

# Family donation supports pre-K program

**BY KEITH KENT**  
COURIER CORRESPONDENT

WINCHENDON — While his wife Dr. Katherine Ransom, a local veterinarian couldn't attend, Mark Ransom was extremely pleased to be able to present the local schools a \$1,000 donation toward school supplies for the pre-K program as a way of saying thank you and in appreciation for the work invested in their daughter, Sydney during the Aug. 4 school committee meeting.

Ransom said, "I wanted to comment on what a difference I

have seen since being involved with taking my children to the Winchendon public schools. I have been told a lot of things would happen in the past, and I haven't seen them actually happen until now. It is a breath of fresh air, and my wife and I are actually blown away at the difference we have seen before the school year started."

Further explaining, Ransom said, "We want to make a donation. We know it is hard to get school supplies for the children. We are hoping it goes to Toy Town and to Suzanne

Michel's program. We are very happy and couldn't be more happy with the communication and the work that Michel has already put in to our daughter Sydney."

Chairman Danielle LaPointe immediately responded, "That is absolutely incredible, and I am absolutely speechless!" with all in attendance clapping in both respect and thanks for the selfless gesture on behalf of the Ransom family. A motion to accept to vote the gift immediately passed unanimously.

Board member Lawrence

Murphy following added, "I just want to thank you for the incredibly generous gift. I know that at Toy Town we will make very good use of the money. Murphy asked Ransom if he could elaborate on what is working better now than what worked in the past, and what motivated Ransom to make what he called a significant contribution.

Ransom responded, "The communication has been much better. Miss Michel has been up front about what she can do and what she can't do.

We have gotten a tour of the school, it has taken much of the worry out of having to go to a new school, and it has really been a breath of fresh air. As our daughter will be making all new friends it is a tough transition, and just being able to meet some of her teachers, having accommodations made for transportation among other things, as a parent it takes a lot of stress out of your life and out of your day.

Murphy was pleased to say in response, "One of the things

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Photos by Morgan St. Pierre and Keith Kent

The tower truck earned its way this time, reaching the roof and the second floor.

## Fire damages two unit Front Street home

**BY KEITH KENT**  
COURIER CORRESPONDENT

WINCHENDON — A two alarm fire brought out departments from Gardner, Templeton, Royalston, Ashburnham and Rindge to assist the locals to extinguish a structure fire in an upper left corner of a two family home at 244 Front St. Tuesday night. The building is owned by the Winchendon Housing Authority.

Deputy Chief Ricci Ruschioni and WFD members were almost instantly on scene receiving the ini-

tial call at 7:14 p.m., able to have firefighters on the scene at 7:15 p.m. Immediately on scene with Ruschioni were Lt. Rick Peters, and firefighter medic Andrew Harding. Using Tower 1 they used a chainsaw to cut a vent hole in the roof over the fire to allow smoke, heat, and any fumes to escape while another firefighter wasted little time breaking open windows with a long pike pole around the building.

Traffic was quickly diverted by WPD officers on both ends of Front Street and

School Square, along with parts of both School Street and Main Street in order to allow all four departments positive access to the scene as large crowds of spectators gathered on multiple surrounding streets watching the WFD and four other departments apply their training to both contain and extinguish the blaze.

As firefighters entered the structure through entrances and windows, flames could be seen engulfing the top left corner of the building, the

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## Blanchard leaves for Cracker Town post

**BY GREG VINE**  
COURIER CORRESPONDENT

WINCHENDON — Building Inspector Paul Blanchard has tendered his resignation. Blanchard has held the job on a part-time basis for several years. He is leaving Winchendon for a full-time position as building inspector in Westminster.

Town Manager Keith Hickey said Blanchard will continue working part-time until Sept. 6. His last day is officially set for Sept. 12.

"I was surprised when Paul notified me he was leaving," said Hickey. "I wasn't aware he was considering leaving."

The town manager said Blanchard's departure presents the town with some opportunities.

"We'll be looking at the hours in the office," he said, "we'll be looking at those things that are

not getting done. We particularly need to look at the inspection of multifamily homes. I expect those inspections to be carried out on a regular basis. This presents us with an opportunity to re-organize."

Hickey said, personally, he wants to "find someone who will show us how things can get done, rather than telling us why they can't."

Barbara Anderson, chairman of Winchendon's Board of Selectmen, said about Blanchard, "I'm sorry to see him go."

Anderson said the new inspector will need some help "dealing with the culture and challenges that are unique to Winchendon."

"We also need to establish policies regarding certain aspects of the job," she said. "That office is operating with

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## Muster brings fun back to Toy Town

**BY GREG VINE**  
COURIER CORRESPONDENT

WINCHENDON — Nine teams will be competing in the 7th annual Winchendon Hand Tub Muster tomorrow, Aug. 20, at American Legion Post 193, located at 295 School St. The event begins with a parade which steps off at 11 a.m. from the Winchendon Fire Department at 405 Central St. The muster is sponsored by the Winchendon Veteran Fireman's Muster

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## Beals gets new director

**BY GREG VINE**  
COURIER CORRESPONDENT

WINCHENDON — Town Manager Keith Hickey and members of the library Board of Trustees interviewed two finalists for the job of director of Beals Memorial Library last week. The two candidates were peppered with questions for just over two hours but it took the panel only about 10 minutes to decide to offer the job to Manuel King, of Orange. The decision was unanimous.

King has spent the last two years as the adult services librarian for Wheeler Memorial Library in Orange. He worked his way into the position after starting as a volunteer, working part-time shelving books, beginning in 2001. During his time at Wheeler, he has pursued his master in library and information services. He is

set to receive his degree from Valdosta State University in Valdosta, GA in May of next year.

"He had great references," said Hickey. "I like the idea that he was very engaged in Orange. He donated a lot of his time to civic events."

"He'll be a working department head," Hickey continued. "He won't just be sitting in his office. He'll be checking out books and engaging with the public. He has some good ideas for reconnecting the public with the library, for re-energizing all those connected with library — the staff and the people."

When asked King about his priorities upon accepting the director's post, King said, "I want to get to know my staff. That's the most important first

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Greg Vine photo

Manuel King makes a point during his recent interview

## GVNA offers support for those in sensitive circumstances

**BY TARA VOCINO**  
COURIER CORRESPONDENT

REGION — GVNA HealthCare, Inc. offers various support groups for those going through the grieving process and caregivers in surrounding towns, such as Athol, Gardner and Fitchburg.

GVNA hosts a bereavement support group at its offices in Gardner at 34 Pearly Lane, on the second Monday of the month from 6:30-8 p.m., or on the fourth Monday of the month from 2 to 3:30 p.m. They also host a support group at Athol Memorial Hospital, Briggs Conference Room, 1467 Main St. on the third Wednesday of the month from 2 to 3:30 p.m.

A Gardner resident, who declined to give his name due

to the group's confidentiality, shared his experience at the Gardner location, which he has attended for 1.5 years.

His wife died 11 years ago of breast-turned-bone cancer at 45 years old. But he didn't know about the group until an out-of-state friend who attends one told him about it.

"It never occurred to me," he said. "It's not a normal occurrence. Death isolates the survivors. But when I discovered this, it gave me a solid feeling that I'm not alone now that I have a community that I can share this bizarre experience with."

He said it's helpful to meet and compare notes, because no one is going through the same

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**LOCAL**  
Summer session of OWC packaged up  
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**SPORTS**  
Hoops camp draws a crowd  
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**WEEKLY QUOTE**  
"Speak clearly, if you speak at all; carve every word before you let it fall."  
Oliver Wendell Holmes



# Turning up the heat on a hot summer day!

BY KEITH KENT  
COURIER CORRESPONDENT

PHILLIPSTON — Fire Departments from four area communities including Phillipston, Templeton, Orange, and Petersham combined forces to gain important experience in both procedure and application with the scheduled burning of a donated home in disrepair at 165 Queen Lake Road in Phillipston Aug. 13.

With pumper trucks working away and dual temporary 3,000 gallon above ground water storage reservoirs on hand, additional trucks ran to retrieve water to refill the supply as firefighters also worked in rotation to cool down and stay hydrated themselves on a hot and humid summer day.

Templeton Lt. Courtemanche said, “It’s a great joint effort because we are boarding towns so we get to learn each other’s habits and their needs and it helps keep that great relationship as we are all dedicated and work closely with each other.”

Phillipston firefighter Anthony added, “As I have only been on the department for just over a year, this is excellent training. While our call volume is low in town we thankfully don’t have to do this every day, but it is sure good to know if needed so we can do our jobs safely and professionally.”

Others taking part on behalf of Templeton were Captain Rick Paine, Deputy David Dickie, and more.

Orange FD Chief James Young was quick to point out, “This is an invaluable training experience for departments that doesn’t come by that often. We try to take advantage of it whenever we can. We are very gracious to the Phillipston FD for inviting us to come over here and train



Keith Kent photo

Firefighters from Phillipston, Templeton, Petersham, and Orange practiced procedure with live hands-on experience and application, at a scheduled joint training operation of a burning of a dwelling in disrepair at 165 Queen Lake Road in Phillipston.

with them. We are starting to work more closely with them as far as mutual aid is concerned. It is really nice to have that relationship with both departments, and they did allow us to bring over some of our newest firefighters to gain this valuable experience. We have five members here today with two instructors and three brand new firefighters. The newbies are gaining some great experience today because of this!”

Home owner Irene Pervier who donated the home for the joint training exercise, raised seven children under its roof and lived at the residence for 47 years. Memories many, emotions well held back, watchful eyes speaking volumes in silent lucidity.

Later approaching Pervier after some well-deserved personal space, when asked how she felt about all which had taken place responded, “I feel really good about this. A lot of memories here, but it was a good achievement to get

this all down, and help these firefighters at the same time. I am glad that everything is safe for everybody, and I am just glad they are all safe.”

Going in to further detail Pervier added, “I will admit it was too expensive for me to have it taken down and hauled away, so this was a great opportunity for everybody. It was also a lot more work than I had planned on. You have to hire someone to come in and do a check on asbestos, and then you have to remove all the metal, furnaces, water pumps, and all others things like that have to be removed. My son did a lot to help. When I started this I had no idea it would be so entailed. I know my late husband is watching from above. The house needed to much to fix it, and I didn’t have the money for all the things wrong to fix it. We lived good here, we raised seven children here and there are a lot of good memories here. I am just glad it worked out safely for everybody.”

PFD Chief Richard Stevens who always emphasizes training and performing with safety as priority number one, watched from the top of a small hill top on the property orchestrating the event on radio.

Stevens explained, “We have actually been working on this for about a year now. You have to get proper permitting through the Department of Environmental Protection and also verify air quality, make sure all hazardous materials are out of the structure, asbestos, heating oil or other, and all that stuff has to be removed and then you can apply to get the permit. I really want to say thanks and give a shout-out to DEP for their assistance on this so we could have this nec-

essary training and joint exercise.”

The structure also provided for another form of training according to Stevens. “Last Tuesday night, the members of the TFD came over here and smoked the building up with smoke generators and trained in search and rescue. This dwelling and donation has provided crucial experience in multiple ways for firefighters to get invaluable experience. We opened up the house to departments we are working with for training exercises, and the ability to have this is a win for everybody as we were also over there several times using the structure.”

Discussing the combined benefits Stevens added, “This is not only an opportunity to train,

but to train and work together. Learning about the controlled evolution of fire. Going in to a bedroom to put it out, watching the fire roll over a ceiling and watch the smoke bank down, and you can show the firefighters how it happens before they have to go to a home and perform an actual extinguishing so this is a great learning experience. We can use this valuable learning tool and take the time to slow down and show them how the fire behaves along with things like the color of the smoke, and what it means when it is changing. I can’t express enough what an important learning tool exercises like these are!”

Stevens also went on to discuss the importance of mutual aid. “Practicing together is great. With some of the smaller towns and departments, it could be a year before you see those firefighters again. The larger towns like Athol and Orange we will see more often as they are more likely to have more fires. Things like this training just help to build that rapport and confidences in each other as you continue to work together.”

In closing Stevens said, “It was a really good feeling when everybody left there. Everybody was high-fiving and shaking hands. It was a great team effort and joint training exercise. New firefighters gained experience, and area departments get to work together. Thanks again to Irene Pervier and DEP for helping to make things like this available to us.”



## CLYDE’S CORNER

FRIDAY, AUGUST 19

STORY HOURS: Toddler Time takes place every Friday morning at 9:15 a.m. throughout the year, with Rhymes, Playtime, and Story time. Immediately following is story hour from 10:30-11:30 a.m.

SATURDAY, AUGUST 20

TOY TOWN MARKET: The Toy Town Outdoor Market (formerly the Toy Town Farmers’ Market) is now open! Plants and in-season vegetables are available, along with items made by local artists and craftsmen. Located at 126 Central St. (the front lawn of the UU Church, across from the Clark YMCA), vendors will be there Thursdays 4-7 p.m. and Saturdays 10 a.m.-1 p.m. through the end of October.

FIREMEN’S MUSTER: the annual Firemen’s Muster takes place at noon at the American Legion Post 193, 295 School St. A parade of the vintage machines will precede the event. A barbecue will be available for lunch. The event is free and open to the public. Come see how fires USED to be fought, learn how to pump a vintage machine and see who can win the battle this year.

MONDAY, AUGUST 21

YOGA: yoga classes are held at Beals Memorial Library beginning at 5:15 p.m. For more information call (978) 297-0300 or visit winchendonlibrary.org.

TUESDAY, AUGUST 22

LEARN: Computer classes for adults are offered on Tuesday afternoons from 3:30-4:30 p.m. at Beals Memorial Library and are open to adults ages 18 and older.

WEDNESDAY, AUGUST 23

BINGO! Hyde Park residents hold bingo in the community hall every Wednesday night beginning at 6 p.m. It’s inexpensive, just two cards for 5¢, and the community is invited! Anyone over the age of 50 is welcome to join in. We’d love to have more players.

GAME NIGHT: game night in July at Beals Memorial Library is taking place on Wednesday, August 23, from 6-8 p.m. Participants determine which

game they would like to play.

THURSDAY, AUGUST 25

STORY HOUR: On Thursdays at 4 p.m. Beals Memorial Library on Pleasant Street hosts a story/craft hour for preschoolers’ and up.

TOY TOWN MARKET: The Toy Town Outdoor Market (formerly the Toy Town Farmers’ Market) is now open! Plants and in-season vegetables are available, along with items made by local artists and craftsmen. Located at 126 Central St. (the front lawn of the UU Church, across from the Clark YMCA), vendors will be there Thursdays 4-7 p.m. and Saturdays 10 a.m.-1 p.m. through the end of October.

OUR NEIGHBOR’S KITCHEN: Our Neighbor’s Kitchen Community supper is held at its popular time of twice per month, Thursday night at 5:30 p.m., at the Unitarian Universalist Church of Winchendon, 126 Central St. The second Thursday of each month is “Soup and Sandwich night.” Each month we’re trying out a new soup recipe with a sandwich to go with it.

The fourth Thursday of each month is a full dinner with salad and dessert.

This meal is sustained by gifts from the people who attend, the religious communities of Winchendon, the Winchendon Community Action Committee, the Winchendon School, and many volunteers.

SATURDAY, AUGUST 27

VERY FIRST: the first of what is hoped will be an annual historic car show is scheduled 10 a.m.-3 p.m. at 135-151 Front St., the Winchendon Historic & Cultural Center. A \$5 donation includes tours of both mansions. Children aged 12 and younger: free. Proceeds will help with further development of the museums. The Winchendon History & Cultural Center is an all-volunteer effort to preserve the history of Winchendon and provide cultural experiences in art, music and education.

TOY TOWN FUND-RAISER

Help Save Toy Town Elementary Playground! There will be a Toy Town Elementary Playground fundraiser at Lickity Splitz, 231 Main St., on Saturday, Aug. 27, from 11 a.m. to 9 p.m.

Bring a flyer or mention Project Playground, and 10 percent of food or ice cream sales will be donated to Project Playground. Raffle tickets will also be available to win two quarts of Lickity Splitz ice cream. Wristbands and calendar raffles will also be available to purchase. For information, visit Project Playground/Toy Town Elementary on Facebook.

FELTING WORKSHOP: Felting is an ancient way to make fabric in a non-woven process. It is done by tangling mam-

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The Winchendon Courier (USPS 685-920) is published weekly for \$45 per year (in county) by Stonebridge Press, 25 Elm St. St. Southbridge, MA 01550 Out of county rate is \$56 per year. Periodicals postage paid at Winchendon. To subscribe call (800) 367-9898. POSTMASTER: Send address changes to The Winchendon Courier, 44 Central St., Winchendon, MA 01475.

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# Summer session of OWC packaged up

BY APRIL GOODWIN  
COURIER CORRESPONDENT

WINCHENDON — Operation Winchendon Cares gathered at the Winchendon American Legion post 193 Aug. 6 for the Sizzling Summer Drive. Volunteers worked hard at the third mailing of the year to fill care packages with goodies donated by our generous community to be sent to loved ones serving in our military.

Founders Larry and Linda Sordoni started Operation Winchendon Cares to bring the love and support of home sweet home to troops both stateside and overseas. With each mailing, more and more volunteers bring their time and donations to help with the organization's growing popularity.

A total of 12 overseas packages and 20 stateside packages were sent to service members after the Sizzling Summer Drive. Packages included fresh cookies from Sweet Treat Bakery, toiletries, snacks, and other donations made by members of the community.

"It's really about everyone pitching in a bit," said Linda Sordoni with a smile. "Whether it is donations or just donating their time."

Among those volunteers on Saturday was service member James Fairbanks, who was home on leave. Fairbanks has been serving for 13 years in the Air Force and is a mechanic. He has received packages from Operation



Mat Plamondon photo

Workers packing boxes to send off to the troops

Winchendon Cares in the past while deployed overseas.

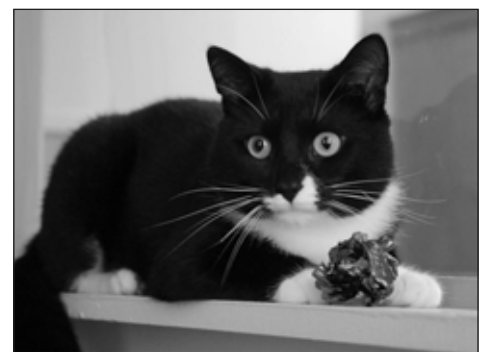
"The packages are very helpful," Fairbanks stated. "Not just for yourself, but for everyone. They really help boost morale."

Operation Winchendon Cares once again brought the community together to show love and support to the troops.

They hope to schedule their next mailing in the beginning of November, so keep your eye out for an update on the exact date. If you are interested in helping support troops and giving them a taste of home away from home, check out Operation Winchendon Cares' Facebook page and the website at [www.winchendoncares.com](http://www.winchendoncares.com).

## ACCURACY WATCH

The *Winchendon Courier* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page three in a timely manner. If you find a mistake, call (978) 297-0050 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call. Or contact the editor at the following email: [ruth@stonebridgepress.com](mailto:ruth@stonebridgepress.com).



## KITTY KORNER

Daniel is a sweet, gentle boy that was left behind when his family moved. He enjoys attention and is very affectionate. This adorable boy deserves a second chance at a loving home. He would prefer to be the only cat.

Daniel has been examined by a veterinarian, neutered, vaccinated and micro-chipped. If you would like to meet him, A Better Tomorrow Shelter for Cats is open Wednesday 6-8 p.m., Saturday noon-2 p.m., and by appointment. For an adoption application, please visit [www.shelterforcats.org](http://www.shelterforcats.org) or call (774) 641-1271 for information.

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**What's On Your Mind? We'd Like to Know.**

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[ruth@stonebridgepress.com](mailto:ruth@stonebridgepress.com)

## Award-winning puppetry master to speak in Jaffrey

JAFFREY — Dan Hurlin, writer, artist, dancer, teacher and creative genius behind numerous critically hailed puppet theatrical productions, will be the seventh and final speaker for the 70th season of the Amos Fortune Forum. His topic is entitled "Futurism, puppets and me. A personal look at the Italian Futurists." and will be presented tonight, Friday, Aug. 19 at 8 p.m. at the historic Meetinghouse. Admission is free.

One of the first 20th Century art movements (1909) the Italian Futurists had no less an ambition than to "Reconstruct the Universe." Characters like F.T. Marinetti, (often called "the Caffeine of Europe") and painters like Fortunato Depero brought their early machine age sensibility to everything – architecture, painting, poetry, music, cuisine, performance and even puppetry. This talk is a look at the process of researching their work, making a terrific find, and then transforming historical concerns into contemporary art.

Hurlin currently teaches performance art, dance, and puppetry at Sarah Lawrence College, where he also serves as the director of the graduate program in theater. Twice a fellow at the MacDowell Colony, he is the recipient of a 2002 fellowship in choreography from the John Simon Guggenheim Foundation, a 2004 Alpert award in the arts for theater, the 2008 United States Artists Prudential Fellowship in theater, and the 2013/14 Jesse Howard Junior Rome Prize Fellowship in visual art at the American Academy in Rome. Hurlin's theater and puppetry work has received the OBIE award, the New York Dance and Performance award (also known as a "Bessie"), and the UNIMA (Union Internationale de la Marionette) Citation of Excellence. Dan is best known locally for his creative work as a teaching artist with Andy's Summer Playhouse in Wilton where he began Andy's tradition of innovative theater performed by children.

The Amos Fortune Forum is presented at the

Meetinghouse, built in 1755 in historic Jaffrey Center, 2.5 miles west of downtown Jaffrey and 75 miles from downtown Boston. Speakers are presented at 8 p.m. sharp each Friday during the summer. As is the custom of the Forum, no admission is charged, however, donations are accepted. After each forum, a brief reception is held with each speaker at The First Church in Jaffrey Parish Hall, directly across from the Meetinghouse. Information for the Forum can be found at [www.amosfortune.com](http://www.amosfortune.com), Facebook ([facebook.com/amosfortuneforum](https://www.facebook.com/amosfortuneforum)) or at Twitter (@amosforum). The telephone number is (641) 715-3900 Extension 742251.

Speaker suggestions for the 2017 Amos Fortune Forum may be emailed to [questions@amosfortune.com](mailto:questions@amosfortune.com).

Amos Fortune Forum, a not-for-profit 501(c)(3) organization, has been providing a platform for speakers to express ideas, concepts, information and history to thousands of curious and engaged citizens since 1946. It has been internationally recognized as one of the most important and influential speakers' forums in the world.

The Amos Fortune Forum, now in its 70th season, is free to the public. Operating expenses are partially offset by a generous annual bequest from the Grimshaw-Gudewicz Charitable Foundation, as well as by contributions from residents of the Monadnock Region and beyond. Visit [www.AmosFortune.org](http://www.AmosFortune.org) for more information.

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## JAWS...and fireworks... in Jaffrey

JAFFREY — The Park Theatre will be screening the original uncut summer movie blockbuster JAWS in HD as part of the Jaffrey Festival of Fireworks Weekend. The film will also be a fundraiser for the soon-to-built Park Theatre.

JAWS was first released on the 20th of June in 1975. It took the nation and world by storm and made unknown director Steven Spielberg a household name. It started the trend of the summer mega blockbuster. It has remained a classic and still thrills audiences around the globe. It stars Richard Dreyfuss, Roy Scheider and Robert Shaw. It was filmed almost entirely on Martha's Vineyard. It still remains on the Top 10 list of highest grossing films ever made.

The Jaffrey Festival of Fireworks makes its triumphant return to Jaffrey on Saturday, Aug. 20. In honor of the return, the Park Theatre added JAWS as a bonus film to its summer movie schedule for the night before the fireworks. JAWS will be shown one-time-only on Friday, Aug. 19 at 7 p.m. The Park Theatre will present JAWS in a pristine restored HD digital projection format. This film will be also be a fundraiser for the new theatre. There will be a suggested donation of \$3 for each attendee.

The film will be shown at the air-conditioned Jaffrey Woman's Club in

downtown Jaffrey at 33 Main St. Doors open at 6:30 p.m. Fresh Hot Weaver® Popcorn, candy and ice cold drinks are available for purchase.

Reserve and purchase tickets by going to [www.theparktheatre.org](http://www.theparktheatre.org) or call the Box Office at (603) 532-8888. Each ticket purchased online will receive a free popcorn.

The Park Theatre first opened in Jaffrey in 1922 and was the center of community life as a movie and vaudeville house for 54 years until it closed in 1976. Purchased by The Park Theatre, Inc. in 2006, it will be rebuilt as a state-of-the-art film and performing arts center, featuring two auditoriums seating 475, presenting movies, live theatre, including children's productions, concerts, and lectures as well as offering a place for business and community gatherings for the Monadnock Region and its 100,000 residents, school districts and dynamic artistic community. The new theatre is scheduled to be opened in 2017.

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# VIEWS

Opinion and commentary from Winchendon and beyond

## EDITORIAL

### The more things change....

Small town America has a reputation for being the same day after day; year after year. But the minutiae proves otherwise. Even people change with fair regularity.

This week, we say goodbye to a couple of people who have shaped many lives for ill and good by their decisions; and welcome a new library director to the fold just as the contractors for the rehabilitation are due to be hired.

If that isn't change we don't know what is.

Sometimes it's a person. Sometimes it's a place.

Within a month or so the new police station will be up and running. It is hard to see from the outside, but the place has been booming. Changes have been fast and furious; and soon, the men and women who keep Winchendon safe will have a new home right on Central Street. The street will be anchored on either end by safety complexes, police downtown, fire department up the street.

Then a new decision will need to be made. Another empty building will exist, this one attached to the town hall and with some very real, physical problems. The move out of the building by the police department wasn't only for space, it hinged also on the problems with mold, mildew and blight in the basement and throughout the 150 year old structure. Is it salvageable and usable for something else? Or not?

There are safety issues here to be considered.

Get beyond sentimentality about a wonderful old historic structure; and while it's true it has some charm it also has some liabilities.

Let's have some real input on the decision. Hire a structural engineer; mold experts; people who know what they are looking at once it is empty to help make the decision.

Keep our decisions based on reality, not on wishes. We could wish it were a grand old lady that could house something wonderful, but if not be realistic.

As we move into the cooler days of autumn and we begin to change gears to back to school and all that entails, take a deep breath. It's been a hot, muggy summer; with little rain and as a result the town has applied a complete moratorium on water use. No lawn watering at all. No car washing. None. It's a complete water ban at this point because we just haven't had enough rain to refill the coffers.

We didn't get a whole lot of snow last winter. We haven't had much rain this summer. Some parts of New England are in what meteorologists are identifying as a real drought. We may not qualify for that, not yet; but the warnings are up and the bans in place.

And even if you have your own well, you too risk draining it with overuse. Be cautious.

## LETTERS TO THE EDITOR

### Gould: paper doesn't do it

To the Editor:

The media plays an important part of everyone's lives these days. And for the media, getting the truth and the actual facts is likewise important; for the weekly sheet here in town, that is not the case.

Take for example, some weeks ago, an article appeared indicating that some planning board members were holding up the new Cumberland Farms store because of parking...not so. If the writer had taken the time to come to the hearing, she would have seen that the matter was brought forth be the local building inspector, and the engineering firm hired to go over the plan; planning board members, no.

Likewise, Winehill Square, oh boy. The square was never named for

Priscilla Winehill, she did not live in Waterville. Winehill Square was named after Azalea Winehill, a prime mover of the Waterville Development Association. All you had to do was go look at the monument.

Ah yes, the local media.

It has been said that every town needs a local paper...too bad we have been left out.

BURTON E. GOULD JR.  
WINCHENDON

*(Editor's Note: this letter was sent to us in July, but was printed only now as the editor has been away. For clarification, the writer did watch the hearing on local access TV.)*

### Setting us up for future discord

On Dec. 12, 2000, the U.S. Supreme Court, in a 5-4 decision, halted a recount of the votes cast in Florida in that year's presidential election. The decision, still controversial, handed the state's 25 electoral votes – and the presidency – to Texas' Republican Gov. George W. Bush.

An initial recount, required by Florida law because the original tally showed Bush with a victory margin of less than half-a-percent, determined he had out-pollled Democratic Vice President Al Gore by 327 votes out of a total of some 5.8 million votes cast – a winning margin of 0.0092 percent. The term “razor thin” is an inadequate adjective for portraying the closeness of the vote. Nationally, Gore collected 550,000 more votes than Bush, but our quirky system is based on electoral votes and Gore ended up losing that count by a 271-266 margin (one elector from the District of Columbia abstained from voting).

Irate supporters and members of Gore's campaign staff urged him to pursue other avenues in an attempt to wrest victory from the jaws of defeat. On Dec. 13 Gore, in the best interest of the country, said “no.”

“(P)artisan rancor must now be put aside,” he said. “I accept the finality of



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the outcome...And tonight, for the sake of our unity as a people and the strength of our democracy, I offer my concession.”

In 1876, a dispute over the electoral votes of Florida, Louisiana, and South Carolina – all emerging from post-Civil War Reconstruction – was settled by a 13-member commission. Seven members were Republicans and all of the disputed votes were, to no one's surprise, awarded to G.O.P. nominee Rutherford B. Hayes, even though he lost the popular vote to Democrat Samuel Tilden, 51% to 48%.

Said Tilden: “I can retire from public life with the consciousness that I shall receive from posterity the credit of having been elected to the highest position in the gift of the people, without any of the cares and responsibilities of the office.”

Americans have witnessed other agonizingly close elections in 1960, 1968, and 1976. In each case, despite their disappointment, the vanquished candidate graciously – if somewhat reluctantly – conceded defeat.

Does anyone honestly believe we'll see the same level of maturity, gracious-

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## LETTERS POLICY



Letters to the editor are always welcome, and may be sent to to [ruth@stonebridgepress.com](mailto:ruth@stonebridgepress.com), or The Winchendon Courier, 91 Central Street, Winchendon, MA 01475. Be sure to include a name and residence. Please refrain from sending letters via fax, and be sure to supply a home address and phone number to allow for confirmation. Allow at least 48 hours for a response. Letters must be submitted by noon Friday to ensure publication in the following week's issue. Every effort will be made to accommodate late submissions, but inclusion can not be guaranteed. The rules of good taste and libel will, of course, apply to all submissions. Personal attacks will not be published. The editor retains the right to edit all letters.

## Police, fire, & a higher minimum wage

It is no secret minimum wage here in the USA has fallen significantly behind the rate of inflation for decades now. However, during the recent debates over how much to increase minimum wage, there is yet another aspect of it which ironically most circles have not yet begun the conversation. That very conversation must include, “If we can pay somebody \$15 per hour to work in fast food or other unskilled labor, what do our emergency response personnel deserve to make?”

As an example let's take a

police officer, one of the most noble and respected professions. A full time officer of the law spends roughly six months in a paramilitary style environment enduring what comes out to thousands of hours of both academy and on the job training before they are truly prepared to go out on their own. To say these people make a significant commitment is quite possibly one of the greatest understatements of all time. Locally, a full time officer of the law earns in the \$21 to \$22 per hour range to start, however with some near by com-

munities are far less. Now here is where the comparison gets interesting.

Let us also not forget our part-time police officers. Many don't know this, but they participated in six months of training “without being paid” at the reserve academy during week nights and weekends, and actually spend roughly \$3,000 out of pocket by the time it is all said and done on books, equipment, clothing, and much more. What do all of those nearly countless hours of training, thousands of dollars out of pocket, “having to be pepper sprayed in the eyes”



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and putting your life on the line get you? Well if you serve “We the People” and their safety locally as a part time police officer, you earn just over what many in fast food think they deserve nationally at just over

\$15/hr. Are you starting to see where we are going here?

We also must include our heroic men and women of the fire departments as we surely can't ever leave them out of this conversation. Local firefighters start out at yet again just over \$15/hr. Some reservist heading westward only earn in the mid \$13/hr range. Yes, please contemplate this. A male or female who goes through nearly endless training and updates, is expected to enter a burning building

Turn To **ANYTHING** page **A11**

## The coming surprise...

Surprises. Who likes surprises? I suppose that depends on the surprise. I was jolted last Saturday when my phone began screeching at me. I'd never heard it do anything like that before but then again, being pretty clueless about technology in general and more specifically the many apps on my phone, it surprised the hell out of me. At first I had no idea what the noise was or where it was coming from. Of course what the phone was doing was sending a weather alert about possible flash flooding in the area. Useful info, right? But how my phone is programmed to do that, who knows?

Speaking of surprises — we hear it every four years — the “October surprise” is coming. We speculate what it will be and what impact what “it” will have on the presidential election. Some years, it never materializes, others it turns out to be rather mundane but we always wait for it.

This year? Well, aside from the technical grammatical contradiction of anything we expect to happen to therefore be able to be a “surprise” per se, (yes, I know that's splitting hairs) speculating what Wikileaks or the Russians or whomever might do has been the sub-

ject of ongoing debate. We obviously don't want other countries meddling in our electoral process because after all, we'd certainly never stoop to such behavior, right?

Oh. Wait.

Anyway, to be fair, rather than try to simply fix elections we have upon occasion been known to resort to other covert or not so-covert regime change strategies. Perhaps you've heard. But I digress. We don't want anyone messing with our elections. Just ask Presidents Tilden and Gore.

Whatever might be coming, though, of this you can be sure: it'll be designed to hurt Hillary. Count on it. By every conventional measure, she's opening clear leads in a bunch of key states and while this election year has been anything but conventional, in the end, we have 51 separate elections, including DC, and organization along with targeted advertising still matters. Lots of voters will still need rides to polls. Even more fundamentally, knowing who your voters are still matters. The



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CARTON

basis, you can bet the Trumpsters desperately want something to happen to shake up the race and doesn't care who does it.

The problem with this though, is three-fold. First, there really aren't that many actual undecideds anymore, American politics having become far too polarized; second, how many people haven't long ago made up their minds about the Clintons, and third, it's widely expected “something” will happen before Election Day. Combine those and the impact of whatever that “something” turns out to be, would thus be muted. After all, Hillary's been accused of everything from lying to the FBI to murdering Vince Foster. Not much left out there to hit her with.

There are those who will reject these points and tell me Trump will win any-

way because people are angry but every time I ask about the path to 270 electoral votes, that question gets waved off. It's just not as simple as people are angry. In a 17-candidate primary, maybe. In a two candidate race, and by November, with the curiosity about Gary Johnson and Jill Stein having waned as tends to be the case with outsider candidates, not so much.

And then there's this. Presidential candidates who demean America lose. Whatever the many faults we have, voters by and large don't like candidates who are angry and pessimistic. Even if we don't really believe the promises and platitudes, we want to hear them anyway. That's obviously not to say we don't want to hear policy ideas as well, but while we're hearing policies, we also want to be told we're still great. Clinton has been making that point in some ads and it's resonating as she expands her lead.

So bring on that surprise. We all know it's coming. Whatever it might be, of this I am certain: it won't be as out-of-the-blue, make me jump-out-of-my-chair shocking as was the sound of that phone bleating. Who knew? See you next week.



# How to research and reduce healthcare costs

Whether you're planning a future procedure or navigating care after a sudden illness or accident, smart consumers have a plan in place to avoid hidden costs and billing errors common to our ever-changing healthcare system. You should too.

The Affordable Care Act (<http://www.hhs.gov/healthcare/>) made it possible for all Americans to get some form of healthcare coverage regardless of their medical history. That's the good news. The bad news is that everyone's personal health circumstances and solutions are different, and we're still far away from the day when the coverage we buy – either individually or through our employers – can prevent us from getting unexpected bills for services and procedures our insurer didn't cover or errors made in the billing process.

It's also important to know that many health insurers are adjusting to the reality of universal coverage by narrowing the assortment of doctors in their networks, leaving more patients at risk of "surprise" (<http://kff.org/private-insurance/issue-brief/surprise-medical-bills/>) bills if they are treated by practitioners outside their insurer's network.

There are some helpful resources – both public (<https://www.medicare.gov/coverage/surgery-estimating-costs.html>) and private (<https://healthcarebluebook.com/>) – which have emerged that price health procedures. Using those resources can help avoid some major out-of-pocket healthcare expenses. It's also essential to determine what practitioners may be in or out of network, particularly if it's an emergency.

So what can you do to prevent these unexpected health costs? If you are not on Medicare, (<https://www.medicare.gov/what-medicare-covers/index.html>) which tends to have more standardized pricing and coverage, you need to question practitioners (or their billing departments) and price-comparing procedures the way you would any major purchase. Depending on your local medical resources, you may have the option to conduct your research online. Here are some ways to begin.

Know how you're covered for both emergencies and non-emergencies. It's easier to plan for a hip replacement you'll need in six months than for emergency surgery after an accident or sudden illness, but it's important to think through how your coverage works in both situations:

Emergency: Emergencies are a challenge to price because it's tough to know which practitioners and services you'll actually need. The key is to make a plan for emergencies. Speak to your insurer now – and consult your primary care physician – to confirm you have a good range of in-net-

work emergency doctors at the hospital of your choice. If not, you might want to think about switching plans during your next enrollment period. Put an easy-to-find "in case of emergency" card in your wallet next to your health insurance card that makes your preferred hospital visible to first responders or other helpers. Also, list your primary care doctor's and your health care power of attorney's contact information. Finally, make sure the person you designate as your health care power of attorney has access to your insurance and physician network information so he or she can guide your care more affordably if you're incapacitated.

Non-emergency: If your doctor is recommending a particular in-hospital or outpatient procedure in the coming weeks or months, you've got time to plan, so do it. Query your physician or his or her billing department about the cost of the procedure and what other practitioners (such as an anesthesiologist) might be involved. Then spend equal time speaking with your insurer about what you've learned



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and how extensively the procedure in question will be covered. Make sure you understand if your insurer covers the procedure on an inpatient (hospital) or outpatient (office) basis – some insurers are reportedly cutting back ([https://www.washingtonpost.com/business/economy/employers-push-limit-of-obamacare-by-excluding-outpatient-surgery-in-plans/2016/01/21/94537954-bbc5-11e5-99f3-184bc379b12d\\_story.html](https://www.washingtonpost.com/business/economy/employers-push-limit-of-obamacare-by-excluding-outpatient-surgery-in-plans/2016/01/21/94537954-bbc5-11e5-99f3-184bc379b12d_story.html)) on outpatient coverage.

Know your deductible. The latest annual Kaiser Foundation employer health benefits survey (<http://kff.org/health-costs/press-release/employer-family-health-premiums-rise-4-percent-to-17545-in-2015-extending-a-decade-long-trend-of-relatively-moderate-increases/>) indicated some whopping figures for health care deductibles – the out-of-pocket total you have to pay before the bulk of your health coverage kicks in. For example, if you have a \$3,000 deductible that you haven't touched this year, that's the initial out-of-pocket amount you're going to have to pay for any big procedure. Keep that figure in mind as you continue your research on medical options. That's why it's important to keep such amounts in an emergency fund or, if you have the option, set aside in a health savings account (<https://www.irs.gov/publications/p969/ar02.html>) where you can keep funds

not only for the deductible, but for other potential out-of-pocket health costs.

Review bills closely. One recent study (<http://abcnews.go.com/GMA/story?id=127077&page=1&version=meter+at+1&module=meter-Links&pgtype=article&contentId=&mediald=&referrer=&priority=true&action=click&contentCollection=meter-links-click>) has reported significant errors in medical bills, particularly for hospital stays. Keep in mind the price-comparison exercise doesn't stop on the way in to a procedure. You need to keep an eye on pre- and post-procedure bills from practitioners, hospitals and your health insurer for accuracy. If you see an error, contact the appropriate party or parties immediately to correct the problem.

Bottom line: There are very few industries going through as much change as healthcare. Universal coverage is good, but it's important to know exactly what it pays for before you need it. Set aside time to think through your health issues and do your research to help reduce healthcare costs that can impact your overall budget. Learning to save money now can preserve your budget later.

*Nathaniel Sillin directs Visa's financial education programs. To follow Practical Money Skills on Twitter: [www.twitter.com/PracticalMoney](http://www.twitter.com/PracticalMoney).*

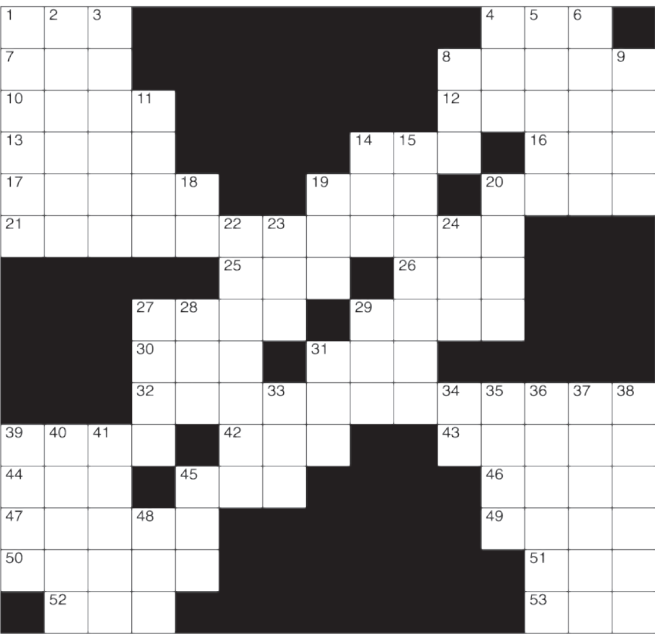
## SAVING A PLAYGROUND

Tina Leduc Santos has taken on a big project, with a lot of help of course, and is spearheading the drive to upgrade the playgrounds at Toy Town Elementary School. Here, with her daughter, she



Mat Plamondon photo

sells raffle calendars and bracelets to willing donors. The next big push includes the help of Lickity Splitz ice cream stand, which is donating 10 percent of sales on Aug. 27 between 11 a.m. and 9 p.m. if you mention Project Playground when you order. Plan on a bit of lunch that day, or at least a snack and help out the playground too!



### CLUES ACROSS

1. Austrian river  
4. Type of lunar crater  
7. Taoism  
8. German landscape painter  
10. Big players do this  
12. Nose cone  
13. Islamic republic  
14. Press against  
16. Where you find corn  
17. Battery cell  
19. Score  
20. Swiss river  
21. The Babe's real name  
25. Use it to clean  
26. Supervises flying  
27. Surfboard fin  
29. Aggressive dogs
30. Makes computers  
31. Buddy  
32. Existing everywhere  
39. Cheek  
42. Comes in bags  
43. British hip hop artist  
44. Resinous substance  
45. Pitcher Dillon  
46. Preceded Galba  
47. Not behind  
49. Students dread this  
50. Pasta  
51. Northeast and east  
52. Begetter  
53. Diego, Francisco, Anselmo to name a few

### CLUES DOWN

1. Incorporating  
2. Piper \_\_, actress  
3. Principality  
4. Famous bounty hunter  
5. Chilean seaport  
6. Relish  
8. Throng  
9. One point east of southeast  
11. Knot in a tree  
14. Revolutionary women (abbr.)  
15. Containerfuls  
18. Unit of weight  
19. Al Bundy's wife  
20. Genus of ducks  
22. Christian hermit  
23. Witch  
24. Average accounting return
27. Type of chef  
28. Barbie's pal  
29. Ford makes this  
31. Goes with carrot  
33. "Orange is the New Black" character  
34. Anno Domini (in the year of Our Lord)  
35. Unaccompanied  
36. Wild goats  
37. National capital  
38. Freeholders  
39. Smack  
40. Expressed pleasure  
41. Italian opera set  
45. Gode Airport  
48. Not or





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# Police Log

*Editor's Note: The information contained in this police log was obtained through public documents kept by the police department, and is considered to be the account of the police. All subjects are considered innocent until proven guilty in a court of law.*

MONDAY, AUGUST 8  
12:01 a.m.: suspicious MV (Old Gardner Road) spoken to; 12:14-4:04 a.m.: building checks, secure; 12:30 a.m.: disabled MV (Baldwinville Road) secure; 5:32 a.m.: registration check (Spring Street) services rendered; 5:49 a.m.: extra patrols (Jackson Avenue) services rendered; 5:53 a.m.: MV stop (Spring Street) verbal warning; 7 a.m.: DPW call (School Street) referred; 7 a.m.: DPW call (Lincoln Avenue Extension) referred; 7:51 a.m.: summons service (Baldwinville Road) unable to serve; 9:01 a.m.: registration check (Maple Street) report taken; 9:30 a.m.: general info (Mill Street) spoken to; 10:10 a.m.: ambulance (Front Street) transport; 10:15 a.m.: investigation (West Street) report taken; 10:24 a.m.: harassment (Western Avenue) info taken; 10:38 a.m.: investigation (Pleasant Street) assisted; 10:46 a.m.: 911 call non-emergency (River Street) false alarm; 10:48 a.m.: ambulance (School Street) transport; 11 a.m.: extra patrols (River Street) services rendered; 11:59 a.m.: summons service (Maple Street) served; 12 p.m.: summons service (Spring Street) served; 12:06 p.m.: investigation (Central Street) info taken; 12:07 p.m.: summons service (Ash Street) unable to serve; 12:15 p.m.: MV stop (Spring Street) traffic citation; 12:36 p.m.: larceny (Rice Road) report taken; 2:32 p.m.: MV stop (Lincoln Avenue) traffic citation; 3:38 p.m.: unwanted party (Main Street) spoken to; 5:04 p.m.: automatic fire alarm (Winchendon Health Center) services rendered; 5:11 p.m.: summons service (Baldwinville Road) unable to serve; 5:27 p.m.: extra patrols (Spring Street) secure; 5:35 p.m.: extra patrols (Maple Street) secure; 5:43 p.m.: accident (Spring Street) report taken; 6:02 p.m.: larceny (Central Street) report taken; 6:12 p.m.: MV operating erratically (School Street) verbal warning; 7:22 p.m.: MV stop (Gardner Road) verbal warning; 11:02 p.m.: burglar alarm (Mellen Road) secure; 11:52 p.m.: building check, secure.

TUESDAY, AUGUST 9  
12:10-12:41 a.m.: building checks, secure; 4:49 a.m.: ambulance (Central Street) transport; 5:34 a.m.: MV stop (River Street) written warning; 5:49 a.m.: MV stop (School Street) traffic citation; 6:09 a.m.: registration check (Spring Street) info given; 7:47 a.m.: FD call (First Street) refer to other agency; 8:49 a.m.: ambulance (Center Lane) transport; 8:52 a.m.: officer wanted (Pearl Drive) spoken to; 8:56 a.m.: 911 hang up (Senior Center) false alarm; 10:56 a.m.: automatic fire alarm (Broadview) false alarm; 12:47 p.m.: assist other agency (Ready Drive) assisted; 12:56 p.m.: investigation (Webster Street) secured building; 1:24 p.m.: 911 hang up (Webster Street) false alarm; 1:32 p.m.: MV stop (Spring Street) verbal warning; 2:05 p.m.: assist other PD (Lake Denison) area search negative; 2:29 p.m.: property lost (Winchendon Golf) info taken; 3:49 p.m.: investigation (Lincoln Avenue Extension) spoken to; 4:18 p.m.: accident (Baldwinville State Road) spoken to; 5:25 p.m.: lift assist (Clark YMCA) removed to hospital; 5:34 p.m.: harassment (Western Avenue) spoken to; 5:45 p.m.: lift assist (Goodrich Street) services rendered; 6:34 p.m.: ambulance (Highland Street) transport; 6:48 p.m.: fight (Spruce Street) arrest: Thomas E. Maxwell, age 49 of 69 East St., Winchendon: aggravated A&B; 6:59 p.m.: fight (Railroad Street) gone on arrival; 7:06 p.m.: unwanted party (Pearl Drive) advised officer; 7:34 p.m.: larceny (Tolman Road) report taken; 8:11 p.m.: extra patrols (Mill Street) area search negative; 8:43 p.m.: MV stop (Lincoln Avenue) verbal warning; 10:49

p.m.: summons service (Spruce Street) served.  
WEDNESDAY, AUGUST 10  
12:41-1:28 a.m.: building checks, secure; 12 a.m.: MV stop (Gardner Road) traffic citation; 12:40 a.m.: investigation (Munroe Street) unable to locate; 12:49 a.m.: registration (Spring Street) info given; 12:54 a.m.: registration check (Maple Street) info given; 12:57 a.m.: registration check (Belmont Avenue) info taken; 1:04 a.m.: noise complaint (Poland Avenue) spoken to; 1:08 a.m.: registration check (West Street) info taken; 1:15 a.m.: registration check (East Street) info taken; 1:47 a.m.: registration check (Pond Street) info taken; 1:50 a.m.: registration check (Goodrich Drive) info taken; 1:52 a.m.: registration (Mill Street) info taken; 4:48 a.m.: MV theft (River Street) report taken; 5:22 a.m.: suspicious MV (River Street) secure; 8:21 a.m.: vandalism (School Street) report taken; 10:55 a.m.: warrant check (walk in) referred to court; 11:02 a.m.: ambulance (Front Street) transport; 11:25 a.m.: MV stop (Maple Street) spoken to; 11:41 a.m.: burglar alarm (Glenallan Street) false alarm; 12:31 p.m.: general info (River Street) spoken to; 12:42 p.m.: sex offender registration (Central Street) assisted; 1:04 p.m.: ambulance (Hyde Park Drive) transport; 1:14 p.m.: extra patrols (River Street) services rendered; 1:20 p.m.: ambulance (Central Street) transport; 3:34 p.m.: runaway (King Philip Way) spoken to; 5:24 p.m.: custody dispute (Brown Avenue) spoken to; 6:02 p.m.: extra patrols (Webster Street) services rendered; 6:03 p.m.: disabled MV (Spring Street) no PD service required; 6:09 p.m.: ambulance (Lakeshore Drive) transport; 6:41 p.m.: investigation (School Street) spoken to; 7:15 p.m.: extra patrols (Juniper Street) services rendered; 7:17 p.m.: extra patrols (Webster Street) services rendered; 7:19 p.m.: extra patrols (Jackson Avenue) services rendered; 7:55 p.m.: ambulance (Beech Street) transport; 8:28 p.m.: intoxicated person (East Monomonac Road) spoken to; 8:47 p.m.: suspicious person (Teel Road) assisted; 9:04 p.m.: accident (Forristall Road) summons: Amanda Uguccioni, age 28 of 67 Main St. #2, Baldwinville: operating MV with license suspended; 9:09 p.m.: mental health issue (Oak Street) removed to hospital; 9:35 p.m.: fire alarm (Colonial Lane) services rendered; 10:04 p.m.: suspicious other (Hitchcock Road) services rendered; 10:11 p.m.: fire alarm (Colonial Lane) services rendered.

THURSDAY, AUGUST 11  
12:16 a.m.: loitering (Central Street) dispersed gathering; 12:21 a.m.: extra patrols (Webster Street rail bed) secure; 12:32 a.m.: registration check (Spring Street) info given; 12:36 a.m.: registration check (Spring Street) info given; 12:44 a.m.: registration check (Pond Street) info given; 12:50 a.m.: suspicious person (One Stop Plaza) spoken to; 1:08 a.m.: registration check (Maple Street) info given; 1:12 a.m.: registration check (Maple Street) 1:15 a.m.: registration check (East Street) info given; 1:17 a.m.: registration check (Goodrich Drive) info given; 1:18-1:38 a.m.: building checks, secure; 1:19 a.m.: registration check (Mill Street) info given; 5:04 a.m.: tree down (Ash Street) refer to DPW; 5:30 a.m.: registration check (West Street) info given; 6:19 a.m.: traffic enforcement (Jackson Avenue) secure; 6:21 a.m.: MV stop (Glenallan Street) traffic citation; 8:11 a.m.: ambulance (walk in) transport; 8:53 a.m.: animal complaint (Juniper Street) refer to ACO; 9:40 a.m.: disabled MV (Spring Street) unable to locate; 10:05 a.m.: summons service (walk in) served; 10:17 a.m.: keep the peace (Emerald Street) assisted; 10:46 a.m.: VIN inspection (School Street) assisted; 11:15 a.m.: registration check (Maple Street) spoken to; 11:53 a.m.: property found (Lake Denison) info given; 12:20 p.m.: ambulance (Mill Street) transport; 12:24 p.m.: MV stop (West Street) traffic citation; 1:31 p.m.:

disabled MV (Forristall Road) no PD service required; 1:41 p.m.: tree down (Hyde Street) refer to DPW; 1:55 p.m.: MV operating erratically (Goodrich Street) unable to locate; 2:19 p.m.: MV stop (Spring Street) spoken to; 3:50 p.m.: missing person (Hale Street) assisted; 4:20 p.m.: suicide threats (Vaine Street) report taken; 4:28 p.m.: ambulance (Pine Street) transport; 6:52 p.m.: extra patrols (Juniper Street) services rendered; 6:57 p.m.: MV operating erratically (Spring Street) advised officer; 7:33 p.m.: FD call (Brown Street) no FD service required; 7:42 p.m.: summons service (Baldwinville Road) unable to serve; 7:43 p.m.: extra patrols (Webster Street) services rendered; 7:46 p.m.: open door (Pearl Street) secured building; 7:47 p.m.: ambulance (Pine Street) transport; 8:08 p.m.: lift assist (Pine Street) services rendered; 9:13 p.m.: officer wanted (Lake Denison) dispersed gathering; 9:25 p.m.: officer wanted (Main Street) unfounded; 11:19 p.m.: registration check (Mill Street) info given; 11:23 p.m.: registration check (Goodrich Drive) info given; 11:26 p.m.: registration check (Pond Street) info given; 11:32 p.m.: MV stop (Central Street) written warning.

FRIDAY, AUGUST 12  
12:30 a.m.: ambulance (Spring Street) transport; 12:34 a.m.: disturbance (Mason Street) no PD service required; 12:53 a.m.: registration check (West Street) info given; 12:55 a.m.: registration check (West Street) info given; 1 a.m.: registration check (Maple Street) info given; 1:03 a.m.: registration check (Maple Street) info given; 1:05-1:43 a.m.: building checks, secure; 2:04 a.m.: burglar alarm (Mellen Road) secure; 2:09 a.m.: transport (High Street); 3:01 a.m.: suspicious MV (Hale Street) unable to locate; 5:51 a.m.: registration check (Spring Street) info given; 5:55 a.m.: registration check (Spring Street) info given; 5:57 a.m.: registration check (Spring Street) info given; 8:19 a.m.: ambulance (Central Street) transport; 9:13 a.m.: suspicious other (Brown Street) spoken to; 10:45 a.m.: general info (Ipswich Drive) info taken; 11:12 a.m.: fraud (Cathy's House) info taken; 11:21 a.m.: ambulance (Webster Street) transport; 11:32 a.m.: MV stop (Beech Street) spoken to; 11:51 a.m.: larceny (Rite Aid) report taken; 12:29 p.m.: mental health issue (North Street) spoken to; 12:35 p.m.: ambulance (Colonial Lane) transport; 2:18 p.m.: MV operating erratically (Glenallan Street) unable to locate; 2:28 p.m.: general info (Webster Street) info taken; 2:31 p.m.: assist citizen (Emerald Street) assisted; 2:55 p.m.: wires down (Joslin Road) refer to other agency; 3:15 p.m.: assist citizen (Hale Street) assisted; 3:39 p.m.: burglar alarm (Walnut Street) secure; 3:52 p.m.: disabled MV (Front Street) assisted; 4:07 p.m.: general info (Mill Street) info taken; 4:28 p.m.: extra patrols (Webster Street) services rendered; 4:29 p.m.: extra patrols (Juniper Street) services rendered; 4:38 p.m.: harassment (Poland Avenue) report taken; 4:47 p.m.: keep the peace (Emerald Street) report taken; 4:59 p.m.: MV operating erratically (Spring Street) refer to other PD; 7:50 p.m.: tree down (Baldwinville State Road) remove traffic hazard; 8:28 p.m.: power outage (Gardner Road) refer to other agency; 8:44 p.m.: disabled MV (Gardner Road) assisted; 9:07 p.m.: MV stop (Central Street) verbal warning; 9:22 p.m.: suspicious MV (Spring Street) spoken to; 9:24 p.m.: MV stop (Spring Street) verbal warning; 9:29 p.m.: officer wanted (Royalston Road South) assisted; 9:40 p.m.: disturbance (Goodrich Drive) services rendered; 9:44 p.m.: animal complaint (Fire Department) refer to ACO; 10:25 p.m.: group disturbance (IGA parking lot) dispersed gathering; 11:39 p.m.: extra patrols (Webster Street) secure; 11:42 p.m.: extra patrols (Ipswich Drive) secure; 11:44 p.m.: summons service (Maple Street) unable to serve; 11:50-11:58 p.m.: building

checks, secure; 11:57 p.m.: illegal burn (Grove Street) spoken to.  
SATURDAY, AUGUST 13  
12:11-4:11 a.m.: building checks & extra patrols, secure; 12:31 a.m.: loitering (Family Dollar) dispersed gathering; 9:59 a.m.: officer wanted (West Street) spoken to; 10:41 a.m.: general info (walk in) services rendered; 10:43 a.m.: animal abuse (Lake Denison) spoken to; 11:08 a.m.: accident (Central Street) report taken; 12:06 p.m.: officer wanted (Goodrich Drive) report taken; 12:29 p.m.: general info (Webster Street) advised officer; 12:42 p.m.: child welfare check (address not printed) no cause for complaint; 2:48 p.m.: extra patrols (Otter River Road) info taken; 3:10 p.m.: ambulance (Benjamin Street) transport; 3:53 p.m.: ambulance (Pine Street) transport; 4:13 p.m.: fire alarm (Linden Street) secure; 4:16 p.m.: summons service (Spring Street) unable to serve; 4:24 p.m.: disturbance (IGA) secure; 4:33 p.m.: summons service (Elm Street) unable to serve; 4:46 p.m.: summons service (Elm Street) unable to serve; 4:56 p.m.: ambulance (Spruce Street) transport; 5:14 p.m.: assist other agency (Eli Drive) unable to serve; 5:29 p.m.: animal complaint (Eli Drive) refer to ACO; 6:18 p.m.: extra patrols (Juniper Street) services rendered; 6:19 p.m.: extra patrols (Webster Street) secure; 6:26 p.m.: vandalism (Lake Street) summons; 7:23-8:42 p.m.: extra patrols, secure; 7:37 p.m.: transport (River Street) assisted; 8:16 p.m.: MV stop (Gardner Road) traffic citation; 8:49 p.m.: assist other PD (Main Road, Phillipston) assisted; 8:51 p.m.: disturbance (High Street) spoken to; 8:55 p.m.: accident (Baldwinville State Road) report taken; 9:13 p.m.: assist other agency (Rte. 12, NH) no FD service required; 9:43 p.m.: MV operating erratically (Goodrich Drive) spoken to; 9:49 p.m.: assist citizen (walk in) spoken to; 9:57 p.m.: accident (Russell Farm Road) arrest: Joshua Adam Lane, age 26 of 155 Monadnock Highway #22, Swanzey NH: negligent operation of MV, unlicensed operation of MV, resisting arrest, A&B on police officer and MV operator refuse to identify self; 10:36 p.m.: assist other PD (Main Road, Phillipston) assisted.  
SUNDAY, AUGUST 14  
12:13 a.m.: mental health issue (Krantz Road) removed to hospital; 12:17 a.m.: ambulance (Front Street) transport; 12:30 a.m.: larceny (Pearl Drive) report taken; 12:34 a.m.: noise complaint (Otter River Road) spoken to; 12:57 a.m.: ambulance (Mechanic Street) transport; 5:04 a.m.: suspicious MV (Winchendon Rod & Gun) secure; 5:40 a.m.: accident (Glenallan Street) summons: Selket D. Taylor, age 26 of 42 Water St., Boscawen NH: negligent operation of MV and marked lanes violation; 6:24 a.m.: alarm type unknown (Ipswich Drive) services rendered; 6:36 a.m.: burglar alarm (Spring Street) false alarm; 7:58 a.m.: animal complaint (River Street) spoken to; 10:05 a.m.: burglar alarm (School Street) false alarm; 10:17 a.m.: ambulance (Linden Street) transport; 10:34 a.m.: MV stop (Spring Street) spoken to; 10:47 a.m.: assault (Spruce Street) summons: Damian G. Kuchta Jr., age 29 of 160 Spring Circle, Winchendon: A&B; 11:14 a.m.: public service (Central Street) refer to DPW; 11:25 a.m.: trespassing (Alger Street) info taken; 11:34 a.m.: MV stop (Spring Street) spoken to; 1:07 p.m.: ambulance (Goodrich Street) transport; 1:19 p.m.: assist citizen (Beech Street) assisted; 4:23 p.m.: ATV complaint (Independence Drive) spoken to; 6:39 p.m.: assist other agency (Teel Road) assisted; 6:58 p.m.: lift assist (Goodrich Street) services rendered; 7:22 p.m.: suspicious MV (High Street) unfounded; 8:47 p.m.: missing person (Cummings Road) returned to home; 9:53 p.m.: ambulance (Ipswich Drive) services rendered; 10:17 p.m.: harassment (Royalston Road South) spoken to.

## CALENDAR

continued from page A2

mal fibers either through a wet process with water and agitation or by using a needle with barbs to tangle the fibers. You will learn to use the flat felting technique to "paint" two simple pictures. Karen Sugalski is an accomplished artist and instructor. 10 a.m.-2 p.m.; \$45 per person, No skills required. to be held at the GALA Arts Gallery at 135 Front St. Enroll today! Class is limited to 10. Bring a bag lunch. Coffee and tea will be available.

THURSDAY, SEPTEMBER 8  
BOOK CLUB: Beals Memorial Library hosts a book discussion group the second Thursday of each month at 5:45 p.m. The book is available to borrow at the library, call for details, (978) 297-0300. Always welcoming new members.

SATURDAY, SEPTEMBER 10  
CASINO ROYALE: annual fundraising gala for the Winchendon Historic and Cultural Center is scheduled at the Orange Whitney House, 122 Pleasant St. Tickets are already on sale and going fast; contact Peggy Corbosiero at (978) 297-2415 or (561) 459-9484 to reserve.

THURSDAY, SEPTEMBER 15  
OPEN MIC: at the American Legion Post 193, 295 School St. Beginning at 9 p.m. Like to sing? Play an instrument? Willing to jam with a few other musicians? Then come on down and join us at the lower level. Always a good time. Open to everyone! Non-smoking venue.

GARDEN CLUB: The Winchendon Garden Club meetings are held at 1 p.m. on the 3rd Thursday of the month from April to December at the Ipswich Drive community building. New members are always welcome. For more info please call Lorraine 978-297-1760

SATURDAY, SEPTEMBER 17  
FALL FESTIVAL: Fall Festival at Ingleside. This is the third year of community celebration at Ingleside off Maple Street. All day fun for the whole family. Games, rides, animal exhibitions, vendors and more.

Courier

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Winchendon

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# OBITUARIES

## Sandra (Neiss) Carr, 72



WINCHENDON — Sandra (Neiss) Carr, age 72, of 103A Ipswich Drive, died Sunday morning, Aug. 14, 2016 at Umass Memorial Hospital, University Campus, Worcester after a long illness.

Born in Woburn on June 2, 1944, Sandy grew up in Natick and is a graduate of Natick High School. She also lived in Framingham and Marlboro during her adult life.

She is survived by her daughter, Sharon (Carr) Perkins and her husband Charlie of Templeton and her three grandchildren, Samuel Dickens of Derry, NH, Brian Dickens of Templeton. She is also survived by her son, David J. Carr Jr. and his wife Barbie of Milford and their children, David James Carr III, Angela Carr of Shrewsbury, Amelia Carr and Mathew Carr of Milford. Sandy is also survived by her brother, Frederick J. Neiss Jr. of Richmond, VA. Sandy was predeceased by her husband and best friend, David Carr Sr. and her parents, Frederick J.

and Dorothy (Spruhen) Neiss.

For a good portion of her adult life, Sandy worked for Data Translation in Marlboro before retiring to Zephyrhills, FL where she entered the nursing program and received her LPN licensure in March 1997. She then spent several years caring for the elderly in and around Zephyrhills.

Sandy loved to crochet, volunteer at Memorial School in Winchendon, working with the first grade, travel (especially to Las Vegas, Italy and the Caribbean). Most importantly, she loved spending time with her family and grandchildren. Her fur babies, Sampson, Delilah and Delia kept her company after her husband Dave's passing in 2012. She moved to Winchendon soon after and has lived in Winchendon for the past four years.

At her request, funeral services will be private and at the convenience of her children. In lieu of flowers, donations may be made to a charity of one's choice.

Stone-Ladeau Funeral Home, 343 Central Street, Winchendon is directing arrangements.



WINCHENDON — Thomas A. Dodier, age 58, of Winchendon, died at his residence Monday, Aug. 15, 2016.

He was born in Winchendon on Nov. 30, 1957, son of the late Henry R. and Elaine Z. (Gauthier) Dodier and was a lifelong resident of Winchendon and Lake Monomonic. Tom graduated from Montachusett Regional Vocational Technical School, where he studied machinery.

## Thomas A. Dodier, 58

Tom had worked as a machinist at General Electric and worked on the space shuttle. His greatest enjoyment was fishing on Lake Monomonic.

He leaves two brothers, Daniel Dodier of Leominster and Gary Dodier of Lexington, KY as well as nieces, nephews and a close cousin and friend, Daniel J. Tenney of Winchendon.

Calling hours in Stone-Ladeau Funeral Home, 343 Central Street, Winchendon will be held Monday, Aug. 22, 2016 from 4 to 6 p.m. followed by a funeral service at 6 p.m.

## Nancy J. (Hawkins) Kristoff, 69



STERLING — Nancy J. (Hawkins) Kristoff passed away peacefully in her home in Sterling on Thursday, August 11, 2016. She was 69. Born in Gardner and raised in Princeton, Nancy was the daughter of Selvin and Doris (Mongeau) Hawkins and lived 52 years in Sterling.

After graduating Wachusett Regional High School, Nancy met and fell in love with a young man from Sterling by the name of George Kristoff, and in 1967, they began their journey in marriage that would last almost five decades. As most young woman of her time, Nancy was able to stay at home and raise her four children while her husband managed their family business. As her family matured, she was able to actively join her husband in their family business, Sons of Kristoff in Sterling.

Nancy was a former member and past president of St. Richard of Chichester Church Woman's Guild, served over 30 years as the Sterling Registrar of Voters and was a long time police matron for the Sterling police. Nancy was very active with the Lassie League in Sterling which is now known as Sterling Girls Softball Association. She coached softball, served as a commissioner, and raised money for the Lassie League by starting a snack bar which started with a grill, a couple of hot dogs, her Lincoln and a lot of Yankee ingenuity.

Nancy's family tenderly remembers her as feisty, stubborn and tenacious. Her political views ran deep and she enjoyed persuasively expressing her ideas on local issues with her family, friends and town officials. However,

you could always win her over if you were to initiate a discussion about her favorite topics — family, Neil Diamond or NASCAR racing. Nancy and George owned several RVs over the years and particularly looked forward to their trips to the car races in Loudon, Daytona and Charlotte. She never missed the opportunity to go clothes shopping with her daughter and granddaughters or her well deserved pedicures. Nancy never needed a reason to cook for her family and was famous for her holiday turkey stuffing, chocolate chips pancakes and chicken wings. First and foremost, Nancy loved spending time with her family. Just last weekend, she along with the ladies of the family, spent a memorable "chick weekend" in Old Orchard, Maine. She was a devoted wife, mother, grandmother, sister and friend, and will be missed by those who were privileged to know her.

She is survived and will be lovingly missed by her husband of 49 years, George W. Kristoff Jr.; a daughter, Christine Marie Kristoff-Cote and her husband, Daniel of Hubbardston; three sons, Steven D. Kristoff and his wife, Nicole of Sterling, George Kristoff III of Sterling, and Daniel J. Kristoff and his wife Marie of Sturbridge; a brother, Richard Hawkins of Holden; a sister, Sheila Cramm of Winchendon; three granddaughters, Cassandra, Mandi and Audrey Kristoff; nephews and nieces including Rhonda who held a special place in Nancy's heart. Along with her parents, she joins her two sisters, Linda Hawkins and Carol Green who are predeceased.

A funeral service honoring her life will be held privately at the Miles Funeral Home.

## Donald M. O'Malley Jr., 32



WINCHENDON — Donald M. O'Malley Jr., age 32, of 163 Spruce St. died Tuesday evening, Aug. 9 in Heywood Hospital, Gardner.

He was born in Gardner on Sept. 17, 1983, son of Tawnee S. (Oja) O'Malley of Winchendon and the late Donald M. O'Malley and was a lifelong resident of Winchendon. Donald graduated from Narragansett Regional High School in Baldwinville with the class of 2002.

Donald worked as a construction worker and specialized in finish carpentry in Worcester County. He was a member of AA, enjoyed fishing and was an avid poker player. He was a great fan of the New England Patriots and

especially enjoyed spending time with his family.

In addition to his mother, he leaves his wife Stephanie A. (Carr) O'Malley; two stepchildren, Alan and Ezekiel Ashmore; two sisters, Tamela J. O'Malley-Webb and her husband Anthony and their daughter Elizabeth of Oxford and Erin B. O'Malley of Webster; a maternal grandfather, Thomas Oja of Winchendon; a paternal grandmother, Virginia O'Malley of Winchendon; a special friend Amanda Tamasunas of Athol and several aunts, uncles and cousins.

Funeral services were held Monday, Aug. 15 in Stone-Ladeau Funeral home, 343 Central St., Winchendon. Burial was in Calvary Cemetery.

Memorial donations may be left at the funeral home.

**SEND OBITUARIES** at no charge to Editor Ruth DeAmicis, by faxing (978) 297-2177, or by e-mailing the editor at [ruth@stone-bridgepress.com](mailto:ruth@stone-bridgepress.com).

We also invite funeral directors and families to e-mail us a JPEG photograph to print, at no cost, alongside the obituary.

## Grief or Depression? 25% misdiagnosed

A recent study by Dr. Michael First of Columbia University, Jerome Wakefield of New York University and Allan Horwits of Rutgers University, states that 25 percent of patients are improperly diagnosed as depressed, when in actuality, they are suffering from stressful events. Stressful events in one's life might include divorce, loss of employment, loss of a home, or the death of a loved one. These events are not abnormal in today's modern lifestyles. They are, however, painful and bring on sadness, discomfort and stress.

Unfortunately, it can be difficult to understand if you are suffering grief or depression. These partial lists below demonstrate how one might find it difficult to decipher between these two conditions.

signs and symptoms of grief:  
inability to focus on tasks  
difficulty with sleep (too much or too little)  
changes in appetite (too much or too little or both)

signs and symptoms of depression:  
inability to focus on tasks  
difficulty with sleep (too much or too little)  
changes in appetite (too much or too little or both)

As you can see, the two lists are identical. The discovery that 25% of patients are misdiagnosed as depressed creates a dilemma in recognizing the differences between grief and depression.

Grief and depression are different conditions. With grief, the world looks poor and empty. With depression, the person feels poor and empty.

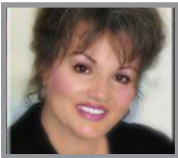
Although depression may exist during bereavement, it seems to be a transient state.

If depression debilitates the bereaved for an extended period, professional practitioners might be considered.

If one has suffered an extended period of grief and notices that one's coping skills are not improving; or if one has thoughts of harming oneself, one might consider professional intervention.

The issue with an improper diagnosis of depression is that one's physician might prescribe antidepressants when they are not warranted.

"If someone has a normal grief reaction, you wouldn't give that person an antidepressant; you would favor counseling." (Dr. Michael First



PUSHING UP  
DAISIES  
.....  
TRACEY RENEE LEE

of Columbia University) Counseling is preferred as it does not involve strong medications that may carry severe or very bothersome side effects. Two of the most troublesome side effect of antidepressants are excessive weight gain and loss of sexual performance in both men and women.

"Sexual side effects are one of the long-term side effects that many people cannot tolerate." (Madhukar Trivedi, MD, University of Texas Southwestern Medical Center)

When a survivor experiences grief, life is confusing and difficult to bear. The phases of grief recovery are unique to one's life's experiences. If you are concerned that you may be suffering depression after loss, it might be a good idea to consult with a certified grief counselor. Grief counselors are educated in methods that may help you recover without the risk of strong prescription medications. Some survivors find positive results in partnering with a "Grief Buddy." Grief Buddies are friends and family who have previously suffered loss and are willing to help you with your recovery. They are open to listening to your story, suggesting recovery methods and strategies they found helpful, and spending time with you until you are able to re-acclimate yourself socially.

I hope if you are suffering grief and are concerned that you have entered the debilitating realm of depression, that you will seek immediate professional assistance. Whether you decide to consult with your MD, a grief counselor, or a mental health practitioner is your choice. My prayers, however, are for your health and recovery.

*My name is Tracy Renee Lee. I am the owner and managing funeral director at Queen City Funeral Home in Queen City TX. I am an author, syndicated columnist, and co-founder of Heaven Sent, Corp. I write books and weekly bereavement articles related to understanding and coping with grief. I am the American Funeral Director of the Year Runner-Up and recipient of the BBB's Integrity award. I deliver powerful messages and motivate audiences toward positive recovery. It is my life's work to comfort the bereaved and help them live on.*

*For additional encouragement, read other articles or watch video "Grief Briefs," please go to my website at [www.MourningCoffee.com](http://www.MourningCoffee.com).*

## WINCHENDON CHURCHES

Bethany Bible Chapel  
727 Spring St.  
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Pastor/Elder Tom  
Clinkscale  
<http://bbchapel.net>  
[office@bbchapel.net](mailto:office@bbchapel.net)  
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10:30 a.m.

Church of God  
30 Beech St.  
(978) 297 1723  
Rev. Howard Underwood Jr.  
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[winchendonchurchofgod@gmail.com](mailto:winchendonchurchofgod@gmail.com)  
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adult class: 9:45 a.m.  
Sunday morning service &  
children's church: 11 a.m.  
Sunday evening evangelist  
service: 6:30 p.m.  
Wednesday prayer meet-  
ing: 7:30 p.m.

Cornerstone Church  
122 Gardner Road  
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<http://cornerstoneag.net>  
Pastor Barry Risto  
Pastor Debbie Risto  
Pastor J. Lillie  
Pastor Brad Hackett  
Pastor Donna Slocum  
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10:30 a.m.  
Tuesday youth ministries:  
6:30 p.m.  
Wednesday Royal Rangers  
& Mpace & Abundant Life  
service: 6:30 p.m.

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[www.unitedparish.com](http://www.unitedparish.com)  
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Youth group Sunday 6 p.m.

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Minister Inanna Arthen  
<http://uucw.ncmuuc.org>  
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# SPORTS

## Clark camp winds down

BY JERRY CARTON  
COURIER CORRESPONDENT

WINCHENDON — Summer seems to have flown by and next week will be the last stand for Camp Clark as school re-opens the following Monday.

However, “the lack of snow this past winter allowed students to get out of school much earlier than normal, presenting the Y with the opportunity to run a longer 10-week camp season,” said program director Kyle Scrivines.

“This summer has been great,” he enthused, adding, “we had a nice



Morgan St. Pierre photo

The Clark Memorial YMCA is home to a variety of programs.

mix of new and returning campers with us. We saw a lot of campers trying it

out early in the season and then signing up to return for several more

weeks of camp.”

As ever, the weekly field trips were popular with campers and families. There were excursions to the Southwick Zoo, roller skating, state parks, the Ecotarium and even a New Hampshire Fisher Cats baseball game.

Speaking of tradition, Camp Clark hosted the annual Olympics to coincide with the Summer Games in Rio as well as the 4th annual Camp Clark Egg Drop and treasure hunts among others.

Even academics entered the picture this summer with a reading program.

“Parents have asked that we do something like that, so we set aside time each day for that,” explained Scrivines.

He said the Sports Camps were again thriving.

“We have had great success with our sports camp, this year offering basketball, karate, gymnastics, dance, flag football, and soccer.”

“Sports camp has given campers the opportunity to participate in that sport for half a day and have the traditional camp experience for the other half of the day.”

Scrivines reflected on continuity. “Campers

and parents both have enjoyed seeing so many familiar faces when it comes to camp staff. We have had a number of returning staffers year after year. It really adds to their experience when they arrive at camp and see so many people they already know. We’ve had another great summer,” he remarked.

Meanwhile, member registration for the fall season opened this week. Non-members can register starting Monday. That session runs Sept. 6-Oct. 30. Registration is available online at the-clarkymca.org.

## Time to hit the dek

BY JERRY CARTON  
COURIER CORRESPONDENT

WINCHENDON — Fall dek hockey season at Mylec is just around the corner and signups are scheduled next week and the following Monday at the facility on Rt. 140.

In person signup times are 5-7:30 p.m. on Wednesday, the 24th, and Thursday the 25th with additional registration slated for next Saturday, Aug. 27 from

10 a.m.-1 p.m. and again next Monday the 29th, again from 5-7:30 p.m.

Mylec’s Bobby Erdman is looking forward to a successful season. “We’re excited,” he said, pointing out everyone who signs up will play.

“As our flier says, if you can run, you can play,” he laughed.

The season will feature six levels. The Chipmunk division is for 4-6 year olds and the registration fee is \$75. 7-9 year old Penguins have a fee of \$100 as do

the 10-12 Beavers, 13-15 Cadets and 16-18 Freshmen.

18-plus Seniors will pay \$110.

“It’s a bargain,” said Erdman, explaining there are two new deks (Mylec dek mats) and there will be both a regular season and playoffs for the campaign which gets underway Sept. 6.

Coaches and referees are “welcomed and needed” as well.

Signup forms are available online at www.dekhockey.com under the down-

load tab. More forms and other information are available on the National DekHockey Center Facebook page.

While the in-person signup times are set, anyone who’s already signed up can bring their forms and payment to the Mylec front desk at 37 Commercial Drive. The phone number is (978) 297-0088.

“It’s going to be lots of fun,” Erdman promised.

## Domination anticipation

Going into the about-to-be-concluding Olympics, four athletes were projected to dominate their sports and that’s exactly what happened. The anticipation though didn’t diminish one iota how awestruck we were when, alphabetically, Simone Biles, Usain Bolt, Katie Ledecky and Michael Phelps did their thing.

We all agree, I would imagine, that NBC’s network coverage has been, shall we say, selective as well as often annoying and sometimes infuriating. We all agree, I would imagine, that Rio was a ridiculous locale in the first place but money talks as usual, and we weren’t surprised to have read about the robbery of four swimmers or the messy, maybe toxic green water in the diving pool or the theft of lots of cameras

and other equipment.

I can’t imagine why any city would want to host the Games but that doesn’t diminish the scope of the athletic achievements we watched. It used to be, when “the world’s fastest human” was American, speculation would immediately begin regarding what kind of NFL wide receiver they’d be. Bob Hayes was a pretty good one for the Cowboys 50 years ago which made him a two sport star but how many of you would say Hayes was a better athlete than Bolt, especially given today’s training and diet practices? Not many of you, right?

There was a bit on social media chatter earlier this week when American Allyson Felix lost a gold medal when Shaunae Miller representing



TALKING  
SPORTS

JERRY  
CARTON

the Bahamas and competing as well in the SEC at Georgia, dove across the finish line of the women’s 400 meters, but that was perfectly legal. It’s whose torso not legs, crosses the wire first and evidently is not at all uncommon in track. Basketball? The US women are cruising. The men though while still prohibitively favored to win gold, have had their hands full with some good international teams whose rosters include NBA players

too. The US team looks exactly like what it is: a team thrown together a month ago which doesn’t seem all that interested in defense. While it’s not exactly the 1992 Dream Team, this group will win gold regardless.

Golf was a winner too, though I didn’t feel like it belonged. Winner Justin Rose said he felt as much pressure on the 72nd hole Sunday as he ever has, including during his run to the US Open title at Merion three years ago. Rose, Matt Kuchar, Bubba Watson and the other golfers said they weren’t sure what to expect but came away awed by the Olympic experience. Still, from afar golf doesn’t feel like an Olympic thing to me.

Speaking of winning, the NFL’s return to SoCal was an early winner last weekend

when 89,000 fans crowded into the ancient Coliseum for the Rams first home game there, albeit pre-season, since 1979, which happened to be a Super Bowl season. From 1980-94, the team played at Angels Stadium in Anaheim before fleeing to St. Louis for a couple decades. One wire service story quoted a fan returning to his seat for the first time in those 36 years grumbling something like “they haven’t cleaned it since then.” Hyperbole? Who knows? We’ll see if 89,000 are still showing up in November or December when while the weather will be fine, the team is unlikely to be. Not in the same division with the Seahawks and Cardinals. Not a chance. See you next week.

## Tryouts scheduled

BY JERRY CARTON  
COURIER CORRESPONDENT

REGION — The New England Diamond Devils Softball organization will hold tryouts for the 2017 season Sunday, Aug. 21 at FRANKLIN PIERCE UNIVERSITY.

The program will offer teams at the 10u,12u,14u,16u & Diamond Prospect teams. Tryout times are 10u-2 p.m., 12u-3 p.m., 14u-4 p.m. & 16u & prospect team-5 p.m. Players should check in at Pappas Field 30 minutes prior to their time slot.

The program is under the direction of two time National Championship Coach Jim Coppo and includes several high school coaches including Murdock’s Mike Fontaine and Keene Assistant Varsity Coach Ralph Bartlett.

Coppo, the Keene High School coach, previously spent 18 seasons at ConVal Regional High School, leading the Cougars to the 2013 State Championship and five Final 4 appearances in addition to capturing back to back ASA National Championships and NSA World Series Runner Up honors.

For more information, please contact the New England Diamond Devils at (603) 209-2664; or www.diamonddevilssoftball.com and Facebook: New England Diamond Devils Softball.

## Golfing for hoops raises funds

up for the event despite the searing heat and stifling humidity. The proceeds will go towards more uniforms and practice jerseys for the Lady Devils.

The tournament attracted a large contingent of local golfers as well as current MHS hoopsters Molly and Kelly Murphy and Murdock alum Ann Abare (class of

1966), the coach’s wife.

Looking ahead to the pending off-season, Jim Abare will be scheduling Saturday open gyms with times to be announced. In addition, Bob Bigelow, the former NBA first round draft pick will return to MHS, probably in November, to conduct the skills clinic he ran for boys and girls in 2013 and 2014.

“It was a success when Bob came. The kids got a lot out of it. We’d just like to see more girls show up,” said Abare, noting both sessions drew a significantly higher number of boys than girls.

The field hockey program will be holding its own fund-raiser but details of the event were uncertain at press time

### HOOPS CAMP DRAWS A CROWD

Morgan St. Pierre photos



Coaches and participants in the recent AAU basketball camp at Murdock High School gather before the session began.



Hard hitting action under the boards highlighted a recent AAU hoop camp at Murdock

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**GVNA**  
*continued from page A1*

situation.

“In some respects, we’re dealing with a similar situation working with the funeral home and with the community, but in other ways, it’s unique,” he said. “It’s nice to laugh and cry together.”

He said a lot of survivors go into a secluded existence and withdraw from seeking support. But, for him, meeting people is an important part of the recovery process.

Survivors deal with death differently, based on whether they have a sense of religion or after-existence -- or not, he said.

Bereavement services coordinator and spiritual care Chaplain Pat Neville said the lowest the adult group has been is two participants with the highest being 16.

“Eight to 10 people is a good size, because if the group is larger, people don’t have as much time to share.”

Neville said survivors often don’t come for the first few months after the death, trying to get everything straightened out.

But survivors often come after the first stretch and during an anniversary, birthday, or when another loved one has died, she said. Or if the patient is in hospice, caregivers will come to prepare themselves for the inevitable.

Neville commented on what death triggers with which the support group mostly deals.

“All kinds of cancer from fast to slow to reoccurring,” she said. “Accidents, dementia, old age, and heart as well as breathing issues.”

She said participants usually provide other group members with their first

name and pass around an apple, serving as a talking stick, when people would like to share their experience.

Family members usually go together for support, but friends are also invited, she said.

Neville’s interest in the field sparked when she lost two parents, James, age 74, and Jane Neville, age 76, and her best friend at age 64. She grew up with her grandmothers, Gertrude Bell, age 89, and Mary Agnes Neville, age 82, who also died.

Director of hospice Karen Bernhardt said society welcomes people into this world gracefully, and society should send them off gracefully.

“Many people want to die in the comfort of their home,” Bernhardt said, whose interest was sparked by watching the end-of-life care for her grandfather, Harry West, age 75, of Vermont.

Bernhardt is welcoming the bereaved to a service of remembrance, Monday, Sept. 9 at 6 p.m. at Cornerstone Church, 122 Gardner Road in Winchendon. Bring photos or mementos of a loved one to place on the table of remembrance.

Two memorial services are offered during the year along with life-long 24/7 support and home visits.

She said it would be beneficial for some survivors to attend the caregivers support group while patients are in hospice, listed below.

North Quabbin Adult Day Health Center hosts a caregiver group specific to Alzheimer’s or related disorders on the second and fourth Wednesday of the month from 3 to 4:30 p.m. at 1471 Main St. Rear, Athol (behind Dr. Funa’s office).

Wanda Landry, who works at Quabbin Valley HealthCare and volunteers for the Massachusetts Alzheimer’s Association, coordinates the Athol



Tara Vocino photo

**Director of Hospice Karen Bernhardt and Bereavement Services Coordinator and Chaplain Pat Neville offer confidential bereavement support groups in Gardner and in Athol.**

caregiver group. The Alzheimer’s Association sponsors it.

“It’s an opportunity for anyone caring for someone in their home or close to them with any form of dementia to learn coping strategies and be educated about the disease process,” Landry said. “It’s non-threatening, where we don’t place judgment on anyone.”

Besides working in the field, her father, who lives out-of-state now has

Alzheimer’s.

Landry discussed what types of diseases with which her group deals.

“Cognitive difficulty,” she said. “That means memory issues, whether that’s due to brain trauma, dementia (vascular or frontal), Mad Cow, alcohol or drug-induced, Parkinson’s, and neurological brain disorders.”

Landry explained the average brain weighs just three pounds. A dementia patient brain weighs just one pound with a massive cell loss.

“It starts with short-term memory loss, such as what the patient had for breakfast,” Landry said. “But it affects eating, swallowing, as well as gross and fine motor skills. It then turns into long-term memory, such as knowing who the patient’s son is.”

Her group ranges in size from two to eight participants with capacity at 16. The best-sized group has less than 10 members for more individual support, she said.

Landry commented on participants’ relation to the caregivers.

“For the most part, they’re personal caregivers,” Landry said. “But we do have some professional caregivers. Some are caregivers to their spouses. Or fathers. And both at the same time.”

Landry said the group is a safe place and all meetings are confidential, not open to the press. Her participants declined to be interviewed due to the confidential nature of the group.

Fitchburg Adult Day Health Center offers a similar caregiver support group, 12:30 p.m., at 481 Electric Ave. on the last Wednesday of the month.

For information on the Fitchburg caregiver group, call (978) 342-9428; Athol, (978) 248-9470; and for the Gardner/Athol bereavement groups, call (978) 632-1230, ext. 325.

# Try apple cider vinegar for what ails you

Apple cider vinegar has been a staple in kitchen cupboards for generations. Hailed as a “health tonic” for a myriad of ailments, the natural liquid, made from fermented apples, has a centuries long history of health benefits that are being rediscovered today. From relieving heartburn and halting halitosis, to stabilizing blood sugar and soothing arthritis pain, ACV serves as a natural and inexpensive alternative to modern medicines. Through the years this column has shared a variety of apple cider vinegar hints. If you can stand a few more, the following pages spotlight the virtues of apple cider vinegar.

Note: Always check with your doctor before ingesting raw apple cider vinegar as use may effect tooth enamel, bone density, decrease potassium levels, interfere with medications, etc.

\*\*\*  
FYI: The key to reaping the many advantage of apple cider vinegar lies in choosing ACV in its natural, unfiltered state, which means purchasing (or making) vinegar that includes the “mother enzyme” of vinegar — a white, filmy substance that occurs as the liquid is fermenting. Thus, pass over the clear amber bottles of processed apple cider vinegar that crowd supermarket shelves.

Natural apple cider vinegar, complete with the “mother” will be labeled as such. The whitish mother enzyme, produced by fermentation contains healthy raw bacteria and enzymes that have been credited with health benefits. Raw ACV is unprocessed, unfiltered and not pasteurized. Typically, it has a brownish hue, with a visible whitish organic material is visible through the glass. The label should state it is organic. Stay away from apple cider vinegar in plastic bottles, as not all are certified BPA free.

\*\*\*  
Health Benefits of ACV: What’s the secret to apple cider vinegar’s healing properties? It is common sense that if apple cider vinegar aids in regulating the pH in the body and keeps it alkaline, it would keep harmful microorganisms and bacteria away, as they cannot thrive in an alkaline environment. In addition, a substance in vinegar, acetic acid, can kill bacteria and/or prevent them from multiplying and reaching harmful levels. And let’s not forget to credit ACV’s main ingredient. Apples have long been touted as a health boosting fruit that promises to “keep the doctor away.”

\*\*\*  
How much ACV can you safely consume? According to Carol Johnston, PhD, associate director of the School of Nutrition and Health Promotion at Arizona State University, a tablespoon of apple cider vinegar mixed with eight ounces of water and taken before a meal is a safe dose. Some people prefer to add honey or maple syrup to mask the taste of straight vinegar, while others drink it in hot tea. Of course, you can always reap the benefits of raw ACV the most traditional way – enjoyed in a fresh salad.

\*\*\*  
Apple Cider Vinegar Detox Bath: To release toxins from your body and draw excess uric acid out, try this detox bath. Praised for its ability to cleanse the body both inside and out, this simple, but effective bath also offers pain

relief for those with arthritis and gout. The apple cider vinegar returns the skin to its ideal pH. As a bonus, an ACV bath aids in decreasing body odors better than deodorant.

Simply add two cups of unfiltered apple cider vinegar into a tub of hot water. Relax in the tub for at least a half hour or until the water has cooled. Towel dry without rinsing.

\*\*\*  
Apple Cider Vinegar Rx  
• Arthritis/Achy Joints: ACV is a natural pain reliever, and many studies have proven that the vinegar works especially well in decreasing arthritic and joint pain.

Applying a bandage poultice of ACV targets pain at its source. Heat up a cup of water with three tablespoons of apple cider vinegar, including the mother enzyme. Soak a cotton or flannel bandage in the mixture for at least 15 minutes. While solution is still warm, dip affected joint area in the mixture to wet the area. Apply warm bandage over the joint, wrapping it to a snug (not tight) fit.

An ACV massage bath is another method to treat arthritis and joint pain. Pour 12 ounces of raw apple cider vinegar into a warm tub of water. Soak in the tub for at least ten minutes, then massage aching muscles and sore joints. Enjoy another ten minute soak and repeat.

• Insulin Resistance and Diabetes: Medical studies reveal ACV taken with a high carb meal improved insulin sensitivity by 19-34 percent and significantly lowered blood glucose and insulin responses. In addition, research shows two tablespoons of ACV before going to bed can reduce fasting blood sugars.

In 2007 Diabetes Care published findings that concluded taking two tablespoons of apple cider vinegar before bed lowered morning glucose levels by up to 6 percent. Other researchers reported that apple cider vinegar taken with meals slashed blood sugar levels by 30 percent.

“Vinegar appears to have effects similar to some of the most popular medications for diabetes,” stated Arizona State University researcher Carol Johnson.

Note: Check with your doctor before ingesting ACV if you are taking medication for diabetes or insulin resistance.

• Weight Loss: Raw apple cider vinegar has been praised as a natural weight loss supplement, attributing its success to its ability to lower glucose levels and help you feel fuller at mealtime. In fact, a research experiment reveals those who drank ACV with a high carb meal ingested up to 275 fewer calories the rest of the day. Moreover, a three-month study of overweight participants proved that those who took apple cider vinegar daily reduced the size of their waists.

The good news is, it doesn’t take a daunting dose of ACV to be effective. A double blind Japanese study found the following: In a 12 week experiment, participants who daily ingested a 16

ounce drink with one tablespoon of ACV added, had lower BMI, less visceral fat, and lost more weight than those whose drinks didn’t contain vinegar. As a bonus, the vinegar also lowered the participant’s triglycerides. Another study in Japan reported that mice whose high fat diets were supplemented with acetic acid (the main ingredient in vinegar) developed up to 10 percent less body fat than control mice.

Prevention Magazine reported: “Acetic acid, the main component in vinegar, may interfere with the body’s ability to digest starch.”

Still not convinced apple cider vinegar can be the key to successful weight loss? An abundance of ACV weight loss testimonials are available online from dozens of health site sources.

• Acid Reflux and GERD: While it might seem counterproductive to treat acid with acid, acid reflux is often caused by the lack of acid in the body. Taking two teaspoons of apple cider vinegar every day (diluted in water) has been known to relieve the symptoms of acid reflux and GERD better than many over the counter remedies.

To halt indigestion before it begins, drink a teaspoon of ACV with a teaspoon of honey in a warm glass of water about a half hour before you eat a meal that you expect won’t agree with you.

• Tummy Troubles: The antibiotic properties in ACV has

been proven to relieve diarrhea caused by bacteria. What’s more, pectin from the apples has also been proven to stifle gastric spasms. According to “The Blaylock Wellness Report,” apple cider vinegar can also help prevent dysbiosis, an imbalance between good and bad bacteria in the gut, according to author Dr. Russell Blaylock. He recommends drinking a teaspoon of organic vinegar mixed with four ounces of water with each meal to aid digestion and ease reflux conditions.

• Heart Health: Here are more reasons to eat salads: A decade long study revealed that women who ate a vinegar based salad dressing five to six days a week each week lowered their risk of ischemic heart disease. Want more? The June of 2011 issue of Journal of Agricultural and Food Chemistry reported that ingesting apple cider vinegar significantly lowered triglycerides and cholesterol. And the British Journal of Nutrition also claimed that apple cider vinegar can lower cholesterol. The lower numbers were attributed to apple cider vinegar’s acetic acid content.

• Colds and Flu: Many ACV drinkers swear downing a tablespoon or two of at the first signs of a cold or the flu halts the bug in its tracks. If you’ve got chest congestion or a stuffy nose, a teaspoon of apple cider vinegar in a glass of water can help relieve



TAKE  
THE  
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congestion. The pain of a sore throat can be soothed by gargling with a tablespoon of ACV in a glass of warm water.

\*\*\*  
Win Dinner for Two — Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three-course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hints to: Take the Hint!, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or e-mail karr@aol.com. Hints are entered into a drawing for a three course dinner for two at the historic Publick House Inn!*



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# New veterans benefits and housing part of legislation

BOSTON — Governor Charlie Baker was joined by active duty service members and veterans of the United States Armed Services, Secretary of Health and Human Services Marylou Sudders, Secretary of Veterans' Services Francisco Ureña and members of the legislature as he signed An Act relative to housing, operations, military service, and enrichment, (H. 4285) or "The HOME Act," into law. The omnibus legislation provides additional support for members of the Armed Services, veterans, gold star families, and the Commonwealth's two soldiers' homes.

"We are grateful to the brave men and women who have answered the call for our nation and Commonwealth," said Baker. "I am honored to sign this legislation enhancing the services Massachusetts

provides to those active service members, veterans and families who selflessly serve to secure our safety and freedom."

"This legislation provides important support for the veterans and service members of our Armed Services who have fought to uphold our nation's values," said Lt. Governor Karyn Polito. "We are pleased to provide critical assistance with financial security, housing, and educational opportunities for all those who have served and for their loved ones here at home."

"These laws highlight our commitment as a Commonwealth to our veteran population," said Ureña. "I am pleased to see the legislature's support of our country's heroes."

"I am so proud of the commitment from my colleagues

and the Baker Administration in continuing to address the needs of our veterans," said Senator Mike Rush, Senate Chair of the Joint Committee on Veterans and Federal Affairs. "This legislation not only provides comprehensive services and programs to those who serve their country, but give them the recognition that they deserve. It is our job as elected officials to do all we can to support those brave men and women and their families who serve this great country."

"There is no question that Massachusetts is number one in terms of providing services to our veterans," said Representative Jerry Parisella, chairman of the Committee on Veterans and Federal Affairs. "Although we do so much for our veterans, it is important that we continue to improve the lives of those who have

so gallantly served their country." The legislation (as amended in H. 4477), signed into law by Governor Baker includes:

Section 1, Designates the Fall River Gold Star monument the official gold star monument of the Commonwealth.

Section 4, Expands the Public Service Scholarship to extend support to benefit children of service members held as prisoners of war or missing in action in any conflict.

Sections 6-8, Extend pay and benefits protections for employees of the Commonwealth who serve in the National Guard units or in reserve components of the U.S. Armed Forces when they are called to service

Sections 9-10, Extend total municipal real estate tax exemption to cover surviving spouses of any service member killed during active duty service and veterans with ser-

vice-connected blindness that results in a 100% disability rating from the Federal Veterans Administration.

Section 12, Allows for municipalities to establish a way for individuals to voluntarily check off, donate, or pledge an amount of money which shall go to the Municipal Veterans Assistance Fund. The fund provides support for vets and their dependents in need of immediate assistance with food, transportation, heat and oil expenses

Sections 17-20, Expand provisions establishing preferences for veterans in publicly-supported housing units.

Sections 22-24, Add veteran status as protected class under the law prohibiting discrimination in employment (Ch. 151B, §4).

## KING

continued from page A1

step I can take."

"Beyond that, I need to get to know the library; who takes care of what, who cuts the grass, who works on the boiler? Then we can reach out to the community. I want to meet with the Kiwanis, the Lions, the school librarians. And I want to reach out to the Courier. That's a huge asset for getting the word out about what we're doing."

King said he didn't want to ruffle any feathers right away but, regarding Beals' budget, "I want to work on bringing that number up. It's low compared to other communities of its size. In Orange, for example, the library accounts for a full one-percent of the town budget. In Winchendon, that figure is closer to 0.62 percent. I need to talk to staff and the trustees regarding their priorities and those of the people in town. Everyone."

"I want to create a vibrant library that reaches out to the community; that takes part in and takes pride in the community. To do that we need to keep the citizens informed."

Hickey said he and the trustees are both "positively happy" the position has been filled.

"Filling this position was critical for both of us," said Hickey. "The staff and the trustees did an amazing job stepping up and filling the hole created by the departure (of former director Brian Tata). The average citizen didn't even notice the change."

Tata left Winchendon earlier this year citing health concerns.

King is married and has three grown sons. His youngest son Samuel is a professional musician and business owner in Hartford, CT. His middle child Ned is a professional musician working in Northampton. Christopher, the oldest of the three, is pursuing his PhD in physics at the University of New Hampshire.

King is set to officially take the helm of Beals on Sept. 12. According to Hickey, the job starts at an annual salary of \$54,706.

The second finalist considered for the job was Tim Silva, of Leominster. Silva is currently employed as the director of adult services at Leominster Public Library.

## BLANCHARD

continued from page A1

skeleton crew right now. We need to establish a priorities list for what needs to get done and figure out how to address those priorities in an efficient manner."

"I'm happy he's been able to find another position," said selectmen Mike Barbaro. "I think this is for the best. I think now we'll be able to move ahead with developing a plan for

dealing with multifamily dwellings. We need to be putting a plan together to get on top of these inspections."

Barbaro also said he would like to see the town hire an "outsider" to fill the vacancy left by Blanchard's departure.

"It would be good to see someone who has no ties in town, no preconceived notions."

Hickey said the town would be advertise the opening for the position of building inspector beginning this week.

## SOUND OFF POLICY

In addition to the Letters to the Editor section, the Winchendon Courier offers an anonymous forum allowing callers to "Sound Off" about the hot-button issues and topics in their towns. The "Sound Off" line can be reached 24 hours a day, at 978-297-0050. Names may be omitted for "Sound Off" calls only, although you may leave a name or initials. All comments should be made clearly and concisely, to minimize the potential for mistakes. Please remember that libelous comments, personal attacks and material that cannot be verified will not be published. "Sound Offs" may be sent to [ruth@stonebridgepress.com](mailto:ruth@stonebridgepress.com), or The Winchendon Courier, 91 Central Street, Winchendon, MA 01475 with "Sound Off" in the subject line. All "Sound Off" submissions are due by noon on Fridays. We look forward to hearing from you!

# Winchendon Courier Classifieds



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Job Seekers Networking Group hosted by North Central Career Center and Greater Gardner Chamber of Commerce. Meetings are open to all job seekers and are held on Wednesdays from 1-2 p.m. at the Chamber conference room, 29 Parker St. 2nd floor, Gardner. Contact the Chamber at (978) 632-1780.

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### FOR RENT

#### ROOMS FOR RENT

Downtown Winchendon, immediate occupancy: located on second floor in secured, peaceful, friendly, well maintained, quiet & drug free building. Independent group of older gentlemen to co-habitat, hallway & bath facilities are shared. 1 parking space, dumpster use, heat/HW included, electric included (except AC in summer). \$450 per month. References, income verification, first & last to move in. Applications available: Dick's Place Barbershop, 298 Central St. (978) 297-0005.

#### GOODRICH APARTMENTS

Now taking applications. Call for guidelines. (978) 297-0231. TFN

### SERVICES

**All in One Painting:** interior, exterior, power washing, decks. More than 25 years experience, fully insured, free estimates. (603) 305-4974 or [leo@allinonepainting.net](mailto:leo@allinonepainting.net) TFN

### FOR SALE

**JOTULA GAS HEATING STOVE** Has been in service until this summer: includes vent, pipes and floor mat. Can be seen at St. Laurent Campground Lot 68, 32 Turnpike Road, Royalston. Dirt road, don't be discouraged, just past long row of mailboxes. Sorry, no phone service here. \$1,200. 9.9.16

### WANTED

#### WANTED

Motorcycles, ATVs, scooters. Cash paid for good deals. (978) 297-1800. 11.1.16

### MUSICAL INSTRUMENTS

Drum teacher Leon LaPlante seeks used instruments and drum stands to help out high school students. (978) 297-1250.

### YARD SALES

#### INDOOR YARD SALE

The Old Murdock Senior Center will hold an Indoor Yard Sale running now through the end of August. Come give a new home to any one (or more than one!) of the treasures on display Monday through Thursday from 9 a.m. to 2 p.m. The Center is located at 52 Murdock Ave., Winchendon. For more information please call 978-297-3155.

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## Classified Ads...

**4 WEEKS — \$20**

- 30 words or less
- Additional words 50¢ per word

**...FAX US**  
978-297-2177

**Deadline:** Friday at Noon

SORRY, NO REFUND FOR EARLY CANCELLATION.

## Winchendon Courier

### Classifieds



CLIP AND MAIL COUPON

**MAIL to:** The Winchendon Courier  
91 Central Street, Winchendon, MA 01475

**Fax Coupon: 978-297-2177**  
For more info., call 978-297-0050

Write your ad here:

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Name: \_\_\_\_\_

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Phone: \_\_\_\_\_



PRE-K  
continued from page A1

we can offer in a small town is personalization. We know our students and their families, and we can make the accommodations a little bit more school friendly than some larger school districts. There is probably a little bit less red tape, and it helps us to take care of the needs of our students. It's just one of the reasons that people should take advantage of living in a small town, it's just great!" Murphy again thanked the Ransom family what he called a generous offer, and helping to identify what the district does for its students.

Superintendent Steve Haddad also thanked the Ransom's explaining, "I would just like to say one of my focuses is obviously student success, but on top of that, customer service. I have a bit of an administrative background, and I am trying to use it to change the culture of our schools and I have some great people on my administrative team and I think we are going to take care of your daughter Sydney and every need she has, and we thank you so much."

Renee Tenney-Eldredge and others updated the school committee on playground project

and funding as of meeting time for "Save our Playground."

"The community both locally and outside of Winchendon has come together in one and a half months with individuals, school staff and administration, businesses and others to provide the following results. We have raised \$1,644 with wrist band and calendar raffle sales. Danielle Antonellis facilitated the calendar raffle, and with Performance Press generously printing the calendars, there have been nearly 600 tickets sold. Because this has been so well received, additional tickets have been printed this week which can be purchases at Powell's Landscaping, To Each His Own Design, Not Just Produce, and Lickety Splitz, or on the Facebook website for Project Playground," Edredge explained.

Eldredge said, "Powell Sand and Gravel donated the mulch to the playground. Joe Rosa from Powell has also offered to donate materials and time to assist with the widening of the playground walkway." Eldredge also went on to mention many names in giving credit all around to the those who have participated in the collaborative effort to reaching the projects goal including Jim Murphy, Tina Leduc

Santos, Pre-K director Suzanne Michel, Superintendent Steve Haddad, Kathy Brooks, local contractors, individuals and families, businesses, and the Winchendon Lions Club who have all offered to step up and help. The slide has been ordered and should be in for the week of Aug. 22, and a date needs to be approved for the volunteers to meet before Aug. 29."

Michel added, " It is so critical for our children and students to have that playground use. What we need is a fence between the playground and the road which is a very busy road, and we have very active children who will chase balls in to the street, so it is important that we as a school protect them in that way. Just shy of \$2,400 in fund were deposited yesterday, and Salvador Jeep is going to donate \$500, and in addition the Monadnock Rotary Club has said they will be making a donation. I have also applied to the District Attorney's Office for grant money taken from drug seizures, and with in the next two weeks I can see us probably bringing in over another \$4,000. District Attorney Joseph Early Jr will come out himself in person to donate the funds and again we are just going through

the steps following protocol at this time."

Committee member Greg Vine explained he had received concerns from residents about the potential fence they are seeking to place around the playground, and asked if it would keep people from using it both after school, on days where school was closed, or evenings. Michel responded, "No, the fence is not going to be type where it is gated and locked. It is strictly going to be a barrier between the playground yard and the two streets, Grove Street and Murdock Avenue. We are not going to completely enclose it and gate it out, as it is both a school and community playground."

Michel added, "The fact that the story has been in local newspapers is exactly why we were able to make connections with the District Attorney's Office, so the collaboration to join forces to make this a community endeavor happen has really made all this a success in a very short amount of time."

To view more about project playground on Facebook you can go to the site and enter project playground in the search box and and look it up, or go to facebook.com/groups/510032195855383/

Michel was very pleased to

inform school committee members and the district that the extended school year, or ESY formerly known as Summer School. which serves students with disabilities and special needs, has just finished and was a complete success.

"I am proud to say that I had the opportunity to serve as the district wide director for the ESY program this year and we did a few things differently this year and we actually had a very successful and wonderful program from which we have already begun to receive positive feedback from parents who have also taken to social media to recognize that the programs have already concluded.

Michel went on to say, "I think in all fairness it would not be right of me to let this opportunity to go by to share that they all did such an amazing job in all different types of programs. The had wonderful attendance and diligently took this roll very responsibly and seriously, and enjoyed themselves with the children who had fun with the school work and felt like they were never really doing school work even though they were and felt more like it was camp. They really stepped up and went well beyond what they regularly do for a school year!"

MUSTER  
continued from page A1

Association and the New England States Veteran Fireman's League.

"We had a muster in Winchendon every year from 1851 until 1968," said WVFMA President Corey Bohan.

He said he was unsure about the exact reason the event was discontinued.

"My goal was to revive an 1860s-style event. I wanted to bring back one of Winchendon's original hand-pumpers, and we actually had located the Columbia, a pumper made in 1868. It was owned by

the Boston Sparks Assoc. from 1948 until 2007, when it was sold to a private collector in the Midwest for \$115,000. That's a price tag that, obviously, was out of our league."

Bohan added a pumper that once belonged to Winchendon has been located "and we're actively pursuing it. Only two are known to be in existence."

"I'm a history buff," added the local firefighter and EMT, "especially when it comes to firefighting."

Said Bohan, hand-pumping "is the oldest professional sport in the United States."

The oldest hand-pumper slated for action this weekend belongs to the crew from Ashburnham. According to Bohan, the Hancock dates back to 1828.

Names of other crews include the T.W. Lane, from Mystic CT, the Gov. Bradstreet, which hails from the Andover area, and the Victor, out of Newmarket NH. Also competing will be the Union, the Quinsigamog (the author confesses to guessing at the spelling), the Sen. Baxter, the Union, and (spelling,

again) the Okolmacaca.

The Leominster Fire Department plans to show up with an antique hand tub for display only.

It costs about \$2,500 each year to stage the event, says Bohan. He and several volunteers were spotted recently collecting money from passing motorists during a "boot drive" where Lincoln Avenue and Spring Street intersect with Front Street.

In addition to watching the competition, those attending tomorrow's muster will be able to grab hamburgers, cheeseburgers, hot dogs, and other "delicacies" from an outdoor grill. There will also be an information tent, and DJ Franco O'Malley will provide musical entertainment.

"We usually get between 400 and 500 people at the muster every year," said Bohan.

Anyone who would like to lend financial support to keep this traditional New England event alive and well in Winchendon may make out a check to the WVFMA (which is a 501-C-3 non-profit organization), PO Box 94, Winchendon, MA 01475. Bohan said the association hopes to soon offer BINGO as a fundraising event and to give local residents an inexpensive way to get out of the house, socialize, and show their support for both the WVFMA and the annual muster.

VIEW  
continued from page A4

ness, and – more importantly – concern for “our unity as a people and the strength of our democracy” should Donald Trump lose to Hillary Clinton in November?

Hardly.

On Aug. 1, Trump – in the face of absolutely abysmal poll numbers – tweeted: “I’m afraid the election’s gonna be rigged, I have to be honest.”

Last Friday in Pennsylvania, where recent polls show him losing to Clinton by double digits, the GOP nominee told a rally “the only way we can lose... Pennsylvania, is if cheating goes on.”

And a page on his website declares Trump’s campaign will do “everything that we are legally allowed to do to stop crooked Hillary from rigging this election.”

Now, it’s one thing for a presidential candidate – or a candidate for any office, for that matter – to cast doubts on the policies, character, and background of their opponent. It is quite another to attack the integrity of the system by which they seek office. But leave it to Donald Trump to hammer away at the foundation of what it is that makes us (still) the greatest country on earth – our system of democracy.

More than a few governmental, scholarly, and organizational studies have shown that instances of voter fraud in the U.S. are nearly non-existent.

For example, a recent study completed by Loyola Law School Prof. Justin Levitt, an expert in constitutional law, found 31 cases of voter fraud through impersonation since 2000.

In a piece contributed to the Washington Post, Levitt writes: “To put this in perspective, the 31 incidents...come in the context of general, primary, special, and municipal elections from 2000 through 2014. In general and primary elections alone, more than one billion (votes) were cast in that period.”

However, true to character, Trump would rather conduct a slash-and-burn campaign against our electoral system than to have to admit he’s “a loser” (to use one of his favorite pejoratives).

Our system has worked pretty well since George Washington was first elected 224 years ago. Since 1992 however, critics unhappy with election results have repeatedly attack its integrity, deliberately casting doubt on its legitimacy. The outcome of elections, they posit, is preordained through the machinations of powerful, unseen manipulators creating a “rigged system,” to use a favorite Trumpian phrase.

Bill Clinton’s two terms were illegitimate, critics declared, because he never captured a majority of the vote. George Bush’s presidency lacked legitimacy, said opponents, because he lost the popular vote and had the office handed to him by a partisan Supreme Court. Barack Obama, adversaries howled, was an illegitimate president because he was really born in Kenya; despicable, over-the-top code for saying the presidency wasn’t meant for a black man.

By declaring, even before the first votes have been cast, that he can only lose by falling victim to a “rigged system,” Trump is setting us up for yet another “illegitimate” presidency. He is setting us up for a future of more gridlock. He does so purposely, cynically, and without a thought to what is best for our country.

All that matters to Donald Trump is the well-being of Donald Trump. The well-being of the nation be damned.

ANYTHING  
continued from page A4

or structure, and “save lives” is only worth as much or less than the proposed national minimum wage, while somebody with no professional education or training who works as an unskilled worker if the movement has its way will make as much as them. Something truly does not seem right with this logic.

This now begs the question, “If an unskilled worker deserves \$15/hr as New York, California, certain cities, and others may be instituting either already or by the year 2021, what do our members of all branches of emergency services deserve to earn based on training and responsibility, what do they deserve to be truly paid?” Can anybody of reasonable intelligence actually make the argument that a person cashing you out in a retail or fast food store deserves to earn the same wage as a part time police officer or a fireman who run towards the danger and not away from it? I seriously think not.

As a result of this observation and comparison based on data, enter the next question. As both state and federal minimum wage were designed to be a “living wage” which one must clearly admit are now obviously not, how do we raise it to get properly caught up and apply some good old fashion com-

mon sense. Clearly little Johnny living at home with mommy and daddy who attends a high school cannot justify earning \$15 per hour, but what about grown adults who even possibly have children and need to provide shelter, clothing, and all cost of living expenses? One could make the argument of a “Two Tier” approach to minimum wage may be more appropriate, with one for teens living at home with their parents, and one separate higher minimum wage for adults with responsibilities? There are legitimate differences.

With people serving in both law enforcement and fire often earning just above or below \$15 per hour “Who we can’t afford to lose at any costs” we have some very hard hitting questions to ask and decisions to make. If you’re going to have a minimum wage for unskilled workers at that high of a scale, then you must be prepared to significantly increase the pay scales of our emergency response and front line defender community members. Those who rush toward the danger and not away from it deserve to be not only recognized, but compensated appropriately for the true everyday heroes they really are. Based on facts, you can’t legitimately argue to raise one, without raising the others.

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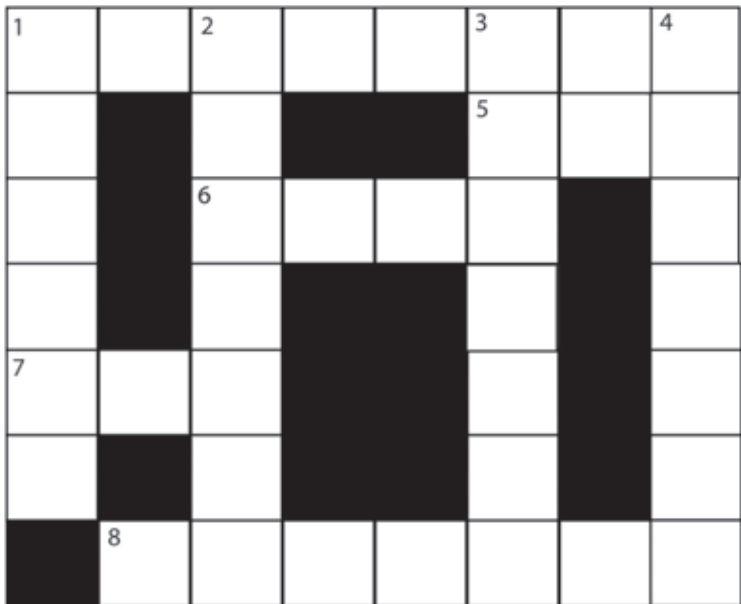
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# KIDS' CORNER

## Crossword Puzzle



- ACROSS**

  - 1. Being chilly
  - 5. To do something
  - 6. Outer garment
  - 7. Cow sound
  - 8. Give new strength
- DOWN**

  - 1. Thick and smooth
  - 2. Dairy sugar
  - 3. Can be eaten
  - 4. Fashion sense

Answers:  
Across  
1. Coldness 5. Act 6. Coat 7. Moo 8. Refresh  
Down  
1. Creamy 2. Lactose 3. Eatable 4. Stylish

THIS DAY IN...

AUG

20

HISTORY

•1968: THE SOVIET UNION AND OTHER WARSAW PACT NATIONS INVADE THE COUNTRY OF CZECHOSLOVAKIA

•1977: THE SPACE PROBE VOYAGER 2 IS LAUNCHED

•1998: THE SUPREME COURT OF CANADA RULES THAT QUEBEC CANNOT LEGALLY SECEDE FROM CANADA WITHOUT APPROVAL FROM THE FEDERAL GOVERNMENT.

New word

PREMIUM

something of superior quality

GET THE PICTURE?

CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: SOFT SERVE ICE CREAM

FOOD FACT:

THIS SWEET TREAT CAN BE JUST WHAT YOU NEED ON A HOT DAY

ANSWER: ICE CREAM

Did You Know?

DAVID EVANS STRICKLER, AGE 23, INVENTED THE BANANA SPLIT IN 1904 AT TASSEL PHARMACY IN PENNSYLVANIA.

How they SAY that in...

ENGLISH: Enjoy

SPANISH: Disfrutar

ITALIAN: Piacere

FRENCH: Apprécier

GERMAN: Genießen





FIRE

continued from page A1

second floor, through two front windows. Firefighters were not only able to contain the blaze to that quadrant of the structure, but to their credit kept the fire from spreading to a near by home less than 30 feet to the left thanks to quick actions and response time.

WFD Chief Tom Smith explained, “As the fire is under current inves-

tigation, we can not say definitively at this time what the exact cause of the fire was. We are focusing on an area in the room where was both an electrical outlet and a box fan, but the cause has not yet been determined and we can not accurately say what the cause may have been at this time until it is investigated more.”

When Smith was asked how he felt about the firefighters keeping the blaze from spreading to an adjacent building which

sits less than 30 feet to the left Smith added, “Yes, again they did an incredible job. It had the potential to spread quickly to the building which is in very close proximity, and again their incredibly fast work kept the fire from spreading.”

Smith continued, “I am extremely proud of our firefighters in both how fast they responded, contained, and extinguished the fire. They did an incredible job, and I just can’t say enough about

them. We received the call at 7:14 p.m., and the had the heavy fire knocked down by 7:47 p.m. Just 33 minutes, I will take that every time!”

By 9:14 p.m. the scene was cleared and the building was turned back over to WHA Executive Director David Connor. It was confirmed the res-

idents are temporarily displaced and will have an alternative residence, as the building, which houses two units, will need extensive repairs. It is however salvageable due to the quick work off the WFD and all departments assisting involved.

Retired firefighter Craig Ashmore who was

observing on scene said, “I could not be more proud of these firefighters. They did an incredible job as fast as they got here and worked to contain it and keep the fire from spreading. They really kicked butt on this one!”



Firefighters attack the active scene.



A crowd of firefighters from several departments were on hand to lend support.

Photos by Morgan St. Pierre and Keith Kent

LEGALS

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by David J. Henrie and Carrie L. Henrie to Mortgage Electronic Registration Systems, Inc. as nominee for Global Home Loans And Finance, Inc., dated December 7, 2004 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 35282, Page 304, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc., as nominee for Global Home Loans and Finance, Inc. its successors and assigns to Wells Fargo Bank, N.A. dated July 18, 2012 and recorded with said registry on July 20, 2012 at Book 49309 Page 162 and by assignment from Wells Fargo Bank, N.A. to U.S. Bank Trust, N.A., as trustee for LSF9 Master Participation Trust dated May 17, 2016 and recorded with said registry on June 9, 2016 at Book 55453 Page 207, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 12:00 p.m. on September 9, 2016, on the mortgaged premises located at 3-5 Mason Street, Winchendon, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:  
A Certain parcel of real Estate situated in Westerly Part of Winchendon, Worcester County, Massachusetts, and bounded and described as follows: Commencing at an iron pin at the intersection of the Northerly line of Hyde Park Street and the Westerly line of Mason Street;

Thence westerly along the northerly line of said Hyde Park Street about 123 1/4 feet to another iron pin;

Thence at about right angles from the northerly line of Hyde Park Street and northerly about 58 1/2 feet along the easterly line of land now or formerly of Chester Mann to another iron pin;

Thence on a slightly obtuse angle northwesterly and still along the easterly line of said Chester Mann’s land about 24.1/2 feet to an iron pin at line of land nor or formerly of said Hollow;

Thence southwesterly along the southerly line of said Hillow’s land about 32 1/6 feet to another iron pin;

Thence on slight obtuse angle easterly and following the southerly line of said land about 117 feet to the intersection of the westerly line of Mason Street and the southerly line of West Street;

Thence southerly along the westerly line of said Mason Street about one hundred and nine (109) feet to the point of beginning.

Being the premises numbered 3 and 5 Mason Street in said Winchendon.

Being the same premises conveyed to us by deed of Athol Savings Bank dated May 12, 1995 and recorded at the Worcester South District Registry of Deeds in Book 17085, Page 370.

For mortgagor’s(s’) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 17085, Page 370.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements,

public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:  
A deposit of Five Thousand (\$5,000.00 ) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

U.S. BANK TRUST, N.A., AS TRUSTEE FOR LSF9 MASTER PARTICIPATION TRUST  
Present holder of said mortgage  
By its Attorneys,  
HARMON LAW OFFICES, P.C.  
150 California Street  
Newton, MA 02458  
(617) 558-0500  
201211-0439 - PRP

August 12, 2016  
August 19, 2016  
August 26, 2016

LEGAL AUCTION PUBLIC AUCTION SALE OF HOUSEHOLD GOODS

By virtue of the right granted by the statute, the Massachusetts Code Section 105A, the enforcement of satisfying the lien of Winchendon Central Storage, for storage and expenses will be sold at public auction on August 29 2016 9am. All and singular, the furnishings, household furniture and equipment of #35 Joshua Waxlax, #34, Casey Lucier, #68 Kelly McCarthy

All items sold will be cash or certified check only. Auction to be held at Winchendon Central Storage 234 Lincoln Ave Winchendon Ma 01475  
August 12, 2016  
August 19, 2016

Town of Winchendon Zoning Board of Appeals PUBLIC HEARING NOTICE

Notice is hereby given that the Zoning Board of Appeals will hold a PUBLIC HEARING on Wed.,Sept.7, 2016 at 7:05 PM in the Town Hall Auditorium, 2<sup>nd</sup> Fl., 109 Front St., Winchendon, MA 01475, on the Special Permit application of Bryan Day for property located at 35 Island Rd, Winchendon, MA 01475 identified as Winchendon Assessors Map M2 Parcel 10 owned by the same to hear an application for a Special Permit for an addition more than 50% of footprint as afforded by Article 6 Sec 2.3A of the Winchendon Zoning Bylaw for an existing garage. Said property is located in the R40 1’21Suburban Residential – Neighborhood District. A

copy of the application is available at the Dept. of P&D, Winchendon Town Hall. All interested persons should plan to attend.

BY: Cynthia Carville, Chair  
Winchendon Zoning Board of Appeals  
August 19, 2016  
August 26, 2016

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Carey Bryant and Christina Bryant to Wells Fargo Financial Massachusetts, Inc., dated October 5, 2006 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 40174, Page 180, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 12:00 p.m. on September 12, 2016, on the mortgaged premises located at 22 Bemis Road a/k/a Route 140 Beamus Road, Winchendon, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:  
The land in Winchendon, Worcester County, Massachusetts, with a mailing address of 22 Bemis Road, situated in the Southeasterly part of said Winchendon, bounded and described as follows.

NORTHERLY by land now or formerly of Hiram L. Cook and Edward O. Cook; EASTERLY by land now or formerly owned by the heirs of Abigail Baldwin; and

SOUTHERLY, SOUTHWESTERLY and WESTERLY by the road leading to Gardner past the house of Edson B. Bemis, known as Bemis Road; containing 5 acres more or less.

For mortgagor’s(s’) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 18498, Page 32.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:  
A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

WELLS FARGO FINANCIAL MASSACHUSETTS, INC  
Present holder of said mortgage  
By its Attorneys,  
HARMON LAW OFFICES, P.C.  
150 California Street  
Newton, MA 02458  
(617) 558-0500  
201410-0006 - YEL

August 19, 2016  
August 26, 2016  
September 2, 2016

Legal Notice Winchendon Conservation Commission

78 Hale Street; Assessor’s Map 7A-4, Lot 11

Pursuant to the provisions of M.G.L. Chapter 131, Section 40, and the Town of Winchendon Wetlands Protection Bylaw, the Winchendon Conservation Commission will hold a public meeting on Thursday, August 25<sup>th</sup>, 2016 at 7:05 pm to consider the Request for Determination of Applicability filed by property owner Jeff Priest for proposed work within the 100-foot Buffer Zone to Bordering Vegetated Wetlands at 78 Hale Street; Assessor’s Map 7A-4, Lot 11. The project entails the installation of a fire pit and swinging benches. The meeting will be held in the 4<sup>th</sup> Floor Conference Room of the Winchendon Town Hall, 109 Front Street.

The Request for Determination of Applicability is available for public review at the Land Use Office, Room 10 (first floor) of the Winchendon Town Hall on Mondays and Thursdays during the hours of 9am – 12noon, except for 3pm – 6pm on meeting nights, or by calling the Conservation Agent for an appointment at 978-297-3537.

August 19, 2016

Legal Notice Winchendon Conservation Commission

35 Island Road; Assessor’s Map M-2, Lot 10

Pursuant to the provisions of M.G.L. Chapter 131, Section 40, and the Town of Winchendon Wetlands Protection Bylaw, the Winchendon Conservation Commission will hold a public meeting on Thursday, August 25<sup>th</sup>, 2016 at 7:15 pm to consider the Request for Determination of Applicability filed by property owner Bryan Day for proposed work within the 100-foot Buffer Zone to Lake Monomonic at 35 Island Road; Assessor’s Map M-2, Lot 10. The project entails the construction of a 26’ x 26’ (676 square feet) attached garage and 14’ x 26’ (364 square feet) basement; i.e., 1040 square feet total building footprint. The meeting will be held in the 4<sup>th</sup> Floor Conference Room of the Winchendon Town Hall, 109 Front Street.

The Request for Determination of Applicability is available for public review at the Land Use Office, Room 10 (first floor) of the Winchendon Town Hall on Mondays and Thursdays during the hours of 9am – 12noon, except for 3pm – 6pm on meeting nights, or by calling the Conservation Agent for an appointment at 978-297-3537.

August 19, 2016





**Renewal  
by Andersen**  
WINDOW REPLACEMENT an Andersen Company



## **Tax-free weekend is off, but our window sale is still on!**

Tax-free weekend didn't happen this year, but our **Month-Long Window Sale** is in full swing! Through August 31st only, buy four and **save \$280 on every window and patio door** and then save an **additional 6.25% on everything!**<sup>1</sup>

- Save 6.25% on everything, plus, when you buy four, save an additional \$280 on every window and patio door<sup>1</sup>
- From last year we know that these appointments fill up quickly; call today
- Your order must be placed by August 31st

**Every  
Window  
ON SALE!**

**Every  
Patio Door  
ON SALE!**

**Order must be placed by August 31st, 2016**

**1 6.25%  
discount  
on all your  
windows  
and patio  
doors<sup>1</sup>**

**2 AND  
SAVE  
\$280  
on every  
window &  
patio door<sup>1</sup>**

**3 WITH  
NO Money Down  
NO Payments  
NO Interest  
FOR 1 YEAR<sup>1</sup>**

Interest accrues from the purchase date but is waived if paid in full for 12 months. Minimum purchase required.  
Participating states require the payment of sales taxes on all product sales.

### **Don't settle for poor-quality vinyl windows.**

Not only can they look shiny and low-end, some poor-quality vinyl windows can warp, leak and become drafty after just a few years. Our windows are made of our exclusive Fibrex® material, which is twice as strong as vinyl.

### **Unlike some other companies, we warrant our windows and installation.\***

We're the replacement window division of Andersen Corporation, and because they've been around for 113 years, you'll know we'll be around to stand behind our window, our service and our installation.\*



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The Better Way to a Better Window™

**Call for your FREE Window Diagnosis**

**1-800-209-2746**

<sup>1</sup>DETAILS OF OFFER – Offer expires 8/31/2016. Not valid with other offers or prior purchases. \$280 off every window and/or patio door and the 6.25% discount, with no money down and 12 months no payments, no interest when you purchase 4 (four) or more windows or patio doors between 8/1/16 & 8/31/16 with approved credit. Participating states require the payment of sales taxes on all product sales. Renewal by Andersen will reduce the price you pay by the applicable state sales tax percentage. Savings comparison is based on the purchase of a single unit at regular list price. Available only at participating locations. Other discounts and financing options available for other purchase levels. See your local Renewal by Andersen location for details. License numbers available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2016 Andersen Corporation. All rights reserved. ©2016 Lead Surge LLC. All rights reserved. \*See limited warranty for details.