



COURTESY PHOTO
The Belmont golf team poses for a photo prior to a recent match. Left to right, Max Ryder, Jasper Sottak, Jordan DeFrancesco, Nick Pucci, and coach John Mattes.

Raiders battle the heat at Canterbury Woods, Ridgewood

BY JOSHUA SPAULDING
Sports Editor

CANTERBURY — The Belmont golf team battled through the heat at Canterbury Woods on Tuesday, Sept. 5, finishing fourth in a four-team field.

“It was a tough day to play Canterbury Woods,” said coach John

Mattes. “Temperature right on 90 degrees, humidity close by, no or little breeze.”

“The men kept hydrated, but it was difficult conditions for all,” the Raider coach added.

Only two Raider golfers managed to score points on the day, as Max Ryder finished with 14

points from the top spot and Nick Pucci finished with 11 points from the second spot. The Raiders finished with 25 points, while Gilford won the match with 67 points, Gorham finished with 50 points and Hillsboro-Deering finished with 46 points to take

SEE RAIDERS, PAGE A12

Golden Eagles come up a little short in season opener

BY JOSHUA SPAULDING
Sports Editor

GILFORD — With the Kennett football team holding on to a 14-7 lead late in the fourth quarter in Gilford on Saturday, the Gilford-Belmont Golden Eagles were driving, moving the ball inside the 10-yard line.

However, Patrick Cunio had a big sack on second down and after the hosts got back to the two, Jason Baker came up with a huge stop on fourth and goal, essentially sealing the win for the northern Eagles.

“That was a great stand, the guys came up big,” said Kennett coach Scott Stearns. “We had a few penalties kill us and I thought we’d lose momentum, but the made plays when they had to.”

“Both teams had opportunities, we had a couple drives down there and weren’t able to punch it in,” said Gilford-Belmont coach Josh Marzahl. “We knew we’d get some experience under their feet and this was a good game to get them some game experience.”

The hosts started with the ball and quarterback Anakin Underhill and Hutch Haskins did the running, moving the ball over midfield. However, a sack by Kennett’s Tavon Porter seemed to spark the Eagle defense and Gilford-Belmont punted away. The visitors were unable to get anything going, punting away themselves, but a



PHOTO BY JOSHUA SPAULDING
Anakin Underhill powers his way forward during action against Kennett on Sept. 2.

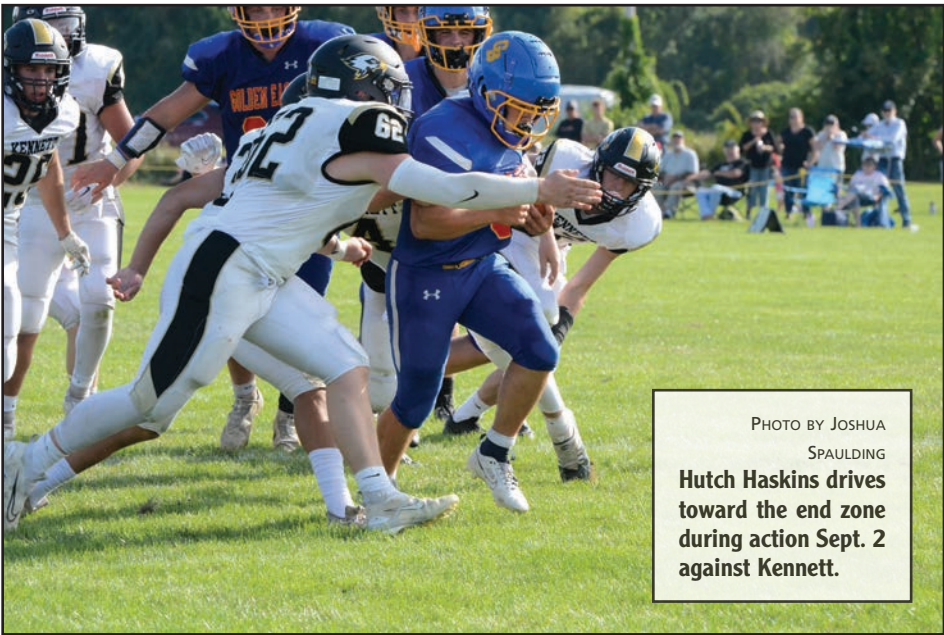


PHOTO BY JOSHUA SPAULDING
Hutch Haskins drives toward the end zone during action Sept. 2 against Kennett.

sack from AJ Guida and a big stop from Porter in the backfield shut down G-B’s drive, forcing another punt.

Kennett’s next drive proved fruitful. Quarterback Brody Nagle hit Daven Bailey on third and seven to give the Eagles a first down and

then Bailey made a huge catch on fourth and nine to get the ball to the three and from there, Porter carried into the end zone with 23 seconds to go in the first quarter. Tyler Walcott’s extra point gave Kennett the 7-0 lead after one quarter of play.

Gilford-Belmont start-

ed the second quarter strong, as Noah Harder, Underhill, and Haskins combined to move the ball up the field. Underhill hit Logan Grant with a screen on third and one to convert, but Bailey then stepped in front of a G-B pass and Kennett

SEE EAGLES, PAGE A8

Winnisquam Regional School District welcomes new staff

TILTON - In a year where so many school districts are having difficulty filling positions, the Winnisquam Regional School District was thrilled to welcome many new staff members for the 2023-2024 school year. Throughout the three day New Teacher Orientation, staff met with members of the district wide Administrative Team, their professional mentors and other staff members who can help with their transition to the district.

The orientation culminated with an ice cream social hosted by the Winnisquam Regional School District School Board members. Superintendent Dr. Shannon Bartlett described the event as “a wonderful opportunity for our new staff members and School Board members to meet. The ice cream social was the perfect way to end our New Teacher Orientation.”



COURTESY PHOTO
New staff members gather in front of the Winnisquam Regional High School



COURTESY PHOTO
(Right) School Board Members John Cormier, Sean Goodwin, Alex Dymont, David Honeman, and Jennifer Tupeck (not pictured) serve ice cream and toppings to the new staff members.

Arrest made in wrong way incident on I-93

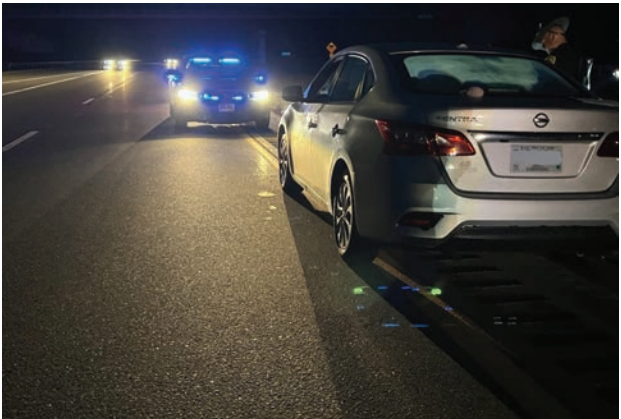


PHOTO COURTESY NH STATE POLICE
A Belmont woman was arrested and charged after allegedly driving the wrong way on Interstate 93.

TILTON – A Belmont woman was arrested and charged after allegedly driving the wrong way on Interstate 93.

On Sept. 3 at approximately 4:20 a.m., State Police dispatch began receiving reports of a vehicle traveling south in the northbound lanes on Interstate 93. Initial callers reported the vehicle in the town of Ashland, and multiple other callers provided Troopers with location updates as the vehicle continued traveling south. The callers all reported that a small sedan was traveling the wrong way, in the left travel lane.

While Troopers were responding to the area, an officer from the Tilton Police Department was able to locate and stop the vehicle in the left lane near Exit 20. Troopers arrived on scene a short time later and took over the investigation. After a roadside investigation had been completed,

Elisha D. Moore, 29, of Belmont, was arrested and charged with Reckless Conduct (Felony). She was transported to the Tilton Police Department, where she was bailed and released on her own Personal Recognizance. She was ordered to appear in the Belnap County Superior Court at a later date.

Anyone who witnessed the vehicle’s operation or has further information is asked to contact Trooper Christopher Abbate at Christopher.J.Abbate@dos.nh.gov or (603) 223-4381.



PHOTO BY ERIN PLUMMER
Samba Viva demonstrates Brazilian dance at the Laconia Multicultural Festival.



PHOTO BY ERIN PLUMMER
Mariachi Mexico perform at Rotary Park.



PHOTO BY ERIN PLUMMER
Andrzej Mikijanec of Andrzej's Polish Kitchen cooks up traditional Polish food at the Multicultural Festival.

PHOTO BY ERIN PLUMMER
(Right) Gamil Azmy serves Egyptian cuisine.



PHOTO BY ERIN PLUMMER
(Left) Margaret Logo and Gloria Lodiong were part of a group of people from South Sudan sharing Sudanese food and clothing at the Multicultural Festival.

Laconia Multicultural Festival brings many cultures together in one place

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA – The food, music, dance, clothing, and much more from so

many different cultures could be found in one place right during the annual Laconia Multicultural Festival.

On Sept. 9, vendors and performers from many different cultures were set up in Rotary Park and the city hall

parking lot for the annual festival. Different vendors sold food and items and performers displayed their talents in Rotary Park throughout the day.

Becky Guyer, Executive Director of the Laconia Multicultural Festival, said this event is a celebration.

“It’s all about sharing everyone’s culture and heritage,” Guyer said.

She said she was happy to see so many people come to the festival and experience so many different cultures.

The day began with a flag parade featuring so many dogs from around the world followed by a proclamation from Mayor Andrew Hosmer.

“I always get teary-eyed when I see the Flag Parade, she said.

The event is an offshoot of the Laconia Human Relations Committee and is its own nonprofit organization. Guyer said this event gets lot of support from the community and this year they had a lot of donations and sponsorships.

This year they got a

lot of new vendors as well.

“You’ve got to breathe new life in it every year,” Guyer said.

A group of friends and family from South Sudan sold food and dresses made from traditional African materials during the festival. At the food tent, the group sold baklava, rice, colored greens with beef and peppers, sambusa (a beef wrap), and more. Members of the group have been living in Laconia for the past 20 years.

This was their first time selling at the Multicultural Festival.

“Every year we come and just taste different food,” said Margaret Logo, who said they thought, “Why can’t we try and see how its done?”

Logo said they just cooked at home and shared it at the festival.

Gloria Lodiong said it was a great experience and it was an honor to share South Sudanese

culture with others.

Gamil’s sold cuisine from Egypt, including many different vegetarian dishes. Gamil Azmy moved to the United States from Egypt in 1969 and after living in California for a time, he now lives in Warner. He used to have restaurants in Warner, Concord, and Ashland, but all those locations closed after the onset of the pandemic. He is looking for a new location where he can open back up.

Gamil’s has been at the Multicultural festival for the past 11 years and Azmy said they have improved a lot over the years.

“It’s beautiful, brings people together,” Azmy said.

Andrzej’s Polish Kitchen sold an assortment of Polish cuisine. Andrzej Mikijanec moved from Poland to the United States 33 years ago. After living in New York, Boston, and Florida, he now lives in Vermont and sells his cuisine at events around New England with help from family members.

His stand also raises money for Ukrainian refugees in Poland, raising \$5,000 last year.

“We’re doing very well with that,” he said.

Mikijanec said he has heard many stories of what these refugees have gone through.

“People have no clue what’s going on,” he said.

He is planning to return to Poland next year to be with his family and help Ukrainian refugees.

Andrzej’s Polish Kitchen has been at the Multicultural Festival for the past seven years.

“We have a lot of Polish Americans, they miss their grandma’s food,” he said.



RC GREENWOOD

Raiders win

Helena Papadopolous controls the ball during her team’s 4-2 win over Inter-Lakes on Tuesday, Sept. 5. The Raiders are scheduled to be in action on Friday Sept. 15, at home against Campbell at 4 p.m. and will visit Fall Mountain on Tuesday, Sept. 19, at 4 p.m.

PETS OF THE WEEK



Yukon

Meet Yukon! He is very excited about moving to New Hampshire and would thrive in an active home. Yukon would be great for a family that craves more energy in their life. Yukon is very smart and could even do well making some dog friends.



Max

Meet Max! In his prime years, this gentle fella is looking for a cozy bed and quiet home to call his. He is an easy going boy and enjoys the simple things in life; naps, wet food, and classical music playing in the background.

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Easterseals NH Military and Veterans Campus groundbreaking ceremony Sept. 20

FRANKLIN – In a sweeping and unprecedented effort to provide enhanced support for service members, veterans, and their families through access to a variety of services and recreation activities in one location, Easterseals NH will join veterans, dignitaries, and the public for a special ceremonial groundbreaking at its new Military & Veterans Campus in Franklin, NH, Wednesday, Sept. 20. Everyone is invited to participate in a patriotic event on the campus, featuring a special dedication program, groundbreaking, tours, light fare, and outdoor activities.

The first-of-its-kind center of excellence for veterans, military members, and their families will include affordable housing, hub of services, retreat center, and therapeutic recreation opportunities. The entire project was made possible through partnership with the State of New Hampshire and Governor Chris Sununu. Easterseals NH was awarded \$23M from the State of NH through the American Rescue Plan Act (ARPA) State Fiscal Recovery Funds (SFRF) to develop the campus and its programs.

“This is truly coming together the New Hampshire way because there is no other facility within the region that has incorporated housing, hub of services, therapeutic recreation, and family supports

the way this project has been developed,” explains Maureen Beauregard, President & CEO of Easterseals NH. “We are hoping the public, veteran and military community will help us bring this full vision into a reality, and we want everyone to join us on this historic day.”

Additional funds will be raised to complete the retreat center, build the multipurpose therapeutic recreation building, military-themed playground, and outdoor performance stage. Easterseals NH is committed to completing the project and collaborating with stakeholders, partners, the State of NH, and the public. This has included seeking robust and thorough feedback from the community process such as creating a Campus Taskforce, attending local and regional site visits of high-quality military and veteran programs; conducting interviews and outreach with state officials, nonprofits, and other providers; creating, distributing, and analyzing surveys sent to providers and members of the military and veteran community and more. This has been a community-wide conversation and the input is feeding the final plans for the campus.

The first phase of the project, construction of the affordable housing for veterans, hub of services, and

portions of the retreat center, begins in October of 2023. The completion for the first phase of the project is in early 2025.

“New Hampshire has one of the highest per capita populations of veterans in the country, so we know the need for access to programs and housing is high,” says Andy MacWilliam, Chair of the Board of Directors for Easterseals NH. “We are confident with the support of our statewide community, the nonprofit sector, private businesses, and citizens that we can raise the remaining funds needed to fully complete this incredible campus. The Easterseals NH Military & Veterans Campus will change lives, support families, and offer a much-deserved way of saying thank you to all who have served or are serving in the military today.”

The Groundbreaking Ceremony for Easterseals NH Military & Veterans Campus will be on Wednesday, Sept. 20, 3–5 p.m. at 27 Holy Cross Road in Franklin.

All attendees are required to RSVP at <https://www.easterseals.com/nh/our-programs/military-veterans-campus/groundbreaking.html>.

Registration for Lakes Region Scholarship Foundation’s Annual Pumpkin Figure Contest is in full gear

REGION - With the rapid approach of fall, registration for Lakes Region Scholarship Foundation’s annual Pumpkin Figure Contest fundraiser, which this marks the fourth year of the annual fundraiser, is now open.

“There were many wonderful entries last year from a variety of areas including families, businesses, schools, individuals and non-profit agencies,” said Executive Director, Karen Switzer. “The time invested, the creativity and the willingness to share their creations with the entire community is great to see! This has become a seasonal fundraiser for us in which the whole community gets involved!”



COURTESY PHOTO

With the rapid approach of fall, registration for Lakes Region Scholarship Foundation’s annual Pumpkin Figure Contest fundraiser, which this marks the fourth year of the annual fundraiser, is now open.

Pumpkin Figure Contest to purchase raffle tickets.”

The Pumpkin Figures are judged in several categories and prizes awarded for Best Overall, Cutest, Scariest, Best by a Child, Most Unique, Best Non-Profit, Best Business, Best from a School, Creative Use of Materials, and Best by Family or Group.

Switzer also noted that “If you would like to take advantage of a beautiful Fall weekend to view the creations first hand, maps with the locations of the Pumpkin Figures will

be available to download on our website. Also, for those looking to check out the raffle prizes and/or to purchase Harvestfest raffle tickets, or a Cakes n’ Sweets Calendar (tickets are limited), we will be at the Belknap Mill’s Sock Hop on Sept. 8 from 5-8 p.m., as well as on Sept. 23 from 9 a.m.-2 p.m. in downtown Laconia and at Happy Cow Ice Cream from 5-8 p.m. on Oct. 13.”

The contest is open to individuals, families, schools, businesses and non-profits. Pumpkin figures must include at least one pumpkin. In order to qualify for the contest, an entrant must live in the Lakes Region, and the entry forms must be received by Lakes Region Scholarship Foundation by Oct. 4 with judging taking place Oct. 13 and 14.

To register for the Annual Pumpkin Figure Contest, or purchase Harvestfest Raffle tickets visit our website at: www.lrscholarship.org

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EDITORIAL

Governing Beyond Faith: Elected Officials Must Serve All

In a diverse and pluralistic society, the principle of separation between church and state is fundamental to preserving individual liberties and ensuring that government serves the interests of all citizens, regardless of their religious beliefs or lack thereof. Elected officials have a solemn duty to represent the entire community, making decisions that respect the rich tapestry of religious beliefs that exist in our nation. However, there have been instances where some officials have allowed their personal religious convictions to guide their governance, raising concerns about the fairness and inclusivity of their actions.

One of the cornerstones of democracy is the idea that elected officials are entrusted with the responsibility to serve the interests of all their constituents, not just those who share their religious beliefs. Our society is incredibly diverse, with individuals from various faiths and belief systems coexisting harmoniously. It is imperative that our elected representatives reflect this diversity in their decision-making processes and refrain from imposing their own religious beliefs upon the broader population.

When elected officials allow their personal religious convictions to dictate policy, it can lead to the exclusion of those who hold different beliefs. This is not only unjust but also undermines the very essence of a democratic society that values religious freedom and tolerance. Our nation's history is replete with instances where religious intolerance and discrimination have caused immense harm, and we must not forget the lessons of the past.

Furthermore, the potential for religiously driven governance to teeter into radicalism is a grave concern. While most people practice their faith peacefully, there is a risk that individuals with extreme religious views may seek to impose their beliefs on society through the political process. Such radicalism can lead to policies that not only infringe on the rights of those outside the particular faith but also create an environment of hatred and divisiveness.

It is crucial for elected officials to remember that the separation of church and state is not an attack on religion but a safeguard for both government and faith. It ensures that religious institutions remain free from government interference and that government remains neutral and inclusive. This principle allows people of all faiths and none to coexist peacefully and participate fully in our democracy without fear of discrimination or marginalization.

To uphold the values of fairness, inclusivity, and religious freedom that our nation holds dear, elected officials must commit themselves to serving all their constituents, regardless of their religious beliefs. They must resist the temptation to govern based on personal religious convictions and instead prioritize policies that promote the common good and respect the diverse beliefs of the people they represent.

The importance of elected officials serving all people, irrespective of their religious beliefs, cannot be overstated. Our democracy thrives when it respects the principles of religious freedom, tolerance, and inclusivity. Elected officials must uphold these principles by governing without bias and ensuring that their decisions reflect the diverse and pluralistic nature of our society. By doing so, we can build a stronger, more united, and truly democratic nation where every citizen is valued and protected.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



RC GREENWOOD

Touchdown catch

Frank McComiskey hauls in a touchdown pass during the second half of Winnisquam's game with Bishop Brady on Saturday. The Bears will be back in action on Saturday, Sept. 16, at 2 p.m. at Newport.

LETTERS TO THE EDITOR

An update from the Sanbornton Historical Society

To the Editor:

Sanbornton Historical Society looks forward to the upcoming months' activities. We are saddened by the loss of two past presidents, Evelyn Auger and Vicki Abbott. Our condolences to their families. Their strong work for SHS's behalf will be remembered with gratitude and admiration. We will truly miss them.

Our needs continue, and among them - increased members' participation. We need officers and board members. We need tour guides. Oct. 12 Annual Meeting is for electing, accepting responsibilities and the rewards of this work in our little town, historic in so many ways. Interested? Please let us know. Call Linda, V.P. We recently contracted for Currier Building's scraping and painting. Dangerous trees were removed in the backyard. We can use landscaping help with intrusive sumac/knotweed out back. Volunteer gardeners? We have plans to contract for

brickwork on the walks. Already a good chunk of reserves was spent on the painter and the tree work. Coffers need replenishing. We have set a recent fundraising goal of \$8,000. Supportive donations and membership, membership renewals are needed and welcome. Let's keep Lane Tavern handsome and sturdy! Donate online or at PO Box 204, Sanbornton, 03269. Thank you!!

Upcoming: Dr. Dan Heyduk on Sept. 14, with Pemigewasset River Valley history, 7: p.m. Oct. 12, Annual SHS meeting at 6:30 p.m. for refreshments, 7 p.m. meeting, electing, and sharing attic treasures. Dec. 2 Holiday Fair including wreath sales and pickup. We welcome all to be with us! Again, thank you!

Contact Linda Salatiello at 286-4526.

Lynn Chong, President
Linda Salatiello, Vice President
Sanbornton Historical Society

TIDBITS / LETTERS FROM EDWIN

Sometimes I'm pretty good about controlling my impulse to snack. I have a perpetual supply of road munchies in all my vehicles as well as next to my rocking chair. There are my usual containers of nuts and such. Boxes of crackers and cookies and even bags of chips. I can usually keep the consumption down to just a few. Usually.

I've been doing real well at not reaching for the road food at all lately. In fact, the extra 10 pounds that I had recognized in the spring, rapidly retreated as I fasted my snacking through the summer. I finally finished all those past sell by dated packages of dietary doom that I had collected while I wandered through various stores to be tantalized by suggestion of culinary delights.

So now that I'm back to high school weight, I should be able to just have a little snack. Wouldn't you think? Sitting here in my rocking chair I just reached down a picked up one of the little plastic containers there and opened it up. Dark chocolate covered almonds. I didn't think I had any more of those left. I give them out at Christmas and they usually disappear quickly.

I took out a couple, replaced the cover, and put them back down on the floor. It wasn't long before I was reaching down for a couple more. Then a couple more. And again and again. Needless to say, I didn't live up to my previous claim. At least I didn't finish off the con-

tainer, so I'll be able to "find" them again some other night. Now that I know they are there, that shouldn't take to long.

Now that the weather has returned to being hot again, I'm finding myself visiting the lake every day on my way home from work. After spending hours in the hot sun, I'm totally ready for my end of the day plunge. The top five feet or so of the water gets warmed by the sun, below that, the water temp. is much cooler. Makes me wish that I could breathe under water. I can only hold my breath for a short swim down into its refreshing depths.

If I were to be granted that wish, I'm sure that my next wish would then be to be able to see better while down there. Seeing under water is pretty marginal without a face mask. Webbing between my fingers and toes might be a nice addition also.

There was a boy in church when I was growing up that had webbing between his fingers. It was pretty cool. They'd cut it away every now and then but it would eventually grow back. Weird stuff. God sometimes comes up with custom designs I guess. Maybe he's supposed to be a swimmer?


Without his fingers all tied together, he got himself an electric guitar and learned to play it. He faded away from my life so I really don't know what happened to him. I haven't seen any pictures of a guitarist with webbed hands on a "do you know" web sight. Maybe I should go check some sometime, I never do. Like Facebook, I don't waste any of my time there. He's most likely out there somewhere.

It's that time of year for my phone to once again ring after five thirty asking if I'd like to come and sub. If the school were air conditioned I may be tempted to take them up on their offer with these sweltering September days. It has always been this way. Those wonderful days in September. Ask anyone who doesn't have kids and goes on vacations. This is the time to take advantage of off season rates, no crowds or traffic to deal with, and spectacular weather. There, the secret is out.

I'm tempted to stow myself away on a schooner again to be relegated to sitting on deck all day while the ship sails at its meandering pace, powered only by the wind, to some distant port town out in Penobscot Bay, to anchor and spend the night. Voluntary imprisonment, with fantastic food, friendly people, and glorious freedom to do nothing but possibly help raise the anchor or the sails.

My work promises and the phoning robot tries to keep me grounded while my heart urns for me to once again regain my sea legs.

E.Twaste
Correspondence welcome at edwintwaste@gmail.com



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Located at 520 Sanborn Road (Route 132) in Sanbornton, the Lane Tavern is air-conditioned and handicapped accessible, with parking across the street. This free program starts at 7 p.m. on Thursday, Sept. 14, followed by free refreshments. For more information, please call check our Facebook page or our website www.LaneTavern.org or call Linda Salatiello at 603 286-4526.

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Special Household Hazardous Waste event coming this fall

REGION - Over the summer people in 24 Lakes Region communities had the opportunity to safely dispose of hazardous wastes from their homes at seven different collection sites around the region. Nearly 1,400 households took advantage of this opportunity, dropping off more than 55,000 pounds (27.5 tons) of household hazardous wastes (HHW).

The Lakes Region Planning Commission (LRPC) has arranged to hold a special HHW Collection event in Tamworth this fall on Saturday Oct. 7. Residents and residential taxpayers in the Lakes Region Planning Com-



mission's 24 participating communities will be able to drop off up to 10 gallons or 50 pounds

of HHW. No fee will be charged for this. Household hazardous products include items

such as oil-based paints and stains, lawn and garden chemicals, kitchen and bathroom cleaners,

old gas, and automotive products. Because these products can have severe impacts on the environment, contaminating our water, soil, air, ecosystems, and bodies, it is important to dispose of these items properly.

On Saturday Oct. 7 bring your household hazardous waste to the K. A. Brett School parking lot (881 Tamworth Road – NH 113) in Tamworth for drop-off. The collection will run from 8:30 a.m. to 12:00 p.m. Please remain in your vehicle. All participants will be asked a few survey questions upon arrival.

As a reminder: latex/acrylic paint and alkaline batteries are not

considered HHW and will not be accepted. These products can go in with the household trash (dry out the paint before disposal). This year universal waste products such as fluorescent bulbs, rechargeable batteries, and mercury-containing devices (thermostats, thermometers, and switches) will not be accepted at these collections.

Visit the LRPC HHW website <http://www.lakesrpc.org/service-shhw.asp> to see if your community is participating, learn more information about wastes, and alternate methods of disposal. You can also call us at 603-279-8171 or 603-279-5341.



COURTESY PHOTO
Theresa D'Esopo Spinner is the Guest Speaker at this month's "Art Talk" on Monday Sept. 18 at 7 p.m. at the Lakes Region Art Gallery, Tanger Outlets, 120 Laconia Road, Tilton. "Art Talk" is free and open to the public.

Lakes Region Art Gallery "Art Talk"

TILTON - Theresa D'Esopo Spinner is the Guest Speaker at this month's "Art Talk" on Monday Sept. 18 at 7 p.m. at the Lakes Region Art Gallery, Tanger Outlets, 120 Laconia Road, Tilton. "Art Talk" is free and open to the public.

Teresa D'Esopo Spinner, a native of New Haven, Conn., began her art career at the Whitney School of Art.

Teresa established her artistic reputation during her travels around the United States and Europe. Her first solo exhibitions were in the 1970s.

Throughout her broad experience in various artistic endeavors, Teresa always comes back to a love of painting custom portraits.

She greatly enjoys the connection she experiences with those she paints, recognizing the privilege and honor it is to capture their personalities and translate their emotions into artistic form.

Ms. Spinner's work hangs in public and private collections throughout the United States and in Latin America.

The public is invited to attend her "Art Talk", as well as her exhibit which opens at the LRAA Gallery on Thursday Sept. 21 at 10 a.m. A meet and greet reception will be held on Saturday, Sept. 23 from 5-8 p.m. at the LRAA Gallery.

Art Talks are held on the third Monday of each month at the Lakes Region Art Gallery, Tanger Outlet, Suite #300, Tilton.

For more information about the Gallery, visit our website: www.LRAANH.org

REGION - Meredith Village Savings Bank (MVSb) is excited to announce the winners of their annual community photo contest. Photos representing the Lakes Region, White Mountains and Seacoast areas were selected through a blind review process by MVSb employees.

Complimentary calendars are expected to arrive in all 13 branch offices this fall where community members can come in to pick up desk tent or wall styles. Winning photos will also be featured on the website, social media and notecards throughout 2024.

"Highlighting professional and amateur artists who celebrate the people, environment and overall beauty of New Hampshire is one way we show that MVSb cares about the communities we serve," said Cindy Hemeon-Plessner, MVSb Senior Vice President and Chief Marketing & Experience Officer. "We received over five hundred truly beautiful and unique photographs this year and we are grateful to everyone who participated."

Previous calendar photos can be viewed at mvsb.com/annual-community-photo-contest. The 2024 calendar photos will be added later this year.

The winning selections for the 2024 Com-

MVSb Announces Photo Contest Winners



"Meredith Fall Reflections" by Wayne Justason is the October 2024 MVSb calendar feature. Complimentary calendars are expected to arrive in all 13 branch offices this fall where community members can come in to pick up desk tent or wall styles.

munity Calendar include:

January: "Bald Eagle Looking Over Lake Opechee" by Kathleen Curran

February: "Winter Sunrise" by Joanna Michno

March: "Morning has Broken" by Deborah Noseworthy

April: "Flynn Admiring the Beauty of Lake Winni" by Kendra Eldridge

May: "Hello Baby" by Noel Haley

June: "Sugar Hill Lupines and Horse" by Colleen E. Eliason

July: "Last One In's A Rotten Egg!!!" by Cynthia Cote

August: "Monarch Butterfly" by Holly Heath

September: "Sunset Over Groton" by Emily Vale Photography

October: "Meredith

Fall Reflections" by Wayne Justason

November: "Gilford's General Store" by Lindsey Bickford

December: "Lobster Buoy Tree" by Sue Bean

The MVSb website features photos from many years of previous contests as well. The following artists will have photos added to the catalogue of pictures that are featured throughout the year: Karla DeVincent, Lisa Fontaine-Storez, Robert Kozlow, Susan Lirakis, Joanna Michno, Haley Noel, Hollie Rogers and Marie Sapienza.

MVSb has been serving the essential banking needs of people, businesses, non-profits and munici-

palities for over 150 years. As a mutual savings bank, MVSb has no stock-holders but rather operates for the benefit of its customers, employees and community. Since its founding, one thing has always remained true: caring is at the heart of everything MVSb does. By building and nurturing relationships, MVSb believes that we can cultivate a community where we all thrive. To learn more, visit branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester, and Wolfeboro, call 800.922.6872 or visit mvsb.com.

Lakes Region Art Gallery is "Thinking of You"

TILTON - Nothing says you care more than sending a personal note to friends and relatives. To encourage this, "Thinking of You Week USA" suggests weekly themes throughout September, leading up to the official "Thinking of You Week" which is Sept. 18-25. The letter-writing theme for Sept. 7 is "National Grateful Patient Day." Pick a doctor or other caregiver you appreciate and send them a thank you note.

The artists and photographers at the Lakes Region Art Association Gallery have a wide selection of original art greeting and note cards available. Please stop in at the Gallery located at 120 Laconia Road, Tanger Outlets Suite 300, Tilton, NH to browse the art and pick up your greeting cards!!!

More information on "Thinking of You Week" can be found on their website www.thinkingofyouweekusa.com

For more information about the Gallery, visit our website: www.LRAANH.org



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EAGLES

CONTINUED FROM PAGE A1

had the ball back.

The Eagles needed just three plays to get to the end zone, with Bailey again making a spectacular catch, this time with one hand, getting the ball to the one, with Nagle powering in from there for the 14-0 lead with 8:48 to go in the first half.

The Golden Eagles had another solid drive, with Underhill and Harder doing the running, though Greyson Witchley had a sack for the Eagles. After getting

inside the 10, a penalty on fourth and two put the hosts back to the 20 and Baker made a big stop on Underhill to give Kennett the ball back.

The Kennett drive didn't last long, as on the second play, Nagle's pass attempt was tipped and Zakk Ober was able to haul in the ball for the interception. Underhill then converted a fourth and two to get the ball to the five yard line and he then ran in from there with two minutes to go and Grant's extra point made it 14-7.

Walcott had a couple

of carries and a great one-handed catch, but penalties kept them from moving very far and the game went to the half with the visitors up 14-7.

The G-B defense came up big to start the third, with Neal Downs, Gavin Clark, and Aiden Schofield all coming up with big stops to keep the Eagles from getting a first down. Haskins and Underhill got the ball moving for the hosts on their next drive, moving to the 35, but back-to-back sacks from Cunio and Witchley forced Gilford-Belmont to punt

away.

Harder, Haskins, and Schofield were strong on defense for the hosts on Kennett's next drive and again they punted away, but Gilford-Belmont could not generate any offense either. Bailey caught consecutive passes to start the next Kennett drive, but the Golden Eagle defense held tight and Kennett punted away as the third quarter ended.

Underhill and Haskins moved the ball to start the next drive for the Golden Eagles, but a bad snap put them

in a tough position and they couldn't convert on fourth and seven. G-B then forced Kennett to punt again and took over for what was their best drive of the game.

Haskins, Grant, and Underhill all had runs to pick up a pair of first downs. A sack from Ryan Chick and Porter set the Golden Eagles back a bit, but Underhill hit Grant for a key conversion. Kennett appeared to have the drive stopped when a pass fell incomplete on fourth and five, but a penalty gave the hosts new life at the nine. Haskins got to the seven and after Cunio's sack pushed them back to the 13, Haskins ran again, getting to the two before Baker came up with the stop.

Kennett was able to run out the clock and secured the 14-7 win.

"I'm proud of the guys, proud of their fight," Stearns said. "We're still trying to figure out the offensive line a little, but they all played well today."

"We like to run the football," the Eagle coach continued. "Brody is more confident, but we want to kill some clock and run it."

Stearns also praised the play of Bailey, who had a couple of big catches to extend drives and also came up with an interception. He also praised Underhill for his work under center for Gilford-Belmont.

"Daven, he's an unbelievable player, he gives everything he's got all week," Stearns noted.

"He'll do whatever he can to help us win."

"And 24 (Underhill) is a hell of a player," Stearns said. "He took some shots and he kept getting up and coming back."

"We're building momentum and coming together as a team," the Eagle coach added.

"A couple of penalties put us a little behind in a couple series," Marzahl said. "Third and three became third and eight or third and nine, that makes a difference."

"We have to open up our passing game a little more," the Gilford-Belmont coach continued. "Anakin did a great job and battled all game, it was his first time under center."

"Our backs did well keeping their feet moving and fighting for extra yards," Marzahl added. "For a lot of guys, this was their first varsity game."

"I can't question their effort throughout," the Golden Eagle coach added.

The Golden Eagles rebounded with a 42-35 win over Sanborn on Saturday, Sept. 9.

Gilford-Belmont will be back in action at Bow at 7 p.m. on Friday, Sept. 15.

Kennett will be back at it hosting Pembroke on Friday, Sept. 8, at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))


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Bank of New Hampshire Presents the 2023 Taylor Community Music Series

LACONIA - Bank of New Hampshire is proud to be the naming sponsor of the Taylor Community's 2023 Bank of New Hampshire Music Series.

The Taylor Community is a Continuing Care Retirement Community with its primary location in Laconia, the heart of the Lakes Region. The Taylor Community has built a reputation of excellence over the last century and beyond, that has given them the label of one of the most premier retirement destinations in New England. The mission of this non-profit organization is to allow residents to enjoy maintenance-free, active retirement living, while also giving them the time and opportunities to pursue the many recreational, cultural, and entertainment opportunities that this area has to offer.

Since 2013, Bank of New Hampshire has partnered with the Taylor Community to present free monthly concerts open to the public, featuring a variety of talented musicians. The Taylor Community reflects similar values to Bank of New Hampshire, prioritizing their community's needs over all else. The Bank of New Hampshire Music Series will allow both the Taylor Community and the greater Lakes Region community, to enjoy some of the recreational and entertainment opportunities that this area has to offer.

"We are grateful for Bank of New Hampshire's continued partnership," said Michael Flaherty, Taylor Community's President & CEO. "As a local bank with local roots and ownership, they have a unique understanding of the people and businesses they serve. Their ongoing help in bringing this free concert series to the greater Lakes Region is a testament to their commitment to making a difference in the lives of the people they serve."

The Bank of New Hampshire Music Series is widely popular, featuring high-caliber musical talent in genres ranging from classical to folk, swing and the blues. Thanks to Bank of New Hampshire and Taylor Community resident donor support, the music series has expanded in 2023, with upwards of sixty free concerts happening year-round on Taylor's Laconia and Wolfeboro campuses.

Bank of New Hampshire is proud of this partnership as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1.800.832.0912 or visit www.BNH.Bank.



The Cat Faulkner Trio performs at the Taylor Community Woodside Pavilion during a Ban of New Hampshire Music Series concert.

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Mackenzie Theberge Named to SNHU Dean's List

BELMONT - Mackenzie Theberge of Belmont has been named to Southern New Hampshire University's Summer 2023 Dean's List. The summer terms run from May to August.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to the Dean's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired eight-week terms grouped in fall, winter/spring, and summer.

Southern New Hampshire University (SNHU) is a private, nonprofit institution with a 90-year history of educating traditional-aged students and working adults. Now serving more than 170,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.

High School Slate

Thursday, Sept. 14 BELMONT Cross Country Home Meet; 4 GILFORD Girls' Soccer vs. Newfound; 4 Volleyball vs. Campbell; 5:45 WINNISQUAM	Volleyball vs. Fall Mountain; 5:45 Friday, Sept. 15 BELMONT Boys' Soccer at Farmington; 4 Girls' Soccer vs. Campbell; 4 Golf Home Match; 3:30 Volleyball at Farmington; 6:15	GILFORD Boys' Soccer vs. Newfound; 4 Cross Country at Belmont; 4 Field Hockey vs. Mascoma; 4 Golf at White Mountains; 3:30	GILFORD-BELMONT Football at Bow; 7 WINNISQUAM Boys' Soccer vs. Manchester West; 4 Cross Country at Mascoma; 4 Field Hockey vs. Franklin; 4 Saturday, Sept. 16 WINNISQUAM Football at Newport; 2 Monday, Sept. 18 BELMONT Volleyball vs. Trinity; 6:15
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LEGAL

SHAKER REGIONAL SCHOOL DISTRICT ADVISORY BUDGET COMMITTEE

The Shaker Regional School District is seeking community members to serve on the Advisory Budget Committee. The board will select 3 members from Belmont and 3 members from Canterbury to serve on this committee at its September 26, 2023 board meeting. All members must be registered voters for the town in which they are serving. Please visit www.sau80.org to review the charge of this committee. Please submit a letter of interest to Debbie Thompson, Business Administrator at dthompson@sau80.org or Shaker Regional School District, 58 School Street, Belmont, NH 03220 no later than September 20, 2023. Please contact Ms. Thompson at 267-9223 ext. 5303 with any questions.



Belmont Historical Society presents program on Civil War era folksongs

BELMONT - On Tuesday, Sept. 19th, the Belmont Historical Society along with the NH Humanities-to-Go will be hosting a program titled, "Rally 'Round the Flag: The American Civil War Through Folksong" that will be presented by Marek Bennett, an award-winning cartoonist and musician. Mr. Bennett will provide an overview of the American Civil War through the lens of period music. Audience members are welcome to participate and sing along as the presenter explore lyrics, documents, and visual images from sources such as the Library of Congress. Through camp songs, parlor music, hymns, battlefield rallying cries, and fiddle tunes, Bennett examines the folksong as a means to enact living history, share perspectives, influence public perceptions of events, and simultaneously fuse and conserve



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Marek Bennett, an award-winning cartoonist and musician will be presenting Civil War Era Folksongs and related images at a Sept. 19 program hosted by the Belmont Historical Society. See accompanying article for time and location.

cultures in times of change. Showcasing various instruments, the presenter along with the audience will consider possible new connections between song, art, and politics in American history. The program will be held at the Belmont

Mill (rear entrance), 14 Mill Street, in Belmont, at 7 p.m. This free program which is sponsored by NH Humanities-to-Go along with the Belmont Historical Society is open to the public and is handicapped accessible.

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Local students on SNHU's President's List

MANCHESTER - It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Summer 2023 President's List. The summer terms run from May to August. Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired eight-week terms grouped in fall, winter/spring, and summer.

Gregory Cyr of Northfield
Nicole Baros of Northfield
Chelsea Goulet of

Northfield
Hannah McCain of Tilton
Amanda Rochenski of Belmont
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Canterbury Shaker Village launches annual fund campaign

CANTERBURY — Canterbury Shaker Village has launched its Annual Fund Campaign, a fund (and friend) raising effort designed to address gaps in its annual budget. For staff as well as members on the Board of Trustees, however, the Annual Fund Campaign also serves as a gentle reminder of the Village’s continued significance.

“Canterbury Shaker Village today is a rare, unique and authentic experience,” said Juliana Phillips, who has been associated with the Village both as a Corporator and Trustee since 1992. “The Village is a window into what was a 200-year American experiment in living purposefully, sustainably, spiritually and in harmony with the natural world and one’s fellow human being.”

This proverbial window, explained Village Executive Director Leslie Nolan, requires continued maintenance and care. “Some of these structures date to the 1700’s,” she said. “We are stewards of these buildings and Shaker history.”

She cited their Dwelling House (1793) as one example of the Shaker’s unique architectural prowess in what is one of the most complete and best preserved remaining Shaker Villages. T-shaped with 56 rooms, the Dwelling House features a Chapel, Paul Revere family bell, and a Shaker library.

“This structure expanded through the years—and the stories it tells are just amazing,” added Nolan.



Village Board of Trustee member Juliana Phillips.

Many of these stories reflect Shaker values, which continue to teach (and inspire) Phillips. “I’m inspired by their abundant resilience, ingenuity, kindness, compassion and their commitment to investing their whole beings in everything they created,” she said.

If there is one thing the Village’s Annual Fund Campaign can impart on the public, Phillips cited “the collective power of the original buildings, furniture and objects plus all that was left behind.”

“It’s evidence of their daily lives spent on this wholly intact cultural landscape of 700 acres,” she said. “It makes one feel they have arrived at a sacred place of unusual peace and safety.”

Established in 1792, Canterbury Shaker Village represents one of the oldest, most typical and completely preserved of the Shaker Villages. To learn more about the Village, or support its Annual Fund Campaign, visit shakers.org.

The Village is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit nhmuseumtrail.org.

Don't miss the next to last hazardous waste event in Wolfeboro

WOLFEBORO - Saturday, Sept. 16, Lakes Region Household Hazardous Product Facility (LRHHPF) will have its next to last monthly collection for 2023 from 8:30 a.m.-noon at 404 Beach Pond Road. We are open rain or shine.

Attend early and enjoy your fall days free from worry about winter storage of toxic products, stale gasoline, etc. Oct. 14 will be the last event in 2023. Program reopens May 18, 2024.

Obtain passes for Wolfeboro, before Sept. 16, at the Solid Waste Facility. Alton folks bring passes with you, available at Alton Transfer Station. All other towns \$45 cash/check for each zero-to-five-gallon increment counting the size of the cans. Multiple increments accepted. Select non-member towns offer some reimbursement, ask Site Coordinator for details.

Call 603-651-7530 for the most accurate information. No latex paint as it is not a hazardous waste. Oil base paints, stains, automotive fluids, pool chemicals, cleaning products, and pesticides are common items collected. Placing containers in a cardboard box will speed up removal and keep the vehicle tidy.

RAIDERS

CONTINUED FROM PAGE A1

third place.

The Raiders took to the Ridgewood course on Thursday, Sept. 7, again facing brutal heat and finished in fourth place. Gorham took top honors, with host Moultonborough second and Sunapee in third. The Raiders finished with 12 points on the day.

Pucci in the second spot and Jordan DeFrancesco in the third spot both finished with four points, Jasper Sottak had three points at number

four and Kyle Dumais rounded out the field of Raiders with one point from the sixth spot in his first match ever.

The Raiders are scheduled to host another match at Canterbury Woods on Friday, Sept. 15, at 3:30 p.m. and will be

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