THURSDAY, FEBRUARY 6, 2025

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FREE

GILFORD, N.H.

Alton voters will decide on \$18 milllion school budget

BY ERIN PLUMMER

mnews@salmonpress.news

ALTON — Voters will decide on a school budget of around \$18 million with school officials managing declining enrollment numbers and trying to keep costs down.

Alton's school deliberative session took place on Feb. 1 at Prospect Mountain High School. The business portion of the meting lasted less than half an hour. All proposed warrant articles will go on the warrant as is with no one making any comment.

proposed school operating budget for the coming school year us \$18,096,405, an increase of around 1.8 percent from the year before. Of this amount, \$4,934,204 is the net appropriation for PMHS. If the school budget fails, the default budget will be \$18,046,784.

Superintendent Tim Broadrick said the biggest issue facing Alton schools is enrollment. He said enrollment has been steadily declining at PMHS, going down 23 percent in the past 10 years and more in years prior. Broadrick

said Alton students will account for less than 50 percent of the population at PMHS next year. While Alton students have made up less than 52 percent of the student population, that amount will likely be closer to under 48 percent next year. He said this will impact apportionment Barnstead taking on some more costs.

Broadrick said the board has been working to find solutions to the enrollment issue and focusing on per pupil cost. He said Alton has been spending more per pupil than the state average and the district has been working on bring that down. He said the schools have been working with the

town and engaging the community as well as putting a cap on per pupil costs. Around the 2020-2021 school year, Alton was spending

percent more than the state average, a number that was brought closer to 17 percent in recent years.



Courtesy **Emma** Barnstead is only a first grader, yet she's already read 500 books before Middle School. No wonder she looks so happy! Congrats, Emma. Keep reaching for the sky!

Gilford school deliberative session this Thursday

BY ERIN PLUMMER

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GILFORD — The Gilford School District's deliberative session is this Thursday with voters deciding on a \$31 million budget.

The school deliberative session will take place on Thursday, Feb. 6, at 7 p.m. at the Gilford High School Auditorium.

School officials discussed the proposed budget during the budget hearing on Jan. 16.

This year's proposed school budget is \$31,318,370, an increase of 3.09 percent from last year. If the budget article fails, the default budget will be \$31,171,420.

One of the biggest budget increases this year is salary adjustments. The budget has a \$610,345 increase for salary adjustments for administrators, teachers, and support staff. There is also an increase of \$422,647 in benefit adjustments including health, dental, and the New Hampshire Retirement System.

The budget also factors for a \$282,245 increase in bond payments.

This year's proposed budget also reflects some decreases including \$348,868 savings in electricity after lights in the school building were changed to LED. There was also \$129,174 savings on the roof repair project at the Meadows.

Several building projects are proposed for this school year.

The largest cost is \$136,424 for projects at Gilford Elementary School including redoing the cupola, café tables, flooring, and gutters.

Another \$113,349 is proposed for projects at Gilford High School including new air conditioning controls, basketball hoops, a new wall panel in the art room, and new tables in the cafeteria.

Gilford Middle School will receive \$92,916 in work including work on the counter tops, café tables, and basketball hoops.

The SAU office will receive around \$36,495 in work including a new mower, gutters, and air conditioning control.

Work will begin on a new phase of the Meadows project with a cost of \$61,526. Work will be done in the roof at Building 3 as well as on the fence and water filter.

Other warrant articles would put money aside into different capital reserve funds with money coming from the surplus fund balance.

Article 3 would put \$300,000 into the School Buildings Maintenance Capital Reserve Fund.

Article 4 would put \$100,000 into the School Buildings and Roof Maintenance Capital Reserve Fund. The next anticipated roof project is replacing the Gilford Middle School roof around 2038 for projected cost of around \$1.7 million.

Article 5 would put \$25,000 into the School Buildings Technology Infrastructure Capital Reserve Fund. One project that is coming soon is replacing the host server Web filter.

Alton voters will decide on contested races

BY ERIN PLUMMER

mnews@salmonpress.news

ALTON — Voters will decide on three contested races while the remainder of town and school offices will be uncontested.

Alton voters will decide on candidates for town and school offices as well as warrant articles during town meeting voting on Tuesday, March 11. Voting will take place at Prospect Mountain High School from 7 a.m.-7 p.m.

Five candidates have filed for two open threeyear seats on the board of selectmen. Current selectmen Paul LaRochelle and Andrew Morse are running for reelection against Robert Flannery, Mark Manning, and Brock Mitchell.

Three candidates are running for two open

Trustees, each with a three-vear term. Sarah Hill and Kristine Simone are running for reelection against Jason Ray Sank.

The rest of the offices are uncontested.

On the Budget Committee, Jill Houser and incumbent Elizabeth Varney are running for the two three-year positions and Harold Shurtleff is running for the two-year position.

For the two open three-year seats on the Planning Board, Mark Manning and Bill O'Neil are both running for reelection.

Tom Lee and Tim Morgan are seeking reelection to the two open three-year seats on the Zoning Board.

Carole Ingham is run-

spots on the Library ning for town Treasurer with a two-year term.

> Thomas Divney is running for another three-year term as Trustee of the Trust Funds.

> Valerie Tarbell is running again as Supervisor of the Checklist for a fiveyear term.

For the Alton School District, three candidates are running for open three-year positions on the school board. Incumbent Anne Pierce is running as is Jason English and Michael Folan.

Linda Roy is seeking another one-year term as School Clerk.

No candidates filed for the offices of School Moderator and School Treasurer, each carrying a one-year term. Those offices will be decided by write-in votes.

Golden Eagle boys and girls win giant slalom at Gunstock



Ben Wolpin races in the giant slalom last Friday morning at

GILFORD — The Gilford alpine boys and girls both won the giant slalom during Friday's race at Gunstock. The Golden Eagles placed second in the slalom behind Kingswood.

Gunstock.

Sports Editor

BY JOSHUA SPAULDING

Mckenna Howard led the Gilford girls in the morning giant slalom,

finishing in third place in 57.73 seconds and Riley Coutts skied to fourth in 58.29 seconds. Lily Bishop was fifth overall in 58.78 seconds and Emilia Burlock finished out the scoring with a time of 1:01.02

JOSHUA SPAULDING (Right) Riley Coutts powers through the giant slalom during Gilford's race at Gunstock last Friday.



Emilia Burlock skis for the Gilford alpine team during last week's race at Gunstock.





Elliott Warren makes his way through the Gunstock giant slalom course during last week's meet.

for seventh place.

Camryn Coutts was 18th in 1:07.96, Ava Lien skied to 20th in 1:08.21, Brook Baron was 22nd in 1:09.1, Josie Arrighi was 32nd in 1:20.52 and Alicia Lyman finished in 35th place in a time of 1:27.09.

In the afternoon slalom it was Howard finishing in second place to again lead the Golden Ea-

gles with a time of 57.78 seconds. Riley Coutts was third overall in 1:03.13 and Burlock sked to eighth place in a time of 1:12.09. Lien finished out the scoring for Gilford with a 14th place finish in a time of 1:19.05.

Baron was 18th in 1:22.8, Arrighi finished in 24th place in a time of

SEE ALPINE, PAGE A8

Alton Parks and Recreation Community Connection

11.

Beginner Hatha Yoga with Pamela Mott, 500 YTT certified

The Alton Parks and Recreation Department is sponsoring a Beginner Hatha Yoga: 5-Part Series with Pamela Mott, 500YTT, on Sundays at 9 a.m. at the Alton Bay Community Center starting Sunday, Feb. 23. Each class will be 60 minutes with an introduction to basic poses, sequences and meditation. Dress in comfortable clothing. If you have been curious how yoga can fit into your life try this session and bring a friend. Please bring a mat and/or block if you have them. This is a good opportunity for those recovering from injuries or illness to get back into life. \$45 for all 5 classes or drop in for \$10/class. Pre-registration is preferred, text Pamela Mott at 603-393-0595 for further information. Cash and Venmo accept-

Skate Night at Mill Pond

Join the fun at Skate Night on Friday, Feb. 7 (weather permitting) from 5-7 p.m. at the Alton Outdoor Ice Rink located on Mill Pond, across from

the Fire and Rescue Department on Route 140. Night time skating under the lights with a warm campfire on land. This event is free for all ages. Sponsored by the Alton Fire Department and Parks and Recreation. Bring your own skates. Skates collected from the Ice Skate Swap will be brought to the event for people to use and/or take home. For more information contact parksrec@ alton.nh.gov or 603-875-

Ice Skate Swap

The Alton Parks and Recreation Department is sponsoring an Ice Skate Swap for Alton residents now through Feb. 28. Stop by to see what we have collected and take what you need or donate your ice skates in good condition to the Swap. The Ice Skate Swap is available at the Parks and Recreation office at 328 Main St., 8 a.m.-4 p.m., Monday-Friday. more information contact 603-875-0109 or parksrec@alton.nh.gov. Public Ice Skating is available thanks to the Alton Fire and Resue Department at the outdoor skating area on Mill Pond, weather

New Durham Historical Society kicks off 2025 with General Store program

NEW DURHAM — The New Durham Historical Society is excited to kick off 2025 with a program to be held Feb. 13 at 7 p.m. in the New Durham Public Library, 2 Old Bay Rd. The program, entitled "The General Store," features guest speaker and proprietor Darryl Misiaszek, who, along with his family and staff, works tirelessly to provide essential goods and services to our greater community.

We extend our utmost

gratitude to Misiaszek for his willingness to share experiences as a local business owner and provide insights on what it takes to maintain a successful store with multi-generational roots in New Durham. Should you need additional information feel free to contact President Cathy Orlowicz, cathyo@tds. net, or Vice President, Mark McFadden, mcfadden62@hotmail.com. In the event of inclement weather, the program is

subject to cancellation.

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Alton Bay Winter Carnival-**Warming Hut**

There will be a Warming Hut on Sunday, Feb. 16 from 10 a.m.-1 p.m. at the Alton Bay Community Center located at 58 Mt. Major Highway, across from Pop's Clam Shell. Stop by during the Winter Carnival and warm up in the cozy space by playing a game or making a craft. This event is free and all ages are welcome. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@ alton.nh.gov. Restrooms during Winter Carnival will be available next to Shibley's Drive In. Parking is available along Mt. Major Highway/Route

Holistic Health Workshop Series-

Reiki Discussion The Alton Parks and Recreation Department and Gilman Library are sponsoring a Holistic Health Workshop Series in 2025, and the first topic is a Reiki Discussion and the natural benefits of energy healing. Join Reiki Master Teacher, Carol Wallace at the Gilman Library on Thursday, Feb. 20 from 1-2 p.m. in the Agnes Thompson Meeting Room. The discussion will cover an overview of Reiki, and how the energy healing practice can aid in the promotion of physical, emotional and

mental well-being. If you

are interested in natural

remedies and holistic

healthcare, this is a good topic to explore. This program is free. Please RSVP to 603-875-0109 or parkrec@alton.nh.gov by Feb. 18 to reserve your seat. The next topic in the series is March 20 from 1:30-2:30 p.m. featuring a presentation on Holistic Wellness and Nutrition with Wellness Nurse and Functional Nutritionist Sandy Powers, RN.

Weight training classes — Mondays

and Wednesdays The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Guided meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays: Feb. 13 and 27 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. The program is free, drop in and give it a try. For more information, contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Lakes Region Chamber invites you to ribbon cutting for Winnipesaukee Self Storage LLC

GILFORD The Lakes Region Chamber is excited to invite the community to a special Ribbon Cutting Ceremony celebrating the grand opening of Winnipesaukee Self Storage LLC's brand-new facility, located at 1477 Lake Shore Rd., Gilford, NH 03249. This exciting event will take place on Friday, Feb. 7 from 8:30-10:30 a.m., and admission is free for all attendees.

The event will feature an official ribbon-cutting moment, opportunities to explore the state-of-theart self-storage facility, and the chance to connect with local business professionals and community members. Guests will also enjoy light refreshments as they learn more about the services offered by Winnipesaukee Self Storage and how the facility supports the growing needs of the Lakes Region.

"The Lakes Region Chamber is proud to welcome Winnipesaukee Self Storage LLC as a valuable addition to our business community," said Karmen Gifford, President of the Lakes Region Chamber. "This event is a fantastic opportunity to celebrate local business growth, network with community members, and explore a facility that offers essential services to our region."

Whether you're a local business owner, resident, or just curious to see the new storage facility, we encourage you to join us in celebrating this milestone. Come network, explore, and be part of this special occasion!

For more information, please contact the Lakes Region Chamber at 603.524.5531 or visit LakesRegionChamber. org. Join us for an exciting day of celebration and community connection.

We can't wait to see you there!

About Winnipesaukee Self Storage LLC

Winnipesaukee Self Storage LLC provides secure, convenient, and modern storage solutions for residents and businesses in the Lakes Region. With a commitment to quality service and customer satisfaction, the facility offers a variety of storage unit sizes and features designed to meet the needs of the growing community. Learn more at WinniSelfStorage.com.

University of Rhode Island names area students to Fall 2024 Dean's List

KINGSTON, R.I. — The University of Rhode Island is pleased to announce that several area students have been named to its Fall 2024 Dean's List. Among them

Lindsey McCullough of Alton Bay

Lily Rapoza of Alton

To be included on the Dean's List, full-time students must have completed 12 or more credits for letter grades which are GPA applicable during a semester and achieved at least a 3.30 quality point average. Part-time students qualify with the accumulation of 12 or more credits for letter grades which are GPA applicable earning at least a 3.30 quality point average.

Students named to the Dean's List represent nearly all of Rhode Island's cities and towns, all six New England states, New York and New Jersey, and many other states and countries.

About the University of Rhode Island

The University of Rhode Island is a diverse and dynamic community whose members are connected by a common quest for knowledge. As a global education leader and the state of Rhode Island's flagship public research institution, URI offers distinctive opportunities designed to meet the global challenges of today's world and the rapidly evolving needs of tomorrow. Founded in 1892. URI now enrolls more than 18,000 students and offers more than 200 degree programs across nine schools and colleges. As a land- and sea-grant institution, URI is a key driver of economic development in Rhode Island and contributes significantly to the health and vitality of the state, the New England region, and the nation. To learn more, visit: uri.edu.

Gilford Parks & Rec hosting bus trip to Celtics game

GILFORD — The limited; a registration Gilford Parks and Recreation Department is sponsoring a bus trip to Boston to see the Celtics take on the Portland Trailblazers on Wednesday, March 5! The cost of the trip is \$130 per person, and includes round trip motor coach from Gilford and your ticket

Our deluxe motor coach will depart from the Gilford High School at 4 p.m. for the 7 p.m. game. You will have time to visit the pro-shop and get dinner on your own prior to the game. Seats are

form must be completaccompanied by payment and tickets non-refundable. The Registration Form and Flyer for the event can be found on the Parks & Recreation

— The Town of New

Durham has announced

two more additions to

its police department

this week. Joining Po-

lice Chief Eric Millar,

who reported to duty

on Jan. 27, are Patrol

New Durham PD

Department's site, www.gilfordrec.

For more information, please contact the Gilford Parks & Recreation Department at 603-527-4722.

(Section 323 in the Balwelcomes new staff cony Section) to the Forest Pump & Filter Co. game. NEW DURHAM

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Officer Michael Volpe and part-time Administrative Assistant Robert Fitzsimmons.

Volpe has worked in Dover, where he received that department's Exceptional Service Award and was honored as Traffic Officer of the Year, and more recently, Middle-

Fitzsimmons worked in law enforcement since 1985, including as Deputy Chief with the Boston Transit Police Department and deputy with the Strafford County Sheriff's Office.



Gilford Community Church welcomes new members

Gilford Community Church continues to grow, recently welcoming seven new members, including Tom and Melissa Fullerton, Charlotte "Char" Landow, Charles Kellogg, Linda Farrell, Kathy Killeen and Patty Amora-Pender.

Melissa Fullerton's parents, Betty and Shel Kennedy, were members of the Gilford Community Church in the 1980's & 90's, until their passing in 1998 &

"Whenever Tom & I (and the kids) were here visiting, we attended GCC with them



Injured hiker rescued from Mount Belknap

BY ERIN PLUMMER

mnews@salmonpress.news

GILFORD — A Belmont woman was rescued from Mount Belknap after hurting her ankle while hiking.

According to a statement from NH Fish and Game, 67-year-old Patricia Cole of Belmont was hiking on the Red Trail on Mount Belknap on Jan. 27 with two friends. While descending the trail around two miles form the trailhead she slipped on ice and injured her ankle. Cole tried to continue down the trail on her injured ankle, but was unable to come down on her own and the group

called for help.

NH Fish and Game was notified about the incident around 12:30 p.m. and rescuers from the Gilford and Alton Fire Departments went to the scene along with members of Lakes Region Search and Rescue.

Rescuers reached Cole's location, stabilizing her injury and putting her in a rescue litter. A side-by-side OHRV carried her down the trail and she arrived at the trailhead around 4 p.m. Cole was then transported by ambulance to Concord Hospital - Laconia for treatment.

hiking partners were well prepared for the conditions including bringing a bivy sac, warm clothes, and a hike safe card, it is important to note that winter conditions including deep snow and ice are present in the mountains." Fish and Game said in a statement. "Anyone venturing out should be equipped with micro-spikes, snowshoes,

and extra layers." Fish and Game recognized the work of Lakes Region Search and Res-

"Lakes Region Search and Rescue is a highly "While Cole and her skilled volunteer search and rescue organization whose members work hard to maintain the skills and equipment necessary to carry out rescues across the state," Fish and Game said in

their statement. Lakes Region Search and Rescue is a nonprofit organization that is accepting donations through the New Hampshire Outdoor Council at www.nhoutdoorcouncil.

Anyone doing outdoor recreation is also encouraged to purchase a Hike Safe Card to support Fish and Game's search and rescue operations. Hike Safe Cards can be purchased at http://www. wildnh.com/safe. more information on hiking and equipment tips from NH Fish and Game visit hikesafe.com.

Seated left to right: Tom Fullerton and Charlie Kellogg; Standing left to right: Melissa Fullerton, Charlotte "Char" Landow, Linda Farrell, Patty Amora-Pender and Kathy Killeen.

if possible. My parents loved the church," she

said.

"When Tom and I decided to move back to New England after we retired, we knew we wanted to find a church and a community to belong to. We read about a few other churches, but GCC stood out to us because of the outward focus & inclusiveness of the church. It is truly a community church that welcomes everyone, and that is very important to us," added Fullerton.

"We both look forward to getting to know more people in the church and figuring out how we want to help in the many ministries GCC supports."

Located in Gilford at 19 Potter Hill Rd.. Gilford Community Church (GCC) is an inclusive, open community that welcomes believers and doubters, seekers and skeptics, young and old. Viewable live on Facebook, Sunday service takes place at 10 a.m.

Alton, New Durham Parks & Rec sponsor February Vacation trip

ALTON — The New Durham and Alton Parks and Recreation Departments are sponsoring a Trip to Lego Discovery Center in Somerville, Mass., followed by a stop at Cowabunga in Manchester on Tuesday, Feb. 25.

Explore endless creativity and hands-on fun at LEGO Discovery Center then the group is off to Cowabunga- an indoor inflatable playground. Children under 16 must be accompanied by an adult.

Bus leaves New Durham please arrive by 7:45 a.m. to check in. Bus returns to New Durham Elementary School at 4:30 p.m. \$23 per person, includes

transportation and admissions. Bring a bag lunch and be ready for a great day. Register online at New Durham Parks and Recreation Web Site Elementary or by mail/in person at

School at 8 a.m. sharp; the Alton Rec Office by Feb. 17. Space is limited, sign up early to guarantee a place. Contact parksrec@alton.nh.gov for more information.

Prospect Mountain NHS hosting Second Annual "Fishing for Freedom" derby

BARNSTEAD — The Second Annual "Fishing for Freedom" is an ice fishing derby being held by Prospect Mountain High School's National Honor Society. It is a chance to give back to our community and support our veterans, with all proceeds going to Veterans Count by Easter Seals NH.

Saturday, Feb. 15 on Suncook Lake between 6 a.m. and 3:30 p.m. for a day full of fun fishing with the opportunity to win huge 1st, 2nd, and 3rd place prizes for each target species, for both child and adult brackets. Please come out to support the National Honor Society, our com-

We ask you to join us munity, and our Veterans by participating in the derby!

Tickets are \$15 each, all proceeds go to Veterans Count, they will be sold the morning of. Parking at the public beach on Upper Suncook, and some additional parking at the bridge on Narrows



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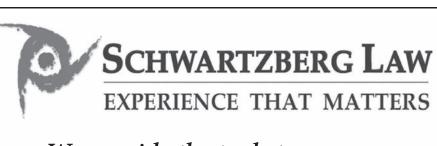
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We Will NOT be Undersold

Opinion

Slow down—technology is stealing your time

We live in a time where technology promises to make life easier, yet somehow, we have less time than ever. Every advancement, faster Internet, instant messaging, smart devices, claims to free up space in our schedules, but instead, we're drowning in notifications, endless emails, and a to-do list that never seems to go away. Life has become a constant cycle of "work, work, work," and the simplicity many of us grew up with feels like a distant memory.

Think about it: technology was supposed to cut down on the time we spend working. Instead of making things easier, it has made us always available, always connected, always doing something. The lines between work and personal time are blurred, and instead of freeing us up to enjoy life, our devices keep us tethered to obligations. We're answering emails at dinner, checking texts before bed, and scrolling through social media when we could be outside, catching up with friends, or just doing nothing for a change.

Somehow, we've been tricked into believing that productivity equals worth, that every spare moment should be filled with checking off tasks. Half the time we spend responding to "urgent" messages, organizing digital clutter, or trying to keep up with the latest trends is time wasted. The hours we lose staring at screens, overthinking schedules, and squeezing in one more thing could be spent actually

Remember when life was simpler? When fun wasn't something we had to "schedule," but something that just happened? As kids, we didn't check emails or try to multitask joy. We just had fun riding bikes, playing outside, having actual conversations without checking our phones every five minutes.

It's time to reclaim some of that simplicity. Give yourself permission to step away. Carve out time not just to cross things off your to-do list, but to breathe, to laugh, to enjoy. Be deliberate about setting boundaries with work and technology. Put the phone down. Close the laptop. Go outside. Call a friend instead of sending a text. Spend an afternoon doing something just because it makes you

Life isn't just about being productive. It's about being present. The world won't fall apart if you take a break. And when you do, you might just realize how much time you've been wasting trying to keep up with a pace that was never meant to be sustainable in the first place.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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TO SUBMIT A LETTER TO THE EDITOR: E-MAIL:

E-MAIL: brendan@salmonpress.news

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RC GREENWOOD

Gilford boys

Brendan Baldi fires off a shot during Gilford's loss to Belmont last week. The Golden Eagles will be at Conant on Friday, Feb. 7, at 6 p.m. and will be at Newfound on Tuesday, Feb. 11, at 6 p.m.

NOTES FROM WINDY HOLLOW

Watching

At around sunrise this morning, I looked out my bedroom window to see a whole mess of deer tracks in the new snow. They were coming over the stone wall and up to the house to pick anything green that may be left over on my broccoli plants. I knew that's what would happen after the first appreciable snowfall. It's an annual event.

I scoped out the rest of what I could see out back and it was trackless. Then I went out to the front of the house to clean off and move my car. There I saw many more sets of tracks out there. The deeries are certainly roaming around looking for any food that's not hidden under the snow. Late in the afternoon I glanced out back again and there were lots more tracks where there wasn't any this morning.

Looking outside, it looks very winter like. It's all white, but that's pretty deceptive. It's a pretty thin coating that could disappear in a day. Luckily, it's been cold. Hopefully cold enough to interfere with the life cycles of ticks and other invasive species hiding in the grass and trees.

the lakes and ponds. The only frozen water airport in the lower 48 states in Alton Bay is back in business after a few years off. Pond hockey and ice racing should be back again too, along with all kinds of bob houses. It's nice that at least the cold is back.

I once went down south during the winter season and it was so different from what I was used to, vegetation all died off and cold. There was no skiing or skating, nothing to hamper hiking about. The major issue on the roads was black ice. I watched a couple of vehicles proving Newtons laws of motion as they slid off the sides. Now the news tells me that they got eight inches of snow the other day in Florida. We only got five up here, and we

When I grew up, there vere always mountains of snow. Never a shortage on that account. There was a year in the late seventies that we had not much snow all winter, but other than that one, everyone had plenty of winter play time.

I've always loved this

There is lots of nice ice on regularly varying pallet of things to play. The only marginal one I can think of is mud season. When I was a boy, it may have been fun damming imaginary rivers and slopping up mountains of mud, but these days I don't find that to be much fun. One year I remember needing to make a roadway out of lots of planks as our drive ceased to be passable. Everybody got good at knowing where their tires were at all times. A good talent to have. Don't want to slip off a plank.

For me, that has to be the worst season of the year. Lots of places only have four seasons. We have five. Here we have what they call frost, where the ground freezes down deep under the ground during the winter. In the spring, when everything thaws and melts up on top, the frozen layer below the ground seals any water from passing through. Leaving everything topside to squander in the muck.

I'm watching the lack of snow and the cold temperatures knowing that this foretells of a severe mud season. The only

savior would be having no snow to melt. We usually get clobbered in late March though. Just in time to close the ski season down. The conditions can be spectacular but all the skiers that would come up from down south are looking at trees budding and no longer thinking much about shushing down slopes. If we do get a deep frost, sapping should be good.

Today was a nice day. I went for a walk with a friend out around the ice runway and watched the planes taking off and landing. Cars and trucks, snowmobiles and gators cruised around the area. Scores of humans and their dogs wandered the scene, taking pictures and checking out the bob houses with their tip ups. Are you catching anything other than a winter tan and some fresh air?

There's still enough weeks left in this winter season for it to totally transform into some totally unexpected surprise. I'll enjoy watching it as it develops.

E.Twaste

Correspondence welcome at edwintwaste@ gmail.com



POINT OF LAW

Is your estate plan current and properly funded?



BY ATTORNEY ORA SCHWARTZBERG

Plymouth

Life can change rapidly, sometimes without your noticing. Your Will, Trust or "No Plan" might have been perfect back then, but laws, people and relationships can evolve,



in ways that matter. People die and people are born. Laws change

frequently.

Another thing to take into consideration is how your assets have grown or changed in form. Some of these events could cause you to want

to make changes to your estate plan, whether it be, "ever so small" or major reconstructions.

estate plans include the following primary documents: Revocable Living Trust, Pourover Will, Financial Power of Attorney, Health Care Directives and HIPAA authorizations.

It is important that all your real estate, bank and investment accounts, are either owned by your Trust or name your Trust

as a beneficiary. Retirement Accounts cannot be owned by your Trust but they can name your Trust as the beneficiary.

Once all these primary documents have been signed by you, it is your responsibility to make sure your Trust is properly funded, and that it continues to be properly funded, for the rest of your life.

The purpose of having a properly funded trust is to avoid the expense and inconvenience for your heirs to have to probate your estate.

Letters to the Editor

We need your input!

To the Editor:

Attention all Alton residents! The Friends of Alton, NH Parks & Recreation needs your help and advice. We are working with the Alton Parks & Recreation Department to help support fundraising efforts to improve the health and quality of life of all Alton residents and visitors. Our current project focus is on our parks/playgrounds.

We are very interested in hearing your thoughts such as what playground improvements are important to you and your friends and family. Whether that is enhanced playground equipment for all ages, including fitness equipment and paths for seniors or some other desire, your input is highly valued.

We are currently conducting a community online survey to gather information that will make it easier for us to meet the needs of the community, plan our next steps and have a successful fundraising effort. The survey can be found by following the link on either the Town website, Alton's Gilman Library webpage (in person assistance available by library staff), our website friendsofaltonnhparksrec.org, or on posts found on our town's Facebook pages. The deadline to complete the survey is Feb. 21... so please don't delay.

Thank you for your attention to this small but im-

portant opportunity.

Jill Houser Alton

The Everywhere Man returns to Gilman Library Feb. 12

ALTON — The Everywhere Man, a.k.a. Philip Reilly, returns to the Gilman Library Preschool Story Time as a guest reader for story hour at 10:30 a.m. Wednesday, Feb. 12. On this special day, in addition to reading, he will also entertain with some of his magic tricks.

Philip has both performed as the Everywhere Man and has

art class, "Sketch with Phil," at the Gilman Library, and has been very well-received by all ages. He has entertained as the Everywhere Man at several local libraries and senior centers, performing magic tricks, or singing and playing guitar for all ages, from preschoolers up to retirement age.

also taught a children's his interview with Jane Cormier, host of Artful Living, on NH Talk Radio a little over a year ago. You may have heard his performances at one of the Farmer's Markets or heard his street music last summer, in any of the neighboring towns. You might have recently watched his acting on stage in any number of plays in Perhaps you caught the local small theater

groups. If you have not had the pleasure of seeing his unique style of entertainment, through music, song, dance, art, or magic, join us for Preschool Story Time at 10:30 a.m. on Wednesday, Feb. 12, and meet the Everywhere Man.

In other library news, Theater Thursday begins at 1 p.m. on Feb. 6, the Friends of the Gilman Library meet the same day at 3 p.m. Don't forget that the two Friends Raffles "A Sweet Tooth's Resolution" and "Light Up the New Year," will both be drawn on FriStitch meets every Saturday at 11 a.m.

Alton Book Chat is discussing "We Begin at the End" by Chris Whitaker, at 7 p.m. on Tuesday, Feb. 11, and our kids' science club, Sm-Ar-Ti-Es, meets at 4 p.m. on Wednesday, Feb. 12. Please register at least two days in advance to reserve your supplies for the meeting. The Alton Parks and Recreation Third Thursday Event is a Holistic Health Workshop Series Reiki Discussion with Master Teacher Carol Wallace, scheduled from 1

day, Feb. 7. Sit and to 2 p.m. on Thursday, Feb. 20. Please register by Feb. 18.

We have the 2024 Tax Forms at the Gilman Library and a reference tool, JK Lasser's Income Tax 2025: for preparing your 2024 tax return. You may also use any of our four public access computers to print out special forms from IRS.gov or even do your taxes online. While you are here, be sure to browse our other new books and DVDs and reward yourself with a relaxing evening. See you at the library!

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from Jan. 13 to Feb.

Cherish McLellan, age 35, was arrested on Jan. 15 for Disobeying an Officer and DUI-Impairment.

Amanda L. Heathcote, age 32, and Robert A. York, age 43, were arrested on Jan. 15 for Criminal Trespassing.

Kyle P. Fugate, age 40, was arrested on Jan. 16 for Domestic Violence-Simple Assault causing Bodily Injury, Domestic Violence-Violation of a Protective Order, and multiple counts of Violation of a Protective Order.

Jeremiah M. Aitken, age 27, was arrested on Jan. 16 for Driving After Revocation or Suspension of license.

A 42-year-old male was taken into protective custody on drug-related charges on Jan. 17.

Jeremy C. Barton, age 53, was arrested on Jan. 17 for driving after suspension of vehicle registration and driving after revocation or suspension ment and Possession of a of license. Janelle D. Moulton, age 37, was arrested during the same incident for Obstructing Government Administration and in connection with a warrant.

Elizabeth A. Maglio, age 38, was arrested on Jan. 18 in connection with a warrant.

James F. Oliver, age 69, was arrested on Jan. 18 for driving after revocation or suspension of license.

Robert Ola Burgess, age 39, was arrested on Jan. 20 for driving after revocation or suspension of license due to DUI.

Tom Alley, age 74, was arrested on Jan. 22 for driving after revocation or suspension of license.

Danny Michael Chasse III, age 22, was arrested on Jan. 23 in connection with a warrant.

Thomas W. Drouin, age 49, was arrested on Jan. 24 for driving after revocation or suspension of license.

Samantha S. O'Brien, age 33, was arrested on Jan. 24 for DUI-ImpairControlled Drug.

Frederick Avery, age 20, was arrested on Jan. 25 for operating a motor vehicle without a valid license, Misuse of Plates, and operating an uninspected vehicle.

Samantha Sweeney, age 30, was arrested on Jan. 25 in connection with a warrant.

Donald J. Sullivan, age 56, was arrested on Jan. 27 for driving after revocation or suspension of license.

Vincent M. Bitetto II, age 37, was arrested on Jan. 28 for Criminal Mischief.

Francis X. Roche, age 75, was arrested on Jan. 30 for DUI-Impairment.

Amanda L. Heatcote, age 32, was arrested on Feb. 1 for Criminal Trespassing. Robert A. York, age 43, was arrested during the same incident for Criminal Trespassing and in connection with multiple bench warrants.

Garrett Joseph Burns, age 40, was arrested on Feb. 1 for DUI-Impair-

Gilford Public Library Classes & Special Events Feb. 6 – Feb. 13

Thursday, Feb. 6 Geri Fit, 9-10 a.m.

Tai Chi w/ Joyce, 10

Aspiring Artists Storytime, 10:30-11:30

Valentines Adult Craft, 1-2 p.m.

Come join us and create adorable Valentine trees made with foam hearts. They are so cute and easy to make. Sign-up is required.

French Club, 4-5

Friday, Feb. 7 Senior Sculpt, 9-10

Heart 'n Soul Chair Yoga, 10-11 a.m.

Bridge, 10 a.m.-noon Preschool time, 10:30-11:30 a.m. Hand & Foot, 12:30-

Crafters, Happy 1:30-2:30 p.m.

2:30 p.m.

Saturday, Feb. 8 Beginner Line Dancing, 10:30-11:30 a.m.

Drop-In Craft: Pas-

11:30 a.m.

Drop by and create wonderful colorful heart art!

Monday, Feb. 10 Fun and Fitness With Joyce, 9-10 a.m.

Baby Storytime, 10-10:30 a.m. Mahjong, 12:30-1:30

Tuesday, Feb. 11 Geri Fit, 9-10 a.m. Senior Sculpt, 10-11

Bridge, 10 a.m.-noon Preschool Storytime, 10:30-11:30 a.m. Intermediate Line Dancing, 2:30-3:30 p.m.

Wednesday, Feb. 12 Senior Stretch Yogaaah!. 9-10 a.m.

Card Games, 10 a.m.-

Check out an Expert, 10 a.m.-noon

Paint Group, 1-3 p.m. T(w)een Early Release, 1-2 p.m.

Early Release: Valentines Gift Making, 1:30-2:30 p.m.

Make a one of a kind gift for someone you love!

Thursday, Feb. 13 Geri Fit, 9-10 a.m.

Tai Chi w/ Joyce, 10

Aspiring Artists Storytime, 10:30-11:30 a.m. Homeschool Club, noon-1:30 p.m.

French Club,

Gilford Public Library

7. "The Lions of Winter" by Ty Gagne

8. "Counting Miracles" by Nicholas Sparks

9. "The Oligarch's Daughter" by Joseph Finder

Top Ten requests Advanced Conversational German, 2:30-1. "The Texas Murders" by James Patterson Scene One Entertainment 3:30 p.m. 2. "Holmes is Missing" by James Patterson 3. "Raised by Wolves" by James Patterson Beginner Line Dancing, 4-5 p.m. 4. "The Frozen River" by Ariel Lawhon 5. "Open Season" by Jonathan Kellerman acquires Gilford Cinema 8 6. "The Berry Pickers" by Amanda Peters

SCHENECTADY, N.Y. — Scene One Entertainment announced it has acquired Gilford Cinema 8, an eightscreen theater formerly operated by Your Neighborhood Theatre. This will be the first theater for the New York-based Scene One to operate in New Hampshire.

The theater, first opened in the 1990s, will feature first-run Hollywood and independent films. The first day of operation under Scene One will be Friday, Jan. 31.

"We are thrilled to bring Gilford Cinema 8 under the Scene One banner," said Joe Masher, owner and CEO, Scene One Entertainment. "When I was first approached about this theater, it checked off many boxes on what we look for in building successful theater locations in communities. It is our hope that this springboards into more opportunities in New Hampshire and throughout New England."

Masher added, "I'm excited to bring some independent films to this area of the Granite State. In addition to the wide releases 'Dog Man' and 'Companion,' Oscar-nominated hits 'The Brutalist' and 'September 5' will be featured starting Jan. 31. The theater will also work closely with the community and bring in several special events."

Scene One Gilford Cinemas will host the company's "Super Tuesday" program, where tickets all day every Tuesday are \$7 for regular features! The company will also honor Gift Cards from Your Neighborhood Theatre, and the cinema's popular loyalty program will continue under Scene One.

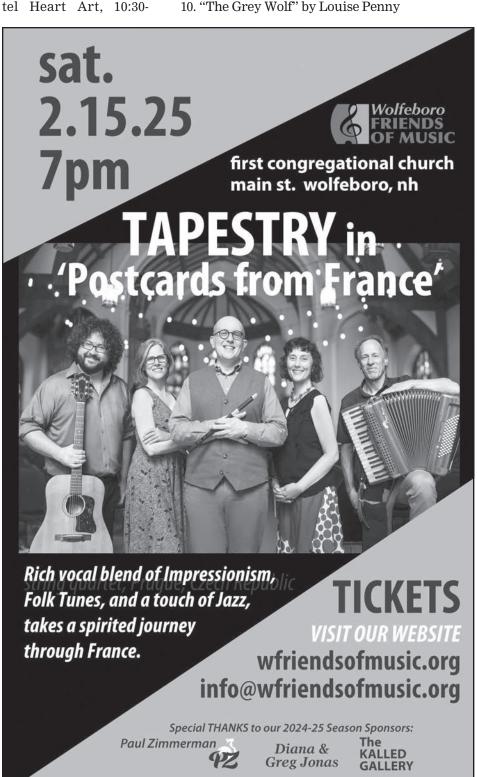
Scene One also has changed the cinema's beverage offerings to Coca-Cola® products. In the coming weeks guests can also look forward to a switch to Real Butter served on the theatre's fresh, hot popcorn. For more informa-

tion about Scene One Entertainment, scene1ent.com.



Main St., Plymouth, NH 536-2625.





SPORTS

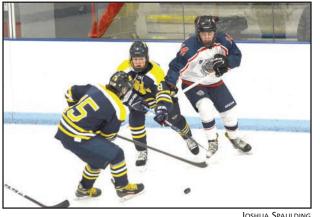
Bulldogs hang on for hard-fought win over Kearsarge-Plymouth

BY JOSHUA SPAULDING

Sports Editor

LACONIA — Things got a little chippy in the final period, but in the end, a scoreless third period led to a 2-1 win for the Belmont-Gilford hockey team over a scrappy Kearsarge-Plymouth squad at Merrill Fay Arena on Saturday afternoon.

Jaxson Embree and Alex Rowley had early chances for the Bulldogs that were turned aside by Ke-



Kearsarge-Plymouth's Derek Swanson (15) and Nolan Johnson go after the puck with Belmont-Gilford's Aiden Stafford in action on Saturday.

arsarge-Plymouth Shea Curley and Jake goalie Liam Duchesne. Moreau got in close



Jaxen Lien moves the puck in the corner during his team's game with Kearsarge-Plymouth on Saturday.

the Cats while Ben Girard made a good defensive stop for the Bulldogs on a Moreau run. Rowley got in close for another

Ryder Francis and Trenton Judkins had shots turned aside by Bulldog goalie Carson McGreevy and Embree sent a shot off the post at the other end. Judkins made another run in that was turned back by Colton Byars and Evan Guerin had a centering pass for the hosts that missed sticks in front. Nathan Gerbig sent a shot wide for the Bulldogs and Duchesne made stops on bids from Sean Ellis and Max Ryder.

With 5:44 to go in the first period, Embree got open in the slot and fired the puck into the net on assists from Rowley and Ryder for the 1-0 lead. Ellis had a bid handled by the defense of Gunnar Benedict before the Cats went on the power play with 5:13 to go. Moreau sent a shot wide of the net and Guerin had a shorthanded bid denied by Duchesne.

wide of the net and Embree fired a shot then had another from the top of the blocked before the Cats got a penalty and evened things up at four-on-four for 40 seconds. Byars had a shot denied by Dufresne before the Bulldogs went on the power play for 1:20. Guerin had a centering pass in front and then Magnus Nordhausen and William Spanos had good clears. Nolan Johnson

as the first period ended with the Bulldogs up 1-0.

Corrigan Fleury sent a shot wide for the Cats to start the second and Guerin, Embree, Aiden Stafford, Rowley and Gerbig all had shots denied by Duchesne in the K-P net.

With 11:48 to go in the second period, the Cats were able to tie the game at one, as Francis found the back of the net on assists from Curley and Moreau. Embree came back with a chance that was denied by Dufresne and had another chance go through the crease. Johnson had a nice defensive stop on an Embree bid and Duchesne stopped another Embree bid.

Belmont-Gilford went on the power play with 6:48 to go and Byars had a bid denied by Duchesne. Benedict had a good clear for the Cats and when the Bulldogs took a penalty with 6:11 to go, the teams skated four-onfour.

In that stretch, the Bulldogs were able Curley sent a shot to take the 2-1 lead as circle, with assists going to Guerin and Mc-Greevy. The Cats went on the power play a few moments later but the Bulldogs killed it off. Embree had a bid denied by Duchesne and Jaxen Lien made a nice defensive play on a chance from Francis, who also had a shot stopped by Mc-Greevy. Ryder had a couple of late chances in the second period and Kearsarge-Plymouth went on the power play with 43 seconds to go. The period ended with the Cats on the

power play with 1:26 left when the third period began.

Benedict had a chance denied by Mc-Greevy to start the third period but the Bulldogs were able to kill off the power play. Judkins had a chance denied by McGreevy and Gerbig made a nice defensive stop on a Nordhausen bid. Moreau had a couple of chances for the Cats but could not find the back of the net.

Ethan Ellingson had a shot go wide for the Bulldogs and Isaac Son had a bid go wide at the other end. Landon Custance fired a shot on net that McGreevy stopped and Guerin made a run that was stopped by Johnson. Embree had a bid denied by Duchesne and Tyler Mull sent a shot wide for Belmont-Gil-

Kearsarge-Plymouth went on the power play with 5:27 to go in the game and Embree had a shorthandchance stopped while Francis had a chance the other way. Another Belmont-Gilford penalty with 3:31 gave the Cats a short two-player tage, with one quickly killed off and an Ellis clear did a job helping to keep the Bulldogs

ahead. A Cat penalty with 3:01 to go made it fouron-four for 1:31 and Nordhausen had a shot denied by McGreevy before the penalty was killed off. Guerin and Brayden Mercier had late chances for the **Bobcats and McGreevy** stopped a shot from Benedict as time ran out on the 2-1 win for the hosts.

The Bulldogs will be at John Stark-Hopkinton on Wednesday, Feb. 12, at 8 p.m.

The Cats will be Laconia-Winnisquam-Inter-Lakes on Saturday, Feb. 8, at 10:15 a.m. and will host Pembroke-Campbell on Wednesday, Feb. 12, at 5:30 p.m. at Proctor Academy.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Unified Golden Eagles fall to neighboring Laconia

BY JOSHUA SPAULDING

Sports Editor GILFORD — In a spirited battle between

neighbors on Tuesday, Jan. 28, the Gilford unified hoop team dropped a 60-45 decision to the visiting Laconia Sachems. Laconia got the first

hoop of the game before Lance Markievitz hit a pair of hoops for the Golden Eagles sandwiched around a Teddy Lewis basket to give Gilford the 6-2 lead. Laconia answered back with four hoops in a row to take the 10-6 lead before Alexander Gordon hit a hoop for the Golden Eagles. Laconia got the final basket of the first quarter to take the 12-8 lead after one quarter of play.

Kiley Blanchette hit a pair of buckets sandwiched around a Laconia basket to start the second quarter and then the Sachems added a couple of baskets for the 18-12 lead. Hayley Eldridge connected for a bucket for the Golden Eagles before the Sachems answered again, this time hitting three hoops in a row for the 24-14 lead.

Markievitz got the final two baskets of the first half for the Golden Eagles while the visitors added two baskets of their own and Laconia took the 28-18 lead to the halftime break.

After the Sachems got the first basket of the third quarter, Lewis finished off a steal with a bucket. Laconia came back with a couple of baskets before Gordon added one for the Golden Eagles. The Sachems scored



Lance Markievitz puts up a basket during his team's

game with Laconia last week.



against Laconia.

Kiley Blanchette fires off a shot during action last week



With a little help from teammate Lilly Winward, Bella Guest dribbles the ball up the court in action against Laconia last Tuesday.

the lead to 15.

Laconia got another hoop before Bella Guest connected on a bucket for Gilford. After two more Laconia hoops, Guest hit another one and after the Sachems answered, Eldridge drained a hoop for the hosts. The Sachems connected on another bucket before Guest and Markievitz hit consecutive baskets to cut the

open the lead up to 40-22 hit two more baskets before Lewis drained a sandwiched around a long three-pointer to cut Laconia hoop and Lewis and Markievitz hit backto-back baskets to cut the lead to 54-43. However, the visitors got three of the final four hoops, the lone Golden Eagle bucket coming from Cody Houle, as the Sachems took the 60-45 win.

Markievitz led the way for the Golden Eagles with 16 points on the afternoon.

Sports Editor Joshua





JOSHUA SPAULDING

Lone Wolf

Charles Bravar was the lone Prospect Mountain alpine skier competing last Friday at Gunstock. In the morning giant slalom he finished in 36th place in a time of 1:26.16 and in the afternoon slalom he was 31st overall in a time of 1:53.23. After racing at Sunapee today, Feb. 6, the Timber Wolves are slated to compete in the Division III Boys' State Meet at Gunstock on Tuesday, Feb. 11.

Knightwolves come up short in battle with Oyster River-Portsmouth

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — The Kingswood-Prospect Mountain girls' hockey team put up a good battle against a very strong Oyster River-Portsmouth team on Saturday at the Pop Whalen Arena, but the visitors were able to score two goals in the final minute of play to pull away for the 5-1 win.

The visitors pulled ahead early, scoring in the first three minutes of the game. The Knightwolves came back with some chances, with Paityn Glidden sending a shot wide and Jenny Baldwin and Jenna Sykes getting in close. Baldwin had another bid denied and Kingswood-Prospect goalie Aliyah Arsenault was able to make three big saves to keep the game at just 1-0.

The Knightwolves went on the power play with 5:30 to go in the first period. Baldwin had a bid in close, as did Emma Ouellette, but the visitors held tight on defense. Arsenault saved a shorthanded bid before the penalty was killed off. Arsenault made another save as Oyster River-Portsmouth attacked.



Aliyah Arsenault was stellar in net for the Kingswood-Prospect Mountain girls on Saturday night against Oyster River-

The visitors were able to up the lead to 2-0 with a shot from the point. The Knightwolves took a penalty with 1:05 to go and Riley Lamparter and Sykes had good clears while Arsenault made a save to close out the first period with the visitors up 2-0.

Arsenault did a nice job killing off the penalty early in the second period, as the Knightwolves killed off the advantage, with Avery Gilpatrick getting a shorthanded bid that was stopped. Cassidy Libby had a shot go wide and the Knightwolves got the power play chance with 12:44 to go.

Jenny Baldwin sent a

nied and Ouellette had a couple of chances, one going wide and the other stopped by the visiting goaltender as the power play was killed off. Oys-River-Portsmouth was able to up the lead to 3-0 with 9:25 to go in the second period. Arsenault made another save and then Adelle Harrington, Gilpatrick and Libby helped their goalie kill off a penalty.

Hadley Aucoin had a bid go wide and Arsenault continued to make the saves in the net. The Knightwolves took another penalty with 4:35 to go and Arsenault did her job keeping the puck out shot on net that was de- of the net as the penalty



JOSHUA SPAULDING

Adelle Harrington looks for an open teammate during action on Saturday night at Pop Whalen Arena.

was killed off. Sykes had a bid blocked and another saved and the game went to the third with the visitors up 3-0.

Kingswood-Prospect took a penalty early in the third period and again it was Arsenault holding down the fort. Another penalty gave the visitors a five-on-three advantage for almost a minute and

the Knightwolves did a good job killing off both penalties.

The hosts pressured offensively as well, as Aucoin and Baldwin had chances that missed the mark. Lamparter had a good clear from the defensive zone and the visitors sent a couple of shots wide of the net.

With 5:57 to go in the

game, the Knightwolves got some good pressure in front of the net and it paid off, as Ouellette put the puck in the net on assists from Rowan Donovan-Laviolette and Harrington.

The highlight of the game for the Knightwolves had to come with 1:05 to go, as Arsenault stoned an Oyster River-Portsmouth penalty shot to keep the deficit at two. However, the visitors scored with 47 seconds to go and then added an empty net goal with 24 seconds left for the 5-1

The Knightwolves are slated to be hosting Exeter on Saturday, Feb. 8, at 5 p.m. and will be hosting Concord on Wednesday, Feb. 12, at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Golden Eagle swimmers back in the pool at UNH









COURTESY PHOTOS

PSU women's lacrosse clinics set for March 16

PLYMOUTH — The Plymouth State University women's lacrosse program will host its annual Play Like a Panther spring clinic on March 16, head coach Becky Dale announced last Wednesday.

The program is designed for players in grades 9-12 and will take place from 10 a.m. to 1 p.m. on Sunday, March 16. On-site registration and check-in will begin

back-to-back Little East Conference (LEC) champions and coaching staff.

The clinic rate is \$50 player. Athletes should bring lacrosse protective equipment including goggles, mouth guards, sticks, goalie equipment (if

sary), a water bottle, Designed for players sneakers, and cleats. to freshen up their skills
The clinic will include in advance of their school time in the Bank of New seasons, attendees will Hampshire Field House work closely with the and on Panther Field, the team's game turf field.

> Online registration and clinic waiver forms are required for all Plymouth State Athletics camps and clinics. Registration and waiver links are available at athletics. plymouth.edu/camps.

> > BY JOSHUA SPAULDING

Sports Editor DURHAM — The Gilford swim team competed at the University of New Hampshire for the third time, heading to Durham on Sunday, Jan. 26. The meet featured 23 other teams and more than 250 swimmers. With no relays, all athletes were allowed to compete in three individual events instead of the normal two events.

The 200-yard freestyle started the day and Audrey Bondaz finished in 3:33.13 and Bailey Juurlink Gagne finished in a tie of 3:33.59.

In the 50-yard freestyle sprint with more than 190 swimmers, Bondaz, Guinevere

Gilford swimmers competed at the University of New Hampshire for the third time this season. Clay, Alyssa McKenna and Elise Graton all competed in the event, with Clay, Freeman and Graton all putting in personal best times. Graton's time of 28.97 qualified her for the state swim meet in February. Nate Correira also swam the 50 free and also achieved a personal best with a time of 28.1.

> The 100-yard freestyle were next for the Eagles, with Freeman, McKenna, Juurlink Gagne, Clay and Graall swimming Gilford. Graton dropped almost three seconds off her per

sonal best for a time of 1:04.34 and Correira saw a drop of more than one second for a new personal best of 1:06.61.

In the 100 back, every Eagle that competed dropped time from their seed time. McKenna, Bondaz and Juurlink Gagne all dropped from three to five seconds from their times while Correira swam a time of 1:28.13.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

PSU volleyball announces spring and summer clinics

PLYMOUTH — The Plymouth State University women's volleyball program released the dates of its summer camps and announced it will hold two clinics this

ID–Specialty Clinic

Open to girls in ninth – 12th grades, the ID-Specialty Clinic is an opportunity for players to focus on their specialties (setting, hitting or defense) with focused training from the program's coaches and athletes. The three-hour clinic is scheduled for March 29 from 11 a.m. to 2 p.m. at Foley Gymnasium. Additionally, an optional campus tour and question and answer session with PSU volleyball players and coaches will provide participants with insight into Plymouth State, the volleyball program, the recruiting process, and what it takes to success physically, emotionally, and tactically as a collegiate-level athlete. Cost is \$90.

Middle school spring clinic

Open to girls in sixtheighth grades, the Middle School Spring Clinic is an opportunity for players to improve their volleyball skills. Players will have the opportunity to train with PSU coaches and athletes as they focus on progressing their fundamental skills. The threehour session is scheduled for April 5 from 9 a.m. to 12 p.m. at Foley Gymnasium. Cost is \$90.

Panther Volleyball Camp: Middle School

The Panther Volleyball Camp: Middle School is designed for girls who will be entering the sixth - eighth grades in the fall of 2025. Campers will receive individual attention from college and high school coaches and collegiate athletes. The three-day camp will run from July 28 – 30 from 9 a.m. to 12 p.m. at Foley Gymnasium. Cost is \$225.

Panther Volleyball Camp: High School The Panther Volleyball Camp: High School is for girls who will be entering the ninth – 12th grades in the fall of 2025. The camp is designed for beginner, intermediate and advanced players who want to play and excel at the high school level. Players will be challenged to improve their fundamental skills and will learn more advanced strategies, position-specific skills, and concepts of team play. The four-day camp will run from July 28 - 31 from 1 to 5 p.m. at Foley Gymnasium. Cost is \$300.

Registration links can be found on the department website at athletics.





OBITUARIES

Eleanor May Waterman

Alton Bay, NH - Eleanor May (Lamper) Waterman, affectionately known as Ditty, wife of William Waterman (deceased), passed away January 23, 2025, at her Alton Mountain home; after a long battle with cancer.

Born on January 2,1940 to Robert and Marion Lamper (both deceased). Siblings: Shirley, Gloria, and Rodney (all deceased).

Eleanor's children: Kevin Waterman and wife Julie, Bruce Waterman and wife Sharon, daughter: Sherry Waterman, grandchildren: Heather Waterman, Kevin Bently, Calianne Malo, Steven Waterman and wife Lindsey, Stephanie (Waterman) Sirrine and husband Dillon, great grandchildren: Jayden, Keira, Mia, Kaya, Emily,



Sydney, Wyatt, Mason, Russell, and Elinore, stepchildren: William Waterman (deceased) and wife Mary, Rodney Waterman and wife Julie (both deceased,) Harry Waterman and wife Marylee, and all of their children. Along with many nieces and neph-

She always had a ready smile. A witty sense of humor and a sleefuneralhome.com

personality. Eleanor never had a problem making quick friends.

She was a member of the Alton American Legion Auxiliary for 32 years, where she enjoyed participating in various

Throughout the years Eleanor enjoyed family events, cookouts, horseshoes, fishing, camping and singing. She was most happy while with her children, grandchildren, and great grandchildren. At the age of 75, she conquered the Mount Major trail.

A celebration of Eleanor's life will be held on Sunday February 23, 2025, from 1:00pm to 3:00pm at Alton American Legion Auxiliary.

To express condolences, please visit: www.peaCarol L. Pearson, 97

Carol L. Pearson (née Curtis) passed away peacefully on January 20, 2025, at Mountain View Nursing Home in Ossipee, NH, at the age of 97. Born on April 24, 1927,

in Lynn, MA, Carol was the daughter of Austin and Blanche (Girardin) Curtis. She was a graduate of Cushing Academy and attended Simmons College. Her love for New Hampshire began in 1941 when she started summering in Alton Bay, a place she cherished and made her permanent home in 1967.

Carol was a devoted mother to her six children: Robert C. Blackstock of Alton, NH; Carol Chamberlain (husband Carl) of Alton, NH; Suzanne Rief (husband John) of New Durham; Stephanie Ayers (husband Robert) of Ossipee, NH; and Bebe Burt (husband Richard) of Wolfeboro, NH. She was

first college in the U.S.

to require internships of

its students, is pleased

to announce its Fall 2024

Dean's List students. In

order to qualify for the

Dean's List, a student

must obtain a minimum

grade point average of 3.5,

receive no letter grade

below "C," have no with-

for earning President's List bonors!



predeceased by her son, David C. Blackstock and grand-daughter, Rachel Sperandio. Affectionately known as "Nanny," she leaves behind a loving legacy of nine grandchildren, sixteen great-grandchildren, and three great-great-grandchildren.

Deeply engaged in her community, Carol was a dedicated member and past Worthy Matron of Warren-Alpha Chapter 10, Order of the Eastern Star. She was also an active member of the

Endicott College announces local Dean's List students

Daughters of the American Revolution - Winnipesaukee Chapter, the Community Church of Alton, and its Women's Christian Fellowship. For many years, she enjoyed the camaraderie of friends at the Alton Senior Center.

Carol's life was guided by faith, family, and love for her country. She found joy in cooking, knitting, and playing cribbage.

An Order of the Eastern Star funeral service will be held at the Winnipesaukee Masonic Lodge (40 Suncook Valley Road, Alton) on May 17, 2025, at 10:30 AM, followed by a memorial service at the Community Church of Alton (20 Church Street) at 12 PM.

In remembrance of Carol Pearson, contributions to the Alton Senior Center (PO Box 1113, Alton, NH 03809) are welcomed.

Nursing, Jessica Lesniak

Gilmanton

ing, Amanda Shute and

New Durham

ing, Corinne Waldron

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Bachelor's, and associ-

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and Stephen Waldron

Anaka Waldron, Nurs-

Endicott College of-

Abigail Shute, Nurs-

and Michael Lesniak

Bruce Shute



Superintendent Tim Broadrick and members of the Alton School Board honor outgoing board member Carol Locke at the school deliberative session.

BUDGET

For the past two years, PMHS has offered open enrollment to students from other communities with the sending school districts billed for tuition. Broadrick said there are 19 students attending PMHS from communities other than Alton and Barnstead. The district billed other school districts around \$165,000 for open enrollment tuition and has received around \$66,000 of that money.

Legislation passed 15 years ago allowed districts to have open enrollment, though Broadrick said no one has tried to run a program until recently. A case is going though the state Supreme Court where another school district challenged being required to pay tuition for an open enrollment. Broadrick said the district is waiting

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Rev. Kate Kennedy

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(603) 875-5561

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Uhurch Service

SCHEDULE

to hear the results of that case to get further clarification on the requirements for school districts.

Enrollment has been steadier at Alton Central School, which has seen a four percent decline in the past 10 years. Broadrick said with the declining enrollment they are trying to find efficiencies without taking drastic meabeen looking at any positions that have been vacated de to retirements or resignations and determine if the position should be refilled or if personnel should be moved around.

Increasing healthcare costs and premiums have been an ongoing issue for the district. Health premiums across PMHS and ACS are projected to increase around 10 to 12 percent, which Brodrick said is normal. Inflation has been another ongoing issue.

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FIRST BAPTIST CHURCH OF NEW DURHAM NH Sun. School 9:30am; Church 10:30am; Evening Service 6pm;

Wed. Prayer Meeting 7pm. Depot St., New Durbam,

PARADE CONGREGATIONAL CHURCH OF

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400 Main Street

Voters will decide on an article to put \$120,000 into the Boiler Capital Reserve Fund. Broadrick said the district has been doing an ongoing project to replace the five boiler rooms in ACS. One has been done so far and money appropriated this year will do the

second one. article Another will put \$150,000 into sures. The district has the Special Education Capital Reserve Fund. Broadrick and School Board chair Pierce said the state has bene changing how it funds special education and more costs have been put on school districts.

Pierce also honored outgoing board member Carol Locke. Pierce said Locke has been in the board since 2020 and served on several committees. She will continue to be part of the Literacy Committee even when she's off the board.

BEVERLY, Mass. drawal grades, and be en-Endicott College, the rolled in a minimum of 12

> credits for the semester. The following students have met these requirements:

Barnstead

Hannah Capsalis, Criminal Justice, Kristie Capsalis and Michael Capsalis

> Gilford Rosabella Lesniak,

VTSU congratulates Kathryn Osburn

RANDOLPH CEN-TER. Vt. — Vermont State University is proud to recognize Kathryn Osburn of Gilford for being named to the President's List for

the Fall 2024 semester. President's List designation is reserved for the students who maintain full-time status and a semester grade point average of

ALPINE

time of 1:44.

(continued from Page A1)

1:35.82 and Lyman round-

ed out the scoring with a

giant slalom to lead the

Gilford boys, putting up a

time of 55.34 seconds with

Ben Wolpin in fourth

place in 1:00.1 and Gavin

Irons skiing to sixth over-

all in 1:03.34. Elliott War-

Bode McLean won the

Vermont State University provides a high-quality, flexible, and affordable education for students seeking associate, bachelor's, and master's degrees, certificates, and in-demand professional credentials. The university builds upon a history of public higher education in Vermont dating back

to 1787. ren finished out the scoring with a time of 1:06.37.

Oliver Leandro was 13th in 1:06.37, Joel Wernig finished in 1:06.55 for 14th place, Kyle Gandini was 15th in 1:07.29 and Kyle Johnson was 37th overall in a time of 1:26.25.

Gandini led the way for the Golden Eagles in the afternoon slalom, finishing in third place in 1:09.39. Wernig was fourth in 1:09.93, Wolpin placed sixth in 1:13.41 an Leandro finished out the scoring with a time of 1:18.41 for eighth place.

Zack Arenstam was 15th in a time of 1:27.6, Warren was 18th in

1:31.31, Irons finished in 1:35.94 for 23rd place, Keenan Wilcox finished in 24th in 1:38.98 and Johnson was 34th overall

in a time of 1:55.94. The Golden Eagles are slated to compete in the final regular season race at Gunstock on Friday, Feb. 7, and will compete in the Division III State Meets next week, with the girls on Monday, Feb. 10, and the boys on Tuesday, Feb. 11, both at Gunstock.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Special Olympics Penguin Plunge is this weekend

HAMPTON — The Special Olympics New Hampshire (SONH) Plunge weekend is this Saturday and Sunday, Feb. 8 and 9. The Penguin Plunge is the single largest fundraiser for SONH each year. This year's theme is "Alice in Wonderland," so spectators and participants can expect to see plenty of top hats and rabbits checking their watches. The Hampton Beach Casino Ballroom hosts plungers and volunteers for the event with an Alice-themed party. While the "Do-It-Yourself" plunge option that was created during the pandemic still exists, most participants opt for the in-person event that includes costume contests and comfort food following the plunge.

The Saturday High School Plunge will mark the 17th time that students from all over the state will converge Hampton Beach to raise funds for the athletes and programs SONH. Competition among schools for no Ballroom will be bragging rights about holding plunger-only the most fundraising and the best costumes is fierce and fun.

Sunday will bring Coca-Cola Beverages Northeast's Penguin Plunge to Hampton Beach. Now in its 26th year, SONH President and CEO Mary Conroy still marvels at the energy of those involved saying, "This is a huge undertaking for not only our incredible plungers, but for the volunteers and sponsors. During the day on Saturday and Sunday the Ballroom, boulevard and beach are transformed, and hundreds of people will be supporting us by plunging." Traffic on a portion of Ocean Boulevard will be re-routed between 9 a.m. and 3 p.m. both days this weekend. "We couldn't do this without the support and cooperation that we get from the town of Hampton and the police and fire departments," Conroy continued. While the Casi-

events before and after plunging, spectators are welcome on Hampton Beach. The plunging is done in several waves that will start promptly at noon each

Special Olympics New Hampshire is still in need of volunteers to assist with the weekend festivities. While some volunteer positions are outside, there are many inside tasks available in both the Ashworth Hotel and the Hampton Beach Casino Ballroom. Information about volunteer opportunities can be found here.

Anyone interested in plunging can still sign up here. Most fundraising is done online, and most participants hit their minimums in less than 72 hours.

Those making donations can donate to a specific plunger or group of plungers (called "flocks") with an easy-to-use search function. All proceeds from the High School Plunge and the Penguin Plunge stay in the Granite State and are used to support the 2,700 athletes served by SONH in every region of the state. Donations can be made here.

The 2025 High School Plunge and Penguin Plunge are presented by Coca-Cola Beverages Northeast and hosted by Eversource. More info about all events can be found www.SONH.org. Media inquiries can be directed to SONH Senior Manager, Multimedia Mark Ericson at MarkE@sonh.org or 603-498-5186.

HIGH SCHOOL SLATE

Thursday, Feb. 6 KENNETT

Unified Hoops at Gorham; 3

KINGSWOOD

Unified Hoops vs. Plymouth; 3 Friday, Feb. 7

KENNETT

Boys' Hoops at Hollis-Brookline; 6 Girls' Hoops vs. Hollis-Brookline 6 KINGSWOOD

Alpine Skiing at King Pine; 10 Boys' Hoops vs. Hanover; 7

Girls' Hoops at Hanover; 6:30 PROSPECT MOUNTAIN

Boys' Hoops vs. Newfound; 6 Girls' Hoops at Newfound; 6

Saturday, Feb. 8 **KENNETT**

Boys' Hockey at Kingswood; 7:10 Nordic Skiing Home Meet; 10

KINGSWOOD

Boys' Hockey vs. Kennett; 7:10 Wrestling at Campbell; TBD

KINGSWOOD-PROSPECT MOUNTAIN

Girls' Hockey vs. Exeter; 5

PROSPECT MOUNTAIN

Wrestling at Plymouth; 9 Sunday, Feb. 9

KENNETT

Indoor Track at Plymouth State; 10 **KINGSWOOD**

Indoor Track at Plymouth State; 10

PROSPECT MOUNTAIN Indoor Track at Plymouth State; 10

Monday, Feb. 10

PROSPECT MOUNTAIN Girls' Hoops vs. St. Thomas; 6

> Tuesday, Feb. 11 **KENNETT**

Boys' Hoops vs. John Stark; 6:30 Girls' Hoops at John Stark; 6

KINGSWOOD Boys' Hoops at Hollis-Brookline; 6

Girls' Hoops vs. Hollis-Brookline; 6

PROSPECT MOUNTAIN

Boys' Hoops at Berlin; 6 Wednesday, Feb. 12

KENNETT Boys' Hockey at L-W-I; 5

Nordic Skiing Home Meet; 2:30

KINGSWOOD

Boys' Hockey at Berlin-Gorham; 6

Wrestling at Merrimack; 5:30

KINGSWOOD-PROSPECT MOUNTAIN Girls' Hockey vs. Concord; 7

PROSPECT MOUNTAIN

Girls' Hoops vs. Berlin; 6

Wrestling vs. Mascenic; 6

Thursday, Feb. 13 PROSPECT MOUNTAIN

Boys' Hoops vs. White Mountains; 6 Girls' Hoops at White Mountains; 6

All schedules are subject to change.

HIGH SCHOOL SLATE

Friday, Feb. 7 **BELMONT**

Alpine Skiing vs. Gunstock; 10 Boys' Hoops at Raymond; 6:30 Girls' Hoops vs. Raymond; 5 **GILFORD**

Alpine Skiing at Gunstock; 10 Boys' Hoops at Conant; 6 Girls' Hoops vs. Conant; 6:30

WINNISQUAM Boys' Hoops vs. Stevens; 7 Girls' Hoops at Stevens; 7 Saturday, Feb. 8

GILFORD Nordic Skiing at Kennett; 10 **WINNISQUAM**

Hockey arsarge-Plymouth; 12 Wrestling at Exeter; 10

Sunday, Feb. 9 **BELMONT**

Indoor Track at Plymouth State; 10

GILFORD

Indoor Track at Plymouth State: 10 WINNISQUAM

Indoor Track at Plymouth

State; 10 Monday, Feb. 10

BELMONT Alpine Skiing at Gunstock

(Girls' State Meet); 10 **GILFORD**

Alpine Skiing at Gunstock (Girls' State Meet); 10

Tuesday, Feb. 11 **BELMONT** Alpine Skiing at Gunstock

(Boys' State Meet); 10 Boys' Hoops vs. WInnisquam; 6 Girls' Hoops at Winnisquam; 7

GILFORD

Alpine Skiing at Gunstock (Boys' State Meet); 10 Boys' Hoops at Newfound; 6 Girls' Hoops vs. Newfound; 6 WINNISQUAM

Boys' Hoops at Belmont; 6 Girls' Hoops vs. Belmont; 7

Wednesday, Feb. 12

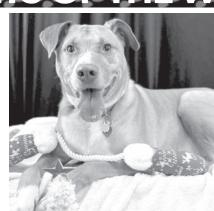
BELMONT-GILFORD Hockey at John Stark-Hopkinton; 8

GILFORD

Nordic Skiing at Hanover; 3 WINNISQUAM Boys' Hockey vs. Kennett; 5

All schedules are subject to change.

Wrestling at Franklin; 6



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address
Alton	31 Calef Dr.
Alton	45 County Rd.
Alton	N/A
Barnstead	112 Beaver HI
Barnstead	38 Davis Dr.
Gilford	31 Henderson Rd., Unit
Gilford	Hook Road
Gilford	25 Sagamore Rd.
Gilford	Varney Point Road Righ
Gilford	N/A
Gilmanton	20 Donovan Rd.
Gilmanton	48 Elm St.
Gilmanton	388 Loon Pond Rd.
Gilmanton	1818 NH Route 140
Gilmanton	N/A

Type Price \$720,000 Single-Family Residence \$750,000 N/A \$90,000 N/A \$385,000 Condominium \$540,000 \$2,900,000 Single-Family Residence \$389,000 \$330,000 \$1,000,000 Single-Family Residence \$474,000 Single-Family Residence \$388,533 Single-Family Residence \$435,000 Commercial Building \$1,000,000 \$206,000 Single-Family Residence \$52,000

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Justin and Erin Eichorn Shawna D. and David E. Mazotas Mark L. Rollins RET JML Properties LLC Erica Marchant and Mark Violette Susan E. and Gerald P. Rasmussen Michael G. Faucher RET Favian and Courtney Stroud Glenn T. and Jennifer N. Cooper Sherry and Andrew Bates Samuel L. and Nicolas C. Sparks Alicia M. and Richard P. Babb Lord Nilkanth LLC David P. Wheaton Caroline Buxton Joseph T. Costello

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THE REAL REPORT

90 Jenkins Rd.

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Alton Bay resident Evan McCracken named to WPI Dean's List

WORCESTER, Mass. — Worcester Polytechnic Institute (WPI) has announced that Evan McCracken, a member of the class of 2027 majoring in Mechanical Engineering, was named to the university's Dean's List academic excellence for the fall 2024 semester.

The criteria for the WPI Dean's List differ from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI

the Dean's List based on the amount of work completed at the A level in courses and hands-on projects. A total of 2.393 undergraduate students achieved these criteria for WPI's fall 2024 Dean's List.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on real-world, open-ended problems on cam-

students are named to pus and in communities around the globe. Far from being simple academic exercises, the projects students complete have genuine and lasting impacts in our partner communities," said Provost Andrew Sears. "Some of this nation's best and brightest dents come to WPI to engineering, science, business, and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally

proud of these outstanding students."

About Worcester Polvtechnic

Institute WPI is a top-tier STEM-focused search university and a recognized pioneer and global leader in project-based learning. Founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems,

WPI's continued mission is to transform lives, turn knowledge into action to confront global challenges, and revolutionize STEM through distinctive and inclusive education, projects, and research. WPI's project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. Today WPI

offers more than 70 Bachelor's, Master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. To help address ongoing challenges, improve lives, and help create a more sustainable WPI faculty and students pursue groundbreaking research in such areas as the life sciences, smart technologies, materials manufacturing, and global initiatives.

VTSU congratulates Erin Dougherty

for earning Dean's

List honors!

RANDOLPH CEN-

TER, Vt. — Vermont State University is

proud to recognize

Erin Dougherty of Gil-

manton for earning

Dean's List honors for

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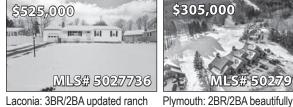
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views of the sledding hill from

Tenney Mountain Ski Area. Enjoy





Summer camp scholarships available

GILFORD — WinnAero, the STEM education for youth non-profit, is pleased to announce receipt of a unique grant.

A generous donor company, Watson-Marlow Fluid Technologies of Wilmington, Mass.) has awarded WinnAero several thousand dollars for the express purpose of attracting more young students, especially young women, to study STEM applications in aviation and aerospace. WinnAero's plan to implement the grant requirements is to offer from partial up to full tuition scholarships for girls Middle and High School aged to attend their one week summer day camps called ACE Academies.



Midshipman Soleil Lamar, a proud ACE Academy graduate and now enrolled at the US Naval Academy as an Engineering student. Midshipman Lamar is from the **US Commonwealth Territory of** the Northern Mariana Islands in the Pacific and found WinnAero's ACE Academies while researching STEM summer camps a few years ago.

The camps will run in the second and third

weeks of July and are held at the Laconia Airport under the sponsorship of the Laconia Airport Authority and the FAA. A full schedule of activities and the themes for the individual sessions are available at the

Web site, www.winnaero.org, along with contact information for more de-

WinnAero Education Director. Dan Caron. "This generous grant enables us to offer a unique STEM-learning experience to young women similar to what we did for Midshipman Lamar a few years ago. We are deeply grateful for Watson-Marlow's corporate vision to increase the number of women pursuing STEM-related aviation and aerospace careers."

He added that the individual amounts awarded will depend upon how many young women apply so interested girls should download an application soon.

Area residents named to dean's list at Quinnipiac University

HAMDEN, Conn. — Ashley Sanderson of Gilford has been named to the dean's list for the Fall 2024 semester at Quinnipiac University:

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Fulltime students must complete at least 14 credits in a semester, with at least

12 credits that have been graded on a letter grade basis to be eligible. Parttime students must complete at least six credits during a semester. Names followed by an asterisk denotes with honors.

Quinnipiac is a private, coeducational, institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 9,400

students in 110 degree programs through its Schools of Business, Communications, Education, Computing and Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts and Sciences. Quinnipiac is recognized by U.S. News & World Report and Princeton Review's "The Best 388 Colleges." The university is in the midst

of program expansion and renewal for both traditional and adult learners, attraction of diverse communities, development of innovative corporate partnerships and construction of an ambitious set of capital projects. For more information, please visit qu.edu. Connect with Quinnipiac on Facebook and follow Quinnipiac on X@QuinnipiacU.

ELP WANT



Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

ENERGYSAVERS INC. 163 Daniel Webster Hwy., Meredith NH

HELP WANTED

THE KALLED GALLERY in Wolfeboro, NH s hiring for our 2025 SUMMER SEASON. Are you an ART LOVER, JEWELRY LOVER, people person, maybe not ready to retire yet, wanting to be around happy people and beautiful things? Now is your chance! Computer knowledge, customer service/sales exp., weekend availability required.

We will train the right candidate. Approx 30-38 hrs week.

Cover letter w/resume to: Attn: Mal Stirt.. kalledgallery@kalledjewelrystudio.com

No phone calls please.

SHAKER REGIONAL SCHOOL DISTRICT

BOYS LACROSSE COACH

Shaker Regional School District is seeking a coach for the 2024-2025 season for Boys Lacrosse.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

Advertise. Inspire. Sell.

Shaker Regional School District FULL-TIME YEAR-ROUND CUSTODIAN

Shaker Regional School District has an immediate opening for a full-time, year-round, custodian at Belmont Middle to perform cleaning according to an established schedule. Hours are 3:00 pm – 11:30 pm, with a half-hour lunch during the school year and 6:30 am -3:00 pm, with a half-hour lunch during school vacations. Starting pay is \$16.50/ hour. Must be reliable, have the ability to work independently and follow written and verbal instructions. Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays. Please submit an application and 3 letters of reference to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 603-267-9223 ext. 5309 to obtain an application or visit the Human Resources section of our website: www.sau80.org. Successful completion, with satisfactory results, of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required. Shaker Regional School District serves the communities of Belmont and Canterbury, NH and is an equal opportunity employer.

★ LEGALS

FRIENDLY & RELIABLE **NIGHT CASHIERS** needed at the

Following Location:

Bosco Bell on Route 28 Barnstead Please apply in person.

GENERAL Services

Handy Dad fixes things.

Leave a message and play telephone tag.

Gunnar 269-3616

SHAKER REGIONAL SCHOOL DISTRICT **GIRLS VARSITY VOLLEYBALL COACH**

Shaker Regional School District is seeking a coach for the 2025-2026 season for Girls Varsity Volleyball.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

ALTON CENTRAL SCHOOL INVITATION TO BID

UNIT VENTILATOR REPLACEMENT PROJECT

Alton Central School is requesting bids from qualified vendors for replacing a unit ventilator. The work is to be completed upon the arrival of all the supplies.

MANDATORY SITE VISIT February 12, 2025 @ 9:00 AM

Bids for the Unit Ventilator Replacement Project will be accepted until 2:00 PM on Wednesday, February 26th, 2025, at the Business Office, SAU 301, Prospect Mountain High School, 242 Suncook Valley Road, Alton, NH, 03809, at which time they will be publicly opened and read aloud. Bid specifications can be obtained by emailing Heidi Duford, Business Administrator, at hduford@pmsau.org or 603-875-3800x2158. Please contact the Facilities Director, Sean Asdot, at 603-875-7500x3109 or sasdot@pmsau. org with any questions or to set a site visit.

Responses will only be accepted if sealed and clearly marked:

BID FOR: "Unit Ventilator Replacement Project", Attn: Heidi Duford, SAU Business Office, Prospect Mountain High School, 242 Suncook Valley Road, Alton, NH 03809

DUE DATE: 2:00 PM Wednesday, February 26, 2025

The Alton School Board reserves the right to accept or reject any and all bids, to accept any informality in a bid or to accept a bid in which it deems to be in the best interest of the school district.

LRSF welcomes new Board Trustees

REGION — At the Annual Lakes Region Scholarship Foundation Board of Trustees meeting, held on Jan. 22, Calise Houle and Christopher Banks were welcomed as new Board Trustees.

Houle is an active member of the community and owner and manager of Happy Cow Ice Cream Shop in Laconia. Christopher Banks is a retired combat operations program manager/ MQ-9 Sensor Instructor from the USAF and currently a mission program manager at Rogue Space Systems in Gilford.

The board also thanked Rebecca Beane and Joan Frates as retiring Board Trustees, both of whom have been with LRSF for nine years and having reached their term limits. Beane and Frates are both valued members of the team, sharing their knowledge, time, and expertise over the years. Joan also serving as Board President in 2022 & 2023.

These are not the only changes taking place this year. Chris Guilmett will now fill the role of Executive Director. Karen Switzer has retired from the position of Executive Director and will continue with the Foundation on a more part-time basis, as a Director. As with the previous Executive Directors, Joan Cormier and Paulette Loughlin, Switzer will still have an active role with LRSF.

Scholarship Applications for the 2025 - 2026Academic School Year



Left to right: Gayle Price, President, Calise House, Trustee, Christopher Banks, Trustee and Chris Guillmett, Executive Director.



Left to right: Gayle Price, President, Rebecca Beane, Retiring Trustee, Joana Frates, Retiring Trustee, and Chris Guilmett, **Executive Director.**

are now being accepted and are available on the Foundation's Web site at

www.lrscholarship.org. The deadline for applications is April 1.





Cross country ski lessons at Bolduc Park

Cross country ski lessons are offered at Bolduc Park, 282 Gilford Ave. in Gilford. Lessons are held at 10 a.m. Saturdays, Feb. 1, 8 and 15. Come for one or all three lessons at \$10 per lesson. Bring your own equipment or rent from a local ski shop. Piche's Ski and Sports is located closest to Bolduc Park. Bolduc Park is open daily for cross country skiing and snowshoeing as long as there are a few inches of snow on the ground. Disc Golfers can use the nine-hole course year round. For more information, go to www.bolducpark.org or call 603-524-1370.



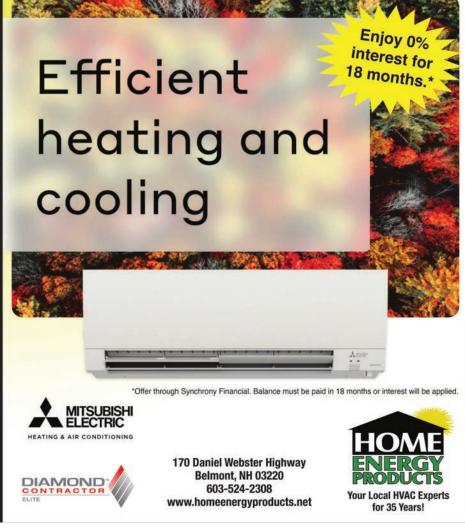
603Cremations.com

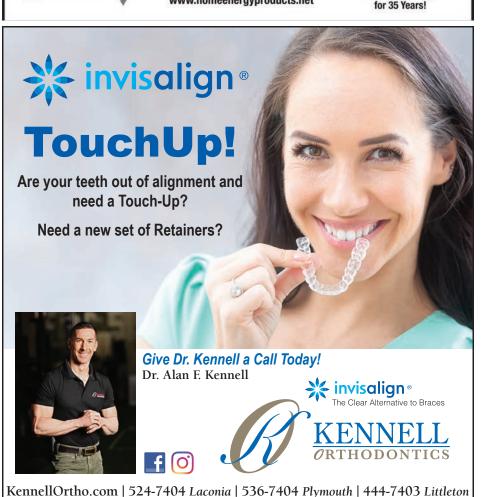
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Price based on Complete Online Cremation package. Additional charges may apply.

603.524.1425 ~ Available 24/7

As a family-owned and operated business, we take pride in providing compassionate, personalized care. All cremations are performed with dignity and respect in our own facility, Winnipesaukee River Crematorium, conveniently located in Northfield, NH.







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- Replacement doors and windows
- Deck replacement and repair
- Bathroom remodels
- Vinyl siding and more.

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