

The Baysider

THURSDAY, MAY 21, 2026

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

Working out the dents among the best of them

LRTC student Kaleb Chase wins statewide collision repair technology competition

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — When he competed in the SkillsUSA collision repair technology state competition at Nashua Community College last month, Lakes Region Technology Center student Kaleb Chase did not think he had done terribly well.

As it turns out, he did just fine. The junior took home top honors at the state competition, allowing him to move on to the SkillsUSA Championships at the beginning of June in Georgia.

“I was shocked when I



JOSHUA SPAULDING

Kaleb Chase won the statewide competition in collision repair technology at Nashua Community College and advance to the SkillUSA National Leadership Skills competition in Georgia in June.

got the gold, I was not confident in my work at all,” he said. “I was on auto pilot the whole time. Screwed up on my Bondo twice, too much hardener once and too little hardener another time.”

However, the work that he did across three stations and on a 30-question test was enough to garner him the top spot in the competition.

Chase noted that the students competed in three different stations. The first was working out a dent using hand tools, the second was different types of welding and the third was measuring using a tram gauge.

In the first station, Chase and his fellow competitors had to properly clean the panels, paint and sand down

the panel and use body filler correctly with the proper technique. In the welding station, they had to do super thin plug welds along with butt welds and lap welds and the final station had them measuring between different bolts set up on a piece of metal. Then they had to complete a 30-question final exam and everything was timed and judged individually.

And while Chase has proven adept at collision repair technology and plans to take collision tech two next year in his senior year, he does have a different career path in mind, noting the collision repair is something he can always fall back on.

“I was raised around the
SEE CHASE, PAGE A8

Prospect Mountain recognized by Google for innovative learning practices

ALTON — Prospect Mountain High School is proud to be recognized by Google as a Google for Education Reference Institution.

This designation highlights our excellence and innovation in using Google tools—such as Google Workspace for Education Plus, Gemini, and Chromebooks—to create innovative and effective teaching and learning environments that unlock the potential of every K-12 student.

A Google for Education Reference Institution (or Reference School/University) is a prestigious, invite-only designation recognizing exceptional, system-wide use of Google tools to drive student success. These schools lead by example, hosting visitors, sharing best practices, and mentoring other educators.

Google awards this status to both K-12 schools (Google Reference Schools) and higher education institutions

(Gemini for Education Reference Universities). To be considered for an invitation, an institution must typically meet the following requirements:

- Demonstrate deep, system-wide adoption of tools like Google Workspace for Education and Chromebooks.
- Integrate advanced features, such as Gemini for Education and NotebookLM.
- Show high levels of staff professional development, including holding Google Certified Educator or Trainer credentials.

Schools benefit from the designation by being granted early access to test new Google for Education products and AI features before they are released to the general public, being featured in the public Google for Education Director as a model of best practices, and through knowledge sharing opportunities such as on-site visits, events and workshops.

Community welcomes new business to Alton Bay

ALTON — The Alton Business Association was proud to join the community on May 8 in celebrating the grand opening of a new ice cream shop, Dottie & Hazel's Bayside Scoops, the newest addition to the waterfront community of Alton Bay on Lake Winnepesaukee.

Located at 18 Mount Major Highway in Alton Bay, the shop is perfectly situated for both locals and visitors, accessible by car and by boat along the shores of Lake Winnepesaukee, making it a welcome addition to the community that makes Alton Bay so special.

The ribbon cutting was a festive occasion, complete with bubbles filling the air and a wonderful turnout that included the local fire department, business owners,



neighbors, and community members, all coming together to celebrate what promises to be a cherished stop along one of New Hampshire's most beloved lakes.

Dottie and Hazel's Bay-

side Scoops is also giving back to young readers in the community with their Ice Cream Reading Program for children ages 6 to 10. Kids who read five books earn a free ice cream, a sweet re-

ward that encourages a love of reading all summer long.

Dottie and Hazel's Bayside Scoops, The Sweetest Spot on the Lake, can be found on Facebook for hours, updates, and more.

Smith homer, complete game, lifts Gilford over Bears

BY JOSHUA SPAULDING

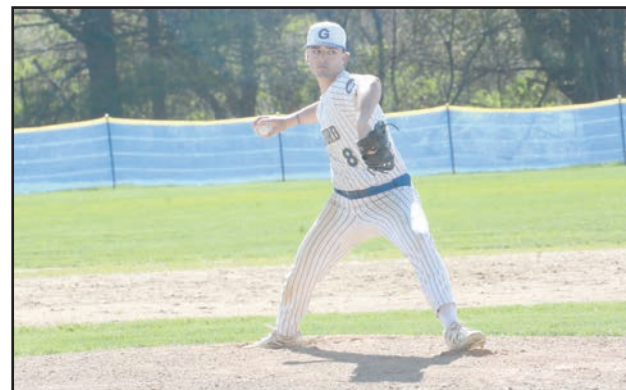
Sports Editor

GILFORD — For the second day in a row, the Gilford and Winnisquam baseball teams took to the diamond on Tuesday, May 12, this time in Gilford, and while the end result was the same, a Gilford win, the game had a much different vibe.

On Monday, Gilford won by a 13-0 score and on Tuesday, it took a solo homer in the bottom of the sixth inning to give Gilford the 1-0 win.

Drew Smith got the start on the mound for Gilford and set the side down in order in the top of the first inning and his counterpart, Carter Lloyd, worked around a base hit from Cohen Elliott in the bottom of the first inning to set the Golden Eagles down.

Smith then struck out the side in the top of the second inning and Lloyd set the side in order in the bottom



JOSHUA SPAULDING

Drew Smith pitched a complete game and launched the game-winning homer in last Tuesday's game with Winnisquam. of the inning as well. Smith continued to set the Bears down, putting the side in order in the bottom of the third inning.

Gilford got an infield hit from Jack Hazelton in the bottom of the third inning and he stole second, but the Bears got through the inning with no trouble.

Lloyd worked a walk with two outs in the top of the fourth inning but Gilford catcher Danny Fournier gunned him down stealing second to end the inning.

Ryan Folan walked to open the bottom of the fourth and Smith singled, but Lloyd retired the next three batters in a row to end the threat.

Smith set the side down

in order in the top of the fifth inning and Gilford threatened again in the bottom of the inning. Carson Anthony reached on an error and Hazelton singled on a bunt. Both runners moved up on a sacrifice bunt from Andy Taylor and Elliott reached on a fielder's choice to load the bases. However, Bear catcher Danny Blodgett-Fralic turned a double play to end the inning.

Jordan Hill singled with one out in the top of the sixth inning for Winnisquam's first hit of the game and moved to second on a Kellan Hilliker sacrifice

SEE BASEBALL, PAGE A7

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Early deadlines for Memorial Day

With Memorial Day falling on what would ordinarily be our press deadline for that week's edition (Monday, May 25), the submission deadline for any press releases and letters to the Editor intended for publication that week has been moved up to Thursday, May 22 at 4 p.m. Submissions can be e-mailed to Editor Brendan Berube at brendan@salmonpress.news.

Alton Parks and Recreation Community Connection

Line Dancing Lessons

Line dancing lessons with Jane Corbett will be held on Thursdays starting June 4 through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

USTA Summer Tennis Lessons- Youth

The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for Grades 1-8 on Tuesdays and Thursdays at the Liberty Tree Park Tennis Courts from July 28-Aug. 13. Grades are divided by times: 5:30-6:30 p.m.- Grades 1-4; 6:45-7:45 p.m.- Grades 5-8. Registration is \$65 and includes a brand-new tennis racquet for new players, and instruction with a USTA New England certified instructor. Basic tennis skills will be taught-forehand, backhand, serve, overhand and volley. Register by July 20, class size is limited to seven. Registration forms are available at www.alton.nh.gov or stop by the Parks and Recreation Kiosk at 328 Main St. to sign up. Contact parksrec@alton.nh.gov or 603-875-0109 for more information.

Alton Town Wide Yard Sale

The Alton Town Wide Yard Sale will be held Saturday, June 6, rain or shine from 8 a.m.-2 p.m. Free Yard Sale maps will be available after May

27 at local banks, at the Parks and Recreation Department kiosk (328 Main Street) and on the Town of Alton website.

Pick Up Pickleball games

Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. For more information contact parksrec@alton.nh.gov.

Pilates Classes in Alton Bay — Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Weight Training classes — Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Train-

ing Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. This program is ongoing. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursday, May 21 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit the food pantry. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6-8 p.m. The program is free for ages 18 and up. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Alton Central to host Fourth Annual Education & Enrichment Expo

ALTON — Alton Central School look forward to seeing students, parents and community members for our fourth annual Education & Enrichment Expo on Thursday, May 28 from 5-7 p.m.!

Check out student passion displays and learn more about what our students love to do outside of the classroom. Visit our 14 presenters who have turned their personal passions into

careers and learn how literacy, math, science, social studies and unified arts have inspired them in their careers. Support the ACS 8th grade class of 2027 trip to Washington, D.C. by participating in our famous raffle (25 tickets for \$5), sponsored by local businesses you all know and love! Dinner will be available for just \$1 (hot dog, chips, and a cookie). Bottled water will also be pro-

vided thanks to Hannaford Supermarket. Canned goods and non-perishable items for End 68 Hours of Hunger will be collected at the door as the "entry fee."

To all visitors, event parking is available in the back lot of ACS and if needed, along Church Street and Appleyard Lane (beside the ball fields). Don't miss an evening of fun and learning at ACS on May 28!

Community invited to Blessing of the Boats in Wolfeboro

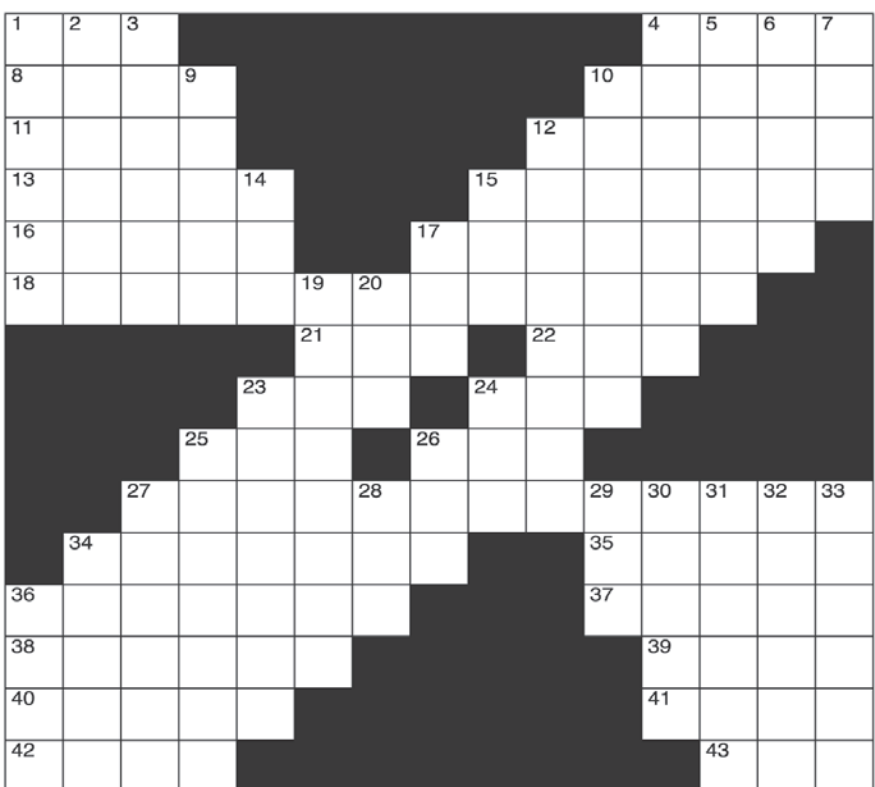
WOLFEBORO — As a new boating season begins, the First Congregational Church Wolfeboro, UCC invites the community to come and receive a blessing for your watercraft.

Join us on the Wolfeboro

Town Docks on Saturday, May 30th anytime during the hours of 10 a.m. to noon for a short water blessing given by FCCW Pastor Dawn Adams. If you can't bring your boat, canoe, kayak, jet ski etc., feel free to bring a photo

or registration to have blessed. All are welcome.

For question relating to this event or other FCCW activities, please call the Church office at (603) 569-1555, or visit the church Web site at wolfeboroucc.org.



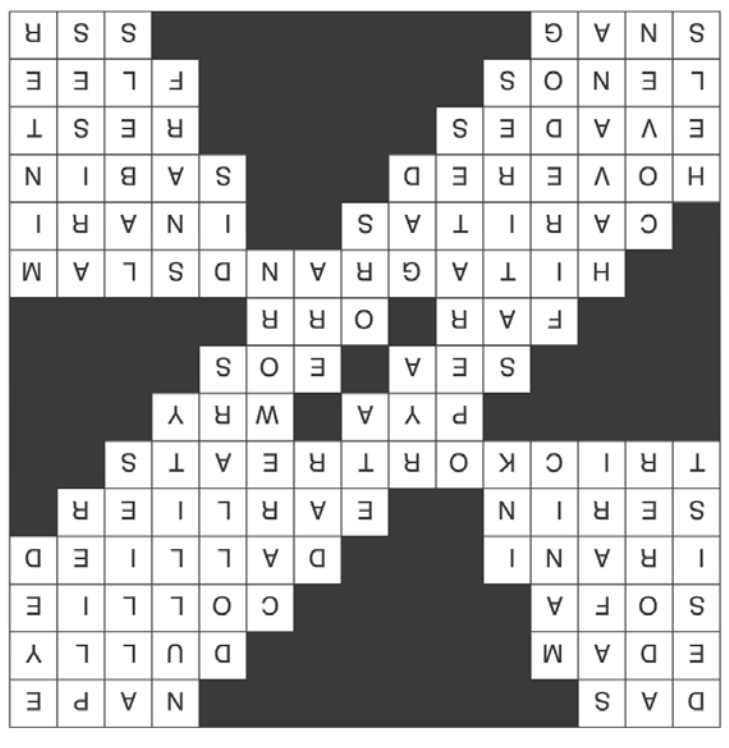
CLUES ACROSS

- 1. Government lawyers
- 4. The back of a person's neck
- 8. Mild yellow Dutch cheese
- 10. In a less flashy way
- 11. Living room piece
- 12. Shepherd dog
- 13. A citizen of Iran
- 15. Moved slowly
- 16. Small finch
- 17. Previously
- 18. What a kid does on Halloween
- 21. Monetary unit
- 22. Using dry humor
- 23. Ocean
- 24. Greek goddess of the dawn
- 25. Not close
- 26. NHL legend Bobby
- 27. A ballplayer would love to do this
- 34. Charity
- 35. City in Finland
- 36. Loomed over
- 37. Vaccine developer
- 38. Avoids capture
- 39. We all need it
- 40. Openwork fabrics
- 41. Get away
- 42. Something you might hit
- 43. Soviet Socialist Republic

CLUES DOWN

- 1. Abstain from
- 2. Admirer
- 3. Expedition to observe animals
- 4. Act that is legally void
- 5. WW2 combatants
- 6. A tool
- 7. Looked at
- 9. Showing wild excitement
- 10. Banknotes
- 12. Tired
- 14. Printers need it
- 15. Women's patriotic group
- 17. When you anticipate getting somewhere
- 19. Functions
- 20. Breed of sheep
- 23. Mocking pieces
- 24. A major division of geological time
- 25. Andiron
- 26. Many not ands
- 27. Cuban city
- 28. He voiced "Olaf"
- 29. Criticize
- 30. "Thundercats" character
- 31. Markings
- 32. Gets up
- 33. MLB lefty reliever A.J.
- 34. An assembly of witches
- 36. High energy lasers (abbr.)

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PETS OF THE WEEK

Meet Laci!

a friend, chances are Laci will start to feel the same way too. Watching her gain confidence and come out of her shell is incredibly rewarding, and she forms strong bonds with those she trusts.

This silly girl enjoys getting fresh air and would love a home where she can join you for peaceful walks and little outdoor adventures. She's got a playful side that peeks through once she feels safe, and it's sure to make you smile.

Laci may need some dental work down the line, so her future family should be prepared to keep an eye on her dental health and continue with any care she may need. With the right support, she'll continue to thrive.

If you have a soft spot for the quieter ones and the patience to let her blossom at her own pace, Laci will reward you with a loyal, loving companionship—and maybe a few silly moments along the way.

Meet Laci - One half of the Dachshund Duo

Laci is a beautiful long-haired dachshund mix with a gentle soul and a touch of shyness that only makes her more endearing. She may take a little time to warm up to new people, but with patience and kindness, her sweet personality truly begins to shine.

Laci takes a lot of comfort in her brother Scrapy—she looks up to him and often follows his lead. If Scrapy decides you're

Meet Scrapy!

side. Scrapy would be more than happy to be your daily sidekick—whether you're out and about or just lounging at home, he's happiest just being with his people.

Scrapy and his sister are also working on getting into their best shape, so they'll need a forever home that's committed to helping them stay healthy. A little extra exercise and mindful feeding will go a long way for this pair!

Scrapy does have a seizure disorder that is currently well-managed with medication. Because of this, his future family will need to be comfortable continuing his medication routine and staying on top of his care to keep him feeling his best. He doesn't let it slow him down, and with the right support, he can continue to live a happy, full life.

If you're looking for a loyal companion who's equal parts laid-back and loving, Scrapy just might be your guy. He's ready to drop the tough act and settle into a life full of comfort, care, and companionship.

Meet Scrapy - One half of the Dachshund Duo

Scrapy may have a bit of a "don't mess with me" look at first glance, but don't be fooled—this dachshund mix is a total softie at heart. Beneath that scrappy exterior is a lovable guy who's just waiting to show off his sweet, easygoing side to the right person.

He's a big fan of the simple joys in life: a good squeaky toy, some fresh air on a nice walk, and a cozy spot to relax by your

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Young actors bring Shakespeare's "Twelfth Night" to Wolfeboro

WOLFEBORO — Perform It! Stage Company brings "Twelfth Night," a story of misplaced love, mistaken identities, drunken antics, and comical revenge, to the stage at the Wolfeboro Town Hall; Directed by Gwen Dudley, with original music by Christopher Dudley. Performances will take place for one weekend only: May 22, 23, and 24.

Between musical themes for each character, gossiping narrators, and incredible actors, this production will be easily accessible and enjoyable for both seasoned Shakespeare buffs, as well as those who could barely make it through "Romeo and Juliet" in high school English class.

"Shakespeare never set out to write books," says director Gwen Dudley. "His works are meant to be enjoyed on the stage."



Perform It! Stage Company has brought Shakespeare's works alive in Wolfeboro, and in the hearts of its students, since 1994. With a goal to create a collaborative learning experience that can help home-schooled youth grow

in character, gain self-confidence, and learn clear communication skills. This educational theater company gives students, their families, and general audiences an opportunity to experience classic theater.

"Twelfth Night" is a

timeless Shakespearean laugh-out-loud comedy. One disguise leads to a disastrous love-triangle and a wild start to a marriage; and with one drunken puppeteer at the wheel, practical jokes are taken to the extreme and an orderly household

is turned on its head. "After working with such a heavy, serious, play last year, I decided that we should do something that was truly outrageous and fun," says director Gwen Dudley.

Performances will take place at Wolfeboro Town Hall on Friday, May 22 at

10 a.m. and 6:30 p.m.; Saturday, May 23 at 6:30 p.m.; and Sunday, May 24 at 2 p.m. Tickets are \$10 and are available for purchase at performitstagecompany.com/ticket or at the door. Tickets can also be reserved by emailing tickets@performitstagecompany.com.

Alton Garden Club members learn about edible gardening



ALTON — The Alton Garden Club's April meeting welcomed spring with member Lisa Hynes' timely presentation entitled "Lean into Edible Gardening – Baby Steps to Growing Your Own Food."

Hynes, a certified kitchen garden coach and consultant, spoke about edible annuals, perennials and shrubs, both native and foreign, that can be grown here in New Hampshire. She recommended that beginner gardeners start with the easiest and quickest things to grow, such as microgreens, sprouts, herbs and salad greens. Lisa displayed photos of several vegetable gardens, mostly in raised beds, and commented on the importance of garden location, soil preparation, timing of plantings, fertilizing, watering, fencing and companion plantings.

Following Hynes' program, Kelly Sullivan presented the Horticulture Moment. Sullivan praised the UNH Cooperative Extension as an invaluable resource for New Hampshire gardeners. She advised that

they are available to analyze soil samples or to answer agricultural questions - lawn, garden or tree care - by calling them at the number found on their website.

Following the presentations we enjoyed refreshments and had time to socialize with our Garden Club friends. The April meeting was just the first of many informative and fun programs. Watch for Baysider articles for news of upcoming meetings and see our blog at altongardenclub.com for a preview of our exciting line-up.

Songwriter Round-Up lineup set for May 28

MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) which has brought the monthly music series Songwriter Round-Up to the Lakes Region is set to deliver another great show at the end of this month. Held in the region's premier listening room, The Loft located on the second floor of the Winery, this series has been giving audience members a chance to experience the original music of talented singer-songwriters from the New England area and beyond. At each show three artists share their songs and stories in a unique in-the-round style performance. Usually presented on or near the last Thursday of each month, this intimate series features two different songwriters each month alongside host performer Katie Dobbins.

The series presents area residents and visitors an opportunity to experience the show "magic" that each new lineup creates. Winery co-founder and owner Bob Manley is thrilled to have



his establishment be home to the monthly Songwriter Round-Up Series.

Remarking on the success of the series, Manley reaffirms the valued partnership the Winery has developed with Katie Dobbins Music, expressing "Working alongside Katie Dobbins and her Songwriter Round-Up Series has been an absolute delight. Katie brings an engaging presence to the stage, effortlessly connecting with our audiences and showcasing incredible talent with each performance."

The next Songwriter Round-Up show takes place on Thursday, May 28, fea-

ture the Lakes Region's own Katie Dobbins, a singer-songwriter who delivers heart-felt lyrics with beautiful vocal tones wrapped in guitar and piano melodies; Shelby Cobb, an indie-folk-rock musician based in Maine whose songs are shaped by life's experiences expressed with honesty and emotional intuition; and Jess O'Brien, a Vermont-based singer-songwriter with a soulful voice whose roots in folk, Americana, and blues give her songs a timeless, impactful quality. All of these artists bring their own unique life-lyrics, melodies, and styles to the stage. This

will be an evening of great original music and dynamic entertainment that you won't want to miss. Learn more about each of these artists on the Hermit Woods Winery website.

A complimentary wine tasting will begin at 5:30 p.m., the Loft opens at 6pm for seating & dinner orders, and music starts at 7 p.m. Patrons can further enhance their evening by selecting from a menu of tasty items available from onsite Chef Eric Huckins. Tickets can be purchased in advance at hermitwoodswinery.com/the-loft or in-person at the Winery.

SNHU announces Spring President's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Spring 2026 President's List. The spring terms run from January to May.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

- Phillip Erwin of New Durham
- Michelle Hamilton of Alton Bay
- Deaven English of Alton
- Victoria Christie of Center Barnstead
- Connor Frenzel of Center Barnstead
- HUNTER Perreault of Center Barnstead
- Austin Perreault of Center Barnstead
- Cassidy Glaude of Center Barnstead
- jasmine Clement of Barnstead
- Bryce Bergeron of Barnstead
- Cameron Drouin of

- Gilford
- Scott White of Gilford
- Audrey Dunleavy of Laconia
- Katie-Ann Parsons of Laconia
- MEGAN Hollowood of Laconia
- Christina Wallace of Laconia
- Heidi Sweetland of Laconia
- Lacey Linkkila of Laconia
- Samuel Orzechowski of Laconia
- Elizabeth Lennon of Laconia
- Sara Karr of Laconia
- Carlos Cardona of

- Laconia
- Alysia Baker of Laconia
- Alexandra Smith of Laconia
- Nathaniel Challender of Laconia
- Southern New Hampshire University (SNHU) is a private, nonprofit, accredited institution with a 93-year history of educating traditional-aged students and working adults. Now serving more than 200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate, and certificate programs,

available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.

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Opinion

SECTION A, PAGE 4

SALMON PRESS, THURSDAY, MAY 21, 2026

When technology creates opportunity

In small-town communities, it is easy to assume that cutting-edge educational innovation only happens in large suburban districts or elite private schools with massive budgets and sprawling campuses. That is why Prospect Mountain High School's recent recognition by Google as a Google for Education Reference Institution deserves real attention and pride.

This is not simply a technology award. It is recognition that students in Alton and the surrounding communities are receiving an education connected to the tools, skills, and collaborative environments shaping today's workforce and tomorrow's opportunities.

The designation is invite-only and recognizes schools that demonstrate exceptional system-wide use of Google educational tools, including Google Workspace for Education, Chromebooks, Gemini, and other advanced learning technologies. More importantly, it recognizes schools that use those tools effectively to improve teaching and student learning, not merely to appear modern.

That distinction matters.

Technology by itself does not guarantee better education. A laptop sitting unopened on a desk accomplishes little. Smartboards and software subscriptions mean nothing without teachers who understand how to integrate them thoughtfully into classrooms. What separates strong schools from average ones is not the hardware. It is the willingness of educators to adapt, learn, and continually improve how students engage with information and ideas.

Prospect Mountain's recognition reflects that deeper commitment.

The school's inclusion among Google's recognized institutions suggests a culture where professional development is taken seriously and where educators are willing to grow alongside rapidly changing technology. Staff members earning Google certifications and embracing advanced educational tools demonstrates something important: learning does not stop with students. The adults in the building are learning too.

That mindset is increasingly essential.

Today's students are entering a world where digital literacy is no longer optional. Employers across nearly every field now expect workers to collaborate online, manage digital information, adapt to evolving technology, and think critically about artificial intelligence and information sources. Whether students eventually become mechanics, nurses, teachers, small business owners, engineers, or tradespeople, technological fluency will likely play some role in their future careers.

Rural schools sometimes face unfair stereotypes suggesting they lag behind larger districts in innovation or opportunity. Achievements like this help challenge that narrative. Students in the Lakes Region deserve access to the same modern tools and forward-thinking educational approaches available anywhere else, and Prospect Mountain's recognition shows that local schools can compete at a very high level.

At the same time, schools must continue balancing innovation with common sense and human connection. Technology should support education, not replace the relationships that remain at the center of meaningful learning. The best classrooms will always involve teachers who inspire curiosity, encourage confidence, and help students navigate challenges both academic and personal.

Artificial intelligence and digital tools are evolving at astonishing speed, and schools everywhere are still determining the best ways to use them responsibly. That reality understandably creates concern among some parents and educators. Questions about screen time, attention spans, academic honesty, and overreliance on technology are valid and deserve thoughtful discussion.

But refusing to engage with these changes is not a realistic option either.

The stronger approach is exactly what schools like Prospect Mountain appear to be doing: learning how to use emerging technology intentionally, responsibly, and in ways that genuinely benefit students.

One of the most encouraging aspects of this designation is the opportunity for collaboration and leadership. Google Reference Institutions are expected to share best practices, host visitors, and help mentor other schools. That means Prospect Mountain is not simply participating in innovation. It is helping shape it.

For a local public high school in the Lakes Region, that is an accomplishment worth celebrating.

Recognition alone is never the final goal in education. Student growth, confidence, and long-term success remain what matters most. But honors like this remind communities that important, forward-looking work is happening every day inside local classrooms.

And in an era where public education too often receives criticism without enough appreciation, it is important to pause and recognize excellence when it appears close to home.



COURTESY PHOTO

Congratulations to our Grades 4-8 Band and Chorus students at Alton Central School on a fantastic Spring Concert last week! Your hard work, dedication, and talent were on full display, and we are so proud of all you accomplished. A special thank you to Band Director Greg Neveu and Choral Director Sarah Grasso for their leadership, commitment, and support of our students throughout the year. Photo courtesy of the school's Facebook page.

LETTERS FROM EDWIN

Seasonal

I worked all day today getting a customer's place ready for her arrival back north from Florida next week. The housekeeper had been there earlier in the week and the grounds guys also. It looked pretty darn good when I walked down the drive. There were some maple blossoms strewn around but I would blow them away later if I had time.

Some of the things that I expected to do were already done so I just moved down my list. First, I put up all the flower boxes and pots after pulling out last year's remains and tossing them in the woods. I did the same to the terraced flower beds. After finishing all the horticultural endeavors, I hooked up all the hoses and got them running nicely. Then I got to setting out all the deck furniture that I could carry by myself.

By this time, it was time to take a break. The sun was high and so was the temperature so off came my vest and hat. I continued moving things out of storage in the garage. I kept walking by the blower machine and

thinking how she'd love to see everything nice a clean.

I didn't have a lot of time left, and the hostas were coming up. So far, they were perfect. She loves her hostas, and she has them lining her driveway and walkways. All different kinds.

Every year, there is a battle over the hostas. You see, she's not the only one who loves hostas. Deer do too. Only they don't like looking at them, they like eating them. Needless to say, she's always coming up with new things for me to spray or put around them to disincentivize the herbivores from destroying her ornamentals. Last year she came across something that worked really well.

It wasn't supposed to freeze so I had stored it in the cellar furnace room. The garage has zero heat. I went to where I always stored this type of stuff over the winter and it was totally cleaned out. Looking at my watch, I could see that I wouldn't have time to get to the store and back and still have time to complete my desired tasks, so I pondered my situation and remem-

bered that there was another such hideaway under the new side of the house.

Entering that little hideout under the stairs, I found all the missing paint and products that don't appreciate being frozen. Thank you, Lord. I grabbed the stuff and headed up and out to get to work, shaking it as I went. Soon I was spraying the smelly stuff on all the sprouts. I certainly wouldn't want to eat anything that smells like that. And my smeller doesn't work much anymore.

It wasn't long before the thing clogged up. I couldn't get it to unclog, so I came up with a plan B. Find another sprayer. There had to be one. I finally came up with two bleach sprayers that I could mix their contents and get one that I could use. That one worked for about the same amount of time as the first one, and I'd only gotten to about a quarter of the plants.

Not wanting to waste any more time on sprayers, I dribbled the stuff on every sprouting hostas in her yard. It wasn't as efficient as a sprayer, but I'll bet it'll smell

so bad that it'll be a while before they need a touch up, and by then I'll have a real sprayer.

I don't have much confidence in those little sprayer things. Seeing as they have become disposable items, I'm sure that the engineers have designed them to work just a little longer than the quantity of whatever there is in the container. That doesn't allow much use for someone like me who tries to recycle everything. Recycled sprayers never last long, and it ain't worth your while to take them apart to clean them.

After dousing all the plants and cleaning up the sprayer mess, there wasn't any time to do anything else. I checked the place out, locked all the doors and set the alarm. So much for the first day of the season. It was a good start. Next week I'll have another chance to pick away at the list that never seems to end until everything I just did today gets undone again in the fall.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

The quiet things we carry home

There's a certain sound to Memorial Day in small towns.

It's the distant thump of a bass drum echoing down Main Street. The squeak of folding chairs being opened along a parade route. The soft flutter of little American flags planted in damp cemetery grass before sunrise by volunteers who probably didn't tell anyone they were doing it.

When I was a boy, Memorial Day seemed simple to me. It meant a day off from school, a parade, maybe the smell of charcoal grills drifting through the neighborhood by late afternoon. I remember old veterans standing straighter than usual in their uniforms, though I was too young then to notice how some of them walked a little slower than others.

As a kid, you don't fully understand why grown men go quiet during the playing of "Taps."

You just know they do. Now that I'm older, Memorial Day feels different. Not heavier exactly, but deeper. The older you get, the more you realize every town has names carved into stone somewhere. Boys who grew up on the same streets we drive every day. Young men who probably fished the same ponds, sat in the same diners, worked summer jobs, complained about cold winters and muddy springs just like the rest of us.

And then one day, they left home wearing a uniform and never came back.

That's what Memorial Day really asks of us. Not grand speeches. Not perfect patriotism. Mostly remembrance.

Just remembrance.

I think that's why New England towns observe Memorial Day the way they do. There's something modest about it here. The ceremonies are rarely flashy. A few speeches. A prayer maybe. Flowers placed carefully at a monument. Veterans standing shoulder to shoulder, even when age has bent their backs a little.

People still show up. That matters.

I've always noticed how children behave differently during Memorial Day ceremonies too. Even the fidgety ones somehow sense this is not quite like the Fourth of July. There's usually one little boy waving a flag too enthusiastically until his mother gently lowers his arm. Somebody's toddler starts asking questions halfway through the ceremony. Teenagers stand around trying to look uninterested while quietly paying attention anyway.

That matters too. Because remembrance has to keep getting handed down.

The older generation understood that. My father

KIND HEARTS, COLD WINTERS
By CHIPPY

He certainly did, though he wasn't much for emotional speeches. He belonged to that old school of men who believed you showed respect by showing up. Rain or shine. Suit jacket on. Hat off during the anthem. Handshake firm. No fuss made about it.

A lot of those men are gone now.

Truth be told, Memorial Day can feel a little lonely sometimes because of that. You look around town greens and realize many of the veterans who once led the parades now ride quietly in the passenger seat instead of marching. Some are missing altogether.

Time catches everybody eventually.

Still, there's comfort in the traditions staying put even as generations change. The local scout troops still help. High school bands still miss a few notes halfway through the march. Volunteers still place flags at gravesites. Somebody still brings extra donuts nobody asked for.

And somehow that ordinary kindness feels connected to the meaning of the day itself.

Memorial Day was never really meant to glorify war. At least I don't think so. It's about honoring sacrifice while quietly hoping future generations won't have to

make the same sacrifices quite so often.

That may sound old-fashioned nowadays. So be it.

I suppose I've reached the age where I don't mind sounding a little old-fashioned now and then. There are worse things a man can be.

Over the years, I've noticed something else too. The people who attend Memorial Day ceremonies most faithfully are often not the loudest people the other 364 days of the year. They're usually steady people. Humble people. Folks who understand gratitude doesn't always need a microphone.

Maybe that's the lesson I keep carrying home from Memorial Day each year.

A healthy town remembers.

Not perfectly. Not dramatically. But sincerely.

It remembers the people who built the community, protected it, sacrificed for it, and never made it back to enjoy the peaceful little moments the rest of us often take for granted. Ballgames. Backyard cookouts. Kids riding bicycles at dusk. A quiet evening with family while the screen door creaks open and shut.

Ordinary American life.

The kind of life somebody else once gave up everything to protect.

And every Memorial Day, whether we realize it or not, we carry that gift home with us.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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Gilford Public Library Classes & Special Events

May 21 -May 28

Thursday, May 21
Senior Sculpt, 9-10 a.m.

Fun and Fitness with Joyce, 10-11 a.m.

Garden Rock Painting, 3-4 p.m.

Whether its a bug, fruit, veggie, or a mandala- painted garden rocks are a cute and easy way to add a little whimsy to your plants!

Painting and Poetry, 3:30-4:30 p.m.

French, 4-5 p.m.
Listening to New England, 5:30-6:30 p.m.

"Listening to New England," a talk by Mel Allen, drawing from his nearly half century of reporting and writing about the unique people and places of New England for Yankee magazine, Mel

Allen's first collection, Here in New England, brings the people and places of New England alive with a story telling and visual presentation that will let you see and feel the region as never before.

Book Discussion: Loot, 5:30-6:30 p.m.

This month's book is "Loot" by Tania James. Led by Rhettta; books are available at the front desk.

Friday, May 22
Geri Fit, 9-10 a.m.

Rooted and Rising, 10-11 a.m.

Bridge, 10 a.m.-noon

Preschool Storytime, 10:30-11:30 a.m.

Hand & Foot, noon to 2:30 p.m.

Happy Crafters, 1:30-

2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

Beginner Line Dancing, 4-5 p.m.

Saturday, May 23
CLOSED FOR MEMORIAL DAY WEEKEND

Monday, May 25
CLOSED FOR MEMORIAL DAY WEEKEND

Tuesday, May 26
Feel Good Fitness with Dottie, 9-10 a.m.

Senior Sculpt, 10-11 a.m.

Preschool Storytime, 10:30-11:30 a.m.

Discover Live: Athens, Greece, 11 a.m.-noon

Discover a side of Athens beyond the ancient ruins, where neoclassical grandeur, intellectual heritage, and vibrant Greek street life converge in the heart of the modern capital.

Homeschool Group, noon to 1:30 p.m.

Beginner Line Dancing, 4-5 p.m.

Wednesday, May 27

Geri Fit, 9-10 a.m.

Senior Stretch Yogaah!, 10-11 a.m.

Card Games, 10 a.m.-noon

Check out an Expert, 10 a.m.-noon

Paint Group, 1-3 p.m.

Thursday, May 28

Senior Sculpt, 9-10 a.m.

Fun and Fitness with Joyce, 10-11 a.m.

Explode a Watermelon, 3-4 p.m.

How many rubber bands will it take to explode a watermelon? Stop by and enjoy the sweet

summer carnage!

Painting and Poetry, 3:30-4:30 p.m.

Join Miss Linda in a unique special program painting poetry!

French, 4-5 p.m.

Gilford Public Library Top Ten Requests (Plus Two)

1. "The Mother-Daughter Book Club" by Sue Patterson
2. "26 Beauties" by James Patterson
3. "The Things We Never Say" by Elizabeth Strout
4. "The Last Mandarin" by Louise Penny
5. "Theo of Golden" by Allen Levi
6. "Hope Rises" by David Baldacci
7. "Yesteryear" by Caro Claire Burke
8. "Chasing the Clouds Away" by Debbie Macomber
9. "Judge Stone" by Viola Davis
10. "Paradox" by Douglas J. Preston
11. "Project Hail Mary" by Andy Weir
12. "Twice" by Mitch Albom



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Building Smarter in the Lakes Region

BY DONALD CHAPMAN,
President & Co-Founder,
Strong Tree Engineering

Lake Winnepesaukee and the surrounding Lakes Region are among the most special places in New Hampshire. For many families, these lakes, forests, and small towns are woven into generations of memories - summer cottages, boating, hiking, local businesses, and a way of life that feels uniquely New England.

As more people continue to discover the beauty of the region, demand for housing improvements, renovations, additions, septic upgrades, and new development continues to grow. That growth creates opportunity for homeowners, contractors, local businesses, and the regional economy. But it also creates responsibility.

Recent reports regarding increased cyanobacteria blooms in Lake Winnepesaukee have raised understandable concerns about water quality and environmental pressure throughout the region. While there is no single cause, experts point to a combination of factors including stormwater runoff, aging septic systems, fertilizer use, shoreline disturbance, and increasing development density.

The good news is that growth and environmental protection do not have to be opposing forces.

With proper engineering, planning, permitting, and construction practices, homeowners and developers can improve their properties while still protecting the lakes, wetlands, and natural systems that make this area so valuable in the first place.

At Strong Tree Engineering (STE), we believe responsible development starts with thoughtful design. Whether it's a septic system replacement, a waterfront renovation, drainage improvements, a subdivision in an undeveloped area, or a commercial project, every property exists within a larger environmental ecosystem. Small decisions matter.

This means:

- Designing stormwater systems that properly manage runoff
- Supporting septic upgrades that improve long-term environmental performance
- Preserving natural vegetation and shoreline buffers where practical
- Helping clients navigate local and state permit-

ting requirements efficiently and responsibly

- Planning projects with both property value, as well as community and environmental sustainability in mind

As engineers, surveyors, and environmental professionals, we also understand that regulations can sometimes feel overwhelming for homeowners. Our role is not simply to "check boxes", but to guide clients through the process in a practical, solutions-oriented way that balances project goals with environmental stewardship.

Personally, this mission is deeply meaningful

to me. I spent much of my childhood summers on Lake Winnepesaukee at my Nana's cottage in Moultonborough, and those experiences helped inspire me to co-found Strong Tree Engineering. Protecting the character and health of the Lakes Region is not just professional - it's personal. It's one of the reasons we opened our office in Ossipee. We believe local presence matters. We believe communities benefit when experienced professionals live, work, and invest in the areas they serve.

New Hampshire can

continue to grow and prosper while still preserving the natural beauty that defines it. But doing so requires thoughtful planning, responsible investment, and a commitment to building smarter.

The Lakes Region deserves nothing less.


Donald Chapman is President & Co-Founder of Strong Tree Engineering, a civil engineering, land surveying, and environmental consulting firm serving New Hampshire, Massachusetts, and Connecticut.



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How trees and plants can change the look of a landscape

Spring is home renovation season, and no area of a home is off limits. That includes home exteriors, particularly in regard to landscaping.

Lawn and garden centers draw crowds on spring weekends, as homeowners are anxious to get out in the yard after spending more time indoors over the winter. Plants and trees provide a simple and unique way to transform the look and feel of a property. As homeowners ponder what can be done to freshen up their landscapes, they can consider these benefits of incorporating new plants and trees into their properties.

- Add some pops of color. There's no shortage of colorful plants to add some pops of color to a property.



ty. Azaleas, lilacs, pansies, and, of course, rose bushes can add a wide range of colors to a landscape, providing undeniable and awe-inspiring curb appeal when the plants bloom.

- Native plants won't compromise their neighbors. When choosing plants for a landscape, it's important to

pick those accustomed to the local climate. A non-native plant might be able to withstand local conditions, but it also might compromise other trees and plants on a property. When choosing new plants and trees for a landscape, work with professionals at a local lawn and garden center to identify native plants

that can handle local weather conditions and do so without putting existing plants on the property in jeopardy.

- Trees can add considerable privacy. Homeowners who don't want fencing, or those whose towns or homeowners' associations won't allow fencing, may look to trees to add the privacy typi-

cally provided by fences. The growth rates of trees vary by species, so homeowners who want instant privacy should look for trees that are already tall and/or fast-growing. Needlepoint holly (which reach an average height of 10 to 15 feet) and sweet viburnum (25 to 30 feet at maturity) are fast-growing species to consider when planting for privacy. Green giant arborvitae are a popular privacy tree, as they can reach significant heights and widths within a few years of being planted. And while it's always good to consult a lawn and garden center for advice on the compatibility of a given tree with the local climate, green giant arborvitae are known to thrive in U.S. Department of Agriculture hardiness zones

five through eight, which cover a significant portion of the United States.

- Evergreens keep a property green throughout the year. Homeowners who lament the loss of color each fall when their existing trees shed their leaves can keep a property green throughout the winter by choosing evergreen trees for landscapes. The New Jersey Conservation Foundation notes that evergreen trees excel at conserving moisture, which allows them to keep their leaves and maintain that distinct and appealing green color throughout the winter.

Various plants and trees can help homeowners change the look of their landscapes without busting homeowners' budgets.

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SPORTS

Dow, Akerstrom pitch gem as Gilford shuts out Winnisquam



JOSHUA SPAULDING

Gilford's Taryn Limanni takes a lead off third behind Winnisquam's Camilla Cote in action last Tuesday afternoon.



JOSHUA SPAULDING

Mia Macaione makes a throw from second base during action last Tuesday against Winnisquam.

of the inning, Alissa Jean made a nice catch in right field and Alexis Mingolla made a great stretch at first base to help the Bears set the side down in order.

Akerstrom came on to pitch the seventh and she retired the Bears in order to seal the 7-0 win for the Golden Eagles.

Gilford is scheduled to be in action today, May 21, at home against Trinity and Monday, May 25, at Fall Mountain, both at 4 p.m.

Winnisquam is slated to be in action on Friday, May 22, at home against White Mountains Regional at 4 p.m.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — Gilford pitchers Belle Dow and Lucy Akerstrom combined on a one-hit shutout on Tuesday, May 12, as the Golden Eagle softball team defeated Winnisquam for the second time in as many days by a 7-0 score.

Dow got the start in the circle and set the side down in order in the bottom of the first inning and the Golden Eagles struck right away in the top of the inning. Maddi Metz led off with a double to center and scored on a single from Addison Hodsdon for the 1-0 lead. She eventually scored on a passed ball and Dow worked a walk. Cour-

tesy runner Emma Horton scored when Taylor Marsh homered to left and Gilford had the 4-0 lead after one inning of play.

Dow again set the side down in order in the top of the second inning and Savannah Halligan led off the bottom of the second with a double. Akerstrom reached on an error and a Metz base hit drove in Gilford's fifth run. Two outs later, Marsh doubled to center and Gilford had the 6-0 lead after two.

Eila Petty got a bunt single with one out in the top of the third inning but Dow came back and struck out the next three batters.

Taryn Limanni reached

on an error to open the bottom of the third inning, moved up on a groundout by Kate Taylor and scored on a groundout from Halligan for the 7-0 lead before the third inning ended.

Akerstrom made a great catch behind third base in the top of the fourth as the Golden Eagles went down in order. Metz led off the bottom of the inning with a base hit and two outs later, Marsh had a base hit, but the Bears got out of the inning with a fly ball to right field.

Dow again set the side down in order in the top of the fifth inning and Horton reached on an error with one out in the bottom of the inning. She moved up on a

groundout from Halligan, with Camilla Cote making a nice play at third base and Bear pitcher Danica Weymouth got a groundout to

end the inning.

Dow struck out the side in the top of the sixth inning to give her 11 strikeouts in the game and in the bottom

Golden Eagle boys net win in lone match of week

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford boys' tennis team had a busy week shortened by rain, as the Golden Eagles were only able to get in one match, defeating Trinity by a 7-2 score on Tuesday, May 12.

Wins in singles came from Dalton Houle in the number one spot by an 8-1 score, Dustin Gerry by an 8-1 score in the third spot, Jacob Baldi in the fourth spot by an 8-5 score, Easton St. Cyr by an 8-0 score in the fifth spot and Cohen Krupnik by the same score in the sixth spot.

Gerry and Baldi won at number two doubles by an



JOSHUA SPAULDING

Jacob Baldi returns a shot during his team's win over Trinity last Tuesday afternoon.



JOSHUA SPAULDING

Dom Soucy fires the ball back over the net during action against Trinity last Tuesday.

8-1 score and Andrew Prue and Declan Hackett won by an 8-1 score in the third doubles spot.

It will be a busy week for the Golden Eagles, who wrap things up with a doubleheader at home against White Mountains Regional

today, Thursday, May 21, starting at 3 p.m. and at home against St. Thomas on Saturday, May 23, starting at 10 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

Cohen Elliott takes a lead off first during action last Tuesday afternoon against Winnisquam.

BASEBALL
(continued from Page A1)

bunt. However, Smith got a groundout to end the inning and the game remained scoreless.

Smith then led off the bottom of the sixth inning with a homer to center to give the Golden Eagles the 1-0 lead. Owen Wolpin followed with a single but Lloyd got the next three batters in order to finish out the inning.

Lloyd was hit by a pitch with one out in the top of the seventh inning and Blodgett-Fralic singled. Both runners moved up on a groundout from Cullen Desrochers but Smith got a grounder back to the mound to end the game with the 1-0 win.

Winnisquam is scheduled to be in action on Friday, May 22, at home against White Mountains Regional at 4 p.m.

Gilford is slated to be in action on Friday, May 22, at home against Campbell at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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OBITUARIES

Thomas Michael Toohey, 76

Gilmanton Iron Works, New Hampshire:

Thomas Michael Toohey, age 76, died on March 29th, 2026 at his home from natural causes.

He was born on March 16th, 1950 in Ipswich, Massachusetts; the son of Robert Michael Toohey and Ruth Maureen O'Neil. His stepfather was the late Joseph Mattera.

Thomas Toohey was raised in Lynn, Massachusetts and attended Swampscott High School. He served as a Fire Fighter in Boston and Swampscott, and was a veteran of the Air Force where he



served in Vietnam. Later, Tom moved to Avery Hill Road in Gilmanton Iron Works, near Alton, where he lived happily with his wife Kathie. Tom enjoyed riding his motorcycle in the mountains of New Hampshire. He was known for his good sense

of humor, his ability to tell a story, and his dedication to his family and friends. He will be greatly missed.

Thomas Toohey was pre-deceased by his wife of 32 years, Kathie E. Miles (Toohey). He is survived by his brothers-in-law, John A. Miles and Daniel S. Miles; nephews Peter E. Miles and Christopher S. Miles; and many friends.

Arrangements are in the care of Peaslee Funeral Home, 12 School Street, Alton, NH.

To express condolences, please visit: www.peasleefuneralhome.com

SIDARI

(continued from Page A1)

railroad, I currently work at the Conway Scenic Railroad," Chase said. "They want me as one of their diesel technicians since I know a lot about the engines.

"This (collision repair) is something I can fall back on, but I kind of have things planned out," he said. "My dream is to be a train engineer, but there are a lot of good opportunities at my work."

Chase noted he especially loves the history of the Conway Scenic Railroad and noted one of his favorite projects at the railroad is the restoration of an original steam locomotive.

The SkillsUSA Championships is the premier showcase of America's most highly skilled career and technical education students. It's also one of the largest hands-on workforce development events in the world. This event features more than 6,700 state champions from across the United States competing head-to-head in 114 skilled and leadership competitions.

The event is held at the Georgia World Congress

Center in Atlanta, and it covers more than 1.79 million square feet of floor space, the equivalent of 31 football fields. The philosophy of the SkillsUSA Championships is to reward students for excellence, to involve industry in directly evaluating student performance and to keep classroom training relevant to employers' needs.

Competitions are created, overseen, and judged by nearly 2,000 industry volunteers, each committed to building the next generation of skilled professionals, career-ready leaders and responsible community members on which the future depends.

Local winners advance to district or regional competitions, testing their skills against competitors from other schools. Those winners advance to state competitions each spring, and state gold medalists earn the right to compete nationally at the SkillsUSA Championships each June. Along with gold, silver and bronze medallions, competitors may earn scholarships, tools of the trade, and even job offers right off the competi-

tion floor.

At the Lakes Region Technology Center, the collision technology program is designed to provide students the fundamental skills and information used by the auto collision repair technician. Hands-on instruction is directed toward preparing the student to repair the newest "unitized" automobiles. The beginning class teaches fundamental skills including how to form, shape, weld, and finish metals. Painting will also be introduced.

Collision Repair II is a program is designed to provide students further skills in state of the art auto collision repair. Classes will focus on the basics and more advanced techniques to include custom metal work and painting.

Chase will head to Atlanta in June for the SkillsUSA National Leadership Skills competition, where he will compete against other students from around the United States.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SPORTS

Timber Wolves trounce Tigers in Newport

BY JOSHUA SPAULDING

Sports Editor

ALTON — Four Prospect Mountain pitchers combined on a one-hitter as the Timber Wolves blanked Newport on Monday, May 11, by a 12-0 score.

Prospect scored twice in the top of the first, added four in the second and two in the third before closing out the win with four in the top of the fifth inning.

Colby Whitehouse started on the hill and pitched the first two innings, giving

up the lone Tiger hit and Gavin Gorton, Blake Pappaceno and Knyte Neathery followed him to the hill and didn't allow a hit. The four pitchers combined for nine strikeouts and didn't walk a single batter.

Offensively, Whitehouse had a homer, a double and a single, drove in four runs and scored four times while Gorton had a homer, a double and a single, drove in four runs and scored a run. Pappaceno had two hits and scored two runs, Bryce

Lounsbury had a double, scored a run and drove in a run, Vinnie Tilton had a double and scored a run, Parker O'Brien had a hit and drove in two runs, Michael Boles had a hit and drove in a run and Orion Neathery added a hit.

The Timber Wolves will be in action on Friday, May 22, at Derryfield at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Timber Wolves start fast, cruise past Huskies

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect Mountain softball team went on the road on Tuesday, May 12, cruising to a 19-4 win over Monadnock.

The Timber Wolves broke out with 10 runs in the first inning and after the Huskies scored one in the bottom of the inning, the Timber Wolves plated five in the top of the third and four in the top of the fourth. The Huskies scored the final three runs of the game, plating one in the bottom of the fourth and two in the bottom of the fifth for the 19-4

score. Kylee Guptill had a homer and a single, drove in four runs and scored a run, Kora MacKenzie had a double and two singles, drove in two runs and scored three runs, Sophia Bowman had a double and a single and drove in two runs, Taylor Greenwood had a double and a single, drove in two runs and scored a run, Leila Hills Grove had two hits, drove in a run and scored a run, Kourtney Kaplan had two hits, drove in two runs and scored two runs, Paityn Glidden had a double, drove in three runs and scored three

runs, Ashlynn Roberts had a hit and scored a run and Chloe Bill-Petersen had a hit.

Bowman went three innings in the circle, giving up three hits and one earned run while striking out five and MacKenzie went the final two innings, giving up one earned run while striking out one.

Prospect is scheduled to be at home against Newfound today, May 21, and will be at St. Thomas on Friday, May 22.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Folan hurls shutout as Golden Eagles blank Bears

BY JOSHUA SPAULDING

Sports Editor

GILFORD — In the first of back-to-back games between the two teams, the Gilford baseball boys cruised to a 13-0 win over host Winnisquam on Monday, May 11, in Tilton.

Gilford scored five times in the first inning and then added two in the third and sealed the win with six in the fifth inning for the 13-0 win.

Sam Kelley had three hits to lead the Gilford offense, driving in a run and

scoring two runs while Carson Anthony had a double and drove in two runs, Cohen Elliott had a double and a single, drove in two runs and scored a run, Owen Wolpin had a double, drove in two runs and scored a run, Ryan Folan had two hits, drove in a run and scored a run and Danny Fournier had a hit and scored three runs.

Evan Cote had a pair of hits from the top of the lineup for the Bears with Caleb Hall, Micah Goodell and Cullen Desrochers each adding a hit.

Folan went all five innings on the mound, giving up just five hits and striking out six along the way. Dio Katsigiannis, Danny

Blodgett-Fralic and Matt Hibbert combined to do the pitching for the Bears, striking out five.

The two teams played again the next day in a game moved up a few days due to anticipated rain (see separate story).

Winnisquam is scheduled to be in action on Friday, May 22, at home against White Mountains Regional at 4 p.m.

Gilford is slated to be in action on Friday, May 22, at home against Campbell at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8914.
For more information, please visit abundant.harvestnh.org or e-mail ahfc@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9-30a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Ruhl, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Worship Service 10:00am
Bible Study 11:15am
Rte. 126 next to Town Hall
Call or Text: (603) 269-8831
centerbarnsteadcc.org

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P
PRAISE GATHERING
Every Saturday 8:53-10pm at the Iron Works church, 1802 NH Route 140, Gilmanton Ironworks, NH
ccopraisegathering@gmail.com

COMMUNITY CHURCH OF ALTON
Pastor Jared Cassidy
10am Worship service Sunday
20 Church St Alton
(603) 875-5561
www.ccoalton.com

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC
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603-776-1820
Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m.
ccnorthbarnstead.com

FIRST CONGREGATIONAL CHURCH OF FARMINGTON
Worship Services: 10:00 AM
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www.farmingtonnhucc.org
Sunday School at 10:15 AM September - June.

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Craigie earns CSC Academic All-District honors

PLYMOUTH — Two members of the Plymouth State University women's tennis program were honored by College Sports Communicators for their academic achievements on Tuesday, as the CSC Academic All-District Teams were announced.

Seniors Alyssa Craigie (Gilford) and Maddie Lorenz (Jefferson) were each recognized.

Academic All-District honorees are considered for advancement to the CSC Academic All-America ballot, where First-, second-

and third-team Academic All-America honorees will be announced in early-June.

To be eligible for Academic All-District recognition, a student-athlete must be at least a sophomore academically and athletically and must maintain at least a 3.50 cumulative grade point average. Student-athletes must also be in the lineup for 75 percent of an institution's days of competition.

Under the guidance of four-year head coach Kathy Peverly, Plymouth State finished the season 3-8.

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SPORTS

Golden Eagles compete in penultimate week of regular season

BY JOSHUA SPAULDING
Sports Editor

BELMONT — The Gilford boys and girls both finished in sixth place in a meet hosted by Belmont on Tuesday, May 12.

For the Gilford boys, Rylan Paradis finished in second place in the long jump with a distance of 16 feet, 11.75 inches with Connor Brough in 11th at 14 feet, 3.5 inches and Cooper Plourde in 13th at 13 feet, 5.25 inches.

Gunnar Marvel tossed his way to second place in

the discus with a distance of 132 feet, one inch with Daniel Perron in 15th at 68 feet and Brennen Smith-Miller in 16th at 66 feet, 11 inches. Eric Warren was fifth in the javelin at 117 feet, four inches, Smith-Miller was 15th at 82 feet, nine inches, Plourde was 24th at 48 feet, nine inches and Griffyn Greene was 27th at 36 feet.

John Lavalley finished in fourth in the shot put with a distance of 40 feet, 9.5 inches, Warren was 13th at 33 feet, 3.5 inches, Marvel was 15th at 32 feet, three inches

and Wren Reinholz was 17th at 29 feet, two inches.

Landon Akerstrom finished in fourth in the 110-meter hurdles in 21.3 seconds and was also fourth in the 300-meter hurdles in a time of 48.57 seconds. William Reinhardt finished in fifth place in the 400 meters in a time of 59.19 seconds.

Marvel raced to third in the 200 meters in 25.08 seconds with Paradis in sixth in 25.82 seconds, Reinholz in 18th in 27.41 seconds and Brough in 24th in 28.25 seconds. Paradis was eighth

in the 100 meters in 12.32 seconds, Smith-Miller was 15th in 13.02 seconds and Reinholz was 24th in 13.63 seconds.

For the girls, Emily Aguiar won the 100-meter hurdles in a time of 17.46 seconds and also placed second in the 300-meter hurdles in 49.5 seconds. Pearl Marvel ran to second place in the 200 meters in a time of 28.3 seconds.

Marvel also won the long jump at 16 feet, 5.5 inches

with Amanda Schaffnit in 16th at nine feet, 4.75 inches. Alissa O'Brien finished in seventh in the 800 meters in 2:54.54 and Schaffnit was 13th in 3:14.19.

Maria Tilley placed fourth overall in the 400 meters in a time of 1:09.16 and Kylie Kelly was seventh in a time of 1:12.83. Kelly was also sixth in the shot put at 22 feet, 10 inches, Grace Southworth was 10th at 21 feet, 4.5 inches, Izabella Doten was 19th at 15 feet,

11 inches and Schaffnit was 21st at 15 feet.

Kelly was also fifth overall in the javelin with a throw of 63 feet, three inches with Doten placing 19th overall at 27 feet, eight inches.

The Golden Eagles are scheduled to compete in the Wilderness League Championships on Saturday, May 23, at Inter-Lakes.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Golden Eagles start week with win over Winnisquam

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Winnisquam and Gilford softball teams met up twice in two days to start last week, starting with a regularly scheduled game in Tilton on Monday, May 11.

The Golden Eagles got on the board with two runs in the top of the second inning and added one in the third before the Bears responded with one in the bottom of the third. Gilford added one each in the fifth and sixth innings

before putting the game away with three in the seventh for the 8-1 win.

The Golden Eagles got three hits and three runs scored from Maddi Metz while Belle Dow had a double and drove in two runs, Lucy Akerstrom had a double and drove in two runs, Addison Hodsdon had a hit, drove in two runs and scored two runs, Mia Macaione had a hit and scored a run, Tarynn Limanni had a hit, drove in a run and scored a run and Taylor Marsh added a hit.

For the Bears, Danica Weymouth had a double and scored a run, Kamryn Simpson had a hit and drove in a run and Camilla Cote added a hit.

Dow went the distance in the circle for the Golden Eagles, giving up three hits and striking out 14 while Weymouth went all seven in the circle for the Bears, giving up four earned runs and striking out six.

The teams met up again the next day (see separate story) for a game that was moved up two days due to anticipated rain.

The Golden Eagles did get one game in through the weather on Wednesday, May 13, beating Berlin by a 20-2 score.

Berlin plated a run in the first but Gilford put up three in the bottom of the first and four in the second. Berlin put another on the board in

the top of the third before the Golden Eagles scored 11 times in the bottom of the third and added two in the bottom of the fourth for the 20-2 win.

Dow had a homer and two doubles, drove in three runs and scored three runs to lead the Gilford offense while Hodsdon had three hits, drove in a run and scored three times, Marsh had a double and a single, drove in two runs and scored a run, Limanni had a hit, drove in a run and scored a run, Emma Horton had a double and scored two runs, Kate Taylor had two hits and scored three times, Akerstrom had two hits and drove in two runs, Metz had a hit and scored two runs, Sydney Halligan had two hits and scored three runs and Leah Scudder added a base hit.

Akerstrom went all five innings in the win, giving up two earned runs and striking out seven.

Gilford is scheduled to be in action today, May 21, at home against Trinity and Monday, May 25, at Fall Mountain, both at 4 p.m.

Winnisquam is slated to be in action on Friday, May 22, at home against White Mountains Regional at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Giants slip by Timber Wolf tennis boys

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain boys' tennis team went on the road on Tuesday, May 12, dropping a 5-4 decision to Bishop Brady in a makeup game at Memorial Field in Concord.

The two teams split the singles before the Giants won two of the three doubles to take the overall win.

Cam Morrill got a 9-8

(7-5 in the tiebreaker) win at number two singles, Wyatt Bubar won by a 9-7 score at number three singles and Ayden Porter got the 8-3 win in the fifth spot. Rylan Clifford fell 8-4 at number one, Brock Libby lost 8-6 in the fourth spot and Blake Snell fell by an 8-6 score at number six.

In doubles play, Prospect's win came at number three where Bubar and Snell

teamed up for the 8-5 victory. Clifford and Libby lost 8-4 at number one and Morrill and Porter dropped a 9-7 decision in the second spot.

The Timber Wolves are slated to be at home against Monadnock on Friday, May 22, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Fast start sends Gilford baseball over Inter-Lakes

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford baseball team plated seven runs in the first inning on the way to a solid 14-4 win over visiting Inter-Lakes in a rainy battle on Wednesday, May 13.

The Lakers scored a run in the top of the first before the Golden Eagles plated those seven runs in the bottom of the frame. Gilford added one in the second and three in the third before the Lakers scored three more times in the top of the fourth. Gilford added one in

the fifth and two in the sixth to close out the 14-4 win.

Cohen Elliott had two doubles and a single, drove in three runs and scored two runs to lead the Gilford offense. Drew Smith had two hits and scored a run, Ryan Folan had a hit, drove in two runs and scored a run, Owen Wolpin had a hit, drove in a run and scored two runs, Sam Kelley had a hit, drove in a run and scored a run, Carson Anthony had a hit and scored two runs, Jack Hazelton had a hit and scored three runs and Andy Taylor had a hit, drove in

two runs and scored a run.

Nolan Streeter had a double to lead the way for the Lakers with Cooper Bliznik getting a hit and scoring a run, Jayce Frontiero adding a hit, driving in a run and scoring a run, Ryder Palsgrove had a hit and scored a run, Aaron Smith had a hit and scored a run and Kieran Donnelly added a hit.

Anthony toed the rubber for the Golden Eagles, going all six innings while giving up two earned runs and striking out six. Streeter and Donnelly did the pitching for the Lakers and com-

bined to only give up three earned runs and struck out five.

The two teams will meet up in Meredith on Wednesday, May 27, at 4:30 p.m.

Gilford is slated to be in action on Friday, May 22, at home against Campbell at 4 p.m.

Inter-Lakes is scheduled to be in action on Friday, May 22, at Kearsarge.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Thursday, May 21
KINGSWOOD

Track at Bow; 4

PROSPECT MOUNTAIN

Girls' Tennis at Moultonborough; 3:30

Softball vs. Newfound; 4

Track at Kearsarge; 4

Friday, May 22

KENNETT

Baseball vs. Kingswood; 4

Girls' Lacrosse at Winnacunnet; 4

Softball vs. Kingswood; 4

KINGSWOOD

Baseball at Kennett; 4

Softball at Kennett; 4

PROSPECT MOUNTAIN

Baseball at Derryfield; 4

Boys' Tennis vs. Monadnock; 4

Softball at St. Thomas; 4

Saturday, May 23

KENNETT

Track at Inter-Lakes (Wilderness Meet); 10

KINGSWOOD

Track at Inter-Lakes (Wilderness Meet); 10

PROSPECT MOUNTAIN

Track at Inter-Lakes (Wilderness Meet); 10

Monday, May 25

KENNETT

Boys' Lacrosse at Plymouth; 4

Tuesday, May 26
KENNETT

Baseball at Plymouth; 4

Girls' Lacrosse vs. Goffstown; 4

Softball at Plymouth; 4

KINGSWOOD

Baseball vs. Pelham; 4

Boys' Lacrosse at Alvirne; 4

Girls' Lacrosse vs. Alvirne; 4

PROSPECT MOUNTAIN

Baseball vs. Somersworth; 4

Softball vs. Somersworth; 4

Wednesday, May 27

KENNETT

Boys' Lacrosse vs. John Stark; 4

All schedules are subject to change.



A guide to survive lengthy home renovations

Renovations can transform homes into spaces that mirror homeowners' dreams. Regardless of the scope of a project, a home renovation will involve some level of disruption to residents' daily lives. Lengthy, more involved projects may impact daily life considerably.

Renovation timelines vary depending on the scale of the project. Painting may take a week or two, while a kitchen or bathroom remodel may last anywhere from four to 16 weeks. Larger projects like adding a room can take between three and six months, say the experts at John Merrill Homes. Projects also often take longer than expected, as surprises may be in store once homeowners begin peeling back the layers in homes. Homeowners about to embark on lengthy renovation projects can embrace these tips to come through on the other side relatively unscathed.

Choose your timing
The timing of a renovation may have to coincide with contractor availability or having the budget to fund the project. But homeowners



should consider life circumstances and season before starting a project. You might not have the energy to take on a project right before the holidays. If kids play on sports teams that require a lot of travel, it might be better to wait until the season winds down. Figure out what you can realistically take on to reduce the likelihood that you'll feel overwhelmed.

Plan accordingly
Creating and sticking to a daily schedule, and knowing what is happening each day, can keep a project on track. It also allows you to determine which days will be the most chaotic. Demolition days can be noisy and messy, and may be those are days when you plan to be away from the house for a few hours.

harm's way
Invest in a storage solution for the duration of the renovation. Decluttering and removing items before the project is in full force will make it easier to work and maneuver, and it also means fewer items will need to be cleaned afterwards. Renovations tend to kick up a lot of construction dust, after all.

Designate a safe zone
Establish a room or rooms as work-free areas to which residents can retreat. If multiple rooms are being renovated, you might consider spending time with a family member or friend, or getting a hotel for a short duration until the bulk of disruption dies down.

Lower your standards
Homecooked meals may be your standard most days

of the week, but it's alright to be a bit lax when remodeling projects begin. Relying on frozen foods or takeout might be necessary for a little while.

Remodeling projects can be disruptive and stressful, but certain strategies can make it easier to get through projects without too much disruption.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	Scott Drive	N/A	\$50,000	Ryan D. McGee	Renewed Homes LLC
Alton	N/A	N/A	\$303,000	Zachary James Roetzel and Marilyn Fajardo Ortiz	Brad and Renee Hodgson
Barnstead	N/A	N/A	\$480,000	Kerin M. Putnam	Brooke and Timothy O'Gara
Barnstead	N/A (Lot 1)	N/A	\$570,000	Timothy J. Collins	Kim and Mark Sutton
Gilford	630 Belknap Mtn. Rd.	N/A	\$575,000	Mary Beth Godbout	Kimberly H. and Brian D. Barbieri
Gilford	60 Upland Dr.	Single-Family Residence	\$541,000	Park St. Rental Properties LLC	Norman Tristram Gauvin
Gilford	N/A	N/A	\$90,000	Jeffrey Ursillo	Robert and Kimberly Sturdahl
Gilmanton	9 Lakewood Dr.	Single-Family Residence	\$2,345,000	Richard A. Almeida and Audrey E. Evans	Penelope M. and Nicholas D. Conner
Gilmanton	585 Province Rd.	Single-Family Residence	\$730,000	Dragon Fiscal Trust and Matthew R. Dragon	Lisa M. Giberti

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

2026 "One Community Project" seeks local volunteers

GILFORD — A joint collaboration between Gilford Community Church (GCC) and Gilford Youth Center (GYC) that began in 2011, One Community Project (OCP) is currently accepting volunteers for its next community project, June 20-22.

Open to adults and youth, the OCP projects will take place at 306 Darby Drive, Laconia, on Saturday, June 20th from 9:00-1:00 pm. Sunday and Monday, June 21 & 22 from 9 a.m.-1 p.m. at 40 Varney Point Rd., Gilford (Ice Skating Rink/Pickleball Courts). (Rain Date: June 23, Tuesday) The

types of work will include painting, scraping, landscaping, window cleaning, mulching, and more.

"Making a difference through a community project can foster real change, build stronger bonds, and create lasting impact. OCP is about making a differ-

ence in the community. Each year this event is such a rewarding experience. I am so grateful to be a part of it," said Amber McLane, director of GCC's Children and Youth Program.

To register as a participant or sponsor, please contact Amber McLane at

gccyouthprogram@gmail.com or sign up on the Web site, www.gilfordcommunitychurch.org/onecommunityproject.

Located in Gilford at 19 Potter Hill Rd., the Gilford Community Church (GCC) is an inclusive, open community that welcomes be-

lievers and doubters, seekers and skeptics, young and old. Viewable live on Facebook and available on YouTube, Sunday service at GCC takes place at 10 a.m. To learn more, or virtually attend service, visit gilfordcommunitychurch.org.

LEGALS

SHAKER REGIONAL SCHOOL DISTRICT RFQ FOR FIELD DRAINAGE

Shaker Regional School District is seeking Requests for Proposals for Baseball Field Drainage at Belmont High School. A mandatory site visit will be held on May 20, 2026 at 10:00 am. Please contact Steve Dalzell, Director of Buildings & Grounds, with any questions and the complete RFQ at sdalzell@sau80.org or at 603-267-9223 x5309.

GILFORD — The Gilford Police Department reported the following arrests from May 4-17.

William Thomas Shields, age 20, was arrested on May 4 for Driving After Revocation or Suspension of license.

Dennis E. Laramee, age 55, was arrested on May 5 for Driving After Revocation or Suspension of license.

A 32-year-old male received a summons in lieu of arrest on May 5 for Driving After Revocation or Suspension of license.

Nevaeh Lynn Perkins Snow, age 19, was arrested on May 7 for Operating Without a Valid License.

Ryan J. Davis, age 32, was arrested on May 8 for Operating after being Certified as a Habitual Offender

and Contempt.

Joshua J. Simonton, age 43, was arrested on May 10 for operating after Suspension of Vehicle Registration.

Sean Franklin Ruhl, age 56, was arrested on May 10 for DUI-Impairment, Conduct After an Accident, and Reckless Conduct with a Deadly Weapon.

A juvenile, age 17, was arrested on May 17 for Domes-

tic Violence-Simple Assault resulting in Bodily Injury or Physical Contact and Possession and/or Use of Tobacco Products by a Minor.

Cheyenne Aally Jade Ayers, age 22, was arrested on May 17 in connection with a warrant.

Kevin Joseph Davis, age 41, was arrested on May 17 for Domestic Violence-False Imprisonment.

Gilford police log

SNHU announces Spring Dean's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Spring 2026 Dean's List. The spring terms run from January to May.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to

the Dean's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

Camden Colson of New Durham
Hailey Bubacz of Center Barnstead

Kendall Morrissette of Gilford

Paige Downing of Laconia
Kyle Woodtke of Laconia

Beverly Tavano of Laconia
Sabrina Rainville of Gilmanton

Southern New Hampshire University (SNHU) is a private, nonprofit, accredited institution with a 93-year history of educating traditional-aged students and working adults. Now serving more than 200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate,

and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.



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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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Gilford: Built in 2022, this 3-bed home offers mountain and seasonal lake views from the great room. Highlights include a stone gas fireplace, a chef's kitchen with a center island, and a heated 3-car garage with workshop.

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SPORTS

Golden Eagle lacrosse girls drop a pair



COURTESY PHOTO

The Gilford girls' lacrosse team poses for a photo at Friday night's Gilford High School prom.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford lacrosse girls had a pair of games last week and had another postponed by rain. The team's game with Milford on Thursday was

moved to after deadline this past Tuesday.

The girls opened the week with a home game against Coe-Brown on Monday, May 11, dropping a 13-9 decision to the Bears. "Tough battle, but the

girls played hard to the end," said coach Jennifer Watson.

Abby Watson had six goals, Zevy Donovan added two goals and Rowan Worthen had a goal, an assist and 11 draw controls while goalie Madi Breton

had a career high 15 saves.

The Golden Eagles traveled to Dover on Wednesday, May 13, and dropped a 25-11 decision to St. Thomas.

Watson led the offense with six goals, one assist

and eight draw controls while Donovan had three goals and Worthen added two goals. Breton turned away 10 shots in the Gilford net.

Gilford is slated to be in action on Monday, May

25, at home against Lebanon and at Plymouth on Wednesday, May 27.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Scarpa gets pair of wins in Laconia

BY JOSHUA SPAULDING
Sports Editor

LACONIA — The Prospect Mountain track boys and girls both finished in fourth place in a meet hosted by Laconia on Monday, May 11.

Domenic Scarpa won the 200 meters for the Timber Wolf boys, finishing in 24.07 seconds with Matthew Whelan in third in 25.83 seconds, Hayden Holmes in fifth in 26.04 seconds, Dawson Meehan in ninth in 26.73 seconds and Evan Fuller in 16th in 27.82 seconds. Scarpa was also fourth in the 100 meters in 12.3 seconds with Holmes in fifth in 12.32 seconds, Whelan in eighth in 12.82 seconds, Fuller in 20th in 13.54 seconds and Charles Bravar in 31st in 16.94 seconds.

Scarpa also won the long jump at 19 feet, two inches with Fuller finishing in eighth place at 15 feet, 5.5 inches. Hunter Witham ran to fifth in the 110-meter hurdles in a time of 22.04 seconds and was also 13th in the 1,600 meters in 5:48.81 with Trew Reed in 15th in 6:36.96.

Sean Hardison jumped to second in the high jump at five feet, six inches and also finished in 13th in the 400 meters in 1:03.65.

Finn Brown finished in fifth in the shot put with a toss of 32 feet, 5.5 inches with Declan McCausland in sixth at 28 feet, 5.5 inches, Bravar in 11th at 25 feet, seven inches and Dylan Conway in 12th at 24 feet, 8.5 inches. Brown was also fifth in the discus at 82 feet, six inches with McCausland in seventh at 74 feet, five inches, Bravar in 14th at 58 feet, 11 inches, Witham in 16th at 54 feet, eight inches and Conway in 18th at 49 feet.

The Timber Wolf boys won the 4X100-meter relay in a time of 47.4 seconds and took third in the 4X400-meter relay with a time of 3:56.79.

For the Timber Wolf girls, Jazmine Witham took second place in the shot put with a toss of 27 feet, 5.5 inches while in the discus, Kayla Fish took second place with a throw of 60 feet, four inches.

Fish also finished third in the javelin with a throw of 76 feet, one inch and Witham was sixth at 60 feet, one inch.

Kira Campanile finished in fifth place in the 400 meters with a time of 1:14.04 while in the 200 meters she was 10th in 33.71 seconds and Julie Beaton was 13th in 34.21 seconds. Campanile was 13th in the 100 meters in 16.68 seconds and

Beaton was 14th in 16.73 seconds.

The Timber Wolves are slated to take part in the Wilderness League Championships on Saturday, May 23,

at Inter-Lakes.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Thursday, May 21
BELMONT

Girls' Lacrosse at Lebanon; 4

GILFORD

Boys' Tennis vs. White Mountains (DH); 3

Girls' Lacrosse vs. Trinity; 4:30

Softball vs. Trinity; 4:30

Friday, May 22

BELMONT

Baseball at Somersworth; 4

Softball at Somersworth; 4

GILFORD

Baseball vs. Campbell; 4

Boys' Lacrosse vs. Hopkinton; 4

Saturday, May 23

BELMONT

Track at Inter-Lakes (Wilderness Meet); 10

GILFORD

Boys' Tennis vs. St. Thomas; 10

Track at Inter-Lakes (Wilderness Meet); 10

WINNISQUAM

Track at Inter-Lakes; (Wilderness Meet); 10

Monday, May 25

BELMONT

Girls' Lacrosse at Bishop Brady; 4

GILFORD

Girls' Lacrosse vs. Lebanon; 4

Softball at Fall Mountain; 4

Tuesday, May 26

BELMONT

Baseball vs. Inter-Lakes; 4

GILFORD

Boys' Lacrosse vs. Campbell; 4

Wednesday, May 27

BELMONT

Baseball at White Mountains; 4

Softball at White Mountains; 4

GILFORD

Baseball at Inter-Lakes; 4:30

Girls' Lacrosse at Plymouth; 4

Thursday, May 28

BELMONT

Girls' Lacrosse at John Stark; 4:30

GILFORD

Boys' Lacrosse at Laconia; 6

WINNISQUAM

Baseball vs. Newfound (Robbie Mills); 7

All schedules are subject to change.

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New owners to carry on Molly's mission

WOLFEBORO — Molly the Trolley will celebrate her 40th season this year right where she belongs, serving Wolfeboro and New Hampshire's Lakes Region.

"Molly and I are delighted to announce that the Wolfeboro Trolley Company has been sold to a local couple who plan to continue operating the business in Wolfeboro," said Kathy Fairman, now the former owner of this iconic Wolfeboro small business. "Please welcome Kristin Schepici and Patrick Woods, Molly's new owners."

After vacationing on

Lake Winnepesaukee for several years, Schepici and Woods bought a home in Wolfeboro in 2018 and began thinking about acquiring a small business in the community.

Their backgrounds and experience in marketing and communications align well with Molly's business model. They are eager to learn all aspects of the business, including obtaining their commercial driver's licenses, and they understand the important role Molly plays in promoting Wolfeboro as a vacation destination throughout the Lakes Region and in New Hampshire.

As board secretary of the Lakes Region Humane Society, Schepici has demonstrated her commitment to becoming an active member of her community. She and Woods see assuming ownership of the Wolfeboro Trolley Company as another step in that direction, one of their goals in choosing Wolfeboro for their home.

"We are very excited about being in Wolfeboro and especially excited about being part of Molly's future," said Schepici. "While we have many favorite places here, we look forward to getting to know all of Molly's friends."

The Wolfeboro Trolley



Molly with new owners Pat Woods and Kristin Schepici.

COURTESY

Company was established in 1987 to help ease traffic congestion and welcome visitors to Wolfeboro. A narrated tour enhanced the attraction and private charters provided a festive and safe means of group transportation for special events and private parties.

Molly's annual Map/Brochure is distributed throughout the Lakes Region and at New Hampshire rest areas as part of the company's collaborative efforts with some eighty local businesses to attract visitors to Wolfeboro.

For more information visit wolfeborotrolley.com, contact Schepici or Woods at sales@wolfeborotrolley.com or call Molly's new number 603-387-5889.

NH Boat Museum hosts 50th Annual Alton Bay Boat Show



ALTON BAY — The New Hampshire Boat Museum (NHBM) will host the 50th Annual Alton Bay Boat Show on Saturday, Aug. 9 from 9 a.m. to noon at the Alton Bay Town Docks. The free public event marks a half-century of celebrating New Hampshire's freshwater boating heritage and is among the longest-running vintage boat shows in the region.

"What I love about the Alton Bay Boat Show is how it turns the whole waterfront into a living gallery," noted NHBM Executive Director Devon Kurtz. "Every boat carries a story, every owner is eager to share it, and the community leans in with real affection. It's one of the coolest, most heartfelt days on the lake."

At the show, which fea-

tures classic wooden and early fiberglass vessels (model year 1975 and earlier), spectators are invited to walk the docks, meet the owners, and cast ballots for the People's Choice Award.

"This is one of the most exciting events of the summer for the whole family," said NHBM Executive Director Devon Kurtz. "It's truly a remarkable collection of boats, and spectators can get up close and talk with the owners."

Pre-registration is not required, and docking is first-come, first-served.

"Reaching the 50th anniversary is a significant milestone for the museum and for the boating community across New Hampshire," added Kurtz.

The 50th Annual Alton Bay Boat Show is spon-

sored by The NASWA Resort, Mundial Group, Inc., and Water's Nook Home Decor and Gifts.

Founded in 1992, NHBM is dedicated to preserving and sharing the state's rich freshwater boating heritage. Through dynamic exhibits, youth programs like Junior Skippers, and on-the-water experiences, NHBM brings New Hampshire's boating story to life for visitors from across the state and beyond.

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