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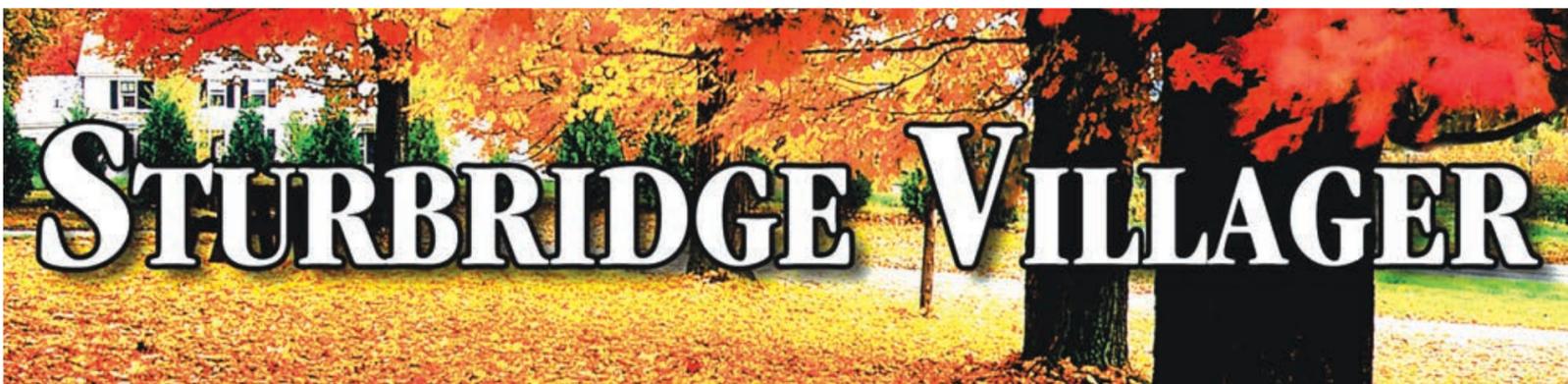
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Friday, September 21, 2018

First annual Ox Trot 5k a success

BY SARAH CHAMPAGNE
STONEBRIDGE CORRESPONDENT

Old Sturbridge Academy had great weather for its first annual Ox Trot 5k fundraiser Saturday, Sept. 8, avoiding rain or extreme temperatures. Organizers issued 174 registration bibs that would go through the finish line, including both runners and walkers. Some teams of walkers were represented by a single bib, so the total number of participants was closer to 200 people. The event also included a "kids' fun run" on the Old Sturbridge Village common before the race began.

A variety of sponsors contributed to the event, including title sponsor B.T.'s Smokehouse.

Please Read **5K**, page **A17**



Sarah Champagne photos

Scholars of Old Sturbridge Academy handed out medals at the finish line to participants.

Former owner of Enrico's pleads guilty to cheating on taxes

BY ANNIE SANDOLI
VILLAGER CORRESPONDENT

STURBRIDGE — The former owner of Enrico's Brick Oven Pizzeria pleaded guilty on Friday, Sept. 7 to failing to pay \$114,780 in state and local meals taxes collected from customers and filing inaccurate Massachusetts meals tax returns.

According to the office of

Attorney General Maura Healy, Theodore T. Metaxas, who managed and later owned the restaurant and bar, was charged with one count of willful failure to account and pay over tax in violation of Title 26 U.S. Code Section 7202 and one count of willful delivery of a false tax return

Please Read **ENRICO'S**, page **A17**

First year of Farmer's Market a success

BY ANNIE SANDOLI
VILLAGER CORRESPONDENT

The Sturbridge Farmer's Market has had a successful first year, crowding Sturbridge Common with local farmers and artisans every Sunday from 10 a.m.-2 p.m. during the months of June through September.

The market was created earlier this year to encourage local food growers and artisans and strengthen the community by providing a healthy outdoor activity. It includes more than 20 vendors each week, selling everything from organic produce and homemade ice cream to essential oils and handmade soaps.

"It has brought the community together," said Lisa Beaudin, who helps manage the Sturbridge Farmer's Market. "I've lived in

Please Read **FARMERS MARKET**, page **A5**



Annie Sandoli photos

Cara Germain and Michael Zueger, owners of Free Living Farm at their booth.



Sarah Champagne photos

Jim Waddick, Joe Coan, Roberta Watson, Bill Pioppi and Ron Delage pose in front of the Saint John Paul II Food Pantry truck.

Collaborative includes Sturbridge gardens

BY SARAH CHAMPAGNE
STONEBRIDGE CORRESPONDENT

The Head Cabbage, the Beet Guy, Mr. Potato and Lettuce Tell All gathered with others Monday, Sept. 10 to discuss their successful first year at Sturbridge's Community Food Collaborative, located at 8 Maple St. behind the Sturbridge town hall. The group gathered under a canopy, to shield from the approaching rain, to celebrate and review the successful growing season.

Those are the humorous names adopted by the leaders of the collaborative. President

Joe Coan is The Head Cabbage, James Waddick is Beet Guy, public relations coordinator Pauline White is Lettuce Tell All and Bill Pioppi, Saint John Paul II food pantry coordinator is Mr. Potato. The funny names fit the friendly and positive outlook of the group, which began conceptually in 2017 and started its first growing season in spring 2018.

The Community Food Collaborative has guided the growth of a variety of fresh fruits and vegetables this past year to benefit part-

Please Read **COLLABORATIVE**, page **A15**

Exploring the Franco-American community

Felix Gatineau's History of Franco-Americans of Southbridge Massachusetts, originally written in French in 199, has recently been translated into English for the first time by Dr. Elizabeth Blood of Salem State University and published by Via Applla Press.

In recognition, a special presentation is planned Thursday, Sept. 27 at 6:30 p.m. at Jacob Edwards Library at 6:30 p.m. with Dr. Blood describing the life for the immigrants of the era.

Between 1840 and 1930, approximately one million

French Canadians immigrated to the United States, the vast majority of them settling in New England. In Southbridge a century ago, when state Representative Felix Gatineau published his important chron-

Please Read **COMMUNITY**, page **A10**

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Sturbridge's Suprenant lucky winner at Sheriff's picnic

Worcester County Sheriff Lew Evangelidis had the distinct pleasure of hosting more than eleven hundred senior citizens from throughout Worcester County for the Sheriff's annual Senior Picnic held Aug. 18th at SAC Park in Shrewsbury. The Sheriff's picnic has become a highly anticipated and beloved annual event for the county's senior community and this year drew a record crowd.

"As Sheriff hosting the annual senior picnic is one of the biggest highlights of the year, it's always a great honor to give back to our seniors who have given so much to their communities. We are thrilled it has become such a beloved annual tradition and it's fantastic to see along with a record turnout, everyone having such a great time," said Evangelidis.

The picnic was sponsored by the Worcester County Reserve Deputy

Sheriff's Association including donations by many local businesses and featured a traditional barbecue menu, cash bingo, raffle prizes, complimentary gift bags and music entertainment. Over 250 volunteers, including over 100 members of the Nichols College football team, were also on hand to assist with the high turnout. The Sheriff also provided inmate labor to assist with the set up and break down of the highly attended event.

The many Bingo winners from the day's event also included Sturbridge resident Donald Suprenant, a World War II veteran.

"There is so much fun and excitement and with this year's unbelievable turnout, as Sheriff I am already looking forward to planning the Senior Picnic for next year," said Evangelidis.



Courtesy photo

Donald Suprenant of Sturbridge is pictured with Worcester County Sheriff Lew Evangelidis. Suprenant, a World War II veteran, was a lucky Bingo winner at the Sheriff's annual Senior Picnic held recently at SAC Park in Shrewsbury.

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developing technology. We can expect more electrification of the autos of the future. Ford is developing and introduced conventional Hybrid, plug-in Hybrid and all electric vehicles like our Focus and Fusion of today and upcoming versions of the Explorer and iconic Mustang. New unnamed models will likely blend all of this technology and some yet to be developed. There is speculation that concepts that show fully autonomous vehicles and even those that fly short distances will be entering the market in the foreseeable future. The future of automobiles looks to be an exciting one. Many things only dreamt of in SCI-Fi books are becoming reality just like much of today's reality was only dreamt of when Henry Ford built his first mass produced automobile.

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STURBRIDGE SNIPPETS

SALUTE TO BOOKS DANCE
The Hayloft Steppers Square Dance Club is holding a "Salute to Books" dance on Saturday, Sept. 29 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Dave Perrault and the cuer will be Bev Boudreau. Admission is \$9 per person. For more information on our Beginner Classes, please call Moe @ (508)344-3430 or Deanna @ (413)436-7849. or visit our website @ www.hayloftsteppers.org. The club is located at 232 Podunk Road in Sturbridge.

HAYLOFT PLANS
The Hayloft Steppers Square Dance Club is holding the following dances in the months of October and November.

"Parade of Costumes" Hayloft Steppers dance on Saturday, Oct. 27 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Matt McGovern and the cuer will be Birgit Maguire. Admission is \$9 per person. The club is located at 232 Podunk Road in Sturbridge. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

"Harvest Ball" Hay Loft Steppers dance on Saturday, Nov. 3 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Bob Butler and the cuer will be Harriett Clarke. Admission is

\$9 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

"Advanced Level" Hayloft Steppers dance on Sunday, Nov. 18 from 2:00-4:30 pm (No Rounds). The caller will be Kevin Bersing. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

"Pie Night" Hayloft Steppers dance on Saturday, Nov. 24 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Darrell Sprague and the cuer will be Roy Williams. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

"Special Fund Raiser" Hayloft Steppers Mainstream/Plus dance on Sunday, Nov. 25 from 2:30-5:00 pm. (early rounds at 2:00) Various callers from OCCA and the cuer will be Roy Williams. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

First meeting planned

The Sturbridge Historical Society will hold its first meeting of the 2018-19 year on Thursday Sept. 27 at 7:00 pm at the Publick House Historic Inn on Sturbridge Common. The guest speaker will be Tom Kelleher; historian and curator of mechanical arts at the Old Sturbridge Village. Tom will talk about early New England country stores. Shopping is today the great American

Pastime. Whether at our shopping malls, boutique shops, on-line or big box stores, we are a nation of consumers with insatiable appetites.

The roots of this trait started when the working farm that produced enough to provide for one's family was no longer enough as the 19th century advanced. What was once for the rich became necessities of most and the essential aspect of this phenomenon was the country store bringing thousands of goods from around the globe into almost every rural community.

In his role at Old Sturbridge Village, Tom has worn many hats both literally and figuratively for over 30 years. He is currently president of the International Association for Living History Farm and Agricultural Museums and has taught and demonstrated at museums and historical societies around the country. Tom holds a Master's in history from the University of Connecticut and writes often for a variety of magazines and journals, including Early American Life.

Society meetings are free of with coffee, dessert and meeting room provided by innkeeper Michael Glick. Our sincere thanks go out to Mr. Glick.

Society annual dues are \$10. Meetings are held September through May on the fourth Thursday of the month except November and December. November meeting is held on the first Thursday in December.

All meetings start at 7:00 pm. Public is welcome

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Cahill named UNICEF Club advisor

CHARLTON — Cheryl Cahill, MSN Ed, RN, of Oxford, an adjunct faculty at Bay Path RVTHS Practical Nursing Academy, was named UNICEF Club advisor.



Cheryl Cahill RN

The distinct honor of becoming UNICEF Club advisor recognizes Cahill's experience and successful stint as a staff nurse, pediatric emergency room (2006-15) and staff nurse at the adult emergency room at UMass Memorial Medical Center.

"We are pleased to recognize Professor Cahill's spirit of volunteerism," said Gretheline Bolandrina MSN Ed, RN, CRRN Academy director. "Professor Cahill is among the most respected faculty and is a trusted advisor and mentor to students and alumni alike. Being named

UNICEF Club Advisor solidifies Professor Cahill's commitment to practical nursing education, we are proud of her

and value her time, practice, and experience."

When asked about her role as UNICEF advisor, Cahill replied, "Being named advisor from an institution as well respected as UNICEF and working with practical nursing student leaders at Bay Path is quite an honor. All of us at Bay Path PN Academy are lucky to have the opportunity to influence future nurses as we strive to provide the highest level of practical nursing education."

The UNICEF Clubs program is a youth led grassroots movement rooted in a belief that high school and college students in the United States have a vital role to play as the voice for children everywhere. UNICEF Clubs partner with UNICEF USA to activate

their local community by advocating, building community, fundraising, and speaking out for UNICEF's child survival work in over 190 countries. It is UNICEF USA's goal to empower youth in the United States with the resources and skills to be effective global citizens - thinking globally and acting locally for the world's most vulnerable children. www.unicefusa.org

Founded in 2009, Bay Path Practical Nursing Academy is a 40-week, (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates



ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4140 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

receive a practical nursing certificate and are eligible to take the NCLEX-PN licensure exam. www.baypath.net

Breast cancer expo scheduled in Sturbridge

BY ANNIE SANDOLI
VILLAGER CORRESPONDENT

STURBRIDGE — An integrative therapies expo for breast cancer patients, survivors, and their loved ones is set to take place at Sturbridge Host Hotel and Conference Center on Sunday, Sept. 23 from 1-5 pm.

The expo is run by PinkHippy.org, a 501(c)(3) nonprofit organization that strives to help anyone affected by cancer by offering services to calm, relieve, and bring healing to participants.

"There are so many people out there whose lives are touched by cancer, whether they were diagnosed or it's a family member or a friend," said Del Bachand, president of the board of directors for PinkHippy.org and a cancer survivor.

Although PinkHippy.org began about five years ago as a breast cancer organization run by community members who have been affected by the illness in some way, it is very inclusive and

provides support for all cancer patients, survivors, and their families through offering services including oncology message, restorative yoga, reflexology, lymphedema, acupuncture, meditation, hypnosis, reiki, aromatherapy, music therapy, and skincare.

"There was not any organization like this in central Massachusetts or northern Connecticut, so we formed, offered services, and decided to provide them free of charge," said Bachand. "We quickly found that there were a lot of patients in the area and we couldn't turn any of them away, so even though our expertise is on breast cancer, we serve all cancer patients and those with other illnesses."

The upcoming expo is for anyone who wants to learn about the services available or try services they might be curious about. The providers of the services are all trained professionals that PinkHippy.org seeks out and pays to perform the services so that people who are looking for help don't have to

worry about expenses or searching for good resources.

"It's not just for people who are sick," said Bachand. "A lot of people are just looking for additional resources than what's out there and they may be a little nervous because they've heard about them and don't know a lot about them. This gives them the chance to talk to trained practitioners who are specialists in their field and to try some of them."

Included in this year's expo is a music healing concert, featuring a local Native American flute player, healthy food, and trials of the various holistic services.

"They can sit down and get a message or have an acupuncture session," said Bachand. "They can try reflexology and meditation. There's going to be little mini workshops and sessions on all of the therapies."

The expo had an amazing turnout last year and is expected to have an even better turnout this year. It is entirely

covered by sponsors, and participants are encouraged to spend the afternoon there so they don't miss ongoing events.

"We hope that even if you yourself aren't affected by a debilitating illness that you may know of someone, so you either come and learn about it so you can pass on the info, or better yet bring someone with you who may need the services."

Because PinkHippy.org is based on volunteer work, it is always looking for people to dedicate their time. Volunteers may help with things such as making deliveries to the hospitals, disseminating information, running community events, helping to sew seat-belt pillows that are given to chemotherapy patients.

"If you're willing to volunteer, we will find something that fits what you want to do," said Bachand.

For more information about the expo or the organization, or to volunteer, visit PinkHippy.org.

Woman charged with federal theft

RECEIVED BENEFITS DESIGNATED FOR A CHILD
NO LONGER IN HER CUSTODY

BOSTON — A Sturbridge woman was charged in federal court in Worcester Sept. 10 in connection with receiving government funds for a disabled child who was no longer in her custody.

Tanya Chobot, age 31, was charged with one count of government theft and one count of making a false statement to the Social Security Administration. She was expected to appear in federal court in Worcester.

According to the charging documents, Chobot accepted more than \$23,000 in Social Security disability payments on behalf of her biological child, but did not have custody or provide care to the child. On multiple occasions between 2011 and 2017, Chobot made materially false and fraudulent statements to Social Security to facilitate her continued receipt of the funds. For example, in October 2013, Chobot sub-

mitted a report to Social Security that falsely indicated that the child lived with her and that she had used money from Social Security for the support of the child. Chobot did not in fact use the Social Security payments made on behalf of the child for that child's benefit.

The charge of theft of government funds provides for a sentence of no greater than 10 years in prison and the charge of making a false statement provides for a sentence of no greater than five years in prison. Each charge provides for up to three years of supervised release and a fine of \$250,000. Sentences are imposed by a federal district court judge based on the U.S. Sentencing Guidelines and other statutory factors.

United States Attorney Andrew E. Lelling and Scott Antolik, special agent in charge of the Social Security

Administration, Office of Inspector General, Office of Investigations, Boston Field Division, made the announcement today. Assistant U.S. Attorney Bill Abely of Lelling's Worcester branch office is prosecuting the case.

The details contained in the charging documents are allegations. The defendant is presumed innocent unless and until proven guilty beyond a reasonable doubt in a court of law.

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September Real Estate Market Update

According to Bankrate.com as of 09/10/2018 the rate on a 30 year fixed loan was 4.46%. We are continuing to see a very hot Real Estate Market. Homes that are staged well and priced well are still moving quickly. Every month we are continuing to see inventory rise which will slow down the market as buyers have more choices on what to buy and will not need to make such a quick decision.

Today we have 2165 single family homes for sale in Worcester County compared to

6 months ago where we had 1188 single homes for sale. 12 months ago we had 1964 homes for sale which shows a more than 10% increase in inventory compared to the same day 12 months ago. The average days on market is currently 98 days which has been reasonably stable over the last few months. This means the home are continuing to sell in a reasonably timeframe even with inventory rising. If we look at homes sold over past 12 months compared to the same time for



REALTOR'S
REPORT

JAMES
BLACK

the previous year there is a small increase in sales of 1.4% and a 5.6% increase in average sales price while it is taking 14.9% less time to sell the homes this year than last year

in Worcester County. This shows that prices are still rising and homes are still selling quicker than a year ago. Every month I keep saying the same thing, that inventory is rising but prices are still rising as well as homes selling quicker. This shows the rise in inventory has not negatively affected our market yet.

It is important to hire a Realtor familiar with your market especially in a market that is changing almost by the day.

I would beware of prices ahead of the market even though prices have been increasing you don't want to get caught in a shift in the market. If you price the home correctly you will get a price that is higher than if you price high hoping to get a higher price. This is due to even though inventory is rising, for the right homes that show well, we are still getting multiple offers driving the price sometimes higher than what a bank appraiser can justify.

Restoring respect through self defense

I, like most women, have been attacked. I have been hurt, threatened, mistreated, and made to fear for my life. I have always wanted to take a self-defense class and McCoy's Action Karate in Auburn made this possible.



MASCHI
MASH UPS

KIMBERLY
MASCHI

to guard, and much more. But, this system is like no other in one main aspect; it teaches you that you are worth protecting. Yes, there are exercises and we practice moves on each other but what truly makes this class inspiring is how it makes you think.

From Katarina herself, "I designed this course with women in mind. (It is to) restore their self-worth and sense of connection through an accepting and supportive community of women that foster love and respect."

Where I thought I would just be learning some defensive moves, I was also learning more about myself and the amazing women around me.

The class started with introductions and greetings from teachers and students. Next, we started on a few moves. We would use our elbows, pull down to our knees, push out kicks, and wind up blocks. After three rounds we then partnered up and would use the same exercises that were all cleverly designed for self-defense. It felt natural to block and push and hit after the muscle memory was already there from the exercises. Each move was easy to remember and showed purpose in defense.

The motto for this class is "fitness with purpose" and it made complete and total sense. We learned what to do if someone came at us from



Kim Maschi photo

McCoy Karate and its women's practical self defense course teaches more than moves.

the side. We learned moves to protect ourselves if someone came charging head on, and further into the program we would learn more moves to protect ourselves and our loved ones.

It was at the end of class where I, and those around me, saw just how valuable this knowledge is and how valuable we are.

"Why are we here?" asks Barbi McCoy, owner of the gym with her mother Anne McCoy.

We all had different answers in the beginning of this class. We wanted to be able to protect our children. We wanted to be able to grow stronger. We wanted to learn more about ourselves.

At the end of class is where we learned the most important lesson. Not hitting or punching. But loving and respecting ourselves and others around us.

"Together we are stronger. Together we are unstoppable," says McCoy.

Those who have been through the 8-week course share how it changed their lives. Many lost weight and gained confidence. One woman stated that she developed mindful habits. She learned to take care of herself and that she was worth respect from herself and others.

This class started me out on a sub-level of defense. A level I did not realize needed attention until this class.

I am worth protecting.

I need to respect myself as much as I respect others.

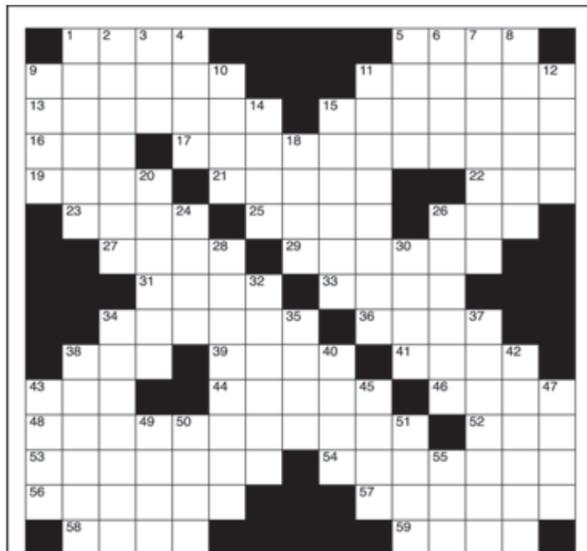
I am not less, I am not a victim, I am a survivor.

"Despite how beat up you are or how many times you have been hurt. You are still you," says McCoy.

What happens to us does not define who we are. The women at McCoy's know this and they want to help other women accept that they are worth the time, energy, and effort into themselves and their right to protect themselves and others. Barbi McCoy, through fierce dedication to this program and love for each woman in attendance showed us that it is not just about the maneuvers and blocks, but it is our inner strength and dedication to ourselves that makes us strong.

"If my words bring hope. I did the right thing," says Barbi McCoy.

McCoy's Action Karate is located on 770 Southbridge St. in Auburn. They have many classes for anyone two and a half years and older. Katarina's HIIT&RUN class is eight weeks and is accessibly scheduled around school, summer, and holiday breaks. Each week has a challenge, each class has a lesson deeper than defense. Phone number for McCoy's is (508) 832-4110, website is Mccoysactionkarate.com and follow them on Facebook.



CLUES ACROSS

- 1. A greeting
- 5. A type of hall
- 9. Planes need one
- 11. Wealth
- 13. The act of exciting
- 15. A movement downward
- 16. Type of storage
- 17. A funny and sad play
- 19. After cinco
- 21. Dry white Italian wine
- 22. Where golfers begin
- 23. Witnesses
- 25. Relaxing places
- 26. Of she
- 27. Discontinued compact car
- 29. Resulted
- 31. Large Irish castle
- 33. Offer for a price
- 34. One type is Irish
- 36. Free-swimming invertebrate
- 38. A type of tale
- 39. The middle of the month
- 41. Christmas
- 43. '___ death do us part
- 44. Goes with Gomorrah
- 46. Ethnic group of Thailand
- 48. "Grown Ups" funnyman
- 52. A type of index
- 53. A mass of rocks
- 54. Splashed
- 56. Kids' playground necessities
- 57. Sears and London are two
- 58. Strip of cloth
- 59. Church

CLUES DOWN

- 1. Progressive decay of a bone or tooth
- 2. Deliberately contrary events
- 3. Unit of mass
- 4. Kiln
- 5. Soybean paste
- 6. Electronic counter-countermeasures
- 7. Made the bed
- 8. One who mails
- 9. Bar bills
- 10. Automotive vehicles
- 11. Breaks
- 12. Swelling of the eyelid
- 14. Asian country
- 15. Couches
- 18. Stare with mouth wide open
- 20. Member of U.S. Navy
- 24. A sulk
- 26. Greetings
- 28. Craftsmen
- 30. Mongolian city ___ Bator
- 32. Did again
- 34. Sunrooms
- 35. Start over
- 37. Georgians love them
- 38. Women
- 40. "Snake Tales" cartoonist
- 42. Pariahs
- 43. Caps
- 45. Gradually become less solid
- 47. Goats
- 49. French city Le ___
- 50. Exhale
- 51. Homes have at least one
- 55. Type of power cable

Art guild seeking submissions

The Massasoit Art Guild will be holding its 15th annual Art Show at the town hall in Spencer on Saturday and Sunday, the 13th and 14th of October. The non-juried show is open to all artists who are members of the Massasoit Art Guild as of the first of Sept. 23.

There are 10 categories of entries: oils, watercolors, acrylics, traditional photography, digitally altered photography, digitally created art, pastels, drawings and prints, 3D and mixed media. Up to five entries per person total, however, the fifth piece is accepted based on hanging space availability. The entry fee is \$5 for each entry (non-refundable). However, if we do not have enough room for the fifth piece, you will be notified and reimbursed.

This year at the MAG art show there will be a Special Purchase Prize of \$400 offered by a generous donor for a piece of artwork representing a Spencer scene. The chosen piece will be displayed in a Spencer public building. You may enter one or more pieces in the running for this special prize, just make sure you check off which ones will be considered on your entry form.

Also, cash prizes will be award in all categories chosen by an independent judge.

All work entered into the show must be framed and wired for hanging. A membership fee of \$30 may be included with the show entry application for new members. A group of sales tables will be provided by the guild and attended by guild members during the show. In order to sell items you must sign up for a 2-hour shift. Applications are available at the libraries in Spencer, North Brookfield, and East Brookfield. For further information, or to obtain an application visit the guild's website at www.massasoitartguild.com or email MAG president Amanda Delanski at amanda.delanski@gmail.com and at various local businesses.

The Massasoit Art Guild has members from all over central Massachusetts, representing over 23 communities in the region, including: Auburn, Barre, Brimfield, Brookfield, Dudley, East Brookfield, Framingham, Holden, Holland, Leicester, North Brookfield, New Braintree, Oxford, Paxton, Princeton, Rochdale, Southbridge, Sturbridge, Spencer, West Brookfield, Ware, and Worcester. This program is supported in part by a grant from the (name of local cultural council), a local agency which is supported by the Mass Cultural Council, a state agency.

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Library hosts forum on modern scams and frauds

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – In this digital age frauds and scamming are becoming somewhat of an epidemic with the internet and social media opening up new doors for entities looking to take advantage of unsuspecting victims in a variety of new and creative ways.

It's an issue that both the Charlton Police Department and the employees of Cornerstone Bank are familiar with, which is why the two groups have come together to present details about new age financial scams through public forums, including a presentation at the Charlton Public Library Sept. 13.

Cornerstone Bank Charlton Branch Manager Sabrina Webb and Charlton Police Detective Jason White were on hand to present information meant to educate locals on how to identify and respond to frauds with the hope that victims will not be shy about reporting these situations should the need arise. Webb said Cornerstone Bank has seen an alarming number of these fraud cases come through, and their hope is that they can put a stop

to this disturbing trend and inspire people to take action when they feel they are being wronged.

"We're seeing a huge increase in fraud and at the bank we see a lot of victims. We're trying to get information out there so we can lower that number, and hopefully prevent it as much as we can. We touch on identity theft, lottery checks, romance scams, internet fraud, auto loans and things like that," said Webb. "We're trying to really reduce the number of victims we have because unfortunately once checks are negotiated if the story isn't shared with us and we're unable to prevent it, then those victims are out money and they owe the money back. It's not just seniors either. We're finding younger kids are victims as well to employment scams."

White has seen many fraud cases come through the Charlton Police Department in recent years with as many as four Social Security scam alerts reported to their department on the day of the presentation alone. He said his goal is to make sure that people know that they can, and

should, approach police if they feel something is amiss; and while it might be an uncomfortable experience, his department does its best to make each victim feel like they are being helped and not punished for making a simple mistake.

"If someone has been the victim of fraud they come to the police department and we try to make them feel as comfortable as possible. We sit them down and go through the identity theft package with them so they know what steps to take with the federal commission and how to go about fixing their credit. We try to follow up with any investigations we can do within our scope. If it's not within our scope we try to pass it along more federally. We try to educate people in internal fraud, like a family matter, and how to go about that because people's feelings get hurt and if they don't want to go forward and prosecute maybe we can work something out. In the end, it's a lesson learned and we want to help them through that," White said.

Both Webb and White stressed the importance of stepping forward and reporting any fraud or scam because

waiting too long could result in permanent debt or loss of cash. Sometimes this includes cashing a fraudulent check and other times it includes being scammed out of money for a nonexistent service. Both said the public forums are important ways to spread information and awareness about these issues and White hopes it will help people feel more confident in knowing that these scams and frauds are taken seriously and that the victim should not be afraid or embarrassed to come forward regardless of the situation.

"We want to make sure people feel comfortable reporting these things. A lot of time the people we see are embarrassed. We don't want you to feel that way. We want you to come in and talk to us. We've seen it before. We try to get through it. That's why we help with our identity theft package. We want to get them on target with who they need to call and contact. Bring it up to us, let us see any fraudulent checks. We want to help you," the detective said.

If you do believe you have experienced a scam or fraud it is recommended that you



Jason Bleau photo

Cornerstone Bank Charlton Branch Manager Sabrina Webb and Charlton Police Detective Jason White present details on modern scams and fraud

waste no time bringing the situation to police or your local bank and making them aware of the situation immediately. Action is the best way to get results and maybe even bring scammers to justice to prevent others from experiencing a similar situation in the future.

FARMERS MARKET

continued from page 1

town for 18 years, and I've met more people this summer than ever. We've noticed a lot of repeat customers. There are those people who are here right at 10 a.m., who whip in and do their shopping and leave, and then there are people who come after church and hang out and listen to the music."

More than 60 vendors applied to participate in the first year of the farmer's market free of charge, and the majority were satisfied with the outcome, many setting up to sell their goods on a weekly basis. This year's vendors include Free Living Farm, Hunt Road Berry Farm, Revive Coffee Roaster, Thompson's Maple Farm, Echo Farm, Giacomo's Gourmet Foods, Bee Mindful Skin Care, Meadow Stone Farm Artisan Cheese, Crust Bakeshop, and Just a Nibble.

Cara Germain and Michael Zueger own Free Living Farm out of Brookfield, and have been at the Sturbridge Farmer's Market since the start of the season.

"It's been amazing," said Germain. "We grow organic vegetables on a half acre, and we bring as much as we can. The response from people in town and people outside of town who come here has been awesome. They love that we are here and bringing fresh produce. They love this market and we love this market. It's more than just going to the grocery store. It's an outing, it's an event, it's something that people look forward to every Sunday."

Whitney Deciccio owns Abundance Family Farm out of Charlton, and believes that Sturbridge is the perfect place for this new tradition.

"It's been great," she said. "I feel like Sturbridge has wanted something like this for a very long time. People in this town are foodies and really like local food and buying from local vendors, so it has been a very good community-oriented program."

Nicole Latch, owner of Just a Nibble home bakery out of Sturbridge, has set up at the market most weeks this season and has had a lot of positive feedback from customers.

"Everyone I've talked to has been looking for something like this and are all pretty excited to have it every week," she said.

The farmer's market includes live music every week during the second half of the gathering. All the musicians this year have been volunteers, including musical acts Sarah Huber and Haphazard Jazz.

"The music gets everyone going," said Beaudin. "Once it starts, there's a lot more activity."

The Sturbridge Farmer's Market has undoubtedly been a success and plans to open again at the same time next year.

"We will be here," said Beaudin. "We just did a vendor survey and 95 percent of the respondents said they would be back next year."

The last day of the 2018 Sturbridge Farmer's Market is Sept. 30th, and vendor applications for next year will be available in early 2019.



A variety of vendors set up each time.



Hunt Road Berry Farm of West Brookfield are regulars at the Sturbridge Farmers Market.



Welcome to the market.

Friday's Child



Lorraine and Paul
Ages: 9 and 11

Hi! Our names are Lorraine and Paul and we can't wait to be adopted together!

Lorraine and Paul are an African American sibling group who hope to be adopted together by a warm and welcoming family! Lorraine is ten-year old girl who does very well in school. Lorraine also has made several close friends in class, and easily communicates with her peers. One of her favorite activities is reading. She especially loves Harry Potter. When Lorraine grows up, she wants to be an Exotic Veterinarian, so she can care for a large array of animals in need!

Paul is a sweet eight-year old boy who is very engaging. He is very talkative and loves to learn new information. Paul finds a lot of enjoyment from

building with Legos, and creating large structures. He also enjoys playing video games at home

Legally freed for adoption, these siblings have no preference of family constellation. Both children would benefit from a family who could supply a consistent and structured environment. Stability and routine would be key in continuing this sibling groups positive development.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

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Old Sturbridge Village celebrates Festival of New England Makers

BY ANNIE SANDOLI
VILLAGER CORRESPONDENT

A celebration of artisans last weekend showcased New England artistry from the 19th century throughout the village and taking a hands-on approach to teaching guests about the history of trade skills.

The event happens annually and involves live demonstrations of traditional, period-relevant crafts, including etching, printing, spinning, woodworking, and shoemaking.

“For this weekend, we really focus on getting as many skilled craftspeople as we can from our staff, and everywhere you go you’re going to see crafts being done of various kinds,” said Derek Heidemann, coordinator of men’s crafts at Old Sturbridge Village. “I always like to say that it’s our best people in our best places doing all the things the museum is known for.”

The event began in the 1990s, but died out and was revived about four years ago. In past years, independent artists were brought in for the weekend, but it now focuses on the museum’s own craftspeople by only inviting one outside craft group, The New England Lace Group, to showcase handmade lace in Bullard Tavern.

“Now we are really just purely looking at this events as what we can actually do here within the museum itself to promote craft and get people excited about all the crafts we do here,” said Heidemann.

The village crafts of the weekend included shoemaking in the Shoe Shop, printing and book binding in the Printing Office, quilting and yarn sewing in the Parsonage, dyeing woolens outside the Fenno Barn, basket making in the Small House, repairing a stake anvil in the Blacksmith Shop, and “Knitting for a Cause,” an interactive knitting activity that allowed visitors to help make scarves for American soldiers.

The event also features the firing of the 24-foot tall pottery kiln, which only happens once a year because it takes over 48 hours to heat up, reaching 1800 degrees. Over 1200 pottery items were in the kiln during the weekend.

“It’s really just a celebration of all the stuff that we’re doing every day,” said Heidemann. “We definitely don’t

always get the opportunity to have all these things happening on a daily basis. Any possible craft we have that ties in is featured this weekend.”

Although most the crafts that are shown during the Festival of New England makers all take place in the village on a regular basis, they are never all demonstrated on the same two days, making the event the ultimate time to visit the village.

“We always have the craft shops open,” said Heidemann. “Craft has always been a big part of what the museum is trying to do. This is our big push for the year for the most crafts we can possibly do, but all the shops will still be open and all the buildings and households will be operating and doing all sorts of crafts throughout the year. Craft is just what this event is all about.”

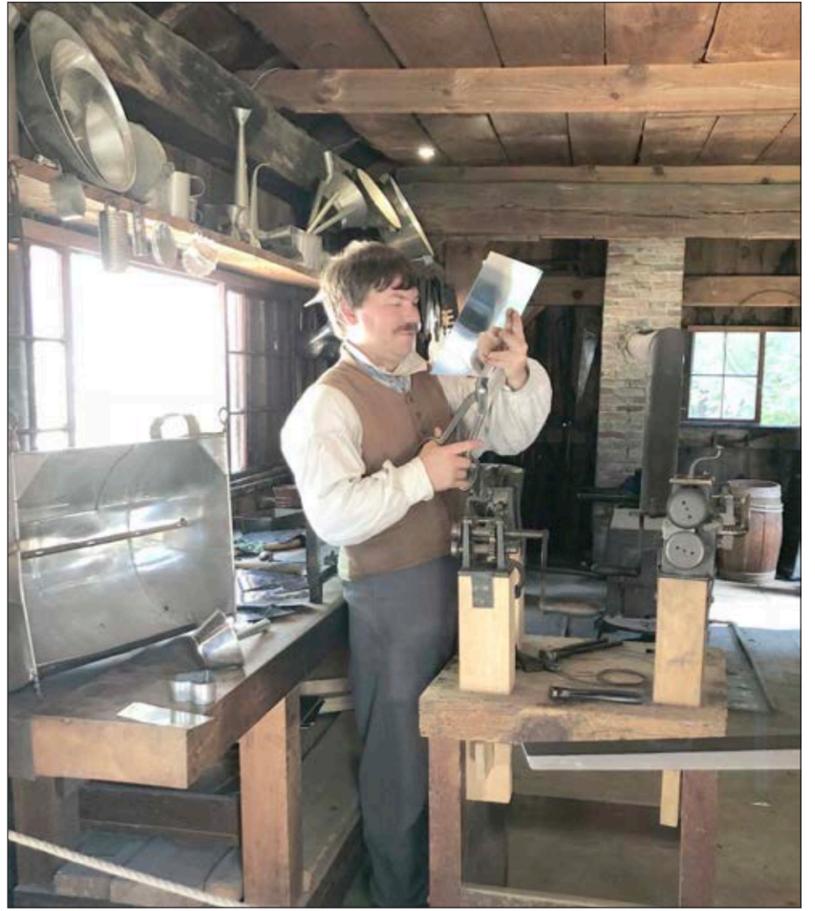
Jean Contino, the coordinator of households and domestic crafts at Old Sturbridge Village, spent her weekend focusing on the household trades, guiding a tour of 19th century quilts and demonstrating the process of making a coat.

“We wanted to be able to show some of the domestic crafts, so things that were done in this country and often done at home by ladies or family members,” she said. “Sometimes they’re done just for the family, but some things women might have been doing as a career.”

Contino said the weekend is very significant to her because Old Sturbridge Village is an educational institution with the purpose of sharing more about the past and how things were done long ago with visitors. It also gives her the opportunity to inspire people to try crafts or look up more information about trades.

“My goal is to peak that interest in people to make them want to look at things, even in the modern world, a little differently,” said Contino.

As New England’s largest living history museum, Old Sturbridge Village works to host hands-on learning events like the Festival of New England Makers. Upcoming events include Garden Thyme — Seed Saving: Methods for Harvesting, Preserving, Cleaning and Selecting Seed in the 19th Century on Sept. 22 and Apple and Agriculture Days during the first two weekends of October.



Making a tin baker.



The pottery kiln is only lit once a year.

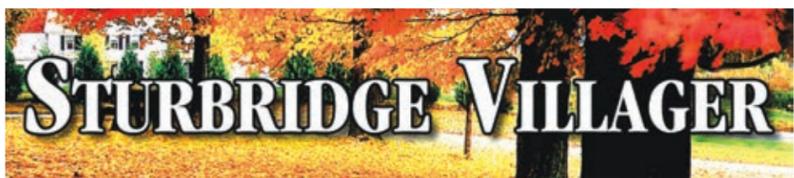
Annie Sandoli photos

➔ News Tip?

Story Idea? ←

➔ Reason to Celebrate? ←

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Knitting for a cause.



Shoemaking. Shoes were not designated as left or right foot, but perfectly rounded.



This technique is called yarn sewing or crewel.



Village blacksmith Derek Heidermann

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EDITORIAL

Living with fears

The incidents in the Merrimack Valley this week were stark reminders of modern age dangers we live with daily.

Pressurized natural gas, traveling underground even through country sides where it isn't piped into homes for use; surround us. (You've seen those odd candy cane "chimneys.") How safe are we from the possibility of the pipelines becoming unstable?

Or the regulating centers that control the pressure have no problems?

We admit to being fascinated by television shows like Life after People; showing how the breakdown of systems happen when humans no longer maintain or regulate.

Then we see slightly less explosive but no less damaging destruction when water mains and sewer pipes collapse, or when abandoned petroleum tanks rupture and leak the contents into surrounding soils.

Then there are collapsing bridges and roads.

These can claim lives; tragically.

We've seen sinkholes open up; underground fires smoldering unchecked; and the wildfires continue on.

Some of this is controllable of course; we as a society could focus on our infrastructure more; make the roads and bridges and pipes sturdier and safer.

We can regulate to death the industries that dig and delve under our earth and pull out both minerals and water; leaving behind the potential of collapse and explosion both.

And something like the gas pipelines are interconnected; albeit with a lot of regulation between and among the branches. So while the Merrimack Valley seems contained, it could have been far, far worse had the incident been further spreading.

Blame will be placed, and the infrastructure will most likely be the cause. The oversight of the various parts feeding into the situation will be examined closely and, we hope, be repaired and upgraded to the most modern and safe standards.

Then, we can again only hope, the rest of the interconnected system, from one end of the pipelines to the other, will be tested, examined and re-tested to be certain there is no possibility of a repeat.

Larger metropolitan areas like Boston and its closer suburbs are dependent on the natural gas pipelines. The fleets of oil trucks seen out here in the 'hinterlands' of the state are not a normal sight in the cities.

We did fight Kinder Morgan and the pipeline planned through our area, citing and rightly so, how it was not well planned, would disrupt much too much protected land and private land; and was in fact not actually needed.

Kinder Morgan changed the route.

But the company and its subsidiaries still insist the need continues to exist for an additional pipeline.

Not sure that is so, and with the activities just cited, if the companies can't keep up with the pipelines they have, why would we trust any of them with more?



TOUCH DOWN!
CHECK OUT
THE SPORTS ACTION!

OPINION

VIEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

LETTERS TO THE EDITOR

Powell: vote for my mm

To the Editor:
My mother, Joanne Powell, is running for Clerk of Courts for Worcester County. This will be the incumbent's first opponent in his two terms (12 years) in office.

One of my mother's main objectives is to save the Worcester County taxpayers money by using tax dollars more efficiently. She has proven her ability to increase the efficiency of government during her time at the Probate and Family Court. During her tenure there, she has been able to decrease the processing time from several weeks to just days without adding staff. She is someone who has spent her career practicing bipartisanship to help

the people of our county. As the next Clerk of Courts, I know that she will continue to interact with the public as she has been on the campaign trail. As I have seen firsthand during the campaign – and throughout my entire life – my mother loves to meet voters and discuss whatever issue they are most passionate about – and then take action to try to solve problems. My mother is the hardest worker I know, and will not let you down while serving as your next Clerk of Courts for Worcester County. Please join me in showing your support by voting for Joanne Powell on November 6th.

MATT POWELL
CHARLTON

How can life insurance help you?

You may not be aware of it, but September is Life Insurance Awareness Month. Of course, you proba-



FINANCIAL FOCUS
JEFF BURDICK

bly recognize, at least in a general sense, the importance of

life insurance, but do you know the various ways in which it can help you?

Life insurance can play a sizable role in your ability to achieve some important financial goals, such as these:

Helping your family maintain its lifestyle – If you are married and have young children at home, you and your spouse may need to work. If you were no longer around and your earnings were gone, could your family still afford to live as they do now? Adequate life insurance can help them preserve their lifestyle.

Helping your children continue their education – Even if you weren't planning to foot the entire bill for your children's college education, you still might be doing what you can, such as contributing to a 529 education savings plan. If your income was lost, could your family still afford to continue these contributions? With enough life insurance, you can improve the chances that your children will at least get some financial help for college or vocational training.

Helping your survivors pay off debts – Are all your debts paid off? If not, you could be leaving your family on the hook for some of them, such as credit cards and car loans – not to mention your mortgage. Also, as uncomfortable as it may be to consider it, funeral and burial costs can easily run into the thousands. The proceeds of your life insurance policy can help pay down debts, handle your final expenses – and relieve your family of costly burdens.

Helping your spouse build resources for retirement – It's almost impossible for most of us to save too much for retirement. Your spouse may already have some retirement accounts, such as a 401(k) and an IRA, but will these be enough to sustain a long retirement? Through life insurance, you can potentially add significant amounts to your spouse's retirement assets.

As we've seen, you can accomplish a lot with life insurance. But how much do you need?

If you want the appropriate amount of coverage, you should consider a variety of factors. How much do you earn? How much does your spouse earn? How many children do you have? How old are they? How much do you owe on your home? By answering these and other, similar questions, you can arrive at a coverage level that's suitable for your needs. Also, keep in mind that those needs will change – for example, if your children are grown and you've downsized your living arrangements, you may require less insurance than at earlier times in your life.

Life Insurance Awareness Month is a good time to remind yourself of the importance of insurance and of the need to own the correct amount. So, review your coverage soon – after all, you can't predict the future, but you can still prepare for it.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com

Fall leaf peeping primer

Each year Mother Nature puts on a spectacular show across New England. Blazing colors paint the landscape as lush crimson and gold canopies line the winding roads of our region. People travel from across the nation (and the world) to view the majestic foliage that is uniquely "New England."

While the highly anticipated show of colors typically arrive in mid- to late-September through October, it's impossible to accurately track the path of nature's paintbrush. Factors that affect the timing of autumn leaves changing colors include biology of the trees and environmental influences such as rainfall, sunshine and nutrients in the soil. Therefore, this week's column will offer some foliage facts and tracking tips:

The USDA Forest Service reports the three most important influences on fall foliage is a tree's particular leaf pigment, the length of night hours, and the weather.

As fall approaches and the nights are longer, production of chlorophyll (which accounts for the green in leaves) is slowed and eventually halted. It's during this time that the carotenoids (yellow, orange and brown) and anthocyanins (red) in the leaves are exposed. Autumn is when most of the anthocyanins are produced as the plant responds to sunshine and the stored plant sugars.

Other factors also affect the leaves' coloring, including the amount of rainfall in a season. According to the Forest Service a late spring or summertime drought can delay the time it takes for leaves to change color while a warm period during the autumn season can result in muted hues. In addition, heavy winds and rains can cause leaves to fall before they've changed color.

So what are the best weather conditions for show-stopping fall foliage?

"A warm wet spring, favorable summer weather, and warm sunny fall days with cool nights should produce the most brilliant autumn colors," the Forest Service reports.

It's obvious different species of trees typically turn a particular color. Most anticipated in New England is the sugar maple, which explodes in brilliant orange hues. Red maple trees turn scarlet as aspens and poplar add a rich gold color to the landscape. Oak trees offer bronze and brown leaves as black maples burst with bright yellow foliage.

During "peak" leaf peeping season, New England back roads, strewn with colorful fallen leaves, are a sight to behold. Thankfully, such scenes have been captured via a myriad of snapshots, picture postcards and calendar scenes.

Tracking the Trees: Timing when the trees will change color in New England has been a favorite pastime for generations of leaf peepers. Thanks to the internet, there are several "leaf tracking" sites that can help you plan a scenic autumn road trip.

*foliagenetwork.com: This website is an interactive foliage tracker that logs information from "foliage spotters" twice a week. It's a reliable tool to check before you head out on a sightseeing journey.

*yankeefoliage.com: From Yankee Magazine, this interactive website offers a "real time" foliage map that is updated even during off season. A peak foliage prediction map offers a "heads up" for leaf peepers. A foliage driving tour includes visuals that are live during peak foliage season. Want more? You can download Yankee's Leaf Peeper app for iPhone and Android for free!

*jeff-foliage.com: For those who need a "fall foliage fix", this website is all about the autumn landscape. From regional color updates and a fall foliage forum to spectacular landscape photography and foliage forecast, this is an informative and entertaining site.

*massvacation.com: As autumn nears, this site offers a foliage map of



TAKE THE HINT

KAREN TRAINOR

Massachusetts that highlights peak dates for statewide regions. A "must see" for those serious about viewing the color show at its peak.

Scenic Routes
The Massachusetts Bureau of Travel and Tourism has rounded up

top foliage destinations that include the following scenic routes that are a comfortable drive from our area.

Central Massachusetts: Enjoy superb color at a relaxed pace when you drive along the less frequently traveled routes to the Quabbin Reservoir: From Rt. 128, follow Rt. 117 to Stow, in the heart of apple country, then Rt. 62 South and west to Princeton. Turn north on the unnumbered route to Wachusett Mountain Reservation. There you can drive, hike or take a "sky-ride" to the summit for a sweeping view of the countryside. Return to Rt. 62 and head west to Barre, then south on Rt. 32 to Old Furnace Road. Follow the unnumbered road west to Hardwick. Turn north on Rt. 32A, which runs along the Quabbin Reservoir to Petersham. At Petersham follow Rt. 101 east through Templeton, Gardner and the Ashburnhams to the junction with Rt. 119. Head east on Rt. 119 through the Willard Brook State Forest in Ashby and Townsend.

Greater Springfield/Franklin County: The secondary roads of Rt. 116 and Rt. 9 wind through rolling countryside and hill towns. Rt. 116 passes through the picturesque towns of Conway and Ashfield; Rt. 9 leads through the village centers of Cummington and Goshen and the college towns of Northampton and Amherst. Scenic routes 143 and 112 travel through rolling New England countryside in the towns of Goshen, Chesterfield, Worthington and Huntington.

The Berkshires: Follow Rt. 7 north from Sheffield to Williamstown. Rt. 8 runs from Sandisfield to Dalton and is a superb route between two state forests. Rt. 183, from Great Barrington to Lenox, follows the Housatonic River and passes through small villages. Take Richmond Road, off Rt. 183, just south of Tanglewood, and stop at the overlook for views of Stockbridge Bowl and the southern Berkshire Hills. Rt. 43 East, off Rt. 7, is the lower road to Williamstown, and passes through lovely farmland. Rt. 23, from Great Barrington to Monterey, and then right onto Tyringham Road, takes you through the Tyringham Valley and eventually to Lee.

Mohawk Trail: The Mohawk Trail, which runs 63 miles along Rt. 2 from Orange to North Adams, is one of the state's most popular foliage routes. Excellent "up-country" viewing sites include: the Whitcomb Summit; the hairpin turn before North Adams; the 10-mile drive to the summit of Mt. Greylock; the French King Bridge, Millers Falls; the Bissell Covered Bridge, Charlemont; and the enchanting Bridge of Flowers, Shelburne Falls.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint! c/o Stonebridge Press, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

What I don't like about life in post-9/11 America

"A patriot must always be ready to defend his country against his government."

-Edward Abbey, American author

Life in a post-9/11 America increasingly feels like an endless free fall down a rabbit hole into a terrifying, dystopian alternative reality in which the citizenry has no rights, the government is no friend to freedom, and everything we ever knew and loved about the values and principles that once made this country great has been turned on its head.

We've walked a strange and harrowing road since September 11, 2001, littered with the debris of our once-vaunted liberties.

We have gone from a nation that took great pride in being a model of a representative democracy to being a model of how to persuade the citizenry to march in lockstep with a police state.

Osama Bin Laden right warned that "freedom and human rights in America are doomed. The U.S. government will lead the American people in — and the West in general — into an unbearable hell and a choking life."

These past 17 years have proven Bin Laden right in his prediction.

What began with the passage of the USA Patriot Act in October 2001 has snowballed into the eradication of every vital safeguard against government overreach, corruption and abuse.

The citizenry's unquestioning acquiescence to anything the government wants to do in exchange for the phantom promise of safety and security has resulted in a society where the nation is being locked down into a militarized, mechanized, hypersensitive, legalistic, self-righteous, goose-stepping antithesis of every principle upon which this nation was founded.

This is not freedom.

This is a jail cell.

Set against a backdrop of government surveillance, militarized police, SWAT team raids, asset forfeiture, eminent domain, overcriminalization, armed surveillance drones, whole body scanners, stop and frisk searches, roving VIPR raids and the like—all of which have been sanctioned by Congress, the White House and the courts—our constitutional freedoms have been steadily chipped away at, undermined, eroded, whittled down, and generally discarded.

Our losses are mounting with every passing day.

Free speech, the right to protest, the right to challenge government wrongdoing, due process, a presumption of innocence, the right to self-defense, accountability and transparency in government, privacy, press, sovereignty, assembly, bodily integrity, representative government: all of these and more have become casualties in the government's war on the American people, a war that has grown more pronounced since 9/11.

Since the towers fell on 9/11, the American people have been treated like enemy combatants, to be spied on, tracked, scanned, frisked, searched, subjected to all manner of intrusions, intimidated, invaded, raided, manhandled, censored, silenced, shot at, locked up, and denied due process.

In allowing ourselves to be distracted by terror drills, foreign wars, color-coded warnings, underwear bombers and other carefully constructed exercises in propaganda, sleight of hand, and obfuscation, we failed to recognize that the true enemy to freedom was lurking among us all the while.

The U.S. government now poses a greater threat to our freedoms than any terrorist, extremist or foreign entity ever could.

While nearly 3,000 people died in the 9/11 attacks, the U.S. government and its agents have easily killed at least ten times that number of civilians in the U.S. and abroad since 9/11 through its police shootings, SWAT team raids, drone strikes and profit-driven efforts to police the globe, sell weapons to foreign nations, and foment civil unrest in order to keep the military industrial complex gainfully employed.

No, the U.S. government is not the citizenry's friend, nor is it our protector, and life in the United States of America post-9/11 is no picnic.

In the interest of full disclosure, here are some of the things I don't like about life in a post-9/11 America:

I don't like being treated as if my only value to the government is as a source of labor and funds.

I don't like being viewed as a consumer and bits of data.

I don't like being spied on and treated as if I have no right to privacy, especially in my own home.

I don't like government officials who lobby for my vote only to ignore me once elected. I don't like having representatives incapable of and unwilling to represent me. I don't like taxation without representation.

I don't like being bullied by government bureaucrats, vigilantes masquerading as cops, or faceless technicians.

I don't like being railroaded into financing government programs whose only purpose is to increase the power and wealth of the corporate elite.

I don't like being forced to pay for wars abroad that serve no other purpose except to expand the reach of the military industrial complex.

I don't like being subjected to scans, searches, pat downs and other indigni-

ties by the TSA.

I don't like VIPR raids on so-called "soft" targets like shopping malls and bus depots by black-clad, Darth Vader look-alikes.

I don't like fusion centers, which represent the combined surveillance efforts of federal, state and local law enforcement.

I don't like being treated like an underling by government agents who are supposed to be working for me. I don't like being threatened, intimidated, bribed, beaten and robbed by individuals entrusted with safeguarding my rights. I don't like being silenced, censored and marginalized. I don't like my movements being tracked, my conversations being recorded, and my transactions being catalogued.

I don't like free speech zones, roving bubble zones and trespass laws that restrict Americans' First Amendment rights.

I don't like laws that criminalize Americans for otherwise lawful activities such as holding religious studies at home, growing vegetables in their yard, and collecting rainwater.

I don't like the NDAA, which allows the president and the military to arrest and detain American citizens indefinitely.

I don't like the Patriot Act, which opened the door to all manner of government abuses and intrusions on our privacy.

I don't like the Department of Homeland Security (DHS), which has become America's standing army in direct opposition to the dire warnings of those who founded our country.

I don't like military weapons such as armored vehicles, sound cannons and the like being used against the American citizens.

I don't like government agencies such as the DHS, Post Office, Social Security Administration and Wildlife stocking up on hollow-point bullets. And I definitely don't like the implications of detention centers being built that could house American citizens.

I don't like the fact that police departments across the country "have received tens of thousands of machine guns; nearly 200,000 ammunition magazines; thousands of pieces of camouflage and night-vision equipment; and hundreds of silencers, armored cars and aircraft."

I don't like America's infatuation with locking people up for life for non-violent crimes. There are thousands of people in America serving life sentences for non-violent crimes, including theft of a jacket, siphoning gasoline from a truck, stealing tools, and attempting to cash a stolen check.

I don't like paying roughly \$29,000 a year per inmate just to keep these non-violent offenders in prison.

I don't like having my hard-earned taxpayer dollars used against me.

I don't like the partisan nature of politics today, which has so polarized Americans that they are incapable of standing in unity against the government's abuses.

I don't like the entertainment drivel that passes for news coverage today.

I don't like the fact that those within a 25-mile range of the border are getting a front row seat to the American police state, as Border Patrol agents are now allowed to search people's homes, intimately probe their bodies, and rifle through their belongings, all without a warrant.

I don't like public schools that treat students as if they were prison inmates. I don't like zero tolerance laws that criminalize childish behavior. I don't like a public educational system that emphasizes rote memorization and test-taking over learning, synthesizing and critical thinking.

I don't like police precincts whose primary purpose—whether through the use of asset forfeiture laws, speed traps, or red light cameras—is making a profit at the expense of those they have sworn to protect. I don't like militarized police and their onerous SWAT team raids.

I don't like Department of Defense and DHS programs that transfer surplus military hardware to local and state police. I don't like local police



FREEDOM WATCH

JOHN WHITEHEAD

I don't like being treated as if I have no rights.

I don't like cash-strapped states cutting deals with private corporations to run the prisons in exchange for maintaining 90% occupancy rates for at least 20 years. I don't like the fact that American prisons have become the source of cheap labor for Corporate America.

I don't like answering to an imperial president who operates above the law.

I don't like the injustice that passes for justice in the courts.

I don't like prosecutors so hell bent on winning that they allow innocent people to suffer for crimes they didn't commit.

I don't like the double standards that allow government officials to break laws with immunity, while average Americans get the book thrown at them.

I don't like cops who shoot first and ask questions later.

I don't like police dogs being treated with more respect and afforded more rights than American citizens.

I don't like living in a suspect society.

I don't like Americans being assumed guilty until they prove their innocence.

I don't like technology being used as a double-edged sword against us.

Most of all, I don't like feeling as if there's no hope for turning things around.

Now there are those who would suggest that if I don't like things about this country, I should leave and go elsewhere. Certainly, there are those among my fellow citizens who are leaving for friendlier shores.

However, I'm not giving up on this country without a fight.

I plan to keep fighting, writing, speaking up, speaking out, shouting if necessary, filing lawsuits, challenging the status quo, writing letters to the editor, holding my representatives accountable, thinking nationally but acting locally, and generally raising a ruckus anytime the government attempts to undermine the Constitution and ride roughshod over the rights of the citizenry.

Our country may be in deep trouble, but all is not yet lost.

The first step begins with you.

1. Get educated. Know your rights. Take time to read the Constitution. Study and understand history because the tales of those who seek power and those who resist them is an age-old one. The Declaration of Independence is a testament to this struggle and the revolutionary spirit that overcame tyranny. Understand the vital issues of the day so that you can be cognizant of the threats to freedom. Stay informed about current events and legislation.

2. Get involved. Become actively involved in local community affairs, politics and legal battles. As the adage goes, "Think nationally, act locally." America was meant to be primarily a system of local governments, which is a far cry from the colossal federal bureaucracy we have today. Yet if our freedoms are to be restored, understanding what is transpiring practically in your own backyard—in one's home, neighborhood, school district, town council—and taking action at that local level must be the starting point. Responding to unmet local needs and reacting to injustices is what grassroots activism is all about. Getting involved in local pol-

itics is one way to bring about change.

3. Get organized. Understand your strengths and weaknesses and tap into your resources. Play to your strengths and assets. Conduct strategy sessions to develop both the methods and ways to attack the problem. Prioritize your issues and battles. Don't limit yourself to protests and paper petitions. Think outside the box. Time is short, and resources are limited, so use your resources in the way they count the most.

4. Be creative. Be bold and imaginative, for this is guerilla warfare—not to be fought with tanks and guns but through creative methods of dissent and resistance. Creatively responding to circumstances will often be one of your few resources if you are to be an effective agent of change. Every creative effort, no matter how small, is significant.

5. Use the media. Effective use of the media is essential. Attracting media coverage not only enhances and magnifies your efforts, it is also a valuable education tool. It publicizes your message to a much wider audience.

6. Start brushfires for freedom. Take heart that you are not alone. You come from a long, historic line of individuals who have put their beliefs and lives on the line to keep freedom alive. Engage those around you in discussions about issues of importance. Challenge them to be part of a national dialogue. As I have often said, one person at a city planning meeting with a protest sign is an irritant. Three individuals at the same meeting with the same sign are a movement. You will find that those in power fear and respect numbers. This is not to say that lone crusaders are not important. There are times when you will find yourself totally alone in the stand you take. However, there is power in numbers. Politicians understand this. So get out there and start drumming up support for your cause.

7. Take action. Be prepared to mobilize at a moment's notice. It doesn't matter who you are, where you're located or what resources are at your disposal. What matters is that you recognize the problems and care enough to do something about them. Whether you're 8, 28 or 88 years old, you have something unique to contribute. You don't have to be a hero. You just have to show up and be ready to take action.

8. Be forward-looking. Beware of being so "in the moment" that you neglect to think of the bigger picture. Develop a vision for the future. Is what you're hoping to achieve enduring? Have you developed a plan to continue to educate others about the problems you're hoping to tackle and ensure that others will continue in your stead? Take the time to impart the value of freedom to younger generations, for they will be at the vanguard of these battles someday.

9. Develop fortitude. What is it that led to the successful protest movements of the past headed by people such as Martin Luther King Jr.? Resolve. King refused to be put off. And when the time came, he was willing to take to the streets for what he believed and even go to jail if necessary. King risked having an arrest record by committing acts of nonviolent civil disobedience. A caveat is appropriate here. Before resorting to nonviolent civil disobedience, all reasonable alternatives should be exhausted. If there is an opportunity to alter the course of events through normal channels (for example, negotiation, legal action or legislation), they should be attempted.

10. Be selfless and sacrificial. Freedom is not free—there is always a price to be paid and a sacrifice to be made. If any movement is to be truly successful, it must be manned by individuals who

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Liberals, Conservatives & Others

What's the difference between a reporter and a columnist?

"A REPORTER gathers facts and information on an event of public interest and then presents them in a readable style to inform the reader. The reporter is supposed to provide objective observation about events that editors deem newsworthy. Reporters are often assigned to 'beats,' or particular areas, such as business, politics, energy, or education."

"A COLUMNIST gives opinions, usually his or her own. A columnist is expected to gather accurate information, just as a reporter does, and then comment on that information. A columnist has more latitude and license than a reporter and is not constrained by the rule of impartiality that governs news writing. While they are subject to the editing and approval of one or more editors, columnists can write just about what they please, as long as it remains within the boundaries of good taste and public acceptability, as defined by the paper."

—THE BOSTON GLOBE

I start with these definitions from the Boston Globe, with which I agree.

When I share my thoughts with you, they are my personal thoughts. They do not represent the position any newspaper takes on an issue. They are not presented as news reporting.

A serious reader of newspapers knows the difference. I think television, since the passing of the age of Cronkite, sometimes blurs the difference.

I find myself comfortable in the Republican Party. Today it is necessary that I admit that the Republican Party with which I identified is very different from the one I see today. When I was active politically, Republicans were further defined as conservative (Barry Goldwater), Liberal (Nelson Rockefeller) or moderate (Bill Scranton). I was definitely in the "moderate" fold.

I have a dear friend who is a stalwart

Democrat. He writes a column that sets forth those views with great clarity. We used to lunch together once a week. I loved hearing his view on things, and he was very kind to listen to mine. We were probably both made better by being informed about the thoughts of someone with a perspective different from our own.

So this week a great many things happened that might be worthy of an opinion column. I have decided to briefly address a few of those, rather than to offer a lengthy column on one only.

The New York Times published an anonymous column critical of the president. I have never considered anything that was anonymous worthy of my attention. I want to know the background, qualifications, access, and reliability of the author whose work I am reading. When a writer refuses to sign his name, to stand up for what he writes, or to let us evaluate his position vis a vis what he writes, he asks us to accept blindly what he says.

I know people who feel this is fine. I am not critical of that differing view. However, it is not my view, and my name leads this column, and you know whether you like or do not like what I have to say. I believe that I must have the decency to let you know who is writing.

The Senate Judiciary Committee held hearings on the nomination of Brett Kavanaugh to be an Associate Justice of the Supreme Court. Our Constitution gives the right of selection and appointment to the President. The Congress is called upon to confirm the appointment — or not.

Unfortunately, our current political climate has made it very difficult for a good man or woman to get an honest hearing based on his or her record. Instead, politicians announce they



NOTES OF CONCERN

JACK BLAIR

privilege of appointing members to the judiciary. Clinton gave us Ruth Bader Ginsburg, the most liberal of the members of the Court. YOU DIDN'T SAY WHO GINSBURG WAS FRIENDS WITH! Yet they became social friends outside the court. They respected their differing views. Recently President Obama selected two liberal females to join the court. The GOP supported both choices in large numbers.

President Obama's last attempt at appointment, Judge Merrick Garland, was not considered by the GOP majority. His nomination failed with the defeat of the Democrats in the presidential election. He was a fine man, a good jurist and an acceptable nominee. He was derailed by politics.

So then comes Trump appointee, Brett Kavanaugh. Interestingly enough, a member of Garland's court. He was politically abused in confirmation hearings. Of interest, he joined with Chief Judge Garland in more than 90% of Garland's opinions over twelve years. Garland joined Kavanaugh in over 90% of Kavanaugh's opinions. Yet the Democrats this go around would have us believe there is a serious difference in these two men. Of course there is not. Kavanaugh got the highest recommendation that the American Bar Association can give. In the hearings, he praised his relationship with Judge Garland.

So again, the problem isn't qualifications, it is politics.

I believe Garland would have been a fine Justice. I also believe Kavanaugh

will be a fine Justice. If the people who must look at this had been like Senator Lindsay Graham, who testified that presidents have the right to their nominees, and absent serious failings they should be concerned, the hearings would have been significantly different. Graham has voted to confirm every nominee of a president since he became a Senator. He has evaluated the nominees based on their qualifications, not on the president who put them forth.

A less discussed topic is voter participation in our electoral process. I am a firm believer that we get the government we deserve. Such a small percentage of Americans actually take the time to vote that it amazes me how surprised they are at the election results.

The coming mid-term elections are important. Traditionally, the party in power loses seats in Congress. I believe President Obama lost 60 seats in his mid-terms. If history provides guidance, President Trump will lose control of the House. Such a loss will put the brakes on many of his programs. Alternatively, if his candidates win in the mid-terms, the rampant criticism of him as not being truly representative of the people will have to be toned down. A victory, or even a small loss, will embolden the President as it will signal that the people who care, the ones who get out and vote, are behind him.

So regardless of where you stand politically, if you want to deserve the right to criticize and complain, go to the polls and register your thinking.

Well, you have stayed with me through this long discourse, and I thank you. I want to state that I am so confused by our American political conversations that I feel completely unqualified to offer advice. So, like you, I will watch in amazement as this political revolution of which we are a part continues.

Hopefully, regardless of the outcomes, the Republic will survive.

COMMUNITY

continued from page 1

icle of the Southbridge Franco American community, French speaking immigrants and their American born children represented 60% of the town's popula-

tion.

In this talk, Dr. Blood will offer a glimpse of what life was like for French Canadians in Southbridge 100 years ago, highlighting the role the community played in establishing many of the town's political, cultural, business and religious institutions and offering insights into the fascinating character of Gatineau

himself.

An additional invitation to view the permanent exhibit in honor of Gatineau at the library is also suggested.

Copies of the new book will be available for purchase. All are welcome. Light refreshments will be provided by the Friends of Jacob Edwards Library.

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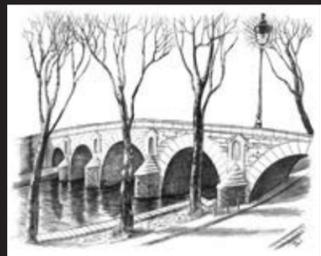
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SPORTS

Tantasqua has its opportunities, but settles for tie with Northbridge

BY KEN POWERS
SPORTS CORRESPONDENT

NORTHBRIDGE — Goal scoring in the first half, tenacious defense in the second half. That was the recipe both the Northbridge High and Tantasqua Regional girls' varsity soccer teams used against each other in their game Monday, Sept. 17 at Lasell Field and the result was a 1-1 tie.

The tie against Northbridge was the 1-1-2 Warriors' second straight draw after a 1-1 start. On Saturday, Sept. 15, Tantasqua tied Algonquin Regional, 0-0. The Warriors are now 1-0-1 in Southern Worcester County League (SWCL) play. Thanks to the tie against Tantasqua the Rams picked up their first point of the year. Northbridge is now 0-3-1 overall and 0-1-1 in the SWCL.

The Rams jumped out to a 1-0 lead in the fifth minute of the game, sophomore Ally Boucher sending the ball into the back of the net after gathering in a textbook right-to-left free kick from senior captain Jackie Puda from about 30 yards out.

"Jackie sent a good ball in and Ally, our outside mid was crashing the back post," Northbridge head coach Stephen DiMare said. "That's the kind of goal we're talking about when we tell the girls we can get easy goals if we do things the right way."

Eleven minutes later Tantasqua tied the game, 1-1, on a penalty kick off the foot of junior midfielder Kate Jones. The PK was set up when a Northbridge defender tripped a Warriors' player inside the goalie box.

Tantasqua carried the play for much of the game, including the last 30 minutes when the Warriors constantly pressured Northbridge junior goalie Megan O'Meara.

"Those last 30 minutes we did everything but put the ball in the back of the net," Tantasqua head coach Matt Rickson said. "It took us a little while

to get going in the second half, but then the girls started playing the way they're supposed to play. We carried the play, we put some pressure on them and we had some great scoring opportunities, we just couldn't get one in.

"I think we were still tired from Saturday's tie with Algonquin when we played Northbridge. It took us the first 50 minutes to figure out we weren't playing the way we play. We played the way we're capable of playing the last 30 minutes, but the soccer Gods did their thing," continued Rickson, referring to the fact that the Warriors couldn't put the ball in the net despite having several good scoring chances.

A big part of the reason Tantasqua was unable to score — other than the first half PK — was the play of O'Meara, who finished with seven saves.

"Megan had a great game in net for us," DiMare said. "She was part of the difference in the game for us, keeping the defense organized. She has come a long way from the freshman girl who wouldn't talk to the junior who is now communicating with her teammates and leading our defense and coming off the line and being more aggressive. I couldn't be happier about her development."

O'Meara had plenty of help keeping Tantasqua from scoring over the final 64 minutes. The Rams' center backs, senior captain Sarah Barron and sophomore Hannah Lomonaco, kept the Warriors bottled up in front of the net, especially in the second half. Outside backs Morgan Mawn, Claire Green and Caitlyn Mahoney helped disrupt the Warriors' offensive effort as well.

"Hannah and Sarah work well together; they're a good combination," DiMare said. "One does the reading of the game and the other one does the talking. I've got a nice balance there with the two of them and Claire and Caitlyn are freshmen and Morgan is a sophomore,



Nick Ethier photos

Claire Green of Northbridge (11) and Tantasqua's Amber Almeida jockey for position as a bouncing ball approaches.

so that's good for the future of our program."

When Northbridge was able to mount an offensive charge in the final 75 minutes of the game the Tantasqua defense, led by junior mid Erin McCarthy and junior backs Eva Wengender, Hailey Magierowski, Lydia Boland and Sophia Viapiano, and senior Keira Bergeron,

shut the Rams down. "The way we played the last 30 minutes is the way we usually play for the full 80 minutes," Rickson said. "What we learned in this game is that we're looking forward to continuing to play the season. We're going to be competitive every game."



Lydia Boland of Tantasqua waits for an airborne ball to land so she can make a play.



Julia Howard of Tantasqua dribbles the ball out of her team's defensive zone.



Tantasqua's Kate Jones settles the ball in the open field.

HIGH SCHOOL NOTEBOOK

Sept. 13
Agawam 153, Tantasqua 159 — Playing at Crestview Country Club, the Warriors' golf team lost to the Brownies and their female duo of Angela Garvin and Alia Godek, who shot 35 and 36, respectively. Tantasqua's Will Pieczynski was the low Warrior with an even-par 36. Tantasqua is now 2-1 for the season.

Sept. 14
Tantasqua 151, Millbury 164 — Ryan Slade of the Warriors' golf team was co-medalist — along with the Woolies' Jack Remuck — after shooting matching 1-over par 36's. Thanks in part to Will Pieczynski and Michael Sosik, Tantasqua earned the win to improve to 3-1.

Wachusett 42, Tantasqua 0 — The Warriors' defense surrendered six touchdowns to the Mountaineers, as Tantasqua football dropped to 1-1.

SPORTS

Quaboag's possession game too much for Warriors



Mathew S. Plamondon photos

Tantasqua's Bella Cadavid sends the ball across the baseline.

half. With 1:27 remaining until intermission, a relentless rally inside the circle eventually saw Darian Shepherd take a rocket of a shot that bounced off the keeper's pads. Shepherd then traced the rebound and shot the ball into the cage to make it 1-0.

The goal was set up by a tackle near midfield by eighth grader Kiarra Gauthier, who played an excellent off-ball game.

"What she does off the ball is just as important as everyone with the ball," O'Neill expressed. "In the first half she made a couple of great moves that were intimidating and got some corners for us. She was the one that tackled at midfield to get our first goal."

The relentless offensive attack continued in the second half and Quaboag was able to score two more goals to give themselves a cushion. The goals came off the sticks of Carly Duff and Emily Floury.

"It has been our forte to put a lot of relentless pressure in the circle," stated O'Neill. "Once we cross the 25 our goal is to shoot and once you shoot you create opportunities and chaos and that is our goal. That is our key word, chaos, and once you add that speed that we have that really helps."

Quaboag's offense was in Tantasqua's defensive zone for much of the game, which made it hard on the Warriors' defense, but they played well despite the lopsided possession difference. Junior Molly Ryan made many great saves in net for the Warriors.

"She has been playing for a long time," explained Tantasqua head coach Shelby Green. "She is only a junior, so we are lucky to have her for another year. She is very vocal and she does a great job working with them back there."

Playing such a quality opponent in Quaboag so early in the season is just a learning experience for Tantasqua. It is something to build on.

"We are very fortunate to play Quaboag and everyone else in our league," Green explained. "We have a good league to play in. It is not a league to be taken lightly so all of us do a good job keeping the level of play high out here."



Tantasqua defense makes a stand against a Quaboag rush.



Alaina Fitzpatrick of Tantasqua winds up to send the ball down the field.

BY DEAN P. ST. LAURENT
SPORTS CORRESPONDENT

WARREN — A dominating possession game helped the Quaboag Regional varsity field hockey team defeat Tantasqua Regional, 3-0, on Friday, Sept. 14.

From the start, the Cougars (2-0) were aggressive in every aspect of the game to create

opportunities to score and to force the Warriors (0-1-2) to play on their heels.

"Offensively we did some really nice things. We moved the ball really well," Quaboag head coach John O'Neill explained.

Quaboag forced 20 corners in the game, but was unable to score until late in the first



Bella Cadavid of Tantasqua dribbles the ball through the middle of the field.



Tantasqua's Katie LeBrun defends against the oncoming Carly Duff of Quaboag.

Tantasqua Regional Youth Soccer — U10 boys compete hard vs. North Brookfield



Hunter Bercume splits the North Brookfield defense to go one-on-one with the goalie.

"It takes a village" is an oft-cited adage, and particularly descriptive of the Tantasqua Regional Youth (TRY) Soccer U10 Division 2 boys' team.

First, Coach Adam Blair has enough players to fill the field and have a full bench for 7v7 play. Then, due to a work emergency that required Coach Blair's attention away from the field, Coach Johnny Buday stepped in to help the squad take on the visitors from North Brookfield at Lewis Field in Brookfield this past Saturday, Sept. 15. After placing Charley Mayo in net for the first half, Coach Buday rolled out the first line of Jonathan Solari, Ryan Cleary, Hunter Bercume, Gavin Espinoza, Connor Boivin and Joe Gomes. Zach Beane, Trevor Blair, Noah Bruneau, Brody Bouchard, Nathan Cutler and Connor Fitzgerald were then rotated in-and-out as a unit through the first half.

The game started favorably for Tantasqua. The team put pressure on North Brookfield with open passing and breakaways, while Mayo made some solid saves when North Brookfield threatened on the other end. Gomes broke open the scoring three minutes in off a free kick. He followed up nine minutes later to put Tantasqua up 2-0. One minute later, Espinoza shot another



Courtesy photos

Charley Mayo muscled through the North Brookfield defense in dogged pursuit of the ball.



Zach Beane cuts across the field with the ball.

one past the North Brookfield defense to swell the lead to 3-0 where the score stayed until halftime.

Gomes took over between the pipes, but was not as fortunate as Mayo. North Brookfield took advantage of Tantasqua miscues and player mismatches to score early in the second half, then proceeded to knock in three more unanswered goals while holding Tantasqua scoreless. Despite a flurry by Tantasqua toward the end of the half to try to tie the game, North Brookfield broke away to score a late goal to put the game away 5-3. The U10 Division 2 boys played hard and took the loss in stride, but they will have this game to take lessons from as they progress through the rest of their season.



Ryan Cleary demonstrating the tough defense he played all day with a key tackle on North Brookfield's main playmaker.

Deer hunting season begins soon, starting with youth



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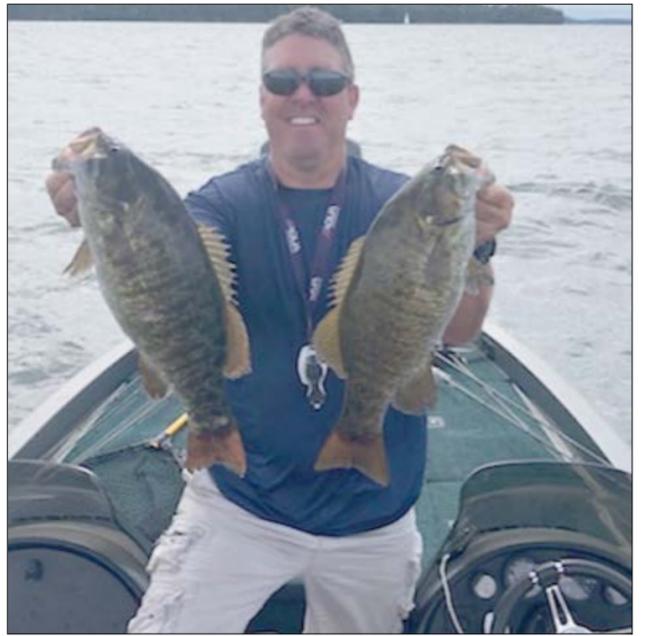
Archery deer hunting season is only a few weeks away in Massachusetts. Pro shops are busy tuning up bows for local hunters, ensuring they are ready for opening day. If you have not checked out your bow hunting equipment, you should get started as soon as possible. Some archers have already placed their deer hunting stands in preparation of the deer hunting season.

The new early archery deer season in zone 10-14 will open on October 1, 2018. Antlerless deer permits for Zone 11 will be available on line starting Sept. 25, at 8:00 a.m. Zone 10 will go on sale Wednesday Sept. 25 at 8:00 a.m. Zone 9-13-14 permits will go on sale Thursday Sept. 27, at 8:00 a.m. All permits must be paid for within 15 minutes of the sale. These are all surplus permits.

The youth deer season will start on Sept. 29 this year, and the paraplegic hunt will start on Nov. 1 and will run to Nov. 3. The regular archery season starts on Oct. 15, for zones 1-9. With all of the sightings reported by local residents of deer in their back yards, and also observed in local fields, hunters are looking for a record harvest again this year.

The acorn crop is expected to be a bit better this year, providing plenty of food for numerous wildlife. The acorn crop will also draw deer to the acorns providing hunters with some great opportunities of harvesting a deer.

The Massachusetts Outdoor Expo will be held again this year Sept. 23. The event will run from 9:00 a.m. to 4:00 p.m. at the Hamilton Rod & Gun Club in Sturbridge.



Courtesy photos

Both pictures are of Mike Keup of Douglas and his fishing partner at the NEBA Massachusetts State Finals with a variety of smallmouth bass. Keup and his partner came in first place.

Admission, parking & all activities are free. This is a great opportunity for parents to spend time with their family in the great outdoors. Do not miss this great event that is run by all volunteers. Hundreds of people attend the event every year and keep coming back. Firing numerous rifles and handguns, along with shooting archery, fishing and other activities are all free to everyone in attendance. Great food will also be available at the Expo. For more information go to the web site at www.FawnsExpo.com.

Mike Keup of Douglas is a registered guide, and is owner of Castin Tracks Guide Service. He won the Mass State finals with the NEBA fishing on Lake Champlain out of Port Henry NY last weekend. The two man team of Keup and White caught a limit of smallmouth bass both days for a total weight of 52 pounds! They beat out the second place team by 5 1/2 pounds. Mike has a camp on Sebago

Lake and provides bass fishing charters annually. Check him out on his web site at www.castintracksguideservice.com. This week's two pictures show Mike and his partner Mr. White with a few of their monster small mouth bass.

The 200 Sportsmen's club in Webster no longer hold their annual fall picnic, but have replaced it with a similar event on Oct. 15 starting at 1 p.m. The chicken & ribs barbecue will be held on the club grounds & will be open to the public. Tickets are \$15 each. To reserve your tickets, call (508) 943-9722. They do have some great cooks at the club, and I expect the food to be fantastic as always.

This past week I watched the TV. show Rocky Mountain Vet. It is a great show for animal lovers, and can show how to care for your sick or injured animal. When a vet is needed, the hospital charges a minimal fee or no charge at all. It is something that is needed in

every state. Many more people would own a pet, but the high cost of veterinarian bills scare them away. I know that becoming a veterinarian is extremely costly, almost as much as becoming a doctor or surgeon.

Clinics are available that do not charge high fees for vaccine shots and normal care, but when surgery needs to be done on your pet only a veterinarian is the last chance to save their life. Most families do not have that type of money for surgery, and the pet is often put down. Losing a pet is very heartbreaking and traumatic for the owner, as my granddaughter found out a few weeks ago. Their 12 year old English bulldog became very sick and needed to be euthanized. It broke their hearts. Insurance is available for the pets, but that does not cover everything and is also very expensive. Tufts veterinary school would be a great place to set up a lot less expensive

hospital for pets. It is a state funded school and should try to set up a clinic like the Rocky Mountain Vet is running. A number of years ago my two dogs "Twig" & "Molly" were both spayed at Tufts for little to no cost by students, and supervised by a licensed veterinarian. It was greatly appreciated. Similar programs for surgery need to be set up at this great facility, without draining your Visa Gold card.

Do not forget the Whitinsville Fish & Game Club's annual field day this Saturday, Sept. 22.

One local resident reported that this summer's high heat had squirrels running around his back yard holding their nuts with pot holders? It sure was a hot one!

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Colorful vines and groundcovers for the fall garden

Create a colorful and fragrant fall finale in your garden with groundcovers and vines. Blanket the earth with hardy groundcovers that add seasonal interest. Then direct your eye skyward with vines climbing on trellises, fences and arbors.

Add a cloud of fragrant beauty with the white flowers of sweet autumn clematis. This vigorous vine quickly covers arbors and trellises, providing a colorful screen, vertical accent or backdrop for other plants. Double the impact and increase



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relatively new introduction Autumn Revolution™ is self-fertile. That means only one plant is needed to produce fruit. No more planting at least two, a male and female, plant to enjoy the colorful fruit display.

The fanciful leaves of hostas provide texture and beauty at ground level. Enjoy their lovely yellow fall foliage that echoes the yellow

low fall color of ginkgoes, witch hazel, birches, and many other trees and shrubs.

The subtle reddening of barrenwort's (Epimedium) heart shaped leaves add a delicate beauty to any shady spot. Watch the bold leaves of Bergenia transform from green to red. The large leaves persist through winter and combine nicely with early spring bulbs like the squirrel resistant crocus tommasianus.

Add a splash of reddish purple to the fall landscape with perennial geranium. The lobed colorful leaves persist through mild winters, adding color to the winter and early spring garden.

Help the pollinators and enjoy some late season blooms with fall-flowering sedums. Autumn Joy has been a long time favorite, but Autumn Fire is an improvement with larger flowers and a longer bloom time. Mr. Goodbud is another upright sedum with purple stems and smoky green foliage, provid-

ing the perfect backdrop for the purple-pink flowers.

The fall color of others like the bronzy-gold foliage of orange stonecrop add a blast of color to the garden.

Include some evergreen groundcovers to brighten the often brown and gray winter landscape. European ginger, creeping phlox, candytuft (Iberis), creeping junipers, creeping mahonia, and many ferns are just a few to consider.

As always, make sure the groundcover and vine will thrive in the growing conditions. Start a list of colorful vines and groundcovers needed to set the fall landscape ablaze.

Melinda Myers is the author of more than 20 gardening books and is the host of The Great Courses' How to Grow Anything DVD series. Her website, www.MelindaMyers.com, offers gardening tips and videos.

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Photo by Melinda Myers, LLC

Sweet autumn clematis with white flowers and fragrant beauty quickly climbs up trellises and arbors.

OBITUARIES

Claire A. Wingler, 91



PALMER – Claire A. (Harnois) Wingler, 91, passed away on Saturday, September 15, 2018 at the Quaboag Rehabilitation and Skill Care Center in West Brookfield surrounded by her loving family.

She leaves, her son, Robert Wingler of Sturbridge; her daughters, Diane Gervais and her husband Arthur of West Brookfield, Karen Mucha and her husband Robert of Ware, Elaine Sibley and her husband Louis of Bondsville, and Loretta Buelow and her husband Richard of New Orleans, LA; 13 grandchildren; 17 great-grandchildren; 2 great-great-grandchildren; her sister, Marion Harnois of Worcester; her sister-in-law, Margaret Harnois of Rhode Island; and many nieces and nephews. Claire was predeceased by her husband Ernest Wingler; her siblings, Arthur, Clement, Cecilia, Alfred, and David Harnois and Jeanette Laplant. She was born in Palmer, daughter of the late Edward and Edwardina (Brunelle) Harnois.

Claire attended school in Palmer and Hardwick before graduating from David Prouty High School in Spencer, class of 1944. Following High School, during the remaining days of World War II, she worked for the Department of Defense at American Optical

in Southbridge and then as a Civil Servant for the Pentagon decoding messages in Washington, D.C. Her marriage to Ernest took place while she was in Washington and he was in the United States Army. They travelled widely, living on several Army bases in the U.S. as well as bases in Germany during their marriage.

In later years Claire lived in Hardwick and worked at various Mills. She found her calling as a Nurse in Rutland and at the Western Mass Hospital in Westfield, where she was privileged to serve terminally ill patients.

After retirement, Claire lived in Palmer and enjoyed being with her family there and in the surrounding area, as well as actively keeping up with those not in the area by telephone. She loved flower gardens, walking in Stanley Park, where she took all of her grandchildren, and had an abiding interest in studying the Christian Bible, which helped her in caring for others.

A Funeral Mass for Claire will be held on Wednesday, September 19, 2018 at 10:00AM in the Church of the Divine Mercy, 2267 Main Street, Three Rivers. Burial will follow the Mass in St. Anne's Cemetery. Calling Hours will be held on Tuesday, September 18, from 5:00 - 7:00PM in Charbonneau Funeral Home, 30 Pleasant Street, Ware.

An online guest book is available at charbonneauafh.com.

Gabrielle D. Branniff, 95



WEBSTER / STURBRIDGE - Gabrielle D. (LaPlante) Branniff, 95, of Christopher Heights, formerly of Fiske Hill Rd., Sturbridge, passed away on Tuesday, Sept. 11th, in the

Christopher House of Worcester after an illness.

Her husband, Donald J. "Sparky" Branniff, passed away in 2005. She leaves her son, Arthur F. Branniff and his wife Carolyn of Sturbridge; four daughters, Pearl R. Laroche and her husband Gary of Citrus Springs, FL, Gail M. Palmer and her husband Joseph of Fiskdale, Donna M. Thibeault and her husband Frank of Hudson, NH and Catherine A. Robinson and her husband Andre of Southbridge; 15 grandchildren; 14 great grandchildren and 4 great grandchildren. Her daughter, Suzanne D. Greathouse, passed away in 1984. She was also predeceased by her sister, Dorothy M. Vilandre. Gabrielle was born in Southbridge the daughter of Arthur W. and Meleda (Livernois) LaPlante.

Gabrielle worked at Mercury Wire for several years, retiring many years ago. She previously worked at the Sturbridge Sheraton Hotel. She also worked with her husband at their business, Sparky's Ice and Wood on Fiske Hill Rd. in Sturbridge. She enjoyed camping and was a member of the Quinebaug Cove Campers in Brimfield. She was a member of St. Anne's Church in Sturbridge. She enjoyed crocheting and was an avid Boston Red Sox fan. Gabrielle also enjoyed wintering in Florida.

Her funeral was held on Friday, Sept. 14th, from the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, with a Mass at 10:00am in St. Anne's Church, 16 Church St., Sturbridge. Burial in St. Anne's Cemetery, Sturbridge, will be held at the convenience of the family. Calling hours in the funeral home were held on Thursday, Sept. 13th, from 5:00 to 7:00pm.

In lieu of flowers donations may be made to St. Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

www.morrillfuneralhome.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to jean@stonebridgepress.news



CALENDAR

Saturday September 22

GIANT MEAT RAFFLE: On Saturday, September 22 at St. Joseph's Church Hall, Charlton beginning at 6 p.m. 6 Meat Tables and 1 Lobster Table; 3 Early Bird Tickets for arrival before 6 p.m. Sponsored by the Mary Martha Guild

Sunday September 23

INTEGRATIVE THERAPIES EXPO: At Sturbridge Host Hotel & Conference Center, 366 Main Street, Sunday Sept. 23 1:00-5:00 pm, Free admission. Connect with local practitioners in the complementary holistic fields of Oncology Massage, Restorative Yoga, Reflexology, Lymphedema, Acupuncture, Meditation, Hypnosis, Reiki, Aromatherapy, Music Therapy, Skincare, and more

Saturday September 29

AUTUMN FEST & CRAFT FAIR: St. Joseph Church of Charlton, 10 H Putnam Road, hosts its annual Autumn Fest and Craft Fair Saturday, Sept. 29 9 a.m.-3 p.m. Included will be craft booths, food and drink, bake sale, children's activities, a Big Money raffle, meat pie sale and a theme basket auction. On Sunday, Sept. 30, following 10 a.m. Mass, a breakfast will be held followed by the drawing for raffles.

SALUTE TO BOOKS DANCE: The Hayloft Steppers Square Dance Club is holding a "Salute to Books" dance on Saturday, Sept. 29 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Dave Perrault and the cuer will be Bev Boudreau. Admission is \$9 per person. For more information on our Beginner Classes, call Moe (508)344-3430 or Deanna (413)436-7849 or visit our website at www.hayloftsteppers.org. The club is located at 232 Podunk Road in Sturbridge.

Saturday October 27

HALLOWEEN BARKTACULAR On Saturday, Oct. 27 from 11 a.m. to 3 p.m. at Camp Marshall, 92 McCormick Road, Spencer a Halloween event to benefit Second Chance is planned. Indoor and outdoor event activities including costume contest and trick-or-treating for kids and pets, haunted hayrides, pony rides, indoor Kid Zone with carnival games, bouncy castle, Walk 'N Wag pledge raising trail walk with scavenger hunt, doggie games and contests, music, food & craft vendors and other Halloween fun for families and pets. Special featured events include indoor RC racetrack sponsored by Turn4 HobbyTown, guest appearance by the Pike's Adam Webster, CGC certification by 4 Paws Academy and agility 'Try Its'. **FREE ADMISSION!** Families and pets are welcome!

"Parade of Costumes" Hayloft Steppers dance on Saturday, Oct. 27 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Matt McGovern and the cuer will be Birgit Maguire. Admission is \$9 per person. The club is located at 232 Podunk Road in Sturbridge. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net Month of October

PUMPKINS! The Pumpkins are Coming! The Pumpkins are Coming! Spread the word that the best place to get your fall decorations is at the Sturbridge Federated Church where the best pumpkins and gourds will be for the month of October. Proceeds will benefit many local and regional charities as well as support the daily operation of the church.

Saturday November 3

"Harvest Ball" Hay Loft Steppers dance on Saturday, Nov. 3 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Bob Butler and the cuer will be Harriett Clarke. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

Sunday

November 18

"Advanced Level" Hayloft Steppers dance on Sunday, Nov. 18 from 2:00-4:30 pm (No Rounds). The caller will be Kevin Bersing. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

Saturday November 24

"Pie Night" Hayloft Steppers dance on Saturday, Nov. 24 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Darrell Sprague and the cuer will be Roy Williams. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430.

Sunday November 25

"Special Fund Raiser" Hayloft Steppers Mainstream/Plus dance on Sunday, Nov. 25 from 2:30-5:00 pm. (early rounds at 2:00) Various callers from OCCA and the cuer will be Roy Williams. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net.

ONGOING

ALZHEIMER'S SUPPORT GROUP: third Wednesday each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby

of coin collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

THRIFTY: Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.



A shed at the entrance to the community gardens, tucked behind Sturbridge Town Hall, welcomes visitors and volunteers.

ner organization, the Saint John Paul II Food Pantry in Southbridge. The collaborative is "the first stand alone,

COLLABORATIVE

continued from page 1

volunteer-driven project of the Rotary Community Corps of Sturbridge and Southbridge" with more than 90 volunteers. The garden is all-organic and is located on more than an acre with raised garden beds and a shed at the entrance. It is located on land owned and provided by the Sturbridge Federated Church.

Pioppi, of Saint John Paul II Food pantry, reflected on the need for the pantry and partners such as the Sturbridge Community Food Collaborative.

"We would want to reach a point where we are no longer needed. But unfortunately, the reverse is happening," he remarked, noting increased use of the food pantry.

Roberta Watson, also of the Saint John Paul II Food Pantry, described the joy she takes in being at the pantry when clients reach the area with fresh produce. The pantry is set up like a smaller version of a grocery store, with shelves lining aisles of the pantry and grocery carts that clients may take through the aisles to choose foods that suit their family's needs.

"They may be pretty quiet when they go through the pantry, but when they arrive at the fresh produce, it becomes more lively," she explains. "I love being in that spot at that time."

Watson describes the scene as resembling a busy city market, alive with several languages and conversation. She said she is often surprised that the children visiting the pantry can identify all of the fresh vegetables and show enthusiasm

for receiving the freshly polished organic produce.

Volunteers and donors who contributed to the first successful year of the Community Food Collaborative include Southbridge Credit Union, Bank Hometown, Savers Bank, Harrington Hospital, Cornerstone Bank, The Southbridge Garden Club, Michael Beaudry Remodeling, Shaw's Supermarket and even the publisher of this paper, Stonebridge Press.

Various community groups adopted beds in the garden, including a Girl Scout, troop which learned about gardening and food production alongside its community service project. As the Community Food Collaborative wraps up for the sea-

son and celebrates a successful year of community outreach, member (or "Lettuce Tell All") White encourages businesses, community groups or individuals to reach out to learn about how they can contribute or volunteer for the 2019 growing season. Those interested in learning more can visit www.cfcgarden.org or send mail to PO Box 357, Sturbridge, MA 01566.

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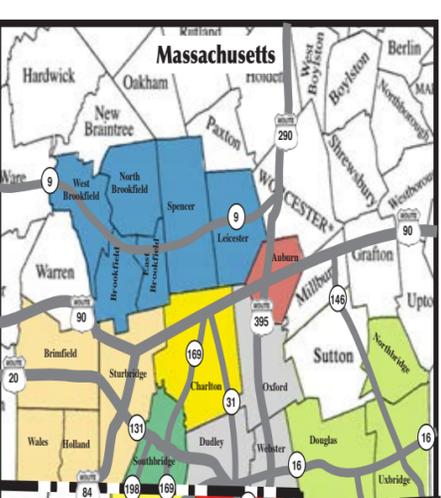
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5K

continued from page 1

Sponsors contributed cash and in-kind donations, raffle prizes and several items for the extensive "swag bag" given to participants. The wide variety of donated goods in the swag bag included a flexible L.E.D. desk lamp, coupons to use in area businesses, and other goodies.

"I always want to thank all of our sponsors, starting with Brian from B.T.'s Smokehouse. He was the first one to stand behind us and he donated the funding that allowed us to put on the event we were envisioning. It really was a huge community effort," remarks Adura Staples, Old Sturbridge Academy parent and race director for the Ox Trot 5k.

Staples also expresses gratitude to the Cournoyer family and Big Bunny "for working with all of their vendors to put together the epic swag bags, which were a huge hit."

Gratitude is the theme of the wrap up for this community



Scott Lindsey and his kids Harper, age 7 and Caleb, age 2, get ready for the Ox Trot 5k.



Jameson and Scarlett Whelan and Sophia, Grace, Amy and Mike Brawn enjoy the first annual Ox Trot 5k.



Runners enjoyed a unique course through Old Sturbridge Village.

event, as Staples also expresses her thanks to leaders at Old Sturbridge Village and the Parent Teacher Scholar Association of Old Sturbridge Academy.

"We are blessed to have such a beautiful campus and such wonderful people to work with.

I want to thank the staff and administration at the school – those who participated as well as those who did not participate but came to support the effort anyway. That is the spirit of our school," remarks Staples.

The event raised at least

\$7,000 for the purchase and installation of playground equipment on the campus of Old Sturbridge Academy. Individuals, businesses, or community groups who want

more information about participating in next year's event can contact the Old Sturbridge Academy PTSA at osapta@gmail.com or they can call the school at (774) 922-1840.

ENRICO'S

continued from page 1

in violation of Title 26 U.S. Code Section 7207.

Metaxas will not be spending time behind bars, however. Judge William F. Sullivan gave him a suspended two-year prison sentence in Suffolk County House of Correction and ordered him to perform 200 hours of community

service.

Between 2011 and 2014, the 53-year-old resident of Southbridge only reported his credit card sales to the Massachusetts Department of Revenue and willfully failed to report cash sales, which accounted for about 40 percent of Enrico's total sales.

"The Audit Division of the Massachusetts Department of Revenue first noticed irregularities in Enrico's meals tax returns in 2014, while per-

forming a meals tax audit, and referred the case to the DOR's Criminal Investigations Bureau," said a press release from the Attorney General.

According to the announcement, Metaxas failed to pay \$114,780 to the DOR in meals taxes collected from customers and dishonestly filed meals tax returns that inaccurately represented the amount of Enrico's sales. Following an investigation by the Attorney General's Office that began in 2017,

Metaxas was indicted in January by a Suffolk County Grand Jury.

The case was prosecuted by Assistant Attorney General Peter A. Mullin of Attorney General Healey's White Collar and Public Integrity Division with help from the Massachusetts Department of Revenue's Criminal Investigations Bureau.

Enrico's Brick Oven Pizzeria remains in business under a new owner, Nicole Alicea.

FREEDOM WATCH

continued from page A9

seek a greater good and do not waver from their purposes. It will take boldness, courage and great sacrifice. Rarely will fame, power and riches be found at the end of this particular road. Those who travel it inevitably find the way marked by hardship, persecution and strife. Yet there is no easy way.

11. Remain optimistic and keep hope alive. Although our rights are increasingly coming under attack, we still have certain freedoms. We have the right to

dissent, to protest and even to vigorously criticize or oppose the government and its laws. The Constitution guarantees us these rights. In a country such as the United States, a citizen armed with a knowledge of the Bill of Rights and the fortitude to stand and fight can still be a force to be reckoned with, but it will mean speaking out when others are silent.

Practice persistence, along with perseverance, and the possibilities are endless. You can be the voice of reason. Use your voice to encourage others. Much can be accomplished by merely speaking out. Oftentimes, all it takes is one lone voice to get things started. So if you really care and you're serious and want to

help change things for the better, dust off your First Amendment tools and take a stand—even if it means being ostracized by those who would otherwise support you.

It won't be easy, but take heart. And don't give up.

Constitutional attorney and author John W. Whitehead is founder and president of The Rutherford Institute. His books Battlefield America: The War on the American People and A Government of Wolves: The Emerging American Police State are available online at www.amazon.com. He can be contacted at johnw@rutherford.org.

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"Every day I find another reason to love working here! I have never seen a place quite like Quaboag. Every single person here truly cares and is involved in our resident's care 100%. It's all about our residents!" -Beth M. (RN)
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PUBLIC NOTIFICATION FOR WRITTEN QUOTES
The Town of Brookfield, the Awarding Authority, invites written quotes from Contractors for the construction of an accessible bathroom at the Brookfield Town Hall, Brookfield, Massachusetts, in accordance with the documents prepared by Austin Design, Inc. The Project consists of: Construction of a new accessible bathroom and miscellaneous accessible alterations to the first floor of the Brookfield Town Hall. The work is estimated to cost \$ 40,000
Schedule:
a) Wednesday 9/26/2018: Documents available
b) Wednesday 10/03/2018: Site Walk Thru 9:00 - 9:30.
c) Thursday 10/18/2018: Bids Due on or before 2:00
d) Thursday 11/15/2018: Notification of Selected Contractor.
e) Monday 12/03/2018: Start of Construction, Notice to Proceed Issued.
f) Monday 02/04/2019: Substantial Completion - 60 consecutive calendar days from date of Notice to Proceed.
Quotes are subject to M.G.L. c.149 §44A (2)(B) & to state prevailing wage rates as required by M.G.L. c.149 §26 to 27H inclusive.
Written Quotes will be received until 2:00 p.m., Thursday, October 18, 2018.
All Quotes should be delivered to: Brookfield Town Hall
6 Central Street, Brookfield, MA 01506
Attn. Karen Trainor
and received no later than the date & time specified above. Quotes may be hand delivered, mailed, faxed or emailed.
Contract Documents will be available at:
Brookfield Town Hall, 6 Central Street, Brookfield, MA 01506
Contractors requesting Contract Documents to be mailed to them shall include a separate check for \$50 per set, payable to the Town of Brookfield, to cover mail handling costs.
The job site and/or existing building will be available for inspection at 9:00 A.M. on Wednesday October 03, 2018, or by appointment.
Location: Brookfield Town Hall, Brookfield, MA 01506

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LEGALS

In accordance with the provisions of Chapter 40A, Section 11, M.G.L. the Brimfield Planning Board will hold a public hearing on the following:

Public Hearing Notice
The Brimfield Planning Board will be holding a CONTINUANCE (9/5/18 first hearing date) Site Plan Review Public Hearing for SWEB Development USA, LLC for the proposed project of a 2.3 megawatt direct current solar project, which is located at 0 Palmer Road (parcel id: Map #13 Block# A, Lot 4) on October 3, 2018 at the Brimfield Town Hall (21 Main Street) at 7:30pm.

Anyone interested in more information or wishing to be heard on the application can contact the Brimfield Planning Board or appear at the time and place designated above. A copy of the application may be inspected at the Planning Board Office in the Town Hall, please call 413-245-4100 x153 or email planning@brimfieldma.org.
 September 21, 2018
 September 28, 2018

TOWN OF BRIMFIELD PLANNING BOARD

The Brimfield Planning Board will hold a public hearing on October 10, 2018 7:00PM in the Town Hall (21 Main Street) regarding the special town meeting articles proposed zoning by-law changes. The proposed zoning by-law changes will affect the following sections:

By Planning Board: To amend Section 7A-Large-Scale Ground-Mounted Solar Photovoltaic Installations In The Business District, to strike out "In the Business District" and under

Section 3.1 Lot Requirements (under Section 7A), which reads: Large-Scale Ground-Mounted Solar Photovoltaic Installations shall be permitted on lots larger than 5 acres in the Business District. To amend as follows: Strike out "5" and insert 15 and to strike out "in the Business District".

To amend Section 12.2, Temporary Moratorium, under Section 12 Temporary Moratorium on Recreational Marijuana Establishments. To strike out September 30, 2018 and insert June 30, 2019.

For the complete narrative of this proposed changes please visit <http://www.brimfieldma.org> under "town news", visit the Town Hall Annex at 23 Main Street or contact the Planning Board at planning@brimfieldma.org.
 September 21, 2018
 September 28, 2018

Legal Notice

Town of Charlton
Charlton Highway Department
 Private Snow and Ice Removal Service Contractors

Employment Opportunity
 Now seeking private snow and ice removal service contractors for the winter storm season of 2018-2019. Specifications can be picked up at the Highway Department, 100 Flint Road, Charlton, MA 01507 starting September 21, 2018. EOE/AA.

The Response Deadline – October 12, 2018 by 3:30 p.m.
 September 20, 2018
 September 21, 2018
 September 27, 2018
 September 28, 2018

Veterans Day Salute

Stonebridge Press would like to salute our veterans

(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 9th issue.

Please send in a photo of your loved one with his or her name, rank, branch of military, and town from by email to jean@stonebridgepress.news, or by mail to VETERANS DAY SALUTE, Att: Jean Ashton, Stonebridge Press, P. O. Box 90, 25 Elm Street, Southbridge, MA 01550.

The deadline for photos is October 19.

There is no cost to submit a photo.

If you submitted a photo in previous years, please DO NOT re-send. We still have the photo on file.



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<p>2017 GMC Sierra</p>  <p>\$335 per month 18341 5.3 liter, 8 cyl, 6 speed automatic, rear wheel drive</p> <p>12,435 MILES \$20,900</p>	<p>2017 Ram Promaster 1500</p>  <p>\$358 per month 18287 Utility, front wheel drive, factory warranty, 6 cyl., 6 spd., pwr. brakes, pwr. windows.</p> <p>14,182 MILES \$22,500</p>	<p>2011 Ford F150</p>  <p>SOLD! 18228 18228 18228</p> <p>45,301 MILES \$22,990</p>	<p>2015 Lexus IS 250</p>  <p>\$386 per month 18162 AWD, leather, navigation, 2.50 liter, 6 cyl, 6 spd</p> <p>29,007 MILES \$23,990</p>
<p>2015 Ford Edge Sport</p>  <p>\$399 per month 18233 6 Spd. auto, AWD, Pwr. brakes, Pwr. windows, Pwr. steering</p> <p>30,477 MILES \$25,990</p>	<p>2015 Jeep Wrangler Unlimited</p>  <p>\$475 per month 18203 3.60 liter, 6 cyl., automatic, 4 Wheel Drive,</p> <p>13,048 MILES \$29,990</p>	<p>2015 Cadillac SRX</p>  <p>\$418 per month 18105 LUXURY COLLECTION. Getall that you want in this caddy! Heated leather, AWD, nav., pano roof, and more!</p> <p>30,882 MILES! \$25,900</p>	<p>2015 GMC Sierra K1500</p>  <p>\$438 per month 18262 6 Spd. auto., FWD, anti lock brakes, daytime running lights, Pwr. steering, Pwr. brakes</p> <p>12,061 MILES \$26,990</p>

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(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
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THOMPSON, CT 25 Bonette Ave	S	12-2	\$275,000	Hope Realty/June Cazeault 860-377-2044
SUNDAY, SEPTEMBER 23				
CHARLTON 114 Ramshorn Rd	S	11-12	\$324,900	George P. Goulas Realtor, Keller Williams Realty 508-509-3833
22 Morton Station Rd	S	12:30-1:30	\$499,900	George P. Goulas Realtor, Keller Williams Realty 508-509-3833
DUDLEY 26 River St	S	1-2:30	\$279,900	ReMax Advantage 1/Maria Reed 508-873-9254
LEICESTER 11 Crestwood Rd	S	2-3	\$249,000	George P. Goulas Realtor, Keller Williams Realty 508-509-3833
SOUTHBRIDGE 153 Highland St	S	10-12	\$289,900	ReMax Advantage 1/Diane Luong 774-230-5044



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Large One Bedroom!
2 Chase Ave Apt 3
Dudley, MA

FOR LEASE



Large Industrial Rental!
8 Hawksley Drive
Oxford, MA

UNDER CONTRACT



28 Mechanic St
Webster, MA

UNDER CONTRACT



8 Brookline St
Webster, MA

UNDER CONTRACT



584 Dennison Dr
Southbridge, MA

SOLD



1 Wysocki Dr
Dudley, MA

SOLD



7 Carey Lane
Oxford, MA

SOLD



51 Harris Street
Webster, MA

SOLD



20 Arnold Road
Douglas, MA

SOLD

2 Warsaw Ave
Units 1 & 4

REAL ESTATE



BERKSHIRE HATHAWAY | New England Properties
HomeServices

<p>OPEN HOUSE SAT 9/22 10:00-11:30</p> <p>167 Paine Rd, Pomfret \$550,000 NEW PRICE Exceptional 21.28 acre property in desirable Pomfret CT. Beautiful fenced pasture & barn. Comfortable and spacious living. John Downs 860-377-0754</p>	<p>OPEN HOUSE SAT 8/22 10:00-12:00</p> <p>31 Kearney Fork, Pomfret \$345,000 Quality oversized Cape w/newer master suite & cathedral beamed ceilings. Open floor plan and beautifully finished basement. Charlotte Cook 860-931-6006</p>	<p>OPEN HOUSE SAT 9/22 12:00-1:30</p> <p>130 Orchard Hill Rd, Pomfret \$465,000 NEW PRICE Enjoy comfortable and spacious living in this bright, modern, 5 BR, 3.5 BA home. 3 beautiful floors of living space located on 5 acres. John Downs 860-377-0754</p>	<p>OPEN HOUSE SUN 8/19 11:00-1:00</p> <p>16 Wilkinson St, Putnam \$299,000 Move in ready: 5 BR, 3.5 BA, pool, double lot, many updates. Legal 4-room apartment. Easy walk to town center. John Rich 860-315-2615</p>	<p>Woodstock \$429,000 NEW LISTING</p> <p>Extraordinary opportunity to create your own retreat on Witches Woods Lake. Direct waterfront cedar sided home. Enjoy westerly lake views & all the seasons! The White/Cook Team: Diane 860-377-4016</p>	<p>Pomfret \$243,500 NEW PRICE</p> <p>1,656 SF, 1.21 acres, 2 car detached garage, off street parking, 3 BR, 1.5 BA, partially finished basement w/ bonus room. Lauren Heidelberg 860-933-0735</p>
<p>Ashford \$189,900</p> <p>Great owner/occupy opportunity. Side by side units. Updated in 2003. Sits on 2.44 lovely acres. Vivian Kozey 860-455-5363</p>	<p>Woodstock \$450,000</p> <p>Ca. 1745 but completely new w/4000 SF, 4 BR 3 full BA on 1.17 acres w/lovely views! Chef's kitchen extraordinaire & gorgeous 3-car garage! The Gosselin Team: Stephanie 860-428-5960</p>	<p>Brooklyn \$224,000</p> <p>Private, 4 BR, 2 BA Cape with 3 bay garage, paved drive nestled in the woods, back deck overlooks a pond! Rachel Sposato 860-234-1343</p>	<p>Putnam \$499,900</p> <p>Truly one of a kind architectural masterpiece. Amazing grounds, 3 BR 2.5 BA. Catherine Howard 860-234-2901</p>	<p>Eastford \$314,900</p> <p>Pristine Eastford home, frontage on year-round babbling brook. 4 BR, 2.5 BA, granite kitchen, expand bonus room. John Rich 860-315-2615</p>	<p>Pomfret \$275,000</p> <p>Private 3 acres Custom Ranch 1,478 SF FP in living room, dining room, 3 BR, 2 BA, woodstove, 2 car garage. Mary Collins 860-336-6677</p>
<p>Thompson \$399,900</p> <p>Elegant home with a two story glassed great room & fireplace. Corian kitchen, finished lower level and 1st floor master. John Downs 860-377-0754</p>	<p>Pomfret \$575,000</p> <p>Over 4900 SF sprawled on 3 floors of living! 6 BR & 3.5 BA w/new kitchen, baths & a park-like back yard. Pool, pool house & barn/garage! The Gosselin Team: Stephanie 860-428-5960</p>	<p>E. Killingly \$279,000</p> <p>Pristine 2,100 SF 1870 farmhouse on 2.5 acres & privately nestled w/in acres of open space & recreational land. Robert Viani 860-264-5921</p>	<p>Canterbury \$324,900</p> <p>Unique home on 19 acres, this 3 BR, 3 BA home is spacious & inviting! 2 car garage w/potential in-law, storage, man town or teenage haven! Rachel Sposato 860-234-1343</p>	<p>Woodstock \$475,000</p> <p>Sweeping valley views! Stunning Antique home. 19.55 acres with pasture, developable land and 4 outbuildings. John Downs 860-377-0754</p>	<p>Pomfret \$539,900</p> <p>Custom Colonial built for entertaining. Cooks kitchen & great rm w/ fireplace & cathedral ceiling. Detached & attached garages. Mary Collins 860-336-6677</p>
<p>Tolland \$299,900</p> <p>Pride of ownership shines in this 4 BR, 3 BA over-sized Raised Ranch in a private country setting. This is a must see! Vivian Kozey 860-455-5363</p>	<p>Brooklyn \$399,900</p> <p>Colonial reproduction on over 5 acres-nature's paradise with a pond! 4 BR, 3 BA. Wood floors, FP, DR, master on first floor. Rachel Sposato 860-234-1343</p>	<p>Woodstock \$1,490,000</p> <p>Wonderful Antique Colonial with 182 acres, pastoral views w/ 4+ miles of wooded trails. Unique open concept, 3 story barn. White/Cook Team: Amy Archambault 860-377-2830</p>	<p>Dayville \$230,000</p> <p>Pristine Country Cape in cul-de-sac. Updated granite kitchen & hardwoods throughout. 4 BR, 2 updated BA. Close to 395. Mary Collins 860-336-6677</p>	<p>Woodstock \$295,000</p> <p>2 acres on 2 sides of the rd, this 2 BR 1890 home has loads of details, front porch & stone walls. Generator, 1 car garage & private yard. The Gosselin Team: Stephanie 860-428-5960</p>	<p>Putnam \$4,000/mo. Commercial Lease</p> <p>Location! 2,696 SF commercial space for lease with ample parking. Convenient to I-395. Vivian Kozey 860-455-5363</p>

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45 Route 171 | Woodstock, CT | 860-928-1995

bhhsNEproperties.com



HERE & THERE → Local Events, Arts, and Entertainment Listings

FRIDAY, SEPTEMBER 21

7-10 p.m.
RODGER EKSTROM
308 Lakeside
308 East Main St.
East Brookfield, MA
774-449-8333



SATURDAY, SEPTEMBER 22

9 A.M. - 3 P.M.
TAG SALE
OLDE CANAL VILLAGE
55+ Community
20+ multi-family participation
17 buildings, 2 streets along a 1/4 mile End of Warsaw St, Uxbridge Opposite Taft School Recommended parking at Taft School



SUNDAY, SEPTEMBER 23

On the Outside Patio 2-5
HOOVERS
308 Lakeside
308 East Main St.
East Brookfield, MA
774-449-8333



FRIDAY, SEPTEMBER 28

7-10 p.m.
CHRIS BARBER
308 Lakeside
308 East Main St.
East Brookfield, MA
774-449-8333

SATURDAY, SEPTEMBER 29

10 a.m. - 5 p.m.
7th ANNUAL WEST BROOKFIELD LIONS CLUB HARVEST FESTIVAL
West Brookfield Town Common
Local musicians, beer and wine tent, food vendors, over 40 arts & craft vendors and more!
If you'd like vendor space, please contact Lori at 508-612-3232
All proceeds benefit local communities and eye research.



SUNDAY, SEPTEMBER 30

On the Outside Patio 2-5
TIM KAY
308 Lakeside
308 East Main St.
East Brookfield, MA
774-449-8333



FRIDAY, OCTOBER 5

6 p.m. - 9 p.m.
FIRST FRIDAYS FESTIVAL IN DOWNTOWN PUTNAM, CT
Theme: Scandinavian-American heritage
Live music! Food! Vendors!

SUNDAY, OCTOBER 14

8:30 a.m. - 11:30 a.m.
ALL YOU CAN EAT PANCAKE BREAKFAST
Menu: pancakes, sausage, orange juice, coffee, tea, hot chocolate and milk.
There will be cartoon characters, face painting and balloons
Adults \$8; seniors and children \$5; Under 5 free
LaSalle Reception Center
146 Main St., Southbridge, MA
Sponsored by the Youth Ministry of Saint John Paul II Parish



SATURDAY, OCTOBER 20

KLEM'S 13th ANNUAL DOG COSTUME CONTEST
11:00 a.m. - 1:00 p.m.
Awards for scariest, most original & funniest
KLEM'S
117 West Main St., Spencer, MA
508-885-2708 (Ext. 104)
www.klemsonline.com



SATURDAY, NOVEMBER 3

10:00 a.m. - 3:00 p.m.
ALBANIAN KITCHEN AND BAZAAR
Bake table featuring traditional Albanian favorites.
Albanian-style café with a variety of food items to dine in or take out. Theme baskets, this 'n' that table, handmade jewelry, and illustrated children's books by Ruth Sanderson
St. Nicholas Albanian Orthodox Church
126 Morris St., Southbridge, MA



SATURDAY, DECEMBER 1

PICTURES WITH SANTA AT KLEM'S
10:00 a.m. - 3:00 p.m.
Children and pets welcome!
With a \$5.00 donation
KLEM'S
117 West Main St., Spencer, MA
508-885-2708 (Ext. 104)
www.klemsonline.com

ONGOING

JUNE 9 THROUGH OCTOBER 20

KLEM'S FARMERS MARKET
Every Saturday 10 a.m. - 2 p.m.
Visit many local crafters, artisans & more!
www.klemsonline.com
117 West Main St., Spencer, MA
508-885-2708 (Ext. 104)

ROADHOUSE BLUES JAM
Every Sunday, 3:00 - 7:00 p.m.
CADY'S TAVERN
2168 Putnam Pike, Chepachet, RI
401-568-4102



TRIVIA SATURDAY NIGHTS
7:00 p.m. register
7:30 p.m. start up
HILLCREST COUNTRY CLUB
325 Pleasant St., Leicester, MA
508-892-9822

WISE GUYS TEAM TRIVIA
Every Tuesday, 8:00 - 10:00 p.m.
CADY'S TAVERN
2168 Putnam Pike (Rt. 44)
Chepachet, RI
401-568-4102



LIVE ENTERTAINMENT FRIDAY NIGHT
HEXMARK TAVERN
AT SALEM CROSS INN
260 West Main St., West Brookfield, MA
508-867-2345
www.salemcrossinn.com

TRIVIA TUESDAYS
at 7:00 p.m.
Cash prizes
308 LAKESIDE
308 East main St.
East Brookfield, MA
774-449-8333

SATURDAY NIGHTS
LIVE MUSIC AT 9 p.m.
308 Lakeside
308 East Main St.
East Brookfield, MA
774-449-8333



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ARTICLES FOR SALE

010 FOR SALE

12' CONTRACTORS Enclosed Trailer. \$2,400. Dewalt Laser & Stand \$275. 4 Adjustable Wall Brackets \$140. Ladder Racks For Truck \$125. Engine Stand \$50. (508) 892-9595

1991 HARLEY DRESSER: 55,000 Miles. Runs Great! \$4,500 or Will Trade for Car of Equal Value. **BASS BOAT** 16 1/2ft LUND Very Good Condition! MANY EXTRAS \$3,750 O.B.O. Call for Info (508) 943-5797, Cell (508) 353-9722

BEAUTIFUL DW MOBILE HOME IN GATED SENIOR MOBILE HOME PARK \$16,000. 2 bdms, 2 baths, working kitchen, dining room, LLR & 2 Florida rooms, completely furnish. 863-682-6473. Lakeland, Florida

2 LAZY BOY LEATHER- swivel rocker recliners, beautiful rich mahogany color. Less than 1 year old, perfect condition. \$500 each. 774-280-2639

2 TWIN BEDS: Complete, In Excellent Condition. 508-423-4824

2008 ZODIAC and 14' CANOE, excellent condition. ACCT-V 9'4", electric pump/all accessories, air floor. 2009 Honda 8HP, serviced. \$2,195 Canoe: oars/ seats, no leaks. \$275 860-983-0800 Sturbridge

225 GALLON WATER STORAGE TANK - used 6 months. \$350 508-867-2523

24 FOOT POOL, ABOVE-GROUND, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

4 SNOW TIRES -235/50 R18 101T used 2 months- paid \$800, asking best offer. 508-414-2474

ABOVE-GROUND SWIMMING POOL, 24' x 54", filter system, 1 season. \$1,000 or best offer. 508-943-8769

ACORN STAIRLIFT - 3.5 years old; like new condition. 11 feet long. Asking \$1400 or best offer. Call 508-277-6568 if interested.

ALL BEST OFFER MOVING SALE: 6 Chairs, Two wedding dresses size 14 & 18; Mother of bride dress size 18; Bridesmaid dresses, size 18; Piano; 2-draw filing cab. Green Sofa & Loveseat; 4-burner gas grill; Patio Table w/ Glass Top; Pressure washer; 6 Chairs; Umbrella Tools, Axes; Recliner; Twin Beds; Desks; Book Cases; TV. (774) 262-0442

ANGLE IRON CUTTER For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

BEAUTIFUL ELECTRIC PLAYER PIANO with rolls. Can play piano manually or use pre-programmed recorded rolls (included) with pedals, or electric self-play. Best offer. 774-232-9382

COFFEE & TWO END TABLES: Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

ELECTRICAL MATERIAL: Industrial, Commercial, Residential. Wire, Pipe, Fittings, Relays, Coils, Overloads, Fuses, Breakers, Meters, Punches, Pipe-Benders. New Recasted Troffer, Fluorescent 3-Tube T-8 277V Fixtures Enclosed \$56 Each. Call 5pm-8:30pm. (508)867-6546

FINLAND BLUE FOX JACKET: By Michael Valente Size 8, very good condition. \$100 OBO. Vintage Black American Sable Coat, sz. small \$50 OBO 508-864-4075

FLY RODS - 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Batterkill BBS II. Asking \$200 each set or best offer. 508-347-3145

FOR SALE 8' POOL TABLE: Red Felt/Slate. Excellent Condition! \$400. CALL (508) 988-0698

FOR SALE WOOD AND/OR COAL IRON STOVE: \$500 or best offer. **WOOD PELLET STOVE** \$500 or best offer. Call 508-471-0959

FULL LENGTH MINK COAT: Size 12. New \$2,400. Asking \$300. 508-612-9263

GARAGE CLEARANCE: ARTIFICIAL CHRISTMAS TREE, bush trimmer, glass top table, etc. 508-728-5559 (Spencer)

010 FOR SALE

GARDEN MANURE, delivered. 4 yards, \$130. Call Prindle Hill Farm 508-320-3273 or 508-248-7335

GORGEOUS HAND-CARVED China Cabinet From China \$4,000 New, \$1,500 OBO. Cherry Dr Table & Six Chairs \$900 OBO. Oak Table & Four Chairs \$75 OBO. Dove-Tailed Dresser \$80 OBO. (860) 630-4962

JAMAICA WICKER Queen Bed Set: Head & Foot Board, Woman & Man's Dresser, 2 Nightstands. Paid \$5,400. Asking \$1,200. 2 SEATER LANCER POWER CHAIR 4' Long, Olive Color. NEVER BEEN USED! Asking \$350. (508) 461-9621

MEC 650 PROGRESSIVE LOADER: w/ extras \$250. 400 ANDERSON WINDOW 51x32 RO \$200. THERMATRU DOOR 36-80 Left Hand Inswing Full View with Grill \$185 or best offer. (508) 892-9595

MOTORS: 1/2HP 230/460V 1725RPM, 56 Frame \$300. 5HP, 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100, 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

MOVING - MUST SELL 3 piece electric reclining living room set, brown. \$300 free-pedestal table w/4 chairs **508-612-6485**

MOVING SALE: Hillsboro Full-Size Iron Sleigh-Bed with Box Spring & Mattress. Excellent Condition. \$1,000. Walnut Dresser & Nightstand and Full/Queen Headboard. Excellent Condition \$450. Beige Reclining Lift Chair \$350. White Couch and Blue Velvet Chair & Floral Chair \$450. 48" Round Slate and Cherry Coffee Table with Matching End Table \$500. Antique Dining Room Set, Table w/ Six Chairs, Buffet Server, China Cabinet & Secretary. Excellent Condition \$1,500. Queen Size Hillsboro Iron Bed w/ Beautyrest Black Box Spring and Mattress. Excellent Condition. \$2,000. (508) 987-2419

NORDIC TRACK TRL625: Recumbent cycle w/stabilizing floor bar for secure balance. **TREADMILL** - for therapeutic fitness (walking & jogging) (for up to 400 lbs.) \$250 each both in excellent condition. **508-892-3998, 508-723-4452**

REMEMBER YOUR SWEET-HEART: Collection of Victorian Era hand-painted items ALL with roses: vases, rose bowls, pitchers, chocolate pot, cake sets, planters. No reasonable offer refused. 508-237-2362 Auburn

SMALL BUREAU \$75. Printer's Antique Drawers \$20 Per. Fake Brick Fireplace With Heater \$140 Kitchen Chairs. Spare Tire P225/60R16 Eagle GA With Flim \$45 Vanity Table & Chair \$135. Car Sunroofs \$100. Per. Homemade Pine Coffee Table & 2 End Tables \$100. Antique Lamp Jug \$40. Antique Croquet Set \$40. Wood Truck Ramps 8 Foot \$100.00. Drop Leaf Cart \$50. End Table W/Drawer \$50. End Table W/Drawer \$60. Elvis Presley Silhouette \$50 (he talks!), Indian canvas painting \$60, 9 golf clubs \$100, Call 1-508-764-4458 or 1-774-452-3514

SNOW TIRES: Like new (4) Firestone Winter Force 215/60-15. \$240. BECKETT BURNER, CONTROL AND AQUASTAT: Runs great, Instruction, wiring and owners manual \$250. ARTIFICIAL CHRISTMAS TREE WITH STAND : 6 FT. Storage box included. Excellent condition \$50. CAST IRON CHRISTMAS TREE STAND: Beautiful \$20. SUNBEAM WHOLE HOUSE HUMIDIFIER: Used, works great, 6-7 gallon, faux wood cabinet on casters. \$50. 14" SNOW CHAINS: Used, very good condition \$25. 15" CABLE SNOW CHAINS: New \$45. Call Ed. 508-479-9752

TOOL SHEDS Made of Texture 1-11: 8x8 \$1075 8x10 \$1260; 8x12 \$1350; 8x16 \$1675 Delivered, Built On-Site. Other Sizes Available. CALL (413) 324-1117

TREES/FIELDSTONE: Trees- Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3-4' Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$28/Ton (508) 278-5762 Evening

TWO DRESSERS best offer. Custom made parlor cabinet, \$1500. Glass door hutch - best offer. John Deere snowblower (like new) \$700 - must be seen! Call for appt. 774-507-6315

010 FOR SALE

TWO SOFA TABLES: ONE DARK OAK w/ Shelf Underneath \$125. ONE MAHOGANY COLORED \$100. Both Very Good Condition. Can email Pictures. (774) 239-3006

TWO USED RECLINERS, \$75 each. Dishwasher, bought new, never used, \$225 or best offer. 508-764-3567 please leave message

VIKING RANGE, PROFESSIONAL SERIES, propane gas, 6-sealed burner, 36" infrared broiler, as new, never lit, still in original packaging, w/bags. Model VCGSG-5366BSS, trades considered. \$4,600 508-865-7470

100 GENERAL

110 NOVENAS

Dear Heart of Jesus, in the past I have asked for favors. This time I ask you this very special one (mention favor). Take it dear Jesus and place it within your own heart where your father sees it then in your merciful eyes it will become your favor not mine. Amen. Say this prayer for 3 days promise publication and favor will be granted. Never known to fail. CAD

PRAYER TO THE HOLY SPIRIT

Holy Spirit, You who make me see everything and showed me the way to reach my ideals, You who gave me the divine gift to forgive and forget the wrong that is done to me and You who are in all instances of my life with me, I want to thank You for every thing and confirm once more that I never want to be separated from You no matter how great the material desire may be. I want to be with You and my loved ones in Your perpetual glory. Amen, In Jesus Christ, Your Son's name, I ask that you grant me (state your specific request or intention here). While making the request, you must promise either: (a) publish this prayer or (b) to circulate the favor. This prayer should be said for 3 consecutive days or 3 hours straight. After the 3rd day, the request will be granted, no matter how difficult it may be. In thanksgiving for requests received. LMP

THANK YOU ST. JUDE FOR ANSWERED PRAYERS Say 3 Our Fathers, 3 Hail Marys and 3 Glory Be's C.L.

130 YARD SALES

DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY PAPERS
Deadline subject to change due to holidays
Call for more info

MULTI-FAMILY MOVING/ YARD SALE, 24 Oakwood Drive, Webster. Saturday, Sept. 22, 8am-2pm includes furniture. Rain or shine!

15' STARCRAFT ALUMINUM CANOE with Keel. \$350. Call (508) 278-2083

1987 BAYLINER BOAT for sale with trailer 85 hp needs some cosmetic work call 774-230-2190 Ray Fowble or email pfowble@yahoo.com

CANOE - 17' GRUMMAN ALUMINUM, flat bottom. Ideal for fishing and family fun. \$850. Call Sue 860-412-9632

265 FUEL/WOOD
CORD WOOD - Seasoned, cut, split, delivered. \$250 a cord. 508-826-3312, 508-344-9214

FIREWOOD: Cut, Split & Delivered. Green & Seasoned. Wood Lots Wanted. Call Paul (508)769-2351

287 FEED

HAY FOR SALE - \$4 a bale off wagon (pick up only), cash 508-826-3312

Need to Place a Classified Ad?
Call 800-536-5836

The OVERLOOK
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OPEN HOUSE
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We are Hiring!

CNA's - PT/FT, HHAs - PT/FT, MDS Nurse (RN) - FT, Nurses PT/FT, Servers/Dishwashers
**Shift differentials for all 2nd, 3rd, and weekends for CNA and Nursing shifts in the Health Center*

Tues, September 25th • 1:30PM - 5PM
in the Main Lobby of the Health Center

Receive a \$5 Dunkin Donuts gift card for filling out an application!

Why choose the Overlook? The Overlook offers a great working environment. Each employee's contribution is valued as an important member of our care team. Our CNA to patient ratio is one of the best in Massachusetts. We offer excellent employee benefits including medical, dental, vision and life insurance, a 401(k) retirement savings plan, tuition reimbursement and paid time off for all employees hired for 24 hours or more on Day One of your employment. We also have a daycare and fitness center on site for all employees.

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For a complete listing of Open Positions, and to apply online, visit www.overlook-mass.org today!
We have many interesting opportunities at our growing organization.
Join us!

ARCHway, Inc.
An agency serving adolescents and adults on the autism spectrum is seeking energetic and creative people to fill the following positions:
Special Education Teacher (BA/M.Ed) Severe Disabilities: All levels Classroom teacher needed to teach students on the autism spectrum pre-academic and vocational skills. Classes are small and energy levels are high. Full time/year round position with 8 weeks paid vacation, health and dental benefits. Salary is commensurate with experience.
Residential Shift Supervisor: Come and directly supervise a team of residential instructors as they work together to develop functional living, social, and daily life skills in the people with autism whom we support. This full time position includes a three day weekend, health and dental benefits and generous paid time off. Associates Degree in Human Services or similar field strongly preferred 2+ years of supervisory experience may be substituted for degree Valid Driver's License Required
Schedule: Second shift Wednesday through Friday, and Saturday all day
Salary is commensurate with experience.
Part Time Residential Instructor positions also available to teach activities of daily living and social skills.
Starting Pay is \$14.00/hour
To apply: Fax/mail a letter of interest and resume along with salary requirements to:
ARCHway, Inc.
77 Mulberry St., Leicester, MA 01524
Fax: 508-892-0259 Email: scombs@archwayinc.org

200 GEN. BUSINESS

204 WATER EQUIPMENT

298 WANTED TO BUY

310 GENERAL HELP WANTED

311 PART-TIME HELP WANTED

325 PROFESSIONAL HELP WANTED

300 HELP WANTED

310 GENERAL HELP WANTED

205 BOATS

442 LICENSED DAY CARE

500 REAL ESTATE

505 APARTMENTS FOR RENT

575 VACATION RENTALS

700 AUTOMOTIVE

725 AUTOMOBILES

740 MOTORCYCLES

745 RECREATIONAL VEHICLES

750 CAMPERS/ TRAILERS

760 VANS/TRUCKS

765 HEAVY EQUIPMENT

770 MOTORCYCLES

775 RECREATIONAL VEHICLES

775 VACATION RENTALS

Automotive

700 AUTOMOTIVE

725 AUTOMOBILES

740 MOTORCYCLES

745 RECREATIONAL VEHICLES

750 CAMPERS/ TRAILERS

760 VANS/TRUCKS

765 HEAVY EQUIPMENT

770 MOTORCYCLES

775 RECREATIONAL VEHICLES

775 VACATION RENTALS

1970 CHEVROLET IMPALA CUSTOM, 350 C.I. 2 barrel carb, dual exhaust, protecto plate, well-maintained car, have owned for 14 years. \$10,500 or best offer. 774-312-4620 Kevin.

1971 Chevy Impala Convertible 400 2 barrel carb with 89,000 miles, 1 owner, runs smooth, new top in 2012, asking \$8,000 or best offer 508-885-6878

2001 CAD EL DORADO TC 72,000 miles. Must see! \$11,000 7 Hartley Street, Webster, Mass.

2004 BUICK PARK AVE ULTRA 175,000 miles, \$900 or best offer. Call 508-885-2055

2008 Nissan Rogue SL \$6800 Call Joey for more details — 774-200-0171

2008 TOYOTA COROLLA. \$5800. Call Joey 774-200-0171

2011 DODGE CHALLENGER: 305 hp V6 SE auto w/slap stick Mango Tango w/black strips 59,000 miles. Loaded, remote start. \$14,500. 508-864-1906

2011 Ford Escape LIMITED. \$5800. Call Joey for more info. 774-200-0171

2011 SUBARU OUTBACK - 136,000 miles, great shape, regular maintenance, roof rack, trailer hitch, back-up camera. \$7500. 508-688-7666

2012 TOYOTA RAV4 - 79,000 miles. Well-maintained, 3rd row seats, black, one-owner. \$11,000. 508-688-7666

F250 work truck, 2012, RWD, 71K, equipped with aluminum flatbed with fold-down sides. Recent brakes, battery, ac compressor, tires, 10 ply. Ready to work. 10,000 GVW. \$17,000 508-943-1941 or 508-320-2765

RED 1971 MUSTANG MACH 1 in good condition. 302 engine with automatic transmission. Lots of new parts. Call Eric at 508-987-2628. Serious buyers only.

5TH-WHEEL HITCH, 1 yr old, for Chevy or GMC, \$700, Chevy 5th-Wheel tailgate, good condition \$200, 5 trailer tires 235/ 80/16R on mag wheels, like new \$800 Marc 508-847-7542

2012 COUGAR 324 5th Camper, 1 & 1/2 bath, kids room w/loft & 1/2 bath. Excellent condition, 1 year old tires, Brimfield. \$21,500 413-245-4403 Please leave message.

2006 Ford E150 Van, good condition. 65,952 miles, \$3,300 Call 508-765-4738 x 322

1997 BOBCAT 763 skid steer loader in great condition. 1800 hours, 48hp. Auxiliary hydraulics \$2100. 617-706-6736

1.5 Bathrooms, w/d hookups, large yard, own driveway, No pets, Available October 1st. \$850 plus utilities. Call Susan (860)942-6194

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EXPRESS

Friday, September 21, 2018

AUBURN NEWS • BLACKSTONE VALLEY TRIBUNE
SPENCER NEW LEADER • SOUTHBRIDGE NEWS
STURBRIDGE VILLAGER • CHARLTON VILLAGER
WEBSTER TIMES

SOUTHBRIDGE BUSINESS PARTNERSHIP WITH PLATINUM SPONSOR SCHOTT NORTH AMERICA PRESENTS



SEPTEMBER
22ND
10AM-4PM

SOUTHBRIDGE AUTUMNFEST 2018

SOUTHBRIDGE
TOWN COMMON
(RAIN OR SHINE)

FAMILY FUN DAY: 10AM - 4PM

Crafters – Food Vendors – Live Entertainment

Beer Tent Featuring:

Rapsallion Brewery & The Hardwick Winery

Arts & Crafts, Face Painting,
Pumpkin Painting, Southbridge Rocks

Touch-A-Truck

Featuring PD & FD and Soper Construction

Harrington Hospital Auxiliary

Annual LUCKY DUCK PLUCK Fundraiser

Kids Games and Rides

Train Rides, Moon House,
Swings and Fun House

EVENT SCHEDULE:

10am... **Patriotic Opening**

10am- 2pm... **DJ Phou**

10:30am... **Maggie the Clown - Magic Show**

The performance is supported in part by a grant from the Southbridge Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

11am... **Spotlight Dance School Performance**

1:15pm... **Kara Anderson's
Dance Studio Performance**

2pm... **Live music by "She's Busy"**

3pm... **Lucky Duck Pluck: 5 Winners Drawn**

**Southbridge Rocks:
Up to 3 Winners Awarded**

VISIT OUR FACEBOOK PAGE FOR ADDITIONAL DETAILS AND EVENT UPDATES

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- Jack M | SEPT 06, 2018

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BRAND SPANKIN' NEW FORD F-150 SUPER CREW ROCKY RIDGE #517766 **18% OFF**

4X4 • BACK-UP CAMERA • XLT **SAVE \$14,100**

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HEATED SEATS • 17" ALLOYS **SAVE \$6,600** **BEST RESALE VALUE** Kelley Blue Book

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ONSTAR SYS. • 36 MPG HWY. **SAVE \$5,800** **TOP 10 MOST RELIABLE** Consumer Reports

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4x4 • BEDLINER • 17" ALLOYS **SAVE \$8,400** **BEST CAR FOR THE MONEY** U.S. News

Just reduced to: | MSRP: \$38,830 **\$30,477** BUY FOR: **\$85/wk.** **12 AVAILABLE**

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BRAND SPANKIN' NEW 2018 JEEP COMPASS #18133 **18% OFF**

SPORT • 4x4 • HEATED SEATS **SAVE \$4,900** **BEST CAR FOR THE MONEY** U.S. News

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BRAND NEW 2018 CHRYSLER PACIFICA #18112

TOURING • 18" ALLOYS • DVD **SAVE \$10,100** **FAMILY CAR OF THE YEAR** Cars.com

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BRAND SPANKIN' NEW 2018 HYUNDAI ELANTRA #18541 **21% OFF**

BLUETOOTH • GREAT ON GAS **SAVE \$4,100** **AMERICA'S BEST WARRANTY**

Just reduced to: | MSRP: \$19,515 **\$15,377** BUY FOR: **\$43/wk.** **35 AVAILABLE**

OR LEASE FOR ONLY \$169/mo. **BOOK YOUR APPOINTMENT ONLINE**

BRAND SPANKIN' NEW 2018 HYUNDAI SANTA FE #18147 **18% OFF**

BACK-UP CAMERA • 17" ALLOYS **SAVE \$6,100** **IIHS TOP SAFETY PICK** - U.S. News

Just reduced to: | MSRP: \$32,815 **\$26,677** BUY FOR: **\$74/wk.** **55 AVAILABLE**

OR LEASE FOR ONLY \$159/mo. **BOOK YOUR APPOINTMENT ONLINE**

BRAND SPANKIN' NEW 2018 HYUNDAI TUCSON SE #18360 **18% OFF**

17" ALLOYS • BACK-UP CAMERA **SAVE \$5,800** **AMERICA'S BEST WARRANTY**

Just reduced to: | MSRP: \$25,445 **\$19,677** BUY FOR: **\$77/wk.** **40 AVAILABLE**

OR LEASE FOR ONLY \$199/mo. **BOOK YOUR APPOINTMENT ONLINE**

154 E. MAIN ST, RTE. 16, MILFORD, MA
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2012 Ford Fusion S Sedan #18158A • 68K miles • Sticker \$9,988NOW \$7,988	2011 Jeep Patriot Sport SUV #18728A • 53K miles • Sticker \$10,988NOW \$9,588	2014 Chevy Silverado 1500 #18722A • 60K miles • Sticker \$26,977NOW \$24,977

HOME

Moving? This Is Why You Need To Get Your Next Mattress Online



Get a good night's sleep when you move into a new home—and for years thereafter—by sending for a quality mattress.

(NAPS)

If you're one of the 35 million Americans moving this year—and even if you're not—consider replacing your old mattress with an easy direct-to-consumer online brand. Here's why:

1. **Price**—After all the costs of hiring professionals to wrap and ship your mattress, you may already be looking at more than it would cost to buy a new one. Also, it's worth taking into account that the Better Sleep Council recommends replacing your mattress every seven to 10 years, so if your mattress falls into that category, it's time for an upgrade anyway.

2. **Sleep Trials**—Trying out dozens of mattresses in-store for a few seconds at a time isn't a good indication of how you're going to actually like sleeping on it day in and day out. The only way to truly tell if it's the right fit for you is to be able to sleep on it at your home for an extended time. No brick-and-mortar mattress brand offers that type of super-extend sleep trial. However, Nectar Sleep, an online mattress brand, offers a 365-Night Trial that lets you actually try out the mattress in the comfort of your own home to be totally sure it's

the right fit for you. For added convenience, the company also offers free returns and pickup.

3. **Hidden Delivery Fees**—The price tag you see in stores may not take into account shipping and handling, which is a cost you need to pay and can add a considerable amount to the final bill. When buying a mattress from most online companies, the price you see is the price you pay, which includes shipping.

4. **High Quality**—The technology of today means you can have a high-quality product without going store to store to compare. Brands such as DreamCloud specialize in luxury quality mattresses at what most would consider an affordable price, available exclusively with easy online ordering. Combining patent-pending coil technology with hand-tufting across eight handcrafted layers of latex, memory foam and cooling gel, along with a cashmere-blend top, a DreamCloud mattress features just about everything you'd want with a price tag considerably less expensive than its competitors.

Learn More

For further facts on mattresses, go to www.dreamcloudsleep.com and www.nectarsleep.com.

Owning A Vacation Home Is More Affordable Than Many Realize



When you're not on vacation, your second home can be at work, too, earning money as a rental.

(NAPS)

Relaxing by the water or in the mountains is more than a once-a-year vacation for people who own a second home, and the explosive growth of the vacation home rental industry has put the dream of affording a vacation home within reach for more people. For those who already own a second home, the increasing popularity of renting those homes to others is boosting retirement savings, college tuition payments and disposable income.

How It Works

Here's helpful information to know when estimating how much you can earn by renting out a second home to others: Vacation home owners who list their properties for rent on one site, HomeAway.com®, garner an average of \$32,000 each year, according to HomeAway data. That income lets most owners cover a significant chunk of their mortgage payment each year, 75 percent or more. The numbers get even more appealing if house payments are split among more than one owner. In fact, nearly one in three vacation homes are owned by multiple people, typically family members and friends.

What You Should Know

Here's what potential buyers should consider before taking the plunge into buying and renting out a vacation home:

- HomeAway.com offers a free online tool called "Earn" that lets you enter a home's address and other information, then presents a range of rental income potential based on nearby high-performing, like-sized properties already being rented out. The tool is available at HomeAway.com by clicking on "List Your Property" or going

directly to www.homeaway.com/earn.

- Calculate more than the mortgage. Vacation home owners often must pay for additional insurance coverage and may want to hire professional cleaners between guests. New owners may need to invest money to get a house guest-ready with fresh paint and linens, as well as for professional photography for the online listing. Also consider the tax obligations on the home's income, as well as any local or state tax that may apply to the home as a rental property.

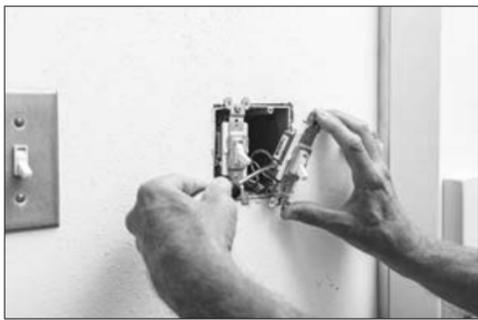
- Be realistic about how much time the house will be available to renters. The typical vacation home on VRBO.com is occupied by renters 18 weeks a year, leaving plenty of time for use by the owners' family and friends. Owners who use their homes during peak travel times will earn less than those who block their calendars during less popular vacation times.

- Decide whether managing the property is a do-it-yourself project or is better left to a professional property manager to handle reservations, guest communications, cleaning and maintenance. Homeowners report they spend seven hours a week managing their vacation homes when they do it themselves.

Vacation rentals continue to grow in popularity each year. Travel research firm Phocuswright measures the private accommodation industry in the U.S. alone to be worth nearly \$37 billion by the end of this year, a figure that is growing at twice the rate of the travel industry's.

For further information on the financial opportunity of renting a second home, visit www.homeaway.com/earn.

How to avoid electrical mishaps around the house



Accidents around the home happen. Some are minor and easily brushed off, while others can lead to serious injury or financial peril.

Many accidents, even those that are relatively minor, can be prevented. Such is often the case with electrical accidents, which may be more common than many people think. According to the Electrical Safety Foundation International, home electrical fires account for an estimated 51,000 fires each year, resulting in roughly 500 deaths and more than \$1 billion in property damage.

Homeowners who want to do all they can to reduce the likelihood of electrical mishaps at home can employ various strategies.

- Be mindful of cords and plugs. Cords and plugs can be found throughout the typical home. While few people may perceive cords and plugs as threats, they can serve as catalysts for accident and/or injury. Cords and

plugs should always be kept clear of heat and water sources, and cords should not be placed in areas where they can pose any tripping hazards. Even if residents grow accustomed to cord locations and know to maneuver around them, guests won't be as familiar. When pulling plugs from outlets, always pull the plug, and not the cord, to reduce injury risk.

- Periodically take inventory of electrical appliances and components. Some electrical appliances age well, while others may not. Periodic inspections of appliances and their components, such as their cords, can reveal wear and tear that can lead to fires or injuries. Replace any items that pose a threat and stop using these items immediately.

- Avoid DIY electrical work. Many homeowners are handy with hammers and other tools, but professionals are better trusted to perform electrical work on a home. The risk of accident or

injury when working with wiring and other electrical components is simply too great for untrained homeowners to do on their own.

- Unplug appliances before flipping a fuse. Fuses blow from time to time. Some may be knocked out by especially powerful storms, while others may blow because they're overloaded. Regardless of why fuses blow, homeowners should turn off appliances on blown fuses before flipping those fuses back on. Leaving appliances running when flipping a fuse can increase the risk of fire or accident. Turn off appliances, unplug them and then turn them back on one by one after the fuse has been flipped.

- Be especially cautious if anyone smells gas. Gas leaks are often detected by the aroma of the gas in the air. When such leaks are detected, homeowners should not touch or turn any electrical switches. Doing so may create a spark that can react with the gas in the air, leading to fire. If a gas leak is detected, go outside and contact a local emergency service.

Many home electrical mishaps can be prevented if homeowners exercise caution and hire certified electrical contractors to handle wiring and other electrical tasks around their homes.

How to choose the right window treatments for your home

Plantation shutters? Mini-blinds? Cafe curtains? Formal draperies? Homeowners' options in regard to window treatments for their homes are extensive, which can make outfitting home interiors challenging for novice decorators.

Some people do not pay a lot of attention to window treatments, failing to realize just how great an impact the right window treatments can have on a space. According to the design experts at Hunter Douglas, window treatments are often an afterthought because residents may not consider them necessities. As a result, homeowners may install whatever is on hand or accept window treatments that came with a house or apartment. But ignoring window treatments, especially when they can fulfill certain needs, is a missed design opportunity.

One of the first steps to choosing window treatments is determining your end goal. Is privacy your main goal? Are you seeking more natural light in a room? Is there too much light and you need to darken the room? Window treatments can serve multiple functions, and some treatments may make better fits depending on homeowners' ultimate goals.

Semi-sheer window treatments

Semi-sheer window treatments are often fabric and can help brighten rooms with natural light but offer little privacy. They're usu-

ally appropriate for spaces where people gather, such as living rooms, dens or dining rooms. Semi-sheer curtains may be paired with another complementary window treatment so privacy can be customized as needed. For example, sheer curtains let light into a bedroom, but shades can be drawn at night.

Maximum privacy

Bedrooms, work spaces or bathrooms can benefit from extra privacy. While some people may think that privacy comes at the cost of light, that's not always the case.

Functional curtain panels can be drawn closed when privacy is desired and then opened to let in light. The thickness of the fabric will also dictate the amount of privacy the panels create.

Tiers are hung on a short rod-pocket panel and usually cover the lower one-third of a window. They're popular choices to let light in from the top, but obscure views from the bottom portion of the window.

Cellular shades are another option that provide privacy but still let light in. Cellular shades come in hard and fabric varieties and their use depends on the room. Many cellular shades are constructed with a honeycomb design, offers the design resource Houzz, so they can insulate as well as decorate windows.

Blackout shades/shutters

Perfect for rooms where



babies nap, shift workers rest during daylight hours or external lights, such as that from a street lamp, need to be blocked out, blackout shades do just what their name implies. A dense fabric lining helps keep light out entirely.

Shutters also can block out light but add to the character of the room. They can be painted a bright color to make a statement or match wall colors to blend in seamlessly.

When selecting window treatments, shoppers can choose retail options or custom treatments. Many designers recommend custom window treatments because they are measured, manufactured and installed specifically for homeowners' windows. However, there are many DIY options available at budget-friendly retailers.

HOME

Remodel Unused Living Space To Maximize Your Home's Potential



When you get down to it, remodeling your basement can be a great way to have a new home at the old address.

(NAPS)

If the real estate market has you frazzled or if the notion of trading up leaves you with sticker shock, a home remodeling project may be just the right answer.

An Idea

A finished basement, for example, can offer a little extra room to give a growing family space to breathe or to create an income suite to offset mortgage costs. It can also offer the added benefit of bolstering the value of your

home. With so many uses, a remodeled basement may be the exact solution to what your home is missing, whether it's additional storage space, a soundproofed media room, craft room, guest room or home gym. The possibilities

are practically endless.

The Advantages

An unfinished basement, on the other hand, can be a source of energy loss, so with a remodeling you can expect to see savings on your monthly heating and cooling costs. Industry experts recommend finishing the space with the proper framing, insulation and vapor barrier to guarantee cozy and inviting rooms. Insulation plays a key role in the comfort of your newly remodeled space and although hidden within your walls, it will make sure the basement stays cool in the summer and warm in the winter.

A Problem

Unfortunately, moisture can be a common challenge in many basements. Starting with a dry space is important.

An Answer

As a result, builders and contractors often favor an inorganic stone wool insulation that's resistant to mold and mildew growth, such as Rockwool Comfortboard and Comfortbatt products. Not only will they help protect indoor air quality, they're easy to install and won't slump in the wall cavity. This serves to ensure the comfort of your newfound living space, so you can count on long-term thermal performance for years to come.

Remodeling a basement can be very worthwhile, especially when you consider that moving to a larger home can add significant bulk to your mortgage. To get the most from the project, be sure to practice due diligence, obtain the right permits, and educate yourself on building codes. If you don't have the know-how, it's worth the peace of mind to hire a qualified professional.

Learn More

For further facts, go to www.rockwool.com.

Raising The Bar And Wine Cellar To New Heights

(NAPS)

When you're looking for a great place to unwind with friends, as more and more Americans are discovering, few spots can beat your own home bar or wine cellar.

What's Cool In Wine Cellars

A recent survey of home decorators, designers and fabricators found four facts and trends to consider when you want to install your own bar.

1. What are the new technologies for bars and wine cellars? The majority of designers brought up LED lighting, flexible lighting, appliance lighting and the addition of more lighting displays. "Bars and wine cellars will trend toward backlighting in the future with the increasing prevalence of LED lighting," according to Paul Menninger, owner of Capitol Granite. "The options for LED come with reduced costs, longer life and lower heat generation."

2. What materials or appliances are trending? The hottest materials today

include ultracompact surfacing—more commonly known as "thin" tile. These surfaces have the advantage of stain resistance and durability—you can have a marble look, for instance, without having to worry about stains. Mixed textures were also a common answer. These are spaces designed to "stand out."

3. What trends do you anticipate for the future? Designers and fabricators anticipate the use of more glass, unique surface materials such as porcelain countertops, or looks such as a mitered drop edge. Cheryl Clendenon, owner of InDetail Design, states, "I would say unique wine storage in unusual places—we have proposed one in a large foyer. Sounds odd but it will be part of a built-in area with a bench and the wine will become drinkable art! Also, more clients want wine refrigeration."

"Clients tend to want a bar or wine cellar that is a conversation piece," states Krista Lake, owner of Signature

Interior Expressions. "They like for their bar/wine cellar to have a unique look that stands out from the rest of the home."

"The products we feel are currently trending are wine barrel and winepress furniture," states Brad Burns, partner/owner of Cutting Edge Countertops. That may help explain the appeal of Blanco's new Empressa faucet collection, which coordinates bar and kitchen sink faucet styles with a vintage winepress-inspired handle shape.

4. What colors are in for bars and wine cellars? Mostly whites and grays, automotive and industrial finishes. "Whites and grays with dark-colored woods contrasting in the wine cellars, like walnut and cherry," are popular, adds Menninger. What's working, he said, is contrasting light and dark colors for entertaining spaces. For example, the Empressa faucet ranges from contemporary polished chrome or stainless, to more traditional polished



The best bar around could be the one in your own home.

nickel and even oil-rubbed bronze.

The award-winning design team at Blanco foresaw the fusion of old-world influences and contemporary style in today's kitchens and bars. Traditional finishes such as oil-rubbed bronze are making a comeback, even as modern

design is surpassing traditional. The result is a transitional look with one foot in the familiar past and another in the functional present. It can be the best of both worlds.

Learn More

For further facts about faucets, go to www.blancoamerica.com.

Make the most of your home improvement dollars

Home improvement projects provide homeowners with a chance to put their own stamp on their homes. In addition, many such projects make homes safer and, in some instances, more eco-friendly.

The opportunity to make a home more comfortable, safer and/or more eco-friendly entices many homeowners to open their wallets. In fact, the Home Improvement Research Institute estimates that the home improvement products market will grow by more than 5 percent in 2018.

Homeowners might experience some sticker shock when researching home improvement projects or receiving estimates from contractors. But there are ways for budget-conscious homeowners to transform their homes and still



make the most of their home improvement dollars.

• Do your homework. Each year, Remodeling magazine publishes its "Cost vs. Value Report," a comprehensive study of 21 popular remodeling projects in

149 United States markets. The report notes the value each project retains at resale in 100 markets across the country. Homeowners who want to get the strongest return on investment can access the "Cost vs. Value Report" (www remodeling.how.net) to see which home improvement projects are best suited for them.

• Do some of the labor yourself. Homeowners willing to swing a hammer also can stretch their home improvement dollars. For exam-

ple, the home improvement resource This Old House® notes that homeowners willing to do their own demolition before the contractors arrive can save substantial amounts of money. A professional contractor may charge \$1,000 to demo a 200-square-foot deck, but This Old House estimates that homeowners who demo their own decks may spend only \$450 (for the dumpster rental and parking permit).

• Hire a consultant. The DIY movement is incredibly popular, no doubt thanks to television channels such as HGTV and the DIY Network. Homeowners with DIY experience may be able to complete projects on their own with little consultation from professional contractors. Some contractors may not offer consulting services, however. The consultation

route, which typically requires paying licensed contractors hourly fees to offer guidance, should only be considered by homeowners with legitimate DIY skills, for whom this option can be a great way to save money.

• Schedule renovations during homeowner-friendly times of year. Summer and fall tend to be contractors' busy seasons, and homeowners will likely pay more for projects during this time of year. If possible, delay starting projects until right after the new year, when contractors aren't so busy and might be more flexible with pricing.

Budget-conscious homeowners can employ various strategies to make the most of their home improvement dollars without sacrificing quality.

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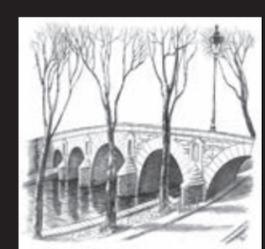
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