

Gilford Steamer

THURSDAY, NOVEMBER 7, 2024

GILFORD, N.H.

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FREE

Make it three

Gilford field hockey girls win third-straight Division III championship

BY JOE SOUZA

Contributing Writer

BEDFORD — The 2024 Gilford field hockey was certainly pushed, but the perennial power never gave in under the pressure.

Number one seed Gilford got an early goal and never broke when number six Bishop Brady pushed for the equalizer, taking home the program's third straight state title with a solid 2-0 triumph in the NHIAA Division III state championship game hosted by Bedford High School. Senior leaders Liv Keenan and Grace Kelly scored the goals as the Golden Eagles capped a perfect 17-0 season.



JOE SOUZA

The Gilford field hockey team celebrates the Division III championship on Saturday night at Bedford High School.

"It feels amazing winning the state championship with an undefeated record," Keenan said. "We came a long way as a team. At the beginning

of the season, we were separated by age groups. But we changed that up. We had talks and team feeds, and really became a family."

A Golden Eagle family that wouldn't give in all season, especially in the state tournament with everyone gunning for them.

"Each day was a grind

from the beginning of the season, and they put in the hard work," Gilford coach Joy Southworth said. "I'm very proud of them. "There are 11 people on the field. It's easy to defend one person, and they made themselves one cohesive unit.

"We knew it was going to be the hardest game yet," added Southworth.

"We knew it was going to be a dogfight. The girls knew they had to keep fighting and finish. They had to fight to the last second of the game, and we came out on top in the end."

The action went back and forth early one with few opportunities.

Gilford though settled in and earned a couple of

corners midway through the first quarter, cashing in the second one. Sophomore Grace Southworth started the play, sending it across where Keenan found an opening and popped into the back of the cage to give the defending champions a 1-0 lead at 6:26 of the first.

Ignited by the early tally, the Golden Eagles carried much of the play in the first half but could not net the all-important second goal as they took a 1-0 lead into the break. Bishop Brady goalie Ava Archambault came up with three big saves to keep the Giants (12-5-1) in the contest.

After the halftime break, the Giants earned an early penalty corner and seized some momentum they would carry through much of the third quarter. Gilford though never caved in under the **SEE GILFORD FH, PAGE A9**

Local committees looking for volunteers

BY ERIN PLUMMER

mnews@salmonpress.news

REGION — Several local boards and committees are looking for new members and providing opportunities for those who want to volunteer their time.

The town websites in Alton, Barnstead, and New Durham have listings for volunteer positions on different boards and committees. Contact each respective office to find out if they are still looking to fill those positions.

In Alton, the town is looking for a new member of the Budget Committee. The town is accepting appointment forms for the vacancy on the committee and seeking someone immediately on a volunteer basis. Anyone who is interested can visit www.alton.nh.gov to

get an appointment form or visit the selectmen's office at town hall from 7 a.m.-5:30 p.m. Completed forms can be hand delivered to the selectmen's office or mailed to Town of Alton, Attn: Board of Selectmen's Office, P.O. Box 659, 1 Monument Square, Alton, NH, 03809.

Alton's Friends of Parks and Recreation Committee are looking for new volunteer members. The committee is a subcommittee of the Parks and Recreation Commission supporting improvements to the town's parks and recreation amenities including involvement in fundraising. Some projects being currently reviewed are upgrading and adding ADA accessi-

SEE VOLUNTEERS, PAGE A12

Gilford Youth Baseball discussing petitioned article for field improvements

BY ERIN PLUMMER

mnews@salmonpress.news

GILFORD — A community baseball program is working out details on a possible a petitioned warrant article for improvements at Varsity Field.

Representatives and supporters of Gilford Youth baseball spoke with the selectmen during the Oct. 23 meeting with an update on different field projects as well as asking for recommendations on how to put together a warrant article for field improvements.

Michael Giovanditto, president of Gilford Youth Baseball, said several projects have been going on at different baseball fields in

town throughout the year.

Giovanditto said extensive work was done Francoeur Field thanks to Warren Colby of GMI Asphalt and a strong group of volunteers and companies who did the work or made different donations of labor and materials. He said around \$80,000 worth of work was put into the field including new fencing, concession stand, and more.

"The outpouring of support we got from our families throughout the Gilford community was absolutely amazing. It was even more than we expected," Giovanditto said.

He said they considered putting in turf at

that field, but many people came out and said they didn't want to see that.

Mowing has been done through the season and he said it looks pristine.

Through the Parks and Recreation Department, they got approval to put in a new concession stand. The wooden stand is frequently targeted by vandals including having the door kicked in. Plans are in place to install a new stand made from blocks with a steel door and they have been talking to companies about making it happen.

One issue that has come up is the who is responsible for mowing the field. Giovanditto

said they have heard different things from the town and the school district on who is responsible for mowing that field. He said he has taken the initiative himself to mow different parts of the baseball field, especially with the concern about ticks.

Board chair Gus Benavides said the town will meet with the school district to determine who has the responsibility of maintaining that field. He said ultimately whether it's the responsibility of the town or the school district, it is still being paid for by taxpayer funds.

Giovanditto said **SEE FIELD, PAGE A12**

Prospect Mountain community comes together for cancer research

ALTON — On Thursday, Oct. 24, Prospect Mountain's Future Business Leaders of America chapter (PMHS FBLA) held their 10th annual Prospect Pride Day, where they honor & commemorate members of their community with various forms of cancer. FBLA spends the month raising money and spreading awareness for cancer research.

PMHS FBLA spent the month of October rallying the school community in support of cancer awareness. They started by selling sweatshirts to the community, raffling off a custom sweatshirt, and selling bracelets that would let students wear a hat to school during Prospect Pride. They made morning and afternoon announcements, and spoke in front of lunches and class meetings, all



COURTESY

PMHS FBLA members standing with the guest speaker, Nancy Mathis, from the American Cancer Society.

culminating on Prospect Pride day when they decorated the entire school pink and encouraged as many students as possible to wear pink clothing. Faculty members Mrs. Shelli Vardaro and Mr. Bruce Davol volunteered to participate in a "Tape a Teacher to the Wall" fundraiser, where students could donate mon-

ey to receive a strip of tape that they could use to "stick it to cancer while literally sticking a teacher to the wall." FBLA also hosted a bulletin board contest between classes about different forms of cancer, with the winning class getting to donate all the earnings from a ribbon raffle to their chosen form of cancer research.

The freshman class won, donating \$189 to colon cancer research, totaling in about \$1200 raised and donated to cancer research from this year's Prospect Pride, surpassing last year's total of \$1000!

Prospect Pride day ended with a school-wide assembly with Alton local and American Cancer



COURTESY

PMHS FBLA members & "Tape a Teacher to the Wall" (Bruce Davol) fundraiser.

Society speaker Nancy Mathis who brought the community together by sharing her story of "why." It was her personal family's struggle with cancer, and reminding everyone about the importance of routinely checking for cancer. PMHS FBLA then recognized some members of its community, their

own "why" by gifting custom sweatshirts and blankets to those who are currently fighting cancer in their lives, or have family members that are battling cancer. After announcing the winners of the raffle and bulletin board, FBLA presented a check of \$1000 to the American Cancer Society of New Hampshire.

LRTC's Career and Technical Student Organization installs new officers

WOLFEBORO — On Oct. 25, the Lakes Region Technology Center (LRTC) held its annual Career and Technical Student Organization (CTSO) Officer Induction Ceremony, Ambassador Recognition and Breakfast Hour. Families, students and staff gathered in the auditorium to witness the installation of Officers for the CTSO's.

CTSO's give Career and Technical Education a student voice that helps enrich the foundation of our programs. Our advisors and their student leaders work diligently throughout the year to develop program activities that provide all CTE students and the community with authentic learning experiences. Our CT



officers have shown a commitment to Lead

ership, Responsibility, Trust and Collaboration within our center.

We also recognized our new ambassador team for the 2024-2025 school year. An LRTC Ambassador is a student that has a passion for Career and Technical Education and wants to further the mission of our center. They are nominated by their teachers at the start of the school year. Throughout the year we focus on improving the students' leadership skills and have them help with collaborative activities such as the 6th grade career exploration visits, center-wide fundraisers and tours of our facilities.

Pictured above, from left to right: Computers, Networking and Cybersecurity -SkillsUSA-Officer Team
Cassidy Glaude
James McDonald
Caleb Brenner

Health Science-HOSA
Reporter- Danielle Gray
Parliamentarian- Olivia Charles
Historian- MacKenzie Corbett
Secretary- Emma Lyons

Treasurer- Emily Hurst
Vice President- Soleil Daley
President- Damonica Charles

Careers in Education-Rising-Officer Team
Advisor- Patti Edson
Braelyn Hathcock
Olivia Shea
Jennifer Baldwin
Matilda Bellington

Agricultural Science-FFA
Student Advisor- Patrick Wright
Sentinel- Gavin Anderson
Reporter- Richard Piper
Historian- Ella Olivier
Treasurer- Ryan Long
Secretary- Kaylee George
Vice President- Jordanna Price
President- Kida Smith

Collision Technology-SkillsUSA
President- Noah Maynes
Vice President- Ella Freeman

Construction Trades-SkillsUSA
Advisor- Jason Dag-

gett
President- Rylan Bourdeau
Vice President- Jacob Brown
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Secretary- Charlie Stevens

Precision Manufacturing-SkillsUSA
Advisor- Scott Meserve
Treasurer- Dylan Cash
Parliamentarian- Jack Dolliver
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Vice President- Jena Bald
President- Corey Chapman

Culinary Arts & Hospitality-SkillsUSA-Officer Team
Landyn Abbott-Burrows
Richard Sevigney

DECA-Officer Team
Kiernan Kolodner
Cameron Powers
Madison Paquette
Julia Avery
Rowan Donovan-Laviolette
Sierra Rose
Norah Brown

Kingswood Regional Middle School-SkillsUSA-

Officer Team
Ryder Ouellet
Cooper Place
Dante Caverno
Elliott Connell
Asher Tully

FBLA
Advisor- Doug Ball
President- Evan Thurston
Vice President- Bradley Tuttle
Secretary- Sebastian Roberts
Historian- Thomas Benker

Automotive Technology-Skills USA-Officer Team
Priscilla Cooper
Ashley Lyle
Caden Lussier

LRTC Ambassador Team
Timi Abere
Ashley Lyle
Kida Smith
Priscilla Cooper
Nicolas McPhee
Jayda Hughes
Avery Gregory
Makenzie Boisvert
Corbyn Owens
Jacob Brown
Rylan Bourdeau
Ryker Booth
Andrew Wilson
Savannah Wilson
Cormack Welch
Lillian O'Blenes
Oliver Kolodner
Corey Chapman
Jena Bald

Gilford tax rate set at \$11.25

GILFORD — The New Hampshire Department of Revenue Administration has set the 2024 tax rate for the town of Gilford at \$11.25 per \$1,000 of assessed valuation. This represents an increase of 95 cents (or 9.22 percent) from the 2023 rate of \$10.30.

The rate is comprised of four factors as follows:

-Local Education — \$5.29 (47.02 percent of total tax rate); an increase of 57 cents (12.08 percent) from the 2023 rate of \$4.72

-State Education — \$1.28 (11.38 percent of total tax rate); an increase of 8 cents (6.67 percent) from the 2023 rate of \$1.20 (Local and State Education combined comprises 58.4 percent of the total tax rate)

-Town — \$3.75 (33.33 percent of total tax

rate); an increase of 36 cents (10.62 percent) from the 2023 rate of \$3.39

-County — 93 cents (8.27 percent of total tax rate); a decrease of 6 cents (6.06 percent) from the 2023 rate of 99 cents

In addition, residents of the Gunstock Acres Village Water District will have a tax assessment of 67 cents. This is a decrease of one cent (1.47 percent) from last year's rate of 68 cents.

The town's total assessed valuation for 2024 is \$3,533,038,440. This is an increase of \$26,196,460 (0.75 percent) over the 2023 value of \$3,506,841,980.

It is anticipated that tax bills will be in the mail some time during the week of Nov. 11, with a due date projected to be around Dec. 12.

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Actors take flight for first time on Kingswood stage

WOLFEBORO — In the category of firsts, this November, the Kingswood Arts Center will feature its first production with flying performers. Kingswood Theater will be presenting Disney's and Cameron McIntosh's "Mary Poppins" on Friday, Nov. 22 at 7 p.m.; Saturday the 23rd at 2 and 7 p.m.; and Sunday at 2 p.m. in the Kingswood Arts Center.

Much like the film, the production entails the titular character, as well as several others, flying through the air during the performance. In order to do this properly, Kingswood has employed the services of ZFX Flying.

During the week of Oct. 14, ZFX technician and choreographer Troy Trinkle led a small team of Kingswood students and staff to first install the flying equipment.

"I loved working with ZFX!" Assistant Director Brittany Frager notes. "As someone who helped set up the flying equipment, I can say that Troy was so clear in his instructions when working with us to get it going, and he was able to roll with the punches and problem solve whenever issues came up."

The installation was followed by a several day intensive training/choreography period with Kingswood Flight Coordinator London Summers, Assistant Director Victoria Goldberg, flying operators Carrie Kinzmaier and Will Wallace, and flying actors Kaitlyn Cooper, Kristin Cooper, Delilah Mills and Caroline Kinzmaier. At the end of this induction period, the Kingswood team have taken the reigns and integrated the work into the production.

The actors had to face several physical demands while flying.

"I've learned that it takes a lot of control and athleticism," notes Kristin Cooper, who plays Bert.

However, the payoffs are worth it.

Kaitlyn Cooper, who plays Mary, remarks, "Being able to fly as Mary Poppins is such



Bert (Kristin Cooper) Steps in Time with the other Chimney Sweeps while soaring over the Kingswood stage in Mary Poppins, on stage this November in the Kingswood Arts Center.

an incredible experience! With teamwork throughout the cast and crews, it truly brings the magic of the show to life and allows us to create unforgettable and iconic moments on stage."

The adults that have to oversee the process have been hard at work too. Victoria Goldberg has been in charge of coordinating the flying rehearsals.

"I have loved being a part of helping them learn and feel confident while in the air. It feels good to be able to teach them a new skill in their acting journey. We have all had so much fun with this opportunity," Goldberg says.

Flight Operator Carrie Kinzmaier adds, "Working the ropes requires the right timing and touch, and it takes

more finesse than I thought. The character and fly crew work together like dance partners to move her "effortlessly" across the stage."

"This is definitely the boldest, scariest, step forward that this program has taken in a very long time, but the magic that Troy from ZFX brought was this sense of confidence, empowerment, and safety to the process," notes Kingswood Director, Scott Giessler. "It's an incredible setup and he has given us tremendous set of tools to wow the audience while primarily keeping our student performers safe."

Tickets are available in advance online at kingswoodtheater.org, or at the door before each performance.



The following Kingswood Regional Middle School students received the October After School All Stars Award for Excellence, Leadership and Determination in Football, Field Hockey and Cross Country. In the first row are Drew Feyler and Maya Beaulieu. In the second row are Reed Rouleau and Ellie Fuller. Congratulations!



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We Will NOT be Undersold

Opinion

SECTION A, PAGE 4

SALMON PRESS, THURSDAY, NOVEMBER 7, 2024

Embracing the shift: Falling back to a cozier season

As the clocks roll back an hour and daylight slips away a bit sooner, it's easy to feel the initial sting of losing those precious evening rays. The transition to shorter days and longer nights can be tough—our routines are thrown off, the dark arrives before dinner, and it feels like our world has shrunk just a little. But while that initial adjustment can feel jarring, there's an opportunity in this seasonal shift to lean into something more comforting and cozier.

When we fall back, we enter a season that invites us to slow down and settle in. The crisp, cool air outside becomes a reason to pull out our favorite sweaters, gather around fires, and sip on warm drinks that taste like nostalgia. It's a time when neighborhoods start to glow with holiday lights, and homes become filled with the sounds of friends and family reconnecting over shared meals and laughter.

For those who thrive on outdoor adventure, the shift also marks the beginning of snow sports season. The first snowfalls dust the world in white, creating a canvas that catches the sunlight and transforms the simplest landscapes into scenes of breathtaking beauty. Whether you're skiing down a mountain, sledding with the kids, or taking a quiet walk as snowflakes fall around you, there's something undeniably magical about embracing winter's gifts.

And while the early nights may initially feel like a loss, they can also be an invitation. An invitation to slower evenings at home, wrapped in blankets, breathing in the cool, refreshing air as it seeps through the window. An invitation to more time spent catching up with loved ones, sharing stories, and building up the excitement for the holidays ahead.

Adjusting to the time change isn't always seamless, but soon enough, we settle into this season and realize it's not so bad after all. It's the season of comfort, of gathering, and of finding joy in the simple things. So, as we turn the clocks back and brace for the darker evenings, let's remember to also turn our focus to the light—whether it's in the glow of holiday decorations, the sparkle of snow under the sun, or the warmth shared with those we love.



RHYS STUCKER — COURTESY
Alton Rotary Club hosted Chili Cook-off Contest. Three judges, one the former head chef for 18 years at Gunstock, John Timbrook (right), congratulate first place winner Sandy Hammond, who is flanked by the second and third place winners, Claire Bolster and June McLaughlin. V.P. of the Alton Rotary Club, Duane Hammond (left) thanked all the judges, including David and Sylvia Countway for selecting the winners from six contestants. The Chili cook-off was held at the Alton Senior and Community Center, Alton.

LETTERS FROM EDWIN

Desolation

I have this front tooth that sticks out. I never had braces. Didn't really want them, to be honest. But my mouth was always too small for my teeth. In fact, while I was a teenager, I had four teeth pulled out to make more room for the others. Even still, my teeth were so tightly crammed together, that even though it was suggested that I floss, every time I tried, it would just break during my attempts. I gave up trying.

That's just the way it is. Right now, I question if braces would have aided that much, it's a little too late to find out now. A number of years ago, both left front teeth decided to slip forward in tandem and relieve the pressure. Ever since, I've been able to floss with no problem. I guess sometimes, it takes extreme amounts of time for things to get worked out.

By this time in their lives, both my father and mother had false teeth. As kids we thought it silly to see them take them out. Dental advances have greatly diminished the need for such life solutions. I gladly accept my crooked old teeth to their glued in

replacements. I can still eat corn on the cob. And many other things that I probably don't appreciate.

It took 70 years for this bag of bones to start complaining about all the stupid things I had put it through in its lifetime. Things long since forgotten. Like that knee that I pulled ligaments on doing a John Claude Kilby, straight to the bottom of the mountain race in my new overly adjusted skis that didn't release when I hit the hole left by someone who fell and didn't fix, where one ski stopped and the rest of me kept going. Yeow. I kept skiing all day and didn't feel anything unusual till after supper. It didn't feel like bending for a number of days after that one. Now it just sends me reminders.

The other day it was crazy warm for the season, instead of falling into doing my usual routine, I decided that it had been too long since I took a walk in the woods. The leaves had yet to all fall, so the color of fall was still over all. My first observation was that of walking on marbles as the ground was coated with

acorns. I bet I could ski on them. It was crazy. It took a little getting used to but didn't hamper me to much.

My path took me across a section of posted land. I have permission to trespass, but can't help but grumbling to myself. It's so un-New Hampshire-ish. It's always been that the woods were free for the people to walk on, hunt, fish, ski, whatever. There was a mutual respect for the land by all. Unfortunately, deviations from this state of equilibrium have come to be.

People now use motorized machines to ease their access and in doing so tear up the ground and cut trails for their convenience. They leave trash and destruction in their wake. I've been skiing far out in the woods and found remnants from a winter party that included used baby diapers. Pretty disgusting.

Still, I was totally disappointed to find that my new neighbor, who bought the land adjacent to mine, posting it. As long as I've been here, this land would be used by hunters, the epitome of conservation types, who now have been

barred from their former hunting grounds. All because some landowner selfishly wants to hoard his land. I wish that we could consider that we only use land, and not own it. You can't take it with you, so leave it as it is.

Yes, that's a bit idealistic. Putting up an apartment development certainly disrupts the nature of the land. It would be nice if those doing the planetary disruptions could somehow be held responsible for their actions. That's another political rats nest trying to get traction.

I remember when I went to Denmark that the seashore was all public. Free camping for anybody. What a concept for an American who comes from the land where big hotels and rich folks own all such prize properties. You're free to enjoy some, for a price. Capitalism at its finest.

Imagine a world all cement and plastic. In every crevice will grow plants trying to bring back desolation.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Happy Election Week

We stand at the crossroads of another chapter in our nation's story. The act of voting, an honor hard-won and cherished, reflects our journey from a small group of colonies to a mighty republic, constantly tested and reshaped by the hands of its people.

It all began in 1775 with a small group of determined colonists

who risked everything for self-governance. Visionaries like George Wash-

ington, Thomas Jefferson, and Benjamin Franklin knew that independence from Britain was only the start. They would go on to craft a nation based on untested ideals of liberty, rallying

POSITIVELY SPEAKING TOBY MOORE

under the Declaration of Independence—a declaration of rights for all who would call themselves American, even if America's early reality fell far short of this lofty vision.

We faced immediate and daunting challenges. As westward expansion continued, conflicts

erupted between settlers and Indigenous tribes.

Tragically, Native American nations were forced from their lands, often with devastating consequences that continue today, reminding us of promises not kept and wrongs that still echo through our history.

Even as America grew, another dark shadow
SEE MOORE, PAGE A5

Letters to the Editor

Larson's claims are deplorable

To the Editor:

When someone with a life record of honesty and integrity is effectively accused of lying (though the seemingly polite but inaccurate word used was "protestations"), it is beyond sad. Rather, it is, utilizing a word made famous by Hilary Clinton describing Republicans, deplorable.

For the fourth time, "For the record and in fact, I am not in favor, nor have I ever been in favor of New Hampshire or any other state(s) seceding from the United States" (see for example, The Baysider, Oct. 24).

Additionally, in 2024, I did not "push a secession amendment" CACR 20...[that] would require New Hampshire to secede if the national debt reached a certain amount." I was not the sponsor of CACR 20, nor a cosponsor of CACR 20. Further, I voted with the majority to Indefinitely Postpone an up or down vote. This was a voice vote, which apparently provides Ms. Larson the license and cover to accuse me of something that is factually untrue. I was not "one of a handful of legislators who objected and demanded further consideration."

Honest differences honestly presented ought to be the norm in political discourse. Yet I am not so naïve as to recognize that people cleverly put forth claims that are misinformation. This type of behavior ought

to be rejected and repudiated in politics, not only by voters, but also by everyone in every sphere of life.

Under our nation's Constitution, persons running for political office are provided a wide berth of protection when engaging in speech which is untrue and even defamatory. The burden is upon the accused candidate to determine whether or not he or she will respond. Wisely, and even though frustrating, we have decided that it is up to voters to determine both the accuracy of the claims and the character of the persons in view.

Ms. Larson, like the home team in baseball, had the last word in this publication before the Nov. 5 election. However, and knowing that this letter will not be published until afterwards, I nevertheless believe that there is no deadline for speaking the truth.

Should I be returned to Concord for a third two-year term, I will continue to serve with honesty and integrity. Should Ms. Larson's positions and misrepresentations be validated by a majority of voters in Alton and Barnstead, she can look forward to me watching her as closely and fervently as she has been me. However, in contrast to her, I disagree that I have with her will be founded upon my hallmark commitment to be truthful.

Rep. Paul Terry
Alton

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TO SUBMIT A LETTER:

TO THE EDITOR:

E-MAIL:

E-MAIL: brendan@salmonpress.news

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PRESIDENT & PUBLISHER

FRANK G. CHILINSKI

(603) 677-9083

frank@salmonpress.news

BUSINESS MANAGER

RYAN CORNEAU

(603) 677-9082

ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DI NICOLA

(508) 764-4325

DISTRIBUTION MANAGER

JIM HINCKEY

(603) 279-4516

EDITOR

JOSHUA SPAULDING

(603) 941-9155

josh@salmonpress.news

MANAGING EDITOR

BRENDAN BERUBE

(603) 677-9081

brendan@salmonpress.news

PRODUCTION MANAGER

JULIE CLARKE

(603) 677-9092

julie@salmonpress.news

Going out of Town

A whirlwind tour of the Cape

BY ERIN PLUMMER
ernews@salmonpress.news

Last year, I had the chance to properly explore Cape Cod for the first time and I fell absolutely in love with it. Over the course of three days last September, I explored Provincetown with some additional stops on the way home and swore I needed to return. I managed to get a few days back down there last month with the overly ambitious aim of taking in as much as I could in the three days I had. What resulted were some ups, some downs, and a sniffly curveball.

Ever since leaving Provincetown last September, I dreamed of coming back. The more I thought about a potential return trip, however, the more my brain attached to the idea of seeing much more of Cape Cod: I wanted to experience everything. After some internet searches, I found a budget hotel around Barnstable putting myself right in the middle of the Cape and already started planning my grand excursion. In hindsight I now realize I was trying to pack too much into too little time. I also grossly underestimated how big the area known as Cape Cod actually is, and how much there is to experience.

I left Meredith on the Tuesday after the Sandwich Fair. Except for a few traffic snarls around Quincy and a few rest stops, I was able to get to the Sagamore Bridge in roughly two and a half hours and was finally back on the Cape. Staying on Route 6, it was only a half hour until my exit and following the directions to the hotel. I found my basecamp for this adventure was a few miles away from downtown Hyannis and in a pretty busy area. I soon discovered the Cape Cod Mall was just a few minutes away and gleefully took a mall crawl.

Later that evening I endeavored to go to Mattakeese Wharf Water-



Sunset over Barnstable Harbor from inside Mattakeese Wharf Waterfront Seafood Restaurant.



Oh, how I've missed you, Provincetown.

front Seafood Restaurant in Barnstable that I knew through the webcam on the top of its roof with lovely views of the bay. I sampled the lobster bisque and baked sea scallops that would prove to be one of the best seafood dinners I had in my life. I also made a stop in Hyannis, walking along the wharf and taking in the ocean at night as well.

I returned to my hotel and relaxed, finalizing my plan that Wednesday was for Provincetown as well as the proper road

trip of this excursion. Sadly, Tuesday would end up being the best and smoothest day of the trip.

The next morning, I woke up with low energy and a lovely scratchy throat that I assumed it was a mix of sleeping poorly in a new environment. I continued with the journey, meandering on the local roads until I found Route 6A and determined this was the perfect scenic route.

I eventually came by P&D Farmstand in West Dennis Port and just had

lenges and times of turmoil—from foreign wars to September 11th and beyond.

Through it all, our strength has been found not in perfection but in a continued willingness to change and strive for a better future.

And here we are again, after a divisive election, with candidates on all sides calling for different paths forward.

We must remember that we are united by a shared love for our country and by the knowledge that, regardless of who sits in the Oval Office, the power rests with the people. We must uphold the ideals that have defined America: liberty, justice, and freedom for all.

So whether your candidate wins or loses, whether this election



Moonlight over Hyannis Harbor.



Walking Lighthouse Beach in Chatham, Mass.

to stop for some goodies. It was a cool farmstand with a great selection. I walked away with a big bag of local cranberries, a variety of apples for a future pie, and a few other tasty treats.

My journey continued down Route 6A and with the combination of a lot of driving and not feeling great I was debating if I wanted to continue the scenic route or just find Route 6 and get to Provincetown. I did continue on this road to Chatham, wanting to check out the Chatham lighthouse.

Another stretch of long road later, I finally reached Chatham and followed my map app to the lighthouse. At last, I was finally in front of those ocean views and sweeping sand dunes I had been longing to see. I parked and walked down to Lighthouse Beach, fully experiencing the shifting sands and views of the ocean that go on for mile. I also walked among the dunes, though found the consistency of sand liken this is really hard to walk in. As I was parked in a lot with a time limit, I left

played out precisely as you'd hoped or not, we all have a role to play in moving forward. Our nation's history is built on debate, disagreement, and, ultimately, unity in the pursuit of freedom. That pursuit makes us the "shining city on a hill"—a place of hope, progress, and promise. Our light must never be extinguished.

Together, we can keep America strong, free, and fair—a place where all voices are heard and everyone, regardless of race, religion, or background, can pursue their dreams.

Happy Election Week, and may our love of country keep us united, now and always.

something from The Lobster Pot or experience the Portuguese rice at John's Foot Long, my appetite was nonexistent. I did have a nice mocha and a big walnut brownie from Joe Coffee while sitting by the pier.

Finally, it was getting dark, my energy was spent, and I decided it was a great time to get back to the hotel. This time I kept on Route 6 and had a much shorter trip back to basecamp. I settled in for the night with some fast food and made plans to go to Nantucket the next day. Not long after my nose completely plugged up and it was clear what was going on: I had officially caught a cold.

Sleeping that night wasn't fun, and the next morning, I was up bright and early to pick up tissues and decongestant. It was clear by now this trip was over, and it was best to leave as soon as possible to avoid Boston traffic. Thankfully, it would end up just being a cold, and a mild one at that, but still, the timing was the worst imaginable.

I did have one parting experience as I maneuvered my way back to Route 6. I had been passing by a place called Buenos Ares Bakery and Supermarket. I finally decided to stop in and check it out. I found a cozy café and cases filled with so many Argentinian and Ecuadorian pastries. I grabbed a Pan Ecuatoriano (a type of bread bun) and beef empanada for the road as well as getting a sweet pastry called an aplanchados and a croissant filled with a delicious dulce de leche filling. I want to go back and properly experience their food when I'm not sick and in a rush.

Soon I was crossing the Sagamore Bridge again and saying goodbye to the Cape a lot sooner than I would have liked. I did successfully roll into Boston with no traffic issues and got to the state line before it became a parking lot.

A few weeks and one less head cold later, I've been looking on this trip with mixed emotions. I looked forward to doing this so much, only to get hit with the results of an overly ambitious itinerary and the outright punch of getting sick. At the same time, I still had a still had a great experience with a lot of fun times despite the negatives. I think the best conclusion is to take the lessons from the bad parts while savoring the experience of the good parts.

MOORE

(continued from Page A4)

loomed: the institution of slavery. By the 1800s, slavery was entrenched in American life, particularly in the South, where millions of people lived in bondage. Abolitionists like Frederick Douglass, Sojourner Truth, and Harriet Tubman risked their lives to challenge this brutal institution. Their courage would be a rallying cry for the Civil War, a four-year battle that tore the nation apart. Yet, under the leadership of Abraham Lincoln, the Union's victory brought freedom to enslaved people and solidified the principle that "all men are created equal."

The fight for freedom did not end there. The women's suffrage movement took hold in the late 19th century, as Susan B. Anthony, Elizabeth Cady Stanton, and countless others pushed for equal rights. Decades of relentless advocacy finally succeeded with the passage of the 19th Amendment in 1920, granting women the right to vote and affirming that America's promise of freedom extended to all citizens.

Just when we seemed to be on a path of unity, the world was thrown into chaos. World War I and later World War II. Veterans of those wars, like Dwight D. Eisenhower and George S. Patton, returned as heroes, their courage reinforcing America's role as a beacon of freedom, yet even as our soldiers fought for liberty abroad, Americans at home wrestled with deep issues of justice and equality.

The Civil Rights Movement of the 1960s marked a new era of change, challenging systems of segregation and discrimination. Leaders like Martin Luther King Jr., Rosa Parks, and John Lewis reminded the nation that "freedom for all" meant just that—for every race, creed, and color.

They pushed America toward the promises written into its founding documents through marches, sit-ins, and speeches, which led to legislative milestones like the Civil Rights Act and the Voting Rights Act, which continue to protect and empower citizens today.

Since then, we've faced significant chal-



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Aire Beauty & Waxing Suite to celebrate one year in business with Open House!

GILFORD — Madelyn Gallant, Licensed Esthetician and Owner of Aire Beauty & Waxing Suite, is extending an invitation to the community to an open house and anniversary celebration Nov. 13, 5-8 p.m. as Aire celebrates one year in business. Aire Beauty & Waxing Suite offers beauty, cosmetic and personal care services including body waxing, brazilians, brow lamination, lash lifting, permanent jewelry and more.

While Aire is approaching its first anniversary, it was only recently that Gallant moved Aire to its new location at 21 Meadowbrook Lane in Gilford. She looks forward to welcoming guests to the new space with a fun evening planned.

Guests will be treated to refreshments, along with unique offerings such as a pop up custom trucker hat bar by Two Blondies Co. Also planned is the release of new retail and a sale on gift cards, as well as the announcement of the winner of their Instagram giveaway.

“It will be a night of meeting new people, treats, & happy vibes,” says Gallant.

All are welcome to attend! Wednesday, November 13, 5-8pm at Aire Beauty & Waxing Suite, 21 Meadowbrook Lane in Gilford. Come support and celebrate a local small business



COURTESY

Madelyn Gallant, Owner, Aire Waxing & Beauty Suite.

owned by a young entrepreneur within the Lakes Region and don't forget to enter their giveaway for a chance to win. Details on Instagram @aireby-madelyn.

Gilford Community Church hosts November Gals' Night Out

GILFORD — The Gilford Community Church is hosting their

next “Gals' Night Out” on Friday, Nov. 15 at 6 p.m. This month's

program will feature a discussion about the Titanic with Linda Barry, along with a delicious dinner catered by Ellie Murphy. Tickets are \$25 per person and can be purchased in the church office.

Linda Barry lives in Gilford, and has been pondering the tale of the Titanic for much of her life. A marine

disaster of epic proportions.

“The story of the Titanic lives on more than a century after its sinking. And why does it continue to grip our imagination and attention? Many tales of disaster result in most dying OR rescuers arrive and most are saved. The Titanic was a mix: 1,500 died

and 700 lived. On Nov. 15, we will step back in time and reflect on the passing of an age through Titanic's story,” said Barry.

Located in Gilford at 19 Potter Hill Rd., the Gilford Community Church (GCC) is an inclusive, open community that welcomes believers and doubters, seekers and skeptics, young and old. Viewable live on YouTube, Sunday service at GCC takes place at 10 a.m. To learn more about GCC, or virtually attend service, visit gilfordcommunitychurch.org.



Church Service SCHEDULE

<p>ABUNDANT HARVEST FAMILY CHURCH Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvest.org or e-mail ahbf@fjnh.com.</p>	<p>FIRST CONGREGATIONAL CHURCH OF FARMINGTON Worship Services: 10:00 AM Sunday School: 10:15 AM Sept. To June 400 Main Street Farmington, NH 03835 www.farmingtonncc.org</p>
<p>ALTON BAY CHRISTIAN CONFERENCE CENTER Sundays throughout the summer 10am & 7pm, 875-6161.</p>	<p>FIRST BAPTIST CHURCH OF NEW DURHAM NH Sun. School 9:30am; Church 10:30am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor Ryan Blackard</p>
<p>BEFREE COMMUNITY CHURCH, ALTON Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Ruhl, www.befreechurch.net.</p>	<p>PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H. on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846</p>
<p>CENTER BARNSTEAD CHRISTIAN CHURCH Worship Service 10:00am Bible Study 11:15am Rte 126 next to Town Hall Call or Text (603) 269-8831 centerbarnsteadcc.org</p>	<p>ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole Pastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.</p>
<p>CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING Gathering Saturday evenings at 5:30 p.m. The Gilmanston Community Church 1803 NH Route 140, Gilmanston Ironworks, NH ccoppraisegathering@gmail.com</p>	<p>ST. STEPHEN'S EPISCOPAL CHURCH Sunday 9:30; 50 Main St., Pittsfield Rev. Miriam Acevedo with Rev. Stephen Ekerberg www.ststephenspittsfield.com</p>
<p>COMMUNITY CHURCH OF ALTON Pastor Jared Cassidy 10am Worship service Sunday 20 Church St Alton (603) 875-5561 www.ccoalton.com</p>	<p>UNITED METHODIST CHURCH Rt. 171 at Tuftonboro Corner. Sunday services 10:30 am. Church 013-539-8058</p>
<p>CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC Sunday School and Worship Services Rev. Kate Kennedy 603-776-1820 Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m. cconorthbarnstead.com</p>	<p>UNITARIAN UNIVERSALIST SOCIETY OF LACONIA Sunday services and religious education 10:00 a.m. All are welcome. 172 Pleasant St. Laconia • 524 6488 • uus.org</p>
<p>MAPLE STREET CHURCH Sunday Service 11am 96 Maple Street, Center Barnstead NH 03225</p>	

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Alton Parks and Recreation Community Connection

Learn how to use Libby — the Library Book App
The Friends of Gilman Library and Alton Parks and Recreation are sponsoring an informative session on how to use the Libby App on Thursday, Nov. 21 from 1-2 p.m. in the Agnes Thompson Meeting Room at the Gilman Library. Did you know you can borrow eBooks, audiobooks, magazines and more electronically from your local library for free? Learn how to navigate the Libby App, choose and reserve books, play audiobooks and more. Bring your smart phone, kindle or tablet. For more information contact parksrec-asst@alton.nh.gov or 603-875-0109.

Weight training classes — Mondays and Wednesdays
The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. Learn new exercises and build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Pilates classes in Alton Bay — Tuesdays and Thursdays
The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults

are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov. Class not held Nov. 12 and 14.

Guided Meditation with instructor Karen Kharitonov
The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a Guided Meditation Class on Thursdays: Nov. 7 and Nov. 21 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Stop in and experience the positive state of meditation. The program is free, donations are greatly appreciated to support local charities. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Alton Trails- All Star
Alton Parks and Recreation is sponsoring a get outside and hike program. Hike seven local trails, and receive an Alton Trails All Star sticker. All you have to do is take a photo on each trail, and send the photos to parksrec-asst@alton.nh.gov. Trails include: Mike Burke Trail; Knight's Pond; Trask Swamp and Fort Point Woods Conservation Area; Gilman Pond; Mt. Major, Pine Mountain and Cotton-Hurd Brook.

After School Program Dec. 20
On Early Release days at ACS Alton Parks and Recreation Staff will pick up participants, in grades

1-5, from school and walk together to the Pearson Road Community Center for an afternoon of fun. Dec. 20 theme is "Festive Fun"; activities include: themed games, coloring, crafts, snacks and more. \$5 per child. Pick up time at the Community Center is 3 p.m. Limited space, register today by contacting parksrec-asst@alton.nh.gov or 603-875-0109.

Light Up Night- December 7, 2024
The Town of Alton is celebrating "Light Up

Night" on Saturday, Dec. 7 in the Alton Village on Main Street. Free events include: 5 p.m.- Tree Lighting at Town Hall sponsored by ABA; 5:15-6:15 p.m.- Meet with Santa and Mrs. Claus inside the Gilman Library, and make a free craft at the Gilman Library (use rear parking lot entrance); 5-6:30 p.m.- Holiday Hayride loading up at Monument Square- sponsored by Alton Home and Lumber; 11 a.m.-7 p.m.- Festival of Trees and Ginger-

bread House Decorating Contest at the Gilman Museum sponsored by the ABA; plus more to see and do. Light Up Night Events are free and are open to the public. For more information contact the Alton Parks and Recreation Department at 603-875-0109 or parksrec@alton.nh.gov.

"Light Up Alton" Holiday Decorating Event
The Alton Parks and Recreation Department and the ABA are sponsor-

ing a residential and business decorating event. Do you like decorating outside for the holidays, and want to share your display and cheer with others? Submit your address and optional photo by contacting parksrec-asst@alton.nh.gov or 603-875-0109 by Dec. 9. Maps with decorated locations will be available to the public on Dec. 13. Keep your lights on Dec. 13-27 so the community can enjoy your decorations while they explore the map.

Gilford Public Library Classes & Special Events

Nov. 7 – Nov. 14

Yoga, 10-11 a.m.
Bridge, 10 a.m.-noon
Hand & Foot, 12:30-2:30 p.m.
Happy Crafters, 1:30-2:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.
Beginner Line Dancing, 4-5 p.m.
Saturday, Nov. 9
Beginner Line Dancing, 10:30-11:30 a.m.
Monday, Nov. 11
CLOSED FOR VETERAN'S DAY
Tuesday, Nov. 12
Senior Sculpt, 9-10 a.m.
Geri Fit, 10-11 a.m.
Bridge, 10 a.m.-noon
Preschool Storytime, 10:30-11:30 a.m.
Intermediate Line Dancing, 4-5 p.m.
American Mother: Diane Foley, 5:30-6:30 p.m.
What does a mother say to the person responsible for kidnapping, torturing, and murdering her son? Come and meet Diane Foley and listen as she tells her story, as the mother of American journalist Jim Foley – in search of answers, beyond justice, found through dogged, empathetic, spiritual inquiry.

Wednesday, Nov. 13
Senior Stretch Yogaah!, 9-10 a.m.
Check out an Expert, 10 a.m.-noon
Card Games 10 a.m.-noon
Wine Cork Turkey, 1-2 p.m.
If you are wondering what to do with all your left over wine corks, come and follow some simple steps to make a turkey! It will for sure dress up your holiday decor! Sign up required. Only 12 spots. All materials are provided.
Paint Group, 1-3 p.m.
T(w)een Boredom Busters, 3-4 p.m.
Science Seekers: Fun with Foam and Fizz, 3:30-4:30 p.m.
Ready to get messy with science? Learn and enjoy hands-on experiments with foam and fizz!
Chillingsworth's: An Elizabethan Apothecary, 5-6 p.m.
Visit with the apothecary's wife and see what she is mixing up from the bizarre ingredients common in medicines of the

early 1600s. Consult on your ailments, and get an explanation of Elizabethan medical theory and a prescription you won't want to try at home - bat's head, fox lungs, or oil of earthworm anyone?
Thursday, Nov. 14
Geri Fit, 9-10 a.m.
Sensory Sensations, 10:30-11:30 a.m.
French Club, 4-5 p.m.
Canoe to the Polar Sea, 5:30-6:30 p.m.
Cross the Arctic Circle on a thousand mile canoe adventure with Gilford guide Ned Therrien, following the Mackenzie River across the Northwest Territories of Canada to the polar sea. Visit remote Indian villages, meet missionaries, and explore this last frontier retracing fur trader Alexander Mackenzie's historic 1789 exploration.

Gilford Public Library Top Ten requests

1. "In Too Deep" by Lee Child
2. "The Grey Wolf" by Louise Penny
3. "Framed" by John Grisham
4. "An Eye for an Eye" by Jeffrey Archer
5. "One Day I'll Grow Up and Be a Beautiful Woman" By Abi Maxwell
6. "How to Read a Book" by Monica Wood
7. "The Boyfriend" by Freida McFadden
8. "Counting Miracles" by Nicholas Sparks
9. "The Frozen River" by Ariel Lawhon
10. "By Any Other Name" by Jodi Picoult

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from Sept. 29 to Oct. 31.

Erin M. O'Connell, age 66, was arrested on Oct. 3 for DUI-Impairment and Driving After Revocation of Suspension of license.

Derek A. Emans, age 37, was arrested on Oct. 6 for Domestic Violence-Simple Assault causing Bodily Injury.

Michael F. Plummer II, age 39, was arrested on Oct. 9 for Driving After Revocation or Suspension of license.

Marissa M. Monsante, age 29, was arrested on Oct. 9 for Aggravated DUI at more than 30 mph, Negligent Driving, Disobeying an Officer, and traveling at a rate of speed 25 mph or less over a posted limit of 55 mph.

Raymond Vargo, age 62, was arrested on Oct. 10 for DUI-Impairment.

James F. Oliver, age 69, was arrested on Oct. 10 in connection with a warrant.

A 26-year-old male was taken into protective custody (drug-related) on Oct. 11.

Erik Christopher Dunn, age 22, was arrested on Oct. 12 for Driving After Revocation or Suspension of license.

Angela M. Clifford, age 47, was arrested on Oct. 15 for Driving After Revocation or Suspension of license.

Philip Joseph McLaughlin, age 57, was arrested on Oct. 18 for Driv-

ing After Revocation or Suspension of license.

Dionicio Velasquez Diaz, age 24, was arrested on Oct. 22 for Driving After Revocation or Suspension of license for DUI.

Brandon Joseph Moore, age 30, was arrested on Oct. 23 for operating a motor vehicle after Suspension of Vehicle Registration.

Brendan E. Terrio, age 18, was arrested on Oct. 23 for Criminal Mischief.

Derek A. Emans, age 37, was arrested on Oct. 26 for Violation of a Protective Order and Contempt.

Michael Scott Rowell, age 59, was arrested on Oct. 29 for Domestic Violence-Simple Assault causing Bodily Injury.

Seth M. Houston, age 43, was arrested on Oct. 31 for Receiving Stolen Property after Two Prior Convictions.

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The Loft at Hermit Woods welcomes back Vira Slywotzky and David Sytkowski

MEREDITH — The Loft at Hermit Woods Winery & Eatery is excited to present the return of acclaimed vocalist Vira Slywotzky and pianist David Sytkowski on Saturday, Nov. 9. After their unforgettable January performance, this duo is back to bring the Great

American Songbook to life with an enchanting blend of beloved show tunes, timeless ballads, and contemporary favorites.

Guests are invited to arrive early for a complimentary wine tasting from 5:30 to 6 p.m. Following the tasting, savor

a delicious dinner prepared by Hermit Woods' own chef, Kaylon Sweet, available from 6 to 7 p.m. The performance will begin promptly at 7 p.m., setting the stage for a memorable night of music and storytelling.

Reflecting on their last show, Bob Man-



COURTESY PHOTO

About The Loft at Hermit Woods – Listening Room Series
 Located in downtown Meredith, The Loft offers an intimate, 60-seat venue hosting exceptional talent from New England and beyond. While jazz is a core focus, the Listening Room Series also features folk, blues, classical, and world music. To enhance the experience, guests are encouraged to maintain a quiet atmosphere during performances, allowing for an immersive, close connection with the music.

Vera Slywotzky

ley, co-owner of Hermit Woods, remarked, "Vira and David's January performance was a stand-out, combining depth, elegance, and an emo-

tional resonance that left a lasting impression on all who attended. We're thrilled to welcome them back for another unforgettable evening."

GILFORD FH

(continued from Page A1)
 Bishop Brady pressure as the Giants had seven corners in the third.

"They came out really strong there. We just had to play defense and keep it out," said Keenan. "Once we were up by two, we just had to play good defense."

Gilford goalie Madi Breton (three saves) stood tall with plenty of support in front of her from backs Allyson Onos, Camryn Coutts, Lilly Winward and Addison Normandin as well as midfielders Keenan, Catherine Fay and Kelly.

"(Brady) came out strong there, but our girls didn't give up," coach Southworth pointed out. "Don't let it get into their heads and keep fighting."

The Golden Eagles were able to get back on the attack after the break between quarters and got that all-important second goal. After having a couple rushes turned away, the Golden Eagles got control of the ball in deep to Kelly who moved through the Bishop Brady defense and banged it into the back of the cage with 9:46 on the clock.

"We had momentum on that goal," pointed out coach Southworth. "Quick resets were important, especially on that goal."

"We had to play 60 minutes," she continued. "Each quarter we had to come out and play hard. No quarter was more important than another. These girls are relentless. There's no quit in them."

Despite being down two goals, the Giants pressed at times to get on the board but there was no give from the top seed. Bishop Brady finished with a 13-7 edge in penalty corner chances, but never got a quality chance on goal up to the final buzzer that set of the wild celebration on the field.

"For the girls, each one of them, I hope they hold onto this for the rest of their lives," coach Southworth said. "And



JOE SOUZA

Gilford seniors Camryn Coutts, Calia Blackey, Lilly Winward, Liv Keenan, Grace Kelly and Addison Normandin pose with the NHIAA Division III state championship plaque along with head coach Joy Southworth, right, and assistant coach Sherri Benson. The top-seeded Golden Eagles claimed their third state title with a 2-0 win over Bishop Brady.



JOE SOUZA

Gilford sophomore forward Grace Southworth goes on the attack with two Bishop Brady defenders closing in on her during the NHIAA Division III field hockey championship game in Bedford.



JOE SOUZA

Gilford's Grace Kelly (22) and Addison Normandin (27) have Bishop Brady's Mady Savary trapped along the sideline during the NHIAA Division III field hockey state championship game.



JOE SOUZA

Gilford senior Grace Kelly, second from left, celebrates with her teammates after scoring in the fourth quarter, helping the top-seeded Golden Eagles claim their third NHIAA Division III state championship with a 2-0 win over Bishop Brady.

remember hard work has the Golden Eagles on top of Division III for the third straight year. That hard work that breeds success."

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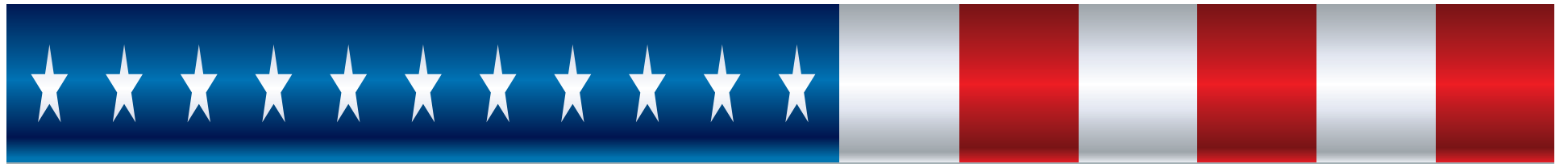
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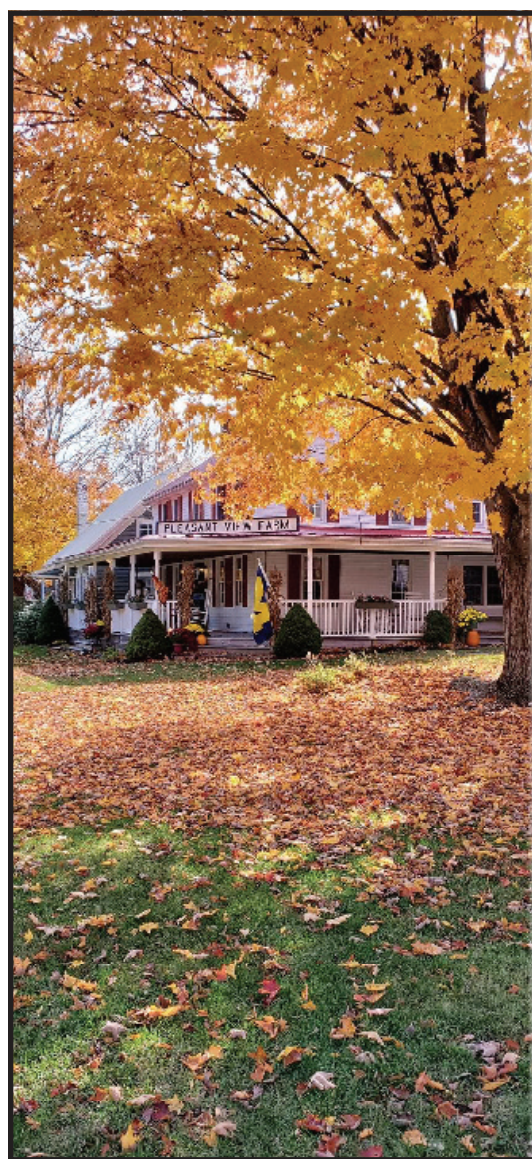
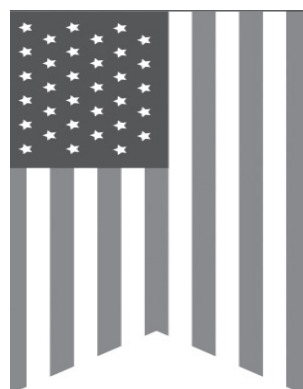
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Dobbins returns to host third “Living Room” session at The Loft

MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) announces the third show in a format that seeks to connect musicians with audiences in a warm, inviting setting to bring a deeper understanding of the people behind the music they create. Hosted by local singer-songwriter Katie Dobbins, these shows deliver an intimate evening of music and entertainment. Guests will feel like the artists are right in their own living room while enjoying a nice night out including a full tasty menu by Sweet Mercy and delightful Hermit Woods wine.

On Wednesday, Nov. 13, Hermit Woods Winery will welcome touring Canadian-American



singer-songwriter Rachel Kilgour to The Loft Listening Room for this unique “Loft Living Room Session”

show experience. The evening will begin with a short opening set by award-winning New Hampshire artist Katie Dobbins who will then invite Rachel to join her on the stage couch for a couple of songs and conversation about their music and what life is like on the road. The evening will culminate with a highly anticipated performance by this acclaimed guest artist.

Canadian-American songwriter Rachael Kilgour will be sharing songs from her heartfelt new release, “My Father Loved Me.” The album was recorded in her late

father’s native Ontario and was produced by JUNO-award winning and Grammy-nominated singer-songwriter Rose Cousins. In the spare and often gutting language for which she is known, Kilgour provides a complex portrait of a man seen through his daughter’s eyes. The record poses questions about belonging, inheritance, and grief and triumphantly affirms the value of one ordinary working man’s life.

On stage Kilgour expertly balances her poignant, literate songs with her quick wit, landing somewhere between

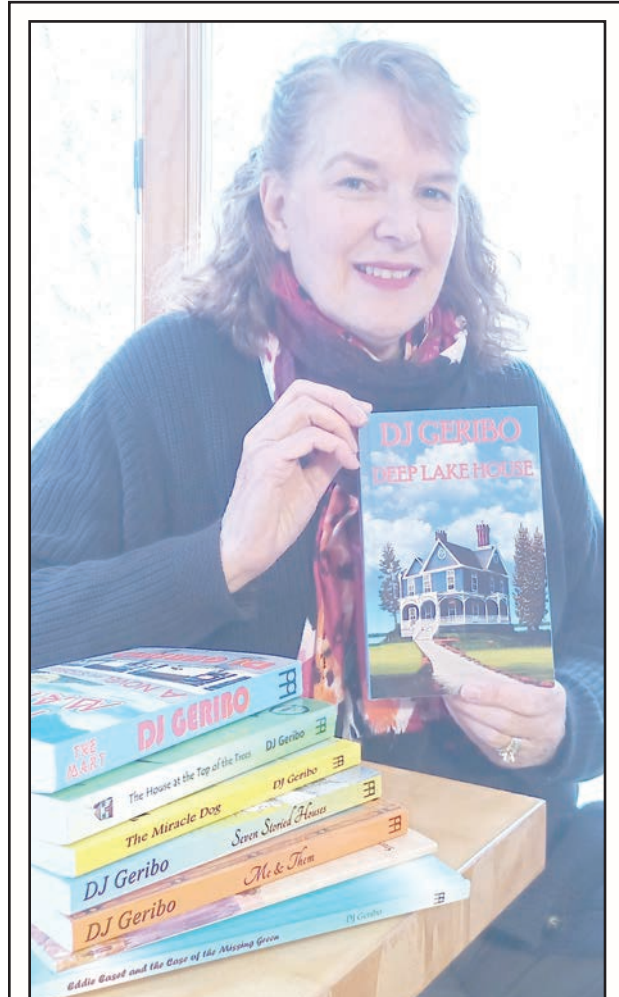
a comedy special and a funeral. Listeners can expect to laugh, weep, and reflect on their own relationships with fatherhood, mortality and grief.

Kilgour was the 2015 Grand Prize Winner of the NewSong Music Competition and a 2017 Kerrville New Folk Contest Winner, and has been featured at New York City’s Lincoln Center and The Kennedy Center in Washington DC. Her oft-noted “unapologetic lyrics” (Rolling Stone) and “master crafted indie folk” sensibilities (Billboard) are on full display in her latest collection of delicately

woven songs.

Don’t miss your chance to come see this artist live and hear more about her musical journey in this special Hermit Woods’ Loft Living Room Session experience.

Complimentary wine tasting at 5:30 p.m., Loft doors open at 6 p.m., opening set by Katie Dobbins at 6:30 p.m., Living Room Session Show at 7 p.m. Tickets, which include a complimentary pre-show wine tasting, range from \$12 to \$18 and are available on the Hermit Woods Winery website or for purchase at the door.



COURTESY

Alton author DJ Geribo, prolific writer and entrepreneur, with her eighth book, “Deep Lake House.” The book, told from the perspective of the House as narrator, highlights some of the most memorable guests who have stayed at Deep Lake House. From a train robber in the 1890s to a world-renowned singer in the 1940s and a newly married couple testing their vows of commitment in the 1970s, each character’s story lives on at Deep Lake House. Find out more about “Deep Lake House” and other books by DJ Geribo at <https://BBDPublishing.com>.

PETS OF THE WEEK



Meet Rocky

Rocky is a 3 month old male who recently arrived from Texas in search of a forever home. More information coming soon!



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Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

4		3	18
10			30
	1	9	16
20	20	24	

6	1	9
12	8	10
3	11	4

Solution

THIS DAY IN HISTORY



1834: The Free University of Brussels is founded by Pierre-Théodore Verhaegen.

1872: Susan B. Anthony votes for the first time in defiance of the law.

1996: Bill Clinton is reelected President of the United States.

Health FACT:



This is one of the first medical professionals who assists patients.

Answer: Nurse

Get Scrambled

Unscramble the words to determine the phrase.

GRITSEDREE SUERN

Answer: Registered nurse

NEW WORD

TRIAGE

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How they say that in...

- English:** Nurse
- Spanish:** Enfermera
- Italian:** Infermiera
- French:** Infirmière
- German:** Krankenschwester

Did You Know?

Nurses work in many different settings, including in hospital emergency rooms and in doctors' offices.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Nurse near ambulance

☉ ** ☽ ☺ * ~ ① ☺ * ✖ * + ☼ * ▲ ☾ * ♂ * ♀ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

CRYPTO FUN

Solve the code to discover words related to the holiday season.
Each number corresponds to a letter.
(Hint: 11= A)

A. 12 11 16 1 22 19

Clue: Come together

B. 8 11 9 23 26 4

Clue: Related people

C. 15 23 25 25 22 19

Clue: Evening meal

D. 1 13 26 23 15 11 4

Clue: Festive event

Answers: A. gather B. family C. dinner D. holiday

SUDOKU

			2					
	4							
9	7	1		6	4			5
		9				5	7	
	9	6	7					
					1			
5	6			2				9
8		5				7	1	
4				8				

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	7	1	3	9	8	5	6	2
8	2	9	5	6	4	3	7	1
5	6	3	7	1	2	8	4	9
7	5	6	2	4	3	9	1	8
1	9	8	6	5	7	2	3	4
3	4	2	9	8	1	6	5	7
9	8	7	1	3	6	4	2	5
2	3	4	8	7	5	1	9	6
6	1	5	4	2	9	7	8	3

ANSWER:

FIELD

(continued from Page A1)

over the past year, there have been ongoing discussions about making improvements to the Varsity Field. He said many of the maintenance issues show up in the winter and during the rainy season. Giovanditto said a group is working on a petition warrant article for the 2025 town meeting to make improvements on the field.

He said this is not just done in the interests of the baseball program but also community use in general from whiffle ball to birthday parties and more.

The baseball program has been raising funds to cover field maintenance and he said they out down at least \$3,000 alone on the pitching mound.

Giovanditto said in the past eight years the baseball season has gone from ending in June to ending in the middle of January. In 2019, the program has around 72 players, and as of this year, they have closer to 178 players from Gilford and Gilmanton. Giovanditto said around 500 people came out for opening day, and the crowd was five or six people deep.

The proposed petitioned article would call for redoing the base for proper drainage, putting in turf and

leaving the dirt mound, and other repairs. Giovanditto said the higher end of a possible cost would be around \$500,000. He said in the past eight years, they raised \$200,000 in private funds to put in the new dugouts at the varsity and Francoeur Fields.

Gilford Youth Baseball board member Joe Howard said he has watched his kids go through the baseball program from when they were younger and he has worked as a coach.

"I have seen so much time and energy spent into these fields and these kids that I feel like now it's a really good time for the town to step up and continue this progression," Howard said.

Howard also suggested repairing the storage building there and installing sewer to create a few bathrooms as well as a concession stand that can be used by many different groups.

Colby said the numbers show almost 20 percent of the students in Gilford are part of the baseball program. He said it would be best to upgrade the field and give the players newer facilities to help them stay competitive when they go onto college baseball.

"Anything we could do as a group here to

try and help these kids kickstart something, I just think it sells itself," Colby said.

Benavides gave some recommendations on how to word the article to inform people about how many people this program reaches. He advised putting the number of players as well as the amount of money they have raised in private donations. He also recommended that they get as many signatures on the petition as they possibly can as many voters might be more inclined to sign as well if they see many names as well as getting the petition in as soon as possible.

Selectman Chan Eddy also recommended the petitioners put together information on the article to present to the public, such as on the town website or their own Web site. He said they should get as much information to the public as possible before they consider that article among 20 to 30 other articles in a voting booth.

Kyle Sanborn said they should spread the word about this to more stakeholders, such as the Old Home Day Committee and other groups that could benefit from the improved facilities.

"We just want to make sure we kind of have that spear sharpened as we possibly can," Sanborn said.

VOLUNTEERS

(continued from Page A1)

bility to the Community Playground at Jones Field as well as trail development and town park improvements. For information contact the Parks and Recreation Department at 603-875-0109 or email parksrec@alton.nh.gov.

The Alton Old Home Week Committee is also seeking members to help plan for the town's Old Home Week festivities. To apply for the committee, fill out an appointment form and submit a letter of interest to Board of Selectmen's office, P.O. Box 659, Alton, NH, 03809. For more information call 603-875-2113 or 603-875-0229.

In Barnstead, the town's Parks and Recreation Commission is seeking new members. Members of the commission help with planning coordinating different Parks and Rec activities. There are plenty of opportunities for people who enjoy being directly involved in planning or who want to work behind the scenes. Meetings take place every second Thursday at 6 p.m. in the Oscar Foss Memorial Library. Background checks will be required. To apply for the commission, send a letter of intent to Board of Selectmen "Parks and Recreation Commission, P.O. Box 11, Center Barnstead, NH, 03225 or email

barntownhall@metro-cast.net. For more information contact the Parks and Recreation Department at 802-332-3799 or email barnsteadparks@gmail.com.

In New Durham, the Planning Board is looking for alternate members. Alternate members follow the board's activities and will take the place of board members who are unable to attend a meeting. To apply fill out a Talent Bank Application that can be found at https://www.newdurhamnh.us/sites/g/files/vy-hlif3526/f/uploads/new_durham_talent_bank_application.pdf and return it to the town clerk.



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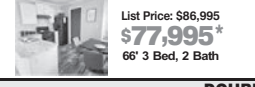



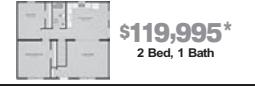



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SPORTS

Gilford girls head back to Final Four

BY JOSHUA SPAULDING
Sports Editor

GILFORD — After finishing off the first undefeated season in program history, the Gilford girls' soccer team opened the Division III tournament last week with two more wins to book a return trip to the Division III semifinals.

The tournament opened last Tuesday with the Golden Eagles dominating Mascoma with a 9-0 win. Lianna Keenan and Macy Sawyer each had three goals, Clara Thompson had two goals and two assists, Anna Coapland had a goal and two assists and Molly Allesandro, Leah Davignon, Kendal Heyman, McKenna Howard and Ava Wilson each chipped in with an assist.

Gilford scored four goals in the first half and then added five more



RC GREENWOOD

Lianna Keenan pushes the ball down the field during her team's first-round tournament win over Mascoma last week.

in the second half, controlling play the entire way, as keeper Ariaiah Dewar needed to make just one save in the net.

"This was the most complete game the girls played this year," said coach Rob Meyers. "They came out and dominated play, moving the ball quickly to

the open player.

"While this game was pretty much over in the first half of the game, we used the second half to move the ball around and really work on our one and two-touch passes.

"Lianna, Macy and Clara are really working well together and creating lots of chances for each



RC GREENWOOD

Clara Thompson circles around the ball during action against Mascoma in the opening round of the Division III tournament.

other," Meyers added.

The win sent Gilford into the quarterfinals against Trinity on Friday afternoon, with Gilford picking up the 2-0 win over the visiting Pioneers.

"While I don't think this was the best game we played this year, the girls really showed toughness and determination in tak-

ing the win," Meyers said. "Trinity put up a great fight and really worked hard to try and transition from defense to offense with long balls."

Meyers credited the defensive unit of Wilson, Addy Harris, Abby Watson and Gracey LeBlanc for their solid play on the back line.

"While we scored two, Trinity did a good job of forcing our forwards to the outside today and limited through balls and close range shots," the Gilford coach continued. "Overall, a solid win and a third consecutive trip to the Division III semifinals."

Coapland and Thompson had the goals for the Golden Eagles while Davignon had an assist and Dewar made five saves in the Gilford net.

The Golden Eagles played after deadline Monday in the Division III semifinals against Stevens with a chance to move on to the finals, which will take place on Saturday, Nov. 9, at 1 p.m. at Bedford High School.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Keenan's OT goal lifts Golden Eagles back to title tilt

BY JOE SOUZA
Contributing Writer

EXETER — The championship rematch between rivals Gilford and Berlin came one round earlier this fall, but it was a classic from start to finish.

After doing everything in their power to keep Golden Eagles star Liv Keenan from taking over and dominating the contest through three quarters, the fourth-seeded Mountaineers couldn't in the open field of the 7 vs. 7 overtime period. Finally with room to operate, Keenan cashed in as the talented senior netted the game-winner with 2:48 remaining in the extra session to send the top-seeded Golden Eagles to the state final with a thrilling 2-1 overtime win in the NHIAA Division III semifinal round here at Bill Stadium.

"It was a great game," Berlin coach Nicole Arguin. "Gilford had some amazing players, including the Player of the Year who gets the winning goal."

The Mountaineers finished with a 12-4 record (three of those losses were to Gilford).

"Berlin is one of the best teams we've played all year. We knew they would give us a game," Gilford coach Joy Southworth said. "Berlin is re-



JOE SOUZA

Members of the Gilford field hockey team celebrate after senior captain Liv Keenan, between Emma Legro (20) and Grace Southworth (10), banged home the game-winning goal in overtime against rival Berlin in the NHIAA Division III field hockey semifinal at Exeter High School.



JOE SOUZA

Gilford senior back Lilly Winward clears the ball away from Berlin senior forward Arayanna Bedard (8) and sophomore midfielder Harmony Horne in NHIAA Division III field hockey semifinal action at Bill Ball Stadium in Exeter. The top-seeded Golden Eagles won in overtime, 2-1.

lentless. Luckily our girls played with everything they had until the end. They were tired, but not ready to quit."

Keenan collected the ball at the top of the circle ahead of a Berlin defender, eluded the last line of defense and patiently waited for Berlin goalie McKenna Kelley to commit before sliding the ball

across and popping it in the back of the cage to ignite a wild celebration to the left of the cage.

"That was a beautiful goal," said coach Southworth, who knows from her own playing days.

"She was very decisive, which she knows how to be," she continued. "She handles that ball so well. She passes when she



JOE SOUZA

Gilford senior forward Grace Kelly makes a push for the offensive circle against Berlin junior Emma Rancoes during the NHIAA Division III field hockey semifinal contest at Bill Ball Stadium in Exeter. The defending champs topped Berlin in overtime, 2-1.

sees the pass is there. And when she sees the opportunity to shoot, she does. She was doubled, and triple teamed sometimes out there. But she's relentless. Her mental fortitude is amazing... quitting is not an option for her."

That ability garnered a lot of attention from the Mountaineers, who did everything they could to limit her impact on the game.

"We worked very hard because you can't give her much time, but (Keenan's) an amazing player," Arguin said. "Everyone talks about her offense, but she's great defensively. She predicts and anticipates very well. She plays the entire field. She's a great all-around player."

Regulation was a tale of two halves, with the Golden Eagles controlling play for long stretches in the opening half and the Mountaineers carrying the play in the second.

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SPORTS

Golden Eagles stopped by Belmont in tourney opener

BY JOSHUA SPAULDING

Sports Editor

GILFORD — Inches. A matter of inches is what made the difference in the opening round of the Division III boys' soccer tournament in Gilford on Wednesday, Oct. 30.

Belmont's Nathan Allard stuck out his foot and with the tip of his foot redirected a cross from Keegan Martinez into the net with less than 12 minutes to go in the game to lift the 11th seeded Belmont Red Raiders to a 1-0 win over the sixth-seeded Gilford Golden Eagles and into the Division III quarterfinals.

"It makes everything we did this season, all of the heartache, all of the tough losses and the tough times, it makes all that worth it," said Belmont coach Mike Foley. "They played the game we played the last time we played them (scoreless tie), it was a great back and forth game."

"It's a cruel game some days," said first-year Gilford coach Kevin Shaw. "It was a real tough draw, Belmont played really well at the end of the season."

Both teams had some early chances, with Gilford's Anthony Burnham getting a direct kick and sending in another ball that Jaxson Embree handled in the Belmont net. Owen Waldron had a shot blocked for the Raiders and Belmont had the game's first corner but could not convert.

Brady Thurber just missed connecting with Allard on a chance and Wyatt Carroll headed a shot on net that Gilford goalie Gavin Forest handled. Aiden Burnham made a run for the hosts that was stopped by Carroll and then had a bid that was turned away by Belmont's Landon Bormes. Martinez sent a shot over the top of the net and Anthony Burnham sent a direct kick in to Micah Javalgi, which was stopped by Embree.

Waldron had a long direct kick stopped by Forest and then Brady Fysh then missed connecting with Waldron on a chance that was cleared



JOSHUA SPAULDING

Gilford's Jared Beale and Belmont's Wyatt Bamford go after the ball during action last Wednesday afternoon in Gilford.

by Jared Beale for the Golden Eagles. Carroll made a nice defensive stop on Aiden Burnham and Anthony Burnham sent a direct kick wide of the net. Fysh sent a nice ball up to Kyle Waldron for a chance and Martinez had a bid denied by Forest.

Anthony Burnham sent a shot over the top of the net and Sam Slayton had a bid for the Raiders that Forest stopped. Christian Nunez connected with Jevan Beale for a chance and then Anthony Burnham just missed connecting with Jevan Beale on another chance. Bode McLean had a couple of runs in the zone for the Golden Eagles, but Enes Sagirili had a couple of good defensive stops and the game went to halftime with no score.

Aiden Burnham had an early chance denied by Embree and Waldron sent a shot over the top of the net at the other end. Allard had a chance that was turned back by the Golden Eagle defense and Bormes had a shot for the Raiders that Forest stopped. Javalgi sent a shot wide of the net for Gilford while Wyatt Bamford made a run at the other end, with Jared Beale making the defensive stop.

Jevan Beale had a shot go wide and Jared Beale sent a long direct kick on net. Bamford had a bid stopped by Forest and Owen Waldron's throw-in was headed on net, only to see Forest make the save. McLean made another run for the Golden Eagles and Anthony Burnham and Clark Blackwelder teamed up on a chance



JOSHUA SPAULDING

Jevan Beale controls the ball during tournament action against Belmont last Wednesday afternoon.

for Gilford that went wide of the net.

Jared Beale made a nice defensive stop on Kyle Waldron, while Sagirili made another good defensive stop. Aiden Burnham and Javalgi had chances denied by Embree and Nicolas Loeper made a run the other way that was turned back by Jared Beale. Owen Waldron sent a shot over the top of the net.

With just less than 12 minutes to go, Martinez sent the ball into the box and Allard stuck his foot out and tapped the ball past Forest and into the net, giving the Raiders the 1-0 lead. Gilford had a corner that missed the mark and then Aiden Burnham sent a cross into the box that was headed on net, with Embree making the save.

Belmont had a corner kick chance that Thurber sent wide of the net and Javalgi sent the ball in, with Embree making the initial save. The Golden Eagles put the rebound in the net, but the goal was waved off on an onsid call. Anthony Burnham had a late direct kick, but the Golden Eagles could not convert and the Raiders took the



JOSHUA SPAULDING

Bode McLean stretches out to reach the ball during action against Belmont last Wednesday.

and they took advantage of one more than we did," Shaw said. "They have nothing to hang

their heads about, they left it all out there in the second half."

The Golden Eagle coach also praised the work of Forest in net and noted the team is only graduating a handful of seniors.

"We'll be back," he said.

The Raiders went to Prospect Mountain for the quarterfinals on Saturday and dropped a 1-0 decision to the Timber Wolves to close out the season.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



KATHY SUTHERLAND

On to the Final Four

The Prospect Mountain boys' soccer team opened the Division III tournament last Wednesday with a 4-0 win over Newfound and then welcomed Belmont to town on Saturday and escaped with a 1-0 overtime win thanks to a Wyatt Bubar goal in the extra session. The Timber Wolves moved on to the Division III semifinals, which took place after deadline on Wednesday. The Division III finals are set for Saturday, Nov. 9, at 3:15 p.m. at Bedford High School. Pictured for the Timber Wolves are Isaac Casale (20) and TJ Locke (10) during the opening round win over Newfound.

Golden Eagle girls 13th at Meet of Champions

BY JOSHUA SPAULDING

Sports Editor

HUDSON — The top cross country runners from around the state gathered in Hudson on Saturday for the Meet of Champions. The race brings together the top finishers from each of the Division State Meets the previous week in Manchester.

For the girls, Plymouth, Gilford and Newfound all qualified as teams to compete, allowing them to send all their runners. Plymouth was 10th, Gilford was 13th and Newfound was 16th.

Elli Englund of Plymouth led the local runners with an eighth place finish in 18:33. Emerald Briggs of Newfound was next, finishing in 28th place in 19:33 and Moultonborough's Hailey Watts ran to 48th place with a time of 20:09. Abigail Furlan of Plymouth was 49th in 20:09.31 and

Gilford's Georgia Eckhardt placed 50th with the exact same time.

Gilford's Maria Tilley was 53rd overall in 20:15, Newfound's Ceili Irving ran to 60th place in 20:29 and Plymouth's Ella Ronci finished in 82nd place in 21:20. Claire Gervez of Plymouth was 90th in 21:31, with Alana Sawyer of Gilford in 93rd place in 21:40 and Elsa Bartlett of Inter-Lakes in 104th place in 22:16.

Athena Booth of Gilford was 109th in 22:30, Addison Alpers of Newfound was 110th in 22:31, Reagan Sutherland of Plymouth placed 115th in 22:54 and Kaitlyn O'Brien of Gilford was 121st overall in 23:17. Plymouth's Heron Hannon was 123rd in 23:20, teammate Leah Ines finished in 125th place in 23:30, Sophie Garlick-Drake of Newfound was 129th in 23:41, just ahead of teammate

Josie Halle in 23:43 for 130th and teammate Charlotte Kaempfer finished in 133rd place in 23:58. Reece Cutting of Newfound was 140th in 26:18, Abigail Taylor of Gilford was 141st in 26:20 and Tess Eckhardt of Gilford crossed in 26:23 for 142nd place overall.

For the local boys, Profile's Isaac Reeder was the top finisher, placing 25th with a time of 16:04. Tate Hayman of Plymouth was 41st overall in 16:32, Colin Foster of Newfound finished in 42nd place in 16:33 and Isaac Nudd-Homeyer of Inter-Lakes crossed in a time of 17:16 for 82nd place overall. Brady Harker of Newfound finished in 87th place in 17:27 to round out the field of local runners.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

LEGALS

TOWN OF WOODSTOCK
Request for Proposal

The Town of Woodstock is seeking proposals for *contracted water service companies* for the municipal water system. The term of the contract will be from January 1, 2025 to December 31, 2030.

Requirements:

- New Hampshire Waterworks Operator Treatment License grade one or higher
- Distribution Certification grade two or higher.
- Adequate staff to provide coverage in accordance with NHDES requirements.

The proposal should include:

- Wells (2) and pump-station checks daily
- Tank (1) inspection is bi-weekly, excluding winter months. Glass fused to steel tank approximately 830,000-gallon tank. Inspection includes checking the ladder and hatch, damage to the tank, and checking for leakage and vandalism.
- Chemical tank fill as needed
- Gate valve inspections and exercise, 250 gates, 20% of gates annually (50gates)
- Hydrants, wet checks annually
- Hydrants, dry checks annually
- Hydrant repairs
- Distribution system flushing annually
- Hydrant painting, 120 hydrants, 60 per year – The Town will supply the paint.
- Dig Safe, 25 Dig Safe events, a maximum of 25 events annually
- Collect, Transport, and Lab Fees for monthly water sampling, bacteria only (24 samples)
- Collect, Transport, and Lab Fees for required SDWA Water Sampling (exclusive of bacteria)
- Cross Connection Program
- Assume responsibility for all NHDES Reporting
- Prepare Consumer Confidence Report
- Hourly rate for additional Cost for Emergency Response 24/7
- Provide separate per each price for Dig Safe markings after the initial 25 events

The Town of Woodstock will remain responsible for:

- Quarterly Water Meter Readings
- Meter repairs, testing, and installation
- Water service turn off/turn on
- Power
- Chemical
- Heat
- Snow Plowing
- Winter Hydrant Clearing

Submit a proposal to the Select Board's Office
PO Box 156, N. Woodstock, NH 03262

- On or Before November 20, 2024
- Mark Envelope **Water Contracted Services**

Contact Michael Welch, Director of Public Works, at publicworks@woodstocknh.gov or 603-348-8783 for more information or to schedule a site visit.

GHS theater rehearsing for "Anything Goes"



ERIN PLUMMER

The cast of the coming Gilford High School musical "Anything Goes" rehearses before the show opens in a few weeks.

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — The cast of the upcoming Gilford High School production of "Anything Goes" has been working hard and challenging themselves to bring the show to life in a few weeks.

GHS theater will present the classic musical "Anything Goes" on Nov. 15 and 16 and 23 and 24 at 7 p.m. at the GHS Auditorium.

In the last few weeks before the show the cast has been polishing their performances.

Senior Luc Martin plays the main character Billy, who is on a business trip while also falling for an heiress on board. Martin described Billy as a "relaxed" person.

"He's kind of a ladies' man," he said. "I've played a few characters like him, but he's kind of his own thing."

Senior Hunter Bell plays Reno, a nightclub singer with feelings for Billy and some interesting friends.

"She's a very big personality," Bell said.

She said she hasn't done a character like this before and it has been fun taking on some challenges.

"They have these big vocal holds that are tricky, but it's always fun," Bell said.

Senior Jackson Blendowski plays the Captain. He described the Captain as someone who loves his ship and is trying to get more celebrities onboard.

The students said the choreography was challenging but fun.

"I call it a good cardio workout," Martin said.

Blendowski said there has been a lot of tap dancing involved. Martin he used to tap dance and this is the first time he has done it in a while. Martin and Bell said they learned some new dances while working on the choreography. Bell said she learned how to tango and Martin said he learned how to waltz and do the Charleston.

Martin also said choreographer Heidi Noyes-Bourgeois brought

great energy to the process.

"I say that we're not really there yet as a cast, but we're getting there," Bell said.

Blendowski especially recognized the student teacher known as Miss H who has been working with the production.

"She's been able to kind of connect with the students a bit more," he said.

Bell said the process of working and gelling together has been like a sports team.

Blendowski said this production has been working with a smaller cast with fewer seniors.

The show itself is older and based in the 1920s. Blendowski and Martin said they didn't understand a lot of the references and Martin also said he likes the songs. Bell said

she has been using "Hey Dolly" as a reference and said learning Reno's accent has been a challenge.

The students said the production is going pretty well so far.

"We're doing pretty good for where we are," Martin said. "We're doing a lot better than where we were last year."

Bell said this time last year they weren't as prepared as they are now.



COURTESY

During the two weeks leading up to our Homecoming dance this year, the Kingswood Regional High School Student Council accepted canned goods in exchange for ticket fees for admission. Last Monday, LIFE Ministries visited the high school and received many boxes of canned goods to include in their weekly distribution of meals to more than 200 families in the Governor Wentworth community. In addition to dry goods, Student Council made a monetary donation to LIFE Ministries in an effort to fill any voids for needed items.



COURTESY

Final weekend

Ursula (Natasha Kharitonov) makes an impression on Conrad Birdie (AJ O'Neil) during the Village Players production of "Bye Bye Birdie." The show will be on stage at the Village Players Theater in downtown Wolfeboro on Friday, Nov. 8, and Saturday, Nov. 9, at 7:30 p.m. and Sunday, Nov. 10, at 2 p.m. Tickets are available at village-players.com, at Black's Paper and Gifts in downtown Wolfeboro or at the door, while they last.



COURTESY

Calise Houle (center), owner/manager of Happy Cow Ice Cream Shop, presents a check to Lakes Region Scholarship Foundation which represents a portion of proceeds from sales over the Oct. 18 weekend as part of LRSF's Annual Lakes Region Pumpkin Figure Contest. Happy Cow has been an avid supporter of this annual fundraiser. Receiving the check from Houle are Chris Guilmet (left), Assistant Director of Lakes Region Scholarship Foundation, and Karen Switzer (right), Executive Director of Lakes Region Scholarship Foundation. Photos of all the displays of LRSF's Annual Lakes Region Pumpkin Figure Contest can be seen on the Pumpkin Figure Contest page of their Web site at www.lrscholarship.org.

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Stay Safe! Stay Healthy!

Wash your hands!

Happy Thanksgiving!