

Gilford Steamer

THURSDAY, FEBRUARY 12, 2026 Knightwolves fall to Mountaineers in Waterville Valley



Kingswood-Prospect-Plymouth's Emma Ouellette and Berlin-Gorham-Kennett's Letty Zipf battle off the faceoff in action in Waterville Valley last week.

BY JOSHUA SPAULDING
Sports Editor

WATERVILLE VALLEY — The Berlin-Gorham-Kennett hockey girls got out to a 2-0 lead over Kingswood-Prospect Mountain-Plymouth on Monday, Feb. 2, but the Knightwolves battled back

to tie the game before the Mountaineers took the lead for good late in the second period and held tight for the 3-2 win. The game was played at the Waterville Valley Ice Arena due to an issue with the Zamboni at the Pop Whalen Arena in Wolfe-

boro. It was also a chance for the three girls from Plymouth on the Knightwolves to play close to home. Brooklyn Gagne had the early chance for the Mountaineers that Adelle Harrington handled for the Knightwolves defense.

Harrington and Cassidy Libby both had shots denied by Mountaineer goalie Riley Huot and Harrington made another defensive stop on a bid from Tiara Falardeau. The Mountaineers went

SEE HOCKEY, PAGE A8

GILFORD, N.H.

Golden Eagle girls win four Division II indoor titles

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Gilford indoor track team didn't have the most athletes at the Division II State Meet in Plymouth on Sunday.

But the Golden Eagles sure made the most of the athletes they had, as they brought home four championships and finished third overall as a team.

Macy Sawyer led the charge for Gilford, winning two individual titles. In the 55 meters, she won the preliminaries in 7.43 seconds and then won the finals in 7.36 seconds.

She came back and won the 300 meters as well, finishing in a time of 40.79 seconds. Grace Southworth ran to 10th in the 55-meter hurdles in a time of 9.73 seconds and Emily Aguiar was 12th in 9.91 seconds.

The Gilford 4X400-meter team of Zevy Donovan, Southworth, Pearl Marvel and Sawyer claimed the Division II title with a time of 4:20.1. The Golden Eagle team of Marvel, Aguiar, Donovan and Sawyer finished in third overall in 1:52.61.

Marvel also picked up her own individual championship, jumping 17 feet, 8.75 inches in the long jump, beating her closest competitor by more than six inches.

Gunnar Marvel was the lone Gilford boy competing, finishing in 11th place in the shot put at 38 feet, 7.75 inches.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Human sled dog teams needed for Beans & Greens Winterfest fundraiser

GILFORD — Bundle up and bring the whole family for one of the most fun-filled winter events of the season! The Human Sled Dog Races are racing into Beans & Greens Farm Saturday, Feb. 21, 10 a.m. – 1 p.m. for a day packed with laughter, teamwork, and community spirit—all in support of an incredible cause. For \$60 per team (proceeds to benefit Camp Resilience!), grab your friends, coworkers, or family members and form a team of three. One brave rider hops

on the sled while the other two pull them 50 yards of snowy fun toward the finish line. Costumes are highly encouraged, cheering is expected, and smiles are guaranteed for racers and spectators alike! This high-energy, family-friendly event is hosted in partnership with Camp Resilience and Rotary International, with 100 percent of proceeds benefiting veterans and first responders. Every race, laugh, and cheer helps support those who have served our communities.

What to expect: Hilarious races and friendly competition; Fun for all ages; Creative costumes and team spirit; A feel-good day supporting a meaningful mission. Whether you're racing, cheering from the sidelines, or just soaking up the winter fun, this is a can't-miss community event. Come celebrate winter, laughter, and giving back at Beans & Greens, 245 Intervale Rd., Gilford. Register at Beansandgreensfarm.com.

Fuel up for Winter Carnival at Masons' monthly breakfast buffet

ALTON — The Alton Bay Winter Carnival will be held on Sunday, Feb. 15, with festivities starting around 10 a.m. You can get "fueled up" by having breakfast to start the day and Winnipisaukee Lodge can help you out. The Masons of Winnipisaukee Lodge in Alton will hold their monthly Breakfast Buffet on Sunday, Feb. 15, starting at 7:30 a.m., open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With fruit, biscuits and gravy, scrambled eggs, omelets, bacon and sausage, home fries, beans, pancakes, French toast, coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. The cost is \$15. The Masons serve breakfast between 7:30 and 10:30 a.m. They hope to see you there (always on the third Sunday of the month). For more information about the breakfasts or Winnipisaukee Lodge, please contact David Snyder at 603-717-1713.



Gary McGloin

Great Waters, Wolfeboro Friends of Music announce joint fundraiser concert

WOLFEBORO — You won’t want to miss this opportunity to listen to songs and storytelling by Gary McGloin and his friends on Saturday, March 14 at 4 p.m. at the First Congregational Church of Wolfeboro. The concert is a unique opportunity to attend a joint fundraiser presented by the Great waters Summer Concerts and the Wolfeboro Friends of Music in support of educational programs and scholarships for students.

You know Gary McGloin, man about town, by his many charms. He has fed you many splendors from his catering, tales of hobnobbing with the famous, and entertaining with that magnificent singing range. Gary has loved singing since he first sang in school musicals. As an adult, he attended Italian opera vocal classes in Boston. After moving to Florida, he combined his restaurant life with theater by singing Broadway show tunes while tossing Caesar salad tableside and sautéing Steak Diane. After his return to New Hampshire, Gary has sung in many churches, at memorial services, at weddings, and at organizations. He will delight you with his love of music and storytelling, all while giving back to the community that loves him so.

Talented friends Michelle Lowes and Andy Campbell will also entertain by joining Gary onstage. Michelle has made Wolfeboro her home for almost 20 years. She retired from the US Army after 21 years and enjoys spending time with her family and serving her community. A lifelong vocalist, she has performed the National Anthem at various venues, including the Whittemore Center Arena, Fisher Cats Stadium, SNHU Arena, and Fenway Park. She has also been the Music Director for Kingswood Children’s Summer Theater for several years.

Andy Campbell, conductor, composer, and pianist, earned a bachelor’s degree in musical composition and theory at the University of Lowell and two master’s degrees in choral conducting from the Yale School of Music. While there, he received the Philip Nelson Prize, the Marshall Bartholomew Scholarship, and the Charles Ives Scholarship for excellence in choral conducting and musical entrepreneurship. He has written and performed hundreds of pieces of music. For the past 25 years, he has served as the artistic director of Clearlakes Chorale.

Tickets for the event are \$50 per person. They may be purchased on the Great Waters Web site at www.greatwaters.org, on the Friends of Music Web site at www.wfriendsofmusic.org, or at the church before the performance. All proceeds will be evenly split between these two outstanding music groups and used for their respective educational programs.

Wolfeboro Friends of Music presents The Dalí Quartet



WOLFEBORO — Wolfeboro Friends of Music continues its 90th anniversary season Saturday, Feb. 28 with a performance by The Dalí Quartet at the First Congregational Church of Wolfeboro beginning at 4 p.m.

The Dalí Quartet is acclaimed for bringing Latin American quartet repertoire to an equal standing alongside the Classical and Romantic canon. Tours of its “Classical Roots, Latin Soul” concert repertoire have reached enthusiastic audiences across the U.S., Canada and South America. Its fresh approach has been sought out by distinguished series in New York, Philadelphia, Washington, D.C., and Los Angeles and countless communities throughout the world. Recent appearances include the Virginia Arts Festival, a co-commission by the Harrisburg Symphony, and the world premiere of Roydon Tse’s work for string quartet and full orchestra with the Annapolis Symphony.

In addition to works of the masters from Haydn to Brahms and Amaya to Piazzolla, the group’s adventurous and entertaining programming includes new works for quartet with percussionist Orlando Cotto, quintet arrangements both Latin and Classical with the renowned clarinetist Ricardo Morales- principal clarinetist of The Philadelphia Orchestra, and an ongoing collaboration with the Van Cliburn Competi-

tion’s gold-medal winning pianist Olga Kern, with whom they have toured from coast to coast with the piano quintets of Brahms and Shostakovich.

The Wolfeboro Friends of Music share our 90 year commitment to the world’s finest classical music. Classical music makes us smarter and live classical music makes us real!!

This is the sixth of nine concert performances comprising the current WFOM season running through June. 90 years of artis-

tic excellence in service to NH’s Lakes Region, Mount Washington Valley and beyond!

“Experience, Learn, Share, The Joy of Music Lives Here!”

Season sponsors make Wolfeboro Friends of Music possible:

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Tickets are available for \$39.50 at the exciting new Web site: wfriendsofmusic.org;

or by email at: info@wfriendsofmusic.org, and at the door on the day of the concert.

High School and Middle School students will be admitted free of charge.

Children accompanied by an adult ticket purchaser will be admitted free of charge.

For additional information visit us at: www.wfriendsofmusic.org.

Lions bearing boots



COURTESY

Lions Bill Chandler & Matt Soza with Isaiah 61 Café founder and owner Dawn Longval.

LACONIA — The Laconia/Gilford Lions Club gave a financial donation supporting Isaiah 61 Café via the “Warm Hearts, Warm Boots” project. This program was developed by the New Hampshire Special Olympics Athlete Leadership Council.

Isaiah 61 Café serves

individuals who are unhoused or otherwise in need, offering meals, showers, support and a place for connection. The initial goal of the “Warm Boots” project was to donate 60 pairs of boots for those seeking assistance; these were to be collected during the holiday season. Instead, over

100 pairs were provided, and the goals & timetable were extended. Now, backpacks, sleeping bags and gift cards as well as boots are being collected. Cash donations are also accepted.

“Various Lions Clubs, including the Loudon Lions, have been involved,” explained Club President Matt Soza. “When our Club learned about this project, we wanted to participate, especially given this difficult winter, that the Café is in our direct area and that it provides such an essential service.”

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Alton Parks and Recreation Community Connection

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays, Feb. 19, March 5, and March 19 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit the food pantry. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Weight Training classes — Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. This program is ongoing. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Full Moon Snowshoe Hike

The Alton Parks and Recreation Department is sponsoring a Full Moon Snowshoe Hike on Tuesday, March 3 at 7 p.m. at Morse Preserve/Pine Mountain, located on Avery Hill Road, off Alton Mountain Road. Moderate level, uphill and downhill hike, approximately 60-90 minutes- depending on trails chosen. The moon should be bright enough to light the way but an extra headlamp or flashlight is helpful for each person. Register by Feb. 26. Off-road parking is available at the Mike Burke parking lot. Directions: take Route 11 into Alton Bay, turn on to Rand Hill Road. After three quarters of a mile on Rand Hill Road, take a left on to Alton Mountain Road. After approximately two miles, take a left onto Avery Hill Road. The trail head is located about 500 feet on the left after passing the Mike Burk Trail System. For more information and/or to register contact parksrec@alton.nh.gov or 603-875-0109.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6-8 p.m. The program is free for ages 18 and older. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Travel Club — Trip to Scotland, Wales and England-October 2026

Alton Parks and Recreation is sponsoring a trip with Collette Tours to Scotland, Wales and England Oct. 25-Nov. 3. There is also an option for a three-night Paris post tour extension. The trip highlights include Edinburgh Castle; York Minster; Chester; Conwy Castle; Stratford-upon-Avon; Traditional Afternoon Tea; London and much more. Includes airfare, 12 meals, hotels and transportation to and from Alton. This is a great way to travel solo or with friends. A knowledgeable guide leads the entire trip. An information session will be held March 23 at 11 a.m. at the Gilman Library. RSVP to attend the session at 603-875-0109 or parksrec-asst@alton.nh.gov.

Local students named to Clark University Dean’s List

WORCESTER, Mass. — Emalee R. Bunker of Barnstead and Emily D. Gardner of Gilmanton were named to first honors on the Clark University Dean’s List. This selection marks outstanding academic achievement during the Fall 2025 semester.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors.

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow’s most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.



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Sam Thurston joins Doran Independent Insurance



Sam Thurston

WOLFEBORO — Doran Independent Insurance, LLC is pleased to welcome Sam Thurston as its newest employee.

Thurston joined the team on Jan. 13, stepping into an administrative and support role.

Born and raised in New Hampshire, Thurston grew up in Wolfeboro and attended Kingswood Regional High School, graduating in May 2020. He went on to attend the University of New Hampshire, where he earned a degree in Business Administration with a concentration in Accounting. He has a strong interest in working with numbers and data.

Thurston is excited to begin his career at Doran Independent Insurance, LLC and to continue learning more about the insurance industry.

“I’ve enjoyed taking the time to learn the new applications - everyone has been super great at taking the time to train me,” Thurston said. “This is a very welcoming environment - everyone has been very inviting and this feels like a very happy place.”

Paul Doran, President of Doran Independent Insurance, is thrilled to have Thurston be a new part of their team. Doran said he already sees a skill set in Thurston that will be very valuable to his team and clients.

Outside of the office, he enjoys reading, skiing, and walking his dog, Shadow.

“I’m thankful that I get to show up to such a great work environment every day and be part of the Doran team,” said Thurston.

Students named to President’s List at Plymouth State University

PLYMOUTH — Students have been named to the Plymouth State University President’s List for the Fall 2025 semester. To be named to the President’s List, a student must achieve a grade point average of 3.70 or better for the Fall 2025 semester and must have completed at least 12 credit hours during the semester, at least nine of which must confer grade points, at the time the lists are finalized.

The following local students have been named to the President’s List:

Cutlas Greeley of Alton, majoring in History & Social Studies Ed.

Alana Linsky of Alton, majoring in Elementary Ed & Youth Development.

Emily Mathis of Alton, majoring in Elementary Ed & Youth Development.

Mason Pappaceno of Alton, majoring in Allied Health Sciences.

Nicole Rogers of Alton, majoring in Art and Design.

Parker Wood of Alton, majoring in Computer Science.

Jennifer Chorvatovicova of Alton Bay, majoring in Business Administration.

Justin Burgos of Center Barnstead, majoring in Marketing.

Olivia Griffin of New Durham, majoring in Adventure Education.

Skylar Hammes of New Durham, majoring in Psychology.

Jayda-Lynn Carter of Gilford, majoring in Nursing.

Jack Christensen of Gilford, majoring in Psychology.

Camden Gustafson of Gilford, majoring in Commun. and Media Studies.

Lily Maynard of Gilford, majoring in Elementary Ed & Youth Development.

Brandon Morin of Gilford, majoring in Marketing.

Alainnah-Kate Penney of Gilford, majoring in Business Administration.

Jenna Pichette of Gilford, majoring in Psychology.

Rhiannon Reinholz of Gilford, majoring in Interdisciplinary Studies.

Ethan Roys of Gilford, majoring in Accounting.

Madison Cusello of Gilmanton, majoring in Social Work.

Maegan Shute of Gilmanton, majoring in Elementary Ed & Youth Development.

Abigail Shute of Gilmanton, majoring in Nursing.

Edgar Conroy of Laconia, majoring in Business Administration.

Emma Darling of Laconia, majoring in Social Work.

Justin Ehmann of Laconia, majoring in Marketing.

Brenna French of Laconia, majoring in Elementary Ed & Youth Develop..

Karson Genakos of Laconia, majoring in Marketing.

Amber Kallum of Laconia, majoring in Elementary Ed & Youth Develop..

Evan MacEdonia of Laconia, majoring in Elementary Ed & Youth Develop..

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates, and by providing graduate education that deepens and advances knowledge and enhances professional development. The Plymouth State Cluster Learning Model emphasizes open, integrative, and project-based experiences. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

Gilford Public Library Top Ten Requests (Plus Two)

1. “Jigsaw” by Jonathan Kellerman
2. “The Invisible Woman” by James Patterson
3. “Private Rome” by James Patterson
4. “Return of the Spider” by James Patterson
5. “My Friends” by Fredrik Backman
6. “Pendergast: The Beginning” by Douglas J. Preston
7. “The Correspondent” by Virginia Evans
8. “The Frozen River” by Ariel Lawhon
9. “Buckeye” by Patrick Ryan
10. “Theo of Golden” by Allen Levi
11. “The World at Home” by Ginny Kubitz Moyer
12. “Stolen in Death” by J.D. Robb



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Finding warmth in winter's heart

As winter unfolds across the Lakes Region this February, the rhythm of community life hits a familiar cadence — meetings around planning budgets and ordinances, small gatherings at libraries and halls, and the hum of conversation at events that celebrate our towns' shared spirit. In a season often defined by cold and long nights, it is these moments of connection that remind us of warmth.

Our local selectmen, Budget Committees, zoning boards, and conservation groups convene this week to deliberate on issues that may not make headlines but form the backbone of civic life. Residents attending meetings in Gilford are engaging with decisions on town planning, public works, and resource stewardship. These sessions are the engines of small-town democracy — less dazzling than fireworks or festivals, but vital for responsible governance and community wellbeing. Transparency and participation at these meetings strengthen civic trust, even when discussions are detailed or complex.

Beyond town halls, our local libraries offer quiet yet meaningful opportunities for engagement. In Alton, Gilman Library's regular programs, from book chats to take-and-make crafts, provide spaces where neighbors meet across generations under a shared love of reading and learning. Libraries hold a unique place in our communities — not just as repositories of books, but as inclusive public spaces where curiosity thrives and people connect.

The heart of this week's social calendar is the Alton Bay Winter Carnival on Sunday, Feb. 15. This free, family-focused event brings residents and visitors together on the ice and around the Bay for a communal celebration of winter. Features such as horse-drawn sleigh rides, ice sculptures, food vendors, and crowd-favorite chowder contests transform seasonal chill into community warmth. Events like the Winter Carnival reinforce what many of us cherish about this region: a collective willingness to make the most of every season's gifts.

Social calendars and civic calendars may look different — one organized by time and festivity, the other by agenda and procedure — but both are essential threads in the tapestry of community life. Events bring us together for joy, while meetings empower us to steward the places we love. In mid-February, when the world outside can feel gray and cold, the vibrancy of what happens inside our town offices, libraries, and public squares is a reminder: community doesn't wait for summer to thrive.

We see in every scheduled meeting, every library program offered without charge, and every walk through a snow-packed field to a carnival tent that what binds us here is not only geography but sustained participation. There is value in showing up — to vote, to listen, to volunteer, to laugh together on a winter's day. Let this edition be an invitation to do just that.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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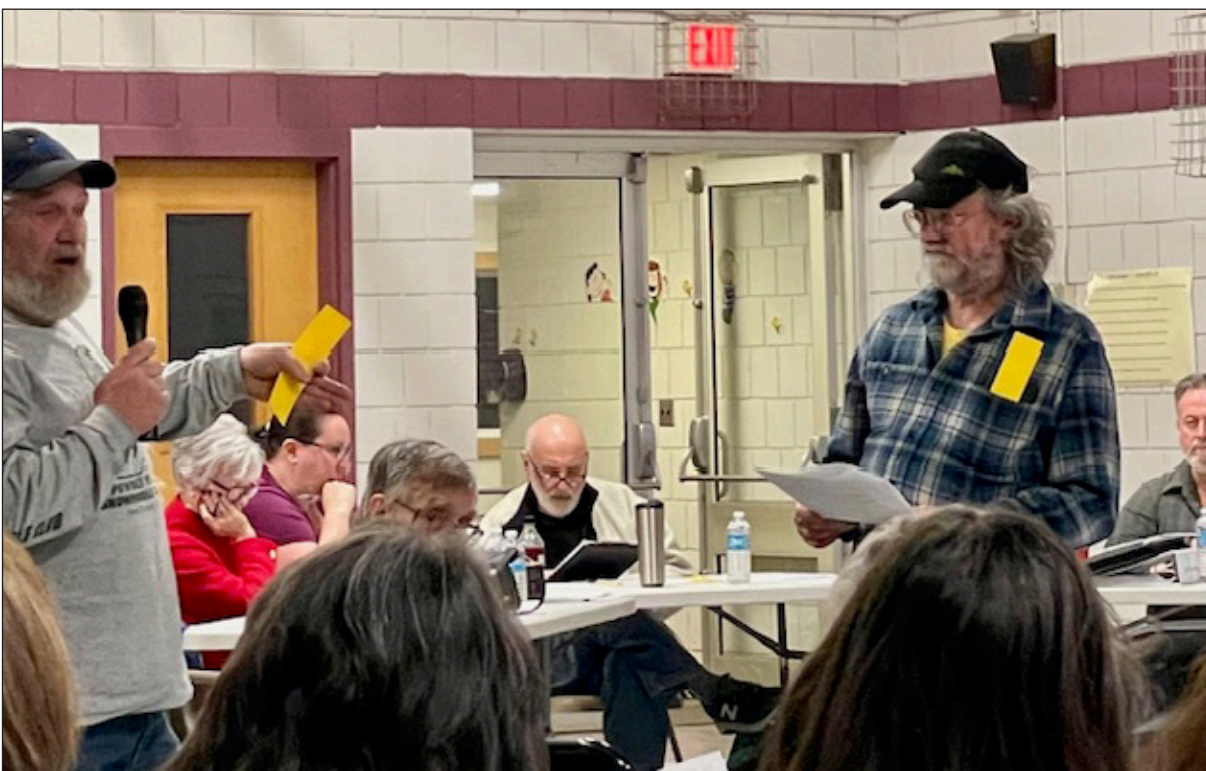
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COURTESY

During a nine-and-a-half-hour Deliberative Session over the course of two evenings, New Durham voters sliced half a million dollars from the town's operating budget, zeroed out two warrant articles for an additional decrease of \$190,000, and added a total of \$155,000 in two others. Police Chief Eric Millar indicated the \$10,000 contribution to the police cruiser Capital Reserve Fund could also be zeroed out due to sufficient monies in the police revolving fund, which the legislative body acted upon. Seen here, residents discuss one of the five Planning Board articles.

Letters to the Editor

Shea has made himself a valuable asset to Alton

To the Editor:

I am writing to support Richard Shea for re-election to the Board of Selectman in Alton.

Mr. Shea was key to the development of the new swap shop in Alton, which has been enjoyed by many residents. He volunteered to take the lead on that project, took the time to visit many area swap shops to see how they operated and worked diligently with a citizens committee to hammer out the parameters of operation. Mr. Shea has demonstrated his commitment to the town by serving on the hazardous waste committee as well as the milfoil committee and providing regular reports to the Board. He has also made a point of attending other town committee meetings to develop his understanding of the town as a whole. I believe these actions show a commitment to serving the best interest of this community.

Mr. Shea is an experienced leader who demonstrates good listening skills and communicates in a calm, clear and fact-based manner. Examples include two recent letters to the Baysider where he addressed questions about a warrant article for a new roof at town hall and a new piece of equipment purchased by the Department of Public works. To view him reporting, you can view Board of Selectmen meetings on the Alton YouTube channel.

I have personally served with Mr. Shea on the development of the swap shop guidelines and delivering training for new employees. He is a valuable asset to the town of Alton. Please consider taking the time to vote for Mr. Shea on March 10, Town Election Day, at Prospect Mountain High School.

Jill Houser
Alton

Please cast your vote for Richard Shea

To the Editor:

Richard Shea is running again for Selectman for the town of Alton. Although relatively new to the town, he comes with a great deal of experience having worked on other town governments before moving here.

I still remember the Board of Selectmen meeting when I proposed bringing back the Swap Shop. When Mr. Ryan Heath requested a selectman to look into it, Mr. Shea volunteered. Over the following months, he did his own research by visiting swap shops, making spread sheets, joined our committee, spoke with the DPW and Mr. Simonds who heads up the Recycling center and repeatedly reported to the Board. His management of the project made the Swap Shop a reality.

He also has been in charge of our hazardous waste and done a stellar job.

Then too, his letter to the Editor in the Jan. 29 edition of the Baysider shows his capabilities to work with the board and the DPW to explain the decisions of the board to the town. The town has complained about the lack of openness and how decisions are made. He has proven to be valuable in that respect and many others. He needs to remain on the board.

So, when you go to vote in the town elections, please vote for Richard Shea.

Thank you,

Joan Blackwood
Alton

Economic development, mental health services continue to take center stage in District I

To the Editor:

In the Year of 2025, the hot topics continued to be housing, workforce, and childcare. The First Phase of the Veterans Campus was completed in Franklin, the Laconia State Property is going through its purchase and sale final review process, the fish hatchery project in New Hampton is ongoing, the Raymond S. Burton Training Facility expansion project in Bethlehem is nearly completed, the new District Court House in Rochester broke ground and the new 911 Facility in Laconia also broke ground. The General Sullivan Bridge demolition project in Dover and Newington was approved to knock down the bridge.

This Councilor has been an advocate for Rural Health Funding coming from Washington, D.C. and conducted five round-table discussions about rural health topics within his District. The state was awarded \$204 million for Rural Health Funding in its first year and a GO-NORTH Committee has been formed to oversee and implement it.

Between January and December 2025, the Executive Council confirmed one Supreme Court Justice, one Commissioner of Education, and one Commissioner of Corrections.

The total contract items reviewed by the Executive Council were approximately 2,473 to include 16 late items over the course of 24 meetings. Of the 168 confirmations of board and commission positions, 28 were from District 1. On July 30, District 1 hosted an on-the-road meeting at the Ridge Runners Club House in Pittsburg. The Governor and Council toured Murphy's Dam, conducted an OHRV tour, and travelled to the US Customs Station in Pittsburg.

This Councilor's priorities will continue to be economic development, rural and mental health services, childcare and housing. Transportation is an important topic for my District, and the state overall has been confronted with financial constraints with our infrastructure and road projects. The Tram at Franconia State Park has been shut down for the next two years, a new Tram will be built. Mustard and Ketchup cars have been retired.

The Governor and Council are always looking for volunteers to serve on the dozens of state boards and commissions. If you are interested, please send your resume to Gov. Kelly Ayotte, State House, 107 North Main St., Concord, NH 03301; attention to Director of Appointments/Liaison or call at (603) 271-2121. A complete list of all state boards and commissions are available at the NH Secretary of State Web site: <https://media.sos.nh.gov/govcouncil/WORKING%20REDBOOK.pdf>.

My office is open to requests for state constitutions, tourist maps, consumer handbooks, etc. I periodically email my weekly schedule and Wrap Up Newsletter. If you would like to be included on this list, contact me at joseph.d.kenney@nh.gov. I also have an internship program for college students. My office number is (603) 271-3632. I am always available to old and new friends. Please stay in touch.

Serving you,

Joe Kenney
Executive Councilor, District I
Wakefield

LETTERS FROM EDWIN

Startled

One of these days, I'm going to blow my brains out! No, not with my nine millimeter. If I did that, it would negatively interfere with my aspirations for paradise. I don't ever want to do anything to jeopardize that.

Every year when the days get short, my sinuses get to weeping and I feel the need to help facilitate the removal of all the stuff that constantly drains from my head. At least once a year, I'll take a routine blow and sense something different up in there. What usually follows is a river of red needing my rapid attention.

So far, I haven't popped a vessel, or drown in my own excretions, but it's conceivable that I could? Ain't it? This year it was in the dark of night, I was executing one of my regular bladder depressurizations, and while sitting there, decided I might as well blow my nose too. "That felt different?" Then I felt the fluid flowing down my face. Oh, boy. Here we go again.

This here aging thing is certainly full of surprises. So far, I can claim

to be pretty well blessed, as nothing really terrible has come upon me to totally transform my existence. I think the worst is what's happening to my hands. It's definitely impinging upon my playing bass, is annoying in general hand functions, and is already causing work arounds in using a keyboard.

Last fall, I wasn't getting called to sub like I expected and a friend suggested going to my local school who were looking for subs. I did the application, took the interview, and was accepted. The SAU office would be in touch. That just happened last week. I went in, read all the pages and signed on the forms and was informed that all I needed to do now was have my fingers printed. I drove down to the police station to get this done. We all soon realized that I couldn't get my fingerprints because they were too curled up and wouldn't straighten out. I left with an unusual looking fingerprint form. We'll see if I ever get to sub there.

Back when I was in school, I actually had

typing class, where I was instructed in how to properly position my hands on a qwerty keyboard and which fingers I should use. We learned on big old manual office typewriters, nothing electric yet. I never attained the desired speed and accuracy numbers, but I was going to be an engineer, not a secretary. Once I started writing these letters, I actually got much better.

These days, computers have a wonderful thing called spell check. And some even have grammar suggestions. Not mine though. I do still have my old Smith Corona portable down in the cellar on which I started typing my letters so long ago. With it are undoubtedly correct-o-type strips, which you would use to type over the wrong letters, making them white so that you could then re-type over with the correct spelling. I was lazy. My early letters just had things misspelled. Not knowing a word, I'd just phonetically sound it out and be done with it. Lazy.

It took a while for me to pick up a dictionary. That thing still sits next to

my rocking chair. Old habits die hard. Sometimes it's easier to flip pages than toggle screens.

When I turn on my browser, I get greeted by all kinds of pictures trying to entice me to click on them. I've noticed that sometimes, the same picture can be attached to different sub-text. So today my eye got drawn to this totally cute girl face that had to be attached to the most beautiful physique of some creature that never even farts. Isn't that the implication? Some kind of perfection? What does she have to do with insurance?

You see, I know better. Being a dad, I found out relatively quick that the most beautiful little boy would wait till his diaper got lowered before letting go. One quickly learns to be prepared for such occurrences. I can't say that it was evil, probably just in fun. But beauty is totally superficial. Years later, his jest resurfaced with the sink sprayer wrapped with an elastic band. I would unknowingly be graced with a shower upon turning on the dish water.

Recollections

of family life around the Twaste house. We had our fun together.

E.Twaste
Correspondence welcome at edwintwaste@gmail.com

Gilford Public Library Classes & Special Events

Feb. 12 – Feb. 19

Thursday, Feb. 12
Senior Sculpt, 9-10 a.m.
Fun and Fitness with Joyce, 10-11 a.m.
French, 4-5 p.m.
Graphic Novel Newbies, 3:30-4:30 p.m.

Friday, Feb. 13
Geri Fit, 9-10 a.m.
Bridge, 10 a.m.-noon
The Wintering Body: A Chair Yoga Journey, 10-11 a.m.
Preschool Storytime, 10:30-11:30 a.m.
Hand & Foot, noon to 2:30 p.m.
Happy Crafters, 1:30-2:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.
Cookie Decorating, 3-4 p.m.
Drop in and decorate a sweet edible treat!
Beginner Line Dancing, 4-5 p.m.

Saturday, Feb. 14
Beginner Line Dancing, 10-11 a.m.

Monday, Feb. 16
CLOSED FOR PRESIDENT'S DAY

Tuesday, Feb. 17
Feel Good Fitness w/ Dottie, 9-10 a.m.
Senior Sculpt, 10-11 a.m.
Preschool Storytime, 10:30-11:30 a.m.
Homeschool Group, noon to 1:30 p.m.
Beginner Line Dancing, 2:30-3:30 p.m.

Wednesday, Feb. 18
Geri Fit, 9-10 a.m.
Senior Stretch Yogaaah!, 10-11 a.m.
Card Games, 10 a.m.-noon
Check out an Expert, 10 a.m.-noon
Paint Group, 1-3 p.m.

Thursday, Feb. 19
Senior Sculpt, 9-10 a.m.
Fun and Fitness with Joyce, 10-11 a.m.
Tabletop Pinball, 3-4 p.m.
Get competitive in Tabletop Pinball!
French, 4-5 p.m.
Book Discussion: Playground, 5:30-6 p.m.

This month's book is "Playground" by Richard Powers. Led by Katherine; books are available at the front desk.

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Kingswood student recognized with DAR Good Citizens Award

WOLFEBORO — The Winnepesaukee Chapter-Daughters of the American Revolution is pleased to announce that Jordyn Martineau, a senior at Kingswood Regional High School, is the Winnepesaukee Chapter 2026 DAR Good Citizens Award winner.

Martineau is a top student athlete committed to volunteering for her school and community. She plays basketball and softball, serving as a captain of both

the varsity field hockey and dance teams. Beyond athletics, she volunteers with Knights Against Hunger, serving as a Leadership Intern for Camp Invention, and mentoring younger students through Ossipee Central School's after school program. She is active in the National Honor Society and has earned the Excellence in American Government Award and the prestigious Gold Seal of Bilitery in Spanish. Martineau plans to pursue a degree in forensic

science and aspires to a career as a Crime Investigator.

She will represent the Winnepesaukee Chapter at the New Hampshire State Organization Daughters of the American Revolution Good Citizens competition in March, the winner of which, will move on to the regional competition.

The Daughters of the American Revolution is a non-profit, non-political volunteer women's service organization dedicated to preserving American histo-

ry and securing America's future through education and promoting patriotism. Any women 18 years or older, regardless of race, religion or ethnic background, who can prove lineal descent from a patriot of the American Revolution is eligible to join.

For more information on becoming a Daughter of the American Revolution, call Chapter Regent Nancy Mershon Black at 603-569-5463 or email WinnepesaukeeDAR@gmail.com.

Evan McCracken named to Worcester Polytechnic Institute Dean's List

WORCESTER, Mass. — Worcester Polytechnic Institute (WPI) has announced that Alton Bay resident Evan McCracken, a member of the class of 2027 majoring in Mechanical Engineering, was named to the university's Dean's List for academic excellence for the fall 2025 semester.

The criteria for the WPI Dean's List differ from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI students are named to the Dean's List based on the amount of work completed at the A level in courses and hands-on projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on real-world, open-ended problems on campus and in communities around the globe. Far from being simple academic exercises, the projects students complete have genuine and lasting impacts in our partner communities.» said Provost Andrew Sears. "Some of this nation's best and brightest students come to WPI to study engineering, science, business, and the humanities. Those named to the Dean's List have excelled in all of their work,

and we are exceptionally proud of these outstanding students."

About Worcester Polytechnic Institute

Worcester Polytechnic Institute (WPI) is a top-tier, STEM-focused university with an R1 research classification and global leadership in project-based

learning. Founded in 1865, WPI's distinctive approach integrates classroom theory with real-world practice, preparing students to tackle critical challenges through inclusive education, impactful projects, and interdisciplinary research. With more than 70 bachelor's, master's,

and doctoral degree programs across 18 academic departments and over 50 global project centers, WPI advances knowledge and innovation in fields such as life sciences, smart technologies, advanced materials and manufacturing, and global innovation. Learn more at www.wpi.edu.

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Students named to Dean's List at Plymouth State University

PLYMOUTH — Students have been named to the Plymouth State University Dean's List for the Fall 2025 semester. To be named to the Dean's List, a student must achieve a grade point average between 3.5 and 3.69 for the Fall 2025 term, be a matriculated student with at least 12 credits, at least nine of which must confer grade points at the time the list is finalized.

The following local students were named to the Dean's List:

- Alexander Gagne of Alton, majoring in Robotics.
 - Eve Roberge of Alton, majoring in Nursing.
 - Kayla Gallagher of Gilford, majoring in Business Administration.
 - Brianna Raleigh of Gilmanton, majoring in Social Work.
 - Brendan Allen of Laconia, majoring in History & Social Studies Ed.
 - Savannah Barlow of Laconia, majoring in Undeclared.
 - Ethan Byington of Laconia, majoring in Criminal Justice.
 - Maddy Cushing of Laconia, majoring in Forensic Science.
 - Clara Fordham-Stephens of Laconia, majoring in Social Science.
 - Emma Morel of Laconia, majoring in Marketing.
 - Phoebe Reynolds of Laconia, majoring in Psychology.
- About Plymouth State University
- Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates, and by providing graduate education that deepens and advances knowledge and enhances professional development. The Plymouth State Cluster Learning Model emphasizes open, integrative, and project-based experiences. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	Halls Hill Road	N/A	\$90,000	Victor S. Piro	Lawrence Piro
Alton	Kent Locke Circle	N/A	\$135,000	James N. Locke 1998 RET and Natalie J. Locke	Travis Stockman
Alton	Route 28-A	N/A	\$1,160,000	Paul A. and Sean R. Scoff	Theodore M. and Doreen B. Brown
Alton	N/A (Lot 1)	N/A	\$271,200	Thomas D. Fry	Richard J. Fiore, Jr.
Barnstead	117 Beaver Pond Dr.	Single-Family Residence	\$415,000	Matthew Steenbergen	Matthew P. Stevens
Barnstead	31 Fire Lane	N/A	\$400,000	James & Amy J. Seller RET	Amy J. Seller RET
Barnstead	N/A	N/A	\$43,000	Scott T. Goodrich	Richard O. Burley
Gilford	235 Chestnut Dr.	Single-Family Residence	\$435,000	Gregory and Gretchen Enns	235 Chestnut Dr. LLC
Gilford	5 Cumberland Rd., Unit 11	Condo Package-Residential	\$45,000	Thompson McCue Trust and Elizabeth M. McCue	Kevin and Maureen Whiteside
Gilford	Route 11-A	N/A	\$375,000	Trintity D. Knight	JCB LLC
Gilford	34 Swain Rd.	Single-Family Residence	\$500,000	E.N. & Jean F. Therrien Trust	Linda and Mark Labarge
Gilford	N/A	N/A	\$2,750,000	Our Place RT and James M. Whalley	Edward Paul Callahan Trust
Gilford	N/A (Lot 2)	N/A	\$1,500,000	JCB LLC	Joseph and Tara Guido

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or

locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column

“Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

La Salle University students named to fall Dean’s List

PHILADELPHIA, Pa. — La Salle University congratulates Madeline Mousseau of Laconia as one of the more than 700 traditional undergraduate students named to the fall 2025 Dean’s List in recognition of academic excellence. Mousseau is an Freshman Undergrad majoring in Undeclared Nursing and Health Sciences. Students who complete at least 12 credits and earn a semester grade point average of 3.5 or higher are placed on the Dean’s List.

La Salle University is a comprehensive Lasallian Catholic university located in Philadelphia. It is rooted in the tradition of the Brothers of the Christian Schools teaching order founded by St. John Baptist de La Salle, the Patron Saint of Teachers. Chartered in 1863 by the Commonwealth of Pennsylvania, La Salle prepares students to become known for more through a practical liberal arts and experiential education. By offering a quality, affordable experience; rigorous academics; transferable skills; and exposure to domestic and international partnerships in a safe and caring environment, La Salle is propelling learners into leaders. Learn more at lasalle.edu.

Vanessa Flanders earns SUNY Cortland Dean’s List honors

CORTLAND, N.Y. — Vanessa Flanders of Gilford was among the 2,909 students named to the Dean’s List at SUNY Cortland for the Fall 2025 semester. Flanders’s major is Exercise Science.

The Dean’s List is the highest ranking for undergraduate students in their respective academic areas of the university. Students must earn a minimum 3.3 grade point average for the semester to make the list.

Each of SUNY Cortland’s three schools publishes its own Dean’s List. They are the School of Arts and Sciences, the School of Professional Studies and the School of Education.

SUNY Cortland is one of New York’s top public universities, offering a high-value education spanning nearly 70 undergraduate majors in diverse fields that include education, business economics, exercise science, sport management and biological sciences. This mid-sized institution, located in the geographic heart of New York state, provides a high quality of student life, outstanding faculty and extensive out-of-classroom educational experiences. Since 1868, it has offered students the educational experiences they need to turn their dreams into careers. Learn more at Cortland.edu.

Millicent Caldon Named to Hartwick College Dean’s List

ONEONTA, N.Y. — Millicent Caldon of Gilmanton was named to Hartwick College’s Fall 2025 Dean’s List. Caldon, who is pursuing a major in Biochemistry with a minor in Mathematics, was among the approximately 400 students who were named to the Fall 2025 Dean’s List.

Making the Dean’s List is an indication of excellence in academic work. To qualify, students must complete at least 12 academic credits during a term with a grade point average of at least 3.50 and no incompletes.

Hartwick, often referred to as The Life Balance College, is a private liberal arts and sciences institution in Oneonta, N.Y. Through its distinctive FlightPath approach, Hartwick blends academic excellence, career preparation and an active campus life to help students achieve a balanced and fulfilling college experience. With transparent tuition and a focus on health and wellness, Hartwick prepares students for lifelong success-both professionally and personally.

Aviation summer camp takes off



ACE Academy graduate, now licensed pilot, Ethan Seeler, gets ready for takeoff. Since attending ACE Academy, Seeler, currently a college student, has earned his private and commercial pilot’s license, is rated to fly single and multi-engine aircraft, has his instrument rating and is licensed as an Airframe and Power Point Mechanic.

GILFORD — WinnAero, the STEM aviation/aerospace education non-profit, announces its summer day camp schedule with a new twist. Due to increasing applications, WinnAero has engaged RegPack, a computerized on-line registration and payment software company to expedite the registration process.

“Our increasing enrollments each year dictated we offer an on-line registration and payment option for parents,” said WinnAero Education Director Dan Caron.

The new online process

will apply to this summer’s ACE Academies held at the Laconia Airport.

“Parents can now submit their student’s application fully on-line, reserve a seat early, pay tuition securely and submit required documentation as well,” added Caron.

The results have been immediate said Zach Glennon of Meredith. Glennon joined WinnAero as its Technology Consultant responsible for on-boarding the RegPack System. For the previous three years, the ACE Academies have averaged 100 students enrolled. Thus far in 2026,

RegPack has already processed 56 applications for the July summer camps.

The dates, times, themes and tuition costs for the ACE Academies summer camps are available at www.winnaero.org or by contacting Camp Director Caron at dan.caron@winnaero.org. The 2026 session themes include Air Traffic Control, Search & Rescue Techniques, Aerospace Engineering, Pre-Ground School for future pilots, a Space Academy, Drone Operations, and Aeromedical Effects of High Altitude Flight. All sessions are taught by cur-

rent certified N.H. teachers augmented by subject matter experts. The ACE Academies are day camps for grades 3 through 12 students the weeks of July 6-10 and July 13-17. For more information, visit www.winnaero.org.

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HOCKEY

(continued from Page A1)

on the power play with 8:21 to go in the first period and just 15 seconds later, the Knightwolves committed a second penalty to give the Mountaineers an extended five-on-three chance. Harrington had a good clear before Irellyn Bell had a shot denied by Knightwolves keeper Aliyah Arsenault and had another shot go wide of the net. Letty Zipf had a shot go over the net for the Mountaineers while Jenna Sykes blocked another Mountaineer bid. Zipf and Bella Bagley-Broome got in close on a bid that Arsenault denied.

Just five seconds before the first penalty expired, Bell ripped a shot from the point that found the back of the net and the Mountaineers took the 1-0 lead with 6:26 to go with Zipf getting the assist. The Knightwolves killed off the second penalty but just seconds later, the Mountaineers doubled the lead, with Falardeau ripped a shot from the faceoff circle for the 2-0 lead with Zipf getting her second assist of the game. Emma Ouellette came back with a chance



Cassidy Libby skates into the zone during her team's game against Berlin-Gorham-Kennett last Monday.

that Huot denied.

The Mountaineers went back on the power play with 5:15 to go and Bell had a chance go wide while Libby and Sykes had shorthanded bids for the Knightwolves. Falardeau made a nice defensive stop on a Libby bid. The Mountaineers took a penalty with 3:58 to go to make it four-on-three for 43 seconds. The Knightwolves got a short power play and Hadley Aucoin had a shot that missed the mark before the penalty was killed off.

The Knightwolves closed the gap to 2-1 with

59 seconds to go in the period, with Kylie Vodvarka getting the hosts on the board on an assist from Ouellette and the game went to the second period with the Mountaineers up 2-1.

Zipf and Gagne got in close for a chance that Arsenault denied and Zipf had another chance denied, as did Gagne. Harrington came the other way with a bid that Huot stopped and she also stopped a bid from Sykes and the rebound from Ouellette.

Libby got an unassisted goal with 11:02 to go in the

second period, as she got in just behind the defense and beat Huot one-on-one to tie the game at two. Sloane McCarthy had a chance for the Knightwolves that Falardeau was able to turn back while Avery Gilpatrick made a nice defensive stop for the hosts. Libby had a chance that Sophia Bouchard was able to handle in the defense while Harrington sent a shot wide of the net at the other end. Sykes had a centering pass through the middle and Gagne had a couple of chances that Arsenault stopped.

The Mountaineers took the 3-2 lead with 4:18 to go in the second period, as Bagley-Broome lit the lamp on an unassisted tally. Gagne sent a shot wide of the net, Zipf had a bid denied by Arsenault and Libby went the other way with a chance that Huot handled.

Libby had another bid denied before the Knightwolves went on the power play with 1:42 to go. Zipf had a nice clear before a Knightwolves penalty made it four-on-four for the final 57 seconds of the period and the game went to the third period with the Mountaineers up 3-2.

The two penalty were killed off early in the third period before Gagne sent a shot wide of the net and Willow Brouillette had a chance stopped by Arsenault. Gagne had a shot denied and Brouillette had a centering pass miss the mark in front. Gilpatrick sent a shot wide at the other end as well.

Berlin-Gorham-Kennett went on the power play with 8:26 to go in the game and Falaradeau had a chance denied, as did Gagne while Gilpatrick had a good clear for the Knightwolves. The hosts got in close on a shorthand-

ed bid before the penalty was killed off.

Gagne had a bid denied while Aucoin had a chance stopped by Huot and Jillian Rubbe sent a shot wide of the net. Gilpatrick made a nice defensive stop on a Gagne chance and Arsenault stopped a shot from Bell.

The Mountaineers went on the power play with 3:26 to go and Zipf and Bell had chances go wide of the net as did Falardeau. Arsenault stopped shots from Bell and Falardeau before the penalty was killed off and Gilpatrick had a late chance denied by Huot to finish out the 3-2 Mountaineer win.

The Mountaineers will be in Exeter today, Feb. 11, at 7:30 p.m., will be hosting Manchester Central on Saturday, Feb. 14, at 4 p.m. and will be hosting Bishop Brady on Wednesday, Feb. 18, at 5 p.m. at the Ham Arena in Conway.

The Knightwolves will be hosting Keene on Saturday, Feb. 14, at 5 p.m. and will be at Salem on Wednesday, Feb. 18, at 2:50 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Gilford girls win, boys second in final alpine regular season race

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford alpine ski team wrapped up the regular season with a meet at Gunstock, finishing with the girls sweeping the day and the boys finishing in second place behind Plymouth. Oyster River, Bishop Brady, St. Thomas, Prospect Mountain, Laconia

and Belmont also raced in the final regular season race.

In the morning giant slalom, Lily Bishop took the overall win to lead a Gilford sweep of the top three on the podium in 53.74 seconds. McKenna Howard was second in 54.9 seconds and Riley Coutts was third in 55.4 seconds. Emilia Burlock

finished out the scoring with a seventh place finish in 57.14 seconds.

Brooke Baron was 10th in 59.4 seconds, Natalia Villareal was 11th in 59.65 seconds, Josie Arrighi was 40th in 1:17.53 and Madison Thompson finished out the field of Golden Eagles in 41st place in 1:17.61.

Bishop won the afternoon slalom as well, finishing in 52.22 seconds with Howard in second again in 53.72 seconds. Coutts was fourth overall in 57.95 seconds and Burlock finished out the scoring in seventh place with a time of 1:00.78.

Villareal was 12th in 1:04.12, Baron finished in 18th place in 1:07.16, Arrighi was 44th overall in 1:36 and Thompson was 45th overall in 1:36.34.

For the Gilford boys in the morning giant slalom, Bode Badger finished in third in 52.61 seconds to lead the way. Joel Wernig

was 13th in 59.56 seconds, Jack Fountain placed 17th in 1:01.01 and Gabriel Bates was the final scorer in 24th place in 1:04.13.

Zack Arenstam was 25th in 1:06.23, Connor Livingston placed 28th in 1:07.33, Kyle Johnson was 29th in 1:07.35, Brady Alessandro was 34th in 1:11.81 and Cooper Hale was 36th overall in 1:14.23.

Fountain led the Golden Eagles in the afternoon slalom, finishing in 15th place in 1:08.94. Bates and Arenstam tied for 21st overall with the same time of 1:11.46 and Livingston finished out the scoring with a 24th place finish in 1:11.83.

Johnson was 28th in 1:18.67, Wernig was 29th in 1:18.87, Hale placed 31st in 1:26.13 and Alessandro was 32nd in 1:26.49.

The Golden Eagles took part in the Division III State Meet after deadline on Monday and Tuesday.

Church Service

SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
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Tilley wins NH Nordic Coaches Series free-style race

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford Nordic ski team did not have to travel as far as anticipated for the second New Hampshire Coaches Series race over the weekend.

The race, originally scheduled for late January in Whitefield, was postponed due to the cold and moved to Gunstock this past Saturday.

Maria Tilley of Gilford won the freestyle race with a time of 14:10 while teammate Alissa O'Brien was 100th overall with a time of 25:34.

Oskar Karlsson was the lone Gilford boy competing and he finished in 67th place with a time of 17:10

Gunstock Nordic Association also had a couple of boys participating, with Connor Termorshuizen in 34th place in 15:10 and Ethan Cathey in 50th place with a time of 15:51.

In the middle school race that followed on the same course, Lilah Maslow represented the Gilford girls with a time of 21:02 for 18th place overall. Lila Sydorwicz finished in 32nd place with a time of 22:25.

The Golden Eagles are slated to compete at Lebanon on Wednesday, Feb. 18.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Scarpa finishes third in Division II long jump



JENNIFER PINARD – COURTESY PHOTO
Jazmine Witham tosses the shot put during the Division II State Meet on Sunday at Plymouth State University.

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Prospect Mountain indoor track team had a few members take to the track at Plymouth State University on Sunday for the Division II State Meet.

The top finisher for the Prospect boys was DJ Scarpa in the long jump, where he finished in third place with a distance of 20 feet, 6.75 inches. Teammate Blake Snell was ninth

overall with a distance of 17 feet, 11.25 inches.

Dawson Meehan finished in 11th place in the 55-meter hurdles with a time of 9.42 seconds.

For the Prospect girls, Madison Morris was eighth overall in the 600 meters in 1:47.49 and Jazmine Witham was eighth overall in the shot put with her toss of 27 feet, 8.75 inches.

Sports Editor Joshua

HIGH SCHOOL SLATE

- Thursday, Feb. 12
WINNISQUAM
Wrestling vs. ConVal, Franklin; 6
Friday, Feb. 13
BELMONT
Boys' Hoops vs. Conant; 6
Girls' Hoops at Conant; 6
GILFORD
Boys' Hoops at Kearsarge; 6:30
Girls' Hoops vs. Kearsarge; 6:30
WINNISQUAM
Boys' Hoops at Fall Mountain; 6:30
Girls' Hoops vs. Fall Mountain; 7
Saturday, Feb. 14
BELMONT-GILFORD
Hockey vs. John Stark-Hopkinton; 8:30
WINNISQUAM
Hockey vs. Kennett; 6:30
Wrestling at Hollis-Brookline; 10
Wednesday, Feb. 18
BELMONT-GILFORD
Hockey vs. Laconia; 5
WINNISQUAM
Hockey at Belmont-Gilford; 5

All schedules are subject to change.

Timber Wolf boys let one slip away in Bristol

BY JOE SOUZA
Contributing Writer

BRISTOL — In a key battle for postseason position, the Newfound Regional boys' basketball team came together in time to pull out a key win.

The Bears battled back from a first half deficit, getting key contributions all over the floor as four different players scored in double figures in an impressive 76-66 victory over area rival Prospect Mountain in Division III action. Freshman Miles Barney led the charge, knocking down three three-pointers and scoring 17 of his team high 19 points in the second half.

"We've lost our team identity somewhat during the season," Newfound head coach Kurt McCandless after his team improved to 7-8 on the season.

"Teams have to come together during the season," added McCandless. "This was a good team win. We've regained that team identity."

The Timberwolves (6-10) appeared to seize con-



JOE SOUZA

Newfound's Daniel Sherkanowski looks to make a pass with Prospect Mountain's Colby Whitehouse playing defense during NHIAA Division III boys' hoop action.

trol of the game, building a comfortable lead and taking a 28-21 edge into the halftime break.

Newfound responded in the second half, getting 10 points from star Jayden Belyea in the third quarter before he fouled out late in the frame. The Bears though got key contributions from Barney and Daniel Sherkanowski, both knocking down two three-pointers in the frame. Barney beat the buzzer at the end of the third with his second trey, giving the hosts a 50-44 lead heading to the final quarter.

The hosts though were going to be without Belyea for the final eight-minute frame.

Prospect Mountain appeared poised to take advantage of the opportunity, scoring the first seven points of the final frame. Bryce Lounsbury finished a conventional three-point play to give the Timber Wolves a 51-50.

"After Jayden fouled out and they took the lead early in the fourth, I thought we might be in trouble," McCandless said. "But we had some guys step up. Nate Arnold and freshman Miles Barney really stepped up. They were huge for us."

After the lead exchanged hands a couple of times, the Bears went on an 11-2 run to take a 66-57 edge with less than four minutes remaining. Barney started the run with a long three, and the Bears got two big buckets from Nate Arnold and a three-pointer from Nick Polewarczyk.

From there, the Bears took care of the ball and knocked down their free-throws to seal the key win. Newfound went 13 for 18 at the charity stripe, but a near perfect 9 for 10 in the pivotal fourth quarter. Arnold was a perfect 4 for 4 at

the line and Ryder Sargent hit 3 of 4.

"It was really unexpected," McCandless pointed out. "Miles came in and did a great job. After we took the lead, we got to the line and we made our foul shots at the end. That was a surprise because we haven't been getting to the line much this year. We average about six foul shots a game."

For the Timber Wolves, it was a frustrating lost opportunity.

"We started off very well in the second and we were playing pretty well there, but we seemed to get very complacent when their star Jayden Belyea fouled out in the third quarter," Prospect Mountain head coach Tyler Somers said. "After he fouled out, we seemed to relax and we weren't playing consistent. We were not finishing our offensive possessions."

The stage was set early as the two teams came out battling hard in the opening quarter, with the hosts taking a slim 15-14 lead at the first break. Newfound lost its offensive flow in the second frame and the Timber Wolves took advantage, opening up a comfortable cushion enroute to a 28-21 halftime edge.

Barney led Newfound's

balanced attack with 19. Belyea scored 15 before fouling out, while Arnold had 13 and Sharkanowski netted 11.

Colby Whitehouse did his best to carry the Timber Wolves, scoring 19 of his game-high 27 points in the second half. Prospect Mountain also got 17 points from Colby Hall before he fouled out in the fourth. Heath Dunne chipped in with nine points, and Lounsbury finished with seven.

"It was a very tough loss," Somers said. "The turning point was Jayden Belyea fouling out, and it was a turning point for the worse. It was like we thought it was going to be easy after that."

The difference was clearly at the lines, free-throw and three-point arc. Newfound knocked down nine three-pointers, getting three each from Barney and Sherkanowski, and went 13 for 18 at the free-throw line. The Timber Wolves hit just three treys and shot 9 for 17 at the charity stripe.

"We saw some habits we've been trying to change start to change," McCandless pointed out. "We have Gilford and Inter-Lakes this week as we look to get ready for the playoffs."

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safe. Lolo is a little extra special though because he has a birth defect that impacted his leg, he's lived with it for his whole life. It doesn't slow him down a bit—he's still active and curious—but he moves a bit differently, often with an adorable "army crawl" ., His leg looks a little wonky but so was Nemo's fin! Our orange and white boy is a little insecure about it and doesn't like to show it to just anybody so he really needs that special person to build up his confidence and let him see that its okay to be weird

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Prospect skiers get in final tuneup for Division III State Meet

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Prospect Mountain alpine ski team finished out the regular season skiing at Gunstock on Friday, Feb. 6, racing alongside Plymouth, Gilford, St. Thomas, Bishop Brady, Belmont, Laconia, Trinity and Oyster River.

The Prospect girls finished in sixth place in the morning giant slalom with Erin Goyette leading the way in 25th place in 1:07.04. Sydney Grasso was 29th overall in 1:09.61, Violet Page placed 32nd in 1:11.77 and Natalie Shea rounded out the scoring in 39th place in 1:15.63.

Alexis Briggs was 43rd in 1:26.01, Grace St. Germain finished in 47th place in 1:35.3 and Johanna Foley was 48th overall in 1:36.55.

The Timber Wolves were sixth in the afternoon slalom as well with Grasso pacing the field in 26th place in 1:15.26. Anna Sanders was 27th overall in 1:16.66, Goyette was 30th in 1:17.49 and Page rounded out the scoring in 42nd place in 1:31.72.

Shea was 43rd in 1:34.88, Briggs finished in 47th in 1:38.56, Foley was 48th in 1:42.94 and St. Germain was 51st overall in 1:57.52.

The Prospect boys were fourth in the morning giant slalom with Evan Fuller finishing in 27th place in 1:07.27 to lead the way. Charles Braver was 31st in 1:09.86, Brady Glidden was 34th in 1:10.88 and Ayden Porter finished out the scoring in 35th place in 1:12.94. Isaac Casale was 40th in 1:15.61 and Mike Perry was 43rd in 1:17.34.

The Timber Wolf boys were fifth in the afternoon slalom with Fuller again leading the way in 1:09.18 for 16th place. Bravar was 27th in 1:15.75, Casale finished in 39th in 1:35.31 and Perry was 40th in 1:35.73 to finish the scoring. Glidden finished with a time of 1:45.75 for 42nd place overall.

The Timber Wolves took part in the Division III State Meet after deadline Monday and Tuesday.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Timber Wolves edge past Rams in back and forth thriller

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain hoop girls came charging back in the fourth quarter and edged past Raymond in a boisterous atmosphere on Wednesday, Feb. 4, coming away with a 54-52 win in a game that saw multiple lead changes throughout.

The Timber Wolves fell behind 6-2 early in the first but they settled down and controlled the tempo for the remainder of the half and carried the 27-18 lead to the halftime break, led by 10 points from Maddy Howlett in that first half.

The Rams answered with a strong third quarter, outscoring the Timber Wolves 25-11 to take the lead by a five-point margin heading to the fourth quarter, as the Rams grabbed the momentum.

The Timber Wolves didn't back down, however, and responded in the fourth quarter with poise and defensive intensity and outscored the Rams 16-9 in the quarter, taking the lead back with less than two minutes to play. Kourtney Kaplan led the late-game charge, scoring nine points, dishing out three assists and coming up with two steals in those final eight minutes.

Kaplan finished with 17 points, eight rebounds, four assists and four steals to lead the Timber Wolves while Howlett added 15 points, three steals, three steals and one block, Emma Foster added 12 points, 10 rebounds, one assist and one steal and Leah Gard finished with 10 points, five rebounds, four assists and one steal.

Prospect wrapped up the week with a 66-20 win over Newfound on Thursday night.

The Timber Wolf defense was again a key factor, as they forced nine steals and took advantage of 12 turnovers by the Bears in the opening eight minutes and took the 20-3 lead after one. By the end of the night they forced 43 turnovers including 23 steals to earn some easy offensive points.

Prospect led 36-13 at the halftime break and the defense continued, holding the Bears to just seven points in the second half, leading 50-17 after three quarters and won the fourth quarter 16-3 for the 66-20 win.

Kaplan led the offense with 15 points, five steals and two blocks, Ava Foster had 12 points, 10 rebounds and one steal and Gard had 10 points, four steals and two rebounds.

The Timber Wolves will wrap up the regular season on Friday, Feb. 13, at home against White Mountains at 6:30 p.m. The Division III tournament starts on Wednesday, Feb. 18, at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

PMHS Hall of Fame induction set for Friday

1974-77 Alton girls' hoop team to be honored

ALTON — The Prospect Mountain Hall of Fame will be inducting the newest member before the girls' basketball team's game against White Mountains Regional on Friday, Feb. 13.

The Prospect Mountain Hall of Fame will be inducting the 1974-1977 Alton High School girls' basketball teams. Alton High School was the state's first small-school girls' basketball power in the 1970s. They won three state championships in four years, amassing at one stretch a 64-game winning streak. This group of Alton pioneers will be honored on the 50th anniversary of Title IX — the 1972 federal anti-discrimination, civil rights law, which helped to close the athletic gender gap and led to a considerable increase in the number of females participating in organized sports in high schools and universities.

Those 1970s Alton teams, coached by Frank Weeks, ran the court, pressed and played at a pace that was ahead of its time. They had size, speed, played tenacious defense and could score. The Apaches altered the perception of girls' basketball in New Hampshire. They proved that the girls' game could be every bit as exciting as the boys' game.

Check out a story by legendary sports writer Mike Whaley on Ball603.com at <https://ball603.com/article/the-aura-of-alton-pioneer-program-helped-change-perception-of-girls-hoop>.

The Hall of Fame induction will take place before the 6:30 p.m. home game against White Mountains Regional on Friday, Feb. 13.

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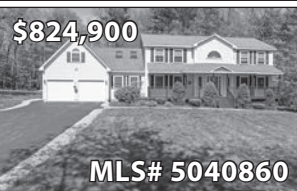


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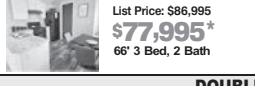
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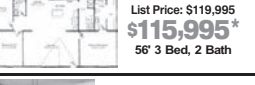


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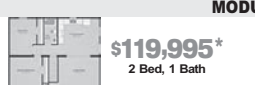
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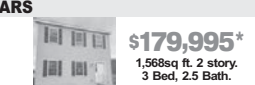
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Tourney champ

Prospect Mountain senior Robert Prescott continued his strong wrestling season by finishing first in the heavyweight division at the Plymouth Invitational on Saturday. Prescott has gone undefeated and taken first place in three tournaments.



COURTESY PHOTO

For starters, it was definitely something different



JOSHUA SPAULDING

It was great to see my third straight Olympic Opening Ceremony on Sunday night in Milan. It wasn't ideal from my standpoint, but it's always nice to be a part of it.

Paris made headlines for its much different approach to the Opening Ceremony for the Olympics in the summer of 2024. Their idea to have athletes ride on boats down the Seine instead of the traditional parade was certainly unusual and it probably would've been a better experience for most involved, myself included, if it hadn't rained almost the entire time.

From my point of view as a member of the media, the biggest problem was that there was no shelter from the rain and no place to plug in phones and computers to charge, which made it tough to get back to the hotel or do any work.

However, the idea was valiant and so was Milan-Cortina's idea to have Opening Ceremonies in four different locations. Oftentimes, athletes who compete in events the day after the Opening Ceremony don't get the chance to take part. This goes doubly if they are in sports that might be an hour or so away from the venue where the ceremony takes place.

So, when the Olympics are taking places in venues that are more than five hours apart, it makes sense to try something new and have multiple ceremonies so that all the athletes can take part. However, making that work for people in the stadium(s) where its taking place is really not feasible, or at least it wasn't feasible on Sunday night.

SPORTING CHANCE



By JOSHUA SPAULDING

First and foremost, I am grateful to Bill Hancock from The US Olympic and Paralympic Team, who handles the high demand ticket requests. He has always found a way to get me a ticket when I've asked and he got me one for the Opening Ceremony for the fifth time in a row. The first two I ended up giving back because I could not make it in time and I've now been to three in a row. And I also know that I am likely going to get a non-tabled seat, which means sitting in a regular seat in the stands reserved for press. The tabled seats have, well, a table, and power outlets and chairs. I had one of those seats in Beijing but did not in Paris or on Sunday night.

What we watched was a bunch of placards enter a stadium with a country name and no athletes or flags. Up on the screen they were showing athletes from that country simultaneously entering ceremonies in Livigno, Cortina and Predazzo. The problem was, at least from where I was sitting on one of the "long" sides of the stadium, you could not read the writing on the relatively small screen on the other side of the stadium. The only way I knew where each one was was

by looking through my lens of my camera.

And that was the same for the lighting of the Olympic cauldrons, which also didn't take place in the stadium. It was cool that Alberto Tomba and Sofia Goggia were two of the people lighting the torch but I wouldn't have known that without my zoom lens.

I like the idea of including everyone, but maybe there are some kinks to work out in the system. France is planning a similar Olympics in 2030, if my understanding of their bid is correct, so maybe with a little time they'll figure something out.

But also, I guess it doesn't matter on a television screen where everyone is.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Coos County Democrat and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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Audubon announces grassland birds program by Pam Hunt

MOULTONBOROUGH — On Thursday, Feb. 19 at 7 p.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will present a program on "The Ecology and Conservation of Grassland Birds," by Dr. Pam Hunt.

Grassland birds such as the Bobolink and Eastern Meadowlark are declining throughout their ranges. In this talk we review the history and ecology of these species, with a focus on New Hampshire and the Northeast U.S., then shift to the conservation challenges they face and some of the things people can do to overcome these threats.

All grassland birds are threatened by habitat loss and management practices that make it difficult for the birds to breed successfully. At airfields, periodic mow-



ing is required for safety reasons, while in hayfields it's needed to obtain quality forage for livestock. Either way, mowing during the breeding season is a sure-fire way to destroy nests or young, and conservation biologists regularly need to balance these economic interests with those of the birds they're trying to protect.

Dr. Pam Hunt is Senior Biologist for Avian Conservation with NH Audubon.

The Loon Center is located on Lee's Mill Road; follow the signs on Blake Road from Route 25 near the Moultonborough Central School, or from Route 109, turn on to Lee Road and turn left on Lee's Mill Road.

HELP WANTED

For Advertising Information Call 603-279-4516 email: Tracy@salmonpress.news



Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

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ENERGYSAVERS INC.

163 Daniel Webster Hwy., Meredith NH

SHAKER REGIONAL SCHOOL DISTRICT

PAYROLL & BENEFITS COORDINATOR

Shaker Regional School District is seeking a Payroll & Benefits Coordinator. This position routinely handles highly sensitive and/or confidential information and will have extensive contact with internal staff members and outside agencies. Prior experience in a school district central office is preferred. Please visit the Human Resources tab on the District website, www.sau80.org, for the complete job posting and to apply. Shaker Regional School District is an equal opportunity provider, employer, and lender.

Hiring? Reach More Local Applicants

Help Wanted

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COURTESY
The following Kingswood Regional Middle School students received the After School Allstars Award. In the first picture is Sawyer Nichols, for his dedication and leadership in skiing. In the second picture is Landon Call, for his dedication and leadership in wrestling. Congratulations!

Laconia Historical & Museum Society hosts February Sunday Series Scavenger Hunt



COURTESY
The Frates Team spotted a “ghost” during an earlier Historic Laconia Scavenger Hunt! Join LHMS for a fun, interactive way to explore Laconia’s history on Sunday, Feb. 15 at 11 a.m. What surprises will you uncover?! Registration is required.

LACONIA — The Laconia Historical & Museum Society’s Sunday Series continues this February with a fun, interactive exploration of local history during Laconia’s Historic Scavenger Hunt on Sunday, Feb. 15, from 11 a.m. to 1 p.m.

This special program takes history beyond the museum walls, inviting residents and visitors alike to connect with Laconia’s heritage while enjoying time together. Designed for all ages, the scavenger hunt guides participants through downtown Laconia to discover historic sites, landmarks, and stories in a fresh, hands-on way. Working in teams, participants will follow clues, learn about the city’s past, and experience familiar places from a new per-

spective. This free program requires advanced registration, as space is limited. For details, registration, and information about the Sunday Series and upcoming programs, visit laconiahistory.com or follow LHMS on Facebook and Instagram. Get ready to explore, learn, and have fun—this is one historic adventure you won’t want to miss!



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COURTESY
The following Kingswood Regional Middle School students received the January Super Knights Award for “Honesty.” In the first row are Judith Hall, Mike Sevigny, and Naomi Clark. In the second row are Abbie Ames, Liam Davies, and Seamus McHale. In the third row are Henry O’Blenes, Serenity Wallace, and Max Stevens. Congratulations!

Matter of Law



What is revocable trust?

BY ORA SCHWARTZBERG
Attorney
Schwartzberg Law

A revocable trust holds property for your benefit during your lifetime. You can change or cancel it anytime while you are mentally capable. In most New Hampshire plans, you serve as trustee and keep control of the assets.

Because the trust is revocable, it stays flexible. You can add or remove property, update instructions or dissolve it if your goals change.

How revocable trusts work in New Hampshire
In New Hampshire, a revocable trust allows you

to manage assets during life and transfers them after death. The state follows a modified Uniform Trust Code that governs trusts.

A trust does not replace all estate planning documents. It works alongside a will, powers of attorney and health care directives. Many people place certain assets in revocable trust, including:

- A primary home or vacation property in New Hampshire
- Non-retirement investment accounts
- Personal property with clear ownership
- Out-of-state real estate

You can also name the trust as a beneficiary of your retirement accounts and make your other bank accounts payable to the trust, at the time of your death.

The goal is to own nothing at the time of your death so that nothing you own will go through probate.

What revocable trusts do and do not do

A revocable trust does not protect assets from creditors, during your lifetime and does not reduce estate taxes alone. These issues need separate planning.

Planning with flexibility

in mind

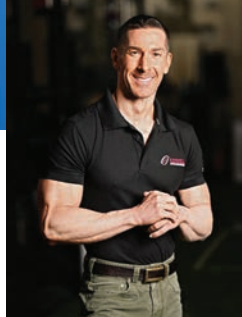
A revocable trust is a tool, not a one-size-fits-all solution. For many New Hampshire families, it offers a balance of control, privacy and adaptability. Understanding how it fits into your broader estate plan helps you make decisions that reflect your values and protect the people who matter most.





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