

Gilford Steamer

THURSDAY, SEPTEMBER 19, 2024

GILFORD, N.H.

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FREE

GHS' Tripp named Physical Education Teacher of the Year

BY ERIN PLUMMER
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GILFORD — A longtime Gilford High School physical education teacher received statewide recognition for her decades of work.

Gilford High School physical education teacher

ERIN PLUMMER

(Right) Gilford High School physical education teacher and coach Amy Tripp with members of the girls' volleyball team after Tripp was honored as New Hampshire High School Physical Educator of the year.



er Amy Tripp has been named the New Hampshire High School Physical Educator of the Year by the New Hampshire Association for Health, Physical Education, Recreation, and Dance (NHAHPERD).

Principal Anthony Sperazzo announced Tripp's award during an after school staff meeting on Sept. 12. At the beginning of the meeting, Sperazzo announced the award and Tripp was also greeted by her husband

Kevin and members of the GHS girls' volleyball team.

Sperazzo said Tripp took the traditional physical education curriculum and incorporated many more activities. Some of the other physical activities she included in the curriculum included hiking, snowshoeing, biking, rock wall climbing, sports performance, yoga, and others.

"Her relentless passion for providing life-SEE TRIPP, PAGE A8

Fatal shooting leads to arrest in Gilford

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — A local man is in jail after allegedly shooting another man to death in his home on Timber Lane.

The Gilford Police Department, NH State Police, and the Belknap County Attorney's Office are investigating the shooting death of a man in Gilford that resulted in the arrest of 45-year-old David Horvath on the charges of Manslaughter and Reckless Conduct with a Deadly Weapon.

According to a statement by the Gilford Police Department, the department received a 911 call on Friday, Sept. 6 around 9:46 p.m. that a man suffered a single gunshot wound to the chest at 28 Timber Lane. Police and fire crews responded to the ad-

dress to find a person dead. Gilford Police are still withholding the victim's identity as of press time.

After an investigation, police brought in 45-year-old Brian Horvath of 28 Timber Lane for questioning. Police then arrested Horvath and charged him with Manslaughter and Reckless Conduct with a Deadly Weapon. He was held at the Belknap County jail on preventative detention awaiting arraignment at the 4th Circuit Court in Laconia.

According to Lt. Adam VanSteenburg of the Gilford Police Department, Horvath was arraigned on Monday, Sept. 9, and still being held as of press time. Details from the arraignment are still sealed.

A journey of remembrance of New Durham Civil War Encampment

NEW DURHAM — The New Durham Historical Society will again partner with the New Hampshire 12th for the 21st annual October event. Please join us on Saturday, Oct. 5, for a Benefit Dinner as we celebrate their commitment and dedication to supporting the education of the past and the future education of local students at "A Journey of Honor—Remembrance of the New Durham Civil War Encampment."

This annual event will be held at the beautiful Cullimore Home at 16 Ridge Rd., New Durham. The serving of the potluck dinner will begin at 11 a.m. and go until 2 p.m., or until sold out. All proceeds will go towards the Civil War

Memorial Scholarship. A rain date is scheduled for Sunday, Oct. 6, with the same serving time. To the dining delight of our guests, live music provided by the "Family Band" will be featured this year. They will perform music listened to during the Civil War period. Displays of informational boards and a digital picture frame featuring images of prior events will be available for viewing. If you would like to donate a dish for the dinner, please contact Cathy Orlowicz at cathyo@tds.net.

Applications for the Civil War Memorial Scholarship can also be obtained by contacting cathyo@tds.net. The deadline to submit a completed application is October 1st.



Students who are residents of New Durham between the ages of 16 and 22, have graduated or completed their education through grade

12, and students who are homeschooled, or hold a GED or equivalent, or are attending college are eligible and encouraged to apply.

After slow start, Timber Wolves rally past Hilltoppers

BY JOSHUA SPAULDING
Sports Editor

ALTON — It wasn't the start that the Prospect Mountain soccer boys were looking for when they welcomed Somersworth to town on Monday, Sept. 9.

However, it's not how you start, it's how you finish, and the Timber Wolves did that just fine, as they scored six unanswered goals to rally past the "Toppers by a 6-2 score.

"It wasn't the start we were looking for," said coach Cory Halvorsen, who returned to the sidelines after a few years away. "But once they settled down a little and played our game, they started controlling the play.

"Somersworth came out strong and did what they needed to," Halvorsen added. "We just had to settle down."

The Hilltoppers scored just more than a minute into the game for the quick 1-0 lead and after some chances from TJ Locke, Bryce Watson and Sergio Duarte, the Timber Wolves also got a save from goalie Ben Gagnon. Watson and Kaleb Kennedy connected on a chance that was also stopped by



JOSHUA SPAULDING

Shaun McAneney netted a pair of goals in Prospect Mountain's 6-2 win over Somersworth last week.

the Somersworth goalie. The visitors then upped their lead to 2-0 less than six minutes into the game before the Timber Wolves started to settle down. Duarte had a cross cleared and Kennedy and Joe Deane connected on a chance that went wide. Knyte Neathery had a good defensive stop for Prospect and Duarte had a shot stopped on a Prospect corner kick.

Watson just missed connecting with Deane on a bid and at the other end, Blake Snell had a huge clear off the goal line as the Hilltoppers threatened again. Deane also had a cross deflected wide that led to another

corner. Gagnon snared a Somersworth direct kick and Deane had a shot stopped by the Hilltopper goalie. Kennedy sent a nice cross into the zone that Shaun McAneney sent wide of the net.

The Timber Wolves finally got on the board with 19:35 to go in the first half, as Locke sent a cross in front to Wyatt Bubar and the ball got to McAneney, who buried the shot to cut the lead to 2-1. McAneney, Bubar and Bryce Lounsbury combined in close for a good chance and Deane had a couple of shots denied by the Somersworth goalie. McAneney had another shot go high and Watson



JOSHUA SPAULDING

Bryce Watson powers past a Somersworth defender during action last Monday afternoon. Watson picked up two goals in the win.

er had a few chances denied. Rylan Clifford had a shot blocked and McAneney had another shot saved.

Prospect had a couple of corner kicks that they couldn't convert and Locke made a good run into the zone that was turned back by the defense. Gagnon made another save and Locke sent a shot wide as the clock ticked down to halftime with Somersworth still up 2-1.

The Timber Wolves didn't need much of the second half to tie up the score, as Watson finished off a feed from Deane just 2:40 into the half to knot the score at two. Watson had another

shot denied and Prospect Mountain had a trio of corners but could not convert.

Less than 10 minutes into the second half, Prospect took its first lead of the game, as McAneney sent a nice ball ahead to Deane, who buried the shot and Prospect had the 3-2 lead. Duarte had a shot go high and after Somersworth sent a shot wide, Locke did the same at the other end.

With 21:17 to go in the game, McAneney netted his second goal of the game and Prospect had the 4-2 lead. Deane had another chance stopped and the "Toppers had a couple of bids stopped,

including a corner kick. Kennedy had a nice clear from the zone and Somersworth sent a shot off the cross bar as well.

With 9:42 to go, Bubar was rewarded for following up a shot, as the Hilltopper goalie bobbled a chance and he was there to bury the shot for the 5-2 lead. The Timber Wolves had another corner kick chance but could not convert.

The final tally of the game came in the final five minutes, as Watson netted his second goal of the game and the Timber Wolves picked up the 6-2 win.

"The talk at halftime was that we had to play our game, not someone else's," said Halvorsen. "Once we did that, we knew we'd get there.

"They did everything I asked of them in the second half," the Timber Wolf coach added.

Prospect Mountain is scheduled to be at Gilford on Friday, Sept. 20, and will be hosting Sanborn on Wednesday, Sept. 25, both scheduled for 4 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Alton Parks and Recreation Community Connection

Alton Trails- All Star
Alton Parks and Recreation is sponsoring a get outside and hike program. Hike seven local trails, and receive an Alton Trails All Star sticker. All you have to do is take a photo on each trail, and send the photos to parksrec-asst@alton.nh.gov. Trails include: Mike Burke Trail; Knight's Pond; Trask Swamp and Fort Point Woods Conservation Area; Gilman Pond; Mt. Major; Pine Mountain and Cotton-Hurd Brook.

Line Dancing Lessons
Line dancing lessons with Jane are held on Thursdays now through Oct. 31: 1-1:30 p.m. for beginners, and 1:40-3 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$10/season. Register on site.

Pilates Classes in Alton Bay- Tuesdays

and Thursdays
The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Weight Training Classes- Mondays and Wednesdays
The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. Learn new exercises and build strong muscles and

bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/

session or \$5 drop in.
Guided Meditation with Instructor Karen Kharitonov
The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a Guid-

ed Meditation Class on Thursday, Sept. 26 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Stop in and experience the positive state of meditation. Chairs will be available; bring a

pillow/cushion/mat if desired. The program is free, donations are greatly appreciated to support local charities. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Winni Chase Regatta returns to Wolfeboro Bay

WOLFEBORO — Following the success of last year's inaugural event, Brewster Academy will be hosting the Winni Chase crew regatta on Saturday, Sept. 28, from 8 to 11:30 a.m. (rain date: Sept. 29).

A timed head race for crew teams from around New Hampshire, the Winni Chase is expected to bring more than 500 spectators to Wolfeboro to enjoy the competition and nearby downtown shops and eateries. Brewster has collaborated with Wolfeboro Fire and Police departments, the Chamber of Commerce, and the Town of Wolfeboro to ensure that the race will be a fun addition to the weekend, which includes the Town's Annual Fall Festival and Sidewalk Sale

Days, notes Nancy Prevost, one of the Brewster organizers. "The morning of the regatta will require a partial Bay closure, but it will not block or close the Wolfeboro Town Docks at any time," Prevost says. Starting at 7:45 a.m. on Sept. 28, buoys will go up around the short race course that hugs the shore from Brewster's Pinckney Boathouse to Worcester Island and back. To protect the rowers, no boats are allowed in the race area, but there will be a large open lane on the northside of the Bay allowing traffic to the Town Docks. Marine patrol will enforce headway speed only in the northside lane to protect the rowers and cut down on wakes, and spotter boats will be positioned along

the course.
The public is welcome to watch the races from Brewster Beach off of Clark Road or from Brewster's Palazzo Field on campus.
"Bring a folding chair or blanket and enjoy the competition. There's no charge!" Prevost says, noting that parking will be a short walk away on DeWolf Field. (There will be no parking at Brewster's Boathouse, as that is reserved for emergency vehicles during the event.)
"We'd like to give special thanks to our sponsors: Lake Winni Team, Sleeping Dog Properties, ASB Architecture, Pella Windows and Doors of New England, and Downtown Grill," Prevost added.
The Regatta was inspired by Brewster's

love of Lake Winnepesaukee lore. On Aug. 3, 1852, the first American intercollegiate athletic competition of any sport took place on Winnepesaukee. What is now commonly referred to as "the Race" was a contest between Harvard and Yale rowing teams, a tradition that continues to this day, though no longer held here. "The Winni Chase Regatta honors the special place that this lake, our home lake, holds in the history of this sport," Prevost explains. Learn more about the Winni Chase Regatta and sponsorship opportunities online at brewsteracademy.org/winni-chase. And please feel free to contact the Winni Chase team at winnichase@brewsteracademy.org with any questions.

Program celebrates legacy of James Foley

WOLFEBORO — On Wednesday, Sept. 25 from 6-7:30 p.m. in the Wolfeboro Library, Mrs. Jennifer Murray do Carmo, Kingswood Regional High School social studies teacher, and several students will be joined by Diane Foley, offering the community an opportunity to learn more about James Foley, conflict journalist and Wolfeboro native who lost his life 10 years ago at the hands of ISIS as he sought to tell the stories of those 'voiceless' who suffered in the Syrian conflict.

Mrs. do Carmo teaches a course on "Global Citizenship" at KRHS where students learn about Jim's life, his moral

courage, and how that quality can and should become a motivating force in their own lives. The evening will engage attendees in open discussion, film clips from the documentary "JIM: The James Foley Story" and a Q & A with Diane Foley, Jim's mother, the students, and Mrs. do Carmo.

This opportunity to reflect on the impact of Jim's life and his legacy, now part of the mission of the James W. Foley Legacy Foundation begun by his parents, is one from which all can be enriched. There is no charge or need to pre-register. The program will engage all who attend.

BY ERIN PLUMMER
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REGION — Cinde Warmington and Chris Pappas were among the top picks with local Democrats in the state primary.

Voters took to the polls to determine the Democrat and Republican candidates that will face off in the general election on Nov. 5.

For Governor, Joyce Craig took the nomination statewide and will face off against Republican Kelly Ayotte in November. Cinde Warmington, however, was the popular candidate in Gilford, Alton, and New Durham while more Democrats in Barnstead chose Craig.

Warmington received 406 votes in Gilford, 189 in Alton, and 108 in New Durham, though didn't carry Barnstead after getting 135 votes.

Craig was the choice in Barnstead with 145 votes, though received 215 votes in Gilford, 180 in Alton, and 70 in New Durham.

John Kiper received 49 votes in Gilford, 40 in Alton, 25 in Barnstead, and 13 in New Durham.

For Representative in Congress for District 1, Rep. Chris Pappas was the favorite across the four communities with 646 votes in Gilford, 399 in Alton, 290 in Barnstead, and 185 in New Durham.

Kevin Rondeau received 30 votes in Gilford, 15 in Alton, 16 in Barnstead, and 10 in New Durham.

The rest of the offices were uncontested and all the candidates on the Democrat ticket will be running in the general election.

Emmett Soldati is running for Executive Councilor in District 1 and received 590 votes in Gilford, 359 in Alton, and 176 in New Durham.

Jim O'Connell is running for Executive Councilor in District 4 and received 272 votes in Barnstead.

For State Senator for District 2, Carlos Cardona received 582 votes in Gilford

Kelly Roberts is seeking the position of State Senator in District 17 and received 270 votes in Barnstead.

John Cesavich is the lone Democrat candidate for State Senator in District 6, receiving 354 votes in Alton and 170 in New Durham.

For State Representa-

tive in Belknap District 6, Kurt Webber, Jonathan Arsenaunt, Bob McLean, and Lena Nirk ran for the four available spots. McLean received 555 votes, Webber received 553, Nirk got, 549, and Arsenaunt got 502.

Two Democrats ran for three available nominations for Representative for Belknap County District 7. Susan Church Stevens received 239 votes in Alton and 179 in Barnstead.

Ruth Larson got 377 votes in Alton and 263 in Barnstead. The third candidate will be determined by write-in votes.

Ellen Phillips is the only Democrat running for State Representative in Strafford County District 3, receiving 169 votes in New Durham.

For Representative in Strafford County District 18, Kimberly McGlinchey is the lone Democrat candidate and received 169 votes in New Durham.

For Belknap County offices, Keith Gerard Cormier is running for Belknap County Attorney and received 542 votes in Gilford and 335 in Alton. Results from Barnstead were not available as of press time.

No Democrats filed for Belknap County Sherriff, Treasurer, Register of Deeds, Register of Probate, and County Commissioner. Those positions will be open for write-in votes.

In Strafford County, three Democrats are seeking the nomination for Sherriff. New Durham voters cast 58 votes for Steven Bourque, 68 for Tracy Hayes, and 47 for Kathryn Mone.

The rest of the Democrat offices for Strafford County are uncontested and the candidates will run for the general election.

Incumbent Emily Garod is running again for County Attorney and received 171 votes in New Durham.

Pamela Arnold is seeking another term as County Treasurer, receiving 175 New Durham votes.

Catherine Berube is running for reelection as Register of Deeds and received 170 votes in New Durham.

Jan Nedelka is running for register of Probate and got 170 votes in New Durham.

Tim Fontneau is running for County Commissioner, receiving 172 votes in New Durham.

Alton Garden Club meets Tuesday

ALTON — The Alton Garden Club's next meeting will be held on Tuesday, Sept. 24 at 1:30 p.m., with a rain date of Sept. 26. The program will be presented by member Jill Houser, and the topic will be Native Plants.

Guests are always welcome to attend. We would be happy to have you join us.

For more information, feel free to call Peggy McKinney at 603-776-6032 for place and other information.

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School District welcomes new staff

BY ELISSA PAQUETTE
Contributing Writer

REGION — School is in session, and with it comes introductions and welcome to new teachers in each of the schools within the Governor Wentworth Regional School District (GWRSD)— Kingswood Regional High and Middle Schools, the Lakes Region Technology Center, and the elementary schools throughout the district, Effingham Elementary School, Carpenter and Crescent Lake Elementary Schools in Wolfeboro, New Durham Elementary School, Tuftonboro Central School, Ossipee Central School, and Middleton Elementary School.

In addition, the GWRSD School Board held a reception at the Kingswood Arts Center on Sept. 9 — an opportunity for new staff, their mentors, school board members and administrators to mingle and become acquainted.

New staff this year includes: Vaughn Beckwith, KRHS Athletic Director; Jennifer Ouellette,

KRMS/KRHS teacher, Morgan Little, also at the Middle School, and Jenna Roy, who is teaching at the High School; Vickie Carr — Ossipee Central School Reading Specialist joined by teachers Taylor Leitao and Aidan Sisters; Amanda DiBiasie — Effingham Elementary School Counselor; Melanie Hodge, Robert Kelley, and Cara Parsons at Crescent Lake Elementary; and Chloe Mouradian, at Carpenter Elementary. Roman Ruzbasan has been hired as the new Food Service Director.



ELISSA PAQUETTE
Ossipee's School Board Representative, Dana Streeter, converses with Ossipee Central School Reading Specialists Vicki Carr (l) and Janice Arinello.



ELISSA PAQUETTE
Morgan Little has joined the staff at Kingswood Regional Middle School, following in the footsteps of his father, retired teacher Dean Little. His mother, Kelly Colby Seavey, principal of New Durham Elementary School, stands at his side.



ELISSA PAQUETTE
Crescent Lake Elementary School Principal Brian Beaverstock stands with new teachers Cara Parsons and Robert Kelley attending the GWRSD welcome reception.



ELISSA PAQUETTE
Principals from GWRSD schools throughout the district attending the welcome reception on Sept. 9 at the Kingswood Arts Center came together for a photo: (L-R) Kathy Tetreault (Lakes Region Technology Center); Grady Charland (KRHS Asst. Principal), Kelly Colby Seavey (New Durham Elementary School); Meaghan Cooper (Ossipee Central School(OCS) Asst. Principal); Andrea Fournier (OCS); Aaron Bronson (Middleton Elementary), Corinne Rowe (Carpenter Elementary); Patty Morrissey (Effingham Elementary), Brian Beaverstock (Crescent Lake Elementary); Kerry Hunt (Kingwood Regional Middle School).



ELISSA PAQUETTE
Governor Wentworth Regional School District Superintendent Caroline Arakelian introduces the School Board to new staff members during a reception at the Kingswood Arts Center on Monday, Sept. 9. Left to right: Charlene Seibel (Wolfeboro); Dana Streeter, (Ossipee); Vice Chairman Dr. Jim Manning (Brookfield); Chairman Brodie Deshaies (Wolfeboro); Tom Bickford (Wolfeboro); Dr. Elizabeth Sheckler (New Durham); and Mary Shilleriff (Wolfeboro) Absent from photo, representatives of Tuftonboro, Guy Pike II, and Effingham, Jim Pittman.



English | Englisch | Anglais | 英語 | Angliká | Yíngyǔ | Chirungu

Governor Wentworth Continuing Education FALL 2024 Class Schedule

The Governor Wentworth Continuing Education program is pleased to offer the following adult education classes to the community for the upcoming fall. The Fall 2024 class schedule can be found on the GWRSD website at gwrsd.org or pick up a printed flier from anyone of our community partners who allow us to display the class schedule at their place of business, or email adulteducation@governorwentworth.k12.nh.us or call KRHS at 603-569-2055 #1007 for more information. Most of these classes will be held on the Kingswood High School Complex unless otherwise noted. There are two ways to register for the upcoming classes: 1) The fastest way is by visiting the website 2) Filling out the form on the flier and mailing/dropping it off to Kingswood High School. Sign up soon, many have limited numbers.

- Mah Jongg for Beginners
- Advanced Beginner Pickleball
- Creative Writing: The Art of Wondering & Wandering
- Introduction to Tai Chi
- Home for the Holidays with Gingerbread Amy
- Who goes there? — Animal Tracking
- Eggshell Mosaic Art
- Tying the Crucial Knots
- Drafting & 3D Modeling
- Beginner Basic Yoga
- Barre Fusion
- Ham Radio 101
- Thai Cooking Class
- Yoga Fit
- Mindful Movement
- Therapeutic Yoga
- Pilates Sculpt
- Slow Flow & Yin Fusion
- Dance Fitness

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We Will NOT be Undersold

Opinion

SECTION A, PAGE 4

SALMON PRESS, THURSDAY, SEPTEMBER 19, 2024

Sanity over chaos

In the current political climate, the line between reality and fringe conspiracy has been blurred far too often. While it's normal—and even healthy—to have political differences, there should be an undeniable baseline requirement for sanity, fact-based reasoning, and a genuine understanding of how government works. Candidates who peddle unfounded conspiracy theories are not fit to hold positions of power, regardless of what side of the aisle they come from.

The growing trend of electing individuals who not only embrace, but champion, these theories is a dangerous one. Governance requires a deep understanding of lawmaking, negotiation, and, most importantly, the ability to work across the aisle. Yet, when a candidate's platform is rooted in falsehoods and divisiveness, they bring chaos to a process that already struggles with enough challenges.

There are candidates who may not align perfectly with your personal political views but have proven track records of compromise and effectiveness. These candidates understand the complexity of government—they know that progress doesn't come from shouting in an echo chamber or fabricating scapegoats, but from sitting down with opponents and finding common ground. These are the individuals who can work across the aisle, who understand that our government was designed to be slow and methodical for a reason, and who seek to improve it, rather than burn it down.

On the other hand, there are those who have built their careers on conspiracy theories and fear-mongering. These individuals sow distrust in our institutions and promote divisiveness, making it impossible to work toward meaningful solutions. Their goals often center around self-promotion and power accumulation, rather than serving the people or the greater good. They reject the idea of compromise, not out of principle, but out of a need to perpetuate chaos and misinformation.

Before casting your vote, it's crucial to do your research. Look into how the government actually works—how bills are passed, how compromises are made, and how policies are enacted. Examine what each candidate has done and said in the past. Have they demonstrated a willingness to work with those they disagree with? Have they proposed realistic solutions to real problems, or are they offering easy answers to complex issues, based on theories that don't hold up to scrutiny?

Sanity must win in these decisions. Even if you don't fully agree with a candidate's policies, electing someone grounded in reality is far better than someone whose platform rests on distortion and delusion. A healthy democracy is built on debate and diversity of thought, but it must also be built on truth. We need leaders who are serious about solving the problems facing our country—leaders who understand that working across the aisle isn't a betrayal, but a necessity.

In the end, casting a vote for a candidate who can cooperate with others—even those they may disagree with—ensures that government can function. Voting for those who traffic in conspiracy theories only ensures that we continue to spiral into chaos, and that's a risk we simply cannot afford to take.



COURTESY

Barnyard Tales with Mark Stevens Sept. 24

The Gilmanton Historical Society presents *Barnyard Tales* as its final program of the 2024 season. Iconic old New Hampshire barns are rapidly becoming a thing of the past as they get torn down, catch fire, or deteriorate. Mark Stevens of Canterbury was part of a group several years ago that set out to document prominent local barns before they disappeared. On the way, the group discovered fascinating tales about many barns that also had to be documented and preserved. Come hear Mark tell these interesting stories. The program, at the Old Town Hall at 1800 NH Route 140 in Gilmanton Iron Works, begins at 6:30 p.m. Social hour & refreshments at 6 p.m. All are welcome. There is no charge but donations to support the Society are welcome. For more information, visit our Web site at Home - Gilmanton Historical Society.

LETTERS FROM EDWIN

Haphazards

I have one complete set of bathroom towels. My towel supply is made up of mix and match colors and styles, all piled up neatly on their shelves. I'm totally not in Better Homes and Garden style. After I do a wash, I stack the clean items on top of their respective pile. When I want a new one, I slide one out from the bottom. A varying rate of use along, with unmatched quantities, makes for a veritable lottery of selection. I really don't care if I have a dark blue washcloth, a lite blue hand towel, and a tan bath towel. I'm not into such segregation. I'm more into function.

Today, if you happened to wander into my bathroom, you will see that all three are matching blue and white striped with a nice dark blue trim on opposing edges. Cute. What are the chances of such a thing happening? And more so, how did I ever get a full set of matching bath towels? It must have been a Yankee Swap, because I certainly didn't buy them.

This weekend, I was asked to provide sound for a wedding in a remote extremity of Maine's sea-

shore. Upon looking on my computer, I was given a travel time of two and a half hours. So that's what I planned for. I basically knew how to get the majority of the way there from my years driving the band bus. Upon heading out, I entered the address into my car's GPS machine which registered three hours to get there. How can two computers come up with different information?

I soon found out. My car GPS is programmed to avoid tolls and dirt roads. My town has eighty miles of roadway, forty paved, and forty dirt. If you ever come visit me, I recommend setting your machine to avoid dirt roads, it will save you lots of time and aggravation because some of these roads are non-maintained and subject to not being plowed or tree falls, and never mind meeting opposing traffic with no turn outs. Two dollars in tolls saved me the half hour of scenic drive time and got me to my destination as planned.

I never get to hear all this equipment that I've built and put together

over the years because I'm always up on stage behind it. All I hear is the thump of the bass and the reflections off the walls. I remember in the sixties, before stage monitors were developed, that was all we had to listen to. We actually sang harmonies with other voices that we didn't hear till a split second later. You had to know your pitch. Monitors definitely helped.

The music source for the reception was a cell phone that had everything recorded on a sound file. Talk about easy. There was a three hour assortment of dance-able songs from the last three quarters of a century. In listening, it was totally obvious where in the timeline of recording technology each song was recorded. Since record albums needed the bass squashed so as to not cause the needle to jump out of the groove, all the record album materials were comparatively bass lacking, even with their RIAA equalization. It just could have used more low end. All the music recorded since CD's came around was much fuller sounding.

The newer stuff, it's totally accentuated. It really didn't matter though, the dance floor in that little remote seaside shack was pumping. It was pleasing to hear.

This morning the temperature outside was 45. Inside the house, it had maintained 62. That's not terrible, but it is winter temps. I'm not ready to pull out the flannel PJ's yet. It's still legally summer. I did trade in my short sleeved light summer shirt for a long sleeved flannel. It helped enough for this morning. Just watch, in a couple of days I'll wish I hadn't thrown the other shirt in the laundry basket.

If that happens, I could easily just grab it back. I'm not likely to do laundry any time soon. I try to collect a good load worth before running the machine, and I just did them. Think efficiency.

So as September rolls through, all my drawers and shelves are filled. There is a shortage of empty hangers in my closet. The lawn could use a trim, and so couldn't I.

E.Twaste
Correspondence welcome at edwintwaste@gmail.com

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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Letters to the Editor

I am grateful for your confidence in me

To the Editor:

Sincere appreciation to all voters in Alton and Barnstead who cast votes for me on Primary Day as I stand for my third term in Concord. How good it was to meet and greet so many of you as I split the 12 hours between our two polling locations.

After nearly two terms of service, I was particularly humbled and gratified to receive more than 200 votes than I did on Primary Day 2022, perhaps at least in part to the growing confidence people have in me, demonstrating that I can be relied upon to uphold the principles and positions

on issues that I have campaigned upon.

We are now in the sprint to the Nov. 5 General Election. Should I be re-elected, I will enthusiastically and unreservedly renew my promise to listen carefully and work conscientiously both to preserve our state's enviable position as one of the best, if not the best places to live and to build on our accomplishments as we grapple with the numerous challenging issues that confront us.

Rep. Paul Terry
Alton

Back in the Swap Shop again

To the Editor:

After five years, the hope of reopening the Alton Swap Shop has come that much closer. It was closed because of COVID, and had experienced other issues, and some believed it would never open again. However, many of the townspeople who had used the shop wanted it back. Beginning in February, the Board of Selectmen were asked to look into the possibility of it reopening. With a default budget, money for such a project was not available. Many avenues were explored, including another location than the Transfer Station. Last Monday, with a full house of Alton residences, the Board of Selectmen voted to move what had been the building, a conex, to a new site at the Transfer Station and create a road to it. It was bare bones but with the residences support it will be up and running next spring.

Some of the problems yet to be decided are many. One is how to provide for new shelving as the old shelving had been removed. Another is getting elec-

tricity to the facility. Still a third is how to make a shipping container safer, as well as more suitable and comfortable for the shoppers and the volunteers who will manage the shop. Then too, there will always be the problems of the wrong items being left and the buildup of too many things that create clutter and an unsightly mess.

Even though there are problems, solutions have been found for some of them and volunteers have begun to sign up.

A meeting will be held shortly for the townspeople to begin solving the problems that still remain and input from the townspeople will be encouraged and vital.

A Web site on Facebook has been set up. Ongoing information can be found there. Its address is: Alton NH Swap Shop.

An email address that can be used to contact the coordinator is: AltonNHSwapShop@gmail.com.

Paul Blackwood
Alton

Comfort Keepers

Adapting homes to seniors' changing needs

BY MARTHA SWATS

Owner/Administrator
Comfort Keepers

More Americans are choosing to age in place. That is, they opt to stay in their homes rather than move to alternative retirement settings.

But that often means they must modify their home, so it's not a danger to their safety and health when their physical abilities change.

A new career field has risen to address this need: the Certified Aging-in-Place Specialist (CAPS), a program of the National Association of Home Builders. Certified individuals assess homes to identify and recommend modifications to prevent injuries from falls and other risks.

According to the Centers for Disease Control (CDC), one-third of Americans age 65 and over fall each year. The CDC adds that environmental factors lead to about half of all falls that occur at home. In addition to tripping hazards and poor lighting, these factors include a lack of needed modifications, such as bathroom grab bars, handicapped showers, stair railings and ramps. The organization offers a checklist to make sure an older adult's home is as safe as possible.

Home modifications help seniors maintain quality of life. They often prevent injuries that lead to a loss of independence and early admission to an assisted living or long-term care facility.

The following are examples of commonly recommended modifications:

- Install grab bars for toilets and tubs and install a walk-in tub and/or tub seat
- Remove unneces-

sary throw rugs and fasten down rugs or floor runners to prevent slipping

- Move furniture to create clear walking paths

• Keep objects off the floor and coil or secure cords to the wall to prevent tripping

- Replace doorknobs with lever door handles

• Apply non-slip tape on uncarpeted indoor and outdoor steps

- Replace standard light switches with rocker-style switches

• Increase the width of doorways and hallways to accommodate wheelchairs and, where possible, lower sinks and countertops

- Move often-used items to lower cabinets to avoid the need for step stools

• Repair or replace loose handrails and install adequate lighting in stairways

- Install an elevator or chair lift

• Install an elevated dishwasher or one with drawers for easy access

- Replace old stoves with induction cooktops to help prevent burns

• Replace ceramic tile floors with hardwood or vinyl for safe standing

Shedding light on home modification

When modifying a home for a senior, don't forget the importance of good lighting. Seniors need two to three times as much light in order to see as well as younger people.

Good lighting -- in the form of natural light -- provides seniors safety and other advantages:

- Sunlight provides a good dose of vitamin D, which helps the body absorb more calcium to strengthen teeth and bones. Choose window treatments that let in sun-

light, without glare, to enhance the health of seniors, many of who get outside less than they used to.

- Daylight also improves psychological health. It lessens the energy-zapping effects of Seasonal Affective Disorder (SAD) and other forms of depression.

Comfort Keepers® can help

About one-quarter of Americans over age 65 need help with everyday activities such as eating, bathing, and getting in and out of bed or a chair. Our trained caregivers can help with these and other tasks, while engaging clients in activities that improve quality of life. They can also provide support for physician-approved diet and exercise plans, provide transportation to appointments and community events and can assess a home for safety issues and reducing fall hazards. For more information on how we can help, contact your nearest Comfort Keepers® office today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent.

Please call 603-536-6060 or visit our Web site at nhcomfortkeepers.com for more information.

The griper

POSITIVELY SPEAKING TOBY MOORE

If you like to gripe, you'll say about me, "He's just writing this column to complain about people who like to gripe! He's just a complainer in disguise!" So true—I'm basically undercover in the world of whiners, taking notes on the art of pointless moaning. Call it gripe-ology, if you will.

Larry Longsigh was a hard worker by most standards but never seemed content, no matter how well things went for him. Every situation, no matter how fortunate, was met with a complaint. When he won a free vacation in a raffle, he sighed, "Now I'll have to deal with the hassle of packing and airports." When his friends threw him a surprise birthday party, instead of being grateful, he grumbled, "Why didn't they ask me first? I hate surprises." Even when his health improved after a long recovery, Larry found a way to moan, "Great, now I have no excuse to take it easy." Nothing could make him happy!

Some people gripe with just cause, and others gripe.

Larry visited the same café every morning and, without fail, grumbled, griped, and complained about everything. "Why are the napkins folded this way? They're too neat!" "The muffins are too... muffiny." One day, he grumbled, "This sunlight coming through the window? Too bright. Can't someone turn it down?" At first, the other customers tried to ignore him, but soon, one by one, they started to leave in the most exaggerated ways. One woman put down her coffee,

and then—CRUNCH! The entire thing collapsed under him, sending him sprawling in a mess of bolts, handlebars, and shame.

Don't be too hard on the person who always gripes—they're making life hard enough on their own.

Larry Longsigh didn't limit his complaints to the café or his driveway—his favorite spot to grumble was the neighborhood Christmas party. One year, he started strong. "Tinsel on the tree? Choking hazard," he muttered, tugging at a strand. At the snack table, he eyed the eggnog. "Who drinks this? It's liquid regret!"


But the real show came during the Secret Santa gift exchange. "Gift exchanges? Great, more junk," Larry groaned. When his turn came, he opened a scarf. "A scarf? What am I supposed to do with this? Hang myself?"

In typical Larry fashion, he tied the scarf dramatically, pulling too hard and accidentally hooking himself on a nearby coat rack. His legs flailed as the room fell silent, then burst into laughter. "This is exactly what I get for showing up," Larry sighed, still dangling.

Give a griper plenty of rope, and they will hang themselves.

And so, we come full circle, back to the art of pointless moaning—gripe-ology at its finest.

In the end, though, constant complaining is a trap. Life keeps moving, whether you're enjoying it or not. So, the real question is: will you spend it griping, or will you find a reason to smile?



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OBITUARIES

Hali Wilde, 76



Hali (McKimm) Wilde, age 76, of Alton Bay, New Hampshire, and The Villages, Florida, passed away peacefully on August 30, 2024. Born Hali Lorraine McKimm on May 24, 1948, in Canton, Ohio, Hali was a devoted wife, mother, and grandmother.

Predeceased by her parents, Gene and Velma (Dimmerling) McKimm, and her brother, Michael McKimm. Hali is survived by her loving husband of 46 years, Sidney, and their two sons, Owen Wilde (Jamie) and Seth Wilde (Stephanie) of Alton Bay, NH. She is also lovingly remembered by her brothers, Thomas McKimm of Naples, Florida, and Terry McKimm of Louisville, Ohio; her sister, Rebecca McKimm of Waikoloa, Hawaii;

stepchildren, Erick Wilde (Denise) of Henniker, New Hampshire, and Bryan Wilde of Sagamore Beach, Massachusetts; and her six cherished grandchildren.

Hali enjoyed a successful career as a registered nurse, working at renowned institutions such as Sloan Kettering in New York City, Hollywood Memorial in Flor-

ida, and Holy Cross Hospital in Fort Lauderdale. She touched many lives with her compassion and dedication to her patients before dedicating herself fully to raising her family.

Known for her warm hospitality and loving nature, Hali had a talent for making those around her feel welcome. She enjoyed many clubs including gardening, quilting, book clubs as well as kayaking on Lake Winnepesaukee and her beloved yoga. Her home was always a place of comfort and beauty, reflecting her meticulous attention to detail. Above all, her greatest joy was spending time with her grandchildren, who were the light of her life.

A private service will be held at a later date.

ABA Monthly Member Highlight: Lake Winnepesaukee Association

ALTON — The Alton Business Association had the pleasure having the Lake Winnepesaukee Association (LWA) as the speaker for our monthly meeting and learned more about them and their crucial role in protecting one of New Hampshire's most cherished natural resources; Lake Winnepesaukee. The LWA's mission is to protect and improve the water quality of Lake Winnepesaukee and its watershed through advocacy, education, and direct action. Their work is vital in ensuring the long-term sustainability of the lake for future generations of residents, visitors, and wildlife alike.

Through water quality testing, monitoring, and implementation of watershed management plans, the LWA works tirelessly to address issues such as runoff pollution and shoreline erosion, which pose threats to the lake's ecosystem. One of their accomplishments includes securing \$650,000 in federal grants aimed at safeguarding and enhancing water quality across the Lake Winnepesaukee watershed. This funding will support critical projects designed to mitigate pollution and protect the lake's delicate ecosystem.

Lake Winnepesaukee has been identified by the Environmental Protection Agency (EPA) as one of New Hampshire's threatened or impaired bodies of water. It is listed for marginal support of plant and animal life, which makes the LWA's work even more vital. To address these concerns, the LWA is leading the Lake Winnepesaukee Comprehensive Protection Initiative. This initiative focuses on implementing long-term solutions to preserve the lake's water quality, reduce nutrient loading, and protect the health of the lake's ecosystem.

Experience shows that the most effective approach for monitoring and protecting valuable water resources is a comprehensive watershed-based management plan. In fact, such plans are a requirement for securing EPA funding for stormwater mitigation and protection projects

under the Clean Water Act. How can you help? There are sponsor and volunteer opportunities available.

*The LWA are seeking sponsorship to help cover the costs involved in holding the Winnepesaukee Cleanup Event, an amazing and important cleanup event for our lake. People from all around the lake volunteer to pick up trash along roadways and areas near the shoreline. Last year, approximately 12 yards of trash was collected! There will be a gathering at the Ames Farm Inn with a tentative date of Oct. 1 for the event. All proceeds and donations go directly to costs associated with holding the Winnepesaukee Cleanup Event.

*The Steering Committee primary role is to access and provide feedback on essential draft deliverables and project outcomes. Additionally, members will engage in field work and other supportive activities. This project is expected to span two years, with steering committee meeting two to four times annually, as scheduled by project manager.

Volunteers are needed to join steering committees for watershed management plans in Center Harbor, The Broads, and Alton Bay. The project is estimated to span for 2 years with members meeting two to four times per year.

For more information about the Lake Winnepesaukee Association's work, ongoing projects, and how to volunteer please visit www.winnepesaukee.org.

Every month we sit down with one of our amazing ABA members to get to know them a little better! We ask each member the same questions, providing an opportunity for our members to highlight the important work that they do in our communities. If you're an ABA Member and would like to be considered for future Monthly Member Highlights, please reach out to us via email at info@altonbusinessassociation.com.

Q: Tell us about your business?

A: The Lake Winnepesaukee Association (LWA) is a non-profit organization dedicated to protecting the water quality and natural resources of Lake Winnepesaukee and its watershed. Our Mission is to protect the water quality and natural resources of Lake Winnepesaukee and

its watershed now and for future generations.

Q: Tell us about yourself.

A: I am the Director of Outreach & Development since July 1. I spent over eight years with the Lakes Region Chamber and collaborated with the ABA. I will be joined by Pat Tarpey, President of the LWA for the science side of the impacts to Lake Winni. She leads her effort to identify threats to Lake Winnepesaukee's water quality and to develop and implement action plans to mitigate their impacts.

Q: How did your business get started?

A: By a group of concerned residents.

Q: What has your relationship with the Alton Business Association done for you or your business?

A: The ABA is an excellent community organization contributing in so many ways to the Alton community and beyond. LWA is a non-profit member.

Q: What do you value most about this community?

A: The ABA community is vibrant and active in planning and executing so many community impact events.

Q: Why did you want to open your business in this community?

A: Lake Winnepesaukee!

Q: What business accomplishment are you most proud of?

A: The health of the Lake is critical to our economy. We have completed projects that have lessened the amount of phosphorus that enters the lake and we will soon begin the undertaking the watershed monitoring plan for Alton Bay.

Q: What does the future hold for you and your business?

A: Our mission is critical as a healthy lake is our economy.

Q: What is one piece of advice you wish you had as a new business member?

A: As non-profit organization it is critical for us to gain awareness of our mission.

Q: How can people who want to learn more about you or your business get in touch with you?

A: Joanne Haight can be reached at jhaight@winnepesaukee.org or by phone at 603-505-2937. Sign up for the newsletter on the website or follow them on Facebook at Lake Winnepesaukee Association. Volunteer opportunities available.

Check out your next movie at the Gilman Library

ALTON — Did you know that the Gilman Library at 100 Main St., Alton, has a wide variety of video discs for loan?

The library currently holds more than 3,000 DVDs in all genres, available for library card holders. The collection includes around 350 animated films. There are over 50 Blu-rays, nearly 50 New Hampshire videos, and about 300 DVDS that are part of popular television series. All the DVDs are available for one-week loans and an automatic one-week renewal is generated by our computerized circulation system, if there is not a reserve pending. The library patron is responsible for the DVD until it is checked in at the circulation desk. The only requirement, other than returning

your DVD, is to return it inside at the circulation desk, and not in the After-hours Book Drop. The After-Hours Book Drop, located at the front door, is for books only, after hours. The reasoning is that DVDs (and CDs, as well) may be damaged by incoming books dropping into the box before they are checked in.

If you cannot find a special film or specific television series that you are looking for, we can request to borrow it from another library within the state and have it available to you in about a week or two. Many of our patrons enjoy this inter-library loan service for books, books-on-CD, and DVDs that we do not have on our shelves.

Many patrons find it gratifying to

watch a favorite DVD on their own schedule. In a day and age where many people utilize live-streaming through paid subscriptions, cable, or dish, it is nice to know that there are free options.

The Gilman Library's mission has always been "to enrich the quality of life through nurturing the joy of reading and lifelong learning by addressing the informational, educational, and recreational needs of the community." This library seeks to address all mediums to accomplish that. At the Gilman Library, you will find books, magazines, DVDs, CDs, games, a collection of assorted and sundry Library Things, fax and copy service, public computers, free Wi-Fi, a community jigsaw puzzle, chess and checker table, and comfortable places to read, relax, or chat with a friend over a coffee from the coffee station. While chatting with other patrons, you are sure to hear recommendations on the next DVD that you just must check out. See you at the library.

Church Service SCHEDULE

<p>ABUNDANT HARVEST FAMILY CHURCH Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvestnh.org or e-mail ahf@faith.com.</p> <p>ALTON BAY CHRISTIAN CONFERENCE CENTER Sundays throughout the summer 10am & 7pm; 875-6161.</p> <p>BEFREE COMMUNITY CHURCH, ALTON Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Ruhl, www.befreechurch.net.</p> <p>CENTER BARNSTEAD CHRISTIAN CHURCH Worship Service 10:00am Bible Study 11:15am Rte 126 next to Town Hall Call or Text (603) 269-8831 centerbarnsteadcc.org</p> <p>CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING Gathering Saturday evenings at 5:30 p.m. The Gilman Community Church 1803 NH Route 140, Gilmanton Ironworks, NH ccoppraisegathering@gmail.com</p> <p>COMMUNITY CHURCH OF ALTON Pastor Jared Cassidy 10am Worship service Sunday 20 Church St Alton (603) 875-5561 www.ccaalton.com</p> <p>CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC Sunday School and Worship Services Rev. Kate Kennedy 603-776-1820 Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m. ccnorthbarnstead.com</p>	<p>FIRST CONGREGATIONAL CHURCH OF FARMINGTON Worship Services: 10:00 AM Sunday School: 10:15 AM Sept. To June 400 Main Street Farmington, NH 03835 www.farmingtonnhucc.org</p> <p>FIRST BAPTIST CHURCH OF NEW DURHAM NH Sun. School 9:30am; Church 10:30am; Evening Service 6pm; Sun. Prayer Meeting 7pm. Depot St., New Durham; Pastor Ryan Blackard</p> <p>PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H. on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846</p> <p>ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole Pastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. & 8:00am.</p> <p>ST. STEPHEN'S EPISCOPAL CHURCH Sunday 9:30, 50 Main St., Pittsfield Rev. Miriam Acevedo with Rev. Stephen Ekerberg www.ststephenspittsfield.com</p> <p>UNITED METHODIST CHURCH Rt. 171 at Tuffinboro Corner. Sunday services 10:30 am. Church 603-539-8058</p> <p>UNITARIAN UNIVERSALIST SOCIETY OF LACONIA Sunday services and religious education 10:00 a.m. All are welcome. 172 Pleasant St. Laconia • 524-6488 • uus.org</p> <p>MAPLE STREET CHURCH Sunday Service 11am 96 Maple Street, Center Barnstead NH 03225</p>
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We Care benefit concert to support Circle Program

MEREDITH — Circle Program is thrilled to announce the support of community sponsors throughout the Lakes Region and Greater Concord areas for the We Care Concert. Many area businesses and organizations have answered the call and have chosen to generously support the program.

Circle Program would like to thank our top sponsors — Empowerment Sponsor: Five C's Family Trust, Confidence Sponsors: Outside Unlimited and Salesforce, and Courage Sponsors: Kohv Eyewear and Nixon Peabody.

All proceeds will directly benefit Circle Program, a non-profit whose mission is to Empower, Transform, and Enrich girls' lives through Community, Connection, Camp, and Mentorship. The 80+ girls and teens enrolled in Circle Program come from 34 towns all throughout the Lakes Region and Greater Concord areas. Since 1993, Circle Program has been provid-



ing new opportunities through programming and mentorship to local NH youth. Circle Program provides a

unique combination of 1:1 mentoring, school-year programming, and residential summer camp all 100 per-

cent tuition free to its participants. The year-round mentoring plays a vital role in the program's success. Each year Circle Program looks to add 20 new volunteer mentors to the program. Each mentor is paired with a mentee and they meet twice per month (one activity is planned by Circle Program). If you are interested in making an impact on a local girl's life, please go to

circleprogram.org for more information or email lisa@circleprogram.org.

The We Care concert presents The Cat's Pajama's Vocal Band – a capella redefined with five incredible vocal artists with a big band sound! The show will take place on Saturday, Oct. 26, at 7:30 p.m. at the Inter-Lakes Community Auditorium in Meredith.

Can't attend the

show but still want to support the cause? Contact Circle Program to purchase a ticket to allow us to provide a new opportunity for a mentee and their mentor to attend the show! Office phone: 603-536-4244.

Tickets are \$40 and are available at tbinh.org/we-care-concerts or can be purchased with cash or check at retail locations listed on the Web site.

Lakes Region Art Gallery proudly presents "Fur & Feather Fine Art" exhibit



TILTON — The Lakes Region Art Gallery, located at the Tanger Outlets, is delighted to announce the opening of its latest exhibition, "Fur & Feather Fine Art Exhibit," showcasing an array of artworks that celebrate the beauty and intricacy of wildlife. This exclusive exhibit will run from Sept. 5 through Sept. 29.

The "Fur & Feather Fine Art Exhibit" invites art enthusiasts and the public to immerse themselves in a collection that captures the essence of nature through various artistic mediums. From delicate watercolors to bold sculptures, visitors will have the opportunity to explore how artists interpret the natural world.

Join us for the Artists Reception on Saturday, Sept. 21 from 2 to 4 p.m. We will have our local chainsaw artist, Jim Luckern, showing how he creates his fabulous pieces. This event will feature light refresh-

ments and provide an excellent opportunity to meet the artists, discuss their works, and enjoy the community spirit of the Lakes Region. The reception is open to the public, and all are welcome.

Additional highlights:

- People's Choice Awards presentation: During the reception, we will also announce the winners of the People's Choice Awards from our 84th Annual Exhibit last month. This is your chance to see which artworks resonated most with our visitors.

- Mystery raffle: Don't miss out on our exciting Mystery Raffle! Three unique pieces will be raffled off, with tickets available

for purchase at the gallery. Stop by to pick up your raffle tickets and try your luck at winning these mystery artworks.

For more information about the exhibit, the reception, or to purchase raffle tickets, please contact the Lakes Region Art Gallery at 603-998-0029.

About Lakes Region Art Gallery

Located in the heart of Laconia, the Lakes Region Art Gallery has been a hub for local artists and art lovers since its inception. Dedicated to promoting and showcasing fine arts, the gallery hosts numerous exhibitions throughout the year, fostering a vibrant arts community.



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Patrick's voted Lakes Region's Best Burger in 2024 Best of NH Poll

GILFORD—Patrick's has been voted the 2024 Best Burger in the Lakes Region in New Hampshire Magazine's Best of NH Poll.

More than 17,000 people voted, and Patrick's half-pound Angus burger has topped the charts. The perfect ratio of Angus short rib, beef brisket and chuck is grilled to order on the flat-top grill, sealing in those delicious flavors and juices. The patty is typically nestled in a buttery brioche bun and is infinitely customizable.

"Our burgers are large, flavorful and consistently delicious," said Executive Chef Rick Morten.

The most popular is Patrick's All-American Burger, topped with melted American cheese, crispy hickory smoked



Patrick's Executive Chef, Rick Morten, left, and Patrick's General Manager Megan Page.

bacon, lettuce, tomato, onion, house-made pickles and roasted garlic aioli on a grilled brioche bun.

While those classic burger combinations are staples on Patrick's diverse menu, Morten loves to get creative and experi-

ment with unique flavors from around the world. His recent creation—the Thai Burger—layered

with house-smoked pork belly, house-made Thai cucumbers, pickled red onions and Sriracha ai-

oli—sold out fast on the daily specials menu.

Morten is proud of staff who made winning this award possible.

"We have a great team in the kitchen. Our staff have been working here a long time. That provides passion and consistency our guests can count on," Morten said.

General Manager Megan Page is thankful to all of the restaurant's satisfied guests who cast their vote.

"We take pride in every dish we serve," Page said. "This is a big win for our kitchen, and we are grateful to everyone who tasted our burgers and loved them enough to vote."

For more information on Patrick's or to take a peek at the menu, visit patrickspub.com.

COURTESY

Meeken and Kelly perform cabaret-style fundraiser for Playhouse



Ashley Meeken and Teghan Marie Kelly met while performing as mother and daughter in the Winnepesaukee Playhouse's 2023 production of "Mamma Mia!"

MEREDITH — The Winnepesaukee Playhouse will be presenting "Behind the Curtain" with Ashley Meeken and Teghan Marie Kelly on Oct. 5. This cabaret-style performance is a fundraiser for capital projects

at the Playhouse. The event is an evening of song which celebrates the friendship of two extraordinary artists - Ashley Meeken and Teghan Marie Kelly. Both were raised in the Lakes Region, and have had the

opportunity to perform on an international stage but have continued to bring their talents to various theatre companies in the Lakes Region.

Despite their similar careers in local professional theatre, they didn't cross paths until they were cast as mother and daughter in the Winnepesaukee Playhouse's 2023 production of "Mamma Mia!" when a strong bond was formed.

This performance will include solos and duets and will chart their friendship from the rehearsal room to the stage and beyond.

The performance will begin at 7:30 p.m., and patrons can choose between a show-only ticket and a VIP ticket that will include a pre-show reception. The reception will include hearty finger foods and soft drinks. Bar service will be available. It will also include the opportunity to meet members of the cast and creative team of the Playhouse's next production, "A Year with Frog and Toad!"

This event is generously sponsored by the Platinum Group at Re/Max Bayside and tickets can be purchased at www.winnepesaukee-playhouse.org.

TRIPP

(continued from Page A1) time fitness activities ahs transcended into opportunities hat many physical educators dream of offering," Sperazzo said.

Sperazzo also recognized Tripp's work as a varsity volleyball coach, including winning three straight state titles in 2018, 2019, and 2020. He said Tripp is also a certified massage therapist and served for six years as the executive director of the Lake Winnepesaukee Sailing Association.

Tripp said she found out she received the award that day and she said she was moved to tears when she found out.

"Thank you so much, you guys are all amazing and I appreciate and hopefully I can live up to it," Tripp said during the meeting.

Tripp said later the nominating process for the award involved filling out a lot of forms as well as including a resume and writing about accomplishments.

She said the email saying she had won was sent through her personal email that she hadn't checked until that day.

Tripp said this award was a big honor.

"To be acknowledged among my peers in high schools around the state is really an honor," Tripp said. "I just feel I try to do my best everyday."

Tripp started her career as a physical fitness



GHS Principal Anthony Sperazzo honors physical education teacher Amy Tripp.

instructor. She grew up in Oregon and her family moved to New Zealand, where she lived until she was 23. She attended the University of Otago in New Zealand and received her certification as a fitness instructor. She then followed her mom to New Hampshire where she now lives with her family.

Tripp has been coaching in Gilford since 1994. She said she was working at the Laconia Athletic and Swim Club where former Gilford Superintendent Paul DeMinico was a member and DeMinico encouraged her to become a teacher. She got her teaching certification two years later and joined Gilford High School in 2009.

"I think somewhere in me there was always a teacher because I taught fitness at the club," she said.

She said it is her mission "to help the young people be the best they can be" and believes in

lifetime fitness and the importance of movement.

GHS Athletic Director Rick Acquilano said her strength is being conscientious and adaptable. He said she always provides for her students in the classroom as is well liked by her team.

"I've been around for a while and she's as good as they come," Acquilano said. "It feels like someone in your family being honored because she's one of the family."

Members of the varsity volleyball team congratulated their coach.

"I think she deserves it because she's an amazing coach," said sophomore Darby Hughes.

Hughes said Tripp is always nice and supportive with the team.

"I think we're all really proud of her; it brought tears," said senior Kaegan Sanville. "She's a great coach."

Sanville said it was great to see her get this recognition.

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Powerhouse transforms Prescott Farm into Wonderland

LACONIA — Powerhouse Theatre Collaborative is once again teaming up with Prescott Farm to bring audiences a unique theatrical experience. Follow Alice and the White Rabbit through the beautiful grounds of Prescott Farm and meet up with familiar characters along the way in this promenade theatre event – “Alices Adventure in Wonderland.”

This marks the first time Powerhouse has produced a show in which the audience follows a character through each scene at different locations. This production has five Alices and

five White Rabbits, so a new combo kicks off their adventure with a small group of audience members every 20 minutes. Each pairing will perform twice each day, allowing Powerhouse to have 10 time slots available on each date. Powerhouse has also double-cast all the other roles and split them into the “Eat Me” and “Drink Me” casts, a play on the classic scene in “Alice’s Adventures in Wonderland” by Lewis Carroll. So if there is a particular person you

COURTESY
(Right) Kelly Bennett as one of the Cheshire Cats hangs out on the grounds of Prescott Farm.



wish to see perform make sure you check the schedule and sign up for the correct time slot!

“It’s been exciting to direct this first-of-its-kind production for Powerhouse. I have thoroughly enjoyed the individuality and creativity that each actor has brought to this show. There are so many different Alice/Rabbit and cast combinations that you could see the show 10 times and get a different performance each time, which is part of what makes this production so unique and wonderful,” says director Courtney Palmer.

“Alices Adventure

in Wonderland” will perform on Sept. 15, 21 and 22 from 1 to 4 p.m. at Prescott Farm, with departure times leaving every 20 minutes. Each show will be around 45 minutes to one hour in length, and require audience members to walk to each scene, so appropriate footwear and comfort walking around the campus is recommended. For more information on the schedule and to purchase tickets, please go to www.powerhousenh.org/alice-sadventure. There are only 16 tickets available for each time slot, so don’t wait until the last minute to purchase your tickets at the link above. Tickets are \$10 and the adventure promises to be fun for all ages!

This special event is sponsored by Boothby Therapy Services, and is part of the 2024 Spark Series sponsored by Taylor Community, Laconia Daily Sun and Home Beautiful. Powerhouse’s 2024 season is generously sponsored by Lavalley Middleton Building Supply, Meredith Village Savings Bank, and the Platinum Group.

Check out powerhousenh.org for all the latest info on Powerhouse, or contact info@powerhousenh.org for more details and other opportunities to get involved or become a sponsor. For more information on all the programs at Prescott Farm go to prescottfarm.org.

OnWeGo to perform live at The Loft at Hermit Woods

MEREDITH — The Loft at Hermit Woods Winery, alongside Sweet Mercy’s Kitchen, is thrilled to present OnWeGo, a group of world-class musicians who blend jazz, pop, and world music in an unforgettable evening of vocal harmony and improvisation. Join us for an intimate night of exceptional music, gourmet food, and fine wine in a relaxed and cozy atmosphere Thursday, Sept. 19.

The star-studded lineup includes:
• Mark Shilansky – Described by the Boston Globe as an “inventive, modern mainstream jazz pianist,” Mark’s compositions and melodic improvisations captivate audiences worldwide. In addition to his performances, he’s a professor at both Berklee College



of Music and the University of New Hampshire, nurturing the next generation of jazz talent.

• David Thorne Scott – A singer-songwriter known for his unique fusion of jazz and Americana, David’s work “explores the intersection of city and country, instrumentation and lyrics, creating lush, unifying, and healing compositions” (Eponymous Review). His innovative approach

breathes new life into classics from the Great American Songbook.

• Sara Caswell – A Grammy-nominated violinist hailed by the late David Baker, jazz educator and director of the Smithsonian Jazz Masterworks Orchestra, as “one of the finest violinists of her generation.” Sara’s world-class performances are a testament to her exceptional talent and musical mastery.

• Eric Byers – An accomplished guitarist, composer, and arranger, Eric’s versatility shines both on stage and in recordings. As a professor of Harmony and Jazz Composition at Berklee College of Music, his work is celebrated in concert halls and clubs around the globe.

Don’t miss this rare opportunity to experience OnWeGo live in the intimate setting of The Loft at Hermit Woods. Tickets are limited, so secure yours today by visiting hermitwoods.com/music.

About the Loft at Hermit Woods - Listening Room Series

The Loft is an intimate sixty-seat music venue offering a listening room experience in downtown Meredith at Hermit Woods Winery and Eat-

ery. We bring world-class artists from New England and beyond to perform on our Loft stage. We feature Jazz, folk, blues, classical, and world music. Each performance will provide you with an up-close and personal experience with the performing artists. The audience is asked to refrain from talking during the show, allowing the artists and the audience to immerse themselves in the performance in a way not possible otherwise.

Hermit Woods Winery and Eatery is located at 72 Main St. in Meredith, and is open seven days a week year-round. Visit their website, www.hermitwoods.com, to learn more.

Deadline nearing for Children’s Auction funding requests

LACONIA — The Greater Lakes Region Children’s Auction is accepting applications for funding until Oct. 15. Details and an online application are available at childrensauction.org.

Local nonprofit organizations that provide support to local children and their families in need are encouraged to apply for funding if they:

- Hold tax-exempt status under Section 501(c) 3 of the Internal Revenue Code and/or public agency status.
- Serve Greater Lakes Region children in need.
- Have a proven history of providing value to the children in the region.

Numerous fundraising events in the Lakes



COURTESY
Children’s Auction volunteers gather at the 2023 Distribution Luncheon, at which nonprofit leaders accept their funding awards.

Region throughout the year support the Greater Lakes Region Children’s Auction, including a four-day signature event every December. In the past four decades, the organization has distributed more than \$8.6 million to more than 80 nonprofits that serve low-income families and children in

the Lakes Region. For more information on how to apply and the kinds of organizations funded, visit childrensauction.org.

About the Greater Lakes Region Children’s Auction
Numerous fundraising events in the Lakes Region throughout the

year support the Greater Lakes Region Children’s Auction, including our four-day signature event every December. In the past four decades we have distributed more than \$8.6 million to over 80 nonprofits that serve low-income families and children in the Lakes Region, all through volunteer efforts, community donations and corporate sponsorship. The Auction falls under the umbrella of the Greater Lakes Region Charitable Fund for Children, a 501(c)(3) nonprofit organization that helps local community organizations that serve children and families in need. For more information about the Auction, the nonprofits it supports, and how you can help, visit ChildrensAuction.org.

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Songwriter Series lineup set for Sept. 25

MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) which has brought the monthly music series Songwriter Round-Up to the Lakes Region is set to deliver another great show at the end of this month.

Held in the region's premier listening room, The Loft, located on the second floor of the Winery, this series has been giving audience members a chance to experience the original music of talented singer-songwriters from the New England area and beyond. At each show three artists share



Wright Museum welcomes David Chrisinger for lecture, book signing

WOLFEBORO — On Tuesday, Sept. 24 (postponed from Sept. 10), the Wright Museum will welcome David Chrisinger. This is the final program of the Wright Museum's 2024 Education Series.

At the height of his fame and influence during World War II, Ernie Pyle's nationally syndicated dispatches from combat zones shaped America's understanding of what the war felt like to ordinary soldiers, as no writer's work had before or has since. From North Africa to Sicily, from the beaches of Anzio to the beaches of Normandy, and on to the war in the Pacific, where he would meet his end, Ernie Pyle had a genius for connecting with his beloved dog-faced grunts. A humble man, himself plagued by melancholy and tortured by marriage to a partner whose mental health struggles were much more acute than his own, Pyle was in touch with suffering in a way that left an indelible mark on his readers. While never defeatist, his stories left no doubt as to the heavy weight of the burden soldiers carried. He wrote about post-traumatic stress long before that was a diagnosis.

David is the author of "The Soldier's Truth: Ernie Pyle and the Story of World War II," which chronicles the life of renowned war correspondent Ernie Pyle and "Stories Are What Save Us," a profoundly moving book that weaves together David's journey as a writer, editor, and teacher with a wide range of craft tools and storytelling frameworks and

structures he and his students have used to process trauma and conflicts in their own lives to create beautiful stories of growth and transformation. David is also a Logan Nonfiction Fellow and has contributed columns to the New York Times Magazine. He also regularly contributes to The War Horse, an award-winning nonprofit newsroom dedicated to educating the public on military service, war, and its impact. In addition to his work as an author, David serves as the Executive Director of the Harris Writing Workshop, leads the Persuasive Writing Credential Program, and advises the student-led Chicago Policy Review at the University of Chicago's Harris School of Public Policy.

Doors open at 6 p.m., the program begins at 7 p.m. in the Wright Museum's DuQuoin Education Center, 77 Center St. in Wolfboro. Admission is \$5 for members and \$10 for non-members. Reservations are strongly encouraged and can be made online at <https://wrightmuseum.org/lecture-series> or by calling 603-569-1212. Books may be purchased in advance at the Country Bookstore or at the lecture at the Museum.

The region's leading resource for educators and learners of all ages on World War II, the Wright Museum features more than 14,000 items in its collection that are representative of both the home front and battlefield. For more information about the 2024 Lecture Series, or museum, visit wrightmuseum.org.

their songs and stories in a unique in-the-round style performance. This intimate series features two different songwriters alongside host performer Katie Dobbins on the last Wednesday of every month.

The series has been steadily gaining in popularity with many sold-out shows and a growing number of area residents attending as many shows as possible to experience the show "magic" that each new lineup creates. Winery co-founder and owner Bob Manley is thrilled to have his establishment be home to the monthly Songwriter Round-Up Series.

Remarking on the success of the series, Manley reaffirms the valued partnership the Winery has developed with Katie

Dobbins Music, expressing, "Working alongside Katie Dobbins and her Songwriter Round-Up Series has been an absolute delight. Katie brings an engaging presence to the stage, effortlessly connecting with our audiences and showcasing incredible talent with each performance."

Dobbins, who previously hosted this series in the Boston area, is grateful to be able to bring it to her New Hampshire community.

Reflecting on the Songwriter Round-Up Series at Hermit Woods Winery, she says "Bob Manley and his fellow co-owners, along with the Winery staff, have been so supportive in the creation and delivery of this songwriter series."

Dobbins adds, "I've

met and shared this stage with so many talented artists through these shows and the reception and support from the Lakes Region community has been amazing and rewarding for all of us. Though I perform throughout New England, this monthly series in my home community is something really special to me."

The next Songwriter Round-Up show takes place on Wednesday, Sept. 25, featuring New Hampshire artist Katie Dobbins who blends folk and pop into a genre of her own, soulful folk singer-songwriter Temple Mountain from New York City (Long Island), and Amanda McCarthy, an artist with New Hampshire roots now living in Nashville delivering orig-

inal music with elements of folk, rock, and a touch of country. All of these artists bring their own unique life-lyrics, melodies, and styles to the stage. This promises to be an evening of great original music and dynamic entertainment that you won't want to miss. Learn more about these artists on the Hermit Woods Winery Web site.

A complimentary wine tasting will begin at 5:30 p.m., Loft seating opens at 6 p.m., and music starts at 7 p.m. Patrons can further enhance their evening by selecting from a menu of tasty items available from Chef Kaylon Sweet of Sweet Mercy's kitchen. Tickets can be purchased in advance at hermitwoodswinery.com/the-loft or in-person at the Winery.

Bank of New Hampshire welcomes Nicole Ceja as Prestige Plus Administrator

LACONIA — Bank of New Hampshire is pleased to announce that Nicole Ceja has joined the Prestige Plus team as the Prestige Plus Administrator.

Ceja brings more than a decade of experience in the financial services industry and a wealth of knowledge in customer relations and banking. In this new role, Nicole will support the Prestige Plus Officer, Cindy Salta, and administer the Prestige Plus program. The Prestige Plus program is a professional travel program which is a benefit to our valued customers who maintain a Prestige Checking Account.

Previously serving as the Bank's Training Manager, Ceja has developed a deep understanding of Bank of New Hampshire's mission and brand. Her dedication to building long-lasting relationships, combined with her commitment to helping customers achieve their travel goals, makes her a



COURTESY

Nicole Ceja

perfect fit for this role.

"Nicole's extensive experience and passion for service will be invaluable as she steps into her new role," said Cindy Salta, Vice President - Prestige Plus Officer for Bank of New Hampshire. "We are confident that her leadership will further enhance the experience for our Prestige Plus members."

Ceja resides in Hillsborough with her husband, son and their four

dogs. Known for her adventurous spirit, she is excited to connect with Prestige Plus members and looks forward to making meaningful connections as she embarks on this new journey. Please join us in extending a warm welcome to Nicole Ceja. We are thrilled to have her on board and look forward to seeing her contribute to the continued success of the Prestige Plus program.

Bank of New Hampshire is happy to have Ceja in this role on our team as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2.5 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH.Bank.

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PETS OF THE WEEK



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Baby

Meet Baby!
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SPORTS**Burnham's early goal gives Gilford win over Winnisquam**

BY JOSHUA SPAULDING

Sports Editor

TILTON — The Winnisquam and Gilford boys' soccer teams haven't played each other in a few years.

For fans in attendance for the game between the two teams last Wednesday, Sept. 11, it may have been worth the wait, as the two squads battled back and forth for the entire 80 minutes, with a goal in the first two minutes eventually being the deciding factor in the Golden Eagles' 1-0 win over the host Bears.

"Our defense was rock solid, our goalkeeping was solid and we played well in the midfield," said first-year Gilford head coach Kevin Shaw. "We are struggling to score goals, but we are getting the opportunities."

"A good portion of the game was played in both halves, we definitely got into their box," said Winnisquam coach Tom Osmer. "They may have had more chances, but we certainly had some."

The Golden Eagles scored the game's lone goal with less than 1:15 gone in the game, as Anthony Burnham buried a shot after getting past a Winnisquam defense that was still settling into the game.

Gilford came back with a chance from Bode McLean that was stopped by the defense of Justin Tardif. Micah Javalgi had a direct kick for Gilford and Brady Alessandro had a chance that was stopped by Winnisquam keeper Jacob Twombly. Brendan Goodwin turned in a strong defensive play for the Bears and Burnham had a long shot that Twombly snared.

McLean had another chance in the zone, with Carl Edwardson making a good defensive stop and Goodwin made a nice run down the sideline that the Gilford defense held back. Tardif sent a good



Winnisquam's Jon Wright and Gilford's Evan Wilson battle along the sidelines in action last week in Tilton.

ball in to Xavier Mondesir and Colby Blackburn had a shot, both of which were turned away by Gilford's defense.

Braeden Perrault had a direct kick chance for Winnisquam and Burnham had a crossing pass through the box at the other end. Gilford had the game's first corner but could not convert and McLean sent a shot wide of the net. The Golden Eagles had two more corner kick chances, with Burnham sending a shot over the top of the net. Winnisquam came back with direct kick chances from Perrault and a good run from Blackburn, but they couldn't get the ball in the net.

Ari Booth had a cross through the zone for the Bears and Burnham had a shot go wide at the other end. Javalgi had a chance denied by Twombly and Wyatt Cushing had a shot denied by Gilford keeper Gavin Forest. Victor Pham had a nice clear for the Winnisquam defense and Twombly made a late save on Burnham as the game went to the half with Gilford up 1-0.

McLean had a good run in to start the second half, with Pham and Taber Haggett making solid defensive stops. Burnham sent another shot wide of the net and Tardif and Mondesir teamed up on

a chance for the Bears, with Jared Beale making a good defensive stop.

Twombly made a great save on a Gilford corner and Javalgi and Christian Nunez had chances for Gilford that did not connect. The Golden Eagles had another corner and Owen Wolpin headed the ball on net, with Goodwin heading it out of the box. Blackburn had a long direct kick that Forest snared and Edwardson had a good defensive stop for Winnisquam. McLean sent another shot wide and at the other end, Perrault and Blackburn had shots denied by Forest.

The Bears had a corner kick but could not convert and Jevan Beale had a great scoring chance, with Twombly making a diving save. After another Gilford corner, Jevan Beale sent a shot high, Burnham had a shot saved by Twombly and Nunez sent a shot high as the clock ticked out on the 1-0 Gilford win.

"They say goals win games and defense wins championships," Shaw said. "You win championships when you defend."

He also praised the work of Forest in his net, noting while he didn't see a lot of action, he stayed prepared and was ready when the ball came his way.

"I think both teams



Brady Alessandro fires a shot on net during his team's win over Winnisquam last week.

have a better game than we were able to put on the field today," Osmer said, noting they both played on Monday. "They got a goal and did what they needed to do with it for the rest of the game."

"You only need one more than the other team to win," the Bear coach added.

Gilford is slated to be in action on Friday, Sept. 20, at home against Prospect Mountain at 4 p.m.

The Bears are scheduled to be in action on Monday, Sept. 23, at Bishop Brady at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Gilford girls outscore opponents 16-1, win three more

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Gilford girls' soccer team scored 16 goals over the course of three games last week, allowing just one goal in picking up three more wins, all on the home field.

The week began with a game with Hillsboro-Deering on Monday, Sept. 9, with the Golden Eagles getting the 9-1 win. Gilford came out strong and dominated possession throughout the first half, scoring four of their nine goals before the break while the Hillcats scored a goal late in the half. Gilford then dominated the second half, adding five more goals.

"This was a solid game for the girls from the opening whistle," said coach Rob Meyers. "We moved the ball well and created a lot of scoring opportunities."

Anna Coapland and Macy Sawyer each had two goals and one assist, Leah Davignon had two goals and Lianna Keenan, Gracey LeBlanc and Makenna Clayton each scored a goal. Clara Thompson had four assists, McKenna Howard picked up her first varsity point with an assist and Aubrey Vliet added an assist. Aria Dewar and Lily Bishop each had two saves in net.

Two days later, the Golden Eagles picked up a 6-0 win over Monadnock, again controlling the ball well throughout the contest, keeping the ball in the Husky end for most of the game, netting three goals in each half.

"This was a tougher game than the score



Addi Harris pushes the ball up the field during action last week for the Gilford girls' soccer team.

would indicate," Meyers noted. "Monadnock was well-organized and we took a lot of long range shots instead of working the ball inside."

"We put a lot of shots on target, but unfortunately right at the goalie," he added. "Again, we got to rest some players and give a number of our players some varsity minutes."

Sawyer had two goals and two assists, Davignon had two goals, Thompson had a goal and two assists, Kendal Heyman had a goal and Ava Wilson had an assist. Dewar stopped three shots on goal.

The final game of the week was the closest of the trio of games, with the Golden Eagles pulling out a 1-0 win over Derryfield on Friday, Sept. 13.

"This was a good game against a solid team," Meyers said. "The girls played well and worked really hard for the win."

Both teams came out and played well, with the majority of the play in the Derryfield half. Gilford scored in the first 15

minutes of the game and came close to scoring a few more times, but got turned away each time. The Golden Eagles had some solid chances in the second half as well but could not find the back of the net.

"The girls controlled the play for most of the game," Meyers said. "We didn't allow any quality chances against our net, our defense deserves a lot of credit for that."

The Golden Eagles got some solid free kick chances from Sawyer and Wilson but couldn't convert.

Dewar had five saves in earning the shutout and Thompson scored the lone goal of the game on an assist from Davignon in the 1-0 win.

The Golden Eagles are slated to visit Prospect Mountain on Friday, Sept. 20, and at Fall Mountain on Wednesday, Sept. 25, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SPORTS CONTINUED, PAGE A12

Gilford girls and boys second in Belmont

BY JOSHUA SPAULDING

Sports Editor

BELMONT — A week after opening the season at home, the Gilford cross country boys and girls both finished in second place in a meet hosted by Belmont on Thursday, Sept. 12.

For the Gilford boys, Gunnar Marvel led the way with a time of 20:04 for fourth place, with Ian Lofblad finishing in 21:14 for 10th place. Mark Warren was 20th overall in 22:57, Ben Wolpin finished in 23:55 for 25th

place and Ben Smith rounded out the scoring with a time of 24:00 for 26th place. Jin Su Kim was 45th overall in a time of 27:13 to round out the field of Golden Eagles.

The Gilford girls were led by Maria Tilley's third place finish in a time of 21:12. Georgia Eckhardt finished in fifth place in 22:40, with Alana Sawyer in ninth place in 24:38. Tess Eckhardt finished in 12th place in 25:23 and Kaitlyn O'Brien finished up the scoring with a time of 25:29 for

13th place.

Athena Booth was 16th in 25:48, Morgan Eastman was 24th in 27:21, Abigail Taylor placed 28th in 28:22, Adelyn Beck finished in 34th place in 29:11, Mallory Daley was 40th in 30:59 and Bailey Juurlink-Gagne finished in 44th place in 32:43.

The Golden Eagles are slated to compete at the Manchester Invitational on Saturday, Sept. 21.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Kingswood robotics, music programs hosting pickleball tournament

WOLFEBORO — Attention all pickleball players. Fast approaching is the Kingswood Wicked Big Dill Pickleball Tournament. It is being hosted on Oct. 19 and 20 on nine courts at Kingswood Regional High School in Wolfeboro and run by the Kingswood robotics and band programs. It is an indoor tournament, so it will happen rain or shine.

This is a USA Pickleball Sanctioned Tournament. That means that all results will be reported to USA Pickleball. Some matches, but not all, will

be refereed. All referees are USA Pickleball officials. The head referee is Joseph Santoro, who is both a USA Pickleball Certified Referee and the USA Pickleball Referee Training Coordinator for New England.

The robotics team will be using the money raised in order to provide funding for both the high school program as well as their endeavors in bringing engineering programming to elementary schools and homeschoolers around GWRSD. The music department will

be using their fundraised money to contribute to the KRHS music program, going towards music education and band funds for the 2024-2025 school year.

This tournament is for every pickleballer in your life, and will be timed perfectly during leaf-peeping season too. Please help out and spread the news of this upcoming tournament, any questions can be directed to 4925theresistance@gmail.com. To register for the event, just go to pickleballbrackets.com and search for the Wicked Big Dill tournament.

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SPORTS

Registration open for learn-to-curl clinic at Pop Whalen

WOLFEBORO — Lakes Region Curling Association is pleased to announce its Fall 2024 learn-to-curl clinic. This is a fantastic opportunity for new-to-curling individuals to learn more about the sport through hands-on/ice-on learning. Experienced LRCA members will be on hand to offer instruction in the basic rules and game play as well as to help participants explore both the classic sliding delivery, the more relaxed stick delivery and the essentials of sweeping. This event is scheduled for Sunday, Sept. 29, starting at 4:30 p.m. at the Pop Whalen Ice and Arts Center in Wolfboro. The clinic will last about an hour and a half. The clinic costs \$7 for non-members. There is no experience required, LRCA provides all required equipment and members of the public ages 14+ can attend. (Participants under the age of 18 must have a signed waiver from a parent/guardian and participants under the age of 16 must have an adult in attendance). For more information and online registration for this learn-to-curl clinic, visit lakescurling-nh.org.



HIGH SCHOOL SLATE

<p>Thursday, Sept. 19 BELMONT Cross Country Home Meet; 4 GILFORD Field Hockey vs. Bishop Brady; 4:30 Friday, Sept. 20 BELMONT Boys' Soccer at Derryfield; 4 Girls' Soccer vs. Derryfield; 4 Volleyball vs. Newfound; 6:15 GILFORD Boys' Soccer vs. Prospect Mountain; 4 Girls' Soccer at Prospect Mountain; 4 Volleyball at Prospect Mountain; 6:15 Saturday, Sept. 21 GILFORD Cross Country at Manchester; TBD</p>	<p>Football vs. Epping-Newmarket; 2 WINNISQUAM Field Hockey at Berlin; 12 Football at Raymond; 3 Monday, Sept. 23 BELMONT Boys' Soccer vs. St. Thomas; 4 Girls' Soccer at St. Thomas; 4 Golf at Inter-Lakes; 4 WINNISQUAM Boys' Soccer at Bishop Brady; 4 Volleyball vs. Prospect Mountain; 6 Tuesday, Sept. 24 BELMONT Golf Home Match; 4 GILFORD Field Hockey at Mascoma; 4 Golf at Pelham; 4 Wednesday, Sept. 25 BELMONT Volleyball at Conant; 5:45</p>	<p>GILFORD Girls' Soccer at Fall Mountain; 4 Golf Home Match; 4 Volleyball vs. Manchester Memorial; 6 WINNISQUAM Volleyball at Manchester West; 6 Thursday, Sept. 26 BELMONT Cross Country Home Meet; 4 Golf at Hopkinton; 4 GILFORD Cross Country at Belmont; 4 Field Hockey vs. Newport; 4 WINNISQUAM Boys' Soccer vs. Newfound; 4 Cross Country at Moultonborough; 4 Field Hockey vs. Mascoma; 4:30</p> <p style="text-align: center;">All schedules are subject to change.</p>
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dividuals to learn more about the sport through hands-on/ice-on learning. Experienced LRCA members will be on hand to offer instruction in the basic rules and game play as well as to help participants explore both the classic sliding delivery, the more relaxed stick delivery and the essentials of sweeping. This event is scheduled for Sunday, Sept. 29, starting at 4:30 p.m. at the Pop Whalen Ice and Arts Center in Wolfboro. The clinic will last about an hour and a half. The clinic costs \$7 for non-members. There is no experience required, LRCA provides all required equipment and members of the public ages 14+ can attend. (Participants under the age of 18 must have a signed waiver from a parent/guardian and participants under the age of 16 must have an adult in attendance). For more information and online registration for this learn-to-curl clinic, visit lakescurling-nh.org.



Prospect wrestling

Wrestlers and new athletes to the sport attended a wrestling camp at Prospect Mountain High School this summer. The wrestlers would like to thank Aubuchon Hardware for their donations. With the help from some donated materials, wrestlers made their own medicine balls to use during training. Used soccer and basketballs were cut open, filled with sand and secured with Flex Paste and duct tape. Special thanks to Liz O'Loughlin for designing the camp t-shirts. Anyone student in grades six-12 can contact Derek Pappaceno at dpappaceno@sau72.org if they are interested in joining this year's team. PMHS will have its first varsity wrestling program this winter.

COURTESY PHOTOS

HIGH SCHOOL SLATE

<p>Thursday, Sept. 19 KENNETT Boys' Soccer vs. Lebanon; 4 Golf at St. Thomas; 3:30 KINGSWOOD Golf Home Match; 3:30 PROSPECT MOUNTAIN Cross Country at Belmont; 4 Friday, Sept. 20 KENNETT Field Hockey at Plymouth; 4 Football vs. Pembroke; 7 Girls' Soccer at Lebanon; 4 Volleyball at Hanover; 6:15 KINGSWOOD Boys' Soccer vs. Plymouth; 5:30 Field Hockey vs. Pembroke; 4 Girls' Soccer at Plymouth; 4 Volleyball at Laconia; 5:45 PROSPECT MOUNTAIN Boys' Soccer at Gilford; 4 Girls' Soccer vs. Gilford; 4 Golf at Newport; 4 Volleyball vs. Gilford; 6:15 Saturday, Sept. 21 KENNETT Cross Country at White Mountains; 10 KINGSWOOD Cross Country at Manchester; 9 Football at Bow; 2 Monday, Sept. 23 KENNETT Golf at Timberlane; 3 KINGSWOOD</p>	<p>Field Hockey at Hollis-Brookline; 4 Golf at Timberlane; 3:30 PROSPECT MOUNTAIN Volleyball at Winnisquam; 6 Tuesday, Sept. 24 KENNETT Boys' Soccer at Berlin; 4 Girls' Soccer vs. Berlin; 5:30 Volleyball vs. Pelham; 6 KINGSWOOD Boys' Soccer vs. John Stark; 6:30 Girls' Soccer at John Stark; 4 Wednesday, Sept. 25 KINGSWOOD Volleyball at St. Thomas; 6 PROSPECT MOUNTAIN Boys' Soccer vs. Sanborn; 4 Golf at Sunapee; 4 Thursday, Sept. 26 KENNETT Boys' Soccer vs. Kingswood; 5:30 Field Hockey at John Stark; 4 Volleyball at Prospect Mountain; 6:15 KINGSWOOD Boys' Soccer at Kennebec; 5:30 Golf at Alvirne; 3:30 PROSPECT MOUNTAIN Cross Country at Belmont; 4 Girls' Soccer vs. Raymond; 7:30 Golf at Hopkinton; 4 Volleyball vs. Kennebec; 6:15</p> <p style="text-align: center;">All schedules are subject to change.</p>
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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	Alton Bay	N/A	\$276,000	Shane B. and Abigail Gillingham	John D. Volpe
Alton	41 Big Barndoor Island	N/A	\$385,000	Jeffrey Katuna RET	Randall Cail
Alton	64 Big Barndoor Island	Single-Family Residence	\$1,100,000	Michael E. and Debra C. Lewicki	Lucas D. and Justine G. Benson
Alton	Big Barndoor Island	N/A	\$985,000	Jeffrey Katuna RET	Randall Cail
Alton	5 Loon Cove Rd.	Single-Family Residence	\$999,000	Janis M. Molleur and Shirley J. Parker	Tyler and Douglas R. Ladebauche
Alton	138 Sleepers Island	Single-Family Residence	\$730,000	Vincent Fiscal Trust and David Vincent	Daniel R. and Maria Armstrong
Alton	N/A	N/A	\$220,000	Bruce T. Batchelder and Joan Majack	Michael D. and Melissa M. Lynch
Barnstead	89 Dalton Dr.	Single-Family Residence	\$275,000	Anthony J. Damico	Joshua M. Damico
Barnstead	Half Moon Pond	N/A	\$230,000	Michelle Wagner and Amy Vinciguerra	Cathleen E. Runnals and Jorge Correia
Barnstead	28 Shelburne Lane	Single-Family Residence	\$320,000	Ralph C. Ferragamo RET and Esther M. O'Malley	Michael J. Moses
Barnstead	132 Varney Rd.	Single-Family Residence	\$699,933	Gilles J. and Kathleen T. Dube	Brendan M. Maloy and Ashley M. Devlin
Barnstead	27 Varney Rd.	Single-Family Residence	\$420,000	Shaun & Jamie Bilodeau Fiscal Trust	Michael and Kristal Vernazzaro
Barnstead	2 Washington Ct.	Single-Family Residence	\$180,000	Rene M. Jacques	Waking Michel
Barnstead	N/A	N/A	\$46,000	Carol A. and Edmund J. Orton, Jr.	Paul W. & D.K. Pouliot JRET
Barnstead	N/A	N/A	\$873,000	Richard B. Perkins, Jr Estate and Mark T. Perkins	Steven A. and Jill C. Billow
Gilford	265 Belknap Mountain Rd.	Single-Family Residence	\$500,000	Michael J. and Karen Neuman	Caitlin Henchey
Gilford	170 Edgewater Dr.	Single-Family Residence	\$7,050,000	Susan C. Brown RET	Thomas F. Ziemba, Jr.
Gilford	40 Rowe Farm Rd.	Single-Family Residence	\$943,000	John and Cheryl Sweeney	Thaddeus Nieduzak and Jodi Hopfinger
Gilmanton	Mountain Road	N/A	\$73,000	Victor and Karen Lange	Nicolas P. Lacourse and Leah Y. Hill
Gilmanton	N/A	N/A	\$350,000	Brett A. and Brenda L. Currier	John F. Verani
New Durham	308 Merrymeeting Rd.	Single-Family Residence	\$900,000	Brady Revocable Trust and Lee A. Beals	Daniel A. and Sue W. Pettengill
New Durham	19 Middleton Rd.	Single-Family Residence	\$420,000	Nathan J. Gerard	Lucas Burson and Olivia Hashem
New Durham	269 Old Bay Rd.	Single-Family Residence	\$635,000	Darren Wilder	Paul Haggemiller, Jr. and Tabitha Scott

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Aquarion Water Company subsidiary recognized as Utility of the Year

GILFORD — Aquarion Water Company today announced that its New Hampshire subsidiary, Abenaki Water Company, has received the New England Water Works Association's (NEWWA) 2024 Utility of the Year Award in the small-sized system category. The Utility of the Year Award recognizes utilities that have made significant improvements to the water system infrastructure, customer service, staff training, and/or operations to further protect the public health of the customers it serves.

"NEWWA was thrilled to select Abenaki Water Company as Utility of the Year," said NEWWA CEO Kirsten King. "Their dedication to protecting public health, going above and beyond for ratepayers, and ensuring top-notch operations make them a model utility for others across the region to follow."

"Aquarion's top priority is delivering the highest quality of water to our customers across New England," said Aquarion Water Company President Donald Morrissey. "We're incredibly grateful to be recognized by the New England Water Works Association for our hard work and commitment to delivering safe, high-quality drinking water and best-in-class service throughout our water systems."

Aquarion Water Company subsidiary, Abenaki Water Company, provides water service to 700 customers across five water systems in Belmont, Bow, Carroll, and Gilford. Over the past two years, the company has made substantial improvements in reliability, water quality, and value to its customers, including:

- Installed generators in Belmont and Gilford to sustain water service during power outages;
- Redeveloped aging wells in Bow to restore lost production capacity;
- Upgraded filters

used to remove arsenic, radium, iron, and manganese in Gilford, Belmont, and Bow;

- Inspected, cleaned, and relined the storage tank in Gilford, resulting in substantial water quality improvements; and

- Added SCADA telemetry to all systems

to improve process control and provide alarming and remote access to operating data.

The award was presented to Aquarion on Sept. 17 at the NEWWA Annual Conference during its Membership Recognition Gala at the Sea Crest Beach Hotel in North Falmouth, Mass.

About Aquarion Water Company

Aquarion Water Company is the public water supply company for more than 750,000 people in 72 cities and towns in Connecticut, Massachusetts and New Hampshire. It is the largest investor-owned water utility in New

England and among the seven largest in the U.S. Based in Bridgeport, Conn., Aquarion has been in the public water supply business since 1857. Across its operations, Aquarion strives to act as a responsible steward of the environment and to assist the communities it serves

in promoting sustainable practices. Aquarion Water Company is a wholly-owned subsidiary of Eversource.

For more information on Aquarion Water Company, please visit www.aquarionwater.com or www.facebook.com/aquarionwater.



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Laconia: 4BR/2BA well cared for cape with lake views in South Down Shores on Winnepesaukee. Featuring vaulted ceilings, fireplace with woodstove insert, and an attached 2-car garage. Call to learn about the amenities



Wakefield: 3BR/3BA contemporary home built in 2022 featuring an open concept main floor, hardwood floors, sunny kitchen with granite counter, center island, and sliders leading to a maintenance free Trex deck perfect for entertaining.



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Crossword Puzzle

1		2					3
4							
5							
							6
7							

THIS DAY IN HISTORY



1933: Salvador Lutteroth establishes Mexican professional wrestling.

1964: Malta gains independence from the United Kingdom.

2001: "America, A Tribute to Heroes" is broadcast by more than 35 television channels, raising more than \$200 million for 9-11 attack victims.

SPORTS FACT:

This sport is the leading cause of eye injuries in children.

Answer: Basketball

ACROSS

- 1. A thing a person does
- 4. Connective tissue
- 5. Grabs and stops a person
- 7. Competitive activities

DOWN

- 1. Sports participants
- 2. Aggressive person
- 3. Someone who is young
- 6. Extra time in a game (abbr.)

Answer: Across 1. Activity 4. Ligament 5. Tackles 7. Sports
Down 1. Athletes 2. Thug 3. Youth 6. OT

NEW WORD

PENALTY

a disadvantage imposed on a team for breaking a rule

How they say that in...

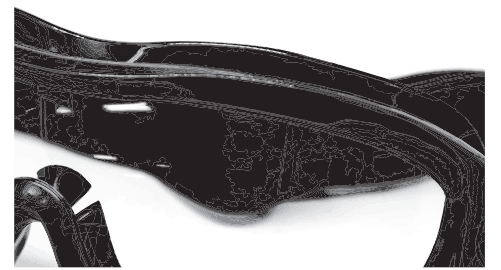
- English:** Run
- Spanish:** Correr
- Italian:** Correre
- French:** Courir
- German:** Laufen

Did You Know?

Protective equipment and padding helps to reduce the risk of injury when athletes play football.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Safety goggles

⊙ * ✎ ☺ ☼ ~ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮ ⑯ ⑰ ⑱ ⑲ ⑳ ㉑ ㉒ ㉓ ㉔ ㉕ ㉖ ㉗ ㉘ ㉙ ㉚ ㉛ ㉜ ㉝ ㉞ ㉟ ㊱ ㊲ ㊳ ㊴ ㊵ ㊶ ㊷ ㊸ ㊹ ㊺

CRYPTO FUN

Solve the code to discover words related to sewing.
Each number corresponds to a letter.
(Hint: 24 = T)

- A. 17 26 26 14 6 26**
Clue: Sharp instrument
- B. 24 22 11 26 18 14**
Clue: String or floss
- C. 12 24 9 24 13 22**
Clue: Make, mend or join together
- D. 18 24 24 18 13 22**
Clue: Fasten or join

Answers: A. needle B. thread C. stitch D. attach

SUDOKU

8	7							
	2	9	1	3				
							1	
	8			5	4			
		3				5		
	9			1		8		2
			7			9		1
	4		6			7		
					9			4

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	2	2	4	9	8	9	8	9
9	4	8	6	2	1	7	5	3
2	5	6	7	4	3	9	8	1
4	9	5	3	1	6	8	7	2
1	6	3	2	7	8	5	4	9
7	8	2	9	5	4	1	3	6
6	3	4	8	9	5	2	1	7
5	2	9	1	3	7	4	6	8
8	1	7	4	6	2	3	9	5

ANSWER:

Local Republicans choose Ayotte in state primary

BY ERIN PLUMMER
mnews@salmonpress.news

REGION — Kelly Ayotte and Russell Prescott were the top choices by Republican voters in this past Tuesday's primary election.

Voters chose the Republican and Democrat nominees for office who will run in the general election on Nov. 5.

Ayotte was chosen by state voters as the candidate for governor and was the popular pick in local communities. Ayotte received 879 votes in Gilford, 661 in Alton, 364 in Barnstead, and 313 in New Durham.

Chuck Morse received 309 votes in Gilford, 371 in Alton, 237 in Barnstead, and 180 in New Durham.

Frank Negus Staples received three votes in Gilford, eight in Alton, one in Barnstead, and seven in New Durham.

Shaun Fife got seven votes in Gilford, four in Alton, six in Barnstead, and five in New Durham.

Robert Wayne McClory received nine votes in Gilford, four in Alton, four in Barnstead, and two in New Durham.

Richard McMenaon II received nine votes in Gilford, one in Alton, six in Barnstead, and zero in New Durham.

For Representative in Congress for District 1, Hollie Noveletsky will take on Rep Chris Pappas in the November election. Locally, Russell Prescott was the choice in Alton, Barnstead, and New Durham while Noveletsky was the popular choice in Gilford.

Prescott received 308 in Alton, 157 in Barnstead, and 156 in New Durham, but failed to carry Gilford with 203.

Gilford voters gave their support to Noveletsky with 270 votes in Gilford, though she received 242 in Alton, 139 in Barnstead, and 114 in New Durham.

Joseph Kelly Levasseur received 197 votes in Gilford, 153 in Alton, 132 in Barnstead, and 55 in New Durham.

Chris Bright got 217 votes in Gilford, 117 in Alton, 46 in Barnstead, 50 in New Durham,

Walter J. McFarlane III received 141 votes in Gilford, 79 in Alton, 52 in Barnstead, and 48 in New Durham.

Andy Martin got 31 votes in Gilford, 18 in Alton, 25 in Barnstead, and 23 in New Durham.

Max Abramson received 22 votes in Gilford, 43 in Alton, 18 in Barnstead, and 15 in New Durham.

Executive Councilor Joe Kenney ran uncontested as the Republican candidate for Executive Councilor for District 1, receiving 1,032 votes in Gilford, 863 in Alton, and 400 in New Durham.

Republicans in Barnstead gave their support to John Stephen for Executive Councilor in District 4

with 136 votes.

In Barnstead, John Reagan received 129 votes, Robert Burns got 127 votes, Terese Bastarache received 97 votes, Ryan Terrell received 37 votes, and Ross Terrio got 21 votes.

For State Senator in District 2, Sen. Timothy Lang running uncontested for the Republican nomination and received 1,016 votes in Gilford

For State Senator in District 6 (including Alton and New Durham), Sen. James Gray received 860 votes in Alton and 411 in New Durham.

For State Senator in District 17, Barnstead voters cast 517 votes for Sen. Howard Pearl.

For State Representative in Belknap County District 6, Gilford voters chose Rep. Harry Bean with 1,005 votes, Rep. Russell Dumais with 822 votes, Rep. David Nagel with 613 votes, and Glen Aldrich with 534 votes. Rep. Richard Beaudoin received 359 votes and Ronnie Abbott received 456.

For State Representative in Belknap County District 7, Republicans in the district chose Reps. Paul Terry, Peter Varney, and Barbara Comtois for the nomination.

Varney received 718 votes in Alton and 371 in Barnstead, Terry received 708 votes in Alton and 392 in Barnstead, and Comtois received 603 votes in Alton and 406 in Barnstead.

Brianna Weller received 309 votes and 194 in Barnstead.

New Durham voters decided between two Republican candidates for Strafford County District 3. In New Durham, Susan DeRoy was the top choice with 347 votes against 158 cast for Rep. David Bickford.

For Strafford County District 18, Rep. Michael Harrington is the lone candidate on the Republican ballot and received 411 votes in New Durham.

For Belknap County offices Sherriff Bill Wright ran uncontested for the nomination as Belknap County Sherriff. Wright received 1,015 votes in Gilford, 841 in Alton, and 538 in Barnstead.

For Belknap County Treasurer, incumbent Michael Muzzey was chosen with 724 votes in Gilford, 429 in Alton, and 260 in Barnstead. Leo Bernier received 300 votes in Gilford, 353 in Alton, and 241 in Barnstead.

Laura Lapointe ran uncontested for the Republican nomination for Belknap County Register of Deeds, receiving 958 votes in Gilford, 807 in Alton, and 496 in Barnstead.

Steven Hodges is seeking another term as County Commissioner for District 3 and ran uncontested on the Republican ballot, receiving 998 votes in Gilford, 905 in Alton, and 499 in Barnstead.

No Republican filed for the office of Coun-

ty Attorney and Register of Probate and those nominations will be determined by write-in votes.

For Strafford County positions, all Republicans are running uncontested for the nominations.

Scott Tingle received 414 New Durham votes County Sherriff.

Nancy Sirois received 404 votes in New Durham for another term as Register of Probate.

John Pitre received 386 votes in New

Durham as County Commissioner.

No Republicans are running for Strafford County Attorney, Treasurer, and Register of Deeds and those nominations will be decided by write-in votes.

For Delegates to the State Convention from Belknap County District 6, Gilford voters chose Doug Lambert with 625 votes, Matthew Wood with 606 votes, Susan Greene with 481 votes, and Gregg Hough with 450 votes. Gisele Lambert received 434 votes and

Sue Higgins received 385.

For Delegate to the State Convention from Belknap County District 7, voters chose Elizabeth Varney, Priscilla Terry, and Alan Glassman. Varney got 551 votes in Alton 272 and in Barnstead, Terry received 470 votes in Alton 248 in Barnstead, and Glassman received 305 votes in Alton and 287 in Barnstead.

Tess Conroy received 279 votes in Alton and 140 in Barnstead, Philip Tatro got

224 votes in Alton and 125 in Barnstead, and James Conroy received 371 votes in Alton and 178 in Barnstead.

No one is running for Delegate to the State Convention for Strafford District 3. Angela Pruitt received 19 write-in votes in New Durham.

New Durham chose Angela Pruitt for Delegate to the State Convention for Strafford District 18. Pruitt received 287 votes and Marilyn Rivera received 122 votes.

MVSB Fund grant applications due Oct. 15



The MVSB Fund at the New Hampshire Charitable Foundation awarded \$75,000 in grant funding to 40 local nonprofit organizations in 2023. Local nonprofits who wish to apply for a grant from the upcoming MVSB Fund application period can do so by Oct. 15 at mvsb.com/community-involvement.

MEREDITH — Local nonprofits who wish to apply for a grant from the MVSB (Meredith Village Savings Bank) Fund at New Hampshire Charitable Foundation can do so by Oct. 15. The application and instructions can be accessed online at mvsb.com/community-involvement.

Established in 1997, under the leadership of John Starrett, then-President and CEO of the Bank, the MVSB Fund at New Hampshire Charitable Foundation makes grant-based contributions to nonprofit organizations that enrich and improve the quality of life for residents living in the Bank's service areas.

"We recognize the critical role our local non-profits play in strengthening our communities," said Marcus Weeks, MVSB President and MVSB Fund Committee Member. "The fund is an important way we can

offer our support to help them grow their programming, tackle needed projects and to continue to their important work."

Since the Fund's inception, over 500 grants have been awarded, totaling over \$2 million in contributions to a wide range of environmental, social, educational and historic projects throughout New Hampshire.

The MVSB Fund has supported literacy and after-school programs, environmental monitoring, restoration of historic structures, organizations that provide support for individuals and families in challenging circumstances and equipment that helps save lives. While not focused on a particular category, Fund administrators are mindful of the receiving organization and their contribution to the quality of life in the communities being served.

Grants generally

range from \$1,000 to \$10,000 and are awarded to 501(c)(3) nonprofits and public agencies based in the Lakes Region, Plymouth and Seacoast areas. Projects supported are of high priority and need for the applicant organization and are related to their mission or development; demonstrate a clear, practical plan with objectives for services, participation and results; leverage other funding and/or voluntary support; offer evidence that project objectives will be accomplished within the grant period and demonstrate cooperation and collaboration with other organizations to provide greater community impact.

Go to mvsb.com/community-involvement to learn more and to apply.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than

150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

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LEGALS

CCVD Public Hearing

Fri. Sept. 27, 2024 7:00pm

CCVD Garage

To inform the public about additional grant money



Avoid the rush! Attend September's household hazardous waste collection

WOLFEBORO — Saturday, Sept. 21, the Lakes Region Household Hazardous Product Facility (LRHHPF) will have its next to last monthly collection from 8:30 a.m. - noon at 404 Beach Pond

Rd., Wolfeboro. Oct. 19 closes the 2024 season. Please note, October is always very busy. Do those fall clean outs early and avoid the rush.

The Alton satellite collection was exceptionally

well attended with 103 households on Sept. 14, almost three times the usual number! July of 2024 saw double the usual number protecting their families and the environment.

Obtain passes for

Wolfeboro before collection day at the Solid Waste Facility. Alton passes are available at the Transfer Station prior to attendance. All other towns \$50 cash/check for each increment of five gallons or less, counting the size of

the cans. Multiple increments accepted. Selected non-member towns reimburse, ask Site Coordinator for more information.

Call 651-7530 for the most accurate information. No latex paint as it is not a hazardous waste.

Oil base paints, stains, automotive fluids, pool chemicals, cleaning products, and pesticides are common items collected. Placing containers in a cardboard box will speed up removal and keep your vehicle tidy.

Learn about the American Legion at upcoming open house

ALTON — Come learn about the American Legion family during the Auxiliary Open House at Unit 72, 165 Wolfeboro Highway (Route 28), Alton, Sunday, Oct. 6 from noon to 3 p.m.

Don't miss this opportunity to learn and have fun with refreshments, door prizes, and raffle baskets. Learn flag folding, the history of poppies and why the MIA/POW Table is so important.



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Public Flu Clinics

September 24 Noon - 2 p.m.	Wolfeboro Public Library 259 South Main St., Wolfeboro
September 25 10 a.m. - Noon	Granite VNA 780 North Main St., Laconia
October 2 10 - 11:30 a.m.	Alton Senior Center 7 Pearson Rd., Alton
October 9 10 a.m. - Noon	Gilford Public Library 31 Potter Hill Rd., Gilford
October 9 2:30 - 4:30 p.m.	Moultonborough Public Library 4 Holland St., Moultonborough
October 18 2:30 - 4 p.m.	Sanbornton Public Library 27 Meeting House Hill Rd., Sanbornton

Immunizations are offered at no charge with an ID card from Medicare B, Medicare Advantage, Medicaid, Harvard Pilgrim, Tufts, or Anthem. \$30 (cash or check) for all others. Published rate is \$50.

Ages 3 and Older
This year, we are offering the standard quadrivalent influenza vaccine.

For more information, please visit www.granitevna.org or call (603) 224-4093, ext. 85664.

MEDICARE EDUCATIONAL WORKSHOP

- Do you have questions about Medicare?
- Learn about Supplements and Advantage Plans!
- Do you have the correct Prescription Drug Plan?
- Learn how we shop for the plan for you!


*Featured speaker Amanda Rydlewski

Saturday September 21st 10:00 AM - 11:30 AM

At the Wolfeboro Public Library

Hosted By:

RSVP recommended
603-569-6464



DORAN INDEPENDENT INSURANCE
Health, Life, & Long-Term Care

We do not offer every plan available in your area. Currently we represent 10 organizations which offer 315 products in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE, or your local State Health Insurance Program to get information on all of your options.

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September 26th, 27th, 28th & 29th

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