THURSDAY, AUGUST 31, 2023

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COMPLIMENTARY

Wentworth's Henry Bromkamp awarded Boston Post Cane

Contributing Writer

WENTWORTH - At a special presentation on Aug. 17, the Wentworth Historical Society and town representatives, were pleased to hand a replica of their Boston Post Cane to 94-year-old Henry Bromkamp, who was identified as the community's most senior resident.

Henry was born on Jan. 10, 1929 in Bochum, Germany. As an adult in 1952, he moved to Ottawa, Canada where he lived for two years before heading to New London, Conn. in 1953. While in New London his first job was as a self-employed carpenter. Henry then took a per diem position with Gada, a large general contracting firm located on Fishers Island, New York, four miles off the coast of Connecticut. After a few years, the business offered him a fulltime position, one he continued to enjoy for 23

Despite a job on a New York Island, Henry's residence remained in Connecticut however. and he endured traveling to work by ferry, even in the cold winter months.

Throughout his years in Canada and the United States, Henry stayed in touch with his old next-door neighbor and childhood sweetheart Else, who was still living back in Germany. He would call her of-



The Wentworth Historical Society presented their Boston Post Cane to 94-year-old Henry Bromkamp recently. From left to right are Selectman Rick Ducheneau, WHS member Margaret Bickford, WHS Secretary Donna King and, seated in front is a smiling Mr. Bromkamp, holding up the plaque that proclaims

ten and it was on one of those long distance calls that he finally asked her to marry him. Else said yes. She then traveled to join him in Connecticut where they were married in 1960 and raised two sons and a daughter.

him as Wentworth's oldest resident.

Henry said that one of the main reasons he moved to the United States was to pursue his love for hunting. He Fred Williams who lived in Wentworth, and he would travel there every year to join Fred for a hunting trip. Henry fell in love with the rural

town the very first time he saw it, so eventually he and Else purchased land in Wentworth and built a house. The structure was one that replicated a home one might see in Switzerland. In 1992, they made it their permanent residence and lived in Wentworth from that time forward.

Sadly, Else passed away on May 28, 2023, made a friend named but Henry still enjoys his family, which grew over the years to include two grandsons and one great-grandson. His two sons continue to live

SEE **BROMKAMP** PAGE A13



Lucille Keegan (center) was this year's recipient of the Community Spirit Award, which is presented each year by the Bristol Community Events Committee. Joining her at the surprise presentation were (left to right) granddaughter Julia Long, her husband Tom, granddaughter Emma Caldwell, son-in-law Joel Long and daughter Gretchen Long.

Lucille Keegan honored with **Bristol's Community Spirit Award**

BY DONNA RHODES Contributing Writer

BRISTOL — Aug. 26 was the day people gathered at Kelley Park in Bristol for Old Home Day, and leading off the celebration was the presentation of the annual Community Spirit Award. This year's recipient was Lucille Keegan, a lifelong resident of Bristol who has gone above and beyond to support and improve her community in numerous ways.

Keegan taught generations of children in the local schools where she became known to many, while outside her career as a teacher, she has dedicated herself to serving the communi-

Keegan is active in the Bristol Hisorical Society, collecting information on the town's past and helping her fellow members preserve and share its rich history. She is also credited for being instrumental in the preservation of buildings such as the Historic Town Hall, the Bristol Historical Soci-

ety building (formerly the town's fire department), and the Minot-Sleeper Library. She was part of the Bristol Bicentennial Committee, is a Trustee of the Minot-Sleeper Library and involved with the Downtown Decorating Committee, planting and caring for the flowers and other decorations that beautify Central Square throughout the year.

As an active member of Bristol United Church of Christ Keegan has lent herself to even more volunteerism and outreach.

"Besides being appointed or elected to nearly every official 'lay-leadership' position at one time or another, this person gives of herself in many 'unofficial' ways, about which most others are unaware. She is also a member of their Joyful Noise Ukulele band," committee spokesperson Claire Moorhead told the crowd on Old Home Day.

In addition to all that, Keegan is a member of the Bristol Community Events Committee, too. Since that's SEE **KEEGAN** PAGE A13

Community gathers to celebrate Old Home Day in Bristol

BY DONNA RHODES Contributing Writer

BRISTOL —Bristol's Old Home Day on Aug. 28 came without a theme, there was no parade or fireworks — it was just a "good old fashioned" day designed for people of all ages to gather at Kelley Park for fun,

old and new friendships and lots of reminiscing, capped off by some great food and music.

Organizers at Kelley Park began seeing people arrive before 10 a.m., and when they did there were already 34 booths filled with crafters, non-

SEE **BRISTOL** PAGE A13

"Sistas with Blistas" embark on 13th Reach the Beach Relay Race

PLYMOUTH — A dedicated group of local women named "Sistas with Blistas" will take on their 13th year running the Reach the Beach Ragnar Relay race this Sept. 15 and 16.

SEE **SISTAS** PAGE A15



Newfound Regional High School football team's Defensive End Caden Paul and Quarterback Owen Wilkens were suited up for Bristol Old Home Day to help Friends of Newfound Football raise money to support their athletic program.

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A2 SALMON PRESS, THURSDAY, AUGUST 31, 2023



Hebron hosting Fourth Annual Yard Sale Day Saturday

HEBRON — You won't want to miss the Fourth Annual Hebron Yard Sale Day on Saturday, Sept. 2 from 9 a.m. to 3 p.m. Stop by the Hebron Common outside the Hebron Church at 16 Church Lane for great bargains on used furniture, household items, books, games, puzzles, toys, sporting goods, equipment, tools, accessories, antiques, and much more.

Since this year's fair did not include the white elephant and auction, many of the items that would have been sold at those tents will be available at the yard sale. The church will also again be featuring the popular \$5-a-bag tent. As an additional benefit there will be other yard sales at various locations throughout town that day.

For more information, please visit hebronchurchfair.org. A list of the locations will be posted on the website the week before the event and will also be available at the church the day of the yard sale. The event is sponsored by the Union Congregational Church of Hebron.





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Brian Francis named 2023 NHEC Lineworker Scholarship recipient

PLYMOUTH — A midlife career change is off to a good start for Brian Francis of Plymouth, who was recently named the recipient of the New Hampshire Electric Cooperative (NHEC) Lineworker Scholarship.

Francis, a 2002 graduate of Plymouth Regional High School, spent most of his working life building custom homes in the area, but a desire to help his community led him to consider a new career in linework. Francis



Brian Francis

says he's looking forward to the excitement of life on the lines and used the \$2,500 scholarship award to complete his training at the Linemen Institute of the North East in New York, where he ranked at the top of his class of 42.

"Brian demonstrated in his scholarship application that he is a community-minded person who wants to give back through his work as a lineman," said Sara Thielbar, head of the NHEC Scholarship Committee. "We wish him luck in his training and future career."

NHEC is a member-owned electric distribution cooperative serving 86,000 members in 118 New Hampshire communities. For more information about NHEC's scholarship opportunities and community programs, please visit the Community menu at www.nhec.com.

Events wanted for Fall 2023 – Winter 2024 brochure

BRISTOL — We know summer isn't over, but the Bristol Community Events Committee is already working on planning for the upcoming fall, winter and spring and first on our agenda is collecting content for the 2023-2024 Fall/Winter/Spring Activity brochure. If you are a NON-PROFIT organization holding an event in the Newfound Region between Oct. 1 and May of 2024 - you could be included in the next brochure printed and distributed by the Committee. A total of 5,000 brochures are printed and distributed each season!

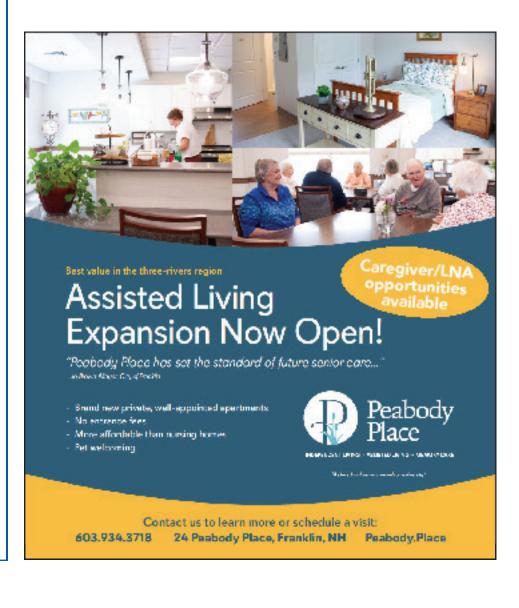
Preference will be given to Bristol events, and non-Bristol events occurring in the Newfound Region will be added on a space available basis. Events must be open to everyone, and either organized by or benefiting a not-for-profit organization. Free events open to the community by a for-profit business may be considered as space allows. Space in the brochure is limited, and all events submitted may not be listed. The Bristol Community Events Committee reserves the right to refuse inclusion in the brochure to any and all submissions.

Please send all event details including: event date, time, place, event name, type of event, target audience and any fees charged. Be sure to include your contact info –organization name, contact person name, mailing address, phone and email address. Submissions can be sent to:

 $bristolevents@bristolnh.gov, or\ to\ ldion@ttccrec.org\ .$

Deadline for submissions is Dec. 9.

Questions can be directed to the Bristol Community Events Committee at the email address above or to 603-744-3354, ext. 136, or the Tapply Thompson Community Center at 603-744-2713.



MVSB proud to support fundraising event at Squam Lakes Natural Science Center

MEREDITH — MVSB (Meredith Village Savings Bank) is proud continue its support of Squam Lakes Natural Science Center by providing a \$5,000 sponsorship for its recent 2023 Family Picnic fundraising event that took place in July. MVSB also sponsored the Center's Volunteer Appreciation Dinner.

"The sold-out picnic event featured live music, animal programs, food trucks, games and more – all in a beautiful scenic setting," said Iain MacLeod, Squam Lakes Natural Science Center Executive Director. "We are grateful for all the community support we have received this year. We



Mortgage Loan Officer, NMLS# 165849, at the entrance of the center.

encourage everyone to follow us on social media to stay up to date for future events."

"The Science Center is near and dear to my heart and I am thrilled that MVSB is always seeking ways to support this wonderful organization that brings so much joy and benefit to the local communities," said Jill White, MVSB Regional Vice President in Ashland. "We hope everyone gets a chance to experience everything the Science Center has to offer."

In addition to hosting several events this year, the Center also recently welcomed two new mountain lion cubs and a black bear cub as part of their animal exhibit trail. Go to nhnature.org to learn more.

(Left) From right, Iain MacLeod, Squam Lakes Natural Science Center Executive Director, stands

with Megan Piazza, MVSB Branch Services Manager in Ashland, and Marcy Dembiec, MVSB

The mission Squam Lakes Natural Science Center is to advance understanding of ecology by exploring New Hampshire's natural world. Through spectacular live animal exhibits, natural science education programs, guided Squam Lake Cruises, public gardens, and a nature-based Montessori early learning center, the Science Center has educated audiences of all ages since 1966 about the importance of our natural world. Squam Lakes Natural Science Center is Sensory Inclusive Certified by KultureCity. Squam Lakes Natural Science Center is located on Route 113 in Holderness, an easy drive from exit 24 off I-93, and public trails are open daily from May 1 through Nov. 1 with programming through-

out the year. For fur-

ther information about the Science Center, call 603-968-7194 or visit www.nhnature.org.

MVSB has been

serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stock-holders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mysb.com.

Cemetery walk planned in Ashland

ASHLAND — The Ashland Historical Society will present a Cemetery Walk at 2 p.m. on Saturday, Sept. 9, in Green Grove Cemetery in Ashland. Costumed re-enactors will portray interesting people from the past at their grave sites.

Adolph and Clara Schelzel will recall his business and sports career in Ashland. Benjamin and Ann Jewell will discuss the construction of the Mount Livermore House, the large hotel on the north shore of Big Squam Lake. George and Emma Scribner will talk about his career as treasurer and president of the Ashland Knitting Company and her bequest of the Scribner Memorial Building, now the home of the Ashland Town Library. James and Roxanna Briggs will describe his immigration from England to America, where he worked as a child in his father's woolen mill in Ashland and how he then became an attorney, a Civil War officer, Speaker of the New Hampshire House, and a three term Congress-

In the event of rain, the program will be held at the same time on Sunday, Sept. 10. Transportation by cart will be

provided for those who have difficulty walking. Parking will be available in the Post Office lot opposite the Cemetery. Green Grove Cemetery is located on Main Street (Routes 3 and 25) near the 1-93 interchange in Ashland village.

SLA presents Woofs at Whitten Woods: A guided hike with your dog

— Join the Squam Lakes Association (SLA) and Lakes Region Conservation Corps (LRCC) members Shea Morgan and Jasper Redican for a guided hike with your dog around Whitten Woods on Sept. 3 from 8 to 11 a.m. We will aim to hike the north peak trail at Whitten Woods in Ashland. We will stop at the north peak trail viewing spot for a snack and break, and to take in the beautiful view as long as the weather is good. Plan for a two-mile hike over moderately difficult terrain, with moderate changes in elevation.

Participants will meet at the Whitten Woods trailhead at 8 a.m., located off of Highland Street in Ashland. Participants should bring their dog, and anything he/she might need (leash, harness, water, treats, etc.). Dogs must remain on their leash at all times, should be dog friend-

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and.

O L D E R N E S S ly, people friendly, and work in support of the the watershed. In collabunder your control at all times. Please limit the number of dogs to no more than two per handler. We reserve the right to ask any participants to leave if their dog exhibits aggressive or overly distracting behavior, this is for the safety of others and to keep the program running smoothly.

> For more information, or to sign up for this free Adventure Ecology program, visit the SLA website (squamlakes. org) or contact the SLA directly (603-968-7336).The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation

Association's mission.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of

oration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

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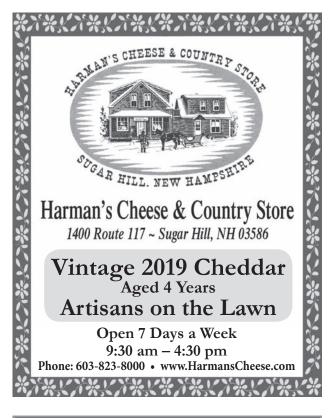
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Silent swashbuckler "Scaramouche" to screen with live music at Flying Monkey Sept. 13

PLYMOUTH — It was a big story filmed on a big scale—a movie with a big budget and featuring a big star.

It was "Scaramouche" (1923), a swashbuckler set during the French Revolution. Starring heartthrob Ramon Novarro, the picture ran into big problems during production, but went on to be one of the year's box office hits.

See for yourself with a screening of "Scaramouche" on Wednesday, Sept. 13 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

The screening will feature live music for the movie by silent film accompanist Jeff Rapsis. General admission is \$10 per person.

The show is the latest in the Flying Monkey's silent film series, which gives audiences the opportunity to experience early cinema as it was intended: on the big screen, with live music, and with an audience.

Based on a 1921 novel by Rafael Sabatini, "Scaramouche" the story of Andre-Louis Moreau (Novarro), a young lawyer whose close friend is killed by a prominent and powerful aristocrat.

Vowing revenge, Moureau disguises himself and joins a theater troupe, where he plays the title role of Scaramouche while working to avenge his friend's untimely death.

Along the way, there are swordfights, plot twists, and scenes of French Revolution rioting staged on a massive scale. The film co-start Alice Terry and Lewis Stone.

Director Rex Ingram pioneered movie adaptations of large-scale



A scene from "Scaramouche" (1923), a swashbuckler directed by Rex Ingram and set during the French Revolution. The film will be shown with live music on Wednesday, Sept. 13 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth. General admission tickets \$10 at the door or in advance by calling the box office at (603) 536-2551 or online at www.flyingmonkeynh.com.

stories, creating some of the first true Hollywood epics in the early 1920s while employed by Metro Studios, which later became part of Metro-Goldwyn-Mayer.

Prior 'Scaramouche,' Ingram directed megahits "Four Horsemen of the Apocalypse" (1921) starring Rudolph Valentino and "The Prisoner of Zenda" (1922), which also featured Novarro and Stone.

"Scaramouche" was an elaborate and unwieldy production that suffered from delays and cost overruns.

Ingram had secured the rights to Sabatini's novel in September 1922, and worked on the project for seven months before the cameras rolled.

Extensive representing 18th-century Paris, were built both on the Metro lot and at a separate site in the San Fernando Valley, and 1,500 extras were used.

An experimental sequence was shot in Technicolor, with the Technicolor company picking up the tab; the sequence proved unsatisfactory and was ultimately discarded.

Despite production problems and cost over-'Scaramouche' went on to rank as one of the top-grossing films of 1923, earning more than \$1 million at the box office—a phenomenal sum for the day.

Modern viewers find much to admire about "Scaramouche."

" 'Scaramouche' is easily one of Rex Ingram's best films," wrote reviewer Fritzi Kramer of "Movies Silently" in

"It is big, bold and beautiful yet it never loses sight of its characters. Their hopes, dreams and hatreds work in tandem with history to drive the plot steadily onward.

"And, unlike some of Ingram's works, it is never slow-moving. This is historical spectacle done right. You owe it to yourself to check this film out."

Accompanist Rapsis will improvise an original musical score for 'Scaramouche' live as the movie is shown, as was done during the silent film era.

"When the score gets made up on the spot, it creates a special energy that's an important part of the silent film experience," said Rapsis, who uses a digital synthesizer to recreate the texture of a full orchestra for the accompaniment.

With the Flying Monkey's screening of 'Scaramouche,' audiences will get a chance to experience silent film as it

was meant to be seen in a high quality print, on a large screen, with live music, and with an audience

"All those elements are important parts of the silent film experience," Rapsis said. "Recreate those conditions, and the classics of early Hollywood leap back to life in ways that can still move audiences today."

"Scaramouche" (1923) starring Ramon Novarro will be shown with live music on Wednesday, Sept. 13 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

General admission tickets are \$10 at door or in advance by calling the box office at (603) 536-2551 or online at www. flyingmonkeynh.com.

For more about the visit www.jeffrapsis.com.

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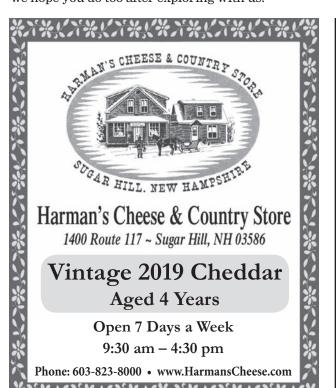
Creepy crawlies at Whitten Woods!

HOLDERNESS — Want to go tromp around and find some critters? Meet at the Whitten Woods trailhead at 9 a.m. on Saturday, Sept. 2. From there, we will hike to the Whitten Woods clearing. At the clearing, we will use bug nets and bug sheets to find bugs in the grass and trees. Participants are also welcome to flip over any logs, rocks, etc. ... to find other creatures such as salamanders, frogs, toads, and spiders. Bug nets and sheets will be provided, as well as work gloves for safety when handling logs and rocks.

Participants will need to bring their own hiking shoes, snacks and water. Bug spray and sunscreen are not recommended since we will be handling critters who are sensitive to the chemicals found in these products so light weight long sleeve pants and shirts are recommended and maybe even a bug net for your head. Some folks might consider these critters "creepy," but we think they are super cool, and we hope you do too after exploring with us!

For more information, or to sign up for this free Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA, who perform important conservation work in support of the Association's mission.

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Bestselling author to speak on "Untold Story of Cuban Missile Crisis"

PLYMOUTH — Michael J. Tougias, co-author of "Above & Beyond: JFK and America's Most Dangerous Spy Mission," will give a multimedia presentation on the untold story of the Cuban Missile crisis at the Pease Public Library in Plymouth on Sept. 13 at 7 p.m. The presentation is open to the public.

Tougias is a New York Times Bestselling author of 30 books and is known for his dramatic, "edge-of-your-seat" programs. The author will first chronicle the thirteen harrowing days of the Cuban Missile Crisis and then outlines the steps President Kennedy made to reach a decision on a course of action.

Special emphasis is given to the heroes of the

Danbury man arrested on firearms, sex offender registry violation charges

CONCORD — The New Hampshire State Police has successfully arrested an armed and dangerous white supremacist hiding on Kearsarge Valley Road in Wilmot. Wanted on a parole warrant, Christopher Palermo, 47, of Danbury may now be facing sex offender registration violation and firearms charges. The arrest marks the end of a weeks-long investigation initiated by the New Hampshire Department of Corrections and overseen by the U.S. Marshals Service - NH Joint Fugitive Task Force.

At 1:20 p.m. on Aug. 26, Wilmot police and NH State Troopers closed Kearsarge Valley Rd. and approached the residence. Palermo was found outside and was immediately compliant with officers' orders. After the arrest, firearms were found on the premises. Palermo is a felon as a result of being convicted in 2012 for aggravated felonious sexual assault on a minor. As a result, Palermo is prohibited from carrying a firearm and must register as a sex offender. Information developed by multiple US Marshal sources indicated that Palermo was in possession of firearms, and a sex offender registration search showed that he never reported to the NH State Police to perform his initial sex offender registration upon being released from jail earlier this year.

"We reached out to the New Hampshire State Police to assist with this investigation because we rely upon their professionalism and knowledge of the local towns in this great state," stated William R. Hart, Jr., United States Marshal for the District of New Hampshire. "Our law enforcement partnerships are our most vital tool to keeping our communities safe in New Hampshire. Thank you to the State Troopers and Wilmot Police Department for demonstrating that commitment."

Since the inception of the U.S. Marshals - New Hampshire Joint Fugitive Task Force in 2002, it has been part of, and empowered by, the community we serve. Its commitment to enhance the protection of the public through partnerships with local and state jurisdictions has resulted in thousands of arrests. These arrests have ranged in seriousness from murder, assault, unregistered sex offenders, probation and parole violations and numerous other serious offenses. Nationally the United States Marshals Service fugitive programs are carried out with local law enforcement in 94 district offices, 85 local fugitive task forces, 8 regional task forces, as well as a growing network of offices in foreign countries.

crisis: the U-2 pilots who flew unarmed over these incidents to life." Cuba to secure the photographic proof that the Soviets were installing nuclear missiles on the island. These pilots helped President Kennedy achieve a difficult objective: have the nuclear missiles removed from Cuba without triggering Armageddon.

One of those pilots, Major Rudy Anderson, was shot down and killed by the Russians when Anderson's U-2 spy plane was over Cuba. Tougias will also describe the accidental incursion of a U-2 from Alaska into Soviet air space, and the chase that ensued, including fighter jets with nuclear tipped missiles.

"I really enjoy giving these programs," says Tougias. "Most people have no idea one of Air Force pilots was killed and how close we came to nuclear war during the missile crisis. And some of the reasons we came close to disaster were simple miscommunications between the U.S. and Russia. This is particularly true in the case of a Russian submarine commander who loaded his nuclear missile into the torpedo firing tube and ordered his men to prepare to fire it. The slides I'll be showing help bring

SLA hosting introduction to iNaturalist app

HOLDERNESS — Join Christina Norman, a Squam Lakes Association Lakes Region Conservation Corps (LRCC) member, on Saturday, Sept. 9 for an introduction to the iNaturalist and Seek apps for wildlife identification! The program will run from 9 to 11:45 a.m.

During this program, you will learn about I the apps and how to use them to learn more about the organisms present in the Squam Lakes watershed. We will pair our discussion of the apps with a relaxed, low-intensity walk in the Chamberlain-Reynolds Memorial Forest (CRMF) to practice using Seek. The walk is around 2.15 miles. Please be sure to bring comfortable shoes, bug repellent, and sunscreen. After the walk, we will return to the Squam Lakes Association to add our Seek observations to iNaturalist!

We will be meeting at the Squam Lakes Association (534 US-3, Holderness, NH 03254) and carpooling to CRMF due to low parking capacity. Participants should have a mobile device with both the Seek and iNaturalist apps downloaded prior to arrival, and should create an iNaturalist account and link it to their Seek app prior to arrival. Christina will contact participants with information on how to download and set up the apps if assistance is needed! Registration is required and closes at 9 am on Sept. 8.

For more information, or to sign up for this Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA, who perform important conservation work in support of the Association's

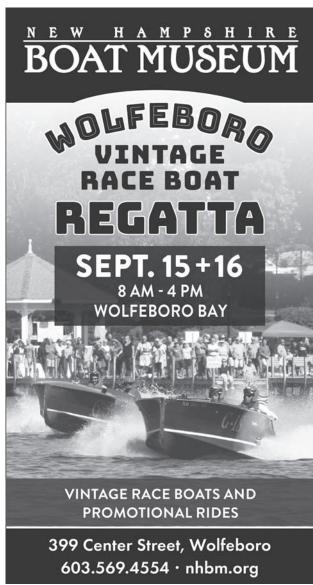
The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character, and resources of the watershed. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region.

The author will do a book signing at the end of the program. He will bring some of his other books, including "The Finest Hours," now a Disney movie starring Casey Affleck and Chris Pine. Tougias is a sought after speaker on leadership and crisis management, best known for his seven books examining extraordinary survivors and rescuers. His latest book is "Extreme Survival: Lessons From Those Who Have Triumphed Against All Odds."

Tougias has interviewed and researched the U-2 pilots who discovered the missiles eliciting special insights that have remained undisclosed in the intervening 53 years. To watch a video of a U-2 pilot describing how he was fired on while over Cuba by Russian SAMs go to www.michaeltougias. com. "Above & Beyond: John F. Kennedy and America's Most Dangerous Spy Mission" has received Booklist's coveted starred review in which they called the book "superb and suspenseful."









LARGE ABSTRACT ACRYLIC PAINTINGS BY MERCY MANNING "SNOW SHOE" TYPE ROCKING CHAIRS BY BILL NOVACEK FINE CHERRY FURNITURE BY DON WOOD MODERN STAINED GLASS BY LINDA HUNT ECLECTIC ACCESSORY LAMPS AND FURNITURE BY RON RAMBACK "PRIMITIVE STYLE" ACRYLIC PAINTINGS BY ED MULHALL

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SALMON PRESS, THURSDAY, AUGUST 31, 2023

CADY Corner

Five things parents need to know about mental health and back-to-school season

BY DEB NARO CONTRIBUTOR

As we begin the back-to-school season, it's important to pay attention to your child's mental health just as much as their physical health. As a parent, it's important to monitor your family's mental health during this transition. Cyberbullying, self-harm, and suicidality are some of the topics that cause parents concern as the school year begins, and substance use can be connected to all of these. What are some things that you should know about back to school and mental health?

Understand that transitions can be difficult at any age. Some youth thrive in the face of change but for others, it can be a tricky situation to navigate. Watch for signs of distress in your child as they transition to a new grade, sport, or group of friends. You can help manage stress by monitoring mood changes, sleep patterns and watching for signs of isolation. Especially since substance use can be an outlet for many kids, you can encourage healthy coping mechanisms such as maintaining a balanced schedule that includes exercise, nutritious meals, and enough sleep, helping them stay connected to positive social supports, and modeling healthy ways to manage stress.

Know the signs of common mental health conditions. The most common mental health conditions in youth are anxiety disorders, attention deficit hyperactivity disorder (ADHD) and depression. If you are concerned that your child is experiencing a mental health disorder, it's helpful to talk it over with a licensed provider and get an evaluation. General symptoms to be aware of include poor school performance or changes in grades, persistent boredom, frequent physical ailments such as headaches, stomachaches, sleep issues, signs of regression like bed wetting, and even aggressive behaviors.

Learn how to start a conversation around mental health. Understanding how to talk about mental health — just like with talking about substance use — is one of the challenging things you will do as a parent. When beginning these conversations, it is important to speak from a place of empathy and care. It is best to avoid language associated with a particular disorder but instead to use general language such as "I am worried about you," "I am here for you," or "Can we talk about what is going on with you?" You want your child to know that you are there for them every step of the way. Gentle approaches can go a long way in building trust with your child, so they are more open about sensitive issues.

Understand bullying and how you can help. Bullying can take many forms and can involve a lot of different actions. It is important to know that bullying behaviors exist on a continuum - from inappropriate jokes and teasing, all the way up to physical violence. It is common for youth to feel shame if they are being bullied and consequently may not always share with you what is happening. Therefore, it is more important than ever to keep open lines of communication with your child. Work with your child on a proactive plan. This plan can include who will do what to resolve the situation based on the severity of the bullying. It's important to not keep bullying a secret-your child's safety is at risk and adult intervention by a parent or teacher is almost always needed.

Bullying can have long-term psychological and psycho-social impact on both the offender and the victim, which is why early intervention is so important. When it comes to the mental health of victims, there is a clear link between bullying and depression, and bullying and substance use. Offenders are also at increased risk of substance use and of becoming involved with the juvenile justice system.

There are resources out there to help you navigate your child's mental health and substance use.

Talking about mental health should be a normal part of everyday conversation. For more information, visit our website at cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at (603-934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 603-238-3555. To learn about prevention, treatment, and recovery resources in Central NH, visit Findwell NH at findwellnh.org.

Letter submission policy Letters to the Editor must include the au-

thor's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be ac-

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



Birds of a feather

This pair of plastic crow statues which suddenly appeared on top of these mail boxes in Bridgewater have created an intriguing mystery for nearby residents this summer. See the photographer's letter elsewhere on this page for further details.

Letters to the Editor

Something to 'crow' about in Bridgewater

To the Editor:

Sometime during the summer of 2023, the standing US Postal Service mailboxes at the intersection of Dick Brown Road and John Smith Hill Road were adorned by a pair of black plastic crows.

They originally appeared standing on the adjacent flower barrel that was large enough to serve as host to their first appearance. Later, they jumped up to hold vigil over the bank of postal boxes. Where they came from and who placed them there is a mystery. As is the mystery of who and when their positions atop the structure are moved to create a theater of display and interaction, a little different each day. Is it the postal person, a jogger, or more than a few silent passers-by whose day is made slightly better by the sight of the moveable crows? Sometimes they appear to be chatting with one another; at other times they just appear to be silently observing the passing traffic. At other times, they guard the safety

and security of the US Mail. Placing a motion detector camera would be a fool's errand, as there are so many who stop to collect their own mail, but maybe the mystery is better left unsolved rather than discovering who it was who placed the crows on the mailboxes.

My husband, Richard, created the stands which have made their presence more stable; He remarked that the crows might have a 'ravenous' appetite for the news in magazines and newspapers delivered or just be 'nosy' about people's mail given the length of their beaks. Whatever the initial motive; whoever was the crows' donor; I cannot help but smile every time I pick up the mail and admire the vigilant, neighborly, or disinterested role the crows play in the most ordinary of daily tasks, that of picking up one's mail.

> Carolyn Fluehr-Lobban Bridgewater

Thanks for supporting golf tournament

To the Editor:

The Plymouth Athletic Club/Plymouth Regional High School Football Golf Tournament would like to thank the Jack Golf Course and the Shamberger family and all their staff for their outstanding hospitality and support.

Thank you also to the Plymouth Hannaford for their generous donation of steak tips, chicken and shrimp as well as the rest of the supplies to serve a

Last but not least, thanks to Kelly Ross for his tireless work preparing the amazing meal and his continued support of the youth of the area. A great

Plymouth Athletic Club Plymouth Regional High School football program

Abortion statistics

To the Editor:

CDC data shows that 93.1 percent of abortions in 2020 took place within the first 13 weeks of pregnancy, while less than 1 percent occurred after 21 weeks of pregnancy.

During last week's GOP primary debate, some candidates claimed that Democrats support abortion up until birth. This is hogwash. Abortions past the point of fetal viability are incredibly rare. And when they are necessary, they involve heart-wrenching decisions to save the life of the mother, or to reduce suffering of both mother and child because the baby could not survive outside the womb. No Democrat is running on a platform to abort viable babies or cause more suffering!

Both Ron DeSantis and Tim Scott inaccurately characterized the positions of Democratic leaders during the debate. The question is, would DeSantis and Scott be in on favor of a mother dying as a result of her pregnancy? Would they force a mother to carry that baby to term, if her doctors have told her the baby cannot survive outside the womb? Those choices shouldn't be made by any politician or legislature. They are between a woman and her doctor.

> Joyce Weston **Plymouth**

Spotlight

Ogunquit Playhouse stages technically perfect "DaVinci Code"

BY GARY JESSEMAN

Contributing Writer

If you've read Dan Brown's book, or seen the movie, you know that "The DaVinci Code" is a technically complex mystery. How is this going to translate to a stage production you ask? Well, it does. Beautifully!

Stars Michael Urie, Hannah Cruz and Charles Shaughnessy (the recently departed Victor Cassadine on "General Hospital") are all wonderful, as is the rest of the cast, but in my mind, the real star of the show is the amazing technical wizard-

From the very beginning with the murder at the Louvre, to a trip to Versailles, to Westminster Abbey and Scotland's Rosslyn Chapel, there is no shortage of action as Robert and Sophie embark on their quest to find "The Holy Grail."

ly and artfully staged. I think one of my favorite scenes (I can't have just one!) is in the bank, as the duo try to open a safe-deposit box. I won't

At one point, Charles Shaughnessy embodies his inner "Victor Cassadine" in a role reversal I had forgotten about. One of the last scenes in the chapel when Sophie discovers she has relatives that are alive, is very touching.

Don't let the technical aspect scare you away.

of the production. It's a great story, beautifully

"The DaVinci Code" plays through Sept. 23. Up next: The Regional Premiere of the new Broadway Musical "Tootsie" featuring Dan

DeLuca and Sally Struthers.

All the different settings are very beautifulgive anything away!

It all just adds to the intensity staged and acted.



Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383 merrysunshine51@yahoo.com

Welcome to the last week of August. Not long now, and the children will be back in school! Some districts have already opened. Be mindful of those flashing lights and stop signs.

Town

Board of Selectmen meeting Tuesday, Sept. 5 at 6 p.m. in the Municipal Building.

Historical Society meeting Wednesday, Sept. 6 at 7 p.m. at the Tucker House.

Alexandria UMC

Sincerest condolences to the family of Elizabeth "Liz" Flanders who passed on Aug. 24. Liz was a long time member of AUMC, and served as a Sunday School and Vacation Bible School teacher for many years. Thank you, Liz, for leaving footprints on our hearts, you will be missed by many.

There will not be a Community Dinner Saturday, Sept. 2, so that folks may attend the AVFD Annual Pig Roast. The next Community Dinner will be on Saturday, Oct. 7.

Sunday, Sept. 3, services begin at 10 a.m. with Pastor Mark Lamprey officiating. Communion will be served at an open table. All are welcome!

There will be a PPRC (Pastor Parish Relations Committee) meeting Sunday, Sept. 3, immediately following church services.

Sunday School will begin on Sunday, Oct. 1, and will follow church services. If you would like more information, please leave a message at (603)-744-8104.

Looks like the sun has come out of hiding again so I'm headed outside to putter a bit. Time to start putting the garden decorations away. Have a safe Labor Day weekend, and safe travels wherever you may go!

Ashland

David Ruell 968-7716 davidruell@gmail.com

Friends of Library meeting

The Friends of the Ashland Town Library will meet at 6:30 p.m. tonight (Thursday, Aug. 31) in the Library to plan for their fall book sale (part of the

Town Wide Yard Sale on Sept. 16), and two fall programs. They will also consider library pass renewals and other purchases for the Library.

Green Grove Cemetery Walk

The Ashland Historical Society will have a new Cemetery Walk in Green Grove Cemetery at 2 p.m. on Saturday, Sept. 9. The Ashland Reenactors will make presentations at four grave sites, portraying Congressman James and Roxanna Briggs, Benjamin and Ann Jewell, Adolph and Clara Schelzel, George and Emma Scribner. The program is free and open to the public. Vehicles may be parked in the Post Office lot across the street. A cart will transport those who have difficulty walking. In case of rain, the Walk will be held at 2 p.m. on Sunday, June 11.

Town Wide Yard Sale

Ashland's annual Town Wide Yard Sale will be held on Saturday, Sept. 16, just two weeks from this coming Saturday. This will be a good opportunity to sell your trash or to find that treasure at a cheap price. The Friends of the Town Library will hold a book sale on the library lawn. The Ashland Woman's Club will have a sales booth in the group site in Memorial Park.

Tax maps

An interesting new feature on the Town Web site (ashlandnh. org) is the updated tax map. You can click on the new map on the home page and then zoom in on any property, and click on the additional data for that property, such as the tax cards, assessments, etc., all without having to go to the Town Hall.

Campton-Thornton

Joël Freeman 398-4368 bearfootfarm@aol.com

Campton Public

Library The Campton Public Library is starting its fall/winter hours on Aug. 28. Monday 3-6 p.m., Tuesday 3-6 p.m., Wednesday 3-7 p.m., Thursday closed, Friday 3-7 p.m., Saturday 9 a.m.-4 p.m., Sunday closed. Please come in for a visit. You can browse our collection of books and DVDs, make requests, or use

our WIFI and comput-

ers. The library staff

are happy to assist you

with all needs and re-

Campton Old Home Day

Campton Old Home Day takes place on September 23 at the Campton Historical Society on Route 175 from 10 a.m. to 2 p.m. Come hang out at CHS for some good eats, music, demos and really cool people. The more merrier! Enjoy live music with singer songwriter Richard Gehrts. Back in the day he performed with The Mamas and the Papas, Gordon Lightfoot etc. before stepping back from life on the road to open a winery with his wife out West. Joe Hiese will offer a Harpsichord demonstration. The Campton Fire Department BBQ, bean hole beans, Priscilla's freshly baked bread and free ice cream, a cider press demonstration with David Moulton. Local farrier, Robert Oakes will give tours of carriage shed. See Tinker Tools unusual display with George Short. We will have pottery demonstration with Sharon Dunigan and printmaking with Blair Folts. Childrens with Campton Park and Rec and paint Al the Moose, the makings of what will hopefully be a new tradition! There will be fly fishing instruction with Pemi Trout Unlimited. Come see antique and other cool vehicles. If you have a "cool" vehicle, we would love for you to join us. Give us a call. Enjoy corn hole and more!! Visit the Campton Historical Society website at www. CamptonHistorical.org

Danbury

the action.

Donna Sprague huntoonfarm@myfairpoint.net

or contact Paul Yelle at

726-6580 for more infor-

mation or to be a part of

South Danbury Church

There will not be a formal worship service at the South Danbury Church on Sunday, Sept. 3. Instead, they will have an Open House at 11 a.m. All are invited to stop by, and pray or meditate, listen to music, and to experience stillness and calm. Everyone is welcome!

Watch for them at the Blazing Star Grange Fair Parade at 11 a.m. on Saturday, Sept. 9, tossing treats from the "float." Come and enjoy the parade, and all of

the Grange Fair events. For church news, programs. events, and announcements worship services, follow them on Facebook at "Friends of the South Danbury Christian Church," watch for the outdoor sign at the church, call/ text 603744-8073, email southdanburychurch@gmail.com. Send an email if you'd like to be on their mailing list. Also contact them if need a ride to attend worship or events.

The South Danbury Church, located at 1411 U.S. Route 4 in South Danbury, NH 03230, is listed in the National Register of Historic Places and is an Open & Affirming Congregation of the United Church of Christ, UCC.

Danbury Grange Fair

Next Saturday, Sept. 9, is the annual Danbury Grange & Community Fair. Breakfast items and the household treasures sale starts the day at 9am with additional games, crafts and exhibits starting at 10 a.m. The parade begins at 1pm at Restful Rd and ends beyond the Grange Hall. Bed races at noon. Tractor Pull and horseshoes at 1pm, and Dutch auction at 3pm. Lindsey Schust and the Ragged Mtn Band play from 11 a.m. to 2 p.m. The Baked Bean and Ham supper runs from 5 to 6:30 p.m. Eat in or do take out for home or for across the street where you may listen to the music of Grandville Days. Silent auction goes on all day with winners assigned at 6:30 p.m.

The annual fair is the major fundraiser to cover the expense of commercial insurance to be able to allow the public access to the hall. The Grange maintains their hall solely through fundraising and donations. Success depends on a loyal following and many volunteers that come forward to bring this annual event to the community. For information, to donate a pie or salad for the supper, or to volunteer, call 603-768-5579, 603-252-4440.

Holderness

Fran Taylor 968-3846

New Hampshire's fall hunting kicks off on Friday, Sept. 1 with the opening of black bear and gray squirrel seasons. Archery seasons for turkey and white-tailed deer get underway September 15, and the statewide resident Canada goose hunt runs Sept. 1–25.

For those of you interested in State finance, the New Hampshire Fiscal Policy Institute will hold a Budget and Policy Conference on Monday, Oct. 16 at the Grappone Center in Concord. The focus will be Tackling Workforce Challenges and Strengthening Economic Security. Nhfpi. org

The final service at Chocorua Island Chapel will take place on Sunday, Sept. 3 at 10:30 a.m. Rev. Sam Lovett, Chaplain, St Paul's School, will preach.

At the Aug. 14 Selectboard meeting it was announced that our Town Treasurer Todd Elgin will be stepping down effective Sept. 25. The board thanked him for his more than eighteen years of service to the community. When asked what qualities the next Treasurer should have he suggested that the appointee have financial background, be reliable and have a strong attention to detail. Think you'd be interested? Contact one of our selectboard or Town Clerk.

At a recent meeting the Selectmen agreed to send a letter advocating support for the proposed multi-community project by PA-REI that would secure funding for a renewable energy project.

Much discussion about the Town Clerk/ Tax Collector positions now that long time Clerk Ellen King has announced her retirement. Should it be one position or two? The board will update the job description at their next meeting.

The Noon Book Group is reading "This Is Your Mind on Plants" by Michal Pollan. The book covers the culture enforcement and how it has changed in

the country in the last 20 years as well as a scientific perspective on Opium, Caffeine and Mescaline. Discussion will take place on Sept.

Beginning of the Central School year went smoothly with a total of 151 students. Short week this and next which helps the youngsters adjust to the schedule.

Students began their return to the Holderness School campus this week with all students returning by Sept. 4. New staff includes Ted Lightburn who will teach science. Among other things, he has taught darkroom photography, is a certified Wilderness First Responder and has climbed all New Hampshire's 4,000 foot peaks.

Warren/ Wentworth

Gary Jesseman 707-7129 garyj@together.net

Greetings everyone. Hope you are all having a good week. Summer is winding down. And with it the theater season. I have just a couple more performances to go. You will find two reviews in this paper.

WARREN NEWS— The final concert on the common will be held on

Sept. 8—Ashley Hootenanny Jane's (Classics from Golden Age of Country AND There will be a Parks and Rec BBQ Fundraiser) Concert rain or shine, from 6-9 p.m.

WENTWORTH NEWS-Wentworth Open Air Market runs from July 5 to Oct. 7, Saturdays from 10 a.m. to 2 p.m.Email Renee wentworthfarmmarket@gmail.com for more information. This week features a community yard sale, and Food Hound Truck.

The Book Club at Webster Memorial Library will meet on Sept. 11 at 6 p.m. to discuss "The Immortal Life of Henrietta Lacks." Copies are available at the Library.

Have a good week, and remember to count your blessings!

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Edward Jones: Financial Focus

Should you invest... or speculate?

You'll find some big differences between traditional and speculative investments - and knowing these differences can matter a great deal when you're trying to reach your financial goals.

To begin with, let's look at the basic types of traditional and speculative investments. Traditional investments are those with which you're probably already familiar: stocks, bonds, mutual funds, government securities, certificates of deposit (CDs) and so on. Speculative investments include cryptocurrencies, foreign currencies and precious metals such as gold, silver and copper.

Now, consider these three components of investing and how they differ between traditional and speculative investments:

The first issue to consider is risk. When you own stocks or stock-based mutual funds, the value of your investments will fluctuate. And bond prices will also move up and down,

, and the investor can lose principal value if the investment is sold prior to maturity

terest rates. However, owning an array of stocks - small-company, large-company, international, etc. can help reduce the impact of volatility on your stock portfolio. And owning a mix of short- and long-term bonds can help you defend yourself somewhat against interest-rate movements. When interest rates fall, you'll still have your longer-term bonds, which generally - but not always pay higher rates than short-term ones. And when interest rates rise, you can redeem your maturing short-term bonds at potentially higher rates.

With speculative investments, though, price movements can be extreme as well as rapid. During their short history, cryptocurrencies in particular have shown astonishingly fast moves up and down, resulting in huge gains followed by equally huge. or bigger, losses. The risk factor for crypto is exacerbated by its being largely unregulated, unlike with

regulatory agencies. There just isn't much that investors can do to modulate the risk presented by crypto and some other speculative investments.

A second key difference between traditional and speculative investments is the time horizon involved. When you invest in stocks and other traditional investments, you ideally should be in it for the long term — it's not a "get rich quick" strategy. But those who purchase speculative investments want, and expect, quick and sizable returns, despite the considerable risk involved.

A third difference between the two types of investments is the activity required by investors. When you're a long-term investor in traditional investments, you may not have to do all that much, once you've built a portfolio that's appropriate for your risk tolerance, goals and time horizon. After that point, it's mostly just a matter

of monitoring your portfolio and making occasional moves you're not constantly buy-

ing and selling, or at least you shouldn't be. But when you speculate in crypto or other instruments, you are constantly watching prices move — and then making your own moves in response. It's an activity that requires considerable attention and effort.

One final thought: Not all speculative instruments are necessarily bad investments. Precious metals, for instance, are found in some traditional mutual funds, sometimes in the form of shares of mining companies. And even crypto may become more of a stable vehicle once additional regulation comes into play. But if you're investing for long-term goals, such as a comfortable retirement - rather than speculating for thrills and quick gains, which may disappear just as quickly - you may want to give careful thought to the types of investments you pursue.





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stocks and bonds, whose transactions largely in response to changing inare overseen by well-established This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC esting in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise. The prices of

New coach for Plymouth girls' soccer program

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — Fraser Kirkpatrick has been coaching soccer in the Plymouth area for a number of years and this year is taking the step up to the varsity girls' team. He has been pleased with what he has seen in the preseason.

"It's great to see the progression, every time they take the practice field they should be getting better and that has been evident in the last month," Kirkpatrick said. "We have a pressing, counter-attacking style that we are setting up to play that relies on good decision making with the ball and selecting the easy pass when possible."

The Bobcats will be led by five returning seniors. Sydney Valenti is the team's captain and has looked strong in front of the goal, while assistant captain Lucie Beauchemin is the heart and soul of the team, a strong defender with a great strike. Addie Elfstrom has impressed with her quick speed up front and Delaney Comtois and Emma Smith are two of the team's hardest workers and put in a lot of time over the summer to be ready for the new season.

Sophomores Arianne Lee, Johanna Wakefield and Ella O'Hare gained a lot of experience last year and worked hard over the summer to be key players in the future of the program, with Lee in the defensive midfield, Wakefield up front and O'Hare working as the team's striker to tie everything together.

Junior Ella Claudio and sophomore Claire Miller add depth to the defensive line and are capable of playing out from the back as strong players, while junior Anna Boyer adds determination and hustle to the mix and also brings the comedy to the team. Classmate Juno Sargent can play any position, including goaltender and will be a key cog, while junior MacKenzie Huckins is a versatile defender who improved over the summer.

Among newcomers, freshman Mikayla Walker is a strong defender and overall player, while classmate Lily Renkert is a great prospect at goaltender. Freshmen Parker Tirrell is fast and skillful as well. Junior Devyn Williams comes over from volleyball and brings a lot of speed to the pitch, while fellow junior Addison Kay got a lot of experience last year on JV and has the chance to show off her skills at the varsity level.

"We are hoping to get some wins in the first half of the season and then see where we go," Kirkpatrick said. "We are going to have a fun season, the girls are excited and can't wait to get started.

"We are going to get better every day and see where that takes us," he added.

The Bobcat coach noted that he will also be working with the JV program on a daily basis to help build the program up in the coming years and notes that there are a lot of talented freshmen coming into the program this year.

"It's all about trying to find the right blend and balance of the team," Kirkpatrick said. "I am lucky to have such great athletes, but not only that, their soccer IQ is at such a level that they are able to adapt

"We speak openly about the roles and movements needed for each position so they are all aware of what we are trying to do, in terms of forward progressions," the Bobcat coach added.

The Bobcats will play single games with two games each with Pembroke, Kennett, Laconia and Kingswood and single games with Oyster River, Hollis-Brookline, Merrimack Valley, Milford, Pelham, Souhegan, Bow and Coe-Brown.

The first game of the season was rained out on Friday, postponed until after deadline Wednesday. The Bobcats will be back in action on Friday, Sept. 1, at Kennett at 4 p.m. and will be at Kingswood at 5:30 p.m. on Tuesday, Sept. 5, and at Pembroke on Thursday, Sept. 7, for a 4 p.m. game.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Austin, Barach and Guilbert to lead way for Bobcat field hockey

BY JOSHUA SPAULDING

PLYMOUTH — The Plymouth field hockey team has its sights set on a spot in the postseason tournament with a mix of returning players and newcomers all expected to chip in.

"We are hoping to come together these first couple weeks as a team, as we have a mix of returners and new players to varsity," said coach Ashley Laufenberg, in her 16th year as the Bobcat coach. "Our goal is to be competitive in each game from the starting whistle to the end, aiming for a spot in the postseason tournament."

The Bobcats will be led by three senior captains in forwards Brooke Austin and Anya Barach and midfielder Hailey Guilbert. They will be joined by fellow seniors Elizabeth Means in the midfield, Avery Noyes on defense, Lily O'Brien and Eren Yee up front and goaltender Olive Rose.

The coaching staff will be looking for offensive contributions up front from juniors Morgan Gilpatric, Margaret Roper and Mackenzie Welch along

with sophomore Amelia Avery.

Juniors Aubrey Brunt and Paige VanSickle and sophomores Lucia Sakin and Amanda Ahern will be looked at to chip in at the midfield position, while juniors Carys Mitchell and Abigail Avery will be key cogs in the defense in front of the goal.

In addition to Rose, junior Alexis Lucas will be fighting for time in the net along with two freshmen who are earning time on the JV roster.

The Bobcats are will be playing home games against Portsmouth, Kennett, Sanborn, John Stark, Kingswood, Merrimack Valley and Lebanon and road games against Laconia, Hanover, Derryfield, Hollis-Brookline, Milford, Bow and Pembroke.

The season was scheduled to kick off last Friday at home against Portsmouth and Tuesday, Aug. 29, at Laconia and continues on Tuesday, Sept. 5, at home against Kennett and Thursday, Sept. 7, at home against Sanborn, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Adorno takes helm for young Newfound football team

BY JOSHUA SPAULDING

BRISTOL — As has been the case the last few years, the Newfound football team will be bat-

tling low numbers as the new season begins.

New coach Luis Adorno notes that the Bears will be relying a lot on young players in the new sea-

"The goal for this very young team is to go out and compete every week," Adorno said. "I'm not sure what our record will be, but I iust want the team to have fun and flat out compete."

The team will be looking at more than 11 freshman and another seven sophomores on the young roster and there are only

four seniors on the roster.

Those four seniors include Cody Laflamme at running back and outside linebacker, Dylan Hennessey at tight end and outside linebacker, Owen Wyatt at fullback and defensive end and Isaac Robert at offensive tackle and nose tackle.

Amongst the new players, Owen Wilkins and Daniel Sherkanowski will be players to watch, with both players pegged as possible quarterbacks, while Sherkanowski may also see time at wide receiver.

"With all of the young players, this year is certainly a rebuilding year, but that said, I expect us to play hard and fight hard until the very last second," Adorno said.

The majority of the players that have showed up for offseason and preseason were my freshmen class.

"I have to say that this class is ambitious and they have been working very hard," the Bear coach continued.

Newfound will play home games against Somersworth, Newport, Winnisquam and Raymond and road games against Franklin, Bishop Brady and Mascoma.

The season officially kicks off on Saturday, Sept. 9, at home against Somersworth at 2 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Newfound soccer girls have sights set on tournament

BY JOSHUA SPAULDING

BRISTOL — The Newfound girls' soccer team has set a goal to reach the NHIAA tournament and new coach Ray Curren is hoping to help them

"It's tough to know in my first year, we just want to get better every day in practice and see where that gets us at the end of the year," Curren said. "Numbers are still a bit lower than we'd like, so depth and injuries could be tough for us."

The Bears will seven seniors who will be counted on to lead the way. Emily Avery and Hannah Bassett will be working on defense, Rylee Barney and Abby Carlson will be working up front, Isabel Braley and Soraya Glidden will be in the midfield and Mika Austin returns to the goal for the

Junior Isadora Robert and sophomore Leah McFarland are both back on the defensive side of things and Serenity Dinger will return for her sophomore season as a defender and backup goaltender.

New to the team are senior Sarah Buchanan in

the midfield and freshmen Adara Glidden in the midfield and Julia Reynolds at forward.

"The girls have been very welcoming throughout the summer and they have done their best to adjust to a new coach, especially seeing as school hasn't even started yet," Curren said. "It's a senior-laden group and they would like to qualify for the NHIAA tournament."

The Bears will be going to battle with only 17 kids, so the depth and injuries will play a significant role as the team moves forward.

The Bears are slated to play two games each with Mascoma, Berlin, White Mountains, Lin-Wood and Gilford as well as single games with Stevens, Inter-Lakes, Bishop Brady, Prospect Mountain, Belmont and Campbell.

The season kicked off on Friday, Aug. 25, at home against Mascoma and continued Tuesday, Aug. 29, at home against Berlin. The Bears will be hosting White Mountains on Tuesday, Sept. 5,

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Yukon

Meet Yukon! He is very excited about moving to New Hampshire and would thrive in an active home. Yukon would be great for a family that craves more energy in their life. Yukon is very smart and could even do well making some dog friends.



Ariel

Meet Ariel! This beautiful girl is looking for a forever home to thrive. Ariel has a developmental condition known as, Cerebellar Hypoplasia. This primarily impacts her motor functions, making balance and staying still difficult at times.

NH Humane Society Over a century of love for those without a voice. 1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



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Bear runners hope to continue recent success

BY JOSHUA SPAULDING

Sports Editor

BRISTOL The Newfound cross country team has found some solid success the last few vears and coach Mike LaPlume anticipates more of that on the horizon for the upcoming

"We had a great sum-

have worked hard to build their base miles for the upcoming season," LaPlume noted. "We have also had way too much fun, as this team is more fun to hang out with than the Beatles."

On the girls' side of things, the Bears have a young group, but one lick-Drake and Charlotte

mer and all the athletes that brings plenty of experience to the fold. Junior Josie Halle, sophomores Ceili Irving, Addy Alpers, Reece Cutting and Emerald Briggs all return for the Bears, senior Laurel while McKellar, sophomore Gabby Valliere and freshmen Sophie Gar-

Kaempfer join the team for the first time.

"If all goes to plan for these girls, they should compete for a bid to Meet of Champions this year," LaPlume stated.

For the Bear boys, there will be a mix of veteran leaders and what coach Earl Mills used to call "young puppies."

Senior captain Evan Foster, senior Broderick Edwards, juniors Tucker Magrauth, Julian Field, Caleb Anair and Xander Krom and sophomore Kelton Austin are back in the green and white for a new season. while senior Tobias Eckert and freshmen Colin Foster, Wyatt Towne, Ben Gilbert and Jack DeFilippe are out for the team for the first time.

"We are hoping for a top-10 finish, but if we have a breakout season from an athlete or two, they may compete for a Meet of Champions bid," LaPlume pointed out.

LaPlume will be joined on the coaching sidelines by John Daley, who has been working with the track team the

last few years. He replaces coach Amy Yeakel, who stepped down to focus on her family after last season.

The Bears have home meets on Thursday. Sept. 7, and Wednesday, Sept. 20, and will also run at Gilford. Great Glen, Mascenic, Belmont, Coe-Brown, Monadnock, Hopkinton and Merrimack Valley.

The season kicks off today, Aug. 31, at Gunstock at 4 p.m. and continues with the Newfound Fun Run on Thursday, Sept. 7, also at

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

High hopes for Plymouth cross country squad

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — Coach Aisha Harper noticed right away that members of her Plymouth cross country team put in the work in the offseason and this makes her even more excited about the upcoming season.

"The amount of summer running and training these athletes did prior to preseason beginning tells a whole story," Harper said. "They are ready for speedwork sooner than past seasons.

"This puts Plymouth boys and girls at an advantage training-wise as we can get into the harder practice days sooner and ideally avoid more injuries," Harper added.

Harper notes that all of the girls on the team are coming back with Meet of Champions well within their reach again and there's also a chance that some individuals could make it to New Englands in November.

"We have some incoming freshmen and some new members of the team who bring a new and exciting energy," Harper said.

The Bobcat boys are looking strong as well, as they have a couple of incoming freshmen and returning seniors who are all stacked with base miles that put them ahead of the game as the season begins.

The Bobcats are also excited to welcome Kelsey Sobel to the coaching staff this year. She was the varsity coach at White Mountains Regional for a few years and Harper said she is happy to have her on board.

"We are really psyched for this vear." Harper said. "I can feel it in the air."

The Bobcats are slated to host their only home meet on Friday. Oct. 6, and will also compete at Great Glen Trails, John Stark, Newfound, Derryfield Park, Kingswood and Hollis-Brookline.

The season kicks off on Saturday, Sept. 9, at Great Glen Trails at the base of the Mount Washington Auto Road.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Thursday, Aug. 31

NEWFOUND Cross Country at Gilford; 4 Field Hockey at Monadnock; 5 **PLYMOUTH**

Volleyball vs. Kingswood; 5:45

Friday, Sept. 1

NEWFOUND Boys' Soccer vs. Winnisquam; 4 **PLYMOUTH** Boys' Soccer vs. Kennett; 4 Girls' Soccer at Kennett; 4

Saturday, Sept. 2

PLYMOUTH

Football at Pembroke; 2:30

Tuesday, Sept. 5

NEWFOUND Boys' Soccer at White Mountains; 4 Girls' Soccer vs. White Mountains; 4 **PLYMOUTH** Boys' Soccer vs. John Stark; 4

Field Hockey vs. Kennett; 4 Girls' Soccer at Kingswood; 5:30 Golf at Laconia; 3:30

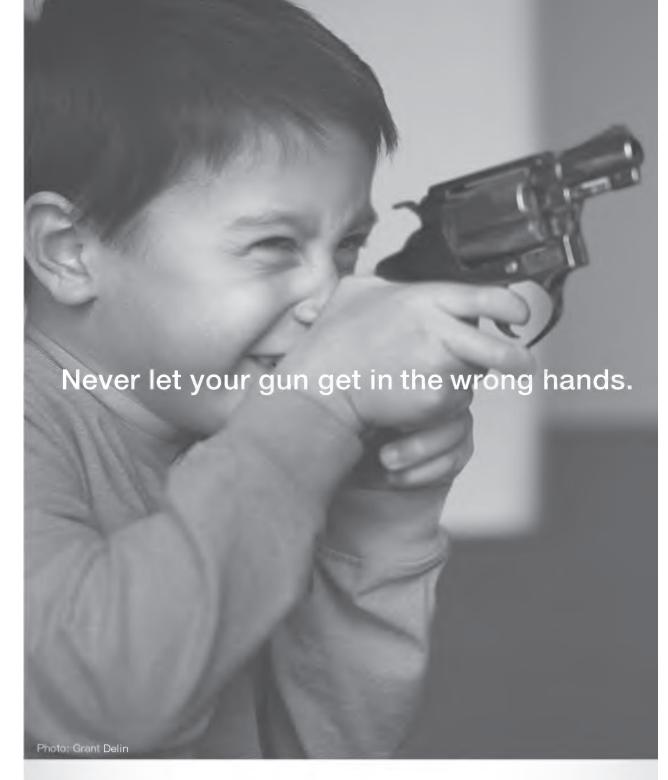
Wednesday, Sept. 6

NEWFOUND Field Hockey vs. Winnisquam; 4 Volleyball vs. Prospect Mountain; 6:15 **PLYMOUTH** Volleyball vs. Manchester West; 5:45

Thursday, Sept. 7

NEWFOUND Cross Country Home Meet; 4 **PLYMOUTH** Field Hockey vs. Sanborn; 4 Girls' Soccer at Pembroke; 4

All schedules are subject to change.



Your family, friends and neighbors are all counting on you. If you own a firearm and are not using it, please be responsible and be sure that it's stored in a safe place. Visit ncpc.org to determine the best firearms safety solution for you.











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THE REAL REPORT

Town	Address	Туре	Price	Seller	Buyer
Ashland	N/A	N/A	\$68,000	Stephen Orlich	Dustin Fleury
Bridgewater	Hammond Hill Road	Resdential Developed Land	\$67,000	Linda P. Vassy RET	Martina H. Hochtl
Bridgewater	N/A	N/A	\$699,000	James D. and Carol R. Webster	BHLBT and Donald C. Dolben
Bristol	Westview Estates Condo Unit	5 Condominium	\$480,000	Camille M. Mucci	Paul and Carolyn Clark
Campton	Cabernet Drive	N/A	\$90,000	Tower 2013 RET and Dell K. Tower K	enneth E. Larson, Jr. and Katherine m. Manizza
Campton	95 Goose Hollow Rd.	Single-Family Residence	\$375,000	Vincent and Jenine Vindice	Shilo Horsman
Campton	N/A	N/A	\$75,000	Vahagn V. Torosyan	Coral 88 Summit Dr. LLC
Dorchester	1837 N. Dorchester Rd.	Single-Family Residence	\$350,000	Hannah A. Brown and Eric L. Downing	Amy and Thomas K. Sturges III
Groton	N. Groton Road	N/A	\$118,000	Inherited Property Solutions LLC	Carl and Leeann Hilliker
Groton	30 N. Groton Rd.	Mobile Home	\$90,000	Michael R. and Maura P. Hobart	Inherited Property Solutions LLC
New Hampton	Straits Road	N/A	\$103,266	Lance M. and Linda L. Tibbetts	Andrew J. Tibbetts and Lindsay E. Jones
Plymouth	50 Texas Hill Rd.	N/A	\$115,000	Crowley Fiscal Trust and Jerry Howard-	Crowley Errign and Darren P. Siek
Plymouth	N/A (Lot 21)	N/A	\$388,000	Eva A. Karcher RET and Rose M. Stone	Bobby G. and Peggy R. Harris
Rumney	309 Depot St.	Single-Family Residence	\$399,000	Nanette J. Carpenter and John J. Brooks	Cartus Financial Corp.
Rumney	309 Depot St.	Single-Family Residence	\$399,000	Cartus Financial Corp.	Adam and Stephanie Loggins
Thornton	7 Laurel Circle, Unit 4	Condominium	\$315,000	Kevin J. and Donna M. England	Stephen B. Gleason
Thornton	Sullivan Drive	N/A	\$350,000	James E. and Joan Pender	James E. Pender, Jr. RET
Thornton	N/A	N/A	\$380,000	Katie Voci and Peter Caruso	Teresa A. Hansel RET
Thornton	N/A (Lot 27)	N/A	\$62,533	White Mtn. Escapes LLC	Kalivita LLC
Thornton	N/A (Lot 21)	N/A	\$48,000	William and Kerri Burke	Michael and Linda Krajewski

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/ B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www. thewarrengroup.com

Squam River Studio partners with Squam Lakes Conservation Society on open house fundraiser

ASHLAND — International artist Shani McLane welcomes the public for an Open House at her Squam River Studios, 32 Main St., Ashland, from 4:30 to 6:30 p.m. on Thursday, Sept. 7. Jim Tyrell will perform live music, and refreshments will be provided compliments of Common Man. The Open House is a collaborative fundraiser to benefit Squam Lakes Conservation Society (SLCS). McLane plans to donate a portion of all art sales that day to SLCS for land conservation in the Squam Lakes watershed and a staff member will be on hand to answer questions.

A print, glass and textile artist, McLane is passionate about educating and producing work based on climate change and the impact it has on future generations. In the past, her work has focused on the importance of the Global Seed Vault in Svalbard, Norway and the long-term shift in climate patterns. Recently, McLane has



been busy with a new series of work focusing on "Fowers - the climate protectors."

Squam Lakes Conser-

vation Society has been conserving land in the Squam Lake watershed since 1960. In the wake of climate change and

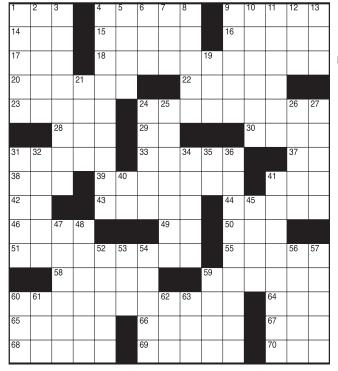
the increase of "climate migrants," there is more urgency to protect and steward the land, keeping it safe from devel-

opment, ensuring clean water, healthy forests and preserving our natural resources.

Located in the former Ashland Savings Bank, Squam River Studios was renovated by Mc-Lane, her husband, Ben, and friend, Dave Clark, along with local contractors into a working art studio and teaching space. The stunning renovation earned the 2014 Preservation Achievement Award from the New Hampshire Preservation Alliance.

To learn more about Shani McLane's artwork, visit her Web site www.shanimclane. com. To learn more about Squam Lakes Conservation Society visit www.foreversquam.org.

TAKE A BREAK



ACROSS

- 1. Midway between east and
- 4. At right angles to a ship's length 9. William Penn's business partner
- 14. __ de plume 15. Accomplished soccer coach
- 16. Bone cavities
- 17. __ juris: independent 18. Popular Philly sandwich
- 20. Northern Ireland county 22. Performing artist
- 23. S S S
- 24. Lacks flavor
- 28. Commercials
- 29. Anno Domini (in the year of 30. Qatar's capital
- 31. Indigenous peoples of Alberta 33. Popular footwear
- 37. Indicates position
 - 38. Anglican cathedral 39. Aircraft part
 - 41. Before 42. Blood group
 - 43. Secretory organ
 - 44 .Fencing swords
 - 46. The small projection of a mammary gland
 - 49. Technological advancement 50. Male parent
 - 51. Dissociable
 - 55. More cold
 - 58. Cape Verde Islands capital 59. Blood disorder
 - 60. Creative
 - 64. Sun up in New York
 - 65. Made angry 66. Relieves 67. Brooklyn hoopster

- 68. Seasonsings 69. Movable barriers
- 70. Attempt

DOWN

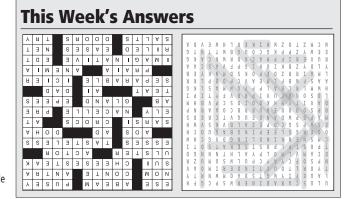
- 1. Occur as a result of
- 2. Spiritual essences 3. Representative
- 4. Entering 5. Nobel Prize-winning physicist
- 6. Midway between northeast
- 7. Consumed 8. Tablelands
- 9. Kids' craft accessory
- 10. Not known
- 11. Sound directed through two or more speakers 12. A major division of geological time
- 13. Wild ox 19. Shock treatment
- 21. Turner and Lasso are two 24. Genus of flowering plants
- 25. Relating to ductless glands 26. Stock certificate
- 27. Satisfies
- 31. Places to enjoy a rest
- 32. Edward ___, author and writer 34. " but goodie"
- 35. One hundredth of a liter
- 36. Shabbiness
- 40. TV personality Roker 41. Triangular upper part of a
- 45. Speed at which you move
- 47. Offend
- 48. A reference point to shoot at
- 52. Forays 53. Biblical city
- 54. Blatted
- 56. Northern sea duck
- 57. Shabby (slang) 59. Allege
- 60. Tax collector 61. Whereabouts unknown
- 62. Chinese philosophical principle 63. Indicates equal

U 0



CAMPSITE WORD SEARCH

A-FRAME, BILLY CAN, BLAZE, CAMPER, CAMPFIRE, CAMPGROUND, CANOPY, CARABINER, COWBOY CAMPING, DAYPACK, DOME, FLY, GROUND COVER, GUYLINES, HIKE, KINDLING, PAD, POTABLE, SLEEPING BAG, SMORES, SNOWBIRD, STAKES, TENT, TINDER





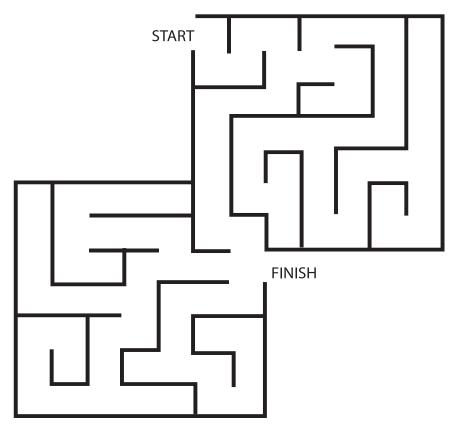
COLORA

MODERN-DAY GOLF
ORIGINATED
IN THIS COUNTRY.

ANSWER: SCOTLAND

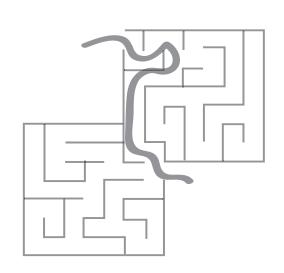
Maze Craze

Can you find your way through the center of the maze?





- 1609: HENRY HUDSON DISCOVERS DELAWARE BAY.
- 1916: DURING WORLD WAR I, ITALY DECLARES WAR ON GERMANY.
- 1993: NASA'S GALILEO PROBE PERFORMS A FLYBY OF THE ASTEROID 243 IDA. USING PHOTOS TAKEN DURING THE FLYBY, ASTRONOMERS LATER DISCOVER A MOON AND NAME IT "DACTYL."





BIRDIE

a score of one stroke less than the declared par of any hole



ENGLISH: Sport

SPANISH: Deporte

ITALIAN: Sport

FRENCH: Sport

GERMAN: Sport



THERE IS A 12,500-TO-1 CHANCE

OF MAKING A HOLE
IN-ONE ON THE

GOLF COURSE.



Can you guess what the bigger picture is?

YNƏMEK: GOLF CLUBS

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to camping.

Each number corresponds to a letter.

(Hint: 9 = T)

A. 9 6 7 9

Clue: Camping shelter

B. 8 24 23 2 9 5 24 7

Clue: Spot on map

C. 1 6 2 14

Clue: Equipment

D. 24 13 6 14 7 5 1 3 9

Clue: Lasting one evening

SUDOKU

2					4			9
5			6		3			
	9				ngoooss			4
		7				2		
		4	9	3		5		
	2			7			6	
		8					2	
	3	9	5			7		

Numbers
Like puzzles

Fun By The

Like puzzles?
Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Answers: A. tent B. location

C. gear D. overnight

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

uudi	8	2	9	2	S	6	3	Þ
9	S	6	L	V	3	8	G	danox
S	Þ	ε	6	anada.	8	2	L	9
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6	ဥ	shows	ħ	G	L	9	8	S

ANSWER:

Campton Congregational

Sunday, Sept. 3

9:30 a.m. Sunday Service, Rev. Jeff Robie will lead us in Worship 10 a.m.

Children's Sermon/Sunday School. Following Worship we gather for coffee, goodies, and fellowship.

Tuesday, Sept. 5 10:30 a.m. Bible Study

Noon BYO fellowship Lunch

1 p.m. Ladies Guild meets for crafts, fun, & fellowship

6 p.m. Bible Study on Zoom

Are you looking for a community of support, love, and spiritual growth? Our church welcomes you to come and find your place in our family. Let us help you deepen your connection with God, through inspiring worship services, meaningful fellowship, and opportunities for growth and service. Whether you're a lifelong believer or just starting to explore faith, we invite you to join us for a warm and welcoming church experience that will uplift your spirit and nourish your soul. Discover prayer, the beauty of music (from our wonderful organist, Jim Tyrrell), and inspiring words from Pastor Jeff, as we come together to worship and praise God in the company of

All are welcome Sunday mornings, as

fellow believers.

we come together to worship praise and God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world.

Our Services are available on Facebook. Bible studies are available on Zoom. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223.

Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Chapel of St. John of the **Mountains**

Sunday, Sept. 3 Gospel singer Alan

Frink will bring us our message in music. Please join us as Alan has been with us in the past and we are pleased to have him with us again.

Baptism

After the service we will join together to celebrate the baptism of two wonderful Christians. Please plan to join us for this service following our Worship.

Fall schedule

Following our Sept. 3 worship, we will be open on Sunday, Oct. 8, for Gospel Music with the "Echoes of Faith." Then on Nov. 5, we meet for our Thanksgiving Service with Rev. Brad Wolff. Our last service of the year will be Dec. 3 at 4 p.m. (for our candlelit service). When we will worship in Scripture and in song with Musician Jim Tyrrell.

Field trips

Two field trips left for the season. There are signup sheets in the Chapel for all our trips or call Pastor Cindy. Reservations are required and we would love to have you with us.

Friday, Sept. 15

We gather early (time will be decided by those going on the trip) to travel to Tunbridge Fair. This will be a wonderful drive in the country followed by great fun food and fellowship. Please plan to be with us.

Saturday, Oct. 7

We leave around 3 p.m. to travel to Tilton to take in a late lunch or early dinner, depending on how you look at it. Following this, we will travel to the Gospel Concert. This is a great event and we hope that you will join us.

Every Sunday of our season

The Good News of Jesus Christ and His Love for us will be shared in Christ centered, Biblically based messages. God's Holy Spirit will always help us to find a deeper understanding

of His Word and His Will for our lives. Come ioin us and return to your lives better able to fulfill God's Will with running feet.

In prayer

Please contact Pastor Cindy at your convenience for prayer requests. In the days ahead, please keep our Chapel Family in your prayers. We are an Ecumenical Christian Church gathering on the first Sundays of September, second Sunday of October. and first Sundays of November and December. We also gather at other times for fellowship as well. You are always welcome here.

More information

We are looking forward to a wonderful season, praying to see you here. We will be pleased to send you a complete schedule, just let Pastor Cindy know you wish to be added to our e-mail or

mailing list. Contact Pastor Cindy by Phone home (603) 539-7064. or text (603) 515-6684; Please call at your convenience, serving you is a privilege.

Christian Science Society, **Plymouth**

We love to have visitors at our Sunday services, which we hold each week at 10 a.m. in our Emerson Street building. The Bible lesson sermon we'll be hearing this this coming Sunday includes this comforting verse from Romans, "The spirit itself beareth witness, that we are the children of God." This lesson, which can be studied during the week, including in our Reading Room study area, will be read in churches around the world this coming Sunday. The service includes organ music, hymns and a solo.

Sunday School is held at the same time as the church services. Children and teens learn how the truths and lessons in the Bible can help them with their everyday lives. It's held at the same time as the church service.

We also have a Wednesday meetings at 6 p.m. each week. It begins with short readings from the Bible and from the Christian Science textbook with thoughts to help meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. We'd love to have you join us.

Please visit our Web site at www.cs-plymouth-nh.org if would like to join in our services by zoom.

Plan ahead to come to a talk on Sunday afternoon, Oct. 1, at 1 p.m., "Breaking news: Freedom is ours now" which

we'll hold in our refurbished sanctuary. Stay tuned for details which will include an open house!

The Reading Room in our church building is open Monday noon to 2 p.m. There is a comfortable quiet space to sit and read in the new downstairs area. On some good weather days, we'll have a table outside as well for those strolling by. We welcome you to come in to browse, borrow books and resources and enjoy the study area, or just to pop in and see our space.

jsh-online.com you'll find a wealth of articles and audio offerings which are new each week. The weekly Sentinel magazine leads with an article "The Christlike understanding that heals."

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom.

Summer services are more casual and lay-led. There is no nursery or RE classes during the summer months.

> Sept. 3 SEE **CHURCHES** PAGE A13

ALEXANDRIA Alexandria United Methodist

12 Washburn Rd. Alexandria Village, Alexandria 9 a.m. Sunday Worship Service Pastor Mark Lamprey • 603-744-8104

Methodist Church April 16th Easter Worship @ 9a.m.

ASHLAND Ashland United Methodist 18 Washington St., Ashland

9:30 Sunday morning Worship Service Visit our Website: https://ashlandumc.faithlifesites.com/ for more information and recordings of the Services. Pastor Roger Kleinpeter

Ashland Community Church 55 Main Street - Ashland

1-603-254-7796

(across from Shurfine Market) 10:00 a.m. Worship August 18 – September 15 Teaching Series: "I Love My Church!" Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden. Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings. New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019. Pastor Ernie Madden (603) 968-9464

Emmanuel Episcopal Church 18 Highland Street, Ashland

accernie@hotmail.com

(603) 968-7640 9:30 am Sunday School and Worship Rev. Stephen Rugg

BRISTOL

Bristol Baptist Church 30 Summer Street, Bristol, NH 03222 (603) 744-3885

as the Scriptural message and time of fellowship. 10:00 a.m. ·We also do "live streaming" of this service. Sermons/message of each

• Worship service with music as well

week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ

15 Church St., Bristol 9 a.m. Bible Study • 10 a.m. Sunday School 10 a.m. Worship Service • Child Care Available • 744-8132 Our Lady of Grace (part of Holy Trinity Parish) 2 West Shore Rd Bristol, NH 03222

Mass Schedule: 9:30 AM on Sundays (this is

the only Mass on Sundays year round now). Daily Masses: Tuesdays and Thursdays at Eucharistic Adoration every Thursday after

Mass until 10:00 AM. Parish office for both locations: 11 School St, Plymouth, NH 03264, Phone: (603) 536-4700.

CAMPTON

Campton Baptist Church 1345 Main Street, Campton (603) 726-4662 Sunday 10 a.m. Worship Service followed by Time of Fellowship Monday 4 p.m. Bible Study Wednesday 7 p.m. Prayer Friday 5:30 p.m. Dinner & Movie (free) Women's Gathering 2nd Tuesdays 10 a.m. Men's Breakfast 2nd Saturdays 7 a.m. "Digging Deeper" Service 3rd Sundays 7 p.m. Food Pantry by Appointment All are Welcome • Handicapped Accessible Pastor Chuck Green

Campton Congregational #495 Rt. 175, Campton

9:30 a.m. Sunday Worship Service Nursery and Child Care Available 10:30 a.m. Tue. Bible Study for Youth & Adults Rev. Jeffery Robie • 536-2536 Member NACCC

New Light Chapel

Southmayd Plaza (off I-93 Exit 28) 24 Southmayd Road, Campton (Across Route 49 from Campton Mobil) 10:00 a.m. Sunday Worship Service Childcare and Children's Ministry available Pastor Steven Veinotte www.newlightchapel.com

DANBURY

Danbury Christian Church

High St., Danbury 9:30 a.m. Sunday School 11 a.m. Morning Worship Tuesdays 6:30 p.m. AWANA Thursday. 7:00 p.m. Prayer Group/Bible

United Church of Danbury

"All Are Welcome" Rt. 104 — Near Center of Town 9:30 a.m. Sunday Worship Service 9:30 a.m. Sunday School Contact: Sylvia Hill, Deacon at 768-3936 danburypastor@myfairpoint.net

HANOVER Our Savior Lutheran Church

5 Summer Street, Hanover • 643-3703

10:30 a.m. Sunday Service of Holy Communion and Children's Church 9:15 a.m. Adult Education Hour

HEBRON

Union Congregational Church 15 Church Lane, Hebron 603-744-5883 Union Congregational Church is searching for a new pastor. As summer heats up, join

us for worship in air conditioned comfort as we enjoy the talents of various pastors and lay people in the region. We welcome all persons to our pews. Worship Service - Sunday 10am Communion being served first Sunday of each month

Coffee Hour following service Recorded Services on website www. hebronchurchnh.org

HILL

Picturesque "1800" Hill Center Church Non-denominational, All Welcome Murray Hill Rd. 5 p.m. Sunday Services June-October Rev. Carol Snow-Asher • 744-7864

Hill Village Bible Church 9 a.m. - Sunday School 10 a.m. - Morning Worship

11 a.m. - Coffee Fellowship 11:30 a.m. - Bible Hour 6:30p.m. - Wed. Prayer & Bible Hour Teen/Childrens' Ministries Nursery provided at all services Pastor: Rev. Daniel Boyce

Youth Pastor: Nathan Pelletier www.hillvillagebiblechurch.com Look for us on Facebook HOLDERNESS **Holderness Community Church** 919 US Route 3 - P.O. Box 613

www.holdernesscommunitychurch.org NEW HAMPTON

Rev. Chris Drew - 968-3219

Worship Service –Sunday 10 a.m.

Holderness, NH 03245

New Hampton Community Church A Christian Church w/ a Family friendly atmosphere • Main St. New Hampton 10 a.m. Sunday Worship Nursery care, Children & Youth ed.

Small groups throughout the week in

PLYMOUTH

Calvary Independent Baptist • 536-3024 115 Yeaton Rd., West Plymouth 8:45 a.m. Sunday Morning Service 10:30 a.m. Sunday School 6:30 p.m. Sun. Evening Service–Tilton 7:00 p.m. Tuesday Evening Service Dr. Chester W. Kulus, Pastor

Christian Science Society 7 Emerson St., Plymouth

10-11 a.m.-Sun. Service/Sun. School Wed. 6:00-7:00-Testimonial Meeting www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints 354 Fairgrounds Rd., Plymouth 10:00a.m. Worship Service 11:10a.m. Sunday School Kevin Simpson • 536-3664

Gateway Alliance Church 9 Fairgrounds Road, Plymouth • 536-3043 Sunday School and Adult Education

Worship Service 11:00 a.m. (Nursery Care is available) Dennis Simmons, Pastor gatewayalliancechurch.org

Meeting temporarily at the

Grace Baptist Church

Baker River Bible Church at 259 Route 25, Wentworth, NH 1:30 p.m. - Sunday School for all ages 2:30 p.m. - Sunday Worship Service Thursday, 6:30 p.m. - Teen and Adult Bible Study Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club

(from September - May) Fall Meetings with Morris Gleiser, October 18-22. Sunday, 1:30 and 2:30 PM; Monday -Thursday at 7:00 PM. Visit www.gbcnh.org for sermons and more information.

Holy Trinity Parish (Roman Catholic) Our Lady of Grace Chapel

2 West Shore Rd, Bristol St. Matthew Church 11 School St in Plymouth NH. Parish Office: 11 School St in Plymouth (603) 536-4700. Office email: holytrinitynh@gmail.com Communications coordinator: Christine Chiasson email:

chrischiasson@holytrinityparishnh.org.

Instagram: holyTrinityNH. FB page is Holy Trinity News and Info. Plymouth Congregational

Pastor: Fr. Mark Dollard

United Church of Christ Sunday Worship 9:30 AM on Facebook Live Virtual Sunday School 9:30 AM Open and Affirming, Just Peace Global and Local Missions. Fully Accessible Pastor, Rev. Sara M. Holland Ashley Paine, Organist/Accompanist David Williams, Director of Music 536-2626 • www.uccplymouth.org

Plymouth United Methodist Church 334 Fairgrounds Road (603)536-1941

Sunday Morning Worship 9:30 am weekly **Restoration Church** 319 Highland Street, Plymouth NH 10:30 am morning service We Care Food Pantry

Starr King Unitarian Universalist Fellowship

101 Fairgrounds Rd., Plymouth 536-8908 9:30 a.m. Sunday Service and Church School & Nursery Care Rev. Linda Barnes www.starrkingfellowship.org

Open every Monday from 10-2

RUMNEY

Rumney Baptist Church Rumney Baptist Church Rev. Seth Powers, Pastor 375 Main Street • 786-9918 rumneybaptist.org office@rumneybaptist.org Like us on Facebook Sundays: 10:00 a.m. Sunday Worship Service Livestreaming on YouTube Blended, worshipful music Relevant Bible teaching Children's ministry 6:30 p.m. Mondays: Teen Worship Service Small group Bible studies throughout the

West Rumney Community Church United Church of Christ

1218 Old Route 25, West Rumney Sun. Worship 9 a.m., All are welcome.

THORNTON Thornton United Methodist

22 Church St., Thornton Off Cross Road between Rts 3 & 175 Call 603-726-3774 for more information or to leave a message.

WARREN Warren United Methodist Church

On the Common, Warren, NH Sunday Worship 1:30 p.m. Sunday School 10 a.m. Rev. Dr. David Palmer • 787-6887

WENTWORTH Baker River Bible Church

259 Moosilake Hwy., Wentworth * Sunday School - 9:45 a.m. * Morning Worship Service 11:00 a.m.

* Potluck Lunch - 12:00 noon

* Afternorship Service 1:30 p.m. * Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 p.m. Rev. Bruce Michaud, Pastor

Wentworth Baptist Church Independent, Fundamental, K.J.V. 260 Cape Moonshine Rd.,

764-9406 or 786-9550

Wentworth 9:30 a.m. Sunday School 10:30 a.m. Sunday Service 1 p.m. Sunday Afternoon Service p.m. Wednesday Evening Service 764-9800 www.wbcnh.org

Wentworth Congregational Church Wentworth Village Road (Common)

wentworthcongregationalchurch.org Sunday services: 10:15 a.m., Sept.thru May. 9:00 a.m., May thru August

WOODSTOCK

Pemi Valley Church 1091 Rte 3 South Woodstock, • 745-6241 ALL ARE WELCOME Wednesday - 6:30 p.m. Bible Study and

Prayer Group. Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments. Reverend John Muehlke Jr



One of more than 60 vehicles taking part in a car show last weekend at Kelley Park, this beauty brought back the nostalgia of drive-in restaurants and movies where food was delivered right to your car.

Bristol

FROM PAGE 1

vendors waiting to greet them while a climbing wall and kids games on the fields drew the at-

tention of little ones as their parents shopped. Local safety officials were also set up to meet the crowds. The Bristol Police Department had

Churches FROM PAGE A12

> No Apologies Required Suellen Skinner

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Wentworth Congregational

Here is our list of upcoming speakers:

On Oct. 8, we will revert back to 10 a.m. for worship in Wentworth

Sept. 3—Communion Service, W. Rumney 9 a.m., outside, followed by pot-luck luncheon (Weather permitting!)

Sept. 10—Rev. Cindy Petrie

Sept. 17—Joy Moody Sept. 24—Rev. Lynn Morrison

MEET OUR SPEAKERS:

LYNN MORRISON: (1st Sunday Communion and 4th Sunday in Wentworth)

Lynn J. Morrison grew up in Wyoming and was ordained by the Christian Church (Disciples of Christ) in 1982. She holds an MDiv from Phillips Theological Seminary, and served chaplaincies and small churches in Oklahoma before coming to New Hampshire in 1994. Lynn was pastor of West Rumney Community Church for 10 years, and also worked at Innisfree Bookshop in Meredith for two decades until her retirement in 2019. She is currently a member of Plymouth Congregational Church, UCC.

CYNTHIA PETRIE, M. DIV: (2nd Sunday-Wentworth) Cindy lives in Freedom, NH with her husband Russell. She earned her Master of Divinity from Gordon Conwell

several officers on hand Theological Seminary while simultaneously completing her studies in the National Association of Congregational Christian Churches, Congregational Foundation of Theological

Studies, after which

she was ordained. She

served as Associate

Pastor of the Campton

Congregational Church

with her husband Rus-

sell for 11 years. She is celebrating her seventh year and continues to serve as the Pastor of The Chapel of St. John of the Mountains in Ellsworth, NH and is honored to serve as pulpit supply for churches in New Hampshire and Maine when invited. Bringing Christ centered Biblical messages is her life-long dream and is thankful and honored to be with all of also held a huge raffle you in Wentworth! God

Cindy leads Bible Study after the morning service.

Bless You!

JOY MOODY: (3rd Sunday-Wentworth) Joy was born and raised in NH. She is currently a seminary student at Christian Leaders Institute. She has been pulpit supplying in numerous churches over the last 4 years. She has been working towards ordination in the Congregational Church. When she is not working towards her Bachelor's degree in Divinity, she is a Certified Recovery Support Worker at Archways Community Resource Center. At the Resource Center she helps give a hand up to others to help find re-

covery. Blessings! Rev. Ruth A. Martz (5th Sunday-Wentworth) Ruth is an ordained UCC pastor who retired two years ago from active pastoral ministry. She served for nine years as the solo pastor of the Sanbornton Congregational Church, UCC (NH). Ruth loves to tell biblical and multi-cultural stories, along with linking Scripture with art, music and everyday life. She offers meditative walks and workshops on her canvas labyrinth. Ruth lives in Sanbornton with her husband, Steve Majeski, and their dog Maggie. She enjoys skiing and playing the Celtic harp.

to not only talk with residents but to hand out bike helmets, freeze pops and other items. People had the opportunity to say hello to Arro and his K9 officer, Nick Kelley as well. Beside their booth, state safety officials set up an arena for people to test out "Drunk Goggles" as well, giving them a real look at just how dangerous drinking

and driving can be. Nearby the Bristol Fire Department had some giveaways for the public, too, which included vials where vital medical information can be stored in case of emergency. They also offered the sale of tee shirts to benefit the nonprofit Bristol Fire Company in their mission to help purchase supplies and other needs of the busy department.

One other popular stop throughout the day was the baseball field where the Alexandria Ledge Climbers hosted a car show that included more than 60 antique and classic vehicles. They for many great locally donated prizes. Proceeds



As Sgt. Chris Carter of Bristol Police Department prepared a freeze pop for one of the children who attended Bristol Old Home Day last Sat., Officer Nick Kelley's K9 partner Arro looked on in hopes that he might get one too.



Bristol's Community Events Committee hired artist Erica of Live Caricature Entertainment to offer free comical sketches of people of all ages at the Old Home Day celebration last Saturday.

from the event were earmarked to help in the purchase of a new grooming machine to keep their snowmobile trails safe for years to come.

Other participants included local crime series author Sue Coletta, jewelers, maple and honey producers, woodworkers, seamstresses and more. Nonprofit groups such as Friends of Minot-Sleeper

Slim Baker Foundation, Boy Scout Troop 50, Huskies Football, Friends of Newfound Football, Bristol Historical Society and the Newfound Coalition for Youth were also on hand to spread their word and collect donations to assist them in all they do throughout the community.

The celebration wrapped up in the late afternoon hours with

a lobster/chicken dinner sponsored by Tapply-Thompson Community Center as well as the music of "Solitary Man," Carroll Brown as everyone dined under the big tent.

"After all the rain this summer, we couldn't have asked for a better day," representatives of the Bristol Community Events Committee said.

Bromkamp FROM PAGE A1

sons continue to live in Connecticut, while his daughter now lives in Rhode Island. He also has many friends in Wentworth and is well thought of in the community, with many congratulating him on receiving the Boston Post Cane, both in person and on social media sites.

"Congratulations 'Heinz' (a nickname)! We celebrate with you!" one wrote.

The Boston Post Cane is a beloved, time-honored tradition in rural New England. In 1909, Edwin Grozier, then publisher of the Boston Post newspaper, ordered 700 specially

made mahogany canes with an engraved gold knob on top and distributed them to rural communities throughout New England. The canes were intended to not only boost circulation for the paper, but as the paper's way to honor the oldest resident in each of those towns. Stipulations that came with the canes

stated that the recipient needed to be a resident of the town for at least ten years and once they moved or passed away, the cane should then be handed on to the next eligible person. Originally meant for the oldest male, the criteria put forth by the publisher was later amended to say "oldest resident," be they male or female.

Keegan FROM PAGE A1

the committee that selects the annual Community Spirit Award honoree, Moorhead said it was a bit tricky to keep it a secret this year.

"We had to tell her it was [someone else] and made up a fake award for that person so she wouldn't suspect anything," Moorhead said with a laugh.

Keegan admitted she was a little puzzled when she nominated someone for the award at a committee meeting but then wasn't asked to help put a presentation together, but shrugged it off thinking they just didn't need her help.

"This was a total surprise! I'm thrilled and hon-



ored. I just do things because it's good to stay busy," she said after realizing the recognition was for her.

Even Tom Keegan wasn't aware his wife was receiving the award until the night before Old Home Day. It was just enough time to whisper the news to their family so they could join him at Kelley Park the next morning for the surprise.

For the presentation the committee stated that Keegan's cheerfulness, good sense and practical approach to life are much appreciated in both her church and throughout the community as well. Joined with her positive attitude, she and all she does are making a "tangible difference."

"You can often find her tending to the gardens about town or sharing a photo or story with someone, no doubt educating them in everything that makes Bristol special," Moorhead said.



James Joseph McCart, 79

James Joseph Mc-Cart, 79, passed away peacefully on August 5th, 2023. He was born on November 30th, 1943 to William and Gertrude (Cunniff) McCart of Boston, Massachusetts. grew up in Wilmington, Mass. and after high school he served a brief term in the U.S. Navy aboard the USS Independence during the Cuban Missile Cri-

He is survived by his beloved wife of 45 years Lydia McCart of Rumney, sons James of Dorchester, Mass., (Michelle) of Turner's Falls, Mass., Jameson of Winchendon, Mass., daugh-Shannon (Joel) Downing of Laconia, NH, sisters Maryann Perkins of Virginia, Kathy Bumgardner of Illinois, sisters-inlaw Nelliejo McCart and Susan Griglio, 20 grandchildren many nieces and nephews. He is predeceased by his parents, son Christopher, brothers William, John, Norman, Paul, Robert, Jerome and sister Deborah.

Over his life, Jim held various jobs such



as: cook, waiter, paraprofessional, home health aide, EMT, maintenance, retail sales, but he always returned to his passion of carpentry. He was gifted in his trade and took great pride in all of his projects from simple home improvements to building houses from the ground up. Greater still was his desire and eagerness to always lend a helping hand, and his willingness to serve others will be greatly missed by many.

Jim served his community faithfully for 17 years on the Rumney Fire Department. He began his firefighting career in 2001 as a Fire Fighter 1 and over the years moved up the ranks

and retired as Deputy Chief in 2018. Jim sacrificially gave his time and efforts to not only aid those in need but did whatever he could to help benefit the Department.

Jim was also an avid reader, an animal lover, and enjoyed fishing, kayaking and beekeeping.

Regardless of all his accomplishments, what mattered most was faith and family. Jim gave his life to Christ over 20 years ago and his family takes comfort in knowing that he is at peace with his Savior now. He was a faithful and devoted husband, father and grandfather. He took joy in spending time and creating memories with his family and friends. His life exemplified unconditional love, courage, perseverance and integrity and has made a lasting impression in the hearts of many.

A celebration of life will be held at Rumney Baptist Church on September 10th, 2023 at 2pm. To honor Jim's memory, please consider donating to the Rumney Fire Department.

Judith McMahon, known as Jude by her friends and family, passed away on July 23, 2023 with her family by her side. She has lived with family in Angola, New York for the past few years but her heart was in New Hampshire where she raised her sons, taught art, and embraced the beauty of the lakes, the mountains, and her New Hampshire friends.

Jude was a true force of nature, raising her two boys on her own with unstrength wavering and determination. nurturing them with boundless love and support. Her passion for art was infectious, and she touched the lives of countless students as an inspiring art teacher.

Jude loved camping at Hermit Island, kayaking, playing board games (for hours), watching football, cooking for family and friends, teaching art, collecting treasures, finding bargains at yard sales and thrift shops, researching alternative remedies for just about everything, cycling, shar-

Judith McMahon



ing her knowledge and, above all, spending time with friends and family.

Though she may no longer be physically with us, her legacy of compassion and encouragement will live on in the hearts of her sons and all those whose lives she touched. We will forever cherish the memories of her colorful and creative spirit, as she continues to inspire us to embrace life on our own terms.

Jude passed with her sons, mother, brother, sister-in-law and daughter in law by her side. Once she told the doctors that she was ready to go, she had an opportunity to write to each of her family members that she loved them

all dearly and that she would be with them always. She even had humor at the end, telling her family, "Peace out! Live long & prosper!". In her last moments she woke up and said "Wow-this is glorious. I have made it to the promised land". Knowing this, the family is comforted that she truly is at peace and that her spirit is with us.

The family Jude left behind includes: Her son Parker McMahon and his wife Kayleigh Killoran who reside in Vancouver, British Columbia, her son Ian McMahon who is moving to Australia, her mother, Jessie Mackenberg, and her brother Joe Mackenberg and his wife, Jackie Mackenberg.

Locally, Jude had many circles of friends who loved her dearly and will miss her unique personality and loving nature. A celebration of life was held on Saturday August 12 at one of her favorite local lakes.





OUTSIDE THE BOX

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Sistas FROM PAGE A1

This year's team is captained by Kris Valenti and Fran Gonsalves, and fellow runners include Amy Hage, Caitlin Dulac, Carolyn LeBlanc, Eleni Panagoulis, Jessica Halm, Jessica Boynton, Meredith Houseman, Michelle Robbins, Michelle Chamberlain, Susy Reuter, and Thea Dodds. This lively, over-40 crew will collectively race more than 200 miles from Attitash Mountain to Hampton Beach State Park in just over 24 hours. This brave effort will require two rented vans, lots of preparation, pit stops along the way and a good sense of humor by all. There will be twelve runners ("Runnas") and several drivers ("Drivas") who are usually former runners from



Last year's Sistas with Blistas Team (2022 team: Drivas and Sistas). In the photo are: Jackie Downing, Sue Sampson, Michelle Chamberlain, Jennifer Crane, Sarah Crane, Eleni Panagoulis, Caitlin Dulac, Charlene Whitman, Fran Gonsalves, Caitlin O'Donnell, Megan Walsh, Kris Valenti, Meredith Houseman, Thea Dodds, and Penny Huynen. (Missing: Runna Amy Hage, and Drivas Jan Panagoulis and Cathy Crane.)

the group (for 2023: Fran Gonsalves, Brooke Wakefield, Charlene Whitman, Jan Panagoulis, Julie Fogerty, and Joan Turley).

Runnas are split into two vans and take turns completing designated legs of the thirty-six leg route. Legs are marked as easy,

moderate, hard or very hard and are completed whether rain or shine. Most 'Runnas' will also run at least one of their legs at night and must wear a sundry of brightly lit and reflective gear to keep them safe as they navigate the hilly NH roads.

What really makes this group special is that they run in order to raise money for Juvenile Diabetes Research Foundation (JDRF). JDRF was founded by parents determined to find a cure for their children living with Juvenile Diabetes. They are committed to "Making Type One Type None". The Sistas with Blistas team has chosen to raise money for JDRF as Juvenile Diabetes has affected some of their own children.

Since 2016, the Sistas with Blistas team has raised more than \$40,000 for the cause. The team is required to raise a specified amount each year, but the Sistas always aim to bring in more. If you would like to contribute please go to https:// www2.jdrf.org/site/ TR?fr_id=9377&s_participantTrID=9377&pg=team&team_id=337177 or vou can make a check out to "JDRF" and mail to Kris Valenti at P.O. Box 763, Plymouth, NH 03264. The team also invites sponsors to help offset the cost of gasoline and renting the vans. The Sistas are extremely grateful to their generous 2023 sponsors to date: Andrews Construction, Badger Peabody & Smith Realty, Jan Panagoulis, 603 Massage and Reflexology, Sue Jehl, and P.L.A.Y. If you are interested in hearing more about sponsorship and benefits please email Brooke Wakefield at bwakefield@watervillevalleynh.gov.







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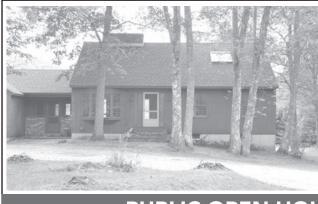
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Shaker Regional School District's Food Service Department has an immediate opening for a Food Service Worker at Belmont High School, 5-1/2 hours/day. Pay is \$13.71 per hour. Duties include, but are not limited to, prep work, serving, cleaning, washing dishes and pots/pans, and other tasks directed by the Kitchen Manager. Ability to lift up to 40 pounds. Prior experience in the food service industry is preferred, but not necessary. The successful candidate must be able to work in a fast paced, ever changing environment and perform as a team player.

Applications may be found on the Shaker Regional School District website or can be picked up at the SAU Office at 58 School Street; Belmont, NH 03220. Successful completion, with satisfactory results, of a criminal background check, including fingerprints, is required. Please contact Nancy Cate, Director of Food Service at 603-267-6525 ext. 1352, if you have any questions.



MECHANICAL INSPECTOR – This position entails visual and mechanical inspection of machined components to verify customer requirements using various types of inspection equipment and methods. Responsibilities include, but are not limited to, first piece, in-process, and final inspection of products; maintain a record of all inspection data; calibration of inspection tools; interaction with team members on technical measurement requirements; reading and interpreting blueprints/drawings; use of various measuring devices including calipers, micrometers, thread gauges, pin gauges, and comparators. Attention to detail and accuracy is a must. Experience is preferred, but we are willing to train the right person. The hours are M-F 8:00 a.m. to 4:30 p.m.

High school diploma or equivalent is required. ATS Precision offers competitive wages, personal/sick time, vacation time, health insurance, education reimbursement and 401k.

Email resumes or application requests to luree@atsprecision.com or stop by and pick up an application. ATS Precision, 87 NH Route 132N, New Hampton, NH



DEBURRING/POLISHING DEPT – This entry level position involves deburring and polishing a variety of machined components. Candidates must be able to work well with air and hand tools. Experience is preferred, but we are willing to train the right person. The hours are M-Th 7:00 a.m. to 4:30 p.m. and F 7:00 a.m. to 11:00 a.m.

High school diploma or equivalent is required. ATS Precision offers competitive wages, personal/sick time, vacation time, health insurance, education reimbursement and 401k.

Email resumes or application requests to luree@atsprecision. com or stop by and pick up an application. ATS Precision, 87 NH Route 132N, New Hampton, NH

HELP WANTED CDL Driver

Excavation company located in
Tuftonboro looking to hire full time,
year round Class B CDL Driver.
Experience with operating dump
trucks and heavy equipment necessary.
Pay based on experience and skill level.

Please contact mtnsidelandscape@roadrunner.com or text 603-345-5766 for more information.

Aspiring Construction Professional? Carpenter or Laborer Seeking Steady Indoor Work? Looking for a job with a future?

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5 Railroad Street, PO Box 68, Lincoln, NH 03251 (603) 745-8930 **HELP WANTED - Apply Within**

FULL TIME / PART TIME

Retail Sales Associates We are looking to add self-motivated people to join our sales team in our Ski, Apparel & Accessories departments. Candidates must be available on Weekends and Holidays, have a positive attitude and a positive approach to customer service. Some duties include addressing customer needs and providing customers with the necessary knowledge about products, restocking and light cleaning. One year of retail experience and a passion for skiing/snowboarding a plus. Benefits include: Competitive Pay, Discounted and/or free skiing privileges at area mountains, Discounted equipment and apparel, Sign-on Bonuses



IMMEDIATE OPENINGS
SAWMILL AND PLANER MILL WORKERS

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A18 SALMON PRESS, THURSDAY, AUGUST 31, 2023

New Hampton Historical Society delves into the Founding Fathers' minds

NEW HAMPTON — The New Hampton Historical Society presents "The Founding Fathers: What Were The Thinking?" Tuesday, Sept. 12 at 7 p.m. at the Gordon-Nash Library, 69 Main St., New Hampton.

In 1787, delegates gathered in Philadelphia to address a wide variety of crises facing the young United States of America and produced a charter for a new government. In modern times, competing political and legal claims are frequently based on what those delegates intended. Mythology about the founders

and their work at the 1787 Convention has obscured both fact and legitimate analysis of the events leading to the agreement called the Constitution.

Presenter Richard Hesse explores the cast of characters called "founders," the problems they faced, and the solutions they fashioned. His academic concentration is on state and federal constitutional law and international human rights. Professor Emeritus at the UNH School of Law., he has been an advocate for civil and human rights for more than 45 years, Hesse

was twice awarded the Bill of Rights Award by the NH Civil Liberties Union, and has published on a variety of legal and ethical topics.

The Historical Society thanks New Hampshire Humanities for providing our 2023-2024 Presenters and Programs. Our programs are free and open to the public. Light refreshments will be served. Please join us.

LEGAL

SPEARE MEMORIAL HOSPITAL ASSOCIATION NOTICE OF ANNUAL MEETING

Notice is hereby given to members of Speare Memorial Hospital Association that the 2023 Annual Meeting will be held:

When: Thursday, October 26, 2023 at 5 p.m.

Where: Merrill Place Conference Center Plymouth State University 14 Merrill Street, Plymouth NH 03264

LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division Hayashill

2nd Circuit - Probate Division - Haverhill 8/4/2023 thru 8/17/2023

APOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Koska, Janet I, late of Somerset, MA. Sandra Read, 126 Denham Street, Somerset, MA 02726. Martha Lynn Davidson, ESQ, Resident Agent, Braucher & Associates PLLC, 764 Chestnut St Ste 1, Manchester, NH 03104. #315-2023-ET-00269 Dated: 8/18/2023

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TOWN OF PLYMOUTH PUBLIC NOTICE

The Plymouth Zoning Board of Adjustment (ZBA) has received a request from John Collishaw for a Special Exception in accordance with article IV Section 414 of the Zoning Ordinance to construct a fence over 4' tall in the Martin Estates Road front yard setback of parcel 241-020-000. (18 Bridgewater Hill Road) This property is in the Agricultural zoning district.

The Plymouth Zoning Board of Adjustment will review this application and hold a public hearing at their meeting on **Tuesday, September 5th, 2023 at Plymouth Town Hall starting at 7:00 PM**. The meeting will also be available electronically via Zoom and can be accessed from the Town's website (www.plymouth-nh.org). The application is available for review at Town Hall, from 8:00 a.m. to 4:30 p.m., Monday through Friday.

TOWN OF HOLDERNESS ZONING BOARD OF ADJUSTMENT PUBLIC HEARING NOTICE

Tuesday, September 12, 2023 6:15PM HOLDERNESS TOWN HALL 1089 NH Route 175

Notice is hereby given that the Zoning Board of Adjustment will hold a public meeting at the Holderness **Town Hall** at **1089 NH Route 175** beginning at **6:15 P.M. on Tuesday, September 12, 2023** to conduct regular business and hold the following Public Hearings:

Case # 484-08-14 Application as submitted by John McCormick as agent for Holderness Harbor LLC, for a Special Exception Article 900 of the Holderness Zoning Ordinance to construct and operate a seasonal boat storage facility as detailed on the plan entitled "A Site Plan for Holderness Harbor LLC" by French Land Services Inc. Surveyed December 2022, located at 24 NH Route 175, Tax Map 239-041-000.

Case # 485-08-10 Application submitted by VHB agent for PSNH – Eversource requesting a special exception under Section 900.1 and Sections 300.4, 300.5 and 300.6 of the Town of Holderness Zoning District for the 343 Distribution Line Structure Replacement Project within the Pemigewasset River Overlay District and the Flood Hazard District.

HELP WANTED JOB TITLE Manufacturing from Members PARY RIFE face based on Experience JOB DESCRIPTION: The successful candidate will have 1 to 3 years of experience in each or a combination of the Missing area construction, and Management is critical. The candidate will have been a set of the complete of the combination of the Missing was constructed, contracted of the Missing of the Company of

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September 30, 2023



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40,000 LBS. FOOD CHALLENGE

August 1 - 31, 2023 Drop off your donation at any of our locations.







"The New Hampshire Food Bank is such an important stakeholder in the Granite State and we are thrilled to be able to support them as we celebrate our 125th anniversary," said Mike Shea, president, Belletetes Inc. "Hosting this month-long initiative is our way of demonstrating our commitment to our community. We hope to collect 40,000 pounds of food ahead of Hunger Action Month, allowing the Food Bank to distribute the donated goods to the households who need it most, come this September."



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