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# What are you thankful for?



THE MINOR DETAILS ADAM MINOR

Every year, as November rolls around, the topic of thankfulness makes its way to the forefront as we celebrate Thanksgiving. By the time you read this, your bellies will most likely already be filled with turkey and stuffing, so allow me to wash it all down with a nice, smooth glass of gratitude.

This year, however, I'd like to present a short list of unorthodox things I am thankful for. Upon a first look, one wouldn't be very grateful for any of these things, but stick with me ... I think you'll get where I am coming from by the end.

So without further adieu, I present to you: "Adam's Official Short List of Things You Wouldn't Think A Person Would be Thankful For, But I Am" — OK, that's awkward ... maybe the title needs a little work, but here you go anyway!

1. Mistakes: In this business we are in, everything you do is in the public eye and open to criticism and/or acclaim. There are times when this is a great thing. When you do something well and people notice, it feels good to



Kevin Flanders photos

Worcester County Sheriff Lew Evangelidis speaks to students at Auburn's Swanson Road Intermediate School as part of his Face 2 Face program.

# Students come 'Face 2 Face' with sheriff

Drug prevention program comes to Auburn

#### BY KEVIN FLANDERS NEWS STAFF WRITER

AUBURN — For several inmates incarcerated at the Worcester County House of Corrections, the path to lockup didn't begin with their most recent crimes but instead poor decisions made when they were students at area schools. Understanding that it's sometimes too late to start the discussion about addiction with students at the high school level, Sheriff Lew Evangelidis is once again sharing his message with younger students so they can be informed and prepared for inevitable peer pressure.

Please Read LAW, page A13



27th at Stanley Park in Westfield, while this year, at Gardner Municipal Golf Course on Saturday, Nov. 19, she placed 10th after crossing the 5K (3.1 mile) finish line in 19:57.

Cavanaugh credited "great weather today," for her 10th place finish as the sun soaked course reached 60 degrees.

But Cavanaugh wasn't alone in Gardner. The senior was joined by classmate Andrea Bolduc, who missed the second half of last season's cross-country schedule due to a groin injury.

"It's really nice having a teammate here



Nick Ethier photos

Auburn's Sarah Cavanaugh nears the finish line during the Division 1 All-State cross-country meet at Gardner Municipal Golf Course on Saturday, Nov. 19, where she placed 10th with a time of 19:57.

hear about it. I'm sure you can relate when I say that it feels good to be complimented. With the wrong attitude, I can see how people can develop egos when they expect to be lauded week in and week out.

But then there are times that you put something out there that isn't perfect, and my readers are so very good at keeping that ego in check!

I've made my share of mistakes, even as recently as last week, when in a headline I mistakenly declared in a headline that an incumbent senator had been re-elected...to the House of Representatives.

Nevertheless, mistakes keep you humble. And I am thankful that I am not perfect, because I never want to be the type of person that expects to be praised. May I ever remain a humble, hard-working journalist with both feet firmly planted in reality!

2. Criticism: I made this one different because this differs slightly from me, myself, making mistakes. Sometimes, I'll publish something that is perfectly fine that people just flat-out disagree with, and they make their points known (some more gracefully than others). Just this past weekend, for example, I had a disgruntled reader share his thoughts rather harshly on a photo placement choice I made, and he made it clear that I was ... shall I say ... lacking in the intelligence department. Sometimes, you just have to take the high road.

But I realized that I am thankful for people like him because sometimes they make you look at life a little differently, and that while I disagreed with him (and stand by my decision, by the way), people are allowed to have their opinions. This is America, after all. And even now, even in this post-election ugliness that I see when I look around me, I am thankful to live in this country that allows people to be critical of each other freely, and

Turn To MINOR page A13





Event brings real-life decision-making to forefront

#### BY OLIVIA RICHMAN NEWS STAFF WRITER

CHARLTON Bay Path Regional Vocational Technical High School's second annual Credit for Life Fair — which took place earlier in the month — was bigger and better than before. The tremendously well-received program brings in industry partners, who help students learn how to manage their money with real world experiences and choices.

The participating senior students were handed a packet with a mock paycheck, including

deductions, randomly assigned from the 50 occupations and 50 different salaries available. They were then given paper money. The students visited 30 different booths, where they purchased housing, health insurance, food, furniture and other real world necessities. There were also temptations, like pets, high-end vehicles and vacations, "temptations we all face," said Assistant Vocational Director

Please Read BAY PATH, page

# Educators, lawmakers unite for roundtable

Officials discuss problems facing local school districts



Jason Bleau photos

Sen. Michael Moore engages in discussion with members of his group during an education round-table in Charlton.

#### BY JASON BLEAU NEWS STAFF WRITER

CHARLTON—Representatives of nine southern Worcester County school districts came together on Thursday, Nov. 17, for a gathering between town officials, school leaders, administrators, and lawmakers to discuss the many issues concerning education in the Commonwealth, and look towards bringing what they see as needed change for schools to provide the best services possible to students and put an end to costly measures on

Please Read BUDGET, page A10

### **On a mission to help breast cancer patients** PINKHIPPY.ORG LENDS SUPPORT THROUGH HOLISTIC SERVICES

#### BY RAYANNE COOMBS NEWS CORRESPONDENT

Breast cancer is a diagnosis that virtually all women fear.

According to the American Cancer Society, about 1 in 8 (12 percent) of women in the United States will develop breast cancer during their lifetime. However, breast cancer is no longer the death sentence it used to be. Death rates from breast cancer have been dropping steadily, with decreases believed to be the result of finding cancer earlier through screening and increased awareness, as well as better treatments.

For many women battling the disease, holistic care programs can help patients reclaim a new state of wellbeing for body, mind and spirit. PinkHippy.org is one such program, offering information, services, and support to women in the

Please Read PINK HIPPY, page A11



## Moore highlights smoking cessation resources

BOSTON — In an effort to advance smoking cessation efforts, Sen. Michael O. Moore (D-Millbury) announced the availability of resources for Massachusetts residents. The announcement coincides with the national American Cancer Society event known as the 'Great American Smokeout' where smokers from across the country commit to quitting.

"Tobacco and nicotine use remains the leading cause of preventable illness and premature death in Massachusetts,' said Moore. "The Commonwealth and its residents spend more than four billion dollars in tobacco-related healthcare costs each year, and the facts show that smoking practices begin at a young age. Quitting can be hard, but the right planning and support makes all the

Massachusetts Smokers'

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Helpline, 1-800-QUIT NOW (1-800-784-8669) is a free service available twenty-four hours a day, seven days a week, to help coach and support individuals through the quitting process.

The Great American Smokeout is a day to remind smokers that even quitting for a day is a good start," said Tina Grosowsky. Project Coordinator at the Central MA Tobacco Free Community Partnership. "We know quitting smoking can be hard but there are ways to make it easier. Using quit-smoking medicines and counseling support can make you more than twice as likely to quit for good!"

A 2015 report from the Institute of Medicine found that 9 out of 10 daily smokers first tried a cigarette before age 19. Earlier this year, the Senate took action to pass an omnibus bill that seeks to reduce tobacco use and nicotine

> addiction among Among other provisions, the legislation will prohibit the sale of all tobacco and nicotine delivery products to indiunder the age of 21. The bill is currently before the House of Representatives

> information and resources on quitting, please visit



BUICK

youth. viduals

for consideration. For additional http://makesmokinghistory.org/.



has many strengths that shine through. She is a polite young lady who can advocate for herself. Danielle is quite the entrepreneur as well; she makes jewelry and enjoys selling it to the staff at her residential home. She also willingly pitches in when help is needed.

Danielle is in the sixth grade where she receives academic support through an Individual Education Plan (IEP). She loves school and wants to learn. Her fa-

vorite subjects are reading and social studies. Danielle especially loves to read. She can struggle with peer interactions but overall wants to make friends. She has struggled for a while with emotional challenges and will need to continue with therapeutic services. Danielle does well with clear and concise limits and also consequences.

Danielle would do well with an experienced family who will allow her to build a relationship and trust at her own pace. Danielle has two siblings being placed separately that she will need to maintain contact with through quarterly visits. Danielle hopes that she will have "an awesome life" when she is adopted and hopes to have siblings in her new home where she can have family parties and play dates.

#### What does Adoption Cost?

It costs little or nothing to adopt a child from foster care. Unlike international or private adoptions, there is no adoption agency fee. There are also a number of free post-adoption support services available to families statewide, including support groups and respite care. Children with special needs who are adopted from the foster care system are eligible for ongoing financial and medical assistance after adoption. These children are also eligible for a tuition waiver to attend a Massachusetts state college or university.

To learn more about Danielle, and about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

This space is provided by:





# The rewards of pheasant hunting

This past weekend, I was pheasant hunting with a couple of buddies at the Uxbridge Rod & Gun Club. My Lab, Twig, was let off of her leash, and away she went in search of a pheasant.

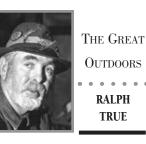
We were following close by when she bumped a cock pheasant and the

bird took flight. One of my hunting buddies made a great shot, and the bird fell into a small thicket. It was not long before Twig returned with the bird. She rarely holds on to the bird when she approaches me, often dropping the bird to the ground in front of me. Many hunters that own a good bird dog are a bit stricter with their dogs insisting the dog holds the bird until their master takes it from them. It takes a bit more training but it is great to watch the dog retrieve, sit, and hold the bird for its owner.

As we went in search for another bird we found ourselves adjacent to a large swamp and watched Twig work along the edge hoping to locate another bird. Harry Salmon was just to the right of me when he noticed Twig become extremely excited.

"Watch out!" he shouted. A large cock pheasant took flight with Twig just feet from the bird. The pheasant gained altitude very fast flying over the swamp. Harry's 12-gauge gun sent a blast of lead shot in the direction of the bird, and it quickly fell deep into the swamp. What a great shot! I quickly remarked that Twig might not be able to retrieve the bird.

"That swamp is thick," I replied. We listened for the bell that she wears during our hunting expeditions allowing me to keep track of her movements. An occasional sound of the bell could be faintly heard. After approximately 10 minutes, Harry spotted her with the pheasant in her mouth. The one-hour hunt was great and we headed back to



the clubhouse for a bit to eat and a good, hot coffee.

It was unbelievable that she found the bird in those conditions. She set the bird down in front of me and I left it on the ground, taking time to praise her for the great job she had done flushing and retrieving the bird.

A couple of cookies were given to her, and I continued to praise her. She sure made my day. Twig was out of good hunting stock and was one of four in the litter. The day I went to pick out my pup from the litter she was the one that came to me first, setting her chin on my shoe. I gently picked her up and told the breeder that she was the one I wanted. She is now 5 years old and is in the prime of her life. I sure wish I was a bit younger, but I know that my days hunting over her are limited as I struggle with old age. Pulling my dilapidated body out of bed each morning is not getting any easier, my marksmanship is far from great, and the old legs and back are telling me to get ready for the old age home.

Water and land retrieves on pheasant and waterfowl by Twig are great, and have provided this writer with many memorable moments over the last five vears. I have had numerous Labrador retrievers in my lifetime, and they all have had exceptional qualities, some better than others. Purchasing a new dog for the family should start with finding a good reputable breeder, and choosing the right breed of dog for your family or hunting activities is important. All puppies are cute, but if you do not have the time and room to properly care for a dog, it is best to forget the idea until you can properly care for one.

Deer shotgun season in Massachusetts is opening this coming Monday, Nov. 28! Hunting during the archery season, numerous hunters described there



Courtesy photo

This week's picture shows Arthur (Art) Sims, of Uxbridge, with his son, Mike, and their new Griffon wired hair pointer at the Uxbridge Rod & Gun Club last week. Training your own dog can be extremely rewarding and the quality time in the outdoors with your son or daughter is priceless.

many experiences in the woods that were very interesting. No reports of someone falling from a tree stand or being injured in any way was good news, however reports of stolen deer stands and cameras was not. It happens every year but some hunters are getting the last laugh. Deer cams were placed in one particular spot of a local hunters tree stand, but the owner also placed a hidden camera to keep watch on his equipment. Sure enough, a thief was captured on the camera steeling some of his equipment. The hunter took the pictures and made his way to a neighbor's house to confront the thief. At first he denied the accuser's remarks that he stole anything, but when the pictures were shown to him he quickly changed his tune. Fortunately, the hunter did

not press charges against the thief and was happy to get his equipment back. Take a kid fish-

ing and keep them rods bending!



#### ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4142 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

#### PUBLIC MEETINGS

Editor's Note: Meetings as listed are retrieved in advance from multiple sources, including Town Hall and the Internet. The Auburn News is not responsible for changes and cancellations.

**AUBURN** 

Tuesday, Nov. 29

Planning Board, 7 p.m., Planning Board Room



#### **NEWS BRIEFS**

#### DeFilippo joins Bay Path Practical Nursing program



Jennifer K. DeFilippo

Nursing. She is the assistant director of Nursing at Wingate (Wilbraham). She is also a Master of Science in Nursing

CHARLTON — Jennifer K. DeFilippo, of Brimfield, joins

Bay Path Regional Vocational Technical

High School Practical

Education student at

Unit Manager and Director of Nursing (Acting) at Lanessa Extended Care, Webster. She is scheduled for shared Clinical rotation at Life Care Center of Auburn.

#### Historical Museum open for holiday shopping

AUBURN — The Auburn Historical Museum, at 41 South St., has Christmas gifts available.

Come in and shop for Auburn-related items, like, "Images of Auburn" book, Dandy coffee mugs, Cat's Meow buildings, tree ornaments with plac-

# MISS

Framingham State University, expected to graduate May 2017. DeFilippo brings with her, expertise in wound care management and teaching CPR. Her educational background includes obtaining her Bachelor of Science in Nursing degree at Elms College (2011), Associate of Science in Nursing at Regents College (1999) and Practical Nursing at Assabet Valley Regional Technical School (1995). Her nursing experience includes

es in Auburn. Come and see our new "facelift" in the Pappas Exhibit Room.

The Museum is open Tuesdays and Saturdays 9:30 a.m. to 12:30 p.m., and admission is free. Enjoy a variety of artifacts and memorabilia concerning Auburn as far back as when it was known as the town of Ward.

For more information contact Sari Bitticks at sarilb@verizon.net.



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must pick up items before 7:00 PM. The mission of the Festival is to raise money to help The Concer Center at Harrington Hospital, the Massachusetts Breast Cancer Coalition and Silent Spring Institute

\$1.00 OFF

Admission when you

All tree, raffle and auction item winners

present this coupon. Sp Celebrating the Season and Fighting Cancer - together!

# BHC receives grant to build replica barn

Blackstone Heritage Corridor Inc. (BHC) has been awarded a \$200,000 grant from The Champlain Foundations to fund the construction of a replica barn at the site of the Capt. Wilbur Kelly House and Transportation Museum in the Blackstone River State Park, Lincoln, R.I.

'In addition to completing the historic structural landscape of the site, the replica barn will offer additional interpretive opportunities for the Kelly House museum staff and, perhaps most importantly, will provide a place for people to gather, hear and learn," explained BHC Executive Director Charlene Perkins Cutler. "The existing house that serves as the museum is so small that only a very limited number of people can tour at a given moment. Having the replica barn available will provide a place from which an initial introduction to the museum may occur and, during inclement weather, where busloads of young school children may gather to await their turn on the tour.'

Another important reason to build a replica barn on the historic property, Cutler pointed out, is that the Blackstone River State Park is one of six areas included in the legislation of the new Blackstone River Valley National Historical Park.

"The Kelly House will be a focal point for NPS Ranger activities and programs," she noted. "The barn will be a critical element in delivering those programs. It is also anticipated that many more people will visit the site when it



Courtesy photos

Pictured is the site for the future replica barn to built at the Capt. Wilbur Kelly House and Transportation Museum in the Blackstone River State Park, Lincoln, R.I. A granite marker designates the area where the former barn once stood. Blackstone Heritage Corridor Inc. received a \$200,000 grant from The Champlain Foundations to fund the construction of a replica barn at the site. Also pictured is an artist rendering of the future barn.

is part of the NPS system and the barn will provide additional space for special events, shelter from inclement weather, and, most importantly, complete the complex of buildings that was originally on the site."

According to Cutler, this project is a terrific representation of a public-private partnership. Funding for the architectural design was largely provided through an agreement with RIDEM and the Blackstone River Watershed Council/Friends of the Blackstone (BRWC/FOB). The design was completed in 2016 by Northeast Collaborative Architects (NCA), whose team is highly recognized for their work with historic property elements.

BHC will use The Champlain Foundations grant funding to construct the replica barn and has secured partnership agreements with the State of Rhode Island Properties Committee and the Department of Environmental Management (DEM) in order to facilitate the construction activity on the state park property. When complete, the barn will become the property of RIDEM and will be operated and maintained as part of the Capt. Wilbur Kelly House and Transportation Museum. BHC will issue a request for construction proposals in January 2017, with construction anticipated to begin in the spring of 2017.

# Harrington cuts ribbon on second Urgent Care location

#### OXFORD

Harrington HealthCare System has announced its newest UrgentCare Express location at 78 Sutton Ave., in Oxford, will open for patient care Monday, Nov. 21.

This is the second urgent care location for Harrington, which opened its Charlton location in September 2015.

Located across from the Oxford Retail Crossing Plaza, Market Basket and Home Depot, UrgentCare Express in Oxford will have the same hours of operation as the Charlton site: Monday – Friday 8 a.m. to 7 p.m. and Saturday – Sunday 8 a.m. to 5 p.m. The Oxford location includes 11 patient exam rooms, on-site X-ray for patients who need immediate imaging services and a lab draw



Courtesy photo

Harrington HealthCare's Chairman of the Board Jay Detarando cuts the ribbon as President and CEO Ed Moore, local dignitaries and members of the area legislative delegation look on at a special ribbon-cutting ceremony on Nov. 16.

station for blood work. The Nov. 21 official

The Nov. 21 official opening follows a community open house for the public held on Saturday, Nov. 19, when local residents were invited to tour the facility, meet staff and receive educational material.

"We are continuing to respond to the growing demand in our area for urgent care centers," said Kristin Morales, Vice President and Chief Operating Officer of Harrington Physician Services. "Our Charlton practice has surpassed all projected volumes in the past year. By adding a second facility in Oxford, we are fulfilling a need in a community where there isn't a lot of option for non-emergency care treatment, while giving the residents in that area better access to high quality health care."

Dr. Robert McCarron, a board-certified physician with more than 30 years' experience in emergency care settings, will be the lead physician on staff, with support from a number of physician assistants and other board-certified physicians.

Dr. Josh Flanagan, a board-certified physician at Harrington's Emergency Departments in Southbridge and Webster, is the medical director for Harrington's UrgentCare Express.

UrgentCare Express treats patients of all ages for non-life-threatening conditions, including but not limited to:

- Allergies or asthma
- Bronchitis
- Burns

• Minor cuts that require stitches • Ear infections

- Fevers and flu
- Minor fractures,

sprains, or broken bones • Pinkeye

- Rashes
- Sinus infections
- Strep throat

• Urinary tract infections

UrgentCare Express accepts most major health insurances. For more information, visit www.harringtonexpress. com.

# *The Nutcracker Ballet at the Hanover features local dancers*



Courtesy photo

Pictured, from left, Floor: Megan Costa, Aleah Begg, Ariana Rizzo; second row: Madison Rizzo, Calle Merchant, Alianna Johnston, Phoebe Lewendowski; third row: Hailey Williamson, Caroline Borgeson, Abbi Lane, Alice Torress. Back row: Hailey Beadette, Hannah Louis, Kristen Taggs, Maegan Fredette.

WORCESTER — The magic of dance, the wonder of Christmas, and the belief in dreams all come together when the Nutcracker Ballet returns to The Hanover Theatre this November. This exquisite performance is a much-revered holiday treat for audiences of all ages.

"The Nutcracker Ballet at The Hanover Theatre for the Performing Arts is a high-caliber performance in a world-class theatre featuring ballet professionals and rising ballet stars from the Worcester area," says Jennifer Agbay, Director for Ballet Arts Worcester.

More than 150 dancers share their love of dance and the joy of this ballet classic when they step on stage in the spectacular Hanover Theatre. Performing in this dance masterpiece is a dream come true for members of the ballet corps, a dream shared by children around the world every time they slip on their ballet shoes.

The Nutcracker, a two-act ballet by Pyotr Ilyich Tchaikovsky, was first performed in Russia in December 1892. The story revolves around Clara, a young girl who receives a nutcracker doll as a Christmas gift and then enters a world of make believe as the nutcracker and other characters come to life.

Shining in the principal role of Clara and Daughter of the Artistic Director is Sophia Agbay, a gifted 13-year-old from West Boylston. Agbay has been with Ballet Arts Worcester since she was three years old.

Director Agbay said that Sophia's dedication and training is a testament to the exceptional level of ballet dancers in the Worcester area.

The 2016 Nutcracker dance corps includes professional guest artists from Orlando Ballet, ABT 2 and the Royal Ballet, three semiprofessional dancers from Ballet Arts Worcester, and 100-plus Worcester-area ballerinas, ranging in age from 7 to 30, including several members of the Youth Ballet of Worcester.

The dancers auditioned at the Hanover theatre in early September, in an open audition call. Once cast in their roles, the dancers immediately began a 10 week rehearsal schedule which blends a professional practice schedule and high standards with a positive, supporting environment.

The Nutcracker staff of Ballet Arts Worcester wants to provide the young dancers with an experience that is very close to working in a real life dance company," explains Agbay, adding, "Meeting high standards on an artistic and technical level is serious, and the dancers and the coaches work together in achieving this goal."

Audiences can enjoy this limited-engagement performance at The Hanover Theatre, running from November 25 to 27, 2016. Tickets range in price from \$28 to \$40, and group discounts are available, as well as AAA members and Price Chopper Advantage card holders.

Show Information:

• Friday, Nov. 25, 7 p.m.

• Saturday, Nov. 26: 2 p.m. and 7 p.m.

• Sunday, Nov. 27: 1 p.m. and 5 p.m.

Special thanks to Presenting Sponsor, Commerce Bank and Production Sponsor, Price Chopper.

For more information: www. thehanovertheatre.org.

For ticket information: 1-877-571-SHOW (7469).

### Auburn's faith communities attend dementia-friendly seminar



Courtesy photo

Dementia-friendly educator Dorothy Millhofer addresses Auburn's faith communities.

AUBURN — The Lorraine Gleick Nordgren Senior Center hosted a free training seminar for communities of faith on how to be dementia-friendly on Wednesday, Nov. 16.

"Older adults with a connection to a kind and welcoming faith community are happier," said dementia educator Dorothy Millhofer.

Dementia-friendly faith communities fill a vital role in embracing and uplifting people with dementia and their caregivers and families. According to Alzheimer's Association 2016 data, in Massachusetts, 120,000 have Alzheimer's, the most common type of dementia, with a total number of dementia caregivers over 332,000.

The program included recognizing the signs of dementia and encouraging early diagnosis; learning to use dementia-friendly communication skills; and ensuring that the church environment is dementia-friendly. Participants received folders with educational material, a "Caregiver's Guide" from the Central Massachusetts Agency on Aging, and bestseller "Making the Rounds with Oscar" by Dr. David Dosa.

"Dementia-friendly faith communities can provide an important spiritual respite," said Millhofer. "We hope to expand today's training with after-service coffee hour discussions."

# LEARNING Recognizing our substitute teachers

On Nov. 18, we cel-Substitute ebrated Educators' Day with a personal letter to each of our 240-plus substitutes.

It is sometimes easy to forget the 240-plus individuals who on a regular basis fill the gap left when a teacher, instructional assistant, applied behavior

assistant, or nurse must be out of our schools for any length of time. Each of these substitutes plays a critical role in ensuring that our students' education is not substantially interrupted. We consider each to be a critically important member of our Auburn Public School Team and a partner in meeting our goal of providing an excellent education to the students of Auburn. There are many challenges that a substitute teacher faces, inclusive of the sometimes-early morning calls, taking over lessons on short notice, managing the behavior of students, and ensuring that a quality education is maintained in our classrooms. This is an enormous responsibility and I thank each of them for their commitment to the students of Auburn

Each individual who wants to be an Auburn substitute must meet the specific criteria for each role, attend a 30-45 minute training session and complete several pages of an application pack-



et which includes a CORI check and fingerprinting, along with references and a current resume. Once they have completed the above requirements, their information is entered into Aesop, an online program allowing them to see and accept upcom-

ing absences and to receive automated calls as well. This system receives high marks from all as it provides substitutes with the ability to plan their calendars while allowing staff the opportunity to enter any necessary and known absences well in advance of the date, further ensuring a minimized impact to a student's education.

The substitute training mentioned above is offered monthly and is comprised of a PowerPoint that highlights the role and responsibilities of a substitute in the Auburn Public Schools, confidentiality safeguards, logistics, handling emergency situations, and directions on using Aesop. These trainings are usually well-attended with new interest each month, however, we are always seeking additional members of our high-functioning team, so if you or someone you know might be interested in joining us for substitute training, please feel free to contact us and we will get you registered.

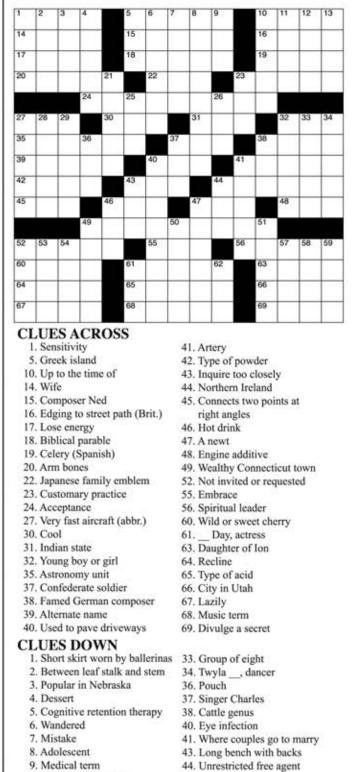
The familiar African proverb, "it takes a village to raise a child," is especially apropos here. Our students are our future, and it takes all of us working together: our regular classroom teach-

ers, our special educators, our special area teachers, paraprofesour sionals, our behavior assistants, our nurses, our secretaries, our custodians, our parents, our administrators and our substitutes. We thank you for the critically important role you play in helping us achieve our vision of preparing our students for the opportunities and challenges of a changing world. Every student needs and deserves all of us!

Dr. Lauzé is Assistant the Superintendent of the Auburn Public Schools. To contact her to share an idea, a concern or to ask a question,



she can be reached at 508-832-7755 or via e-mail at klauze@auburn.k12.ma.us. Thank you for your continued interest in and support of the Auburn Public Schools!



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- **AUBURN HIGH**
- Monday, Nov. 28: Ham and cheese croissant, mixed greens salad with assorted dressing, sweet potatoes, fruit choices, fresh apples
- Tuesday, Nov. 29: Assorted Italian panini sandwich or all beef hot dogs with chili and cheese, roasted broccoli, potato skins with toppings, strawberry cup

Wednesday, Nov. 30: Burrito Bar -Fajita chicken, pork carnitas, season pinto beans, assorted toppings, burrito bowl or a wrap, shredded lettuce, mixed fruit cups

#### **AUBURN MIDDLE**

Monday, Nov. 28: Local beef ham-

burger or cheeseburger, waffle fries, pickles, condiments, mixed fruit choices or fresh apple

Tuesday, Nov. 29: Fresh Italian panini, potato skins with cheese sauce, steamed broccoli, fresh fruit or assorted fruit choices

Wednesday, Nov. 30: All beef hot dog on a roll, chili and cheese sauce options, Bush's baked beans, cole slaw, condiments, apple sauce

#### **BRYN MAWR**

Monday, Nov. 28: Chicken patty on a bun, condiments, fun size chips, pickles, seasoned broccoli, mixed fruit cup. fresh local apples

Tuesday, Nov. 29: Southwest beef taco with shredded cheese, shredded lettuce and diced tomatoes, seasoned rice, corn niblets, pudding cup, fresh fruit or fruit cups

Wednesday, Nov. 30: All-American beef hot dog on a roll, assorted condiments, New England baked beans, carrots and dip, peach cup or fresh fruit options

#### PACKACHOAG

Monday, Nov. 28: Breakfast for Lunch! Pancake with syrup, sausage patty, smiley fries, condiments, fresh baby carrots, sliced peaches or assorted fruit cup

Tuesday, Nov. 29: Southwest beef taco with shredded cheese, shredded lettuce

Turn To MENU page A13

#### ALMANAC

#### **Real Estate**

#### AUBURN

\$160,000, 14 Wallace Avenue, Michael J. Rana and Maurice R. Brown EST to Dorothy Page \$190,000, 10 Field Street, James D. Alcorn to Peter Lamboy \$650,000, 13 Elm Street, 13E LLC to 13 Elm Street LLC







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# **OPINION/COMMENTARY**



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FRANK G. CHILINSKI STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

> Adam Minor EDITOR

# Turkey leftovers



#### Take THE HINT **KAREN** TRAINOR

If the remains of Tom Turkey are still taking up half of your refrigerator space, it's time to use up all the leftover meat pronto or freeze it for future meals.

According to the Center of Science in the Public Interest (CSPI), the Thanksgiving turkey can be eaten for four days after cooking. Every year around this time, this column spotlights some delicious meals perfect for last minute suppers — or beyond, if you have frozen the leftovers.

If you think hot turkey sandwiches and turkey noodle soup are your only options, read on. With a few extra additions, your post Thanksgiving meals can be as interesting as the memorable main event.

\*\*\*

#### LEFTOVER TURKEY AND **POTATO CASSEROLE**

This scrumptious recipe uses up turkey and mashed potatoes, and even that extra can of evaporated milk you have from baking!

Ingredients: three tablespoons but-

# What is 'new old stock'?



Some of the new old stock 1960's toys in our January auction.

New old stock is defined by the lawdictionary.org as "Items in stock, still in their original packaging, never sold. Also known as new unused stock or surplus stock."

New old stock can be found in a number of different places. Old manufacturing plants may have inventory that was boxed some time ago remaining in storage. Old warehouses may also hold products or parts that were manufactured years ago that never sold and still sit on shelves. Some old stores have been sitting idle for some time and contain goods that

never sold. When a store is going out of business they may find that they also have vintage merchandise that didn't sell in their inventory.

In some cases just a few new old stock items turn up in the marketplace. Sometimes there are a huge number of items that were uncovered. When I used to sell at the Brimfield Antique Show in the 1980's and 90's I would also scour the fields, whenever there was downtime, to look for items that I collect or could resell. As regular readers of this column are aware, antique and vintage advertising signs are very collectible. "Nichol Kola" signs would appear in booth after booth. Various sources on the web state that Harry Nicholson started producing this beverage when prohibition was being discussed in the 1910's. He created Ver-Vac soda but it went out of business when there was a sugar shortage during World War I. Nicholson opened Nichol Kola in the 1930's in Baltimore, Md. I have continued to see Nichol Kola signs in many antique shops and elsewhere over the years. A search of online



ANTIQUES, COLLECTIBLES & ESTATES WAYNE TUISKULA

country store in his cellar. He had travelled throughout the Midwest and Northeast as a salesman. In his travels he stopped at antique stores looking to purchase items that would have been sold in a country store. We sold items in original boxes that contained everything from washing detergent to undergarments. Because they were unique items dating back from the 19th century they brought strong prices at auction with the collection

realizing tens of thousands of dollars.

We have found new old stock in several estates that we've handled. One of the first estates that I handled held items from the 1950's that were never opened. They were stored in an Oxford, Mass. barn and remained there for over 30 years. Items ranged from toasters and other household goods to toys and collectibles. Although there was interest in the new old stock household goods the toys and other collectibles brought the highest prices. A Hopalong Cassidy paint set that was never opened sold for \$300.

We'll be selling new old stock toys and jewelry from a Gardner, Mass. estate in our Jan. 26 auction. "New England Consumer Buyers Association" closed in 1965 and the remaining stock was stored in the family's estate. Items from this estate include jewelry, Barbie doll and accessories, games and other toys in their original boxes.

See www.centralmassauctions.com for more information on these and other items in the January auction along with

# Investing as a couple: Getting to yes



FINANCIAL FOCUS TONY **DIDONATO** 

In a perfect world, both halves of a couple share the same investment goals and agree on the best way to try to reach them. It doesn't always work that way, though; disagreements about money are often a source of friction between couples. You may be risk averse, while your spouse may be comfortable investing more aggressively — or vice versa. How can you bridge that gap?

#### FIRST, DEFINE YOUR GOALS

Making good investment decisions is difficult if you don't know what you're investing for. Make sure you're on the same page — or at least reading from the same book — when it comes to financial goal-setting. Knowing where you're headed is the first step toward developing a road map for dealing jointly with investments.

In some cases you may have the same goals, but put a different priority on each one or have two different time frames for a specific goal. For example, your spouse may want to retire as soon as possible, while you're anxious to accept a new job that means advancement in your career, even if it means staying put or moving later. Coming to a general agreement on what your priorities are and roughly when you hope to achieve each one can greatly simplify the process of deciding how to invest.

#### MAKE SURE THE GAME PLAN IS CLEAR

Making sure both spouses know how and (equally important) why their money is invested in a certain way can help minimize marital blowback if investment choices don't work out as anticipated. Second-guessing rarely improves any relationship. Making sure that both partners understand from the beginning why an investment was chosen, as well as its risks and potential rewards, may help moderate the impulse to say "I told you so" later. Investing doesn't have to be either/ or. A diversified portfolio should have a place for both conservative and more aggressive investments. Though diversification can't guarantee a profit or ensure against a loss, it's one way to manage the type and level of risk you face — including the risks involved in bickering with your spouse.



ter; two tablespoons all-purpose flour; one (5 ounce) can evaporated milk; one cup cold water; one quarter teaspoon salt; one quarter teaspoon pepper; one quarter teaspoon onion powder; one cup cooked, diced turkey meat; one cup shredded cheddar cheese; two cups leftover mashed potatoes two tablespoons butter; one cup finely crushed herb-seasoned dry bread stuffing mix.

Instructions: Preheat oven to 350 degrees. For sauce: Melt three tablespoons butter in a saucepan over low heat. Add flour and stir until mixed. Slowly stir in evaporated milk and water, then season with salt, pepper and onion powder. Stir over low heat for five minutes; remove from heat. Place turkey in a lightly greased 9 by 13 inch baking dish. Pour sauce over turkey, then sprinkle with cheddar cheese. Spread mashed potatoes over cheese. Melt two tablespoons butter and add to stuffing mix; sprinkle stuffing over top of casserole. Bake, uncovered, in the preheated oven for 45 minutes.

\*\*\*

#### **CREAM OF TURKEY SOUP**

Forget boring clear leftover soups, this one is rich and delicious!

Ingredients: one quart turkey broth; one cup diced, cooked turkey; one half cup diced, cooked carrots (optional); one cup light cream; four tablespoons butter; four tablespoons flour; one quarter teaspoon salt; one eighth teaspoon white pepper; one eighth teaspoon nutmeg or mace; one tablespoon minced parsley or chives

Directions: Melt four tablespoons butter in a large heavy saucepan over moderate heat and blend in four tablespoons flour. Add broth and cream and heat, stirring constantly, until thickened and smooth. Mix in all seasonings, turkey meat and carrots; cover, let mellow over low heat for about ten minutes, Serve hot. Makes about four servings.

#### **SLOW COOKER WHITE TURKEY** CHILI

This Mexican Crock Pot dish that uses up lots of leftover turkey, is an award winning recipe from the Nebraska Department of Agriculture.

Turn To **TRAINOR** page **A7** 

auctions showed 58 Nichol Kola signs being sold with some having recently sold for as low as \$20. A cache of these signs must have been discovered and they continue to be plentiful after over 20 years.

When supplies are less, the items become more valuable. I sold the collection of a man who had recreated a

other upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111), info@centralmassauctions.com.

# Effects of rising interest rates

Election years always have an effect on the real estate market. We have seen the Dow Industrial Jones average go up about 1,000 points in the last couple weeks as well as seeing interest rates hike on a 30-year fixed loan about 0.5 percent as well.

On Nov. 2, the Fed officials said they only needed "some" further evidence of an improving economy before raising rates again after having strong economic growth, improving job market and rising inflation. Most of this is due to economic data from this year improving, so it is hard to say if the election had an effect on this or not.

The prices have continued to rise over the past several years and now interest rates are rising again. This would be a great time to think about buying a home before rates put your dream home out of reach. For a seller, it will also ensure the buyer from your home can still afford your home. As long as rates rise slowly then it shouldn't have a huge effect



on prices overall. However in many markets where buyers are maxing out how much they can spend, the rate hikes will put these people out of the market and they will not be able to buy a home. If the cost of buying continues to increase

and put these people out of the buyer pool it will also call for a bigger need for rental homes thus increasing the rents in the area.

I strongly suggest if you are thinking about buying or selling a home to consult with a local realtor to understand how this will affect your market and also with a loan officer to understand how it will affect your ability to buy a home.

James Black is a licensed realtor for A&M Real Estate Consultants at Keller Williams Realty. He may be reached at (508) 365-3532 or by e-mail at jblack2@ kw.com.

#### **IT TAKES TWO**

Aside from attempting to minimize marital strife, there's another good reason to make sure both spouses understand how their money is invested and why. If only one person makes all the decisions - even if that person is the more experienced investor — what if something were to happen to that individual? The other spouse might have to make decisions at a very vulnerable time — decisions that could have long-term consequences.

If you're the less experienced investor, take the responsibility for making sure you have at least a basic understanding of how your resources are invested. If you're suddenly the one responsible for all decisions, you should at least know enough to protect yourself from fraud and/or work effectively with a financial professional to manage your money.

#### **IF YOU'RE THE MORE CONSERVATIVE INVESTOR...**

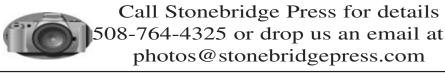
• If you're unfamiliar with a specific investment, research it. Though past performance is no guarantee of future returns, understanding how an investment typically has behaved in the past or how it compares to other investment possibilities could give you a better perspective on why your spouse is interested in it.

 Consider whether there are investments that are less aggressive than

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# Turkey leftovers

#### TRAINOR

continued from page  $\,A6$ 

Ingredients: one chopped onion; one cup chopped celery; four cups cooked turkey chopped; two 15.5 ounce cans Northern beans, drained; two 11 ounce cans shoe peg corn, undrained; one four ounce can chopped green chilies; one quart turkey broth; one half cup mozzarella cheese, grated.

Directions: Place cooked turkey and all other ingredients in a slow cooker. Mix well and cook on low for 6 to 8 hours.

For a thicker sauce, remove the cover for the last hour. Sprinkle with Mozzarella cheese.

#### \*\*\*

Turkey Talk: Did you Know?The wild turkey was hunted nearly

to extinction by the early 1900s, when the population reached a low of around 30,000 birds. But restoration programs across North America have brought the numbers up to seven million today.

• There are six subspecies of wild turkey, all native to North America. The pilgrims hunted and ate the eastern wild turkey, which today has a range that covers the eastern half of the United States and extends into Canada. These birds, sometimes called the forest turkey, are the most numerous of all the turkey subspecies, numbering more than five million.

• Male turkeys are called "gobblers," after the "gobble" call they make to announce themselves to females (which are called "hens") and compete with other males.

• An adult gobbler weighs 16 to 22 pounds on average, has a beard of modified feathers on his breast that reaches seven inches or more long, and has sharp spurs on his legs for fighting. A hen is smaller, weighing around 8 to 12 pounds, and has no beard or spurs. Both genders have a snood (a dangly appendage on the face), wattle (the red dangly bit under the chin) and only a few feathers on the head.

• Studies have shown that snood length is associated with male turkey health. In addition, a 1997 study in the Journal of Avian Biology found that female turkeys prefer males with long snoods and that snood length can also be used to predict the winner of a competition between two males.

• Turkeys can run at speeds of up to 25 miles per hour and fly as fast as 55 miles per hour.

\*\*\*

Win Dinner for Two at the Publick House — Your tips can win you a fabulous dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. Hints are entered into a drawing for a threecourse dinner for two at the historic Publick House Inn! One winner per month will win a fabulous three-course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out thee to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hint to: Take the Hint!, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or email kdrr@aol.com.

# Students face financial decisions, temptations at fair

#### BAY PATH

continued from page **1** 

Jeremy Guay. The students then recorded everything with the goal of coming out at the end of the month with extra money.

According to Guay, the students prepared in advance and some had even come up with their own solutions to problems, like having roommates to cut down housing and utility costs.

Said Guay: "The kids were resilient and always found a way."

The fair also featured a Wheel of Fortune/Misfortune, where the students could win the lottery or end up having unexpected car repairs.

"The students actually thought that it was very reflective of the way life is," said Guay. "It was kind of shocking to others and they got quite emotional over it, because they took it so seriously, which is wonderful. They walked out realizing they're graduating in a few months and they need to buckle down. It's a reality fair that gives a reality check."

Marketing Instructor Kelsy Spear was very happy with how the students faired, as well as how engaged they were. Many students were shocked by insurance costs and other needs they weren't aware of. According to Spear, it's difficult to understand life until you're thrusted into it.

Financial literacy in general is important for the students, teaching kids how to save, budget and spend money responsibly,' said Spear. "That's a big issue right now, with people in general. We aren't teaching financial literacy across the board as well as we should be. It's a great way for us to get the kids early. We're missing the boat as a country on that. People are graduating college at loans and not understanding interest rate and the extras involved with buying a house or renting an apartment.<sup>3</sup>

Bay Path students may be

already making a generous salary from their work after school. Many students will also be entering the work force right after graduation. For this reason, Bay Path – and other vocational schools — benefit even further from the Credit for Life Fair.

"A lot of the kids are making decent money, pulling in good paychecks and they don't know how to save it or what a 401K is. When I was in high school we had business classes. Unless you take specific classes about it, you don't learn about it in school," said Spear. "A lot of schools should incorporate things like this, giving kids real life skills on top of what we are teaching them in the basic curriculum. Give them extra. That's never a bad thing."

Olivia Richman can be reached at 508-909-4132 or by e-mail at olivia@stonebridgepress.com.



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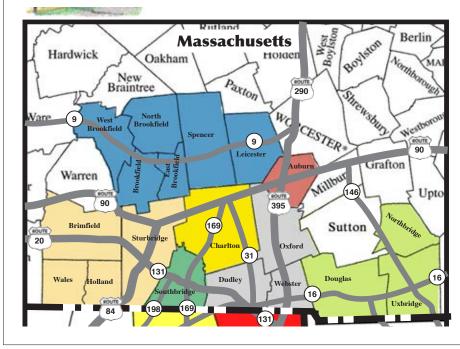
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# **SENIOR SCENE**

The Lorraine Gleick Nordgren Senior Center

Auburn Council on Aging 4 Goddard Drive, Auburn

508-832-7799

www.auburnguide.com/pages/

auburnma\_coa/index Hours: Mondays & Fridays, 8 a.m.

- 3 p.m., Tuesday, Wednesday and Thursday, 8 a.m. to 4 p.m.

The mission of the Auburn Council on Aging is to link elder needs and resources by developing and/or coordinating services, community education and advocacy. The Auburn Council on Aging enhances the quality of life of Auburn's senior population by assisting in identifying the needs of elders and making recommendations to the town manager on programs, services and policies that benefit and meet the needs of this demographic group. The Council recommends and assists in the coordination and implementation of a continuum of programs and services that are offered for elders, through the Lorraine Gleick Nordgren Senior Center.

Auburn Senior Center Meals on Wheels volunteer drivers needed! One morning a week! 10 to 11:30 a.m. Stipend for gas mileage. Call Patty Hubbard, Nutrition Manager, Auburn Senior Center, 4 Goddard Drive, 508-832-7799, must be 21 and over!

#### **UPCOMING EVENTS**

QIGONG FOR HEALING

New Class, Mondays at 9 a.m., QiGong for Healing. QiGong is a Chinese form of gentle, effective exercise that includes quiet mediation and slow flowing motions that helps concentration, mood and memory.

#### VOLUNTEER DRIVERS NEEDED

Volunteer Drivers needed for Meals on Wheels One morning a week! 10 a.m. to 11:30 a.m. (Stipend for gas mileage available) Call Patty Hubbard, Nutrition Manager at the Auburn Senior Center, 4 Goddard Drive, at 508-832-7799. Must be 21 or over!

MUSCLE BUILDING

Muscle Building is now at 1:15 p.m. on Mondays

#### MONDAY MOVIES AT 1 P.M.

• Nov. 28: "Alice Through the Looking Glass": In this trippy sequel to the 2010 blockbuster "Alice in Wonderland," young Alice returns from several years at sea and again passes through to the magical landscape, where she ends up journeying into the past to try to save the Mad Hatter.

#### CONVERSATIONS ABOUT DEMENTIA

Conversations About Dementia: Tips to Help with Family Conversations, Tuesday, Dec. 6, at 1 p.m. The workshop offers tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans. Presented by Julie McMurray Regional Manager, Central Massachusetts Region, Alzheimer's Association, Massachusetts and New Hampshire Chapter.

#### WEEKLY PROGRAMS

• Mondays: 12:45 p.m., Canasta; 1 p.m., Monday Movies

• Tuesdays: 9 a.m., Yoga; 1 p.m., Whist; 6:30 p.m., Pitch

• Wednesdays: 9:30 a.m., Knit 'n Stitch; 10 a.m., Line Dancing; 11 a.m., Tech Help; 1 p.m., Pitch; 1 p.m., Pool; 6 p.m., Cribbage

• Thursdays: 12:45 p.m., Bingo; 1 p.m., Scrabble; 1 p.m., iPad Club

• Fridays: 10 a.m., AVN Exercise; 12:30 p.m., Dominos; 12:45 p.m., Wii Games; 1 p.m., Quilting; 6:30 p.m., Pitch

#### AUBURN TRAVELERS FASCA: AUBURN SENIOR CENTER TRIPS

Come and join us, 21 years and older, from any town. Office open every day the Center is open, 9:30 a.m. to 1 p.m. Gift certificates available for any trip. Checks made out to FASCA. Deposits of \$10 for day trips. Deposits of \$50 for multi day trips unless noted more needed. Call us at 508-832-7799 or e-mail us at auburntravelersfasca@myway.com any time of day. Contact Lynne Guittar or Rich Hedin.

• Jan. 29-Feb. 13, 2017: Daytona Beach w/Yankee Bus Line. 16 days at Ocean Walk in Daytona Beach. Deposit \$50 per person. \$2,149 double p.p.; \$3,099 Single p.p. Final due 35 days prior.

• April 28-29, 2017: A New York Adventure (Friday-Saturday), travel to New York, stay in Tarrytown. Dinner show at Westchester Dinner Theatre ("Mamma Mia"). See 911 Museum and Memorial. Visit Statue of Liberty and Ellis Island. Included: One dinner, one breakfast, all admissions, tour director, trip insurance \$34 p.p. Deposit \$50. \$401 Double p.p. \$508 Single p.p.

• May 28-June 2, 2017: Spotlight on San Antonio w/Collette Tours (Sunday-Friday), 6 days, round trip air fare from Boston, tour guide, 6 meals: 4 breakfasts, 2 dinners. Visit the Alamo, El Mercado, Famous River Walk, LBJ Ranch. Deposit of \$250. Insurance \$100 at time of booking trip. Checks made out to Collette. Final payment due March 19, 2017. Reg. price \$2,129 Double p.p., \$2,529 Single p.p., \$2,049 Triple p.p.

• Aug. 17-20, 2017: Washington, D.C., w/Conway Tours (Thursday-Sunday), 3 nights, 5 Meals (3 breakfasts, 2 dinners). Guided touring day and night time, illumination of monuments. Time on your own. Tour guide. Trip insurance, \$60 per person. Deposit \$100 per person due by May 10, 2017. \$679 Double, \$899 Single, \$659 Triple, per person. Final payment due June 26, 2017.

# POLICE LOGS

Editor's Note: The information contained in these police logs was obtained through either press releases or other public documents kept by each police department, and is considered to be the account of police. All subjects are considered innocent until proven guilty in a court of law. If a case is dismissed in court or the party is found to be innocent, The Auburn News, with proper documentation, will update the log at the request of the arrested party.

#### AUBURN POLICE DEPARTMENT: ARREST LOGS

Tuesday, Nov. 1

Argentina Simone Chaney, 23, of 18 Humpreys Pl., Apt. 1, Boston, was charged with larceny over \$250.

Malia Jayanna Watson, 18, of 45 Carruth St., Dorchester, was charged with larceny over \$250

Wednesday, Nov. 2

Byron E. Alvarez, 33, of 185 Broad St., At. 2, Marlborough, was charged with operation of a motor vehicle with a suspended license (subsequent offense)

Thursday, Nov. 3

# Hold on to your moment in time...

Carlos Ruben Negron, 26, of 151 Marbel St., Apt. 2, Athol, was charged with operation of a motor vehicle with a suspended license

#### Friday, Nov. 4

Kimberly Jean Waterhouse, 31, of 33 Burnett St., Apt. 2, Auburn, was charged with possession of open container of alcohol in public

Kimberly V. Rojas, 18, of 17 Dallas St., Worcester, was charged with shoplifting by asportation

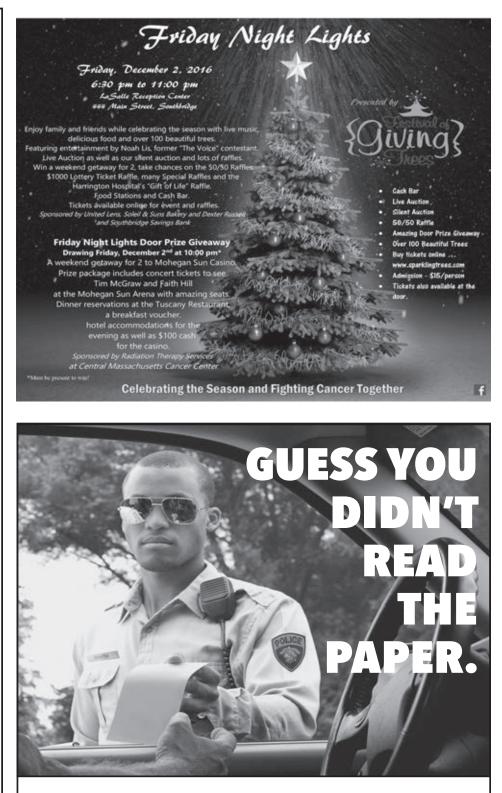
Shannon M. Parker, 46, of 37 Walsh Ave., Apt. 2, Auburn, was charged with OUI liquor, negligent operation of a motor vehicle, disorderly conduct and disturbing the peace

#### Saturday, Nov. 5

Anthony A. Prizio III, 41, of 15 Residential Lane, Blackstone, was charged with OUI liquor, marked lanes violation

Felisha M. Barbara, 24, of 394 Mill St., Worcester, was charged with OUI liquor (per se), marked lanes violation, speeding

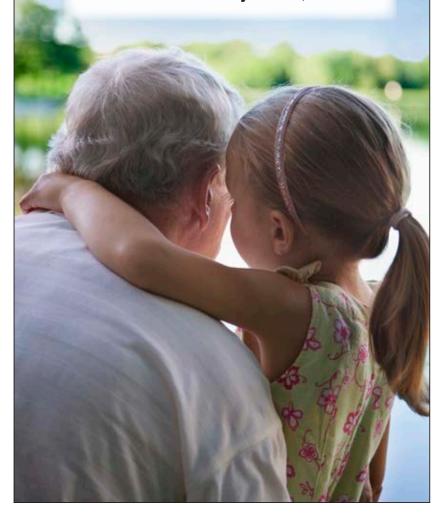
Melissa J. Dow, 36, of 91 Gage St., Apt. 2FL, Worcester, was charged with larceny over \$250



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# **SPORTS**

# Auburn duo succeeds at All-State cross-country meet

#### AHS continued from page 1

running it with me because she pushes me and [we have] each other to support," said Cavanaugh.

To qualify for All-States, runners must finish inside the top 10 at the Central Mass. sectional meet aside from the runners that qualified as a team. Cavanaugh did so easily by placing second, while Bolduc reaped the benefits of her long road back by taking ninth place — ensuring a spot at states in her final season.

"That injury was really tough mentally," Bolduc said after racing in All-States and finishing in 49th place with a time of 21:03. "It took a lot to get back, [but] I knew that it would make me stronger in the end if I fought through it and put in the work."

Bolduc went through physical therapy, biking sessions and cross-training methods to prepare herself for this cross-country season. To be able to return and succeed at a high level — Bolduc hasn't taken anything for granted. She writes, "Running is a gift," on her hand before each race.

"That injury made me appreciate running," she

#### said.

Auburn head coach Tom Adams was thrilled to be able to see both Bolduc and Cavanaugh succeed all season long.

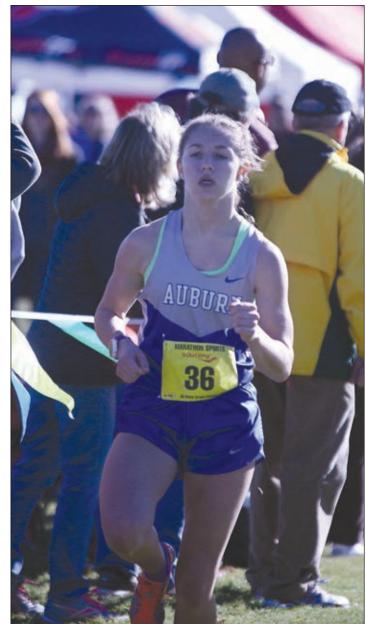
"Just overjoyed to be able to work with them, they're both great workers," he said. "They're always pushing themselves to be better, which is awesome. I'm just so proud of both of them."

And Bolduc not only credited her rehab for the strong season, but also Cavanaugh.

"We have different running styles. Sarah goes all-out and pushes, and I'm more tactical," she explained. "In practices Sarah teaches me to push it at points and I bring the tactical edge to it."

No matter how different they may be while running a race, there is no doubt that Sarah Cavanaugh and Andrea Bolduc both had seasons to remember in the cross-country circuit this season.

At Gardner Municipal Golf Course on Nov. 19, Andrea Bolduc of Auburn finishes up the Division 1 All-State cross-country meet with a time of 21:03, good for 49th place.



#### SPORTS BRIEFS

#### Ski or snowboard at Wachusett Mountain

Are you interested in having a lot of fun while also helping to make the winter fly by? Any student, parent or teacher from any of the surrounding towns can ski or snowboard for eight consecutive Saturday nights at Wachusett Mountain for just \$150 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eightweek program begins on Saturday, Jan. 7 and ends on Saturday, Feb. 25. Ski or snowboard rentals as well as lessons are also available at a verv reasonable cost. You may also be able to ski or snowboard for free through you health insurance coverage.

Also, anyone (students or non-students) can purchase Gold, Silver and Bronze Century Passes at a lower discounted price through our Club. For more information, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

#### Worcester State University set to host plenty of baseball clinics

Various baseball clinics will be held at Worcester State University this year and rolling into the next. Please visit http://www.wsulancers. com/camps-clinic/index for additional information on any of the clinics.

First Holiday Fun Baseball Clinic: Dec. 27-29, 9 a.m. to noon in the multipurpose gym/cages.

10th annual Friday Night Baseball School: Jan. 27, Feb. 3, Feb. 10, Feb. 17, Feb. 24, March 3, hitting from 6-7 p.m., pitching from 7 to 8 p.m. in multipurpose gym/cages. 22nd annual Hitting Clinic: Feb.

22nd annual Hitting Clinic: Feb. 20-22, 9 a.m. to noon in multipurpose gym/cages.

10th annual Pitchers and Catchers Clinic: April 18 and 20, 9 a.m. to noon outdoors on Lyons Diamond.

Third annual U.S. Baseball Academy: June 26 and 29 outdoors on Lyons Diamond.

10th annual Instructional Prospect Clinic: Aug. 15, 9 a.m. to 3 p.m. on Lyons Diamond.

Desto: 'We have to try our best to do better'

**BUDGET** continued from page **1** 

the state level that impact education in



the region.

Nearly 40 representatives of several local towns — including Auburn, Charlton, Douglas, Dudley, Leicester, Northbridge, Spencer, Sturbridge and Webster – filed in to the Charlton Middle School library where, for the first-time, they joined with multiple state senators and state representatives to discuss needed change in education in Massachusetts. The roundtable discussion was led by Dudley-Charlton Regional School District Superintendent Gregg Desto, who spearheaded the effort, and said the meeting was not about the fear of failure in local schools, but about building on already-established success to do even better.

"While we are doing a good job, we know that we have to be better for our students and the town that we serve may not have the financial capacity," Desto said. "We have to try our best to do better and that's why we are here."

Participants were split into several groups, each named after popular classic rock bands, playing off of Desto's love for the music, to discuss different topics and bring their findings back to the table for all to hear.

"The Beatles" group, which included State Rep. Paul Frost and State Rep. David Muradian, and was led by Northbridge School Committee Chairman Michael LeBrasseur, presented several findings that seemed to fit many of the concerns other groups brought to the table as well.

"We talked a lot about what can we do to help lawmakers help us and we talked a lot about the process," LeBrasseur said. "I would say that the top issues were special education, specifically the circuit breaker, and what can be done to increase the funding to help support those costs which are always kind of very large and unexpected, and we talked about the Foundation Budget Review Commission and what can be done to really spend time focusing on the formula and adjusting to that. Technology was a big thing, especially if you don't have a new school or more than one new school that can be a challenge. Not just the physical prices, but sometimes

Educators from local school district, including State Rep. Peter Durant, talk about the issues of today in education during a round-table discussion on Nov. 17.

the bandwidth and the networks and infrastructure."

The Foundation Budget Review Commission was a huge talking point for nearly every speaker. Established in 2014 as a 21-person commission, its members are charged with examining the commonwealth's kindergarten through 12th grade education funding formula, or Chapter 70 funding. That commission performed studies indicating the state has under funded Chapter 70, a concern that certainly has not gone unnoticed by many in the round-table.

Other issues that were popular subjects of discussion were staffing, finances and prioritization of finances on the state level, minimum budget requirements, the limits of Proposition 2 1/2 in school spending plans, special education needs and reimbursements, education cost sharing, and community partnerships.

Of course an underlying goal of the round-table was to get the attention of the lawmakers present, which included Frost, Muradian, State Rep. Peter Durant, and State Rep. Kate Campanale, as well as State Sen. Ryan Fattman and Sen. Michael Moore. Several of these lawmakers took the time to share their thoughts on the discussions, with each group in the session having contained at least one lawmaker, and some had pretty strong points to make. Fattman, senator for the Worcester-Norfolk District, saw the experience as a positive and eye-opening one that, to him, showed that to a certain extent lawmakers and school leaders are on the same page.

"It's wonderful to hear from school committee members, school administrators, superintendents and others about what's going on. A lot of it, from what I've heard, is very similar to the issues I've been hearing over the last few years and things that I agree with like trying to change English Language Learners programs and getting rid of unfunded mandates, the healthcare component of the foundation review, which was set back in 1993 and we're in 2016 where nothing ha changed, regional school transportation, all of these issues are incredibly important and they are things we will continue to look into on Beacon Hill," said Fattman.

Durant expressed an opinion that education in Massachusetts could be a bit more progressive, with schools focusing on possibly rethinking the delivery of services and maybe regionalizing specialties in education rather than towns.

"We've been doing this every year for a very long time. We have the same discussions over and over again," Durant said. "What I think we need to do, and we talked a little bit about it in our group, or how we're going to save money then we need to tackle the big items. I used to know a town administrator in Spencer who used to say, 'You don't find all the money in paper and pencils, you've got to tackle some of the big things.' I just think we can fundamentally rethink the way that we're delivering services somehow. We've been working off of an educational model that's been the same for a very long time."

Moore, of the 2nd Worcester District, was pretty blunt in stating that while there may be a lot of noble goals and needs for the towns of Southern Worcester County, without funding and the proper financing plan those goals will be difficult to accomplish.

"Everything boils down to money," Moore said. "If you have unfunded mandates and you want them funded you have to find a revenue source for it. The greatest help to us is if (educators) bring their problems to us and help us identify how we correct the problem. No matter where you are on an issue it's very easy to find a problem, the tough part is identifying the answers."

With a very productive discussion now in the books, Desto said he will not rest on his laurels and will be working hard to help keep these discussions going.

"We've talked about forming a regional task force and it sounds like a lot of work, but what it would be is occasionally we'd get together and we'd talk about sharing of resources, regionalizing services not towns, working on grants together, and learning to do a better job a formulating a cohesive and effective message to our townspeople," said Desto. "Most of us have not have been as successful as we would like to have been in formulating a message and making sure people understand all the things we've talked about tonight. That of course is the next step here and that's what I plan to do after this meeting is summarize everything and invite people to be part of that."

Jason Bleau may be reached at 508-909-4129, or by e-mail at jason@stonebridgepress.com.

## StonebridgePress.com

is to look at if we're going to start tackling how we're going to pay for things

# PinkHippy.org a valuable resource in fight against cancer

#### PINK HIPPY

continued from page 1

#### Blackstone Valley.

PinkHippy.org is a local non-profit organization based in Oxford that is comprised of a community of like-minded individuals whose lives have been touched in some way by breast cancer. Some members are survivors themselves, others have family or friends who have had breast cancer, and all share a common goal. PinkHippy.org Director Marie Piegorsch, a resident of Northbridge, said: "The people we serve are always changing as they progress from diagnosis through treatment. This year alone we have had provided services to more than 400 individuals. We do not turn anyone away."

Piegorsch, who is also a licensed and board certified massage therapist, began volunteering with PinkHippy. org as a way to help oncology patients who were seeking alternative therapies.

"The most rewarding part about helping people is seeing the joy on their faces," she said. "Sometimes patients connect with others that have been through what they might be facing, and they build a bond, and sometimes it is quality time where they aren't thinking about their diagnosis, or treatment."

According to the American Cancer Society, complementary and alternative methods, such as those offered by PinkHippy.org, are often appealing because they use the patient's own body, own mind, or things found in nature. Many holistic methods approach wellness using simple, wholesome, techniques that are without side effects. PinkHippy.org offers yoga, acupuncture, Reiki, massage, flower essences, meditation, and art therapy to patients.

PinkHippy.org also offers the Bosom Buddy Network, a place for patients to receive a personal touch at a time when something so simple as human interaction is all that is needed to make a difference.

The PinkHippy.org organization website savs. "Oftentimes when you receive the diagnosis you become completely consumed with finding out everything vou can about breast cancer itself, the treatment, and what comes after. The questions you have seem never-ending yet finding answers is not always easy, especially when what you are looking for is information on the actual experience itself; the type of information that your doctor cannot provide you."

Through PinkHippy.org's Bosom Buddy Network, patients can connect one-on-one with one of the volunteers. If you would like more information on the Bosom Buddy Network, or are interested in being matched with one of the volunteer members please send an email to BBNetwork@pinkhippy.org or call 508-987-3310.

For patients going through treatments who are in need of extra comfort, PinkHippy.org offers items to help alleviate some of their discomfort. Some of the items include hand-made shawls,

blankets, hats, shea butter soap, comfort pillows and drain bags. All of the items are free of charge to patients.

According to Piegrosch, "Our budget is minimal. The organization is run entirely by volunteers, including the Board of Directors. All the money we raise through fundraisers, grants and donations goes right back into the programs and services we offer at no charge to breast cancer patients. Ninety percent of what we receive goes right back into the programs, 10 percent is our operating costs. We have office space that is donated to us, and our donors and local business have been very generous in donating their time, and the materials that we need."

If you or someone you love has been diagnosed with breast cancer, or currently undergoing treatments, you can find more information, services and support by visiting pinkhippy.org.

# Foundation awards \$11.5K in grants to local non-profits

Courtesy photos

WORCESTER — Bay State Savings Bank recently awarded \$11,500 in grants to seven local non-profit organizations through its Charitable Foundation.

Among the recipients were: A Worcester Schubertiad, Inc.; Bethany Hill Place, Inc.; Boys & Girls Club of Worcester; Community Harvest Project; Music Worcester, Inc.; Worcester Community Action Council and Worcester Interfaith. Each organization received a grant to support a specific program or initiative.

"Bay State Savings Bank is very pleased to be able to award grants to these deserving non-profit organizations," said Diane Giampa, Bay State Savings Bank SVP/Human Resources & Marketing and Charitable Foundation Clerk. "The work they do positively impacts the lives of people in our local community, and we

believe it is important to support their efforts." Since its inception in 2003, the Charitable Foundation has distributed over \$500,000 in grants and scholarships. For more information or to apply for a grant, please visit: Bay State Savings Bank Charitable Foundation.











# **OBITUARIES**

#### Robert A. Heath Jr., 52



CHARLTON Robert A. Heath, Jr. 52 of Daniels Rd., died Thursday, Nov. 17 at St. Vincent Hospital in Worcester after being stricken ill at home. He leaves his daughters Ashley A. Heath

of East Brookfield and Amy L. Heath of Worcester, his brothers Mark Faulkner of Oxford, Jim Turner and Monty Faulkner both of Worcester, his sisters Marie Sweares of Norcross, Ga., Donna Gosselin of Auburn and Cindy LaBaire of Worcester, his former wife Laura J.(Banach) Heath of Worcester, several nieces and nephews. Bob was born in Worcester, the son of

Robert A. Heath, Sr. and Ann (Swenson) Heath Faulkner and later graduated from North High School in 1983. He was a devoted father and brother. His family was everything to him. He had a love for motorcycles and the outdoors. Since he was young, he had a passion to repair anything broken. He will truly be missed.

A memorial service was held on Monday, Nov. 21, in the J. Henri Morin & Son Funeral Home, 23 Maple Terr., Spencer. A calling hour preceded the service in the funeral home.

In lieu of flowers, contributions may be made to Bikers Against Child Abuse BACA, 550 Adams St., #331, Quincy, MA 02169

Visit www.morinfuneralhomes.com.

#### Frank E. Laureyns, 77

LEICESTER — Frank E. "Bud" Laureyns, 77, of Wesley Dr., died Thursday, Nov. 10, at UMass Medical Center in Worcester.

He leaves his wife of 40 years, Helen P. (McCausland) Laureyns, a daughter Deann Laureyns of Worcester, step son James R. Ahlstrand and his wife Kris of Auburn, his brother Richard Laureyns and his wife Jane of Pittsfield, grandchildren; Erik, Grace, Kyle, and Christopher, a son Glenn Laureyns predeceased him

Bud was a salesman for Camfor Dist. Co. for several years, retiring in 2006. Previously he worked at Lou Horton Distributors.

Born in Jersey City, N.J., he was the son of Francis E. and Clara (Viale) Laureyns and graduated from Lee High School in Lee. He later served his

country with the U.S. Marine Corps during the Vietnam War. He was a proud member of the Republican Party and a strong



advocate for 2nd Amendment rights.

Memorial services will be held at a later date and at a time to be announced. There are no calling hours.

Morin Funeral Home, 1131 Main St., Leicester, is assisting the family with funeral arrangements.

Visit www.morinfuneralhomes.com.



#### WEBSTER

Carolyn M. (Giroux) McCrohon, 73, passed away Sunday, Nov. 20, surrounded by her family at her daughter's home with whom she lived.

She was the mother of three daughters.

Lynn LaRue and her husband Robert of North Oxford, Robin Belanger with Robert Hinderliter of Frederick, Maryland, and Kimberly Williams with Roland Fitts of Webster; her loving grandchildren, Nicole Belanger and her husband David Maciewski of Worcester, Kevin Belanger of Washington, D.C., Michael Phelan and his wife Rachael

#### and Daniel Phelan and his wife Kaitlin all of Oxford, Alissa Lataille, Nicholas

Williams, Zachary Williams and her great grandson, Nathan Tabor all of Webster and her step grandson Robert LaRue II of North Oxford, her sister, Margaret (Peggy) Giroux of Worcester.

She was predeceased by her son, Michael McCrohon, in 1982 and her sister Betty McGinnis in 2006.

Carol was born Nov. 26, 1942, in Worcester, a daughter of the late Henry and Mary (Healy) Giroux.

Carol graduated from Commerce High and was a waitress for many years at the White House Restaurant in Worcester. When her children were teenagers, she returned to school and earned her degree from Quinsigamond Community College in 1980. She was a long time property manager at Park Plaza in Worcester in addition to the multiple companies where she did bookkeeping work.

lovingly known, always spent time with her grandchildren and great grandson creating life long memories. She was always sharing her love of cooking in the kitchen and would bring out the nothing box for creative crafting moments.

"the girls" and Christmas Eve trips with her cousins. They were all family and fun to be with. She loved to take time to read a good book and would do anything for anyone. She will be greatly

The Ornery Matriarch, as she was so

Carol enjoyed her trips to Maine with

missed Burial will be private but, Carol wanted a celebration of her life which will be held Friday evening, Nov. 25, from 6-8 p.m. at Point Breeze Restaurant, 114 Point Breeze Road, Webster.

In lieu of flowers, contributions can be made to the Central Mass Hospice VNA of Southern Worcester County, 191 Pakachoag St, Auburn, MA 01501 or the American Heart Association, 20 Speen St., Framingham, MA 01701.

Funeral arrangements are under the direction of Sitkowski & Malboeuf Funeral Home, 340 School St., Webster, MA 01570.

Visit www.sitkowski-malboeuf.com.

# **COMMUNITY CALENDAR**

Carolyn M. McCrohon, 73

The calendar page is a free service offered for listings for government, educational and non-profit organizations from Auburn and surrounding towns. Send all calendar listings and happenings by mail to Adam Minor at Stonebridge Press, P.O. Box 90, Southbridge, MA 01550; by fax at (508) 764-8015 or by e-mail to aminor@stonebridgepress. news. Please write "calendar" in the subject line. All calendar listings must be submitted by 3 p.m. on Friday to be published in the following Friday's edition. We will print such listings as space allows.

#### Saturday, Nov. 26

#### AUBURN

The GFWC Auburn Junior Woman's Club will hold its annual Holiday Bazaar donated to Kateri's Kitchen, a food pantry at North American Martyrs. There will be a variety of crafters, cash & carry items from different home-based businesses, and tables with yard sale type items. There will be food, and raffles. Come and shop, sit a while and enjoy a hot cup of coffee, all in a festive atmosphere. At the time of this notice, vendor spaces are still available for rent. The cost is \$25 for an 8x8 foot space or \$30 for the space with a table. Please call Kerrie at 508-799-6565 or Email auburnjuniors@gmail.com for more information.

Boy Scout Troop 101 selling Christmas Wreaths — Troop 101 Auburn will be selling Christmas Wreaths, logs, and pots just after Thanksgiving. All profits will help individual scout activities. We will be at Auburn Post Office on Nov. 26 from 8 a.m. to noon. If you live in Auburn and you would like to make an order, you may call Laurence 508-612-4976, or Mike (508-769-7405)/.

#### Friday, Dec. 2 AUBURN

Join us for the Town of Auburn's 5th Annual Tree Lighting Ceremony Friday, Dec. 2, 6 p.m., next to Fire Station Headquarters, 47 Auburn St. Featuring a sing-a-long and caroling with the Auburn High School Marching Band and Chorus, Boy Scouts and Girl Scouts, invocation by Rev. Douglas Geeze, special guest appearance by Santa Claus, hot cocoa, coffee and cookies baked by Bay Path Regional Vocational Technical High School Culinary Arts students! The Town of Auburn wishes residents and visitors a happy, healthy holiday season. Thanks to Stearns Electric, Inc., for donating their time and labor!

Saturday, Dec. 3

providing Abundance, Blessing and Grace. Come as you are or please contact 508-832-5044, ext. 155 for more information.

Have a little one in the house? Looking to get out and do something? The Auburn Public Library may have just the thing for you. Mother Goose Story time is for children ages 6-15 months. It's a great place for children and their grownups to listen to stories, share some nursery rhymes and have time to connect with others during musical free play. Mother Goose Story Time is held at the Auburn Public Library on Tuesdays at 10 a.m. Please stop by and join us. If you need more information, you may call the library at 508-832-7790. We hope to see you there.

The Bay State Chapel meets at 6 p.m.

on Saturday, Nov. 26, from 9 a.m. to 2 p.m., at the North American Martyrs Church Hall, 8 Wyoma Ave., Auburn. Admission is \$1 or a non-perishable food item per person, children under 14 are free. All admission proceeds will be

#### AUBURN

Annual Christmas Bazaar Saturday, Dec. 3, 9 a.m. to 2 p.m., St. Joseph 's Parish Center, 68 Central St., Auburn, MA 01501. Come and enjoy an old fashioned Christmas Bazaar and check out the collectibles, attic treasures, plants, jewelry, knit goods, holiday décor, toys, candy & baked items and so much more! Take a chance on one of our many raffles. There is something for everyone! Free parking. Handicap accessible.

Boy Scout Troop 101 selling Christmas Wreaths — Troop 101 Auburn will be selling Christmas Wreaths, logs, and pots just after Thanksgiving. All profits will help individual scout activities. We will be at Auburn Post Office on Dec. 3 from 8 a.m. to noon. If you live in Auburn and you would like to make an order, you may call Laurence 508-612-4976, or Mike (508-769-7405).

#### Saturday, Dec. 10

#### AUBURN

4th Annual Holiday Craft Fair presented by Auburn Recreation and Culture — Saturday, Dec. 10, snow date Dec. 11, 9 a.m. to 4 p.m., Auburn High School, 99 Auburn St., Auburn. Fiftyplus craft vendors to help get you into the spirit of the holiday season. Santa will be making an appearance from 10 a.m. to 2 p.m., so bring the kids. There will be activities, food, drawing, face painting and much more. Please support the concession stand run by FAME (Friends of Auburn Music Education). Schedule of events will be listed on www.auburnguide.com. Thank you for your support of Auburn Recreation and Culture Department. For information please call 508-755-3291 or email kpappas@town.auburn.ma.us.

#### **ONGOING EVENTS**

#### AUBURN

Christian 12 Step Program for Men and Women from 7-8:15 p.m. every Tuesday at Faith Baptist Church, 22 Faith Ave, Auburn. Do you feel your life/relationships/habits are spinning out of control? A Christian 12 Step Program is the Key to Christ and Life

every Saturday at St. Thomas Episcopal Church, 35 School St., Auburn. Everyone is invited. There will be childcare and refreshments at every service.

The Auburn Historical Museum at 41 South St. is open every Tuesday, from 9 a.m. to noon, and Saturday from 9:30 a.m. to 12:30 p.m. Admission is free to see a variety of artifacts and memorabilia concerning Auburn as far back as when it was known as the town of Ward. All are welcome to come. For more information contact Sari Bitticks at sarilb@verizon.net.

Divorced? Separated? You don't have to go through it alone. Divorce Care is a support group that meets from 6:30 to 8 p.m. Wednesdays in Room 207 at the Faith Baptist Church, 22 Faith Avenue, Auburn, providing practical support, recovery and hope. There is a volun-tary donation of \$15. Childcare will be provided. Activities for K-high school occur at the same time. For more information, call 508-832-5044, ext. 321.

The Nipmuck Coin Collectors Club meets the fourth Wednesday of each month at 6:30 p.m. at the Oxford Senior Center, 323 Main St., behind the Oxford Town Hall. Everyone is welcome from long time collectors to those just starting to collect or maybe looking to pick up a new hobby. For more information about our club or coins in general, call Dick Lisi at 508-410-1332 or visit lisirichard15@yahoo.com.

Open Story Time will be held at 4:30 p.m. every Thursday at the Auburn Public Library. No registration required. Please drop in. Open to all ages. For more information, call 508-832-7790.

Chuck wants boys in the 6th through 10th grades to join The Man Cave. The Man Cave is a boys' group that meets from 7:30 to 8:45 p.m. Thursdays at the AYFS, 21 Pheasant Court, Auburn. This is where members will learn that peers their own age share similar concerns. Group members will be able to discuss ways to cope with their concerns as well as receive positive feedback. Each week will center around a particular topic for discussion. There is no cost to join. For more information, call Brandon Pare 508-832-5707, ext. 16 or Dan Secor 508-832-5707, ext. 14. Free food available.



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# Evangelidis shares 'Face 2 Face' program in Auburn

#### LAW

#### continued from page ${f 1}$

As part of his Face 2 Face program, Evangelidis visited Swanson Road Intermediate School last Monday, Nov. 21, where he presented on the dangers of drugs and alcohol abuse. No one knows better than the Sheriff and his staff what can happen when students make destructive decisions. Many inmates at the Worcester County House of Corrections run by Evangelidis went through local school systems, and the majority of them have been affected by addiction.

"Inmates tell me the same stories over and over about making bad choices with drugs students during the program. "They tell me that they wish someone had talked to them when they were younger about the facts. No one ever thinks they're going to wind up in jail. They think it won't happen to them, or that they can quit whenever they want."

and alcohol," Evangelidis told

Evangelidis informed students about many of the drugs that are being offered at parties and concerts. A form of ecstasy called "Molly" has caused fatalities and hospitalizations across the nation. Additionally, heroin laced with fentanyl, a significantly more powerful drug than morphine, has caused overdose deaths to skyrocket in recent years. In many situations, Evangelidis explained, the greatest risk of addiction isn't found at a party but instead inside one's medicine cabinet. Unused prescription painkillers have helped fuel the opioid crisis, and Evangelidis warned about the dangers of opioid addiction. Moreover, the Sheriff exposed many of the myths surrounding opioids and other drugs.

Also in attendance at the program was Auburn Police Officer Brian Kennedy, who has seen the fallout of addiction almost every day on the job. In fact, as Evangelidis was presenting to the students, Kennedy heard over his radio that police were responding to a reported overdose elsewhere in town.

"A lot of people we arrest start off smoking marijuana and then move on to harder drugs. Addiction affects our town on a daily basis," Kennedy said.

Hoping to demonstrate the destructive power of addiction, Evangelidis took a few moments to show students images of celebrities whose careers were wrecked by drugs and alcohol. Many of them died as a result of addiction. To provide a local element in the presentation, the Sheriff also displayed a video of an inmate incarcerated at the Worcester County House of Corrections. Evangelidis has brought his Face 2 Face program to thousands of local students over the years. The program is constantly evolving to keep up with current risks and drug trends. Among them are the dangers of electronic cigarettes for young people, who have been vaping undetected at alarming rates in schools and at home.

"It's never too early to start talking about drinking and drugs," Evangelidis added. "If you get addicted, it can be very difficult to quit. Drugs and alcohol can have long-lasting consequences."

Kevin Flanders can be reached at 508-909-4140, or by email at kflanders@stonebridgepress. com.



#### DIDONATO

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what your spouse is proposing but that still push you out of your comfort zone and might represent a compromise position. For example, if you don't want to invest a large amount in a single stock, a mutual fund or exchange-traded fund (ETF) that invests in that sector might be a way to compromise. (Before investing in a mutual fund or ETF, carefully consider its investment objective, risks, charges, and expenses, which can be found in the prospectus available from the fund. Read it carefully before investing.) Or you could compromise by making a small investment, watching for an agreed-upon length of time to see how it performs, and then deciding whether to invest more.

• Finally, there may be ways to offset, reduce, or manage the risk involved in a particular investment. Some investments benefit from circumstances that hurt others; for example, a natural disaster that cuts the profits of insurance companies could be beneficial for companies that are hired to rebuild in that area. Many investors try to hedge the risks involved in one investment by purchasing another with very different risks. However, remember that even though hedging could potentially reduce your overall level of risk, doing so probably would also reduce any return you might earn if the other

investment is profitable.

#### IF YOU'RE THE MORE AGGRESSIVE INVESTOR...

• Listen respectfully to your spouse's concerns. Additional information may increase a spouse's comfort level, but you won't know what's needed if you automatically dismiss any objections. If you don't have the patience to educate your spouse, a third party who isn't emotionally involved might be better at explaining your point of view.

• Concealing the potential pitfalls of an investment about which you're enthusiastic could make future joint decisions more difficult if your credibility suffers because of a loss. As with most marital issues, transparency and trust are key.

• A spouse who's more cautious than you are may help you remember to assess the risks involved or keep trading costs down by reducing the churn in your portfolio.

• Remember that you can make changes in your portfolio gradually. You might be able to help your spouse get more comfortable with taking on additional risk by spreading the investment out over time rather than investing a lump sum. And if you're an impulsive investor, try not to act until you can consult your partner — or be prepared to face the consequences.

# What are you thankful for?

#### WHAT IF YOU STILL CAN'T AGREE?

You could consider investing a certain percentage of your combined resources aggressively, an equal percentage conservatively, and a third percentage in a middle-ground choice. This would give each partner equal input and control of the decision-making process, even if one has a larger balance in his or her individual account.

Another approach is to use separate asset allocations to balance competing interests. If both spouses have workplace retirement plans, the risk taker could invest the largest portion of his or her plan in an aggressive choice and put a smaller portion in an option with which a spouse is comfortable. The conservative partner would invest the bulk of his or her money in a relatively conservative choice and put a smaller piece in a more aggressive selection on which you both agree.

Or you could divide responsibility for specific goals. For example, the more conservative half could be responsible for the money that's being saved for a house down payment in five years. The other partner could take charge of longer-term goals that may benefit from taking greater risk in pursuit of potentially higher returns. You also could consider setting a predetermined limit on how much the risk taker can put into riskier investments.

Finally, a neutral third party with some expertise and a dispassionate view of the situation may be able to help work through differences.

Should you have any questions about financial issues, feel free to contact Tony DiDonato at 508-382-4923, or by e-mail at tony.didonato@prudential.com. Tony is a Financial Advisor with Prudential Financial.

#### MENU

continued from page A5

and diced tomatoes, seasoned rice, Bush's baked beans, corn niblets, pudding, fresh fruit or assorted fruit cup

Wednesday, Nov. 30: Savory chicken dinner, mashed potato and gravy, dinner roll, seasoned green beans, fresh fruit

#### SWANSON ROAD

Monday, Nov. 28: Popcorn chicken bites, buttered corn, potato skin wedges and cheese sauce, dinner roll with butter, peaches or craisins

Tuesday, Nov. 29: Spaghetti, plain or

#### **BAY PATH**

BREAKFAST

Monday, Nov. 28: French toast with syrup, 4 oz. yogurt, 4 oz. fruit juice, fruit variety

Tuesday, Nov. 29: Assorted bagel, assorted cream cheese, 4 oz. yogurt, 4 oz. fruit juice, fruit variety

Wednesday, Nov. 30: Scrambled eggs, sausage, cinnamon raisin toast, 4 oz. fruit juice, fruit variety

#### LUNCH

Monday, Nov. 28: Roast pork w/gravy,

continued from page A1

#### fairly.

3. A Full Inbox: This applies to both my voicemail and my e-mail! While some may view a full inbox of e-mail or a full slate of voicemails every day as "just more work," in this line of work, it is way more than that. It means that you are reading, you are participating, and most importantly, you are invested in what we do. I have my long days, and sometimes I may take a little bit to get back to you, but I am always listening, always advising, and always working to make this newspaper the best it can be for you!

Now that's something I can be thankful for.

Adam Minor may be reached at (508) 909-4130, or by e-mail at aminor@stonebridgepress.news.

### SEE A PHOTO YOU WOULD LIKE TO ORDER?

#### Photo Reprints Available



Call Stonebridge Press for details 508-764-4325 or drop us an email at photos@stonebridgepress.com meat sauce, romaine salad with assorted dressings, garlic bread, cinnamon applesauce, Jell-O and cream

Wednesday, Nov. 30: Turkey and cheese grinder or tuna grinder, with lettuce and tomato slices, potato puffs, ketchup, red and green grapes or fruit cup rice pilaf, steamed carrots, fruit variety

Tuesday, Nov. 29: Grilled cheese, tomato soup, baked hash brown, cucumber salad, fruit variety

Wednesday, Nov. 30: Turkey pot pie, diced turkey and mixed vegetables in a creamy gravy, topped with crispy dough, sweet potato fries, fruit variety

# **EDUCATION NOTEBOOK**

#### The Honor Society of Phi Kappa Phi

BATON ROUGE, La. — Drew Goodrich, of Auburn, was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines. Goodrich was initiated at MCPHS University.

Goodrich is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors, having at least 72 semester hours, are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

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2010 Toyota Matrix S Station Wagon, Orange, auto, AWD, I-4 cal, 65K miles, A266721A CARFAX 1 OWNER \$16,998



2016 Toyota RAV4 XLE SUV Blue, auto, AWD, I-4 cal, 11K miles, A3918 CARFAX 1 OWNER \$25,989



2012 Toyota Highlander Ltd SUV Black, auto, AWD, V-6, 89K miles, A266243A \$25,998



2010 Toyota Tacoma Base Crew Cab Pickup, Gray, auto, 4x4, V-6 cal, 74K miles, A266387A CARFAX 1 OWNER \$25,998



2014 Toyota Highlander LE SUV, White, auto, AWD, V-6 cal, 40K miles, A266114A CARFAX 1 OWNER \$29,998



2010 Toyota FJ Cruiser Base SUV, Silver Sky, auto, 4x4, V-6 cal, 57K miles, A3851 \$33,998



2015 Toyota Tundra Crew Cab Pickup, White, auto, 4x4, V-8 cyl, 15K miles, A3919 CARFAX 1 OWNER \$39,998

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# **B** SECTION

FRIDAY, NOVEMBER 25, 2016

#### NEWS BRIEFS

#### 'Shop for a Cause' benefits Toys for Tots

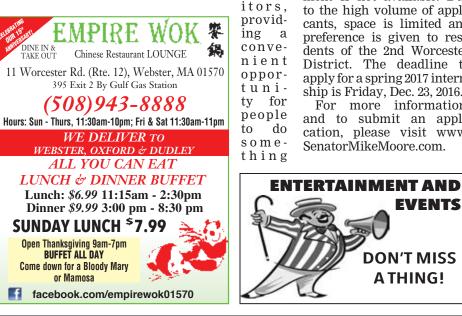
WORCESTER - On Tuesday, Dec. 6, from 9 a.m. to 3 p.m., Bay State Savings Bank will host its 3nd Annual "Shop for a Cause" event in the third floor conference room of its 28 Franklin Street location.

Employees will have an opportunity to do some holiday shopping without having to leave the comfort of their building, and 20 percent of every purchase will be donated to the Toys for Tots! The public is also welcome. This event will offer anyone who attends an opportunity to shop for boutique items like jewelry, scarves, handbags, hair accessories, and other handcrafted items, without the hassle of mall crowds.

The "Shop for a Cause" concept was brought to the Bank three years ago by Monica Hamel, owner of Expressions of You.

"When I first met with Bay State I realized we shared a common interest in giving back to the community," says Ms. Hamel. "I'm thrilled that the Bank wants to continue to work together. It has been a very positive partnership, and I look forward to our event on Dec. 6.'

Bay State Savings Bank is delighted to be working with Monica again," said Diane Giampa, SVP/ Human Resources & Marketing. "The success of the pasttwoyear's "Shopfora Cause" events allowed the Bank to give a generous donation to local non-profit organizations. It was fun for employees and vis-



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they would be doing anyway, with the added bonus of supporting a local charity and a local business. It's a win-win-win!'

To learn more about Expressions of You, please visit: www.expressionsofyoustudio.com. To learn more about the Toys for Tots Foundation or to make a donation, please visit: Toys for Tots.

#### Moore announces spring internship opportunities

BOSTON — Sen. Michael O. Moore (D-Millbury) announced the availability of spring 2017 internship opportunities in his State House Office for undergraduate and graduate students.

"Interns provide a valuable service to my staff

and constituents alike," said Moore. "Legislative interns are an integral part of the office and assist with daily office operations, conduct legislative research, attend informational seminars, and have a first-hand opportunity to observe the Massachusetts legislative process."

Internships typically follow a semester calendar. Positions are unpaid and transportation reimbursement is not available. Due to the high volume of applicants, space is limited and preference is given to residents of the 2nd Worcester District. The deadline to apply for a spring 2017 internship is Friday, Dec. 23, 2016.

For more information, and to submit an application, please visit www. SenatorMikeMoore.com.

EVENTS

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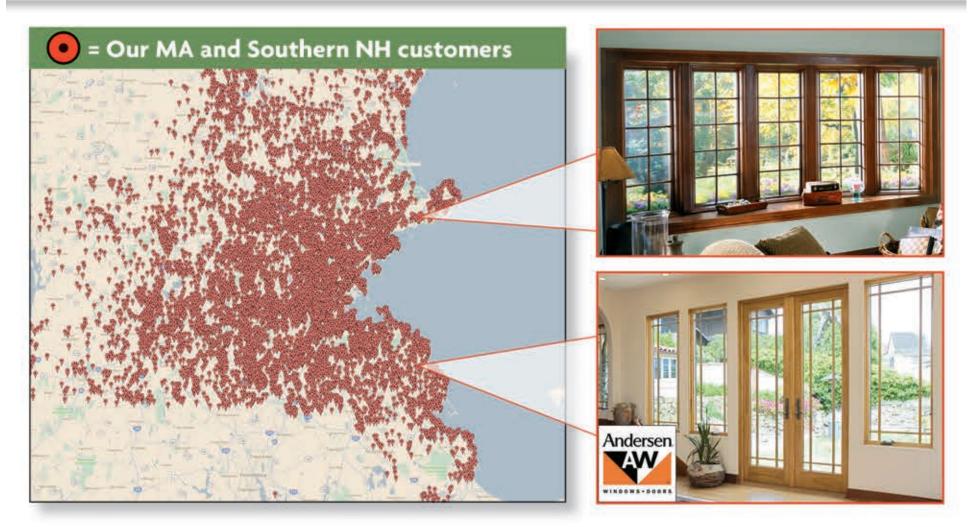
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WEBSTER LAKE – 113 Birch Island Rd! Overlooking Middle Pond! Eastern Expo - Beautiful Sunrises! 5 Rm Year Round Waterfront Home! 2 Bdrms!

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# HERE & THERE

THANKSGIVING WEEKEND NOVEMBER 25, 26, 27 COUNTRY FOLK ART CRAFTS SHOW Friday 11-6 Saturday 10-5 Sunday 10-4 Admission \$7 Handstamp readmits you all three days Sturbridge Host Hotel and Conference Center 366 Main St., Sturbridge, MA

#### SATURDAY, NOVEMBER 26 9:00 p.m.

LOWER LEVEL TRIO A 308 favorite acoustic band featuring country,hip hop, R&B, folk & classic rock 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

#### SATURDAY, DECEMBER 3 10:00 A.M. - 3:00 P.M.

PICTURES WITH SANTA AT KLEM'S Ho, Ho, Ho! Santa will be meeting and greeting. Spread the cheer! Take Christmas pictures together with only a \$5 donation Children and pets are welcome KLEM'S 117 West Main St. Spencer, MA 508-885-2708 (Ext. 104)

TAKE TWO

9:00 p.m.Acoustic covers featuring requests, some comedy and crowd participation308 LAKESIDE308 East Main St.East Brookfield, MA774-449-8333

#### THURSDAY, DECEMBER 8

308 LAKESIDE HOLIDAY PARTY NIGHT Enjoy a holiday dinner buffet and live music with a group of friends or business associates 6-10 p.m. \$24.95 pp, reservations required 308 East Main St. East Brookfield, MA 774-449-8333



SUNDAY, DECEMBER 11 Visit with Santa during Sunday Brunch 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

#### **OPEN HOUSE**

HOLIDAY OPEN HOUSE 11:00 a.m. - 2:00 p.m. SUGDEN BLOCK 117 Main St., Spencer, MA Featuring Mexicali Mexican Grill, Spencer Yoga Home, Sunshine Visuals Studio, Twisted Potter Food samples, mini Magic Elf photo sessions, exclusive offers and more

#### **THURSDAY, DECEMBER 15**

308 LAKESIDE HOLIDAY PARTY NIGHT Enjoy a holiday dinner buffet and live music with a group of friends or business associates 6-10 p.m. \$24.95 pp, reservations required 308 East Main St. East Brookfield, MA 774-449-8333

#### SUNDAY, DECEMBER 18

Visit with Santa during Sunday Brunch 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

#### THURSDAY, JANUARY 12

308 LAKESIDE HOLIDAY PARTY NIGHT Enjoy a holiday dinner buffet and live music with a group of friends or business associates 6-10 p.m. \$24.95 pp, reservations required 308 East Main St. East Brookfield, MA 774-449-8333

#### ONGOING

ROADHOUSE BLUES JAM Every Sunday, 3:00 – 7:00 p.m. CADY'S TAVERN 2168 Putnam Pike, Chepachet, RI 401-568-4102

#### TRIVIA SATURDAY NIGHTS

7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822

WISE GUYS TEAM TRIVIA Every Tuesday, 8:00 – 10:00 p.m. CADY'S TAVERN 2168 Putnam Pike (Rt. 44) Chepachet, RI 401-568- 4102

LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN AT SALEM CROSS INN 260 West Main St., West Brookfield, MA 508-867-2345 www.salemcrossinn.com

#### Local Events, Arts, and Entertainment Listings

#### TRIVIA NIGHT

AT THE STOMPING GROUND Every Wednesday, 6:00 p.m. 132 Main St., Putnam, CT 860-928-7900 Also, live music five nights a week (Wed.-Sun.)

#### TRAP SHOOTING

Every Sunday at 11:00 a.m. Open to the public \$12.00 per round includes clays and ammo NRA certified range officer on site every shoot AUBURN SPORTSMAN CLUB 50 Elm St., Auburn, MA 508-832-6492

#### HUGE MEAT RAFFLE

First Friday of the month Early Bird 6:30 p.m. - 7:00 p.m. 1st table: 7:00 p.m. Auburn Sportsman Club 50 Elm St., Auburn, MA

508-832-6496

BREAST FEEDING SUPPORT GROUP at Strong Body/Strong Mind Yoga Studio 112 Main St., Putnam, CT Third Friday of each month at 6:00 p.m. 860-634-0099 www. strongbodystrongmind.us

TRIVIA TUESDAYS at 7:00 p.m. Cash prizes 308 LAKESIDE 308 East main St. East Brookfield, MA 774-449-8333



### TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Anyone who wishes to take advantage of this space must submit a copy of a not-for-profit certificate to Editor Adam Minor. Mail your certificate and information to Trips Offered, c/o Adam Minor, P.O. Box 90, Southbridge, MA 01550; fax to 508-764-8015 or e-mail to aminor@stonebridgepress.news.

#### **UNION SAINT JEAN-BAPTISTE**

Union Saint-Jean Baptiste, Chapter #12, Southbridge, is sponsoring "Celebrate the Christmas Season" — three family excursions for the year 2016. As always, you do not have to be a member to participate in any of the scheduled excursions. All are welcome. Gift certificates in any amount are also available which can be applied to any event at face value. We are a family oriented, non-profit Franco-American fraternal society since 1900. On some occasions sponsored activities are benefits providing monetary assistance to worthy causes.

It is never too late to capture the true spirit of this special time of the year — Christmas. For information/reservation please call Ted at 508-764-7909. • Dec. 3: "Christmas at Olde Mystic Village" — the annual Christmas Holiday Festival with 50 one-of-a-kind gift shops, restaurants, and free entertainment through the village and at Gazebo Square, special sales and more. \$45 for adults; \$35 children 4-12 years, free under 3 years. An optional visit on your own is the nearby Mystic Sea Aquarium. Departure: 9 a.m. from Southbridge, with return time at 6:30 p.m. Reservation deadline is Nov. 30.

• Dec. 10: "Festival of Christmas Lights" at Our Lady of LaSalette Shrine, concert with Fr. Pat, the singing priest, Museum of the World Nativities, Gift & Book Shop, Chapel of Light, a Bistro for refreshments and snacks, optional Trolley Ride and a Carousel, complete luncheon at Wright's Farm Restaurant. Cost: \$49/per person, \$39 children 3-10 years, under 3, free. Reservation deadline is Dec. 7. Departure from Southbridge with return time about 7:45 p.m.

• 2017 Preview: Jan. 8, "Amahl and the Night Visitors" by Gian Carlo Menottii, a Christmas light opera performance with a great cast – in Notre Dame Church, 444 Main St Southbridge – benefit for the church Casavant organ — more to be announced.

- more to be announceu.

#### CHARLTON SENIOR CENTER

2016 Trips with Charlton Senior Center — Please call Elaine for more info at 508-248-2231. Sign-up sheets and flyers available at the Senior Center. Mail all payments to Charlton Senior Center, 37 Main St. Charlton, MA 01507. Pick up is generally from St. Joseph's Church, 10 H. Putnam Rd. Ext., Charlton. Please note the updated costs for the trips.

• Christmas Around the World w/ Dan Gabel & The Abletones at Chez Josef — Dec. 19, \$72, includes transportation, Big Band show, lunch, taxes and gratuities. Check payable to: Landmark Tours.

#### MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

• Australia & New Zealand: Jan. 28 to Feb. 18, 2017

• America, Our Land: from Albuquerque to Tucson: May 22 to June 4, 2017

• Alaska (land and cruise): June 27 to July 10, 2017

• Greece and the Islands: Sept. 14-26, 2017

• Grand Tour of India: Jan. 5-19, 2018 • Grand Tour of France: May 30 to June 15, 2018

#### UXBRIDGE SENIOR CENTER/ SUNSHINE CLUB

The Uxbridge Senior Center, in conjunction with the Sunshine Club will be offering the following bus trips for 2016:

• Monday, Nov. 28 to Wednesday, Nov. 30: White Mountain Hotel, North Conway, \$439. There are still seats available for this trip!

• Wednesday, Dec. 7: Newport Playhouse "Nana's Naughty Knickers," \$75. This trip is full.

• Saturday-Monday, Dec. 10, 11 and 12, NYC at Christmas with 9/11 Museum, \$339.

Here's a rundown of what's coming up so far for 2017:

• March 16, 2017: Lion King — sorry, full (waiting list), leaves from both Westboro (9:15 a.m.) and Whitinsville, 10 a.m., \$99.

• March 30, 2017: Newport Playhouse, "The Foursome," \$76.

•April 1-9, 2017: Branson – full (waiting

Turn To TRIPS page A6

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#### TRIPS

#### continued from page A1

list), both Westboro and Whitinsville, \$759.

• April 27-May 1, 2017: Virginia; International Tattoo and oceanfront Virginia Beach, leaves from Whitinsville only, \$799.

• May 17-20, 2017: 1,000 Islands w/ Tulip Fest, leaves from Westborough only, \$769.

• June 5, 2017 — Day trip to Gloucester Lobster Bake and Cruise, both Westboro and Whitinsville, \$76.

• June 25 and 26, 2017: Hudson River/ West Point, from Whitinsville only, \$319.

• Aug. 21- 24, 2017: St. Andrews By-the-Sea and Campobello Island; staying at the Algonquin Hotel and Resort, leaves from Westborough only, \$819.

• Sept. 24-26, 2017: Lake Placid & Adirondacks, from Whitinsville only, \$479.

• Oct. 11, 2017: Day Trip to the Turkey Train, both Westboro and Whitinsville, \$72.

• Nov. 30-Dec. 1, 2017: Saratoga Victorian Christmas, from Whitinsville only, \$319.

• Dec. 8-9, 2017: Christmas in Vermont, leaves from Westborough only, \$299.

New York City is an especially fun place at Christmas Time. The huge tree in Rockefeller Center will be lit, there will be skating on the rink, the stores are all decked out, and the hustle and bustle makes you get into the spirit of the season. It includes two nights' hotel, two breakfasts, two dinners and sightseeing with a local guide for two days, and entrance to the 9/11 Museum. A local guide will take you all around the city visiting places like Central Park, Times Square, Wall Street, and of course Rockefeller Center. All trips originate from the Whitinsville WalMart. Everyone is welcome to join the group on any of these trips. Call Sue L'Heureux at 508-476-5820 for more information on any of these trips.

144 SE Main Street, Douglas, MA 01516, suesbustours@hotmail.com

#### **DUDLEY SENIOR CENTER**

Dudley Seniors presents Savannah, Jekyll Island & Beaufort, \$620, seven days and six nights per person (Sunday through Saturday), June 4-10, 2017. Incredible price includes motor coach transportation, six nights lodging including four consecutive nights in the Savannah area, 10 meals; six breakfasts and four dinners, tour of charming Savannah, visit to a historic and famous home, tour of gorgeous Beaufort, S.C. "Queen of the Carolina Sea Islands", Visit to Parris Island, Tour of amazing Jekyll and St Simon's Island- see how America's early millionaires lives and played, Enjoy dinner and entertainment, for more pictures and information visit: www.grouptrips. com/dudleyseniors.

Departure: Town Hall, 71 W. Main St, Dudley, 8 a.m.

Day 1: Depart in a spacious, video and restroom equipped motor coach and set off for beautiful Savannah, Ga. This evening you will stay at an en route hotel.

Day 2: Enjoy a continental breakfast. Today you will continue your journey, then enjoy a leisurely dinner and check in to Savannah area hotel for a fournight stay.

Day 3: After a continental breakfast you will start your journey with a guided tour of genteel, beautiful, and historic Savannah, the "Belle of Georgia." You'll see architectural marvels, beautiful oak-lined streets, and lovely "Town Squares." Enjoy free time on historic River Street, featuring unique 18th century "ballast stone" streets and 19th century cotton warehouses that are now fine eateries, unusual shops and antique galleries. Later, enjoy a tour of one of Savannah's historic and famous homes. Tonight, you'll enjoy dinner and entertainment before returning to your hotel for the evening.

Day 4: Enjoy a continental breakfast before departing for fascinating and history rich Jekyll Island. See how the nation's wealthiest citizens like JP Morgan and William Rockefeller lived and played — including a stop at what was once the "Millionaires Club." Later you'll take a guided tour of St. Simons Island where you can take a stroll among moss-draped oaks or shop at the interesting boutiques and specialty shops in the historic area. After dinner you'll return to your hotel to rest for the next fun filled day.

Day 5: Today, after continental breakfast, enjoy a guided tour of magnificent Beaufort, S.C. "Queen of the Carolina Sea Islands." Beaufort's history dates as far back as the 1500's. Its striking mansions and scenery served as a backdrop for many major motion pictures including, "The Big Chill" and "Forrest Gump". You'll also tour the Parris Island Marine base, where 22,000 men and women complete their training each year. Highlights of your tour include the Iwo Jima Monument, Parade Field, and the Parris Island Museums. Tonight, enjoy a nice dinner before returning to your hotel for the evening.

Day 6: Enjoy a continental breakfast at your hotel before leaving for the Airborne and Special Operations Museum in Fayetteville NC. This evening relax at your en route hotel.

Day 7: Today, after enjoying a continental breakfast, you will depart for home. A perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

For more information contact Evelyn Grovesteen (508) 764-8254

# **LEGALS**

#### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Lorrayne Dos Santos to Mortgage Electronic Registration Systems, Inc., dated May 31, 2011 recorded with the Worcester and County (Worcester District) Registry of Deeds at Book 47452, Page 346, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc. to Lakeview Loan Servicing, LLC dated November 17, 2015 and recorded with said registry on March 31, 2016 at Book 55131 Page 159, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on December 13, 2016, on the mortgaged premises located at 14 Sunrise Avenue, Auburn, Worcester County, Massachusetts, all and singular the premises described in said mortgage, <u>TO WIT</u>:

A certain parcel of land with the buildings and improvements thereon in Auburn, Worcester County, Commonwealth of Massachusetts, containing 28,074 square feet and being Lot 1 as shown on a plan labeled "Plan of Land 14 -16 Sunrise Ave., Auburn MA, Prepared for Paul Stanton, Scale 1"= 80', March 7, 2006, by HS&T Group Inc," said plan recorded at the Worcester Registry of Deeds in Plan Book 840 Plan 109, and bounded and described as follows: BEGEINNING t a point on the westerly side of Sunrise Avenue and at land now or formerly of Butler at an iron pin found: THENCE S. 23° 26' 39" E. eighty-nine and12/100 (89.12) feet along Sunrise Avenue as depicted on said plan to a point:

and 00.100 (70.00) feet along Lot 2 depicted on said to a rerod on said plan to a rerod set;

THENCE N. 01° 54' 02" W. two hundred nine and 83/100 (209.83) feet; along Lot 2 as depicted on said plan to a rerod set;

THENCE S. 47° 48' 13" E. ninety-seven and 47/100 (97.47) feet, along Lot 1 as depicted on said plan to a point. BEING a portion of the premises conveyed to Paul D. Stanton and Patricia K. Stanton by deed of Paul D. Stanton dated September 27, 2004, and recorded at the Worcester District Registry of Deeds in Book 34704, Page 346.

Being the same premises known as: 14 Sunrise Avenue, Auburn, Worcester County, MA 01501. For title reference see deed recorded in the Worcester County Registry of Deeds at Book 46748, Page 303.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 47452, Page 343.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. TERMS OF SALE: A deposit of Five Thousand (\$5,000.00 ) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

LLC by assignment recorded in said Registry of Deeds at Book 51625, Page 145 and subsequently assigned to U.S. Bank Trust, N.A., as Trustee for LSF9 Master Participation Trust by Ocwen Loan Servicing, LLC by assignment recorded in said Registry of Deeds at Book 54671, Page 82; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 3:00 PM on December 9, 2016 at 112 Elmwood Street, Auburn, MA, all and singular the premises described in said Mortgage, to wit:

Two parcels of land in Auburn, Worcester County, Massachusetts with the buildings thereon, together being known and numbered as 112 Elmwood Street, Auburn, MA 01501 PARCEL 1:

The land in Auburn, Worcester County, Massachusetts, located upon the westerly side of Elmwood Street and which is more particularly bounded and described as follows: Beginning at the northeasterly corner of the premises to be conveyed at a stake located upon the westerly side of Elmwood Street at other land of the Grantors, now or formerly; Thence S. 10 degrees 09' E. by the westerly side of said Elmwood Street on hundred twenty-five and 96/100 (125.96) feet to a stake still on said Elmwood Street; Thence S. 16 degrees 43' 30" W. still by the westerly side of said Elmwood Street nineteen and 91/100 (19.91) feet to a point at other land of grantors; Thence N. 75 degrees 18' W. by other land of grantors two hundred forty-three and 77/100 (243.77) feet t a stone bound at still other land of grantors; Thence N. 69 degrees 41' E. by other land of grantors two hundred thirty-three and 89/100 (233.89) feet to the stake which is the point of beginning. Containing 17,200 square feet of land, all of said courses and distances being more or less. Being the same premises shown as Lot "B" upon a plan entitled "Plan of Land in Auburn. Massachusetts, owned by John J. Bridgemen, dated April 1950, surveyed by R.B. Cullinan Registered Land Surveyor". Said premises are conveyed subject to the following restrictions which shall apply to the grantees, their successors, and assigns: only single houses to be built on said premises to cost not less than \$6,000 above the cellar; no garage shall be built to contain more than two cars; no building shall be set within twenty-five(25) feet of any street or proposed street with the exception of porticoes and steps; no manufacturing and mercantile business shall be conducted on said premises; no animals other than domestic to be kept on said premises. Being the same premises conveyed by deed dated May 13, 1980 and recorded in Book 6974, Page 235. PARCEL 2: The land in Auburn, Worcester County, Massachusetts, on the westerly side of Packachoag Street, bounded and described as follows: Beginning at a concrete bound which is located North 75 degrees 18' 00" West 126.00 feet from a stone bound located at the intersection of the westerly line of Packachoag Street and Elmwood Street; Thence South 43 degrees 42' 00" West along land now or formerly of the grantor for a distance of 66.91 feet to a concrete bound; Thence North 40 degrees 51' 30" West a distance of 103.47 feet to a stone bound; Thence South 75 degrees 18' 00" East along land now or formerly of the grantees for a distance of 117.77

feet to the concrete bound at the point of beginning. Being the same premises shown as Lot B on a plan entitled "Bridgemen to Foster A. and Dorothy B. Cohoon, dated June 12, 1962 by R.B. Cullinan Engineering Company, Registered Land Surveyor, filed in Worcester District Registry of Deeds, Plan Book 265, Plan 11. Said parcel B contains thirty seven hundred and 00/100 (3700) square feet, more or less, and is become a part of parcel A, as shown on the plan heretobefore referred to. Said premises are conveyed subject to the following restrictions which shall apply to the grantees, their successors, and assigns: only single houses to be built on said premises to cost not less than \$6,000 above the cellar; no garage shall be built to contain more than two cars; no building shall be set within twenty-five (25) feet of any street or proposed street with the exception of porticoes and steps; no manufacturing and mercantile business shall be conducted on said premises; no animals other than domestic to be kept on said premises. No right of way by necessity or otherwise is implied or granted for the benefit of the premises conveyed over the remaining land of Grantor. title see deed record-For ed in Book 22456, Page 252. See Deed recorded herewith in Book

THENCE S. 48° 49' 39" E, seventy-nine and 47/100 (79.47) feet along Sunrise Avenue as depicted on said plan to a iron pin found;

THENCE S. 34° 35' 21" W. one hundred ten and 13/100 (110.13) feet along Lot 2 as depicted be said on plan to an iron pin found;

THENCE N. 47° 48' 13" W. two hundred ninety-one and 79/100 (291.79) feet along Parcel A and Lot 2 as depicted on said plan to a point;

THENCE N. 81° 05' 21" E. one hundred eighty-five and 65/100 (185.65) feet along land now or formerly of Butler as depicted on said plan to the point of beginning.

BEING the same premises conveyed to Paul D. Stanton and Patricia K. Stanton by deed of Paul D Stanton dated January 12, 1994, and recorded at the Worcester District Registry of Deeds in Book 15980, Page 127. Parcel II

A certain parcel of land with the buildings and improvements thereon in Auburn, Worcester County, Commonwealth of Massachusetts, containing 12.314 square feet and being Parcel A as shown on a plan labeled "Plan of Land 14-16 Sunrise Ave., Auburn, MA prepared for Paul Stanton, scale 1" = 80', March 7, 2006 by HS&T Group, Inc." said plan recorded at the Worcester Registry of Deeds in Plan Book 840, Page 109, bounded and described as follows: BEGINNING at a point one hundred ten and 13/100 (110.13) feet distant

from Sunrise Avenue at an iron pin found;

THENCE S. 01° 54' 02" E. one hundred forty-two and 00/100 (142.00) feet along Lot 2 as depicted on said plan to a rerod set;

THENCE S. 88° 05' 58" W. seventy

Other terms, if any, to be announced at the sale.

LAKEVIEW LOAN SERVICING, LLC Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. California Street Newton, MA 02458 (617) 558-0500 201509-0684 - TEA November 18, 2016

November 25, 2016 December 2, 2016

#### MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by John P. Harte and Moneen D. Harte to Mortgage Electronic Registration Systems, Inc., as nominee for GMAC Mortgage Corporation, its successors and assigns, dated July 18, 2005 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 36827, Page 157 subsequently assigned to GMAC Mortgage, LLC by Mortgage Electronic Registration Systems, Inc. by assignment recorded in said Registry of Deeds at Book 44980, Page 175, subsequently assigned to Ocwen Loan Servicing, LLC by GMAC Mortgage, 36827, Page 154.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL **BE OF THE ESSENCE.** 

Other terms if any, to be announced at the sale.

U.S. Bank Trust, N.A. as Trustee for LSF9 Master Participation Trust Present Holder of said Mortgage, By Its Attorneys, ORLANS MORAN PLLC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 15-000166

November 18, 2016 November 25, 2016 December 2, 2016



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**2013 FORD TAURUS SHO** Performance Pkg, AWD





**\$21,923** 6303A



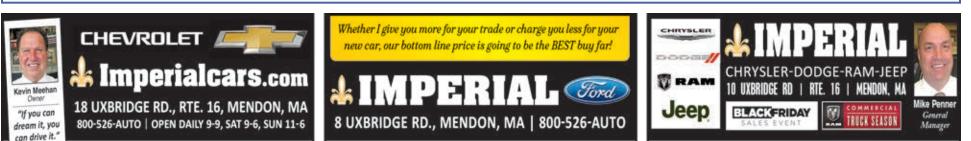


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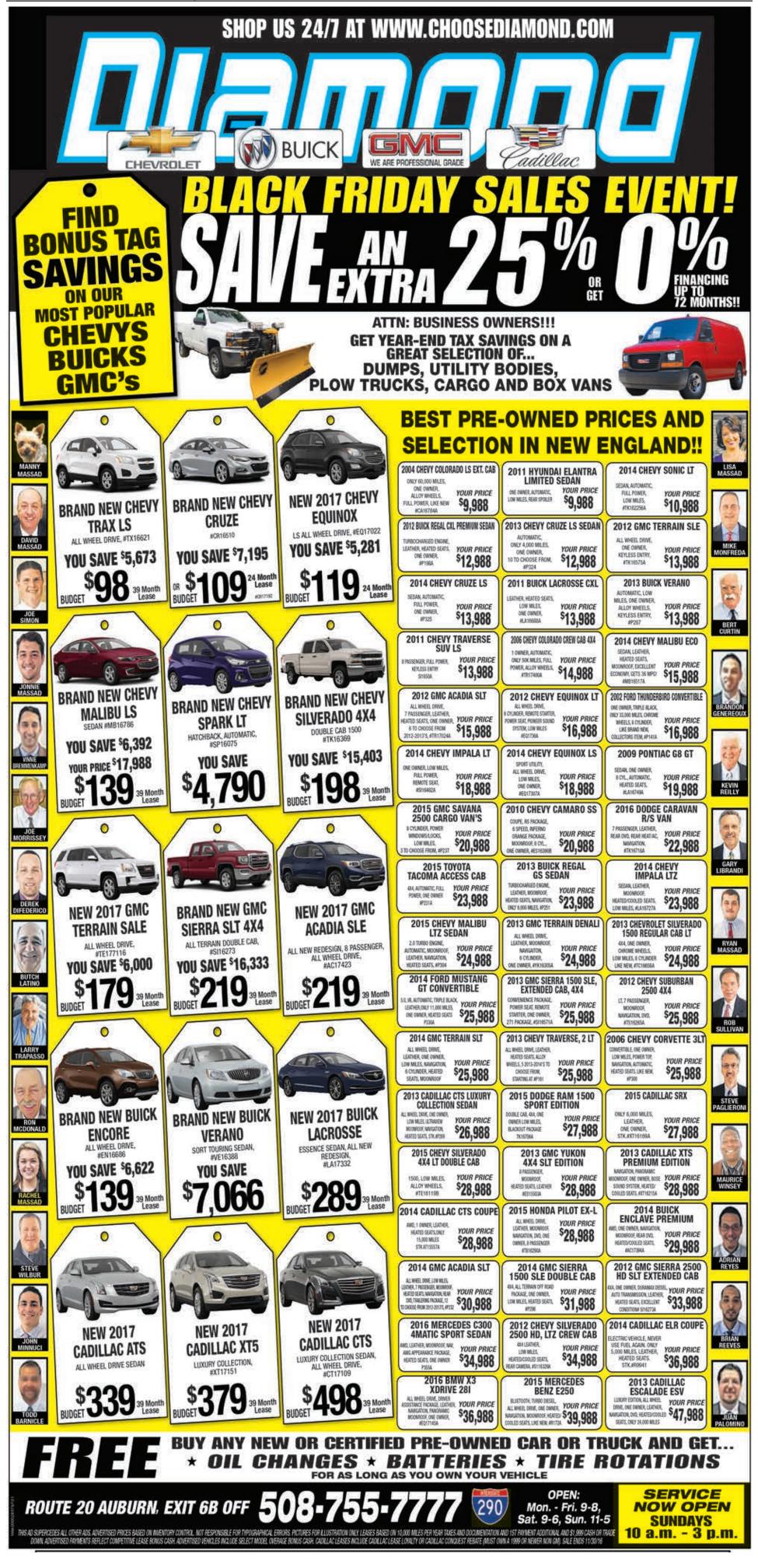
2014 Ford Escape 4WD #450X \$10,923 **2011 Ford Flex** Limited very comfortable 2014 Ford F150 ext cab, leather XLT #457X **\$11,923** 

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Friday, November 25, 2016 · Town-to-Town Classifieds 1



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Carfax 1-owner TU8549R	.\$19,999
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Carfax 1-owner TU8706R	\$24,999
2012 HONDA ODYSSEY TOURING	
3.5L V-6 cyl, auto, Polished Metal, 50K miles,	¢04.000
Carfax 1-owner TU8275	
5.0L V-8 cyl, auto, Vermillion Red, Cab, 41K miles	
Carfax 1-owner TU8740	
2010 FORD F-250 XL	<i> </i>
Auto, Fore <b>st Green, 47K miles, Diesel</b>	
Carfax 1-owner TU8704	\$25,999
2014 FORD EXPLORER XLT	
3.5L V-6 cyl, auto, White, 27K miles,	
Carfax 1-owner TU8669R	\$29,999
2014 FORD ESCAPE TITANIUM	
1.6L 1-4 cyl, auto, White Platinum Tricot, 38K mi. Carfax 1-owner TU8725R	
2012 FORD F-350 LARIAT	φ <b>20,</b> 999
6.7L V-8 cyl, auto, Brown, 59K mi.,	
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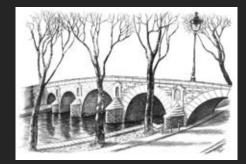
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# HOME

# A More Energy- And Cost-Efficient Heating And Cooling Solution



Ductless mini-split systems can save homeowners up to 25 percent on their utility bills and allow for individual, room-by-room temperature control.

#### (NAPS)

As the temperature plummets, homeowners will crank up the heat to keep warm and toastyquickly burning through money and energy. In fact, home heating uses more energy and costs more money than any other system in your home, typically making up nearly half of your utility bill. So what's the best way to keep the cold out, the heat in, and your energy bill down?

There are several types of heating systems that range from blowing hot air through ductwork to piping hot water through your floor. Forced-air systems, the most common type, heat quickly and evenly, but many are not energy efficient and some users complain that moving air is noisy and blows allergens around the house. In addition, they require ductwork, which many older homes don't have.

Americans are largely unaware of one heating option called ductless mini-split systems, distributed by several companies including Fujitsu General America. While the majority of HVAC systems in Asia and Europe are already ductless, they are rapidly gaining traction in North America, with mini-split systems projected to enjoy an annual growth rate of 14 percent each year through 2020.

Energy Bill Savings Up To 25 Percent

The high energy efficiencies of mini-split systems can save homeowners up to 25 percent of utility bills simply because they eliminate wasteful ducts. In fact, duct losses can easily account for more than 30 percent of energy consumption, especially if the ducts are not sealed tightly or are located in an unconditioned space such as an attic or crawl space. Ductless mini-splits forgo those energy losses typically associated with forced-air systems. This is particularly good news for older homes, homes without existing ductwork or homes with seasonal additions, such as a sunroom. Installing ductwork is expensive and requires cutting holes in walls, floors and ceilings, or decreasing closet space. Ductless systems require only a two- or three-inch hole just outside the wall and are also whisper quiet. End Energy Waste And

End Energy Waste And Thermostat Wars Mini-splits feature

custom zone control, enabling homeowners to connect two to eight indoor units to a single outdoor unit. Since each of the zones has its own thermostat, you heat only the areas you want and disregard those that are unoccupied. This can

represent a significant savings considering the kitchen, dining room, living room and bedrooms are left unoccupied for at least 40 percent of the time. In addition, everyone can adjust each room to the temperature he or she wants-year-roundvirtually eliminating the 'thermostat wars," with family members fighting for their personal climate preferences. Low

Extra Low Temperature Protection It's important to choose a reputable heating and

cooling system that is equipped to handle your individual requirements. Fujitsu General's line of mini-split systems have a performance success rate of more than 99 percent and come in numerous sizes, styles and rated outdoor temperatures. The Extra Low Temperature Heating (XLTH) Series features outdoor condensing units engineered to operate in temperatures down to  $-15^{\circ}$  F, lower than any other mini-split available today.

Mini-split systems may take as little as a day or two to install, depending on how many units you put in. To learn more or find a contractor nearby, call (888) 888-3424 or visit www.constantcomfort. com or www.fujitsugeneral.com.

Tips For Getting Your Outdoor Power

# **Equipment Ready For Winter**

#### (NAPS)

Fall is here, and as cold weather creeps in, it's time to put away your spring and summer outdoor power equipment, such as lawn mowers, leaf blowers, chain saws and trimmers, and get out what you will need for winter, such as snow throwers, generators and other small-engine equipment.

The Outdoor Power Equipment Institute (OPEI), an international trade association representing more than 100 power equipment, engine and utility vehicle manufacturers and suppliers, offers tips to help home and business owners prepare for the weather change.

"Doing good maintenance in the fall means that your equipment will be in good shape when spring arrives and you want to tackle landscaping projects again," said Kris Kiser, president and CEO of OPEI. "Now is also the time to do snow thrower and generator maintenance and review safe handling procedures so you are ready when the snow flies."

First, review your owner's manual for your equipment. Re-familiarize yourself with how to handle your equipment safely and any maintenance needs. If you lost your manual, you can usually find it online.

Service all vour 1. equipment. Before storing equipment, clean and service it yourself or take it to a small-engine repair shop. For instance, drain and change engine oil and dispose of old oil safely. Service the air filter and perform other maintenance activities as directed by your service manual. Check all winter equipment and see what maintenance and repairs are required, as well.

2. Recharge the battery. If your equipment has a battery, remove and fully charge it before storing or to ready your winter equipment for a sudden, unexpected weather event.

Handle fuel 3. properly. Unused gas left in gas tanks over the winter can go stale. It can even damage your equipment. For equipment you'll store over the winter, add fuel stabilizer to the gas tank, then run the equipment to distribute it. Turn the engine off, allow the machine to cool, then restart and run until the gas tank is empty. For winter equipment, be sure you know the appropriate fuel for your equipment. Most outdoor power equip-ment, for instance, was designed, built and warranted to run on 10 percent or less ethanol fuel. 4. Shelter your

equipment from win-



When the weather turns chilly, it's time to swap out your lawn mower for your snowblower.

ter weather. Store your spring and summer equipment in a clean and dry place such as a garage, barn or shed. Winter equipment should also be away from the weather elements but available for use when needed. Always keep your outdoor power equipment out of the reach of children.

5. Do a yard cleanup. Clear the paths you use regularly, especially during the winter. Make space in your garage or basement before the weather changes so you have room to store larger yard items, such as patio furniture, umbrellas and summer toys.

6. If you are getting out winter equipment, such as a generator or snow thrower, review safe handling procedures. Familiarize yourself with your equipment, making sure you know how to turn the machine on and off and how to use the equipment safely.

7. Find and prepare to fill your gas can. Buy the type of fuel recommended by your equipment manufacturer no more than 30 days before you will use it. Remember, use fuel with no more than 10 percent ethanol in outdoor power equipment. Also, fuel goes stale and will need to be replaced if you have not used it within a month. And remember to use a fuel stabilizer if recommended by your manufacturer.

Get more information on safe fueling for outdoor power equipment at www. LookBeforeYouPump. com and find additional safety tips at www.OPEI. org.

# StonebridgePress.com

# HOME Four Tips On Getting A Second Home

#### (NAPS)

With home values rising, mortgage rates low and rental demand strong, purchasing a second home may seem like a good investment.

Many would agree. According to the National Association of Realtors' (NAR) annual Investment and Vacation Home Buyers Survey, over 2 million vacation and investment properties were purchased in 2015.

If you're considering buying a second home for leisure, rental income or future retirement, here are four suggestions that may help.

1. Seek help from a Realtor. The survey found that recent vacation buyers typically purchased a second home 200 miles from their primary residence. Even if you've visited your targeted search area, chances are you aren't privy to local market conditions, such as current demand levels and future resale value.

A Realtor, a member of NAR, can be your expert professional when it comes to buying a home. He or she can help you find the property that



A home away from home can be easier to acquire than you may think, especially with professional help.

fits your budget, and will negotiate on your behalf at the closing table so you get the best deal.

2. Know the rules if you plan to rent it out. Whether it's occasional-

ly or all the time, many second-home owners rent out their home to earn extra income.

Even if it's only a few weekends a year, it is absolutely crucial to know all ordinances related to allowing tenants into your home. Laws can vary from one town, neighborhood and condo building to the next. A Realtor can familiarize you with the rules and laws of a property before you decide to make an offer. That way, you won't be caught in a situation where restrictions limit your ability to earn rental income, especially if this money is needed to help pay your mortgage.

3. Be ready to make your case to lenders. Getting a mortgage today takes some diligence.

This is especially true with second-home buyers, as adding another mortgage to an existing one is going to stretch your debt-to-income ratio and you'll likely need to make a significant down payment on any second-home purchase to get the most favorable terms.

Grab a pen and 4. do some paperwork. As with all home purchases, it's important to be patient and flexible, and to stick to your budget during your search. If you have a Realtor at your side and the means and wherewithal to do it right, that second home can be in reach either as a solid investment or a place in which to make lifelong memories—or both.

#### Learn More

For further facts, including how to reach a Realtor near where you want to buy, go to www. realtor.com/GetRealtor.

# Preparing Your Heating System For Winter



mends checking your filter every month, especially during heavy-use months, and if it looks dirty, change it. At a minimum, change the filter every three months.

• Consider installing a programmable thermostat like the Luxaire Touch-screen Thermostat with Proprietary Hexagon Interface, which allows you to remotely program your thermostat using your smartphone and lower your home's temperature when the house is unoccupied.

Change the batteries

R-values) recommended for your area. It's also wise to insulate water heaters and pipes to minimize heat loss.

• Schedule an inspection of your system by a heating professional. Heat pumps and oil-fired furnaces need annual tune-ups; gas-fired equipment can be serviced every other year. Professional technicians are usually trained to detect leaks, soot, rust, rot, corroded electrical contacts and frayed wires. You might also consider the convenience of a service contract to ensure your system

You can increase your comfort and save your cold cash by making sure your heating system is in good shape before winter comes.

#### (NAPS)

It happens every fall. We prepare for winter by replacing screens with storm windows, sealing cracks or leaks around windows and doors, cleaning gutters and shutting off exterior faucets. But what about our home heating system? The experts at the Luxaire<sup>™</sup> brand of Johnson Controls encourage you to make these steps part of your winterization routine: • Replace or clean the filters in your heating unit to improve airflow and efficiency. ENERGY STAR®, a program of the U.S. Environmental Protection Agency, recom-

in your thermostat to ensure it operates properly throughout the winter.

• Test your thermostat by turning it on in the heat mode. It should respond immediately, and you should feel heat coming from your air vents. Make a note of any sounds that seem abnormal.

• Inspect your ductwork for punctures, dents or disconnected sections. It's also a good idea to periodically clean your heating duct to allow heated air to flow efficiently to all areas of your home.

• Check the insulation in your attic, ceilings, exterior and basement walls, floors and crawl spaces to see if it meets the levels (measured in is properly maintained each year.

• Buy an energy-efficient furnace or heat pump. Gas furnaces in the Luxaire Acclimate<sup>TM</sup> Series offer an annual fuel utilization efficiency (AFUE) rating as high as 98 percent, while Acclimate split system heat pumps offer a heating seasonal performance factor (HSPF) up to 10. Ratings like these translate to significant energy savings and reduced utility bills.

To learn how you can improve the efficiency of your home comfort system this winter, visit www.luxaire.com or follow it on YouTube and @LuxaireHVAC on Twitter.

### Heat Pump Or Furnace—What's The Best Choice For Your Home?

#### (NAPS)

Most homes that require heat rely on furnaces or heat pumps to circulate warm air throughout the house. Knowing which piece of equipment is right for your home isn't always easy. The experts at the York brand of Johnson Controls suggest you consider the following questions before making a decision:

What is the difference between a heat pump and a furnace? Unlike furnaces, which burn fuel to create heat, a heat pump removes heat from the air outside your home and transfers it inside. In the summer, the process reverses as the heat pump removes heat from the air inside your home and transfers it outside, cooling your home without the need for a separate air-conditioning system.

How do you measure the efficiency of a heat pump and a furnace? The efficiency of a heat pump is indicated by the unit's heating seasonal performance factor (HSPF), while the annual fuel utilization efficiency (AFUE) measures the efficiency of a gas furnace. The higher the HSPF or AFUE, the more efficient the unit and the less fuel it requires to heat your house.

Can heat pumps and furnaces operate effectively in any climate? A heat pump will heat your home more affordably than a furnace if you live in an area where the temperature rarely dips below 30 degrees. As temperatures drop below 30 degrees, the heat pump must work harder to extract heat and its efficiency decreases as a result. In this case, a furnace is probably a better choice, because it can operate in any climate.

What is the cost of fuel in your area? Although electric furnaces are often considered 100 percent efficient, these units may be more expensive to operate, depending on the cost of electricity in your area. That's why it's always important to consider the cost of available fuels, including electricity, natural gas and oil, and how they impact operating costs of the unit you select.

What equipment do the sys-

tems require? A heat pump usually consists of an indoor and an outdoor unit to heat and cool a house, while a furnace consists of a single indoor unit that generates heat. If cooling is required, the home comfort system that uses a furnace also requires separate indoor and outdoor cooling units.

Are two-stage operation and electronic controls available with both units? Yes. Select York Affinity heat pumps and furnaces incorporate two-stage heating for improved comfort, efficiency and sound levels and electronic controls that offer tighter temperature control and the ability to program periods of temperature setback.

To learn more about heating systems, visit www.york.com, follow it on YouTube and @ YorkHVAC on Twitter or call (877) 874-7378.



Here's a hot tip: Furnaces and heat pumps each have different advantages.

AUBURN NEWS

BLACKSTONE VALLEY TRIBUNE

SPENCER NEW LEADER

Friday, November 25, 2016

Southbridge News Sturbridge Villager Charlton Villager Webster Times



# Put A Great New Face On Your Fireplace

#### (NAPS)

Here's a hot tip from decorating experts: A small change can have a big effect on the look of a room.

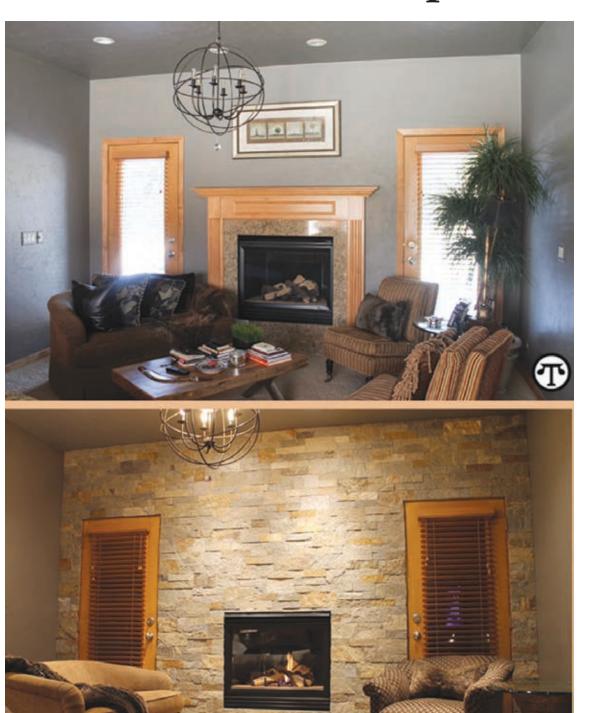
For example, consider refacing your fireplace. It's as easy to do as changing your kitchen countertops—and with today's natural thin stone veneers, it's also cost effective. That's because when you're looking for materials that are beautiful, durable and versatile, natural thin stone veneer can be a surprisingly affordable choice, which can even help to raise the resale value of your home.

From the Pyramids to the Parthenon, natural stone has long provided aspirational design and durability. Now, natural thin stone veneer can be cut from 100 percent natural quarried stone... so even a thin slice offers some of the same durability, low maintenance and aesthetic qualities of the thicker version. In addition, natural thin stone veneer is widely available. Because of its reduced weight, natural thin stone veneer is extremely versatile. It requires no additional foundation support and installs, often easily, over existing rigid materials such as brick and concrete block, turning a small remodeling project into one with impressive design results. Ninety-degree angles that can be cut from full-thickness stones are used in corner applications, concealing the true thickness of the stone. The overall cost-effective result is a unique fireplace that looks like a traditional full-thickness installation.

stone types, including limestone, granite, bluestone, sandstone and quartzite, and is available in a wide variety of styles, textures, cuts and colors, making it easy to integrate into existing design schemes from modern to traditional.

What's more, unlike its manmade counterparts, natural thin stone veneer doesn't fade in color, so your fireplace will maintain its lasting beauty.

Because custom or one-ofa-kind products often come with a hefty price tag, homeowners are generally unwilling to splurge on renovations. However, because stone is a natural, nonmanufactured product, no two pieces are exactly alike-offering a custom look every time. Natural thin stone veneer makes this opportunity one step more convenient, as it gives you the custom-made look in a most cost-efficient application. For those who are eco conscious, natural thin stone veneer offers many sustainable attributes. It is also virtually maintenance-free, which will allow you to spend less time worrying and more time enjoying your "new" fireplace with family and friends.



Natural thin stone veneer is available in a multitude of

#### LEARN MORE

For more information about natural thin stone veneer, visit the Natural Stone Resource Library page on the www.usenaturalstone.com website.

Photo courtesy of Natural Stone Veneers International.

A new look for your fireplace can help you warm up to the room all over again.

Stone: Copper Ledgestone.

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