

Skills, teamwork lead to big win for PMHS robotics

BY ERIN PLUMMER
mnews@salmonpress.news

ALTON — After a shaky season, the members of the Prospect Mountain High School robotics club came together to win big at a competition in Massachusetts. The team now has its first ever championship banner earned with hard work, teamwork, and adaptability.

The weekend of June 7 and 8, FIRST Robotics Team #319, Big Bad BOB, was part of a winning alliance that took the finals of BattleCry@WPI, a big offseason competition at Worcester Polytechnic Institute in Worcester, Mass.

It was a victory they



Members of Prospect Mountain High School's robotics team Big Bad Bob with their banner won during a competition in Worcester Mass. From left to right Axl Vorce, Owen Joubert, and Angel Pla with their robot.

achieved after a shaky regular season that resulted in the team gelling and moving forward with new data and determination into the off season.

FIRST Robotics introduced this year's competition "Reefscape" during an online event in January

watched by robotics teams across the country.

This year, the competition centered around racks, or "reef," holding "corral" in the form of pieces of PVC pipe and "algae" in the form of balls. The robots had to "harvest" the algae and/or coral from the reefs with each piece having different point values.

Team captain Owen Joubert said the first six weeks of build season was continuous strategy and design on how to build the robot to accomplish these tasks.

During the build season, team members worked together to create and run their robots for the competition. Team members used their skills in several different areas including coding, manufacturing, design, and many others.

Going into competitions, team members said they had some less-than-ideal performances. Joubert said they went into a previous event with a lot of untested changes.

"That whole event, it wasn't exactly how we wanted it to go but we did what we could and we kept our head up and we kept improving," Joubert said. "We came back and came up with a plan on how to improve the robot."

He said they grew greatly as a team after thus event.

The team worked together to bring the robot to competition, figuring out what was and what wasn't working.

Joubert said they had another good competition at UNH, though they

SEE ROBOTICS, PAGE A10

Gilford rink project receives lighting rebate

BY ERIN PLUMMER
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GILFORD — Work continues on the ice rink project, with the town receiving a rebate to convert the building to LED lighting.

In March, voters approved an article for \$360,000 for the rehabilitation of the skating rink. The improvements will include a concrete surface for pickleball court, bleachers, new hockey boards, LED lighting, increased accessibility, and other site improvements. Of this amount, \$150,000 will come from Land and Water Conservation Fund grants with \$130,000 coming from the surplus fund balance and \$80,000 from the Recreation Revolving Fund.

Work has been continuing on the rink since the project was approved.

During the June 11 selectmen's meeting, the board approved a proposal from Affinity LED to do the lighting. According to the draft minutes of the meeting, the lighting project would be done at a cost of \$29,031 that would be offset by a rebate from Eversource.

A few weeks later the selectmen approved accepting a that rebate from Eversource for lighting.

Town administrator Scott Dunn said the town was approved for a \$7,115 rebate from Eversource to convert the lighting at the ice rink to LED. This will be done as part of the project to renovate the skating rink to a skating rink in the winter with pickleball courts in the warmer months.

Hayes said the electricians on the project work closely with Eversource.

The selectmen unanimously approved a motion to accept the \$7,115 from Eversource as unanticipated revenue to be used for the lighting project at the skating rink.

With the rebate, the net total for the lighting project would be \$21,916.

Dunn said work on the skate's lighting would start the Monday after that meeting and would likely take a week to complete.

He also said bids for the project's concrete was due by July 3.

Alton welcome sign closer to fruition

BY ERIN PLUMMER
mnews@salmonpress.news

ALTON — The new "Welcome to Alton" sign is closer to fruition, with the selectmen approving acceptance of the sign with the project waiting on state documents.

A petition article went before voters in March to put \$10,000 towards the sign, but the article failed. Since Ruth Arsenault and a group of volunteers lead an effort to fundraise \$8,000 for the sign.

A public hearing took place at the June 24 selectmen's meeting to accept the sign created by Alton Signs.

The sign is 84 inches wide by 48 inches high, and will be mounted on eight-inch-by-eight-inch-by-12-foot granite posts.

The sign will be posted in the Alton traffic circle directly across from McDonald's and Homestead Place on the New Durham end of the circle.

Heath recognized Arse-

nault's work in this effort.

"This has all been arranged and paid for through donations from members of the comm unity and the surrounding area and working with local sign company," Heath said.

Kelly Sullivan also recognized Arsenault's efforts.

"I'm just happy for Ruth Arsenault and her dedication to really fundraising and making this Welcome to Alton sign come to fruition," Sullivan said. "It took a little while to actually get it going, but it took her no time at all to raise the funds so just thank you for her efforts."

The project will require a maintenance agreement between the town and the Department of Transportation as the sign will be on state property. Heath said Public Works Director Seth Garland told him that all the paperwork was submitted to the DOT and they were waiting for approval.

"Everything looks to be in order," Heath said. "They didn't seem to have any issues, but we have not received it back as of today."

The initial aim was for the sign to be up by Fourth of July weekend, but as of that meeting that had not received any of the approvals.

Heath said the area where the sign would be put was staked out to give people an idea about its position and dimensions.

Selectman Drew Carter asked about what material the sign is made from. Heath said it is made from composite material and made to be low maintenance. He said it's likely the sign will be the same composition as the sign the company made for the Gilman Museum with a composite wood sign on black metal brackets on granite posts.

The selectmen unanimously approved a motion to accept the sign.

Tori Christie named Division III Player of the Year

Timber Wolves, Golden Eagles earn softball All-State honors

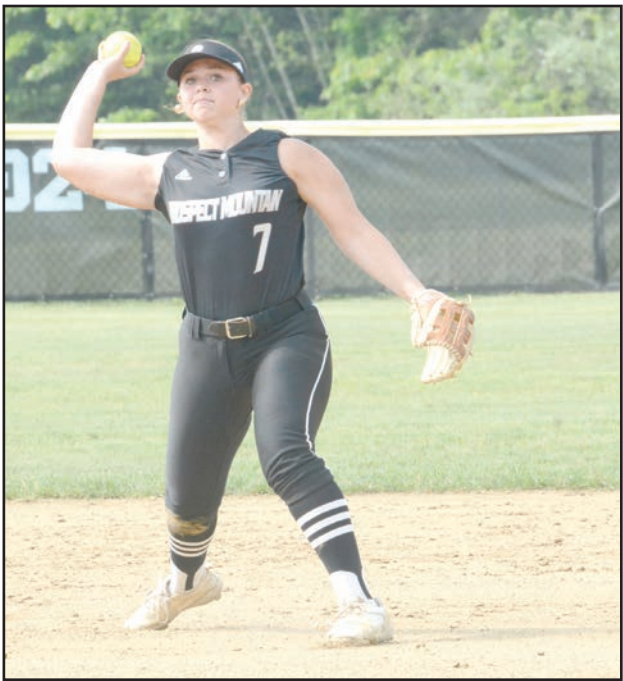
BY JOSHUA SPAULDING
Sports Editor

REGION — The New Hampshire Softball Coaches Association has announced the 2025 All-State honorees and after success across the divisions for the local teams, there were many athletes earning honors for the spring season.

In Division III, Prospect Mountain's Tori Christie was named Player of the Year and was joined in earning First Team honors by teammates Kora McKenzie, Olivia Noyes and Alexis Wilson and Sadie Lydick

of Gilford. Second Team honors were presented to Berlin's McKenna Kelley, Belmont's Madison MacDonald, Prospect Mountain's Paityn Glidden, Gilford's Belle Dow and Kendal Heyman and Winnisquam's Danica Weymouth. Earning Honorable Mention were Belmont's Madison Smith, Newfound's Adeline Dolloff and Gilford's Grace Kelly.

JOSHUA SPAULDING
(Right) Prospect Mountain's Tori Christie capped off her stellar career being named the Division III Player of the Year.



Also earning First Team honors for Division III were Paige Boudette of Hopkinton, Kimble Rose, Payton Bryson and Ava Archambault of Bishop Brady, Mattigan Williams and Abigail Gaynar of St. Thomas, Payton Blackinton and Zoey Lord of Newport and Shaylee Branon and Cainen Avery of Monadnock.

Second Team was also presented to Azure Rheume, Sophia Westover and Kendall Cote of Fall Mountain, Amelia Anderson and Elizabeth Pelletier of St. Thomas,

Dee Levesque and Sophia Huynh of Raymond, Ari Drouin of Monadnock and Aurelia Salce of Hopkinton.

Also picking up Honorable Mention in Division III were Morgan Dean of Hillsboro-Deering, Sophia Romano of Trinity, Hailey Anzmann of St. Thomas, Mia Herbert of Stevens, Olivia Knightly of Monadnock and Kinley St. Cyr and Annie Morrall of Hopkinton.

Newport's Zoe Lord was named Pitcher of the Year, Chad Beede of

SEE SOFTBALL, PAGE A10

Alton Parks and Recreation Community Connection

Alton Bay concerts at the Bandstand 2025

Summer Concert Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay
July 12- The Visitors- Oldies, Classic Rock, Country Rock; July 19- Pub Pirates- Classic Rock; July 26- Got It Covered Band- Cover Songs; August 2- The Revolutionists- Classic and Modern Rock and Roll; Aug. 9- Bittersweet- Classic Rock; Aug. 16- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; Aug. 22- “Thursday Afternoon Band” sponsored by Water Bandstand Committee; Aug. 23- Saxx Roxx- back by popular demand and Aug. 30- Cool Beans- ‘60’s and ‘70’s Rock.

Singalong and Campfire at Alton Town Beach

Join friends and community members at the Alton Town Beach, located on Route 28A, on Friday, July 18 from 7-8:30 p.m. for a beach

campfire and acoustic guitar sing along with John Irish. Bring a chair and toast s’mores with the cozy crowd. This program is free. Fun for the whole family.

Alton Old Home Days 5K Road Race

Co-Sponsored by Meredith Village Savings Bank. Aug. 9 at the Alton Bay Bandstand, 9 a.m. Sign up by July 14 and receive a long sleeve race shirt. USATF Certified Course through Alton. Computerized timing with bib chip; results posted online. Scenic, slightly varied course, flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffle for racers. Forms and map available at www.alton.nh.gov or register online at <https://runsignup.com/Race/NH/Alton/AltonOldHomeWeek5KRoadRace>, \$20.

Intro to Guitar

Alton Parks and Rec-

reation is sponsoring an intro to guitar meetup on Thursday, July 17 from 10-11:30 a.m. with Sam Twining at the Gilman Library, first floor meeting room. This is a free program to support you in picking up your guitar and trying it again. All are welcome. Session will cover the fundamentals including how to hold the instrument, tune it, strum it and how to play a few cords. Bring your own guitar and join us. Please register by contacting parksrec-asst@alton.nh.gov or 603-875-0109 by July 14.

July 21- Maine Wildlife Park Trip

The Alton and New Durham Parks and Recreation Departments are sponsoring a trip to the Maine Wildlife Park on Monday, July 21. Alton Students in grades 2-8 are invited to join Alton Parks and Recreation Staff to explore the wonders of the Wildlife Park, trails and gardens in Gray, Maine. You are guaranteed to see a moose and more animals in a day than you could ever spot in the wild. Adults of all ages are invited to join in the fun too and explore the Wildlife Park on their own. Bus leaves New Durham Elementary School at 8:30 a.m. sharp, please arrive by 8:15a.m. to check in. Bus returns to New Durham Elementary School at 4:30 p.m. \$15 per person, includes park admission and student supervision. Bring a bag lunch and be ready for a great day. Register at alton.nh.gov. by July 15. Contact parksrec-asst@alton.nh.gov for more information.

Community Plant

Swap- July 26- Free

Alton Parks and Recreation is sponsoring a free Community Plant Swap with leaders Destiny Sweezey and Molly Gillis on Saturday, July 26 from 10 a.m.-1 p.m. at the Alton Bay Bandstand. Stop by and bring what you’d like to share and take something home to grow. Featured items include seeds, plants, pots and cuttings. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov.

Pick Up Pickleball Games

Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Sign up online <https://www.signupgenius.com/go/8050D4FA8AF2CA5F85-54716680-pick-up>. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. For more information, contact parksrec@alton.nh.gov.

Line Dancing Lessons

Line dancing lessons with Jane Corbett will be held on Thursdays through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

Slow Flow Yoga with Pamela Mott, 500 YTT Certified

Classes are held on

Mondays and Wednesdays from 6:30-7:30 a.m. at the Alton Bay Community Center or choose the online option and practice from home. All levels are welcome and encouraged. Class focus is Sun Salutation A and B; Hatha Yoga and the 8 Limbs. Pre-registration is preferred, text 603-393-0595. Cash and Venmo accepted. Pre-registration and virtual attendance is \$10; Drop in \$15. Classes are ongoing. For more information, contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov.

Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursday July 31 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. The program is free, donations accepted to benefit local charities. For more in-

formation, contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Little Lake Explorers Playgroup

Join in this new playgroup led by Jennifer Lutz and Melissa Sciuto on Mondays at the Alton Bay Community Center from 9-11 a.m. This free program is open to all children newborn to seven years of age and their parents. Activities include free play, snack time, story time, music and more. Parents must stay and supervise their child during the program and are asked to bring a peanut free snack for their child. Please pre-register by the Wednesday before each meeting at littlelakeexplorersalton@gmail.com. Drop ins are also welcome. For more information, contact Alton Parks and Recreation at parksrec@alton.nh.gov.

Concert Sponsored by Water Bandstand Committee

The Water Bandstand Committee is sponsoring a live concert on Friday, Aug. 22 from 7-9 p.m. featuring “The Thursday Afternoon Band.” The concert will be at the Alton Bay Land Bandstand with classic rock music. Stop by and watch a great performance that will put a smile on your face, and a tap on your feet.

Alton Bay Water Ski Show

Sponsored by the Water Bandstand Committee
Aug. 23 — Water Ski Show at 3 p.m. in Alton Bay.

Alton Community Services announces change in food pantry hours

ALTON — Happy summer to all from Alton Community Services!

With the arrival of sunshine and warmth, ACS would like to thank the local businesses and their patrons for their continued support by filling our Lucite boxes at the following locations: Ackerley's, Alton Circle Store, Alton Home and Lumber, Alton Village Pizza, Aubuchon Hardware and Taco Bay. Your participation in this endeavor is appreciated by the Board of Directors and the clients of ACS.

Due to unforeseen circumstances, the Food Pantry is no longer open on Wednesday. The Saturday

hours have been extended to 1 p.m. Volunteers are always welcome. There are still specific needs to fill our shelves: salad dressing, boxes of oatmeal, soups, sugar and cereal. While all donations are gratefully received, please make sure the food is not outdated. Additionally, there is need for toilet paper and facial tissues.

If you are unable to donate with food items and still want to help, we welcome any financial donations. Mailing address is Alton Community Services, P.O. Box 43, Alton NH 03809.

Wishing everyone a safe and memorable summer.

KRMS students receive Pride Awards

WOLFEBORO — The following Kingwood Regional Middle School seventh grade students received the Pride Award for Trimester 3:

Abigail Ames, Dana Anderson, Adameus Avery, Maci Barton, Kenzie Beglinger, Jules Bennet, Greyson Burke, Makayla Campbell, McKayla Campbell, Parker Chase, Emma Cole, Olivia Collopy, Alyssa Cornwell, Joshua Couture, Alexia Davis, Gracie Dawson, Meadow Dearborn, Daniel Devereaux, Charles Do Carmo, Ayla Doiron, Lincoln Drake, Jackson Ducharme, Everett Dupell, Ashlynn Eldridge, Skylynn Eldridge, Aleah Favorite, Mason Ferguson, Colin Fitzgerald, Thomas Gardner Jr., Allie George, Gabriel Giessler, Judith Hall, Dahlila Harz-

becker, Jaxon Hidden, Kaiden Hopkins, Avery House, Cole Hughes, Faith Johnson, Ella Keniston, Eva-Marie Keniston, Joanna Kerin, Grace Keyes, Logan Kline, Oliver Leavitt-Carlson, Kenley Legge, Reese Libby, Zachary Livie, Autumn Lunt, Emilija Madzar, Seamus McHale, Maverick Milligan, Lily-Lee Millner, John Murray, Shae Newbegin, Aiden Nisbet, Jacoby Noble, Aubrey Noyes, Lucas Nuzzelillo, Drew Parent, Cayla Proctor, Isabella Proulx, Devan Richards, Skye Robins, Harmony Royal, River Rushing, Matthew Sawyer, Harlianna Scully, Reagan Sherman, Blake Smiley, Maxten Stevens, Genevieve Steyn, Rachel Tatarczuk, Garrett Van Gelder, Isabella Whiting, Tenyson Whyte, Carter

Wilber, Ariana Wilson, Jaxson Wright

The following 8th grade students received the Pride Award for Trimester 3: Abigail Ackerly, Erolisa Agramonte, Mason Beaulieu, Maya Beaulieu, Charles Belanger, Drea Benton, Aislyn Bergeron, Connor Biggart, Landon Blair, Kaaloni Boisvert, Emily Bouse, Reagan Bouse, Everett Bowley, Liam Burr, Lucy Burr, Brianna Cann, Sophia Corson, Brennan Crawford-Guilford, Allen Curtis, Amelia Czarnecki, Anthony Czarnecki, Olivia Czarnecki, Ashlynn Desrochers, Honor Drenning, Zachary Dubuc, Charlotte Edwards, Silas Eldridge, Madailein Fahey, Gabrielle Ferland, Drew Feyler, Chloe Fontaine, Solara Fowler, Stella Friesen, Ellie

Fuller, Peter Garner, Caleb Gillen, Mallory Hayford, Lilah Hicks, Charlotte Huffman, Paige Hunt, Ariel Isabelle, Ethan Johnson, Parker Johnson, Elise Kinzmaier, Tadhg Kolodner, Stella Lavigne, Mazelia Little, Skylah Lord, Ellory Lovering, Sydney Lynn, Yaniellys Maldonado, Silas Marchand, Shaelynn Maynard, Finnegan McCourt, Arianna McPherson, Kaden Meattay, Cecelia Meroski, Lauren Merrin, Lainey Miller, Jackson Mills, Harrison Moore, Louis Morin, Karlee Mosher, Teagan Nelson, Wyatt Nichols, Logan Nicoll, Finnegan O'Brien, Kinsley Ortisi, Ryder Ouellet, Kamya Patel, Jamison Pelletier, Ellemina Reilly, Audrey Reinhard, Bristol Richards, Reed Rouleau, Hayden Ruthford, Luke Sawyer, Samuel Saxby, Alexandria Scialla, Alice Shaw, Maddock Skelley, Declan Smith, Addison Steadman, Kenley Stirling, Aubrey Stout, Elizabeth Sullivan, Logan Thurber, Laythan Thurlow, Justin Walsh, Emily Warner, Cadence West, Lily Wheeler, Soraya Wheeler, Langston Whyte, Anthony Woods

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Gilford to reimburse baseball organization for discarded mat

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — The town will reimburse Gilford Youth Baseball \$360 after a large baseball mat that was accidentally thrown away after last year's Old Home Day.

During the June 11 selectmen's meeting, Mike Giovanditto and Mike Bryant from Gilford Youth baseball told the board that a large baseball mat they use was moved before last year's Old Home Day, but said it was allegedly thrown away at the end of the event. According to the draft minutes of the meeting, Gilford Youth Baseball was asking for a reimbursement for the cost of the mat, but said that the Recreation Commission and the Old Home Day Committee reportedly denied the request.

Members of the board decided to table this until the next meeting so this could be further discussed.

The topic was brought up again at the June 25 meeting.

Parks and recreation director Brittini Stewart said the mat wasn't intentionally thrown away. She said during cleanup for last year's event a baseball mat was found that didn't belong to Parks and Rec and whose owner was unknown. Stewart said they believed it was abandoned and it went into a dumpster they used to clean up after the event.

Giovanditto said the mat wasn't abandoned and they took down the batting cages for Old Home Day with the intention of bringing it back for the rest of the season.

Selectman Kevin Hayes asked why the mat wasn't moved. Giovanditto said it was embedded in the ground.

"No one had told us it was an issue and we planned on putting it in the cage right back after Old Home Day was done," Giovanditto said.

Giovanditto said the league paid \$359 for a new mat at the begin-

ning of the year.

Selectman Gus Benavides asked if Stewart was aware that the mat was being removed or if she was aware of the removal after the fact. Stewart said she learned about it after the fact. She said she didn't give the directive to have it removed but was aware of its removal after it went into the dumpster.

"We're happy to

oblige with the reimbursement, that is not the issue at all," Stewart said. "It was a mistake, an error on my part, I will take ownership of it. I should have checked, though like I said with the condition of it and where it was and how long it had obviously been there it was an uncertainty."

Benavides said they don't believe this was done "with ill inten-

tions." He said this is an expense that will be borne by the people of Gilford in some form or another, whether through tax dollars, the Parks and Recreation Budget, or the donors and volunteers to Gilford Youth Baseball. Benavides asked how many of the donors are Gilford residents and Giovanditto said 99 percent.

Benavides made a motion to reimburse

Gilford Youth Baseball for the mat with \$360 from the Parks and Recreation budget.

"Brittini, I appreciate the willingness and the cooperation as well with this in knowing it was an honest mistake," Benavides said.

The selectmen approved the motion in a vote of two to one with Hayes the only dissenting vote.

Aviation Camp taking off!

GILFORD — WinnaAero, the STEM education non-profit is ready to launch its 15th summer of aviation day camps for youth. Sessions are scheduled for the weeks of July 7-11 and 14-18 at the Laconia Airport. More than 90 students are pre-registered but seats are still available so parents can "book their student's seat" by visiting www.winnaero.org now.

well as Pease Air National Guard Base to observe operations. All sessions qualify New Hampshire high school students for half a general education credit on their high school transcript. Caron also pointed out seats are still open in the Middle School girls' session and scholarships to help offset tuition costs are available thanks to generous donors and grants from the aviation industry.

caron@winnaero.org. Additional details, including tuition costs, are available at www.winnaero.org.

winnaero.org. Applications still being accepted.

Lily Tierno of Gilford named to La Salle University Dean's List

PHILADELPHIA, Pa. — La Salle University congratulates Lily Tierno of Gilford as one of the more than 500 traditional undergraduate students named to the spring 2025 Dean's List in recognition of academic excellence. Students who complete at least 12 credits and earn a semester grade point average of 3.5 or higher are placed on the Dean's List.

Tierno is majoring in nursing.

La Salle University is a comprehensive Lasallian Catholic university located in Philadelphia. It is rooted in the tradition of the Brothers of the Christian Schools teaching order founded by St. John Baptist de La Salle, the Patron Saint of Teachers. Chartered in 1863 by the Commonwealth of Pennsylvania, La Salle prepares students to become known for more through a practical liberal arts and experiential education.

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Educational Program Director, Dan Caron, specifically mentions seats are still available in the High School student sessions July 14-18, covering topics such as Aircraft Engineering, Drone Academy and AeroMedicine. The Aero Med students will participate in a SCUBA experience to simulate the weightlessness of space while the Drone instructors are working on a community service project using drones. Engineering students will tour aviation manufacturing facilities as



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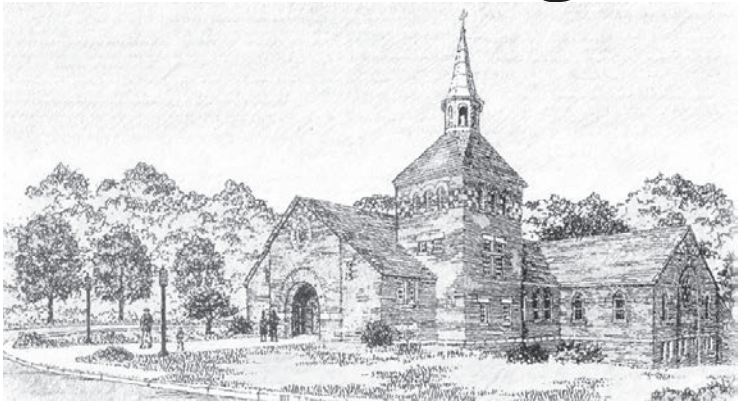
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God took a day off after creating us.



But you can find Him here all summer.

Genesis 2 tells us, "On the seventh day God completed the work he had been doing; he rested on the seventh day from all the work he had undertaken."

This summer your own vacation from work need not be a vacation from your faith. Here are a few of the regular events at our church—*your church*—this summer. You are welcome to join us for any or all of them:

- Saturday afternoons:**
Confession at church at 3:00. Mass at church at 4:00.
- Sunday mornings:**
Mass at church at 7:00, 8:30, and 10:30.
Mass online at 10:30 at stkdxel.org.
- Monday evenings:**
"Discovery Group" discussion at church at 7:00 p.m.
- Friday mornings:**
Eucharistic Adoration in church from 9:00 a.m. to 1:00 p.m.
- Weekday mornings (except Thursday):**
Mass at 8:00.

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We Will NOT be Undersold

Some of the best memories
are made in flip flops

Summer is in full swing, with everyone walking around with a sun kissed glow. Apart from mild weather, lush green forests, swimmable rivers and lakes and beautiful flowers, there are significant health benefits to these summer months.

Sunlight aids in regulating our systems. During the summer months, there is a reduced rate of heart attacks. One study revealed that those who suffered a heart attack during the summer had survival rates increase by 19 percent. Vitamin D is said to play a role in protecting the heart as well as regulating calcium and phosphorus absorption.

Individuals tend to eat lighter and healthier in the summer, consuming more fruits and vegetables, which boosts our immune system. Produce is in abundance, whether it's at the local farmer's market or in our own back yards. Bring on the watermelon! The sun can also cure many skin issues, such as psoriasis, dermatitis and acne; however, this doesn't mean we can skip the sunscreen.

Summertime encourages us to get out and exercise. Getting the blood pumping creates endorphins and initiates and improves the flow of oxygen to the brain, which in turn lowers stress, and can aid in productivity in other areas of our lives. The longer days also afford us zero excuse to get out and get it done.

Because of the warmer temperatures, we automatically increase our water intake. This promotes digestion and flushes the toxins from our bodies.

Sleep disorders tend to fall by the wayside or improve during the summer due to the sun's early morning exposure. Experts say getting sunshine between 7 and 9 a.m. every morning will help you sleep better at night.

Spending time with friends, family and community increases in the summer which is key to our mental health. During summer months there are more outdoor activities that bring folks together such as band concerts, farmer's markets, campfires, which are all great places to catch up with our neighbors.

Most people tend to go on vacation during the summer, reducing stress and burnout. More and more people are realizing just how important it is to take a breather.

Summertime helps us to feel more footloose and fancy free. There is also an overall feeling of relaxation and joy, over simple things like reading a book on the front porch, sipping sun tea or the smell of fresh cut grass.

The rivers flow wildly in the mountains and the lakes remain calm for fisherman to drop a line and float about, letting all cares melt away as the sunlight dances off the small ripples and waves. Mountain summits are picture perfect with blue skies, white clouds, vibrant green trees with glistening rocks, oftentimes creating scenes that don't even look real.

Take advantage of the season and savor every moment. In the words of the great Henry James, "Summer afternoon-summer afternoon; to me those have always been the two most beautiful words in the English language."

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



On July 13, the 1st Congo Bluegrass Band will make the trek to Bear Island's St. John's on-the-Lake Chapel for a 10 a.m. outreach Sunday Service. The inter-generational band, who has played together for five years, features full instrumentation with banjo, fiddle, mandolin, guitars, bass, spoons and lots of harmonies in between. The music, with lyrics depicting life's struggles, joys, and hopes, includes lots of audience participation and energy. All are welcome to do some toe tapping, clapping and singing for this family friendly service, as God's influence over the many stages of life becomes clear through lyrics and melodies.

LETTERS FROM EDWIN

Planting

It feels like a Sunday night. I just took the day off due to the heat. I know that it's not like me, but I worked all day yesterday out in the sun in this heat and I wanted to have some compassion for my epidermis. My doctor doesn't seem to like the fact that I work outside in the sun and don't use sunscreen. Look at all the people filling their guts with junk and making themselves obese. Instigating all kinds of medical turmoil to their bodies. If not already, they will certainly someday be needing assistance with all their issues.

So this morning, I cut split and stacked a maple tree, and although I could squeeze another layer of wood on top, I deem it done for the year. After that I took a nice long cold shower to wash all the debris off and cool my core. I could have driven to the lake, but this time, I wanted instant gratification.

There's a library that I go to that has a computer gadget that allows you to make digital copies of old technology things, like records, tapes, videos and such. I knew that

the already wicked high temperature was only going to go higher and also, that the library has air conditioning. I transferred two Hi-8 videocassettes to digital files. Since each cassette is two hours long, I invested four plus hours into the adventure. I hope my kids appreciate it. Their air conditioning was so cold that I took a blackout curtain and wrapped myself in it as the vent was blowing right on me. I was freezing.

The weather broke after that and life went back to normal, and pretty soon it was another weekend. Aren't you glad that we emulate how God took a day of rest after working for six days creating all this? That Devil never takes a day off. Which one do you emulate?

So after Saturday mornings regular activities, it was laundry time. The rain was supposed to stop so I stacked the baskets of cloths for hanging out on the cloths line tomorrow. We try to keep thing as efficient as possible around here. There is a clothes dryer down the cellar, but inside and outside

cloths lines are usually sufficient.

The rain had cleared up well enough by mid-day that I went out and pulled up all the remnants of last year's garden and prepared it for this year's plantings. I even found the time to plant four Roma plants and there was one already growing, undoubtedly sprouting from last year's plants. If it's a Roma, it came from last years plants. If it's something else, it came from the worm droppings. Worms don't eat seeds which just end up going along with the flow of it all and eventually sprout in the next garden.

The following afternoon, twelve broccoli plants were planted, completing this garden patch. A sheet of cardboard totally covers the ground to keep the weeds from cutting in on the sunlight and the essence of Annelida. It's skirted by hollyhocks.

So, there you have it. I gave in and started the garden project for another year. It's almost the Fourth of July [as I write this], so I can put in the potatoes. I assume the seed potatoes are all right; I haven't checked them

out. I don't spray them with stuff to keep them from growing so I expect that they're all intensely sprouted, and I'll have to be real careful to separate them all and not break off their shoots. It's an annual exercise in trying to be totally organic and replanting from last year's crop.

Then there are seeds. I'm sure that I still have some of those. I haven't thought too much about what else to plant. I don't know what I have. I do know that I'm not going to try corn again. The day they ripened up they disappear. Critters have a better nose than I do.

I went and threw away all my old seeds a few years ago. I do hate to throw things away, but old seeds have terrible germination rates. As you can tell, I don't spend too much time planning my garden. I have the usual things that I plant and don't do much experimenting.

We should all know that good soil makes for a good harvest.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

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Letters to the Editor

We made it!

To the Editor:

All of the businesses and friends of Alton that helped support my journey for a sign, "Welcome to Alton," thank you, thank you. The 5th of May, I started walking in the bay, and to my surprise, in less than two hours, I collected \$1,500 toward the sign. That was just the beginning of a fast moving fund raising. Friday evening, I went to the American Legion for supper and walked out with a promise of \$1,000, plus \$700 in cash. I stayed at that \$3,200 for about a week. Jars were collecting change and \$\$.

But I still needed a big jump. The following Monday. I started my walk down Main Street. I didn't get half of what I made in the bay, but it all helped, and with some promises and phone calls along the way. A few days later I had a big jump from two new businesses in town. One promised a big amount by June 3rd and the other a maybe. This might put me over the top. Time will tell! After my 9 day road trip out of state on my return May 30 put me over

the top and then some. Extra funds will go into a town fund for future maintenance of the sign, which I'm sure the DOT will appreciate \$2,245. I'll list the businesses in the order of my journey. These folks really motivated me to push on. Like, The Little Engine That Could: Alton Bay Diner, Shibley's at The Pier, Pops Claim Shell, Pub 23, Taco at The Bay, Steve Carlton, Sons of Am. Legion, Vacanza, Re/Max, Shibley Drive In, Dames Repair, Bob Butler, Greymont Earth Material, Berry's Bait, Alton Flooring, Blue Collar Barber, and Wayne's Transmission. Plus all the other folks who dropped off \$100, \$50 and \$20 at Profile Bank, and I can't forget the jars around town. It takes a large amount of people to make a village and thank you again for making this a quick journey. Three weeks and four days. Done, wow!

Happy Trails,

Ruth Arsenault
Alton

ABA Monthly Member Highlight: American Legion Post #72

ALTON — Every month, the Alton Business Association sits down with one of our amazing ABA members to get to know them a little better! We ask each member the same questions, providing an opportunity for our members to highlight the important work that they do in our communities. If you're an ABA Member and would like to be considered for future Monthly Member Highlights, please reach out to us via email at info@alton-businessassociation.com.

Q: Tell us about your business?

A: Founded by an Act of Congress after World War I, The American Legion fiercely advocates for the unique needs of every generation of veterans, service members, and their families who pledge to protect our nation. Today, we are committed to destigmatizing mental health support, offering peer-to-peer resources, and empowering everyone to Be The One in the fight to prevent veteran suicide.

The American Le-

gion is the largest U.S. veterans' organization, with more than 1.6 million members who strengthen the nation through programs, services and advocacy for those who have served in the U.S. Armed Forces, youth and communities.

We are also supported by the American Legion Auxiliary, Sons of the American Legion, and Legion Riders.

Q: Tell us about yourself.

A: My name is David R. Hussey, I am a veteran and have been the Commander of Post 72 for five years. I am the former CEO of Final Mile Communications, White House Communications, and Vice President of Worldwide Operations at Cabletron. I am also a former Selectman for the Town of Alton.

Q: How did your business get started?

A: The American Legion was founded in 1919 and incorporated by Congress as a patriotic veteran organization devoted to mutual helpfulness.

Q: What has your

relationship with the Alton Business Association done for you or your business?

A: Advertising and good citizenship. We are so grateful to partner with the ABA to make a difference for veterans and our community.

Q: What do you value most about this community?

A: Alton is a community of collective action and resource sharing. We feel connected to others and part of something larger than ourselves. Our community values help us connect and help this community thrive.

Q: What business accomplishment are you most proud of?

A: We take immense pride in our unwavering commitment to supporting veterans and our community. Our efforts have made a significant impact in providing essential resources, advocacy, and support to those who have served in the U.S. Armed Forces. Through our programs and services, we have fostered a sense of be-

longing and mutual helpfulness, ensuring that veterans receive the recognition and assistance they deserve.

The American Legion actively addresses issues of national importance in Washington and across the country.

We promote civic responsibility, national security, and the preservation of American values. We also have a proud tradition of supporting our nation's youth. The organization was founded on this principle in 1919, when Children & Youth was declared one of the Legion's four pillars. Also, we advo-

cate on behalf of veterans and their families while addressing critical issues to support a strong America.

Q: What does the future hold for you and your business?

A: Continue working for our vets and our community. We're excited to be more present in our community and to spread the word about what we do. We're also looking forward to engaging new members.

Q: How can people who want to learn more about you or your business get in

touch with you?

A: Come visit us at the Post! Also, here are the websites that give more information about Legion events, what we do in the community, and how to become a member:

• www.americanlegionpost72altonnh.org

• www.facebook.com/americanlegionpost72

• www.legion.org (Legion, Legion Riders, Sons of the American Legion)

• www.legion-aux.org (Auxiliary)

Grayson Mouradian named to Salvé Regina Dean's List

NEWPORT, R.I. — Grayson Mouradian of New Durham was named to the Dean's List during the spring 2025 academic semester at Salvé Regina University. To qualify for the Dean's List, students must earn a semester grade point average of 3.6 for full-time students completing at least 12 graded credits, or a semester grade point average of 3.8 for part-time students completing at least six credits.

Salvé Regina University is a Catholic, coeducational institu-

tion of higher education founded by the Sisters of Mercy in 1947. For more than 75 years, Salvé has offered rigorous, innovative academic programming in the liberal arts tradition that prepares students to be global citizens and lifelong learners. More than 2,700 undergraduate and graduate students from around the world are enrolled at Salvé in 48 undergraduate majors, 13 master's degree programs, combined bachelor's/master's programs, and doctoral programs.

Every undergraduate student engages in Salvé Compass, a four-year transformational framework through which they develop the experience, skills, and wisdom required for a fulfilling career and to make a positive difference in the world. The University is also home to the Pell Center for International Relations and Public Policy, a multi-disciplinary research center focused on the intersection of politics, policy, and ideas. For more information, visit salve.edu.

Local student named to St. Lawrence University Dean's List

CANTON, N.Y. — Carter Forest from Gilford has been named to St. Lawrence University's Dean's List for achieving academic excellence during the Spring 2025 semester.

Forest is a member of the Class of 2028. Forest attended Gilford High School.

To be eligible for the Dean's List, a student must have completed at least four courses and have an academic average of 3.6 based on a 4.0 scale for the semester.

About St. Lawrence

University
Founded in 1856, St. Lawrence University is a private, nonsectarian institution of the liberal arts and sciences located in Canton, N.Y. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue

knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit www.stlawu.edu.

Barnstead Parks & Recreation Highlights

Motto: "Bringing Community Together by Doing Fun Stuff!"

Archery program

Barnstead Archery – Registration is open for session 2 (July 11 – Aug. 22) and session 3 (Aug. 29 – Oct. 10). Classes are every Fridays from 6 – 7:30 p.m. (weather dependent) at the TL Storer Scout Reservation. Equipment will be provided, or you can bring your own. \$10 for the session. The link for registration can be found on our website.

Summer Concert Series

Barnstead Parks & Recreation is pleased to welcome to the Summer Concert Series Stage, Windham Community Band on July 12 and Wayne Potash on July 19!

Windham Community Band organization has a 40-piece concert band that has been performing in southern New Hampshire and northern Massachusetts for over 25 years. They will perform selections from movies, Broadway shows, patriotic themes, marches and other popular concert band pieces. With such a large variety of tunes and the variety of instruments, the performance is sure to be a crowd pleaser.

Wayne Potash, playing on July 19, may not be new to the chil-

dren's music game, but his music still sounds fresh and fun. He will perform a combination of original tunes as well as covers of popular songs but with updated, kid-friendly lyrics. With topics like having a sweet tooth or a train heading down the track, children are sure to relate and enjoy the show.

Summer concerts will take place at the Barnstead Parade Grounds every Saturday from June 21 through Aug. 23 from 6-8 p.m. No concert on Aug. 2 due to the balloon rally. This year's lineup features a wide array of music and can be found at www.barnsteadnhparks-rec.com/events. Concessions will be offered by local organizations (cash only) and the concerts are free so grab a chair or a blanket and come on down to enjoy the show!

The concession provider for the July 12 show is the Barnstead Parade Church. They will have plenty of treats to satisfy your sweet tooth and drinks too.

Game Night for Adults

Game night will be held on the third Wednesday of the month (July 16th and August 20th) at the Oscar Foss Memorial Library. Come for a fun night of socializing

and play an old favorite or learning a new game.

Commission member openings

Being a part of the commission is a great way to be more involved in creating, planning, and hosting activities or programs for our community. There are many different levels of involvement and time commitments. We have various openings on the commission, and we are excited to welcome new members. Contact Gail McCullough if you would like more information.

Barnstead Garden Club

We thrive off of community volunteers and donations, so please reach out to us through our Facebook page, Barnstead Garden Club, or barnsteadgc@yahoo.com if you can lend a hand! We appreciate any help and support and hope you join our team!

Please watch our website (barnsteadnhparks-rec.com) and Facebook page (@barnsteadparks) for additional details, date changes, cancellations, and pop-up events. We can also be reached at 802-332-3799 and barnsteadparks@gmail.com if you have any questions.

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Local favorite Eric Grant Band makes bandstand debut July 12

WOLFEBORO — The Eric Grant Band has made a pretty good name for itself over the past decade-plus and has played on stages all around the Lakes Region. Now, the Gilford-based band will make its debut in the Friends of the Wolfeboro Community Bandstand summer concert series, taking to the bandstand in Cate Park on Saturday, July 12.

The Eric Grant Band took the music scene by storm, playing in front of thousands of fans in northern New England since its inception in 2009. The band has been featured as a supporting act for national headliners such as Jason Aldean, Tim McGraw, Blake Shelton, Trace Adkins, Toby Keith, Eric Church, Lady Antebellum, Keith Urban, Brantley Gilbert, Lee Brice, Craig Campbell, Randy Houser, Keith Anderson, Lonestar, Sugarland, Zac Brown Band and Jo Dee Messina.

The band has also won



COURTESY PHOTO

The Eric Grant Band will be making its Friends of the Wolfeboro Community Bandstand summer concert series debut on Saturday, July 12.

local, state, regional and national titles and has also released two CDs and had multiple songs in rotation on the local country radio stations as well as streaming media worldwide on Radio Gold and Nashville Favorite “The Iceman.”

Eric Grant Band has

also acquired national recognition after winning the Southwest Airlines “Calling All Musicians” contest while at the same time completed production on their second CD in Nashville with some of the biggest names in the industry.

In addition to the

band’s namesake, members of the Eric Grant Band include Cyndal VanSteenburg and Jessica Thamm on vocals, Paul DiBiasco on keyboards, Mark Phaneuf on guitar, Jeff Furlotte on bass guitar and drummers Jess Jarz and Justin Beaulieu.

Learn more about the Eric Grant Band by visiting the band’s web site at ericgrantband.com.

The Eric Grant Band will take to the Wolfeboro Community Bandstand in Cate Park in downtown Wolfeboro from 7 to 9 p.m. on Saturday,

July 12. The concert is free to the public, though a pass-the-hat offering is taken at intermission to help the Friends of the Wolfeboro Community Bandstand support the continuation of the concert series each summer.

The concerts are subject to weather conditions. If bad weather is threatening and the concert has to be postponed, there will be a sign posted at the park entrance near the town docks and will be posted online at wolfeborobandstand.org and on the group’s Facebook page.

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COURTESY

Don't miss the On the Green 1 Arts & Crafts Festival on July 11-13 at Brewster Academy, 80 Academy Dr., Wolfeboro — Friday & Saturday 10 a.m. to 5 p.m. & Sunday 10 a.m. to 4 p.m.! More than 110 Amazing Exhibitors! Some of the arts & crafts will include wildlife photography, leather jewelry, functional & decorative pottery, watercolor art, personalized wooden signs, stained glass, personalized cutting boards, gourmet food items including local honey/cookies/homemade fudge/dilly beans/pickles/jams/vinegars & oils, handcrafted log furniture, river tables/chairs, surveillance birdhouses, clothing, African photography, floral arrangements, awesome metal art animation, & lots more! Friendly, leashed pets welcome! Rain or shine under canopies! Free admission and free parking! Food! Live music with North River Saturday & Sunday! For more information, call Joyce at (603) 387-1510 or e-mail joycescraftshows.com. See you there!

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11th Annual Jenni's Ride set for July 26

GILFORD — Lakes Region Scholarship Foundation and the Harmon family are pleased to announce the 11th Annual “Jenni’s Ride Around the Lakes” fundraiser, in memory of Jenni Ann Harmon.

A 2006 GHS graduate, Jenni spent her youth enjoying sports, art, music, and helping others. After graduating, she followed the vocation of serving others by registering for an EMT course with the Gilmanton Fire Department. On Dec. 14, 2006, she was driving to her final written exam and was tragically killed. She was graciously certified posthumously by the GFD. Forever determined to let her light shine on and



Preparing for the 11th Annual Jenni's Ride Around the Lakes are (left to right) Chris Guilmett, Executive Director Lakes Region Scholarship Foundation, Russ Harmon, Jane Harmon (Jenni's Parents) and Jami Harmon (Jenni's sister).

guide others, LRSF has made it possible for the Harmon Family to grant a graduating senior in the Lakes Region a scholarship toward their education in emergency, medical, and social services, for the last 19 years.

Jenni always loved to ride motorcycles and never missed a Laconia Bike Week! To continue the tradition of Jenni's annual birthday bash, we will gather on Saturday, July 26 at the Belknap Sportsmen's Club in Gilford. Motorcycle registration (\$20/person) begins at 8:00am with the motorcade departing promptly at 10:00am. Non-riders may participate by attending the BBQ catered by Lakeshore Market & Deli (\$15/person), beginning at noon, competing in the Doubles Cornhole

Tournament (\$25/pair) throughout the afternoon, and participating in the silent auction, various raffle drawings, and other games of chance! Prize item donations may be dropped off with Jane at Harmon Motors on Lakeshore Drive in Gilford by Wednesday, July 23. We also welcome tax deductible donations from anyone who cannot attend but would like to support this cause. To donate, visit lrscholarship.org or jennisride.betterworld.org for more information and registration.

“Little Shop of Horrors” brings Skid Row to Winnepesaukee Playhouse

MEREDITH — “Don’t feed the plants” will be the mantra around the Winnepesaukee Playhouse when the musical “Little Shop of Horrors” opens on July 11.

“Little Shop of Horrors” is based on the cult classic film directed by Roger Corman, with a screenplay by Charles Griffith, and was turned into a musical by Howard Ashman (book and lyrics) and Alan Menken (music). Ashman and Menken are also the musical team who wrote Disney’s “The Little Mermaid,” “Beauty and the Beast,” and “Aladdin.” The musical premiered Off-Off-Broadway in 1982 before moving to the Orpheum Theatre Off-Broadway, where it had a five-year run, winning several awards including the New York Drama Critics Circle Award for Best Musical, the Drama Desk Award for Outstanding Musical, and the Outer Critics Circle Award. It has had many successful New York revivals and was made into a film starring Rick Moranis.



Ashley Meeken portrays Audrey in the upcoming professional season production of “Little Shop of Horrors” at the Winnepesaukee Playhouse.

comer Jason Sekili plays Seymour, and Charles Baran, Najm Muhammad, Angelique Pierre, Arin Francis, Deajah Faulkner, and Dustin Teuber round out the cast.

It is directed by Timothy L’Ecuyer with music direction by Michael Ursua and choreography by

Chloe Kounadis. Veteran Playhouse scenic designer, and three-time Emmy Award-winner Melissa Shakun designed the set, with lighting by Tyson W. Miller, costumes by John Beltre, and sound design by Rory Shea.

“Little Shop of Horrors” is generously sponsored by Northeast Mill Services and Lakes Region Community College. Tickets are available at www.winnepesaukeeplayhouse.org.

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OPEN HOUSE: By Appointment, Sunday, July 13 from 10 a.m. - 12 p.m., Thursday, July 17 from 4 - 6 p.m., and Monday July 21 from 10 a.m. to 12 p.m. (gate code must be requested from auctioneer prior to your arrival)

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Explore iconic New England landmarks with Alton Historical Society

ALTON — The Alton Historical Society is pleased to announce that it will host well known New England historian Matthew E. Thomas of Fremont on Tuesday, July 15 at 7 p.m. at the Gilman Library, 100 Main St., Alton. The presentation will be held in the lower level meeting room.

Thomas will present an exciting illustrated slide lecture presentation titled “The New England Image,” which will feature a variety of famous and little-known iconic landmarks that dot the historic New England countryside dating back over two to three centuries.

Thomas will give a fascinating and informative lecture on the many iconic New England landmarks that make this region of the United States such as majestic old meeting houses, town pounds, taverns & inns, tramp houses, powder houses, ancient milestones, old jails, hearse houses,

es, one-room school-houses, revolutionary-war-era forts, garrison houses, light-houses, grist mills and old gravestones. If you truly love New England, then this is a talk you won't want to miss! Thomas is well known throughout the northeast as a historical researcher, author, writer, lecturer, preservationist and promoter of early New England history. He attended architectural, archaeological, and early American history courses at the

College of William & Mary, published 16 books, and is a member of the New Hampshire Historical Society, the President Franklin Pierce Brigade, a member of the Association of N.H. Historical Societies, and a founding member of the New Hampshire Civil War Roundtable. He founded New England Historical Research Associates in 1978 which he operated for more than 30 years. Mr. Thomas has lectured throughout the northeast for more than 50 years on a wide variety of

historical topics. He will have copies of his books on New England Powder Houses and New Hampshire Town Pounds available for sale – both which are the most comprehensive books ever compiled on these two topics. The Alton Historical Society cordially invites one and all to join with them for this special opportunity to learn more about the fascinating heritage of old New England. All are welcome, and as always, there is no charge to attend.

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from June 23 to July 6.

Debra M. Goddard, age 68, was arrested on June 27 for Operating a motor Vehicle Without a Valid License.

Joseph Robert Davis, age 31, was arrested on June 27 for Inhaling Toxic Vapors for Effect.

A 36-year-old female was taken into protective custody for intoxication on June 28.

Jeremy J. Merrill, age 49, was arrested after being taken into protective custody for intoxication on June 28 and charged with Resisting Arrest or Detention.

Jeremy C. Barton, age 54, was arrested on June 29 for Possession of a Controlled Drug and in connection with multiple warrants.

Lydia Jacquel Helena Campbell, age 26, was arrested on June 30 in connection with a warrant.

Jeremiah W. Hunter, age 27, was arrested on June 30 for Driving After Revocation or

Suspension of license.

James B. Gambee, age 40, was arrested on June 30 for Simple Assault resulting in Physical Contact or Bodily Injury.

A 60-year-old male was taken into protective custody for intoxication on July 1.

A juvenile, age 17, was arrested on July 1 for DUI-Impairment, Unlawful Possession of Alcohol, and Transportation of Alcohol or Marijuana by a Minor. Another juvenile, age 18, was arrested during the same incident for Unlawful Possession of Alcohol.

Christopher Robert Szal, age 56, was arrested on July 3 for Negligent Cruelty to Animals.

Katie L. Ellis, age 41, was arrested on July 4 for Contempt, Criminal Trespassing, and in connection with a warrant.

Candice Lee Johnson, age 41, was arrested on July 4 for DUI-Impairment. A 43-year-old male was taken into protective custody for intoxication during the same

incident.

Zackery Joseph St. John, age 20, was arrested on July 5 for Criminal Trespassing.

Sherri Jessica Leanne Neely, age 44, was arrested on July 6 for Receiving Stolen Property valued at less than \$1,000, and in connection with a warrant.

Scott Ramsay, age 64, was arrested on July 6 for Violation of a Protective Order.

Glenn D. Leclair, age 37, was arrested on July 6 for possessing an Open Container of Alcohol or Marijuana, DUI-Impairment, and multiple counts of Resisting Arrest or Detention and Simple Assault resulting in Physical Contact or Bodily Injury.

Cody Allen Kushnick, age 20, was arrested on July 6 for Unlawful Possession of Alcohol, Possession and/or Use of Tobacco Products by a Minor, Possession of a Controlled Drug, and Possession of more than three quarters of an ounce of Marijuana or five grams of Hashish.

University of North Dakota announces President's Roll of Honor

GRAND FORKS, N.D. — More than 1,600 University of North Dakota (UND) students have been recognized for outstanding academic achievement by being named to the 2025 spring semester President's Roll of Honor, including Caroline Guest of Gilford.

To qualify for the UND President's Roll of Honor, a student must have an overall cumulative grade point average of 3.80 or higher. The student must also have earned a minimum of 30 semester hours and have completed a minimum of 12 hours at the close of the semester, eight of which must be for traditional letter grades.

About The University of North Dakota
The University of

North Dakota is instilling a sense of wonder, a love of discovery and a commitment to serve within its more than 15,000 students. Founded in 1883, six years before North Dakota's statehood, UND is among the nation's premier regional public research universities and is at a momentous point of growth and transformation in its 143-year history. Classified as an "R1" Doctoral University: Very High Research Activity institution by the Carnegie Foundation for the Advancement of Teaching, UND is characterized by a foundation of liberal arts, high quality students and faculty, a diverse curriculum, a widely recognized program of graduate education and research, law and medical schools

praised for quality and innovation, rich cultural resources and an outstanding record of alumni support. Its major academic divisions are Arts and Sciences, Aerospace Sciences, Business and Public Administration, Education and Human Development, Engineering and Mines, Nursing and Professional Disciplines, Medicine and Health Sciences, Law, and Graduate Studies. UND also is an emerging global leader in artificial intelligence innovation, autonomous systems integration, space and national security research, and energy exploration. Also, a pioneer in virtually delivered education, UND has developed a robust online presence with a national reputation. Learn more at und.edu.

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8914.
For more information, please visit abundantharvestnh.org or e-mail abf@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm, 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Buhk, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Worship Service 10:00am
Bible Study 11:15am
Rte 126 next to Town Hall
Call or Text (603) 269-8831
centerbarnsteadcc.org

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P
PRAISE GATHERING
We will not be meeting for the rest of July. Resuming regular summer schedule on August 2nd (Saturday evenings at 5:30pm)
The Gilman Community Church
1803 NH Route 140, Gilmanville Ironworks, NH
ccoppnpraisegathering@gmail.com

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Pastor Jared Cassidy
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20 Church St. Alton
(603) 875-5561
www.ccoalton.com

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Rev. Kate Kennedy
603-776-1820
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ccnorthernbarnstead.com

FIRST CONGREGATIONAL CHURCH OF FARMINGTON
Worship Services: 10:00 AM
Sunday School: 10:15 AM Sept. To June
400 Main Street
Farmington, NH 03835
www.farmingtonnhdcc.org

FIRST BAPTIST CHURCH OF NEW DURHAM NH
Sun. School 9:30am; Church 10:30am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor Ryan Blackard

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Pittsfield, NH 03263
Sunday Celebration 9:30 am
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joychurchnh.com

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.
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Aug. 12 author visit at Alton Book Chat

ALTON — Mark your calendar now and post your yellow sticky-note reminders. There will be an author at Gilman Library in Alton at 7 p.m. on Aug. 12 for the Alton Book Chat August book group. Milli Knudson is the author of “Hard Time in Concord” (2005) and “Murder and Mayhem: True Crime in New Hampshire 1883-1915” (2024), and numerous genealogy resource publications. She will be discussing her latest book, “Murder and Mayhem,” published by Peter Randall Publishing (perpublisher.com) and also available from Amazon.com. The public is welcome to attend this special Alton Book Chat, even if you have not yet read the book. The author will have her books at the program and will autograph your copy. Mrs. Knudson was born, raised, and educated in the state of

Maine. After achieving her Master’s degree, she pursued a teaching career in Londonderry, New Hampshire. She also had a genealogical research company. Her volunteer work with the NH Cold Case Unit later led to a position in 2022 as a paralegal/data analyst. Ms. Knudson also has a website where you can learn more about her works at <https://www.milli-knudson-author.com/>. Unless otherwise noted, meetings are held on the second

Tuesday of each month, at 7 p.m. Call the library at 875-2550 to reserve your copy of the next book discussion title and get in on the fun! Alton Book Chat, established in 1999, is a library-sponsored book discussion group that meets monthly in the Agnes Thompson Meeting Room (lower-level entrance), Gilman Library, 100 Main St., Alton. The Alton Book Chat is always open to the public. We hope to see you at the library!

Gilford Old Home Day Committee hosting community dinner

GILFORD — The Gilford Old Home Day Committee will host a community dinner Thursday, July 24 at 6:30 p.m. at the Gilford Community Church. This delicious meal will be prepared by Dan Barnhart of The Plate Lunch, and will include baked ravioli, meatballs, eggplant cutlet, salad, and dessert. Tickets are available for purchase at the Gilford Parks and Recreation Department office, (603) 527-4722, and to-go meals will also be available for pick-up at 5:45 or 6:15 p.m. that evening. All proceeds will help support activities during Gilford’s Old Home Day. Please note that the deadline to purchase tickets is Thursday, July 17.

Local residents named to Dean's List at Saint Anselm

MANCHESTER — Saint Anselm College has released the Dean's List of high academic achievers for the second semester of the 2024-2025 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.4 or better in the semester with at least 12 credits of study which award a letter grade. This semester there were a total of 674 students from 22 states and four countries. Mark W. Cronin, Dean of the College, announced that Dakota-Marie Mears of Alton and Ella Smith of Center Barnstead have been named to the Dean's List for the spring 2025 semester at Saint Anselm College, Manchester. Founded in 1889, Saint Anselm College is a four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in southern New Hampshire near Boston and the seacoast, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, a highly successful nursing program, a legacy of community service and a commitment to the arts.

Thursday, July 10
Geri Fit, 9-10 a.m.
T(w)een Drop-In: Library Mini Golf, 10 a.m.-4 p.m.
French Club, 4-5 p.m.
The Rise and Fall of New Hampshire's Railroads and the White Mountain Hotels, 5:30-6:30 p.m.
Frank J. Barrett, Jr. will present his illustrated talk on The Rise and Fall of New Hampshire's Railroads and the White Mountain Hotels. The railroads brought tourists to the White Mountains and spurred the construction of the grand hotels in the region. Later, the automobile led to the decline of both the railroads and the large hotels.

Friday, July 11
Senior Sculpt, 9-10 a.m.
Bridge, 10 a.m.-noon
Radiant Summer Flow, 10-11 a.m.
Open your body to the season with a gentle flow designed to warm you up, stretch you out, and help you feel grounded as the sun's energy begins to infuse every cell. A seven-week Chair Yoga Journey to Awaken the Heart of the Lake. Cost for the seven-week series: \$55 Pre-registration required, and space is limited!
T(w)een Drop-In: Library Mini Golf, 10 a.m.-

4 p.m.
Make Your Own Bee Baths, 10:30-11:30 a.m.
Help the bees by offering a safe place to hydrate.
Hand & Foot, 12:30-2:30 p.m.
Happy Crafters, 1:30-2:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.
Beginner Line Dancing, 4-5 p.m.
Saturday, July 12
Beginner Line Dancing, 10-11 a.m.

Monday, July 14
Fun and Fitness With Joyce, 9-10 a.m.
Baby Storytime, 10-11 a.m.
T(w)een Drop-In: 8-Bit Self Portraits, 10 a.m.-4 p.m.
Make a retro-gaming inspired piece of art about the best subject: you!
Mahjong, noon-3 p.m.

Tuesday, July 15
Geri Fit, 9-10 a.m.
Senior Sculpt, 10-11 a.m.
Bridge, 10 a.m.-noon
T(w)een Drop-In: 8-Bit Self Portraits, 10 a.m.-4 p.m.
Summer Storytime, 10:30-11:30 a.m.
Intermediate Line Dancing, 2:30-3:30 p.m.
Summer Music Series: Katie Dobbins, 4:30-6 p.m.

Award winning singer-songwriter and light warrior Katie Dobbins seeks to share honest music that captivates listeners and brings light to the darkness. With a mastery of storytelling and the heart of a poet, this soulful songstress captures elements of life and relationships in ways that lift the spirit and challenge the soul. Bring a chair and enjoy a night of music. The Greenhouse Food Truck will also be available.

Wednesday, July 16
Senior Stretch Yogaah!, 9-10 a.m.
Card Games, 10 a.m.-noon
Check out an Expert, 10 a.m.-noon
T(w)een Drop-In: 8-Bit Self Portraits, 10 a.m.-4 p.m.
Storytime at the Beach, noon-1 p.m.

Come to the beach for an exciting storytime and receive a prize (limited to Gilford residents).
Paint Group, 1-3 p.m.

Thursday, July 17
Geri Fit, 9-10 a.m.
Exercise Social Luau, 10-11 a.m.
Stop by and socialize with your exercise buddies from Fun and Fitness, Geri-Fit, Senior Sculpt, Yoga and Line Dancing. Meet new people, laugh and enjoy light refreshments. Dress in your best Hawaiian attire!
T(w)een Drop-In: 8-Bit Self Portraits, 10 a.m.-4 p.m.
French Club, 4-5 p.m.
Beth the Music Lady, 4-5 p.m.
Don't miss out on Beth the Music Lady, who will get everyone dancing out of their seats!

Gilford Public Library Top Ten requests

1. “The President’s Shadow” by James Patterson
2. “The First Gentleman” by Bill Clinton & James Patterson
3. “The Correspondent” by Virginia Evans
4. “Nightshade” by Michael Connelly
5. “Finders Keepers” by Stuart Woods
6. “The Frozen River” by Ariel Lawhon
7. “The Lions of Winter” by Ty Gagne
8. “Strangers in Time” by David Baldacci
9. “Hidden Nature” by Nora Roberts
10. “My Friends” by Fredrik Backman

PETS OF THE WEEK



Meet Billy!
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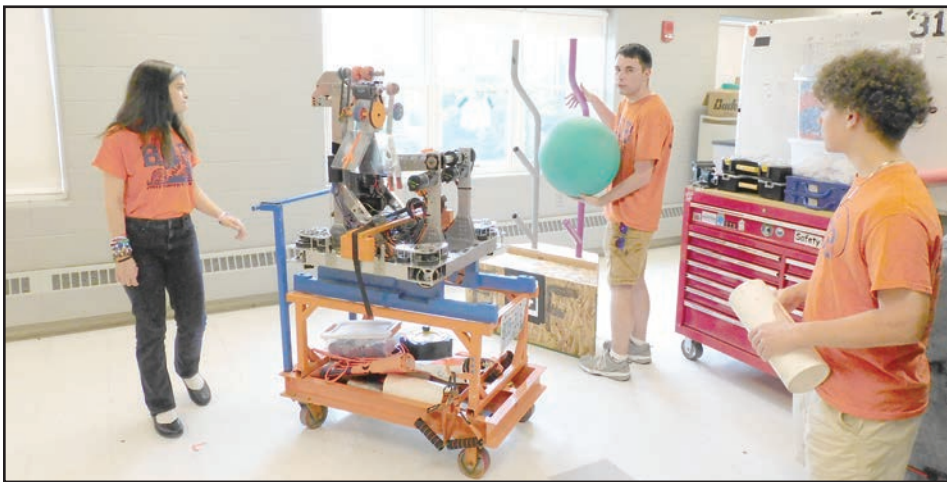
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ROBOTICS

(continued from Page A1)
weren't able to qualify for the district event because of their past performance.
"We didn't let that get in the way, we just kept working," he said. "How can we make this better for offseason?"
The team took what they learned during the season into the BattleCry competition.
BattleCry is one of the biggest offseason events



Members of the robotics team demonstrate their robot.

ERIN PLUMMER

with 64 teams from across New England as well as further out like New York and Ohio.
The team started with some untested changes that were scrapped before they went into competition, which improved the robot's performance.
Joubert said they learned from their previous competitions going into this new season.
He said at the end of the meet the team members will review their

progress and opportunities for improvement going into the next competition.
Team members said they have learned that communication skills are essential in this competition.
"That quick and effective communication is what we've really worked in over the past two years," Joubert said.
The team also worked to build up data on the
SEE ROBOTICS, PAGE A11



Gilford's Sadie Lydick earned First Team All-State honors for the spring season.

JOSHUA SPAULDING



Kora McKenzie finished out her initial varsity campaign at Prospect Mountain by earning First Team All-State honors.

JOSHUA SPAULDING



Prospect Mountain's Alexis Wilson capped her career by earning First Team All-State honors for Division III.

JOSHUA SPAULDING

SOFTBALL

(continued from Page A1)
Monadnock was named Coach of the Year and Gilford's Tom Carr was named JV/Assistant Coach of the Year.
For Division IV, McKenna Locke, Grace Griswold and Paige Royer of the champion Woodsville Engineers and Lauren Grinavic of Moultonborough all earned First Team honors. Second Team honors went to Moultonborough's Beyla Rudolph, Littleton's Rylee Hampson, Woodsville's Makayla Walker and Katie Houston, Lin-Wood's Mackenna Mack and Groveton's Kaycee Chappell. Honorable Mention went to Groveton's Kandrah Savage and Mylee Kenison, Lin-Wood's Kate Clermont, Lisbon's Meredith Barnes and Bailey Clark, Littleton's Leah Poulton, Mary Donahue and Avah Lucas and Moultonborough's Evelynn Buy, Samantha Nagle and Madison Hart.
Also earning First Team honors for Division IV were Kierra Souphak-



Olivia Noyes was named Division III First Team All-State to finish off her Prospect Mountain career.

JOSHUA SPAULDING



Prospect Mountain's Paityn Glidden earned All-State Second Team for Division III.

JOSHUA SPAULDING



Gilford's Belle Dow was named All-State Second Team for the spring season.

JOSHUA SPAULDING



Kendal Heyman of Gilford finished off the season by earning Second Team All-State honors.

JOSHUA SPAULDING



Grace Kelly of Gilford was named Division III All-State Honorable Mention.

JOSHUA SPAULDING

Second Team was also presented to Bella Laflamme of Franklin, Paige Sweitzer of Newmarket, Lila Perry of Colebrook, Aubrey Marcheterre of Epping, Mar-

chel Mazzone of Epping, Olivia Semprini of Newmarket, Hannah Cartier of Nute, Shelby Godin, Rylee Phillips and Sienna Grondin of Pittsburg-Canaan, Alivia Lavigne

of Pittsfield and Emma Reed of Sunapee.
Alyvia Jaimes of Pittsburg-Canaan was named Player of the Year, Lily Cornell of Franklin was named Pitcher of the

Year, Moultonborough's Madison Greene was named Coach of the Year and Amanda Merrill of Pittsburg-Canaan was named JV/Assistant Coach of the Year.

REAL ESTATE

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Laconia: Beautifully updated Lake Winnepesaukee cottage with assigned mooring! Features panoramic lake views, gourmet kitchen, furnished interior, sandy swimming area, trampoline raft, and front-row fireworks views.

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Laconia: Waterfront 4BR, 3BA home on Winnepesaukee with sandy-bottom frontage, stunning sunrise views, seasonal dock, 4-season porch, lakeside deck, gourmet kitchen, and open-concept living with cathedral ceilings. Finished 2-car garage, bonus room, walkout and more!

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In Division II, Avery Gregory, Lily Scott and Adriane Teves of the champion Kingswood Knights earned First Team honors while their teammate Rheegan Swift, Kennett's Makenna Noyes and Plymouth's Emily Perras each earned Honorable Mention.
Joining the three Knights with First Team honors were Kate Michaud, Aliza Parks and Gracy Spirito of Oyster River, Haile Comeau and Kylie Bieniek of Coe-Brown, Ava Rivers of John Stark, Phoebe Hood of Sanborn, Taylor Ouellette of Bow, Kayla Smith and Caydence Allberg of Merrimack Valley, Ava Kaercher of Lebanon and Katie Fluet of Campbell.
Second Team honors went to Avery Moore and Sydney Borges of ConVal, Kira Linstad of John Stark, Kaitlyn Durfee of Laconia, Isabelle Brandt and Eva York of Souhegan, Aubrin Berger of Pelham, Haley Hebert of Campbell, Ally Tessier of Pembroke, Madison Oppold of Bow, Hannah Lambert of Sanborn, Kaiya Mercier of Oyster River, Addison Coffin and Reilly West of Coe-Brown and Arabelle Danforth of Milford.
Joining the three local girls in earning Honorable Mention were Katie Lorenz of John Stark, Kinley Moore of ConVal, Mya Combs and Molly Miles of Milford, Morgan Trela of Oyster River, Kaydence Stinson of Laconia and Morgan Clouthier of Pembroke.
Merrimack Valley's Kayla Smith was named Player of the Year, Ava Kaercher of Lebanon was named Pitcher of the Year, Kevin O'Brien of Merrimack Valley was named Coach of the Year and Seth Little of Pembroke was named JV/Assistant Coach of the Year.
Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	79 Gilmans Corner Rd.	Single-Family Residence	\$515,000	Jill A. Houser RET	Audrey L. Fraizer RET
Alton	Gilmans Corner Road	N/A	\$278,000	Peter & Jeannie Ferber Trust and Susan J. Wilson	Jill A. Houser RET
Alton	181 NH Route 28-A	N/A	\$1,054,200	Richard J. and Patricia M. Devanna	Joe and Karen Glew
Alton	59 Scott Dr.	Single-Family Residence	\$565,000	Scott Drive 59 LLC	Stanislav and Violetta Smirnov
Alton	157 Spring St.	Single-Family Residence	\$397,000	Jacquelyn and Kenneth J. Burlage	Kathryn A. and Jose Lopez
Alton	N/A	N/A	\$80,800	Dotter Fiscal Trust and Kathleen D. Dotter	Smith Fiscal Trust and Gary L. Smith
Alton	N/A	N/A	\$290,000	Lucinda H. Lee 1999 Trust and David S. Lee	CKS RET and Christopher J. Masiello
Alton	N/A	N/A	\$360,000	Robert Jerzewski and Jadwiga Martynowicz	Brian E. O'Connor and Gina M. Grosso
Alton	N/A	N/A	\$340,000	Witherbee Fiscal Trust and Jeremy Dube	Forty-Seven Loon Cove LLC
Barnstead	207 Hartshorn Rd.	Single-Family Residence	\$400,000	Kathryn L. Kiley RET and Beth K. Caldwell	Tristan J. McEvoy
Barnstead	85 White Oak Rd.	Single-Family Residence	\$587,533	Elizabeth Ring	Kathryn L. and Carrie A. McGovern
Barnstead	N/A	N/A	\$430,000	Lee Paul McLellan Estate and Connor McLellan	Kevin Holloran
Gilford	102 Curtis Rd.	Residential-Other	\$315,000	David J. and Wendi L. Weidner	Lundy Point LLC
Gilford	60 Old Lake Shore Rd.	Res.-Mtl. Bldg.	\$800,000	Jesse Colman-McGill and Bridget C. Hanna	Faith N. and Justin Mayer
Gilford	N/A	N/A	\$131,933	Aaltaa Holdings LLC	Mark F. Holland and Janice M. Call
Gilford	N/A	N/A	\$199,000	David A. Hibbert	Gregory and Gretchen Enns
Gilmanton	40 Crystal Lake Rd.	Single-Family Residence	\$535,000	Brigid T. and Peter M. Rooney	Sarah Douglass and Michael J. Perry Sr.
New Durham	128 Mountain Dr.	Single-Family Residence	\$350,000	Yvonne L. Barreiro	Justin Hipke
New Durham	Mountain Drive	N/A	\$30,000	Yvonne L. Barreiro	Justin Hipke
New Durham	Old Wood Road	N/A	\$112,466	Camp Maranatha Inc.	Marti Costa LLC
New Durham	Old Wood Road	N/A	\$112,533	Camp Maranatha Inc.	Marti Costa LLC
New Durham	N/A	N/A	\$1,137,533	Robert C. and Faith L. Barringer	Michael W. Ciaschini RET

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column “Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

ROBOTICS

(continued from Page A10)

game, the other competitors and their machines, input form the judges, and more to help them move forward.

“It’s a great example of data analysis,” said mentor Brian Hikel. “These kids do all of this data gathering and they build on performance.”

Joubert said they got a lot of help from their mentors and alumni.

Alumni will also help out the team and give their input on what they learned during their time on the team. Hikel said many of these people graduated to become professionals in technology, engineering, ands other areas.

The robot was also a demonstration fo the students’ innovation. Team member Axl Vorce coded a system where the robot would read QR codes placed on the side of the wreath that would give the robot instructions.

“That robot knows where it is on the playing field,” Hikel said. “That intelligence that machine has was created by this team.”

Vorce said each member of the team will learn different skills so they can help in every area. Even though she is mainly a coder, she learned how to solder and other skills to help put together and repair the robot. Joubert said he helped with the subsystem as well and he ahs learned more about coding.

Mentor Ken Gagne said the students have learned many different professional skills, from the skills to build and program the robot to how to talk to others and work on strategy.

Even those students who might not be interested in operating the robot can take other positions on the team such as public relations and social media among others.

In addition to technical skills, the students are learning other skills like approaching businesses. Vorce said the team members spoke to different businesses around the community asking for sponsorships

Gagne said these students are exposed to so many skillsets here they won’t need to learn in college.

At the competition,

mentor Holly Joubert said Team 319 is small team this past season, whereas other teams have had upwards of 50 students with multiple robots.

The team joined an alliance with WPI’s home team, Team #190 Gompei and the HERO of Worcester, Mass., Team #684 StuyPulse of New York City, and Team #2262 Holliston High Scholl Robotics of Holliston, Mass.

In an alliance, competitors work with each other as part of the same team. This encourages sportsmanship and cooperation between the different teams.

“If you hope somebody doesn’t do good, you could be shooting yourself in the foot,” Joubert said.

Vorce echoed that sentiment.

“We’re not just playing against each other, we’re playing with each other,” she said.

The hard work paid off: the team was part of the winning alliance in the finals and were presented with a banner.

The competition also included a dot on the field that teams competed to claim. The BOB team managed to keep off other teams and claimed the dot.

“Once all of us were on the field, everyone was hugging,” Vorce said. “It was a really cool moment for everyone. Even if you weren’t driving the robot, we were all very excited and very happy.”

Vorce said this is their first banner. Joubert said he is extremely proud of the team because of all their hard work.

PMHS will be hosting its own offseason competition Battle of the Bay on Nov. 1 with robotics teams from across new England coming to compete.

The team will also be collaborating with the Lakerbots of Inter-Lakes Middle High School to present a Women in Science and Technology event at PMHS on Nov. 2.

Members of the public are encouraged to come to the school during both events to get a look at the students’ efforts.

Success for the students isn’t limited to their wins and work on the robotics team ahs also influenced careers as well.

Joubert said before he

entered the team he wanted to be an astronomer, but now his goal is to pursue robotics thanks to his experience on BOB.

“Because of robotics I found out what I want to do,” he said.

Joubert said he plans to attend Lakes Region Community College and get an Associate’s degree before transferring to a four-year school.

“We don’t just build robots, we build people,” he said.

Serena Williams graduates from Rhodes College

MEMPHIS, Tenn. — Serena Williams of Laconia has graduated from Rhodes College with a Bachelor of Science in Biochemistry/Molecular Biology.

The 176th Commencement Exercises of Rhodes College took place on campus May 17, 2025. The college awarded more than 500 degrees, including the Bachelor of Arts, Bache-

lor of Science, Master of Science in Accounting, and Post Baccalaureate Certificate in Health Equity.

Any additional graduation distinctions/honors earned by Williams are listed here:

Founded in 1848, Rhodes College is a nationally ranked liberal arts and sciences college in Memphis, Tennessee, and one of the few liber-

al arts colleges located in an urban setting. Its students have myriad ways to immerse themselves in a major metropolitan area through service and internship opportunities in addition to exploring the world through study abroad. The rigorous classroom experience integrates faculty-mentored student research and fellowships.

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- Strong organizational and time-management skills
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- High level of accuracy and attention to detail

To Apply:

Send your resume and cover letter to Construx, Inc 630 Daniel Webster Highway Suite 1, Plymouth, NH 03264, via e-mail: hdombrowsky@construxinc.com or apply in person.

Salary based on experience

Job Type:

- Full Time

Benefits:

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- Paid time off

SHAKER REGIONAL SCHOOL DISTRICT GIRLS VARSITY LACROSSE COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Girls Varsity Lacrosse.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

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OR CALL 603-569-7191

You can also email cward@brewsteracademy.org



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