Mailed free to requesting homes in Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

Friday, April 13, 2018

Vol. VIII, No. 17

ONLINE: www.StonebridgePress.com

Complimentary to homes by request

BHC losing executive director is Rhode Island gain



Courtesy photo

Megan DiPrete is leaving the BHC

Following six successful years at Blackstone Heritage Corridor, Inc., Megan DiPrete has accepted the position of chief, Division of Planning and Development at Rhode Island Department of Environmental Management.

DiPrete was the first full-time staff person at BHC, starting her tenure in May 2012. She was instrumental in transitioning BHC from a Federal Commission to the thriving non-profit organization that it is today, working to help develop the organization's first-ever 10 year strategic plan, refreshing the branding and logos, and creating a new web site. For the past year, she has served as BHC's executive director, focusing her efforts on establishing a plan for the long-term sustainability of the organization.

Drawing on her experience in both community planning and construction management, DiPrete brought a number of projects to BHC's portfolio that protect the natural and historical resources of the Blackstone River Valley, cultivate a generation of stewardship and enhance the community vitality of the 25 cities and towns in the National Heritage Corridor. DiPrete's work with BHC has always kept an eye toward how community visions and project opportunities might fit together. For example, when she became

Please Read BHC. page A2



The Whitinsville Christian School Drama Club is putting the finishing touches on their upcoming production of High School Musical on Stage! The Disney Channel's 2006 hit movie, High School Musical tells the story of students who, despite other students' attempts to thwart their dreams, resist peer pressure and rivalry and inspire others not to "stick to the status quo." Eventually, the entire school comes together to celebrate each other's successes, made possible by teamwork and community spirit.

RALLY PLANNED TO SUPPORT OVERRIDE PASSAGE

DOUGLAS — The Vote Yes! Committee created to support a yes vote for a Proposition 2 ½ override question will host a rally of friends and supporters in front of the Simon Fairfield Public Library at 290 Main Street in Douglas at 9:30 a.m. on Saturday, April 14.

Douglas is one of many communities overburdened with unfunded mandates, seeing little to no increases in state funding for its schools and unable to generate sufficient funds to cover the operating costs of the town's basic services. Facing shortfalls this year and over the next several years, the Board of Selectmen recently unanimously approved a Proposition 2 1/2 override question asking the voters to approve a \$1.5 million increase in revenue in order to stabilize town operational funds.

Rally organizers urge everyone supporting the campaign to save Douglas to join them on the library steps. The event is open to all and Vote Yes! lawn signs will be available for pick up. Anyone wanting to volunteer to help with the Vote Yes! campaign should email voteyesdouglas@gmail.com, visit VoteYesDouglas. org, or find VoteYesDouglas on Facebook.

For the override to pass, voters must approve it at the upcoming annual town meeting on May 7 and on the annual town election ballot on May 8.

Register now for pay-to-ride program

Registration is now open for the 2018-19 Bus Transportation Pay-to Ride Program.

All students, whether free or paid, who will be taking the bus next school year must register for a bus pass in order to be eligible to ride the bus. This includes students who have transportation required in their IEP.

Go to www.uxbridgeschools. com and click into the new website. Choose Bus Transportation and Quick Start Guide for information on whether your child(ren) are eligible for bus transportation, provided free bus transportation, or need to pay for bus transportation. OLV students will need to pay for their busing based on the distance from their home to their neighborhood school (Taft, Whitin), not the distance from their home to OLV. The school committee bus policy, frequently asked questions and the online registration is available on the

All students MUST be registered and paid in full by June 1 or there will be a late fee of \$50 and it will be based on availability. The bus fees for the 2018-19 school year is \$180 per student, with a family

cap of \$540 per School Committee Transportation Services Policy KF(The policy can be found under Bus Transportation on the new website). All registrations must be made online. Payments may be made on line with a credit card or Pay Pal. Checks can be either mailed or dropped off to the Central Office Transportation Department, 9 North Main St., Uxbridge, MA 01569. No bus tags will be issued without payment received. Any check returned due to insufficient funds or closed bank accounts will have a \$25 bank fee charge. No cash will be accepted.

Bus passes can be picked up at your child's school during the week of Aug. 20. Please check the school's hours before going to pick up the bus pass.

Bus routes will be published the week of Aug. 20. Please see School Committee Transportation Services Policy KF (The policy can be found under Bus Transportation on the new website) for any questions concerning the bus routes or stops.

For more information or questions, please email: transportation@uxbridge.k12.ma.us.

Summer's bounty just around the corner -

Uxbridge Community Gardens revving up for spring planting

BY RAYANNE COOMBS

UXBRIDGE – In spite of the lingering snow, many local residents are gearing up to begin planting their soon to be summer bounty, at the Uxbridge Community Gardens. Located on a parcel of town owned land adjacent to the soccer fields on Sutton Street in Uxbridge, the Community Gardens has one-hundred plots for residents to cultivate throughout the growing season. Each plot measures 25' by 20' and costs twenty-dollars for the season. The Gardens will officially open on Saturday, April 21. Residents of Uxbridge, as well as surrounding towns, are welcome to apply for a plot in the garden.

Barbara Hall, the chairperson of

the Uxbridge Community Gardens Committee, first began the effort of opening the plots up to the community in the spring of 2012. The purpose of the Uxbridge Community Gardens is to provide a place for residents to come together, plant a garden, learn from one another and produce a healthy source of food for their fam-

Hall said, "The gardens are in an open field with full sun. Most people plant the traditional veggies - tomatoes, beans, squashes - but also flowers and herbs.

Part of the Community Garden's mission is to supply community members with the knowledge they need to create and maintain successful gardens while promoting sustainable gardening practices such as organic gardening and on-site composting.

The Gardens are operated with no funding from the town of Uxbridge, but is supported by plot fees, donations from individuals and the Uxbridge business community. The Gardens are also a source of food to those in need in the town; in addition to spaces for individuals, several garden plots are set aside for the People First Food Pantry. Those gardens, together with donations from other Community Gardeners, supply fresh organic produce to the Pantry. Garden space is also set aside for the Uxbridge Senior Center, where fresh vegetables supplement the COA lunch program.

The Gardens follow strict guidelines to ensure that all plots are completely

organic. Community gardeners are forbidden to use chemical fertilizers, pesticides or herbicides., and concentrate instead on improving the soil with organic matter and using natural controls for pests and diseases.

Hall said, "Our community gardeners are committed to the stewardship of the land and to growing healthy vegetables for their families without the use of chemicals.'

Although each Community Gardner is responsible for maintaining their own plot, the Garden also has several work days or work sessions several times during the season to accomplish general tasks around the gardens. Gardeners are asked to participate

Please Read GARDEN, page A4

Douglas announces final review completion

one part of its accountability system, the Department of Elementary and Secondary Education local oversees compliwith education requirements through the Coordinated Program Review. All reviews cover selected requirements in the following areas: Special Education, Civil Rights and

English Learner Education. The CPR takes place every six years in each district across the state. The CPR is made up of two phases: self-assessment and onsite verification.

During the spring of 2017 the district participated in the self-assessment phase. This was comprised of district/school review of special education, English language education and civil rights documentation for required elements, including district/ school review of a sample of special education student records selected from across grade levels, disability categories, and levels of need. The Onsite Verification phase took place this fall. It included the following:

•Interviews of administrative, instructional, and support staff consistent with those criteria selected for onsite verification.

•Interviews of parent advisory council (PAC) representatives and other telephone interviews as requested by other parents or members of

the general public. Review of student records

for special education: The Department selects a sample of student records from those the district reviewed as part of its self-assessment to verify the accuracy of the data. The Department also conducts an independent review of a sample of student records that reflect

Please Read REVIEW, page A5

Blackstone Briefs

SAVE THE DATE:

Free Family Fun Fishing Day Returns May 5! For the past three years, people of all ages and abilities have gathered for a day of fishing for fun and prizes at River Bend Farm, 287 Oak St. in Uxbridge. This year's Family Fun Fishing Day, scheduled for Saturday, May 5 from 10 a.m. to 1 p.m. (rain date May 19) promises to be another popular event. This event is FREE but registration is required at www.thebrwa.org/ familyfun.

The Family Fun Fishing Day is sponsored by the Blackstone River Watershed Association and Alternatives in partnership with the Massachusetts Department of Conservation and Recreation and the Massachusetts Division of Fisheries and Wildlife. Fishing rods and reels will be provided, but participants are welcome to bring their own equipment.

Food and beverages will be offered for sale by GottaQ Smokehouse BBQ.

This catch- and-release event welcomes young and old, experienced anglers and first time fishers alike. With a variety of educational activities, demonstrations on casting and tying techniques, games and prizes, the day will be full of fun, learning and friendly competition.

For more information about this event contact Jennifer MacNeill at (508) 266-6552 or Jennifer.MacNeill@ AlternativesNet.org.

SUTTON LIBRARY PLANS EVENT The Friends of the Sutton Free Public Library are pleased to announces the fourth annual Arts & Crafts Festival on June 9. The fun takes place on Sutton Common, from 10 a.m.-3 p.m. Rain location is in First Congregational Church. There will be big Book Sale at the Library, and Whittier Farms will provide lunch and goodies. You can purchase chances to win items donated by the artisans at the Raffle. Folks who would like to donate books to the sale may do so starting May 21. Artisans (no resellers) may obtain a registration form at the Library, 4 Uxbridge Road, Sutton or online through the Library's website or The Friends page on Facebook.

STROLL IN SOUTHWICK

Millville Boy Scout Troop 1 invites you to sign up for their Fundraising Walk event at Southwick's Zoo on Sunday, April 29 at 9am.

The registration fee allows you access to the zoo before general admission and you can stay for the entire day. Proceeds from the fundraiser will help fund summer camp and other outings and supplies for the troop.

Registration is \$16 for age 3 and older and free for under age 3. All walkers must arrive by 9:00 am. Southwick's Zoo is located at 2 Southwick St., Mendon. This event is rain or shine.

For registration information, please contact Tara Corcoran 508-259-8975

or tscorcoran@aol.com. STUDENT ACHIEVEMENT

LENEXA KS — James Cardoza of Milford graduated with an online AS Computer Science from Grantham University, a 100% online university.

"The Grantham family congratulates James on this accomplishment!" said Scott Andrews, Grantham University president and chief executive officer. "It gives us great pleasure for our graduates to embark on the next exciting chapter of their lives, with quality education that will help set them up for

The RIGHT Place" since 1923 Celebrating 95 Years Of Outstanding Service To Our Customers

Car Buying Tips

is the best time to buy a Car or Truck?

The RIGHT answer: (PART 3) The NO TIME LIKE THE PRESENT theory. Almost every day is a good day to buy a new car or truck. We know that most new cars have rebates from the manufacturer. They may also have special finance terms or some combination of both. This theory is based on the fact that if you are trading your car, its value is at its highest right now. Depreciation is always eating away at the value of a used car. The other aspect to consider is the factory incentives when buying a new car. Incentives can be a volatile thing and can change at the drop of a hat. Manufacturers like Ford watch the markets very closely. They adjust their strategies based on sales and production

Customers ask place: When targets in an effort keep the factories moving. As inventory levels, market share and consumer demand change the rebates and incentives change. A strong economy and low inventory might mean fewer rebates. High inventory or the desire to gain market share might mean higher rebates. In any case what we know today is how a vehicle is priced. If a customer finds a vehicle that fits their needs and the numbers make sense then buy now. Waiting could cost you more. Our current economy appears to be at a turning point. If the rebates go down or stay the same and your trade has lost more value your cost to buy will have gone up. Let us here at Place Motor show you how to take advantage of the current incentives and get the most for your trade. Let us show you why we are the Right Place to buy a Ford since 1923.

Send your questions to BillLeavitt@FordPlace.com

FUSION TITANIUM

ALL WHEEL DRIVE • Stock# 7007

Check out the NEW REBATES!

The right car at the right price.



THE RIGHT PRICE	
Rebate	
Place Motor Discount.	\$1923
PKG Discount	\$490
MSRP	\$36215

* Requires Ford Motor Credit Financing either college student, military appreciation or first responder



"2018 DRIVE FOR A BETTER PLACE" FOR THE MONTHS OF MARCH-APRIL PLACE MOTOR

PLACE MOTOR INC. WILL ONCE AGAIN BE PLEDGING \$150.00 FROM EVERY VEHICLE THAT WE SELL !!

Help Us Support Local Charities Our Goal Is To Help Make A Difference



PLACE MOTOR INC.

95 years of outstanding customer service 19 Thompson Rd. Webster, Ma. 01570 508-943-8012 placemotor.com

Kurtz accepts position of deputy director

Blackstone Heritage Corridor Board of Directors announces the advancement of Devon Kurtz to the position of deputy director. And yet, as this announcement is made, he is also serving as acting executive director immediately, as Executive Director Megan DiPrete is leaving for a new position.

Kurtz has served as BHC's director of audience engagement since joining the non-profit in 2014. His primary focus has been the BHC Visitor Center at Worcester; in addition to directing the interpretive plan with the new visitor center, he has been working directly with local, state and governmental agencies and liaising with the National Park Service, Massachusetts Department of Transportation, Massachusetts Department of Conservation and Recreation, the Office of Representative James McGovern, and the local community to secure ongoing support for the project and for BHC.

Kurtz also worked in partnership with the new Blackstone River Valley National Historical Park in creating their Junior Ranger Program, GearHeads.

Courtesy photo

Devon Kurtz and the famous hi-wheel bike

He can often be found throughout the Blackstone River Valley learning to ride BHC's hi-wheel bicycle.

BHC

continued from page A1

aware of state funding available to purchase bike racks in Massachusetts, DiPrete reached out to the eligible communities and helped complete the grant planning and reporting. Ultimately, bike racks, fix-it stations and other cycling infrastructure worth more than \$20,000 were installed in eight communities.

In Rhode Island, the Blackstone River Watershed Council-Friends of the Blackstone was hoping to partner with a state agency and the National Park Service to construct a replica barn at the Kelly House and Transportation Museum in the Blackstone River State Park. Learning that the partners had the will, DiPrete and BHC stepped in with "the way" and facilitated the construction process and project manage-

From the very beginning, DiPrete's work with the not-for-profit organization has included shepherding the development of the Blackstone River Bikeway, a 48-mile long on-road and off-road bike system. When DiPrete joined BHC in 2012, the project was about 35 percent complete. Entering 2018, the Bikeway is nearly 60 percent complete, and other sections are in

construction and design.

DiPrete was also responsible for guiding BHC in the move to Whitinsville. In 2015, Blackstone River Valley National Heritage Corridor operations had been based at the historic Woonsocket, RI Depot building for more than 20 years. When notified that landlord-owner RI DOT had other plans for the space, DiPrete took the lead by identifying the Linwood Mill office space. Not only is the site nearly in the geographic center of the National Heritage Corridor, but the building itself is a reclaimed mill deeply connected to the nationally-significant stories of the Blackstone River Valley. Redevelopment of the site in recent years preserved the integrity of the structure and included environmentally-sensitive techniques.

"It is difficult to leave," DiPrete said recently. "Having been part of the transition to a strong non-profit organization, part of the resurgence of volunteer stewardship throughout the region, working with an amazing team of people and shepherding projects that will have a lasting impact. I am so pleased not only with what we have shown we can do, but am also excited for the possibilities of the future."

Deputy Director Devon Kurtz has been named acting executive director while BHC's Board of Directors prepares for an executive search.

BLACKSTONE VALLEY TRIBUNE

OFFICE HOURS: MONDAY THROUGH FRIDAY 8:30AM-4:30PM

TO PLACE A RETAIL AD:

Advertising Executive Patricia Owens (508) 909-4135 patricia@stonebridgepress.news

TO SUBSCRIBE OR FOR **SUBSCRIPTION SERVICES:**

BLACKSTONE VALLEY TRIBUNE (508) 764-4325 OR KERRI PETERSON (508) 909-4103 kerri@stonebridgepress.news

TO PLACE A CLASSIFIED AD:

(508) 909-4111

Classifieds@stonebridgepress.news

TO FAX THE TRIBUNE: Call (508) 234-7506

TO PRINT AN OBITUARY:

EMAIL: jean@stonebridgepress.news OR send to Blackstone Valley Tribune, PO Box 90, Southbridge MA 01550

TO SUBMIT A LETTER TO THE EDITOR:

EMAIL:

ruth@stonebridgepress.news OR send to Blackstone Valley Tribune, PO Box 90, Southbridge MA 01550

TO SUBMIT CALENDAR ITEMS:

EMAIL:

ruth@stonebridgepress.news OR send to Blackstone Valley Tribune, PO Box 90, Southbridge MA 01550 A Stonebridge Press publication TRIBUNE STAFF DIRECTORY

President & Publisher

Frank G. Chilinski (508) 909-4101 frank@stonebridgepress.news

CHIEF FINANCIAL OFFICER RON TREMBLAY (508) 909-4102 rtremblay@stonebridgepress.news

> OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325

STONEBRIDGE PRESS PHOTO POLICY As a community oriented family of newspapers, Stonebridge Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Stonebridge Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for resale, with any proceeds going to Stonebridge Press and/or the photo re-print vendor.

ADVERTISING MANAGER Jean Ashton (508) 909-4104 jean@stonebridgepress.news

PRODUCTION MANAGER JULIE CLARKE (508) 909-4105 production@stonebridgepress.news

EDITOR RUTH DEAMICIS (508) 909-4130 ruth@stonebridgepress.news

Sports Editor NICK ETHIER (508) 909-4133 sports@stonebridgepress.com

The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.



The Blackstone Valley Tribune is com-

mitted to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

Reading the morning newspaper is the realist's morning prayer.



George Wilhelm Friedrich Hegel

www.StonebridgePress.com

BLACKSTONE VALLEY TRIBUNE Friday, April 13, 2018 • 3

Grass Roots welcomes contemporary band with traditional feel



Courtesy photo

The Stable Hands will be the act on hand this Saturday

The Grass Roots Coffeehouse presents The Stable Hands on Saturday April 14. This foursome have been friends for many years now. They had been playing music together casually until they were invited to play on the main stage opening up at the Norwich Festival in New York in 2010 and then again 2011. Then they made the decision to take their music a little further. Being presented with more musical opportunities have allowed them to grow artistically as well as musically.

The group consists of Rick Baskowski on banjo, Janet Baskowski on guitar, Sue Connolly on bass, and Tom Connelly on mandolin. Rick has been writing original songs and arrangements for the band and when they are not doing originals by Rick, they perform originals by other very talented artists; some they know personally and some who are acquaintances. Either way, each tune chosen has a personal understanding or meaning to the band.

They consider the music an art form that can sometimes have a traditional, but also a contemporary sound. The hope is to touch at least one individual who may be listening and will get some joy in what they hear. The band strives to improve with each note played, but most of all, they enjoy the music and each individual that they share it with. It's about having fun and loving what

The concert will take place at the Rockdale Congregational Church 42 Fowler Road Northbridge and starts at 7:30 p.m., doors open at 6:45. General admission is 15/10 seniors (65+)/5students. Hot soups, chili, desserts, hot and cold beverages available for purchase. The coffeehouse is 100% volunteer run and a portion of the proceeds will go to benefit the church.

For more info call 617-429-0347 or email aplandbob@aol.com or visit www.rockdalechurchonline.org

45 COLORS • \$45 per sq. ft. Installed

(40 sq.ft. or more) includes: rounded, beveled, or polished edges 4 in back splash. Cutout for sink.

Cannot be combined with other offers.

Biggest Selection of Marble and Granite

of ANY Fabrication Shop 280 Colors to choose from

 ${\bf 508\text{-}842\text{-}9800 \bullet shrews burymarble and granite.com}$

620 Boston Turnpike (Rte 9 E), Shrewsbury, MA (1/4 mi. east of Home Depot – Big Blue Bldg)

Mon-Fri 8-5, Sat. 9-4, Thurs. 8-6.

Insightful

Granite Counter top, Quartz Surface, Soapstor

Constituents participate in the 80th Citizens' Legislative Seminar

BOSTON - Senator Michael O. Moore (D-Millbury) welcomed Paul DiCicco of Millbury, Susan Crimmins of Shrewsbury and Christopher Rodwill of Worcester to the State House for the Citizens' Legislative Seminar (CLS). All three residents were nominated by Senator Moore earlier this year to participate in the civic education

CLS is a citizen seminar that aims to better educate the public on the Commonwealth's legislative process. Established in 1976 through a collaborative effort of the Massachusetts Senate and the University of Massachusetts, the two-day seminar features presentations by Senators and staff on aspects of the day-to-day experience of legislators in the Commonwealth.

"The importance of civic learning and engagement cannot be overstated," said Senator Moore. "I commend Paul, Susan and Chris for taking time from their busy schedules to learn about the legislative process. I'm glad they found their experience to be both rewarding and informative."

The CLS culminates in a simulated legislative hearing and Senate session where participants are invited to use what they have learned and participate as "senators" in a live debate in the Senate Chamber. During the 80th CLS, residents participated in a legislative debate regarding paid family and medical leave. CLS participants debated the



Pictured (L-R): Christopher Rodwill and John Papas of Worcester, Susan Crimmins of Shrewsbury, Paul DiCicco of Millbury and Senator Michael Moore.

same bill passed by the Senate in July.

The CLS program is held twice each year and interested residents of the Second Worcester District are encouraged to contact Senator Moore to request a nomination to participate. To learn more about the CLS program, please visit the Legislature's website, www.malegislature.gov.

RONNIE'S SEAFOOD

Rt. 31 Charlton Depot

"Proudly serving the community for over 45 years"

OPEN



Tues., Wed., Thurs., Sun. (11am-8pm Fri. & Sat. 11am-9am

Accepting most major credit cards

Volunteers still needed for annual Earth Day river cleanup

The Blackstone River Watershed needs you to natural environment in our own backyard. help. The Blackstone River Watershed Association (BRWA) is sponsoring its annual Earth Day River Cleanup on Saturday, April 14, from 1:00p.m. -3:00p.m. Towns included are Auburn, Millbury, Grafton, Upton, Sutton, Northbridge, Uxbridge, Douglas, Hopedale, Mendon, Millville, and Blackstone. We are very grateful to Savers Bank, Control Point Mechanical, and Tom Berkowitz Trucking, corporate sponsors of the 2018 Earth Day Cleanup! Our volunteers and corporate sponsors make the Blackstone River Watershed a cleaner, healthier place for us all!

Make a difference by volunteering just a few hours of your time to clean up trash and various debris that pollute our waterways along rivers, streams, ponds, wetlands, and shorelines. This is a wonderful opportunity to show how much you care about the

This project also meets community service requirements for many organizations.

Pre-register now for the BRWA Earth Day Cleanup online at www.thebrwa.org. If you know of any local sites that need cleaning you can tell us when you pre-register. If you have any questions, call us at 508-278-5200 or email us at info@thebrwa.

Towns are organized into five regions with a coordinator for each region. Coordinators will contact

volunteers with full details. A central registration site will also be open from 1:00 PM to 3:00 PM on April 14th at Blackstone Valley Vocational Technical High School, 65 Pleasant Street, Upton.

www.StonebridgePress.com BLACKSTONE VALLEY TRIBUNE Me Work for You!



The staff of the Blackstone Valley Tribune works for YOU, the local reader, the local advertiser, our local friends.

We are just a call or email away.

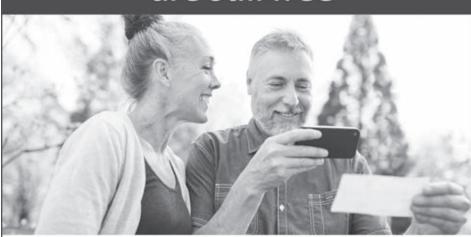
Patricia Owens

Advertising **Account Executive** patricia@stonebridgepress.news (508)909-4135

patricia@stonebridgepress.news (508) 909-4135

Visit us online at www.StonebridgePress.com





Like our EZ Checking Free account, still offering:

- No minimum balance requirement
- No monthly service charge
- Free internet and mobile banking
- Free mobile deposit

508.234.8256 MilfordFederal.com





Milford Whitinsville | Woonsocket

April Real Estate Market Update

04/06/2018 the rate on a 30 year fixed loan was 4.29% which is steady with where the rate was the last couple months. The fear of the future rate hikes most likely are having an affect on our current market causing people to purchase to keep their payments down. This is coupled with low inventory which is driving prices up in most areas. Refinancing is definitely still a good option but always look at the effective rate of your mortgage and if you have been paying it down for years the better rate may lower your payment

but may not help you to pay down your loan as quickly.

Today we have 1322 single family homes for sale in Worcester County compared to 6 months ago where we had 1986. Inventory did tick up about 8% from this time last month. If

we look back to 12 months ago we had 1554 homes for sale in Worcester County which shows a 14.9% decrease in inventory year over year. The average days



REALTOR'S REPORT

> **JAMES BLACK**

on market is currently 118 days which is a 16.3% decrease in days on market from last month. If we look at homes sold over past 12 months compared to the same time for the previous year there is an almost 1.6% increase

in sales and a 6.0% increase in average sales price while it is taking 18.9% less time to sell the homes this year than last year in Worcester County. This shows that prices are still rising and homes are still selling quicker than a vear ago.

The numbers again are all positive and showing continued growth with no immediate signs of a change in the market. It is important to hire a Realtor familiar with your market especially in this market where it seems you can just put a sign out front and get a bunch of offers. The right agent will ensure you get the most money for the house in the shortest amount of time.

bankHometown funds maintenance for student transportation van

UPTON - Blackstone Valley Tech recently accepted a \$3,500 donation from bankHometown to support a school student transportation van. The vehicle, now adorned with the bank's logo, will transport students to job sites within the school's 13-town district. The district towns' municipal buildings, public schools, and nonprofit organizations frequently utilized BVT students' technical skills.

The contribution from bankHometown will provide the necessary funds to maintain the van for one year. The students in the Painting and Design Technologies program developed and produced the vinyl decal before adhering it to the van's surface to showcase the bank's sponsorship. The bank also requested the students create a decal to show support for heating, ventilation, air conditioning, and refrigeration teacher Derek Yancik who is battling pancreatic cancer. Yancik's wife, Karen Yancik, is a 31 year employee at bankHometown. The van sports several purple pancreatic cancer awareness ribbons with the rallying cry "Yancik

Strong" for the teacher.

"As a community bank, supporting the communities we serve is a cornerstone of our culture and mission. Helping the students get on-the-job training will provide them with lifelong skills. We are proud to sponsor the student transportation van in the name of "Yancik Strong" to support and encourage a member of our bank-Hometown family," said Michael D. Hewitt, bank-Hometown President and CEO.

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon. Milford, Millbury, Millville, Northbridge, Sutton, Upton Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school's website is www.valleytech.

<u>k12.ma.us</u>.



bankHometown recently donated \$3,500 to Blackstone Valley Tech to support a student transportation van. Pictured are BVT Assistant Superintendent/Principal Anthony E. Steele, Bank Hometown Vice President - CRA Officer Michael J. Roy, BVT Superintendent-Director Dr. Michael F. Fitzpatrick, and Bank Hometown President/CEO Michael D.

CLUES ACROSS

- 4. Roman Statesman
- 8. A protective covering worn over the face
- Perfected
- 11. British school
- 12. Colored with red powder 13. Tivoli
- 15. What bowlers hope to
- knock down
- 16. Finnish lake
- 17. Damaged regions of tissue 18. World-renowned guitarist
- 21. Political action committee
- 22. Oxygen reduction system
- 23. Part of a circle
- 24. Italian monk's title 25. Kidney problem (abbr.)
- 26. One point east (clockwise) of due north
- 27. Home to a world famous bay
- 34. Mollusk
- 35. Large nest of a bird of prey
- 36. Predict 37. Reconnaissance
- 38. Move in a particular direction
- 39. Cut with a tool
- 40. True firs
- 41. Heaven's opposite
- 42. Employed
- 43. "Partridge Family" actress Susan

1. Induces vomiting 2. Gloss or sheen on wood

CLUES DOWN

- furniture 3. Meteorological line
- 4. Help shoppers save money Heart condition
- 6. What tweens become
- and ends 9. Small knob
- 10. Island capital
- 12. Refinisher Brazilian city
- 15. Pearl Jam's debut
- 17. Resinous substance of an insect
- 19. Stretched out
- 20. Bag-like structure in a plant
- or animal
- 23. Reference works 24. Hoover's office
- 25. Confused
- 26. The Science Guy 27. A young woman
- 28. Used to express good wishes 29. Body part
- 30. Draw blood
- 31. Curved
- Kidman, actress
- 33. Profoundly
- 34. Fools
- 36. Wife (German)

1 8 A 3 H OH 1 8 3 B E L A N D T ATNASSO I S 3 7 4 N 3 T n N G E OR 0 1 3 0 3 N

Photo Reprints Available Call for details 508-764-4325

Local doctor named head of prestigious group

William Tosches, MD, FAAN, has recently been elected national chairman of general neurology by the American Academy of Neurology. In 2017, he was awarded the Academy's Teacher of the Year award for the second time, as associate professor of neurology and medicine at the University of Massachusetts Medical School.

A native of Milford, Dr. Tosches graduated from Milford High School in 1963 and the College of the Holy Cross in 1967.

BLACKSTONE

to Marcoux, Stephen.

DOUGLAS

LLC.

to Cruz, Miguelina A.

UXBRIDGE

G, and Damore, Nancy J.

Deutsche Bk Nati T Co Tr.

Real Estate

RANSACTIONS

\$272,000 154 Lakeshore Dr, FNMA,

\$153,750 6 1st Ave, Erdman, James

\$10,000 Lakeshore Dr, Sansivero,

Frank R, and Sansivero, Lisa M, to

Marcoux, Stephen, and Marcoux, Stephen T.

\$366,000 14 Compass Point Dr, Northbrown LLC, to Guertin,

\$100,000 185 Walnut St, Rossi, Nick,

\$50,000 Whitin Reservoir Ave,

\$15,000 52 Shore Rd, Guaranteed

\$200,000 111 S Main St, 111 South

\$50,000 105 S Main St, High Ridge

Development, to Merit Management

Main LLC, to Merit Management

Bldgs&Develprs, to Mcgee&Mcgarth

Damore, Jo-Ann M, to Damore, Paul

Michelle M, and Guettin, Ricky W.

W, and Deutsche Bk Nati T Co Tr, to

He joined Milford Regional's active medical staff in 1977 after serving two years in the United States Army.

Prior to serving in the armed forces, he graduated from Loyola University Stritch School of Medicine where he also performed an internship. Dr. Tosches completed a residency in neurology at Boston University, Boston. He is board certified in neurology.

Dr. Tosches has performed many key administrative roles Milford Regional including president of the medical staff, a member of the Board of Trustees, Executive chairman, Committee, chairman, Department of Medicine and Residency - House Staff Committee. He is a former director of the neurology student ship at UMass Medical School.

Dr. Tosches has published papers on epilep-



Dr. William Tosches

sy and injuries in patients with multiple sclerosis.

Currently, Dr. Tosches is a Fellow of the American Academy of Neurology and the Division Chief of Neurology at Milford Regional. He practices at Greater Milford Neurology, Hopedale.

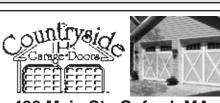
GARDEN

continued from page A1

in at least one work session during the season to help with maintenance activities including mowing, trimming and other upkeep tasks of the common areas.

If you are interested in learning more about the Uxbridge Community

Gardens, or if you would like to secure a plot, the application can be found at the Uxbridge Library, Senior Center and the Uxbridge Town Hall, office of the Town Clerk. The Uxbridge Community Garden also has information available online at www.uxbridge-ma. gov/Pages/UxbridgeMA_ Bcomm/Gardens/.



430 Main St., Oxford, MA

We repair all makes and models of **Garage Doors and**

Electronic Openers • Broken Springs Replacement Sections • Broken Cable Remote problems

8x7-9x7 Steel 2 Sided Insulated Garage Door

r-value 9.65 Inc, standard hardware & track, 8 color & 3 panel design options **INCLUDES INSTALLATION**

Liftmaster 1/2 hp Chain Drive 7 ft. Opener

INCLUDES INSTALLATION Price matching available on all written quotes

Sales • Service • Installation 800-605-9030 508-987-8600 Visa/Master Card Accepted



PHOTO REPRINTS AVAILABLE Call Stonebridge Press for details 508-764-4325 or drop us an email at photos@stonebridgepress.com

Senate endorses civic education initiative

BOSTON - Senator Michael O. Moore (D-Millbury) announced the Senate passed legislation to promote and enhance civic education. The legislation, which passed by a 32-4 vote, reflects an innovative approach to strengthening civic learning and participation in the Commonwealth.

'We are on the verge of enacting civic education curriculum that is critical to equipping our next generation with the tools and information needed to be active and engaged citizens," said Senator Moore. "Civic education is an essential component for the survival of our precious democracy and I was proud to work with my colleagues in the Senate to advance this measure."

The legislation enacts a hands-on and experiential approach to fostering civic engagement. The bill incorporates project-based learning components, encourages the instruction of civic competencies, and provides extracurricular civic-participation opportunities. The curriculum is made possible by the Civics Project Trust Fund, which will provide funding for professional development and for the further development of curriculum frameworks.

The legislation also complements and enhances efforts currently undertaken by the Board of Elementary and Secondary Education to update the History Social Studies Framework. The last time these standards were revised was in 2003 and the proposed revisions include a strong focus on civic education, and to challenge students to deepen their understanding of history, geography, and economics.

Provisions of the bill passed by the Senate are the result of 18 months of collaboration amongst a bipartisan working group of legislators and stakeholders. Initial efforts to implement civic education standards also date back to a 2012 report by the Special Commission on Civic Engagement and Learning. The Commission's final recommendations included input from key leaders within the area of civic education including former Senator Richard T. Moore (D-Uxbridge) who served as chair of the Special Commission.

The bill, S.2375, has been referred to the House of Representatives for consideration. To continue tracking the legislation, visit the Legislature's website, www.malegislature.gov.

Festival yields plethora of talent over two days

Alternatives congratulates the winners of its annual One Act Play Festival on the Mumford, a two day theater event that took place over the weekend of March 23 & 24. Eight competing companies, groups and individuals performed in the Festival including representatives of community theater groups, local schools and Alternatives programs for individuals with disabilities.

Winning the award for Best Original Work was "Fly Girl", written, directed and performed by Lorna Nogueira.

Night Wednesday Mayhem, a community theater group in New England Theater Worcester, took the award for Best Ensemble for "Mayhem on the **Mumford"** written by Vivian Eliza Nichols and Chandra Watts, directed by Vivian Eliza Nichols, performed by Nichols, Chandra Watts, Vivian Eliza Nichols and

Best of Show was awarded Ryan to Cashman for his original play, "Bull, Butterfly, and Belle" directed by Fred D'Angelo and performed by Jim Porter and Michael Legge.

Zach Ward.

Festival was The judged by three accomplished members of the community. Ann Marie Shea, Jeremy Woloski and Neal Martel.

"This inclusive event brings people with and disabilities without together to enjoy, celebrate and be part of the extraordinary talent found right here in our local communities," commented Cristi Collari, Director of Community Outreach at Alternatives.

For more information and photos of the event visit: AlternativesNet. org/ValleyCAST/ PlayFest2018 event was sponsored by ValleyCAST and Alternatives.



Festival participant Lorna Nogueira during her Best of Show winning performance of Fly Girl.

Take it up a notch out back: adding appeal to a patio or deck



GARDEN Moments MELINDA

MYERS

Summer means time spent gardening and relaxing with friends. And just like the kitchen in winter, the patio or deck tends to be the gathering spot when the weather turns warm.

Get the most from this space with a bit of preseason planning and decorating. Select functional and beautiful furnishings to create a special spot for you, family and friends to enjoy whenever the weather allows.

First, sketch out the space and measure the dimensions of

all furnishings you are considering, making sure they will fit. Allow extra space for people to pull chairs in and out from the table and navigate around furnishings, preferably 3 to 4

Next, select a table that fits the space and provides ample serving space. An extension table allows you to expand your surface if a few more folks drop by. A round folding table provides space for guests, and it can be stashed against the wall when workspace is need-

Small- and large-space gardeners will enjoy the benefits of elevated gardens with built-in trellises. These maximize growing space even on a small deck or patio and bring the garden to the party. Look for self-watering planters and especially those with wheels so winged visitors stopping by for you can easily move them out a sip.

of the way of a family gathering or closer to the kitchen for easy harvesting.

Include a multifunctional piece like a potting bench. Look for a versatile and well-built, furniture-quality piece like the CedarLast potting bench (gardeners.com) that complements other furnishings and can be used as a serving surface when entertaining. Consider features like a faucet for washing and watering that drains into a bucket or the ground, as well as hooks for hanging tools and baskets and space for storage.

Bring nature to your door and mask unwanted background noise with the soothing sound of water. Wall-mounted and container fountains add the sound and motion of water to even the smallest patios and decks. Watch for colorful

Extend your enjoyment into the evening with pleasing outdoor lighting. Make sure the light is deflected and not shining directly into visitors' eyes. Downward facing overhead lights brighten large areas. Use them to illuminate key spaces such as those used for cooking. Strands of lights on structures, ribs of an umbrella or the underside of a bar provide a festive touch.

Use tabletop lighting to create a more intimate mood. Outdoor flameless candles add warmth to your space while a Columbine solar lantern adds charm. Look for a style that complements your outdoor décor.

Add pathway lighting to direct guests to the patio or on a stroll through the garden. Solar lighting allows flexibility

Turn To MYERS page A10



Photo courtesy Gardener's Supply

Raised beds and multipurpose potting benches can add both beauty and functionality to your patio of

REVIEW

continued from page A1

activities conducted since the beginning of the school year. The onsite team will conduct this review, using standard Department procedures, to determine whether procedural and programmatic requirements have

been implemented.
•Surveys of parents of students with disabilities: Parents of students with disabilities whose files are selected for the record review, as well as an equal number of parents

of other students with disabilities. are sent a survey that solicits information regarding their experiences with the district's implementation of special education programs, related services, and procedural require-

•Observation of classrooms and other facilities: The onsite team visits a sample of classrooms and other school facilities used in the delivery of programs and services to determine general levels of compliance with program requirements.

It is with great pleasure that I

provide you with the results of the

Coordinated Program Review. Each area (Special Education, English Learner Education and Civil Rights) has specific compliance criterion that was evaluated. In the Final Report, a rating for each compliance criterion was indicated. Included in a narrative statement in the Final Report for each criterion is a rating of either "Implemented," "Partially Implemented," and "Not Implemented," explaining the basis for the rating. Our results are as follows:

Special Education: 66 Compliance Criterion 0 Findings

English Language Education: 18 Compliance Criterion

0 Findings

Civil Rights:

36 Compliance Criterion 3 Findings; all 3 were categorized as "Partially Implemented"

The knowledge, dedication and discipline that went into this remarkable outcome is due to the work of the staff across the District. This is an accomplishment to be celebrated.



Spring Lecture Series

Seeking Relief:

Advances in Spine Surgery

Thursday, May 10 at 7PM

Omar Arnaout, MD; Hasan Zaidi, MD and Timothy Smith, MD, PhD, MPH **Brigham and Women's Neurosurgery of Milford**

Back pain can be debilitating and relief can be elusive. Our team of neurosurgeons from Brigham and Women's Hospital diagnose and treat a wide variety of spinal disorders, ranging from the common herniated disc to complex spinal deformities. Neurosurgeons Omar Arnaout, MD; Hasan Zaidi, MD; and Timothy Smith, MD, PhD, MPH, will help solve the mystery of back pain and discuss procedures that can help relieve pain and discomfort. FREE



Omar Amaout, MD



Hasan Zaidi, MD



Timothy Smith, MD, PhD, MPH

This FREE lecture is presented at Milford Regional's Physicians Conference Center on the ground floor of the main building, adjacent to the main lobby.

Registration is required, as seating is limited. Please call 508-422-2206 or visit milfordregional.org.



Medical Center

14 Prospect Street • Milford, MA milfordregional.org







LEARNING

Students set school SkillsUSA record

UPTON — In the first stage of the SkillsUSA competition series, Blackstone Valley Tech students showed their technical prowess and brought 35 gold, 34 silver, and 33 bronze medals home from the SkillsUSA Massachusetts District V Conference.

SkillsUSA events operate as showcases for vocational technical education. Students compete with each other in hands-on technical exams designed and judged by industry leaders and experts. The 2018 series kicked off for Valley Tech students on March 23, when Bay Path Regional Vocational Technical High School hosted the SkillsUSA Massachusetts District V Leadership Conference. Competing against more than 900 vocational technical students from seven schools, 102 Valley Tech students won medals and 30 students earned perfect scores in either the trade, employability, or OSHA testing.

Following their strong district-level performance, 124 BVT students will advance to the SkillsUSA Massachusetts State Leadership and Skills Conference on April 27. Blackstone Valley Tech will once again host the state championships in which students compete for the honor of representing the Commonwealth of Massachusetts at the SkillsUSA National State Leadership and Skills Conference held each summer in Louisville, KY.

The following students, organized by hometown, earned gold, silver, and bronze medals at the SkillsUSA Massachusetts District V Leadership Conference. Also listed are students nominated for the SkillsUSA Massachusetts State Executive Council and students who earned perfect scores in either the trade, employability, or OSHA testing.

Bellingham: Perfect Score: Kristen Flavin; Sabah Sabir.

Gold: Nicholas Connolly (automated manufacturing technology); Halle Derouin (plumbing); Jennifer DeWolfe (customer service); Kristen Flavin, (major appliance technology).

Silver: Joshua Deluca, (commercial baking).

Bronze: Adam Kaminski-Miller, (welding); Troy Lafond, (robotics and automation tech).

Blackstone: Gold: Dominic Mezzadri (additive manufacturing).

Silver: Maribeth Buteau, (team works); Jessica Connolly (technical computer applications); Matthew Coppolino (mechatronics); Thomas Watson (urban search and rescue).

Bronze: Aaron Bolduc (information technology service).

Douglas: Perfect Score: John Doiron; Natalie Fenoff; Megan Jacene; Emily Losiewicz; Patricia Soltan.

Gold: John Doiron (dental assisting); Natalie Fenoff (painting and design technology); Margaret Gurney (nursing assisting); Connor Zisk (digital cinema production).

Silver: Megan Jacene (robotics and automation tech).

Grafton: Perfect Score: Katherine

Silver: Gabrielle Decosta (first aid/CPR; Logan Donohue (HVAC/R); Cassandra Gettings (CNC technician).

Bronze: Michelle Yitts (CNC milling specialist).

Hopedale: Perfect Score: Eli Moore. Gold: Sophie Pigeon (collision repair technology).

Silver: Kyle Day (team works); Annabelle O'Reilly (Team Works); Kiley Schermerhorn (digital cinema production); Keegan Williams (major appliance technology).

Bronze: Andriana Jolie (automotive refinishing technology); Eli Moore (culinary arts).

Mendon: Perfect Score: Meghan Altavilla; Christopher Aurelio; Matthew Forget; Abigail Pontzer; Zachary Rivernider; Timothy Snow.

Gold: Christopher Aurelio (photography); Matthew Forget (industrial motor control); Zachary Maron, (automotive refinishing technology); Patrick Ober (robotics and automation tech); Silvanna Reid (automated manufacturing technology); Timothy Snow (technical drafting); David Stewart (diesel equipment technology).

Silver: Zac Comer (urban search and rescue; Chase Duncan (additive manufacturing); Patrick Kennedy (mechatronics); Brian St. John (additive manufacturing).

Bronze: Thomas Cavanaugh (robotics and automation tech); Stephen Morelli

(automotive service technology); Zachary Rivernide (mobile robotics).

Milford: State Officer Candidate: Adam Cavanaugh.

Perfect Score: Demetri Almedia; Christopher Calvao; Rachel Vachon; Melissa Vierra.

Silver: Samantha Houston (culinary arts); Logan Keefe (digital cinema production); Tinho Leong (internetworking); Cameron Pelletier (mobile robotics).

Bronze: Demitri Almedia (telecommunications cabling); Cristopher Calvao (urban search and rescue); Samuel Rosa (computer programming); John Tebeau (CNC turning specialist); Rachel Vachon (health Knowledge Bowl).

Millbury: Silver: Olivia Corey (restaurant service); Jennifer Dooley (medical terminology).

Bronze: Emily Donnelly (health Knowledge Bowl); Benjamin Gardner (collision repair technology).

Millville: Perfect Score: Sarah Ducharme; Jadon Laforest. Gold: Jadon Laforest (internetwork-

ing); Benjamin St. Gelais (additive manufacturing).

Silver: Ethan Blake (CNC milling specialist); Sarah Ducharme (telecommunications cabling).

Bronze: Margaret Boone (web design).
Northbridge: Perfect Score:
Sarah Arnold; Skylar Chase; Anika
Kooopman; Vella Ross.

State Officer Candidate: Anika Koopman.

Gold: Sarah Arnold (commercial baking); Taevy Augusto (cosmetology under 500 hours); Brianna Brothers (technical computer applications); Anthony Carneiro (robotics and automation technology); Gibran Kafal (culinary arts); Jessica Nordquist (digital cinema production); Vella Ross (medical terminology); Donovan Tames (telecommunications cabling).

Bronze: Haley Andrews-Tognazzi (electrical construction wiring); Skylar Chase (advertising design); Alexia Coates (web design); Zachary Griggs (additive manufacturing); Alana Johnson (commercial baking); Sylvia Rodriguez (painting and design technology.

Sutton: Perfect Score: Conner Andrews; Grace Peters.

Gold: Jeff Hebert (HVAC/R); Jack Mandella (welding); Rose Mandella (esthetics).

Silver: Joe Cardin (welding); Grace Peters (painting and design technolo-

Bronze: Connor Andrews (mobile robotics); Olivia Mahoney (medical math); Nicholas Reed (urban search and rescue); Brett Szczurko (internetworking).

Upton: Perfect Score: Hannah Giglio; Elizabeth Stallcup.

Gold: Elizabeth Stallcup (restaurant service); Nicholas Uhlman (power equipment technology).

Silver: Katherine Kessler (advertising design); Meghan Leacy (cosmetology over 500 hours); Aiden Luetkemeyer (diesel equipment technology); Jacob Martin (automotive service technology); Noah Stallcup (robotics and automation tech).

Bronze: Nathan Auger (additive manufacturing); Selah Harper (health Knowledge Bowl); Jillian Napolitano (health Knowledge Bowl); Zachary Taylor (major appliance technology).

Uxbridge: Perfect Score: Justin Thayer.

Gold: Melissa Brochu (advertising design); Ethan Borjeson-Troupe (automated manufacturing technology); Galina Jaros (cosmetology over 500 hours).

Silver: Tyler Pulicari (Team Works); Justin Thayer (mobile robotics).

Bronze: Bailey Leavitt (diesel equipment technology); Shayla Seymour (basic health care skills).

Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton. Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school's website is www.valleytech.k12. ma.us.

* * Friday's Child * * *



Hi! Our names are Devondrick and Eliajah and we want to be a police officer and professional soccer player.

Devondrick and Eliajah are friendly brothers who are looking for a family together! Devondrick is an outgoing young man of Cape Verdean descent. He presents as quiet and shy around people he does not know but once

he feels comfortable, he is friendly, outgoing, and funny. Devondrick is very athletic and loves to play baseball, football, and basketball. He participates in team sports regularly, and is currently on local baseball and football teams. Devondrick is very competitive and takes pride in his abilities. He does well academically, especially in math. He has many friends at school with whom he enjoys spending time.

Eliajah is of Lebanese and Cape Verdean descent. He is funny, social and enjoys being around other children. He loves to play outside and watch television. Eliajah has played baseball in the past and would also love the opportunity to try soccer. Eliajah's foster mother says that Eliajah has a big heart, and that he is very helpful around the house and will even ask to help with chores! He does well in class and has friends at school.

Ready for adoption, Devondrick and Eliajah would like to be placed in a home together with a mother and a father, a single mother or a single father. Their social worker is open to exploring families with or without other children in the home

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place"

This space is provided by:



19 Thompson Road, Webster, MA 508.943.8012
placemotor.com

PUT US IN, WE'RE READY



Several students in Blackstone Valley Regional Vocational Technical High School's Students for Environmental Awareness (S.E.A.) Club recently completed the Blackstone Valley 101 education program offered by Blackstone Heritage Corridor, Inc., and are now official volunteers with BHC Volunteers-In-Parks program. Pictured here with their certificates and pins are: (front row, left to right) Josiah Ramirez of Milford, Juliet Slobogan

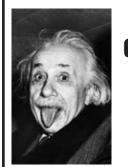
of Bellingham, Penny Hebert of Upton, (back row, left to right) Sylvia Rodriguez of Northbridge, Tom Lamont (S.E.A. Club advisor and instructor at BVT) of Whitinsville, and Natalie Fenoffof Douglas. To learn more about Blackstone Valley 101 and the Volunteers-In-Parks program, contact Suzanne Buchanan at volunteeer@BlackstoneHeritageCorridor. org or call (508) 234-4242.

Courtesy photo



Join us for a season of adventures! Walks, paddles, hikes and more are happening throughout the National Heritage Corridor. Visit our website for the latest events.

www.thelastgreenvalley.org



Challenge your Memory

After reading your newspaper,
put it aside for moment,
then challenge yourself or a friend,
to remember as many ads
as you can.

Less than 5: Keep trying7-10: Getting Better11-15: Excellent15 or More: GENIUS!

Blackstone Valley Tech announces second trimester commendations

UPTON - Superintendent-Director Dr. Michael F. Fitzpatrick has released the following Commendation List for the second trimester of the 2017-18 academic school year at Blackstone Valley Regional Vocational Technical High School. Students named to the Commendation List have met rigorous standards including maintaining a grade point average of 80 percent or above in each technical, related, and academic course for the trimester. Students are listed alphabetically by last name and are grouped according to grade and home-

GRADE 12 <u>Douglas</u>

Jared Ayotte, Health Services; Kirsten Ballou, Cosmetology; Owen Christian, Plumbing; Sydney Connor, Drafting; Josephine Garland, Painting & Design Technology; Margaret Gurney, Health Services; Kiley LaFortune, Business Technology; Anna LaPolt, Culinary Arts; Kelsey Nolen, Health Services; Priva Patel, Health Services.

Northbridge Auto Jameson Adee, Technology; Sarah Arnold, Culinary Arts; Hailey Baldwin, Services; Health Cameron Dolson, Information Technology; Casey Gosselin, Zachary Griggs, Drafting; Emily Iacovelli, Drafting; Multimedia Communications; Gibran Kafal, Culinary Arts; Vanessa Karagosian, Business Technology; Alyssa Mahoney, Cosmetology; Donovan Tames, Electrical; Vanessa Trapasso, Engineering Technology; Lauren Vaughan, Dental Assisting; Emily Whittaker-Smith, Dental Assisting; Sophia Zechello,

Melissa Brochu, Multimedia Communications; Austin Brodeur, Electrical; Jared Creighton, Electrical; Madison Hey, Cosmetology; Katherine Construction Jordan, Technology; Grace Kenny, Multimedia Communications; Mycala Labbe, Dental Assisting; Ava Lawyer, Engineering Technology; Meaghan Remillard,

Multimedia Communications.

Business Technology; Katelyn Silveira, Dental Assisting; Justin Thayer, Engineering Technology; Katarina Whitney, Dental Assisting; Angela Young, Culinary Arts; Tabitha Young, Auto Collision Technology.

GRADE 11 Douglas

David Brown, Electronics & Engineering Technology; Natalie Fenoff, Painting & Design Technology; Ashley Ferrick, Cosmetology; Emma Heintz, Culinary Arts; Theron Howe, Drafting; Aaron King, Construction Technology; Connor Zisk. Multimedia Communications.

Northbridge Burke, HVAC/R; Corey Victoria Byrne, Dental Assisting; Anthony Carneiro, Electronics & Engineering Technology; Skylar Chase, Multimedia Communications; Connor Loando, Multimedia Communications; Madison Malone, Health Services; Jennifer McLaughlin, Health Services; Hannah Nicoletti, Dental Assisting; Jessica Multimedia Nordquist, Andrew Communications; Regan, Engineering Technology; Sylvia Rodriguez, Painting & Design Technology; Vella Ross, Health Services; Braelyn Sessa, Dental Assisting; Kimberly Shorey, Health Services; Maya Trombino, Dental Assisting; Kayla Wittenberg, Dental

Assisting. <u>Uxbridge</u>
Kelly Buteyn, Plumbing; Eric Caissie, Manufacturing Technology; Thomas Campanelli, Information Technology; Kaitlyn Collins, Health Services; Felicia D'Ambra, Electrical; Mara Eisenhardt, Drafting; Lena Flynn-Moscaritolo, Business Technology; Lindsey Guyton, Business Technology; Ava Howe, Health Services; Galina Jaros, Cosmetology; Rebecca Lauze, Multimedia Communications; Derek Lucciarini, Electrical; Steven Makynen, Construction Technology; Megan Metzger, Business Technology; Shayla Seymour, Health Services; Christian Verla, Multimedia Communications.

Christina Aube, Drafting; Grace Bertone, Multimedia

Communications; Isabel Briggs, Drafting;

Eric Buchanan, Information Technology; Jason Dansereau, HVAC/R; Massimo Fontaine, Information Technology; Benjamin Garland, Electrical; Sage Hurteau, Painting & Design Technology; Kaylee Ide, Business Technology; Megan Jacene, Engineering Technology; Emily Losiewicz, Engineering Technology; Skylar Manyak, Dental Assisting; Brooke Mazzuchelli, Culinary Arts; Braedon Motyka, Multimedia Communications; Gabrielle Muscatell, Health Services; John Nasuti, Plumbing; Victoria Provencal, Electrical; Madeline Rivard, Electrical; Hannah Rosenkrantz, Engineering Technology; Patricia Soltan,

Services;

Stienstra, Culinary Arts.

<u>Northbridge</u>

Alison

Shane Andrews, Construction Technology; Taevy Augusto, Cosmetology; Brianna Brothers, Business Technology; Max Brueggemann, Drafting; Isabel Carroll, Culinary Arts; Alexia Coates, Multimedia Communications; Caroline Engineering Gallant, Technology; Mackenzie Gifford, Culinary Arts; Cassidy Gosselin, Health Services; Jacob Gray, Technology; Information Benjamin Hazerjian, HVAC/R; Christopher Hollenbeck, Information Technology; Alana Johnson, Culinary Arts; Ryan Johnson, Auto Technology; Ethan Lavoie, Drafting; Stephanie Massey, Dental Assisting; Kevin McGowan, Electrical; Ashley Minior, Health Services; Hannah Morrison, Health Services; Braden Murray, Electronics & Engineering Technology;

Sean Naughton, Information

Technology; Joshua Pinoos,

Electronics & Engineering

Technology; Hayleigh Pollinger,

Painting & Design Technology; Eleni Polymeros, Cosmetology;

Victoria Trapasso, Health

Services;

HVAC/R;

Dental Assisting.

Sara Trenholm,

Abigayle White,

Conner Bucchino, Drafting; Doubleday, Charlotte Technology; Engineering Meaghan Haley, Engineering Technology; Lauren Lachapelle, Manufacturing Technology; Kieler Langemo, Multimedia Communications; Jeremy Lutton, Manufacturing Technology; Antonio Morais, Multimedia Communications; Darouny Phianesin, Dental Assisting; Brendan St Andre, Information Technology; Keegan Tonry, Drafting.

GRADE 9 <u>Douglas</u>

Mya Ackerman, Culinary Arts; Andrew Benoit, Drafting; Lily Courtemanche, Multimedia Communications; Giannah Dowen, Health Services; Kayla Drew, Culinary Arts; Ryleigh Flansburg, Dental Assisting; Joshua Gremour, Information Technology; Daria Hamelin, Multimedia Communications; Krista Helstrom, Multimedia Communications; Brooke Hooper, Construction Technology; Abigail Horne, Multimedia Communications; Ryan Masoud, Manufacturing Technology; Madison Mathieu, Electrical; Kaitlyn McPherson, Cosmetology; Aysia Parent, Multimedia Communications; Joshua Patnaude, Electronics & Engineering Technology.

<u>Northbridge</u> Alvarez, Jonathan Information Technology; Emery Amtmann, Health Services; ShyAnn Baillargeon, Painting & Design Technology; Haley Berkowitz, Cosmetology; Brian Bisaillon, Construction Technology; Melanie Bisbee, Health Services; Anna Cook, Multimedia Communications; Kevin Downing, Electronics & Engineering Technology; Trinity Gibbs, Auto Technology; Meghan Griggs, Engineering Technology; John Hehir, Engineering Technology; Jordan Kingsbury, Culinary Arts; Kayleigh Labrecque, Electronics & Engineering Technology; Hailey Lisak, HVAC/R; Victoria Lopez, HVAC/R; Abigail MacKay, Cosmetology; Michael Maietta, Plumbing; Luke Malkasian, Electronics

& Engineering Technology; Kaitlyn Manzi, Health Services; Lillian McLaughlin, Culinary Arts; Luke Morrison, Electronics & Engineering Technology; Nathan Nackman, Drafting; Ian Reed, Information Technology; Dylan Rosenberg, Electrical; Donna Ross, Health Services; Morgan Stanick, Dental Assisting; Matthew Trenholm, Engineering Technology.

<u>Uxbridge</u> Connor Barnicle, Electrical; Gianna Bassignani, Manufacturing Technology; Madeleine Bleyhl, Auto Collision Technology; Nicholas Boisvert, Electronics & Engineering Technology; Thomas Breau, Information Technology; Jacob Constable, Electronics & Engineering Technology; Isaac Curley, Drafting; Molly Curley, Health Services; Connor Donahue, HVAC/R; Madison Gannon, Engineering Technology; Casey Goyette, Engineering Technology; Alyson Greene, Culinary Arts; Katherine Kloczkowski, Culinary Arts; John Lowrey, Auto Technology; Raymond Makynen, Electronics & Engineering Technology; Marissa Manganelli, Health Services; Khushi Patel, Health Services; Isabella Pimentel, Painting & Design Technology; Matthew Richardson, Construction Technology; Caroline Sanford, Engineering Technology; Owen Silvestro, Drafting; Ella Yaroshefski, Health Services.

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of vigorous vocational, technical, and academic skills. The school's website is www.valleytech.k12.ma.us.

Community leaders hear positive impact of Scouting

GRADE 10

More than 100 community leaders gathered at the Mohegan Council's annual Prepared. For Life. Breakfast at the College of the Holy Cross to hear the positive impact Scouting has on the com-

Guest speaker Reverend Judith Hanlon of Hadwen Park Congregational Church, Worcester, said of Scouting at her church to Breakfast goers, "Thank you for believing that values and morals are important. I am grateful that the Boy Scouts of America has become a progressive organization."

'Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. For over a century, the BSA has helped build the future leaders of this country. And BSA's numbers are ever-growing: beginning in June 2018, Mohegan Council will introduce 'family scouting' to its Cub Scout Packs, where

girls will be invited to join the Cub Scout program. In February 2019, a program will be launched for 11-17-year-old girls, similar to the Boy Scouts program.'

"To me, (Scouting) is unique in the fact that, vou take such voung people – kids — and (while) it's about the wilderness, outdoors, environmental awareness, about being a good citizen, the byproduct is these kids are learning self-reliance, confidence, and leadership, and they don't even realize that they're learning all those things." Said John Creedon Jr., owner of the Worcester Brave Hearts on The Hank Stolz Experience.

Other speakers in attendance were: Rob Bellin, Cubmaster of Pack 37 in Worcester and professor of biology at College of the Holy Cross; Donnie Stephens, Eagle Scout from Troop 232 in Dallas, PA and student from College of the Holy Cross, former vice-chief of the Order of the Arrow, BSA's National



Tyler J., a Cub Scout from Pack 148 in East Brookfield, tells everyone why he enjoys being a Cub Scout.

Honor Society; and Jeffrey Hotchkiss, Scout executive and CEO of Mohegan Council, BSA.

A Cub Scout, Tyler J., from Pack 148 in East Brookfield also spoke about why he likes being a Cub Scout.

Mohegan Council, BSA will be holding

it's 36th annual golf Outing for Scouting on Friday, June 1 at Cyprian Keyes in Boylston. Interested individual golfers as well as sponsors can find more information at www.MoheganCouncilBSA.org/ support.

Summer EDventure focuses on community engagement

WHITINSVILLE - The Whitin Community Center's Blackstone Valley Children's Place is excited to announce our BVCP Summer EDventure which will be held weekly from June-August! For over 45 years Blackstone Valley Children's Place has taken pride in providing children and their families with quality care, education, and FUN!

This year we are again focusing on community engagement. The children in our care will learn the importance of being part of a larger community and will benefit from the incredible knowledge and passion our neighbors have for the work that they do. We will partner with local businesses, individuals, and organizations to provide visits or walking field trips as part of our Summer EDventure weeks. We will learn about our amphibious and warm-blooded friends, explore different art media, "camp" in our 7.5 acre park, learn the basics of building, have a end of Summer party, and so much more to provide children memories to last a lifetime! We are so thankful to the following community partners:

Alternatives, Blackstone Heritage Corridor, Boy Scouts with Charlie Thompson, Gary Moyer, Architect, NASA ICED Students from Northbridge High School, National Parks Service, NEADS, New England Disposal Technologies, Inc. (NEDT), Northbridge Community Garden and the System Class from Northbridge High School, Northbridge Fire

Department, Northbridge Department, Police Northbridge Senior Center, Southwicks Zoo, Sparetime Recreation, Stan's Appliance, The Flower Shoppe, West Hill Dam, Whittier Farms, Whitinsville Library and Whitinsville

Water Company.
Though out the Summer children will participate in activities and field trips with these community partners, explore STEAM projects, rollerskate in the gym, swim in our pool daily, have outdoor fun in our park, eat free pizza on Fridays, and fly down a gigantic 75' waterslide on our hill in Whitin Park! Our Summer EDventures are sure to keep children busy, engaged, and happy!

The Whitin Community Center is committed to enhancing the health and well-being of individuals and families and building a strong community in the Blackstone Valley. We offer social, recreational, educational, and outreach programs that bring community members of all ages Whitin Community Center is the Blackstone Valley's most complete family and recreation cen-

and backgrounds together. The ter with two swimming pools, a gym, fitness center, early learning programs, summer camps and a seven and a half

acre park. For more information call (508) 234-8184 or visit www. WhitinCommunityCenter.org.



Imagine your child...

- · Engaged in their learning because of teachers who connect lessons to real-life experiences.
- · Immersed in small-group hands-on activities that inspire them to question, explore, and seek answers.
- Empowered to do their best because they feel safe and nurtured.

It all begins with a visit. We hope to see you soon.

528 Pomfret St, Pomfret, CT 06258 | 860.928.1328 | www.rectoryschool.org An Independent, Coed, Junior Boarding (Grades 5-9) and Day School (Early Childhood-Grade 9).



25 FLM ST SOUTHBRIDGE, MA 01550 TELEPHONE: (508) 909-4126 Fax: (508) 764-8015 www.StonebridgePress.com

Frank G. CHILINSKI President & Publisher

RUTH **DEAMICIS**

EDITORIAL

Another look at a freedom



Norman Rockwell "Freedom of Speech"

approaching unique process in Americana.

town meetings are rapidly becoming an anachronism. It is more and more difficult for towns to encourage enough people to take time to actually show up and be part of the political process.

Norman Rockwell, famous for his Saturday Evening Post covers and slices of life; using his own neighbors as models to create his realistic paintings of what now seem idealistic ways to be; is famous for one of those called Freedom of Speech.

It was part of a series of four, Freedom of Religion, Freedom from Want and Freedom from Fear were the other three. They were used as part of a campaign to encourage the purchase of bonds to help pay for World War II.

Freedom of Speech shows a middle aged man standing before his fellow townsmen (there is one woman, but she is nearly hidden by all those men); speaking his piece. He is surrounded by rapt listeners. Whether they are agreeing or not is hard to tell, but they are listening.

In a day when actually listening to someone else without shouting them down if you don't agree with them, this is refreshing.

The ideal of free speech, which many often forget, is that everyone has the right to do it, and you don't have to agree with what you hear. You have the right to what you wish to believe, but they have the right to what they wish

The political correctness people have

It isn't that our delicate ears can't possibility of nearing something that strains our egos or casts aspersions on our beliefs; it's how we

No, we don't want people running around screaming horrible "nicknames" for other people, we would hope good manners would enter in there somewhere. But how people respond to such language is much, much more important than if someone says it.

Which is why the removal of any monuments or statues or plaques or commemorative information worries us.

Because where does it end?

See, we understand that the interpretation of a statue can be in the intent of the person who placed it there, or in the resulting impact it has on those who view it many, many years later.

Was the statue placed because the people wanted to commemorate a person whose values they also valued? Most likely; and they also wanted others to remember that person for those things, and perhaps others were not as enamored of them. But it was most likely the person with the money to pay for the statue that got it erected; and over the years, different values may have been attributed to both the original guy AND his statue.

It happens.

Flags represent many things; statues represent many things. Are we going to, as an old saying points out, cut off our nose to spite our face? Will we give in to the haters who point out in spite that even our founding fathers owned slaves? Yes, they did. It was common practice, in many countries. Including Great Britain until laws were passed abolishing it.

Vikings held slaves so we can count Norway and Sweden in there too.

Even some Native Indians had a bound servant system for their captured enemies.

Are we going to tear down buildings built with slave labor? Harvard University buildings? The White House? The Capitol building?

Societal systems change. We can understand we were wrong. We can apologize and make amends but we can't "undo." It happened.

We can only hope that somehow, the rant to tear down statues, abolish the flying of flags and otherwise destroy artifacts of what happened whether we like it or not will stop, as people realize the reminders won't erase the history.

And it shouldn't. Because we shouldn't

forget the history.

Opinion and commentary from the Blackstone Valley and beyond

Does the Constitution matter anymore?

A newspaper editor recently wrote of the difficulty in finding a columnist expressing the constitutional viewpoint. I was impressed that she was making her way through the Federalist Papers and considered it a good read.

Probably not one in 20 today can identify what it is or how it came about.

Today the Federalist Papers would be too deep a read for most college students — even many law school pupils. But it houses the thought processes and debates behind the Constitution, the document that caged the natural tendencies of man more than any governing document in world history. An understanding of the Constitution without this resource is not possible. And because the Constitution is based upon natural law, which does not change, it applies in all generations and in all societies.

Constitutional principles were once taught at every level of education and stories of the sacrifice of our Founders frequently recited with admiration. Today few schools teach these principles in grade school and fewer still in high school. In college U.S. history and political science classes the Constitution is tucked in the back of textbooks as an appendix, hence few actually read it. The history of the Constitution's origin is housed in a chapter but constitutional principles seemingly have only informational value.

Some colleges or universities have courses on the Constitution for political science majors but almost, without exception, students are not required to actually read it, heavy emphasis is given instead to case law. The same is true in law school. Original intent is hardly mentioned. Law schools provide our attorneys and our judges, most with too little on original intent. One rogue Supreme Court decision can effectively destroy large chunks of the Constitution and almost no one notices or cares. Too few understand that the Supreme Court is not the supreme law of the land over the Constitution. The Founders would have never permitted nine justices to destroy foundation principles.

Sadly, I never met one having a Ph. D in U.S. history or political science who, to get the degree, actually was required to read the U.S. Constitution in full. Nor have I met a lawyer having to do so either. Case law ves, loads of it. but not the Constitution in full or natural law upon which it is based.

If colleges give no emphasis to constitutional study how can we expect the student to do so either? Several years ago, U.S. News and World Report reported a study showing that most Americans could not pass the constitutional questionnaire for citizenship, so constitutionally illiterate are we. This document is only of minimal value to journalism or communication majors as well. But these professions serve as information filters in our newspapers, magazines, or radio or television news programs.

The media has divided citizens into two warring groups liberals and conservatives, lumping constitutionalists and libertarians with conservatives,



traditionally LIBERTY major groups lem-solve primarily Under by increasing federal power without specific FIRE constitutional authority (if the document is DR. HAROLD properly understood)

preserve it.

and pretends that there exist no other viewpoints. Rarely is original intent allowed into the debate. But the Constitution is the law of the land and all in authority swear an oath to

Barack Obama, violated the constitution more than any president in our history with George W. Bush second. The Tea Party movement, primarily constitutionalists, rose up in 2009 as much against George W. Bush, a conservative, as against the incoming president Barack Obama, a liberal. It used to matter if a president did not carefully follow the Constitution. Today both Democrats and Republicans defend their president routinely when he violates it. Donald Trump certainly is no constitutionalist although, thus far, he has followed it more closely than any previous president the last 28 years.

Of the two major political parties, the Democrats rarely cite the document and seem almost to have contempt for it. In fact, most of what they propose is easily argued to be outside the Constitution. They used to defend major parts of the Bill of Rights but I do not see much of that anymore. Republicans sometimes carry the document on their person but do not hold to it and thus much of what they propose is also outside of the Constitution but they do use the word Constitution more than do Democrats, if that means

This generation knows that the Constitution was a good thing, probably should be revered, at least historically, but they know little of the principles housed therein and have no idea how to vote to get back to it. This they will never get from the media, political party, or, it seems, not even the institutions of learning — only private study. That my new editor would find it difficult to find columnists that express the constitutional viewpoint is easily understood, as is the fact that newer columnists lacking this understanding, are far more likely to express views in opposition to it.

Constitutional illiteracy is almost universal to the point that those qualified to defend the Constitution as designed are becoming extinct. Students are not likely to defend it if they never experienced it being defended. A real danger exists that if too few know or value its principles we will lose it — perhaps we already have. Some say it is no longer relevant for our times. They are so wrong.

Dr. Harold Pease is a syndicated columnist and an expert on the United States Constitution. He has dedicated his career to studying the writings of the Founding Fathers and applying that knowledge to current events. He taught history and political science from this perspective for over 30 years at Taft College. Newspapers have permission to publish this column. To read more of his weekly articles, please visit www. LibertyUnderFire.org.

Strategies for your investment 'garden'



both

prob-

FINANCIAL Focus

DENNIS ANTONOPOULOS

your busy season is at hand, as April has been designated National Garden Month. But could the skills you deploy at gardening be transferred to other areas of your life - such as investing?

If you're a gardener,

Here are a few ideas for doing just that:

Establish a timeline. As a gardener, you typically follow a well-defined timeline. You need to get the soil

ready a few months before you want to plant, and you need to plant at different times, depending on what plants you choose. You even need to set up a schedule for watering, feeding, weeding and other garden care. As an investor, you may also need to observe a timeline. During the early and middle stages of your career, you probably need to invest primarily for growth, so you can build resources for a comfortable retirement. Then, as you near retirement, you may want to lower your risk level by shifting some - though certainly not all - of your investment dollars from growth-oriented vehicles into more income-producing ones. And once you do retire, your focus will shift to preserving your money, so one of your key decisions will center on how much you can afford to withdraw each year from your investment port-

"healthy" Choose investments. Gardeners like to choose plants they know will really last. That's why they look for things such as green leaves, as opposed to brown or yellow ones, and thick stems, which usually indicate a plant is strong, healthy and capable of surviving a transition from the pot to the ground. And when you invest, you, too, should look for signs of health in the investments you choose. For example, when picking stocks, look for companies with solid fundamentals, such as experienced management, strong earnings and the demonstrated ability to produce products and services attractive to consumers. Or, when considering bonds, consider those that independent rating agencies have awarded the highest grades, in terms of the financial strength of the issuer.

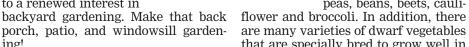
Feed your investments properlv. Things like fertilizer and plant food can be valuable, but the most important element in plant nutrition is water. Under-watered plants will not survive, but overwatering your plants can certainly damage them severely. When you invest, you also need to know the right amount of "food," or "nutrients," to apply. If you don't put enough money into investments, they may not grow as much as you'd like. On the other hand, it is possible to "overwater" certain investments. For example, if you constantly put money into just one or two investments, they could end up crowding out others in your portfolio, causing you to lose the value of diversification. And if these particular investments are already growth-oriented vehicles, highly subject to market risk, they could take a big hit during a market downturn. Ultimately, seek a balance in how you distribute your investment dollars.

Year after year, successful gardeners reap the rewards of their labors. And following some of their habits can help you work toward a long-lasting and fruitful investment garden, too.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

Planning & prepping 'Plants in a Pot'

There are many reasons to plant a vegetable garden, among them the security of knowing where the food you bring to the table comes from. A healthy eating revolution coupled with food safety issues, has contributed to a renewed interest in



For those who don't have room to plant a sprawling plot, container gardens fit the bill. From whiskey barrels to plastic buckets, plants are sprouting up on back decks, front porches, and even on balconies. Many vegetables grow successfully when contained in pots. Benefits include the ability to position the pots to increase growing condition, and a reduced risk of pest invasions.

Read on for tips to plan to plant:



Pickings: Crop Luckily, some of the best loved vegetables are appropriate for container gardening. Crops that do well include tomatoes, lettuce, peppers, cucumbers, beans, as well as, carrots, cabbage, peas, beans, beets, cauli-

are many varieties of dwarf vegetables that are specially bred to grow well in containers.

Container Choices: Once you've decided which plants to pot up, there are a few general rules to follow to ensure thriving container crops. The size of the container depends upon the crop that will be grown. Typically most vegetables can thrive as long as there is enough space for proper root development. Shallow rooted crops

Turn To TRAINOR page A11





Auto

Building & Remodeling



- New Homes
- Custom Kitchens
- Attic Conversions
- Custom Bathrooms
- Cellar Conversions
- Garages
- Additions
 - WindowsDoors

43 Rice Corner Rd | Brookfield,MA 508-320-2593

Cabinets & Countertops





CABINETRY FOR YOUR LIFESTYLE, THE BEST DESIGN FOR ANY BUDGET

💶 Cabinet Resources

693 Southbridge St., Auburn, MA 01501 508.832.3789

CABINETRESOURCES.NET

FLOORING

Affordable Carpet & Flooring

Owner: Jim Lewandowski Our low overhead allows us to beat the big stores by an average of 25%



Carpet Squares



FREE Measure/In Home sample viewing **Referral Rewards** "Call us last, you'll be glad you did"

P: 508-685-9234 Webster, MA 01570

GUTTERS



COMMERCIAL • RESIDENTIAL

Seamless Gutters Installation Cleaning Repairs

Gutter Screens ~ Fully Insured ~

Tree Service

508.353.2279

gotogutterguy@gmail.com

Oil & Propane



With coupon. Exp 05/4/18

Order online Americandiscountoil.com

413-245-1314 1182 Park St., Palmer, MA 01069

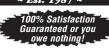
Power Washing

EXTERIOR HOUSE & SOFT ROOF WASHING

REMOVES HARMFUL: Mildew • Moss • Algae • Oxidation • Dirt & Pollutants FROM: Vinyl • Aluminum • Wood • Brick • Painted • Stained

> **GREAT FOR:** Before Paint Prep Cedar Restoration • Decks • Patios Stairs & Walkways • Foundations

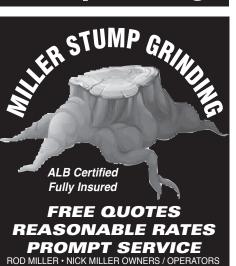




HI-TECH MOBILE WASH

PLEASE CALL 1-800-696-4913 • 508-248-4638 FOR MORE INFORMATION OR FOR A FREE ESTIMATE www.hitechmobilewash.com

Stump Grinding



508-688-2159



Bucket Service Tree Climbing Stump Grinding Emergency Tree Service Lawn Service

Tree Inspections Firewood **Spring Cleanups**

Free Estimates & Insured

(508) 641-5249 Keith Robinson robinsontreeservice@yahoo.com

WASTE REMOVAL



TRUCKING.INC.

- Residential Commercial
- Hauling Recycling • Demolition • Transfer Station

Northbridge, MA 508-234-2920

tomberkowitztruckinginc.com

Wells

CHARLTON WELL COMPANY

No Water - No Problem

Emergency Service Nights & Weekends



161 Worcester Rd., Charlton, MA 01507

800-338-6665 • 508-248-7063 www.charltonwell.com

Carpentry

J.R. Lombardi Carpentry Remodeling & **Home Improvement**

Kitchens, baths, finished basements, windows, doors, finish carpentry, drywall, painting, hardwood & laminate flooring, decks

CSL#077018: HIC #178617 Free Estimates Fully Insured

н: 508.476.7289 c: 508.335.6996

CHIMNEYS

CHIMNEYS & MASONRY Chimney **Cleanings**

ONLY \$99

-FREE Estimates-\$50 OFF **Chimney Caps** or Masonry Work.

All kinds of masonry work, waterproofing & elining foundation and chimney repair, new roofs, and stonewalls!

Quality Chimney (508)752-1003

Construction **Paul Giles**

ionie Kemoaemin & Kitchen Cabinets * Kitchen & Bathroom

Remodelling

- * New Additions
- * Window & Door
- Replacement
- * Decks
- * Ceramic Tile Hardwood Flooring
- * Custom Made
- Kitchen Cabinets * Cabinet Refacing
- * Interior Painting Lincensed & Insured

508.949.2384 860.933.7676

Electrician

ALDEN LICENSED ELECTRICIAN

New Construction Remodelling Kitchen & Bath

Spencer, MA 1.774.230.9606 Talden1987@gmail.com

Service Updates

Fully Insured Accepts credit card payments & free online

bank transfers Licenses: MA-13705-21777A, NH-13932M, RI-B013781



Electrician



CERTIFIED MASTER ELECTRICIAN Great with old,

messy wiring Independently owned & operated 413-544-8355

jamesbutlerelectric.com

Insured & Licensed

#21881-A

GLASS & SCREENS



broken glass in vour windows or doors? New Screens made to fit We can save you time and money!

We offer Same Day Service on most insulated glass repairs, with great prices! ımco Window Services, Inc

1152 Main St (Rt. 9)

Leicester, MA 01524

508-892-4200 •

rwsi4108@verizon.net

Gutters

GUTTERS

- Cleanings
- Repairs Installations

508-867-2877 508-754-9054

A. Eagle **Gutters**

Handyman

No Job Too Small **Home Improvement**

-Insured-MA Reg #174661 General Carpentry Laminated Floors

 Remodeling Kitchen, Bath & Cella Painting • Handyman Services • Floor Leveling

Power Washing and

See Our Work Online nojobtoosmallhome improvement.com Tel. 508.414.7792

<u>Handyman</u>

Semi-Retired

All Kinds Of Repairs On: **Gutters Cleaned** Chimneys & **Foundations**

Repainted, Rebuilt, Or Stuccoed. Rain & Critter Caps installed, great prices! **Siding Trim Installed** Around Windows & Doors

And On Overhanging Jets Security Bars Installed On Windows & Various Openings Have Tools.

Will Travel

Roland Dubrule

508-832-4446

Home Improvement

BONETTI'S Home Improvement Roofing

Siding Decks Remodeling Windows Doors

Basement Finishing Gutters Cleaning Pressure Washing Painting Landscaping

Over 25 Years Experience Residential Specialist Licensed and Insured 128231 508-347-4906

Cell 508-688-0072

Painting Armand A. Thibert & Son

Wallpapering Exterior/ Interior **Painting** Wallpapering



Interior/Exterior

Painting



Carpentry • FREE ESTIMATES •

Rich O'Brien **Painting** 28 Years Of Experience (508)248-7314

• FULLY Insured •

• Reasonable Rates •

Painting

Scott Bernard's **PRECISION PAINTERS**

Craftsmanship Since 1979 Interior-Exterior Paints, Stains, Wallpaper and

Guaranteed **Free Estimates** 774.452.0321

Pest Control

PEST CONTROL

Services Over 27 yrs.

Reasonable Rates Owner Operated

508-757-8078 Ask for **David Hight**

Plastering

Specializing in small plastering jobs; ceilings, additions, patchwork and

Over 30 Years Experience. CALL

Roofing

Sturbridge, MA

David Barbale

Flooring Windows & Doors Kitchen & Bathroom Remodeling/Carpentry

INS. # CAC032585 C: 508-397-6709 0: 508-248-6709 davidbarbale.com

ROOFING

GUARANTEED Roofing & Building Maintenance LLC

Gutter and **Gutter Cleaning Contact:**

Over 30 years of satisfied

Fully Insured ~ Free Estimates A+ Rating BBB

Roofing

SAUNDERS & SONS ROOFING When you need a roof,

that's what we do! Call Bill Toll-Free 1-866-961-Roof

MA Reg #153955 Fully Insured, Free Estimates





~ Free Estimates ~ **Painting &**

ALL TYPES

Finest

Fine Faux Finishes Satisfaction

Accurate Pest Control Full Pest Control

experience

Auburn MA

Glenn LeBlanc **Plastering**

board hanging

3rd generation. 508-612-9573

ROOFING Roofing/Siding/Gutters

Repair Work **Fully Licensed** and Insured MA LIC #CS069127 MA HIC. LIC #1079721

Roofing, Siding,

Daniel Truax 508-450-7472 gbmaintco.com Senior Citizen Discount Credit Cards Accepted

MA HIC Lic #146620 MA CSL #099487

hire a roofing company

508-765-0100 Lifetime material warranty & 25 yr. labor warranty

Family Owned and Operated Now Accepting All **Major Credit Cards**



10 · Friday, April 13, 2018 BLACKSTONE VALLEY TRIBUNE



CONSTRUCTION



CARPENTERS



HUSBANDS FOR HIRE HOME IMPROVEMENT NORTHBRIDGE, MA HusbandsforHire@aol.com www.hubbiesforhire.com

Winner of Boston Magazine's 2009 Best of BostonTM Home Award for Small Home Repairs in Metrowest

Specializing in handyman services, small home repairs, painting, tiling and much more

Fully insured and registered - Call Ed Mansfield for a free estimate

508-234-2162

BUILDERS



GENERAL MASONRY



REPAIRED, STONE WALLS, STEPS, WALKWAYS, BLOCK WORK & MORE.

> **FULLY INSURED FREE ESTIMATES** IN BUSINESS OVER 25 YEARS

BOB LATIMORE GENERAL MASONRY

PAINTING

ELECTRICIAN



New Homes, Service Upgrades, **Adding Plugs & Switches**

FAST EMERGENCY SERVICE Lic. #33649

508-234-4959

N. UXBRIDGE, MA. 508-278-3913

FRESH START **PAINTING**

"Give Your House A Fresh Start' Free Estimates Interior/Exterior • Powerwashing Fully Insured Over 30 Years Experience

Frank

(508) 320-0867 • (508) 476-1778 usefreshstartpainting@gmail.com

To advertise on this special page call Patricia at (508)909-4135

LAWN CARE







A lot of 'firsts' as reservoirs and lakes open for fishing

This past Saturday the Wachusett Reservoir opened to shore fishing only, but anglers had little problems catching their limit of three lake trout each. Most fish were caught on shiners with a few catching them on hardware. After catching their limit of lake trout,

a few of the anglers decided to filet the trout after they had arrived home. They were surprised to find a lot of crayfish and numerous other baitfish like small sunfish and even a small largemouth bass, inside of one of their lakers. It even had a rubber worm in it which had to be there from last year's fishing season.

Controversy over rubber worms being used as fishing baits has been discussed for a long time, and the makers of the rubber worm and other soft plastics discussed making them biodegradable. It is time to make all soft plastics biodegradable for both fresh and saltwater fishing. They are killing a lot of fish, as they are unable to digest them.

The Quabbin Reservoir will open to fishing on April 21, but the crowds of the '70s are no longer there. The regulations on washing boats before each fishing trip to the Quabbin has driven most anglers away from the once popular fishing site. The steep price to wash a boat is now around \$50 and must be done at a registered garage chosen by the Metropolitan police. A tag is affixed to your boat and trailer. If the tag is broken you will need to pay another fee before launching your boat at the Quabbin. The idea is to stop the transfer of weeds and zebra mussels into the lake, that can be catching a ride on your boat from other bodies of water. If you have a boat that can be used just to fish the Quabbin, it works out just great. Fishing at the Quabbin has been very good for those anglers that still fish there. Last year local angler Bob Czupryna of Uxbridge caught numerous lake trout and salmon on most of his fishing trips to the Quabbin. Czupryna is a regular at the Quabbin Res.!

Wallum Lake in Douglas will open to fishing this Saturday. Anglers should enjoy a day of fishing catching brown, rainbow, tiger, and brook trout. Bass fishing anglers also catch smallmouth bass and largemouth bass at Wallum Lake, with smallmouth bass providing some great fishing. Remember that Wallum Lake is governed by Rhode Island regulations, and allows anglers to retain five trout daily. Brood stock salmon are no longer available from federal hatcheries. and are missed by anglers that fish this pristine body of water. Be sure to have all of the necessary safety equipment on board your boat, and anglers fishing

from a canoe must wear life preservers at all times. THE GREAT at this time of year.

OUTDOORS

RALPH

TRUE

The Uxbridge Rod & Gun Club were to hold their annual fishing derby at the club grounds this Saturday April 14, for members only, but it is postponed since the lake has not been stocked. This

week's picture shows a very happy young lady with her catch last year.

The West Hill Dam will hold their vernal pool walks on April 14 & 21 from 7:30 to 9:30. Contact Viola for more information. Call 978-318-8417

Wild turkey hunting opens April 30 this year, and by the looks of it, harvesting a wild turkey in Massachusetts should not be too hard if you can shoot straight! More next week.

The New England Outdoor Writers will hold their annual banquet at the Singletary Rod & Gun Club this Saturday April 14. The day will start at Carl's Diner for breakfast in Oxford, and then proceed to the Singletary Rod & Gun Club for a business meeting and banquet. More on the event next week.

Take A Kid Fishing & Keep Them Rods



Courtesy photo

A catch from last year's Uxbridge Rod & Gun Club fishing derby is shown off. This year's derby was planned this Saturday, but is now postponed since lakes have not been stocked.

Savers Bank part of assistance program

Savers Bank has been selected to participate in the Federal Home Loan Bank of Boston's Equity Builder Program, which assists local homebuyers with down-payment and closing costs.

The \$3.1 million program provides grants to financial institutions to assist households at or below 80 percent of the area median income. Borrowers are eligible to receive up to \$11,000 in assistance on a first come first serve basis. Buyers must also complete a homebuyer counseling program.

"We are pleased to be able to offer this assistance to help ease some of the challenges associated with a home purchase. Homeownership is key to building wealth and creating financial stability, and programs that assist homebuyers are a critical component in ensuring that our communities continue to thrive," said John Fearing, senior vice president and chief lending officer, Savers Bank.

Savers Bank is eligible to receive up to \$110,000 in 2018 through the Equity Builder Program depending on availability of funds.

Since 2003, the Equity Builder Program has awarded more than \$35 million in EBP funds assisting 3,150 income-eligible households to purchase a home.

assistance, contact one of our dedicated residential lending specialists, Lisa Birtz at (877) 247-1815 or Dan Kirschner at (877) 247-1816.

Savers Bank is a full service community bank with offices in Southbridge, Uxbridge, Auburn, Grafton, Charlton, and Sturbridge. Savers Bank is a member of the Federal Deposit Insurance Corporation (FDIC), the Federal Home Loan Bank, the Co-operative Central Bank, and Massachusetts Bankers Association. Founded in 1910, Savers Bank has assets of over \$500 million, offers a full range of consumer and commercial banking services, and a strong legacy of community commitment and customer service.

The Federal Home Loan Bank of Boston is a cooperatively owned wholesale bank for housing finance in the six New England states. Its mission is to provide highly reliable wholesale funding and liquidity to its member financial institutions in New England. The Bank also develops and delivers competitively priced financial products, services, and expertise that support housing finance, community development, and economic growth, including programs targeted to lower-income households.

MYERS

continued from page A5

and eliminates the need for trenching wires to a power source. Think beyond traditional pathway and railing lighting. Strategically placed upward lighting of structures and plants or downward lighting hung from above can also provide needed illumination.

Whatever the size of your patio or deck you can create an inviting outdoor space for gardening and entertaining. Just invest a bit of time planning and shopping for attractive and functional

furnishings. Then sit back and relax in your newly decorated space.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Myers's web site is www.melindamyers.com.

BLACKSTONE VALLEY TRIBUNE Friday, April 13, 2018 11

Thursday, April 15

FRIENDS OF RACHEL DINNER: at the Three Seasons Restaurant, Blackstone Valley Tech with two seatings, 5:30 and 6 p.m. Tickets are \$15 for adults and \$8 for children under 12. Seats are limited and reservations are required. Contact Kathleen Manoogian at (508) 529-7758 ext. 3109 or via email to kmanoogian@valleytech.k12.ma.us to book your reservation. This month the meal is baked fish. Each all-you-can-eat dinner is held on a Thursday evening and consists of a themed buffet, dessert. and beverage. Proceeds will benefit the Be Like Brit Foundation, the Doug Flutie Jr. Foundation for Autism, and the BVT SkillsUSA Chapter.

Saturday, April 21

ANNUAL SPRING FLEA MARKET: The First Congregational Church on 148 West Main St. in Millbury is sponsoring a Flea Market on Saturday April 21 from 9 a.m. to 2 p.m. Anyone wishing to reserve table space, please call Jeri

Stead (508) 865-5371. The \$20 inside area consists of a large supper table plus a card table. An outside reservation is \$10 and those chancing the weather need to provide their own table. "The Kitchen" will be serving coffee and muffins, and at lunch time, hot dogs will be served. There will also be a Bakery Table, and a Church Flea Market Table.

DOUGLAS CLEAN UP: Meet at 9-9:30 a.m. Saturday, April 21 at the Municipal Center, 29 Depot St. and hit the streets with supplied bags until 1 p.m. A good way to obtain Community Service commitments. Rain date April 22, at 1p.m. Questions to u4ia4u@hotmail.com. Sponsored by the Douglas Open Space Committee.

Saturday, April 28

DINNER ala POLAND: The Douglas Slovak Sokol Club,405 N.E. Main Street will be serving a delicious Slovak/ Polish Buffet on Saturday April 28th. Seating is continuous from 4 to 7 P.M. Tickets are \$15 adults and kids ages 5-12 \$7, advance sale only. Take out will also be available by advance sale. For tickets call Roger Manyak 508-476-2668

Art deco style



ANTIQUES, COLLECTIBLES & ESTATES

Art deco, or style moderne, originated in the 1920s and developed into a major style in Western Europe and the United States during the 1930s, according to Britannica. It was first exhibited in Paris at the Exposition Internationale des Arts Décoratifs et **Industriels Modernes** in 1925

Art deco architec-WAYNE TUISKULA ture and decorative represented arts modernism. Some

pieces were individually crafted, but most were mass produced. According to Britannica, "the intention was to create a sleek and antitraditional elegance that symbolized wealth and sophistication. The Art Encyclopedia (visualarts-cork.com) lists the major forms found in art deco pieces: "trapezoidal, zigzagged, and triangular shapes, chevron patterns, stepped forms, sweeping curves and sunburst motifs.

Some of the materials used during manufacturing were bakelite plastic, molded glass, chrome, stainless steel, spelter and bronze.

Two buildings in New York exemplify art deco design. The Chrysler Building opened in 1930. The New World Encyclopedia describes the Chrysler Building's "highly decorative style known for its sharp angular or zigzag surface forms and varied ornamentation." The corners of the 61st floor were designed in the shape of 1929 Chrysler hood ornaments. It was the

world's largest building for 11 months, before the completion of the Empire State Building.

Rockefeller Center is also illustrative of art deco design. The round art deco mezzanine and rotunda along with the building's sign lettering made from multiple lines are just some of the art deco features of the building. The statue of Prometheus is believed to be the most photographed sculpture in New York City. A statue of Atlas stands at the front entrance. On another historical note, John D. Rockefeller's employed over 40,000 to construct the building during the Great Depression.

Of course, there are more smaller scale art deco items produced. Art deco furniture turns up fairly regularly in New England homes and typically doesn't bring the strong prices associated with other art deco pieces. Posters appeal to collectors. A 1929 Monte Carlo poster sold for \$8,500 and one from 1930 brought \$10,000. A German poster titled "Odeon Casino" realized \$26,000. Some art deco radios are also very desirable. A Fada bakelite radio in blue and orange brought \$9,400 in 2014. A Sparton Peachbird mirrored radio sold for nearly that amount in a recent online auction. Georg Jensen sterling silver is always popular in any pattern. A 64 piece art deco set recently sold for \$7,700.

Auction prices for important art deco pieces have been particularly strong. A bronze sculpture titled "The Aristocrat" depicts an elegantly dressed woman walking 2 dogs. It realized \$71,000. A Cartier 18 karat solid gold desk set sold for \$76,000 last year.

Rare art deco jewelry pieces are highly desirable. An art deco platinum, onyx



and natural pearl necklace reached \$320,000 at auction in 2012. An art deco platinum, emerald and diamond bracelet brought \$370,000 in a 2011 auction. An art deco natural fancy blue marquise-shaped 3.5 karat diamond certainly shined when it sold for \$1.4 million at a 2013 auction.

We will be offering an art deco lamp, prints and other items in our May 31st auction. Bidding is currently taking place for our online auction of a Sterling, MA estate full of antiques. The preview takes place at the estate on April 21st. Our online auction of a Weymouth, MA estate will be coming soon. This estate contains a Harley Davidson, 2 SUVs,

many remote control helicopters and drones, along with home furnishings. We also have an estate sale planned for early May in Southbridge with many pieces of yellow ware, other pottery and antiques. Our next live auction takes place in Worcester on May 31st. See www.centralmassauctions.com for details on these and other upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com

Conference addressing autism draws diverse crowd

KIMBERLY MASCHI

April 2nd was Autism and Awareness Day and at UMass University Campus, in the Albert Sherman Center a group of doctors share what they are working on to help those in the Autism Community. These five detailed and important TED talks were provided by those who work hard to help those with autism and the families afflicted. The various doctors presented an assortment of speeches on medications that are helping, diagnoses that have clues, better diagnosing tools and a search for furthering clinical trials.

Dr. Andrew Zimmerman, MD was first to speak and he has some hopeful news. A new medication is showing promise to help heal main problematic symptoms in autism. Dr. Zimmerman discusses in this speech, Broccoli Sprouts in ASD: clues to cures by Andrew W. Zimmerman, Kanwaljit Singh, Susan Connors and Eileen Diggins, that trials are currently being conducted and

all signs point to promising outcomes. The medication is called Sulforaphane and is derived from broccoli sprouts. Studies are currently being conducted, and although there is no immediate success with FDA approval, there is hope. The main premise behind this new medication is that many children afflicted by autism notably improve when they have a fever. Dr. Zimmerman discusses that the effects of "Sulforaphane stimulates the heat shock response and regulates synaptic nerves."

This is exciting news in the autism community.

"Sulforaphane may provide clues to pathways involved in ASD," write DR. Zimmerman and team.

Next to speak at the UMass TED Talks was Jean Frazier, MD and she discussed the Fragile X which is "a single gene based neurodevelopmental disorder attributed to the loss of an important protein called Fragile X Mental Retardation Protein." Fragile X, which occurs in one out of 4,000 males and one out of 8,000 females, can cause a variety of developmental issues such as learning disability and speech delays.

'Fragile X is the leading known cause of autism," says Dr. Frazier. Through ner and ner teams research they are reaching new heights, Dr. Frazier states they are at the "cutting edge of trying to understand this protein." This team at UMass University Campus is looking into beginning a clinical study with patients.

In order to have one's child diagnoses with autism, it is a long and grueling process that can take almost a year to complete. Dr. Roula Choueiri, M.D. is working hard to change that. Dr. Choueiri states the physicians need to "get them (children) in faster and an interactive test is better than a written questionnaire."

When diagnosing someone with autism there is a plethora of paperwork, the process can take a long time to finally get a diagnosis and by then, a lot of valuable time has passed the child and family by. Dr. Choueiri and her team are working on a way to cut the wait time and get those who need the help faster than in previous years.

Mary Beth Kadlec, ScD, doctor of science, shares her information on the CANDO clinic and the future. Kadlec describes the CANDO as a service provider for those in the autism community "working together for families." Kandlec describes how the CANDO clinic is connected to helping those with autism. The clinic offers a variety of services including, evaluation and diagnosing, resources, health programs and speech and occupational therapies. As for the future, Kadlec is confident for that, they will continue in "Putting the Pieces Together for Families." The CANDO clinic is "embarking on a process to work with insurances," to help cover the cost that autism inflicts on the patients and families.

Last to speak is Doctor David Cochran, MD, PhD on medications to help those with autism. Dr. Cochran refers back to initial speaker Dr. Zimmerman and his

Turn To AUTISM page A13

TRAINOR

continued from page A8

such as lettuce, peppers, radishes, and herbs require a space at least six inches in diameter with an eight inch soil depth. Tomatoes, cucumbers, squash and beans grow well in deeper buckets, such as five gallon buckets, half whiskey barrels, and deep patio pots.

Bushel baskets, half barrels, wooden tubs, or large pressed paper containers are ideal for growing tomatoes, squash, pole beans, and cucumbers. Note that container plants do best when transplanted from seedlings into the container, allowing for a hardening off period.

Select Soil: The perfect planting material for containers should provide quick and steady drainage with enough water retention to keep the roots moist. Some gardeners suggest a traditional soil mix, others prefer a soil free potting mix that offers a lightweight medium that is free from soil borne diseases. A good rule of thumb is to mix equal parts of sand, garden soil and peat moss. This mixture may be heated in a low oven for an hour to kill any weeds, insects or bacteria.

Water Well: Proper watering is essential for a successful container garden, due to the fact their root system is restricted. Usually once a day is sufficient, but keep mind containers are much apt to dry out in hot weather,

causing the plant to produce poorly or worse. Also, avoid soaking the leaves when watering, as wet foliage encourages disease. And make sure the pot is equipped with proper drainage. Inadequate drainage will cause the mix to become water logged, and the plants will be deprived of necessary oxygen.

Proper Placement: Placement is important, since growing vegetables need at least five hours of direct sunlight each day. Flowering and root vegetables need even more sun. Check the requirements of each variety you are growing. Since the container garden offers mobility, moving a pot to ensure it receives sufficient sunlight is a valuable advantage.

Pot Couture: Container plants encourage creativity. A handsome garden pot or two on the patio adds ambiance and beauty to an outdoor space. A row of trellised pole bean pots can serve as a decorative barrier along a deck or balcony. And a window box of lettuce, radishes and peppers, not only offers lush greenery, but handy salad pickings at your fingertips.

Rx for Container Gardening: While container gardening is typically user friendly, with less risk of insect invasion or disease, the gardening method is not foolproof. The University of Maine Cooperative Extension offers the following suggestions for treating common container garden problems.

Symptoms: Plants tall, spindly, and

unproductive. Cause: Insufficient light.

Cure: Move container to area receiving more light. Reduce feeding inter-

Symptoms: Plants yellowing from bottom, lack vigor, poor color

Cause: Excessive water. Cure: Reduce watering intervals; Check for good drainage.

Symptoms: Plants wilt although sufficient water is present.

Cause: Poor drainage and aeration. Cure: Use mix containing higher percent organic matter; increase number of holes for drainage.

Symptoms: Marginal burning of leaf

Cause: High salts. Cure: Leach container with tap water

at regular intervals. Symptoms: Plants stunted in growth;

sickly, purplish color. Cause: Low temperature or low phos-

Cure: Relocate container to warmer

area. Increase phosphate level in base solution.

Symptoms: Holes in leaves, leaves

distorted in shape. Cause: Insects

sprav.

Cure: Hand pick or use insecticidal

Symptoms: Plant leaves with spots; dead dried areas, or powdery or rusty

Cause: Plant Diseases

Cure: Remove diseased areas where observed. Call your Extension Office or bring in a leaf for diagnosis.

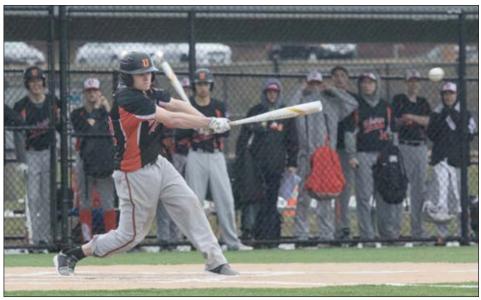
Win Dinner for Two at the Publick House

Your tips can win you a fabulous dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. Hints are entered into a drawing for a three course dinner for two at the historic Publick House Inn! One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out thee to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hint to: Take the Hint! c/o Stonebridge Press, PO Box 90, Southbridge, MA 01550. Or email kdrr@aol.com.

SPORTS

Rainy conditions don't bother Rockets, who produce 20 runs in win over Uxbridge



Alex Currie of Uxbridge smacks the ball courtesy a line drive.

BY DEAN P. ST. LAURENT

AUBURN — The rain didn't stop the Auburn High and Uxbridge High varsity baseball teams from getting their respective seasons underway on Wednesday, April 4, as the defending Division 3 state champion Rockets opened up with a dominant 20-3 win over the Spartans.

Although both teams battled the non-favorable weather conditions for most of the contest, it was a ball game early. Auburn scored first and got out to a quick start by scoring in each of the first three innings to give the Rockets an early 4-0 lead going into the top of the fourth.

"It wasn't an ideal day for baseball, but our season is officially started and we got a win under our belt," explained Auburn head coach Eric Swedberg. "Today was productive."

Uxbridge started to gain some life in the top of the fourth by taking advantage of some mistakes due to the weather and some timely hitting and good at-bats. The Spartans got themselves back into the game by tallying three runs to make it a 4-3 game. Highlighting the Spartans' offense was Alex Currie,

who recorded two doubles.

"The first three innings were OK, but I don't think we came out with any intensity at all," explained Uxbridge head coach Peter Rice. "We made some lazy plays and routine errors, which cost us early. We were able to come back and get three runs in the fourth and take advantage of some mistakes and passed balls and then that next inning got away from us, let up some run including a home run by their catcher who is a heck of a player and then we got into the situation where I didn't have these guys ready to go into pitch."

Entering the bottom of the fourth the Spartans had some momentum after getting within a run of the Rockets, but a switch was turned on and sparked by an RBI triple by Colin McKeon to open the scoring in the bottom of the fourth inning, followed by a two-run bomb to right-center by catcher Brian Sarkisian, the Rockets took a 7-3 lead.

Auburn scored a staggering 13 more runs in the bottom half of the fourth to open up a commanding 20-3 lead. The top four batters in the Rockets' lineup combined for seven of the team's 11 hits and eight of the 20 runs the team produced. Sarkisian had two RBIs, leadoff



Uxbridge's Harrison Mansfield tracks down a fly ball for an out versus Auburn.

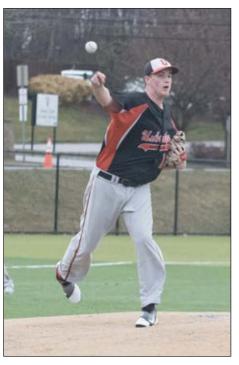
hitter Mike Been went 2-for-3 with a triple and three RBIs, McKeon went a perfect 2-for-2 with a triple and a double to go along with three RBIs and Michael Collins also added two singles.

Auburn was able to take advantage of the conditions with patient at-bats to make the pitcher work and when a ball was in the zone, the Rocket batters swung hard.

"We took advantage of the fact that they haven't been outside, they made a couple mistakes that we took advantage of and after that it was a matter of the conditions making it hard on their pitchers," Swedberg expressed.

With one win under their belt, the Rockets already have goals set after winning it all last season.

"Get 10 wins, we are 1-0 now," Swedberg expressed of reaching the playoffs and ultimately having a chance



Uxbridge's Jack Hughes makes a pick-off attempt on a throw to first base.

to defend their title.

Despite losing their first game of the season, Uxbridge has a lot to look forward to and will look toward their starting pitching rotation for leadership and success.

"My expectations are high; we have a lot of returning starters, our three starting pitchers are all back from last year and my catcher did a great job," expressed Rice. "There were a few players I put out there that I thought did a good job and played with intensity today.

"Harrison Mansfield will be our ace; he is a big lefty, Jack Hughes who threw today and threw well, and Holden Thiebault," Rice concluded.



Alex Currie of Uxbridge reaches up to snag a high pitch.



Mathew S. Plamondon photos

Uxbridge's Seth Woichiechowski works relief on the mound for the Spartans.

FREELANCE REPORTER WANTED

Are you a writer at heart? Do you love to capture the moment you're in with a photograph? Do you have an interest in the goings on in your community, and want to get involved in your town?

Stonebridge Press, your best source for weekly local news, is looking for a hard-working, flexible freelance reporter. Job will include writing several stories per week, photography, information gathering and networking.

Candidates must be able to work nights and weekends when needed. Residence in the area is preferred, but not required.

Stonebridge Press is an equal opportunity employer.



So what are waiting for?
Send your résumé to Editor Ruth DeAmicis at ruth@stonebridgepress.news,
or mail to
Stonebridge Press, ATTN: Editor,
P.O. Box 90, Southbridge, MA 01550

"Every Town Deserves a Good Local Newspaper"

www.Stonebridgepress.com

In-person registration for Northbridge Uxbridge America Youth Football & Cheer

The start of the 2018 football season is right around the corner, and the Northbridge Uxbridge America Youth Football & Cheer (NU AYF&C) family looks forward to seeing you out on the fields. This season, we will offer two more in person registration dates in addition to our online registration platform.

Saturday, April 28: Kapi's Pub, Uxbridge, 1-4 p.m. Join us for the meat raffle.

Tuesday, June 26: Northbridge Town Hall, 5-7 p.m. Bring those report cards.

NU AYF&C offers football and cheerleading to kids ages 5-13, and is open to kids in Northbridge, Uxbridge and Douglas. NU AYF&C, along with the rest of the AYF family, have partnered with Heads Up Football to ensure that everyone is educated on the importance of safety in youth sports, especially with regards to head injuries and concussion

SPORTS BRIEFS

If you can't make it to any of the in person registrations, simply go to www.nubulldogs.com, and register online.

Our Lady of the Valley set to host annual Golf Classic

The 22nd annual Our Lady of the Valley (OLV) Regional School's Golf Classic is scheduled for Friday, May 18 at Blissful Meadows Country Club in Uxbridge, and registration is now open! Don't miss your chance to support the students of OLV and enjoy a fun-filled day on the course!

The tournament is a 9 a.m. shotgun start (registration opens at 8) four-person Florida-Style/Scramble with an entry fee of \$150 per player and includes greens fees, cart and meals (light breakfast, grilled lunch and a chicken BBQ following tournament play) and a ball drop contest (\$10 each of five for \$40).

To register, sponsor or donate, please email olvguild@gmail. com. Not a golfer, but want to join in on the fun? Dinner-only tickets are available for \$30 each. We can't wait to see you there!

22nd OUR LADY OF THE VALLEY REGIONAL SCHOOL
Annual GOLF CLASSIC



OBITUARIES

Andrew Arthur-Francis Mistler

SUTTON- Andrew Arthur-Francis Mistler died Wednesday, April 4, at St. Vincent's Medical Center. He



was 27. Andrew leaves his parents Arthur and Michelle (Brunelle) Mistler, brother Steven and sister Tiffany, all of Sutton, his grandparents Susan and Francis Brunelle, of Falmouth; his god-

mother Heidi Flaherty, of Plymouth; many aunts, uncles and cousins. Andrew was predeceased by his grandparents Arthur and Julie Mistler. Andrew graduated from Sutton High School in 2009 and attended Worcester State University and Framingham State University. He enjoyed trips to Disney and playing video games. He loved his dogs Bella and Lucky.

In keeping with Andrew's wishes, there are no services. Donations to honor his memory may be made to the Cured Foundation, Inc., PO Box 32, Lincolnshire, IL, 60069. Carr Funeral Home, 24 Hill St., Whitinsville is assisting the family during this time. To leave a condolence or share a memory, please visit www.carrfuneralhome.

Barbara Carpenter Gjeltema

DOUGLAS- Barbara A. (Carpenter) Gjeltema of East Douglas passed away on Monday, April 2, at St. Camillus



Health Center, surrounded by her five devoted daughters. Barbara, daughter of Wibbie (Kortekamp) and Walter L. Carpenter, was born in June 1935. She was predeceased by her dearly missed hus-

band Harold who passed last year and her beloved son David who died in 2015. Barbara will be greatly missed by her five daughters and their spouses, Brenda and Brian Ridgeway of Eastham, Debra Ferguson of Sutton. Cheryl and Gary Chase of Holden, Susan and David Colton of Douglas, and Nancy and James O'Rourke of Sutton. Barbara is also survived by her four siblings, Walter Carpenter, Carol Swallow, and Sally Ballou, all of Douglas, and Nancy Dyer, of Kingsport, TN. She was very proud of her eighteen grandchildren and three great-grandchildren. She also leaves behind nieces, nephews, and other close family and friends too numerous to name.

Barbara grew up in Douglas, the eldest of five children. She attended the Douglas schools, graduating in 1953. She then attended Salter Secretarial School in Worcester. Barbara met Harold while roller skating, and they fell in love and married in the spring of 1955. Harold had completed his tour with the Navy and was quickly hired by IBM. Together, they began their journey to New York, Vermont, and New Hampshire with IBM and their growing family. They returned to Douglas in 1967, building a large home near Barbara's mother and siblings. The family thrived in Douglas at the family home, adding prolific vegetable and flower gardens, a barn, and a few farm animals. Later, Harold and Barbara added a pool where they were able to entertain their children and grandchildren during the warm weather.

In the late 1970's and with her growing family in school during the day. Barbara returned to work as a legal secretary for Attorneys Oppewall and Lane in Whitinsville. She then worked part time for Attorney Martin Zajac in Uxbridge until she fully retired just a few years ago. She served as a trustee for Simon Fairfield Library and President and Treasurer of the Evergreen Cemetery Commission in Douglas. A member of Fairlawn Christian Reformed Church where she and Harold worshipped regularly since moving to Douglas, she served as a Calvinette leader and a Sunday School teacher when her children were young. She was also a proud member of the Captain Job Knapp Chapter of DAR in later years.

In her leisure time, Barbara was an avid gardener, amateur photographer, and an accomplished seamstress. She spent many hours knitting and sewing beautiful clothing for her daughters and grandchildren, and even herself occasionally. She belonged to Thimble Pleasures Quilt Guild and Blackstone Valley Heritage Quilters and produced many fine quilts and seasonal wall hangings that will decorate the homes of her children and grandchildren for the future. Truly creative with a good eye for detail, she passed many of these talents on to her children and grandchildren.

Visiting hours were Wed. April 4, 2018 from 5 – 7 PM in the BUMA FUNERAL HOME, 101 N. Main St., Rte. 122, Uxbridge.

Funeral services were Thurs. April 5, 2018 at 11 AM in Fairlawn Christian Reformed Church, 305 Goldthwaite, Rd., Whitinsville. Burial will follow in Evergreen Cemetery, Douglas.

Memorial donations may be made to the Douglas Fire Dept., c/o Ambulance Fund, P.O. Box 222, Douglas, MA 01516. www.bumafuneralhome.com

Margaret R. Gauthier, 97

UXBRIDGE- Margaret R. (McClure) Gauthier, 97, a Linwood resident for much of her life, died Thurs. April 5, 2018 in St. Camillus Health Center.



Margaret was the wife of the late Laurent L. Gauthier who died in 1998. They were married for 58 years and spent 17 years of their retirement together in Florida before his passing.

Margaret had been employed as an administrative assistant for Hodgeman Rubber Co. in Framingham for 15 years as well as Thom McCann in Worcester for 15 years prior to her retirement.

She was born in Uxbridge, June 26, 1920, the daughter of the late Paul and Minnie (St. Peter) McClure and attended Uxbridge High School.

Margaret enjoyed crafting and spent her extra time making jewelry, knitting, and crocheting. She was a member of Good Shepherd Parish in Linwood

Mrs. Gauthier is survived by her daughter, Nancy M. Kiwak and her husband Louis of Webster; her sons,

Paul A. Gauthier and his wife Deborah of Linwood, Allen Gauthier and his wife Linda of North Grosvenordale, CT and Wayne Gauthier of Crestview, FL.

She is also survived by five grandsons and 12 granddaughters; eight great grandsons and 12 great granddaughters; 1 great-great granddaughter and 1 great- great grandson and several nieces and nephews. She was predeceased by 4 sisters and 2 brothers, Loretta Vallee, Lewis McClure, Eloise Vincent, Jeanette Yargeau, Rosella LeClaire, Ernest McClure.

Visiting hours were Tuesday, April 10, 2018 from 9:30-10:30 AM in the BUMA FUNERAL HOME, 101 N. Main St., Rte. 122, Uxbridge followed by a Mass of Christian burial at 11 AM in Good Shepherd Church, 121 Linwood St., Linwood.

Interment followed in St. Patrick's Cemetery, Providence Rd, Rte. 122, Northbridge.

In lieu flowers, donations may be made in Margaret's memory to St. Camillus Health Center, 447 Hill Street, Whitinsville, MA 01588. www.bumafuneralhome.com

Andrew Todd, Jr.

WHITINSVILLE- Andrew Todd, Jr. passed peacefully, surrounded by his loving family at his cherished home in Whitinsville on Sunday, April 1.



Born to Andrew and Margaret (Caldwell) Todd in Jamaica Plain, MA on November 18, 1931, Andrew is predeceased by his siblings Nancy, James and Catherine.



Arbor as electric while preparing for Michigan football victories (Go Blue!). He was then stationed at the U.S. Army Intelligence Center at Fort Holabird in Baltimore, MD. Cited for his "character, superior military bearing and appearance," he was selected to serve as a member of the Post Honor Guard for military funerals, in addition to his daily responsibilities. He went on to earn his M.A. at Boston University. A lifelong learner with a deep respect for the pursuit of knowledge, Andrew furthered his studies in the field of education at several schools.

He moved to Whitinsville in 1957 to begin his career as an educator, teaching a variety of subjects at Northbridge Jr-Sr. High School before taking on the role of assistant principal. Over the span of 36 years, Andrew was respected as a fair and positive role model for sev-

eral generations of students and their families. Many cited the importance of Mr. T's affirmative influence on their lives; some became extended members of the Todd family. Outside of his dedication to his students and colleagues, Andrew relished taking care of his yard, reading and, most importantly, time with his family.

Andrew leaves behind his wife, Rose (Bedrosian). They met during his very first year in Whitinsville and fast became soul mates. Theirs was an extraordinary 60 year partnership guided by deep love and genuine mutual respect. Andrew and Rose complemented one another perfectly. Where there was one, there'd be the other; a union balanced by commitment, grace and humor. A father who led by example, he also leaves his sons, Andrew III (Diane) of Barrington, RI and David (Pamala) of Hopkinton, MA. Known as Bata, he will forever hold a special space in the hearts of his four adoring grandchildren, Andrew of Arlington, VA, Catherine of Somerville, MA, and Christopher and Sarah of Hopkinton,

Consistent with his wishes, a private memorial service is being held by family members to celebrate the uncomplicated joy Andrew brought to their lives. For those who would like to remember his warmth and kindness, his family suggests donations in Andrew's name be made to the Massachusetts Society for the Prevention of Cruelty to Animals, 350 South Huntington Ave, Boston, MA, 02130, Shriners Hospitals for Children, 2900 Rocky Point Dr., Tampa, FL, 33607, or to the MDS Foundation, 4573 South Broad St., Suite 150, Yardville, NJ 08620.

Harry C. "Chet" Wentworth, 91

GRAFTON- Harry C. "Chet" Wentworth, 91, passed away on April 1, 2018 after a period of declining health



surrounded by his loving family. He is survived by his loving wife of 69 years, Irene A. (Mercier) Wentworth. He is also sur-

He is also survived by a son Alan E. Wentworth of Whitinsville, a daughter Cheryl A. Wentworth of

A. Wentworth of Douglas; 4 grandchildren Jesse, Alison, Amber, and Adam; 8 great-grandchildren; a half sibling Candace King of Piedmont, SC; and several nephews,

great nephews, and a special niece Betty Ann Poudier of Uxbridge. He was predeceased by a son Arthur H. Wentworth, who passed in 2003.

Born on October 9, 1926 he was the son of Arthur Wentworth and Irma (Sweet) Wentworth and grew up in Upton. Chet worked for the Draper Co. in Hopedale where he first met his love, Irene. He also worked for the former Whitin Machine Works Co. for many years, and then as a computer data processor for General Electric in Ashland, where he worked until his retirement in 1988. He proudly served in the US Navy during the WWII era receiving a WWII Victory Medal, and an American Theatre Medal. He was a member of the Knights of Columbus Mumford Council#365 as a fourth degree knight, the Grafton Green Acres Assoc., and the Grafton Senior Center. He was a volunteer for Meals on Wheels, and for the Peace of Bread Program. He enjoyed stamp collecting, visiting flea markets, golfing, and winters spent with his wife in FL where they had gone for 15 years. He was a man of great faith, and was a 65 year member of St. Patrick's Church.

His funeral was held on Fri. April 6 in St. Patrick's Church, 1 Cross St., Whitinsville with a Mass at 12 noon. Burial will be at a later date in Worcester County Memorial Park, Paxton. Calling hours at the funeral home in Whitinsville, 12 Spring St., werte held Fri. April 6 from 10:00-11:30am. In lieu of flowers, donations in Chet's memory may be made to the American Lung Assoc., PO Box 7000, Albert Lea, MN 56007-8001. To leave a condolence message for his family please visit: http://www. JackmanFuneralHomes.com

Michael P. Flaherty, 30

CARBONDALEe, CO-Michael P. Flaherty, 30, died March 27, at home. The son of Michael and Brenda



(Rock) Flaherty, Mike was born February 26, 1988 in Framingham, raised in Northbridge and graduated from Northbridge High School in 2006. In 2014, Mike moved to Colorado to work in

construction with his uncle. He had been working as a mail carrier for the US Postal Service since 2016. Mike enjoyed fishing and spending time outdoors. He loved the New England Patriots.

In addition to his parents, Michael

and Brenda, Mike leaves his sister Kristen, all of Northbridge; his grandmother Emma Flaherty, of Medway and grandmother Patricia Miller, in Standard, CA; many aunts, uncles and cousins. He was predeceased by his grandfathers John Flaherty and James Rock.

Calling Hours at Carr Funeral Home, 24 Hill St, Whitinsville, were held Wednesday, April 4. A Funeral Mass for Michael was held Thursday, April 5 at 10AM in Saint Peter's Church, Northbridge. In lieu of flowers, memorial donations may be made to Dog Orphans, 90 Webster St., Douglas MA, 01516. To leave a condolence for the family, please visit www.carrfuneral-home.com

Jane C. Nydam, 88

UXBRIDGE – Jane C. (Carew) Nydam, 88, of Uxbridge and formerly of Estero, FL passed away Sunday April 8, 2018. She was the wife of the late William E. Nydam who died in 2007.



Jane Nydam was born June 1, 1929 in Springfield, the daughter of the late Howard L. and Alice May (Sibley) Carew. She was a graduate of Monson High School in Monson and Howard Seminary in

West Bridgewater, MA.
She was employed in the cafeteria at the Northbridge High School for 27 years before her retirement.

Throughout her life, Jane enjoyed the company of many friends, was an avid card player, a Red Sox fan and enjoyed hosting many family gatherings at her pool during summer months. Later in life, she enjoyed spending the winters

in Florida with her husband, Bill.
Jane Nydam is survived by one son J.

Neil Gillis of Mesquite, NV, three daughters; Pamela Liberty and her husband Robert, Paula J. Audet and her husband Ronald and Carole A. D'Amato and her husband Louis all of Uxbridge, 15 grand-children and 21 great-grandchildren. She is also survived by one step son, William E. Nydam Jr. of Douglas, two step daughters; Diane E. Belanger of Berlin and Pamela M. Nydam of Sutton, along with their extended families.

One of the things Jane Nydam was most proud of was her family. She will leave a lasting legacy of loving children, grandchildren and great-grandchildren.

Funeral services will be private and held at the convenience of the family.

Memorial donations may be sent to the Uxbridge Free Public Library, 15 North Main Street, Uxbridge, MA 01569 or to the Uxbridge Senior Center, 36 South Main Street, Uxbridge, MA 01569.

Arrangements are under the direction of the BUMA FUNERAL HOME, Uxbridge. www.bumafuneralhome.com

AUTISM continued from page **A11**

work in Sulforaphane and believes this to be a promising medication.

"Autism is on the rise," says Dr. Cochran, an estimated \$90 billion are predicted to go into the cost to treat those with autism in the next year. Dr. Cochran look forward to new treatments and new targets in helping those with autism.

"UMass is still working hard for

autism," say Dr. Cochran.

Those who work at the UMass Memorial Medical Center are dedicated, intelligent and vigilant in their strides to help those with autism and the families. Promising new techniques for diagnosing faster is essential in children receiving treatment in a timely manner. New medications are being tested and show promise for the future. The CANDO clinic is available and willing to help. New clinical trials are in the works and beginning soon. The doctors, staff and affiliates at UMass are not going to stop working and learning until

they can properly help those afflicted with autism, not just for the month of April, which is autism awareness and acceptance month, but for every day of the year and for many years to come.

READING NEWSPAPERS IS A QUEST LIKE NO OTHER





Herb Chambers Toyota of Auburn

809 Washington St., Route 20, Auburn, MA 01501

855-798-8494





NEW CAR DEALER





ToyotaCare No Cost Service & Roadside





New 2018 Toyota Corolla SE

STK# 270049 | MODEL# 1864



2 year lease 12k miles per year. \$3,999 down + tax +fees - \$5,766 total down. \$20,391 Capitilized Cost.

New 2018 Toyota C-HR XLE

STK# 269562 | MODEL# 2404 MSRP \$23,495



FOR

2 year lease 12k miles per year. \$3,999 down + tax +fees - \$5,723 total down. \$22,353 Capitalized Cost.

New 2018 Toyota **RAV4 LE AWD**

STK# 270119 | MODEL# 4432 MSRP \$27,144



FOR

2 year lease 12k miles per year. \$3,999 down + tax + fees - \$5,670 total down. \$25,757 Capitalized Cost.

New 2018 Toyota Camry SE



FOR

2 year lease 12k miles per year, \$3,999 down + tax + fees - \$5,815 total down. \$25,225 Capitalized Cost.

New 2018 Toyota Tacoma SR5 Double Cab V6 4x4

STK# 270217 | MODEL# 7540 MSRP \$35,692

FOR

2 year lease 12k miles per year. \$3,999 down +tax +fees - \$5,080 total down. \$33,545 Capitalized Cost.

New 2018 Toyota Highlander XLE AWD

STK# 270338 | MODEL# 6953 MSRP \$41,624



FOR

2 year lease 12k miles per year, \$3,999 down + tax + fees - \$5,889 total down. \$38,596 Capitalized Cost,



OVER 3,000 PRE-OWNED VEHICLES

www.HERBCHAMBERSTOYOTA.com

*All leases are valid through 4/30/18. Security deposit is waived. Tax, title, registration, \$459 documentation fee and \$650 acquisition fee additional. All leases are 24 months 12,000 miles per year. Advertised prices and payments are on approved credit only.

HIGH VOLUME LOW PRICE

BEST SELECTION OF PRE-OWNED CARS & TRUCKS IN CENTRAL NEW ENGLAND!

2015 Toyota Corolla LE Sedan



\$14,998



Sedan, I-4 cyl, 4 spd auto, FWD 37K mi. \$15,998

2011 Toyota RAV4 Ltd



SUV 4x4, I-4 cyl, auto, leather, 57K mi. **\$17,998**

2013 Toyota Sienna XLE



\$20.998



FWD, V-6 cyl, auto, leather, 36K mi. \$24,998 2015 Toyota Highlander XLE



SUV, AWD, V-6 cyl, auto, 47K mi. \$29,998



A4686XX 4WD, Off Rd Crew, V-8 cyl, auto, 47K mi. SUV, AWD, V-6 cyl, auto, leather, 43K mi. \$32,998

2017 Hyundai Elantra GLS



I-4 cyl, auto, FWD, 31K mi. \$14,998



FWD, 41K mi. \$15,998





\$17,998



V-6 cyl, auto, RWD, leather, 28K mi. \$20,998



Off Rd, Ext Cab, 4x4 I-4 cyl, manual, 9K mi. \$25,998

2015 Toyota Highlander XLE



A4633XX SUV AWD, V-6 cyl, auto, 60K mi. \$30,998



2013 Toyota Camry SE



V-6 cyl, auto, FWD, 68K mi.



I-4 cyl, auto, FWD, leather, 66K mi.



RT4665 Hatchback,I-4 cyl, CVA, FWDd, 7K mi. **\$17,998**



SUV, AWD, I-4 cyl, auto, 34K mi. \$21,998 2016 Chrysler 300 300C Platinum



AWD, V-6 cyl, auto, leather, 19K mi. **\$25,998** 2015 Toyota Highlander XLE



SUV, AWD, V-6 cyl, auto, 51K mi. \$30,998



SUV, AWD, V-6 cyl, auto, leather, 46K mi. \$34,998

2015 Toyota Corolla LE



2014 Hyundai Sonata GLS



\$15,998



SUV, AWD, I-4 cyl, auto, 40K mi. \$17,998



SUV, AWD, I-4 cyl, auto, leather, 29K mi. 2015 Jeep Wrangler Sport



A269749A SUV, 4x4, V-6 cyl, auto, 43K mi. \$25,998



4x4 Crew, V-8 cyl, auto, 22k mi. \$30,998 2018 Toyota 4Runner Ltd



SUV, 4x4, V-6 cyl, auto, leather, 67K mi.

2015 Toyota Corolla LE



\$15,998



Sedan, I-4 d uto, 7K mi. \$16,998





V-6 cyl, auto, FWD, 52K mi. \$19,998



SUV. AWD. I-4 cvl. auto. 31K mi. \$23,998



SUV, AWD, V-6 cyl, auto, 43K mi. \$26,998



RWD, V-8 cyl, manual, leather, 19K mi. \$32,598 2017 Toyota Tundra 1794 Edition



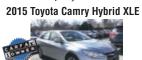
4WD,V-8 cyl, auto, pick-up, 7K mi. \$47,998



Sedan, I-4 cyl, 4 spd auto, FWD, 40K mi.



\$16,998



I-4 cyl, auto, FWD, leather, 61K mi.

\$19,998 2014 Toyota Highlander LE Plus



SUV, AWD, V-6 cyl, auto, 49K mi. \$24,998 2015 Toyota Tacoma



2015 Ford Mustang GT



BEST

NEW CAR DEALER

Not responsible for typographical errors OR REBATES UP TO \$4,000 ON SELECT MODELS

LOOKING TO BUILD YOUR CREDIT? WE'RE HERE FOR YOU!

We know how important safe and reliable transportation is - for your job, for your family, and for all your tasks in between. Herb Chamber's Toyota of Auburn is here to help! No matter your credit score - quick and easy car loan approvals are available for both new Toyota and used cars. Call our experts at 508.832.8000 for a financing program that works for you!







B Section

Friday, April 13, 2018 Classifieds—B8 Real Estate — B3-4

Legal Notices — B6-7





Paul Clifford, Realtor® Let me help you buy or sell

9 Year Owner Rt. 169 Golf Range/ Ice Cream Stand

Residential & Commercial

DOING MORE FROM FOR SALE TO SOLD





774.633.1844



What's On Your Mind? We'd Like to Know.

Email us your thoughts to: ruth@ stonebridge press.news

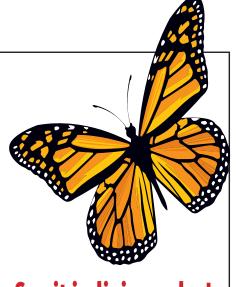


We'd Love To Hear From You!





Family Owned & Operated | Competitive Prices & More No Community Fee | Refundable Security Deposit



Say it in living color!

The world isn't black and white. So, why is your ad?



HERE & THER



F.W. 9:30-6:00; TH., FRI. 9:30-8:30; SAT. 9:30-6:00; SUN 11-5



7-10 p.m. **CHRIS BREAULT** Acoustic music in the bar 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

SATURDAY, APRIL 14 BEEKEEPING SEMINAR AT KLEM'S 11:00 a.m. Learn the basics Instructed by Mary Duane KLEM'S 117 West Main St. Spencer, MA 508-885-2708 (Ext. 104)

TEQUILA MOCKINGBIRD 9 P.M. 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

www.klemsonline.com

TUESDAY, APRIL 17 2:00 p.m. - 4:00 p.m. THE BRIDGE OF CENTRAL **MASSACHUSETTS** CAREER OPEN HOUSE 39 Elm St., Suite 212

Southbridge, MA Now hiring treatment co-ordinator. senior residential counselor, full and part-time residential co-ordinators, and relief counselors For information: thebridgecm. org or 508-755-0333

FRIDAY, APRIL 20 SECOND CHANCE PET

2:00 p.m. - 4:00 p.m. Come visit the dogs and cats available KLEM'S 117 West Main St. Spencer, MA 508-885-2708 (Ext. 104) www.klemsonline.com

SATURDAY, APRIL 28

EQUIPMENT CONSIGNMENT AUCTION AT KLEM'S 10:00 a.m. Buy or sell! KLEM'S 117 West Main St. Spencer, MA 508-885-2708 (Ext. 104) www.klemsonline.com

GIANT MEAT RAFFLE 6 P.M. DOORS OPEN AT 5 P.M. 6 tables to be raffled off totaling over \$2000 in high quality meats Seafood and RAFFLE BBQ table 50/50, burgers & dogs for sale SONS OF THE **AMERICAN LEGION POST 138** ADOPTIONS AT KLEM'S 175 Main St., Spencer, MA Spencer, MA

SATURDAY AND SUNDAY APRIL 28 AND 29

ANNUAL SPRING **DERBY 2018** 8:00 a.m. Registration and breakfast Free admission! starts at 6:00 a.m. Spencer Fish & Game Club www.klemsonline.com Cash prizes and trophies Large trout up to 11 pounds 117 West Main St., stocked for the event Youth archery shoot 155 Mechanic St., Spencer, MA

FRIDAY, SATURDAY, **SUNDAY** MAY 4, 5, 6

Klem's SpringFEST & Tent Sale Come early for the best selection! TENT SALE HOURS: Friday - Noon - 7 p.m. Saturday - 9 a.m. - 7 p.m. Sunday - 9 a.m. - 5 p.m. www.klemsonline.com 117 West Main St.. 508-885-2708 (Ext. 104)

THURSDAY THROUGH the Providence **SUNDAY MAY 10-13**

RECORDS & BURPEE CHILDREN'S ZOO Educational family fun! KLEM'S Spencer, MA 508-885-2708 (Ext. 104)

FRIDAY, MAY 18

Second Chance Pet Adoptions At KLEM'S 2 p.m. - 4 p.m. Come visit the dogs and cats available www.klemsonline.com 117 West Main St., Spencer, MA 508-885-2708 (Ext. 104)

COMEDY NIGHT AT MAQUI'S BAR 8:30 p.m. Presented by Comedy Factory Featuring 4 headliners \$15 pp Tickets available at Maqui's Or call 774-230-2520 Or 401-639-77226 61 Chestnut St., Southbridge, MA



Do Something Fun This Weekend!

BLACKSTONE VALLEY TRIBUNE Friday, April 13, 2018

WEDNESDAY, APRIL 18 • 4-7PM **Auburn Elks #2118** 754 Southbridge Street, Auburn, MA



Join our warehouse & transportation team in Dayville, CT

Class A Driver positions available Selecting and Forklift Operator positions available Multiple shifts available -4-day work schedules plus overtime

Competitive wages and opportunity to earn incentive pay Full-time, part-time and seasonal opening available Outstanding benefits - Medical, Dental, Vision, Flex Spending, 401k with company match, and more

We Move Food Forward Search for jobs & apply at unfi.com/careers

UNFI | 260 Lake Road • Dayville, CT 06241 | 860.779.2800 | unfi.com/careers UNFI is an Equal Opportunity Emloyer © United Natural Foods, Inc.

www.StonebridgePress.com

SPRING IS ALMOST HERE!

Time to get your vehicle ready with new accessories Think Truck and Car Accesories!

Tonneau Covers, Truck Liners, Wheels, Tires ... and more! Let us install it for you!



PLACE MOTOR Inc.

"The RIGHT Place" since 1923 Ford



Celebrating 95 Years Of Outstanding Service To Our Customers



2018 FORD EXPLORER XLT Stock #8095

MSRP\$37735.00 Rebates3750.00 Place Discount (1923.00) The Right Price\$32,062.00

Requires Ford Motor Credit financing and qualified military appreciation, college student or first responder.



2017 FORD FIESTA SE Hatchback, Sporty & Fun

511923 STK#612x



2009 FORD EDGE **SPORT**

STK#8087A

United

Loaded Low Miles **\$14923**



2016 FORD

FOCUS SE

Auto Trans nicely equipped

\$12923

FORD F250 SUPERCAB XL 4X2 1 owner Nice truck

\$14923

STK# 6449A



2016 FORD

FUSION

One Owner remote start

\$12923

2014 FORD ESCAPE SE 4x4, Ecoboost, Low miles

\$16523

STK#590x

The Right Car, The Right Price At The Right Place Motor



"2018 DRIVE FOR A BETTER PLACE" FOR THE MONTHS OF MARCH-APRIL PLACE MOTOR

PLACE MOTOR INC. WILL ONCE AGAIN BE PLEDGING \$150.00 FROM EVERY VEHICLE THAT WE SELL!!

> Help Us Support Local Charities Our Goal Is To Help Make A Difference







111 East Main Street, Webster, Massachusetts 508-943-9306 508-987-0767 1-800-552-7444 Licensed in MA & CT



Each Office Independently Owned and Operated





NEW/LISTING

New Counters, Sink, SS Appliances, Pai Fir! Formal Din Rm! Frplc Liv Rm! Glea

Hrdwds Throughout! Den w/Cathedrals!

4 Spacious Bdrms w/Oak Flrs! Tile Bath w/Dble Vanity! 1.5 Baths! Screen Porch!

DUDLEY – 20 Williams St! Nice 7 Rm Cape w/3 Car Garage! SS Applianced Kit w/Oak Cabinets & Corian Counters! Frpled Liv Rm & Din Rm wHrfewds! Sunroom w/Hot Tub/Skvlights! 3 Bdrms! Master Bath & Walk-in Closet! 2 Tile Bathrms! Buderus Furnace! Town Services! Fenced Backyard! \$244,900.00

\$244,900.00

ON DEPOSIT

WEBSTER - 10 Arkwright Rd! Attention

Investors & to Owner Occupy! 2 Family!

8/7 Rms! 3/3 Bdrms! 2,500' of Living! Each Has Kit w/Breakfast Nook, Dining & Liv Rms & Den! 1st Flr w/Pellet Stove, Deck w/Enclosed Porch! 2 Car Garage! Updated

Windows! Newer Roof! Minor Cosmetics Needed \$199,900.00

Garage! **\$639,900.00**



Jules Lusignan



King

Cimoch



Therrien



John Kokocinski



James

Sandi

Grzyb



Counihan

www.Century21LakeRealty.com • www.WebsterLake.net #1 on the Internet

Listings Always Needed - We're Always Busy Selling!!!





WEBSTER - 9 Asselin Ave! Hospital ear! Brian Acres! Ideal 7 Rm Split Entry! ely Landscaped .57 Acre Lot! In-Ground bove Ground Pool! SS Applianced Kit! Din Rm w/Slider to Sunroom! Liv Rm w/ Frole! 3 Bdrms! Updated Bath! Frole Fam Rm! 2 Z Oil Heat! 2 Car Garage! Shed! \$279 900 00



WEBSTER - 11 Upper Gore Rd! Convenient 6 Rm Ranch! Fully Applianced Oak Kit! Frplc Din Rm w/Hrdwds! 3 Bdrms w/Hrdwd Firs! Spacious Liv Rm w/Brick Hearth! 1st Fir Laundry! Large Trex Deck! Updated Windows, Siding & Furnace! Garage! Shed! Sold w/Add .39 Acre Lot!



North Pond! 62' Waterfront! Panoramic Views! 8 Rm Colonial! Kit w/Double Oven! GLEAMING Hrdwd Firs! 4 Bdrms! 2 Full Baths! 14X20 Trex Deck! Newly Painted! Prof Landscaped! Fenced Yard! Plenty of Docks Included!



Frplcd Fam Rm! Deck w/Custom Bar! 2 Car



WEBSTER LAKE - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms 3 Bdrm 2 Baths A/C'd Ranch! Custom SS Applianced Granite Kit! Din Rm w/Hrdwds & Slider to Waterfront Deck w/Awning! Lake Facing Frolc Liv Rm w/ Cathedral, Skylight & Hrdwds! Comfortable Master Bdrm! Frplcd Lower Level \$729,900.00





WEBSTER LAKE — 48 Laurelwood Drl Reid Smith Cove! One of the Lake's Best Lots! Beautiful 10 Rm, 3,686' Contemp! 104' Waterfront, 228' Rd Frontage, 33,628 Sq. Ft, or .77 Acres! The Best on Market! Gradual Sloped Lawn to Beach/Shore! Private Rd w/Woods Across Street! Location, Slope to Water, View & Exposure, Things You Can't Change, After that it's One's Imagination! Front, Back, & Side Yards, Space to Roam, Entertain, Park & Expand! Main Level, White & Black Granite Kit, Center Isl w/Gas Range & Sink, Wall Ovens! Din Area! Lake Facing Din Rm! Frpled Liv Ruvel, thethedral Open to Sun Rm w/Water View! Lake Facing Office/Possible 4th Bdrm! Half Bath! Upstairs, 3 Bdrms, 2 Bathrms! Amazing Lake Facing Master, Bath w/Whirlpool, Steam Shower, Dble Vanity, Cathedral w/Skylight & Laundry! Walk-out Lower Level w/ Frpled Fam Rm, Summer Kit & 3rd Full Bath, 3.5 Total! C/Air! Gas Heat! 2 Car Garage & More! \$1,100,000.00



WEBSTER - 24 Linwood St! Well Maintained 2 Family! Each Unit Consists Of An Eat-In Kit w/Gas Range, Pantry w/ Abundant Cabinets! 2 Carpeted Bdrms! Knotty Pine Heated Sun Room Or Den! Full Baths w/Laundry! 2nd Flr w/Screened Porch Newer Roof, Siding & Wir Furnaces! Garage! \$219,900.00





DOUGLAS - 93 Monroe St! 10.97 ACRES! Updated 1867 8 Rm Farm-ACRES! Updated 1867 8 Rm Farm-house! Flexible Floor Plan! Loads of Charm! Flopt Lix Rm! Fam Rm w Cathedrals! Slider to Deck! Din Rm! 4 l Bdrms! 2 Baths! 2 Car Attached Ga-rage! Additional 3 BAY, 50x85. GARAGE BUILDING! \$594,500.00

SOLD



Rehab! 1st Flr Consists of Eat-in Kitchen w/Built-in Hutch! Large Liv Rm! Master Bedroom w/Closet! Office! Full Bath!

SOLD

DUDLEY – 7 Kayla Lane! 8 Rm Colonial Set On 1.84 Acres! Applianced Granite Kitl Frpicd Dining Rm! Living Rm w/ Hrdwds! Cathedral Ceiling Family Rm! 3 Bedrooms! Spacious Master, Master Bath! 2.5 Baths! 1st Floor Laundry! Farmers Porch! Deck! Attached 2 Car Garae! 835.9.00.00

Garage! \$359,900.00



ON DEPOSIT

AUBURN - 13 Inwood Rd! Cute 6 Room

Cape! 2-3 Bedrooms! All Hardwoods on Both Levels Under Carpeting! Finished

MILLBURY - 197 W. Main St! 5 Rm. 2 Bdrm Cape! Great Location On 1 Acre Lot! Home needs considerable updating and may not qualify for traditional financing! Being sold AS IS! Title 5 Passed but there is Town Sewer in the Street! Easy Access to Rte 146! Close to



Singletary Boat Ramp! \$120,000.00



Here! Completely Remodeled! "Turn Key" 1st Fir Beauty Salon w/CAir, Handicapped Bthrm, Kit, Gas Heat! 2nd Flr - Applianced Kit, Liv Rm, 2 Bdrms, 1.5 Baths, New Oil Furnace! 13 Parking Spaces! 2 Car Garage! Sep Utilities! Town Services | Rte 20 84 & 901 \$329,900.00

SOLD

CHARLIUN — 44 OXIOTA KLI 8 KIII Colonial w/Farmers Porch! 1.38 Acres! New Quartz Kitchen! Formal Dining Rm w/Hrdwds! Frplcd Fam Rm w/Hrdwds! Spacious Liv Rm! 4 Bdrms! Master Bath! 2.5 Baths Total! 16X30 Deck! 2 Car Garage! Shed! 2016 Roof! Many Updates! \$344,900.00



THEFT IN IN

ON DEPOSIT

Rm Ranch! Maple Cabinet Kit w/White

Refinished Hrdwds in Liv Rm & 3 Bdrms

Tile Bath! Large Open Basement! New Doors! 7 Year Old Roof, Vinyl Siding, &

Windows! House Freshly Painted! 1 Car

Garage **\$229,900.00**

NEW/LISTING

DUDLEY - 9 Page Ln! Newly Renovated

Appliances! Din Area w/Slider to Deck!

WEBSTER – 56 Chase Ave! Well Maintained 2 Fam! 64 Rms! 3/2 Bdrms! Applianced Eat-in Kits! Formal Din Rm! Carpeted Liv Rm! Large Bdrms! Updated Full Baths! Skylight! Hrdwds! 6 Panel Drs! 2Z Oil Heat! Furnaces 1 Yr Old! Newer Plumbing & Electric! Fenced Yard wiPatio! \$219,900.00

ON DEPOSIT



WEBSTER – 10 Foster St! 3 Family! 6/6/6 CHARLTON – Oxford Road – Across Owner Occupied! Quiet Side Street! Easy Access! Off Street Parking! Large Eat-in Kits w/Gallev/Pantry, Formal Dining & Liv ut! Coin Operated in Basement! \$259,000.00

ON DEPOSIT



Rms! 3/3/3 Bdrms! Excellent Investment or from #122! Fantastic 2.72 Acre Lot with Owner Occupied! Ouiet Side Street! Easy 300' of Road Frontage! Area of Nice Homes! Build Your Dream Home Here



ON DEPOSIT WEBSTER LAKE - 15 Lakeview WEBSTER LAKE - 33 Beacon Rd! 6 Rd! Reid Smith Cove! Enjoy the Music Rms. 3 Bdrms. 2 Baths! 141' Waterfront! 12,458' Lot w/Plenty of Privacy! Kit, Maste Bdrm, Master Bath, Roof & Windows Nev of Indian Ranch & the Indian Princess! 7 Rm Summer Cottage w/4 Possible Bdrms! Master Overlooking Lake! Great Potential!
Or Tear It Down, Build Something New! 50'
X 118' Lot w/Gentle Slope, Almost Level! in 2013! Enjoy Sunsets from Wrap-aroun Porch! Beautiful Lake Views! Frolc Liv



NEW PRICE WERSTER LAKE - Access! 124 Gore Rd! 440' Waterfront! Great Location!

Rm! SS Appliances C/Air! 2 Car Garage! \$519,900.00

WEBSTER LAKE - 602 Treasure Isl Townhouse! 6 Rms! 1,874"! Hrdwd Floors!
Applianced Granite Kit! Open FIr Plan!
2 Bdrms! Master Bath w/Whirlpool Tub,
Separate Shower & Bidet! 3 Baths! Frpled Fam Rm! CAir! Gas Heat! Trex Deck! Recent Windows/Doors! Garage! 2 Boat Slips! Heat ed Pool, Sandy Beach! **\$344,900.00**





WEBSTER LAKE - 82 Lakeside Ave! South Pond! Prime 157' Waterfront w Western Expo! Reautiful Sunsets! Panoramic Lake Views! 10+ Rm. 4 Bdrm. 4.5. Bath, A/C'd, 3,832' Custom Colonial! Lake Facing Quartz Kit w/Heated Flr! Din Area w/Custom Wall Unit & Slider to Waterfront Deck w/Elect Awning! Frold Liv Rm! Din Rm w/Tray Ceiling! Lake Facing Master w/Master Bath! Upstairs 3 Bdrms, 2 Lake Facing! Lower Level Fam Rm w/2nd Kit, Sauna & Full Bath! 3 Car Attached, 1 Car Detached! Security! Generator! Boat House! \$1,195,900.00







ON DEPOSIT

WEBSTER LAKE - 3 Long Island!

Cottage" Ready to Rough It! Loads of

Potential! Water on 2 Sides! Panoramic



ON DEPOSIT

WEBSTER LAKE — 3 Lakeview Rd! Middle Pond — Reid Smith Covel Ideal Summer or Yr Roundl Western Expo Deautiful Sunsests f Rm Ranch New Quartz & Stainless Kitl 3 Remodeled Bdrms! 2 New Baths — Master Bath! Tile & Hrdwds! Prpic! Oil Heat! Unique Waterfront! \$575,000.00

Townhouse w/BOAT DOCK! 5 Rms! Move-in Condition! Panoramic Lake Views! Applianced! Din & Frplcd Liv Rm w/Hrdwds! Lake Facing Master! Custom Master Bath! 2 Bdrms! 2.5 Baths! CAir! Garage! \$288,000.00



Direct Highway Access! 3.4 Acres! UNDEVELOPED LAND w/EXOUISITE VIEWS! Explore the Opps! Build a staurant, Hotel, Condominiums! Cozy 4 w/2nd Floor! \$379.000.00





Fine Realtor Associates to Serve You!

hope2own.com 508.943.4333

Sharon Pelletier - Broker Licensed in MA, CT & RI





Featured New Webster Lake Listing! **WEBSTER LAKE - 110 LAKESIDE AVE**

Panoramic Views Define this Unique Webster Lake Waterfront Contemporary! 190' of water-frontage spanning the horizon from East To West! Pavilion sits at water's edge! Lakeside patio, fire pit & sandy beach for swimming! Huge waterside decks & aluminum docks! Contemporary style home offers 2,497 SF+/-, 9 Rms, 4 Bedrooms, 2-1/2 Baths including private master bath. Open concept w/ kitchen/dining/living & year-round sun-room. Lake facing private master BR suite. Walkout lower level features a family room, half bath & lakeside 3 season room! 2 car attached garage!

June Cazeault * William Gilmore II * Laurie Sullivan * Diane Strzelecki * Matthew Ross * Lori Johnson-Chausse * Mark Barrett * Brian Bohenko

WEBSTER - 6 BOYDEN ST EXT

Buyers &/or investors take notice! A short sale offering with full lender cooperation. A fantastic opportunity to own an affordable, move in ready, single family, 3 br, 1.5 Bath, split level style home with potential for a 2 family conversion! Appears to meet all criteria for conversion to a 2 family. Municipal Water & Sewe



Looking for a place for your at home BUSINESS? CORNER lot! 8,580 SF (.20 acre), 2 story single family home w/3 BRS, 2 Baths! Possible to convert this home back to a 2 family! Municipal Water & Sewerl Recent Natural Gas Buderus FHW Boiler. 2 Car Detached Garage! Auction online go to xome.com Apr. 7-10 \$185,000.



WEBSTER LAKE - 203 BEACON PARK

Webster Lake Condo in BEACON PARK! 10 acres of Park like Grounds!, Natural Sandy Beach! Excellent for Swimming! Do your early morning laps in the inground pool! 12004-st Living space! 2 large bedrooms, dining and living room! 2 sliders - Deck! BOAT DOCK INCLUDED! Buy now - enjoy the 4th of JULY FIREWORKS



THOMPSON - 5 BEATTIE AVE

NEW LISTING! Under Construction! Craving some privacy? 1.31 acre +/- lot Conveniently located for commuters! Close to I-395! This Split Level home has

an attractive modern flare w/twin peaks & rectangular

window lighter above the front entry door! Open flr plan, cathedral ceilings, hrdwd & ceramic tile flrs! Granite counter-tops, center island! Dining rm w/

sliders to deck overlooking private back! 2 BRs, +Mstr

BR suite w/private bath! 1/2 bath/laundry, 2-1/2 bath

\$259,900.

WEBSTER LAKE - 22 LAURELWOOD DR

total! Central Air, 2 car garage.

THOMPSON - 12 OAKWOOD DR



kept Ranch! 3 generous size bedrooms! Large living room with Bow Window, eat in kitchen. Oversized carport! Level fenced yard! Forced hot water by oil! Large shed! \$192,500

WEBSTER - 36 WEST AVE

First Time Offered! Grand 1960 Custom Built Cape! 10+ Spacious Rooms Include: 4 BRs 3 Full Baths, 2 Full Kitchens, Dining Rm, 2 Lg Family Rms, Gorgeous Formal Living Rm w/Fireplace! Plus 2 Delightful 3 Season Enclosed Patio Rooms w/Slate & Terra Cotta Tile Flrs! 3,235 SF+/-. Outstanding ONE LEVEL LIVING w/2 BRs & full bath. 2nd floor - 2 huge BRs & full bath! Dynamite lower level in-law setup w/existing kitchen & full bath! \$279,900



Mid century, 6 room 3 bedroom Cape ready for the next generation to move in and make their own! 1.38 acres of land with in ground pool (needs work) , pool house.3 car detached garagel Single detached garage for home use. First floor bedroom, upper bedrooms with knotty pine and built ins . New roof and heating in 2010. \$224,900.

LAND! WEBSTER/DUDLEY BUILDABLE LOTS

Webster Lake - 16 Black Point Rd. Waterfront, Boat Access, Buildable w/Town Water & Sewer. \$59,900 Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water & Sewer \$229,900 Dudley - View St. 17,280. SF mostly cleared land. Dead end street \$49,900

Oxford - 4 Leicester St., 8.47 acres, mostly cleared

Thompson - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful view! \$99,900.

On The shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 7 CEDAR DR



English Tudor Style Colonial! Cathedral ceiling Dining & Fireplaced Living Room! 1600+ sq ft of living area! 3 Good size bedrooms. Master bedroom with Master Bath! 1 bedroom on the main living level. 2-1/2 Total Baths! 7 rooms total! Finished basement with Hearth! Forced hot air by oil! Central Air Conditioning! 14' X 42' car port! 3 car garage! Comes with Non-Seperable Waterfront Lot, on Pond! Enjoy Webster lake without the High Taxes!





1st Time Offered in Reid Smith Cove, Spectacular 3700+/- SF, 13 Rm/4.5 Bath Lake Home, Uniquely Designed for Lake-Style Living! Private Setting, Ideal Location, .68 Acres, 92' of Natural Shoreline, Prof. Landscape, Multiple Decks, Lakeside Cabana, 3 Mstr BR Suites w/Elegant 1st FIr Mstr ~ all w/ Private Baths, Finished Walkout LL w/Living & Billiard Rms & Summer Kitchen! Call Sharon at 508-954-7222 for More Information **\$1,150,000**.





is nice and bright with early morning natural light! Hardwood floors! Recent Energy Efficient Windows! 2 bedroom, 2 1/2 Baths, Fireplaced walkout Lower Level! Impeccable Park like grounds, Heated Pool! Boat Slip! Don't miss out! \$334,900



MEET YOUR LOCAL REAL ESTATE PROFESSIONALS

Perfect for Realtors, Mortgage Companies, Banks, Real Estate Attorneys, Home Inspectors, Chimney Inspectors, Lead Removal businesses, Insurance Companies, etc... any business involved in the buying or selling of real estate. To join this section, please contact your local sales rep, 1-800-367-9898 or email jean@stonebridgepress.news



Dorrinda O'Keefe-Shea, Realtor CDPE, Notary Public **NS Lovett Real Estate**

c: 978-434-1990 e: dorrinda@c21lovett.com www.DorrindaSellsHomes.com My listings are selling! If you or someone you know is thinking about buying or selling their home please call me As your local Realtor, I would be happy to assist you!

270 Main Street, Spencer, MA 01562





1286 Main Street Leicester, MA 01524



John

john@ TeamCapanale.com

Campanale

508-769-4854

Residential • Commerical www.9WestRealty.com



Lusignan Owner Broker LAKE REALTY

111 East Main St., Webster, MA Thinking of selling? Call 1-800-552-7444 www.Century21LakeRealty.com www.WebsterLake.net







270 Main Street, Spencer, MA 01562 maryangela87@yahoo.com mhicks@c21northshore.com

Each office is independently owned and operated.

FREE OPEN HOUSE LISTINGS when you advertise in this section

(C) Condo (B) Business (P) Land

(X) Condex (U) Duplex (L) Mobile Home

(M) Multi-Family (S) Single Family (A) Apartment

(T) Townhouse (D) Adult Community (W) Waterfront

REALTOR/SELLER/PHONE ADDRESS STYLE TIME **PRICE**

SUNDAY, APRIL 15

WARE

3 Hillside Terrace

11-12:30 \$334,900

Century 21 North East Group/ Dorrinda O'Keefe-Shea 978-434-1990

To have your open house listed in this directory please contact June at 508-909-4062





Southbridge:Great 2 family with many ovations! 5 rooms 2 hedroom units. Reautiful ors 2008. Long term clean tenants. \$205,900.



Southbridge: INVESTORS! ROOMING HOUSE with Southbridge: HUGE Brick 3 family! Full hardwood filoors, natural woodwork, large kitchen w/pantry. Dining room has closet, could be 3rd Expansion possible in the Carriage House in rear. om. Good rental history. Walk to ago town! \$235,000.



fireplace! Large eat in kitchens! Hardwoo edroom. Updated electrical service with landlord

Share a kitchen. Common baths, Updated furrace. Intelplace! Large ear in kitchens! Harrowood.

Off street parking. At one time a 4 family, \$110, floors too! Many updates aprox. 10 years

Before the street parking. At one time a 4 family, \$110, floors too! Many updates aprox. 10 years

Before the street parking and the street parking. At one time a 4 family, \$110, floors too! Many updates aprox. 10 years

Before the street parking and the street parking and the street parking. At one time a 4 family, \$110, floors too! Many updates aprox. 10 years

Before the street parking and the street nants pay their own heat & Electric \$229,000.





Southbridge: NVESTORS TAKE NOTE! Money maker this property can bed 4 amily with all 4 room 2 bedroom 3 bedroom 5 bedroom 5 bedroom 5 bedroom 5 bedroom 5 bedroom 5 bedroom 6 bed









* Open Floor Plan

* Ist Floor Laundry

• Rough plumbed for

326 Whitetail Cir. ~ \$220,000

SHREWSBURY

55+ COMMUNITY

3 Bedroom

second bath









PUTNAM-Two bedroom, 2 full bath Condo. Lg. vaulted living/diningroom, the kitchen has had a nice facelift and features newer white room, the kitchen has had a nice lacelitt and features newer white cabinets, counters, floors & updated appliances; plenty of working space plus a little informal eating space. Full bathroom and second bedroom with double closet on main floor. The upper level has a large master suite with vaulted ceiling w/skylight, plenty of closet space and LARGE 4 piece bathroom with a jetted tubl Additionally, the second floor features a laundry room with extra storage; also a detached garage and parking spot. Pets are allowed. Convenient to downtown Putnam and just off I-395 for commuting to MA, RI or CT. \$137,500



around deck of this 1664 square-foot Colonial . The spacious living room with cathedral ceiling has a cozy corner woodstove and French doors leading out to a back porch. There are two bedrooms upstairs and an office space on the main floor as well as two full baths. The .4 of an acre in Woodstock Valley. Call today for your private viewing.



THOMPSON-This Ranch style home is sitting on almost 5 acres with features 4/5 bedrooms with 1 room being used as a laundry room and 1 full bathroom. The kitchen opens to a dining room/eating space and the living room has a nice entertaining center. The bedrooms are all good sized. There is a full basement under 1/2 of the home which has newer electrical panel and a new oil tank. Home features a paved driveway with plenty of parking, a newer roof, and a good sized shed for the tractor & garden tools. \$179,900



KILLINGLY-You must see this 3 BR, 2 1/2 bath, 1451 sq. foot Cape Cod home sitting nicely on 1 acre; re-built from the subfloor up by a local respected builder; Hardwood floors, chef's kitchen with granite countertops & stainless steel appliances 1st floor master bedroom with full bath and walk-in closet; easily ccessible to 395; listed at only **\$214,900**



THOMPSON-Located on 2 acres, this 4,352 Sq Ft., Georgian style Contemporary is one of the first "energy efficient" homes in the area. Sunken living room with fireplace, custom cherry kitchen, dining room office and exercise room all adorn the first floor with one wall of glass sliders to balcony. Second floor has two oversized bedrooms with a shared bath and a Ig. master suite with full bath, whirlpool tub, show and walk-in closet. His and hers garages separated by a courtyard must see home! Call today for your private showing. \$419,900



KILLINGLY-Great owner occupied, well maintained 1,635 sq t, 2 Family, side by side. Unit A- has 2 bedrooms, unit B has 3 bedrooms with each having 1 bath, dining area and living room. Laundry hookups, vinyl siding, fenced backyard and 2 driveways \$159,900





447 Riverside Dr. Thompson CT P.O. Box 83 Phone: (860) 923-3377 Fax: (860) 923-5740

Take a virtual visit: www.johnstonrealestate.net



Call any agent listed SHREWSBURY - COLONIAL **SOUTHBRIDGE - RANCH**



* 4 Bedroom * 2.5 Baths

* Fireplace * 2-C-G

4 Minuteman Way ~ \$424,900



above for a showing SUBDIVIDE A LOT

* Contemporary 3900 sq. ft.

WEBSTER LAKE-

* 2 Car Garage

* Cathedral Ceilings

* 46' Deck 13 Bates Cove ~ 1,475,000

NOW! NOW! NOW! WEBSTER LAKE * Multi- Level * 3.5 Baths

> * 130" Frontage * Cathedral Ceilings * Wrap Around Deck

24x24 Master Bedroom Suite

16 Pattison Rd ~ \$799,900

MORTGAGEE'S SALE OF REAL ESTATE



1.8 ACRE SITE ON ROUTE 20

872 SOUTHBRIDGE ST.

This high visibility ± 1.82 acre site has extensive frontage on Route 20 in the Highway Business zone. The level parcel is close to the Oxford town line and Route 12. It is improved with multiple structures and was formerly used by a landscaping supply company. This flexible property is ideal for end user, investor or redevelopment.



BLACKSTONE VALLEY TRIBUNE Friday, April 13, 2018 • 5



Patio Door Special! Window Special!

Special ends on May 6th

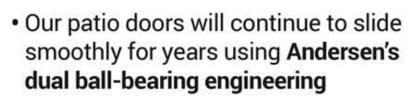
SAVE \$700 on every patio door¹

SAVE \$325 on every window¹

WITH

Money Down Payments FOR 1 YEAR¹

> Interest accrues from the purchase date but is waived if paid in full within 12 months. Minimum purchase of four.



- · Our 5-point locking system on our patio doors provides top-of-the-line security and peace of mind
- Our composite Fibrex® window material is twice as strong as vinyl so our weather-tight seals stay weather-tight
- We handle the entire process; we sell, install and warrant our windows and patio doors, so if you ever have an issue, you're covered



We handle every part of the replacement process



Sell



Custom-Build



Install



Warrant



CC I would highly recommend Renewal by Andersen. The installation was performed by friendly and professional installers. They arrived on time and answered all my questions. They did an outstanding job and cleaned up after themselves. They gave detailed instructions on operating the windows and made sure I was completely satisfied.))

- Mark A., Renewal by Andersen customer, Attleboro, MA





Renewal by Andersen: recognized by J.D. Power for **'Outstanding Customer** Satisfaction with Windows and Patio Doors! Call for your FREE Window and Patio Door Diagnosis

1-800-209-2746

DETAILS OF OFFER: Offer expires 5/6/2018. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door, with no money down and 12 months no payments, no interest when you purchase 4 or more windows or patio doors between 4/1/2018 & 5/6/2018. Subject to credit approval. Interest is billed during the promotional period but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2018 Andersen Corporation. All rights reserved. ©2018 Lead Surge LLC. All rights reserved. J.D. Power: Renewal by Andersen received the third highest numerical score among 16 companies in the J.D. Power 2017 Windows and Patio Doors Satisfaction Study, based on 1,904 total responses, measuring the experiences and perceptions of customers who purchased windows and/or patio doors in the previous 12 months, surveyed February - March 2017. Your experiences may vary. Visit jdpower.com.

LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Allen G. Riley to Wells Fargo Bank, N.A., dated July 14, 2005 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 36805, Page 13, of which mortgage the undersigned is the present holder by assignment from Wells Fargo Bank, N.A. to HSBC Bank USA. National Association As Trustee for Wells Fargo Asset Securities Corporation, Mortgage Pass- Through Certificates Series 2006-AR8 dated March 27, 2013 and recorded with said registry on March 29, 2013 at Book 50664 Page 324, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 10:00 a.m. on April 30, 2018, on the mortgaged premises located at 189 Main Street, 229 Main Street, and 239 Main Street, Douglas, Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

Property location:

Off Main Street, Douglas, Massachusetts; ASK Realty Trust The land in the Town of Douglas, coun-

ty of Worcester and Commonwealth of Massachusetts situated on the southerly side of other land now or formerly of Eleanor F. Schuster, and bounded and described as follows:

Beginning at a point in the Northwesterly most corner of Lot 2 on a 'Plan of Land in Douglas, Mass.' dated May 28, 1991 completed by Andrews Survey & Engineering, Inc., recorded with the Worcester District Registry of Deeds in Plan Book 654, Plan 11 (the 'Plan'); THENCE S. 89° 06' 10' E. Nine hundred forty-two and ninety-five hundredths feet (942.95) to a point:

THENCE S. 43° 13' 27' E. one hundred fifty-seven and seventy hundredths (157.70) feet to a point:

THENCE S. 34° 27' 39' W. Two hundred twenty-nine and fifty-four hundredths(229.54) feet to a drill hole:

THENCE S. 37° 40' 23' W. Two hundred sixty-three and fourteen hundredths (263.14) feet to a drill hole; THENCE S. 31° 35' 23' E. Two hundredths

dred forty-seven and thirty-six hundredths (247.36) feet to a drill hole; THENCE S. 06° 45' 03' E. Two hundred ninety-six and eighty-nine hundredths (296.89) feet to a drill hole:

THENCE S. 11° 46' 22' E. Three hundred sixty-six and sixty-five hundredths (366.65) feet to a point;

THENCE S. 10° 05' 08' E. One hundred twenty-one and sixty-five hundredths (121.65) feet to a point'

THENCE N. 88° 20' 36' W. Two hundred sixty-five and eleven hundredths(265.11) feet to a point; THENCE N. 44° 01' 29' W. Eight hundredths(265.11)

dred sixty-six and twenty-five hundredths (866.25) feet to a point;

THENCE N. 04° 10' 53' E. Three hundred fifty-two and four hundredths (352.04) feet to a drill hole;

THENCE N. 16° 39' 14' W. Five-hundred fifty-two and sixty-eight hundredths (552.68) to the place of beginning.

Being approximately 22.71 acres and being the same premises shown as Lot 2 on the Plan.

Being the same premises conveyed to ASK Realty Trust by deed of Eleanor F. Schuster dated May 28, 1991 and recorded with the Worcester District Registry of Deeds in Book 20384, Page 385

Subject to and with the benefit of easements set forth in an Amended and Restated Cross Easement Agreement dated as of November 10, 1997 and recorded with the Worcester District Registry of Deeds in Book 19342, Page

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 36805, Page 1,7, and 10.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Twenty-Five Thousand (\$25,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The descrip-

tion of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

HSBC BANK USA, NATIONAL ASSOCIATION AS TRUSTEE FOR WELLS FARGO ASSET SECURITIES CORPORATION, MORTGAGE PASS-THROUGH CERTIFICATES SERIES 2006-AR8

Present holder of said mortgage
By its Attorneys,
HARMON LAW OFFICES, P.C.
150 California Street
Newton, MA 02458
(617) 558-0500
201703-0370 - YEL

March 30, 2018 April 6, 2018 April 13, 2018

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Kirk Murphy and Mary Kathleen Murphy to DeWolfe Mortgage Services, Inc., dated September 27, 2002 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 27591, Page 162 subsequently assigned to Countrywide Home Loans Inc. by DeWolfe Mortgage Services. Inc. by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 30813, Page 20, subsequently assigned to Bank of America, N.A. by Countrywide Home Loans Inc. by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 51694, Page 332 and subsequently assigned to Federal National Mortgage Association by Bank of America, N.A. by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 53637, Page 308; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 12:00 PM on April 27, 2018 at 68 Birch Hill Road, Douglas, MA, all and singular the premises described in said Mortgage, to wit: The land in said Douglas on the southerly side of Birch Hill Road consisting in Lots 228 and 229 shown on Plan of "Wallum Lake Terrace ... Ernest J. LaLumiere, Douglas, Mass July, 1955". The premises are further bounded and described as follows: BEGINNING at the northeasterly corner of Lot 227 shown on said plan, opposite Richie Road at the northwesterly corner of the premises to be conveyed; THENCE in a southerly direction by the easterly side of Lot 227, 100 feet to a point at land now or formerly of Mary A. and Gladys Dyer; THENCE S. 70 50' E, by said Dyer land 100 feet by the southerly ends of Lots 228 and 229 to the southwesterly corner of Lot 230 as shown on said plan; THENCE in a northerly direction by the westerly side of Lot 230, 100 feet to the southerly side of Birch Hill Road; THENCE N. 70 50 W., 100 feet to the point of beginning; CONTAINING 10,000 square feet of land, more or less. Being the same premises conveyed to the herein named mortgagor (s) by deed recorded with Worcester District Registry of Deeds herewith. #187195

For informational purposes only, the subject premises is shown on Plan Book 207, Plan 119, Worcester District Registry of Deeds.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and

parties in possession. <u>TERMS OF SALE:</u>

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE.

Other terms if any, to be announced at the sale.

Federal National Mortgage Association (Fannie Mae)

Present Holder of said Mortgage, By Its Attorneys, ORLANS PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 16-006274 April 6, 2018 April 13, 2018

April 20, 2018

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Allan Dufrend to Mortgage Electronic Registration Systems, Inc., as nominee for Poli Mortgage Group, Inc., dated October 26, 2012 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 49889, Page 284, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc. as nominee for Poli Mortgage Group, Inc., its successors and assigns to JPMorgan Chase Bank, National Association dated March 31, 2015 and recorded with said Registry on April 6, 2015 at Book 53555. Page 126, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on June 1, 2018, on the mortgaged premises located at 3 OAK STREET, UXBRIDGE, Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

A certain tract or parcel of land located at the intersection of Oak and Mendon Streets in the Town of Uxbridge, Worcester County, Massachusetts described as follows;

Beginning at a point along said Mendon Street at land now or formerly one Clark at a stone

THENCE South 82' 15' 00" West, along said Mendon Street a distance of 109.00 feet to a point;

THENCE North 9' 51' 52' East along Oak Street a distance of 126.97 feet to

drill hole found; THENCE South 80' 55' 36' East along land now or formerly of Taft a distance of 101.15 feet to the point of beginning

on Mendon Street; THENCE South 8' 12' 57' West alond land now or formerly of Clark; a distance of 95.42 feet to the point of begin-

ning on Mendon Street;

However: Else described, meaning, intending and describing, the parcel of land shown on a plan of land entitled "Plan on land in Uxbridge, MA owned by Gerald F. Skeean, Michael E. Kittredge and Debra A. Kittredge, 20' December 24, 1985 by Andrews Survey and Engineering, Inc. Uxbridge MA." Said plan is recorded in the Worcester District Registry of Deeds in Plan Book 546, Plan 106.

Containing 11,000 square feet more or less

For title see deed dated 05/25/04 and recorded with the Worcester District Registry of Deeds in Book 33747, Page 346.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 33742, Page 346.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

JPMORGAN CHASE BANK, NATIONAL ASSOCIATION Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California Street Newton, MA 02458 (617) 558-0500 201701-0424 - PRP

April 13, 2018 April 20, 2018 April 27, 2018 Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family
Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO18P1076EA
CITATION ON PETITION FOR
FORMAL ADJUDICATION
Estate of:

Patricia A. Labounty

Date of Death: 08/23/2017

To all interested persons:

A Petition for Formal Probate of Will has been filed by Tammy L. Roxo of Uxbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **Tammy L. Roxo** of **Uxbridge MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so you or your attor-

proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 05/01/2018. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS

UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: April 03, 2018

Stephanie K. Fattman, Register of Probate April 13, 2018

(SEAL)

COMMONWEALTH OF
MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL
COURT

17SM005743
ORDER OF NOTICE

Heirs, Devisees, and Legal Representatives of the Estate of Violet Stuart; Donald Stuart, Ronald Stuart, John Stuart, James Stuart, Brenda Brown, Pauline Cook, Cynthia Freeman, Sandra Muse, Susan Brown, Tina Mclellan Heirs Devi sees and Legal Representatives of the Estate of

Frederick Stuart; Lilia Ramirez and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C.c. 50 §3901 et seq.: CIT Bank, N.A.

claiming to have an interest in a Mortgage covering real property in Uxbridge, numbered 67 Rivulet Street, given by George D. Stuart and Violet M. Stuart to Financial Freedom Senior Funding Corporation, A Subsidiary of Indymac Bank, F.S.B., dated May 12, 2006, recorded at the Worcester County (Worcester District) Registry of Deeds in Book 39251, Page 351, has/have filed with this court a complaint for determination of Defendant's/ Defendants' Servicemembers status. If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above mentioned property on that basis, then you or your attorney must file a written

you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before May 14, 2018 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of said Court on March 28, 2018.

Attest: Deborah J. Patterson Recorder 201704-0182-YEL April 13, 2018

LEGALS

(SEAL)

COMMONWEALTH OF MASSACHUSETTS LAND COURT **DEPARTMENT OF THE TRIAL** COURT

18SM001981 **ORDER OF NOTICE**

To: Jeannie M. Vail Douglas L. Vail

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 et seq.:

Nationstar Mortgage LLC d/b/a Mr. Cooper claiming to have an interest in a Mortgage covering real property in Uxbridge, numbered 55 Quaker Highway, given by Jeannie M. Vail and Douglas L. Vail to Mortgage Electronic Registration Systems, Inc. acting solely as a nominee for Countrywide Bank, FSB, dated May 15, 2007, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 41178, Page 359, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before May 14, 2018 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of said Court on March 30, 2018. Attest: Deborah J. Patterson

Recorder 17-028124 April 13, 2018

(SEAL)

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT

18SM001695 **ORDER OF NOTICE**

To:

David B. Dejong Sr. and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 et seq.:

Federal National Mortgage Association claiming to have an interest in a Mortgage covering real property in Whitinsville (Northbridge), numbered 66 High Street, given by David B. Dejong Sr. to Mortgage Electronic Registration Systems, Inc., as nominee for First Horizon Home Loans, A Division of First Tennessee Bank, N.A, dated December 26, 2007, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 42256, Page 29, and now held by the Plaintiff by assignment has/have filed with this court a complaint for determination of Defendant's/ Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before May 14, 2018 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of said Court on March 27, 2018. Attest: Deborah J. Patterson Recorder

201005-0363-TEA April 13, 2018

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Probate and Family Court** 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO18P1067EA CITATION ON PETITION FOR **FORMAL ADJUDICATION Estate of:**

Ernest W Boudreau Date of Death: 03/10/2018 To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Judith A Schotanus of Whitinsville MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that

Judith **Schotanus** Α Whitinsville MA

be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 05/08/2018. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

and expenses of administration.

Date: April 02, 2018

Stephanie K. Fattman, Register of Probate

April 13, 2018

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO18P1045EA Estate of:

Pauline E Hagopian Date of Death: December 20, 2017 **INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Patricia A Baldwin of San Diego CA

a Will has been admitted to informal pro-

Patricia A Baldwin of San Diego CA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. April 13, 2018

(SEAL)

COMMONWEALTH OF MASSACHUSETTS LAND COURT **DEPARTMENT OF THE TRIAL COURT**

17 SM 004600 **ORDER OF NOTICE**

TO: Andrea C. Rabacca a/k/a Andrea Rabacca f/k/a Andrea Wyatt and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. § 3901 et seq.:

Nationstar Mortgage LLC claiming to have an interest in a Mortgage covering real property in Uxbridge (Linwood), numbered 117 Linwood Street, given by Steve A. Rabacca and Andrea C. Rabacca to Mortgage Financial Services, Inc., dated December 17, 2003, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 32512, Page 105, and now held by Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at

Three Pemberton Square, Boston, MA 02108 on or before MAY 07 2018 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER, Chief Justice of this Court on MAR 26 2018

Deborah J. Patterson Recorder April 13, 2018

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO18P1077EA **CITATION ON PETITION FOR** FORMAL ADJUDICATION

Estate of: Jerald D Tucker Date of Death: 09/21/2017 To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Brandon Tucker of Franklin MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that Brandon Tucker of Franklin MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 05/08/2018. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely

written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to UNSUPERVISED ADMINISTRATION

UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: April 03, 2018

Stephanie K. Fattman, Register of Probate

April 13, 2018

MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Michael J. Desmarais and Andrea K. Desmarais to "MERS" Mortgage Electronic Registration Systems, Inc. a separate corporation that is acting solely as nominee for Mortgage Lenders Network USA, Inc.; "Lender" and its successors and assigns dated August 16, 2006 and recorded with the Worcester County (Worcester District) Registry of Deeds, in Book 39613, Page 229, as assigned by Assignment of Mortgage dated June 12, 2008 and recorded with Worcester County (Worcester District) Registry of Deeds, Book 42968, Page 309, and as assigned by Assignment of Mortgage dated April 6, 2017 and recorded with Worcester County (Worcester District) Registry of Deeds, Book 57080, Page 132, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 10:00 AM, on May 7, 2018, on the premises known as 19 Fletcher Street, Uxbridge, Massachusetts, the premises described in said mortgage, together with all the rights, easements, and appurtenances thereto, to wit:

A certain parcel of land with the buildings thereon, situated in the Town of Uxbridge, in said Worcester County, on the northerly side of a street known as Fletcher Street, said parcel of land being more particularly bounded and described as follows:

BEGINNING at the southwesterly corner thereof at a point on the northerly side of said Fletcher Street and at land now or formerly of Frank Knapik and Mary Knapik;

THENCE Northerly by said Knapik land, 110 feet, more or less, to land now or

formerly of one Clark; THENCE Easterly by said Clark land, 37.8 feet to land now or formerly of one Clark;

THENCE S. 25 E., by said Blazej

Mielnicki and Sphoie Mielnicki land,

109 feet more or less, to a point on the northerly side of said Fletcher Street; THENCE S. 71 W., by said Fletcher Street, 40 feet to the point of beginning. Terms of Sale: These premises are being sold subject to any and all unpaid real estate taxes, water rates, municipal charges and assessments, condominium charges, expenses, costs, and assessments, if applicable, federal tax liens, partition wall rights, statutes, regulations, zoning, subdivision control, or other municipal ordinances or bylaws respecting land use, configuration, building or approval, or bylaws, statutes or ordinances regarding the presence of lead paint, asbestos or

rights of way, restrictions, confirmation or other matters of record. Purchaser shall also bear all state and county deeds excise tax. The deposit of \$5,000.00 is to be paid in cash or bank

or certified check at the time and place

other toxic substances, sanitary codes, housing codes, tenancy, and, to the

extent that they are recorded prior to

the above mortgage, any easements,

of the sale, with the balance of the purchase price to be paid by bank or certified check within thirty (30) days after the date of the sale, to be deposited in escrow with Guaetta and Benson, LLC, at 73 Princeton Street, Suite 212, North Chelmsford, Massachusetts.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder or, thereafter, to the next highest bidders, providing that said bidder shall deposit with said attorney, the amount of the required deposit as set forth herein within five (5) business days after written notice of the default of the previous highest bidder.

Other terms, if any, are to be announced at the sale.

Dated: April 5, 2018 Present holder of said mortgage Nationstar Mortgage LLC by its Attorneys Guaetta and Benson, LLC Peter V. Guaetta, Esquire P.O. Box 519 Chelmsford, MA 01824 April 13, 2018

April 20, 2018 April 27, 2018

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE By virtue and in execution of the Power

of Sale contained in a certain mortgage given by Timothy J. Dube a/k/a Timothy Dube and Anita B. Dube a/k/a Anite Bertha Dube to Mortgage Electronic Registration Systems, Inc., as nominee for America's Wholesale Lender, dated March 15, 2007 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 40843, Page 253, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc. to BAC Home Loans Servicing, L.P. dated May 14, 2010 and recorded with said registry on May 19, 2010 at Book 45813 Page 230 and by assignment from Bank Of America, N.A. to Nationstar Mortgage, LLC dated September 16, 2013 and recorded with said registry on March 20, 2014 at Book 52137 Page 241 and by assignment from Nationstar Mortgage, LLC to U.S. Bank Trust, N.A., as Trustee for LSF9 Master Participation Trust dated August 18, 2016 and recorded with said registry on January 13, 2017 at Book 56608 Page 152, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on May 4, 2018, on the mortgaged premises located at 3 A Street, Douglas, Worcester County, Massachusetts, all and singular the premises described in said mortgage.

Land situated in the Town of Douglas, County of Worcester, Commonwealth of Massachusetts, more particularly described as and recorded with the South Worcester Registry of Deeds at Parcel 2, Plan Book 258, Plan 87

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 21852, Page 372.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Ten Thousand (\$10,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publica-

Other terms, if any, to be announced at the sale.

> U.S. BANK TRUST, N.A., AS TRUSTEE FOR LSF9 MASTER PARTICIPATION TRUST Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California Street Newton, MA 02458 (617) 558-0500 201001-0215 - PRP

April 6, 2018 April 13, 2018 April 20, 2018

575 VACATION RENTALS

NOW BOOKING

NEXT SUMMER

CAPE COD

South Dennis

off Rte. 134:

Cozy 3 BR, (dbl, queen,

2 twins) 1 hath home with

full kitchen & microwave.

washer/dryer, screened in

porch w/ picnic table, grill

cable TV. Outdoor shower.

On dead-end street.

Near shopping, theater,

restaurants, bike trail,

fishing, playground,

10 minutes from bay and

ocean side beaches.

Home Town Service, **BIG TIME RESULTS**

CLASSIFIEL

www.towntotownclassifieds.com

1-800-536-5836



VISA MANAGE TO THE

ARTICLES FOR SALE

APPLIANCES FOR SALE: Washer, Dryer, 2 air conditioners Call 508-278-6958

010 FOR SALE

12' CONTRACTORS Enclosed Trailer: \$2,400. Dewalt Laser & Stand \$275. 4 Adjustable Wall Brackets \$140. Ladder Racks For Truck \$125. Engine Stand \$50. (508) 892-9595

1949 INTERNATIONAL HAR-VESTER CUB TRACTOR: Runs Well, Two New Tires, Attachments Include Snow Plow, Harrow, Cultivator, and Land Plow. \$2,500. (508) 248-

1991 HARLEY DRESSER: 55.000 Miles. Runs Great! \$4,500 or Will Trade for Car of Equal Value, BASS BOAT 16 1/2FT LUND Very Good Condition! MANY EXTRAS \$3,750 O.B.O. Call for Info (508) 943-5797, Cell (508) 353-9722

BEAUTIFUL DW MOBILE HOME IN GATED SENIOR MOBILE HOME PARK \$16,000. 2 bdrms, 2 baths, working kitchen, dining room, LLR & 2 Florida rooms, completely furnish. 863-682-6473. Lakeland, Florida

2 LAZY BOY LEATHERswivel rocker recliners, beautiful rich mahogany color. Less than 1 year old, perfect condition. \$500 each. 774-280-2639

2 TWIN BEDS: Complete, In Excellent Condition. 508-423-

4 SNOW TIRES -235/50 R18 101T used 2 months- paid \$800, asking best offer. 508-414-2474

6-PIECE TWIN BEDROOM SET FOR SALE: Matching headboard, footboard, 5-drawer chest, 6-drawer dresser with mirror, and night stand in dark oak. In very good condition. Asking \$500.00 or best offer. Call 508-846-5486

ACORN STAIRLIFT - 3.5 years old; like new condition. 11 feet long. Asking \$1400 or best offer. Call 508-277-6568 if

interested.

ALL BEST OFFER MOVING SALE: 6 Chairs, Two wedding dresses size 14 & 18: Mother of bride dress size 18; Bridesmaid dresses, size 18; Piano; 2-draw filing cab. Green Sofa & Loveseat; 4-burner gas grill; Patio Table w/ Glass Top; Pressure washer; 6 Chairs; Umbrella Tools, Axes; Recliner; Twin Beds; Desks; Book Cases; TV. (774) 262-0442

ALUMINUM OUTSIDE PATIO FURNITURE WITH CUSH-IONS: 6 Swivel Chairs. Lounge Chair, Three-Seat Glider, Two-Seat Glider, Glass Coffee Table. Glass Side Table. Will Sell Individually, Excellent Condition, Never Been Outside! (508) 234-

ANGLE IRON CUTTER For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

BICYCLES FOR SALE: One Men's And One Women's Bicvcle Specialized Crossroad Size Medium, Avenir Seat Himano Revoshifts, 7 Speeds & More. Mint Condition Must See. Askind \$175/Each. Call (508) 347-3145

COLLECTIBLES - Crockpots, jugs, antique flat metal irons, a variety of old glass lanterns, jewelry making materials, tools, and

other collectibles. 508-234-5766 COMPLETE MACHINE SHOP: Bridgeports, C & C Milling Machine, Lathes, Air Compressors, Fork Trucks, Drill Presses, A Complete Mezzanine 3,500 sq.ft. NEVER IN-STALLED! Pallet Racking, Elec-

tric Pallet Jacks. (508) 792-9950

CRAFTSMAN ROLL Around Tool Box: 6 Drawers. 52Hx34Wx19D \$100. Computer Desk 23Dx30Hx47W \$30.00. Glass Chess Set \$15.00. Poker Chips/ Aluminum Case \$20.00. Leapfrog 6 Books \$25.00. Call (508) 867-4546

ELECTRICAL MATERIAL: Industrial, Commercial, Residential. Wire, Pipe, Fittings, Relays, Coils, Overloads, Fuses, Breakers, Meters, Punches, Pipe-Benders. New Recessed Troffer, Flourescent 3-Tube T-8 277V Fixtures Enclosed \$56 Call 5pm-8:30pm.

(508)867-6546 **ENTERTAINMENT CENTER:** OAK 4'9'W 4'9"H 17 1/2"D. Excellent Condition. Has Drawers and Shelves \$150. Call (508) 347-7492. Can email picture

010 FOR SALE

EXCELLENT ITEMS FOR SALE!! TV ARMOIRE: Solid Wood, Corner Space, Fits 40" Flat Panel, 57h x 40w x 24d, Space for Electronics and Storage, \$300 OBO, I G WASHER AND DRYER Models WT5070CW and DLEX5170, Large Capacity and TrueSteam, Like New \$500 for pair, \$300 if sold separate. In Northbridge, Call (508) 801-6367

FINLAND BLUE FOX **JACKET**: By Michael Valente Size 8, very good condition. \$100 OBO. Vintage Black American Sable Coat, sz. small \$50 OBO 508-864-4075

FLY RODS - 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Battenkill BBS II Asking \$300 each set or best offer. 508-347-3145

FOR SALE 8' POOL TABLE: Red Felt/Slate. Excellent Condition! \$400. CALL (508) 988-0698

FOR SALE DR MOWER: Electric Start with Attachments-Snowblower with Cab. Chains. 500 Watt Generator, Woodchipper. Like New Condition. Original Cost \$5,000. Selling for \$3,500. (860) 774-6944.

FOR SALE WOOD AND/OR COAL IRON STOVE: \$500 or best offer. WOOD PELLET STOVE \$500 or best offer. Call

****** FULL LENGTH MINK **COAT:** Size 12. New \$2.400 Asking \$300. 508-612-9263

GARMIN GPS 12XL Personal Navigator: powerful 12 channel receiver, mov ing map graphics, backlit dis play for night use. New!! Per fect for Hunters, Boaters, and Hikers, REDUCED \$125/best offer. (508)347-3145

GLASS TOP PEDESTAL TABLE: Silver base, 36"high, with attached 24" round top \$120. GLASS TOP FOR A TABLE 1/2" Thick, 44" Square \$100. (508) 347-8942

GORGEOUS HAND-**CARVED** China Cabinet From China \$4.000 New. \$1.500 OBO. Cherry Dr Table & Six Chairs \$900 OBO. Oak Table & Four Chairs \$75 OBO. Dove-Tailed Dresser \$80 OBO. (860) 630-4962

JAMAICA WICKER Queen Bed Set: Head & Foot Board Woman & Man's Dresser, 2 Nightstands. Paid \$5,400. Asking \$1,200. 2 SEATFR LANCER POWER CHAIR 4' Long, Olive Color. NEVFR BEEN USED! Asking \$350.

(508) 461-9621 MEC 650 PROGRESSIVE LOADER: w/ extras \$250. 400 ANDERSON WINDOW 51x32 RO \$200. THERMATRU DOOR 36-80 Left Hand Inswing Full View with Grill \$185 or best

offer. (508) 892-9595 MOTORS: 1/2HP 230/460V 1725RPM, 56 Frame \$30.5HP, 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100, 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

MOVING SALE: Hillsboro Full-Size Iron Sleigh-Bed with Box Spring & Mattress. Excellent Condition. \$1,000. Walnut Dresser & Nightstand and Full/Queen Headboard. Excellent Condition \$450. Beige Reclining Lift Chair \$350. White Couch and Blue Velvet Chair & Floral Chair \$450. 48" Round Slate and Cherry Coffee Table with Matching End Table \$500. Antique Dining Room Set; Table w/ Six Chairs, Buffet Server, China Cabinet & Secretary. Excellent Condition \$1,500. Queen Size Hillsboro Iron Bed w/ Beautyrest Black Box Spring and Mattress. Excellent Condi-

tion. \$2,000. (508) 987-2419 NEW BALANCE SNEAK-ERS: 3 Pair, Black Leather Walking Shoes, Velcro Close, Never Wom! 91/2 Wide. \$60/each. (508) 637-1304

NICHOLS and STONE Pedestal Table: Dining 78"x60"plus 18" Extension, 6 Side Chairs \$800. Harden Gold Wedge Sofa Excellent Condition \$400,. (774) 241-0141

NORDIC TRACK TRL625: Recumbent cycle w/stabilizing floor bar for secure balance. TREADMILL - for the rapeutic fitness (walking & jogging) (for up to 400 lbs.) \$250 each OBO both in excellent condition. 508-892-3998, 508-723-4452

NORDITRAC EXERCISE, EX-ERCISE BIKE. LARGE PET CARRIER. THREE SPEED MEN'S COLOMBIA BIKE. BEST OFFER. (508) 278-3988

010 FOR SALE

REMEMBER YOUR SWEET-**HEART:** Collection of Victorian Era hand-painted items ALL with roses: vases, rose bowls, pitchers. chocolate pot, cake sets, planters. No reasonable offer refused. 508-237-2362 Auburn

SEARS 12" BANDSAW. New Total Gym. (774) 241-0027

SMALL BUREAU \$75. Printer's Antique Drawers \$20 Per. Fake Brick Fireplace With Heater \$140 Kitchen Chairs. Spare Tire P225/60r16 Eagle GA With Rim \$45 Vanity Table & Chair \$135. Car Sunroofs \$100. Per. Homemade Pine Coffee Table & 2 End Tables \$100. Antique Lamp Jug \$40. Antique Croquet Set \$40. Wood Truck Ramps 8 Foot \$100.00. Drop Leaf Cart \$50. End Table W/Drawer \$50. Fnd Table W/Drawer \$60. Elvis Presley Silhouette \$50 (he talks!). Indian canvas painting \$60, 28 ft. wooden ramps, \$100, 9 golf clubs \$100. Call 1-508-764-4458 or 1-774-452-3514

SNOW TIRES: Like new (4) Firestone Winter Force 215/60-15. \$240. BECKETT BURNER, CONTROL AND AQUASTAT: Runs great, Instruction, wiring and owners manual \$250. AR-TIFICIAL CHRISTMAS TREE WITH STAND: 6 FT. Storage box included. Excellent condition \$50, CAST IRON CHRIST-MAS TREE STAND: Beautiful SUNBEAM WHOLE HOUSE HUMIDIFIER: Used, works great, 6-7 gallon, faux wood cabinet on casters. \$50. 14" SNOW CHAINS: Used, very good condition \$25. 15" CABLE SNOW CHAINS: New

SOLID ROCK MAPLE Bedroom Set: Full Box Spring & Mattress \$450. Cracker Barrel Rocking Chair Brand New! \$75. Rocker/Glider Chair \$75. Hutch Top Comes Off \$75. Three Piece White Wicker Outdoor Set, Loveseat and Two Chairs

\$45. Call Ed. 508-479-9752

\$100. (508) 764-6425 STEREO EQUIPMENT - excellent condition. Marantz receiver Model 2215 \$325, Dual 1219 tumtable \$245, Teac Reel to reel A1250 with Sure Microphone, \$165, Sylvania turn table \$189, Pioneer Disc player PO 5010, \$25, Pioneer DVD player DV-C503 \$45 Call 508-885-4053, 8am-8pm, if no answer, please leave mes-

TOOL SHEDS Made of Texture 8x12 \$1350; 8x16 \$1675 Delivered, Built On-Site. Other Sizes Available. CALL (413) 324-1117

TREES/FIELDSTONE: Trees- Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3'-4' Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone, \$28/Ton

(508) 278-5762 Evening TWO DRESSERS best offer. Custom made parlor cabinet, \$1500. Glass door hutch - best offer. John Deere snowblower (like new) \$700 - must be seen! Call for appt. 774-507-6315

TWO SOFA TABLES: ONE DARK OAK w/ Shelf Underneath \$125. ONE MAHOGANY COLORED \$100. Both Very Good Condition. Can email Pic-

tures. (774) 239-3006 TWO USED RECLINERS \$75 each. Dishwasher, bought new, never used, \$225 or best offer. 508-764-3567 please leave message

WOOD STOVE - good heater for workshop, garage, or green house \$100 or best offer. 508-

943-6520

WOODSPLITTER: 21 Ton, Horizontal/ Vertical \$1,600. Floor Jack \$20. Shop Vac 16 \$50. Gallon Craftsman Sanders, Home-Lite Chainsaw, Wheeled Bikes. 8 Barrels For A Floating Dock \$10/Each. Glass Top Table 42"X68" \$50. Player Piano (Needs Work), Includes 140 Rolls. \$1,000. Dishes For 8 Still In Box. GPS Garmin 255, Canon Power Shot Camera 1010x. (508) 885-3136, (860) 888-5207

100 GENERAL

130 YARD SALES

DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY **PAPERS**

Deadline subject to change due to holidays Call for more info

130 YARD SALES

ESTATE/INDOOR YARD SALE - Saturday, April 14 and Sunday April 15 from 9:00-4:00. 11 Forest Avenue, Southbridge. Mahogany Furniture, Vintage glassware, religious items, Winnie the Pooh Collectibles, Jewelry, Clothng, Books, Videos. ALL MUST GO!!

YARD SALE, Saturday April 14, 9am-2pm Household items, jigsaw puzzles and many other items. 20 Huguenot Road, Ox-

200 GEN. BUSINESS

205 BOATS

15' STARCRAFT ALUMINUM CANOE with Keel. \$350. Call

16FT OLDTOWN OTTER KAYAK: 2 Person Paddles Included. \$500. (508) 347-9979

2013 MIRRO-CRAFT 14'6" Boat Trolle1416 2013 40HP Yamaha Motor, Full Cover Hummingbird Fish Finder, Many Extras, Boat, Motor, and 2014 Trailer Like New, Ready to Go! Call (860) 935-0340 Leave Message. Price \$8,500.00

CANOF - 17' GRUMMAN ALUMINUM, flat bottom, Ideal for fishing and family fun. \$850. Call Sue 860-412-9632

OLD TOWN CANOE: 1931 old town 18' restored Maine guide canoe. Clear resin coated, Mahogany gun wales and caned seats, a third seat mahogany caned seat and back. Paddles included. Perfect for the wooden canoe enthusiast, \$5800.00, (508)479-0230

265 FUEL/WOOD

CORD WOOD - Seasoned, cut, split, delivered. \$250 a cord. 508-826-3312, 508-344-9214

FIREWOOD: Cut, Split & Delivered, Green & Seasoned, Wood Lots Wanted. Call Paul(508)769-2351

284 Lost & Found PETS

Did you find your pet? Or find a home



LET US KNOW!!! Please call us so that we can take your ad

out of the paper... Town-To-Town Classifieds 508-909-4111

298 WANTED TO BUY

ROUTE 169 ANTIQUES: 884 Worcester St., Southbridge MA. Looking To Purchase Antiques And Collectibles Single Items Or Entire Estates. We Buy It All And Also Do On-Site Estate Sales And Estate Auction. We are now accepting dealers for our multi-dealer group shop. Call Mike Anytime (774)230-1662.

\$ **BUY & SELL \$** All gold & Silver Items Specializing in NUMISMATIC COINS, gold & silver of any

Qualified with over 30 years expe a following of many

We also sell a nice selection of fine jewelry, antiques & collectib

Bring in your items & see what they're worth. You won't leave tv and fairness are ou

ins & Jewelry West Main Street Route 9 - Panda arden Plaza) **18)341-6355 (cell)**

An agency serving adolescents and adults on the autism spectrum is seeking energetic and creative people to fill the following positions:

Registered Nurse (RN)

Full time position, during the school day, M-F 8:30 a.m. - 4:30 p.m. Current License Required. Salary is commensurate with experience.

All levels Classroom teacher needed to teach students on the autism spectrum preacademic and vocational skills. Classes are small and energy levels are high. Full time/year round position with 8 weeks paid vacation, health and dental benefits. Salary is commensurate with experience.

Friday, and Saturday all day. Salary is commensurate with experience.

Part Time Residential Instructor positions also available to teach activities of daily living and social skills. Starting Pay is \$13.50/hour

77 Mulberry St., Leicester, MA 01524 Fax: 508-892-0259 Email: scombs@archwayinc.org

ALTERNATIVES

ALTERNATIVES

UNLIMITED INC.

is currently seeking

Shared Living

Providers

to open their hearts and

homes to adults with

intellectual and

developmental disabilities.

The ideal candidate would

be able to provide a safe.

structured and stable living

environment. If qualified,

Shared Living Providers

receive a generous tax free

monthly stipend. Training

and support provided.

Experience in Human

Services and advocating

for people with disabilities

is beneficial.

but not required

Contact

Diane at: 509.266.6576

or: diane.pickett@

alterantivesnet.org

442 LICENSED DAY

CARE

The Commonwealth of

Massachusetts Office of Child

Care Services requires that all

ads placed in the newspaper for

child care (daycare) in your

home include your license num-

454 H0ME

IMPROVEMENT

FURNITURE DOCTOR: Have

your furniture Professionally

restored at Reasonable rates.

Furniture face lifting, painting,

striping to Refinishing, caning and

repairs. ANTIQUE DOCTOR,

Daniel Ross (508)248-9225 or

(860)382-5410. 30 years in

500 REAL ESTATE

525 Houses for Rent

HOUSE ON SOUTH POND: 1

hookups, Oil heat, Year-round,

546 CEMETERY LOTS

CEMETERY 2 PERSON LOT

PAXTON MEMORIAL PARK in

Valor Section, Plot #445, Two

Together, Prime Location.

\$5,000 or best offer. Call (508)

WORCESTER COUNTY

MEMORIAL PARK: Garden

of Faith, Paxton, MA. 2 LOTS

FOR SALE. BUY ONE FOR

\$2,500. GET 2nd LOT FOR

FREE!! Call Dick. 508-612-9263

MEMORIAL PARK: Paxton,

MA, Garden of Heritage. Plot

535C 1-2, Asking \$3,000.

550 Mobile Homes

PARK MODEL: Located at

Highview Campground, West

Brookfield. Seasonal 4/15-10/15

Two Bedroom with Addition and

Storage Shed. (508) 873-6312,

575 VACATION RENTALS

and grandchildren. \$5000

(508)347-3145

COUNTY

WORCESTER

(508) 248-7750

(508) 867-8736

Applianced. \$850/month

SMALL

Washer-dryer

BROOKFIELD

413-262-5082

892-4003

bedroom,

298 WANTED TO BUY

Travis. (774) 242-9227

perience. Call

300 HELP WANTED

kchanaki@dcrsd.org

310 GENERAL HELP WANTED

FOSTER MA To Provide Foster Care To Children In Need. 24/7 Support. Generous Reim bursement, \$1000 Sign-Or Bonus, Call For Details Devereux Therapeutic Foster Care. (508)829-6769

ADVANCED BEHAVIORAL HEALTH

HAMPTON INN STUR-BRIDGE is now hiring for the following positions: Breakfast Attendant. Front Desk Associate. Night Auditor. Apply in Person: Hampton Inn, 328 Main St.,

Sturbridge, MA 01566 MASONS/LABORERS, EX-PERIENCED - We are seekings masons for unit masonry and masonry restoration. Projects are located in New England. Travel required. To apply call 508-494-3949 or email michele@colonialmr.com

311 Part-time HELP WANTED

TOWN OF WEBSTER PARKS AND RECREATION - Summer jobs - The Town of Webster seeks applicants for part-time Gate Collector & Memorial Beach. Applications will be accepted through April 13, and are available either on line at www.webster-ma.gov or Town Administrator's office, Town Hall, 350 Main Street, Webster, MA 01570. "Please mail to the address listed above" attention: Recreation Department NO EMAILS AC-CEPTED

313 CLERICAL son@

HELP WANTED

field: Home Every Night Class A Driver And/Or General Mechanic For 18-Wheel Trailer Trucks

400 SERVICES

CAPE COD TIME SHARE COMPUTER TUTORING FOR ALL AGES - for more info: www.computertutoringfor allages.weebly.com Also, Summer Robotics camp at your home for Middle School or High School students! 774-200-7693

ARCHway, Inc.

Special Education Teacher (BA/M.Ed) Severe Disabilities:

Residential Shift Supervisor:

Come and directly supervise a team of residential instructors as they work together to develop functional living, social, and daily life skills in the people with autism whom we support. This full time position includes a three day weekend, health and dental benefits and generous paid time off. Associates Degree in Human Services or similar field strongly preferred. 2+ years of supervisory experience may be substituted for degree. Valid Driver's License Required. Schedule: Second shift Wednesday through

To apply: Fax/mail a letter of interest and resume along with salary requirements to:

ARCHway, Inc.

MOPEDS & OLDER SCOOTERS AND MOTORCYCLES. Call

WAR RELICS & WAR SOUVENIRS WANTED: WWI & EARLIER CA\$H WAITING Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags Uniforms, etc. *Over 30 Year*s *E*x David 1-(508)688-0847. <u>I'll Come To</u> <u>YÒU!</u>

CAFETERIA ASSOCIATE experience in food services preferred. Duties include food preparation, serving meals. cashier when needed, closing and clean-up duties. Please contact Food Service Director at

PARENTS WANTED: Seeking Quality Homes Throughout Central

Caretaker positions at Webster

2nd and 3rd shift full-time Dispatcher for 4-5 nights a week. We will train qualified applicants. Dispatch Solutions is an E/O/E. All applicants must pass a preemployment drug screen and criminal background check to be eligible for employment. Call 508-347-5000 or email slaw-

325 Professional

mobilemedtransport.com

BASED IN North Brook

Contact H.R. Salem Trans port, LLC.(800) 262-9081

405 COMPUTERS

FOR SALE: Edgewater Beach Resort, 95 Chase Avenue, Dennisport, MA 02639 On the water, Studio (Unit 706). Permanent Week 33 (August). Deeded rights. You'll own it for a lifetime & can be nassed down to vour children

Local News



Aut motive

700 AUTOMOTIVE

705 Auto Accessories

CAR COVERS: Custom Fit, Excellent Condition. (Hail, Snow Protection). Audi A4, A5, and Subaru CXT. NEW LASER CUT FLOORMATS for recent Email: aspen400@ verizon.net. SAVE \$\$

720 CLASSICS FORD CUSTOM **CONVERTIBLE:** V8, Standard Transmission with Overdrive, Excellent Driver & Show-Car. \$42,900. (860) 377-7230

1977 CORVETTE Automatic, Red, Rebuilt Original Motor 350HP, Rebuilt Front Suspension, Rebuilt Rear End with 3:55 Gears, Excellent Body, Solid Frame, Painted and Restored in 1996, Runs Excellent, No Win-

ters! \$11,000 obo. Call or Text 774-318-7014 ""64" TBIRD: Very Good Condition. Older Restoration, 390 Automatic, Runs Strong, Black with Red Interior. Asking

\$13,500 obo.(774) 230-4156

725 AUTOMOBILES 1999 FORD MUSTANG CONVERTIBLE: 35th Anniversary Edition. 121,000 miles, 5 speed manual transmission, V-8, Great Condition Inside and Out! Always Garaged. \$4,500 or best reasonable offer. Call (508)

943-7705 to See 2007 HYUNDAI ELANTRA, 4 cyl., automatic, a/c, power doors/windows, auto start, cruise control, tilt steering, exc. condition, 111,000 miles, \$4,500 508-

779-0542 2011 DODGE CHALLENGER: 305 hp V6 SE auto w/slap stick Mango Tango w/black strips 59,000 miles, Loaded, remote start, \$14.500, 508-864-1906

2011 SUBARU OUTBACK -

136,000 miles, great shape, reg-

ular maintenance, roof rack, trailer hitch, back-up camera. \$7500, 508-688-7666 2012 BUICK VERANO, crystal red, 19,500 orig. miles, 1 owner, meticulously maintained, gray leather, FWD, 6-auto, remote starter system, blue tooth,

CD/MP3/NAV/AV \$11,800

774-745-0069

725 AUTOMOBILES

2012 TOYOTA RAV4- 79,000 miles. Well-maintained, 3rd row seats, black, one-owner. \$11.000, 508-688-7666

740 Motorcycles 1982 HONDA GOLDWING ASPENCADE: 25,500 Original Miles, One-Owner, Recent Tires, Battery, Front Fork Seals, Plus Cover, 2 Helmets, Extras! \$3,000 or Best Reasonable

Offer. (774) 696-0219 1985 HONDA ELITE MOTOR SCOOTER: 150 CC's, Only 2,257 miles, Original Owner, Excellent Condition. \$1,200. Call Dave (508) 765-0656

2005 HONDA REFLEX SCOOTER: 18k miles. Looks and Runs Great!\$1,700. Please Call (508) 335-2747 AMERICAN IRON HORSE (2005): Pro-Street Softail, 3,000

miles. Polished 111 S&S Motor.

6-speed, Dual Disc, 280 Rear,

Right Hand Drive, Bought Leftover in 2008, \$11,000 or bo. (508) 733-8020, (774) 280-9865 CAN-AM SPYDER MOTOR-CYCLE FOR SALE: 2011, Excellent Condition, 13,000 Miles, One Owner, Never Saw Rain.

Asking \$10,500. A Lot of Extras! (508) 248-5406

745 RECREATIONAL **VEHICLES** 2007 TRAVEL WILD RV Auto, White, ONLY \$8,995. Herb Chambers Toyota of Auburn,

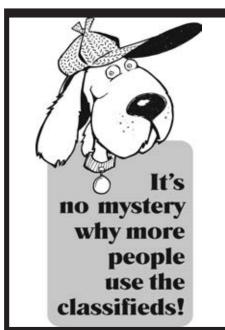


760 VANS/TRUCKS 2008 RAM (BIGHORN) TRUCK: Hemi Motor, 4 Door, In Great Condition, Only 37,000 miles. Call for more info. SERI-OUS INTERESTS ONLY. (413)

765 HEAVY EQUIPMENT 1997 BOBCAT 763 skid steer loader in great condition. 1800 hours, 46hp. Auxiliary hydraulics \$2100.617-706-6736

245-9651





10-Year/100,000-Mile Assurance M HYUNDAI

Now Servicing all Makes and Models!

ROUTE. 16 | MILFORD, MA

SAVE \$6,100

MSRP: \$18,115

36 MOS. • \$2,999 DOWN 10,000 MILES/YEAR

LEASE FOR 139 IMO.

36 MOS. • \$2.649 DOWN

10,000 MILES/YEAR

SAVE

\$5.500

MSRP: \$23,280

SAVE \$5,800



Hyundai Hope On Wheels Helping Kids Fight Cancer

Brand Spankin' New 2018 Hyundai Elantra 65 Elantras in stock! · SE Trim · 4 cyl economy

LEASE FOR 129 MO. 36 MOS. • \$2,839 DOWN 10,000 MILES/YEAR

SAVE \$8.600 Brand Spankin' New 2017 MSRP: \$28,320 Hyundai Tucson LEASE FOR 189 MO. BUY FOR

· All-Wheel Drive · iPod Input Brand Spankin' New 2017 Hyundai **Sonata**

· iPod Input · Power Package

55 Tucsons in stock!

· Back-Up Camera · 5" LCD

80 Sonatas in stock! BUY FOR: · Back-Up Camera · iPod Input · 16" Alloys

Brand Spankin' New 2017 Hvundai lonia 10 Ionigs in stock!

· Hybrid · Hatchback · 15" Alloys · Back-Up Camera

Brand Spankin' New 2018 Hyundai Kona

5 Konas in stock! #H8338, H8337, H8340, H8336, SH8331 · Back-Up Camera · 7" LCD · All-Wheel Drive · iPod Input · 16" Alloy Wheels · Great on Gas · Security System

BUY FOR: PAYMENTS AS LOW AS

> DESIGNED FOR A GREAT BIG WORLD.

STARTING AT

Brand Spankin' New 2018 Santa Fe Sport · Fuel Efficient · Bluetooth

· 17" Alloy wheels · Back-Up Camera

70 Santa Fes BUY FOR: MSRP: \$28,070 **LEASE FOR**

SAVE \$8.200 36 MO. LEASE • \$3,024 DOWN

10,000 MILES/YEAR Brand Spankin' New 2018

Hyundai Elantra GT · 8" LCD · Front Wheel Drive · 17" Alloy Wheels · Bluetooth Back-Up Camera + Hatchback + Spoiler



BUY FOR: \$20,460 8 Elantra GTs

800-526-AUTO IMPERIALHYUNDAI.COM OPEN DAILY 9-9, SAT 9-6, SUN 11-6

Sale ends 4/11/18. Cannot be combined with any other promotion or incentives. Price based on MSRP/Sticker price and has no cash value. Not valid with prior sales. Some restrictions apply, New car prices listed include all applicable manufacturer incentives (not everyone will quality) and Imperial incentives including a \$1,000 Imperial Trade Assistance for a qualitying 2007 our newer trade. See us for details, Lease prices include all applicable manufacturer lease incentives with qualifying credit and \$2,999 down, first months payment and our imperial Trade Assistance along with lease loyaltylconquest if you qualify. 24 months, 10,000 miles per year. Advertised price does not include tax, title, ration, documentation our acquisition fees and cannot be combined with any other incentives or promotions. Not nsible for typographical errors. Call 1-800-526-AUTO to see which incentives you qualify for.





LIKE NEW 2016 RAM 1500 4x4 **OUAD CAB** WHOLESALE PRICE:

4x4, Express Trim, Bedliner, 17" Alloy Wheels, Bluetooth SAVE \$2.500 OFF OF RETAIL PRICE!

2014 GRAND CHEROKEE Retail Price:\$25,977 #18022A . LAREDO TRIM, 4X4, 8.4" LCD, KEYLESS START

SAVE \$3.500 OFF OF RETAIL PRICE! 2012 DODGE DURANGO Retail Price:\$17,988

#38485A • SXT TRIM, ALLOYS, ALL-WHEEL DRIVE, IPOD INPUT SAVE \$2,000 OFF OF RETAIL PRICE!

2015 CHEVY SILVERADO Retail Price:\$29,944 #38611L • DOUBLE CAB, 4X4, HEATED SEATS, 20" ALLOYS SAVE \$3,000 OFF OF RETAIL PRICE!

Retail Price: \$18.944 2014 CADILLAC ATS 2.5L #117563A . BLUETOOTH, NAV, KEYLESS START ALLOYS SAVE \$3.500 OFF OF RETAIL PRICE!

2011 NISSAN PATHFINDER Retail Price: \$18,988 #P11370 • 3RD ROW SEAT, 4X4, ALLOY WHEELS, TOW HITCH

SAVE \$1,000 OFF OF RETAIL PRICE!

Retail Price:\$6,988 2008 NISSAN SENTRA #D8628A • 2.0 TRIM, IPOD INPUT, GREAT ON GAS. PWR PKG

Retail Price:\$23,855 2015 LINCOLN MKZ AWD #P11290L • TURBO, 19" ALLOYS, MOONROOF, NAV SYSTEM

SAVE \$1,000 OFF OF RETAIL PRICE!

SAVE \$3,000 OFF OF RETAIL PRICE! 2013 FORD FIESTA SE Retail Price:\$10,855 #P11192A • BLUETOOTH, GREAT ON GAS, PWR PKG, IPOD INPUT

SAVE \$1,900 OFF OF RETAIL PRICE! 2014 TOWN & COUNTRY Retail Price:\$16.988 #38591A • POWER LIFTGATE ALLOYS, LEATHER SEATS, DVD

SAVE \$2,000 OFF OF RETAIL PRICE! Retail Price: \$27,944 2015 GMC ACADIA SUV #38665L • SLE-1 TRIM, ALLOYS, MOONROOF, NAV, LEATHER

SAVE \$2,000 OFF OF RETAIL PRICE!

LIKE NEW **2015 FORD FUSION** SE SEDAN WHOLESALE PRICE: Back-Up Camera, Navigation,

Turbo, 18" Alloys, Only 34K Miles. ouu SAVE \$2,000 OFF OF

Retail Price:\$21,988 2016 DODGE CHARGER #8018A • SXT TRIM, ALLOYS, HEATED LEATHER SEATS, NAV **SAVE \$2.000 OFF OF RETAIL PRICE!**

2011 MERCEDES ML 350 Retail Price:\$19,988 #38281A • MOONROOF

HOLESALE \$17,98 ALLOYS, ALL-WHEEL DRIVE SAVE \$2,000 OFF OF RETAIL PRICE!

2015 CHEVY TAHOE LTZ Retail Price:\$45,999 #H0222 • NAV, MOONROOF 4X4, HEATED LEATHER, DVD SAVE \$3.500 OFF OF RETAIL PRICE!

Retail Price:\$21,855 2016 FORD ESCAPE SE PHOLESALE \$17.955 #17745A • 4X4 HEATED SEATS BACK-UP CAMERA, TURBO

SAVE \$3.900 OFF OF RETAIL PRICE! Retail Price:\$12,999 2013 HYUNDAI ELANTRA

#H0319L • GLS TRIM, GREAT ON GAS, IPOD INPUT, 16" ALLOYS **SAVE \$2.400 OFF OF RETAIL PRICE!**

Retail Price:\$21,944 2016 CHEVY EQUINOX LT #38720L • HEATED SEATS, BACK-UP CAMERA, ALLOYS **SAVE \$2,000 OFF OF RETAIL PRICE!**

Retail Price:\$30,855 2014 FORD F-150 4X4 #17479A • SUPERCAB, TURBO TRAILER HITCH, ALLOYS SAVE \$2,000 OFF OF RETAIL PRICE!

Retail Price: \$24,944 2014 BUICK LACROSSE HOLESALE \$17,944 #38497L · HEATED LEATHER, PREMIUM TRIM. MOONROOF **SAVE \$7.000 OFF OF RETAIL PRICE!**

2016 JEEP COMPASS 4x4 Retail Price: \$20.977 HOLESALE \$17,877 #D8805L • LATITUDE TRIM MOONROOF, LEATHER

SAVE \$3,100 OFF OF RETAIL PRICE! Retail Price:\$18,999 2012 HYUNDAI GENESIS HOLESALE \$11,999 #H0160 • MOONROOF, NAV HEATED/COOLED SEATS

PRICE: SAVE \$7,000 OFF OF RETAIL PRICE!



WHAT OUR CUSTOMERS ARE SAYING:

"HIGHLY RECOMMEND"

Firas was extremely helpful and made the process as simple as possible. He greeted us immediately and helped us through the process without being overwhelming. He helped make sure we got the most for our trade ins as well as getting the best prices for the "new to us" cars that we purchased. I would highly recommend both Firas and Imperial when you are looking to buy a new car.

Chris | MARCH. 27, 2018

Jeep

AVAILABLE!!!





CHEVROLET 🏻 FINDNEW ROADS | Imperialcars.com

BRAND SPANKIN' NEW 2018 CHEVY SILVERADO

1500 WORK TRUCK

REGULAR CAB • BLUETOOTH • 4.3L V6 • 4x2 • 7" LCD Just reduced to: | MSRP: \$31,340 SAVE \$7,000

\$24,377 \$66/wk. OR LEASE FOR ONLY \$219/mo.

65 AVAILABLE BRAND SPANKIN' NEW 2018 CHEVY

SILVERADO 1500 LT 4x4 DOUBLE CAB BACK-UP CAM . BLUETOOTH . 17" ALLOYS . 8" LCD

Just reduced to: MSRP: \$45,675 \$31,777 \$87/WK

65 AVAILABLE OR LEASE FOR ONLY \$219/mo. BRAND SPANKIN' NEW 2018 CHEVY

COLORADO WORK TRUCK EXTENDED CAB • BLUETOOTH • 4x2 • PREMIUM AUDIO

Just reduced to: | MSRP: \$24,475 | SAVE \$5,100 \$19,377 \$53/WK **20 AVAILABLE** OR LEASE FOR ONLY \$329/mo.

BRAND SPANKIN' NEW 2018 CHEVY COLORADO LT 4x4 EXTENDED CAB

BACK-UP CAM • BLUETOOTH • 3.6L V6 • NAV • 8" LCD Just reduced to: | MSRP: \$35,460 | SAVE \$6,100

\$29,377 \$80/WK. **20 AVAILABLE** OR LEASE FOR ONLY \$329/mo. APP

18 UXBRIDGE RD., RTE. 16, MENDON, MA 800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6

ale ends 4/11/18. Cannot be combined with any other discount or promotion. Price ased on MSRPISticker price and has no cash value. Not valid with prior sales. Some estrictions apply. New car prices listed include all applicable manufacturer rebates (not veryone will quality) and imperial discounts including a \$1,000 imperial Trade Assis-nce Borus for a qualifying 2007 our never trade. See us for details, Lease prices in-lude all applicable manufacturer lease rebates with qualifying credit and \$2,999 down used but so to a querying 2000 or invent state. You are so to deal to be seen process clude all applicable manufacturer lease rebates with qualifying credit and \$2,999 down, first months payment and our imperial Trade Assistance Bonus along with lease loyalty/conquest if you qualify 24 months, 10,000 miles per year. Advertised price does not include tax, title, registration, documentation our acquisition fees. Not responsible r typographical errors. Call 1-800-526-AUTO to see which rebates you qualify for.



F-150 XL

REGULAR CAB 4x4 • BACK-UP CAMERA • BLUETOOTH • 3.3L V6 Just reduced to: | MSRP: \$35,295 | SAVE \$7,000

120 AVAILABLE

BRAND SPANKIN' NEW 2018 FORD **150** XL

OR LEASE FOR ONLY \$179/mo.

SUPERCAB STYLESIDE BACK-UP CAMERA • 4x4 • XL TRIM • BLUETOOTH BUY FOR: SAVE \$8,200 Just reduced to: | MSRP: \$38,065

\$29,877 \$82/WK **120 AVAILABLE**

BRAND SPANKIN' NEW 2018 FORD F-150 XLT SUPERCAB STYLESIDE 4x4 • BLUETOOTH • BACK-UP CAMERA • 2.7L V-6 Just reduced to: | MSRP:\$41,690 | SAVE \$9,700

\$31,977 \$87/WK. **120 AVAILABLE** OR LEASE FOR ONLY \$179/mo. BRAND SPANKIN' NEW 2018 FORD

LARIAT SUPERCREW 4x4 • BACK-UP CAMERA • BLUETOOTH • ALLOYS

Just reduced to: | MSRP: \$56,490 SAVE \$8,500 \$47,977 \$131/WK. 120 AVAILABLE OR LEASE FOR ONLY \$179/mo.

8 UXBRIDGE RD., RTE. 16, MENDON, MA

800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6 Sale ends 4/11/18. Cannot be combined with any other discount or promotion. Price based on MSRP/Sticker price and has no cash value. Not valid with prior sales. Some restrictions apply. New car prices listed include all applicable manufacturer rebates (not everyone will qualify) and Importal discounts including a \$1,000 imperial Trade Assistance Borus for a qualifying 2007 our rewer trade. See us for details. Lease prices include all applicable manufacturer lease rebates with qualifying credit and \$2,999 down, first months payment and our imperial Trade Assistance Borus along with lease loyally/conquest if you qualify. 24 months, 10,000 miles per year. Advertised price does

not include tax, title, registration, documentation our acquisition fees. Not resp

or typographical errors. Call 1-800-526-AUTO to see which rebates you qualify to





BRAND SPANKIN' NEW 2018 RAM 1500



EXPRESS TRIM • BLUETOOTH • 3.6L V6 • 17" ALLOYS Just reduced to: | MSRP: \$36,955 SAVE \$9,500 \$27,477 \$75/WK BUY FOR:

70 AVAILABLE OR LEASE FOR ONLY \$159/mo. BRAND SPANKIN' NEW 2018

RAM 1500 QUAD CAB 4x4

8--EXPRESS TRIM • BLUETOOTH • BEDLINER • ALLOYS Just reduced to: | MSRP: \$39,025

\$28,877 \$79/WK **70 AVAILABLE** OR LEASE FOR ONLY \$159/mo. BRAND SPANKIN' NEW 2017

RAM 1500 8 **CREW CAB 4x4** EXPRESS TRIM • 5'7" BOX • BEDLINER • 17" ALLOYS Just reduced to: | MSRP:\$43,515 | SAVE \$13,900

\$29,677 \$81/wx. **70 AVAILABLE** CONTACT US FOR LEASE INFO APPOINTME BRAND SPANKIN' NEW 2018

RAM 1500 **BIG HORN 4x4** QUAD CAB . BACK-UP CAMERA . 20" ALLOYS . BEDLINER

Just reduced to: | MSRP: \$44,640 SAVE \$10,900 \$33,677 \$92, WK. **70 AVAILABLE** OR LEASE FOR ONLY \$269/mo.

10 UXBRIDGE RD., RTE. 16, MENDON, MA 800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6 Sale ends 4/11/18. Cannot be combined with any other discount or promotion. Price based on MSRP/Sticker price and has no cash value. Not valid with prior sales. Some restrictions apply. New car prices listed include all applicable manufacturer rebates (not

everyone will qualify) and imperial discounts including a \$1,000 imperial Trade Assistance Bonus for a qualifying 2007 our newer trade. See us for details Lesse prices include all applicable manufacturer lease rebates with qualifying credit and \$2,999 down, first months payment and our imperial Trade Assistance Bonus along with lease loyally/conquest if you qualify. 24 months, 10,000 miles per year. Advertised price does not include a first first analysis of the processible of the pr not include tax, title, registration, documentation our acquisition fees. Not respo for typographical errors. Call 1-800-526-AUTO to see which rebates you qualify to



800-526-AUTO . IMPERIALHYUNDAI.COM HYUNDAI SERVICE DEPARTMENT

New, State of the Art Facility 508-422-3250 | NO APPOINTMENT NECESSARY

BRAND SPANKIN' NEW 2018 HYUNDAI

GREAT ON GAS • PWR PKG SAVE Just reduced to: | MSRP: \$19,095 \$6,300 BUY FOR:

\$36/wk.

OR LEASE FOR ONLY \$129/mo. APPOINTMENT ONLINE BRAND NEW 2017 HYUNDAI | BRAND NEW 2018 HYUNDAI



BLUETOOTH • 16" ALLOYS 17" ALLOYS • BACK-UP CAM Just reduced to: | MSRP: \$22,785 Just reduced to: MSRP: \$23,655 \$16,977 S46

LEASE FOR \$139/mo. LEASE FOR \$189/mo. BRAND SPANKIN' NEW 2018 HYUNDAI



65 AVAILABLE OR LEASE FOR ONLY \$199/mo. APPOINTMENT ONLINE 154 E. MAIN ST, RTE. 16, MILFORD, MA

800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6 Sale ends 4/11/18. Cannot be combined with any other discount or promotion. Price based on MSRP/Sticker price and has no cash value. Not valid with prior sales. Some restrictions apply. New car prices listed include all applicable manufacturer rebates (not everyone will qualify) and Imperial discounts including a \$1,000 Imperial Trade Assistance Bonus for a qualifying 2007 our never trade. See us for details Lesse prices include all applicable manufacturer lease rebates with qualifying credit and \$2,999 down, first months payment and our Imperial Trade Assistance Bonus along with lease loyalty/conquest for qualify? Amonths, 10,000 miles per year. Advertised price does and include to the Miles and Indian to this presentation of properties of the not include tax, title, registration, documentation our acquisition fees. Not res

for typographical errors. Call 1-800-526-AUTO to see which rebates you qualify for



YOU'RE APPROVED!

No Payments For 60 Days • O Cash Down • Guaranteed Credit Approval 525 Washington Street, Auburn, MA 01501 WE HAVE OVER 508.276.0800 • LUXAUTOPLUS.COM

100 CARS IN STOCK!

HOURS

MON-THURSDAY . 9AM-7PM FRIDAY 9AM-6PM SUNDAY11AM-4PM



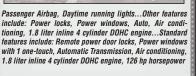




2010 TOYOTA PRIUS









remote transmitter, Traction control - ABS and driveline, 8-way power adjustable drivers seat, Multi-function remote - Trunk/hatch/door/tailgate, Power mirrors,

scopic steering wheel, 250 hp horsepower, 3.2 liter V6 DOHC engin



tioning with climate control, Cruise control, Audio controls of



tomatic Transmission, 4-wheel ABS brakes, Air condition

with climate control, Cruise control, Audio controls on ste ing wheel, Xenon headlights, Traction control



ABS, Traction control, Passenger Airbag, Curtain airbags, Front fog driving lights...Other features include: Power locks, Power windov Rear air conditioning, Climate control, Audio controls on steeri wheel...Standard features include: Remote power door locks, Powe windows with 4 one-touch, 4-wheel ABS brakes, Rear air condition control, Audio controls on steering wheel, Traction control - ABS and driveline, 230 hp horsepower, 3 liter inline 6 cylinder DOHC engine



lights...Other features include: Bluetooth, Power locks, Power windows, Sunroof - Express open/close glass, Automatic Transmission, 4-wheel ABS brakes, Air conditioning, Cruise control, Audio controls on steering wheel, Traction control - ABS and driveline, 2-way power adjustable drivers seat



transmitter, Traction control - ABS and driveline, 8-way power adjustabl

drivers seat. Multi-function remote

Rear air conditioning, Air conditioning...Standard features include: Re-mote power door locks, Power windows with 2 one-louch, Multi-speed automatic Transmission, 4-wheel ABS Drakes, Air conditioning, Front air conditioning zones - Dual, Rear air conditioning - With separate controls, Cruise control, Audio controls on steering wheel, Universal remo remote - Trunk/hatch/door/tailgate, windows, Tilt and telescopid



steering wheel, Power mirrors



driving lights...Other features include: Power locks, Power windows, Sunroof, Climate control, Rear air conditioning...Standard features include: Remote power door locks, Power windows with 4 one-touch, Sunroof - Express open/close glass, 4-wheel ABS brakes, Rear air conditioning - With separate controls, Air conditioning with dual zone climate control, Audio controls on steering wheel, Traction control - ABS and driveline, Passenger Airbag, Multi-function re-mote - Trunk/hatch/door/tailgate, windows, sunroof/convertible root



conditioning, Cruise control...Standard features include: Remote power door locks, Power windows with 1 one-touch, Automatic Transmission, 4-wheel ABS brakes, Air conditioning, Cruise control, Audio controls on steering wheel, Traction control - ABS and driveline, Tilt and telescopic steering wheel,

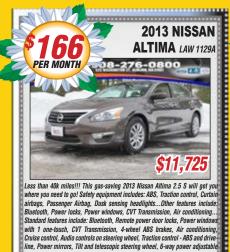


Togdriving lights...Other features include: Power door locks, Power windows, Auto, Air conditioning, Cruise control...Standard features include: Power door locks, Power windows with 1 one rouch, Automatic Transmission. 4-wheel ABS brakes, Air conditioning, Cruise control, Audidio controls on steering wheel, Traction control - ABS and driveline, Tilt steering wheel, 6-way power adjustable drivers seat, 3 liter V6 DOHC engine



clude: wireless phone connectivity, Remote power door locks, Power win-dows with 1 one-touch, Heated drivers seat, CVT Transmission, 4-wheel ABS brakes, Air conditioning, Cruise control, Autia controls on steering wheel, Traction control - ABS and driveline, Passenger Airbag, Heated passenger seat, Head airbags - Curtain 1st and 2nd row, 148 hp horsepower, 2 liter flat 4 cylinder DOHC engine





drivers seat, 182 hp horsepower, 2.5 liter inline 4 cylinder DOHC engine





Auto, Air conditioning...Standard features include: Bluetooth, Remo power door locks, Power windows with 1 one-touch, Automatic Transmi. sion, 4-wheel ABS brakes, Air conditioning, Cruise control, Audio contro on steering wheel, Traction control - ABS and driveline, Tilt and telescop steering wheel, Multi-function remote - Trunk/hatch/door/tailgate, Powe heated mirrors, Head airbags - Curtain 1st and 2nd row, Passenger Airbag, 185 hp horsepower, 2.4 liter inline 4 cylinder DOHC engine

A Stonebridge Press **Publication**



Helping you get back home.

Accepting all major HMO insurance plans, as well ad Medicare and Medicaid.



508.832.4800 14 Masonic Cir. Auburn, MA 01501 LCCA.com/auburnma

Joint Commission accredited

24/7 skilled nursing care I IV Therapy Long-term care Physical, occupational and speech therapy Short-term rehabilitation Wound Care





Come Grow with US

This Spring At Quaboag Rehabilitation

We are currently looking for...

Nurses – FT RN/LPN Baylor 7a-3p; PT & Per Diem

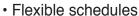
Aids - All Positions, Per Diem & Baylor

For a limited time we have CNA scholarships available to the right applicants

Please inquire for further information

We offer Great Benefits!



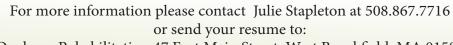


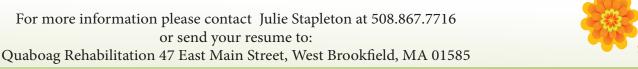
Sign-on Bonus for FT

Employees (30+ hrs), \$2,000 for nurses, \$500 for aides

- Referral Bonus (for when you bring a friend)
- Education Reimbursement











Alternatives For Health Herbal Apothecary Nature's Solution For Better Health HERB SHOP &
TREATMENT CENTER

Qivana & Evolv Bulk Herbs • Teas Essential Oils Flower Essences Herbal Remedies
Homeopathics
Massage, Reiki, Ear Coning
Biomat & Ionic Foot Treatments

426 Main Street • Sturbridge, MA 01566 • 508-347-2111 www.alternatives-4health.com

Mon, Wed, Thur, & Fri 10-5:30, Sat 10-5, Sun 12-5

SPENCER FAMILY DENTAL

Gentle Caring State of the Art Dentistry For The Whole Family

Cosmetic Dentistry • Restorative Dentistry • Preventative Dentistry

CROWNS · CAPS · BRIDGES
COMPLETE and PARTIAL DENTURES
NON SURGICAL GUM TREATMENT
ROOT CANAL THERAPY
SURGICAL SERVICES
BREATH CLINIC-WE TREAT
CHRONIC BAD BREATH

New Patients Welcome
We Strive For Painless Dentistry

HERBAL DENTAL PRODUCTS
All Instruments Fully Sterilized • Most Insurances Accepted

Dr. Nasser S. Hanna Conveniently Located On Route 9 • 284 Main St., Spencer (Corner of Greenville St. & Main St.)



508-885-5511



Central Mass Lyme Foundation, Inc.

"Awareness ~ Education ~ Advocacy"

"A 501C3 Non-profit Organization All donations are tax deductible.



Michele and Ken Miller
Call toll-free at 1-888-511-LYME
210 Park Ave., Suite 143
Worcester, MA 01609

CentralMassLyme.org

Disclaimer: Information is not intended to treat, diagnose, cure or prevent any disease. Always seek the advice of a Lyme literate physician before making any treatment decisions.

DO YOU HAVE:

Joint or Muscle Injury?
Back or Neck Pain?
Recent Surgery?
Chronic Pain?
Sports Injury?
Weakness?
Balance Problems?



How can we help you on your road to recovery?

- Patient-centered approach Thorough initial evaluation Individual Treatment Plans
 - Hands-on treatment utilizing up-to-date, evidenced-based techniques
 - Dedication to meeting each person's goals
 - Professionalism provided in a friendly and welcoming setting



INTRODUCING MASSAGE THERAPY

Tues.-Thurs. 3:30-6 • Fri. 7-3:30
20% off your first massage
with this advertisement!

Since 1991, Comprehensive Physical Therapy has been committed to providing quality out-patient physical therapy services to patients who live and work in the towns west, north, and south of Worcester.

Two Convenient Locations!

Leicester: 1037 Main Street, 508-892-1335 West Brookfield: 23 Ware Street, 508-867-0180

Open Mon - Thurs 7am - 6:30pm; Fri. 7am - 4:30pm; Visit us at cptmass.com

As I See It:

BY MICHELE MILLER, CO-FOUNDER OF THE CENTRAL MASS LYME FOUNDATION, INC.

Lyme disease is one of the most misunderstood and controversial diseases across our country. Getting proper diagnosis and treatment options are extremely difficult. I quickly found this out after losing my mom, Jeanne, to complications from untreated late-stage Lyme disease. Mom was full of life until she developed a rash on her upper back while spending the winter in Florida in early 2011. The non-blistering rash was quickly diagnosed as shingles and she was prescribed a steroid. Her health would never be the same after that.

If you had asked me a few years back what Lyme disease was, I would have thought that after a tick bite you would get a bull's-eye rash and your doctor would prescribe a dose of antibiotics. All would then be okay, as so many think. But I soon found out it wasn't.

In May 2011, Mom came back from Florida and had trouble with her speech. My brother and I feared that she had a mild stroke, so an MRI was performed, then reviewed by a chief neurologist. A month later, Mom received what she described as a death sentence: she was told she had ALS, otherwise known as Lou Gehrig's disease. Her quality of life with this diagnosis would diminish rather quickly. Mom questioned the diagnosis and heard that a local holistic physician, who fortunately was Lyme literate could possibly help. Her first appointment with this doctor reviewed her past medical records and he ordered both the Elisa and Western Blot tests to determine what my Mom had been battling. These tests would be sent to a Lyme specific laboratory in Palo Alto, California. This lab has the highest accuracy for testing. Our next appointment, four weeks later, he would diagnose her with late stage Lyme disease and several co-infections, such as Babesia and Bartonella. Aggressive antibiotic treatment was prescribed but we were not aware at that time that this treatment could either kill her or save her. The next 1-1/2 years I would have to watch my Mom lose her capacity to talk, walk and swallow. Months later, unable to eat, she needed a feeding tube that would cause her to succumb to complications from aspiration pneumonia. Seeing her in this debilitating state has not easily been erased from my memory. I was angry that the medical system had failed her and recognized that I needed to seek counseling for the pain that my mother had endured. Cleaning out my parents' home and recalling the many happy times we shared there, I discovered numerous journals written by Mom throughout her life. In her last several journals she wrote about the pain she was suffering and about her feeling of being so alone in this illness. She wrote of her fear to leave this Earth and the people she loved dearly. She so wanted to be a part of her grandchildren's lives, watch them grown into adults, graduate from college, get married and raise their own families. These were milestones she knew she would never witness nor cherish as a memory.

Turn To LYME page 8

HEALTH

Spring 2018

A Stonebridge Press Publication

Alternatives for Health Herbal Apothecary	
Attorney Michelle M. Murray	
Central Mass Lyme Foundation, Inc	
Central Massachusetts Orthodontic Associates	12
Christopher Heights, An Assisted Living Community	12
Comprehensive Physical Therapy, P.C	2
Family Lives Shriver Nursing Services	3
K's Ambulance	12
Leicester Veterinary Clinic, LLC	
Life Care Center of AuburnFron	t Cover Health
Milford Regional Physician Group Whitinsville Pediatrics	4
Milford Regional Urgent Care, Northbridge	7
Quaboag Rehabilitation and Skilled Nursing CenterFron	t Cover Health
Second Chance Community Veterinary Hospital	
Shaw-Majercik Funeral Home	5
Spencer Family Dental	2
UMass Memorial Medical Center Health Seminars	11
UMass Memorial Medical Group, South County Pediatrics.	12

Hiring RN's and LPN's

Have you ever made a difference in a person's life?

Competitive Pay • Flexible Schedules • Great Benefits

Family Lives is seeking dedicated and committed RNs & LPNs to provide 1:1 private nursing care in the home. We are a pediatric homecare agency specializing in the complex and medically challenging child. Comprehensive benefit package with numerous off shift incentive programs available.



\$3,000 SIGN-ON BONUS

FISKDALE:

4 YR/old with Trach/Vent **STURBRIDGE:**

20 YR/old with Trach 26 YR/old with Trach

FRANKLIN: 22 YR/old with JT

LANCASTER: 4 YR/old with GT WESTBOROUGH:

10 YR/old with Trach

LUNENBURG:

6 YR/old with GT WEST BOYLSTON: 8 MTH/old with GT

SHREWSBURY: 12 YR/old with Trach

3 YR/old with GT

WORCESTER:

16 YR/old with GT 9 YR/old with GJT



Help us make a difference in a family's life. 508-475-0493

familylives.us

CHRONIC PAIN

YOU DON'T HAVE TO LIVE WITH IT!!

If you suffer from chronic pain, you are not alone. Chronic pain is defined as pain that persists over time (longer than 3 to 6 months) and typically results from long-standing (chronic) medical conditions, injury, inflammation, or neurological disorders. (1) The National Institute of Health found that more than one out of every ten adults in the United States report having chronic pain. It has been suggested that the medical community's efforts to help patients manage pain along with false claims by pharmaceutical companies, led to the current opiod epidemic. (2,3) According to the 2015 National Survey on Drug Use and Health, 2.7 million people had a prescription drug use disorder. (4) It is plain from these statistics that chronic pain is a serious problem and that medication alone may not be the answer.

Pain is a complicated mechanism that involves the body's response to injury and neurological pathways in the brain. Sensory receptors in the body called nociceptors react to noxious mechanical, thermal, and chemical stimuli, sending information through the nerves in the spinal column to the brain for interpretation. In acute pain, the brain's reaction is incredibly fast, as when we quickly pull our hand away from a hot stove. When tissue



damage occurs, as in the example of a sprained ankle, the chemical inflammatory response is initiated as the body attempts to heal. In these circumstances, we feel pain with pressure or movement of the limb. In both of these examples, pain serves a purpose: to protect us from further injury and allow the body to heal. When pain persists longer than the protective response is required, chronic pain has set in.

So what can you do if you suffer from chronic debilitating pain? Since compensatory musculo-skeletal changes often contribute to persistent pain, a referral to physical therapy may provide the relief you seek. A physical therapist will perform an examination to identify the possible sources of your pain. Postural alignment, soft tissue restrictions, joint limitations, and muscle weakness

may all impact your condition. Physical therapy modalities such as heat/cold treatments and electric stimulation promote circulation for healing and muscle relaxation. Manual therapy including joint mobilization and soft tissue manipulation increase mobility and alignment. Therapeutic exercise increases flexibility, strength, and endurance for functional improvements. Most importantly, a physical therapist can teach you how to manage your chronic pain through self pain relieving techniques and instruction in a home exercise program.

In addition, complementary medicine offers alternatives to traditional medical management alone. An example of complementary treatment for chronic pain is Massage Therapy. Therapeutic massage can help to break the pain-muscle spasm cycle that often accompanies persistent chronic pain. Pain frequently results in muscle spasms as yet another protective response of the the body. Muscle spasms cause tightness essentially restricting movement, which encourages us to rest the area. This is helpful initially but quickly becomes detrimental, as lack of movement combined with the tight muscle causes even more pain. Massage techniques such as effleurage, petrissage, and deep tissue strokes increase circulation, decrease muscle spasm, and promote muscle relaxation, effectively breaking the pain/spasm circle.

Gone untreated, chronic pain can result in the inability to participate in everyday life. The physical, social, economic, and psychological impact can be devastating. Seeking non-pharmaceutical treatments may be the answer to gaining control of your pain.

- 1. NCCIH Pub No: D456, Modified Jan 24, 2017)
- 2. (Baker DW: History of the Joint Commission's pain Standards: Lessons for Today's Prescription Opiod Epidemic. JAMA. 2017;317(11):1117-8.
- 3. AND Johnson SR: the opiod abuse epidemic: How healthcare helped create a crisis. Mod Healthc. 2016;46(7):8-9.
- 4. (Hughes A: Prescription Drug Use and Misuse in the United States: Results from the 2015 National Survey on Drug Use and Health.)

Submitted by: Rosemary Wolanski, PT, DPT, M Ed COMPREHENSIVE PHYSICAL THERAPY 1037 Main Street, Leicester, MA 01524 508-892-1335 23 Ware Road, West Brookfield, MA 01585 508-867-0180

Pediatrician Accepting New Patients

Ilford Regional Physician Group is pleased to announce that Susan Mahoney, MD is accepting new patients at Whitinsville



Susan Mahoney, MD

Pediatrics. Dr. Mahoney is board certified in Pediatrics, and has over 20 years of experience across a variety of healthcare settings including primary care, hospital and urgent care. Prior to joining our group, she worked as a Staff Pediatrician in the Emergency Department at MetroWest Medical Center in Framingham.

Dr. Mahoney is excited about her recent return to primary care, where she can develop long-term relationships with patients and their families. She is accepting new patients from birth to 18 years of age. If you're seeking a pediatrician, we hope you will consider joining Whitinsville Pediatrics.

Milford Regional Physician Group

Whitinsville Pediatrics

200 Commerce Drive • Northbridge, MA 508-234-7311 • milfordregionalphysicians.org

Member of the Milford Regional Healthcare System

Shaw-Majercik Funeral Home

Leading the Way with Dignified Professionals who are Caring & Honest with Sensible Pricing

Affordable Traditional Funerals, Cremation Services, Pre-Planning and Trusts



AND THE PERSON OF



DIRECT \$1475 CREMATION COMPLETE

"Because We Care"

In Worcester County and Windham County, CT



TRADITIONAL GRAVESIDE SERVICE AND BURIAL

\$3800 plus Cemetery Charges

Includes

- •20 Gauge Metal Casket Concrete Vault
- Transportation within Worcester County & Windham County
- Professional Staff Services & Obtaining Legal Permits

Richard Majercik Director

Veteran Owned • 105 Years of Caring

NO HIDDEN COST OR FINE PRINT

Shaw - Majercik Funeral Home



48 School Street, Webster, MA (508) 943-6278 www.shaw-majercik.com



Brain-healthy habits to embrace

ognitive decline is a condition that is often associated with aging, but even middle-aged people can experience memory loss or cognition issues.

The Alzheimer's Association says that more than five million Americans are living with Alzheimer's disease and other dementias. By 2050, that number could rise to as high as 16 million people. More than 747,000 Canadians are living with Alzheimer's or another dementia, says the Canadian Alzheimer's Association.

Although there is no definitive way to prevent dementia, living a long, vibrant life may be possible by encouraging some healthy habits for the brain. It is never too late or too early to begin health and lifestyle changes.

EXERCISE

Becoming more active can improve brain volume, reduce risk for dementia and improve thinking and memory skills. The journal Neurology found that older people who vigorously exercise performed better on cognitive tests than others of the same age, placing them at the equivalent of 10 years younger. Increased blood flow that occurs with physical activity may help generate new neurons in the hippocampus, an area of the brain involved with learning and memory.

The Harvard Medical School says aerobic exercise may help improve brain tissue by improving blood flow and reducing the chances of injury to the brain from cholesterol buildup in blood vessels.

QUIT SMOKING

The Alzheimer's Association indicates that evidence shows smoking increases the risk of cognitive decline. Smoking can impair blood flow to the brain and cause small strokes that may damage blood vessels.

EAT HEALTHY FOODS

Foods that are good for the heart and blood vessels also are good for the brain. These include fresh fruits and vegetables, whole grains, fish-based proteins, unsaturated fats, and foods containing omega-3 fatty acids.

DID YOU KNOW?

According to the American Heart Association, half of the men who die suddenly of coronary heart disease do not exhibit symptoms. The AHA also says that between 70 and 89 percent of sudden cardiac events occur in men. Both of those factors only highlight the importance men must place on protecting themselves against heart disease. The AHA notes that the steps that can help men reduce their risk for heart disease vary depending on their ages. For example, men in their 20s can make sure they exercise regularly, avoid smoking and secondhand smoke, and schedule routine wellness visits with their physicians. Men in their 50s may need to be more diligent in their efforts to prevent heart disease, especially if they have already been diagnosed with conditions such as high blood pressure, high cholesterol or diabetes. While young men and older men may need to employ different strategies in their fights against heart disease, men of all ages can benefit from routine exercise, nutritious diets and healthy lifestyles. More information about combatting heart disease can be found at www.heart.org.



Seniors can include healthy lifestyle habits, such as exercise and balanced eating, to reduce the risk of dementia and other neurological issues.

Neurologists state that, while research on diet and cognitive function is limited, diets, such as Mediterranean and Mediterranean-DASH (Dietary Approaches to Stop Hypertension), may contribute to a lower risk of cognitive issues.

CONSUME CAFFEINE

Caffeine may help boost memory performance and brain health. A Journal of Nutrition study found people ages 70 and older who consumed more caffeine scored better on tests of mental function than those who consumed less caffeine. Caffeine may help improve attention span, cognitive function and feelings of well-being. Information from Psychology Today also indicates caffeine may help in the storage of dopamine, which can reduce feelings of depression and anxiety. In addition, compounds in cocoa and coffee beans may improve vascular health and help repair cellular damage due to high antioxidant levels.

Work the brain

Engaging in mentally stimulating activities can create new brain connections and more backup circuits, states Dr. Joel Salinas, a neurologist at Harvard-affiliated Massachusetts General Hospital. Working the brain through puzzles, reading and participating in social situations can stimulate the release of brain-derived neurotrophic factor (BDNF), a molecule essential for repairing brain cells and creating connections between them.

A good way to combine these lifestyle factors is to take an exercise class with friends, mixing the social, stimulation and exercise recommendations together.

Cognitive decline can come with aging, but through healthy habits, people can reduce their risk of memory loss and dementia.

3 simple ways to a healthier heart

eart disease is a formidable foe. According to the American Heart Association, heart disease is the leading cause of death in the United States, accounting for approximately 800,000 deaths every year. The Government of Canada notes that heart disease is the second leading cause of death in that country, annually accounting for tens of thousands of deaths. (Note: Canada's population is slightly more than one-tenth the population of the United States.)

While heart disease exacts a devastating toll on the United States and Canada, its reach extends far beyond North America, as the American College of Cardiology notes that cardiovascular disease accounts for 31 percent of all deaths across the globe.

In spite of the prevalence of heart disease, men and women are not helpless against it. In fact, there are many ways for men and women to reduce their risk for heart disease.

1. Maintain a healthy weight.

The American Heart Association reports that between 60 and 70 percent of Americans are overweight or obese. Carrying around extra weight takes a toll on the body, increasing a person's risk for heart disease and stroke. Overweight or obese men and women can work with their physicians to develop a plan for effective, long-term weight loss, a plan that will likely include a combination of diet and routine exercise.

2. Understand and manage blood pressure.

The AHA notes that high blood pressure, a common condition affecting roughly one in three Americans, is often referred to as "the silent killer" because it does not necessarily produce symptoms. Blood pressure measures the force pushing outward on the walls of blood vessels as they carry blood oxygen to the body's organs, and the force created as the heart rests between beats. Over time, the arterial walls of people with high blood pressure may become stressed and develop weak spots or

HEALTHY LIFESTYLE

scarring that makes them vulnerable to the buildup of plaque. Plaque buildup can increase the risk of blood clots and stroke. Blood pressure can rise as a person ages, so managing blood pressure involves routinely checking it and making certain changes, such as eating healthier foods and exercising more often, if it is high.

3. Control cholesterol levels.

High levels of low-density lipoprotein, often referred to as "bad" cholesterol, can increase a person's risk for heart disease. The AHA notes that excessive amounts of cholesterol can be deposited into the arteries as plaque. When that happens, it leads to a condition known as atherosclerosis, or a narrowing of the inside of the artery walls. That narrowing leads to an increased risk for heart attack and stroke. Men and women should get their cholesterol levels checked at least once every four to six years beginning at age 20. Men and women who have been diagnosed with high cholesterol should recognize that cholesterol is only found in animal products, so a diet that is rich in fruits, vegetables and whole grains and low in animal products can provide a simple way for men and women to lower their cholesterol. A more thorough and detailed plan to lower cholesterol levels should be discussed with a physician.

More information about heart disease and how to combat it can be found at www.heart.org.



Some lesser known allergy symptoms

llergy symptoms are a result of a person's immune system overreacting to something that is harmless to most people but sparks a reaction in people sensitive to the trigger. Some symptoms of allergic reactions, such as sneezing, are widely known. But people may be surprised to discover some of the other common allergy symptoms.

According to the American College of Allergy, Asthma, and Immunology, a host of physical symptoms are indicative of allergic reactions.

- Wheezing, shortness of breath: The ACAAI says that wheezing or shortness of breath are telltale signs of asthma, but notes that such symptoms also may be indicative of an allergic reaction. The ACAAI recommends people see an allergist if they develop unexplained wheezing that keeps returning or if the wheezing occurs alongside symptoms like rapid breathing or difficulty taking in air. Wheezing that appears after a person is stung by an insect, takes a medication or eats something he or she is allergic to is symptomatic of an allergic reaction and requires immediate medical attention.
- Cough: The appearance of a dry, persistent cough may indicate an allergy. Coughs are often a byproduct of a cold or flu, but such coughs tend to taper off after a few days. Chronic dry coughs that linger for more than three weeks may indicate the presence of an allergy. Allergy-related coughs may be more prevalent during certain times of year or in certain environments. The ACAAI notes that chronic dry cough has been linked to



allergies such as hay fever and may indicate an allergy to pet dander, dust, pollen, or mold.

- Headache: Though few people associate headaches with allergies, some headaches can be allergy-related. According to the ACAAI, sinus headaches and migraines have been linked to allergies. Sinus headaches may be characterized by localized pain over the sinus area and/or pain in the face that may or may not be accompanied by a headache. A throbbing pain on one side of the head indicates a migraine, the symptoms of which may worsen when exposed to light. Among the more painful allergy symptoms, headaches should be discussed with an allergist.
- Nausea and vomiting: Nausea and vomiting may be a byproduct of food allergies. Seasonal allergies rarely, if ever, lead to nausea or vomiting. However, when a person eats a food he or she is allergic to, the immune system reacts to this allergy in much the same way it does to allergies like hay fever, releasing a chemical called histamine. When a person is dealing

with seasonal allergies, the histamine his or her body releases can cause sneezing, runny nose or other symptoms commonly associated with such allergies. But when histamine is released to combat food allergies, it can cause nausea and vomiting.

Allergies affect people in every corner of the globe. Recognizing symptoms of allergies can help people combat them more effectively.

LYME

continued from page 3

As I saw it, my mother had suffered in silence, and I asked myself how many more were doing the same? In October, following her passing, I set up a table with information about Lyme disease at my local library. That evening, 23 people came to share their stories of the same isolation they experienced with this disease. I listened to them all and saw that these people had been misled down the same path as my mother. Even through my grief, this gave me the driving force to continue with the mission to raise awareness this terrible disease.

Our monthly meetings at the library continued, which led to my husband and I creating the Central Mass Lyme Foundation in memory of my mom. We are dedicated to increasing awareness about the seriousness of this disease as well as many other tick-borne illnesses.

On March 21, 2015, the foundation organized our first Lyme Disease Conference in New England. This conference drew hundreds of people

on a snowy morning to learn how to get help, but more importantly to connect with others who were hidden behind their doors like my mother, suffering in silence. That day, her voice would be heard loud and clear. It would be the fruition of battling this illness together with people who cared and understood, no questions asked. Since then, our foundation has organized 2 other conferences bringing the Lyme community together.

The mission of our 501c3 foundation is raising awareness about Lyme disease as well as other vector-borne diseases. We do not diagnose or treat. But we do raise awareness through our distribution of resources to our public libraries, presentations at local organizations and tables at public events. We also educate schools and provide materials for their parents and educators. This has been a grass roots effort with many volunteers who may be afflicted with Lyme or know someone who is.

As I see it, Lyme disease is easy to get, and very complex to treat. Our foundation will continue the fight for the many who don't have the strength to do it alone, and for their families who need the support. My Mom's mission has only just begun.

Side effects of snoring include higher risk for Alzheimer's

noring may seem like a pesky yet minor increased risks of heart attack, problem, but it can be much more serious than some people know. Although snoring is a common problem among all ages and genders, the National Sleep Foundation says that men are twice as likely to snore as women, and snoring can worsen with age.

The aging process can lead to a relaxation of the throat muscles, resulting in snoring. Furthermore, the NSF says anatomical abnormalities of the nose and throat, illness and other factors may also contribute to snoring. Drinking alcohol, which can have an effect similar to muscle relaxants, in the evening can make snoring worse.

While many people may think snoring is a mere nuisance, it actually may be a symptom of obstructive sleep apnea. Over time, apnea can be associated with high blood pressure and

stroke or death, advises WebMD.

Now there is new evidence that those with obstructive sleep apnea may be at a higher risk of developing Alzheimer's disease as well. A new study published in the journal Neurology found that people with sleep apnea tended to develop memory problems and other signs of cognitive impairment earlier than people without such sleep disorders. Richard Osorio, MD, a research assistant professor of psychiatry at the NYU Center for

Brain Health, found that, among 2,000 people studied, those who reported having sleep apnea or snoring tended to develop signs of mild cognitive impairment, including memory lapses



and slower speed on cognitive skills, about 12 years earlier on average than those who didn't report any sleep-related breathing issues. Mild cognitive impairment often precedes dementia related to Alzheimer's disease.

researchers believe Some snoring and sleep apnea may contribute to a buildup of the toxic protein in the brain called beta-amyloid, which is a hallmark of Alzheimer's disease and other dementias.

lf snoring has become problematic, men are urged to visit a doctor or sleep specialist to see which therapies can be instituted to help improve sleep and overall health.

How to recognize signs of heat stroke in dogs



ummer is a great time of year for people and their pets to enjoy the great outdoors and soak up some sun. Just as men and women exercise caution by applying sunscreen and staying hydrated on hot summer days, dog owners must take steps to protect their four-legged friends when bringing them outdoors.

Heat stroke can pose a serious threat to dogs on hot days. Dog owners

who routinely take their pets outdoors in summer must learn how to protect canines from heat stroke and how to recognize its symptoms.

What is heat stroke?

Dogs suffer from heat stroke when their body temperatures exceed 104 F and the built-in mechanisms they rely on to cool themselves – including panting — cease to function properly. But any temperature 103 F or above is considered abnormal. According to PetMD, heat stroke is a form of nonfever hyperthermia that can lead to multiple organ dysfunction.

Is heat stroke immediately evident?

Heat stroke can overwhelm dogs quickly, so dog owners should be especially diligent and watch their dogs closely when they are spending time outside on hot days. Dogs may first suffer from mild heat-related stress or moderate exhaustion before they begin experiencing the more severe symptoms of heat stroke, so dog owners should look for signs of stress or fatigue and bring their dogs inside immediately after noticing such symptoms. The consequences of heat stroke are severe, so dog owners should always err on the side of caution.

What are the symptoms of heat stroke?

Dogs that are overheating and potentially suffering from heat stroke may exhibit a number of symptoms. Such symptoms are typically easy to spot, but dog owners still must pay close attention to their four-legged friends during summertime walks or play sessions in the backyard.

Turn To **HEAT STROKE** page **10**

Understanding heartworm

Conscientious pet owners understand they must be on the lookout for a host of issues that can affect the health and well-being of their pets. One such issue is heartworm.

What is heartworm?

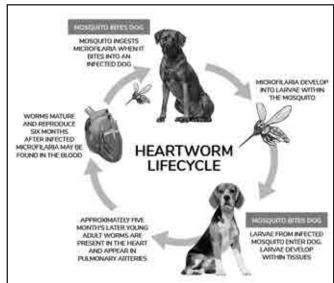
The American Heartworm Society notes that heartworm is a disease caused by footlong worms that live in the heart, lungs and associated blood vessels of affected pets. Known as heartworms, these worms can cause severe lung disease, heart failure and organ damage. Some instances of heartworm may even prove fatal.

Who gets heartworm?

Heartworm disease affects dogs, cats and ferrets. Heartworms also live in wolves, coyotes, foxes, and sea lions. And while such instances are rare, heartworms have even been found in humans.

How is heartworm transmitted among pets?

Mosquitoes transmit many diseases, and they even play a role in the transmission of heartworm. The AHS notes that adult female heartworms living in infected dogs, foxes, coyotes, or wolves produce microfilaria, which are microscopic baby worms that circulate in the animals' bloodstreams. When mosquitoes feed on the blood of these infected animals, they pick up microfilaria. Within 10 to 14 days, these microfilaria mature and develop into infective stage larvae. When mosquitoes then bite another animal, these larvae are deposited onto the surface of the skin of those animals.



ultimately entering their new hosts through the wound created by the mosquito's bite. The larvae then spend the next six months maturing into adult heartworms.

How long do heartworms live?

Upon reaching maturity, heatworms can live for five to seven years in dogs and for two to three years in cats. According to Peteducation. com, heartworm in ferrets can be rapidly progressive and fatal.

What are the symptoms of heartworm?

Heartworm symptoms can vary depending on the type of animal that is infected. Dogs infected with heartworm may exhibit few or no symptoms in the early stages of the disease, only gradually exhibiting symptoms as the infection persists. Such symptoms include mild persistent cough,

reluctance to exercise, fatigue after moderate activity, decreased appetite, and weight loss. As heartworm progresses, dogs infected with the disease may develop swollen bellies due to excess fluid in their abdomens. Dogs infected with large numbers of heartworms may develop sudden blockages in their heart, which can lead to cardiovascular collapse, threatening the dog's life.

Cats may exhibit subtle or dramatic symptoms of heartworm. Coughing, asthma-like attacks, periodic vomiting, loss of appetite, and weight loss are some of the more subtle symptoms of heartworm in cats. But some cats may struggle to walk, experience fainting spells or have seizures as a result of heartworm. The AHS notes that the first sign of heartworm in cats is sometimes sudden collapse or sudden death.

Ferrets with heartworms may seem tired all the time and exhibit shortness of breath even after just a few minutes of activity. Ferrets may also experience fluid buildup in their abdomens due to heart failure and blocked blood vessels.

Can pet owners protect their pets from heartworm?

The AHA recommends that pet owners get their pets tested for heartworm every 12 months. In addition, the AHS advises pet owners to give their pet heartworm preventive 12 months a year.

More information about heartworm is available at www.heartwormsociety.org.

HEAT STROKE

continued from page 9

According to the American Kennel Club Canine Health Foundation, signs that a dog is overheating include:

- Panting followed by disorientation and fast, noisy breathing
- Collapsing or convulsing
- Bright red or blue gums
- Vomiting and diarrhea

Vomit and diarrhea connected to heat stroke may contain blood. In addition, the eyes of dogs suffering from heat stroke may be glazed-over and such dogs may be unresponsive to commands, or their replies to commands may be slower than usual.

Can heat stroke be prevented?

Though dogs can suffer heat stroke even on mild days, dog owners can

take precautionary measures.

- Alter routines. Walking can be great exercise for dogs, but on hot days dog owners can walk their dogs when temperatures tend to be at their most mild, such as in the early morning hours or evenings when the sun is setting or has already set.
- Limit play time. Dogs generate heat when playing and exercising, and their body temperatures may rise considerably on hot summer days. To reduce dogs' risk of heat stroke, limit play time on hot days.
- Don't travel with dogs. Temperatures can be unbearable inside vehicles, so dog owners should not take their dogs along when running errands on hot days.

Dog owners must be especially mindful of their dogs' behavior on hot days. Protecting dogs from extreme heat can safeguard them from heat stroke, which can be fatal.

10 • April 12-13, 2018 • A STONEBRIDGE PRESS PUBLICATION • HEALTH

\$20 May Male Mayhem Special \$20 Neuter for Dogs

Please fill out a SPOT application at secondchanceanimals.org
Some restrictions on weight apply
Thanks to a grant from PetSmart Charities

Second Chance Community Veterinary Hospital





We offer subsidized rates for those that qualify

"More Than Just A Shelter"

Full Service Veterinary Care For All Exams, Ultrasound, X-Ray, Surgery, Dental and More

372 N. Main Street, North Brookfield, MA 508-637-1333 ~ secondchanceanimals.org northbrookfield@secondchanceanimals.org



Leicester Veterinary Clinic, LLC

1205 Main St. Leicester, MA 01524 P: 508-892-9181 • F: 508-892-8791

Wellness exams • Vaccinations
Spays, neuters and routine soft tissue surgery
Dentistry • Radiology (Digital)
In-house diagnostic laboratory facilities (Idexx)
Pharmacy • Prescription diets Hills, Royal Canin
Cat Boarding
Domestic health certificates and much more!



Dr. Colm P. Scanlon
Veterinarian

Walk-ins welcome!



www.leicesterveterinaryclinic.com



SPRING INTO HEALTH WITH FREE EDUCATIONAL PROGRAMS.



TUESDAY, MAY 1

Peripheral Artery Disease

Dejah Judelson, MD, Vascular Surgeon 5:30 - 6:30 pm

Getting Off Coumadin

Kevin Floyd, MD, MS, Electrophysiologist and Interventional Cardiologist, and Bryon Gentile, MD, Cardiologist 7 - 8 pm

TUESDAY, MAY 8

Don't Let Joint Pain Slow You Down! David Ayers, MD. Orthopedic Surgeon

5:30 - 6:30 pm

Common Sports Injuries from A to Z Michael Brown, MD, Orthopedic Surgeon 7 - 8 pm

THURSDAY, MAY 31

Why Would You Need to See a Spine Surgeon?

Christian DiPaola, MD, Orthopedic Surgeon

5:30 - 6:30 pm

The Clock is Ticking, So is Your Heart - Keep It That Way Ira Ockene, MD, Cardiologist

7 - 8 pm

Events are held at the **Beechwood Hotel, Worcester, MA.**Registration is required. Light refreshments will be provided. Parking is free.

To register or for more information, visit www.umassmemorial.org/healthseminars or call 855-UMASS-MD (855-862-7763).



UBER AMBULANCE COMING SOON

Don't Tie Up An Emergency Ambulance For Non-Emergency Transport

Emergency/Non-Emergency transportation. Class I ambulances and chair vans licensed by Massachusetts. Basic Life Support (BLS). Dedicated and highly trained EMT teams. State-of-the-art communication and life saving equipment on board.



WE PROVIDE PATIENT TRANSPORTION FOR:

- Hospitals
- Skilled nursing facilities
- Rehabilitation facilities
- Admissions
- Discharges
- Transfers
- · Dialysis treatment
- Hospice
- Home health agencies
- Outpatient appointments
- Long distance transport
- · Limited mobility clients
- . Private location appointments
- Contracts available



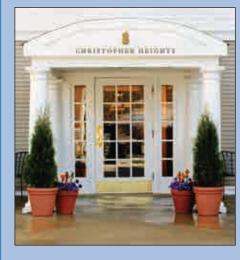
K'S Ambulance

In business since 1985 508.987.2254 • 1.800.461.2822

Patients have rights... the right not to go broke.



THROUGH THESE DOORS A New Home Awaits You





CHRISTOPHER HEIGHTS AN ASSISTED LIVING COMMUNITY

338 Thompson Road, Webster, MA 508-949-0400 christopherheights.com

For more information or a tour call the Admissions Department at ext. 106



START A LIFETIME OF GOOD HEALTH WITH US

At South County Pediatrics, finding the right primary care physician is simple.

- · Experienced pediatricians who treat your children from birth to young adulthood for better continuity of care
- · Referral to highly specialized care at our nationally recognized UMass Memorial Medical Center

Now Accepting New Patients: South County Pediatrics

336 Thompson Road Webster, MA

855-UMASS-MD (855-862-7763) South County Pediatrics: 508-943-5224



UMass Memorial - Community Healthlink | UMass Memorial HealthAlliance-Clinton Hospital UMass Memorial - Marlborough Hospital | UMass Memorial Medical Center | UMass Memorial Medical Group



Dr. Lisa Giarrusso & Dr. Gregory Livanos Dr. Diana Esshaki

Diplomates, American Board of Orthodontics

100 MLK Jr. Boulevard Worcester, MA 01608 (508) 753-2489

276 Main Street Spencer, MA 01562 (508) 885-2749

www.tightbite.com

325 Southbridge Street Auburn, MA 01501 (508) 832-5776



All locations offering iOC® optical impression scanners; no impressions for records or invisalign®.



A Stonebridge Press **Publication**



Thank You, South Worcester County!
You have trusted us for 57 years

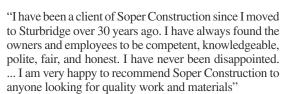
- Land Clearing & Site Development
- Septic Systems

- Water & Sewer Tie-ins
- Underground Utilities
- Excavation & Foundation Work Driveways & Parking Lots
 - Home & Multi-unit Construction
 - Garage, Porch and Home Additions

From Left, Terry Paquin, Stephen and Clarence "Buddy" Soper

We treasure the reputation we've developed and look forward to serving the community for years to come. Let us add your project to our portfolio.

A very special thanks to all our loyal customers throughout the years.



Reed Hillman, Sturbridge

"Working with Soper was an excellent experience ... I look forward to working with Soper Construction on future projects and recommend them without reservation to anyone in need of a reliable, highly skilled and well equipped site work contractor."

> Jonathan Bram **Greater Worcester Habitat For Humanity**



(508)765-9003 www.hiresoper.com



EXTERIOR HOUSE WASHING

REMOVES HARMFUL:

Mildew • Moss • Algae • Oxidation • Dirt & Pollutants

FROM:



Vinvl • Aluminum Wood • Brick Painted • Stained



owe nothing.

GREAT FOR: Before Paint Prep • Cedar Restoration Decks • Patios • Stairs & Walkways • Foundations **SOFT WASH ROOF WASHING**

HI-TECH MOBILE WASH ~ Est. 1987 ~

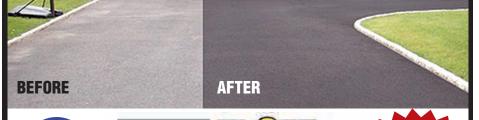
PLEASE CALL 508-248-4638



FOR MORE INFORMATION OR FOR A FREE ESTIMATE www.hitechmobilewash.com

10% Senior Citizen Discount

Paving is our #1 Priority -Not Just a Sideline!





Parking Lots ee Estimates

ASPHALT PAVING INC.

SPENCER, MA. 508-885-4479

ESTABLISHED 1963

KeyesPaving.com Cell: 508-864-9708

Fully Insured • Owner/Operator

Boat Lifts & Docks

Hewitt dock styles and layouts provide a perfect fit. Lifts perfectly sized and equipped to protect your watercraft.

STRONGER MATERIALS. SMARTER DESIGN. GREATER VALUE.



DOCKS & LIFTS OF NEW ENGLAND

A Division of Steve Morris Construction



Docks • Boat Lifts • Canopies Accessories • Swim Rafts • Staircases

Office

87 Lake Shore Drive West Brookfield, MA 01585 Steve- 413-530-1344

Display 242 W. Main Street East Brookfield, MA 01515 Dick - 774-232-7763

www.docksofnewengland.com

The Sounds of Spring

SUBMITTED BY NANCY CORMIER, THE BIRD STORE AND MORE, 4 CEDAR STREET, STURBRIDGE, MA 508-347-BIRD

It's been a strange winter season to say the least. With an abundance of natural food and warmer temperatures our wintering birds didn't have much need for the bird feeders this season. The birds seemed to virtually



Turkey Vulture

disappear, and from what we have heard, the same phenomena occurred throughout the Northeast. The birds were there just not at the feeders, and when the bitter cold weather came they literally flocked to the bird feeders, and then were gone again.

Spring has now officially arrived, and with it the return of the harbingers of spring. Many of you may think that the American Robin is a true sign of spring but what you may not know is that the Robin along with the Eastern Bluebird is a winter resident here. Robins and Bluebirds tend to gather in swampy areas

Turn To **SPRING** page **10**

HOME

Spring 2018

A Stonebridge Press Publication

Advanced Tech Water Systems	
American Discount Oil	
Bill Keyes Asphalt Paving, Inc	
Bond Sand, Gravel & Asphalt	3
Brunelle and Sons, Inc. Landscaping	
C&S Lumber Co., Inc.	
Docks & Lifts of New England	
Fabric Stash	
Hi-Tech Mobile Wash	2
Higgins Energy Alternatives	
JayBeeEZ TREEZ & Son	6
Miller Stump Grinding	12
NAL'S Paint Center	12
New England Landscaping and Construction, LLC	
Quaboag Equipment	
Soper Construction Front Cov	er Home
Spencer Paving	6
The Bird Store and More	
Whitco	

WHERE EVERYONE GOES FOR THEIR PIECE OF THE EARTH!

SCREENED LOAM (stored in building)

OUR ASPHALT PLANT CUSTOM BATCHES 6 DAYS A WEEK! (April - November)

HOME OWNER

NO MINIMUMS



CONSTRUCTION STONE • SEPTIC STONE

TITLE V & PRESBY SEPTIC SAND • CONCRETE SAND • BRICK SAND SAND BOX SAND • POOL LINER SAND • UTILITY SAND • STONE DUST CRUSHED GRAVEL • COLD PATCH • CRUSHED ASPHALT • GRINDINGS

LANDSCAPING STONE – Various Sizes

Brown • Purple • Red • White • Light Gray
Dark Gray • Blue • Blush • Beige • Chip Stone

Bond SAND, GRAVEL & ASPHALT

www.BondSandAndGravel.com

LANDSCAPING MULCH

Hemlock • Red Cedar Black • Light Brown Dark Brown





98 N. Spencer Rd. Rte. 31 North Spencer, MA 508-885-6100 508-885-2480

Environmental health hazards encountered each day

nvironmental health risks can be found all over the world. Whether one resides in an urban or rural environment, it is difficult to avoid pollutants that can produce unfavorable effects on human health. For example, it's estimated that car emissions contribute to a staggering number of deaths in the United States alone, and many areas are deemed to have unsafe air that can contribute to long-term diseases such as lung cancer. So says the group Top Environmental Issues, which publishes information on an array of environmental topics and statistics. Other pollutants lurk in the soil or drinking water sources.

The process of addressing environmental hazards starts with individuals, who can educate themselves about various pollutants and how to reduce their impact on human health.

· Lead: Even though lead use has decreased, there remains some residual risk. The Occupational Safety & Health Administration says that lead enters the body primarily through inhalation and ingestion. Many people are exposed to lead by breathing in lead-containing dust at work or from hobbies that involve lead. Lead affects nearly every system in the body, but it can be particularly harmful to the brain and nervous system.

- Water Filtration
- Radon & Arsenic
- Pump Systems & Service

Advanced Tech Water



"Iron & Odor Removal Guaranteed"

508-867-3731

Route 9, East Brookfield, MA

· Mercury: Mercury is another metal that has drastic health effects. People may be exposed to mercury through their occupations or even their diets. Mercury occurs naturally in Earth's crust but is primarily released from coal-fired power stations and other industrial processes. According to the World Health Organization, mercury's potentially toxic effects include digestive and immune system interruption, nervous system impairment and skin and eye problems.



· Contaminated drinking water: All tap water contains trace amounts of natural microorganisms. However, contaminants can end up in drinking water from run-off from residential and commercial areas. The Clean Air Council says drinking water may contain contaminants such as arsenic, radon, trihalomethanes (chloroform, bromodichloromethane, dibromochloromethane, and bromoform), and pesticides.

· Pesticides: Chemicals used to prevent the proliferation of lawn and garden pests may be effective, but they also can produce adverse health effects. Pesticides have been associated with increased risk of cancer and can affect the developing nervous system. The Pesticide Action Network says close to a billion pounds of toxic chemicals are intentionally introduced into the environment and the food supply each year.

Many contaminants can potentially be found in the air we breathe, the water we drink and the land upon which our homes are built. Learning about some of the more common environmental hazards can help people take action to avoid them.

Fabric Stash

508.248.0600

We've Moved Next Door Come see our new space!

Cotton Fabrics • Notions • Buttons • Quilting Books & Patterns Quilting Classes • Machine Quilting

45 Sturbridge Rd., Charlton, MA 01507 fabstash.com • The Fabric Stash on Facebook

The benefits of water features in garden landscapes



Water features, such as ponds or waterfalls, can add a special touch to the landscape

Many homeowners aspire to make their homes appear as beautiful and welcoming as possible. Exterior renovations may be high on homeowners' to-do lists, and landscaping is oftentimes a key component of those projects.

When planning gardens, homeowners may benefit by considering more than just flowers and shrubs while giving thought to other elements that can breathe vitality into their landscape designs. Water features can do just that, as such features provide more than just visual appeal.

- Aesthetic appeal: Water elements stand out against the greenery and foliage and can be used to create focal points around the garden or yard. A single fountain can draw the eye, while a trickling stream or waterfall can deliver water to various spots in the landscape.
- Soothing sound: Rain drops on a rooftop or waves lapping on a shoreline elicit feelings of harmony and relaxation. Water features can bring that gentle sound close to home, further enhancing the ambiance.

Turn To LANDSCAPES page 9



ZERO DOWN

Let our solar experts show you how to go from saving to earning!

FINANCING AVAILABLE

Our 40 years in alternative energy means you can expect a personal experience that is professional, simple and fair.

Contact us today to learn how you can start earning!



140 Worcester Road (Rt. 122), Barre, MA 978.355.6343 • HigginsEnergy.com Monday - Saturday



The benefits of choosing solar energy

ome improvement trends come and go. What's popular among today's homeowners may feel dated to prospective buyers a decade from now. But solar energy is one home improvement trend that does not figure to go the way of sunken living rooms or popcorn ceilings.

According to the Solar Energies Industry Association®, solar energy experienced a compound annual growth rate of more than 60 percent between 2006 and 2016. Solar energy has also done wonders to improve the employment rate. According to the Solar Foundation's National Solar Jobs Census, in the United States there were more than 260,000 solar workers in 2016, an increase of 25 percent from the previous year. Things are equally rosy in Canada, where the Government of Canada reports installed capacity for solar thermal power has experienced a compound growth rate of nearly 14 percent since 2004.

The search for a renewable energy source has led many people to embrace solar energy, but there are many more reasons for homeowners to embrace going solar.

• Return on investment: Many people considering solar energy for the first time may experience some sticker shock when they learn the cost of installing solar panels on their homes. But data from the EnergySage Solar Marketplace indicated that, in the first half of 2015, solar shoppers who compared their options achieved payback on their solar investments

in 7.5 years. So in addition to monthly savings on their utility bills, homeowners can expect to recoup their solar energy investments in a relatively short period of time.

Property value: Whether



they plan to do so in the near or distant future, homeowners with an eye on selling their homes may be interested to learn that a recent study from the Lawrence Berkeley National Lab found that solar panels can significantly increase property value. The study analyzed the sales of more than 20,000 homes in California, Connecticut, Florida, Massachusetts, Maryland, North Carolina, New York and Pennsylvania, suggesting the desire for solar energy among prospective buyers is not exclusive to a particular region of the country.

• Energy independence: According to the U.S. Energy Administration, most of the energy consumed in the United States comes from fossil fuels like petroleum. The EIA also notes that, in 2016, the United States imported about 10.1 million barrels of petroleum per day. By embracing solar energy, Americans and citizens of any country that relies heavily on foreign oil imports, can take a big step toward increasing their energy independence.

The use of solar energy is on the rise, and there are many reasons for homeowners to embrace this increasingly popular energy source.





How to Stain Your Deck

WWW.BENJAMINMOORE.COM LOCAL DEALER: NALS PAINT CENTER

taining gives your deck a strong layer of protection from wear and tear. With the right staining products - prepared and applied correctly - you can maintain and enjoy your deck for many years to come.

Preparing Your Deck for Staining

Remove as many items as you can (planters, hoses, outdoor furniture, light fixtures) and cover other items (steps, plants, sidewalks/paths) with drop cloths.

Examine the deck for surface wear, cracked boards, and popped nails.

Make any necessary repairs before you stain your deck.

Applying the Stain Decks are often subjected to extreme environmental conditions (direct sun, cool damp shade, etc.) as well as heavy foot traffic. Proper care of your deck will help ensure the longevity of the finish.

Step 1 After properly preparing the wood, select an inconspicuous place on the actual wood you will be staining and test the stain to be sure you will be pleased with the final color results.

Step 2 First stain the vertical sections of the deck, such as the rails and posts, so that drips will not land on previously finished areas.



Step 3 Once the vertical surfaces are completed, proceed to the deck surface. For deck boards, stain two to three boards at a time to avoid lap marks. Do not stop in the middle of a board, or you will risk developing lap marks. Make sure to wipe up any excess stain.

Deck-Staining Tips

The best way to apply deck stain is to use a roller or spray, followed by backbrushing to even out the stain.

Do not let stain puddle on the surface of the deck.

Stain does not stay mixed the same way paint does. You will need to stir the stain frequently during application.

To ensure proper stain penetration and even drying results, avoid applying stain in direct sunlight.

Soak the bottom of the deck posts in Benjamin Moore Alkyd Primer (366). This will give the posts added protection from the kind of ground moisture they are subjected to, and will help extend the life of the posts.

Learn about all of our wood stains by visiting NALS Paint Center or www. benjaminmoore.com, and find the one that is right for you.

DON'T BUY 'TILL YOU SEE US SAMSUNG **WE SELL TOYS WASHERS, DRYERS, STOVES, REFRIGERATORS & MICROWAVES 43" SMART 4K** 7 CU.FT.

WEBER **GRILL** SALE!

OVER 2,000 APPLIANCES IN STOCK FOR PICKUP OR FAST DELIVERY!

MATTRESS SALE!

TWIN: REG. \$299 - NOW \$199 **FULL: REG. \$499 - NOW \$269**

QUEEN: REG. \$599 - NOW \$299

BIG REBATES ON FULL KITCHEN PACKAGES

32" LED TELEVISION Reg. \$169.99

55" 4K LED

TELEVISION

Reg. \$499.99

\$399.99

49" LED

TELEVISION

Reg. \$499.99

\$349.99

Reg. \$399.99 \$119.99 \$329.99

FRENCH DOOR

TELEVISION

REFRIGERATOR Reg. \$1,699.99 \$1,099.99

65" SMART 4K TV Reg. \$899.99

\$649.99

55" SAMSUNG 4K TV Reg. \$699.99

\$499.99

MAYTAG

FRONT LOAD

WASHER

NOW \$599.99

WHIRLPOOL TOP **LOAD WASHER** REFRIGERATOR Reg. \$499.99

\$349.99 \$499.99

> TOP-LOAD **DELUXE** WASHER

CHEST

FREEZER

\$189.99

18 CUBIC

FOOT

\$299.99

WHIRLPOOL **DISHWASHERS** WDF540 Reg. \$499.99

\$299.99

DELUXE ELECTRIC DRYER Reg. \$399.99

\$299.99

KITCHENAID DISHWASHERS KDFE104 Reg. \$699.99

\$549.99

FAMOUS MAKER GAS OR ELECTRIC RANGE

\$399.99

NO CREDIT? BAD CREDIT? NEW EASY FINANCING TERMS ON EVERYTHING IN THE STORE!

INSTANT FINANCING UP TO \$10.000!









140 MAIN STREET SPENCER, MA 508.885.9343

SEE WHITCOSALES.COM FOR 100'S OF DEALS!

Store Hours: Mon.-Sat: 10:00am-9:00pm • Sun: 12:00pm-7:00pm

How to control common spring pests



Ants are a nuisance that become more active as the weather warms.

Just when winter thaws out and people are anxious to enjoy the blooming flowers and luscious lawns of spring, pesky pests can appear and impact comfort levels and safety.

Many pests resume their levels of activity as spring draws closer and temperatures warm up. The presence of these insects and rodents may cause problems in and around a home, which makes it essential to recognize them and avoid issues. The following are some of the more common spring pests and how to remedy infestations.

PAVEMENT ANTS

Pavement ants are some of the most common pests residents encounter inside and outside of their homes. These ants are light brown to black with appendages that are lighter than the rest of their bodies. Small in stature, pavement ants have parallel lines on their heads and thorax, according to pest extermination company Orkin.

Although pavement ants nest outdoors, they can enter homes through small crevices in search of food scraps. Their large colonies may not disappear until treatment is introduced. Keep foods in tightly sealed containers, clear counters and floors of crumbs, and address water sources, such as leaks. Pesticides may be needed in extreme conditions.

FLEAS

Fleas are tiny, jumping, biting pests that must find a host upon which to live. As ectoparasites, they feed on blood while living on the body of living hosts. Pets can bring fleas inside the yard and home in warm weather. According to the University of California Statewide Integrated Pest Management Program, flea larvae develop more quickly at higher

temperatures. At normal room temperatures, the entire life cycle of a flea is about 18 days.

Several flea control products are available to control fleas on cats and dogs. There also may be powders and sprays to alleviate flea infestations in the home. Vacuuming is also very effective in killing larvae in the carpet and at picking up adults.

WASPS

An errant wasp, hornet or yellow jacket may have survived winter and ridden out the colder temperatures within a home. Once the weather warms, queens will begin to look for places to lay eggs and establish colonies. Treating areas where wasps are seen entering and leaving the home is key. Seal holes as soon as possible.

Although wasps help control other insect populations, their painful stings and potentially aggressive nature can make them challenging to have around a home. If a nest is found, hire a professional to remove it.

SPIDERS

Many spiders are not harmful enough to humans and pets to be much of a problem. In fact, spiders can be helpful to have around to control the populations of other insects. Still, many homeowners would prefer these web-slinging friends remain outdoors. Therefore, sealing cracks in a home's foundation and repairing small openings around windows and doors can help keep spiders out. Also, alleviating moisture issues in basements, garages or attics may keep out other bugs that would be prey to spiders.

Homeowners can take the steps necessary to cut down on pests in and around their homes.

DID YOU KNOW?

The U.S. Environmental Protection Agency notes that there is no practical way to eliminate all mold and mold spores in an indoor environment, including a home. But by controlling moisture in their homes or apartments, men and women can control indoor mold growth. One way to do just that is to prevent condensation in a home by adding insulation. In addition, clean building materials or furnishings that become wet as promptly as possible, and no more than 48 hours after the items have become wet. Mold produces allergens and irritants, and inhaling or touching mold or mold spores can trigger allergic responses such as sneezing, runny nose, red eyes, rashes on the skin, and even fever-like symptoms.

8 • HOME • A STONEBRIDGE PRESS PUBLICATION • April 12-13, 2018

Use renovations to create healthier homes

ome renovation projects are done for several different reasons, whether to update styles, repair damaged or broken items or to achieve more living space. More than ever before, homeowners are choosing improvement projects geared toward making their homes healthier.

Establishing a healthy home means different things to different people. For example, to an environmentalist, a healthy home may incorporate eco-friendly or green products. To those with young children or mobility-impaired seniors, a healthy home may be one free from potential hazards. Others may view a healthy home as one that alleviates allergies.

The World Health Organizations says inadequate housing conditions, such as poor ventilation, radon, urban pollution, and moisture issues, can contribute to many preventable diseases and injuries — especially respiratory problems, nervous system disorders, cardiovascular diseases, and cancer. Furthermore, the U.S. Environmental Protection Agency ranks indoor air quality as a top five environmental risk to public health. EPA studies have found that indoor air pollution levels were roughly two to five times greater than outdoor pollution levels.

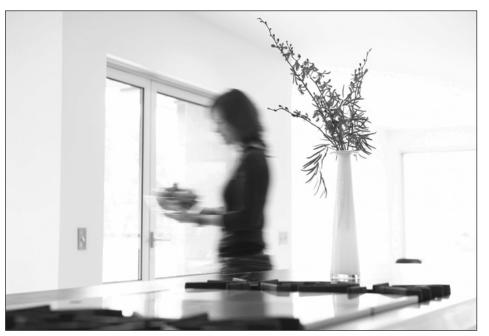
People interested in making their homes healthier can embrace these renovations and lifestyle changes.

LANDSCAPES

continued from page 5

- Brings texture: Water has its own unique and fluid texture that can provide stark contrast to blades of grass or the hard lines of architectural elements, such as pergolas or retaining walls. A pond or fountain can soften lines.
- Enhance the natural ecosystem: Water features can attract wildlife to a property. Birds may visit to take a quick sip, and dragonflies are sure to dart and hover over the shimmering ripples. Inviting natural wildlife to the yard can add hours of entertainment by enjoying the animals and insects.
- Remedy problem areas: Rather than fighting with the landscape, homeowners can adapt it. An area of the yard prone to soggy conditions or flooding can be transformed into a pond or waterfall to work with natural surroundings.
- Foster a passion: Many people turn to water features so they can explore the hobby of nurturing an outdoor aquarium. Koi ponds are relatively easy to install and maintain, and the vibrant fish add visual appeal.
- Add a personal touch: Water features are as unique as the homeowners who create them. To set landscaping apart from neighbors' homes, homeowners can add fountains, ponds or flowing water elements to their properties. Decorative water features also can be melded with pools and spas to help these manmade recreational areas seem like they were carved right out of the natural landscape.

Water features can take landscapes to the next level with sounds, texture, movement, and beauty.



- Be aware of furniture materials. Toxic PBDEs, which are chemicals used as flame retardants on furniture fabrics produced prior to 2006, can send toxins into the air. Some manufacturers may still use these flame retardants in new forms, but with similar risks. Before purchasing furniture, ask if a product is treated, and select naturally fire-resistant materials like wool and cotton.
- Lighten up. Lighting is often underappreciated but can have a dramatic impact on whether a home feels inviting, warm and/or uplifting. Experiment with different types of bulbs and lighting fixtures to turn drab and dreary environments into brighter places. Lighting may improve mood and productivity.
- Let the sun shine in. Modify window treatments to let more sunlight into the house. There is evidence that the sun, particularly UV light, is a potent bactericide. The Sunlight Institute advises that there's no harm in letting natural sunlight do its work, as bacteria within eight feet of low-intensity UV light can be killed in 10 minutes.
- Inspect and service wood-burning appliances. A study published in the American Journal of Respiratory Cell and Molecular Biology has found regular inhalation of wood smoke limits immune activity and function, and anyone who burns wood indoors should be aware of these potential health risks. Ensuring proper ventilation of smoke and routinely cleaning the chimney can help cut down on particulate matter.
- Turn to nontoxic cleaning products, pesticides and insecticides. Always opt for nontoxic, natural products when cleaning in and around the house.
- Declutter the home. A cluttered, hectic space can affect emotions and mental state, never mind attracting dust and making a home harder to clean. Spending time in spaces that do not elicit stressful feelings is healthier and can help residents to rest and recharge.

Making a home healthier can be on the list of this year's renovation plans.

April 12-13, 2018 • A STONEBRIDGE PRESS PUBLICATION • HOME •9

continued from page 3

during the winter, as there is a more plentiful food source in those areas. When the food source becomes scarce Robins will show up on your lawn and you may see Bluebirds at your suet feeder. This usually happens more toward spring, but in a severe winter you may see them under your bird feeders all winter.

If you truly want to know that spring is in the air watch for the return of the Turkey Vulture. It's easy to identify these large birds. In flight they have a V shape to their wing called dihedral, they also appear to be a large

bird with a very small head. The Turkey Vulture is one

of the earliest spring arrivals to our area. Another early spring arrival is the massive flocks of grackles and red winged blackbirds. If you have had the opportunity to witness one of these flocks it may give you flashbacks to the movie The Birds.

We have been seeing more activity at the bird feeders lately as the natural food crop has diminished. That said, it's a good time to do some springtime maintenance on your bird feeders and birdhouses. Bird feeders get dirty, and dirty feeders transmit disease. Birds can transmit diseases such as conjunctivitis by touching the edge of the seed port while feeding. Conjunctivitis is highly contagious and can cause blindness in the birds. Spoiled seed or rancid suet can cause beak rot, which softens the bird's beak causing it not to be able to eat. As they say, the best defense is a good offense. Take the feeders down and thoroughly wash them with a bleach solution. If the feeders are particularly dirty wash with mild soap and then bleach. Thoroughly dry the feeder before replenishing the seed. Birdhouses also need to be cleaned out and readied for the spring nesting season. Mice will use the birdhouses in winter. Make sure mouse nests are cleaned out prior to the mice breeding in them.

Take a step outside in the morning and you will hear the bird song chorus beginning. Our resident migrants are setting up their territories and will soon be looking for a mate. By the end of April and into early May our neotropical migrants will be returning. Neotropical Songbirds are species of birds that breed in the summer in the U.S. and Canada and migrate to the Neotropics (Mexico, Central America, S. America) during winter; they often return to the same areas during each migratory stop. Many of these birds do not frequent our feeders, but they do breed in our area. One must look to see them. Going out on a bird walk in May will introduce you to birds you may have never seen before. However some of our favorites such as Ruby throated Hummingbird, and Baltimore Oriole will grace our feeders.

The Ruby throated Hummingbird is already on its way back north. A quick look at the 2018 hummingbird migration map (http://www.hummingbirds. net/map.html) will show you where they have been seen. At last look they have been spotted in North Carolina. Our recommendation is to put your hummingbird feeders out on tax day. The hummingbirds will be returning to our area toward the end of April. Hummingbirds will readily



Ruby throated Hummingbird

use the hummingbird feeders but the trick is to keep the nectar fresh and the feeder clean. Only use clear hummingbird nectar. Red dye is not good for the hummingbirds and can shorten their lifespan. Change your nectar every 2 -3 days, it's not necessary to completely fill your hummingbird feeder, just use the amount that is needed for a couple of days. Nectar will spoil very quickly in the heat and the hummingbirds will not use the feeder if the nectar is spoiled.

Baltimore Orioles will return within the first few days of May so it is best to have your oranges and grape jelly out for them around

the 28th of April. Returning Orioles will look for food in the place they found it in the previous year. If the food

is available when they arrive you will have a much better chance of them staying around your yard.

Migrating Indigo Buntings will be showing up around this time also. They will come to your seed feeder on occasion and this brilliant blue bird is always a treat to see.

One of the more unwanted visitors to the bird feeders is the black bear. The bear have been destructive to the bird feeders but we have a solution to feed your birds and save your bird feeders. The Bird Store and More has a Bear Proof Bird Feeder Pole that the bear can not topple or destroy. It has saved multitudes of feeders around the country, and enables you to enjoy the birds and not worry about the bear. When the food is not readily available the bear will not return.

Until then enjoy the songbird chorus around your yard.

DID YOU KNOW?

Spring cleaning is a ritual that many people participate in as the last vestiges of winter disappear. Spring cleaning is a time to open windows, deep clean rooms and closets and take down and launder window treatments and linens. Others use spring cleaning as a time to sort and donate or discard clutter that might have accumulated over the winter. Even though spring cleaning seems like a modern invention, the act of spring cleaning is believed to have originated centuries ago. Some say that the ancient Chinese cleaned in preparation for their New Year as they hoped to wipe away any bad luck and misfortune from the previous year. Similarly, the ancient Hebrew practice of thoroughly cleansing a home before the springtime feast of Passover may have evolved into the spring cleaning we know today. Another possible connection is the tradition of "shaking the house clean" in Iran. Iranians celebrate Now Rouz (Persian New Year) with many different rituals, one of which involves buying new clothes and cleaning every corner of the family home to signify renewal.

10 • HOME • A STONEBRIDGE PRESS PUBLICATION • April 12-13, 2018

COMMERCIAL OPEN HOUSE FRI. APRIL 20 • 10-2

Sandwiches • Refreshments

Husqvarna Fleet up with Husqvarna Professional!

Save 20% Off MSRP + Lock-in discount for 2 years with a 10-Point Fleet Package!

V500 Series - Commercial Stand-On

- 48" or 54" Cutting Decks
- 24.5HP Kawasaki Engine
- 7 Ga. Deck with Cast Iron Spindles
- 5-Year or 1500 Hour Warranty
- · Flip-up anti-slip plate
- 7 Gallon Fuel Capacity

V548 48" MSRP \$8,499.95 6-Point FLEET PRICE -20%

\$6,799.96



Z500 Series - Commercial Zero 1

- 48", 54" or 60" 10 Ga. Cutting De
- 25.5HP Kawasaki Engine
- HydroGear ZT4400 Transmissio
- 5-Year or 1250 Hour Warranty
- 12 Mph. top Speed
- 12 Gallon Fuel Capacity

Z560 60" MSRP \$8.599.95 6-Point FLEET PRICE -20% \$6,879.96





6 Points = 20% Off (One Time Discount)

8 Points = 20% Off + Eligible Purchases for 1 Year **10 Points = 20% Off + Eligible Purchases for 2 Years**

1 Point Each: String Trimmers, Chainsaws, Zero Turn Baggers, Backpack Blowers, Hedge Trimmers, Brush Cutters, Battery Series Edgers, Pole Saws, Power Cutters, Snow Throwers

2 Points: Aerators, Stump Grinder, Bed Edger, Automowers, Dethatchers, Sod Cutter, Seeders

4 Points: M-ZT, Z500, & Z500X Zero Turns, V500 Series

Buy Any Husqvarna Commercial Zero Turn or Stand-on Mower and receive 3 pieces of professional handheld for FREE!

Save Over \$2.000! See dealer for details.







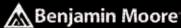




QUABOAG EQUIPMENT

27 Fiskdale Rd., (Rt 148), Brookfield, MA 01506 508-867-6227





Paint Like No Other



Service Like No Other



315 Brooks St. Worcester, MA 01606 (508) 852-2133

140 Chandler St. Worcester, MA 01609 (508) 754-0015

470 Southbridge St. Auburn, MA 01501 (508) 315-6333

651 N. Main St. Leominster, MA 01453 (978) 537-5687

240 Boston Turnpike, Rt. 9 Shrewsbury, MA 01545 (508) 756-8237

122 Turnpike Rd., Rt. 9 Westborough, MA 01581 (508) 329-1441

nalspaintcenter.com

NAL'S offers a large selection of wall coverings and window treatments.

BUY ONE GET ONE ENJAMIN MOORE® COLOR SAMPLE

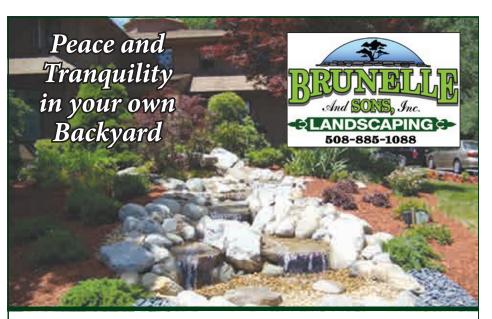
Coupon valid for one (I) free Benjamin Moore® Color Sample with the purchase of one (1) Benjamin Moore* Color Sample. Redeemable only at participating retailers. Must present this original coupon to redeem - no copies will be allowed. Limit one per customer. Products may vary from store to store. Subject to availability. Retailer. reserves the right to cancel this offer at any time without notice. Cannot be combined with any other offers. Coupon expires 12/31/2018

©2018 Benjamin Moore & Co. Arborcoat, Aura, ben, Benjamin Moore, Color Lock, Color Selection Simplified, Natura, Paint like no other, Regal, and the triangle "M" symbol are registered trademarks licensed to Benjamin Moore & Co.

The CERTIFIED ASTHMA & ALLERGY FRIENDLY Mark is a Registered Certification Mark of the ASTHMA AND ALLERGY FOUNDATION OF AMERICA and ALLERGY STANDARDS LTD.

Stay up-to-date with NAL'S by providing your e-mail address:





Free Estimates • Fully Insured • 22+ Years' Experience

Ponds • Waterfalls • Walls • Patios & Walkways

Water Gardens • Planting & Full Lawn Maintenence Spring & Fall Clean-ups • Gutter Cleaning • Bobcat Work Seal Coating • Snow Plowing • Seasoned Firewood Estate. Attic & Cellar Cleanouts



508.885.1088









Need oil right away? Call American today!

LER STUMP

ALB Certified Fully Insured

REASONABLE RATES

PROMPT SERVICE • FREE QUOTES

ROD MILLER • NICK MILLER OWNERS / OPERATORS

508-688-2159

413-245-1314 1182 Park Street

Palmer, MA 01069

5¢ Off

PER GALLON

With coupon. Exp 05/31/18

ORDER ONLINE Americandiscountoil.com





DECK SEASON **Build That New Deck Update Your Old Deck Several Types of Decking to Suit Everyone's Needs and Budget Deck Railings**

Deck Accessories • Deck Stains