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Winnisquam Echo

THURSDAY, JULY 13, 2023

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE



JOSHUA SPAULDING

Rylie Cotnoir of Belmont earned All-State Honorable Mention.



JOSHUA SPAULDING

Lena Rodriques of Belmont was named Second Team Division III All-State.



JOSHUA SPAULDING

Winnisquam's Lauren MacDonald was named Division III All-State Honorable Mention.

Raiders, Bears named to softball All-State teams

BY JOSHUA SPAULDING
Sports Editor

REGION — The New Hampshire softball

coaches have voted and the All-State teams for the 2023 season have been announced, with

plenty of local representation.

For the second year in a row, Ella Bernier

of Prospect Mountain was named Division III Pitcher of the Year. Maddie Carmichael of Hop-

kinton was named Player of the Year; McKenzie McGrath of St. Thomas was named Coach of the

Year and Tom Lambert of Conant was named JV Coach of the Year.

SEE ALL-STATE, PAGE A9

Celebrate Old Home Day in Sanbornton Saturday

SANBORNTON — Don't miss all the festivities! Sanbornton Old Home Day starts at 9 a.m. on Saturday July 15 in Library Field (Meetinghouse Hill Road). Enjoy breakfast items and coffee offered by the Sanbornton Historical Society while you check out our many vendors and activities. Don't forget about the parade that lines up at 10:30 for 11 a.m. kick off.

In addition to the Wildlife Encounters Ecology & Wellness Center live animal demonstration and the pony rides, we'll also have a silent auction at the T-Shirt booth for a customer chainsaw carved bear bench by our own 3B Creative Carvings by Elise Ford, a smoked BBQ lunch and dinner by Robert Charter.

The Sanbornton Library will have a model train exhibit as well as story time for the little ones. Live music will be provided by the New Horizon's Band as well as Moulton's Band and you have a wonderful opportunity to listen to the majestic organ in the Sanbornton Congregational Church.

If you've never toured the Lane Tavern, here's your chance! Tours of the historic tavern will be given by the Sanbornton Historical Society at 520 Sanborn Road, just down the street from Library Field.

SEE OLD HOME DAY PAGE A9

Summer has arrived at the Belmont Public Library

BELMONT — "If I had my way, I'd remove January from the calendar altogether and have an extra July instead." — Roald Dahl

Summer is here! At Belmont Public Library, the staff is busy as bees bringing everyone events, programs, and materials that all ages will enjoy.

Ms. Rebecca wants to give a big shout out to all the businesses that have helped us build a packed and rewarding library program. Brookside Pizza II & The Tap Public House has graciously donated free pizza coupons to give to patrons visiting the library. Ms. Rebecca received raffle prizes donated from Altitude Trampoline Park, Barnz's Cinema, Fishercats Baseball, Funspot, Gunstock Mountain Resort, Smitty's -

Tilton, and Squam Lakes Science Center. As a community, Belmont Public Library is grateful for all the donations given so we can continue to offer great gifts/prizes to those participating in our programs.

School has ended, but reading must continue! The library has the suggested reading lists for Shaker Regional School District Middle School students to browse and make selections. Visit any time to grab a book or attend one of our book clubs to complete your summer reading assignments.

Summer reading has begun! Magic Fred kicked Belmont Public Library off with a magical time on June 26. He wowed the audience with his various tricks and illusions. Children in attendance begged him to continue with his

SEE LIBRARY PAGE A9

Spaulding Academy & Family Services unveils new adaptive playground

NORTHFIELD — Spaulding Academy & Family Services recently held the grand opening of its state-of-the-art adaptive playground. This momentous occasion was celebrated with a ribbon cutting ceremony with the Lakes Region Chamber, marking a significant milestone for inclusive play opportunities in New England. Event attendees enjoyed fresh tacos and treats from food trucks, interacted with local fire departments who brought their trucks, savored lemonade from a student-run lemonade stand, received face painting, and more.

The new adaptive playground at Spaulding Academy & Family Services is one of the largest in the region with more than 10,300 square feet of play area. With careful consideration and expertise from Spaulding occupational therapists, physical therapists, teachers, residential staff, and facilities team, the entire Spaulding Family worked together with our partners Miracle Recreation and Pettinelli & Associates to build a playground that would be inclusive and fun for everyone.

"We are thrilled to unveil our new adaptive playground, which embodies the critical work we do at Spaulding Academy & Family Services," said Todd Emmons, President & CEO of Spaulding Academy & Family Services. "We firmly believe

SEE PLAYGROUND PAGE A8



8U Bumblebees win New England Regional Championship

GoFundMe page established to help local softball girls compete in World Series

REGION — The 8U Bumblebees softball team, a Lakes Region Travel Club comprised of all girls from the Winnisquam Regional School District, won the New England Regional Championship the weekend of June 30-July 2, completing an undefeated season. The regionals were held in Londonderry and featured teams from New Hampshire, Massachusetts and Connecticut. On Friday, the Bees opened pool play with a 14-1 win over Plymouth, Mass. Later Friday, they followed that with a 12-2 over the Southern NH Strikers. Saturday morning, a 9-2 win over Brookfield, Conn. clinched the one-seed in elimination play.

In the quarterfinals Saturday, the top-seeded Bees reached the Final Four with a 12-1 win over Plymouth, Mass. Then the rains came on Sunday. With all fields at the Londonderry Athletic complex under water, the semifinal games were moved inside to the New Hampshire Sportsdome in Goffstown. The Bees faced Brookfield once again and hung on for an 11-10 win to advance to the championship game against the two-time, 8U regional champion Stamford, Conn. In a back-and-forth battle and trailing by two runs entering their final at-bat, the Bees scraped together a late rally. Layla Milbourne singled with one out and took second on an error. She scored on a two-out, two-strike double by Charlie Bickford. Rylee Knopka then lined a two-strike double down the leftfield line, scoring Bickford with the winning run for a 12-11 walkoff win. Amelia Mason had a huge game for the Bees with four hits including three doubles and a single. The



COURTESY PHOTO

The 8U Bumblebees have qualified for the Babe Ruth Softball World Series at the end of the month in Florida. A GoFundMe page has been set up to help with the team's expenses in making this trip a reality.

win completes an undefeated season for The Bumblebees.

Now, the Bumblebees 8U softball team has an exciting opportunity to attend the Babe Ruth Softball World Series, which takes place from July 26 to Aug. 4 in Jensen Beach, Fla. This is an amazing opportunity for this team to represent New Hampshire, as well as all of New England. This trip will be a big undertaking, and with only a couple of weeks until the World Series, the team members are asking for the public's help.

The team's unprecedented success this season has led to this once in a lifetime opportunity. This group of young

girls has battled competitively all season, while enduring injuries, and whatever the weather has thrown at them, including lots of rain and heat, and they've finished their tournament play with an undefeated record of 28-0 on the season. Organizers are

raising money through a GoFundMe page to help fund team travel and associated costs for the trip to Florida to compete against some of our nation's greatest teams. Your tax-deductible donation will support: Airfare, hotels, team meals, spectator gate fees, USA/

Salute to Service jerseys. Please consider making a tax-deductible contribution. All gifts, regardless of size, will help make this dream a reality. Visit GoFundMe.com, search Bumblebees 8U Softball Club.

Members of the 8U Bumblebees are Charlie

Bickford, Corah Brady, Hailey Bourque, Brenlee Hilliker, Lexi Knopka, Rylee Knopka, Amelia Mason, Julia Meunier, Layla Milbourne, Emma Patsfield, Kendyll Tenney and Alanna Tupeck. The Bees are coached by Jason Brady, Jess Tilton and Jenna Brady.

Build a stool at Canterbury Shaker Village's Woodwright's Apprentice Workshop

CANTERBURY — In the spirit of the Shakers, who were known for building furniture characterized by its simplicity, clean lines, and fine craftsmanship, Canterbury Shaker Village will host Woodwright's Apprentice Workshop



on Saturday, July 15.

The workshop begins with teaching participants how to identify the trees commonly used by woodwrights and how they were turned into lumber. The workshop will also examine the properties of different species of wood and safe use of basic hand tools.

The workshop concludes with each team assembling and finishing a stool, without any glue or fasteners, that they get to take home.

"This workshop is wonderful for parents, or grandparents, with a child," said Leslie Nolan, executive director of the Village. "The simplicity and timeless design of Shaker furniture is the inspiration behind this workshop."

Woodwright's Apprentice Workshop takes place on Saturday, July 15 from 9 a.m. to 5 p.m. The cost is \$250 for an adult and child.

To register for the

workshop, purchase tour tickets, or learn more about the Village, which interprets Shaker life through tours, exhibits, buildings, gardens, and programs, visit shakers.org.

Canterbury Shaker Village is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit nhmuseumtrail.org.

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ALL WE KNOW IS LOCAL ~ SalmonPress.com



BNH contributes to Business Alliance for People of Color

LACONIA — Bank of New Hampshire is proud to contribute \$5,000 to the Business Alliance for People of Color for their Second Annual BAPOC Business Expo.

Business Alliance for People of Color's mission is to convene, support, advocate for, and promote New Hampshire businesses owned by people of color. Using representatives from the community, this non-profit organization leverages local, state, and federal resources to expand diversity, equity, and inclusion across the state of New Hampshire. This includes wealth building and social capital for the betterment of New Hampshire's minority owned businesses, underserved communities, and economic vitality.

The Second Annual BAPOC Business Expo features entrepreneurs of color exhibiting their products and/or services, along with the Business Resource exhibit hall, BAPOC restaurants and food



BAPOC-NH board members celebrating at the Second Annual BAPOC Business Expo.

COURTESY

vendors, entertainment from local BAPOC artists, and financial and speed networking workshops. This event is held to bridge the gap that BAPOC businesses face, while also bringing awareness to these businesses and their products and services.

"BAPOC's mission is to make New Hampshire accessible to BAPOC businesses through advocacy, access to re-

sources, networking, and building community," said Widolfo Arvelo, Chair for the Business Alliance for People of Color New Hampshire.

"We are grateful to Bank of New Hampshire for their unwavering support."

Bank of New Hampshire is proud of this

partnership as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service,

while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH.Bank.

No Wake order issued for Silver Lake

BELMONT — Pursuant to NH RSA 270:132, the New Hampshire State Police - Marine Patrol has instituted a No Wake order on Silver Lake in Belmont.

This order will remain in effect until the lake level drops below 467.0 feet above sea level. The gauge at the Department of Environmental Services, Silver Lake station will be used to make this determination.

The Marine Patrol urges all boaters throughout the state to be aware of their wakes and use caution when operating in channels or close to shore.

Dean College announces President's List

FRANKLIN, Mass. — Dean College is pleased to announce the students that have earned a place on the President's List for the Spring 2023 semester. These students have demonstrated a serious commitment to their studies while at Dean College.

Madison Gilbert of Sanbornton
Noah Pearson of Tilton

Founded in 1865, Dean College is a private, residential college located in Franklin Massachusetts, 45 minutes from Boston, Massachusetts, and Providence, Rhode Island. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.



Clandestine next up for Arts in the Park Summer Concert Series

LACONIA — Friday, July 14 at 6 p.m., join us for Clandestine, the featured band for the Arts in the Park Summer Concert Series in Rotary Park! All concerts are free & open to the public. Guests are welcome to bring lawn chairs, a blanket, and a picnic dinner for an evening of

live music. In the event of inclement weather, the concert will take place on the third floor of the Belknap Mill.

Clandestine is a funk and soul group from the NH seacoast region that draws heavily upon jazz. Be sure to stop into the Riverside Gallery

in the Belknap Mill for the opening reception of Paul Foote's art exhibit "Serendipity" from 5-7 p.m.

The Belknap Mill's 2023 Summer Concert Series is generously sponsored by founding sponsor, The Laconia

Putnam Fund and media sponsors, Lakes FM 101.5, 104.9 The Hawk. For more information about upcoming performances or other programs at the Belknap Mill, please visit our Web site, www.belknap-mill.org, or like us on Facebook.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of June 26 to July 3.

Anthony Smith, age 31, of Northfield was arrested on June 28 for Reckless Conduct-Domestic Violence involving Use of a Deadly Weapon, Domestic Violence-Criminal Threatening-Fear of Bodily Injury, and Criminal Threatening with a Deadly Weapon.

Heather L. Michael, age 40, of Laconia was

arrested on June 30 in connection with multiple warrants.

Sean M. Vandell, age 39, of Franklin was arrested on July 1 for Driving After Revocation or Suspension.

Troy R. Marcoux, age 21, of Belmont was arrested on July 1 in connection with multiple bench warrants.

Jamari T. Rouse, age 25, of Fort Lauderdale, Fla. was arrested on July 2 for Driving After Revocation or Suspension.



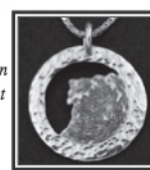


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Opinion

Freedom for all, understanding for one another

In a world where our differences should be celebrated, and progress towards equality has always been the driving force, it is crucial to emphasize the values of acceptance and freedom for every individual. True freedom does not discriminate; it extends its embrace to all, regardless of differences or misunderstandings. We must recognize that just because we may not fully understand someone's experiences, culture, or identity, it does not justify denying them the same rights, respects, and freedoms that we hold dear.

Acceptance means realizing that every person has the right to exist and thrive without facing discrimination or exclusion. It is not a statement that should provoke offense or threaten anyone's beliefs. On the contrary, it is a profound affirmation that we are building a society where everyone feels valued, regardless of their background or individuality.

For too long, certain individuals have been subjected to being stared at, treated differently, or made to feel like they do not belong. But imagine the transformative power of a society where everyone truly feels that they belong, where their unique qualities are celebrated and respected. By embracing acceptance, we create an environment where people are empowered to be their authentic selves and contribute to the rich tapestry of our communities.

It is our responsibility to challenge any biases or preconceived notions we may hold and actively seek understanding. Instead of closing our minds, let us open our hearts and engage in meaningful dialogue. By listening to each other's stories, we can gain valuable insights and bridge the gaps that may divide us.

Acceptance is not a one-sided endeavor; it requires empathy, compassion, and a willingness to learn from one another. As we champion freedom for ourselves, let us extend that same freedom to our fellow human beings. Let us forge a path that affirms the inherent worth and dignity of every individual.

Acceptance and freedom go hand in hand. They are the foundations upon which we can construct a society that truly values and honors each individual. By recognizing that everyone belongs, we empower those who have been marginalized, stigmatized, or misunderstood. Together, let us champion acceptance, nurture understanding, and create a world where freedom is for everyone, unequivocally and unconditionally.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



COURTESY

Win a custom chainsaw carved bear bench!

Don't miss your chance to win this custom chainsaw carved bear bench by Sanbornton's own 3B Creative Carvings by Elise Ford. You may have seen her work at local craft shows or featured in the newspaper or on TV. Tickets will be sold during Sanbornton's Old Home Day Saturday July 15, with the drawing at 8 p.m., just before the fireworks. All proceeds will benefit Old Home Day for 2023 and 2024.

GOING OUT OF TOWN

Taking in View Boston's views of Beantown

BY ERIN PLUMMER
ernews@salmonpress.news

One of the most unique perspectives of any major city is the one from several stories up. From that view, a metropolis looks a lot tinier, yet its vastness is awe inspiring. From every high window you can see the entirety of the city, every neighborhood and building all in one place. This is what the view looks like from so many different skywalk, observatory, and upper deck attractions in any major city. Boston, however, lost such an observatory back in 2020 when the Skywalk at the Prudential Tower closed. This June, however, the observatory was back open with a few new levels, a lot of new features, and that same breathtaking view from over 50 stories up. View Boston is now open and ready for visitors to experience the city in the best way.

View Boston officially opened for business on June 15 after a few years of planning, construction, and an enticing ad campaign that finally came to fruition. Before View Boston there was the Skywalk on the 50th floor and the Top of the Hub Restaurant on the 52nd floor.

The Skywalk was such a special place for me. I remember that Sunday afternoon in 2007 when I took a break from the revelry at Anime Boston to indulge my curiosity about the Skywalk. When I got up there, I was absolutely stunned by the views. I was amazed at how vast the city was and how you could see everything from the Common to Logan to MIT just by shifting a few windows. The old Skywalk also had different exhibits on Boston's history. (I practically memorized the rap on the immigration process that played constantly out of one of the exhibits.)

Since then, I visited the Skywalk at least once a year, finding the best time to go up was around sunset followed by seeing all the lights turn on all over the city.



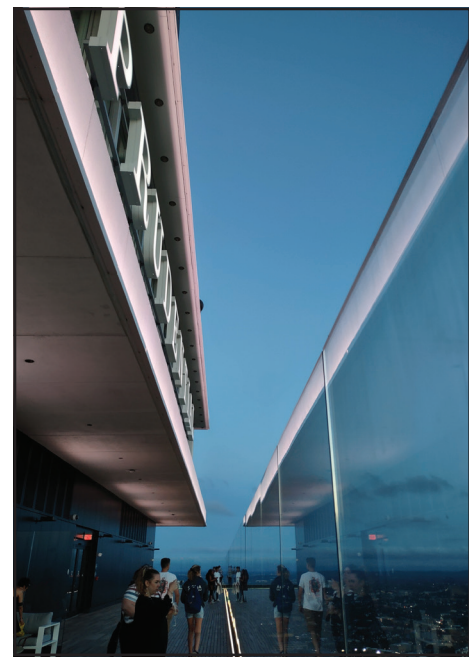
ERIN PLUMMER

Sunset over the Back Bay with the Charles River illuminated in orange.



ERIN PLUMMER

Looking out at the Hancock Tower at night from the 51st floor of the Prudential Tower at View Boston.



ERIN PLUMMER

View Boston's Cloud Terrace gives gorgeous 365 views of Boston from an outdoor deck. Imagine seeing that big sign on top of the Prudential Tower just a few feet above you.



ERIN PLUMMER

Guests form across the globe take in the sights of Boston from 52 stories up at View Boston.

The last time I went to the top of the Pru was in 2019, when I treated myself to a night at

Top of the Hub for my 40th birthday and enjoyed a gourmet meal

while looking out at the glowing Boston skyline. Just a few months later

SEE GOING OUT OF TOWN, PAGE A11

Winnisquam Echo

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ADVERTISING EXECUTIVE
Tracy Lewis
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PRESIDENT & PUBLISHER
FRANK C. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DI NICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

POSTMASTER:
Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.
julie@salmonpress.news

Canterbury Shaker Village serves backdrop to film adaptation of Robert Frost poem

CANTERBURY — A poem written by Robert Frost that explores the complexity of grief, “Home Burial,” is the subject of a film adaptation by Donald Tongue that recently wrapped up filming at Canterbury Shaker Village.

“Post-production has already started,” said Tongue, who said his film represents his interpretation of the poem, whose subject is a husband and wife who have recently lost their child. “They are working through the grief and their loss and trying to come to acceptance.”

This acceptance will not come, however, in part because they each approach their grief differently.

“He is in denial while his wife feels trapped by her grief,” he said. “There is an extreme tension between them.”

This tension is seen in the poem (and film) with the woman staring out the window at the burial site of the child, an act whose



meaning seemingly escapes her husband.

“He is clueless about why she looks out the window,” he added.

According to Tongue, Frost’s use of dialogue in the poem lends itself to film.

“I feel like in researching Robert Frost that his poetry is very cinematic,” he said.

He cited the dialogue in the film to illustrate his point.

“The film’s dialogue is strictly from the

poem,” he explained. “Frost wrote straight-up dialogue in a lot of his poetry.”

In Home Burial, Tongue said Frost may have also been writing about himself and his wife, Elinor, and their respective (and differing) approaches to grief.

“They lost their first child,” he noted. “This poem is him working through his own grief and trouble.”

Like the characters in the poem (and film), this trouble may have

also involved breakdowns in communication.

“He was a very troubled individual,” said Tongue, “and I believe Frost and his wife were not on good terms in a lot of ways.”

In adapting the poem to film, Tongue said he added both a prologue and epilogue. In the prologue, the film depicts the preparations for the burial and her reactions, whereas the epilogue shows the woman at the child’s grave and the husband collapsing on the stairs

in anger, grief, and fighting back tears.

“I’m trying to show they are both moving on,” said Tongue, who cited undertones of an unhealthy, possibly abusive, relationship between the two.

“By the end of the poem and film, we see the woman is in control—she is no longer the victim,” he said. “She pours out her grief, but the man is still unable to acknowledge her anguish.”

As for when and how the film will be released to the public, Tongue said these details will be determined in the coming months.

“I may offer an ad-

vance showing at the Village,” he said.

According to Leslie Nolan, executive director of the Village, he would be welcomed back.

“Donald and his team were an absolute pleasure to have here,” she said. “The scenery and landscape at the Village is the perfect backdrop for period pieces, so this is a wonderful way for us to showcase the unique beauty and splendor of this property.”

To learn more about Donald Tongue, a resident of Londonderry and founder of Tongue Mountain Productions, visit facebook.com/TongueMtProductions.

To purchase tour tickets or learn more about the Village, which interprets Shaker life through tours, exhibits, buildings, gardens, and programs, visit shakers.org.

Canterbury Shaker Village is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit nhmuseumtrail.org.

LRPC’s annual meeting honors regional award winners

MEREDITH — The Lakes Region Planning Commission hosted its Annual Meeting & Awards Night on June 26 at Church Landing at Mills Falls in Meredith. Approximately 95 municipal, regional, and political guests and friends joined the LRPC Commissioners, Executive Board, and staff for this event. Guest speakers Sam Evans-Brown of Clean Energy NH and Dan Weeks of ReVision Energy provided presentations on renewable energy for both the public and private sector which included solar, transportation (electric vehicles & charging stations, biofuels, etc.), energy storage, education, infrastructure, and economic development. The LRPC presented 3 Awards of Excellence, 4 Community Service Awards, and the prestigious Ayers-Cotton Environmental Service Award. Also honored was Commissioner and

Executive Board member Steve Wingate of Tuftonboro who retired this year after more than 10 years of service to the LRPC. The LRPC is pleased to recognize the following awardees:

Awards of Excellence were presented to the Meredith Energy Committee, the Tamworth Economic Development Commission, and the Town of Ossipee. This award serves to recognize organizations with exciting and innovative projects that have been successfully conceived, implemented, and completed in a community over the last year.

Community Service Awards were presented to Russ Baerenklau of Tuftonboro, Kate Thompson of Tamworth, Jim Shildneck of Wolfeboro, and Steve Scapicchio of Tuftonboro. The Community Service Award has been given annually since

2015 by the Lakes Region Planning Commission to individuals who have made exceptional and sustained contributions to their community and/or to the economy of the Lakes Region.

The recently renamed Ayers-Cotton Environmental Service Award (formerly known as The Kim Ayers Award) was presented to Kenneth Kettenring of New Hampton. This award is selectively given to an individual who strives to maintain and improve the environmental quality and health of the Lakes Region.

As stated in an excerpt from a letter penned by Congressman Chris Pappas to Mr. Kettenring recognizing his contributions, “Your decades-long work in sustainability as Administrator of the New Hampshire Department

of Environmental Services, Wetlands Bureau, as well as acting hydrogeologist for the New Hampshire Department of Hazardous Waste, has brought numerous benefits to the Lakes Region community. You have made outstanding contributions to wetland protection, restoration, and education in New Hampshire, and your tireless dedication to the management and preservation of Granite State wetlands exemplifies the real meaning of public service.”

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Edward Jones: Financial Focus

Retirees: Talk finances with your grown children retirement, even if it means their parents pass on less money to them.

When you’re retired, you’ll likely have some financial concerns — just like all retirees. However, if you’ve invested regularly and followed a long-term financial strategy, you should be able to address most issues that come your way. But there’s one important action that’s sometimes overlooked by retirees: sharing their financial situation with their grown children. And this knowledge can benefit everyone in your family.

You might be surprised by the concern your children have for your financial well-being. Consider these findings from a 2023 study by Age Wave and Edward Jones:

- 66% of millennials (generally defined as ranging from 27 to 42) worry that their parents or in-laws may not have enough money to live comfortably in retirement.
- 83% of millennials would rather know their parents are financially secure in their

If you have children in this age range or older, or who soon will be, how can you address their concerns and potentially improve your financial outlook? Communication is the key. By openly communicating with your family about your financial status, you can reduce anxieties and misperceptions. If you’re in good financial shape, your adult children may be reassured that you won’t be needing their assistance. And if you are feeling some financial pressures, you can inform your children of the steps you are taking to improve your situation.

One such step may be to reduce your cost of living — the less you spend day to day, the better your ability to preserve your investment and retirement accounts. You may be able to reduce costs in many small ways, such as ending streaming services you no longer use, but you could

make an even bigger impact by downsizing your living arrangements. In fact, 72% of today’s retirees have downsized or are willing to downsize to reduce their housing costs, according to the Age Wave/Edward Jones survey. Downsizing isn’t for everyone, but if it’s a possibility for you, it may be worth considering because the savings could be significant.

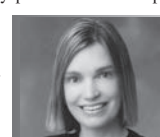
You may also be able to reduce or consolidate your debts. Start by understanding how much and what kinds of debt you have. Then, consider ways to lower your payments, such as refinancing. For example, if you’re carrying a balance on multiple credit cards, you might be able to transfer the amounts you owe onto a single card with a more favorable interest rate.

Here’s another move to consider: Adjust your investment mix to possibly provide you with more income in retirement. During your working years, you may have invested

primarily for growth — after all, you could be retired for two or more decades, so you’ll need to draw on as many financial assets as possible. But once you’re retired, your investment focus may need to shift somewhat toward income-producing opportunities. Keep in mind, though, that you’ll still need some growth potential to help keep ahead of inflation.

One final suggestion: Let your children know if you already have a strategy in place to meet the potentially high costs of long-term care, such as a nursing home stay. This burden is certainly something you won’t want your children to take on.

By informing your children about your financial picture, and how you’re trying to improve it, you can ease everyone’s minds — so keep the lines of communication open.



Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com

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MVSB promotes Tina Simpson to Assistant Vice President, Commercial Loan Officer

MEREDITH — MVSB (Meredith Village Savings Bank) is proud to announce that Christina “Tina” Simpson has been promoted to Assistant Vice President, Commercial Loan Officer. In this role, she will originate a full range of commercial loans (including Small Business Administration loans), manage the bank’s Business Express digital lending platform and engage in a variety of business development activities.



Tina Simpson

“Tina is a rising star at MVSB and we are proud to support the continued growth in her banking career,” said John Swedberg, Senior Vice President & Commercial Loan Officer. “She has always been committed to providing high quality service and solutions to our business clients and the caring approach that Tina brings to her job every single day exemplifies what I believe community banking is all about.”

“Being a part of the team at MVSB has been an amazing experience and I am excited to come to work every day to support our local business community,” said Simpson. “We’ve dedicated a great deal of time and effort to implementing digital initiatives for our customers and I look forward to exploring new opportunities to marry innovative technologies and local service to assist our clients.”

In 2014, Simpson joined New Hampshire Mutual Bancorp, the shared services organization that supports MVSB, as Quality Control Analyst. She was quickly promoted to Credit Analyst and then Senior Credit Analyst for MVSB and later to Assistant Vice President, Commercial Digital Small Business Lending & Credit Analyst.

She earned her Bachelor of Science degree in Business Administration and her Master of Business Administration degree from Southern New Hampshire University. She is a graduate of the Northern New England School of Banking and currently studying at the New England Center for Financial Studies at Babson College.

Simpson has served as a volunteer softball coach in her community for more than 10 years. She also serves on the board of New Beginnings – Without Violence and Abuse and as a volunteer with Hands Across the Table and the Greater Lakes Region Children’s Auction. Each week, she also serves as a school banking volunteer at Inter-Lakes Elementary School. She resides in Meredith with her husband and their two daughters.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stock-holders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Local students named to Dean's List at Plymouth State University

PLYMOUTH — Plymouth State University recognizes students who made the Dean's List for the Spring 2023 semester. To be named to the Dean's List, a student must achieve a grade point average between 3.5 and 3.69 during the Spring 2023 semester and must have attempted at least 12 credit hours during the semester.

- The following local students made the list:
- Casey Lang of Tilton is majoring in Allied Health Sciences
 - John Beaulieu of Northfield is majoring in Business Administration
 - Caleb Longval of Sanbornton is majoring in Business Administration
 - Rhiannon Gauthier of Tilton is majoring in Social Work

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

Local students named to President's List at Plymouth State University

PLYMOUTH — Plymouth State University recognizes the students who have made the President's List for the Spring 2023 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Spring 2023 semester and must have attempted at least 12 credit hours during the semester.

- The following local students made the list:
- Nathan Cammack of Tilton is majoring in Allied Health Sciences
 - Jia Chiu of Belmont is majoring in Elementary Ed & Youth Develop.
 - Jackson Cozzens-Forgione of Belmont is majoring in Commun. and Media Studies
 - Maggie DeVoy of Sanbornton is majoring in Elementary Ed & Youth Develop.
 - Meghan Dubiel of Northfield is majoring in Art and Design
 - Bailee Gallant of Tilton is majoring in Cell and Molecular Biology
 - Gunnar Horman of Sanbornton is majoring in Marketing
 - Ian Manning of Tilton is majoring in Biology
 - Sarah McGlynn of Belmont is majoring in Business Administration
 - Lydia Morrison of Tilton is majoring in Elementary Education
 - Lily Rousseau of Tilton is majoring in Music Education (K-12)
 - Jordan Seavey of Northfield is majoring in Elementary Ed & Youth Develop.
 - Eric Young of Tilton is majoring in Management

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

Learn some history and restore it at Canterbury Shaker Village

CANTERBURY — On July 22 and July 23, Canterbury Shaker Village will offer visitors a unique opportunity to not only learn some history, but restore a part of it at its popular two-day Stone Wall Workshop.

“In this workshop, you will learn a skill you can readily apply at your own home,” said Leslie Nolan, executive director of the Village. “This workshop has proven to be one of our most popular.”

The hands-on workshops will be led by master stone artisan and mason Kevin Fife, who will also discuss the history of stone walls in New England and show participants different types of walls throughout the Village. Some walls in New England date back to the mid-1600s.

“Some sections of the stone walls at the Village are more than 200 years old, so the history is quite rich here,” added Nolan.



“We supply lunch and the tools. It’s work, but we will take good care of you.”

To enroll in the Village’s Stone Wall Workshop, 9 a.m. to 4 p.m. on July 22/23, visit shakers.org. The workshop includes materials, gourmet lunch, and drinks each day. In addition to July 22/23, the Village will also host a two-day

Stone Wall Workshop on Aug. 26/27 and Oct. 21/22. Tuition is \$250 per person per workshop.

Designated as a National Historic Landmark for its architectural integrity and significance, the Village features 25 restored original Shaker buildings, 4 reconstructed Shaker buildings, and 694 acres of forests, fields, gar-

dens, nature trails, and mill ponds under permanent conservation easement.

Canterbury Shaker Village is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit nhmuseumtrail.org.

PETS OF THE WEEK



Mylo


Meet Mylo! This handsome pup is looking for his furr-ever! He is a sweetheart and truly likes to have long walks in the grass followed by extra long naps. Mylo is a gentle pup and is curious meeting other people and some other dog friends, although a home without small animals is required. Come meet Mylo!



Smacky

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BNH presents Castle Preservation Society's Music Night Series

LACONIA — Bank of New Hampshire is proud to contribute \$5,000 to the Castle Preservation Society for the Platinum Presenting Sponsorship of the Castle Music Night Series.

At Castle in the Clouds, the Carriage House Restaurant offers a patio and indoor seating, boasting some of the best views in the entire region. During the summer, Dinner Music Nights are offered, allowing guests to watch the sunset over the lake and mountains while enjoying dinner and live music from the terrace. The Music Night Series provides a variety of artists throughout the summer, and is very popular with both locals and those who are visiting the area, requiring reservations to be made in advance.

"The Castle is excited to have Bank of New Hampshire as a platinum sponsor of our signature Music Night Series. Because of the support of sponsors like BNH, the Castle is able to share a wide variety



Dinner guests at Castle in the Clouds' Carriage House Restaurant enjoy live music with a scenic background, accompanied by delicious meals. COURTESY

of programs and events for the enjoyment of our community," said Charles Clark, Executive Director of the Castle Preservation Society. "Music Nights offer the opportunity for guests to enjoy live music and a delicious meal while taking in one of the most breathtaking views of Lake Winnepesaukee anywhere in the state. We're proud to have BNH supporting our

mission to share the historic Lucknow Estate with the public!"

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mutual organization, stockholders. For more information, call 1-800-832-0912 or visit BNH. Bank. employees, rather than

Sanbornton Historical Society hosting presentation on Underground Railroad

SANBORNTON — The Sanbornton Historical Society is pleased to host historian Brad Wolff at our July 13 program, 7 p.m., at Lane Tavern, Route 132, Sanbornton. Brad will present "Slavery, Abolition, the Underground Railroad, and the Promise of the West, All Right Here in New Hampshire."

Slavery was an established, worldwide system of bondage, including among North America's indigenous people, long before colonial New Hampshire took shape. The first slave from African trade was purchased in Portsmouth in 1645, with slavery legal in New Hampshire for the following 200 years. The Abolition Movement arose and with it the Underground Railroad. Neighboring town, New Hampton, has several standing houses that provided refuge, New Hampton being convenient to Pemigewasset River passage. Tensions rose between North and South. Soon enough came our American Civil War.

Brad Wolff is a retired public school social studies teacher with a passion for New Hampshire history. He has been recipient of the New Hampshire Department of Education's Social Studies Teacher of the Year award. Questions / dialogue will be part of the program. Light refreshments will follow. Members and non-members are welcome. SHS relies on member dues, and with significant expenses coming up, dues-payments needed and welcomed! New members welcomed!

Contact SHS Program Director Linda Salatiello for more information at 603-286-4526.

Kaitlin Bardellini graduated from Castleton University

CASTLETON, Vt. — Kaitlin Bardellini of Northfield graduated magna cum laude with a Bachelor of Social Work in Social Work, Sociology from Castleton University following the successful completion of the spring semester in May 2023.

Castleton University celebrated the accomplishments of members of the Class of 2023 at its 236th Commencement ceremony on Saturday, May 13.

Phillip Modesti '90, Global Vice President for Medical Education at Establishment Labs, addressed the more than 3,000 guests in attendance and those watching the ceremony live from home. He shared reflections on his own experiences as a transfer student to Castleton, and encouraged them to establish a guiding phrase or words to help them stay true to themselves as they move through each phase of life, and shared his own current guiding words: integrity, trust, and grateful.

"Nobody will ever care what job you had, how big your house was or how much money you made, they will only remember what kind of person you were. When you create your own vision statement or words to live by, it will set the tone for what you represent and how you manage through life - both good and bad ... nobody needs to know how you live through these statements or words, but make the most of each journey or phase of your life and live true to them!"

Castleton Interim President Mike Smith spoke to students about the transition from being mentored and shaped by others, to becoming leaders and mentors themselves, and the legacy they will forge for future generations.

"Ultimately, graduates, the overarching goal of your legacy should be to make this world a better place for future generations. As you embark on your careers and pursue your passions, never lose sight of the greater good. Look out for those who may be less fortunate, lend a helping hand, and advocate for justice and equality. Use your education and privilege to uplift others and positively change your communities and beyond."

Larry Courcelle, vice president of the Castleton Alumni Association, presented two distinguished awards to members of the Castleton University community. Professor and program Director of Athletic Training Reese Boucher was recognized with the Outstanding Faculty Award, which is given annually to a faculty member whose excellence in teaching influences students well beyond graduation.

Mathematics graduate Shayla Lawrence was honored with the Leonard C. Goldman Distinguished Senior Award, given to a student who has excelled in and out of the classroom, contributed to community service, and served as an example to others.

Gary Marmer, a part-time faculty member in Business Administration, was presented with the Jennifer and Fred Bagley Endowed Outstanding Part-Time Faculty Award, which honors one of Castleton's many dedicated, highly-competent part-time instructors.

Class of 2023 President Emily Benz addressed her classmates, speaking about the resilience of the class in the face of major challenges, and encouraging them to not lose themselves in the feeling that they are running out of time.

"If you feel over-

whelmed with what comes next, focus on what lies ahead for just next hour. Use your resources, stay curious, eager and motivated, just don't let it overpower you," she said.

"You have proven that you are capable of achieving great things. But, the world outside of these walls will present you with challenges and obstacles that may seem insurmountable at times. Our first year of college was marked by a global pandemic; we faced and overcame the challenge of packing up dorm rooms in mere hours and finishing out our second semester through the computer screen. Today we all sit here, our immune systems a little bit stronger, and knowing that we have the ability to adapt and persevere through the tough times".

About Castleton University

Castleton University is small enough to be a community where every student matters, yet large enough to offer more than 75 programs of study for undergraduate and graduate students, 28 varsity sports, and over 50 clubs and organizations. The university stresses expe-

riential learning through internships, community service, and research opportunities provided by more than 400 community partnerships. On July 1, Castleton University will join together with Northern Vermont University and Vermont Technical College to become Vermont State University, a reimagined higher education institution building on the strong legacies of its founding institutions. Learn more at castleton.edu.



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PLAYGROUND

CONTINUED FROM PAGE A1
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"I have been eagerly anticipating this day for a very long time," said Michael Ventura, Board Chair of Spaulding Academy & Family Services. "It is disheartening to think that some children are unable fully participate on a traditional playground. That is why we have put in extensive work, planning, and patience to create a playground that is custom made to cater to the unique needs of the children at Spaulding."

ing. This playground is a testament to our unwavering commitment to inclusivity and ensuring that every child can experience the joy of play."

To learn more about the Spaulding Academy & Family Services new adaptive playground, visit <https://www.spauldingservices.org/play>.

About Spaulding Academy & Family Services

Spaulding Academy & Family Services

is a leading provider of educational, residential, therapeutic and community-based programs and services for families, and children and youth with neurological, emotional, behavioral, learning or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Established in 1871 as the New Hampshire Orphans Home and

School for Industry, Spaulding Academy & Family Services is the oldest child care organization in operation in the United States. It is a tax-exempt 501(c)(3) nonprofit that was formerly known as Spaulding Youth Center since 1958. Its scenic hilltop campus is located on over 500 acres in Northfield, and welcomes boys and girls from ages 4 to 22 from around the state of New Hampshire and beyond. In addition

to programs provided on the Northfield campus, Spaulding's community-based programs include foster family licensing, Individual Service Option (ISO) foster care, ISO in-home services, child health support services, and more for children ages 0 to 20 and their family. For information about Spaulding Academy & Family Services, visit www.SpauldingServices.org.

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ALL-STATE

CONTINUED FROM PAGE A1

Locals joining Bernier in earning First Team All-State were teammates Tori and Gwen Christie, Maddie McKenna of Gilford and Ava Bartoli and Makenna Peare of Berlin.

Second Team honors went to Alexis Wilson and Olivia Noyes of Prospect Mountain, Lena Rodrigues of Belmont and Maddie Hazelton and Kendal Heyman of Gilford.

Honorable Mention went to Lauren Macdonald of Winnisquam, Jaylin Bennett of White Mountains, Rylie Cotnoir of Belmont and Sadie Lydick of Gilford.

Also earning First Team honors were Tonya Sanchez of Newport, Carmichael and Lizz Holmes of Hopkinton, Ashleigh von der Linden and Abigail Gaynor of St. Thomas, Payton Bryson of Bishop Brady, Rylee Her of Conant, Zoie Stevens of Stevens and Emily Howell of Hillsboro-Deering.

Also earning Second Team honors were Steph Elrick of Hopkinton, Danna Dyer and Gabby Lensky of Somersworth, Elizabeth Flynn of St. Thomas, Cheyenne Hannum

and Emma O'Connor of Newport, Abigail Tyrrell and Kimble Rose of Bishop Brady, Grace Kirb of Conant and Cainen Avery of Monadnock.

Honorable Mention also went to Haley Hathorn of Hillsboro-Deering, Ava Archambault of Bishop Brady, Amelia Anderson of St. Thomas, Peyton Blackinton of Newport, Aby Lambert of Somersworth and Dinkesh Levesque of Raymond.

For Division IV, Woodsville's Mackenzie Griswold was named Player of the Year, while Woodsville head coach Dana Huntington was named Coach of the Year and Cassie Manning of Woodsville was named JV Coach of the Year. Keira Sophakhot of Newmarket was named Pitcher of the Year.

Joining Griswold in earning First Team honors among the local players were Dory Roy of Woodsville, Kylee Lachance of Groveton, Hailee Beane of Littleton and Olivia Tatro of Moultonborough.

Second Team honors went to Abby Crocker of Woodsville, Marissa Kenison of Groveton and Taytum Adams of Littleton.

Earning Honorable

Mention were Kate Clermont and Mackenna Mack of Lin-Wood, Katherine Bushey of Groveton and Sophia Lafond of Lisbon.

Also earning First Team honors were Abby Dowling of Wilton-Lyndeborough, Alyvia James of Pittsburgh-Canaan, Leah St. John of Mascenic, Sierra Riff of Colebrook and Souphakhot.

Second Team honors also went to Amelia D'Aiello of Pittsburgh-Canaan, Bri Fish of Wilton-Lyndeborough, Ella Pearson of Mascenic, Emma McIlroy of Sunapee, Gia Tilton of Newmarket, Hailey Rossito of Colebrook and Liahna Messier of Portsmouth Christian.

Also earning Honor-

able Mention were Ella Morris of Wilton-Lyndeborough, Isabella Mendez of Newmarket, Jacqueline Giroux of Pittsburg-Canaan, Catalina Davis of Mascenic and Lillian Kelleher and Taylor Goodspeed of Sunapee.

In Division II, Kingswood's Morgyn Stevens was named Pitcher of the Year while Mike Shaw was named Coach of the Year. Hannah McGonigle of Bow was named Player of the Year.

Joining Stevens in earning First Team All-State honors was Plymouth's Maggie Boyd, while Avery Gregory and Carley Johnson of Kingswood were named Second Team.

Also earning First

Team honors were McGonigle and Emily Kiah of Bow, Madison DeCota of Coe-Brown, Morgan Bemont of Con-Val, Austyn Kump and Kailey Disco of Hollis-Brookline, Olivia Hargreaves and Ava Rivers of John Stark, Livie Lacasse of Merrimack Valley, Brooke Hanson of Sanborn, Gabby Torres of Souhegan, Cailleigh Aguiar of Pelham and Eliza Carignan of Pembroke.

Also earning Second Team honors were Abby Delia and Sophia Romano of Campbell, Emma Broadstone and Courtney Thomas of Coe-Brown, Lily Mandel of Con-Val, Kaylee Keyser and Kayla Smith of Merrimack Valley, Kyleigh Burtzell of Pembroke,

Macy Swormstedt of Laconia, Gracie Spirito and Kate Michaud of Oyster River, Brooke Slaton of Pelham and Ruby Dykstra of John Stark.

Honorable Mention went to Jayden Porter of Coe-Brown, Phoebe Hood of Sanborn, Kaydence Stinson of Laconia, Emily Tebbetts of Hollis-Brookline, Addy Veno of Oyster River, Juliana Pinciario and Theresa Ives of Campbell, Hannah Harrington and Alexia Warren of Milford and Avery Moore of Con-Val.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

LIBRARY

CONTINUED FROM PAGE A1

act, even after our scheduled time was over. A big thank you to Magic Fred for the great experience and show.

Looking for a way to continue your reading? Did you know that Belmont Public Library offers two Adult Book Clubs? Ms. Rebecca hosts Tea and Tales Book Group on the second Thursday evening each month at 5 p.m. In June, her group discussed "The Bookshop of Yesterdays" by Amy Meterson. For July, they are reading "Summer Hours at Robbers Library" by Robin Sloan; and will meet on July 13 at 5 p.m. to discuss. Director Eileen hosts Friday Fiction on the third Friday of each month. The group meet on June 16 to discuss "The House in the Cerulean Sea" by TJ Klune. Friday Fiction is reading "We are all Welcome Here" by Elizabeth Berg; and will meet July 21 at 10:30 a.m. Cop-

ies of both book selections can be found on the main level of the library or through the library's ebook services. Even if the meeting times are inconvenient, you can read along. If you want to participate remotely, contact Rebecca or Eileen at circulation@belmontpubliclibrary.org.

Our Watercolor Group has blossomed into a wonderful group that is continuing to work on fundamental skills. Want to join but don't know where to start? Bring your ideas and use our supplies Mondays at 2 p.m.

Currently working on a fiber arts project and want to bounce ideas off of other crafters? Join staff and other patrons on Wednesday mornings at 10 a.m. for a laidback hour of fiber arts crafting. Bring a knitting, crochet, or cross-stitch project you are working on or try one of our Take Home Kits for a new idea. Both groups are self-guided with experi-

enced advisors on hand.

Through July, the Youth Services schedule will be as follows: Mondays at 10 a.m. - Musical Munchkins; Tuesdays Lego Drop-in(10 a.m.) and Board Game Fun (2 p.m.); and Wednesdays at 10 a.m. - StoryTots.

Thursdays will continue to be the day for our teens or tweens to reflect. Great Stone Face (GSF) Book Club will meet on July 6 at 3 p.m. to discuss their recent selection. The Isinglass Flume (I.F.) Book Club will meet July 20 at 3 p.m. to review the current novel. Rounding out a month of reflections and growing will be Teen Advisory Club (TAC). TAC will meet July 27 at 3 p.m. to discuss upcoming programs, materials, or books that they would like to see here at Belmont Public Library.

Finally, Film Fridays will remain weekly throughout the summer but with double the fun! Belmont Public Library will offer a family friend-

ly movie at 1 p.m., and then will continue with our '80s Flashback celebration for tweens and teens at 3 p.m. For questions, feel free to contact Rebecca at 603-267-8331 or youthservices@belmontpubliclibrary.org.

The Library invites public feedback on the proposed projects for the ALA Libraries Transforming Communities accessibility grant. Get in touch with the director, Eileen, via phone or email, director@belmontpubliclibrary.org. We will be moving on to the implementation phase of the project in late July and early August, and you can look forward to updates as we progress.

The Belmont Public Library is open six days a week and any time at www.belmontpubliclibrary.org, serving the community with books, digital resources, and cultural programming. It's our 95th year in the building, and our 130th serving the Belmont community.

OLD HOME DAY

CONTINUED FROM PAGE A1

Make it family night with dinner, live music (thanks to Sanbornton's Tapas), DJ'ing by Andy Sanborn and fireworks at the Town Park on Shaw Hill Road. Sanbornton's Tapas. Dinner will be offered by Robert Charter and Drink Positive NH will offer their smoothies. Fireworks will again be provided by JPI Pyrotechnics. Rain date for the fireworks is Sunday, July 16th.

None of this would be possible without the volunteers who've worked hard organizing it, the Sanbornton Historical Society for being the hosts, the Sanbornton Police and Fire Departments for keeping an eye on safety, and our sponsors. This year's Gold Sponsors are Compass Classical Academy: A Chartered Public School and Stephen Zapora Pool Water!

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Area residents named to dean's list for the Spring 2023 semester at Quinnipiac University

HAMDEN, Conn. — The following area students were named to the dean's list for the Spring 2023 semester at Quinnipiac University:

- Sanbornton
Matthew Camerato

- Tilton
Diamond Cutting

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time stu-

dents must complete at least six credits during a semester. Names followed by an asterisk denotes with honors.

About Quinnipiac University

Quinnipiac is a private, coeducational, institution located 90 minutes north of New York City and two hours from Boston.

The university enrolls 9,000 students in 110 degree programs through its Schools of Business, Communications, Education, Computing and Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts and Sciences. Quinnipiac is recognized by U.S. News & World Report

and Princeton Review's "The Best 388 Colleges." The university is in the midst of program expansion and renewal for both traditional and adult learners, attraction of diverse communities, development of innovative corporate partnerships and construction of an ambitious set of capi-

tal projects. For more information, please visit qu.edu. Connect with Quinnipiac on Facebook and follow Quinnipiac on Twitter @QuinnipiacU.

GENERAL SERVICES

GOING OUT OF TOWN

CONTINUED FROM PAGE A4

as COVID-19 shut the world down I learned some sad news: The Skywalk and Top of the Hub had closed permanently. I remember reading that the closure was coming before the COVID hit the world, but the pandemic hastened the process. I didn't know of any other high-rise observatories in Boston, so the loss especially bummed me out. I had the opportunity to get that experience back, only this time with views of New York City from the Empire State Building and One World Observatory. The size of both made the Pru look cute by comparison.

Then I heard of View Boston and the plans they had presented to the city including a few different observation decks, a bar, and a restaurant. I was now really excited, but am fully aware the planning process can go on for a long time. Then the signs started popping up around the Prudential Center, then a whole storefront and a section of floor by Wagamama was closed off. By now the hype was real and the moment I heard an opening date of June 15 I knew I had to be there. I finally got the chance to go up about a week after they opened and just took in a new yet happily familiar experience.

The entrance is located in the Prudential Center near Eataly,

whereas the former Skywalk entrance was below the Prudential Tower lobby down the hall. You can buy tickets from kiosks across the hallway, though there is a representative there selling tickets. You then go down an escalator, then take an elevator to the 52nd floor where a video plays on the walls and ceiling (reminiscent of what I saw in the elevators of One World and the Empire State Building).

Once you exit the elevator you immediately get that amazing view. For me walking around the windows and taking in the city was like coming home, only in this case it was a home that had been remodeled.

I was again sliding from windowpane to windowpane getting looks at every corner of the city and looking out for all the landmarks. I still found it astounding that you can see the Common from one window, the airport from another and get a look into Fenway Park across the room. Then you notice how Boston is actually surrounded by nature when you look out at Boston Harbor and Islands on one side and a stretch of rolling hills outside the city from another window. I made sure to time my visit right around sunset and was rewarded with golden skies followed by all the lights coming on.

While I remained in

awe of the sighs from the top of the Pru, I was even more impressed by all the new features that View Boston added. Walking down the stairs to the 51st floor was a whole new experience. The 51st floor is now The Cloud Terrace: an open, outdoor level. This new deck has high glass panes along the edge for safety, but is open to the air and is lined with wooden floor paneling. I think this was my favorite level, it was so neat to feel the air from 51 stories up and look up to see the big Prudential letters just a few feet above. I went on a really nice night too, so that added to the experience. There is also a bar called Stratus on this level, so you can get this experience while relaxing with a drink.

Downstairs on the 50th floor are whole exhibits dedicated to Boston. There is a 365-degree model of the whole city with different images cast onto it showing Boston sports, the city lit up at night, the different seasons, features like the city's Black history, and more. There are different interactive displays, including one with information on all the different neighborhoods. There is also a small theater with an immersive experience of different parts of Boston and attractions like Fenway Park. You can also scan your ticket at a special display to

create an itinerary for a Boston visit. The Beacon restaurant is also on this level.

I took the elevator back down with this feeling of pure glee. I got to look out from that high vantagepoint of a city I adore and got some new experiences in the process. I personally love what View Boston did with the top floors and I think all the new features add to the experience.

Whether you are

visiting Boston for the first time or are a native who's seen everything, I highly recommend checking out View Boston at least once if only for the gorgeous views and a whole new perspective on the city. I certainly plan to go up again and am so happy for the opportunity to do so after so long.

For more information on View Boston, including buying tickets online, visit viewboston.com.

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Belknap Mill to host art by Paule Foote in July



LACONIA — The Belknap Mill's Riverside Gallery exhibit for July features "Serendipity," an art exhibit by artist Paul Foote. An artist reception will take place Friday, July 14 from 5-7 p.m. "My work is informed by my life experiences and the piece I am working on as the process of creating it changes and evolves over time," Says Foote. "I use edge, line, shape, color and texture to create a sense of order or chaos, rhythm and beauty in the finished piece. I use a variety of artist mediums and techniques in my artwork as well as hand-made and found materials. The process of layering and combining these different materials informs and transforms my creation into a journey of discovery that affects how my work will be realized in its final form." For information about upcoming programs and events happening at the Belknap Mill, visit www.belknapmill.org.

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