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Friday, February 12, 2021

Newsstand: 75 cents

CMS Chamber welcomes new board chair

REGION Chamber of Central Mass. South is very pleased to welcome Erika Travinski, CEO at The Center of Hope, as the Chair of the Chamber's Board of Directors.

Travinski will serve a one-year term which commenced when she presided over the Chamber Board Meeting held on Dec. 10. The Chamber is thrilled to have her experience, dedication and leadership at the helm of the Chamber's Board.

"Erika has been a fantastic contributor to our Board of Directors," said Alexandra McNitt, Executive Director of the Chamber. "She has a sharp mind, quick wit and a deep appreciation for our community. I am excited to have her support as Chair of our Board during this tumultuous time. Her pragmatic leadership coupled with her sense of compassion is just what we need right now."

Travinski replaces the Board's Immediate Past Chair Laurie Cashman, of Yellow Iris Farm, to whom the Chamber is most grateful for her service and leadership during a very challenging year.

Erika Travinski is the Chief Operating Officer at the Center of Hope Foundation, where she is part of the executive team that oversees a non-profit agency that



Erika Travinski

many.

serves more than 700 individuals. She has been an advocate for individuals with disabilities for more than 25 years. Her dedication to helping the disability community has improved the lives of countless individuals and their families.

Travinski graduated from Northeastern University with a BA in Psychology. She continued her education at Assumption College where she graduated with her masters, Certificate of Advanced Graduate Studies in Rehabilitation Counseling and Certified Rehabilitation Counselor Certification.

During her career, she has worked with both children and adults ensuring that everyone was given the opportunities to live the most fulfilling life. Erika's compassion and kindness has

touched the lives of so

Travinski is very involved in advocating legislatively for people with disabilities, is a member of the Board of Governors for the Tri-Community YMCA and is committed to the business community with her work with the Chamber of Central Mass South.

Come grow with your Chamber of Commerce, the leading advocate for local business since 1945. The Chamber of Central Mass South serves the towns of Sturbridge, Southbridge, Charlton, Brimfield, Brookfields, Holland, Spencer, Wales, Warren and Northern Connecticut and is an affiliate of the Worcester Regional Chamber of Commerce. If it is time for you to grow your business and join a dedicated and passionate business community, visit the Chamber of Central Mass South online at cmschamber.org or reach the office at 508-347-2761.

State offers grant funding to small businesses

BY KEVIN FLANDERS STAFF WRITER

REGION - Gov. Charlie Baker recently announced additional grant funding to assist struggling small businesses.

Last week, Baker announced \$45.3 million in grants for approximately 1,100 small businesses. The funds will be provided as part of the fifth round of the state's COVID-19 Small Business Grant Program.

The majority of the businesses set to receive the latest round of grants are restaurants, bars, and retail stores. The funding comes as many local business owners continue to struggle through a punishing winter.

"Our administration remains committed to supporting the needs of businesses as we continue to navigate the pandemic and its economic impact, Baker said. "We are pleased to award this latest round of grants to help small businesses cover expenses like payroll, rent, and utilities. We look forward to getting more funding into the hands of small businesses across the Commonwealth as soon as possible to support their recovery.

To date, the Baker-Polito Administration has awarded more than \$277 million in financial sup-Turn To FUNDING page A13

Worcester Art Museum's Flora in Winter goes virtual

fort of their own homes.

WORCESTER — Flora in Winter, the Worcester Art Museum's winter floral extravaganza, will be offered to the public virtually this year. One of the region's most anticipated annual events, Flora in Winter displays flower arrangements inspired by art in the Museum's collection and created by top floral designers from throughout central Massachusetts. Due to COVID-related capacity restrictions this winter, a limited number of tickets to enjoy Flora in person will be available for Museum members only. However, a virtual guided tour of all 24 interpretive arrangements throughout the Museum will make the stunning beauty of Flora available for all to enjoy in the com-

Called "Passport to Virtual Flora," the online tour of all floral arrangements and displaysled by one of Flora's Co-chairs—plus a varietv of online programs and demonstrations by floral design and art history experts. "Passport to Virtual Flora" will be available free for Members; \$40 for nonmembers. Museum members will automatically receive a link to the "Passport" package. Nonmembers can purchase a link to "Passport" on the Museum's Web site: worcesterart.org/

This year's Flora in Winter chairpersons are Kathy Michie, Sarah

Ribeiro, and Kim Cutler. Their team oversees the event and maintains the flora designs throughout package will include a the four days. Flora in after Feb. 25. Winter is supported in part by the Bernard G. and Louise B. Palitz Fund and the Spear Fund for Public Programs.

> "Passport to Virtual Flora"

> A virtual Flora in Winter programming package

"Passport to Virtual Flora" brings the beauty and excitement of Flora in Winter to participants anywhere in the world. This virtual programming package—inspired Worcester the Wedding Kimono, specially commissioned from Chiso, the revered 466-year-old Kyoto-based

kimono house and on view at the Museumcan be enjoyed an unlimited number of times

Free for Members and \$40 for nonmembers, "Passport to Virtual Flora" provides access to all Flora online programming. Following completion of advance purchase, guests will receive a "Passport to Virtual Flora" link via email on the first day ofFlora in Winter — Feb. 25 at 10 a.m. "Passport to Virtual Flora" is on sale now through Sunday, Feb. 28 at 6 p.m., and can be purchased at worcesterart. org/flora.

"Passport to Virtual Flora" will include the

Turn To FLORA page A13

Central One Federal Credit Union offers scholarships

REGION — Central One Federal Credit Union is now accepting applications through April 1 for their 2021 Academic Scholarships for graduating students from Algonquin Regional High School, Auburn High School, Shrewsbury High School, and Westborough High School.

Eligibility requirements for the academic scholarships are as fol-

-Students must be graduating in May 2021 and be entering a four year accredited program in the fall of 2021 and majoring in Business and/or Finance.

-Consideration will be based on academic merit, school activities/community involvement, and need.

Each school will have one recipient selected from their eligible applicants. One \$4,000 award will be payable at \$1,000



per year while enrolled in a four-year program at an accredited college or university. Three (3) \$1,000 awards are onetime awards, payable to the student with proof of attendance.

All applications and requested documentation must be dropped off at any Central One branch location or emailed to member_support@centralfcu.com by April 1,

For more information and to download the application form, visit https:// www.centralfcu.com/ scholarships

About Central One Federal Credit Union Central One Federal Credit Union is a notfor-profit financial institution that provides members with excellent, personalized service. Central One provides a wide range of savings, deposit and loan products designed for the local community, and has branches in Shrewsbury, Westborough, Northborough Auburn; as well as school-branches in both

Turn To SCHOLARSHIPSpage A13



Courtesy

THIRD PLACE FINISH

Auburn High School's chapter of We The People celebrate placing third at the state competition on Jan. 30. Photo courtesy of the high school's Twitter feed.

Hitchcock Academy lines up a Fabulously Fun February

BRIMFIELD — Hitchcock Academy presents a fabulous social distancing community event just in time for February vacation. It's a car based Scavenger Hunt, sponsored by West Wind Farm in Brimfield.

The Hunt is a fun adventure for friends and families, which will lead them throughout Brimfield and the surrounding towns to earn points. Some of the clues are easy, but all of the clues will make you think while you learn local lore and visit areas of geographical interest. Teams will be given February vacation week to complete the hunt to accommodate for any weather event that may pop up. Although the expectation is that no team will get every clue, the adventure is set up to bring maximum enjoyment. Prizes will be awarded to the top five highest scoring teams. Some clues will get an automatic entry into a raffle. The list of clues will be emailed to teams and posted on the Hitchcock Academy Scavenger Hunt Event Page at noon February 16 and teams will have until 5 p.m. Saturday, Feb. 20 to finish.

Interested participants can go to Hitchcock Academy's website and register a team at the Scavenger Hunt Event for a fee of \$20. "Scavengers" must provide a photo of their team and team name prior to the noon Feb. 16 start. Teams earn points by taking a picture of the entire team with each clue they find and posting it to the site. Winners will be announced online and notified via email the following week after all team posts have been verified and points have been tallied. Teams will be required to follow state laws and COVID-19 advisories including social distancing and mask guidelines whenever appropriate throughout the quest.

It's February and Punxsutawney Phil has predicted six more weeks of winter but that's no reason for us to not look on the bright side! After all, each day the sun is shining a bit longer and brighter in the sky, so we are going to make a Fabulously Fun February! Hitchcock Academy will shine a special light on hope, kindness, and love with the continuation of our Community Tree. Through February a tree, decorated in a Valentine theme, will serve as an open invitation to community members to fill its branches with a "heart" felt

Executive Director Cindy Skowyra says, "The past months have been chal-

lenging in so many ways, so we are trying to find creative ideas to be a beacon of light for the community and bring attention to all that is still good in the world. We've converted one of our Christmas Trees for people to leave a message of kindness, hope, or inspiration for their neighbors and the world."

There are blank heart notes and markers available on Hitchcock Academy's porch so anyone can stop by any time and pen a note of love, of encouragement, or of gratitude to a spouse, partner, a friend - anyone. You can also bring your own ornament to help fill the branches of the tree.

Hitchcock will also use its Facebook and Instagram platforms to encourage people to participate in activities to find enjoyment in the many "National" day celebrations throughout the month such as National Make a Friend Day, Random Acts of Kindness Day, Love Your Pet Day and Pokémon Day. There will also be a Brimfield based brain teaser. Keep checking our Facebook for more ways to have fun this February with Hitchcock Academy!



Cornerstone Bank to award sixteen \$2,000 scholarships

SOUTHBRIDGE—Cornerstone Bank, a community bank with 12 locations throughout central Massachusetts, will be awarding sixteen \$2,000 scholarships to students in the area it serves.

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Cornerstone Bank is hoping to help 2021 high school graduates throughout their community pursue higher education and foster advancement in the fields of business and finance. The sixteen scholarships will be awarded to the students who best demonstrate achievement in academics, extracurricular activities and community involvement.

"Making sure the future leaders of America get a great education is so important to us at Cornerstone Bank,' said CEO Todd Tallman. "We are excited to be able to help students achieve their dreams every year to go into the business or finance industries. Access to a good education can be difficult for

many students, especially with how difficult this past year has been, so we hope the help we are able to provide to this group of graduates helps

them to reach their goals."

To apply for a scholarship, the student must:

Be a 2021 high school graduate Reside within 10 miles of a Cornerstone Bank branch or office

Anticipate being a full-time student at an accredited, degree-granting institution of higher education

Anticipate studying in a business or financial field

Demonstrate achievement and high standards in academics, extracurricular activities, and community involve-

Submit an official transcript and GPA from their guidance office

In addition, the student must choose one of the following prompts and submit a one-page typed essay: 1. Are there any challenges you have

had to overcome in your high school career?

2. What are your goals for the future, and how will this scholarship assist you in meeting them?

Applications must be submitted or postmarked to Cornerstone Bank by April 5, 2021. Please send all applications toscholarships@cornerstonebank.com, or mail to Cornerstone Bank Scholarship Committee: P.O. Box 370, Southbridge, MA, 01550. Selected recipients will be announced by the week of May 24, 2021. Scholarship funds will be disbursed to the student after successful completion of the first semester, and upon presentation of an official copy of the first semester transcript and second semester bill.

For more information, and to download the application form, please visit cornerstonebank.com/scholarships/.

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving residents. businesses and communities throughout Central Massachusetts. Our customer promise, Built on Trust, is not just a brand, but also a corporate focus. Whether a business or personal partnership, Cornerstone Bank rests on the loundation that relationships are built on trust. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender and SBA Preferred Lender. To learn about Cornerstone Bank's personal and business banking offerings, please visit cornerstonebank.

Becker College announces Dean's List for School of

WORCESTER — Becker College is proud to announce the Graduate & Professional Studies Dean's List for the Fall 2020

Graduate & Professional Studies

The Dean's List recognizes all full-time students (24 or more credit hours earned for the academic year; 12 minimum each semester - September through May) whose term grade point average is 3.50 or higher with no grade below a B- and no incomplete (I) or withdrawal/failing (WF) grades.

Jerrica Bradshaw of Auburn Diane Longobardi of Auburn

Founded in 1784, Becker College is an undergraduate and graduate, career-focused private college, providing a supportive and inclusive learning community that prepares graduates for their first to last careers. Nearly 1,700 students from the United States and around the world attend Becker College, which has campuses both in Worcester and Leicester, Massachusetts. With nationally recognized programs in nursing, game design and animal studies, Becker has been consistently ranked as a "Best College" for undergraduate education by The Princeton Review.

WEEK





Meet Liona and Griffin, 6 month old female & male domestic shorthair kittens. This bonded duo is striking to look at. Thay have the softest fur. Liona and Griffin are new and we are learning about them. They are nervous and get scared of loud noises. Liona is more nervous than Griffin. They are looking for an adult home who will be patient with them. They love to play and some of their favorite toys are the turbo scratcher, wand toys, and ping pong balls. Once they are comfortable they like to sit with you and snuggle. We believe at this time they are too nervous to live with a dog To learn more about Liona and Griffin and our Covid process please adopt@baypathhumane.org

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AUBURN NEWS STAFF DIRECTORY

EDITOR

Brendan Berube (508) 909-4106 news@stonebridgepress.news

LOCAL NEWS AND ADVERTISING Phone: (508) 764-4325 Fax: (508) 764-8015

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Country Bank supports community with more than \$1.3 million in donations

WORCESTER — Country Bank, a full-service financial institution serving central and western Massachusetts, proudly reported donations and sponsorships for 2020, totaling \$1.3 million. Through the bank's philanthropic efforts, it provides support to local non-profits throughout the communities it serves; in 2020, more than 400 of these organizations received generous donations. The pandemic has left businesses and individuals facing continued looming uncertainties. Many non-profits struggled from the economic fallout, and they looked to community partners like Country Bank for assistance. Country Bank donated more than \$500,000 to area hospitals and first responder housing efforts to provide the financial and tangible emergency resources needed to support their mission during the

"On behalf of the Southbridge Hotel, we are enormously grateful to the people at Country Bank for their support in assisting with the critical housing needs of the public safety persons and hospital staff in Southbridge. The leadership demonstrated by their President and CEO, Paul Scully, is remarkable. As one of our most important lenders, Country Bank has once again demonstrated a strong civic commitment and a true partnership with the business community, a partnership that goes above and beyond expectations," stated Chip Norton, Manager, of Franklin Realty Advisors LLC, and part owner of the Southbridge Hotel and Conference

Other organizations receiving support included the Boys and Girls Club of Worcester, the Greater Worcester Community Foundation, Why Me and Sherry's House, Provision Ministry, and the Worcester Youth Center.

Recognizing the importance and overwhelming need to help organizations that address hunger, Country Bank provided monetary donations to food programs throughout the region that exceeded \$100,000. The recipients of these funds included The Mustard Seed, St. John's Food Program, the Worcester County Food Bank, and many local food pantries.

"As a community partner, we care deeply about the sustainability of our communities. As such, and in recognizing the burdens that our communities have experienced throughout this year, we were honored to offer support

during what has been the most stressful time in our history. Supporting and enriching our communities is not only a part of our mission; it's simply who we are as an organization," stated Paul Scully, President and CEO of Country

2021 will continue to provide challenges to the non-profit sector, and they will once again rely heavily on their community bank partners to help them with their mission to help those they serve. Community banks are a critical resource and will be called upon to continue with much needed additional assistance in 2021.

To learn more about Country Bank's charitable giving program, visit www. countrybank.com/about-us.

Country About Country Bank is a full-service mutual community bank serving central and western Massachusetts with 14 offices in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton, and Worcester. Country Bank is a member of FDIC, DIF, and the SUM network. Country Bank can be reached at 800-322-8233 or online at countrybank.com.



ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone

Alexi Archambault of Auburn graduates from University of New Hampshire

DURHAM, New Hampshire — Alexi Archambault of Auburn graduated Summa Cum Laude from the University of New Hampshire in December 2020. He/she earned a BS in Genetics.

Students who received the honor Summa Cum Laude graduated with a GPA of 3.85-4.0: Students who received the honor of Magna Cum Laude graduated with a GPA of 3.65-3.84; and students who received the honor of Cum Laude graduated with a GPA of 3.50-3.64.

Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. Participating in the commencement ceremony is the act of honoring and celebrating academic achievement.

The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 13,000 undergraduate

and 2,500 graduate students. **LAND FOR SALE**

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Shepherd Hill Global Studies trip postponed again

BY JASON BLEAU CORRESPONDENT

DUDLEY/CHARLTON - Shepherd Hill Regional High Schools students will have to wait a little longer to explore the world beyond the United States. Due to the ongoing COVID-19 pandemic, the Global Studies trip to Europe has once again been postponed after being put on hold in early 2020 as the COVID-19 pandemic first began to take its toll on the national stage.

Mary Pierangeli, who is coordinating the trip, said at a January meeting of the Regional School Committee that she believes international and global awareness is essential to the education of Shepherd Hill students which is why these trips overseas are so important. Sadly, though the pandemic has caused many countries to keep their borders closed and thus made travel either impossible or extremely complicated requiring quarantines and COVID testing both upon arrival and return to the

"Last March, the trips to Eastern Europe were cancelled and many of those students moved to the 2021 trip. I certainly never thought that a year later we would be dealing with the same problem. However, the pandemic is not showing any sign of slowing down at the present time. Although we have two approved vaccines, the rollout of those vaccines has been slower than anticipated and the establishment of that heard immunity that would signal a beginning of more or less normal has been delayed. This problem doesn't exist just in the U.S., it exists all over the world. The European Union has closed its borders to most countries. They are also distributing the vaccine, but according to what I've read there is less availability, and they might not be able to immunize as quickly as we are in the United States," Pierangeli said.

She also noted the rise in a new COVID variant in the United Kingdom which has also caused concerns across

Pierangeli sadly admitted the trip couldn't take place further postponing the 35th annual excursion to Europe for Shepherd Hill. However, this creates more complications for students eagerly awaiting the trip, including soon-to-be graduating seniors. In total 51 seniors are registered for the trip along with 37 juniors and six sophomores. The difficulty comes with trying to accommodate all of these students after canceling the trip for a second time.

Several options were presented to the School Committee that were all approved for students to pick how they would like to proceed. The first is a tentative rescheduling of the trip to early August which would take place prior to the start of the year for most colleges allowing outgoing seniors a chance to attend. The committee also discussed a backup date of spring or summer 2022 in case the August trip cannot take place due to COVID. Finally, there is an option for students specifically seniors, to cancel their reservation and receive a fully transferable future travel voucher that would allow them to take the trip on their own or embark on a different trip of their choosing. The School Committee voted to approve the options brought forth by Pierangeli and charged her will reaching out the students about their options and the plans moving forward.

Open Sky's Bridge Training Institute launches virtual series on mental health in schools

Community Services recently announced the launch of its "Mental Health in School" series scheduled to begin virtually on Feb. 5, 2021 through the Bridge Training Institute. The Bridge Training Institute, headed by Suzy Langevin LICSW, LADC I, offers continuing education workshops and personalized consultation services that focus on evidence-based and best practice treatment models.

'Supporting students' mental health has taken on a whole new level of importance in light of the COVID-19 pandemic," said Langevin, Director of Training & Professional Development at Open Sky Community Services. "The Bridge Training Institute is grateful to have the opportunity to help support schools through these challenges, and in turn support their students through this crisis and the next steps.'

The Mental Health in Schools series provides a multi-faceted look at supporting social emotional learning and overall student mental health, from district-and-school-wide interventions to individual neurobiological development. Led by leading local experts in the field, Fran Kuehn, LICSW, and Dr. Sharon Saline, PsyD, these workshops will help all school personnel feel better equipped to impact their students' social emotional learning.

"There is no learning without relationships," says Fran Kuehn, LICSW. "The schools that will be the most successful in bringing kids back into the classroom after remote learning will be the ones who are focused on those relationships.'

For more information about Open Sky Community Services, please contact Lorie Martiska, lorie.martiska@ openskycs.org

For more information about the Bridge Training Institute and its 2020-2021 training calendar, please visit the website www.thebridgetraininginstitute.org or contact traininginstitute@ openskycs.org

About Open Sky Community Services Open Sky Community Services is dba for Alternatives Unlimited, Inc. and The Bridge of Central MA. Open Sky offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other challenges throughout Central Massachusetts. Open Sky Community Services has over 1,300 dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information, please visit www.openskycs.

* * Triday's Child



Kye Age 11

Hi! My name is Kye and I love to be outdoors!

Kye is a young boy of African-American and Caucasian descent who is looking for a family with room in their hearts and home to provide him with a forever family. He enjoys legos, sports, and video games. Kye does well when he has a chance to be outside; he loves to run and play. He also likes fishing and camping. Kye does well in school when properly motivated and enjoys interacting with other children, especially those that are older than

Legally freed for adoption, a family of any constellation will be considered for Kye, as long as they are willing to maintain his relationship with his sister. Kye does well in a home setting and benefits from structure and routine. Other siblings in the home

are okay, but it would be best if Kye could be the youngest. An active family is highly recommended, as Kye has a great personality with lots of energy.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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Valentine's Day Facts & Trivia

Wallethub reports 73% of Americans feel it's more important than ever to celebrate Valentine's Day this year given this state of the pandemic. While some festivities may have to be curtailed due to COVID restrictions, statistics show the basic sentiments of the romantic holiday will thrive this February 14th.

With this spirit in mind, this week's column will highlight Valentine's Day trivia and fun facts.

l o w e r

Power: Valentine's Day is one of the biggest flower buying holidays of the year. The red rose, representing love, remains the most popular flower purchased in the U.S. In fact, approximately 250 million roses, most of which are red, are produced for Valentines Day.

While most people know a red rose means "love," did you know the number of roses you give or receive also has significance? Interpreting a message from the number of roses sent and received is an old fashioned tradition that is making a comeback. Here is the rundown according to Teleflora:

One rose: Love at first sight, or years later "you are still the one."

Two roses: Mutual love and affection.

Three roses: The traditional three-month anniversary gift also simply means "I love you."

Six roses: Infatuation, or "I want to be yours."

Nine roses: Eternal love or "I want to be with



TAKE THE HINT **KAREN**

TRAINOR

you forever." 10 roses: A perfect 10 means "You are perfec-

tion." 12 roses: A dozen means "be mine forever."

24 roses: If one dozen says "be mine," two dozen says "I'm yours." whether you want it or

25 roses: This means "congratulations."

36 roses: Three dozen says "I'm head over heels in love" or "I will remember our romantic moments."

40 roses: Forty roses says what 10, 20, or 30 can't: "My love for you is genuine."

Valentine History: According to the Greeting Card Association, 145 million Valentine's Day cards are exchanged each year! Did you know the nearby city of Worcester boasts a historical link that cements its place in the early history of Valentine's Day cards? The Central Mass city was hailed as the "Valentine Capitol of the World" well into the 20th century, thanks to an innovative Worcester woman who is credited with turning the lace valentine into a major industry.

The first American made valentines were sold for Valentine's Day, 1849, designed and made by Esther Howland, the daughter of a Worcester stationer. So impressed was Esther when she received a fancy English valentine shortly after graduating from Mount Holyoke College in 1847, that she returned to her Worcester home inspired to recreate the embossed, lacy cards.

Miss Howland began by hiring her friends to assemble the valentines, working from the Howland home on Summer Street. The ornate cards often included gilded lace and colorful European decals.

Esther's valentines were a huge success and within a few years, she built her cottage business into a \$100,000 a year enterprise. In 1879 she partnered with Edward Taft of North Grafton to establish the New England Valentine Company (NEVCO).

remarkable The achievements of Esther Howland did not go unnoticed, earning the 19th century entrepreneur the title of «The Mother of the American Valentine," and ensuring her place in both local and national history.

Today, collectors covet original Esther Howland valentines, which are identified by embossed paper lace, floral motifs, and bright paper backgrounds. Howland cards often bear a red H on the back. "NEV CO" is embossed on later cards.

V-Day Fun Facts:

*Cupid, another symbol of Valentines Day, became associated with it because he was the son of Venus, the Roman god of love and beauty.

*The expression "wearing your heart on your sleeve" has origins in a Victorian Valentine's Day tradition. Girls would write their names on paper, which would drawn by young man. Once drawn, the man would "wear" the girl's name on his sleeve to claim her as his valentine

To wear your heart on your sleeve now means that it is easy for other people to know how you are feeling.

* For centuries it has been claimed that certain scents have aphrodisiac qualities, with no reliable evidence to back up the claims However, in 1998, neurologist and psychiatrist Dr. Alan Hirsch published some intriguing findings, which people are still buzzing about

His research revealed women are attracted to the smell of black licorice, citrus, and banana nut bread. The study found men felt romantic when they smelled baked cinnamon buns, pumpkin pie, and laven-

Charlton signs new cable

access contract with Spectrum

der. Surprisingly, cinnamon rolls were found to prompt favorable romantic reactions from both men and women.

*The Chocolate Connection: Dr. Hirsch also noted the euphoria of falling in love and chocolate may be connected because phenyl ethylamine is elevated during the early stages of infatuation and attraction. Since chocolate contains this chemical, both chocolate and falling in love will produce similar changes in brain chemistry, he noted.

According National Retail Federation, one four people will give Valentine's Day gifts to their pets this year.

*Alexander Graham Bell applied for his patent on the telephone, "Improvement Telegraphy", on Valentine's Day, 1876.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening Box 90; News, PO Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

13 16 19 22 23 25 33 35 37 38 42 43 48 50 53 56

CLUES ACROSS

- 1. Composed
- 5. Lesotho currency
- 9. Ethnic group associated with Hungarians
- 11. Gains knowledge of
- 13. Gradual destruction 15. Purchase
- 16. Pharaoh of lower Egypt
- 17. Where you're going
- 19. The 6th letter of the Greek alphabet
- 21. Fishing net
- 22. Midway between south and southeast
- 23. A way to sort
- 25. C C C
- 26. Popular sports podcast (abbr.) 58. Redgrave, actress
- 27. Discount
- 29. Consumes tobacco

- 31. A way to run
- 33. Popular musical awards show
- 34. Pertains to the male sexual organ
- 36. Supplements with difficulty
- 38. Green veggie
- 39. Deep-bodied freshwater fish
- 41. Holy fire
- 43. Usually has a lid
- 44. Being of use or service
- 46. Have a yen for
- 48. Unknowingness
- 52. Dry white wine drink
- 53. Unwinds
- 54. Traveling by sea
- 56. Outdoor entertaining areas
- 57. Stringed instruments
- 59. Moves earth

CLUES DOWN

- 1. Progressive decay of a bone or tooth
- 2. Burrowing rodents
- 3. French/Belgian river
- 4. A professional cleaner
- 5. A Russian river
- 6. Kiln 7. True statements
- 8. Most private
- 9. French city 10. Masses of fish eggs
- 11. Apart from others
- 12. Monetary unit of Samoa
- 14. Nanosecond 15. Film
- 18. Men's fashion accessories

26. Former monetary unit of Spain

- 20. Flowering shrub 24. North Carolina university

- 28. Foodies
- 30. New Zealand parrot
- 32. Makes very happy
- 34. A payment required for not fulfilling a contract
- 35. Emerald Isle
- 37. The act of terminating someone's employment
- 38. Gland in some mammals
- 40. Commoner
- 42. Large animals
- 43. Belch
- 45. Employee stock ownership plan
- 47. Work units
- 49. Wagon
- 50. Nerve fiber
- 51. Proclaimed

55. Japanese delicacy

Charter Communications for another decade and beyond. Selectmen took up the matter of the new contract during a meeting on Jan. 26 where they consulted with General Counsel William August and Cable Access Committee member Eric Borgeson who both saw the contract as an improvement on the previous fiveyear deal that expired in 2019. The Cable

> much of 2020 to finalize an agreement. General Counsel William August said that he and other working on the contract felt "very good" about the deal calling it "solid" and a "strong package."

> Access Committee worked through

BY JASON BLEAU

CORRESPONDENT

has approved a new contract with

Spectrum continuing a partnership with the company previously known as

CHARLTON - The town of Charlton

'We all felt confident – It ensures the continuity of these local facilities that are, in most towns, growing in importance especially with the pandemic where you want as much connectivity and technology options for connectivity as possible," August told selectmen.

The agreement including annual Public Education Governmental Access Funding to continue three local community television channels. It also includes a one-time equipment of capital grant form community television studios, equipment and facilities of \$90,000 payable in the first year of the contract. The contract is also double the commitment of the previous deal with ten years guaranteed rather than the five years of the previous contracts.

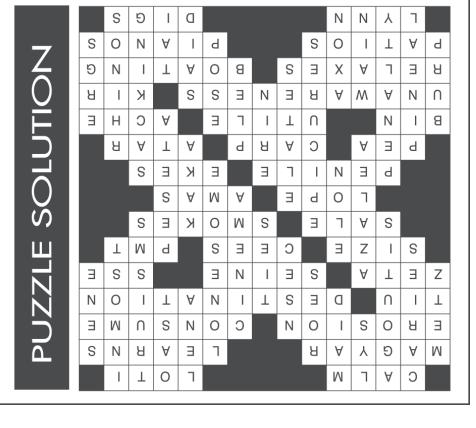
"That's good for multiple reasons," August said. "I think it's important to mention for the public and for selectmen, this is a non-exclusive license. We often hear questions at public hearings 'why is there only one cable company' and 'the town must've given them some kind of exclusive deal.' No, we negotiated a very clear-cut non-exclusivity which Spectrum is always willing to do when requested and inserted by the town - Should competition arise and show interest you have a non-exclusive license. The door is open. Not that everyone is applying for competitive licenses right now, but the pendulum

swings back and forth on that.' Eric Borgeson of the Cable Access Committee also spoke highly of the deal encouraging selectmen to support the

'This is a ten-year contract, and this is with a company that is changing rapidly," Borgeson said. "Who really has cable service anymore? Well, everybody really does, but it's not your traditional TV service. It's really about the Internet. It's about the Zoom calls. It's about doing what we're doing today and that's what the committee really strove to protect and make sure that as the industry changes that we are

Borgeson called the deal a "good solid foundation" that puts the town in "a great position now and down the road for broadcasting on cable."

Selectmen unanimously approved the new contract securing a cable access strategy for the next decade.





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Alumna speaks at Worcester State's Girls & Women in Sports event

WORCESTER The Worcester State University Athletics Department celebrated National Girls & Women in Sports Day on Wednesday afternoon with a virtual event featuring Lancer soft-

ball alumnae Marissa

Avanzato '16.

Celebrated annually, National Girls & Women in Sports Day, powered by the Women's Sports Foundation, "inspires girls and women to play and be active, (and) to realize their full power," says the Women's Sports Foundation on their website. "NGWSD honors the achievements of female athletes, coaches and leaders and continues to Lead Her Forward by acknowledging the power of sports to unlock her limitless potential."

Avanzato was a three-

fire department at the

year member of the Lancer softball team, where she helped lead Worcester State to the 2016 MASCAC Championship and was a three-time Spring All-Academic team selection, while also a three-year member of the Student-Athlete Advisory Committee (SAAC). She was the President of Lambda Pi Eta, Worcester State's

> Society. After graduation, Avanzato began her career in athletic communications at Villanova University, serving as an intern. After one year, she began a graduate assistant position at Eastern Tennessee State University, and in 2019, began her current role serving as Assistant Director of Athletic Communications Texas A&M University.

Communication Honor Society, as well as a

member of the Chi Alpha

Sigma Athletic Honor

Her career in collegiate athletics started almost as soon as she stepped foot on Worcester State's campus as a freshman in the fall of 2012. She was granted federal work-study, and began working for Worcester State baseball coach and work-study manager Dirk Baker. "That was my first real start in anything in collegiate athletics," she said.

Being around the baseball team, Avanzato believed she would follow in her brother's footsteps, as he works for the New York Yankees, before her senior year when she realized she could make a career in college athletics. "I started shadowing (then sports information director) Nikki Narducci a ton, which gave me a lot of experience. I learned (the statistics programs), writing, and a handful of other things that I never even knew about. Avanzato admitted that

she still didn't have an abundance of experience after graduation, but that persistence was what got her into the athletic communications field. "I still have this on my Mac, I applied to 32 different internships, graduate assistant positions, and marketing, social media, and sports information positions," she said to the student-athletes. "Villanova ended up being the one that gave me my first shot, and I learned a ton in that first year."

What Avanzato ultimately took from the experience of applying for 32 jobs, and what she preached to the Worcester State student-athlete was to "never give up, and just keep shooting.

As primary media contact for the Aggie women's volleyball and softball programs, Avanzato regularly travels around the country with the teams. Spending time with these college athletes has made her realize that the relationships she gained after walking onto the Worcester State softball team her sophomore year are her fondest memories of her four years on Chandler Street. "Even in quarantine, a few of us got on a Zoom together," she said. "I haven't seen these people since six years ago, and it was amazing to see where we all were.

'The relationships that we built, the opportunity to play the game we love, and being able to say I was a college athlete have all become part of my career. Being an sports information director is about the closest thing to not being an athlete anymore. That's the reason I love being an SID so much - the relationships I get to build with my players, and watching them succeed and grow as players."
"I would like to send

a huge thank you to Marissa for coming on and speaking with our student-athletes." said Worcester State Director of Athletics Michael Mudd. "I think our women student-athletes here at Worcester State are rockstars. They have continued to succeed not only in competition, but in the classroom, in the community, and even some on the frontlines of the pandemic."

Selectmen set priorities for 2021

BY JASON BLEAU

CORRESPONDENT

CHARLTON Selectmen in Charlton have made their priorities know for the first half of the concluding half of the 2021 fiscal year ending this June.

Town Administrator Andrew Golas had requested that all of the selectmen in town give him a list of priorities through the first half of 2021 to help guide dis-cussions in the enuing months. On Jan. 29, Golas revealed the results showing that making progress on a new fire station was the most listed priority while the remaining goals provided a variety of focusses across the board.

Karen Selectmen Spiewak, Bill Borowski and Patricia Rydlak all listed the fire station as a priority that needs to be

addressed over the next six months. In addition to the fire station, Selectmen Borowski chose to prioritize improving the financial stability and balanced budgeting of the town, continue to address traffic issues and reviewing other infrastructure needs in the town. Selectman Spiewak chose to prioritize performance evaluations for department heads and the town administrator, create better tools for customer service and establish a policy relative to access to legal counsel. Selectman Rydlak also wants to prioritize performance evaluations but also wants to town to put more focus on spotlighting volunteers and related needs as well as communications with the board concerning interdepartmental

While Selectman David Singer didn't have the top of his list, he moving to a true Department of Public Works was a priority he would like to see addressed. Among Singer's other priorities were reducing an eliminating certain fees, making progress on aggressive water projects and putting a sex offender bylaw, which Singer has been working on alongside Selectmen Borowski. on a 2021 town meeting warrant. Selectman Stephen Koronis was not able to submit his priorities prior to the meeting but did say that many of his concerns were "pretty much covered" in the priorities set by his fellow selectmen.

Golas said he plans to work with selectmen both one-on-one and as a group to determine how to best approach some of these goals before the end of the fiscal year.



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how the tax system works, so I went back to school to complete my Bachelor's of

Science in Accounting. Over the years, I have worked closely with many different small business owners ranging in fields from automotive, restaurants, salons,



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retail, rental properties, and much more!

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Endicott College announces local Dean's List students

 ${\tt BEVERLY}-{\tt Endicott}$ College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2020 Dean's List students. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no with-drawal grades, and be enrolled in a minimum of 12 credits for the semester.

The following students have met these requirements:

Charlton

Demers, Biology/ Hailey Biotechnology, Steve Demers Demers and Sarah Horgan, Interior Design, Elizabeth Horgan and Timothy Horgan Emma Hurley, Libl Studies/Education, Lisa Hurley and Gregory Hurley Payton Krukonis, Nursing, Donna Krukonis and Stephen Krukonis Brvnne Mandeville, Hospitality

Management, Tina Mandeville and Paul Mandeville

Douglas

Lauren Bek, Hospitality Management, Mary Anne Bek and Stephen Bek Leah Haire, Liberal Studies, Christine Haire and Colin Haire Maddison Murray, Libl Studies/ Education, Diane Beals and Timothy Murray

Grafton

Stephanie Butler, English, Pamela Butler and Gary Butler Abigail Seely, Art Therapy, Sarah Kasanovich and Darren Seely

Milford

Hannah Currie, Hospitality Management, Ann Currie and Kaylee Harmon, Hospitality Management, Doreen Zinck-Harmon and Thomas Harmon

Megan Larouco, Nursing, Cheryl

Isabelle Mathieu, Interior Architecture, Michelle Simpson Mikayla Michelson, Digital Media, Karen Michelson and Gary Michelson Jillian Paccico, Nursing, Nara Paccico and Lawrence Paccico Maggie Rothberg, Hospitality

Management, Lynn Rothberg Marc Rothberg and

Millbury

Dunne, Art Therapy, Megan Pamela Dunne and John Dunne Megan Nursing, Lawson, Kelly Lawson and Paul Lawson Victoria McGovern, Engineering, Carolyn Leary and Robert McGovern Jacquelyn Pariseau, Biology/ Biotechnology Finance, Gina Pariseau and Craig Pariseau Kasey Teixeira, Nursing, Susan Teixeira and Joseph Teixeira

Northbridge

Maeve Buckley, Libl Studies/Education, Gail Buckley and Mark Buckley

Victoria Sheehan, Nursing, Donna

Sturbridge

Sheehan and Brian Sheehan

Melissa Izzio, Interior Architecture,

and Brian Sutton

Isabella Fitman, Interior Design, Julie Fitman and Thomas Fitman Claudia Houde, Marketing, Melissa Houde and William Houde

Nicholas Maselek. Andrea Maselek and Scott Maselek

Upton

Maria Buono, Mrktng Comm/Advertising, Diana Buono and Joseph Buono

Mackenzie Morgan, Finance, Gail Morgan and Daniel Morgan Kaitlyn Schimp, Nursing, Shannon Schimp and Christoper Schimp

Uxbridge

Kiara Griffith, Nursing, Kimberly Griffith and Mark Psychology, Carla Erin Jones, Jones and Michael Jones Payton Nestor, Nursing, Nestor and Scott Nestor

Webster

Cassidy Thorpe, Nursing, Jennifer Thorpe and Jeffrey Thorpe

Whitinsville

Nicole Cella, Interior Design, Diane Cella and Christopher Cella

Endicott College Endicott College offers doctorate, master's, bachelor's, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites in Boston, online, and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with internship opportunities across disciplines. For more, visit endicott.edu.

QCC awarded Donnelly Workforce Success grant

WORCESTER — Quinsigamond Community College was one of only two community colleges awarded a 2020/2021 Kenneth J. Donnelly Workforce Success Grant for Expanded Training Capacity & Employment Program Performance.

QCC was awarded a \$197,183 Grant that will provide funding for unemployed residents to take part in the College's Administrative Medical Professional Program. Donnelly Workforce Success Grants serve people across Massachusetts whose life experiences and circumstances make it difficult for them to succeed in employment without targeted support. QCC's Workforce Development and Continuing Education (CWDCE) will provide training and placement services for 40 eligible, unemployed residents in the Central MA region.

Eligible students who take part in the program can realize a career as a Medical Administrative Assistant in a variety of healthcare settings such as hospitals and health systems, physicians' offices, clinics, long-term care facilities, surgery centers, ambulatory surgery centers, rehabilitation centers, and other types of healthcare settings. Students in the program will learn the roles and responsibilities of a healthcare team, interpersonal communication, medical records management, compliance with HIPAA, and diagnostic and procedural coding. Students will also learn how to handle medical emergencies to prepare for, and appropriately respond to various life-threatening emergencies in the medical office setting. The U.S. Bureau of Labor Statistics projects that from 2019 to 2029, Medical Administrative Assistants will more than quadruple the job growth rate of all other occupations.

"We are presently recruiting for two classes that will begin in the Spring/ Summer," said Kathie Manning, dean of the CWDCE. "This program includes all materials, as well as the certification test.'

Students enrolled in the program are expected to work a minimum of 30 hours per week (remote or in-person) once they have completed the course and obtained certification. Students who complete the program and are employed for 60 days at 30-hours-a-week are eligible to receive a \$500 stipend.

"To maintain a competitive and sustainable economy, Massachusetts must continue to invest in a skilled and welltrained workforce," said Governor Charlie Baker. "These grants will give workers and companies the opportunity to gain access to occupations critical to the future economic success of the Commonwealth."

To learn more about the program, email cce@gcc.mass.edu or call 508-751-7900.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

Local students named to Holy Cross' Fall 2020 Dean's List

WORCESTER — A total of 1,453 students were named to College of the Holy Cross' Dean's List for outstanding academic achievement during the fall semester of the 2020-21 academic year. The following local students made the

Charyl Kahale of Auburn, a member of the Class of 2022, majoring in Political

Peter Oliver of Auburn, a member of the Class of 2022, majoring in Chemistry Elisabeth Villa of Auburn, a member of the Class of 2022, majoring in

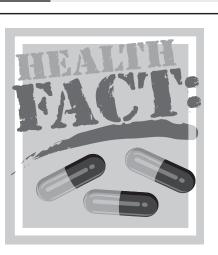
Olivia Curnen of Auburn, a member of the Class of 2023, majoring in History To qualify for the Dean's List, students

must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

About Holy Cross

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.





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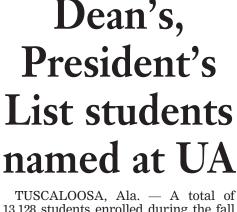


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• 1879: THE ENGLISH CRICKET TEAM IS ATTACKED DURING A MATCH IN SYDNEY.

1963: PRESIDENT JOHN F. KENNEDY DECLARES VARIOUS INTERACTIONS WITH CUBA BY U.S. CITIZENS ILLEGAL





TUSCALOOSA, Ala. — A total of 13,128 students enrolled during the fall 2020 term at The University of Alabama made the Dean's List with academic records of 3.5 or above (on a 4.0 scale), or the President's List with academic records of 4.0 (all A's).

The UA Dean's and President's Lists recognize full-time undergraduate students. The lists do not apply to graduate students or undergraduate students who take less than a full course load.

Christopher Keyes of Auburn was named to the Dean's List.

Nicolas Spanos of Auburn was named to the Dean's List.

Bridget White of Auburn was named

to the Dean's List. The University of Alabama, the state's

oldest and largest public institution of higher education, is a student-centered research university that draws the best and brightest to an academic community committed to providing a premier undergraduate and graduate education. UA is dedicated to achieving excellence in scholarship, collaboration and intellectual engagement; providing public outreach and service to the state of Alabama and the nation; and nurturing a campus environment that fosters collegiality, respect and inclusivity.

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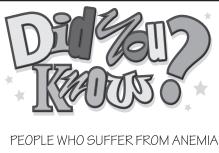


ENGLISH: Pulse **SPANISH:** Pulso

ITALIAN: Battito

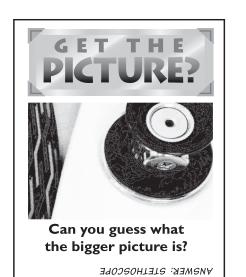
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OPINION/COMMENTARY



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Frank G. Chilinski

EDIEGRIAL

Why we listen to the groundhog

Tuesday, Feb. 2 was Groundhog Day, and it was reported that Punxsutawney Phil came out of his burrow at Gobbler's Knob, where he saw his own shadow. This means that we will have six more weeks of winter. We'll take it!

This North American tradition is derived from the Pennsylvania Dutch superstition that if the groundhog sees it's shadow due to clear weather, it will go back to its den and winter will last just a few weeks longer. If the animal does not see it's shadow due to the clouds, spring will come early.

This lore originated from German speaking areas where the groundhog is considered the most accurate forecasting animal. Each year, a Groundhog Day ceremony is held in Punxsutawney, Pa., and is always well attended.

The Pennsylvania Dutch, immigrated from German speaking parts of Europe. Groundhog in German is 'grun'daks.' In Europe, the Germans had an existing tradition of marking Candlemas as 'Badger Day,' where if a badger appeared on a sunny day, casting a shadow, winter would be extended. In some areas a bear or a fox took on the forecasting responsibility.

In Irish folklore, St. Brighid's Day, Feb. 1, is the first day of spring, which begins the farmer's year. Seeing a hedgehog was a sign of good weather.

The earliest mention of Groundhog Day appeared in 1840, in the diary of James L. Morris of Morgantown, Pa., who was talking about his German neighbors. In 1886, the observance of Groundhog Day was mentioned in the Punxsutawney Spirit newspaper. It noted, "Up to the time of going to press, the beast has not seen its shadow." One year later, a group of townspeople went to Gobbler's Knob in search of the groundhog and so began the tradition. Pre-COVID, gatherings to celebrate in Punxsutawney grew as large as 40,000.

Clymer Freas, who was born in 1867 and passed away in 1942, is said to be the one who created the idea of Groundhog Day. Freas was the Editor of the Punxsutawnev Spirit. In 1899, a Groundhog Club was formed in town including a hunt and a feast. It is said that groundhog tastes like a cross between chicken and pork. We'll pass on finding out.

In 1993, Bill Murray and Andie MacDowell starred in the comedy "Groundhog Day," which is now considered a cult classic. We must admit to enjoying Mr. Murray more in "What About Bob?" but that's an editorial for another time. Baby steps.

Antique finds



ANTIQUES,

COLLECTIBLES

& ESTATES

WAYNE TUISKULA

There has been a lot of antique news since my last antique and collectibles news column. Three important antique finds have been reported within the past

month, beginning with some coins that were literally uncovered in Poland.

The Archaeological Institute of America reports that medieval coins were recently found in a Polish cornfield. Archaeologist Adam K dzierski was researching the 1935 discovery of a hoard of coins when a local priest informed him that it was rumored that there were additional coins still buried in the field. K dzierski found a "900-year-old hoard, stored in linen pouches placed in a pot, includes Czech, Danish, Hungarian, and German coins; lumps of silver; fragments of lead; and four gold rings." The

more than 6,000 pieces were believed to have been the dowry of Maria who was a sister of Princess Zbysława of Russia. Maria was also believed to be the "daughter of Svyatovslavovich Isiaslovovich, Prince of Kiev" according to the Archaeological Institute of America. It is believed they were buried "during a time of turmoil in 1146." Further investigation of the area is being

The Smithsonian Magazine reports that a Geneva, N.Y. man (David Whitcomb) found a treasure trove of photographs in the attic of a building that he recently purchased to open his law practice. The two previous building owners were unaware of the attic's existence because a drop ceiling had been added to the top floor decades ago that hid the view of the attic. Along with the photographs, Whitcomb found frames, old cameras, and backdrops. The Smithsonian reported that "according to Ben Hooper of United Press International (UPI), the items probably belonged to James Ellery, or J.E., Hale, a prominent photographer active during the late 19th and early 20th centuries. Hale's name was written on many of the objects in the attic, including letters and photographs, and he once owned a studio next door to the New York building." Two of the photos were of famous figures from the women's rights movement, Elizabeth Cady Stanton, and Susan B. Anthony. Hale took the photo of Susan B. Anthony in 1905, a year before she died. David Whitcomb con-

signed the collection to a nearby auction house. The collection is expected to sell for \$100,000.

The Canadian Broadcasting Company (CBC) reported that an Edmonton, Alberta antique dealer (Alex Archibald) recently purchased a home that had belonged to a hoarder. He paid \$10,000 for the property, sight unseen. The home and contents were the estate of a local piano teacher (Bette-Jean Rac) whom Archibald had known before she passed away. A grand piano initially caught his attention. He has turned up many more valuable objects since he purchased the home and has been searching through it. Archibald found typical things you would

expect to find in an old estate including clothes, shoes, books, and magazine. He found many more valuable objects as well though. Archibald said, "our most impressive finds included wallets full of cash, a 100-ounce silver bar, and bags full of gold and diamond rings." He found some of the clothing to be valuable pieces by well known designers. The estate items were sold in three auctions which ended up bringing \$400,000. Archibald kept the grand piano and moved it to his antique shop. He may not be able to hit a higher note than he already has though.

We are still accepting quality consignments for our spring multi-estate online auction such as gold jewelry, sterling silver flatware, antique paintings, coins, and other older collectibles. Our online auction with paintings from the estate of equestrian artist Fay Moore ends on February 17th. Our next online auction Session 2 of antique, vintage, and contemporary toys will soon be available for

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Aglaonema 'Siam Red' (Red Chinese Evergreen) is a popular low light plant that can brighten up any space with its

Low light, low maintenance houseplants



GARDEN **MOMENTS** MELINDA **MYERS**

Don't let a lack of brightly lit windows stop you from gardening indoors. Include some low maintenance, low light houseplants and maintenance strategies to boost your success.

Low maintenance gardening starts with proper plant selection. Match the plant to the growing conditions and your gardening

ZZ plant is a favorite low light, low maintenance plant. You will see it in hotels and shopping malls where light and care are often limited. Avoid overwatering that can lead to root rot and death of this plant.

You will need to do a bit of searching to find a few of the newer ZZ plant varieties. Zenzi is compact with curled leaves while Raven has dark purple black foliage that contrasts nicely with green and chartreuse leaves of nearby plants.

Peace lily is another popular low light plant found in a variety of public places. It requires moist soil to thrive, making it the perfect plant for those that tend to overwater. Increase your success by mixing organic Wild Valley Farms' wool pellets (wildvalleyfarms.com) into the potting mix. This sustainable soil additive retains moisture, reducing watering by up to 25 percent. It also adds air space, improving the growing conditions for all indoor plants and helps reduce the risk of overwatering.

Pothos and philodendron are traditional low light favorites. New cultivars provide a fresh look to these indoor beauties.

Neon pothos has vibrant neon green foliage sure to brighten any spot in your home. Pearls and Jade has smaller cream and green variegated leaves. It is slower growing but just as tough as other pothos. Show off their trailing habit in a hanging basket, container displayed on a shelf, or set upon a pedestal.

You'll find a variety of philodendrons for your indoor garden. Brasil has dark green heartshaped leaves with a golden stripe down the middle. Brandi, another trailing philodendron, has olive green heart-shaped leaves with silver splashing. These can be allowed to trail or trained up onto

Golden Goddess has larger chartreuse leaves that make a dramatic statement in a home or office. When small, it is great for desks and tabletops, but you will need to transition it to a floor plant as it climbs its support, growing up to six feet tall. Or add a subtle touch of orange with Prince of Orange. The new leaves of this shrubby philodendron emerge a coppery orange and eventually age to green. It grows 24 or more inches tall.

The name says it all. Cast iron plant is tough and tolerant of low light and benign neglect. Individual long strappy leaves sprout from the ground to create a mass of greenery. This growth habit has made it a popular groundcover in milder climates. Variegated varieties with splashed or striping can be difficult to find but add to its beauty.

New varieties of Chinese evergreen have found their way into many garden centers. Their green leaves may have silver highlights like those of Calypso. Cecila and Golden Bay. Or add a bit of red

if these moves make sense for your needs. If they do, you may want to start incorporating them into your long-term investment strategy.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.anto-

Tax-smart investment moves for higher earners

If you earn a lot of money, you may also pay a lot in taxes – a fact that's particularly relevant now, as we are well into tax-filing season. At this point, there's not a lot you can do to affect the outcome for the 2020 tax year, but if you want to change your tax outlook for the years ahead, you can make several moves.

Here are a few "tax-smart" investment strategies to con-

as much as you Put 401(k). into your By contributing pretax dollars to a traditional 401(k), you'll reduce your taxable income, and your earnings can grow tax deferred. If you have a Roth 401(k) option, you'll put in after-tax dollars, but your withdrawals - earnings and contributions – will ultimately be tax-free, as long as you've had your account at least five years and you're older than 59 and a half when you start taking money out. In 2021, you can put up to \$19,500 into your 401(k), or \$26,000 if you're 50 or older. However, depending



FINANCIAL Focus

DENNIS ANTONOPOULOS

on your employer's plan, you may also be able to contribute additional after-tax dollars, so check with your plan administrator about your options.

Review Roth IRA strategies. As a high earner, you may face limits on what you can contribute to a Roth IRA, which, like a Roth 401(k), offers the potential for tax-free earnings. You lose eligibility to contribute to a Roth IRA if your adjusted gross income equals or exceeds \$140,000 (single filers) or \$208,000 (if you're married and file jointly). Through a "backdoor" Roth IRA conversion, though, you could make after-tax contributions to a traditional IRA and convert it to a Roth. This strategy could be advantageous if you expect your tax rate to be higher when you retire. Consult with your tax advisor to determine if this move is appropriate for vour situation.

Look at municipal bonds. Because interest payments from municipal bonds are typically exempt from federal taxes, and often state and local taxes, too, these bonds can be attractive to investors in the higher tax brackets. Income from some types of municipal bonds may be subject to the alternative minimum tax (AMT), so, if you end up having to pay this tax, you'll want to be clear about what types of bonds you're purchasing.

Consider investing tax-efficient mutual funds. When most mutual fund managers buy and sell the individual investments within their funds, such as stocks and bonds, they are primarily interested in trying to achieve the goal of the fund itself - growth; growth and income; and so on. However, many of their trades have tax consequences. But managers of funds billed as tax-efficient will consciously try to minimize the moves that

can generate taxes. Follow buy. and-hold strategy. If you're frequently buying and selling investments, you could incur sizable taxes, especially if you sell investments you've held for less than a year, in which case your profits would be taxed at your ordinary income tax rate. If you sell investments you've held for more than a year, you'll be assessed the long-term capital gains rate, which will likely be lower than your individual tax rate.

Your financial and tax advisors can help you determine

nopoulos@edwardjones.com.

Turn To GARDENING page A9

Derbies offer fantastic fishing



Left to right: Rob Sullivan, Lary Lyons and Brian Lightbound at the 200 Sportsmen's club this past Saturday.

This past weekend provided a couple of days for anglers to enjoy some great ice fishing locally. Although the ice was not the best to fish on, anglers attended many ice fishing derbies that were held in the area. The 200 sportsmen's club in Webster had over 75 anglers fishing the club's derby. Pond Chairman Rob Sullivan did a great job signing up the fishermen and recording the catch of bass, perch, & pickerel. A report of a couple of Eagles flying over the pond prior to my arrival was interesting. The Eagles in the Valley area are the direct results of sportsmen's monies being used for this great restoration project. This week's picture shows Sullivan, Joe Foisy, and Brian Lightbound. Foisy

had caught a big 17-and-

bass, and released it. Captain Mel True and his buddy Brett, also had a great day fishing. landing numerous brook trout and yellow perch, as did many other con-

After leaving the 200 sportsmen's derby, I visited a few other ponds in the area that all had fishermen on them. Some ponds had good ice, while others were marginal for safety. The following day anglers were out in force again, enjoying a few hours of fishing before the big football game that evening. Some areas had slow fishing, while others had a great day with anglers chasing flags.

It looks as though striper fishing this year will have the same regulations again, with the only change requiring

a-half-inch largemouth commercial rod and



THE GREAT **OUTDOORS RALPH TRUE**

reel anglers to use circle hooks. The slot limit for stripers will again be implemented for recreational anglers as of last word. Massachusetts anglers will again enjoy an early season for seabass, with a limit of five fish daily. Rhode Island anglers are hoping for an early season on seabass, and are also hoping for a reduction in length for summer flounder to 17 inches for recreational anglers. Wishful think-



This week's picture shows Cole Bromley with a few of his friends that limited out on nuisance Canada geese last week. They brought along their friend Cody, who is a paraplegic friend

The late Canada Goose season will end on Feb. 15 in the Central District, but it was not before Cole Bromly and his buddies harvested their limit of 5 birds, as this week's picture shows. brought along their good friend Cody, who is a paraplegic, but that did not stop him from enjoying the hunt. It takes good friends to bring along handicapped sportsmen on their hunting and fishing trips, many of whom are

war veterans. With the absence of sportsmen's shows this vear because of the pandemic, many sportsmen are visiting their local bait and tackle shops in the valley, for their fishing gear, or shopping online. It is a shot in the arm for the small tackle shops that have survived, but at one time there were two or three in every town in the valley.

Harding's Boat livery on the Meadow Pond in Whitinsville had supplied live bait and boat rentals for many years. Francis Joslin had a tackle shop in the basement of Bakers Dept store in the town of Whitinsville, and Police Chief Vic Nelson of Douglas, also ran a small tackle shop on Main Street in that town back in the day, to mention a few.

There was also a Bait & Tackle shop in Douglas in back of the Goodness store not that long ago by the Manning family, and even this writer sold live bait from my home for a number of years. My brother and I also sold live bait at our home on Main street in Whitinsville to local anglers. We erected a huge sign on the lawn advertising crawlers and garden worms for sale when my mother was at work. It had a huge nightcrawler standing six feet

high, painted with a face smiling. which we thought was great, until my mother came home and had us remove the sign immediately. We were not happy! I sure wish I had a picture of it.

There were a few shiner fishermen using nets to catch bait to sell to local bait shops. Huge seins were used by a couple of men in areas like the Mumford River, which yielded thousands of red fin shiners per day. Numerous large snapper turtles were often caught in the nets and were given to George Bramen (a member of the Whitinsville Rod & Gun Club) which he used to make turtle soup. It was delicious! Ah, the Good

Old Days! Take A Kid Fishing & Keep Them Rods Bending.

The guiding power of influence

Positively

SPEAKING

GARY W.

I've spent my week reading and pondering the guiding and power of influence. The influence others have on us as well as the influence we have on others. Influence is power and it is a double-edged sword. There's of course positive as well as negative influences, and we must choose who we associate with wisely.

The late Motivational/Inspirational Speaker, Jim Rohn, said, "You are the average of the five people you spend the most time with.'

This is going to be a working column, as I am going to ask you to do more than just read. I'd like you to participate. Ask yourself, "Who are the five people you spend the most time with now," and who were the five people you spent the most time with during your formative years as a child?'

This exercise will help you understand the influence people had on you and are having now. When you were young, if the kids you hung around with smoked, you are/were probably a smoker. If they were shoplifting, you probably joined in. And if they were good students who took their education seriously, you were probably a good

Our greatest childhood influencers were usually your caregivers ... your parents and guardians. My sisters and I laugh and often talk about how we are still influenced today by our parents. It's unavoidable. As Rohn said, we are the average of the five people we spend or spend the most time with.

My mother certainly understood the power of influence, as I can hear her saying, "Don't hang around that kid. He'll only lead you into trouble." She understood, not from education but from experience.

GARDENING

continued from page A1

to your indoor garden with be Red Gold and Ruby Ray Chinese evergreen.

Low light indoor plants allow you to add greenery where you once thought it was not possible. Their added beauty will help lift your spirits, reduce stress, and increase focus while improving your indoor air quality.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything"DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Wild Valley Farms for her expertise to write this article. Myers' Web site is www.MelindaMyers.com.

I spent the



influenced my life. My second request is that you do the same, but let's begin with a reflection of now. Who do you hang around with? Who are the five people you spend the most time with?

Once you have the list, take each name, and make notes. Do I want to imitate them? Is their quality of life what I want for mine? What are they doing to me? How are they influencing me? Has my time with them changed me? And is that okay?

If you will take a hard, honest, and serious look into your associations, you will be surprised. Positive influences and examples will have a profound influence on your life. So will negative influences. Both will take you somewhere ... but ask yourself, "is it someplace you really want to go?" It's easy to dismiss the influence of others but its not honest. Make a list and examine each name.

Everything matters. Every word spoken. Every action taken leads us somewhere and impacts our lives. Ignorance is never your best policy. Understanding who and how you are being influenced is.

What am I becoming? I don't care how old you are, we are all on a journey somewhere. Is your journey taking you where you want to go? Ask yourself, "Who has power over you? Who is influencing my journey?"

Now, take positive and decisive action.

If you have participated so far in this exercise, you should have a clearer idea of who and how you are influenced. Now let's talk about the three steps you can take to improve your life.

Disassociation (hard choice) Get the losers out of your life.

Limited association - people you enjoy but add no real value to your life. Increased association. Associate on purpose with people of positive sub-

These actions should be clear, so I won't spend too much time on them. Dump the people who are negatively influencing you. Limit the time you spend with casual friends who add nothing to your life and seek out people whose influence will improve your life and add to your success.

Never spend major time on minor things. Spend major time on/with positive influences. Spend more time with people of accomplishment and high character. It's your life. You can spend your time with whomever you want, but you must always weigh the time against what kind of return you are getting. Always be cautious and discerning about who and what you let into your mind.

Association can also be through the writing of positive people. We can't spend time with George Washington, Abraham Lincoln, Billy Graham or Martin Luther King, but we can through their words and writings they

I asked you to participate and I hope you will. Even more so, I hope you'll talk to your children and grandchildren about the power of influence. Helping them understand at an early age will positively impact them for the rest of their lives.

Next week, let's talk about the power of influence you have on others.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

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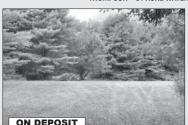
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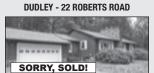


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# of Homes Sold	14	18	A			
Avg Days on Market	60	24	¥			
Month Supply Inv.	1.08	.27	Y			

WEBSTER						
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Market Volume	\$3,165,500	\$5,173,900	A			
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FLORA

continued from page A1

following pre-recorded programs:

Flora in Winter virtual tour of all 24 floral arrangements and the Japanese table display in McDonough Court, narrated by one of the Flora Co-chairs; plus, a bonus video tour of the professional floral arrangements in the Museum's public spaces, generously donated by local businesses, garden clubs, and schools.

Interpretation the Worcester Wedding Kimono with Maureen Christmas and Andrea Little

WAM's popular Flora Live event has been pre-recorded onsite for virtual enjoyment. Two experienced floral designers face the challenge of interpreting WAM's newly acquired Worcester Wedding Kimono. Maureen and Andrea will each guide viewers as their designs evolve during the demonstration, sharing their inspiration, plant material choices, and creative process—and showing how one piece of artwork can inspire two quite different arrangements.

Bonsai Demonstration by Michael Levin

Viewers will learn how cultivate—through special techniques such as pruning, root reduction, potting, defoliation, and grafting—small trees

that mimic the shape and style of mature, full-size trees. Michael Levin will lead a guided tour of the Bonsai West nursery, sharing the history of this famous bonsai collection, which includes trees over 100 years old. Viewers watch as an old overgrown juniper is transformed into a refined specimen bonsai. Topics will include styling, transplanting, wiring, seasonal care, and maintenance.

Winter's Chill, Spring's Glow: Ikebana Demonstration by Russell Bowers

Russell Bowers, an Ikebana Master, demonstrates several Japanese floral arrangement styles that emphasize nature's beauty and convey a sensitivity to the season. Viewers will observe techniques developed over hundreds of years, incorporate which aspects of Japanese culture and aesthetics—and learn how to add elements of wabi-sabi, minimalism, and negative space into magnificent floral works of art.

Furoshiki Demonstration by Minal Akkad

Minal Akkad gives introduction to Furoshiki, an ancient Japanese art and modern alternative to gift-wrap-Viewers will ping. learn how to use fabric to design beautifully wrapped boxes, bottles, and trendy bags.

Double Vision, an illus-

trated talk by Kim Cutler A longtime Flora in Winter co-chair and flo-

ral designer, Kim Cutler will look back through the 19-year history of Flora and compare floral designs interpreting the same artwork. Emphasizing the creativity of the designers, Kim will explore the similarities and differences in their interpretative

Spotlight on Interpretive Floral by Designing Sally Jablonski.

approaches.

Sally Jablonski, owner of Herbert E. Berg Florist, demonstrates how she uses flowers and other plant materials to create a spectacular interpretation of a piece from WAM's collection. Viewers will learn techniques for composing an arrangement using blossoms, leaves, and stems to highlight the elements of the artwork and see the creative process unfold.

"Passport to Virtual Flora" also includes the following Zoom art talk on Friday, Feb. 26 at 10

Paintings Flora Through the Ages, an illustrated talk by Martha Chiarchiaro

Flowers have been an inspiration to artists for centuries. Art historian Martha Chiarchiaro will explore the changes in artistic style from the Dutch floral artists of the 17th century (including several outstanding women artists) to the sunflowers of Vincent van Gogh and the irises of Georgia O>Keeffe. The paintings of contemporary floral artists also will be shown.

In addition, "Worcester in Bloom," a virtual community exhibition of Flora-inspired paintings, drawings, photographs, sculptures, mixed media pieces, and written short stories or poems, is available online from Feb. 1-28. "Worcester in Bloom" can be accessed at worcesterart.org/flora.

High resolution images from last year's Flora in Winter can be found here.

About the Worcester

Museum creates trans-

Art Museum The Worcester Art formative programs and exhibitions, drawing on its exceptional collection of art. Dating from 3.000 BC to the present. these works provide the foundation for a focus on audience engagement, connecting visitors of all ages and abilities with inspiring art and demonstrating its enduring relevance to daily life. Creative initiativesincluding pioneering collaborative programs

with local schools, fresh approaches to exhibition design and in-gallery teaching, and a long history of studio class instruction—offer opportunities for diverse audiences to experience art and learn both from and with artists. For more information about the Worcester Art Museum, visit worcesterart.org.

SCHOLARSHIPS

continued from page A1

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FUNDING

continued from page A1

port to 5,857 small businesses. This funding has been made available through a \$668 million business relief fund.

Additional grants will be announced in the coming weeks for thousands of businesses, officials said. For local restaurant and bar owners, who have been among the most severely impacted by the virus, the funding can't arrive soon enough.

"Our small businesses have been challenged throughout this crisis, important role in stopping the spread of this deadly virus," said Lt. Gov. Karyn Polito. "Since the first applications came in for relief, we have been working to prioritize the small business owners that need the help the most, and I am proud to see so many women-owned businesses, as well as priority sectors, included in this round of

grant awards."

In addition to this latest round of small business grants, the state continues to review applications submitted for its Sector-Specific Small Business Relief Grant Program. Businesses set to receive additional funds belong to the following industries: restaurants and bars; indoor recreation and entertainment; gyms and fitness centers; personal services like nail salons and barbershops; and independent retailers.

Award notifications for the sector-specific program will be made this month.

The Baker-Polito Administration also announced nearly \$5 million in small business technical assistance grants for 63 nonprofit organizations across the state. The program aims to expand economic and entrepreneurial opportunities in underserved communities throughout the Commonwealth.

"These technical assistance grants enable nonprofit organizations throughout Massachusetts to provide crucial services, such as helping people apply for pandemic-related grant and loan programs; individualized business management assistance; and financial training," read a statement released by Governor Baker's office. "The grant recipients, selected through a competitive process, are as diverse as the businesses they serve, including community development corporations, micro lenders, and chambers of

commerce. Since Fiscal Year 2015, the program has awarded more than \$15 million in grants. These funds have directly benefited more than 15,000 jobs and served nearly 3,000 startup businesses across Massachusetts.

To learn more about grant opportunities, visit www.mass.gov.







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Why 'Presidents' Day' actually goes by another official name

An official list of federal holidays in the United States won't feature "Presidents' Day" among the observed holidays. Some may say that's preposterous, as they're certain that post offices and other federal entities are closed on such a day each February. While the third Monday of February is commonly referred to as "Presidents' Day" throughout the United States, the day is legally referred to as "Washington's Birthday.

According to the U.S. Office of Personnel Management, this holiday is designated as "Washington's Birthday" in section 6103(a) of title 5 of the United States Code, which is the law that specifies holidays for federal employees. Though other institutions, such as state and local governments and private businesses may use other names, it is OPM policy to always refer to holidays by the names designated in the law.

History of Washington's Birthday The idea to give presidents a little

extra fanfare originally was estab-



lished in 1885 in recognition of George Washington. After his death in 1799, Washington's birthday on February 22 became a day of remembrance, according to History.com. Its observance as an official holiday was signed into law in 1879 by President Rutherford B. Hayes. Originally, the holiday only applied to the District of Columbia, but in 1885 it was expanded to the entire country.

Abraham Lincoln, another revered American president whose birthday was February 12, also was largely celebrated during the month of February as a state holiday, particularly in his home state of Illinois. In the 1960s, when Congress proposed a measure known as the Uniform Monday Holiday Act that designated Monday as the day to celebrate various federal holidays, the proposal also included a provision to combine the celebration of Washington's and Lincoln's birthdays to provide more equal recognition of these two influential leaders. The name Presidents' Day was proposed at that time. However, when the bill moving the celebration of Washington's birthday to the third Monday in February went into effect in 1971, Congress rejected the name change, so it remained Washington's Birthday. That name stands to this day.

Why Presidents' Day? Even though federal calendars will list February 15 this year as Washington's Birthday, it will largely be referred to as Presidents' Day. This unofficial moniker developed in the 1970s due largely in part to retailer's use of that name to promote sales and the proximity of the holiday to both the birthdays of Washington and Lincoln. Indeed, a Washington's Birthday furniture sale doesn't have the same ring to it as a Presidents' Day sale.

No matter what the holiday is called, Presidents' Day offers citizens a chance to learn more about the history behind Washington and Lincoln — two pivotal statesmen in American history.

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