

Gilford Steamer

THURSDAY, JANUARY 22, 2026 GILFORD, N.H.

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Local student selected for American Battlefield Trust’s Youth Leadership Team

GILFORD — As we enter the Semiquincentennial year, sophomore Emmaline Leandro of Gilford is learning the ropes of land preservation, advocacy and more as part of the American Battlefield Trust’s 2025-2026 Youth Leadership Team (YLT). Joining nine other high schoolers from across the nation, Leandro has dedicated the academic year to advocating for historic preservation, education and increasing heritage site visitation in her community.

As the nation’s leading battlefield preservation organization, the American Battlefield has protected



COURTESY PHOTO

Emmaline Leandro

sion. The training covers a broad spectrum, from the intricacies of land preservation to the principles of place-based education, as well as essential advocacy skills such as engaging with media and petitioning support from public officials. Trust staff will guide and mentor each participant as they develop an individualized capstone project.

Leandro’s capstone will bring history to life, by teaching upper elementary students how New Hampshire participated in the Civil War. Leandro envisions “storytelling, hands-on activities, and actors” being used during a series of educational sessions.

myself—to connect with and learn from history in meaningful ways.”

The full roster of the 2025–2026 Youth Leadership Team is: David Buck, 16, of Kinston, N.C.; Mumtaz Cooper, 17, of Elizabeth, N.J.; Manton Du, 17, of Weymouth, Mass.; Olivia Grote, 17, of Bismark, N.D.; Corinne Kalogonis, 16, of Moreno Valley, Calif.; Emmaline Leandro, 15, of Gilford, N.H.; William Moffet, 15, of Ponte Vedra, Fla.; Emmanuel Puddusery, 17, of Riverside, Calif.; Siddharth Tripathi, 17, of San Antonio, Tex.; and Meryl Wittmer, 15, of Oakwood, Ohio.

The American Battlefield Trust is dedicated to preserving America’s hallowed battlegrounds and educating the public about what happened there and why it matters today. The nonprofit, nonpartisan organization has protected more than 60,000 acres associated with the Revolutionary War, War of 1812 and Civil War across 160 sites in 25 states. Learn more at www.battlefields.org.

DES announces drawdown of Jones Dam

NEW DURHAM — The New Hampshire Department of Environmental Services (NHDES), Dam Bureau is planning to change the water level in Jones Pond in New Durham after ice out occurs in the spring of 2026.

In accordance with RSA 482:13, the NHDES Engineering and Construction Section of the Dam Bureau is notifying the local governing bodies and the NHDES Dam Safety and Inspection Section of the Dam Bureau that the stoplogs in Jones Pond Dam will be removed resulting in a water surface decrease of approximately four to five feet from its current elevation. The removal of stoplogs will assist

with ongoing engineering and wetland studies within Jones Pond. Jones Pond will remain in a lowered state until the dam is removed.

Also in accordance with RSA 482:13, we are holding a public informational meeting to discuss the details and answer questions concerning the change. This meeting is to take place at the New Durham Select Board meeting on Tuesday, Feb. 10 at 5:30 p.m. at the New Durham Town Hall, located at 4 Main St., New Durham.

For more information, please contact Charlie Krautmann, NHDES Dam Bureau, at charles.s.krautmann@des.nh.gov or 603-419-0894.

more than 60,000 acres of Revolutionary War, War of 1812 and Civil War battlefields. Concurrently, its education programs have delivered resources to thousands of classrooms and facilitated visits to historic sites for more than 50,000 students through the History Field Trip Grant Program.

“The Trust takes great pride in supporting these emerging leaders as they help champion the cause

of history and preservation in their communities and across the nation,” said Trust President David Duncan. “The Youth Leadership Team helps empower the next generation to actively participate to historic preservation efforts.”

Chosen from a highly competitive pool of applicants, participants will embark on a comprehensive training aligned with the organization’s core mis-

Sharp-shooting fourth quarter sends Timber Wolves past Berlin

BY JOSHUA SPAULDING
Sports Editor

BERLIN — The Berlin boys’ basketball team got out to a halftime lead over visiting Prospect Mountain on Monday, Jan. 12, but the Timber Wolves battled back and used a strong fourth quarter shooting from beyond the arc and took the 55-39 win.

Berlin got the scoring started with a hoop from



JOSHUA SPAULDING

Colby Whitehouse goes up to the hoop during his team’s game in Berlin last Monday evening.

Cayden Gameau before Prospect got a pair of baskets from Colby Hall. Bryce Bartlett and Haydon Bickford connected on consecutive hoops for the Mountaineers to give them the lead back at 6-4.

Colby Whitehouse came back with a trio of hoops for the Timber Wolves to give them a four-point lead before Bartlett got the final basket of the first quarter and Prospect’s lead was

Bryce Lounsbury drained a three-pointer to send the Timber Wolves back to the lead. Gameau connected on two free throws to put the hosts back in front but a three-pointer from Heath Dunne gave Prospect Mountain the 20-18 lead. However, a hoop from Bickford and a three-pointer from Gameau gave the Mountaineers the 23-20 lead at the halftime break.

Bickford stretched the lead to five points with a hoop to start the third quarter but Whitehouse answered with a three-point play for the Timber Wolves. Bickford hit another basket but three-pointers from Lounsbury and Gavin Gorton put Prospect on top by a 29-27 score.

A hoop from Bickford tied the game at 29 and after Whitehouse drained two free throws, Tony Quirk connected for the Timber Wolves. Bickford got the final basket of the third quarter and Prospect Mountain took the 33-31 lead to the final eight minutes.

Hall drained a hoop, Owen Bubar sunk a three-pointer and Whitehouse hit a hoop as the Timber Wolves scored the first seven points of the fourth quarter to open the lead to 40-31. Bickford came back with a hoop and a free throw to cut the lead to six.

Dunne drained another

Golden Eagle girls take the win at Gunstock Bishop, Badger earn victories in windy day of racing

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford alpine girls took the win and the boys were second overall in Friday’s meet at Gunstock. The Golden Eagles were joined on the slopes by Hopkinton, St. Thomas, Belmont, Prospect Mountain, John Stark, Lebanon, White Mountains, Newfound, Hillsboro-Deering and Laconia.

The Gilford girls won the morning giant slalom by nine points over Hopkinton, led by the winning time from Lily Bishop in a time of 49.38 seconds. McKenna Howard was second overall in 51.3 seconds, Riley Coutts skied to fourth in a time of 52.1 seconds and Emilia Burlock finished



ished in 10th in 55.01 seconds to round out the scoring.

Brooke Baron was 14th in 57.13 seconds, Natalia Villareal was 16th in 57.23 seconds, Josie Arrighi put up a time of 1:14.85 for 42nd place, Madison Thompson was 46th in 1:19.03 and Alicia Lyman was 48th in 1:20.02.

Bishop also won the

slalom as the Golden Eagles edged the Hawks by two points. Bishop put up a time of 51.23 seconds with Howard in second place in 53.26 seconds and Coutts in fifth in 56.92 seconds. Burlock finished out the scoring in a time of 1:00.88 for 11th place overall.

Villareal was 13th in 1:03.26, Arrighi was

Alton Parks and Recreation Community Connection

Local, guided snowshoe hike

The Alton Parks and Recreation Department is sponsoring a free Full Moon Snowshoe Hike in February, weather permitting. All abilities are welcome. If you are new to snowshoeing, we will share tips for participating in this great sport. View wildlife tracks, experience the open sky, and surround yourself in silence. Bring snowshoes to this outdoor experience. For more information and/or to register contact parksrec@alton.nh.gov or 603-875-0109. Full Moon Hike on Sunday, Feb. 1 at 7 p.m. at Fort Point Woods/Trask Swamp on Fort Point Road in Alton Bay. Beginner level hike, uphill and downhill, approximately 45-60 minutes. The moon should be bright enough to light the way but an extra headlamp or flashlight is helpful for each person. Register by Jan.

28. Off road parking is available.

Gilman Museum — Open House

The Town of Alton is sponsoring an Open House at the Gilman Museum, located at 123 Main St., on Thursday, Jan. 29 from 1-3 p.m. Take a self-guided tour of the Gilman Museum, and see antiques collected by the Gilman family. The museum collection features furniture, toys, dinnerware, and other fine displays. For more information, contact parksrec-asst@alton.nh.gov or 603-875-0109.

Reiki gathering

The Alton Parks and Recreation Department is sponsoring a Reiki Gathering with Reiki Master Teacher, Carol Wallace at the Gilman Library on Saturday, Jan. 31 from 10-11:30 a.m. in the Agnes Thompson Meeting Room. Join us

for a relaxed Reiki meet-up to refresh the basics of Reiki One and Reiki Two. Share experiences, ask questions and reconnect with Reiki energy and each other. The free gathering is geared toward Reiki practitioners with at least Reiki One training. Please RSVP to 603-875-0109 or parkrec@alton.nh.gov by Jan. 23 to reserve your seat.

Weight Training classes — Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30-2:30 p.m. at the Gilman Library for adults of

all ages and abilities. This program is ongoing. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Pilates classes in Alton Bay — Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact

class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/ register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov. Classes not held Feb. 10-19.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6-8 p.m. The program is free for ages 18 and older. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meet-

ing new people.

Alton Bay Winter Carnival — Warming Hut

Alton Parks and Recreation is sponsoring a Warming Hut on Sunday, Feb. 15 from 10 a.m.-1 p.m. at the Alton Bay Community Center located at 58 Mt. Major Highway, across from Pop's Clam Shell. Stop by and warm up in the cozy space by playing a game or making a craft. This event is free and all ages are welcome. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov. Restrooms during the Alton Bay Winter Carnival will be available next to Shibley's Drive In. Parking is available along Mt. Major Highway/Route 11.

Community Calendar January 22–29

Thursday, Jan. 22

• Book Discussion: "Clear" (Gilford Public Library), 5:30 p.m.

Tuesday, Jan. 27

• Gilford Zoning Board of Adjustment (Town Hall conference room), 7 p.m.
• History of the Islands of Southern Lake Winnepesaukee (Gilford Public Library), 5:30 p.m.
• Alton Board of Selectmen meeting (Alton Town Hall, 1 Monument Square), 6 p.m.

Wednesday, Jan. 28

• Gilford Board of Selectmen (Town Hall conference room), 6 p.m.

Saturday, Jan. 24

• "Screen to Table" potluck watch party (Oscar Foss Memorial Library, Barnstead), 10:30 a.m. to 12:30 p.m.
Note to readers: Municipal schedules can change with weather and late postings. Confirm agendas and start times on the town websites before attending.

Gilford Public Library Top Ten requests (Plus Two)

1. "Private Rome" by James Patterson
2. "The Invisible Woman" by James Patterson
3. "Return of the Spider" by James Patterson
4. "Theo of Golden" by Allen Levi
5. "The Frozen River" by Ariel Lawhon
6. "The World at Home" by Ginny Kubitz Moyer
7. "The Seven Rings" by Nora Roberts
8. "My Friends" by Fredrik Backman
9. "The Widow" by John Grisham
10. "The Black Wolf" by Louise Penny
11. "The Land in Winter" by Andrew Miller
12. "Buckeye" by Patrick Ryan

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WORCESTER, Mass. — Assumption University has announced that Christopher Cox, of Alton Bay, Class of 2026, has been named to the University's Dean's List for the fall 2025 semester. Students named to the Dean's List must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters.

"Earning the right to be named to the Assumption University's Dean's List is an extraordinary accomplishment and we congratulate those students who

demonstrated exemplary academic excellence this semester," said Assumption University President Greg Weiner, Ph.D. "These students have demonstrated a deep commitment to the pursuit of truth in the company of friends that lies at the heart of the Catholic liberal education Assumption provides."

About Assumption University

Christopher Cox of Alton Bay named to Assumption University's Fall Dean's List

Assumption University, founded in 1904 by the Augustinians of the Assumption, is a premier New England university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption's graduates are known for their intellectual seriousness,

thoughtful citizenship, and devotion to the common good. The University offers 37 majors and 49 minors in the liberal arts, sciences, business, nursing, professional studies, and other areas, as well as graduate degrees and professional credentials. For more information about Assumption University, please visit assumption.edu or follow us @AssumptionUMA.

Granite VNA offers Caregiver Connection in Wolfeboro

WOLFEBORO — Granite VNA offers Caregiver Connection on Monday, Feb. 9 from 10 to 11:30 a.m. at Harmony Coffee House, 21 Central Ave. in Wolfeboro.

Join us and connect with other family caregivers, while enjoying an opportunity to unwind and

have discussions rich in empathy and resources.

Pre-registration is not required. For more information, call (603) 224-4093 or (800) 924-8620, ext. 85664 or visit www.granitevna.org. This program is offered at no charge.

About Granite VNA

Local students named to Bucknell University Dean's list

LEWISBURG, Pa. — Bucknell University has named Izzy Johnson of Gilford, Class of 2029, and Hannah Gallagher of New Durham, Class of 2027, to the dean's list for outstanding academic

achievement during the fall semester of the 2025-26 academic year.

A student must earn a grade point average of 3.5 or higher on a scale of 4.0 to receive dean's list recognition.

Granite VNA is a not-for-profit licensed and certified home health and hospice care provider. The agency serves people of all ages in 72 communities across the Greater Capital Region and Central New Hampshire by providing home care, hospice care, pediatric and maternal child health services, and wellness programming. The agency has offices in Concord, Laconia and Wolfeboro. Formed through the merger of Concord Regional VNA and Central New Hampshire VNA & Hospice, Granite VNA has served New Hampshire since 1899. For more information about Granite VNA, visit www.granitevna.org.

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Hermit Woods to host evening of original music at January Songwriter Round-Up

MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) which has brought the monthly music series Songwriter Round-Up to the Lakes Region is set to deliver another great show at the end of this month. Held in the region’s premier listening room, The Loft located on the second floor of the Winery, this series has been giving audience members a chance to experience the original music of talented singer-songwriters from the New England area and beyond. At each show three artists share their songs and stories in a unique in-



the-round style performance. Now held on the last Thursday of each month, this intimate series features two different songwriters each

month alongside host performer Katie Dobbins. The series presents area residents and visitors an opportunity to

experience the show “magic” that each new lineup creates. Winery co-founder and owner Bob Manley is thrilled to have his establish-

ment be home to the monthly Songwriter Round-Up Series. Remark on the success of the series, Bob reaffirms the valued partnership the Winery has developed with Katie Dobbins Music expressing “Working alongside Katie Dobbins and her Songwriter Round-Up Series has been an absolute delight. Katie brings an engaging presence to the stage, effortlessly connecting with our audiences and showcasing incredible talent with each performance.” The next Songwriter Round-Up show takes place on Thursday, Jan. 29, featuring the Lakes Region’s own Katie Dobbins, a singer-songwriter who delivers heart-felt lyrics

with beautiful vocal tones wrapped in guitar and piano melodies, Temple Mountain, a singer-songwriter born and raised in New York and now residing in New Hampshire, with thoughtful lyrics supported by acoustic guitar, and Molly Shuvani, a multi-instrumentalist singer-songwriter from Maine who blends folk, R&B, and Jazz elements to support hard-hitting lyrics delivered through powerful vocals. All of these artists bring their own unique life-lyrics, melodies, and styles to the stage. This promises to be an evening of great original music and dynamic entertainment that you won’t want to miss. Learn more about each of these artists on the Hermit Woods Winery website.

A complimentary wine tasting will begin at 5:30 p.m., the Loft opens at 6pm for seating & dinner orders, and music starts at 7 p.m. Patrons can further enhance their evening by selecting from a menu of tasty items available from Chef Kaylon Sweet of Sweet Mercy’s Kitchen. Tickets can be purchased in advance at hermitwoodswinery.com/the-loft or in-person at the Winery.

Nominations for Gordon Preston Community Service Award due Jan. 25

BARNSTEAD — Please join the family of Gordon Preston in nominating a well-deserving member of our community who gives their all to benefit The Town of Barnstead! Please send nominations in by Jan. 25!

“How wonderful it is that nobody need wait a single moment before starting to improve the world,” wrote Anne Frank.

Gordon Preston’s life epitomized this quote. He was devoted to serving the community for the benefit of all. When Gordon arrived in Barnstead many years ago, he immediately immersed himself into volunteering within the community. He continued to generously serve this town for the rest of his life. Gordon was welcoming of all newcomers to Barnstead and inspired others to get involved and change our small town for the better. He believed that one person could make a difference and his life’s work exemplified that.

In the Spirit of Gordon Preston’s unwavering service to our community, The Gordon Preston Outstanding Community Service Award is presented to a person who embodies the same type of dedication to The Town of Barnstead. This award recognizes the unsung hero or heroine who continually gives their precious time to benefit our community as a whole.

Criteria for nominees:

- Any volunteer and/or Barnstead town employee who serves our community to benefit our town and Barnstead residents



COURTESY PHOTO

Gordon Preston

- Nominee does not have to be a resident of Barnstead
- Consistently demonstrates the quality of outstanding service to the Town of Barnstead
- Has made a meaningful contribution to the community through their time, actions, talents and/or service
- Someone who is not normally recognized for their unyielding efforts that benefit our town...the unsung hero/heroine

We encourage you to nominate someone, whose commitment to and service in the Town of Barnstead has made a positive impact on the lives of the residents and the local community. We will be accepting nominees until Jan. 25.

- Please include:**
- The name and contact information of the person you are nominating
 - Your name and contact information
 - Specific reasons why this person deserves to be recognized
 - Any anecdotal information or quotes from those who were touched by the

- nominee would be helpful
- All nominations must be submitted via email no later than Jan. 25.
 - The award will be presented on Saturday, Feb. 21 in tandem with the Volunteer Appreciation Day celebration.
- Nominations can be submitted to Kelly Fan at: kellyfanheal@gmail.com. Please email with any questions, thank you!
- The Gordon Preston Outstanding Community Service Award debuted at The Gordon Preston Celebration of Life Gathering in 2019 and we are committed to continuing this award

each year in Gordon’s honor.

The selection committee for the GPOCSA will review the nominations and select one recipient that exemplifies the spirit of the award.

The Preston family would like to thank Margaret and Mike Cipriano for their generous and ongoing support in keeping the memory of Gordon Preston alive.



COURTESY


Last week, members of the Alton Police Department attended a Pipeline Emergency Response Workshop (TTX) in McAllen, Texas. This training focused on coordinated response, communication, and preparedness in the event of a pipeline-related emergency. Ongoing training and partnerships like these help ensure we’re ready to protect lives, property, and our community when it matters most. Photo courtesy of the department’s Facebook page.

Laconia Adult Education Winter 2026 Class Schedule

Course Title	Day(s) of the week	Start date	Times	# of weeks	Cost	Location	Instructor Name
Enrichment Classes							
Arts & Crafts							
DIY Wedding and Event Flowers	Wed	3/11/2026	6:00-8:00pm	3	** \$175.00	LHS-509	Shirley Glines
Health & Wellness							
Freedom Through Forgiveness	Thu	5/7/2026	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
Introduction to Spiritual Energies	Thu	3/12/2026	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
Meditation 101	Thu	4/16/2026	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
What are Angels & How to Communicate w/them	Thu	3/26/2026	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
Yoga for Everyone: Beginning (Tues & Thurs) Session 1	Tue, Thu	1/27/2026	5:00-6:15 pm	4	\$50.00	ctc-H	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 2	Tue, Thu	3/3/2026	5:00-6:15 pm	4	\$50.00	ctc-H	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 3	Tue, Thu	3/31/2026	5:00-6:15 pm	4	\$50.00	ctc-H	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 4	Tue, Thu	5/5/2026	5:00-6:15 pm	4	\$50.00	ctc-H	Bonnie Morin
Learning a skill							
Basic Woodworking	Thu	2/5/2026	6:00-8:30pm	8	** \$110.00	LHS-517	Wes Anderson
CERT Training (Community Emergency Response Team)	Tue	3/3/2026	6:00-9:00pm	12	\$35.00	LHS 615	Heather Stanley
Dog Obedience: Beginner	Wed	3/4/2026	6:15-7:15pm	8	\$70.00	WHS-Gym	Carolyn Bancroft
Intro to Intermediate Woodworking	Wed	TBA	6:00-8:30 pm	8	TBA	LHS-517	Ed Philpot
Open Shop Woodworking	Tue	2/3/2026	6:00-8:30 pm	10	**\$110.00	LHS-517	Ed Philpot
Diploma Classes							
Economics/ Civics	Mon	1/26/2026	6:00-9:00pm	15	\$300.00	LHS-603	P. Mignanelli
English	Tues	1/20/2026	6:00-9:00pm	15	\$300.00	LHS-612	J. Ratcliffe
US History	Wed	1/21/2026	6:00-9:00pm	15	\$300.00	LHS-305	S. Burdette
Foundations of Math II	Thurs	1/22/2026	6:00-9:00pm	15	\$300.00	LHS-611	A. Stefanik
Adult Education and Literacy Classes							
High School Equivalency Classed (GED and HiSET)	Mon & Wed.	1/26/2026	6:00-8:30PM	12	FREE	LHS-606	J. Andrews & T. Krivitsky
English as a Second Language (ESL)	Tues & Thurs.	1/27/2026	6:00-8:30PM	12	FREE	LHS-604	M. Rudolf
Adult Basic Education-Reading	Tues & Thurs.	3/3/2026	6:00-8:30PM	12	FREE	LHS-221	J. Hoell

* * Additional Supply/book fee or pre-class requirement is additional in this course.

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs)
REGISTER AND PAY ONLINE at: adulthoodlaconia.weebly.com
Still have questions? Call Laconia Adult Education at 524-5712



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Keeping winter roads safe is everyone's responsibility

January settles in differently once the holiday decorations are packed away. The days are still short, the cold feels heavier, and for those who live along the lakes and back roads of our towns, winter becomes less about scenery and more about practicality. Nowhere is that clearer than on our roads.

Across Alton, Barnstead, New Durham, and Gilford, winter driving is not optional. Residents rely on well-maintained roads to get to work, school, medical appointments, and grocery stores. Emergency vehicles rely on them as well. When storms arrive, public works crews are among the first to respond, often working long hours overnight and before dawn so the rest of the community can move safely the next morning.

It is easy to forget how much coordination and cost goes into keeping roads passable. Fuel, salt, equipment maintenance, and staffing all factor into winter operations. In recent years, fluctuating fuel prices and supply costs have made those budgets tighter. Town highway departments must balance safety with stewardship of taxpayer dollars, often under scrutiny when winter storms stretch on for days.

But road safety is not the sole responsibility of municipal crews. Property owners play a role too. Clearing driveways without pushing snow back into the roadway, keeping mailboxes visible and secure, and parking vehicles off streets during storms all help plow operators do their jobs efficiently. In lake-front and rural areas especially, one improperly parked vehicle can turn a narrow road into a hazard for everyone.

Drivers also share responsibility. Winter roads demand patience. Leaving earlier, slowing down, and giving plows space can prevent accidents that put both motorists and town employees at risk. Passing a plow on an icy road rarely saves time and often creates danger.

As budget season continues in many towns, winter maintenance is often one of the most visible examples of how local government works when it works well. Residents may not see the planning meetings or line-item debates, but they feel the results every time they turn the key on a cold morning and head out onto a cleared road.

Winter is far from over. More snow and ice are inevitable. How communities respond, together, will determine whether the season is simply inconvenient or genuinely unsafe. A little patience, preparation, and respect for the work being done can go a long way toward keeping everyone moving safely through the rest of the winter.



COURTESY

Cheering Lions

The Laconia/Gilford Lions Club contributed funds to help support the Laconia girls Cheer Associates team's travel expenses. The team had won the opportunity to go to Kissimmee, Florida to compete with other teams from across the nation. "Many still don't realize that Cheer team members are themselves competitive athletes," explained Club President Matt Soza. "Our club members would like to congratulate the team on their success & wish them all the best in their future endeavors. And we're glad for the chance to cheer them on." Cheer team members are pictured here with Lions Bill Chandler and Matt Soza.

LETTERS FROM EDWIN Toast

I must be getting better. I feel like writing again. My doctor decided that I had unsuccessfully been trying to beat off this malady for long enough, and that it was time to try some modern medical assistance. Three weeks of natural remedies weren't cutting the mustard, so I've once again subjected myself to a prescription from the essence of bread mold.

Speaking of mold, there's a container by the coffee maker at church where they throw all the coffee grounds for my worms. I haven't emptied it for a couple of weeks now. That should be nicely covered by a blue growth by now. I wonder if that could be somehow useful?

Food actually started to taste good a couple days ago. After braving the world outside to visit my doctor, I actually went to the bank and the market. Ain't it amazing what you get for a hundred bucks these days? Some things are coming down, thank God. Unfortunately, it's one of those slow processes.

I wanted to cook myself a real good breakfast this morning. A couple eggs

with home fries and toast should do. Not terribly original, but I'm still not totally back to normal. I had a cooked potato from the garden, and a fresh loaf of gluten free bread and eggs from the store.

My mother used to make the best fried eggs. They were just magically yummy. I could never reproduce their flavor. After marrying this northern Italian girl, I learned the virtues of browned butter, and realized the secret. My mother would get her frying pan nice and hot, throw in a whap of butter and it would smoke. In went the eggs, and when done, she'd pour the remnants on top of my eggs. Deadly.

The only thing that could top those eggs were the ones that would be deep fried in the skillet full of bacon grease after rendering a pound or two. All of which would rapidly get devoured with breakfast and a BLT lunch. I wasn't much into the vegetables so I would basically just have a pile of bacon on bread. Confessions of a true carnivore.

Mom never cooked home fries with breakfast;

that was something I got from 99 cent breakfast specials at the late night diners. But there was always toast and jelly. White bread worked perfectly to soak up the yoke. That's the way we all did it, except my father. He'd take the whole yoke and throw it into his mouth. Now that I'm big, I can do that too.

But that interferes with the variety of possible flavor combinations. The yoke adds another item to choose from on the plate of egg, potato, toast, jelly, and ketchup. Being gluten free, and for years never having any bread so to speak, I feel guilty that I missed showing my kids this delightfully delicious way to start the day. The lost art of toast.

There's an endless list of things that us parents wish that we could have passed on to our kids. It's only normal, but the truth is, most everything is probably passed by the time they're four years old. The rest is just gravy. Polishing the edges so to speak. It all goes by so quickly and you don't get any second chances.

This is it. You will have to take a decision. You only

have a finite time to do so. Does this world really look like a totally random accident to you? In physics and thermodynamics, I learned that in this universe, that no energy is created, or destroyed. It just keeps getting changed from one state to another.

So what about this life energy they talk about? We bask in it in its present form as long as we remain in the present. Then, at some abrupt time, there will come a discontinuity in which our life energy will instantly transform into some alternative. Science says it must continue. Life will go on, only differently.

Most people don't think of such things I know. When you get older, maybe you start to wonder. When I was really sick the other day, I didn't really care if I were here or there. It's nice to still be here. But one of these days I won't. I rest assured that when that time comes, that I'll be just fine. It's truly a comfort to have found peace with the Lord.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

When the morning gets quiet enough to hear yourself think

There is a certain kind of quiet that only shows up in New Hampshire in winter. It is not the quiet of a library or a church sanctuary. It is deeper than that. It is the quiet that settles in after a fresh snowfall, when the world seems wrapped in a thick wool blanket, and even the usual hum of traffic softens to a distant whisper.

I noticed it the other morning, when I stepped outside before sunrise. The air had that sharp, clean bite to it, the kind that wakes you up better than coffee ever could. My breath made little clouds that drifted away like they had someplace important to be. The sky was just beginning to lighten, that pale blue-gray color that only lasts a few minutes if you are lucky enough to catch it.

We do not talk much about quiet these days. Everything around us seems designed to fill every spare second with noise. Radios, televisions, phones, alerts, reminders, voices coming from small screens we carry in our pockets. Silence has become something people rush to avoid. Yet winter has a way of insisting on it, at least for a little while.

I stood there longer than I planned to. No grand reason. No dramatic moment. Just standing, listening to nothing in particular. And that is when I realized how rare it has become to simply let your mind wander without an agenda.

In those quiet minutes, I found myself thinking about small, ordinary things. The warmth waiting inside the house. The comfort of a familiar chair. The simple luck of having a roof that keeps the cold out and heat that works when you turn the dial. None of these are headline-making thoughts. But they are the kinds of thoughts that keep a person grounded.

There is a temptation in January to rush straight into the year at full speed. New plans, new goals, new expectations. None of that is bad. But I sometimes think we would all benefit from starting the year the way winter mornings do: slowly, deliberately, with room to breathe.

Our grandparents un-

KIND FOLKS, COLD WINTERS By CHIPPY

derstood this better than we do. They were not surrounded by constant noise. They knew how to sit quietly after supper. How to watch the weather roll in. How to let a long pause exist in a conversation without rushing to fill it. Silence was not awkward to them. It was normal.

These days, silence makes people nervous. We check our phones at stoplights. We scroll while waiting in line. We turn on background noise just to avoid the sound of our own thoughts. But those thoughts, inconvenient as they can sometimes be, are where clarity often lives.

I am not suggesting anyone swear off technology or move to a cabin in the woods. That is not realistic, and it is not necessary. What I am suggesting is something much simpler. Step outside for five minutes. Sit in your car before turning on the radio. Drink your morning coffee without reaching for a screen. Let a little quiet back into your routine.

Winter gives us permis-

sion to slow down in ways other seasons do not. The days are shorter. The nights come early. The landscape itself seems to say, "Ease up. Take your time." There is wisdom in listening to that message.

I have noticed that when I allow myself a few quiet moments, I carry them with me the rest of the day. I am more patient in small frustrations. I listen a little better. I react a little less quickly. It does not make life perfect, but it makes it steadier.

In a world that seems louder and faster every year, steadiness has real value.

So if you find yourself tomorrow morning staring at a snowbank, or watching frost trace patterns on your window, or standing in the cold air while your car warms up, do not rush the moment away. Let it be what it is. Let the quiet do its quiet work.

It may not change the world. But it might just make your corner of it feel a little calmer, a little kinder, and a little easier to carry.

And in the middle of a New Hampshire winter, that feels like a gift worth accepting.

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PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
frank@salmonpress.news
BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news
OPERATIONS DIRECTOR
JIM DI NICOLA
(508) 764-4325
DISTRIBUTION MANAGER
JIM HINGKLEY
(603) 279-4516
EDITOR
JOSHUA SPAULDING
(603) 941-9155
josh@salmonpress.news
MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news
PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	510 Old Wolfeboro Rd.	Mobile Home	\$325,000	510 Old Wolfeboro Rd. LLC	Wilfred and Marcia Audette
Alton	47 Winni Ave.	Multi-Family Residence	\$60,000	Kimberlie Jane Mather RET	Chester and Jill Hart
Alton	N/A (Lot 168)	N/A	\$498,000	Dana A. and Janet M. Rhodes	Lesa M. Cozzie
Alton	N/A (Lot 169)	N/A	\$498,000	Dana A. and Janet M. Rhodes	Lesa M. Cozzie
Barnstead	Barnstead Road	N/A	\$174,933	Jacques P. and Rebecca S. Lemieux	North Point Properties LLC
Barnstead	7 Brenton Lane	Single-Family Residence	\$385,000	Kathy A. Curtis and Justine L. Jobin	Jennifer M. Kimball
Gilford	663 Cherry Valley Rd.	N/A	\$360,000	Zos Hid LLC	Michelle and Andrew Tache
Gilford	Dockham Shore Road	N/A	\$1,175,000	Stephen and Laura Hutter	Faith Francis
Gilford	19 Knollwood Dr.	Single-Family Residence	\$1,150,000	Carol E. Weiss	Marcus E. Caldwell
Gilford	N/A (Lot 6-108)	N/A	\$14,800	LVL Holdings LLC	Lloyd D. Kenyon III and Daine M. Flynn-Kenyon
Gilmanton	46 North Rd.	Single-Family Residence	\$425,000	Mark L. Canole	Mikayla Jacobs
Gilmanton	159 Province Rd.	Single-Family Residence	\$590,000	Patricia B. and Robert D. Hunt	Michael J. and Kathleen M. Walsh

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers. Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Gilford Public Library Classes & Special Events

Jan. 22 – Jan. 29

Thursday, Jan. 22
 Senior Sculpt, 9-10 a.m.
 Fun and Fitness with
 Joyce, 10-11 a.m.
 T(w)een Trivia, 3-4
 p.m.
 Test your knowledge in
 our trivia event!
 Cozy Knitting Club,
 3:30-4:30 p.m.
 Join Miss Jill in learn-
 ing how to knit your own
 scarf!

French, 4-5 p.m.
Book Discussion: Clear, 5:30-6:30 p.m.
This month's book is "Clear" by Carys Davies. Led by Betty; books are available at the front desk.

Friday, Jan. 23
 Geri Fit, 9-10 a.m.
 Bridge, 10 a.m.-noon
 The Wintering Body: A
 Chair Yoga Journey, 10-11

a.m.
Preschool Storytime,
10:30-11:30 a.m.
Hand & Foot, noon to
2:30 p.m.
Happy Crafters, 1:30-
2:30 p.m.
Advanced Conversa-
tional German, 2:30-3:30
p.m.
Beginner Line Dancing,
4-5 p.m.

Saturday, Jan. 24
Beginner Line Dancing
10-11 a.m.

Monday, Jan. 26
Fun and Fitness With
Joyce, 9-10 a.m.
Baby Storytime, 10-11
a.m.
Tai Chi, 10:15-11 a.m.
Mahjong, noon to 3
p.m.

Tuesday, Jan. 27
 Feel Good Fitness w/
 Dottie, 9-10 a.m.
 Senior Sculpt, 10-11
 a.m.
 Preschool Storytime
 10:30-11:30 a.m.
 Dungeons and Dragons
 3-4:30 p.m.

Beginner Line Dancing
2:30-3:30 p.m.
History of the Islands
of Southern Lake Winni
5:30-6:30 p.m.
Local author and is-
lander Stephanie Erickson
shares the history of the
islands and how they have
shaped the culture of the is-
landers today.

Wednesday, Jan. 28
 Geri Fit, 9-10 a.m.
 Senior Stretch Yo-
 gaaah!, 10-11 a.m.
 Card Games, 10 a.m.-
 noon
 Check out an Expert, 10
 a.m.-noon
 Little Math Whiz

10:30-11:30 a.m.
Paint Group, 1-3 p.m.

Thursday, Jan. 29
 Senior Sculpt, 9-10 a.m.
 Fun and Fitness with
 Joyce, 10-11 a.m.
 Puzzles by the Fire, 3-4
 p.m.
 Enjoy a peaceful puzzle
 beside a (virtual) fire this
 cozy January!
 Graphic Novel New-
 bies, 3:30-4:30 p.m.
 Graphic Novel Newbies
 is back with Miss Erika!
 Create your own colorful
 world and share your story
 with friends.
 French, 4-5 p.m.

French, 4-5 p.m.

*WPI student Evan McCracken
completes intensive research project*

WORCESTER, Mass. — Evan McCracken, from Alton Bay, a member of the class of 2027, majoring in Mechanical Engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed a professional-level research-driven project titled "Developing a User-Friendly Tool to Evaluate Parks."

Known as the Interactive Qualifying Project (IQP), this project is a core part of the innovative undergraduate experience at WPI. Centered around project-based learning, this hands-on approach offers students opportunities to help develop thoughtful solutions to open-ended problems. These real-world problems affect the quality of life for people in the communities where students work, giving students a chance to make a difference in the world before they graduate. All WPI undergraduates are required to complete an IQP, usually in their junior year, through which they apply science and technology to address an important societal need or issue. About two-thirds of WPI students complete their IQP at one of the university's 50+ off-campus project centers located in more than 30 countries around the world.

"The WPI project-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and

to solve problems," said Professor Kent Rissmiller, professor of International & Global Studies and assistant dean of The Global School. "Students are immersed in all aspects of a different culture—from the way people live and work to the values they hold to the foods they eat, all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application."

**About Worcester
Polytechnic Institute**
Worcester Polytechnic

Institute (WPI) is a top-tier, STEM-focused university with an R1 research classification and global leadership in project-based learning. Founded in 1865, WPI's distinctive approach integrates classroom theory with real-world practice, preparing students to tackle critical challenges through inclusive education, impactful projects, and interdisciplinary research. With more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments and over 50 global project centers, WPI advances knowledge and innovation in fields such as life sciences, smart technologies, advanced materials and manufacturing, and global innovation. Learn more at www.wpi.edu.

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Lakes Region Technology Center hosts inaugural Alumni Luncheon and Career Panel

WOLFEBORO — The Lakes Region Technology Center is proud to announce the successful hosting of its first-ever Alumni Appreciation Luncheon and Panel Discussion. This milestone event brought together distinguished graduates and current students for an afternoon of mentorship, networking, and professional insight.

The event featured a diverse panel of alumni who have gone on to excel in college and in their chosen industries. These leaders returned to campus to share "real-world" advice, reflecting on how their time at LRTC served as a foundation for their current success.

Some event highlights: Alumni shared candid stories about navigating college and/or the job market



and where they are on their chosen career path. Current students listened intently and engaged directly with our alumni to gain clarity on specific career paths. We shared knowledge, advice and laughs throughout the event.

"Seeing our alumni re-

turn to invest in the next generation is a testament to the strength of our community, the bond they create

with their teachers and the pride they feel from their accomplishments," said Mrs. Ouellet, Student Service Coordinator.

"Beyond offering practical advice, the alumni event highlights the last strength of the LRTC community. By sharing their personal transition stories, alumni demystified the professional journey for our upcoming graduates and provided essential guidance to help current students prepare for their own next steps... applause to all," added Principal K. Tetreault

LRTC plans to make this an annual tradition, further strengthening the bond between its past, present, and future students.



COURTESY
The following Kingswood Regional Middle School students received the December After School AllStars Award for dedication to Robotics. In the first picture is Autumn Lunt; in the second picture is Isabella Proulx. Congratulations!

HOOPS

(continued from Page A1)

er three-pointer and after a Bickford hoop at the other end, Bubar and Whitehouse both connected from long distance for the 49-36 lead. Bickford drained a three-pointer for the Mountaineers but Prospect Mountain got the final three hoops of the game, with two from Hall and one from Dunne closing out the 55-39 win.

Prospect Mountain was led by 18 points from Whitehouse while Hall finished with 10 points and Bickford led the Mountaineers with 28 points.

The Timber Wolves will be back in action on Friday, Jan. 23, at home against Gilford at 6 p.m. and will be at St. Thomas at 6:30 p.m. on Tuesday, Jan. 27.

Berlin returns to action on Tuesday, Jan. 27, at Newfound at 6 p.m.

PMHS 10-10-13-22-55
BHS 8-15-8-8-39

Prospect Mountain 55
Quirk 1-0-2, Dunne 3-0-8, Whitehouse 6-5-18, Bubar 2-0-6, Lounsbury 2-0-6, Hall 5-0-10, Gorton



JOSHUA SPAULDING
Owen Bubar fires off a three-pointer during action against Berlin last Monday evening.

1-0-3, Chandler 1-0-2, Totals 15-6-39

Berlin 39
Garneau 2-2-7, Bickford 11-4-28, Bartlett 2-0-4, To-

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

ALPINE

(continued from Page A1)

35th in 1:40.17, Lyman was 36th in 1:40.67 and Thompson finished in a time of 1:51.34 for 41st place overall.

The Golden Eagle boys placed second in the morning giant slalom behind Hopkinton with Bode Badger leading Gilford with the winning time of 48.17 seconds. Joel Wernig was 13th in 58.23 seconds and Jack Fountain skied to 17th in 1:00.34. Connor Livingston finished the scoring with a 20th place finish in 1:02.44.

Gabriel Bates was 23rd in 1:04.22, Parker Crawford was 24th in 1:04.24, Christien Nunez was 28th in 1:08, Kyle Johnson was 31st in 1:09.32, Brady Alessandro was 38th in 1:12.77 and Cooper Hale finished in 39th place in 1:13.94.

Gilford was third in the afternoon slalom, just five points behind second place White Mountaineers. Badger again got the win with a time of 46.72 seconds with Oliver Leandro in 14th place in 1:02.85 and Fountain in 18th in 1:12.73. Crawford finished the scoring in 23rd place in 1:21.52.

Johnson was 45th overall in a time of



1:48.49 and Hale was 46th in a time of 1:49.51.

Gilford is scheduled to compete at Gunstock again on Friday, Jan. 23, at 10 a.m.

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SPORTS

Fuller, Goyette lead Timber Wolves at Gunstock



JOSHUA SPAULDING

Evan Fuller led the Prospect Mountain boys in the giant slalom and slalom at Gunstock on Friday.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Prospect Mountain alpine ski team hit the slopes amidst the wind at Gunstock on Friday, competing against Gilford, Hopkinton, Newfound, White Mountains, Lebanon, St. Thomas, Hill-

sboro-Deering, Laconia, John Stark and Belmont in two runs of giant slalom and two runs of slalom. In the morning giant slalom, the Timber Wolf boys finished in seventh place with Evan Fuller leading the way in 21st place in 1:02.91. Brady Glidden was 37th in



JOSHUA SPAULDING

Erin Goyette was the top finisher for the Prospect Mountain girls in the slalom and giant slalom at Gunstock last week.

1:12.42, Isaac Casale skied to 43rd overall in 1:16.3 and Michael Perry finished out the scoring for Prospect in 45th place in 1:17.42. The Timber Wolves jumped up to fifth place in the afternoon slalom, again led by Fuller with a 21st place finish in 1:20.86.

Ayden Porter was 24th overall in 1:25.79, Glidden was 29th in a time of 1:27.93 and Bravar finished out the scoring for the Timber Wolves in 31st place in 1:29.68. The Prospect girls skied to fifth in the morning giant slalom with Erin Goyette



JOSHUA SPAULDING

Isaac Casale races in the giant slalom on Friday morning at Gunstock.



JOSHUA SPAULDING

Sydney Grasso races for Prospect Mountain during the giant slalom at Gunstock Friday.

Cats fall in overtime battle with Bulldogs

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Kearsarge-Plymouth and Belmont-Gilford hockey teams needed a little extra time to decide a winner on Wednesday, Jan. 14, at Plymouth State University. But as it turned out, very little time, as Max Ryder buried a goal just 10 seconds into the extra frame to lift the visiting Bulldogs to the 3-2 win over the host Cats.

Nolan Johnson had an early chance for the Cats that goalie Jacoby Drouin stopped and Cam McClary came back with a chance at the other end that went over the top of the net. Ryder Francis had a chance denied by Drouin and Brayden Drew answered with a chance that was stopped by K-P goalie Asher Smith. Landon Custance had a bid denied by Drouin and Smith stopped a chance from Jack Rodrigue while McClary sent another shot wide of the net and Noah Van Vught had a bid denied for the Cats by Drouin.

Kearsarge-Plymouth took the 1-0 lead with 9:14 to go with Trenton Judkins getting the hosts on the board on assists from Francis and Johnson. Francis sent a shot over the top of the net and Alex Beaman had a bid go wide of the net as well. Drew sent a shot wide at the other end while Jaxen Lien, Sean Ellis and Ethan Girard all had chances for the Bulldogs that Smith denied. McClary made some nice moves through the defense, with Smith coming up with another save and Francis went the other way with a shot that went high.

Alex Rowley had a chance in close for the Bulldogs that Smith stopped and Lien had a chance that the Cat defense turned back. Madden Gagnon had a shot for the Cats that Drouin stopped before the Bulldogs got on the board in the final minute of the first period. Will Hazelton got the Bulldogs on the board with 58 seconds to go on an assist from Ellis, tying the game at one. Colton Byars and Ellis had late shots denied by Smith and Drew had a shot go wide as the first period ended with the score knotted at one. Francis had a bid denied by Drouin and Tyler Mull came the other way for a chance that Smith stopped. Johnson, Judkins and Will Carson all had chances that Drouin handled and Francis



JOSHUA SPAULDING

Belmont-Gilford's Tyler Mull and Kearsarge-Plymouth's Jasper Majerksy battle for the puck during action last Wednesday.



JOSHUA SPAULDING

Ryder Francis works the puck along the boards during action last Wednesday against Belmont-Gilford.

sent a shot wide of the net. Judkins had a nice centering pass that McClary was able to clear out from in front of the net. Ryder had a bid denied by Smith, Byars sent a shot wide and Ellis made a nice defensive stop on a run from Custance. Kearsarge-Plymouth went on the power play with 6:58 to go in the middle period and Ellis and Mull had good penalty kills for the Bulldogs while Byars had a good clear. Francis and Judkins had chances denied by Drouin as the penalty was killed off. Declan Hackett had a bid stopped by Smith and Derik Swanson had a chance denied by Drouin while Ryder and Mull had bids in close. The Bulldogs took the lead with 3:22 to go in the period, as Mull put home a rebound of a shot from Thomas Murphy to give the Bulldogs the 2-1 advantage. After Drouin stopped a Custance chance, Belmont-Gilford went on the power play with 2:33 to go in the period. Drew had a bid denied and Byars and Rowley teamed up on a chance that Smith handled

while Francis had a good stop to kill the penalty. Kearsarge-Plymouth went on the power play with 18 seconds left in the second and the Bulldogs went to the final frame with the 2-1 lead. The Cats needed just eight seconds of that power play to start the third, as Isaac Son finished off a feed from Francis to tie the game at two with Custance getting the secondary assist. Murphy had a centering pass cleared and Son made a run into the zone that Drouin handled. Will Custance made a good defensive stop in front of the net and Ryder had a bid stopped by Smith. Judkins and Landon Custance had chances stopped by Drouin and McClary had a chance at the other end that Smith stopped. Will Custance and Landon Custance teamed up on a chance for the Cats while Gagnon cleared a centering pass from Rowley. Drew and Byars had chances that Smith turned back and Lien sent a shot wide of the net. Francis and Son teamed up on a chance and Landon Custance sent

a shot off the post. Murphy got in close for a bid that went wide and Girard made a good defensive stop on Francis. Drew, Girard and Ellis had chances that Smith turned back and Francis made a nice defensive stop on a bid from Lien. Drouin stopped another chance and Judkins sent a shot wide for the Cats as the game went to the end of regulation tied at two. Just 10 seconds into the eight-minute overtime, Ryder finished off a feed from Drew and Belmont-Gilford had the 3-2 win. Kearsarge-Plymouth is scheduled to take on Kingswood at Proctor Academy at 6 p.m. on Saturday, Jan. 24, and will be at John Stark-Hopkinton on Wednesday, Jan. 28, at 8 p.m. Belmont-Gilford will be in action on Saturday, Jan. 24, at John Stark-Hopkinton at 8 p.m. and will be hosting Monadnock on Wednesday, Jan. 28 at 4 p.m. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

leading the way in 32nd place in 1:05.93. Sydney Grasso was 36th in 1:10.01, Anna Sanders was 37th in 1:10.11 and Charlie Warren was 44th in 1:15.14 to finish the scoring. Natalie Shea skied to 47th overall in 1:19.87, Violet Page was 50th in 1:22.62, Johanna Foley was 54th in 1:34.66 and Grace St. Germain finished out the field of Timber Wolves in 56th place in 1:51.26. The Timber Wolves were also fifth in the afternoon slalom with Goyette again leading the way in 1:17.63 for 23rd place. Sanders was

25th in 1:21.2, Warren was 30th in 1:27.77 and Alexis Briggs finished out the scoring in 42nd place in 1:55.28. Shea was 43rd in 1:55.45, Page was 45th in a time of 1:58.9, Foley was 46th in 1:59.25 and St. Germain finished in 50th place in 2:31.03. The Timber Wolves are slated to compete at Gunstock again on Friday, Jan. 23, at 10 a.m. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



COURTESY PHOTO

Podium finish
Barnstead Elementary School wrestler Brent Bemis (right) finished third in his weight class in the Cardigan Mountain Wrestling Tournament on Saturday in Canaan.

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OBITUARIES

Danielle “Dani” A. Beirsto, 33

Danielle “Dani” A. Beirsto, 33, of Manchester, NH passed away suddenly on January 1, 2026, at her home. Born on November 25, 1992, in Boston, she was the beloved daughter of Christopher and Carolyn (Wenzler) Beirsto.

Dani grew up in South Berwick, ME and was a graduate of Marshwood High School. She went on to obtain a CNA through Seacoast Career Schools in Sanford, ME, and later earned her Bachelor’s degree from Marymount University in Arlington, VA. She was actively working toward the completion of her master’s degree. Dani began her career as a Certified Nursing Assistant, a role that inspired her to pursue a degree in Health Information Management. She was employed in the Medical Records Department at Granite VNA in Concord, NH where she took great pride in her work. Known for her strong work ethic, Dani also enjoyed her part-time position at Target, a job she truly adored.

Fearless in every sense of the word, Dani possessed an independent spirit and a deep love for travel. Her wanderlust took her across the globe; Australia, Paris,



Puerto Rico, Spain, and England, and she always had another adventure planned. She even had concert tickets for Madrid later this year. To further connect with friends and her travels, Dani had been teaching herself Spanish, embracing every opportunity to learn and grow.

Above all else, Dani cherished her family. She treasured time spent with her parents, sister, and especially her beloved nephews, while also making meaningful connections with her extended family. Dani had a remarkable ability to form individual relationships with each person she met; some known only between the two of them, and she deeply valued making everyone around her feel loved, included, and accepted.

She was predeceased by her grandparents, Frederick and Carolyn Wenzler, and

Henry and Joyce Beirsto.

Left to cherish her memory are her parents, Christopher and Carolyn Beirsto of New Durham, NH; her sister, Christine Beirsto, Christine’s Fiancé, Kyle Poquette, and their children Aiden and Jackson Poquette (whom Dani adored) of Waterbury, VT. Danielle also left behind her beloved dog Johnny. Her love and dedication for animals were made manifest through the love and attention she provided to her dog Johnny, and Johnny provided to her.

Friends and family are invited to gather for visitation on Friday, January 16, 2026, from 5:00 to 7:00 PM at McIntire-McCooley Funeral Home, 301 Main Street, South Berwick, Maine. A funeral service will be held on Saturday, January 17, 2026, at 11:00 AM at First Parish Federated Church, 150 Main Street, South Berwick, ME 03908. Burial will take place in Barnstead, NH in the spring.

For those unable to make the services, the services will be available online at: <https://www.fpfcm.org>

To leave an online condolence for the family, please visit www.taskerfuneralservice.com

Nancy Gay Regan, 77



to Europe as she got out of college, was very well traveled, and sought out adventure tirelessly. She also loved to camp, her entire life she enjoyed summers with family at their camp on Lake Winnepesaukee, play tennis which turned into watching tennis often in her later years, cook, garden, was known as the family historian, she loved to solve puzzles, crochet, sew, knit, and create macrame jewelry pieces that she got to show off at craft shows and fairs. She was also an incredibly compassionate woman. She sewed hundreds of masks for her community during covid. She led the local cub scouts and boy scouts troop, who loved her for her creativity and sense of adventure.

Nancy is survived by her loving husband, Robert Regan, her son, Gregory Brien Regan of Alton, her brother Robert G. Row and wife Diane of Hudson, MA, her sisters Elizabeth Moyer of Alton, and Barbara Hopper and her husband Peter of Wolfeboro, the mother of her grandson Ashley Regan, her grandson Wesley Robert Regan of Laconia, and many many many nieces, nephews, great nieces and great nephews from her side and from Bob’s. She is predeceased by her parents, her son Michael Bradlee Regan and her brother in law Jack Moyer.

Calling hours will be held on Saturday, January 24, from 3pm to 5:30pm with a remembrance from 5:30pm to 6pm, at the Baker-Gagne Funeral Home in Wolfeboro. In lieu of flowers please consider donating to the Pulmonary Fibrosis Foundation at <https://www.pulmonaryfibrosis.org/>

Arrangements are under the care of Baker-Gagne Funeral Homes, Wolfeboro and West Ossipee. To sign the online book of memories, please go to baker-gagnefuneralhomes.com

GILFORD ---- Sara Macfarlane Allen, 95, died peacefully at her home on Saturday, January 3, 2026, surrounded by her family. Bighearted, open-minded and endlessly curious, even in the final years of her life, Sara's capacity for grace, trust, and love in the most difficult times has been a blessing and inspiration to her family and community.

Born in Rockford, Illinois, on April 11, 1930, to Noble Thomson Macfarlane and Helen Brantingham Macfarlane, she

joined a beloved older brother, Noble “Mac”.

An adventurous child, “Sally” spent her early years in Rockford and Winnetka, and many summers at Camp Sherwood Forest in Minnesota, sailing and riding horseback. Her teens brought a move to Virginia when her parents opened the Old Ivy Inn near Charlottesville. After graduating from St. Anne's Episcopal Girls School in 1948, Sara studied political science at Vassar College and discovered a deep love

Sara Macfarlane Allen, 95



of travel with a memorable year in Switzerland. Upon graduation in 1952, she worked for the National Security Agency as a research analyst in Washington D.C., and soon met a dashing Naval aviator in training, James “Jim” Phillips Pilliod, through her best childhood friend, Caroline. Sara and Jim married on February 6, 1954.

Sara and Jim started their family in the years Jim was in training to become a pediatrician. Becoming a mother was her joy and focus

in those years. In 1964, they chose to settle in Gilford, New Hampshire, where their family embraced all that life in New Hampshire has to offer - skiing and hiking with the Gilford Outing Club, sailing at the Winnepesaukee Yacht Club, and swimming at Gilford Beach.

Committed to helping families thrive, Sara spearheaded the founding of the first day care center in the State in 1967 and continued to be actively involved with the Lakes Region Day Care Center for many years. After her divorce, Sara turned to building her professional life, completing a Masters in Education Counseling at UNH and becoming a much-loved counselor at Northfield Mount Hermon School in Massachusetts for a decade, before returning to Gilford full-time in 1987. A spiritual person, Sara found a faith community everywhere she lived. She was a devoted member of the Gilford

Community Church, eventually becoming the Assistant to the Pastor, after receiving a degree from the New York Theological Seminary. She officiated many weddings, baptisms, and funerals through the years and brought comfort to the ill and infirm.

Sara got a second chance at love later in life when her friendship with T. Gary Allen, the widower of her dear friend Lucile, grew deeper. Sara and Gary married in 1996, enjoying their extended families and square dancing, singing in the choir, skiing, and traveling together until Gary’s death in 2007. A lover of dogs, Sara later enjoyed many years with her beloved black lab, Piper.

Her spirit of adventure led to extensive travel in the US and around the world. A favorite family memory is an epic road trip with the five children in her VW camper in 1972, visiting friends and family throughout the country. Abroad, Sara visited almost every continent over the years, finishing up with a trip to the Galapagos to celebrate her 80th birthday with her childhood friend, Ellanor.

Sara was predeceased by her step-son, Phillip Allen, and step-daughter-in-law, Patricia Gilbert Allen. Her survivors include her children and their spouses: Sharon and Timothy Grant, Linda Pilliod and Michael Foote, Mary and Dale Curtis, Jay Pilliod and Dara Torre, and David Pilliod and Elena Vel-

asquez. She is also survived by step-daughter-in-law, Cheryl Gilbert Allen, and stepchildren Francie Allen, Tom Allen, Chris Allen and Anne Knudsen, and Barbara Allen; grandchildren: Cameron Grant and Manige Blackburn Giles, Kayleigh Grant and Karen Johnson, Sara Ellen Godek, Charles and Emily Curtis, James Curtis, Lucile and Shaun LaPlante, Emily Curtis, Kathryn Pilliod, and Matthew Pilliod; step-grandchildren: Elizabeth and David Ellwell, Joshua and Lesley Allen, Garrett Allen, Marguerite and Kris Gallagher, Lea Allen, Steffan Allen, Nicolas Tipp, T. Garrett Lewis, and Lucy Lewis; and eight great-grandchildren and one great-great grandson.

The family is planning a Celebration of Life in early summer. Should you wish to make a donation in Sara’s memory, the family suggests Gilford Community Church, 19 Potter Hill Road, Gilford, NH 03249 or Lakes Region VNA and Hospice, 186 Waukegan St #6023, Meredith, NH 03253. The loving hands and hearts of our hospice team were invaluable in caring for Sara at home.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services/603Cremations.com, 164 Pleasant St., Laconia, NH, 03246, is assisting the family with arrangements. For more information and to view an online memorial, please visit wilkinsonbeane.com.

Church Service

SCHEDULE

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School. Pastor Ben Ruhl, www.befreechurch.net.

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ccoppraisegathering@gmail.com

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ccnorthbarnstead.com

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Wed. Prayer Meeting 7pm. Depot St., New Durham;

Pastor Ryan Blackard
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Pittsfield, NH 03263
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Prayer Night- 1st Wed of every month 6:30 pm
Pastors Mike & Kathy Mavity
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SPORTS

Sawyer, Marvel siblings pick up wins at UNH

BY JOSHUA SPAULDING
Sports Editor

DURHAM — The

Scarpa wins long jump at UNH meet

BY JOSHUA SPAULDING
Sports Editor

DURHAM — The Prospect Mountain indoor track team hit the road to Durham on Sunday morning for a meet at UNH.

DJ Scarpa picked up the win in the long jump at 19 feet, 10.75 inches with Blake Snell in third at 18 feet, 4.75 inches. Scarpa was ninth in the 300 meters in 39.62 seconds, Matthew Whelan was 16th in 41.16 seconds and Snell was 17th in 41.59 seconds.

Dawson Meehan finished sixth in the prelimi-

Gilford indoor track team put up some impressive finishes at the Universi-

naries in the 55-meter hurdles in 10.36 seconds and finished fourth in the finals in 9.72 seconds while Hunter Witham was 11th in 11.18 seconds. Scarpa placed 17th in the 55 meters in 7.22 seconds, Whelan was 27th in 7.4 seconds and Ayden Carignan was 52nd in 9.52 seconds.

The Timber Wolf boys took fifth in the 4X160-meter relay in 1:23.38 while in the 600 meters, Meehan was 22nd in 1:48.21 and Dylan Krull was 23rd in 1:48.35. Witham took 17th in the 1,000 meters in 3:45.46 and

ty of New Hampshire on Sunday afternoon.

Macy Sawyer won the

Liam Conway was 19th in the 1,500 meters in 6:58.54.

In the shot put, Carignan was 16th at 33 feet, 7.5 inches, Declan McCausland was 19th at 31 feet, three inches, Cam Drolet was 24th at 26 feet, 4.75 inches and Dylan Conway was 26th at 24 feet, 4.5 inches.

For the Prospect girls, Jazmine Witham was fifth in the shot put with a toss of 27 feet, 5.25 inches while Layla Baker ran to 20th in the 1,000 meters in 4:09.73 and Kora MacKenzie was 25th in the 300 meters in 53.09 seconds.

300 meters in a time of 41.8 seconds with Emily Aguiar in seventh in

Madison Morris was seventh in the 600 meters in 1:52.39 while Natalie Cowser ran to ninth in the 55-meter hurdles in 11.76 seconds. Madelyn Briggs was 24th in the 55 meters in 8.51 seconds and MacKenzie was 36th in 8.95 seconds. The Prospect girls finished in 10th in the 4X160-meter relay in 1:39.37.

Prospect is slated to compete at UNH on Sunday, Jan. 25, at 3 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

47.28 seconds. Sawyer finished second in the preliminaries for the 55 meters in 7.67 seconds and won the finals in 7.54 seconds with Pearl Marvel in eighth in 8.03 seconds.

Marvel won the long jump with a distance of 17 feet, 6.25 inches while Aguiar ran to ninth in the 55-meter hurdles in 10.04 seconds. Amanda Schaffnit was 10th in the 1,000 meters in 4:20.27.

Gunnar Marvel won the shot put for the boys with a distance of 43 feet, 9.75 inches with

John Lavalley in eighth place at 38 feet, 7.75 inches.

William Reinhardt ran to seventh place in the 3,000 meters in 10:34.14 and Gunnar Marvel was 10th in the 300 meters in 41.85 seconds.

The Golden Eagles are slated to compete at the University of New Hampshire at 10 a.m. on Sunday, Jan. 25.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Tilley wins

Gunstock biathlon

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford Nordic ski team took part in the annual Gunstock biathlon on Tuesday, Jan. 13, with skiers taking aim at targets with paintballs between laps on the Gunstock course.

Maria Tilley led the way for the girls' field, finishing with a time of 14:49 to take the win while Alissa O'Brien finished in 47th place in a time of 27:57.

Gunnar Marvel led the way for the Gilford boys with a 23rd place finish in 15:47 and Oskar Karlsson

was 32nd overall in a time of 17:01.

Connor Termorshuizen represented the Gunstock Nordic Association with a ninth place finish in 14:12.

The Golden Eagles are scheduled to compete at the first New Hampshire Series race on Saturday, Jan. 24, at White Mountains Regional and will be at Dublin on Tuesday, Jan. 27.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Friday, Jan. 23
BELMONT

Alpine Skiing at Gunstock; 10
Boys' Hoops at St. Thomas; 6:30
Girls' Hoops vs. St. Thomas; 6
Unified Hoops vs. Laconia; 3
GILFORD
Alpine Skiing at Gunstock; 10
Boys' Hoops at Prospect Mountain; 6
Girls' Hoops vs. Prospect Mountain; 6:30
WINNISQUAM
Boys' Hoops vs. White Mountains; 7
Girls' Hoops at White Mountains; 6
Saturday, Jan. 24
BELMONT

Indoor Track at Phillips Exeter; 2
BELMONT-GILFORD
Hockey at John Stark-Hopkinton; 8
WINNISQUAM
Hockey at Kennett; TBD
Sunday, Jan. 25
GILFORD
Indoor Track at UNH; 10
Swimming at Oyster River (UNH); 9:30
WINNISQUAM
Indoor Track at UNH; 3
Monday, Jan. 26
BELMONT
Girls' Hoops vs. Somersworth; 6
WINNISQUAM
Girls' Hoops at Inter-Lakes; 6

Tuesday, Jan. 27
BELMONT

Boys' Hoops vs. Gilford; 6
Girls' Hoops at Gilford; 6
Unified Hoops vs. Somersworth; 3
GILFORD
Boys' Hoops at Belmont; 6
Girls' Hoops vs. Belmont; 6
Unified Hoops vs. Newfound; 3
WINNISQUAM
Boys' Hoops at Derryfield; 7
Wednesday, Jan. 28
BELMONT-GILFORD
Hockey vs. Monadnock; 4
WINNISQUAM
Hockey vs. Kingswood; 6
Wrestling vs. Plymouth; 6

All schedules are subject to change.

Timber Wolf hoop girls remain undefeated in regular season

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain hoop girls continued the strong regular season with a few more wins last week.

The week started with a home game against Berlin on Monday, Jan. 12, using strong defense to get the 52-40 win over the Mountaineers.

The two teams were feeling each other out in the first quarter and the Mountaineers held an 11-10 lead after one quarter but the Timber Wolves took over in the second frame. They turned up the defensive pressure and found the rhythm at the other end to outscore the Mountaineers 20-7 to take the 30-18 lead at the break.

The Timber Wolves used aggressive defense and a fast-paced transition game to push the lead to 47-29 at the end of the third quarter and never looked back, managing the clock in the final eight minutes to close out the 52-40 win.

Kourtney Kaplan led the Timber Wolves with 25 points, 10 rebounds, two steals and two assists while Maddy Howlett had 10 points, five assists, five

rebounds and two steals and Maddie Miller had her most complete game of the season with seven points, seven rebounds and an assist. Ava Foster chipped in with four points, five rebounds and an assist and Leah Gard had four points, six rebounds and two assists off the bench.

Two nights later, the Timber Wolves hosted Belmont and came out with a 66-22 win over the Raiders, starting strong and never looking back.

The defensive pressure sent the tone early, as they allowed just three points in the first half, forcing turnovers and converting in transition to take a 31-3 lead at the halftime break.

Belmont came out to score 15 points in the third quarter but the Timber Wolves matched the Raider surge and outscored them 20-15 in the frame for the 51-18 lead heading the final eight minutes. Prospect allowed just four points in the final quarter for the 66-22 win.

Kaplan finished with 32 points, six rebounds, seven steals and three assists while Foster had 14 points and 13 rebounds along with two steals. Kylee Guptill

finished with six points, eight rebounds, one assist, one steal and one block. Howlett had four points, six assists, four rebounds and three steals, Peyton McAneney added four points and eight rebounds, Emma Foster had four points and four rebounds and Paige Harding finished with five assists, two steals and two rebounds.

Prospect Mountain continued its strong run through Division III play with a disciplined road victory Friday night, relying on defensive pressure and balanced contributions to control Campbell from start to finish.

The Timber Wolves set the tone early, forcing turnovers and limiting clean looks and the defensive rotations and rebounding effort prevented any sustained momentum by the home team, allowing the Prospect to pull away.

Kaplan once again led the way offensively, pacing Prospect Mountain with a high-energy performance

that included scoring in transition and consistent pressure on both ends of the floor. Harding provided steady leadership, impacting the game beyond the box score with on-ball defense, rebounding, and timely playmaking. Harding's presence helped settle the game during key stretches and maintained the Timberwolves' composure on the road. Ava Foster added efficient scoring and strong perimeter defense, while Prospect Mountain's supporting cast contributed through rebounding, ball movement, and defensive communication.

The Timber Wolves will be back in action on Friday, Jan. 23, at Gilford at 6:30 p.m., will be back at home on Monday, Jan. 26, against Raymond at 6 p.m. and at home against St. Thomas on Wednesday, Jan. 28, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Friday, Jan. 23
KENNETT

Alpine Skiing at King Pine; 10
Boys' Hoops vs. Bishop Brady; 6:30
Girls' Hoops at Bishop Brady; 6
Ski Jumping Home Meet; 6
KINGSWOOD
Alpine Skiing at King Pine; 10
Boys' Hoops vs. Sanborn; 6:30
Girls' Hoops at Sanborn; 6
PROSPECT MOUNTAIN
Boys' Hoops vs. Gilford; 6
Girls' Hoops at Gilford; 6:30
Saturday, Jan. 24
KENNETT
Boys' Hockey at Laconia; TBD
Girls' Hockey vs. Concord (Notre Dame); 7
Nordic Skiing at White Mountains; 10
KINGSWOOD
Boys' Hockey at Kearsarge-Plymouth; 6
Indoor Track at Phillips Exeter; 2
Wrestling at Keene; 10
KINGSWOOD-
PROSPECT MOUNTAIN
Girls' Hockey at St. Thomas; 12:30
PROSPECT MOUNTAIN
Wrestling Home Meet; 9
Sunday, Jan. 25
KENNETT
Indoor Track at UNH; 3
PROSPECT MOUNTAIN
Indoor Track at UNH; 3
Monday, Jan. 26
PROSPECT MOUNTAIN
Girls' Hoops vs. Ray-

mond; 6
Tuesday, Jan. 27
KENNETT
Boys' Hoops vs. Pembroke; 6
Girls' Hoops at Derryfield; 6
Nordic Skiing at Great Glen; 2:30
KINGSWOOD
Boys' Hoops at ConVal; 6:30
Girls' Hoops vs. ConVal; 6
PROSPECT MOUNTAIN
Boys' Hoops at St. Thomas; 6:30
Wednesday, Jan. 28
KENNETT
Girls' Hockey at Souhegan; 6:10
Ski Jumping at Nansen; 2
KINGSWOOD
Boys' Hockey at Laconia; 6
Unified Hoops at Inter-Lakes; 3
Wrestling vs. Winnacunnet; 6
PROSPECT MOUNTAIN
Girls' Hoops vs. St. Thomas; 6
Wrestling at Mascoma; 6
Thursday, Jan. 29
KENNETT
Girls' Hoops vs. Bow; 6
Unified Hoops at Gorham; 12
KINGSWOOD-
PROSPECT MOUNTAIN
Girls' Hockey at Oyster River; 7
PROSPECT MOUNTAIN
Boys' Hoops at Kearsarge; 6:30
Girls' Hoops at Kearsarge; 5
All schedules are subject to change.

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SPORTS

Freestyle athletes get final Olympic tune-up at Waterville Valley

BY JOSHUA SPAULDING
Sports Editor

WATERVILLE VALLEY — Thursday’s foggy weather forced the best mogul skiers in the world from competing in the InterMountain Health Freestyle World Cup at Waterville Valley, but Friday’s blustery wind and cold didn’t stop anyone, including the spectators lining the finish area and the side of the course.

The original schedule had the single moguls on the course on Thursday and dual moguls on Friday as the athletes got in their final tuneup for the Milan-Cortina Olympics. However, Thursday’s weather scrapped that day’s competition and it was rescheduled for the next day, with the dual moguls competition cancelled.

The event was originally slated to take place in Deer Valley, Utah and was rescheduled to Waterville Valley due to a lack of snow across much of the western U.S. in the early season. Waterville



Ikuma Horishima soars over the Waterville Valley snow during the InterMountain Health World Cup on Friday.



Kylie Kariotis competes in the InterMountain Health World Cup mogul competition during action on Friday afternoon.



Olivia Giaccio receives her third place trophy from New Hampshire Governor Kelly Ayotte after Friday’s World Cup competition at Waterville Valley.



Reigning Olympic silver medalist Jaelin Kauf rotates in the air during action in the InterMountain Health World Cup at Waterville Valley.

Valley stepped up to host on short notice, continuing the resort’s reputation of putting on high caliber events. The men kicked off the day with qualifying and Asher Michel,

Landon Wendler, Charlie Mickel and Nick Page all earned spots in the finals. For the women, Kylie

Kariotis, Alli Macuga, Jaelin Kauf, Tess Johnson, Kasey Hogg, Olivia Giaccio and Liz Lemley all punched tickets to the next round.

For the men in the finals, Mickel and Page made their way into the super final, with Page finishing in fifth and Mickel finishing in fifth place. Japan’s Ikuma Horishima opted for safety in icy conditions, recording a score of 85.56 points for first place. Filip Gravenfors of Sweden took second spot with 80.54 points, while Shota Hirayama of Japan earned his first World Cup podium in third place with 79.47 points.

“I was a little bit nervous for the finals. These were very tough conditions. I couldn’t do a double full in the top air,” Horishima said. “It’s very nice to have a podium together with another Japanese, and I hope there will be many more to come.”

For the women in the finals, New Hampshire native Hogg, Giaccio and

Lemley all earned bids in the super final and Lemley eventually finished second and Giaccio finished in third. Australia’s Jakara Anthony, the reigning Olympic champion, continued her stellar season and continued the momentum by bringing home the win on the day.

“I guess I have a good track record here now,” said Anthony, who was a double winner in Waterville last season. “It’s a nice place to leave the World Cup season on hold until the next one.”

“I had a good day,” Giaccio told US Ski and Snowboard. “I’m very excited about my skiing and the momentum I’m building. There’s room to grow, but I’m trending in a direction that matters.”

Following the competition, a couple of the athletes got some good news regarding the upcoming Olympics. Johnson and Page both earned their second Olympic nod while Lemley was officially named to her first Olympic team. They join Kauf, the silver medalist from the 2022 Beijing Olympics, who had already secured her spot on the 2026 Olympic Team. The rest of the Olympic team is slated to be named on Friday, Jan. 23.

“I knew I was in a good position, but our team is so strong, you never know what could happen,” Page said to US Ski and Snowboard. “I had to come in today, really put my foot on the gas, put a stamp on it and make this team. To finish it out this way was pretty special.”

“I’m feeling pretty awesome,” Lemley noted. “I’ve dreamed of it since I was a kid, like everybody. And it feels great after a lot of work this summer. I’m just super proud of myself.”

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.

285 Daniel Webster Highway
(603) 677-7007 • www.MeredithLanding.com

MEREDITH: 64 Granite Ridge at Brook Hill
Open House Every Sat 10am-12pm
Luxury townhomes with 1 level living potential, open concept design, 4BR/3BTHs, laundry room, sunroom, deck, full basement, and attached garage. Most units are completed and move-in ready! This is the final phase!
All ARE NOW \$650,000

TUFTONBORO: CHARMING CAPE!
Great location for this 3BR, 1 1/2 bath cape in the low tax town of Tuftonboro. Features 5.14 acres with Commercial zoning offering many possibilities plus a nice 2 car garage, and a new boiler. Don't miss this opportunity!
\$489,000 (5071240)

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ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

NEW 14' WIDES

List Price: \$86,995
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66' 3 Bed, 2 Bath

List Price: \$89,995
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68' 2 Bed, 2 Bath

DOUBLE WIDES

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List Price: \$130,995
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*PRICES SUBJECT TO CHANGE

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48' 3 Bed, 2 Bath

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1,568sq ft. 2 story
3 Bed, 2.5 Bath

Visit Our Website: WWW.CM-H.COM

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?

Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall



GENERAL SERVICES

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Handy Dad
fixes things.

Leave a
message
and play
telephone tag.

Gunnar
269-3616

HELP WANTED

Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.

Stop in to fill out an application:

ENERGYSAVERS INC.

163 Daniel Webster Hwy., Meredith NH

Certified Veterinary Technician

Bring your skills and dedication to a rewarding vocation of helping to reduce the number of homeless cats and dogs by being an integral part of a team that is devoted to providing low cost spay/neuter surgery services to private individual and shelter and rescue organizations. Requirement: certified veterinary technician who values patient care. No weekends or evening shifts. Please send resume to Rozzie May Animal Alliance, Nancy Lapointe, President - nancylapointe60@gmail.com

Gilford Community Church to host next Gals’ Night Out...in the afternoon!

GILFORD — The organizers of the Gilford Community Church (GCC) Gals’ Night Out are trying something new! Instead of the Friday night ritual, this month, we will host a luncheon on Saturday, Jan. 24 at noon. How-

ie Chandler and Tom Meierjurgan will share their stained-glass practice with us. They will demonstrate and have volunteers participate in all the steps of creating a stained-glass piece. A delicious lunch will be catered by Ellie Mur-

phy, and any interested men are welcome to come along this month as well. So, join us for a wonderful meal and an exciting demonstration! Tickets for Gals’ Night Out are \$15 this month and may be purchased through Wednesday, January 21, 2026, at the GCC Administrative Office at 19 Potter Hill Rd. in Gilford. For those with questions, please call (603) 524-6057.

Located in Gilford at 19 Potter Hill Rd, Gilford Community Church (GCC) is an inclusive, open community that welcomes believers and doubters, seekers and skeptics, young and old. Sunday service takes place at 10 a.m., is also available on a livestream feed on GCC’s Facebook page and later on YouTube.

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from Jan. 5-15.

Adam R. Greenough, age 52, was arrested on Jan. 5 for Conduct After an Accident.

Aiden Eric Jobin-Valentino, age 21, was arrested on Jan. 5 for Criminal Mischief.

Matthew R. Wilson, age 46, was arrested on Jan. 7 in connection with a warrant.

Caitlyn Leigh Converse, age 27, was arrested on Jan. 8 for operating a motor vehicle after suspension of registration and Driving After Revocation or Suspension of license.

Richard R. Boch III, age 38, was arrested on Jan. 9 for Driving After Revocation or Suspension of li-

cense and operating an Unregistered Vehicle.

Robert B. Antonis, age 55, was arrested on Jan. 9 for Driving Under the Influence and a Yellow/Solid Line Violation.

Sean Christopher Sullivan, age 56, was arrested on Jan. 13 for circumvention of an alcohol ignition interlock device.

John Ernest Mitchell, age 51, was arrested on Jan. 13 in connection with a warrant.

Trevor Robert Bond, age 42, was arrested on Jan. 13 for Criminal Trespassing.

Paul J. O’Connor, age 40, was arrested on Jan. 15 for Criminal Trespassing (subsequent offense) and Criminal Mischief.

LEGALS

PUBLIC NOTICE
ALTON SCHOOL DISTRICT
DELIBERATIVE SESSION

AT
PROSPECT MOUNTAIN
HIGH SCHOOL AUDITORIUM

SATURDAY, January 31, 2026
1:00 PM

Snow Date: Monday, February 2, 2026
Same Location at 7:00 pm

TOWN OF NEW DURHAM
PLANNING BOARD
PUBLIC HEARING NOTICE
Monday, February 2, 2026
7:00 PM @ NEW DURHAM TOWN HALL
Christopher and Katie Marchuk

You are hereby notified that a hybrid Public Hearing will be held in person and over Zoom by the New Durham Planning Board on Monday, February 2, 2026, at 7:00 pm in the New Durham Town Hall. The hearing is regarding a Major Subdivision within the Residential, Agricultural, Recreational Zoning District and the Wetlands Conservation Overlay submitted by Steven M. Oles, LLS, of Norway Plains Associates, Inc., on behalf of Christopher and Katie Marchuk for property at Map 270, Lot 015, Five Meaderboro Road, New Durham, New Hampshire.

In case of cancellation due to weather, the Hearing will be held on Wednesday, February 11, 2026.

The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom meeting, please contact the Land Use Administrative Assistant at ndlanduse@newdurhamnh.gov or the Planning Board.

TOWN OF NEW DURHAM
PLANNING BOARD
PUBLIC HEARING NOTICE
Monday, February 2, 2026
7:00 PM @ NEW DURHAM TOWN HALL
Scott A. and Ellen A. Arrigoni

You are hereby notified that a hybrid Public Hearing will be held in person and over Zoom by the New Durham Planning Board on Monday, February 2, 2026, at 7:00 pm in the New Durham Town Hall. The hearing is regarding a Stormwater Conditional Use Permit within the Residential, Agricultural, Recreational Zoning District, the Steep Slopes Conservation District, and the Shore Front Conservation Area submitted by Thomas W. Varney, of Varney Engineering, LLC., on behalf of Scott A. and Ellen A. Arrigoni for property at Map 114, Lot 037, at 392 South Shore Road, New Durham, New Hampshire.

In case of cancellation due to weather, the Hearing will be held on Wednesday, February 11, 2026.

The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom meeting, please contact the Land Use Administrative Assistant at ndlanduse@newdurhamnh.gov or the Planning Board.

Looking for New Customers?



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- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent

CALL 603-279-4516 TO PLACE YOUR AD TODAY!



Shaker Regional School District
PUBLIC NOTICE

The Belmont Supervisors of the Checklist will be in public session for any additions, changes, or corrections to be made to the voter checklist at Belmont Town Hall, 143 Main Street, Belmont NH on Tuesday, January 20, 2026, from 5:00 pm – 5:30 pm; and on Saturday, February 28, 2026 from 11:00 am – 11:30.

Supervisors of the Voter Checklist:
Brenda Paquette,
Donna Shepherd,
Nikki Wheeler

Advertise.
Inspire. Sell.

LEGALS

Shaker Regional School District
PUBLIC NOTICE

NOTICE OF TIME LIMIT FOR FILING CANDIDACIES FOR SCHOOL BOARD MEMBERS OF THE SHAKER REGIONAL SCHOOL DISTRICT

The undersigned clerk of the School District herewith gives notice of the time limit for declaration of candidacy from this school district for election of moderator and school board members of the Shaker Regional School District. The filing period will start Wednesday, January 21, 2026

The election will occur during the annual voting on Tuesday, March 10, 2026 and will be conducted under the non-partisan ballot law.

Positions to be filled at the election are:

Belmont School Board Member – two members to serve for three years
Canterbury School Board Member – one member to serve for three years

Written declaration of candidacy must be filed prior to 5:00 pm on Friday, January 30, 2026 in order for the name of the candidate to appear on the ballot. A filing fee of \$1.00 is required. Forms may be obtained from the Superintendent of School’s Office; 58 School Street; Belmont, NH 03220, telephone number 603-267-9223.

No person may file a declaration of candidacy for more than one position of the School Board to be elected at such election. Any qualified voter in each of the pre-existing districts named above is eligible to file for the position to be filled from that District. All candidates will be elected at large.

Diane Clary, Clerk
Shaker Regional School District

TOWN OF NEW DURHAM
PLANNING BOARD
PUBLIC HEARING NOTICE
Monday, February 2, 2026
7:00 PM @ NEW DURHAM TOWN HALL
Pamela Cooley

You are hereby notified that a hybrid Public Hearing will be held in person and over Zoom by the New Durham Planning Board on Monday, February 2, 2026, at 7:00 pm in the New Durham Town Hall. The hearing is regarding a Stormwater Conditional Use Permit within the Residential, Agricultural, Recreational Zoning District, the Steep Slopes Conservation District, and the Shore Front Conservation Area submitted by Thomas W. Varney, of Varney Engineering, LLC., on behalf of Pamela Cooley for property at Map 118, Lot 038, at 349 Merrymeeting Road, New Durham, New Hampshire.

In case of cancellation due to weather, the Hearing will be held on Wednesday, February 11, 2026.

The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom meeting, please contact the Land Use Administrative Assistant at ndlanduse@newdurhamnh.gov or the Planning Board.

Two amazing bands, one incredible concert!

Wolfeboro Friends of Music presents an evening of Canadian folk music gypsy jazz

WOLFEBORO — Wolfeboro Friends of Music continues its 90th anniversary season with Cecilia and Cristine Tassan et les Imposteures, two amazing bands from Quebec City and Montreal, respectively, appearing on stage for one incredible concert Sunday, Feb. 1 at 4 p.m. at the First Congregational Church, Wolfeboro.

“Cecilia” (Quebecois)
Widely recognized as three of Canada's finest musicians, Cecilia, bring the best of many musical worlds together in their explorations of traditional, Celtic and Quebecois music. Every one of their pieces is skillfully arranged with influences from con-



porary, classical, jazz and swing styles. Cécilia's recent debut album Accent is an impressive offering full

of vibrant rhythms and melodies, all resonating with a unique warmth and richness of expression.

Each performance by Cécilia is a call to come out and celebrate the creation of a unique and unforgettable musical experience. You'll find yourself with a smile that lasts long after the final notes of Cécilia's accordion, piano, and violin have melted away.

Christine Tassan et les Imposteures (Gypsy/Jazz, Parisien)

For more than 20 years, the group has been working in the mystical world of gypsy jazz as first composed by Django Reinhardt; Christine Tassan and the Imposteures have won the esteem and loyalty of an ever-growing audience. True pioneers in a field usually reserved for men, and precursors of the



gypsy jazz wave that swept through Quebec, these four musicians reinvent with their well-known singularity a music that, far from being frozen in time, adapts to all sorts of new ideas. From covers to compositions, the Imposteures' arrangements innovate, dust off, and give way to the unbridled creativity of four seasoned musicians.

The band's reputation is well established, with seven albums and more than 700 shows in Canada, Europe, the United States and China and have received the Opus Award for Jazz Album of the Year, and nominated in Canada for “Show of the Year!”

Season sponsors who make Wolfeboro Friends of Music possible include

Diana and Greg Jonas, Paul Zimmerman, Susan and James Scarborough, John Sandeen, The Kalled Gallery, Bradley's Hardware, Carroll County Landscape, and YFI Custom Homes.

Tickets are available for \$39.50 at the exciting new Web site, www.wfriendsofmusic.org; by mailing WFOM, PO Box 2056, Wolfeboro, NH 03894; by calling the box office at 603-569-2151; or at the door on the day of the concert. High school students with ID will be admitted free of charge.

Children accompanied by an adult ticket purchaser will be admitted free of charge.

For additional information, visit us at www.wfriendsofmusic.org.

Save the date for Makers Mill's 2026 Upcycled Fashion Show kickoff



Jessica Cole dazzles in her upcycled design, crafted from repurposed coffee burlap bags, an '80s sequin tutu dress, scrap copper edging, old sheets, and a 19th-century English saddle, showcasing the creativity and sustainability of the Makers Mill Upcycled Fashion Show.

WOLFEBORO — Makers Mill is excited to announce the kickoff to the 2026 Upcycled Fashion Show activities with a free Upcycling Presentation and Clothing & Textile Swap on Saturday, Jan. 24, from 9 a.m. to noon. This is the first of five free events leading up to the show, and everyone is welcome—whether you're a seasoned designer or just curious about creative reuse.

The morning starts at 9 a.m. with a presentation exploring the art and creativity of upcycled garments, accessories, and costumes. After the presentation, attendees can participate in a clothing and textile swap, share materials, brainstorm ideas, and discover new fabrics for projects.

Interested in being part of the runway? Check out makersmill.org/upcycled to regis-

ter as a designer for the 2026 show or to sign up for one or more of the free classes. Have some fun, get creative, and join the runway!

The Upcycled Fashion Show will take place on April 26 at the Kingswood Arts Center in Wolfeboro, from 2:30-4 p.m., showcasing designs from local makers and inspiring sustainable fashion ideas. Tickets will be on sale in February at makersmill.org/upcycled or in person at Makers Mill.

Located at 23 Bay St., Wolfeboro, Makers Mill is a 10,000 square foot community makerspace with workspaces for digital design and fabrication, fine arts, fiber arts, metalsmithing and jewelry, leatherworking, metalworking and machine shop, mixed media, stained glass, and a woodshop. Free tours are offered every Friday and the first Saturday of

each month at 10 a.m., providing a great way to see the space and learn about all the programs and resources available. Visit makersmill.org to learn more.



The following Kingswood Regional Middle School students received the December Super Knights Award for "Compassion." In the first row are Liam Davies and Haley Stansfield. In the second row are Lily Walsh and Mason Catanuso. In the third row are Vincent Delaney and Chloe Dale. In the fourth row are Maverick Milligan and Gracie Dawson. In the fifth row are Alexia Davis and Allie George. Congratulations!

Care with purpose, work with heart.

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