

A unique Olympic Opening Ceremony and a unique media experience

BY JOSHUA SPAULDING
Sports Editor

PARIS, France — I was excited to see what the Paris Olympic Opening Ceremony brought to the table. My only previous Opening Ceremony was in Beijing and that was an exciting venture. When I got the e-mail from Bill Hancock last week saying that I had a ticket for the Paris Opening Ceremony, I was thrilled.

For those that don't know, the Paris organizers decided to hold the Opening Ceremony on the River Seine, running through the heart of the city with the teams gathered on boats. The press credentials for this ceremony were certainly different than in the past. There were photo positions for accredited photographers along the Seine and at the Trocadero near the Eiffel Tower. There were also a few press seats at the Trocadero as well and the rest of the press was given access to certain points along the parade route.

The spot that I was given was near the Lou-



Boats carrying Olympic athletes make their way down the River Seine during last Friday's Openign Ceremony of the Paris Olympics.

vre, which happened to be where the torch came off the river after its trip and headed to inside the Louvre where the Olympic cauldron was lit. I was expecting a ton of security and in some respects, there was.

I decided to walk from the Main Press Center to my spot for the Open-

ing Ceremony so I could see a little more of Paris rather than taking the subway and that worked out pretty well. I walked past the Arc de Triomphe and down the Champs Elysees, which was a nice walk. Despite one wrong turn, I found my way fairly easily to the Louvre location.

The amount of police and military I saw along the way was impressive, with cars full of security lining the roads in preparation for the big event.

Once I got to my location, they let me on the bridge without really checking much of any-

thing in the way of security, which was kind of surprising. Obviously, I had my credential scanned and one soldier asked for my passport while I was standing waiting for the gates to open, but there was no more security than when I've been to any

other venues.

Things went pretty well on my end to start and when the ceremony kicked off, it was on all the big screens along the riverbank. The boats took about half an hour to reach my location but it wasn't long after that that it started raining. And it kept raining.

It didn't pour, but it was just enough to be annoying and had me worrying about my camera and computer. One of the downfalls to this location was that there was no real space for accredited media to either work or store their equipment. In fact, I saw more than one person, obviously filing on deadline, working on the stairs underneath the bleachers on the bridge. It wasn't totally dry, but it was one of the better locations.

Just as the torch came back up the river to our location, my camera decided it didn't want to work (water is my guess) and my phone died.

SEE CEREMONY, PAGE A9

Fatal boating crash occurs on Lake Winnisquam

TILTON — A man is deceased following a crash involving a scull rowing boat and a pontoon boat on Lake Winnisquam.

At 6:42 a.m. today, July 28, the New Hampshire State Police Marine Patrol unit was notified of a boating crash on Lake Winnisquam. Marine Patrol officers responded and determined Thomas Mead, 76, of Tilton, had been operating a scull when he was struck by a pontoon boat, operated by a 17-year-old male.

The operator of the pontoon boat was able to get the Mead aboard his vessel and began CPR. Resuscitation efforts were continued by the operator until fire rescue units arrived on the scene. Mead was then transported by ambulance to Concord Hospital – Laconia where he was pronounced deceased.

Agencies that responded to the scene and assisted the New Hampshire State Police - Marine Patrol include the Tilton Police Department, Sanbornton Police Department, Belmont Fire Department, Franklin Fire Department and Tilton-Northfield Fire & EMS.

The crash remains under investigation. Anyone with information that may assist in the investigation is asked to contact Marine Patrol Sgt. Joshua Dirth at (603) 227-2115 or Joshua.E.Dirth@DOS.NH.GOV.

Tanger Outlets celebrates families with Touch-A-Truck Back-to-School Bash presented by Hannaford Aug. 16

TILTON — Tanger Outlets Tilton invites shoppers to kick off the start of the school season in style with its Touch-A-Truck Back-to-School Bash, presented by Hannaford, on Friday, Aug. 16. While shopping the latest looks and best deals from top brands including Polo Ralph Lauren, GAP, Old Navy, Skechers, OshKosh B'Gosh and Carter's, families can celebrate with an array of fun-filled activities, truck displays, games, giveaways, face painting, Kona Ice, the University of New Hampshire Stem Mobile, an evidence

van from the New Hampshire State Police Major Crime Unit and more.

Tanger's dynamic mix of leading brands and local shops showcases the latest trends and classic styles for students of all ages to put their best foot forward in the classroom – all at unmatched value. TangerClub adds even more savings with exclusive deals for members, including the Back-to-School TangerStyle offering, available Aug. 1 - 25. For a complete list of sale offerings, please visit tanger.com/tilton/deals.

The return of the roar of the crowd

After two “quiet” Olympics, rugby kicks off Paris with lively fans in the stands

BY JOSHUA SPAULDING
Sports Editor

PARIS, France — The first competitions of the Paris Olympics took place days before the opening ceremonies, as both soccer and rugby kicked off on Wednesday, July 24. Rugby took place at the Stade de France, the stadium that is scheduled to host the Closing Ceremonies and track later in the Olympics, while soccer took place in different stadiums around the country.

The US men were competing in soccer and rugby on Wednes-

day, both against host France. Since the soccer match was taking place in Marseille, which is a two-hour train ride from Paris, I elected for rugby to kick off my fifth Olympics.

I saw a little rugby during my trip to the Tokyo Olympics three years ago and I was excited to see it again, as it is a sport I don't get to see every day in my normal travels.

But there was one thing I hadn't really thought about, one thing that hadn't really crossed my mind until

I showed up at the Stade de France as a huge crowd of spectators traversed down the street toward the stadium. The fact is, I hadn't seen an Olympic competition with any significant number of fans in the stadium since PyeongChang in 2018.

The COVID-delayed Tokyo Summer Olympics in 2021 and the Beijing Winter Olympics in 2022 were both contested in front of sparse, if any, crowds, with organizers doing their best to keep COVID under



Stade de France hosted rugby in the days leading up to the Paris Olympics Opening Ceremonies.

SEE ROAR, PAGE A9

Around and About Tilton

BY GREGG DEVOLDER

Hello, and welcome back. It's hard to believe that as you read this, we're only one month and a couple of days away from school starting back up. How quickly the summer skips by, unless of course, the kids are driving you crazy at home. The Selectmen's meeting was a busy night with an opening discussion on the town lot on High Street that was to be auctioned off last week. The town received a signed petition from residents asking to reconsider the auction. There were a number of folks at the meeting asking that the lot remain as a green space. The back taxes on the lot are considerable, approximately \$35,000 and even the bank is still owed funds. Of course, none of this can be recovered until the lot is sold, so it makes for a difficult decision. In the end, the board decided to cancel the auction at a cost of approximately \$2,600 in cancelation and auction fees.

Our Town Clerk and Moderator both met with the board for a request for funding of new "Tabulator" machines for our elections. Seems the State is asking cities and towns to move to an updated, digitized system allowing for greater security and faster compilation. Grant funding by the state of 50% of the purchase is available and their request of \$3,500 was approved.

There was a nice send off for Scott Ruggles as it was his last meeting before his move out of state. He shared his reflections of living in town for over 24 years, and his hope that some of our town's younger folks would become more active in the town's affairs. For those of you who would like to get involved, the Selectmen are taking "Letters of Interest" for his board position until August 15th. The board has the option to wait until elections in March or appoint someone to fill the position until then. So, if you're interested, get your letter to town hall.

For those of you that celebrate Halloween year round, you'll be happy to hear that Saturday, Oct. 26 will be the Main Street event. If you've walked into any of the big box stores lately you've probably seen the Halloween displays out already. I had no idea we needed three months' time to buy this stuff!

Sadly, there's been more vandalism at the bathrooms at River Front Park. This time with broken plumbing creating quite a mess. The board is considering a number of options to deal with this. It really is too bad for such a lovely area.

It was mentioned that the crosswalk lights for Main Street will be coming soon. I think we can all agree they can't get here soon enough. Speaking of lights, have you noticed the stop light to the Tanger Outlets and BJ's turning green for a few seconds and then back to red, allowing two or three cars to go through? There seems to be a few lights along this corridor that are out of sync and Chief Gilman is working with the state to get them fixed.

There was a public hearing on the downtown sidewalk policy with a number of business folks attending and sharing their thoughts and ideas. The biggest concern was maintaining a three foot wide, clear walkway, for walkers and wheelchairs to pass freely. The other was to ensure items were removed each evening. There was also a discussion about the speed of vehicles going through town and the board will be asking the state if they will lower the speed limit from 25 mph to 20 mph. Fingers crossed, it took nearly ten years for the state to lower it last time.

It looks like we have a new Land Use Technician starting soon and it sounds like we're getting closer to a Town Administrator. I'm sure this will be a relief for Tim Pearson, our Finance/IT Director and Interim Administrator. I can only imagine the hours he's putting in these days. Thank you, Tim.

In case you missed the last regional household hazardous waste collection, fear not, there's another one coming up Aug. 3 from 8:30 a.m. to noon, at the Moultonborough Highway Garage, 68 Hwy Garage Rd. and Bristol, Newfound Regional High School.

Lastly, the town's assessor will be meeting with the Selectmen during their regularly scheduled meeting on Thursday, Aug. 1. I imagine this will be a very interesting meeting.

Well, that's all I have for now. Thank you for reading and all your comments! As always, you can email me at: aroundandabouttiltonnh@gmail.com. I can't promise I'll respond to everyone, but I will read them all.

Have a great week!

Bank of New Hampshire announces promotion of Tabitha Gerry to Banking Systems Officer



Tabitha Gerry

GILFORD — Bank of New Hampshire is proud to announce the promotion of Tabitha Gerry to the position of Banking Systems Officer. With more than 15 years of experience in the banking industry, Gerry brings a wealth of knowledge and expertise to her new role.

Since joining Bank of New Hampshire in 2022, Gerry has demonstrated exceptional leadership and technical skills, significantly contributing to the Bank's operational efficiencies and techno-

logical advancements. In her new role as Banking Systems Officer, she will oversee a team of Systems Analysts and coordinate with various departments to meet their technology needs. She will lead projects aimed at upgrading and implementing new systems, ensuring efficient operations and improved departmental processes, all while providing critical support for various banking systems.

"We are thrilled to have Tab step into this important role," said Cheri Caruso, Executive Vice President - Chief Technology, Digital Banking & Operations Officer for Bank of New Hampshire. "During her time here, Tab's extensive banking background, coupled with her dedication, expertise and leadership, have

been invaluable to the BNH team. We are confident that she will continue to drive innovation and efficiency in our banking systems."

Gerry holds an Associate's degree from NHTI, and has completed advanced banking courses at the Northern New England School of Banking and the New England School for Financial Studies. She is also an active member of the UnitiEast committee board, where she helps organize annual training and conferences focused on banking software.

Bank of New Hampshire is happy to have Gerry in this role on our team as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while

assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2.5 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH.Bank.

Taylor Laro promoted to Assistant Vice President – Marketing & Customer Experience Officer at Bank of NH



Taylor Laro

LACONIA — Bank of New Hampshire is proud to announce the promotion of Taylor Laro to Assistant Vice President – Marketing & Customer Experience Officer. Taylor brings extensive experience in bank marketing to this role, where she will leverage her valuable insights and skills to elevate the Bank's customer experience and brand presence.

Laro joined Bank of New Hampshire in March 2020 as Marketing & Digital Media Specialist and has steadily advanced through the organization. Her con-

tributions to expanding the Bank's marketing reach, streamlining department operations and establishing a robust Customer Experience program have been instrumental to BNH's success. In her new role as AVP – Marketing & Customer Experience Officer, she will be responsible for enhancing customer satisfaction and loyalty, developing and executing innovative marketing campaigns and fostering cross-departmental collaboration to optimize customer experiences. She will also manage the day-to-day operations of the Marketing team.

"Taylor's exceptional skills and dedication have been instrumental in our marketing successes," said Tiffany Baert, Vice President – Marketing Officer for Bank of New Hampshire. "In this new role, Taylor will oversee the

operations of our dynamic marketing team, driving innovation and ensuring unparalleled customer experiences. We are confident that Taylor's leadership will propel us to new heights, reinforcing our commitment to excellence and customer satisfaction."

Laro holds a Bachelor of Arts degree from Saint Anselm College and is a graduate of the New England School for Financial Studies, Northern New England School of Banking and Leadership Lakes Region. She has earned ABA Certificates in Principles of Banking, Marketing Financial Services and Bank Marketing. Actively engaged in the community, Taylor serves on the board of the Lakes Region Chamber.

Bank of New Hampshire is excited to have Taylor in this role on our team as we aspire to

remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2.5 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH.Bank.

NH Boat Museum to feature artist Lucy Merrow in August



of the Mount Washington Valley Arts Association and the Governor Wentworth Arts Council. Her medium is oil and canvas, and her art is inspired by nature. She paints landscapes, buildings, and scenes from the Lake Winnipe-

saukee area.

"Our Featured Artist Series is a collaboration with the local arts community and artists like Lucy who honor the rich history of creativity inspired by the natural beauty in our state," add-

ed Cummings.

Founded in 1992 by vintage and classic boating enthusiasts, NHBM offers dynamic exhibits and engaging programs and events tailored to the diverse boating lifestyles and values of people of all ages. NHBM is sponsored in part by Belletetes, Eastern Propane & Oil, Epoxy Floor New England, Goodhue Boat Company, Kingswood Press and Design Studio, KW Coastal, Lake and Mountains, North Water Marine, and Taylor Community.

To learn more about NHBM, or become a member, visit nhbm.org.

Merrow is a member

New Hampshire Heritage Museum Trail expands with addition of Boat Museum

MOULTONBOROUGH — One of nearly two-dozen member institutions on the New Hampshire Heritage Museum Trail, the New Hampshire Boat Museum (NHBM) recently opened a new campus in Moultonborough.

Trail President Jeff Barraclough expressed excitement about The Trail's newest addition.

"It's fantastic to see our member institutions expanding," he said. "I believe the New Hampshire Boat Museum's new facility will become a preeminent destination for visitors from across the region...This

is an important development for The Trail."

At the new campus, which features a "light and bright" 24,000 square-foot building, visitors will experience a "museum in the making," according to NHBM Executive Director Martha Cummings.

"It's a chance to glimpse into our future," she said. "This is a huge and exciting project, and we want the public to be a part of the process."

When complete, the new facility will feature exhibits that showcase boat building, speed and sport, and a variety of



MVSB's Brittany Hodge graduates from NH Housing Homeownership Fellows Program



COURTESY

Brittany Hodge (left), MVSB Mortgage Loan Officer, NMLS# 2387835 - 2023/24 New Hampshire Housing Homeownership Fellow Graduate.

MEREDITH — MVSB (Meredith Village Savings Bank) is proud to announce that Brittany Hodge, Mortgage Loan Officer, NMLS# 2387835, has graduated from the 2023-2024 New Hampshire Housing Homeownership Fellows program.

Just ten New Hampshire homebuying professionals are chosen each year to participate in this program, which gives fellows the opportunity to explore the mortgage finance system and participate in workshops about housing and public policy, housing and economic development, state government issues and New Hampshire Housing's homeownership programs.

"Brittany truly cares about helping local people and families achieve homeownership and she has worked extremely hard this past year to deepen her understanding of residential lending and affordable housing options through this wonderful program," said Charlie Dowd, Vice President Residential Mortgage Sales, NMLS# 737415. "Her experience as a fellow will give our customers added exper-

tise and support as they navigate the home buying process with her."

Hodge joined MVSB in 2022 and serves customers in the Mount Washington Valley and surrounding communities with their mortgage lending needs. She volunteers her time with the Mount Washington Valley Housing Coalition and serves president of the Parent Teacher Organization in Conway. She has an Associate Degree in Business Management from Lakes Region Community College.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank,

MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

styles and types of boats powered by wind, steam, gas, and paddles. Featuring interactives that allow visitors to literally touch history, exhibits will also peel back the various sociological and cultural layers that surround boating (and its history).

According to Cummings, the new campus strengthens NHBM's mission.

"Our ability to preserve history and celebrate boating, the outdoors, and lake life is enhanced with this state-of-the-art campus," she said. "We are so excited to develop and share sto-

ries about the incredibly diverse history of the state's boating culture, which belongs to everyone."

In celebration of the new campus, admission is free to NHBM's Moultonborough Campus in 2024.


"We want everyone to experience the beauty of this place," added Cummings.

Founded in 1992 by vintage and classic boat-

ing enthusiasts, NHBM offers dynamic exhibits and engaging programs and events tailored to the diverse boating lifestyles and values of people of all ages. To learn more about NHBM, visit nhbm.org.

In addition to NHBM in Moultonborough, member institutions on The Trail are located in New Hampshire's Lakes Region, Merrimack Valley, and Seacoast. To learn more, visit nhmuseumtrail.org.

Wonderful Things
Come In Small Packages...



Old Man Pendant from \$35

especially if they're from
Alan F. Soule Jewelers
286-8649
422 W. Main St.
Tilton, NH
(across from Winnisquam HS)

AS_{SE} Gold • Sterling • Diamonds
Colored Stones • Repairs
Custom & Handcrafted Items
Wedding & Family Jewelry

For Advertising Information
Call
603-279-4516
email: Tracy@salmonpress.news

Arts & Crafts Festival
Aug 9-11
Fri 10-5
Sat 10-5
Sun 10-4

Chainsaw Demo
Live Music:
North River **110+ Exhibitors**

DeWolf Field, Brewster Acad.
80 Academy Drive, Wolfeboro NH
www.joycescraftshows.com • (603) 387-1510
Benefits Brewster Acad. Scholarships

SEND US YOUR NEWS!!!

Email Us @

news@salmonpress.news



LEGACY STRATEGIES, PLLC
EXPERIENCE MATTERS

*We provide the tools to pass on
your property
and your wisdom
to the ones you love.*



Attorney Ora Schwartzberg, CEO

572 Tenney Mountain Hwy, Plymouth, NH 03264
603-536-2700 | www.NHLAWYER.NET
ora@Legacy-strategies.us

Plymouth Town Wide Yard Sale

Saturday, September 7

Vendors and Sponsors wanted

Register by August 22 to be on the map at

Bridge House or

<https://tinyurl.com/tbhyardsale>

Sponsors contact sheila@coppertoppe.com

Opinion

Beyond memes and headlines — the imperative of informed voting

In an age where social media dominates the landscape of information dissemination, it's too easy to fall into the trap of making decisions based on quick headlines and catchy memes. However, the upcoming election is of such paramount importance that it demands a deeper level of engagement from every voter. The stakes have never been higher, with one candidate making unprecedented claims that, if elected, no one will ever have to vote again because they'll have it "fixed real good." On the other side, a candidate is fiercely advocating for the preservation of American freedoms. This is a critical moment in our history, and we must take it seriously.

The rhetoric of patriotism and freedom has been used by both sides, often skewed and manipulated to serve political agendas. However, we must look beyond these slogans and closely examine what the candidates are truly saying. The promise of never having to vote again is a direct threat to the core of our democracy. Imagine if the Democratic nominee made such a statement—there would be widespread outrage. Yet, when the Republican candidate makes this claim, it is somehow normalized. This normalization is dangerous and undermines the very foundation of our democratic process.

Democracy is built on the right to vote. It is the cornerstone of our political system and the means through which we, the people, hold our leaders accountable. Any suggestion that this right could be taken away should be met with fierce resistance. It is not just a political issue; it is an existential threat to the values upon which our nation was founded. When a candidate threatens to erode this right, it is a call to action for all citizens to rise above party lines and defend the principles of democracy.

In this election, more than ever, we must be vigilant and well-informed. It is not enough to rely on snippets of information from social media. We must delve into the policies and promises of each candidate, understanding their implications for our future. We must listen to what they say and, more importantly, believe them. Their words and actions are a reflection of their intentions, and we must take them at face value.

The narrative that one side is the sole defender of patriotism and freedom is a distortion. In reality, the fight to maintain government out of our personal decisions and to preserve our freedoms is being waged by those who are committed to upholding democratic values. The threat to our democracy is real and immediate. If we are to preserve the freedoms we hold dear, we must act now.

For those who are still uncertain about the gravity of the situation, I urge you to do your research. Look beyond the memes and headlines. Seek out reliable sources of information and educate yourself on the stakes of this election. Understand that democracy is a fragile system that requires our active participation and protection.

This election is a defining moment in our history. The choice we make will determine the future of our democracy. We cannot afford to be complacent or misinformed. We must take the candidates at their word, understand the implications of their promises, and vote to protect our democratic rights. This is not just another election. Do not be fooled by party lines or catchy slogans. Believe in the power of your vote and use it to safeguard the principles of freedom and democracy.

Letter submission policy

Letters to the Editor must include the author's name, address, and a day-time phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



COURTESY

LRAA announces July Artists of the Month

LRAA members have the opportunity to enter a piece of artwork into the Artist of the Month Program at each monthly Member Meeting. Winners are able to display and sell a single work for a month in various public venues throughout the Lakes Region in participating Banks and Libraries or Local Businesses. Our July Artists of the Month are, from left to right — Back Row: Sally Hibberd, James Cryan, Sherwood Frazier. Front Row: Pat Anderson, Fay Lee. These Winning Artists' artwork will be on display in locations in the Lakes Region until Aug. 19. Fay Lee, this month's First Place winner, has the distinct honor of displaying several pieces of her artwork at Annie's Cafe & Catering in Laconia. Warm up with some scrumptious homemade soup and sandwiches and enjoy the art while you eat. The art pieces for the Honorable Mention artist will be on display through the third week of August in the following locations: Sherwood Frazier- Northway, Tilton; James Cryan - Gilford Library; Sally Hibberd - Laconia Public Library; Pat Anderson - Franklin Savings, Gilford.

Consistency

Pursuing a dream can be very challenging. If you're like most people, unless you have financial backing, you're probably juggling a day job, a night job, taking care of a family, and then pursuing your dream.

Once you decide to pursue your dream, it's often easy to get started because, at this early stage, you have all the motivation. You're convinced of success and can see a future where your hard work pays off in a big way. You picture the people you'll help, the industry you'll revolutionize, and the competitors you'll surpass. This vision fuels your enthusiasm and propels you forward with energy and optimism.

But once you've laid the foundations, you may see flaws. Things may go differently than planned. You'll undoubtedly encounter many roadblocks. You might feel you've tried so hard for so long that you need a break.

Days turn to weeks and weeks into months, but suddenly, you remember your dream, get a burst of inspiration, and go at it again. You start getting some results, but there's still a long way to go. You

work your socks off for a while, doing those 16-hour days and making sacrifices, but then life gets in the way. Family obligations may arise, your day job demands more time, and you may put your dream on hold again, still unwilling to let it go.

Maybe you have a friend, acquaintance, or even family member who pursued their dream, and you're in awe of how far they have gotten.

Out of frustration, you pick up the phone and give them a call, all while wondering how on earth they've managed to make it all work.

Luckily, they answered your call and gave you 30 minutes of their time. They ask you a series of questions, and you give them all the answers, detailing the ups and downs and the starts and stops.

Suddenly, you hear their Aha moment. They have an answer, and as you eagerly await, they say, "My friend, it seems you've got a consistency problem," and it hits you like a bolt of lightning. Consistency!

The word reverberates as you think of all the times you started and stopped.

Your friend says that they, too, had the same problem, and one day decided to work on their dream every single day, even if it was just half an hour or one small task. They never took a break; they just kept churning.

It's not about large bursts of effort but small, persistent, daily efforts. You set tiny goals that you know are achievable, and you keep doing them daily. You realize that consistency is one of the most potent ingredients for turning your dreams into reality.

As the days turn into weeks and the weeks into months, you start to see progress. Your business begins to grow steadily. The challenges stay, but your consistent efforts help you navigate them better. You find that consistency builds momentum, and momentum keeps you moving forward.

What are some things that will make you inconsistent? Drugs and alcohol are certainly significant factors. While some people claim substances like marijuana or alcohol make them more productive, over time, they often find the opposite to be true. When they quit, their productivity usual-

ly improves significantly.

Other things that can lead to inconsistency include procrastination, which creates a cycle of stress and rushed work, and lack of sleep, which severely impacts focus and energy levels.

Poor time management without a clear plan or schedule can lead to distractions and overwhelm. A negative mindset, filled with self-doubt and pessimism, can sap motivation.

Unhealthy relationships can drain your energy and focus, pulling you away from productive habits. Constant distractions from social media, emails, or a noisy environment can also break your flow and hinder consistent progress.

Ultimately, you learn that consistency is not just a habit; it's a powerful force that transforms aspirations into achievements. It's the difference between those who succeed and those who don't.

Dedicate yourself to your dream every single day. Let consistency be the engine that propels you toward your goals and turns your aspirations into reality.

POSITIVELY
SPEAKING

TOBY
MOORE

Winnisquam Echo

TO PLACE AN AD:
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(603) 279-4516 x303
kerri@salmonpress.news

TO PRINT AN OBITUARY:
E-MAIL: obituaries@salmonpress.news
CALL: 603-677-9084

TO SUBMIT A LETTER
TO THE EDITOR:
E-MAIL: brendan@salmonpress.news

THE WINNISQUAM ECHO
PUBLISHED BY
SALMON PRESS

PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

USPS 024-975
The Winnisquam Echo is published weekly
by Salmon Press, P.O. Box 729, 5 Water
St., Meredith, NH 03253. Periodicals
postage paid at Meredith, NH 03253.
POSTMASTER:
Send address changes to the Winnisquam
Echo, P.O. Box 729, Meredith, NH 03253.

PETS OF THE WEEK

Zeke

Meet Zeke!
He is a lovable hound with a friendly disposition! Zeke absolutely adores being around adults and feels most confident when he's with his human friends. His sweet and social nature shines brightest when he has his favorite people by his side.
We think Zeke would thrive most in an adult only home as lots of loud noises or constant zooming of young kids may be stressful. Don't worry - your home will be filled with lots of hound dog personality AND his beautiful hound dog voice!



Dolly

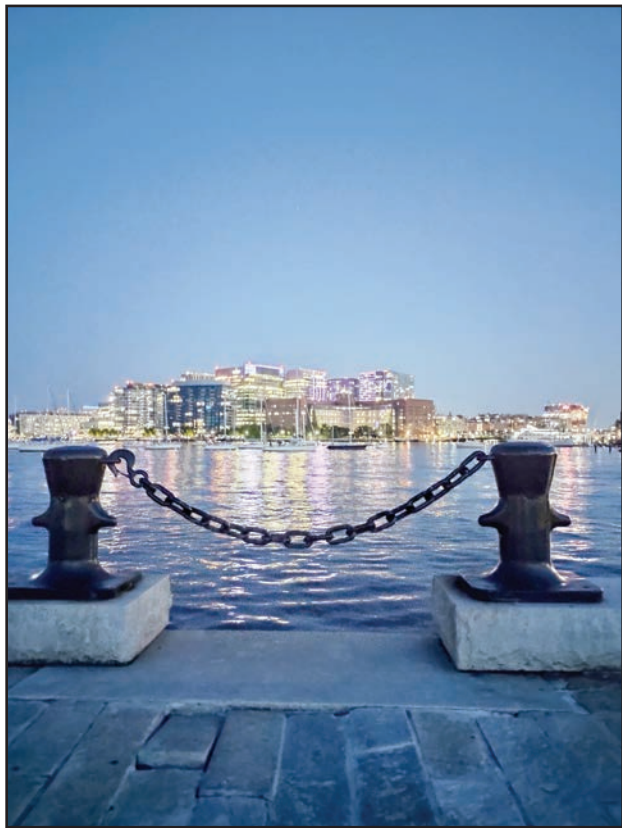
Meet Dolly!
Dolly is a sassy little ball of fur. She likes to be brushed and will sit in your lap of her own volition. She does not enjoy being carried or picked up so might do better with older children than young. She has fostered with other cats, has been around dogs and can hold her own with their curiosity. Her purr can be heard across the room when she is happy. She may take a little bit of time to adjust to a new environment, but once she does she can be very playful.

 **NH Humane Society**
Over a century of love for those without a voice.

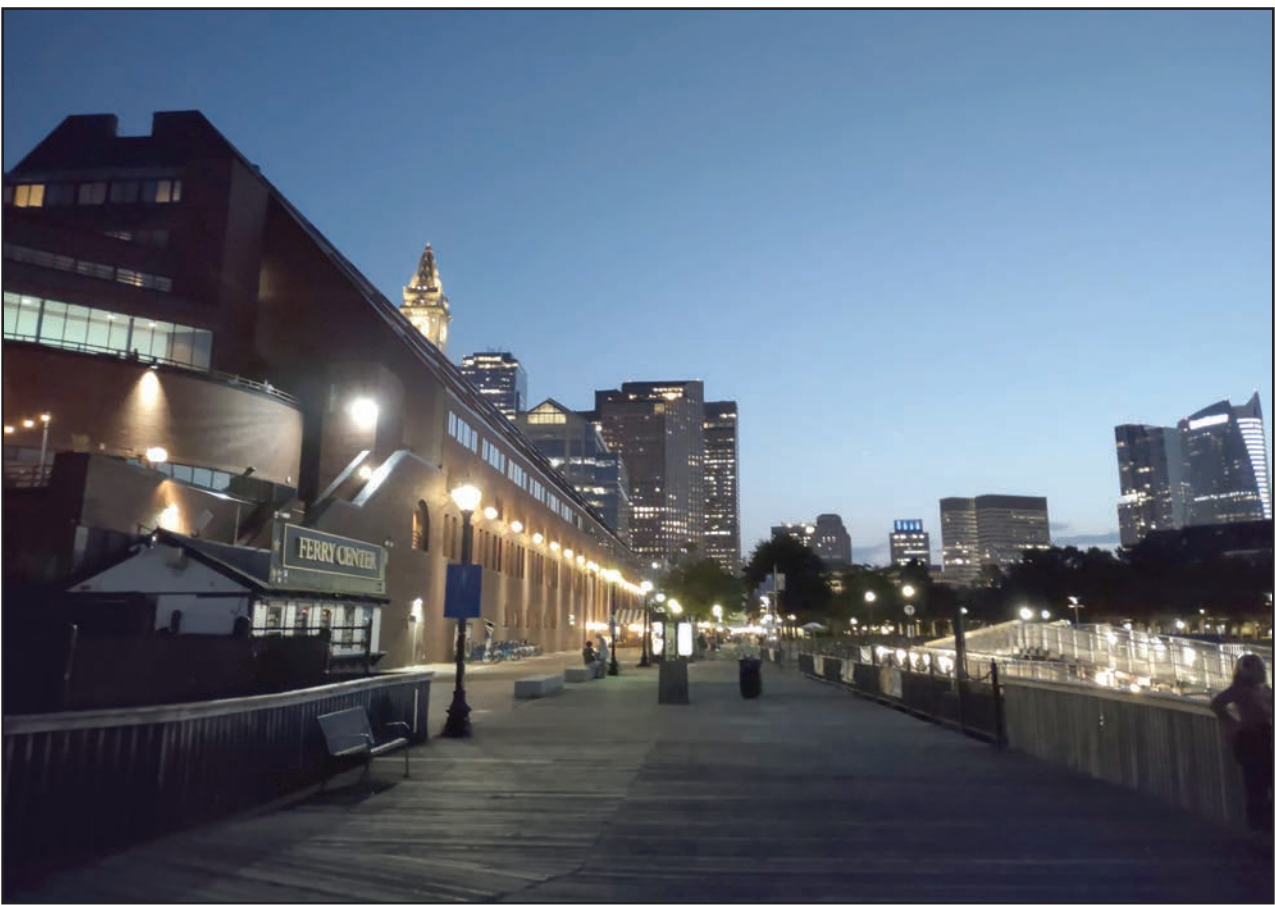
1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

GOING OUT OF TOWN

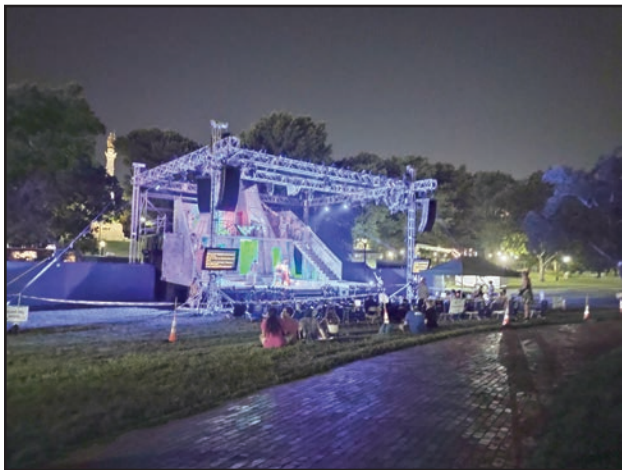
From hot streets to a cool harbor walk:
A hot summer day in Boston



PHOTOS BY ERIN PLUMMER
A hot summer night in Boston looking out at the Seaport from the Custom House Block on a hot summer night.



Going down the Harborwalk past the Marriot Long Wharf.



The Commonwealth Shakespeare Company presents "A Winter's Tale" in Boston Common.

BY ERIN PLUMMER
mnews@salmonpress.news

I have found that being in downtown Boston on a day of high heat can be kind of a gamble. High temperatures can make the city feel like an oven, but it is the land of a thousand air conditioners. On the Sunday afternoon when I wanted to escape my hot apartment for someplace else, I knew I was rolling the dice on potentially entering another even hotter space, but it was a gamble that paid off with a warm evening with gorgeous views of the Waterfront at night, some delicious street food, and even a little Shakespeare in the Common.

In the exactly 15 years that I have been taking regular hikes around downtown Boston, I have experience most every form of weather and how it interacts with the environment. Unsurprisingly high heat does not play well with a major city. The ground is all concrete and asphalt and all around you are tall buildings from brick and concrete to skyscrapers of metal and glass. If you find yourself in a highly concentrated area of buildings, the heat effect is brutal, and the city just feels like walking through a kiln. That's not even mentioning the underground T stations which are only cooled by industrial fans that just push the heat around.

At the same time, you are in an area surrounded by tourist spots that are fully air conditioned. Get too hot and you can pop into Quincy Market, the Prudential Center, or any place else. Even though the T stations aren't air conditioned, the trains are for the most

part.

This was the gamble I took on a particularly hot Sunday afternoon. My apartment doesn't do great in high heat, I have a few window air conditioners, but during certain times of day they can only do so much. It was also a deadline day too so the thought of just sitting at home and sweating while trying to get some work done held little appeal.

I pondered the best course of action to take and found myself feeling adventurous. I headed to Boston, but did so with a few strategies on how to deal with the heat.

The very act of being in a car for a few hours with the AC blasting is one way to deal with the heat. I also made a point to avoid the T and parked in the Common garage, which is a little cheaper after a certain hour. I intended to go to the Prudential Center where I could just pick up a seat and get my work done, though at the time the temperature was dropping slightly, and I was up for more movement.

I decided to walk from the common to the Back Bay and take my chances with the T in case it got too hot. It was in fact warm but not horrible, though the back of my backpack got nicely soaked in sweat.

I did make a stop at one of my favorite food carts in the Common that sells huge arepas (corn cakes sandwiching cheese) and empanadas (savory folded pastries with different fillings, in this case beef). I picked up one of each along with a cold iced tea, putting away the bag for a picnic later. I made the trek through the Public Garden and then found myself on Newbury Street.

To my delight I found that Newbury Street was closed to traffic as part of the city's weekly Open Streets program in the summer. I've been to Newbury Street during Open Streets and it's a fun place to be, though that only applies when the temperature is below 85 degrees. As much as I wanted to hang out and check out the art vendors, the heat was now becoming annoying and I made my walk down the side streets to get to the Prudential Center.

The Prudential Center is one of the best places to be on a hot day even with the crowds. I walked out of the hot, sunny area to be greeted by lovely AC. If I have a free afternoon and need

to get some writing done, the Pru is one of my go-to places to bring my laptop. It's a building that's mostly open all day with a lot of open seating right, free and mostly reliable WIFI, and to plenty of drink and snack places. I got myself a lemonade form Dunks and parked in a side hallway to get my stuff done.

A few hours later, my work was done, and I was sufficiently cooled off from earlier. Now I was ready for another part of this journey I had been looking forward to for a while. I walked through Copley Place and went down to the Back Bay T stop, one that has a lot of open air so not as much of an oven. I took a train to State Street, got to the street and made a few crossings, then the sky tinged in twilight hung in front of me over a wide bay bordered by twinkling lights. I couldn't go home on this trip without an evening stop at the Waterfront and savor the sea breeze and all the brightly lit skyscrapers.

I started at Christopher Columbus Park and found a little picnic

table by Long Wharf to enjoyed that arepa, empanada, and bottle of Snapple I got earlier. As I hoped the air was cooling off and the breeze was gorgeous plus all the people watching. I savored my little dinner and the whole atmosphere until finally walking on.


I walked along the Harborwalk and found my way to the end of the wharf at the Custom House Block where I was surrounded by some lovely views. Across the harbor were the lights of the Seaport District. Right next door was Logan Airport and all the planes taking off and landing against the night sky. The water was all around with boats of all sizes cruising by. I also got there around the same time as a big ferry from Provincetown landed in Boston and so many people poured through the harbor in colorful clothes.

It was a perfect moment to stand in one spot and take in the cool breeze, the lights of the nearby buildings, the reflections on the water, and the vast sky over everything.

It was such a peaceful moment.

I finally pulled myself away from this urban beauty and decided it was a good time to walk back into the Common and get my car. By now the air was much cooler, but still with that summer warmth. I passed through the crowds in Quincy Market, found my way through Downtown Crossing, and was back at the Common. I walked down the speaking paths toward the entrance to the garage and found myself walking right by Shakespeare in the Park. During the summer, the Commonwealth Shakespeare Company puts on a free show in the Common, this year their production is "A Winter's Tale." I stopped for a moment to see some of the show, but soon home was calling and I got back to my parking lot.

I went home a bit sweatiier, but happy for such a lovely evening trip. Going to Boston on a hot day can be a gamble, but this one worked with some great moments and great memories.



NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

Stone Wall Repair

Fieldstone/Granite
35 years experience

Tony Luongo

603-707-2727

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING

PUMP SYSTEMS

FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037



SEEKING
EXCAVATOR OPERATORS
GPS EXPERIENCE DESIRED BUT NOT NECESSARY
(603) 279-4444 or email tracy@ambrosebros.com
Route 3 • Meredith, NH 03253

Hire A Professional Who Is Properly Insured

- Shingles
- Metal Shingles
- Copper
- Standing Seam Metal Roofs

Mention This Ad!
Ask About Our Special Offers!

10 YEAR
LABOR WARRANTY

Financing Available

We do it right the first time.

DWIGHT
& SONS, INC.

The **ROOFING**
Experts!

Instant Roof Quote!

TEXT or CALL
603-766-3377

www.603Roofers.com

A busy first week as Paris Olympics get under way



JOSHUA SPAULDING

Getting the chance to see Versailles was definitely on my list of what I wanted to do in Paris and I checked it off the list on the first weekend.

The fifth Olympic experience in a decade (hard to believe) is off and running in Paris and there's been some ups and downs in the first week in the City of Light.

On the plus side, the travel to Paris went smoothly, my luggage arrived with me and despite a bit of a wait in the airport, I got to my hotel last Tuesday evening. I also found my way to the train the next morning and found that the train runs directly to the Main Press Center. On the negative side, in addition to the long wait at the airport, my hotel room is incredibly small, in fact there is barely room for me to turn around. And if I thought the room was small, the bathroom is even tinier. Additionally, there's no air conditioning, though the window does open and I brought a small fan. However, to me it doesn't really matter how big the room is, as I am not there very much.

The first full day in Paris I spent getting acquainted with the Main Press Center, which is located on the upper floors of the Palais de Congress, which is basically a large convention center with stores, restaurants and more on the bottom two floors. I also made a trip to the location of the Closing Ceremony, Stade de France, to watch some rugby, including the United States men

SPORTING CHANCE



By JOSHUA SPAULDING

playing to a tie in their Olympic opener.

On Thursday morning, I got on another bus and headed to Invalides, where they are holding the archery events. This is a sport I didn't see in Tokyo three years ago so I wanted to catch a little and also wanted to see Invalides, which is impressive. After the archery, I went to the handball venue for an interesting experience with a pretty cool new sport (see separate story).

Friday brought the Opening Ceremony (see separate story) and the first full day of Olympic action the next day started with a trip to badminton match, a couple of train rides to the swimming venue to see Katie Ledecky win her 400 freestyle heat. After a train ride and a bus ride, I got to the water polo venue to watch the defending champion US women win their opener and then got on a couple more buses to make my way to the field hockey pitch, which is at the stadium that hosted the 1924 Opening Ceremony. It was a full day for sure, but given the transportation in Tokyo, it probably would've been impossible to see so many things in one day.

Sunday was a day of public transportation travels, which is still a little weird for me. I boarded a train (and another train) to Versailles.

There was an equestrian event going on, but I was more interested in just walking around the grounds of the palace, which was absolutely incredible. Getting out of the competition area was a bit of a challenge, but there was so much to see and Versailles as a village is quite nice as well. From there I took another two trains to the paddling venue to see whitewater kayaking. This was a bit of a disappointment, as when I got there the press tribune (area where press sit at the event) was full and I needed to get writing done (including this piece). I watched a few paddlers make their way down the course then went to the media center and got my writing done. I was also planning on heading to beach volleyball at the Eiffel Tower to close the night.

For updates on the trip, follow the blog at salmonsportsguy.blogspot.com or on social media (X and Instagram) at SalmonSportsGuy as there are multiple updates a day out there to see.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Join LPC for a "Loon Cam Recap"

MOULTONBOROUGH — On Thursday, Aug. 1, join the Loon Preservation Committee as LPC Loon Cam operator, Bill Gassman, will talk about the 2024 Loon Cam season, including unique photos from 24/7 footage, and fascinating observations and anecdotes. Bill will also discuss how the Loon Cam works and the challenges of installation and operation.

Held at The Loon Center in Moultonborough, the Summer Nature Talks are presented every Thursday evening at 7 p.m. during the months of July and August. All programs are free admission. For more than 40 years, the Loon Preservation Committee has worked to preserve the common loon and its habitat in New Hampshire through monitoring, research, education, and management activities.

Next Thursday, August 8th, when Glenn Knoblock discusses his new book "Loons of New Hampshire"

Directions to The Loon Center: From Route 25 in Moultonborough, turn onto Blake Road at the Central School. Go one mile to the end and turn right onto Lee's Mill Road. The Loon Center will be on your left! For more information, call the Loon Center at (603) 476-5666.

To see the full 2024 nature talks schedule, please visit www.loon.org.

NOW AVAILABLE

RESIDENTIAL / COMMERCIAL

5 Water Street, Meredith, NH

Once home to the historic Meredith News. 5 Water Street, Meredith, NH, is now available with 6,670 SF+/- of heated and cooled space, located in the central business district, allowing flexible use for residential & commercial ventures. Three-phase electric, interior front & back Stairs, fire suppression system, hard wired smoke detectors, emergency lighting, high speed internet, town water & sewer, loading dock, & furniture included.

Call Linda Matheson to view 603.348.3764

Badger, Peabody, Smith Realty
603.823.5700
383 Main St, Franconia, NH 03580

Badger Peabody & Smith REALTY

HAPPY BIRTHDAY!

Don't forget... it's time to have your

CAR INSPECTED

If your birthday is in August
your car inspection is due by:

8/31/24

RELIABLE AUTO SERVICE

Sanborn Auto Repair

HOME OF SPARKY AND BUSTER
TUNE-UPS – EXHAUST – BRAKES
ROAD SERVICE – STATE INSPECTION

316 COURT ST.
LACONIA, N.H.

PHONE
(603) 524-9798

DOG DAYS OF SUMMER

Stay Safe! Stay Healthy!

Wash your hands!

Want to try a new sport? Handball just might be your thing



JOSHUA SPAULDING

South Paris Arena is home to handball at the Paris Summer Olympics.

BY JOSHUA SPAULDING
Sports Editor

PARIS, France — There were a few sports I didn't get to see in my

first Summer Olympics in Tokyo three years ago. On my second full day in Paris, I got to see two of them, but there was one

that really caught my attention.

The sport is handball and I took a unique bus ride (new driver with

coaches standing beside him, almost got in an accident and almost missed a stop) to the South Paris Arena to catch a few games of the Olympic handball tournament the day before the Opening Ceremonies, Thursday, July 25.

I had seen a little handball on television in previous Olympics, but getting the firsthand look at the game was quite impressive.

I got there in the middle of a game between Brazil and Spain, with Brazil pulling out a 29-18 win and that was followed up by a match between Korea and Germany, which was pretty much back and forth the entire time. The guy sitting next to me, who worked with Team Korea in some capacity, told me that this group of players, who had been together competing for about 16 months, had never beaten a European team. His excitement with every goal and every big save by the Korean goalie was a lot of fun to watch. In the end, Korea pulled out a 23-22 win in their opening game.

The big game of the night was the next game, as the host team from France, the defending Olympic champions, came to battle against

Hungary and after the visitors took an early lead, France rallied back and took the lead at half-time and then hung on for the 31-28 win.

For those who haven't seen handball, it is a body contact sport that features seven players per team on a 40X20 court with two goal areas and a center playing area. The goal area is a semicircle around the goal, six meters away from the goal and only the goalie is allowed to step inside the goal area. There's also a line nine meters from the goal, which is the free throw line.

Handball is played in two halves, with 30 minutes in each half, with two overtime halves of five minutes played if the game is tied at the end of regulation. Balls used in handball matches are made of leather or synthetic material and must have a spherical shape. The surface of the ball should not be shiny or slippery. Typically, there are two categories of handballs - one made of resin and one without.

Additionally, the goalie can come on and off the court in exchange for another player if he or she chooses and the goalie can also move up

the court.

Players can throw, catch, stop, push or hit the ball by using their hands, head, torso, thighs and knees. They cannot touch the ball with their feet or with any part below the knee.

As a body-contact sport, attacking strategies are encouraged in handball, while passive play leads to a warning and loss of possession for the team. Teams are not allowed to hold the ball without attempting to attack or shoot on goal and they can't repeatedly delay actions like throwoffs. This play is penalized with a free throw against the team in possession, and if no shot on goal is taken after four passes, a free throw is awarded to the opposing team. Teams are warned to give them a chance to change their attacking approach before penalties are imposed.

I freely admit I didn't know all the rules going in, but I am glad I watched a few games and saw the intense action the sport provides.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

salmonpress.com

Get Your
SUMMER SMILE!

UP TO
**\$500 OFF
Orthodontic
Treatment***
Braces or Invisalign
Call for a Free Consultation
Offer valid 7/1 – 8/31/24
Limited Appointments Available

**KENNEL
ORTHODONTICS**

Platinum Invisalign Provider 2024

KennellOrtho.com | (603)524-7404 Laconia | (603)536-7404 Plymouth | (603)444-7403 Littleton

*NOT TO BE COMBINED WITH ANY OTHER DISCOUNTS. DISCOUNT VARIES BASED ON TREATMENT OPTION. OFFER ONLY VALID ON RECORDS TAKEN DURING PROMOTIONAL PERIOD.

THE EXPERTS IN ALL THINGS PAVED

**BRYANT
PAVING**

603-279-1499

GRADING
PAVING
CRACK FILLING
SEALCOATING
REPAIRS
PLOWING

FREE ESTIMATES

WWW.BRYANTPAVING.COM

2023 Winner

**MITSUBISHI
ELECTRIC**
HEATING & AIR CONDITIONING

Summer burning
thru your wallet?

Enjoy 0%
interest for
18 months.*

**HOME
ENERGY
PRODUCTS**
Your Local HVAC Experts
for 35 Years!

170 Daniel Webster Highway
Belmont, NH 03220
603-524-2308
www.homeenergyproducts.net

**DIAMOND
CONTRACTOR
ELITE**

*Offer through Synchrony Financial. Balance must be paid in 18 months or interest will be applied.

**GET \$10 TOWARD
NEW FISHING GEAR**

**WHEN YOU TRADE IN YOUR LEAD (PB) FISHING
SINKERS OR JIGS AT PARTICIPATING SHOPS.**

WIN CASH PRIZES UP TO \$100*

FOR THE BIGGEST LEAD TACKLE TRADE-IN AT EACH PARTICIPATING SHOP. IN
THE COLLECT TO PROTECT CONTEST (THROUGH DECEMBER 31, 2024)

**PARTICIPATING SHOPS
(HOURS OF OPERATION VARY):**

2 Bros. NH Bait & Tackle 13 Mc Laren Avenue, Nashua, NH 03060 (603) 943-7276	Ray's Corner Country Store 1156 W Milan Road Milan, NH 03588 (603) 449-2236
Berry's Bait 6 Suncook Valley Road Alton, NH 03809 (603) 875-0169	Rocky's Ace Hardware 257 Newport Road New London, NH 03257 (603) 526-2800
LL Cote 7 Main Street Errol, NH 03579 (603) 482-7777	Squam Boat Livery 853 US Route 3 Holderness, NH 03245 (603) 968-7721
Lopstick Outfitters 10 Metallak Place Pittsburg, NH 03592 (603) 538-6010	The Loon Center 183 Lees Mill Road Moultonborough, NH 03254 (603) 476-5666
Newfound Sales & Trading Post 381 Lake Street, #6 Bristol, NH 03222 (603) 744-8658	The Tackle Shack (Meredith) 54 NH Route 25, Unit C Meredith, NH 03253 (603) 279-3152
North Country Angler 2988 White Mountain Highway North Conway, NH 03860 (603) 356-6000	The Tackle Shack (Newbury) 894 Route 103 Newbury, NH 03255 (603) 763-5508
Ossipee's Bait & Tackle 306 Pine River Road Effingham, NH 03882 (603) 539-3695	
Pawtuckaway Trading Post 15 Freetown Road, STE 3 Raymond, NH 03077 (603) 244-2463	

**THANK YOU FOR
HELPING PROTECT
NH LOONS FROM
LEAD POISONING!**

LOONSAFE.ORG

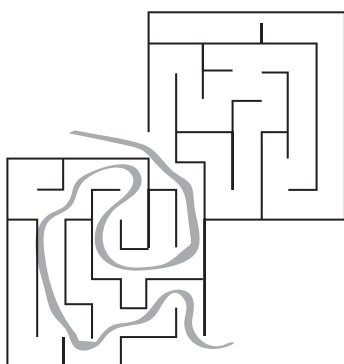
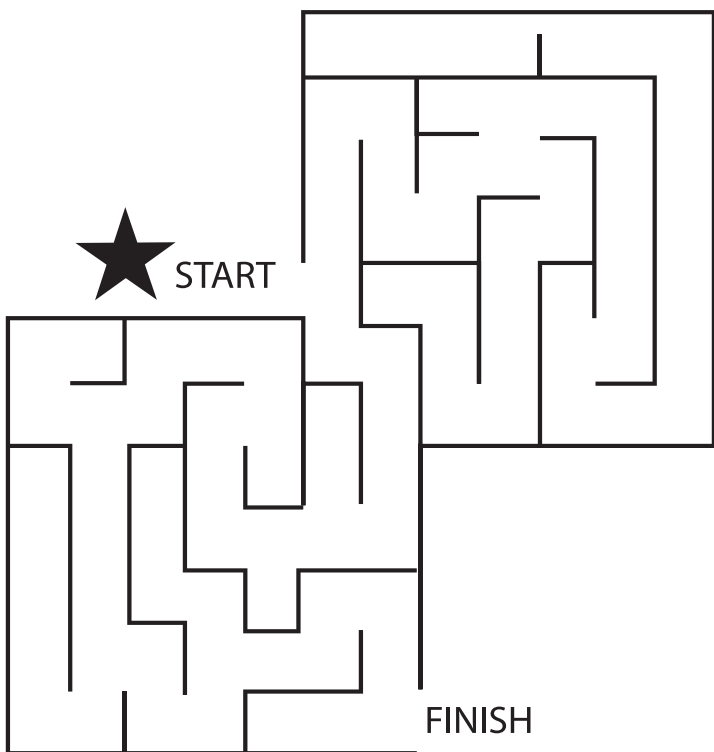
*One trade-in voucher / contest entry per customer. Other terms and conditions apply. Full contest and trade-in details, list of participating shops and disposal locations, and more at:

Funding for the buyback program and this ad is provided by the Loon Preservation Committee and by the US Fish and Wildlife Service on behalf of the Bouchard Barge 120 Buzzards Bay Oil Spill Trustees



ANSWER: SUN

Can you find your way through the maze?



- **2005:** ASTRONOMERS ANNOUNCE THEIR DISCOVERY OF THE DWARF PLANET ERI. IT IS MASSIVE AND THE SECOND-LARGEST KNOWN DWARF PLANET IN THE SOLAR SYSTEM.



**New
Word**

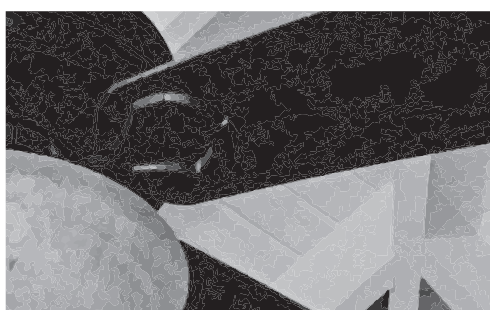
burn fiercely
or brightly

How they SAY that in...

GERMAN: Feucht

Did You Know?

GET THE PICTURE?



ANSWER: CEILING FAN

⊙ ** ☒ ☺ ☹ ~ 🌑 ♫ ✧ * ⚗ ☼ + ☸ ☶ ☱ ☲ ☳ ☴ ☵ ☶ ☷ ☾ ☿ ♂ ♀ ☞ ☜ ☝ ☞ ☛ ☹ ☽ ☰ ☱ ☲ ☳ ☴ ☵ ☶ ☷

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to fairs and carnivals.
Each number corresponds to a letter.
(Hint: 14 = **A**)

Clue: Moving attractions

Clue: Farm residents

Clue: Tart beverage

Clue: Fun activities

Answers: A. rides B. animals C. lemonade D. games

SUDOKU

	7	5	2					
8	3				1			6
			3		5			
2	6							8
		3						1
			7			6	4	
9								2
			8			1	9	
5			1				8	

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	6	1	9	3	4	8	7
3	4	7	8	2	6	1	9	5
9	8	1	4	5	7	3	6	2
1	5	8	7	3	2	6	4	9
7	9	3	6	8	4	2	5	1
2	6	4	5	1	9	7	3	8
6	1	9	3	7	5	8	2	4
8	3	2	9	4	1	5	7	6
4	7	5	2	6	8	9	1	3

ANSWER:

CEREMONY

CONTINUED FROM PAGE A1

since there was no place for us to plug in phones or computers like there is at most venues.

That being said, the ceremony itself seemed like it was pretty interesting. I didn't see the entire thing but what I saw was pretty dramatic and I think the ceremony is often done for television viewers to watch and that was more than likely the case. I know there were some reports back in the United States that the broadcast wasn't great, but I look forward to seeing it when I get back to see what I missed. And I am not 100 percent sure why Lady Gaga and Celine Dion were the featured performers, but that's for

ROAR

CONTINUED FROM PAGE A1

control amongst groups of people who worked and played close together. I remember thinking back in 2021 how weird it was to be in these huge stadiums that were basically empty.

On the plus side, we as press kind of had the run of the place and there was no need to fight any crowds getting into the venues. But it was kind of creepy to not hear any cheering. Yes, I had been through a high school winter sports season with no fans at many of the games, but this was a different level.

Today, as I got off the bus at Stade de France and had to work my way through a large throng of people looking to get into the stadium, it clicked that I hadn't real-

other people to decide.

My walk back to the Main Press Center was not great, as the route I had traveled in on got changed due to road closures and I ended up way off course through no fault of my own. And just to make it more fun, it started raining again.

I eventually made it back to my hotel, right around 2 a.m., the camera came back to life and my phone was eventually charged. It was not quite the glamorous opening ceremony that I expected, at least from my end, but it was certainly unique, in so many ways.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

ly seen this in six years. And it hit home a bit more when I got inside and there was the roar of the crowd, the roar that hadn't been there three years ago.

And when the host French team came out of the tunnel, the crowd erupted and it happened again when they took the lead over the United States.

While the game ended in a 12-12 tie, it was very clear that the winners here were the athletes, getting the chance to compete in front of a huge crowd and the fans, who were back in the Olympics after being forced out for a few years. That's a win-win.

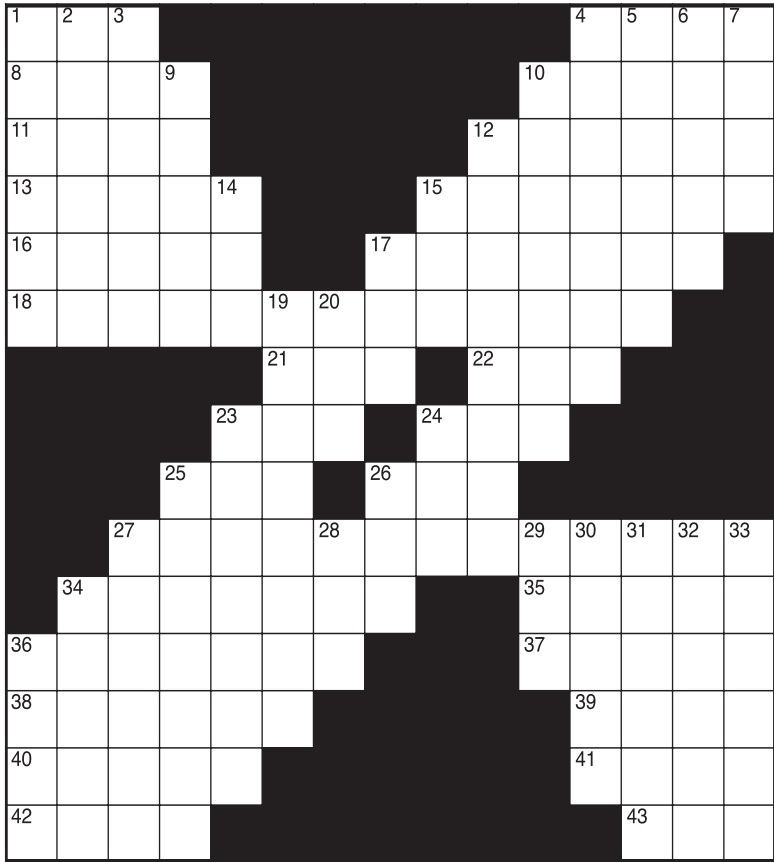
Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

For Advertising Information
Call 603-279-4516
email: Tracy@salmonpress.news



Not getting enough attention?
Call your Sales Representative Today
Tracy Lewis: 603.616.7103

TAKE A BREAK



- ACROSS**
- 1. Outsourcing (abbr.)
 - 4. Post
 - 8. German city on edge of Black Forest
 - 10. "___, but goodie"
 - 11. Spiced stew
 - 12. Passionately
 - 13. Monetary units
 - 15. Group of living organisms
 - 16. Organic compound derived from ammonia
 - 17. High honors

- 18. 5-year-olds' classes
- 21. Swiss river
- 22. Old woman
- 23. Cash machine
- 24. A way to soak
- 25. Hair product
- 26. Deride
- 27. "The Blonde Bombshell"
- 34. Cause to become insane
- 35. Bluish greens
- 36. Supported with money
- 37. Type of equation
- 38. Court officials

- 39. Indian god
 - 40. Rids
 - 41. Leak slowly through
 - 42. Units of ionizing radiation
 - 43. Midway between south and southeast
- DOWN**
- 1. Native of Slovakia
 - 2. Deli meat
 - 3. Fibrous substance in fungi
 - 4. Cutting
 - 5. Vedder and Van Halen
 - 6. Horror comic novelist
 - 7. Rulers of Tunis
 - 9. Shaped like a circle
 - 10. Make a pig of oneself
 - 12. Aphorism
 - 14. Witness
 - 15. Single Lens Reflex
 - 17. Freshwater North American fish
 - 19. Nautical ropes
 - 20. Leg (slang)
 - 23. Pokes holes in
 - 24. Moved quickly on foot
 - 25. Fix-it shops
 - 26. Type of bread
 - 27. Repaired
 - 28. Synthetic diamond (abbr.)
 - 29. Type of drug (abbr.)
 - 30. German city along the Rhine
 - 31. Animal disease
 - 32. Martini necessities
 - 33. Get away from
 - 34. Village in Mali
 - 36. Djibouti franc

NHEC offers new Renewable Energy rate

PLYMOUTH — New Hampshire Electric Co-operative (NHEC) now offers an optional Renewable Energy Rate for members who wish to support the development of renewable energy in the region.

Members who enroll in the Renewable Energy Rate have the choice to purchase Co-op Power with 50 percent or 100 percent renewable attributes. For the Aug. 1, 2024 to Jan. 31, 2025 rate period, the 50 percent renewable option is 1.861 cents more per kWh than the Basic rate. The 100 percent renewable option is 3.861 cents more per kWh than the Basic rate paid by most members. The added revenue received will be used by NHEC to purchase Renewable Energy Certificates (RECs), which are a way to account for and

encourage renewable energy production and use.

"Our purpose is to serve our members, and to provide them with affordable, reliable electric service. We have a diverse membership, a number of whom are passionate about supporting and growing sources of renewable energy. Offering this new renewable rate aligns with our goal as a cooperative to provide energy solutions for all the segments of our membership," said Alyssa Clemensen Roberts, President & CEO of NHEC.

"Increasingly, our members have expressed a desire to have more of the power they use come from renewable sources. Recognizing this, the board worked to create this option for our members who want to do more to increase the use

of renewable energy," said NHEC Board Chair William Darcy.

The Renewable Energy Rate is available to all members who purchase Co-op Power at the Basic residential classification

of service (rate codes B or N01A).

To learn more about NHEC's Renewable Energy Rate, please visit: www.nhec.com/renewable-energy.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 19 calls for service and reported the following arrest for the week ending July 20.

Adonis Swayne Michael Grant, age 33, of Sanbornton was arrested on July 20 for Domestic Violence, Criminal Threatening (by Use of a Deadly Weapon), and Criminal Restraint.

The remaining calls included one incident involving an animal, one request for assistance from another department, one BRSOG activation, one house check, one medical/fire call, one motor vehicle accident, one motor vehicle summons, three motor vehicle warnings, one request for police information, two retired officer qualifications, one road hazard, one rubbish complaint, one report of a suspicious vehicle, and one V.I.N. verification.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of July 15-22.

Craig S. Hart, age 47, of Belmont was arrested on July 17 for Theft By Unauthorized Taking in an amount less than \$1,000.

Shelly M. Raxter, age 40, of Tilton was arrested on July 22 in connection with a warrant.

Sakes Region
Chimney Pro

Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers

603-520-7217

CHIMNEY SAFETY INSTITUTE OF AMERICA
CERTIFIED CHIMNEY SWEEP

Video Chimney
Inspections

BETTER BUSINESS BUREAU
Fully Insured

Sweeps as low as \$244

LOCAL NEWS WORD SEARCH

L C L G I E O C L T A B L O I D N B O K
U O P I N I O N Y T I N U M O C S Y A
H C I R C U L A T I O N O O I L N E D
C H H T S O W T S I N M U L O C K R I L
L K L O P D B D O R I A G R M R K S K S
I U W D O T S I M B W K P K N B T C L G
P W D E T Y E C T M E O C O H R K E E D
A B T C L N U E O U L N I S I G N S P D
R H M N I U U E H I A T I B B I G G A R
T M Y E G E I S C S I R U L L D Y I E W
H G M I H B Y E N D D T I D Y R O L R R
H D C D T E B E E Y I A A E L B N I D C
U C I U L L W W O O C E O L S I D P T O
E K R A O S I D N I H K O R T N E S C L
S Y B T P Y O N W I U C B E B M L B S U
H L T A P R H H L T A A L U L L E I L M
P E P H R D I R O L A L Y P T P G U B N
R E C P O N C O M U A U E P C A N L H B P
R H E N I L T U C B G T B B E D I T O R
B O O C R N E I G H B O R H O O D G P G

Find the words hidden vertically, horizontally, diagonally, and backwards.

LOCAL NEWS WORD SEARCH

AUDIENCE, BEAT, BROADSHEET, BULLETIN, BYLINE, CIRCULATION, CLIP ART, COLUMN, COLUMNIST, COMMUNITY, CUTLINE, DECK, DISTRIBUTION, EDITION, EDITOR, HEADLINE, LOCAL, NEIGHBORHOOD, NEWSPAPER, OBITUARIES, OPINION, POLICE BLOTTER, SPOTLIGHT, TABLOID

This Week's Answers

Across: 1. Outsourcing (abbr.) 4. Post 8. German city on edge of Black Forest 10. "___, but goodie" 11. Spiced stew 12. Passionately 13. Monetary units 15. Group of living organisms 16. Organic compound derived from ammonia 17. High honors

Down: 18. 5-year-olds' classes 21. Swiss river 22. Old woman 23. Cash machine 24. A way to soak 25. Hair product 26. Deride 27. "The Blonde Bombshell" 34. Cause to become insane 35. Bluish greens 36. Supported with money 37. Type of equation 38. Court officials

Across: 1. Outsourcing (abbr.) 4. Post 8. German city on edge of Black Forest 10. "___, but goodie" 11. Spiced stew 12. Passionately 13. Monetary units 15. Group of living organisms 16. Organic compound derived from ammonia 17. High honors

Down: 18. 5-year-olds' classes 21. Swiss river 22. Old woman 23. Cash machine 24. A way to soak 25. Hair product 26. Deride 27. "The Blonde Bombshell" 34. Cause to become insane 35. Bluish greens 36. Supported with money 37. Type of equation 38. Court officials

The Loft at Hermit Woods welcomes the Benny Sharoni Quartet

MEREDITH — The Loft at Hermit Woods Winery & Eatery is excited to welcome back The Benny Sharoni Quartet on Thursday, Aug. 15 at 6 p.m. Renowned for his dynamic fusion of bebop and Latin rhythms, Benny Sharoni will be performing both his original compositions and selections from the American songbook.

This marks Benny Sharoni's third appear-

ance at The Loft, and audiences can expect an evening of captivating jazz. A straight-ahead tenor saxophonist, composer, and arranger, Benny is a prominent figure in both the U.S. and European jazz scenes. His acclaimed recordings "Eternal Elixir" and "Slant Signature" have earned him rave reviews, with DownBeat Magazine's Michael Jackson praising his

quartet for bringing an "exhilarating groove" and noting Benny's ability to blend R&B-style honked bell notes with nimble lines.

Don't miss this unique opportunity to experience a world-renowned jazz performer in an intimate setting. Arrive early for a complimentary wine tasting and enjoy delicious food and wine before the show.

Tickets available at: <https://hermitwoods.com/events/benny-sharoni/>

About the Loft at Hermit Woods - Listening Room Series

The Loft at Hermit Woods Listening Room Series is an intimate sixty-seat music venue in downtown Meredith at Hermit Woods Winery. We will bring talented artists from New En-



gland and beyond to perform on most Thursday evenings year-round. Performances will have a decidedly Jazz focus while including folk, blues, classical, and world music. Each performance will provide you with an up-close and personal experience

with the performing artists. We will ask the audience to refrain from talking during the featured show. Your silence will allow the artists and the audience to immerse themselves in the experience, which is impossible.

Hermit Woods Winery and Eatery is located at 72 Main St. in Meredith, and is open seven days a week year-round. Visit their Web site, www.hermitwoods.com, to learn more.

Fairfield University congratulates Spring 2024 Dean's List

FAIRFIELD, Conn. — Caitlin M. Connelly of Tilton received Dean's List honors for the Spring 2024 semester at Fairfield University.

In order to be placed on the Dean's List, students must have completed a minimum of 12 credit hours in a semester; have no outstanding or incomplete grades for that semester; and have attained a semester grade point average of 3.50 or better.

The Deerfield ANTIQUE SHOW



Featuring 75 Selected Exhibitors of Fine Antiques, Americana, and Decorative Accessories
Admission \$15 or \$8 after 11am

Monday, August 5th
9 am to 3 pm

34 Stage Road. Deerfield, New Hampshire
www.gurleyantiqueshows.com
Joshua (207) 229-0403 Rachel (207) 396-4255



97 Daniel Webster Highway
Meredith, New Hampshire

Call us at:
(603) 279-7046

Find us @rocherealty



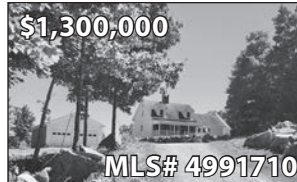
Search New Hampshire properties at www.rocherealty.com



\$219,000
MLS# 5004610
Gilford: 1BR/1BA 672 sf. updated garden condo with a lake view and town beach on Lake Winnepesaukee, town boat launch, and town docks. Cannot be used as a primary residence. Short term rentals allowed.



\$555,000
MLS# 4992343
Grantham: 3BR/2BA, 1,949 sf. cape in Eastman with amenities including 6 private beaches, tennis, golf, clubhouse and more. With many recent upgrades, and the generator, snowblower, and ATV included this property is a gem.



\$1,300,000
MLS# 4991710
Sandwich: 3BR/4BA 2,755 sf. gentleman's farm. Boasting breathtaking 360-degree views, stone walls, and a bonus room above the 3-car attached garage with a kitchenette and 3/4 bath. Seller is a licensed Realtor in NH.



\$1,695,000
MLS# 4982098
BACK ON THE MARKET — Gilford: One of the most visible exceptional landmark commercial/resort properties. Includes a mix of retail, shops, offices, and apartment with approx. 16,000 sf. of renovated space and 80 parking spaces divided into 13 rental units with established tenants.



Over 10,000 CLOSED transactions in New Hampshire!
Voted #1 BEST Real Estate Company in NH's Lakes Region six years in a row, and #1 BEST Commercial Real Estate Broker!

* Statistics obtained from NEREN for the past 26 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.



Camelot Home Center

ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

NEW 14' WIDES

<p>List Price: \$86,995 \$77,995* 66' 3 Bed, 2 Bath</p>	<p>List Price: \$86,995 \$86,995* 68' 2 Bed, 2 Bath</p>
<p>List Price: \$119,995 \$115,995* 56' 3 Bed, 2 Bath</p>	<p>List Price: \$130,995 \$127,995* 48' 3 Bed, 2 Bath</p>
<p>List Price: \$131,995 \$125,995* 48' 3 Bed, 2 Bath</p>	<p>*PRICES SUBJECT TO CHANGE</p> <p>Homes From COLONY, MARLETTE, NEW ERA & TITAN</p>
<p>\$119,995* 2 Bed, 1 Bath</p>	<p>\$179,995* 1,568sq ft. 2 story, 3 Bed, 2.5 Bath</p>

Visit Our Website: WWW.CM-H.COM

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

Belmont Village Apts, Belmont, NH

AVAILABLE SOON!

Now accepting applications:

Subsidized two bedroom town house style apartment. On-site laundry, parking, 24-hr maintenance, close to center of town, No Pets, NO SMOKING.

Must meet income limit guidelines; rent starting at \$1,135.00, plus utilities; security deposit required.

Download application at <https://www.sterling-management.net>

or call office at 603 267 6787

For Advertising Information
Call 603-279-4516
email: Tracy@salmonpress.news

MEREDITH LANDING

285 Daniel Webster Highway
(603) 677-7007 • www.MeredithLanding.com

GILFORD: ONLY 1 UNIT LEFT!
This seasonal, Studio-style condo unit has been completely renovated inside and out! Features kitchenette, sleeping, and bath. Great location close to the town docks, boat launch, gorgeous town beach, and many local attractions. **\$135,000** (4992977)

ASHLAND: NEW LAND LISTING:
Lovely .45 acre sloping lot in a great location with town beach access just down the street and Rivers Edge Marina close by! Come take a look and bring your dream home plans! **\$50,000** (5006452)

Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

EQUAL HOUSING OPPORTUNITY

To VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: www.alpinelakes.com

Badger Peabody & Smith Realty: www.peabodysmith.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cbldmill.com

Coldwell Banker Residential Brokerage www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitlakeside.com

Granite Group Realty Services: www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

New Hampshire Boat Museum to offer photo sessions on the water



MOULTONBOROUGH — On Monday, Aug. 19 and Monday, Aug. 26, New Hampshire Boat Museum (NHBM) will offer Family Picture Days on the Miss Lauren and Millie B, respective-

ly. “This is something new we are offering this year,” said NHBM Program Director Anne Lennon, who said NHBM is working with Wakefield-based Birch

Blaze Studios. “It’s a rare opportunity to have professional photos taken out on the water on our authentic wooden boats.”

The sessions can hold up to eight people

and will include a short cruise and photos which will take approximately one hour. Photos in the Miss Lauren will be taken in Paugus Bay, while the Millie B will take groups near the Varney Islands by Wolfeboro.

“The spots for both photos are very pretty,” said Lennon.

According to Lennon, the sessions represent “a perfect opportunity for vacationers and Lakes Region residents alike” to take holiday photos or senior pictures.

“It also gives passengers the experience of preserving a special moment on the lake,” she added. “Birch Blaze Studios specializes in portraits in nature, so it feels like a perfect collaboration.”

One hour-long photo session costs \$250. To purchase a session on the Miss Lauren or Millie B, visit nhbm.org.

NHBM’s Moultonborough Campus is open Thursday through Saturday, 10 a.m. to 4 p.m. and Sunday noon to 4 p.m. through September. Founded in 1992 by vintage and classic boating

enthusiasts, NHBM offers dynamic exhibits and engaging programs and events tailored to the diverse boating lifestyles and values of people of all ages.

NHBM’s 2024 season is sponsored in part by Belletetes, Eastern Pro-

pane & Oil, Epoxy Floor New England, Goodhue Boat Company, Kingswood Press and Design Studio, KW Coastal, Lake and Mountains, North Water Marine, and Taylor Community.

Brennan Dunn of Sanbornton graduates from Roger Williams University

BRISTOL, R.I. — Roger Williams University is proud to announce that Brennan Dunn, of Sanbornton graduated with a B.S. in Architecture in May as part of the Class of 2024.

About RWU

At Roger Williams University, students are prepared to be thinkers and doers ready to solve challenging problems with innovative solutions. RWU offers 50 majors and robust offerings of graduate and professional programs across eight schools of study including Rhode Island’s only law school, with campuses on the coast of Bristol and in the heart of Providence, R.I. With small classrooms and a focus on undergraduate and graduate research and community engagement, a Roger Williams education blends the strength of liberal arts and professional studies, providing all students with the depth and breadth of interdisciplinary thinking and well-rounded knowledge necessary to succeed in our interconnected, global world. RWU is committed to strengthening society through engaged scholarship so that students graduate with the ability to think critically and apply the practical skills that today’s employers demand.

Taelor J. Allen of Belmont earns degree from University of Maryland Global Campus

ADELPHI, Md. — Taelor J. Allen of Belmont earned an Associate of Arts in General Studies from University of Maryland Global Campus in spring 2024.

Allen was one of more than 14,000 students worldwide who earned degrees from UMGC in the 2023-24. Graduates came from all 50 states, three U.S. territories, and 24 countries.

University of Maryland Global Campus was founded more than 75 years ago specifically to serve the higher education needs of working adults and military servicemembers. Today, UMGC is the largest provider of postsecondary education in Maryland and continues its global tradition with online and hybrid courses, more than 175 classroom and service locations worldwide, and more than 125 degrees and certificates backed by the reputation of a state university and the University System of Maryland. For more information, visit umgc.edu.

CRYSTAL GEYSER®
ALPINE SPRING WATER

Come Work with Us!
Crystal Geyser ASW now hiring in Moultonborough.
Immediate Opens for Production and Supervisor positions
40 hours a week, Monday – Thursday.
Enjoy a 3-day weekend all summer long!
Call 603-476-8844
or check us out on Indeed!

HELP WANTED

For Advertising Information
Call 603-279-4516
email: Tracy@salmonpress.news

FRIENDLY & RELIABLE
NIGHT CASHIERS
needed at the Following Location:
Bosco Bell
on Route 28
Barnstead
Please apply in person.

Advertise Here

Advertise Here

Town of Plymouth Highway Department Highway Worker/Mechanic

The town of Plymouth, NH, qualifications will determine pay rate, attractive benefit package, for an individual who has a knowledge of small engine repair, diesel engine repair, hydraulic systems operation and repair and general knowledge of light and heavy-duty trucks. Be part of winter operational services. Must have CDL-B with air brake endorsement, NH Inspection license or capable of obtaining one upon hire. It is required to pass a physical, including a drug and alcohol screening, and will be subject to a criminal background check as well as a driving records check.

Applications are available at www.plymouthnh.gov Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.

SMART • FRIENDLY • SERVICE
SINCE 1898
BELLETETES
BUILDING PRODUCT SPECIALISTS
NON-CDL DELIVERY DRIVER

We have an immediate opening in our Ashland location for a delivery driver. CDL license not required. Must have a valid driver’s license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Join a team of delivery drivers that enjoy coming into work every day!

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. Are you looking to join a company that treats their employees like family? We believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download a **driver application** from our website. All applications should be submitted to:
Dan Uhlman, Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com

E.O.E.

SMART • FRIENDLY • SERVICE
SINCE 1898
BELLETETES
BUILDING PRODUCT SPECIALISTS
Lumber Materials Handler

Belletetes has an immediate opening in our Ashland location for a full-time Lumber Materials Handler. The successful candidate is responsible for assisting customers and contractors locate materials and load vehicles, receive incoming shipments and select loads for delivery trucks. Computer skills and prior lumber and building material experience is beneficial. Heavy lifting is required. Saturday hours on a rotating basis.

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. Are you looking to join a company that treats their employees like family? We believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an **application** from our website. All applications should be submitted to:
Dan Uhlman, c/o Belletetes Inc.
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com

E.O.E.

Energysavers Inc.
Full-Time Position Warehouse/Service

Energysavers Inc is looking for a self-motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts for jobs as well as receiving deliveries. We are a highly recommended 49 yr old Lakes Region retailer of well-known hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver’s license & be able to lift/carry an 80lb min.

Stop in to fill out an application:
Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH

Energysavers Inc.
Full-Time Installers Apprentice

Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!
No prior experience required. Must have a valid driver’s license and pass the pre-employment drug screening.
Stop in to fill out an application:
ENERGYSAVERS INC.
163 Daniel Webster Hwy., Meredith NH

Weekdays Open @ 4pm
Weekends Open @ Noon
Closed Tuesdays

18 Weirs Rd. Gilford • (603) 293-0841 • PatricksPub.com

GREAT WATERS

Entertaining the Lakes Region

The Greatest Love of All

starring Belinda Davids

SATURDAY, AUGUST 9
7:30 p.m. to 9 p.m.
Castle in the Clouds

Whitney Houston's musical legacy is brought to life in this critically acclaimed tribute show described as "mind-blowingly spot on." This special once-in-a-lifetime concert event will leave audiences wanting more and talking about it for years to come.

All shows, unless indicated, are approximately 90 minutes long. Lawn Seats are General Admission and you must bring a chair or blanket to sit on.

Scan for tickets

GreatWaters.org
or call (603) 569-7710



COURTESY Chelsea Hermann, Tiffany Stoker and Bella star as Elle, Paulette and Brusier in Interlakes Summer Theatre's Production of "Legally Blonde," which will run from July 31-Aug. 11.

Serving all of New Hampshire for 50 years.

Paving & Resurfacing • Driveways & Parking Lots
Specializing in Residential and Commercial Paving
Owner Installs Every Job

286-8182
www.porterpaving.com

AMEN ROOFING

Repairs & New Installations of Metal Shingles Rubber & PVC

Mark Dagoumas

1 (603) 455 - 2014

capitalwell

Residential & Commercial

- Well Drilling
- Pump Systems
- Service & Repairs
- Water Filtration
- Irrigation Design & Installation
- Hydrofracking
- Geothermal Heating & Cooling
- Water Testing
- Radon Mitigation / Arsenic Removal
- PFOA-PFAS Removal / Uranium

Interlakes Summer Theatre opens “Legally Blonde” July 31!

MEREDITH — The Interlakes Summer Theatre will continue its 17th season with “Legally Blonde” on July 31 at 7:30 p.m.

Based on the beloved 2001 movie, “Legally Blonde” follows the transformation of Elle Woods whose life is turned upside down when an expected wedding proposal ends in the Delta Nu’ president getting dumped. When Elle decides to get “serious” and follow Warner to Harvard Law School to win him back, she soon realizes she is in way over her head as she battles snobbery, sexism and stereotypes. This fast-paced musical with memorable songs and explosive dances, proves that you can be both “Legally Blonde” and the smartest person in the room.

The production will be directed by Michael Stoddard and choreographed by Gustavo Wons, with Musical Direction by Susie Jolink. Set Designer is Katherine Wexler; Costume Designer-DW Withrow, Lighting Designer-Connor White, Sound Designer-Jared Lipkin, Technical Director-Michael Byne, Prop Design-Troy Tedeschi, Stage Manager-Lily Landoch, Production Manager-Kristen Wettstein, Costume Shop Manager-Ginny Fisher, Assistant Stage Manager-Raeya Garcia, Assistant Lighting Designer Brandon Clague, Costume Shop Technician-Savannah Richey.

Legally Blonde will run from July 31-Aug. 11, with a matinees on both Thursdays. Next up will be “Million Dollar Quartet” Aug. 14-18.

Interlakes Summer Theatre is grateful for our Sponsors-Season Sponsor-Meredith Village Savings Bank, Show sponsors-The Mug Restaurant, Golden View Health Care, Voila Salon, Friedman & Bresaw Law, Sanders Management, RC Brayshaw Printing, The Daily Sun.

Tickets can be purchased at our Box Office at 1 Laker Lane from 10 a.m.-5 p.m. every day, or online at interlakes theatre.com, or by calling 1-603-707-6035.

Advertise Here

LIVE YOUR BEST OUTDOOR LIFE

LaValley BUILDING SUPPLY

13 Locations Throughout NH & VT

LaValleys.com