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Friday, October 16, 2020

Bay Path reports third COVID case



BY JASON BLEAU

CHARLTON - Bay Path Regional Vocational High School has confirmed its third positive case of COVID-19.

Since Oct. 1, three individuals from within the school committee have been confirmed to have tested positive for the virus although school officials have indicated that appropriate measures have taken place to isolate the infected parties and that there is no concern for students and staff safety.

As with the announcement of the first two cases, a letter was sent to parents and guardians on Oct. 6 announcing the third positive case. The letter was nearly word for word the same document sent out for the initial two cases a few days earlier.

Authored and signed by Superintendent-Director Kyle Brenner, the letter once again did not provide the identity of the individual nor did it indicate whether or not it was a staff member or student who tested positive. Those with close ties to the individual were informed privately and recommended to be tested and self-quarantine for ten days regardless of test results.

'Our student body and staff have been closely adhering to the safety protocols including mask wearing, hand washing, and physical distancing. We are grateful to our families for their continued efforts to keep students' home at the first sign of symptoms. These measures, taken in combination, greatly reduce the risk of additional transmission," Brenner wrote in the letter.

Please Read THIRD CASE, page A3

Selectmen terminate contracts with VGG

BY JASON BLEAU

CHARLTON - The Charlton Board of Selectmen has voted to terminate the contracts with Valley Green Grow, a marijuana growing company that became the center of numerous public debates in 2018 and 2019.

Following an executive session during a brief meeting on Tuesday, Oct. 6 selectmen voted in a 3-1 decision to terminate the community host and development agreements between the town and Valley Green Grow. Selectman Bill Borowski was the only dissenting vote while Selectman David Signer recused himself from the discussion. Selectman Karen Spiewak and freshmen board members Patricia Rydlak and Stephen Koronis voted in favor of the motion. No board member has publicly stated their reasoning for their votes and the details of the discussion leading up to the vote have been made confidential by the rules of executive session. The only reasoning given publicly for the motion was that it was due to "breach of contract."

The project was slated to be housed at Charlton Orchards, a 94-acre family farm at 44 Old Worcester Rd. in Charlton. The owners of the farm had

entered into a sales agreement with VGG which would have seen the company erects a onemillion-square-foot marijuana grown and processing facility on the land. Agreements between VGG and the town were signed in 2018 leading to public outcries against the project, including demonstrations from protestors and supporters at public meetings, and numerous Planning Board public hearings where that board refused to support the company's site plan in January of 2019. At the time current selectman Patricia Rydlak was chairing the board and was an open opponent of the project. The Planning Board's decision was eventually addressed in Land Court in the fall of 2019 where VGG won an appeal overturning the Planning Board's vote leading the board to present an appeal of its own of the judge's decision. The debates made the VGG project one of the most talked about stories in the region for almost two years After the court decision in the fall the discussion went quiet until selectmen made their motion earlier this month.

As of this report, there remains no public discussion or comment from selectmen concerning the decision or what this means for the future of the project in Charlton.

School district makes changes to fall calendar

BY JASON BLEAU VILLAGER CORRESPONDENT

DUDLEY/CHARLTON - The Dudley-Charlton Regional School District has set a tentative schedule for the first half of the current school year as the superintendent and school committee continue to adapt and evolve their approach to managing the impacts of the COVID-19 pandemic.

Superintendent Steven Lamarche presented a draft working calendar to the school committee earlier this month which, while subject to the change, lays out what can be expected at least through the rest of the 2020 calendar year and into the holiday break.

"Like anything, there's nothing that comes easy this school year. Trying to wrangle with the school calendar is one of those items as well. We are proposing a draft – This is something that we can publish on our website so that people know where we are with our school calendar," Lamarche told the committee. "The updates truly are representative of changes up until Dec. 23 of this school year thus far. The only change obviously is at the end of the school year with a starting and ending point to the calendar. We will take this up again before Dec. 23 to plan out the remainder of the school year. What this calendar does represent is the first nine days of professional development and training and the first day of school being Sept. 16. and it also removes all of the early release days that were originally populated in the calendar with the exceptions of the day before Thanksgiving and the day before the holiday break. Those are still represented within this particular calendar."

Another change was shifting a Nov. 3 professional development day to a full remote learning day.

School Committee members did ask

whether or not all students in both Charlton and Dudley would attend classes, either online or in person, for the same number of days. Superintendent Lamarche said it did work out that student schedules do add up to equal class time. Also, there were question about what the second half of the year would look like to which the superintendent said that January through June of 2021 is still a work in progress to be discussed before the end of the calendar year. For now, they wanted to make sure something was made available so

Please Read CALENDAR, page A3



Photo Courtesy

Practical nursing students Isabella Boateng of Manchester, Conn. and Brianna Laforest of Webster were voted as student representatives for the PN class of 2021 at Bay Path Practical Nursing Academy.

New student representatives named at Bay Path Practical Nursing Academy

CHARLTON — New student representatives to the Bay Path RVTHS Practical Nursing Academy PN Class of 2021 were elected recently and began their term this

Practical nursing students Isabella Boateng of Manchester, Conn. and Brianna Laforest of Webster were voted as student representatives for the PN class of 2021. The student representatives are an important part of the Bay Path Practical Nursing Academy Faculty Organization (PNFO). Their main responsibility is to be a link between Practical Nursing faculty, staff, and the students, and to contribute to Bay Path Practical Nursing Academy activities and projects. Boateng and Laforest represent the students of PN Class of 2021 on the advisory board and steering committee.

Student representatives are responsible for attending the PNFO meetings, where they serve as non-voting members. The student representatives speak on behalf of the student body and reports on topics they want to bring to the PNFO's attention. The student representatives also attend the fall and spring Advisory Committee meetings.

Boateng is a Certified Nursing Assistant (CNA) at All Ways There Home Care in



THINK PINK IN OCTOBER!

October is Breast Cancer Awareness Month.

Please see some important info below. Thank you to the businesses supporting this special page.

October is

Breast Cancer **Awareness Month Potential treatment options** after a breast cancer diagnosis

A breast cancer diagnosis is something no one wants to receive. But the burden of breast cancer is substantial. In fact, the World Health Organization notes that breast cancer is the most commonly occurring cancer in women worldwide.

Thankfully, breast cancer survival rates are high in many parts of the world, particularly in developed countries such as the United States, Canada and Japan. While survival rates are lower in developing countries, it is encouraging to know that the average five-year survival rates are as high as 90 percent in some nations. That suggests that the strategies used to successfully fight breast cancer in developed nations may one day prove as effective in developing nations, potentially leading to a sharp decline in global breast cancer deaths.

Upon being diagnosed with breast cancer, patients will be educated about a host of potential treatment options. The Centers for Disease Control and Prevention note that breast cancer is treated in several ways, and the course of treatment a doctor recommends will depend on the kind of breast cancer and how far it has spread. In addition, according to Breastcancer.org, breast cancer is made up of many

different kinds of cancer cells, which often necessitates the use of various types of treatments to get rid of the cancer.

The following are some treatment options doctors may discuss with breast cancer patients.

- Surgery: Breastcancer. org notes that surgery is typically the first line of attack against breast cancer. The CDC says the goal of surgery is to cut out cancer tissue. Some common breast cancer surgeries include lumpectomy, in which the tumor and a small amount of surrounding tissue is removed, and mastectomy, in which all of the breast tissue is removed.
- Chemotherapy: Chemotherapy is used to treat various types of cancer and involves the administration of special medicines to shrink or kill existing cancer cells. Breastcancer.org notes that chemotherapy is sometimes administered prior to surgery in an attempt to shrink the cancer.
 - Radiation therapy: Radia-

tion therapy aims to kill cancer cells using high-energy rays that are similar to X-rays. Sometimes referred to as "radiotherapy," radiation therapy is overseen by a radiation oncologist who specializes in this type of treatment.

- Hormonal therapy: Estrogen makes hormone-receptor-positive breast cancers grow, and hormonal therapy, which may be referred to as "anti-estrogen" therapy, aims to reduce the amount of estrogen in the body and block its action on breast cancer cells.
- Targeted therapies: These therapies, which Breastcancer.org notes are generally less likely than chemotherapy to harm normal, healthy cells, target specific characteristics of the cancer cells. Cancer cells can have many characteristics, so there are various types of targeted therapies.

Breast cancer treatments can be highly effective in the fight against breast cancer, particularly when the disease is caught in its early stages.

Life after breast cancer

The moment a person receives a breast cancer diagnosis, his or her life changes immeasurably. The roller coaster of emotions begins, and suddenly this person is thrust into a schedule of doctor's appointments, treatments and visits from friends and family.

The World Cancer Research Fund International says breast cancer is the second most common cancer in women and men and is the most frequently diagnosed cancer among women in 140 of 184 countries worldwide. Despite that prevalence, the five-year relative survival rate for women diagnosed with localized breast cancer (cancer that has not spread to the lymph nodes or outside the breast) is 98.5 percent, says the American Cancer Society. Survival odds increase as more is learned about breast cancer and more people take preventative measures, including routine screenings. Today, there are nearly three million breast cancer survivors living in the United States

Breast cancer treatments may last anywhere from six months to a year. Adjusting after treatment may not come so easily at first. But adjustments are easier with time, and many cancer survivors continue to live life to the fullest in much the same way they did prior to their diagnosis.

When treatment ends, patients often still have fears about the cancer, wondering if all of the cancerous cells have been destroyed and worrying about recurrence. But focusing on the present and all of the things you now can do with health on your side is a great way to put your fears behind you.

Many cancer survivors must still visit their doctors after treatments end. Doctors still want to monitor patients closely, so be sure to go to all follow-up appointments and discuss any symptoms or feelings you may be having. Side effects may continue long after radiation or chemotherapy has ended. Your doctor may have suggestions for coping with certain side effects or will be able to prescribe medications to offset these effects. Follow-up appointments should gradually decrease the longer you have been cancer-free.

It's not uncommon to feel differently after cancer treatment, as your body has been through quite a lot. Many women still experience fatigue, and sleep or normal rest doesn't seem to make it abate. Realize this is normal, and how long it will last differs from person to person. It can take months or years for you to experience your "new normal." Things do not happen overnight. While your hair may grow back quickly, it may take some time for you to feel like yourself again. Exercise routines or other lifestyle changes may help you overcome fatigue or make it more manageable.

Speaking with others who have survived breast cancer can help. Join a support group or reach out to others through social media. Getting a first-hand account of what can be expected the first year after treatment can assuage anxiety.

Food prep tips for breast cancer patients

Breast cancer treatment can be exhausting, resulting in fatigue that can make it hard for patients to tackle all of the tasks that come with a typical day. That includes

preparing meals, which is often the last thing a person fighting breast cancer wants to do after a day of treatment.

> But nutrition plays a vital role in beating cancer. A nutritious diet can promote strength and increase energy levels, something breast cancer patients know is not always • easy to come by. The following are a few tips to help men and women undergoing breast cancer treatment maintain a nutritious

diet throughout their treatments. Plan ahead when you're

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feeling strong. Breast cancer patients often have good days and not-so-good days during the course of their treatments. When the latter comes around, everyday tasks like cooking meals can seem as exhausting as climbing Mount Everest. So breast cancer patients can plan ahead for such days by going the extra mile on those days when their energy levels aren't compromised. Prepare meals in advance and freeze them so they require minimal effort on those days when energy levels are low.

Avoid empty calories. Empty calories like those found in a bag of potato chips won't help fight fatigue on those days when your energy levels are low. When eating, opt for foods that are rich in vitamins and nutrients but not heavy in calories. A meal that

benefit your energy levels, while a calorie-dense meal will only foster feelings of

- Opt for snacks that are high in protein. When snacking during the day, it's possible to counter any exhausting effects of breast cancer treatment by choosing high-protein snacks. Foods that are high in protein, including low-fat cottage cheese, Greek yogurt and almonds, can improve your energy levels because the body does not break protein down as easily as it does carbohydrates. So protein can be a longer-lasting energy source than snacking alternatives that are low in protein. If you aren't much of a snacker, consider a protein shake.
- Buy in bulk. When visiting the grocery store, buy items in bulk so you won't have to make as many trips there. This can help on those days when energy levels are waning. Further save energy by asking a store employee to carry your groceries IN STOCK FOR IMMEDIATE to your car. On those days when the cupboard is bare and you don't feel up to a trip to the store, call your local grocer, explain your situation and ask if it's possible to have groceries delivered.
 - Many grocers would be glad to help. Modify recipes. In addition to boosting your energy levels, protein helps heal and rebuild tissues, and you can modify recipes to include more protein and improve your energy levels. For example, add cheese to sandwiches, pasta dishes and casseroles, as dairy is a strong source of protein. When cooking, use milk instead of water when possible. Beans are another great source of protein, so add them to chili, pasta sauces or soups when cooking.

There are many ways to modify recipes to include more protein that won't compromise taste. If you're unsure of how to do so, discuss this with a physician or dietician.

Fatigue is a common side effect of cancer treatment, but there are many ways men and women undergoing breast cancer treatment can alter their diets to make their meals more nutritious, improving their energy levels as a result.



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Phantoms & Fire brings spooky fun to Old Sturbridge Village

STURBRIDGE — Phantoms & Fire brings a new twist to the Halloween season at Old Sturbridge Village (OSV), with a series of haunting outdoor performances and seasonal activities for all ages. Replacing the theatrical "Sleepy Hollow Experience," which has played at the Village since 2016, Phantoms & Fire offers guests a safe take on the Halloween season, following the restrictions set forth by COVID-19.

A cornerstone of the new event is "Nevermore," a series of six outdoor performances written and directed by P.J. Griffith, specifically for Old Sturbridge Village and partner Coggeshall Farm Museum. "Nevermore" welcomes a professional cast to the Village to bring to life the short stories and poems of author Edgar Allen Poe, told from the perspective of characters who have just witnessed these terrors occur. The stories will play out simultaneously in six different locations around the Village and tell familiar tales of horror, revenge, obsession and deception. Performances will be repeated throughout the night in pulsating rhythm - just like Poe's tell-tale, beating heart - ensuring that visitors can see and experience them all.

Younger guests will delight in a new 2020 version of Trick-or-Treat at the Village, called "Clues & Candy." Making their way throughout the commons, families can collect clues and stamps that can be turned in for a big bag of goodies at the end of their visit! Participation in "Clues & Candy" is open to all ages. Costumes are encouraged at the event, but COVID-safe facemasks must still be worn in following state and local guidelines.

Guests can enjoy live music during Phantoms & Fire with the "Mysterious Melodies of Lawrence Trailer," a haunting take on the acoustical stylings of local Singer/Songwriter Lawrence Trailer. Food and beverages will be



available for purchase during the event at the ghoulishly transformed "Prospero's Tavern." Also a feature of the evening, The Headless Horseman will ride again, making appearances throughout the Village.

Tickets for Phantoms & Fire are on sale now for \$16 per adult and \$12 for youth ages 4-17. Children under 4 are free to the Village during this event. Phantoms & Fire will take place Wednesdays through Saturdays, Oct. 21-31, with three times for arrival at 5, 6, and 6:30 p.m. Once in the Village,

guests are welcome to stay until the event concludes each night at 8:00p.m. Pre-registration is required, with tickets available at: https://www.osv.org/event/phantoms-and-fire/. Phantoms & Fire is presented by Country Bank.

Phantoms & Fire is also coming to Coggeshall Farm Museum located in Bristol, R.I. on Sunday, Oct. 25 and Sunday, Nov. 1. More details on the Coggeshall event can be found at: https://www.coggeshallfarm.org/event/phantoms-and-fire/.

Charlton Villager

ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, email news@stone-bridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

REAL ESTATE TRANSACTIONS

CHARLTON

\$410,000, 62 Prindle Hill Rd, Palkon, Tomasz, and Palkon, Jadwiga, to Stanton, Kate J, and Stanton, Christopher M.

THIRD CASE

continued from page **A1**

The letter also reiterated the previous release's details about cleaning procedures and other safety measures being taken at the school to prevent the spread or risk of infection from the COVID-19 virus including sanitization and cleaning practices. As always, any parents or community members with concerns are invited to contact Brenner directly at KBrenner@baypath.net.

Free

Open Sky Community Services elects two new members to Board of Directors

WORCESTER — Open Sky Community Services has announced the election of Charisse Murphy and Paul Schasel to its Board of Directors. The Worcester-based nonprofit provides services throughout Central Massachusetts to adults, adolescents and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other complex challenges.

"In joining the Open Sky Board of Directors, Charisse and Paul not only bring extensive knowledge and expertise, but also a deep commitment and interest in fulfilling the agency's mission and goals," said Ken Bates, President and CEO of Open Sky Community Services. "We are looking forward to working together in shaping the impact of Open Sky's services in Central Massachusetts."

Murphy, a Boston native, has her Bachelor's Degree in Psychology and Criminal Justice from the University of New Haven and a Master's Degree in Human Service and Leadership from Northeastern University. Murphy has over 18 years experience in the nonprofit sector and is currently the Director of Leadership Giving at Worcester State

University. She is also the founder of EmPOWER ME!, a support program for girls in grades 5-12. Murphy's program allows girls to develop skills to enhance their leadership capabilities, and provides a curriculum that empowers future female leaders to access opportunities. Murphy has also held several roles in other local nonprofit organizations including You, Inc., where she was the Director of the DYS (Department of Youth Services) Community Support Program and its Director of Development.

Schasel received his Bachelor's Degree in Finance from St. Bonaventure University and a Master's in Business Administration Degree from Bryant University. He is currently the Director of Fiscal Affairs for the Roman Catholic Diocese of Worcester, where he oversees all financial functions. Schasel also held a variety of positions during his 22 year career with Partners HealthCare, a Boston-based non-profit health system founded by Brigham and Women's Hospital and the Massachusetts General Hospital, including Accounting Manager, Private Equity Portfolio Director and Corporate Director of Treasury & Investment Operations.

For more information about Open

Sky Community Services, please contact Lorie Martiska, lorie.martiska@openskycs.org

About Open Sky Community Services Open Sky Community Services is dba for Alternatives Unlimited, Inc and The Bridge of Central MA. Open Sky offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, sub-

stance use disorders, brain iniury, homelessness and other challenges through-Central out Massachusetts. Open Sky Community Services has over dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information. please visit www. openskycs.org.

Poetry Reading By 6 Regional Poets Roseland Park Sunday, Oct. 25th • 2-4pm Featuring National Beat Poet Laureate Paul Richmond, Montreal International Poetry Contest finalist Karen Warinsky and four other top regional poets Sponsored by Sharpe Hill Winery Ages 14 & up. To reserve seats call (860)-942-6664 or email Mrs. Warinsky at karen.warinsky@gmail.com

Veteran's Service Officer (VSO)

The Town of Holland seeks a qualified applicant for the part-time position of Veteran's Service Officer.

Requirements: Demonstrated understanding of basic financial administration and organization practices. Must be a Veteran pursuant to M. G. L. c 4 § 7. A valid motor vehicle operator's license is required. Annual P/T Salary range is \$4,215, hours and days TBD.

Resumes will be reviewed by the Select Board. The position will remain open until filled.

Please submit a cover letter of interest and resume to Janine Drake, c/o: The Holland Select Board, 27 Sturbridge Road, Holland, MA 01521 or by email: townadmin@hollandma.org

AA/EOE.

Historical Society hosts successful fundraiser

AUBURN — The Auburn Historical Society and Museum had a successful take out spaghetti supper fundraiser on Saturday, Oct. 3 at the Pakachoag Church. Diners were able to not only get a full dinner, they could also partake in the basket and 50/50 drawings.

This fundraiser was made possible by Auburn Historical Society members, who worked diligently to ensure the fundrais-

CALENDAR

continued from page A1

families could at least plan for the rest of 2020. There was also a question about snow days and whether or not those could be transitioned into online learning. Superintendent Lamarche said he couldn't answer that question for sure.

"We're still working on it. There was no affirmation of what's allowed, but we'll still work on that. If we're a well-oiled remote machine obviously we will do that. Today there were several districts that were out for power issues and they did not count attendance for school today in our state. So, I'm not sure how they're dealing with it. I'm paying attention – It's something we're still following," said Lamarche.

The most recent calendars for the 2020-2021 school year can be found on the Dudley-Charlton Regional School District Web site.

er went off without a hitch, and our sponsors, who were generous in their offerings for the basket drawing. Please thank the following AAA Northeast, AMF Bowling Auburn, Bells Lawn & Garden, Colonial Liquors, Farmer's Daughter, Little Diggers Construction, Major League Roast Beef, Midstate

Auto, Monde Hair Salon, Ninety Nine Restaurant, Price Chopper, Ronnie's Auburn, Shaw's Market, The Coffee Mug, and Weepin Willies, when next you do business with them, for supporting the Auburn Historical Society and the preservation of Auburn town history.

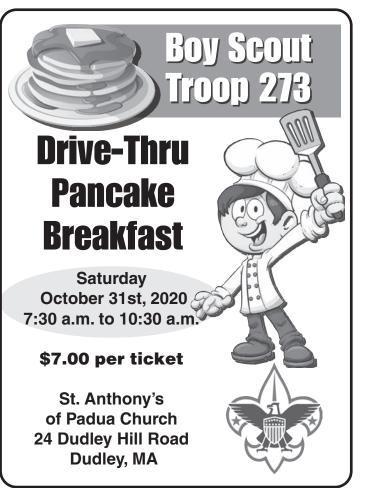
OUTREACH COORDINATOR

The Town of Holland seeks a qualified applicant for the part-time position of Community Outreach Coordinator for the Council on Aging.

Requirements of 3-5 years progressively responsible professional experience in geriatrics and human services or equivalent combination of education and experience. Elderly resources and experience working with elderly preferred. A Massachusetts Driver's License and own vehicle is required. Salary range is \$14,856, hours and days TBD. Resumes will be reviewed by the Outreach Coordinator Search Committee as submitted and the position will remain open until filled.

Please submit a cover letter of interest and resume to Janine Drake, c/o: The Holland Select Board, 27 Sturbridge Road, Holland, MA 01521 or by email: townadmin@hollandma.org

AA/EOE.



Old Sturbridge Village receives new addition to bistorical collection

STURBRIDGE Sturbridge Village (OSV) has acquired a cherry and white pine chest of drawers attributed to cabinetmaker Nathan Lumbard. This piece of history was donated by James Ciaschini, a furniture restorer and woodworker based in Agawam, Massachusetts who purchased the chest at auction in 2014.

Nathan Lumbard (1777-1847) was a cabinetmaker who worked in Sutton, Massachusetts. but was trained in Sturbridge. He is arguably most well-known as a master of inlay, which he used to embellish much of his furniture. The four-drawer chest represents the plainest version of Lumbard's chest forms. The



CLUES ACROSS

- 1. Lunar crater
- 7. Upstate NY airport (abbr.)
- 10. Fruit 12. Seventh avatar of Vishnu
- 13. Organism that grows without air
- 14. Heals
- 15. A book has one
- 16. Open 17. Twitch
- 18. Plant of the mint family
- 19. Soon
- 21. Witch
- 27. Killer clown film

- 48. Best pitchers 49. Benign tumors 50. Danish krone

28. Keeps us occupied

33. Influential lawyer

36. Insecticide

37. Swiss river

38. Actress Lucy

39. Unit of g-force

40. Can repel attackers

44. Cut into small pieces

41. Essential oil used as perfume

45. Mexican agricultural worker

34. Formation of concepts

- 22. Long, mournful complaint
- 51. Looms above

CLUES DOWN

- 1. Make a map of Cain and
- 3. Dried-up 4. Corporate exec (abbr.)
- 5. Trading floor hand gesture
- 6. Strongly alkaline solution 7. Yemen capital
- 8. Military leader (abbr.) 9. Maintains possession of
- 10. Afternoon show
- ll. Imaginary being
- 12. Rearrange 14. Holy person or sage
- 18. Backbone 20. Brooklyn hoopster
- 23. Intervened
- 24. Extremely angry

SOLUTION

Ш

- 25. Indicates position
- 26. Chinese surname
- 29. Potato state
- 30. When you think you'll get there 31. Falls
- 32. Bullfighters
- 35. Born of 36. Small fishes
- 38. "Father of chemical warfare"
- 40. Waste matter
- Skin disease
- 42. Scandinavian mythological god

D K B

- and haws
- 44. Villain
- 45. Tell on 46. Difficulty
- 47. Not old

T O W E

D E N \forall 3 0 0 B A N C 3 Н а 3 a U 3 D A M ∀Н Э T a a \forall I | T | A | 3 | 0 | A T A 3 A M E T N a A I M 3 B Э A O N СН В 3 ∃ M A N Ν OBE M \forall Я 3 8 л | п | м Я Я С О S S

chest has four graduated and thumb molded drawers and rests on a molded base with bracket feet. The two-board top has chevron-inlaid edges, and a strip of quarter-round beading at the back. This strip is a feature found on all of the chests known to have been made by Lumbard.

Brock Jobe, co-author of "Crafting Excellence: The Furniture of Nathan Lumbard and His Circle" (2018) feels that the chest can be attributed with considerable certainty to Lumbard. While not depicted in Crafting Excellence, the chest is referenced as one of only three known straightfront chests made by Lumbard.

Jobe, who chairs the Collections Committee and serves on the Board of Trustees for Old Sturbridge Village, said this of the newest addition: "I'm thrilled to see this chest of drawers enter the Old Sturbridge Village collection. Its maker, Nathan Lumbard, probably learned his trade from Oliver Wight of Sturbridge and may well have built the chest in the cabinet shop that once stood behind the Village's Oliver Wight House.'

'Plain pieces of furniture, like this one, were made in large numbers but are rarely



documented. To link this one to Lumbard elevates it above many of its counterparts," said Caitlin Avenia, Curatorial Director.

"The Old Sturbridge Village Museum Collection already contains three pieces produced by Lumbard: a drop-leaf table, a tilt-top stand and a bow front chest of drawers. This acquisition further strengthens the Village's collection of

documented Worcester County furniture, and its collection of pieces made by rural cabinetmakers," said Caitlin, Director of Curation

"We are extremely grateful to Mr. Ciaschini, for his generous donation and we welcome this fine piece of history to our ever growing collection of over 40,000 artifacts," said Jim Donahue, President and CEO.

Is there greatness in you?

SOUTHBRIDGE — On Saturday, Oct. 17 from 9 a.m. to 3 p.m., the Quinebaug Masonic Lodge located at 339 Ashland Ave., Southbridge will be hosting an open house. All lodges located throughout Massachusetts will also be hosting an open house.

Quinebaug Masonic Lodge was chartered in 1859, and has been around for an astounding 162 years. The Lodge is thriving due to the strong bond of Freemasonry and family-oriented men in this community.

If you like history and tradition, come down and visit the lodge. During this open house period you will be able to see the mysterious lodge meeting room along with ancient symbols. Additionally, our walls of photos represent previous lodge Past Masters, dating back over 100 years. We will give you a tour and explain what Freemasonry is to men and their families in our community.

In its 162 years Quinebaug Masonic Lodge of Freemasons has continued to make good men better. One of our famous founding fathers, Benjamin Franklin, once said "Is there greatness in you?" Ask this question to yourself and if so, become a Master Mason. Go to AskaFreemason.org to see and listen to Benjamin Franklin speak and, to find a local Masonic Lodge near you.

STUDENTS

continued from page A1

Vernon, CT and a Hospice Aide for Seasons Hospice Palliative Care Bloomfield, CT. She holds a Diploma in Business Management from Kumasi Polytechnic and a Diploma in Accounting from Konongo Odumase, Konongo, Ghana. Laforest is a PCA 2 at the UMass Memorial Medical Center in Worcester. She holds an Associate degree in Science, major in criminal justice graduating with honors from Quinsigamond Community College. She also holds a Certificate in Law Enforcement. Both Boateng and Laforest have a valid Health Care Provider/ Basic Life Support Provider CPR and are Dementia Care Certified.

Boateng and Laforest will bring student issues up, participate in governance, and focus on not just current students but may include alumni and possibly incoming students in conversations and activities.

"One of the goals in this role is to continue to advocate for governance, to increase awareness of student's role in governance," said Gretheline Bolandrina MSN, Ed, RN, CRRN Academy Director.

The student representatives will work together towards feedback on topics in the PNFO agenda. "The topics that go into the agenda

are ones that resonate with the student body, these are very unifying topics, and are all in congruence with regulatory and accreditation requirements for BORN (Board of Registration in Nursing), COE (Council on Occupational Education), and ACEN (Accreditation Commission for Education in Nursing)" Bolandrina

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· Charlton Federated Church, 64 Main St. 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org

• Charlton Baptist Church, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 8:30 a.m. and 11 a.m.

• Charlton City United Methodist, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org Sunday worship and Children's church 10am • St. Joseph's Church, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday,

Thursday, Friday 8:30 a.m. • Hope Christian Fellowship, 6 Haggerty Road, 248-5144

• Assemblies of God Southern New England District Headquarters, Route 20, 248-3771 snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.

• Lamblight Christian Church, 37 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Rev. Stephen Wade, (774) 452-2393 Pastor's Cell. Sunday Service 10:30am. www. visitlamblight.com

 New Life Fellowship A/G, SNED Chapel, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

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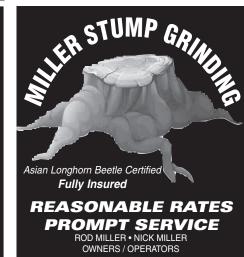


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PRESIDENT/PUBLISHER

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Body language never lies

Mark Twain once wrote, "If you tell the truth, you don't have to remember anything.

There has been a great deal of chatter in town about transparency in national politics. While we like to focus on the facts, it's been clear that as of late, facts are hard to decipher in the current cli-Misinformation runs rampant and several individuals stated that they just don't know what to believe anymore. This led us to discussions regarding the FBI and how law enforcement personnel can spot tells, if someone is being untruthful.

According to body language experts, there are tells to let you know if a person is being dishonest. There are exceptions to the rule of course, but this tidbit of knowledge may come in handy or may serve as a bit of fun the next time you're in a group setting.

Facial expressions, verbal cues and body language are said to give away a person who is fibbing. Experts say that these cues are due to chemical and physical reactions or nervousness

If you are trying to decipher whether or not a person is fibbing, it helps to know how they act under normal circumstances. This way, you can determine if any responses are simply idiosyncrasies or tells.

The eyes say everything. Look for incessant blinking. Normally a person will blink up to six times every 60 seconds. If an individual is lying, they might blink five or six times very quickly. Further, pay close attention to how long a person closes their eyes mid conversation. If someone has closed their eyes for up to two seconds, they could be lying to you.

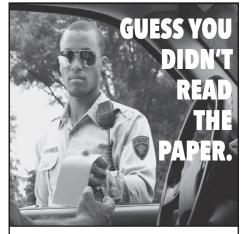
At some point, we've heard the notion that a person is lying if they look up and to the right, however this depends on whether or not the person is right or left handed. If a right handed person looks up and to the left, they are searching their memories and likely are being truthful. If they look up and to the right, they are searching their imagination, and preparing to create an answer. Keep in mind that some people could look straight ahead when trying to recall a memory.

FBI experts say that if you ask a person about something they have heard, their eyes will move towards the left ear. If eyes shift to the right, a lie could be coming. Eyes will move down and to the left if the memory is about one of the five senses. Again, eyes will move down and to the right if a person is about to lie. You can also tell if a smile is genuine if wrinkles form by the eyes.

Lying could cause a person's face to itch. Watch to see whether or not a person is scratching their face while in conversation. Mouths tend to become dry when a person is lying as well. Lips that are pinched and colorless could also give away a person's mistruths.

A person may begin to sweat as well or blush. Blushing is the result of the release of adrenaline.

If someone is being truthful with you, they will typically shake their head in unison and in agreement with what they are telling you. However, the opposite is also true. If a person is shaking their head in disagreement with what they are saying, likely you are being lied to.



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The death of civility

I always marveled when watching film clips of British Parliament as they would shout, boo, and speak over any person at the podium they disagreed with. I always thought it was rude and was certain we'd never act that way in the USA. Boy ... was I wrong!

The level of civility we enjoyed in our past has been shattered, and I'm afraid may never return.

How'd we get here? One side will always blame the other, but don't jump too quick. The left squarely blames President Trump, but it began devel-

oping long before him. Think back to President Bill Clinton and the Monica Lewinsky scandal. The GOP House decided to impeach President Clinton, knowing they could not get the Senate to agree. They proceeded anyway (much like the Trump impeachment) to score political points and to embarrass the President.

When George W Bush was elected, the left didn't forget and took revenge. Through surrogates, President Bush was labeled stupid, uneducated, incompetent, and worse. The vitriol was shocking. Fast forward to the election of President Obama. The anger among politicians and the nation turns up a few notches, and the temperature of the debate rises. Contrary to some who claim otherwise, I don't believe it was racially motivated, but instead a widening separation of ideology. The politicians were slowly moving away from the use of surrogates, and the name calling became personal and direct.

Next, we elected a businessman who promised to "drain the swamp" (it is a swamp), and it has now not only become fashionable to call each other names on Capital Hill and the media ... it's become acceptable ... it's encouraged. It's a disgusting mess.

Adults on both sides acting like spoiled children.

Of course it's wrong, and both sides know it. They can't stop pointing their finger at the other side long enough to acknowledge the problem and join to fix it.

We reap what we sow.

What are we teaching our children through this example of name-calling hyperbole? We are already seeing the fruits of our lack of civility play out in the streets and on the news. Brickthrowing, neighborhood-burning, looting, extreme violence, and murder are a few of the products of the example set on both sides of the aisle. It's becoming acceptable to do anything to anyone you may disagree with.

For partisan reasons, a few will disagree, but I point to President Ronald Reagan as the "gold standard" of civility and eloquence. Forget your political ideology and focus only on the civility of his rhetoric. Where is our next Politician of civility? Will there ever be another?

Positively

SPEAKING GARY W. MOORE

A few weeks ago, I said optimistic people do not act this way, and it's true. When you believe something better is possible, your mind and body conspire together to make the optimistic vision you see, a reality.

Want to positively impact the future of our nation and world? Raise a generation of optimistic children. Want to bring back civility to our nation? Nurture a positive and optimistic attitude in the classroom.

Last year, I spent time substitute teaching to help a local school district. I encountered a sense of helplessness and pessimism in most students. I experienced firsthand the vulgar language and name-calling that will follow them into adulthood if something doesn't change within our educational system and in our homes.

I don't think civility is dying in our country, it's being killed.

What should we do? We need to "The American Institute for Positivity and Optimism in Education." In this center there would be an effort to educate parents on the long-lasting and positive impact of optimism in their lives and lives of their children. This center would also educate teachers on how to instill optimism into their students' lives.

We also must move our higher education institutions back the center where students can hear competing voices and make choices for themselves. As of now, most of our colleges and universities have become centers of indoctrination where only one side is heard. Differing thought is not tolerated. There can't be civility without inclusion and acceptance of others and their differing pints of view.

I'm out of space for today's column, but you certainly get the picture.

I choose to continue to fight for and preach the benefits of living an optimis-

Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garyw-

Avoid financial mistakes during retirement

When you retire, you've learned a lot about all sorts of things, helping you avoid some of the mistakes you made earlier in life. However, you may still be susceptible to financial missteps specifically related to your retirement years. How can you dodge these errors?

Consider these suggestions: Manage your with-

drawal rate careful-



FINANCIAL Focus

IEFF BURDICK ly. You will likely need to tap into your retirement accounts - your IRA and 401(k) or similar employer-sponsored plan. But you should establish an annual withdrawal rate that's appropriate for your situation. By withdrawing too much each year, especially in the early

years of your retirement, you risk outliving your resources. You may want to consult with a financial professional to determine the withdrawal amount that's right for you. (Keep in mind, though, that once you turn 72, you will be required to take out at least a certain amount each year - based on your age and account balance - from your traditional IRA and 401(k) or similar plan.)

Don't underestimate health care costs. Once you turn 65, you will be eligible for Medicare, but you may still need a Medicare supplement plan and will probably also incur other expenses. In fact, a healthy 65-year-old couple who retired in 2019 will need nearly \$390,000 over their remaining years just to pay for health care, according to HealthView Services, which produces health-care cost projection software. Other estimates show different amounts, but they all amount to hundreds of thousands of dollars. So, when calculating your expenses during your retirement years, reserve a big space for health care.

Don't take Social Security too early. You can start receiving monthly Social Security checks when you reach age 62, but your payments will generally be significantly larger if you wait until your "full" retirement age, which will probably be between 66 and 67. (The size of your payments will "max out" at age 70.) Of course, if you need the money at 62, you may have to take it, but if you believe you have longevity working in your favor, and you can afford to wait, you may be better off by delaying Social Security as long as possible.)

Don't invest too conservatively. Once you're retired, you might think that vou should take as few chances as possible with your investments – after all, you simply have less time for them to bounce back from a downturn than you did during your working years. Nonetheless, it's important to own a reasonable percentage of growth-oriented investments to help keep you ahead of inflation. Even at a low rate, which we've experience recently, inflation can erode your purchasing power over time.

Don't be more generous than you can afford. If you have grown children who need financial help, or grandchildren heading to college someday, you'd no doubt like to do whatever you can to provide assistance. However, the hard truth is they simply have more time than you do to find workable financial solutions, whereas if you deplete your funds through your generosity, you could put yourself in a precarious position. So, be as giving as you can afford – but don't go beyond that. By preserving your financial independence, you'll end up benefiting your family, as well.

Retirement can be a wonderful time of your life – and you may enjoy it more by doing what you can to avoid costly financial mistakes.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

Tips to Scent Your Home this Season

Scents are powerful just a small whiff of certain smells can fuel emotions. From altering moods and sparking memories to creating calm and promoting focus, fragrance can be profoundly influential in our everyday lives.

Autumn in New England offers an abundance of native sights and scents that can be captured as everlasting fragrance for the home. This week's column will spotlight a few simple recipes to bring the spectacular fragrance of the season indoors for months to come.

New England Potpourri Mix

This all natural autumn potpourri mix will bring you back to a walk along winding New England roads. A few drops of essential oil may be added to boost the scent as the mixture ages.

Ingredients: Dried slices of two Red or Golden Delicious apples (or other hardy New England variety); dried slices of one orange; eight cinnamon sticks; one tablespoon nutmegs; three tablespoons whole cloves; 2 Whole nutmegs; Filler: acorns, dried leaves, bark pieces, pine-

Directions: Break up (or smash) the cinnamon sticks and some of the whole cloves to release fragrance. Mix together all ingredients, gently folding in apple and orange slices last. Place in an open bowl or pack in a clear glass jar for gift giving or later use.

Pie Spice Sachets

The sweet scent of freshly baked apple and pumpkin pies can be resurrected every time you reconstitute these essence filled sachets. Best of all, these can be used to scent the air and to spice



up cider!

Ingredients: 2 tablespoons pumpkin pie spice; 4 teaspoons ground cinnamon; 2 teaspoons nutmeg; 2 tablespoons applesauce Mix the applesauce

and spices together in a bowl. Dough will be very

stiff. Pinch off small pieces of dough and roll into balls. Press down to form discs, about an inch or so. Bake in a 275 degree oven for about two hours or until fully dry and firm. Allow to cool and harden.

To use for simmering potpourri: Drop one disc into a couple of inches of simmering water.

To use as spice sachet: Drop into container of simmering cider.

Autumn Wax Tarts (Recycled candles)

Making fragrance tarts is easy (and free) if you've collected all your autumn fragranced candle ends throughout the

Ingredients: Leftover candle wax; foil cupcake wrappers.

Directions: Carefully melt leftover candle bits in a double boiler or use the warming tray of a drip coffee maker. Remove wicks and black bits from melted wax. Line a cupcake pan with aluminum foil cupcake wrappers. Pour about an inch of wax into each aluminum wrapper. Allow to cool, then remove wrapper from tin and peel off tart.

Prize Winner:

Congratulations to Claire Horvath of Sturbridge, whose name was drawn



What's On Your Mind? We'd Like to Know. Email us your

thoughts to: News@ stonebridgepress. news

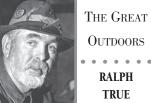
Turn To TRAINOR page A12

It's time for tautog

It is the season for catching tautog. This week's photo of my nephew with a 16 pound tautog caught last week in Massachusetts waters was indeed a whopper! This writer, along with a few local boys, fished Rhode Island waters

again last week, and caught some more seabass and a few tautog. The largest tautog was in the six pound bracket, but my buddy and I both lost a monster fish. They broke 50 pound test line! Unfortunately, tautog need to be brought off of the bottom as quickly as possible, or they will run your line through the rocks fraying and ultimately breaking the line. Tautog fishing will only get better in the coming days and weeks, and will last well past Thanksgiving, if you can handle the cold weather.

Pheasant season opened in Massachusetts this past Thursday, with a good amount of birds being stocked in open covers throughout the state. This year, local clubs that raise chicks for the state were able to raise them again even through the pandemic. Mant bird hunters were afraid there would be less birds this year, but the state came through with a good amount of birds to stock. The Worcester County Jail inmates also raised a good amount of birds this year for Mass.



of inadequate cover and encroachment of houses along property lines. Archery deer season opens on Oct. 5 through Nov. 28 in zones 10-14. Archery season opens in Massachusetts in Zones 1-9 on Oct. 19-Nov. 28. The Valley has a high population of deer this year, and the bountiful acorn drop is sure to help

Fish & Wildlife. The

Larkin Memorial site

dropped by the state

this year due to poor

cover. Numerous other

sites were dropped from

the stocking list because

in Northbridge

Local anglers are catching some impressive largemouth bass in local waters. Live bait like shiners are the number one choice of local fishermen. Trout fishing is also picking up at recently stocked waters. There is sure plenty to do if you enjoy the Great

in keeping a healthy well-fed deer herd.

This year, deer hunters do not need to bring their harvested deer to a check station during all three seasons, because of the Covid outbreak. You still need to register them online!

There is a lot of talk about opening up the Westhill Dam area that is frequented by a few thousand people annually. The access road to Harrington's Pool is limited because of the closing of the main road after a surveyed property



Photo Courtesy

This week's picture shows Capt. Mel True of FishNet Charters with a monster 13 pound

line revealed that the town does not own a small section of the road. Recent talks with the Town manager and some available monies could lead to a section of road around the closed property being built soon. Contacting your local and state politicians could help in get-

ting the monies approved. It is an election year, and it would be nice if they worked to get the job done!

Take A Kid Fishing & Keep Them rods

Homegrown garnishes add flavor, nutrition and eye appeal to meals

Make your meals just a bit more special with homegrown garnishes. You invest time and money growing, purchasing, and preparing quality ingredients. But do not stop there. Add a nutritional and decorative flair as you plate your meal by add-

ing a garnish of homegrown herbs. Parsley is a traditional garnish that is usually left behind on the plate. But the dark green leaves should not be ignored. This herb is high in Vitamin C and A, has cancer and inflammatory disease fighting qualities, and promotes heart health. A perfect fit for your healthful eating goals. Although the curly varieties add texture to your plantings and plate, you and your guests may find the milder flavor of the flat leafed variety more palatable. All this and it helps freshen your breath too.

A sprig of mint looks good next to or on top of most desserts. Its cool

GARDEN Moments MELINDA **MYERS**

flavor will help settle your stomach - an asset when we overindulge. Like parsley, it is high in Vitamin C and A and helps in the fight against cancer and inflammatory diseases. In addition, it relieves breathing problems.

And the best part; both are easy to grow right in your kitchen window. Start by purchasing healthy plants from your local garden center or the produce section of your grocery store.

Plant them in separate containers or together with other herbs in a larger pot. Either way, make sure the container has drainage holes and a saucer to protect the windowsill or furniture it sits upon. Gently loosen any tangled or girdling roots before planting your herbs in a well-drained quality potting mix. Plant them at the same depth they were growing in their original pots.

Grow these and other herbs in a

sunny window. Add a grow light to boost productivity or grow your garden in lower light locations. New LED plant lights are now more affordable and use less energy. Water the soil thoroughly after planting and whenever it is slightly dry. Be sure to pour off any excess water that collects in the saucer to avoid root rot. Another option is to add pebbles to the saucer, elevating the container above any excess water that remains.

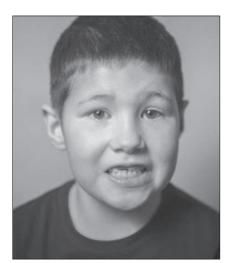
Use kitchen shears or pruners to harvest the herbs. Cut mint just above a set of leaves and parsley at the base of the stem. Trim the sprigs as needed to dress up your holiday meals.

Your guests will be thrilled and more likely to take a bite of these healthful garnishes when they discover you grew

Gardening expert Melinda Myers has 30 years of horticulture experience and written over 20 gardening books, including Small Space Gardening. Myers is the host of The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.melindamyers.com.

PLACE MOTORS IS PROUD TO SPONSOR

* * Friday's Child * * *



Elijah Age 9

Hi! My name is Elijah and I am always ready to have some

Elijah is a fun loving and happy boy of Caucasian descent. Elijah is very polite and friendly towards others. He is great at making friends and making others laugh. At times, Elijah is very energetic and enjoys being active. He likes playing outdoors, building with Legos, and doing arts and crafts. Elijah's favorite activities are ones done outside like camping, fishing, hiking, and biking.

Freed for adoption, Elijah would do well in any family constellation

with or without other children in the home. Elijah would like his new family to help him maintain contact with his older brother who is already adopted. Elijah is looking forward to having fun in his new fam-

Who Can Adopt?

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The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www. mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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Cornerstone Bank promotes Heather E. Dumais to VP, Commercial Lender

WORCESTER — Cornerstone Bank is pleased to announce the recent promotion of Heather E. Dumais from AVP, Commercial Lender to VP, Commercial Lender. Heather has been in the banking industry for over 30 years. She has spent 12 years as a commercial loan officer, five of which have been at Cornerstone Bank.

Heather specializes in working with small business customers and providing guidance through the SBA loan process. She is passionate about finding the right solutions to fit her clients' financial needs and cares about the success of their businesses.

Heather graduated from Boston University with a BA in Economics.

She is an active member of our local community, serving on the Board of Directors for RCAP Solutions in Worcester. In her spare time, Heather enjoys golfing and traveling.

"Heather is a valued member of the Commercial Lending team," said Cornerstone Bank President & Treasurer Todd M. Tallman. "She provides unparalleled service to her small business clients, and we look forward to her growth and success as VP, Commercial Lender.'

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving the residents, businesses, and communities throughout Central

Massachusetts from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster, and Worcester, along with a Loan Center in Westborough. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook, or call 800-939-9103.



Heather Dumais

Small businesses can benefit from QCC's new fall workshops

 $W\ O\ R\ C\ E\ S\ T\ E\ R$ Quinsigamond Community College is working to help small businesses pivot and thrive in today's COVID-19 pandemic, by offering vital business workshops to area companies. Under the Small Business Direct Access Grant program, the workshops are free to most businesses with less than 100 employees through the state's Workforce Training Fund. The Workforce Training Fund provides resources to Massachusetts employers to train current and newly hired employees.

QCC was awarded a \$143,000 Direct Access Grant from the Workforce Training Fund in 2019, enabling the College to become an approved training provider for these types of workshops.

"We are witnessing many businesses that are trying to redefine their place in this changing landscape, and have tailored our workshops to these new modalities in business. Our global marketplace has shifted drastically since the pandemic and it is imperative our small businesses adapt to remain successful," said Dean of the Center for Workforce Development Continuing Education,

Kathleen Manning.

QCC's new fall workshops include sessions on how to manage in a virtual marketplace; successfully managing change; employee accountability; time management, in addition to business essentials and communication workshops.

"All our workshops will be delivered remotely using Zoom video conferencing and the first sessions are beginning in mid-October," Manning said.

To see a complete list of fall workshops, visit www.QCC.edu/corporate-training

To learn more about eligibility requirements, and how to take advantage of these workshops, contact Business Development Specialists Christine McNally, cmcnally@qcc.mass.edu or Eileen Morgan, emorgan@qcc.mass.edu.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc. mass.edu

LEGALS

TOWN OF BRIMFIELD PUBLIC HEARING

The Brimfield Board of Selectmen will hold a public hearing on the following pole and wire locations petition filed by National Grid on Monday, November 9th at 6:45 p.m. for the following:

Massachusetts Electric Company d/b/a National Grid requests permission to locate poles, wires, and fixtures, including the necessary sustaining and protecting fixtures, along and across the following public way:

Prospect Hill Road: #30125463

Reason: Prospect Hill Rd. - National Grid to install (1) SO Pole #15-1 on Prospect Hill Rd. beginning at a point approximately 1775 feet north of the centerline of the intersection of Palmer State Rd.

Persons with an interest in this public hearing are asked to appear at the Brimfield Town Hall, 21 Main Street, Brimfield, MA on the date and time affixed to this notice.

Carol L. Camerota Assistant to the Board of Selectmen Town of Brimfield October 16, 2020

TOWN OF STURBRIDGE PUBLIC NOTICE Snow Plowing Equipment

The Town of Sturbridge, Department of Public Works is accepting bids for "Snow Plowing Equipment for the 2020-2021" winter season.

Bids will be received by the Town Administrator, Town Hall, 308 Main St., Sturbridge, MA 01566 until 11:00am on Thursday, October 29, 2020 at which time bids will be opened. Bid packages may be obtained at the Sturbridge Highway Department, New Boston Rd., Ext., Mon-Fri, 7:00am-3:00pm. *Snow plow drivers that are not owner operators with be required to have workers compensation insurance.

The Town reserves the right to reject any or all bids in the best interest of the Town.

Butch Jackson DPW Director October 16, 2020 October 23, 2020

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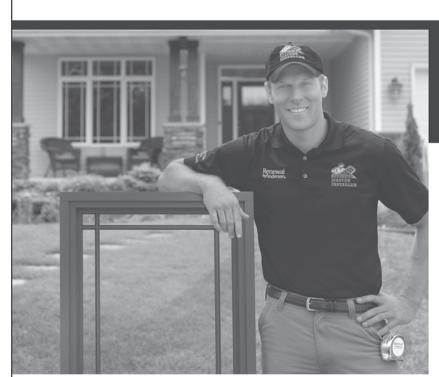
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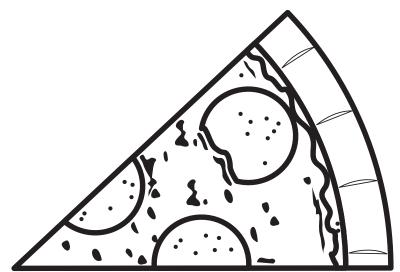


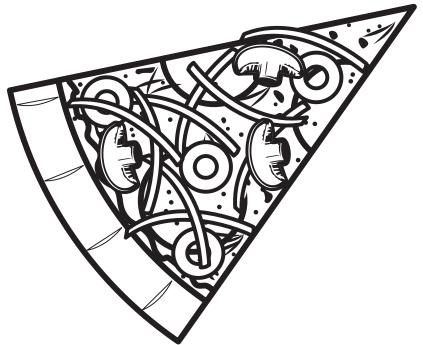
THE WORD "PIZZA" MEANS THIS IN ITALIAN.

YNSMEK: PIE

Creative Coloring

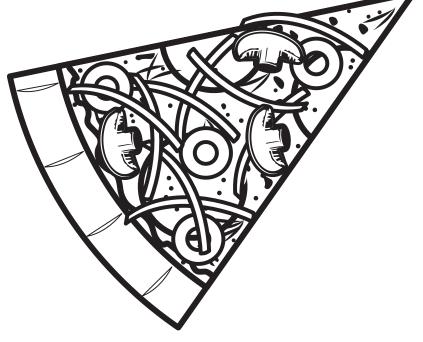
Celebrate delicious pizza. Color in this picture to create your own masterpiece.







- 1859: ABOLITIONIST JOHN BROWN AND HIS MEN CAPTURE THE U.S. ARSENAL AT HARPER'S FERRY, PUSHING THE COUNTRY CLOSER TO CIVIL WAR.
- **1962**: THE CUBAN MISSILE CRISIS BEGINS.
- 1978: JOHN PAUL II BECOMES THE FIRST NON-ITALIAN POPE SINCE 1523.





CRUST

the tough outer part of bread



GLISH: Tomato

SPANISH: Tomate

ITALIAN: Pomodoro

FRENCH: Tomate

GERMAN: Tomate



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the bigger picture is?

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Make the move!



TRAINOR

continued from page A6

for the Publick House Dinner for Two!

She sent in the following timely recipe that uses leftover Halloween candv:

With Halloween soon coming, chop up a few peeled and cored apples and place in a baking dish. Chop up a few leftover Snicker candy bars and cover apples. Bake at 350 for 15 minutes. Serve with real whipped cream.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers

out there to share your

best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the *Hint!*, *C/o the Southbridge* Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



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CHARLTON - 64 Bond Rd! Gorgeous 2,800' 8 Rm, 3 Bdrm, 2.5 Bath Contemporary CHARLTON — 64 Bond Rdl Gorgeous 2,800° 8 Rm, 3 Bdrm, 2.5 Bath Contemporary Ranch set on a Professionally Landscaped 1.49 Acres w/Natural Stone Walls! Quality Craftsmanship Throughout! Featuring a Spacious Granite Kitchen w/Cherry Cabinets & Hrdwd Flrs! Formal Dining Rml Spacious Frple Family Rm w/ Cathedral Ceilings, Built-in Bookcases, an Open Flr Plan for All Your Entertaining Needs! Capacious Master Bdrn Suite w/Master Bath & Huge Office! Mostly Finished Walk-out Lower Level Featuring a Large Exercise Rm, Bar Area, Plenty of Storage & 3rd Garage! Unfinished Bonus Rm Over the 2 Car Attached Garage! Private Back Yard for Entertaining w/Multi Level Decks and New Patio! Listed by Another, SOLD by C21 Lake Realty! \$535,000.00



Located! 3 Bdrms & 1.5 Baths! New Granite Kit w/SS Appliances, Siding, Gutters, Windows, Ext Doors, Oil Tank, 1/2 Bath, Plumbing, Electrical, Lighting! Oak Hrdwds! Recent Steam Boiler & Roof! Enclosed Porch! Deck! Garage w/Opener! Private Back



DOUGLAS – 102 SE Main St! Start Packing! Spacious 9 Rm Colonial! 2.23 Acres! Center Island Granite Kit wSoft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! History Wood Floors throughout the Kit, Din & Liv Rms, all wRecessed Lighting! 1st Fir Office or Possible 4th Bdrm w/Oak Hrdwd Fir! Full Bath in the Hall! 2nd







HOLDEN — 315 Holden St! 6 Rm Ranch! Meticulously Maintained! 2 Spacious Bdrms, Full Tiled Bath & 1 Car Garage! Move In Ready! Granite Oak Cabinet Kit w/Tiled Back Splash & JennAir Stove! Frple Liv Rm! Fam Rm! Gleaming Hrdwds! Perfect Yard w/Major Landscaping this Year! New Roof 2019! \$344,900.00





WEBSTER LAKE WATERFRONT - 3 Lakeview Rd! Middle Pond - Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo - Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, $Breakfast\ Bar, SS\ Appliances, Tile\ Flr\ \&\ Recessed\ Lighting!\ Liv\ Rm\ w/Hrdwd\ Flr, 6x14\ Lake\ Facing\ Picture$ Window & Stone Frole! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! \$579,900.00



GRAFTON - 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3Acres! Refinished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm w/Pellet Stovel Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V is heal! Best About Parks 1 Store 1 in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**











WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$949,900.00













WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00

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WEBSTER - 52 CUDWORTH ROAD



1.99 ACRE INDUSTRIAL ZONED LOT! GREAT OPPORTUNITY TO LIVE & WORK FROM HOME! Amazing 1790 Antique Co-Ionial! Undergone major updates & renovations, maintaining Antique Charm! Great Room graced by an Open Hearth Stone Fireplace! Soaring Cathedral Ceilings! \$499.900.

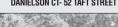
June Cazeault * Laurie Sullivan * Matthew Ross * Lori Johnson-Chausse * William Gilmore II * Brian Bohenko



Implicative Galitude Coulding 2, 93 Sr. y 5, 97 / 2 Bails, Wall ruse Massi of Model Stuller Private Meter Stade I daily withinipool to & Stones. A Steene Year-Round Gelaway Destination or Full Time Country Home on 2414-/ PRIVATE Acrest catheration wood ceilings & wide-beard pine floors & a truly unique 2 story floor planel Grantle counter-lops, stainless appliances, gas cook-lop & ceramic tile floors!2 bed rooms & a full teath, cross the walkway to the right to a gigantic fullyreat room with intention belong/ Over-sex'd scar detached agree, whigh ceilings, and a huge unfinished ord story room! TRULY A FAR-AWAY PLACE NEARBY! \$398,500.



out lower level. Cathedral ceilings, skylight dining, hard-wood flooring and central air. Stainless appliancesW/large double oven. Over-sized 30 x 14 deck. quiet New Price \$314,900. cul-de-sac!





Full Baths. Hardwood Floors throughout. Fireplace family room. FHW/OIL Heat. - New Furnace, Windows, Also, recent Asphalt Driveway! Over sized Garage! 1/2 Acre Lot. Dead end road. Close to I-395!



yard. Kitchen w/granite counters & abundance of cabinets. Cathedral ceilings kitchen, dining and living room. Open floor plan! large deck with large backyard through sliders in dining room. Hardwood floors! Tile baths. Master bedroom/master bath! Finished



AGE ON STATE HIGHWAY RTE 193 A/KA THOMPSON ROAD.
STRATEGICALLY NESTLED BETWEEN TWO (2) 1-395 (NORTH
& SOUTH) ON-RAMPS & TWO (2) 1-395 (NORTH
& SOUTH) ON-RAMPS & TWO (2) 1-395 (NORTH & SOUTH)
OFF-RAMPS! PROPERTY DIRECTLY ABUTS 1-395! 48'X80'
CONCRETE BLOCK BUILDING, 7,880 SF TOTAL FULL LOWER
LEVEL USE & DRIVE IN GARAGE ODOR! HIGH TRAFFIC – HIGH
EXPOSURE! WHAT DO YOU HAVE PLANNED?!
\$600,000.



Updated Home that is on a 1 Acre. Professionally Landscaped Grounds. 5 rooms, 2 bedrooms. 3 bedroom septic will be installed. Baseboard oil heat. Recent exterior paint and newer Windows, Wood Flooring. Fireplace. Sunroom. 2 car garage! assisted sale \$379,900.





views of Pond. Detached Studio Building! 2.5 Acres. Prof. Landscaped. 5 Bedrooms. Fireplaced Dining. library/Music room. Master Bedroom, 2 Full Baths! Renovated Kitchen. Upstairs, 4 Bedrooms w/Full Bath

WEBSTER - 56 CUSHING ROAD

FIRST TIME OFFERED! Meticulously Cared for & Loved 4 Bedroom / 2 Bath, 1963 Cape! Natural GAS Heat. Town Services! Boiler - Just like New! Corner Lot, Garage! 2nd FIr - 2 Lg Bdrms! Bathroom, Hardwood Floors, This House is Ready for a New Family, is it YOU?? Call today, Don't

SORRY, SOLD!

WEBSTER/OXFORD/DUDLEY/DOUGLAS

Oxford - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. NEW PRICE \$115,000. Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned \$49,000.

ON DEPOSIT! \$132,900 **Dudley - Marshall Terrace** 12,000+/- Sq Ft Lot! Potential for a 2 Family! SORRY SOLD! \$70,000. Dudley - Packard Dr. 2 Lots! Very Private! off Ridge Dr. Will not last! SORRY SOLD! \$50,000

WEBSTER - 548 SCHOOL ST



Aesthetically pleasing 4-5 BR CAPE!! 1,800 SF Cape! 8 rooms. 4 lg rooms & bath on 1st flr, eat-in kitchen, living room, family room, office/possible 1st flr inlaw bedroom. 2nd flr - 4 lg bedrooms & bath. 2 ca \$199,900.

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 100 LAKESIDE AVE



WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! Remember, Timing Is Everything \$1,075,000.

LAKE SHIRLEY - 647 RESERVOIR RD



Lakefront! Lake Shirley! Modern Flare on a Lakefront Co-Ionial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House!

assisted sale \$1,040,000.

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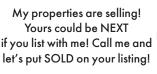
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HOUSE AUCTION IN SPENCER

Real Estate Estate Auction Sale 19 Grant Street Spencer • October 31st - 10am 7 rms, 3 bedrooms, 1.5 baths, nice yard Estate of long-time Spencer Educator Mary Madden Opening bid \$160,000

Open house & auction terms at: soauctions.com 508-479-7716

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3 beds, 1.5 baths, 6 room Colonial

WEBSTER LAKE - Not located on the water

(X) Condex

(L) Mobile Home

Auction 10/31 10am

STYLE TIME PRICE

(C) Condo

(P) Land

(B) Business

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AT TOWN HALL - 157 MAIN ST.

EIGHT PROPERTIES

DEVELOPMENT OPPORTUNITIES

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Visit website for details and terms. kosaroup.com



ZEKOS GROUP AUCTIONEERS



included in sale. This home is in pristine condition, and a must to see. Call Judy for more details.

(M) Multi-Family

(S) Single Family

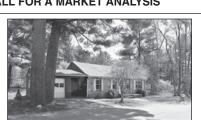
(A) Apartment

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Webster: Beacon Park, 5 rooms, 2.5 baths, fireplace, garage.

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12-2Starting bid Simond & Oaks 508-479-7716 Auction 10/31 10am \$160,000 **LAND SUNDAY, OCTOBER 18** Simond & Oaks 508-479-7716 12-2Starting bid

(T) Townhouse

(W) Waterfront

REALTOR/SELLER/PHONE

(D) Adult Community

\$160,000

SATURDAY, OCTOBER 17





2 family, 3 bedrooms each unit, 2 car garage, 1/2 acre lot with water & sewer. Subdivide and obtain a buildable lot suitable for a single family or two units.



of housing. Call for details

Town-to-Town

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FOR SALE

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Plug-in

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\$250

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size 34" L, 19" W x 48" H

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- R.C.

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THE TOWN OF CHARLTON is seeking a Temporary 15-19 hour per week **Assistant Collector**

Under the general direction of the Treasurer/Collector, the Assistant Collector is responsible for collection of tax and utility receivables, accurately posting payments and any other administrative duties that may be necessary. High School Diploma or Associates preferred or any equivalent combination of education and experience.

Knowledge of Mass General Laws, the Vadar collection, and accounting systems a plus. Must be able to obtain a bond. Hourly rate: 20.11-22.31/hr depending on experience.

Deadline for applications is 10/22/2020. Applications can be found at https://townofcharlton.net/158/Human-Resources. Email applications along with resume to Lynn.Dyer@townofcharlton.net.

The Town of Charlton is an equal opportunity employer and encourages diversity.

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The Town of Spencer seeks candidates for the position of Director / Planner. Reports to the Town Administrator and supervises staff in the coordination of the Board of Health, Planning Board, Conservation Commission, Zoning Board of Appeals and Building Inspection services. Responsible for providing professional and technical support in the evaluation of land use, demographic, economic and other data relating to the built and natural environment, as well as application review for the Planning and Zoning Boards.

Successful candidates will have at minimum a Bachelor's degree in planning and/ or land use, economic development, or a related field; five years' experience in professional planning, preferably in local government; AICP certification preferred; or an equivalent combination of education and experience. This is a fulltime position with a salary range of \$72,424 - \$79,115 DOQ.

Visit https://www.spencerma.gov/home/pages/employment-opportunities for additional details.

Submit letter and resume to Town Administrator, Town of Spencer, 157 Main St., Spencer, MA 01562, or email tgregory@spencerma.gov.

AA/EOE

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Maintenance Mechanic

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Position Summary

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21 Dana Road, Oxford, MA 01540 Swissturn/USA, Inc. is an Equal Opportunity Employer

CDBG-CV grants available to microenterprise businesses

REGION — The Town of Southbridge is leading a regional Microenterprise Assistance Grant Program, awarding up to \$10,000 to eligible businesses in Southbridge, Sturbridge and Charlton that have experienced financial loss due to Covid-19 and the associated shutdowns. Eligible businesses must have five employees or fewer (including the owner), must have been in business since Jan. 1, 2019 and must be able to demonstrate revenue loss caused by the pandemic. The business owner's family income must fall within certain limits. Other eligibility requirements apply.

The Town of Southbridge was awarded \$250,000 in Community Development Block Grant funds (funded by the U.S. Department of Housing and Urban Development through the Federal CARES Act and administered by the Massachusetts Department of Housing and Community Development) for this regional program. The Quaboag Valley Community Development Corporation (QVCDC), located in Ware, is administering the program locally.

"We are grateful that the federal government and the Commonwealth of Massachusetts have given us this opportunity to assist our region's small businesses during this very difficult time." says Rosemary Scrivens, Director of Economic Development and

Planning for the Town of Southbridge. "We encourage all eligible small businesses in Southbridge, Sturbridge and Charlton to apply for a Microenterprise Assistance Grant.

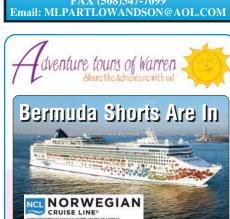
Applications for the program will be available on Oct. 9. Grant awards will be made on a first-come, first-served basis until the funds are exhausted. To learn more about the Microenterprise Assistance Grant Program, contact Dakota Desrochers at dakota@qvcdc. org or 413-967-3001. Applications are available on the QVCDC Web site at www.QVCDC.org. Paper copies of the application are also available at the Southbridge, Sturbridge and Charlton

Town Halls and at the QVCDC office.

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Local students graduate from Stonebill College

EASTON — Members of the Class of 2020 joined together for a virtual Commencement ceremony this past August, including:

Brooke Vescera of Uxbridge Robert Coleman of Charlton

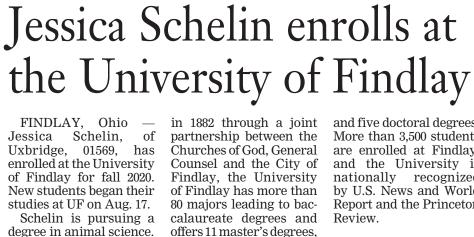
Initially scheduled for Sunday, May 17 with a traditional in-person format but knocked off course by COVID-19, Stonehill's 69th Commencement finally took place on Saturday, August 8 making history as the College's first virtual Commencement and the first ever held in August. Another big change this year was the presentation of candidates for master's degrees.

from Stonehill's Live-streamed McCarthy Auditorium in the Thomas and Donna May School of Arts & Sciences building the ceremony addressed 630 undergraduates, 13 graduates, their families, and a wider audience of Stonehill faculty, staff, alumni, and friends.

remarks, prerecorded Commencement speaker New England Patriots star Matthew Slater drew on his career as a three-time Super Bowl Champion to hail the Class of 2020 for their ability to endure, persevere and thrive in the face of adversity.

Stonehill is a Catholic college located near Boston on a beautiful 384-acre campus in Easton, Massachusetts. With a student-faculty ratio of 12:1, the College engages over 2,500 students in helps students to develop the knowledge, skills, and character to meet their professional goals and to live lives of purpose and integrity.





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and five doctoral degrees. More than 3,500 students are enrolled at Findlay, and the University is nationally recognized by U.S. News and World Report and the Princeton





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