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Friday, October 29, 2021

Newsstand: 75 cents

### Boyce, Falconer pull off miracle play as Rams shock Auburn

#### BY NICK ETHIER SPORTS EDITOR

AUBURN — With 30 seconds to play and the Auburn High varsity football team jumping ahead of Northbridge High, 13-12, thanks to an 8-yard scoring run by Keating Oliver, things looked bleak for the Rams.

But what happened next stunned the home crowd at Memorial Field on Saturday afternoon, Oct. 23.

Following a short kick return, Northbridge began its drive with 24 seconds to play at the 30-yard line. Quarterback Ryan Boyce first threw an incomplete pass. Then, Boyce hooked up with Matt Visbeek for 11 yards. On the next snap, Boyce called his own number and scampered down the field.

Heading down the left hash mark and toward the sideline, Boyce took a leap over a Rocket defender. Then, simultaneously, Boyce threw a backward pass directed at the right hash from the 30. Teammate Collin Falconer (10 carries, 76 yards) was there to catch the lateral at the 35 and headed down the field



untouched all the way into the end zone for a 59-yard touchdown.

The clock read all zeroes, and Northbridge pulled off the stunner over Auburn, 18-13.

"It was a great call by Coach, he designed a QB draw to see something happen," explained

Charlton sees decline in

COVID-19 cases

Boyce. "I didn't have a lot of room to make a play, so I looked back and saw some teammates. I was like, 'I'm going to trust my team to make a play.'

"I never thought about running out of bounds because I knew we didn't have a lot of time left," added Boyce. "I just saw

Collin and quickly reacted to throwing it across the field and I trusted that he'd make the play."

Falconer gave his perspective on the winning play, stating: "I was just expecting him to run it, try to get a few yards downfield, go out of bounds and run another play. I was on the other side of the field and saw nobody in front of me and I just saw his eves look right at me. I guess I was open enough for him to see it. Everybody was toward the ball and this whole [right] side of the field was wide open. There was just daylight. There was nobody at the corner."

With the play being of the trick variety, there was still some cause for concern to see if it would count.

"My first thought was looking for any flags on the field," said Falconer.

"I was looking all over the place and telling everyone to stay on the sideline just in case,' added Boyce.

But once the referee put his hands in the air to signal the touchdown, after a bit of deliberation, it was pure jubilation for the Rams.

"Holy crap," Boyce remembered thinking, adding that "relief" was his other thought.

"I was like, 'no way that just happened,' and I knew I had to go celebrate," added Falconer.

The win moved Northbridge to 6-1, while the gut-wrenching loss Turn To FOOTBALL page A13

Bay Path Adult Evening School offers cooking classes

CHARLTON Path Adult Evening hosting School is Japanese cooking classes beginning Tuesday, Nov.



#### CORRESPONDENT

CHARLTON - Like many communities in Massachusetts, Charlton has experienced fluctuating numbers of COVID-19 cases over the past few months but things appear to be looking better for the town which ad recently reached over 50 active cases in September.

During a meeting of the Board of Health on Oct. 12 Health Director James Philbrook provided an update to the board on the COVID-19 active case numbers and the data has shown a sharp decline providing positive news especially as schools have reopened. As of that meeting Philbrook said the town's Public Health Nurse reported only eight active cases of COVID-19.

"No number is a good number, but it's a lot better than seeing 50-something. Our contact tracing nurse is doing a good job contacting everyone and working to ensure the residents that we're there for them," said Philbrook.

Turn To COVID page A13

# Nichols College receives gift from DCD Automotive for new video scoreboard



Members of the Dagesse family, following the ribbon cutting for the new video scoreboard on Vendetti Field at Nichols College.



DUDLEY — Nichols College recently unveiled a new digital scoreboard donated by Nucar, a subsidiary of the DCD Automotive Group based in Norwood, Mass.

A brief ceremony took place on Vendetti Field on September 23, prior to the start of the college's Homecoming football

game, which included several members of the Dagesse family, who own and operate the DCD Automotive Group. Founder Dan Dagesse and his son, President and CEO Chris Dagesse, were joined by Nichols College President Glenn Turn To SCOREBOARD page A13

9, at 57 Old Muggett Hill Rd.

Leading the classes in the Adult Evening School is Gino Bolandrina, chef and owner/Chief Ramen Chef for KuruKuru Ramen, who worked for many years in Japanese restaurants in and around the Boston area.

His class will cover how to make Ramen and Katsu, Japanese comfort dishes. Japanese comfort dishes are simple to make, flavorful, and have countless possibilities. In Chef Gino's class, participants will gain an understanding of the history and stories behind each dish. The Japanese ramen though created from Chinese influence

Turn To COOKING page A13

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**Chef Gino Bolandrina** 

#### 2 • THE ALBURN NEWS • Friday, October 29, 2021



# QCC's Respiratory Care Program celebrates Respiratory Care Week

WORCESTER — This week is Respiratory Care Week and in a world that needs more respiratory therapists (RTs), Quinsigamond Community College's Respiratory Care program is doing its part to meet that growing demand.

In 1983, President Ronald Regan designated the last full week in October to be Respiratory Care Week. Every year since, those working in the profession and those dealing with chronic lung diseases have been honored during this week. Today's research shows that chronic lung disease deaths have increased by 39.8 percent, rising from 389 million in 1990 to 545 million in 2017 worldwide. In Worcester county, with a population of approximately 830,839,000 approximately 97,500 (12 percent) of adults have some form of chronic lung disease and approximately 11,215 (1.3%) have pediatric asthma.

"Many individuals pursue a career in respiratory care after having personal experience with a respiratory therapist. Respiratory therapists play a vital role as part of the healthcare team. As cardiopulmonary specialists, they provide services for patients from the first breath they take in the delivery room, to the last breath they take, and the many breaths in between,' said Amy Hogan, director of Clinical Education, and assistant professor of QCC's Respiratory Care program. "We help people breathe better by administering medications, providing therapies, and using sophisticated breathing equipment to help sustain life."

QCC's Respiratory Care program was established in 1967. It is the oldest respiratory program in Massachusetts. The program currently has 15 full-time enrolled students.

"All of our students are taking classes in-person, and are getting frontline exposure to patients who are struggling to take a breath... this includes COVID-19 patients," said QCC's Respiratory Care Program Director Keith Hirst. "COVID-19 has really challenged us in how we teach and ensure that our students are ready to take their board exams upon graduation. Having clinicals ensures that the students who will be on the frontlines, caring for COVID-19 patients when they graduate have hands-on experience."

In 2020, QCC's Respiratory Care program received Commission on Accreditation for Respiratory Care (CoARC) Distinguished Registered Respiratory Therapist (RRT) Credentialing Success Award for having over 90% of students pass and obtain the RRT credential over the past 3 years, and for meeting on-going programmatic thresholds as set forth by CoARC. QCC was one of a handful of associate degree programs that received this award.

"This speaks to the quality of the program and the outstanding job that the academic and clinical faculty have done in preparing the students to be successful not only in their board exams, but also in their future employment," Mr. Hirst said.

"Our students are sought after because of their preparedness from the program," Ms. Hogan added.

QCC was also able to work with the accreditation board to allow QCC RT students to work and simultaneously earn credit, adding additional respiratory therapists to hospitals when they needed them most.

"From the moment QCC went remote in 2020, faculty, staff and the students worked diligently to explore new and effective avenues to complete educational requirements. Their team spirit and professionalism demonstrated that they had indeed transformed to the professionals they aspired to become," Ms. Hogan said. "All sophomores were able to graduate on-time and secure RT positions post-graduation, and all achieved the RRT credentials."

In spring 2021, during the students last semester at QCC, they worked alongside their future colleagues as RT student therapists helping to treat patients.

"COVID-19 has brought RTs to the forefront of the healthcare profession. RTs are the only medical specialist specifically trained in the cardiopulmonary system. As such, they are uniquely qualified to manage not only patients with COVID-19, but also any patient who has breathing issues, whether it is from a neonate born premature, someone who has lung disease, or dealing with a patient who has any kind of breathing issues," Mr. Hirst said.

breathing issues," Mr. Hirst said. According to the U.S. Bureau of Labor Statistics, employment of respiratory therapists is projected to grow 23 percent from 2016 to 2026, much faster than the 8 percent average growth rate of all occupations, with a current national average base salary of \$60,000.

As the U.S. population ages, so too will an increased incidence of respiratory conditions, thus leading to an increased demand for respiratory therapy services.

"The role of the RT is increasing as well. RT's are now involved with

### DA's office to host Safe School Summit

Telehealth, patient education, disease management, Extracorporeal membrane oxygenation (a form of cardiopulmonary bypass), pulmonary rehabilitation, as well as being more involved with the management of the patient," Mr. Hirst said. "This makes this program vital not only for the Worcester area, but also for Massachusetts as a whole."

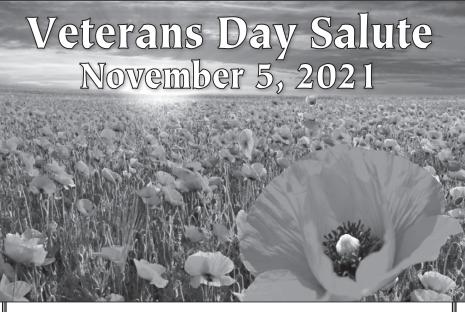
For more information on QCC's Respiratory Care program visit www. QCC.edu/respiratory-care, or email Mr. Hirst at Khirst@qcc.mass.edu. For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu



The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



# Stonebridge Press would like to salute our veterans

(from all wars & branches, including honoring deceased veterans, reservists, and active duty U.S. Military members in the November 5th issue

of the Auburn News, Blackstone Valley Tribune, Spencer New Leader, Southbridge News, Webster Times, Sturbridge Villager & Charlton Villager.

This is not a separate section but will be page(s) within the papers. If you've submitted a veteran in the past, you must resubmit.

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\$100 for 7 papers.

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REGION – The Worcester County District Attorney's Office is looking forward to helping promote school safety.

On Nov. 16, Worcester County District Attorney Joseph Early, Jr., and his team will host a virtual Safe School Summit. The event is intended for all officials who work in school environments, including law enforcement personnel, superintendents, principals, and other professionals working with youth.

The event will take place from 9 a.m. to noon. The lineup will feature leaders with the Handle With Care program, which provides schools and care agencies with various forms of assistance. The program focuses on such topics as school community safety; handling student trauma; and educating students on the dangers of drugs and alcohol.

The program will also include a panel discussion featuring school and law enforcement professionals.

The District Attorney's Office is hoping to eventually implement the Handle With Care program throughout the county.

If you are interested in taking part in the event, contact Ellen Miller at ellen. miller@mass.gov. You can also call 774-314-5371.

### Charlton Garden Club meets Monday

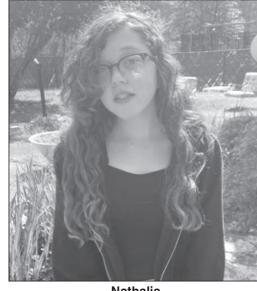
CHARLTON — Come and join us! The Charlton Garden Club's Monday, Nov. 8 meeting will feature Sari Bitticks of the Auburn Historical Society and Museum. She will be speaking on Christmas Traditions and the History of the Christmas Carol.

Charlton Garden Club meetings are open to all interested in gardening and related themes. Whether you're a novice or accomplished gardener, the Charlton Garden Club is a great place to meet other gardening enthusiasts, learn about plants and planting, and to share your gardening tips and experiences. Meetings are held at 7 p.m. at the Charlton Federated Church. If interested in joining the Garden Club, please contact Co-Presidents, Virginia Charette at (508) 248-7300 or Marcia Liedigk at (508) 434-0507.



#### Deadline is October 29 at Noon

# \* \* \* Friday's Child \* \* \*



#### Hi! My name is Nathalia and I want to be a teacher when I grow up!

Nathalia is a teen girl of Caucasian descent. She is very kind and sweet described as "easy going" and "one to go with the flow." Nathalia loves to go for long walks, play video games on her phone, and watch movies. She loves animals and enjoys having the responsibility of caring for them, including walking her foster family's dog. Nathalia also likes listening to music and singing. She already has future aspirations and would like to be a teacher when she grows up.

Nathalia Age 14

Nathalia is legally freed for

adoption and will thrive with a family that is able to give her some one-on-one time. Nathalia has stated she would like a family that is patient with her, loves her, and plays with her. She would also like a family that is willing to maintain contact with her little brother and older siblings. Her social worker is seeking a family of any constellation and with or without other children in the home. Nathalia would benefit from maintaining contact with her biological siblings and foster family.

#### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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### **CLUES ACROSS**

- 1. Pouch
- 4. Cooling device
- 7. Corporate exec (abbr.)
- 10. Antidiuretic hormone
- 11. South American plant
- 12. Adult female bird
- 13. Type of snake
- 15. Soak in water
- 16. Emerge
- 19. Church tower
- 21. Having solidified from lava
- 23. Eye parts
- 24. Natural
- 25. Swiss river
- 26. Require to live
- 27. Obstruct
- 30. Immobile
- 34. Expression of satisfaction

### CLUES DOWN

- 1. Cavalry-sword
- 2. Gland above the kidneys
- 3. Hat

- 35. Moved quickly
- 36. Popular cocktail
- 41. Dish detergent brand
- 45. Waxed finish
- 46. Kyrgyzstan mountain range
- 47. A place to get clean
- 50. Able to be rescued
- 54. Large, open grassland
- 55. Expressions for humorous effect
- 56. Hindu goddess
- 57. Beverage container
- 59. Long narrow hilltop
- 60. Sir (abbr.)
- 61. Data executive
- 62. Doctor of Education
- 63. Car mechanics group
- 64. Autonomic nervous system
- 65. "The Partridge Family" actress
- 32. Boy or young man
- 33. Midway between northeast and east
- 37. Egg-laying mammal

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- 4. Predict
- 5. A team's best pitcher
- 6. Countries
- 7. Substitutions
- 8. Peruses again
- 9. Popular food
- 13. Reciprocal of a sine
- 14. Of or relating to the ears
- 17. juris: Independent
- 18. Keyboard key
- 20. Fat from a pig
- 22. AC manufacturer
- 27. Organization of N. and S. American countries
- 28. 22nd star of a constellation
- 29. Scoundrel

31. A way to save money

- 38. Salt of citric acid
- 39. Barbary sheep
- 40. Actress de Mornay
- 41. Gambling hotspots
- 42. Wing-shaped
- 43. Basked in
- 44. Poison
- 47. Beats per minute
- 48. Macaws
- 49. Military vehicles
- 51. Elderly woman
- 52. Body part
- 53. Midway between east and southeast
- 58. Forearm nerve (abbr.)

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PRESIDENT AND PUBLISHER FRANK G. CHILINSKI 860-928-1818 ext. 103 frank@stonebridgepress.news

BUSINESS MANAGER RYAN CORNEAU 860-928-1818 EXT. 102 ryan@salmonpress.news

**OPERATIONS DIRECTOR** JIM DINICOLA 508-764-6102 jim@stonebridgepress.news

Editor Brendan Berube 508-909-4106 news@stonebridgepress.news

PRODUCTION MANAGER JULIE CLARKE 860-928-1818, EXT. 305 julie@villagernewspapers.com

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# Bay Path Practical Nursing Team walks to raise money for AFSP

About AFSF

Foundation for Suicide

Prevention is a volun-

tary health organization

based in New York City,

with a public policy office

based in Washington,

D.C., and local chapters

in all 50 states in the

United States. The orga-

The

American

NATICK — The Bay Path Practical Nursing Academy Team participated in 2021 Out of the Darkness Experience, walk joining а Massachusetts together for the American Foundation for Suicide Prevention (AFSP). Team leader Elizabeth Larson was joined by team members Martha Aboagye of Worcester, Eva Sappor of Worcester, Evalyne Nioroge of Southbridge, Sarah Garcia of Charlton, Jane Miru of Southbridge,

Gearlyn Wetherbee everyone in need." of Charlton, Marites The Bay Path Pr Sklarz of Southbridge, and Felisters Mburu of Shrewsbury.

According to Michele Lee, Associate Area Director (MA) and Area Director (RI) for AFSP, "mental health and suicide prevention are now a top priority for many individuals, businesses, organizations, and communities. The AFSP is committed to offering resources, support, messages, and connection to

The Bay Path Practical Nursing Academy team raised more than \$800.

"It's a great cause," said Larson, who said her focus is to raise awareness for mental health and suicide prevention. Larson is Mental Health First Aid certified. Mental Health Awareness and Mental Health First Aid Training are ongoing advocacies in the practical nursing education community.





is to "save lives and bring hope to those affected by suicide." For more information, visit www.afsp. org.

About Bay Path Practical Nursing Academy: Bay Path Practical Nursing is a 40-week, (10-month), fulltime, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive Practical Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. For more information, visit www. baypath.net.

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This inventive display saw an imprisoned treat giver trapped in the trunk of a car.



The Trunk-or-Treat included a pumpkin decorating contest that resulted in some truly creepy Turning Point Faith set up a trunk display to help spread their mission of united faith. and inspired designs.

# Trunk or Treat held in Charlton

CHARLTON – The Charlton Arts and Activities Center welcomed back a modern tradition on Sunday, Oct. 24 with the return of their annual Trunk-or-Treat event. Part of a modern trend for the Halloween holiday, the day saw local citizens, businesses and organizations put together creative and sometimes spooky trunk displays which local trick-or-treaters visited to get their first treats of Halloween. The event also featured food, music, games and a pumpkin decorating contest.





Quality ABA Services put together a fun display complete with a ring toss game for trunk-ortreaters to play.



Girl Scout Troop 64691 featured a tropical theme for its trunk.





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The "Pumpkin Harvest" display captured the spirit of Halloween's unofficial gourd.

One of the more inventive displays utilized balloons to turn a trunk into a classic gumball dispenser.



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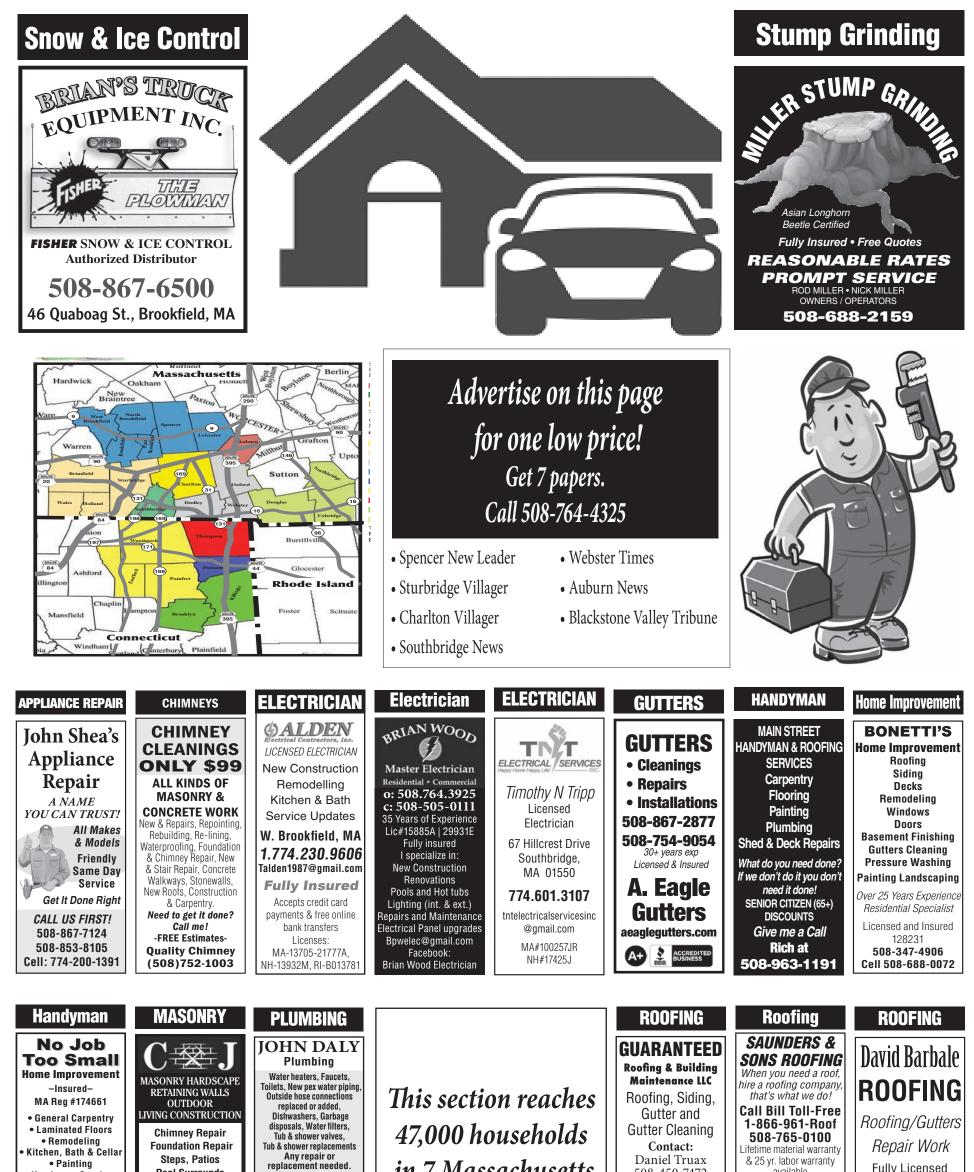
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# **OPINION/COMMENTARY**



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FRANK G. CHILINSKI STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

> **BRENDAN BERUBE** Editor

### Clash of the horror titans

With Halloween taking place in four days, we figured we'd have a bit of fun and pose the question who's scarier - Freddy or Jason?

For those not in the know, Freddy Krueger is the lead character from the 1980's movie series, 'A Nightmare on Elm Street', created by Wes Craven. Donning a black hat and a red and grey sweater, Krueger played by Robert Englund, literally gave all of us '80's kids nightmares for months. With his face shredded and his claw hand, we all definitely slept with the light on for a while.

Enter Jason Voorhees from the famous "Friday the 13th" movies. Voorhees was the young son of a camp cook turned killer, Mrs. Voorhees. This film was created by Victor Miller, Ron Kurz, Sean Cunningham and Tom Savini. The plot begins with a group of teenagers on vacation at a lakeside camp. One by one they start to disappear. What could be scarier than a hockey mask, machete wielding ghost?

A poll we conducted revealed that Freddy is the scarier of the two leading men. This revelation may not offer us anything of real value, but it does give us some insight on what the majority considers 'scary.' We remember watching the "Nightmare on Elm Street" series as adults and actually laughing during parts we thought were scary as youths.

One reader replied, "Freddy, because he's in your dreams.

Another brought up a good point: "You can run away from Jason, but not Freddy.'

Another reader took the question quite seriously and gave us a great answer: "I'd argue that Jason was more the product of childhood trauma. A missing father, mentally ill mother who goes on a killing spree after she thinks he's drowned. Freddy's supernatural capabilities far surpass Jason. So I'd say Freddy.' "Freddy is the scarier of the two, but Michael Meyers is a true problem," remarked one person. Another said, "Freddy, because you can't resist falling asleep, and with Jason there are no facial expressions." One person called it a draw, stating "Can't do it; it's like the chicken and the egg question. Props to Freddy for the nightmares but props to Jason for the daymares."

Ten years from now

column on his behalf.

It wasn't something

I envisioned myself

doing. I was appre-

hensive, but how do

you tell your dying

It wasn't easy figuring

out who all of his contacts

were with the newspapers.

By the time I agreed to

fulfill his wish to continue

the column, he didn't have

the energy to teach me how to get it to the editors

Sometimes I post links to

his old columns on social

media. They consistently

receive many more likes

than mine. If you were a

fan of my dad's columns,

after reading my first few,

you probably thought to

yourself, "this kid doesn't

have anywhere to go but

I've enjoyed getting to

know a couple of his old

friends through this pro-

cess. Lynda, with a "y,"

is of great encouragement;

she will laugh when she

Another is a lady named

Judith. I thought she was

an editor for a newspa-

per for the first couple of

She emailed me about

how to be a better writ-

er. She gave great advice;

after a few emails, I fig-

ured out she was a writing

friend of my dad's and not

a newspaper editor. She

and my father shared a

Judith recently recom-

mended I write a column

love for writing.

reads that! Hi, Lynda!

every week.

up!"

weeks.

father no?

When my dad told me four years POSITIVELY ago he was going SPEAKING to be a syndicated columnist. I gave it little thought. I had TOBY confidence that he MOORE could do anything he wanted.

I didn't know much about his column. He was calling it Positively Speaking! and it was about having a positive mindset. That was nothing new to me; as far back as I can remember, he promoted thinking positively. He was a motivational speaker for a time.

I was a busy kid and, was involved in many different sports. Whenever my dad drove me to practice, he'd pop in a cassette tape or a CD, and we listened to Zig Ziglar, Tony Robbins, Jim Rohn, Norman Vincent Peale, Napoleon Hill, and many more. I would've rather listened to some 80's hair bands instead; I pretended not to hear, but I was listening.

As I grew older, I began to listen to them myself. In college, I was reading the books I'd heard about in the car with my dad.

He was a big thinker - he taught me that anything was possible as long as I believed and worked hard.

It's been three months since he passed away. He always kept a positive attitude about dying. If you were a fan of his columns, you probably remember that he didn't accept that he would die soon. He planned on living a few vears longer.

about how my dad might About ten days before he have been if he lived

another ten years. died, he asked me to continue writing his

That's a tricky thing to write.

He was very excited about the company we started. Cubestream. He and our partner Ted helped to develop it from the beginning. He had big plans to make it an international company.

We would have gone on a couple of family road trips. We planned on doing one earlier this year, but he was too sick. He wanted to go out west to see the mountains and the buffalo like we did when I was young.

He would've enjoyed seeing his two grandsons Caleb and Noah, graduate from high school - they were everything to him.

He may have even started lifting weights again. When I was a child, he was a big weight lifter and was very strong.

As he grew older and became more affectionate and he made sure to let us know how much he loved 11S.

In his final year, he frequently wrote emails to my two siblings and me telling us things about his life we never knew to help us understand him better.

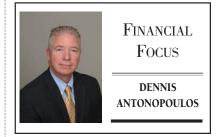
It's hard to say all the things he might have done if he lived another ten years, but one thing I do know - he would have continued to be more loving, affectionate, and caring.

Love you, Dad.

### Growing and reblooming moth orchids

Brighten vour ing it among other indoor

Managing your retirement plan under a new employer



Your employer-sponsored retirement plan is a valuable asset. But sometimes things happen that can affect the status of your plan. So, for example, if you work for a hospital that changes ownership, and you have been participating in a 403(b), 457(b) or 401(k) retirement plan, what should you do with it now?

Basically, you have four options:

Cash out your plan

You can simply cash out your plan and take the money, but you'll have to pay taxes on it, and possibly penalties as well. So, unless you really need the funds and you have no other alternative, you may want to avoid liquidating your account.

Roll your account into your new employer's plan

If it's allowed, you can roll over your old 403(b), 457(b) or 401(k) plan into your new employer's plan. Before making this move, you'll want to look at the new plan's investment options (which should be numerous) and fees (which should be low). If you move the money directly to the new plan, you won't be taxed at the time of the transfer, and your funds can continue to grow tax-deferred.

Leave your plan with your old employer

If your account balance is above a certain level, you may be able to leave your plan with your old employer's plan administrator. You won't be able to contribute any more money to the plan, but if you like the investment options you've chosen, keeping the money in your old plan might be a viable choice. Move your account into a traditional IRA One possible advantage to moving your 403(b), 457(b) or 401(k) into a traditional IRA is you'll open up a world of new investment options, because you can fund your IRA with virtually any type of vehicle, including stocks, bonds, mutual funds, certificates of deposit (CDs) and exchange-traded funds. And if you already have a traditional IRA, you can combine the new funds with the old ones, making it easier to track your holdings. As is the case with leaving your money in your old employer's plan or transferring it to a new plan, you'll continue to benefit from tax-deferred growth. Keep in mind, though, that IRAs have costs, too, possibly including transaction costs to buy or sell new investments. (One more thing to keep in mind: When you want to move a retirement plan to an IRA, you may want to make a direct rollover, so the old plan's administrator moves the money directly into the IRA, allowing you to avoid immediate taxes. If you were to make an indirect rollover, you'd get the money yourself, but your old employer would have to deduct 20% for federal taxes, and you'd have to deposit the entire balance, including the withholding, into your IRA within 60 days.) Which of these choices is best for you? There's no one "right" answer for everyone. You'll want to consider all the options and possibly consult with your tax advisor and financial professional. But do all you can to protect your retirement plan - you've worked hard to build it, and you'll need to rely on it to help you pay for your years as a retiree.

GARDEN

MOMENTS

**MELINDA** 

**MYERS** 

We got a chuckle out of 'daymares.'

Of course, our Executive Editor and movie buff gave his take: "Freddy, but I'm going to qualify my answer by saying Freddy from the first two 'Nightmare' movies, before they turned him into Don Rickles in a striped sweater.

We can't write an editorial regarding scary characters without mentioning Gollum from the "Hobbit" and "Lord of the Rings" franchises. No one is scarier than Gollum, and he did it without even trying.

With that, we hope you enjoy Halloween, half off candy sales, a scary movie or two and enjoy the beautiful fall weather before the snow flies.

### SEND US YOUR NEWS!!!



beautiful blooming orchids. These living bouquets provide months of beauty with minimal care. Just provide the proper growing conditions and success is sure to follow.

Start

with a Phalaenopsis, moth orchid, that is best suited to the home environment making it the easiest to grow. Purchase a healthy plant with green leaves, a few open flowers, lots of buds on a firm green flower stem and no signs of neglect.

Provide your orchid with proper care,



Moth orchids are the easiest to grow in a home environment.

similar to that of an African violet, for the best results. Water thoroughly with room temperature tap water just as the planting mix is beginning to dry. This is usually once a week in most indoor gardens. Pour off any excess water that collects in the saucer to prevent root rot.

Grow your moth orchid in a bright location near an east-, west- or slightly shaded south-facing window. Plants do best when they receive 12 to 14 hours of bright light. Give plants growing in low light locations a boost with artificial light. Keep lights 4 to 10 inches above the plants. Placing the plants on a reflective surface helps bounce light back up into the lower parts of the plant. Look for one of the many economical, energy efficient and attractive options for sale. Keep the lights on for 14 to 16 hours if this is the only light the plant receives. You can reduce the time to five or six hours for plants receiving natural light.

Boost the humidity around your orchid while creating a beautiful display by plac-

one moisture from its leaves, it increases the humidity around the neighboring plants.

Use gravel trays to further increase the humidity around all your indoor plants. Fill the saucer or plant tray with pebbles.

Set the pots on the pebbles, elevating them above any water that collects in the saucer. When you water thoroughly the excess collects in the saucer. As it evaporates, it increases the humidity around the plants right where it is needed.

Fertilize actively growing plants when the soil is moist. Use a dilute solution of a complete fertilizer such as a 20-20-20 labeled for use on orchids or flowering houseplants. Avoid excess fertilization that can cause damaged black root tips, green floppy growth, and prevent flowering.

Once your orchid finishes flowering, continue growing it in a brightly lit location and water and fertilize as needed. You can either remove the faded flowers, leaving the flower stem intact and wait for a flush of smaller flowers at the tip of the stem or cut the flower stem back above either the second or third node, the thickened part of a plant stem where new growth appears, from the bottom. A third option is to cut the flower stem back to one half inch above the leaves. This is better for the health of the plant. It results in the best reblooming and allows the plant to restore energy used for flowering and focus on growing roots.

If forcing your orchid to produce a second flush of flowers seems like too much work, just treat it like a long blooming bouquet. Ease your guilt by gifting the plant to a fellow gardener that would be happy to accept the challenge. Then invest in a new and different orchid to brighten your indoor garden.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www.melindamyers. com.

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# Waiting for the ice to set in





This week's Second picture shows Captain Matt Fontaine of Uxbridge with a nice seabass.

THE GREAT

OUTDOORS

RALPH

TRUE

for this season first ice.

Of course, it all falls on

Mother Nature to provide

safe ice, which has been

extremely poor for the

last few winters. If you

do not believe in global

warming by now, I doubt

that you will ever realize

that it is happening. The

latest in ice fishing gear

can be found at your

favorite sporting goods

store, but it is a bit pric-

ey. Do not forget to shop at

some local Bait & Tackle

This week's picture shows Grampa Murphy and his grandson Jayden Burke enjoying some pheasant hunting at the Uxbridge Rod & Gun Club this past Saturday.

The string of great remember ice fishing weather we had over the last few weeks made for some great opportunities to enjoy numerous outdoor activities. The Uxbridge Rod & Gun Club and the Whitinsville Fish & Game Club stocked their club ponds with trout recently, and members can enjoy some great fishing for weeks to come. The state of Massachusetts continued to stock numerous lakes with trout and should provide some great fall trout fishing.

It should also provide some great ice fishing, if and when we get safe ice this season. Back 30 or 40 years ago, I can

on Thanksgiving Day. Catching yellow perch from the Meadow Pond and Carpenters Pond using a jig stick, and a Swedish Pimple baited with a perch eye, it did not take long to catch 100 or more yellow perch for the dinner table. Fresh yellow perch pan-fried, can provide some great eating in the winter months. I never ate yellow perch during the summer because they often contained worms in the meat. The ice-cold waters seemed to alleviate the problem.

Courtesy

Checking out your ice fishing gear now, will ensure that you are ready shops. They are struggling to stay open with all of the competition of big store chains. It is not too early to start some of your Christmas shopping for that special guy or woman in your family, as many items may not be available until spring, because of the massive fleet of ships waiting to

unload goods. Wild turkeys were not presenting hunters with many opportunities to harvest one last week, and time runs out on Nov. 27 in Massachusetts for hunters hoping to harvest one for the Thanksgiving dinner table. It is a lot easier to harvest a big bird in the spring, as they are receptive to turkey calls. If you can find a flock of turkeys, and you can break them up, calling does often work, but you need to find a flock first. A hen or tom turkey can be harvested by a licensed hunter with a fall turkey tag. Because hunting turkeys is legal during bow season, you may just get lucky to have a big turkey present a shot, if deer hunting is slow.

Archers have done really well during the archerv deer season in Massachusetts! During the first week of bow season, hunters reported numerous scrapes and rubs indicating that the start of the rutting season has indeed started. One archer reported harvesting three deer. Drivers need to be aware of the deer rutting season, and be extra vigilant when traveling on the roads and highways. Bucks chasing does to breed can have them running out in front of cars, with little time for drivers to react to a deer car collision. Every vear. drivers and passengers are killed when a deer is struck by an automobile. Motorcyclists are even more vulnerable, and can be killed or suffer serious life-threatening injuries from a deer collision. Motorists need to be reminded that if they strike and kill a deer, they can keep the animal for their meat, if the carcass is salvageable. Immediate care needs to be taken to ensure the meat is properly cared for.

Pheasant hunters are enjoying some hunting on stocked areas throughout Massachusetts! The state will continue to

stock areas with pheasant until Thanksgiving Day. Bird hunters with dogs are doing the best, but they too need to check their dogs and themselves for ticks after every hunt. As mentioned last week, ticks are going to be a big problem this year, both for man and dog! Deer hunters also need to take precautions after hunting. Removing most of your clothing outside of your home after a hunt. and checking for ticks before you enter the home, can save a lot of grief if Lyme disease is contracted by you or a family member. Never hang a harvested deer in your basement or attached garage. As the deer carcass cools, the ticks will fall off, and can be a real problem for your family if someone is bitten by an infected tick. The deer tick is incredibly small, and careful examination to locate and remove them is necessary. It is best to drop the ticks in a small amount alcohol to kill them. Do not remove them, and toss them into the back yard!

Seabass and tautog fishing remain hot in both Massachusetts & Rhode Island. This week's picture shows Matt Fontaine of Uxbridge with an impressive seabass caught last week off of the Point Judith light house area.

The second picture shows Jack Murphy and his grandson Jayden Burke enjoying a day hunting pheasant.

### Tips to Scent Your Home this Season

Scents are powerful just a small whiff of certain smells can fuel emotions. From altering moods and sparking memories to creating calm and promoting focus, fragrance can be very influential in our everyday lives.

Autumn New in England offers an abundance of native sights

whole cloves to release fragrance. Mix together all ingredients, gently folding in apple and orange slices last. Place in an open bowl or pack in a clear glass jar for gift giving or later use.

Pie Spice Sachets: The sweet scent of freshly baked apple and pumpkin pies can be resurrected every time you reconstitute these essence filled sachets. Best of all, these can be used to scent the air and to spice up cider!

ing water. To use as a spice, drop into container of simmering cider.

Autumn Wax Tarts (Recycled candles): Making fragrance tarts is easy (and free) if you've collected all your autumn fragranced candle ends throughout the



formed everything from utilitarian bowls to musi-

To do: Scrape out all inside dried membranes and seeds. This can be tedious, but it is necessary to avoid rot. To ensure a smooth inside surface as for gourd bowls, sand inside with a wire brush drill attachment.

To dry out decorative thin-skinned gourds, clean them in warm, soapy water containing a household disinfectant. Dry gourds with a cloth and spread them on newspaper in a warm, dry place. After a week, wipe them with a cloth moistened only with disinfectant. Again, spread gourds to dry, now in a warm, dark, damp-free spot for about a month. Every other day, turn them. When seeds rattle inside, they are proper-ly seasoned. Small, thin shelled gourds will dry in less than a month, and large ones can take up to six months. If mold appears during the drying process, scrape it off with a knife. Thin-shelled gourds dry best when

nish or wax.

Win Dinner for Two at the Publick House - Contest has resumed!

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints! Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

and scents that can be captured as everlasting fragrance for the home. Read on for a few simple recipes to bring the spectacular fragrance of the fall season indoors for months to come.

England New Potpourri Mix: This all natural autumn potpourri mix will bring you back to a walk along winding New England roads. A few drops of essential oil may be added to boost the scent as the mixture ages.

Ingredients: Dried slices of two Red or Golden Delicious apples (or other hardy New England variety); dried slices of one orange; eight cinnamon sticks; one tablespoon nutmegs; three tablespoons whole cloves; 2 Whole nutmegs; Filler: acorns, dried leaves, bark pieces, pinecones, etc.

Directions: Break up (or smash) the cinnamon sticks and some of the

Ingredients: 2 tablespoons pumpkin pie spice; 4 teaspoons ground cinnamon; 2 teaspoons nutmeg; 2 tablespoons applesauce

Mix the applesauce and spices together in a bowl. Dough will be very stiff. Pinch off small pieces of dough and roll into balls. Press down to form discs, about an inch or so. Bake in a 275 degree oven for about two hours or until fully dry and firm. Allow to cool and harden.

To use for simmering potpourri: Drop one disc into a couple of inches of simmering water.

To use as spice sachet: Drop disc into Preheat oven to 275 degrees and bake for 1 1/2 hours until dry and firm. Cool. Use as a simmering potpourri by simply dropping in boil-

Ingredients: Leftover candle wax; foil cupcake wrappers.

Directions: Carefully melt leftover candle bits in a double boiler or in the microwave. Remove wicks and black bits from melted wax. Line a cupcake pan with aluminum foil cupcake wrappers. Pour about an inch of wax into each aluminum wrapper. Allow to cool, then remove wrapper from tin and peel off tart.

#### **Great Gourds!**

Now that your house boasts the aroma of autumn, why not do a little decorating, compliments of Mother Nature? Gourds are plentiful this time of year, and let's face it, gourds have only one main claim to fame: Their interesting colors and shapes make them a fantastic fall decorating tool.

Talented and imaginative artisans have

cal instruments out of gourds, although mainstream offerings are likely to include a creative mix of baskets, candleholders, birdhouses and vases. Gourds, both large and small are plentiful and whimsical, with a high "personality quota." Tossing interestingly shaped gourds in a bowl creates an instant centerpiece. Or place handfuls of colorful gourds around an outside entryway display to fill the gaps between pumpkins, mums and cornstalks.

Gourds, with their contrast of color and textures, are the perfect candidate for an interesting craft project. Whether you choose to make a vase, bowl or birdhouse, drying, cutting and cleaning the gourds are important chores to complete. Much like carving a Jack-O-Lantern, the top of a gourd must be cut off and the inside scraped clean.

hung in a mesh bag. You can finish your bowl or vase by staining, painting, or using leather dye on it. The leather dye provides a vintage look and is easiest to apply for a first time project. After the dye has dried, apply a protectant, such as var-

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lt's important to us.

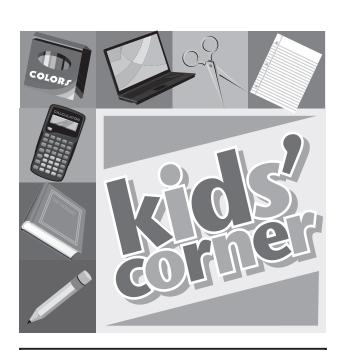
### Socially Speaking...

This feature is for churches, senior centers, libraries, or other civic organizations who have events coming up.

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HALLOWEEN TRACES ITS ORIGINS TO THIS COUNTRY.

ANSWER: IRELAND



### What's the Difference?

There are four differences between Picture A and Picture B. Can you find them all?





B



Answers: I. Extra spider on right 2. No spider in center of pizza 3. No eyes on ghost 4. Pumpkin on middle left has bigger stem



TO HELP A JACK-O'-LANTERN LAST LONGER AFTER IT'S BEEN CARVED,

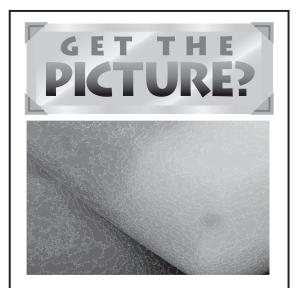


• **1415:** THE BATTLE OF AGINCOURT BETWEEN ENGLAND AND FRANCE TAKES PLACE.

• **1760:** KING GEORGE III OF BRITAIN IS CROWNED.

• **1940:** BENJAMIN O. DAVIS IS NAMED THE FIRST AFRICAN AMERICAN GENERAL IN THE U.S. ARMY.





**ITALIAN:** Spettro

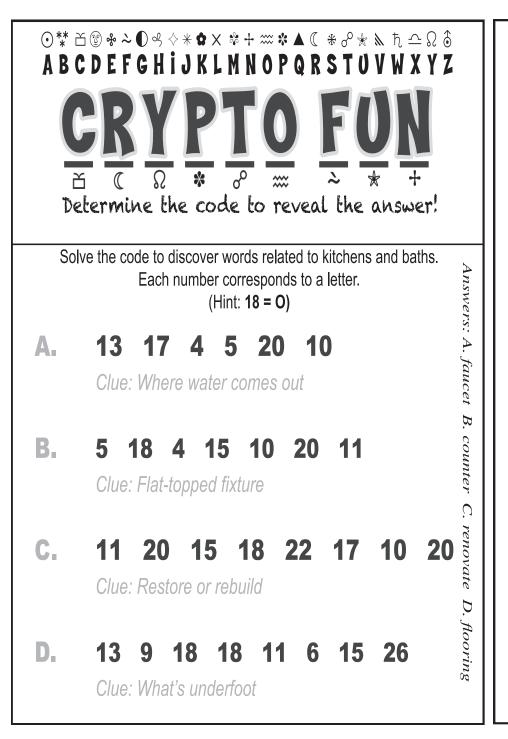
FRENCH: Fantôme

**GERMAN:** Geist

LEAVE THE STEM INTACT AND CUT A HOLE TO INSERT A LIGHT IN THE BACK OR BOTTOM OF THE PUMPKIN, INSTEAD.

Can you guess what the bigger picture is?

ANSWER: CANPY CORN





Fun By The Numbers

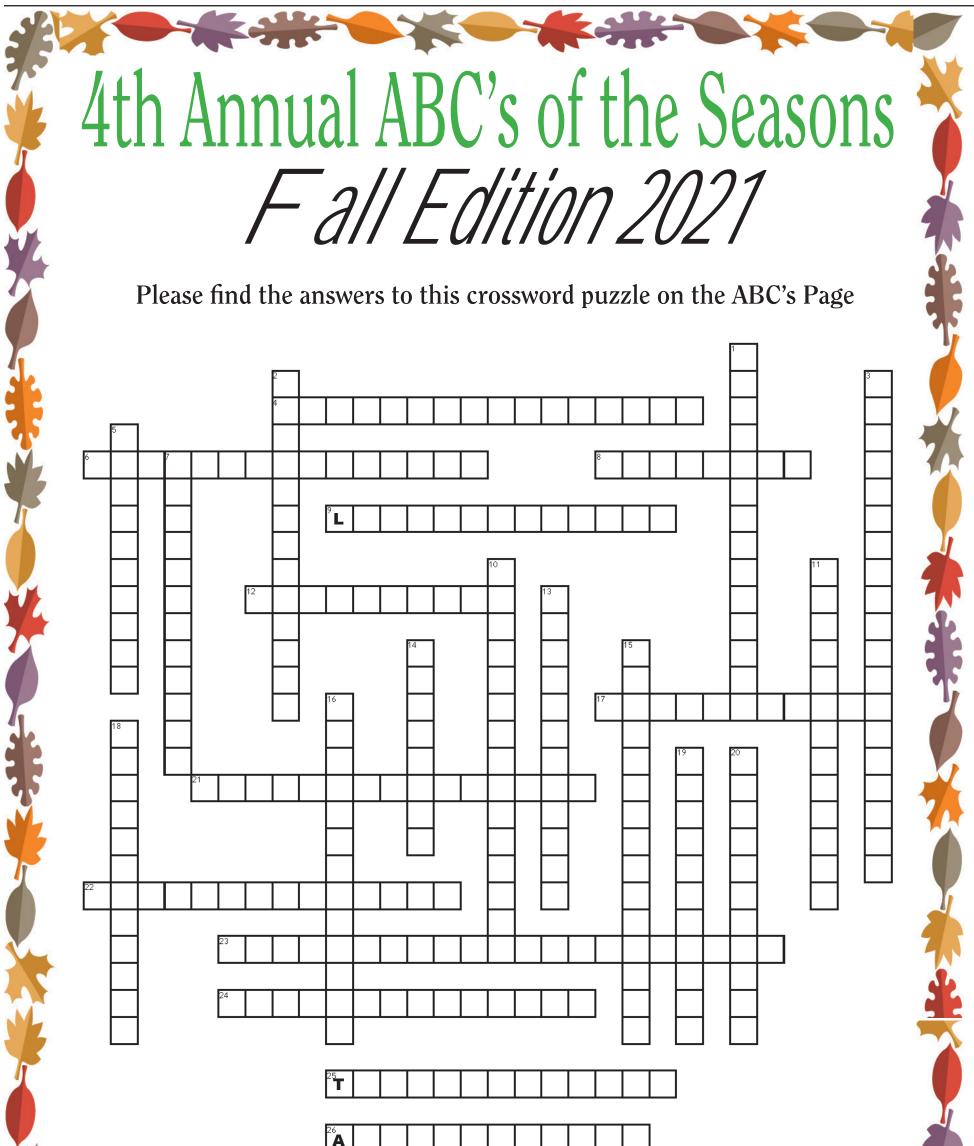
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

S	9	3	S	L	-	6	8	7
6	4	ł	3	8	S	9	L	ç
S	8	L	7	9	6	muk	S	2
L	G	6	2	Þ	9	8	and i	3
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:AINSWER:								



7
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ACROSS	DOWN
4. Order online	1. Curbside pickup and no contact delivery available.
6. 1103 Main Street, Leicester	2. A unique destination experience
8. Beautifying America	3. We treat chronic bad breath
9. Community is our top priority	5. Fall Special \$300
12. as low as 0.99%	7. Small town charm
17. Check out my private office at 12 E Main St.	10. Major Insurance Referral Shop
21. Cheers to a new location!	11. Select models are eligible for 26% savings
22. Construction Supply Delivery	13. Seeking ALL Direct Care Staff
23. Great Careers Start Here	14. First, Goal Oriented
24. Cirque Dreams	15. Maple Syrup/Products
25. Fresh Start	16. Now Hiring
<b>26.</b> Family owned and operated since 1997	18. Cleaning, Repairs, Free Estimates
	19. We can save you time and money!
	20. 33 Sutton Ave, Oxford, MA

#### 4th Annual ABC'S OF THE SEASONS, FALL EDITION

Hint... answers don't always include the entire business name.

Name:		
Address:		

Circle which paper you found this in: Spencer New Leader, Webster Times, Charlton Villager, Sturbridge Villager, Auburn News, Blackstone Valley Tribune, Southbridge News Deutine Di \_\_\_\_\_

Daytime Phone:		
Email address (optional)	·	

Comments: \_\_\_\_\_

Please find the answers to this crossword puzzle on the ABC's Page. Enter to win a \$25 gift card to an ABC business by mailing in your completed crossword to ABC Crossword Puzzle, Stonebridge Press, P. O. Box 90, 25 Elm Street, Southbridge, MA 01550 OR scan & email or take a picture and email it to jsima@stonebridgepress.news by Wednesday, November 24th. Random-drawing for winner of all correct entries to be announced in the December 3 issue. One entry per person. Please support these ABC's businesses and tell them you saw their ad in your local paper! Good luck!



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#### FOOTBALL

continued from page A1

dropped the Rockets to 2-3 as they played their first game since Oct. 1 due to COVID-19 problems in the program.

"I'm proud of those kids," Auburn head coach Jeff Cormier said. "Our kids fought their butts off. [Northbridge] found the horseshoe and so be it."

Both Boyce and Falconer praised the Rockets for the way they battled, which nearly caused the upset.

"It was a tough game, they played us great,' Bovce said.

"Sometimes we might get a little complacent if we think we have an opponent that we might

in cases.

be able to handle easily. I give credit to Auburn for playing a great game and giving us a reality check," added Falconer. "That just makes us more motivated to go harder next week and just keep going.'

Northbridge took a 6-0 lead on the penultimate play of the first quarter when Boyce snuck one in from a couple of yards out.

The Rockets then took a 7-6 lead with 10:35 remaining in the second quarter when Brian Dillon (12 carries, 50 yards) scampered in from 5 yards out and Mateo Peschiera tacked on the extra point kick.

The score remained the same until 20 seconds remained in the third quarter. There — after Boyce missed most of the second quarter due to an injury to his right elbow; he finished the game wearing a lacrosse pad for comfort, courtesy of assistant coach Steve Falconer, who had the equipment in his truck -

Auburn defender Owen Fitzgerald makes the tackle on Northbridge ball carrier Collin Falconer.

Boyce (12 of 18, 103 yards, TD, INT; 14 carries, 106 yards) hit Tim Visbeek with a 14-yard pass as the Rams regained the lead, 12-7.

That score held until 30 seconds remained, which was when Oliver

(11 carries, 47 yards) rumbled up the middle from 8 yards out.

"I've been here a long time and I haven't been prouder of a group of guys. These kids played with more heart and effort today, my heart breaks for them. It's just a special group and they deserved it today," Cormier said.

But Northbridge found a way to win, creating a moment that no one will forget for quite some time.

Auburn's Nate Jette nearly comes away with an interception,

but the ball hits the ground first.

#### COVID

continued from page A1

The news was obviously positively received by the Board of Health with Chairman Jon Sanborn saying Charlton's numbers follow a trend for the commonwealth where communities across the country are seeing a decrease

#### COOKING

continued from page A1

comes in a wide variety of flavors and is an amazing dish to learn how to make. According to Chef Gino, "once you have real ramen, you won't want the instant cup ramen noodles anymore!" Katsu directly translates to "victory" and has a deep history and many different variations. Katsu is a breaded meat dish, "works wonderfully with beef, pork, chicken, or turkey," added Chef Gino, "as influenced by Western cuisine, Katsu is a perfect dish for any occasion."

The Japanese Comfort Food classes are part of several hands-on cooking classes that run through the Bay Path Night School. All the dishes will be prepared in class. The class consists of both

demonstration and hands-on participation. The classes are held from 6 to 9 p.m. The course fee is \$109. Class size is limited to provide social distancing; masks are required. All cooking classes include supplies/food unless stated otherwise. Register through baypath.augusoft.net or call 508-248-5971, ext. 1715.

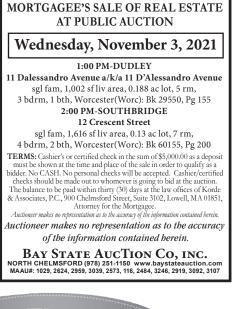
"We're seeing on the news that cases

in general nationwide are also coming

Chef Gino is a Douglas High School alumnus (2012). He had been passionate about food since his childhood. At age seven, he trained at the Heny Sison Culinary School (Manila, Philippines) under Chef Jill Sandique (International ICE alumni and a graduate of the Institute of Culinary Education Pastry & Baking Arts program). Gino's culinary experiences range from apprenticeship (The Ivy Restaurant, Boston), to Cooking Shows (Chef Heny Sison), to

Cambridge; Pikaichi Ramen, Boston; Ganko Ittetsu Ramen, Boston; Gen Sou En Tea House, Boston; and Love Art Udon, Boston). He has traveled to Japan extensively and had enjoyed Ramen in Chiba, Kanagawa, Osaka, Kamikatsu, and Tokyo. It was at Pikaichi Ramen where he worked as a waiter then kitchen chef that he honed in his passion for Ramen. He now has over 10 years of experience running and managing Ramen restaurants in the Greater Boston Area. Chef Gino leads menu creation, daily food prep, and all other cooking-related responsibilities at KuruKuru. He works with suppliers, ensures food quality in every meal, and assists with all back-ofhouse tasks and duties.

of September. A week later that number dropped to 30. The most recent data as of this report showed 16 active cases in Charlton, more than at the time of the Board of Health meeting but still a significant drop in recorded cases from only a month ago. Charlton remains lower than most surrounding communities most of which recorded more than 20 cases as of Oct. 21.



#### SCOREBOARD

continued from page A1 M. Sulmasy, JD, LL.M, Athletic Director Eric Gobiel. Football Coach Dale Olmstead, and Thunder, the school's bison mascot.

The 30-foot state-of-the-art sign – emblazoned with the Nucar logo – was built by Digital Scoreboards LLC, and features hi-def video capability, electronic scorekeeping, and a premium built-in sound system, among other features. Nichols is the only college in the Commonwealth Coast Conference to have a video scoreboard.

Nichols and the athletic department, allowing us to bring a whole new interactive experience for our fans and student athletes," said Gobiel. "We could not be more thankful to the Dagesse family for their extremely generous gift and continued support!"

In addition to football, the scoreboard will support the other teams that use Vendetti Field, including field hockey and men's and women's lacrosse. Beyond athletics, Nichols plans to use the video feature for campus events, such as movie nights, and extend opportunities to the local community, such as advertising during the game.

commitment to innovation and giving back," said Chris Dagesse. "We are also proud that the Nucar name will now not only be gracing dealerships in Delaware, Massachusetts, New Hampshire, and Rhode Island but will also be attached to this great institution."

Coach Olmstead called the



down and I'm hoping that's because folks are getting vaccinated or being a little more cautious. I thought it would have stayed at the current rate or elevated with everybody going back to

school and as the weather gets colder more people inside just like the flu season," said Sanborn. "That's good news and hopefully that will continue.

According to data available on the Massachusetts Department of Public Health website, Charlton recorded as many as 43 COVID-19 cases by the end

employments (Harvard Faculty Club,

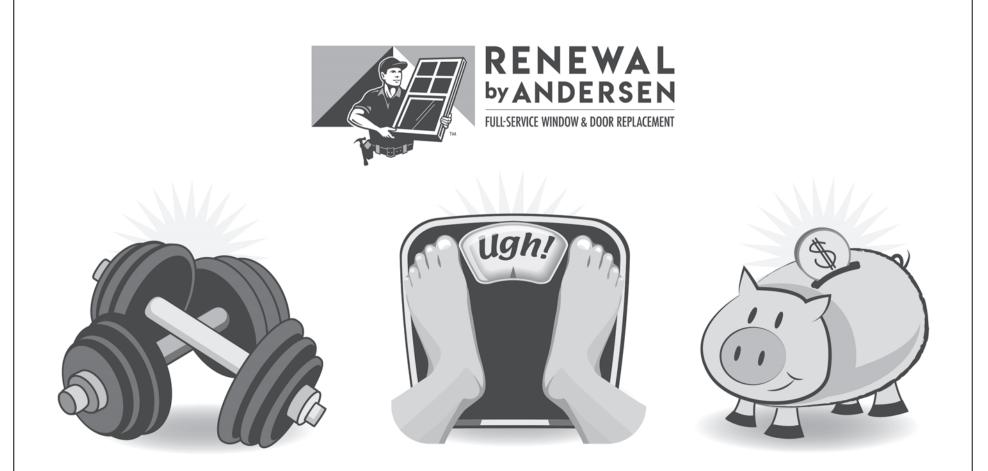
"The new video board is certainly a game changer for

"This donation reflects our

scoreboard "awesome," adding, "Looking down on Vendetti Field from the hill and seeing a scoreboard of that magnitude makes a statement about Nichols commitment to athletics. Our players love it, and I am looking forward to showing it off to our recruits!"

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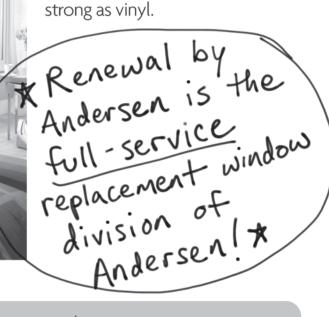
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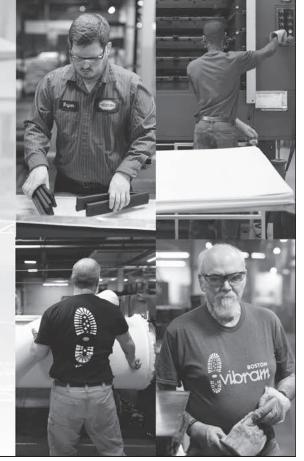
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# Momentum swings in Valley Tech's favor as Howe and Mateo torch Minutemen

#### BY DEAN ST. LAURENT SPORTS CORRESPONDENT

CHARLTON Α ground-and-pound approach employed by senior running backs Trey Howe and Josh Mateo—both scored three rushing touchdowns of the Blackstone Valley Tech varsity football team worked wonders on Friday evening, Oct. 22 when the Beavers defeated Bay Path Regional, 55-14. The visitors also used a late second quarter touchdown as a momentum swing to erupt for a 21-point third quarter to put a once close game out of reach.

"It was huge because I didn't think we played a very good first half," expressed BVT (4-2) head coach Anthony Landini about his team's touchdown with 32 seconds left in the first half. "Once again I have stressed it all year is our penalties, especially early. We are a very fiery, emotional team. They play physical, I preach physicality, and sometimes it hurts us. They finish blocks and play until the whistle, but it is stuff that we should be able to clean up by now and I think we did that specifically in the third quarter.'

Despite the final score,



Bay Path's Jonathan Nussey attempts to catch a pass by the 40-yard line.

Bay Path (3-4) did not go away easily. They battled adversity in the first half and always answered with a score of their own to keep pace with Valley Tech.

Down 21-7 with 7:30 left in the second quarter, the Minutemen were able to put together a beautiful 4 minute, 14 second drive, capped by a 1-yard strong run by junior back Casey Gallagher to make it a one-possession game, 21-14, with 3:16 left. A 26-yard one-handed catch by junior Jonathan Nussey and a 23-yard

scamper by junior quarterback Anthony Catino highlighted the drive.

Moments after the Gallagher touchdown is what changed the course of the game. Bay Path decided to lay down an onside kick that failed and gave the Beavers appealing field position at Bay Path's 43-yard line. BVT took advantage and capped a seven-play drive with a 1-yard TD plunge by Howe. This was Howe's second touchdown of the game and he accounted for another in the second half.



Anthony Catino of Bay Path sprints down the field while a teammate blocks for him

"They were getting the ball to start the second half, so we were just trying to maximize our opportunities to have the ball in the first half and keep the ball out of their possession," explained Bay Path head coach Cody Giampa regarding the onside kick. "I liked the call, it just didn't work out for us."

Coming out of halftime Blackstone Valley received the ball and quickly drove down the field and scored in just six plays when Mateo got loose for a 13-yard touchdown. This was his third score of the game. He also finished the contest with 13 carries for 222 yards and a circus catch interception.

Mateo switched from quarterback to running back after a hand injury, forcing him to play both sides of the ball with a cast on his left hand. The injury happened against Northbridge High in the Beavers' season opener, but the senior has adjusted and made the most of his opportunities to contribute to his team.

"I am not going to lie," stated Mateo. "This is the position I have been trying to play forever. I have been playing this position since second grade, so it was an easy little transition and I do what I can for my team. Be a dog out there."

Although the transition was easy, there has been some adjusting the speedster has had to make to his game.

"Yeah, significantly, I usually carry the ball in my left hand, so it has been a big change having to run the ball with my right hand and not being able to switch with a stiff arm," expressed Mateo. "Other than that, I have just had to adjust and start lowering my shoulder more being a smaller kid out here. I do what I can."

The win was Valley Tech's fourth in a row and they look to build off this momentum heading into the last week of the season hoping for a playoff berth. The key to success has been trusting the process after two early losses expressed by Landini, but from Mateo's eyes, it has been leading by example and getting the younger players ready.

"Especially with the two losses early we really needed to it up and get into the younger kids a little bit to have them mature and feed off the energy we bring every week to show what BVT

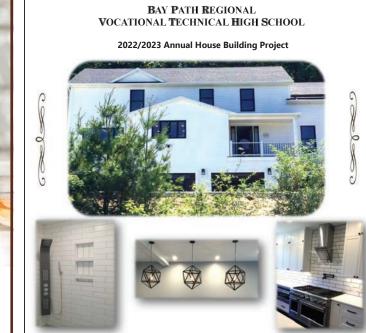
is about. Get right back to Gillette where I was my freshman year," he said.

Bay Path showed a lot of heart against a team that is led by a great group of seniors in Blackstone Valley. The Minutemen are a young team led by a junior core: Gallagher, Catino, Nussey and Lucas Welton. Gallagher scored in the contest and Catino connected with Nussy for a 5-vard strike in the end zone.

"We were proud of the way the kids battled, especially in the first half," expressed Giampa. "BVT is one of the top programs in the area, and their offense, both personnel, and scheme present a lot of problems."



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