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Trinity Catholic Academy bosts 25th Annual Golf Classic



CHARLTON — On Saturday, Sept. 26, the Trinity Catholic Academy 25th Annual Golf Classic was held at Heritage Country Club! The weather could not have been better and golfing capacity was "full!" This annual event is the most important fundraiser for the school each year. Thank you to Heritage Country Club for helping make this event a reality under proper restrictions and a maximum turnout!

A grand thanks to Bermer Tool & Die and Dao Automotive, our two major sponsors along with our many valued regular and new sponsors who came forward to support the event reflecting the several towns that TCA students reside.

Sponsors, donations and raffle gifts galore made this a winning day for all!

Tournament 1st Place: A. Forget, Leo Forget, D. Lee & C. Dombrowski (photo)

2nd Place: M. Soper, D. Soper, J. Langlois & B. Gregoire

3rd Place: M. Durocher, C. Litchfield, J. Osimo & E. Reno

In honor of the 25th year - 25th lace foursome was also recoggolf club raffles were also held.

The Tournament, along with Fr. Ken Carnival, recognized seven individuals for their dedication to Trinity Catholic Academy and the Southbridge Community for over 25 years to the following: Deb Curran - 2nd Grade Teacher, Colleen Casey 8th Grade Teacher, Paula Letourneau, School Secretary, Janet Garon, Joe LaFleche - Advisory Board Member, Josie Cita - Principal, and Bob Clemence longtime supporter, board member and so much more.

The original Golf Committee began this event in support of TCA and its mission to provide academic excellence, athletics, and the arts 25 years ago. It is our intension that as we continue this mission Trinity Catholic Academy will continue to soar to new heights and make a difference in each student's life for years to come. Catholic education has existed in Southbridge for 150 years, it takes all of us to continue the tradition and legacy in the town of Southbridge.

Tournament Director, Paula Toti and

Harrington cardiac rehabilitation program certified

Harrington HealthCare System has announced the certification of its Cardiac Rehabilitation Program by American Association the Cardiovascular and of Pulmonary Rehabilitation (AACVPR). This certification is in recognition of Harrington HealthCare's commitment to improving the quality of life of patients by enhancing standards of care.

Cardiovascular and pulmonary rehabilitation programs are designed to help people with cardiovascular problems (e.g., heart attacks, coronary artery bypass graft surgery) and pulmonary problems (e.g., chronic obstructive pulmonary disease [COPD], respiratory symptoms) recover faster and live healthier. Both programs include exercise, education, counseling and support for patients and their families.

Harrington HealthCare's Rehabilitation Cardiac Program is located inside Harrington Hospital. It offers individualized, multi-phase approach to helping patients return to an active and fulfilling lifestyle after cardiac surgery or a cardiac event. Treatments are provided through a team approach between the patient's primary care doctor and cardiologists, nurses, and an exercise physiologist. Treatments include medically supervised exercise and strength training as well as cardiac health counseling and education sessions to help patients reduce and manage

SOUTHBRIDGE Program participated in an application process that requires extensive documentation of the program's practices. AACVPR Program Certification is the only peer-review accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by AACVPR and other related professional societies. Each program's application is reviewed by the AACVPR Program Certification Committee, and certification is awarded by the AACVPR Board of Directors.

In 2018, AACVPR moved to an outcomes-based process with performance measurements that represent more meaningful outcomes. Therefore, AACVPR-certified programs are leaders in the cardiovascular and pulmonary rehabilitation field because they offer the most advanced practices available and have proven track records of high quality patient care. AACVPR Program Certification is valid for three years.

About Harrington HealthCare System

Harrington HealthCare System is a comprehensive regional healthcare system serving more than 25 communities across south central Massachusetts and northeastern Connecticut. The system includes Harrington Hospital in Southbridge, Harrington HealthCare at Webster and three additional major medical office buildings: Harrington HealthCare Charlton, Harrington at

nized and awarded a fun prize. More than 60 raffle items, money tree and

Please Read GOLF, page A7

rísk factors. accreditation, To earn Harrington HealthCare's Cardiac Rehabilitation

Please Read HARRINGTON, page A7

Old Sturbridge Village receives new addition to historical collection

STURBRIDGE — Old Sturbridge Village (OSV) has acquired a cherry and white pine chest of drawers attributed to cabinetmaker Nathan Lumbard. This piece of history was donated by James Ciaschini, a furniture restorer and woodworker based in Agawam, Massachusetts who purchased the chest at auction in 2014.

Nathan Lumbard (1777-1847) was a cabinetmaker who worked in Sutton, Massachusetts, but was trained in Sturbridge. He is arguably most well-known as a master of inlay, which he used to embellish much of his furniture. The four-drawer chest represents the plainest version of Lumbard's chest forms. The chest has four graduated and thumb molded drawers and rests on a molded base with bracket feet. The two-board top has chevron-inlaid edges, and a strip of quarter-round beading at the back. This strip is a feature found on all of the chests known to have been made by Lumbard.

Brock Jobe, co-author f "Crafting Excellence: of The Furniture of Nathan Lumbard and His Circle" (2018) feels that the chest can be attributed with considerable certainty to Lumbard. While not depicted in Crafting Excellence, the chest is ref-

Please Read OSV, page A7

United Way holds baby supply drive

SOUTHBRIDGE — The United Way of South Central Massachusetts today partnered with Fundación MAPFRE for a combined Day of Caring and Global Day of Volunteering, by holding a "Stuff a Truck Food and Baby Supply Drive." The event collected 125 boxes of food and diapers and over \$1,000 in cash donations, with the help of 52 event volunteers comprised of MAPFRE employees, United Way Board members, Tantasqua Regional High School National Honors Society students and community members.



Photo Mary O'Coin — Courtesy

"Families in need may look different a single parent without a permanent home; a mother and father who are on a low income; or a grandparent caring for young grandchildren, but they all need help getting the basic necessities to take care of their families," said Mary O'Coin, Executive Director, United Way of South Central Massachusetts. "We deeply appreciate the public's generosity and support for the families in our community.

With the help of local dealerships, McGee Buick GMC, McGee Toyota and Place Motor Ford, new pickup trucks and vans were in the parking lots of Big Bunny Market in Southbridge, Park N Shop in Dudley and MAPFRE Insurance on Gore Road in Webster, to collect nonperishable food and baby supplies, such as diapers, jarred food and cereals. The proceeds were distributed to local food banks, Webster-Dudley Food Share, Webster St. Vincent de Paul Food Bank, Charlton Chip-In and Southbridge Food Share, as well as service organizations, such as Our Bright Future food closets in Webster and Southbridge.

About United Way of South Central Massachusetts

The United Way of South Central MA is a volunteer-driven organization that supports local agencies that provide health, education and financial stability services that profoundly affect the lives of those who live and work in the communities we serve. For more information, call (508) 765-5491

Please Read BABY DRIVE, page A7



Volunteers at Big Bunny in Southbridge.

OCTOBER IS NATIONAL DENTAL HYGIENE MONTH!

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No need to fear root canals

Procrastinating in regard to maintaining teeth and gums can prove harmful. Regular dental checkups and cleanings can reduce discomfort and expose conditions before they become especially problematic.

Root canal is one treatment men and women fear when going to the dentist. But root canals are often less painful than the symptoms that require they be performed.

À root canal is an endodontic therapy that can treat and save teeth. The American Association of Endodontists says root canal treats inflammation or infection in the roots of a tooth. This procedure enables dentists to save a tooth rather than extract it.

WebMD explains that, during a root canal, the nerve and pulp of the tooth are removed from the inside. If the tooth's nerve

or pulp chamber is damaged, it can eventually break down and bacteria can begin to form within. The most common causes of pulp inflammation or infection are a cracked or chipped tooth, a deep cavity or filling, or another serious injury to the tooth. All of these can allow bacteria to enter the pulp. Debris and bacteria can lead to infection or an abscessed tooth. Abscesses can form at the ends of the tooth roots. Swelling, pain, bone loss, and drainage into the gums may occur if a root canal is not performed.

The AAE says that people may avoid root canal treatment because they fear it is too painful. However, with modern technology and anesthetic medications, the pain that results from root canal is on par with having a cavity filled. Damaged tissues in the tooth and the severe toothache that ensues if root canal is not performed is generally much more severe than anything that occurs during the procedure.

Patients who are worried about discomfort can speak with their dentists about pain management. In addition to anesthetic injections, some dentists specialize in medical sedation that can further calm patients' nerves during procedures.

The American Dental Association says this is what people can expect during a root canal.

• The tooth is numbed for comfort.

• A thin sheet of latex rubber is placed over the tooth to keep it dry, and an opening is made

through the crown of the tooth.The nerve or pulp is removed. The excavated canal



is then cleaned and shaped.

• Medicine may be placed in the pulp chamber to deter bacterial growth.

• The root canal is then filled with a rubber-like material to seal it. A metal or plastic rod or post may be placed in the canal to help retain the filling material so it can properly support the tooth. • A temporary filling is placed in the tooth. During a subsequent treatment, the temporary filling will be replaced with a permanent crown or filling.

Root canals are nothing to fear. Such procedures are routine and generally produce little to no pain.

Tips for making braces more comfortable



Many children and adults wear orthodontic braces. Braces can straighten teeth and improve bite health. While adults who wore braces years ago as youngsters likely recall being apprehensive about their appearance back then, thanks to advancements in braces of treatment.

According to Harvard University Health, the science of orthodontics and braces involves placing constant pressure on teeth. The root then presses against the underlying alveolar bone, forcing a portion of the bone next to the root to dissolve, allowing the tooth to Due to the pressure braces exert, it is common for people who wear braces to experience discomfort. Soreness and discomfort typically occurs when braces are initially put on the teeth and then after various appointments if adjustments are made. The brackets and wires of the braces also may rub the gums or irritate other areas inside the mouth.

Thankfully, there are ways to make wearing braces more comfortable.

• Check for comfort before leaving. During each orthodontist visit, use a finger or your tongue to check for any areas that are poking cheeks or rubbing gums. Bring this to the orthodontist's attention so that wires can be clipped very short.

• Invest in orthodontic wax. Use the wax to cover up brackets or wires that are causing irritation. Over time, the mouth will get used to the braces and sore spots will not be as prominent.

• Use OTC pain relievers. Over-the-

counter pain relief products can alleviate soreness for a few hours until the mouth adjusts to the braces being placed or tightened.

• Enjoy soft foods. When teeth are sore, stick to soft foods. Smoothies, soups, stews, mashed potatoes, and yogurt are soft foods that won't increase your pain.

• Follow the rules. Your orthodontist will recommend that you avoid certain foods that can damage or get caught in the braces. Eating these foods can make it even more uncomfortable to have braces on.

• Practice good hygiene. Braces create more crevices and spots where bacteria can accumulate, which could lead to dental caries. Be sure to floss and brush thoroughly to keep the teeth clean to avoid painful cavities.

Having braces means experiencing some discomfort along the way. However, pain and soreness can often be alleviated using a few simple strategies.

technology, today's orthodontic braces are less noticeable than braces of yesteryear. In addition, modern braces even feature more effective wires and brackets that can reduce the duration

incrementally move into the directionit is pushed. After the tooth migrates,new bone will replace the spot wherethe tooth vacated.



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Teddy G's Pub & Grille joins Coats for Kids effort

STURBRIDGE —Teddy G's Pub & Grille, at 179 Main St., Sturbridge, will be conducting a month-long winter coat drive beginning Monday, October 26 and ending Wednesday, November 25, according to owners Ted and Jenna Gidopoulos. The local effort is being conducted in partnership with the Anton's Cleaners Coats for Kids program that each year aims to collect 50,000 warm winter coats for individuals and families in need.

"This has been such a challenging year that we wanted to do something special to help out the local community and to thank everyone for their support," says Ted. "That's why we've decided not just to collect coats, but to also offer a discount to customers who participate in the drive." Customers will receive a 15 percent discount off the food portion of their tab on the day they bring in one or more coats for the drive, according to Gidopoulos. "

To obtain the discount," he added, "customers should place the coat they wish to donate in a bag, and present it to the host on arrival, who will exchange it for a coupon to be presented with your payment at the end of your meal. Your server will then deduct 15 percent from the food portion of your bill (the discount does not apply to alcoholic beverages, tax or tip)."

Coats for Kids accepts warm winter coats - – kids, adults, and babies - that are gently used, good quality, and all sizes (especially XL and infant/pre-K sizes). The drive does not accept coats with rips, tears, broken zippers, or permanent stains, nor does it accept sweatshirts, vests and spring coats.

"Please donate coats you would give a friend to wear," advises Jenna, "and please be sure to empty out all pockets."

All donated coats are cleaned free of charge by Anton's Cleaners then made available to a network of over 90 distribution partners made up of local nonprofits, social service agencies, schools, and religious groups to ensure the coats are given to those who really need them, also free of charge.

Teddy G's is a casual American Pub & Grille that is open for dining and take-out Sunday to Tuesday from 11 a.m. to 9 p.m. and Wednesday through Saturday from 11 a.m. to 10 p.m. Currently operating in compliance with state and national safe distanc-

ing guidelines, dinner is presently being served both indoors and outdoors under a heated tent. Reservations are accepted until 3 p.m. daily at (508) 347-1900 or (508) 347-9300. Walk-ins are welcome on a first-come, firstserved basis from 3 p.m. until the restaurant reaches capacity.

Partners for this year's Coats for Kids include drive Anton's Cleaners, Jordan's Furniture, Enterprise Bank, Boston 25 Cares, 108FM, Kiss Jam'n 94.5, 101.7 The Bull, WBZ 1030, 97.7 The Beat, WRKO, and 100.7 WZLX.



SOUTHBRIDGE

\$248,700, 22 Maple Ter, Mastrangelo, Michael P, and Lopes, Isabel C, to Lee, Alexander C, and Lee, Sokvana. \$15,000, Harwood Farm Rd #12, Maple South RT, and Sosik, Janice K, to Whaler RT, and Flynn, Daniel.

GROUNDS AND MAINTENANCE MANAGER

Solair Recreation in Woodstock CT has a full time position for a Maintenance worker. This position involves projects and preventative maintenance. The campground is open to members year-round. The successful candidate should be able to work with limited supervision, have a working knowledge of mechanical systems, carpentry, painting and basic electric and plumbing skills. The position also requires some supervision of volunteers who assist with many of the duties.

Job duties include but are not limited to: Plowing snow, cleaning sites and grounds, maintaining a pool, hot tub, general landscaping, escorting guests to site, general labor and general minor repairs. Previous maintenance experience is required, some on the job training will be provided. Must be flexible with hours of availability as holidays and weekends are required during the season.

This is a salaried position. Please send your resume and salary requirements.

Send letter of interest and resume to Jobs@SolaiRRL.com



Donate a warm winter coat between Oct. 26 and November 25 and Teddy G's Pub & Grille owners, Ted & Jenna Gidopoulos will say "thank you" with a 15 percent discount.



* * Friday's Child * * *

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Hi! My name is Aleenah and I have a great sense of humor!

Aleenah is a fun, outgoing girl with an enormous amount of charisma and great sense of humor. Some of Aleenah's favorite activities include bowling, roller skating, going to the movies, drawing, and singing along to the songs on the radio. Aleenah does especially well with younger children; she is always willing to help out in other classrooms, read to younger kids, and/or mentor them. Aleenah feels important and takes great pride in building these relationships.

Legally free for adoption, Aleenah is in need of a family that can provide a structured, loving home. She would do best with a single mother or a two-parent family with or without other children. Interested families should be comfortable maintaining

contact with Aleenah's siblings and her birth mother, who she visits with twice per year.

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The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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Tracking teaches new way to look at nature

BY GUS STEEVES CORRESPONDENT

REGION - For many, winter is a time of skiing. But it's also a great time to learn a far older skill - tracking.

To "cybertracker" George Leoniak, who recently presented what he termed some "cool mysteries of tracking" online for Mass Society of Conservation Professionals, anyone can do it with some dedication. Going around the "room," he started by asking how much experience participants had, and most had very little.

"Kindergarten or fourthgrade expertise? That's great," he said. "I love going into the field with kindergarteners and fourth-graders. ... They get into the stories and want to give back."

There are three key aspects to tracking – learning the terms, understanding how to measure, and watching the dynamics of motion that make the tracks we see. It's more than just footprints, though; good trackers learn a lot from scat, nests, feeding signs, scratches on trees, and a whole host of other marks of life.

Interpreting them well often depends on "starting at the right spot and the right time." Frequently, the same species' track can seem to be that of a different species depending on a host of factors, including the fact "different animals [have] different personalities out there,"

Leoniak said. For example, raccoon tracks can mimic otter or fisher, small rodent racks can seem to be those of birds or even frogs, and it can be challenging to identify which canine or feline track you're seeing.

That takes experience -"building up a slow processof seeing tracks over and over again," sketching their details, taking pictures, measuring them and comparing them to field guides. "You can put all that together and you're playing with this visual language," he noted. "... Come up with your best analysis of what you see there even before you get to what you think it is."

In essence, what's critical is figuring out what the animal is doing. As always, he notes, be careful of your assumptions, because they can make it hard to see what's actually happening. One important, but often overlooked aspect of any track series is what he defined as "negative space" which occurs both within the track itself and between the tracks of a sequence. In the former, it can help identify what species it is - particularly distinguishing between canines, who tend to have a X-like space between their pads, and felines, who don't. In the latter, it helps determine "the behavior the gait says to us.'

As an example, he showed a hunting carnivore stalking a mouse - it took a couple of hops, pounced and broke through the snow crust, and trotted away with its lunch. "That's what I love about gaits – the stories they tell," he said.

Most species have three main types of gait – trot, walk and gallop – and those express themselves differently depending on what kind of limbs the animals have - plantigrade (includes humans), digitigrade (includes canines and felines), or unguligrade (includes deer and horses). The latter is "pretty obvious," but several other species' tracks can look like either of the first two depending on conditions and what they're doing.

There are also a "lot of variations" on the three types that "gives you an indication if the animal's going faster or slower," but they all have the same pattern. Trots show show the opposite front and hind feet on the ground at once, alternating; walks show three feet on the ground at once in a pattern of shifting weight back and forth between left and right sides. Gallops are a bit more complex, showing both fronts, both hinds, none, then all together.

Leoniak pointed people to animation videos at www. vanat.cvm.umn.edu as "a neat site to really burn this movement into your mind.' He noted he hopes to get people to "visualize the animal making this movement as you look at the track," and also has people in the field try to duplicate it.

"If you get that into your body ... it really teaches you a lot about walk dynamics," he added.

Once Leoniak got to the

individual spetracks, he cies' ran through a couple dozen of the more common New England mammals. The key is seeign the difference in foot shape, not always size, since "sometimes scale gets wonky out there." That's particularly true in wet conditions or snow, where melting can distort the tracks.

Her spent a lot of time analyzing canine vs feline tracks and distinguishing within those two groups. For example, he notedgrey and red fox both have semi-retractable claws that you might not see, but "hairy" centers that sort of fuzz

"arrowhead" like raccoon tracks.

with claws. Among felines, the key feature is their assymetrical toe shape and the fact their weight is more toward the heel. (To make things a bit more challenging, Leoniak noted grey fox tracks are easily confused with small feline tracks, while black bear can be confused with cougar.)

Some tracks look almost like small human hands. Raccoon feet have "fingery toes like our fingers," while opossums have an obvious opposing thumb and unique tracks that "look like a lot of toes going in every direction" because two feet land together. Among smaller rodents, a common pattern is five toes

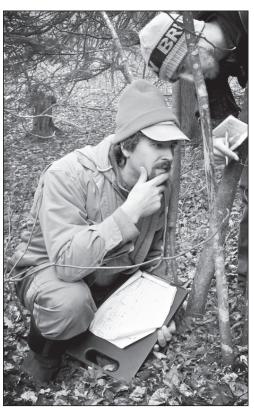


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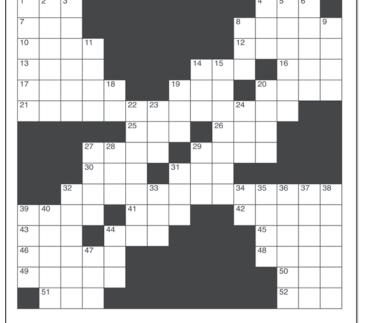
out the track, while George Leoniak, in upper right corner, discusscoyote tracks are es the differences among skunk, opossum and

in front, and four behind.

"Tracking is a lot of things," he said. If you're out with a skilled person, "you'll get the chance to look at things in a new way." He noted that's even true when you've got experience; another tracker pointed out the subtle signs of a hare browsing on greenery that he'd never previously noticed.

A Marlboro, VT, resident, Leoniak has run The Mindful Tracker (www.mindfultracker.com) for more than 20 years, training trackers all over the world.

Gus Steeves can be reached at gus.steeves2@gmail.com.



CLUES ACROSS

QCC sophomore fights COVID one note at a time

WORCESTER One Quinsigamond Community College student has put her own spin on how to deal with today's national health crisis – through song. Sophmore music major Mason Wheaton sang her way into the hearts of many, with her self-written and self-record-

she enrolled at QCC to, as she put it, "save money and have a better life." She registered for classes in 2019, taking a full course load and becoming an active member of the college community. She became a member of the Phi Theta Kappa Honor Society; a student peer

the clothing in the closet would help absorb the echoing sound often heard when recording in a room. Mr. Castillo assisted with the background music and put the production together. Not only has the song become a hit with the college, it has also earned additional attention through the college media platforms. "I am hearing from everyone how they loved the song," she said. Ms. Wheaton plans to graduate in spring 2021 with her associate degree in music, and hopes to transfer to UMass Amherst to major in vocal performance/ vocal pedagogy and become a vocal teacher. She said she is grateful to have begun her higher education at QCC. "There is no shame in going to a community college. It's the smarter way to go to school especially if you don't have a lot of money, and then you can easily transfer to a four-year school," she said. "I want to help students become interested in being a part of the college community and follow their dreams." To listen to part of Ms. Wheaton's song, visit www. QCC.edu/fight-the-virus. For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc. mass.edu.

- 1. They look out for kids 4. Play 7. Water (French) 8. Prayer leader 10. Small constellation Carta: influential royal charter 13. Pressure unit
- 14. Extrasensory perception
- 16. A symbol of "Aloha"
- 17. Portion of the small intestine 19. Psychedelic amphetamine
- 20. Very long period of time 21. British overseas territory
- 25. Cereal grain

12.

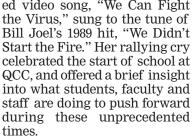
- 26. Car mechanics group
- 27. Wish harm upon

CLUES DOWN

- 1. Boston hoopster
- 2. A type of bribe
- 3. SE England county
- 4. Returned material authorization (abbr.)
- 5. "Hotel California" rockers
- 6. Italian province
- 8. Mischievous child
- 9. Popular street name
- 11. Boxing promoter Bob
- 14. Snakelike fish
- 15. Break into pieces
- 18. The Bay State
- 19. Time zone
- 20. Port city in Yemen
- 22. In name only
- 23. 007's creator
- 24. No (Scottish)

- 29. At a specific prior time 30. Peyton's younger brother 31. UK firefighters' union 32. Carroll O'Connor's screen partner 39. Popular show honoring musicians 41. Basics 42. Honk 43. Trent Reznor's band 44. Patti Hearst's captors 45. Long-legged wading bird 46. Specialized biological grouping
- 48. A coin goes in it
- 49. Of the wind
- 50. One-time measure of length
- 51. A very large body of water
- 52. River in NE Scotland
- 27. Baseball's Gordon and rock's Snider are two 28. Pie mode 29. Don't know when yet 31. Supervises interstate commerce 32. Make a ringing metallic sound 33. Helps little firms 34. Pound 35. Lilly and Manning are two 36. Put on the back burner
 - 37. Baltimore ballplayer
 - 38. Cuddle
 - 39. Poker stake
 - 40. Drinks to celebrate a birth
 - (Spanish)

 - 44. Pouch
 - 47. Not around



"Mason is an example of the incredible talent that we see in so many of our students. This was a fun and effective way to demonstrate what we can and should be doing to fight the virus. Mason's song will resonate with many in the days and weeks to come," QCC President Dr. Luis G. Pedraja said.

Ms. Wheaton is a first generation college student, and her journey to higher education is similar to many community college students.

"I started college later in life at age 22. I didn't know what I wanted to do, so I hesitated because I didn't want a lot of debt, but I was worried about my future and didn't want to keep working in low level jobs,' she said.

mentor; a tutor in the college's Writing Center and a member of the college's Music Club.

When Music Professor José Castillo was asked to find a student to perform a parody song to motivate the college during the pandemic, he immediately thought of Ms. Wheaton.

"My responsibility was to choose the perfect performer for the song. Someone who would not only have a beautiful voice and musical talent, but also someone who would make the lyrics come to life and add a special charisma to the overall project," said Music Professor José Castillo. "I have worked with Mason for the past year, as she is part of the music option degree program. Mason has always been eager to take on new challenges in and out of the classroom, which is an excellent quality to have.'

Ms. Wheaton said the lyrics she wrote were inspired by information she found on the college's website. Due to COVID-19 and in-person restrictions, she recorded the song at home on her phone in her closet, after Mr. Castillo suggested

After a bit of self-reckoning



TOWN OF BRIMFIELD HIGHWAY DEPARTMENT **Truck Driver Laborer Position**

Qualified candidate must possess strong work skills in all aspects of construction. Works under the direction of the Highway Surveyor. Conforms to departmental regulations, licenses and professional standards as stated in the job description. Must have knowledge of road construction and repair.

Minimum of 3 years experience in road construction or equivalent combination of education and work experience.

Full time, 40 hours per week, benefits and competitive wage.

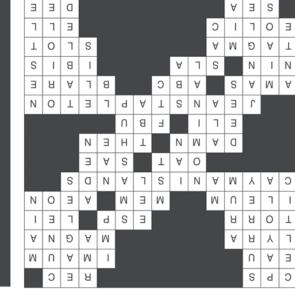
Please forward letter of interest and resume to Zach Lemieux, Highway Surveyor, 34B Wales Rd, Brimfield MA, 01010 or email to highway@brimfieldma.org.

For complete job description, please visit www.brimfieldma.org



www.StonebridgePress.com

SOLUTION PUZZLE





This section reaches 47,000 households in 7 Massachusetts newspapers.

Phantoms & Fire brings spooky fun to Old Sturbridge Village

STURBRIDGE — Phantoms & Fire brings a new twist to the Halloween season at Old Sturbridge Village (OSV), with a series of haunting outdoor performances and seasonal activities for all ages. Replacing the theatrical "Sleepy Hollow Experience," which has played at the Village since 2016, Phantoms & Fire offers guests a safe take on the Halloween season, following the restrictions set forth by COVID-19.

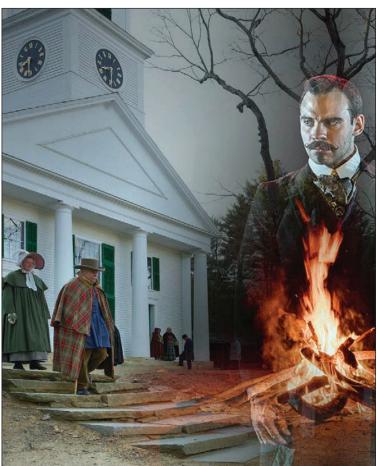
A cornerstone of the new event is "Nevermore," a series of six outdoor performances written and directed by P.J. Griffith, specifically for Old Sturbridge Village and partner Coggeshall Farm Museum. "Nevermore" welcomes a professional cast to the Village to bring to life the short stories and poems of author Edgar Allen Poe, told from the perspective of characters who have just witnessed these terrors occur. The stories will play out simultaneously in six different locations around the Village and tell familiar tales of horror, revenge, obsession and deception. Performances will be repeated throughout the night in pulsating rhythm just like Poe's tell-tale, beating heart - ensuring that visitors can see and experience them all.

Younger guests will delight in a new 2020 version of Trickor-Treat at the Village, called "Clues & Candy." Making their way throughout the commons, families can collect clues and stamps that can be turned in for a big bag of goodies at the end of their visit! Participation in "Clues & Candy" is open to all ages. Costumes are encouraged at the event, but COVIDsafe facemasks must still be worn in following state and local guidelines

Guests can enjoy live music during Phantoms & Fire with the "Mysterious Melodies of Lawrence Trailer," a haunting take on the acoustical stylings of local Singer/Songwriter Lawrence Trailer. Food and beverages will be available for purchase during the event at the ghoulishly transformed "Prospero's Tavern." Also a feature of the evening, The Headless Horseman will ride again, making appearances throughout the Village.

Tickets for Phantoms & Fire are on sale now for \$16 per adult and \$12 for youth ages 4-17. Children under 4 are free to the Village during this event. Phantoms & Fire will take place Wednesdays through Saturdays, Oct. 21-31, with three times for arrival at 5, 6, and 6:30 p.m. Once in the Village, guests are welcome to stay until the event concludes each night at 8:00p.m. Preregistration is required, with tickets available at: https:// www.osv.org/event/phantomsand-fire/. Phantoms & Fire is presented by Country Bank.

Phantoms & Fire is also coming to Coggeshall Farm Museum located in Bristol, R.I. on Sunday, Oct. 25 and Sunday, Nov. 1. More details on the Coggeshall event can be found at: https://www.coggeshallfarm.org/event/phantoms-and-fire/.



Dr. Van's Golf Tournament held with restrictions

THOMPSON, Conn. — On Sept. 16, amid the global pandemic, close to 60 avid golfers turned out for the 38th annual Dr. Van's Golf Tournament at the Thompson Raceway Golf Club in Thompson, Conn. The beneficiaries of this year's tournament are Harrington Hospital's Cardiac Rehab Program and Southbridge Rotary Club's high school scholarship program.

The weather was perfect and the golfers, donning face masks when gathering, had a great round of best ball golf. First place winners were Edward Galonek, Sr., Maddy Ricci, Tom Vangel, and Tony Fesolo. A special thank you to the following sponsors: Platinum Level – Savers Bank, Incom Inc., All-Star Incentive Marketing and Cornerstone Bank, Gold Level – Universal Tag, Silver Level – Daniel T. Morrill Funeral Home and Associate Level - Whitco Sales, Coca-Cola, Calise Bakery, Hyde Group, and A&M Tool & Die.

Rotary Club of Southbridge is a community service, non-profit organization that focuses on club, vocational, community, international and



Photos Courtesy Maddy Ricci, Ed Galonek, Sr., Tom Vangel,

and Tony Fesolo. information visit the Rotary Club

information visit the Rotary Club of Southbridge Facebook page (@ SouthbridgeRotaryClub).



Jay Brenner, Jim Waddick, and Phil Pettinelli.

new generations service. For more

Halloween is on in Charlton

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – The Halloween holiday is on in Charlton, as the Board of Selectmen has approved allowing for trick-or-treating to take place on Saturday, Oct. 31.

Joining neighboring communities including Dudley, Charlton will allow trick-ortreaters to visit homes from 5 until 8 p.m. on Halloween night, but with the caveat that anyone participating in the annual holiday event conform to COVID-19 safety guidelines in the process.

"Obviously, this year is much different than any other year," Town Administrator Andrew Golas said during a meeting of the selectmen on Sept. 30. "The Board of Health would like to remind trick-ortreaters to follow recommended CDC guidelines and DPH guidelines by maintaining six feet physical distance from anyone not in your household, avoiding large groups or clustering at door steps, carry hand sanitizer and wash your hand thoroughly before eating anything and do not participate if you are feeling unwell or exhibit any symptom."

Golas said safety is not just in the hands of the participants, but also the homes hosting trick-or-treaters. The town administrator implores those giving out candy to use safe practices as well.

"For those handing out treats please wash your hands

with soap and water for at least 20 seconds before and after participating or preparing trick-or-treat bags. Consider lining up pre-packaged treat bags for families to take outside while maintaining social distancing and wear a mask and maintain a six-foot physical distance from anyone trick or treating," said Golas.

or treating," said Golas. Originally scheduled for 5:30 to 7:30 p.m., selectmen agreed to a longer Halloween night to allow trick-or-treaters more time to visit homes without rushing through the night and potential creating larger groups. As always, anyone concerned about their h3alth and safety or who simply do not wish to participate in trick-or-treating are invited to erect signs notifying visitors they won't be taking part or follow the annual practice of leaving porch lights off to signal the home will not be part of trick-or-treating in 2020.



well have built the chest

in the cabinet shop that

once stood behind the

Village's Oliver Wight

"Plain pieces of furni-

ture, like this one, were

made in large numbers

but are rarely document-

ed. To link this one to

Lumbard elevates it

above many of its coun-

terparts," said Caitlin

"The Old Sturbridge

Collection already con-

tains three pieces pro-

duced by Lumbard: a

drop-leaf table, a tilt-top

Curatorial

Museum

House."

Avenia,

Director.

Village

OBITUARIES

Brian D. Smith, 75

STAFFORD

SPRINGS/ SOUTHBRIDGE- Brian D. Smith of Stafford Springs, CT passed away Saturday, October 3 surrounded by his loving family, whom he cherished, in the house that he built and resided in for 40 years. He was 75 years old.



Brian was an avid outdoorsman, enjoying activities such as hunting, bird watching, riding motorcycles and ATVs, running, photography, swimming, traveling and simply being in

nature. He enjoyed rooting for Boston sports teams and UConn Womens' basketball. He was a graduate of Tantasqua Regional High School in Sturbridge, Class of 1963.

He is survived by his loving wife of 52 years Arlene R. (St. Pierre) Smith; children Sondra L. Lacaire and husband Scott of West Brookfield, MA; Shelby L. Smith of Sanford, ME and Shannon L. Smith and wife Katy of Vernon, CT.

He also leaves brother-in-law Joseph

GOLF

continued from page A1

committee have been together for over 10 years. Bob Clemence, who is on the current committee and one of the original Tournament Directors says, ...with all that is happening in the world, this group created a miracle event! Being part of this for so long keeps me grounded in the fact that we are all doing this to keep the joy of a valuable school moving into the next generation!"

E. Poirier, sister-in-law Francine A. Smith along with 6 grandchildren: Lauren (Lacaire) Vayda and husband Matt with great-grandbaby Charlotte; Ethan Lacaire; Lukas Smith; Logan Smith; Jakob Smith; Josiah Smith.

He is predeceased by his mother, Ruby E. (Frink) Smith; father, Francis B. Smith; sister, Geraldine R. Poirier and brother, Barry F. Smith.

Brian worked as a delivery driver with Coca-Cola for 30 years, bringing refreshment and smiles to many while priding himself on being a safe and responsible driver.

Calling hours will be held on Friday, October 9, from 5:00pm to 7:00pm at Sansoucy Funeral Home 40 Marcy St., Southbridge, MA. Masks required and occupancy limited, so dress appropriately for waiting outside. A memorial service has not been scheduled at this time; an announcement will follow on Arlene's Facebook page once scheduled.

In lieu of flowers, donations can be made to: Lewy Body Dementia Association 912 Killian Hill Road, S.W. Lilburn, GA 30047 www.lbda.org

The year 2020 not only marks the 25th anniversary of the tournament, it is also the 30th Anniversary for Trinity Catholic Academy and the 150th year of Catholic Education in Southbridge. A memorabilia table was set up which intrigued many who took time to reminisce. Community and alumni alike, flock to this event annually including new players and new connections. We were able to capture a photo with all Southbridge Catholic Alumni in attendance from all Southbridge Catholic Schools past and present.

OSV continued from page A1

erenced as one of only three known straightfront chests made by Lumbard.

Jobe, who chairs the Collections Committee and serves on the Board of Trustees for Old Sturbridge Village, said this of the newest addition: "I'm thrilled to see this chest of drawers enter the Old Sturbridge Village collection. Its maker, Nathan Lumbard, probably learned his trade from Oliver Wight of Sturbridge and may

HARRINGTON

continued from page A1

HealthCare at 169, also in Charlton, and Harrington HealthCare at Spencer; Harrington Physician Services, our primary care and multi-specialty physician group; UrgentCare Express at Harrington in Charlton and Oxford; The Cancer Center at Harrington in Southbridge, and the region's largest Behavioral Health programs for mental health and substance use. www.harringtonhospital.org

BABY DRIVE continued from page A1

or visit www.uwscm.org. Follow on Facebook *a* United Way of South Central MA Fundación About MAPFRE Fundación MAPFRE is a nonprofit organization created by MAPFRE in 1975 to promote the well-being of society and citizens across the company's footprint. Active in 30 countries, Fundación MAPFRE focuses on five areas: Road Safety and Accident Prevention,

stand and a bow front chest of drawers. This acquisition further strengthens the Village's collection of documented Worcester County furniture, and its collection of pieces made by rural cabinetmakers,' said Caitlin, Director of Curation

"We are extremely grateful to Mr. Ciaschini, for his generous donation and we welcome this fine piece of history to our ever growing collection of over 40,000 artifacts," said Jim Donahue, President and CEO.

About AACVPR

Founded in 1985, the American Association of Cardiovascular and Pulmonary Rehabilitation is a multidisciplinary organization dedicated to the mission of reducing morbidity, mortality and disability from cardiovascular and pulmonary disease through education, prevention, rehabilitation, research and disease management. Central to the core mission is improving the quality of life for patients and their families. Learn more about AACVPR at www.aacvpr. org.

> including fires, mishaps at home and drownings; Insurance and Social Protection; Culture; Social Action; and Health Promotion. Please visit https:// www.fundacionmapfre. org/fundacion/en for more information about Fundación MAPFRE.

LEGALS

BRIMFIELD **CONSERVATION COMMISSION Public Meeting Notice**

In accordance with the Massachusetts Wetlands Protection Act, Chapter 131, Section 40, the Brimfield Conservation Commission will hold a virtual public meeting on Wednesday, October 14th, 2020 at 7:00 pm to review a Request for Determination of Applicability (RDA) permit application submitted by Opacum Land Trust to determine if the proposed construction of a hiking trail at the Dingley Dell Conservation Area off Monson Road in Brimfield (Assessor's Map 10-E-8) is subject to the Wetlands Protection Act (as amended). Work is proposed within the 100foot Buffer Zone to Bordering Vegetated Wetlands and within the Riverfront Conservation Commission will be conducted via remote participation. The public may participate in this meeting via Remote Participation: A website for the meeting will be provided on the Conservation Agenda posted on the Town's website at least 48 hours prior to the meeting. Copies of the Request for Determination of Applicability may be examined electronically by contacting the Conservation Commission at: conservation@brimfieldma.org. Roger deBruyn & Michele Restino, **Co-Chairs** October 9, 2020

TOWN OF STURBRIDGE CONSERVATION COMMISSION PUBLIC HEARING

The Sturbridge Conservation Commis-

To all persons who have or may have some interest in the above-captioned estate and, if interested, to the Office of the Attorney General and the Department of Veterans Affairs, notice is hereby given on September 23, 2020 that the Petitioner Jeanine D Pettinelli of Southbridge MA

intends to file with the above-named Probate and Family Court, not sooner than seven (7) days after this notice, a Petition for Informal Probate of a Will Petition for Informal Appointment of Personal Representative, to serve without surety on the bond Jeanine D Pettinelli of Southbridge MA

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Conservation Department at (508)347-2506 or by email at hlapidus@sturbridge.gov. Any person interested or wishing to be heard on this petition should appear virtually at the time and place designated. Submitted by: Ed Goodwin, Chairman STURBRIDGE CONSERVATION COMMISSION

October 9, 2020

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO20P2607EA

Area to a perennial stream.

Project location: Monson Road, Brimfield, MA 01010 (Assessor's Map 10-E-8)

Public Participation will be via Virtual Means Only - Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitation on the number of people that may gather in one place, this meeting of the Brimfield Conservation Commission will be conducted via remote participation. The public may participate in this meeting via Remote Participation: A website for the meeting will be provided on the Conservation Agenda posted on the Town's website at least 48 hours prior to the meeting. Copies of the Request for Determination of Applicability may be examined electronically by contacting the Conservation Commission at: conservation@brimfieldma.org. October 9, 2020

BRIMFIELD **CONSERVATION COMMISSION Public Meeting Notice**

In accordance with the Massachusetts Wetlands Protection Act, Chapter 131, Section 40, the Brimfield Conservation Commission will hold a virtual public meeting on Wednesday, October 14th, 2020 at 7:00 pm to review a Request for Determination of Applicability (RDA) permit application submitted by Lori McCool c/o Lois J. Shelton to determine if the proposed repairs to a septic system at 25 Brookfield Road in Brimfield (Assessor's Map 6B-A-14) is subject to the Wetlands Protection Act (as amended). Work is proposed within the 100-foot Buffer Zone to Bordering Vegetated Wetlands and within the Riverfront Area to a perennial stream. Project location: 25 Brookfield Road, Brimfield, MA 01010 (Assessor's Map 6B-A-14)

Public Participation will be via Virtual Means Only - Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitation on the number of people that may gather in one place, this meeting of the Brimfield

sion, in accordance with M.G.L. c. 131. §40, And the Town of Sturbridge Wetland Bylaws, will hold a Public Hearing relating to work within a wetland, waterbody, or resource area and/or within the 200-foot buffer zone to a wetland, waterbody, or resource area on October 20, 2020 at 6:45 PM virtually from Sturbridge Town Hall, Veterans Hall, 308

Main St. 2nd Floor.

This Public Hearing is in regards to a Notice of Intent submitted by G. Ellis. Applicant; for the repair/replacement of a lakeside retaining wall located at 82 Paradise Lane in Sturbridge, MA.

The Sturbridge Conservation Commission elect, consistent with Governor Baker's March 12, 2020 "Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §20", to hold the public hearing virtually. Details regarding how to virtually access a meeting can be found here:

https://www.sturbridge.gov/town-administrator/pages/how-access-virtural-meeting. For those unable to participate virtually, written comments will be accepted in advance of the public hearing.

A copy of the site plan and application can be inspected on the Sturbridge Town Website at

https://www.sturbridge.gov/conservation-commission/pages/recent-filings or arrangements can be made to view the application packet by contacting the Sturbridge Conservation Department at (508)347-2506 or by email at hlapidus@sturbridge.gov. Any person interested or wishing to be heard on this petition should appear virtually at the time and place designated. Submitted by: Ed Goodwin, Chairman STURBRIDGE CONSERVATION COMMISSION October 9, 2020

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. Estate of: George J Pontbriand Date Of Death: August 28, 2020 **INFORMAL PROBATE PUBLICATION NOTICE** G.L. C. 1908, § 3-306

September 9, 2020

TOWN OF STURBRIDGE **CONSERVATION COMMISSION PUBLIC HEARING**

The Sturbridge Conservation Commission, in accordance with M.G.L. c. 131, §40, and the Town of Sturbridge Wetland Bylaws, will hold the following virtual Public Hearing relating to work within a wetland, waterbody, or resource area and/or within the 200-foot buffer zone to a wetland, waterbody, or resource area on October 20, 2020 at 7:00 PM

This Public Hearing is in regards to a Notice of Intent submitted by E. Silverberg, Applicant; on behalf of M. Nunheimer, Owner, for the repair/replacement of retaining walls and associated site work located at 26 Mt. Dan Road, Sturbridge, MA.

The Sturbridge Conservation Commission elect, consistent with Governor Baker's March 12, 2020 "Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §20", to hold the public hearing virtually. Details regarding how to virtually access a meeting can be found here: https://www. sturbridge.gov/town-administrator/pages/how-access-virtural-meeting. For those unable to participate virtually, written comments will be accepted in advance of the public hearing.

A copy of the site plan and application can be inspected on the Sturbridge Town Website at https://www.sturbridge.gov/conservation-commission/ pages/recent-filings or arrangements can be made to view the application packet by contacting the Sturbridge

CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of: Mary Frances Wetnicka Date of Death: 03/05/2020 To all interested persons:

A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Southbridge Rehab & Health Care of Southbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner Requests that:

Southbridge Rehab & Health Care of Southbridge MA be appointed as Personal Representative(s) of said estate to serve With Personal Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 10/27/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS

UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: October 9, 2020

Stephanie K. Fattman, **Register of Probate**

October 9, 2020

ESTABLISHED 1923



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FRANK G. CHILINSKI PRESIDENT & PUBLISHER

BRENDAN BERUBE EDITOR

Editorial

The need to unplug

Oftentimes, our ideas for editorials arise when something close to us personally surfaces that hits home, or when we hear a significant amount of chatter about a specific topic. This week, the chatter has been about national news overload.

We love the news — after all, it's what we do. Sharing information with our readers on the local level is both an honor and a necessity. This week, however, we have heard many people say they just can't listen to the national news anymore. They feel bombarded, often times leaving them feeling depressed and overwhelmed. News junkies watch the news every morning and night, check their Twitter feeds, listen to talk radio on their commutes and are constantly in the know. It's important and responsible to be aware of what's happening around you, however finding a balance is key, even for those of us in the businesses.

It seems as though the national news cycle has been nothing but chaos over the past several years, especially with regard to the current presidential election. Relentless statistics about the COVID-19 pandemic and negative commentary trying to pass itself off as analysis of the candidates and their platforms seems to ping our phones almost on the minute. This can be exhausting.

As a way to catch your breath, pick one day of the week as a 'no news' day, sort of like a news siesta. Get outside, unplug, read a book, listen to some vinyl or watch Cobra Kai (we do recommend for a splash of nostalgia) Attempt to shut off the little magic box we all stare at way too much on the daily. Could landlines actually still serve a purpose? If you feel like you can't make a difference, realize that you can. First, it goes without saying, get out and vote. Second, do something every day to make the world a better place, even if that means your own little world. Such actions result in the domino effect. Take some time to count the blessings in your life. Positivity still surrounds us in bulk if you look for it. Family, friends, dogs, crisp fall leaves, apple crisp, bacon, a friendly wave from a neighbor, morning coffee, a cold drink, a beautiful hike or walk, a good novel and a nice music blasting session are just a few things we can lean on to always lift us back up.

Viewpoints and commentary from the Tri-Community and beyond TO THE EDITOR

Thank you for supporting TCA's Golf Classic

Tile,

Inc.

in

To the Editor: Trinity Catholic Academy would like to thank everyone who helped make the 25th Annual Golf Classic a successful tournament at a time when "nothing is easy." Volunteers and a continued team spirit from a solid committee led by Paula Toti have been the key to the success of this event over the years. The volunteers who helped are too numerous to name here, they include the 8th grade class at TCA, teachers, parents, alumni, and friends! Please sincere accept our thanks for all that you did. We want to thank

Heritage Country Club, to area parishes who posted the tournament in weekly bulletins, town cable access channels postings on bulletin boards and all who shared the information via social media to make this "sold out" tournament a reality. https:// www.facebook.com/ groups/TCAGolf/ Of course, the tour-

nament could not have held without been the vital support of: Our great Tournament Sponsors: Bermer Tool & Die and Dao Auto Golf Cart Sponsor: Southbridge Credit Union Sponsor: Lunch Concepts Advanced

Beverage Cart Sponsors: United Lens and AmeriClaim Contest Putting Sponsor: Dan Aronson Banner Sponsors: 15/40 Connection, Optical Fiber Solutions, Missy Hilli-Aucoin Ryan Realty, Sturbridge Children's Dentistry and Commercial Real Estate Hole Sponsors: Iozzo Carpets, Aucoin Ryan Realty, Cornerstone Bank, Precision Auto Rebuilders, Wendy McFarland Remax, Natalie M. Stanley DMD & Assoc., Northeast Merchants, The Beu Family, Volume Hair Studio, and A&M Tool and Die Individual and Business donations are so appreciated: Klems, Mane Creations, Rejuvenis Spa, Salon 769, Thai Orchid. Darlene Kuleza. 15/40 Connection, Hyde Tool. Southwestern Fundraising, Nadine Colleen Casey, & Angie Symock, Missy Hilli, Copper Scoops, Hydrangea Home Décor, Volume Hair Studio, Signature Touch Salon, Marty's of Dudley, Taylor Brooke Winery, Bob Clemence, Diane Perry '74, Maryellen Watson, Golfers Warehouse, Tabitha Bellerive, OSV, Southwick Zoo, Wachusett Mt, Cormier

& Genevieve Pioppi, Muriel William & Johnson, Allison Steppic, Talbot Embroidery, Anonymous Donor '61. With more students coming from the towns of Dudley and Woodstock, it was great to have sponsors that recognized this and offered their support and sponsorship! We heard so many positive comments from all present for the day's festivities. They were very impressed with the facility, hospitality and of course an enjoyable day of golf. We are sure that when they left on Saturday, they did so as goodwill ambassadors for the next TCA Tournament and the mission it supports. It's great when you can hold an event that attracts local community members, alumni, families and friends from near and far in support of a 150 year legacy of education and comradery. Again, we want to thank all that had anything to do with the day to insure the success of the tournament. TCA is blessed to have fine people who come forward to give of their time and financial support for the mission of Trinity Catholic Academy. Gratefully,

> Diane Perry TCA Alumni Liaison

h Sponsor: Jewelers, Northeast Concepts Merchants William TCA ALUMNI LI **Tips to Carve a Full Fall Display**

No traditional New England harvest display would be complete without a parade of fat pumpkins and a sprinkling of assorted gourds. The simple pumpkin, rich in both nutrition and heritage, has long served as an Did you know? The Japanese considered the gourd a lucky token and believed a set of six gourds had the power to improve health and spiritual power. Plus they believed the

Can you influence your financial aid award?



Right now, the pandemic is causing chaos and uncertainty for colleges and students. But it won't always be that way. And if you have children who will be heading off to school in the next few years, you're probably thinking about more typical concerns – such as expenses. How will you pay for the high costs of higher education?

Most colleges do offer financial aid packages that can greatly help with these expenses. But it pays to know, well in advance, how financial aid works. And the key platform for determining much of your child's financial aid is the Free Application for Federal Student Aid (FAFSA). In fact, if you have children starting college next year, now is the time to get going on the FAFSA, which became available Oct. 1 for the 2021-22 award year.

Filling out your FAFSA will provide you with what's known as your Expected Family Contribution (EFC). The EFC calculation takes into account four separate areas: parent income, parent assets (excluding retirement funds, such as 401(k) plans and IRAs, home equity and small family businesses), student income and student assets. The EFC does not calculate the exact amount you must pay for college – rather, it's an estimate, and the amount you pay can be below or above this number.

Nonetheless, the EFC is important in determining your financial aid package, and your actions can influence the results. Here are a few suggestions for future years:

Save money in your name – not your child's. FAFSA will just consider up to 5.64 percent of a parent's assets, compared to 20 percent of a student's assets.

Be aware of how retirement plan contributions can affect aid. Many of your current assets, such as your retirement accounts, may be excluded from the EFC calculation. However, any voluntary contributions you make to your 401(k) or traditional IRA during the "base" year (the prior tax year) generally must be reported on the FAFSA and are counted as untaxed income; consequently, these contributions may have a similar effect on aid eligibility as taxable income. Mandatory contributions, such as those made by teachers to a state retirement system, are generally not reported on the FAFSA. Avoid withdrawals from your 401(k) or traditional IRA. The money you take out from these accounts in the years you fill out the FAFSA, and the prior tax year, may count as taxable income in the financial aid calculations. If you really need the money, you may want to consult with your financial professional for alternatives. Consider having children put earnings into a Roth IRA. Money from after-school or summer jobs your children put in a Roth IRA may not be included in EFC – plus, your kids will get a head start on a tax-advantaged retirement account. Keep in mind, though, that Roth IRA withdrawals could be considered as taxable income on the FAFSA if the account owner is younger than 59 $\frac{1}{2}$, which will be the case for your children, or the account is less than five years old. Not all these suggestions will be appropriate for everyone, but they're worth thinking about. You might also want to consult with a college's financial aid officer before you complete the FAFSA, as aid calculations can be complex. An investment of your time and effort early in the process may pay off when the aid packages are finally delivered.

LETTERS

Extra! Extra! Read All About It! We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us! Mail your letters to the Southbridge News, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at news@stonebridgepress.news.

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

object of intrigue and even today, generations of Native Americans hail the pumpkin's healing seeds as a medicinal sedative. Add in the mystique of the annual Halloween Jack-O-Lantern, and its no wonder both pumpkins and gourds

remain an autumn wonder, touted for both their culinary and decorative virtues. Here are some tips to "carve out" a fun fall display!

For carving, choose pumpkins with a sturdy stem, as this is the sign of a healthy pumpkin. Never lift a pumpkin by its stem, not only do you risk it breaking off, a stemless pumpkin ages faster. ***

If you are tracing a design to carve from a pumpkin or gourd, use a chopstick or nut spear to press into the gourd for a foolproof guideline. ***

To cut out a top lid that won't fall inside the pumpkin, carve a hexagon shape to keep it sitting pretty throughout the night. ***

Better yet, cut off the bottom of the pumpkin instead of the top. Place the carved pumpkin over a candle safely set on a plate, or for optimum safety, simply use a flashlight. ***

If you plan to place a pillar candle inside your Jack-Lantern, first cut a hole in the bottom of the pumpkin the same size as your candle to stabilize it. ***

For a festive twist on traditional Jack-O-Lantern lights or candles, stuff a string of small white Christmas lights inside the carved pumpkin. Make a hole out the back to feed plug through.

Carving a gourd? Here's a hint to halt the hassle. Simply place a towel inside a large bowl to hold the gourd steady. Place the gourd in the padded bowl to keep it from moving while you trace or cut. set of gourds could produce six fortunes!

> Want your Jack-O-Lantern or gourd sculpture to last longer? A spray of Lysol or other disinfectant will prolong life of pumpkins and gourds.

For long term storage, put a thin amount of petroleum jelly on the exposed, sawed edges. This prevents water from getting out. If water gets out, your pumpkin will shrivel. ***

Stretch the longevity of a Jack-O-Lantern by giving it a bath. Let the pumpkin float for a few hours, or even overnight, allowing the insides fill with water. Put a little bleach in the water if you wish to prevent mold. The pumpkin absorbs the water and become very firm. Anytime your pumpkin shrivels, soak it in a bath of cold water for one to eight hours to rejuvenate it. **

Another way to extend a lighted Jack-O-Lantern's life is to poke a vent hole or two in the top of the pumpkin to vent the heat and slow the rotting process.

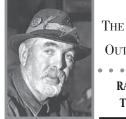
Jack-O-Lantern Lore Legend has it the Jack-O-Lantern evolved from an Irish tale involving a drunkard named Jack. According to the longtime yarn, Jack was a trickster who playfully deceived family members. His fate was sealed the day he attempted to trick the devil into climbing an apple tree. Once Jack convinced the devil to climb the tree, he placed crosses around the tree truck, trapping the devil. With the devil cornered, Jack refused let him down until he promised not to take Jack's soul when he died. The story goes that many years later when Jack died, he couldn't get into heaven, yet he was turned out of hell too, because of the devil's long ago promise. Jack found himself with nowhere to go. He asked the devil how to leave the gates of hell as there was no light to guide him. According to the tale, the devil threw

Turn To **TRAINOR** page **A9**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.







THE GREAT OUTDOORS RALPH TRUE

This past Friday, Matt Fontain and this writer decided to make a trip to Galilee, R.I. to do some fishing for seabass and tautog. After stopping at Quaker Lane Bait and Tackle shop to pick up some green crabs for bait, we headed for the boat ramp at Galilee. Upon arriving just after daybreak, we found ourselves in line at the ramp. "Fishing must be good, Matt" were the first words out of my mouth. After finally launching the boat, we managed to catch a few mum-mies for bait, but they were extremely scarce.

Matt went to park the car and trailer, which gave me some time to talk to a few anglers that had recently returned from Block Island. They had been fishing most of the night, and all managed to retain a keeper striper. I mentioned about all of the trailers in the parking lot and wondered if they were mostly fishing for stripers. "Heck, no," one guy replied, "they are out chasing Bonito or False Albacore." Matt was returning from parking the car and trailer, so it was time to go fishing.

We headed out through the East Breaker Wall, and planned to fish in front of the light house at Point Judith. We spotted a group of boats fishing in front of Scarborough Beach area, so I mentioned that they more than likely were catching tautog, as it is always a hot spot in the fall. As we arrived in the area, we soon realized that they were all chasing Bonito. After observing numerous bonito busting the water





A few of the club members ready to hunt pheasant this past weekend.

Matt Fontain with a few of the seabass and tautog we caught last week.

around us, I decided to give it a try . After a few minutes of fishing Matt suggested that we go back to the area around the Lighthouse. "I just don't feel it," he stated, meaning that he felt we were in the wrong spot.

"Let's go," I stated. Arriving at a spot a mile off of the lighthouse I lowered my rig bated with green crab. "Wow, I got a fish on!" The rig had barely hit the bottom and I was hooked up to a good fish.

As the fish was reeled up to the surface, we realized I had a large seabass. It was lock and load action for the rest of the morning, catching seabass and tautog using crabs as bait. We left a bit early because of a squall with heavy winds coming into the area, but it calmed down as fast as it came in. We were already half way back to the launch area, so we

called it a day. We are heading back this week for some more action. Tautog fishing is heating up fast, so give it a try.

Photos Courtesy

Two local youngsters harvested a deer this past Saturday in the valley area. It was an opportunity for them to hunt deer during the special one-day youth hunt that is an annual event. Because of the deadline of this column, I was not able to acquire the names of the two young hunters. Hopefully, there will be more information on the two successful hunters.

This past Saturday, the Uxbridge Rod & Gun Club had their first Pheasant hunt under there Preserve hunting license. It sure was nice to get the dogs out hunting for the first time. Numerous breeds of bird dogs did there thing of pointing and flushing birds.

Labrador Retrievers, Pointers, Springers, Brittney's, and a Griffon were some of the dogs hunting this past week-end. The smell of spent gun powder in the crisp morning air after downing our first pheasant of the year was a sure sign that fall was here. Dog owners that took the time to train their dogs during the off season were rewarded with some great dog work in the field. There is nothing more enjoyable than hunting over a well-trained dog. This week's picture shows a few hunters ready to enjoy a day in the field hunting pheasant, at the Uxbridge Rod & Gun Club.

Duck & Goose hunting opens on the 13th of October this year, in the Central District. Because of the low water in most ponds and rivers hunting ducks may be a lot different than previous

years. Locating areas of water along small streams, needs to be done prior to opening day. A good retrieving dog will save you a lot of otherwise lost birds. The wood duck population is high this year, as the birds had a good nesting season, as did the resident goose population.

Trout stocking by the Massachusetts Fish & Wildlife has started and most ponds and lakes that normally receive a fall stocking should be completed by the end of this week. The recent cool nights helped cool the water, but we still need a few inches of rain. Hopefully, we will get a good soaking soon.

Stay safe and wear a mask when out in the public!

Take A Kid Fishing & Keep Them Rods Bending!

Adjusting to the times: Get your antique and collectibles appraised without leaving home



way,

likely suffered larger set-The panbacks due to COVID-19. With demic has affected all the inability conduct in-person meetings, members of of us in some smaller non-profits have not and non-profits been able to share the camaraderie with those who hold are no excepsimilar interests The

"Virtually Vintage: A Live, Online Antique Appraisal Event" on Oct. 10 from 10 a.m. to 1 p.m. You can buy tickets to get your items appraised on their website: townsendhistoricalsociety.org. Appraisals are \$10 each or 3 items for \$25. After you purchase your ticket(s), you can either send photos of your items and any history that you have or bring them in person to Townsend on the day of the event. Ticket holders will be able to watch the entire event or just sign in when it is time to have their items appraised. I have been working closely with Taber Morrell, the Site Administrator for the Townsend Historical Society, to prepare for the event. In an email interview, he said that the Site Administrator

is responsible for the "Reed Homestead where [they] do most of [their] tours and programs, and where [their] records and artifact collections are stored." Morrell also said: "the position extends to other historic buildings we

fair had to be canceled this vear, but the organization has been working hard to make many other events accessible virtually. Mr. Morrell said that the Townsend Historical Society has run a "virtual open house, an online presentation about the history of tourism in New England, and [they are] even working on a web-based cemetery tour for October." He informed me that "members have been craving another edition of the antique appraisal [held with me] in 2017" and they hoped to "create a virtual version we could make a lot of people really happy." I look forward to utilizing modern technology to help online attendees learn more about

tion. Historical ANTIQUES, Museum recently COLLECTIBLES reopened with social & ESTATES distancing guidelines WAYNE TUISKULA in place. The Worcester

Art Museum is scheduled to reopen this week. Cancelled events due to COVID-19 decreased revenue at these larger non-profits. Smaller non-profits typically have fewer grants and have

Worcester

One local non-profit group is learning how to adapt during these unprecedented times. The Townsend Historical Society recently approached me about appraising items virtually. I had appraised items at a live appraisal event for them in Townsend in 2017. I enjoy the interaction with the public at these events and look forward to having that interaction soon, even if it's through a screen.

The event will take place via Zoom during the Townsend Historical Society's care for as well, a 19th century grist mill, cooperage, church, and some monuments throughout town."

Mr. Morrell provided me with some additional information on the organization and event. The group has close to 300 members who are "really active with the Historical Society and its programs." He informed me that the "appraisal held in 2017 along with our Arts and Crafts Fair are absolutely the most talked about events." Unfortunately, the

Turn To ANTIQUES page A15

Unexpected twists and turns

Life is rarely as we plan it. What we pected obstacle.

expect often turns out differently and we are reluctantly forced to adjust accordingly. Riding the waves of life is what we make of it. It can be waves of frustration or we can allow those same waves to take us on a fascinating journey.

I didn't plan on spending the last few days in the hospital, yet here I am. So, I'm writing this column on phone rather than my laptop. mv I'm doing so, the old-fashioned way, without the use of my usual editing program. I'm horrified how this may be received by your newspaper but hopefully we can take it all in stride.

If you are a regular reader of my column, you know I'm fighting Stage 4 Stomach Cancer. It's not what I expected. This isn't what I planned. Lying in this hospital bed using one finger to type my column on a phone certainly isn't what I anticipated happening ... but it did.

So, what do you do when life unexpectedly changes your plans? You can react to the problem or you can respond. You can react with anger, sadness, frustration, or depression, or you can respond with courage to overcome the adversity. You can use your intuition to guide you. You can harness thoughtful and logical creativity and act to overcome the unex-



I've written about this before. There is a difference between reacting and responding. Reacting is usually a knee-jerk reaction that usually compounds the problem and makes it worse. Always try not to react.

Responding is different. When we respond, it's usually with calmness and courage to face the situation. Face the issue and always respond.

It also makes a difference in how we label things. We can call them problems or situations. Problems are nasty, headache causing circumstances that usually cause a reaction. A situation insinuates a circumstance that you can resolve. Label all your obstacle and unexpired circumstance as situations and not problems.

So, I'm choosing tonight to respond to the situation of being in the hospital rather than reacting to a problem that's out of my control. I can make this a problem or situation. I choose it to be the latter. either one true. This newspaper may fire me over this problem if I can't resolve it. I instead choose to overcome this situation with courage, careful thought and logic and not disappoint the newspaper that relays on me.

Think about interchanging these words ... react vs respond and problem vs situation. We can look at the same event and react to a problem or him an ember from the flames of hell respond to a situation. How we label it determines what we think l, and what we think determines how we view the obstacle. And again, how we view it determines if we react or respond.

I'll admit. The fact I'm being contained in a hospital without my computer caused me to momentarily react and become frustrated, but I took a breath and said out loud, this is a situation to be solved and not a problem. Once I thought about my options, my phone was it, and I resolved my situation and began typing.

As I began this column saying, life is never perfect. There will always be unexpected events that change destroy our carefully laid plans. The only choice you have in those moments is to label it as a situation rather than a problem and respond rather than react.

I always choose to respond.

Will you join me?

P.S.: I'm going to be fine. I had a bowel obstruction which is resolving itself. I hope to be released today.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

TRAINOR continued from page **A8**

to help him light his way. Jack put the burning ember inside a hollowed out pumpkin. From that day on, it is said that Jack wandered the earth without a resting place, lighting his way with his lantern, thus the legend of the "Jack-O-Lantern," was born.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.





We celebrated our 25th Anniversary Sales Event back in June, but with all that we've recently been through, **we wanted to give you** <u>one final chance</u> this year to get our **BIGGEST new customer discount!** Thank you for 25 amazing years!



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Grow garlic this fall for flavorful meals and health benefits



Garden Moments melinda

MYERS

Add a bit of flavor and health benefits to your main course with some homegrown garlic. This vegetable has been used for thousands of years as both food and medicine. Today it is credited with fighting heart disease, lowering blood pressure and cholesterol, and boosting the immune system while fighting cancer. Grow garlic in a well-drained soil and full sun. Plant cloves in fall about six weeks before the ground freezes in cold climates and early winter in warmer regions. Garlic needs 6 to 8 weeks of cool temperatures below 40 degrees for the shoot and bulb to develop. The leaves will form during cool, short days then slows as bulb growth begins when the days are warmer and longer.

Plant individual cloves with the pointed side up and the base of the clove 2 to 3 inches below the soil surface. Space cloves 6 inches apart in rows 12 to 14 inches apart or more depending on the variety.

Mulch the soil with weed-free straw after the ground freezes in regions with cold winters. This provides added insulation and helps prevent frost

Wales Cultural

funding proposals

WALES - Proposals for Wales com-

munity-oriented arts, humanities, and

science programs are welcome, and

grant applications open Oct. 1, and are

Council seeks

heaving that occurs when temperatures fluctuate, causing soil to alternately freeze, thaw and shift throughout the winter.

Water thoroughly and often enough to keep the soil evenly moist during active growth. Inconsistent moisture during the growing season results in misshapen bulbs. Mulch the soil with shredded leaves, evergreen needles, or other organic matter to conserve moisture, suppress weeds, and improve the soil as it decomposes.

Double your garlic harvest by using the curly Q stems, called scapes, in cooking and flower arrangements. Watch for these curled stems about a month after the spring leaves appear.

Remove the scape soon after the swollen part appears at the tip of the stem. Cut or break the scape off just below the swollen area. All parts are edible and can be used fresh or cooked just like garlic. You will not only enjoy the mild flavor but removing the scapes helps increase the size of the garlic bulbs.

Harvest garlic when about one third, but less than one half of the leaves turn brown. Start by digging one plant and checking the garlic for maturity. Cloves should be plump and fill the skin. Immature garlic does not store well while over-mature bulbs are subject to disease.

Cure garlic for 3 to 4 weeks in a warm, well-ventilated location. Once dried, remove the tops and store in a cool, moderately humid location

due by Nov. 16 at 11:59 p.m. EST.

The Wales Cultural Council invites organizations, schools, and individuals to apply for grants that support t cultural activities in the community.

According to Wales Cultural Council chair, Susan Gregory, these grants can support a variety of artist projects and activities in Wales. To apply, visit www.massculturalcouncil.org.



Photo Melinda Myers

Plant garlic cloves in fall about six weeks before the ground freezes in cold climates and early winter in warmer regions.

with good air circulation and out of direct sunlight. Properly harvested and cured garlic will last for up to 8 months.

So, plant some garlic this fall and add flavor and health benefits to your meals.

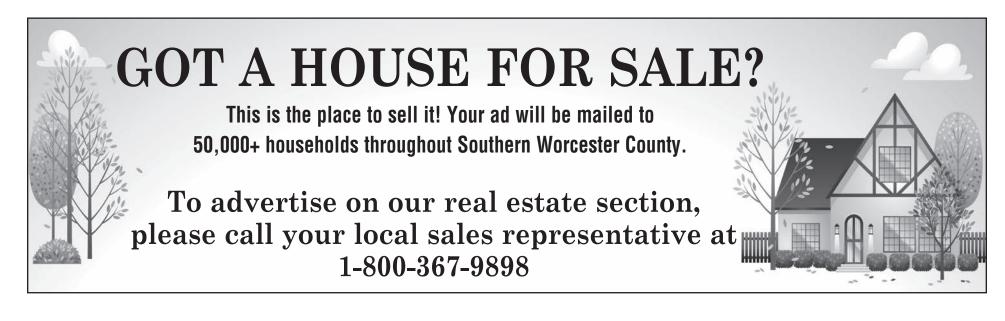
Gardening expert Melinda Myers has 30 years of horticulture experience and

Woman's Club meets Oct. 16

SOUTHBRIDGE — The Southbridge Woman's Club will hold an open social meeting on Community Service on Oct. 16 at the Southbridge Hotel and Conference Center at noon. written over 20 gardening books, including Small Space Gardening. Myers is the host of The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.melindamyers.com.









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WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$949,900.00



WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9.822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Fir Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00



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WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! Remember, Timing Is Everything \$1,075,000.



LAKE SHIRLEY - 647 RESERVOIR RD

Lakefront! Lake Shirley! Modern Flare on a Lakefront Co-Ionial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House!

assisted sale \$1,040,000.

Two test positive for COVID at Bay Path

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – Bay Path Regional Vocational High School has confirmed two positive cases of COVID-19 within the school system.

A press release on Oct. 1 from Superintendent-Director Kyle Brenner confirmed that two unnamed individuals associated with the school received positive tests for the infection. The identities of the individuals were not revealed however the press release did indicate that those with close ties or who were in close contact with the individuals were notified privately of the situation and were recommended to be tested and self-quarantine for ten days regardless of their test results.

"Though we cannot provide specific information about our school community members who tested positive, your child was not a close contact (defined as being within six feet of the person for at least 15 minutes) of the affected school members," Brenner wrote to parents in the release. "Please continue to monitor your child for symptoms and keep your child home if he/she/ they shows any symptoms or is not feeling well."

The Superintendent-Director further added that Bay Path had build-in planning for this very scenario when they discussed reopening the school. These responses include sanitation, informing families of students who were at risk of exposure or close contact, and offering support for affected families. The school is also adhering to protocols established by the Department of Health and the local Boards of Health.

"We are asking those parents whose students are tested for COVID-19 to please report the results to the school nurse. We are working hard to understand the impact of the virus on our school community and this information is critical piece of that puzzle," said Brenner. "The further prevent transmission of the virus to other staff and students, we have sanitized the school with a focus on those areas frequented by the community member that tested positive."

While the press release did not confirm whether it was a student or staff member who tested positive for COVID-19, if students are forced to quarantine due to positive tests they are provided with remote learning opportunities to help "provide instruction, structure, and an emotional connection to the classroom" during that time.

Any parents or community members with concerns are invited to contact Brenner directly at KBrenner@baypath.net.

QCC's early college program gets a boost

WORCESTER Quinsigamond Community College has been awarded a Commonwealth Dual Enrollment Partnership (CDEP) Grant of \$32,400. The grant provides funding for high school students to take college-level courses that fulfill high school requirements, as well as earn college credit towards their degree. The CDEP helps to ease the transition from high school to college, enabling high school students to get a head start on their college careers. The program offers academic experiences to qualified students who otherwise may not have access to an early college experience. The CDEP's goal is to increase the population of high school graduates who are college ready.

QCC has a strong Early College Program and is a pathway to higher education for those historically underserved. Since 2018, the College has worked with Worcester Public Schools, creating college equity access to more students. Currently, the College has partnered with seven Worcester Public High Schools and 22 Central Massachusetts High Schools. Classes range from general education to business and healthcare. "The CDEP Grant funding will be used to offer college credit courses to underserved students in the Worcester County Early College Programs," said Christina Hebert, director of Educational Partnerships K-12 & Early College Initiatives at QCC. "We are excited that this CDEP Grant will enable us to offer credit courses to students in schools that to date have not had access to this type of program."

Governor Charlie Baker and Lt. Governor Karyn Polito praised QCC's program in a letter to President Dr. Luis Pedraja.

"We want to thank you for your commitment to increasing college participation through dual enrollment activities, particularly for low-income, underrepresented, and first-generation college students. Through this funding and your continued support, we hope to expand access to great educational opportunities for every student in the Commonwealth."

Visit www.qcc.edu/early-college to learn more.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.



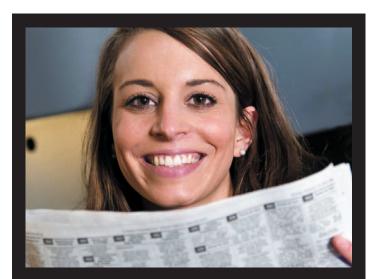
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Special Town Meeting to discuss capital purchases

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON - Nine warrant articles will be up for discussion during the town of Charlton's special town meeting on Oct. 13, which will be held in neighboring Dudley.

Of the nine articles on the warrant, several are housekeeping measures. Article 1 will ask voters to allow the town to pay bills invoiced to the town prior to June 30, 2020 while Article 2 involves amendments to the Fiscal Year 2021 budget to correct projected shortfalls identified after the spring annual town meeting. Article 3 will also seek an amendment to the 2021 Fiscal Year budget concerning a shortfall in the Prindle Dam receipts.

Article 4 on the warrant

involves miscellaneous capital items mostly involving the town's Capital Improvement Plan. This article is being split into nine separate motions concerning conservation, town cemeteries, the town library, an update to the master plan, technology upgrades, the purchase of a replacement cruiser and ambulance for the police and fire departments respectively, a town wide radio replacement project, the replacement of a John Deere loader, and new pickup trucks for the water and sewer departments with money being requested from a variety of sources depending on the item. A full breakdown of Article 4 has been made available along with details on other articles on the warrant on the Town of Charlton Web site.

Article 5 on the warrant will

seek to transfer funds from the town's stabilization account. Articles 6 and 7 will involve a pair of proposed zoning map amendments while Article 8 will seek to amend the regulations for building heights in the town's Industrial General Business Enterprise Park zoning districts. The amendment would increase the allowed height of such buildings from the current 36-foot limit to 50 feet. Finally, Article 9 will seek a further zoning amendment to parking zoning regulations for manufacturing and warehousing uses.

The special town meeting will take place at 7 p.m. on Tuesday, Oct. 13 at Shepherd Hill Regional High School in Dudley which serves as the main public high school for both towns.



Federated Church to host electronics recycling event

STURBRIDGE — The Federated Church of Sturbridge & Fiskdale will hold an electronics and appliance recycling event on Saturday, Oct. 24 from 9 a.m. to 2 p.m. The event will be held rain or whine at the rear of the church at 8 Maple St., Sturbridge. Social distancing will be observed and participants are required to please wear masks.

Residents of any town are welcome to participate to bring electronic or appliance items for recycling at a graduated cost per item:

• \$5 each for Computers, DVD Players, Printers, Laptops, Misc. Electronics

• \$10 each for Microwaves, Small Household Appliances

• \$15 each for Computer Monitors, AC's, Dehumidifiers, Large Printers

• \$20 each for TVs up to 24 inches, Washing Machines, Dryers, Stoves, Large Appliances, Grills, Exercise Equipment, Large Yard Equipment

• \$25 each for TVs between 25 and 31 inches, Large Refrigerators

- \$30 each for TVs between 32 and 35 inches
- \$35 each TVs over 36 inches
- \$40 each for Projection TVs

• NO CHARGE for Cell Phones, Bikes, Car or Truck Batteries

Cash is preferred. Checks will be accepted for items requiring payment of \$30 or more. The event is being held in collaboration with Green Day Recycling. If you have questions, please email GreenDayRecyclingMA@gmail.coom.



Septic System Specialists

Expo Management postpones all shows until 2022

WOPRCESTER — Expo Management Group, producers of the Worcester RV & Camping Show, Worcester Home Show and the Worcester Boat Show announced the postponement of all events until 2022 due to uncertainties about COVID-19 protocols.

Currently, the state of MA is in "Phase 3" which does not allow large public events to be held. Phase 4 (which would allow public events and bars to open) is on indefinite hold until there is a viable and widely distributed vaccine in effect. The CDC predicts that this won't happen until at least the end of the 3rd quarter of 2021.

According to Jeffrey Davis, Managing Partner of Expo Management Group, "In the almost 75 years that we've been producing shows, we've always strived to produce the best events to justify the money our exhibitors spend with us. Consumer shows rely on face-to-face marketing where people can see, touch, and experience the product or service an exhibitor is promoting. Given the current situation, it is impossible to do this. We had to lay off our entire staff since March and have not been able to put together a plan that makes sense. It takes nearly a year to put together our shows, but with social distancing and additional safety protocols, we simply cannot in good conscience ask our valued exhibitors to pay for space without knowing whether or not the show will actually happen. We just hope that everyone stays safe as we try to adapt to a new normal."



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ANTIQUES continued from page A9

their historical artifacts. I hope to see some regular readers of this column through my screen.

In addition to the virtual appraisal with the Townsend Historical Society, we also have other exciting events coming up this month. We will be holding an estate sale in Stoneham, Mass. on Oct. 17, following COVID-19 safety guidelines. Bidding will end on October 28th for our online coin auction. We are still accepting quality consignments for our multi-estate online antiques and collectibles auction ending on Nov. 11.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com.





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