

Seventh grade student Isaac Barnard of Newfound Memorial Middle School was pleased to show the public the web site he and his partner Leo Conway created for Social Studies teacher Jason Jenkins at last weeks Allied Arts Night.

NMMS students show off their creative side at Allied Arts Night

BY DONNA RHODES
Contributing Writer

BRISTOL — Students in Allied Art classes at Newfound Memorial Middle School had their opportunity to shine bright last Thursday evening when parents and the community as a whole were invited to an open house and concert to see all they have accomplished in art, music, computer science, woodworking and so much more. Principal Chris Ulrich said the students were very excited in the days leading up to Allied Arts Night and

SEE NMMS PAGE A15

Newfound athletes honored for winter sports achievements

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — Newfound Regional High School wrapped up the winter sports season with the winter sports awards on Wednesday, March 8.

For the unified basketball team, the Defensive Player Award went to Ryne Foster and the Offensive Player Award was presented to Katelyn Cabral. Isadora Robert won the Partner Award, the Bears Booster Club Student Athlete Award was presented to Isabel Braley and Emily Avery received the NHIAA Sportsmanship Award.

For the boys’ basketball program, Vincent Defosses received the Coaches Award, Calvin Colby was named Most Improved Player and Zackary Stevens was presented the Player of the Year Award. The Bears Booster Club Student Athlete Award was given to Landon Sargent, the NHIAA

SEE HONORS PAGE A10

Team effort = Team title

Plymouth Nordic girls bring home D2 championship

BY JOSHUA SPAULDING
Sports Editor

PINKHAM NOTCH — The Plymouth girls’ Nordic ski team has enjoyed one heck of a season and the Bobcats brought that season to a thrilling pinnacle on Wednesday, March 8, as they captured the Division II championship with an all-around solid team effort.

The Bobcat girls placed three skiers in the top five in the morning classical race and three in the top six in the afternoon freestyle race to edge out Hopkinton by nine points to capture

JOSHUA SPAULDING

The Plymouth Nordic girls brought home the Division II championship from Great Glen last week.

SEE NORDIC PAGE A11

Campton eighth graders hosting fundraising dinner for graduation activities

BY DONNA RHODES
Contributing writer

CAMPTON – The eighth grade graduating class of Campton Elementary School was pleased to receive a green light for traditional graduation activities this year, and will therefore be hosting a Spaghetti Dinner and Silent Auction at their school on Friday, March 24, as part of the ongoing fundraising efforts for their celebration.

In praising the 25 members of the Class of 2023, Principal Dave Hamnet said, “They’re a great class and they’ve been working hard on raising money for gradu-

(Left) Principal Dave Hamnet (far left) is proud of the eighth grade students at Campton Elementary School, who have worked hard to receive more than 200 donations for their upcoming Spaghetti Dinner/Silent Auction that will help benefit their June graduation and class trip to Boston and the surrounding area.

ation and their class trip since last fall.”

Proceeds from this and other fundraisers will not only help with graduation costs but provide the students with an opportunity to spend a few days together in Boston and the surrounding area as a class, visiting local attractions and

SEE FUNDRAISER PAGE A18

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COURTESY

What is that old thing?

The Bristol Historical Society will hold its annual meeting on Saturday, March 25 at 10:30 a.m. at the Minot Sleeper Library. Following a brief business meeting to accept reports and elect officers there will be an opportunity to try to identify objects brought in by the participants. Everyone is welcome to bring an item that may be a mystery to someone else as to what it was used for or what its meaning may have been. Look around your house for that special item that may have been passed down for generations or maybe picked up at a yard sale or antique shop. Come join the fun! You do not need to be a member to participate but if you would like to join the dues are \$10 annually. For more information, call Lucille at 603-744-2751.

NLRA hosting spring guided birding event at Grey Rocks

HEBRON — Join local birders Tom McShane & Suzanne Smith for a birding walk at Grey Rocks Conservation Area, Wednesday, March 29, 9-11 a.m. Participants will explore the trails at Grey Rocks using their eyes and ears to locate and identify local birds. We might still be dealing with snow on the ground, but birds are busy preparing for the warmer weather to come. As some species return to the area and everyone’s activity level picks up, birds are easier to find outside. Tom and Suzanne will share their tips for bird ID and enthusiasm for exploring Newfound in all seasons.



This event is geared toward all people with an interest in exploring the natural world. Registration is required for this event register and find more information including other upcoming events at NewfoundLake.org/ events or call 603-744-8689.


NLRA works to protect the high-quality waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. Along with educational programming like guided walks and paddles, NLRA monitors water quality, conserves land, manages stormwater pollution, and monitors for invasive species. For more than 50 years NLRA has been protecting Newfound Lake, and the results of that conservation are as clear as Newfound’s water. You can learn more about NLRA’s initiatives at NewfoundLake.org.




COURTESY

Bears of the Week

Newfound Memorial Middle School’s Bear of the Week Student & Staff Winners for the week of Feb. 24 are student, Cassidy Rand and Paraprofessional Mrs. Medieros. They have been recognized for their representation of the NMMS Core Values. These members of our NMMS community continually show us what RESPECT, RESPONSIBILITY, PRIDE & INTEGRITY are all about! Thank you to Franklin Savings Bank in Bristol and the Newfound Lake Inn in Bridgewater for sponsoring this week’s winners!



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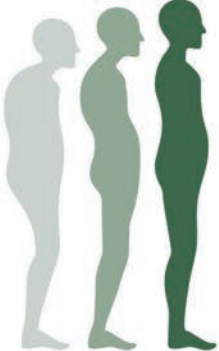
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High school seniors earn DAR Good Citizen Awards

PLYMOUTH — The New Hampshire State Organization, Daughters of the American Revolution (NHSODAR) recently honored selected New Hampshire high school seniors as Good Citizens and one of them has been chosen to compete at the Northeast Division. This year's Winner for the State of NH sponsored by the Winnepesaukee Chapter, who will advance to the Northeast Division, is Abigail Bryant of Moultonborough Academy.

COURTESY
Left to right, seated: Caden Sanborn; Sarah Sanborn; Cathleen Hargreaves; standing L-R: Brian Sutherland (Plymouth Regional HS Counselor); Deborah Plimmer; Paula Woodward.



DAR Good Citizens Awards, first given in 1934, are presented locally and nationally to encourage and reward the qualities of good citizenship in high school seniors who possess outstanding qualities of dependability, service, leadership, and patriotism in their homes, schools, and communities. Each Good Citizen receives a certificate, pin, and wallet identification card. The New Hampshire State winner receives a \$750 cash scholarship and will compete for a \$1,000 prize in the Northeast Division. If successful, the winner in the National contest will be presented a \$10,000 scholarship award.

Winners at the local level included from the following high schools:

Lindsey Marie Dattis—Hollis Brookline HS, Elena Fedrizzi—Keene HS (2nd place NH winner), Christopher Messmore—Bishop Brady HS (3rd place NH winner), Hadley Kate Harris—Souhegan HS, Emma Loudermilk—Monadnock Regional HS, Lilla G. Bozek—Newmarket Jr/Sr HS, Paige Johanna Burt—Oyster River HS, Kaitlyn DeTolla—Inter-Lakes Middle HS, Joshua Rapt—Nute Middle HS, Caitlyn Olivia LeVangie—Mascenic Regional HS, Anthony Peter Grauslys, Jr.—Alvirne High School, Lily Grace Cicavia—Kearsarge Regional HS, Emma Elizabeth Soucy—Timberlaine Regional HS, Kenyang Joseph Lual—Manchester Memorial HS, Jack Wilkinson—Goffstown HS, Caden Sanborn—Plymouth Regional HS, Olivia Marie Britton—Lebanon HS, Madeleine Lorenz—White Mountains Regional HS, Abigail Bryant—Moultonborough Academy (1st place NH winner).

Newfound Lake Region Association's boat storage lottery now open

BRISTOL — There's plenty of snow on the ground- what better time to start thinking about boating? Enter the Newfound Lake Region Association's boat storage lottery for the chance to keep your canoe or kayak right on the shores of Newfound Lake and the Cocker-mouth River at Grey Rocks Conservation Area. All NLRA members are eligible to participate in the lottery. Lottery winners will be chosen at random on April 15, and winners will submit a \$200 rental fee for the storage season of May 1-Oct. 31. Submit your entry at NewfoundLake.org/storage-lottery. Questions can be directed to Conservation Program Manager Paul Pellissier at Paul@NewfoundLake.org, or call 603-744-8689.

Grey Rocks Conservation Area, the site of a former marina, was placed in permanent conservation in 2011 and has since been restored by the NLRA to more



natural conditions. Home to abundant wildlife, Grey Rocks visitors may spot everything from beaver, bullfrogs, and turtles, to diverse species of waterfowl and Newfound's resident pair of nesting bald eagles. From the non-motorized boat launch, paddlers and rowers can make their way to the Cocker-mouth River, the Hebron marsh,

or into the open waters of Newfound Lake. In 2016, with a grant from the Newfound Area Charitable Fund, NLRA published the Northern Newfound Water Trail, a helpful map for boaters detailing the numerous points of interest along the north shore of Newfound Lake. On land, Grey Rocks visitors can enjoy 1.5 miles of trails, viewing plat-

forms, and picnic tables. Well-behaved dogs are allowed on-leash. Grey Rocks is a carry-in carry-out property, so remember to bring a bag for any trash or waste.

Grey Rocks is open year-round, with trails maintained by NLRA's volunteer Snowshoe Crew and the parking area maintained courtesy of 3 Lakes Landscap-

ing throughout the winter. Visit Grey Rocks and see everything it has to offer at 178 N. Shore Rd., Hebron.

To learn more about the NLRA and Grey Rocks Conservation Area, visit NewfoundLake.org. Membership with NLRA supports education, programs, and collaboration that promotes the conservation and preservation of the Newfound watershed.

Newfound Nature Station is planning for trees!

HEBRON — Join the Newfound Lake Region Association (NLRA) as we turn our thoughts to trees during Newfound Nature Station, a free program that connects youth and families to the natural world.

This event will be held at Grey Rocks Conservation Area at 178 N Shore Rd., Hebron, on March 22 from 1 to 3 p.m., and March 25 from 10 a.m. to noon. Trees are such important members of local ecosystems- from pro-

viding shelter to soaking up rainwater, trees help us in many ways. NLRA wants to make sure that the tree community at Grey Rocks keeps growing and we're looking for help to make that happen! Join NLRA educators to learn more about local tree species in the watershed- what they contribute to habitats, what they need to grow- then design a new 'garden' for Grey Rocks. Interested kids can continue working with us to get those trees and get them in the ground later this year. This program is free and open to all.

Newfound Nature Station, along with other family programs and

events, is part of NLRA's year-round work to encourage residents and visitors to enjoy the natural beauty around them, learn more about the environment and how to protect it, and fall in love with the Newfound Watershed. By connecting the people of Newfound to the wonders around them, NLRA works to inspire the next generation of stewards and fulfill the mission of protecting Newfound Lake and its watershed. Along with programs like Newfound Nature Station, NLRA maintains Grey Rocks Conservation Area in all seasons as a place for people and

wildlife alike. It offers walking trails, a picnic area, fishing alcoves, and a non-motorized boat launch and is frequented by wildlife like loons, turtles, and bald eagles as well as people. Learn more about NLRA including other upcoming events at NewfoundLake.org.

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Plymouth Regional High School honor roll

PLYMOUTH — Plymouth Regional High School has released its honor roll for the second quarter of the 2022-2023 school year.

Seniors
High Honors: Ashley Bannon, Natalie Boyer, Eliza Carter, Serena Chickering, Matthew Cleary, Parker Eastman, Liana Francis, Madison Hershey, Matthew Jolin, Cailey McDonald, Summer McKenzie, Dashua Ough, Elexa Renkert, Izabella Rossner, Chloe Wildermann
Honor Roll: Nicolas Ahern, Kaitlyn Ashe, Ashley Bennett, Jenna Benoit,Chloe Bouchard, Margaret Boyd, Madigan Burtis, Brianna Caston,Sierra Chabot, Sarah Craigie, Ryder Currier, Noah Dutille, Grace Gleich, Rhiannon Harris, Molly Hazelton, Katlyn Huckins, Reed Ibarguen, Sophia Inwood, Spencer Inwood, Alyssa Johnson, Aidan Kay, Alexandra MacDonald, Brian Medeiros, Lindsay Miller, Mia Morelli, Nicole Peltier, Elizebeth Poitras, Caden Sanborn, Samantha Sanborn, Dylan Scammon, Trevor Tobine, Nina Vermeersch, Jason Vuong, Vivian Yee

Juniors
High Honors: Lucie Beauchemin, Taylor Bourne, John Flaherty, Ainsley Girouard, Ekaterina Kambina, Bailey King, Lily O'Brien, Grady O'Leary, Lilah Rose, Emma Smith, Violet Towers, Chance Twomey, Sydney Valenti
Honor Roll: Kailey Aguilar-Burt, Maddox Allain, Quinn Amsden, Brooke Austin, Anya

Barach, Samantha Barnsley, Lia Bisson, Kiara Brown, Sabina Casale, Janelle Comeau, Jasmine Comeau, Delaney Comtois, Charles Cushing, Caiden DiGiacomo, Leo Ebner, Addison Englund, Eliza Foote, Andrew Frazeur, Aubrie Glidden, Hailey Guilbert, Reese Hall, Ely Hughes, Brennan Johnson, Madison Jones, Christine Kuan, Kaelynn Lang, Madeleine Levin, Kelsey Maine, Elizabeth Means, Kayley Merrifield, Abigail Mudgett, Avery Noyes, Diya Patel, Jady Read, William Smoker, Greydon Stebbins, Alexander Tirrell, Kerry Tole, Declan Ulricson, Maya Wingsted

Sophomores
High Honors: Thomas Daigneault, Nayana Harding, McKenzie Huckins, Leah Ines, Cillian Kenneally, Ryan Killion, Rylye Langford, Annaliese McClain, Jane Price, Jolene Read, Nicholas Ring, Norman Sackett, Julia Secor, Noah Shaw, Evelyn Sidor, Reagan Sutherland

Honor Roll: Iris Adams, Anna Boyer, Katie Campbell, Brianna Chandonnet, Cameron Ciechon, Ruby Clogston, Remington Cormiea, Aaron Coursey, Brynn Daigle, Hailly Demers, Lucas Diamond, Brooke DiNatale, Kelina Donnelly, Evan Duchette, Taylor Elmore, Alex Fleury, Olivia Frost, Nolan Galvin, Nathaniel Gervez, Patrick Gleich, Mason Glew, Ann Gosselin, Sophia Hamnett, Heron Hanon, Lillian Jenkinson, Connor Johnson, David Kizer, Claire Krueckeberg, Hannah Latu-

lippe, Samuel Liebert, Gordon Love, Alexis Lucas, Nathan Lyons, Grady Marunowski, Clara McCauley, Skyla McNamara, Bryanna Rogers, Margaret Roper, Corbin Ross, Jacob Sanborn, Chloe Sargent, Evan Tyler, Tavari Wilms

Freshmen
High Honors: Amanda Ahern, Addison Al-lain, Alyx Boulanger,

Roswell Currell, Jeffrey Doherty Jr, John Duffy, Elizabeth Englund, Sydney Fullerton, Tate Hayman, Sophie Kelsey, Yiseul Lee, Allie Merrill, Turner Oldenburg, Brayden Rayburn, Courtney Sabato, Isabella Son, Samuel Stuart
Honor Roll: Charlotte Acosta, Amelia Avery, Alexander Ballou, Dylan Bean, Finnian Bellamy, Isaac Benton, Jackson Bouchard, Ashlyn Bren-

nan, Graeme Burtis, Isabella Bushaw, Erica Currier, Thomas Cushing, Therron Depuy, Connor Dunton, Sebastian Eisenbarth, Alyssabeth Fuller, Hailey Garnsey, Gabriel Goldman, Connor Heidenreich, Tegan Hershey, Blaine Hiltz, Nolan Johnson, Lucette Keene, Anna Kimble, Jacob Kostelak, Camdyn Learned, Darcie Lucas, McKenzi Melanson, Amitai-Noor Metwaly,

Claire Miller, Rachel Pamplin, Ethan Paris, Hannah Pickard, Margaret Pitman, Harper Preston, Austin Reed, Taylor Rousseau, Lucia Sakin, Alexander Shinn, Anthony Sousa, Leila Surkhabi, Elliot Sutherland, Alyza Thompson, Madison Tobine, Avery Tuttle-Wilcox, Benjamin Valenti, Nathan Van De Moere, Maddi Vlk

Ashland School Board hears update on ventilation project

BY DAVID RUELL
CONTRIBUTING WRITER

ASHLAND — At their March 7 meeting, the Ashland School Board was updated on the ventilation project and the energy upgrades project by the Superintendent, and on school activities by the Principal.

Superintendent Mary Moriarty reported progress on the ventilation project in the Ober School. Major work on the project cannot be done while the school is in session. During February vacation, the structural work needed to support the rooftop units was completed. The hope is to install one of the rooftop units during the April vacation.
The entire project should be completed by the end of July during the summer vacation.

A major proposal for energy upgrades for the school using Infrastructure Act funds was submitted to the Department of Energy by Paul Bemis of Air Cleaners Inc. The Department of Energy rated the proposal as "discouraged", which was a setback to the hopes for Federal funding. But, there are Congressional discretionary funds that still might be available, so Bemis contacted the office of Sen. Shaheen and was encouraged by that office to apply for that funding.

Board Chair Steve Heath therefore sent a letter to Sen. Shaheen seeking those funds.

Principal Kelly Avery reported on recent future school activities. Enrollment now stands at 162 stu-

dents. The Winter Recreation program ended in February. The Mathalon team is in full season. Teresa Merrifield and Renee Liebert have worked on the Middle School play "The Not So Grimm Tales" which was to be presented on March 9. Writer
Marty Kelley will visit the school in April. The Squam Lakes Natural Science Center is making presentations to various classes. For the first time since 2019, the Cultural Arts Night featuring students from the area, including Ashland, will be held at the Plymouth schools on March 16. On April 4, the eighth grade students will participate in Move Up Night at Plymouth Regional High School, to introduce them to their future school. Parent-teacher conferences will be held on March 20. Jeans For A Cause (in which staff members can wear jeans on Friday if they make a donation) raised \$303 for the Ashland Parks & Recreation Department. The principal named special education assistant Kristin Demas and in-house substitute teacher Kiki Abdul-Jabbar as staff members of the month.

The School Board learned that Student Support Program Kent Chapman and Special Education Assistant Jackie Chapman were retiring at the end of the school year to spend more time with their 22 grandchildren. The Superintendent reported that the school district was in good financial shape at the present time. A scheduled presentation by the New Hampshire Department of Revenue Administration to the Board was postponed to April because one board member was absent. The Board ended its meeting with a non-public session.

Madalyn Dow joins Community Financial Services Group

FRANCONIA — Randall Saulnier, Senior Vice President of Community Financial Services Group, LLC (CFSG), the trust and investment management affiliate of Woodsville Guaranty Savings Bank, announced the addition of Madalyn Dow to CFSG's investment team.

Dow joins CFSG as Assistant Vice President and Wealth Advisor, and will provide a full range of investment, trust, estate, and financial planning services for clients in the Plymouth and surrounding area. She will work from CFSG's offices located at Woodsville Guaranty Savings Bank on Tenney Mountain Highway in Plymouth, and on Main Street in Franconia.

Dow joins CFSG from NH Trust Financial Advisors in Concord, where she worked as a Financial Advisor since 2016 and managed more than \$120 million in client assets. She was also the Wealth Management liaison for the retail staff of Merrimack County Savings Bank.

She graduated with honors



Madalyn Dow

from the University of New Hampshire with a bachelor's degree in English. She currently holds her series 7, 65, 6, and New Hampshire state insurance licenses.
In her free time, she enjoys hiking in the White Mountains, reading, and cooking for her family, and has recently taken up golfing. She lives in Thornton with her husband and son.
"Madalyn's experience and New Hampshire roots make her a real asset to Community Finan-

cial and an able advisor to our clients," stated Randall. "I could not be more pleased to have Madalyn join our team to provide full time trust and investment services to clients in the Plymouth and surrounding communities."
Community Financial manages more than \$1 billion in assets and is the trust and investment management affiliate of Woodsville Guaranty Savings Bank, Community National Bank of Derby, Vermont, and National Bank of Middlebury in Vermont. For more information, call 603-444-5807 or visit them online at www.cfsitrust.com.
Woodsville Guaranty Savings Bank is a New Hampshire state-chartered savings bank headquartered in Woodsville, with nine banking offices in the communities of Woodsville, Piermont, Lisbon, Littleton, Lancaster, Plymouth, and Franconia, and a business lending office in Hanover. For more information, call 1-800-564-2735, visit the bank's Web site at www.theguarantysavings.com, or find them on Facebook.

Events wanted for spring / summer brochure

BRISTOL — The Bristol Community Events Committee is getting ready to publish it's 2023 Spring & Summer Activity brochure. If you are a NON-PROFIT organization holding an event in the New-found Region between Memorial Day and Labor Day in 2023 you could be included in the next brochure printed and distributed by the Committee. A total of 5,000 brochures were distributed in 2022!
Preference will be given to Bristol events, and non-Bristol events occurring in the New-found Region will be added on

a space available basis. Events must be open to everyone, and either organized by or benefiting a not-for-profit organization. Free events open to the community by a for-profit business may be considered as space allows. Space in the brochure is limited, and all events submitted may not be listed. The Bristol Community Events Committee reserves the right to refuse inclusion in the brochure to any and all submissions.
Please send all event details including: event date, time, place, event name, type

of event, target audience and any fees charged. Be sure to include your contact info –organization name, contact person name, mailing address, phone and email address. Submissions can be sent to: bristolevents@bristolnh.gov or ldion@ttccrec.org.
Deadline for submission is April 12.
Questions can be directed to the Bristol Community Events Committee at the email address above or to 603-744-3354, ext. 136, or the Tapplly Thompson Community Center at 603-744-2713.

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Ashland Elementary School staff make donation to Ashland Parks and Recreation

AES Principal, Kelly Avery, presented a check in the amount of \$303 to the Ashland Parks and Recreation Program. Staff members, along with student participants, were on hand to receive the donation. Each Friday, Ashland Elementary School staff have the option to contribute to a previously selected charity for the opportunity to wear jeans to work. "Jeans for a Cause is a great way for our staff to give back to our community," said Mrs. Avery. The staff chose the Ashland Parks and Recreation Program in appreciation of their assistance with training space at the beginning of the year, as well as for their commitment to provide Ashland children with a safe and fun afterschool option.

Ashland Elementary names Warrior Award recipients



Pictured above are the AES Warrior Award Winners and their families. Top left—Fim Whitworth; ToRight—Kendrick MacKay; Bottom—Annabella Francis.

ASHLAND — Congratulations to Annabelle Francis, Kendrick MacKay and Fim Whitworth who were named Ashland Elementary School 2023 Winter Warrior Award recipients. These students were selected by their tier teachers because they are a positive force within our community. Their attitude, effort and behavior make them role-models for all of our members. Warrior Award recipients consistently incorporate the AES Core Values of honesty, respect, integrity, caring, loyalty, citizenship, responsibility and fairness into their daily lives. Annabelle's Primary Tier Teachers describe her as a student who exemplifies the AES Core Values as a strong leader in the classroom. She is a caring citizen who is always willing to help other students with challenging assignments. She is kind, empathetic and honest, is an exceptional teammate when working on group activities and is capable of communicating her ideas in a positive way. She is a true role model in human kindness. Kendrick was named the Intermediate Tier Warrior Award recipient. According to his teachers, he consistently demonstrates all of our Core Values. He is an enthusiastic learner who welcomes challenges and approaches them with a positive attitude. He is a kind, caring, and empathetic classmate. He is eager to help those around him while still managing to meet and exceed his own expectations. He strives to do his best in all that he is

SEE WARRIORS PAGE A8

Gretchen Dodge of Rumney named to University of Hartford's President's Honors List

WEST HARTFORD, Conn. — The University of Hartford is pleased to announce Gretchen Dodge of Rumney has been named to its President's Honors List for Fall 2022. The President's Honors List is made up of an extremely select group of students who earned a grade point average of 3.75 or higher in the semester. This is the GPA that must be sustained over a full undergraduate career to qualify for a degree summa cum laude. Spread across seven dynamic schools and colleges, the University of Hartford has been guiding the purpose and passion of students for over six decades. On our 350-acre campus alongside Connecticut's capital city, approximately 4,000 undergraduate and 1,800 graduate students from 48 states and 45 countries come together for a common purpose: to collaborate across different disciplines, diversify perspectives, and broaden worldviews. We're a four-year private university focused on advancing the public good through meaningful connections within our communities. Our unique approach to comprehensive education gives us the critical perspectives that lead to impactful change, regionally and beyond. With degree programs spanning the arts, humanities, business, engineering and technology, education, and health professions, we focus on doing the work that matters. Visit www.hartford.edu for more information.

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CADY Corner

Underage college drinking: A significant public health problem

BY DEB NARO
Contributor

Drinking at college has become a ritual that students often see as an integral part of their higher education experience. Some students come to college with established drinking habits, and the college environment can lead to problems. According to the National Survey on Drug Use and Health, almost 55 percent of full-time college students ages 18 to 22 drank alcohol in the past month and about 37 percent engaged in binge drinking during that same time frame. Binge drinking is defined as consuming five drinks or more on one occasion for males and four drinks or more for females within two hours. However, some students drink at least twice that amount, a behavior that is often called high-intensity drinking.

The consequences of harmful and underage drinking affect college students, their families, and college communities. The most recent statistics from the National Institute on Alcohol Abuse and Alcoholism (NIAAA) estimate about 1,519 college students ages 18 to 24 die from unintentional alcohol-related injuries, including motor vehicle crashes. The most recent NIAAA statistics estimate that about 696,000 students ages 18 to 24 are assaulted by another student who has been drinking. Although estimating the number of alcohol-related sexual assaults is challenging—since sexual assault is typically under-reported—researchers have confirmed a long-standing finding that one in five women experience sexual assault during their time in college. Most sexual assaults in college involve alcohol or other substances. Research continues to better understand the relationships between alcohol and sexual assault among college students.

Many college alcohol problems are related to binge drinking. NIAAA defines binge drinking as a pattern of drinking alcohol that brings blood alcohol concentration (BAC) to 0.08 percent—or 0.08 grams of alcohol per deciliter—or higher. For a typical adult, this pattern corresponds to consuming five or more drinks (male), or four or more drinks (female), in about 2 hours. Binge drinking can pose serious health and safety risks, including car crashes, drunk-driving arrests, sexual assaults, and injuries. Over the long term, frequent binge drinking can lead to addiction and damage to the liver and other organs.

To avoid binge drinking and its consequences, college students (and all people who drink) are advised to track the number of drinks they consume over a given timeframe. That is why it is important to know exactly what counts as a drink. In the United States, a standard drink (or one alcoholic drink-equivalent) contains 0.6 fluid ounces or 14 grams of pure alcohol (also known as an alcoholic drink-equivalent), which is found in the following: 12.0 ounces of beer with about 5 percent alcohol content, 5.0 ounces of wine with about 12 percent alcohol content and 1.5 oz of distilled spirits (e.g., gin, rum, tequila, vodka, and whiskey) with about 40 percent alcohol content. Although the standard drink (or alcoholic drink-equivalent) amounts are helpful for following health guidelines, they may not reflect customary serving sizes. A large cup of beer, an overpoured glass of wine, or a single mixed drink could contain much more alcohol than a standard drink. In addition, the percentage of pure alcohol varies within and across beverage types (e.g., beer, wine, and distilled spirits).

An often-overlooked preventive factor involves the continuing influence of parents. Research shows that students who choose not to drink often do so because their parents discussed alcohol use and adverse consequences with them. Ongoing research continues to improve our understanding of how to address the persistent and costly problem of harmful and underage student drinking. Successful efforts involve a mix of strategies that target individual students, the student body, and the broader college community.

If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at (603-934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 603-238-3555. To learn about prevention, treatment and recovery resources in the Central NH, visit Findwell NH at findwellnh.org.



DONNA RHODES

Maple Weekend preparations

Brian and Gordy Ordway look on while their partner, “Tex,” loads the wood box as the crew of Grandpa’s Sugar Shack works to stock up their supply of syrup during March Maple Month in New Hampshire. Their sugar shack, located on Route 4 in Danbury, is one of more than 110 maple producers statewide who are inviting people to stop by during the annual Maple Weekend celebration this Saturday and Sunday, March 18 & 19. Visitors will not only learn more about how maple syrup is made, but be able to purchase a variety of maple products direct from the source. For information on locations of producers throughout the state, along with great recipes and more, visit nhmapleproducers.com.

Letters to the Editor

Voting down TCS renovations was an act of cowardice, not caring

To the Editor:

To all the voters in Thornton who turned down the school renovation project:

I am having a hard time reconciling all of the voters who showed up at the budget hearing on Thursday night, proclaiming how much they care for our school and then turned around and voted down the much needed building renovation project for TCS. Our definitions of caring must be vastly different.

Caring for our TCS students and staff includes giving them the space and resources they need to do the very best they can at their one job: teaching & learning. This includes building specialized classrooms like music rooms, away from regular ed classrooms so as not to disrupt the learning environment.

Caring for our students means giving our special educators a private space to work with their students, preserving the dignity of those students who receive federally mandated services. Students who cannot be accommodated at TCS are tutored elsewhere, and taxpayers foot the bill; that’s the law.

Caring about education means hearing from teachers, staff, and administration for decades that the facilities are inadequate and believing the highly qualified, licensed professionals rather than gaslighting them. Unless you have volunteered or substituted in a public school in the last 5 years you have no idea what teachers, administrators, and staff face in the day to day care of our students.

The unfortunate reality of what happened on Thursday night began with a cowardly act by a small group of people attempting to manipulate the facts. These people, who at the budget hearing demanded transparency of the school board, sent anonymous postcards to Thornton residents that pointed to an anonymous Web site misrepresenting the truth. That is not caring; that is fear-mongering. Caring for our public schools means putting our money where our mouths are and bringing an out-of-date building into the 21st century for the wellbeing of our students, teachers, and the community at large.

Alexis Eynon
Thornton

Prioritizing nutrition in older adults: A key to optimal health and well-being

BY ANNA SWANSON
Pemi-Baker Hospice & Home Health

PLYMOUTH — As we age, the importance of good nutrition becomes increasingly crucial. Eating a balanced diet with the right nutrients is essential for maintaining optimal health and preventing chronic diseases. Yet, older adults often face challenges that make it difficult to maintain a healthy diet.

According to the World Health Organization, malnutrition is a significant health concern for older adults. Poor nutrition can lead to a weakened immune system, muscle weakness, and an increased risk of falls and fractures. Additionally, it can contribute to cognitive decline, depression, and other mental health problems.

"Good nutrition is vital for older adults because their bodies require fewer calories, but they need more nutrients to maintain their health," says Danielle Paquette-Horne, RN, Executive Director with Pemi-Baker Hospice & Home Health. "Unfortunately, many older adults struggle with eating a healthy diet due to a lack of appetite, difficulty chewing or swallowing, and other health issues."

To help older adults stay healthy, it's essential to prioritize



COURTESY

Danielle Paquette-Horne, RN, Executive Director Pemi-Baker Hospice & Home Health.

good nutrition. Here are some tips for older adults:

1. Eat a variety of nutrient-dense foods, such as fruits, vegetables, whole grains, lean proteins, and healthy fats.
2. Stay hydrated by drinking plenty of water and other fluids.
3. Avoid empty calories from processed foods, sugary drinks, and snacks.
4. Pay attention to portion sizes to avoid overeating.
5. Talk to a healthcare provider or registered dietitian to develop an individualized nutrition plan.
6. Consider taking dietary supplements if recommended by a

healthcare provider.

"Older adults need to be mindful of their nutrition and take steps to maintain a healthy diet," says Paquette-Horne, RN. "By making small changes to their diet and seeking guidance from healthcare professionals, they can live a healthy and fulfilling life."

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 29 towns in central and northern NH since 1967. Expert services include at-home healthcare and physical therapies (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: [@pemibakerhospicehomehealth](https://www.facebook.com/pemibakerhospicehomehealth).



Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggiello 744-5383
memysunshine51@yahoo.com

True to tradition, here we are on Town Election Day, and it's snowing!

Town

Board of Selectmen's meeting Tuesday, March 21 in the Municipal Building.

Alexandria UMC

Sunday, March 19, services begin at 9 a.m. Sunday School will begin at 10:15 a.m. All are welcome to join us.

Have a great week ahead everyone! Be safe in your travels and remember Spring is right around the corner!

Ashland

David Ruell 968-7716
davidruell@gmail.com

St. Patrick's Supper

The Dupuis Cross Post of the American Legion will serve a St. Patrick's Corned Beef and Cabbage Supper this Friday, March 17, in the Legion Hall at 37 Main St., from 5 p.m. until the food is gone. The cost is \$12 per person.

Library Crafting Group

The Ashland Town Library Crafting Group will meet from 10 a.m. to noon this Saturday, March 18, to work on Diamond Painted Key Chains. Registration is necessary as space is limited. All supplies are included.

Chili Cookoff

The Ashland School PTO is sponsoring a Chili Cook-off from 1 to 3 p.m. this Saturday, March 18, in the Ashland School cafeteria on Education Drive. The entry fee for the contest is \$20. The winner will receive a \$50 gift certificate to the Common Man. The last day to register for the contest is this Friday. The contest rules and registration instructions can be found on the PTO's Web site, ashlandnhp-to.square.site. Tasters attending the Cook-Off will be charged \$7 each.

Legion Breakfast

The Dupuis-Cross Post will serve its monthly breakfast from 7 to 11 a.m. this Sunday, March 19, in the Legion Hall at 37 Main St. The price is \$8 for an adult, \$6 for a senior and \$4 for a child.

Story Walk in Whitten Woods

The Squam Lakes Association, in cooperation with the Ashland Town Library, has laid out a storywalk using Keith Baker's illustrated children's book "No Two Alike," along the main trail in Whitten Woods. The Story Walk is about six tenths of a mile long from the parking lot on Highland Street to the junction with the trail to the South Peak. Visit the Town Library for a free craft kit inspired by the story. The Story Walk will be on display until April 30.

Historical Fiction Book Club

The next selection of the Ashland Town Library Historical Fiction Book Club is Marie Benedict and Victoria Christopher Murray's novel "The Personal Librarian," based on the life of Bella DaCosta Greene, who was J. P. Morgan's personal librarian, and after his death, the director of the Pierpont Morgan Library, which still houses his collections. She was also a light skinned woman of African ancestry who passed as Portuguese. Copies of the book can be picked up at the Library. The group will meet to discuss the book at 3 p.m. on Monday, April 6. New members are always welcome.

Library Pass to Children's Museum of NH

The Ashland Town Library now has a reduced admission pass to the Children's Museum of New Hampshire in Dover (formerly located in Portsmouth). The pass gives 50 percent off the regular price for up to four people. Normal admission fees are \$12.50 for those between 1 and 64 years old and \$10.50 for those 65 years or older. Children under one year are free. All guests must make a reservation before visiting the Museum. The new pass was donated by the Friends of the Ashland Town Library, who have already donated passes to the Currier Museum of Art in Manchester and the McAuliffe-Shepard Discovery Center in Concord. The annual pass to the Squam Lakes Natural Science Center has also been ordered.

Bristol

Al Blakeley
Adblakeley0@gmail.com

Congratulations to Barbara Greenwood for her selection for this

year's Bristol Town Report dedication! Thanks go to this inimitable member of our community who takes an active interest in most everything that goes on here and makes a difference. Barbara is one of the first parents I had the privilege of meeting when I first moved here to teach and has had a positive influence on my desire to remain here for the rest of my days.

Recurring events at the Minot-Sleeper Library include: Knot Only Knitters on Mondays from 2:30-4:30 p.m., Storytime on Wednesdays at 10:30 a.m., Mah Jongg on Wednesdays from 1-3 p.m., Scrabble with Jenna on Thursdays from 10:30 - 11:30 a.m., Lego Club on Fridays at 2:30 p.m. and Quilt Club on Fridays at 1 p.m. The library hosts Poetry Night on the first Tuesday of every month at 6:30 p.m.

Kids Crazy Craft will be held on Thursday, March 16 from 4 - 5:30 p.m. Think of any ideas that might work to build the best trap for St. Patrick's Day to catch those lucky leprechauns! A fun afternoon is planned for building the traps.

'Foxes in New Hampshire' is the title of a presentation on Tuesday, March 28 from 6:30 - 8:30 p.m., where you can meet Maria Laycox and her partner, Yuka the Arctic Fox! Learn about Maria's interest in all foxes in New Hampshire, her life with Yuka and listen to her relate stories about Yuka.

'Don't be a Victim of Fraud' will be presented by TD Bank on Thursday, March 30, from 3 - 4 p.m. Learn about typical fraud schemes, avoiding financial exploitation and protecting your identity with TD Bank. This event is free and open to the public.

There will be a Par-

ents Night Out at the TTCC on Saturday, March 18 from 5 - 9 p.m. featuring a NERF gun shoot out! Ages four to 14 are invited for \$20 per child.

Registration is now open for TTCC Baseball, Softball and T-Ball. For details, see the TTCC Baseball/Softball/T-ball page on the TTCC Web site. The TTCC offers programs from T-Ball to Babe Ruth baseball and softball. T-Ball - ages 4,5 & 6; Rookie Baseball & 8U Softball - ages 7 & 8; Minor Baseball and 10U Softball - ages 9 & 10; Major Baseball & 12U Softball - ages 11 & 12; Babe Ruth Baseball and Softball - ages 13 - 16. Age determination: Softball - Jan. 1, 2023, Baseball - May 1. The program runs primarily through volunteer efforts. Please consider helping out as a board member, coach, help with concessions, press box, field maintenance and more.

Youth Indoor Soccer for ages 4 - 12 will be held on Saturdays starting on March 11 and conclude on April 15. This will take place at the BHVS Gymnasium. Ages 4 & 5 - 8:30 - 9:15 a.m., ages 6 & 7 - 9:30 - 10:30 a.m., ages 8 - 12 - 10:45 a.m. - noon. Cost Is \$20/player.

The TTCC is hosting a Special Olympics Young Athletes Spring program at the BHVS in Bridgewater starting on Saturday, March 11 and will meet these Saturdays: March 11, 18, & 25 and April 1 & 15 from 12:15 - 1 p.m. This is an innovative sports program for children with and without disabilities ages two to seven, designed to provide opportunities for young children to be active, have fun and learn foundational sports skills. It also offers families connections to local Special Olympics Programs. Space will be limited to 12 children maximum. There is no cost for your

family participating. You are encouraged to register online now. You may direct questions to Regina Richford, Practice Coach.

The annual meeting of the Bristol Historical Society will be held on Saturday, March 25 at 10:30 a.m. at the Minot Sleeper Library. The meeting is open to all members and anyone else interested in the Society.

The Town Meeting-Business Session will be held on Saturday, March 18 at the NRHS Auditorium. This session is for all other Warrant Articles such as the operating budget and any proposed capital items. The Town of Bristol now has three job openings: Firefighter, Beach Attendant and Transfer Station Lead Attendant.

For the most up-to-date information regarding Town Meeting 2023, please refer to the '2023 Town Meeting Information and Documents' page on the town's website.

The Pasquaney Garden Club is looking forward to greeting members, new friends and visitors at their first meeting of the season on Tuesday, April 18 from 10 a.m. - noon at the Minot Sleeper Library in Bristol. Information about the seasons' programs and other club information will be distributed to attendees.

The club's regular meetings are held from April to December once

a month, usually on the third Tuesday. In addition to a variety of programs, field trips and activities, the club will continue to maintain garden areas and planters in the Newfound area, participate in community activities and support local organizations. Area residents and visitors are encouraged to attend meetings and activities. For those interested in joining the club, dues are \$15 and new members may join at any time. Dues assist with the cost of programs and monthly notices to members regarding upcoming events. The April program will be 'Monarchs and Milkweed', a fascinating presentation by Mirka Zapletal, the Manager of Education & Outreach for the Newfound Lake Region Association, about Monarch butterflies and the challenges to their survival. This promises to be an interesting and informative program and all are welcome. The Garden Club is a nonprofit organization.

The Bristol Events Committee is getting ready to publish its 2023 Spring & Summer Activity brochure. If you are a non-profit organization holding an event in the Newfound Region between Memorial Day and Labor Day in 2023 you could be included in the next brochure printed and distributed by the Committee. A total of 5,000 brochures were distributed in 2022!

Preference will be given to Bristol events, SEE **TOWNS** PAGE A8

Edward Jones

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It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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Edward Jones: Financial Focus

Should investors 'go it alone'?

If you're going to enjoy a comfortable retirement, you should know, among other things, how much money you'll need. And you may have a much better chance of knowing this if you get some professional help.

Consider these findings from a 2021 study by Dalbar, a financial services market research firm:

- Investors who worked with a financial advisor were three times more likely to estimate what they would have saved at retirement than "do-it-yourself" investors.
- More than two-thirds of investors with a financial advisor were satisfied with the amount they would have saved at retirement, compared to about 27% of the do-it-yourselfers.

How do financial professionals help their clients in these ways?

First, consider the issue of determining how much money will be

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC. Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

needed for retirement. It's not always easy for individuals to estimate this amount. But financial professionals can help clients like you arrive at this figure by exploring your hopes and goals. How long do you plan to work? What kind of lifestyle do you anticipate enjoying in retirement? Where would you like to live? How much would you like to travel? Are you open to pursuing earned income opportunities, such as consulting or working part time?

Next comes the other key question: How much money will be available for retirement? This big question leads to many others: How much do you need to save and invest each year until you retire? About what sort of investment return will you need to reach your retirement income goals? What level of risk are you willing to take to achieve that return? What is the role of other income sources such as Social Security or any pensions you might have?

Having a financial professional help you gain a clear idea of your retirement income picture can certainly be reassuring. But there may be other reasons why "going it alone" as an investor might not be desirable.

For example, when the financial markets are down, as was the case for much of 2022, some investors make decisions based on short-term volatility, such as selling investments to "cut their losses," even if these same investments still have solid business fundamentals and good prospects for growth. But if you work with a financial professional, you might decide to stick with these investments, especially if they're still appropriate for your long-term strategy. Other times, of course, the advice may be different — but it will always be advice based on your goals, needs and time horizon.

Furthermore, if you're investing on your own, you may always be measuring your results against the major market indexes, such as the S&P 500 or the Dow Jones Industrial Average. But in reality, your portfolio should contain a wide range of investments, some of which aren't contained in these indexes, so you might not be assessing your performance appropriately. A financial professional can help you develop your own, more meaningful benchmarks that can show the progress you're actually making toward your goals.

In some areas of life, going it alone can be exciting — but when it comes to investing for your future, you may benefit from some company on the journey.

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Towns

FROM PAGE A8

and non-Bristol events occurring in the New-found Region will be added on a space-avail-able basis. Events must be open to everyone, and either organized by or benefitting a not-for-profit organization. Free events open to the community by a for-profit business may be considered as space allows. Space in the bro-chure is limited, and all events submitted may not be listed. The Bris-tol Community Events Committee reserves the right to refuse inclusion in the brochure to any and all submissions.

Please send all event details including: event date, time, place, event name, type of event, tar-get audience, and any fees charged. Be sure to include your contact info -

organization name, contact person name, mailing address, phone and email address. Sub-missions can be sent to: bristolevents@bristol-nh.gov or ldion@ttccrec.org. Deadline for sub-mission is April 12.

The Mud Season Mix-er with the Club Soda Band will take place on Saturday, April 1 in Bristol at the Historical Town Hall from 7 -10 p.m., and is open to all adults. There will be a cash bar provided by the Homestead Restaurant offering both non-al-coholic and alcoholic drinks. Snacks will be provided and admis-sion to the dance is free, however donations will be accepted at the door to go towards future Events Committee pro-jects.

For more informa-tion on this and other events hosted by the Bristol Community Events Committee, you can contact the Town of Bristol at 744-3354, ext. 136. Up to date event info is posted on the Town of Bristol Web site at www.townofbristolnh.org and on the TTCC Web site at www.ttccrec.org.

Campton-Thornton

Joël Freeman 398-4368
bearfootfarm@aol.com

Silent Auction/
Spaghetti Dinner

Yes, it is back!! Come join us for some fun, Fri-day, March 24 at Camp-ton Elementary School. Dinner is from 5-7 p.m. and the Silent Auction

is from 5-8 p.m.. Items include many hand-made items, overnight stays, camping, car maintenance, gift cards for restaurants, and much more. Proceeds to benefit the eighth Grade Class year end activi-ties including the class trip. We look forward to seeing you! For further information email Pris-cilla Hay at ces8thgra-declass@pemibaker.org

Spring Craft Fair &
Bake Sale

Come join us on April 1 from 9 a.m. to p.m. at the Campton Baptist Church at 1345 Main St. in Campton. Enjoy your day with our crafters and their unique crea-tions and products. Soup n Sandwiches are avail-able for purchase; \$7 per serving which in-cludes soup, sandwich and drink. There will be a door prize and a raf-fle. free admission and parking. All are wel-come!

For more informa-tion or if you would like to be a vendor, please contact Bette Ann Coy at 603-346-0332.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury
Church

Rev. Gray Fitzgerald will lead worship at the South Danbury Church at 11 a.m. on Sunday, March 19, and all are welcome.

Their next NH Hu-manities’ “Humanities to Go” program will feature New Hampshire archaeologist Robert Goodby. He will give an illustrated presenta-tion of “Digging into New Hampshire Native History,” on March 31, arranged by Bonnie Nichols. For more infor-mation, visit https://www.nnhumanities.org/programs/teach-er/33/robert-goodby.

Silent Movie

Blazing Star Grange will host a 100th anni-versary screening of “Why Worry?” on Sat-urday, March 18 at 7 p.m. Starring Harold Lloyd, a popular movie star of the silent film era, the movie is shown on a large handmade cloth screen, sewn by hand more than 100 years ago, specifically for the Grange Hall film screen-ings. Admission fee is a suggested \$5 donation.

The screening will feature live accompani-ment by Jeff Rapsis, a New Hampshire-based composer who special-izes in creating scores for silent films. Rapsis will improvise a musical score for ‘Why Worry?’ In creating accompani-ment for the Lloyd mov-ies and other vintage classics, Rapsis tries to bridge the gap between silent film and modern audiences. Regarded as one of Lloyd’s most surreal movies, ‘Why Worry?’ features a cast that includes an actual real-life giant—eight-foot-tall John Aasen, discovered in Minneso-ta during a national tal-ent search.

The short Harold Lloyd comedy “Number, Please” (1920) will also be included in the pro-gram.

Danbury Winter
Market

The April 1 farmers’ market will feature a seed swap and live mu-sic on stage. The May farmers market is also the pickup point for the Merrimack County Conservation District’s Spring Plant and Bulb Fundraiser. Deadline for the fundraiser or-dering is March 21. while extra items will be available for sale at the market, preorder-ing is the optimum way to obtain the offered items. Visit merri-mackccd.org for order-ing information.

Holderness

Fran Taylor 968-3846

Turns out Selectmen made a good choice of staying with the Tues-day election date. Much to our surprise, there was very little snow accumulation and no problems with driving.

Register early for the Children’s Annual Easter Trail Hunt on the Recreation Web site. Reason for registration is that there’s limited parking in the location of the trail so, by sched-uling entries, parking problems are mitigated.

At the recent Select-board meeting, Chief DiFilippe mentioned that the officers body cameras were online and that the new phone system is up and and

running.

Looks like the Select-board will be sending out proposals for the so-lar projects. If you know of anyone who might be interested, contact Town Administrator Capone.

Recreation Director Wendy Werner is seek-ing applicants for sum-mer help. She needs a beach attendant(s) and full or part time Sum-mer Escape Assistant Director and Counse-lors.

Next Science Pub will take place on Tuesday, March 21 at 5:30 p.m. at Walter’s Basin. Learn about Jenn Houle who explores human’s rela-tionship to the natural world, inspired by en-ergy cycles in nature and environmental concerns. Space is lim-ited so register early at

squamlandtrust.org/ events.

The NH Department of Education is again asking community members to complete their 603 Bright Futures Survey. Feedback from the previous surveys has helped the depart-ment craft policy and programs to meet the needs of students. You can reach it at bit.ly/nhedcommunity. There are separate surveys for families with K-12 stu-dents and professional educators.

With the days getting warmer, suggest you take down the birdfeed-ers. Bears have already been seen in locations south of here.

Sorry to see that the PSU Men’s Hockey team lost to University of New England in the first round of the NCAA Tournament 2-0. Ex-

cellent game with well matched teams.

Warren/
Wentworth

Gary Jesseman 707-7129
garyj@together.net

Greetings everyone. Hope you are all having a good week. Another storm coming...Spring can’t be far behind, right?

WARREN NEWS

Warren Old Home Days will be celebrated on July 14, 15, and 16. The theme for this year is “Life on the Farm.” More information as time gets closer.

WENTWORTH NEWS

I don’t have any news at this time.

Have a good week, and always remember to count your blessings!

Wentworth man arrested for obstructing snow removal efforts

WENTWORTH — On Saturday, March 4 at approximately 8:15 a.m., Trooper Michael Bruno of the New Hampshire State Police Troop F Barracks received a report that a member of the Wentworth Highway Department had been ob-structed in his efforts of snow removal by a citizen. The highway road agent had recorded part of the encounter on his cell phone.

Following further investigation, Jeffrey Greeson, age 51, of Wentworth was arrested on March 10.

Greeson is being charged with Disorderly Conduct, Criminal Threatening and Simple Assault. Greeson was released on personal recognizance and or-dered back to the Plymouth District Court on May 18 at 8 a.m.

Taylor Maine named to dean’s list at Tufts University

Taylor Maine named to dean's list at Tufts University

MEDFORD, Mass. — Taylor Maine of Campton, Class of 2025, was named to the dean's list at Tufts University for the Fall 2022 semester. Dean's list honors at Tufts University require a semester grade point average of 3.4 or greater.

Tufts University, located on cam-puses in Boston, Medford/Somerville, and Grafton, Massachusetts, and in Talloires, France, is recognized among

the premier research universities in the United States. Tufts enjoys a glob-al reputation for academic excellence and for the preparation of students as leaders in a wide range of professions. A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate, and profes-sional programs across the universi-ty's schools is widely encouraged.

Students inducted into Phi Beta Kappa Honor Society, awarded prizes

ELMIRA, N.Y. — Ryan Hardy, of Camp-ton was one of several students recently recog-nized by the Pi of New York chapter of Phi Beta Kappa at Elmira Col-lege.

The Pi of New York chapter held its annual induction and banquet with nine newly elected members of high schol-

arly attainment. Prizes were also awarded to five outstanding juniors and six promising soph-omores. At the event, Ryan Hardy '23 delivered an address on behalf of the students and Dr. Doc Billingsley, Assistant Professor of Anthropol-ogy, delivered the main address: "Making Peace with Uncertainty and Other Lessons From a Liberal Arts Education."

Phi Beta Kappa, the oldest and most dis-tinguished of all the academic honorary so-cieties, promotes, recog-nizes, and honors schol-arly achievement in the liberal arts and scienc-es. Phi Beta Kappa was founded in 1776, and the

Pi of New York chapter at Elmira College was established in 1940.

"A student's elec-tion to the society re-flects far more than a high GPA achieved in a necessary selection of courses; it recogniz-es more than a body of acquired knowledge," said Charlie Mitchell, Professor of American Studies. "Rather, it re-flects a demonstrated interest in and com-mitment to the value of learning, to the vital traditions and princi-ples offered by a broad education in the liberal arts and sciences. The College itself is honored to be able to recognize these students."

Warriors

FROM PAGE A5

involved in each and ev-ery day.

The Middle Tier se-lection for the Warrior Award is Fim Whit-worth. Fim has demon-strated strong core values and academic in-tegrity this year. When Fim is in a position to make a choice on what to do, he chooses based on his moral compass rath-

er than what others have done or are doing. Fim is an individual who digs into the problem and tires to solve it rath-er than finding an easy way out. Fim’s growth is evident throughout his academic and social abilities.

Congratulations to each of these Warrior Award winners.



MAPLE MONTH AT

The Rocks



Saturday, March 11
Sat, March 18 & Sun, March 19
Sat, March 25 & Sun, March 26
Saturday, April 1

Hourly tours in Bethlehem from 10 am to 2 pm
each day including tastings, horse-drawn
wagon & tractor rides! Walk-ins welcome.



Reservations:
info@therocks.org
forestsociety.org/maplemonth



COURTESY

Ashland Elementary School Middle Team students present “No-So-Grim Tales”

Ashland Elementary School Middle School students enjoyed the spotlight during the school’s annual drama performance. “No-So-Grim Tales” tells the story of a working mother who is worried that her daughter has pick up some not-so-great lessons from the fairy tales she’s been reading, so she shares some new, more modern and empowering versions of Little Red Riding Hood, Snow White and Cinderella. Cast members Leighanna MacKay, Bridget Holloran, Ellie Wendelboe, Brook Dame, Johnny Hu, Leah Hartley, Nico Howe, Lucy Montague, Alivia Foote, Selena Savage, and Katie Hancock had their audience laughing out loud as theytook on the personalities of their characters.

Museum of the White Mountains to host lecture on recent findings at Hubbard Brook Experimental Forest

PLYMOUTH — The Museum of the White Mountains at Plymouth State University (PSU) will host the final lecture in its 2022-2023 Mountain Voices Lecture Series on Thursday, March 16, at 7 p.m., via Zoom. PSU research professor Eric Kelsey, Ph.D., will present, “What We Know About Cold Air Pools in the Hubbard Brook Experimental Forest,” which will explore how cold air pools, or dense pockets of cold air that settle into valleys, form and dissipate, and how they may play an important role in forest ecosystem function and biodiversity.

Kelsey will share what types of large-scale weather patterns are favorable for cold air pools to form and to dissipate within the Hubbard Brook Experimental



Eric Kelsey

Forest, a long-term ecological research forest located in the southwestern part of the White Mountain National Forest in New Hampshire. He will also discuss the potential impacts that cold air pools have on the overall function and biodiversity of a forest’s ecosystem, how deep

they can be, how cold they can get, and their seasonal regularity.

Kelsey has spent a decade feeding his passion for studying extreme weather and climate by collaborating with other researchers in the Hubbard Brook Experimental Forest and applying his knowledge of atmo-

spheric science to ecosystem functions of the Hubbard Brook Forest.

Kelsey, who originally hails from Nashua, New Hampshire, received a Ph.D. from the University of New Hampshire, a master’s degree from State University of New York at Albany and a bachelor’s degree in atmospheric science from the University of Missouri. Kelsey is an active member of the Hubbard Brook Experimental Forest Committee of Scientists and the American Meteorological Society.

The Mountain Voices lectures are free and open to the public but pre-registration is required. For information about the museum, current exhibits, and to register for the current lecture, visit www.plymouth.edu/mwm.

Students honored on Dean's Academic Honor List at Baylor University

WACO, Texas — More than 5,100 Baylor University students have been named to the Fall 2022 Dean’s Academic Honor List, which recognizes Baylor undergraduates for their outstanding academic work during each semester.

Among those named to the Dean’s List was Anna Templeton of Plymouth.

Students honored on the Dean’s List earned a minimum semester grade-point average of 3.70 with no grade lower than a “C” while enrolled in at least 12 graded semester hours.

As a preeminent Christian Research 1 university, Baylor’s mission is to educate students for worldwide leadership and service by integrating academic excellence and Christian commitment within a caring community. Students are drawn to the University from all 50 states and more than 100 countries for the Baylor experience that combines Christian mission and academic excellence with a midsize university that maximizes opportunities and competes in Power 5 athletics.

Baylor provides numerous academic and research opportunities across various disciplines through 127 baccalaureate programs in fields as varied as business, engineering, pre-medicine, computer science, nursing and music, along with 79 master’s programs, 50 doctoral programs (including the Juris Doctor), the Education Specialist program and Master of Laws program.

Through Baylor’s Illuminate Forward strategic plan that builds on the University’s historic strengths and strategically invests in new areas of research and service, Baylor University is one of only two private Research 1 universities in the state of Texas, along with Rice, and among an elite list of 39 private universities designated as R1 by the Carnegie Classification of Institutions of Higher Education. Through top-tier research, scholarship and external funding support, R1 universities bring their voice to bear in addressing the world’s most significant challenges, with Baylor as a Christian research university infusing the quest for solutions, at the highest levels, with the University’s distinct voice and mission.

With a student-to-faculty ratio of 15 to 1, Baylor students interact with outstanding full-time faculty from their first days on campus through graduation. The University’s vibrant campus life also includes more than 370 clubs and organizations and varsity athletics competing in the Big 12 Conference. For more information about Baylor University, visit www.baylor.edu.

Waterville Valley Resort expands Nordic trail system

WATERVILLE VALLEY — In collaboration with the National Forest Service, Waterville Valley Resort is excited to open a new Nordic ski trail, Rough Rider. This new trail adds approximately 1.43km of expert terrain to our existing 70 km trail system and increases access to Waterville Valley Resort’s most popular Nordic skiing terrain. Connecting Upper Criterion trail to Upper Snows trail, Rough Rider creates a critical new link between the South End System and the North End System.

“Creating a connector trail between the North and South Ends will be of significant benefit to Nordic skiers,” says Ian Cullison, Director of Nordic Operations. “Rough Rider will not only increase access to our Nordic Trail System, but it will also enhance the Nordic experience. Prior to this expansion, private land development and road crossings forced Nordic skiers to remove their equipment when travelling between the South & North Ends. Now, Nordic skiers can travel freely between the south and north ends, without any of the hassle of ski removal.”

Rough Rider trail build involved upgrading an old logging road to cross-country ski trail specifications. This complex project spanned over the course of a year and involved the construction of a 13-foot-wide multi-seasonal trail.

Mud season mixer with Club Soda Band April 1

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Kelsey will share what types of large-scale weather patterns are favorable for cold air pools to form and to dissipate within the Hubbard Brook Experimental Forest, a long-term ecological research forest located in the southwestern part of the White Mountain National Forest in New



Hampshire. He will also discuss the potential impacts that cold air pools have on the overall function and biodiversity of a forest’s ecosystem, how deep they can be, how cold they can get, and their seasonal regularity.

Kelsey has spent a decade feeding his passion for studying extreme weather and climate by collaborating with other researchers in the Hubbard

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The Mountain Voices lectures are free and open to the public but pre-registration is required. For information about the museum, current exhibits, and to register for the current lecture, visit www.plymouth.edu/mwm.

THE REAL REPORT
RECENT REAL ESTATE TRANSACTIONS

Table with 6 columns: Town, Address, Type, Price, Seller, Buyer. It lists recent real estate transactions in various towns including Alexandria, Campton, Groton, New Hampton, Plymouth, Rumney, Thornton, and Thorton.

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Mid-State Health Center takes part in National Alcohol and Drug Facts Week

PLYMOUTH — National Alcohol and Drug Facts Week (NADFW) is an annual event that takes place March 20- 27. The event aims to increase awareness about alcohol and drug use among young people and to debunk common myths and misconceptions related to substance use. In support of this effort, Mid-State Health Center plans to utilize their social media platforms throughout the week by sharing resources, educational materials, and statistics on drug and alcohol use specifically designed for parents and educators.

Mid-State Health Center RISE recovery programs

In addition to offering behavioral health services, Mid-State Health Center offers recovery support services to everyone in the community. Mid-State's RISE Recovery services include an Intensive Outpatient Program, Medication Assisted Treatment (MAT), as well as Recovery Sup-

port Services.

Though Mid-State's RISE programs are for adults 18 and over, they want to stress the importance of empowering teenagers with accurate information about drugs and alcohol. By doing so, the hope is that they can make informed decisions and resist peer pressure.

According to the Na-

tional Institute on Drug Abuse (NIDA), alcohol and drug use among teenagers can have serious consequences, including poor academic performance, impaired driving, and even death. By participating in NADFW, Mid-State Health Center hopes to create a safer and healthier future for our young people.

Please follow Mid-State Health Center's

Facebook page @mid-statehealthcenter for drug and alcohol facts all week long and visit our website for more information on our RISE programs: www.midstatehealth.org Where your care comes together.

About Mid-State Health Center
Mid-State Health Center delivers primary care and supportive services at locations

in Bristol, Plymouth, and Lincoln, offering medical services, dental services, behavioral health counseling, imaging, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

Honors FROM PAGE A1

Sportsmanship Award for the varsity team was presented to Stevens and Anthony Estes received the NHIAA Sportsmanship Award for the JV team.

For the alpine ski team, Beckett VanLenten was named Boys' Skier of the Year and Elle MacDonald was named Girls' Skier of the Year. Jack Ehmann was named Most Improved Skier, while the Bears Booster Club Student Athlete Award was presented to Lily Karkheck for the girls' team and Broderick Edwards

for the boys' team. The NHIAA Sportsmanship Award was given to Trevor Sanschagrin for the boys' team and Addison Alpers for the girls' team.

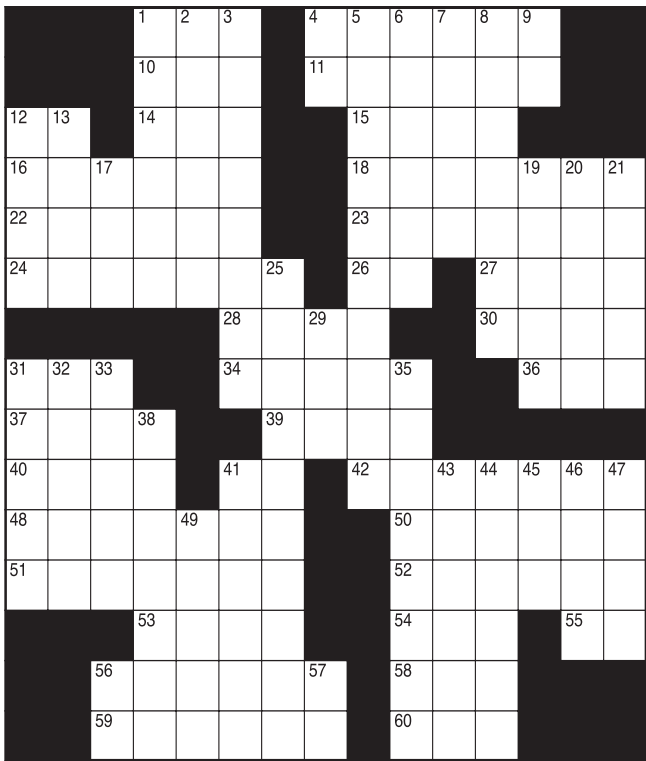
For the winter spirit team, Laurel McKellar was presented the Coaches Award, Reece Cutting was named Most Valuable Player and Jorja Morrison was presented with the Most Improved Award. The Bears Booster Club Student Athlete Award was given to Casey Bush and Jordan Edwards received the NHIAA Sportsmanship Award.

For the girls' basketball team, Evie Bastarache and Bailey Dow were presented with the Co-Sixth Man Award, Cora Sanschagrin was presented the Coaches Award, Rylee Barney was named Most Improved Player and Mattie Douville was named Teammate of the Year. Malina Bohlmann was named Player of the Year and also received the NHIAA Sportsmanship Award for the varsity team. Sarah Ford was presented the NHIAA Sportsmanship Award for the JV team. Barney was presented the Bears

Booster Club Student Athlete Award. Bohlmann was also honored for making All-State and both Bohlmann and Barney earned All-Academic honors. Bohlmann also received the Benchmark Award, finishing her career with 936 points.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

TAKE A BREAK



- ACROSS
1. Belonging to a thing
4. Pass or go by
10. Partner to cheese
11. Subjects
12. U.S. State (abbr.)
14. Bits per inch
15. Forest-dwelling deer
16. Illinois city
18. A salt or ester of acetic acid
22. Wholly unharmed
23. Cuddled
24. Bane
26. Global investment bank (abbr.)
27. Oh my gosh!

- 54. Matchstick game
55. For instance
56. Even again
58. Popular beverage
59. Evaluate
60. Time units (abbr.)
Down
1. Stain one's hands
2. Nocturnal hoofed animals
3. Back condition
4. Popular movie alien
5. City of Angels
6. Peaks
7. Infantry weapons
8. Left
9. Atomic #99
12. Told a good yarn
13. Vale
17. Resistance unit
19. Aquatic plant
20. Bluish greens
21. About some Norse poems
25. Reinforces
29. Egyptian mythological goddess
31. Supportive material
32. Subatomic particle
33. Expired bread
35. Cereal grain
38. Goes against
41. Walkie ____
43. One who does not accept
44. Beliefs
45. Indicates near
46. Brazilian NBA star
47. Grab quickly
49. Romantic poet
56. College dorm worker

PEANUTS WORD SEARCH
P C D F S O G D E E E N E N B E T F H R
G Y T S E V R A H B V S N S O I S V E B
N U A I S O S O N A A O L P Y T M N O E
I N A M S V L P R M I I O E O C N H R V
D F I N N E D I L T H D N S M U Y U F H
D V R C T P E M C P E S M I R U C O M S
U Y S Y E T T U G G O F V D G H G M O N
B P S G Y I D R O I E G A A D R R E S N
U B C D T O E A Y S R O I D L A I T L N
T I H R R P S A R O G P R H F E R V N O
D O F P P S O O U D L P A G I S N C H S
P T I O L E A N F T T A L N I R O C E R
Y D H C N S D G R B E T O A P A P I P
E F B V T N O T N H F S O L N E I Y L A
R B R E U R M H S H C O Y Y O T A M G H
T S D T N G L I C S T P B E S C I N L C
L T B R T E N T B T I M R V U D I N U A
U O E Y A A S U N A O S T I U R F G T
A O V G P R A T F G N C M U T B Y S N D
Y R M S M D Y O H U S M N S R R L D N E
Find the words hidden vertically, horizontally, diagonally, and backwards.

PEANUTS WORD SEARCH
BENEATH, BUDDING, COMPOST, CURE, FARM, FRUITS, GEORGIA, GROUNDNUT, HARVEST, HOPPER, LEGUME, PEANUT, PEG, PLANTING, POD, PRODUCTION, ROASTED, ROOTS, RUNNER, SOIL, SPANISH, VALENCIA, VARIETY, VIRGINIA

This Week's Answers
A grid showing the answers to the crossword puzzle clues, such as WIN, TOW, WALKIE, etc.

BREAK OUT of the same monotonous routine and find an exciting NEW JOB See the Classifieds TODAY!
An advertisement featuring a broken chain with a 'MADE IN FRANCE' tag and a large, bold headline.

Local Girl Scouts gather for World Thinking Day

PLYMOUTH — On Saturday, March 11, the Pemi-Baker Community Girl Scouts hosted its 20th World Thinking Day at Plymouth Regional High School.

World Thinking Day is celebrated across 150 countries by members of the World Association for Girl Guides and Girl Scouts (WAGGGS). It is a day of international friendship and a time to stand up for causes that could improve the lives of girls around the globe. Observed by 10 million Girl Guides and Girl Scouts, World Thinking Day has a different theme each year. In 2023, the theme is “Our World, Our Peaceful Future: The environment, peace, and security.” To earn the World Thinking Day Award, girls explore environmental problems and learn how to work with nature to create a more peaceful and secure future everywhere. And while the holiday itself comes on February 22, the World Thinking Day Award can be earned at any time of year. The Pemi-Baker Community has traditionally celebrated the day during Girl Scout Week which coincides

with the GSUSA 111th birthday on March 12.

More than 150 girls, plus their leaders, parents and siblings participated in the Pemi-Baker World Thinking Day event. Fifteen Girl Scout troops from about 20 towns in New Hampshire were in attendance. Each troop picked a country, developed a display and shared a song, dance or game at the event. Countries represented included Ireland, Malaysia, Democratic Republic of Congo, France, Germany, Australia, France, Canada, Mexico

and England. The day included an opening ceremony with an international flag procession, displays, troop sharing and a giant friendship circle. In addition, girls were challenged to think and take action at displays on environmental issues. Other tables educated girls about WAGGGS, potential places to travel and our local Girl Scout Day Camp. And of course there was birthday cake!

Thinking Day was also an opportunity for girls to practice market place skills and to help others. Each troop sold a swap or food item representing their country for 25 cents. All proceeds were divided among the Juliette Low World Friendship Fund, the Pemi-Baker Destination Fund and the Emily Clogston Memorial Fund. Any girl that attended Thinking Day is eligible to apply for these scholarships to help with the cost of traveling as a Girl Scout or attending camp. The Juliette Low World Friendship Fund and the Pemi-Baker Destination Fund are specific to help Girl Scouts travel. With their assistance, several girls from the Plymouth area have traveled independently and as a troop to various places in the United States plus to England, Costa Rica, and France. The Emily Clogston Memorial Fund was named in honor of Emily, a Girl Scout from Warren who tragically lost her life in an accident shortly after graduating from Plymouth Regional High School. Emily loved attending Girl Scout Camp as a camper and counselor. Each year, two to four girls have used these funds to attend a Girl Scout camp of their choice.



JOSHUA SPAULDING
Addison Englund skied to a pair of second place finishes at the Division II State Meet, leading her team to the championship.



JOSHUA SPAULDING
Leo Ebner had a pair of fifth place finishes at last week's Division II State Meet at Great Glen.



JOSHUA SPAULDING
Elli Englund powers toward the finish line during last week's Division II State Meet in Pinkham Notch.



JOSHUA SPAULDING
Nicholas Ring had two top-15 finishes during last week's Division II championship at Great Glen Trails.

Nordic

FROM PAGE A1

the title.

In the morning classical race, Addison Englund skied to second place overall with a time of 14:37 to lead the Bobcats.

Her sister, Elli Englund, was just one spot back, finishing in third place overall in a time of 14:41 and Ella Ronci was fifth overall with a time of 14:49.

Reagan Sutherland rounded out the scoring for the Bobcats with a time of 17:04, which placed her in 14th place overall.

Leah Ines was 24th overall in 17:56 and Kelsey Maine skied to 31st place with a time of 18:28 to finish out the field of Bobcat girls.

In the afternoon freestyle race, Addison Englund was again second overall, finishing in a time of 11:57.

Elli Englund skied to fourth overall in a time of 12:18 and Ronci was sixth overall with a time of 12:28.

Sutherland was 16th overall to finish out the scoring for the Bobcats, crossing with a time of 14:08.

Ines finished in 27th in a place of 15:00 and Johanna Wakefield skied to 29th place with a time of 15:09 to finish out the field of Bobcats.

Overall, the Bobcat girls finished with 758 points, beating Hopkinton by nine points, with Lebanon, Hanover and Gilford rounding out the top five.

After finishing fourth in the morning classical race, the Bobcat boys finished seventh overall, with Gilford and Fall Mountain taking the top two spots.

In the morning classical race, Leo Ebner was Plymouth's top skier, finishing in fifth place in a time of 13:27.

Nicholas Ring was next in for Plymouth, finishing in a time of 13:33 for sixth place and Tate Hayman finished in a time of 15:25 for 27th place.

Gordon Love finished out the scoring for Plymouth with a time of 17:27, which placed him in 50th place.

Declan Ulricson finished in 53rd place in a time of 18:07 and Xander Tirrell finished in 57th place with a time of 18:58.

Ebner skied to a fifth place finish in the afternoon freestyle race as well, finishing in 11:16.

Ring finished in 14th overall in a time of 11:52 and Hayman was 36th overall with his time of 13:19.

Love rounded out the scoring with a 54th place finish in a time of 14:53.

Ulricson was 55th overall in a time of 14:53 and Tirrell finished in a time of 17:26 to take 65th overall, finishing out the field of Bobcat boys.

With their top-20 finishes, the Englund sisters, Ronci, Sutherland, Ebner and Ring all earned bids to compete in the Meet of Champions, which will take place today, March 16, at Proctor Academy at 4 p.m.

Addison Englund was



JOSHUA SPAULDING
Ella Ronci finished fifth in the classical and sixth in the freestyle (pictured) in Pinkham Notch last week.



JOSHUA SPAULDING
Gordon Love powers out of the start during last week's State Meet at Great Glen Trails.

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PETS OF THE WEEK




Jenni

I'm Jenni and I bet you want my number, or the one for the shelter to come adopt me! I am most comfortable around the people I know and would probably do best with adults only. There is potential for me to share a home with a male dog, of course we'd have to meet first. A low traffic home able to help me build my confidence with new people would be best!



Lucy

Meet Lucy! Seeking all hound dog loves, this girl is looking for her retirement home. She loves nothing more than belly rubs and finding all the yummy treats you are hiding. Lucy has done well with other animals and could be a good candidate for a multi-pet household with proper introductions.



NH Humane Society
Over a century of love for those without a voice.
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Ashland United Methodist Church

We’ve been teaching on the foundational Christian statement, The Apostle’s Creed.

Last Sunday we took a break for Communion and an old fashion Hymn sing along with stories of how those hymns came to be written.

This week we will be back to the Apostle’s Creed. Specifically, the phrases that state:

He ascended to heaven and is seated at the right hand of God the Father almighty.

From there he will come to judge the living and the dead.

We’ll finish the Apostle’s Creed teaching on March 26 follow-er by Palm Sunday on April 2 and Easter Sunday on April 9. We will also offer Communion on Easter Sunday as

well. Everyone is wel-come.

Our Sunday Services are at 9:30 a.m. and in-clude prayer, singing, fellowship and teach-ing and are recorded for availability on our Web site, https://ash-landumc.faithlifesites.com/.

Communion is the second Sunday of the month.

Christian Science Society, Plymouth

The sanctuary with its refinished floors is completed! Servic-es have been ongoing, working around mov-ing pews, and install-ing center carpet will shortly be the last step. We are so grateful to the many who have contributed to this needed work.

We welcome all to our Sunday church ser-vices at 10 a.m. in our Emerson Street bld-ing. The Bible lesson sermon this coming Sunday includes these the word from I Tim-othy: “...the Lord is great ... Thy name en-dureth forever.” This lesson, which can be studied during the week, will be read all around the world next Sunday in more than seventy countries.

Our Sunday school, which takes place dur-ing the church service welcomes children and young people. Here they learn Bible-based lessons which help them in all areas of their lives – at school, with friends, and at home and in commu-nity.

At our Wednesday meeting there are short readings from the Bible and from the Christian Science text-book. There’s also time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. We’d love to have you join us.

Please visit our Web site at www.cs-plym-

outh-nh.org if you would like to join in our services by zoom.

At jsh-online.com you’ll find a wealth of articles and audio of-ferings which are new each week, including ones for children and teens. This week there is a podcast and inter-view “Seeing ourselves as we really are” with practical spiritual ide-as for this important topic.

The Reading Room in our church building is open Monday noon to 2 p.m., where you can read helpful arti-cles from the weekly and monthly periodi-cals. The weekly Bi-ble lesson is there for you to read. You can browse, and borrow all books and resources, and there are free mag-azines to take home.

Starr King Unitarian Universalist Fellowship

Starr King Unitar-ian Universalist Fel-lowship holds Sunday services each Sunday at 9:30 a.m., both in per-son at 101 Fairgrounds Rd., Plymouth, and live

streamed via Zoom. Nursery and childcare services are available. Religious education classes are offered every week.

March 19
Tender Gifts
Margaret Rieser,
Ministerial Intern

How do we come to know our own tender sufferings as gifts? At times in our lives, be-ing vulnerable is a hard reality that we don’t get to choose. This can lead to pain, anxiety and shame.

This morning we will explore how our own experiences of vul-nerability can help us identify and be more compassionate regard-ing the vulnerability of others.

Unitarian Univer-salism is a caring, open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious tra-ditions, welcoming people with different beliefs. We are a Wel-coming Congregation recognizing no distinc-tion of class, nationali-ty, race, gender, or sexu-al orientation.

For more informa-

tion and Zoom link, vis-it our Web site: www.starrkingfellowship.org.

Wentworth Congregational

Please join us each Sunday at 10 a.m. for worship. We are cur-rently worshipping downstairs, to save on the fuel upstairs.

At this time we are hosting a rotation of speakers each Sunday. Here is our list of speak-ers:

- March 12—Joy Moody
- March 19--Cindy Petrie
- March 26—Lynn Morrison
- April 2—Palm Sun-day W. Rumney Com-munion 9 a.m.
- We will join W. Rumney for a joint Maundy Thursday and Good Friday Service on Thursday, April 6 at 7 p.m.
- April 9—Easter Joy Moody
- April 16—Cindy Petrie
- April 23—Lynn Mor-ri-son
- April 30—Rebecca Larson

Blessings to all!

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ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd.
Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 16th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
All are welcome.
9:30 Sunday morning Worship Service.
Church School for 3-7 year olds during worship service.
Communion on 1st Sunday.
Sunday Evenings 6:30-7:30
Praise and Prayer gathering.
Wednesday Bible Study 2:30-4:00 p.m.
Pastor Roger Kleinpeter

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 – September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
• We also do "live streaming" of this service. Sermons/message of each week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School

10 a.m. Worship Service • Child Care Available • 744-8132
Our Lady of Grace (part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (this is the only Mass on Sundays yearround now).
Daily Masses: Tuesdays and Thursdays at 8 AM.
Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St, Plymouth, NH 03264,
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
"Digging Deeper" Service 3rd Sundays 7 p.m.
Food Pantry by Appointment
All are Welcome • Handicapped Accessible
Pastor Chuck Green

Campton Congregational
#495 Rt. 175, Campton
9:30 a.m. Sunday Worship Service
Nursery and Child Care Available
11 a.m. Tue. Bible Study for Youth & Adults
Rev. Russell Petrie • 536-2536
Member NACCC

New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton (Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday. 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury
"All Are Welcome"
Rt. 104 — Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
Union Congregational Church
15 Church Lane, Hebron: 603-744-5883
Come join us for the season of Lent, a time for spiritual preparation for the celebration of the resurrection (Easter)
Worship Service: Sunday 10am
Coffee Hour following service
Recorded Services on website: www.hebronchurchnh.org
Rev. Mary Jane Barber

HILL
Picturesque "1800" Hill Center Church
Non-denominational, All Welcome
Murray Hill Rd.
5 p.m. Sunday Services June-October
Rev. Carol Snow-Asher • 744-7864

Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Worship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Childrens' Ministries
Nursery provided at all services
Pastor: Rev. Daniel Boyce
Youth Pastor: Nathan Pelletier
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 – P.O. Box 613
Holderness, NH 03245
Worship Service –Sunday 10 a.m.
Rev. Chris Drew – 968-3219
www.holdernesscommunitychurch.org

NEW HAMPTON
New Hampton Community Church
• 744-8252
A Christian Church w/ a family friendly atmosphere • Main St. New Hampton
10 a.m. Sunday Worship
Nursery care, Children & Youth ed.
Small groups throughout the week in area homes

PLYMOUTH
Calvary Independent Baptist • 536-3024
115 Yeaton Rd., West Plymouth
8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service–Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m.–Sun. Service/Sun. School
Wed. 6:00-7:00–Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Kevin Simpson • 536-3664

Gateway Alliance Church

9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education
9:45 a.m.
Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Grace Baptist Church
Meeting temporarily at the Baker River Bible Church at 259 Route 25, Wentworth, NH
1:30 p.m. - Sunday School for all ages
2:30 p.m. - Sunday Worship Service
Thursday, 6:30 p.m. - Teen and Adult Bible Study
Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club
(from September - May)
Fall Meetings with Morris Gleiser, October 18-22.
Sunday, 1:30 and 2:30 PM; Monday - Thursday at 7:00 PM.
Visit www.gbcnh.org for sermons and more information.

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd, Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth (603) 536-4700.
Office email: holytrinitynh@gmail.com
Communications coordinator: Christine Chiasson email: chrisciasson@holytrinityparishnh.org.
Pastor: Fr. Mark Dollard.
Instagram: holyTrinityNH.
FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ
Sunday Worship 9:30 AM on Facebook Live
Virtual Sunday School 9:30 AM
Open and Affirming, Just Peace
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Pastor, Rev. Sara M. Holland
Ashley Paine, Organist/Accompanist
David Williams, Director of Music
536-2626 • www.uccplymouth.org

Plymouth United Methodist Church
334 Fairgrounds Road
(603) 536-1941
Sunday Morning Worship 9:30 am weekly

Restoration Church
319 Highland Street, Plymouth NH
10:30 am morning service
We Care Food Pantry
Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Rd., Plymouth
536-8908
9:30 a.m. Sunday Service and Church School & Nursery Care
Rev. Linda Barnes
www.starrkingfellowship.org

RUMNEY
Rumney Baptist Church
Rumney Baptist Church

Rev. Seth Powers, Pastor
375 Main Street • 786-9918
rumneybaptist.org
office@rumneybaptist.org
Like us on Facebook
Sundays: 10:00 a.m. Sunday Worship Service
Livestreaming on YouTube
Blended, worshipful music
Relevant Bible teaching
Children's ministry
6:30 p.m. Mondays: Teen Worship Service
Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ
1218 Old Route 25, West Rumney
Sun. Worship 9 a.m., All are welcome.

THORNTON
Thornton United Methodist
22 Church St., Thornton
Off Cross Road between Rts 3 & 175
Call 603-726-3774 for more information or to leave a message.

WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
Rev. Dr. David Palmer • 787-6887

WENTWORTH
Baker River Bible Church
259 Mooslake Hwy., Wentworth
* Sunday School - 9:45 a.m.
* Morning Worship Service 11:00 a.m.
* Potluck Lunch - 12:00 noon
* Afternorship Service 1:30 p.m.
* Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 p.m.
Rev. Bruce Michaud, Pastor
764-9406 or 786-9550

Wentworth Baptist Church Independent, Fundamental, K.J.V.
260 Cape Moonshine Rd., Wentworth
9:30 a.m. Sunday School
10:30 a.m. Sunday Service
1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
Pastor Jeffrey Greeson
764-9800 www.wbcnh.org

Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept.thru May. 9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock, • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlke Jr.

REAL ESTATE

**TO VIEW THESE
AND OTHER
PROPERTIES, VISIT:**

Alpine Lakes Real Estate: www.alpinelakes.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cbldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitleakeside.com

Granite Group Realty Services:
www.granitegrouprealty.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

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PUBLIC AUCTION

**SINGLE FAMILY HOME &
FORMER RESTAURANT BUILDING
SATURDAY, APRIL 1, 2023 AT 10:00 AM
2 SCHOOL STREET, RUMNEY, NH**

~ SALE TO BE HELD ON SITE ~

ID# 23-116. We have been retained by the Town of Rumney, NH to sell this 1± acre corner lot w/ frontage on Rte. 25 featuring 2 buildings. **Bldg. 1** is a 2½ story New Englander built in 1850 offers 3,599± SF GLA, 7 BRS & 2 BA. Features include wood clapboard siding, open front wrap-around porch, attached storage area and FHW/Oil Heat. The adjacent detached 2-story former restaurant building features 2,623± SF GLA, 1 bath, open front porch, handicap ramp to rear deck, vinyl siding & gas heat. The property is served by well & septic (condition unknown). Tax Map 12, Lot 9-1. Assessed Value: \$206,200. 2022 Taxes: \$4,743. **Auctioneers Note:** Please note that the deed conveyed at closing will grant the Town of Rumney the right to access the dry hydrant and pond that is adjacent to the property for maintenance and repair. **TERMS:** To be sold as an entirety only. \$10,000 non-refundable deposit by cash, certified check, cashier's or treasurer's check, or other pre-approved payment by the town of Rumney at time of sale, closing within 30 days. Conveyance by Quitclaim Deed, sale is subject to town confirmation. **PREVIEW:** Friday, March 24 at 11am – 1pm and day of sale from 9:00am. The Town of Rumney reserves the right to reject any and all bids. The property will be sold **"AS IS, WHERE IS"** subject to all outstanding liens, if any. Other terms may be announced at time of sale.



10% BUYERS PREMIUM PAYABLE TO AUCTIONEER DUE AT CLOSING
All information herein is believed to be correct. All interested parties are advised to do their own due diligence relative to the buildability/non-buildability of any lot and all matters they deem relevant. **FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE**

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Joshua Steenburgh

Text or call : 603 303 3072 email : josh@steenburgh.com www.steenburgh.com

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INCOME RESTRICTIONS APPLY.

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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



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(603) 528-0088

SEARCH NH REAL ESTATE: WWW.ROCHEREALTY.COM



\$479,900
MLS# 4944773
2BR/2BA townhouse in South Down Shores w/ office that can be used as a 3rd bedroom. Newer appliances throughout. Granite counters, dual zone built-in wine cooler for entertaining, remote-controlled fireplace, a finished detached garage, & 3-season porch.



\$670,000
MLS# 4943588
4BR/2BA, 2,117 sf. home located approx. 150 yards from the shared beach on Lake Kanasatka. The first level has a well-appointed kitchen w/ a breakfast bar open to the dining area. Amenities are beach, canoe/kayak storage, bathhouse, & boat slip area.



\$1,650,000
MLS# 4894873
Developers and Builders take notice of this State & City approved subdivision off of Mile Hill Rd. 51 single-family homes w/ underground utilities, public sewer, water, & natural gas are approved and ready to go. All approvals are included, along w/ estimates.



\$3,950,000
MLS# 4943321
4BR/3BA, 4,632 sf. of Lake Winnepesaukee perfection! Designed to take your breath away w/ views overlooking the lake & mountains. 172' of shoreline, oversized custom two-bay boathouse w/ electronic lifts. Massive stone breakwater w/ dock.



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NEW 14 WIDES	 List Price: \$79,995 \$74,995* 56' 2 Bed, 2 Bath	 List Price: \$88,995 \$84,995* 64' 2 Bed, 2 Bath
DOUBLE WIDES	 List Price: \$102,995 \$93,995* 56' 3 Bed, 2 Bath	 List Price: \$115,995 \$108,995* 48' 3 Bed, 2 Bath
MODULARS	 List Price: \$153,995 \$149,995* 60' 4 Bed, 2 Bath, w/ Bonus Family Room	 List Price: \$175,995 \$169,995* 3 Bedroom, 2 Bath

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\$208,995* 3 Bedroom, 2 Bath

\$208,995* 3 Bedroom, 2 Bath

*Prices subject to change

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LEGALS

ADVERTISEMENT FOR BIDS
WHOLE VILLAGE FAMILY RESOURCE CENTER
PLYMOUTH, NEW HAMPSHIRE
PARKING LOT REPLACEMENT

General Notice

WHOLE VILLAGE FAMILY RESOURCE CENTER (Owner) is requesting Bids for the construction of the following Project:

PARKING LOT REPLACEMENT
227991

Bids for the construction of the Project will be received at the **Whole Village Family Resource Center located at 258 Highland Street, Plymouth, New Hampshire**, until **Thursday, March 30, 2023 at 2 p.m.** local time. At that time the Bids received will be **publicly** opened and read.

The Project includes the following Work:

Remove and replace the existing asphalt parking lot, entrance drive and concrete sidewalk at the Whole Village Family Resource Center at 258 Highland Street in Plymouth, New Hampshire.

Work shall commence on or about June 19, 2023 and shall be substantially complete by September 1, 2023.

Obtaining the Bidding Documents

Information and Bidding Documents for the Project can be found at the following designated website:

www.dubois-king.com/projects-bidding-active

Bidding Documents may be downloaded from the designated website. Prospective Bidders are urged to register with the designated website as a plan holder, even if Bidding Documents are obtained from a plan room or source other than the designated website in either electronic or paper format. The designated website will be updated periodically with addenda, lists of registered plan holders, reports, and other information relevant to submitting a Bid for the Project. All official notifications, addenda, and other Bidding Documents will be offered only through the designated website. Neither Owner nor Engineer will be responsible for Bidding Documents, including addenda, if any, obtained from sources other than the designated website.

Pre-bid Conference

A pre-bid conference for the Project will be held on **Thursday, March 16, 2023 at 9 a.m. at Whole Village Family Resource Center, 258 Highland Street, Plymouth, New Hampshire**. Attendance at the pre-bid conference is encouraged but not required.

Instructions to Bidders.

For all further requirements regarding bid submittal, qualifications, procedures, and contract award, refer to the Instructions to Bidders that are included in the Bidding Documents.

Build America, Buy America Act

This agreement is for services related to a project that is subject to the Build America, Buy America Act (BABAA) requirements under Title IX of the Infrastructure Investment and Jobs Act ("IIJA"), Pub. L. 117-58. Absent an approved waiver, all iron, steel, manufactured products, and construction materials used in this project must be produced in the United States, as further outlined by the Office of Management and Budget's Memorandum M-22-11, Initial Implementation Guidance on Application of Buy America Preference in Federal Financial Assistance Programs for Infrastructure, April 18, 2022.

This Advertisement is issued by:

Owner: Whole Village Family Resource Center
By: William Sherry
Title: Chief Operating Officer, Granite United Way
Date: March 8, 2023

NOTICE
THORNTON 40613

ARRANGEMENTS HAVE BEEN MADE BY THE NEW HAMPSHIRE DEPARTMENT OF TRANSPORTATION (NHDOT) TO HOLD A PUBLIC INFORMATIONAL MEETING TO DISCUSS THE REHABILITATION OF THE RED LIST BRIDGE CARRYING OVER NH 49 OVER THE MADD RIVER IN THORNTON, NH. THE DECK REPLACEMENT DESIGN AND TRAFFIC CONTROL STRATEGY WILL BE PRESENTED AT THIS MEETING FOR PUBLIC COMMENT.

THE PURPOSE OF THIS MEETING IS TO PRESENT CITIZENS AND PUBLIC OFFICIALS WITH INFORMATION REGARDING THE PROJECT AND TO SOLICIT INPUT TO ENSURE THAT THE PROJECT DECISIONS MEET THE PUBLIC TRANSPORTATION NEEDS, COMMUNITY GOALS, AND PROTECT AND ENHANCE THE ENVIRONMENT. THE PROJECT MAY HAVE AN EFFECT ON CULTURAL OR HISTORIC RESOURCES THAT ARE POTENTIALLY ELIGIBLE FOR OR LISTED ON THE NATIONAL REGISTER OF HISTORIC PLACES. INDIVIDUALS OR ORGANIZATIONS WITH A DEMONSTRATED INTEREST IN THE POTENTIAL IMPACTS TO HISTORIC RESOURCES HAVE AN OPPORTUNITY TO BECOME CONSULTING PARTIES UNDER SECTION 106 OF THE NATIONAL HISTORIC PRESERVATION ACT.

NHDOT PROGRAMS AND SERVICES WILL BE ADMINISTERED IN ACCORDANCE WITH THE REQUIREMENTS OF TITLE VI OF THE CIVIL RIGHTS ACT OF 1964 AND ALL APPLICABLE REGULATIONS TO ENSURE NONDISCRIMINATION. ANYONE NEEDING MOBILITY ASSISTANCE, SIGN LANGUAGE, FOREIGN LANGUAGE INTERPRETER SERVICES, OR INFORMATION IN ALTERNATE FORMATS MUST CONTACT THE NHDOT BUREAU OF RIGHT-OF-WAY, NHDOT, PO BOX 483, CONCORD, NEW HAMPSHIRE 03302-0483 OR CALL 603-271-3222 – TDD ACCESS: RELAY NH 1-800-735-2964. NOTIFICATION FOR THE NEED FOR ASSISTANCE MUST BE MADE AT LEAST SEVEN BUSINESS DAYS PRIOR TO THIS MEETING.

THE MEETING IS SCHEDULED FOR:
WEDNESDAY, MARCH 29, 2023
6:30 PM
THORNTON TOWN HALL
16 MERRILL ACCESS ROAD, THORNTON, NH

WILLIAM CASS, P.E.
COMMISSIONER

HOLDERNESS PLANNING BOARD
PUBLIC HEARING NOTICE
Tuesday, March 21, 2023
5:30 P. M.

Notice is hereby given that a meeting and public hearings will be held at the Holderness Town Hall located at 1089 US Rt. 3, on Tuesday, March 21, 2023 beginning at 5:30pm to consider the following application:

Case # 2023-02-01 Webster Land Corp. application to subdivide Tax Map 2017-020-000 into two (2) parcels located at NH Rt 113 and Algonquin Road submitted by their agent F. Yerkes, LLS.

Case # 2023-02-02 A. Webster and K. Grealish Tax Map 231-012-000 application to subdivide into two (2) parcels located at 7 Paugus Road and NH Route 113 submitted by their agent Frank Yerkes, LLS.

Case # 2023-02-03 Nordblom Trusts Tax Map 224-025-000 and 224-028-000 application to request approval for a boundary line adjustment located at Wild Rose Lane and Mt. Prospect Road submitted by their agent Dubois & King, INC. by David Driscoll.

Help Wanted
Town of Rumney, NH
Highway Department Employee

The Rumney Highway Department is accepting applications for a full-time and part-time employee. The candidate will have experience with heavy and light construction equipment and have a history of safe operation of this equipment. Knowledge of maintaining town streets, culverts, and other public works projects is preferred, and a clean driving record is required. The ability to obtain a Medical Card and CDL-B within 6 months is desired. The Town of Rumney is an Equal Opportunity Employer and offers a competitive benefit package. A completed Town of Rumney Employment Application must be submitted to the Office of the Selectmen no later than 2:00 p.m. March 31, 2023.

Applications are available at the Rumney Town Office, 79 Depot Street, Rumney and on the Town of Rumney website.

Public Notice
Town of Plymouth
Road Load Limit Postings

The Plymouth Select Board has authorized the posting of the following list of roads for a 15-ton load limit during the period of March 1st through May 1st, 2023. The purpose of this posting is to prevent unreasonable damage to the roadways, which may result in hazards to public safety and or possible extraordinary maintenance expenses to the community.

Bartlett Road	Cummings Hill Road
New Hebron Road	Sanborn Road
Old Hebron Road	Chaisson Road
Morse Road	Loon Lake Road
Thurlow Street	Parker Street
Bell Road	Texas Hill Road
Reservoir Road	

Please direct any questions, comments or concerns to the Plymouth Highway Department at 536-1623

Joseph Fagnant,
Highway Manager



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NMMS

FROM PAGE A1

rightfully so.

“You can’t test their progress in these programs like you can in math or science, so this is an excellent opportunity for them to show parents and the community what Allied Arts is all about and how much they’ve been learning in their classes,” said Ulrich.

Tech Ed teacher Alicia Lynn had plenty of projects to present that night from her students in grades 6-8. There were professional looking board games, complete with plastic game pieces fabricated through the school’s new 3-D printer. A new C&C Router also assisted with not only the games they created, but several other wood-crafted projects, too. Sixth graders began learning many woodworking skills this year and among their projects were

some beautiful cutting boards. Seventh graders benefitted through a grant from the Department of Education that brought robotics to the middle school this year while Eighth grade students also learned how to carve blocks of wood into actual racecars, then powered them with CO2 cartridges.

Projects that evolved from a class in Courage/Hope, Art, and Social/Emotional Learning were not only touching in depiction of lessons learned but creative as well. Hannah Upperman of New Hampton was proud to show off her display that included a doll-like figurine who tells the story of she learned to “step outside the box” and become more kind and courageous. Others had displays tout-ing positive attributes, paid tribute to patriotic military members and encouraged people to be kind, respectful and considerate of those

around them.

Music students had a computerized display allowing visitors the chance to listen to music they created using “Flat” Notation Software to write the theme of a well-known song. Others used sounds of everyday life and through Soundtrap they recorded and mixed software that invited listeners to close their eyes and take in sounds of the beach, the forest and even a race-track.

Computer Enrichment instructor Erin Edwards offered a unique opportunity to her grades 6-8 students this year who got to act on a variety of skill levels as Web Masters for the faculty.

“They were challenged to create web sites for their teachers, then email them to see what they thought and what else they would like to see on their web sites,” Edwards said. “Through that the stu-

dents got to improve their skills in not only creating web sites but their email skills, too. The main goal of the class though is to have them try out online tools (such as Google Suite) then go back and use them in other classes.”

Seventh grade student Isaac Barnard of Hebron and his partner Leo Conway had Social Studies teacher Jason Jenkins as their subject.

“It was a lot of fun to do this but there were a lot of challenges along the way,” Barnard said.

Finally, Wellness Teacher Eve Bagley had her students meet with representatives of CADY (Communities for Alcohol- and Drug-Free Youth). After several sessions of discussion, the students were then asked to create do-decahedron paper balls (a complicated figure made up of 12 faces), which contained words

on each of the 12 panels expressing what they learned about living their best life and the goals they have set for their future.

“The kids really enjoyed making them. They’re a lot trickier than they look,” Bagley said, “but now they have a 3-D tangible object to remind them what they learned.”

After viewing the visual arts, parents then assembled in the gym for a concert from the sixth, seventh and eighth grade bands and choirs.

Directed by event coordinator and choral leader Jenn Stevens, band director Sarah Farver-Staub and PSU Intern Alex Terry, the groups ended the night with more than an hour of great music. From the Pirate Story, Butterflies and Siyahamba songs from the sixth grade choir; Bandyrowe, Ocean and Stars, and Chili Caliente from the 7th and

8thgrade choir; to Mad-rigal Remix and I Dare You from the Select Choir, the audience was impressed by their talents.

Adding to the evening were even more tunes from the 6th Grade Band (Thunderbolt Peak, Tikal, and Fire Rock), the Jazz Band (Work Song and Rock Hero), and the combined 7th-8th Grade Band (Shepherd’s Hey, Chant and Tribal Dance, and The Bottom Line).

Soloists for the evening were Tessa Overlock for the Select Choir, and Ben Gilbert, Jonathan Weeks, Jew-lee Doucette and Chase Cazeault for the Jazz Band.

Overall, more than 90 students took part in the concert this year.

“We’ve got some awesome kids here at the middle school,” Ulrich said with pride as the evening came to a close.

LEGALS

Select Board
Town of Hebron
PO Box 188, Hebron, NH 03241

NOTICE OF PUBLIC HEARING

In accordance with RSA 33:8-a, you are hereby notified that there will be a Public Bond Hearing on the Community/Library Building. The amount of the proposed bond exceeds \$100,000 and, therefore, requires a public hearing.

Immediately after the Public Bond Hearing, the Select Board will be holding a Public Hearing in accordance with RSA 32:5, I on the Hebron town budget and warrant articles for the optional fiscal year 2023.

The Public Hearings are scheduled for Tuesday, March 21, 2023 at 6:30 p.m. in the Hebron Community Hall in the basement of the Union Congregational Church located at 16 Church Lane.

Per Hebron Select Board,

Richard A. James, Chair
Paul S. Hazelton, Vice-Chair
Patrick K. Moriarty, Selectman



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ATTENTION
CAMPTON RESIDENTS

KINDERGARTEN 2023-2024

If you have a child who will be 5 years of age by September 30, 2023 please call the school at 603-726-3931 to register your child and sign up for the Kindergarten Connection on Wednesday, April 12th.

Mandatory paperwork required for entry are: Immunization Record, Original Birth Certificate and copy of 5 year checkup. These forms may be brought in or mailed to:

Campton Elementary School
1110 NH Rt. 175, Campton, NH 03223
Fax: 603-726-8081
Attn: Melissa Anderson

PLYMOUTH
ELEMENTARY SCHOOL
KINDERGARTEN
CONNECTIONS

May 10th at Plymouth Elementary School
45-minute appointments between 9:00am - 2:00pm

Come with your future Kindergarten student to meet teachers and learn more about Kindergarten at PES!

Please call the PES office at 536-1152
between the hours of 8:00 AM and 2:30 PM
to schedule an appointment.

Kindergarten Connections is for children who are
residents of Plymouth only.

"Plymouth School District Kindergarten Admission:
Students who are 5 years old as of September 30 each year are entitled and encouraged to attend Kindergarten. Students who reach their fifth birthday after September 30 are entitled to attend Kindergarten the following year. No exceptions."



HEBRON PLANNING BOARD

NOTICE OF PUBLIC HEARING ON PROPOSED ZONING AMENDMENTS
Wednesday, March 22, 2023 at 7:00 PM

Hebron Town Office, 7 School Street, Hebron, NH 03241

Notice is hereby given that the Hebron Planning Board will hold the first public hearing at the above date, time and place on proposed Zoning Ordinance Amendments that the Board intends to present to the voters of Hebron at the Town Meeting. Copies of the complete text of the zoning amendments are available in the Town Hall and with the Town Clerk. A summary of the proposed zoning amendments is as follows:

To amend Article IX: Wetlands Protection Overlay District generally, including adding "pollution" to the "Purpose and Intent", clarifying and redefining "Designated Wetlands" and "Vernal Pool", adding "established" to "conservation area and nature trails" and adding "r. New nature trails" in Table 1, increasing the Setback Requirements in Table 3, and redefining the verification and delineating process for wetlands in part J.

To amend Article VIII Floodplain District generally, to comply with the FEMA modified flood hazard determinations, the FEMA revised Flood Insurance Rate Map (FIRM), and the FEMA revised Flood Insurance Study (FIS) in order to continue the Town's eligibility in the Nation Flood Insurance Program (NFIP).

Respectfully,
Hebron Planning Board
Ivan Quinchia, Chairperson

The Hebron Planning Board will be available on GoTo from your computer using the Chrome browser.
<https://app.goto.com/meet/596861509> Telephone 1-571-317-3122

Town of Hebron
PO Box 188
Hebron, NH 03241
Phone: 603-744-2631
taxcol@hebronnh.org

LEGAL PROBATE NOTICE
THE STATE OF
NEW HAMPSHIRE
2nd Circuit - Probate
Division - Haverhill
2/17/2023 thru 3/2/2023

APOINTMENT OF
FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County.

All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Duboyce, Alan T, late of
Bridgewater, NH. Cheryl
Duboyce, 75 Bohannon Road,
Danbury, NH 03230. Suzanne
Fronk, 6 Clubhouse Way,
Amherst, NH 03031.
#315-2023-ET-00025

Follansbee, Gary Beltran, late
of Plymouth, NH. Christina C
Hill, 170 Ellsworth Hill Road C,
Campton, NH 03223.
#315-2022-ET-00764

Franklin, Scott N., late of
Bristol, NH. Bradford B.
Franklin, 84 Corliss Hill Road,
Meredith, NH 03253.
#315-2023-ET-00066

Levasseur, Vincent R, late of
Thornton, NH. Ralph Perron, 61
Drake Road, New Hampton, NH
03256. #315-2022-ET-00725

Rockwell, Kerry Ann, late of
Alexandria, NH. Carolyn Ann
Virtue, 288 Baptist Hill Road,
Canterbury, NH 03224.
#315-2022-ET-00708

Dated: 3/3/2023

SAU 48
Plymouth, NH 03264

Immediate Opening

2022-2023 School Year

FACILITIES/TECHNOLOGY
ADMINISTRATIVE ASSISTANT
Beginning April, 2023 – start date flexible.

Performs a variety of management support duties
for the Facilities and Technology Department.
(Full-time, Year-round)

Please send letter of intent and resume to:

Lynn Davis, Human Resources Coordinator
SAU #48
47 Old Ward Bridge Road
Plymouth, NH 03264
ldavis@pemibaker.org



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WWW.KIRKSTRUCK.COM

SCHOOL ADMINISTRATIVE UNIT #48

Russell Elementary School

2022-2023 School Year

**Immediate Opening
BASEBALL COACH**

Please send letter of interest to:

Jonann Torsey, Principal
Russell Elementary School
195 School Street
Rumney, NH 03266
jtorney@pemibaker.org



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www.gcsc.org
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Grafton County
Senior Citizens Council

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\$15/hour

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employment for the maintenance department.
We are looking to add five new members to our
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starting March 20. Fill out a job application at
the course, on line or attend our job fair March
4 at Owl's Nest lake house 10:00 am to 2:00pm.

Department supervisor
Joe Langley
603 726-1093

COME & JOIN THE TEAM

**Lin-Wood Area
Senior Services!**

Hiring 2 positions:

**Cook & Home-Delivered
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Scott Burns' Landscaping, LLC

Well-established Lakes Region landscape company is hiring for the upcoming season. Positions available include gardeners as well as hardscape and softscape crew members. If you are looking to change it up and love the outdoors with a M-F work schedule, give us a call. Valid driver's license required. For more info, contact Scott at 279-8100 or email scott@scottburnslandscaping.com

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Full or part-time, year-round. Must be personable, self-motivated, hard-working and a "team player." Must have some familiarity with small animals and computer skills. Some veterinary experience would be preferred, but we are willing to train the right candidate. Pay is based on experience. Please send resumes and references to info@winterharborvet.com. Please, no phone calls.

Swim Instructor Wanted!

Tuftonboro Parks & Recreation is looking to hire a swim instructor for this Summer. Flexible hours, great hourly pay, 19 Mile Beach in Tuftonboro. Six weeks of employment. 3-two-week sessions. Contact Dennis Zilembo, Parks & Recreation Director at 603-569-4539 x25 or email tuftonboroparksandrec@tuftonboronh.gov

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Ucvh-hr@ucvh.org
EOE

Moultonborough Academy

Moultonborough Academy has the following openings for Coaching positions for 2023.

Fall:

Assistant Girls Varsity Volleyball Coach

Winter:

No Positions Available at this time.

Spring:

Assistant Varsity Baseball Coach
Assistant Middle School Baseball Coach

Year Round:

Full Time Athletic Trainer
Volunteer Coaches – all seasons

Previous coaching and playing experience preferred but not mandatory. If you are interested in one of these opportunities, please contact Athletic Director, Chris Wood at 603-476-4817 or cwood@sau45.org. All positions open until filled.

Town of Plymouth Recycling Center Part-Time Operator Position Available

The Town of Plymouth Recycling Center is currently accepting applications for a motivated and flexible candidate who can perform semi-technical and heavy manual work associated with operation of transfer facility and recycling center.

This position consists of three, 8-hour days.

Starting Wage: Up to \$14.37/hr. based on experience

Preferred one-year experience in Solid Waste Management and Recycling operations.

MINIMUM QUALIFICATIONS REQUIRED

Possession of a high school diploma or equivalent. Must be 18 years old. Clean criminal and driving record. Some experience in the performance of heavy manual labor and equipment operation. Possession of a valid New Hampshire vehicle operator's license. Must be able to obtain a Solid Waste Facility Operator Certification and Public Weigh master license within 12 months from date of hire.

Applications are available at either the Plymouth Town Hall (536-1731) from 8:00am until 4:30pm Monday to Friday or the Plymouth Recycling Tuesday to Friday.

Please send applications to the attention of James Conn, Recycling Manager, Town of Plymouth, 6 Post Office Square, Plymouth, NH 03264

The Town of Plymouth is an Equal Opportunity Employer.

Position will remain open until filled.

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Fundraiser
FROM PAGE A1

making some fun memories together.

Class Advisors Priscilla Hay and Pierre Collins have supported them throughout the year and Hay said they have worked well together to make sure they'll have a great time before moving on to Plymouth Regional High School next fall.

The class has already held one school dance year and is now in the midst of planning their Spring Semi-Formal event in the upcoming weeks.

Hay said she and Collins are also assisting the students in compiling a Calendar Raffle this spring, which may include some of the many items that have already been donated.

"This is the third time we're going to do a Calendar Raffle," Hay said. "It did so well in the past that we wanted to bring it back again this year."

For their spaghetti dinner/silent auction

however, the eighth graders have already succeeded in obtaining more than 200 items for their auction. Among items donated from Walmart and several local businesses are a large flat screen television, a Nintendo Switch, a beautiful handmade quilt, passes to local outdoor attractions, as well as overnight stays

at resorts, fabulous gift baskets and gift cards to museums and restaurants.

The price for the dinner is \$7 per person or \$20 for a family of four and will be available at the school between 5-7 p.m. on March 24. They do caution that a parent or guardian should accompany all children, however. For

the auction, which will take place from 5-8 p.m., everyone will be able to look over the selection, then write down bids

for those items they like best; highest bids received at the end of the night will be declared the winners.

Campton Elementary School, Home of the Fox, is located at 1110 Route 175 in the Town of Campton.

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GMP runs on donations and the good work of our dedicated committee members and volunteers!
Thank you for your continuing support of Meredith's community & economic development organization.

Greater Meredith Program, PO Box 1417, Meredith, NH 03253 • 603-279-9015 • email: gmp@greatermeredith.org

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- Bartender
- Restaurant Shift Supervisor

- Pool and Beach Attendants
- Guest Services Assistant
- Line Cook
- Dishwasher
- Prep Cook
- Guest Activities Assistant
- Banquet Server
- Restaurant Manager
- Banquet Captains
- Dining Service Manager

LCJ Management DBA Owl's Nest Resort and WMCC, LLC DBA Owl's Nest Vineyard Course provide equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, sex, national origin, age, disability, or genetics.

In addition to federal law requirements, Owl's Nest Resort and Owl's Nest Vineyard Course comply with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

Owl's Nest Resort and Owl's Nest Vineyard Course expressly prohibits any form of workplace harassment based on race, color, religion, gender, sexual orientation, gender identity or expression, national origin, age, genetic information, disability, or veteran status.

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