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FEE SCHEDULE

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WEBSTER TIMES

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Friday, July 10, 2020

Schools plan for three types of fall classes

BY GUS STEEVES
CORRESPONDENT

WEBSTER – Like most school districts, Webster is trying to figure out what the coming school year will look like. When she heard what the process is, new Chair Kelly Seddiki described it as “a logistical nightmare.”

“It keeps me up at night,” agreed Superintendent Ruthann Petruno-Goguen. “...Superintendents are looking for specific direction [from the state] so all districts are doing the same thing, and that’s not going to happen.”

Based on state guidance, a large committee of staff representing the various schools and administration is drafting three plans for running the new school year as either in-person, “hybrid” or full remote learning. But Goguen said she expects to have to use all three at some point.

“We have to be prepared for the unknown,” she said, describing the whole planning process as “tricky.”

For in-person classes, the state Department of Elementary and Secondary Education is requiring a minimum of three feet between students’ desks based on World Health Organization criteria; having all students

Turn To **SCHOOLS** page **A1**



Courtesy

OXFORD MASONIC LODGE HOSTS FIRST BUSINESS MEETING UNDER COVID-19

On Monday night, June 22, it was an extremely hot muggy evening, Brethren’s gathered at Oxford Masonic Lodge AF&AM which held their first business meeting since the COVID 19 pandemic started, and the Governor shut down of large gatherings. This meeting was held outdoors behind the Lodge located at 22 Mount Pleasant St. in Oxford. The meeting was held in accordance with the social distance guidelines set up by Gov. Charlie Baker and the Grand Lodge of Masons of Massachusetts in Boston. Oxford Lodge is fortunate enough to be located on a dead-end street as this allows privacy. An area located behind the building can accommodate large gatherings while observing COVID-19 social distancing guidelines. Future meetings will also be held outside until such a time as deemed safe for returning inside. Attending this meeting was, Worshipful Bryan R Wilson, Worshipful Shawn Buchanan, Worshipful Jerome Michaelson, Brother Jay Carlson, Brother Richard Majercik II & Brother Brian Mandeville. Distinguished guest were Right Worshipful James Gonyea, and Worshipful Anselme Maxime.

Public meetings to resume in Dudley

BY JASON BLEAU
CORRESPONDENT

DUDLEY – The town of Dudley officially reopened its doors as of July 6, with the town hall welcoming back citizens on an extremely limited basis after months of closure due to the COVID-19 pandemic.

Town Administrator Jonathan Ruda laid out the reopening plan during a Board of Selectmen meeting on June 29, which includes numerous offices serving visitors face to face once

more and a return to live meetings with limited capacity. The town hall officially reopened on July 6 with new hours on Monday from noon until 4 p.m. and Tuesday and Wednesday from 8 a.m. until 4 p.m. The offices will be short staffed due to a variety of factors, but Ruda showed excitement that the town hall will be at least partially back in action.

“It will look a little bit different when it reopens to the public. There’s going to be plexiglass on the public offices. There’s

going to be offices that are combined because of our staffing shortage. They’ll be sufficient signage so that everybody knows the rules of the road when they come in. We do ask that members of the public wear masks at all times when they’re in a public area,” Ruda said.

Restrooms will be available as well but only on the first floor. In addition, public meetings will return to the town hall moving away from the

Turn To **MEETINGS** page **A7**

Oxford voters reject road question

BY GUS STEEVES
CORRESPONDENT

OXFORD – With a decent turnout for a Covid-19-shortened election, Oxford voters soundly rejected a proposed \$15 million debt exclusion for roads last week by a ratio of about 3 to 1.

That result wasn’t much of a surprise, since several voters who spoke after voting at the Middle School indicated they were concerned about taxes.

As one woman, who only gave her name as

Turn To **OXFORD** page **A13**



Gus Steeves

Seated poll workers assist standing voters late in the afternoon at the Middle School.

New book chronicles lives of local seniors

BY KEVIN FLANDERS
STAFF WRITER

WEBSTER – In her recently published book, author Kristine Fontaine examines the joys, triumphs, and challenges of aging through the lens of several local seniors.

Titled “Only the Lucky Grow Old,” Fontaine’s book features interviews from 22 seniors over the age of 90. In her occupation as a physical therapist in town, Fontaine has long been inspired by seniors and their fascinating life stories. She wanted to find a way to convey those stories and show residents what life was like when seniors were young. The book also explores how seniors have adapted to the many changes and challenges they’ve faced over the years.

“I have always enjoyed working with older adults when they come into the clinic,” said Fontaine, a lifelong Webster resident. “I have long admired

that generation, as I find they are very strong willed and resilient, having had to endure and adjust to countless changes throughout the course

of their lives over the decades.”

Listening back to the recordings of her interviews before writing the book, Fontaine enjoyed



Courtesy

Author Kristine Fontaine, of Webster, recently published a book chronicling the lives of local seniors.

Turn To **FONTAINE** page **A7**




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Bay Path announces Class of 2020



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— Bay Path RVTHS Practical Nursing Academy has announced the graduates of the Practical Nursing (PN) Class of 2020 and plans to honor them.

“The Bay Path Practical Nursing Academy Faculty and staff are extremely proud of the PN Class of 2020 graduating class. They have worked hard and contributed so much to their communities, and the Bay Path Community during this unprecedented time,” Academy Director Gretheline Bolandrina, MSN Ed, RN, CRRN said. “The PN Class of 2020 are a tremendously resilient and talented group of individuals and together, have formed an unforgettable class that is bound for greatness.

“Please join me in recognizing the PN Class of 2020 and their loving, supportive families and significant others who helped them achieve at such high levels,” Bolandrina said.

While the Academy honored its graduates June 19, 2020 with video tributes



Kristin Bates of Charlton with Fjolla Shehu and Sampson Boateng, both of Worcester.

Courtesy

on Facebook, the official graduation and pinning ceremony will be held in a future date. Further details to follow.

Among this year’s graduates were Sikorrya Seguin of Dudley, Rachel Carlisle of Oxford, Andrea Champagne and Genshire Mwaura of Webster.

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For the Sturbridge Villager, Southbridge News, & Webster Times

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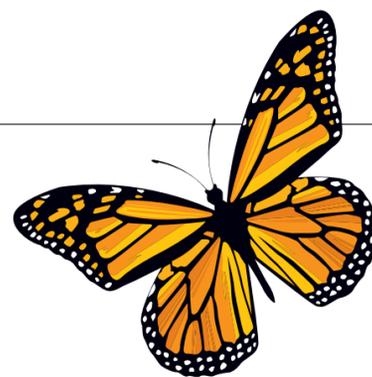
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QCC's Gateway to College Staff hits the road to celebrate graduates

WORCESTER — High school graduation is a special time in a student's life but even more so for those students who have overcome adversity and beat the odds. For 27 students in Quinsigamond Community College's Gateway to College Program, the dream of graduating from high school became a reality this month and they became a part of the historic Class of 2020.



The graduates are part of a program developed for students between the ages of 16-21, who have dropped out of high school or are at risk of dropping out. Students accepted into the program work on obtaining their high school diplomas, while also simultaneously earning college credits. Students take a full-time college course load, with classes that match their high school requirements, MCAS needs, and career interests. They attend classes in the fall and spring.

Due to the pandemic, this year's graduating class was unable to hold an in-person graduation ceremony; however, the Gateway staff still wanted to hold some type of special celebration to commemorate the accomplishments of the students. QCC's Gateway to College Director

Marci Skillings came up with the idea of a "Grad 2 Go" graduation celebration that entailed the Gateway staff stopping by each graduates' homes, taking photos and wishing them well. Prior to the Gateway staff visits, the students were sent caps, gowns, diplomas, and as well as "Class of 2020" masks to make the event feel extra special.

"All together, we visited 15 of our graduates over six days. I drove 267 miles in total. One day we started at a farm and ended on a lake," said Senior Gateway Outreach Counselor Jenna Glazer. "High school graduation is something many of us (myself included) took for granted, but for many of our students, it seemed impossible for a long time. Despite

graduating in the midst of a pandemic and an abrupt shift to remote learning, most of our students graduated with special honors (college GPA over 3.0 or 3.7). It is really a testament to the determination and perseverance of our students."

Gateway graduate Ninoshka "Nino" Rabell-Santana said the Gateway to College Program was a true gateway to a better life and opportunity for her.

"Being a part of the Gateway to College community made me feel it was OK to not be perfect. It taught me it was OK to fail in life over and over again until I was finally able to succeed in life," she said. "Gateway has been such a blessing to me and to everyone in it."

According to Ms. Skillings, most of the graduates will be staying on at QCC to complete their degrees, while others will be attending Worcester State University or UMass Amherst.

"Our graduates have all balanced a new normal and graduated in the midst of a pandemic. That is so amazing and we are so proud. We wish them the best as they head out in a world of unknowns. We know they will succeed because they showed us they could and we believed, just as they did," she said.

For more information on the program visit www.QCC.edu/Gateway.

For more information on QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu

WEBSTER TIMES

ACCURACY WATCH:

The Webster Times is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected in a timely manner on page A3. We cannot run corrections based upon differences of opinion or unconfirmable facts. We will, however, print letters to the editor from area residents who wish to add their comments to our news coverage. If you find a mistake, please email news@stonebridgepress.news or call (508) 909-4106. During non-business hours, leave a message in the editor's voicemail box.

Bartlett High School reunion postponed

REGION — The Bartlett High School Class of 1960 Reunion scheduled for Sept.26 has been rescheduled until June 12, 2021. More information to follow.

Cornerstone Bank congratulates scholarship recipients

WORCESTER — Cornerstone Bank is proud to announce the sixteen recipients of their scholarship awards program for local high school graduates. Each chosen graduate is awarded \$2,000 to assist with college expenses.

Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook, or call 800-939-9103.

The recipients of the 2020 Scholarship Program are:

- Brian Riel- Tantasqua Regional High School
- Bryce Meizen- Douglas High School
- Colleen McCarthy- Wachusett Regional High School
- Danielle Schmeling- Auburn High School
- Elyse Whittemore- Auburn High School
- Jack Larson- Leicester High School
- Joshua Brunelle- Doherty Memorial High School
- Kaden Wells- David Prouty High School
- Katherine LeBrun- Tantasqua Regional High School
- Kurstin Burnham- Tantasqua Regional High School
- Kylee Inthirath- Tantasqua Regional High School
- Lauren Alicea- Shepard Hill Regional High School
- Olivia Graves-Witherell- Westborough High School
- Stefanie Del Rosario- Shrewsbury High School
- Timothy Moore- Assabet Valley Regional Technical High School
- Will Akerson- Wachusett Regional High School

Cornerstone Bank is honored to help high school graduates throughout the community pursue higher education. This scholarship was open to 2020 high school graduates who plan to attend an accredited, degree-granting institution of higher education as a full-time student.

These sixteen students best demonstrated achievement and high standards in academics, extracurricular activities, and community involvement.

"Congratulations to this year's recipients," stated Todd M. Tallman, President and Treasurer of Cornerstone Bank. "We are honored to be able to support students throughout our community, and we are excited to see what their futures hold."

For more information on the Cornerstone Bank scholarship awards program, please visit any of our convenient locations, our website, or call us at 800-939-9103.

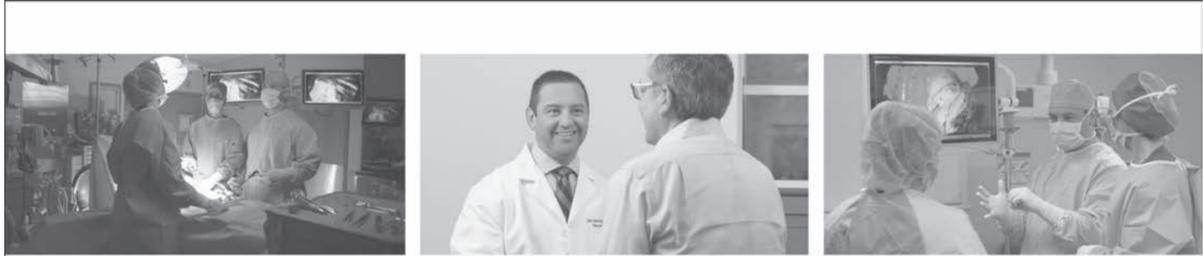
About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving the residents, businesses, and communities throughout Central Massachusetts from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster, and Worcester along with a Loan Center in Westborough. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the

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Jared Buckley of Oxford graduates from Eastern Connecticut State University

WILLIMANTIC, Conn. — Hundreds of students graduated from Eastern Connecticut State University this spring 2020 semester. Jared Buckley of Oxford graduated with a Bachelor of Science in Sport & Leisure Management.

Eastern's 130th annual Commencement Exercises occurred via YouTube on May 19 amid the COVID-19 pandemic, where the Class of 2020 was addressed by Commencement speaker Mark Boxer, former executive vice president and chief information officer of Cigna. Boxer joined Eastern President Elsa Nunez and other university officials as well as Senior Class Vice President Emily Kerfoot on the same day the University had originally planned to hold its graduation ceremony at Hartford's XL Center.

Boxer extolled the value of higher education, recounting his own journey and telling the graduates, "The knowledge you gained here at Eastern is the fuel that will propel you to make a truly meaningful impact."

Calling his college education "the right choice," Boxer said, "It became the springboard for everything good in my life - personally and professionally." He urged the graduates to continue their quest for knowledge, noting that he had continued learning in some educational setting each year since he first graduated from college more than three decades ago.

In her charge to the graduates, President Nunez said, "Since you arrived four years ago for summer orientation, the faculty and I have been telling you that the liberal arts skills you learn at Eastern will serve you well throughout your careers and your personal lives."

She cited critical thinking, professional communications, ethics, collaboration as competencies highly sought by U.S. employers. "Those same skills are critically needed today as we seek to get beyond COVID-19. I know each of you has the skills and the courage to find your place in this new world, where you will keep your head on your shoulders, keep your chin up, and make a unique contribution to society . . . Go forth now with confidence, compassion, and commitment. Come back and visit us when it is safe to do so. In the meantime, let us know if we can help you in any way. God Speed!"

Senior Class Vice President Kerfoot gave President Nunez the class gift, a check to establish a scholarship in the name of the Class of 2020. Kerfoot told her classmates, "As you sit with your family at home, watching this commencement, tell yourself you did it. You made it. Through all the challenges you have faced,

you can be proud to be an Eastern alumnus. Be proud that you will go on in life knowing that you are going to accomplish such amazing things.

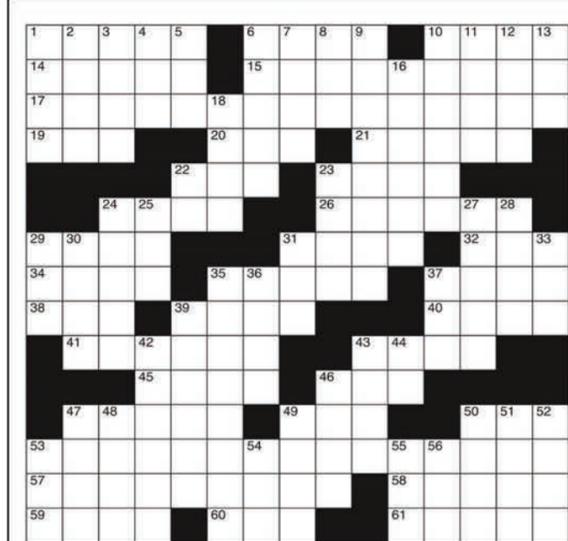
"It was a challenge, and the Class of 2020 met that challenge with courage and determination. We learned we are capable of more than we might have realized. Resilience - the ability to survive and thrive during adversity - is something we all can be proud of. As the famous physicist Albert Einstein once said, 'It's not that I'm so smart, it's just that I stay with problems longer.' Let's stick to it, Class of 2020!"

More than 40 percent of the Class of 2020 are the first in their families to earn a bachelor's degree. Approximately 90 percent of Eastern students are from 162 of the state's 169 towns, with more than 80 percent of graduates staying in Connecticut to launch their careers, contribute to their communities and raise their families. The University also draws students from 34 other states and 19 countries.

This year's event was videotaped in Eastern's otherwise empty Concert Hall in the Fine Arts Instructional Center, with each speaker taping their remarks separately in keeping with safety guidelines. Even as a virtual event, the graduation ceremony maintained an atmosphere of grace and dignity, with the stage a replica of the one used at the XL Center and "Pomp and Circumstance" and "America the Beautiful" played during the proceedings. At the end of the formal program, graduates watched as their names scrolled on the screen, sharing the celebration safely at home with their families.

Prior to Commencement, the university sent each graduate their diploma cover, two copies of the evening's program, and their mortarboard and tassel to make their family's festivities more complete.

People unable to view the graduation ceremony on May 19 may still watch it by visiting <https://www.youtube.com/EasternConnecticutStateUniversityVideo>.

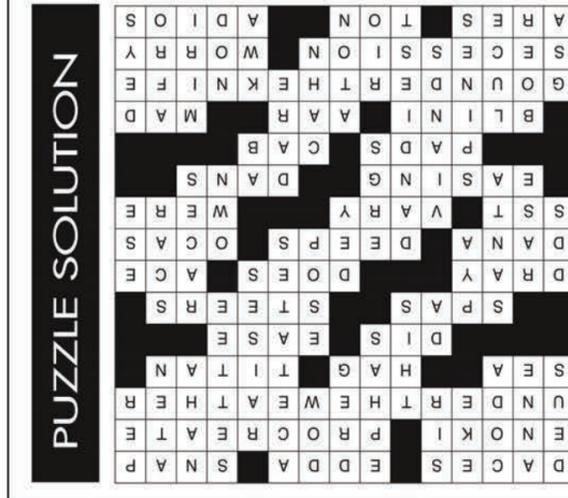


CLUES ACROSS

- 1. Cyprinids
- 6. Icelandic literary works
- 10. Break in half
- 14. Japanese mushroom
- 15. Have offspring
- 17. Not feeling well
- 19. A very large body of water
- 20. Witch
- 21. Behemoth
- 22. Speak negatively of
- 23. Absence of difficulty
- 24. Pampering places
- 26. Drives
- 29. Truck that delivers beer
- 31. Makes
- 32. A team's best pitcher
- 34. ___ Carvey, comedian
- 35. Seas
- 37. S. American plants
- 38. Time zone
- 39. Deviate
- 40. No longer are
- 41. Moving in slowly
- 43. Patrick and Glover are two
- 45. Living quarters
- 46. Taxi
- 47. Pancake made of buckwheat flour
- 49. Swiss river
- 50. Not happy
- 53. Have surgery
- 57. Formal withdrawal
- 58. Give way to anxiety
- 59. Greek war god
- 60. 2K lbs.
- 61. Word of farewell

CLUES DOWN

- 1. ___ ex Machina
- 2. WWII diarist Frank
- 3. Concluding passage
- 4. Supplement with difficulty
- 5. Title of respect
- 6. Cubic measures
- 7. Remnant
- 8. ___ Jones
- 9. Salts of acetic acid
- 10. Long, upholstered seat
- 11. Capital of Okinawa Prefecture
- 12. A one-time aspect of Egyptian sun god Ra
- 13. Prefix denoting "in a"
- 16. Propels upward
- 18. What we are talking about
- 22. Prosecutor
- 23. Employee stock ownership plan
- 24. He brings kids presents
- 25. Burmese monetary unit
- 27. Hurries
- 28. Injury remnant
- 29. Tooth caregiver
- 30. Elvis backup singer Betty Jane
- 31. "The Partridge Family" actress Susan
- 33. Midway between east and southeast
- 35. Most excellent
- 36. Heat units
- 37. Possess legally
- 39. Food items
- 42. Skeletal structures
- 43. Challenge to do something bold
- 44. Blood type
- 46. Sammy ___, songwriter
- 47. Farmer (Dutch)
- 48. Clare Booth ___, American writer
- 49. Piers Anthony's protagonist
- 50. Malaysian coastal city
- 51. Hairstyle
- 52. NY-based department store
- 53. Geosciences organization (abbr.)
- 54. Brazilian city
- 55. Niger-Congo languages
- 56. Gesture



Dudley Town Beach reopens

BY JASON BLEAU
CORRESPONDENT

DUDLEY – As the town of Dudley begins to reopen, the town beach has become one of the first amenities to welcome citizens back to some sense of normality.

The beach, which is reserved for town residents only and is located behind Mason Road Elementary School officially reopened on July 3, just in time for the holiday weekend, along with the town playground on the town hall property. Town Administrator Jonathan Ruda explained that citizens will notice no lifeguard at the beach and the property will remain

limited to specifically Dudley residents as it has been in past years.

"We will have it posted 'no lifeguard on duty.' We'll have it posted 'residents only.' We'll have some additional signage that's in compliance with hand washing and that sort of thing," Ruda said during a meeting with selectmen in late June. "It will look a lot like the model we've had in year's past where we have not had a lifeguard on duty."

Dudley Police Chief Steve Wojnar said the town would be putting signage up explaining the rules of the beach, and that the property would close at a specific time rather than at the more ambiguous "dusk" which was agreed upon in 2019.

"The sign in the parking lot of the school was taken down due to the fact that beach was closed. We didn't want to send a mixed message. I assume that will be put back. One important fact to remember is the closing town has been set at 7 p.m. In the past, we talked about dusk or later especially in the summertime here – It was decided that 7 p.m. was a reasonable time especially with no lifeguards there," said the Chief.

The Dudley Town Beach will open at 9 a.m. on weekdays. For more opening announcements and information about temporary hours for town amenities during the pandemic citizens are directed to the Town of Dudley Web site, www.dudleyma.gov.

Benjamin Mandile graduated from Fort Lewis College

DURANGO, Colo. — Benjamin Mandile, of Webster graduated from Fort Lewis College in May 2020. Mandile graduated with a degree(s) in Journalism & Multimedia Std.

About 450 students participated in the Virtual Commencement ceremony. Erik Weiheymayer, adventurer and author, gave the commencement address.

The ceremony premiered online, featuring videos of graduates moving their tassels as their names were read by faculty from their departments. From every department, students were lauded for their resilience and courage, many faculty expressing how proud they were of their students' accomplishments. Graduates received Bachelor of Arts, Bachelor of Science, and Master of Arts in Education degrees, as well as certificates in Pre-Health, Geographic Information System, and Digital Marketing.

As the Four Corners' stronghold of academic excellence, Fort Lewis College blends small class sizes, engaged faculty, and unparalleled research opportunities to help students earn college degrees and chase dreams. Guided by real-world experiences and a bountiful landscape, our students develop critical thinking and communication skills to fuel further studies or rewarding careers.

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Fridays 8 a.m. to 1 p.m.
Evening appointments if needed.
Note: Office hours are for selectmen's secretary and town administrator. S electmen do not hold office hours.
Town Clerk (949-8004)
Monday-Thursday 8 a.m. to 4:30 p.m.
Thursday nights 5 to 7 p.m.
Fridays 9 a.m. to 1 p.m.

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DUDLEY FIRE DEPARTMENT (949-8040)
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OXFORD

OXFORD TOWN HALL (508) 987-6027
Board of Selectmen
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Webster partners in difficult times to advance residents' earning power

WEBSTER — The Webster Adult Basic Education Linkages Program, an education program serving adults working towards preparing for high school equivalency, workforce preparation, and learning English, partnered with the Webster Police Department and Bay Path Regional Vocational Technical High School to offer certification testing in manufacturing to adult students whose ability to test had been halted by COVID-19.

Annually, the Webster Adult Basic Education Linkages Program

receives funding through the Massachusetts Department of Elementary and Secondary Education Adult and Community Learning Services to provide an Introduction to Manufacturing certification program. Bay Path Regional Vocational Technical High School staff has partnered with Webster Adult Basic Education Linkages for the past five years to offer this intensive 176 hour course. The goal of this program is to have students pass the Massachusetts Manufacturing Advancement Center

Workforce Innovation Collaborative (MACWIC) Level 1 Applied Manufacturing Technology Pathway Certification. MACWIC stands ready to provide skilled employees to its 225 member companies in Massachusetts. Passing this certification test provides adults with the skills and recognition needed to be able to obtain a living wage job in manufacturing.

This year, however, the Introduction to Manufacturing class came to an abrupt halt just two weeks prior to the certification test date.

The adult students had worked long and hard to prepare for this certification test and there was a lot of information that they would need to retain to be able to pass this test with an 85 percent. The teachers worked remotely with the students to reinforce what had occurred in the classroom, but there was a fear that the longer the students were removed from the classroom instruction, the less likely they would be able to pass the test.

The Webster Police Department responded to the program's need for

a testing space that met safety and social distancing requirements. They were able to offer their community room and on June 15th, ten students completed the MACWIC Level 1 test. All students attended and were immensely grateful for the opportunity to complete this test, for which they had worked so hard.

Many thanks are in order for helping these adults reach their goals. In addition to the Webster Police Department, the Webster Adult Basic Education Linkages Program would also like to thank our Director,

Ms. Leslie Baker, teacher Ms. Dam Nguyen, our Lead Advisor Ms. Jenna Gouin, our Technologist Ms. Heather Dennis, Bay Path staff Mr. Chris Faucher, Mr. Stephan Zeveska, and Mr. Tate Ostiguy, and MACWIC Test Administrator Ms. Wendy Storm.

As always, much gratitude to The Webster Public Schools and the Town of Webster for supporting adult education in our community for the past twenty two years!

WEBSTER POLICE LOG

WEBSTER — The Webster Police Department reported the following arrests during the week of June 28 to July 4.

Michael D. Freedman, age 29, of Dudley was arrested on June 28 for Operating a Motor Vehicle with a Suspended License.

James E. Vancelette, age 20, of Dudley was arrested on June 28 in connection with a warrant.

Dwana Byron, age 41, of Webster was arrested on July 1 in connection with an out of agency warrant.

An adult female whose name has been withheld from publication was arrested on July 1 for Assault & Battery on a Family or Household Member.

Angel Louis Torres, age 25, of Webster was arrested on July 2 in connection with a warrant.

Chad A. Rico, age 37, of Southbridge was arrested on July 3 in connection with a warrant.

Robert H. Descheneau III, age 36, of Webster was arrested on July 4 for Operating Under the Influence of Alcohol, Negligent Operation of a Motor Vehicle, a Lights Violation, Child Endangerment While Operating Under the Influence, and two counts of Wanton or Reckless Behavior Causing Risk to a Child.

Estate planning during a pandemic: Steps to take

The Coronavirus pandemic has certainly caused havoc and concern for many people, particularly in regard to their health and their finances – and these two areas intersect in estate planning. So, if you haven't drawn up your estate plans yet, or you think they may need to be revised, now may be a good time to act.

This suggestion is not strictly based on issues of morbidity – after all, the vast majority of people who contract COVID-19 will survive. However, even if you never become ill or need to be hospitalized, wouldn't you be glad to know your affairs are in order? If you already have estate plans, you may need to revisit them if your family situation has changed because of marriage, divorce, remarriage, new children, new financial goals, and so on.

Of course, estate planning can be complex, so there's not a "one size fits all" approach. Nonetheless, here are some of the most commonly used documents and arrangements:

Financial power of attorney – A financial power of attorney is a legal document that gives someone the authority to conduct your financial affairs – pay bills, write checks, make deposits, sell or purchase assets – if you were unable to do so yourself. You can establish the financial power of attorney without giving your representative any ownership in your assets.

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tament, you can choose how you want your assets distributed, appoint an executor to oversee the distribution and name a guardian to take care of minor children. If you don't have a will, a court might assume these functions, with results you might not have wanted.

Living trust – A living trust allows you to leave assets to your heirs without going through the time-consuming, public and often expensive probate process. Also, a living trust gives you significant flexibility in dispersing your estate. You can direct your trust to pass your assets to your beneficiaries immediately upon your death or to distribute the assets over time and in amounts you specify.

Health care surrogate – A health care surrogate, sometimes known as a health care proxy or health care power of attorney, is a legal document that appoints a person to act for you if you become incapacitated. Your surrogate has the authority to talk to your doctors, manage your medical care, and make medical decisions for you if you cannot do so.

Living Will – A living will, also known as an advance health care

directive, lets you specify what end-of-life treatment you do or don't want to receive if you become terminally ill or permanently unconscious.

All these estate planning tools can be complex, so before taking action, you'll need to consult with an attorney and possibly your tax and financial advisors, too.

However, during a pandemic, you may encounter a special challenge: Documents such as wills and powers of attorney typically need to be notarized and witnessed – and that may be difficult during a time of social distancing and self-imposed quarantines. But this problem may be solvable because many states have now enacted executive orders or passed laws that permit "virtual" notarization and witnessing of legal documents.

In any case, if the coronavirus pandemic has raised your concerns about the legacy you'd like to leave, take the time now to launch or update your estate plans – you'll be glad you did.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com. Member SPIC.

Carolyn Trottier of Webster earns Doctor of Physical Therapy from Springfield College

SPRINGFIELD — Carolyn Trottier of Webster has earned a Doctor of Physical Therapy degree in Physical Therapy from Springfield College for studies completed in 2020. Springfield College saluted the Class of 2020 with an official Class of 2020 web page that included a special message from Springfield College President Mary-Beth Cooper.

On the Class of 2020 page, individuals can

submit a message to the Class of 2020, Class of 2020 members can submit a short video highlighting their experiences at the college, viewers can take a look back at some events that welcomed the Class of 2020 to the campus, individuals can view recaps of the virtual senior week events, and viewers can find all the names of the Class of 2020 graduates.

Springfield College is an independent, nonprofit, coeducational insti-

tution founded in 1885. Approximately 4,100 students, including 2,500 full-time undergraduate students, study at its main campus in Springfield, Mass., and at its regional campuses across the country. Springfield College inspires students through the guiding principles of its Humanics philosophy - educating in spirit, mind, and body for leadership in service to others.

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Friday's Child



Photo by Maureen Ford

Talia
Age 15

biological sister

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The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

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SCHOOLS

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above grade 1, adults and bus drivers wear masks and “strongly encourag[ing]” those younger than grade 1 to do so; and setting aside space in nursing offices to isolate people showing Covid-like symptoms. She said they’ve already begun measuring the schools to see if that’s workable. If current classrooms can’t do it, she said they might have to use other school spaces.

For hybrids, they want plans to have the kids alternate one week in school with a week of online learning so that half of the students are doing each any given week. Webster hopes to arrange it so different-grade students from the same families are on the same alternating schedule. Goguen said that would require the state to “relax time on learning requirements” because “there’s no way one teacher could do that” at the same time. But if a district says they can’t maintain the three-foot spacing and elects a hybrid model, DESE will visit “to ensure that is the only way you can possibly do it,” she added.

For full-remote schooling, the plan would be different from and “more rigorous” than what Webster’s now doing because the state is requiring “a scheduled day and all work would be graded.” That would involve “some live [online] classes and much more structured timeframes,” she said.

The various alterna-

tives might require reassigning staff into teaching roles or hiring more teachers, she observed.

Member Sheila Blythe noted the CDC has been adding symptoms to watch for regarding potential Covid-19 infection, and asked how the schools would handle seeing cases.

Goguen said the protocols already exist, but “will be tightened and communicated to our families.”

“If children don’t feel well, they shouldn’t come to school. If staff members don’t feel well, they shouldn’t come to school,” she said.

Goguen told the committee about a recent Covid-related survey of 216 school families which found that 88 percent are willing to send their kids back to school in the fall. A different question found that 27 percent would choose remote classes. Half are willing to use the buses, but half prefer transporting their own kids. The survey found several issues that complicate things, including medical conditions, children not wanting to mask, some kids not liking remote classes while some prefer them, and “some just don’t feel safe,” she said. Additionally, 11 percent need internet access and 16 percent need food assistance.

Regarding those with medical concerns, new member Nick Adamopoulos asked if those kids would be terated as absent. Goguen said she wasn’t sure, but DESE is requiring the district to do remote planning for them; she’s spoken to some families that might

opt for homeschooling instead.

DESE is looking at it from “the medical view that it’s more detrimental for kids to stay home” and that the virus “will be with us for years,” Goguen said, noting that makes it important for adults to model masking and other behaviors.

Indeed, state data from the Department of Public Health show that youth under age 19 represent 5,908 of the state’s 109,974 total cases, but none of the 8,183 deaths (as of July 5). Only 111 people in that age bracket have been hospitalized for the illness. While several other states are seeing spikes in caseloads, Massachusetts numbers are slowly trending downward.

The committee voted unanimously to support a resolution calling on the state Legislature to fully fund the various Covid-related requirements being imposed on schools. Among them are masks and similar personal gear, plexiglass shields in various locations and training.

In other business, the committee handled its annual appointments of members to various functions, updated several job descriptions, accepted a couple of donations from Mapfre, and approved the top three candidates for Owner’s Project Manager for the Bartlett building project. In order, they were Collier, Skanska, and CBRE Heery. Goguen said the district was negotiating with Collier as of Monday afternoon.

Gus Steeves can be reached at gus.steeves2@gmail.com.

MEETINGS

continued from page A1

online method utilized since March. Ruda explained that a plan is in place to allow as many citizens as possible attend while still adhering to guidelines meant to limit large crowds.

“We’ll be looking at a hybrid model for our next Board of Selectmen meeting which means that for the time being and hopefully going forward we can say goodbye to the Zoom meetings,” said Ruda.

Selectmen will be holding their meetings in the Veterans Hall but will only allow a certain number of participants to attend.

“There is still a ten person rule per room in place and so we worked in compliance with the CDC recommendations and what our board agreed to is that we will open the back room with a wall that slides open and we will provide seating a further distance back from the board table. There will be five people at the board table as opposed to our traditional seven,” he added.

FONTAINE

continued from page A1

the process of imagining the seniors at different stages of their lives. The process was both educational and inspirational, and Fontaine hopes readers will be similarly captivated.

“My favorite part was listening back to the recordings,” Fontaine added. “When I listened back, it was done in a quiet, relaxed atmosphere, and I could really hear and appreciate the inflections in their voices and how much they giggled and laughed. I found myself laughing out loud several times.”

The book also discusses what Fontaine’s physical therapy position has taught her about the challenges of aging, includ-

ing arthritis. Moreover, the book explains what seniors and their families can do to make the transition into the golden years a smooth one.

“I also talk a bit about how we can help our aging parents or family members. I incorporate views on faith and spirituality, and hope to make you think of and look at things perhaps a bit differently,” Fontaine said. “It is my hope that as the stories of the individuals are read, the reader comes to have an appreciation for their own lives, but more importantly, more of an appreciation for our senior citizens.”

They all have stories to tell, and some of their stories are just remarkable.”

The book also helps combat some of the stereotypes associated with

Ruda himself will be positioned at the podium and there will be a microphone in place for input from the public or department heads. Ruda also recommends that any citizens who wants to be put on the agenda as a priority for the meeting should contact the town hall ahead of time.

Should a meeting reach capacity or citizens still feel uncomfortable entering the public forum in person due to the pandemic selectmen meetings will continue to be broadcast on public access television and will be made available usually within 24-hours on the Town of Dudley Massachusetts YouTube channel.

In other news from the Board of Selectmen, the June 29 meeting also featured the reorganization of the board as is per tradition following town elections. Kerry Cyganiewicz, who was recently re-elected earlier in the month, was unanimously chosen by his fellow selectmen to chair the board for the next year. John Marsi was elected vice chair and Jason Johnson was chosen as Clerk, both also receiving unanimous votes.

aging. Fontaine has seen many older seniors enjoying active lifestyles and pursuing their passions.

“Aging does not mean we have to slow down if we don’t want to, but exercise and activity are crucial to being able to maintain one’s independence,” Fontaine said.

To help promote her book launch, Fontaine is planning to visit Booklovers’ Gourmet in Webster this summer. She looks forward to connecting with fellow writers and readers.

To learn more about the author and upcoming promotional events, check out her Facebook page at www.facebook.com/Kristine-Fontaine-Author.

Fontaine’s book is also available to readers on Amazon.



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BAY PATH HONOR ROLL

CHARLTON — Bay Path Regional Vocational Technical High School has released its honor roll for the third quarter of the 2019-2020 school year.

Grade 12

High Honors

Riane Anderson
Meghan Barry
Lauryn Dawson
Gavyn Floury
Mathew Langlois
Justin Orrell
Colin Richardson
Angeley Santa
Cady Stevens
Isabella Yaede

Julia Antocci
Mia Bohanan
Braden Doney
Daysia Forbis
Samantha LePage
Abigail Rambelje
Carla Rodriguez
Todd Sauter Jr.
Alexandar Vesovski

Jared Aucoin
Anthony Colacchio
Kelsey Durant
Anna Israel
Erica MacGrory
Austin Rebello
Mary Rutter
Sadie Smith
Kaylyn Violette

Honors

Tiffany Arnold
McKayla Baldwin
Heath Bigelow
Ayva Borelli
Eleana DaSilva
Kaley Eaton
Max Ginsburg
Jacob Hinman
Emily Johnson
Nalin Koo
Brian Lavoie
Kristian MacLeod
Danielle Mandella
Amber Melanson
Kimberly Ngo
Melissa Owusu
Joseph Postale
Janeli Rovberi
Natalya Sawa
Nathan Shoemaker
Georgi Weagle
Michael Zanca

Kendra Aucoin
Trinity Battista
Lauren Bigelow
William Carlson
Andrew DeCelle
Nathan Fontaine
Brandon Gomes
Michael Houghton
Edward Knopf
Samantha Lackey
Jake Lizotte
Andrew Makowiecki
Madison Marois
Kiyiana Minton
Mackenzie O'Neill
Maeva Perreault
Cody Prince
Karen Rocha
Benjamin Schultz
Luke Snow Girard
Lexianna Wheeler
Allison Zopatti

Alicia Ayala
Lillian Berry
Mackenzie Blomquist
Elizabeth Cormier
Thadius Dubsy
Ariana Gelardi
Dylan Greamo
Victoria Jackman
Curtis Koebke
Patrick Lange
Thomas Lombardi
Adam Mancini
Patrick McManus
Elizabeth Molina
Kevin O'Rourke
Nathaniel Phillion
Chantal Ravenelle
Elijah Santos-LaBarge
Matthew Shedd
Jaclyn Tretheway
Sarah Wisniewski

Principal's List

Katianna Alvarez
Jordan Belford
Jared Bourassa
Matteo Capuano
Daniel Cleary
Luke Curtis
Josiah Figueroa
Allison Hamel
William Hine
Michael Keeler
Jenna Luke
Teagan Morrisey
Spencer Peck
Anastasia Ranese
Kalyn Saez
Conner St. Cyr
Riley White

Jacob Bachand
Adam Bickford
Rachel Bourgault
Sydney Cardinal
Matthew Coffin
Alec Dalton
Jack Gallant
Geoffrey Harris Jr.
Jaden Jarmulowicz
Benjamin LaPointe
Julianna Marcoux
Makenzie O'Connor
Cameron Quinn
Shawn Reniere
Douglas Shea Jr.
Cameron Stisitis

Laura Banach
David Boudreau
Nicholas Butler
Ryan Casey
Colton Cowher
Jack Davis
Carly Dumas
Kyle Greenwood
Kenzie Heck
Jocelyn Keefe
Jared Lavigne
Carina Miller
Kyle Paquette
Daniel Rafuse
Briana Rodriguez
Luke Snay
Kylie Tremblay

Grade 11

High Honors

Ivy Ballou
Maya Bond
Kaitlyn Brindle
Gabriella Caron
Cheyenne Courtney
Benjamin Gelineau
Isaac Josti
Angel Martinez
Michael Mullaly
Caitlin Young

Nathaniel Beauchesne
Skyler Bond
Matthew Brown
Brenna Castro
Natalie Courtney
Isabella Gonyea
Juliannah Kolofsky
Samuel Messier
Owen Ostromecki

Dylan Bellerive
Victoria Bonneau
Samantha Burdett
Emma Christian
Lexia Demers
Alexis Gosselin
Eliana Lasell
Zachary Messina
McKenzie Robinson

Honors

Emma Abbascia
Kayla Aviles
Jacob Benoit
Alexander Brayton
Zackary Choiniere
Megan Costa
Timothy Crowell
Leah Dingui
Evan Duffey
Alyssa Febo
Parker Glispin
Yeilianys Guzman Torres
Molly Hoefler
Susanna Krantz
Isabella Latour
Julio Lopez-Torres
Marilena Matos-Criado
Kevin McManus
Shawn Nabors
Meagan Peck
Nicholas Reil
Andrea Rogan
Steven Schoenfeldt Jr.
Ryan Steiner
Antonia Van Dam
Ashley Wilson

Bryanna Andino
Nathan Barton
Cameron Blake
Kayla Canty
Andrew Colson
Olivia Courville
Jordan DeFosse
Brenna Donovan
Rachel Eovacious
Calissa Ferschke
Damien Grassey
Evan Hall
Jayce Hutchinson
Samantha Labelle
Alicia Lempitski
Grant Maffei
Chase McKenney
Ty Millette
Joshua Natale
Luis Perez
James Rivera
Madison Rynne
Jake Schofield
Kyleigh Sutherland
Isabella Varney
Louis Zanca

Heaven Aucoin
Dominic Beauchesne
Dani Borci
Lauren Chase
Christian Consiglio
Bailey Creeron
Kelli Devlin
Hayden Dube
Jessi Escoto-Cifuentes
Tyler Gillespie
Chloie Grenier
Devin Hanlan
Elin Kaufman
Savannah LaBranche
Matthew Livsey
Nicholas Marcotte
Elizabeth McLam
Dimitrios Mironidis
Robert Nichols III
Madison Poole
William Rodriguez
Kyle Sadusky
Samuel Smith
Kiana Tonkin
Nikko Vitkos

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Adrian Aguilar
Kenneth Aponte
Salvatore Belsito
Nathan Campbell
Aliyah Cruz
Analese Degon
Tyler Ethier
Cristal Hernandez
Liam Kalil-Johnson
Rhianna Labay
Curtis Lussier
Nicholas Moulton
Keith Reardon
Parker Santon
Jonathan Shook
Konstantinos Tasopoulos
Ava Torres
Cullen West
Katie Wroblewski

Albin Anderson
Olivia Baca
Rebecca Boucher
Ariana Carrier
Noah Cummings
Tyler DeWitt
Eathan Finneran
Elena Hopkins
Jodie Kendall
Seth Lawendowski
Evan Maldonado
Gilmarie Ortiz-Cabrera
Franklyn Rodriguez
Addison Seaman
Maynard Sweet-Giglio
Elijah Thacker
Johnathan Tucker
Damian Wielgorecki

Graciela Antunez Flores
Sophia Baca
Nicholas Calley
Leigha Clifford
Caiden Spahl
Samuel Cummings
Rani Erickson
Alec Fournier
Skyla Josey
Jamie Kirkkorian
Ullysses Logan
Anthony Marini
Michael Pulsifer
Aiden Sabatinelli
Brendon Seller

Jared Torosian
Wilmiguel Velez
Genevieve Williams

Grade 10

High Honors

Alexia Brawn
Patric Campbell
Lillian Dunkerson
Morgan Ivory
Andrew Leach
Aaron Mitchell
Jayna Schmohl
Scarlett Taveras

Catalina Burden
Diego Canovas
Marlee Donohoe
Ashley Hamel
Logan Johnson
Anthony Martins
Olivia Morin
Ethan Shanbaum

Dylan Butkus
Marisa DeJesus
Nathan Dreitlein
Nicholas Hunter
Bethany Lasell
Madigan McManus
Gabrielle Packard
Olivia St. Germain

Honors

Aidan Adler
Connor Barton
Thomas Benoit
Anna Bonin
Andrew Cannon
Jackson Chaffee
Chynna Cote
Izabella Coughlin
Kyleigh Demers
Erin Donahue
Danielle Gautier
Adlina Giaquinto
Genesis Gonzalez
Julia Graveson
Haevyn Hazzard
Madyson Howard
Chloe Jordan
Kevin Kilcourse
Jason Kozlowski
William LeCuyer
Brandi Martocci
Amber Mercon
Evan O'Malley
Paige Osche
Dylan Phillips
Krystal Quadarella
Evanie Rodriguez
Zachary Sargent
Daniel Sibert
Caroline Soucy
Isabella Tanacea
Camden Towns
Aaliya Tremblay
Tyler Verrier

Adrian-Nicky Antwi
Juston Barton
Dominic Benvenuti
Brian Bonnette
Isabella Capuano
Aiden Chernisky
Dylan Cotton
Kevin Cunningham
Harmony Desrosiers
Cody Douglas
Shaun Gelin, Jr.
Alex Gilfof
Nicholas Gosselin
Cameron Hafner
Harrison Herbert
Alexia Hubacz
Ryan Kempskie
Tiffany King
Cody LaMonda
Lexie MacDonald
Tori Masiello
Jovanni Morales
Aidan Oosterman
Aaliyah Perez
Anse Pinto
Lukas Rafferty
Jacqueline Ross
Kristina Scott
Sarah Simpson
Aaron S wank
Francheska Toribio-Polanco
Aaron Trahan
Collins Mackenzie Tupaj
Alexis Westmoreland

Keith Barber
Thomas Becker
Sadie Bickford
Hayden Bourgeois
Rafe Carlson
Clayton Constantine
Carter Coughlin
Jack Dalton
Chloe Dexter
Johnathon Ferreira
Isabella Gervais
Gavin Gillet
Lucas Grant
Aidan Hall
Zachary Hinman
Declan Johnson
Mikayla Kihm
Cole Komssi
Chase Lamprey
Marguerite MacKenzie
Richard Menard IV
Samuel Murillo
Angelina Ortiz
Jackson Phillion
Rachael Plaud
Caleb Renaud
Luzyvette Sagastibelza-Lopez
Anthony Seymour
Katrina Somers
Kristina Sylwanovicz
Jalissa Torres
Jeffrey Trainor
Rohan Vaidya
Mateusz Zych

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Jayde Berthiaume
Isaiah Burlingame
Tinaya Chauvin
CJ Church
Kurtis Davis
Victor Freeman
Nathan Gulkin
Lucas Kaufman
Taylor Labrecque
Jacob LeBrun
Alexandra Lundquist
Boru Masiello
Samuel Parker
Michael Riberdy
John Schramm
Nicholas Smith
Ryan Surprenant
Adriana Vazquez Gonzalez

Lana Antocci
Kendall Barton
Kylie Bouchard
Adriana Carignan
Stephanie Chege
Connor Clardy
Zachary Dubsy
Tricia Gallien
Lillian Guyette
Zachary Kohberger
Zoe LaMountain Perron
Brady Letourneau
Madison Martin
Allanah Matthews
Ilias Perez
Carlos Rosado
Jordan Sheehan
Ethan Stanley
Jomar Torres

Lucas Aubuchon
Nicholas Beauchemin
Samantha Brown
Gabriella Carlin
Abby Christian
Hailey Cournoyer
Austin Fish
Amie Grenier
Alyssa Hallaman
Ryan Komssi
Andrew Lavoie
Casey Levasseur
Thomas Martin
Brayden Nolette
Hunter Pociis
Jack Sansoucy
Chloe Sicari-Swinimer
Kyra Stevens
Jared Tucker
Gavin White

Grade 9

High Honors

Samuel Boria
Grace Comeau
Cheryl Dolson
Jayden Flanders
Evan Gelineau
Emma Hesselton
Matthew Kallgren
Sydney Lamontagne
Kiyana Perez
Abrahm Routhier
Arminda Simoes
Emma St. Francis
Emily Westwell

Isabella Coleman
Libby Condrate
Elizabeth Dreitlein
Emma-Abigail Gachagua
Adrian Gonzalez
Rebeka Janusz
Hunter Kelly
Mackenzie Morrisey
Patrick Prudhomme
Wyatt Sadusky
Terry Simon
Cassandra Trondillo

Makayla Collins
Samantha DeCell
Ty Dupuis
Emily Gelineau
John Guerin
Grace Jones
Aiden LaFrance
Merissa Murray
Titiana Ridriguez
Cameron Scobie
Naomi Soriano
Lucas Welton

Honors

Alyssa Adams
Samuel Audunsson
Anthony Barbale
Dillon Beckwith
Benjamin Besaw
Dennis Brunelle
Miranda Burden
Julia Canty
Daniel Chaffee
Caleb Jude Corpuz
Troy Cyr
Ryan Davis
Brenna Donohue
Damien Falconer
Jordyn Forbes
Aiden Gelardi
Osiris Gonzalez
Isabella Heck
Samantha Inangelo
Jenna Jordan
Tyler Kasprzycki
Robert LeBlanc
James LeProhon
Sean Malboeuf
Connor McCarthy
Erika Melendez
Kyle Moody
Gabrielle Oikle
Joelle Peluso
Timothy Putnam
Sabrina Rodrigues
Jazlynn Santana
Caiden Spahl
Damion Szafarowicz
Walfry Torres-Rodriguez

Ayan Ahmad
Lukus Bachand
Olivia Beaudette
John Begg
Emma Boulet

Connor Burke
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Michael Chansignavong
Ryan Couture
Bryan Da Silva
Victoria Davis
Elaina Dunbar
Collin Farrell
Evan Frost
Sara Gerena
Devon Goulet
Lauran Hennessy
Olivia James
Mason Jordan
Marissa Keefe
Nakia L'Ecuyer
Ayden Letourneau
Matthew Marchetti
Daltin McCarthy
Jaysi Miller
Stephen Ngaruiya
Tessa Olejniczak
Trevor Phillips
Ariane Ramos
Slexander Rodriguez
Gianna Simpson
Evan St. Cyr
Brayden Therrien
Taylor Tremblay

Jake Aho
Sincere Bailey
Quinn Beck
Alexander Besaw
Jon Boyle

Arriana Cabana
Matthew Casati
Lauren Comeau
Noah Cowher
Alyssa Davis
Ronald Desrosiers
Gabriel Espinosa
Tori Fontaine
Alexander Gammetto
Noah Glispin
Julius Guillen
Luke Hill
Tatyanna Johnny
Eyan Karlowicz
Delaney Kirkorian
Anthony Leite
Gianaleze Lopez
Matthew Marshall
Dylan McDonald
Yerilian Miranda-Colon
Jonathan Norrman
Michaen Pacheco
Madison Poirier
Emma Rannikko
Matthew Rousakos
Sawyer Smith
Gavin Suprenant
Jacob Thomas
Jonathan Young

Principal's List

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Amanda Christianson
Cam/Ron Desrosiers
Lucas Farnham
Amber Girard
Barry Hanson
Mariah Hurtubise
Dakota Kuizinas
Sara Malaney
Trinity Mercier
Christian Paul
Damon Provencal
Noah Richards
Olivia Sansoucy
Ronin Simone
Mya Szkutak
William Vanskike
Wade Wolanski

Haven Banks
Ryan Brown Herraiz
Anthony Comforti
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Zachary Finizza
Makenzie Gonzalez
Kathryn Kerriage
Michael Jalbert
Anna L'Esperance
Jomar Matos
Dylan Morrison Ilvonen
Amelia Peterson
Hilary Queirolo
Evan Rivera
Kieya Santerre
Lucas Soloperto
Alexzander Tetreault
Yadziel Vazquez-Molina
Jackson Wright

Jeremy Blake
Hailey Carlson
Gage Conroy-Laboeuf
Jacob Farnham
Casey Gallagher
Nathan Goozey
Matthew Hoyt
Calista Kalil-Johnson
Judly Maignan
Emily-Rose Menard
Jonathan Nussey
Damien Petrie
Katelynn Richard
Knygel Rosario
Nolan Sharry
Aaron Stieglitz
Caliyah Thibeault
Jacob Wilga
Makenna Zella



WEBSTER TIMES
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FRANK G. CHILINSKI
STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Wondering about the weather

We've noticed, as of late, that weather forecasts have been more inaccurate than usual. In trying to figure out which weather app is the most accurate, we came up empty. There were several days we should have expected rain and thunderstorms but unfortunately came up short. After a dry spell and high temperatures last week, the thought of sitting on the front porch watching a thunderstorm seemed like a dream. This week, finally welcomed more rain making lawns and gardens across the region perk up.

After some digging, we found that it's the novel Coronavirus that has affected our weather forecasts. We could say that we're surprised, but this virus has affected every aspect of our daily lives, so why not weather forecasts too?

Experts say that the drop in airline travel has reduced the amount of data needed to make an accurate forecast. Typically, forecasts change by the hour. Aircrafts pick up wind, humidity and temperatures during flight. Data from weather balloons and satellites is still being used, however the accuracy comes from the planes. Of course, this affects weather being tracked by the Global Forecast system as well. Data taken from the ocean is also not being gathered at the rate it was prior to the COVID-19 outbreak.

So, with forecasts being in question every day, we figured we'd hop in the time machine, something we love to do on all occasions, and learn about some tips our ancestors used.

We've all heard the phrase, "Red sky at night, sailor's delight; red sky by morning, sailors take warning." This phrase dates back to Biblical times, and happens to be quite accurate. Weather in the north typically travels from west to east, so if you see a colorful sunrise, that means there are clouds to the west, which could bring bad weather. If the clouds grab hold of the sunset as they travel to the east, there is a high chance for calm weather the following day.

By the 1700's, modern thermometers were commonly used, with barometers stepping on to the scene in the next century. Thomas Jefferson used such tools to record the weather on a daily basis. Moving forward the telegraph allowed people to communicate the weather over long distances, which lead to weather maps. This allowed people to track patterns. Rising air pressure, meant calm weather while dipping pressures meant a storm was on the horizon.

Weather balloons were used in the 1900's to track moisture and winds, which lead to more research into just what makes weather tick. Weather radar was found by chance during WW II, when radar was used to try to track down enemy aircraft. While doing so, rain was found. Tools advanced rapidly into the 1950's through the 1980's.

The Old Farmer's Almanac shared some sayings that were used for some old fashioned forecasting. "The higher the clouds, the finer the weather," The Almanac says. "If you spot wispy, thin clouds up where jet airplanes fly, expect a spell of pleasant weather. Keep an eye, however, on the smaller puff clouds (cumulus), especially if it's in the morning or early afternoon. If the rounded tops of these clouds, which have flat bases, grow higher than the one cloud's width, then there's a chance of a thunderstorm forming."

"Clear moon, frost soon" means that a clear night, makes the Earth's surface cool at a faster rate, and with no cloud cover to keep the heat in, causes frost and a cold morning.

"When clouds appear like towers, the Earth is refreshed by frequent showers." If you see large, white clouds that resemble castles, there is likely a lot going on weather wise. If white clouds grow, and turn grey, a storm is coming.

"Rainbow in the morning gives you fair warning." Where there's a rainbow, there's a shower, and hopefully a pot of gold.

"Ring around the moon? Rain real soon." A ring around the moon means that warm weather is in the near future, with some rain. According to the Almanac, "High thin clouds get lower and thicker as they pass over the moon. Ice crystals are reflected by the moon's light, causing a halo to appear."

VIEWPOINT

THE DEADLINE to submit letters to the editor and commentaries for next week's newspaper is Friday at noon. SEND ALL ITEMS to Editor Brendan Berube at THE WEBSTER TIMES — news@stonebridgepress.news

Do not be anxious — know that you are loved

We continue to face uncertain days – the pandemic isn't going away any time soon but seems to be making a resurgence in our country, and who knows what we will face in the Fall and Winter or until we have a vaccine. The protests of Black Lives Matter seem to have calmed down a bit, but the pain, hurt, and anger of racism and systemic inequality will remain an issue we have to constantly address. As time goes on, many will feel more and more the economic fallout from all that has happened over these past four months. And the political vitriol only increases and continues to poison all of us. This is the backdrop for whatever other personal challenges each of us may be facing in our own lives.

Thus, many people are feeling extremely anxious, stressed, worried, and profoundly uncertain about what tomorrow will bring.

Well, Jesus Christ offers a beautiful, comforting and relevant message in His Sermon on the Mount – "Therefore I tell you, do not be anxious about your life... Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to your span of life? Therefore do not be anxious... But seek first the kingdom of God and his righteousness, and all these things will be given to you as well."

Isn't that a timely and comforting word to hear from God, especially in these moments when everyone is tempted with such anxiety and stress?

Do not be anxious. Remember of how much value you are in God's eyes. Worrying won't add a single hour to your life. Just seek first the kingdom of God, and you will discover the peace you need to face whatever life brings.

Saint Paul's words to the Roman Christians also reinforces this theme of not worrying about the uncertainties of life. The Apostle Paul reminds us that, "While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous person – though perhaps for a good person one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us."

Think about these words. St Paul highlights that Christ's love for us is so great that He willingly died for us specifically when we were still weak, when we were ungodly, and when we were sinful. God revealed His love to the world precisely when we didn't deserve it!!! This powerful statement reminds us about how unfathomable Divine Love is for each one of us, and not only for us, but for every person in the world.

If we truly understand this outrageous love of God, a love that doesn't depend on our own behavior, a love that we can't earn or deserve – it is simply a shocking, unconditional love for all humanity – if we truly understand this outrageous love, we can then discover the deepest sense of peace and security in the midst of whatever anxieties the world brings.

We face a pandemic, yet we know that God loves us. We are confronted with protests and the volatile issue of racism and injustice, yet we know that God loves us. We seem so divided as a country, yet we know that God loves us

BEYOND THE PEWS

BY FR. LUKE A. VERONIS
SAINTS CONSTANTINE AND HELEN GREEK ORTHODOX CHURCH, WEBSTER

– He loves those on the right and those on the left, He loves those who are black, brown, white or any other shade of color, He loves those who are Democrat or Republican or libertarian or whatever else. We know God loves us!

This may sound too simplistic for some, but in these words dwell the deepest theology– when we know that we are loved, deeply and truly loved no matter who we are or no matter what mistakes we've made in our lives, then we no longer need to act out of fear, or shame, or regret, we no longer need to respond to any anxieties and worries and all the "what ifs" in life. When we dwell daily in the outrageous and divine love of God, no fear will ever control us or overwhelm us. Remember the words of St John the Evangelist, "perfect love casts out fear." We all need to live in that perfect love.

Living in the perfect love of God every day. Knowing in the depths of our hearts that we are truly loved, despite all our shortcomings and failures. Responding to love instead of fear makes all the difference in our lives. A person dwelling in the love of God will not worry about what tomorrow will bring. Whatever unexpected event happens, even if it is the worst-case scenario for us, we will face it knowing that God loves us, and when we come out of the security of such love, everything is not only enduring, but can even become beautiful.

The Apostle Paul was one who faced many unexpected and extremely challenging situations throughout his life, yet, he knew he was loved, and thus, could advise others, "we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us."

We see St Paul highlight what I'm trying to emphasize. We rejoice even if we face sufferings, because "God's love has been poured into our hearts." Knowing that we are loved transforms everything that we experience in life. We have a new perspective through which to understand and evaluate even the most challenging and painful events in history.

Where society is telling us to panic if this happens or if that happens, we respond by saying, "No matter what happens, I will NOT be anxious. No matter how this pandemic plays out, I will NOT worry. No matter what injustices there are in the world, I will NOT despair or give up. No matter who wins the upcoming elections in November, I will NOT lose hope."

Because I know that I am loved. And I will live out my life as a beloved child of God. Every day, I will act out of this foundation of love, not out of any base of fear!

Knowing that I am loved, notes the great spiritual writer Henri Nouwen, "constitutes the core truth of our existence" and once we embrace this truth, we will no longer act out of fear.

Fear, anxiety, stress, worry will have no place in our lives. This truth of Divine Love will set us free, free from all anxiety and worry. We remain in peace, knowing we are loved, and we will live our lives sharing that love with the world around us, in whatever circumstances we face.

Home surveillance systems



CHIEF'S CORNER
STEVE WOJNAR

I was contacted on a few occasions by a person who volunteers for the Audio Journal (www.audiojournal.net), which is a broadcast network for visually-impaired residents living in Central Massachusetts. This great service assists many visually impaired residents of the area to learn about current events.

I was asked to explain some information about homesurveillance cameras. What are the major benefits, and are there any legal restrictions people should know before installing a system? You cannot safeguard your home against every possible incident. However, there are a few simple steps you can take. In addition to proper locks and enough lighting (especially motion detection style), alarm systems and the utilization of cameras can be sound additions. Fortunately, with advances in technology, there are many affordable options available if this is something for you. Cameras allow you to monitor your property when you are not able to do so. You also document activity in the event it is needed at any time. This is helpful when you are away or while you are sleeping. Cameras can be placed in strategic places around your property or in your home. These can include the walkways, driveways, the perimeter, and any interior rooms or locations you wish to protect the most. Some cameras can be obvious, while others can be small and hidden. Type, style, and cost are all individual decisions, and they are a great tool to safeguard property and valuables. The main precautions to observe when positioning cameras is to avoid filming in protected areas. For example, focusing a camera on a neighbor's window to observe their movements can be an invasion of privacy. Although these are always determined on a case by case basis, the general rule of thumb in these instances is to focus them on your property or only in places that can be seen by the public as a matter of course. For example, any location that can be seen from a street or sidewalk, is generally not considered a location where a person can have an absolute expectation of privacy.

Regardless of the presence of cameras, it is important to remember to report suspicious activity in your neighborhood to the police. You could be the difference in solving a crime or preventing future occurrences. Some departments maintain data bases on homes in town, where camera systems are in place, in order to reach out to these people in the event of a crime in the neighborhood. Many of us have seen cases solved and suspects identified through video systems and regular cameras on the streets (like the Marathon bombers). Technology is an important, and widely used, part of today's society.

In addition to the Coronavirus Pandemic, there is a great deal of turmoil taking place in our state and around the country. We continue to serve the people of Dudley and work with the community to improve the quality of life for everyone. I continue to thank the men and women from my department for their continued dedicated service to the Town of Dudley during these trying times. Thanks also go out to the many Police Officers, Fire and Emergency Services members, public works, government and all other "essential" personnel for their continued hard work and service. We greatly appreciate the support we receive from our community.

Thanks again for your questions and comments. Please send them to me at the Dudley Police Department, 71 West Main St., Dudley, MA 01571 or email at swojnar@dudleypolice.com. Opinions expressed in this weekly column are those of Chief Wojnar only and unless clearly noted, do not reflect the ideas or opinions of any other organization or citizen.

LETTERS TO THE EDITOR

From dream to reality: Celebrating 10 years of the new "Pearle"

To the Editor:
On Friday, July 10, the Pearle L. Crawford Memorial Library will celebrate its 10th anniversary in its location at 40 Schofield Ave. in Dudley. Who would have thought when planning for a celebration began last year, that those plans would be upended by a pandemic? While we won't be celebrating in person, I do want to take this space to thank all those who turned our dream of a new library into a reality.

The building project began in 1999 with a vote at the Dudley Spring town meeting that established the Library Building Needs Committee. Their report after assessment concluded that the library on Mill Street "was not adequate to meet the present or future needs of the citizens of Dudley." By unanimous vote at the spring 2000 town meeting, the Needs Committee became the Library Building Committee (LBC) and \$20,000 was approved as a matching portion to a State of Massachusetts Library Building Program Grant. The LBC was comprised of fifteen members chosen based on their individual areas of representation and interest. In 2007, a grant was approved for receipt from the state

library building program after a town meeting vote approved a debt exclusion for the town's contribution to the project. Groundbreaking for the new library took place in April of 2009.

I would like to acknowledge with sincere appreciation the following who helped make the library dream a reality: Massachusetts Board of Library Commissioners (oversees the state library building program)

Library Needs Committee
Library Building Committee (chaired by Anne Marie Safae and Bob Grzyb)
Get Out the Vote Committee
Town of Dudley Voters
State Senator Richard Moore, the Dudley Board of Selectmen, Town Administrator, and the Finance, Appropriations and Advisory Committee
Capital Campaign Committee (chaired by Lou and Marilyn Cozzens) and the hundreds of Campaign Donors from Dudley and beyond
Fundraising Committee
Library Trustees
Library Director(s) and Staff Members
Friends of the Pearle L. Crawford Memorial Library
LBC Sub-Committees and Volunteer

Consultants
Teen Advisory Group and Library Volunteers

Patrons of all ages
Special gratitude to Hugh W. and Harriet K. Crawford and family for their generous and continued support of the "Pearle," named after Mr. Crawford's mother, who left a legacy of love for libraries and learning that we still honor today.

So many people contributed to the building of our Library, I apologize for any I have missed.

In closing, on behalf of the Library Director, Staff and Trustees, we look forward to the day when the Crawford Library will open its doors to the public. Things will be different as we learn to adapt to this new world, but we will welcome you — from a safe distance — with open arms. We will celebrate this 10th Anniversary milestone at some time in the future. Until then, please stay safe and well.

Sincerely,

PATRICIA KORCH
CRAWFORD LIBRARY TRUSTEE
DUDLEY

Beware of bug bites



THE GREAT
OUTDOORS
.....
RALPH
TRUE

This past week, the Uxbridge Rod & Gun Club held a 3-D archery shoot at their club grounds off of West Street. The event was well attended by young and old. This week's picture shows Scott and Tracey arriving early, and were some of the first archers to shoot the well-groomed course. Life size wild game targets are set up throughout the course. More than 50 shooters attended the event. The kitchen crew had plenty of hot coffee with bacon, egg, and cheese sandwiches for all in attendance. Relaxing and social distancing was practiced throughout the day.

Participants were greeted with numerous horseflies, as they are each year at this time. Horseflies can be aggravating to anyone trying to enjoy the great outdoors. The best protection for horseflies and other insects like mosquitoes, is a product called "Permethrin." It is a product that is sprayed on the clothing and NOT on your skin. Wearing a hat helps tremendously. Be sure to follow the directions on the label. There are numerous other products that contain Deet, that are sprayed on your skin to prevent insect bites, but extreme

care must be used, especially when using it on small children.

Numerous petitions circulated throughout the state over the last 10 or 15 years, asking legislators to consider allowing any hunter the right to own and use crossbows for hunting, is long overdue. Legislators also received separate flyers from sportsmen asking for the legislation to pass the long overdue bill. With very little getting done in the legislature because of the pandemic, it is unlikely it will be acted upon this year.

Bug bites of any kind need immediate attention, as they can carry many forms of diseases. They can also cause infections. You need to treat all bug bites seriously, including wasp & hornet bites, and spider bites ASAP, and they need to be monitored daily. If you suspect the bite is causing an infection, you need to call your doctor for expert advice. There are very few snakes that are venomous in the area, but this writer has an absolute fear of any snake. My son Ralph, Jr. once chased me around the garden with a small six-inch garden snake when he was young. I could actually run from his threat back then.

Because of Covid-19, a large amount of people have made gun purchases at local gun shops. Some shops have been sold out of their inventory for weeks now, and orders for new inventory have been slow. Local sporting goods stores have also had a hard time filling their orders

because of the huge demand for hunting and fishing equipment this year. Many local citizens are arming themselves hoping the need never comes to protect their life and property. It sure is a dangerous world that we live in today. Camping trailers and watercraft sales are also through the roof.

Striper fishing at the Canal continues to give up some impressive strippers this year. Many oversize fish are being reported, but need to be released if they are over 35 inches for recreational anglers. Commercial Recreational anglers can keep all strippers 35 and over. I hate to keep reporting about this crazy regulation this year, but it is causing a lot of problems, including violations by otherwise honest anglers, and the new law on circle hooks is also nuts. I know that the people responsible for passing the law is meant to save released fish from injury and possible mortality, but it is not working.

Catch and release fishing has a high mortality. I am not against catch and release fishing if strict guidelines are practiced, but they are not by many anglers. It is not the intention of the angler to release an injured, fish but it happens. Playing out the fish until it is exhausted will often die when released, even when it is carefully or somewhat revived. Local freshwater bass anglers quickly catch and release their fish, and are not subject to the long battle when caught on lighter rods. I guess there is no real answer except



to educate fishermen in both fresh and saltwater fishing, on the best way to release their catch. Even numerous Fish & Game agencies have reported on high mortality of released fish.

Some nice seabass and fluke are being caught in Massachusetts & Rhode Island waters. One of my favorite dishes is baked stuffed fluke filets. My wife Judy often made the dish by simply rolling some crab meat stuffing into each fillet. She gently rolled the fillet with the stuffing and held the rolled fillet together with a toothpick. She basted the rolled fish with butter and sprinkled some seasoned bread crumbs over the filets. Preheat the oven to 350 degrees and place

the fish into the oven for 15 to 20 minutes. Do not overcook! Fantastic! The fish filets need to be fresh to enjoy this dish!

Trout & Salmon are extremely vulnerable to catch and release. They should never be removed from the water, and a net should always be used, if they are to be released. If they are caught using fly's they have a better chance of survival when released. Powerbait & live bait will often kill the fish if the hook is in the throat, and the angler tries to remove the hook. It's best to cut the line and retie another hook.

Take A Kid Fishing & Keep Them Rods Bending.

Bold, beautiful, and healthful cabbage

Cleanse the toxins out of your body with the help of fresh vegetables. Cabbage, broccoli, and brussels sprouts are a few of nature's detoxifiers.

You can add variety to your garden and diet by including green, red or Savoy cabbage. It's fun and easy to grow in the garden or a container and can be used in a variety of healthful dishes.

There is still time to add cabbage to your garden. Cabbage grows best in cooler temperatures. Those in the northern half of the country can plant seeds directly in the garden in early July for a fall harvest. Those in hotter regions should wait another month. Simply check the number of days from seed to harvest and count backwards from the average first fall frost. That will be the time to plant. Those in the far south should plant seeds or transplants in fall or early winter for a winter harvest.

Be sure to allow enough room for the plants to grow to mature size. Space plants at least 12 inches apart in the garden and grow in a sunny to lightly shaded location.

Protect cabbage plantings from pests with floating row covers. Made of polypropylene spun material, the covers allow air, light, and water through while preventing cabbage worms from laying their eggs on the plants. This means no green worms eating holes in the leaves or ending up on your dinner



GARDEN
MOMENTS
.....
MELINDA
MYERS

plate. Loosely cover the planting with the fabric and anchor the edges with boards, pipes, stones, or wickets. Leave enough slack for the plants to grow. The plants support the fabric, so no frames or construction is needed.

Increase your garden's productivity by interplanting the cabbage with quick maturing radishes, beets and heat tolerant greens. You'll harvest these short season crops at about the time the cabbage needs the space

Harvest cabbage when the heads are firm and full size. Use a sharp knife to remove just the cabbage head, leaving the lower leaves and roots intact. Four to six new heads will arise from buds around the stem. These smaller heads can reach four or five inches in diameter.

Remove any wilted or damaged leaves before storing cabbage in a plastic bag in the refrigerator. If using only half a head of cabbage, wrap the cut end in plastic wrap.

A medium head of cabbage weighs about one and a half pounds and yields about five to six and a half cups of shredded cabbage. A few heads of cabbage can turn into lots of slaw, stuffed cabbage rolls and other tasty cabbage dishes.

Preserve some of your harvest for winter meals. Freeze cabbage by cutting it into coarse shreds, thin wedges or by separating the leaves. It can also be dehydrated and used as a base for



Photo Melinda Myers

When harvesting cabbage, use a sharp knife, remove just the cabbage head, and leave the lower leaves and roots intact. Soon new cabbage heads will form.

casseroles or added to soups and stews.

Consider turning it into sauerkraut with simple fermentation. Make large batches in crocks then can or freeze when fermentation is complete. Smaller batches can be processed in mason jars and stored in the refrigerator.

No matter how you prepare it, cabbage makes a great addition to the garden and your meals.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything" DVD series* and the nationally-syndicated *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her Web site is www.MelindaMyers.com.

Choosing how you live

BY GARY W. MOORE

I came into this life without choice. I didn't decide to be conceived. Two people I didn't know decided that for me. I was carried for nine months, then pushed out with no consideration by my mother as to whether I wished to go or stay. I was suddenly and rudely squeezed out into a life that I didn't decide to live.

Then to add to the humiliation of coming into this world naked, a group of masked strangers examined my bare body, counting fingers and toes, as if they'd never seen a tiny human before. Embarrassingly, I cried like a little baby, when for no reason at all, one of the masked strangers grabbed my ankles, raised my naked body upside down, then slapped me on my bot-

tom. These actions told me for the first time, life is unfair.

That's how it all began for me. Maybe you endured a similar experience?

We are given no choice. On one day we didn't exist and on the next, we are a human life beginning to form and grow. We enter an imperfect and broken world and are told at an early age, "Life isn't fair. Just deal with it."

How we deal with it ... Even though we are forced into this world, we quickly establish how we'll live our lives. We are where we are at this very moment because of the choices we made along the way. We are who we are, where we are and what we are because of what we choose to let into our mind. It's those choices that determine the quality of the life we lead and our impact on



POSITIVELY
SPEAKING
.....
GARY W.
MOORE

those around us.

Don't blame your past. Yes, some of us are born into loving families who nurture and teach us right from wrong, while others are brought into lives where they were never wanted and learn to live their lives without nurturing or instruction. Regardless of which, it is the choices that we make that determine how we live our lives. Blaming how we were raised is a waste of time and only keeps us from successfully moving forward. No, we didn't decide how to be born nor will we decide when or how we die, but we absolutely

decide how we live our life. How we treat others and ourselves makes a lasting impact, not just in our lives but with everyone and everything we touch.

None of us are perfect. I have many regrets about choices I made earlier in life, but I can't change that. I can only move forward and do my best to make a positive difference.

The time to think about the impact we have on others is not on our deathbed while experiencing crushing regret, but while we are living our lives. As you read this, you can decide the difference you wish to make, the joy and happiness you bring to others or positive education you wish to share.

I have led a rich and joyful life, while also living a painful and stress-filled life. I've experi-

enced both. Both were by choices I made. As I aged and moved out of my business suit and into a life of organizing stories for others, I quickly realized the power of words and the impact I can have. Choose to speak only kind and supportive words into the world.

This column, *Positively Speaking*, was born in April 2017 and my focus has been to help and encourage others to lead a happier and joy-filled life ... a life led by optimism. I do my best to have a positive impact on the readers of this column and I always pray that my words will help others lead a happier and more fruitful life.

It's impossible not to recognize that our nation is in turmoil and divided in unhealthy ways. That does not mean that you are required to participate and contribute

to the unhealthiness by being angry, offensive, and aggressive. Instead, you can be an example of integrity by being kind, humble and positive, while sharing words and actions of hope and optimism. We can choose to be part of the problem or proactively part of the solution.

This time of division and negativity will pass. Anger and yelling don't change hearts nor minds. Being an example kindness and dignity does.

Which will you choose?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryW Moore721 and at www.garywmoore.com.

OBITUARIES

Fabien Philippe Houle, Sr., 86



WEBSTER – Fabien Philippe Houle, Sr., 86, passed away suddenly at his home on Saturday, July 4, 2020. He was born in Thompson, CT on May 31, 1934, son of the late Alcide and Eva (LaFlamme) Houle of North Grosvenordale, CT.

Fabien leaves his beloved predeceased wife of 60 years, Norma S. Houle (Zacek) of Webster; his sons Fabien Houle, Jr. of Orlando, FL and Jeffrey Houle and wife Linda of Webster; his daughters Pamela Houle of Webster, and Tammy Ducharme and husband Shaune of Dudley; he was predeceased by three sisters, Belva (Houle) Paradis of Taftville, CT, Leona (Houle) LaRose of Acushnet, MA, and Vivian Houle of Treasure Island, FL; three brothers, Lionel Houle of Webster, and predeceased brothers, Armand Houle of N. Grosvenordale, CT and Lawrence Houle of Brooklyn, CT; five grandchildren, Kevin and Emily Houle, Maryn LaPlante, Cy and Tristan Ducharme and, two great-grandchildren Damian Houle and Teagan Van Dyke. He will remain treasured for his fun-loving spirit by many other relatives and dear friends. He was a proud veteran of the United States Army and served in the Korean War. He was employed at American Optical in Southbridge, MA as a supervisor for most of his life, and later retired as a custodian for the Town of Webster. He was a member of the Webster Police Department as an

Auxiliary Police Officer, and a member of the Knights of Columbus and TSKK in Webster. Fabien was a long-standing parishioner of Sacred Heart Church. He enjoyed going to the Webster Senior Center to play cards with friends and loved his trips to the casinos. He often spent vacations with his wife and family at his condo in Orlando, FL. He was a real family man that centered his life around his loving wife and children. He further demonstrated his commitment and devotion to his wife, Norma, by visiting her at the nursing home every day. He was a social and soft-hearted person who was always entertaining and humorous until the very moments before his passing. He will be greatly missed and always deeply loved by all!

A private funeral mass will be held at the Sacred Heart Church, 18 E. Main St., Webster, MA.

All are welcome to attend Fabien's committal service to be held at Mount Zion Cemetery, 55 Worcester Rd., Webster on Friday July 10, 2020 at 12:00 PM.

In lieu of flowers, the family requests a memorial contribution be made to Sacred Heart Church, 18 East Main Street Webster, MA 01570.

Funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.

A guest book is available at www.shaw-majercik.com where you are encouraged to offer condolences, light a candle, or plant a tree in remembrance of Fabien.

Charlotte J. Strzelewicz, 83



WEBSTER – Charlotte J. Strzelewicz, 83, died Thursday, July 2, 2020 in Quaboag Rehab, West Brookfield after a period of declining health.

She leaves a sister, Theresa M. Rohr of Webster; a niece, Kathleen Rohr and her husband Patrick Courtney of Southamptton; a nephew, David Rohr of Webster; and several cousins.

She was born in Webster on November 2, 1936, the daughter of Charles J. and Julia G. (Druzbecki) Strzelewicz and was a lifelong resident. She graduated from Saint Joseph Grammar School and then from Bartlett High School, class of 1954.

Charlotte was employed at Bank of New England (formerly Guaranty Bank & Trust Company and First National Bank of Webster) for 27 years,

retiring as assistant manager. Prior to that, she was employed as a secretary at Cranston Print Works Company.

She was a communicant of Saint Joseph Basilica, and a member of the St. Anne Society and the altar guild. Her life was spent mostly with family. She enjoyed cooking and baking for family and friends and especially for the parish festivals.

Her funeral will be held on Monday, July 13, with a Mass at 10:00 AM in Saint Joseph Basilica, 53 Whitcomb Street (please meet at the church). Burial will be held privately in Saint Joseph Garden of Peace. There are no calling hours. Donations in her name may be made to either Saint Joseph Basilica, 53 Whitcomb St., or to Saint Joseph Elementary School, 47 Whitcomb Street, both in Webster, MA 01570.

www.scanlonfs.com

Thomas J. DeNardis, 79



DUDLEY – Thomas J. DeNardis, 79, formerly of Webster, died Thursday, July 2, 2020, following a long illness.

He leaves his wife of 54 years, Donna B. (Capozzoli) DeNardis. He is also survived by his 2 beloved daughters, Dayna DeNardis Dumas and her husband Michael of Charlton and Stacy L. Flynn and her husband Patrick of Dudley; 6 grandchildren, Samantha, Veronica, and Joseph Dumas, Deryn, Thomas, and Megan Flynn; and his sisters Josephine Davis of Thompson, CT and Mary Aldrich of Webster, and many nieces and nephews. He was predeceased by his sisters Christina DeNardis, Santina (Bella) Siekierski and Anna Tracey.

He was born in Webster, the youngest child of Thomas and Angela (Esposito) DeNardis. Thomas graduated in 1959 from Bartlett High School in Webster. He was a proud veteran of the United States Air Force where he spent time in Japan. He always looked forward to attending the veteran's programs that were held over the years in the Dudley Charlton schools with his grandchildren. For many years Tom attended night classes at Central New England College in Worcester and received his degree in Applied Technology in 1989. He retired in 2007 after many

years in local optical and fiber optics manufacturing, having worked for over 30 years at American Optical in Southbridge and then Schott Fiber Optics in Southbridge and Gentex Optics in Dudley.

He enjoyed being a grandfather the most and "Poppy" especially enjoyed spending time with his grandchildren at Burger King, and he attended all of his grandchildren's games and concerts. He loved being on the Roseland Golf Course in Woodstock, CT. He was loved by his two dogs, Cooper and Dino. He was a proud Italian American and was often seen wearing apparel that told everybody as much!

Although Tom's health journey had many twists and turns over the years, this past year was particularly arduous and he never complained. He took each day as it came. The family would especially like to thank family friend Paula Lobo for her loving care during this difficult time.

Due to current precautions, services will be held at a later date. In lieu of flowers, memorial contributions may be made to the Webster-Dudley Veteran's Council, 71 West Main St., Dudley, MA 01571. Paradis-Givner Funeral Home in Oxford is directing the arrangements. To leave a memory or message of condolence, please visit paradisfuneralhome.com

July is National Blueberry Month

Blueberries are touted as an antioxidant rich snack, and in addition to its many health benefits, the tiny fruit tops of the list of "anti-aging" foods. But the delicious, sweet berry has been pleasing palates for many centuries. In fact, according to botanists, the oldest plant on earth - estimated to be more than 13,000 years old - is related to the blueberry plant.

Blueberries are grown in 35 states and our country produces over 90% of all of the blueberries in the world. In celebration of both the extraordinary taste and health benefits of blueberries, July has been proclaimed National Blueberry Month. Since 1999, the virtues of wild blueberries have been touted by the blueberry industry each July, while the delicious berries make their annual appearance at Independence Day tables across the country.

Blueberry History: Early explorers found wild blueberries growing in America, and famed expeditioners Lewis and Clark reported being served meat by Native Americans that had been rubbed with blueberries, then smoked and dried. The Indians also dried blueberries and ground them to a pulp to be mixed with cornmeal and honey to make a sweet pudding.

Here in the Northeast, Native American folklore includes a legend how the great spirit sent "star" fruit, named for the star shaped end of the blueberry, to feed children during a famine.

But for the American Indian, perhaps the most valuable use of the blueberry was its healing properties. Native Americans would steep a tea from the root of the blueberry plant to be used to calm and relieve the stress of women in labor. The juice of the blueberries was also used as a remedy to cure ailments that ranged from a stubborn cough to blood conditions.

Healing Fruit: The virtues of blueberries are many. One of nature's most amazing and powerful antioxidants, blueberries offer a variety of health benefits, from lowering cholesterol to building up urinary tract health, improving vision and much more. In fact, research conducted at the USDA center has found blueberries rank hands down number one in antioxidant activity! The blueberry's secret weapon? It's deep-blue pigment, which is a potent phytonutrient that acts as an antioxidant and anti-inflammatory. Read on for more reasons to help yourself to a handful of blueberries this season and beyond.

*Out of 40 different fruits, juices and vegetables, the blueberry comes in with the highest antioxidant level, according to the North American Blueberry Council. Just three and a half ounces of blueberries are equivalent to over 1700 International Units of vitamin E. Wild blueberries pack up to three times more berries per pound than cultivated, making them the optimum choice for concentrated antioxidant capacity.

*According to the New England Journal of Medicine, the Rutgers Blueberry Cranberry Research Center in Chatsworth, N.J. found that blueberries help prevent infections in the urinary tract in much the same way that cranberries do. They may also help to prevent macular degeneration according to Ronald L. Prior, Ph.D., director of the USDA.

*The antioxidant and anti-inflammatory effects of blueish purple foods like wild blueberries may have the potential to help prevent Alzheimer's disease, cancer and heart disease, according to Susan Davis, MS, RD, Nutrition Advisor to the Wild Blueberry Association of North America.

*Studies show blueberries (and grapes) contain properties which can increase night vision. In fact, a cup full of blueberries has been known to improve dark adaptation within 30 minutes of consumption. According to Ronald L. Prior, Ph.D., director of the USDA, blueberries may also help to prevent macular degeneration, which is the leading cause of vision loss in Americans 60 years of age and older.

*Research suggests that blueberries may reduce the build-up of the bad cholesterol that contributes to heart disease. In fact, a compound discovered in blueberries seems to act as effectively as commercial drugs used to reduce levels of "bad" cholesterol in rodents.

*Laboratory tests reveal the anthocyanins in blueberries could act to boost brainpower and halt the signs of aging. When fed blueberry extract for nine weeks, elderly rats outperformed a control group at such tasks as navigating mazes and balancing on rotating logs.

And when aging rats ate a blueberry-enriched diet for four months, they performed as well in memory tests as younger rats, a finding that has important implications for humans.

* In Canadian studies, blueberries reduced stroke damage in lab animals. Researchers credited blueberries' anti-inflammatory and anti-clotting activity.

** Blueberry Recipes
Looking for a delicious way to bring blueberries to the table? Read on for some creative recipes bursting with blueberries!

Brownie Dominoes with Wild Blueberry Cinnamon Sauce

Packed with healthy ingredients, this recipe from the Wild Blueberry Association of North America is company-worthy!

Ingredients: 4 ounces unsweetened baking chocolate; 3/4 cup butter; 1 3/4 cups sugar; 3 eggs; 1 teaspoon vanilla extract; 1 cup all purpose flour; 2 cups frozen Wild Blueberries; 1/2 cup water; 1/4 cup sugar; 1 teaspoon fresh lemon juice; 2 teaspoons cornstarch; 1 teaspoon cocoa powder; 1/4 teaspoon cinnamon

Brownie Directions: Preheat oven to 350°F. Microwave chocolate and butter for 2 minutes or melt in double boiler. Stir until chocolate is melted. Stir in sugar, eggs, vanilla and flour until thoroughly blended. Pour into greased 8-inch x 8-inch baking pan and bake 45 minutes or until cooked through. Let cool approx. 2 hours.

Sauce Directions: In a small sauce pan combine 1 cup Wild Blueberries, 1/4 cup water, sugar and lemon juice. Stir and bring to a boil. Turn heat down and simmer for 7 to 10 minutes. Mix cornstarch into 1/4 cup water until dissolved and add to the Wild Blueberry mixture; stir until it thickens, then add the remaining 1 cup of Wild Blueberries. Cook 3 minutes on low heat, add cinnamon.

Turn out the chocolate brownies from the baking tin. Cut it into 12 cubes and dust with cocoa powder. Serve with Wild Blueberry sauce. Preparation Time: approximately 45 minutes plus cooling time. Serves 12.

Wild Blueberry Honey Coffee Cake

Blueberries and honey highlight this hearty homemade sweet.

Topping Ingredients: two cups wild blueberries; one tbsp. all-purpose flour; one half cup honey; two tablespoons fresh lemon juice.

Cake Ingredients: one and one half cups all-purpose flour; two tsp. baking powder; one half tsp. baking soda; one half tsp. salt; one half cup honey; two eggs; one quarter cup milk; two tbsp. fresh lemon juice; one tsp. freshly grated lemon peel; one tsp. vanilla extract; six tbsp. butter, melted.

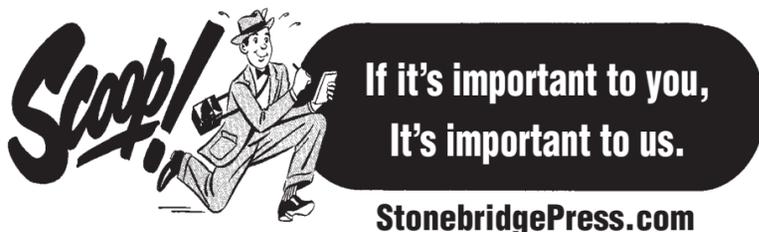
Directions: Place blueberries in bottom of greased round cake pan; distribute evenly. Sprinkle with flour; drizzle with honey and lemon juice. Set aside. In a small bowl, combine flour, baking powder, baking soda and salt; set aside. In a medium bowl, combine honey, eggs, milk, lemon juice, lemon peel and vanilla; beat with fork until well mixed. Add flour mixture; mix well. Stir in melted butter; mix well. Pour batter over blueberries in pan; spread to cover evenly. Bake at 350°F for 30 to 35 minutes, or until toothpick inserted in center of cake comes out clean. Cool in pan on wire rack 10 minutes. Invert cake onto large plate; cool.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Send all obituary notices to Stonebridge Press,
PO Box 90, Southbridge, MA 01550,
or by e-mail to obits@stonebridgepress.news



OXFORD

continued from page A1

Tracy G, said, "Taxes are ridiculously high as it is." She said she's been in town only a couple of years, and is now getting involved because her children are about to enter school.

Gail Murphy agreed with her take on the question, but her friend Brian Krevosky voted yes. To him, passing the exclusion is "a good thing as long as they do the roads and put [the money] in the right place." He said it would "help keep people working, the way things are." (He was referring to the pandemic economic shutdown.)

Another, just calling himself Mark, said he thought the question was "not written so people could understand it. It should be in plain language." He noted he had not seen any explanations of the pros or cons of the proposal.

To Tracy G, the solution to that issue could be better use of social media, noting "everybody's on it when something happens." She said people tend to go there for information, not the town Web site, and she feels "it'd

fire up the town."

The question phrasing issue was brought up at Town Meeting several days before the election. There, Moderator Russell Rheault told the attendees that the town attorney told him it had to be written that way to comply with state law. After a voter's question he noted voting yes meant you supported the debt exclusion.

Town Meeting supported the plan with an uncounted vote that Rheault declared had reached the two-thirds majority necessary to pass. But the ballot voters thought otherwise, with just 279 saying yes while 766 said no. Another 75 did not vote on that question.

One of the latter was Mike Conant, who said he didn't know about the question beforehand. He'd turned out primarily to vote for his friend Randy Moody for selectman. He noted his main issue is traffic and accidents along I-395 and nearby streets, where he hears "a lot of sirens from 4 p.m. on."

Citing his own experience in union politics, he said it "takes a certain person to be able to [run for office]," someone who can "work with anyone."

Voters decided the two people who could do that best were the incumbents, John Saad and Meaghan Troiano. Saad collected 763 votes and Troiano 677 to Moody's 380 in the only formal race on the ballot. A second race developed for the second available School Committee seat among three write-ins, with Corey Burke amassing 182 votes to win it over Rebecca Harvey's 68 and Gordon Cook's 28. Harvey was the only local-election candidate represented by a sign-holder at either polling place when this reporter visited shortly before polls closed at 6 p.m.

In all other cases, the incumbent was unopposed, meaning September Forbes returns to the School Committee, Rheault stays Moderator, Ben LaMountain retains his Bay Path School Committee seat, and Harry Williams III remains Library Trustee. A total of 1120 people cast ballots, or 11.8 percent of the town's registered voters.

Gus Steeves can be reached at gus.steeves2@gmail.com.

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LEGALS

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family
Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO20P1584EA
CITATION ON PETITION FOR
PUBLIC ADMINISTRATION
In the Matter of:
Anthony Francis Aubertin
Date of Death: 11/06/2019**

To all interested persons:

A Petition for **Public Administration** has been filed by **Anthony J. Salvidio, II of Worcester MA**

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: **Anthony J. Salvidio, II of Worcester MA** be appointed as Public Administration of said estate to serve **With Corporate Surety** on the bond in an **unsupervised** administration.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on 08/25/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Leilah A Keamy, First Justice of this Court.

Date: June 19, 2020

Stephanie K. Fattman,
Register of Probate

July 10, 2020

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 8 Oak Drive, North Oxford (Oxford), MA 01537

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Raymond P. Wentworth to Fleet National Bank, and now held by **U.S. Bank, National Association, as Trustee for the CertificateHolders of the Banc of America Funding Corporation, 2008-FT1 Trust, Mortgage Pass-Through Certificates, Series 2008-FT1**, said mortgage dated February 24, 2003 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 30655, Page 344, said mortgage was assigned from Bank of America, National Association, successor by merger to Fleet National Bank to U.S. Bank, National Association, as Trustee for the CertificateHolders of the **BANC of America Funding Corporation 2008-FT1 Trust, Mortgage Pass-Through Certificates, Series 2008-FT1** by assignment dated April 21, 2014 and recorded with said Registry of Deeds in Book 52260, Page 354; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction** on July

24, 2020 at 11:00AM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

THAT CERTAIN PIECE OF PARCEL OF LAND, AND THE BUILDINGS AND IMPROVEMENTS THEREON, KNOWN AS 8 OAK DRIVE IN THE TOWN OF N OXFORD COUNTY OF WORCESTER AND STATE OF MASSACHUSETTS AND BEING MORE PARTICULARLY DESCRIBED IN A DEED RECORDED IN BOOK 5106 PAGE 148

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated March 4, 1971 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 5106, Page 148.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale. Other terms to be announced at the sale.

Brock & Scott, PLLC
1080 Main Street, Suite 200
Pawtucket, RI 02860

Attorney for U.S. Bank, National Association, as Trustee for the CertificateHolders of the Banc of America Funding Corporation, 2008-FT1 Trust, Mortgage Pass-Through Certificates, Series 2008-FT1
Present Holder of the Mortgage401-217-8701

June 26, 2020

July 3, 2020

July 10, 2020

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family
Court
225 Main Street
Worcester, MA 01608
Docket No. WO20P0517GD
NOTICE AND ORDER:
Petition for Appointment of
Guardian of a Minor**

In the interests of
**Jacob Tyler McLaughlin
of Oxford, MA
Minor**

NOTICE TO ALL INTERESTED
PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on **02/02/2020** by **Donna M. McLaughlin** of Oxford, MA will be held **07/28/2020 08:30 AM Guardianship of Minor Hearing** Located **CR 12, Worcester Probate and Family Court, 225 Main Street, Worcester, MA 01608**

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: May 22, 2020

Stephanie K. Fattman
Register of Probate

July 10, 2020

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family
Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO20P1449EA
CITATION ON PETITION FOR
FORMAL ADJUDICATION
Estate of:**

Dolores C Haddad

Date of Death: 04/29/2020

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Michael M Bieger of Oxford MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner Requests that:

Michael M Bieger of Oxford MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 07/21/2020.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION

UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: June 25, 2020

Stephanie K. Fattman,
Register of Probate

July 10, 2020

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family
Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO20P1626EA
CITATION ON PETITION FOR
FORMAL ADJUDICATION
Estate of:**

Kenneth A. Fish

Date of Death: 09/27/2019

To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Amy L. Fish of New Britain CT** and **Edward L. Fish of Oxford MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner Requests that:

Amy L. Fish of New Britain CT and **Edward L. Fish of Oxford MA** be appointed as Personal Representative(s) of said estate to serve on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 07/28/2020.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: June 25, 2020

Stephanie K. Fattman,
Register of Probate

July 10, 2020



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WEBSTER LAKE – 4 Jeffrey St! 5 Rm, 2 Bdrm, 2 Bath Ranch! 1/4 Acre Lot! Liv Rm w/Cathedrals & Bay Window! Eat-in Kit w/Island! Master w/Walk-in Closet & Full Bath! Front & Rear Decks! Partially Fenced Yard! Oil Heat! Town Services! Garage! Lakeside Beach & Boat Ramp Near! **\$249,900.00**

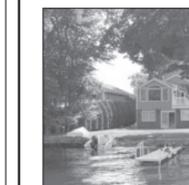
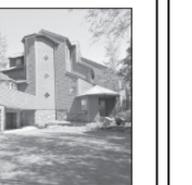
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DUDLEY – TOBIN FARM ESTATES! 9 Tobin Rd! 7 Rm, 3 Bdrm, 2.5 Bath Federal Front Colonial! Move Right In! 2 Story Grand Entry w/Gleaming Hrdwds in the Din Rm, Liv Rm & Kit! Frplcd Fam Rm w/Cathedrals & New Wall to Wall! Granite Kit w/Center Isl, SS Appliances & Din Area! Tiled Mudrm! 2nd Flr w/Open Balcony! Master w/Full Bath & Walk-in Closet! Comfortable Bedrooms! Full Hall Bath w/Laundry! New Wall to Wall in Bdrms! Private Backyard w/Deck & Hot Tub! 2 Car Garage! Shed! Fire Pit! **\$449,900.00**

WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Appliance Granite Kit! Formal Din Rm w/Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$999,900.00**

WEBSTER LAKE – 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrooms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/King Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplcd Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! **\$2,499,900.00**

							
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WEBSTER - 195-199 THOMPSON RD



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<p>WEBSTER - 548 SCHOOL ST</p>  <p>ON DEPOSIT</p> <p>Aesthetically pleasing 4-5 BR CAPE!! 1,800 SF Cape! 8 rooms. 4 lg rooms & bath on 1st flr, eat-in kitchen, living room, family room, office/possible 1st flr in-law bedroom. 2nd flr - 4 lg bedrooms & bath. 2 car garage. \$199,900.</p>	<p>WEBSTER - 36 PARK AVENUE</p>  <p>ON DEPOSIT</p> <p>Well cared for Colonial on Park Avenue! Hardwoods! Formal dining room, eat in kitchen, 3 bedrooms! Hollywood Bath. 1-1/2 baths total. deck! Garage! Freshly Painted \$264,900.</p>	<p>DUDLEY - 5 FAIRVIEW AVE</p>  <p>SORRY, SOLD!</p> <p>3 bedroom 1-1/2 bath ranch. 16,000 ft lot. Plumbing for lower level bath. Garage. Needs little updating. Recent Buderus Furnace. assisted sale \$248,500.</p>	<p>DUDLEY - 25 MARSHALL TER.</p>  <p>SORRY, SOLD!</p> <p>Custom Hip Roof Ranch! 1,480+- Sqft. One Level Living, Spacious Open Floor Plan. Combination Kitchen/Dining w/Breakfast Bar, Cooktop Range & Built-in Oven, 3 Large Bedrooms w/Large Closets, Linen Closet, 1st Floor Laundry Room, Hardwood Floors, Separate Bath Tub & Shower. Forced Hot Water Heat by Oil w/High End Cast Iron Baseboard, Recently Shingled Roof, Overlooks Attractive, Level Landscaping! \$274,900.</p>	<p>LAND</p> <p>WEBSTER/OXFORD/DUDLEY/DOUGLAS</p> <p>Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Potential for a 2 family to be built! Town Water, Sewer. SORRY SOLD \$70,000</p> <p>Webster - 85 Upper Gore w/View of the Lake. 1+ acre! Much work done! Artesian well, Septic Design, & Conservation \$130,000</p> <p>Webster - Potential 6 Buildable on Lots! Water/Sewer Access, Zoned Lake Residential \$129,400</p> <p>Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest \$132,900</p> <p>Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Possible to be subdivided. \$99,900</p>
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Webster - New Lake Listing!

WEBSTER LAKE - 100 LAKESIDE AVE



ON DEPOSIT

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WEBSTER LAKE - 32 JACKSON RD



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<p>Charlton: New Construction, 3 BA, Red oak floors, custom maple kitchen, central air, corner gas fireplace, \$1000 agency bonus. 196 City Depot Rd - \$415,000</p>	<p>Dudley: Established Subdivision, Home office, 1st flr full bath, 1st flr bedroom, fireplace, 20' kitchen, 3 season porch. 7 Joseph St - \$319,900</p>
<p>Worcester: Burncoat Area, 3 Bdrm., 1.5 BA, Updated roof, electrical, Burnham furnace 2013, 1800 sq. ft. & 2-c-garage 252 Beverly Rd - \$387,500</p>	<p>Worcester: Condominium, 2-3 BR, 2.5 BA, End unit, 1200 sq. ft. 43 Whispering Pines #46 - \$274,900</p>
<p>Dudley: 4 Br., Cathedral 22'x22' family room, Hydro air, 1+ acre 90 Old Southbridge Rd - \$439,900</p>	<p>Woodstock, CT: 21 acre, privacy, highway convenience, 4 bdr. nature's paradise, turkey, deer, solitude. 480 Route 197 - \$650,000</p>

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THE REAL ESTATE SECTION

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Avoid painful 'brain freeze' when enjoying frosty desserts

"I scream, you scream, we all scream for ice cream!" When Howard Johnson, Billy Moll and Robert A. King penned this novelty song in the late 1920s, the screaming they referenced was a cheer among students at a fictional college in a "land of ice and snow, up among the Eskimo." For anyone who has gobbled up an ice cream treat a little too quickly, those screams very well may speak to the sharp headache that often comes from consuming frozen foods too quickly.

Identifying "brain freeze/ice cream headache"

Wake Forest Baptist Medical Center neuroscientist Dwayne Goodwin, Ph.D., explained in a 2013 news release that the sudden, short headache that occurs when eating or drinking something very cold, which most people refer to as "brain freeze," is actually called sphenopalatine ganglioneuralgia. There are several

theories why brain freeze occurs. One theory suggests that when a person eats or drinks a large quantity of very cold food or liquid, the temperature of his or her palate decreases considerably. The blood vessels in this area automatically constrict to maintain the body's core temperature before reopening quickly. This causes a rebound dilation that sends a pain signal to the brain through the trigeminal nerve, which is located in the middle of the face and forehead. Although the constriction and dilation of blood vessels occurs in the palate, the pain is felt elsewhere, a phenomenon known as "referred pain."

Alleviating the shock
Now that people understand the starting point for brain freeze, and what causes it, they might want to make a few changes to how they consume cold foods and beverages. Eric Fredette, a long-time

"Flavor Guru" for Ben and Jerry's Ice Cream, says one way to stop brain freeze is to stir up the ice cream to warm it slightly.

Dr. Stephani Vertrees, a headache specialist and clinical assistant professor at Texas A&M College of Medicine, advises eating cold food much more slowly so that your mouth can warm it up as well. Another tip is to keep the food or beverage in the front of your mouth. Cold foods in the back of the mouth will stimulate brain freeze.

When consuming ice cream by spoon, Fredette further suggests flipping the spoon upside down so that the ice cream hits the tongue rather than the upper palate when spooned into the mouth.

Frosty treats do not have to cause painful headaches that have people screaming for the wrong reasons. A few tips can prevent brain freeze from happening.



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