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# Gilford Steamer

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GILFORD, N.H.

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FREE

## PMHS Class of 2025 takes away lessons of resilience and showing up

BY ERIN PLUMMER  
mnews@salmonpress.news

ALTON — Graduating Prospect Mountain High School seniors gained lessons on having a positive outlook, showing up and helping one’s community, and never giving up in the face of adversity.

The PMHS Class of 2025 graduated on the school fiend on June 13.

The graduation opened with junior Grant Ferraro playing “The Star-Spangled Banner” on electric guitar.

Principal David Latchaw recognized all the families and the faculty in attendance that day.

“To the PMHS teachers when you look around and see all of these graduates at the beginning of their lives and new adventures, it reminds us all why we do this job,” he said. “Thank you, thank



COURTESY PHOTO

The Prospect Mountain High School Clas of 2025 toss their caps right after graduating.

you. Your dedication for making this day possible for them does not go unnoticed.”

He also told the seniors that Prospect will always be their home.

“To our seniors: I appreciate you all and please know and never

forget that you will always have a home here and dedicated teachers and staff that will always have your back,” Latchaw said.

Class President and Salutatorian Wyatt Varney reminded his classmates of the phrase, “Life is what you make of it.”

“These words have adopted two central meanings for me,” he said.

“Firstly, you only get out of something what you’re willing to put into it and second you are in control of your own outlook.”

Varney said he first came into PMHS as a freshman who didn’t have a great reputation, but his counselors and teachers saw what he could be. He said the more work he put into school the more he was

getting out of the high school experience. He remembered one day in sophomore year when he was having a bad day and he venter to one of his closest teachers.

“He interrupted me and provided me with a piece of advice I will never forget. You gain nothing from being negative and although not everything is within our con-

trol, we can always control our own outlook,” Varney said. “He made it clear to me that I stand to gain nothing from having a negative perspective, so I should try to carry more positivity.”

Valedictorian Victoria Cowser talked about the importance of being part of their community and showing up.

“I’m speaking only from my high school experience, but from what I’ve seen people just need to show up,” she said. “I like creating events and running meetings, but that means nothing if all of you don’t show up.”

She said like putting together a salad or organizing a potluck, it’s better when there are many different people contributing many different things.

Cowser said the class has gotten great at working together over the past four years. In freshmen

SEE PMHS GRADS, PAGE A6

### Alton Swap Shop open and accepting items

BY ERIN PLUMMER  
mnews@salmonpress.news

ALTON — The town’s Swap Shop is now open, with a full list of guidelines for accepting donations and using the shop.

The Alton Swap Shop reopened on May 30 in a metal container at the town’s transfer station. It is managed by the Alton Swap Shop Committee and is staffed by a group of volunteers.

A fill listing of guidelines for using the Swap Shop is on the front page of the town website at <https://www.alton.nh.gov/press-release/swap-shop-information>.

The shop is managed by a group of volunteers

“Our Purpose: To recycle household items to keep them out of the landfill. To provide a place where town residence can exchange goods and have social interactions. To cut down on the need to buy new things,” read the guidelines.

The shop is located at the transfer station in a field to the right down the hill from the compactor trash building. The shop is open Friday through Monday from 9 a.m.-noon. It might close because of inclement weather or high temperatures.

Items that can be accepted include spotting equipment such as bicycles and tricycles, scooters, and sports gear other than helmets and ski items.

The shop will accept kitchen items such as dishes, flatware, glasses, mugs, drink containers, small appliances, kitchen items, clean pots and pans with the Teflon undamaged.

Pet items that are accepted include crates, leashes, and dishes.

The shop will accept a variety of bags including backpacks, gym bags, suitcases, and carry bags.

For kids, the shop will accept crayons, toys,

games, puzzles dolls, and toy cars.

For crafters and artists, the shop will accept non-chemical craft supplies and drawing supplies

Electronics accepted include small kitchen appliances (though microwaves will require a disposal fee), portable radios, fans, and humidifiers.

They will also accept small furniture.

Other items that can be accepted include 10-years-old (unless they are classics), CDs and DVDs, craft supplies except for chemicals, holiday decorations, empty picture frames, small items for home repair, storage bins, tools, and knickknacks.

Larger items can be accepted but will require a disposal fee that ahs to be paid before the item is brought to the Swap Shop.

Before making a donation, check with volunteers in orange vests. All items must be in good condition.

Items that cannot be accepted are those that are nonfunctioning, stained, moldy, broken, chipped, or missing pieces.

Safety items such as child safety items, helmets, life jackets, and preservers.

They will also not accept household safety devices like smoke and carbon monoxide detectors.

Hazardous materials, chemicals, liquids, and paints, will also not be accepted.

They will also not take medical equipment such as CPAP machines and glucose monitors.

Sporting equipment that cannot be accepted includes Skis, ski boots, and ice skates.

The Swap Shop will not accept fabric materials such as rugs, fabric rug pads, pet beds, plastic and lawn chairs with woven strap seating,

SEE SWAP SHOP, PAGE A10

## GHS seniors graduate with messages about embracing the journey

BY ERIN PLUMMER  
mnews@salmonpress.news

GILFORD — Members of the Gilford High School Class of 2025 graduated with messages of remembering their times as a class, embracing spontaneity, staying curious, and embracing the journey ahead.

GHS seniors graduated on June 13 at Bank of New Hampshire Pavilion.

“For many of you, I remember you entering high school as a lonely freshman trying to make a name for yourself,” said GHS Principal Anthony Sperazzo. “They say blink and they’re already grown up. That thought resonates with me.”

Sperazzo said what es-



ERIN PLUMMER

Members of the Gilford High School Class of 2025 perform “Upside Down” by Jack Johnson during graduation.

pecially stood out to him was how closely connected the members of the class are and they will root for each other at dif-

ferent events.

He said he hoped that the graduates will be hard workers and good humans.

“Years from now people will noy remember all the awards that you won or your GPA, but how

SEE GHS GRADS, PAGE A6

## Heartbreak for Timber Wolves in title game

### St. Thomas walks off with win to claim Division III championship

BY JOE SOUZA  
Contributing Writer

HOLDERNESS — The St. Thomas softball team was the stopper this spring, ending Prospect Mountain’s winning streak at 71 games during the regular season and denying the Timber Wolves of a fourth straight NHIAA Division III state title.

But it was the Timber Wolves who let it slip away.

After playing near flawlessly in the field and being aggressive at the plate for four innings, the second seeded Timber Wolves came unraveled in the field and the top-seeded Saints took advantage in rallying for a stunning 5-4 win.

“I really don’t know what to say. I wish I could say that we just got beat by a better team, but we outplayed them and ended up giving it away,” Prospect Mountain head coach James Christie said after watching his Timber Wolves let a 4-1



JOE SOUZA

Prospect Mountain ace Alexis Wilson high-fives head coach James Christie after ending an inning with a strikeout against St. Thomas during the NHIAA Division III state championship game.

lead evaporate in the final three innings in a disappointing finish.

Prospect Mountain, who lost a tough 2-1 decision to the Saints during the regular season, came out swinging in the title game and looked poised to make it four straight championships.

The Timber Wolves struck first in the second

inning after both teams went down quietly in the first. Sophia Bowman hit a one-out single and would score on a two-out triple by Kora Mackenzie, who went 2 for 3 with an RBI and a run scored.

Prospect would push its lead to 2-0 in the third. Tori Christie opened the inning with a single. She took second on a passed

ball before stealing third base. Olivia Noyes would bring her home with a sacrifice fly to right field.

Alexis Wilson and the Prospect Mountain defense would keep the Saint bats quiet through the first three innings. In the fourth, MacKenzie made two grabs – including a diving catch – for

SEE SOFTBALL, PAGE A7



# Alton Parks and Recreation Community Connection

**Paint Night with Anne Morrell**  
Alton Parks and Recreation is sponsoring a Paint Night with instructor Anne Morrell at the Alton Bay Bandstand on Wednesday, June 25 from 6-7:30 p.m., rain date is June 26. Scene is soft blue skies and mountains with lake and dock, and reflecting yellow sunset in the water. Participants can add a special pet or person in black silhouette sitting on the dock. All supplies are included, \$25 for adults; \$15 for children 12 and under. View the painting example on the Alton Parks and Recreation Face Book Page or ask for a copy to be emailed to you. All abilities are welcome. Bring a friend or sign up solo. Please RSVP with your name and contact information to parksrec-asst@alton.nh.gov or call 603-875-0109. Register early as space is limited.

**Line Dancing Lessons**  
Line dancing lessons with Jane will be held on Thursdays through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

**Freezer Pops and Chalk**  
Join Alton Parks and Recreation staff at the Gazebo in Alton Bay on July 1 from 1-2 p.m. for fun in the sun as we enjoy freezer pops, outdoor games, music, and chalk drawings on the sidewalks. All ages are welcome at this free event.

**Alton Bay fireworks**  
The Town of Alton is sponsoring Fireworks in celebration of Independence Day in Alton Bay on Thursday, July 3 at 9:20 p.m., rain date is Saturday, July 5.

**Alton Bay Concerts at the Bandstand 2025**  
Summer Concert

Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay  
July 3- “Thursday Afternoon Band”- Classic and Modern Rock- Fireworks to follow at 9:20 p.m.; July 5- Saxx Roxx- Classic Rock with brass; July 12- The Visitors- Oldies, Classic Rock, Country Rock; July 19- Pub Pirates- Classic Rock; July 26- Got It Covered Band- Cover Songs; August 2- The Revolutionists- Classic and Modern Rock and Roll; Aug. 9- Bittersweet- Classic Rock; Aug. 16- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; Aug. 22- “Thursday Afternoon Band” sponsored by Water Bandstand Committee; Aug. 23- Saxx Roxx- back by popular demand and Aug. 30- Cool Beans- ‘60’s and ‘70’s Rock.

**Singalong and campfire at Alton Town Beach**  
Join friends and community members at the Alton Town Beach, located on Route 28A, on Friday, July 18 from 7-8:30 p.m. for a beach campfire and acoustic guitar sing along with John Irish. Bring a chair and toast s’mores with the cozy crowd. This program is free. Fun for the whole family.

**Alton Old Home Days 5K Road Race**  
Co-Sponsored by Meredith Village Savings Bank. Aug. 9 at the Alton Bay Bandstand, 9 a.m. Sign up by July 14 and receive a long sleeve race shirt. USATF Certified Course through Alton. Computerized timing with bib chip; results posted online. Scenic, slightly varied course, flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffles for racers. Forms and map available at [www.alton.nh.gov](http://www.alton.nh.gov) or register online at <https://runsignup.com/Race/NH/Alton/AltonOldHomeWeek-5KRoadRace>, \$20.

**Pick Up Pickleball games**  
Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Sign up online at <https://www.signupgenius.com/go/8050D4FA8AF-2CA5F85-54716680-pick-up>. Courts are located behind 65 Frank C. Gilman Highway. The parking is across the street next to Mill Pond and by the Water Department. For more information, contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

**Slow Flow Yoga with Pamela Mott, 500 YTT Certified**  
Classes are held on Mondays and Wednesdays from 6:30-7:30 a.m. at the Alton Bay Community Center or choose the online option and practice from home. All levels are welcome and encouraged. The class focus is Sun Salutation A and B; Hatha Yoga and the 8 Limbs. Pre-registration is preferred, text 603-393-0595. Cash and Venmo accepted. Pre-registration and virtual attendance is \$10; Drop in \$15. Classes are ongoing. For more information, contact Alton Parks and Recreation at 603-875-0109 or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

**Pilates Classes in Alton Bay- Tuesdays and Thursdays**  
The Alton Parks and

Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at [breathepilates1@yahoo.com](mailto:breathepilates1@yahoo.com) or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

**Guided Meditation**  
The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursday, June 26 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. The program is free, donations accepted to benefit local charities. For more information, contact Alton Parks and Recreation at [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) or 603-875-0109.

**Travel Club- Trip to Canyon Country 2026**  
Alton Parks and Recreation is sponsoring a trip with Collette Tours to Canyon Country in 2026. Trip highlights include Grand Canyon; Lake Powell; Rafting on Horseshoe Bend; Bryce Canyon National Park; Zion National Park, Las Vegas and much more. Trip dates are May 15-

22, 2026. Includes airfare, 11 meals, hotels, and guided transportation through Canyon Country, including walking, bus, and boat tours. This is a great way to travel solo or in a group. An informational session will be held on Sept. 22 at 10 a.m. at the Gilman Library. RSVP to attend the session-603-875-0109 or [parksrec-asst@alton.nh.gov](mailto:parksrec-asst@alton.nh.gov).

**Little Lake Explorers Playgroup**  
Join in this new playgroup led by Jennifer Lutz and Melissa Sciuto on Mondays at the Alton Bay Community Center from 9-11 a.m. This free program is open to all children newborn to seven years of age and their parents. Activities include free play, snack time, story time, music and more. Parents must stay and supervise their child during the program and are asked to bring a peanut free snack for their child. Please pre-register by the Wednesday before each meeting at [littlelakeexplorersalton@gmail.com](mailto:littlelakeexplorersalton@gmail.com). Drop ins are also welcome. For more information contact Alton Parks and Recreation at [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

**USTA Summer Tennis Lessons — Youth**  
The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for Grades 1-6 on Tuesdays and Thursdays at the Liberty Tree

Park Tennis Courts. Session 1: July 8-24 and Session 2: Aug. 5-21. Grades are divided by times: 9-10 a.m.- Grades 1-3; 10:15-11:15 a.m.- Grades 4-6. Registration is \$60, including a brand-new tennis racquet, and instruction with a USTA New England certified instructor. Basic tennis skills will be taught-forehand, backhand, serve, overhand and volley. Register by June 20, class size is limited to seven. Registration forms are available at [altonparksandrecreation.com](http://altonparksandrecreation.com) or stop by the Parks and Recreation Kiosk at 328 Main St. to sign up. Contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) or 603-875-0109 for more information.

**USTA Summer Tennis Lessons- Adults**  
The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for adults on Wednesdays at the Liberty Tree Park Tennis Courts from July 9-Aug. 13 from 6-7:30 p.m. Registration is \$70, including instruction with a USTA New England certified instructor. Basic tennis skills will be taught-forehand, backhand, serve, overhand and volley. Register by June 20, class size is limited to seven. Registration forms are available at [altonparksandrecreation.com](http://altonparksandrecreation.com) or stop by the Parks and Recreation Kiosk at 328 Main St. to sign up. Contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) or 603-875-0109 for more information.

## Gilford police log

taken into protective custody for intoxication on May 24.  
Leanne M. Mattson, age 58, was arrested on May 24 for Driving After Revocation or Suspension of license and DUI-Impairment. A 36-year-old was taken into protective custody for intoxication during the same incident.  
Eli A. Auger, age 44, was arrested on May 25 in connection with a warrant.  
A 35-year-old male was taken into protective custody on May 25 for intoxication and Resisting Arrest or Detention.  
A 22-year-old male was taken into protective custody for intoxication for May 26.  
Two females, both age 35, were taken into protective custody for intoxication on May 26.  
Roland Edward Collette, age 42, was arrested on May 26 for Operating a motor vehicle Without a Valid License.

Rodney J. Moody, Jr., age 33, was arrested on May 28 for Domestic Violence-Criminal Threatening resulting in Fear of Bodily Injury.  
Alisha A. Miner, age 37, was arrested on May 28 for Driving After Revocation or Suspension of license and operating after Suspension of Vehicle Registration.  
A 35-year-old female was taken into protective custody for intoxication on May 29.  
Tevin A. Mitchell, age 30, was arrested on May 29 in connection with a warrant.  
Grace Marlene Brown, age 21, was arrested on May 29 for DUI-Impairment.  
Two females, aged 45 and 64 respectively, were taken into protective custody for intoxication on May 30.  
A 48-year-old male was taken into protective custody for intoxication on May 30.  
Joseph Thomas Lloyd, age 19, was arrested for Unlawful Possession of Alcohol on May 30. A 16-year-old juvenile was arrested during the same incident for the same charge.

Kristene Marie Dautheil, age 47, was arrested on June 1 for Domestic Violence-Simple Assault resulting in Bodily Injury or Personal Contact.  
Mathew R. St. Jacques, age 35, was arrested on June 4 for multiple counts of Contempt.  
Matthew James McGrew, age 47, was arrested on June 5 for DUI-Impairment and Reckless Operation. A 45-year-old female was taken into protective custody for intoxication during the same incident.  
Alyssa M. Nason, age 33, was arrested on June 6 for Domestic Violence-Simple Assault resulting in Bodily Injury or Personal Contact.  
Paul M. Mahan, age 31, was arrested on June 6 for Driving After Revocation or Suspension of license.  
David Charles Senecal, age 54, was arrested on June 7 in connection with a warrant.  
Two adult males, ages 26 and 24, respectively, were taken into protective custody for intoxication on June 7.  
Luke Joshua Fouad Youssef, age 21, was arrested on June 11 for Driving After Revocation or Suspension of license.  
James M. Foley, age 63, was arrested on June 14 for Driving After Revocation or Suspension of license and multiple counts of DUI.  
Christopher M. Moore, age 37, was arrested on June 14 for DUI-Impairment.  
Jason T. Smith, age 46, was arrested on June 15 for Resisting Arrest or Detention.

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# GHS seniors awarded scholarships

BY ERIN PLUMMER  
mnews@salmonpress.news

GILFORD — Members of the Gilford High School Class of 2025 got a big help with their future plans in the form of scholarships from across the community.

Seniors and their families gathered for Senior Awards Night on June 12, the night before graduation. Several businesses, families, organizations, memorial funds, and many more awarded scholarships to GHS students.

Individually, Natalie Clay received the Matthew J. Smith Memorial Scholarship.

Mallory Daley was presented the Winsheblo Award.

Cameron Drouin received the American Legion Education Scholarship.

Gavin Irons was presented the Miller C. Lovett Family Scholarship.

Ella Kellher received the Gilman Award.

Cassandra Israel was presented the Gilford Education Association Scholarship.

Sadie Lydick was awarded the Franklin Savings Bank scholarship.

Gabrealle Perron received the Meredith



ERIN PLUMMER

Senior members of Gilford High School's National Honor Society receive their stoles for graduation.

Village Savings Bank James D. Sutherland Memorial Scholarship and the Ava Doris Memorial Scholarship.

Katie Strickland was awarded the New Hampshire School Board Association Scholarship.

Evan Wilson was presented the Gilmanton American Legion Auxiliary Stockwell Scholarship

The Amy Annis Memorial Scholarship went to Tessa Richardson and Elliot Warren

The Nathan J. Babcock Memorial Scholarship was presented to Declan Angle, Grace Kelly, Abigail Taylor, and Elliot Warren.

The Aaron T. Francoeur Memorial Scholarship was awarded to Cooper Perkins and Kaegan Sanville.

The Gilford District PTA awarded scholarships to Cameron Coutts, Gracey LeBlanc, and Kaegan Sanville.

The GHS "Blue Jeans" Faculty Award went to

Ella Kelliher and Katie Strickland.

The Lakes Region Board of Realtors presented scholarships to Mallory Daley and Kaegan Sanville.

The Parents of Performing Arts (POPS) presented scholarships to Declan Angle and Patrick Brooks.

The Sydnie Quimby Memorial Scholarship was awarded to Luke Crawford and Owen Farley.

The Charyl Lynn Walsh Memorial Scholarship went to Andrew Gately and Kaitlyn O'Brien.

The Yearbook Editor Awards were presented to Jared Beale, Mike Giovanditto, Kendal Heyman, Benjamin Smith, and Keith Strickland.

The Lakes Region Scholarship Foundation presented scholarships to 33 seniors. The recipients were: Jared Beale, Kailey Bean, Clark Blackwelder, Patrick



ERIN PLUMMER

Cooper Perkins and Kaegan Sanville receive the Aaron T. Francoeur Memorial Scholarship from Meg Jenkins.

Brooks, Makenna Clayton, Anna Coapland, Camryn Coutts, Mallory Daley, Cameron Drouin, Kyle Gandini, Kendal Heyman, Gavin Irons, Cassandra Israel, Grace Kelly, Gracey LeBlanc, Ava Lien, Ian Lofblad, Sadie Lydick, Kaitlyn O'Brien, Cooper Perkins, Gabrealle Perron, Lamija Pintol, Sophie Powers, Tessa Richardson, Carson Sadler, Kaegan Sanville, Benjamin Smith,

Katherine Strickland, Abigale Taylor, Ashton Taylor, Elliot Warren, Evan Wilson, and Benjamin Wolpin.

Principal Anthony Sperazzo presented the Principal's Award to Camryn Coutts and the Principal's Leadership Award to Katie Strickland.

The 24 senior members of National Honor Society were recognized and received their stoles for graduation. The se-

nior members were Jared Beale, Clark Blackwelder, Patrick Brooks, Makenna Clayton, Anna Coapland, Mallory Daley, Georgia Eckhardt, Andrew Gately, Kendal Heyman, Cassandra Israel, Ella Kelliher, Grace Kelly, Grace Leblanc, Ian Lofblad, Luc Martin, Kaitlyn O'Brien, Lamija Pintol, Sophie Powers, Kaegan Sanville, Cailin Tarr, Abigale Taylor, Elliot Warren, Evan Wilson, and Ben Wolpin.

The Seal of Bilitery was presented to Declan Angle, Clark Blackwelder, Kendal Heyman, Cassandra Israel, Cailin Tarr, and Ben Wolpin.

Sperazzo and assistant principal Tim Goggin also recognized the Top 5 Scholars: valedictorian Georgia Eckhardt, salutatorian Ben Wolpin, Clark Blackwelder, Patrick Brooks, and Ella Kelliher.

## High quality boats up for bid at New England Vintage Boat Auction

WOLFEBORO — On Saturday, July 12, from 10 a.m. to 3 p.m., New Hampshire Boat Museum (NHBM) will host the annual New England Vintage Boat Auction at The Nick Recreation Park in Wolfeboro.

"Boats are coming in quickly and the variety is excellent," said Betsy Farley, who co-chairs the event. "We have a lot of canoes, sailboats, fiberglass boats, motors, and a lot of lake memorabilia... We also have excellent wooden boats this year."

There is a classic, "easy to launch" 1956 Penn Yan Sealiner with a Tee Nee Trailer, which Farley noted is "easy to handle and fun because it's so versatile."

"You can use it to water ski, tube, fish or enjoy a sunset," she added.

A 20-foot 1953 Chris Craft Utility will also be open for bids.

"It was donated, so 100 percent of the proceeds go to NHBM," she explained. "There will most likely be no reserve price for it, so it's possible to get this boat for a very good deal."

Other vintage boats include an 18-foot 1956 Chris Craft Continental. "This is a really nice boat," said Farley, who said it will be sold to the highest bidder with a Custom Haul trailer and a complete history. "This boat has been very well cared for."

NHBM is accepting donations and consignments until Monday,



June 30 or until the Auction reaches capacity. Those interested in donating or consigning boats can email Farley at auction@nhbm.org.

Boats and other items at this year's New England Vintage Boat Auction will be displayed online and at The Nick for the general public to view on Thursday, July 10 and Friday, July 11 from noon to 5 p.m.

Live bidding begins on Saturday, July 12 at 10 a.m. Bidder registration is free. To learn more about the auction or register as an online bidder, visit nhbm.org.

"It's so rare to have live auctions these days,

and to have such a quality live auction is truly a unique experience," added Farley. "It's like going to an outdoor boat museum."

Founded in 1992 by antique and classic boating enthusiasts, NHBM offers dynamic exhibits, engaging programs, and events tailored to the diverse boating lifestyles and values of people of all ages. NHBM is partly sponsored by Home Comfort, North Water Marine, Goodhue Boat Company, Bellettes, Eastern Propane and Oil, Kingswood Press and Design Studios, and Watermark Marine.

## Area residents named to NHTI Dean's List

CONCORD — NHTI, Concord's Community College, is proud to announce their Spring 2025 Dean's list for academic excellence.

Camden Colson of New Durham, majoring in Business Administration

Jillian Simpson of Center Barnstead, majoring in Business Administration

Kaylee Riel of Center Barnstead, majoring in Child and Family Studies

Cutlas Greeley of Alton, majoring in Education

Autumn Maltais of Gilmanton, majoring in Liberal Arts

Peter Godbout of Gilford, majoring in Mechanical Engineering Technology

Harold Sussman of Gilmanton, majoring in Radiologic Technology

Serafine Cormier of Center Barnstead, majoring in Visual Arts

Ryan Guyer of Gilford, majoring in Visual Arts

About NHTI-Concord's Community College

## Area residents named to dean's list at Quinnipiac University

HAMDEN, Conn. — Rylee Lounsbury of Barnstead and Ashley Sanderson of Gilford were named to the dean's list for the Spring 2025 semester at Quinnipiac University.

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six

credits during a semester. Names followed by an asterisk denotes with honors.

### About Quinnipiac University

Quinnipiac is a private, coeducational, institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 9,400 students in 110 degree programs through its Schools of Business, Communications, Education, Computing and Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts and Sciences.

accessible, rigorous education for students, businesses, and the community. We create pathways for lifelong learning, career advancement, and civic engagement, offering more than 80 academic programs to more than 4,600 students annually. NHTI is a member of the Community College System of New Hampshire and since 1969 has been accredited by the New England Commission of Higher Education, a non-governmental, nationally recognized accrediting agency.

Quinnipiac is recognized by U.S. News & World Report and Princeton Review's "The Best 388 Colleges." The university is in the midst of program expansion and renewal for both traditional and adult learners, attraction of diverse communities, development of innovative corporate partnerships and construction of an ambitious set of capital projects. For more information, please visit qu.edu. Connect with Quinnipiac on Facebook and follow Quinnipiac on X @QuinnipiacU.

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This is your brain on fun

When's the last time you had some real, stupid, joyful fun?

Not the kind that's scheduled on a calendar or costs \$85 a ticket. I mean the kind of fun that sneaks up on you and reminds you life isn't all stress and headlines. A kitchen dance-off. A late-night ice cream run. A ridiculous game of charades where everyone ends up crying from laughter.

We forget how much we need that. The world's heavy enough. People are tired. Disconnected. But fun, real, low-stakes, no-reason fun brings us back to life. It connects us and reminds us we're human.

And there's science to it. Research from Harvard found that playfulness, humor, and spontaneous joy reduce cortisol levels, improve brain function, and increase our capacity for empathy and resilience. Even the Harvard Law Review has noted how community and levity can improve public well-being and reduce conflict which sounds pretty good right about now. Fun doesn't fix everything. But it makes everything easier to carry.

Harvard Study on Happiness: A long-term Harvard study on adult development found that close relationships and shared joyful experiences are the strongest predictors of health and longevity more than money or fame. Fun, especially when shared, strengthens those bonds.

Stanford Neuroscience Research: Engaging in fun and playful activities increases dopamine levels, which improve mood, motivation, and focus. It's your brain's natural "reward" system.

National Institute for Play: This institute emphasizes that play reduces stress, boosts creativity, and improves overall well-being, especially when it includes laughter or spontaneous moments.

American Journal of Lifestyle Medicine: Reports that people who prioritize leisure and play have lower levels of cortisol (the stress hormone), improved immune function, and reduced risk of cardiovascular disease.

More examples of everyday fun:  
Hosting a "bad movie night" with neighbors and popcorn.  
Setting up a spontaneous water balloon fight on a hot day.  
Having a board game potluck everyone brings a snack and a game.

Organizing a "slow bike ride" zero competition, just cruising.

Creating a temporary sidewalk chalk gallery on your street.

Starting a DIY music night a few instruments, no expectations.

Holding a "try something new" night. People teach each other random skills like yoyo tricks, juggling, or how to whistle with fingers.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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COURTESY  
The following Kingswood Regional Middle School students received the June After School AllStars Award. In the first picture is Silas Eldridge for his dedication and excellence in Track and Field. In the second picture is Erolisa Agramonte for her dedication and excellence in Track and Field. Congratulations!

LETTERS FROM EDWIN

Responsibility

Today was sunny for a change. Relatively warm, and an all round decent day. I considered, with it being a day of rest, that doing nothing but maybe visiting friends and family was in order. But with so much outdoor work waiting to be done, I caved to the conditions.

After digging out the worm stuff buckets, I changed plans knowing that that thread of activities would lead to lots of digging in the dirt kind of farmer fun that I wasn't quite in the mood for, the day after a gig. It was a good gig, lots of happy appreciative people, the rain actually stopped, and we saw the sunset, but it was another long late drive home trying not to fall asleep behind the wheel.

That happened to a good musician friend of mine back in seventies. He went off the road in his van with his Hammond B3 and Leslie loaded in the back. That must have been a mess. This left his wife and daughter to fend for themselves. Heart wrenchingly sad. It's one of those little talked about details under the heading of "other" in the

job description of gigging musicians.

At least back then, there were late night places to stop in and charge your batteries for the drive. There were even 24 hour restaurants to get something good eat. I used to buy five cups of coffee to line up on the shelf in the bus to try to help me not nod off driving home from distant gigs to marginal effect. Lacking insulated travel mugs, it was all cooled off by the third cup. These days, most everything is closed by the time we're packed up and ready to head home. Even with our earlier hours it's hard to find an open convenience store.

I decided to take on the thirty inch grass with my 20-inch lawn mower. Thank God that it's self propelled, because it was still quite a chore. It took me all afternoon to clear wide enough paths to where you could walk far enough away from the tall tick ridden stuff and avoid getting jumped upon. I should get chickens just to eat my ticks. That's just what I need though, another responsibility.

Lots of people rush

into getting chickens and soon discover that there is a lot more required than letting them wander around the yard and dropping their eggs. Critters quickly show up and pry upon these creatures. Your whole flock could get wiped out in a single night. Your coop and yard needs to be a totally encapsulated mesh of metal screening to fend off all flying and digging predators. If allowed to wander, there's a good chance that they'll find a more preferable place to drop their eggs than your nicely planned nesting box. Don't forget to pick up some fake egg decoys. They like to keep all their eggs in the same basket.

I've enjoyed reading about all the creative means by which modern small farmers accomplish protecting their flock while still allowing them to free range. Movable coops and enclosures make everything wonderful. I look at my yard and think to myself that I could do something like that, then I realize that I have another twist to deal with. Winter.

A while back, I considered getting a dog. They

are such good companions. They calmly listen to all your complaints and still smile and love you dearly. They don't ask much but a couple bowls of food and daily walks to get their exercise and excretions taken care of. I get a little of that from the cat, who does constantly seek my affection, but a cat's love isn't the same as a dogs love. A friend of mine put it bluntly: If you died in your house, your dog would mourn over you, your cat would eat you.

That's pretty gruesome, but from what I've read, pretty much true. My dog growing up was a toy fox terrier. A tiny little critter. My father used to refer to it as a rat dog. I never knew the truth to his statement until a couple years ago. A friend of mine had a major rat problem under her chicken coop. She hired a woman with terriers to come and take care of the situation, and take care they did. It was truly amazing what them there rat dogs did.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

Pretend!

finger length increased—an observable biological response. Some tossed their canes. A few played touch football on the lawn. All without medication. No surgery. Just belief, imagination, and embodiment.

Draw from that what you will. But here's the question worth asking:

Who are you pretending to be?

We don't always think of ourselves as actors. But we are. Every day, we step into roles—some conscious, many not. The tired one. The anxious one. The too-late one. The responsible-but-forgotten one. The victim. The almost-was.

We play them so well that we forget we're performing until it becomes our truth.

Some would look at that Harvard study and scoff, "They were putting on a facade." But that's not what happened at all. I think they were peeling off the facade.

I think, for five days, they stopped pretending

to be old—and remembered who they really were. They told a new story in their heads. And their bodies followed. Their minds led. And biology responded.

That's the power of identity.

"We are what we pretend to be, so we must be careful about what we pretend to be," wrote Kurt Vonnegut.

Because here's something most people never consider: every one of us is pretending. All the time. Based on what we believe. Based on what we've agreed to about ourselves. Based on what we were told—and accepted—about what's possible.

So ask yourself: Are you really who you've been pretending to be?

Because if you want to know who you're acting like, just look at your results. Your life is the clearest revelation of who you've agreed to be. And if you want new results, you don't need to push harder—you need

to play a new role.

That starts with changing your internal I Am. From "I'm too late" to "I'm right on time." From "I'm stuck" to "I'm growing." From "I'm not enough" to "I'm becoming."

It's not about faking it 'til you make it. It's about embodying what's already inside you. Athletes do it. Performers do it. Therapists teach it.

Visualization. Rehearsal. Mental programming. To the brain, there's little difference between real and vividly imagined experiences—when you're fully immersed, your biology plays along.

So, who you imagine yourself to be—over and over—becomes your lived experience.

Do you have the courage to be yourself?

Or have you been playing a role for so long you forgot there was a difference?

You don't need to wait for someone to recreate your environment. You don't need to wait for permission. You can create  
SEE MOORE, PAGE A5



# New Durham Public Library launches Summer Reading Program packed with events and prizes

NEW DURHAM — The New Durham Public Library is thrilled to announce the launch of its 2025 Summer Reading Program, running from June 18 to Aug. 5. This year's theme is "Level Up Your Reading," and readers of all ages are invited to explore creative ways to gamify their reading life.

Sign-ups begin June 18! Kids can stop by the library June 18-24 to decorate their summer game character and start completing "10 in 10" reading level challenges. Reach Level 500 to win the grand prize! Each library visit earns a raffle ticket, and teens and adults can win prizes too. Stop by the library to join the fun!

- Event highlights include:**
- Kick-Off Party: Join us on Tuesday, June 24 at 5 p.m. for our Kickoff event with Lindsay and her Puppet Pals!
  - "Tunesdays" at the Park!: Thanks to a grant from the NH State Council of the Arts, we're hosting live music Tuesdays in July! Come down to Smitty's Ballfields from 6-8 p.m. on July 8, 15, 22, and 29 to see live bands. And then come back at 5 p.m. on Aug. 5 for our National Night Out!
  - Free Book Giveaway on Monday, July 14 at 3 p.m.! Thanks to a grant from the Children's Literacy Foundation, patrons and residents can come to the library for a fun storyteller and get free books to take home!
  - Weekly Family & Kid Programs: Wednesdays at 1pm we're having fun kids programs! On July 9 at the library, we're hosting the Children's Museum of New Hampshire for an engineering program. On July 16, families are invited to the Meetinghouse for a Nature Scavenger Hunt. On July 23, head back to the library to for a Playful Engineers Makerspace program.
  - Game Nights: Thursdays are game

nights! Thursday, June 26 at 5:30 p.m., we're holding an Uno Tournament! No registration required. Then, starting July 10, we're holding game nights at Smitty's Ballfields. We'll be playing kickball, ultimate frisbee, four square, and more!

• Puzzle Competition: On Wednesday, July 30 at 5:30 p.m., we're hosting our very first puzzle competition! Grab your friends and form a team of three or four to compete in this fast-paced puzzle competition to see who can finish their jigsaw puzzle the fastest!



Don't have a team? Sign up and we'll pair you up with other players!

• End-of-Summer Celebration: Mark your calendars for Aug. 5! We're having our Second Annual National Night Out down at Smitty's Ball-

fields! At 5pm we'll have a kids performer and a touch a truck. At 6 p.m., we'll have live music from a local band. There will be vendors, S'mores, face painting, and more!

The library is so excited to bring another summer full of fun and learning to New Durham. Whether you're a preschooler listening to your first story or a lifelong reader discovering your next favorite book, there's something for everyone this summer.

We're incredibly grateful to this year's local sponsors, including Barn Doggie Daycare, the New Durham General Store,

and a monetary donation made in memory of a wonderful patron who loved reading and loved the library. The Friends of the Library also contribute to the summer reading program by helping us pay for the fun programs we have. This support is what makes our program possible.

Have any questions? Stop by the library, call us at 603-859-2201, or visit our Facebook or website to learn more.

And don't forget! The library hours are changing for the summer! We'll be open 10 a.m.-5 p.m. on Tuesdays and we'll be closed every Saturday in July and August.

## Gilman Library kicks off Color Our World Summer Reading Program June 21

ALTON — The Gilman Library Summer Reading 2025 program, "Color Our World," kicks off this Saturday, June 21, with a very colorful movie matinee. This fun, family movie will be shown from 10 to 11:30 a.m. The Reading Program will continue through the season until Saturday, Aug. 9. There are several fun challenges and opportunities to win prizes and special events planned for all ages.

Four events requiring pre-registration will be held during Summer Reading 2025, in addition to ongoing events like Art Swap and Reading Challenges. A "Paint a Bookend" event will be on Thursday, June 26 from 2:30 to 4 p.m. This is geared for ages eight to 14. There will be two "Paint and Pizza" nights. These are designed for ages 14 through adults and will be held from 4 to 6:30 p.m. on Thursday, July 10, and Thursday, July 24. The final event, for ages three to eight years old, will be "Watercolor Wonders," on Saturday, Aug. 2, from 10 to 11:30 a.m. To reiterate, these four events

require pre-registration, and space is limited, so be sure to sign up early, to secure your spot for the fun.

Throughout the summer, there will be an ongoing Art Swap in the Teen Wing. Anyone may participate in this program. Create a piece of art to leave on the bulletin board and take someone else's creation home to enjoy. Any age may participate. The Reading Challenges are for all ages as well. Earn a raffle ticket for every hour of reading documented on your reading log. Reading together counts individually for each person involved, so be sure to include your family reading time.

Thank you to our sponsors, The Friends of the Gilman Library, Alton Hannaford, Shibley's at the Pier, and Shibley's Drive-in. Donations of supplies to assist with Summer programs are gratefully accepted. The Gilman Library has a listing on SoKindRegistry, with a very specific wish list, if you are interested in helping with this proj-

ect. More information is available on our Web site at gilmanlibrary.org. Just click the black "Donate" bar above the menu, or go to sokindregistry.org and find our library listing there.

While you are at the library, be sure to see our Friends of Gilman Library BBQ Raffle. Only 100 tickets will be sold for this special raffle. Tickets are \$5 each, for a chance to win a beautiful, red, Outsunny rolling party cooler. This steel, 80-quart, double-sided cooler, with attached bottle cap catcher, has two separate sides on a raised stand. The four sturdy wheels make it portable and two wheels lock as needed. The cooler is valued at \$130. The Friends of the Gilman Library have filled it for you with beverages, pickles, chips, S'more supplies, condiments, seasonings, paper products, grilling utensils, frisbees, a ball, and a \$50 Hannaford card, and much more. This increases the total value to over \$300. The tickets are going fast, so hurry in. See you at the library!

## Gilford Public Library Classes & Special Events June 19 - June 26

**Thursday, June 19**  
Geri Fit, 9-10 a.m.  
Senior Nutrition: The Road Less Traveled to Feel Your Best, 10-11 a.m.  
What if the "Guidebooks" are wrong? Have you been following standard nutrition advice, but still don't feel well? Discover a path to vitality and wellness that could just make all the difference. Presented by Vanessa Hahn from Hahn Health Primary Care.  
French Club, 4-5 p.m.

**Friday, June 20**  
Senior Sculpt, 9-10 a.m.  
Bridge, 10 a.m.-noon  
June In Bloom: Chair Yoga, 10-11 a.m.  
Hand & Foot, 12:30-2:30 p.m.  
Happy Crafters, 1:30-2:30 p.m.  
Advanced Conversational German, 2:30-3:30 p.m.  
Beginner Line Dancing, 4-5 p.m.

**Saturday, June 21**  
Beginner Line Danc-

ing, 10-11 a.m.

**Monday, June 23**  
Fun and Fitness With Joyce, 9-10 a.m.  
Mahjong, Noon-3 p.m.

**Tuesday, June 24**  
Geri Fit, 9-10 a.m.  
Senior Sculpt, 10-11 a.m.  
Summer Storytime, 10:30-11:30 a.m.  
Intermediate Line Dancing, 4-5 p.m.  
Film Classics: The Most Iconic Scenes in Movie History, 5:30-6:30 p.m.  
Award-winning author and pop culture historian Marty Gitlin delves deeply into film history then travels forward to show videos of the most iconic scenes ever seen on the silver screen. He will highlight scenes from such classics as "Gone With the Wind," "The Wizard of Oz," "Casablanca" "It's a Wonderful Life," "The Graduate," "Jaws," "One

Flew Over the Cuckoo's Nest," "Rocky," "Raiders of the Lost Ark," "E.T.," "Saving Private Ryan," "Dances with Wolves" and other legendary movies while playing classic film trivia with attendees. Marty will also talk about what made these film scenes so iconic in this highly entertaining presentation and have autographed and personalized copies of his books available afterward. This presentation will be very memorable, so we'll see you there!

**Wednesday, June 25**  
Senior Stretch Yogaah!, 9-10 a.m.  
Card Games, 10 a.m.-noon  
Check out an Expert, 10 a.m.-noon  
Paint Group, 1-3 p.m.  
Summer Reading Program Kickoff!, 4-5 p.m.  
Join in on the celebration of our S.R.P. Kick-off! Sign-up for summer reading and enjoy the delicious food, life-size games, and more!

## Gilford Public Library Top Ten requests

1. "The First Gentleman" by Bill Clinton & James Patterson
2. "Nightshade" by Michael Connelly
3. "Finders Keepers" by Stuart Woods
4. "The Correspondent" by Virginia Evans
5. "Hidden Nature" by Nora Roberts
6. "The Lions of Winter" by Ty Gagne
7. "The Frozen River" by Ariel Lawhon
8. "Battle Mountain" by C.J Box
9. "25 Alive" by James Patterson
10. "Great Big Beautiful Life" by Emily Henry

**Thursday, June 26**  
Geri Fit, 9-10 a.m.  
French Club, 4-5 p.m.

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**MOORE**  
(continued from Page A4)

the shift now. Change the channel in your mind. Step into the role you were born to play. Speak differently. Walk differently. Believe differently. And soon, you'll see that your results follow your role.

If five days of pretending to be younger changed the lives of elderly men... imagine what six months could do for

you.

"Live out of your imagination, not your history," wrote Stephen R. Covey

The question isn't whether it works. The science is there. The results are real.

The real question is: Who have you been pretending to be?

And more importantly—Who are you ready to become?

Because in the end,

identity isn't something you find.

It's something you choose.

Because your identity isn't written in stone—it's written in action. And today is as good a day as any to begin the rewrite.

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# Alton Garden Club learns about blueberry farming

ALTON — Another fun and informative meeting of the Alton Garden Club was held on May 27 at the restored barn of one of our members. Speakers of the day were Duncan Geddes of Geddes Farm in Gilmanton Iron Works

and granddaughter Margeaux Breton. A fifth-generation blueberry farmer, Geddes takes pride in his primary crop of low bush blueberries, although he does some haying, logging and also produces a small amount of maple

syrup. Approximately 25 acres are farmed for berries, but every other year one of the two fields must be burned down to provide new growth for the following year's fruit. Surprisingly, 17 tons of berries were produced during the farm's



sible was quite apparent. Geddes also told of his growing-up years working side by side with his father and their shared love of traditional music.

Berries are available beginning in July at Geddes Farm and at Gilmanton Farmers' Market, Sundays from 11 a.m. until 2 p.m. Be sure to try Margeaux's delicious blueberry lemonade while you're there.

Blueberry farming requires hard work and dedication. We thank Duncan Geddes and Margeaux Breton for taking the time for this presentation, which was appreciated by all.

If you are interested in learning more about Alton Garden Club, see our web site: [altongardenclub.com](http://altongardenclub.com). Meeting dates and topics are also posted on our Facebook page. Guests are always welcome!

## Author Travis Kennedy to appear at Country Bookseller

WOLFEBORO — Acclaimed writer Travis Kennedy will be signing copies of his debut novel, "The Whyte Python World Tour," at The Country Bookseller on Saturday, June 28 from 4-6 p.m.

Crafted on the satirical knife-edge between high-suspense and head-banging hilarity, Kennedy's adrenaline-charged novel is delightfully steeped in '80s music and cultural nostalgia, delivering one of the most entertaining reads of the year.

Rikki Thunder, 22-year-old drummer for

the scorching new '80s metal band Whyte Python, is about to have it all: global fame, a dream girlfriend, and a closet bursting with premium spandex. But an unwitting role as an international spy? That's something he definitely could not have imagined.

The novel is being adapted into a feature film by Paramount Pictures with filmmakers John Francis Daley and Jonathan Goldstein ("Dungeons & Dragons," "Game Night," "Vacation," "Spider-Man: Homecoming," "Horrible Bosses," "Cloudy with a

Chance of Meatballs 2," etc.) leading the project.

Kennedy's work has been featured in the Best New England Crime Stories and Best American Mystery Stories anthologies, Ellery Queen Mystery Magazine, and McSweeney's Internet Tendency. He is the Grand Prize Winner of ScreenCraft's 2021 Cinematic Book Contest for "Sharks in the Valley," to be published as Welcome to Redemption. He lives in Scarborough, Maine, with his wife and their two children. "The Whyte Python World Tour" is his debut novel.

### PMHS GRADS

(continued from Page A1)

year they won all the gym games in Winter Carnival, but in junior year they were only 25 points shy of winning. She said this could have been changed if two or three more people showed up.

"We did it because all of you showed up, because we participated we all came out better for it and if there's one thing I want everyone here this evening to take away it's to do something be a part of your community no matter how small or big the effort, show up it truly makes a difference," Cowser said.

This year's commencement speaker was PMHS alumnus Howie Sanborn, who shared his story of his time in military service to his current achievements as a Paralympian.

When Sanborn graduated in 2000, he had already enlisted in the Army to pursue his lifelong dream of being an Army Ranger. He became a Ranger in 2002 and was deployed to Iraq in 2003. In 2007 he became a Golden Knight and took part in numerous skydiving missions including for sporting events and even in "Transformers 2."

Before doing one air show, he went on a workout on his bike and was struck by a distracted driver going 65 miles per hour. He said he woke up in a hospital bed and was told his back was broken and his spinal cord was irreparably damaged. He was told he was paralyzed and likely would never be able to walk again.

"My hope for you is



COURTESY PHOTO

PMHS junior Grant Ferraro plays the National Anthem at the beginning of this year's PMHS graduation.



COURTESY PHOTO

Valedictorian Victoria Cowser.



COURTESY PHOTO

Commencement speaker Howie Sanborn.



COURTESY PHOTO

Salutatorian Wyatt Varney.

that none of you ever give up you might have to change paths restart completely and do things dif-

ferently, but never give up," Sanborn said.

He said it is part of the Ranger creed to never give up and he followed that.

"I was fortunate to have lived this creed because in that hospital bed I had a decision to make but deep down," he said. "I already knew the answer I would choose a new mission I would fight under that objective."

Seven months after the accident he trained to

best year! Geddes prefers bumble bees over honey bees for pollination and uses pine needles for fertilizer, trying to be as organic as possible. Because the bushes grow low to the ground, special short-handled rakes are used to remove the berries from the bushes.

### GHS GRADS

(continued from Page A1)

you made someone feel," Sperazzo said.

Class President Grace Kelly said this class has had a lot of opportunities to bond and get to know each other such as on senior sunrise and sunset events, the class whitewater rafting trip to Maine, and many others.

"They were moments when we came together, celebrated together, and just had fun together," Kelly said.

Kelly asked the seniors to remember their moments in high school. She also said any path they take after graduation is valid and there is no one path to travel. Kelly encouraged the students to go forward with "courage, spirit, and hope."

Salutatorian Ben Wolpin said from elementary school through high school the students' lives and routines have been closely planned, but there have been moments of spontaneity. He talked about the importance of being willing to embrace spontaneity.

"This spontaneity has led to some of the most memorable moments of my high school career," Wolpin said. "Spontaneity does not mean being reckless, it means being open to experience."

He said unplanned moments like these will be some of the most memorable.

"We should be open to spontaneities we had never imagined," he said.

Valedictorian Georgia Eckhardt said she hopes that her fellow graduates "stay curious." She said they learned how to ask questions in school.

"The most important questions weren't the ones in the textbook," she said. "It's why that mat-

Once picked, the berries are manually inspected by seasonal employees and family members, and any stones, leaves or soft fruit is removed. The quality of the berries is very important to the Geddes family, and their dedication to offering the best product pos-



ERIN PLUMMER

Valedictorian Georgia Eckhardt.



ERIN PLUMMER

Salutatorian Ben Wolpin.



ERIN PLUMMER

Commencement speaker Jennifer McDonald.

ters."

She said she wasn't good with asking questions before, but she has gotten better at it.

"Now I understand the point was to never have a perfect answer," Eckhardt said.

She said she hopes the class continues to ask questions because staying curious has a lot of benefit in their lives.

"My hope is that we stay curious," Eckhardt said.

This year's commencement speaker was GHS math teacher Jennifer McDonald. McDonald shared the story of her experience walking the Camino de Santiago trail between Portugal to Spain. She said she walked 170 miles alone with only a backpack, saying she learned how to manage those long pe-

riods of solitude.

McDonald said after a while she stopped resisting the solitude and took the opportunity to enjoy quiet and stillness. McDonald said some of the greatest moments included eating right by the coastline and watching the waves splash on the rocks.

She said a journey like that is similar to the big journey the students were experiencing right then.

"In many ways, your journey is just beginning," McDonald said. "It will challenge you; you're heading into an exciting wild."

She said they will learn that "likes and salaries" aren't the most important things in life and they will get their best experiences in the moment. SEE GHS GRADS, PAGE A10



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# A Listening Room Experience at June 26 songwriter show

MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) which has brought the monthly music series Songwriter Round-Up to the Lakes Region is set to deliver another great show at the end of this month. Held in the region's premier listening room, The Loft located on the second floor of the Winery, this series has been giving audience members a chance to experience the original music of talented singer-songwriters from the New England area and

beyond. At each show three artists share their songs and stories in a unique in-the-round style performance. This intimate series features two different songwriters each month alongside host performer Katie Dobbins. The series has been steadily gaining in popularity with many sold-out shows and a growing number of area residents attending as many shows as possible to experience the show "magic" that each new lineup creates. Winery co-founder and owner Bob Manley is thrilled to have his es-



tablishment be home to the monthly Songwriter Round-Up Series. Remarking on the success of the series, Manley reaffirms the valued partnership the Winery has developed with Katie Dobbins Music, expressing, "Working alongside Katie Dobbins and her Song-

writer Round-Up Series has been an absolute delight. Katie brings an engaging presence to the stage, effortlessly connecting with our audiences and showcasing incredible talent with each performance." The next Songwriter Round-Up show takes place on Thursday, June

26, featuring the Lakes Region's own Katie Dobbins, a singer-songwriter who delivers her artistry with beautiful vocal tones wrapped in guitar and piano melodies, Reese Fulmer, an award winning Americana singer-songwriter from New York, and Talia Rose, a Boston-based singer-songwriter that delivers deeply personal lyrics accompanied with intricate guitar arrangements. All of these artists bring their own unique life-lyrics, melodies, and styles to the stage. This promises to be an evening of great original mu-

sic and dynamic entertainment that you won't want to miss. Learn more about each of these artists on the Hermit Woods Winery Web site. A complimentary wine tasting will begin at 5:30 p.m., the Loft opens at 6 p.m. for seating & dinner orders, and music starts at 7 p.m. Patrons can further enhance their evening by selecting from a menu of tasty items available from Chef Kaylon Sweet of Sweet Mercy's Kitchen. Tickets can be purchased in advance at hermitwoodswinery.com/the-loft or in-person at the Winery.

## SOFTBALL

(continued from Page A1) the first two outs. Mallo-ry Enman though would follow with a triple to deep center field. Brielle Kelly drove her in with a double, cutting Prospect Mountain's lead in half. Coach Christie told his team it was time to respond, to get that run back.

The Timber Wolves did one better, plating two runs on three hits and a St. Thomas miscue. Mackenzie and Paige Harding started the inning with sharp singles, and both moved up on an error. Christie knocked in MacKenzie will a sacrifice fly to center field. Noyes delivered a huge two-out, RBI double to put the Timber Wolves in control with a 4-1 lead.

Things unraveled uncharacteristically for the Timber Wolves in the bottom of the fifth.

After retiring the first two batters, STA pitcher Abbie Gaynor worked a walk. Amelia Anderson reached on an error and things got rolling in the wrong direction. Hailey Anzmann and Paige Pelletier followed with RBI singles to cut Prospect's lead to 4-3. An error on a force out attempt at third allowed the tying run to score.

Prospect Mountain looked to regroup, but never seemed to settle back down. After going down in order in the sixth, Wilson ripped a two-out double to bring some life back to the Timber Wolves in the seventh. The senior though was stranded there.

Miscues would end it in the seventh. Anderson would reach on an error to start the inning. An errant pickoff attempt would go out of play, putting Anderson on third base with no outs. Af-



Prospect Mountain senior **Tori Christie**, left, embraces teammate **Olivia Noyes** after scoring on a Noyes sacrifice fly in the third inning of the NHIAA Division III state championship game against St. Thomas.



Dissatisfied Timber Wolves clap as St. Thomas receives their medals after a tough 5-4 loss to the Saints.

ter a walk, Wilson bore down and struck out the next batter for the first out. The Timber Wolves elected to give Enman a free pass to load the bases, creating a force play at the plate as well as potential double play.

Kelly lifted a fly ball

just in foul territory that was caught, the throw to the plate was offline to allowing the winning run to score.

"Some of the mistakes we made I really can't explain," coach Christie said. "We have a standard here. We had an op-



The ball skids past Prospect Mountain catcher **Olivia Noyes** as St. Thomas' **Hailey Anzmann** slides head first in for a run in the fifth inning of the NHIAA Division III championship game.

portunity to stick to that

standard, and the reality is that we just gave it away. "We knew we were going to hit the ball. We had an approach offensively," he continued. "I'm happy with everything we did at the plate. We just had some stupid mistakes to give it away."

"It's one bad bounce here and a spin on the ball followed by wo flares that drop in. No excuses though. We had an opportunity and we let it get away."

Christie and MacKenzie went 2 for 3 with an RBI and a run scored to pace Prospect Mountain's eight-hit attack. Noyes had a double and

two RBI. Wilson, Bowman, and Harding had the other hits for the Timber Wolves.

Before things came apart, Harding and MacKenzie made great catches in center and left field. Taylor Greenwood also played well in right.

Wilson took the loss, allowing the five runs on seven hits and five walks. The senior recorded four strikeouts.

Despite the rough ending, Prospect Mountain's four seniors (Noyes, Wilson, Christie, and Alexandria Duclos) had a special run. Christie was the D-III Player of the Year with 153 hits this spring.

"It was a great run for these seniors. They won 76 of 78 games with three state championships and a runner-up finish," coach Christie said. "They really had fantastic careers."

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SPORTS

Golden Eagle lacrosse girls fall in title game



JOSHUA SPAULDING

Gilford captains (l to r) Lilly Winward, Addison Normandin, Abigail Watson and Olivia Keenan pose for a photo with the Division III runner-up plaque after last week's championship game.



JOSHUA SPAULDING

Abigail Watson controls the ball in the face of the St. Thomas defense in action last Tuesday evening in Exeter.

BY JOSHUA SPAULDING

Sports Editor

EXETER — The Gilford lacrosse girls didn't let an early St. Thomas lead get them down in the Division III finals on Tuesday, June 10.

After the Saints outscored the Golden Eagles 5-1 in the first quarter, Gilford fought back to tie the game late in the first half and battled back and forth for most of the second half before the Saints pulled away in the final minutes and took the 15-11 win to win the Division III championship at Bill Ball Stadium at Exeter High School.

"Our girls came out strong and never let down," said Gilford coach Jennifer Watson. "I'm proud of them, they worked hard all season."

The Saints scored the game's first goal 1:17 into the game after a free position shot was deflected and they put the rebound home. Abby Watson had a shot denied and the Saints had a pair of chances miss the mark, including a free position shot.

With 9:05 to go in the first quarter, St. Thomas doubled their lead, but Gilford battled back and scored just 35 seconds later. Leah Davignon got the Eagles on the board with 8:30 to go in the first quarter, cutting the lead to 2-1.

The Saints scored on a free position shot just 26 seconds later to open up the lead and Olivia Keenan and Watson teamed up on a couple of chances, with the Saint goalie making the saves.



JOSHUA SPAULDING

Olivia Keenan charges up the field with the ball in championship game action last Tuesday in Exeter.



JOSHUA SPAULDING

Addison Harris (center) is congratulated by her teammates after scoring in the Division III championship game last Tuesday.

Camryn Coutts and Keenan teamed up on another bid and Keenan had a free position shot denied by the St. Thomas goalie.

With 5:41 to go in the first quarter, the Saints scored their fourth goal for the 4-1 lead. Watson had a bid denied and then sent a free position shot off the post. The Saints added another goal with 2:22 to go in the first quarter and Keenan came back with a chance that was denied. Watson had a good defensive stop and also had a free position shot denied and the first quarter ended with Gilford down 5-1.

St. Thomas had a couple of early chances that Gilford goalie Lilly Winward saved and Coutts had a free position shot go wide of the net. Addy

Harris and Keenan teamed up on a chance as well.

The Golden Eagles cut the lead to 5-2 with 9:10 to go as Keenan scored on a free position shot. Keenan and Coutts teamed up on a chance that went high and Winward stopped another St. Thomas shot. Addison Normandin, Keenan and Davignon teamed up on a chance as well.

With 6:58 to go in the first half, Davignon scored on a free position shot to cut the lead to 5-3 and then just 27 seconds later, Keenan scored for the Golden Eagles to cut the lead to 5-4. St. Thomas came back and scored with 4:10 to go in the first half to push the lead to 6-4 and then had a free position shot go off the post.

Harris made a great



JOSHUA SPAULDING

Gilford goalie Lilly Winward is greeted by her teammates after introductions before the Division III championship game last Tuesday evening.



JOSHUA SPAULDING

Camryn Coutts charges out of the crowd during championship game action against St. Thomas last week.

run up the field and was awarded a free position shot with 2:43 to go and buried the shot to cut the lead to 6-5. Keenan and Davignon teamed up on another chance that the defense stopped.

With 2:14 to go in the first half, Davignon scored on a free position shot to pull the Golden Eagles even at six before the Saints scored the final goal of the first half with 1:39 to go. The Saints had a shot go wide and Winward stopped a free position shot. Davignon and Keenan combined on a chance that went high and Keenan had a late chance denied and St. Thomas took the 7-6 lead to the halftime break.

Watson and Calia Blackey combined on a chance early in the second half and Blackey had a free position shot stopped. Davignon pulled Gilford even with less than a minute gone in the second half and Keenan and Watson teamed up on a chance.

With just less than two minutes gone in the second half, the Saints finished off a pass from behind to take the 8-7 lead. Harris made a good run up the field and the Saints had a shot go wide of the net.

The Golden Eagles pulled even again with 7:41 to go in the third quarter, as Harris made a nice pass to Coutts, who buried the ball to even things up at eight. After Winward stopped a free position shot, the Saints scored on another free position shot for the 9-8 lead. Gilford then held strong and killed off a two-minute penalty on Keenan, with Lianna Keenan and Mckenna Howard making a good defensive stop. Normandin had a shot go over the net and Olivia Keenan came back with a free position shot that was saved.

The Saints opened the lead up with 2:45 to go on a free position shot for the 10-8 lead and after Watson had a free position shot denied, Davignon grabbed the rebound and

buried it to cut the lead to 10-9 with 1:54 to go. The Saints added a goal with 1:21 to go and took the 11-9 lead to the final 12 minutes.

Normandin finished off a feed from Harris just 37 seconds into the fourth quarter to pull Gilford to within one and after the Saints sent a shot high, they scored their 12th goal with 9:16 to go. They added another goal on a free position shot with 8:40 to go to push the lead to 13-10.

Olivia Keenan sent a nice pass to Watson with 8:17 to go for what would end up being Gilford's final goal of the game. The Saints added another goal with 7:34 to go and Gilford kept pressuring with Watson and Coutts teaming up on a chance that the defense was able to stop. St. Thomas scored another with 4:06 to go and Winward was able to turn away a couple of St. Thomas shots. Watson had a free position shot denied and Olivia Keenan had a free position shot denied as well. Watson and Blackey got in close late, but the Golden Eagles couldn't pull even and St. Thomas took the 15-11 win.

"We were the underdogs coming into the season and we had to fight our way to the second seed," Watson noted. "But I think it should've been the two of us here tonight."

"I am sad for our seniors, but they never gave up," she continued. "You can only control so much of what happens out there."

Watson was pleased with how her team adjusted after the tough first quarter.

"Things just weren't clicking, sometimes we have organized chaos out there," the Golden Eagle coach said. "When we were finally able to breathe a bit and settle in, you could just see them click."

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Solid showing for Golden Eagles, Timber Wolves at Meet of Champions

BY JOSHUA SPAULDING

Sports Editor

DURHAM — The track Meet of Champions, featuring the top athletes from across all three divisions in the state, took place on Sunday, June 8, at Oyster River High School in Durham, with local athletes putting up some solid performances.

For the girls, Belmont's Ava Lacasse and Newfound's Elle MacDonald both earned top-seven finishes in two of the sprints. In the 100 meters, Lacasse was second in the 100 preliminaries in 12.71 seconds and

third in the finals in 12.56 seconds and MacDonald was eighth in the preliminaries in 13.16 seconds and sixth in the finals in 12.85 seconds. Plymouth's Jennifer Watson was 12th overall in 13.36 seconds. In the 200 meters, Lacasse was third in 25.81 seconds and MacDonald was seventh in 26.82 seconds with Macy Sawyer of Gilford in 15th place in 28.22 seconds.

Olivia Lorenz of White Mountains Regional finished in third in the 400 meters in a time of 59.29 seconds and Sawyer finished in 15th place in

61.94 seconds. Kennett's Piper Lopashanski was ninth in the 800 meters in 2:25.04.

In the 3,200 meters, Gilford's Maria Tilley was sixth overall in 11:29.2 while in the 1,600 meters, Moultonborough's Hailey Watts was eighth overall in 5:27.38.

In the 100-meter hurdles preliminaries, Lorenz was seventh in 16.08 seconds, Adeline Takantjas of Belmont was eighth in 16.14 seconds and Norah Pelletier was 10th in 16.61 seconds. In the finals, Takantjas was sixth in 16.37 seconds and Lo-

renz was seventh in 16.6 seconds.

Takantjas also picked up a third place finish in the 300-meter hurdles in a time of 47.59 seconds and she was also sixth in the triple jump at 34 feet, 1.5 inches, with Mackenzie Hibbert of Inter-Lakes in seventh at 33 feet, 11 inches.

Pelletier was sixth in the long jump at 16 feet, 5.5 inches with Gilford's Pearl Marvel in 11th at 15 feet, 8.75 inches. Plymouth's Sophia Daigneault was eighth overall in the high jump at five feet.

SEE CHAMPIONS, PAGE A9

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SPORTS

# Sometimes, one run is all it takes

## Prospect softball edges Newport to head back to Division III title game

BY MILTON WOOLFENDEN  
Contributing Writer

HOLDERNESS — On Tuesday afternoon, June 10, the second-seeded Prospect Mountain Timber Wolves got on the board early, and that was all they needed as they defeated the third-seeded Newport Tigers by a final score of 1-0 to advance to the Division III championship game, giving the Timber Wolves a chance to bring home their fourth Division III title in a row.

Senior Alexis Wilson got the start for the Timber Wolves and made short work of the Tigers in the top of the first, including two strikeouts.

As the Timber Wolves grabbed the bats, after senior shortstop Tori Christie grounded out to start the bottom half of the inning, Wilson laced the ball into center field for a triple. As senior catcher Olivia Noyes grounded out, Wilson scored, and after only three pitches, the Timber Wolves were up 1-0.

While Newport would get a runner to third in the second, back-to-back strikeouts by Wilson got the Timber Wolves into the dugout still ahead 1-0.

In the third, after junior Paige Harding worked a walk, back-to-back fake bunts by Christie and steals by Harding saw her standing on third

### CHAMPIONS

(continued from Page A8)

The Belmont 4X100-meter team of Hannah Young, Talia Watson, Mia Ellis and Lacasse was seventh in 50.92 seconds and the 4X400-meter team of Jaelyn Nialetz, Ellis, Takantjas and Lacasse was ninth in 4:14.83.

Kennett's Quintin Plourde had a couple of top-three finishes on the boys' side of things. In the 100 meters, Plourde was fifth in the preliminaries in 11.22 seconds and took third in the finals in 10.93 seconds and then in the 200 meters, he placed third in 21.74 seconds. Wyatt Lawton of Profile was 10th in 22.99 seconds and Devin Gasque of Inter-Lakes was 12th in 23.16 seconds.

Lawton ran to third place in the 400 meters in 49.2 seconds and Landon Richards of Inter-Lakes was 10th in 51.56 seconds and in the 1,600 meters, Simon Butka of Kingswood was 10th in 4:29.39, Isaac Reeder of Profile was 12th in 4:32.03 and Hayman was 13th in



Tori Christie connects with the ball during semifinal action against Newport last Tuesday afternoon.

base with only one out. After Tigers senior catcher Natasha Carpenter wasn't able to block a wild pitch from junior Zoey Lord, Timber Wolves head coach James Christie sent Harding home.

However, the ball bounced off the fence right to Carpenter, who tossed the ball to Lord and the Tigers had Harding in a rundown. Despite her best efforts, Harding would be gloved down trying to slide back into third.

The very next pitch Christie hit a single, and one ill-fated decision kept the Timber Wolves from having a two-run lead.

"I thought we had two outs," Christie said. "I get a girl in a pickle, trying to make something

4:34.76. Reeder was also ninth in the 3,200 meters in 9:54.26 and Colin Foster of Newfound was 12th in 10:10.01.

David Walker of Inter-Lakes finished fourth in the long jump at 22 feet, two inches while in the shot put, Prospect Mountain's Parker Wood was fourth at 49 feet, 1.5 inches, Brady Filteau of Belmont was eighth at 45 feet, 5.5 inches, Kennett's Owen Arias was 13th at 42 feet and Robert Prescott of Prospect Mountain was 14th at 40 feet, two inches.

Filteau was sixth in the discus at 138 feet, one inch, Gunnar Marvel of Gilford was eighth at 134 feet, four inches and Jonah Katz of Kennett was 15th at 120 feet, seven inches. Gilford's Lukas Diaz was 10th in the javelin at 135 feet, nine inches and Max Colby of White Mountains was 13th at 122 feet, nine inches.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Alexis Wilson fires a pitch during her team's semifinal win over Newport last Tuesday evening in Holderness.

ing their breath every time a Newport player made contact, hoping for an out, and every time a Timber Wolves player made contact, hoping for a hit.

As the final out was recorded, the Timber Wolves punched their ticket to the championship and now have the opportunity to four-peat.

The other Division III semifinal was between the one-seed St. Thomas Aquinas Saints and fifth-seeded Monadnock Huskies. Earlier in the season, the Saints defeated the Timber Wolves by a score of 2-1. The loss ended Prospect's 71-game winning streak and

would prove to be their only loss of the season.

"(The seniors) have lost one game in their career, and it was to a team that may be in the final," Christie said. "I hope they get there because we're going to avenge that...I guarantee you we'll be ready for that game."

Coach Christie's wish would be granted as for the seniors to win their fourth straight state championship, they will have to go through the very team that snapped their winning streak earlier this season, as the Saints defeated Monadnock 9-3 to reach the championship in the evening semifinal.

## PETS OF THE WEEK



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# Benefit concert to combat local hunger

WOLFEBORO — First Congregational Church, UCC, 115 South Main St., Wolfeboro, is bringing back the New Hampshire band, Decatur Creek. Their concert will be held at the church on Saturday, June 28 at 7:30 p.m. The concert title is Hunger Knows all Ages. Beneficiaries include End 68 Hours of Hunger (elementary school students), Kingswood Knights Against Hunger (secondary school students), and Meals on Wheels (adults). A donation from Bricks at the Lake Lego products store has covered expenses allowing 100 percent of the ticket proceeds to be split among the three beneficiaries.

Decatur Creek's musicians are Doug Farrell, Jack Henry, and Beth Eldridge. They are singer/songwriters, and performers. Each of them sing and play multiple instruments, original songs, and uniquely arranged covers in engaging live performances throughout central New England. Their diverse complementary styles deliver an eclectic acoustic sound that will bring a smile to your face, rhythm to your feet, and leave you wanting for more.

Their influences run from the traditional to Americana - country, folk, blues, and rock - with the focus on the songs,

lyrics, and vocals. The band's 2015 debut self-titled release and 2018's follow-up, "Rising," continue to garner airplay with well-crafted lyrics, unique arrangements, warm vocals, tight harmonies, and crisp musicianship that flows with rhythm, soul, and wit.

Doug crafts many of the band's original tunes, plays rhythm and lead guitar and mandolin, and sings lead for some harmony vocals. Jack handles the bass, harmony vocals, some lead vocals, rhythm and lead guitar, dobro, electric lap steel, and high-string guitar. Beth shines on the fiddle and adds rhythm guitar along with her solid lead

and harmony vocals. Their diverse but complementary styles, backgrounds, and skills

fuel the group's evolving original acoustic sound — always with a strong focus on songwriting and

vocals. Tickets: \$20, available at Black's Paper Store and at the door.

## Jaimen Sawyer earns Dean's List honor at Paul Smith's College

PAUL SMITHS, N.Y. — Paul Smith's College is pleased to announce that Jaimen Sawyer of Gilford has been named to the Spring 2025 Dean's List or Adirondack Scholars.

Congratulations on earning this academic achievement, Jaimen!

Learn more at paulsmiths.edu

**About Paul Smith's College**

At Paul Smith's College, it's about the experience. As the only

four-year institution of higher education located in the Adirondack Park in upstate New York, Paul Smith's provides real-world, hands-on learning in fields such as business and hospitality, culinary management, forestry, environmental sciences and natural resources. We are able to draw on industries and resources available in our own backyard while preparing students for successful careers any-

where. Our community of resourceful, enterprising, supportive and adventurous individuals collectively provide experiential education, student support in the classroom and beyond, and meaningful opportunities for our alumni. We pride ourselves on research and advocacy on issues that improve our planet and the lives of the people who inhabit it. Learn more at paulsmiths.edu.

### SPORTS

## Alton teams finish first and second in 10U softball tournament



COURTESY PHOTO

The Alton Youth League 10U softball teams captured first and second place in the recent Lakes Region Softball League tournament, held at The Nick in Wolfeboro.

WOLFEBORO — The Lakes Region Softball League finished up its 10U tournament this past week, hosted by the Kingswood Wave at The Nick in Wolfeboro. With 10 teams competing from Alton, Barnstead, Pittsfield, Wakefield, Wolfeboro, Gilmanton and Ossipee the double-elimination tournament started on Monday, June 2, and concluded on Thursday, June 12.

The last two games for championship were between Alton Frederick and Alton Senter. Alton Frederick lost their first game to Gilmanton

in the tournament play and rallied through the losers' bracket to win five games in a row and earn their spot in the championship game. Alton Senter had an impressive four-game winning streak through the winners' bracket to meet them and suffered their first loss. The following evening resulted in another match up that both teams evenly battled. With Alton Frederick last at bat in an unlimited-run inning, they were able to secure the championship.

Alton Youth League is incredibly proud to have represented the top

two teams in the Minors tournament bracket this year. It is the first time in 10 years that Alton has brought home a trophy from the Lakes Region Softball League. The program has been growing well since the COVID epidemic and the league looks forward to learning and growing with local youth for many more years to come.

Anyone interested in joining Alton Youth League's Summer Sandlot League for 10U and 12U players is encouraged to look out for the registration link that will be posted on the league's Facebook page.

## Alton Garden Club to learn about roses

ALTON — Alton Garden Club's June meeting will be "Roses," presented by club member Jane Bradbury.

Bradbury will begin with an introduction to the history of roses and hybridization. She will guide us through the different ways of reproducing roses and couple the information on hybridization with an actual hands-on demonstration! As a bonus, we will be treated to beautiful photos from two large rose gardens in New Zealand.

Our meeting will take

place at Gilman Library on June 24, with the presentation starting at 1:30 p.m. If you are interested in roses and would

like to learn more about them, don't hesitate to join us. Guests are always welcome.

### SWAP SHOP

(continued from Page A1)

mattresses, stuffed toys, and others. Clothing also cannot be accepted but can be donated in the box by the compactor.

They will also not accept any appliances larger than a microwave.

Reading material that cannot be accepted include textbooks, magazines, and dated manu-

als. They will also accept only one box of books per resident.

Other items that cannot be accepted include food and beverages, cosmetics, weapons, and gas cans.

The Swap Shop also won't accept items that are too heavy for volunteers to carry.

Visitors are encouraged to only stay in the swap shop for up to 20 minutes. The Swap Shop doesn't guarantee the quality of the items, and the items are not meant for resale.

The Swap Shop is also asking that people show civility.

"The Swap Shop is a place of unity, 'no politics' please," read the guidelines. "Be kind to the volunteers. We want to keep them serving you."

For more information on the Swap Shop visit the Alton NH Swap Shop page on Facebook.

### GHS GRADS

(continued from Page A6)

ment. She also told them to sometimes be brave enough to be alone and told them to approach things with empathy.


"Be the kind of person who encourages others on their path even though the pace is different and their path deviates from yours," McDonald said.

Assistant Principal Tim Goggin recognized students going into the military. Kadyn Buttermore will serve in the New Hampshire National Guard and Lilly Winward will serve in the US Air Force.

Students performed "Upside Down" by Jack Johnson.



### REAL ESTATE



#### Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))


This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

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For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.





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Gilford: Two commercial condos being sold as a package in Gilford Professional Park. Convenient location, ground level access, plenty of parking, one unit is currently leased & one ready for you!



**\$249,900**  
**MLS# 5045620**

Belmont: Move-in ready 2021 manufactured home! Features open-concept living, private primary suite, landscaped yard with gazebo, shed, paved driveway, low park fee, and access to Lake Winnisquam town beach.



**\$785,000**  
**MLS# 5045247**

Laconia: Beautifully updated Lake Winnepesaukee cottage with assigned mooring! Features panoramic lake views, gourmet kitchen, furnished interior, sandy swimming area, trampoline raft, and front-row fireworks views.



**\$999,000**  
**MLS# 5044893**

Bridgewater: Custom home on 10 private acres with 25-mile mountain views, rooftop deck, exposed beams, stone fireplace, radiant heat, gourmet kitchen, and primary suite. Includes 9-tee golf hole, heated workshop, irrigation system, RV hook-up, and whole-house generator. A true lifestyle property!



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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	Frohock Brook Road	N/A	\$100,000	Clare M. and Jeffrey A. Letendre	M&M RET and Mark A. Tilton
Alton	N/A	N/A	\$10,000	Rattlesnake Island Association Inc.	John R. and Linda Clark
Alton	N/A	N/A	\$10,000	Rattlesnake Island Association Inc.	Joseph V. and Amy L. Blandini
Alton	N/A	N/A	\$10,000	Rattlesnake Island Association Inc.	Lynne Rainen 2022 RET
Alton	N/A	N/A	\$10,000	Rattlesnake Island Association Inc.	Sedlar Services LLC
Alton	N/A	N/A	\$10,000	Rattlesnake Island Association Inc.	Steve P. and Tami L. Zeimetz
Barnstead	89 Cooke Rd.	Single-Family Residence	\$451,533	Mark and Kristina McIsaac	Izzy and Levi Horton
Barnstead	426 N. Barnstead Rd.	Single-Family Residence	\$550,000	Travis A. and Adrienne M. Gagnon	Thomas C. Minton, Jr.
Barnstead	Route 28	N/A	\$125,000	John Osborne Fiscal Trust	Anderson Fiscal Trust and Carl E. Anderson
Barnstead	N/A	N/A	\$405,000	Kristin E. Brown	Jennifer Prince
Gilford	2 Airport Rd.	Gen Office	\$900,000	UHW Properties Inc.	Paper Birch Holdings LLC
Gilford	89 Countryside Dr.	Single-Family Residence	\$874,000	Jeffrey S. Chadwick	Briana L. Stroud
Gilford	2696 Lake Shore Rd., Unit 66	Condominium	\$880,000	Christopher and Josephine Koutalidis	Adam and Kimberly Scoll
Gilford	131 Lake St., Unit C1	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C10	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C11	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C12	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C13	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C14	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C15	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C16	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C17	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C18	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C19	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C2	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C20	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C21	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C22	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C23	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C24	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C25	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C26	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C27	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C28	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C29	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C3	Condominium	\$4,700,000	Paugus Bay LLC	131 Lake St LLC
Gilford	131 Lake St., Unti C4	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C5	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C6	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C7	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C8	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilford	131 Lake St., Unit C9	Condominium	\$4,700,000	Paugus Bay LLC	131 Lk St LLC
Gilmanton	12 Arrowhead Lane	Single-Family Residence	\$440,000	Danny Chilvers	Lisa M. and Jason Kerr
Gilmanton	77 Crystal Lake Rd.	Single-Family Residence	\$260,000	Shane and Heather Malynn	Teak Ridge Re Solutions LLC
Gilmanton	4 Maple Ave.	Single-Family Residence	\$250,000	Maribeth Fountain and Maribeth Bolduc	Cierra Gonyea
Gilmanton	Shannon Road	N/A	\$245,000	Laurence J. Stanford, Jr.	Benjamin D. Schneeweiss
Gilmanton	N/A	N/A	\$544,000	Heather I. Page RET	Breno and Isabel F. Ferrari
New Durham	209 Valley Rd.	Single-Family Residence	\$458,333	James & Judith Carney RET	Mark J. and Lorraine Perry

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column “Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# Wright Museum to host lecture on Bretton Woods Conference

WOLFEBORO — On Tuesday, June 24, the Wright Museum will welcome Dr. Rowland Brucken. This is the fifth program of the Wright Museum’s 2025 Education Series.

The Bretton Woods Conference, formally known as the United

Nations Monetary and Financial Conference, was the gathering of 730 delegates from all 44 allied nations at the Mount Washington Hotel, in Bretton Woods, New Hampshire, to regulate what would be the international order after the conclusion of World

War II.

The conference was held from July 1 to 22, 1944. Agreements were signed, that, after legislative ratification by member governments, established the International Bank for Reconstruction and Development (IBRD, later part of the World Bank group) and the International Money Fund (IMF). This led to what was called the Bretton Woods System for international commercial and financial relations.

Dr. Rowly Brucken is a Professor of History at Norwich University. He teaches courses on international human rights law, the Cold War, race and racism in the

United States, and, when space allows, the history of baseball. He was Amnesty International USA’s Zimbabwe expert for 20 years, specializing in asylum advocacy and crisis response. He is a retired competitive ultramarathoner, has three grown kids, and loves to hike and bike with his wife Lisa.

Doors open at 6 p.m.,

the program begins at 7 p.m. on Tuesday, June 24 at the Wright Museum’s DuQuoin Education Center, 77 Center St. in Wolfeboro. Admission is \$8 for members and \$12 for non-members. Pre-paid reservations are strongly encouraged and can be made online at <https://wrightmuseum.org/lecture-series> or by calling 603-569-1212.

The region’s leading resource for educators and learners of all ages on World War II, the Wright Museum features more than 20,000 items in its collection that are representative of both the home front and battlefield. For more information about the 2025 Lecture Series, or museum, visit [wright-museum.org](http://wright-museum.org).

**PMHS GRADS**  
(continued from Page A6)

become a paratriathlete: learning how to swim again, use a hand-operated bike, and using a racing wheelchair. He even got a spot on Team USA for the Paralympic Games last year in Paris. He was in fifth place in the racing portion when his chair broke. Even though he was passed by other competitors, he still got back in his chair and crossed the finish line.

“Sometimes adversity is losing what, at the end of the day is just a silly race,” Sanborn said. “Sometimes adversity is losing the use of your legs. Either way adver-

sity will challenge you. No matter your decision it will change you I hope that you all let it change you for the better and I hope all of you get everything you can out of this life no matter the odds or circumstances.”

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**Local student named to Dean's List at Fairfield University**

FAIRFIELD, Conn. — Zachary Shields of New Durham received Dean's List Honors for the Spring 2025 semester at Fairfield University.

In order to be placed on the Dean's List, students must have completed a minimum of 12 credit hours in a semester, have no outstanding or incomplete grades for that semester, and have attained a semester grade point average of 3.50 or better.



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