

THURSDAY, APRIL 13, 2023

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COMPLIMENTARY

Pasquaney Snowshoe Club stays active beyond winter

BY DONNA RHODES Contributing Writer

BRISTOL – While the snow is melting, it's important to learn that the Pasquaney Snowshoe Club is much more than an organization designed for winter outdoor fun. It's actually a group with a storied history that is proud to note that is proud to be known as the oldest snowshoe club in New Hampshire, gathering outdoor enthusiasts together throughout the year.

"We think it may be the oldest in the country, but that hasn't been officially verified," said club member Lora Miller.

The organization began in 1912, Miller and her husband Ken Williamson said. Williamson explained that farmers in the region started snowshoeing to neighboring farms on a weekend to enjoy dinners and a night of fun. The

SEE **SNOWSHOE** PAGE A11

CONTRIBUTING WRITE



Hiltz Excavating steps up to sponsor NH Marathon

COURTESY

On April 7, the New Hampshire Marathon Committee was pleased to accept a check from Jeremy Hiltz, his family members and employees as the company stepped up to become the Title Sponsor of the 30th Annual New Hampshire Marathon. Joining them for acceptance of their donation were representatives of the marathon committee along with benefactors of the race- Circle Program, the Mayhew Program and Tapply Thompson Community Center, all serving the needs of children from central New Hampshire and beyond. This year's New Hampshire Marathon is scheduled for Sept. 30.



PSU presents Campus Compact for New Hampshire Awards







ASHLAND — At their April 6 meeting, the Ashland School Board reorganized and set the calendars for the next school year and their own meetings. They approved the end of the year calendar for the present school year, and the professional staff for the next school year. The board also learned of school activities and acted on the ventilation project.

The meeting was called to order by Superintendent Mary Moriarty who presided over the re-election of Steve Heath as Chair. He then took over the meeting and presided over the re-election of Sandra Coleman as Vice-Chair. Later the board members volunteered for various assignments - Steve Felton and Jennifer Foote on the Policy Review

Committee, Jesse Farris as the delegate to the New Hampshire School SEE **ASHLAND** PAGE A15



Kasey Arnold

PLYMOUTH — Kasey Arnold, Sara Dupont and Bridge House Shelter were honored by

Sara Dupont

Plymouth State University (PSU) with Campus Compact for New Hampshire's (CCNH) annual Presidents' Awards on Tuesday, April 11. Additionally, Corinne Cloutier was nominated as one of the 2023 Newman Civic Fellows.

Corinne Cloutier

PSU President Donald L. Birx, Ph.D., and members of the PSU community nominated the individuals and groups for their commitment to serving the campus and Plymouth-area communities.

"This year's recipients of the Campus Compact Awards have not only made significant contributions to the Plymouth State University community, but to the surrounding communities as well," said Birx. "Kasey and Professor Dupont demonstrate what it means to be a **Plymouth State Panther** with their continuous leadership on campus, their devotion to inspiring social awareness and encouraging a positive and driven attitude. I would also like to recognize Bridge House Shelter and Corinne as they SEE **PSU** PAGE A15

Serving: Alexandria ■ Ashland ■ Bridgewater ■ Bristol ■ Campton ■ Danbury ■ Dorchester ■ Ellsworth ■ Groton ■ Hebron ■ Holderness New Hampton ■ Plymouth ■ Rumney ■ South Danbury ■ Thornton ■ Warren ■ Waterville Valley ■ Wentworth ■ West Rumney

Plymouth Regional meets Bow High in "Granite State Challenge" quarterfinals

PLYMOUTH — Bow High meets Plymouth Regional High in the third quarterfinal game of "Granite State Challenge" on Thursday, April 13 at 7:30 p.m. on NHPBS.

Bow High is represented by senior and captain Alessandra Sargent, along with seniors Emily Vincent, Theodore Barker, and Logan Fox. The team alternates are seniors Daniel Miranda and Becky Zheng. The team is coached by Michelle Hlavaz. Bow High enrolls around 650 students from Bow and Dunbarton. Bow defeated Mascoma High on their way to the quarterfinals.

Captain and senior Dash Ough, junior Khalil Dakhlia, senior Natalie



Boyer, and senior Trevor Tobine are playing for Plymouth Regional High. The team alternates are senior Jason Vuong and sophomore Reagan Sutherland. The team is coached by Jay Fogarty and Troy Harris. Plymouth Regional High enrolls around 647 students from Plymouth, Ashland, Holderness, Campton, Rumney, Wentworth, Warren,

Ellsworth, Waterville Valley, and Thornton. Plymouth Regional High defeated Salem High to SEE **QUARTERFINALS** PAGE A15

Local News

A2 SALMON PRESS, THURSDAY, APRIL 13, 2023

AES students inducted into National Junior Honor Society

ASHLAND — Four Ashland Elementary School students were recently inducted in the National Junior Honor Society. Congratulations to Jeremiah Leahy, Yuriy Paul, Max Savage and Alivia Foote. Inductees are selected based their academic on performance, community service and commitment to the AES Core Values.

The ceremony began with a welcome comment from Mrs. Carrie Sanborn, NJHS Advisor and Principal Kelly Avery. Superintendent and Guest Speaker Mary Moriarty addressed the inductees where she said "You have demonstrated that you have command of great gifts for scholarship, learning, leadership and service. These are valuable gifts that will serve you well in aspects of your life."

Veteran NJHS members Johnnny Hu and Katherine Hancock lit the ceremonial candles as they explained the pillars of the NJHS which are Scholarship, Leadership, Citizenship, Service and Character.

The inductees were presented with medallions and certificates and then joined together to recite the NJHS pledge. As the ceremony concluded, Johnny Hu and Katherine Hancock spoke of each of the new inductees qualities and shared how they would have a positive impact on Ashland Elementary School's National Junior Honor Society.



Top row: Superintendent and Guest Speaker Mary Moriarty addresses the new inductees; Newly inducted NJHS member recite the NHJS Pledge; Bottom Row: NJHS Inductees, along with veteran members proudly wear the NHJS Medallions along side their NJHS Advisor, Mrs. Carrie Sanborn.

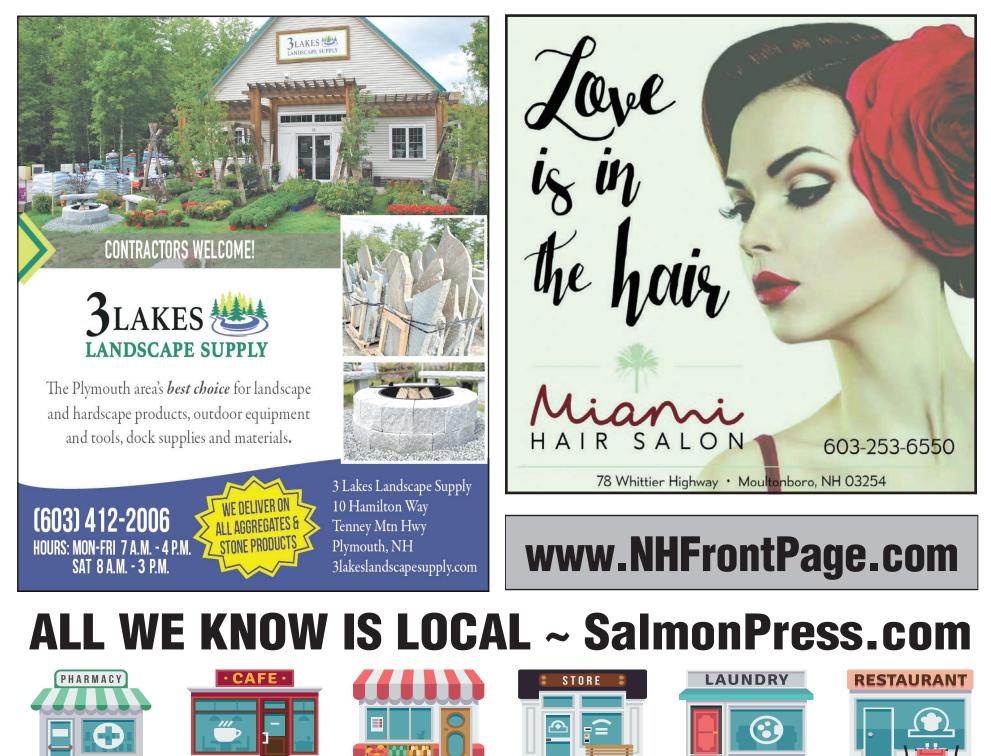


AES student selected for banking award

Ashland Elementary School student Brayden Mudgett was acknowledged for his participation in the Save for America Banking Program. Each week, AES students have the opportunity to make weekly deposits into their Meredith Village Savings Bank accounts. Through the Save for America Program, students are awarded for their consistent participation. All students who saved at least three time before March 17, 2023 were entered into a drawing to win a Squishmallow Dragon. Brayden was one of the thirteen winners. Principal Kelly Avery was pleased to present Brayden with his gift, and said "I appreciate the continued partnership between Ashland Elementary School and Meredith Village Savings Bank. Each year, we see more students participating in the Save for America Program, which teaches them the importance of saving for their future."

COURTESY

COURTESY



Local News

NHSaves Button Up workshop hosted by Starr King Unitarian Universalist Fellowship

ton Up New Hampshire, the popular home energy savings workshop series, is coming to Plymouth.

The Starr King Unitarian Universal-

PLYMOUTH — But- ist Fellowship Plym- al United Church of Unitarian Church on outh Area Renewable Energy Initiative, Plymouth Climate Emergency Coalition, Energy Plymouth Commission, Plymouth Congregation-

Christ and Campton Forward are partnering to present this free workshop for residents. It will take place on April 24 from 6:30-8 p.m. at the Starr King

101 Fairground Rd. in Plymouth. The workshop is sponsored by NHSaves and coordinated statewide by the Plymouth Area Renewable Energy Initiative

COURTESY

Plymouth Beautification Committee back at work

PLYMOUTH — Friday, April 7 was the perfect day for an eager team of gardeners to clean up winter debris, prune the bushes, add mulch to thin areas around the Plymouth Roundabout. The mulch was generously donated by 3 Lakes Landscaping. The group made considerable progress and were delighted to see the tulips, crocuses, and daffodils emerging from the soil where they had been planted last fall. But once the remaining snowbanks have totally melted, we will be back to finish the project.

When the Roundabout area is in good shape, the gardeners will begin work on the triangle gardens on Highland Street, next to the Post Office, and to the "Welcome to Main Street" sign on South Main Street, next to Community Closet. The work spaces in these areas are tight, so we will divide into smaller teams.

Pictured above working on the yard next to Samaha's are volunteers Gigi Estes, Joyce Weston, and Mary Baldwin. Other hard workers not shown in the picture include Marcia Blaine, Sally Widerstrom, Dick Hage, Steve Sweedler, Amey Bailey, Mary Hallohan, Jennifer Painter, Sharon Smith, and our latest addition, Ann Petrou.

If you would like to donate to this effort for the purchase of new plantings, please make checks out to "Town of Plymouth — Beautification Committee," and drop it off to Town Clerk Josie Girona. And, if you'd like to join us, please text Joyce Weston at 603-276-0862 or visit Josie Girona at the clerk's office.

"Wizard of Oz" themed auction fundraiser planned in Plymouth

PLYMOUTH — The public is cordially invited to the Starr King Unitarian Universalist "Wizard

to many of your favorite local businesses, and exciting activities such as a brewery tour, day on of Oz" themed auction the lake, dog-sitters and followed by a locally cul-Saturday, April 15. The more. If you love raffles, tivated talent show at 6:30 annual FUNdraiser re- you can try your luck to p.m., and the live auction win one of seven baskets, such as gourmet food items from Chase St. Market, fancy coffee supplies, wine and candy. The live auction features select experiences and services that are sure to elicit competitive bidding. Delicious and creative hors d'oeuvres will be

served throughout the evening, including wine and beer. The Silent Auction begins at 5:30 p.m.,

This is a family friendly evening, so come on out with friends and neighbors for a unique night out. "Wizard of Oz" themed costumes or red shoes are optional, but

(PAREI).

NHSaves is a collaboration of New Hampshire's electric and natural gas utilities (Eversource, Liberty Utilities, NH Electric Cooperative and Unitil). The utilities are working together to provide NH customers with information, incentives, and support designed to save energy, reduce costs, and protect the NH environment. PAREI of Plymouth, NH is working with local groups around the state to bring these workshops to the public on behalf of New Hampshire's utilities.

The NHSaves Button Up Workshop is a 1.5 hour presentation about how to improve the energy efficiency of your home. It is conducted by a certified energy auditor and covers basic building science principles as well as examples of whole house weatherization measures that will button up your home for the heating and cooling seasons. It also covers details about the energy efficiency programs offered by NH utilities (for existing homes and new construction) that provide energy audits, weatherization measures such as air sealing and insulating and rebates on new technologies and products such as electric and gas appliances and high efficiency electric

heating/cooling equipment.

NH residents wishing to use energy more efficiently, conserve energy and save money on their heating and cooling bills, will find the workshop presentation very helpful. The local workshop organizer, Starr King Unitarian Universalist Fellowship says, "We are bringing this workshop to Plymouth because it offers valuable and practical information about how to save energy and reduce costs while making our homes more comfortable. The information about available funding can also help make these improvements possible for more people. With the high cost of energy, efficiency is now more important than ever. I hope many people will take the time to attend this informative workshop."

The workshop is free and no registration is necessary. For more information on the Plymouth or other NHSaves Button Up Workshops, visit https://nhsaves. com/learn/?resource_type=events or e-mail Suellen Skinner at sskin9405@yahoo. com. Workshop organizers also recommend the public sign up with NHSaves Facebook and Twitter pages for up to date information on energy saving tips and programs.



turns after a three-year hiatus due to Covid, and will feature a spirited evening of music, food, and lively auction bidding.

There are more than 200 items in the silent auction to bid on, including jewelry, home-baked pies and bread, gourmet dinners, gift certificates



will take place mid-way between the musical acts.

Sunday, April 23, 2023

Being held at

St. Johnsbury Academy Gymnasium · off Main Street

Doors open

at 10:30am Early Bird game

at 12:30pm

Regular games

start at 1pm.

\$6,000 in prizes.

Concessions on premises.





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Arts & Entertainment

A4 SALMON PRESS, THURSDAY, APRIL 13, 2023

H O L D E R N E S S — The Squam Lakes Association is excited to announce the following programs and events.

A Night of Nature Poems

Spend an evening on Squam listening to nature inspired short stories and poems. Join the Lakes Region Conservation Corps on Saturday, April 15 from 7:30 to 9:30 p.m. at the Squam Lakes Association to sit around a campfire by the shoreline! Bring a blanket or folding chair and snacks to eat by the fire! Read your favorite poem or short story, or share an original work! Everyone is welcome, children must be accompanied by an adult. Stay for as little or as long as you like.

For more information, or to sign up for this free Adventure Ecology program, visit the SLA Web site (squamlakes. org/calendar) or contact the SLA directly (603968-7336). The SLA also offers other guided hikes and Adventure Ecology programming throughout the year. These free programs are open to the public and cover a variety of nature and conservation-related topics. The LRCC AmeriCorps members present the Adventure Ecology programs at the SLA, who perform essential conservation work in support of the Association's mission.

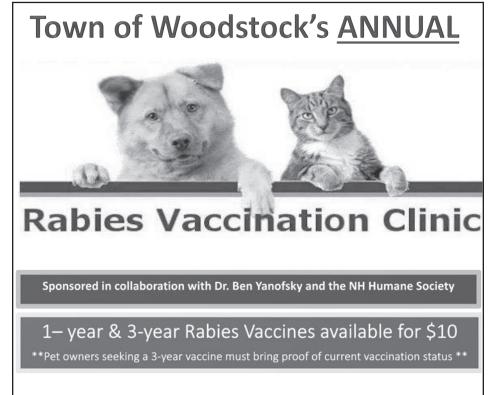
The Squam Lakes Association is dedicated to conserving for the public benefit the natural beauty, peaceful character, and resources of the watershed. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region.

Guided Hike: Whitten It Be Nice!

SLA Happenings

Join the Lakes Region Conservation Corps on a hike through Whitten Woods on Sunday, April 16 from 10 a.m. to 1 p.m.! Together, we will start our morning hike by meeting at the Whitten Woods parking lot and from there, will begin our moderately easy hike along the trail. We will enjoy snack breaks along the way and enjoy the gorgeous view at the top. This hike is about 3 miles round trip and is rated as easy with about 571 feet of elevation gain. Please bring plenty of water, snacks and weather appropriate clothing and hiking gear. All ages are welcome, but children must be accompanied by an adult. Registration is limited to 10 participants.

For more information, or to sign up for this free guided hike, visit the SLA Web site (squamlakes.org/calendar) or contact the SLA directly (603-968-7336). The SLA



also offers other guided hikes and Adventure Ecology programming throughout the year. These free programs are open to the public and cover a variety of nature and conservation-related topics. The LRCC AmeriCorps members present the Adventure Ecology programs at the SLA, who perform essential conservation work in support of the Association's mission.

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CreateT-Shirt tote bags

It's spring cleaning time! While you're going through your things, you may find you have t-shirts you no longer wear but don't necessarily want to get rid of. The answer? Join the Lakes Region Conservation Corps and make them into tote bags! Repurposing your shirts like this gives them new life and a new use, rather than simply throwing them away. This fun, straightforward craft is a great way to reduce the waste in our landfills.

For more information, or to sign up for this free Adventure Ecology program, visit the SLA website (squamlakes. org) or contact the SLA directly (603-968-7336). The SLA also offers other guided hikes and Adventure Ecology programming throughout the year. These free programs are open to the public and cover a variety of nature and conservation-related topics. The LRCC AmeriCorps members present the Adventure Ecology programs at the SLA, who perform essential conservation work in support of the Association's mission.

Lakes Association and Lakes Region Conservation Corps members Alexa and Meaghan for a roughly five mile roundtrip guided hike to Eagle Cliff and the summit of Red Hill from 10 a.m. – 2 p.m. on Sunday, April 23! Starting from Bean Road, we will hike six tenths of a mile to Eagle Cliff where we'll take in some bird's-eye views of Squam Lake. We'll then continue for 1.9 more miles to the summit of Red Hill (elev. 2,030 feet) where we'll enjoy a lunch/snack break. After exploring the Red Hill fire tower, we'll make our descent back down the same trail.

Participants will meet at the Squam Lakes Association headquarters (534 US-3, Holderness, NH, 03245) at 10 a.m. and will carpool in an SLA vehicle to the trailhead, as parking is limited. All are welcome on this guided hike. However, it is recommended for participants that are comfortable with uneven terrain and moderate to strenuous changes in elevation, as this hike has 1,876 feet of elevation gain. Children must be accompanied by an adult.

Please make sure to bring lots of water, a packed lunch/snacks to enjoy at the summit, and weather appropriate clothing and hiking gear. This includes extra layers, rain gear, a hat, gloves, extra socks, etc.

For more information, or to sign up for this guided hike, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

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Adventure Ecology: StoryWalk® through Whitten Woods

Come join the Squam Lakes Association on a Whitten Woods StoryWalk[®], featuring the book "No Two Alike" by Keith Baker. As we hike along, listen to the sounds of the woods, and hopefully we'll spot a songbird or two. A StoryWalk® is a fun, educational activity that places a children's story (literally a book taken apart) along a popular walking route in your community, in this case Whitten Woods. The StoryWalk® Project was created by Anne Ferguson of Montpelier, Vt. and developed in collaboration with the VT Bicycle & Pedestrian Coalition and the Kellogg Hubbard Library.

This program will be held at Whitten Woods on Monday, April 24, from 10 a.m. to noon. All are welcome, and children must be accompanied by an adult.

Participants should wear appropriate clothing and hiking gear and bring water and a set of binoculars if you'd like. The SLA has a few pairs to borrow if needed. For more information, or to sign up for this Adventure Ecology program, visit the SLA website (squamlakes. org) or contact directly (603-968-7336). The SLA offers Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation-related topics. The Lakes Region Conservation Corps - AmeriCorps members present SEE **SLA** PAGE A10



WOODSTOCK TOWN OFFICE

165 Lost River Road – Woodstock, NH 03262

SATURDAY – APRIL 15, 2023

10AM – 2PM

During the Rabies Clinic the Town Clerk will be available in the Town Office to license Woodstock residents' dogs.

You do NOT need to be a Woodstock resident.

Please make sure that all cats are in carriers and all dogs are on leashes.

For questions, please call 603-745-8700. If your pet has special needs, please make arrangements with staff before removing the pet from your vehicle.

State law (RSA 436:100) every dog, cat, and ferret 3 months of age and older shall be vaccinated against rabies. Young dogs, cats, and ferrets shall be vaccinated within 30 days after they have reached 3 months of age.

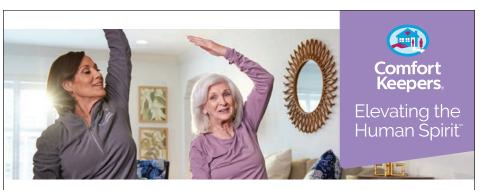
ALL PROCEEDS BENEFIT THE NH HUMANE SOCIETY!!

HOSTED BY: THE WOODSTOCK POLICE DEPARTMENT



Guided Hike: Bird'seye view from Eagle Cliff and Red Hill Enjoy the fresh spring air by joining the Squam offers other guided hikes and Adventure Ecology programming throughout the year. These free programs are open to the public and cover a variety of nature and related conservation topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the Association's mission.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration



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Our Local Schools

SALMON PRESS, THURSDAY, APRIL 13, 2023 A5



Evelyn Walsh (left) shows her love of all things space.

New Hampton Community School celebrates scholarship recipient

NEW HAMPTON — The Alex Higgins Space Camp scholarship is a prestigious and highly competitive award chosen by the McAuliffe Shepard Discovery Center, the New Hampshire Charitable Foundation and the Higgins family. This scholarship is awarded to three New Hampshire students between the ages of nine and 18 and gives students the opportunity to attend NASA Space Camp in Huntsville, Ala.

We are proud and pleased to announce that NHCS 5th grader, Evelyn Walsh, has been selected as a recipient of this award and has been awarded a scholarship to attend Space Camp this summer!

Walsh used a variety of writing skills to complete research and evidence based opinion and

informational essays focused on astronomy, space travel and her passion and dream for a career with NASA.

White Mountain Dowsers to present Agricultural Dowsing program

Baker Valley Band to hold Mud Season concert in new venue



RUMNEY — The Baker Valley Band's annual Mud Season Concert, "Choose Joy," will be held in new venue this year. On Saturday, April 15, at 3 p.m., the Rumney Baptist Church on the Rumney Common will ring to sounds of wind band music. Given the historical roots of the band in the Baker Valley and the gracious use of Rumney's Russell Elementary School for rehearsal space, holding the concert in Rumney seemed entirely appropriate.

The Baker Valley Band is under the direction of Trisha Craig, professional flautist, music educator, and an experienced conductor of community and marching bands. The program will feature music of several American composers, among them the Plymouth resident and PSU faculty member Jonathan Santore, Jennifer Higdon, and Randal Standridge, from whose composition "Choose Joy! the theme and title for this concert were taken.

Several years ago, when the Baker Valley Band had begun to mature to the point where a real, sit down and listen concert seemed like a real possibility, we set about trying to come for a name for that concert that differed from the overworked and over used "Spring Concert" moniker. We realized that here in New Hampshire where most towns still have several miles of unpaved roads, Mud Season is one of the defining periods of the annual cycle of life. Persevering through it every year characterizes the pace and people of communities. Rather than simply endure, we chose to celebrate that character.

Admission to the concert is free. We encourage you to bring one or more non-perishable food items as a goodwill offering. These will be delivered to the Plymouth Area Community Closet Food Bank.

The Baker Valley Band is a wind repertory band that provides a year round opportunity for people of all ages to work together to create music. We perform for a wide variety of civic occasions and will soon resume our summer concerts on the greens of the towns in the greater Plymouth area. Rehearsals are currently held in the Russell Elementary School gym in Rumney on Thursday evenings from 6:30 to 8 p.m. New members are always welcome. If you once played a wind or percussion instrument, please dig it out of the closet and join us! If you no longer know where your instrument is, chances are we can find a loaner to get you started. No audition is required!

Newfound Nature Station ready for spring seeds!

HEBRON — Join the Newfound Lake Region work to encourage residents and visitors to enjoy the natural beauty around them, learn more about the Association (NLRA) as we plant some spring seeds during Newfound Nature Station, a free program environment and how to protect it, and fall in love with the Newfound Watershed. By connecting the that connects youth and families to the natural world. This event will be held at Grey Rocks Conpeople of Newfound to the wonders around them, servation Area at 178 N Shore Road, Hebron on April NLRA works to inspire the next generation of stew-26 & 29 from 10 a.m. to noon. ards and fulfill the mission of protecting Newfound Lake and its watershed. Along with programs like As plants wake up and seeds get ready to sprout, it's a good time to think about the different roles that Newfound Nature Station, NLRA maintains Grey plants play in our communities. We'll look at how Rocks Conservation Area in all seasons as a place trees help with stormwater, plants of all sizes supfor people and wildlife alike. It offers walking trails, a picnic area, fishing alcoves, and a non-motorized port animal communities, and seeds make sure that those relationships keep going. Participants will boat launch and is frequented by wildlife like loons, make seed bombs to take home. This program is free turtles, and bald eagles as well as people. Learn and open to all. more about NLRA including other upcoming events at NewfoundLake.org. Newfound Nature Station, along with other fami-

PLYMOUTH — White Mountain Dowsers presents Agricultural Dowsing WITH Steven Herbert Sunday, April 23 from 1-4 p.m. at Plymouth State University's Enterprise Center, 1 Bridge St., Plymouth.

Dowsing can be a very useful and inexpensive complementary management tool in making all manner of decisions in organic farming or gardening. With the aid of a pendulum and a suite of charts, for example, one can obtain information about levels of nutrients in a soil, or anything else that might appear in a laboratory test. It can also determine what organic fertilizers or amendments are most appropriate to make corrections. Beyond this, there are dozens more applications of dowsing to help determine timings and best cultural practices for management of physical and biological aspects of soil. We can go beyond organic in improving the energetic environment and meet the spiritual needs of plants to achieve ultimate nutrient density.

Steve Herbert is a geologist and anthropologist, and a dowser since 1985. He began dowsing water in Africa as a Peace Corps Volunteer, served two decades on the Water for Humanity Committee, and has trained rural farmers to dowse during several trips to Latin America. He also dowses earth energy zones and applies dowsing to agriculture. To learn more: waterdowser@hotmail.com.

White Mountain Dowsers is a chapter of The American Society of Dowsers, Inc.

For more information or to RSVP for this meeting, visit https://www.facebook.com/ profile.php?id=100057536084294 or sheila@ coppertoppe.com. Newfound Nature Station, along with other family programs and events, is part of NLRA's year-round

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Investment ideas for business owners

By definition, business owners put a lot of their financial resources into their enterprises. But as an owner, you may need to invest in more than inventories and payroll to help achieve the future you've envisioned.

Here are a few investments you may want to consider:

 Retirement account – Depending on the nature of your business and how many employees you have, you can choose from a variety of tax-advantaged retirement plans, such as an owner-only 401(k), an SEP-IRA and a SIMPLE IRA. By contributing regularly to one of these accounts, you can avoid being entirely dependent on the sale of your business to pay for your retirement years. To fund your 401(k) or other retirement plan, you'll have many investment options – stocks, bonds, mutual funds and so on. And if you "max out" be able to build a separate investment portfolio. In any case, keep in mind that you're already putting a lot of money into your business, so, to achieve a level of diversification, you may want to concentrate your investment choices in areas outside your industry. However, while diversification can help reduce the impact of market volatility on your portfolio, it can't guarantee profits or protect against losses in a declining market.

on your retirement plan, you may even

• Property – Your physical space is a key part of your business' success. So, you may want to invest some time in comparing the pros and cons of renting versus owning. Of course, owning your building may require a big financial commitment, and it may not be feasible, but it could free you from worrying about untimely rent increases.

• Disaster protection - If a fire or a ment

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

weather-related disaster should strike your business, would you be prepared? It's important for you to create a disaster recovery plan, which can include business interruption insurance to pay for your operating costs if you're forced to shut down for a while.

• Emergency savings – While a disaster protection plan with appropriate insurance can help keep your business afloat, it's unlikely to cover other types of emergency needs, such as a major medical bill or an expensive repair to your home. For these unexpected costs, you may want to build an emergency fund covering at least a few months' worth of living expenses, with the money kept in a liquid account. Without such an emergency fund, you may be forced to dip into your 401(k),

IRA or other long-term investment vehicle. You'll also want to invest the time and energy into creating a business succession plan. Will you keep the business in your family? Sell it to outsiders or a key employee? If you do sell, will you do it all at once or over time? Clearly, the answers to these types of questions will make a big difference in your ultimate financial security.

Finally, invest in help – Enlist the services of a financial advisor and business-planning professional, so you'll be able to make the decisions that work best for your business and you.

Your business may well be a lifelong endeavor — so make sure you're investing whatever it takes to earn a lifetime of benefits.

> Jacqueline Taylor Financial Advisor 3 Mill Street PO Box 176 Meredith NH 03253 603-279-3161 Fax 866-532-8685







SALMON PRESS, THURSDAY, APRIL 13, 2023

COURTESY

The evolution of student debt

It's that time of year, when high school seniors are committing to colleges and planning for what will happen after graduation day. College tuition has become so incredibly unaffordable that many students are opting out or seeking a career in various trades, of which they stand to make more money than a classmate with a four-year degree, depending of course on which route they take.

Harvard University cost ten schillings per year in the early 1700's, which was equal to about a pair of shoes and two pairs of stockings. Interesting to note is that back then, most jobs did not require a degree, license or certification and laborers learned via apprenticeship. If the price of Harvard over time had risen at the same rate as prices generally equaled to the rate of inflation, tuition today would cost \$1,703 per year. However, that is not the case and the current tuition at Harvard is upwards of \$67,580.

As a society, we stress the need for a solid, good education. Any job that pays a livable wage requires you to have a degree, however many students are not making much more than their counterparts who chose to enter the work force right out of high school. Really this depends on where you live and what you do.

The significant increase in college tuition has angered many parents and students. One has to wonder how a financial aid office at any given school comes up with the numbers for a student's financial aid package. In one recent example, a college in Massachusetts, cost \$73,000 per year. Yes, you read that right. A student with a single mother who makes in the ballpark of 30 grand a year, was offered \$13,000 in financial aid for the year. Does this school discriminate based on socioeconomics? One has to wonder. Are wealthy students somehow more special than their less fortunate counterparts?

Students who do make it through the four years will graduate with an exorbitant amount of debt, a bill they could potentially be paying well into old age.

Way back when, state universities were free; however, they did charge a small fee. In the 1960's, social and legislative changes turned higher education into a business; hence, the student loan debt crisis we see today.

Through some research, we discovered an interesting timeline that laid out the path higher education has taken since its inception during medieval times in Europe. Back then, few of these schools charged tuition and were supported by the government or a church, and areas of study were limited.

In 1796, Thomas Jefferson proposed an education system that was supported through taxes. He did this because he believed that for a government to truly work, that its people needed to be educated. As a result, in 1818, the government began subsidizing elementary schools and Jefferson used a \$15,000 grant to start The University of Virginia.

In the early 1800's, many colleges did not charge tuition, however only the wealthy could afford the living expenses incurred during study. In 1810, students lived as simply as possible, keeping room and board rates extremely low, compared to today's living conditions. In 1870, Harvard's tuition was \$150 per year, while Brown University was just \$75. This equals to about \$3,000 in today's terms. Again, only the wealthy could afford to attend.



Bears of the Week

Newfound Memorial Middle School's Bear of the Week Student & Staff Winners for the week of March 31 are sixth grade student Joshua Woodward and Athletic Coordinator Mr. Tucker. They have been recognized for their representation of the NMMS Core Values.

These members of our NMMS community continually show us what RESPECT, RESPONSIBILITY, PRIDE & INTEGRITY are all about! Thank you to Franklin Savings Bank in Bristol and the Newfound Lake Inn in Bridgewater for sponsoring this week's winners!

Letters to the Editor

High speed Internet coming to Grafton County this year

To the Editor:

I am happy to report that high-speed internet over fiber-optic lines is coming to Grafton County in 2023 starting in the Plymouth area! It's been a long and arduous journey to this point. Let me give you some background.

After being elected to the Benton Select Board six years ago, I realized the town's greatest need was to upgrade the slow, unreliable internet service that was the only way residents could communicate online. Schoolchildren couldn't access the internet to do their homework. Social and business interactions were severely limited. Working from home involved frustrating interruptions. The COVID pandemic isolated us even more – and made the need for fast internet – at the so-called "broadband" level – more critical.

Cable companies had no interest in extending their service to the town and the telephone company was not going to replace their substandard DSL internet service, which relies on deteriorating copper wires, with fast fiber. (ultra-fast) broadband service in the Plymouth Record Enterprise coverage area. Residents are being contacted through direct mail and other advertising to alert them to the high-speed internet availability (up to 2 gigabits per second). The reliable symmetrical upload and download speeds provided by fiber optic technology will significantly upgrade internet even for those with cable, which has much slower upload speeds and congestion restrained speeds during peak periods. That is just the start; construction crews will work their way throughout Grafton County over the remainder of the year. NHEC management tells me, for instance, that broadband will be available in Benton starting this July.

That means NHEC-served electric members throughout Grafton County will for the first time this year have available reliable multiple-gigabit fiber internet service at highly competitive rates. That includes towns such as Ashland, Bath, Bridgewater, Campton, Canaan, Dorchester, Easton, Ellsworth, Grafton, Groton, Hanover, Haverhill, Hebron, Holderness, Landaff, Lisbon, Littleton, Lyman, Monroe, New Hampton, Orange, Orford, Piermont, Rumney, Sugar Hill, Thornton, Warren, Wentworth, and Woodstock. This will open a new world of work, social and entertainment possibilities, promote business development and increase property values. It will be a new and exciting improvement to the quality of life for residents and businesses in Grafton County.

A spike hit in 1920, when admissions doubled between then and 1930. The cost was about \$250 per year, with 20 percent of college aged Americans attending university.

The G.I. Bill was passed in 1944 but has since been modified.

In 1965, the Higher Education Act passed. This act helped provide financial assistance for those who needed it. In 1973, in today's dollars, an average year at an average school cost just over \$9,000, and just over \$2,000 for an in state public school.

In 1972, only 49 percent of high school graduates went on to college. Back then grants covered 80% of the costs. Today more and more students are heading off to school, leaving less grant money to go around. In 1975, the rates started to increase faster than inflation. Before the 70's tuition rates increased roughly 2-3 percent each year. In 2003, the cost went up 14% in just one year. In 1987 the rate for a public school saw a 44 percent change.

In the late 1990's, the debt was so bad that people put off weddings, having children and making other big lifetime decisions.

The year 2008 saw an increase of 439 percent since 1982, while income has only increased 147 percent. If things continue as they are in 2028, the cost will be \$340,800 for a private school education per year and \$95,000 for a public school.

Americans over the age of 60 currently owe more than \$86 billion in unpaid loans. Many of whom are concerned that the government will take their Social Security, leaving them with nothing.

Letter submission policy Letters to the Editor must include the au-

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate. Therefore, we pinned our hopes on the New Hampshire Electric Cooperative (NHEC) to meet the internet needs of our rural community, just as they met our electric service needs in the 1940s when for-profit electric companies ignored rural areas. To encourage NHEC to meet the challenge, in 2020 I successfully ran for a seat on NHEC's Board of Directors.

In that election, nearly two-thirds of voting members of the Co-op supported a petition drive to get the company into broadband. It wasn't easy to turn around reluctant board members and management. But those of us who saw the need, the feasibility and the potential prevailed.

The Co-op is currently offering multiple-gigabit

Bill Darcy Benton

Bill Darcy is Chair of the Benton Select Board, an NHEC Director and Chair of their broadband subsidiary, NH Broadband.

~ Comfort Keepers ~

Helping seniors detect cataracts and get the help they need

BY MARTHA SWATS Owner/Administrator

Comfort Keepers

Cataracts occur when the lens of the eye becomes cloudy and affects the retina's ability to properly interpret and transmit signals of light to the part of the brain that governs sight. When the brain receives a cloudy signal, vision then becomes cloudy or blurred. Although rare cases exist in which babies are born with congenital cataracts, cataracts most commonly affects older adults, especially those over the age of 80.

Who is at risk?

Causes of cataracts can vary. As mentioned

above, some can be present at birth. In adults cataracts some are caused by ultraviolent light exposure, while others are the result of previous eye injury. Cataracts can also form after eye surgery or as a result of diabetes. Some reports link smoking, alcohol consumption, sustained exposure to sunlight and/or steroid usage to cataracts.

When cataracts develop due to aging, as most do, they are most commonly a result of the proteins contained in the eye's lens bunching together and in turn, distorting vision. Cataracts can affect one or both eyes. Sometimes small cataracts only affect partial vision. However, generally cataracts continue to grow larger over time, causing multiple vision problems.

Signs of cataracts developing

- Blurred vision
- Difficulty reading

Poor vision at night Halos around lights and/or sensitivity to

bright lights Discoloration of the eye's lens - usually yellow/brown

Brown tinge to things you can see and/or colors seem dull

Inability to tell the difference between blue, purple and black colors (in advanced stages)

Diagnosis and treatment and prevention

Those in the medical field recommend comprehensive eye exams every two years for adults 60 years and older. These types of exams can detect early signs of cataracts, as well as other diseases that affect the eyes (e.g., glaucoma, macular degeneration). For cataracts in early stages, prescription glasses may help alleviate some of the early symptoms. In other cases, surgery is needed to replace the old lens with an artificial lens.

While many cataracts are caused by the simple wear and tear on the eye's lens as people age, there are preventative measures one can take SEE **COMFORT** PAGE A10

Opinion

SALMON PRESS, THURSDAY, APRIL 13, 2023 A7

What's your smile worth?

How much do you think a smile is worth? Is it measured in wealth, fame, beauty? Some or of us might think that only the likes of Julia Roberts or Denzel Washington have the ability to launch their careers and make a name for themselves with their dazzling smiles. But the truth is, the power of a smile is not limited to movie stars.

Research has shown that anyone can harness the magnetic force of a smile to become more attractive, approachable, and successful in every area of their life.

A genuine smile is one of the most potent and universal forms of communication. It is a universal language that transcends borders and cultures and can even make us happier and healthier.

Zig Ziglar often said, "Your smile is your logo, your personality is your business card, and how you leave others feeling after having an experience with you becomes your trademark."

Let's delve deeper into the magical power of a smile.

Babies, still in the womb, are known to smile. They smile in their sleep, especially when they hear a human voice.

Smiling releases endorphins which increase cognitive POSITIVELY SPEAKING

TOBY MOORE

function, boost our mood, reduce stress, increase immunity, and provide a sense of well-being.

Interestingly enough, You'll still reap the same benefits if you smile when unhappy. Forcing your facial muscles into a smile can trigger the release of all the same endorphins as a genuine smile.

Smiling is contagious. Countless studies have shown that seeing another person smile can trigger an automatic response causing us to smile back in turn.

At that moment, our worries and fears seem to fade away. It's as if the person smiling at us says, "You're not alone. We're in this together, and everything will be okay." It's challenging to frown when encountering someone who smiles.

Your smile has a powerful impact on your personality and the personalities of those around you.

Did you know that one genuine smile can produce the same amount of brain-stimulating chemicals as up to 2000 bars of increase sales, a smile chocolate? And the can be the difference same British study between a good day found that a genuine smile gives the same mental satisfaction as receiving \$16,000 dollars. So it's no wonder that smiling is often referred to as the currency of happiness and well-being.

ever you see someone without a smile, give them one of yours!" -Zig Ziglar.

Smiling reduces stress levels, which helps us fall asleep easier. A good night's sleep is worth its weight in gold.

Smiling boosts our immune system by increasing the production of antibodies and immune cells, which help protect us against sickness and disease. No amount of fame and fortune can compare to the value of a robust immune system.

Smiling also acts like a painkiller! Patients who underwent painful dental procedures reported less pain when they smiled during the procedure.

But that's not all. A study by Wayne State University found that baseball players with big smiles on their pre-1950 baseball cards lived about six years longer than their non-smiling counterparts. Smiling is associated with long life!

It does make you wonder: Did those big smiles give those baseball cards some added monetary value as well?

People tend to view a smiling person as more competent, confident, and approachable. If you're running a business or trying to and a bad day, a successful business deal, or a missed opportunity. Customers are more likely to engage with someone who appears friendly and approachable.



Ora Schwartzberg, Esq.

BY ATTORNEY ORA SCHWARTZBERG Plymouth

Beginning your retirement is a great milestone that is worth celebrating. You have put in many years of hard work and you are now able to focus your energy on the next phase of vour life.

Things to consider when beginning your retirement

With this new chapter comes certain estate planning issues that you need to consider.

If you have an existing estate plan

Having a properly executed and legally binding estate plan is a great first step in making sure that you and your loved ones are cared for. However, it is important to remember that estate planning is not a oneand-done event. It is important that you review your plan every

year or so, especially after major life events such as retirement. When looking at your existing plan, the following are some important questions to ask yourself.

Estate planning for the recently retired

Do you still own the same property or have the same account balances as when your plan was first created? What will the balances be at your death? Chances are, you put money into investment or retirement accounts during your working years to prepare for this next chapter.

Does your plan assume that your children or other young beneficiaries are still minors? The birth of a child usually prompts parents to create an estate plan. However, once it has been drafted, many parents continue living their lives without thinking about their estate plan. If it has been some time since you created your estate plan, your once-minor child may now be an adult or approaching adulthood soon. Your focus may no longer be on choosing the right guardian but instead on making sure your adult child's needs are properly addressed in

your documents.

Does your plan rely on proceeds from an employer-provided life insurance policy? Many employers offer life insurance as part of an employment package. However, you may no longer have this policy when you stop working. If you were relying on these proceeds to provide for your loved ones at death, you will need to explore other options.

Do you want to change how much your beneficiaries inherit and how they receive their inheritance? Now that some time has passed, are the amounts of money and property and the ways in which they are to be distributed still appropriate? For example, did your will or trust provide that \$300,000 be held in a trust for your only child's benefit and then distributed to your child when they turned thirty-five? Is it now likely that you will have less than \$300,000 at your death? If so, what other wishes will you have to sacrifice to give your child \$300,000? Also, if your child is now thirty-five years old SEE LAW PAGE A11



Point of Law



One Too Many, once again?



Don't Let **Alcohol Put** Your Life on the Rocks.

Drinking too much can negatively impact every aspect of your life, from your health to your job to your personal relationships with family members, partners and friends. April is Alcohol Awareness Month, an observance dedicated to raising awareness of the dangers of alcohol abuse. If you or someone you know has a problem with alcohol, help is available. Seek advice from a doctor or contact an alcohol treatment facility, and take the first step toward control and recovery.

Warning Signs of Alcohol Abuse

• Drinking alone when you feel angry or sad Waking up with headaches or hangovers after drinking
 Inability to remember what you did while drinking · Trouble getting to work on time due to drinking · Inability to control your impulse to drink

If you or someone you know needs professional help for alcohol abuse or addiction, please call 1-800-NCA-CALL (622-2255) or visit neadd.org for more information.

When someone makes you smile, they're giving you a priceless gift - one money that can't buy yet rich in joy and abundance, filling your brain with a flood of feel-good chemicals that make you feel like a million bucks, overflowing with health and happiness.

Make sure to spread the wealth. "Be helpful; when-

When we smile at others, we're not just sharing a simple gesture but spreading happiness and well-being to those around us. This ripple effect of positivity can change the world, and it all starts with a single smile. So, let's make a conscious effort to share our smiles with everyone we meet and watch as the world around us becomes a happier and more positive place.



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Alexandria

Merry Ruggirello 744-5383 merrysunshine51@yahoo.com

Have been spending more time outside these days, enjoying the warmer weather. Glad to see the snow going, along with the threat of slip sliding away on ice!

Town

Tuesday, April 18: Board of Selectmen meeting at 6 p.m. in the Municipal Building.

Wednesday, April 19: Planning Board at 6 p.m. in the Municipal Building.

Alexandria UMC

Sunday, April 16 at 9 a.m., District Superintendent Taesung Kang will lead worship. There will be a Coffee Hour following services as well. Sunday School will begin at 10:15 a.m.

Have taken an inventory of seeds and made a list of what I need to get for this year. Ayuh, time to get down and dirty in the gardens is fast approaching! Have a wonderful week ahead, may it be filled with much love, laughter and many blessings!

Ashland

David Ruell 968-7716 davidruell@gmail.com

Wool Dryer Ball Workshop

The Ashland Town Library will hold a Wool Dryer Ball Workshop from 10 a.m. to noon this to 2 p.m. on that day. The Drug Enforcement Administration will properly dispose of the drugs. The Ashland Police cannot take liquids or needles. No questions will be asked.

Fallen Firefighters Memorial

The National Fallen Firefighters Foundation sponsors Light the Night for Fallen Firefighters, asking the public, fire departments, organizations and businesses to use red lights to illuminate buildings and landmarks to commemorate those who have lost their lives in the period including International Firefighters Day and National Fallen

Firefighters Memorial Weekend. This year that period will run from Thursday, May 4 through Sunday, May 7. The Ashland Fire Department and the Ashland Firefighters Association are asking all who would like to participate to join this national commemoration, and to send a picture of their red lighting to the Ashland Firefighters Facebook page.

Roundabout New Hampshire is offering a limited number of free red bulbs to honor the lost firefighters. At noon on May 7, the Community Church and the Episcopal church will ring their bells with a 5-5-5 sequence to honor the 145 firefighters who lost their lives in the past year.

Historical Fiction Book Club The next selection

photos of

the parish hall and the statue of Mary that has recently been removed from the grounds, as well as photos of church activities, services, ceremonies and events, Anyone who has such photos that the Society could borrow for copying is asked to contact David Ruell at 603-968-7716 or davidruell@gmail.com.

News from our Local Correspondents

Bristol

Al Blakeley Adblakeley0@gmail.com

This being a nice warm week has me worried that we may be in for one more snowstorm! I say that because it has happened before. Just when we are 'out of the woods,' one more whammy just to keep us guessing. Here's hoping that doesn't happen and that the warm weather just keeps on happening.

All dogs need to be registered by April 30 at the Bristol Town Clerk's office. Fines will be posted after that. Please make sure you have a current rabies certificate at registration.

Recurring events at the Minot-Sleeper Library include: Knot Only Knitters on Mondays from 2:30-4:30 p.m., Storytime on Wednesdays at 10:30 a.m., Mah Jongg on Wednesdays from 1-3 p.m., Scrabble with Jenna on Thursdays from 10:30 - 11:30 a.m., Lego Club on Fridays at 2:30 p.m. and Quilt Club on Fridays at 1 p.m. The library hosts Poetry Night on the first Tuesday of every month at 6:30 p.m.

call the library at 744-3352 for details and to register for the course.

Talk of the Towns

The Teen Council is hosting a Parents Night Out on Friday, April 14, from 5:30 – 9 p.m. at the TTCC. This event is \$20 per child and for ages four to 14. The theme is a Paint Party Night. There will be a messy dinner (pizza), color Bingo and glow dance. You can register online at ttccrec.org. It may be full, but call 744-2713 if you have questions.

Registration is now open for TTCC Baseball. Softball and T-Ball. For details, see the TTCC Baseball/Softball/T-ball page on the TTCC website. The TTCC offers programs from T-Ball to Babe Ruth baseball and softball. T-Ball - ages four, five and six; Rookie Baseball & 8U Softball - ages seven and eight; Minor Baseball and 10U Softball - ages nine & 10; Major Baseball & 12U Softball - ages 11 & 12; Babe Ruth Baseball and Softball - ages 13 -16. Age determination: Softball – Jan. 1, 2023, Baseball. – May 1, 2023. The program runs primarily through volunteer efforts. Please consider helping out as a board member, coach, help with concessions, press box, field maintenance and more.

You can also register for the TTCC Soccer Camp this summer with Challenger Sports and receive professional coaching. For details and link to register: https://ttccrec.org/ youth_programs/soccer-summer-camp/. be greatly appreciated as the snow melts and we can clean up the litter as a community.

From April 13-15, PSU theater students will offer a production of "Silent Sky." The play follows Henrietta Leavitt and the other women who started the Harvard Observatory. It is a visually stunning performance full of laughs and heartache. Might be a good choice for our older students who are interested in astronomy. Tickets available at silver center/tickets.

Have you ever admired the embroidery on many of the state employee patches? Tana's Tees, on the corner of Routes 175 and 3, is the home of the business that produces many of them. Renee Brusseau and her daughter produce 1000's of items of custom screen printing, embroidery and promotional products for state government departments and they'd be happy to supply your needs too! Check out her Facebook pages at Tana's Tees.

It's in the works toward making Holderness Village more pedestrian friendly. The location is completion of the last remaining segment of sidewalk between the entrance to Holderness Harbor and the Marketplace. That would make it possible to walk from the fire station to the post office safely. Now, if we could just get the streetlight in the same location working!

Annual Herbicide pplication Notice from NH Electric Cooperative by Vegetation Control Service, Inc intends to selectively apply herbicides to undesirable vegetation growing within power line rights of way. You can find more information on the town website including a link to location maps. Many of you are aware that two particular invasive plants are very visible in town: Japanese knotweed on Route 175 and Oriental Bittersweet on many roads, especially Route 113. When plants like these were introduced to the US they had no natural enemies so they flourished and in some areas, have become a hazard. Anyone trying to walk through bittersweet will tell you how risky it is. Volunteers from the SLA have been hard at work trying to manage this plant at several hiking spots in town. It's known to send vines up trees which will eventually kill them. The New Hampshire Department of

Education is again asking you to fill out their "Bright Futures Survey". If you have no child in the school, there's a form for you called Community Survey. I encourage you to fill it out. Be candid with your comments. You may find questions you might not have answers for. Just do your best. It's a chance to send a message to Concord about our Central School and the wider Ed system in New Hampshire.

The organization NHSaves! is offering a free Home Energy Workshop on Monday, April 24 from 6-8 p.m. at Starr King Unitarian Universalist Fellowship on Fairgrounds Road in Plymouth. It will cover energy tips and describe NHSaves energy efficiency programs.

Warren/ Wentworth

Gary Jesseman 707-7129 garyj@together.net

Greetings everyone. Hope you are all having a good week. The weather was good for Easter and certainly this week has been a good one thus far.

WARREN NEWS— Warren Village School and Wentworth Elementary School are joining forces to present Disney's "Frozen Jr." on April 19 and 20. This will be held in the Warren School Gym. Doors open at 5:30 p.m., and the show is at 6 p.m. Admis-

Saturday, April 15. All supplies are included. But, registration is necessary as space is limited.

Legion Breakfast

The Dupuis Cross Post of the American Legion will serve its monthly breakfast from 7 to 11 a.m. this Sunday, April 16, in the Legion Hall at 37 Main St. The cost is \$8 for an adult, \$6 for a senior or a small child.

Friends of Library Meeting

The Friends of the Ashland Town Library will meet at 6:30 p.m. next Tuesday, April 18, at the Library to discuss a museum pass and possible activities for the coming year.

Drug Takeback Day

The Ashland Police Department will again be taking part in the National Drug Takeback Day on Saturday, April 22. Anyone with unused or expired prescription drugs can leave them at the Police Station in the Town Hall from 10 a.m of the Ashland Town Library's Historical Fiction Book Club is Elizabeth Letts' novel "Finding Dorothy," based on the making of the classic movie "The Wizard of Oz" and the relationship of Judy Garland, the young star of the movie, with Maud Baum, the widow of Frank Baum, the author of the book

on which the movie was based. Copies are available at the Library. The group will meet to discuss the book at 3 p.m. on Monday, May 1, in the Library. New participants are always welcome.

Catholic Church Photos Sought

The Ashland Historical Society's new exhibit of historic photos of Early Motor Vehicles will be on display for three months. The next exhibit will feature St. Agnes Church, which has now closed for good. The Society's collection is largely limited to photos of the church and rectory buildings. The Society would like to include The Minot-Sleeper Library Trustees Meeting will be held on Thursday, April 27, the fourth Thursday of April.

Craft Corner will meet on Tuesday, April 18 at 6 p.m. Use this opportunity to help your creative mind to expand as you may be surprised at all that will be done this day.

'English, the Story of our Language' is a 6-week course instructed by Dr. Bruce Nilsson (B.A.- Bowdoin; Ph.D.-University of Michigan), and will be offered at the Minot-Sleeper Library. The course will explore how grammar and word-meaning have changed over time and how language was and is an integral part of our social, cultural and political world. This class runs on Tuesdays at 3pm from April 18 through May 23. Please

We were in search of the evasive pussy willows this past week and although we did find some, there is a definite decline of them in many areas where we used to have good luck finding them. They are another 'sign of Spring' I enjoy and picking some for friends gives me a good feeling. I guess I won't be picking as many from now on so that more will grow.

Holderness

Fran Taylor 968-3846

In honor of Earth Week, Holderness Conservation Commission will be asking community members to join in their efforts to clean up our roadsides. Blue garbage bags are available at Town Hall and Transfer Station. The Highway Dept will pick up the bags left on town roads. Any help would sion is free, and raffles will be available.

Warren Old Home Days will be celebrated on July 14, 15, and 16. The theme for this year is "Life on the Farm." More information as time gets closer.

Moose Scoops Ice Cream opens for the 2023 season on May 11!

Hours for May are Thursday and Friday 4-8 p.m., Saturday and Sunday noon-8 p.m., and on Memorial Day noon-8 p.m.

W E N T W O R T H NEWS—Wentworth Open Air Market is currently accepting vendor applications for the 2023 season. It runs from July 5 to Oct. 7, Saturdays from 10 a.m. to 2 p.m. Email Renee at wentworthfarmmarket@gmail.com to register, or for more information.

Have a good week, and always remember to count your blessings!



Start A Story. Adopt



The Story Page

SALMON PRESS, THURSDAY, APRIL 13, 2023 A9

THE STORY PAGE... building community one story at a time

A STORY PAGE SUBMISSION

We hope you enjoy the featured artwork, poetry and stories AND we hope YOU will become a contributor by submitting a piece of artwork, photography or writing of 400 or so words or less to storypagenh@gmail.com by the 30th of month for the upcoming themes. Thank you as always for visiting the Story Page, where we believe that in this brief, magical life...every story counts!

Theme:	Due the 30th of:
MOTHERS	April 2023
FATHERS	May 2023
COMMUNITY	June 2023
STORMS	July 2023

In Beneficence of Time

time is not the linear path we track on calendars, but a

complex circling of presence, reflection, memory, and

intention. Whatever we think of time, it does remain the largest construct of our existence by which most of us measure where we've been, where we are, and where we're going from birth to death. We thank this month's contributors for sharing perspectives on the construct of time and especially thank our newest contributors!

If the Monolith of Time should yield and keep us in our prime as not too young and not yet old most likely we would still make bold our claims that this be not enough (should we not be of sterner stuff) Would we appreciate Time's gift or say that we are still left shrift of time beneath a sunlit bower to stop and smell a lone rose flower? Should there be no time constraint would we yet find some small complaint? In Time's beneficence of power would we not want just one more hour?

> Susan B. Miller Plymouth

Some say time is fleeting and not to be wasted. Others

say time is an illusion, that all we really have is the here

and the now. Still others say

Chronological Arrogance

We're so much better than them -Poor fools who walked the pages in history books. We'd never believe The earth was flat, Man couldn't fly, or Germs didn't exist. We're far too cool for Puffed sleeves, petticoats, Bell bottoms, bangs, or mullets. Or so we think.

Don't you see?

We're just following the crowd like they did, Parroting the loudest voices heard. You think skinny jeans and leggings look good Because everyone else wears them -Not because they're flattering, trust me. In 5, 10, 20 years your children will ask: "Why did you dress me like that?" You will answer: "Because that was the trend."

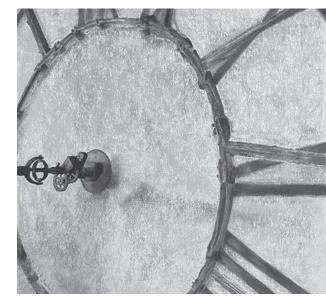
"A Mind Is a Terrible Thing to Lose" (Carita Gardiner)

Lollie, your forgetfulness is a boat loosely tethered to your dock on the shore of Lake Michigan. Your gaze and smile for the camera are like oars slipped from their locks, then quickly grasped before drifting out into open water. Your memory asks, "What day IS today?" and I tell you, again, "Thursday, April 26th" and you remember cookies baking.

Lollie, your dementia is the sand dune's edge—a strange confusion of flotsam and jetsam spewed from storms and yachts, detritus slathering the beach. Your reasoning eroded at Tulip Time, in Holland, Michigan, made us circle four blocks, drive through four lights, ask four questions: aren't these pink ones lovely why did we come—where are we—and how do I navigate these unfamiliar roads back to your cottage.

Lollie, your onset Alzheimer's is the derelict at the bottom of Lake Michigan. Cabins of memory are overgrown with milfoil, your mind an iron hull of forgotten details treasured moments now unsalvageable, barnacle-fettered to the lake's floor.

Kate Donahue, Holderness, NH



The Wisdom Hour 3pm Simplicity

A time of letting go so something else can enter. The Lupine flowers form seed pods for the future, next year's flowers. My seed pods are piles of things to eliminate simplicity of stuff. A CRASH a bobtail flash of fur shoots out of my room a pile of what used to be favorites childhood cereal bowl, a Limoges compote. Perhaps Smokey knows it will be less to clear out when I go too. The daffodils have finished their chores, their foliage browning off soon to be mowed. I make a list each morning. and My To-Do list is nearly complete Do animals and plants make list too? I wonder if the pansies worry about losing their beauty, Mostly I don't either but then I notice a few new buds and glorious flowers and I wonder.

-Ruth Harlow, Bristol

Timelines

There is a big interest in genealogy and writing life stories these days. After all, we know things no

Beware the trends - trends of cars, Trends of clothing, music, hair, lifestyle, food. Something must have more merit than Popularity to earn your approval. Evaluate it for its own worth -You must have a Timeless Measuring Stick That both sets and meets the standard.

Yes, we are wise to learn from the past-Things were done that should never be repeated. We must see it for what it was, Not hiding the truth, erasing it to fit our own agenda.

Truth cannot be killed-It is part of the character of God.

Nor should we condemn the past In our chronological arrogance. Maybe they were doing the best they could With what they had, like us.

Shouldn't we be criticizing ourselves? We forget we see farther because we sit on their shoulders.

We have more information, more technology, More comfort, more advancement Than any generation before us.

We have electricity, indoor plumbing, Elastic underwear, dentures that look real, Prosthetic limbs that can be raced on, Contact lenses, handwashing etiquette. Yet our highest goal for the day is To sit on the couch and watch Netflix. We amuse ourselves endlessly Watching ASMR and cat videos And criticize our ancestors For bathing on a weekly basis.

Maybe we're not so much better than them And they weren't so much worse than us. Maybe we're all just humans, Brand-new at living through This very moment, No matter how many moments have passed before.

Maybe we all just need The guidance of an eternal, all-wise God To make the most of this Crazy, fleeting life. ©2022, Heidi Pettigrew, Behind the Clock. Soft pastel and pastel pencil. 16.5 x 11.7 inches. Used with permission.

A Moment In Time

There was a moment once in time I knew back then I'd make you mine The moon was shining oh so bright I thanked my lucky star that night There was a moment just the other night The moon and stars they cast their light You looked so young - eyes twinkled bright It was, again, a magical sight. Sweet caress was held as once before Did we float way back to those days of yore? Yes, there was a moment once in time Your eyes that night said forever mine The story played and now here we are Together, forever, under OUR lucky star.

Bob Wisniewski, Hebron

Envelope Of Uncertainty

Past times are storied histories.

Encapsulating past hopes and desires of human's and nature's triumphs and disasters

And pray disenchanted and dreadful acts never happen again.

Present times we entertain an optimistic speculation.

With hesitating excuses, a stutter-step we believe everything bends to our desires

Clinging to safe, past hopes of promised lands on the horizon

We stand immobile to move into the future.

Future times embrace despair, happiness, tragedies and tranquility.

Veiled futures and fate arrives without our say so Blended with hints of spectacular surprises that outnumber disasters.

Imagine what happens when we open that envelope to a future

That sows seeds of unforeseen delights and human frailties. one else knows. We have memories of families, traditions and places. We've lived through good times and bad. We've been alive during historical events and hold our own thoughts on what happened and how we felt.

Our stories get set down in scrapbooks and journals. We share photographs. We visit cemeteries or take road trips to places we once loved well. In the telling, our reminiscences are a moment in Time. Someone asks, "When did it happen? What time of year? Who was there?"

Recently my husband and I talked about life events with high school students. We hoped to show that what happens in life can change us in unexpected ways. To do this, we created panels in a Timeline. Each panel represented one decade and important things about that particular time.

We started with the 1950's when we were both three years old. We lived in a small town during the post-World War II days. We linked facts and questions about world events, personal events, politics, news and everyday happenings to our memories.

In the 1950's, it was the Cold War. As second graders we hid under our desks during air raid drills. Polio was an epidemic in the US. "No swimming and no parties." Life Magazine showed rows of children and adults in machines called Iron Lungs that kept them breathing. Then Jonas Salk developed a vaccine for polio and we lined up at school for our shots. Everyone received the vaccinations.

October 1957 the Russians launched Sputnik, the first artificial Earth satellite. It shocked the world and especially because the Russians were first in the big race to space. We students started studying more math and science and got something new in our lives — homework.

The 1950's timeline covered Civil Rights, Elvis Presley and our individual passions: rivers, streams, snakes and critters (Barry) and books, libraries, stories and the outside (Gretchen).

And so the Timeline continued, decade by decade. The high school students identified problems we still puzzle over, still worry about today. Clean air and water. Education. How to solve conflicts. Bullies and cheats. What is good for all people?

It's time to listen even more carefully to our stories and memories and decide which ones are best to live by.

Gretchen Draper, New Hampton

-Diana Nesbit, Plymouth

tom keegan, Bristol

Talk of the Towns

A10 SALMON PRESS, THURSDAY, APRIL 13, 2023



Town	Address	Туре	Price	Seller	Buyer
Alexandria	High View Road	N/A	\$335,000	Jennifer Piascik	Jennifer and Carlos Duran
Ashland	River Street	N/A	\$205,000	Introu Enterprises LLC	Farmland Real Estate LLC
Bristol	30 Daniels Rd.	Mobile Home	\$249,933	Patricia M. Rabinskas	Amanda L. Caldon
Bristol	25 Prospect St.	Single-Family Residence	\$320,000	Jason J. Peterson and Karri L. Reynolds	Gary A. and Theresa M. Wakefield
Bristol	38 Shore Dr.	Single-Family Residence	\$551,000	Philip Mulhern RET and Carol A. Hender	son38 Shore Dr. Trust and Susan B. Gray
Bristol	17 Village West Dr., Unit 10	Condominium	\$309,533	Susan B. Gray	Victor and Virginia Raposo
Campton	51 Alden Dr.	Single-Family Residence	\$360,000	Marissa A. Prata Travis M	AcMenimon and Sophy Em-McMenimon
Thornton	8 Camp Rd.	Single-Family Residence	\$80,000	Alison M. Chase	Caitlin B. Bowler
Thornton	71 Waterville Acres Rd., Unit	6 Condominium	\$325,000	Timothy J. Francis and Christina Elmore	Emily and Jeffrey Hannigan
Waterville Valle	ey Mountain Sun Condo Unit	15Condominium	\$47,533	Joseph E. and Jaime L. Hannon	Marie A. Marin
Waterville Valle	ey 28 Packard Rd., Unit 206	Condominium	\$80,000	Godparents Trust and Edward N. Smith	Kaelan Crawford and Alyssa N. Smith

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Comfort FROM PAGE A6	worry free in the com- fort of their homes. Comfort Keepers		since 2005. Let us help you stay independent. Please call 603-536-		com for more informa- tion.		orma-	Institute, National In- stitutes of Health. Cat- aracts: signs, symptoms	ingcare.com/Articles/ What-is-a-Cataract- age-related-eye-diseas-
	have been serving New		6060 or visit our Web site		References			and diagnosis. Retrieved	es-108282.htm
that may deter cataracts	Hampshire	residents	at	nhcomfortkeepers.	The	National	Eye	on July 5, 2012 from ag-	
from developing. These									
include:									

Refrain from smoking, drinking and steroid use (unless steroids are deemed necessary by your doctor to treat a medical condition)

Wear sunglasses that protect your eyes from harmful ultraviolet light when outdoors

Make sure your diet contains green, leafy vegetables and other foods that have high levels of antioxidants

Talk with seniors to ensure they understand the warning signs and symptoms of cataracts. Encourage a visit to a vision specialist if there is concern. The earlier a diagnosis is made, the better the chances of treating conditions that affect they eyes as people age.

SLA **FROM PAGE A4**

the Adventure Ecology programs at the SLA, who perform essential conservation work in support of the Association's mission.

The Squam Lakes Association is dedicated to conserving for the public benefit the natural beauty, peaceful character, and resources of the watershed. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region.

19. Satisfy

21. Of a particular people or

23. Movements in quick tempos

localized region

24. Able to pay one's debts

26. Dueling sword

30. Court is in it

27. Helps

25. Fleshy bird beak covering

No Two Alike: A StoryWalk at Whitten Woods

Whitten Woods, a 500-plus-acre property, is owned by the New England Forest Foundation (NEFF), on which the Squam Lakes Conservation Society holds a conservation and trail easement, and the trails are maintained by the Squam Lakes Association (SLA). A StoryWalk[®] is a fun, educational activity that places a children's story (literally a book taken apart) along a popular walking route in your community, in this case Whitten Woods. The StoryWalk[®] Project was

created by Anne Ferguson of Montpelier, Vt. and developed in collaboration with the VT Bicycle & Pedestrian Coalition and the Kellogg Hubbard Library.

We hope you enjoy Keith Baker's story where you will join two birds on a snowy jourthrough the winter nev woods exploring how everything everywhere is wonderfully unique. As you walk along while reading the story, remember to look to see if anythingin the woods is exactly the same! From snowflakes, to branches, to even the friends you are with... After exploring the story along the trail be

sure to visit the Ashland Town Library for a fun craft activity inspired by this story.

The StoryWalk will be up from Wednesday, March 1-Sunday, April 30.

Volunteer Trail Work Days with The Squam Lakes Association

Volunteer with Lakes Conservation Region Corps members for a day of trail work on Thursdays from 9 a.m. to 1 p.m.! We will focus on clearing drainages, removing blowdowns, clearing branches that encroach within the trail corridor, and brushing in portions of the trail

where the path is unclear.

Dates: April 27

As always, this work is weather dependent. Should any changes to plans arise, we will provide updates. We encourage help from volunteers who love the outdoors, enjoy hands-on conservation work, and are excited to work with our LRCC members!

To register for this

Comfort Keepers® can help

We believe that every senior should experience the best in life. At Comfort Keepers[®], we create individual care plans for every client. These plans include wellness goals that consider physical, mental and emotional health. Our caregivers can help support physician-prescribed exercise plans and help seniors engage in the activities they love the most. And our caregivers can help seniors stay connected with loved ones through video chats, phone calls, and care updates. If you have questions about Comfort Keepers uplifting in-home care services, don't hesitate to contact us today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship,

transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently

program, head to Squamlakes.org/calendar or call Squam Lakes Association at 603-968-7336. To learn more about volunteer opportunities for your small and large groups, email rcoughlin@squamlakes.org.

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23	+	+					-	24	+			+			4. Muscular weaknesses
			25					26							5. Ottoman military title
			25					20							6. Banes
27	28	29						30				31	32	33	7. Horse-riding seats
34	-	-										35	-		8. Arms of a shirt
															9. Narrow path along a road
36			37	38	39	40		41	42	43	44				13. Viper
			45					46							14. Disfigure
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13. Rectify 15. Denular Dadge truck model					54. Compel to do something					41. Infielders					
15. Popular Dodge truck model 16. Beef or chicken intestine					55. A way to carve					42. Keep under control					
TO. DEET OF CHICKEN INTESTINE					55. A way to carve					43. Herb					

56. Sao ___, city in Brazil

61. Car mechanics group

60. A way to soak

62. Born of

63. Time zone

64. Sea eagle

65. Even's opposite

57. Mustachioed actor Elliott

59. American Idol runner-up Clay

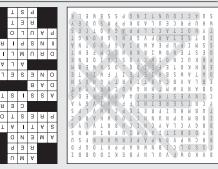
58. Swiss river

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MONEY & FINANCE WORD SEARCH

ACCOUNTING, APPLICATION, BANK, BANKRUPTCY, CHECKING, CREDIT, DEBIT, DEBT, DEPOSIT, FINANCE, INQUIRY, INTEREST, INVESTMENT, LOSS, MONEY, PAPERWORK, PROFIT, RATES, RECONCILE, SALARY, SAVINGS, SOLVENT, STATEMENT, WITHDRAWAL



Talk of the Towns

SALMON PRESS, THURSDAY, APRIL 13, 2023 A11

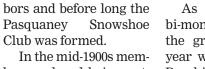
Mount Prospect Academy scores big at robotics competition

DURHAM — Karen McAlpine, a teacher at Mount Prospect Academy couldn't contain her excitement when heard the news. she Just days after returning from the SeaPerch Robotics Competition in Durham, she learned her students had earned top 10 honors.

McAlpine, along with fellow instructor, Connor Sullivan assembled their team of two middle and four high schoolers back in January as part of their Adventure Science class. Their goal was to participate in the competition while incorporating the rigorous process of preparation into their curriculum.

"It starts with a kit," she explained. "The kit contains everything you need to assemble a remote operated vehicle (ROV), designed to not only follow the commands of its human operators but to endure the challenges of functioning underwater. We actually ordered 3 with the intention of putting the best performing ROV into the competition."

Assembling the robots was no easy task. The accompanying instructions were limited



new



and the whole process required lots of problem solving and ingenuity. McAlpine's students proved up to the task. The whole MPA campus was abuzz with how quickly they took to designing and creating their vehicles. By the end of February they were ready to test them. The challenge was, they didn't have a facility on campus in which to do SO.

"That's where Alex Ray stepped in," McAlpine said. "You can't just wait until the day of competition, throw them in the water and cross your fingers. Alex gave us access to the pool at the Common Man Spa so we could see first hand how each ROV was responding and practice maneuvering and working as a team."

The competition itself consisted of three separate judging categories. The first was a technical design report, where students include data analysis to describe the process of their engineering design. The remaining two involved actual operation, which included maneuvering the ROV underwater through a series of hoops, around obstacles and in patterns that simulate ocean mapping techniques. One task even included pushing and picking up

odd shaped objects on a steep ramp. At no point were adults permitted to assist. 2 students were in charge of operating the vehicle; two guiding the tether, while the others provided technical support and helped document their experience.

"We placed 10th out of 26 high school teams. Pretty good considering our team included middle schoolers and we were competing against some formidable opponents like Phillips Exeter Academy," McAlpine said.

For now, McAlpine plans to keep the ROV and other competition mementos on display at the school so others can share in their accomplishment. But there's no resting on laurels, as she and the students are already preparing for an even better showing at next year's competition.

"I think what Karen, Connor and the rest of our team here at Mount Prospect Academy does is incredible," says John Superintendent Fulp, and Director of Operations at MPA. "Remember, we're a placement school, committed to taking in kids who are having difficulties being successful anywhere else. It just goes to show that everybody has the potential to achieve great things. Sometimes we just need to teach differently; get kids excited about something and let their natural curiosity take over. I couldn't be more proud of our team here and what they accomplish, every day, with our amazing students."

Snowshoe FROM PAGE A1

concept grew to include other friends and neighbors and before long the Pasquaney

In the mid-1900s members so loved being out-

roster. "We'd love to attract members and more young people, too, though," said Cate.

As part of their bi-monthly gatherings, the group begins each year with a New Year's Day hike up Inspiration tures whether by kay-Point in Bristol. Another tradition is a snowshoe trek up Sugar Hill on the north side of downtown Bristol, concluding with a barbecue. Hikes are scheduled every second and fourth Sunday from January through the month of June, but no one is required to take part- it's up to each member to choose which of the designated hikes they are able or willing to take part in. Due to hotter temperatures in July and August they have typically taken those two months off, before kicking back into gear for some beautiful autumn hikes. Then, in the end of October, they their annual meeting to discuss their hikes, activities and plans for the future before taking another break for the year. "We could easily get together for hikes in November and December if people are interested, but most just seem to get too busy that time of year," said Cate.

aged to suggest activities for their agenda, whether they be on snowshoes or in boots, in central New Hampshire or anywhere within an easy driving distance. They don't have to be foot travel either. Cate said adven-

already agreed to assist the Bristol Rotary Club for two cleanups in the White Mountains. The first will be on the Kancamagus Highway on June 3, with the second Notch.

"The more volunteers

way to meet people and make friends," Williamson said.

Annual membership fees are \$5 for one person, \$10 for a fam-The registration ily. on July 22 in Pinkham fees not only help them put together quarterly newsletters filled with reation, too. Inquiries about activities hosted by Pasquaney Snowshoe Club can be made to virginiacate@comcast. net while anyone wishing to simply join their growing list of members in New Hampshire's oldest snowshoe club

side to enjoy the long winter months that they created a Winter Carnival at Kelley Park in Bristol. Each year they would build a toboggan run, a ski jump, offered ice skating at a rink in the park and even held a Snow Ball where they crowned a King and Queen of the carnival.

Over time, as the snow began to melt and the snowshoes were hung up for the year, friends in the club continued to gather together to hike and enjoy other fair weather outdoor activities, including an August Snowshoe race.

While Pasquaney Snowshoe Club began in the Newfound Remembers now gion. come from not only all across the state but New England and beyond, comprised of people who appreciate outdoor adventures and social gatherings. As they enter their 112th year club president Ginny Cate is pleased to note that there are approximately 115 members from 73 families still on their

Throughout the year, members are encour-

aks, canoes and bicycles, or fun social gatherings in the great outdoors are always welcomed.

"We're very much a social group and we're always looking for someone to host a hike somewhere," she said, explaining that a host would suggest an event, plan out parking arrangements and lead those who sign up for that day's trip.

Past adventures have been snowshoeing on Lynch Farm in Hill, hiking to Plymouth's Rainbow Falls, Alexandria's Mt. Cardigan, Little Sugarloaf and much more. The club does not limit their outdoor adventures to the Newfound/ Pemi-Baker area though. Hikes through the White Mountains, the Belknaps and beyond are always considered if a member has a particular trail they wish to share with others.

The club is also very civic minded and looks to participate in any cleanup or maintenance work on trails or natural area. In fact, they have

we attract, the more impact we will have," Bristol Rotary said, and that caught the attention of Pasquaney Snowshoe Club.

Those interested in participating. whether as individuals or a group, can find more information at www.rotarycleans.org where they can also register to take part.

Miller said registration is important for either of the two projects so organizers know how many lunches to provide for their volunteers.

"We're always looking for other trails to clean, too, so if you join us, let us know what you'd like the group to become involved in," she said.

And if lengthy hikes, snowshoeing or other forms of somewhat adventurous outdoor recreation isn't for some, Ken Williamson has also started a friendly Wednesday Walk Group for members who just want a little fresh air and exercise.

"If you're new to the area, this club is a great

upcoming activities that members can sign up for, but each year the club also makes a donation to Tapply Thompson Community Center in Bristol so children can enjoy outdoor sports and rec-

Law FROM PAGE A7

or older, any money and property will go to them automatically based on the provisions in your documents. Are you still okay with that? Now that your child is older and you have a better understanding of their needs and abilities, you may want to consider changing how they receive money and property. They may require more

should send an email to Miller at catlover06053@ gmail.com. People can also visit their Facebook page for an introduction to some of their past adventures.

than you had originally planned or perhaps they are successful enough that they would be fine without an inheritance from vou.

If you do not have an estate plan or have not completed it

The only way to truly protect yourself and your loved ones is to have an intentional, thoughtful and legally enforceable estate plan.



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Churches

A12 SALMON PRESS, THURSDAY, APRIL 13, 2023

Ashland Community Church

We are starting a series of messages on the Parables of Jesus and how they relate to us, today. Jesus spoke in parables many times.

They were used to awaken people by challenging them to think, to be aware that there is much more to life. But too often we don't look and listen deeper than what is right in front of us. He didn't want people to be naive and blind to God's ultimate plan and how God will accomplish that plan. We are an important part of that plan.

"And the disciples came and said to him, Why do you say things to them in the form of stories? And he said to them in answer, To you is given the knowledge of the secrets of the kingdom of heaven, but to them it is not given. Because whoever has, to him will be given, and he will have more; but from him who has not, even what he has will be taken away. For this reason, I put things into the form of stories; because they without seeing, see and give ear without hearing, and the sense

is not clear to them." (Matthew 13:10-13)

Please join us at 9:30 a.m. Sunday, 8 Washington St. Visit our Web site,

https://ashlandumc. faithlifesites.com/.

Campton Congregational

Sunday, April 16

9:30 a.m. Sunday Service, Rev. Jeff Robie will lead us in Worship

10 a.m. Children's Sermon/Sunday School. Following Worship we gather for coffee, goodies, and fellowship.

Tuesday, April 18 10:30 a.m. Bible Study Noon BYO Lunch 1 p.m. Ladies Guild 6 p.m. Bible Study on

Zoom The week following Easter Sunday is commonly known as "Easter Week." Overall. Easter Week is a time of deep spiritual significance and serves as a reminder of hope, joy, and renewal that are central to our Christian faith. Join us Sunday as we continue to celebrate the Resurrection of Jesus Christ and be inspired

tor Jeff. All are welcome Sunday mornings, as we come together to worship and praise

by a sermon from Pas-

God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world.

Our Services are available on Facebook. Bible studies are available on Zoom. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223.

Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, Plymouth

Last Easter Sunday many members and friends enjoyed seeing the nearly completed Sunday school room! All is ready for new art and Bible study posters on the walls, as students add their own contributions, as they've enjoyed doing in the past. Our Sunday school, takes place during the church service. In the classes children and young people learn Bible-based lessons which help them in at school, with friends, at home and in community.

We welcome all to our Sunday church services at 10 a.m. in our Emerson Street building. The Bible lesson sermon this coming Sunday includes these words from Deuteronomy: "The Lord shall establish thee an holy people unto himself, as he hath sworn unto thee." This lesson can be studied during the week, and will be read this Sunday in more than seventy countries around the world.

Our Wednesday meetings are at 6 p.m. each week. It begins with short readings from the Bible and from the Christian Science textbook. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. We'd love to have you join us.

Please visit our Web site at www.cs-plymyou outh-nh.org if would like to join in our services by zoom.

ish-online.com At you'll find a wealth of articles and audio offerings which are new each week, including ones for children and teens. This week's podcast on jsh. christianscience.com is an interview "Feeling awe on a daily basis." There are lots of interesting articles on the

site as well.

The Reading Room in our church building is open Monday noon to 2 p.m., where you can read these articles. The reading room has just gotten in several books young children for based on loved Bible stories. We welcome you to browse, and borrow all books and resources, and there are free magazines to take home.

Starr King Unitarian Universalist **Fellowship**

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom. Nursery and childcare services are available. Religious education classes are offered every week.

April 16

The Rhetoric of Resistance **Reverend Linda** Barnes

Words matter; they hold power. Part of being an open and welcoming congregation means that we are aware that

our actions and our words matter. Join us as we explore the power of words to manipulate, persuade, include, or exclude others.

Unitarian Universalism is a caring, open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation.

For more information and Zoom link visit our Web site: www.starrkingfellowship.org.

Wentworth Congregational

At this time we are hosting a rotation of speakers each Sunday. Here is our list of speakers: April 16—Cindy Petrie April 23-Lynn Morrison April 30—Rebecca Larson May 7—Communion Service at W. Rumney

Church, 9 a.m. May 14-Rev. Cindy Petrie

Blessings to all!



ALEXANDRIA Alexandria United Methodist

12 Washburn Rd. Alexandria Village, Alexandria 9 a.m. Sunday Worship Service Pastor Mark Lamprey • 603-744-8104 Methodist Church April 16th Easter Worship @ 9a.m.

ASHLAND

Ashland United Methodist

18 Washington St., Ashland 9:30 Sunday morning Worship Service Visit our Website: https://ashlandumc.faithlifesites.com/ for more information and recordinas of the Services. Pastor Roger Kleinpeter 1-603-254-7796

Ashland Community Church

55 Main Street - Ashland (across from Shurfine Market) 10:00 a.m. Worship August 18 – September 15 Teaching Series: "I Love My Church!" Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden. Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings. New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019. Pastor Ernie Madden (603) 968-9464 accernie@hotmail.com

Emmanuel Episcopal Church

18 Highland Street, Ashland (603) 968-7640 9:30 am Sunday School and Worship Rev. Stephen Rugg

Bristol Bristol Baptist Church

30 Summer Street, Bristol, NH 03222 (603) 744-3885 SUNDAY

 Worship service with music as well as the Scriptural message and time of fellowship, 10:00 a.m. •We also do "live streaming" of this service. Sermons/message of each week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ

15 Church St., Bristol 9 a.m. Bible Study • 10 a.m. Sunday School 10 a.m. Worship Service • Child Care Available • 744-8132

Our Lady of Grace (part of Holy Trinity Parish)

2 West Shore Rd Bristol, NH 03222 Mass Schedule: 9:30 AM on Sundays (this is the only Mass on Sundays year round now). Daily Masses: Tuesdays and Thursdays at 8 AM. Eucharistic Adoration every Thursday after Mass until 10:00 AM. Parish office for both locations: 11 School St, Plymouth, NH 03264, Phone: (603) 536-4700.

CAMPTON Campton Baptist Church

1345 Main Street, Campton (603) 726-4662 Sunday 10 a.m. Worship Service followed by Time of Fellowship Monday 4 p.m. Bible Study Wednesday 7 p.m. Prayer Friday 5:30 p.m. Dinner & Movie (free) Women's Gathering 2nd Tuesdays 10 a.m. Men's Breakfast 2nd Saturdays 7 a.m. "Digging Deeper" Service 3rd Sundays 7 p.m. Food Pantry by Appointment All are Welcome • Handicapped Accessible Pastor Chuck Green

Campton Congregational

#495 Rt. 175, Campton 9:30 a.m. Sunday Worship Service Nursery and Child Care Available 10:30 a.m. Tue. Bible Study for Youth & Adults Rev. Jeffery Robie • 536-2536 Member NACCC

New Light Chapel

Southmayd Plaza (off I-93 Exit 28) 24 Southmayd Road, Campton (Across Route 49 from Campton Mobil) 10:00 a.m. Sunday Worship Service Childcare and Children's Ministry available Pastor Steven Veinotte www.newlightchapel.com

DANBURY

Danbury Christian Church High St., Danbury 9:30 a.m. Sunday School 11 a.m. Morning Worship Tuesdays 6:30 p.m. AWANA Thursday. 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury

"All Are Welcome" Rt. 104 — Near Center of Town 9:30 a.m. Sunday Worship Service 9:30 a.m. Sunday School Contact: Sylvia Hill, Deacon at 768-3936 danburypastor@myfairpoint.net

HANOVER **Our Savior Lutheran Church**

5 Summer Street, Hanover • 643-3703 10:30 a.m. Sunday Service of Holy Communion and Children's Church 9:15 a.m. Adult Education Hour

HEBRON

Union Congregational Church

15 Church Lane, Hebron 603-744-5883 Come help us celebrate the resurrection of our Lord, Jesus Christ, during this season of Easter. All are welcome! Worship Service - Sunday10am Communion being served first Sunday of each month Coffee Hour following service Recorded Services on website

www.hebronchurchnh.org Rev. Mary Jane Barber

HILL

Picturesque "1800" Hill Center Church Non-denominational, All Welcome Murray Hill Rd. 5 p.m. Sunday Services June-October Rev. Carol Snow-Asher • 744-7864

Hill Village Bible Church

9 a.m. - Sunday School 10 a.m. - Morning Worship 11 a.m. - Coffee Fellowship 11:30 a.m. - Bible Hour 6:30p.m. - Wed. Prayer & Bible Hour Teen/Childrens' Ministries Nursery provided at all services Pastor: Rev. Daniel Boyce Youth Pastor: Nathan Pelletier www.hillvillagebiblechurch.com Look for us on Facebook

HOLDERNESS

Holderness Community Church 919 US Route 3 – P.O. Box 613

Holderness, NH 03245 Worship Service –Sunday 10 a.m. Rev. Chris Drew - 968-3219 www.holdernesscommunitychurch.org

NEW HAMPTON New Hampton Community Church

• 744-8252 A Christian Church w/ a Family friendly atmosphere • Main St. New Hampton 10 a.m. Sunday Worship Nursery care, Children & Youth ed. Small groups throughout the week in area homes

PLYMOUTH

Calvary Independent Baptist • 536-3024 115 Yeaton Rd., West Plymouth 8:45 a.m. Sunday Morning Service 10:30 a.m. Sunday School 6:30 p.m. Sun. Evening Service-Tilton 7:00 p.m. Tuesday Evening Service Dr. Chester W. Kulus, Pastor

Christian Science Society

7 Emerson St., Plymouth 10-11 a.m.-Sun. Service/Sun. School Wed. 6:00-7:00-Testimonial Meeting www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints 354 Fairgrounds Rd., Plymouth 10:00a.m. Worship Service 11:10a.m. Sunday School Kevin Simpson • 536-3664

Gateway Alliance Church 9 Fairgrounds Road, Plymouth • 536-3043

Sunday School and Adult Education 9:45 a.m. Worship Service 11:00 a.m. (Nursery Care is available) Dennis Simmons, Pastor gatewayalliancechurch.org

Grace Baptist Church

Meeting temporarily at the Baker River Bible Church at 259 Route 25, Wentworth, NH 1:30 p.m. - Sunday School for all ages 2:30 p.m. - Sunday Worship Service Thursday, 6:30 p.m. - Teen and Adult Bible Study Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club (from September - May) Fall Meetings with Morris Gleiser, October 18-22. Sunday, 1:30 and 2:30 PM; Monday -Thursday at 7:00 PM. Visit www.gbcnh.org for sermons and more information.

Holy Trinity Parish (Roman Catholic)

Our Lady of Grace Chapel 2 West Shore Rd, Bristol St. Matthew Church 11 School St in Plymouth NH. Parish Office: 11 School St in Plymouth (603) 536-4700. Office email: holytrinitynh@gmail.com Communications coordinator: Christine Chiasson email: chrischiasson@holytrinityparishnh.org. Pastor: Fr. Mark Dollard. Instagram: holyTrinityNH. FB page is Holy Trinity News and Info.

Plymouth Congregational **United Church of Christ**

Sunday Worship 9:30 AM on Facebook Live Virtual Sunday School 9:30 AM Open and Affirming, Just Peace Global and Local Missions. Fully Accessible Pastor, Rev. Sara M. Holland Ashley Paine, Organist/Accompanist David Williams, Director of Music 536-2626 • www.uccplymouth.org

Plymouth United Methodist Church 334 Fairgrounds Road (603)536-1941 Sunday Morning Worship 9:30 am weekly

Restoration Church 319 Highland Street, Plymouth NH 10:30 am morning service We Care Food Pantry Open every Monday from 10-2

Starr King Unitarian **Universalist Fellowship**

101 Fairgrounds Rd., Plymouth 536-8908 9:30 a.m. Sunday Service and Church School & Nursery Care Rev. Linda Barnes www.starrkingfellowship.org

RUMNEY

Rumney Baptist Church **Rumney Baptist Church** Rev. Seth Powers, Pastor

375 Main Street • 786-9918 rumneybaptist.org office@rumneybaptist.org Like us on Facebook Sundays: 10:00 a.m. Sunday Worship Service Livestreaming on YouTube Blended, worshipful music Relevant Bible teaching Children's ministry 6:30 p.m. Mondays: Teen Worship Service Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ 1218 Old Route 25, West Rumney Sun. Worship 9 a.m., All are welcome.

THORNTON

Thornton United Methodist 22 Church St., Thornton Off Cross Road between Rts 3 & 175 Call 603-726-3774 for more information or to leave a message.

WARREN

Warren United Methodist Church On the Common, Warren, NH Sunday Worship 1:30 p.m. Sunday School 10 a.m. Rev. Dr. David Palmer • 787-6887

WENTWORTH

Baker River Bible Church

259 Moosilake Hwy., Wentworth * Sunday School - 9:45 a.m. * Morning Worship Service 11:00 a.m. * Potluck Lunch - 12:00 noon * Afternorship Service 1:30 p.m. * Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 p.m. Rev. Bruce Michaud, Pastor 764-9406 or 786-9550

Wentworth Baptist Church Independent, Fundamental, K.J.V. 260 Cape Moonshine Rd., Wentworth 9:30 a.m. Sunday School

10:30 a.m. Sunday Service 1 p.m. Sunday Afternoon Service 7 p.m. Wednesday Evening Service 764-9800 www.wbcnh.org

Wentworth Congregational Church Wentworth Village Road (Common) wentworthcongregationalchurch.org Sunday services: 10:15 a.m., Sept.thru May. 9:00 a.m., May thru August 764-9081

WOODSTOCK Pemi Valley Church

1091 Rte 3 South Woodstock, • 745-6241 ALL ARE WELCOME Wednesday - 6:30 p.m. Bible Study and Praver Group. Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments. Reverend John Muehlke Jr.

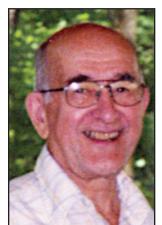
Obituaries

Eldwin "Ed" A. Wixson, Jr., 91

PLYMOUTH. NH: Eldwin "Ed" A. Wixson, Jr. died peacefully at home in Plymouth on April 6, 2023, attended by his beloved wife of 47 years Marilyn (Barden) Wixson. He was 91 years young.

Born in Waterville, ME on November 30, 1931, Ed was the son of Eldwin A. Wixson, Sr. and Hope (Craig) Wixson. He was predeceased by his first wife, Rowena Palmer with whom he had four children: Cheryl, Jennifer, William and Wesley. He was also predeceased by his sister Faith (Wixson) Varney and her husband Erlon Varney, and by his cousin Sharon Clark.

He earned his B.S. in Agricultural Engineering from the University of Maine at Orono in 1953. At that time, Ed also was commissioned as a 2nd Lieutenant in the U.S. Army, through the R.O.T.C. program. While Ed began his education in agricultural engineering, he shifted his focus to mathematics and mathematics education, receiving master's degrees from Colby College and Temple University and a Ph.D. from the University of Michigan. Ed taught Waterville at and Winslow high schools and Keene State College before becoming a full professor of Mathematics Education at



Plymouth State College.

On July 31, 1976, Ed married Marilyn with whom he had two children, Jonathan and Jessica. Both Ed and Marilyn taught in the Mathematics Department at Plymouth State for many memorable years, both retiring in 2003. Over the years their travel adventures took them across the United States and to Canada, Europe, Australia and New Zealand. Ed loved to play card games and was a lifelong bridge player. Both he and Marilyn played bridge recreationally and competitively, with Ed playing three games a week right up until his death.

Ed was very active in the greater Plymouth community, serving as a member of the Plymouth School Board, Plymouth Planning Board, board of the New Hampshire Electric Co-op, board of Speare Memorial Hospital and board of Rural Utilities Ser-

vices CFC. He was a founding member of Plymouth Community Guaranty Savings Bank.

Ed is survived by his wife Marilyn; his daughter Cheryl Wixson and husband Phillip McFarland of Stonington, ME; daughter Jennifer Wixson and husband Stanley Luce, of Troy, ME; son William Wixson and wife Robin of Belmont, NH; son Wesley Wixson and wife Lori, of Bow, NH; son Jonathan Wixson and wife Christin, of Ashland, NH; and daughter Jessica Wixson Shaw and husband Sky, of Plymouth, NH; twelve grandchildren and eight great-grandchildren; and Sharon's husband Glenn Gruber.

Calling hours will be held Friday, April 14, 4-6 pm at Mayhew Funeral Home, 12 Langdon St., Plymouth, NH. A Celebration of Life will be held Saturday, April 15, 2:30 pm at the Plymouth Congregational Church UCC, 4 Post Office Square, Plymouth. The Mayhew Funer-

al Homes and Crematorium in Meredith and Plymouth are honored to assist the Wixson family with their arrangements. To sign The Book of Memories, go to; www.mayhewfuneralhomes.com

LACONIA -Fay A. Jacques, 93, of Laconia, died on Thursday, April 6, 2023, at her home.

Fay was born on October 20, 1929, in Wentworth, NH, the daughter of the late Mervin Kent Newton and Hel-

Laconia - Norman Small died peacefully at Ledgeview Nursing Home at the Taylor Community in Laconia, NH on April 5, 2023. He now rests in the arms of his Lord and Savior, Jesus Christ, awaiting the promised general resurrection when Christ returns in power and glory and a reunion, with those who have gone before us, in

faith. Norman was born in Ayer, Massachusetts, on July 16, 1932, the first child of Clifford F. Small and Evelyn (Towle) Small. He is predeceased by his wife of 65 years, Carol A. (Maskell) Small and his daughter, Carolyn G. Plummer. He leaves his son, The Reverend Steven A. Small, his wife Kelley, and their children Katharine Oikle and Abigail Borchelt and their spouses. He also leaves his son-in-law, The Reverend Donald W. Plummer, and his children Christie Goodwin and Andrew Plummer and their spouses and a sister, Nancy Small Pritchard of Elizabeth City, North Carolina. Norman also had nine great grandchildren and several nieces and nephews.

Norman graduated from Melrose High

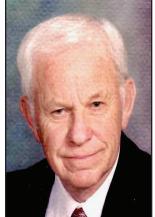
Fay A. Jacques, 93

NH.

mask.

Newton of Sanborn- her two sisters, Arline ton, NH; and her nieces and nephews, Janice Osgood of Hinesburg, VT, Fenton Hill of Gaston, OR, Diane Musante of Marana, AZ, Donna Wright of Concord, NH, Eric Wright of Bedford, NH, Kent will be greatly missed. Newton of Belmont. MA, Douglas Newton of Northborough, MA, Mark Newton of Nashua, NH, John Newton of Warren, NH, Jeff Newton of Bath, NH, Jason Newton of Warren, NH, Justin Newton of Warren, NH, Shayne Newton Leominster, MA, of James Newton of Gilford, NH, Jami Newton Clewley of Gilford, NH, Elaine Porter of Bradenton, FL, Claire Perrier of Terrel, NC, Gayle Drouin of Laconia, NH, and Francis Drouin of Sanbornton, NH. In addition to her parents, Fay was predeceased by her husband, Roger L. Jacques in 2004, and

Norman Small



School in 1950 and attended Bentley College, MIT and Harvard University. He began his career in sales for Anaconda American Brass Company which became Atlantic Richfield. In 1985 he founded Northeast Industrial Sales Company, selling machine tool parts throughout New England and beyond. He fully retired at age 70.

Norman and Carol built a home in Wakefield Massachusetts in 1962 where they raised their family. In 1987 they moved to Gilmanton, New Hampshire. Upon Carol's death Norman moved to the Taylor Community in Laconia.

Norman's life was significantly influenced by his maternal grandfather, Ernest Towle, who passed on his deep faith. Norman served as Chair of the Board of Regents of Berkshire Christian College in Lenox,

T. Hill of Wentworth,

NH, and Beverly A.

Wright of Glencliff,

ter, mother, mother-in-

law, aunt, and friend

was deeply loved and

Fay, a daughter, sis-

Massachusetts.

SALMON PRESS, THURSDAY, APRIL 13, 2023 A13

He enjoyed time on both Lake Willoughby and Newfound Lake. He was dearly loved by his entire family and was a Christian gentleman in every sense of that phrase. Norman was a person of the highest integrity with a wonderful sense of humor and an incredible work ethic. He will be deeply missed by his family and many friends.

A service of worship in celebration and thanksgiving will be held on Saturday, June 10th at 11am at the First Congregational Church in Pittsfield, New Hampshire where he and Carol were members for more than a decade. A private burial, following cremation, will be in the family plot in the cemetery of the First Congregational Church in Gilmanton.

Gifts may be made in Norman's memory to the Building Fund of the First Congregational Church at 24 Main St, Pittsfield, NH 03263.

The Roan Family Funeral Home – Still Oaks Chapel in Epsom is assisting the family with arrangements. To share a memory or offer a condolence please visit www.roanfamilyfuneral.com.

A Memorial Service will follow immediately at 6:00 p.m.

Burial will be held April 29, 2023 at 11:00 a.m. at Pine Grove Cemetery, Gilford, NH.

In lieu of flowers, donations may be made to the Laconia



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en Dorothy (Rollins) Newton.

She graduated from Orford High School as Valedictorian in 1947, and was a longtime resident of Gilford. NH, and Laconia, NH. Fay had been employed by New England Telephone Company - now Verizon – for 34 years, retiring in 1991.

Fay is survived by her daughters, Cynthia A. Jacques of Rio Rancho, NM, and Elizabeth M. Blair and her husband Alan S. Blair of Medfield, MA; her brothers, Mervin D. Newton of Vieques, Puerto Rico, Robert H. Newton and his wife Sylvia Newton of Warren, NH, and Ivan W.

A Calling Hour will be held on Thursday, April 13, 2023 from 4:00 p.m. to 6:00 p.m. Wilkinson-Beaneat Simoneau-Paquette Funeral Home, in the Carriage House, 164 Pleasant Street, Laconia, NH. The family wishes all in attendance to please wear a

Salvation Army, 177 Union Avenue, Laconia. NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St. Laconia, NH, is assisting the family with arrangements.

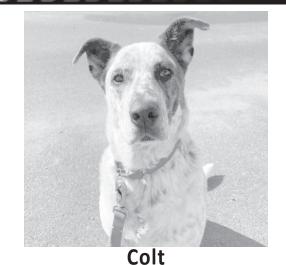


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Jenni

I'm Jenni and I bet you want my number, or the one for the shelter to come adopt me! I am most comfortable around the people I know and would probably do best with adults only. There is potential for me to share a home with a male dog, of course we'd have to meet first. A low traffic home able to help me build my confidence with new people would be best!



Meet Colt! This pup is beyond smart and would be an amazing companion. He knows so many tricks and commands... especially "treat?". He enjoys nothing more than getting to go for long walks outside, need a hiking buddy this spring? After a long day outdoors, Colt will be ready for snuggles and watching your favorite movies. He would be a candidate for a home without other animal friends.



Local News

A14 SALMON PRESS, THURSDAY, APRIL 13, 2023





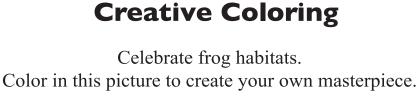
THESE AMPHIBIANS ARE CARNIVORES, WHICH MEANS THEY NEED MEAT TO SURVIVE.

ANSWER: FROGS



ENGLISH: Frog

SPANISH: Rana



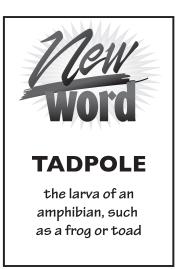




• **1865:** PRESIDENT ABRAHAM LINCOLN DIES AFTER BEING SHOT THE PREVIOUS EVENING BY JOHN WILKES BOOTH.

• **1912:** THE BRITISH PASSENGER LINER RMS TITANIC SINKS IN THE NORTH ATLANTIC AT 2:20 A.M., TWO HOURS AND FORTY MINUTES AFTER HITTING AN ICEBERG.

• **1947:** JACKIE ROBIN-SON BREAKS THE COLOR BARRIER IN BASEBALL.

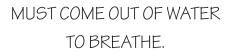




ITALIAN: Rana

FRENCH: Grenouille

GERMAN: Frosch

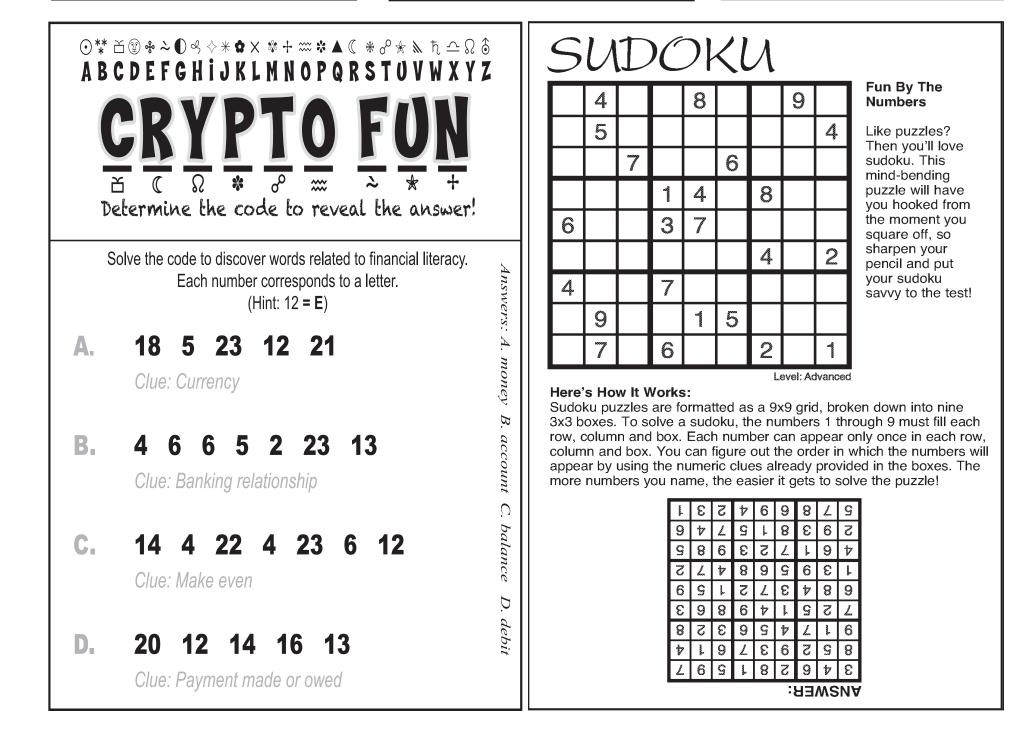






Can you guess what the bigger picture is?

ANSWER: FROG FACE



Local News

Ashland FROM PAGE A1

Board Association, Sandra Coleman as the representative to the Bud-Committee (with get Farris as the alternate). Coleman on the Well-Committee, and ness Heath on the Facilities/ Building Committee. The board adopted their own meeting schedule, on the first Tuesday of every month except in July. They were presented with an end of the year calendar proposal, which would have 8th grade graduation on Wednesday, June 14; the last half day of classes on Thursday, June 15, and the last day for teachers on Friday, June 16. At Foote's suggestion, the board decided to have the last day of classes and the graduation on June 14, and the teachers' last day on June 15. The Board adopted the calendar for the 2023-2024 school year as presented by the administration, which matches the Plymouth Regional High School schedule except for a few teachers inservice days. School will begin on Monday, Aug. 28 and end on Monday, June 10 (provided there are no snow days). The Superintendent nominated Principal Kelly Avery and 23 professional staff members for the 2023-2024

year. After a non-public session, the Board voted to approve the nominations.

Principal Avery reported on school activities. As of April 1, there were 159 students enrolled in the school. Parent-teacher conferences were held on March 20. The Mathalon season is in full swing. The National Junior Honor Society had inducted four new members that morning. The middle school students will take a field trip to a performance at the Capital Center in Concord on April 10. Author Marty Kelley will visit the school on April 14. I Love to Read and Write

Week will be held from April 17 to 21. On the 21st, there will early release for the students to begin the week long Spring Recess. The Spring Concert is scheduled for May 25. The principal named as staff members of the month Athletic Director John McDonough and Special Education paraeducator Evan Press.

The Superintendent explained that the search for Federal funds to improve the energy efficiency of the school buildings was still underway. The ventilation project has run into a snag that may delay the project. The breaker ordered for the project

Quarterfinals **FROM PAGE A1**

secure their spot in the quarterfinals.

The winner of the game will move on to the semifinals where they will meet the winner of the final quarterfinal game, either Oyster River High located in Durham or Trinity High located in Manchester.

Hosted by Bow High School teacher and former Granite State Challenge coach (Bedford High), contestant (Belmont High), and Granite State Challenge crew member, Jon Cannon, Granite State Challenge features New Hampshire's top high school academic quiz teams as they demonstrate remarkable teamwork, quick thinking, and smarts to beat the clock and buzz in first on this iconic New Hampshire game show. The game emphasizes quick recall of math, science, social studies, language arts, and fine arts facts - along with questions about current events, entertainment, sports, and New Hampshire. You can follow your favorite team, test your own knowledge with "Granite State Challenge" online quizzes, and more at the "Granite State Challenge" Web page or try your hands at daily brainteasers on the "Granite State Challenge" Facebook page. "Granite State Challenge" is funded by lead sponsor Unitil; with additional funding from NEA New Hampshire, Safety Insurance, The New Hampshire Lottery, D.F. Richard Energy, Cognia, and HRCU.

will not be delivered until September. Another breaker has been located that could be

delivered earlier, but it will cost twice as much, \$7,000 versus \$3,500. The problem is that the system cannot be tested or corrected

PSU FROM PAGE A1

have done exceptional work for the PSU community, specifically in regard to mental health awareness and giving back to the student body."

Tuesday's event was held in person for the first time in three years at the Holiday Inn Concord Downtown in Concord, New Hampshire.

Kasey Arnold - Presidents' Leadership Award Arnold, a PSU Class of 2023 graduate, was honored with the Pres-Leadership idents' Award, which recognizes students or student groups who have made outstanding contributions to civic engagement.

Arnold currently serves as a member of three executive boards, including the Student Government Association, Kappa Delta Phi National Affiliated Sorority and the Student Art Collective. Through these roles she has played a part in planning many student events such as Ski Day, Senior Week and multiple art workshops in order to bring students together. Arnold also founded The Roots Project, which is an initiative that promotes positive social behavior on campus. The project is currently being spread to other USNH campuses with the goal of creating a campus atmosphere that their professional expertise in service to the wider community and who has significantly advanced public service on their campus.

In her role as a social work professor, Dupont engages her students with a service-learning experience working with many local non-profit organizations to give them hands on experience, while also giving back to their community. With a background volunteering within the corrections, probation and parole system, Dupont is a strong advocate for social justice who continues to demonstrate this advocacy by connecting her students with the important work that non-profit partners are doing, inviting speakers to class and inviting community impact teams to prepare students for ethical engagement throughout the broader region.

Bridge House Shelter – Community Partner Award

President Birx recognized Bridge House Shelter of New Hampshire in Plymouth with the Community Partner Award, which is given to a non-profit organization that has enhanced the quality of life in the community and engaged in the development of sustained, reciprocal partnerships with a college or university.

could be delivered in time for installation and testing before school begins.

Bruce Kneuer of the New Hampshire Department of Revenue Administration explained to the Board the relationship of the year end fund

Bridge House Shelter leads the community in addressing housing insecurity and continues to engage PSU's Campus & Community Mental Health Working Group, which addresses the collective mental health of the PSU campus and the broader community. Bridge House Shelter has welcomed many PSU student volunteers over the years, not only affording them an opportunity to serve the community, but also to learn about community engagement and make intergenerational connections.

Corinne Cloutier -Newman Civic Fellow

While not part of the CCNH event, President Birx also nominated Cloutier, a junior, as one of this year's Newman Civic Fellows. The Fellowship recognizes and supports community-committed students who are changemakers and public problem-solvers at Campus Compact member institutions. Cloutier was nominated by Birx in recognition of her student leadership around philanthropic and student engagement initiatives, embodying the PSU motto, Ut Prosim, "That I May Serve."

Cloutier is majoring in sustainability studies and serves in many leadership roles including as a social action trip coordinator, a student impact ambassador in the Office of Community Impact, an orientation balance to the property tax rate and discussed retaining a portion of the unassigned fund balance. The board authorized the signing of agreements required by the Federal government. The meeting ended with a non-public session.

also serves as a member of the Philanthropy Committee for Kappa Delta Phi National Affiliated Sorority, Kappa Sigma Chapter.

She continues to play a significant leadership role across campus and has been credited with being an integral part in the implementation of two of PSU's Out of the Darkness events, which have collectively raised over \$20,000 for the American Foundation for Suicide Prevention. In addition to the work she does with her sorority, Cloutier has also been leading the Social Action Trips student organization to prepare for their work with the Gita Nagari Eco Farm & Sanctuary in Pennsylvania.

"Corinne goes above and beyond in advancing PSU's community," said Birx. "Her authentic and steady leadership has positively impacted our campus community and her dedication to service does not go unnoticed."

CCNH's programs and resources include training, advocacy, funding, legislative outreach and recognition for community-based work that both enhances student learning and provides needed public services. Annually, more than 23,000 student volunteers from CCNH's member campuses serve some six million hours in local communities through initiatives run or supported by their institu-

\$7,000 for the breaker provided it tant professor of social work at PSU, was honored with the Presidents' Good Steward Award, given to a faculty, administration or staff member who has contributed

if necessary until the

breaker is installed. The

concern was that should

be done before the school

opens and is full of stu-

dents and teachers. Af-

ter some discussion, the

board voted to pay up to



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Dupont, clinical assis-

leader for the New Student Experience Office and the vice president of Inter-Greek Council. She

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SALMON PRESS, THURSDAY, APRIL 13, 2023 A15

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JOURNEY HOME



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Campton, NH - Incredible home sits on 49 acres of land with southerly views out over rolling hills and mountains. Large dining room with access out into a huge screened in porch and private deck. Living room has masonry fireplace with built in pizza oven. The bedrooms are located on the second level along with two new custom tile baths. No expense has been spared.

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Section Thursday. Thursday, April 13, 2023

The Record Enterprise

Defending champion Bear girls bring back strong core Newfound track boys also looking to make some noise in D3

BY JOSHUA SPAULDING SPORTS EDITOR

BRISTOL — The Newfound girls' track team finished last year by making a little history, winning the school's first Division III championship in the sport and the Bears will be looking to repeat with a host of returning athletes and state champions on the roster.

With coach John Daly returning for the girls and Mike LaPlume returning to lead the boys, the Bears are geared up for the new season

Seniors Taylor Mooney and Mikayla Ulwick were the top two finishers at the Division III State Meet in the pole vault and both return looking to repeat their feats from last year.

Classmate Malina Bohlmann is back as the defending javelin champion in Division III and also finished in third in the long jump. Senior Gretchen Reynolds was third in the high jump last year in the Division III State Meet and junior Laurel McKellar is expected to score some points in the triple jump this year.

Senior captain Leah Deuso returns in the distance events and will be a key member of the 4X800-meter relay team, while sophomore Elle MacDonald is the team's top sprinter after finishing in the top five in both the 100 and 200 as a freshman last year. Junior Soraya Glidden is expected to be a threat in the 400 meters and Stacia Paul returns as one of the best hurdlers in the state after finishing as the runner-up in the 300-meter event last year as a will run sprints, middle sophomore. All three will also be part of the team's 4X100-meter relay group, which won the D3 title last year.

belle LaPlume, who made it to New Englands in the discus last year, is back and sophomore Isadora Robert will lead the way in the shot put.

Sports

The Bears also have some up and coming athletes who should make some noise as well. Mika Austin qualified for the state meet twice in the high jump and is back for her third year, while sophomores Isabella Valliere and Jordan Edwards are coming off strong first campaigns and will add depth in the sprints. Ceili Irving and Reece Cutting should provide some solid depth in the middle and long distances in their freshman campaigns after solid cross country seasons. Classmate Leah McFarland will help in the short and middle distances along with the javelin and classmate Liliane Whittum will help out in the jumps and hurdles. Isabel Braley is moving over to the throwing events for her junior season after competing in sprints the last two years.

On the boys' side of things, LaPlume is looking for the boys to break into the top-five in Division III and has several solid returning athletes on which to rely.

Senior Dalton Dion is back as the defending D3 champion in the pole vault and is expected to do well in the jumps as well. Senior captain Trevor Sanschagrin is the team's best returning thrower and has expectations to continue to improve and perform well in the state meet. Senior Logan Hinton distances and possibly some hurdles, while classmate Brady MacLean will throw shot put and run sprints. Senior Jack Ehmann will vault and throw javelin and junior Isaac Robert will throw all three implements.

Senior captains Ben LaPlume and Jeffrey Huckins and junior Evan Foster will hold down the distance events, with Huckins also expected to pole vault as well. Junior Will Bednaz returns in the vault and some throws and sophomore Teagan Drake will be looked at in the 200 and 400 after a solid freshman campaign.

Senior exchange student David Rodriquez highlights some of the up and coming athletes, as he is expected to do well in the jumps. Sophomore Wyatt Norcross will be participating in numerous events, while freshman Kason Knight will throw the shot put and javelin and possibly the discus. Freshman Josh York will be a sprinter and throw the javelin and classmate Kelton Austin will run distance events and possibly pole vault as well.

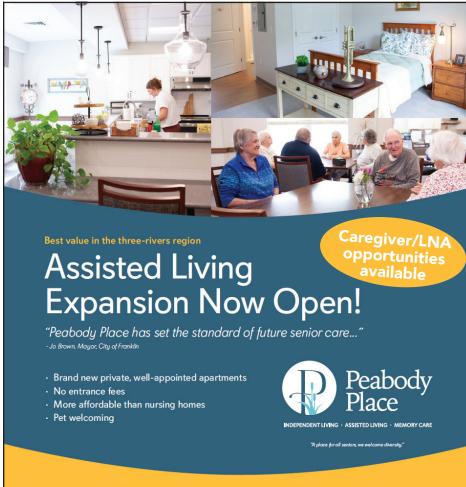
The Bears are adding a couple of new coaches to the mix this year, with Jacob Morell coaching horizontal jumps and some relays after a few years as a volunteer coach. Justin Tinker will be the team's strength and conditioning coach and will also coach shot put. Volunteer coaches include Kendra LaPlume on vault, Jason Robert on throws and legendary coach Dave Irving helping the distance athletes have more fun on their training runs.

The Bears will have

three home meets, one after deadline on Tuesday, the Corneliusen Relays on April 15 and the Bristol Lions Invitational on May 13. The team will also compete at Gilford, Sanborn, Coe-Brown, Inter-Lakes, Monadnock

and Kearsarge.

The season was scheduled to kick off after deadline on Tuesday and continues on Saturday, April 15, at home for the Corneliusen Relays and Tuesday, April 18, at Gilford at 4 p.m.



Contact us to learn more or schedule a visit: 24 Peabody Place, Franklin, NH Peabody.Place 603.934.3718



On the throwing side of things, Bohlmann will be joined by Ulwick in the javelin, while junior Isa-

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Sports

THURSDAY, APRIL 13, 2023 **B2**

epth a strength as Plymouth track begins new season

BY JOSHUA SPAULDING Sports Editor

PLYMOUTH — The Plymouth track team has some solid numbers in the new season, with boys and girls primed to make some noise for returning coach Joan Luehrs and new coach Kelsey Sobel.

On the girls' side of things, the distances will be a key spot for the Bobcats, who finished as the Division II runner-up last spring.

"Surely few expected to see Plymouth girls tied for Division II runner-up last spring and coaches would enjoy

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proving that was not a fluke," Luehrs said. "The most exciting part of this year's team is the number of juniors and sophomores where we can do some long-term planning instead of looking at only what is good for the next six weeks."

Most of the distance girls have been together in cross country and Nordic as well, with the competitive Englund sisters, Addison and Elli, leading the charge. Addison Englund will focus on the 3,200 meters and Elli Englund will focus on the mile, while junior Kelsey Maine and sophomores Reagan Sutherland and Leah Ines also look tough to beat.

"We expect a very strong 4X800-meter relay this year with so much talent from which to draw," Luehrs said.

Junior Sydney Valenti returns at the top of the state in the triple jump after finishing third last year at the State Meet. She only started jumping the event in mid-May and she's just a bit over four feet away from the school record, which Luehrs expects she will break. Valenti will also be strong in the long jump and sprints.

In the high jump, Ani Flynn, Sutherland and freshman Ella O'Hare Pitman and Tegan Hershey. Classmate Jennifer Watson is strong in the sprints, while sophomores Katie Campbell and Elizabeth Cate are expected to lead the way in the throws.

On the boys' side, seniors Cole Ahern, Alex Luehrs and Landon Fogg competed in the decathlon last June and are setting a good example with big goals and training across multiple disciplines.

"The underclassmen are enthusiastic to take on less populated events to bring home higher point totals per meet," Luehrs noted.

Ahern will be a

by freshmen Maggie Division II State Meet that returns to the track this spring. He is also aiming for the school record in the pole vault, having cleared the existing record of 12 feet, nine inches numerous times in practice.

> Ahern and Luehrs are in the top five of returning discus throwers for the division, while Gabe Kean has shown a talent for throwing and Luis Estrella looks to be the team's top thrower in the javelin.

> In the distances, cross country and Nordic athletes Tate Hayman and Nicholas Ring will likely lead the way for the Bobcats. while Will Smoker will be strong in the mile and Cameron Ciechon and Evan Duchette chip-

In the sprints, Kean and Fogg will be the leaders for the Bobcats, while Luehrs notes that filling out the 4X100-meter relay will depend on who has some events left at each meet. Luehrs, Eliot Sargent, Evan Tyler and Gavin Rheaume have all impressed with their speed in the preseason.

The Bobcats were slated to kick off the season at Kingswood after deadline on Tuesday and will be at Newfound on Saturday, April 15, at 10 a.m. and at Manchester West on Tuesday, April 18, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmon-155press.news.



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Sports

Newfound alum takes over Bear baseball program

BY JOSHUA SPAULDING Sports Editor

BRISTOL — While Logan Belanger is new to the head coaching job for Newfound baseball, he is certainly not new to the program.

In addition to serving as the team's assistant coach the last couple of years, Belanger also played for the Bears during his high school years.

"I am very excited to be able to coach the same program that I once played for," Belanger noted.

Belanger inherits a team that features a solid number of returning players as the Bears look to improve on their win total from a year ago and make a run to the playoffs.

Key players returning to the field include pitch-

er and infielder Josh Blouin, catcher Hayden Dolloff, pitcher and infielder-outfielder Zack Stevens, pitcher and infielder Brayden Jenkins, pitcher and infielder Landon Sargent, outfielder and pitcher David Joyce and outfielder Cody Laflamme.

A couple of key newcomers include infielder Romeo Dokus, pitcher and infielder Daniel

Sherkanowski and outfielder Connor Sullivan.

"Effort and attitude have been amazing," said Belanger. "Romeo Dokus has added a good bat after not playing last season.

"Our goal is to improve on our win total from last season, six, and to make the playoffs," the Newfound coach added.

The Bears will be

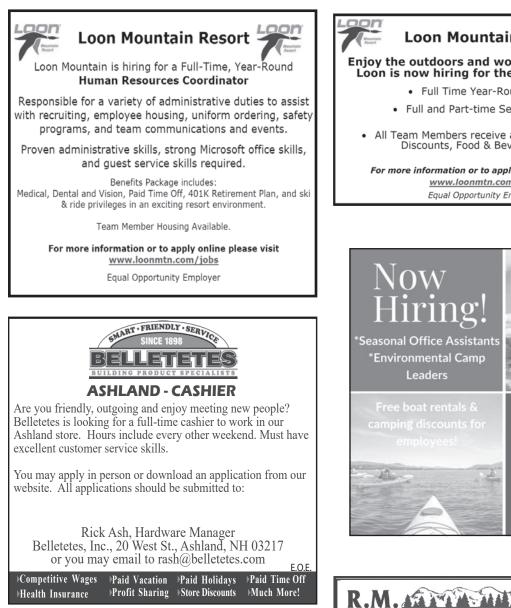
playing two games each with White Mountains, Berlin Campbell and Winnisquam along with single games against Gilford, Hopkinton, Kearsarge, Prospect Mountain, Stevens, Inter-Lakers and Mascoma.

The season started after deadline on Monday, April 10, and continues today, April 13, at White Mountains, Friday, April 14, at home against

Berlin, Monday, April 17, at Hopkinton and Wednesday, April 19, at home against Campbell.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news

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Applications are available at the Rumney Town Office, 79 Depot Street, Rumney and on the Town of Rumney website.

THURSDAY, APRIL 13, 2023 R3

THURSDAY, APRIL 13, 2023

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Applications are available at either the Plymouth Town Hall (536-1731) from 8:00am until 4:30pm Monday to Friday or the Plymouth Recycling Tuesday to Friday.

Please send applications to the attention of James Conn, Recycling Manager, Town of Plymouth, 6 Post Office Square, Plymouth, NH 03264

Position will remain open until filled.

The Town of Plymouth is an equal opportunity employer.

Anyone interested in the Town Treasurer position should complete the Town of Hebron employment application and submit a resume to the Town of Hebron Select Board's Office at PO Box 188, 7 School Street, Hebron, NH 03241 Contact: Town Administrator, Karen Sanborn @603-744-2631

Town of Plymouth Recycling Center Part-Time Operator Position Available

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This position consists of three, 8-hour days.

Starting Wage: Up to \$14.37/hr. based on experience

Preferred one-year experience in Solid Waste Management and Recycling operations.

MINIMUM QUALIFICATIONS REQUIRED

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The Town of Plymouth is an Equal Opportunity Employer.

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Email:Tracy@salmonpress.news **Phone:**(603) 279-4516

Bobcats sweep past Lakers to kick off tennis season

BY JOSHUA SPAULDING Sports Editor

PLYMOUTH — A few days later than expected, the Plymouth tennis girls opened the season on Friday, April 7, sweeping Inter-Lakes 9-0.

"I was very pleased with the girls' play," said coach Diane DiNardo. "It was nice to finally be out on the courts and I was proud of the way they adapted to the very strong winds and cold weather."

Sophia Inwood at number one and Jenna Benoit at number two got the Bobcats off

wins in their respective matches. Emma Smith fell behind 3-0 at number three but rallied to win eight in a row to take the 8-3 win.

Rhiannon Harris got an 8-0 win with a strong showing at number four, Samantha Sanborn came through with an 8-4 win in the fifth spot and Abey Gordon won 8-0 to close out singles at number six.

Inwood and Benoit played number one doubles and won 8-1, while Smith and Harris also picked up an 8-1 win at number two. Sanborn

to a good start with 8-0 and Gordon closed out the match with an 8-2 win in the third spot in the lineup.

> The Bobcats are slated to be at Littleton on Friday, April 14, at home against Kearsarge on Monday, April 17, at home against St. Thomas on Wednesday, April 19, and on the road at White Mountains on Thursday, April 20, all with 4 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmon-155 press.news.

Champs cruise in season opener

BY JOSHUA SPAULDING

Sports Editor PLYMOUTH — The defending champion Plymouth boys' tennis team cruised to a win in the season opener on Monday, April 3.

The Bobcats won five of the six singles to clinch the match and then swept the three doubles matches to defeat Moultonborough by an 8-1 score.

Leo Ebner got the 8-4 win at the top of the lineup for Plymouth, with Chance Twomey winning 8-2 at number two and Charlie Cushing getting the 8-0 win in the third spot.

Jack Swanson got the 8-1 win in the fourth spot and Sami Lakkal dropped an 8-3 decision at number five. Spencer Inwood wrapped up the singles with an 8-0 win at number six. In doubles, Ebner and Twomey got an 8-1 win in the top spot, Brennan Johnson and Max Levin won 8-3 at number two and Grady Marunowski and Lakkal won 8-4 at number three.

Declan Ulricson and Gianni Ciotti got in some solid work in exhibition matches against the Panthers.

"Everybody is continuing to work hard," said coach Tony DiNar-

EQ3

OWL'S NEST

do. "Great opening for us."

The Bobcats will be in action today, April 13, at Moultonborough, will be at Inter-Lakes on Monday, April 17, and will be hosting Littleton on Thursday, April 20, all with 4 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Veterinary Assistant needed

Full or part-time, year-round. Must personable, self-motivated, be hard-working and a "team player." Must have some familiarity with small animals and computer skills. Some veterinary experience would be preferred, but we are willing to train the right candidate. Pay is based on experience. Please send resumes and references to info@winterharborvet.com. Please, no phone calls.

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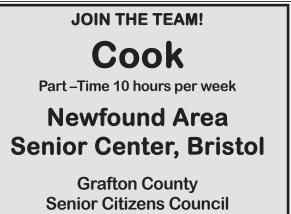
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TEXT/CALL JIM @ 603-455-5700 OR EMAIL mtnsidelandscape@roadrunner.com

THORNTON SCHOOL DISTRICT

Thornton Central School 2023-2024 School Year

FULL-TIME SPECIAL EDUCATION PARAPROFESSIONALS (TEACHING ASSISTANT)

Must have official college transcript of Associate's or Bachelor's degree conferred or showing a minimum of 48 college credits or a copy of passing scores for the ParaPro Assessment Praxis test or equivalent. If desired, SAU can assist applicants in getting Paraprofessional Certified. Beginning August, 2023 7 hours per day

Classification C-111 (\$15.49-\$20.56 per hour)

Please send letter of intent, resume, and references to:

Jonathan Bownes, Principal Thornton Central School 1886 NH Rte 175 Thornton, NH 03285 jbownes@pemibaker.org

TOWN OF ALEXANDRIA TRANSFER STATION ATTENDANT

The Town of Alexandria is accepting applications for a part-time Transfer Station Attendant. Job duties include assisting with the processing and removal of solid waste and recyclable materials. Must possess the ability to deal with the general public in an effective & cooperative manner, understand and follow written & oral instructions. Must be able to safely lift 50 pounds. NH MSW Class III certificate preferred. Must possess valid NH Driver's License. Applications may be obtained in the Selectmen's Office or on the town's website alexandrianh.com.

COME JOIN THE TEAM. A FUN PLACE TO WORK! **PART-TIME** HOME **DELIVERED MEAL** COORDINATOR

Coordinate the home delivered meal program. Experience working with older adult population helpful. Computer literate. Training provided. Earned time, holiday pay, life insurance, 403 (b) retirement plan and lunch benefit.

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Grafton County Senior Citizens Council

maria.mcintyre@gcscc.org

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EEO



Sports

4. Criticize mightily

11. Everyone has one

10. Stand in for

12. Brew

13. Rectify

19. Satisfy

7. Sino-Soviet block (abbr.)

15. Popular Dodge truck model

16. Beef or chicken intestine

21. Of a particular people or

localized region

24. Able to pay one's debts

25. Fleshy bird beak covering

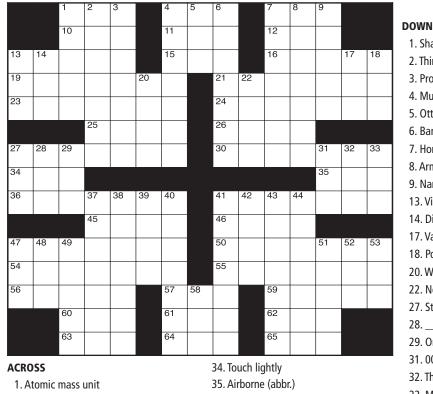
26. Dueling sword

30. Court is in it

27. Helps

THURSDAY, APRIL 13, 2023 **B6**

TAKE A BREAK



36. Of one 41. Baked good 45. Jai ___, sport 46. About aviation 47. Low oval mound 50. Rugged mountain ranges 54. Compel to do something 55. A way to carve 56. Sao ___, city in Brazil 57. Mustachioed actor Elliott 59. American Idol runner-up Clay 23. Movements in quick tempos 60. A way to soak 61. Car mechanics group 62. Born of 63. Time zone 64. Sea eagle 65. Even's opposite



1. Sharp mountain ridge

17. Variety of Chinese language

18. Portray in a show

20. Wrongful act

22. No (slang)

27. State of agitation

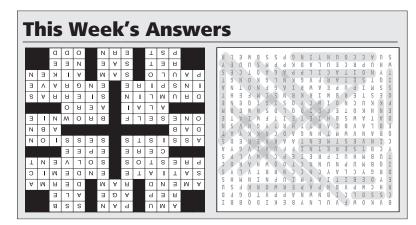
- 28. __ Diego 29. One point east of due south
- 31.007's creator
- 32. The NBA's Toppin
- 33. Midway between north and northeast
- 37. Examples
- 38. Gould, actor
- 39. The habitat of wild animals
- 40. Artful subtlety
- 41. Infielders
- 42. Keep under control
- 43. Herb
- 44. Distressed
- 47. A way to go down
- 48. Type of acid 49. Take by force
- 51. Collected fallen leaves
- 52. Shout of welcome or farewell
- 53. Monetary unit
- 58. Swiss river

MONEY & FINANCE WORD SEARCI Ι В S S 0 D С С Ι В R н С W Ρ ۷ В Ν Ρ Е 0 R S U Α R Κ В Е Y D Е Ι Т Ι Α Υ М I U F Ν Ι Ν н S С С R S D R G Υ С L Α Y С Ν Ν R В U Ρ Ν С Ι 0 М U Ν С 0 0 W н 0 Ν Т Т U В М н U Ι F R Е Ι Ε Ρ С U S Y С В Т Ε R Е Ι F А S Т Α Ν С V R Ι E S т М E Ν Т Α R D S А Ν Q В Α V W М Т н Ν G Α D С Ν Т В С Т н Ν Е В L Α В Т R Т D Α Т Α W S В н Ι Е Т Е Ι Т F Ι Ε Е М Е Ν Н Κ 0 F Ε Ι D 0 D Ν U 0 С Y Ε Ρ Κ Κ С Ν Ι W 0 S Ι G Т Ε Ν 0 Е S Т Ε R В W Ι R Κ R N S С Т Ε S S М Ρ U Ρ Е А W R Ι G F Ν А Ι Α Ν Ι 0 Т E Α V Т S т R F G Κ Ν L G Κ 0 G 0 Ι Ρ S Т Y Ν Т А С Ι L Ρ Α G А Q С Ε Y Н U Ρ R С Е U Α D Κ Ρ Ρ М S U U Е W L S R S U Α С С 0 U Ν Т Ι Ν G Ρ S В W Е L

Find the words hidden vertically, horizontally, diagonally, and backwards.

MONEY & FINANCE WORD SEARCH

ACCOUNTING, APPLICATION, BANK, BANKRUPTCY, CHECKING, CREDIT, DEBIT, DEPOSIT, FINANCE, INOUIRY, INTEREST, INVESTMENT, LOSS, MONEY, PAPERWORK, PROFIT, RATES, RECONCILE, SALARY, SAVINGS, SOLVENT, STATEMENT, WITHDRAWAL



ATTENTION HOLDERNESS RESIDENTS

REGISTRATION FOR KINDERGARTEN & NEW FIRST GRADE STUDENTS

If you have or know of a child who will be five years old by September 30, 2023 for Kindergarten or six years old before September 30, 2023 and will be new to HCS for First Grade, please call Holderness Central School at 536-2538 to register. Kindergarten and First Grade registration will be held on May 17, 2023.

NEWFOUND AREA SCHOOL DISTRICT KINDERGARTEN REGISTRATION FOR 2023-2024 SCHOOL YEAR

Town of Plymouth PUBLIC NOTICE

The Plymouth Planning Board will review and hold public hearings on the following applications at their meeting on Thursday, April 20, 2023, at 6:30 PM at Plymouth Town Hall, 6 Post Office Square:

- 1. Continuation of public hearing on a request from the ownership entities for Chaddarin Lane, Ski Lift Lane, and Point of View Drive for approval of changes from the approved plans including a cul-de-sac on Chaddarin Lane; a cul-de-sac on Point of View Drive, and a fire cistern.
- 2. Continuation of public hearing on an application for a three-lot subdivision from Mountain Stream Properties, LLC, for the property at 793 Texas Hill Road. (PID #234-009) The proposal is to divide one parcel of 3.55 acres into acres into three lots of approximately 1.0, 1.275 and 1.275 acres, each served by an on-site well and septic system. This property lies within the Agricultural zoning district. (A site visit meeting will occur at 5:30 on April 20th, and is also open to the public)

If you have a child who will turn 5 years old by September 30, 2023 please call or email the school in the town in which you live for registration information.

Bristol Elementary School 744-2761 or jtehven@sau4.org

Bridgewater-Hebron Village School (Bridgewater, Groton and Hebron) 744-6969 or shunewill@sau4.org

Danbury Elementary School 768-3434 or nross@sau4.org

New Hampton Community School 744-3221 or adifilippe@sau4.org

If you live in Alexandria, your child will attend either Bristol Elementary School or Bridgewater-Hebron Village School. Determination is made according to physical address. You may contact either school for more information.

Public Notice Town of Plymouth Road Load Limit Postings

The Plymouth Select Board has authorized the posting of the following list of roads for a 15-ton load limit during the period of March 1st through May 1st, 2023. The purpose of this posting is to prevent unreasonable damage to the roadways, which may result in hazards to public safety and or possible extraordinary maintenance expenses to the community.

- Bartlett Road New Hebron Road Old Hebron Road Morse Road **Thurlow Street** Bell Road Reservoir Road
- Cummings Hill Road Sanborn Road Chaisson Road Loon Lake Road Parker Street Texas Hill Road

Please direct any questions, comments or concerns to the Plymouth Highway Department at 536-1623

Joseph Fagnant, Highway Manager

- 3. A public hearing regarding an application for Site Plan Review from Peter and Beth Cormier, to operate a model-shed display area on an existing gravel parking area at 718 Tenney Mountain Highway, owned by Bristol Central Square LLC. (PID 213-032) This property lies within the Industrial Commercial Development and Agricultural zoning districts.
- 4. A public hearing regarding a Conditional Use Permit application from Marylynn Costa to construct a detached accessory dwelling unit on a 2.0 acre property at 103 Yeaton Road. (213-018) The property lies within the Agricultural zoning district.

The meeting will be available electronically via Zoom and can be accessed from the Town's website (www.plymouth-nh.org). For more information, please contact the Planning & Development Department at planning@ plymouth-nh.org or 603-536-1731.

The Town of Rumney is accepting sealed bids for Tax Deeded Property

1989 8'X31' Sierra Travel Trailer with any and all attachments

Located at 56 Bear Avenue, New England Fellowship Campground, Rumney, NH

Travel Trailer must be removed from the campground within 7 days of winning bid being announced or winning bidder must make arrangements with the campground for the camper to remain on-site. Bids must be submitted to:

> Rumney Selectmen's Office PO Box 220 - 79 Depot Street Rumney, NH 03266 by 1:00 PM April 17, 2023

Bids must be in a sealed envelope marked "Camper Bid". Travel Trailer is bid "as is" with no warrantee. Board of Selectmen reserve the right to refuse any and all bids.

For Advertising Information Call 603-279-4516 email: Tracy@ salmonpress.news

Sports

THURSDAY, APRIL 13, 2023 B7

meetings are free and

HIGH SCHOOL SLATE

Thursday, April 13 NEWFOUND Baseball at White Mountains: 4 Softball at White Mountains: 4 PLYMOUTH Boys' Tennis at Moultonborough; 4 Girls' Lacrosse vs. St. Thomas; 4

Friday, April 14 NEWFOUND Baseball vs. Berlin; 4 Softball vs. Berlin; 4 PLYMOUTH Baseball vs. Souhegan; 4 Boys' Lacrosse at Laconia;6 Girls' Tennis at Littleton; 4 Softball vs. Souhegan; 4 Saturday, April 15 NEWFOUND

Track Home Meet; 10 PLYMOUTH Track at Newfound; 10

Monday, April 17 NEWFOUND Baseball at Hopkinton; 4 Softball at Hopkinton; 4 PLYMOUTH Baseball at Kingswood; 4 Boys' Tennis at Inter-Lakes: 4 Girls' Lacrosse at Milford; 4

Girls' Tennis vs. Kearsarge; 4 Softball at Kingswood; 4

Tuesday, April 18 NEWFOUND Track at Gilford; 4 PLYMOUTH Track at Manchester West; 4

Wednesday, April 19 NEWFOUND Baseball vs. Campbell; 4 Softball vs. St. Thomas; 4 PLYMOUTH Baseball vs. Merrimack Valley; 4 Boys' Lacrosse at Bow: 4 Girls' Lacrosse at Concord Christian; 4 Girls' Tennis vs. St. Thomas: 4 Softball vs. Merrimack Valley; 4

Thursday, April 20 PLYMOUTH Boys' Lacrosse vs. Pelham; 4 Boys' Tennis vs. Littleton; 4 Girls' Lacrosse at Pelham; 4:30 Girls' Tennis at White Mountains; 4

All schedules are subject to change.

Russell Elementary School

195 School Street, Rumney, NH 03266 603-786-9591

Kindergarten Registration Open House 2023-2024 School Year

Thursday, May 11, 2023 from 3:15pm to 4:15pm

Parents are asked to pre-register their child for Kindergarten at res.pemibaker.org.

If you have questions please call 603-786-9591.

All children who turn five years old by September 30th are entitled and encouraged to attend kindergarten.

Town of Plymouth Board of Selectmen's Meeting Public Hearing Notice April 24, 2023 5:15 PM

PLYMOUTH — The April chapter meeting of They'll also take a look at some favorite flies for the Pemigewasset Chapter of Trout Unlimited will take place on Tuesday, April 18, at 7 p.m. at the Common Man Inn in Plymouth. This month the presentation will include tips on fishing some of the 20-some trout ponds in the region

around Errol. The prime

fishing attraction in the

area is the Androscog-

gin River and its famous

alder fly hatch. They'll

discuss when to go and

where to fish. The Andro

offers fishing for land-

locked salmon and small-

mouth bass, but it is best

known for its early sum-

mer and fall trout fish-

ing. During the warmer

summer months, it has

great smallmouth fish-

the area. The presenter is David Kolesar, a licensed New Hampshire fly fishing guide and a partner in New Hampshire Rivers Guide Service and the Northeast Fly Fishing School. He spends the fishing season guiding anglers for trout and smallmouth bass throughout New Hampshire and offers both wading trips and drift boat trips. Prior to joining NH Rivers Guide Service, Kolesar was a fly casting and fly fishing instructor for LL Bean at their Burlington, Mass. location for nine years. He has also been a volunteer Let's

TOWN OF GROTON INVITATION TO BID

The Town of Groton is soliciting bids for a project to refurbish the 2012 International 6-wheeler body and frame. The following is the work that the Town is looking to have done:

· Painting, sandblasting, sandblasted wheels, tires (6), hydraulic lines, electric tarp unit, patching as needed, brake shoes, brake drums, air hoses, cables for the wing plow (front and rear)

Anyone interested in bidding on the project can contact the Town at (603)744-9190 or selectmen@grotonnh.org for more information or to set up a time to see the vehicle.

All bids must be submitted by Monday, May 1, 2023 by 4:00pm to the Town of Groton by emailing the bid to selectmen@grotonnh.org or mailing the bid to the Town Office (754 North Groton Rd). The Select Board will open the bids at the Select Board Meeting on Tuesday, May 2, 2023 at 7:00pm.

ing from Milan to Berlin. Go Fishing Instructor with NH Fish and Game for more than 25 years. In 2011 he earned his fly casting certification from the Federation of Fly Fishers International. Kolesar is a long-time member and a past president of the United Fly Tyers, one of the oldest fly tying clubs in the U.S. He can also be found as a demonstration fly tyer at the International Fly Tying Symposium, The Fly Fishing Show, and other outdoor shows in the area.

Trout Unlimited meeting set for Tuesday in Plymouth

open to the public, all are welcome. They will have raffle tickets available at the meeting to support sponsoring youths to attend the Barry Conservation Camp fishing session. E-mail Pemi-TU@gmail.com with any questions or suggestions.

Pemi-TU Chapter LEGAL PROBATE NOTICE THE STATE OF

NEW HAMPSHIRE 2nd Circuit - Probate **Division - Haverhill** 3/17/2023 thru 3/30/2023

APOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County.

All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Gaver, Willard J., late of San Antonio, TX. Janice Ann Gaver St. Peter, 60 Surfview Drive, Apartment 413, Palm Coast, FL 32137. Michael Francis Conklin, ESQ, Resident Agent, Conklin & Reynolds PA, 264 Main Street Suite 14, PO Box 849, Lincoln, NH 03251-0849. #315-2022-ET-00390

Jaques, Nancy K, late of Hebron, NH. Jonathan A Jaques, 45 Main Street, Dennysville, ME 04628. Jennifer R. Rivett, ESQ, Resident Agent, Devine Millimet Branch Pa, 111 Amherst St, Manchester, NH 03101. #315-2023-ET-00013

Mosman. Steven Timothy, late of Woodstock, NH. Karen M. Blake, PO Box 144, Woodstock, NH 03262 #315-2022-ET-00761

Steele, Mary Joanne, late of Plymouth, NH. Paul Marella, 5213 Eileen Drive, San Jose, CA 95129. Gabriel Nizetic, Esq., Resident Agent, 66 Highland Street, Plymouth, NH 03264. #315-2023-ET-00032

Tarnok, Mathias F, late of Lincoln, NH. Robert C Tarnok, 19125 Lake Audubon Drive, Tampa, FL 33647. Michael Francis Conklin, ESQ, Resident Agent, Conklin & Reynolds PA, 264 Main Street Suite 14, PO Box 849, Lincoln, NH 03251-0849. #315-2021-ET-00358 Dated: 3/31/2023

LEGAL PROBATE NOTICE THE STATE OF **NEW HAMPSHIRE** 2nd Circuit - Probate **Division - Haverhill** 10/14/2022 thru 10/27/2022 **APOINTMENT OF**

FIDUCIARIES Notice is hereby given that the following fiduciaries have been duly appoint-ed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Cammett, JR, Gordon A, late of Lincoln, NH. Angela J Smith, 4 Old Mill Road, Raymond, NH 03077. #315-2022-ET-00404

Clarke, Christopher James, late of Plymouth, NH. Rebecca J. Clarke, P. O. Box 3404, Concord, NH 03302. #315-2022-ET-00559

Frantz, Helen Beth, late of Warren, NH. Nancy L Peal, 2 White Horse Lane, Warren, NH 03279. #315-2022-ET-00512

Gallagher, Shirley Ann, late of Alexandria, NH. Shelley Gallagher, 194 Wyman Rd, Keene, NH 03431. #315-2022-ET-00369

Lane, SR, Richard J., late of Woodstock, NH. Maryellen White, 245 Holmes Street, Halifax, MA 02338. Michael Francis Conklin, ESQ, Resident Agent, Conklin & Revnolds PA, 264 Main Street Suite 14, PO Box 849,

Lincoln, NH 03251-0849. #315-2022-ET-00279

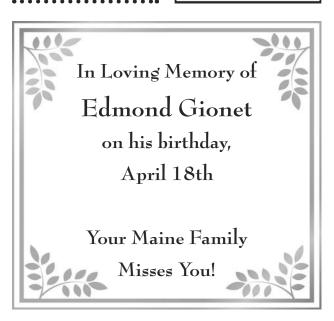
Zatarga, Leo W, late of Bristol, NH. Andrew J Zatarga, 45 Brett Lane, Bedford, NY 10506. Dorcas J. Gordon, ESQ, Resident Agent, Newfound Law PLLC, 75 Pleasant St, Bristol, NH 03222. #315-2022-ET-00572

Dated: 10/28/2022

The Plymouth Select Board will hold a public hearing on Monday, April 24, 2023 at 5:15 pm, for the purpose of providing an update to the S Main Street Project.

The public is encouraged to attend this public hearing.

General **RECORDS** SERVICES WANTED: Buying your old vinyl records-LOW COST LPS and 45s. **SPAY/NEUTER** Rock, Blues, Jazz, Rozzie May Soul, Folk, Reggae, Country, Animal Alliance, and more. cats and dogs. Top \$\$ Cat Cab service available. paid. Will Military discounts. travel to you. Call or text Sign up on line Mark @ www.rozziemay.org 413-626-6396 or call 603-447-1373



SANDWICH CENTRAL SCHOOL **KINDERGARTEN REGISTRATION**

THURSDAY, MAY 11th, 2023 - 5:30 p.m.

Sandwich Central School Kindergarten Registration for the 2023-2024 School Year will be held on Thursday, May 11 at 5:30 p.m. Registration packets will be available. The presentation will also include:

- Meet the Faculty
- A Day in Kindergarten (schedule overview)
- Special Education and Response to Instruction
- Bus Transportation

If your child will be 5 years of age by September 30, 2023, please email school secretary Alex Adriance at alex.adriance@interlakes.org or call (603) 284-7712.

TOWN OF GROTON LEGAL/PUBLIC NOTICE

Notice is hereby given in accordance with RSA 676:4 & 675:7 that the Groton Planning Board will hold a public hearing for a proposed Expansion of the MIT Outing Club, requiring Site Review. The Hearing is scheduled on **April 26, 2023 at 7:00 PM** at the Groton Town House located at 754 N. Groton Road Groton NH. The applicant, Massachusetts Institute of Tech (MIT) proposes a two-part project, including one new sleeping building, parking space and emergency access, located at 1238 N. Groton RD, Map 2 Lot 10.

Should a decision not be reached at the public hearing, this application will stay on the Planning Board agenda until such time as it is either approved or disapproved. Anyone needing assistance to attend this meeting should contact the Selectmen's Office one week prior to the scheduled date.

Per order of the Groton Planning Board

TOWN OF GROTON LEGAL/PUBLIC NOTICE

Notice is hereby given in accordance with RSA 676:4 & 675:7 that the Groton Planning Board will hold a public hearing for a proposed Home Business requiring Site Review on April 26, 2023 at 7:00 PM at the Groton Town House located at 754 N. Groton Road Groton NH. The applicant, Nicholas Wilson wants to run a slaughter & meat processing business at 19 MacDonald Lane, Map 2 Lot 75.

Should a decision not be reached at the public hearing, this application will stay on the Planning Board agenda until such time as it is either approved or disapproved. Anyone needing assistance to attend this meeting should contact the Selectmen's Office two weeks prior to the scheduled date.

Per order of the Groton Planning Board

INTER-LAKES KINDERGARTEN REGISTRATION IS OPEN March 20th - April 21st

Registration is open to all children who reside within Center Harbor, Meredith or Sandwich; and who will be 5 years of age by September 30, 2023.

To receive a registration packet, please call: Inter-Lakes Elementary School at 603-279-7968, Monday through Friday between the hours of 9:00 a.m. and 2:00 p.m. Registration packets can be mailed or picked up at the school, and must be completed and returned to schedule a screening appointment. What is required with your registration packet for Kindergarten?

- Your Child's Birth Certificate
- Physical Exam within the last 12 months
- Up-to-Date Immunization Forms
- Proof of Residency

Screening dates are tentatively scheduled for May 15th and 22nd

The screening takes approximately 1 hour and 15 minutes.

Parents/Guardians must bring their child to this screening appointment.

Strong group back for Plymouth lacrosse boys

"Whatever it takes to

get on the field, we'll do

it," Mausolf said, noting

kids used anything they

could find as a shovel to

by captains Caden San-

born, Matt Cleary and

Brendan Marcoux. San-

born and Marcoux will

work up front and Cleary

will be on the defensive

side of the ball. The four

other seniors are Dylan

Welch and Parker East-

man in the midfield and

Jake Killian and Mason Lessard on defense.

have been right in the mix since their first year in the program," Mausolf said. "They've definitely played a lot, they

understand the system

and how things are sup-

niors are Lincoln Man-

son and AJ Dobbie, both

of whom will play in the

midfield, while sopho-

mores Luke Legacy in

the midfield and Nolan

Galvin at attack will also

looking to sophomore

Robert Thorne to fill the

The team will also be

be key contributors.

The team's two ju-

posed to go."

"Those seven guys

Plymouth will be led

help clear the field.

BY JOSHUA SPAULDING Sports Editor

PLYMOUTH — There are plenty of familiar names on the roster for the Plymouth boys' lacrosse team and that is a good thing for coach Glenn Mausolf, as there will be some young kids who can use the mentoring of the experienced upperclassmen.

"It's an interesting mix, we have 31 players in the program, with seven seniors, but only two juniors," Mausoof said. "So we'll have multiple spots where we'll be relaying on sophomores and freshmen.

"We're off to a pretty good start, we're looking forward to what the season has in store for us," the veteran coach continued. "We've mostly been in the parking lot (for preseason practice)."

The Bobcat coach did offer his thanks to the Holderness School, as the Bobcats did get to practice on that school's turf. The Bobcats also played a scrimmage at Kingswood and helped the Knights shovel off their turf field to make the game happen.

APOTHECARY 7 Main Street, Plymouth NH 03264 High quality supplements Herbal tinctures and tonics Homeopathic remedies Natural health supports And more!



graduation of All-State keeper Jake Marcoux.

"It's a change, but we've been really fortunate the last few years, with Dylan McIntosh, Chris Patnode and Jake," Mausolf said. "Robert is off to a good start and we're looking forward to seeing what he can do."

Mausolf also expects some contributions from freshmen Logan Libby and Caedon Manseau on

defense, Cooper Legacy at attack and Eli Ibarguen in the midfield.

"We've just got to get out there," Mausolf said. The Bobcats are scheduled to play single games with Hopkinton, Milford, Coe-Brown, Lebanon, Trinity, Stevens, Bishop Brady,

Campbell, Gilford, Kearsarge, Inter-Lakes/ Moultonborough, Kennett, Lebanon, Pelham, Bow and Laconia.

The season was slated to kick off after deadline on Tuesday at Stevens and Wednesday against Bishop Brady and continues on Friday, April 14, at Laconia at 6 p.m. and Wednesday, April 19, at Bow at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bobcat softball has eyes on playoff berth

BY JOSHUA SPAULDING Sports Editor

PLYMOUTH — With a large group of seniors leading the way, the Plymouth softball team returns to the diamond this spring with eyes on a playoff spot after missing out on the tournament last year.

"We are working hard and looking forward to getting back to the playoffs this year," said second-year head coach Bill Gauthier.

The Bobcats will be leaning on three of their seniors to lead the way in shortstop Maggie Boyd, third baseman Grace Bannon and second baseman Lindsey Miller. They are part of a senior class that includes six other girls who will be pushing the team forward.

"We are looking at having a great season out of Maggie, who was accepted to Barry University in Florida to play softball," Gauthier noted.

Senior Madison Hershey will be at first base and Gauthier expects big things from her on the offensive side of the ball and classmate Leah Anderson will be counted on to lead the outfield, patrolling centerfield for the Bobcats.

In the pitching circle, the Bobcats will be counting on returning pitcher Julia Secor to throw strikes.

In addition to the nine seniors, the team will feature three juniors and three sophomores.

The Bobcats will be

playing two games each with Laconia, Kingswood, Kennett and Hanover and will play single games with Souhegan, Merrimack Valley, Con-Val, Pelham, Lebanon, Pembroke, Bow and John Stark.

The season officially kicked off after deadline Wednesday at home against Laconia and continues on Friday, April 14, at home against Souhegan, at Kingswood on Monday, April 17, and at home against Merrimack Valley on Wednesday, April 19, all with 4 p.m. start times.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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