 3,798 Yes (55.8 percent), 3,010 No (44.2 percent)
- Webster: 4,000 Yes (55.2 percent), 3,247 No (44.8 percent)
- Dudley: 2,800 Yes (51.7 percent), 2,614 No (48.3 percent)
- Oxford: 3,797 Yes (54.8 percent), 3,136 No (45.2 percent)

Turn To QUESTION, page A16



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NEWS BRIEF

Christmas concert tour coming to Whitinsville church

WHITINSVILLE — Ignite Outreach is proud to partner with Pleasant Street Church in Whitinsville to present the John Waller Christmas Tour with Special Guest Vanessa Honea.

The Christmas Tour includes more than 15 stops along the East Coast

and is honored to begin the tour in Massachusetts at the Pleasant Street Church on Nov. 28, at 7 p.m.

The concert will feature the popular Christian singer-songwriter's top songs, including the #1 Song “While I'm Waiting,” which was featured in the movie, “Fireproof,” starring Kirk Cameron. In addition to Waller's award-winning songs, he will also perform many Christmas favorites. All nine of his children will be included in the Christmas concert.

Waller was the lead singer for the late 1990s, critically acclaimed band “According to John.” Though it disbanded in 2001, he continued to write songs and in 2007 signed with Beach Street Records/Provident Music Group and released his debut

CONCERT page A3



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🌿 🌿 🌿 **Friday's Child** 🌿 🌿 🌿



Julyzia, or “Juju” as she likes to be called, is a caring and affectionate 8-year-old girl of African American/ Caucasian descent, Julyzia absolutely loves being a helper of any kind. People who know her well describe her as funny, smart and creative. For fun, she loves to play outside, ride her bicycle and do arts and crafts. She'll even make cards for others as a surprise! Julyzia is happiest when she is playing “Just Dance” and “Mario Cart.” Julyzia currently lives in a residential home and can struggle with the day-to-day routine, especially at night and during transitions. In school, she is making good progress with special education services.

Julyzia's social worker hopes to find a supportive two-parent family with a mom and dad or two moms with either no children or older children. Julyzia will need continued contact with members of her birth family including her birth parents. She is close to a 9-year-old sister who is also in foster care, and they could either be placed in separate homes or possibly together in a skilled, experienced family. She also has two other half siblings placed in a pre-adoptive home.

What does Adoption Cost?

It costs little or nothing to adopt a child from foster care. Unlike international or private adoptions, there is no adoption agency fee. There are also a number of free post-adoption support services available to families statewide, including support groups and respite care. Children with special needs who are adopted from the foster care system are eligible for ongoing financial and medical assistance after adoption. These children are also eligible for a tuition waiver to attend a Massachusetts state college or university.

To learn more about Julyzia, and about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org.

The sooner you call, the sooner a waiting child will have “a permanent place to call HOME.”

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Durant, Fattman, McKenna re-elected in unopposed campaigns

BY JASON BLEAU
NEWS STAFF WRITER

While the 2016 presidential election brought quite a bit of drama to the national stage, locally, voters in Southern Worcester County had a little less drama to deal with when deciding some of the state leaders that will represent local districts in the State Senate and State House.

Despite the most recent state election coinciding with a presidential election, a circumstance that usually leads to much higher voter turnouts than normal, and thus more contested races, many of the local elections turned out to be very cut and dry. Three of the four local state races were uncontested, with Republican lawmakers such as Worcester-Norfolk District State Sen. Ryan Fattman, 18th Worcester District State Rep. Joe McKenna, and 6th Worcester District State Rep. Peter Durant all securing re-election without competition from the Democratic Party.

All three lawmakers expressed optimism in the future for the Commonwealth as they looked toward the next two years, and all three said they took their re-elections as a sign of trust from those they represent.

PETER DURANT

For the first time since taking office in a May 2011 special election, Republican Peter Durant was unopposed for the 6th Worcester District, claiming his fourth term for the seat representing Charlton, Dudley, Southbridge and Spencer. After being contested for the seat for every election prior to 2016, Durant said it was a very unique experience to know he would likely be remaining in the State House even before Election Day.

"You like to think that hopefully running unopposed is because the people in the district saw that I was doing a decent job, and so it feels really good to not have had an opponent. It also gave me the ability to help out other candidates and allowed me to be able to do other things on an election level," said Durant. "It's much less stressful when you don't have opponent, for sure."

Durant said he hopes to continue working with the Town of Charlton as they finalize a water line project for local residents off of Route 20, and the landfill issues in that town, as well as special projects in Dudley and Southbridge. With a new year on the horizon, Durant hopes to work even harder to service the 6th Worcester District and its residents.

"I think going into the New Year, I'll be working on some new legislation and review some things that didn't go through, some that are specialized, and some that are brand new," Durant said. "I'll be working with my staff and setting priorities to see what we want to work on over the next two years."

RYAN FATTMAN

Fattman ran unopposed for a seat he claimed in an upset victory over Richard Moore in 2014, after initially serving as the 18th Worcester District state representative. Fattman said that he felt honored to be re-elected for another two years, and said he looks forward to getting back to work.

"I'm humbled by it and I'm really excited for the next two years," Fattman said. "I've said in the past that I got really frustrated as a member of the House and sometimes felt like my voice was ignored, and in the Senate, I feel that not only have I been heard, but I've been successful in representing the people who voted for me and trust me to represent them. I've worked to bring money and projects and laws to fruition and that, for me, has been awesome so I'm really excited about the next two years."

Fattman said his focus will turn to helping local law enforcement officials get their say in Boston, and he will continue the course towards making Massachusetts a more financially sound state.

"I do want to make sure we honor our police officers. Right now it's not a felony when they're assaulted. It should be. To me that's just common sense and it's one of the things I plan to work really hard on," said Fattman. "I want to keep taxes down and keep working on reforming state government to make it work for the people."

JOE MCKENNA

Fattman's successor for the 18th Worcester District state representative seat in 2014, Joe McKenna, also maintained his seat unopposed, saying he was excited to continue working for his local communities and continue building on the progress he has made as a lawmaker in his first two years in the State House.

"I'm excited. Running unopposed to me is gratification for me in that people have noticed the amount of work and energy that I've put into the district over the past two years. It tells me they think I've done a good job and that they are confident in me so that's encouraging," McKenna said. "You're first few years you kind of get your feet under you. I've been able to build some relationships in Boston and really understand the intricacies of how things work. I felt like I had a pretty good grasp of that coming in, but getting my first term under my belt really allowed me to start to be more effective than I was already and I was confident in what I was already accomplishing in my first term."

McKenna said he has some big plans for the next two years as he will be working hard to push forward new leg-

islation and pursue continuing projects that will benefit both the state and the towns in his district.

"I'm looking forward to looking at a number of pieces of legislation that were brought to my attention from people throughout the district and to have the ability to move those forward," McKenna said. "I'll be pushing real hard to work with Congressman [Jim] McGovern to try and get some funding for the water filtration plant in Webster. That has risen to be a top priority for me. I'm still pushing very hard for the Yellow Dot Bill, which is a piece of legislation that will provide lifesaving information for drivers so that if they are in an accident then first responders will have access to information that could save their lives and give them the information they need. I'll also be working on a corrective piece of legislation for the PAWS Act which was filed in 2012, before my time, and is an animal rights bill that, on the whole, is a very good bill but has some flaws that put people in a tough position that just need to be corrected."

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

BLACKSTONE VALLEY TRIBUNE
ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

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CONCERT

continued from page A2

album "The Blessing." His fourth and latest album is "Crazy Faith," which was featured in the movie "War Room."

Vanessa Honea will be opening the concert, performing songs from her new Christmas EP. Vanessa has recently appeared on stage in New England with Seth & Nirva and OBB. Mark Hall, from Casting Crowns, is mentoring her. Mark is incredibly excited to see Vanessa take part in this tour, and believes it will be a great show for fans to connect with her insightful songwriting and amazing performance.

The concert on Nov. 28 will begin at 7 p.m., with doors opening at 6:30 p.m. The public is invited. There is no cost to attend and no tickets required. There will be a love offering taken during the concert to help bless John and his family for their ministry in New England. For more information, please contact the office at Pleasant Street Church, Howard@psrc.org or 508-234-5268. The church is at 25 Cross Street in Whitinsville.

PUBLIC MEETINGS

Editor's Note: Meetings as listed are retrieved in advance from multiple sources, including Town Hall and on the Internet. The Blackstone Valley Tribune is not responsible for changes and cancellations.

UXBRIDGE

Monday, Nov. 21

Board of Selectmen Public Hearing, 6 p.m., BOS Meeting Room
Conservation Public Hearing, 6:30 p.m., BOS Meeting Room

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2016 SCHEDULE OF EVENTS

Thursday, December 1st
Opening Day Premiere Tree Viewing
12:00 PM to 4:00 PM
Admission is \$3/person or \$5 and stay for Choral Premiere. Be among the first to see the spectacular array of uniquely decorated trees.
Choral Premiere Special Event
7:00 PM to 9:00 PM
Admission \$5 at the door or online @ www.sparklingtrees.com
Performance features a Mass Choir from area churches and schools singing Christmas music in a variety of styles. Performed at Notre Dame Church. Immediately followed by tree viewing and refreshments at the LaSalle Reception Center.
Sponsored by Big Bunny Market

Friday, December 2nd
Tree Viewing & Senior Citizens' Day * 10:00 AM to 5:00 PM
FREE ADMISSION FOR SENIORS - Ages 62 & over.
Free Raffles for Seniors and lunch served by Annie's Country Kitchen at a special price of \$5.00 from 11:00 AM to 2:00 PM.
Lunch available to all at regular prices.
Live entertainment throughout the day.
Sponsored by Savers Bank

FRIDAY NIGHT LIGHTS * 6:30 PM to 11:00 PM
Admission is \$15/person
Featuring entertainment by Noah Lis, former "The Voice" contestant. Live Auction as well as our silent auction and lots of raffles. Win a weekend getaway for 2, take chances on the 50/50 Raffles, \$1000 Lottery Ticket Raffle, many Special Raffles and the Harrington Hospital "Gift of Life" Raffle. Food Stations and Cash Bar.
Tickets available online for event and raffles.
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NEW Friday Night Lights Door Prize Giveaway
Drawing Friday, December 2nd at 10:00 pm*
A weekend getaway for 2 to Mohegan Sun Casino. Prize package includes concert tickets to see Tim McGraw and Faith Hill at the Mohegan Sun Arena with amazing seats. Dinner reservations at Tuscany Restaurant, breakfast voucher and hotel accommodations for the evening as well as \$100 casino cash.
Sponsored by Radiation Therapy Services at Central Massachusetts Cancer Center
*Must be present to win.

Saturday, December 3rd
Children's Day * 9:00 AM to 5:00 PM
Admission is \$3/person
Food available for purchase 11:00 AM- 2:00 PM
Hosted by St. John Paul II Parish Youth Group
10:00 AM - 2:00 PM - Visit with Santa Claus in the Tuscany Room
10:00 AM - Kevin Driscoll and Doug the talking Dog
11:00 AM - "Holly" the Elf 12:30 - Lee Irish Dance
1:15 - Elm St. Congregational Church Bell Ringers
Entertainment sponsored by Southbridge Cultural Council, Southbridge Savings Bank and D&D Welding
3:00 PM - Festivals' Got Talent Contest
Enjoy local talent as they compete for cash prizes.
Sponsored by Hyde Tool

Sunday, December 4th
Final Day * 9:00 AM to 3:00 PM
Admission is \$3/person
Pancake/Sausage Breakfast available for purchase from 9:00 to 11:00 AM
Hosted by Boy Scout Troop 160.
The fun continues with entertainment throughout the day.
Special guest Noah Lis, joins us again.
Silent auction continues...
bidding at www.sparklingtrees.com.
All raffles drawn at 3:00 PM. Winners of trees and raffles announced shortly thereafter.
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ADAM MINOR
EDITOR

Historic helpings for Thanksgiving

Americans have much to be thankful for, and while details of the “first” Thanksgiving are debatable, there is no denying the major role American Indians played in the lives of early settlers.

From teaching colonists to hunt turkey and deer and cultivate corn to showing them how to tap Maple syrup and cook wild cranberries, Native Americans are credited with preventing mass starvation in early settlements.



TAKE THE HINT
KAREN TRAINOR

In appreciation of the American Indians’ vast contributions to the dinner table, this week’s

column will spotlight some Thanksgiving-worthy Native American classics.

Indian Pudding: Among the most memorable of New England comfort foods, Indian Pudding is a regional dessert that frequently makes an appearance on the Thanksgiving table. The many hours required to cook the thick cornmeal and molasses custard, along with the high calories and richness of the old fashioned dish make the “once a year” dessert worth waiting all year for.

While the sweet, steamy pudding continues to be served up as a rustic treat in fine Yankee restaurants, the traditional dish boasts a humble history.

Tracing its roots to the Colonists’ love of England’s “hasty pudding,” Indian Pudding was made with cornmeal, which was plentiful in the New World, along with molasses and maple syrup, two common sweeteners of the day.

History reveals President John Adams and First Lady Abigail served homemade Indian Pudding at White House receptions.

Below is an old fashioned recipe, courtesy of the Plimouth Plantation kitchen:

Plimouth Plantation Slow Cooker Indian Pudding

Ingredients: Three cups whole milk; 1/2 cup cornmeal; 1/2 teaspoon table salt; two tablespoons unsalted butter, plus extra for greasing cooker; two large eggs; 1/3 cup molasses; one teaspoon cinnamon; 1/2 teaspoon ginger; 1/2 cup dried cranberries (optional); Serve with ice cream or whipped cream.

Directions: Grease the inside of your slow cooker with butter and preheat on high 15 minutes.

In a large, heavy-bottomed pot, whisk together milk, cornmeal, and salt, and bring to a boil. Continue whisking another 5 minutes; then cover and simmer on low 10 minutes. Remove from the burner and add butter.

In a medium-size bowl, combine eggs, molasses, and spices. Add some of the hot cornmeal mixture to the egg mixture to temper the eggs; then transfer egg mixture into the pot. Stir in cranberries, if you like.

Scrape batter into the slow cooker and cook on high 2 to 3 hours or on low 6 to 8 hours. The center will be not quite set.

Serve warm topped with ice cream, whipped cream, or light cream.

Cranberry Chutney & Sauce: Wild cranberries have long held an important rank in Native American culture. American Indians ate cranberries in a variety of dishes and used the bright red berries as a natural dye to color textiles. The native fruit was also hailed as valuable medicine, as a poultice of the berries was applied to wounds, including serious war injuries.

Native Americans introduced the tart berry to the settlers who gave the cranberry its current name. The pink flower blossoms on the cranberry reminded early Colonists of the Sandhill Crane in their native land, thus they called the fruit “cranberries.”

Raw cranberries, which are an excellent source of Vitamin C, were also coveted by early 19th century whalers as they brought cranberries on board their vessels to prevent scurvy.

Today, cranberry sauce served along with a traditional turkey is a much antic-

Turn To **TRAINOR** page **A5**

OPINION

Opinion and commentary from the Blackstone Valley and beyond



DAR HONORS VETERANS WITH QUILTS

Courtesy photo

Captain Job Knapp chapter of the DAR recently held a ceremony for three Vietnam Veterans and presented them with Honor Quilts. About 40 members and guests attended. The quilts were handmade by chapter member Louise Zyguntowicz, of Douglas, and given to John Zifcak, and Ralph Woodland, both of Douglas, and Andrew Lynch, of Dudley. This is the third year Mrs. Zyguntowicz has made honor quilts for a total of nine quilts. Vietnam Veterans Commemorative Partner Chairperson Linda Ballou gave a talk on the medical advances that occurred as a result of the Vietnam War. The presentation was followed by a reception. Pictured: John Zifcak, of Douglas, and Andrew Healy, of Dudley.

LETTERS TO THE EDITOR

Wake up, Uxbridge!

To the Editor:

The latest proposal, one assumes to bolster the tax base, involves a Cumberland Farms six-bay gas station and large convenience store to be located on North Main at the corner of Hazel Street.

Even though voters re-zoned ‘patches’ in this area from residential to commercial at several sparsely attended fall Town Meetings, that does not mean the proposed site is appropriate for this ‘scale’ of development.

Recently, the Planning Board held its public hearing on the project. Many residents attended, expressing alarm about the proposal. The objections raised represented common sense points, not mindless NIMBY reactions against business.

In addition to exacerbating traffic problems in that area morning, afternoon and night; foisting noise, air and light pollution on neighbors with resultant decrease in residential property values, there is an environmental disaster waiting in the wings. Everyone knows what

happens when oil meets water so I call your attention to feet-high flooding that occurred just last month at exactly the proposed site of the Cumberland Farms project. As town officials can attest, this was not some once-in-a-blue-moon happening, but a rather regular disruption to lives of local residents and travelers.

All Uxbridge residents should feel threatened by a new ‘zoning reality’ which now exists in many stretches of town that offers little recourse and even less protection for our most valuable asset- a home. In the interest of ‘full disclosure,’ I will be intimately impacted, but do not judge this as an individual complaint. Contact the Planning Board, Town Manager, and DPW to voice concern. Wake up because if Cumberland Farms comes to North Main & Hazel Streets it will impact your lives, too.

JANE F. KEEGAN
UXBRIDGE

Best process for selling your home

People most of the time decide to sell their home because that is what they need to do in order to buy the home they really want.

A common phone call we will get is: “I just found the perfect home online. I want to go see it before we miss out on it.”

This call, many times, is from people we didn’t know had interest in buying and it was just this one house that sparked their interest. We could go look at the house and fall in love with it, but if another buyer does the same thing and they are preapproved and either don’t have to sell a home or already have a buyer for their home then they will most likely get their offer accepted instead, even if their offer is lower.

My suggestion is, if you are thinking about moving, then talk to a lender to get preapproved so you know how much you can spend and be prepared if you do find the right house. If you do have a home currently, I would find out from the lender if you need to sell your home in order to buy a new home. If you don’t then you could decide to wait to list your home for sale to ensure you find the perfect house first. If you do have to sell your home to



REALTOR’S REPORT

JAMES BLACK

buy, then I would have your realtor do a comparative market analysis on your home, and if the price makes sense for you, to sell it, then list it for sale, and wait until you have a ready, willing and able buyer on your home before finding the home you are moving to. It will eliminate lots of stress and frustration on your part.

However, I think it is a great idea to go to open houses in the location where you are looking to buy a home just to get a good idea of what you will get in your price range but mentally knowing that it is best to wait for a buyer for your home before offering on another home.

We have definitely had some scenarios that we didn’t follow the exact process above and it worked out fine, but the majority of the time it didn’t. I would recommend discussing this with your realtor if you are planning on moving to decide what will be the best process for you to achieve your goals.

James Black is a licensed realtor for A&M Real Estate Consultants at Keller Williams Realty. He may be reached at (508) 365-3532 or by e-mail at jblack2@kw.com.

How should you use retirement plan distributions?



FINANCIAL FOCUS
JEFF BURDICK

During your working years, you are (hopefully) putting money into your IRA and your 401(k) or similar employer-sponsored retirement plan. But once you’ve retired, how can you maximize the benefits you get from these plans?

First of all, you need to be aware of the rules governing withdrawals from your retirement plans. If you are older than 59½, you can withdraw money from your traditional IRA without paying penalties, though the withdrawals will typically be taxable. But once you reach 70 1/2, you generally must start taking “required minimum distributions” (RMDs) from these accounts, with the annual amount determined by your age, the account balance and other factors (the situation is different with a Roth IRA. If you are the original account holder, you are not required to withdraw funds from your Roth IRA at any age. You can choose to withdraw your contributions at any time, tax and penalty free. To withdraw your earnings tax and penalty free, you generally must have owned the account for at least five years and have reached age 59 1/2).

So, assuming you do have a traditional IRA and a 401(k) or similar plan, what should you do with the RMDs? You’ll probably require at least some of these distributions for your living expenses, but if you don’t need it all, what should you do with the “excess”?

Here’s one suggestion: As part of your overall retirement investment portfolio strategy, you can reinvest the money into these three “buckets”:

Near-term income bucket – For this bucket, you’re not concerned with high returns – you just want the money to be there when you need it for expenses and unexpected costs, such as a major car repair, a new furnace, and so on. It’s always a good idea to have an emergency fund containing three to six months’ worth of living expenses – and your short-term income bucket could be an ideal source to help build such a fund.

Medium-term income bucket – During retirement, you can probably never have too many sources of income, so you may want to fill a bucket with intermediate- and long-term bonds, which make regular interest payments.

Long-term income bucket — Even when you’re retired, you will need some growth potential in your portfolio to help keep you ahead of inflation in the long run. So this bucket should be filled, not surprisingly, with growth-oriented investments. These investments can fluctuate in value, but as long as you don’t need to tap into them in a hurry, you may be able to avoid taking withdrawals when the price is down.

In addition to this “bucket” approach, you do have other options for your RMDs. For example, you could give your grown children some financial assistance, possibly for help in funding their IRAs. Or, you could contribute to a college-savings vehicle, such as a 529 plan, for your grandchildren. And you can always make charitable contributions, which allow you to support worthwhile organizations and, by doing so, earn some potential tax benefits.

Clearly, you can do a lot with your RMDs. And you worked hard for them – so make sure they work just as hard for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

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Deer season continues in the Valley

Some impressive deer have been harvested by archers in Massachusetts to date, with a few tipping the scales close to 200 pounds field dressed. What is also impressive are the size of the antlers the bucks are sporting. Who thought that Massachusetts would ever have a population of deer that we have today.

The annual youth deer hunt in Massachusetts was also a great success again this year, with more than 1,200 young archers participating in the hunt with 128 successful young archers harvesting a deer while being accompanied by an adult licensed hunter. Maine deer hunters are finding deer hunting a bit slow this year. A few local deer hunters that did a week of deer hunting recently and returned with no venison, although they had a great time at camp. One hunter did harvest a moose.

Sportsmen are eager to start the annual shotgun deer season that will start on Nov. 28, this year. With the high population of deer that archers are reporting, it should be another great year. Numerous deer car collisions are being reported daily, which is a sure sign that the rut has started.

Numerous archery hunters reported some serious falls while hunting from their tree stands over the years, and this is a good time to address this subject.

Choosing the proper tree stand for an individuals need is very important. Whether it is a climbing tree stand, lad-

der stand, etc. they all need to be used with extreme caution. The older we get the more prone we are to have a fall. Using safety straps or a complete harness set up are needed, however most safety gear is not used until a deer hunter is settled into the stand. Most accidents occur during the climbing and ascending to and from the tree. Stay safe.

What do you do after a deer is harvested and field dressed? If you are not in good physical health, dragging a deer out of the woods is not a wise thing to do. Call for help! Every year, some successful deer hunter dies from a heart attack trying to retrieve his deer from the woods. Every hunter should have a cell phone in today's world. It could end up saving your life! Call for help.

Wild turkey hunters reported many birds during there two week fall season which ended on Nov. 5. Final figures for successful turkey hunters are not available to date.

The second segment of goose hunting in the Commonwealth will end on Nov. 26 this year. Goose hunting in the Valley this year was very spotty. They frequently changed fields to feed in, making it very hard to make the correct decision to hunt on any particular day. Many birds totally disappeared for a few days and then started feeding in



THE GREAT
OUTDOORS
.....
RALPH
TRUE

their usual fields and rivers again. The third segment of the goose season starts on Dec. 12, in the Central District. Hopefully more birds will set up their daily feeding habits in local fields. A good freeze up should get them active again providing some great shooting. Very few hunters continue to pursue geese locally, which is too bad. Deer hunting has become the number one activity of many sportsmen this time of year.

The Island Current Charter boat out of Snug Harbor, R.I., has been enjoying some great tautog fishing for there clients. Crabs are the number one bait at this time of year. For anglers with there own boats and use crabs for bait, should inspect the bait that they are buying prior to leaving the bait shop. Finding unusually large crabs in the bait bucket when getting ready to fish can mean the difference of catching a limit of tautog or only catching a few. Crabs no larger than a quarter are ideal. Also freshness of the crabs is very important. Coughing up \$16 for a gallon of crabs is about the norm in today's world, but you should be getting good fresh bait.

The Whitinsville Fish & Game Club will hold a family style Roast Beef Supper this Saturday, Nov. 19, at the Club House on White Court in Douglas!



Courtesy photo

This week's picture shows a local hunter with a huge buck, and there are plenty more out there to be harvested, although they may not match this huge rack.

There are a few tickets available and can be reserved by calling 1-508-476-7204. This is a sell out every year. Do not miss it!

On the freshwater scene Val Percuoco landed a new state record white perch at Wachusett Reservoir recently! The fish weighed in at 3 pounds, 8 ounces, and had a 13.5-inch girth. Nice fish. Locally, trout anglers are catching trout, and numerous largemouth bass are being caught on shiners.

Take a kid fishing and keep them rods bending!

Political memorabilia



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE TUISKULA

Washington inaugural and memorial buttons drew considerable interest when they went to auction in 2003. J. Harold Cobb started collecting Washington buttons in the 1950's. He had over 60 at one point before trading some while keeping the finest examples. One of the buttons had an interesting Massachusetts connection. In the 1940's a library was being renovated in Southamptn. A tree limb was cut during the work. A bag fell out with five Washington

Now that our presidential race is over, I thought this would be a good time to discuss collecting political memorabilia.

A good place to begin is with our first president.

A collection of 37 George Washington buttons in the 1950's. He had over 60 at one point before trading some while keeping the finest examples. One of the buttons had an interesting Massachusetts connection. In the 1940's a library was being renovated in Southamptn. A tree limb was cut during the work. A bag fell out with five Washington

buttons. One of them made its way into the Cobb collection. A button with "Pater Patriae" (father of our country) picturing George Washington brought the highest price at the auction selling for \$25,300.

Innovation changed political memorabilia throughout history. The introduction of photography allowed images of candidates to appear on buttons and pins. Printing went from one color ink broadsides to brightly colored campaign flags, textiles and lithographed posters. Candidates would make use of all of the new advances to campaign. Prices for some pinbacks and posters of presidents from the 19th and early 20th century can easily fetch prices in the thousands of dollars.

Signed documents by George Washington and Abraham Lincoln can command figures in the five-figure range. If there is important historical content prices can go much higher.

The website justcollecting.com listed the top 10 prices for U.S. Presidential memorabilia

at auction. They are:

10. Abraham Lincoln's inaugural speech sold for \$1,320,000 at auction in 1992.

9. A letter by Thomas Jefferson regarding plans for the Lewis and Clark expedition letter sold for \$1,439,500 in a 2002 auction.

8. A letter by George Washington written to John Armstrong regarding the Constitution brought \$1,439,500 in 2013.

7. Saddle pistols owned by the Marquis de Lafayette and George Washington fetched \$1,986,000 in a 2002 auction.

6. Abraham Lincoln's final speech from just four days before his death in 1865 reached \$3,086,000 in a 2002 auction.

5. A letter by George Washington to his nephew regarding the proposal of a new U.S. Constitution brought \$3,218,500 in a 2009 auction.

4. An 1864 letter by Abraham Lincoln to Mrs. Horace Mann discussing a petition asking him to free slave children sold for \$3,401,000 in 2008.

3. The handwritten manu-

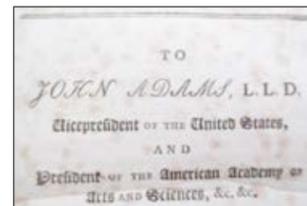
script from Abraham Lincoln's victory speech was auctioned for \$3,442,500 in 2009.

2. A typed copy of Lincoln's Emancipation Proclamation freeing all slaves resulted in a price of \$3,778,500 in a 2010 auction.

1. George Washington's copy of the Constitution and Bill of Rights with annotations in his hand sold for \$9,826,500.

One of the items featured in our January auction has connections to one of our first presidents and a local patriot. "The History of the County of Worcester in the Commonwealth of Massachusetts" was written by Peter Whitney in 1793. The book is dedicated to Vice President John Adams (before he became president) and was published by Isaiah Thomas who published the pro-independence Massachusetts Spy newspaper.

We are holding an estate sale on Nov. 19, and Nov. 20, at St. Nicholas Ave. in Worcester. It will feature pressed steel toys and a wide variety of collectibles, tools and furnishings.



Courtesy photo

A 1793 "History of Worcester County" dedicated to John Adams in our January auction.

Some of the items in our Jan. 26 auction range from coins and jewelry to historical and sports memorabilia. We continue to pickup items from local estates for this sale. See www.centralmassauctions.com for more information on these and other upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111), info@centralmassauctions.com.

Freezer meals

I know I am not as busy as I will be as my kids get older, but right now I feel like there are not nearly enough hours in my day to do much of anything, especially cook an elaborate healthy dinner for my family.

The one thing I have going for me is that my son will eat just about anything, having a preference in healthy, and my daughter who was once pickier than anything, is starting to actually give in and try something other than plain pasta and peanut butter sandwiches. Everywhere I turn lately, I feel like I am seeing these meals called freezer meals, and my curiosity was peaked. If someone mentioned "freezer meals" to me years ago I would have assumed they meant those sodium

packed TV dinners that barely fill up a toddler. So, I started my research.

With crock-pot season upon us I was very excited to see that not only are these meals ready to go, but all I would have to do is thaw it in the fridge overnight and stick it in my favorite appliance (my Crock Pot) and not have to do another thing. All I needed to do was food shop for meals as opposed to just ingredients and get a large box of gallon size freezer bags. I should also mention that while I love my money savings on store brand, this is one thing I think you should consider getting the best quality you can. It will guarantee a good seal to defend against freezer burn, and it will also help minimize the chance of cross contamination in

your freezer in the event of leakage. So while going through I compiled some of my favorites, and I hope you enjoy making some of these for your family and as always I love getting feedback and recipes.

Mexican Chicken Soup
• 1 pound carrots, peeled and diced
• 2 large cloves of garlic, minced
• 2 tomatoes, chopped
• 1 can tomato sauce
• 1 teaspoon cumin
• 1 teaspoon fennel seeds
• 1 teaspoon chili powder
• 1 teaspoon salt

MOM IN MOTION

JILL ROUSEY
jill@
stonebridgepress.com

• Juice from 1/2 lime
• 1 pound boneless skinless chicken breasts
• 4 cups fat-free, reduced-sodium chicken broth on the day of cooking

Easy peasy...place in freezer bag, seal well, and label it. I usually try to use them within a week or two but if sealed properly it should last about 6 weeks. Thaw and place in the crock-pot on high for 4 hours or low for 6-8. Serve with some tortilla chips and the most work you will have is a one pot clean up.

Hawaiian Chicken
• 1 pound boneless, skinless chicken breasts, cut

into bite-sized pieces
• 1 fresh pineapple, stalk, skin, and core removed and fruit cut into bite-sized pieces
• 2 tablespoons light brown sugar
• 2 tablespoons low sodium soy sauce
• 1 cut up red bell pepper
Thaw and cook on high for 4 hours. Serve over rice or noodles.

Pull Apart Pork
• 1 pork butt roast
• 1 cup grape jelly
• 1 cup ketchup
• 1 tsp. or chili powder or all spice
Thaw and cook on low for 8 hours.

Sweet and Sour Meatballs
• 1 pound of ground turkey seasoned and formed into 2inch rounds (I season with S&P, crushed

saltines, and parsley)
• 1 cup ketchup
• 1 jar chili sauce
Thaw and cook on high about 5 hours.

Auntie's Kielbasa
• 3 pounds of kielbasa sliced (believe me, it will go fast! This is perfect for parties, you wont have any left)

• 1 cup dark brown sugar
• 1/2 cup ketchup
Thaw and cook on low for 8 hours.

Please write in and share your thoughts! As always, take what you want from what we discuss as advice or information, share with me your favorite tip or recipe and join me on our next edition of "Mom in Motion." E-mail me your thoughts and tips at jill@stonebridgepress.com.

TRAINOR

continued from page A4

ipated Thanksgiving Day tradition. Read on for an old fashioned homemade cranberry authentic chutney from Native American recipe files.

Cranberry Chutney, American Indian Style

Ingredients: Three cups cranberries; one dozen cored apples; one onion, sliced; one cup golden raisins; 1 1/2 tablespoons ground ginger; two ounces chili peppers; four cups apple cider vinegar; two tablespoons salt; one pound dark brown sugar; two tablespoons flour dissolved in 1/4 cup water.

Directions: In a heavy large saucepan mix together apples, onion, raisins, ginger, chilies, vinegar, salt and brown

sugar. Cook over low heat for about 30 minutes. Add cranberries and flour/water mixture. Simmer until cranberries pop and mixture thickens, about ten minutes. Let set to cool and further thicken. Refrigerate after cooling.

Succotash: Corn was a staple crop of American Indians and they prided themselves on cooking it many different ways. Succotash, of which corn is a main ingredient, is a simple yet delicious dish that is familiar to most folks of Native American descent. The hearty "stew" typically consists of corn, beans, and sweet peppers. The low cost and relatively easy access to homegrown ingredients made this common fare at Thanksgiving time and all year round.

Succotash Stew

Ingredients: Four ears of fresh sweet corn; four cups of fresh lima beans (frozen may be substituted); 1 1/2 cups of water; 1/2 cup butter; 1 1/2 cups of sliced green onions; one green and one red bell pepper, diced

Directions: Cut corncobs into 1 1/2 inch lengths. Place corn, beans, water, and butter in a large saucepan. Salt and pepper to taste. Cover and bring to a boil over high heat. Reduce heat to medium-low and simmer for 10 minutes. Stir in onions and peppers and continue to simmer for 6 to 10 minutes, until beans are tender and peppers are slightly tender. Remove lid and cook over high heat for 3 to 4 minutes, until liquid is reduced to about a half cup.

Win Dinner for Two at the Publick House — Your tips can win you a fabulous dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply

send in a hint to be entered into a random drawing. Hints are entered into a drawing for a three-course dinner for two at the historic Publick House Inn! One winner per month will win a fabulous three-course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out thee to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hint to: Take the Hint!, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or e-mail kdrr@aol.com.

OBITUARIES

Edith F. Boucher, 84

UXBRIDGE — Edith F. (Seagrave) Boucher, 84, passed away on Saturday, Nov. 12, at Beaumont Nursing & Rehab Center in Northbridge after an illness.

Her husband Norman Boucher predeceased her in 1985. Edith is survived by five children; Norman Boucher and his wife Julie of Blackstone, Edward Boucher of Blackstone, Eleanor Ross of South Carolina, David Boucher and his wife Tina of Whitinsville, and Charlie Boucher and his wife Donna of Mendon; 11 grandchildren; nine great grandchildren; and soon to be one great-great grandson; six siblings, Mary O'Connell, Alberta Barber, Olive Ross, Eleanor Lyness, Walter Seagrave, and Mason Seagrave all of Uxbridge; and many nieces and nephews.

She was also predeceased by six siblings; Barbara Camponelli, Alpheus Seagrave, Dorothy Cimochofski, Susan Carmody, Ethel Fenner, and Ruth Bergeron.

Born in Uxbridge, on May 29, 1932, Edith was the daughter of Walter

and Dorothy (Blackburn) Seagrave and lived in Uxbridge most of her life with the exception of 15 years spent in Douglas. Being one of 13 children, Edith was sent to work at a young age and worked very hard to help her mother when her father passed away very young. After Edith married Norman and had children of her own she was primarily a homemaker. She was a very dedicated mother and grandmother and will be sorely missed by her family.

The family would like to extend a very special thank you to the staff at Beaumont Nursing Home and Beaumont Hospice for the care and compassion given to Edith during her time there.

According to her wishes, Mrs. Boucher will be cremated. Her burial will be private and held at a later date.

To leave a condolence message for the family, please visit www.jackman-funeralhomes.com.

Edward F. Keegan Jr., 96

UXBRIDGE — Edward F. Keegan Jr., 96, passed away on Nov. 8, at the Providence VA Medical Center, Providence, R.I.

He was born on Oct. 19, 1920, in Harrisville, R.I., the eldest son of Edward Keegan and Rhea (Cabana).

Edward was predeceased by his wife of 63 years, Frances (Sivik) Keegan; his brothers Millard, Bernard, and sister Roselyn.

He is survived by his daughters Gail Newcombe and her husband Robert of Uxbridge, Cheryl Keegan of Whitinsville, Donna Keegan of Tiverton RI, Deborah Cochrane of Whitinsville, and son Edward III of Uxbridge, as well as 12 grandchildren and 20 great grandchildren; and his best friend "Gigi" his dog.

Edward served in the U.S. Navy

during World War II aboard the USS Cowpens. Upon his discharge, he resided on River Rd. until the present time. He worked for many years at the Uxbridge Worsted, and later at Nelmor Corporation until his retirement. He was an avid Red Sox and New England Patriots fan, as well as a skillful gardener.

A Memorial Mass will be held on Saturday, Nov. 19 at 10 a.m. in St. Augustine's Church, Millville. Private burial will take place at a later date.

To leave a condolence message for the family, please visit www.jackman-funeralhomes.com.



Merrill R. McNelly, 77

SUTTON — Merrill R. McNelly, 77, died Thursday, Nov. 3, in the Beaumont Nursing & Rehab Center, Northbridge.

He is survived by a brother Clyde McNelly, and his wife, Norma, of Douglas, and a sister, Eileen McNelly, of Whitinsville; and several nieces and nephews, including Troy Knight, in Florida.

He was predeceased by his brothers, John, Charles, and George McNelly, and a sister, Mary Knight.

Mr. McNelly was born in Northbridge, July 5, 1939, a son of John and Agnes (Thompson) McNelly. He grew up in Whitinsville, and moved to Sutton in 1962. He was a graduate of Northbridge High School, and he was a United States Navy veteran.

He was a facilities support assistant at Unibank, in Whitinsville, for many years, and previously worked at Witt Armstrong Caterpillar, in Hopkinton, for 15 years.

Mr. McNelly was a member of the Blackstone Valley United Methodist

Church, in Whitinsville, where he sang in the choir and was a featured soloist. He had been active with Boy Scout Troop 155 since 1967, and also served as Skipper of the former S.S. Thomas Sea Scout Ship in Whitinsville.

Mr. McNelly's funeral service was held Saturday, Nov. 12, in the Blackstone Valley United Methodist Church. Burial followed in Pine Grove Cemetery. Calling hours were Friday, Nov. 11, in the Carr Funeral Home, 24 Hill Street, Whitinsville.

In lieu of flowers, donations may be made to the Capital Fund of the Blackstone Valley United Methodist Church, 61 Linwood Avenue, Whitinsville, MA, 01588.

To leave a condolence, please visit www.carrfuneralhome.com.



WHITINSVILLE — Richard E. Piper, 71, died Friday, Oct. 28, following a long, hard-fought battle with pulmonary fibrosis.

He is survived by his wife of 46 years, Maureen (Mahan) Piper; two daughters, Kelley Gosselin, and her husband, Jim, of Northbridge, and Erin Proctor, and her husband, Collin, of Eastham; a brother, David W. Piper, and his wife, Jeanne, of Whitinsville; two grandchildren, Casey James Gosselin, and Colin Andrew Gosselin; and many close and dear friends.

Mr. Piper was born in Worcester, Dec. 10, 1944, a son of Wendell and Viola (Hinchliffe) Piper, and lived his entire life in Whitinsville. He was a 1962 graduate of Northbridge High School, and a U.S. Air Force veteran of the Vietnam Era, serving in Japan.

He was a console operator at Mass Electric, where he met his wife, for 34 years, prior to retiring in 2004.

Previously, he worked at the former Phillip's Market in Whitinsville, and at the Whitin Machine Works.

Mr. Piper was a member of Saint Patrick's Church in Whitinsville, and the Brotherhood of Utility Workers, where he served as Treasurer for many years. He loved golf and spending time at Myrtle Beach. Everyone knew Rich for his wonderful sense of humor, and the deep, abiding love he had for his family.

Mr. Piper's Memorial Mass was held Friday, Nov. 11, in Saint Patrick's Church, Cross Street, Whitinsville. Calling hours were held, Thursday, Nov. 10, in the Carr Funeral Home, 24 Hill Street, Whitinsville.

Please omit flowers. Memorial donations are requested to the Jimmy Fund, at the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA, 02284.

To leave a condolence message, please visit www.carrfuneralhome.com.



CALENDAR

The calendar page is a free service offered for listings for government, educational and non-profit organizations. Send all calendar listings and happenings by mail to Adam Minor at Stonebridge Press, P.O. Box 90, Southbridge, MA 01550; by fax at (508) 764-8015 or by e-mail to aminor@stonebridgepress.news. Please write "calendar" in the subject line. All calendar listings must be submitted by 12 p.m. on Monday to be published in the following Friday's edition. We will print such listings as space allows.

Saturday, Nov. 19

UXBRIDGE

OLV 34th Annual Holiday Fair — Our Lady of the Valley Regional School & St. Mary's Parish Center, 75 Mendon St., Uxbridge, Saturday, Nov. 19, 9 a.m. to 3 p.m. Baked goods, wreaths, cash calendar, silent & live auctions, raffles, kids raffles & activities, food & drink. Santa will be stopping by!

Uxbridge High School Parents for Safe Graduation (PSG) 2017 is holding a Comedy night with Mike Petit, Nov. 19, 7 p.m. at the Progressive Club. Michael Petit is one of the country's top headlining comedians with appearances on Comedy Central, E Entertainment and ESPN. Michaels high energy and hilarious impressions make this a must see show. Tickets are \$25 per person. E-mail us at uhspsg2017@gmail.com if

you would like to purchase tickets.

WHITINSVILLE

Whitinsville Fish and Game will be holding a Roast Beef Dinner on Nov. 19, at 6 p.m. Tickets will be on sale Nov. 1, at \$12 per person. Tickets must be purchased prior to the event. Please contact Steve at spierangeli_1@charter.net to purchase tickets and for more information.

Following their "second" retirement, Dr. Jon and Phyllis Masso return to share their stories after 18 years of living in Kenya. Having raised their four children on Carpenter Road in Whitinsville, they fulfilled a commitment they had made long ago to head out to a mission field. Jon, who took an early retirement from American Optical, and Phyllis, who worked as librarian at the college level as well as at WCS, packed a couple of crates to ship to Africa, gave away the rest of their belongings, and sold their house to leave for Nairobi in 1998. The Massos headed for Daystar University where Jon would develop a science major and Phyllis would automate the university library. They returned having done so much more.

Come hear their stories at a complimentary community breakfast, to be held at Fairlawn Christian Reformed Church on Saturday, Nov. 19, at 9 a.m. Also speaking will be Shelly Mombourquette, of Saint Patrick's Church's "John 21" Breakfast Ministry,

and State Rep. David Muradian.

To reserve your free tickets, call 508-234-4806 by Nov. 12. Fairlawn Christian Reformed Church is located at 305 Goldthwaite Road, Whitinsville (off of Hill Street). Seating is limited.

SUTTON

As part of its year-long grand opening celebrations at its Sutton North branch, UniBank will be offering a Community Shred Day at the branch located at 29 Galaxy Pass in Sutton (located in the Pleasant Valley Crossing plaza) on Saturday, Nov. 19, from 9 a.m. to 12 p.m. This event is offered free, compliments of UniBank, and is open to the community. New England Security Shredders will be at UniBank's branch to provide this service to individuals wishing to securely dispose of personal confidential documents. Document shredding will take place on-site in a mobile shredding vehicle. Each person may bring up to 10 file boxes (no binders or binder clips please) for secure destruction. This event provides a secure and responsible way for individuals to dispose of paper and reduce the threat of potential identity theft. For more consumer protection information, visit www.unibank.com/consumer-education.

Sunday, Nov. 20

UXBRIDGE

Turn To **CALENDAR** page **A19**

TRIBUNE ALMANAC

REAL ESTATE TRANSACTIONS

DOUGLAS

\$35,000, High Street, Paul J. Bachand, Marcia M. Bachand and Judith L. Bachand EST to Joshua Kuszewski \$260,000, 25 Cook Street, David V. Bolduc and Timothy J. Haringa, Jr. to Heather S. Haringa \$173,500, 153 Main Street, Fannie Mae, Federal National Mortgage Association and Harmon Law Offices PC to Michelle M. Kelly and Alyssa S. Lahar

NORTHBRIDGE

\$95,000, Union Street, Alan Lucier and Patricia Lucier to 84 Union LLC \$490,500, 218 Olivia Drive, Alex Sanville and Kristen Sanville to Douglas S. Campbell \$439,900, 560 Samuel Drive, Nehal Patel and Brijesh Patel to Kenneth R. Whittemore and Tracey L. Guertin \$105,000, 78 Cooper Road, Steven W. Oosterman and Kathleen J. Oosterman to Brennan Bennett and Sarah J. Bennett \$133,500, 40 D Street Unit B, Tabitha A. Castonguay and Jennifer L. Castonguay to Jaime M. Dubey \$454,844, 145 Roosevelt Drive, Presidential Farms Inc. to Elizabeth A. Rekowski \$428,235, 375 Moon Hill Road, Impact Road & Construction LLC to Henning J. Smith and Amanda M. Smith \$145,000, 255 North Main Street, Christine Jordan Benn, Christine Jordan and Lori Tomanini to Kendell A. Chilton \$203,000, 14 Cross Street, Joseph A. DiCicco to Steven C. Chaston and Sarah A. Chaston \$177,000, 25 Arcade Street Unit B, Johnna M. Balon, Susan McCarthy, Michael Frieburger, Nancy Frieburger, Kristen Modica and Frances L. Frieburger EST to Steve Bisson

UXBRIDGE

\$86,500, 91 Elm Street Unit 2 Building A, R&R Realty Management LLC to Patricia A. Sansoucy \$415,000, 269 Williams Street, Randal W. Bol and Susan J. Bol to Michael R. Buckley and Shelley K. Buckley \$389,000, 113 Taft Hill Lane Unit 43, Ernest DiBello, Jr. and Leslia A. DiBello to Martha Neal \$375,900, 18 Andrews Drive Unit 106, Gustave R. Gaschnig TR, Carol A. Gaschnig TR and Gaschnig Realty Trust to Robber L. Brook and Diane M. Brook \$305,000, 38 North Main Street, 47 Douglas Street, and 38 North Main Street, Leroy E. Temple and Doris H. Temple EST to Carol T. Hildreth and Richard W. Hildreth



OFFICE HOURS:
MONDAY THROUGH FRIDAY
8:30AM-4:30PM

TO PLACE A RETAIL AD:
ADVERTISING EXECUTIVE
Sandy Lapensee
1-800-367-9898, EXT. 110
sandy@stonebridgepress.com

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kjohnston@stonebridgepress.com

TO PLACE A CLASSIFIED AD:
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OBITUARIES

Helen E. Homenick, 97



DOUGLAS — Helen E. (Bruno) Homenick, 97, passed away peacefully with family at her side on Wednesday, Nov. 9, at St. Camillus Health Center in Whitinsville.

Helen was born on March 1, 1919, in East Douglas, the eldest child of nine to Henry A. and Viola Mae (Hughes) Bruno.

Helen lived in East Douglas all of her life until 2005 when she moved in with her daughter, Viola M. Paulhus in Northbridge.

Helen is predeceased by her husband of 48 years, John Homenick who died in 1985, her son-in-law Robert J. Paulhus in 1988, her grandson, Michael Paulhus in 1998; two brothers Al and Bob Bruno; two sisters Barbara Greeno and Caroline Fulone. Helen is survived by her daughter, Viola Mae Paulhus of Northbridge, her grandson Bob Paulhus and his wife Pam, her great granddaughter Brittany and her grandson Brian Paulhus and his wife Sue and great grandson Michael all of Whitinsville.

She is also survived by three sisters, Rita Bloniasz of East Douglas, Arline Auger of Manchaug, and Kathleen Rondeau of Whitinsville; a brother Leon Bruno of New Hampshire, along with many nieces, nephews, and friends. Helen enjoyed cooking and was known for her delicious banana fritters. She could whip up a good meal with whatever she had available whenever company dropped in.

Helen was very sociable and enjoyed being in clubs with old friends and meeting new friends. She always made everyone feel welcomed. She was in Mass every week and on Holy days. She belonged to St. Denis Catholic Women's Council and served as secretary for several years. She also belonged to the St. Anne's Society and served as treasurer for many years. Helen also joined the Women's Relief Corp. in E.

Douglas along with her mother and Aunt Thelma. She enjoyed marching in the Memorial Day parade with the other members.

Helen always enjoyed Bingo and in earlier years travelling to many halls with friends. In later years, she attended the Douglas, Sutton, and Whitinsville Senior Centers to try her luck at Bingo with her three sister, Rita, Arline, and Kathleen and other old and new friends. She also enjoyed travelling to the Casinos with her sisters. Helen was talented with needle and thread and it was obvious in the beautiful pillows and afghans and several other items she shared with family and friends. Whenever she was sitting down, she had items in her lap to work on.

Helen left school at 16 to seek employment in "The Mill" to help her parents support their large family. Helen worked all her life in area mills and other forms of employment. Her happiest and most fulfilling employment was as a teacher's aide at the Douglas High School. She enjoyed and loved the kids as they did her, calling her "Gramma Homework" when the principal wasn't in earshot. In fact, one of the students recognized her at St. Camillus, even with her red hair, and was happy to say hello to Mrs. Homenick after all these years.

Helen and her family would like to extend a sincere thank you to everyone at St. Camillus who took care of Helen with great care, love, compassion, and dignity. They allowed Helen to feel loved and be a part of a large extended family due to their efforts.

Her funeral was held from Jackman Funeral Home, 7 Mechanic St. on Monday, Nov. 14 with a Mass in St. Denis Church, 23 Manchaug St., Douglas. Burial followed in St. Denis Cemetery. Calling hours at the funeral home were held Sunday, Nov. 13.

To leave a condolence message for the family, please visit www.jackman-funeralhomes.com.

Theresa M. Fulone, 87



DOUGLAS — Theresa M. Fulone, 87, previously of Riddlebrook Apartments on West Street, passed away on Tuesday, Nov. 8, at Milford Hospital after an illness.

She is survived by two brothers Chester "Chet" Fulone and his wife Shirley and John Fulone and his wife Bertha of Phoenix City, Ala.; two grandchildren, Brandon and Kristena Paquin; many nieces, nephews and friends.

She was predeceased by her daughter Lori Ann Paquin on Oct. 21, 1998; a sister Julia Colby; three brothers Louie Fallone, Frank Fulone, and Anthony Fulone.

Born in Douglas, on Dec. 20, 1928 she was the daughter of John and

Josephine (Yacino) Fulone and lived here all her life. Theresa worked for the former Haywood-Schuster Mill as a spooler and was a life long member of St. Denis Church. She treated everyone "like family" and was a very kind, helpful person who enjoyed making folks laugh. She enjoyed cooking and baking, giving most of it away to neighbors. Theresa also enjoyed puzzles but especially her trips to Rockland, Maine. Most recently she enjoyed adult coloring books.

Her funeral was held from Jackman Funeral Home, 7 Mechanic St., Douglas, on Saturday, Nov. 12, with a Mass in St. Denis Church, 23 Manchaug St., Douglas. Burial followed in St. Denis Cemetery. Calling hours at the funeral home was held on Saturday, Nov. 12.

To leave a condolence message for the family, please visit www.jackman-funeralhomes.com.

Paul H. Mulrenin, 73



WHITINSVILLE — Paul H. Mulrenin, 73, died at home, Tuesday, Nov. 1, surrounded by family and friends, following a courageous battle with progressive supranuclear palsy (PSP).

He is survived by his wife of 37 years, Mary (Leonard) Mulrenin, whose loyalty and commitment to Paul in battling this disease was insurmountable. He is also survived by a son, Kevin P. Mulrenin, of Seabrook, N.H.; a daughter, Lisa A. Korn, and her husband, Rick, of Kingston, N.H.; grandchildren, Christian and Crystal; a brother, Kenneth Mulrenin, and his wife, Shirley, of Worcester; a sister, Andrea Campbell, in Florida; several nieces and nephews, and many good and loyal friends, including, Lance Salmonsens, Dick Baker, Jimmy Foley, and Don Bonner. Paul will be welcomed into Heaven by his twin sister Patty and his good friends, Brenda Blette and Rosie and Donald Murray.

Paul was born in Quincy, Oct. 31, 1943, the son of Augustus and Inge (Schulter) Mulrenin, and his stepfather, Walter "Soup" Campbell. He grew

up in Worcester, and moved to Uxbridge in 1971, and had lived in Whitinsville for 37 years.

He received an Associates Degree in Criminal Justice from Quinsigamond Community College, and served in the U.S. Coast Guard.

Paul was a police officer in Uxbridge for 28 years, what he often said was "the best job in the world," and retired as a sergeant, in 1998.

He was a member of Saint Patrick's Church in Whitinsville, the Massachusetts Coalition of Police, American Legion Post #318 in Worcester, and the Whitinsville Golf Club. He loved sailing and playing golf.

Paul's family wishes to thank Accord Adult Day Center in Webster for the wonderful care they provided Paul.

Paul's funeral mass was held Saturday, Nov. 5, in Saint Patrick's Church, followed by burial in Saint Patrick's Cemetery. Calling hours were Friday, Nov. 4, in the Carr Funeral Home, 24 Hill Street, Whitinsville.

To leave condolences, visit: www.carrfuneralhome.com.

Anita M. Curran, 92



MILFORD — Mrs. Anita M. (Speroni) Curran, 92, of Milford, died Tuesday, Nov. 8, at Milford Regional Medical Center after a period of declining health.

She was the beloved wife of the late William E. Curran, who died in 1980.

Mrs. Curran was born in Milford, the daughter of the late Emilio and the late Elena (Perini) Speroni. She attended Milford public schools, graduating from Milford High School, Class of 1942. She also was a graduate of Burdett College in Boston.

Mrs. Curran was first employed as a young woman working in Boston. She later was employed as a secretary for the late Dr. Nicholas Capece in Milford. And finally, spent 31 years as the secretary in the office of the Superintendent for the Milford Public Schools, retiring in 1996.

Mrs. Curran was a lifelong resident of Milford. She was active in the local Girl Scouts, managing the annual Girl Scout cookie fundraising drive for many years. She also had served as secretary for AMI for many years. She was also a proud member of the "Red Sox Nation."

Mrs. Curran is survived by her four Children: Dr. Alice E. Curran, wife of Harris Walker of Chapel Hill, N.C., Robert M. Curran and his wife Janet of Kennett Square, Pa., Elena J. Curran

of Milford and Edward J. Curran of Milford; six grandchildren: Kristin Curran-Daly, David F. Curran, Ryan F. Curran, Kathryn E. Koerten, Robert M. Curran Jr., and Alexandra A. Koerten; five great grandchildren: Maire Daly, Benjamin R. Curran, Jane V. Curran, Piper L. Curran and Ursa H. Koerten; two brothers: Joseph M. Speroni of Stuart, Fla., and Richard E. Speroni of Palm City, Fla.; one son-in-law: Donald B. Koerten of Uxbridge; one daughter-in-law: Carol Curran-Germaine of Hopkinton; a dear sister-in-law: Mary (Curran) Phillips of Hopedale; also several nieces and nephews.

Mrs. Curran was the mother of the late William E. Curran Jr., who died in 1972 and the sister of the late Alexander J. Speroni and the late Edward L. Speroni.

Funeral services were held Saturday, Nov. 12, at the Trinity Episcopal Church, 17 Congress St., Milford, with a visitation period at the Trinity Episcopal Church, prior to her funeral service. Burial followed in St. Mary's Cemetery in Milford. Funeral home visiting hours were held Friday, Nov. 11, at the Edwards Memorial Funeral Home, 44 Congress St., Milford.

Visit www.edwardsmemorialfuneralhome.com for condolence book.

In lieu of flowers, memorial donations may be made to the National Kidney Foundation; the Wounded Warrior Project or to ALS Research.

Doris C. Girard, 98



WHITINSVILLE — Doris C. (Pinault) Girard, 98, died Tuesday, November 1 at home.

She is survived by a son William T. Girard and his wife Deborah, of Cranston, RI; daughters Barbara Glover and her husband Thomas, of Chesapeake, Va.; Beverly Brown and her husband Douglas, of Whitinsville; daughter-in-law Anna Maria Girard, of Chesterfield, Va.; a sister Jacqueline Sutcliffe, of Coventry, R.I.; six grandchildren and seven great grandchildren.

Mrs. Girard was predeceased by her husband Alphonse Girard, in 1983 and her son, R. Kenneth Girard, in 2015.

Mrs. Girard was born July 27, 1918, in Providence, R.I., a daughter of Alfred and Exelia (Benoit) Pinault. She attended Classical High School in Providence, where she lived most of her life. After her husband's passing, Mrs. Girard moved to Virginia to live with her daughter Barbara, and in 2010 she

moved to Whitinsville to live with her daughter Beverly.

An accomplished seamstress, tailor and milliner, Mrs. Girard also loved baking and especially enjoyed cake decorating. She was known for baking vast amounts of cookies at Christmas. She was a long time member of Our Lady of Lourdes Parish, in Providence, serving on many committees over the years, and was a member of Saint Patrick's Parish, in Whitinsville.

Mrs. Girard will be sorely missed and lovingly remembered by all who knew her.

Mrs. Girard's funeral mass was held Monday, Nov. 7, at Saint Patrick's Church, Whitinsville. Calling hours at Carr Funeral Home, 24 Hill St., Whitinsville, were Sunday, Nov. 6. Burial in the Rhode Island Veterans' Cemetery will be private.

Please omit flowers and instead consider a memorial donation to the Saint Patrick's Church Renovation Fund, East St., Whitinsville, MA 01588.

To leave a message of condolence, please visit www.carrfuneralhome.com.

Mitchell P. Stefanick, 56



UXBRIDGE — Mitchell "Mike" P. Stefanick was welcomed into the arms of his Savior on Oct. 25.

Mitch was born on Thanksgiving Day, Nov. 26, 1959. As a lifelong resident of Uxbridge he attended St. Mary's School and graduated from Uxbridge High School Class of 1978. Mitch was known for his hard work ethic, and even prior to graduation worked in area restaurants such as the Cocks N Kettle and Wright's Chicken Farm. Eventually he followed his passion and began a career in the construction field. He worked for Danella Corp., Bedard Concrete Finishing, and Fontaine Brothers. He was a member of the Bricklayers and Allied Craftsmen Union Local 3.

He was revered for his dedication, craftsmanship, expertise and integrity, always willing to mentor those just learning the trade. He even obtained a patent for a specialized tool, which he developed for use in the trade of concrete finishing. He took great pride in building his own home and used his skills to build dry stone walls & fireplaces. Mitch had an intuitive ability to repair and rebuild almost anything. At

home he enjoyed cooking, canning, gardening, raising chickens, and sharing his surplus with family & friends. He was humble, kind and always willing to lend a hand to anyone in need.

Mitch was preceded in death by his father Mitchell F. Stefanick. He is survived by his wife Joanne (DeVries) Stefanick, his mother, Marion "Dolly" (Harrington) Stefanick, his two daughters Brittany & Lisa Stefanick, and his siblings Katherine (Stefanick) Desjardin, Thomas Stefanick and Robert Stefanick.

In memory of Mike, the family invites you to honor him by spending time with your loved ones today as tomorrow is promised to no one. Mike had a special place in his heart for dogs and provided a good home to many over the years. Consider purchasing a brick in support of the Uxbridge Dog Park. www.polarengraving.com/UxbridgeDogPark.

Alternatively a donation to the Uxbridge Food Pantry in his memory would be appreciated. www.peoplefirstuxbridge.org.

Carr Funeral Home, 24 Hill St., Whitinsville, is assisting the family during this time.

To leave a condolence in Mitch's online register book, please visit www.carrfuneralhome.com.

E-mail obituaries for the
Blackstone Valley Tribune to:
aminor@stonebridgepress.news

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SENIOR SCENE

TRI VALLEY INC.

Monday, Nov. 21: Vegetable cheese bake, Roman vegetables, fresh fruit
 Tuesday, Nov. 22: Holiday Meal — Roast turkey with gravy, mashed potatoes, butternut squash, stuffing, cranberry sauce, cream puffs – congregate, vanilla mousse – home.
 Wednesday, Nov. 23: Chicken Murphy, seasoned potatoes, country blend vegetable, pears.
 Thursday, Nov. 24: Thanksgiving Day: No Meal Served
 Friday, Nov. 25: Pork chow mein, brown rice, oriental blend vegetables, mandarin oranges.

NORTHBRIDGE SENIOR CENTER

Phone: 508-234-2002
 www.northbridgemass.org/council-on-aging
 Hours: 8:30 a.m.–4 p.m. Monday–Thursday; 8:30 a.m.–1 p.m. Friday.

UPCOMING SPECIAL EVENTS AND ANNOUNCEMENTS

We require registration for all of our events and trips. Additionally, if you need transportation, please inform the center at the time of registration. Simply call 508-234-2002 to sign-up. Deposits and fees are required at time of sign up in order to reserve your spot.

BOWLING

FINE (Friends of Northbridge Elders) offers bowling on the first and third Monday of the month from 1-2 p.m. at Sparetime Lanes. There is now a small fee of \$2 for 2 games and your shoes. This is open to all Northbridge residents aged 60 or older. This is not a league, it is a come-when-ever-you-can-make-it activity.

TECHNOLOGY HELP IS HERE
 Every Thursday from 1-3 p.m. Call to sign up.

WALKING CLUB
 Every Tuesday From 10-11 a.m. All are welcome. Meet at St. Patrick's Cemetery.

COUNCIL ON AGING
 We are currently looking for anyone interested in becoming a Council on Aging Board member. We have vacancies for board members and associate board members. If interested, please call Kelly Bol at the Senior Center. All ages welcome. This is a wonderful opportunity to serve the elders in our community.

MEDICAL DRIVERS
 The Northbridge Senior Center is in need of medical drivers to take seniors to out of town medical appointments. Drivers are reimbursed for their mileage. Call the senior center to help us in this very popular and much needed program.

SCRABBLE PLAYERS NEEDED

Every Tuesday at 12:45 p.m., we offer Scrabble here at the Senior Center. Come in and join the group for this relaxing game, share some laughs, have some coffee and enjoy our newly decorated Senior Center!

SHUFFLE BOARD LEAGUE
 Every Tuesday 8:30-11 a.m.

BILLIARD LEAGUE
 Every Wednesday from 8:45-11:15 a.m.

CREATIVE WRITING CLASS
 Tuesdays 7-8:30 p.m. Come join us for this brand new night class, all ages welcome, \$5 per class. Instructors are Betsy Moquin and Joan Jeffers.

SENATOR MOORE OFFICE HOUR
 Monday, Nov. 21, from 12-1 p.m.

THANKSGIVING DINNER WITH SENATOR MOORE
 Tuesday, Nov. 22, 11:45 a.m. Sign up now for this very popular Thanksgiving Celebration.

CAREGIVER SUPPORT GROUP
 Tuesday, Nov. 22, from 3-4 p.m.

CLOSED
 Nov. 24 and 25 center closed for Thanksgiving.

SENIOR CENTER GIFT SHOP
 Christmas is right around the corner! Come in and shop for unique gifts. We have beautiful handmade wreaths and centerpieces for the holidays, handmade baby items and toys. Be prepared for the cold weather with our handmade mittens and scarves. We even have doggie outfits and blankets. Something for everyone! Open daily.

UPCOMING DAY TRIPS
 Dec. 4: "Nana's Naughty Knickers." Join us at the Newport Playhouse for this entertaining comedy. A buffet will be served before the show and a cabaret performance following the play. Deluxe motor coach, \$79 per person.

DOUGLAS SENIOR CENTER

SCHEDULE OF DAILY EVENTS

- Mondays: 9 a.m., Walking Club; 10 a.m., Osteo exercise, Reverse Glass Painting; 12 p.m., Needle Works.
- Tuesdays: 9 a.m., Walking Club; 9:30 a.m., Cribbage; 9:30 a.m., Zumba; 12 p.m., Bingo.
- Wednesdays: 9 a.m., Walking Club; 10 a.m., Osteo exercise; 11 a.m., Coloring Group; 12 p.m., Needle Works
- Thursdays: 9 a.m., Walking Club; 9:30 a.m., Computers, 10 a.m. and 12 p.m., Painting; 10 a.m., Tai chi; 12 p.m., Bingo.

SHINE
 Our Shine Counselor is here by appointment only. If you would like an appointment please call (508) 476-2283 and we will arrange a time for you to come in and meet with Steve.

UPCOMING EVENTS

HOLIDAY PARTY AND SING ALONG
 Wednesday, Dec. 14, at 11 a.m. Come and sing along with all the holiday classics with Vinnie Aimes. Lunch to be announced. Please sign up by Dec. 5. The show is free and is being sponsored by the Douglas Cultural Council.

HEALTH SERVICES

The Blood Pressure Clinic with Nurse Ann: Dec. 5, Dec. 15 at 10 a.m. Appointments are not necessary and walk-ins are welcome.

SUNSHINE CLUB NEWS

Monthly Meetings: Are held on the first Thursday of the month at 2 p.m. Meetings are held at the senior center.

UXBRIDGE SENIOR CENTER

36 South Main St.
 Marsha Petrillo – Director – 508-278-8622
 Donna Oncay – Administrative Assistant – 508-278-8622
 Lynne McPherson – Chef – 508-278-8622
 Gail Boutiette – Outreach Coordinator
 Omer Boucher – Van Driver

Please remember to call ahead 48 hours in advance to attend the meal program and also if

you need to cancel. Often times during special events there is a waiting list and if you let us know you cannot make it, this will give someone else the opportunity to attend the lunch. Thank you!

Construction of the new fire department is well underway. The parking lot across the street, the old Post Office building, is no longer available. We have a limited number of parking spots available at the center. During special events, we encourage those who can to carpool or take the van. There is additional parking behind Coves, the Library and also at Savers Bank. If you have any questions about parking, please do not hesitate to call the senior center.

Please call the Senior Center 48 hours ahead at 508-278-8622 to reserve your meal and also to arrange for transportation to lunch and for medical appointments. Van transportation begins at 10:30 am each day. Please check with the Senior Center by calling 508-278-8622, Uxbridge Cable Local Access Channel 191, Facebook, or the Council on Aging website for the Lunch Menu.

The Senior Center is a drop off site for the People First Food Pantry. Donations are accepted Monday through Friday from 9 a.m. to 4 p.m.

SENIOR CENTER WISH LIST
 We welcome and appreciate the support of anyone in a position to give. Your donations make a significant difference in the lives of our elders and help support our daily lunch program. All monetary gifts can be made out to the Town of Uxbridge with Senior Center in the memo section of your check. Gift cards for Hannaford, Walmart and CVS also make nice gifts for senior citizens in need.

We also continue to need in kind donations of Clorox wipes, both regular & decaf coffee, napkins, paper towels and 8 oz. plastic and foam cups. One can donate directly to the center at 36 S. Main Street or online via the town's web page. Every donation helps and comes enormously appreciated! Thank you to all who have already donated as well! Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by Googling Uxbridge Senior Center, or even dropping by.
 • Uxbridge-ma.gov/coa
 • Facebook.com/UxbridgeMASeniorCenter

NEW TIME FOR SHOPPING TRIPS
 Grocery shopping every Tuesday. New Pick up begins at 8:30 a.m. Please make note of this time change so you will be sure to be ready.

REMINDER
 If you have purchased the Hannaford Helps Reusable Bags, they will scan them as you check out and a donation of 25 cents will be made towards the senior center's daily meal program. Thank you for your participation!

GROUP GRIEF COUNSELING
 Monday, Nov. 28, 4-5 p.m. at the Uxbridge Senior Center. Georgette Ducey, Hospice Care Consultant from Compassus will be present with Michelle Heron-Maciel, Executive Director Nurse, for group grief counseling. If you are experiencing any type of loss, we encourage you to attend. There are many losses in life: separation, divorce, unemployment, health-related losses, foreclosures and relocations. Please feel free to join these free sessions.

FALLON HEALTH
 Friday, Nov. 18, 1-3 p.m. Karrie Soltys, Sales Executive II Medicare Sales for FallonHealth will be here to roll out the New 2017 Senior Plans and Senior Care Options. If you have any questions, please feel free to join us!

THANKSGIVING MEALS
 Monday, Nov. 21, 6-7 p.m. Home Delivered Thanksgiving Meals for seniors in conjunction with People First Food Pantry of Uxbridge. If you know of any seniors that are shut-in or in need of a hot Thanksgiving meal, please call 508-278-8622 by Monday, Nov. 14, for delivery on Nov. 21.

T H A N K S G I V I N G CELEBRATION

Tuesday, Nov. 22, 11:30 a.m. to 12:30 p.m. Join our Annual Thanksgiving Celebration and we will have UHS students of Kathleen Penza singing for us! Be sure to call ahead to reserve your lunch as seating is limited.

ASK THE NURSE
 Tuesday, Nov. 22, 11:30 a.m. to 12:30 p.m. Salmon Health VNA will be available for the blood pressure clinic. If you have any questions about new symptoms you may have, questions about new medications, or any other health problem, they will be able to help you with them. Salmon Health nurse, Janet Iocabelli will be at the senior center every fourth Tuesday. Please join us for this important free monthly clinic offered by the Salmon VNA.

CLOSED
 The Uxbridge Senior will be closed on the following days in observance of Thanksgiving. Wednesday, Thursday and Friday; Nov. 23, 24 and 25. No Lunch and no transportation. We all wish you a Happy Thanksgiving!

UNDERSTANDING YOUR MEDICAL PROBLEMS
 Are you confused when you visit the doctor or pharmacist? There are some things that you can do to make it easier to understand. One way to help is to take a family member or friend with you, two heads are better than one when listing to instructions. Ask questions and ask for more information if you don't understand and have someone write down any instructions for taking medications or therapy. Use the computer to learn more about your medical condition and medications.

BEREAVEMENT COUNSELING
 Are you dealing with the loss of a loved one, losing a job or your home or just need to talk to someone? Please call the Senior Center and make an appointment to talk to our bereavement counselor who is available for people of all ages by appointment. All sessions are free, private and confidential. Call the Senior Center at 508-278-8622 to make an appointment.

NAVICARE
 Nelly Colon is the new Account Executive. You are eligible to join Navicare if you are 65 or older, live in our service area and have MassHealth. Nelly Colon can be reached at 508-847-8511 and she is also bi-lingual.

VETERAN SERVICES OFFICE
 Veteran Services Office is now located at The Uxbridge Town Hall. Carl J. Bradshaw, District Director can be reached at 508-278-8600 ext. 2017 and AnnMarie Cleary, Assistant Director can be reached at 508-278-8600, ext. 2037. Office hours are posted on the door.

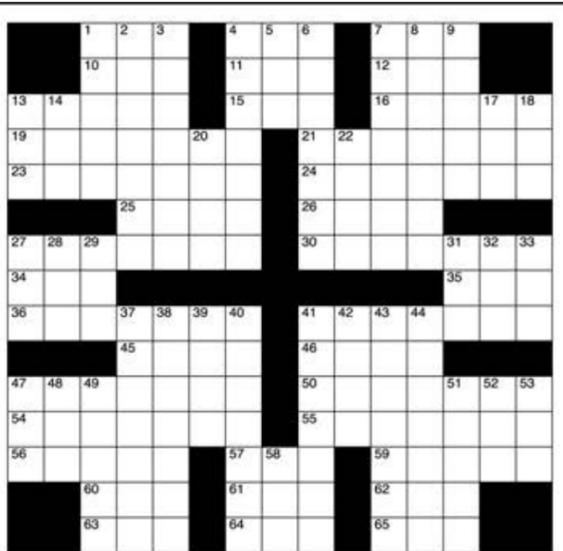
THE WEEK AHEAD

- Monday, Nov. 21: 11:30 a.m. – Lunch – Stuffed shells, spinach, Italian dressing & sugar free pudding.
- Tuesday, Nov. 22: 11:30 a.m. – Lunch – Thanksgiving Celebration, 8:30 a.m. – Pick-up begins for grocery shopping at Hannaford's. Call 278-8622 to arrange for pick-up.
- Wednesday, Nov. 23: Closed for Thanksgiving – No Lunch.
- Thursday, Nov. 24: Closed for Thanksgiving – No Lunch.
- Friday, Nov. 25: Closed for Thanksgiving – No Lunch.

MILLBURY SENIOR CENTER

Lunch is served Monday-Friday, 12 noon, for a \$2.50 donation. Reservations must be made 48 hours in advance.

CHAIN OF LIGHTS
 Sunday, Dec. 4, The Millbury Chain of Lights will be held on Sunday, Dec. 4, from 11 a.m. to 4 p.m. Stop by the Senior Center for some Holiday Festivities. Decorate a Gingerbread Cookie in our Beautiful Vintage Railroad Car. Our Tea Room will have sandwiches and Homemade Desserts along with wonderful entertainment! Shop our many miscellaneous hand crafted items, large raffle table! Meet Tony Bristol from 96.1 WSR & spin the SRS Prize Wheel Between 11:30 a.m. to 1:30 p.m. Free trolley rides. Performing at the Chain of

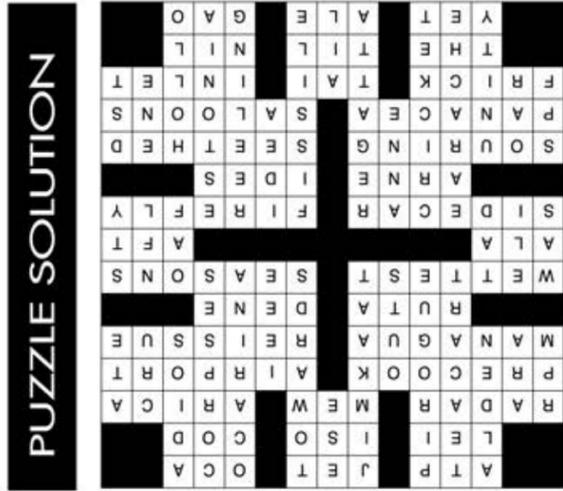


CLUES ACROSS

- | | |
|------------------------------------|---|
| 1. Adenosine triphosphate | 36. Attached to the side of a motorcycle |
| 4. Plane | 41. Soft-bodied beetle |
| 7. Plant cultivated for its tubers | 45. "Rule, Britannia" composer |
| 10. Wreath | 46. ___ of March: rough day for Julius Caesar |
| 11. Equal, prefix | 47. A way of changing taste |
| 12. Type of fish | 50. Bubbled up |
| 13. Measuring instrument | 54. Remedy |
| 15. High-pitched crying noise | 55. Barrooms |
| 16. Chilean seaport | 56. Henry Clay ___, industrialist |
| 19. Make in advance | 57. A citizen of Thailand |
| 21. Where planes land and take off | 59. Cove |
| 23. Nicaraguan capital | 60. One and only |
| 24. Reprint | 61. '___ death do us part |
| 25. Evergreen genus | 62. Zero |
| 26. Vale | 63. Thus far |
| 27. Not the most dry | 64. Brew |
| 30. There are four of them | 65. Crunches federal numbers |
| 34. Pie ___ mode | |
| 35. At or near the stern | |

CLUES DOWN

- | | |
|--------------------------------------|---------------------------------------|
| 1. John ___, Pilgrim settler | 31. An awkward stupid person |
| 2. Drink table on wheels | 32. Popular pro sports league |
| 3. A canoe | 33. Pippen |
| 4. Baseball player nicknamed "Kitty" | 37. Type of head pain |
| 5. Midway between east and southeast | 38. "Jiminy" is one |
| 6. Direction of attention | 39. Diarist Frank |
| 7. Egg-shaped wind instrument | 40. Boat race |
| 8. Cadavers | 41. Can be split |
| 9. Farewell | 42. Thought |
| 13. Revolutions per minute | 43. Staggering |
| 14. Small constellation | 44. Baltic country |
| 17. Vineyard | 47. Sunscreen rating |
| 18. Consumed | 48. Paddle |
| 20. Pitchers need to get them | 49. Togetherness |
| 22. Educational assn. (abbr.) | 51. Beat-influenced poet Anselm |
| 27. No longer is | 52. Midway between northeast and east |
| 28. Peyton's little brother | 53. Fall back, spring forward |
| 29. Small amount | 58. Afflict |



PUZZLE SOLUTION

LEARNING

NHS broadcast program poised to expand reach

BY RAYANNE COOMBS
NEWS STAFF WRITER

NORTHBRIDGE — Students in the Northbridge High School Broadcast Program will be reaching an expanded audience of viewers and listeners, thanks to a \$4,000 grant awarded to them through the Blackstone Valley Education Foundation.

The grant was funded by The Lampin Corporation, a company based in Uxbridge with a long history of helping the community and awarding grants to local schools.

Debra Leavitt Hebert, English and Broadcast Production teacher at NHS, and author of the grant, is elated to receive the grant money.

"It will be used to continue to grow and enhance the Broadcast Program here at Northbridge High School," Hebert said. "We are in the midst of launching a 24-hour internet radio sta-

tion, RAMS Radio, that will be managed by the students."

Hebert said the funds will also be used to acquire new equipment and software, and purchase a third camera for the Program along with other much needed broadcast related items.

The Broadcast Program at NHS is designed to help students develop real-world skills. Hebert, a former news producer at New England Cable News Network, and NBC, CBS, and Fox affiliate stations throughout New England, recently made a career change into teaching, after a decade in the broadcast news field.

"It's one of many programs here at NHS designed for students to learn and practice skills that can take into the work force," she said. "I love the broadcast business and I absolutely love bringing my real-world knowledge to students here at Northbridge High School. This is my third year teach-

ing here at Northbridge High and the program keeps growing by leaps and bounds. It's very exciting to help students find something to be passionate about."

The Broadcast Program allows all students in grades 9-12 to participate. Students work on a number of projects to learn and refine fundamental broadcast skills. They study how to work cameras, write scripts, use microphones and edit and produce their own video pieces. They also produce various video projects from commercials to interviews to short films.

Hebert added, "The students shoot, produce and edit many school events such as band and chorus concerts, sporting events, the school musical, and graduation."

With the guidance of Hebert, students control their own YouTube channel, which has more than 78 videos produced by students, <https://www.youtube.com/>

channel/UCFa1T3CBju42yictIEWfcDw. Students also produce videos for RAMS TV, which is broadcast on local cable access channel, 194 in Northbridge. You can also follow the Broadcast students on Twitter at RamsTVNHS.

When asked what she enjoyed most about working with the students at NHS, Hebert said, "Great kids do great things, and there are great students here. I love talking to them every day and sharing ideas. The students at the High School have an endless amount of creativity, and I love giving them a place to see their creativity become a reality."

With the significant funds received through the Blackstone Valley Education Foundation grant, and the power of communication and broadcast, Rams Pride is sure to reach a whole new audience for all of Northbridge to see.

EDUCATION NOTEBOOK

Whitinsville Christian School

WHITINSVILLE — Celebrate Christmas with WCS Family & Friends!

Join Whitinsville Christian School for a special Christmas concert featuring musical performances by WCS orchestras, students, faculty, families, alumni, and special community guests. Enjoy your favorite holiday classics, modern hits, a carol sing-along, and selections from Handel's Messiah.

This free event features something for everyone and is open to all. Dec. 20, at 7 p.m. at Valley Chapel, 14 Hunter Road, Uxbridge.

Country Montessori Preschool and Kindergarten

SUTTON — Do your holiday shopping and enjoy a fun family event while supporting MAP, the parent association of Country Montessori Preschool and Kindergarten of Sutton at Barnes & Noble's Book Fair on Sunday, Nov. 27, 10 a.m. to 8 p.m. at the Shoppes at Blackstone Valley, 70 Worcester-Providence Highway in Millbury.

A portion of the in-store proceeds and online orders will be donated to support MAP activities. For purchases to qualify, shoppers at check-out need to mention that they are buying on behalf of MAP. Online purchasers need to provide the Book Fair ID #12024808.

The online event runs from Nov 27 until Dec. 2.

"The book fair is a lot of fun for us to host because not only do the MAP families like it but so do Barnes & Noble's customers," said Valerie Small, MAP president. "We are thrilled to have Apple Tree Arts' "Ukulele Highway" duo of Jan Barlow and Theresa Atkinson play and sing country, folk and children's music. We'll provide winter themed crafts for children, several storytelling times and kids activity-themed raffle bags," Ms. Small explained.

Shoppers will enjoy entertaining music as they browse through the aisles looking for books, DVDs, educational toys and games, CDs and other holiday gifts. All edible items in the Barnes & Noble's café including beverages, pizzas, sandwiches, meals and deserts will be included in MAP's total sales. Everyone will savor free tastings of Cheesecake Factory cheesecakes, too.

Please do your shopping this holiday season at Barnes & Noble during MAP's Book Fair.

Northbridge Middle School

NORTHBRIDGE — Students from Northbridge Middle School recently attended the Blackstone Valley STEM Conference coordinated by Blackstone Valley Education Foundation (BVEF) and Tufts University Cummings School of Veterinary Science.

The popular annual event was held on the Tufts Grafton campus. Interactive workshops relating to careers in science, technology, engineering, and math were conducted by some of the leading businesses in Massachusetts, including Raytheon, the National Weather Service in Taunton, Brigham and Women's Medical Center, and the U.S. Army Natick Labs. Students were able to experience a typical day at college, which included classroom workshops, lecture hall presentations, and lunch in the dining hall. Parents attended an early college planning session conducted by BVEF staff and a representative from Massachusetts Educational Financing Authority (MEFA).

Northbridge High School Class of 2006 Reunion

NORTHBRIDGE — The Northbridge High School Class of 2006 will be hosting their class reunion on Saturday, Nov. 19, from 7 to 11 p.m. The reunion will be

at the Citizen Wine Bar in Worcester. For tickets or information contact nhs-classof2006reunion@gmail.com.

Whitinsville Social Library

CHILDREN'S PROGRAMS

• Dads, Domes, and Donuts is Saturday, Nov. 19 at 10 a.m., for one adult and children in grades K-4. Geo domes will be made out of newspapers to take home while enjoying donuts. Online registration is required.

• Weekly Music & Movement with Miss Deb for tots is held every Wednesday at 10:30 a.m., followed by Story and Craft time with Miss Marcia for ages 2 through preschool every Thursday at 10:30 a.m.

Both programs are drop in. For more information on programs, please visit the library website www.northbridgemass.org/whitinsville-social-library.

EVENTS FOR ADULTS

The Whitinsville Social Library, 17 Church St, Whitinsville, is off to a fabulous fall with the following events. All events are free and open to the public.

• The Game of Thrones Book Club will be reading & discussing the next two books in the series: Wednesday, Nov. 30, 7 p.m. Book #3 "A Storm of Swords."

Register online: <http://whitinsville.evanced.info/signup>

• Knitting & Needlework Group meets on Wednesday evenings from 6-8 p.m. Bring your latest project. All experience levels welcomed!

Please contact the Whitinsville Social Library with any questions at 508-234-2151.

Uxbridge Free Public Library: Upcoming Events

• Thanksgiving week hours: Wednesday, Nov. 23, close at 2 p.m. Thursday and Friday, Nov. 24-25, closed. Open on Saturday, Nov. 26, from 9 a.m. to 2 p.m.

• Seed Collecting Library: Seed donations for heirloom and special plants are requested. Save, share and collect.

• Technology Help: Bring your tablet, laptop or smart phone and we will show you how to use library apps to access audio e-books, e-books, music, and databases (these include but are not limited to: Axis 360, EBL, Biblioboard, Learning Express Library, Rocket Languages, Freegal Music and Overdrive).

ADULT & TEEN PROGRAMS

Yoga with Marise, Mondays at 7 p.m. Please sign-up for this free program sponsored by the Library Trustees.

Running Group for Adults: Most Wednesdays meet at 5:15 p.m. Check the website or call to confirm day and time. Leave the library at 5:30 p.m. for a 3- to 4-mile run.

Science Fiction Book Group, Nov. 19, from 10-11 a.m.

CHILDREN'S PROGRAMS

Babies and Books currently full; next sign up is coming soon, check the website.

Story Time currently full; next sign up is coming soon, check the website.

Crafty Wednesday: Each Wednesday, between 10 a.m. to 4:30 p.m. One craft per child, please. This is a free drop-in program.

Lego Time: Thursdays, from 3:30-4:30 p.m. Bring your own base; all other Legos are provided for your building creations.

COMING IN DECEMBER

Uxbridge First Night: Dec. 3: Storytelling with John Porcino

SENIOR

continued from page A8

Lights, Millbury High School Jazz Combo, 12 p.m.; Irish Step Dancers, 1 p.m.; H&H Dance Academy, 2 p.m.

RMV TRANSACTIONS

Every Wednesday, 10 a.m. to 2 p.m. The Five Transactions we will focus on are license renewals (for drivers younger than 75); registration renewals; change of address; duplicate license or registration; how to report a lost or stolen disability placard and how to request a replacement. Call us at 508-865-9154 for an appointment!

SENIOR CENTER ACTIVITIES

• Monday — 8:30 a.m.: Walking Club; 9:30 a.m.: Light Exercise; 12 Noon: Lunch; 12:30 p.m.: Wii Bowling; 1 p.m.: Cribbage; 1 p.m.: Game Day, Including Cribbage, Scrabble, Chinese Checkers, Scat & Wii Bowling
• Tuesday — 9-10 a.m.: Blood Pressure; 9-11: Coffee in the Garden (weather permitting); 9:30-10:30 a.m.: Tai Chi; 10:45-11:30 a.m.: Zumba Gold; 11:45-12:30 p.m.: Yoga; 12 Noon: Lunch; 1 p.m.: Cribbage & Scat
• Wednesday — 9:30 a.m.: Craft Class; 10 a.m.-2 p.m.: RMV Transactions; 12 Noon: Lunch; 1 p.m.: Social Bingo; 5-6 p.m.: Blood Pressure Clinic first and second Wednesday evenings

of the month; 6 p.m.: Bingo (we are resuming our Wednesday evenings Bingo!)

• Thursday — 10-11:30 a.m.: Adult "Coloring Class"; 12 Noon: Lunch; 12:45 p.m.: Whist; 2:30-3:30 p.m. Computer & Cell phone class. Reservations required 508-865-9154/

• Friday — 9 a.m.: Shopping; 9:30: Exercise; 12 Noon: Lunch; 12:30 p.m.: Bridge & Scat

Moore announces spring internship opportunities

BOSTON — Sen. Michael O. Moore (D-Millbury) announced the availability of spring 2017 internship opportunities in his State House Office for undergraduate and graduate students.

"Interns provide a valuable service to my staff and constituents alike," said Moore. "Legislative interns are an integral part of the office and assist with daily office operations, conduct legislative research, attend informational seminars, and have a first-hand opportunity to observe the Massachusetts legislative process."

Internships typically follow a semester calendar. Positions are unpaid and transportation reimbursement is not available. Due to the high volume of applicants, space is limited and preference is given to residents of the 2nd Worcester District. The deadline to apply for a spring 2017 internship is Friday, Dec. 23, 2016.

For more information, and to submit an application, please visit www.SenatorMikeMoore.com.

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SPORTS

For second straight year, Sutton tops Uxbridge for Division 4 district title



From left, Uxbridge High girls' soccer head coach Hussein Issa and senior co-captains Madison Cahill, Sam Morton and Meghan Jones have taken home a pair of Central Mass. Division 4 runner-up plaques after losing to Sutton High in the championship game in back-to-back years.

BY NICK ETHIER
SPORTS STAFF WRITER

BOLTON — Momentum carries a lot of weight in high school soccer, which is why Uxbridge High girls' varsity head coach Hussein Issa said that "the first goal was really critical" when the Spartans met Sutton High in the Central Mass. Division 4 district championship game for the second straight year.

Unfortunately for Uxbridge, the Suzies struck first before some spectators had even taken their seats.

Sutton, the top ranked seed in the bracket, never lost the

lead after that, dispatching the second seeded Spartans, 3-1, in a game played Sunday, Nov. 13 at Nashoba Regional.

"It made them settle down a little bit and they were able to play their game," Issa said of the Suzies. "If the tables were turned, it probably would have flustered them a little bit."

Sutton freshman Emma Joseph scored the initial goal 41 seconds in, with sophomore Bridgette Donovan assisting. Then, in the game's seventh minute, the Suzies upped their lead to 2-0 when junior Erica Dimmick lofted a shot that fell in the perfect spot for Sutton

fans — just under the crossbar and just over the outstretched reach of Uxbridge senior keeper Madison Cahill and into the net.

Cahill, who suffered a high ankle sprain in the Spartans' quarterfinal round win just five days prior, sat out the semifinal round win but returned for the championship game.

"It was a game-time decision and the trainer and I evaluated the situation," Issa said of Cahill's availability. "She's a trooper."

Uxbridge needed a boost of momentum, and leading scorer Olivia Hicks delivered. Following a long throw-in by sophomore Madeleine Schleinitz, Hicks, a fellow sophomore, broke toward the ball and booted it past Sutton junior keeper Naomi Falkenberg.

"I can't say enough about Schleinitz with the long throw," Issa said of what set up the scoring play.

"I saw the ball and I knew that that was the time I had to step up and put it into the back of the net," Hicks added.

That 12th minute strike was the final score of the first 40-minute half, as the Suzies clung to a 2-1 lead. But Sutton (15-5-1) grabbed a goal in the 54th minute to put the game away. Freshman Allie Wright scored it — shooting another ball just under the crossbar and past Cahill (9 saves) —

with Joseph assisting.

Issa made a goalie change with six minutes to play, giving Cahill a deserved round of applause while also thanking freshman backup Sydney Bretana for helping the Spartans win in the quarterfinals and semifinals.

The Spartans finished 15-6 and will lose seniors Audrey Bergeron, Cahill (co-captain), Danielle Harvey, Meghan Jones (co-captain) and Samantha Morton (co-captain) to graduation, but Jones and Morton displayed how proud they were of what the team accomplished over the past two years.

"It definitely felt good winning throughout the districts and making it here," said Jones, adding that the team suffered through an 0-6 start a season ago before catching fire.

"Usually we have a losing streak, but these past two seasons we've come on strong," added Morton, noting that the team "gave it our all, that's all you can do and all you can ask for from your team."

Hicks thanked the senior group for a memorable two years.

"They're great leaders, great captains and they were always there for us when we needed them," she said. "They were leaders on and off the field. We're really going to miss them next year."

But Hicks also thinks that



Nick Ethier photos

Olivia Hicks of Uxbridge elevates to get her head on the ball.

the team can not only reach the district final for the third straight year, but this time bring the title back to Uxbridge.

"We're going to get here next year and we're going to capitalize," she said. "We've had a great group these last two years making it and looking into the future we have a great group of girls with the eighth graders coming up. I'm excited to see what the future holds for us."



Uxbridge's Lindsey Moss kicks the ball out of harm's way before an intruding Sutton defender can catch up to her.



Madison Cahill of Uxbridge leaps but can't grab the ball on the Suzies' second goal — the ultimate game winner — during their Central Mass. Division 4 district final matchup.



Uxbridge's Olivia Hicks dribbles through the Sutton defense.

NEWS BRIEFS



Courtesy photo

From left, Daniel Page (UHS), Julie House (Blackstone-Millville), Sean Kelleher (Nipmuc) and Jane F. Keegan, Regent Deborah Wheelock Chapter DAR.

Deborah Wheelock Chapter DAR honors Good Citizens

UXBRIDGE — On Wednesday, Nov. 9, the Deborah Wheelock Chapter, DAR, welcomed Good Citizens from three area high schools: Blackstone-Millville, Nipmuc and Uxbridge.

The DAR Good Citizen program is a nationally known honor, created in 1934. Elected by classmates, it recognizes only one senior from their graduating class as the embodiment of dependability, service, leadership and patriotism.

The Deborah Wheelock Chapter DAR is pleased to name the DAR Good Citizens for the Class of 2017: Julia House from Blackstone-Millville, daughter of Lori and David House of Blackstone; Sean Patrick Kelleher from Nipmuc, son of Nicole and Daniel Kelleher of Upton; and Daniel Page from Uxbridge, son of Linda and Willard Page of Uxbridge.

After a reception to enjoy good food and socialize with the honorees and proud family members accompanying them, each Good Citizen received the official NSDAR certificate, DAR Good Citizen pin, a \$500 check, an engraved pewter Jefferson cup, and a signed photo of the famous WWII "Kissing Sailor" as a memento of the occasion.

"Moving Forward in Service to America", the Mission of the Daughters of the American Revolution is to pro-

mote education, foster patriotism and encourage historic preservation. For information about the DAR and its activities contact Jane F. Keegan at 508) 278-6064.

CMDART seeks president, other board positions

The Central Massachusetts Disaster Animal Response Team, Inc. (CMDART) is currently accepting applications for open Board of Directors positions.

We are seeking candidates with experience in non-profit, business/administrative management who might also have familiarity with emergency management, animal welfare, or disaster services.

For 13 years, we have provided information, training, support, supplies and personnel to help plan, prepare and respond to disasters throughout Central Massachusetts. This 501(c)3 was developed from the ground up and has become one of the most active animal disaster response teams in the State. With many great accomplishments behind us, we continue to build out the organizational structure for streamlined disaster response.

Our volunteer founder and president, JoAnn Griffin, has been fulfilling the duties of both running the administrative duties of the non-profit and as team lead for disaster operations for 13 years. Though she will remain on the Board of Directors, she wishes to step down as chairman and administrator of the non-profit to more fully concentrate on enhancing and equipping our disaster operations.

Because of this, we are actively seeking candidates for a volunteer who will serve as President / Chairman of the Board. This volunteer would manage the administrative support of our non-profit organization.

If you are interested, please send a resume and letter of interest to our Board via the Membership Coordinator, Dee Clark at membership@cmdart.org, or P.O. Box 1317, Douglas, MA 01516. For more details, please visit www.cmdart.

org/board.

CMDART is an independent, charitable, non-profit, tax-exempt 501(c)3 organization. We provide information, training, support, supplies and personnel to help plan, prepare and respond to aid animals affected by man-made or natural disasters. CMDART serves the local and regional communities of Central Massachusetts and particularly Worcester County. Animals affected by disaster can include small and large animals such as pets, livestock, and exotics. CMDART aids communities that seek to comply with the Pets Evacuation and Transportation Standards Act (PETS Act), which requires that household pets and service animals be included in local and state. Contact training@cmdart.org to register for a course near you or membership@cmdart.org for more information about joining the organization.

End of year contributions are much appreciated. For those who might be government employees, CMDART encourages contributions through the Combined Federal Campaign ID #22157. For more information about CMDART, or to make a contribution of any size, contact www.cmdart.org or send to P.O. Box 1317, Douglas, MA 01516. You may also call 508-476-3677.

Deborah Wheelock Chapter DAR remembers veterans

UXBRIDGE — Sunday, Nov. 6 dawned sunny, crisp and cold, but it was warm inside the Simeon Wheelock House, owned by the Deborah Wheelock Chapter, DAR, which opened its doors to visitors from 1 to 5 p.m.

While not all signed in, those visitors who did write their names filled two pages in the current guest book dating back 70 years.

Visitors, young and old, signed dozens of thank-you-for-your-service cards to veterans. Students from the Whitin Elementary School added dozens more colorful drawings and letters of thanks. Three boxes came from Mendon, plus



Courtesy photo

The Kissing Sailor with the DAR ladies. Standing, from left, Regent Jane F. Keegan, Barbara Hall, Judith McGee, and George Mendonsa at the Simeon Wheelock (DAR) House.

McCloskey Middle School students contributed more gaily decorated gift bags — all filled with 'comfort items.' Everything will be distributed by Carl Bradshaw, local veterans' agent, to patients at the Providence VA Medical Center to brighten their days.

After ceremonies on the Town Common there was standing room only when George Mendonsa, the famous 'kissing sailor,' arrived at the Simeon Wheelock House to inscribe copies of his photo and book. Most impressively, at 93 his reputation is still intact! Mr. Mendonsa greeted every female with a kiss and, while individual photos were taken with him, he regaled the audience with brief World War II stories! The signing party garnered donations totaling more than \$700 which will be used to purchase Hannaford gift cards to be given to Uxbridge veterans at the holiday season.

Once again, Uxbridge proved itself a 'community of caring' so appreciation to those who helped the Deborah Wheelock Chapter, DAR, make this special veterans 'thank you' project successful. DAR is "Moving Forward in Service to America." Those interested in DAR and its activities should contact Jane F. Keegan at 508) 278-6064.

SPORTS

HOW THEY GOT THERE

Spartans survive scare from Maynard to earn return trip to district final

BY NICK ETHIER
SPORTS STAFF WRITER

LUNENBURG — A season ago the Uxbridge High girls' varsity soccer team played the role of Cinderella en route to reaching the Central Mass. Division 4 district championship game after entering the tournament as the 14th and final seed.

Now in 2016, the Spartans came into the same D4 tournament as the No. 2 overall seed and have reached the district final again following a dramatic, 3-2 semifinal round victory over No. 3 Maynard High in a game played Thursday, Nov. 10 at Lunenburg High.

"This year, the girls decided that we are going to get a good seed and we're not just going to luck ourselves into the finals," explained Uxbridge head coach Hussein Issa.

The Spartans will play top seeded Sutton High in the final for the second straight year. Last season the Suzies squeaked by with a 2-1 victory following a tie-breaking penalty kick session.

Uxbridge freshman Elena Franzosa was key in beating the Tigers, as she scored the game-winner and also dished out a pair of assists.

"I wanted to help them get there this year," Franzosa said of another district final appearance, although she was just in middle school last season and wasn't

a member of the team.

"Elena, she is one of those people that has that instinct that you can't teach," Issa said of her soccer skills. "She's always in the right place at the right time."

Franzosa displayed her natural instinct in the early going, as the Spartans struck first in the game's second minute. Franzosa's lefty boot found its way past Maynard's defense and onto the foot of a hard-charging Olivia Hicks, a sophomore, whose shot caromed off the inside portion of the right post and into the net.

Ten minutes later, Uxbridge doubled its lead when Franzosa sent a perfectly placed crossing pass over all defenders and onto the foot of senior teammate Audrey Bergeron. After settling the ball, Bergeron deposited her shot into the back of the net.

"Our strategy from the beginning was to score early on them," said Issa, adding that they wanted to gain momentum so as to avoid the explosiveness that Maynard freshman Alyssa Bourgeois can display.

And although Bourgeois didn't score in this one, the Tigers rallied to tie it at 2-2 before the halftime break. Senior Rachel Thompson had both goals — in the 14th and 25th minutes — to set up for an exciting second half.

In the second 40-minute frame, Issa said that his team "played a little bit more conservative," and it paid off. In the 59th minute Hicks sent a ball in toward the goal, where Franzosa tracked it down, settled it and blasted a shot into the net.

"She was going up for the ball," Franzosa said of Maynard's keeper, "and I headed it down to myself so she couldn't get onto the ball."

"In the end when we got the leading goal I said we were going to go prevent," Issa added of the Spartans' defensive strategy. "I hung on for dear life."

Uxbridge did hang on, but just barely. The Tigers hit the crossbar twice and sent multiple shots just high or wide. Also, the Spartans' Sydney Bretana — the team's backup freshman keeper, filling in for injured senior Madison Cahill, who was out with a high ankle sprain — made seven saves.

"The youngster there did a great job," Issa said of Bretana's play.

Issa is excited for the rematch with Sutton with the district title on the line, and he said that playing in the tough Southern Worcester County League (SWCL) has helped his team become so successful.

"What helps us is that we play in a very tough league. We were tested already," he said.



Nick Ethier photos

Uxbridge's Colleen McNamara turns up toward midfield while dribbling the ball.

And although Sutton doesn't compete in the SWCL, the nearby Dual Valley Conference that the Suzies are in is also one of the toughest in Central Mass., but that hasn't shook the confidence of Franzosa and the Spartans.

"We're coming back for redemption. We've got it this year," Franzosa concluded.



Uxbridge's Audrey Bergeron uses her head to win a 50/50 ball versus an opponent from Maynard.



From left, Maynard's Zoe Sofferman and Uxbridge's Madeleine Schleinitz battle to gain possession of the loose ball.



Elena Franzosa of Uxbridge shields a Maynard opponent to be able to cleanly control a pass headed her way.



Colleen McNamara of Uxbridge settles the ball with the outside of her right foot in the Spartans' defensive end.

Uxbridge holds off upstart Douglas in penalties to advance to district semifinals



Junior defender Emily Philbrook of Uxbridge saves a ball headed for the sideline.

BY JON GOUIN
SPORTS CORRESPONDENT

UXBRIDGE — "It was a team win, and I think we wanted to win it for Maddie," Uxbridge High girls' varsity soccer head coach Hussein Issa said after a nail-biting 2-1 victory on penalty kicks over Route 16 rivals Douglas High in a Central Mass. Division 4 district quarterfinal round matchup on Tuesday, Nov. 8.

Issa was referring to senior tri-captain and starting goalie Madison Cahill, who exited the contest with 1:20 to play in the first half. Cahill went up for a ball but came down awkward-

ly, hurting her ankle and ultimately heading to the hospital. Her team did not want to lose in her absence, and perhaps no one stood up taller than freshman backup Sydney Bretana.

"We told her going into penalty kicks, 'Just make one save, make two, and we're golden,'" Issa said. "Livie [Olivia Hicks] scored the first goal, and scored the last goal that put it away in PK's, but Sydney really came up big for us today."

Bretana totaled seven saves in regulation and another two mammoth stops in the PK session. Cahill, before exiting, withstood a Tigers' onslaught

that saw her make 12 saves in 39 minutes of play.

On the other side of the field, another freshman keeper did all she could to keep the 10th seeded Tigers in the game. Alisia Guertin made 10 saves and her teammates made the most of her efforts, pushing the second seeded Spartans to the brink.

"Like everybody else, we battled injuries," Douglas head coach J.P. Galicia said after the game. "We lost five starters and our goalie, she was on JV's when the season started. I'm so proud of these girls, every single one of them. I don't think anyone thought that we'd go to PK's in the quarterfinal."

The previously mentioned Hicks — a sophomore forward — made it a 1-0 game on a spectacular play with 29:44 remaining in the opening half. Hicks headed the ball past Guertin after a huge throw-in by Madeleine Schleinitz carried from the sideline to the mouth of the net. The header went just over Guertin's outstretched arms and under the crossbar to give the hosts the lead.

While Douglas carried a lot of the possession throughout the contest, and came up with the most scoring chances, the Spartans maintained their one-goal advantage until the 73rd minute of play. With 7:08 remaining in regulation, junior Taylor Catlin got the equalizer on a rebound from a Jennifer Walker shot. The ball bounced off of Bretana and right to Catlin in front, and she did not miss the lower left side to make it 1-1, which ultimately sent the

game into the sudden-victory overtime format.

Neither team could score the "Golden Goal" in 20 minutes of extra time, so the game went to penalty kicks, where the Spartans and Issa were both prepared and determined to succeed.

"Last year we lost on penalty kicks to Sutton, so this year we worked extra hard, worked on it in every practice," he said of PK's. "This takes the sour taste from my mouth, and makes the win that much sweeter."

In PK's, Douglas won the toss and elected to shoot first. Senior captain Rachel Dixon fired first and beat Bretana for the 1-0 advantage, but Uxbridge's Schleinitz answered with a goal of her own. In the second round, Meghan Foley was stopped by Bretana, and

Samantha Morton gave the Spartans a 2-1 lead.

After a scoreless round three, Bretana came up with the save of her career, stopping Kiara Johnson, and then Hicks put the final nail in the Tigers' coffin as she beat Guertin for the win.

"These girls, I'm so proud of them, they gave it their all and played hard until the end," Galicia said of his team, which finished 10-8-2.

"Now we can go back to the drawing board and prepare for Maynard [in the semifinals, the No. 3 seed in Division 4], it will be tough. You have to beat a good team to get there, but we're a good team, too," Issa said of his Spartans (14-5) and the road ahead.



Jon Guoin photos

Douglas sophomore Julia Pepka holds off Uxbridge freshman Lindsey Moss while controlling the ball.

SPORTS

Warriors beat Uxbridge to win Division 3A district final, 27-7



Matthew Johnston of Uxbridge stares down a Nipmuc defender while carrying the ball.

BY JON GOUIN
SPORTS CORRESPONDENT

WORCESTER — The Uxbridge High varsity football team entered Commerce Bank Field at Foley Stadium on Saturday, Nov. 12, hoping that their third time participating in a district championship game in as many years would be the charm. After falling in this very game two years in a row to Northbridge High, a new opponent, top seeded Nipmuc Regional, stood in the way of the second ranked Spartans (6-4).

When the game came to a close, it was the the Warriors (7-3) winning the Central Mass, Division 3A title, 27-7, and booking a trip to Brockton High for a state semifinal against East Bridgewater High, to be held on Saturday, Nov. 19.

Nipmuc set the tone for the game early on, showing the teeth of its defense on the first Uxbridge possession of the day. Also on display was the type of luck the Spartans (6-4) would have to endure if they were to overcome the Warriors.

On their first three plays from scrimmage, a short Matt Johnston run

(11 carries, 41 yards), a Max White-Cohen (19 of 36, 130 yards, 1 TD, 4 INT) incompletaion and a third-down drop from usually sure-handed receiver Josh Callinan (5 receptions, 42 yards, TD), showed this would be an uphill battle from the jump for the Spartans.

To make matters worse, a bad snap led to a 7-yard punt, setting up Nipmuc with a first-and-10 at the Uxbridge 27-yard line. It would only take five plays and just over two minutes of game time to make it 7-0 when running back Patrick Donelan (18 carries, 131 yards) bulled his way if for a 1-yard score.

Uxbridge responded with their second three-and-out, and things were not looking good after Bridgewater High, to be held on Saturday, Nov. 19.

With 3:18 to play in the first half, Uxbridge evened the game at 7-7 when Callinan caught a 6-yard touchdown pass from White-Cohen, and finally the offense seemed to be clicking. But, with just 36 seconds remaining before the break, it was Nipmuc get-



Michael Rosa dives in an attempt to bring down Nipmuc ball carrier Patrick Donelan.

ting in the last lick when George Morrice made a 20-yard touchdown catch from senior quarterback Ryan Richards (3 of 12, 70 yards, 2 TD's), and it was 14-7.

"I think you've got to hand Nipmuc the credit," Uxbridge head coach Bob Martello said of his team not performing up to par. "The better team today won, without a doubt."

The third quarter saw each squad get their punting game going as no points were scored. But, with 2:43 remaining, the Spartans began to put together one of their best drives of the evening at their own 15.

The drive bled into the fourth period, but it stalled out after nine plays and Uxbridge was again forced to punt the ball away — their fifth punt of the evening. Nipmuc then took advantage, driving 75 yards on seven plays. The drive-capping touchdown, a 42-yard strike from Richards to Zach Hunter, all but wrapped

things up with 6:02 to play in what was now a 21-7 game.

The Spartans would not go quietly into the night, though, as they did their best to put together a drive that would pull them back to within one score. Unfortunately, they failed to convert a fourth-and-11 with four minutes to play to all but seal a Nipmuc victory.

But the Warriors fumbled, which brought a brief but fleeting glimmer of hope to the eyes of the Uxbridge faithful. Unfortunately for the Spartans, White-Cohen was intercepted for the fourth time of the game two plays later. Nipmuc's Jake Rofrano took it 35 yards to the house to provide the game's final score, 27-7.

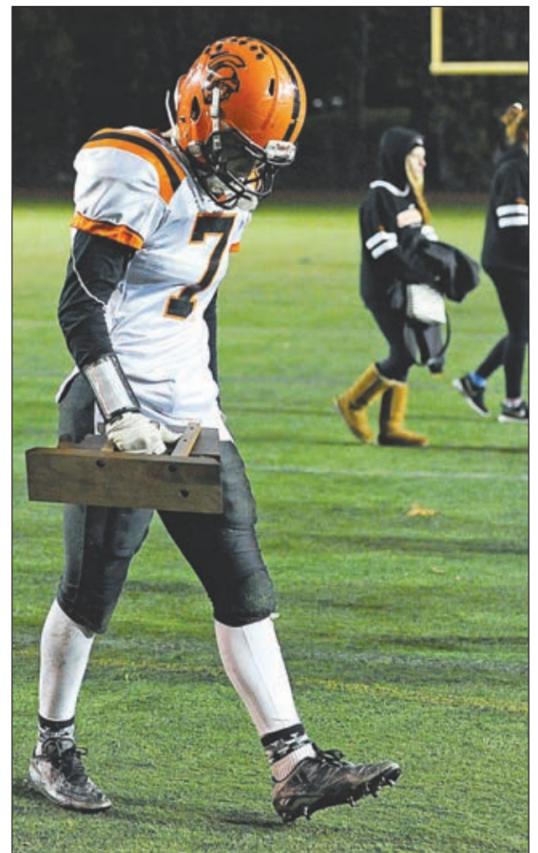
"They came out and did what they wanted to do," Martello said. "They deserve it, they played their type of ball and hats off to them. I wish them the best of luck next week."

While the loss ends

Uxbridge's playoff run, their season still has one game remaining, a date at Northbridge High's Lasell Field on Thanksgiving Day at 10:15 a.m.

"This game didn't end the way we wanted it

to," Martello said, "but Thanksgiving can sort of make up for it. We've got a couple weeks until we face them so, we'll lick our wounds, we'll get past this one and then we'll move on."



Uxbridge's Michael Rosa dejectedly carries the Central Mass. Division 3A runner-up plaque back to the sidelines after the Spartans fell to Nipmuc, 27-7.



Uxbridge's Michael Rosa and a couple other Spartans listen to an assistant coach during their Central Mass. Division 3A district championship game versus Nipmuc.



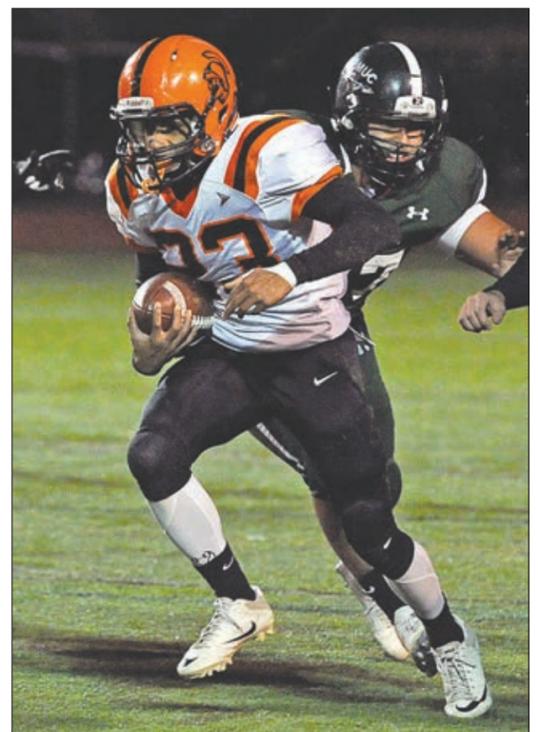
Quarterback Max White-Cohen of Uxbridge delivers a pass down the field while being rushed by a pair of Nipmuc defenders.



Nipmuc quarterback Ryan Richards has nowhere to go as Uxbridge defender Josh Callinan swallows him up.



Uxbridge's Max White-Cohen takes off for open field turf while carrying the football.



Uxbridge's Matthew Johnston breaks a tackle while running up the gut.

Photos courtesy Rich LeBlanc

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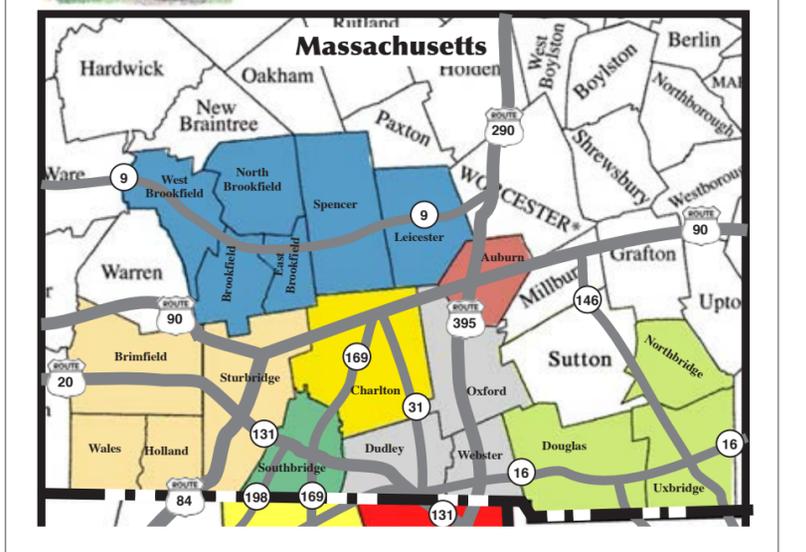
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SPORTS

Local cross-country runners compete in sectional championships

GARDNER — On Saturday, Nov. 12, the area's best high school cross-country student-athletes took to Gardner Municipal Golf Course for the Central Mass. championships. There were four races that were all of 5K length (3.1 miles). In order, from start to finish, they were Division 2 boys, Division 1 boys, Division 2 girls and Division 1 girls.

The top three teams in each race advanced to the state final (Saturday, Nov. 19, back at Gardner Municipal), while the top 10 individuals outside of the top three teams also go to states.

Below, please find all local results and finishers.

DIVISION 2 BOYS

- Team**
 8. Douglas
 9. Blackstone Valley Tech
 11. Whitinsville Christian
 19. Uxbridge

- Individual**
 3. Zack Bergeron, Blackstone Valley Tech, 16:52 (advanced to states)
 7. Trevor Mungeam, Douglas, 17:04 (advanced to states)
 31. Clark Bishop, Douglas, 18:21
 34. Joseph Thumann, Whitinsville Christian, 18:23
 39. Andrew Floyd, Blackstone Valley Tech, 18:31
 47. Conner Grady, Douglas, 18:40
 61. Alex Cortese, Douglas, 18:57
 64. Andrew Galicki, Blackstone Valley Tech, 19:02
 66. Peter Casey, Whitinsville Christian, 19:05
 70. Erik Martus, Blackstone Valley Tech, 19:10
 75. Liam Mahoney, Blackstone Valley Tech, 19:17
 76. Connor Paine, Whitinsville Christian, 19:18
 79. Carson Turcotte, Uxbridge, 19:22
 80. Nate Manz, Uxbridge, 19:25
 82. Jacob Vander Hart, Whitinsville Christian, 19:26
 85. Emmett Berard, Douglas, 19:30



89. Hearn Sam, Whitinsville Christian, 19:35
 91. Michael Aurelio, Blackstone Valley Tech, 19:36
 95. Patrick Peloquin, Douglas, 19:39
 101. Sam Henedy, Douglas, 19:50
 111. Jonathan LeDuc, Whitinsville Christian, 20:12
 115. Alex Kerr, Whitinsville Christian, 20:18
 117. Michael Schmitt, Blackstone Valley Tech, 20:19
 131. Patrick Burke, Uxbridge, 20:47
 142. Michael Walsh, Uxbridge, 21:16
 153. Jacob Dunton, Uxbridge, 21:41

158. Ryan Semle, Uxbridge, 21:45
 172. Jayce Knapik, Uxbridge, 22:24

DIVISION 2 GIRLS

- Team**
 6. Douglas
 12. Uxbridge

- Individual**
 3. Caroline Meizen, Douglas, 20:26 (advanced to states)
 5. Keely Mungeam, Douglas, 20:35 (advanced to states)
 32. Sarah Johnston, Uxbridge, 22:25
 33. Hadley Koeman, Whitinsville Christian, 22:26

42. Molly O'Mera, Blackstone Valley Tech, 22:42
 45. Hannah Jones, Uxbridge, 22:48
 50. Allie Benedict, Douglas, 23:01
 51. Arianna Koeman, Whitinsville Christian, 23:01
 59. Mikenna Manz, Uxbridge, 23:14
 62. Annie Hayes, Douglas, 23:21
 77. Vanessa Rios, Whitinsville Christian, 23:56
 81. Mikensie Morin, Douglas, 24:08
 105. Rebecca Rokne, Douglas, 25:13
 108. Emily Landini, Uxbridge, 25:15
 117. Hannah Picard, Whitinsville Christian, 25:32
 126. Emily Weagle, Blackstone Valley Tech, 25:48
 128. Jordan Gulino, Uxbridge, 25:52
 137. Lilly Bolandrina, Douglas, 26:16



Nick Ethier photos

Gardner Municipal Golf Course hosted the Central Mass. cross-country championships on Saturday, Nov. 12.

POSTSEASON SCOREBOARD

Nov. 8

Central Mass. Division 3 Girls' Soccer Quarterfinals

(1) Holy Name 2, (9) Blackstone Valley Tech 1 — The Beavers finished 17-3 in MIAA games after suffering a tough loss to the Naps in the district tournament. Before that, Valley Tech won the State Vocational Large Schools championship following the regular season.

SPORTS

Spartans fall short in district semifinals versus Grafton, 4-0



Senior co-captain Ryan Morais of Uxbridge works the ball forward during the Spartans' 4-0 loss to Grafton at Foley Stadium in the Central Mass. Division 3 district semifinals on Wednesday, Nov. 9.



Uxbridge's Andrew Kuros deflects a pass attempt by Grafton's Stijn Balogh de Galantha, who dwarfed the Spartans' senior midfielder.

Jon Guain photos

BY JON GOUIN
SPORTS CORRESPONDENT

WORCESTER — Just as there are two sides to every story, there are two ways the second seeded Uxbridge High boys' varsity soccer team can view their 4-0 setback to No. 3 Grafton High in the Central Mass. Division 3 district semifinals. And, as with most solid coaches, Spartan head coach Tony Spagnuolo saw both.

Speaking after the loss at Commerce Bank Field at Foley Stadium on Wednesday, Nov. 9, the always upbeat Spagnuolo reflected on the day, and a terrific season.

"I was hoping this would be the year, but I'm not disappointed. Every year, we've made it one step closer in my next years, so maybe it'll be next year. They [Grafton] are good, but this just wasn't our 'A' game," he said.

The Indians (17-2-2) got in front of Uxbridge in the 13th minute of play as senior Kyle Scanlon got a feed from classmate Paul Pichon and beat Spartan keeper, junior Andrew Bretana (16 saves). The eventual game-winner officially came with 27:47 to play in the first half.

Uxbridge, try as they might,

never could mount much of an attack on the Grafton end of the field, posting just four shots on senior keeper Chase Heck (4 saves), who stopped them all for the shutout victory.

With 8:51 left in the half, Frederick Zheng made it 2-0 to the Indians, taking the assist from Owen Frank.

After halftime Uxbridge came out hard and played stronger than they did in the first half, but the Grafton backline was up to the task. Before long it was 3-0 as David Toscano beat Bretana on a rebound that got away from the all-star keeper right in front of the net.

"Once you're down three...

two wasn't bad, we've done that before," Spagnuolo said of the halftime deficit, and what would be the backbreaker for his squad.

Sophomore Stijn Balogh de Galantha got the final tally, assisted by Toscano with exactly 22 minutes to play, and the Spartans never got close in what time remained.

Uxbridge will graduate five players from their 14-2-4 team: Andrew Kuros, Cody Normandin, Lucas Horan, and co-captains Alex McCall and Ryan Morais. An emotional Morais reflected on the Spartans' stellar 2016 season after the defeat.

"Coming into this season we wanted to really prepare ourselves for what was to come. At the end of the day I'm really proud of everybody. Uxbridge has never done something like this before. We didn't get the result we wanted, but we got more than we expected," he said.

Grafton moved on to face No. 5 Nipmuc Regional on Veterans Day, while the Spartans will call it a year as they look toward 2017 with a nice crop of young talent, and what should be one of the best keepers in Central Mass. in his senior season in Bretana.

Crusaders reach district final before falling to Millbury

The Whitinsville Christian School varsity volleyball team embarked on quite a run in the Central Mass. Division 3 district tournament, as the sixth ranked Crusaders won 3-0 decisions over No. 11 Sutton High in the first round, No. 3 Abby Kelley in the quarterfinals and No. 7 Norfolk Aggie in the semifinals.

Whitinsville Christian then took on No. 5 Millbury High in the district final on Saturday, Nov. 12 at Wellesley High, but the Woolies ended the Crusaders' season there, winning three sets to one. Whitinsville Christian finished their terrific season with a record of 18-6.



Courtesy photo

The Whitinsville Christian varsity volleyball team is all smiles after defeating Norfolk Aggie at home in the semifinals of the Central Mass. Division 3 district tournament. The Crusaders advanced to the final, where they fell to Millbury High, 3-1.

SPORTS BRIEFS

Ski or snowboard at Wachusett Mountain

Are you interested in having a lot of fun while also helping to make the winter fly by? Any student, parent or teacher from any of the surrounding towns can ski or snowboard for eight consecutive Saturday nights at Wachusett Mountain for just \$150 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eight-week program begins on Saturday, Jan. 7 and ends on Saturday, Feb. 25. Ski or snowboard rentals as well as lessons are also available at a very reasonable cost. You may also be able to ski or snowboard for free through your health insurance coverage.

Also, anyone (students or non-students) can purchase Gold, Silver and Bronze Century Passes at a lower discounted price through our Club. For more information, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

Worcester State University set to host plenty of baseball clinics

Various baseball clinics will be held at Worcester State University this year and rolling into the next. Please visit <http://www.wsulancers.com/camps-clinic/index> for additional information on any of the clinics.

First Holiday Fun Baseball Clinic: Dec. 27-29, 9 a.m. to noon in the multipurpose gym/cages.

10th annual Friday Night Baseball School: Jan. 27, Feb. 3, Feb. 10, Feb. 17, Feb. 24, March 3, hitting from 6-7 p.m., pitching from 7 to 8 p.m. in multipurpose gym/cages.

22nd annual Hitting Clinic: Feb. 20-22, 9 a.m. to noon in multipurpose gym/cages.

10th annual Pitchers and Catchers Clinic: April 18 and 20, 9 a.m. to noon outdoors on Lyons Diamond.

Third annual U.S. Baseball Academy: June 26 and 29 outdoors on Lyons Diamond.

10th annual Instructional Prospect Clinic: Aug. 15, 9 a.m. to 3 p.m. on Lyons Diamond.

Greater Milford Ballet Company presents 'The Nutcracker'

WRENTHAM — This holiday season, the 36th annual "The Nutcracker" will be presented by the Greater Milford Ballet Company on Saturday, Dec. 17, at 3 p.m. and Sunday, Dec. 18, at 2 p.m. at King Philip High School in Wrentham in their state-of-the-art auditorium.

Cast member dancers are from local surrounding towns including Uxbridge, Blackstone, Milford, Mendon, Northbridge and Wrentham.

The young dancers in the production play multiple roles in the production dancing in scenes and corps numbers often requiring exciting backstage quick changes. Local student cast members from the local coverage area include:

- Alexa Kearnan a sophomore at Nipmuc High School in the lead role of Arabian;
- Isabella Casucci a freshman at Nipmuc High School in the lead role of Chinese Tea;
- Maline Demers in eighth grade at McClosky Middle



Courtesy photos
Alexa Kearnan, a sophomore at Nipmuc High School, in the lead role of Arabian.



Natalie Morris, in sixth grade at Northbridge Middle School, in the lead role of Clara.



Maline Demers, in eighth grade at McClosky Middle School, in the lead role of Fritz.



Isabella Casucci, a freshman at Nipmuc High School, in the lead role of Chinese Tea.

School in the lead role of Fritz;

- Natalie Morris in sixth grade at Northbridge Middle School in the lead role of Clara.

Highlights of the Greater Milford Ballet's "The Nutcracker" include guest appearances from the professional dancers Emily Loscocco as the Sugar Plum and Ilya

Burov as the Cavalier. During her career, Emily has danced with the Orlando Ballet, in works with Twyla Tharp and Bergit Scherzer and with Festival Ballet Providence. Ilya Burov has danced with the Moscow Ballet, Festival Ballet Providence and Alaska Dance Theatre. Although the production is traditional, every year

something new is introduced such as a new costume, new set element or new character to add to the element of surprise. Ticket sales are available, at Charles River Banks located at: 16 Hastings Street in Mendon, South Maple Street in Bellingham and 70 Main Street in Medway or by calling the Deane Dance studio at 508-473-3354. Available remaining tick-

ets are priced at \$25, \$20 and \$15. Tickets will be sold at the auditorium if still available.

This year's intermission raffle items will be from local restaurants and gift baskets from local businesses.

For more information or tickets, send email to deane-studio@yahoo.com or call 508-473-3354.



Various scenes from "The Nutcracker," which will be presented by the Greater Milford Ballet Company in December.



Legislators: Marijuana legalization still poses issues

QUESTION

continued from page A1

- Spencer: 3,089 Yes (53.4 percent), 2,692 No (46.6 percent)
- Leicester: 3,056 Yes (53.1 percent), 2,694 No (46.9 percent)
- Brookfield: 1,012 Yes (56.1 percent), 793 No (43.9 percent)
- North Brookfield: 1,459 Yes (57 percent), 1,100 No (43 percent)
- West Brookfield: 1,109 Yes (53.5 percent), 964 No (46.5 percent)
- East Brookfield: 608 Yes (51.2 percent), 580 No (48.8 percent)
- Uxbridge: 4,190 Yes (54.4 percent), 3,518 No (45.6 percent)
- Northbridge: 4,161 Yes (50.4 percent), 4,097 No (49.6 percent)
- Douglas: 2,795 Yes (56.9 percent), 2,116 No (43.1 percent)
- Auburn: 4,633 Yes (50.6 percent), 4,530 No (49.4 percent)

Following the results, Stonebridge Press reached out to some local state officials about the new law, and while the bulk of the region's elected leaders in Boston openly opposed the question, they said they certainly accept the fact that the voters have spoken.

State Rep. Joe McKenna (18th Worcester District), said he doesn't necessarily agree with the decision, but noted his opposition was based purely on concerns with the legislation itself, and not his personal beliefs about marijuana use.

"I was very outspoken against it, not on a philosophi-

cal level or whether marijuana was good or bad, but because of the details and the tax rate that was included," McKenna said. "There are so many details of this bill that are deeply flawed. We as a Legislature will need to correct that. It will be a major agenda item statewide."

McKenna's fellow state representatives seemed to agree that while the voters had their say and approved the legalization of marijuana, there are concerns about abuse of the drug, how to regulate it, taxation of the substance, and the legal ramifications of its abuse that all still need to be resolved.

"I did vote against it, but the people have spoken and we will respect the will of the people," 6th Worcester District State Rep. Peter Durant said. "Now we will have recreational marijuana, but because now it is a law, or will be, it's subject to amendments just like any other law, and we will consider some of those amendments. We're just starting to talk about it, really. Maybe we'll have a roundtable with local lawmakers and police chiefs to discuss it ... that's something we're considering. We'd like to get some ideas of what we may need to do to look at some of the problems with this law."

"The challenge now is getting the tweaks done on this new legislation, but overall it's something that will now happen in Massachusetts," 7th Worcester District State Rep. Paul Frost said. "I know my district was close. Statewide

it was fairly close. It's going to be a law, it passed ... and I don't foresee the Legislature preventing it, but I do see some potential flaws and tweaks and what exactly will happen, I think, will take shape over the next few weeks. I think there is room to make sure we address some of the vagueness in the law and some public safety concerns. We want to make sure that local communities will be able to properly zone where any sort of store is and we want to make sure edibles won't get into the hands of children. There are some issues of concern, but we will have to find a way to work within the law without overturning it."

Worcester-Norfolk State Sen. Ryan Fattman said he too disagrees with the legislation, but said now the real work begins as lawmakers prepare to initiate the law and resolve some of the loopholes and issues that still remain a concern.

"I do have concerns about it, one of which is law enforcement has no ability to measure or gauge when someone is high and driving. There's not a scientific way of testing it like there is with blood alcohol level," Fattman said. "Also, it's still illegal on the federal level, and I'm concerned because I don't know what (President-elect Donald) Trump's Justice Department is going to do. Back in 2005, the Bush Justice Department had prosecuted people selling medical marijuana in California. So, I'm always cautious that you have

to be careful with things like this because just because the state made it legal, federal law still exists and is supreme. I doubt anything would happen there. I think we're living in a different age where these laws will be changing, and at the end of the day, you have to respect the will of the people."

Stonebridge Press also spoke with Worcester County Sheriff Lew Evangelidis about the new legislation, who said he was also against the question, and while many in favor of making marijuana legal looked to law enforcement arrests of users to ridicule its illegality, he said the issues he has with the substance stemmed from much more wide-spread consequences of using the drug.

"One of the rationales people had about it was that it's unfair for people to get arrested and go to prison for possession of marijuana and things like that. From the get go, that was a red herring," Evangelidis said. "It doesn't happen, and that's the fact so there are no people incarcerated today for possession of marijuana or small amount of marijuana, unless there is the complication of a small undercharge, like breaking probation. But we are in the middle of an opioid crisis, and I talk to inmates every day and they tell me the same story. It was always essentially marijuana that was a gateway for them to try other drugs. When they got high it changed everything for them. I don't think it's a good message to

send to young people. It's a gateway drug for a lot of people, and I saw it as the wrong signal at the wrong time."

Evangelidis said it's the first time he remembers in his six years that sheriffs throughout the state were on the same page with a piece of legislation, and while he respects the voters' decision, he hopes that some of the concerns he and others in the state have are addressed properly before the law takes effect.

"We respect the will of the voters, and we'll work to help it be put into place in a responsible and careful way taking into consideration the potential of marketing to children, driving under the influence and other things that can and need to be regulated properly so it doesn't get out of control and we start looking back thinking that it was a bad decision," Evangelidis said.

With less than a month before the new law takes effect, it appears lawmakers have a lot of work ahead of them. While many are cheering the decision to approve marijuana for recreational use in the state, others fear the decision may cause more harm than good. Only time will tell just how harmful or insignificant the decision will be.

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

Voters turn out in record numbers in the Valley

In one of the most contentious presidential campaign races in recent history, voters in Northbridge, Uxbridge and Douglas turned out in record numbers to cast their ballots and have their voices heard on Tuesday, Nov. 8. In spite of a new "early voting" option in Massachusetts, many voters waited until Election Day to cast their vote at the local polling places.

Rayanne Coombs photos



Connor Nowlan, 18, a senior at Northbridge High School and first-time voter, is excited to support incumbent State Rep. David Muradian. "I've met Representative Muradian through my Student Government, and he is a great guy as a politician and a person," he said.



Paul Brouillard, co-host of "3 on 11" airing on Northbridge Community Television, shows his enthusiasm for presidential candidate Donald Trump, the big winner last Tuesday.



Nancy Brower holds a sign for Jen Caissie, saying, "She represents all people of all ages."



Polls in Douglas had a steady stream of voters throughout the afternoon.



Amy Amaral, Douglas Captain for the Trump Campaign, who had been holding signs since the polls opened, said: "I haven't seen a Hillary sign all day. Trump voters are the silent majority."



Many voters in Uxbridge chose to cast their ballots in the late afternoon. Kelly Dumas, Uxbridge Town Clerk, said: "We have had a phenomenal turnout." In spite of 2,200 early ballots, by late afternoon 3,975 voters had shown up at McClosky Middle School to vote in person.



A clear, crisp fall day in front of the Douglas Municipal Building where voters cast their ballots.



Marian Baker, former Uxbridge Town selectman, and first female to serve as chair for the group, has lived in Uxbridge for 62 years. "I love this town," she said.



Matthew Macsween, 16, "I came out to get my voice heard with a sign."



Attorney Gregg Bertonazzi, Democratic Committee chairman for the Town of Uxbridge, and Wendy Wasiuk.



In spite of almost 2,400 early ballots, voters filed into the Northbridge High School gymnasium in record numbers to cast their votes on Election Day.

LEFT: Karen Sherlock and Kathy Kroll, volunteers for the VFW Auxiliary 1385 in Uxbridge, collect donations and pass out "Buddy Poppies" to voters at the McClosky Middle School.

Moore cruises past Beshir to remain in Senate

MORE

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opioid crisis remains a focus, and he will also continue supporting efforts to expand access to quality early education. To that end, he will advocate for increasing the salary rate for early educators to help hire and retain qualified teachers, among other goals for the district.

"It's about coming together to find practical solutions to address problems faced by our families, friends and neighbors," added Moore, who previously served as a law enforcement officer, environmental investigator, and

selectman. "I will continue to fight for causes that help make a positive difference in the lives of those living in the 2nd Worcester District."

Beshir, meanwhile, knew it would be an immense challenge to run against a popular veteran legislator — but he embraced the opportunity to convey his messages to voters and fight for change.

"I would like to thank the citizens of the Second Worcester District for giving me an opportunity as their Republican candidate. It has been a great honor and privilege, and I could not ask for more than this opportunity," Beshir said. "I am proud of the great work we have done with my fellow citizens in this election to receive more votes than

expected."

Beshir vows to remain active in his community and supportive of residents. The founder of the Ethiopian Dream Center/CMMAP, Inc., he has spent eight years assisting those in need — and he plans to stay engaged in the district. In time he will consider whether to run again, but he hasn't made any definitive decisions yet.

"I look forward to continuing to be involved in the affairs of our community. I couldn't thank voters enough for the tremendous support they have given me — and those who have been by my side in our endeavor," Beshir added. "I will continue to do what I love, which is helping our district to be

the better place for all our citizens. The future belongs to those who show up and be a part of a solution."

In Leicester, Moore defeated Beshir, 3,856-1,448. In Auburn, the numbers in Moore's favor translated to, 6,334-2,138. The closest vote in any community was in Northbridge, where Moore earned a 2,529-1,435 win.

Moore carried every community in his district, with the widest spreads coming in Worcester and Shrewsbury.

Kevin Flanders can be reached at 508-909-4140, or by e-mail at kflanders@stonebridgepress.com.

Valley legislators re-elected in unopposed races

TERM

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20 years. As his staffer for seven of those years, I was able to witness how much dedication and time he invested in his constituents, and how much he thoroughly enjoyed his role," he said.

Muradian was a part of many great successes in the past session, including two of the House's key pieces of legislation, the fentanyl trafficking bill, and the opioid abuse bill. While he believes that the House did accomplish quite a bit in the past session, he says that there is still plenty left to do.

"I plan on re-filing many of my current bills, with an eye on the benefits for seniors, as well as special education costs," he said.

With debate already beginning to swirl around the passage of Question 4, Muradian said, "I would anticipate that the House will be tackling the newly passed marijuana law, which I am quite interested in addressing, as I have serious concerns surrounding it. Whereas there are so many questions that still linger around this,

I can see the legislature pursuing many avenues to regulate the use of recreational marijuana."

Uxbridge resident Kuros, who has served in the House of Representatives since 2011, will also return for another term in January. In his tenure at the State House, Kevin has been appointed to the Joint Committee on Economic Development and Emerging Technologies, the Joint Committee on Municipalities and Regional Government, and is the Ranking Republican on the House Committee on Technology and Intergovernmental Affairs.

Kuros will begin the new term with a full agenda of priorities.

"There are a number of infrastructure projects that are very important to my district," Kuros said. "For example, in Bellingham, there is a highway interchange project; in Uxbridge, there is a major sewer plant upgrade project; in Millville, the town hall has structural issues and may not be able to be saved; in several of my towns there are environmental issues that

we are working with the DEP and/or the EPA to make sure the appropriate level of attention is applied."

Kuros said he is proud of the work the Legislature has accomplished surrounding the opioid epidemic, however he believes there is still more to be done.

"One of my top agenda items will be to continue to work on legislation and other non-legislative initiatives regarding the opioid epidemic," he said. "While the opioid bill we passed last session was an enormous step in the right direction, there still is much work to be done regarding awareness, de-stigmatization, program expansion, and other aspects. Lives and families are being shattered on a daily basis by the epidemic, and we need to continue the work on prevention, treatment and recovery."

He went on to add: "One of the most emotional moments I had this last term was standing on the Grand Staircase at the State House behind Governor Baker as he signed the opioid bill into law, with loved ones of victims who died from overdoses at his side. I

thought to myself, 'If this bill keeps even one parent from having to bury their child, we have done something very important.'"

Kuros categorizes himself as a business friendly fiscal conservative and a social conservative. He was named one of the Restaurant and Business Alliance's 2012 "Great 8" Legislators in 2012 for his efforts in supporting small businesses and the restaurant industry.

"While I've always followed politics and been somewhat of a 'policy wonk,' I never had a plan to enter into politics," he said. "However, shortly after moving to Uxbridge, I got involved in the debate over whether or not to build a new high school. The issue deeply divided the town, and with young children, I found myself embroiled in the debate. I decided to run for the board of selectmen to try to help bridge the divide and find a solution that was both affordable to our residents and appropriate for the education of our children. During my first term on the BOS, we purchased a parcel of land for the project, and during my second term



Kevin Kuros



David Muradian

we reached consensus on the project and initiated construction."

Kuros, who has never missed a roll-call vote in his six years in the Legislature, says: "The past 18 months have seen the country engulfed in an incredibly divisive Presidential election. While I had hoped the end of the election cycle would bring much of that to closure, it is obvious from the news reports of the past week that we as political leaders need to do our part and lead by example by focusing on what unites us rather than divides us."

He believes active participation with his colleagues helps is crossing over part lines.

"I attend and participate actively in as many

committee hearings as my schedule permits," he said. "While a number of issues are partisan in nature, there is typically common ground to be found in nearly all legislation, and the best way to find that common ground is to get to know your colleagues by participating fully in the process."

Both Muradian and Kuros are looking forward to the legislative to-do list ahead on them in the next term. With an enthusiastic focus on working hard for the best interests of their constituencies, and with their all-inclusive, collaborative political approach, the Blackstone Valley communities they represent are sure to reap the benefits.

After 40 years, Rice looks to future at Alternatives

RICE

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through a class action lawsuit to improve the conditions of state institutions, and to begin to fund new, community-based services that would provide a place for individuals to go after being discharged from state institutions. Rice partnered with Sharon Rinkus ... and Alternatives was born. "We began as two residential programs and one apartment program based in Douglas, Milford and Medway, and for the next 15 years, the State of Massachusetts began emptying institutions, creating a dire need for more community-based programs, which naturally helped in the expansion of our programs," Rice said.

Since founding Alternatives in 1976, Dennis Rice has remained steady in his pursuit of providing individuals real opportunities to become valued members of the Blackstone Valley community, and beyond.

"Our mission has come down to three words — skills, support, success," he said. "We help provide individuals with the skills or the support to be successful and satisfied in their own life."

Over the last 40 years, Rice has helped

hundreds, if not thousands, of individuals.

"It's a terrible thing, but in the 40's and 50's, if you had a disabled son or daughter, you were encouraged to institutionalize that child. We've served people who had been in that kind of environment since they were babies, and many times living in that kind of isolated, and sometimes horrific environment, they came out more disabled."

Rice and his counterparts in the mental health community worked tirelessly over the years to "rescue people that had been locked up for not very good reasons, and bring them back to the community from which they came, so that they could get back into the mainstream, and have a job, or have a friendship."

He went on to say: "That is why we started Alternatives, and it's probably the most meaningful thing that we have done."

Today, Alternatives offers 60 programs throughout central Massachusetts, including residential, employment and day services.

"We like to say that we help 1,200 people start each day with a personalized plan to improve their lives," he said.

With more than 725 staff members, Alternatives receives most of their

funding from the Commonwealth, however, Rice noted that donations and fundraising are critical to help fund the vast number of day programs, and also increase the quality of life for individuals in the residential programs.

"Our biggest event is the Valley Friendship Tour, which in the past has raised over a quarter million dollars," Rice said.

As the leader of an amazing staff, Rice strongly believes in the important work that they accomplish on a daily basis.

"They are supporting some of the most vulnerable members of the Commonwealth," he said. "It's honorable work, and what they give to the individuals they serve is the gift of significance, that they can truly make a difference in someone's life. And they do, every day."

He went on to say that sometimes the progression is small but his staff members are always providing individuals with hope.

With his theatre background, Rice has also brought the arts and culture to the Alternatives community by offering an art gallery, artisan studio spaces, and a theatre, within the mill that houses the Alternatives executive offices. Additionally, ValleyCAST, a non-profit subsidiary of Alternatives, facilitates

cultural activities such as art exhibits, concerts, plays and other events that bring people together.

Part of the tremendous success of Alternatives, are the volunteers who donate their time and talents to help individuals build successful lives.

"We would love to have more volunteers from the community to take part and have a relationship with the people we serve. Even if it's just to go have a cup of coffee once or twice a month, or shoot some baskets, or take a walk together," Rice said, adding that volunteers at Alternatives gain satisfaction knowing that they are making a tremendous difference in someone's life.

The future is bright for Dennis Rice. He recently received an award honoring him for his many years of service to the community. Alternatives Board Chairman Mary Ellen Root described him as "a visionary and an innovator." He looks forward to continuing to innovate and improve the qualities of the individuals served by Alternatives.

"One of my goals is to continually assess the outcomes of the programs, to ensure that not only are we being efficient with the funding, but also effective in truly improving the quality of life of the people we serve," he said.

Frost cruises to victory in 7th Worcester District

FROST

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that Dotson's focus on national issues was in the wrong place for someone running to be a state representative.

In the end, Frost dominated the vote, more than doubling Dotson's total, with Frost garnering 13,558 votes to Dotson's 6,857, and told Stonebridge Press that it was a challenge running a re-election campaign in the highly competitive environment that comes with any presidential election year.

"It's a challenging campaign cycle when you run in a presidential year, and I think, especially when you have a presidential race as volatile and divisive and polarizing as this one, there's just so much attention," Frost said. "You need to fight for attention and name recognition because there are a lot of people who only come out

to vote once every four years. There are a lot of voters who are new to it, so those are the voters that are more challenging to read and they may not be as aware about what's happening with the local elections."

After her defeat, Dotson vowed to return for a third try at Frost's seat in two years, and said she felt early voters gave Frost the edge he needed to pull away.

"I believed what gave Frost an advantage was that about one half of the voters in the towns voted early, and regretfully, I had trouble getting my fliers out, and when they finally went out, it was mostly after early voters had cast their votes, but the people I spoke to in Auburn at the polls were impressed that I was an educator and a veteran, and when I explained things to them they said I had their vote. Being an educator and a veteran is a heck of a lot different than

Paul Frost, who was a security guard before he was a state representative," Dotson said. "I will run again. I think if my mailer hadn't gotten messed up it would have been a very different story."

Frost gave Dotson credit for running a much harder campaign than she did in 2014, but restated his concerns that Dotson's focus may be in the wrong place for serving in the State House, but admires her commitment to what she believes in.

"I know Terry tried a little harder this time and she is a passionate person who cares about the federal banking issue, but that again is not really something that relates to a state representative race, but she stands by it. I think she would be a very interesting candidate for Congress," Frost said. "I know she worked hard and she did what she could do and got some votes from her

party, and hustled, and I can recognize that she put in a good effort. I've always appreciated her military service, and I still do, and I know she has said she will be back in two years. I know she likes to be on the ballot to talk about her concerns, and that's her right to do so, and I can respect anyone for their passion, and my focus will now continue to be on state and local issues and what's best for the district."

With an eye on 2018, Dotson said she has already begun working on her campaign for the seat in the next election cycle. She expressed hope that Paul Frost will work to be more aware of how national issues will impact the Commonwealth of Massachusetts and the local districts, and challenged Frost to be more diligent in his role as a state representative.

"I'm already starting work now on that campaign. Whether a Republican or Democrat got

into the presidency, Glass-Steagall was going to be reinstated, and it's important stuff for our towns, and I hope Paul Frost makes the effort to learn about Glass-Steagall and makes the effort to acquire those funds through the state for our town. That will help us an awful lot with our taxation and what we can do," Dotson said. "It appears the towns won't be reimbursed for this early voting thing and it cost them a lot of money. I'm not sure it's a good idea. It certainly didn't help me. Next time, I'll run harder and I'm getting an early start. Paul better start getting to work. He better start doing what's right and showing up for work, otherwise he shouldn't even bother running next time through."

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CALENDAR

CALENDAR

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2016 Dan Stefanilo Town Loop Challenge 5K — Join us, Sunday, Nov. 20, for a 5K run or walk in honor of former Uxbridge Superintendent of Schools, Dan Stefanilo. Proceeds of this event benefit the students in the Uxbridge Public Schools through the following organizations: Taft Early Learning Center PTO, Whitin Elementary School PTO, McCloskey Middle School PTO, and UHS Parents for a Safe Graduation 2017. Registration begins at 10 a.m. in the cafeteria of the Taft Early Learning Center, 16 Granite Street, Uxbridge. For more information or to register for the race please visit the website: <https://sites.google.com/a/uxbridge.k12.ma.us/townloop/>.

Nov. 20: New England Country Music Club Dance, VFW, Route 16, Uxbridge, 1 to 5 p.m., Al Carter & the Nashville Boys Band.

Wednesday, Nov. 23

WHITINSVILLE

The NAC Thanksgiving Eve Service will be Wednesday, Nov. 23 at 7 p.m. at the Blackstone Valley United Methodist Church, 61 Linwood Ave., Whitinsville. The speaker will be Rev. Tom Landry, pastor of St. Peter's Church. The public is invited. The eleven Northbridge churches will be providing refreshments and there will be time for fellowship. Please bring boxed or canned items for the NAC Food Pantry.

Thursday, Nov. 24

UPTON

28th Annual Thanksgiving Whitin Five-Mile Race & Two-Mile Healthwalk — Thursday, Nov. 24, 8:10 a.m. Linda Usher, 131 South St, Upton, MA 01568, 508-529-6862, juniperhill@charter.net, www.whitinfive.com, <http://www.facebook.com/whitinfive>.

All are welcome to the Friends Meetinghouse in Uxbridge for the annual interdenominational worship service on Thanksgiving Day, Nov. 24, at 9:30 a.m. Many faiths are represented at this service, which for some members of the community has become as integral a part of the day as the family

meal. The Friends Meetinghouse is at the junction of Routes 146A (Quaker Highway) and 98 (Aldrich Street). Dress warmly!

Thursday, Nov. 24

REGION

All SCM Elderbus offices will be closed on Thursday, Nov. 24 and Friday, Nov. 25, to observe the Thanksgiving holiday.

Saturday, Nov. 26

WHITINSVILLE

The busy holiday season is upon us, please include the BVAA in your mix of things to do and see. We have ample opportunity to interact with all the Valley residents. We have a small works show at Milford Local Access TV, 138 South Main St., Milford. The BVAA will be participating in Whitinsville's Small Shop Saturday, Nov. 26 from 10 a.m. to 4 p.m. We will be located at Alternatives at 50 Douglas Rd. in Whitinsville. There will be fine art, as well as unframed prints available. We will have a Santa with whom you may take pictures of your own.

Monday, Nov. 28

GRAFTON

On Monday, Nov. 28, at 7 p.m., the Grafton Garden Club will hold a Holiday Centerpiece Workshop led by Perreault Nurseries. Using fresh flowers and greens, participants will be guided step-by-step to create their own festive holiday arrangements that will surely dress up any table for the holiday season! All materials and refreshments will be provided. Space is limited, so reservations must be made by Nov. 14 by sending a check to the Grafton Garden Club, PO Box 453, Grafton, MA 01519. Members \$20; non-members \$25. Contact 508-839-6177. New members are welcome. For information on Grafton Garden Club membership and events go to website www.graftongardenclub.org. The Grafton Garden Club, anon-profit organization with members from many area towns, provides scholarships and grants to area students and schools for the educational pursuit of horticulture, plant/soil science and ecology.

The little black box

MINOR

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knew how much Blackie meant to me. After all, he was the one who helped me purchase it all those years ago.

"We'll do what we have to do," he added. His tone was reassuring.

As the days went on, I dealt with insurance companies, and the process stretched out over a few weeks. At first, they wanted to total the truck, but we fought for the money and did all the necessary repairs. I soon had what looked like a brand new truck in my driveway. My brother would have been proud to see Blackie 2.0 in all its glory.

My apologies for the long introduction to what this column is really about, but the explanation is necessary.

Maybe a month after getting my truck back, my friend Howard, who was working at the aforementioned car shop at the time, approached me with a wrapped box. My birthday had already passed, and it wasn't Christmas yet. Puzzled, I opened it up, and inside was a little black box — smooth, shiny and midnight black. He saw the curious look on my face, smiled, and told me, "I made it from one of the old pieces we had to take off your truck. I know how important that truck is to you. I thought you might like to have a piece of it to keep with you. It's nothing fancy, but you can use it for pencils, or whatever, for your desk."

After a nice man hug, I nearly broke down at the generosity of the gift. He had fashioned a small pencil box out of sheet metal from one of the broken pieces of my truck. He told me it was from one of the fenders. I couldn't believe how thoughtful it was. Yet, I wasn't surprised at all, because that's the kind of guy Howard is — thoughtful, loving and sincere — and always willing to do something to make you smile...

...Which is why it was so heartbreaking when he got sick about a year later. He started getting unexplained pain in his abdominal area. After several doctors' visits, he was diagnosed with appendiceal cancer in January. He battled it with everything he had. He had surgery, but they couldn't remove the tumor. He tried chemotherapy, but nothing worked. Finally, on Thursday, Nov. 10, Howard succumbed to the cancer and he passed away, leaving behind a loving wife and three grown children that I have come to love as well.

I've known Howard and his family for years — since I was a kid, really — but have developed an even closer relationship with the family over the past decade or so. I lived next door to Howard for seven years up until 2014, and our relationship grew even deeper over that

time. I would often walk next door with the wife and kids and we would just talk — about random, hilarious YouTube videos of people blowing stuff, shows we were watching on Netflix, random movie quotes, welding and automotive projects he was working on, kids, my youth group, and all kinds of other topics. He would also work on my car from time to time, free of charge, just because he wanted to help me.

He was a mechanic and an engineer, with an artistic flair. He created a giant advertising sign out of foam board insulation for a water-themed night at my youth group, one of the coolest pieces I have ever seen. A metal owl sculpture he built from a saw blade, nails and various other metal pieces (similar to the one pictured in this week's headshot box), sits at my front door, a Christmas gift I bought for my wife just because I thought it was so cool. The talent exuding from that man was ridiculous. He was gifted in so many ways.

But as much as he was talented, he was also humble. In fact, if he were here to read this, he probably wouldn't care for me writing this about him. He was a caring friend who showed me time and time again what it looked like to love and serve others, whether it was helping someone split and stack wood, or going on missions trips to foreign countries to help pave, build or design something, he was always doing something to benefit someone else. He's a man who was guided by his faith in God, and remained unwavering, even in the fearsome face of death. That's an example I will strive to follow.

I was blessed to have a friend like Howard, and I know I am only one of many that can say the same thing. I will miss him dearly...

There's a little black box that sits on a countertop in my kitchen. One would normally pass by it without a second thought. But now, that little black box means more to me than it ever has. It represents the loving kindness of a great friend. It represents something broken that was made new, much like his earthly body that was made new when he finally met his Savior last week. That little black box, which holds pencils, pens and all sorts of other knick-knacks — also holds a whole lot of love.

So, as I said goodbye to Howard last weekend, amongst his family and friends at our church, I thought about that little black box ... and even in my tears, I smiled.

Goodbye for now, Howard — I'll miss you, but I'll see you soon.

Adam Minor may be reached at (508) 909-4130, or by e-mail at aminor@stone-bridgepress.news.



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| <p>2012 GMC TERRAIN SLE
ALL WHEEL DRIVE, ONE OWNER, KEYLESS ENTRY, #TK18675A
YOUR PRICE \$13,988</p> | <p>2013 BUICK VERANO
AUTOMATIC, LOW MILES, ONE OWNER, ALLOY WHEELS, KEYLESS ENTRY, #P287
YOUR PRICE \$13,988</p> | <p>2014 CHEVY CRUZE LS
SEDAN, AUTOMATIC, FULL POWER, ONE OWNER, #P205
YOUR PRICE \$13,988</p> |
| <p>2014 CHEVY SONIC LT
SEDAN, AUTOMATIC, FULL POWER, LOW MILES, #TK182258A
YOUR PRICE \$13,988</p> | <p>2011 BUICK LACROSSE CXL
LEATHER, HEATED SEATS, LOW MILES, ONE OWNER, #LA16880A
YOUR PRICE \$13,988</p> | <p>2006 CHEVY COLORADO CREW CAB 4X4
1 OWNER, AUTOMATIC, ONLY 50K MILES, FULL POWER, ALLOY WHEELS, #TK17488A
YOUR PRICE \$14,988</p> |
| <p>2014 CHEVY MALIBU ECO
SEDAN, LEATHER, HEATED SEATS, MOONROOF, EXCELLENT ECONOMY, GETS 36 MPG! #MB16517A
YOUR PRICE \$15,988</p> | <p>2012 GMC ACADIA SLT
ALL WHEEL DRIVE, 7 PASSENGER, LEATHER, HEATED SEATS, ONE OWNER, 8 TO CHOOSE FROM 2012-2013'S, #TK17024A
YOUR PRICE \$15,988</p> | <p>2002 FORD THUNDERBOLT CONVERTIBLE
ONE OWNER, TRIPLE BLACK, ONLY 33,000 MILES, CHROME WHEELS, 8 CYLINDER, LIKE BRAND NEW, COLLECTOR'S ITEM, #P141A
YOUR PRICE \$16,988</p> |
| <p>2012 CHEVY EQUINOX LT
ALL WHEEL DRIVE, 4 CYLINDER, REMOTE STARTER, POWER SEAT, PIONEER SOUND SYSTEM, LOW MILES, #H91786A
YOUR PRICE \$16,988</p> | <p>2015 CHEVY TRAX LT SUV
ALL WHEEL DRIVE, LOW MILES, ALLOY WHEELS, #P138
YOUR PRICE \$17,988</p> | <p>2014 CHEVY EQUINOX LS
SPORT UTILITY, ALL WHEEL DRIVE, LOW MILES, ONE OWNER, #E017073A
YOUR PRICE \$18,988</p> |
| <p>2014 CHEVY IMPALA LT
ONE OWNER, LOW MILES, FULL POWER, REMOTE SEAT, #SH16452A
YOUR PRICE \$18,988</p> | <p>2003 GMC SIERRA 2500HD SLT DOUBLE CAB
4X4, LEATHER, ONLY 40K MILES, HEATED SEATS, LIKE NEW, ONE OWNER
YOUR PRICE \$19,988</p> | <p>2009 PONTIAC G8 GT
SEDAN, ONE OWNER, 8 CYL., AUTOMATIC, HEATED SEATS, #LA16749A
YOUR PRICE \$19,988</p> |
| <p>2015 GMC SAVANA 2500 CARGO VAN'S
8 CYLINDER, POWER WINDOWS/LOCKS, LOW MILES, 3 TO CHOOSE FROM, #P227
YOUR PRICE \$20,988</p> | <p>2010 CHEVY CAMARO SS
COUPE, RS PACKAGE, 6 SPEED, INFERNO ORANGE PACKAGE, MOONROOF, 6 CYL., ONE OWNER, #S116388B
YOUR PRICE \$20,988</p> | <p>2016 DODGE CARAVAN R/S VAN
7 PASSENGER, LEATHER, REAR DVD, FEAR HEATING, NAVIGATION, #TK17111A
YOUR PRICE \$22,988</p> |
| <p>2015 NISSAN ALTIMA 3.5SL
AUTOMATIC, 6 CYLINDER, LEATHER, HEATED SEATS, MOONROOF, NAVIGATION, ONE OWNER, #N16938A
YOUR PRICE \$22,988</p> | <p>2015 TOYOTA TACOMA ACCESS CAB
4X4, AUTOMATIC, FULL POWER, ONE OWNER, #P231A
YOUR PRICE \$23,988</p> | <p>2013 BUICK REGAL GS SEDAN
TURBOCHARGED ENGINE, LEATHER, MOONROOF, HEATED SEATS, NAVIGATION, ONLY 9,000 MILES, #P251
YOUR PRICE \$23,988</p> |
| <p>2014 CHEVY IMPALA LTZ
SEDAN, LEATHER, MOONROOF, HEATED/COOLED SEATS, LOW MILES, #LA16727A
YOUR PRICE \$23,988</p> | <p>2015 SUBARU IMPREZA WRX LIMITED
ALL WHEEL DRIVE, 6 SPEED, TURBO, MOONROOF, COBB EXHAUST, LEATHER, HEATED SEATS, #CA1898A
YOUR PRICE \$23,988</p> | <p>2015 CHEVY MALIBU LTZ SEDAN
2.0 TURBO ENGINE, AUTOMATIC, MOONROOF, LEATHER, NAVIGATION, HEATED SEATS, #P304
YOUR PRICE \$24,988</p> |
| <p>2013 GMC TERRAIN DENALI
ALL WHEEL DRIVE, LEATHER, MOONROOF, NAVIGATION, 6 CYLINDER, ONE OWNER, #TK16305A
YOUR PRICE \$24,988</p> | <p>2013 CHEVROLET SILVERADO 1500 REGULAR CAB LT
4X4, ONE OWNER, CHROME WHEELS, LOW MILES, 8 CYLINDER, LIKE NEW, #TK16658A
YOUR PRICE \$24,988</p> | <p>2013 GMC SIERRA 1500 SLE, EXTENDED CAB, 4X4
CONVENIENCE PACKAGE, POWER SEAT, REMOTE STARTER, ONE OWNER, 271 PACKAGE, #S116571A
YOUR PRICE \$25,988</p> |
| <p>2012 CHEVY SUBURBAN 2500 4X4
LT, 7 PASSENGER, MOONROOF, NAVIGATION, DVD, #TS16256A
YOUR PRICE \$25,988</p> | <p>2014 GMC TERRAIN SLT
ALL WHEEL DRIVE, LEATHER, ONE OWNER, LOW MILES, NAVIGATION, 6 CYLINDER, HEATED SEATS, MOONROOF
YOUR PRICE \$25,988</p> | <p>2013 CHEVY TRAVERSE, 2 LT
ALL WHEEL DRIVE, LEATHER, HEATED SEATS, ALLOY WHEELS, 5 2013-2014'S TO CHOOSE FROM, STARTING AT #P161
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ALL WHEEL DRIVE, ONE OWNER, LOW MILES, ULTIMATE MOONROOF, NAVIGATION, HEATED SEATS, STK, #P289
YOUR PRICE \$26,988</p> | <p>2015 CADILLAC SRX
ONLY 6,000 MILES, LEATHER, ONE OWNER, STK, #KT16198A
YOUR PRICE \$27,988</p> |
| <p>2014 FORD F150 STX, SUPER CAB, 4X4
ONE OWNER, ONLY 19,000 MILES, FULL POWER, #SH16656A
YOUR PRICE \$27,988</p> | <p>2015 CHEVY SILVERADO 4X4 LT DOUBLE CAB
1500, LOW MILES, ALLOY WHEELS, #TE161198
YOUR PRICE \$28,988</p> | <p>2013 GMC YUKON 4X4 SLT EDITION
8 PASSENGER, MOONROOF, HEATED SEATS, LEATHER, #S15502A
YOUR PRICE \$28,988</p> |
| <p>2013 CADILLAC XTS PREMIUM EDITION
NAVIGATION, PANORAMIC MOONROOF, ONE OWNER, BOSE SOUND SYSTEM, HEATED/COOLED SEATS, #KT16215A
YOUR PRICE \$28,988</p> | <p>2014 CADILLAC CTS COUPE
AWD, 1 OWNER, LEATHER, HEATED SEATS, ONLY 15,000 MILES, STK, #T15557A
YOUR PRICE \$28,988</p> | <p>2015 HONDA PILOT EX-L
ALL WHEEL DRIVE, LEATHER, MOONROOF, NAVIGATION, DVD, ONE OWNER, 8 PASSENGER, #TK16206A
YOUR PRICE \$29,988</p> |
| <p>2014 BUICK ENCLAVE PREMIUM
AWD, ONE OWNER, NAVIGATION, MOONROOF, REAR DVD, HEATED/COOLED SEATS, #AC17394
YOUR PRICE \$29,988</p> | <p>2014 GMC ACADIA SLT
ALL WHEEL DRIVE, LOW MILES, LEATHER, 7 PASSENGER, MOONROOF, HEATED SEATS, NAVIGATION, REAR DVD, TOLEDO PACKAGE, 12 TO CHOOSE FROM 2013-2014'S, #P222
YOUR PRICE \$30,988</p> | <p>2014 GMC SIERRA 1500 SLE DOUBLE CAB
4X4, ALL TERRAIN OFF ROAD PACKAGE, ONE OWNER, LOW MILES, HEATED SEATS, #P286
YOUR PRICE \$31,988</p> |
| <p>2014 TOYOTA HIGHLANDER LIMITED
ALL WHEEL DRIVE, NAVIGATION, LEATHER, 8 PASSENGER, DVD, HEATED/COOLED SEATS, MOONROOF, #P113
YOUR PRICE \$32,988</p> | <p>2012 CHEVY SILVERADO 2500 HD, LTZ CREW CAB
4X4, LEATHER, LOW MILES, HEATED/COOLED SEATS, REAR CAMERA, #S116238A
YOUR PRICE \$34,988</p> | <p>2014 CADILLAC ELR COUPE
ELECTRIC VEHICLE, NEVER USE FUEL, ACARI, ONLY 5,000 MILES, LEATHER, HEATED SEATS, STK, #R9941
YOUR PRICE \$36,988</p> |
| <p>2016 BMW X3 XDRIVE 28I
ALL WHEEL DRIVE, DRIVER ASSISTANCE PACKAGE, LEATHER, NAVIGATION, PANORAMIC MOONROOF, ONE OWNER, #E017145A
YOUR PRICE \$36,988</p> | <p>2015 MERCEDES BENZ E250
BLUETOOTH, TURBO DIESEL, ALL WHEEL DRIVE, ONE OWNER, NAVIGATION, MOONROOF, HEATED/COOLED SEATS, LIKE NEW, #P121A
YOUR PRICE \$39,988</p> | <p>2013 CADILLAC ESCALADE ESV
LUXURY EDITION, ALL WHEEL DRIVE, ONE OWNER, LEATHER, NAVIGATION, DVD, HEATED/COOLED SEATS, ONLY 24,000 MILES
YOUR PRICE \$47,988</p> |

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YOU SAVE \$5,281
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YOU SAVE \$6,392
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BUDGET</p> | <p>NEW 2016 CHEVY SPARK LT
HATCHBACK, AUTOMATIC, #SP16075
YOU SAVE \$4,790</p> | <p>NEW 2016 CHEVY SILVERADO 4X4
DOUBLE CAB 1500 #TK16369
YOU SAVE \$15,403
\$198 39 Month Lease
BUDGET</p> |
| <p>NEW 2017 GMC TERRAIN SALE
ALL WHEEL DRIVE, #TE177116
YOU SAVE \$6,000
\$179 39 Month Lease
BUDGET</p> | <p>NEW 2016 GMC SIERRA SLT 4X4
ALL TERRAIN DOUBLE CAB, #SI16273
YOU SAVE \$16,333
\$219 39 Month Lease
BUDGET</p> | <p>NEW 2017 GMC ACADIA SLE
ALL NEW REDESIGN, 8 PASSENGER, ALL WHEEL DRIVE, #AC17423
\$219 39 Month Lease
BUDGET</p> |
| <p>NEW 2016 BUICK ENCORE
ALL WHEEL DRIVE, #EN16686
YOU SAVE \$6,622
\$139 39 Month Lease
BUDGET</p> | <p>NEW 2016 BUICK VERANO
SORT YOURING SEDAN, #VE16388
YOU SAVE \$7,066</p> | <p>NEW 2017 BUICK LACROSSE
ESSENCE SEDAN, ALL NEW REDESIGN, #LA17332
\$289 39 Month Lease
BUDGET</p> |
| <p>NEW 2017 CADILLAC ATS
ALL WHEEL DRIVE SEDAN
\$339 39 Month Lease
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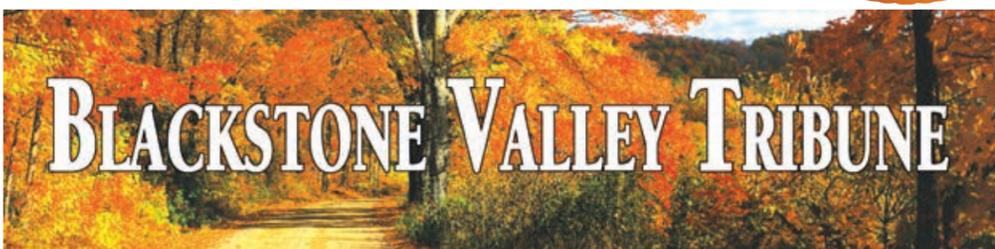
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CADY'S TAVERN
2168 Putnam Pike, Chepachet, RI
401-568-4102

TriviaNight

TRIVIA SATURDAY NIGHTS
7:00 p.m. register
7:30 p.m. start up
HILLCREST COUNTRY CLUB
325 Pleasant St., Leicester, MA
508-892-9822

WISE GUYS TEAM TRIVIA
Every Tuesday, 8:00 - 10:00 p.m.
CADY'S TAVERN
2168 Putnam Pike (Rt. 44)
Chepachet, RI
401-568-4102

LIVE ENTERTAINMENT FRIDAY
NIGHT
HEXMARK TAVERN
AT SALEM CROSS INN
260 West Main St., West Brookfield, MA
508-867-2345
www.salemcrossinn.com

TRIVIA NIGHT
AT THE STOMPING GROUND
Every Wednesday, 6:00 p.m.
132 Main St., Putnam, CT
860-928-7900
Also, live music five nights a week
(Wed.-Sun.)

TRAP SHOOTING
Every Sunday at 11:00 a.m.
Open to the public
\$12.00 per round includes
clays and ammo
NRA certified range officer

on site every shoot
AUBURN SPORTSMAN CLUB
50 Elm St., Auburn, MA
508-832-6492

HUGE MEAT RAFFLE
First Friday of the month
Early Bird 6:30 p.m. - 7:00 p.m.
1st table: 7:00 p.m.

RAFFLE

Auburn Sportsman
Club
50 Elm St., Auburn,
MA
508-832-6496

BREAST FEEDING SUPPORT GROUP
at Strong Body/Strong Mind
Yoga Studio

112 Main St., Putnam, CT
Third Friday of each month
at 6:00 p.m.
860-634-0099
www.strongbodystrongmind.us

TRIVIA TUESDAYS
STARTING NOVEMBER 29
at 7:00 p.m.
Cash prizes
308 LAKESIDE
308 East main St.
East Brookfield, MA
774-449-8333

Happy Thanksgiving



OPEN HOUSE
Friday, November 18th • 5:00-6:00pm
 21 AF Putnam Road, Charlton, MA 01507
PRICE REDUCED: \$369,900

New construction home with 3-bedrooms, 2-full & 1-half baths. This magnificent home is located in desirable area near Willow Tree Estates. Quality construction with all the extras on your wish list, including hardwood flrs throughout, central air, crown molding, wainscoting, maintenance-free trex decking, open floor plan & big rooms on 2.48 Acres.

George P. Goulas, MBA, Broker-Owner
ALL WORTH REALTY
 58 North Main St., Charlton, MA 01507
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 of Your Home Value

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This is the place to sell it!
 Your ad will be mailed to 50,000+ households throughout Southern Worcester County.



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REAL ESTATE



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Re/Max Professional Associates
 Realtor/MLS
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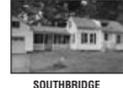
WEBSTER - \$149,900
 Two bedroom ranch in like new condition. New paint inside and out. New carpeting. Be in for the holidays. You can own this home for less than the cost of renting it.



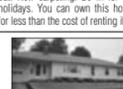
SOUTHBRIDGE \$192,500
 Live Rent Free in this 10 room, 4 bdrm, 2 family, Central air on first floor. Two car garage and more.



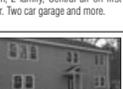
WEBSTER - \$289,900
 New 5 room 3 bedroom 2 bath colonial overlooking Webster Lake. Just bring the furniture and move right in. Situated on a 1 acre wooded lot.
74 Upper Gore Rd



SOUTHBRIDGE
 7 room 3 bedroom cape with 1 car garage. Special Financing Only 3% Down for qualified buyer.
 Call for details. **\$115,900**



WEBSTER - NOW \$199,900
 Oversized 6 room 3 bedroom ranch with possible in-law apartment in the lower level. 21 foot sunroom. Level backyard and attached garage.



WEBSTER BRAND NEW RAISED RANCH
 6 room 3 bed 2 bath home being built on a 1 acre wooded lot. Two car garage and more.
\$299,900



WEBSTER REMODELED RANCH
 5 room 3 bedroom ranch. New windows, new heating system, new ceramic tile floors and much more.
\$165,000

Find out what your house is worth **FREE** & No Obligation
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What is Home Staging?

Have a vacant home to sell?
 Staging helps buyers picture the home as their own. Sell your house faster and for more money!

I have an inventory of furniture and accessories to stage your vacant house, or I can work with your existing belongings. Staging is a free service when you hire me to sell your house!




Maribeth Marzeotti
 MaribethRealtor.com
 Re/Max Advantage 1
 179 Shrewsbury Street, Worcester, MA 01604 • 508-864-8163





OXFORD
 Charming Millbury Cape
 3 BR 1.5 BA 1560 Sq Ft.
 Recently updated bathrooms. Replacement windows. Deck overlooking level backyard. 21x12 room in basement w/ dry bar.
\$235,000



BOYLSTON
 4 BR, 2 Full/2 Half BA, 3,087 sq. ft. Colonial in Mt. Pleasant Estates neighborhood. Seller has done extensive updating during ownership including gorgeous master bath, all new Harvey windows, recent roof, interior painting & much more.
\$549,900



E BROOKFIELD
 Rare Find!
 5 BR 3.5 Bath Waterfront Colonial on Lake Lashaway w/almost 3,000 sq. ft. of living space & 25 ft. of waterfront w/ direct access from the home! Gutted & renovated in 1991.
\$400,000

KW KELLER WILLIAMS **A&M REAL ESTATE CONSULTANTS**

508-365-3532
 www.ViewCentralMassHomes.com • AMRealEstateConsultants@gmail.com

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 508-943-7669 • 774-230-5044
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 LICENSED IN MA & CT
 Free Market Analysis!



Call any agent listed above for a showing

DUDLEY
 Open House Sun 11-1



RAISED RANCH

- In-law Apt
- Main House - 5 Rms, 3 Bdr
- 2 Fireplaces
- Town Services
- Updated Window & Roof

11 Elizabeth St - \$250,000

SOUTHBRIDGE
 Open House Sun 1:30-3



- Hardwoods
- Country Kitchen
- Master Bdrm w/full bath
- 2-car garage
- Great condition on cul-de-sac

31 Brook Rd • \$178,900

DUDLEY
 Open House Sun 11-1



- Cathedral Ceilings
- Seasonal View
- 220' Waterfront
- 2+ Acres Privacy
- 3 Baths

72 Flaxfield Rd • \$439,000

OXFORD
FAMILY WANTED

- Great Room
- Office • Family Rm
- LL playground & workshop
- Gas Fireplace • Pool

131 Old Webster Rd \$307,900

WEBSTER
80' FT RANCH

- Highway Access
- 2.5 Baths
- 1 hr to Boston, Providence & Hartford
- 2,600 sq. ft.

14 Lake Phwy \$300,000

LAND
 Build at Tobin Farms NOW!

2 Lots
 2 Acres - \$119,900
 4 Acres - \$139,900

Weekly Home Buyer & Seller Coffee Hour
 Wednesday 6:30-7:30pm

Foreclosure Class & Tour Properties
 Saturday 1-2pm

Seating Limited Call for reservations
 508-943-7669

25 Sutton Avenue
 Oxford

BERKSHIRE HATHAWAY HomeServices
 New England Properties

LUXURY COLLECTION



POMFRET, CT - Incredible opportunity with this land & buildings for horses, a gentleman's farm or business! The land includes two parcels covering approximately 60 acres, a beautiful home & 4 outbuildings. The barn is over 10,000 sq. ft. & 3 stories. It features chestnut beams, stalls, hay lofts, a heated finished portion in the lower level with 3 garage bays. There is also a 4 bay garage with a caretaker's apartment above. For even more space there is a 3 bay commercial garage with 14' doors & 2,000 sq. ft. of heated space. Owner financing available. Offered at **\$1,089,000**.

Brooke Gelhaus | 860-336-9408 | www.593PomfretStreet.com

Open House Directory

Deadline: Monday at 10am

(C) Condo (X) Condo (M) Multi-Family (T) Townhouse
 (B) Business (U) Duplex (S) Single Family (D) Adult
 (P) Land (L) Mobile Home (A) Apartment Community

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, NOVEMBER 19				
WEBSTER				
74 Upper Gore Rd	S	1-2	\$289,900	Remax Professionals/ Conrad Allen 508-400-0438
SUNDAY, NOVEMBER 20				
DUDLEY				
11 Elizabeth St	S	11-1	\$250,000	Remax Advantage 1/ Jo-Ann Szymczak 774-230-5044
72 Flaxfield Rd	S	11-1	\$439,000	Remax Advantage 1/ Maria Reed 508-873-9254
SOUTHBRIDGE				
31 Brook Rd	S	1:30-3	\$178,900	Remax Advantage 1/ Maria Reed 508-873-9254

To have your open house listed in this directory
 please contact Sandy at 508-909-4110

A Place To Call Home...

JUST LISTED



THOMPSON-Built in 1980, this 4 bedroom, 1 1/2 bath Cape is located on a quiet country road with an easy commute to RI & MA. The kitchen has a center island, oak cabinets and new stove and dishwasher. There is bamboo flooring in the adjoining family room which has vaulted ceilings, skylights, and opens up onto a backyard deck and pool. Fireplaced living room, formal dining room, first floor bedroom and a 1/2 bath on first level. The second floor houses 3 bedrooms and a full bath. The basement level has a partially finished area. **\$265,000**

JUST LISTED



WOODSTOCK-Unique 2 family home in rural community setting. Built in 1930, it possesses simple country living. A cozy, 2 story, 3 bedroom apartment with pellet stove and a 2 bedroom apartment on the second floor. Both share a 2 car garage and laundry. Private well and city sewer. Within minutes to private schools and MA border. Needs some TLC. **\$174,900**

JUST LISTED



POMFRET- Nicely kept Gambrel style home located on 1.59 acres in a desirable neighborhood. Updated kitchen with white cabinets and corian-like countertops - Rear deck overlooking a very private backyard. The first floor also houses a formal dining room and a front to back living room with wood burning fireplace; 3 bedrooms on the second floor along with a full guest bathroom. The master suite includes access to additional storage space with potential for finishing. The lower level family room includes a kitchen and full bath; attached 1 car garage. **\$239,900**

JUST LISTED



WOODSTOCK Your first impression will be Wow when you step into this beautiful 4 bedroom, 2 1/2 bath Colonial that sits nicely on .86 of an acre. Chef's kitchen with granite countertops, Living room with fireplace, gleaming hardwood floors throughout most of this home and Central Air. Large master bedroom with walk-in closet and full bath complete with whirlpool tub. The front porch and back deck are perfect for outdoor living. Offered at **\$348,900**. Call today for your private viewing.

JUST LISTED



THOMPSON RENTAL- 1220 Sqft. Ranch with 2 bedrooms, 1 bath, 2 car garage, large deck, private country setting on 7 acres of land. One year lease with first month and security. **\$1,200/mo**

JUST LISTED



NORTH BRIDGE, MA- Beautifully maintained 1,200+ sqft. townhouse style condo with 4 bedrooms, 1 1/2 baths, corian counters, 2 parking spots and cute deck off kitchen. Condo fee is \$150 which includes: snow removal, grounds, water and sewer. Close to community center, park, beach and schools. **\$139,900**

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P.O. Box 83 447 Riverside Dr. Thompson CT
 Phone: (860) 923-3377 Fax: (860) 923-5740
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201 SOUTH STREET, SOUTHBRIDGE, MA
 508-765-9155
 FAX: 508-765-2698

Now offering rental services

Southbridge: Spacious Brick Ranch located on dead end st. 6 rooms 3 bedrooms plus enclosed patio! Hardwoods. BIG kitchen w/lots of cabinets & w/picture window overlooking back yard. Windows replaced in 2015. Well maintained-roof, garage doors, gutters, exterior doors 10 years old. Wide open back yard-wonderful for out door fun! **\$179,900.**

Southbridge: Wonderfully updated 3 family-nothing to do-no updating needed. 3 room 1 bed, 4 room 1 bed, 3 room 2 bed. Vinyl sided, replacement windows, roof updated electrical. Newer kitchens, updated flooring. Tenants pay own utilities. **\$159,900.**

Brookfield: Unique Contemporary Home! Picture Perfect 8 rooms 4 beds 2 1/2 baths. Open with Cathedral ceilings in Living room, dining room and kitchen. Fireplace. Stainless Steel appliances. Extra special master bedroom suite w/ master bath & loft with walk in closet & sitting area. Beautiful lower level finished potential for in-law. 2 garages. Deck. Level yard. **\$299,900.** 96 Molasses Hill.

Southbridge: PRISTINE COMMERCIAL PROPERTY! "Heart of the Southbridge Historical District". Downtown property with three separate storefronts! Fully rented! Excellent condition. Utilities are all separate. Owner occupied one unit and would vacate for new owner or stay. Close to 6000sf of retail space plus full basement for storage. Roof, heating & electrical updated. **\$325,000.**

OPEN HOUSE 12-2pm Sun

Southbridge: One of a kind custom built home located in Country Club Location! Beautiful 11 room 4 bedroom 3 1/2 bath Cape with front to back living room with fireplace. 1st floor den with French doors leading out to great outdoor living room! Master bedroom front to back with fireplace & master bath! 4th bedroom has its own bath-great for guests or in-laws or au pair. Separate Exercise room with hot tub which overlooks backyard. Hardwood floors! Basement is finished like an English Pub with fireplace. Fabulous private property! **\$339,900.**

Sturbridge: HORSE LOVERS- this home can be used as a single family with in law, or a two family! The good news is there is a 30 x 30 Barn with 6 stalls. Has not been used for horses for many years, you would need fencing. Exterior updated with siding & roof. First floor has 6 rooms 3 bedrooms and second floor has 5 rooms- 1-2 bedrooms full bath plus kitchen, DR, & LR. Located on dead end street just minutes to RT84 & Mass Pike. **\$249,900.**

WE NEED LISTINGS!

LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by James A. Lozano and Crystal A. Himes to Mortgage Electronic Registration Systems, Inc. as nominee for Mortgage Master, Inc., dated September 1, 2005 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 37261, Page 206, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc., a Delaware corporation, as nominee for Mortgage Master, Inc. a Massachusetts Corporation to CitiMortgage, Inc. dated January 6, 2012 and recorded with said registry on January 13, 2012 at Book 48401 Page 324 and by assignment from CitiMortgage, Inc. to Citibank, N.A. as trustee for the benefit of SWDNSI Trust Series 2010-2 dated September 26, 2013 and recorded with said registry on October 28, 2013 at Book 51672 Page 147 and by assignment from Citibank, N.A. as trustee for the benefit of SWDNSI Trust Series 2010-2 to Christiana Trust, a division of Wilmington Savings Fund Society, FSB, not in its individual capacity, but solely as separate trustee for PennyMac Loan Trust 2012-NPL1 dated January 14, 2016 and recorded with said registry on January 21, 2016 at Book 54847 Page 54, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 2:00 p.m. on November 30, 2016, on the mortgaged premises located at 39 Knowlton Circle, Building 6, Unit C, Samreen Villa I Condominium, Upton, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

The Unit known as Building 6, Unit C, 39 Knowlton Circle ("Unit") of the Samreen Villa I Condominium ("Condominium") in Upton, Worcester County, Massachusetts, established pursuant to Massachusetts General Laws, Chapter 183A, by Master Deed dated September 16, 2003, and recorded with the Worcester District Registry of Deeds in Book 31683, Page 361, as amended in the First Amendment in Book 32105, Page 167, as further amended in the Second Amendment in Book 32498, Page 141, as further amended in the Third Amendment in Book 32735, Page 41, as further amended in the Fourth Amendment in Book 32922, Page 368, as further amended in the Fifth Amendment in Book 33221, Page 135, as further amended in the Sixth Amendment in Book 33443, Page 390, as further amended in the Seventh Amendment in Book 33717, Page 369, as further amended in the Eighth Amendment in Book 33997, Page 179, as further amended in the Ninth Amendment in Book 34169, Page 323, as further amended in the Tenth Amendment in Book 34174, Page 104, which Unit is shown on the Floor Plans recorded in Plan Book 812, Plan 62, a copy of which as signed by the engineer with the endorsement as required by the Statute is attached hereto as Exhibit A. Said Unit is conveyed together with an undivided percentage interest in the common areas and facilities of Samreen Villa I Condominium of 3.5710% and is subject to change as additional units are constructed and phased into the Condominium. Said common areas and facilities are described in said Master Deed.

The post office address of the Unit is 39 Knowlton Circle, Upton, Massachusetts 01568.

Said Unit is conveyed subject to and with the benefit of:

1. Provisions of said Chapter 183A;
2. The provisions of the Master Deed and the Floor Plans of the Condominium recorded simultaneously with and as part of the Master Deed and the Declaration of Trust, recorded with said Deeds in Book 31684, Page 1 ("Trust"), and in each case as the same may be amended from time to time by instruments recorded with said Deeds, which provisions, together with any amendments thereto, shall constitute covenants running with the land and shall bind any person having at any time any interest or estate in the Unit, his employees, mortgagees, tenants, invitees, and visitors as though such provisions were recited and stipulated at length herein;
3. Provisions of existing building and zoning laws; and
4. The rights, reservations and restrictions described in the Master Deed.
5. The Unit may be used only for residential purposes subject to the Zoning By-Laws of the Town of Upton and the restrictions set forth in the Master Deed.
6. The terms and provisions of a comprehensive permit issued by the Upton Zoning Board of Appeals to Samreen Villa Realty Trust dated January 28, 2002, amended as of March 28, 2002 and recorded with the Worcester

District Registry of Deeds in Book 27824, Page 267.

7. Subject to the terms and conditions of Regulatory Agreement recorded with the Worcester District Registry of Deeds in Book 29561, Page 376.

Said Unit is subject to and has the benefit of the obligations, restrictions, rights, easements and liabilities contained in Massachusetts General Laws Chapter 183A, said Master Deed and the Samreen Villa I Condominium Trust and the Bylaws and Rules and Regulations recorded in Book 31684, Page 1.

Being the same premises conveyed to the herein named mortgagor (s) by deed recorded with Worcester District Registry of Deeds in Book 34187, Page 266.

For mortgagor's(s) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 34187, Page 266.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

CHRISTIANA TRUST, A DIVISION OF WILMINGTON SAVINGS FUND SOCIETY, FSB, NOT IN ITS INDIVIDUAL CAPACITY, BUT SOLELY AS SEPARATE TRUSTEE FOR PENNYMAC LOAN TRUST 2012-NPL1

Present holder of said mortgage

By its Attorneys,
HARMON LAW OFFICES,
P.C.

150 California Street
Newton, MA 02458
(617) 558-0500
201208-1608 - PRP

November 4, 2016

November 11, 2016

November 18, 2016

LEGAL NOTICE MORTGAGEE'S SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by John Dumas to Option One Mortgage Corporation, dated July 12, 2005 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 36819, Page 21 of which mortgage HSBC Bank USA, National Association, as Trustee for SG Mortgage Securities Trust 2005-OPT1, Asset Backed Certificates, Series 2005-OPT1 is the present holder by assignment from Option One Mortgage Corporation to HSBC Bank USA National Association as Trustee for SG Mortgage Securities Trust 2005-OPT1 Asset Backed Certificates, Series 2005-OPT1 dated May 28, 2008 recorded at Worcester County (Worcester District) Registry of Deeds in Book 42917, Page 46, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 154 Main Street, Upton (West Upton), MA 01568 will be sold at a Public Auction at 12:00PM on November 29, 2016, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

Two adjoining tracts or parcels of land, situated on the southwesterly side of Main Street, Upton, Worcester County Massachusetts being bounded and described as follows:

FIRST PARCEL: A certain tract or parcel of land, with all the buildings thereon, situated on the southwesterly side of Main Street (formerly called the County Road leading from Upton to Grafton) in that part of said Upton known as the Village of West Upton and more particularly bounded and described as follows:

Beginning at a point on the southwest-erly side of Main Street, which point is twenty-three (23) feet westerly of a stone bound at second parcel formerly of one Knowlton:

Thence by said second parcel S. 44°

24' W. one hundred seventy-five and 53/100 (175.53) feet to a stake;

Thence by other land of said Knowlton N. 41° 20' W. twenty-two and 54/100 (22.54) feet to a point;

Thence continuing the same course sixty-five (65) feet to a point;

Thence N. 48° 30' E. one hundred seventy-four and 7/10 (174.7) feet to said street;

Thence easterly by said street sixty-five (65) feet to a point; and

Thence S. 41° 30' E. ten (10) feet to the place of beginning.

SECOND PARCEL: The land in West Upton, Worcester County, Massachusetts bounded and described as follows:

Beginning at a stone bound on the northwesterly corner of said parcel of land, the same being the northwesterly corner of land now or formerly of Fred J. and Ella M. Taylor situated on the southwesterly side of Main Street, a State highway from Upton to Grafton;

Thence running southwesterly along a stone wall by land now or formerly of said Taylor to a stone bound;

Thence continuing along a stone wall and land now or formerly of John and Josephine Dwyer seventeen (17) feet to a stone bound;

Thence turning northwesterly along land now or formerly of Knowlton Farms, Inc., sixty-four (64) feet to a stone bound;

Thence turning northeasterly by first parcel one hundred and seventy-five (175) feet to a State highway;

Thence along said State highway twenty-three (23) feet to the point of beginning.

Said premises are conveyed subject to a reservation as recited in a Deed of Knowlton Farms, Inc. dated December 31, 1934 and recorded in Book 2634, page 181.

However the same may otherwise be bounded and described being the premises conveyed to the within grantors by deed recorded in Book 33924, Page 330.

For mortgagor's title see deed recorded with the Worcester County (Worcester District) Registry of Deeds in Book 33924, Page 330.

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in possession.

Terms of the Sale: Cash, cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable in cash or by certified check in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA 01851 or such other time as may be designated by mortgagee.

The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the sale.

HSBC Bank USA, National Association, as Trustee for SG Mortgage Securities Trust 2005-OPT1, Asset Backed Certificates, Series 2005-OPT1

Korde & Associates, P.C.
900 Chelmsford Street
Suite 3102

Lowell, MA 01851
(978) 256-1500

Dumas, John, 14-017390, November 4, 2016, November 11, 2016, November 18, 2016

November 4, 2016
November 11, 2016
November 18, 2016

November 18, 2016

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described in said Mortgage, to wit: The land with buildings thereon located in Uxbridge, Worcester County, Massachusetts, shown as Lot 31 on a plan entitled "Canterbury Hills plan of Land in Uxbridge & Northbridge, Mass. prepared for Blackstone-Chicago Corporation", scale: 1" = 60', dated June 23, 1992 drawn by Andrews Survey and Engineering, Inc.," which plan is recorded with Worcester District Registry of Deeds in Plan Book 669, Plan 3. The land is more particularly bounded and described as follows: Beginning at a point on the westerly line of Church Street as shown on said plan, said point being the southeasterly corner of the lot herein described; Thence North 77 deg. 43' 02" West, 71.12 feet along land shown as Parcel "A" on said plan to a point at land now or formerly of Frank and Lissia Wilson; Thence North 81 deg. 32' 36" West, 138.41 feet to a point; Then South 49 deg. 54' 13" West, 25.02 feet to a point; Thence South 65 deg. 54' 26" West, 47.00 feet to a point at land now or formerly of Julia M. Therberge, the last three courses being by said land now or formerly of Frank and Lissia Wilson; Thence North 51 deg. 35' 34" West, 131.50 feet by said land now or formerly of Julia M. Therberge to a point at land now or formerly of Norman and Gloria Harper as shown on said plan; Thence North 51 deg. 48' 34" West, 60.49 feet along said land now or formerly of Norman and Gloria Harper to a point at a corner of land now or formerly of James Barron and Jane Lavoie and land now or formerly of Henry J. Rachael M. Blair as shown on said plan. Thence North 30 deg. 00' 59" East, 55.11 feet by said land now or formerly of Henry J. and Rachael M. Blair to point at the southwest corner of Lot 29 as shown on said plan; Thence South 84 deg. 00' 46" East, 416.75 feet along said Lot 29 to a point on the westerly line of Church Street; Thence Southwesterly by a curve to the right the radius of whose arc is 206.51 feet, a curved distance of 42.85 feet along said Church Street to a point; Thence South 12 deg. 34' 35" West, 83.03 feet along said Church Street to the point of beginning. Meaning and intending to convey and hereby conveying the same premises conveyed to me/us by deed dated 12/03/1998 and recorded with Worcester South Registry of Deeds in Book 20749, Page 95.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Wells Fargo Bank, N.A.

Present Holder of said Mortgage,

By Its Attorneys,

ORLANS MORAN PLLC

PO Box 540540

Waltham, MA 02454

Phone: (781) 790-7800

15-015713

November 4, 2016

November 11, 2016

November 18, 2016

Frost lauded for support of drinking water quality research

BOSTON — Rep. Paul K. Frost (R-Auburn) received recognition by the Massachusetts Breast Cancer Coalition on Wednesday, Oct. 5, for leading the call to expand Silent Spring Institute's research of unregulated chemicals of concern in public and private drinking water wells and ground water.

Frost, who has spearheaded legislation funding Silent Spring, was among state legislators recently honored with a certificate of appreciation for their support of the research, which aims to study the link between cancer and emerging contaminants frequently found in drinking water. The certificate was presented by the Board President of the Massachusetts Breast Cancer Coalition (MBCC), Margo Simon Golden, who praised the legislators for their support for MBCC's mission to prevent breast cancer for future generations.

"Massachusetts citizens join our call for more research to be conducted on exposure to chemicals of concern in our drinking water, such as herbicides and consumer product chemicals. We need state funding since many of these chemicals have been linked with breast cancer and other diseases. Without state funding, we will not obtain the answers we need about common exposures in our daily environment," said Golden.

Massachusetts Breast Cancer Coalition is gathering

allies in the State House to advance legislation regarding the funding of Silent Spring Institute, which was founded by MBCC in 1994. The bill, H.4166, An Act relative to drinking and ground water research, filed by Frost, seeks to establish a trust fund for Silent Spring Institute to expand their studies throughout the Commonwealth. For the first time in over a decade, Silent Spring Institute received \$25,000 in the Fiscal Year 2017 State Budget to pursue these research efforts.

Frost said, "Drinking water is our most precious natural resource. We have seen both locally in the district and in other parts of the country horror stories of contaminated drinking water. Everyone and every living thing needs drinking water to survive, and it is important we know what is in it."

Massachusetts Breast Cancer Coalition's educational program Let's Talk Prevention: Reducing Toxic Exposures was displayed at the State House for the awarding of the certificates. Let's Talk Prevention describes basic steps for individuals and families to reduce problematic exposures and choose safer alternatives to toxic products. The goal of this program is to reduce toxic exposures which has implications for reducing the burden and cost of all environmentally-linked diseases, including breast cancer.

Massachusetts Breast Cancer Coalition is dedicated to the prevention of environmental causes of breast



Courtesy photo

Rep. Paul Frost receiving a certificate of appreciation from Massachusetts Breast Cancer Coalition Board President Margo Simon Golden.

cancer through community education, research advocacy, and changes to public policy. For more information about the organization and to learn how you can support their efforts, please visit mbcc.org.

LEGALS

LEGALS

continued from page B5

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 58 Warren Street, Upton, MA

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Lori A. Sweeney and Robert W. Sweeney to Marathon Mortgage Company, Inc. and now held by **Webster Bank NA f/k/a First Federal Savings Bank of America**, said mortgage dated June 13, 2003, and recorded with the Worcester County (Worcester District) Registry of Deeds in Book 30444, Page 220, said mortgage was assigned from Marathon Mortgage Company, Inc. to First Federal Savings Bank of America by assignment dated June 13, 2003 and recorded with said Registry of Deeds in Book 30444 at Page 234; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction** on December 5, 2016 at 4:00 PM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

The land in Upton, Worcester County, Massachusetts, on the westerly side of Warren Street, bounded and described as follows:

Beginning at a drill in stone wall on the westerly side of Old Warren Road at and formerly of Consigli, now or formerly of Smith, at the northerly line of Lot #2 shown on plan hereinafter referred to;

Thence S. 43 degrees 53' W. by the northerly line of Lot #2, 157.20 feet to a drill hole in remains of stone wall;

Thence S. 43 degrees 02' W. by the remains of stone wall on the northerly line of Lot #3, now or formerly of Rose E. Davis, 157.20 feet to a drill hole in stone wall at land now or formerly of McCarty;

Thence N. 41 degrees 29' W. by a stone wall, 109.52 feet to a point;

Thence N. 41 degrees 29' W. by the stone wall, 30 feet to a corner of walls;

Thence N. 37 degrees 05' E. by stone wall at land now or formerly of Rodwill, 348.42 feet to an iron pin in the westerly line of Warren Street;

Thence S. 29 degrees 02' E. by stone wall on the westerly line of Warren Street, 56.87 feet to a drill hole in said wall;

Being shown as Lot 1 on a plan recorded with Worcester District Registry of Deeds in Plan Book 212, Plan 7.

Together with all right title and interest, if any, in that parcel of land consisting of Old Warren Road and 3,679 square feet of land between Old Warren Road and the present Warren Road, which said parcel is bounded and described as follows:

Beginning at the same point as the main parcel;

Thence N. 29 degrees 02' W. 110.16 feet to a stake at the new Warren Street;

Thence S. 61 degrees 07' E. by the westerly side of Warren Street as now existing 108.47 feet to a point on the westerly side of Warren Street;

Thence S. 43 degrees 53' W. 60.40 feet to the point of beginning.

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated December 20, 1994, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 16808, Page 184.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars

of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale. Other terms to be announced at the sale.

Shechtman Halperin Savage, LLP
1080 Main Street, Pawtucket, RI
02860

Attorney for **Webster Bank NA f/k/a First Federal Savings Bank of America**
Present Holder of the Mortgage
(401) 272-1400

November 11, 2016

November 18, 2016

November 25, 2016

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of that certain mortgage given by Mathew C. Bell and Ardene E. Bell to Savers Co-Operative Bank, dated August 28, 2008 and recorded at the Worcester District Registry of Deeds at Book 43270, Page 313, for breach of conditions of said mortgage and for the purpose of foreclosing the same, said premises, and the buildings thereon, will be sold at Public Auction at 10:00 A.M. on the 7th day of December, 2016, on the mortgaged premises at 178 Union Street, Northbridge, Worcester County, Massachusetts, all and singular, the premises described in said mortgage:

To Wit:

The land in the Town of Northbridge, in that part thereof called Linwood, with the buildings thereon, situated on the southerly side of Union Street, bounded and described as follows:

BEGINNING At the northeasterly corner of the premises herein described at a stake in the southerly line of Union Street and at land formerly of Patrick Driscoll;

THENCE S. 23° 10' E. with said Driscoll land, 199.25 feet to a stake in the northwesterly line of land now or formerly of New York, New Haven & Hartford Railroad Co.;

THENCE S. 53 1/2° E. with said Railroad Co. land, 80 feet to a stone bound;

THENCE N. 23° 30' W. with said Railroad Co. land, 80 feet to a stone bound;

THENCE N. 66 1/2° E. with the southerly line of said street, 80 feet to the point of beginning.

For title see deed recorded with said deeds in Book 9349, Page 158.

The description of the premises contained in the mortgage shall control in the event of a typographical error in this publication.

TERMS OF SALE: \$5,000.00 non refundable deposit shall be paid in cash or bank cashier's check by the purchaser at the time and place of sale, and the balance to be paid in cash or by certified or bank cashier's check at the offices of Howard B. D'Amico, Esquire, Howard B. D'Amico, P.C., 33 Waldo Street, Worcester, Massachusetts, 01608, within 30 days of the sale. All bidders must exhibit said required deposit to the auctioneer immediately prior to the auction sale in order to qualify as a bidder.

Said premises will also be sold subject to and/or with the benefit of any and all rights of way, easements, restrictions, covenants, conditions, reservations and agreements of record, to the extent that the same are in force and applicable, outstanding taxes, tax titles, municipal or other public liens or assessments, water bills, sewer bills, liens or claims in the nature of liens, all existing encumbrances of record created prior to this mortgage, and the right of redemption of the United States of America, if any. It shall be the bidders'

sole responsibility to ascertain all items described in this paragraph and no representations are made concerning compliance with applicable zoning regulations. The mortgaged premises, if occupied, shall be conveyed subject to existing occupancies and/or tenancies. This sale may be postponed or adjourned from time to time, if necessary, by the attorney for the Mortgagee at the scheduled time and place of sale.

Other terms, if any, to be announced at the sale. The successful bidder shall be required to sign a Memorandum of Terms and Conditions containing the above terms at the sale.

If the highest bidder fails to complete the purchase of the premises on the terms provided in this notice and in the Memorandum of Terms and Conditions signed following the sale, the Mortgagee reserves the right to sell the premises to the second highest bidder (or each subsequent highest bidder thereafter) who will then have five (5) days to deliver the deposit specified above to the Mortgagee's attorney as herein indicated, and to agree to a closing date for payment of the remaining balance of such subsequent highest bid and transfer of deed that is within thirty (30) days thereafter.

Present Holder of Said Mortgage

Savers Co-Operative Bank
d/b/a Savers Bank

By Its Attorney

Howard B. D'Amico, Esquire
Howard B. D'Amico, P.C.

33 Waldo Street

Worcester, MA 01608
Auction Marketing Group,
Auctioneer (508) 842-1900

November 11, 2016

November 18, 2016

November 25, 2016

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L. Ch 40A, Section 11, and Chapter 173, Sections 47 & 48 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on **Thursday, December 8, 2016 at 7:05P.M.** at the **Aldrich School Town Hall Annex, 14 Hill Street, Whitinsville, MA** to consider the application of Kendell Chilton POA for Bingzhu Guo, 125 Brookway Dr., Northbridge, MA 01534 for property located at Lot 1 North Main Street, Whitinsville, MA 01588.

The applicant is seeking a Special Permit pursuant to Article V, Section 173-18 of the Town of Northbridge Zoning By-laws, Table of Use Regulations, in order to allow the construction of a driveway and underground utilities in a flood zone.

The property, shown on Assessor's Map 6 as Parcel 2, is located at 6th Main Street Lot 1 and is in a Residential -2 zoning district and is owned by Rosalie Schweinfurth.

The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Thomas Hansson, Chairman
Northbridge Zoning Board of Appeals
November 18, 2016
November 25, 2106

Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Worcester Probate and Family Court

225 Main Street
Worcester, MA 01608
(508) 831-2200

Docket No. WO15P1333EA
CITATION ON PETITION FOR FORMAL ADJUDICATION

Estate of:

Jean E Liebl

Date of Death: 03/27/2013

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by

Daniel J McDaniel, Jr. of Uxbridge MA

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that:

Daniel J McDaniel, Jr. of Uxbridge MA

be appointed as Personal Representative(s) of said estate to serve on the bond in **an unsupervised** administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 11/29/2016.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: November 03, 2016

Stephanie K. Fattman,

Register of Probate

November 18, 2016

Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Worcester Division

Docket No. WO16P3499EA
Estate of:

John R. Thomas

Date Of Death: August 18, 2016

INFORMAL PROBATE

PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **John R. Thomas, Jr.** of Sherborn MA

A Will has been admitted to informal probate.

John R. Thomas, Jr. of Sherborn MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

November 18, 2016

THE COUNTDOWN TO Black Friday WINDOW SALE



Our biggest dollar discount of the year ends **ON** Black Friday.

To help protect your home against leaking and cold drafts, strong windows and patio doors will be one of the most important home improvements you can make **BEFORE** the winter.



November 1st to November 25th only!

Buy 1 window or patio door, get 1 window or patio door

40% OFF¹

PLUS

\$100 OFF
every window and patio door¹

Plus, don't pay a thing for a year

NO NO NO for one full year¹
Money Down Payments Interest

Interest accrues from the purchase date but is waived if paid in full for 12 months. Minimum purchase required.

We won't let new windows impact your holiday spending.

Why? Because you won't pay anything until **next** November. Breathe easier this holiday season with no money down, no payments and no interest for a whole year!

Don't take a chance on a vinyl window.

Vinyl windows can warp, leak and cause drafts, so trusting a poor-quality vinyl window is a poor choice. Our window's Fibrex® composite material is twice as strong as vinyl.

You've got enough on your plate this time of year; we've got this.

We build, sell, install and warrant all of our windows; that means there's no middleman to deal with, and as the full-service replacement window division of Andersen, we're about as trustworthy as you can get.



The Better Way to a Better Window™

There are limited appointments available
Call for your FREE Window and Patio Door Diagnosis

1-800-209-2746

*DETAILS OF OFFER – Offer expires 12/10/2016. Not valid with other offers or prior purchases. Buy one get one 40% off per window with no money down and 12 months no payments with no interest when you purchase 4 or more windows or patio doors plus an additional \$100 off each window or patio door when you purchase 4 or more windows or patio doors between 11/1/2016 & 12/10/2016 with approved credit. The \$100 off each window or door must be less than or equal to the lowest cost window or door in the project after the initial discount. APR of 16.84% as of 3/1/2015, subject to change. Repayment terms from 0 to 12 months. Interest accrues during the promotional period but all interest is waived if the purchase amount is paid in full within 12 months. Savings comparison is based on the purchase of a single unit at regular list price. Available only at participating locations. See your local Renewal by Andersen location for details. VA License #2705155684, DC License #420215000125, MHIC #121441, License MN: BC130983/W1266951. Excludes MN insurance work per MSA 325E.66. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2016 Andersen Corporation. All rights reserved. ©2016 Lead Surge LLC. All rights reserved.



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Ecoboost V6 navigation
Panoramic Roof
\$31,923 499X

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"low miles,
great gas mileage"
\$13,923 52291R

2014 FORD ESCAPE
Low Miles, 20L Ecoboost,
AWD
\$18,223 505X

2014 FORD EDGE SPORT
Fwd, Ruby Red, Nav., Moonroof,
Remote Start, 41805 mi.
\$26,923 5355B



2016 FORD EXPEDITION EL
XLT, Leather,
Low Miles
\$44,523 502X



2011 F150 LARIAT
Loaded
Low Miles
\$26,923 44351X



2013 FORD FUSION SE
4 cyl, 6 speed Automatic, FWD,
White, 47K, One owner
\$14,823 434X



2013 FORD TAURUS SHO
Performance Pkg,
AWD
\$23,923 6303A



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- 2014 Fiesta Sedan**, 4 Cyl, Auto, Blue Candy, 10K!, #450X **\$10,923**
- 2014 Ford Focus SE** Hatch, One owner #457X **\$11,923**
- 2014 Ford Escape 4WD** #482X **\$18,923**
- 2011 Ford Flex Limited** very comfortable #4721X **\$18,923**
- 2014 Ford F150** ext cab, leather XLT #491X **\$33,523**

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BRAND NEW 2017 CHEVY IMPALA LT
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2016 BEST SEDAN
• Fuel Efficient • iPod Input
• LT TRIM • 19" Alloy Wheels
MSRP: \$32,580 **RED TAG PRICE**
Our Discount: \$6,203 **\$26,377**
SAVE UP TO: **19% OFF** Lease for \$255/mo!

BRAND NEW 2017 CHEVY EQUINOX LS
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FIND YOUR TAG!
• LS Trim • 17" Alloy Wheels • Fuel Efficient
MSRP: \$28,290 **RED TAG PRICE**
Our Discount: \$7,813 **\$20,477**
SAVE UP TO: **28% OFF** Lease for \$115/mo!

FIND YOUR TAG! **TOP 10 MOST RELIABLE.**
SAVE UP TO: **25% OFF** LIMITED TIME ONLY
NEW 2016 CHEVROLET CRUZE LS
#S16374, S16303, 16314, 16348
MSRP: \$20,055
Save Over: \$5,100! **\$14,877**

BRAND NEW 2016 CHEVY SILVERADO 1500
#116655, 116662
FIND YOUR TAG!
• V6 engine • Automatic • Reg Cab • Work Truck
MSRP: \$30,720 **RED TAG PRICE**
Our Discount: \$7,300 **\$23,377**
SAVE UP TO: **24% OFF** Lease for \$145/mo!

BRAND NEW 2016 CHEVY SILVERADO 2500 4x4
#S116795
FIND YOUR TAG!
• Tow Package • Locking Differential • Rear Bench Seat
MSRP: \$39,690 **RED TAG PRICE**
Our Discount: \$8,100 **\$31,577**
With 8' Plow: **\$39,377**

Sale ends 11/18/16. Price reflects all applicable manufacturer rebates which may include Chevrolet select model bonus cash program, all GM incremental private and/or select others and additional dealer discounts including a \$1,000 Imperial Trade Assistance Bonus for qualifying 2007 or newer trade. Price valid with qualifying credit, not all will qualify for all rebates and savings. All rebates to dealer. Price subject to change if manufacturer rebates change. Lease prices include all applicable manufacturer lease rebates with 30% down cash or trade with qualifying credit and our Imperial Trade Assistance Bonus along with lease loyalty/conquest if you qualify 24 months, 10,500 miles per year. Advertised price does not include tax, title, registration, documentation or acquisition fees and cannot be combined with any other discounts or promotions. Not responsible for typographical errors. Not valid with prior sales.

Whether I give you more for your trade or charge you less for your new car, our bottom line price is going to be the BEST buy far!

IMPERIAL Ford
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BRAND NEW 2017 FORD ESCAPE S
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FIND YOUR TAG!
• Fuel Efficient • iPod Input • Bluetooth • 17" Wheels
MSRP: \$24,495 **RED TAG PRICE**
Our Discount: \$6,118 **\$18,377**
SAVE UP TO: **25% OFF** Lease for \$119/mo!

BRAND NEW 2017 FORD FUSION SE
#7022, S7009, 7015, S7016
TOP RATED MIDSIZE SEDAN - Edmunds.com
• SE Trim • 17" Alloy Wheels • Power Package • Fuel Efficient
MSRP: \$23,995 **RED TAG PRICE**
Our Discount: \$4,018 **\$19,977**
SAVE UP TO: **17% OFF** Lease for \$99/mo!

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Sales Event We've stocked hundreds of new & used cars for this HUGE Event!

BRAND NEW 2016 FORD F-150 REG. CAB
#F6496, T6501, T6547
FIND YOUR TAG!
• V6 engine • Automatic • Full Power Package
MSRP: \$34,035 **RED TAG PRICE**
Our Discount: \$12,358 **\$21,677**
SAVE UP TO: **36% OFF** Lease for \$149/mo!

BRAND NEW 2016 FORD FIESTA S
#6158, 6147, 6181, 6183
FIND YOUR TAG!
• Fuel Efficient • iPod Input • SYNC System
MSRP: \$16,377 **RED TAG PRICE**
Our Discount: \$7,400 **\$8,977**
SAVE UP TO: **45% OFF** 4 Available at Similar Savings

Sale ends 11/18/16. Prices listed include all applicable manufacturer rebates and Imperial discounts and include a \$1,000 Imperial Trade Assistance Bonus for a qualifying 2007 or newer trade. See us for details. Lease prices include all applicable manufacturer lease rebates with qualifying credit and \$2,999 down, first months payment and our Imperial Trade Assistance Bonus along with lease loyalty/conquest if you qualify 24 months, 10,500 miles per year. Advertised price does not include tax, title, registration, documentation or acquisition fees and cannot be combined with any other discounts or promotions. Not responsible for typographical errors. Not valid with prior sales.

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CHRYSLER-DODGE-RAM-JEEP
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BLACK FRIDAY SALES EVENT COMMERCIAL TRUCK SEASON
Mike Penner General Manager

BRAND NEW 2016 JEEP CHEROKEE SPORT
#16007, 16034, 16046, 16052
FIND YOUR TAG!
• Alloy Wheels • 4x4 • Panoramic Sunroof
MSRP: \$33,565 **RED TAG PRICE**
Our Discount: \$13,588 **\$19,977**
SAVE UP TO: **40% OFF** Lease for \$99/mo!

BEST MINIVAN OF 2016 NEW 2017 CHRYSLER PACIFICA
#17003, 17004, 17008
QUALITY VALUE
MSRP: \$33,075 **RED TAG PRICE**
Our Discount: \$5,098 **\$27,977**
SAVE UP TO: **15% OFF** Lease for \$199/mo!

SAVE UP TO: 39% OFF LIMITED TIME ONLY
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#6053, 6060, 6061, 6068, 6095
NEW 2016 CHRYSLER 200 LIMITED
MSRP: \$28,125 Save Up To: \$11,148! **\$16,977**
Buy for price starting at: **\$16,977**
Lease for \$199 a month!

BRAND NEW 2016 SLT RAM 2500
#16129, 16123
FIND YOUR TAG!
• Tow Pkg • Bluetooth • 5.7L HEMI • Tow Pkg
MSRP: \$42,690 **RED TAG PRICE**
Our Discount: \$11,213 **\$31,477**
With 8' Plow: **\$39,477**

BRAND NEW 2016 RAM 1500
#16917, 16516, 16725
COMMERCIAL TRUCK SEASON
• V8 engine • Automatic • Crew Cab • Tow Package • Flex Fuel
MSRP: \$39,635 **RED TAG PRICE**
Our Discount: \$7,958 **\$31,677**
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FAMILY

Make Head Checks A Weekly Habit At Home



Performing proactive head lice checks at home can prove beneficial for families.

(NAPS)

While school days can mean an influx of head lice cases as children are together in close quarters, you can help protect your family.

The Problem

Lice are most commonly

spread through direct head-to-head contact—not typically through sharing hairbrushes, scarves and hats. Research also shows that lice are often transmitted between siblings or neighborhood playmates.¹ Performing weekly head

checks at home can be a smart way to stop an infestation before it affects the entire family.

It can take four to six weeks for infestation symptoms (such as itching) to show up.² And catching lice early is vital to

controlling them, so vigilance is key.

What You Can Do

Here are three tips on how to check your child's head for lice:

- Work under a bright light and use a nit comb to remove anything you find. Part your child's hair and watch for movement (lice quickly travel away from light).

- Part the hair to look for eggs stuck to the shaft near the scalp. About the size of a poppy seed, lice often look like dandruff that can't be easily removed.

- Pay particular attention to the nape of the neck, behind the ears and from bangs to the crown of the head. Recently laid eggs are nearly transparent, so it's helpful to examine hair from different angles.

If your child does have lice, you may be glad to know Vamousse Lice Treatment kills lice and their eggs in one treatment. It uses non-toxic ingredients to dehydrate lice and nits rather than relying on pesticides such as permethrin and pyrethroids, to which super lice have become resistant.³

If your child has been exposed, Vamousse Lice Defense is recommended for daily use during high-risk peri-

ods and for 10 to 14 days after potential exposure to defend against an infestation. As with all the company's products, it's generally affordable, available over-the-counter, non-toxic and safe for the entire family.

Lice can quickly advance through several life cycles before being caught, so conducting routine head checks is a vital step toward helping your entire household stay lice-free all year.

Learn More

For a downloadable reference card, visit www.vamousse.com/head-check.

1 Pontius, D.J. (2014) "Demystifying Pediculosis: School Nurses Taking the Lead" *Pediatric Nursing*, 40, (5), 226-235

2 Devore, C.D., Schutze, G.E., The Council on School Health and Committee on Infectious Diseases (2015) "Head Lice," *Pediatrics*, 2015; 135; e1355; originally published online April 27, 2015

3 Gellatly et al. (2016) "Expansion of the Knockdown Resistance Frequency Map for Human Head Lice (Phthiraptera: Pediculidae) in the United States Using Quantitative Sequencing," *J. Med. Entomol. Advance Access*

Teaching Your Child Healthy Habits

(NAPS)

If you're like most parents, you work hard to make sure your children eat their veggies, brush their teeth and always say "please" and "thank you," but one important habit is often forgotten.

Experts advise parents to teach children the importance of smiling. Smiling can positively affect you and the people around you, and lower stress, which should improve your child's quality of life.

What You Can Do

Here's a look at a few of the habits that can be crucial to ensuring children enjoy a healthy lifestyle:

1. Setting a regular bedtime: According to the National Sleep Foundation, children need at least 10 to 12 hours of sleep. By the age of 2, children have spent more time asleep than awake. Why is this? Sleep is vital to children's development and lets them be alert, fresh and ready to learn every day. While bedtime tantrums can be frustrating, they may well be an indicator that your child needs sleep. Avoid active endeavors right before bed and replace them with 30 minutes of relaxing, quiet activities. This



Healthy kids are happy kids and instilling the right daily habits in your children can help you get a lot more smiles from your family.

will encourage a healthy bedtime routine for kids and may help them to see the importance of a good night's sleep.

2. Keeping active: Encourage your children to play outside, join a team or take part in some other activity outside of school. This provides a

great opportunity to meet and socialize with other kids they may not meet otherwise. Developing hobbies from a young age helps keep children busy and gives them a chance to learn beyond the classroom.

3. Eating fruits and vegetables: Reinforcing

a healthy diet will improve your children's mood, health and even their smiles. Instilling a healthy diet early will create lifelong habits that will benefit your child for years to come.

4. Smiling more often: Teach your child the importance of proac-

tive oral care to ensure fewer trips to the dentist and a bright, healthy smile for life. Getting your children to brush and floss twice a day may not be easy, but parents can ensure their kids have a complete oral care routine by using Sunstar GUM®'s suite of

toothbrushes, toothpaste and flossers for kids featuring popular themes such as Crayola™, Power Rangers™, Dragons™ and Lalaloopsy™. The new kid's toothpaste collection lets kids add color to their brushing routine. You can find your child's favorite colorful toothpaste, toothbrushes and flossers in retailers such as Target and online at www.gumbrand.com.

5. Reading for pleasure: Encourage your kids to take a break from video games, social media and other distracting forms of technology and pick up a book instead. Reading for pleasure will help expand your children's imagination and develop their reading skills. Once their homework is complete, designate a daily "screen-free" hour or make it a family activity by reading a chapter or two together before bed each night.

Learn More

For further facts and tips on proper oral care, you can visit www.gumbrand.com or find GUM on Facebook, Twitter @Sunstar GUM and Pinterest.

Five Tips To Prepare Your Children For Success In School

(NAPS)

One of the best things you can do for your children is to make sure they attend school every day. After all, we want our kids to have the best possible chance of doing well in school and achieving their dreams. But getting a child to school isn't always easy. While some absences are understandable, it's important to understand the impact of each absence.

Although most parents understand the importance of getting their child to school every day, many believe that missing three or more days of school each month won't make a difference. In reality, as early as elementary school, students who miss just two school days per month are more likely to fall behind in school, and less likely to graduate from high school. Even when the absences are excused or understandable, absences add up. Students who miss just two days of school each month end up missing 18 school days, or 10 percent of the school days in a year.

By following these five simple tips, you can help ensure your child attends school every day. Attending school every day puts your child on the path toward success in school and in life.

What to Do:

1. Keep track of how many days of school your child has missed.

2. Figure out why your child is absent from school. Is your child dealing with a chronic illness such as asthma? Is he being bullied or struggling at school? Is she staying home to help care for a family member?

3. Ask teachers and community leaders for advice and specific resources. Reach out to other parents, too, to ask for help and share tips.

4. Consider enrolling your child in a mentoring or an afterschool program. When kids work with mentors, they learn about the importance of attending school every day. With an additional support system in place, kids learn strategies to address their day-to-day challenges. Similarly, when kids get involved in afterschool programs, they are more likely to feel connected to their school communities and are less likely to be absent.

5. Visit AbsencesAddUp.org for information on the impact of absences and resources to help prevent them in the future. On the website, you'll learn how to help children who are struggling in school, being bullied, managing chronic illness or dealing with mental health challenges. Additionally, the site



Many parents may be surprised to learn that even two absences a month can seriously hurt a child's academic progress.

also provides parents with resources to assist with caregiving, housing and food challenges.

Learn More

Families can visit AbsencesAddUp.org

to find resources and tips that can help them through many challenges, whether their child isn't feeling well, their family is struggling with housing, or anything in between.

FAMILY

Sleep Is Key To Helping Teens Recharge For Success In School



Most teens, research suggests, lack sufficient sleep, putting them at risk for health and behavioral problems.

(NAPS)

Here's eye-opening news: For most teens, one of the best ways to find success in school is to get enough sleep.

When well rested, teens are more likely to be healthy, energetic and have a positive attitude toward life in general—helping them be their best and do their best in school and at home.

To help, the National Healthy Sleep Awareness Project launched the "Sleep Recharges You" campaign, urging teens

to get eight to 10 hours of sleep per night to promote optimal health.

"It's important to make sleep a priority," said Dr. Ronald Chervin, president of the American Academy of Sleep Medicine (AASM) and spokesperson for the National Healthy Sleep Awareness Project. "Setting and sticking to a routine to get as much sleep as possible is one of the best things teens can do for their health, academic achievement and athletic performance."

Lack of Sleep Jeopardizes Teens' Grades, Health and Safety

More than two-thirds of high school students in the U.S. are failing to get enough sleep on school nights, according to a 2016 study published by the Centers for Disease Control and Prevention (CDC). Results show that 69 percent of surveyed students in grades 9 to 12 reported sleeping less than eight hours on an average school night. Insufficient sleep in teens

can impact everything from grades to safety.

Sleepy teens may fare worse in school than their well-rested peers. Studies show that teens who are sleep deprived may be more easily distracted and recall information more slowly. Sleeping fewer than the recommended hours is also associated with attention, behavior and learning problems.

Lack of sleep may also affect teens' athletic performance. When teens sleep, hormones are

released that help them grow taller and develop muscles. Sleep helps restore energy to the brain and body.

Studies show that teens who sleep less than the recommended hours are more likely to be overweight and develop hypertension and diabetes. Additionally, insufficient sleep in teenagers has been found to increase the risk of depression and is associated with increased risk of self-harm, suicidal thoughts and suicide attempts.

Insufficient sleep also significantly increases teens' risk for drowsy-driving accidents. A 2014 study found that teen drivers who start class earlier in the morning are involved in significantly more motor vehicle accidents than those with later start times. Motor vehicle crashes are the leading cause of death for teens in the U.S., according to the CDC.

Parents, Caregivers Play Crucial Role

Teens should be encouraged to get enough sleep every night to recharge. The AASM advises parents and caregivers to help by modeling healthy sleep habits, promoting a consistent sleep schedule and creating a quiet sleep environment for their teens.

Additionally, setting restrictions on screen time before bed is key to helping teens get to sleep on time. Teens may be

tempted to keep using their laptops, smartphones and game consoles late into the night rather than going to sleep.

"Teens are still growing and developing and sleep is a crucial part of these processes," said Dr. Chervin. "One of the best things parents and caregivers can do for their children's health and well-being is to encourage routines that will help them get enough sleep."

According to the AASM, a natural shift in the timing of the body's internal "circadian" clock occurs during puberty, causing most teens to have a biological preference for a late-night bedtime.

It is also important that parents and local school boards work together to implement high school start times that allow teens to get the healthy sleep they need to meet their full potential.

Official Consensus
The AASM recommends that teens sleep eight to 10 hours per night on a regular basis to promote optimal health.

Parents concerned that their teen is sleeping too little or too much should consult a board-certified sleep medicine physician or visit www.sleepeducation.org to find an accredited sleep center nearby.

Learn More
For further facts, visit www.sleepeducation.org/healthysleep.

Making The Grade: Getting High School Seniors Ready For College

(NAPS)

Nearly 17 million high school seniors graduate each year, the U.S. Department of Education estimates, and many plan to attend college. But are they all really college-ready?

Data suggests the answer is a resounding "no." According to the 2015 "Condition of College & Career Readiness" report from American College Testing (ACT), 31 percent of the ACT-tested graduating class is not meeting any of the four subject benchmarks: reading, English, science and mathematics.

These low-readiness test scores coincide with college dropout figures that top 29 million, making the number of Americans who have dropped out of college greater than the number of American adults who have not obtained their high school degrees.

"While test scores provide a benchmark for high school seniors, college readiness is an important issue for everyone headed to college, whether they are a new high school graduate or an adult learner returning to the classroom," said Jennifer Fletcher, Ph.D., program dean for general education at University of Phoenix. "Being prepared for the challenge can help ensure students aren't forced to take remedial course work and are able to stay motivated and on top of their workloads, ultimately resulting in a successful collegiate experience."

The pressure to earn a college degree is higher than ever. The White House has set an ambitious goal of producing a higher share of college graduates than any other nation by 2020. The plan is to return the United States to the top-ranked nation after dropping into twelfth place.

"More and more, employers are seeking college graduates for jobs that previously required a high school diploma or other subbaccalaureate training," Dr. Fletcher said. "For the nearly two-thirds of U.S. adults who do not have a bachelor's degree or higher, this can create barriers to career growth, unless they are able to pursue higher education."

She offers the following advice to high school seniors and adult learners heading off to college:

- Use summer months to take courses in English and mathematics to refresh high school level skills. Courses can be taken at community colleges or via online professional development resources such as University of Phoenix's continuing education programs, Udemy, StraighterLine and Lynda.com.

- Don't overburden your first semester course load. There are always opportunities to add courses deeper into your college career or over summer and winter intersessions.



A few simple steps before you go to college can help make sure you do well when you get there.

- Team up with your college adviser your first semester. College advisers are available to discuss your goals and a graduation timeline and can offer guidance on the best ways to manage coursework.

- Attend skills center sessions for assistance in coursework and free proof-reading.

- Organize study groups

with peers to work together on complex materials and to gain different perspectives to approaching assignments.

- Take advantage of college tools and resources. Computers, Internet access, office hours and a study location free of distractions are all things students can access that affect student success. When you couple this with healthy

organizational and study habits, students can improve their chances of having a positive academic journey.

Learn More
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11 H.P., O.H.V 30" with trigger controlled steering Totally gone thru Electric start Runs excellent 6 forward - 3 reverse \$550.00
508-949-2369

TIRES from 2014 Jeep Wrangler

Set of 5 Spare is BRAND NEW! Rims are silver five star style .25 tread depth Excellent Condition
\$300 FIRM
(774) 230-1790

TOOL SHEDS
Made of Texture 1-11
8x8 \$775
8x10 \$960
8x12 \$1050
8x16 \$1375

Delivered, Built On-Site Other Sizes Available
CALL (413) 324-1117

VARIOUS ELVIS PRESLEY MEMORABILIA
\$500
(508)612-9263
(508)461-7479

VISION FITNESS PROGRAMMABLE ELLIPTICAL TRAINER
Model #X6100 Folds Nicely High End Trainer Lightly Used, Excellent Condition Retail \$1295 Asking \$525
508-479-4023

010 FOR SALE

YAMAHA CLAVINOVA ELECTRIC PIANO WITH BENCH
Model CLP153S Original price \$2,675 Asking \$900 (negotiable)
508-765-1514

100 GENERAL

105 BULLETIN BOARD

FOUR HORSE STALLS FOR RENT

CALL FOR INFORMATION
(508) 335-8239

Four Stall Horse Barn For Rent

Ten Years Old Big Stalls & Huge Loft Nice, Big Turnout Pasture \$200/stall or Whole Barn for \$700 Please text (508) 615-1246

KILL BED BUGS & THEIR EGGS!

Buy Harris Bed Bug Killers/KIT Complete Treatment System. Hardware Stores, The Home Depot, **homedepot.com**

110 NOVENAS

DON'T DESPAIR PRAY TO ST. JUDE

O holy St. Jude, apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return, I promise to make your name known and cause you to be invoked. St. Jude, pray for us and all who invoke your aid. Say three Our Fathers, three Hail Marys and three Glorias. Publication must be promised. This novena has never been know to fail. JKD

130 YARD SALES

DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY PAPERS
Deadline subject to change due to holidays Call for more info *****

FLEA MARKET SELLERS
20 years of very good items clearing out house but don't want hassle of yard sale come and make an offer!
Best one gets it all!
Cash only!
(508)943-0169

GARAGE/YARD SALE SATURDAY 11/19 9AM-5PM 196 HILL STREET WHITINSVILLE, MA

Thirty years of Christmas decorations plus household goods, furniture and kids stuff.

200 GEN. BUSINESS

205 BOATS

1- BASS BOAT 10 ft. with trailer \$1150.

1- 13 ft. 10" ALUMINUM SPORTSPAL CANOE \$500.

1- ALUMINUM 10 ft. JOHN BOAT \$300.

Call 508-885-5189

205 BOATS



20' Ranger Comanche 488V
Mercury XRI Electronic Fuel-Injection Motor. 150HP
Four blade stainless steel new prop.
2015 New Minnkota Maximum 65lb thrust, 24 Volt Dual console. LowranceHD85 with trailer.
(401) 943-0654

Old Town Canoe
1931 old town 18' restored Maine guide canoe.

Clear resin coated, Mahogany gun wales And caned seats a third seat mahogany caned seat and back Paddles included Perfect for the wooden canoe enthusiast.
\$5800.00 (508)479-0230

207 BOAT/DOCK RENTALS

***BUILDING LOT**
Dennison Hill, Southbridge 1/2 acre+ Town water and town sewer \$29,750
(508) 612-9263 *****

Local Heroes



FOUND HERE!

265 FUEL/WOOD

FIREWOOD
Cut, Split & Delivered Green & Seasoned
Wood Lots Wanted
Call Paul(508)769-2351

275 FLEA MARKET

DUDLEY INDOOR FLEA MARKET
8 Mill St Dudley, MA
EVERY SATURDAY, SUNDAY LOTS OF NEW VENDORS
Save Money Buying, Make Money Selling
Dudleyflea.com (800) 551-7767

COME JOIN US PRIME SELLING SPACES AVAILABLE
284 Lost & Found PETS

Did you find your pet? Or find a home for one?

285 PET CARE

FAN-C-PET Mobile Grooming Salon

Vicki Kelley Professional Groomer
20 Years Exp. "We Go Right to Your Door"
(508)987-2419

WAR RELICS & WAR SOUVENIRS WANTED

WWII & EARLIER CASH WAITING!
Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc.
Over 30 Years Experience.
Call David 1-(508)688-0847 I'll Come To YOU!

311 PART-TIME HELP WANTED

325 PROFESSIONAL HELP WANTED

325 PROFESSIONAL HELP WANTED

LEGAL ASSISTANT

Worcester law firm seeks full time legal assistant. Experience with real estate, probate and litigation. Compensation and benefits commensurate with experience.
Email resume to: **worcesterlegalassistant@gmail.com**

285 PET CARE



Going... Going... Gone to the Dogs

Training and behavior management in your home.

Positive methods used. Certified Pet Dog trainer and member APDT

Call Renelle at 508-892-1850 email: cherydals@aol.com

298 WANTED TO BUY

Route 169 Antiques

884 Worcester St. Southbridge MA

Looking To Purchase **Antiques And Collectibles Single Items Or Entire Estates**

We Buy It All And Also Do **On-Site Estate Sales And Estate Auctions**

CALL MIKE ANYTIME (774)230-1662

\$ BUY & SELL \$ ALL GOLD & SILVER ITEMS

Specializing in NUMISMATIC COINS, gold & silver of any form!

Qualified with over 30 years experience & a following of many satisfied customers.

We also sell a nice selection of fine jewelry, antiques & collectibles.

Bring in your items & see what they're worth. You won't leave disappointed. **Honesty and fairness are our best policies!**

Lee's Coins & Jewelry
239 West Main Street East Brookfield (Route 9 - Panda Garden Plaza)
(508)637-1236
(508)341-6355 (cell)

Local News



FOUND HERE!

LOOKING FOR SNACK VENDING MACHINES

Call Allan (508) 367-9503

WANTED 1890'S TO 1973 BICYCLES

CASH PAID for OLD BIKES All conditions considered, Highwheeler, Balloon Tire, Stingray

I BUY BIKES, BIKE PARTS, ALSO OLD TOYS & PEDAL CARS
(800) 336-2453 (B-I-K-E)

WAR RELICS & WAR SOUVENIRS WANTED

WWII & EARLIER CASH WAITING!
Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc.
Over 30 Years Experience.
Call David 1-(508)688-0847 I'll Come To YOU!

Want to Place a Classified Ad? Call 800-536-5836

Drivers: \$2,500 Sign-On Bonus!
Home Every Weekend! Great Pay & Benefits! CDL-A, 1yr Exp. Req. Estenson Logistics Apply: www.goelc.com 1-855-416-851

300 HELP WANTED

310 GENERAL HELP WANTED

DRIVERS WANTED-PART TIME/FULL TIME
Busy transit company located in Charlton, MA seeking drivers to transport senior and disabled clients throughout the area. Competitive wages and benefits, including paid time off and health insurance.

Clean driving record required. Candidates subject to pre-employment background check and physical exam.
Apply at: **SCM Elderbus**
124 Southbridge Road Charlton, MA or Send resumes to: **info@scmelderbus.org**

Want to Place a Classified Ad? Call 800-536-5836

Foster Parents Wanted

Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support. Generous Reimbursement.

\$1000 Sign-On Bonus Call For Details



Devereux Therapeutic Foster Care (508)829-6769

LAND SURVEY TECHNICIAN

Bertin Engineering, Inc. is seeking a full-time survey-tech with 3+ yrs experienced in the field and office utilizing AutoCad.

Please send resumes to: **39 Elm Street Southbridge, MA 01550 or ngouin@bertinengineering-ne.com**

LOOKING FOR WAITSTAFF AND KITCHEN HELP

APPLY IN PERSON AT: VILLAGE PIZZA 487 Main Street Sturbridge, MA (508) 347-8177

311 PART-TIME HELP WANTED

NORTH BROOKFIELD HIGHWAY DEPARTMENT

Part-time/On-call help wanted for Snow & Ice removal Must have Class 2 CDL with DOT medical \$18.00 per hour

Applications may be obtained at the Highway Department 58 School St. North Brookfield, MA 01535
Please call (508) 867-0213 or email: nbhighwaydept2@verizon.net

400 SERVICES

402 GENERAL SERVICES

Call The Junk Man

Trees Cut Brush/Limbs Removed METAL PICK-UP Appliances, Furniture, TV's. Construction Materials. Cellars/Attics Cleaned. Small Building Demolition, Residential Moves. Furnaces Removed

Dave (508)867-2564 (413)262-5082

490 SNOW PLOWING

Residential Commercial Plowing & Sanding

SNOWPLOWING

Focusing on: Southbridge Charlton Sturbridge Oxford

Roof Snow Removal

Call Rich 508-248-7314

ARCHway, Inc.

An agency serving adolescents and adults on the autism spectrum is seeking energetic and creative people to fill the following positions:

Part and Full Time Residential Instructor positions available to teach activities of daily living and social skills.
Hours available are: 1st shift Saturday and Sunday only, 2nd and 3rd shifts Monday thru Sunday, Starting Pay is \$13.50/hour

To apply: Fax/mail a letter of interest and resume along with salary requirements to:
ARCHway, Inc. 77 Mulberry Street Leicester, MA 01524 Fax: 508-892-0259 Email: scombs@archwayinc.org

325 PROFESSIONAL HELP WANTED

MILLWRIGHT I-

The primary function of the millwright job is to perform necessary repairs and maintenance on machinery within the plant facility in a safe and efficient method to ensure minimal production downtime and maximum adherence to environmental and safety guidelines. The successful candidate must have 4-6 years proven experience as a millwright. Wyman-Gordon is a 3-shift/7 days a week operation. Overtime and long hours are typical and at times required. After a probationary period, this position is part of the United Steelworkers Local #2285. US Citizenship or Perm Residency is required due to government military contracts.
Please email resume to: **khanson@wyman.com**

TOWN OF NORTH BROOKFIELD TOWN COLLECTOR

The North Brookfield Board of Selectmen is seeking an experienced professional for the position of Town Collector.

Salary range \$40,000 to \$50,000 per year with benefits.

Submit cover letter, resume, and three references to: Board of Selectmen 215 North Main Street North Brookfield, MA 01535 by December 1, 2016.

View job description at www.northbrookfield.net

TRAILER TRUCK DRIVERS WANTED

Class A CDL with Hazmat
Based in North Brookfield

Please Call 508-867-3235

454 HOME IMPROVEMENT

PAINTING Interior/Exterior Power Washing Carpentry

• FREE ESTIMATES • FULLY Insured • Reasonable Rates • Rich O'Brien Painting 28 Years Of Experience (508)248-7314

Furniture Doctor

Have your furniture Professionally restored at Reasonable rates. furniture face lifting, painting, striping to Refinishing, caning and repairs.

ANTIQUE DOCTOR Daniel Ross (508)248-9225 or (860)382-5410 30 years in business

457 LAWN/GARDEN

Black Diamond Lawn Care Professional Work At Prices Beating The Competition!

Cleanups Mowing Plowing Mulching Hedge Trimming Patios Etc.
Seth Goudreau 774-402-4694
www.blackdiamondlandscaping.com
FREE Estimates Fully Insured Experienced & Ambitious!

490 SNOW PLOWING

Call Rich 508-248-7314

433 CLEANING

HOLIDAY SPECIAL- WE WILL CLEAN BEFORE, AFTER & SERVE YOUR MEAL

CLEANING SERVICES- HOUSE CLEANING, FOOD SHOPPING, PET & HOUSE SITTING.

REASONABLE PRICING, FULLY INSURED

CALL BETTY (508) 796-3337 CHARLOTTE (508) 867-6937

442 LICENSED DAY CARE

The Commonwealth of Massachusetts Office of Child Care Services requires that all ads placed in the newspaper for child care (daycare) in your home include your license number

25,000 Unique Visitors Every Week!

TheHeartOfMassachusetts.com

454 HOME IMPROVEMENT

PAINTING Interior/Exterior Power Washing Carpentry

• FREE ESTIMATES • FULLY Insured • Reasonable Rates • Rich O'Brien Painting 28 Years Of Experience (508)248-7314

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Have your furniture Professionally restored at Reasonable rates. furniture face lifting, painting, striping to Refinishing, caning and repairs.

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Seth Goudreau 774-402-4694
www.blackdiamondlandscaping.com
FREE Estimates Fully Insured Experienced & Ambitious!

490 SNOW PLOWING

Residential Commercial Plowing & Sanding

SNOWPLOWING

Focusing on: Southbridge Charlton Sturbridge Oxford

Roof Snow Removal

Call Rich 508-248-7314

500 REAL ESTATE

505 APARTMENTS FOR RENT

APARTMENT FOR RENT BROOKFIELD

3 Bedroom, W/D Hookup, Townhouse, Off-Street Parking, Gas Heat, Good Rental History

\$880/Month + Utilities (508) 867-2564

FOUR ROOM APARTMENT IN SOUTHBRIDGE

1 Bedroom, Heat & Hot Water Included Year Round, Off-Street Parking, Owner Occupied Building, Walking Distance to the Hospital

\$900/month First and Security Required
To See the Apartment and Get an Application **Call (508) 764-6204**

SECOND FLOOR APARTMENT FOR RENT IN WARREN

</

550 MOBILE HOMES

PARK MODEL TRAILER

2 BEDROOMS, 1 BATH
Large Enclosed Porch
Large Shed

Meadowside of Woodstock
A Seasonal Cooperative
Campground

Asking \$16,500
For more information
Call Brett
(860) 733-2260

570 STORAGE SPACE FOR RENT

WINTER INSIDE STORAGE

Boats, RV's, Motorcycles, Cars, Trucks, Tractors, etc.
Very Reasonable Rates!
November-May
Security Cameras,
Owner Lives on Premises.

West Brookfield
(508) 867-2508

575 VACATION RENTALS

CAPE COD TIME SHARE FOR SALE

Edgewater Beach Resort
95 Chase Avenue
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On the water
Studio (Unit 706)
Fixed week 33 (August)
Deeded rights

You'll own it for a lifetime & can be passed down to your children and grand children. \$5000.00
(508)347-3145

Local Heroes



FOUND HERE!

OFF SEASON IS GREAT AT THE CAPE



South Dennis, off Rte. 134:

Cozy 3 BR, (dbl, queen, 2 twins) 1 bath home with full kitchen & microwave, washer/dryer, screened in porch w/ picnic table, grill, cable TV. Outdoor shower. On dead-end street. Near shopping, theater, restaurants, bike trail, fishing, playground, 10 minutes from bay and ocean side beaches.

Off season rates available

Call Janet
at 508-865-1583
after 6 pm, or email
June at
junosima@icloud.com
for more information.

Local Development & Projects



FOUND HERE!

Aut motive

700 AUTOMOTIVE

2008 Toyota Corolla
Standard shift, 265,000 highway miles, still going! Well maintained. We need a larger car. \$5,500 negotiable.

1978 Thunderbird Coupe
Dual Exhaust, Rust-free, 89K \$8,950

(978) 760-3453
After 7:30pm

Need to Place a Classified Ad?
Call 800-536-5836

705 AUTO ACCESSORIES

2006 MUSTANG GT PARTS

(4) Koenig Beyond Wheels 17x8 \$450
Front Leather Seats \$500
Complete Stock Exhaust \$300
Front Brake Calipers w/Pads \$300
Complete Suspension System \$750
Other Parts \$11,000
508-476-2293

720 CLASSICS

1966 Ford Galaxie 500 Convertible

Information and Pictures are on Craigslist under car/trucks owner. Type in 1966 Ford. Car is White

\$15,500
Call Dean
(508) 885-9537

725 AUTOMOBILES

2003 Mercury Sable LS Premium

Recent brakes, tires, rear struts, muffler
2 extra rims
117,000 miles; good condition asking \$2,500

Call (508) 769-2710

2010 HONDA CIVIC LX (Gray)

Excellent condition
22,600 miles
\$11,000
508-641-4606

725 AUTOMOBILES

2011 RED HYUNDAI SONATA

Excellent Condition,
Four Door,
73,000 miles,
One-Owner Car!
\$8,500
(508) 843-3604

BUICK DEVILLE DTS

2005, V8, Black
Good condition
NStar Navigation, Leather Interior, Moon Roof, CD Player
131,000 Miles
\$4000
Call 774-272-2085

CAR FOR SALE 2015 Nissan Rogue

Navigation, Sunroof,
54,000 Miles

Call Gabriel
at
Sturbridge Automotive
(508) 347-9970

725 AUTOMOBILES

Chrysler 300C 2006

In very good condition
111,200 Miles
Leather seats, navigation sunroof, V8 hemi
AWD \$8600/OBO
(774)230-3067

Dodge 1500 pickup. 98'
110,000 Miles
\$950.00

Ford Wind Star 01'
143,000 Miles
\$1100.00
Call (508)779-0194

Want to Place a Classified Ad?
Call 800-536-5836

FOR SALE 1990 Corvette Hatchback CPE

T-Tops, All Original, One-Owner
Color Red with Black Interior
Auto Trans 5.7 Liter V8
72K Miles

Asking \$11,000
Call (508) 335-0335

725 AUTOMOBILES

MITSUBISHI ECLIPSE

2007, 2-door
Black exterior, grey interior
125,000 miles
Good condition
\$4,200

Call 508-867-9106
West Brookfield

740 MOTORCYCLES

2007 SUZUKI BOULEVARD C50

Cruiser.
Silver/Gray Sharp Bike
Lots of mods/extras.
14,812 miles, original owner.
New tires, ready to ride.
\$4,400

Call Nate 401-269-6070

745 RECREATIONAL VEHICLES

2008 LAREDO 34 ft. 5th wheel

1 owner, in excellent condition
2 slides and new tires
\$14,000
Call 508-234-7755

745 RECREATIONAL VEHICLES

MOTOR HOME 38' 1998

Dutchstar
300 Cummins Diesel Spartan Chassis. One Slide out.
83,000 Miles
New Tires & Brakes
Sleeps Four. Price Reduced!
Call (508)335-3948

760 VANS/TRUCKS

1992 GMC Diesel Truck

UPS Truck-Style, Aluminum Grumman Body, Shelves. Rebuilt Transmission/Motor, New Fuel Tank, Radiator, Steering Box. Dual Wheels, 11' Area Behind Seats
Excellent Condition
14,100GVWR
I spent over \$14,000 the last 2 years I had it on the road \$5,000 or best offer

Call 5pm-8:30pm
508-867-6546

760 VANS/TRUCKS

1999 CHEVY S10

Extended Cab, 6-Cylinder, Two-Wheel Drive, Current Inspection, Runs Good, Needs Some Body Work

\$700 As Is
(508) 414-2474

2008 Ram (Bighorn) Truck

Hemi Motor, 4 Door, In Great Condition, Only 37,000 miles.

Call for more info.
SERIOUS INTERESTS ONLY
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768 VEHICLES FOR PARTS

1995 TOYOTA T100 FOR PARTS ONLY

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Aut motive

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KIDS' CORNER

New word

MONITOR

device used to check something

BODY FACT!



THE HORMONE INSULIN HELPS MAINTAIN STEADY SUGAR LEVELS IN THE BLOOD. INSULIN IS PRODUCED IN WHICH PART OF THE BODY?

ANSWER: PANCREAS

How they SAY that in...

ENGLISH: Blood

SPANISH: Sangre

ITALIAN: Sangue

FRENCH: Sang

GERMAN: Blut

THIS DAY IN..



HISTORY

- * **1792:** THE NEW YORK STOCK EXCHANGE IS ESTABLISHED BY A GROUP OF 24 BROKERS AND MERCHANTS.
- * **1875:** THE FIRST KENTUCKY DERBY IS HELD AT CHURCHILL DOWNS IN LOUISVILLE, KENTUCKY.
- * **1973:** THE TELEVISED WATERGATE HEARINGS OPEN ON TELEVISION.

Crossword Puzzle

1			2		3		4
	█	█		█		█	
5							
	█	█					
			6				
				█			█
7							

ACROSS

- Metabolism disorder
- Burn crisply
- Opposite of "outer"
- Type of sugar

DOWN

- Healthcare providers
- Prevents movement
- Occupants
- Sweet substance

Answers:
 Across: 1. Diabetes 5. Char 6. Inner 7. Sucrose
 Down: 1. Doctors 2. Barrier 3. Tenants 4. Sugar

GET THE PICTURE?



Can you guess what the bigger picture is?

LUX AUTO PLUS

BEAT THE SLEET WITH A 4WD/AWD!!



LAW 626 **Ford Expedition Limited 4x4**
\$514/Mo OR \$119/wk



LAW 695A **2012 Chevrolet Tahoe LT2 4x4**
\$419/Mo OR \$98/wk

GET THEM BEFORE IT HAPPENS!!!



LAW 683 **2008 Jeep Wrangler Unlimited Sahara 4X4**
\$323/Mo OR \$75/wk



LAW 518A **2013 Ford Escape SEL AWD**
\$239/Mo OR \$56/wk



LAW 602 **2013 Chevrolet Equinox LS AWD**
\$265/Mo OR \$61/wk



LAW 526 **2009 Jeep Wrangler Unlimited Sahara 4x4**
\$347/Mo OR \$85/wk



LAW 601 **2013 Chevrolet Equinox LS AWD**
\$269/Mo OR \$63/wk

REMEMBER LAST YEAR WHEN YOU GOT STUCK? WANNA DO IT AGAIN? LUX HAS SUVs FOR LESS!



LAW 697 **2014 Ford Escape SE AWD**
\$286/Mo OR \$66/wk



LAW 593 **2013 Ford Escape SE AWD**
\$256/Mo OR \$54/wk

WE HAVE OVER 90 4X4s and AWDs



LAW 605 **2013 Chevrolet Equinox XLT AWD**
\$286/Mo OR \$66/wk



LAW 570 **2011 Jeep Wrangler Unlimited Sahara 4x4**
\$374/Mo OR \$86/wk



LAW 600 **2014 Chevrolet Equinox LS AWD**
\$265/Mo OR \$61/wk



LAW 700 **2013 Ford Escape SE 2.0 AWD Ecoboost**
\$265/Mo OR \$61/wk



LAW 571 **2012 Jeep Wrangler Unlimited Sahara 4x4**
\$412/Mo OR \$95/wk

WHEN SNOW COMES DOWN, PRICES GO UP!! COME GET 'EM WHILE PRICES ARE DOWN!!!



LAW 573A **2011 GMC Acadia SLT AWD**
\$299/Mo OR \$70/wk



LAW 625 **2012 Audi Q5 2.0T AWD Premium Plus**
\$347/Mo OR \$80/wk

IF YOU AIN'T GRIPPIN' YOU SLIPPIN'!!! COME PICK OUT YOUR NEXT AWD/4WD VEHICLE

Disclosure-Based on 72 months @ 2.9% TAX, Title, Registration and fees not included. Qualified buyers must finance through dealer. All deals final and paid in full at point of purchase. Pictures are illustration purposes only.



LAW 391A **2011 Mercedes-Benz ML-350 AWD**
\$265/Mo OR \$61/wk



LAW 497 **2012 Jeep Grand Cherokee Laredo 4x4**
\$286/Mo OR \$66/wk



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CALL AHEAD TO SET YOUR APPOINTMENT!

Variable down payment may be required to secure approval based on credit score.