THURSDAY, MAY 26, 2022 GILFORD, N.H.

GHS names top 10 seniors

BY ERIN PLUMMER

Mnews@salmonpress.news

Gilford High School has named their top 10 ranked members of the Class of 2022, who shared their interests, goals, and what they like about Gilford.

Valedictorian Shealagh Brown plays varsity field hockey, is captain of the track team, and does ski racing. She is the president of NHS, the secretary of the Environmental Club, a member of the French Club, and does club ski racing.

"I like how small it is because I have an opportunity to get involved," Brown said abous GHS.

Brown said she hoped she would be in the top 10, but was surprised to find out she was valedictorian.

"I feel like we have a lot of smart kids in our grade, I didn't think

that I was going to be the (valedictorian)," she said.

Brown plans to attend the University of Vermont in Burlington, Vermont, and study Environmental Science. Brown said she loves science and loves being outdoors, saying she wanted to do something in natural science.

Avery Marshall plays varsity soccer and is captain of the varsity tennis team. She is also a member of NHS, the Math Team, is vice president of French Club, and is the senior class treasurer.

She likes how she was able to take more math and science classes her senior year.

Marshall is the class salutatorian.

"It feels good to know after all the hard work I've put in with my class-SEE **GHS** PAGE 15



The top 10 ranked seniors of Gilford High School: from left to right: Jacqueline Wright, Mackenzie Roys, Marlow Makulis, Avery Marshall (salutatorian), Shealagh Brown (valedictorian), Esther Wrobel, Claire Bartley, Reece Sadler, Harper Meehan, and Nicole

New programming, technology among highlights of LRPA's year

ramming, new equipment, and content from so many more local people are some of the highlights from Lakes Region Public Access' past year.

During their May 11 meeting, LRPA Director Grace McNamara gave the Gilford selectmen an update on the going's on at the organization for the first time in a year.

Municipal meetings, including Gilford's, air on Breezeline Channels 25 and 26. Recordings are also available through Video on Demand on vod.lrpa.org for viewing and download.

McNamara said they are again airing programs from the Gilford Public Library. The library used to record its programs for airing on LRPA, but Mc-Namara said the two groups lost touch and programming stopped being recorded. This spring LRPA sent an email to area libraries and parks and recreation departments reminding them about LRPA's electronic bulletin board. McNamara said the Gilford Library got in touch with them.

"They had a lot of video they were shooting during COVID, a lot of really innovative programming they've been doing," McNamara said.

She said the library has been sending updates on their programming twice a month. They've also been getting submissions from Gilford Parks and Rec.

McNamara said anyone in any department of the municipalities in the viewing area can send notices to LRPA. Send them to director@lrpa.org.

In addition to municipal meetings, LRPA is also running meetings from Belknap County and meetings by the governor and Executive Council.

LRPA purchased some new equipment in late 2021. They have brand new JVC 170 cameras with 4K recording capabilities. McNamara said the new cam-

eras are compatible with the field production equip-SEE **LRPA** PAGE 13 Early deadlines for Memorial Day With Memorial Day falling on Monday, when the Gilford Steamer would ordinarily be going to press, the submission deadline for any press releases or letters to the Editor intended for publication in next week's edition has been moved up to Thursday, May 26 at 4 p.m. Submissions can be e-mailed to Editor Brendan Berube at brendan@salmonpress.news.

Golden Eagle boys take Wilderness Championship



Anthony Haddocks fires the javelin in action on Saturday in the

BY JOSHUA SPAULDING

GILFORD — The Gilford boys' track team destroyed the competition at the annual Wilderness Championships, taking the win by more than 30 points over Newfound on Saturday.

The Gilford girls took sixth place in the meet, with Newfound pacing the field in the meet that was moved up an hour to beat the heat as much as possible at Gilford High School.

Patrick Gandini picked up the win in the 800 meters with a time of 2:03.78, with Aiden Bondaz in fourth place in 2:13.48 and Carter Forest in a time of 2:14.21 for fifth place.

Gandini also took first place in the 1,600 meters with a time of 4:34.15. Mitchell Townsend finished in sixth place in the 3,200 meters with a time of 12:03.3.

Aiden Malek finished in first place in a time of 43.45 seconds in the 300-meter hurdles, with Nicholas Haddocks in fifth place in a time of 47.14 seconds and Cayden Krupnik was 10th in 54.39 seconds. Malek also took third in the 110-meter hurdles in 18.69 seconds, Haddocks was seventh in 20.13 seconds and Krupnik was 11th in 21.63 seconds.

SEE **TRACK** PAGE 16

Poetry contest brings out student talents

Desruisseaux said all the

BY ERIN PLUMMER

mnews@salmonpress.news Students across all three Gilford schools shared their writing talents for the PTA's annual Poetry Contest with winners chosen from

Wilderness Championships.

each grade. Students from kindergarten through high school seniors submitted poems for the contest that has been going on for nearly two decades. Each grade had a winner, and an overall winner was chosen from each school.

Students shared their poems during the Poetry Contest awards on May 16 at the Gilford Public Library.

"We're so excited to be back in person celebrating out winners," said Gilford District PTA president Jill Desruisseaux.

The contest starts in

April every year in honpoems are reviewed by a or of "National Poetry "top secret judge" who Month" and closes right declares the winners. before April vacation.

This was the first

time the Poetry Awards has been in person since SEE **CONTEST** PAGE 6 She said the talent from the students is



Fourth grader Isla Hogan was the overall winner from Gilford Elementary School in the annual PTA Spring Poetry Contest.

Notes from the Gilford Public Library

What's New at the Gilford Public Library?

Your friends at the Gilford Public Library are working hard put- We've worked with a ting the finishing touches on our 2022 Summer Reading Program: Oceans of Possibilities.



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Seniors On The Go

bunch of local businesses and sponsors to get this year's program to the best that it can be and we're very excited to bring it to you all. Until that party gets started, we've got lots of exciting programs for kids as the school year winds down and adults as things start getting hot outside. Why don't you join us for some fun in the air conditioning? Check our website or Facebook page for the latest information. Please note that the building will be closed May 28-May 30 for the Memorial Day Weekend. We will resume normal activity on May 31. Happy June!

Classes & Special **Events**

May 26 - June 2

Thursday, May 26 Geri Fit, 9-10 a.m. Art Escape: Ceramics, 10:30-11:30 a.m.

Select a plate, bowl, or cup and design it free hand or with stencils. Art Escape will glaze it and bring it back the next day.

Friday, May 27 Senior Sculpt, 9-10 a.m.

Bridge, 10:30 a.m.noon

Preschool Storytime, 10:30-11:30 a.m. Hand & Foot, 12:30-

2:30 p.m. Happy Crafters, 1:30-

2:30 p.m. Advanced Conversational German, 2:30-3:30

Beginner Line Dancing, 4-5 p.m.

Saturday, May 28 CLOSED FOR ME-MORIAL DAY WEEK-END

Monday, May 30 CLOSED FOR ME-MORIAL DAY

Tuesday, May 31 Library Children's Look Around, 10 a.m.-5 p.m.

How well do you know your library? Test your skills and find all the items/materials on our list to receive a prize!

Senior Sculpt, 9-10

Proper Hiking Form and Gear, 10-11 a.m.

Interested in learning more about the healing ing? This class will help you to understand how nature helps optimize our health. Dr. Tyler from Awakening Chiropractic will also be going over proper form while hiking so that you can stay on the trails all year round. He will also be going over helpful gear insights and recommendations so that you can get the most out of your hiking experience. We will be raffling off a pair of hiking poles!

Bridge, 10:30 a.m.noon

Preschool Storytime, 10:30-11:30 a.m.

Intermediate Line Dancing, 4-5 p.m.

Wednesday, June 1

Children's Library Look Around, 10 a.m.-5 p.m.

Check out an Expert, 10 a.m.-noon

Wellness Wednesday: Eating As We Age, 10-11:30 a.m.

Eating as we Age - "I don't like cooking for ""What just myself. foods are best for me as I age?" "They say to eat broccoli, broccoli gives me gas, I feel horrible after eating it. Should I still be eating broccoli?" "What about fats, I learned growing up all fats are bad for you?" This workshop can answer these questions and more about food, your body and food, how food has changed through the years and how our body's change through the years.

Chess Group, 1-3 p.m. Paint Group, 1-3 p.m. After School Teen Club, 2:30-4 p.m.

Tips for Growing Vegetables, 3-4 p.m.

Henry Homeyer, "The Gardening Guy," is an American freelance writer, author, garden designer, organic gardening educator, and consultant based in Cornish Flat, New Hampshire. Henry will give us tips on how to create a successful vegetable garden.

Thursday, June 2 Children's Library Look Around, 10 a.m.-5

Geri Fit, 9-10 a.m. Journaling, 2-4 p.m.

Where are you in your journaling journey? Never kept a journal and want to get started on a new adventure of words? Already had some experience with writing a journal and want to "amp it up" a bit, explore new ideas, formats, or processes? Or are you far along on the journaling road, but sometimes encounter roadblocks and detours and want a fresh perspective? Join this single-session, interactive journaling workshop for a fun foray into the land of journal-writing.

Book Discussion: Miss Benson's Beetle, 2:30-3:30 p.m.

This month's book is "Miss Benson's Beetle" by Rachel Joyce. Books are available at the front desk.

Storywalk Series, 3:30-4:30 p.m.

Our famous Storywalks are starting back up and we would love for you to join us! Come to all three Storywalks to receive a prize!

French Club, 4-5 p.m.

French, 4-5 p.m. power of nature and hik-Gilford Public Library

- "22 Seconds" by James Patterson
- "The Investigator" by John Sandford
- "Death of the Black Widow" by James Patter-

Top Ten Requests

- "Nightwork" by Nora Roberts
- "A Safe House" by Stuart Woods
- "Dream Town" by David Baldacci
- "Shadows Reel" by C.J Box "The Homewreckers" by Mary Kay Andrews
- "Run, Rose, Run" by Dolly Parton "Nobody but Us" by Laure Van Rensburg

GILFORD POLICE LOG

Gilford police log

The Gilford Police Department reported the following arrests from May 6-22.

Jayson E. Walsh, age 35, of Gilford was arrested on May 7 in connection with a warrant.

Shaun Allen Jenna II, age 18, of Hill was arrested on May 7 for Driving After Revocation or Suspension and Suspension of Vehicle Registration.

Jessica M. Mishnick, age 53, of Franklin was arrested on May 10 for Conduct After an Accident.

John P. McCarthy, age 38, of Gilford was arrested on May 10 for

Driving After Revocation or Suspension and Disorderly Conduct.

A 30-year-old male from Gilmanton Iron Works was taken into protective custody for intoxication on May 10.

Tommy Reppond, age 51, of Franklin was arrested on May 11 for Domestic Violence (arrest without a warrant).

Gregory N. Thureson, age 42, of Gilford was arrested on May 13 for Driving After Revocation or Suspension (subsequent offense).

Christopher Michael Wagenhofer, age 19, of Laconia was arrested on May 13 for Driving After Revocation or Suspen-

Bailey G. Swinton,

age 25, of Laconia was arrested on May 14 for Theft By Unauthorized Taking in an amount less than \$1,000. Michael T. Lennon,

age 57, of Dorchester, Mass. was arrested on May 14 for DUI-Impairment.

Kiley A. McNulty, age 23, of Rochester was arrested on May 17 for Suspension of Vehicle Registration and Driving After Revocation or Suspension (subsequent offense).

Tracy Richardson, age 59, of Gilford was arrested on May 20 for DUI-Impairment.

Lucio Hernandez, age 59, of Laconia was arrested on May 22 for Breach of Bail and Driving After Revocation or Suspension-DUI.





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USPS 024967 The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals, postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to

the Gilford Steamer, P.O. Box 729, Meredith, NH

PUBLISHED BY SALMON PRESS

PRESIDENT & PUBLISHER Frank G. Chilinski (603) 677-9083 frank@salmonpress.news

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GOING OUT OF TOWN

Picnicking in Providence



PHOTOS BY ERIN PLUMMER

was a really pretty city.

I finally got the chance

to explore it alone after

leaving a friend's house

in Fall River and follow-

ing that same road I took

to get to Providence the

first time. I found myself

back at Providence Place

walking the mall then

walking around down-

trip to Providence Place

while coming back from

an event in Cranston in

2017, I didn't see Provi-

pandemic was still bad

but backing off. I had

spent the past year de-

bating what was a safe

area to go to and what

wasn't. By that point, I

was chomping at the bit

for an adventure and de-

cided it was time to ex-

plore Providence again.

It was a weekday in the

middle of the winter

in the middle of a pan-

demic, so downtown felt

kind of sparse with few

people around and even

fewer businesses open.

I think my timing had

something to do with the

sparseness: I spent most

of the day at Providence

Place and by the time I

got outside the sun was

going down and I'm not

a fan of being in an unfa-

miliar area after dark. I

remember a lot of quaint

streets, locating so many

different colleges and

universities I had heard

about from a lot of local

graduating seniors, and

even stumbling across

Insomnia Cookies and

getting a bag full of their

discovered so manty the-

aters that were literally

shuttered because of ev-

Memorial Weekend

During this walk, I

delicious treats.

By March of 2021, the

dence again until 2021.

Aside from one quick

A ham and cucumber sandwich goes great with views from Waterplace Park in Providence.

BY ERIN PLUMMER

mnews@salmonpress.news

The last time I was in

Providence, one of the last things I did before going back to my car was walking around Waterplace Park at dusk. It was early March of 2021, but it was one of those slightly warm winter nights. The sight of the lights coming up around the park, the ripples of the Providence River, and the way the slight breeze fluttered a Rhode Island state flag near by capped off what was a really nice albeit short trip to a city I was just getting to know. Flash ahead to late March of 2022, this time a sunny afternoon. I went back to Waterplace Park, this time with a little lunch packed before leaving. I enjoyed my ham and cucumber sandwich and assortment of veggies with dressing while enjoying the ripple of the water again and this time looking out at the tall buildings before starting a new journey instead of leaving one.

I have gotten to know Providence, and the more I visit it, the more I love it. For the longest while Rhode Island in general was a mystery to me. Until 2010, it was seriously the only state in New England I had never been to. That changed when visiting a friend in Rehoboth, Mass., who told me the state line was just a few miles away. I finally broke the mystery with a little jaunt with my friend that only resulted in a visit to Savers, but still a first is a first. A few years later, I went to downtown Providence for the first time, joining friends for Rhode Island Comic Con. My first impression as it





One of the fun features of downtown Providence is so many pieces of public art, from this clock in the Downcity Arts District to many different murals.

erything going on. One thing that stuck out to me was that the Dunkin Donuts Center, which is usually a big concert and event venue, was now a major distribution point for COVID-19 vaccines. I remember members of the National Guard directing traffic into the center and seeing Humvees by the entrance.

I vowed to get back to Providence, this time leaving with enough light for a decent walk and maybe waiting until a warmer day. Flash ahead a little over a year and the perfect day came.

I returned to Providence a couple months ago and I saw a completely different city. So many more people were out walking around, so many more businesses were open, and the electronic sign for the Dunkin Donuts Center was now advertising coming concerts while the venue itself was hosting a home show.

This time, I left myself with a lot more daylight and took my sweet time exploring downtown. Once again, I saw a lot of cute neighborhoods, fun murals, and a lot of personality. I wandered in and out of bookstores, record stores, and others.

This time there were so many more people out walking that looked like students. I did a circle around and identified Brown, Johnson & Wales, Roger Williams, and Rhode Island School of Design in just a mile or so radius.

It was also fun walking by Hasbro Headquarters and the Providence

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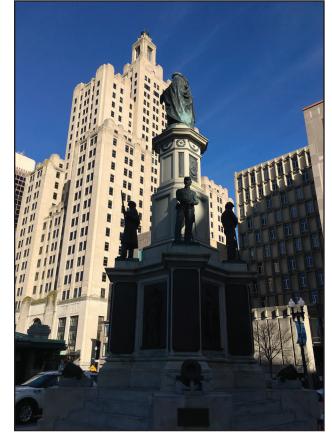
Journal (their building is a little bit bigger than hours by the way. A little bit.) I also took a little nostalgia walk by the former Biltmore Hotel, now the Graduate Hotel. In 2013 my friends and I stayed there for Rhode Island Comic Con across the street and the interior is gorgeous: a historical space complete with chandeliers and gold trims.

I also just had to walk up the marble steps at the Rhode Island capital building and admire the workmanship in this whole complex. Then I heard spontaneous clapping form inside and knew the legislature was in session.

After a few hours of walking and admiring the sheer number of steps I got in, dusk was coming and I went back into Providence Place satisfied that I had enough time to explore. Of course, I had to make a mall crawl through Providence Place (I could do a whole column about my history with malls, the short story is I really like them)

really like them.) On my way out of town, I made sure to stop by one location a few miles away that seemed like a cool discovery via Google: Good Fortune Supermarket, an Asian grocery store tucked behind the Rhode Island DMV. Go down this side road and you will find this large grocery store with so many different fun finds. I walked away with some frozen goat meat for homemade curry and a nice collection of Chinese pastries.

Every time I go back to Providence, I see more things I like and more things I want to explore. I do want to explore



The 1871 Soldiers and Sailors Monument against a backdrop of buildings on Providence.4



The Rhode Island State House and all its pretty marble.

more of Rhode Island in general and now that the state is so much less of a mystery to me I see some more trips coming soon. As far as day trips go it is a longer drive than I'm used to, but occasionally

more of Rhode Island in venturing out further is general and now that the completely worth it.

I do know that Waterplace Park is an excellent place for a picnic and I should probably do that again.



A daily dose of joy

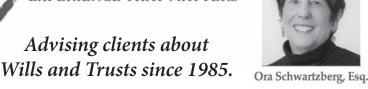
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OPINION

Honoring the fallen

When Memorial Day was first celebrated, it was known as Decoration Day following the Civil War. Youngsters would place flowers in cemeteries while they sang songs and honored those lost due to war. The Civil War that ended in 1865 took the lives of more people than any other war in the history of the United States, the estimate is roughly 620,000. The Union losing 365,000 and the Confederacy 260,000. History says that more than half of these losses came as the result of disease. As a result, the first national cemeteries were created.

In 1868, General John A. Logan, the leader of an organization for Northern Civil War veterans, called for a nationwide day to honor fallen soldiers. General James Garfield gave a speech at Arlington National Cemetery on the first Decoration Day and the over 5,000 people in attendance decorated over 2,000 graves, both Union and Confederate.

The holiday as we all know is celebrated on the last Monday in May and became an official holiday in the year 1971. Parades across the country take place, and people visit cemeteries where family members who have served in the military have been laid to rest.

At 3 p.m. every year, a moment of silence takes place across the country. In December of 2008, President Bill Clinton signed the "National Moment of Remembrance Act" which designated the time be at 3:00 p.m. In 1966, the government marked Waterloo, New York as the official birthplace of Memorial Day. In Waterloo, every business in town would shut their doors and owners would venture out to decorate graves with flags as well as flowers.

Originally, Decoration Day was intended to honor those lost in just the Civil War. After WWI America felt the need, and rightfully so, to honor all those lost serving their country. In WWI 116,516 Americans died at war and 405,399 were lost during WWII. The Korean War took 36,574 lives and the Vietnam War cost 58,220 lives. 4,411 were lost in Operation Iraqi Freedom, 73 in Operation New Dawn, 2,346 as the result of Operation Enduring Freedom, 48 in Operation Freedom's Sentinel and 61 in Operation Inherent Resolve.

An estimated 38 million people in America will travel over the holiday weekend, and 2.5 million travelers will board flights. Memorial Day is the fourth busiest travel day of the year.

In New York, Washington, D.C and Chicago you can find the largest parades in the country

Because of the three day weekend, many Americans will throw parties and barbecues or head out of town for a mini getaway.

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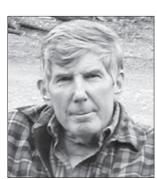
We're looking forward to hearing from you!



Courtesy

Artists of the Month

The Lakes Region Art Association proudly announces its Artists of the Month. (Seated from left to right): Lynn Casey, Duane Hammond, Fay Lee, Barbara McClintock; Back row from left to right): Stephanie McQuade, Sue Merritt, Sally Hibberd, Mike McQuade. Artists' winning entries will be on public display in locations around the Lakes Region during the upcoming month. The mission of the Lakes Region Art Association is to enhance the ability of its members to create art and to further the appreciation of art in the Lakes Region area by the promotion, education, sale, and display of the visual fine arts. The Association is a non-profit educational and cultural organization located in the Tanger Outlets, Suite 300 in Tilton, New Hampshire. Membership in the Art Association is open to artists and patrons of the arts. Please visit LRAAnh. org for more information. The LRAA Art Gallery is located at Suite 300 at The Tanger Outlet in Tilton and is always open: Thursday through Sunday, 10 a.m. to 6 p.m. The Art Association is most appreciative of local support!



By John Harrigan Columnist

The drone occurred at about 3 in the morning — not a drone that I was flying or anything like that, but the lumbering of something flying itself.

It was a wasp, and no doubt about it, and not just any old wasp, and no doubt about that one, either. It was what's known as a mud wasp, the largest and most ungainly of the wasps that I know of, and one most familiar to me from my days of working around piles of freshly cut white pine—a resin-loving wasp named, well, something.

The problem is that there are all sorts of hinged-at-the-waist, dangling-legged, Flying Fortress kinds of winged creatures, some of them quite large, capable of carrying off babies. And this one was headed for me, no baby.

This sudden realization hit me like the proverbial wet washrag as I sat bolt upright and instinctively flung the bedcovers out and away. No, wait a minute---it was learned behavior, not instinct, because it was from a painful childhood incident.

When I have to fill out a medical form---a rare chore these days of more caution and fewer mishaps---I can still skip down through the allergies and check off "none." But I may well mark one category "not sure" because it in-

North Country Notebook

Of the Flying Circus kind, this wasp certainly ain't

volves (you guessed it) mud wasps.

+++++

First of all, mud wasps (or any species of wasp) don't bite, they sting. Where this confusion of morphology comes from I just don't know. They don't even have the right mouth-parts to bite. But stingers, yes. Even the species known (unpopularly) as "white-faces" turn themselves at the last millisecond of their attack to use their abdomens to sting, or just grab hold with their legs, but sting they do.

In fact, the last time I was stung, it was the two white-faces typically posted as guards at the entrance to their nest--a small abode that had gone noticed in a roof-corner at a camp--that did it.

On that occasion, at one of my favorite destinations on the western shore of First Connecticut Lake, we all sat down to wait for the allergic reaction that never came. And I have no glimmer as to why not, except for this: maybe it was one of those pre-puberty things.

Whatever the case, I might not be allergic to wasp-stings any longer, because the painful childhood episode happened when I was a prepubescent kid of 8 or so growing up on Park Street (swamps in the back yard, and all that) in downtown Colebrook. It all could have gone out the window when I became that strange species known as "a teenager."

I know this because I've been stung (not bitten) several times since, with no undue reaction.



The wasp commonly known as the Cicada-Killer, found in the southeastern part of New Hampshire. From "Controlling wasps, bees, and hornets." (Courtesy extension.unh.edu)

Still, you never know, and the instinct (wait—learned behavior) remains.

And so I reflexively threw the bedcovers up, out, and away, to quote part of the old "Superman" intro, and leapt out of bed in the wee hours of a May morning. And ominously, as it turned out, the drone of the mud wasp stopped.

This was a good thing, and a bad thing. The wasp was down, but probably not out---and I no longer knew where it was. My camp partner, who joined me at the hip a long time ago---long before a bunch of misfits I've always called the Lost Boys (of "Peter Pan" infamy) helped build the camp in the middle of nowhere---came awake almost as soon as I did, and appeared in the doorway. He's attuned to things going bump in the night (me).

"What's up?" he said, rubbing his face. "A wasp," I said, no need to rub mine. Quickly, out came the tale. We resumed my search.

+++++

The mud wasp is indeed a lumbering, ungainly flyer. Like the bumblebee, there is probably no logic to the fact that it's aloft. There



The mud-wasp, so-named for daubing mud (i.e., picking up and hauling it) and using it to build its nest. It's also called the paper-wasp, and a host of others. (Courtesy antworks. com)

are a gazillion reasons why it's not supposed to

Yet this B52 of flying mud-daubers had indeed been airborne, and headed for my head. Hence the flung-aside bedcovers, and my (now our) fully awake status. This is because the mud-wasp packs a powerful sting, more than making up for its adjectives ("lumbering," etcetera).

We began what my longtime camp-partner referred to as "a methodical search." The result of this was nothing. One hand on the clock had advanced about 30 minutes.

No wasp. Not even a drone, except maybe the two guys standing there looking like Goofy.

"I suggest that you go back to bed," he said, disappearing. "I might as well go down and make the coffee," I thought, and did.

(This column is syndicated in newspapers from Concord to Canada. Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Prescott Farm project underway



Representatives from the Lakes Region Chamber of Commerce, CCI, M.E. Latullippe Excavating, and Prescott Farm gathered for a groundbreaking event on May 18. From left to right: Joanne Haight (Lakes Region Chamber of Commerce), Ian Blackman (Prescott Farm Board of Directors), Bryant Lehr (CCI Project Manager), Jude Hamel (Prescott Farm Executive Director), Mark Marceau (CCI Site Superintendent), Rob Hester (M.E. Latulippe Excavating), and Bob Ewell (Prescott Farm Board of Directors).

LACONIA – On the cusp of summer, the 160 acres around Prescott Environmental Education Center on White Oaks Road are full of beautiful sights and sounds. On any weekday morning a visitor will likely see Fledglings Nature Based Preschoolers learning and playing. They might hear garden volunteers discussing which veggies are ready to plant, which beds to weed, and which sections of the vast perennial gardens need invasive abatement. And they will certainly see and hear visitors of all ages taking the time to enjoy the views, the time in nature, and a connection to one another.

With plenty of daylight, moderate temperatures, and the school year coming to a close, the possibilities of learning and teaching in nature seem infinite in the summertime. During the darker and colder months, however, obstacles arise. That's why the nonprofit, established in 1997, has spent the last three years developing a master site plan and considering ways to overcome seasonal limitations such as a lack of indoor heated space, limited restroom and kitchen facilities, and a challenging driveway and parking lot configuration. This spring, construction of Phase I of the master site plan is underway at Prescott Farm to accomplish these goals.

The building project, approved by the City of Laconia Planning board

this winter, has three major components:

A 3,610 square foot Innovation Center that will include a five-station teaching kitchen, maker space, screened porch, restroom facilities, storage, and a maintenance area;

A 1,150 square foot finished space in the ell connected to the barn that will include public restroom facilities, a small classroom/meeting room, and a small office; and

An expansion of the parking areas with improvements to the current driveway that will improve traffic flow and safety during drop-off and pick-up times.

Prescott Farm Executive Director Jude Hamel said that the interest in nature- and outdoor-based learning experiences is greater than ever. "After two years of being 'cooped up' due to the pandemic, we're seeing more and more people participating in

our programs. COVID 19 has brought the need for people of all ages to connect with nature and with each other into sharp relief."

The new learning spaces will vastly increase the number and scope of onsite programs that Prescott Farm educators and guest instructors can host.

"We are thrilled that our organization is in a position to become an even bigger resource for the Lakes Region," said Robert Ewell, a resident of Laconia and a member of the Prescott Farm board of directors. "We already see about 3,000 program participants and visitors annually and when this project is complete, we estimate we will see that number increase substantially."

Prescott Farm's Master Plan was developed with input from the Board, staff, community volunteers, and with consultation from Lavallee Brensinger Architects. The property project is managed by Conneston Construction, Inc. (CCI).

Funding for the project is provided by a grant from The Samuel P. Pardoe Foundation and by individual donors who support Prescott Farm. Over the past 25 years, The Samuel P. Pardoe Foundation has donated \$11 million in grants for education, human services, and land and resource management to Lakes Region organi-

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Tony Luongo 707-2727

zations. In July 2021, the foundation announced its plan to wind down its grant-making program in the Lakes Region when it awarded fifteen valedictory multi-year grants totalling \$600,000 to area nonprofits that meet the needs of Lakes Region residents and protect the region's environment. Support for the capital expansion

at Prescott Farm is considered to be another wind-down activity of the foundation, however partial support for Prescott Farm's operations is expected to continue.

Early stages of the site work at Prescott Farm began in April with project completion forecast by the end of November.









List at St. Norbert College

Local student named to Dean's

DE PERE, Wisc. — Christopher Rosene of Gilford has been named to the 2022 spring semester dean's list at St. Norbert College. A minimum 3.5 grade point average is required for academic eligibility.

Founded in 1898, St. Norbert College is a private, Catholic, liberal arts college located in De Pere, Wisconsin, just outside of Green Bay. Recent years have seen record enrollments and unprecedented investments in the St. Norbert College campus. The academic excellence and character-building qualities of the college are nationally recognized by U.S. News & World Report, Forbes, Princeton Review and others. St. Norbert College is home to the Medical College of Wisconsin-Green Bay. www.snc.edu



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Edward Jones: Financial Focus

Should you make extra mortgage payments?

You might enjoy owning your home - but the mortgage? Not so much. In fact, you might want to do everything you can to pay it off as quickly as possible. But is that always the best strategy?

In one sense, your mortgage can be considered a "good" debt because it's backed by a tangible asset - your home - that has real value and may even gain further value. Furthermore, by historical standards, you're probably paying a pretty low interest rate on your mortgage, so you're getting a lot of benefit - a place to live and a potentially appreciating asset. And if you itemize on your taxes, you can possibly deduct some, or maybe all, of your mortgage interest. Nonetheless, despite these benefits, a mortgage is still something you have to pay, month after month and year after year. And for some people, it may feel good to pay it off. After This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Edward Jones, Member SIPC

all, there may well be a psychological benefit to being free this longterm debt. But is it really in your best financial interest to make extra payments?

Suppose, for example, that you need a large sum of money quickly for a new car, a new furnace or some other unexpected, significant expense. Or, in an even more serious scenario, what if your job ends and you need money to tide you over until you get a new one? In these situations, you need liquidity - ready access to available cash. And your house may not be the best place to get it. You could apply for a home equity loan or line of credit, but these typically require approvals (which might be difficult if you aren't employed), and you'll be using your home as collateral. A home equity loan or credit line isn't always bad - under the right circumstances, it can be a valuable financial tool. But that doesn't change the basic fact that your home is essentially a non-liquid asset.

So, instead of making extra house payments, make sure you have built an emergency fund containing several months' worth of living expenses, with the money kept in a low-risk, accessible account. After building an emergency fund, you should weigh extra mortgage payments against other uses of your money. For example, if you have other types of debt - such as credit cards or student loans - you might want to work on paying those off more quickly, as these debts may also carry higher interest rates. You might also consider increas-

ing your contributions to your 401(k), IRA or other retirement/

tirement, so it's important to save as much as possible for those years As you can see, you do have some good reasons for using any extra money you may have for purposes other than making additional mortgage payments. Ultimately, though, it's a personal decision. In any case, think carefully about your choice. You may want to review the various tradeoffs with a financial professional, who can possibly recommend the most advantageous strategies. And you may also want to consult with a tax professional. By understanding all that's involved in the "extra payment" decision, you'll be better prepared to make the right moves.

investment accounts. You could

spend two or three decades in re-

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tefore investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interes ate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

Contest FROM PAGE A1

2019. Since the pandemic started, students received their awards privately.

Desruisseaux said it was great to be able to have the event in person again.

"It's so nice to have a little bit of normalcy for the kids," Desruisseaux said

Jordan's Ice Cream donated gift cards as prizes.

Fourth grader Isla Hogan was the overall winner from Gilford Elementary School with her poem "The Willow Tree" describing laying under

Isla said she was inspired by going to her grandparents' house.

"When I was younger, I always used to go to my grandparents' house and ride my bike," she said, "There was two great big willow trees. It was just nice to lay on them and the poem was all about that."

She said she wrote the poem on the last day of the contest.

Isla won the prize from GES last year too and said it felt great to win again this year.

The kindergarten winner was Marilyn Davis, Elliot Hamilton won for the first grade, Cormac Hogan won for sec-



Sophomore Brooke Duchesne was the overall winner from Gilford High School.

won for third grade, and Stella Paltanavich won for fourth grade.

Fifth grader Tyler Boudreau won the top prize for Gilford Middle School with his poem "Out in Utah," describing different places and experiences during a trip to Utah. Tyler said he and his family went out there for April vacation and he wrote about the experience.

couldn't think about anything else to write about and I thought it was a good idea," Tyler said.

He said he was nervous about reading at first, but got used to it when he was up there.

Carter Pena won for fifth grade, Ava Moncada took the prize for sixth grade, Bella Bryant won for seventh grade, and Jade Nicolas was the eight grade winner.

Sophomore Brooke Duchesne was the overall winner from Gilford High School. Her poem "Pretty Privilege?" was about pressures put on girls to be meet high standards of beauty, which can lead to eating disorders.

The winner from the sophomore class was Noah Bolduc, Hannah Donovan won from the junior class, and Haley White won the prize for the senior class. There were no entries from the freshmen class.



Fifth grader Tyler Boudreau won the top prize for Gilford Middle School.



Several winners of the 2022 PTA Spring Poetry Contest.

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Courtesy

Huot students inducted into National Technical Honor Society

On Thursday, May 5, the Huot Career and Technical Center inducted 41 students into the National Technical Honor Society. These students were selected for displaying outstanding character, dedication and achievement within their CTE program area over the past two years.

The following students were inducted.

Alibrio Taylor Claire **Bartley** Zachary **Bobek** Madison **Brooks Bunker** Kolbe Jaxen Cole Edgar Conroy Caitlin Dunleavy **Brooklyn Erlick** Abigail Faris **Fifield Thomas** Meadow Fraser Erin **Furnee** Andrew Gagnon Kayleigh Gales Kailey Gerbig

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Nicole Green Halligan Sierra Camden Harriman Mark Healey Avienda Joslin Hale Kutuk Lodiong Gloria Hannah Lowell Sullivan Mousseau Savannah Perkins Maxwell Quinn Joshua Riley Jackson Rouse Colton Roy Smith Abigail Myranda St. Onge Jack Alan Stafford Mason Testa Vachon Riley Van Lingen Conor Waite Alex Welch Kailey

Wentworth

Westcott

Anita

Katie

LNA **Allied Health** Plumbing & Heating LNA LNA **Allied Health Teacher Prep Culinary Arts** LNA Plumbing & Heating **Teacher Prep** Plumbing & Heating **Allied Health** LNA LNA **Building Construction** Plumbing & Heating **Law Enforcement** Plumbing & Heating Plumbing & Heating **Allied Health Culinary Arts**

Teacher Prep

Coco Looking for a fun, outgoing pup to keep you on your toes? Coco is your gal! This silly, active girl is the life of the party you never knew you needed. She's social and , spunky, with the energy and smarts to back it up! Due to a few insecurities, Coco is in our behavior program. Check out what she's working on below!

Coco's strengths: smart, social, and motivated by food and toys, this little pup has a lot going for her!

Coco can be nervous about her resources being taken from her such as food and toys. We have been working to teach her that people approaching her food bowl and other high value items means that good things happen and we aren't there to take her stuff away. So far, she is making great progress! What Coco is working on: Coco is learning that she does not have to fear her resources being taken from her. She can also get a little uncomfortable with restraint, so she is working on

building positive associations with handling. What Coco needs in an adopter: Coco is looking for someone who is patient and has lots of ove to give! She's a really sweet girl that needs to be shown that her fears in life aren't so scary

after all. Through an adopter willing to continue down the path of positive experiences and training, Coco will grow up to be a lovely dog! Adoption information

Kids: no kiddos Cats: no feline friends

Dogs: Coco may do well on some supervised doggie playdates, but is not ready to go home with another dog due to her insecurity around food and toys



Lina

Miss Lina. She is an adorable little cat looking for a quiet home where she can learn to trust and accept attention from her human friends. She might benefit from having another cat to help her warm up, but with the right patient human she should flourish.



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Gilford Parks and Recreation News

BY HERB GREENE

Gilford Parks and Recreation

Moment-um Dessert Senior "Newsies, Jr." June 1 and show on Gilford Parks and Recreation in conjunction with the Gilford Middle School Performing Arts, is sponsoring an evening at the Theatre for participants of the Senior Moment-um Program. This activity is scheduled for Wednesday, June 1st. Participants will meet in the Gilford High School cafeteria at 5:00pm to enjoy a "dessert and coffee hour" before heading to the Auditorium at 6:00 p.m. to watch the Middle School's performance of "Newsies, Jr.". There is no fee for this program, but space is limited and reservations will be accepted on a first come basis. RSVP no later than Friday, May 27. For more information or to RSVP please call the Parks and Recreation Office at 527-4722.

Bolduc Park golf programs The Gilford Parks and Recreation Department is collaborating with Bolduc Park to offer both Youth and Adult Golf Lessons this spring. The June session dates for youth lessons for ages seven and up are; June 7, 14 & 21. The June session dates for adults are; June 9, 16 & 23. Classes run from 5:30-7 p.m. each evening.

Cost: Youth Lessons - \$100 Adult Lessons - \$100

All programs have limited availability and registrations will be accepted on a first come first served basis. For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

WICKED COOL FOR KIDS-Lego Engineering Camp The Gilford Parks and Recreation Department is sponsoring a one-week Lego Engineering Camp the week of July 18 – July 22. The camp is open to children entering grades 1-5 in the fall and will take place in the Gilford Middle School Cafeteria. There is a Half Day option from 9 a.m. – noon and a Full Day option from 9 a.m. - 4 p.m. The LEGO Engineering program includes STEM based challenges and free-building. Participants will build mechanisms that incorporate gears, flywheels, and cams to build amazing contraptions. We'll crank up the fun using creativity to build with LEGOs in problem solving challenges. Kids design a spinning eggbeater and create a car to carry LEGO bricks. Full Day participants will also merge LEGOs with machine power to create a power car, dragster and dog bot! Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at www.gilfordrec.com. \$250 Full Half Day Day

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Minds in Motion "Chemical Creations Workshop!" The Gilford Parks and Recreation Department is Sponsoring a workshop through Minds in Motion for children ages six to 12, from 9 a.m. – 4:30 p.m. on Aug. 1 and 2. Participants will work on and take home their very own Chemistry Lab Kit, complete with test tubes, safety goggles and more! You will be trained to work like a real world scientist in the lab. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bounce glob from glue and some scary green slime! Make your own UV bracelet and watch it react to the sun. Witness some amazing scientific demonstrations from your instructor. Experience a really powerful magnet, magic sand and more in this fascinating and educational program! Registration is taking place at the Gilford Parks and Recreation Office and forms are also available on-line at www.gilfordrec.com. Cost: participant per For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Tickets available for Red Sox bus trip on July 26 The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Tuesday, July 26 to see the Red Sox play the Cleveland Guardians. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD Video System and Lavatory. This trip is limited to 53 participants, so register early! Cost: \$75 per person

For more information, please call the Gilford Parks and Recreation Department at 527-4722.

New Hampshire's Common Man family launches Ukraine Relief Fund

ASHLAND – The Common Man hospitality family in New Hampshire has launched the Common Man Ukraine Relief Fund to benefit Ukrainian refugees and those assisting with relief efforts in Poland and surrounding countries and has committed to matching up to \$1 million dollars in donations.

Common Man owner Alex Ray launched the fund this week during a benefit he hosted to honor Lech Walesa, President of Poland from 1990-1995 and Nobel Peace Prize laureate. Ray, Common Man family, and Plymouth Rotary representatives will travel to Poland this Sunday to meet with Polish and Ukrainian Rotary representatives and other agencies providing relief to Ukrainian refugees fleeing the war in their home country. Their goal is to assess the most critical needs on the ground, make connections with relief agencies, and by partnering with Granite United Way, ensuring donations raised in New Hampshire will have a direct path to those in need.

"We've lined up five days of meetings with people who can show us the work that is underway and what needs exist," said Ray. "We'll make sure it's secure and we'll develop relationships with those we can trust to direct the funds to go immediate-

ly to the most critical projects. We want our donations to go from our hand to their land."

The Common Man has been part of a New Hampshire-based effort to bring relief to the Ukraine region, most recently offering its restaurants as collection sites for donations critical supplies, which garnered vans full of medical supplies, diapers, toiletries, and more. Ray took that passion and rolled it into his announcement of the Common Man Ukraine Relief Fund, partnering with Granite United Way as fiscal agent to provide a convenient way for Granite Staters and beyond to donate.

Donations for the Common Man Ukraine Relief Fund can be made online at www. graniteuw.org or by texting CMAN4UKRAINE 41444. A donation link can also be found at www.thecman. com. One hundred percent of donations will be directed to relief efforts in Ukraine and countries supporting Ukrainian refugees and matched, dollar for dollar, totaling \$2 million.

"Alex Ray has the vision and passion to help others, and this generous match showcases that in the best way. Granite United Way was so impressed with Alex's commitment to the people of Ukraine that we readily volunteered our services to



COURTESY PHO

Common Man owner Alex Ray and former President of Poland Lech Walesa at The Common Man's The Barn on the Pemi event center in Plymouth for a small gathering this past Sunday.

be part of this important relief effort," said Patrick Tufts, President and CEO of Granite United Way. "We are honored to partner with him and the Common Man team to bring the help that is needed to those affected by the crisis in Ukraine. Alex recognizes that we can do more, more effectively, when we work together."

Ray said he feels compelled to travel to Poland because while those of us outside of the wartorn region can't change what Ukrainians are going through, we can help them suffer less by raising funds that will assist them in securing medicine, food, comfort and safety.

"The Common Man family, our guests, and supporters have spent more than 50 years striving to help others here at home and now, we are reaching beyond our borders," said Ray. "We need your help NOW. Ukrainian refugees and their Polish hosts need YOUR help. Every donation will be doubled and will make a big difference to those in desperate need."

To learn more about the Common Man Ukraine Relief Fund, visit www.graniteuw. org or www.thecman. com.

New Hampshire Jewish Food Festival celebrates 25 years, welcomes the Laconia Village Bakery

LACONIA—The New Hampshire Jewish Food Festival will be open accepting online orders beginning on June 1 and continuing to June 30 with pickup, by appointment, on July 22, 23, or 24. Temple B'nai Israel is excited to announce Laconia Village Bakery will be supplying freshly baked rye bread, seeded or unseeded options, to make sandwiches with the deli meats from Evan's NY Style Deli. Along with the usual array of homemade Jewish foods that the Lakes Region has come to enjoy, the menu has been expanded to include halva, a sweet middle eastern treat, homemade Israeli salad, and reimagined recipes on several old favorites such as matzah ball soup and traditional rugalach, a sweet crescent shaped cookie. Quantities are limited so don't wait to order. Visit the temple Web site, www.tbinh.org, beginning June 1.

This most unique event in the Lakes Region began on Sunday, July 13, 1997. The Jewish Food Festival flyer advertised "delicious, homemade foods – knishes, kugel, hummus, etc. Eat "Under the

tent or take home." The event included a raffle, white elephant sale and "other goodies." Temple B'nai Israel (TBI), like all nonprofit organizations, was looking for a way to raise much needed funds, to support various programs, including education and community enrichment. The festival was drawing huge crowds for one day in the busy summer season. As the crowds grew so did the menu which expanded to include stuffed cabbage, corned beef sandwiches, and a bakery table filled with all kinds of homemade goodies.

As the popularity of the Jewish Food Festival grew, the lines would begin forming at the front door by 10 a.m. for the opening at 11 a.m. By noon, several items were already sold out leading to disappointment and discontent amongst the customers and especially members of TBI. The first and easiest solution was to take preorders over the phone to avoid disappointment. This innovation was improved and expanded over time by using computer technology to track and fill

the preorders that were

placed online. What the

festival committee could not have anticipated was just how important this innovation would become in the not-toodistant future. when the entire world was thrown a curve, Covid-19. There would be no in person Food Festival, but a great deal of the food was already made. The team developed a curbside pick-up plan that was based on the website that was built for preordering. Customers so desperate for comfort foods immediately adopted the change and all the product that was made sold out. The online ordering system was improved and refined for 2021 and another successful online Jewish Food Festival was in the books. It appeared that this format would be the future of The New Hampshire Jewish Food Festival.

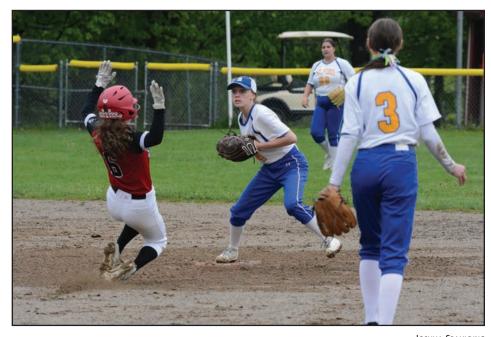
Over the years, there have been many changes to the Jewish Food Festival, but the consistent component is the focus on the food. Almost every item sold is made by TBI cooking teams in the temple kitchen. The recipes used were handed down from generation to generation.

Each year recipes are tweaked by various temple members as innovative ideas brought in by new cooking team members whose grandmothers might have added a pinch of this or changed an ingredient. These innovative ideas get introduced to the discussion during cooking sessions that take place around the temple's kitchen center island. The team is never satisfied with what they have done and is constantly striving to make the products better and the customer experience unmatched. They never lose sight, however that it's about the food and if the products are not unsurpassed, then they haven't done their job.



Swinging in the rain

Gilford softball battles to rainy win over Belmont



JOSHUA SPAULDING

Gilford shortstop Millie Caldon looks to throw to first as Belmont's Savannah Perkins slides into second in action last week in Belmont.

BY JOSHUA SPAULDING

Sports Editor

BELMONT — The Belmont and Gilford softball teams played three hours in the rain on Thursday, May 19, with the Golden Eagles emerging with the 14-9 win over the host Raid-

"We talked a lot about mental strength," said Gilford coach Lisa Brace. "And we talked a lot about composure, it's the same weather for both teams."

"I think we had more earned runs than them, we gave up too many unearned runs," said Belmont coach Bill Clary. "It's tough to pitch in the wet weather, but they had to do it too.

"We hit the ball well, but some of the mistakes

are things we practice and that bothers me," Clary continued, also praising Riley Cotnoir for her play behind the

The Golden Eagles threatened in the first against Belmont pitcher Lena Rodrigues but did not score. Maddie McKenna reached on an error to open the game, but Cotnoir snagged a bunt pop up in front of the plate and fired to Courtney Burke covering first for the 2-4 double play. Jaiden McKenna was hit by a pitch and Lauryn Nash-Boucher worked a walk, but Rodrigues got a strikeout to end the inning. Savannah Perkins had a base hit against Gilford starter Sadie Lydick in the bottom of the inning, but a strikeout got the Golden Eagles out of the inning.

Gilford went in order in the top of the second. while in the bottom of the inning, Cotnoir had a two-out base hit and Katie Walker took over on the bases. However, a grounder to second ended the inning.

Gilford opened the scoring in the top of the third. Hannah Gannon had a base hit to start the inning and Maddie McKenna reached on an error. Millie Caldon worked a walk to load the bases and Jaiden McKenna followed with a base hit that was misplayed in the outfield and all three runners scored. A stolen base and throwing error added another run and Nash-Boucher and Lydick both worked

walks. However, Cotnoir gunned Lydick down stealing second and Rodrigues got a strikeout to end the inning.

Burke had a oneout walk and Perkins reached on an error in the bottom of the third. Rodrigues then grounded out to short, plating Burke with the first run of the game for the Raiders before Lydick got a strikeout to end the inning. Maddie McKenna had a two-out base hit in the top of the fourth, going to second on an error. Cotnoir then cut her down stealing third to get out of the inning.

Belmont cut into the lead a bit more in the bottom of the fourth. Madi Smith reached on an error to open the inning and two outs later, a base hit from Abbie Paquette drove in the second run of the game.

Gilford responded in the top of the fifth. Caldon led off with a double and stole third. Jaiden McKenna walked and a double steal brought the run home. Nash-Boucher reached on an error to plate another run and Maddy Cusello, Smith and Lydick all worked walks. Kendall Heyman had a sacrifice fly to center to plate the eighth run before Rodrigues got a strikeout to end the in-

In the bottom of the inning, Perkins reached on an error and moved up on a Rodrigues groundout. Two wild pitches later, Perkins scored and Avery VonKadich worked a walk, Smith beat out an infield hit and Darci Stone had a bunt hit. A Cotnoir base hit plated another another run and a walk to Maddie Paquette made it 8-5. Carly Drouin drove in a run with a groundout before Lydick got a strikeout to close the inning.

Gilford opened the lead up again in the top of the sixth. With one out, Jaiden McKenna had a double and Nash-Boucher worked a walk. A pickoff error pushed the lead to 9-6 and VonKadich saved a run with a nice scoop at first base on a groundout by Cusello. A Lydick base hit drove in another run, Jess Gannon reached on an error and Marlowe Mikulis walked, but they were stranded when Rodrigues got a strikeout to end the inning.

Perkins reached on an error, moved up on a wild pitch and a groundout by Rodrigues. VonKadich then laced a double to plate another run and after a Stone walk, Cotnoir beat out an infield hit to drive in another run before Lydick got a strikeout to close things out.

The top of the seventh saw Caldon get hit by a pitch with one out. She stole second, moved

to third on a wild pitch and scored on a sacrifice fly by Jaiden McKenna. Nash-Boucher then tripled and after walks to Cusello and Lydick, Jess Gannon tripled home all three runs for the 14-8 lead.

Belmont got a leadoff double from Drouin in the bottom of the seventh and she scored on a Perkins triple, but Lydick worked her way out of trouble to close out the 14-9 win.

Belmont also picked up a 5-3 win over Winnisquam earlier in the week. Smith got her first varsity win in the circle with seven innings of work, allowing two hits, four walks and striking out 13. Rodrigues. Had a pair of hits and Perkins had a triple and two

The Raiders are slated to be at White Mountains on Friday, May 27, to wrap up the regular season.

The Golden Eagles are scheduled to be at Kearsarge today, May 26, at 4 p.m. to finish their regular season.

The Division tournament begins on Wednesday, June 1, at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

Gilford boys cruise to win in home meet



PHOTOS BY JOSHUA SPAULDING

Isaiah Reese leaps through the air in the long jump in last week's home meet.

BY

SPAULDING Sports Editor

 $\operatorname{GILFORD}$ — The Gil ford track team played host to Hopkinton, Belmont, Laconia, White Mountains and Mascenic last Tuesday afternoon and the Golden Eagle boys came home victorious on the day, with the girls in third place overall.

In the 110-meter hurdles, Nick Haddocks finished in fourth place in a time of 19.7 seconds and Cayden Krupnik placed fifth in 20.48 seconds. Haddocks was also first in the 300-meter hurdles in 45.98 seconds with Krupnik in fourth place in 54.29 seconds, and Jaimen Sawyer in a time of

JOSHUA 57.55 seconds.

Isaiah Reese ran to second in the 100 meters in a time of 11.35 seconds, Adam Kimball finished in 13 seconds, Derek Kelly finished in 13.56 seconds, and Lee Cole finished in 21.03 seconds.

Patrick Gandini won the 1,600 meters in a time of 4:31.92, Carter Forest finished in 5:13.25, and Mitchell Townsend finished in a time of 5:23.03.

Gandini also won the 800 meters with a time of 2:06.62, with Forest in fifth place in 2:18.04, Aiden Bondaz in seventh in 2:21.56, Townsend in 2:30.39, Nick Haddocks in 2:37.22, Dylan Wright in 2:38.72, and Ben Smith in 2:45.33.

Gandini made it a



Shea Brown (right) hands the baton to Addy Wernig in the 4X100-meter relay last Tuesday afternoon.

clean sweep of the three longest races of the day, winning the 3,200 meters in a time of 9:43.31 with Townsend finishing in sixth place in 11:38.59.

finished Gilford fourth in the 4X100-meter relay with a time of 55.57 seconds and won the 4X400-meter relay in a time of 3:49.7.

Bondaz ran to second place in the 400 meters in a time of 58.63 seconds and Brody Testa finished in a time of 1:04.71 for fifth place. In the 200 meters, Kelly finished in 26.57 seconds, Kimball crossed in 26.73 seconds and Krupnik finished in 28.21 seconds.

Nick Haddocks was second in the high jump at five feet, four inches while in the triple jump, Anthony Haddocks was second at 39 feet, 4.5 inches and Ben Wolpin reached 28 feet.

Anthony Haddocks won the long jump with a leap of 18 feet, 11.5 inches and Reese finished in second place at 17 feet, three inches.

Sawyer finished fifth in the discus with a throw of 73 feet, 6.5 inches and Kyle Gandini finished in sixth place at 69 feet, 2.5 inches.

Reese won the javelin with a throw of 135 feet, eight inches, Anthony Haddocks was third at 126 feet, five inches, Wright threw 82 feet, two inches and Wopkin threw 77 feet, three inches. In the shot put, Sawyer threw 27 feet. 3.25 inches and Kyle Gandini threw 26 feet, 3.5 inches.

In the pole vault, Anthony Haddocks got the win at nine feet and Bondaz was third at seven feet.

Addy Wernig finished in sixth place in the 100 meters in a time of 14.14 seconds, Sidney Bartlett finished in 15 seconds and Abby Shute finished in 15.13 seconds.

Georgia Eckhardt placed third in the 1,600 meters in a time of 5:59.38 with Maddy Burlock finishing in a time of 6:27.72.

The Golden Eagle girls were fifth in the 4X100-meter relay with a time of 57.8 seconds and took third in the 4X400-meter relay with a time of 4:57.97.

Anna Coapland added a sixth place finish in the 400 meters in 1:10.93 while in the 300-meter hurdles, Brook Kimball 59.27 seconds.

Eckhardt 800 meters in a time of 2:47.83, with Vanessa Genakos right behind in third in 2:50.2 and Alana Sawyer in fourth in 2:50.61. Burlock added a sixth place finish in 2:51.86, Megan Hughes finished in 2:57.3, Kaitlyn O'Brien finished in 3:05.77 and Taryn Wernig finished in 3:15.7. In the 200 meters, Bartlett finished in 31.33 seconds and Shea Brown finished in 32.13 seconds. Bartlett also reached 11 feet, eight inches in the long jump.

Cat Stow finished in second place in the 3,200 meters with a time of 12:11.23.

Abby Kenyon finfinished in fifth place in ished in third in the javelin with a toss of 72 finished feet. She then added a in second place in the fourth place in the discus at 70 feet, two inches, followed by Kimball in sixth place at 63 feet and Taryn Wernig at 62 feet, seven inches.

> Kenyon was third in the shot put at 24 feet, six inches and Kimball was fourth overall at 24 feet, two inches.

Shute won the pole vault, clearing six feet, six inches.

Gilford will be hosting the Wilderness Championships on Saturday, May 21.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

Gilford net boys sweep final week of season

BY JOSHUA SPAULDING

Sports Editor GILFORD — The Gilford boys' tennis team finished out the regular season with four wins to finish at 12-2 for the season.

The Golden Eagles defeated Bishop Brady by a 6-3 score, got a 6-3 win over Inter-Lakes in a match that was continued from earlier in the season, beat Monadnock 9-0 and then finished things off with a Saturday morning win over Trinity by a 7-0 score.

Coach Terry Wilson noted that Bradley McIntire, Joseph Schelb, Izaak Walton, Alden Townsend, Aydyn Berube and Drew DeCarli all played excellent singles and doubles on the week as the team geared up for the Division III tournament.

The tournament is slated to begin today, Thursday, May 26, at the home of the higher seed and continues with semifinal action at the home of the higher seed on Monday, May 30. The finals are Wednesday, June 1, at Alvirne High School at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Gilford tennis girls drop regular season finale in Alton





Leann Levenson returns a shot in action against Prospect Mountain last week.

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Gilford girls' tennis team dropped a close decision to Prospect Mountain last Wednesday afternoon to finish off the regular season.

The two teams split the singles matches before the Timber Wolves got two of the three doubles to earn the 5-4 win.

The top two in the Gilford lineup earned wins, with Alyssa Craigie coming through with an 8-2 win in the number one spot and Avery Marshall getting an 8-5 win in the second spot in the lineup. Alexa Leonard fell 8-5 at number three and Maddy Spaulding dropped an 8-6 decision at number four. Leann Levenson got an 8-6 win at number five and Lilly Cassiano fell by an 8-6 decision at number six.

In doubles play, Craigie and Marshall played together at number one and fell 8-3, Leonard and Spaulding came up with an 8-4 win in the second spot and Levenson and Cassiano lost 8-5 in the third spot.

The Golden Eagles

finished the regular season at 10-4. The Division III tournament began after deadline on Wednesday, and continues on Friday, May 27, at the home of the higher seed. The semifinals are Tuesday, May 31, at the home of the higher seed and

the finals are Thursday, June 2, at Dover High School.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Keenan and Watson help Golden Eagles bounce back

BY JOSHUA SPAULDING

Sports Editor GILFORD — The Gilford girls' lacrosse team suffered its second loss of the season last week

Moultonborough. "After being blitzed

but bounced back with

a win over Inter-Lakes/

tack at both ends of the field, the Eagles needed to recover from their second loss of the season," said coach Dave Rogacki. "Olivia Keenan's 10 goals and Emily Watson's six assists helped

The week began with

the Eagles recover."

to Bow by a 16-2 score on the road, but the home field was good to the Gilford girls, as they beat the Lakers by a 23-11

"Back-to-back games are hard to play physically and mentally and I really didn't know how the Golden Eagles falling we would handle this after being run over by number one Bow," Rogacki said. "The team responded well, not only on the scoreboard but better movement on offense and a more aggressive traditional defense to support the offensive

"To be 10-2 at this

point in the season is a tribute to the work that these young players have put in over the last three months," the Golden Eagle coach added.

Gilford is scheduled to wrap up the regular season with a home game with Lebanon today, May 26, at 4 p.m.

The Division III girls' lacrosse tournament opens on Wednesday, May 1, at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmon-

Gilford tennis boys win two in penultimate week of regular season

BY JOSHUA SPAULDING

picked up a pair of wins last week, though did drop their second match of the season on the road at Kearsarge.

For the week, the Golden Eagles defeated Profile by a 6-3 score and Moultonborough by a 7-2 score before falling to the Cougars by an 8-1

went 2-1 in the top spot Berube and Drew DeCar-GILFORD — The Gil- in the lineup, Joseph li went 1-1 in the third ford boys' tennis team Schelb also went 2-1 and doubles spot. Izaak Walton went 2-1 in the third spot, Alden Townsend won two of his three matches in the fourth spot and Aydyn Berube also won two matches.

In doubles, McIntire and Schelb won two of their three doubles matches. Walton and Townsend went 2-1 at

McIntire number two doubles and

The Golden Eagles are slated to finish off doubleheader that was suspended earlier this season against Inter-Lakes today, May 19, and will close the season at Monadnock on Friday, May 20.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

Gilford tennis girls roll past Panthers and Lakers

BY JOSHUA SPAULDING

MOULTONBOR-OUGH — The Gilford girls' tennis team kicked by beating Moultonborough by an 8-1 score on Monday, May 9.

At number one, Alyssa Craigie got an 8-4 win, Ashley Kulcsar dropped an 8-6 decision at number two, Avery Marshall won by an 8-2 score in the third spot, Alexa Leonard won 8-0 at number four, Maddie Spaulding won by an 8-4 score at number five, and Leann Levenson won 8-0 at number six.

In doubles play, Crai-

gie and Kulcsar won an 8-2 decision at number one, Marshall and Leonard won 8-1 at number off the penultimate week two, and Spaulding and of the regular season Levenson got an 8-5 win in the third spot to clinch the 8-1 victory for the Golden Eagles.

> Gilford hosted Inter-Lakes on Thursday, May 12, and picked up another 8-1 win.

Craigie won 8-3 at number one, Kulcsar dropped an 8-4 decision at number two, Marshall won 8-1 at number three, Leonard got an 8-1 win in the fourth spot, Spaulding won 8-1 at number five, and Levenson won 8-0 in the sixth spot.

In doubles play, Craigie and Kulcsar picked up the 8-0 win in the top spot, Marshall and Leonard won 8-0 at number two, and Spaulding and Levenson got a forfeit win in the third spot.

Gilford was slated to wrap up the regular season after deadline Wednesday. The Division III tournament kicks off on Wednesday, May 25, at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Thursday, May 26

BELMONT Baseball at Laconia; 7 **GILFORD** Baseball at Kearsarge; 4 Girls' Lacrosse vs. Lebanon; 4 Softball at Kearsarge; 4 Friday, May 27

BELMONT Girls' Lacrosse vs. Gilford; 4 Softball at White Mountains; 4 GILFORD Baseball at Hopkinton; 4 Girls' Lacrosse at Belmont; 4 WINNISQUAM

Softball at St. Thomas; 4 Saturday, May 28

BELMONT Track at Pelham (Division III State Meet); 4 **GILFORD**

Track at Pelham (Division III State Meet); 4 WINNISQUAM

Track at Pelham (Division III State Meet); 4

All schedules are subject to change.





RC GREENWOOD

Close One

Owen Guerin moves the ball up the field during his team's game in Plymouth on Wednesday afternoon. The Golden Eagles dropped a 12-6 decision to the Bobcats two days after picking up a 12-9 win over Milford. Gilford is slated to be in action on Friday, May 20, at home against Pelham and Monday, May 23, at home against Kearsarge.

Phil Vassar brings Piano Bar Tour to The Colonial

LACONIA — The Colonial Theatre of Laconia is proud to welcome Phil Vassar's Piano Bar Tour on Saturday, Sept. 24 at 8 p.m. Phil Vassar's Piano Bar Tour features the prolific singer-songwriter in an intimate setting with limited seating to showcase his incredible music. It's a nod to his solo piano livestreams as well as his

2020 album, "Stripped Down."

Tickets for Phil Vassar's Piano Bar Tour at the Colonial Theatre of Laconia on Saturday, Sept. 24 at 8 p.m. are \$29-\$69 and go on sale Friday, May 20 at 10 a.m. at www.coloniallaconia. com or by calling 1-800-657-8774.

Vassar was racking up hits on the radio long

before he even began his own recording career that has seen the release of six albums, two ASCAP Songwriter of the Year trophies, ACM's Top New Male Vocalist and sold-out shows across the country. Vassar's songwriting career blossomed in the mid-'90s when he landed a publishing contract with EMI and penned hits for

Collin Raye (Little Red Rodeo), Alan Jackson (Right on the Money), Tim McGraw (For a Little While), Jo Dee Messina (Bye Bye, Alright), and Blackhawk (Postmarked Birmingham). He signed a record deal of his own with Arista in 1998 and was named ASCAP's Country Songwriter of the Year in 1999. Vassar continues

to churn out incisive, soulful lyrics and infectious melodies that capture the heart and soul in the unique and special way that only he can. For more information on Phil Vassar, visit PhilVassar. com and follow him on Facebook, Instagram and Twitter.

Tickets for Phil Vassar's Piano Bar Tour at

THIS DAY IN...

• 1703: TSAR PETER
THE GREAT FOUNDS THE

• 1937: THE GOLDEN

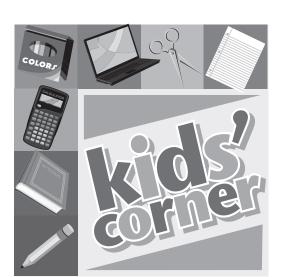
CITY OF SAINT PETERSBURG the Colonial Theatre of Laconia on Saturday, Sept. 24 at 8 p.m. are \$29-\$69 and go on sale Friday, May 20 at 10 a.m. at www.coloniallaconia. com or by calling 1-800-657-8774.

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On June 15, 2015, the City of Laconia announced a partnership with the Belknap Eco-Development nomic Council (BEDC) to purchase, renovate, and reopen the Colonial, 609 Main Street LLC was created to conduct the capital campaign for the renovation. The restoration of the Colonial began in March of 2016 and concluded in early 2021.

The newly reopened Colonial Theatre has a seating capacity of 750 and plays host to a wide range of performances, including music, theatre, comedy, and civic events. The Colonial Theatre is managed by Spectacle Management and is home to the Powerhouse Theatre Collaborative. The Colonial Theatre is located at 609 Main St., Laconia, NH 03246. www.coloniallaconia.com

Spectacle Live was founded in 2012 to provide performing arts venues throughout New England with expert services in venue operations, booking and programming, venue and event marketing, venue programming and operational management, consulting, and event production. Since its founding, Spectacle Live has worked with more than a dozen New England venues on facility management, and in promoting, marketing, and producing hundreds of concerts, comedy, civic, educational, theatrical, and family entertainment events. Spectacle Live has also been a valuable consulting partner to municipalities and non-profit venue owners, developers, programmers, and operators. Spectacle Live has offices in Lexington and Lowell, MA and Laconia, NH. For more information, please contact Pete Lally, plally@spectaclelive.com or 617-531-1257. www.spectaclelive. com





TRUE OR FALSE?
IT TAKES ROUGHLY 20 MINUTES OF
REGULAR DAILY ACTIVITY
(WALKING, SWEEPING, ETC.)
TO BURN 100 CALORIES.

ANSWER: TRUE

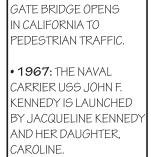
What's the Difference?

There are four differences between Picture A and Picture B. Can you find them all?





Answers: 1. Girl on left side back had extra hair 2. Water bottle on floor 3. Missing panes on window 4. Girl in orange has taller socks





SET

a fixed number of repetitions of an exercise

Tomthey Selfthatin...

ENGLISH: Fitness

SPANISH: Aptitud física

ITALIAN: Forma fisica

FRENCH: Forme physique

GERMAN: Fitness



MOST KIDS CAN START TO BUILD STRENGTH SLOWLY BY LIFTING WEIGHTS AT 7 OR 8 YEARS OF AGE. WEIGHTS SHOULD BE AGE-APPROPRIATE AND

EXERCISES SHOULD BE DONE CORRECTLY.

 \mathcal{B} .

 \mathcal{C}

D.



Can you guess what the bigger picture is?

ANSWER: ELLIPTICAL MACHINE

Fun By The

Like puzzles?

mind-bending

puzzle will have

you hooked from

the moment you

square off, so

sharpen your

your sudoku

pencil and put

savvy to the test!

Then you'll love sudoku. This

Numbers

⊙** ☆® * ~ O <> <> * * + ** * * A (* ° * № ħ ≏ Ω ô A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to cycling.

Each number corresponds to a letter.

(Hint: 17 = E)

A. 15 9 26 20 8

Clue: Beaten path

B. 11 1 11 8 17

Clue: Ride a bike

C. 2 17 18 26 8 6

Clue: Power a bicycle

D. 17 3 17 9 11 20 6 17

Clue: Fitness activity

SUDOKU

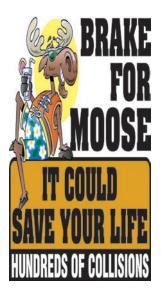
2 9 9 8 doood 2 ogooog . 6 5 3 9 7 2 9 5 6 5 3 8

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	9	Z	8	3	Þ	·	6	9
8	ω	unde	6	G	2	L	G)	7
Þ	G	6	L	9	unh	8	3	2
dun	6	8	9	7	9	Þ	S	3
3	Þ	9	2	6	8	G	nundh	Z
L	S	ç	nanà	Þ	3	6	8	9
G	wwh	Þ	ε	S	6	9	L	8
9	00	2	†	anh	L	3	(Jn	6
6	۷	ε	9	8	Ğ	2	Þ	dos.
ANSWER:								



LRPA's May Murder Madness continues with "Please Murder Me!"

LACONIA—Throughout May, Lakes Region Public Access Television will highlight some of the most dark and gritty movies ever to come out of Hollywood! Join us each Friday and Saturday night at 10 p.m. for "May Murder Madness." Some films fall in the category of film noir, others are thriller-adventures – but all have murder on their minds! This weekend (May 27 & 28 at 10 p.m.) we finish off the month with 1956's crime drama "Please Murder Me!" starring Angela Lansbury and Raymond Burr.

Told in flashback, "Please Murder Me!" is the story of a deadly love triangle involving attorney Craig Carlson (Burr), who's fallen hard for Myra Leeds (Lansbury), the wife of

Joe (played by character actor Dick Foran), Craig's close friend and WWII buddy. Craig owes Joe his life and so is tormented by his feelings for Myra. Joe tells Craig in confidence that he suspects Myra of having an affair. It's too much for Craig to bear, so he confesses to Joe that he's "the other man." Surprisingly, Joe isn't angry – he asks Craig for a few days to think things over. Craig is mystified by Joe's behavior. When he asks Myra about it, she advises him to do nothing until Joe responds. A few nights later, Myrna shoots Joe, claiming self-defense. Craig, while shocked by his friend's alleged behavior, agrees to serve as Myra's attorney. He defends her superbly, even putting his own reputation on the line,

anticipating a happy and peaceful life after the conclusion of the trial. But there is more, it seems, to Myra than meets the eye.

"Please Murder Me!" is one of the least-known entries in the film noir genre. While it certainly is a small, low budget thriller, it is a thriller nonetheless, and features some wonderful plot twists wrapped up in a bracing 78-minute film. Angela Lansbury is terrific here, playing, as she often did early in her career, the heartless femme fatale. Classic television fans will likely recognize minor character actors including Dick Foran as the cuckolded husband and Denver Pyle (best known for shows such as "The Dukes of Hazard" and "The Doris Day Show") as a police lieutenant. But the standout is Raymond Burr, who ironically, up until that point in his career, usually played the bad guy (who can forget him as the ruthless killer in Hitchcock's "Rear Window"?). Burr's intelligent and earnest lawyer, who is more than slightly unhinged by the film's end, was likely the model for his biggest, career-defining role -that of TV lawyer Perry Mason. "Please Murder Me!" deserves to be better known by film fans everywhere. So grab your popcorn and meet us after dark for this seldom-seen thriller from the past.

Mark your calendars for these upcoming murderous movies:

May 27 & 28: 1956's "Please Murder Me!"

You can't find television like this anywhere but LRPA TV, Breezeline Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA streams via the web at live.lrpa.org, and broadcasts locally on Breezeline Channel 24 (educational programming), Channel 25 (information and entertainment) and Channel 26 (government

meetings) to 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

The Colonial welcomes Béla Fleck

LACONIA — The Colonial Theatre of Laco-

Béla Fleck – My Bluegrass Heart on Tuesday, nia is proud to welcome July 19 at 7:30 p.m.

It has been an honor to serve the people of NH

To the Editor:

It's with mixed emotions that I announce my retirement from the New Hampshire State Senate at the end of this term.

It has been an incredible honor to serve the people of New Hampshire for six years as a State Representative, and for another six years as a State Senator. To everyone that voted for me and everyone that supported me along the way, I offer you my heartfelt thanks.

I leave the State House knowing that I gave you my best efforts, working hard to keep New Hampshire the best state in the nation. I'm proud to have fought for a clean and healthy New Hampshire that respects individual liberty and protects our freedoms; for a New Hampshire with a strong economy and low taxes; for a New Hampshire that is among the safest states in which to raise a family; and for a New Hampshire that takes care of the truly needy. I'm proud to deliver what we've achieved to our grandchildren and future generations, and I look forward to future opportunities to make our Granite State the best it can be for our people, businesses, and institutions.

Read the WMUR article here: https://www.wmur. com/article/s...

God bless New Hampshire, and God bless Amer-

Sen. Bob Giuda Warren

Rylie Treat achieves Dean's List at Belmont University

NASHVILLE, Tenn. — Rylie Treat of Laconia qualified for the Spring 2022 Dean's List at Belmont University. Eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.

Approximately 45 percent of Belmont's 6,792 undergraduate students qualified for the Spring 2022

Belmont Provost Dr. Thomas Burns said, "At Belmont, we are happy to celebrate the success of these students and know that their continued, consistent and comprehensive dedication to their academic work will equip them to make the world a better place. The Dean's List recognition at Belmont clearly demonstrates students' commitment to their educational endeavors."

About Belmont University

Located two miles from downtown Nashville, Tenn., Belmont University consists of nearly 8,800 students who come from every state and 33 countries. Consistently recognized by U.S. News & World Report for innovation and commitment to undergraduate teaching, Belmont brings together the best of liberal arts and professional education in a Christ-centered and student-focused community of learning and service. As a campus that aims to Let Hope Abound, the University is committed to producing graduates who are Hope Inspiring, Character Forming, Future Shaping, Community Engaging and Bridge Building people. With more than 115 areas of undergraduate study, 41 master's programs and five doctoral degrees, there is no limit to the ways Belmont University can expand an individual's horizon. For more information, visit www.belmont.edu.

Just in case you aren't familiar with Béla Fleck, there are many who say he's the premiere banjo player in the world. Others claim that Béla has virtually reinvented the image and the sound of the banjo through a remarkable performing and recording career that has taken him all over the musical map and on a range of solo projects and collaborations. If you are familiar with Béla, you know that he just loves to play the banjo and put it into unique settings.

Tickets for Béla Fleck – My Bluegrass Heart at the Colonial Theatre of Laconia on Tuesday, July 19 at 7:30pm are \$49-\$79 and go on sale Friday, May 20 at 10 a.m. at www.coloniallaconia. com or by calling 1-800-657-8774.

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SNHU announces Winter 2022 Dean's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Winter 2022 Dean's List.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 are named to the Dean's List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits over two consecutive terms (EW1 & EW2, EW3 & EW4, or EW5 & EW6).

Michael Rives of Gilford Melanie Candelaria of Laconia

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 165,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the «Most Innovative» regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.

Main St., Laconia, NH 03246. www.coloniallaconia.com.

Spectacle Live was founded in 2012 to provide performing arts venues throughout New England with expert services in venue operations, booking and programming, venue and event marketing, venue programming and operational management, consulting, and event production. Since its founding, Spectacle Live has worked with more than a dozen New England venues on facility management, and in com

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SNHU announces Winter 2022 President's List

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Sarah Wilkens of Laconia Joseph Dougherty of Gilmanton Mason McGonagle of Gilford Andrew Strzepek of Gilmanton Teo Chanthasak of Laconia Kellie Ryan of Gilford Mariah Finley-Gardner of Gilmanton Rachel Langlitz of Gilmanton Autumn Hendricks of Laconia Rachel Kraus of Gilmanton Kelsey Harriman of Gilmanton Hannah Redin of Gilmanton Caitlyn Converse of Laconia Mark Hassler of Laconia Abbey LaBrie of Laconia Liam Merriam of Gilford Daniel Brogan of Gilford David Guyotte of Gilford Jacob Guay of Gilford Christy Paquet of Laconia Lyndsey Hawkins of Laconia Jacob Boucher of Laconia Peter Christensen of Gilford Ian Kleeba of Laconia John Gulbicki of Laconia Zoe Lehneman of Laconia

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A12 the GILFORD STEAMER THURSDAY, MAY 26, 2022

ELP WANTED



WE ARE HIRING!

Would you like a fulfilling position in a mission-driven organization? We want to speak with you!

Currently seeking candidates for openings at HOPE HOUSE:

Support Staff – Multiple Shifts

Provide direct support & oversight for HOPE HOUSE and participants, ensuring program compliance expectations. Excellent communication, conflict resolution, & crisis management skills needed.

Program Manager

Provide effective management, oversight & direction to families at HOPE HOUSE. Manage daily shift operation including scheduling, crisis & case management, security screening, shelter census, and referrals. Strong emphasis on Trauma-Informed Care, crisis prevention, intervention techniques & principles. This role is part of the shift rotation.

For more visit: Careers - Families in Transition (fitnh.org) Families in Transition - HOPE HOUSE 16 Lehner St / Wolfeboro, NH 03894/ 603-641-9441 *Families in Transition is an Equal Opportunity Employer*



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Position Available

Lakes Region Community Services (LRCS), a non-profit social services agency, is accepting applications for a full-time In-Home Care Provider/Personal Care Service Provider for the Belknap county area. This position will help individuals to remain living independently in their own homes. Duties include but are not limited to light housekeeping, meal preparation, errands and personal care. Experience working with the elderly at home or in nursing homes is preferred but not required.

Candidates must have a minimum of a high school diploma/GED, a valid driver's license, reliable vehicle and auto insurance, clean criminal record, and able to pass a pre-employment physical.

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Landscape & Excavation company looking for full time employees. We service the Tuftonboro, **Wolfeboro and Moultonboro areas** and the islands of Lake Winnipesaukee.

Please email mtnsidelandscape@roadrunner.com, or call 603-569-4545 for details.





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Energysavers Inc is looking for a self-motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts for jobs as well as receiving deliveries. We are a highly recommended 47 yr old Lakes Region retailer of well-known hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry an 80lb min.

Stop in to fill out an application:

Energysavers Inc. 163 Daniel Webster Hwy, Meredith NH

Full-Time Installers Assistant

Energysavers Inc, a 47 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Earn up to \$20 hour.

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To place <u>your</u> classified ad please call our TOLL FREE number: 1-877-766-6891

The Rest of the Story

LRPA FROM PAGE A1

ment they bought with a federal COVID-19 grant they received in 2020

"We had this beautiful field production equipment and we didn't have cameras that were compatible to use them," Mc-Namara said. "We would borrow cameras to use them for that year, now we have our own cameras."

She said the new equipment allows them to go out in the field with up to four cameras and record and stream live events indoors or outdoors.

"It's all very exiting, we've been using that equipment since late 2020," McNamara said. "That is really where people would like us to

go really: people are interested in live streamed productions and now were really able to do very, very high quality live streamed productions, so it's very exciting"

McNamara said more local people are asking to be trained on LRPA's equipment to produce programming. LRPA has three levels of equipment based on the individual's comfort level from older cameras that are simpler to use and still film in high definition to brand new cameras with a lot more features. She said a lot more people are producing and uploading their own content.

LRPA has aired 71 events since last spring, 31 more than the year before likely due to COVID.

22 percent were livestreamed and almost 50 percent were recorded and produced by volunteers.

"That's very exciting because we had seen those numbers start to go down and now those numbers are starting to go up," McNamara said.

Upcoming events include the Huot Technical Center's graduation on May 26, the Bike Week Press Conference on Laconia on June 9, several parades including the Gilford Old Home Day parade, and many more through the rest of the year

She said they are looking for more people to volunteer at events.

LRPA also upgraded its website five years after the last update. They are also continuously up-

dating their policy and operations manuals to reflect changes in technology.

LRPA implemented a new membership program this spring after working with now-former Meredith Town Manager Phil Warren on a model based on Lakes Region Mutual Fire Aid's program. She said Warren helped her put together a new ratio based 50 percent on a municipal population and 50 percent based on that community's valuation. This moves away from the original per dollar/per cable subscription fee, especially since cable subscription numbers are going down.

"Thank you to Gilford and all our membership municipalities," Mc-Namara said. "I'd love for more people to send us content, send us notices for our bulletin board. We would love people who would like to join our fun board of directors or sit on a committee. I'm always happy to hear your feedback."

Members of the board praised the work of Mc-Namara and LRPA. Selectman Gus Benavides said he has looked on the website and seen programming from several municipalities in the area.

"She is passionate about what she does and she is definitely where she needs to be," Benavides said.

This is McNamara's seventh year as LRPA director. Selectman and LRPA board member Chan Eddy said he remembered being in that

exact same room seven years ago when the LRPA board interviewed

"My first thought was oh my goodness she's a godsend and we better offer her something quick and it's been a great working relationship," Eddy said. "I think she's a bit of a miracle worker. I don't know how she pulls some of this stuff off, but she does. She's very good at what she does."

The selectmen approved the 2022-2923 annual agreement with LRPA, authorizing the town administrator to sign the agreement and to pay \$16,388.81 in dues from the town's television franchise fees. Eddy recused himself as he is an LRPA board member.

HELP WANTED/GENERAL SERVICES

Shaker Regional School District 2022-2023 School Year Employment Opportunities

Shaker Regional School District is currently accepting applications for the following positions for the 2022-2023 School Year:

Belmont Elementary School:

Classroom Assistants – 6 hrs/day
General Special Education Assistant – 6 hrs/day
1:1 Behavioral Assistants – full or part-time
1:1 LNA – part-time
Special Education Teacher
ABLE Teacher

Belmont Middle School:

Title I Tutor – 7 hrs/day
Grade Level Assistant – 6 ½ hrs/day
Art Teacher
Special Education Teachers

Belmont High School:

1:1 Behavioral Assistants – 6 hrs/day
English Teacher
Math Teacher
Science Teacher
Graphic Arts/Technology Teacher

Canterbury Elementary School:

Classroom Assistant – 6 ½ hrs/day 1:1 Special Education Assistant School Secretary Art Teacher – Part Time

District Wide

Special Education Coordinator – MS/HS Special Education Coordinator – Elementary School Psychologist

Please visit the Human Resources page on the District Website, www.sau80.org, for details and to apply for any of these positions.

Application must be made through SchoolSpring.com.





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Shaker Regional School District Employment Opportunities

Shaker Regional School District is currently accepting applications for the following positions:

Food Service Workers for the 2022-2023 School Year

And Immediate Openings for:

Lead Custodian – BHS 2nd Shift Custodians Grounds Worker

Please download an application from the Human Resources tab of the District website, www.sau80.org; stop in at the SAU Office at 58 School Street; Belmont, NH 03220, or contact Kim Haley at 603-267-9223 to obtain an application.

Shaker Regional School District Boys Varsity Basketball Coach

Shaker Regional School District is seeking a Boys Varsity Basketball Coach. This is a stipend position and it is open until filled. Previous experience coaching is preferred but not required. Interested applicants should send a current resume and letter of interest via email to Cayman Belyea, Athletic Director at cbelyea@sau80.org or through the mail to Cayman Belyea, Athletic Director, Belmont High School, 255 Seavey Rd, Belmont, NH 03220.





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\$1,650,000 (MLS 4900572)



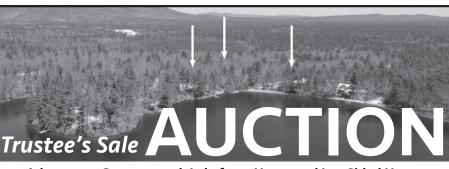
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66-acres located just off exit 23 off 193. Drilled well installed, power brought in, building sites cleared. Development potential.

\$479,000 (MLS 4904781)



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Adventurer Campground, Lakefront Home and Log Sided Home Duncan Lake, Ossipee, NH • Live Webcast: Saturday, June 11th at 10 a.m.

This offering is comprised of 3-properties; a 46-site campground, a 1.01-acre lot with log sided home and a 1.46-acre lakefront property with home and barn having 413' of frontage on Duncan Lake. The properties will be offered separately in combinations and in the entirety. Place pre-bids online beginning Monday, June 6th and/or bid live during the Live Webcast on June 11th.

7 GILE ROAD is a 9.9-acre campground improved with 46 RV sites and 5 tent sites known as Adventurer Campground. This property abuts the town beach on Duncan Lake and includes an office and other smaller buildings that service the property. Zone: Rural. Tax Map 122, Lot 10.

11 GILE ROAD is a 1.01-acre lot with a 1,300 sq.ft., 3-bedroom log sided home. This property is close to Duncan Lake with seasonal views and a short walk to the public beach. Zoned: Rural. Tax Map 122, Lot 11.

15 GILE ROAD is a 1.46-acre Duncan lakefront property with 413' of frontage. The expanded mobile home with wide open main living area has been adapted to take full advantage of the property and close proximity to the water. There is an attached multi-bay carport and detached barn. Zoned: WF Duncan Lake. Tax Map 122, Lot 12.

PREVIEW: Saturday, June 4th from 9 a.m. to 12 p.m., Tuesday, June 7th from 12 to 3 p.m.

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For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call

The New Hampshire Commission for Human Rights at 603-271-2767

or write The Commission at 163 Loudon Road. Concord, NH 03301 Neither the Publisher nor the

advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.



To place <u>your</u> classified line ad please call our TOLL FREE number: 1-877-766-6891

GHS (Continued from Page A1)

es I can be recognized with such an honor," Marshall said.

Marshall will attend Connecticut College in New London, Conn., where she was accepted into the Science Leaders Program. She plans to study Biology with a focus on the Pre-Med Track.

"I want to be a pediatrician," Marshall said. "I love working with kids."

She babysits and said she wanted to do something to help kids.

Marlow Mikulis plays soccer and softball and is a member of National Honor Society and the president of the Spanish Club. She has also taken part in the Spanish exchange program.

Mikulis said as being smaller ahs given GHS some advantages.

"I think even though I like a bigger school, I think in a smaller school enabled me to have better relationships between my teachers and classmates," Mikulis said.

Mikulis will attend

Syracuse University in New York to study architecture. She said she did an internship in her junior year and said she found she enjoyed it.

Esther Wrobel has been working since freshmen year with jobs, saying her favorite one was dog sitting.

Wrobel said she has four older sisters so she's used to going to other people's graduations, but is happy the next graduation will be hers.

"It was nice going to Gilford because they gave me all the information I need to know," Wrobel said.

She will attend New Hampshire Technical Institute in Concord and study Education, focusing on middle school science. She said she enjoys science and wants to teach older students.

Claire Bartley is a member of NHS and is a member of the National Technical Honor Society among others. She said the best part of GHS was the opportunities it has given her with so many close resources, such as the Huot Technical Center in Laconia. Through the Huot, she had the opportunity to study Biomedical Technology.

She plans to attend the University of New Hampshire – Manchester and study Bio Tech. She said she has always been interested in healthcare.

"With my love of science, I want to give back to the community," Bartley said.

Harper Meehan plays varsity volleyball, varsity ski racing, and is a member of the Environmental Club, NHS, and Spanish Club.

She transferred from New Hampton School to Gilford in her junior year and said she loves the community and friends she has found in Gilford.

She plans to attend Jacksonville University in Florida studying Aviation Management.

"I have a long line of history in aviation in my family," Meehan said. "Two years ago I took my first flying lesson

and I fell in love with it."

Reece Sadler plays varsity soccer and has been the captain her junior and senior years. She is also the NHS treasurer and is a member of the Spanish Club.

She moved to Gilford right before the start of her senior year.

"I like how welcoming Gilford was when I moved here," Sadler said,

She said the size of GHS has been excellent and teachers will greet students by name when they walk by, whereas she wouldn't have known everyone in her last class.

Sadler will attend Bentley University in Waltham, Mass., and study Finance and Pre-Law. She currently works at a third-party real estate firm, which started with an internship arranged through the school.

Nicole Green plays basketball and is a member of NHS, the National Technical Honor Society, and has been a student ambassador. She has also been dancing for 13 years.

Green moved to Gilford from Westerlo, New York, in sixth grade where she attended a K-12 school.

She said she especially likes the Huot, which she said has provided her with a lot of opportunities.

Green plans to attend Southeastern University in Lakeland, Fla., and study Elementary Education.

"I've always kind of loved education," Green said. "My second grade teacher was amazing and it made me want to become a second grade teacher"

Mackenzie Roys is a member of NHS and the Concert Choir, and is involved in the photography program. She has also danced outside of school for 15 years and teaches tap and ballet to 3-11-year-olds at Dancing Feet Studio in Laconia.

She said she enjoyed all the opportunities to take part in the arts in this area.

Roys plans to attend

Plymouth State University's Honors Program and major in Math with a minor in Dance. She said she wants to teach dance at the high school level and also wants a teaching position at her studio

Jacqueline Wright plays on the varsity tennis team. She has also been with Girl Scouts since second grade and has done an internship at Laconia Airport.

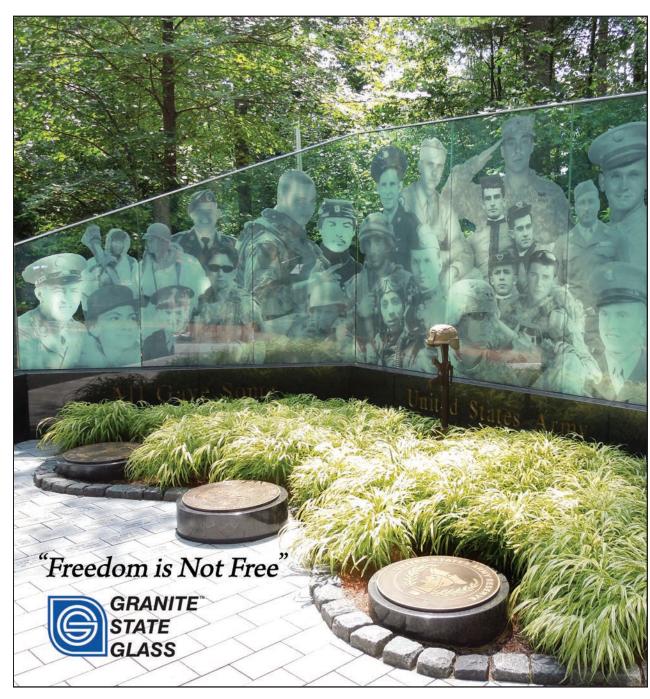
"Initially I thought I wanted to do piloting, then decided that I want to do it as a side thing but not as a career," Wright said.

She plans to attend Stonehill College in Easton, Mass., and pursue a bachelor's in Political Science with a focus on Pre-Law, aiming for a career in Constitutional Law.

She said she has always liked US history and wants to work between people and government.

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Track

The Gilford team of Isaiah Reese, Bondaz, Haddocks and Gandini took the win in the 4X400-meter relay in a time of 3:41.64, while in the 4X800-meter relay, the team of Forest, Bondaz, Haddocks and Townsend finished in second place in 9:09.11 and the 4X100-meter relay team of Ben Wolpin, Adam Kimball, Krupnik and Derek Kelly placed 12th in 54.52 seconds.

Anthony Haddocks finished with the win in the triple jump with a distance of 40 feet, 9.5 inches and he also took fourth place in the pole

vault with a height of Alana Sawyer and Madnine feet.

In the 100 meters, Reese finished in fourth place in a time of 11.73 seconds and he ran to third place in the 400 meters in a time of 53.31 seconds.

Anthony Haddocks was second in the long jump with a distance of 19 feet, 3.5 inches and Malek finished in fifth place with a distance of 18 feet, 5.5 inches.

In the javelin, Reese finished in second place at 137 feet, eight inches and Anthony Haddocks was fifth at 130 feet, nine inches.

For the Gilford girls, the team of Georgia Eckhardt, Catherine Stow,

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dy Burlock took the win in the 4X800-meter relay in a time of 10:43.21. In the 4X400-meter relay, the team of Burlock, Anna Coapland, Eckhardt and Stow was sixth in a time of 4:41.11 and in the 4X100-meter relay. the team of Shea Brown, Addy Wernig, Brook Kimball and Coapland finished in sixth place in 55.8 seconds.

Stow ran to second overall in the 1.600 meters in a time of 5:42.87, while Eckhardt finished in fourth place in 5:57.

Abby Kenyon finished fifth in the discus with a toss of 82 feet, seven inches and Kimball finished in 11th place at 65 feet, five inches. Kimball was also fifth in the pole vault at six feet, three inches. Kenyon was also ninth in the shot put at 24 feet, 5.25 inches.

In the 100 meters,

Wernig was 18th in 14.82 seconds, Sidney Bartlett was 25th in 15.11 seconds, Abby Shute finished 27th in 15.25 seconds and Brown was 28th in 15.3 seconds. In the 200 meters, Coapland was ninth in a time of 29.67 seconds.

Sawyer ran to ninth in the 800 meters with a time of 2:48.5, Megan Hughes was 13th in 2:55.74, Vanessa Genakos took 14th in 2:56.47 and Burlock was 17th in 2:58.13. Wernig was 19th overall in the long jump at 11 feet, 7.25 inches.

The Golden Eagles who have qualified will compete in the Division III State Meet on Saturday, May 28, at Pelham High School at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.



Abby Kenyon fires the discus during the Wilderness Championships on Saturday.

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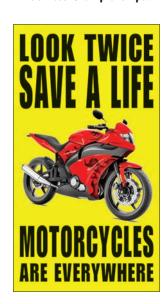
Entertaining the Lakes Region



Patrick Gandini won a pair of Wilderness titles during Saturday's meet.









Catherine Stow ran to second in the 1,600 meters in the Wilderness Championships.



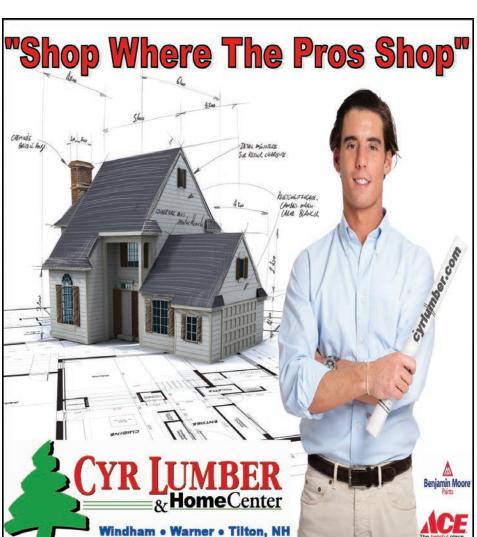
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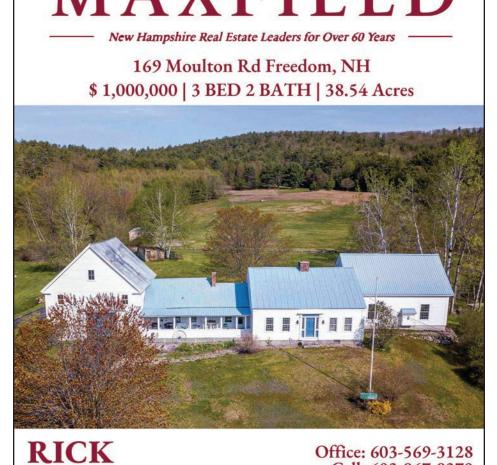
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