

Newfound Landing

THURSDAY, MAY 2, 2024

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COMPLIMENTARY

PRHS makes playoffs at Quiz Bowl national championship tournament



ROSEMONT, Ill. — On the weekend of Saturday, April 27, Plymouth Regional High School joined 142 of the top quiz bowl teams from small public high schools at the Hyatt Regency O'Hare Chicago for the 2024 Small School National Championship Tournament to determine who was the best.

Quiz bowl is a competitive, academic, interscholastic activity for teams of four students. Quiz bowl teams use buzzers to answer questions about science, math, history, literature, mythology, geography, social science, current events, sports, and popular culture. The matches feature a blend of individual competition and team collaboration, since no individual player is likely to be an expert in all subject areas. Participation in quiz bowl both reinforces lessons from the classroom and encourages players to develop new intellectual interests.

The team, in the Traditional Public Schools Division, was captained by Reagan Sutherland, who was joined by

Khalil Dakhli, Paul Mason, Norman Sackett, and Ethan Savage. The team was coached by Jay Fogarty, who was assisted by Troy Harris.

Plymouth was the only New Hampshire team at the national championship.

Plymouth finished the preliminary rounds with a 8-2 record, which qualified them for the playoffs.

Plymouth's shot at the title ended when they lost to Salem from Ohio in round 17.

Plymouth Regional High School finished in 21st place in the Traditional Public Schools Division.

The Traditional Public Schools Division champion was Hastings High School Hastings-on-Hudson, N.Y. The Open Division champion was the A team from St. Mark's School of Texas Dallas, Texas.

The 2024 Small School National Championship Tournament (Traditional Public Schools Division)'s field featured 88 teams from 24 states.



COURTESY

Crews from seven communities were busy extinguishing a brush fire on Old Stage Road in Bristol last Saturday afternoon.

Brush fire caps busy day for Bristol FD

BY DONNA RHODES
Contributing writer

BRISTOL — In the midst of a very busy weekend for fires, and not long after returning from a mutual aid response in Plymouth, Bristol Fire Department received notice of a brush fire at 10:52 a.m. on Sat., April 27, upgraded moments later to include exposure to a building, on Old Stage Road in their community.

The first personnel arrived at the rural location just 12 minutes later where they found a large brush fire quickly heading uphill toward the tree line.

Concerned with how fast the fire was spreading, a first alarm forestry response was requested to bring more equipment and manpower to the site. Joining them to battle the flames were mutual aid

crews from Alexandria, Ashland, Bridgewater, Franklin, Meredith and New Hampton fire departments. With Engine 2, Engine 4, Utility 1 and Ambulance 2 from BFD already on scene, Hebron Fire Department and Stewarts Ambulance Service provided coverage for the Bristol station.

Bristol's Deputy Fire Chief Chris Dolloff noted that a total of ten of

their fulltime and call firefighters responded to the call and with the help of the mutual aid crews, a total of 10,000 gallons were used to extinguish the fire and complete an overhaul of the area. When all was said and done, approximately two acres had burned but no structures were caught up in the flames.

For Bristol and many

SEE BRISTOL PAGE A10

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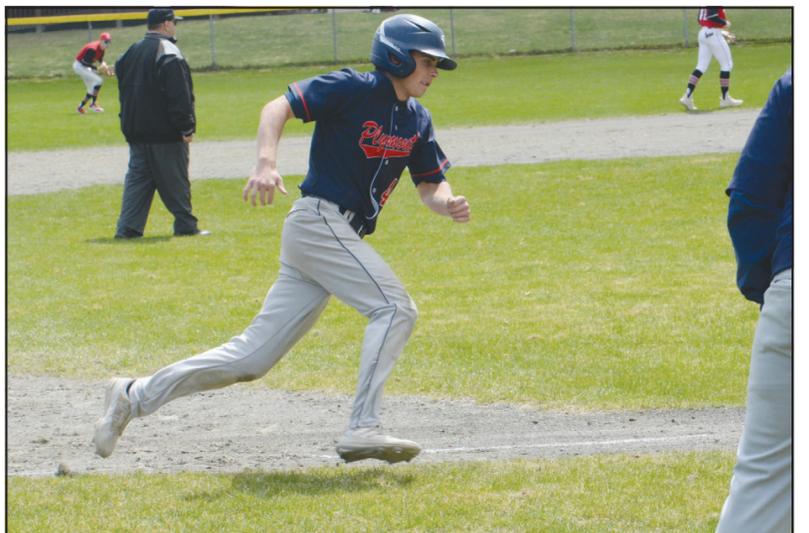
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JOSHUA SPAULDING

Johnny Flaherty pitched a complete game shutout against Coe-Brown last Wednesday afternoon.



JOSHUA SPAULDING

Kadyn Smith rounds third on the way to scoring a run against Coe-Brown last week.

Baseball Bobcats win pair of vacation week games

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Plymouth baseball team

continued its strong start to the regular sea-

son with a pair of games over vacation week,

coming out with wins in both games, though in

very different fashion. SEE BASEBALL PAGE A10

Plymouth Fire-Rescue tackles back to black blazes

BY DONNA RHODES
Contributing writer

PLYMOUTH — It was a busy weekend for Plymouth Fire-Rescue when two fires broke out, beginning at 4:10 a.m. on Saturday morning and continuing with yet another call at 7:14 a.m.

The overnight crew could see heavy flames above the tree line as they opened their doors to head to the scene at 28 Pleasant Street where they immediately called for a first alarm, to bring additional apparatus and manpower to the scene.

Plymouth Deputy Fire Chief Kevin Pierce reported that the single-family home was already evacuated upon their arrival and with the use of handlines they were able to extinguish the fire, which originated from the home's garage. Thankfully the fire did not extend into the home and the department reported that the structure received no damage from the flames.

Plymouth Fire-Rescue was assisted for this fire by Ashland, Bristol, Campton-Thornton, Holderness, and Rumney. Medical coverage that morning

came from Stewarts Ambulance and Warren-Wentworth Ambulance, while New Hampton Fire Department also covered Plymouth during the incident. Additional support was received by both Plymouth and Plymouth State University police, along with Plymouth Village Water District and the NH Electric Co-op company.

Just a few short hours later, as PFRD was still repacking their equipment from the early morning fire, they were once again toned out to a build-

SEE PLYMOUTH PAGE A6

Get ready for an unforgettable online auction adventure with Pemi-Baker Hospice & Home Health!

BY ANNA SWANSON
Pemi-Baker Hospice & Home Health

PLYMOUTH — Get ready to embark on an adventure of generosity and excitement right from the comfort of your couch! Pemi-Baker Hospice & Home Health is thrilled to announce our upcoming online auction extravaganza, set to dazzle and delight from May 1 to May 31.

Picture yourself scoring fantastic deals on scores of treasures, ranging from tantalizing restaurant gift certificates from the Lakes Region of Meredith, to thrilling mountain escapes in Lincoln, NH. But wait, there's more! Dive into the bidding frenzy for pontoon boat rentals, captivating artwork, and swag galore from esteemed ski shops, breweries, and coffee havens.

We're not just here to hype up the fun - we extend heartfelt thanks to our incredible Business Sponsors whose unwavering support has brought this event to life. With their generosity, we're able to showcase over 120 dazzling items, ensuring an unforgettable auction experience.

Your participation isn't just about scoring amazing finds; it's about making a meaningful impact. Every bid fuels our mission at Pemi-Baker Hospice & Home Health to provide compassionate end-of-life care, essential home health services, and invaluable grief & caregiver support to those in need, regardless of their financial circumstances.

So, mark your calendars, rally your friends, and get ready to bid boldly for a cause close to your heart. Visit our auction website starting May 1 at www.32auctions.com/PemiBaker24 and let the bidding wars begin!

Thank you for joining us on this exhilarating journey, supporting Pemi-Baker Hospice & Home Health, where every bid brings comfort, care, and hope to our community. For more details about our services and how you can make a difference, visit www.pbhha.org. Let's make this auction one for the books!

We extend our sincere gratitude to all of

our Business Sponsors who generously contributed to this event. Their support has made this auction possible, and we are grateful for their dedication to our cause. Thank you to Rockywold Deephaven Camps, Speare Memorial Hospital, Mimecast, Dumont Construction, Waterville Valley Realty, Mid-State Health Center, Bank of New Hampshire, Northway Bank, Noyes Insur-

ance, Meredith Village Savings Bank, Sheehan Phinney, New England Employee Benefits Company, R.M. Piper Inc., Roper Real Estate, Mountain Fare Inn, the Vascak Family, Van Sickle Family, Arsenault family, Varin Family, Waters family, Di Salvo family and the Lovett-Woodsum Foundation.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proud-

ly serving 32 towns in central and northern New Hampshire since 1967. Expert services include at-home health-care and physical therapies (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Provid-

ing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us, please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: @pembakerhospicehomehealth.

Local fire crews tackle stubborn blaze in Rumney

BY DONNA RHODES
CONTRIBUTING WRITER

RUMNEY — Just before 5:30 p.m. on Saturday, April 27, the Rumney Fire Department, along with the Wentworth and Plymouth fire departments on automatic response, were called to a chimney fire with extension to the building at 110 Old Route 25.

Rumney's Fire Chief, Evan Hacker, arrived on scene 6 minutes after the tone to find smoke showing from the eaves on all sides of a two-and-a-half story wood framed single-family home and requested a First Alarm assignment.

Hacker made contact with the homeowner and confirmed all occupants were out of the building; shortly after, Rumney Engine 2, Deputy Chief Kevin Pierce from Plymouth Fire-Rescue Department, a Wentworth fire fighter and Plymouth Tower 1 arrived at the scene.

Plymouth's Tower was positioned for an aerial attack on the fire and sent a crew to the roof where they began cutting vent holes to release smoke and heat from the structure. At the same time Wentworth and Rumney crews, led by Plymouth's

Deputy Chief Pierce began an aggressive interior attack. Crews were met with high heat and zero visibility as they made their way to the second floor. Once there they encountered heavy heat and fire conditions.

As additional resources arrived, crews rotated in fire attack and overhaul.

Hacker reported this fire was tough to locate and extinguish. The house was a large building with additions and many void spaces with plaster and lathe walls and ceilings. At the height of the fire there were four hose lines in operation and three outside vent crews working.

The incident ultimately went to three alarms to bring in more manpower to help with the labor-intensive con-



COURTESY — RUMNEY FIRE DEPARTMENT

Crews from 17 communities helped Rumney Fire Department battle heavy smoke conditions and a stubborn blaze last Saturday evening on Old Route 25. For many of them it was their third response to multi-department fires that day.

ditions and operations. The result was approximately 60 firefighters on hand, both at the scene and providing water supplies from a dry hydrant on Route 118.

One firefighter was injured and transported to Speare Memorial

Hospital in Plymouth for evaluation. The name and town that person was from was not disclosed but the injuries appeared to be minor, Rumney's report read.

While the home was heavily damaged, in the midst of the blaze, crews

were able to recover a collection of rare antique phonographs and records valued at over \$200,000.

Crews remained on scene until approximately 10 p.m.

"Great job by all," Hacker said the next day on the department's social media page. "This was a stubborn and dangerous fire. Most of the crews on the scene have been working at several multiple alarm fires in the area over the past week."

The exact cause of the fire remains undetermined at this time as an investigation continues.

The chief wished to thank all the departments that assisted his department that evening and provided emergency cover services for the

SEE RUMNEY PAGE A3

Mid-State Health Center announces new CFO and COO

PLYMOUTH — Mid-State Health Center is excited to introduce Brian Wall, MBA as our new Chief Financial Officer, as Bill Sweeney, MBA makes the transition from CFO to Chief Operating Officer. Bill has been committed to Mid-State for 27 years, and has been a staple with the company since. We are looking forward to watching Sweeney grow within this new capacity as he did while operating as CFO. Mid-State is thrilled about the addition of Wall to our administrative leadership team, as he brings a wealth of knowledge and a new perspective to the CFO position.

The valuable insight from Brian Wall will greatly benefit Mid-State Health, as he has experience in a variety of different fields and has generated growth when implementing his designs and ideas. Wall has a strong educational background, receiving his Bachelor of Account-



COURTESY

Brian Wall and Bill Sweeney.

ing and Computer Science from Quinnipiac University, and continuing to earn his Master of Business Administration from Boston University. Mid-State Health is in great hands with Brian as our CFO, as Bill Sweeney moves forward into his new position as COO.

Sweeney has been a part of the Plymouth community for many years. He received his Bachelor of Science in Accounting from Plymouth State College, and returned to Plymouth State University for his

Master's Degree in Business Administration, with a Graduate Certificate in Health Care Administration, in 2013. Since then, he has been a dedicated member of Mid-State's administrative leadership team and has helped drastically improve our operations, financial viability, and culture. As our new COO, Bill will continue to help drive Mid-State's mission and growth in Plymouth and the surrounding communities.

Mid-State's CEO, Robert MacLeod, comments, "Bill has been with Mid-State through its many phases. His consistent commitment to our patients is what is going to allow him to excel in the role as Chief Operating

Officer. We're excited to have Bill remain on our team in a new capacity, and welcome Brian as our Chief Financial Officer. They're a great team and we are looking forward to what they are able to accomplish."

With Wall and Sweeney working together as CFO and COO, Mid-State is excited for the path ahead with the valuable knowledge that they both bring, and we are thrilled to have a strong team as we transition into our next chapter.

About Mid-State Health Center

Mid-State Health Center delivers primary care and supportive services at locations in Bristol, Plymouth, and Lincoln, offering medical services, dental services, behavioral health counseling physical and occupational therapy, imaging, infusion, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

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PSU Business students organize Seventh Annual Climb Above Addiction fundraiser event

PLYMOUTH — Plymouth State University (PSU) students have organized the 7th annual Climb Above Addiction fundraiser event on Saturday, May 4, from 11 a.m. to 2 p.m., at the Plymouth Town Common. The free, public event builds awareness, combats stigma and raises thousands of dollars each year to support prevention and recovery programs in partnership with Communities for Alcohol- and Drug-Free Youth (CADY) and other local mental health and substance use disorder recovery organizations. It also raises money for the Plymouth State Climb Above Scholarship, which supports PSU students facing any kind of serious adversity.

“Climb Above Addiction is completely driven by our Plymouth State students. I am immensely proud of their unwav-

ering dedication to making a difference in our community and their leadership in championing a cause that touches the lives of so many,” said Professor of Business and Management Program Coordinator Bonnie Bechard, Ph.D. “Furthermore, the event would not be possible without the support of so many local organizations in our community for which we are so grateful.”

PSU President Donald L. Birk, Ph.D., and CADY Executive Director Debra Naro, M.Ed., will deliver opening remarks at 11 a.m. The event will then kick off with a performance by the Fiddlehead Field Youth Orchestra from Camp-ton, New Hampshire, an afterschool program featuring 24 performers ranging in age from four to 17 years old. It will also feature festival food and

family friendly activities such as corn hole, face painting, arts and crafts, rock painting, a DJ and more. CADY and other local recovery organizations such as The Plymouth House and Mid-State Health Center will be represented with tables at the event.

Attendees will be invited to make monetary donations in jars placed throughout the park, directly to CADY online, or by participating in certain activities like the Pluck a Duck Raffle or the Pie for Prevention Contest.

At 1 p.m., Andrew Seefeld, MD, the medical director for Spaulding Memorial Hospital’s emergency department, will give the keynote address, sharing his personal experiences and discussing the importance of mental health and the role mental illness plays in substance use disorder.

Closing remarks will be delivered by Justin Finn, an investment advisor for professional athletes and the founder of Finn Wealth Advisors in Portsmouth, who will share his personal journey to recovery.

This year’s primary sponsors are Loon Mountain Resort and The Plymouth House.

Climb Above Addiction is organized by students in the Event Planning and Marketing Class at PSU, which is taught by Bechard, with the support of business students in the ENACTUS student organization. Bechard and her students have been recognized by the annual CADY Prevention Summit with a special dedication in 2019 and the 2023 John W. True Award for Excellence in Commitment to the Youth.

To learn more about Climb Above Addiction

or to donate to the cause, visit www.climbaboveaddiction.com

To learn more about

Plymouth State University, visit www.plymouth.edu.

Newfound Nature Station explores animal migration

HEBRON — Join the Newfound Lake Region Association (NLRA) as we look at animals that make amazing journeys during Newfound Nature Station, a free program that connects youth and families to the natural world.

This event will be held at Grey Rocks Conservation Area at 178 N Shore Rd., Hebron, on May 14 & 18 from 10 a.m. to noon. As we head toward peak spring migration in North America, many different kinds of animals are on the move—some returning to New Hampshire for the breeding season and others heading farther north. From birds to bats to butterflies, and beyond, join us to learn about migrations long & short and check out the many birds reappearing after a winter farther south, plus make a craft to take home. This program is free and open to all.

Newfound Nature Station, along with other family programs and events, is part of NLRA’s year-round work to encourage residents and visitors to enjoy the natural beauty around them, learn more about the environment and how to protect it, and fall in love with the Newfound Watershed. By connecting the people of Newfound to the wonders around them, NLRA works to inspire the next generation of stewards and fulfill the mission of protecting Newfound Lake and its watershed. Along with programs like Newfound Nature Station, NLRA maintains Grey Rocks Conservation Area in all seasons as a place for people and wildlife alike. It offers walking trails, a picnic area, fishing alcoves, and a non-motorized boat launch and is frequented by wildlife like loons, turtles, and bald eagles as well as people. Learn more about NLRA including other upcoming events at NewfoundLake.org.

Taco Night returns to Grafton May 5



GRAFTON — Grafton residents are invited to the Second Annual Taco Night May 5 at the Town Hall on Turnpike Road. Enjoy tacos, a side and a drink for only \$5 from 5-7 p.m., or until we run out! Same prices as last year! Please join us.

NLRA hosting guided hike of Hazelton Farm and Forest conservation lands

HEBRON — Join the Newfound Lake Region Association (NLRA), Newfound Land Conservation Partnership (NLCP) and landowners Paul and Mary Hazelton for a guided hike of their conserved land Friday, May 17 at 9 a.m. The season’s first hike of conserved lands in the Newfound Watershed, this event is dedicated to the memory of Suzanne Smith who was a firm supporter of conservation in the area. The Hazelton Farm and Forest along the Cocker-mouth River in Hebron is conserved for agricultural and forestry use. This moderate hike is approximately three miles. Registration is required, and space is

limited. Register online at NewfoundLake.org/events or call 603-744-8689.

The NLCP is a collaboration among NLRA, the Society for the Protection of NH Forests, the Lakes Region Conservation Trust, the Nature Conservancy, and volunteer representatives from the towns of Hebron, Groton, Bristol, Bridgewater, and Alexandria. Since 2009, the Partnership has worked to promote land conservation within the Newfound Watershed through education and com-

munity outreach and has supported efforts to conserve nearly 8500 acres. Learn more about conservation in the Newfound Watershed and why land conservation is important at NewfoundLake.org/NLCP.

Land conservation is an important part of NLRA’s work to protect the high-quality waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. Through water quality and invasive species monitoring, educational events such as guided hikes

and nature activities, and land conservation efforts that protect open spaces and help manage stormwater pollution, NLRA approaches conservation at the watershed level. You can learn more about NLRA’s initiatives at NewfoundLake.org.

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Rumney

FROM PAGE A2

town. Among those were Ashland, Bridgewater, Bristol, Campton-Thornton, Canaan Fire and Emergency Management, Center Harbor, Haverhill, Hebron, Holderness, Meredith, New Hampton, Orford, Warren, Waterville Valley, Wentworth and Woodstock fire departments and Warren-Wentworth Ambulance Service. Also assisting the crews were Rumney Police Department, Lakes Region Mutual Fire Aid and the NH Electric Co-op.

A special thanks was also expressed for the Rumney Fire Auxiliary, Patty Welch, Market Basket, and an anonymous donor who provided food and water to feed all the firefighters.

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SALMON PRESS, THURSDAY, MAY 2, 2024

CADY Corner

Letters to the Editor

The red tulips are blooming!

BY ELIZABETH BROCHU

Contributor

Last October, CADY's Youth's Youth Advisory and Advocacy Council (YAAC), participated in the 2023 National Red Ribbon Week "Plant the Promise" Campaign. Partnering with Plymouth State University and Joyce Weston of the Town of Plymouth's Beautification Committee, the young leaders planted red tulip bulbs in front of the ECO House above the Plymouth Rotary. The red tulips are in honor of National Red Ribbon Week and serve as a powerful reminder that substance misuse prevention is an ongoing, year-round community endeavor.

The "Plant the Promise" campaign is a national program that encourages families and community members to plant red tulip bulbs in the fall and watch them bloom in the spring!

The YAAC's goal for Plant the Promise is to reach as many young people and families as possible and demonstrate their commitment to a drug-free New Hampshire. The red tulips are a great opportunity for parents to start conversations and talk to their kids, and other parents, about the dangers of substance misuse. Kids who learn about the risks of drug use from their parents are significantly less likely to use drugs.

Here are some suggestions for how parents and their kids can create a healthy relationship that includes open conversations about the risks of using drugs:

Advice from a YAAC youth leader for Parents:

Safe environment - Ideally, kids should not engage in situations with alcohol and drugs at all. It is important to create a safe environment that is conducive to open conversations, so if your child makes a mistake, they will feel comfortable seeking your counsel.

Trust is important - It is important to know the influencers in your child's life: who they are hanging out with and where they are spending their time. But it is also important to create a level of trust between parent and child that they will not want to break.

Talk early and talk often. Talk about the harms of substance misuse and teach healthy coping strategies when children are young. Help them practice saying "No," because it is often harder to do in reality than it sounds.

Advice from a YAAC for Kids:

Tell the truth - It is better to start with the truth. It takes less time to be honest than to lie about things, and parents will be more willing to listen and help when you tell the truth.

Follow your gut - We have a built-in gut response when we feel something is wrong. Stick with it and follow your instincts.

Know who you are hanging out with - Some people around you may be making unhealthy choices. This does not mean they are bad or mean, but hanging out with people who are using alcohol or drugs will put you in risk of doing something that goes against your better judgment.

Peer pressure is real - Saying "No" to using drugs or alcohol can be hard in some situations, especially if you are not used to it! Role play some situations where you might need to say "No," even if it makes you uncomfortable. The more prepared you are, the better!

Find people who will support you and your choices - the best option is to find people to be friends with who make healthy choices and want you to make healthy choices as well. True friends want the best for you and encourage each other to be healthy and happy.

The YAACs are a group of Plymouth Regional High School students who are passionate about preventing substance misuse. They work with CADY to educate, engage, and empower their peers, younger students, and strive to affect powerful community and statewide change, for everyone, especially children and youth to lead healthy, drug-free lifestyles.

For more information about Red Ribbon Week, Parenting for Prevention, and how your child can participate in Plant the Promise, please see enclosed information, or go to redribbon.org.

For more information about parenting for prevention, visit the following resources:

Get Smart About Drugs: <https://www.getsmartaboutdrugs.gov/content/talking-your-child-when-you-suspect-drug-use>

Parent Talk Kit: <https://drugfree.org/wp-content/uploads/2017/02/MAP-Parent-Talk-Kit.pdf>

CADYINC.ORG

Thank you for being part of the solution!

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

The show will go on because of you!

To the Editor:

Downtown Plymouth suffered a devastating fire recently, one that changed the face of Main Street and threatened our more than 100-year-old entertainment venue, The Flying Monkey.

Our theater was filled with more than 450 guests, musicians, and staff when one of our employees discovered that a fire had started at a neighboring building. Our staff called 911, pulled the fire alarm at The Flying Monkey, and safely and calmly evacuated everyone in just over three minutes.

Plymouth police and fire departments were on scene quickly, and were joined by dozens of first responders from surrounding communities who worked tirelessly to put out two building fires, while protecting The Flying Monkey from meeting the same fate.

Our staff and the emergency personnel who responded are true heroes. We are so proud of them for their quick thinking, fast action, and tireless efforts that night.

Foreigners Journey and lead singer Constantine Maroulis were stopped mid-set by the fire alarm, and assisted our crew in calmly asking guests to evacuate. We are grateful to them as well.

We appreciate the outpouring of support from our local Plymouth community and beyond. We've heard from neighbors, guests, musicians, and others who have reached out to offer any help we need. Thank you for being there for us.

The Flying Monkey prides itself in being the heartbeat of Main Street, providing top-rate entertainment and a place for our community to gather, right in downtown Plymouth. Our marquee is shining bright and our hall is filled with the sounds of music and laughter once again, thanks to the valiant efforts of all.

Because of you, the show will go on!

With gratitude,

Alex Ray
Owner and Founder
The Common Man Family

Comfort Keepers

What to pack (and not to pack) for the hospital

BY MARTHA SWATS

Owner/Administrator

Comfort Keepers

Well-planned packing helps make vacations more enjoyable. Likewise, what you pack for your own or a loved one's admission to the hospital can make for a smoother, less stressful experience.

The following is a review of necessities for a hospital packing list, as well as items that can make a hospital stay more comfortable—plus those things that are best left at home.

Must-have items and information

Important medical documents and health care information serve as you or your loved one's passport to the hospital. Be sure to bring:

Photo ID

Insurance and Medicare cards, along with pre-certification and other documentation required by insurers

A list of all the medications—prescription and over-the-counter—you or your loved is currently taking, along with the dosage. (However, in most cases, hospitals ask that you bring only those medications that the physician requests.)

A copy of advance health care directives, such as durable power of attorney for health care and living will

A personal health record that includes information such as allergies, health conditions, immunization record and reports of recent tests or physical exams

Reports your physician gave you to bring to the hospital

A list of telephone numbers of family and friends to be contacted as needed

To avoid misplacing any of the important paperwork and information—which is critical for facilitating a patient's treatment—keep it all together in one folder.

For your comfort

Hospitals often encourage patients and their families to bring other items to help make a hospital stay more pleasant or comfortable. Hospitals

provide gowns and toiletries, but they generally invite patients to bring their own pajamas, bathrobe, cardigan sweater, non-slip socks or slippers, comb, brush, lotions, toothbrush and toothpaste, and lip balm. However, avoid perfumes and any highly-scented products. Keep in mind that short sleeves are best to accommodate intravenous lines.

Check ahead of time to find out what the hospital will allow. This information often can be found on the hospital's Web site.

Other things to bring include:

Protective containers for holding eyeglasses or dentures when not in use

Books, magazines, crossword puzzles to help pass the time

Paper and pen for jotting down notes and questions—to help you remember to ask doctors or nurses when they are in the room

A small amount of money for newspapers and magazines and other items from the gift shop or vending machines.

Photos or small personal items. However, keep in mind that space is limited.

Clothing to wear home at discharge

Items to leave at home

Hospitals cannot be responsible for patients' personal belongings. Generally, they recommend against bringing valuables. Specific things to leave off the packing list:

Cell phones. In most cases, these are not permitted in patient care areas, as they can interfere with heart monitors and other patient monitoring equipment

Tobacco products, because smoking is prohibited in health care facilities

Credit cards, checkbooks, large amounts of cash, jewelry, high-end portable music players and other valuables, as they can easily be stolen amidst the activity of a hospital patient care unit

Before bringing any type of electronic items, check the hospital's policy. Items that need to be plugged in generally are forbidden as their wiring does not meet hospital-grade standards. If you or a loved one does bring a portable electronic device, make sure it is in the care of a friend or loved one while the patient is sleeping or out of the room.

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Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide companionship and support physician-prescribed exercise regimens, provide transportation to appointments and help to families that want to stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship,

transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent.

Please call 603-536-6060 or visit our Web site at nhcomfortkeepers.com for more information.



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CALL: 603-677-9084

TO SUBMIT A LETTER

TO THE EDITOR:

E-MAIL: brendan@salmonpress.news

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Talk of the Towns

News from our Local Correspondents

Ashland

David Ruell 968-7716
davidruell@gmail.com

Take Your Child to the Library Day

The Ashland Town Library is celebrating Take Your Child to the Library Day on two days next week, from 3 to 5 p.m. on Wednesday, May 8 and from 10 a.m. to noon on Saturday, May 11. There will be activities and snacks and a giveaway of children's books and bookbags. So bring your child to the Ashland Town Library.

Library Crafting Group

The Ashland Town Library's Saturday Crafting Group will meet at 10 a.m. on Saturday, May 18, to learn how to Color Your Own Ceramic Coaster. All supplies are provided. But, as space is limited, registration at the Library is necessary.

Fourth of July preparations

The Fourth of July is fast approaching, and the committee in charge is making final preparations for the holiday celebration. Four thousand brochures will be printed for distribution in June. The parade rules will be updated at the Committee's May meeting. Three local young ladies will sing the national anthem. Buttons for sale and shirts for the kickball teams will be ordered. A meeting for volunteers will be held on Thursday, June 18, which the committee hopes many will attend as it takes volunteers to make our biggest celebration a success.

Bristol

Al Blakeley
adblakeley0@gmail.com

Um, I think I saw a

black fly yesterday...it must be Spring!

All dogs needed to be registered by April 30. If you have not licensed your dog, please do so, as a \$25 civil forfeiture will be added to any owner whose dog is not licensed in the Town of Bristol.

The Pasquaney Garden Club seeks to be a contributing partner in the beautification of many areas in our community. This includes the planting and summer maintenance of some town planters and several small garden areas such as the Bristol Town Line signs, the beach signs and similar small gardens. If you are interested in helping with these endeavors, there are many opportunities, such as workdays in the Butterfly Garden behind the Minot-Sleeper Library on the following dates: May 7, June 4 & 11, July 9, Aug. 6 & 27, Sept. 10, and Oct. 1 & 22 and a special transplant day on May 22 for the plant sale to be held on June 1 from 9 a.m. to noon at the MSL.

On Tuesday, May 21, there will be a meeting at the Minot-Sleeper Library to help organize town planting areas covered by the club. All interested volunteers are asked to attend this preparation meeting. Many hands make beautiful plantings.

The Annual Opening Day Baseball, Softball and T-Ball Ceremony will be on May 4 to kick off the Summer Season. T-Ball ceremonies will start at 9am and the rest of the teams will follow at 10am. The TTCC is looking for volunteers or community partners to join their team. Umpires and other volunteers are needed for the upcoming ball season.

For more information on how you could help, call 744-2713 or email info@ttccrec.org.

Granite State Track and Field registration is now open for the 2024 season. Practices will be on Fridays from 6-7 p.m. and Sundays from 4-5 p.m. beginning on May 3 and going through

State Meet on June 15 on the Mills Oval track at Newfound Regional High School. There is a fee of \$25 and you can register at www.ttccrec.org. Contact the TTCC for any questions.

Looking to help support your favorite non-profit organizations? The NH GIVES on-line fundraiser will be held on June 11 and 12 this year. Our TTCC is looking forward to having support for their programs such as: Every Child is Ours, Weekend Food Supplement Program, Operation Warm-Winter Clothing Drive and the Afterschool and Summer Camps Programs.

Registration is now open for teams of four for the Tee it up 'Fore' the Kids Golf Classic Fundraiser for the TTCC. A super fun event that saw an amazing group join in for a very successful tournament last year and hoping that this year will top that. The TTCC is looking for event sponsors, prize sponsors players and more to help with this year's success. If you can lend a hand, donate a sponsor prize or try your luck on the links, the TTCC would love to hear from you. Register soon as spots fill up fast!

Paul Hogan's Shooter's Gold Basketball Camp is coming to the NMMS gym on June 24 - 27.

The camp will feature

two Sessions; Session I for boys/girls in grades 1-4 from 8-10 a.m. for \$93, and Session II for boys/girls grades 5-8 from 8-12pm for \$120. Email: hogancamps@yahoo.com or Web site: www.hogancamps.com.

A Cemetery Workshop will be held on Friday, May 17 at the Keyser Cemetery on Keezer Road at 9:30 a.m. This workshop will be hosted by the Town of Bristol Cemetery Trustees with John Lord from the NH Old Graveyard Association. Parking will be very limited. This will be a hands-on workshop where participants will learn the proper way to straighten leaning headstones, how to re-seat a headstone whose top is no longer attached to the base, how to repair a broken headstone and the proper product to use, how to clean a headstone using the proper cleaning agent and brush. If you plan to attend, please send an email to dickie752@gmail.com or phone 603-455-5264. There will be a make up date of May 31. You will need to dress for the occasion with proper footwear. The workshop will be for up to four hours. There are no facilities at this cemetery.

The Bristol Water Department will be flushing hydrants from April 29 to May 17. You may experience a temporary pressure drop or some discoloration in the water for a short period of

time. If you have any questions or concerns, please contact the office at 744-8411.

If you are a condo, property owners, or homeowners association, the Land Use Office needs to know who your current President/Officers are and when you hold elections. The law requires the notification of abutters in an association to be sent to that office. In many instances, the Land Use Office does not have that information or it is outdated. By gathering this information, it will allow the Land Use Office to reach out annually after an election, to update, if applicable, any changes in the officers. Your cooperation and assistance would be greatly appreciated. Please reach out via email to Donna Sullivan, Land Use Administrative Assistant: landuseadmin@bristolnh.gov

Planning a Yard Sale? Be sure to check with the Land Use Department at the Bristol Town Office regarding signage and other requirements of the Town Ordinance.

I've noticed a lot of damage to shrubs around town that has been caused by hungry deer this winter. I'm hoping they bounce back to their original condition, as they don't look healthy! The shrubs, I mean...

Campton-Thornton

Joël Freeman 398-4368
bearfootfarm@aol.com

Thornton Public Library
Join us for story time on Wednesdays at 10:30 a.m.!

Community Yard Sale

Mark your calendars for the Campton Historical Society Community Yard Sale on June 1 from 9 a.m. to 3 p.m. The Campton Historical Society is located at 529 NH Route 175, 1 mile north of Blair Road. To reserve a spot, a \$15 non refundable fee (checks payable to the Campton Historical Society is required. This event will take place rain or shine. Bring your own tables and/or tents. (NO political displays, please). For more information, email ddjoyce6856@gmail.com.

Other community events this same day include the Campton Congregational Church - 250th Anniversary. Join them at 10 a.m. for coffee & donuts, fire department BBQ lunch, and at 5 p.m. free spaghetti supper, displays and live music throughout the day. The Campton Elementary School PTO will host their Outdoor Craft Fair from 9 a.m. - 3 p.m. a Bake Sale, Touch-a-Tru and more!

Holderness

Fran Taylor 968-3846

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Plymouth

FROM PAGE A1

ing fire, they were once again toned out to a building fire at 219 Old North Main St.

Responding in just minutes, Plymouth FD's Car 2 observed from Main Street that a heavy column of smoke was rising in the area and requested an immediate First Alarm. Upon arrival moments later, that request was upped to a second alarm when heavy flames were seen coming from the rear of the three-story, multi-family building.

The first task of responders was to perform a search of the structure. Once they found all residents were evacuated they then began to attack the blaze.

Two male occupants and a juvenile, however, were treated for smoke inhalation.

At the end of the tough battle the building was declared a total loss and Deputy Pierce requested that Red Cross be notified to provide assistance to four adults and a juvenile who were displaced as a result of the fire.

Among the many municipalities assisting Plymouth with this second fire of the day were Ashland, Bristol, Camp-

ton-Thornton, Center Harbor, Holderness, Meredith, and New Hampton fire departments. Plymouth Police Department was also at the scene to assist the responders, as well as Warren-Wentworth EMS, Stewarts Ambulance, NH Electric Co-op and Plymouth Village Water District.

In his press release, Deputy Pierce said his department wished to thank not only their mutual aid partners for their valuable assistance, but their community partners and the entire community of Plymouth as well.

"In the past seven days, Plymouth has experienced three building fires and many other unusual emergencies. This is abnormal for this area, but all emergencies are mitigated with professionalism and safe fire ground operations," Pierce said. "The company businesses and residents stepped up to assist our firefighters in many ways. This is what makes the greater Plymouth area so special to live in."

The origin and cause of the fire remains under investigation by Plymouth Fire-Rescue and the New Hampshire State Fire Marshals office.

CHURCHES

Campton Congregational

Sunday, May 5
9:30 a.m. Worship Service led by Rev. Jeff Robie
10 a.m. Children's Sermon/Sunday School. Following Worship we gather for fellowship.

Tuesday, May 7
10:30 a.m. Bible Study
Noon BYOL Lunch
1 p.m. Ladies Guild Meets

Pastor Jeff Robie has been with Campton Congregational Church for a year and a half. His uplifting messages and kind spirit have made a positive impact on all of us. We are grateful to have him as our interim pastor and are now thrilled to announce that he will be continuing to lead us for the next three years. We are excited for all the good things that are in store for our church community with Pastor Robie at the helm. Campton Congregational Church is blessed to have a dedicated and inspiring leader.

Please join us Sunday mornings, as we come together to Worship God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world. Our Services are available on Facebook. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, Plymouth

We love to have visitors at our Sunday services, which we hold each week at 10 a.m. in our Emerson Street building. This week's Bible lesson begins with this verse from Romans: "For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor pow-

ers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord." Christian Science churches in more than sixty countries around the world will be reading this lesson next Sunday.

Children and teens are invited to visit our Sunday School which is held at the same time as this service. Students learn how the truths and lessons in the Bible can help them learn to pray for themselves, their community and the world.

Our Wednesday meetings which are held at 6 p.m. each week include short readings from the Bible and from the Christian Science textbook with thoughts to help meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. Everyone is welcome.

Please visit our Web site at www.cs-plymouth-nh.org if you would like to join in our services by zoom.

The Reading Room in our church building is open Monday noon to 2 p.m. You're welcome to come in to browse, borrow books and resources which include Bible reference materials and

many other books and publications. There are free magazines which you are welcome to take as well.

At jsh-online.com there are new articles each week, many with audio. There's a whole section of articles and ideas especially for teens and the challenges they are facing. This week there is a podcast interview on the subject "God meets every need - really?"

Wentworth Congregational

Here is our list of upcoming speakers:

Our services are now at 10 a.m., except for the first Sunday Communion Service in West Rumney, which is at 9 a.m.

May 4-Communion Service, W. Rumney 9 a.m.

May 12-Rev. Cindy Petrie-Special Service of Baptism with reception after the service

May 19-Joy Moody
May 26-Rev. Lynn Morrison



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ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd.
Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 16th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
9:30 Sunday morning Worship Service
Visit our Website:
<https://ashlandumc.faithlifefesites.com/>
for more information and recordings of the Services.
Pastor Roger Kleinpeter
1-603-254-7796

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 - September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants - five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
bristolbaptistchurch.org

Bristol United Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School
10 a.m. Worship Service • Child Care Available • 744-8132

Our Lady of Grace (part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (this is the only Mass on Sundays year round now).
Daily Masses: Tuesdays and Thursdays at 8 AM.

Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St. Plymouth, NH 03264.
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
"Digging Deeper" Service 3rd Sundays 7 p.m.
Food Pantry by Appointment
All are Welcome • Handicapped Accessible
Pastor Chuck Green

Campton Congregational
#495 Rt. 175, Campton
9:30 a.m. Sunday Worship Service
Nursery and Child Care Available
10:30 a.m. Tue. Bible Study for Youth & Adults
Rev. Jeffery Robie • 536-2536
Member NACC

New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton
(Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday, 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury
"All Are Welcome"
Rt. 104 - Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
Union Congregational Church
Union Congregational Church
15 Church Lane, Hebron
603-744-5883
We welcome all persons
The Rev. Ralph S. English
Worship Service - Sunday 10am
Communion is celebrated on the first

Sunday of each month
A Coffee Hour following worship
Recorded Services on website
www.hebronchurchnh.org

HILL
Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Fellowship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Childrens' Ministries
Nursery provided at all services
Pastor: Rev. Daniel Boyce
Youth Pastor: Nathan Pelletier
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 - P.O. Box 613
Holderness, NH 03245
Worship Service - Sunday 10 a.m.
Rev. Chris Drew - 968-3219
www.holdernesscommunitychurch.org

NEW HAMPTON
New Hampton Community Church
(603) 744-8252
A Christian Church with a Family friendly atmosphere • Main St. New Hampton
10 a.m. Sunday Worship
Nursery care, Children & Youth ed.
Life Groups meet throughout the week at the church, in area homes and via ZOOM.
Pastor Scott Mitchell
pastorscott@newhamptoncc.org
<https://newhamptoncc.org/>
Join us also online:
<https://www.youtube.com/@NewHamptonCommunityChurch>

PLYMOUTH
Calvary Independent Baptist • 536-3024
115 Yeaton Rd., West Plymouth
8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service-Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m.-Sun. Service/Sun. School
Wed. 6:00-7:00-Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Tom Lopez (603) 998-4356

Gateway Alliance Church
9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education
9:45 a.m.
Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd, Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth
(603) 536-4700.
Office email: holytrinitynh@gmail.com
Communications coordinator:
Christine Chiasson email:
chrischiasson@holytrinityparishnh.org.
Pastor: Fr. Mark Dollard.
Instagram: holyTrinityNH.
FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ
4 Post Office Square
Morning Worship with Sunday School 9:30 am
An Open & Affirming, Just Peace, Anti Racism Church
536-2626, www.uccplymouth.org

Plymouth United Methodist Church
334 Fairgrounds Road
(603)536-1941
Sunday Morning Worship 9:30 am weekly

Restoration Church
319 Highland Street, Plymouth NH
10:30 am morning service
We Care Food Pantry
Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Rd., Plymouth
536-8908
9:30 a.m. Sunday Service and Church School & Nursery Care
Rev. Linda Barnes
www.starrkingfellowship.org

RUMNEY
Rumney Baptist Church
Rumney Baptist Church
Rev. Seth Powers, Pastor
375 Main Street • 786-9918
rumneybaptist.org
office@rumneybaptist.org
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Sundays: 10:00 a.m. Sunday Worship Service
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Relevant Bible teaching
Children's ministry
6:30 p.m. Mondays: Teen Worship Service
Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ
1218 Old Route 25, West Rumney
Sun. Worship 9 a.m., All are welcome.

THORNTON
Thornton United Methodist
22 Church St., Thornton
Off Cross Road between Rts 3 & 175

Call 603-726-3774 for more information or to leave a message.

WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
Rev. Dr. David Palmer • 787-6887

WENTWORTH
Grace Bible Church of the White Mountains
259 Moosilauke Hwy. (NH-25)
Sunday Schedule:
Sunday School - 10:00 AM
Worship Service - 11:00 AM
Wednesday Schedule
Bible Study - 6:30 PM
Patch the Pirate Club for Ages 5-12
6:30 PM
Teen Youth Group - 6:30 PM
Choir/Chime Rehearsal - 7:30 PM
Live-streaming the Worship Service on YouTube
Nursery and Children's Church provided each service.
Handicap Accessible
Pastor: Rev. Steven Anglea
Phone: (603)530-2866
Mailing Address: P.O. Box 500,
Rumney, 03266
www.gbcnh.org

Wentworth Baptist Church Independent, Fundamental, K.J.V.
260 Cape Moonshine Rd.,
Wentworth
9:30 a.m. Sunday School
10:30 a.m. Sunday Service
1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
764-9800 www.wbcnh.org

Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept. thru May.
9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock, • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlke Jr.

Strong showing for shorthanded Bobcats in North Conway

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — The shorthanded Plymouth track team traveled to Kennett High School on Tuesday, April 23, for the Kennett Invitational, with the girls finishing in third place overall and the boys in fifth.

Reagan Sutherland picked up the win in the 800 meters with a time of 2:38.4, with Claire Gervez in fourth place in a time of 3:00.07.

Anna Boyer ran to the win in the 1,600 meters, clocking a time of 5:56.72, with Gervez in fifth place in a time of 6:23.52.

Anelie Flynn cleared 1.42 meters in the high jump to take first place overall and she added a second place finish in the 100-meter hurdles with a time of 19.26 seconds, with Maggie Pitman in fourth in 22.41 seconds.

The Bobcat 4X400-meter team of Sutherland, Boyer, Ellis Pietroniro



Anelie Flynn clears a hurdle in action in North Conway last week. JOSHUA SPAULDING



Tate Hayman won the 3,200 meters during the Kennett Invitational last Tuesday afternoon. JOSHUA SPAULDING

and Violet Towers finished in second place in 4:42.45 and the 4X100-meter relay team finished in fourth place in 58.39 seconds.

Aubrianna Stuart added a sixth place finish in the long jump with a distance of seven feet, 11 inches while Towers finished in fourth place in the 400 meters in a time of 1:08.17. Pietroniro was seventh in 1:11.12 and Gervez was 11th in 1:16.88.

Towers took fifth place in the 100 meters in a time of 14.5 seconds, with Courtney Sabato in 17th in 16.03 seconds, McKenzie Hickey in 28th in 16.6 seconds and Stuart in 29th in 17.01 seconds. Pietroniro picked up a seventh place finish in the 200 meters in 30.6 seconds, with Flynn in 11th place in 31.67 seconds, Sabato in 15th in 33.81 seconds and Stuart in 26th in a time of 36.05 seconds.

In the discus, Jyllian Thurston was sixth at 50 feet, 10 inches and Stuart was 18th at 23 feet, eight inches.

For the boys, Tate Hayman finished in first place with a time of 10:40.53, with Abraham Hankens finishing in

fifth place in 11:40.66.

Hayman was also second in the 400 meters with a time of 56.01 seconds, with West Thompson finishing in 13th in 1:01.45, Graeme Burtis in 16th in 1:02.75 and Alexander Ballou in 19th in 1:04.62.

Gabe Kean won the high jump, clearing five feet, eight inches, while in the shot put, Niko Furbish was 16th at 26 feet, 5.5 inches, Sebastian Sargent was 19th at 25 feet, 4.5 inches and Isaac Ahearn was 21st at 24 feet, 10.5 inches. Ahearn was ninth in the discus with a throw of 85 feet, three inches and Sargent was 22nd at 61 feet, seven inches.

Kean also finished in second place in the 200 meters with a time of 23.29 seconds, with Nathan Lyons in 10th in 26.59 seconds, Simeon Crane in 20th in 28.55 seconds, Yuriy Paul in 21st in 28.89 seconds and Harrison Dixon in 29th in 33.25 seconds.

Lyons finished in fifth place in the javelin with a throw of 115 feet, four inches, Sargent was 19th at 75 feet, Furbish was 23rd at 51 feet and Draven Isabelle was 26th at 43 feet, five inches.

Lyons also placed sixth in the 100 meters with a time of 12.55 seconds, while Crane was 25th in 14.07 seconds, Paul was 28th in 14.34, Furbish was 31st in 15.04 seconds and Dixon was 34th in 16.5 seconds. Thompson took 12th in the 800 meters in 2:38.16, Burtis was 14th in 2:39.93, Will Smoker was 15th in 2:39.97 and Ballou was 17th in 2:49.68. Smok-

er was also ninth in the 1,600 meters in 6:09.6.

Plymouth's 4X100-meter teams finished in third (49.05 seconds) and fourth (1:00.18) place while the 4X400-meter team finished seventh

place overall in 4:19.15. The Bobcats are slated to compete at Con-Val today, May 3, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

High School Slate

Thursday, May 2
NEWFOUND
Baseball vs. Belmont; 4
PLYMOUTH
Girls' Lacrosse vs. Bow; 4
Softball at Souhegan; 4
Friday, May 3
NEWFOUND
Baseball at White Mountains; 4
Softball at White Mountains; 4
PLYMOUTH
Boys' Lacrosse vs. ILMA; 4
Boys' Tennis vs. Monadnock; 4
Girls' Lacrosse at ILMA; 5:15
Track at Con-Val; 4
Saturday, May 4
NEWFOUND
Track at Inter-Lakes; 10
PLYMOUTH
Boys' Tennis vs. Kearsarge; 10
Monday, May 6
NEWFOUND
Baseball at Gilford; 4
PLYMOUTH
Baseball vs. Laconia; 4
Boys' Lacrosse vs.

Kearsarge; 4
Boys' Tennis vs. Kennett; 4
Girls' Tennis at Kennett; 4
Softball vs. Laconia; 4
Tuesday, May 7
NEWFOUND
Softball at Gilford; 4
Track at Gilford; 4
PLYMOUTH
Boys' Tennis vs. Profile; 4
Girls' Lacrosse at Kennett; 4
Girls' Tennis at White Mountains
Wednesday, May 8
NEWFOUND
Baseball vs. Berlin; 4
Softball vs. Berlin; 4
PLYMOUTH
Baseball at Kingswood; 4
Boys' Lacrosse at Gilford; 4
Boys' Tennis at Gilford; 4
Girls' Lacrosse vs. Gilford; 4
Girls' Tennis vs. Inter-Lakes; 4
Softball at Kingswood; 4
All schedules are subject to change.

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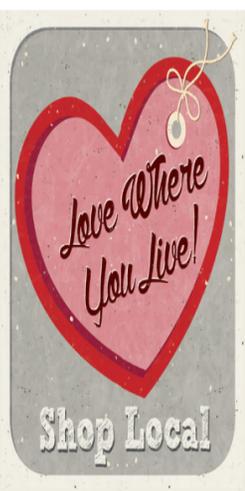
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THE REAL REPORT

Town	Address	Type	Price	Seller	Buyer
Alexandria	Perkins Hill Road	N/A	\$433,000	Diana L. Corneau	Lisa Downey and David Norman
Ashland	18 Circle Dr., Unit 52	Condominium	\$312,533	Mark S. and Patricia M. Plichta	Marylyn Styles
Ashland	12 N. Ashland Rd.	N/A	\$182,000	West Street Development LLC	Jennifer Duncan
Bridgewater	N/A	N/A	\$450,000	Melissa K. Farncomb	Jeffrey A. and Karen L. Stockla
Dorchester	N/A	N/A	\$185,000	Edward and Michele Dambruoso	Richard N. Dambruoso
Hebron	Spectacle Pond Road	N/A	\$100,000	David E. Marcus	Peter Lawrence
Plymouth	Route 3A	N/A	\$600,000	B.E. Frost Trust and Ehrhard Frost	Neng Yu and Thomas E. Crossley
Plymouth	Route 3A	N/A	\$850,000	Christian Andersen LT	Neng Yu and Thomas E. Crossley
Thornton	100 Beacon Hill Rd.	Single-Family Residence	\$465,000	Gerald Gateman Estate and Richard F. Gateman	Paul J. Elsholz and Holly A. Burbank
Thornton	Highland Pointe Road, Lot 14	Residential Open Land	\$75,000	Joshua Mello and Tracey Fitzpatrick	Patrick Mulligan
Thornton	Woodwinds Road	N/A	\$155,000	Douglas B. and Katherine P. Guttormsen	Nathaniel Fulton
Thornton	N/A	N/A	\$95,000	Shawn Quaglietta	Erika and Todd Griffin
Waterville Valley	20 Devereaux Way	N/A	\$1,035,400	Chinburg Development LLC	Jeffrey E. Witherell
Waterville Valley	Forest Knoll	N/A	\$581,000	Christopher J. and Kathleen M. Yard	Nicholas J. and Karin L. Petrucci
Waterville Valley	10 Greeley Hill Rd.	Single-Family Residence	\$845,000	Geoffrey M. and Anna W. Skillings	Lauren S. Holleran
Waterville Valley	29 Lost Pass Rd.	Single-Family Residence	\$1,785,000	Cutler Fiscal Trust and Andrew D. Cutler	Geoffrey and Anna Skillings

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Baseball

FROM PAGE A1

The week ended with a home game against Coe-Brown on Wednesday, April 24, and the Bobcats scored eight times in the fourth inning to pull away for a 13-0 win over the Bears.

"We took care of business, put the bat on the ball," said coach Chris Sanborn. "We'll take it."

The Bobcats got on the board in the bottom of the first inning after pitcher Johnny Flaherty set the side down in order in the top of the in-

ning. Noah Shaw singled with one out and stole second before Luke Diamond was hit by a pitch. A Thomas Daigneault walk loaded the bases and a Tyler Dekutoski base hit plated the first two runs.

Both teams went in order in the second inning and Flaherty worked around two base hits in the top of the third inning, getting a strikeout with both runners in scoring position.

In the bottom of the inning, Kyle Dodge worked a walk and stole second, Shaw walked and a sacrifice fly by

Diamond moved Dodge to third and he scored on a wild pitch. After a sacrifice groundout by Daigneault, another wild pitch plated Shaw and after a Dekutoski double, a base hit from Jaxon Rineer drove in another run and the Bobcats had a 5-0 lead after three innings.

Flaherty worked around a leadoff base hit in the top of the fourth inning, with Dekutoski making a nice play on a Coe-Brown bunt before the Bobcat hurler struck out the next two batters.

With one out in the bottom of the fourth,

Jake Sanborn walked, moved to second on a balk and to third on a wild pitch. After a Dodge walk, a wild pitch made it 6-0 and Shaw reached on an error to plate another run. Diamond walked and one out later Dekutoski walked, with Kadyon Smith taking over on the bases. Rineer beat out an infield hit to drive in another run and two wild pitches pushed the lead to 10-0. After a walk to Cavan Sanborn, another wild pitch pushed the lead to 11-0 and after a walk to Liam Rommens, a Will Foisy base hit

drove in two runs for the 13-0 lead. Bronson Paige kept the inning going with a hit before a strikeout ended the inning.

Flaherty then worked around a one-out base hit in the top of the fifth inning, striking out another batter to close out the 13-0 win.

Sanborn noted his team was lucky to be in position to have already played six games, using a pair of games over vacation week.

"We have to be ready coming out of vacation week," the Bobcat coach noted.

The week started with an exciting win over Pelham on Monday, April 22, as the Bobcats scored once in the seventh inning to tie the game at one and won in extra innings.

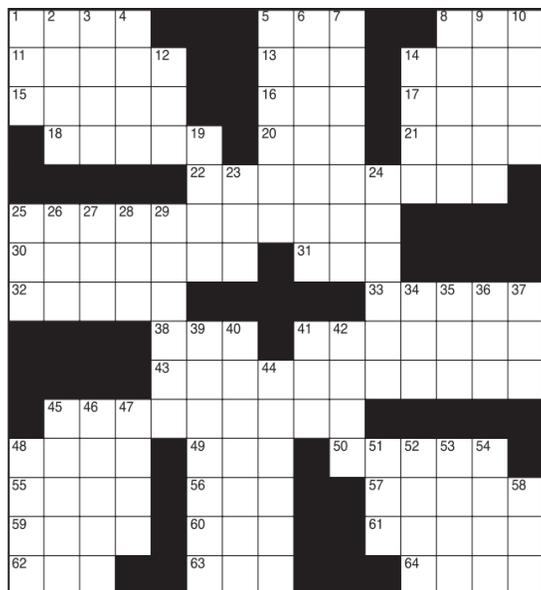
Down 1-0 with two outs in the top of the seventh, Rineer got a base hit to drive in the tying run and the Bobcats added a run in the top of the eighth inning for the 2-1 lead.

"(Logan) Finkle was dynamic on the mound," Sanborn said, noting the senior gave up just one hit and one run in eighth innings of work. He finished with 10 strikeouts.

The Bobcats are back in action on Monday, May 6 at home against Laconia and at Kingswood on Wednesday, May 8, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

TAKE A BREAK



- DOWN**
- Cool!
 - Hebrew unit of measure
 - Swedish rock group
 - College army
 - Favor over another
 - Called it a career
 - Egg-shaped wind instrument
 - Israeli statesman
 - Hurries
 - Slog
 - Midway between south and southeast
 - Benedictine monk
 - Self-immolation by fire ritual
 - Family of regulator genes
 - Surrendering
 - Political action committee
 - S. American plant
 - Long-term memory
 - Bark
 - Breathes in
 - Take hold of
 - Everyone has one
 - Valentine's Day color
 - Drivers' licenses and passports
 - Outer walls of castles
 - Enters with force
 - One thousandth of an inch
 - Deceased Chinese politician
 - Sugary secretion of plants
 - Expressed pleasure
 - Shelter
 - Utilizes
 - Forest resident
 - Fashion accessory
 - A sharply directional antenna
 - ___ Kristofferson, actor
 - A bad place to end up
 - MLBer Gordon

- ACROSS**
- Lions do it
 - In favor of
 - Rest here please (abbr.)
 - Pulpits
 - Leisure activity
 - Fertility god
 - Financial obligations
 - When you anticipate getting somewhere
 - Spanish river
 - Sporting events
 - Type of tree
 - Ceased to be
 - Persons
 - Synthetic resin
 - Relates to photochemical reactions
 - Father
 - Former Cowboys coach
 - City in Finland
 - Run batted in
 - Got through
 - They darken skin
 - In a harmful way
 - Form of weaving
 - City of Angels hoopster
 - Caucasian language
 - Syngman ___, Korean president
 - Sun up in New York
 - Paddled
 - Fishes
 - Affirmative
 - Nimble
 - Doctor of Education
 - Soviet Socialist Republic
 - A small island

GIFTS FROM THE GARDEN WORD SEARCH

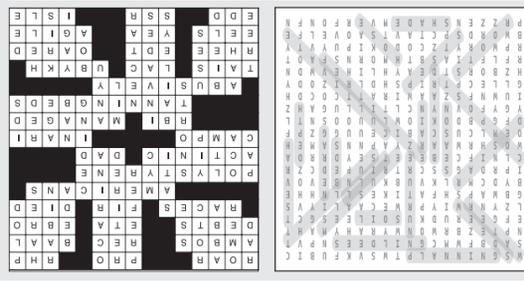
W S G N I N N A L P T W S V K F U B I C
 S A D B F W M C G N I L D E E S N P V T
 N P T E Z B R W O N W Y R A H Y M A H T
 E F G E E R U D K U S O I L E E S G C T
 L Z Y N R W I Y P R W E C A A L I Y V S
 G B W A P S H F A T I K E S L L N H H E
 B Y D C M R L K V U B K U L N B E V O V
 I P R D A G S S C R T R I U P E D C Z R
 C L N I F C E B E E T S E Y D R R D A
 W O S H R W A A R Z Y A P N N S A M E H
 O E M L C U S C A B I C E U U G G Z P F
 D F U G P B D O K I O W L U U O O S N T L
 Y G Y F O V N Y N C L T I L L U G A H Z
 I U W N F S Z A A W I R A T T C O C D H
 G L L E C P T R I P S H D L R I Z O D Y
 H Z B O R S T D E A Y H L I H E V W D N
 R F L F T I A S B T H M O R N S F A O T
 R P W O R Y T Z C O D O K I P U Y V T Y
 B W O R D S P C T A V T S A O V E L F E
 P R Z Z E N S H A D E M V E R F O N F N

Find the words hidden vertically, horizontally, diagonally, and backwards.

GIFTS FROM THE GARDEN WORD SEARCH

BACKYARD, BEDS, COMPOST, CULTIVATE, DEPTH, FERTILIZE, GARDEN, HARVEST, HOSE, MEASURE, NURTURE, PESTS, PLANNING, RAIN, RAISED, ROOTS, SEASON, SEEDLING, SHADE, SOIL, SUNLIGHT, TILL, WATER, WEEDS

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PETS OF THE WEEK

Belle

Belle is truly the Belle of the ball! She's a beautiful, loving, and kind lady who loves to sit in the sun, play ball, and go on long walks. She's a cuddle master, and is always in the best of moods. You'll fall for her immediately!

Spyro

Spyro is a shy little cat and we are excited for her to find her forever home. Spyro would thrive in a quieter home that is able to provide her with plenty of time and space to help grow her confidence. Due to her initial timidity, we are hoping for Spyro to find an adult only home.

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OBITUARIES

Constance "Connie" Joan Welch, 89

MEREDITH --- Constance "Connie" Joan Welch, 89, of Meredith, NH, passed away at Golden View Health Care Center on the morning of Thursday, April 4, 2024.

Connie was born February 13, 1935, in Groveton, NH, the daughter of the late William D. Connolly and Blanche M. (Bisson) Connolly.

She spent her childhood in the Groveton and Berlin, NH areas. Mom often talked of her grandfather working on the railroad and spending summers on South Pond in Stark with relatives.

As a young girl Connie would ride the train alone from Groveton to Berlin to visit and stay with relatives. Mom would remark about Camp Stark, the POW camp and comment how the guards and German inmates had a good relationship, to this day.

Connie spent most of her adult working career living in Plymouth and working as a nurse at the Speare Hospital. Furthering her education and earning a bachelor's degree, she took a position at the New Hampshire State



School, in Laconia, running a department until the school closed. She finished her career at the New Hampshire Veterans Home in Tilton, while also doing home care during this time.

She retired and moved with her husband to Moultonborough and then to Laconia. She loved summer theatres, entertaining, dining out, and trips to the beach. We all remember her little black Ford Pinto bought new, just for her new job at the State School in Laconia. Mom was well known around town for her car.

Connie loved helping and taking care of people. And most of all, her children and grandchildren meant the world to her.

She is predeceased by her husband Frederick

J. Welch and daughter Daphne Thomas. She is survived by her sons Kevin Thomas and wife, Lane, of Sandwich, NH; Stephen Thomas and wife, Penny, of Madison, NH, stepchildren Frederick J. Welch, Jr., Daniel Welch, and Debbie Welch. She also leaves behind her granddaughter and step-granddaughters.

The family would like to thank the Golden View Health Care Center. Special thanks to the nurses, staff and hospice for all the support keeping mom comfortable.

Mom, we will truly miss you!

There will be no Calling Hours.

A Graveside Service will be held on June 1, 2024 at 11am. at Meredith Village Cemetery, Meredith, NH.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services/603Cremations.com, 164 Pleasant St., Laconia, NH, 03246, is assisting the family with arrangements. For more information and to view an online memorial, please visit wilkinsonbeane.com.

Donald "Don" Palmer, 80



Donald "Don" Palmer, 80, of Bridgewater, passed away on April 21st, 2024, at the New Hampshire Veterans Home. He leaves behind a legacy of love, kindness, and adventure that will forever be cherished by his family and friends.

Don was born on February 28, 1944, in Lawrence, MA, to Madeline (Merrill) and Donald Palmer Sr. He graduated from Technical High School in Springfield, MA class of 1962 and enlisted in the U.S. Army. Serving as a helicopter crew chief in the 62nd Aviation Company Outlaws, Don spent a year in Vietnam, demonstrating his bravery and dedication to his country.

After completing his military service, Don pursued higher education, obtaining a Bachelor of Education from Fitchburg State College. He continued his studies and earned a Master of Administration, which he used to serve as a vocational director at Milford A.R.E.A High School, ConVal High School, and Plymouth Regional High School. Don's passion for education extended beyond the classroom, and he dedicated himself to assisting troubled youth, making a positive impact on their lives.

A devoted member of the Plymouth Rota-

ry Club for many years, Don was passionate about giving back to his community. Post-retirement, he spent several years working at Ashland Lumber, where he continued to make a difference in the lives of those around him.

An avid outdoorsman, Don found solace and joy in nature. He spent countless days exploring lakes, hiking through forests, and climbing mountains. His love for the outdoors began in high school when he worked for the Appalachian Mountain Club, and in his 50s, he achieved the remarkable feat of hiking all 48 of New Hampshire's 4,000-footers.

Don's love for the outdoors was only matched by his love for his family. He is survived by his wife of 53 years, Patricia (Murray), his granddaughter Braynae and her husband Walter Jinks, his sister Joan and her husband Paul Stowe, his brother-in-law Rufus Desso,

and his great-grandsons Wyatt and Brayden Jinks. He is also survived by several nieces, nephews, and cousins. He was predeceased by his son James "Jamie" Palmer and his sister Eleanor Desso.

Don will be remembered for his unwavering love, his generous spirit, and his adventurous nature. His legacy will live on in the memories of those who were fortunate enough to know him.

Don may have reached the summit of his final mountain, but his spirit will continue to inspire us all to reach new heights. He will be deeply missed and forever remembered.

Rest in peace, Donzo.

Calling Hours ours will be held on Friday, April 26, 2024 at 2:00pm-5:00pm at Mayhew Funeral Home, 204 Daniel Webster Highway, Meredith, NH 03253.

In Lieu of flowers the family suggests memorial contributions in Don's name be made to the New Hampshire Veteran's Home, 139 Winter Street, Tilton, NH or to the Michael J. Fox Foundation, PO Box 5014, Hagerstown, MD 21741.

Arrangements are under the care of Mayhew Funeral Homes and Crematorium. To sign the online book of memories, go to mayhewfuneralhomes.com.

Duncan Carl McDougall

Duncan Carl McDougall of Campton, New Hampshire died on March 16th at Speare Memorial Hospital in Plymouth.

Duncan was born in 1943 at Chelsea Naval Hospital in Chelsea, Massachusetts to Dugald and Carol McDougall. Duncan grew up in Winnetka, Illinois with his parents and three brothers, and attended New Trier High School where he became an All-American springboard diver. He continued his education and diving career at Amherst College in Amherst, Massachusetts where he won 32 of 37 of his career matches and was NESCAC diving champion each of his varsity years.

At Amherst College Duncan developed a love for motorcycling—a love he carried the rest of his life. A jovial mid-westerner by nature, Duncan enjoyed riding his motorcycles through America's small towns stopping to meet people, sing songs, and tell his favorite jokes. In 1995, Duncan took two of his sons across the country for his first month-long cross-country motorcycle tour. In subsequent years he took subsequent rides—the longest of which was his solo "four-corners" tour on which he traveled from Maine to southern California to Alaska to Key West, Florida and back up to Maine.

Duncan was also a scholar and professor. He held a doctorate from Harvard Business School and won the Baker Scholar Award at graduation—ranking him among the top 5% of his class.



His love of business took him along a winding career through General Motors as a plant manager, The Draper Corporation as the manager of Campton's Beebe River bobbin plant, and Rochester Shoe Tree of Ashland as the company's President.

Duncan's main career and love was in teaching. He was a professor at Plymouth State College in the 1970s, Boston University in the '80s, and then back at Plymouth State University where

he concluded his career. Between 2008 to 2010, Duncan taught at Babe-Bolyai University in Cluj-Napoca, Romania as a Fulbright Scholar.

Duncan was a proud and devoted husband, father, teacher, friend, and mentor. He lived a rich and meaningful life.

Duncan is survived by his wife Shirley, his daughters Christal and Piper, and his sons Brian and Jesse. He is predeceased by his sons Jamie and Alex.

Services will be held to celebrate and remember Duncan at 11am on the 19th of May at The Common Man Inn at 231 Main Street in Plymouth, New Hampshire. Services will be streamed online for Duncan's far-flung family and friends at <https://studiohill.farm/duncan-services>.

GENERAL SERVICES —

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Tom Edwin Smith



RUMNEY — Tom Edwin Smith of East Rumney Road died on Tuesday, April 16, 2024, at Concord Hospital in Concord.

Tom was born on December 28, 1951, in Melrose, MA, the son of the late Kenneth A. Smith and Patricia (Perkins) Smith.

Tom enjoyed hiking and loved spending time with his family.

Tom proudly served his country in the U.S. Army and worked as the Chief of Police for the town of Waterville Valley.

Tom is survived by his wife, Terry (Sleepers) Smith; son, Tom T. Smith; grandchild, Jayden; and a brother, Jeffrey Smith. In addition

to his parents, Tom was predeceased by his son, Taylor W. Smith; sister, Pamela Wooley; and two brothers, Richard Wooley and Peter Smith.

Burial will be held at a later date.

Arrangements are under the care of Mayhew Funeral Homes and Crematorium. To sign

the online book of memories, go to mayhewfuneralhomes.com.



BREAK OUT
 of the same monotonous routine and find an exciting **NEW JOB**
 See the **Classifieds TODAY!**



Towns

FROM PAGE A5

board meeting, PD Chief Difilippe reported he has an open position for Sergeant but if unable to fill it, will look for a Patrol Officer instead.

This Friday, Adam will be introducing a mirth and roleplaying fantasy game "Dragonbane" starting at 4 p.m. At 5 p.m., the Family Movie will be "Woody Woodpecker Goes to Camp".

On Friday, May 10 at 4 p.m., Library Director Adam will present a conversation and demonstration about artificial

intelligence entitled "The Future is Now."

A reminder that Kindergarten and Incoming 1st Grade Registration takes place on May 7. To register, call 603-968-2538.

The Central School is in full swing for the last few weeks of the school year. Afterschool activities including Baseball, Track, Earth club, Mountain Bike Club, and Art Club are very busy.

This is Literacy Week at school so there will be a visit from Author Jo Knowles on Thursday as well as some fun dress up activities for the students.

At the recent School

Board meeting the Board voted unanimously to increase the substitute pay to \$90 for teachers and support staff.

The Pemigewasset Choral Society will present "Sweet Rivers," their spring concert, at the Colonial Theater in Laconia on Saturday May 1 at 7:30 p.m. and Sunday at PSU's Silver Hall at 3 p.m. Concerts are free with donations gratefully accepted. You'll see several Holderness residents in this dedicated group!

The concert will feature a commissioned work celebrating the chorus's 50th anniversary, composed by internationally recognized New England composer Moira Smiley. Her commission, "I Soared without Regret," is based upon the poem "Flying" by former Plymouth State University professor Jane Babin, who died from ALS in 2015.

Water level on Squam is finally going down. Word is that the dams feeding into the Franklin Falls area are nearly overflowing so it's just going to take more time.

Lots of action at the boat launch on weekends now that the boat tournaments are ongoing. You can view the

schedule by going to NH Fish and Game bass tournaments.

Warren/Wentworth

Gary Jesseman 707-7129
garyj@together.net

Greetings everyone. Hope you all have had a good week

WARREN NEWS

I know you've all been waiting for this... Moose Scoops Ice Cream opens for the season on May 9. May hours are Thursday and Friday 4-8 p.m., and Saturday and Sunday noon to 8 p.m.

There will be a graveside service for William "Bill" Ames on May 4 at 10 a.m. at Warren Village Cemetery. Melissa Gould will be the officiant. Ricker Funeral Home is in charge of arrangements.

A gathering to celebrate Bill will be held at the KP Hall in Warren after the service. Everyone is invited.

WENTWORTH NEWS

The Wentworth Market is currently seeking vendors for the upcoming 2024 season. Anyone interested can email Renee at wentworthmarket@gmail.com for

SEE TOWNS PAGE A13

LEGAL

TOWN OF HEBRON SUPERVISORS OF THE CHECKLIST MEETING

Saturday, 5/4/2024
10:00 - 10:30 a.m.

Supervisors of the Checklist Meeting is on May 5, 2024, which is the last day for Supervisors or the Town Clerk to accept voter registration applications. No additional corrections shall be made to the checklist after this session, until after the election day.

INTER-LAKES 2024-2025 KINDERGARTEN Kindergarten Registration: May 20 and May 24

Registration is open to all children who reside within Center Harbor, Meredith or Sandwich; and who will be 5 years of age by September 30, 2024.

Join us for:

Kindergarten Parent Night

- May 7, 5PM
- Elementary School Multi-Purpose Room
- Principal Presentation
- Distribution of Registration Paperwork
- Appointments will be scheduled when registration paperwork is returned to school.

Required to register:

- Child's birth certificate
- Physical exam within the last 12 months
- Up-to-Date Immunization Forms
- Proof of Residency

LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division - Haverhill 4/12/2024 thru 4/25/2024

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Crowell, SR, Michael Edward, late of Holderness, NH. Michael Crowell, JR, 1 Everett Avenue, Bow, NH 03304. #315-2024-ET-00086

Ladeau, Ernest Earl, late of Holderness, NH. Donald J Ladeau, 71 Hartford Brook Road, Deerfield, NH 03037. #315-2024-ET-00070

Putnam, David Loring, late of North Woodstock, NH. Donna R. Tamulonis, 294 N. Haven Rd., Vinalhaven, ME 04863. Rachel A. Tamulonis, 40 Hanson Farm Rd, Lincoln, NH 03251. #315-2023-ET-00068

Dated: 4/26/2024

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Tracy Lewis
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tracy@salmonpress.news

ATTENTION HOLDERNESS RESIDENTS

KINDERGARTEN & NEW FIRST GRADE SCREENING

If you have or know of a child who will be coming to Holderness Central School for Kindergarten or First Grade please call 536-2538 to register or email amckenney@pemibaker.org. Kindergarten students must be 5 on or before 9/30/2024 and incoming 1st Grade students must be 6 on or before 9/30/2024. Screenings will be held on May 7, 2024.

Town of Rumney, New Hampshire Request for Proposals Removal and Replacement of Shingled Roof of: Byron G. Merrill Library 10 Buffalo Road, Rumney, NH

The Town of Rumney is seeking proposals from qualified contractors to furnish and install a new shingled roof on the Byron G. Merrill Library, located at 10 Buffalo Road.

Scope of work:

Provide all necessary materials, labor, and equipment to complete removal of old shingles and installation of new shingles on the original portion of the roof of the Byron G. Merrill Library, that has a footprint of approximately 53' X 34' and attachment of 29' X 17', blending in with the addition installed 2015, in accordance with the following scope:

- Strip roof to bare wood on roof of the Byron G. Merrill Library Building
- Re-nail existing board as needed
- Install 1/2 OSB over entire roof using 2 1/2" ring nails
- Cover OSB with color appropriate drip edge
- Install B Grade cedar shakes, with 1 1/2" overhang along eaves
- Remove, Preserve, and re-install copper roof valleys
- Install I KO Storm Shield 6' up from eaves
- Cover remaining roof with IKO Cool Grey roof guard
- Install I KO Limited Lifetime Arch Shingles-Matching the color and design used on the 2015 addition
- Install matching color for cap
- Shingles to be installed with 1 1/2" shingle nails
- Contractor shall keep work area neat at the end of each day and contained through the duration of the job
- Work may start upon the signing of the project agreement, work must be completed by August 8, 2024.

Proposers must comply with the following submission procedures:

Sealed proposals shall be submitted marked "Byron G. Merrill -Asphalt Shingle Bid" address to:

Town of Rumney
PO Box 220
Rumney, NH 03266

Proposals will be accepted until 2:00 PM, May 20, 2024. Faxed and e-mailed proposals will not be accepted.

RESERVATION OF RIGHTS: The Town of Rumney reserves the right to reject any and all proposals, to waive technical, or legal deficiencies, and to accept any proposal that it deems to be in the best interest of the Town.

WARRANTY: The contractor shall submit a copy of the manufacturer's warranty indicating the duration of said warranty and install the shingles according to the manufacturer's instructions.

Cost/Schedule: The bidder shall furnish a cost proposal and schedule as part of the package. The contractor shall complete work by August 8, 2024.

Certificate of Liability: A copy of applicable insurance certificate(s) and Worker's Compensation Coverage, in compliance with State Law, must accompany bids.

Town of Rumney, New Hampshire Request for Proposals Removal and Replacement of Shingled Roof of: Former Rumney Rest Area 2926 Rumney Route 25, Rumney, NH

The Town of Rumney is seeking proposals from qualified contractors to furnish and install a new shingled roof on the building on the property formerly known as the Rumney Rest Area, located at 2926 Rumney Route 25.

Scope of work:

Provide all necessary materials, labor, and equipment to complete removal of old shingles and installation of new shingles on the roof of the building at 2926 Rumney Route 25, that has a footprint of approximately 36' X 26', in accordance with the following scope:

- Strip roof to bare wood
- Re-nail existing boards as needed
- If roof boards need to be replaced, a change order will be needed
- Install color appropriate drip edge
- Remove the three (3) Skylight and install appropriate exterior and interior replacement sheathing
- Install new flashing around the chimney
- Install B Grade cedar shakes, with 1 1/2" overhang along eaves
- Install I KO Storm Shield 6' up from eaves
- Cover remaining roof with IKO Cool Grey roof guard
- Install I KO Limited Lifetime Arch Shingles- Color Brown
- Install matching color for cap
- Shingles to be installed with 1 1/2" shingle nails
- Contractor shall keep work area neat at the end of each day and contained through the duration of the job
- Work may start upon the signing of the project agreement, work must be completed by August 8, 2024.

Proposers must comply with the following submission procedures:

Sealed proposals shall be submitted marked "Rumney Rest Area-Asphalt Shingle Bid" address to:

Town of Rumney
PO Box 220
Rumney, NH 03266

Proposals will be accepted until 2:00 PM May 20, 2024. Faxed and e-mailed proposals will not be accepted.

RESERVATION OF RIGHTS: The Town of Rumney reserves the right to reject any and all proposals, to waive technical, or legal deficiencies, and to accept any proposal that it deems to be in the best interest of the Town.

WARRANTY: The contractor shall submit a copy of the manufacturer's warranty indicating the duration of said warranty and install the shingles according to the manufacturer's instructions.

Cost/Schedule: The bidder shall furnish a cost proposal and schedule as part of the package. The contractor shall complete work by August 8, 2024.

Certificate of Liability: A copy of applicable insurance certificate(s) and Worker's Compensation Coverage, in compliance with State Law, must accompany bids.

LOCAL FOLKS

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Towns

FROM PAGE A12

more information.

Wentworth PTO is hosting a Mother's Day Craft Fair on Saturday, May 11 from 10 a.m.-2 p.m. at Wentworth Elementary School. There will be crafts, baked goods, raffles, and 603 Eats will be in the parking lot, should you get hungry! For more information or to inquire about becoming a vendor, contact wentworthpto@gmail.com

Have a good week, and remember to count

your blessings!

Waterville Valley

Jan Stearns
jstearns@waterville.com

Guided Hike

Enjoy a hike to Quincy Pasture Forest and Bog on Saturday, May 4. Meet at the Recreation Department by 8:45 a.m. for transport to the trailhead. Return to the Rec. by 3 p.m. \$20 per person (\$5 for Rec. Department members). Pre-registration required by calling 603-236-4695.

Spring Book Sale

Osceola Library is now accepting dona-

tions of hardcover and paperback books for the spring book sale which will be held on Saturday, May 25, from noon to 3 p.m. on the library grounds. In case of rain, the sale will be held indoors at the Waterville Valley Elementary School. Drop-off donations at the library during open hours, 3-5 p.m. Tuesday, Thursday and Saturday, or email wvlibrary@watervillevalleynh.gov for other arrangements. Osceola Library is located on the corner of Boulder Path and West Branch Roads.

Community Clean Up

It's time to pick up the winter detritus on Friday, May 10. Meet at the Recreation Department at 10 a.m. to pick up trash bags and a route assignment. Bring your own gloves if possible. Place full bags on the nearest sidewalk for the Town's DPW to pick-up. Return to the Rec. Department from 11:30 a.m. to 12:30 p.m. for hearty snacks provided by La Hacienda Mexicana and pick-up a thank you gift from Roper Real Estate.

Brush Pile Pick Up

Single family homeowners may leave brush piles curbside on Friday,

May 10 by 11 a.m. for pick up by the Town's DPW.

Hilltop Hustle 5K

Conquer Tripoli and the Ski Resort access road, beginning in Town Square and ending at the base of the Ski Resort on Sunday, May 12. You'll be treated to great spring views of Waterville Valley and that sweet sense of accomplishment for completing a 5K hill climb. There will be prizes for the top finishers overall and in age groups, and raffle prizes. The cost is \$40 if you register by May 10; \$45 day of race. Kids run free with a reg-

istered parent. Register online at bit.ly/hilltop-hustle.

Wilderness First Aid Course

Registration is open for a Wilderness First Aid Course on Saturday and Sunday, May 18 & 19, from 8:30 a.m. to 5 p.m. The course is taught by SOLO Wilderness Medicine instructors, the gold standard for backcountry emergency care training. \$245 (\$225 for Rec. Dept. members). Space is limited and these classes do fill up, so register soon at wvrd.recdesk.com or call 603-236-4695.

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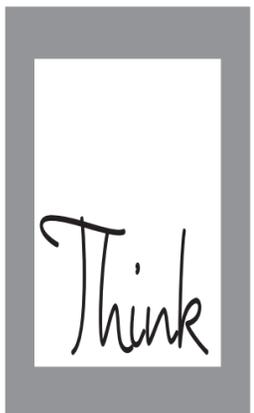


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- Granite Group Realty Services: www.granitegrouprealtyservices.com
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- Kressy Real Estate: www.kressy.com
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- Old Mill Properties: www.oldmillprops.com
- Pine Shores Real Estate: www.pineshoresllc.com
- Preferred Vacation Rentals: www.preferredrentals.com
- Remax Bayside: www.baysidenh.net
- Roche Realty: www.rocherealty.com
- Strawberry Lane Real Estate: www.strawberrylane.com
- Town & Forest Realty: www.townandforest.com

Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c)) This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777 For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Scott Burns' Landscaping, LLC

Well-established Lakes Region landscape company is hiring for the upcoming season. Positions available include gardeners as well as hardscape and softscape crew leaders and members. If you are looking to change it up and love the outdoors with a M-F work schedule, give us a call. Valid driver's license required. For more info, contact Scott at 603-279-8100 or email scott@scottburnslandscaping.com



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NON CDL TRUCK DRIVER/YARD MAN

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• Loading/off loading incoming and outgoing deliveries

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Able to lift a variety of building materials
Preferably long-term employee

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Please Apply in person at
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or send resume to varneysmithlumber@gmail.com

Help Wanted 2024 Summer Season



Holderness Harbor is currently seeking motivated individuals who enjoy working in a friendly yet fast paced marina environment. Must be at least 16. Boater's Safety license preferred but not required. Interested candidates are encouraged to contact us via email through our website holdernessharbor.com under contact us or call 968-9001 and leave a message. Positions include Inside Customer Service/Outside Dock and Boat support.

Looking for job security? Greater wealth? A team that is engaged and accountable to one another?

Wood Framing Component Fabricators

We fabricate engineered wood framing components for many of New England's most forward-thinking commercial & residential builders. And we are growing.

Locations in Danbury NH and Pembroke NH. Experience or will train.

Day or evening shifts, competitive wages, paid time off, bonuses and good fringe benefits. And we are 100% employee-owned. Our people were awarded stock shares worth an additional two weeks of pay last year.

Email us at employment@wallacebp.com or call (603) 768-5900 and ask for Gayle.



ATS Precision specializes in the manufacture/CNC machining of aerospace products, valve components, biotech products, military hydraulics, microwave connectors, medical machining, and welding. We are currently hiring:

EXPERIENCED CNC MACHINIST – Candidates must be proficient in set-up and operation of machines, as well as able to read drawings and use measuring instruments. Knowledge on CNC controls for milling and turning equipment is required. We are looking for someone who can hit the ground running!

DEBURRING/POLISHING DEPT – This entry level position involves deburring and polishing a variety of machined components. Candidates must be able to work well with air and hand tools, have good hand dexterity, and be able to complete repetitive tasks. Working with a microscope may be required at times. Experience is preferred, but we are willing to train the right person.

Good work ethic and attention to detail is a must! Positions are full-time, 40-hour work weeks, with hours M-Th 7 a.m. to 4:30 p.m. and F 7 a.m. to 11 a.m. Wage depends on experience. High school diploma or equivalent is required for all positions. ATS Precision offers competitive wages, personal/sick time, vacation time, health insurance, education reimbursement and 401k. All applicants must complete ATS' Employment Application. Email resumes and/or application requests to luree@atsprecision.com or stop by to fill out an application. ATS Precision, 87 Route 132N, New Hampton, NH

WE ARE HIRING!



COME JOIN OUR AMAZING TEAM!!!!

Shaker Regional School District

2nd Shift Custodian

- Full-time, year round
- Monday - Friday work week
- 12 paid holidays
- 100 % paid dental & life insurance
- Cigna Yellow Choice Plan
 - 90% District paid Single Plan
 - 80% District paid for Two Person or Family Plan
- NH Retirement
- Paid sick & personal days
- 2 weeks vacation



Please contact Mr. Dalzell at 603-267-9223 x 5309 to discuss this employment opportunity or visit the Human Resources section of our website at www.sau80.org to obtain an application.

Successful completion, with satisfactory results, of a post offer pre-employment physical and criminal background check, including fingerprinting, are required
Shaker Regional School District is an equal opportunity employer.

HELP WANTED

Call our toll-free number 1-877-766-6891
and have your help wanted ad in 11 papers next week!



Full-Time Installers Apprentice
Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.
LEARN WHILE YOU EARN!
No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.
Stop in to fill out an application:
ENERGYSAVERS INC.
163 Daniel Webster Hwy., Meredith NH



Full-Time Position Warehouse/Service
Energysavers Inc is looking for a self-motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts for jobs as well as receiving deliveries. We are a highly recommended 49 yr old Lakes Region retailer of well-known hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry an 80lb min.
Stop in to fill out an application:
Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



Help Wanted
Kitchen Help Wanted
Server • Bakers • Line Cook
Veterans, retirees, 1 or 2 days
Get out of the house!
Days only no nights • Friendly atmosphere
Flexible Schedule • Training Available
Part-time or full-time • Great pay
Call 253 9881 or 344 9011 for inquires

Town of Plymouth Highway Department
Plymouth, NH 03264
(603) 536-1623 • Fax (603) 536-0042
highway@plymouthnh.gov

The town of Plymouth Highway Department is currently accepting applications for the position of Highway worker. If you are hardworking, team player, with a positive attitude and willingness to learn, you may be the person we are looking for. Candidates **need a valid driver's license with CDL-B endorsement**. This position performs duties in all areas of construction and other assigned projects to include summer and winter maintenance of roadways. Duties include but are not limited to, operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other road maintenance tasks. Successful candidate will be required to be on-call for a week at a time on a rotating schedule.

If you are looking for a drug free, appreciative working environment that offers a competitive wage and benefit package including: Vacation, Sick Leave, Personnel Days, Educational Training, Health Insurance (Employee pays 15% of premium), Dental Insurance (Employee pays 100% of premium), Group Disability and Life Insurance, and retirement through NH Retirement System, you may be the person we are looking for. The Town of Plymouth is an equal opportunity employer. Applications are available at the Plymouth Town Hall (603-536-1731), the Towns Website www.plymouthnh.gov or at the Plymouth Highway Department (603-536-1623) from 8am to 4pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed.

HELP WANTED WATER TRUCK DRIVER

NORTH COUNTRY ENVIRONMENTAL SERVICES is searching for a Water Truck Driver to join our Landfill facility located in Bethlehem, NH.

Responsibilities & Duties:

- Drive water truck equipped with sprinkling attachment to settle dust on the road and parking lot within the facility
- Responsible for daily maintenance of vehicle
- Filling and maintaining odor control equipment
- Willing to assist with other job duties such as site cleanup and maintenance as needed

Education, Experience & Certifications:

- Must be able to pass pre-employment physical and drug screen
- No CDL required
- Seasonal employment

Qualifications & Skills:

- Self-directed person with a positive and safety mind-set
- Excellent communication and problem-solving skills are required

Casella Attributes:

- Positive, team oriented attitude.
- Open to personal and professional training and development.

We offer excellent benefits including Medical, Dental, Vision, Disability Insurance, Life Insurance, Employee Stock Purchase Plan, and a 401(k) Plan. Casella Waste Systems, Inc. is an Equal Opportunity Employer.

Please apply on-line at casella.com/careers or submit your resume to Bruce.Grover@Casella.com

Or mail to:
NCES
Attn: Bruce Grover
PO Box 9
Bethlehem, NH 03574



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Town of Plymouth Highway Department Highway Worker/Mechanic

The town of Plymouth, NH, qualifications will determine pay rate, attractive benefit package, for an individual who has a knowledge of small engine repair, diesel engine repair, hydraulic systems operation and repair and general knowledge of light and heavy-duty trucks. Be part of winter operational services. Must have CDL-B with air brake endorsement, NH Inspection license or capable of obtaining one upon hire. It is required to pass a physical, including a drug and alcohol screening, and will be subject to a criminal background check as well as a driving records check.

Applications are available at www.plymouthnh.gov Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.



NOW HIRING!

Join our team as a Cashier/Sales professional and be part of a dynamic retail environment at Butch's Brooklyn Deli & Provisions at Owl's Nest Resort where your sales and customer service skills will shine.



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- Assistant Custodial Manager

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For more information or to apply on-line please visit www.loonmtn.com/jobs

Equal Opportunity Employer



Precision Lumber Inc.
IMMEDIATE OPENINGS
SAWMILL AND PLANER MILL WORKERS

DAYTIME SHIFT
BENEFITS INCLUDE
VACATION, SICK AND HOLIDAY PAY, INSURANCE, CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

Apply in Person
or email precisionlumber@lumbermh.com to request us to email an application



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PART TIME WATCHMEN
POSITIONS AVAILABLE



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WWW.LUMBERNH.COM
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Celebrate Mother's Day at Indian Head Resort

Sunday, May 14th, 2024 | 11 AM - 2 PM
13+ \$38.99 | 4-12 \$17.99 | 3 and under free
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Visit our website for more information:
IndianHeadResort.com/MothersDay

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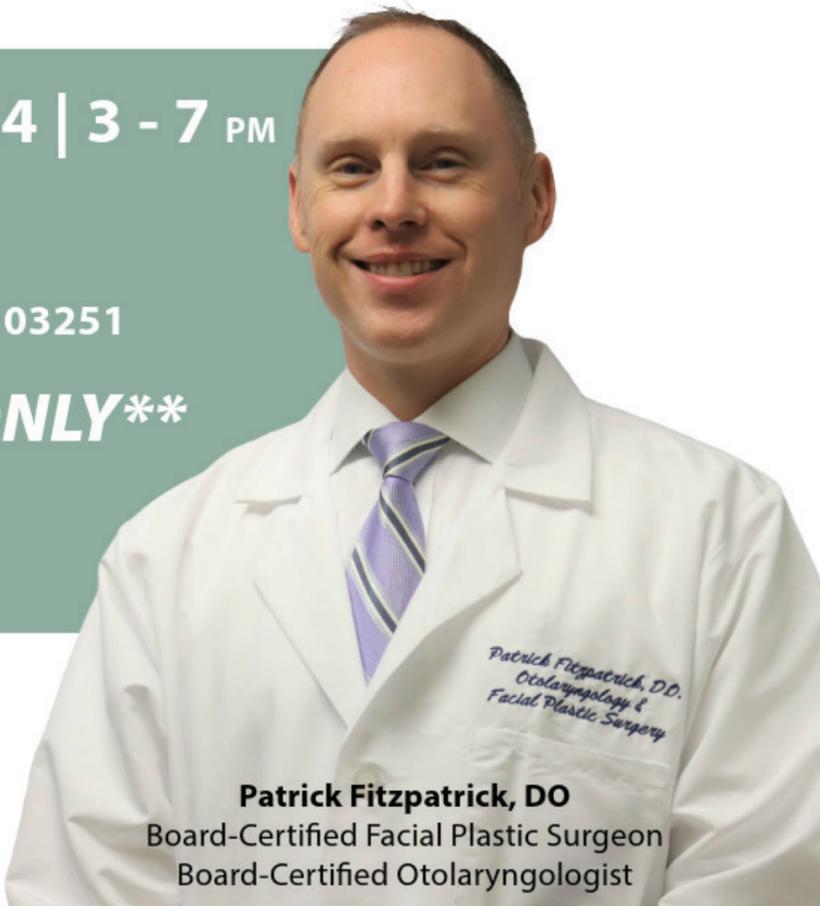
FREE SKIN CANCER SCREENING EVENT

Hosted by Littleton Regional Healthcare's Dr. Patrick Fitzpatrick

Wednesday, May 8, 2024 | 3 - 7 PM

Lincoln Urgent Care
33 Railroad Street in Lincoln, NH 03251

****BY APPOINTMENT ONLY****
To schedule, call
(603) 444-2450



*Patrick Fitzpatrick, D.O.
Otolaryngology & Facial Plastic Surgery*

Patrick Fitzpatrick, DO
Board-Certified Facial Plastic Surgeon
Board-Certified Otolaryngologist

LITTLETON REGIONAL HEALTHCARE
littletonhealthcare.org