



Carly McKay helped during the annual Uxbridge cleanup.

Photo Courtesy — Bonnie Combs

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

UXBRIDGE — For the third consecutive year, businesses, neighbors, friends, and families joined together over the weekend to volunteer in a town-wide cleanup event to help beautify Uxbridge, helping to clean more than 90 streets in town.

The program, organized by the Blackstone Heritage Corridor, is part of the National Park Service Volunteers-In-Parks program. Volunteers received the use of safety vests, gloves, and litter pickers, and returned to the town common after the cleanup for a free lunch provided by several Uxbridge-based businesses.

“It’s an opportunity for residents

to come out and help beautify their community,” said Blackstone Heritage Corridor Director of Marketing Bonnie Combs. “Each year, it’s grown a little...it was really a great outpouring of support.”

Combs estimated that this year, almost 150 people came to the cleanup, with bags filled with trash lining the streets.

“It’s very excellent to get that many people interested to come together to pick up trash and make the town better. It creates a lot of community pride,” Combs added.

New this year were free t-shirts, given to the first 100 volunteers who pre-registered and participated in the cleanup. The shirts were .....

Turn To **CLEANUP**, page **A7**

## Douglas feels impact of call firefighter shortage

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

DOUGLAS — Nationwide, there is currently a shortage of call firefighters—firefighters who are on-call from home and are paid when they answer calls. Locally, the town of Douglas is feeling the impacts of this shortage.

Fire Chief Kent Vinson said the Douglas Fire Department is comprised of full-time firefighters and paid on-call firefighters. The full-time firefighters staff the station 24-hours a day; paid on-call, or “call firefighters,” are not scheduled to work specific hours or staff the station.

“Years ago, many people worked in town and their jobs allowed them to leave and fight fires. Now, many are working out of town and do not have .....

Turn To **SHORTAGE**, page **A7**

## Highway employee recognized with public service award

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

DOUGLAS — Call fire-fighter, working foreman, EMT, maintenance manager—in his tenure working for the town of Douglas, Adam Furno has always been willing to take on many roles to benefit the town. He has been with the town’s Highway Department for 12 years, and now, he is being recognized as a recipient of the Thomas S. Green Public Service Award.

“I feel pretty honored, but also humbled,” Furno said. “I don’t want to be in the spotlight, that’s not who I am. I just like doing my job.”

The Worcester Regional Research Bureau has recently announced the recipients of the 2019 Thomas S. Green Public Service Awards, with Furno being one of four recipients this year. According to a statement from the Bureau, the Green Awards publicly recog-

nize the efforts of individuals from across the region who have made outstanding contributions to public service.

Furno’s primary title with the Douglas Highway Department is Working Foreman; he also works in Building and Facilities Maintenance and is involved in every aspect of maintaining and improving town buildings from major repairs to fixing leaks, the statement reads. He is a trained call fire-fighter and EMT, often a first responder at an incident.

According to the Bureau, Furno “has had an enormous positive impact on the municipality.”

“Each year, the Thomas Green Award celebrates the unsung heroes of municipal governments. This year’s recipients have dedicated their careers to public service and are the perfect representation of the ideals of this prestigious award,” said Ellen Ganley, Chair of the .....

Turn To **FURNO**, page **A7**



Photo Courtesy

Adam Furno and Deputy Fire Chief John Furno.



Photo Courtesy

For more than 15 months, the Sutton Police Department has waited patiently in an antiquated station as construction on the town’s new station at 489 Central Turnpike has been underway. Now, the new building is finally nearing completion, with a grand opening for the public slated for Saturday, May 4.

## Sutton police to unveil new station

SUTTON — For more than 15 months, the Sutton Police Department has waited patiently in an antiquated station as construction on the town’s new station at 489 Central Turnpike has been underway. Now, the new building is finally nearing completion, with a grand opening for the public slated for Saturday, May 4.

“I would like to thank the residents of the town of Sutton that approved the funding for the new

police station,” said Sutton Town Manager James Smith. “It was almost a unanimous vote at town meeting. I believe they saw the inadequate space, approximately 2,500 square feet, a lobby that fit one person, offices that were built out of closets and in the end, they felt this was insufficient for the department to do their job.”

The Sutton Police Department became a full-time agency in 1968 and has been stationed alongside the municipal center at 4 Uxbridge Road since 1982. The department is comprised of 15 sworn full-time officers, one part-time officer, five special officers, four full-time dispatchers, four part-time

dispatchers, and one administrative secretary, according to the town’s website. The department is responsible for patrolling 140 miles of roadway and currently services more than 15,000 calls annually.

The town of Sutton is experiencing exponential growth as a result of the Route 146/Massachusetts Turnpike connector. With the town’s population now over 9,600 citizens, this growth has brought an increased demand for police service, reads the website.

“The new police station was built not only for today, but for the future of .....

Turn To **STATION**, page **A7**

# Water quality report shows improvement

WORCESTER — The new Blackstone Heritage Corridor Visitor Center in Worcester was the perfect venue last Saturday, March 30, for reporting that the river is showing signs of improvement.

At its annual water quality monitoring summit and volunteer appreciation breakfast, the Blackstone River Coalition (BRC) released its 2018 Report Card to a standing-room-only audience. The event was attended by program volunteers from Massachusetts and Rhode Island, municipal planners, environmental consultants, watershed group representatives, and community leaders.

Worcester City Manager Ed Augustus welcomed the audience and commended the volunteers for their ongoing commitment to the watershed. He singled out the connection between the efforts of the headwater monitors with those of the City’s new Blue Space initiative. The two programs dovetail nicely in that the BRC program monitors the rivers and streams, and the City monitors the lakes and ponds that receive those waters.

Donna Williams, BRC Water Quality Program Manager, acknowledged the volunteers’ work as the scientific backbone of the Blackstone River Coalition’s advocacy efforts that are the Campaign for a Fishable/Swimmable Blackstone River. She also recognized the broad partnership of agencies, elected officials, and local groups that made the new visitor center a reality after decades of planning.

The 2018 Report Card was presented by Susan Thomas, who serves as the Coordinator for the volunteer monitoring program. She began by commending the over 100 volunteers that allowed the program to achieve 97% coverage of last year’s 600 water quality sampling events.

Ms. Thomas explained how wet weather affected results from the sampling days in August-November in 2018. Snowmelt and rain create storm

water runoff, which is when pollution is carried over land by water to nearby streams, rivers, and lakes. Storm water runoff is the leading cause of water pollution across the country. This is especially true for nutrients like phosphates and nitrates that can reduce water quality when too much is washed into waterways from lawns, roadways, farm fields, and sewage leaks.

Positive news from the 2018 Report Card:

Nutrient levels in headwater tributaries around Worcester were graded good or fair, and some sites are showing improvement over the past two years.

19 of 20 tributaries in the watershed’s midreach section (Upton to Blackstone) received excellent or good grades for nutrients.

These midreach sites include several along the Mumford and West Rivers, Centerville Brook in Douglas, Cook Allen Brook in Sutton, Warren Brook in Upton, and Bacon Brook in Uxbridge.

Nutrient levels in the Blackstone River itself (the “mainstem”) improved at seven of nine sampling locations from 2017 – 2018 including upstream of the Blackstone Gorge.

Four sites on the Blackstone River received excellent or good grades for nutrients including in Blackstone near Fox Brook.

These midreach and mainstem nutrient grades show a dramatic improvement from past years.

All but one Rhode Island tributary to the Blackstone River improved or stayed the same for nutrients compared to last year.

Adam Kautza, fisheries biologist with Massachusetts Fish and Wildlife, gave a presentation on cold water fishery resources (CFRs) in the Blackstone River watershed. He stressed the need for cold, oxygen-rich, clean waters to support brook trout and other cold-water species. He explained that only 16 percent of all stream miles in the Massachusetts portion of the watershed are considered cold water streams, and few of these are considered “robust” or high quality due to the prevalence of dams and ongoing development. We need to protect the limited robust waters and improve the marginalized ones through practices such as dam removal, culvert replacement, and habitat restoration of streams and the adjacent riparian zones. By controlling erosion at construction sites, we can keep streams free of suspended sediment (called turbidity) that harms fish and other aquatic organisms.

CFR Highlights of the Report Card:

Seven of eight Headwater CFRs received a good or fair grade for water temperature.

Five Headwater CFRs received an excellent grade for levels of dissolved oxygen, and three improved from 2017.



Photo Courtesy

Volunteer water quality monitors Jim and Maggie Plasse display their 15-year certificate of achievement at the Blackstone River Coalition’s annual Summit, March 30, in Worcester.

Centerville Brook in Douglas was the only midreach (Upton-Blackstone) CFR that received a good grade for temperature. The other 10 sites were graded worse, including the West River at Hartford Ave in Upton and Emerson Brook in Uxbridge which both received poor grades.

11 of 12 CFRs in the midreach were graded excellent to fair for oxygen levels including Centerville Brook in Douglas, and Meadow and Emerson Brooks in Uxbridge.

Warren Brook in Upton struggled with poor grades for temperature and oxygen.

Most R.I. CFRs did well for temperature and oxygen.

Turbidity got worse at four CFRs in the Blackstone River watershed during late summer and fall, including Meadow Brook in Uxbridge during July and September.

Since 2008, water temperatures have generally held steady, showing no obvious trends upward or downward.

Since 2008, dissolved oxygen levels have generally held steady; however, the midreach CFRs tend to fare worse than either the headwater or Rhode Island CFRs for this important water quality characteristic.

Ms. Thomas discussed an analysis conducted by Clark University on the BRC’s 15 years of data for CFRs. The analysis identified Shrewsbury, Grafton, Sutton, Uxbridge, and Douglas as municipalities containing sites that repeatedly experienced lower levels of oxygen — a condition that can stress cold water species. The data review also identified the West River subwatershed as being an area of concern due to the number of CFR monitoring sites experiencing low oxygen levels as well as being an area undergoing increased residential development.

As part of the Volunteer Appreciation event, Ms. Thomas presented certificates to long-serving volunteers. All volunteers from 2018 received a complementary one-year membership to a local watershed organization as a thank-you gift.

JoAnne Holahan, Education Team Coordinator for the Blackstone River Watershed Association (BRWA) spoke about the BRC and BRWA working together to teach students, municipal planners, and communities about the need for watershed protection. She described classroom demonstrations, public tours of cold-water streams, family fishing events, and municipal presentations that are being conducted as part of a grant awarded to the BRC from the Massachusetts Environmental Trust. Summit participants were invited

to take home a Blackstone Watershed Pledge card to help them put their commitment into action.

Mrs. Holahan commented, “The new Cold Water Fisheries component to the BRWA’s Watershed & Us classroom program provides an opportunity for students to make an emotional connection that is essential for understanding and protecting the environment right outside their doors. Frannie, a little rubber fish, lives in the cold water stream model that gets polluted because of the way people are using and abusing the land around it. Students see firsthand how what we do on the land directly impacts our water and the animals that live in it. What’s just as exciting is finding out that there are solutions to many of the pollution problems, and that they can play an active role those solutions!”

Peter Coffin, BRC Coordinator, rallied the audience with an overview of how far the river has come from its industrial working days of neglect to 2019 when the river and its tributaries are showing signs of recovery. This turnaround is due, in part, to EPA-mandated upgrades to wastewater treatment plants and to municipalities being required to implement effective storm water management practices.

Addressing the volunteers, Donna Williams said, “As you all know, the Blackstone River was the engine driving the industrial revolution not only here in the valley, but throughout the country. It continues to be the engine for water supply, recreation, wildlife, climate change resilience, economic sustainability, and educational opportunities. And each of you, by your commitment to this program, are critical advocates for and stewards of the Blackstone in your own local community.”

Ms. Thomas urged the volunteers to harness their citizen scientist role into that of a local watershed advocate by participating in community meetings and by supporting environmentally-informed candidates and proposals at election time.

## TRIBUNE ALMANAC

### REAL ESTATE

#### BLACKSTONE

\$611,190, 16 Glenside Dr, Independent Building Corp, to Lavallee, Jennifer J, and Denham, James A.

#### DOUGLAS

\$183,300, 8 Compass Point Dr #8, Northbrown LLC, to Hadley, John, and Perham, Kristina.

\$180,000, 34 Gilboa St, US Bank NA Tr, to Mercure, Michael J.

\$106,000, Crescent Ln #7, Pollard Pension Plan& T, and Pollard, Frederick W, to Orbison Corp.\$15,000, 140 Wallis St, Boutiette, Paul N, and Boutiette, Beth A, to Saviano, Deborah.

#### NORTHBRIDGE

\$413,000, 132 Fowler Rd, Pozzi, Anthony, and Pozzi, Danielle L, to Smith, Kelly J.

#### UXBRIDGE

\$347,379, 101 Londonderry Way, Bates, Peter M, and Bates, Kristin L, to MTGLQ Investors LP.

\$340,400, 81 Woodland Rd, Millville Investment LLC, to Newberger, Andrew, and Reyesgavilan, Natalie R.

\$335,000, 164 W River Rd, Scorza, Albert F, and Hong, Ping, to Harris, Kyle.

\$323,000, 46 Taft Hill Ln #46, Burnat, Michael, and Burnat, Lillian S, to Whitehead, David, and Whitehead, Cynthia.

\$310,000, 193 Williams St, Doubleday, John R, to Fleury, David, and Fleury, Erin.

\$264,500, 14 Susan Pkwy, Robinson, Philip E, and Robinson, Jennifer, to Bradshaw, Eric N.

\$162,400, 172 S Main St, Wagner-Blankenship, M A, and Wilmington Svgs Fund Soc, to Wilmington Svgs Fund Soc.

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The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.

# SENIOR SCENE

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SPECIALS COMING UP:  
First Thursday of every month, Denise Forgit holds office hours from 9:30-11:30 to assist with frauds and scams. All appointments are confidential. Denise also has a shredder if you need to get rid

of confidential documents.  
Every Wednesday from 1:30-3:30 our computer expert Paul Holzwarth is here to help with any computer, iPad, or even cell phone questions you may have. Call the Senior Center to make an appointment.  
Every Monday the Senior Center sponsors Aqua Exercise at the Whitin Community Center. They meet at 1:00pm and the cost is \$3/class.  
Monday, April 15th Closed for Patriot's Day  
Tuesday, April 16th @ 10:30am, Fairlawn Rehab Presents: "Choosing the Right Level of Rehabilitation". Fairlawn will be here to present information in regards to the various levels of rehab, what to consider when choosing from those options, and how to advocate for the choice that is best for you. Please join us for this very important presentation.  
Night Classes at the Center: Mondays at 6:30pm Tai Chi Class, Tuesdays


@ 7:00pm Creative Writing Class, Wednesdays for 8 weeks @ 6:00pm Painting with Acrylics Class (this is an 8 week class that began April 10th but you may still join if you missed the first class).  
Monday, April 22nd @ 1:00pm Entertainment by Howie Newman: "Musical Baseball Show". Howie will be performing baseball songs, engaging the audience in baseball trivia, and sharing stories about his days as a sportswriter on the Red Sox beat. Lots of laughter with this unique entertainer! Refreshments will be served. Thank you to the Northbridge Cultural Council for the grant to bring this entertainment to the Center.  
Monday, April 29th Day Trip to MGM Springfield. Tour includes luxury Silver Fox Coach bus and \$40 per person casino bonus. The cost of the trip is \$30/person, tour departs 8:00am from the Senior Center, and departs from MGM at 3:00pm. Call Jeannine to sign up.

BLACKSTONE VALLEY TRIBUNE

### ACCURACY WATCH

The *Blackstone Valley Tribune* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email [news@stonebridgepress.news](mailto:news@stonebridgepress.news) or call (508) 909-4111 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



Insightful

## BHC offers adaptive cycling adventures

WHITINSVILLE — In celebration of National Bike Month in May, Blackstone River Valley National Heritage Corridor (BHC) is partnering with All Out Adventures and the Massachusetts Department of Conservation and Recreation's Universal Access Program to offer a series of five complimentary adaptive cycling events on the Blackstone River Bikeway/Greenway.  
Three rides will depart from the new Blackstone Heritage Corridor Visitor Center at Worcester and two will depart from the Blackstone River Greenway in Blackstone. Scheduled dates include Wednesday, May 1 (Worcester); Wednesday, May 8 (Blackstone); Wednesday, May 15 (Worcester); Saturday, May 18 (Worcester), and Wednesday, May 22 (Blackstone). Rides will be available at 11 a.m., 12:30 and 2 p.m., by advanced registration only. To RSVP, call All Out Adventures at 413-584-2052. All Out Adventures will spend time talking with each individual

to learn about their disability to help select the proper piece of equipment ranging from single and tandem recumbent trikes, to two-wheel tandem and upright and slow style hand cycles.  
This month-long event is also presented in partnership with Massachusetts Department of Conservation and Recreation (MA DCR) and BHC's Blackstone River Bikeway Ambassadors volunteer group. Last spring, the Bikeway Ambassadors attended a day-long training with All Out Adventures and assisted in presenting a day of adaptive cycling along the Blackstone River Bikeway/Greenway in Blackstone last June. More than 30 people were able to take advantage of the experience, and for many it was their first chance to ride on bicycle.  
This year's series of rides is made possible by funding from the Massachusetts Department of Conservation and Recreation's Universal Access Program. To learn more about All Out Adventures and

*Photo Courtesy*  
Suzanne Buchanan (front), volunteer coordinator at Blackstone River Valley National Heritage Corridor, leads participants and volunteers to the finish line at last year's adaptive cycling event at the Blackstone River Greenway in Blackstone, MA. Five new adaptive cycling events, presented in partnership with All Out Adventures and Universal Access Program, are scheduled in May leaving from Worcester, and Blackstone.

other recreational programs it offers to people with disabilities and their family and friends in state parks and forests throughout Massachusetts, visit [AllOutAdventures.org](http://AllOutAdventures.org). To learn more about the Universal Access program, visit [mass.gov/orgs/universal-access-program](http://mass.gov/orgs/universal-access-program). To learn more about Blackstone Heritage Corridor and its Volunteers-In-Parks program, visit [BlackstoneHeritageCorridor.org](http://BlackstoneHeritageCorridor.org).



## HELPING SENIORS IN NEED



*Photo Courtesy*  
Emily Furno chose the Douglas Senior Center for her leadership project. Emily is a part of the Blackstone Valley Leadership Academy. Emily was asked to choose a project that gives back to the Community. Emily decided to help the Senior Citizens in Town by collecting all kinds of household and personal care items from the students and teachers to give to our seniors in need!


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# Legislators advocate for Voc. Tech. funding

BOSTON – A group of Blackstone Valley legislators are encouraging the Baker Administration to release \$4 million in funding to support the expansion of Blackstone Valley Regional Vocational Technical High School (BVT). The funding was authorized as part of a bond bill passed by the Legislature and signed into law by the Governor last year.

The funding would enable BVT to maximize capacity in existing career technical programs by adding academic classrooms needed to complement available space in vocational technical shops. In addition to addressing waitlist issues, the building expansion would also allow for the addition of two new vocational programs.

“As the economy in the Heart of the Commonwealth continues to grow, the influx of new employers and job opportunities into our region means we must

be prepared to support a strong, skilled workforce that meets the needs of the labor market,” said Senator Michael O. Moore (D-Millbury). “It’s counterintuitive to invest in expanded economic development initiatives in the region while simultaneously limiting access to educational opportunities to support these high-demand employment areas.”

“Blackstone Regional Vocational Technical High School District, with its documented return on investment, annually earns unanimous support of its thirteen member communities for its operational budget,” said BVT Superintendent-Director Michael Fitzpatrick. “However, limited revenues of its municipalities do not allow or provide capital funding. The school district aggressively pursues competitive grants and donations and even self-funds roof repair projects; and Valley Tech has been rec-

ognized by the Massachusetts School Building Authority for its cost-effective approaches.”

“It is crucial that we invest in our youth as they are our future leaders,” said Representative David K. Muradian, Jr. (R-Grafton). “Education has always been a top priority of mine, and I look forward to continuing to work with my fellow colleagues and the Administration to release these funds.”

“Manufacturing and the trades continue to grow at an increased rate in Central Massachusetts,” said Senator Ryan C. Fattman (R-Sutton). “The commitment of these funds to Blackstone Valley Tech and our district will help create opportunities for students and the future of Worcester County. It also helps send a signal that we are willing to do our part and keep a pledge that we’ve made to our towns and the school.”

Blackstone Valley Regional Technical High School receives between 800 to 1,000 in-district applications for the 300 available seats in the freshman class. The school district is widely known to have the longest waitlist for enrollment out of any of the secondary school vocational technical programs in the Commonwealth. Currently, there are more than 500 candidates on the freshman waitlist for the next school year.

BVT is one of the leading vocational training schools in Massachusetts. The school was recognized this year by the American Association of School Administrators as one of the top twenty-five high schools in the United States. Recently, BVT was also named as the only school in New England to earn distinguished system designation by the Project Lead the Way professional organization.

# Jacqueline Caffarelli inducted into Honor Society of Phi Kappa Phi

BATON ROUGE, La. — Jacqueline Caffarelli of Uxbridge was recently initiated into The Honor Society of Phi Kappa Phi, the nation’s oldest and most selective all-discipline collegiate honor society. Caffarelli is pursuing degrees in Communications and Political Science at Westfield State University.

Caffarelli is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination

and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

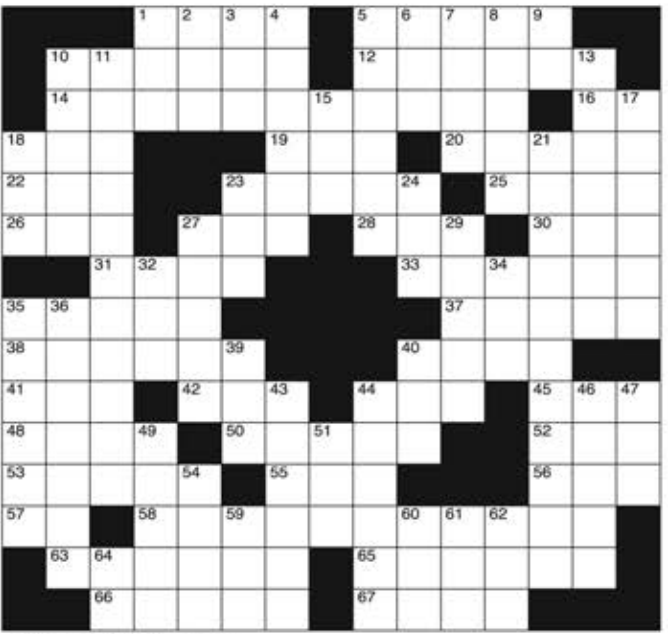
Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence

in all academic disciplines. Today, the Society has chapters on more than 300 campuses in the United States and the Philippines. Its mission is “To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.”

More About Phi Kappa Phi

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization’s notable members include former

President Jimmy Carter, NASA astronaut Wendy Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi awards nearly \$1 million to outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccalaureate development, and grants for local, national and international literacy initiatives. For more information about Phi Kappa Phi, visit [www.phikappaphi.org](http://www.phikappaphi.org).



**CLUES ACROSS**

1. Often romantic composition

5. Lunar term

10. California mountain

12. Spiral staircase pillars

14. “Heat” director

16. Tellurium

18. Gateway (Arabic)

19. No (Scottish)

20. Greek prophetic

22. A team’s best pitcher

23. Bard’s way of saying “have”

25. Indigenous group of the Philippines

26. Danish krone

27. Type of squad

28. Possesses

30. Part of the face

31. Very small amount of time (abbr.)

33. Churches have lots of them

35. Modern day “letter”

37. Della \_\_, singer

38. Informed upon

40. Type of house

41. Folk singer DiFranco

42. A baglike structure in a plant or animal

44. Car mechanics group

45. Belonging to us

48. Pack neatly

50. Forming the bottom layer

52. How fast you’re going

53. Sea eagles

55. Cool!

56. Military mailbox

57. Type of lawyer

58. Type of monk

63. Respect due to an ancestor

65. Took to the sea

66. Members of a Semitic people

67. A way to march

**CLUES DOWN**

1. Political action committee

2. \_\_ kosh, near Lake Winnebago

3. When you hope to get there

4. Woman who followed Bacchus

5. Cause to become entangled

6. Green veggie

7. Stiff bristles

8. Pass in Alps

9. Atomic #81

10. A sharp blow

11. Bears engage in it

13. Prevents progress

15. Young boy

17. A way to go on

18. Not good

21. A ballet enthusiast

23. Ad \_\_

24. Bar bill

27. A genus of badgers

29. “No \_\_!”

32. Get off your feet

34. Franklin was one

35. Removed

36. Used to catch poachers

39. Hit lightly

40. Crony

43. Stroke

44. One who obtains pleasure by inflicting pain on others

46. \_\_ the ante

47. Greek letter

49. “Wings” actor Steven

51. Unhappy

54. Hair-like structure

59. Pick up

60. Type of transportation

61. Worn with a suit

62. Something similar to another already referred to

64. Farm state

PUZZLE SOLUTION



### Kathryn Channing accepted to Delaware Valley University

DOYLESTOWN, Pa. — Kathryn Channing, of Uxbridge has been accepted for admission at Delaware Valley University.

Delaware Valley University is an independent, comprehensive university with more than 1,000 acres in Bucks and Montgomery counties. Founded in 1896, DelVal emphasizes experiential and interdisciplinary learning and provides small class sizes where students learn on a first-name basis. Through the innovative Experience360 Program, all DelVal students gain real-world experience in their fields. Located in Doylestown, Pennsylvania, DelVal combines the comfort of small-town living with the excitement of big-city access. DelVal offers more than 25 undergraduate majors in the sciences, humanities, and business, more than five master’s programs, a Doctor of Education and a variety of adult education courses. The University’s vision is to be the leader in experiential education, empowering all learners to transform the world. Learn more at [delval.edu/welcome](http://delval.edu/welcome).

### Mackenzie Dineen presents work at Lasell symposium

NEWTON — Mackenzie Dineen, a Communication student from Northbridge, presented work at the Lasell College Fall Connected Learning Symposium on Dec. 4.

Dineen presented a group project on author James Joyce. Dineen shared facets of Joyce’s story, “The Dead,” in their portion of the presentation.

The Connected Learning Symposium at Lasell College occurs twice a year to showcase student work tied to real-world clients and applications outside of the classroom. The event has run since 2002, though this fall’s was the first to take on a theme - diversity, equity, and inclusion - as seen in more than half of the day’s presentations.

“This symposium was a special one,” said Jim Ostrow, vice president for academic affairs. “Students were poised, confident, and creative educators for our community. In praising student work, we also celebrate the superb work of our faculty.”

In addition to Dineen’s work, the day featured events and presentations including a professional business negotiation for the location of the 2032 Olympics, an athletic training clinic, performance art, sustainable fashion design, media ethics, crime theory, intergenerational genealogy, and more. To learn more about Lasell College and its Connected Learning Symposium, visit <https://www.lasell.edu/academics/connected-learning-symposium.html>.

The next Connected Learning Symposium will take place in April 2019.

For more information contact: Samantha Mocle, assistant director of communications

### Friends of the Fairfield announce annual meeting

DOUGLAS — The Friends of the Simon Fairfield Public Library in Douglas will be hosting their annual meeting on Saturday, April 27, at 10 a.m. at the Library. All current members are invited to participate, others are invited to observe. We will be voting on a slate of officers as well as receiving a report from Library Director Justin Snook on what he spent using Friends funds and his wish list for this year.

The Friends of the Library, a 501(c)3 organization, provide quality extras to the Library

at [smocle@lasell.edu](mailto:smocle@lasell.edu) or at 617-243-2386.

### Local students inducted into National Scholastic Honor Society

MANCHESTER, New Hampshire — The following local Saint Anselm College students have been inducted into the Tau Chapter of the Delta Epsilon Sigma National Scholastic Honor Society for the 2018-2019 academic year:


Douglas Harrison M. Morin, international relations and history double, 2019 Students are considered for membership if they have completed at least 50% of the credit requirements for their degree and are ranked in the top 20% of their class. Candidates also must have demonstrated dedication to intellectual activity and service to their community.

Founded in 1939, Delta Epsilon Sigma (DES) is the national scholastic honor society for students, faculty, and alumni of colleges and universities with a Catholic tradition. Their purpose is to recognize academic accomplishments, foster scholarly activities, and encourage a sense of intellectual community among its members. The Tau chapter at Saint Anselm College is one of 119 DES chapters nationwide and has inducted 691 members to date.

About Saint Anselm College

Founded in 1889, Saint Anselm College is a nationally-ranked four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in the greater Boston region in southern New Hampshire, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, commitment to inclusiveness, a highly successful nursing program, and a legacy of community service.

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### Local Development & Projects



**FOUND HERE!**

# Upton State Forest targeted for work by BSTRA

UPTON — The Upton State Forest, a Department of Conservation & Recreation property, is a popular destination for individuals and families who come out to enjoy nature. Whether it is for recreational or fitness purposes, the community enjoys accessing multi-use trails running through this 2,660-acre forest. Some of the primary trails have major erosion and have become difficult to use for the various user groups.

That's why Bay State Trail Riders Association, Inc. (BSTRA) has targeted the Upton State Forest for a major trail maintenance project which will take place sometime this Spring. BSTRA has a history of commitment to the Upton State Forest, having put more than \$90,940 into trail maintenance within this forest to date. BSTRA received a Department of Conservation & Recreation Partnership Award to complete this project. Improvements are slated for all of Park Road and part of Middle Road. They will be repaired and resurfaced with new materials, swales added to keep water off the trail and drainage ditches cleaned out and put back into working condition. This is a major project with an estimated cost in excess of \$79,700. Under the terms of the award, BSTRA's share of the expense is more than \$27,615 and DCR pays for the balance. Lawrence-Lynch Corp. of Falmouth will be doing the work for this project which is expected to be completed before summertime.

Activities within the Upton State Forest include hiking, horseback riding, mountain biking, cross country

skiing, snowmobiling and hunting, so a large user group will benefit from BSTRA's trail maintenance project.

BSTRA's Calendar of Events also includes Trail Work Days at several other State Forests and Parks this Spring. If you would like to come out to help with trail clean up and trimming back, look into one of the following work days. It will give you a little exercise while you make a difference to trails within these forests:

April 13 - West Hill Dam, Uxbridge. This work day is sponsored by Milford Federal Bank and is BSTRA's 26<sup>th</sup> annual trail work day at this park. Scheduled from 8:30 am to 12 Noon, with participants meeting at 518 E Hartford Ave, Uxbridge. If you are planning to be part of this, contact Becky at [bstra@charter.net](mailto:bstra@charter.net) so BSTRA will have a head count. Lunch following the work day is provided to all volunteers by BSTRA.

April 27 – Park Serve Day at Upton State Forest. Sponsored by Homefield Credit Union. Join the Friends of Upton State Forest, BSTRA and the Department of Conservation and Recreation to get some trail work done. Scheduled from 8:30 am to 1:00 pm, followed by pizza for lunch for volunteers. If you are volunteering for this work day, bring hand tools such as pruners, hand saws or loppers. Contact Suzanne at [hc07645@gmail.com](mailto:hc07645@gmail.com) if you are planning on being part of this Park Serve Day.

April 28 – Park Serve Day at Douglas State Forest. Sponsored by UniBank. BSTRA and DCR will be partnering up



again this year to make a difference to trails. Scheduled from 8:30 to 1:00 pm. Volunteers should meet at 107 Wallum Lake Rd., Douglas, at the Headquarters Building. Following work, lunch will be provided by BSTRA for all volunteers. Please come out and join in – it's a great way to celebrate Earth Week. Contact Becky at [bstra@charter.net](mailto:bstra@charter.net) if you are volunteering for this Park Serve Day.

To find out about additional trail projects and trail work days being planned for later this year by BSTRA, visit [www.bstra.org](http://www.bstra.org).

BSTRA is a 501 (c)(3) nonprofit organization with an extensive track record of dependability, credibility and accomplishment. Since 1989, BSTRA has put more than \$617,775 into trails within State Forests and Parks within 34 towns in Massachusetts, including Bellingham, Brimfield, Carlisle, Carver, Douglas, Franklin, Ipswich, Mendon, Middleboro, Peru, Shirley, Upton, Uxbridge, Warwick and Wilbraham, as well as Eastford (Conn.) and Pascoag, Burrillville and Exeter (R.I.).

## Deb Turner joins Marty Green Properties

NORTHBRIDGE — Marty Green Properties, LLC a real estate brokerage based out of Northbridge, has announced the addition of new agent, Deb Turner. Turner brings with her a wealth of industry knowledge and experience.

“We are excited to welcome Deb,” said Principal Broker Marty Green. “Her knowledge of the area paired with her experience in the industry is a perfect fit for our brokerage. Deb will lead the way with property rentals and will play a strong role in the commercial side of our business.”

With more than 20 years of Real Estate experience, Turner prides herself on delivering quality customer service. She grew up in an entrepreneurial family, with exposure to multi-family income properties, Turner began learning the business at a young age. Eventually becoming an income property owner herself, as well as a small food service business owner, Deb cultivated the knack for working with clients to meet their needs, manage expectations and work hard to meet deadlines and budgets.

As a Property Manager, Turner has trusted experience in all aspects of the business - from cleaning to painting, showing and leasing, collecting rents and even handling evictions. It was only a natural progression that she gravitated to Real Estate sales as a passion. She owns and operates all aspects of her personal income property and manages properties for both real estate clients and family members.

Within a short time of obtaining her Real Estate Sales license in 2001, Turner

developed loyal relationships with clients, customers, contractors and subcontractors. She focuses her Real Estate business on income properties, property management, rentals, and commercial sales.

She grew up in Westboro, and later spent 30 years as a small business owner in Upton, and currently resides in Warwick, R.I. She holds a Master's degree in Nutrition, specializing in health promotion and disease prevention. When she is not working she enjoys spending time with family and friends, swimming, hiking, snowshoeing or just relaxing with a good book. Turner is a member of the Elks Club where she enjoys assisting Veterans and disabled children.

Marty Green Properties, LLC, headquartered in Northbridge, is a full-service Real Estate agency providing services to clients throughout Massachusetts in the Commercial, Industrial, Residential Real Estate and Property Management sectors. Marty Green and his agents offer over thirty years of real estate experience with a client-first commitment and a deep understanding of the local landscape. Marty Green Properties can help find a space for your business, your dream home, lease your commercial, industrial space or home, or manage your property's day-to-day operations. Visit their business page at [www.martygreenproperties.com](http://www.martygreenproperties.com).

Interested in working with Deb Turner? Give her a call to set up an appointment at (508) 868-8429.



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## Celia Smith of Douglas inducted into Sigma Tau Delta International Honor Society

WORCESTER — The Assumption Department of English has announced that Celia Smith, of Douglas, has become a member of Sigma Tau Delta, the International Honor Society for those who study English. Smith, Class of 2019, was inducted into the honor society during a ceremony on April 2.

“The faculty of the English Department at Assumption are very proud of our new class of inductees to Sigma Tau Delta National English Honor Society,” said Becky DiBiasio, associate professor of English and one of the honor society's advisors. “These are exceptional students and this event allows us to celebrate their hard work in literature, broadcasting, journalism, and creative writing. The induction ceremony also gives us a chance to meet their families and share their successes.”

The ceremony's keynote speaker, Kellie Duquette '18, was the recipient of one of two 2018 National

Sigma Tau Delta First Year Teacher Grants, and according to Prof. DiBiasio, “is representative of the high caliber of Assumption students.”

To qualify as a member of Sigma Tau Delta, students must have a minimum of a 3.0 grade point average in English and in general scholarship, and rank in the top 35 percent of his/her class. Candidates must also have completed at least three semesters of college course work and have completed a minimum of two college courses in English language or literature beyond the usual requirements in freshman English.

For more information on Assumption, visit [www.assumption.edu/english](http://www.assumption.edu/english).

Founded in 1904 by the Augustinians of the Assumption in Worcester, Mass., Assumption College is a Catholic liberal arts institution that offers undergraduate students 35 majors and 47 minors in the liberal arts, sciences, business, and professional studies;

as well as master's and continuing education degrees and professional certificate programs-each through an educational experience that is grounded in the rich Catholic intellectual tradition. The curriculum enables students to gain a depth and breadth of knowledge that leads to professional success and personal fulfillment. Students-whether on the Worcester campus or at the College's Rome, Italy, campus-become engaged participants in Assumption's classic liberal arts education, exploring new ideas and making connections across disciplines. To prepare for the workforce, students learn cutting-edge theory and best practices, conduct innovative research, and develop excellent communication and critical analysis skills. Assumption graduates are also known for their thoughtful citizenship and compassionate service to their community. For more information about Assumption College, please visit [www.assumption.edu](http://www.assumption.edu).

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# Spring Cleaning Tips

Well folks, it's that time of year again. The annual domestic ritual that brings family members everywhere together to work in happy harmony or harried havoc -- the yearly task of Spring Cleaning!

The two magic words to successful spring cleaning are: Prioritize and Delegate. In today's busy world, we can't possibly get our homes spotlessly clean and keep our sanity, so, you must decide what your priorities are. I find if you get the walls and windows clean, then you have fresh surroundings that inspire you to continue onto the floors and organizing the clutter. If you don't have time to reline shelves or reorganize every cupboard, don't fret. Focus your energies on the obvious.

Also, don't hesitate to delegate chores to each family member. If you assign them manageable tasks, they are more apt to cooperate. Read on for some tips to help make Spring Cleaning get done in record time.

\*\*

This tip is an old favorite of mine, but it works so well, it bears repeating. To work more efficiently, professional house cleaners recommend beginning your work from top to bottom. Also, start cleaning in one corner of a room and work clockwise. Have a trash bag handy so you can toss dirty paper towels and litter away as you travel across the room.

\*\*

Here's a great way to sort items that belong in other rooms in the house. Save steps by designating a handled plastic grocery bag to each family member's room. Simply hang the bags on the door-knob or someplace handy in the room you are cleaning. Place each person's misplaced items into their individual bags. When the room is cleaned, you need only pick up the bag and hang it on their bedroom doorknobs to remind them to put their stuff away

\*\*

Somehow, washing windows gives you a great sense of accomplishment, so I always try to begin my spring cleaning by letting the sun shine in! Never

wash windows in direct sunlight, which causes streaks. This happens because the cleaning liquid dries faster than you can wipe it off.

To boost the cleaning power of regular cleaning solutions, add a teaspoon of white household vinegar to your spray bottle.

\*\*

After cleaning wood floors, do a final buff this easy way: Simply spray your dry mop with (non greasy/slippery) furniture polish. Go over floor evenly, for a nice top shine.

\*\*

In the bathroom, rubbing alcohol is an inexpensive and handy cleaning aid. Use it full strength on a cotton ball to polish up chrome bath fixtures on the sink and tub. And, if you have any hair spray residue on your bathroom mirror, a rubbing of alcohol will remove all traces of the chemical better than any window cleaner.

\*\*

Carpet stains can be a big challenge. Here are some ways to make the task a little less daunting:

Before cleaning carpets, scrape off any solid residue. To coax a greasy stain out of a carpet, sprinkle cornstarch or cornmeal on the stain. Leave on overnight so the grease can be absorbed. Vacuum well the next morning. If stain remains, try applying a non-flammable dry-cleaning agent to the spot with a white towel. Blot from the outside edges in.

If you are dealing with a water soluble stain, there is no need to rush out and buy commercial cleaning products. The secret is blot, blot, blot! Try soaking stain with a solution made of a teaspoon of dishwashing detergent to a pint of water. Dab and blot with a white cloth from the edges to the center of the stain, turning cloth as the stain is absorbed. Finally, place a few layers of absorbent paper towels on top of the stain, cover with heavy books, and let



TAKE  
THE  
HINT  

---

KAREN  
TRAINOR

sit for a few hours, replacing towels every half hour or so until all traces of stain are gone. Or, my favorite trick is to use an absorbent terry towel and blot the stain out by pressing hard with my heel, repeating with a new section of the towel until the stain is no longer visible.

\*\*

Read on for a few more spring cleaning strategies:

For a sparkling glass oven door, wipe the window with household ammonia and let it set for several minutes. Scrape away grease with a spatula and wipe the window clean to a quick shine.

\*\*

To get at dust on louvered doors or shutters, wrap a cloth around a ruler, spray with polish and run the flat end across each louver.

\*\*

A capful of liquid fabric softener mixed with a quart of water makes a fast and convenient lint-free cleaner for glass and plexiglass frames and tabletops.

\*\*

Did you know a dab of silver polish paste easily removes crayon marks from vinyl flooring?

\*\*

Dust high walls and ceiling fans this way: Simply place an old nylon stocking over your dust mop. When you are done, just discard the stocking and the mop is ready for its next task.

\*\*

Remember those little eyeglass cleaning tissues? If you use them to dust picture frames, you'll never have to worry about liquid seeping in under the glass.

\*\*

Use an upholstery shampoo to remove mattress stains. Be sure to spray the area with a disinfectant to prevent mustiness.

\*\*

Spring cleaning chores are easier if items are in order and easily accessible. One of my best organizing tips is to utilize those good old fashioned vinyl shoe

holders. Not only do they serve their original purpose in the closet, but the inexpensive storage pockets can be used all over the house. Best of all, the clear plastic bags allow for easy identification of the contents. Here are some ideas:

\*Hang a shoe bag in the garage or workshop to hold lightweight tools, paintbrushes, work gloves and the like.

\*A shoe bag hung out of sight on the inside of a hall closet door keeps gloves, mittens and hats all in one place.

\*Hang one in the inside of a pantry cabinet for easy access to spray cleaners, aprons, scrub brushes and cleansers.

\*In the laundry room, shoe bags can hold pre-treat sprays, sock holders, dryer sheets and even all the change collected from "heavy pockets."

\*Linen closets stocked with the family's health and beauty aids can benefit from a bag to keep shampoo, deodorant, extra toothpaste, facecloths, etc. in place.

\*\*

*Win Dinner for Two at the Publick House*

*Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!*

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

# Automotive memorabilia

Regular readers of this column know that antique and vintage automobiles can be very valuable. Automotive memorabilia is also popular with collectors and some pieces can command strong prices.

Automobile history dates back well over 100 years. The History Channel credits Wilhelm Maybach, of Daimler Motoren Gesellschaft, for creating the first modern motorcar, a Mercedes in 1901. American manufacturers would later dominate the auto industry. Henry Ford's mass production techniques became standard in manufacturing cars. The "Big Three" auto manufacturers Ford, General Motors and Chrysler led the industry during the 1920's. There had been 253 auto manufacturers in 1908. By 1929, only 44 companies remained, with the "Big Three" accounting for 80 percent of sales. The Great Depression caused many additional auto manufacturers to fold.

Despite fewer manufacturers, cars became more affordable after mass production and were available to middle class families. Many people have fond memories of cars and there are a wide range of automotive



ANTIQUES,  
COLLECTIBLES  
& ESTATES  
.....  
WAYNE TUISKULA

collectibles, also called automobilia, that are popular with collectors. One type of automobilia collectors prize are oil cans. A rare Indian motorcycle oil can sold for over \$7,000 in an online auction. License plates are also popular. A 1903 Massachusetts license plate numbered 437 sold for \$6,500 this year. Collectors seek out other types of automobilia including advertising posters and brochures, hood ornaments, and racing memorabilia.

Vintage gas pumps are some of the most valuable automotive collectibles. Visible gas pumps are among the more popular types. Visible pumps have glass that is marked to show how many gallons were being pumped into a car. Wayne model #491 "Roman column" pumps have also brought prices as high as \$31,000 at auction. A Raymond "4 In 1 Justice" five-gallon visible gas pump went for \$38,500 in 2015. A 10-gallon visible gas pump by Stanocola brought \$50,000 at auction in 2016. There are other styles besides visible gas pumps that are also highly collectible. A Shell Showcase Computing gas pump displayed Shell products like oil and car polish inside a glass case in the pump. One sold for

\$34,000 in 2012. The Mobilgas Tokheim 36 Adc showcase pump generated even more interest, selling for \$64,000 in 2016. Even the globes on top of the pumps can produce strong auction results. A Mccoard Airliner Gas pump globe sold for \$33,000. A Pioneer Gasoline Gas globe brought \$40,000 and Refiners Gasoline Gas pump globe went for \$64,000.

Some automobile advertising signs are also highly desirable. Older enamel and older neon signs are two of the most popular varieties and command strong prices. As with any antique or collectible, condition is very important. Collectors will pay more for better examples. As I mentioned in a previous column, Oilzum motor oils and lubricants were produced by White and Bagley of Worcester. An Oilzum standup curb sign sold for for \$52,000 in 2016. Some rarer signs have sold for 6 figures. Also in 2016, a 40 inch "Double Chief Gasoline" sign fetched \$105,000. In 2016 a "Smith-o-Lene Aviation Brand" 48" gasoline sign brought \$110,000. A "Musgo Gasoline" 47 and three-quarter-inch double-sided sign cruised to \$233,000 at a 2016 auction.

Please email any questions about antiques, auctions and estate sales to me at [info@centralmassauctions.com](mailto:info@centralmassauctions.com). Your question may be answered in a future column.



We are selling a visible gas pump and other automobilia in our Wilmington online estate auction that is taking place now and ends on May 1. Our next live auction takes place in Worcester on May 30. Other sales and events are being planned. Please see [www.centralmassauctions.com](http://www.centralmassauctions.com) for

details on these events.

*Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612-6111), [info@centralmassauctions.com](mailto:info@centralmassauctions.com)*

# TRIPS OFFERED

## TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to [news@stonebridgepress.news](mailto:news@stonebridgepress.news).

**CHURCH PILGRIMAGE**

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at [karenzaleski42@gmail.com](mailto:karenzaleski42@gmail.com) or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

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July 25 (Thurs) Gloucester Harbor Lobsterbake Cruise- fabulous day on the water with two dance floors, indoor& outdoor seating and buffet (1 lobster each) \$119.00

August 28 (Wed) Ultimate Tribute Show - Experience some of the greatest hits from some of the greatest entertainers of all times - Lake Pearl, Wrentham - \$92.00

Sept 17 (Tues) Atlantic City Boys - Four dynamic lead singers perform an exciting mix of world class vocals and interactive comedy - Davensport Yacht Club - \$92.00

Sept 24 (Tues) Simon Pearce Glassblowing Studio and King Arthur

Factory - Fall foliage, tour glass blowing factory, and King Arthur factory after lunch - \$119.00

Oct 9 (Wed) New Hampshire Turkey Train - Foliage train ride, Harts Turkey Farm Luncheon, Mystery stop and sight-seeing - \$99.00

Nov. 14 (Thurs) Ricky Nelson Remembered - Ricky Nelson's twin sons perform their father's hit songs - Venus DeMilo, Swansea \$95.00

Dec 3 (Tues) Johnny Mathis Christmas Tribute - Ultimate tribute to Johnny Mathis with Christmas songs and some of his biggest hits - Davensport Yacht Club - \$92.00

2019 Overnight Trips

June 9- 11 Bar Harbor, Boothbay Harbor & Arcadia National Park - 3 days, 2 nights - \$459pp double, \$599 single

Sept 20- 22 Lake George Balloon Festival - 3 days, 2 nights - \$449pp double, \$599 single

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

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June 9: Gloucester Lobster \$102

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July 14: Essex Steam Train \$102

Great summertime tour in Connecticut. 9 a.m. Southbridge, 9:30 a.m. Webster. Delicious luncheon, train ride & Connecticut River cruise. Make tracks for the Essex Steam Train!

Aug. 11: Newport Playhouse Show & Lobster Fest \$102

Special lobster feast! 8:30 a.m. Southbridge, 9 a.m. Webster. Terrific "Funny Money" show & cabaret. Lobster feast & Newport's best show!

# Simple strategies for a larger tomato harvest

Nothing is more frustrating than investing time, money and energy in planting and growing tomatoes only to watch them succumb to disease. We can't change the weather conditions that support disease problems, but we can tweak our growing strategies to reduce this risk.

Select and grow the most disease-resistant varieties suited to your growing region. Consult your local University Extension Office for a list of recommended tomatoes and always check the plant tags before purchasing plants.

Plant tomatoes in a sunny location, that receives at least eight or more hours of sunlight, with rich well-drained soil. Your plants will be healthier and better able to fend off insects and tolerate disease.

No room – no problem. Grow your tomatoes in containers filled with a quality potting mix and drainage holes. Many of the newer containers, like Gardener's Victory Self-Watering Patio Planter are designed to increase success with less effort on your part. Look for containers with built-in trellises, large reservoirs and other features that promote healthy growth and productivity.

Properly space plants to increase



## GARDEN MOMENTS

MELINDA MYERS

airflow and sunlight reaching all parts of the plant. This reduces the risk of disease and increases a plant's ability to produce more fruit. Leaving space between plants also helps reduce the spread of disease from diseased plants to nearby healthy plants.

Further reduce the risk of disease by lifting the plants off the ground. Supporting plants with strong tomato cages improves air flow and light penetration while keeping the plants and fruit off the ground and away from soil-borne insects and diseases.

Avoid flimsy tomato towers that tend to topple and bulky cages that consume too much storage space. Consider investing in one of the stronger supports like the Gardener's Vertex Lifetime Tomato Cage that stores flat and is strong, but flexible to encourage stouter growth. Another benefit is that it opens, so you can easily place them around larger plants; just in case you waited too long to set the cages in place.

Use soaker hoses or irrigation systems like the Waterwell Irrigation System that target water to the soil around the plant. Placing water just where it is needed – on the soil – conserves moisture while keeping the foliage dry. Overhead irrigation uses more water and increases the risk and spread

of many common tomato diseases.

Boost your tomato plants' productivity by as much as 20% with red mulch. The USDA and Clemson University developed a red mulch that reflects far-red wavelengths upward into the plants stimulating growth and development. For more help growing tomatoes successfully and boosting your tomato harvest, visit [gardeners.com](http://gardeners.com).

Rotate plantings from one garden, or area within a garden, to another. Moving related plants to different locations each year reduces the build up of insects and diseases, reducing the risk of future problems. Consider rotating your tomato plantings into containers if space is limited. Start with fresh soil, a clean container and disease-resistant plants.

With these few changes and a bit of cooperation from the weather, your new challenge may be finding ways to use and share your bumper harvest. Your surplus tomatoes and vegetables are always welcome at food pantries and meal programs in your community.

Melinda Myers has written more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the *Melinda's Garden Moment* TV & radio segments. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was



Courtesy — Gardener's Supply Company

When growing tomatoes in container gardens, look for containers with built-in trellises and large reservoirs that help promote healthy growth and productivity.

commissioned by Gardeners Supply for her expertise to write this article. Her web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).

## SHORTAGE

continued from page A1

the time to commit to training and to answering the town's emergencies," Vinson said.

"It is a very demanding profession, even if you are doing it as a part-time job. The time commitment is probably the biggest reason that people do not desire to become an on-call firefighter," added Kelly Manning, Captain/EMT-Paramedic with the Douglas Fire Department.

To become a call firefighter, one must attend the Massachusetts Firefighting Academy for two nights per week, plus Saturdays, for three to four months.

"It can be a very rewarding career choice, to say the least," Vinson said. "Firefighting is a team sport. You cannot do much by yourself without the help of others. Fighting a fire is labor intensive with many job tasks that need to be completed simultaneously and

safely at a fire."

Tasks at a fire, he said, include an attack crew and back-up crew, each with a minimum of three firefighters. Searches must be completed on all floors, which requires at least two more teams of three or four firefighters, and firefighters should be on the roof with an aerial truck to ventilate the roof, requiring at least three additional members. Firefighters must be running the pumps, there is a need for a rapid intervention team to protect firefighters who may run into trouble, and chiefs and officers coordinate the fire attack.

"This is all the help needed for just a single alarm fire, never mind when it has escalated to multiple alarms. In that case, much help is needed from mutual aid nearby town departments," he said. "Right now, we only have two full-time members on duty 24/7, and if they are on an ambulance call when the fire strikes we are already behind the eight ball."

This is where the need comes in for call firefighters, as they are the back bone of the department, Vinson added. Douglas currently has seven on-call members. Manning said the town needs more call staff than they currently have to augment the full-time staff.

If call staff is unavailable, the town relies on mutual aid to assist, which means that a neighboring Fire Department will respond to the town. The mutual aid system is common throughout most of the United States, and all of the fire departments in central Massachusetts rely heavily on it due to increased call volume and decreased number of call firefighters.

"Douglas often responds to other communities to assist them, too. If there were more call firefighters, it is likely that calls would be answered more quickly and towns would not have to pull man power from surrounding communities," Manning said.

Vinson started his career in Upton

in 1978 as a call firefighter when he was a junior in high school. He quickly started school to become an EMT and eventually became a call firefighter in Douglas in 1997 after seeing an article in the newspaper about the need for call firefighters.

"It has been a great career and work that one can truly love and it comes with the satisfaction of knowing you are helping others in their time of need," he said.

Manning started as a call firefighter and EMT in her hometown on Cape Cod and has been a member of the Douglas Department since 2006.

"My goal for being an on-call firefighter was to gain experience so that I could become a career firefighter," she said. "This is a great career for a young person to explore...we welcome anyone who would like further information to come down to the fire station to discuss joining our team."

## FURNO

continued from page A1

Thomas S. Green Public Service Awards Committee.

The awards recognize individuals who exhibit exceptional competence and efficiency handling all assigned responsibilities, an enthusiastic performance of tasks above and beyond the call of duty, a cooperative, helpful, and friendly attitude toward the public and fellow employees, and community involvement outside the scope of job-related responsibilities.

The Research Bureau's Award Committee, comprised of representatives from diverse community organizations, selected the recipients from nominees submitted by the public.

Furno comes from a long line of municipal Douglas employees. He said his father works for the Highway Department and was a firefighter, his mother was an EMT, and his uncle is a Deputy Fire Chief and Highway Superintendent. Further back, Furno said his grandfather worked part-time for the Highway Department and his great-grandfather worked for the Highway Department as well.

"We love the town; that's why we volunteer. We are all part of the town of Douglas," he said. "It's an honor to be part of this community. It's a great community to be a part of; we have our ups and downs but the town always pulls together and comes through when we need it."

"I look at this award as a family award. My family has put a lot of effort into the town of Douglas, not just me but my entire family, and without them, I can't do it. They're my backbone," he added.

The award is named in memory of Thomas S. Green, a founder of The

Research Bureau and one of its original Directors. Green was a civic leader for many decades and a Vice President of Norton Company (now Saint-Gobain). This is the thirty-first annual Green Awards presentation, which has honored 119 public servants over the past three decades.

An awards ceremony will take place at Assumption College in Worcester on Thursday, April 25, at 5 p.m. The event is free and open to the public. A reception in honor of the recipients will follow. RSVP to 508-799-7169 or via email to [info@wrrb.org](mailto:info@wrrb.org).

## STATION

continued from page A1

Sutton. We believe this space will be appropriate for the next 50 years," Smith added.

According to Sutton Chief of Police Dennis Towle, the department's current facility, logistically, has problems.

"We have no public interview lobby, no public restrooms—although we've managed to work out of that building for a number of years, this new facility will make it easier for the public," he said.

The project started at the end of November 2017; Towle said that after

the project was approved, the department expected the year-and-a-half timeline for everything to be complete.

"I would say the biggest feature is something that's kind of small—it's a public interview room where you come into our lobby and you can speak with an officer in a private room. It's so unlike what we have now... that's probably one of the better features we'll have," he said. "In general, I think it's just a much nicer, user-friendly place for everyone, the public and the officers."

Towle described the new dispatch center as "state-of-the-art." The lobby has public

restrooms, and there is a larger community room which Towle believes could be utilized by other organizations across town. There will also be designated parking spots for Craigslist or other transactions in which individuals have a mutual and safe place to meet.

"All these things we never had simply because of our facility," he said.

One thing that Towle did not want to go unnoticed was the amount of help that the community has given throughout the process—"unsung heroes" as he called them.

"There are a number of individuals that really

put their heart and soul into this project. They will never have their names on a plaque or speak at the ribbon cutting, and something like that just speaks volumes for our community as a whole," he said, add-

ing that some members of the community have invested 25 to 30 hours per week in the last year of their own time to helping when needed.

"That's just the caliber of people that they are and they were huge."

The department will begin moving into the new building in the coming weeks, and a formal ribbon cutting ceremony will take place on Saturday, May 4, at 10 a.m.

## CLEANUP

continued from page A1

designed and presented by Think Local Printing and Premer Real Estate. Team competitions were also held to see who could pick up the most trash to win prizes—Friends of Scenic Chocolog Road claimed first place and Boy Scout Troop 25 took second place.

A "Composting 101" workshop followed the cleanup at the Uxbridge Free Public Library, presented by Blackstone Valley Veggie Gardens.

"It was a super important event and it was great because we saw a diverse crowd for volunteering," said Uxbridge Board of Health Agent Kristin Black, adding that there were students, municipal officials, families, residents from surrounding communities, and more there to help.

"It was really fun to have a positive spring activity and such beautiful weather," she said. "We got lots of positive feedback and look forward to continuing it in the future."

Black added that the Board of Health

would like to extend thanks to all those who participated in the event, including: the Blackstone Heritage Corridor; Premer Real Estate and Think Local Printing for donating t-shirts; Berkowitz Trucking for donating a dumpster; Koopman Lumber, Hannafords, Uxbridge House of Pizza, Papa Ginos, Jumbo Donuts, and Dunkin Donuts at Lackey Dam Road for their donations; the Uxbridge Free Public Library; and the Uxbridge Department of Public Works.

If any members of the community would like to continue the cleanup effort, Combs said they may contact the Blackstone Heritage Corridor at 508-234-4242 or email her directly at [bcombs@blackstoneheritagecorridor.org](mailto:bcombs@blackstoneheritagecorridor.org). There will be additional cleanup opportunities in the coming weeks, as well—an April 13 cleanup along the waterways, an April 20 Mendon cleanup, an April 27 Upton cleanup, and a May 4 Blackstone cleanup.



## 5TH ANNUAL SPENCER SPRING TRACTOR & EQUIPMENT CONSIGNMENT AUCTION

**Saturday, April 27, 2019, 10 AM**  
(Preview at 9 AM) Please note that the auction is being held at:  
**The Spencer Fairgrounds**  
**48 Smithfield Road, Spencer MA 01562**

We will be selling tractors, farm/landscape equipment, and all types of Agriculture-related items, as well as any tools and construction-related items that are consigned at public auction. If you are seriously in the market for items of this type, or you have something you want to sell and are motivated to do so, this will be an excellent opportunity!

### Consignment Contacts:

Malcolm Speicher: [flat.tail@verizon.net](mailto:flat.tail@verizon.net) – 508-868-8896  
Donald Raucher: [donraucher@comcast.net](mailto:donraucher@comcast.net) – 413-537-3177

**Please contact us as early as possible with larger items to get maximum exposure.**


### Commission rate as follows:

- Any items that sell for \$100 or less: 20%
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- 10% commission on the final bid of any item that doesn't meet the consignor's reserve.

**Terms of sale:** Cash/check with proper ID. Most major credit cards. 15% Buyer's Premium. 10% for cash/check. Buyer's Premium for items that sell for \$10,000 or more reduced to 5%. 6.25% MA sales tax. Tax exempt buyers must present a copy of their resale/tax exempt certificate.

Management reserves the right to refuse items deemed inappropriate or in unacceptable condition for sale. No consignments will be accepted the day of the auction.

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**BRENDAN BERUBE**  
EDITOR

EDITORIAL

A time for renewal

After a long, frigid, snowy winter, warmer, longer days are finally here. As March turns into April, more and more of our neighbors can be seen emerging from their homes and onto our Main Streets. Folks are out walking their dogs, runners can be seen flying by our windows and people about town seem to have more of a pep in their step.

While each season has its own perks, there is something about spring that seems to surprise us each year. We re-acquaint ourselves with our yards as they slowly reveal themselves as the snow banks melt away. Muddy grass has never been a kinder sight.

Over the past few weeks, the common chatter has been about the Red Sox, springtime fitness goals, gardening, hiking...you know, the usual.

With spring also comes 'spring fever.' In modern times, this is a semi-positive term; however, back in colonial times, 'spring fever' referred to the poor quality of health everyone was in after sustaining a winter without fresh vegetables and proper diet. Today's 'spring fever' will have children restless in school, new romances transpire and people attacking their homes with dust cloths and Windex.

Experts say the changes that a person goes through during the springtime are due to hormonal changes in the body. During the winter months, the body secretes a large amount of melatonin, (the sleep hormone). The presence of more sunlight in spring sends the body a message to stop producing as much melatonin. This causes folks to be more awake. Add this to the uptick in your serotonin levels due to the sunlight, and you will not only be awake but enthusiastic.

Interesting to note is that during the springtime, the body becomes more susceptible to illnesses. Way back when, scurvy outbreaks always occurred during this time of year as did rubella and measles. Doctors note that in April, gout, a condition that affects joints, peaks in individuals. Because there are more allergens in the air, you will see more cases of rosacea and other skin irritations on the rise.

Just to touch on a bit of history as we love to do, the month of April is derived from the word 'Aprillis,' which is derived from the word 'aperire,' meaning "to open." This would make sense as the world becomes abloom again in spring.

Now, back to the Red Sox. It seems as though the team is off to a rough start with just one win and three losses against the Mariners at press time. With 162 games to be played over the season, though, we aren't too worried with these early stats.

Talking turkey...wild turkeys, that is

Wild Turkey hunting season will start on April 29 this year in Massachusetts. There is no shortage of birds in the valley, and harvesting a bird during the spring hunt should be no problem.

When wild turkey hunting was first opened in the Valley area, sportsmen knew very little about how to hunt for this great game bird that was extinct in Massachusetts for many years! When Mass. Fish & Wildlife reintroduced wild turkey back into the state, they were slow to reproduce, but when the correct truly wild birds were stocked in Northern & Western parts of the state, their efforts finally paid off.

When the flocks of wild turkey were well established, many birds were trapped and restocked in the valley. It did not take long for the birds to reproduce, and a hunting season was part of the outdoorsmen's annual things to do. Numerous wild turkey hunting seminars were held at local rod & gun clubs, providing a lot of information for first time turkey hunters. The seminars were a lot of fun, with numerous professional turkey hunters providing all in attendance a lot of laughs and plenty of information on how to harvest there first bird. A great meal was also provided for the seminars by club members.

We have all learned a lot about wild turkey hunting over the years, by our own experiences. Missed birds because of the hunters inability to wait for a closer shot, and setting up under a turkey on the roost, was one of the big mistake that many hunters did to ruin an otherwise successful hunt. Hunting from a ground blind sure made it easier for sportsmen to call in a turkey. Over



THE GREAT OUTDOORS  
.....  
RALPH TRUE

the past few years, I have used a ground blind, and have had great success calling in birds from a long distance while enjoying a cup of coffee or a quick snack. Ground blinds give you freedom of movement while hunting, which is very important. The keen eyesight of a wild turkey is extremely good, & they can spot something that is out of place from a long distance. Any movement is quickly picked up by the turkeys keen eyesight. Patience is the name of the game!

Turkey decoys work very well under most conditions, but there are times when a bird has been called too often, and becomes a bit more educated, and is weary about decoys. He may have been called in or shot at, which will make it harder to bring the bird in for a good shot. This writer has saved the full tail of the turkey that I harvested in past years and spread them out on a piece of cardboard to dry. Placing the tail feathers on a small piece of steel rod which allows me to stick it into the ground, and placed the fanned tail in back of a Jake decoy works extremely well. More in the coming weeks.

I checked out areas of Webster Lake this past Saturday and found only a



handful of shoreline anglers that had very little luck catching trout. The parking lot at the town beach had many boat trailers parked, which was a good sign that bass fishing has started. It sure was a good day to be on the water!

The Uxbridge Rod & Gun club will hold their annual spring derby this Saturday for members only. Some real impressive trout were stocked this past Saturday at the club pond. The kitchen will be open for breakfast. The derby starts at 8 a.m.

The Singletary Rod & Gun club will hold their annual trout fishing derby on April 14, starting at 7 a.m. The club will also have a huge buffet breakfast starting at 6 a.m.

Special thanks to all of the volunteers that helped clean up the litter along many streets and roads of Uxbridge. Nice job. Now if we can only keep it that way.

Take A kid Fishing & Keep Them Rods Bending!

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Vote no on Northbridge turf field

To the Editor:  
I respectfully urge Northbridge Registered Voters to vote No on the Lasell Field, Turf Field proposal at the Spring Town Meeting, and at the Towns Future Voter Ballot Box Date.

My reasoning as follows, the Town has not hired an 'Independent Consultant' to Vette all the potential 'comprehensive costs', and the potential increased Health risks, of the Lasell Field/Turf Field project, in my opinion? Has not the Town and the School District, FINCOM, based their suggestive support only on a potential group that is suggestively partisan for the new fashionable Turf Field? One may suggestively question has the Town/Sch. District, FINCOM, truely done their suggestive comprehensive Due Diligence on this project? Plus may the Towns FINCOM, potentially just be a suggestive 'Rubber Stamp' for what may be 'politically fashionable' at the time? Some are not even aware under this proposal the Girls Softball Field, will be eliminated at Lasell Field? Plus the jury is still out on where the new one may be located, plus at what suggestive additional Taxpayer cost for that new relocation? Plus the many accolades accomplished at the Lasell Girls Softball Field, may now be just a faded memory of the past?

Were not suggestive concerns about Lasell Field potentially raised nine years ago, when the Turf Field was proposed then? So did not Town/School District, suggestively have eight yearly budgetary cycles to index suggestive cost improvements if needed, to Lasell Field? Plus suggestively lessen the financial burden on the Taxpayers, not with an almost 'politically expedient' fast tracked \$2.8 Million New Debt Exclusion, on top of all the other many new Property Tax increases, and suggestive School Fee's for student families? That may shortly be arriving for the Northbridge Home Owners, Commercial Owners, and Renters? Some Taxpayers may still unknowingly think their Property Tax's may only be going up \$558 a year with the new Balmer/NES School project, may they be in for a quite a 'financial surprise'? With the upfront loaded interest payment plan for #15 years, for the new NES/Balmer School, plus all the other suggestive 'Property Tax' increases bill arrive in the mail? Plus, may we all know the 'true yearly costs' to fully maintain, replace, insure, this new Turf Field, plus the cost of the new special 'Turf Field Equipment' needed to maintain it?

Concerned Citizens may be interested in a comprehensive 'Independent Study' done by 'Weber State University', dated Aug. 19, 2013. 'Determination Of Microbial Populations In A Synthetic

Turf System.' Plus its suggested relationship to, 'Open wounds (Turf Burns) Concerns, Gateway for MRSA?'

Plus: Testimony of 'Dr. Diana Zuckerman' before the Maryland House of Delegates Appropriations Committee on the Health Risks of Artificial Turf, Her Opinion. Diana Zuckerman, PhD, National Center for Health Research, Feb. 8, 2018.

If their may be any increased Health Risk's, why potentially risk it? Some say they can sign liability waivers, plus why do other Towns have them? Maybe other Town's may not have done their full due diligence? Plus, they may be more affluent?, or paid for it by private donations? Some say we can make a lot of money by renting this fashionable Turf Field? I checked with Uxbridge, they have made very little on renting their Field.

Some say there may be a year lag time before the several new NES/Balmer Fields come on line? My confidence level is very high the Private School in Town would help us there for a year or two, until those new fields come online.

Plus at the last FINCOM Meeting, in March, the Town Financial picture is potentially pretty 'bleak' in my opinion? Town/School District has 'many needs'? The Town cannot even restore an approx \$25,000 dollar cut to the FY: 2020 Town's DPW Budget. Plus our DPW Budget has been level funded at approx \$1.1 MM Dollars over the last 17 years? No additional staff to maintain the Pine Grove Cemetery. Plus the Sch. Dist, had to suggestively take \$2.7 MM Dollars out of their Revolver Account to Balance it's FY:2020 Budget? What may happen in FY: 2021 if the School District, may not have sufficient Revolver Acct funds to draw on? Plus, in the Town Manager's FY:2020 Town Budget Capitol Projects their are #30 that are 'unfunded'?

Hopefully, the Town may hire an 'Independent Consultant', so Taxpayers may know all the costs associated with this Turf Field proposal, plus any potential Health risk? But my confidence level is not high that may be done?

We can think smart, plus consider the 'Family Budget', and have an excellent Lasell Field, with a new and improved 'Sod Loam Field,' in my opinion. Plus, no rush for eight years? What's the rush now? May not slow and steady, potential eight year cost indexing, win the race? Plus 'comprehensive maintenance' is very important for 'Turf Fields', may the School District and the Town be up to speed for that task?

BARRY GALLANT  
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Earth Day offers valuable lessons to investors



FINANCIAL FOCUS  
DENNIS ANTONOPOULOS

On April 22, millions of people will observe Earth Day by participating in events that support environmental protection. As a citizen, you may want to take part in a local celebration. And as an investor, you can learn a few lessons from the themes of Earth Day.

Here are a few

of them:

Avoid a toxic investment environment. A recurring topic of Earth Day is the necessity of reducing toxins from our air, water and land. And, while you might not think of it in those terms, your portfolio can also contain some “toxic” elements in the form of investments that may be hindering your progress, or, at the very least, not contributing to it. For instance, you might own some investments that, for one reason or another, have consistently underperformed, or are now too aggressive for your risk tolerance, which can change over the years. In these cases, you might be better off selling the investments and using the proceeds for other, more appropriate ones.

Look for sources of renewable energy. Efforts to protect our environment include a push for more renewable energy sources, such as solar and wind. As an investor, you, too, can look for “renewables” in the form of investments that keep paying you back in one way or another. Of course, the most basic example would be a bond, which pays you regular interest until the bond matures and you get your principal back, provided the issuer doesn't default, which is generally unlikely with an investment-grade bond. However, you also may want to consider another type of renewable – dividend-paying stocks. By reinvesting these dividends, you can increase the number of shares you own – and share ownership is a good way to help build your portfolio. Some companies have paid, and even increased, their dividends many years in a row, but keep in mind they're not obligated to do so.

Plant seeds of opportunity. Some Earth Day events involve planting trees – many of which won't be fully grown for decades. When you invest, you are planting seeds in the form of investments you hope will grow over the years. Of course, you will likely see some volatility along the way, but over the long term, investments with strong fundamentals may reward you for your patience.

Apart from these ideas, you also can connect the idea of helping protect the environment with investing for your goals. Through socially responsible investing, you can screen out investments in companies whose products you find objectionable, while supporting businesses whose work you believe helps contribute to a better world. And you can find investments, such as mutual funds that emphasize social responsibility, whose returns are competitive, so you don't have to sacrifice growth potential for your principles.

In the nearly 50 years since Earth Day celebrations began, we have taken steps to improve many aspects of our physical world, although the work continues. And by following some of the same techniques, you can improve your investment environment, too.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.*



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# Is fear keeping you from living your dream?



POSITIVELY  
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GARY W.  
MOORE

I was recently stopped in the grocery store by a man who wanted to tell me that he enjoyed my column. During the brief discussion, the person asked, “Do you have a degree in journalism?” “No,” I responded, “My degree is music education.” “How did you become a columnist?” “I decided I wanted to write a column. I wrote a few samples and submitted them to the managing editors of a few newspapers.” “And?” he asked. “And they said yes,” I responded. The man had a confused look on his face then asked, “Weren’t you afraid they’d say no?” Fear, for many, is debilitating. Fear keeps people from pursuing their dreams and traps them into living the life they are given rather than striving for the life they

want. I think legendary motivational speaker, Zig Ziglar nailed it when he said ... Most fear is only False Evidence Appearing Real. Some fears are healthy. It’s natural to experience fear when we are in a life-threatening situation and fear is a useful tool to keep us from placing ourselves there. That type of fear was defined by Walter Bradford Cannon as “Fight or Flight” fear. It kept the caveman from being eaten by the sabre tooth tiger and keeps “most of us” from doing dumb and dangerous things. Fear of some situations and circumstances are both normal and healthy. So, when someone tells you to live without fear, that may not be the best advice. However, most other fears are unrealistic and even irrational. They are often triggered, as Zig stated, by false evidence appearing real and can keep us from realizing our dreams. So, what should you do?

Defy the lie!

The voices in our head are often untruthful. Many, if not most of our fears are rooted

in our insecurities and lack of faith in our abilities. The voices in our head that tell us we are not smart enough, good enough or talented enough, create the insecurities that manifest themselves into unrealistic or irrational fear. If the voice sounds familiar, it should ... it is yours. Your internal voice raises the doubt that turns into fear of acting, while discouraging you from venturing out from the life you have into the life you want. Author and medical professional, Bronnie Ware, writes in her book, “Regrets of the Dying,” that two of the top five regrets are caused only by our fear. Number one is “I wish I had the courage to live a life true to myself, not the life others expected of me” and number three, “I wish I had the courage to express my feelings.” Fear of what others might think triggers both. Authenticity takes courage ... Being who you are meant to be takes courage but even more so in becoming who you aspire to be. I’m fortunate. I grew up in a home where there were no

available funds for college. I had to take a job selling vacuum cleaners, door-to-door on straight commission to earn money for tuition. I was frightened almost beyond my ability to cope. The irrational fear of knocking on doors brought me to tears during my first few weeks, but I quickly learned that all the things I was afraid would happen, did not. Under most circumstances, I would have given up before I started, but my fear of not attending college was greater than my fear of having a door slammed in my face. I survived the summer and earned enough to pay a year’s tuition, then came back for more each summer until I graduated from college, debt free. Along my journey, several of my friends saw the money I was earning and decided to give selling a shot, but most gave up before the first day ended. Their fear kept them from the success they could have enjoyed. I believe that our life’s destiny is discovered on the other side of fear. If it’s worth having, it’s worth overcoming your fear to obtain it. My column is

now in its third year, but I still experience the moments of doubt every Monday morning as I press the button to submit it to this publication. The same is true with my books and my video blogs on my YouTube Channel. When we produce or create work that comes from our head and heart, then put it out there for others to experience, there will always be those who will disagree or criticize what we do. That’s life. At those moments, I always remind myself that no one ever erects a statue of a critic. Do not fear criticism. Former Speaker of the House, Sam Rayburn is quoted as saying, “Any Jack\*ss can kick down a barn but it takes a good carpenter to build one.” Anyone can criticize. It’s easy, but to accomplish something that matters, you must overcome your fear. Gary W. Moore is a columnist, speaker and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @GaryWMoore721 and at www.garywmoore.com

## TRIPS

continued from page A6

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### LEICESTER SENIOR CENTER

Friday, April 19: Trip to Foxwoods Casino and Captain Jack’s. Bus leaves at 8 a.m. Cost is \$79. Free buffet and \$10 for free slot play. Choice of lobster or prime rib at Captain Jack’s.  
Friday, April 26: Trip to Foxwoods Casino and Captain Jack’s. Bus leaves at 8 a.m. Cost is \$79. Free buffet and \$10 for free slot play. Choice of lobster or prime rib at Captain Jack’s.  
Thursday, May 16: Trip to Newport Playhouse for “Clothes Encounter.” Bus leaves at 9 a.m. Cost is \$89 for show, buffet and cabaret.  
Monday-Thursday, June 1-13: Trip to Wildwood Crest & Cape May and a day at Resorts Casino in Atlantic City. Bus leaves at 7 a.m. Cost is \$599, including driver’s tip and all one-day guides.  
Wednesday, June 12: Trip to the North Shore Music Theatre to see “Oklahoma” and lunch at the Danversport Yacht Club. Cost is \$119. The bus leaves at 9:30 a.m.  
Friday, July 12: Trip to the Gloucester Lobster Cruise with clam bake and buffet aboard the ship. Bus leaves at 9 a.m. Cost is \$99. On the way home, we can enjoy ice cream at Kimball’s Farm.  
Wednesday, Aug. 14: Trip to the Summer Theatre for “Saturday Night Fever” and Hart’s Turkey Farm. Bus leaves at 8:30 a.m. Cost is \$99.  
Friday, Sept. 13: Trip to Lake

Winnepesaukee Cruise. Buffet luncheon & scenic sights and a visit to Moulton Farm Market. Bus leaves at 8:30 a.m. Cost is \$99.  
Thursday, Oct. 17: Trip to Twin Rivers and Wright’s Chicken Farm. Bus leaves at 9 a.m. \$7 food credit and \$10 slot play. Cost is \$59.  
Wednesday, Nov. 13: Indian Head Christmas Spectacular and Luncheon. Bus leaves at 8:30 a.m. Cost is \$89.

### MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.  
IRELAND: September 9-22, 2019  
USA: SPLENDORS OF THE NORTHWEST: May 20 to June 4, 2019  
JAPAN: March 26 to April 9, 2020  
JAPAN & CHINA: March 26 to April 22, 2020  
SPAIN & PORTUGAL: September 9-24, 2020

### PAXTON SENIORS

Paxton’s bus tour season starts Wednesday, April 24, on the Maine / New Hampshire seacoast topped off with a visit to a Winery. First stop is the Kittery Historical & Naval Museum where you will wander through Kittery’s past as you browse the exhibits, from colonial times to grand hotels, shipbuilding and lighthouses, up to the present day. Find out what makes Kittery special... at the Museum!  
Next stop is lunch at Warren’s Lobster House in Kittery, Maine. Our prior visits to Warren’s have always been wonderful. Warren’s has the Seacoast’s Finest Salad Bar, which offers over 60 selections and homemade pumpkin bread, soup and rolls — For an entrée you may select from; Seafood Casserole, Fried Baby Shrimp, Ritz Filet of Haddock, Crab Crusted Salmon, Top Sirloin Steak and Chicken Parmesan. Beverages and dessert will be included.  
After a delightful lunch on the River separating Maine and New Hampshire, we move on to Zorvino Vineyard. A family-owned and operated winery, that originally started as a hobby. Jim and Cheryl Zanello purchased the 80-acre lot in Sandown, NH in 2000 after retiring. Four



years later Zorvino Vineyards was established. The “Zor” in Zorvino comes from the original family name Zorzanello and “Vino” means wine. Family and Wine, the perfect pairing.  
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Our bus trip leaves the Paxton Senior Center, 17 West St., at 9 a.m. on Wednesday, April 24. Baring any traffic concerns on Route 495, we plan to be back in Paxton around 5 p.m.  
The cost of the trip is \$82 per person. Reservations, payment and your choice of entree at Warren’s should be mailed to Bob Wilby, 11 Tanglewood Rd., Paxton, by Monday April 15. Checks should be made payable to the FRIENDS Of PAXTON COA.  
For more details, please contact Bob at 508-792-4662.  
Are you interested in joining another wonder trip in 2019?  
A group of Seniors from Paxton and surrounding towns are planning a trip this year to Italy. The group plans to leave Paxton on Sept. 9, with transportation provided to Logan and return. Our flight will take us to Rome, Italy for 10 days visiting many historical sites of Italy. Rome has many beautiful attractions that many of us have not seen on previous visits. After two nights in Rome, we will move on to one night in Perugia where we will have the opportunity to visit Assisi, the birthplace of St. Francis of Assisi. Following our stay in Perugia, we move on to Florence, “the Cradle of Italian Renaissance,” where we will view Michelangelo’s incredible statue of David. After two nights in beautiful Florence, we will move on to Venice. On the way to Venice, we will stop at a 12th century castle and learn about the famous Tuscan wines and enjoy a cooking class and lunch. Next we are off to Venice for two nights. During that time, we have an

Turn To **TRIPS** page **A13**

## SPORTS BRIEFS

### Oxford-Webster Youth Football & Cheer 2019 Registration

The Oxford-Webster Youth Football & Cheer is welcoming boys and girls aged kindergarten-eighth grade from Oxford, Webster, Douglas and Thompson, Conn. to attend registration on April 27 from 9-11:30 a.m. at the Oxford Community Center (4 Maple Road). Take advantage of these early registration fees as rates increase \$25 on May 1.  
Cheer: Ages 5-14 born between July 31, 2004 and July 30, 2014 — \$125  
Flex Football: Grades K-1 — \$100  
Tackle Football: Ages 7-13 born between July 31, 2005 and July 30, 2012 — \$125  
Custom jersey included with tackle football registration. Practice wear included with cheer registration.  
Online registration is also available at [www.OxfordWebsterPirates.com](http://www.OxfordWebsterPirates.com). Registration in advance online will save time on registration day.  
Payments will be received by cash, check, Venmo or credit card. Questions? Email [OWPiratesRegistrar@gmail.com](mailto:OWPiratesRegistrar@gmail.com). Also, “Like” Oxford Webster Pirates on Facebook.



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# OBITUARIES

## April L. Jones-Matthews, 40

NORTH GROSVENORDALE, CT- April L. Jones-Matthews, 40, of Marshall St. died Fri. March 29, 2019 suddenly at home after being stricken ill.

She is survived by her 2 children Cheyanne Matthews and Phoenix Caplette; her father Richard A. Jones Sr. of Oxford; her maternal grandmother Margaret Sexton of Springfield; her brother Richard A. Jones Jr. of Oxford; and several cousins, aunts, uncles, and friends. Born in Southbridge, MA on Jan. 3, 1979 she was daughter of the late Joyce E. (Sexton) Jones, was raised in Auburn and lived in CT the past 2 years, previously living in Webster.



April worked as a manager for Friendly's Restaurant in Northborough and previously as a manager for Deangelo's Sub Shop in Northborough. She was educated in the Northbridge and Auburn public school system and Bay Path High School in Charlton. She loved to dance and sing karaoke and had a dream of becoming a professional singer. She loved clothes, shoes and dressing smart.

According to the family's wishes there are no public services or calling hours. A small personal funeral service will be held at the convenience of the family. A Celebration of April's Life will be held at a future date. Memorial donations may be made to her Go Fund Me page. To leave a condolence message for the family please visit [www.jackmanfuneralhomes.com](http://www.jackmanfuneralhomes.com)

## David K. Murray, 51

DOUGLAS- David K. Murray, 51, formerly of Douglas, Oxford, and Webster died Thurs. April 4, 2019 at home in Falmouth after being stricken ill.

He is survived by his daughter Ashley Mirabella and her husband Scott of Woodstock, CT; his parents Teddy Murray Sr. and his wife Carol of Quinebaug, CT and Linda G. (Kurtyka) Powers-Scannell of Westborough; 2 grandchildren Abigail and Sylas; 2 sisters Barbara E. Murray-Coutts of Douglas and Rebecca A. Barsamian and her husband George of Douglas; 2 step-brothers Robbie Somers and Michael Somers; aunts, uncles, cousins, nieces, nephews, and good friends. He was predeceased by his brother Edward P. "Teddy" Murray Jr. in 1995 and brother-in-law David M. Coutts in 2018. Born in Worcester, MA on May 17, 1967 he was raised in Douglas



and Northbridge and lived the past 7 years on Martha's Vineyard.

David worked as a self-taught and highly skilled contractor and carpenter on Martha's Vineyard. Previously he worked for Balcom Construction in Leicester many years. Educated in the Douglas and Northbridge Public School System, he loved baseball and belonged to several baseball, softball, and whiffle all leagues over the years. He enjoyed exercise, working out, and fishing, especially for stripers down the cape.

His Memorial Funeral Mass will be held Sat. April 13 at 10 am in St. Denis Church, 23 Manchaug St. Douglas. Burial of cremains with his brother Teddy in St. Denis Cemetery will be private. There are no calling hours. Because he was a Friend of Bill, memorial donations in David's memory may be made to Vineyard House, P.O. Box 4599 Vineyard Haven, MA 02568. To leave a condolence message for the family please visit [www.jackmanfuneralhomes.com](http://www.jackmanfuneralhomes.com)

## Richard J. Hilditch Sr., 81

BLACKSTONE- Richard J. Hilditch Sr. age 81 passed away Wednesday, April 3, 2019 at the Univ. of MA Healthcare Center, Worcester. He leaves his wife Constance (Gagne) Hilditch, four sons Richard Hilditch Jr. Mt. Vernon, Indiana, Timothy Hilditch of Milford, MA, John Hilditch of Port Orange, FL and Jason Hilditch and his wife Lisa of Palm Coast, FL, one daughter Laura-Lee A. Salmi and her husband Alan of Port Orange, FL, fourteen grandchildren and 15 great grandchildren. He also leaves a brother Michael Hilditch and a sister Joan Brown both of Upton. He had a brother and a sister who predeceased him, Jack Hilditch of

Hopkinton and Dorothy Rio of Tucson, Arizona.

He was born in Framingham, MA son of the late John Hilditch and Theresa (Brennan) Hilditch and lived in Blackstone all his life. He was a auctioneer owned and operated Hilditch Auctions. He was a member of the Auctioneers Assoc. He loved antiquing and collecting. There are no calling hours and all services are private. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with his arrangements. A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle.

## Constance T. Lauziere, 59

DOUGLAS- Constance T. (Therien) Lauziere, 59, of C St. died peacefully at her home on Tues. April 2, 2019 after a brief illness.



She is survived by her husband and best friend of 28 years Steven M. Lauziere Sr.; 3 daughters Aime'e and her husband Ronald Ruzzo of Coventry, RI, Tonia and her husband Thomas Alger of Sutton, and Melissa Naughton of Douglas; her parents Leo and Jeannine (Duplessis) Therien of Millville; 4 step-daughters; 2 step-sons; 14 grandchildren; 1 great-granddaughter; 6 brothers Andre Therien, Denis Therien, Maurice Therien, Jean Paul Therien, Glenn Therien and Noah Therien; and many nieces and nephews. Born in Woonsocket, RI she was the first baby born there on New Years, Jan 1, 1960.

Connie's lifelong ambition was being a caregiver for children. She worked for You Inc. in Worcester the past 9 years as a Family Partner. She was a local day care provider for 20 years previously. She enjoyed camping over the years, especially at Fisherman's Memorial Campground in Rhode Island. She loved the beach and was a member of St. Denis Church. Constance was deeply loved and will be missed by all who knew her.

Her funeral was held Sat. April 6 from Jackman Funeral Home, 7 Mechanic St., Douglas with a Mass at 10 am in St. Denis Church, 23 Manchaug St., Douglas. Burial will follow in St. Denis Cemetery. Calling hours at the funeral home were Fri. April 5 from 4 to 7 pm. Memorial donations may be made to St. Judes Children's Childrens Hospital 501 St. Jude PL, Memphis, TN 38105. To leave a condolence message for the family please visit [www.jackmanfuneralhomes.com](http://www.jackmanfuneralhomes.com)

## George A. Chizy, 64

MILLBURY- George A. Chizy age 64 passed away at his home Wednesday, April 3, 2019. He leaves two daughters, Shannon M. Burns of Douglas and Sandra Crosby of Uxbridge also six grandchildren. He also had a brother and sister that predeceased him, Theodore Chizy of Douglas and Marsha Chizy of Northbridge. He was born in Northbridge son of the late Theodore J. Chizy and Theresa (Fernande) Chizy and lived in Millbury for the past twenty years.

There are no calling hours and all services are private. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with his arrangements. A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle. Donations in his memory may be made to a charity of donors choice.

## Pauline Mary (Marteka) Allen, 83

Pauline Mary (Marteka) Allen, 83 passed away Sunday March 31, 2019 with her loving family by her side at her home in Bow, New Hampshire.



Pauline was born in Whitinsville, Massachusetts to her loving parents the late Anthony and Mary (Novak) Marteka. Pauline had a wonderful childhood with her siblings Irene, Anthony, Edward, Patricia and Mania.

Pauline became a Nurse after graduating from Northbridge High School and that is when she met her husband Virgil. They were married for over 57 years and raised five daughters, Patricia, Anne, Donna, Lynda and Brenda. Her love for her daughters was endless and unselfish. Pauline later became a cherished "Nana" to nine beautiful grandchildren whom she made so many wonderful memories

with as they were growing up. She adored and was so proud of each of them, Patricia, Kelly, Stephanie, David, Zachary, Sarah, Megan, Hunter and Madison. She was also a terrific Aunt to her beloved nieces and nephews.

In addition to her parents, and sister Patricia and brother Anthony, Pauline was predeceased by her husband Virgil Grant Allen.

She was loved and admired during her nursing career. Many family members looked up to her and are in the medical field as well.

Pauline loved reading, cooking, traveling, shopping, going to plays and relaxing at the beach.

Pauline would like everyone to celebrate her in their memories and to live life like she did... to the fullest.

In lieu of flowers the family would like donations to be send to Concord Regional Visiting Nurses Association Hospice Program in Concord, New Hampshire.

# CALENDAR

## Wednesday, March 20 to Wednesday, April 24

KUNDALINI YOGA: The Spring Session has been posted! The Wednesday morning session is from March 20 to April 24 from 10-11:15 a.m. Our classes are offered at St. Peter's Parish Center in Northbridge. Participants may sign up for the session or attend class as a walk-in student. Proceeds benefit St. Peter's parish. For more information, visit [kundaliniyogacma.wix.com/site](http://kundaliniyogacma.wix.com/site), or call (508) 234-4185. Yoga teaches us skills to have a more balanced life.

## Saturday, April 13

ARMENIAN CHURCH LENTEN BAKE SALE: 10 a.m.-noon. Come early for best selection of all your Armenian food favorites: choreg, cheese boreg, peanut butter kufta, yalanchi, baklava, string cheese and more! Soorp Asdvadzadzin Church, 315 Church St., Whitinsville. Questions? Call 508-234-3677.

RABIES VACCINATION CLINIC: The Northbridge Board of Health in cooperation with Dr. Patrick Lawrence of Agape Animal Hospital will hold a Rabies Vaccination Clinic on April 13 at the Whitinsville Fire Station on Main Street from 11 a.m. – 1 p.m. Cats should be brought in a carrier between 11 a.m.-noon; Dogs, on a leash, from noon – 1 p.m. The cost is \$15 (Cash only). Please bring prior rabies vaccination



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certificates. Any questions please call the Board of Health at (508) 234-3272.

## Friday, April 26

ELVIS COMES TO DOUGLAS!: Come join the Douglas Sunshine Club for a wonderful evening of entertainment on Friday, April 26 for a two-hour show at the Sokol Club on Main Street, Douglas. The show is 6-8 p.m., sponsored by the Douglas Sunshine Club to benefit the Douglas Senior Center. Tickets are \$8 if purchased in advance or \$10 at the door. Tickets are available by calling Ron at 508-612-1374, calling/ stopping in the Senior Center at 508-476-2283, at the Sokol Club and from members of the Sunshine Club.

“A COWBOY AND A DANCER” COUNTRY LINE AND PARTNER DANCE: 7-10:30 p.m., Knights of Columbus Hall, 77 Prescott Rd., Whitinsville. Call (508) 981-4917 or (860) 779-7153 for details.

## Saturday, April 27

HONEY BEE PROGRAM: 10-11 a.m., Douglas Orchard & Farm. Learn about the role of the honeybees and how they are being affected by the environment. Ken Warchol, sixth generation beekeeper, will give a PowerPoint presentation on “Honey Bees in Our Environment.” There will be 15 different types of honey to taste from around the world. Don't miss this unique honeybee program.

REUSE & RECYCLE PROGRAM: 11 a.m.-4 p.m., Douglas Orchard & Farm. Informational pamphlet of how you can Refuse, Reduce, Reuse and Recycle. Get a tour of the farm to see how we recycle and reuse. The first tour will begin after the honey bee program. Additional tour at 2 p.m. 2:30-4 p.m. Make a Reusable Bag Learn how to sew repurposed feed bags into reusable shopping bags with Bonnie Combs of Bird Brain Designs. Please bring your own machine. There will be a few machines to use if you don't have your own. There is a \$5 cost for adults 18 and older. This cost includes the Honey Bee Program, farm tour and how to make a recycled bag.

SEMI-ANNUAL HAM & BEAN SUPPER: 5 p.m. in the Community House, 8 Court St., Uxbridge, located behind the Uxbridge Town Common. Sponsored by the Uxbridge Congregational Church. Menu includes home baked ham, home baked beans, potato salad, coleslaw, brown bread, beverages & dessert. Donation of \$10 per adult, children under six free. Raffles will also be available. For reservations, call 508-278-2654 after 5 p.m. Limited tickets will be sold at door.

## Sunday, April 28

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: Progressive Club, 18 Whitin St., Uxbridge, 1-5 p.m., with live country music by Mountaineer Family & Friends.

## ONGOING EVENTS & INFORMATION

KUNDALINI YOGA: We are pleased to announce the winter schedule. The Wednesday morning yoga class is from Jan. 9 to Feb. 27 (10-11:15 a.m.). This eight-week session is offered at St. Peter's Parish Center in Northbridge. Participants may pay for the entire session or attend as a walk-in student. Proceeds benefit the Youth Ministry at St. Peter's Parish. For more information visit: <http://kundaliniyogacma.wix.com/site> or call 508-234-4185. All are welcome to join our caring yoga community.

NEED EMERGENCY ASSISTANCE? The Salvation Army is here to help serve emergency needs in the Blackstone Valley area. Services include assistance with food, clothing, utility payments and heating needs. To find out how we can help with your emergency needs, call 508-342-7122. Leave your name and telephone number and your call will be returned.

YOGA CLASS: Carol Dearborn, certified Yoga and Pilates instructor, will offer a weekly All Levels Yoga class and a Yogalates class at the First Congregational Church of Millbury in Fellowship Hall, located at 148 West

Main St. Proceeds will benefit the Church. Classes will run every Friday from Oct. 12 to Nov. 16; 4:15-5:15 pm, All Levels Mat/Chair Yoga, Drop-in Fee \$5, \$3 Seniors and 5:30-6:45 pm, Yogalates (combines the best of two exercise regimes-Yoga and Pilates) Drop- in Fee \$8, \$5 for Seniors. Both classes are structured to make you feel revitalized in body and mind and accessible to ALL LEVELS of fitness. For more information please contact Carol Dearborn at 508-756-5478 or [CDearborn888@gmail.com](mailto:CDearborn888@gmail.com).

FREE WILL DINNERS: The First Congregational Church of Sutton, 307 Boston Road, presents its monthly free will offering of open seating dinners 4:30-6:30 p.m. on the second Saturday of each month. All welcome. Dinners served with bread, beverage and dessert. For information, call 865-6914.

SENIOR BREAKFAST: St. John's Episcopal Church Senior Breakfast held first Friday of the month 8-9 a.m. at the church, 3 Pleasant St., off Route 122A, Sutton, and is handicapped accessible. Suggested donation is \$5. For information, call Cyndy Rogers, (508) 529-4437.

PARENT SUPPORT: Parent Support Group in Millbury sponsored by Parent Professional Advocacy League. Free and confidential Parent Support Group on the second (workshop) and fourth (sharing) Friday of the month 10:30 a.m.-noon at the Millbury Public Library. Call PPAL (508) 767-9725 for information. PPAL is a statewide network of parents and professionals and adolescents with emotional, behavioral and mental health needs.

CARING: The Caregivers Group meet in the library at the Northbridge Senior Center fourth Tuesday of month 3-4 p.m. If currently caring for a family member or close friend, come and join others who share your compassion.

AL-ANON: A “Serenity on The Hill” Al-Anon step meeting held at 7 p.m. Wednesday at Rockdale Congregational Church, 42 Fowler Road, Northbridge. Support group for family and friends of problem drinkers. Newcomers welcome. For information: 508-366-0556.

TRIPS  
continued from page A11

opportunity to visit many of the wonderful sites of the Canal City.  
After Venice, our next and last night will be Milan where we will have an opportunity to visit and shop at the “Quadrilatero della Moda,” Milan’s high-fashion district. We will depart for home from Milan.

SOUTHBIDGE SENIOR  
CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.  
Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBIDGE SENIOR  
CITIZENS 2019 TRIP SCHEDULE

OPEN TO PUBLIC  
PAYMENT DUE AT SIGN UP  
March 12, 2019 – Tuesday – Foxwoods \$25 – 8:30 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble or PLAY BINGO as the bus will leave Foxwoods at 3:30 PM. You will receive \$10 for gaming and \$15 meal voucher.

April 30 - May 2, 2019 – Tuesday – Thursday - Atlantic City  
You will get 2 nights on the boardwalk. You also get a \$25 in slot play and \$60 food credit and see 2 stage shows. Trolley’s available.

For details call Jan at 508 887 2215  
May 19, 2019 – Sunday – Newport rail tour.

Tour ocean drive: board the excursion scenic dinning car for a 90 minute tour along Narragansett bay. Enjoy a full course lunch on the train when you book give choice of meal - chicken Marcella - or Atlantic Cod.

For details call Jan at 508 887 2215  
June 9, 2019 – Sunday – Gloucester Beaufort princess cruise.

Board the ship for a New England clam bake including clams, lobster chowder BBQ chicken and more finish with chocolate mousse. Cruise the harbor for 2 1/2 hours with music on board. Visit the Salem visitor center and shops.

For details call Jan at 508 887 2215  
July 23, 2019 – Tuesday - Mohegan Sun \$25 - 10 AM Bus

For \$25 You get a deluxe motor coach ride to the casino. You will have 5 hours at the casino as the bus will leave Mohegan Sun at 4 PM. You will receive \$10 for gaming and \$15 meal voucher.

August 28, 2019 – Wednesday – Diamonds and Pearls the ultimate tribute show.

For \$95 you will get a deluxe motor coach to Lake Pearl in Wrentham MA. where you will hear the music of Neil Diamond, Carol King, Janice Joplin and more. You have a choice of baked stuffed chicken or schrod

September 17, 2019 Tuesday - Atlantic

City Boys For \$95 you will get a deluxe motor coach to Danvers Yacht Club in Danvers MA. where you will hear the music of the Beach Boys, The Drifters, the Bee Gees and more. You have a choice of baked stuffed chicken or schrod.

October 8th - 15th , 2019 – ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip and for 2020 trip

November 12, 2019 – Tuesday – Foxwoods \$25 - 10 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino. You will have 5 hours at the casino as the bus will leave Foxwoods at 4 PM. You will receive \$10 for gaming and \$15 meal voucher.

Trips are open to the public!  
Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

FRIENDS OF STURBRIDGE  
SENIORS

We are proud to announce the following upcoming Bus Trips which are open to everyone age 21 and over. The following One Day Bus trips are 92.00 which includes a Deluxe Bus Transportation, Delicious Lunch, Tax, Gratuity and Fabulous Entertainers.

Sunday May 19th See The Edwards Twins, the Best Impersonators of all the Biggest Stars.

Tuesday June 18th See The 3 Red Neck Tenors, Down Home Laughs + Big City Music, Pop to Opera.

Wednesday August 28th Tribute Show hear Songs of Neil Diamond, Carole King, Johnny Cash, Janis

Tuesday Sept 17 Atlantic City Boys, 4 Dynamic Lead Singers perform World Class Vocals and Comedy

We also have the following 2 to 5 Day Overnight Trips for Singles and Double Occupancy.

Saturday June 29 to Wed July 3 Nova Scotia, Bay of Fundy, Royal Nova Scotia International Tatoo

Military Festival, Halifax Saint John plus more 1299 Double occupancy

Saturday August 3 to Sunday August 4, Boston Red Sox vs NY Yankees game, Statue of Liberty, Ellis

Island, 399.00 Double Occupancy

Tuesday 8/27 to Thursday Spectacular Saratoga NY Raceway, Lake George Cruise, Tour of Saratoga

Battlefield, Norman Rockwell Museum. 499.00 Double occupancy

Tuesday December 3 to Thursday Dec 5th Pennsylvania Dutch and The Miracle of Christmas Show,

Hershey’s Chocolate World and more 459.00 Double occupancy

For more information, please contact Dick Lisi at 508 410 1332 or at lisirichard15@yahoo.com

ST. ANDREW BOBOLA PARISH  
TRIP TO USA NATIONAL PARKS St

Andrew Bobola Parish, is organizing a special TRIP TO THE NATIONAL PARKS 11 DAYS, May 12-23 2019. Total cost: \$2,000 PILGRIMAGE TO ISRAEL AND JORDAN St. Andrew Bobola Parish is organizing a Pilgrimage to Israel and Jordan March 17-28, 2019. All inclusive cost with breakfast, dinners is \$3,190.

Please contact: 508-943-5633. Registration forms are available on the website: www.standrewbobola.com

UNION SAINT-JEAN-BAPTISTE  
CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019  
2019 is the Society’s 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

April 27 — Dinner and concert with noted French-Canadian singer Josee Vachon. The Saturday evening event will take place at the La Salle Reception Center, 444 Main St., Southbridge. The cost and additional details to be announced soon. (508) 764-7909

May 4 — “A Spring Day in New York City” — to do as you wish — a day of sightseeing, shopping, visiting a museum, dining at a special restaurant, attending a Broadway matinee performance or visit the 911 Fountains and the new museum via a ticket through 911museum.org. The possible activities are many. Departure from Southbridge is 6:30 a.m., and the return departure from New York City is 6:30 p.m. Included are comfort travel stops to and from New York City. The cost per person is \$59. Reservation deadline is April 30. For early reservation and for infomraiton, please call (508) 764-7909. New York City is our 24th annual visit in 2019.

June 14 — “Evening at the Boston Pops” features a musical journey to European countries with a noted conductor leading the Boston Pops Orchestra, with each concert piece a selection of stirring 19th century anthems by Romantic-era composers, including Greig, Smetana, Strauss, Berlioz, Elgar, Wagner and Verdi. Each piece honors a particular nation, while the finale, Beethoven’s “Ode to Joy” (Europe’s official anthem) pays homage to the continent’s motto of “United in Diversity.” The concert is enhanced by a montage of evocative video images curated by Rick Steves, America’s leading authority of extensive knowledge of European history and culture and of PBS frame. All considered, this promises to be an extremely entertaining night, and please reserve early. The cost is \$59 per person for the 8 p.m. concert, with reserved second balcony center seating and motor-coach transportation. Departure is 5:30 p.m. from the RMV, La Rochelle Way in Southbridge. This is the 37th annual excursion to the “Pops.”

Aug. 11 – “A Sunday Afternoon at Tanglewood” — a noon luncheon at the Red Lion Inn followed by the 2:30 p.m. concert with reserved seating in the Koussevitsky Music Shed. Thomas Ades, conductor, leads the Boston Symphony Orchestra with the music of Ives and Beethoven and guest pianist Inon Barnatan. The cost is \$127 (an inclusive luncheon, concert and motor coach transportation). A payment plan is available. The reservation deadline is July 30. Departure is 9 a.m., RMV parking lot, Southbridge.

Sept. 23-25 — A three-day excursion to Cape May, N.J. The cost and all of the details to be announced soon in this listing of trips.

Nov. 16 — “Do As You Wish Day in New York City” – shop for Christmas, do some sightseeing, visit a museu, attend a Broadway matinee, dine at a special restaurant, a visit to the aircraft Intrepid, visit the 911 Memorial complex. There is much to do and enjoy. Departure is 6:30 a.m. from the Southbridge RMV parking lot, and the return departure from New York City is 6:30 p.m. Included are rest stops to and from New York City. Cost is \$59 per person. The reservation deadline is Nov. 6. For information and reservations, call (508) 764-7909. To avid disappointment, call early.

Dec. 7 — “Festival of Christmas Lights” at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and

snacks, a Carousel for the children, an optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright’s Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45 a.m. from Southbridge and 11:15 a.m. in Webster, with the return about 7:45 p.m. Reservation deadline is Dec. 5.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. “Like” us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019  
Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

March 21, 2019 “THE PHANTOM OF THE OPERA” at PPAC: Lunch at Mossimo’s on Federal Hill. Please choose: eggplant Parmesan, salmon, or chicken piccata~ \$99.

April 9 JFK Library and museum w/ wine tasting & Venezia Restaurant for lunch. \$81. Lunch choices: Baked Haddock, chicken parmesan, steak tips, chicken piccata, or pasta primavera

Kentucky w/ARK, horses and more \$869. 7 day trip! March 31-April 6. Includes12 meals, 2 shows; Loretta Lynn’s homestead; Hatfield & McCoy tour; Toyota Tour; tour of Wheeling, WV; cut-through project in Pikeville; horse farm tour; “Grand Canyon of the South” and other fun highlights!

Hotel Frontenac (“bucket list” hotel!), Quebec: 5 days w/White Mt. Hotel, N. Conway, NH, April 27-May 1: \$999. 8 meals, show, and touring in Quebec. Come and stay at the famous hotel that’s in all the photos of Quebec! True luxury!

April 9 is a trip to the JFK LIBRARY AND MUSEUM w/ wine tasting and lunch at Venezia’s . \$81. (\$2. discount if you’re a veteran.) Lunch choices: Baked Haddock, chicken parm, steak tips, chicken piccata, pasta primavera. Make sure to include meal choices when you sign up. Besides lots of information about the life and legacy of John Fitzgerald Kennedy, there is also an extensive collection of first lady Jacqueline Kennedy’s clothes, including the dress she wore when she gave a televised tour of the newly restored White House. You also don’t want to miss the Freedom 7 space capsule, which took Alan Shepard into space in 1961. The Venezia is always a nice place for lunch with wonderful food! Leaves Whitinsville WalMart at 7:15 a.m., home around 4:30.

MONDAY, MAY 6 – Trip to the Cape w/Daniel Webster Inn, the Sandwich Glass Museum, and the very interesting Cape Cod Canal visitor center – \$71. There will be a buffet lunch at the lovely historic Daniel Webster Inn with its great food and wonderful atmosphere! Leaves Whitinsville at 7:45 a.m., home around 6:30 p.m.

Tues, May 28 – the Lobster Bake Cruise returns! This has turned into a yearly tradition because everyone loves it so much! Don’t wait to sign up or you’ll miss out! Cruise around Gloucester harbor with music and dancing and white linen tablecloths while you dine. Lobster and baked chicken both. \$85. Leaves Whitinsville at 8:30 a.m., home around 7 p.m.

June 17~”On Golden Pond” at the Winnepesaukee Playhouse w/lunch at Hart’s Turkey Farm. Choice of turkey, haddock, or roast beef. \$89. Leaves Whitinsville at 8:45, Home around 7

July 3 - “Singing in the Rain” - Theatre by the Sea, Wakefield, RI Lunch at The Bistro right at the theatre! Choice of Tuscan chicken, fish, and vegetarian option. \$104. Leaves Whitinsville at 10AM, home at 6:00

July 12 - “The Odd Couple” at New London Barn Playhouse w/Italian buffet lunch. Leaves Whitinsville at 8AM, home around 6:30 or 7. \$84.

Sept. 20- Sun, Sept. 22. - Balloon Festival \$549. made out to Conway Tours. (trip full - waiting list)

Oct. 1- Return of Turkey Train! Train ride along Lake Winnepesaukee with turkey dinner on board. \$81; leaves Whitinsville at 8:30; Home 6:30

Nov. 12~ Aqua Turf Club ~ lunch & show, “Crooning the 70’s”. \$79. Family style meal of Penne ala Vodka, Beef Burgundy, & Salmon

It’s not too early to think about Christmas! Join the Silver Club for Boothbay Harbor, “Christmas by the Sea” in Portland, ME, or Reagle Players Christmas Show for Christmas 2019!

Nov. 21-22~2 day Boothbay Harbor w/ lunch at the Harraseeket Inn in Freeport. ~ 2 days w/”Gardens Aglow” (beautiful light show at the botanical garden) at the Boothbay Harbor Botanical Gardens. 1 lunch, 1 breakfast. \$199. double occupancy, \$259. single.

DEC.5-6 THE TRAPP FAMILY LODGE CHRISTMAS: \$379. dinner & breakfast at the Lodge; Quechee and Montpelier, meet w/a family member to hear the history, etc.

Dec. 8 - Reagle Players Christmas show.... TBA

DEC 13-14: CHRISTMAS BY THE SEA: \$329. 1 breakfast, 1 elegant holiday buffet lunch, 1 dinner. “Magic of Christmas” Portland Symphony Orchestra plus Ogunquit’s “Christmas by the Sea” celebration

All trips leave from Whitinsville Walmart, 100 Valley Parkway, Whitinsville. Make sure to always include entree choice, phone # (esp. cell) and an emergency phone number. Please call Sue at 508-476-5820 for more information or to reserve.

# LOCAL STUDENTS PERFORM AT MICCA FESTIVAL



Photo Erica Chick

Nearly 13,000 student musicians across the state competed in the annual MICCA festival. The Massachusetts Instrumental and Choral Conductor’s Association encourages and supports high performance standards by High School, Middle School, and Elementary School musical organizations. Each group was given a 30-minute time slot to perform three selections. Each group then received a 25-minute clinic from one of the adjudicators, as well as score sheets from each of the adjudicators, recorded adjudicators’ comments and a performance recording. On Saturday, April 6 the 7th grade students at the Frederick W. Hartnett Middle School in Blackstone performed at King Phillip Regional High School and earned a silver medal, under the direction of Kevin M. Martins. The eighth grade band, under the direction of Nicholas Marcotte, performed on Sunday, April 7 at Hopkinton High School and earned a gold medal. MICCA, with the support of the Boston Symphony Orchestra and Mechanics Hall, will sponsor its 21st annual Gold Medal Showcase in the spring of 2019. Ensembles that earn a gold medal rating at the 2019 MICCA Concert and Choral Festivals will be invited to perform at either Symphony Hall on Saturday, May 4 or Mechanics Hall on Sunday, April 14. A compact disc recording of each group will be created and distributed to the director immediately following their group’s performance. There is no admission charge for audience members.

CALENDAR  
continued from page A1

YOGAGROUP:join theSunshine Yoga Collaborative in our mission to bring community based yoga to Uxbridge and the surrounding communities! Classes are appropriate for just beginning to advanced student. Class is Sunday 7:30-8:30 a.m. at Alternatives, Unlimited, 50 Douglas Road, Whitinsville. Extra yoga mats, but most bring their own. \$5 donation per class, which given to local organization. Visit Facebook: Sunshine Yoga Collaborative.

RECOVERY: Every Monday, Celebrate Recovery, a Biblically based step program designed to heal a wide variety of habits and harmful behaviors, such as drug dependency, abuse, eating disorders, depression, anger, pornography, broken relationships. Group meets every week in two-part session, an open

group followed by gender-specific small share groups. Starts at 7 p.m. and ends at 9. Come at 6:30 p.m. for coffee and conversation. Pleasant Street Church, 25 Cross St., Whitinsville, (508) 234-5268, ext. 14, or email howard@pscr.org.

BREAKFAST: The John 21 Community Breakfast at St. Patrick’s Church has been established as a response to the needs of many people in our community. Breakfast will continue each and every Saturday 8-10 a.m. in the Parish Center, 1 Cross St., Whitinsville. Our mission is to serve a nutritious breakfast, free of charge, every Saturday morning in the spirit of community fellowship and hospitality. Teams of volunteers prepare and serve breakfast on a rotating basis. All welcome. For information contact ministry coordinator at John21Breakfast@gmail.com. To make a donation contact St. Patrick’s rectory at 508-234-5656.

Legos Club: first and third Mondays of each month, ages six and up 3-5 p.m. at Whitinsville Social Library. Information about programming, visit the library’s website www.northbridge-mass.org/whitinsville-social-library.

PROJECT KIBBLE: In this tight economy, it can be tough to make ends meet. What about your four-legged friends? Project Kibble collects donations of pet food and supplies and distributes them to local food pantries. We accept dog and cat food, kitty litter, small rodent and fish food. All donations must be unopened and unexpired. For more information contact projectkibble@gmail.com or call Christine 508-234-8131.

12-STEPS FOR OTHERS: Adult Children of Alcoholics 12-step support group meets 7:30 to 9 p.m. Mondays at the Hopedale Unitarian Church, 65 Hopedale St. For information, Rose at (508) 234-9004.



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2010 Toyota Prius IV Hatchback, Front Wheel Drive, CVA trans, Winter Gray, 82K miles, Stk 1901456A.....\$10,488	2016 Toyota Corolla S PLUS Sedan Front wheel Drive, I-4 cyl, MANUAL, Blue Cruss Metallic, black leather, 14K miles Stk A5359 .....\$17,998	2016 Toyota RAV4 LE SUV I-4 cyl, 6 spd auto, Super White, 12K miles, Stk A5387 .....\$21,598
2007 Acura RDX Base w/ Technology Pkg SUV AWD, 5 spd auto, Royal Blue Pearl, 98K miles, Stk 1916175A.....\$10,488	2015 Toyota Corolla S Plus Sedan, Front Wheel Drive, I-4 chyl, Gray, 23K miles, Stk A5376XX .....\$17,998	2016 Toyota RAV4 SE SUV AWD, 6 spd auto, Super White, 50K miles, P11931 .....\$21,688
2014 Toyota Corolla L Sedan, Front Wheel Drive, 6 spd manual, Slate, 64K miles, Stk 1859314B .....\$10,688	2018 Toyota Corolla iM BASE Hatchback Front Wheel Drive, I-4 cyl, 6 spd MANUAL, Red, 14K miles, Stk A5298XX .....\$17,998	2016 Toyota Prius Four Hatchback Front Wheel Drive, CVA trans, Magnetic Gray, 21K miles, P11940 .....\$21,788
2009 Toyota Sienna LE Van AWD, 5 spd auto, Silver Shadow Pearl, 101K miles, Stk 1921296C.....\$10,888	2015 Subaru Outback 2.5i (CVT) SUV AWD, Carbide Gray, 36K miles, Stk 1925076A.....\$18,288	2013 Toyota Highlander AWD Ltd. V6, 5 spd auto, Magnetic Gray, 73K miles, Stk 1979329A .....\$21,888
2012 Toyota Prius Plug-in Base Hatchback Front Wheel Drive, CVA trans, Blizzard Pearl, 83k miles, Stk 1800040A .....\$12,488	2016 Toyota Prius Two Hatchback Front Wheel Drive, CVA trans, Sea Glass Pearl, 44K miles, Stk P11939 .....\$18,788	2017 Toyota Camry XLE Sedan Front wheel drive, I-4 cyl, 6 spd auto, Silver, Ash Leather, 20K miles, Stk A272838A .....\$21,998
2011 Toyota Camry XLE Sedan Front Wheel Drive, 4 spd auto, Ash Leather, Gray, 55K miles, Stk A271575B .....\$12,598	2016 Toyota Prius Two Hatchback Front Wheel Drive, CVA trans, Sea Glass Pearl, 44K miles, Stk P11955.....\$18,888	2013 Toyota Highlander AWD Ltd V6 SUV 5 spd auto, Magnetic Gray, 67K miles, Stk P11938 .....\$22,388
2012 Toyota Camry SE Ltd Ed sedan, Front Wheel Drive, 6 spd auto, Attitude Black, 54K miles, Stk 1932695A .....\$12,888	2012 Toyota Tacoma Access Cab 4WD Truck, 5 spd manual, Barcelona Red, 46K miles, Stk P11920A.....\$18,888	2016 Toyota RAV4 SE SUV AWD, 6 spd auto, Hot Lava, 30K miles, 21K miles Stk P11919XX.....\$22,688
2017 Nissan Altima 2.5 SV Sedan Front Wheel Drive, CVA trans, Super Black, 40K miles, Stk P11893 .....\$13,188	2016 Honda CR-V EX AWD SUV, CVA trans, White Diamond Pearl, 61K miles, Stk 1845709A.....\$18,888	2014 LEXUS IS 250 Premium Sedan AWD, 6 spd auto, Silver Lining, 33K miles, Stk P11926A.....\$22,688
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2014 Toyota Prius Three Hatchback Front Wheel Drive, CVA trans, Blizzard Pearl, 61K miles Stk 1800397A .....\$14,888	2013 Toyota RAV4 LE SUV AWD, I-4 cyl, 6 spd auto, Red, 42K miles, Stk A5235B.....\$18,998	2018 Toyota Prius Prime Premium Hatchback Front Wheel Drive, CVA trans, Magnetic Gray, 8K miles, Stk 1897925A .....\$23,688
2016 Toyota Prius Two Hatchback Front Wheel Drive, CVA trans, Hypersonic Red, 95K miles, Stk 1896921A .....\$14,888	2017 Jeep Cherokee Latitude 4x4 SUV, 9 spd auto, Bright White, 31K miles, Stk 1979714A .....\$19,288	2019 Toyota RAV4 Adventure SUV AWD, 6 spd auto, Magnetic Gray, 24K miles, Stk P11963XX .....\$24,488
2016 Toyota Prius Two Hatchback Front Wheel Drive, CVA trans, Magnetic Gray, 95K miles, Stk P11942A.....\$14,888	2016 Toyota Camry Hybrid SE Sedan Front Wheel Drive, CVA trans, Celestial Silver, 30K, Stk P11930 .....\$19,488	2017 Toyota RAV4 Hybrid SE SUV AWD, CVA trans, Magnetic Gray, 32K miles, Stk 1921296B .....\$24,888
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2016 Toyota Corolla LE Sedan Front Wheel Drive, 4 spd auto, I-4 cyl, Brown Sugar Metallic, 10K miles, Stk A5349.....\$16,998	2016 Toyota RAV4 LE SUV AWD, 6 spd auto, Super White, 30K miles, Stk P11959 .....\$19,988	2015 Land Rover Range Rover Evoque Pure SUV 4x4, 9 spd auto, ndus Silver, 43K miles, Stk 1977083A .....\$26,688
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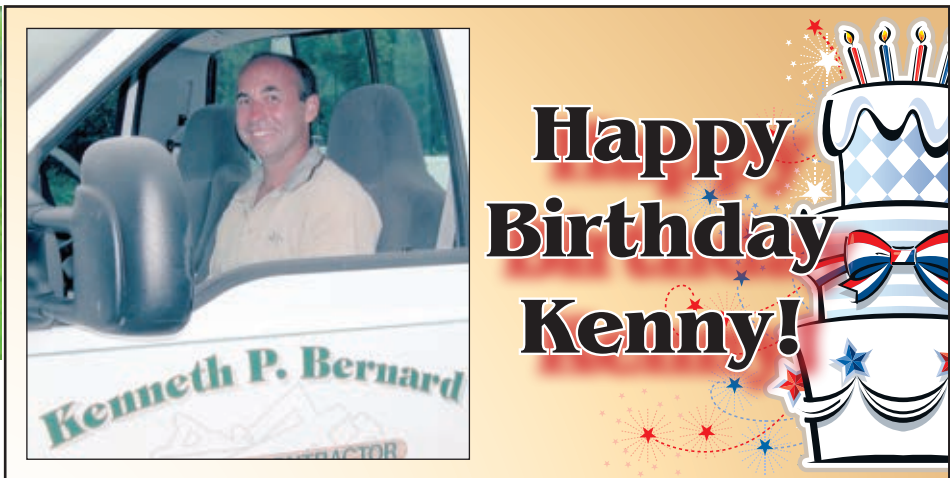
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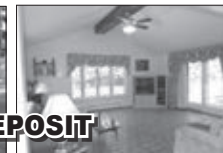
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**“Listings Always Needed - We're Always Busy Selling!!!”**



**WEBSTER** - 3 Blueberry Lane! Blueberry Hill - Stunning 9 Rm Colonial! Level Acre Lot! Sought after Neighborhood! Move-in Ready! Expansive Fam Rm w/Stone Frplc & Cathedral Ceiling! Slider to the Deck! Custom Kit w/Granite Counters and Island Opening to the Dining Rm! Great Living Rm for Entertaining! Large, Bright 4th Bdrm/Office w/Double Closets, Cathedral Ceiling & Private Slider to the Deck! Half Bath w/Laundry! Master Bdrm w/His & Hers Closets, Master Bath w/Double Sinks! Generously Sized 2 Additional Bdrms w/Large Closets! Halfway 2nd Full Bath! Partially Finished Lower Level - Great TV or Game Rm! Large Storage Area! Private Backyard w/Shed & Basketball Court! 2 Car Garage w/Plenty of Storage! Charm & Character that can't be Beat! Minutes from 395, an Ideal Location! 3 Z C/Air, Newer Windows & Furnace! This Could Be Yours! **\$359,900.00**

**DUDLEY** - 73 Tracy Rd! Majestically Perched on a Knoll, 1.47 Acres Beautifully Landscaped, Spacious 2,252' 8 Rm Colonial! Stainless Appliance Eat-in Country Kit w/Center Isl, Pantry Closet, Recessed Lighting, Tile Flr & French Dr to Deck! Formal Din Rm w/Hrwd Flr & Classic 3 Windowed Bumped-out Wall! Entry Foyer! Formal Living Rm w/Hrwd Flr! The Fireplaced Family Rm w/Wide Plank Hrwd Flr will keep the Family Close! Side Entry Hall Dble Closet, Half Bath w/Laundry Closet! Upstairs 4 Comfortable Bdrms, 2 w/Hrds, 2 w/Wall to Wall all w/Plenty of Closet Space! 18 Master Bdrm w/Hrds, Ceiling Fan, Walk-in Closet, Master Bath w/Granite Vanity & Tile Flr! Off the Hrwd Hall the 2nd Full Bath w/Double Sinks, Granite Vanity, Tile Flr & Linen Closet! Breezeway Attached 2 Car Garage! Quick Closing Possible, Start Packing! **\$349,900.00**

**THOMPSON** - 854 Thompson Rd! Appealing 9 Room Split! Beautiful 63 Acre Lot! Applianced Granite Kitchen! Dining & Fireplaced Living Rm w/Hardwoods! 17x18 Cathedral Ceiling Great Rm w/Tile Floor! 3 or 4 Bedrooms, 3 w/Hardwoods! Fireplaced Family Rm! Updated Full Bath! 1.5 Baths Total! 2 Car Garage! Recent Furnace! 18x24 Deck! Shed! Convenient to 395 in both Directions, Close to Raceway Golf Course & Thompson Speedway! **\$244,900.00**

**WEBSTER** - 26 Spring St! 5 Rm Ranch on Quiet Side Street! Walk into the 3 Seasons Rm w/Tile Flr, Ceiling Fan & Slider to Deck! Cabinet Packed Eat-In Kit! Spacious Liv Rm w/Hrds! 3 Bdrms! Finished Lower Level w/Tile Flr, 10' Bar w/Drop Lights! Vinyl Siding! Replacement Windows! **\$239,900.00**



**PUTNAM** - 49 Fox Road! Fantastic 2,680' 9+ Room Center Hall Colonial Set On 3 Beautiful Acres! Featuring Center Island Stainless Appliance Kitchen! Formal Dining & Living Rooms w/Hardwoods! Comfortable Brick Fireplaced Family Room! Office/Den! Half Bath w/Laundry Closet! Side Entry Foyer w/Cool Closet! Upstairs to 4 Spacious Bedrooms! Huge Master w/Hardwoods, Full Bath & Walk-in Closet! Full Hall Bath w/Double Sinks! Full Walk-up Attic w/Plumbing Leads for Additional/Future Expansion! 5 Zone Oil Heat! 24X30' Detached Garage w/Second Floor Storage! Convenient to Everything Putnam! **\$379,900.00**

**PUTNAM** - 48 Smith St! 2 Family! 3/8 Rooms! 1/4 Bedrooms! 1/1 Baths! Major Rehab 2005 - Roof, Gutter & Downspouts, Vinyl Siding, Windows, Entry Doors! 2018 Electric Heat Conversion! Gas Hot Water! Off Street Parking! Garage! Town Services! **\$129,900.00**

**OXFORD** - 8 Vine St! Ideal 6 Rm Ranch! Move-in Condition! Freshly Remodeled Granite Kit w/New Cabinets, SS Appliances w/Gas Range, New Fusion Enhanced Vinyl Tile Flr! Brick Frplcd Liv Rm, Gleaming Hrwd Flr, Recent Bay Window! 3 Bdrms w/Hrds! Updated Bath w/Granite Vanity! Fam Rm w/New Wall to Wall! Home Freshly Painted! 2 Car Attached Garage! 19337' In-ground Pool! Shed & Kennel! **\$274,900.00**

**WEBSTER** - 7 Hickory Lane! Well Maintained 6 Rm Ranch! Featuring Eat-In Kit w/Updated Cabinets & Swanston Counters! Comfortable Liv Rm! 3 Bdrms, 1.5 Baths! Spacious Lower Level Fam Rm! Shed! 2017 Electric Water Heater! Anderson Replacement Windows in 2012! Truly in Move-in Condition! **\$259,000.00**

**OXFORD** - 28 Brown Rd! Country Setting Yet Close to Everything! 6 Rm Split set on 1.32 Acres w/Beautiful Pastoral Views! Recent Applianced Quartz Kit! Frplcd Liv Rm! 3 Bdrms! Recent Wood Laminate Flooring Throughout! 2 Full Baths! New Furnace! Recent 3 Car Garage! **\$319,900.00**



**SUTTON** - 30 Jones Rd! 9 Room 2,156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kitchen! Dining, Living & Fireplaced Family Rooms w/Hardwood Floors! Year Round Sunroom w/2 Skylights! 3 Bedrooms! 24' Master w/Master Bath! 2.5 Bathrooms Total! 12x24 3 Season Porch w/3 Skylights! Expandable Attic! Wraparound Deck! 2 Car Garage! Central Air! Generator! Super Easy Access to Rte 146! **\$464,900.00**

**WEBSTER LAKE** - 50 West Point Rd! Killdeer Island! Stunning 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, It Has It All! Expansive 2 Story Foyer! Cherry Cabinet Kit w/Oversized Center Isl, Dble Oven, High End Appliances and Walk-in Butler's Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm Overlooking the Lake, Custom Built Cabinets, Gas Frplc! 1/2 Bath + Laundry Nearby! An ELEVATOR to Service All 3 Floors! Glorious Stairway leads up to 3 Spacious Bdrms each with their Own Private Baths! Luxurious Master w/Tray Ceiling, Walk-in Closet + Private Balcony! Expansive Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level boasts Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplc & Private Bath! Slider to Patio! 13 Individual Splits to Control Rm Temps! Oversized 2 Car Garage! This Home is Loaded w/Quality & Detail! Quick Closing No Problem! Don't Delay! **\$1,199,000.00**

**WEBSTER LAKE** - 39 Bates Point! Panoramic Views of South Pond! Southern Exp! Park Like Grounds! Extensive Patio, Paver Walkways & Perennial Gardens! 18X24 Covered Composite Deck, w/Vinyl Railings! 90' U-Shaped Dock! Beautiful 7 Rm A/C'D Ranch! 14,549' Level Lot! Lake Facing Cathedral Ceiling Great Rm w/Gas Frplce, Maple Hrwd Flrs, Custom Granite Wet Bar w/Maple Cabinetry! Applianced Granite Kit w/Maple Cabinets & Porcelain Tile Flr! Formal Din Rm w/Cathedral Ceiling, Skylight & Birch Flooring! 20' Master w/Cathedral Ceiling, Skylight, Ceiling Fans, Walk-in Closet & Dble Closet! Bthrm w/Travertine Flr, Dble Granite Vanity, Custom Tile Shower, Linen Closet & Cathedral Ceiling w/SkyLight! Entry Foyer! Mud Rm w/Tile Floor! Finished Walk-out Lower Level w/2 Bdrms, 1 Lake Facing! Liv Area w/Wet Bar & Frigl! Full Bathrm! Laundry Rm! Work Shop & Storage! 26X32 Detached Garage w/2 Stalls & 2nd Flr Storage! Start Packing! **\$749,900.00**

**WEBSTER LAKE** - 50 Union Point Rd! Panoramic Views of Middle Pond - South Facing - Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$689,900.00**

**WEBSTER LAKE** - 17 Wakefield Ave! South Pond! Western Exposure! Protected from the Storms - Quiet Cove! 24 Acre Lot! 104' Waterfront! Water Views! 2,412' 8 Rm Contemp! Just Renovated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$535,000.00**

**WEBSTER LAKE** - 704 Treasure Island! 1874 Townhouse! 6 Rms, 2 Bdrms, Master Bath, 2.5 Baths Total! Recent Cherry & Granite Kit w/SS Appliances! Din Rm w/Sliders to Deck! Frplcd Fam Rm! Patio! Newer C/Air, Heat & Hot Water! Garage! 2 Boat Slips! Heated Pool! Sandy Beach! **\$344,900.00**



**DOUGLAS** - 36 Cedar St! Badluck Pond (110 acres) aka Cedar Lake & Laurel Lake! 2.74 Acres! 633' Waterfront! 471' Road Frontage! Beautiful Private Setting! 27X96', 2,688' Custom Cedar Ranch w/Hrds! Spectacular, Open, Frplcd, Cedar Cathedral Ceiling, Sky Lighted Great Rm Highlights Home! Country Island Kit Lake Facing Master! 2.5 Baths! All Closets are Cedar! 96' Screened Porch! Plus 36X72' 2 Story Heated Boat House/Garage w/5 Rm Caretaker/Law Apartment w/2 Bthrms! 5 Full + 2 Half Baths Total! Year Round Country Waterfront Retreat! **\$599,900.00**

**WEBSTER LAKE** - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since 2002! Custom Center Island Applianced Granite Kitchen w/Walk-in Pantry, Recessed Lighting, Hardwoods & 1/2 Bath! Open Floor Plan! Dining Rm w/Window Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm w/Hardwoods & 2 Sliders to Deck w/Recent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master w/Cathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor, Huge Corner Shower w/Seat, Double Linen Closet! Full Hall Bath! Halfway Laundry Closet! Lake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! **\$629,900.00**

**WEBSTER LAKE** - 37 Bates Grove Rd! South Pond! As a Second Home, Getaway or Expand it into Your Dream Home - Have Possible Plans! 4+ Rooms! Open Floor Plan! Applianced Kit! 2 Bedrooms! Bathroom! Covered Deck! Ideal Gradual Sloping Lot w/Panoramic Lake Views! **\$399,900.00**

**WEBSTER LAKE** - 965 Treasure Isl! WATERFRONT! Townhouse! 6 Rms! 1,874' Hrds! SS Applianced Quartz Kit! Open Flr! 2 Bdrms! Master Bath w/Dble Vanity! 2.5 Baths! Frplcd Fam Rm! Newer C/Air & Gas Heat! Trex Deck! Garage! 2 Boat Slips! Heated Pool, Sandy Beach! **\$449,000.00**



**MILLBURY** - WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abounds! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frplcd Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3 Comfortable Bdrms! 3 Full Bathrooms! C/Air! Garages - 1 & 2 Car Detached Garages! Reward Yourself! **\$999,000.00**

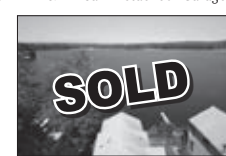
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Featured Open House Listing!

THOMPSON, CT - 25 BONNETTE AVE

Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garage! PLUS 32x32 Detached Garage! Eat in Kitchen, Fireplaced living room with bow window! 3 bedrooms, enclosed heated sun room, central air, Koi Pond, on .87 +/- acre!

\$259,000

WEBSTER - 5 JACKSON ROAD



Beautiful corner Lot Split Style Home, just waiting for you! Fireplaced living room w/Cathedral ceiling! Recently updated kitchen with Granite counters & recessed lighting. Updated bath w/ceramic floor, 1-1/2 baths total. 3 nice size bedrooms. Finished lower level with wet bar, Central air. Recent roof, with 50 yr Warranty. 40' X 26' detached work shop/garage. Heated Pool, Inground Sprinkler System. So much more!

\$279,900.

WEBSTER - 44 BRODEUR AVE



Estate Sale! Well built 6 room, 3 bedroom ranch! Hardwoods through out! Recent Boiler, yr. 2016 boiler! New oil tank. Recent vinyl siding, windows, and roof. Updated Electric. Kitchen and bath need some updating, huge basement ready to be finished, Town water and sewer! Detached garage. Level yard for all activities.

\$204,900.

THOMPSON, CT - 7 JUNE AVE S



Hip Roof Brick Ranch! 1550 Sq. Ft. of living area. Attached garage. Fireplaced living room with hardwood floors. 2/3 Bedrooms. Dining room. Finished Lower Level with Fireplace. Forced Hot Water by Oil. Owner Financing.

\$204,900

WEBSTER - 22 SLATER STREET



**SORRY, SOLD!**

NEW LISTING! ESTATE SALE! Don't miss this opportunity! 6 room Colonial! 3 bedroom, 1 & 1/2 baths! Fireplaced family room! Hardwood floors! Natural Woodwork! New Furnace! Flat spacious corner lot. 1 car garage

\$224,900

WEBSTER - 6 BOYDEN ST EXT



BUYERS &/OR INVESTORS TAKE NOTICE! A short sale offering! - A fantastic opportunity to own an affordable, single family, 3 br, 1.5 Bath, split level home! Partially finished lower level. Young oil fired boiler municipal water & sewer. 12,000 Sq ft land scaped lot. Property being sold as is.

\$149,900

WEBSTER - 12 ERNEST ST



Welcome home to this Huge, Sprawling, Ranch Style Home! 2,848 SF +/- of Living Area on One Level! Level lot! In-ground pool, built-in hot tub, custom stonework & landscaped w/irrigation! Carport/pavilion for entertaining! Separate wings for private family living & entertainment. BR suites, 10 rooms total! simply Amazing!

\$329,900

WEBSTER - 90 UPLAND AVE



**SORRY, SOLD!**

Excellent home for 1st time home buyers! Cape that has 3 large bedrooms, 2 on the main level and one on the 2nd floor. 1 bath on the main level, 1/2 bath in the basement. Heated by oil - forced hot water baseboard! 1 car garage under

\$134,900.

WEBSTER/DOUGLAS/THOMPSON  
BUILDABLE LOTS

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest

\$132,900

Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water & Sewer

\$250,000

Thompson - East Thompson Rd. White's Highway

23 acres! Abuts Mass. Line Beautiful view! \$99,900

Killingly - 37 Katherine Ave River Frontage 2/3rds acre. Town Water & Sewer

\$55,000

WEBSTER LAKE - BEACON PARK #802



**SORRY, SOLD!**

WEBSTER LAKE at BEACON PARK! TOWNHOUSE overlooking the COURTYARD! 1230 SF +/-, Open Concept Living/Dining/FIREPLACE & PRIVATE DECK. Freshly painted rooms, updated appliances. Upper level has 2 SPACIOUS BRs including a MASTER SUITE w/ SKY-LIGHTED, PRIVATE BATH, 2nd BR w/ig walk-in closet, 2nd full bath! ENJOY LAKE LIVING on the most desired lake in Central MA at an AFFORDABLE PRICE!

\$264,900.

WEBSTER LAND - COOPER RD





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**Donna Caissie Broker 774-641-3325**  
**Sandra Terlizzi Realtor 508-414-9032**

**146 Main Street, Oxford, MA**

4 bdrm Cape with 1.5 BA and finished lower level w/Pellet stove. Open floor Plan! Hardwoods! Passing Title V. Private sprawling yard!

**\$269,900**

**265 Main Street Oxford**

Impressive 19th century colonial. 3-4 bedroom. 2 full BA, 2 half BA! Over 3,000 GLA. Inground pool. 2 car garage with storage. Young windows, gas heating and roof! Central Air! CB zoned.

**\$354,900**

Like the 2 Sisters Realty page on Facebook and stay up to date on any Coming Soon Listings within the area!

Donna Caissie Broker 774-641-3325 | Sandra Terlizzi Realtor 508-414-9032  
1B Swanson Road, Auburn, MA 01501  
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ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, APRIL 13				
THOMPSON, CT 25 Bonnette Ave	S	11-1pm	\$259,000	Hope Real Estate Group June Cazeault 860-377-2044
SUNDAY, APRIL 14				
DUDLEY 7 Dudley Oxford Rd.	S	11-1pm	\$449,900	ReMax Advantage 1 / Joanne Szymczak 509-943-7669 / 774-230-5044,
WEBSTER 16 Henry Joseph Dr.	S	11-1pm	\$359,900	ReMax Advantage 1 Maureen O'Connor 508-981-4902
W. BROOKFIELD 56 Lake Shore Dr.	S	12-2pm	\$349,900	Century 21 North East / Mary Hicks 508-867-2222 / 508-612-4794



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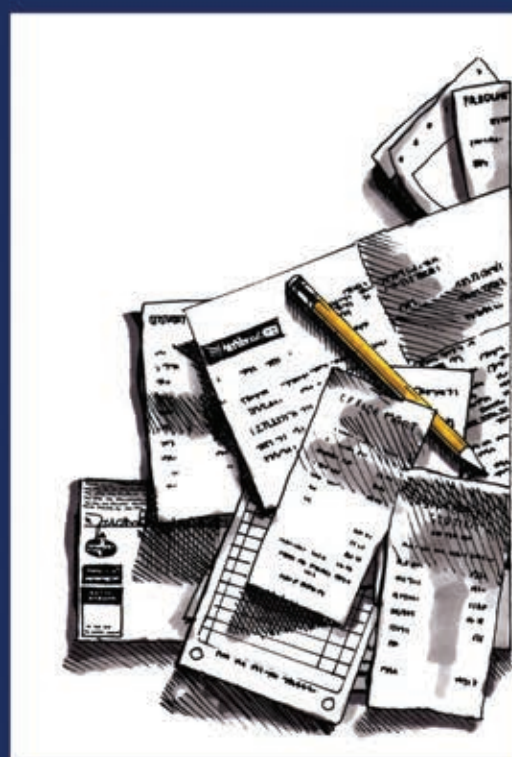
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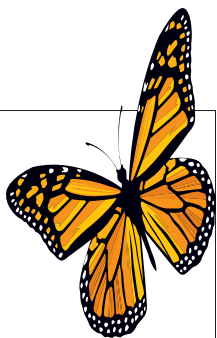
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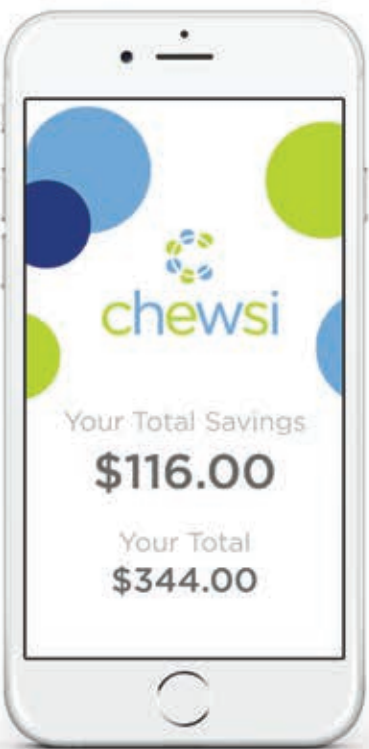


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# EASTER

## The history of Easter bonnets



When celebrating Easter, many Christians don their best apparel to attend church services and family gatherings. On Easter Sunday, gentlemen often put on their best suits and women their fanciest dresses. Children, too, wear formal clothing on Easter Sunday. Girls in particular tend to wear an item of interest that seems to only appear once per year.

Bonnets are part of the Easter attire for many girls, and even some women. Bonnets are part of long tradition of wearing new clothes on Easter that originated in parts of Europe, such as Great Britain. In fact, the tradition even dates back to Shakespearean times, as an “Easter suit” is referenced in “Romeo and Juliet.”

According to some historians, there was a notion that ill-luck would affect a person who did not have something new to wear on Easter, and the bonnet is an element of newness that fits the bill for many young girls and women.

It wasn’t until the 19th century that the Easter bonnet gained popularity in the Americas.

Women and children participating in Easter parades, notably the New York City Easter Parade, could be seen in their finest clothes with intricate bonnets — often wreathed in flowers — on their heads. Because Easter coincides with spring, lilies, daffodils, azaleas, hyacinths, and other blooms would adorn hats and hair.

Even though the Easter bonnet may not be as popular as it once was, many people still embrace this tradition. In areas of the United Kingdom, for example, children and women design elaborate and ostentatious bonnets. In the United States, some hat-decorating contests still coincide with Easter festivities. Children in primary grades also may design Easter- or spring-themed hats that they can wear during holiday celebrations.

Easter bonnets have a storied history. From European beginnings to parade staples, they’re often a hallmark of the spring season.

## Sweet treats make Easter special

From chocolates to marshmallows to caramel eggs to jelly beans, Easter is chockful of candy. And for those who think Easter is only child’s play, guess again.

Americans spend up to \$2 billion on Easter candy each year, according to Sweet Services, an online candy retailer. The National Confectioner’s Association says people in the United States consume nearly seven billion pounds of candy during the year, and Easter is the second-most popular holiday (behind Halloween) for indulging a sweet tooth.

Faith comes first for many Easter celebrants. But there’s nothing wrong with enjoying some candy come Easter Sunday. Here’s a look at the history behind some of the sweets the Easter Bunny might leave in your basket this year.

- **Chocolate eggs:** The first chocolate eggs were made in Europe in the early 19th century. Since then, they have become one of the most popular and recognizable treats associated with Easter. The chocolate egg is predated by edible Easter eggs made from sugar and pas-



try first designed in Germany. According to the “Guinness Book of World Records,” the largest chocolate Easter egg ever made debuted in 2011. It

was just over 34 feet high and weighed nearly 16,000 lbs.

- **Chocolate bunny:** The Easter Bunny also is a German incarnation. The season-

al bunny was introduced to America in the 18th century by German immigrants who believed in the “Osterhase,” an egg-laying hare they believed

was a sign of new life and prosperity. Germans also introduced the first edible chocolate bunnies. The NCA says 76 percent of people eat the ears on chocolate bunnies first.

- **Jelly beans:** People aren’t quite sure where the jelly bean originated, but some think it was based on a soft, chewy Middle Eastern sweet called Turkish delight and the hard candy shell of Jordan almonds. William Shraft, a Boston-based confectioner, may have coined the phrase “jelly bean” when he urged people to send these sweets to Union soldiers fighting in the Civil War.

- **Peeps:** Peeps are owned and made by Just Born Inc., a Pennsylvania-based company started by Russian immigrants when they acquired the Rodda Candy Company in 1953. Just Born figured out a way to automate and streamline the process of making Peeps, and today they can produce 5.5 million per day.

Easter is a day filled with fun and lots of sweetness. Candy is a big part of the celebration.

## Create colorful Easter eggs

Beautifully colored Easter eggs are a beloved holiday tradition. In many cultures, eggs represent new life, fertility and rebirth. For Christians, the Easter egg is symbolic of the resurrection, or the eternal life, of Jesus Christ. The practice of coloring eggs and offering them as decorative items is embraced during both secular and religious Easter celebrations.

Many fond memories and traditions are tied to Easter egg coloring, and some people may have their preferential kits or practices to achieve beautiful eggs. But embracing some new tips and tricks can produce beautiful eggs and make this beloved tradition even more fun.

- **Begin with firm, hard-boiled eggs.** Bring a pot of water to a rolling boil. Then use a large spoon to gently lower the eggs into the water. Lower the heat to maintain a simmer and boil for just about 12 minutes. Transfer the eggs to a bowl with ice cold water and let them cool. Allow the eggs to cool completely before coloring.

- **Lay out newspaper or an old tablecloth** to soak up any spills. Spills are inevitable, so don’t let them spoil the fun. In addition, empty egg cartons make ideal drying racks, so do not discard them.

- **Make patterns or other designs on**

the eggs. Use a white crayon to draw on the egg directly. The dye will not stick to the wax. Or use string, rubber bands, tape, stickers, or other items to create your pattern. Dip the egg and then remove the materials afterward to reveal the design.

- **Swirl a few drops of food coloring** into shaving cream on a flat surface. Roll the eggs into the mixture, let dry, and then gently clean to remove the excess shaving cream. The result is a marbled effect.

- **Recognize that you don’t have to “dye” eggs at all.** Use a sponge to dab on a design. Strips of tissue paper can be adhered to the egg with glue or shellac. Children may enjoy submerging the egg in glue and then coating it in glitter.

The potential to create creative Easter eggs is limitless. Embracing new strategies can set this year’s eggs apart.

Explore various Easter egg coloring techniques this season.



# EASTER

## Your guide to Holy Week events

Holy Week marks the most solemn and revered period on the Christian calendar. Holy Week helps to mark the Paschal Mystery, which includes the Passion, death, resurrection, and ascension of Jesus Christ.

Many events unfolded in a short period of time during the final days of Christ's physical existence on earth. These events are marked during Holy Week. To understand them further, here's a day-by-day guide.

### PALM SUNDAY

Palm Sunday is the final Sunday of Lent, a 40-day period of solemn prayer and repentance. Palm Sunday recalls Christ's arrival in Jerusalem when he was received with lavish praise and excitement. Catholic Online, the online guide to the Catholic faith, says Jesus arrived humbly on a donkey to show he came in peace as a man of the people. As signs of respect, townspeople placed clothes, branches and palm fronds in front of Jesus.



### HOLY MONDAY

Matthew 21 and Mark 11 indicate that Christ returned to Jerusalem this day and cleansed the Temple area from shameful practices. Luke 19 indicates that Pharisees warn Jesus that he should silence the crowd's praises toward him.

### HOLY TUESDAY

As described in John 12:20-36 and John 13:21-38, some people observed Christ's predictions of his own death on this day. He was also confronted by Temple leadership for the cleansing of the Temple the day before, and they questioned his authority.

Holy (Spy) Wednesday  
This day marks Judas'

betrayal of Jesus when he met with high priests. Judas was paid 30 pieces of silver for his information.

### HOLY THURSDAY

On this evening Christ dined for Passover with his disciples at The Last Supper, creating a template for Holy Mass and Holy Eucharist celebra-

tions. During the meal, Jesus predicted the events that would immediately follow, including his betrayal, the denial of Peter, and his death and resurrection.

### GOOD FRIDAY

Pontius Pilate bowed to the pressure of the Temple leadership and the crowds, condemn-

ing Jesus to death by crucifixion. Christ was forced to parade through crowds wearing a crown of thorns to symbolize his status as King of the Jews, and carried a massive wooden cross on his back. He was nailed to the cross by the ankles and wrists and hanged for three hours. He died at 3 pm. His body was hastily removed and put in a tomb.

### HOLY SATURDAY

Christ's disciples were heartbroken at his death and observed the Jewish Sabbath in sorrow, forgetting about the promise of resurrection.

### EASTER SUNDAY

The public discovered that Jesus' tomb was empty and that he fulfilled his promise to rise from the dead. This is a great feast day with worship and celebration. Easter Sunday is the foremost day of religious observance within the Christian faith.

To learn more about Holy Week and the miracle of Easter, visit [www.catholic.org](http://www.catholic.org).

## Fire up the smoker for Easter dinner this year



For much of the country, Easter Sunday typically falls during a time of year when the weather outside is still pretty chilly. But this year Easter falls on the third Sunday in April, increasing the chances that temperatures will be more spring-like and less reminiscent of winter.

Warmer temperatures on Easter Sunday means hosts tasked with cooking Easter dinner might be able to expand their culinary horizons and avoid the stove. Though they might not have considered it before, hosts might want to fire up their smokers to give their families something delicious and different to dine on this Easter Sunday. If the weather takes an unexpected turn for the worse, electric smokers can typically be used indoors, but check the manufacturer's instructions to confirm that.

Big meals are part and parcel for Easter Sunday, this recipe for "Pork Loin Roast with Hot Pepper Jelly Glaze" from Karen Putman and Judith Fertig's "Championship BBQ Secrets for Real Smoked Food" (Robert Rose) is a great way to take advantage of warmer Easter weather while

still ensuring everyone has a full belly by the end of the meal.

### PORK LOIN ROAST WITH HOT PEPPER JELLY GLAZE

Serves 4 to 6

1 boneless pork loin roast (about 2 lbs.)  
4 cups apple juice  
1/2 cup Brown Sugar  
Rib Rub (see below)  
1 cup hot pepper jelly

Additional apple juice for spraying

1. Rinse pork under cold running water and pat dry. Place in a large sealable plastic bag and pour in apple juice. Seal bag and refrigerate for at least 8 hours and up to 12 hours.
2. Remove pork from marinade and pat dry. Discard marinade. Sprinkle dry rub over the surface of the meat, coating evenly. Set aside.
3. Prepare a fire in your smoker.
4. Meanwhile, in a small saucepan, melt hot pepper jelly over medium-low heat. Keep warm by the smoker.
5. Place pork directly on the smoker rack, add wood to the coals and close the lid. Smoke at 225 F to 250 F, spraying with

apple juice every 30 minutes, for 2 hours. Brush with hot pepper jelly, close the lid and smoke, spraying with apple juice every 30 minutes, for 1 to 1 1/2 hours, or until a meat thermometer inserted in the thickest part of the pork registers 160 F for medium, or until desired doneness. Let rest for 15 minutes before slicing.

### BROWN SUGAR RIB RUB MAKES ABOUT 3 1/2 CUPS

2 cups packed dark brown sugar or granulated maple sugar  
1/2 cup fine kosher or sea salt  
1/4 cup sweet Hungarian paprika  
1/4 cup chili powder  
1/4 cup ground lemon pepper  
1/4 cup granulated garlic  
1 tablespoon freshly ground black pepper  
1 teaspoon dried basil  
1 teaspoon dried thyme

In a medium bowl, combine brown sugar, salt, paprika, chili powder, lemon pepper, garlic, black pepper, basil, and thyme.

## Tasty bites for Easter meals

Easter dinner is a special occasion, presenting an opportunity for family and friends to gather, celebrate their faith and give thanks for their blessings.

Traditional dishes tend to find their way to the Easter dinner table, but no meal would be complete without some sort of deviled eggs appetizer. Deviled eggs make good use of hard-boiled eggs that may not have been colored, or even those that have been dyed and can now be safely repurposed as food.

"Debonaire Deviled Eggs" from "Southern Appetizers" by Denise Gee (Chronicle Books) teaches home chefs how to craft tasty, aesthetically pleasing eggs.

### DEBONAIRE DEVILED EGGS

Serves 8 to 12

12 large eggs  
1/4 cup mayonnaise  
4 slices bacon, cooked and crumbled (optional)  
3 tablespoons sweet pickle relish  
2 teaspoons prepared mustard  
1/4 teaspoon salt  
1/8 teaspoon ground black pepper  
Sprigs of fresh savory or another herb for garnish

Turn the eggs bottom- (wider-) side up in the carton. Use a pushpin to delicately poke one hole squarely in each center.

Fill a large saucepan or small Dutch oven with 2 to 2 1/2 quarts of water (enough to cover the eggs; use two pans if cooking all the eggs at once). Bring the water to a rolling boil.

Use a slotted spoon to add six eggs to the pan (working quickly but carefully to get them in at the same time); boil the eggs for 6 minutes.

Remove the pan from the heat. Let the eggs sit for 6 minutes for slightly soft yolks; add about 40 seconds for firmer yolks).

Remove each egg with a slotted spoon and place it on a kitchen towel. Repeat with the remaining six eggs. Let the eggs cool to room temperature, about 20 minutes, before peeling. (Store in the refrigerator, unpeeled, for up to 1 week; peeled for up to 4 days).

Peel the eggs under cool running water. Slice the eggs in half lengthwise, gently scooping out the yolks into a medium bowl. Add the mayonnaise, three-fourths of the crumbled bacon (if using), pickle relish, mustard, salt, and pepper. Stir to combine (and adjust seasonings as desired). Use a small spoon (or better yet, a piping bag) to insert the filling into the egg halves. Garnish with the remaining chopped bacon and savory, if desired, before serving.

Note: Large eggs are best used for egg plates and are easier to eat in one or two bites.



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