THURSDAY, MAY 9, 2024

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COMPLIMENTARY



Plymouth Fire-Rescue salutes student members

PLYMOUTH — Plymouth Fire-Rescue is fortunate to have five student members and are proud to spotlight them! They are:

Sarah Adamske

Sarah is from Windham, and is a first-year student at PSU pursuing a BSN in Nursing. She is a Nationally Registered EMT and is in her first year with Plymouth Fire-Rescue.

Aurora Camillieri

Aurora is from Westford, Mass., and is a first-

year student at PSU studying Honors and Forensic Science. She is nearing completion of her Nationally Registered EMT class and is going on her second year at Plymouth Fire-Rescue.

Adrian Espinal

Adrian is from southern New Hampshire, and is completing his first year at Lakes Region

Community College, majoring in Fire Science. He is our third Live-In Student in three years! He is currently a certified Firefighter 1 and 2 and is

SEE **FIRE-RESCUE**PAGE A17

Bridgewater residents launch free library

BRIDGEWATER
— Calling all readers and all would be readers on the Lake side of Bridgewater New Hampshire!
Nancy and Kristin Hand have estab-

lished a Free Access



Library in the entry area of the Town Office building on Route 3A/Mayhew Turnpike. This space is usually accessible even when the rest of the building is closed.

Nancy says, "I wanted to do something to share my love of reading with the community. As members of the local Pemigewasset Valley Chapter DAR (Daughters of the American Revolution), we are promoting Literacy this year. These two objectives came together nicely in creating a local spot where you can borrow a book or two, for as long as you'd like. By encouraging accessibility to books, we hope others can find the joy in learning about other people, other places and even other times. Reading has opened many doors for me that would have otherwise remained closed."

Kristin adds, "I always think its nice to have a goal to head for when out walking or riding a bike. This might be a nice quick stop for both kids and adults to add to your route."

The plan is to keep the Free Access Library stocked with books for all ages. Feel free to trade or help restock the shelves with clean, unmarked books for others to enjoy.

Opening day ceremonies for TTCC youth baseball, softball & T-Ball

BRISTOL — The TTCC Youth Baseball Softball & T-Ball held Opening Day ceremonies this past Saturday morning at Wells Field. The entire program has 23 teams with 244 local athletes participating this year! Bob Brooks, the program's volunteer equipment manager, was the MC for the day.

We started with the t-ballers & each team was called out to the field over the loud speakers as families and fans lined the spectator areas to cheer them on. Local scouts were there to do the flag ceremony and we had senior athletes from the high school baseball & softball program toss out the ceremonial first pitches. For baseball seniors, we had Josh Blouin, Vinnie Defosses, Hayden Dolloff, Dylan Hennessy & Masin Robbins and for softball seniors we had Emily Avery, Hannah Bassett & Sarah Buchanan.

2024 TTCC T-ball teams:

The Turtles sponsored by Diane the Turtle and coached by Gina Richford & Tiela Merwin

The Flying Squirrels sponsored by Liftech Au-SEE TTCC PAGE A11



Balanced offensive attack leads Bobcat girls past Lakers

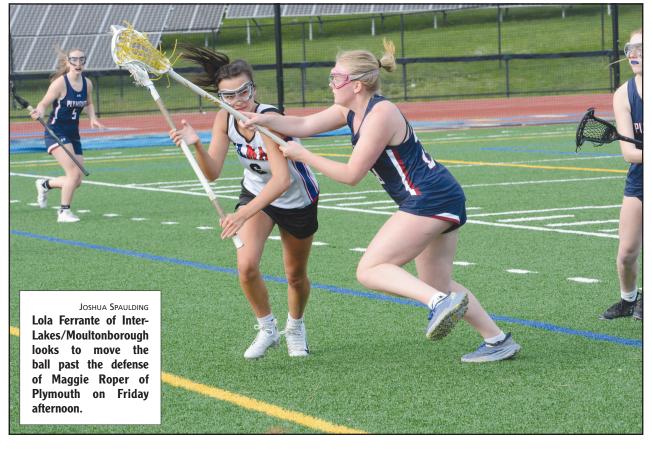
BY JOSHUA SPAULDING

Sports Editor

MEREDITH — In a change of pace in this spring season, the sun came out for the Inter-Lakes/Moulton-borough and Plymouth lacrosse girls on Friday afternoon in Meredith.

The Bobcats got out to an early lead and never looked back, taking a 15-1 win over the host Lakers.

Elli Means had an early chance for Plymouth that went wide of the net and Aubrey Brunt had a shot denied by Laker keeper Hayley Doda. Anya Barach sent a shot off the post for the Bobcats and Brunt had another bid denied by Doda. Avery Dubois turned in a strong defensive stop for the Lakers as well.



Plymouth got on the board with 8:29 to go, as Delaney Comtois was awarded a free position shot and buried the ball for the 1-0 lead. Emily MacLean came back with a chance for the Lakers that was denied.

Brunt doubled the Plymouth lead with 7:01 to go and came back with another chance that went wide of the net. Gracie Stephens had a shot stopped by Plymouth goalie Gracie Dube and Mackenzie Welch and Carys Mitchell had chances for the Bobcats that were denied by Doda.

Maggie Roper scored on a free position shot with 4:51 to go and then

SEE **LAX** PAGE A16

Owl's Nest Resort expands entertainment offerings with line dancing

THORNTON – Owl's Nest Resort, located on the Campton/Thornton town line, is pleased to announce that besides Three-Star lodging, New Hampshire's only Nicklaus Design golf course, racquet sports and other outdoor recreation, they will now be adding a new form of entertainment in their Panorama Six82 restaurant each Tuesday night — line dancing.

This past winter, line dance instructor Charlene Dellascio of Groton began leading line dance sessions at Tenney Mountain's Back Country Bar and Grill each Wednesday. Now she will be spreading her love for the dance-style to Owl's Nest Resort on Tuesday evenings from 6:30 until 8:30 p.m. each week.

Joining her will be her some of her loyal dancers, nicknamed the "Tribe," who love experiencing the exercise, fun and camaraderie and Dellascio is excited to meet others who also want to get in on this easy to learn form of dance.

"This is something new to us but it sounds great. We're looking forward to it," said Mike MacDonald, Food and Beverage manager for the resort.

For those who have seen line dances such as "Achy, Breaky Heart," "Electric Slide" and other popular wedding dances performed but have never taken part, fear not. New comers of all ages are not just welcome, but cordially invited to come see what it is all about.

Participants will find Dellascio up front going over all the steps to each dance. Best of all, if anyone feels a bit lost on the moves, there is always her group of regulars who are ready and willing to help them catch on.

"After they got nicknamed the 'Tribe' they began wearing cowboys hats so if anyone 'gets lost' with the steps they can just follow along behind one of them," she said.

Her playlist is not just country music though; it's filled full of songs with a lively tempo, which are suited for the easy line dance steps she has choreographed. Among them are Hip Hop tunes, Rock, and Disco tunes, and even the theme from the movie "Ghostbusters."





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Adding to the summer entertainment at Panorama Six82 will be live music on the patio each Wednesday evening where diners can enjoy not only the fresh country air but the beautiful view. And there's no better way is there to enjoy all this fun than with a great meal.

"We just put our new menu up on our Web site (www.owlsnestresort.com) where people can look it over before they come," said Food and Beverage Manager Mike MacDonald.

That menu is filled with amazing appetizers and salads, along with burgers, sandwiches and more under their "Handheld" meal selections. Entrees include NY Strip Steak or a tender Ribeye steak, stuffed bone-in pork chops, Monterey Chicken and a Creamy Vegetable Pasta. Panorama Six82 also offer Fish and Chips, Spicy Crab Butter Swordfish, Grilled BBQ Salmon, Sesame Seared Tuna and an exotic Caribbean Spiced Mahi Mahi dish. A Kids Menu is available and their tempting desserts will round out any great meal.

The restaurant is open daily from 11 a.m. until 9 p.m., allowing plenty of time for a few drinks and appetizers, or even a full meal before the line dancing begins on Tuesdays.

"I'm really excited about this opportunity to bring line dancing to the Owl's Nest Resort and look forward to seeing a lot of new people joining us there," said Dellascio.

Line dancing takes place from 6:30-8:30 p.m. and there is a modest \$10 cover charge.

Owl's Nest Resort is located at 40 Clubhouse Lane on the Campton/Thornton town line, just 15 minutes from downtown Plymouth.

White Mountain Toastmasters club celebrates 21 years!

PLYMOUTH — White Mountain Toastmasters https://5122.toastmastersclubs.org/ is celebrating twenty-one years as a Toastmasters club on May 15 with an Open House showcasing speeches from both new and experienced speakers. We welcome everyone to join our celebration, at the Common Man or on Zoom. Doors open at 6pm, and the meeting starts at 6:30 p.m. The theme of the meeting is "Blooming On Your Path." All are welcome, and light refreshments will be served.

After a brief celebration of member accomplishments in the past year, members and guests will enjoy a full Toastmasters meeting including prepared speeches, Table TopicsTM (impromptu speeches) and evaluations. Learn how Quiz Master, Ah! Counter, and Humorist roles help new members learn by doing. Guests are invited to participate in the meeting, but it is not required. Listening and observing is a great way to learn, too!

Do you hate public speaking but dream of making a difference? Feel awkward at a networking event or big social gathering? Do you dread job interviews or business meetings? These classic Toastmaster activities prepare

members for real-world activities such as networking, job interviews, chairing meetings, and inspirational leadership. We know from 100 years of Toastmasters International experience that anyone can learn. Empower your career and dreams with timely skills and tips being used by successful speakers worldwide.

The White Mountain Toastmasters club is friendly, fun, and supportive. Guests are always welcome, and we love questions! If you want to help yourself and others to develop leadership and communication skills, this is a good start. This is a hybrid meeting, so distance is no problem. Request a personal Zoom invite or more informafrom sheila@coppertoppe.com.

Toastmasters International is a nonprofit educational organization that builds confidence and teaches public speaking skills through a worldwide network of clubs that meet online and in person. In a supportive community or corporate environment, members prepare and deliver speeches, respond to impromptu questions, and give and receive constructive feedback. It is through this regular practice that members are empowered to meet personal and professional communication goals. Founded in 1924, the organization is headquartered in Englewood, Colo. with approximately 270,000 members in more than 14,200 clubs in 148 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators, and

Spring Flowers Walk with NLRA at Grey Rocks!

HEBRON — Join the Newfound Lake Region Association's (NLRA) Education & Outreach Manager, Mirka Zapletal, for a spring ephemeral flower walk at Grey Rocks Conservation Area, Tuesday, May 21, 1-3 p.m.

Before the leaves of trees shade out the sunshine, a number of plants on the forest floor race to put out flowers in early spring. Some will continue to have leaves into the summer, but others will disappear for the rest of the year so find these ephemerals. Join Mirka to explore the trails at Grey Rocks as we locate the different



leaders.

Sessile Bellwort

species and learn about how they fit into spring ecosystems. This event is geared toward all people with an interest in now is the best time to exploring the natural world. Registration is required for this eventregister and find more information including

other upcoming events at NewfoundLake.org/ events or call 603-744-

NLRA works to protect the high-quality waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. Along with educational programming like guided walks and paddles, NLRA monitors water quality, conserves land, manages stormwater pollution, and monitors for invasive species. For more than 50 vears NLRA has been Newfound protecting Lake, and the results of that conservation are as clear as Newfound's water. You can learn more about NLRA's initiatives at NewfoundLake.org.









Famous Youth Fishing Derby May 25 in Waterville Valley

WATERVILLE VALLEY — The Memorial Day Weekend at Waterville Valley is the start of summer. There are fun activities for all ages from fishing to face painting and live music.

The fun begins at 8 a.m. on Saturday morning with the 14th annual Casting for Kirby Youth Fishing Derby. The competition is divided, youth ages seven and under and children from eight to 15. The goal is to try to catch Corcoran Pond's elusive Kirby and win a prize. It is an \$8 registration fee by Friday, May 24th or \$15 onsite. This event is known for its big prizes and fun atmosphere located at Waterville Valley Town Square. Register at WVRD.RecDesk.com or by calling (603) 236-4695.

But that's not the only thing happening on that day. Family friendly entertainment is also provided, including a presentation by Wildlife Encounters,



face painting, boat rentals (extra fee), and live music following the Derby.

Waterville Valley, New Hampshire, is a four-season resort set in the White Mountain National Forest, just two hours north of Boston. In addition to winter snowsports like skiing and snowboarding, Waterville Valley offers award-winning tennis courts, golf, biking, cultural activities, summer camps, an indoor ice rink, and boating. Lodging choices include traditional inns and all-suite hotels, and dining options range from traditional favorites to elegant eateries. There are miles of hiking and mountain biking trails, a pond for swimming, and activities and programs for children and the whole family at the Recreation Department. For more information, go to www. visitwatervillevalley.com.

Pemi-Baker Hospice & Home Health bonors nurses during National Nursing Week

BY ANNA SWANSON

Pemi-Baker Hospice & Home Health

PLYMOUTH Pemi-Baker Hospice & Home Health is proud to celebrate National Nursing Week, recognizing the invaluable contributions of our Registered Nurses (RNs), Licensed Practical Nurses (LPNs), and Licensed Nursing Assistants (LNAs). As a leading provider of home health and hospice care in central and northern New Hampshire, we extend our deepest gratitude to our nursing staff for their dedication, compassion, and expertise in serving patients and families

plays a crucial role in delivering personalized care and support to individuals in the comfort their homes. RNs provide skilled nursing care, manage medications, and coordinate care plans to ensure the highest quality of life for our patients. LPNs offer essential clinical support and assistance, while LNAs provide invaluable hands-on care and companionship to those in need. Together,

throughout 32 towns in

Our team of nurses

the region.



they form the backbone of our organization, embodying our commitment to excellence in patient-centered care.

"At Pemi-Baker Hospice & Home Health, our nurses are the heart and soul of our mission to provide compassionate care to those facing illness and end-of-life challenges," said Aubrey Engle, RN, Executive Director. "Their unwavering dedication and expertise make a meaningful difference in the lives of our patients and their families each day."

As we commemorate National Nursing Week, we invite experienced and compassionate nurses to join our dynamic team. Pemi-Baker Hospice & Home Health offers flexible hours, competitive compensation, and the opportunity to make a positive impact in the lives of others. If you are looking to be part of a supportive and fulfilling work environment, we encourage you to explore career opportunities with us.

To learn more about Pemi-Baker Hospice & Home Health and our commitment to exceptional care, please visit our website at www.pbhha.org.

For more information about Pemi-Baker Hospice & Home Health and its services, visit www. pbhha.org.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 32 towns in central and northern NH since 1967.

Expert services include at-home healthcare and physical therapies (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups

and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us. Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth, NH. To contact us please call: 603-536-2232 or email: info@pbhha. org Like our Facebook Page: @pemibakerhospicehomehealth

Heartfelt Quilters Guild welcomes guest speaker Carla Klop

RUMNEY — At our April Guild Meeting presented her program, "From Quilter to Designer" via Zoom. Guild members were inspired by Carla's shortcut sheets method of constructing quilt blocks. Her presentation was clear and spoke to all skill levels of the quilters in our guild. Her presentation was a series of "aha" moments! Her "out of the box" unique method of making half square triangles, flying geese and other blocks in five sizes in a more efficient way amazed members. We had many members who were excited to try the new techniques and also ordered binders showing these techniques.

Guild members continued their charitable contributions by making and donating 22 quilts which were delivered the end of April by Kate Lowe and Susan Chenev to the Newborn Intensive Care Unit (NICU) at Dartmouth Hitchcock in Lebanon, New Hampshire. They make the trip every few months and deliver anywhere from nine to more than 15 quilts each trip Members are very generous with their fabrics and their time in making

these quilts and the nurses in the NICU love seeing all of the quilts that are donated and truly appreciate them.

Our May program scheduled for Thursday, May 9 at 5:30 p.m. will feature New Hampshire local, Tracy Szantos in person. Her program is titled, "Three of My Favorite Things." Szantos will be teaching a class the next day, Friday May 10 on "Coloring Fabric with Inktense Pencils." This class will be held at North Country Quilters shop in Rumney.

For June, Guild members are asked to bring their favorite quilting tool to share and talk about why this tool is important to them.

Some fun things:

Heartfelt Quilters Guild members have been participating in a "Color Wash" block exchange. Check out Terry Rowland Color Wash video on You Tube. We are in month number five of the exchange. Each month a different color is assigned and each member participating makes 30 inch squares using this color. Members than bring them to

the next meeting for the exchange. This will be going on until October and after that members will decide how they want to put their Color Wash quilt together. It should be a lot of fun to see everyone's completed quilt

Another thing the Guild is participating in is two challenges. The first one is the UFO (unfinished objects) challenge. Guild members created a list of all their unfinished projects and as projects are completed they are checked off the list and their name is put in for a drawing at the end of the challenge. The second challenge is called "Anything Musical". Members will create a quilt/wall hanging based on a their favorite song, band or musical. Both challenges will be judged at the January 2025 guild meeting.

Come join us for some education and some fun.

Heartfelt Quilters Guild meets on the second Thursday of each month at 5:30 p.m. at the Rumney Baptist Church in Rumney.

We look forward to seeing you.

Meet Dr. Todd Mosenthal

PLYMOUTH — Dedicated to providing our patients with comcomprehensive care, Mid-State Health Center expanded their healthcare services and is excited to announce the addition of Chiropractic care, welcoming well-known chiropractor, Dr. Todd Mosenthal, DC, to our top-notch care team. Mid-State is thrilled to be operating with our own chiropractor and for our patients to benefit from better alignment, initial pain relief, and an overall great chiropractic experience.

Dr. Todd Mosenthal, DC, has been practicing chiropracting since 1985 and encourages patients to consider their diet, sleep, exercise, mental, and social habits in their daily lives. Dr. Mosenthal, DC, is a graduate of Dartmouth College with a Bachelor of Arts in Pre-Med and received his Doctor of Chiropractic degree from Palmer College of Chiropractic in Daven-

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Dr. Todd Mosenthal

port, Iowa. In addition, Dr. Mosenthal is also certified in acupuncture, dry needle therapy, is a certified class IV laser therapist, and has been a leading chiropractor in the Lakes Region since 2003.

Dr. Mosenthal is very passionate about the benefits of physical therapy and his patient-centric aligns seamlessly with Mid-State's mission. He is well versed in a wide variety of chiropractic complimentary services to not only decrease pain but prevent pain from occurring, and has helped many individuals recover from injuries, manage pain, and return to the activities they love.

Dr. Mosenthal treats patients of all ages and has a deep understanding of chiropractic care, welcoming all questions regarding his practice methods. As a highly experichiropractor, with a strong educational background, Dr. Todd Mosenthal brings a wealth of knowledge and experience to the Mid-State Care team.

"I have worked well with Mid-State's PCP's and physical therapists in the past" Dr. Mosenthal states. "My hope is that by onboarding with Mid-State we will be able to simplify the referral process paving the way for patients to access a more collaborative and integrative approach to Neuro-Musculo-Skeletal pain relief."

Mid-State is thrilled for our patients to ac-



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Opinion

The unity of freedom has never relied on uniformity of opinion.' John Fitzgerald Kennedy

SALMON PRESS, THURSDAY, MAY 9, 2024

CADY Corner

A Climb Above Addiction thank you!

BY TOM RISHWORTH **CADY Marketing Specialist**

On Saturday, May 4, Dr. Bonnie Bechard and students from Plymouth State University's Event Planning and Marketing class hosted the Seventh Annual Climb Above Addiction event, a fun-filled community gathering on the Plymouth Town Common. This event's purpose is to help raise awareness for Substance Misuse Prevention, Treatment and Recovery, and support CADY's Restorative Justice Program, an accredited juvenile diversion program. A large gathering of local community members, families, students, and the PSU Campus Community gathered for field day activities, including Music, Corn Hole, Face Painting, Arts & Crafts, Pet Therapy with PSU Professor Dr. Clarissa Palmer, hot dogs and fun snacks like Cotton Candy, Ice Cream, Snow Cones, cake, and cupcakes, all generous contributions provided by local businesses. The day was a huge success, and there was something for everyone to participate in - even the numerous four-legged friends were seen playing with one another and enjoying the day. People from all walks of life were able to come together, connect, eat and enjoy themselves while celebrating CADY's mission of preventing and reducing substance misuse and promoting healthy environments

The day began with opening remarks from Deb Naro, CADY Executive Director, and Dr. Donald Birx, PSU President, followed by a delightful performance from the Fiddlehead Field Youth Orchestra, a local after-school music program for youth ages four to 17. In addition, DJ Zak Tinnin, PSU Alumni Class of 2023, provided music throughout the day to keep attendees energized, and Keynote Speaker Dr. Andrew Seefeld, Medical Director for the Speare Memorial Hospital Emergency Department, delivered a powerful talk on Emotional Sobriety.

and promising futures.

Plymouth Police Chief Alex Hutchins, University Police Sergeant Amanda Hutchins, CADY Director of Programs Liz Brochu and many other brave and playful members of the PSU Campus Community volunteered to take a pie to the face. "Pies for Prevention" was a highlight of the Climb Above Addiction event, where attendees placed bids for a chance "pie" their favorite professors, coaches, and community and student leaders. Other fundraising activities included the "Pluck-A-Duck Raffle," where attendees purchased rubber ducks to be placed in a pool and randomly selected for a chance to win raffle prizes; a Silent Auction with items ranging from gift certificates from local businesses to priceless collectible items; as well as a Pet Photo Contest where attendees submitted their cutest pet photos for a chance to win prizes.

CADY is very grateful to all event sponsors as well as local businesses and individuals for their contributions. A full list of sponsors can be seen at climbaboveaddiction.com. We would also like to recognize Dr. Bechard and the PSU Event Planning and Marketing students for their tireless work in coordinating this community-wide event to support CADY as well as a scholarship for PSU students to help overcome personal challenges. All the students' hard work and planning produced an amazing day for everyone to enjoy while raising awareness for an important cause. We are so thankful and honored to have had the opportunity to work alongside PSU. Thank you—together, we are providing vital opportunities that build growth, support resilience, and create bright futures for our youth and young adults!



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The planning team behind the Climb Above Addiction event at Plymouth State University, the subject of this week's CADY

Letters to the Editor

Four excellent candidates for NHEC Board of Directors

To the Editor:

I am writing to express my strong support for a slate of four exceptional candidates for the upcoming election of Directors at the New Hampshire Electric Cooperative (NHEC). As members of this vital cooperative, it is imperative that we elect leaders who embody the values of reliability, affordability, and forward-thinking vision that define NHEC's mission.

Pat Barbour, Brian Norton, Paul Bolduc, and Peter Laufenberg each bring a unique set of qualifications and experiences that make them invaluable additions to the NHEC board. All four candidates were nominated by the NHEC nominating committee which recommends the candidates for the NHEC Board of Directors

Pat Barbour's extensive background as a practicing CPA, business owner, and board member makes her an ideal candidate to guide NHEC's financial stewardship. If elected she is committed to fighting for lower rates in electricity and broadband, alongside her focus to ensure continued investment in network infrastructure and talented employees, ensures that NHEC will remains a leader in providing reliable and affordable services to its members.

Paul Bolduc's active participation within NHEC, including his role on the Nominating Committee and his extensive professional experience, uniquely qualify him to contribute to the cooperative's strategic direction. His advocacy for broadband expansion, fair rates, and infrastructure fortification underscores his commitment to enhancing the value NHEC delivers to its members while recognizing the importance of employee support and recognition.

Brian Norton's perspective as both a residential and commercial member of NHEC gives him a deep understanding of the diverse needs of our cooperative's stakeholders. His plan to ensure that an emphasis on strategic investments to sustain affordable and reliable services, coupled with his advocacy for supporting NHEC's dedicated employees, demonstrates his dedication to ensuring that NHEC remains responsive and resilient in the face of evolving challenges.

Peter Laufenberg's breadth of experience in community involvement, non-profit leadership, and municipal governance positions him as a candidate with a deep understanding of the interconnectedness between NHEC and the communities it serves. His priorities, including seeking the lowest possible electric rates, investing in robust infrastructure and skilled personnel, and expanding broadband accessibility, align closely with NHEC's mission of providing indispensable services to our communities.

In supporting Barbour, Norton, Bolduc, and Laufenberg for the NHEC board, you are voting for individuals that will make good on the promise of furthering NHEC organizational mission: Affordable electric and broadband rates, investment in infrastructure and employees that carry out the mission every day. We are not just electing individuals; we are affirming our commitment to a cooperative that anticipates and meets the needs of its members with integrity and foresight. They see the

I urge all NHEC members to cast their votes in favor of these outstanding candidates to ensure a brighter, more reliable, and affordable future for our cooperative and the communities we serve.

> Respectfully, Peter A Laufenberg **Thornton**

Should life be all work and no play?

Life seems busier than ever, and it's not slowing down. Despite technological advances, our workload doesn't seem to lighten. Business owners might find AI tools helpful, yet often, they handle these tasks themselves instead of hiring additional help. With rising inflation and economic pressures, what was a full-time job for one person has now become just an hour's task a day for many CEOs. As technology simplifies processes, the burden of multiple tasks increasingly falls on just a few

shoulders.

> Positively **SPEAKING**

> > **TOBY MOORE**

While staying busy can be rewarding, the overwhelming pile of tasks can make you feel perpetually Catching up seems possible only with extra help, maybe even an as-

ill? behind. sistant. The expectations

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

placed on many of us often surpass what one person can manage. I might even need a Teslabot to handle my household chores—come on, Elon, I'm drowning in responsibilities here!

What happens when a loved one falls Suddenly, you're forced to reprioritize to take care of them. If it's a severe illness, the time it demands can feel overwhelming. In such situations, lowering your expectations about what you can accomplish becomes necessary.

But should life be all work and no play? The concept of work-life balance is frequently discussed, and for many years, for me it was nonexistent. My life was like a seesaw stuck to the ground, burdened by an overload of work without any relief. Is this truly fulfilling? I guess it depends on what you find fulfilling.

A friend of mine used to watch me exhaust myself and would eventually ask, "Why? What's the point?" To me, the sense of accomplishment was all the fulfillment I need-

ed. There was a time after my acting career when I didn't need to work and wasn't worried about finances, but I found that period somewhat empty.

But I digress. Let's ask the question again. Should life be all work and no play?

This reminds me of an old U2 T-shirt. It read, "Smell the flowers while you can." Once, as I was walking by, an older gentleman shouted, "Ain't that the truth!" while pointing at my shirt.

"While you can..." The implications of that phrase are vast. What does it mean? Will the flowers vanish one day? Will we no longer be around to enjoy their scent? At this point, nothing would surprise

SEE **POSITIVE** PAGE A11



Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383 merrysunshine51@yahoo.com

Last week was another hiccup for me, my apology. Had an appointment with my wonderful orthopedic doctor on Monday. A shot in the knee for the time being, and will proceed with the what's next once all things ticker gets sorted out. Ayuh, tests of poking and prodding, things that make me glow or something and finally deciding what's best to do.

Town

Board of Selectmen meeting Tuesday, May 21 at 6 p.m. in the Municipal Building.

Planning Board meeting Wednesday, May 22 at 6 p.m. in the Municipal Building.

Alexandria UMC

Sunday, May 12, services will begin at 9 a.m. with Pastor Mark Lamprey officiating. Communion will be served at an open table.

Since the sun has decided to shine on down, I'm headed out the door to enjoy it. Flying pollen and all! Have a wonderful week ahead, and wishing all mothers out there a Happy and Blessed Mother's Day!

Ashland

David Ruell 968-7716 davidruell@gmail.com

Take Your Child to the Library Day

The second Take Your Child to the Library Day at the Ashland Town Library will be held from 10 a.m. to noon this Saturday, May 11. There will be activities, snacks and a children's book and book bag giveaway.

Library Crafting Group

The Town Library's Saturday Crafting Group will meet at 10 a.m. on Saturday, May 18 to Color Your Own Ceramic Coasters. All supplies are provided, but registration is needed as space is limited.

Library Historical

Fiction Book Group This month's selection of the Ashland Town Library's Historical Fiction Book club will be Lynda Rutledge's novel "West With Giraffes," based on the cross country journey of two giraffes, who survived the 1938 hurricane at sea, to the San Diego Zoo. Copies of the book are available at the Library. The group will meet to discuss the novel at 3 p.m. on Monday, June 3.

Selectmen's meeting

During a short meeting on Monday, April 29, the Ashland selectmen authorized the acceptance of a loan from the state's revolving fund for the study of sewer system improvements approved by the voters in March, decided to use

the document shredding service now used by the state, and approved the sale of properties taken for the non-payment of taxes.

Garden Club news

From 9 a.m. to noon on Saturday, May 18, our Annual Plant, Pie, and Vintage Marketplace will be held at Memorial Park in Ashland. On sale you will find collectible named lilies as well as other perennials, herbs, annuals, houseplants, and ground covers. Our pies are all homemade, and the vintage garden sale always includes unusual if not unique items. Come and enjoy!

On Monday, May 20, Club members will gather at 5 p.m. at Memorial Park and the Town Hall to plant the town gardens. The plants are purchased by the Club and planted by Club members who also maintain them during the growing season. Honk as you drive buy to cheer us on!

Bristol

Al Blakeley adblakeley0@gmail.com

Happy Mother's Day to all the wonderful mothers out there!

On Saturday, May 18, the Bristol Baptist Church will have an Early Spring Cleanup Yard Sale to benefit the Bristol Baptist Church General Fund behind the Baptist Church parking lot from 10 a.m. until 4 p.m. Items include furniture, mirrors, pictures, tools, beds and miscellaneous. Items all priced to sell with room for reasonable negotiating for a fast complete sale. Please have no vehicles in the lot until 10 a.m. to allow for set up. There will be a rain date of May 25.

Be sure to treat yourselves to the Community Breakfast this Saturday morning, May 11 from 7:30 to 10 a.m. at the Masonic Lodge. A great way to start your weekend!

The 42nd Annual NRHS musical, "Freaky Friday" will be held on May 17 and 18 at the NRHS auditorium at 7 p.m.

The Town of Bristol is thankful for the continued dedication of their employees and recognize the following members

for their work and celebrate their April Date of Hire: Peter Symonds - Seasonal Beach - 2 years, Matthew O'Neill - Fire Department - 3 years, Amy Clayman - Fire Department - 14 years, Robert Glassett - Fire Department - 14 years, and Ingrid Heidenreich - Fire Department/Welfare Services - 5 years.

The Town Beaches will be open for the start of the season beginning Memorial Day Weekend and will be staffed by attendants as usual. The Board has continued the decision to not allow day passes. Parking is limited to Bristol taxpayers, residents, and guests (guests and family members of property owners). This year you can only purchase beach passes at the Town Office during business hours. There will be no transactions at the Town beaches. No parking is allowed in unmarked areas of Shore Drive and no parking is allowed on West Shore Road. Parking rules will be strictly enforced through ticketing and towing. Fines start at \$80.

The Town of Bristol Sustainability Committee will sponsor a Clean Up Bristol Day on June 1 from 9 a.m. until 1 p.m., meeting at the Kelley Park Band Shell where trash bags and gloves will be provided.

An open forum/discussion will be held to create an ice skating rink for Bristol. This will take place on Tuesday, May 14 at 4:30 p.m. at the Historic Town Hall. All are welcome. Any interested parties that may have an interest in, or benefit from an ice rink in Bristol are encouraged to attend. Wayne Hemingway is a driving force behind this idea and he has been doing lots of research and has lots of ideas for such a rink. Refreshments will be provided. If you are unable to attend but would like information you may email Wayne at: waynejhemingway@ hyahoo.com.

The Pasquaney Garden Club seeks to be a contributing partner in the beautification of many areas in our community. This includes the planting and summer maintenance of some town planters and several small garden areas such as the Bristol Town Line signs, the beach signs and similar small gardens. If you are interested in helping with these endeavors, there are many opportunities, such as workdays in the Butterfly Garden behind the Minot-Sleeper Library on the following dates: June 4 & 11, July 9, Aug. 6 & 27, Sept. 10, and Oct. 1 & 22, and a special transplant day on May 22 for the plant sale to be held on June 1 from 9 a.m. to noon at the MSL.

On Tuesday, May 21, there will be a meeting at the Minot-Sleeper Library to help organize town planting areas covered by the club. All interested volunteers are asked to attend this preparation meeting. Many hands make beautiful plantings.

It's that time of year when you are ready to tackle those Spring projects. Please make sure you contact the Town's Land Use Department first to determine if a permit is required. It is important you take care of this before it begins. Waiting until after it is done may be costly!

The Bristol Open Air Market will return to Mill Stream Park on Saturday, May 18. For more information, please visit the Bristol Open Air Market Facebook page.

The TTCC will hold a Parent's Night Out on Saturday, May 18 from 5 – 9 p.m. There will be back yard games, prizes, music, a BBQ and lots of fun. The charge is \$25 per child.

Join the Newfound Lake Region Lake Region Association, Newfound Land Conservation Partnership and landowners Paul and Mary Hazelton for a guided hike of conserved lands on Friday, May 17 at 9 a.m. This season's first hike of conserved lands in the Newfound Watershed, this event is dedicated to the memory of Suzanne Smith who was a firm supporter of conservation in the area. The Hazelton Farm and Forest along the Cockermouth River in Hebron is conserved for agricultural and forestry use.

istration is required and space is limited. Register online at NewfoundLake. org/events or call 744-8689.

The Pemigewasset Chapter of Trout Unlimited will be meeting Tuesday, May 21 at 7 p.m. in the meeting room of the Plymouth Common Man Inn. The theme for this month's meeting will be "Home Waters." This meeting is free and open to the public. A few members have agreed to talk briefly about their favorite streams, rivers, ponds, and lakes in the Pemigewasset watershed. Any attendees are welcome to share their own favorites.

'The Minot-Sleeper Library invites you to attend several sessions at the Library: The Cookbook Club on Thursday, May 16 at 1 p.m. with Ree Drumond "The Pioneer Woman Cooks"; Family Craft on Wednesday, May 22 at 3:30 p.m. for River Rock Painting where refreshments will be provided while river rocks will be painted for your garden. Please sign up at the circulation desk; Covered Bridges of NH with Kim Varney Chandler who will discuss Covered Bridges Near Bristol, past and present on Tuesday, May 28 at 6 p.m.; and a children's activity on Stem Stations for kids five and up on Fridays from 2:30 to 4:30 p.m. for Legos and Stem Learning Stations every

Campton-Thornton

Friday afternoon.

Joël Freeman 398-4368 bearfootfarm@aol.com

Campton Garden Club Annual Plant Sale

On Saturday, May 25 from 8 a.m. to noon on the lovely lawn at Andrews' Construction, 392 Route 49, Campton, we will again have our only fundraising event, the Campton Garden Club annual plant sale. All proceeds from the sale enable us to continue our mission to beautify Campton. Also, if your garden is getting a little out of hand, we'd love to include any extra plants you may have in our sale,

and we'll do the work to dig! Please contact Chris at 603-536-8246 or speak to any of our members, and we'll painlessly make the arrangements! Watch for the signs, and we hope you'll join us on May 25!

250th Anniversary Celebration

Help the Campton Congregational Church celebrate two and a half centuries (1774-2024)!Join the fun on Saturday, June 1 from 10 a.m. to 4 p.m. There will be homemade donuts and coffee, live music featuring Jim Tyrrell, Ray Mardin, Scott Brunt, The Dreamers and the Dellavalla Bluegrass Trio. Other events include Richard Mardin, Fiddle Maker and Player, Vendors, Bake Sale, Antique Cars, Face Painting and Activities for the Kids. The Campton Thornton Fire Department will host a barbecue at noon to benefit the Fireman's Auxillary. End this fun filled day with a spaghetti supper from 5-6:30 p.m. We hope you will join us!

Community Yard Sale

Mark your calendars for the Campton Historical Society Community Yard Sale on June 1 from 9 a.m. to 3 p.m. The Campton Historical Society is located at 529 NH Route 175, one mile north of Blair Road. To reserve a spot, a \$15 non refundable fee (checks payable to the Campton Historical Society is required. This event will take place rain or shine. Bring your own tables and/or tents. (No political displays, please). For more information, email ddjoyce6856@gmail.com.

Holderness

Fran Taylor 968-3846

Weather Guru Rod Weinberg reports that the average high temperature for April was 55.3 degrees and the low 34.3 degrees. This is two degrees above the normal average. The warmest day was 66 degrees on the 9th and 28th. The coldest reading was 27 degrees on the 24th and 25th of the month. Snowfall total was 17.4 inches, which is SEE TOWNS PAGE A8





CHURCHES

Campton Congregational

Sunday, May 12

9:30 a.m. Worship Service led by Rev. Jeff Robie

10 a.m. Children's Sermon/Sunday School. Following Worship we gather for fellowship.

Tuesday, May 14 10:30 a.m. Bible Study Noon BYOL Lunch 1 p.m. Ladies Guild Meets

Join us on Saturday, June 1 at Campton Congregational Church as we celebrate 250 years of history and community! This week, we are excited to share details about the amazing lineup of musicians who will be performing, including Ray Mardin, Jim Tyrrell, the Dreamers, Scott Brunt, The Dellavalla Bluegrass Trio, and Richard Mardin with his handcrafted fiddles. Next week, we will be unveiling more exciting happenings and events that will be included in the day's celebrations. Stay tuned for updates

on additional activities. and more surprises that will make this anniversary event truly exceptional. Don't miss this opportunity to be a part of a historic celebration honoring the enduring legacy of Campton Congregational Church, a community built on faith and purpose. Mark your calendars and join us for a day filled with music, fellowship, and the spirit of our ancestors. See you there!

Please join us Sunday mornings, as we come together to Worship God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world. Our Services are available on Facebook. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, **Plymouth**

We love to have visitors at our Sunday services, which we hold each week at 10:00 in our Emerson Street building. This week's Bible lesson begins with this verse from Psalms: "I have called upon thee, for thou wilt hear me, O God..." Christian Science churches in more than sixty countries around the world will be reading this lesson next Sunday.

Children and teens are invited to visit our Sunday School which is held at the same time as this service. Students learn how the truths and lessons in the Bible can help them learn to pray for themselves, their community and the world.

Our Wednesday meetings which are held at 6 p.m. each week include short readings from the Bible and from the Christian Science textbook with thoughts to

help meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. Everyone is welcome.

Please visit our Web site at www.cs-plymouth-nh.org if would like to join in our services by Zoom.

The Reading Room in our church building is open Monday noon to 2 p.m. You're welcome to come in to browse, borrow books and resources which include Bible reference materials and many other books and publications. There are free magazines which you are welcome to take as well.

At jsh-online.com there are new articles each week, many with audio. There's a whole section of articles and ideas especially for teens and the challenges they are facing. This week's Sentinal magazine has a helpful article, "Choosing where our thoughts dwell."

Starr King Unitarian **Universalist Fellowship**

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom. Nursery and childcare services are available. Religious education classes are offered every week.

May 12 Worship in Song **Music Director Sarah Dan Jones**

Music serves to lift up our common longings and reaffirm our commitment to a more loving world. Join us this Sunday as we fill the air with music, our common cares, and the beauty of making music together.

Unitarian Universalism is a caring, open-minded religion that encourages you to seek your own spiritual

path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation. For more information and Zoom link, visit our Web site: www. starrkingfellowship.org.

Wentworth Congregational

Here is our list of upcoming speakers:

Our services are now at 10 a.m., except for the first Sunday Commun-

Service in West Rumney, which is at 9 a.m.

May 4-Communion Service, W. Rumney 9 a.m.

May 12-Rev. Cindy Petrie-Special Service of Baptism with reception after

May 19-Joy Moody May 26-Rev. Lynn Morrison

service



ALEXANDRIA

Alexandria United Methodist

12 Washburn Rd. Alexandria Village, Alexandria 9 a.m. Sunday Worship Service Pastor Mark Lamprey • 603-744-8104 April 16th Easter Worship @ 9a.m.

ASHLAND

Ashland United Methodist 18 Washington St., Ashland 9:30 Sunday morning Worship Service Visit our Website: https://ashlandumc.faithlifesites.com/ for more information and recordings of the Services. Pastor Roger Kleinpeter

1-603-254-7796 **Ashland Community Church**

55 Main Street - Ashland (across from Shurfine Market) 10:00 a.m. Worship August 18 – September 15 Teaching Series: "I Love My Church!" Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden. Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings. New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019. Pastor Ernie Madden (603) 968-9464

accernie@hotmail.com **Emmanuel Episcopal Church**

18 Highland Street, Ashland (603) 968-7640 9:30 am Sunday School and Worship Rev. Stephen Rugg

BRISTOL

SUNDAY

Bristol Baptist Church 30 Summer Street, Bristol, NH 03222 (603) 744-3885

• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m. bristolbaptistchurch.org

Bristol United Church of Christ

15 Church St., Bristol 9 a.m. Bible Study • 10 a.m. Sunday School 10 a.m. Worship Service • Child Care Available • 744-8132

Our Lady of Grace (part of Holy Trinity Parish)

2 West Shore Rd Bristol, NH 03222 Mass Schedule: 9:30 AM on Sundays (this is the only Mass on Sundays year round now). Daily Masses: Tuesdays and Thursdays at 8 AM.

Eucharistic Adoration every Thursday after Mass until 10:00 AM. Parish office for both locations: 11 School St, Plymouth, NH 03264, Phone: (603) 536-4700.

CAMPTON

Campton Baptist Church 1345 Main Street, Campton (603) 726-4662 Sunday 10 a.m. Worship Service followed by Time of Fellowship Monday 4 p.m. Bible Study Wednesday 7 p.m. Prayer Friday 5:30 p.m. Dinner & Movie (free) Women's Gatherina 2nd Tuesdays 10 a.m. Men's Breakfast 2nd Saturdays 7 a.m. "Digging Deeper" Service 3rd Sundays 7 p.m. Food Pantry by Appointment All are Welcome • Handicapped Accessible Pastor Chuck Green

Campton Congregational

#495 Rt. 175, Campton 9:30 a.m. Sunday Worship Service Nursery and Child Care Available 10:30 a.m. Tue. Bible Study for Youth & Adults Rev. Jeffery Robie • 536-2536 Member NACCC

New Light Chapel

Southmayd Plaza (off I-93 Exit 28) 24 Southmayd Road, Campton (Across Route 49 from Campton Mobil) 10:00 a.m. Sunday Worship Service Childcare and Children's Ministry available Pastor Steven Veinotte www.newlightchapel.com

DANBURY

Danbury Christian Church High St., Danbury 9:30 a.m. Sunday School 11 a.m. Morning Worship Tuesdays 6:30 p.m. AWANA Thursday. 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury

"All Are Welcome" Rt. 104 — Near Center of Town 9:30 a.m. Sunday Worship Service 9:30 a.m. Sunday School Contact: Sylvia Hill, Deacon at 768-3936 danburypastor@myfairpoint.net

HANOVER

Our Savior Lutheran Church 5 Summer Street, Hanover • 643-3703 10:30 a.m. Sunday Service of Holy Communion and Children's Church 9:15 a.m. Adult Education Hour

HEBRON

Union Congregational Church Union Congregational Church 15 Church Lane, Hebron 603-744-5883 We welcome all persons The Rev. Ralph S. English Worship Service - Sunday 10am Communion is celebrated on the first Sunday of each month A Coffee Hour following worship Recorded Services on website www.hebronchurchnh.org

HILL

Hill Village Bible Church

9 a.m. - Sunday School 10 a.m. - Morning Worship 11 a.m. - Coffee Fellowship 11:30 a.m. - Bible Hour 6:30p.m. - Wed. Prayer & Bible Hour Teen/Childrens' Ministries

Nursery provided at all services Pastor: Rev. Daniel Boyce Youth Pastor: Nathan Pelletier www.hillvillagebiblechurch.com Look for us on Facebook

HOLDERNESS **Holderness Community Church**

919 US Route 3 – P.O. Box 613 Holderness, NH 03245 Worship Service -Sunday 10 a.m. Rev. Chris Drew - 968-3219 www.holdernesscommunitychurch.org

NEW HAMPTON New Hampton Community Church

(603) 744-8252 A Christian Church with a Family friendly atmosphere • Main St. New Hampton 10 a.m. Sunday Worship Nursery care, Children & Youth ed. Life Groups meet throughout the week at the church, in area homes and via ZOOM. Pastor Scott Mitchell pastorscott@newhamptoncc.org https://newhamptoncc.org/ Join us also online: https://www.youtube.com/@

PLYMOUTH

Calvary Independent Baptist • 536-3024 115 Yeaton Rd., West Plymouth 8:45 a.m. Sunday Morning Service 10:30 a.m. Sunday School 6:30 p.m. Sun. Evening Service-Tilton 7:00 p.m. Tuesday Evening Service Dr. Chester W. Kulus, Pastor

NewHamptonCommunityChurch

Christian Science Society

11:10a.m. Sunday School

Tom Lopez (603) 998-4356

7 Emerson St., Plymouth 10-11 a.m.-Sun. Service/Sun. School Wed. 6:00-7:00-Testimonial Meeting www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints 354 Fairgrounds Rd., Plymouth 10:00a.m. Worship Service

Gateway Alliance Church 9 Fairgrounds Road, Plymouth • 536-3043 Sunday School and Adult Education

Worship Service 11:00 a.m. (Nursery Care is available) Dennis Simmons, Pastor gatewayalliancechurch.org

Holy Trinity Parish (Roman Catholic)

Our Lady of Grace Chapel 2 West Shore Rd, Bristol St. Matthew Church 11 School St in Plymouth NH. Parish Office: 11 School St in Plymouth (603) 536-4/00. Office email: holytrinitynh@gmail.com Communications coordinator: Christine Chiasson email: chrischiasson@holytrinityparishnh.org. Pastor: Fr. Mark Dollard. Instagram: holyTrinityNH. FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ

4 Post Office Square Morning Worship with Sunday School An Open & Affirming, Just Peace, Anti Racism Church 536-2626, www.uccplymouth.org

Plymouth United Methodist Church

334 Fairgrounds Road (603) 536-1941 Sunday Morning Worship 9:30 am weekly

Restoration Church

319 Highland Street, Plymouth NH 10:30 am morning service We Care Food Pantry

Open every Monday from 10-2 Starr King Unitarian

Universalist Fellowship 101 Fairgrounds Rd., Plymouth 9:30 a.m. Sunday Service and Church School & Nursery Care Rev. Linda Barnes www.starrkingfellowship.org

RUMNEY

Rumney Baptist Church

Rumney Baptist Church Rev. Seth Powers, Pastor 375 Main Street • 786-9918 rumneybaptist.org office@rumneybaptist.org Like us on Facebook Sundays: 10:00 a.m. Sunday Worship Service Livestreaming on YouTube Blended, worshipful music Relevant Bible teaching Children's ministry 6:30 p.m. Mondays: Teen Worship Service Small group Bible studies throughout the

West Rumney Community Church **United Church of Christ**

1218 Old Route 25, West Rumney Sun. Worship 9 a.m., All are welcome.

THORNTON

Thornton United Methodist 22 Church St., Thornton Off Cross Road between Rts 3 & 175 Call 603-726-3774 for more information or to leave a message.

WARREN

Warren United Methodist Church On the Common, Warren, NH Sunday Worship 1:30 p.m. Sunday School 10 a.m. Rev. Dr. David Palmer • 787-6887

WENTWORTH Grace Bible Church of the White Mountains

259 Moosilauke Hwy. (NH-25) Sunday Schedule: Sunday School - 10:00 AM Worship Service - 11:00 AM Wednesday Schedule Bible Study - 6:30 PM Patch the Pirate Club for Ages 5-12 6:30 PM

Teen Youth Group - 6:30 PM ChoirChime Rehearsal - 7:30 PM Live-streaming the Worship Service on YouTube

Nursery and Children's Church provided each service. Handicap Accessible Pastor: Rev. Steven Anglea

Phone: (603)530-2866 Mailing Address: P.O. Box 500, Rumney, 03266 www.gbcnh.org

Wentworth Baptist Church Independent, Fundamental, K.J.V.

260 Cape Moonshine Rd., Wentworth 9:30 a.m. Sunday School 10:30 a.m. Sunday Service 1 p.m. Sunday Afternoon Service 7 p.m. Wednesday Evening Service 764-9800 www.wbcnh.org

Wentworth Congregational Church

Wentworth Village Road (Common) wentworthcongregationalchurch.org Sunday services: 10:15 a.m., Sept.thru May. 9:00 a.m., May thru August 764-9081

Woodstock

Pemi Valley Church

1091 Rte 3 South Woodstock, • 745-6241 ALL ARE WELCOME Wednesday - 6:30 p.m. Bible Study and Prayer Group.

Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m.

Reverend John Muehlke Jr.

OBITUARIES

Joyce Darlene Drew

Bridgewater, NH-Joyce Darlene (Asher) Drew left her earthly life on Saturday, March, 23rd to enter her glorious heavenly home. Joyce was born to John and Grace Asher on September 29,1952 at the U.S. Naval Hospital in Great Lakes, Illinois where her father was stationed in the U.S. Army. She grew up in Woodbury, NJ, also spending several years in Germany, while her father was stationed there.

graduated She from Woodbury High School and went on to earn a nursing degree through Presbyterian / University of Pennsylvania School of Nursing. It was during these years that she met Christopher Drew, who was a student at then Eastern Baptist Theological Seminary (now Palmer Seminary) in Philadelphia and was a student intern / associate pastor at Central Baptist Church in Woodbury, NJ. They were married on August 23,1975 at Central Baptist. They would have celebrated their 49th anniversary this year.

Having been an "army brat" she was quite amiable to living and working in various places. They first lived in Pittsfield, NH where Chris served the Park Street



Baptist Church and the Loudon Center Baptist Church. Joyce became a nurse in pediatrics at Concord Hospital, a position she loved. She then moved to work at Epsom Manor for a time. When Chris was called to South Baptist Church in New Bedford, MA, Joyce took a hiatus from nursing to be at home with their two daughters, Tosia and Erin. When she did return to work it was as an administrative assistant at the Children's Museum in South Dartmouth, MA and the Pastoral Care and Counseling Center for the Inter-Church Council of Greater New Bedford.

When Joyce and Chris moved to North Adams, MA, she took a position as administrative assistant at the United Methodist Church which was across the street from First Baptist Church to which Chris had been called. went to work together each morning but "went to their separate corners" as they used to say.

Joyce nearly always had some kind of stitching in her hands. Cross -stitch was her passion and she earned several first-place ribbons at the Terryville Country Fair, in Terryville, CT where they lived for many years. When cross - stitch became difficult to see, crocheting and knitting filled her time.

Joyce is survived by her husband Rev. Dr. Christopher Drew of Bridgewater, NH, daughters, Tosia Hodge (David) and grandchildren, Izzabell and Olyvar also of Bridgewater, NH; Erin Drew and companion, David Ward of Bristol, CT. Also surviving are a sister, Jacky Leeds (Steve) of Estelle Manor, NJ and John Asher, Jr (Joyce) of Columbia, SC as well as 2 nephews. She was predeceased by her parents and a sister, Judy.

A Celebration of Life will take place on Saturday, May 18, 2024 at 12 Noon. Friends may call from 11 to Noon, prior to the service, at the Holderness Community Church in Holderness, NH. For more information go to: Dupuisfuneralhome.com.

Dr. Paul P. Baard, 79

CAMPTON, NH- Dr. Paul P. Baard, 79, passed away on Sunday, May 5th, 2024, at his home, surrounded by his family, in Campton, New Hampshire. Dr. Baard was born in New York City and is survived by his wife, Veronica K. Baard, daughter, Dr. Samantha K. B. Perry, son-in-law, Dr. William C. Perry, grandchildren, Lillian and Edward, and German Shepherd companion, Rayna, all of whom he loved deeply.

Paul was passionate about sharing the Gospel of our Lord, Jesus Christ. In his ministry involvements over the decades, he worked with many churches, helping individuals, families, and church leadership, sharing his insights through seminars and Bible studies. He was a member of Christ Redeemer Church in Hanover, NH, along with his wife. Veronica.

Paul was also passionate about his work in motivation, with one of his most significant contributions being his published book on leadership called "Motivating Your Church." Dr. Baard served as a full-time faculty member at Fordham University's Graduate School of Business for over 20 years, commencing in 1990, following a successful career in senior line management at the A.C. Nielsen Company (television research division). He was a Trustee Emeritus of the City University of New York,



having been appointed by two New York governors. Holding a Ph.D. in psychology, specializing in motivation, he researched and taught in the areas of motivation, interpersonal conflict reduction, and team building.

He published in numerous academic and popular journals, including Harvard Business Review, and appeared often in major media outlets on matters of organizational psychology, including The Wall Street Journal, CBS. CNN and many others. He served as a sports psychologist at Fordham and worked with professional athletes and teams. He was also a featured main tent speaker, executive coach for managers, and trainer, serving many organizations including Hitachi, PepsiCo, PricewaterhouseCoopers, and the NBA. He was a regular columnist (Motivation Matters) for the Union Leader. He consulted with his colleague and partner, Veronica Baard, with their consulting firm specializing in leadership, motivation, team development, and growth.

Dr. Baard was on the original faculty of Self-determination Theory (SDT), arguably the leading theory of motivation in the world today. He has given invited lectures on SDT at the University of Rochester, the United States Merchant Marine Academy, and at academic and corporate conferences in the US and Canada, and has co-authored with SDT's theorists (Baard, Deci & Ryan, 2004). Dr. Baard's work in the role of emotional maturation and leadership is based in Bowen Systems Theory (BST) and was an invited lecturer at the Georgetown Bowen Center for the Study of the Family as well as at MIT's Organizational Learning Center. Dr. Baard published his derivative of BST, Psychological Fusion, in the Harvard Business Review case study "The Team That Wasn't", which continues to be a widely used Harvard

A graveside service will be held at the Blair Cemetery in Campton, NH prior to a public Celebration of Life service at The Quechee Church (1905 Quechee Main St, Quechee, VT) at Noon, Saturday, May 11, 2024.

case study.

Arrangements under the care of Mayhew Funeral Home. To sign the online book of memories, go to mayhewfuneralhomes.com.

James to

Martin D. Kass Registered Optician

603-536-3569

Thank you healthcare workers!



PLYMOUTH OPTICAL SHOPPE

"Where seeing is believing" Village Square • 607 Tenney Mountain Highway

Suite 101 • Plymouth, NH 03264

BRANCH INSURANCE

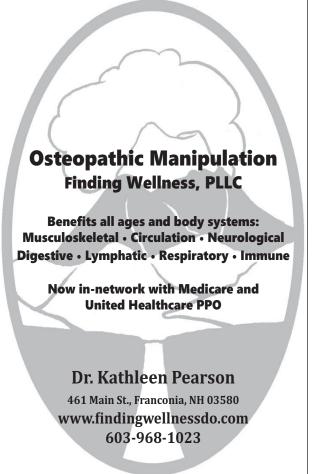
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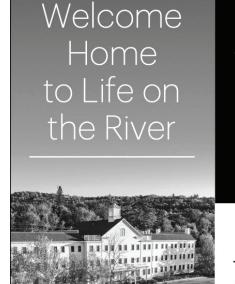
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TOWNS

FROM PAGE A5

11.4 inches above normal. Total precipitation was 5.25 inches, which is 1.17 inches above normal. The highest wind gust observed was 38 mph on the 4th of the month. We all remember those very high winds and the extensive clean up involved in many locations.

Residents throughout the area were treated to the Pemigewasset Choral Society's Spring Concert last Sunday at the Silver Center at PSU. Noted in the singers were 7 residents of Holderness among the 100-plus members of the chorus.

Library Director Adam continues his Tech Classes for Adults next week on the 14th and 15th on the topic of Browsing. Time is 4:30 - 6 p.m. The following week's topic

is File Sharing Basics. Bring your own device. Be sure the battery is fully charged.

The Noon Book Group will be discussing Anne Youngson's "Meet me at the Museum" on May 15. Copies are available at the Circulation desk.

This Friday, May 10 at 4 p.m., Library Director Adam will offer a conversation and demonstration about Artificial Intelligence or, AI as it's known.

There will be no Storytime on May 7, 8 and 14. This popular activity will resume on Wednesday, May 15.

Check out the myrof activities that students at the Central School are participating in the afterschool programs. Check it out on the calendar on the school home page.

The Squam Lakes Association weeklong sum-

mer camp programs for youth has scholarships available for students from watershed schools through the MJ LaFoley Foundation. They are also available through the Greater Lakes Region Children's Auction, the Douglas DiCenzo Camp fund and the state @rekindlingcuriosity scholarship program.

Only two weeks still have openings for the Holderness Summer Escape day camp programs. They are the weeks of July 1 and July 5. In Youth Swimming there are still openings for Level 2 lessons on the week of July 8. Quite a few openings for Adult and Youth Tennis lessons. Check the Town website for more information.

There was a huge turnout last Saturday for NH Day at the Science Center. For a while, traffic was stopped on Route 113 from the intersection to the center entrance.

The owners of some wooden docks are waiting to put their docks in while they wait for the lake level to recede. Thinking of putting in a new dock or repairing your old one? The NH DES has a document "Docks in Non-Tidal Areas FAQs" that may answer your questions.

Noticing that many new model pickup trucks take up more than the allotted footage per space in front of Walter's and Squam Boats. Now that Walter's is open daily, this could create even more of a shortage than already existed.

Rumney

Elise Saad (508) 981-4184 elise@infonetics-usa.com

Byron G. Merrill Library

Tuesday, May 14, 5 p.m. — Common Man for Ukraine presentation

Please join the Common Man for Ukraine's co-founders as they describe how they turned small-town New Hampshire heart into global impact, refusing to stand idly by after the February 2022 invasion.

Without a clear path to help Ukraine's children, the four volunteers reached out and built

Inspired by the Plymouth Rotary Foundation's commitment to Service Above Self, the all-volunteer team efficiently and effectively partners with fellow Rotarians on the ground to deliver impactful relief programs for Ukraine's most vulnerable children.

katy@rumneylibrary.

Thursday May 30, 5 p.m. - Visualizing the Wisdom in Ukrainian Folk Tales

Marie Zack Nolan, local artist and museum teacher, has mined folk literature from her ancestral heritage, namely Ukrainian and Polish, to learn how ancient moral lessons remain relevant today. She will share some folktales and describe how she translated these stories into 2D visual depictions as woodcuts and display some of the resulting prints. Ukraine's folk literature can be viewed from the lenses of ancient pagan symbols, Christian themes and characters, and modern political forces, to exemplify the values of honesty, generosity and kindness. She will share how folk tales can help make

sense of the world today and how evil in its many forms can be defeated and heroes can succeed through determination and the help of others.

Every Monday at 10:30 a.m., please join us for our Family Storytime. Join the fun and enjoy some time with other children and their parents/caregivers. Crafts, yoga and playtime jkelso@rumneylibrary.org.

We'll see you at the library!

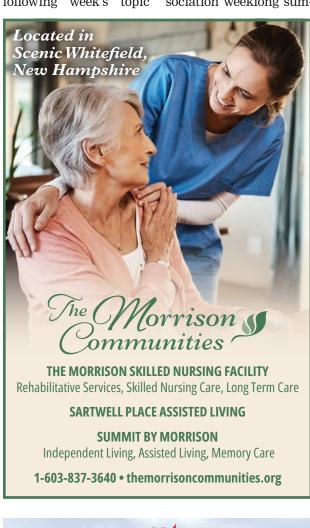
Warren/ Wentworth

Gary Jesseman 707-7129 garyj@together.net

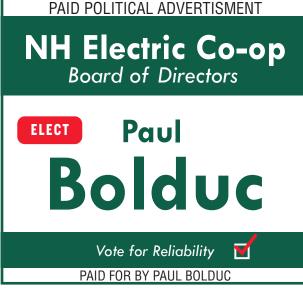
Greetings everyone. Hope you all have had a good week. I will make a pilgrimage to "my beautiful place by the sea" on Thursday for the area premiere of "Waitress." Lunch and dinner with friends included....review next week!

WARREN NEWS

I know you've all been waiting for this...Moose Scoops Ice Cream opens for the season on May 9. May hours are Thursday











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JONAH D. GLICKMAN

Vice President

508-868-3765

jdglickman@glickmankovago.com

• Basement: partial | Unfinished







TOWNS

FROM PAGE A5

and Friday 4-8 p.m., and Saturday and Sunday noon to 8 p.m.

WENTWORTH NEWS

The Wentworth Market is currently seeking vendors for the upcoming 2024 season. Anyone interested can email Renee at wentworthmarket@gmail.com for more information.

Wentworth PTO is hosting a Mother's Day Craft Fair on Saturday, May 11 from 10 a.m.-2 p.m. at Wentworth Elementary School. There will be crafts, baked goods, raffles, and 603 Eats will be in the parking lot, should you get hungry! For more

information or to inquire about becoming a vendor, contact wentworthpto@ gmail.com

Have a good week, and remember to count your blessings!

Waterville Valley

Jan Stearns jstearns@waterville.com

Community Clean Up Join on Friday, May 10, at 10 a.m. to help pickup trash around Waterville Valley. Meet at the Recreation Department and get trash bags and a route assignment. Bring your own gloves if possible. Place full bags on the nearest sidewalk for the Town to pick up. Return to the Rec. from 11:30 a.m. to 12:30 p.m. for a thank you of hearty snacks provided by La Hacienda Mexicana and a gift from Roper Real Estate.

Brush Pile Pick Up

Single family homeowners may leave brush piles curbside on Friday, May 10 by 11 a.m. for the Town to pick up.

Hilltop Hustle 5K

Are you ready for the Hustle? On Sunday, May 12, it's time for a 5K hill climb from Town Square to the ski resort base. Check-in opens at 7:30 a.m. in Town Square. The race starts at 9 a.m. There will be prizes for the top finishers overall and in age groups, plus raffle prizes. The cost is \$40 if you register by

May 10; \$45 on the day of the race. Kids run free with a registered parent. Register online at bit.ly/ hilltop-hustle.

Wilderness First Aid Course

Space is still available for the Wilderness First Aid Course on Saturday and Sunday, May 18 & 19, from 8:30 a.m. to 5 p.m., at the Recreation Department. The course is taught by SOLO Wilderness Medicine instructors, the gold standard for backcountry emergency care training. \$245 (\$225 for Rec. Dept. members). Space is limited so register soon at wvrd. recdesk.com or call 603-236-4695.

Road Less Traveled

Get out and ride the quiet rural roads connecting the towns and villages that make this region special. On Wednesday, May 22, the Recreation Department is offering a mixed surface ride in Rumney. Transportation from Waterville for riders and bikes will be provided. Tyler Durham, an experienced cyclist, guide Wilderness First Responder, will lead this trip. Tyler has completed self-supported cycling journeys across the U.S., Mongolia and many other countries. Plan to meet Tyler at the Rec. by 8:45 a.m. The bus will return to the Rec. by 3 p.m. The cost is \$20 per person (\$15 per WVRD member). Preregistration is required by calling 603-236-4695.

Youth Fishing Derby

Try to catch Kirby, the legendary lunker of Corcoran Pond, on Saturday, May 25, from 8 a.m. to noon. The cost to participate is \$8 for children ages 1-15. Advance registration is required online at wvrd.recdesk. com or call 603-236-4695. There will also be face painting, animal encounters, T-shirts and loads of prizes. Plan on staying a while. There will be live music in Town Square with the Dan Morgan Band performing from 12-3 p.m. and the Latch Key Trio from 4-7 p.m.

34th Annual Chowderfest

Head to Town Square on Sunday, May 26, from 12-2 p.m., to sample delicious chowders prepared by local restaurants. Admission is \$7.50 for adults and \$5 for children 12 and under. Vote for your favorite. There will be live music from the gazebo stage with Rhythm Method performing from noon-3 p.m. and Bob Pratte Band from 4-7 p.m.

NH Wildlife

Squam Lakes Natural Science Center returns with the Animal Encounter Series on Monday, May 27, from 10-11 a.m. Naturalists will present live animals and inform and inspire children and adults alike. This event is free and open to all.

Mountain Clean-up & Pig Roast

Memorial Day weekend culminates with the annual mountain cleanup on Monday, May 27, from 10 a.m. to 2 p.m. Over the last year, thousands of guests have experienced the family fun that our beloved mountain brings. Let's give back by volunteering to keep the woods and trails free of rubbish and debris. You'll be thanked for your efforts with a free pig roast and all the fixings at the ski resort.

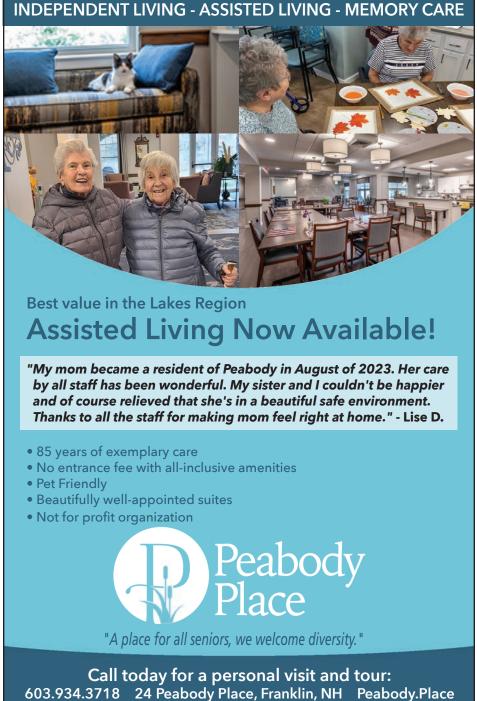












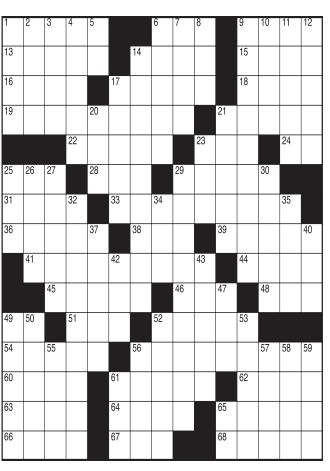
THE REAL REPORT

Town	Address	Туре	Price	Seller	Buyer
Ashland	174 Thompson St.	Single-Family Residence	\$300,000	Ann M. Manwaring	Janine Thompson
Ashland	202 Thompson St.	Single-Family Residence	\$432,000	Shawn and Kayla McEvoy	Katie L. and Brenden J. Ward
Bristol	30 Mayhew St.	Single-Family Residence	\$405,000	Mary Joanna DeWolf Estate and Cynthia (Gunn Jennifer and Aaron Miller
Hebron	Hebron Country Estates Condo Unit 1	9 Condominium	\$90,000	HCENHLLC	Jennifer Hathaway and Joe Mizzoni
Holderness	Route 3	N/A	\$3,524,200	Sally M. Daigneault RET	Justin G. Hupp 2018 RET
New Hampton	174 Huckleberry Rd.	Single-Family Residence	\$217,066	Daniel and Christina Morse	Christina Morse
New Hampton	Lake Winona	N/A	\$300,000	Robert J. Elliott Trust	Vanessa E. Lewack
New Hampton	Route 104	N/A	\$550,000	Ambrose Bros. Inc.	Devon M. and Michael Faller
New Hampton	Route 3B	N/A	\$440,000	Johnny J. III and Anna Marshall	Caleb A. and Sarah E. Nason
New Hampton	N/A (Lot 26)	N/A	\$97,533	Michele J. and Joseph R. Castellucci	Henry and Shannon StLouis
Plymouth	New Hebron Road	N/A	\$197,533	Tom L. and Deborah C. Richards	Michael S. O'Brien
Plymouth	2 Wentworth St.	Single-Family Residence	\$375,000	S & D Flynn Fiscal Trust and Shawn W. Fly	ynn Deenie Hirikul
Thornton	Centennial Way, Lot 16	Residential Open Land	\$85,000	Michael Miller	Jeffrey Klaubert and Christina Guilbert
Thornton	High Brook Road	N/A	\$85,000	William R. and Julia H. Macmartin	Seu Crew Home Builders LLC
Thornton	46 Melinas Way	N/A	\$142,133	White Mountain Escapes LLC	M & M Re Development LLC
Thornton	N/A (Lot 26)	N/A	\$450,133	White Mountain Escapes LLC	M & M Re Development LLC
Warren	N/A	N/A	\$350,000	Joseph S. and Jessica R. Riscolo	Cynthia D. Babbit and Spencer D. Polewarczyk
Waterville Valle	y Waterville Valley	N/A	\$35,000	Jennifer W. Lucas	Joshua B. and Selena C. Kutin

ABOUT THE REAL REPORT Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

routine See the **Classifieds** TODAY!

TAKE A BREAK



ACROSS

1. It wakes you up 6. A place to sleep

9. Czech village 13. Appetizer

14. African country

15. Dark brown or black

16. Parent-teacher groups 17. Saturates

18. ESPN personality Kimes

19. Songs to a lover

21. Cavalry-sword

22. Begat 23. Patriotic women

24. Famed Princess

25. One who does not conform

28. Neither

29. Nigerian monetary unit

31. Body parts

33. Hit Dave Matthews Band song 36. Depicts with pencil

38. Make into leather without

tannin

39. Plants grow from them

41. Alias

44. Fingers do it

45. More dried-up

46. Clod

48. Senior officer

49. A way to listen to music

51. The bill in a restaurant

52. Historic center of Artois region

54. Cyprinid fishes 56. Poisonous perennial plant

60. Scottish Loch

61. Heads

62. Extra seed-covering 63. Wings

64. Britpop band

65. Forearm bones

66. Small immature herring 67. Female sibling

68. Hymn

DOWN

1. Vipers

2. Not on time

3. Resembling a wing or wings

4. Tears down 5. Professional designation

6. Noise a sheep made

7. Type of lodge

8. Speak poorly of

9. Ties the knot again 10. Apron

11. Studied intensively

12. City in Finland 14. One who monitors

17. 18-year astronomical period

20. Trent Reznor's band

21. Takes to the sea

23. Split pulses

25. Valentine's Day color

26. Wyatt _

27. Type of rail

29. One from the Big Apple

30. Asteroids

32. Made more sugary

34. Change in skin pigment

35. Mild yellow Dutch cheese

37. Koran chapters

40. A place to relax

42. Young woman ready for society

43. Female horses

47. Half of Milli Vanilli

49. Icelandic poems

50. Indiana town

52. Golden peas

53. Closes tightly

55. It's mined in mountains

56. Cliff (Hawaii)

57. Ribosomal ribonucleic acid

58. Monetary unit

59. Primordial matter

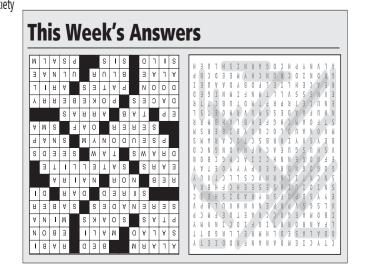
61. TV station 65. Rise

ALVNYPHCDGARNISH Find the words hidden vertically, horizontally, diagonally, and backwards.

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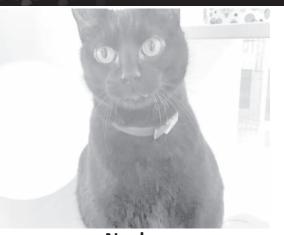
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Belle

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Nacho

Nacho is eager to find his forever home! He is hoping to have plenty of room to explore and be your one and only feline friend. Nacho will be confident independently, but does have experience living well with cat savvy dogs.



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New puzzle in the Plymouth Historical Society series marks anniversary celebrations!

PLYMOUTH — 2024 marks 50 years since the founding of the Plymouth Historical Society in 1974 and 250 years since the opening of what is now known as The Old Webster Courthouse (OWC) in 1774. We will be celebrating these anniversaries with a Grand Opening event on May 18, and with the release of a new puzzle in our PHS series. Watch our website (www.plymouthnhhistory. org), Facebook page, and local papers for details. Visit us at the Plym-

outh Historical Museum, 1 Court St. in Plymouth every Saturday through November from 10 a.m. to 1 p.m.

The Plymouth Historical Society, working with Pease Public Library, and New Hampshire Humanities will host a series of talks in Plymouth running through November 2024.

The new 300-piece (11 by 17 inches) puzzle features the Old Webster Courthouse then (ca. 1820) and now and is offered for \$19.95. The OWC is the second oldest courthouse building in New England still in use. It has been in service to the Plymouth community for 250 years. It has served as a courthouse (1774-1823), a school, a paint shop, a wheelwright shop, the town library (1878-1991), and now, through the generosity of the Young Ladies Library Association, the Plymouth Historical Museum.

Earlier puzzles in the PHS series remain available at \$16.95. (Pemigewasset House Hotel II, Smith Millenium Bridge, Town Common ca. 1950,

Main Street c. 1980s, Pemigewasset Stage Coach (children, 54 pieces, 5 X7, \$10.95)

We hope to see you at the Grand Opening on May 18 and at the Museum throughout the year. Come by an share your memories of Plymouth. Please consider becoming a Plymouth Historical Society member (see the Web site) or supporting PHS with your donation. We are all brought together by our shared connections to the Plymouth community.

TTCC FROM PAGE A1

tomotive Equipmentcoached by Joe Maloney

& Riley Provencher The Rockies sponsored by Dead River Company – coached by Vanessa Corneau & Marlinda Nadeau

The Cubs sponsored by Newfound Sales & Trading Post - coached by TJ & Skye Taverna

Woodchucks The sponsored by Bristol Hannaford – coached by Rebecca Begin & Sarah Bailey

The Dolphins sponsored by PB&J's Childcare & Learning Center– coached by Chris Woolsey & Will Fullerton

The Wolf Pack sponsored by Golden Leaf Landscapes and coached by Bo Sargent & Jess Grace

The Dragons sponsored by Isaac Newton

Electrical Contractors and coached by Isaac Newton & Gerard Rhude

After the t-ball ceremony, we welcomed the baseball & softball teams to the field. Scouts were on hand again to lead the flag ceremony and the baseball/softball teams we had high school student Karma Burrows-Buzzota sing the National Anthem. Karma has been on the TTCC teen council & a participant in our programs in the past - she did a great job! Jack Doucette, of Newfound Lawncare, was asked to throw the ceremonial first pitch this time around - Jack has been dedicated for years to making Wells Field one of the best youth ball parks in the State. We

whisperer' for his talent in making the grass grow so well!

2024 TTCC Baseball & Softball teams:

Pandas 8U softball team - Sponsored by Credentials Administrative Services and coached by David Swain, George Reynolds, & Matthew Gilson

Pumas 8U softball team - sponsored by Dunkin Donuts of Bristol with coaches Amanda and Alex Hutchins, Nate Saler & Catherine Masterson

Newfound 10U softball team – sponsored by Franklin Savings Bank and coached by Rob Glassett, Morgan Navarro, Cory Gilmore, and Jackie Glassett

Newfound 12/14UBHOP softball team - sponsored by Bristol House of Pizza and

coached by Jen Carlin, Justin Manseau, Kristin Gallagher, & Sally Manseau

Newfound 12/14U Gilly's softball team – sponsored by Gilly's Restaurant and coached by Chris Dolloff, Matthew Kimball & Gary Robin-

Sea Dogs rookie baseball team - sponsored by Mike's Performance Cycle and coached by Brett Huckins & Zachary Buskey

Mud Hens rookie baseball team - sponsored by Be Fair Builders and coached by Matthew & Ashley Whitehead

Fisher Cats rookie baseball team - sponsored by Children's Dentistry of the Lakes Region and coached by Zachary Gilpatric and Kimberly Courteman-

Mets minor baseball

team - sponsored by Hiltz Aggregates with coaches Joe Maloney, Kurt Campbell and Riley Provencher

Twins minor baseball team - sponsored by All Points Property Maintenance and coached by Kris Bean & Chris Dyer

Diamondbacks minor baseball team - sponsored by Lakes Region Epoxy and coached by Andrew Soucy & Brenden Nadeau

Blue Jays major baseball team - sponsored by The Homestead Restaurant and coached by Travis Torsey & Frank Hobart

Cardinals major baseball team - sponsored by Gilpatric Logging and coached by Ben LaRoche & Frank Crandall

We also have 2 Babe Ruth Teams that will start later in the spring -

West Shore Marine

Team coached by Rick Alpers & Frank Hobart

Squam Lake Plumbing & Heating team coached by Bo Sargent, Ricardo Rivera & Matt Mickewicz

We finished the morning's events with a few special thank you's & announcements - A very special thank you to Don & Doug Merrill for their continued field maintenance and scholarship support; All Points Property Maintenance for their field work in helping us add 70' base paths for our Majors division.

Good luck to all the teams, and we want everyone to have a safe & fun season. On behalf of the TTCC Baseball & Softball Commission let the 2024 Season Begin! Play Ball!

Mosenthal FROM PAGE A3

cess holistic treatment. and excited to integrate Dr. Mosenthal, with his well-rounded approach, into our comprehensive care services. Chiropractic care offers a range of benefits, and

is one of the safest, drug-free approaches, to treatments of musculoskeletal conditions. Mid-State's looks forward to the transition of the Mosenthal Practice to Mid-State Health and the benefits patients will receive from now schedule appoint-

like to call him the 'grass

Dr. Todd Mosenthal is currently practicing at his familiar, 15 Town West location in Plymouth. Patients seeking chiropractic care services can this additional care serments. To become a

patient of Dr. Todd Mosenthal and Mid-State Health Center call 603-536-5885 or www.midstatehealthcenter.org learn more about Mid-State's services.

> **About Mid-State Health Center**

Mid-State Health Center delivers primary care and supportive services at locations in Bristol, Plymouth, and Lincoln, offering medical services, dental services, behavioral health counseling, physical and occupational therapy, imaging, infusion, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

The weight of "while **FROM PAGE A4** you can" hit home a couple days ago when a dear friend of mine passed away unexpectedly. It's a stark reminder. We never truly know the future.

Finding balance is essential. It doesn't have to be just vegging out on the couch watching reality TV although occasionally that's what is needed. Ultimately, it's going to look different for each of us. It's a personal journey to discover what that balance means.

Reflecting on a quote by Jim Rohn, whom I often cite and had the fortune to meet as a boy, might offer some guidance.

He said, "Something my parents taught me, that

they practiced all their life, and now I practice. Don't miss anything. Don't miss the game, don't miss the concert, don't miss the performance, don't miss the show. Don't miss the conversation, don't miss the sermon, don't miss the class...don't miss anything. Go look, see, learn, try, taste. Let that flavor of life be part of your lifestyle."

Why pursue balance? It's about personal enrichment and development, about becoming a person of value. True, thriving in our workplace demands education, hard work, determination, and dedication. But what about beyond the office?

Consider the value added to your life when you're not only accomplished at work but also knowledgeable in the arts, skilled in playing chess, experienced in gardening, or have read the greatest book upon that which western civilization was founded upon. You've set down the path of enriching your whole self, making you a more rounded and insightful individual, and what is that truly worth?

Can we quantify it? No, but consider this: being a cultured individual stimulates fresh thoughts, inspires new actions, and fosters new ways of being and can help you get out of a rut. This not only adds layers of value to your personality, but also introduces a much-needed balance. What's it worth? I'd say it's priceless.

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SPORTS

Bobcat net boys knock off defending champions to finish strong week

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — The Plymouth boys' tennis team finished out a busy week by knocking off the defending champions in a rematch of last year's Division III title tilt.

"It was a great display of tennis for two outstanding teams," said coach Tony DiNardo of his team's 6-3 win over Kearsarge. "To play a match of that caliber, not every high school tennis player gets to do that and they will all be better because of it."

Leo Ebner came up with an 8-2 win in the top spot in the lineup, with Chance Twomey dropping an 8-4 decision in the second spot in match that featured a bunch of great shots by both players. Charlie Cushing continued his steady, consistent play and won 8-2 at number three, Jack Swanson dropped an 8-2 decision in the fourth spot, Grady Marunowski won 8-0 at number five and Max Levin won 9-7 in the sixth spot, clawing his way back from an early deficit to pick up a key win for the Bobcats.

In doubles play, Twomey and Ebner got the 8-3 win at number one and Cushing and Swanson won 9-7 at number two. Levin and Marunowski dropped an 8-1 decision in the third and final doubles spot.

The Bobcats started the week with a match against White Mountains, picking up an 8-1 win. Ebner dropped an 8-2 decision at number one against Rob Southworth, one of the better players the Bobcats see during the season.

"Leo had a very good week, this loss included," DiNardo said. "He and Chance show a passion to improve and they are a great example for the other kids."

Twomey won 8-0 at number two, Cushing got a win by the same score in the third spot and Swanson also won 8-0 in the fourth spot. Marunowski won 8-1 at number five and Levin got the 8-1 win in the sixth

Ebner and Twomey won 8-3 at number one doubles, Cushing and Swanson won 8-2 in the second spot and Marunowski and Brennan Johnson got an 8-2 win at number three to close out the 8-1 win.

The Bobcats played a shorthanded Littleton team the next day and picked up a 9-0 win over the Cru-

Ebner won 8-1 at number one, Swanson moved up to number two and won 8-1 and Marunowski moved into the third spot and got an 8-0 win. Levin played at number four and won 8-1 and Declan Ulricson got an 8-0 win in the fifth singles spot.

Ebner and Marunowski played at number one doubles and won 8-1 and brothers Brennan and Connor Johnson played at number two doubles and won 8-3. Plymouth got the default wins at number six singles and number three doubles.

The Monadnock Huskies also came into their match with the Bobcats with just five players and Plymouth got the 9-0 win.

Ebner got an 8-0 win in the top spot against a kid who beat him in a tiebreaker last season, with Di-Nardo noting it was as solid as a singles match that he's seen him play. Twomey at number two, Cushing at number three, Swanson at number four and Marunowski at number four all won by 8-0 scores.

Ebner and Twomey won 8-1 at number one doubles and Levin and Ulricson won 8-0 in the second spot, with Plymouth again getting default wins in

the sixth singles and third doubles matches.

The Bobcats are slated to be in action at home against Inter-Lakes on Friday, May 10, will be at Profile on Monday, May 13, and at Kennett on Wednesday, May 15, all with 4 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Plymouth tennis girls win three of four

BY JOSHUA SPAULDING

PLYMOUTH — With the early-season rain, the Plymouth girls' tennis team was faced with a busy week coming out of vacation, but Mother Nature again made things complicated, forcing another postponement as the Bobcats won three of the four matches that were played on the week.

"Despite the lack of practice time due to so many makeup matches, the girls are continuing to show more improvement in their play as the season progresses," said coach Diane DiNardo. "And it doesn't slow down now."

The week began with a match with Gilford on Monday, April 29, and the Golden Eagles left town with a 5-4 win over the Bobcats. Emma Smith started things off with a steady win at number one by an 8-6 score and Lela Bakhshi played at number two and fell 8-1 and Arianne Lee rallied from behind to take an 8-6 win in the third spot. Abey Gordon fell 8-4 at number four and Katie Park, in her first varsity singles match, lost by an 8-5 score in the fifth spot. Kate Ricotta came through with an 8-1 win at number six.

Smith and Bakhshi fell 8-1 at number one and Park and Izzy

Son won 8-5 at number three, leaving the fate of the match in the hands of the number two team of Gordon and Lee. The duo rallied from a 7-2 deficit to cut the lead to 7-5 but eventually dropped an 8-5 decision. Claire Miller and Hailey Guilbert both won exhibition matches for the Bobcats.

The Bobcats headed north to Bethlehem on Tuesday and picked up a 5-4 win over Profile. Smith won 8-6 and Bakhshi got the 8-4 win. Lee fought back but came up a bit short, fallilng 9-7 and Gordon got an 8-6 win in the fourth spot in a well-played match. Kerry Tole went to a tiebreaker in the fifth spot, eventually falling 9-8 (9-7 in the tiebreaker).

In doubles play, Smith and Bakhshi lost 8-6 at number one and Park and Son fell in the tiebreaker, 9-8 (8-6 in the tiebreaker). The Bobcats got a pair of default wins as the Patriots had just five players.

The Bobcats journeyed to Moultonborough on Wednesday and picked up an 8-1 win over the Panthers. Smith won 8-2, Bakhshi won 8-3, Lee won 8-5, Gordon got the 8-6 win, Tole won 8-0 and Ricotta finished things off with an 8-3

Smith and Bakhshi played into

a tiebreaker at number one, falling 9-8 (7-3 in the tiebreaker), Lee and Gordon got a 9-7 win at number two and Son and Tole won 8-4 in the third spot.

After another match with Profile scheduled for Thursday was postponed until May 14, the Bobcats finished out the week with a Saturday road trip to Kearsarge.

Smith dropped an 8-4 decision at number one, Bakhshi, playing with a lot of confidence, came through with an 8-4 win, Lee and Gordon both won by 8-1 scores, Tole dropped an 8-4 decision and Ricotta won 8-3.

Smith and Bakhshi played another good match, with long points and long games, but dropped an 8-5 decision in the top doubles spot. Lee and Gordon, who continue to play well together, got an 8-1 win in the second spot and Tole and Son finished the day with an 8-4 win with great net play.

The Bobcats will be at home against Littleton on Saturday, May 11, at 1 p.m., will be hosting Moultonborough on Monday, May 13, and Kennett on Wednesday, May 15, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Flaherty's pitching, strong defense lift Bobcats over Raiders

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — Behind a dominant performance on the hill from Johnny Flaherty, the Plymouth baseball team bounced back from a loss to Kennett earlier in the week with an extra-inning win over Lebanon on Wednesday, May 1.

"Johnny was dynamic on the mound and the team played exceptional defense behind him," said coach Chris San-

Lebanon got on the board first, scoring a run in the top of the third inning before the Bobcats came back to tie it at one in the bottom of the the eighth.

Noah Shaw led off the winning rally with a base hit and took second on a passed ball. Luke Diamond was intentionally walked and Tyler Dekutoski singled to load the bases with

nobody out, bringing the Lebanon defense in. Jaxon Rineer promptly smoked a shot toward third base that was too hot for the Raider playsixth inning and when er to handle played in neither team scored in on the grass and Shaw the seventh, they went to scampered home with the game-winning run.

Flaherty went all eight innings, giving up just one run on five hits and striking out six.

Offensively, Dekutoski had two hits, Owen Cahoon had two hits and drove in a run, Thomas Daigneault had a double, Rineer had a hit and drove in a run and Shaw and Diamond each had a hit and scored a run.

Plymouth is scheduled to be in action on Friday, May 10, at home against Pembroke at 4 p.m. and at Hanover on Monday, May 13, at 4:30

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or

Friday, May 10 **NEWFOUND**

Baseball at Prospect Mountain; 4

Softball at Prospect Mountain; 4

PLYMOUTH

Baseball vs. Pembroke; 4

Boys' Tennis vs. Inter-Lakes; 4

Softball vs. Pembroke;

Saturday, May 11 **NEWFOUND** Track Home Meet; 10 **PLYMOUTH**

Girls' Tennis vs. Littleton; 1

Track at Newfound; 10

Monday, May 13 **NEWFOUND** Baseball at Stevens; 4 **PLYMOUTH**

Baseball at Hanover; 4:30

Lacrosse vs. Boys' Trinity; 4

Boys' Tennis at Profile; 4 Girls' Lacrosse

Trinity; 4 Girls' Tennis Moultonborough; 4 Softball at Hanover; 4

Wednesday, May 15 **NEWFOUND** Softball at Berlin; 4 Track at Sanborn; 4

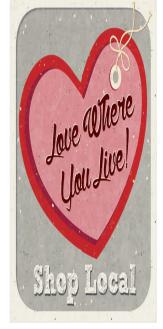
PLYMOUTH Baseball at Souhegan;

Boys' Lacrosse at Hopkinton; 4 Boys' Tennis at Ken-

Girls' Lacrosse vs. Hopkinton; 4

Girls' Tennis vs. Ken-

Softball vs. Hanover; 4 Track at Sanborn; 4



BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound track boys and girls both took the wins in a meet at Inter-Lakes on Saturday, besting Gilford, Moultonborough and the host Lakers.

For the boys in the 100 meters, Owen Wilkins took first in 12.68 seconds, with Athanasius Orlowski in second in 12.79 seconds, Joshua York in third in 13.12 seconds, Lucas Ruseski in seventh in 13.8 seconds and Curtis Seymour in eighth in 13.95 seconds. Wilkins was also second in the 200 meters in 26.51 seconds, with York in fifth in 27.86 seconds, Seymour in seventh in 29.12 seconds, Ruseski in eighth in 29.54 seconds and Brody Huckins in ninth in 31.77 seconds.

Colin Foster ran to the win in the 1,600 meters in a time of 4:47.79, with Brady Harker in second in 5:10.22 and Tobias Eckert in fifth in a time of 6:01.48. Tegan Drake took second in the 400 meters in 59.3 seconds. In the 800 meters, Caleb Anair was third in 2:28.02, Anthony Es-

tes was fourth in 2:34.3, Wyatt Towne was fifth in 2:35.53, Jack DiFilippe was sixth in 2:38.09 and Benjamin Gilbert was

seventh in 3:31.57. Evan Foster won the 3,200 meters in a time of 10:38.08, with Julian Field finishing in second place in a time of 13:54.43. Drake finished in second place in the long jump with a distance of 15 feet, 11 inch-

In the 4X100-meter relay, York, Drake, Orlowski and Wilkins finished in first in a time of 49 seconds, while in the 4X400-meter relay, Harker, Colin Foster, Orlowski and Drake teamed up to place second in 3:55.49.

Tyrone Belyea won the high jump at 1.62 meters, with Evan Foster in second at the same height and Colin Foster in third at 1.47 meters.

Kelton Austin won the pole vault with a height of nine feet, six inches, with Will Bednaz in second at nine feet and Estes in eighth at six feet, six inches.

Isaac Robert won the shot put at 39 feet, 5.75 inches, with Kason

Knight in fourth at 33 feet, 7.75 inches, Beckett MacKay in eighth at 28 feet, 1.5 inches, Logan Fortin in 10th at 27 feet, 4.75 inches and RJ Huckins in 11th at 21 feet 10.5 inches. Caden Paul was sixth in the discus with a toss of 69 feet, three inches, Vincent Triolo was eighth at 55 feet, seven inches, Gabe Eckert was nine at 50 feet, five inches, Sean MacDonald was 10th at 43 feet, six inches and Cormac Anair was 11th at 37 feet, six inches.

Belyea won the javelin with a distance of 120 feet, nine inches, with Beckett VanLenten in second place at 120 feet, nine inches, Cam Ehmann in fourth place at 97 feet, six inches, Hayden Mackay in sixth at 92 feet, five inches and Aidan Russell in seventh at 91 feet, nine inches.

For the girls, Elle Mac-Donald finished with the win in the 100 meters in a time of 13.23 seconds, with Julia Reynolds in fourth in 14.82 seconds, Jordan Edwards in fifth in 14.94 seconds, Isabella Valliere in seventh in 15.5 seconds, Mikalah Somers in eighth in 15.52

Bear boys and girls win in Meredith seconds and Coretta Egan in 11th in 16.7 seconds. MacDonald was second in the 200 meters, with Reynolds in third, Edwards in fifth, Somers in seventh and Valliere in ninth. Reece Cutting was fifth in the 800 meters with a time of

3:21.83. Emerald Briggs won the 3,200 meters in a time of 12:24.58, Ceili Irving was second in 13:17.8, Addison Alpers was third in 13:50.3 and Charlotte Kaempfer was fourth in 14:30.79.

Adara Glidden took the win in the 100-meter hurdles with a time of 19 seconds, with Liliane Whittum in third in 20.81 seconds and Lauren Chabot in fifth in 22.89 seconds. Stacia Paul ran to the win in the 300-meter hurdles in a time of 52.99 seconds.

The Bear team of Adara Glidden, Paul, Soraya Glidden and MacDonald got the win in the 4X100-meter relay in 54.05 seconds and the team of Adara Gliden, Soraya Glidden, Paul and MacDonald finished

in second in 4:46.37. SEE **BEARS** PAGE A13

SPORTS



Newfound catcher Brayden Jenkins dives to try and tag a Winnisquam runner in action last

Newfound's Calvin Colby dives back toward the bag as Winnisquam's John Shea puts the tag on during action last Monday.

Errors haunt Newfound baseball in Tilton

BY JOSHUA SPAULDING

Sports Editor

TILTON — The Winnisquam baseball team has struggled to get the offense going in the early portion of the season. The Newfound Bears helped them out a little on Monday, April 29, as the two teams returned from vacation week with a battle in Tilton.

Winnisquam scored six times in the second inning, taking advantage of eight Newfound errors on the day and cruised to an 11-1 win.

Alex Nichols toed the rubber for the hosts and set the side down in order in the top of the first while his Newfound counterpart, Landon Sargent, had a bit tougher time, but still didn't allow a run in the bottom of the inning. Ethan Carter reached on an error and Zach St. Onge followed with a base hit. Nichols grounded to third to force Carter and Nik Puffinburger had a sacrifice groundout before Sargent got a strike-

out to end the inning. Calvin Colby worked a two-out walk in the top of the second, but Nichols promptly picked him off first to end the inning.

Dio Katsigiannis led off the bottom of the second by reaching on an error and Ben Wood also reached on an error. Justin Tardif reached on an error to drive home the game's first run and Mike DeFosse put down a bunt, with Sargent making a nice play to cut down the lead runner at third. A base hit from Carter drove in another run and after St. Onge reached on an error and a line drive to center, Puffinburger reached on an error to push the lead to 3-0. A wild pitch added another run and after John Shea walked, Katsigiannis reached on an error to make it 5-0 and a wild pitch pushed the lead to 6-0. Wood worked a walk and a Tardif infield hit pushed the lead to 7-0 before Sargent got a fly ball to center to end the inning.

Cody Laflamme led off the top of loaded the bases and a walk to Shea the third inning with a base hit and came around to score on a double by Gavin Royea to get the visitors on the board. One out later, Jenkins singled to keep the inning alive before Nichols got a fly ball to center and a groundout to third to end the inning.

Nate Arnold took over on the mound for Newfound in the bottom of the inning and Carter reached on an error to start the frame. Jenkins was able to gun him down stealing second before St. Onge reached on an error and Nichols was hit by a pitch. Puffinburger reached on an error to push across another run and a Shea groundout scored another run for Winnisquam. Katsigiannis walked and Wood was hit by a pitch to load the bases before a flyout to center ended the inning.

With two outs in the bottom of the fourth, St. Onge worked a walk and Nichols singled. A Puffinburger walk plated the 10th run for the hosts.

After Nichols set the side down in order in the top of the fifth, backto-back singles by Wood and Tardif started the top of the frame for Winnisquam. DeFosse worked a walk and a Carter base hit pushed across the final run of the game for the 11-1 win.

Newfound is scheduled to be in action on Friday, May 10, at Prospect Mountain, and at Stevens on Monday, May 13, both with 4 p.m. scheduled starts.

Winnisquam is slated to be at home against defending champion White Mountains on Friday, May 10, at home against Conant on Monday, May 13, and at Campbell on Wednesday, May 15, all with 4 p.m. scheduled starts.

Sports Editor Joshua Spaulding can *be reached at 279-4516, ext. 155 or josh@* salmonpress.news.

BEARS

FROM PAGE A12

Whittum took the win in the high jump with a leap of four feet, two inches, with Annabel Smolenski in second place at four feet.

Egan won the pole

vault, clearing six feet, six inches, Rylee Barney was second at six feet and Rosalvn Gordon was sixth at five feet, six inches.

Laurel McKellar won the long jump with a distance of 14 feet, .75 inches and Amelia Cor-

liss finished in eighth place at eight feet, 5.25 inches. McKellar also won the triple jump with a distance of 30 feet, 8.75 inches.

In the shot put, Isadora Robert was first at 28 feet, .5 inches, Soren Cutting was second at 24 feet, 7.5 inches and Isabel Bralev was third at 21 feet, 8.5 inches.

Isa LaPlume won the discus with a throw of 96 feet, 11.5 inches, Robert was second at 83 feet, seven inches. Bralev was third at 60 feet, 5.5 inches and Lauren Mahonev

was fourth at 35 feet, six inches.

Cutting won the javelin with a distance of 50 feet, 11 inches and Kaydence Collins was second at 32 feet, one inch.

The Bears are scheduled to host the Bristol

Lions Invitational on Saturday, May 11, at 10 a.m. and will be at Sanborn on Wednesday, May 15.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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SPORTS



Addison Bernier of Winnisquam takes a lead behind Madison Bush of Newfound in action last

Adeline Dolloff comes up throwing in action at Winnisquam last week.



Bats come to life as softball Bears double up Winnisquam

BY JOSHUA SPAULDING Sports Editor

Monday.

TILTON Both teams found ways to put runs on the board. but in the end the Newfound Bears were able to put up twice as many as their hosts from Winnisquam and walked away with a 14-7 win on Monday, April 29, as both teams returned to action after the vacation week.

Winnisquam pitcher Danica Weymouth and Newfound hurler Sarah Buchanan both pitched scoreless first innings before the visiting Bears got on the board in the bottom of the second inning. Jayden Gilpatric led off with a walk and one out later Buchanan had a base hit and Bailey Dow doubled,

giving Newfound the 2-0 lead.

Both pitchers had clean third innings. with Buchanan striking out the side and Weymouth striking out two, but Newfound came up with six runs in the top of the fourth to open the lead up. Buchanan doubled to start the inning and one out later, Cora Sanschagrin also doubled. Madison Bush and Evie Bastarache worked walks Katie Sweeney also reached. A double from Adeline Dolloff kept the inning going and she eventually came around to score and Newfound had the 8-0 lead.

Addison Bernier had a one-out hit for the hosts in the bottom of the fourth inning. breaking up Buchanan's no-hitter, but the Newfound pitcher got a strikeout to end the inning. Buchanan then led off the top of the fifth with an infield hit and Casev Bush took over on the bases, coming around to score when Madison Bush reached on an error for the 9-0 lead.

Winnisquam got on the board in the bottom of the fifth inning. Ava Sargent reached on an error and Caidyn Carter put down a bunt to move her along but reached on an error. One out later, a base hit from Camilla Cote loaded the bases and a triple from Weymouth cleared the bases and cut the lead to 9-3. Mackenzie Bassett folher own and the lead was cut to 9-4.

The visitors added to the lead in the top of the sixth, with Sweenev reaching on an infield hit to start the inning. Cote gunned her down stealing second before walks to Gilpatric, Arianna Plummer and Buchanan loaded the bases and a base hit from Dow pushed across two runs. Walks to Sanschagrin and Madison Bush plated another run before Sargent came in to pitch and got a grounder to third to end the inning.

Winnisquam added three more runs in the bottom of the sixth inning. Lucy Prunier opened the inning with a walk and one

lowed with a triple of out later, Sargent had a base hit and Carter reached on an error on another bunt attempt to load the bases. Cote then doubled to plate all three runners, cutting the lead to 12-7 before Buchanan got a strikeout to end the inning.

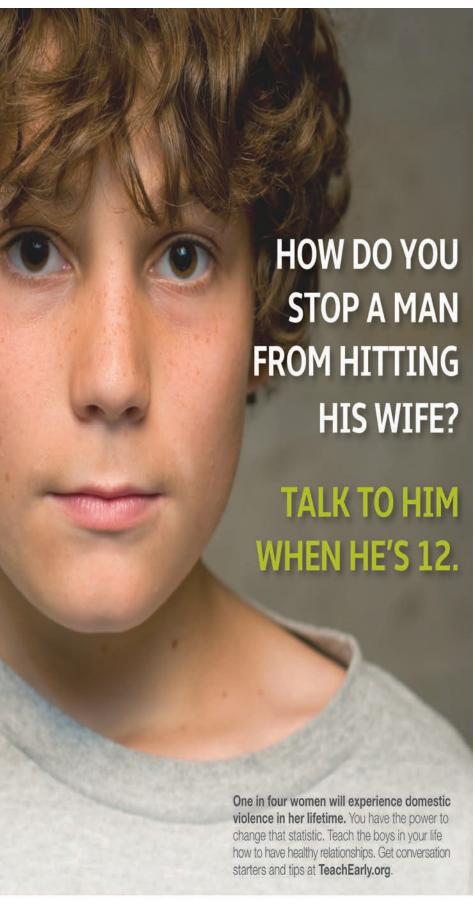
> Newfound did the final scoring in the top of the seventh inning. Sweeney reached on an error to start the inning and then scored when Dolloff followed with a base hit and Gilpatric reached on an error to drive her home for the 14-7 lead. Sargent was able to retire the next three batters in a row, including a nice play by Weymouth at shortstop.

Bernier ha a oneout base hit in the bottom of the seventh, but Buchanan settled in and got a pop up and a strikeout to close out the 14-7 win.

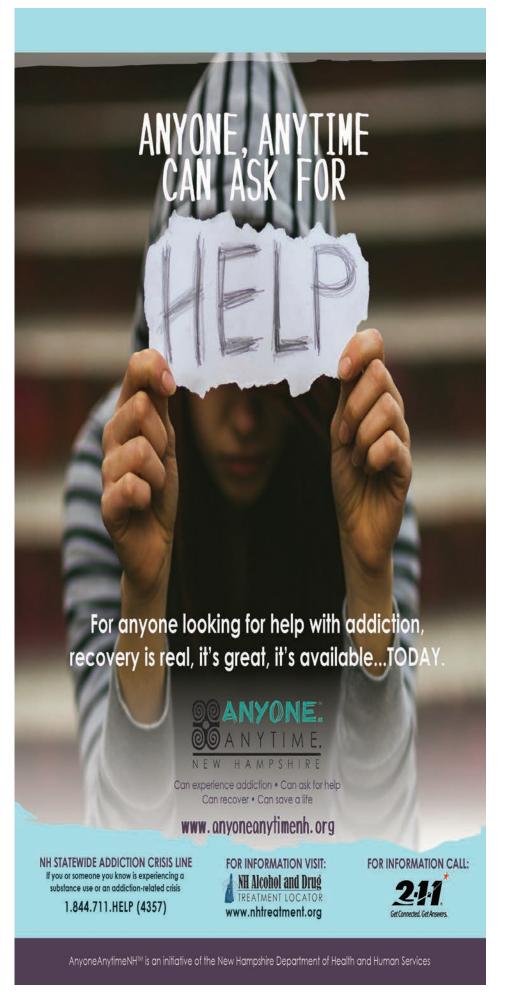
Newfound returns to action on Friday, May 10, at Prospect Mountain and at Berlin on Wednesday. May 15, both at 4 p.m.

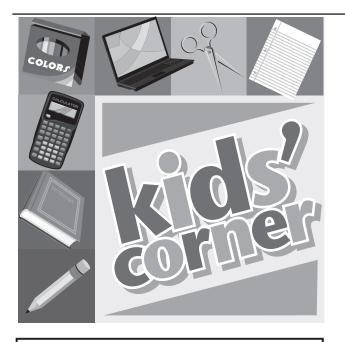
Winnisquam back in action on Friday, May 10, at home against White Mountains, then hosts Conant on Monday, May 13, and visits St. Thomas on Wednesday, May 15, all with 4 p.m. scheduled starts.

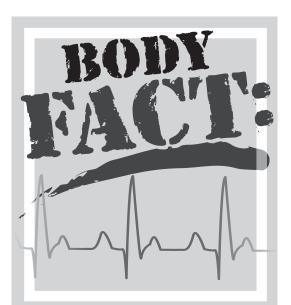
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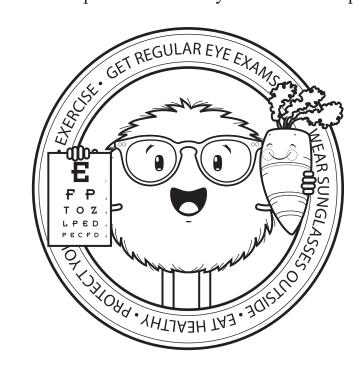


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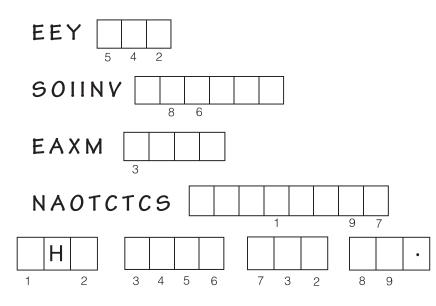
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Double Word Puzzle

Unscramble the words to reveal the sentence.



Answers: Lye, Vision, Exam, Contacts. The eyes see it.



- 1774: MARIE ANTOIN-ETTE AND LOUIS XVI BECOME THE QUEEN AND KING OF FRANCE.
- 1824: THE NATIONAL GALLERY IN LONDON OPENS TO THE PUBLIC.
- 1962: MARVEL COMICS PUBLISHES THE FIRST ISSUE OF "THE INCREDIBLE HULK."



farsightedness, or an inability to see things clearly, especially if they are close to the eyes



ENGLISH: Tear

SPANISH: Lágrima

FRENCH: Larme

GERMAN: Träne





Can you guess what the bigger picture is?

ANSWER: CONTACT LENS CONTAINER

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to salad. Each number corresponds to a letter. (Hint: 17 = T)

10 12 17 17 18

Clue: Salad leaves

17 4 25 8 17 4 12 24 B.

Clue: Full of lycopene

13 20 16 24 5 C.

Clue: Firm and crunchy

10 18 23 13 15 D.

Clue: Afternoon meal

SUDOKU

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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LAX **FROM PAGE A1**

31 seconds later for the 4-0 lead. Roper had another good run into the zone, with Emily Doda turning in a strong defensive stop. Means had another free position shot go off the post and Jane Price sent a shot wide of the net.

With 2:04 to go in the first, Comtois picked up her second goal of the day with a low shot to the back of the net and Hazel Bassingthwaite came back with a couple of chances that were denied by Hayley Doda, bringing the quarter to a close with the Bobcats up 5-0.

Lola Ferrante made a good run into the zone right off the faceoff for the Lakers and she was awarded a free position shot and buried it to the back of the net with just 31 seconds gone in the

second quarter, cutting the lead to 5-1.

Barach took a feed from Brunt just 18 seconds later and buried it to make it 6-1 and Lucia Sakin had a bid for Plymouth that was stopped by strong defense from Bella Kimball. MacLean made another solid defensive stop on a run from Lucv Jenkinson and Brunt ha a couple of bis, including a free position shot, which was denied by Hayley Doda. Sakin had a chance stopped by the Laker keeper as well.

With 7:15 to go in the first half, Price upped the lead to 7-1 and the pressure continued with a free position shot from Welch that was stopped by the Laker defense. Kimball had a shot that was saved by Plymouth goalie Lexi Harrington.

The Bobcats added another goal with 2:31 to go, as Means scored on a free position shot for the 8-1 lead. After another chance from Roper that Hayley Doda stopped, the visitors got the final goal of the first half with 57 seconds to go, with Roper scoring her third goal of the game for the 9-1 lead at halftime.

Roper had two early chances in the second half that the Laker goalie turned away and Barach and Comtois teamed up on a chance that was turned away by good defense from Emily Doda. Brooke Taylor and Kimball made a good run for the Lakers that was stopped by Dube in the Plymouth net.

With 3:10 to go in the third quarter, Barach found Price for the 10th goal of the game and just more than 30 seconds later, Barach found the back of the net for the 11-1 lead. Ferrante made a nice defensive



JOSHUA SPAULDING

Abby Avery moves the ball through the middle of the field in action last Friday in Meredith.

stop for the Lakers and then found Emily Doda for an offensive chance that was turned back by good defense from Mitchell and the third period ended with Plymouth up

Hayley Doda made a save on a Barach shot to start the fourth quarter and was promptly mobbed by her teammates as she picked up

her 300th career save. Her 301st save came a few moments later on a shot from Sakin, who found the back of the net on a free position shot with 9:37 to go for the 12-1 lead. Jenkinson made a good run into the zone that was turned back by Jen Madigan for the Lakers and Comtois sent anoth-

With 6:53 to go, Jen-

er shot wide of the net.

kinson made it 13-1 and after chances from Brunt for the Bobcats and Taylor for the Lakers, Brunt picked up her second goal of the game with 2:40 to go for the 14-1 lead. With less than a minute to go, Bassingthwaite scored for the final goal of the game as the Bobcats sealed the 15-1 win.

The Lakers are slated to be in action on Monday, May 13, at 5:15 p.m. at home against Coe-Brown and at Kearsarge on Wednesday, May 15.

Bobcats The scheduled to visit Trinity on Monday, May 13, at 4 p.m. and will be hosting Hopkinton on Wednesday, May 15, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. josh@salmonor press.news.



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MEREDITH: 312 Meredith Neck Rd Wonderful 4BR/3 bath home with 2500+/- sq ft of living space, a 2 story barn/workshop, plus a 24' deeded boat slip on Lake Winnipesaukee! **\$899,000** #4992368 Open House 10am to 12noon



GILFORD: New Listing These 2-room studio condos have been completely refurbished and feature a kitchenette, bathroom, and sleeping. Town docks within view and town beach close by for Summer fun! 3 Units available at \$135,000 each

Belmont Village Apts, Belmont, NH AVAILABLE SOON!

Now accepting applications:

Subsidized two bedroom town house style apartment. On-site laundry, parking, 24-hr maintenance, close to center of town, No Pets, NO SMOKING.

Must meet income limit guidelines; rent starting at \$1,135.00, plus utilities; security deposit required.

Download application at https://www.sterling-management.net



or call office at 603 267 6787





To place classified line ad please call our TOLL FREE number: 1-877-766-6891



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777 For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road,

Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.





Town & Forest Realty: www.townandforest.com

FIRE-RESCUE

FROM PAGE A1

Garrett Gruendling

Garrett is from Vermont and is currently in his fourth year at PSU earning a Bachelor of Science in Nursing. He holds a Firefighter 1 Certificate, is a Nationally Registered EMT, and has earned a Swiftwater Rescue certification. Garrett is a four-year member of Plymouth Fire-Rescue, and will sadly be parting ways with us at the end of

the school year.

D'Andre Mitchell

D'Andre is from Allenstown. He is a Junior at PSU studying Exercise Science program with a Focus in PT and minor in War History. He holds a Firefighter 1 FF I certification. D'Andre has been with us for two years.

This collaboration between Plymouth Fire-Rescue and Plymouth State University as well as Lakes Region Community College has

spanned many decades. We appreciate these relationships, and all the students who have and continue to provide service to our communities. Many of our former members have moved on to work in Fire Departments such ours, Manchester, Bedford, and Derry, NH, S. Portland, ME, Boston, FDNY and

Charlotte, N.C.! We know that all their futures are full of promise, and we are honored to have played a small part in their beginnings!

HELP WANTEN

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 11 papers next week!

Town of Plymouth Highway Department

Plymouth, NH 03264

(603) 536-1623 • Fax (603) 536-0042

highway@plymouthnh.gov

The town of Plymouth Highway Department is currently accepting applications for the position of Highway worker. If you are hardworking, team player, with a positive attitude and willingness to learn, you may be the person we are looking for. Candidates **need a valid driver's license with CDL-B endorsement.** This position performs duties in all areas of construction and other assigned projects to include summer and winter maintenance of roadways. Duties include but are not limited to, operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other road maintenance tasks. Successful candidate will be required to be on-call for a week at a time on a rotating schedule.

If you are looking for a drug free, appreciative working environment that offers a competitive wage and benefit package including: Vacation, Sick Leave, Personnel Days, Educational Training, Health Insurance (Employee pays 15% of premium), Dental Insurance (Employee pays 100% of premium), Group Disability and Life Insurance, and retirement through NH Retirement System, you may be the person we are looking for. The Town of Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall (603-536-1731), the Towns Website www.plymouthnh.gov or at the Plymouth Highway Department (603-536-1623) from 8am to 4pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed.



Join our team as a Cashier/Sales professional and be part of a dynamic retail environment at Butch's Brooklyn Deli & Provisions at Owl's Nest Resort where your sales and customer service skills will shine.



603.726.3076 owlsnestresort.com/foodbeverage

Y-SM Lumber Company, Inc.

IS HIRING FOR MULTIPLE POSITIONS

INSIDE SALES PERSON

Duties to include:

• Retail sales of lumber and building materials, windows, doors, cabinets as well as customer service.

CLASS B CDL TRUCK DRIVER/YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- Loading/off loading incoming and outgoing deliveries

NON CDL TRUCK DRIVER/ **YARD MAN**

Duties to include:

- Local deliveries of lumber-building materials.
- Loading/off loading incoming and outgoing deliveries

Must be conscientious, self-motivated, good with people, a team player Able to lift a variety of building materials Preferably long-term employee

Benefit to include:

- Competitive Wages Paid Vacations
- Paid Health Insurance • Paid Holidays
- Overtime pay
- Please Apply in person at 2701 Route 302, Lisbon, NH 03585 or send resume to varneysmithlumber@gmail.com

Town of Plymouth Highway Department Highway Worker/Mechanic

The town of Plymouth, NH, qualifications will determine pay rate, attractive benefit package, for an individual who has a knowledge of small engine repair, diesel engine repair, hydraulic systems operation and repair and general knowledge of light and heavy-duty trucks. Be part of winter operational services. Must have CDL-B with air brake endorsement, NH Inspection license or capable of obtaining one upon hire. It is required to pass a physical, including a drug and alcohol screening, and will be subject to a criminal background check as well as a driving records check.

Applications are available at www.plymouthnh.gov Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.



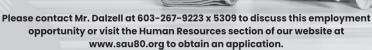


COME JOIN OUR AMAZING TEAM!!!!

Shaker Regional School District

2nd Shift Custodian

- Full-time, year round
- · Monday Friday work week • 12 paid holidays
- 100 % paid dental & life insurance · Cigna Yellow Choice Plan
 - 90% District paid Single Plan
 - 80% District paid for Two Person
- NH Retirement · Paid sick & personal days
- · 2 weeks vacation



Successful completion, with satisfactory results, of a post offer pre-employment physical and criminal background check, including fingerprinting, are required Shaker Regional School District is an equal opportunity employe

HELP WANTED

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 11 papers next week!

Moultonborough Academy

Moultonborough Academy has the following openings for Coaching positions for 23-24.

Fall:

JV Girls Volleyball Varsity Girls Soccer Varsity Girls Soccer Assistant Middle Level Boys Soccer Assistant Middle Level Cross Country Middle Level Volleyball Assistant

Winter:

IV Girls Basketball Assistant Varsity Boys Basketball Middle Level Boys Assistant

Year Round:

Volunteer Coaches - all seasons

Previous coaching and playing experience preferred but not mandatory. If you are interested in one of these opportunities, please contact Athletic Director, Chris Wood at 603-476-4817 or cwood@sau45.org. All positions open until filled.

Scott Burns' Landscaping, LLC

Well-established Lakes Region landscape company is hiring for the upcoming season. Positions available include gardeners as well as ardscape and softscape crew leaders and members.

If you are looking to change it up and love the outdoors with a M-F work schedule, give us a call. Valid driver's license required.

For more info, contact Scott at 603-279-8100 or email scott@scottburnslandscaping.com

SERVICES

Seeking an enthusiastic, kind, patient person interested in working with a thoughtful individual with a disability. This position is part-time with flexible hours and is home/ community based working in Barnstead, Gilmanton, and surrounding area. Reliability and willingness to

Contact Kelsey Ferrick, Human Resources Coordinator and Recruiter

> **LRCS** P.O. Box 509 Laconia, NH 03247

COMMUNITY

E-mail: Kelsey.ferrick@lrcs.org

THORNTON SCHOOL DISTRICT **Thornton Central School** 2024-2025 School Year

FULL-TIME SPECIAL EDUCATION PARAPROFESSIONALS (TEACHING ASSISTANT)

Must have official college transcript of Associate's or Bachelor's degree conferred or showing a minimum of 48 college credits or a copy of passing scores for the ParaPro Assessment Praxis test or equivalent. If desired, SAU can assist applicants in getting Paraprofessional Certified.

Beginning August, 2024 7 hours per day Classification C-111 (\$15.95-\$21.18 per hour)

Please send letter of intent, resume, and references to:

Jonathan Bownes, Principal Thornton Central School 1886 NH Rte 175 Thornton, NH 03285 jbownes@pemibaker.org



NOW HIRING!



Correctional Officers Apply online: www.merrimackcounty.net

Merrimack County Department of Corrections

Located in Boscawen, NH Recruiter - Emily Gagnon 603-796-6829

Interim Accompanist/Organist Plymouth Congregational Church

Downtown church seeks an Interim Accompanist/Organist. Position is available immediately and may lead to the permanent position of Accompanist and Assistant Director of Music.

Familiarity with church music a plus, good communication skills and the ability to work well with people of all ages a must. Works closely with the Director of Music, Pastor and office administrator.

Provide music for both Thurs. evening choir rehearsal and Sunday morning worship Sept. through mid-June, Sundays only during the summer months.

For more information about the church or our music program, visit our website (www.uccplymouth.org)

Send resume and letter of interest to Rebecca Larson, chair of HR at Plymouth Congregational United Church of Christ, PO Box 86 Plymouth, NH 03264 or email her at revralarson@gmail.com



Full-Time Position Warehouse/Service

Energysavers Inc is looking for a self-motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts for jobs as well as receiving deliveries. We are a highly recommended 49 yr old Lakes Region retailer of wellknown hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry an 80lb min.

Stop in to fill out an application:

Energysavers Inc,



Get out of the house!

Days only no nights • Friendly atmosphere Flexible Schedule • Training Available Part-time or full-time • Great pay

Call 253 9881 or 344 9011 for inquires



Full-Time Installers Apprentice

Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

ENERGYSAVERS INC. 163 Daniel Webster Hwy., Meredith NH

Precision Lumber Inc. WATCHMEN WANTED PART TIME WATCHMEN POSITIONS AVAILABLE Precision Lumber Inc. 576 BUFFALO ROAD, WENTWORTH NH 03282

WWW.LUMBERNH.COM

603-764-9450



WWW.LUMBERNH.COM

Help Wanted 2024 Summer Season

Holderness Harbor is currently seeking motivated individuals who enjoy working in a friendly yet fast paced marina environment. Must be at least 16. Boater's Safety license preferred but not required. Interested candidates are encouraged to contact us via email through our website holdernessharbor. com under contact us or call 968-9001

and leave a message. Positions include Inside Customer Service/Outside Dock and Boat support.

Looking for job security? Greater wealth? A team that is engaged and accountable to one another?

Wood Framing Component Fabricators

We fabricate engineered wood framing components for many of New England's most forwardthinking commercial & residential builders. And we are growing.

Locations in Danbury NH and Pembroke NH. Experience or will train.

Day or evening shifts, competitive wages, paid time off, bonuses and good fringe benefits. And we are 100% employee-owned. Our people were awarded stock shares worth an additional two weeks of pay last year.

Email us at employment@wallacebp.com or call (603) 768-5900 and ask for Gayle.



salmonpress.com

LEGAL

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 11 papers next week!

LEGAL PROBATE NOTICE THE STATE OF **NEW HAMPSHIRE**

2nd Circuit - Probate Division - Haverhill 4/12/2024 thru 4/25/2024

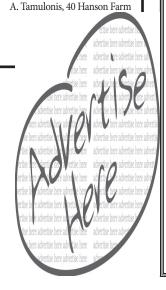
APOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Crowell, SR, Michael Edward, late of Holderness, NH. Michael Crowell, JR, 1 Everett Avenue, Bow, NH 03304. #315-2024-ET-00086

Ladeau, Ernest Earl, late of Holderness, NH. Donald J Ladeau, 71 Hartford Brook Road, Deerfield, NH 03037. #315-2024-ET-00070

Putnam, David Loring, late of North Woodstock, NH. Donna Vinalhaven, ME 04863. Rachel



INTER-LAKES 2024-2025 KINDERGARTEN Kindergarten Registration: May 20 and May 24

Registration is open to all children who reside within Center Harbor, Meredith or Sandwich; and who will be 5 years of age by September 30, 2024.

Join us for:

Kindergarten Parent Night

- May 7, 5PM
- Elementary School Multi-Purpose Room
- Principal Presentation
- Distribution of Registration Paperwork
- Appointments will be scheduled when registration paperwork is returned to school.

Required to register:

- Child's birth certificate
- Physical exam within the last 12 months
- Up-to-Date Immunization Forms
- Proof of Residency

Russell Elementary School 195 School Street, Rumney, NH 03266 603-786-9591

Kindergarten Registration Open House 2024-2025 School Year

Thursday, May 09, 2024 from 3:00pm to 4:00pm

Parents are asked to pre-register their child for Kindergarten at res.pemibaker.org.

If you have questions please call 603-786-9591.

All children who turn five years old by September 30th are entitled and encouraged to attend kindergarten.

Town of Rumney, New Hampshire **Request for Proposals** Removal and Replacement of Shingled Roof of: Byron G. Merrill Library 10 Buffalo Road, Rumney, NH

The Town of Rumney is seeking proposals from qualified contractors to furnish and install a new shingled roof on the Byron G. Merrill Library, located at 10 Buffalo Road.

Provide all necessary materials, labor, and equipment to complete removal of old shingles and installation of new shingles on the original portion of the roof of the Byron G. Merrill Library, that has a footprint of approximately 53' X 34' and attachment of 29' X 17', blending in with the addition installed 2015, in accordance with the following scope:

- Strip roof to bare wood on roof of the Byron G. Merrill Library Building
- Re-nail existing board as needed
- Install½ OSB over entire roof using 2 ½" ring nails
- Cover OSB with color appropriate drip edge
- Install B Grade cedar shakes, with 1 ½" overhang along eves
- Remove, Preserve, and re-install copper roof valleys
- Install I KO Storm Shield 6' up from eves
- Cover remaining roof with IKO Cool Grey roof guard
- Install I KO Limited Lifetime Arch Shingles-Matching the color and design used on the 2015 addition
- Install matching color for cap
- Shingles to be installed with 1 ½" shingle nails
- Contractor shall keep work area neat at the end of each day and contained through the duration of the job
- Work may start upon the signing of the project agreement, work must be completed by August 8, 2024.

Proposers must comply with the following submission procedures:

Sealed proposals shall be submitted marked "Byron G. Merrill -Asphalt Shingle Bid" address to:

> Town of Rumney PO Box 220 Rumney, NH 03266

Proposals will be accepted until 2:00 PM, May 20, 2024. Faxed and e-mailed proposals will not be accepted.

RESERVATION OF RIGHTS: The Town of Rumney reserves the right to reject any and all proposals, to waive technical, or legal deficiencies, and to accept any proposal that it deems to be in the best interest of the Town.

WARRANTY: The contractor shall submit a copy of the manufacturer's warranty indicating the duration of said warranty and install the shingles according to the manufacturer's instructions.

Cost/Schedule: The bidder shall furnish a cost proposal and schedule as part of the package. The contractor shall complete work by August 8, 2024.

Certificate of Liability: A copy of applicable insurance certificate(s) and Worker's Compensation Coverage, in compliance with State Law, must accompany bids.

MORTGAGEE'S NOTICE OF FORECLOSURE SALE

By virtue of a power of sale contained in a certain mortgage deed given by JONA-THAN DREW TROSSBACH, a single person, whose last known mailing address is c/o Robert Trossbach, 336 Beaver Street, Schuylerville, New York 12871-2008, to Bank of New Hampshire, 62 Pleasant Street, Laconia, Belknap County, New Hampshire, 03246, dated January 28, 2022, and recorded on January 31, 2022 in the Grafton County Registry of Deeds at Book 4704, Page 516, (the "Mortgage") the holder of said mortgage, pursuant to and in execution of said powers, and for breach of conditions of said mortgage deed, (and the Note secured thereby of near or even date, and related documents) and for the purpose of foreclosing the same shall sell at

> **Public Auction** May 31, 2024 at

Said sale being located on the mortgaged premises and having a present address of 25 South Mayhew Turnpike, Hebron, Grafton County, New Hampshire, being all and the same premises more particularly described in the Mortgage.

11:00 AM

PURSUANT TO NEW HAMPSHIRE RSA 479:25, YOU ARE HEREBY NO-TIFIED THAT YOU HAVE A RIGHT TO PETITION THE SUPERIOR COURT FOR THE COUNTY IN WHICH THE MORTGAGED PREMISES ARE SITUAT-ED, WITH SERVICE UPON THE MORTGAGEE, AND UPON SUCH BOND AS THE COURT MAY REQUIRE, TO ENJOIN THE SCHEDULED FORECLOSURE SALE. Service may be made upon the Bank at: Bank of New Hampshire, 62 Pleasant St., Laconia, NH 03246; or upon its agent at: Minkow & Mahoney Mullen, P.A., 67 Water Street, Suite 107, Laconia, NH 03246. Failure to institute such petition and complete service upon the foreclosing party, or his or her agent, conducting the sale prior to sale shall thereafter bar any action or right of action of the mortgagor based on the validity of the foreclosure.

For information on getting help with housing and foreclosure issues, please call the foreclosure information hotline at 1-800-437-5991. The hotline is a service of the New Hampshire Banking Department. There is no charge for this call. You may also contact the New Hampshire Banking Department at: 53 Regional Dr., Suite 200, Concord, NH 03301 or on its website at: www.nh.gov/banking.

TERMS OF SALE:

Said premises will be sold subject to (i) all unpaid taxes and liens, whether or not of record; (ii) mortgages, liens, attachments and all other encumbrances and rights, titles and interests of third persons which are entitled to precedence over the Mortgages; and (iii) any other matters affecting title of the Mortgagor to the premises disclosed herein.

DEPOSITS:

Prior to commencement of the auction, all registered bidders shall pay a deposit in the amount of Ten Thousand Dollars (\$10,000.00). At the conclusion of the auction of the premises, the highest bidder's deposit, if such high bidder's bid is accepted by the Bank, shall immediately be paid to the Bank and shall be held by the Bank subject to these Terms of Sale.

All deposits required hereunder shall be made in cash or by check to the order of the Bank, which is acceptable to the Bank in its sole and absolute discretion.

WARRANTIES AND CONVEYANCE:

The Bank shall deliver a Mortgagee's Foreclosure Deed of the Real Estate to the successful bidder accepted by the Bank within forty-five (45) days from the date of the foreclosure sale, upon receipt of the balance of the Purchase Price in cash or check acceptable to Bank. The Real estate will be conveyed with those warranties contained in the Mortgagee's Foreclosure Deed, and no others.

FEDERAL TAX LIEN:

If the property to be sold is subject to a tax lien of the United States of America Internal Revenue Service, unless said lien is released after sale, the sale may be subject to the right of the United States of America to redeem the lands and premises on or before 120 days from the date of the sale.

BREACH OF PURCHASE CONTRACT:

If any successful bidder fails to complete the contract of sale resulting from the Bank's acceptance of such successful bidder's bid, such successful bidder's deposit may, at the option of the Bank, be retained as full liquidated damages or may be held on account of the damages actually suffered by the Bank. If such deposit is not retained as full liquidated damages, the Bank shall have all of the privileges, remedies and rights available to the Bank at law or in equity due to such successful bidder's breach of the contract of sale. Notice of the election made hereunder by the Bank shall be given to a defaulting successful bidder within 50 days after the date of the public auction. If the Bank fails to notify a defaulting successful bidder of which remedy the Bank has elected hereunder, the Bank shall be conclusively deemed to have elected to be holding the deposit on account of the damages actually suffered by the Bank. Upon any such default, the Bank shall have the right to sell the property to any back-up bidder or itself.

AMENDMENT OF TERMS OF SALE:

The Bank reserves the right to amend or change the Terms of Sale set forth herein by announcement, written or oral, made prior to the commencement of the public

For further information respecting the aforementioned foreclosure sale, contact JSJ Auctions, 45 Exeter Rd., PO Box 400, Epping NH 03042, (603) 734-4348.

Dated this the 12th day of April, 2024.

BANK OF NEW HAMPSHIRE By Its Attorneys Minkow & Mahoney Mullen, P.A. By: Peter J. Minkow, Esq. 67 Water St., Suite 107 Laconia, NH 03246 (603) 527-8226

Publication Dates:

May 9, 2024 May 16, 2024

May 23, 2024

www.NHFrontPage.com





Solo Wilderness Medicine

WILDERNESS FIRST AID COURSE

@ Waterville Valley Recreation Department May 18 - 19, 2024 8:30am-5pm

The WFA course is 16 hours (2 days) and focuses on the basic skills of response and assessment, musculoskeletal injuries, environmental emergencies, survival skills, soft tissue injuries & medical emergencies.

Cost: Members \$215 / Guests \$245

Register at WVRD or call (603) 236-4695

Questions, Sign-up hikewatervillevalley.com

JOIN OUR TEAM **WE ARE HIRING!**

- √ Full- or Part-Time Positions
- **Competitive Wages Competitive Benefits**



Jaffrey, NH Winchendon, MA Peterborough, NH Nashua, NH Ashland, NH Andover, NH Sunapee, NH Pembroke, NH Moultonborough, NH

ASHLAND LOCATION Experienced Contractor Sales Lumber & Building Material Contractor Sales

OPEN POSITIONS

Belletetes is family-owned and managed by third, fourth and fifth generation members that has been in business for over 125 years. With nine locations throughout NH and MA, we believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within.

belletetes.com

Not getting enough attention?

Call your Sales Representative Today Tracy Lewis: 603.616.7103



Managing Your Chronic Pain

Join Pain Solutions at this FREE Patient Education Event!

> May 29, 2024 5:30PM to 6:30PM

Dr. James Mirazita

This is an in-person and online event! To attend this event register online at:

BSNevents.com/2033i

Sheraton Hotel Balsam Room 11 Tara Boulevard Nashua, NH, 03062

978-835-2579



Or use your smartphone camera to register.

Hear from a special guest who is successfully managing their chronic pain.

We welcome family, friends and care providers to attend. Refreshments will be provided.

NM-652307-AA ID#2033



NATIONAL HOSPITAL WEEK | MAY 12-18

o, patients; streng

The health care workers at Speare Memorial Hospital have stood strong for central New Hampshire, playing a vital role in keeping our communities healthy. Join us in celebrating National Hospital Week to thank them!

spearehospital.com



