

THURSDAY, OCTOBER 11, 2018

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

In tents experience

16th annual Civil War encampment educates, raises money for scholarships

BY MARK FOYNES

Contributing Writer

NEW DURHAM -For over a decade and a half, volunteers and history enthusiasts have mustered upon the Ridge for causes that have included a veterans' monument, preservation efforts, and furthering the education of local students.

Being Columbus Day weekend in New Durham, that meant it was time for the annual Civil War encampment, which took place on Saturday, Oct. 6 and Sunday Oct. 7.

For once it didn't rain.

"We always seem

Selectmen, budget committee discuss financials

BY MARK FOYNES

Contributing Writer

NEW DURHAM — The budgeting process is under way and on Sept. 26, the New Durham Board of Selectmen and the budget committee held a joint chair Cathy Orlowicz

to get wet," said Sherry Cullimore, a New Durham Hstorical Society officer whose historic Ridgetop property has been the encampment's host location since its inception. She, along with other society members, provided much of the original impetus behind the annual event.

The encampment was - and continues to be - a joint endeavor with the Charles W. Canney Camp No. 5, Sons of the Union Veterans of the Civil War. Leaders of this group approached the Historical Society in the early 2000s, helppartnership.

Although knowing there was potential for the encampment to become an annual event, the initial reason for the collaboration was town hall.

Durham's population Nason, a one-time served in the Union Army, but there was lives in Farmington

ing forge an enduring to raise funds to erect nothing acknowledga veterans' monument ing that," said Rogon the grounds of the er Nason, one of the re-enactors clad in a "Ten percent of New lieutenant's uniform. town resident, now

but harbors a lingering connection to the community. He expressed pride in knowing his group played a role in installing a monument.

SEE ENCAMPMENT , PAGE A11



Officer of the Year

COURTESY PHOTO

On Friday, Oct. 5, Officer Kristen Guest was given the DARE Officer of the Year award at the DARE officers graduation ceremony in Concord. Alton Police Chief Ryan Heath, Lois Stevens from Prospect Mountain High School and Principal John MacArthur

of Alton Central School surprised her at the ceremony, which was attended by law enforcement officers from all over New

England (including Alton) as well as Officer Guest's family and friends. MacArthur noted that the community is honored to

have Officer Guest at both ACS and PMHS. He also extended a special thank you to Stevens for writing the recommendation.

meeting to discuss some of the financials.

The session began with BOS chair David Swenson describing the process of drafting and reviewing the 2019 town budget to date. He noted that Town Administrator Scott Kinmond solicited budget requests from department heads for initial numbers. Prior to this meeting there had been discussions with the BOS, which has had opportunities to offer input, request clarification, and make suggestions. With these two phases in motion, review by the budget committee comes into play.

Kinmond said his message to department heads during the portion of the process he took the lead on was to make year-to-year level funding a target in each functional area.

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asked about the significant increase in the assessing line item. Swenson said the expense used to be paid for out of a special reserve fund, and that, moving forward, they will need to operationalized. Swenson said that he anticipates more detailed discussions regarding CRFs and EFTs in the future.

He acknowledges this

is not always possible

and said he asked for

justifications regard-

ing any material in-

each account, budget

After a review of

crease.

Below is a summary of many of the budget items that were discussed. All requested amounts were approved by the BOS unless otherwise not-SEE BUDGET, PAGE A12

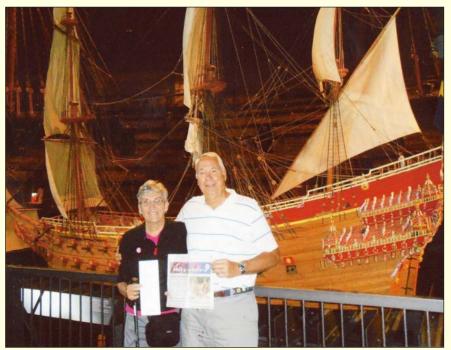
Public invited to All in for Alton event Oct. 19 and 20 ALTON — The Alton Steering committee in conjunction with the

UNH Cooperative Extension will be holding a citizen-led event on Oct. 19 and 20 at Alton Central School.

Community Profile is a program of UNH **Cooperative Extension** in partnership with the town, with the idea to bring people from all

walks of life together needs and wants for Alton, develop a plan to implement the suggestions, and work together, either as individuals, groups or through town government, to pursue the vision for the future.

Co-Chair Kelly Sullivan says, "It is a great opportunity for anyone



COURTESY PHOTO

Swedish ship

Peter and Lynda Johnson of Alton recently traveled to Sweden and took a photo with The Baysider at The Vasa Museum. The Vasa was a Swedish warship that sank in Stockholm Harbor in 1628 and remained there until it was raised in 1963 and opened as a museum in 1990. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

in town, young, old and in-between, to come out and voice their opinion, in a constructive way, about what they like about Alton and also identify opportunities for change, helping to envision a vibrant future for our town."

The Community Profile event includes a dinner and community discussion on Friday, Oct. 19, from 6 to 9 p.m. followed by an open forum on Oct. 20 including breakfast and lunch from 9 a.m. to 1 p.m. at Alton Central School. This is an opportunity for you to share your thoughts and ideas for Alton's future.

Members of the community can take action on projects you decide are important to you. The feedback and ideas gathered will also

provide information that will be important during the development of the new Master Plan, which essentially sets the course of the town's direction for the next 10 years.

They realize that people are all leading hectic and fast paced lives and that time is precious, but ask that people consider coming out to this important event that will benefit not just present residents, but the children and future citizens, as well.

There is a simple registration set up for anyone who would like to attend the profile event at https://bit. ly/2zCIYBg. You do not need to preregister, but it would be helpful so they can plan for enough food and materials.

Teachers' contract vote is Monday

ALTON — Alton residents can vote on the renegotiated teachers' contract for teachers at Prospect Mountain High School on Monday, Oct. 15. Voting takes place at the high school and polls will be open from 7 a.m. to 7 p.m.

to identify potential



DIRECTORS of career technical education and officials from across the state visited the Lakes Region Technology Center on Friday, Sept. 21, to interview students taking college courses while still in high school. LRTC Principal Bruce Farr is second from the right in the front row.

State officials tour Lakes Region Technology Center

BY ELISSA PAQUETTE Contributing Writer

WOLFEBORO — On Friday, Sept. 21, more than 30 directors of career technical education from around the state toured the Lakes Region Technology Center (LRTC), located at the Kingswood Complex on South Main Street, to see firsthand what the center is doing to meet workforce

needs in the Lakes Re- Kingswood, but also gion.

Principal Bruce Farr introduced them to staff members and students Barnstead and Alton, before they began interviews with both first the courses they selectand third year students ed last spring. Kingwho are now taking college courses while in from Wolfeboro, Brookhigh school.

Technology Center is a Durham and Middleresource to high school students not only from

from the surrounding towns of Farmington, Moultonborough, who are bused in for swood, which draws field, Effingham, Os-The Lakes Region sipee, Tuftonboro, New ton, has 217 students enrolled in LRTC programs.

A group of 35 students from Alton's Prospect Mountain High School, which includes Barnstead, attend classes, along with 16 students from Farmington, and 17 from Moultonbor-

ough also attend, bringing the total number of trades, culinary arts, all students to 285.

Courses are offered in agricultural science, auto collision repair, auto service technology, careers in education, computer networking, construction graphic design, health sciences, hospitality and tourism, marketing, multimedia, precision manufacturing, and, new this year, theater stage craft.

Open house, Halloween Happenings on tap at **1772 Meetinghouse**

dinner is Oct. 20

Boodey House benefit

NEW DURHAM — The Zechariah Boodey Farmstead Committee invites the community to a classic Italian lasagna dinner fundraiser on Saturday, Oct. 20, beginning at 5 p.m. at the Community Room located behind the New Durham Fire Station on Main Street.

The menu will offer sumptuous classic Italian meat lasagna prepared from an old family recipe by committee member Tatiana Cicuto. A Caesar salad, bread, beverage and dessert are included in the price of a ticket. Committee member Sherry Cullimore will be preparing meatless lasagna for those who prefer this version.

Guests may purchase tickets at the door and a raffle will be available.

By supporting this fundraiser for The Boodev Zechariah Farmstead Committee's 2018 Italian dinner, all proceeds will be applied to the next phase of the Zechariah Boodev Farmstead project.

The mission of the committee is to preserve and reconstruct the Zechariah Boodey Farmstead, to interpret this historical property and its artifacts, increase public awareness, and an

appreciation of New Durham's heritage. This building will provide, to a larger variety of people, a location for educational, social and

civic events. The committee is looking forward to sharing the progress achieved to date for this project. Please call Orlowicz Catherine for more information about the project or dinner, at 859-4643.

NEW DURHAM — Come uncover your heritage, and maybe a vampire, witch, or skeleton or two, at Halloween Happenings at the 1772 Meetinghouse on Old Bay Road. The building's restoration committee and New Durham Parks and Recreation Department will offer up candy, frights, jacko-lanterns, games and who knows what else at the grounds of the original town center on Wednesday, Oct. 31,

from 5 to 7:30 p.m.

Do you dare walk past the oldest town cemetery? Stray animals used to be kept in the stone pound, but what horror is in there now? Look at the trails snaking off into the dark woods; you aren't afraid to travel them, are you?

Keeping in mind that not every age group enjoys the living daylights being scared out of them, the venture will also have an area where the young-

est citizens, and the faint-of-heart, can participate in some silly fun.

Halloween Happenings will be preceded by an open house at the 1772 Meetinghouse from 12 to 3 p.m. on Saturday, Oct. 27, designed to showcase all of the foundation work that has been completed. Children will be able to construct a craft of the colonial era, and a to-scale replica of the Meetinghouse will be on display.

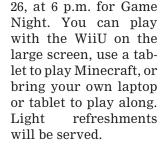
Come read to Mack at Oscar Foss

BARNSTEAD — Need a little practice reading or just love dogs? Register to read to Mack, the Oscar Foss Memorial Library's very special reading therapy dog. Mack will be at the library on Thursday, Oct. 25, from 6 to 7 p.m. Sessions will

run for 15 minutes per family. Come in to the library or call 269-3900 to sign up for a session.

Game Night

Like to play Minecraft, Mario Kart or Zelda? Come to the library on Friday, Oct.



Please call the library at 269-3900 or visit oscarfoss.org for more information about the library's pro-

grams or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.

Robotics club's holiday fair seeking vendors

ALTON — The Prospect Mountain High School Team 319 Boosters is holding its second annual holiday craft and vendor fair on Saturday, Dec. 1, from 9 a.m. to 2 p.m. at Prospect Mountain High School. Vendors and crafters are still wanted. For information on table space, please contact Michelle Kelley at MKelley5199@metrocast.net. Information can also be found at www.frc319.com.

M/S MOUNT WASHINGTON

LAKE WINNIPESAUKEE, NH



Join us Saturday, October 27 on a boat full of fun and spooky characters. From Weirs Beach 6–9 PM

Get your tickets now at: cruiseNH.com

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MARK FOYNES

ABOUT 30 folks from around the region visited the 1,100-foot peak of Birch Ridge on Saturday to learn about efforts to conserve the site.



MOOSE MOUNTAINS Regional Greenways Executive Drector Patti Connaughton-Burns (right) oriented participants in Saturday's raptor sighting event atop Birch Ridge. She described the 2,000-acre parcel as "critically-important" as a steady northwesterly gust breezed over the 1,100-foot peak.

Hawk watch brings enthusiasts to New Durham

NEW DURHAM -More than 30 outdoor enthusiasts attended a hawk watch and guided walk presented by Moose Mountains Regional Greenways (MMRG) at the future 2,000+ acre proposed Birch Ridge Community Forest in New Durham. Purchasing, conserving and stewarding this community forest is the goal of the newlyfounded Partnership for Birch Ridge Community Forest, a collaboration of Moose Mountains Regional Greenways (MMRG), Southeast Land Trust (SELT) and Merrymeeting Lake Association (MMLA). The hawk watch was the first in a series of events that will introduce the public to this project over the coming months.

Participants admired the scenic views of surrounding hills at the hawk watch site, which was chosen for its elevation (almost 1,100 feet) and excellent visibility to the north and west, the best directions to look for migrating

water quality of Merrymeeting Lake is just one reason this project is so important. Other benefits include recreational and educational values of the land, top tier wildlife habitat protection, and watershed protection to Coldrain, Chalk and Marchs Ponds." Those interested may find more information about Birch Ridge Community Forest and Partnership at www.seltnh. org/birchridge.

After the outing, part-time Milton residents Larry and Linda Boise articulated the enthusiasm that many showed that day. Wrote Larry, "We had a wonderful time Saturday at the hawk watch. It was a great chance to hear the way of conservation and to appreciate the birds in nature that we often take for granted."

The Partnership for Birch Ridge Community Forest envisions Birch Ridge as a community forest, managed to promote conservation, community, and economic development through community participation in the management of the land. Upcoming outings to introduce the project include 'Mushrooms at Merrymeeting: A Fungi Foray' on Saturday, Oct. 13, and a foliage hike on Saturday, Oct. 20. In addition, a community visioning session is scheduled for 6 p.m. on Thursday, Nov. 1, at New Durham School to get public inwhat MMRG is doing in put on the best uses of the land; there will be a concurrent children's program. More information is available on MMRG's website: http:// www.mmrg.info/.

The partnership is currently raising funds to complete the purchase of the property and steward it forever. Connaughton-Burns stated that as of the end of September, "The fundraising momentum is already encouraging." Donations to save and steward Birch Ridge Community Forest may be made to any of the three partner organizations: Moose Mountains Regional Greenways online at http://www. mmrg.info/donate/ or by mail to MMRG, PO Box 191, Union, NH 03887; Southeast Land



MARK FOYNES

EVENT VOLUNTEER Matt Murphy snapped images of raptors during a hawk watch event sponsored by the Moose Mountain Regional Greenways, which hopes to place this 2,000-acre parcel into conservation. Murphy is a member of the Powder Mill Snowmobile Club and helped lead last Saturday's walk.

Trust online at www. Lake Association online seltnh.org/birchridge or by mail to SELT, PO Box 675, Exeter, NH 03833; Merrymeeting

at http://mmlake.org/ or by mail to MMLA, PO Box 468, New Durham, NH 03855.

Pig roast to benefit food pantries Saturday night

of Winnipisaukee Lodge and Teide beans, mac and cheese, corn muffins, Farms Smokehouse LLC are teaming beverage and dessert. Dinners to go up to host a pig roast at the Masonic Lodge on Suncook Valley Road in Alton. Dinner will be served from 4:30 to 6:30 p.m., with the net proceeds to benefit the Alton and New Durham food pantries. Menu includes roast

ALTON — On Oct. 13, the Masons pork, cole slaw, smokehouse baked will be available. The public is welcome and tickets may be purchased in advance by contacting Jim Matarozzo at 875-3962 or Frank Alden at 859-8881. Please help the Masons support the local food pantries.

PIG OF THE WEEK by D.A. Hammond



hawks. The weather was cool with intermittent sunshine and winds out of the northwest, giving hawks a tailwind as they headed south. During a couple hours of viewing, six species of raptors were observed. Twice, a small kettle (group) of about eight broadwinged hawks gathered overhead, circling higher and higher on a rising thermal of warm air, then headed off fast, flying south. A Bald Eagle paused in its migratory flight, apparently to hunt for fish in Merrymeeting Lake below. Repeated sightings of a redtailed hawk suggested that it's still a resident of the area, not yet ready to migrate. A couple turkey vultures soared gracefully by and an osprey, a probable Cooper's hawk and an unidentified falcon were also seen.

An optional guided walk took advantage of snowmobile trails accessible from the site. MMRG Executive Director Patti Connaughton-Burns led a walk with the help of Matt Murphy, who serves on the Birch Ridge Partnership Steering Committee representing the Powder Mill Snowmobile Club and is well acquainted with these trails. Reported Connaughton-Burns, "The footing was tough but we were able to see the east, north and west sides of the lake and its many little coves as we traversed a mile loop walk. Preserving the



Opinion

SECTION A, PAGE 4

THE BAYSIDER, THURSDAY, OCTOBER 11, 2018

Election season

Election season is upon us, though in fairness, it seems like it never really ends here in New Hampshire.

However, the election is coming up in less than a month. Voters will go to the polls to make their choices for statewide offices, including state representatives in the local communities.

Many years ago we used to send out questionnaires to all of the candidates asking for their position on different issues facing the state and/or region. However, we are no longer unable to do that so a few years back, we decided to allow candidates for office to write a letter to the editor touting their candidacy and making their case to the voters of the local communities.

That is again the case this year and we welcome all candidates to submit their letters to the editor in the next few weeks so that we can run them prior to the election. We should note that we will accept letters from candidates who might be responding to another letter that asked for answers (see the letter from Rep. Kurt Wuelper in this edition). We don't consider that a letter touting his campaign, only a letter responding to a piece written by a New Durham resident a few weeks back.

As a note, all candidates are asked to keep their letters to the editor to the 550-word limit we use for the paper. Allowing some candidates to write longer commentary pieces opens up a set of problems in that we would have to offer the same amount of space to every single candidate in order to be fair. We aren't taking sides in the upcoming election (though in our opinion, it should be more than about who is on what side) and we want our coverage to be fair so we limit the letters to 550 words so that each candidate can have an equal say (if they so choose).

Obviously, there is no requirement to write a letter but we like to offer up the option to all local candidates who want to get their message out.

There is another way to get your word out through our paper and that is by purchasing an ad from our advertising department. When it comes to ads, there is no word limit and you have the say as to what you want to appear. Our advertising department can help you at 279-4516, ext. 110 or beth@salmonpress. news As a small local newspaper, we do the best we can to make sure to cover local events and local people. We hope that candidates will take the election seriously and we hope that most of them will choose to send in a brief letter to outline their candidacy and what they stand for. It is true in local communities that residents will often know their representatives, but this is just one more chance for people to get their name out there and get their platform noticed by people in the local communities. And we urge all residents to do their research on the candidates. Don't be influenced by the many, many outside sources who want to have their say in New Hampshire's election and instead, check with local sources who know these candidates best.



MATTHEW FASSETT – COURTESY PHOTO

Meeting Bob

Bob is alive and well, in fact Bob is ranked number one by scoring the most points, beating out 208 other high school robotic teams in New England. The robotics program at Prospect Mountain High School, Alton, (PHMS) includes more than 20 active students from Alton and Barnstead. They brought Bob for a demonstration on what the robot is required to achieve to members of the Alton, Barnstead, New Durham Centennial Rotary at its weekly Thursday morning meeting. The Rotary is a financial supporter of the robotics program and will help fund the team's upcoming trip to Detroit as entrants in the April 2019 world competition there. Present at the demonstration were mentors Michelle Kelly, Joe Derrick and Brian Hikel and students Dominic Soucy, Hayden Hersey, Devanie Guruge, Ashely Berry, David Kelley, Niko Neathery, Tyler Chase and Caitlynn Kroll. From its beginning many years ago, 100 percent of all PMHS students on Bob teams have graduated from high school and been accepted into colleges, most receiving scholarships.

Letters to the Editor

Beware of thieves in Barnstead area

To the Editor:

The Prospect Mountain Teachers Association humbly requests your "yes" vote on Monday, Oct. 15, for their renegotiated contract. Voting for Alton residents will take place at Prospect Mountain High School from 7 a.m. to 7 p.m.

We are extremely grateful for all of the support the community as shown Prospect teachers in the past, and we extend a sincere thank you for your upcoming "yes" vote on Monday.

The Prospect Mountain Teachers' Association

Beware of thieves in Barnstead area

To the Editor:

I never ever thought that I would be writing this short note to you as a heads up.

This afternoon, Sept. 30, Sunday at 4:30 p.m., we were packing up to go back to Medford. When my wife opened the side door of the car for my son's wheelchair, she saw my jacket and a bag of two or three small water bottles kept between the two front seats, thrown to the middle of the car where Raymond's wheelchair goes behind the driver. They were not put there the night before when we arrived home Saturday, Sept. 29, at 8 p.m., as the wheelchair always needs a clear path to go in and out of the car with nothing in its way.

in the dark of night between Saturday night and Sunday morning, Sept. 29 and 30. I have always left my car unlocked on Bradford Lane thinking nobody would ever touch it.

So here is the bottom line, I learned my lesson to now lock my car and house all the time no matter what and get a security camera system installed. What worries me more is we have a thief that works in the dark of night on Bradford Lane. Never in my 42 years at Locke Lake has this ever happened to me.



This was very strange that everything was moved.

After looking around, my wife saw that a small soft navy blue and white bag that was also kept between the front seats was gone. In it was a case with all her CDs and my small mini Nikon binoculars also in a small soft black case along with some loose change on the dash.

The bag was there when we parked the car at 8 p.m. Saturday night. So between Saturday at 8 p.m. and Sunday afternoon at 4:30 p.m., someone went in our car. Most likely our car was entered

To the Editor:

Kathy Preston's slogan is "I Care." She cares about public education. She served multiple terms on the Barnstead School Board. She will work to make education funding more fair to towns and more adequate. She will protect public education from financial and other assaults. She has pledged to support higher education, especially the community college system to ensure that NH has a qualified work force.

Kathy cares about people. She feels that all people deserve respect no matter what their circumstances. Hate is not tolerated. She will make sure that NH gets its fair share of funding for affordable health-

So, I thought I would just pass this on to you to lock your cars and look around before walking around at night.

It has now been reported to the Barnstead Police Department and they will keep an eye on the area.

If anyone can help recover our goods and identify the person who took our belongings, report directly to the Barnstead police. I will offer a \$500 reward to the person who steps forward to help us, when the person is arrested and prosecuted.

> Ray Obrien Locke Lake Colony **Barnstead**

Kathy Preston cares

care for working people, families and the elderly. Kathy is compassionate, yet has common sense when it comes to funding.

Kathy Preston cares about citizenship and democracy. She, perhaps, values her rights and privileges more than some of us, having lived under Hitler's regime as a child. Her right to vote is precious.

Kathy will truly represent all the citizens of Barnstead with civility and cooperation in the NH House of Representatives. If you care too, vote for Kathy Preston on Nov. 6.

Thank you for your consideration.

Sandy Burt **Barnstead**

Larson has earned the vote

To the Editor:

Although I have never been a "political junkie" (how my husband Bob termed himself), I have always been a strong supporter of human rights for all, regardless of race, religion, national origin, gender, or other identifying factors. It has long been my view that it is what's in a person's heart that matters, rather than where they came from or who their parents were. My beliefs are what lead me to support Ruth Larson for the NH House of Representatives in District 8 (Alton, Gilmanton, and Barnstead).

The area of LGBTQ rights is very important to me and has been an evolving one. It has been and still is an experience for me, with me being the student and two of my three grandchildren being the teachers. I have watched them being brave enough to be honest as to their identity. One of the grandkids is a transgender male, and it has been a long journey

for this young man. Luckily my grandkids have very supportive families on all sides. I know Ruth Larson supports my cause.

I have known Ruth Larson a long time and feel confident that if she is elected to the NH House, she will support LBGTQ rights and will work for acceptance of everyone facing these issues. But it is not solely on this particular issue that I endorse her candidacy. In my view, Ruth is someone who will work hard for the betterment of all, fully supporting public education and the agencies, such as Community Action Program/Meals on Wheels, Planned Parenthood/prenatal care, and Belknap County Conservation District.

For many reasons, I urge the voters of this district to elect Ruth Larson on Nov. 6.

> MaryBee Longabaugh Alton

Letters to the Editor

Think before you vote

To the Editor:

Imagine living under the ideals of New York, California, and other states making

To the Editor:

In the Sept. 27 issue, Lorraine Drake asks why we voted against SB247-FN-A, an act preventing childhood lead poisoning from paint and water.

One critical criterion for support of any bill is necessity: do we really need it? SB247 went far beyond what is the CDC and other experts recommend for testing children's Blood Lead Level [BLL] and created a new universal testing mandate.

laws protecting criminals, not citizens. Local police forbidden to cooperate with feder-

criminals in the act of committing crimes. Drug addicts using and discarding neeal agencies or pursue dles, along with feces,

SB247 not needed

children be tested for BLL. This despite the fact that many, many children are at no risk at all for elevated BLL, because they live in post-1978 housing.

While there may be no safe level of lead exposure, the Advisory Committee on Childhood Lead Poisoning Prevention recommended, and the CDC and NH adopted. a standard of five micrograms per deciliter [mcg/dl] to identify children with elevated

SB247 requires all BLL, but SB247 reduces the parental notification level to three mcg/dl, 40 percent lower than the CDC recommendation.

> SB247 reduces the level requiring investigation from the CDC "reference value" [used to identify children who have been exposed to lead and who require case management] of micrograms per 10 deciliter [mcg/dl] to 7.5 mcg/dl, 25 percent lower than the CDC recommendation.

These far stricton the streets where you live. Borders no longer a symbol of our nation. Anyone from anywhere permitted

er and much broader standards mean more, verv often unnecessary, testing, notifications, and investigation. That means higher healthcare costs, higher department expenses and more unwarranted concern for many families. All of this with no proven health benefit.

For these reasons. both Representatives Wuelper and Harrington voted against SB247.

Rep. Kurt Wuelper Strafford to illegally enter our country. Group think replacing individualism. Anarchy amok in the streets.

Hollywood, where many were blackballed for joining the Communist Party, outspoken in criticism of the democratic process with open support of socialist policy. Our Constitution continually under attack, especially the first, second and fourth Amendments. Suddenly you are guilty, having to prove your innocence. The Electoral College. written into your Constitution, serving the purpose for which it was designed in 2016 now under attack.

The Democratic Partv out of the closet on its position of socialism over democracy under a republic. Patriotism - once a virtue - considered taboo.

Welcome to today's changing America. You can stop this on Nov. 6 by voting for candidates who support our constitution and our right to govern and will keep New Hampshire and America great.

> Jim Raschilla Alton

Senior lunch returns in New Durham Oct. 20

NEW — The New Durham senior citizen lunch will be starting again for the colder months. It will be held in the fire station community room on Saturday,

DURHAM Oct. 20, at noon. Please mark your calendars. Corn chowder, ham,

Programs offered at

Thursday, Oct. 11, at

coleslaw and dessert will be served. Coffee, tea and water will be available. This free meal is for those ages

60 and over who live in New Durham and will happen once monthly during the colder months. There will not be a meal in December since the recreation department hosts its annual luncheon. Donations will be accepted but are not expected. Please get your friends and family together to come enjoy a meal together. Please **RSVP** to New Durham Town Clerk, Stephanie MacKenzie at 859-2091 ext. 1, so they know how much food to prepare.



Abbott will serve community well

To the Editor:

As a Gilmanton resident, I want to share with neighbors how fortunate we are to have Betty Ann Abbott on the November ballot for the NH District 5 House seat, representing Gilmanton and Alton. I've known Betty Ann for at least 20 years, and have watched with appreciation as she's served our community during that time. Her record of service on local boards is remarkable for its non-partisan, practical accomplishments. Anyone who knows her will agree

ant detail and never gives up fighting for the needs of our local communities. She will always respond to the needs of our communities and not to special interest groups. This is a strong voice we need in Concord, where decision-making can overlook the effect on small towns, small business, small farms and local schools. In her own words, Betty Ann has pledged to "show up, work hard and think smart." That is exactly what she will do for us in Concord.



safercar.gov/TheRightSeat

Child Ca Safetv

Visioning session for Birch Ridge Community Forest is Nov. 1

NEW DURHAM — The Partnership for Birch Ridge Community Forest, consisting

of Moose Mountains Hampshire Greenways Regional (MMRG), Southeast Land Trust of New

(SELT), and Merrymeeting Lake Association (MMLA), invite all who



From wrenches to rakes

COURTESY PHOTOS

On Sept. 22, FIRST Robotics Team 319 Big Bad Bob partnered with Cameron's Home and Garden Center located in Farmington and Land and Lakes Landscaping to plant lilac bushes, pull overgrown weeds, and lay don new mulch around the three lilac bush beds at the Alton circle rotary. "It felt good to give back to the community, they've supported us so much," said a member of 319 after completing the project. By partnering with Cameron's, they were able to replace nine lilac bushes into an old bed, as well as putting down a fresh layer of mulch on the three roadside beds. Land and Lakes Landscaping helped organize the weeding process and the reshaping of the lilac beds. Next time you are driving around the Alton circle rotary, take a look at the hard work they put in.

SCHOOL DISTRICT CLERK		Linde Clay SCHOOL DISTRICT CLERK
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care about conserving the proposed 2000-acre Birch Ridge Community Forest overlook-Merrymeeting ing Lake to participate in a community visioning forum on Thursday, Nov. 1, at New Durham Elementary School. The community visioning session is designed to be fun, informative and interactive, where participants can learn more about the Birch Ridge Community Forest and help create a shared vision of how to best use and manage this land for the benefit of the community. A concurrent on-site children's program, 'Kids Map Their Special Places,' will be available for school age children. Refreshments will be served beginning at 6 p.m. and children should be dropped off at that time. The visioning session will run from 6:30 until 8:15 p.m. There is no charge for participating but pre-registration is required.

The partnership is working to acquire, conserve and steward Birch Ridge as a community forest. Based on a model developed by the Northern Forest Center, a 'community forest' promotes conservation, community, and economic development through community ownership and management of land. A Community Forest Steering Committee made up of a diverse group of interested individuals is guiding the process of engaging for more than 10 years the community to de- due to its importance already very encourvelop a community-informed and supported management plan for Birch Ridge. New Durham and area residents will have opportunities to share their knowledge of the property and to get to know the land better, as well as to express their goals and desired outcomes for the proposed Birch Ridge Community Forest with respect to recreation, access,

wildlife habitat, and water quality. This inclusive public process will include a survey of New Durham residents, several outings on the land, and this community visioning session on Nov. 1.

Steve Whitman of Resilience Planning and Design will facilitate the visioning session. As a professional planner, Whitman uses whole system planning approaches that emstakeholder phasize engagement, outreach activities, and the values and interests of each unique place. After a brief introduction to the Birch Ridge project, the heart of the visioning session will consist of themed breakout tables with maps and question prompts where participants may discuss the topic and leave comments. Table themes will include the future of the existing cabin on Birch Ridge, recreational uses of the property, other community needs related to the property, wildlife considerations, water quality considerations, and educational opportunities. People will be encouraged to visit at least four of the six tables.

MMRG Executive Director Patti Connaughton-Burns is excited about engaging the community in the Birch Ridge Community Forest project. Says Connaughton-Burns, "Birch Ridge has been a local and regional priority for conservation for water quality, scenic views, wildlife, and recreation. The proposed community forest has the potential to be an incredible asset to the town and region. I hope people will come out for this visioning session to tell us about the special places you know on Birch Ridge and share your ideas and dreams for the future of this land. This is your chance to par-

ticipate in the community forest planning process. And the concurrent children's program gives a chance for families with children to be able to join us for the evening as well."

The children's program, 'Kids Map Their Special Places,' will be available on site for up to 15 pre-registered school age children whose parents, grandparents, or other caretakers are attending the visioning session. Trained educators and approved MMRG staff and volunteer chaperones will encourage kids to find creative ways to explore on paper what they love to do outdoors or play an animal guessing game.

The visioning session is free and open to the public but pre-registration is requested by noon on Wednesday, Oct. 31. Please register online at http://seltnh. org/events-page/ or call SELT at 778-6088.

The partnership is currently raising funds to complete the purchase of the property and steward it forever. SELT is preparing several grant applications and recently received the competitive Community Forest grant from US Forest Service. Connaughton-Burns gave an update of the local fundraising efforts at the end of September: "Thanks to an extraordinary challenge campaign, every donation will be matched, dollar for dollar. The fundraising momentum is aging," More information about the Birch Ridge Community Forest and Partnership is available at www. seltnh.org/birchridge. Donations to save and steward Birch Ridge Community Forest may be made to any of the three partner organizations: Moose Mountains Regional Greenways online www.mmrg.info/ at donate/ or by mail to MMRG, PO Box 191, Union, NH 03887; Southeast Land Trust online at www.seltnh. org/birchridge or by mail to SELT, PO Box 675, Exeter, NH 03833; Merrymeeting Lake Association online at http://mmlake.org/ or by mail to MMLA, PO Box 468, New Durham, NH 03855.

INSTRUCTIONS TO VOTERS A. TO VOTE, completely fill in the OVAL to the RIGHT of your choice(s) like this:

SAMPLE BALLC

ARTICLE 01:

To see if the School District will vote to approve the cost items included in the Collective Bargaining Agreement reached between the Prospect Mountain School Board (JMA Alton/Barnstead) and the Prospect Mountain Teachers Association, which calls for the following increase in salaries and benefits at the current staffing levels:

Year	Appropriate	Estimated Total Increase
2018-2019	\$69,051.00	\$128,634.00
2019-2020	\$50,251.00	\$ 93,613.00
2020-2021	\$55,497.00	\$103,385.00

And to further raise and appropriate the sum of SIXTY NINE THOUSAND, FIFTY ONE DOLLARS AND ZERO CENTS (\$69,051.00) for the 2018-2019 fiscal year, such sum representing FIFTY-THREE AND SIXTY EIGHT HUNDREDTHS PERCENT (53.68%) TOTAL ADDITIONAL COST OF ONE HUNDRED TWENTY THE EIGHT SIX HUNDRED THIRTY FOUR DOLLARS AND ZERO THOUSAND CENTS (\$128,634.00) attributable to the increase in salaries and benefits over those of the appropriation at current staffing levels paid in the prior fiscal year in accordance with the most recent collective bargaining agreement. The adoption of this Article shall be contingent upon both the Alton (53.68%) and Barnstead (46.32%) Districts approving the cost items and raising and appropriating their respective sum of money to fund the cost items. (JMA Board recommends by a vote of 8-0. The Alton School Board recommends \$69,051.00.00 by a vote of 4-0. (The Alton Budget Committee recommends \$69,051.00 by a vote of 4-0.) (Majority vote required.)

YES

NO

Voting will take place at Prospect Mountain High School from 7:00 am - 7:00 pm.

Alton Central School, SAU #72 **Child Find** Fall 2018

SAU #72 serves the Alton School District. As mandated under the Individuals with Disabilities Education Act (IDEA), public schools must provide Special Education for all children between the ages of 2 ½ to age 21 who are determined to be educationally disabled. Additionally, school districts are required to have formal "Child Find" procedures to locate, evaluate and count children who may have disabilities to ensure that eligible children are found, classified and provided needed services. This law applies to all children including those in nonpublic schools, preschools and hospital settings as well as children who are wards of the state and transient children.

If you suspect that a child living in Alton may have an educational disabling condition you are encouraged to contact SAU 72 to discuss your concerns. School personnel will provide you with information on the procedure for making a referral. In addition, the School District will provide a screening for those families on Wednesday, October 24 from 12 noon-2pm. To schedule an appointment or for additional information please contact Alton Central School at 875-7500.







THE REAL REPORT RECENT REAL ESTATE TRANSACTIONS

Town

Type

\$209,000

Alton Alton Powder Mill Road Alton Alton Alton 168 Sleepers Island Alton Alton N/A Barnstead 18 Groton Rd. Barnstead 15 Lincoln Lane Barnstead 245 Province Rd. Barnstead 40 Winchester Dr.

12 Church St., Unit 1 Condominium 756 Rattlesnake Island 954 Rattlesnake Island 62 Stockbridge Corner Rd.

Residential Developed Land \$328,533 Single-Family Residence \$350,000 Single-Family Residence \$383,000 Single-Family Residence \$370,000 Single-Family Residence \$268,000 N/A \$125,000 Single-Family Residence \$231,000 Single-Family Residence \$176,000 **Commercial Building** \$43,533 Single-Family Residence \$245,000

Price Seller

Sean M. and Emily J. Landry George A. Morgan Daniel A. and Carla J. Meyers Leslie H. Fabian Michelle H. and Matthew T. Curran **Robert and Antoinette Iafrate** Daniel L. and Karen J. Gontarz Jean D. Snow Kenneth Barton and Barton Brothers John H. and Deborah J. Nickerson

Buyer

Michael S. and Kelly A. Hlushuk Jeffrey S. Bates and Patricia A. Daggett Jeffrey Williams Fred R. Morris Timothy R. Moulton (for Timothy R. & J.M. Moulton RET) Boyd A. Estabrook (for Boyd & Karen Estabrook RET) Nadia Beck and Brian Saucier Peter and Mary Thomson Gregory and Katie J. Demarchi Jonathan P. Card **Clear Creek Builders LLC** Ryan Klement

THE REAL REPORT ABOUT

Address

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Wright Museum re-framing current notion of history

WOLFEBORO — In a world in which "history" seems to last less than the time it takes to post an update on social media, the odds seemed stacked against the Wright Museum in Wolfeboro. Charged with commemorating all things related to World War II, the museum, however, has found a way to make the nation's "greatest war" not only relevant, but engaging to all ages.

"We host fun events like a car show every August, a family day in July and other events that appeal to kids and parents alike," said Mike Culver, executive director.

Extending beyond military ephemera to include art and photography, the museum features a changing lineup of exhibits, some of which focus on other conflicts to better contextualize the impact of WWII beyond the 1940s.

In 2019, the museum plans to host a Smithsonian exhibit called Righting a Wrong: Japanese Americans and World War II. According to Culver, the subject matter is hard-hitting.

"It addresses the internment of Japanese Americans, one of the most egregious events associated with the war," he said.

The Smithsonian notes that the exhibit "traces the story of this incarceration and the people who survived it. Young and old lived crowded together in hastily built camps, endured poor living conditions, and were under the constant watch of military guards for two and a half years."

Meanwhile, noted Culver, brave Japanese American men risked their lives fighting for the United States.

"This exhibit will present to visitors per-

sonal stories, fascinating documents, stunning photographs and engaging interactives," he said. "It speaks to themes that are as relevant today as they were 75 years ago, taking a deep look at immigration, prejudice, civil rights, heroism, and what it means to be an American."

The only caveat is that the show does not come inexpensively, as Culver cited a price tag of \$12,000 for a 10-week stay. If funding is secured, though, he said

he believes the exhibit could attract many more visitors, including a greater number of student tours.

"This is a story that needs to be told and told by us," he said. "Since next year is the 25th anniversary of the Wright Museum, I believe it is the perfect moment in our history to present this challenging subject to our audience... The affiliation with the Smithsonian also gives us their stamp of approval, which I think

future of the Wright." For Culver, though, the future is as much about now as it is, well, the future.

"As a non-profit history museum in a world full of fast-paced technology, we cannot afford to look past today," he said. "It is what makes this industry and this museum in particular so interesting."

Unique to traditional WWII museums, the Wright Museum features more than 14,000 is very important to the items in its collection

that are representative of both the home front and battle field.

The Wright Museum of World War II is located in Wolfeboro and open daily to the public for the 2018 season from May 1 through Oct. 31. Museum hours are Monday to Saturday, 10 a.m. to 4 p.m., and Sunday from 12 to 4 p.m.

To learn more about the museum, or sponsorships of this potential new exhibit, visit www.wrightmuseum. org.





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Carpet • Viny Sal Rt. 28-2000	Corring (603) 569-6391 (603) 569-6391 • Tile • Wood • Laminate es • Installation Centre Street • P.O. Box 430 eboro Falls, NH 03896	Carpe Island al	AND 7 Office: 603 Residential/C t, Tile, Hardwoo	Commercial od, Laminate, Vinyl, RV's/Campers, Etc. le@yahoo.com
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BITUARY

Margaret "Peggie" Gingras *Positive voice for people in her community*

CONCORD — Margaret Mary "Peggie" (Hall) Gingras, born on July 22, 1936 in Boston, Mass., passed away Friday, Oct. 5, surrounded by loved ones at the CRVNA Hospice House in Concord. She grew up in Merrimack and was a high school graduate from St Joseph High School for girls in Manchester. She received her associates degree in business from Boston University.

She was a long time resident of Nashua, and Hudson but had since resided in Center Barnstead, where she was a positive voice for the people in her community. She spent many years of her life advocating for children and families in need. She was a true contender for making sure that the needs and wellness of others less fortunate could be met before her own. She will be sorely missed by many but never forgotten.

She is survived by her very loving husband, Raymond L. Gingras;



as well as her brother, Charles Hall of Merrimack; her sister, Veronica Marquis and her husband Wilfrid of Hollis; seven children, Shirley Barbour of Laconia, Timothy Barbour and his wife Gail of Brentwood. Patrick Barbour and John Daron of Plymouth Wisc., Kathleen Anctil (Barbour) of Laconia, Shawn Howe of Portland Ore., Stacy Howe of Hooksett and Julie Howe of Center Barnstead; her four step children, Eric Gingras and his wife Stacey of Nashua, Bruce Gingras and his wife Deanna of Nashua, Christopher Gingras of Hudson, Keith Gingras and his wife Diana of Northwood; 13 grandchildren, nine great grandchildren as well as nieces, nephews and cousins.

She is predeceased by and will be joined in heaven with her parents, Howard H. Hall and Theresa (Campbell) Hall; her sister, Eileen Hall, her son, Brian Barbour and her grandson Naython Jodoin.

Visitation will be held on Wednesday, Oct. 10, at Peaslee Alton Funeral Home, 12 School St. Alton, from 5 to 8 p.m.

A funeral mass will be held at St. Katharine Drexel Parish, 40 Hidden Springs Road Alton, on Thursday Oct. 11, at 11 a.m.

She will be laid to rest at the NH State Veterans Cemetery in Boscawen.

Donations may be sent to The Lighthouse Pregnancy Crisis Center at: The Lighthouse PCC: P.O. Box 305 Center Ossipee, NH 03814.

To express condolences, please visit www.peasleefuneralhome.com.

Barnstead church hosting annual fair

BARNSTEAD Please save the date for the annual Pumpkin and Pine Church Fair at The Congregational Church of North Barnstead from 9 a.m. to 2 p.m. on Nov. 3.

Each the year, church's major fundraiser is a charming, old fashioned church fair featuring a cafe, homemade items, a silent auction, baked dar cheese for sale this breakfast items and year from Cabot Farm hot coffee. in Vermont.

There will be items for sale from Ghana, Africa featuring their treasured handwoven batik fabric.

Tables include children's, Christmas, jewelry, made in NH and raffle items/baskets.

Some items in the School House Cafe include chili, grilled hamburgers and hot dogs, homemade desserts, salads, soups,

How to

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Mark on the Markets



BY MARK PATTERSON Contributing Writer

Any financial advisor, broker or investment advisor will typically try to assess the amount of risk that their client is willing to accept. There are of variety of methods and questionnaires used to attempt to accomplish the risk assessment as accurately as possible. Over time I have found that what the client tells me in the calm of my office and how they feel during difficult markets can be very different. The typical negative reaction is two a half times greater in a bad or declining market than client's feelings in good, or up market. Current research states that up to 80 percent of people that have investment accounts carry far more risk than their true risk tolerance levels.

Ever since March 9, 2009, the fear levels of investors have been very low, which drives complacency. The benchmark S&P 500 index is used to determine "BETA" in a stock, mu-

Risk and you tual fund or exchange

traded fund that primarily hold stocks. If a stock or fund has a number higher than one, it is more volatile than the benchmark S&P 500 index. If the number is lower than one it is less volatile, simple as that. Advisors like myself that designed portfolios typically using stocks, ETFs, bonds and options will try to match the objectives of the portfolio with the client's risk tolerance and needs. One of the most common curiosities that I see in the portfolio, typically of mutual funds, is that a client needing income from their investments is in an accumulation vehicle such as a growth stock mutual fund.

There are all kinds of risk involved with investing money. Market risk, credit risk, liquidity risk, interest rate risk and the risk that is really not discussed as much as it should be which is; sequence of returns risk. Sequence of returns risk is critical for those approaching retirement. Market performance is key when you start subtracting assets as income from those assets if they are not designed for sustainability. What used to be the four percent rule, in other words taking out four percent of your as-

sets per year to live on has now become the 1.6 percent rule partly because of the low interest rate environment.

As stated earlier, most people carry much more investment risk than they were aware of. Finding that true risk tolerance and matching it up to a portfolio that fits the needs of the client's is paramount. But you as the client also must realize that if you have your advisor set up your portfolio for limited risk, that will typically come with limited growth conversely a lot of potential growth may come with a lot of risk.

For an honest and maybe enlightening risk assessment go to my website, www. MHP-asset.com, g0 to tools and then risk analysis. The software" Riskalyze" will give you a risk number between one and 99, one being the least amount of risk that you're willing to accept, 99 being the most. It asks about real dollar numbers versus percentages. You may be surprised what your true risk tolerance is versus how you are invested.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com



BARNSTEAD - Im- to understand the com- of US immigration law, and the NH Alliance of migration and immigra- plexities of the country's current law and policies, Immigrants and Refution history and law in immigration system and the role of immigration gees. All are welcome to have your questions answered. Immigration 101 will be presented on Sunday, Oct. 14, at 11:30 a.m. at the church, located at 504 North Barnstead Road. The program will cover a brief history

and customs enforcement in New Hampshire, stories from New Hampshire, and how to stay informed on the issues. The program is presented by the Granite State Organizing Project to join at 11:30 a.m. for this program. Worship services at CCNB are always at 10 a.m. All ages are welcome. For more information about this program or the church, call 776-1820.

goods, gift items and treasures. They will have extra sharp ched-

the US is complicated and the word alone can create strong opinions about the subject. The Congregational Church of North Barnstead, UCC (CCNB) will be offering an opportunity for you

DAR members attend fall meeting, local group meets Saturday

REGION — Winnipesaukee Chapter DAR members attended the

fall meeting of NHSO-DAR held on Saturday, Sept. 29, at SNHU in



Community Church of Alton 20 Church Street, Alton

Main St., Union. Pastors Daniel and Sherrie Williams,

vestnb.org or e-mail abfc@faitb.com

ALTON BAY CHRISTIAN CONFERENCE

Sundays tbroug 9am;. 875-6161

BEFREE COMMUNITY CHURCH. ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mountain School. Pastor Sam Huggard, www.befreecburch.net

CENTER BARNSTEAD CHRISTIAN CHURCH

Morning Service 10:00 am. Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON Community Chorch of An Prayer Meeting 9:00 am Christian Edit nursery-adults, 9:00 am Ret: Dr. Samuel, J. Hollo, 875-5561. Sunday Worship Service 8:00am Alton Bay Bandstand July 1-Sept 2 10:00am 20 Church Street tion for all age

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC Sun. School and Worship Services, 10:004M, 504 N. Barnstead Rd., Pastor Nancy Talbott; 776-1820,

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON Sunday School 10:15 AM 400 Main Street Farmington, NH 03835 Pastor Kent Schneider 755-4816 www.farmingtonnbucc.org FIRST FREE WILL BAPTIST CHURCH

Sun. School 9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durbam; Pastor James Naso

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H. on the Parade in Barnstead on we varaae in Karnstead Sunday Morning Worship Service for all ages begin at 10:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole, Pastor.

Raber Robert F. Obe; rastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S EPISCOPAL CHURCH Sunday 9:30. 50 Main St., Pittsfield Rev. Miriam Acevedo, 435-7908

Rev. Miri

www.ststepbenspittsfield.con UNITARIAN UNIVERSALIST SOCIETY OF LACONIA Sunday services and religious education 10:00 a.v All are welcome

172 Pleasant St.Laconia • 524 6488 • uusl.org MAPLE STREET CHURCH Sunday Service 11am 96 Maple Street

Center Barnstead NH 03225

Manchester and were honored to meet Pres-General ident Ann Turner Dillon. Dillon leads the 126-year-old women's volunteer service organization with a current membership of 185,000 spread across 3,000 chapters in the United States and abroad.

The Daughters of American Revothe lution is a non-profit, non-political volunteer organization dedicated to preserving American history and securing America's future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

The Winnipesaukee Chapter, Daughters of the American Revolution will meet Saturday, Oct.13, at 10 a.m. at All Saints Church in Wolfeboro. Marianne Marcussen will discuss colonial cooking. All are welcome.

For more information on becoming a Daughter of the American Revolution, call or e-mail Regent Susan Fossum at 581-9675 or susanbriggsfossum@ hotmail.com.



Pre-Arrangements - Traditional Funerals Simple Burials - Cremation Services Monument Company

F. Rick Gagne - Funeral Director Mill Street, Wolfeboro, NH 603-569-1339 Route 16, West Ossipee, NH 603-539-3301 baker-gagnefuneralhomes.com

(800) 539-3450

Obituaries can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary **announcements** are welcome at: Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

Obituaries and **Announcements**

of special events such as weddings,

engagements, and anniversaries are

published FREE OF CHARGE in

any/all Salmon Press newspapers.

weddings@salmonpress.com

ABUNDANT HARVEST FAMILY CHURCH Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 473-8914. For more information, please visit abundan

gbout the summer 10:am & 7pm; Tues-Thurs

Curvey family meets newest Curvey Scholars

WOLFEBORO — On Sept. 17, Brewster's Curvey Scholars and their families gathered at the residence of Brewster's Head of School Dr. Craig Gemmell for a dessert reception with Jim and Shirley Curvey. After a welcome from Head of School Craig Gemmell, senior scholar Olivia Papp reflected on what it means to be a Curvey Scholar, thanked the Curveys for the upcoming travel opportunity she will experience through the Curvey Fellowship, and offered advice to the three newest freshman scholars. Ashley Rogers '13 also joined this year's event and shared her experience as being one of the first three scholars to graduate from Brewster.

The Curvey Scholar Program at Brewster was launched in 2009 provide deservto ing students from the Lakes Region of New Hampshire with educational opportunities at Brewster that they otherwise would be unable to afford. Each year, three incoming freshmen are selected as recipients of Curvey Scholarships. Scholars receive four-year scholarships to Brewster with the scholarships ranging in size, based on the demonstrated financial need of each family.

Last year, the Curvey family generously funded an expansion of the program to include after the Curvey Fellowships at Villanova University, the fellowships will help students gain valuable life experience through travel of their choice within North America.



BREWSTER'S CURVEY SCHOLARS met with the Jim and Shirley Curvey at a recent reception.

perspectives students glean through travel are at least as valuable as the education they receive through more formal academic pathways. Thus, the Curvey Fellowships, funded through the Curvey Family Advised Fund of the New Hampshire Charitable Foundation, offer older Curvey Scholars, the opportunity to design an independent Point University, Unitravel experience to any location of their choosing within the United States or Canada. Through this opportunity, students Hampshire, American fellowships. Modeled will broaden their per- University, Union Colspectives, pursue their interests in a hands-on way, and further develop their personal values. There are no set parameters in terms of focus or theme for the fellowships; students will be encouraged to plan travel experiences that are of genuine

interest to them.

Since 2009, 27 students have received Curvey Scholarships to attend Brewster. Graduates have gone on to attend top colleges and universities, including Villanova University, Auburn University, Bentley University, Occidental College, Brown University, George Washington University, High versity of Sioux Falls, Denison University, Ohio Wesleyan University, Colgate University, University of New lege, Drexel University, the University of Vermont, Chapman University and Lehigh University. Current Curvey Scholars are: Cali Folkerson, Olivia Papp (Class of 2019); Sam de Beer, Ella Quinlin, and Aiden Rolfe (Class of

2020); Mitchell Coope, Reid Demain, and Jillian Pollini (Class of 2021); and Caleb Brennion, T.J. O'Keefe, and

Olivia Tibbs (Class of 2022).

This annual reception offers new students and families the

Haynes receives Coast Guard Foundation scholarship

STONINGTON, Conn. — The Coast Guard Foundation, a non-profit organization committed to the education and welfare of all Coast Guard members and their families, announced tion. that it has awarded a record-breaking 177 new scholarships in 2018. Combined with two Fallen Heroes Scholars and three multi-vear award recipients, the Foundation will assist 182 students with \$500,000 in support this year. In the 28 years of this program, the Coast

Guard Foundation has paid out more than \$5.1 million to more than 960 college-aged young adults to help the families of Coast Guard members achieve their goals of higher educa-

Award recipient Kayla Haynes, daughter of CMT William Haynes, from Center Barnstead, will attend Western Carolina University in the fall. The Coast Guard Foundation Scholarships benefit the children of enlisted men and women who are serving or have served in the United States Coast Guard, whether active duty, reserve, retired or deceased.

opportunity to get to know members of the Curvey family and meet other scholars while returning scholars re-connect with the family and share stories about their Brewster experience.

All Brewster Academy applicants who reside in the Lakes Region of New Hampshire are eligible for consideration to become a Curvey Scholar. Curvey Scholars are selected for this named need-based, scholarship based upon their academic, athletic, and co-curricular accomplishments, and for their personal qualities of integrity, work ethic, and good character.

Jim Curvey is a vice chairman of the Board of Directors of FMR LLC., the holding company for the businesses of Fidelity Investments. Curvey also serves as chairman of the Board of Trustees of Fidelity's Equity and High Income Funds.

"The children of the brave men and women of the Coast Guard have shown dedication to their studies and communities. The high standards they've set for themselves are evident in the work they've done," said Susan Ludwig, president, Coast Guard Foundation. "We consider these scholarships not only an investment in the personal ambitions of the next generation, but also in the future of our country." To learn more about the Coast Guard Foundation, or to help support its work, please visit www.coastguardfoundation.org or call (860) 535-0786.

Jim Curvey firmlv believes that life experiences and the

Family bonfire storytime set for Oct. 26

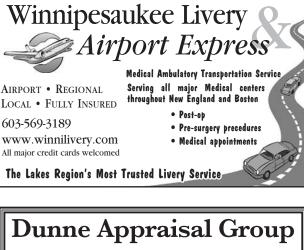
MILTON — Moose Mountains Regional Greenways (MMRG) is offering a family bonfire storytime evening of nature-related children's games, songs, and stories on Friday, Oct. 26, from 5:30 to 7:30 p.m. The activity is part of MMRG's 'MOOSE-ies for Families' program, which seeks to foster future generations of conservationists by providing opportunities for children and their families to have fun together outdoors while learning about the natural world.

One year ago, a similar bonfire storytime was the kick-off event for the newly-initiated 'MOOSE-ies for Families' series. Kids and adults were entranced with tales of creepy creatures brought by MMRG volunteer Pastor Tom Gardner, who teaches nature's classroom for Middleton Schools. Music-making and theatrical stories also got everyone thoroughly engaged as the bonfire blazed. Once again led by MMRG staff and volunteers, this year's family bonfire storytime will feature more treats, participatory games, music and story-telling around the bonfire.

Pre-registration is required to participate in 'MOOSE-ies for Families' activities. For information, directions and to pre-register, contact MMRG's Education Coordinator Kari Lygren at 978-7125 or e-mail info@ mmrg.info. MOOSE-ies for Families' stands for Members Only Outdoor

and Social Events for Families; the program of six 'MOOSE-ies for Families' activities per year is free for MMRG members. If the membership fee of \$25 per household per year is a financial burden, families may inquire of Executive Director Patti Connaughton-Burns about available scholarships by calling 473-2020.

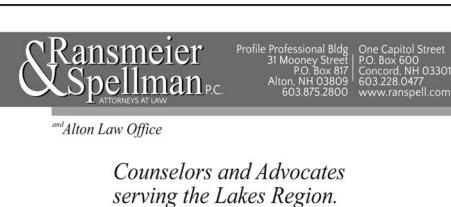
MMRG, a non-profit land trust, works to conserve and connect important water resources, farm and forest lands, wildlife habitats, and recreational land in Brookfield, Farmington, Middleton, Milton, New Durham, Wakefield and Wolfeboro. Throughout the year, MMRG offers many educational opportunities to inform all ages about the benefits of the region's natural resources. For more information and a calendar of upcoming events, visit www.mmrg.info. MMRG would like to thank MRP Manufacturing of Pittsfield for sponsoring this event.



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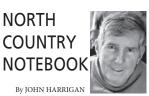
From a nap beneath a kitchen range to the workings of beaver and man

John Harrigan is off this week. This column ran on Oct. 15, 2015.

On this lowery, rainy day, I'm thinking about climate change, yet again the subject of yet another column in the New York Times, this one by Thomas Friedman, whose writing I much admire.

He cites a new book ("Big World, Small Planet" by Johan Rockstrom and Mattias Klum), the main thrust of which is that the Earth has the ability to adapt to and ultimately shrug off various factors in the climate-change equation, but that we might not want or be able to live here in the interim — massive flooding, disappearing polar caps, world-wide ice ages, fertile land reverting to desert and a lot of other conditions we don't like to think about.

Only during the last 10,000 years or so, the thinking goes, has the globe's climate been stable enough and relatively benign enough to allow human beings to flourish and progress — the advent of domesticated animals and farming, the resultant ability to congregate in villages and cities, the accruement of knowledge.



Thinking about this, again, I thought about the reversal of the poles, continental drift, plate tectonics, the last Ice Age a mere 15,000 years ago, Krakatoa's multi-year climate-changing dust, and the fact that 10,000 years is a tiny blip on the radar screen, or more categorically put, a mere fraction of a tick on Mother Nature's incredibly long clock.

And all of this somehow, via a torturous path, led to the reflection that the only other creature on the planet that has such an ability to change not only its own immediate habitat but also the landscape and the environment on such a scale is the beaver. This is what physicists and astronomers and others who contemplate the universe and mankind's place in it, I guess, would call a quantum leap.

+++++

The beaver's work on a gigantic scale is what Hydro Quebec has been doing for the past 50 years in Labrador and northern Quebec, dam-



JOHN HARRIGAN

HOMEOWNERS all over New Hampshire are getting their wood ready for next year's heating season — in this case, poplar for fall and summer chill-fires, and black cherry for the longer run.

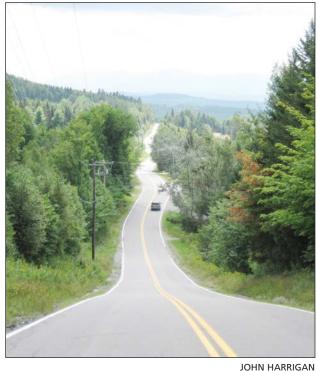


JOHN HARRIGAN

THE VAUNTED kitchen range, a fixture in millions of kitchens in days gone by and even unto today, and whose basic beauty and design — save for a bigger and more efficient firebox have never been bettered.

ming up major rivers, building hundreds of miles of dikes, inundating hundreds of thousands of square miles of northern territories, and drowning (not, as widely assumed here south of the border, cut-

ting and using) billions of carbon-sequestering, oxygen-producing trees, not to mention other vegetation and wildlife. In the process, the crown corporation has displaced indigenous peoples (Cree,



YES, this photo has run before, but it bears repeating: The landscape of the far North Country, through which the scar of Northern Pass, buried or on high, would go.

Montagnais, Naskapi, among others), concentrated them into socially corrosive towns, and flooded ancient villages, fishing sites, hunting places and burial grounds.

How can the ads and boosters for the increasingly loathed Northern Pass "for private gain only and New Hampshire be damned" project tout it as "clean and green" with a straight face? The environmental price tag has been, and is, beyond imagination — but to American consumers, out of sight, out of mind.

Buried or not, a scar is a scar, particularly along nearly 40 miles of entirely new right of way across one of New Hampshire's more stunning landscapes, from Pittsburg to the foothills of the White Mountains. No way, growing numbers of opponents are saying, bury the line along existing rights of way (creating, by the way, far more local jobs), or fold up your tents and go home.

+++++

On this cold and damp day, with a chillfire going, I'm reminded that burning wood to heat and cook in homes is in no way a new thing. Pioneers did it out of necessity, their descendants did it because firewood was abundant and cheap or downright free, and today's wood-burners do it because wood is a sustainable job-creating homegrown resource that is even now cheaper than fossil fuels and keeps dollars circulating in the local economy. All of this in several ways meshes with my initial experiences with wood heat, at the age of two or so, when I climbed a chicken-wire fence in the back yard and sort of ran away, to the next-door neighbors. Erwin (whom everyone called Ben) Bennett was the descendant of Errol, Magalloway and Wentworth's Location pioneers, and his wife Simone descended from les habitants on the upper (southern) reaches of tributaries of the St. Lawrence, and wood burning was thoroughly imbedded in their genetic makeups. In those early years, thoroughly adopted by the Bennetts, I'd sometimes crawl under the big Glenwood kitchen range and fall asleep, lulled by the aroma of finely split wood, and the scent of simmering jellies and pies.

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MARK FOYNES

BEN CARTIER was among the youngsters who attended last weekend's Civil War encampment on New Durham Ridge. Private John Hollinrake illustrated the spare living conditions soldiers endured during the conflict. Ben also got a primer on personal hygiene in the field and the basics of bayonet combat.

ENCAMPMENT (continued from Page A1)

He said that his group has done similar events sporadically in Alton, Gilmanton and Farmington - but that the New Durham encampment is the one they do every year.

The first encampment in 2003 was enough of a success - both as a fundraiser and as an educational program - that the society and the reenactors decided to make the living history event an annual affair.

In the intervening years, hundreds of attendees have crested the Ridge to witness history come to life. Causes that the event has benefitted over the years include efforts to preserve historic standards in the Capitol's Hall of Flags and a scholarship fund.

Since there was no military action in the Civil War this far north. the encamptorical Society volunteers.

Among them was society president Cathy Orlowicz, who was tending to an open fire - over which there was a tripod that suspended a lidded pot. She talked with folks meandering in as she stirred a simmering beef stew that was nearly ready to serve by 11 a.m.

While admission was free, the encampment was still fundraiser. а The revenue-generating portion of the event was the time-honored bake sale. Orlowicz explained that society members and their families donated items like pumpkin bread and little baggies of cookies. The donation of time and labor will ensure that all proceeds will benefit the event's charitable purpose.

Orlowicz said that about \$2,500 in funds have been raised over powder factory and the town's railway station. Society member Marge Mohr - who toggled back and forth between the display and the bake sale - said having Union soldiers present was a boon to protect both facilities, ensuring the safe transport of the black powder to the battlefront.

Several yards away was the encampment itself, where several canvas tents dotted the ridgeline. There was an officer's quarters, outfitted with a transportable cot and field desk. Conversely, the private's tent contained only a few blankets and a small array of personal items and government-issued equipment. There was also a medic's tent, which featured an array of antique surgical equipment and historical medicinals such as ipecac and mercury.

Among the visitors his son Ben. "We took a little detour going to the dump," chuckled the elder Cartier who listened on as Ben talked with the re-enactors. Among the uniformed volunteers was Private John Hollinrake, who gave the grand tour of his modest tent.



LIEUTENANT Roger Nason explains the significance of the Union flag to Alton's Ray Howard at the 16th annual New Durham Civil War encampment. Nason has been involved with the event for the entirety of its 16-year history.

He did note that officers did have folding wooden cots so they didn't have to sleep on the ground.

Hollinrake also noted the absence of a pillow in his tent. He produced a cotton-lined rubber garment from his sack. "This is what was called a gum blanket - you could wear it as a raincoat over your uniform to keep dry, or fold it up so was Chris Cartier and the cloth side was up to use as a pillow." He added that if his tent had been pitched on soggy ground, he could lay it beneath his blanket to keep him dry as he slept. He said that the gum blanket was one of the most important items a soldier carried on campaigns and was one of the earliest products made by the Goodyear company. (Between 1860 and 1866, the Union bought or made nearly two million of these garments-slash-pillows, issuing one to every soldier in the Union Army). Before Ben and his dad moved on to the next tent, Hollinrake stressed the impor-

tance of personal hygiene. He showed the youngster a folding shaving mirror, a comb, and a few other items. Among them was a toothbrush and a small canister, a little less than a half-inch deep. Hollinrake said the canister contained tooth powder - the predecessor of toothpaste. He opened it to reveal a talc-like substance and explained that people would wet their brushverbally respond, but his look of mild disdain spoke volumes.

MARK FOYNES

In connecting with Orlowicz after the event, she expressed gratitude to the many Historical Society volunteers and reenactors who helped make the encampment a success. She said that students and parents are encouraged to investigate the Historical Society scholarship, noting that awards range between \$250-\$500, depending on how much is in the scholarship account. Those wanting to learn more can call Orlowicz at 859-4643. Applications will soon be available at the society's web site, newdurhamhistory.org; they will also be available at the Kingswood guidance office.

ment was presented as a recruitment event.

While it's unlikely that the Union Army garnered any new recruits, the Historical Society has had some success in attracting volunteers. Among them was Josh Michelizza, an 11th grader who's been attending the encampment for four years.

"I came here a few years ago and just got hooked," Michelizza said. In addition to helping visitors feel welcome, he helped with some of the set up and was willing to pitch in as needed once things got under wav.

Michelizza has been made a junior member of the society. "He didn't know it at the time, but we were going to recruit him," Cullimore joked.

Upon arrival at the free event, visitors were greeted by Histhe years to fund local scholarships. Originally, the idea was to support New Durham students wanting to pursue a degree in the field of history or an aligned discipline. More recently, the guidelines have been

broadened.

"Applications are welcome from any student who is interested in continuing their education after high school," Orlowicz said. She added that students enrolling in a community college or a post-secondary vocational program can qualify. Orlowicz said that any student from New Durham is eligible, including kids who are homeschooled.

In keeping with educational fothe cus of the program, there was an exhibit that featured topics including the Union Powder Works gun-

"Have you ever been camping?" Hollinrake asked Ben, who nodded in affirmation.

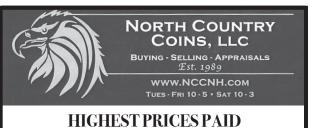
"I'll bet you used a sleeping bag," Hollinrake conjectured. Ben again nodded.

"Well the Union Army didn't have those - instead we had this," Hollinrake continued, pointing to a modest wool blanket.

es and dip the bristles in before brushing.

As for the brush itself, Hollinrake explained the handle was made from carved animal bone - and that the bristles were made from extracted hogs' hair.

"How would you like to put pig hair in your mouth?" the Private inquired. Ben didn't



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MVSB Fund grant applications due Oct. 15

REGION — Meredith Village Savings Bank (MVSB) is reminding non-profits that applications for the Meredith Village Savings Bank Fund are due on Oct. 15.

Established in 1997, under the leadership of John Starrett, then President and CEO of the Bank, the MVSB Fund makes grantbased contributions to non-profit organizations that enrich and improve the quality of life for residents living in the bank's service areas. Since its inception, 351 grants totaling \$1,410,867 have been awarded to a wide range of environmental. social. educational and historic projects throughout the Greater Lakes Region, Plvmouth and NH Seacoast areas.

The fund has supported literacy programs, after-school environprograms, mental monitoring, as well as education and restoration of historic structures, organizations that provide support for individuals and families in challenging circumstances and equipment that helps save lives. While not focused on a particular category, fund administrators are mindful of the receiving organization and its contribution to the quality of life in the communities that are served.

To qualify for an award, the following criteria should be met: Organizations are recognized as tax-exempt under section 501(c)3 of the Internal Revenue Code and public agencies are eligi-

ble to apply. Organizations and public agencies should have their primary base of operations in the Lakes Region. Plymouth area or Seacoast of New Hampshire.

Grants generally range from \$1,000 to \$15,000. The majority are for less than \$10,000.

Proposals are sought organizations from which:

Represent a high in-

ternal priority for the applicant organization and are related to its mission and development;

Include a clear, practical plan with objectives for services, participation and results; Leverage other funding or voluntary

support Offer evidence that project objectives will be accomplished within the grant period, or that other funding will be secured to continue the activity in the future;

Demonstrate cooperation or collaboration among organizations for greater impact.

Grants are generally not awarded for the following purposes:

Operating support or funding for ongoing or annual programs;

Replacement of public funding, or for purposes that are a public responsibility;

Sectarian or religious purposes;

Deficit reduction or to support activity, which has already been completed;

Support of academic research;

Out-of-state travel expenses for students, youth groups or by individuals for academic or professional purposes:

For more information about the Meredith Village Savings Bank Fund or to download an application, visit www.mvsb.com.

Applications are also available at any MVSB office.

For nearly 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800.922.6872 or visit mysb.com.

BUDGET

(continued from Page A1) ed.

Office: Executive The requested 2019 budget amount is \$204,707, an increase over the \$197.877 for the current year. Kinmond said he anticipates an increase for IT services based on the town's contract with the vendor. He also cited the wages and benefits lines, as well as a slight increase for telephone services.

Town Clerk: \$107,641 is the 2019 budget request - virtually flat when compared to the

current year's \$107,708. Kinmond said the one percent increase reflects anticipated software licensing expenses.

Finance Administration: The 2019 budget request is \$126,711, up from the current year's \$116,437. Kinmond said the delta reflects a change in how the finance manager position is staffed, transitioning away from a contract position to a full-time position. After review, Swenson suggested postponing a BOS recommendation until some specific

numbers could be verified.

Assessing: The recbudget ommended figure would represent a 59 percent increase - from \$64,392 to \$102,858 in 2019. Swenson noted that this spike is largely due to the voters closing the revaluation CRF in 2017, which places the contracted expense in the operating budget. He also cited increases in software licensing. After some discussion, Selectman Dot Veisel moved to recommend the amount of \$91,833. The motion passed.

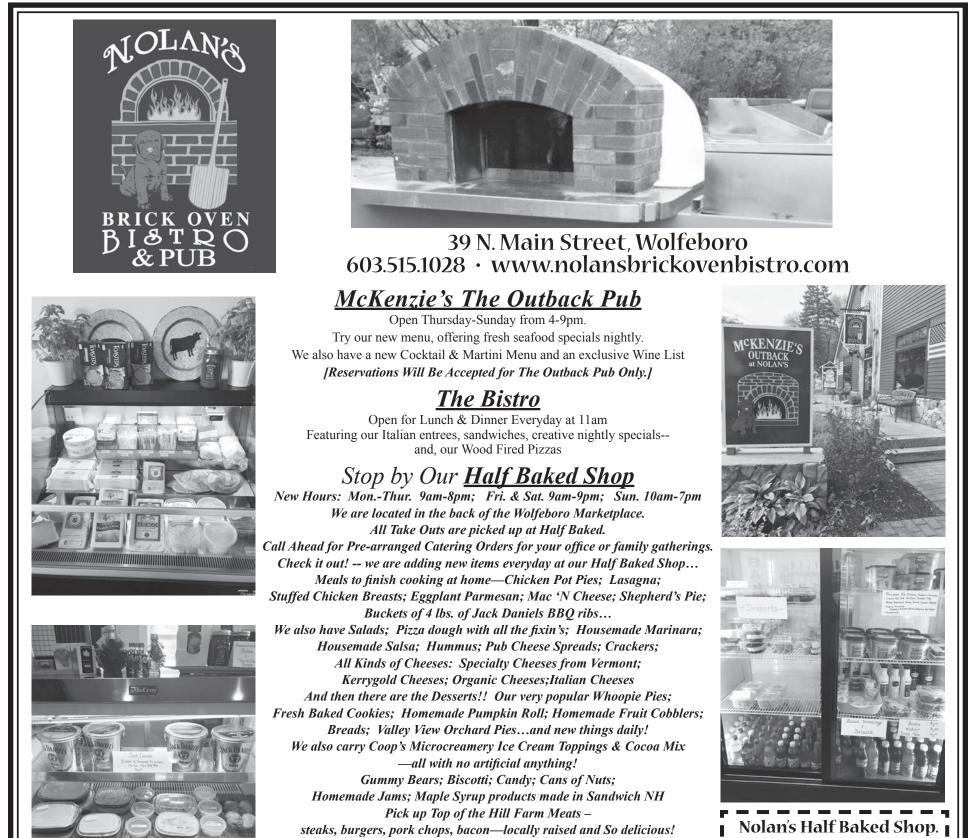
Code Enforcement/ Building Inspector: The amount discussed was \$42,053 - an increase over the \$31,425 allocated for the current vear. Swenson attributed the increase to software upgrades and wage increases. During the discussion, it was mentioned that some are concerned that the building inspector has too little time to devote to code enforcement. Swenson said Kinmond will be exploring possible offsetting fees to fund the increase in hours. After further discussion about how

the position can be modified, Swenson suggested postponing approval of the line item

Welfare: The requested amount is \$17k, up from the \$12,898 for the present year. Swenson said much of the increase is required by law, covering welfare, rent, and mortgage services.

Other: The recommended amount for legal expenses decreased from \$20k to \$15k. There will be slight increases related to the planning board and insurance. Zoning, conservation and health officer expenses will essentially remain flat. The same is true on the \$55k of expenses related to long-term principal and notes. Additionally, the \$38k payment for the fire department's **SCBA** equipment - approved at the 2018 town meeting - was approved.

The board entered non-public session for a half hour a little after 8 p.m. Once re-entering the public meeting, the board sealed the non-public minutes "for reasons that it may adversely affect reputation."







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Hearing Aid Shop celebrates 13 years in Wolfeboro store

BY THOMAS BEELER Contributing Writer

WOLFEBORO Earlier this year, the Hearing Aid Shop celebrates its 12 anniversary serving clients in the Wolfeboro/Alton area.

The business has come a long way since its start in a converted garage in Alton and a nook at the rear of Hall's Pharmacy in Wolfeboro, according to owner Jessica Williams. A 1999 graduate of Kingswood Regional High School, Williams was board-certified as a Hearing Instrument Specialist in 2004.

Her grandfather trained her on how to make hearing aid repairs, back in the days when hearing aids were bulky and much less reliable. with built-in batteries that needed replacement. His wife had a marked hearing loss from youth and he was dedicated to improving her ability to hear.

While he did repairs, the first thing Jessica did was convert his paper files to electronic ones to improve record-keeping and service to customers.

Over time the technology for hearing aids improved and in 2006 Williams and her grandfather made the decision to open a real, customer-welcoming office in Wolfeboro at 22 Glendon St. Her grandfather retired in 2011 and she decided to take over the business. To go it alone involved creating a business plan and getting a loan to finance improvements and build the business, which relies to a great degree on word-of-mouth recommendations that take time to develop. She focused on offering the latest hearing aid technology and great service.



THOMAS BEELER

JESSICA WILLIAMS, owner of the Hearing Aid Shop, in her Wolfeboro office at her location at 22 Glendon Street in Wolfeboro. The Hearing Aid Shop celebrated its 12th anniversary this month.

second office in North Conway at 1529 White Mountain Highway (Route 16).

Hearing aids today

Williams points out that today's hearing aids are more than amplifiers and are much more versatile. Wireless, blue-tooth technology makes them personal headsets that can stream podcasts or the audio from television and enable one-on-one communication where surrounding sounds at places like restaurants can be screened out to allow personal communication. Volumes are easier to adjust to fit different situations

They are also rechargeable and fit more people than ever.

She expects the hearing devices and services to be in demand more than ever. The population is aging and with age comes some degree of hearing loss, which generally is treatable. Baby boomers who find their lifestyle is limited by hearing loss can remove that limit.

Other sources of hearing loss are medical treatments, disease, accidents and exposure to high levels of noise. There may be genetic factors as well. "We offer great services as well as a comfortable setting for evaluating hearing levels and recommending solutions," Williams says. "Most of our success is due to referrals by satisfied customers."

Williams acknowledges that people can find cheap devices that will correct minor hearing loss and she is not concerned with the competition because the solutions they offer are limited and they do not offer the personal evaluation need to choose the best device.

She also receives referrals from ear, nose and throat specialists and helped Androscoggin Valley Hospital in Berlin set up an audiology department. She looks forward to working with other allied health professionals.

"It is very fulfilling to help achieve the big difference improved hearing makes in people's lives," Williams savs.

Currently Medicaid covers hearing devices but not Medicare. She feels that as the population ages Medicare may expand its coverage to include hearing aids, just as it has in the past to cover other assistive devices for seniors.

For a no-obligation hour-long hearing formation on the Hear- lifesoundsamazing. ing Aid Shop approach com.

can also find more in- and process at www.

Locke Lake meeting is Oct. 18

next Locke Lake Colony Association public board of directors meeting will be held on

BARNSTEAD — The Thursday, Oct. 18, at 6:30 p.m. at the Lodge. These meetings are open to LLCA members only.

Wolfeboro Seniors to meet on Wednesday

WOLFEBORO — The Wolfeboro Senior Citizens Club will meet on Oct. 17, at 1 p.m. at the Episcopal Church. The program "Wrecks of Winnipesaukee" will be presented by Hans Hugg. Hugg has been an avid diver for 30 years throughout New England. He has dived all

over Winnipesaukee, bringing side scan sonar with him when he searches. He has located more than 70 wrecks in the lake including large pieces of the original Mt. Washington. He will be making a Power Point presentation and showing a brief video. The program is free and open

to the public, however, there is a chance to join upon paying dues. Membership benefits (for a minimal fee) include concerts, plays, December and June dinners. and homemade refreshments at the end of each program. There will not be meetings in November and December.

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Ad



Breast cancer survival rates soar

A breast cancer diagnosis can be a devastating blow. Upon receiving such a diagnosis, people may begin to ask questions about treatment and the impact cancer may have on their personal lives. Many people who are diagnosed with cancer also begin to wonder about their mortality.

An estimated 266,120 new cases of invasive breast cancer and 63,960 new cases of non-invasive, or in situ, breast cancer are expected to be diagnosed among women in the United States this year, according to Breastcancer.org. According to the latest statistics presented by the Canadian Breast Cancer foundation, 26,300 women and 230 men had been diagnosed with breast cancer in Canada in 2017.

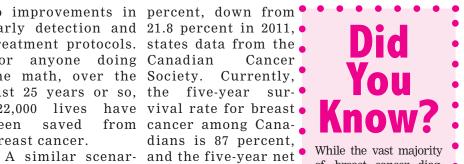
The good news is that breast cancer incidence rates began decreasing in 2000 after increasing for the previous dition, death rates from breast cancer have been decreasingly steadily since in April 2018 indi-1989. The al tute says that the percent per year bechange in age-adjusted mortality rates are an indi- American



Early detection and better treatment options are improving the chances of surviving breast cancer.

the fight against

cator of the prog- Society says that de- to improvements in percent, down from • ress being made in creasing death rates early detection and 21.8 percent in 2011, treatment protocols. states data from the



Cancer

most recent SEER Cancer Statistics Review released cates cancer death Nation- rates among wom-Cancer Insti- en decreased by 1.4 tween the years of 2006 and 2015. The Cancer

among major cantwo decades. In ad- breast cancer. The cer types, including For anyone doing Canadian colorecprostate, tal, lung, and breast cancers, are driving the overall shift in survival. The ACS says breast cancer death rates among women declined by 39 percent from 1989 to 2015. That progress is attributed

the math, over the Society. Currently, last 25 years or so, the five-year sur-322,000 lives have vival rate for breast from cancer among Canabeen saved breast cancer.

io has unfolded in survival in the Unitin Canada recent-





the disease. According to the American Cancer de- • of getting breast canthrough cer is about one in 1,000 among men in the United and among men in the United States. By comparison, the rick for women in new cases of invasive breast cancer will be diagnosed in men. In addition, the ACS notes that black men diagnosed with breast cancer tend to have a worse prognosis than white men. Though breast cancer may be a disease widely associated with women, men should not hesitate to report any discomfort to their physicians, as the National Cancer Institute notes that men are often diagnosed with breast cancer at a later stage than women. The ACS suggests that men may be less likely to report symptoms, thereby leading to delays in diagnosis. The more advanced the cancer is at the time of diagnosis, the • lower the patient's survival rate. Men are urged to report any discomfort or abnormalities in their chests to their physicians immediately.

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Speare Memorial Hospital Expands Breast Health Services

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Breast Cancer

(Plymouth, NH, October 1, 2018) — Speare Hospital is now working with Southern New Hampshire Radiology Consultants (SNHRC) to provide more breast health ed breast biopsy uses services to the women of Central New Hampshire. Chief of normality and reradiology at Speare, Dr. Kevin Rivera, is for examination unleading the expansion der a microscope. of services. Technological updates will be completed by the end of the month.

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1. Ultrasound guidsound waves to help locate a lump or abmove a tissue sample

2. Ultrasound guided cyst aspiration to identify if a lump is a fluid-filled cyst or a



A global con- viruses. (Source: cern in every National Toxicolway, cancer af- ogy Program, Nafects people from tional Institute all walks of life. of Environmental But as prevalent Health Sciences) as cancer is, some facts and figures The number of may still surprise deaths attributvou.

The number of 2015, making it the people, accord- most deadly can-

• 1.69 million: ed to lung cancer • 8.8 million: across the globe in ing to the World cer in the world. cancer deaths), colorectal cancer 2015, making it (774,000), stomach cancer (754,000), cer (571,000) were • 70: Percentage the other most causes 🖕 of cancer deaths in 2015. (Source: WHO) • 1.16 trillion: • 22: Percentage Economic cost, in • of cancer deaths American dollars, (Source: International Agency for (Source: Global Research on Cancer) • 33: Percentage of cancer deaths age of high-in- that can be linked • come countries in 🛛 to five leading be- 💧 which treatment havioral and dietary risks: high able to citizens body mass index, ٠ with low fruit and vegetable intake, lack of physical activity, tobac-٠ co use, and alcocome countries in hol consumption. (Source: WHO)





day. Late afternoon appointments are also available. Appointments can be made by calling 603-238-2232.

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Health Organi- Liver zation, who died (788,00 from cancer in the second leading cause of death and breast canacross the globe. of cancer deaths common

that occur in lowmiddle-inand countries. come (Source: WHO)

across the globe of cancer in 2010. that can be traced to tobacco use. Burden of Disease Study 2015)

• 90: Percentservices are availafflicted cancer. (Source: WHO)

 <30: Percent- age of low-inwhich treatment services are available to citizens afflicted with (Source: cancer.

WHO)

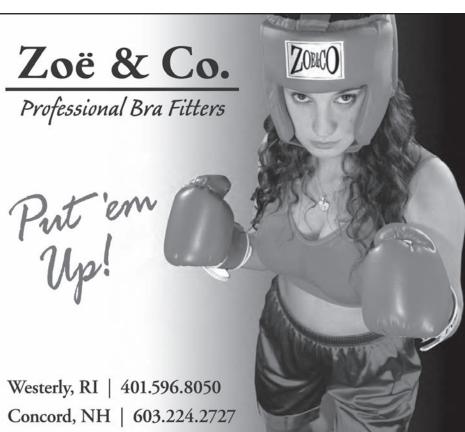
- 25: Percentage
- of cancer cases
- in low- and mid-
- dle-income coun-
- tries caused by
- infections such as
- hepatitis and the
- human papilloma virus, or HPV.
- (Source: WHO).
- 12: Percentage
- of cancers world-
- wide linked to

solid lump. If it is fluid, the aspiration will remove the fluid from inside the lump.

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a member of GraniteOne Health

Q&A with Jessica Ryan, MD

Medical Director and Breast Surgeon at the CMC Breast Care Center



CMC, a member of GraniteOne Health, is pleased to welcome Jessica Ryan, MD, the new medical director and breast surgeon at the CMC Breast Care Center. Dr. Ryan is a board-certified, fellowship-trained surgeon with special interests in nipple-sparing mastectomy, breast conservation, and oncoplastic surgery. CMC is excited for you to get to know Dr. Ryan and asked her a few questions to get the conversation started.

What are some of the misconceptions you hear from women about breast screening and/or breast cancer?

One of the most confusing aspects of breast health today is the debate surrounding mammogram screening guidelines. The disagreements over recommendations can be frustrating to women and providers alike. I remain confidently in-line with the ACR, ACS and ASBrS in recommending an annual mammogram, for most women, beginning at age 40. With the use of 3D tomosynthesis mammography, we are able to evaluate dense breasts even more thoroughly, leading to a decrease in false positive findings and call-backs.

Other common misconceptions?

Underwire bras do not cause cancer (wear whatever fits comfortably), but alcohol intake can increase cancer risk. I advise my patients have fewer than 7 alcoholic drinks per week. We have good evidence showing that, in addition to smoking and obesity, there is an association between excessive alcohol consumption and breast cancer.

How would you describe your approach to patient care, especially when giving a tough diagnosis?

Receiving a cancer diagnosis is an emotionally traumatic experience. One of my first steps with a woman is to provide support and education in order to help her understand her diagnosis rather than fear it. My goal is to guide her in making decisions that are uniquely her own. Just as each woman is unique, so too is her cancer. This first step helps develop a plan that is right for her – both in the throes of the initial diagnosis and in years to come.

The next step is to encourage a woman to make herself the most important person in her life. This may sound simple, but a woman will almost always name many others (children, spouses, partners) before ever considering herself. In order to survive treatments and thrive as a healthy woman afterwards, she has to make herself her first priority. This helps her gain control of therapy and provides the motivation needed to get through it all.

What breast health technologies are you most excited about?

One of the largest changes in the treatment of breast cancer is oncoplastic breast conservation. Oncoplasty refers to the use of plastic surgery techniques to allow the surgeon to remove the tumor more completely and reshape the breast to create a superior cosmetic outcome. We have growing evidence suggesting breast conservation, when feasible, is the most ideal pathway for a woman. This allows her to return to her daily life more quickly, while feeling more comfortable and confident with her body image.

3D tomosynthesis mammography is still relatively new and is becoming the standard of care in breast screening because our radiologists can evaluate the breast tissue more thoroughly, finding very early cancers, and providing women with added peace of mind.

Targeted chemotherapy is also making a positive impact on patient care, as is the emerging treatment of intraoperative radiation therapy. I'm hopeful that this will prove to be a very beneficial tool for some women.



MC Breast Care Center

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Alton Trick or Treat is Oct. 31

ALTON — The town of Alton on Wednesday, Oct. 31, from 5 to 7 Halloween trick or treat hours are p.m.

Join Us Sunday October 21, 2018 Margate Resort 5PM – 8PM



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Wall of Wine Raffle* \$20 for a Chance to Win 36 bottles of Wine and a Unique, Hand-Crafted Rack

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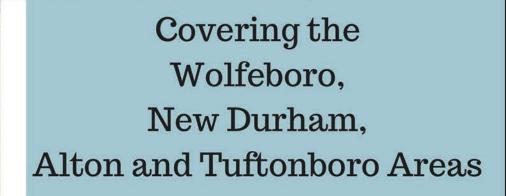
*Must be 21+ to sample alcohol and to win Wine raffle.







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SPORTS

THURSDAY, OCTOBER 11, 2018

THE BAYSIDER

SECTION B, PAGE 1

WHAT'S ON TAP

While regular season action continues for some teams, postseason play is also on the schedule in the coming week.

The Division III golf tournament is scheduled to take place today, Oct. 11, at Laconia Country Club at 9 a.m.

The Division II field hockey tournament opens on Wednesday, Oct. 17, at the home of the higher seed.

At Prospect Mountain, the girls' soccer team will be hosting Belmont today, Oct. 11, at 3:30 p.m., will visit Inter-Lakes at 3:30 p.m. on Friday, Oct. 12, and will be hosting Laconia at 3:30 p.m. on Tuesday, Oct. 16.

The unified soccer Timber Wolves will be hosting Oyster River today, Oct. 11, at 4 p.m. and will host Dover at 4 p.m. on Monday, Oct. 15.

The Prospect soccer boys will be at Mascoma at 3:30 p.m. on Friday, Oct. 12, and at Belmont on Tuesday, Oct. 16, at 4 p.m.

The cross country Timber Wolves will be running at Gilford on Friday, Oct. 12, at 4 p.m. and at Merrimack Valley at 4 p.m. on Thursday, Oct. 18.

The Prospect volleyball team will be at Portsmouth Christian on Friday, Oct. 12, at 6 p.m., will be at Farmington at 4 p.m. on Saturday, Oct. 13, and will be at Kennett on Monday, Oct. 15, at 6:15 p.m.

SEE ON TAP, PAGE B10

Offense comes alive as Timber Wolves roll past Berlin

BY JOSHUA SPAULDING Sports Editor

ALTON — The Prospect Mountain and Berlin boys' soccer teams have played some great matches over the years. Last Monday's match was not one of those.

The Prospect Mountain boys came out and scored early on and never looked back, taking a 7-1 win over the Mountaineers.

"I was happy with the way we played," said coach Cory Halvorsen. "We were a little more composed and had some fun with it and I think it showed."

Nolan Sykes scored the first goal just a few minutes in to get the Timber Wolves off on



SEE SOCCER, PAGE B5 CADEN DORE scored a pair of goals in Prospect's win over Berlin last week.

JOSHUA SPAULDING

Dowd, Smith lead way for Timber Wolves

BY JOSHUA SPAULDING Sports Editor

BELMONT — The Prospect Mountain cross country team traveled to Belmont on Friday, Oct. 5, to compete in the Jeri Blair Invitational.

The Prospect boys finished in 11th place overall, with Mascenic, Trinity, Kearsarge, Winnisquam and Sanborn taking the top five spots.

Deuce Smith led the way for the Prospect Mountain boys, finishing in 55th place overall with a time of 20:33.

Frank Dowd was right on his heels, fin-



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FRANK DOWD runs for Prospect Mountain on Friday in Belmont.

> ishing in 56th place in a time of 20:34 and Nikolas Neathery was 67th in a time of 21:05.

Luke DeRoche was next in line for the Timber Wolves, finishing in 73rd place in a time of 21:21 and Michael Mott finished as the final scorer with a time of 21:29 for 77th place over-

Peter Dowd finished in 115th place in a time

of 23:19, Liam White finished in 143rd place in a time of 25:15 and Sylas Kenerson was 174th in a time of 32:00 to round out the field of Prospect runners.

JOSHUA SPAULDING

Veronica Dowd was the lone Timber Wolf girl competing on the day. She finished in 11th place overall with a time of 22:16.

> The Timber Wolves SEE XC, PAGE B5





FOR MORE INFO: patrickspub.com | (603) 293-0841 info@patrickspub.com | 18 Weirs Rd. Gilford, NH 03249

Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news

Bears battle past Timber Wolves in five sets

BY JOE SOUZA

Contributing Writer

ALTON — The Prospect Mountain and Newfound volleyball teams battled through the momentum pendulum during Wednesday's Division III clash, a five-set battle both coaches are looking to build on as they prepare for the New Hampshire Interscholastic Athletic Association tournament.

After watching the Timber Wolves battle back to even the match after four sets, Newfound Regional came out on fire in the fifth and deciding contest to earn the victory. Ashlee Dukette hammered down 22 kills, her best output of the season to go along with 14 blocks and five points to help power the Bears to the key win.

Set scores went Newfound's way 25-19, 16-25, 25-23, 22-25, and 15-7.

"We lost some games earlier in the season that we feel we shouldn't have so we are not where we want to be at this point, so this game was important," Newfound coach Amy Fairbank said after her Bears moved to 6-4 on the season with their fourth straight road win.

"This was a crucial game of the season for us and the question heading in was do I tell them that," added Fairbank. "I was up front and honest with them and they stepped up. They got stronger as the stress of the match came up and they stayed focused in the moment."

That stress shifted to its peak level when Prospect Mountain rallied from an early deficit to edge Newfound 25-22 in the fourth game, setting the stage for a winner take all fifth set.

After exchanging points to start the game, the Bears took off.



E SOUZA

PROSPECT MOUNTAIN'S Jordan Ingoldsby and Newfound Regional's Megan Stafford battle at the net during Division III volleyball action in Alton.

received plenty of help in the victory. Bailey Fairbank put down 11 kills, while Maura Geldermann was big at the net with 18 blocks. Prescott, Stafford and Dukette were strong at the service line.

Jordan Ingoldsby came up big for the Timber Wolves, putting down 23 kills on the night. Sophomore outside hitter Julia Leavitt finished with 10 kills, while sophomore setter Allie Stockman recorded assists. Prospect 27Mountain was led defensively by Gabby Guzman, who came up with 17 digs against the hard-hitting Bears.

The Bears were able to pick up some control of the match, pulling out a tight opening set. Game one went backand-forth Stafford ran off five points to erase a 15-14 deficit and give Newfound a 19-15 advantage. Prospect Mountain got within three (22-19) but Dukette served for the final three points, including an ace to put the visitors up one game with a 25-19 win.

Prospect Mountain gradually pulled away in the second set for a 25-16 decision, tying the match at one apiece. The Timber Wolves got strong service runs from Ava Misiaszek, Guzman, Ingoldsby and Stockman.

Another turning point for the Bears may have came in the third set. Inspired by the arrival of the boys' soccer team, which formed a loud cheering section for the host Timber Wolves. Prospect Mountain carried that momentum to a 22-16 and appeared set to take control of the match.

Dukette and Geldermann though had other plans. Following a Prospect Mountain hitting error, Dukette served for four points, pulling the Bears within one (22-21). Geldermann had two big blocks during that run before following with another to make it 23-22 Prospect, and getting the serve back for Newfound. Geldermann than served for the final three points to cap Newfound's rally to a 25-23 win and a 2-1 edge.

"Maura came up big for us," Fairbank said. "She had some important blocks in the third game that turned it around for us."

this Newfound serve during Wednesday's Division III showdown in Alton.

Newfound though could not close out the Timber Wolves in four games though. With a four-point service run from Dukette the Bears jumped out to a 12-6 lead in the fourth set. Prospect Mountain chipped away at it and a threepoint service run by Misiaszek got the Timber Wolves within a point. Moments later an ace by Ingoldsby tied the game at 18-18. The junior served for three more points to give the Timber Wolves a 21-18 lead. Prospect Mountain maintained that edge to force the fifth and deciding game.

"The kids never quit. They never gave up," Christy pointed out. "We have some young kids out there and some kids

WITH TEAMMATE Julia Leavitt (10) looking on, Prospect Mountain's Gabrielle Fossett bumps up

who are playing different positions. These kids have been talking about how they want to be the best team in the division, and we're building. We are learning.

"We played a good team, a team that's returning kids that went to the final four last year," added Christy. "Now we have to learn how to win against a good team like that."

Both teams picked up wins on Friday, Newfound over Kennett and Prospect Mountain defeated Raymond in three games. Both teams returned to action after the holiday, with the Timber Wolves visiting Hillsboro-Deering on Tuesday and the Bears traveling to Sunapee on Wednesday.

Generals pull away in second half to beat Knight girls

BY JOSHUA SPAULDING

Sports Editor WOLFEBORO — For much of the first half of their game with John





Dukette put down a kill to earn a side-out and give the Bears a 2-1 lead they would never relinquish. Megan Stafford rattled off four service points and teammate Aryn Prescott served for three more as Newfound grabbed a comfortable 10-3 edge enroute to the 15-7 decision. Dukette had four kills in the fifth set.

Once the Bears got that momentum, Prospect Mountain coach Mike Christy could do little to slow them down.

"This is going to be a good learning lesson," Christy said. "We've got some young kids out there and our inexperience showed in the fifth set. We were too careful in the fifth set while they were the aggressor. We weren't able to recover from that. We got a little careful and we stopped moving our feet."

Dukette delivered the big numbers for the Bears, but the veteran Stark, the Kingswood soccer girls kept things close, but the Generals were able to pull ahead in the second half and took the 6-0 win.

The Generals tested Kingswood keeper Alyssa Bolstridge out of the gate and she was up to the task, turning away everything that came her way. The visitors had a couple of crosses through the crease that missed connections. At the other end of the field, Grace Saunders sent a good ball up to Alexis Copp but the defense turned it away. Kasey Kelliher just missed Copp on another bid and the Generals came back with a couple of balls that missed their marks.

John Stark had a direct shot that went wide of the net and then sent another one over the net, while Bolstridge came up with a save on another bid. Good defense from the Knights was able to stop another run into the zone and the Generals sent an indirect kick wide of the net.

Bolstridge came through with a couple of saves in the Kingswood net and Meghan Davey helped out with some good defense for the Knights. The Generals sent a shot off the crossbar and then sent another couple of shots wide of the net.



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to score on a laser shot from the top of the box with 13:53 to go in the first half, firing the ball to the low corner past Bolstridge. The Generals continued to fight, with one shot headed high and another shot going wide of the net.

The visitors were able

The Generals added to their lead with 5:22 to go in the first half, as a corner kick yielded another goal, this one on a shot from along the base line that curled into the net for the 2-0 lead.

Bolstridge stepped to the plate and made three more saves and the Generals sent a couple of balls through the crease that missed connections. Kingswood made a run into the zone but the defense was able to turn things away. Bolstridge then made a great save on a breakaway from the Generals and the visitors struck the rebound over the top of the net and the game went to the half with the score at 2-0 for John Stark.

The visitors didn't waste much time getting on the board again in the second half, as they scored 3:10 into the half for the 3-0 lead and then added a fourth goal a few minutes later for the 4-0 lead.

Dave sent a good ball into the zone for the Knights but it was stopped and the Generals had a corner kick chance that was headed high. Alexis Turner took over in net for the Knights, with Bolstridge coming out to play on the field. Davey helped out with good defense and Turner came through with a save in the Knight net. The Knights made a run into the zone but they couldn't convert.

With 26:06 to go in the game, the visitors added a fifth goal and they con-

tinued to pressure, with Turner making a save and another bid going over the top of the net. Saunders came through with a defensive stop and then the Generals sent a couple of shots over the top of the net. The visitors also had a direct kick go wide of the net. Turner made a nice save and John Stark sent a shot on net on a corner that she also was able to save.

With a few minutes to go in the game, the visitors added one more goal on a direct kick and finished off the 6-0 win.

The Knights will be back in action on Saturday, Oct. 13, at 2 p.m. at home against Con-Val and then visit Hollis-Brookline on Tuesday, Oct. 16, at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Huckman runs to second in Kennett Invitational

BY JOSHUA SPAULDING Sports Editor

CONWAY — The Kingswood boys ran to third place overall in the Kennett Invitational on Saturday, while the Kingswood girls got a runner-up performance from Sarah Huckman on the way to a fourth place finish. Oyster River took top honors in both races on the afternoon.

Brent Coope led the way for the Knight boys, finishing in sixth place overall in a time of 17:12.

Joseph Wasson was next for Kingswood, finishing in 18th place in 18:37 and Oleg Sheahan was the third scorer, finishing in 25th place in 18:55.

Camden Patten was fourth for the Knights, finishing in 19:32 for 31st place and Tim Huckman rounded out the scoring for Kingswood with a time of 19:33 for 32nd place overall.

Matthew Perkins finished in 37th place in 19:50, Josh Haines was 38th in a time of 19:56, Jeff Manson finished in 42nd place in a time of 20:12, Myles Nicolay was 59th in a time of 20:47, Robbie Bourdeau finished in 62nd place in 21:01, Patrick Murphy was 65th in a time of 21:10, Cannon Newbury raced to 79th place in 22:10, Sam Johnson was 80th in 22:32. Matthew Finneron was 83rd in 22:47, Braden Viands finished in 96th place in 25:25, Jamison Gorski was 98th in a time of 25:35 and Nicholas Davenhall finished in 105th



JOSHUA SPAULDING SARAH HUCKMAN led the way for the Kingswood girls with a second place finish in Conway on Saturday.



BRENT COOPE led the way for Kingswood on Saturday in Conway.





place in 36:13 to round out the field of Knights.

Sarah Huckman finished second overall to lead the Knight girls with a time of 20:22.

Rosemary Carpenter was next for Kingswood, finishing in 14th place in a time of 22:06 and Carolyn Day was 16th in a time of 22:13.

Sarah Carpenter was 32nd overall in a time of 23:23 and Lily Stinchfield rounded out the scoring for the Knights with a time of 23:42 for 37th place overall.

Elizabeth Morrison was 53rd in a time of 24:27 and Sarah Bellefleur finished in 54th in a time of 24:29.

The Knights will be back in action on Friday, Oct. 12, running at the John Sanborn Invitational in Plymouth at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

JOSHUA SPAULDING (Left) ROSEMARY CARPENTER runs during Saturday's Kennett Invitational.

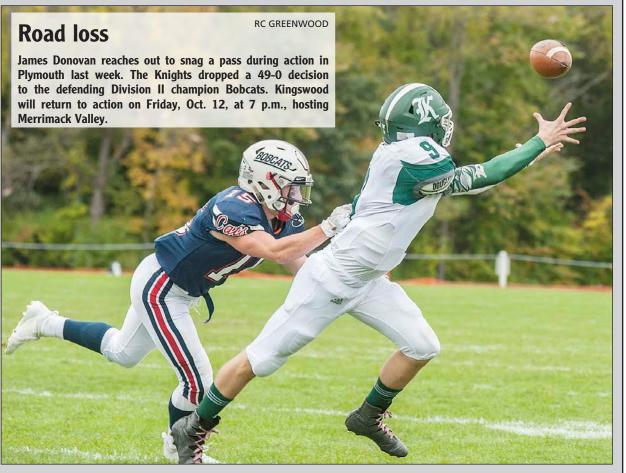
PMHS seeking winter, spring coaches

ALTON — Prospect Mountain High School is accepting applications for a number of coaching positions.

Open positions in-

JOSHUA SPAULDING

(Right) JOSEPH WASSON was second overall for the Kingswood boys on Saturday.



Ben Baldwin Memorial Tournament is Oct. 20 and 21

WOLFEBORO — The inaugural Ben Baldwin Memorial Tournament will take place on Oct. 20 and 21 from 9 a.m. to 2 p.m. each day at the Pop Whalen Arena. The tournament is open to mite level teams, with eight to 10 teams from around the state. Saturday will be cross ice games and Sunday will be full ice games.

All proceeds will go to the Ben Baldwin Scholarship Fund, which has been set up to help kids stay involved with sports that otherwise could not afford to be. T-shirts will

Lacrosse coaches needed for spring season

WOLFEBORO — Abenaki Youth Lacrosse is seeking coaches for the 2019 spring season. Coaches for the boys' and girls' teams are sought, at all age levels from grades one through eight. Coaches must become US Lacrosse registered, US Lacrosse certified coaches and pass a background check. Practices are twice per week and games are typically on Sundays. The season runs from approximately April through June. Interested coaches should contact Abenaki Youth Lacrosse Vice President Kurt DeVylder at kurt@devylderlaw.com. be available to purchase at the tournament.

This is a great opportunity to come watch the game that young Ben Baldwin loved.

The tournament is sponsored by the Yum Yum Shop, the Kelly family, Carroll County Construction, Image Awnings, Ken's All Season Maintenance, D.F. Richard, T. W. Excavating, Mobility and More, Baldwin Excavating and Avery Insurance.



clude girls' varsity tennis, boys' varsity tennis, varsity softball, spirit, JV baseball and assistant track and field.

Contact Corey Roux at croux@pmhschool.com or 875-8600 for more information.





Knights withstand Eagle rally for 3-0 win

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO — The Kennett volleyball team was coming off its first win in a number of years but the Kingswood volleyball team took that momentum away when the teams met up last Tuesday in Wolfeboro.

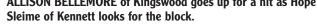
And Kingswood coach Lynette Place praised her team for keeping things moving forward when the Eagles made a late run.

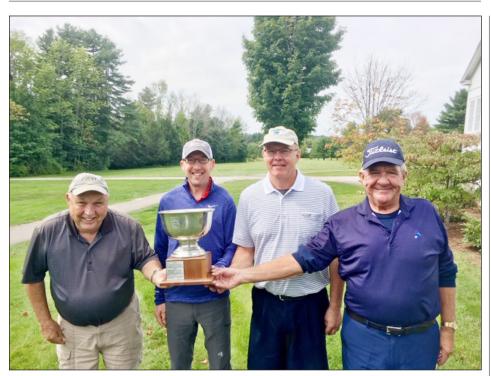
"There's a lot of seniors on the floor and we need them to just step up and that was an example of letting them step up," Place said of the third game where the Knights withstood a late Eagle rally. "They got themselves back in it and did the job they need to do."

Kingswood's Geri Andrea and Kennett's Sierra Parsons exchanged hits out of the gate to get things started and after Tayla Huchings gave Kennett the lead by a 2-1 score. Kingswood came back and took the lead, with Schylar Mohan



IOSHUA SPAULDING ALLISON BELLEMORE of Kingswood goes up for a hit as Hope

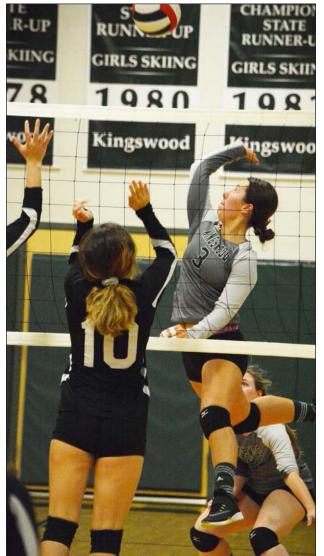




COURTESY PHOTO

TWO DAYS, 54 holes of golf and the team that raised the trophy in the two best ball of four Kingswood Golf Club Fall Classic Tournament was Larry Taylor, Don Rose, captain Joe Melanson and Frank Walsh.





MADDIE SHATZER goes up for a hit during action against Kennett last week.

getting a service ace to up the lead to 4-2. A hit from Maddie Shatzer and another from Allison Bellemore allowed Kingswood to open the lead to 8-4. Hope Sleime came up with a big block for Kennett and then an ace from Zoey Martins pulled the Eagles to within one at 8-7.

The Knights were able to open the lead a little bit, as Shatzer had a service ace but a Sam Johnson hit got the Eagles back to within 11-10. A block from Parsons allowed the Eagles to tie the game at 11. Bellemore had a service ace for the Knights and the lead went up to 14-11. Alex Samuel had an ace for the Eagles to again cut the lead to one but Maddie Ward came through with a service JOSHUA SPAULDING

close out the 25-16 win.

The second game was all Kingswood, as the Knights jumped out to a 6-0 lead behind a tip from Andrea, two hits from Sophia Emery and an ace from Ward. After the Eagles got on the board, Andrea came through with a hit and then Parsons answered with a hit that got the Eagles back on the board. Shatzer had a good hit and then found a nice spot for a tip as the Knights continued to open the lead. Shatzer then stepped to the service line and took the lead from 10-4 to 19-4, adding a few aces, while Bellemore had a hit and a block for the Knights.

Ward added an ace as the Knights pushed the lead to 22-6 but Johnson had a pair of aces for the Eagles to get them on the

out to the early lead in the third game, as Andrea had a hit and Ward came through with an ace. Emery had a pair of hits for the Knights and Samuel had a tip to get the Eagles on the board. Mohan had a service ace for the Knights and then Shatzer had a hit to push the lead to 7-1. The teams exchanged aces, as Sleime had one for the Eagles and Andrea had one for the Knights. Tayla and Bella Hutchings combined on a good play for the Eagles as they got back on the board and then Audrey Orsino had a nice block for Kennett, cutting the lead to 9-6.

Bellemore and Parsons exchanged hits at the net and then Shatzer had a pair of aces as Kingswood opened up a 14-7 lead. Kennett battled back, as Sleime had a hit and Johnson had a nice tip. Sleime added another hit and the Eagles slowly drew closer, cutting the lead to 18-17.

Mohan had a hit and an ace as the Knights got back on a track and both Andrea and Shatzer had late hits to close out the 25-17 win and the 3-0 victory.

"I was not going to call timeout," Place said of the third game. "Something we need to do is figure out what we need to do.

"I was determined they were going to do that on their own," the second-year Knight coach added.

The Eagles will be back in action on Friday, Oct. 12, at Inter-Lakes at 6:15 p.m. and will be hosting Prospect Mountain at 6:15 p.m. on Monday, Oct. 15.

Kingswood will be back in action on Saturday, Oct. 13, at 12:30 p.m. against Manchester West. On Tuesday, Oct. 16, the team is at Milford at 6 p.m. and the Eagles visit Pelham on Thursday, Oct. 18, at 5:45 p.m.

Kingswood Golf Club hosts Fall Classic

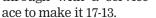
WOLFEBORO The Kingswood Golf Club hosted the 2018 Fall Classic.

In the championship flight, the team of J. Melanson, L. Taylor, F. Walsh and D. Rose finished with a 67 to take first place. Second place went to

G. Pacheco, D. Schau-H. Zimmerman with er, S. Messineo and L. Siracusa with a 61. Third place went to J. Fuller, F. Gould, J. McDonald and T. Fichter with a 58.

In the consolation flight, first place went to R. Hutchins, J. Stevenson, B. Allen and

a 24. M. Smart, K. Schroeck, W. Pierce and T. Smith took second in a chip off with a 22. Third place went to S. Tordonato, M. Patterson, P. Hooker and M. Boeing with a 22.



Andrea had a big block at the net, Mohan had a service ace and Shatzer had a big hit to

board. Andrea had a hit and Mohan finished off the 25-9 win with a service ace for the Knights. Kingswood jumped

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Nick combole tournament at Kingswood Golf Club Oct. 27

WOLFEBORO The fourth annual Nick Cornhole tournament, a fundraising event for The Nick, will be held Saturday, Oct. 27, at the



Kingwood Golf Course Club House from 4 to 9:30 p.m. They invite all competitors to join in for the double-elimination tournament. Cornhole is a lawn game in which teams of two take turns tossing small bags filled with corn at a target consisting of an inclined wooden platform with a hole at one end. Points are scored for bags that land on the board or go through the hole, and play continues until a team or reaches the score of 21.

The cost to participate is \$70 per team. The entry fee includes appetizers, music and a chance to win tournament prizes. The tournament is limited to 32 teams so be sure to register ASAP if you wish to participate.

To register please e-mail Holly@thenick.org for a copy of the registration form or visit thenick. org.

For those not interested in competing, but would still like to partake in the cornhole and Halloween festivities, tickets will be on sale at the door for \$20 per person. Your ticket entitles you to food, music, Halloween costume competition and possibly some late-night dancing. All proceeds from this event will go directly to The Nick, thanks to generous sponsors Bradley's Hardware, Eastern Propane and Oil, the Poor People's Pub, Key-Day Builders, Horrigan Painting and Restoration LLC and Lewis Property Maintenance.



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Berlin Reporter

KATHY SUTHERLAND



Tough two

Hannah Racine kicks the ball up the field during her team's game with Hopkinton last Wednesday. The Timber Wolves dropped the 4-0 decision to the Hawks and also fell by a 7-2 score on the road at Gilford. Prospect will return to action on Friday, Oct. 12, at Inter-Lakes at 3:30 p.m. and will be hosting Laconia at 3:30 p.m. on Tuesday, Oct. 16.

Something different, but some of the same as well

I've written here numerous times about the Survivor live events I attend. The events are hosted by Rob Has A Podcast host Rob Cesternino, a two-time Survivor player. Every season he hosts a live event in New York City and usually one in another city during the course of the year.

Last Wednesday was the date for the New York event, so as is my tradition, I got up early in the morning and headed to the bus station in Dover, where I caught the 4:30 a.m. bus to South Station in Boston. From there, I



got on the 8:10 a.m. train to Penn Station and arrived in the city a little after 12:30 p.m.

Usually I head out of Madison Square Garden toward Times Square and check out different places along the way. Over the years I've gone up the Empire State Building and 30 Rockefeller Center and visited a few other places in the

city. However, this year I opted for something different.

This time I headed in the opposite direction and walked toward lower Manhattan. It took me about an hour but I eventually reached the World Trade Center. I had wanted to visit the Sept. 11 memorial for a while but just hadn't had the time to do it on previous trips. And I'm glad I got the chance to do it, as it was incredibly moving. As I walked around the site of the north tower, checking out the names etched in stone around



ADAM BALABAN – COURTESY PHOTO MEETING SURVIVOR WINNER Wendell Holland (center) was a nice treat and fellow Survivor Brice Johnston (left) is always a treat.

the former, it hit me just how many people this

tragedy affected. Then I realized that there was a whole other tower site, with more and more names etched in stone.

I still had time to spare, in fact even more than I realized. I checked my watch (it said 3:25) and bought a ticket for the 9/11 Museum for a 3:30 p.m. admission. As I made my way over to the line, I checked my e-mail

ence.

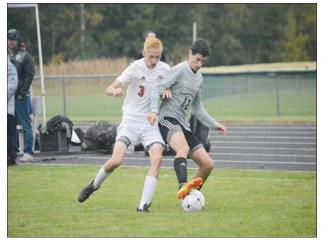
Then it was back up toward Madison Square Garden, where the live podcast event was taking place. The SVA Theater was a great venue to watch Survivor and the discussion afterward featured Survivor's most recent winner, Wendell Holland, as well as a large contingent of former players. After the show there was a party at a nearby bar and eventually I headed back to Madison Square Garden to catch the 2:40 a.m. train back to Boston.

And soon enough, it was back to work, catching the Newfound field hockey team in action in the rain on Thursday afternoon. Though three days later the pain in my legs from the 13 miles of walking was still hanging around.

Finally, have a great day Todd Austin.

SOCCER CONTINUED FROM PAGE B1

the right foot and then the Timber Wolves were able to open the lead up to 2-0 with just more than six minutes gone in the game, as Hunter Arsenault ripped a shot



of the net and a corner kick was cleared out of the zone.

Prospect upped the lead to 5-0 with 20:29 to go in the game, as Caden Dore sent a nice crossing pass to Sykes, who volleyed it into the net for the fifth goal of the game. Carter Dore and Smolin both had chances that were denied by the Berlin keeper. With 13:43 to go, the Timber Wolves upped the lead to 6-0 as Smolin sent a crossing pass through the box and Carter Dore was able to rifle it off a defender and into the net.

from the right side to the far post.

Sykes, Isaac Smolin and Michael Mahoney continued to send a few shots on net for the Timber Wolves. Berlin came back with a bid that went wide of the net and then Travis Stockman and Caden Dore each came back with bids for the Timber Wolves. Prospect keeper Nick Clark came out for a sliding save to keep his team up by two goals. Berlin had their first corner and the ball went just high of the net.

At the other end, Carter Dore just missed connecting with Sykes on a bid and the Timber Wolves got a corner chance that was cleared out. Mahoney had a shot denied and then Clark

JOSHUA SPAULDING

ISAAC SMOLIN battles for the ball in action last week against Berlin.

made a save at the other end of the field.

With 4:30 to go in the first half, the Dore brothers connected, as Carter Dore sent a nice pass across the crease to Caden Dore, who fired the ball in for the 3-0 lead. Stockman had a nice defensive clear and then Caden Dore had a shot denied on a corner kick. Clark made a late save to send the game to the half with Prospect up by a 3-0 score.

Caden Dore and Mahoney just missed connecting on a bid and Prospect had a corner kick that Caden Dore sent on net that was denied.

With 4:15 gone in the half, Mahoney sent a ball across the crease and Arsenault drilled it home to make it 4-0. Lucas Therrien just missed connecting with Arsenault on another bid and Michael Perry sent a shot wide of the net. Arsenault had another bid on a crossing pass that was saved and Sykes had a shot go wide.

After Caden Dore had a shot denied, Carter Dore had a shot go wide



VERONICA DOWD was the lone Timber Wolf girl competing on Friday.

XC CONTINUED FROM PAGE B1

Friday, Oct. 12, as they compete in Gilford at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

Carter Dore ripped a shot off the crossbar and the Timber Wolves had a corner kick that missed connections.

With 7:70 to go in the game, Caden Dore picked up his second goal of the game for the 7-0 lead. Perrin McLeod had a bid go wide, as did Smolin, who's header just missed the net.

Berlin was able to add a goal in the final 30 seconds on a direct kick to close out the 7-1 final score.

"Most of our season we've had a good balance of goal scorers and guys who are going to contribute," Halvorsen said. "Every game matters and we can't get in our own heads.

"We have the talent to do it, but sometimes I think we psych ourselves out," the Timber Wolf coach said. "We will get it figured out."

The Timber Wolves will be in action on Friday, Oct. 12, at Mascoma at 3:30 p.m. and Tuesday, Oct. 16, at Belmont at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

on my iPad and it turns out it was only 2:25 p.m. So, I had a full hour before going into the museum.

So, I decided to walk a little more and made my way over to the Brooklyn Bridge. While I didn't walk all the way across, I did make my way out onto the bridge, which in and of itself was pretty cool. I then headed back to the WTC site to visit the museum, which was a truly incredible experi-

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Register now for the Foley 5K

ROCHESTER — The fourth annual James W. Foley Freedom Run will take place on Saturday, Oct. 20, at 10 a.m. at the Rochester Community Center, located at 150 Wakefield St. in Rochester.

This flat, fast, chip-timed 5K through the streets of Rochester will benefit the James W. Foley Legacy Foundation, which is dedicated to the vibrant legacy of Foley as a courageous, committed freelance journalist and a compassionate teacher and mentor.

Come join in and challenge your friends to run too. And if you can't make it to Rochester on race day, you can register to run virtually. To find out more and to register, visit foleyrun.org.

Additionally, organizers are still seeking additional sponsors for the race and those interested can visit the web site for more information.

Foley was a 1992 graduate of Kingswood Regional High School who was kidnapped and eventually murdered in northern Syria while serving as a freelance journalist.

will be back in action on



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Editor

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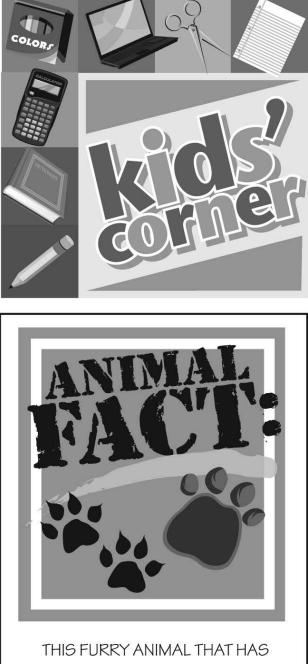
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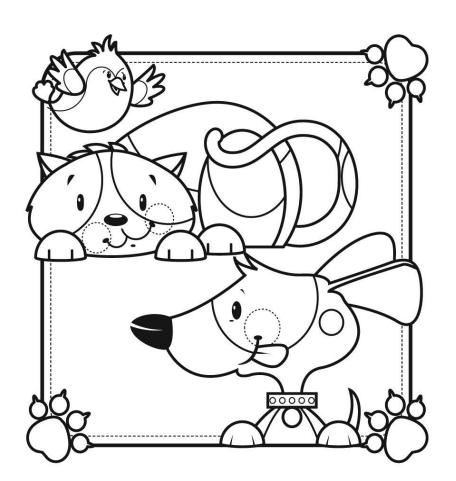
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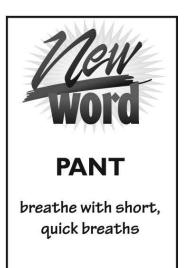




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• 1903: BOSTON DEFEATS PITTSBURGH IN THE FIRST WORLD SERIES.







ITALIAN: Latrare

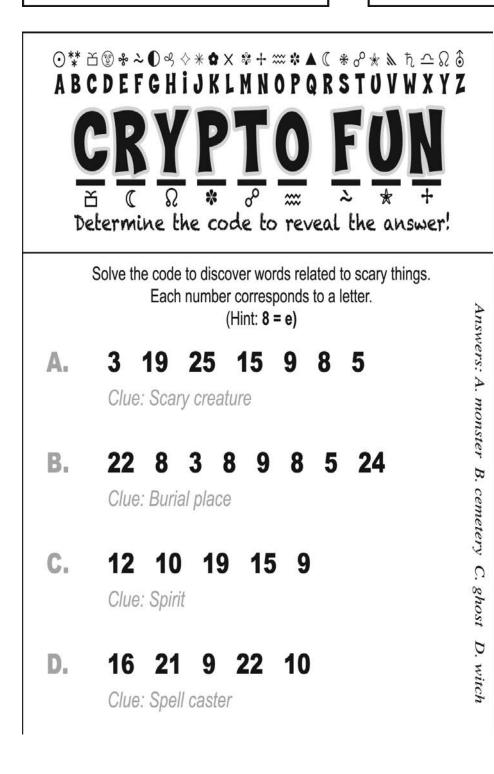
FRENCH: Hurler

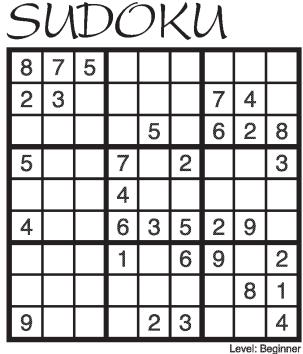
GERMAN: Heulen

PREVENT BOREDOM.

Can you guess what the bigger picture is?

ANSWER: DOG'S TONGUE





Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	9	ç	ε	2	8	L	-	6
k	8	ε	6	L	ç	2	Þ	9
2	L	6	9	7		8	ç	3
L	6	2	g	3	9	à	8	4
9	S	8	-	6	4	ε	2	L
3	-	7	2	8	L	6	9	G
8	2	9	L	G	ε	7	6	anny
S	7	L	8		6	9	ε	2
6	3	-	7	9	2	G	L	8
	:Aawena							

Hockey clinics coming to Pop Whalen

WOLFEBORO Coach John Sikich will be hosting a specialty pro skills training at the Pop Whalen Arena in Wolfeboro starting this coming weekend.

Group A for kids ages 13 to 18 will take place from Oct. 15 to 19 with

sessions each day from 4 to 5:30 p.m. Monday through Thursday and 5:10 to 5:50 p.m. on Fridav.

Group B for kids ages five to 12 will take place from Oct. 22 to 26 with sessions from 4 to 5:30 p.m. Monday through Thursday and 5:10 to 5:50 p.m. on Friday.

Monday will be power skating, Tuesday will be stickhandling, Wednesday will be passing and shooting, Thursday will be angling and body checking and Friday will be small games.

Sikich formerly worked in the Los Angeles Kings organization and has 25 years of coaching experience at all levels of youth hockey and has conducted training for hockey players that has resulted in increased

confidence, skills and

ability.

To register, visit wolfeboronh.us/parks-recreation, click register and search ice hockey and

ON TAP

CONTINUED FROM PAGE B1

At Kingswood, the field hockey team will wrap up the regular season by hosting Pembroke at 5:30 p.m. today, Oct. 11.

The Knight cross country team will be competing at Plymouth on Friday, Oct. 12, at 4 p.m. and will be hosting the final meet of the regular season on Thursday, Oct. 18, at 4 p.m.

The Kingswood football team will be hosting Merrimack Valley on Friday, Oct. 12, at 7 p.m.

The Knight soccer boys will be hosting Coe-

then choose your group and enroll.

For information, contact Sikich at johnsikich@yahoo.com.

Brown on Saturday, Oct. 13, at 10 a.m. and Plymouth on Tuesday, Oct. 16, at 5:30 p.m. before visiting Stevens on Thursday, Oct. 18, at 6 p.m.

The Kingswood girls' soccer team will host Con-Val on Saturday, Oct. 13, at 2 p.m. and will visit Hollis-Brookline on Tuesday, Oct. 16, at 4 p.m.

The volleyball Knights will be hosting Manchester West on Saturday, Oct. 13, at 12:30 p.m., will visit Hanover at 6 p.m. on Tuesday, Oct. 16, and will be at Pelham at 5:45 p.m. on Thursday, Oct. 18.



ansmeier pellman_{P.C.}

We are pleased to announce that Attorney Jeffrey A. Rabinowitz has joined our firm this September. Jeff will be working in the firm's litigation practice with a focus on criminal defense and family law.

Jeff will be serving clients in our Alton and Concord offices and he is experienced in handling DWIs, felonies and divorces among other matters. Jeff is admitted to practice in New Hampshire.

He can be reached at 603-410-4915 or by email at: jrabinowitz@ranspell.com.

Alton office: **31 Mooney Street** Alton, N.H. 03809 603-410-4920 www.ranspell.com

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