

FREE

Alton Fire Department staff recognized for life saving response

“The level of service this department provides this community and actually neighboring communities everyday...I’m pleasantly surprised what these people, men and women, do for this community,” Reinert said. “So, it makes my job easier and I look forward to a long service here in Alton and hopefully they continue as well so thank you.”

The department is applying for a Congressional Spending grant worth around \$272,000. Kelley said it is a long process and competitive, but they're optimistic they can get it.

Heath said the discussion has moved toward the possibility of a new DPW building

SEE HIDDEN SPRINGS PAGE A11

R.A.D. Sports is doing the work on the field, with the first order of business being tearing out the old turf and they

SEE TURF, PAGE A10

Alton Parks and Recreation Community Connection

Free Concerts at the Bandstand
Summer Concert Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay

Aug. 2- The Revolutionists- Classic Rock thru Modern Pop; Aug. 9- Bittersweet- Classic Rock; Aug. 16- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; Aug. 22- “Thursday Afternoon Band” sponsored by Water Bandstand Committee; Aug. 23- Saxx Roxx- back by popular demand and Aug. 30- Cool Beans- ‘60’s and ‘70’s Rock.

Alton Old Home Days Craft Fair- Aug. 9 & 10
Celebrate Alton Old Home Days by attending a New England Style Craft Fair on Aug. 9 and 10. The fair will take place at Railroad Square Park in picturesque Alton Bay overlooking Lake Winnepesaukee. Juried vendors will be located inside the Alton Bay Community Center and throughout the waterfront park. All vendor items are handmade by local artisans and include food items, maple products, jewelry, carvings, wooden items, paintings, clothing, linens, pillows, toys, photos, doll items, seashell designs, music, knitted and crocheted items, and much

more. Craft Fair items make unique holiday gifts. Craft Fair hours are Saturday from 9:00a.m.-5:00p.m. and Sunday from 10 a.m.-3 p.m., rain or shine.

Alton Old Home Days 5K Road Race
Co-Sponsored by Meredith Village Savings Bank. Aug. 9 at the Alton Bay Bandstand, 9 a.m. USATF Certified Course through Alton. Computerized timing with bib chip; results posted online. Scenic, slightly varied course, flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffle for racers. Forms and map available at www.alton.nh.gov or register online at <https://runsignup.com/Race/NH/Alton/AltonOldHomeWeek-5KRoadRace>. Register race day from 7:30-8:30 a.m., \$25, cash only.

Old Home Days Firemen’s Chicken BBQ
The Alton Firemen’s Association is sponsoring their annual (and famous) Chicken BBQ on Saturday, Aug. 10, starting at 4:30 p.m. at the Central Fire Station. \$15 per person, and will last until it’s sold out. Parking is available at Mill Pond for eat in or drive through and pick

up your meal to go.

Old Home Days Battle of the Badges Softball Game
The Alton Fire and Police Departments are playing their annual Old Home Days Softball Game on Sunday, Aug. 10 at noon at Little Fenway at Jones Field Park located on the Letter S Road. Stop by and cheer on your favorite local hero, this is a great event and fun for the whole community. Food will be available for purchase.

Old Home Days Cribbage Tournament
Alton Parks and Recreation is sponsoring a free Cribbage Tournament on Sunday, Aug. 10, starting at 1 p.m. at the Alton Bay Land Bandstand, weather permitting. Tournament seating is limited so please arrive early to guarantee a spot. Prizes will be awarded to top finishers. A special thank you to Ruth Arsenault for leading this fun event. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov.

Zentangle Creation Night- Aug. 25
Alton Parks and Recreation is hosting BB Art Studios with a premier Zentangle Event for adults 18 and older on Monday, Aug. 25 at the Pearson Road Community Center from 6-7:30 p.m. with instructor Barbara Bourque. Have you ever been stressed? Did you know that art is a fantastic way to diffuse some of that? Zentangles may be just what you need to escape for a bit. Join us for a fun and relaxing evening of creating, and learning how to leave some of your stress behind through art. If you have ever doodled, you can definitely Zentangle. This is something for everyone, and something you can do whenever you want (or need!). Art examples are posted on the Parks and

Recreation Facebook page. All supplies and professional instruction included, \$20. Please contact Alton Parks and Recreation parksrec@alton.nh.gov or 603-875-0109 by Aug. 19 to register. Pay by Venmo to BB Studios @ Barbara-Bourque-1 by Aug. 19 or bring check/cash to 328 Main St.

Pick Up Pickleball Games
Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Sign up online <https://www.signupgenius.com/go/8050D4FA8AF2CA5F85-54716680-pickup>. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. For more information, contact parksrec@alton.nh.gov.

Line dancing lessons
Line dancing lessons with Jane Corbett will be held on Thursdays through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

Pilates Classes in Alton Bay- Tuesdays and Thursdays
The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Free Soccer Program for Ages 2-7
Alton Parks and Recreation is sponsoring a free soccer program for ages two to seven led by the Kingwood Boys Varsity Soccer Coach and a group of awesome volunteers for Alton residents and surrounding Towns. The free Soccer Program will be held on Sundays at Alton Central School from Sept. 7-Oct. 19, 9-10 a.m. Cleats and shin guards are optional, bring your own. Uniform shirts will be provided to participants that register by Aug. 18. Register in person at the Parks and Recreation office or online at www.alton.nh.gov. Contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@alton.nh.gov for more information.

Soccer Cleat Swap- Check it out
Used soccer cleats in good condition, and in various sizes are available at the Alton Parks and Recreation Department located at 328 Main St., Monday- Thursday 7 a.m.-4:30 p.m. Before you purchase new cleats for this season check out what is available for free. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@alton.nh.gov.

Little Lake Explorers Playgroup
Join the Little Lake Explorers playgroup on Mondays at the Alton Bay Community Center from 9-11 a.m. This free program is open to all children newborn to seven years of age and their parents. Activities include free play, snack time, story time, music and more. Parents must stay and supervise their child during the program and are asked to bring a peanut free snack for their child. Please pre-register by the Wednesday before each meeting at littlelakeexplorersalton@gmail.com. Drop ins are also welcome. For more infor-

mation, contact Alton Parks and Recreation at parksrec@alton.nh.gov.

Alton Celebrates Old Home Days
Alton Old Home Days is Aug. 9 and 10 in Alton Bay. Activities include:

Saturday, Aug. 9
5K Road Race- Race day registration 7:30-8:30 a.m. at Alton Bay Bandstand; Race starts at 9:00a.m.
Old Home Days Craft Fair- 9 a.m.-5 p.m. Railroad Square Park.
Vintage Boat Show- 9 a.m.-noon, Public Boat Docks.
Main Street Parade- 11:30 a.m.- Starts at the Letter S Road and ends in Alton Bay.
Firemen’s Chicken BBQ- Held at Central Fire Station. Starts at 4:30 p.m. and lasts until sold out, \$15 per plate.
Bittersweet Band Concert, a local favorite, playing classic rock- 7-9 p.m., Alton Bay Bandstand.

Sunday, Aug. 10
Old Home Days Craft Fair- 10 a.m.-3 p.m. Railroad Square Park.
Battle of the Badges Softball Game- Alton Fire vs. Alton Police Department- noon. Little Fenway at Jones Field, Letter S Road.
Cribbage Tournament- 1:00p.m. Alton Bay Bandstand. Arrive early to get a seat in the game.

Concert Sponsored by Water Bandstand Committee
The Water Bandstand Committee is sponsoring a live concert on Friday, Aug. 22 from 7-9 p.m., featuring “The Thursday Afternoon Band.” The concert will be at the Alton Bay Land Bandstand with classic rock music.

Alton Bay Water Ski Show
Sponsored by the Water Bandstand Committee
Aug. 23 — Water Ski Show at 3 p.m. in Alton Bay.



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Barnstead resident named to Clark University's Spring Dean's List

W O R C E S T E R , Mass. — Emalee R. Bunker of Barnstead

was named to second honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the Spring 2025 semester.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors. Founded in 1887, Clark University is a liberal arts-based re-

search university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.



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Up next at Village Players: Auditions for “Sweeney Todd”

WOLFEBORO — Continuing Village Players’ extraordinarily strong 2025 season, auditions for “Sweeney Todd” are Sunday, Aug. 10 and Monday, Aug. 11 at 7 p.m.

The Tony Award-winning mu-

sical and deliciously macabre movie by Tim Burton with Johnny Depp, “Sweeney Todd” is the story of the demon barber of Fleet Street. Opening on Halloween and continuing through Nov. 9, it will be appropriately produced amidst

the eerie shadows of fall.

The show tells the tale of an unjustly exiled barber who returns to London seeking vengeance on the lecherous judge who framed him and ravaged his wife. The music and lyrics by Ste-

phen Sondheim offer actors opportunity to cultivate the full range of their vocal talents while recreating the dark underbelly of Victorian England and the inhumanity of man.

Auditions will be held for the produc-

tion’s 10 named roles and a large ensemble. All actors are asked to prepare a song of 30 seconds to one minute that demonstrates their vocal range, and will be asked to read from the script. Please note that rather than singing something ‘safe’ like “Happy Birthday,” auditioners are asked to select a musical theatre song (it does not need to be from this show) that will truly show the production team what they are capable of vocally. Complete details are available at www.village-players.com/

sweeneytodd.

Says director Paul Stewart, “I have always wanted to do this show and believe that this is the moment our Village Players and our talented theater friends from across the state can produce its best production ever!”

The Village Players is a non-profit community theater located at 51 Glendon St., Wolfeboro. It welcomes onstage and non-stage participants of all ages. Visit www.village-players.com to learn more.

St. John’s-on-the-Lake welcomes Rev. John Bethell this Sunday

MEREDITH — On Aug. 3, St. John’s-on-the-Lake welcomes the Rev. John Bethell. The Lord’s Supper will be served.

The Reverend John C. Bithell, a New York City native, spent summers in New Hamp-

shire before becoming a permanent New Hampshire resident a few years ago. He is an Episcopal priest currently serving as the chaplain of the Laconia Fire Department and the owner of a frame shop in downtown Laconia.

St. John’s is a summer chapel located on Bear Island on Lake Winnepesaukee, built in 1927 of island stone. Stained glass windows and a birch communion table add to its rustic charm. It can be reached from the docks

in Deep Cove; for the boat taxi, contact bear.island.church.ferry@gmail.com. All are welcome, as are well-behaved dogs. For more information, see our Web site, www.stjohnson-thelake.com.

Alton’s Park of the Week: B&M Park

ALTON — Located at 13 Depot St. (behind Town Hall), B&M Park offers many amenities for locals and visitors of Alton. These include a toddler playground, wetlands boardwalk, horseshoe pit, linked walking trail, picnic area, benches, historic train buildings and a caboose.

B&M Park was orig-

inally the site of a busy railroad hub from 1849-1942. Some of the original buildings utilized still sit in or adjacent to the park. For example, you can find the J. Jones & Son Freight building and the smaller freight building next to the caboose at the park today. The Loon Cove Station building was moved to the park in

2009.

The blue caboose that sits on the small portion of tracks was built in 1921 at Laconia Car Works and was moved to the land in the early 1990’s from Portsmouth. In the mid 2000’s, it was moved again from its temporary spot and placed on the tracks that sit next to the small freight building.

In 2011, B&M Park was

named New Hampshire’s Best Little Park by The New Hampshire Magazine.

If you’re a history buff, or just want to enjoy a nice park, come on down to Alton’s Best Little Park. For more information on B&M Park and its amenities, contact Alton Parks and Recreation at (603) 875-0109 or parks-rec-asst@alton.nh.gov.



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We Will NOT be Undersold

The soundtrack of our lives

You're driving home late one night, tired but wired, and then it happens. That one song — your song — comes on the radio. Maybe it's Whitney, or Nirvana, or A Tribe Called Quest, or that one-hit wonder from your senior year. Suddenly, you're not in traffic anymore. You're back in your first car, windows down, summer air thick with possibility. You're 16, or 18, or 21, and for a moment, you feel it all again. That moment is science.

According to neuroscience research, the music we listened to in our adolescence and early adulthood (roughly ages 12 to 25) gets deeply embedded in our emotional memory, thanks to the way our brains are wired during those formative years. It's a phenomenon sometimes referred to as the "remembrance bump" a window of time where memories are more vivid, and experiences (especially those connected to emotion and identity) leave a lasting imprint.

When music enters the scene during that stretch of life, when you're first falling in love, figuring out who you are, and building your independence it becomes more than just background noise. It becomes part of your personal identity. So, decades later, when you hear that track again, it doesn't just spark a memory, it lights up the emotional centers of your brain, releasing dopamine, triggering nostalgia, and often bringing comfort and joy.

Nostalgia gets a bad rap, like it's some kind of wistful indulgence. But it's actually good for you. Studies show that nostalgic experiences (including music-based ones) can increase feelings of connection, meaning, and optimism. They act as a psychological time machine, reminding you of who you've been and helping you reconnect to the parts of yourself that still matter.

Your favorite music from your youth isn't just "old school." It's a form of self-preservation. A reminder of your wildness. Your hope.

So, when you hit play on that mixtape in your mind, know this: you are not stuck in the past. You are drawing strength from it.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



COURTESY
Congratulations to these two awe-inspiring Literary Littles, Lenny and Harvey, for completing the 1,000 Books Before Kindergarten challenge at the Oscar Foss Memorial Library in Barnstead!

LETTERS FROM EDWIN

Birderus

All of a sudden, the number of animals outside my windows seem to have exploded. Oh there's all the usual critters, but there are now others that you hardly ever see. Like the mother porcupine and her little one. Tonight I looked out to see a new face wandering up out of the woods. It was an opossum. I watched it for a couple of minutes, then it wandered off out of sight. It'll be back.

A while back, I noticed a pair of Bluebirds checking out the vacant birdhouse. But then they disappeared. I didn't see them again till a couple of weeks ago. They were highly illusive to me, totally unlike the last residents. Today I saw them with three or four offspring, flying around. I didn't even know they were using the house. I never saw them bringing food to it or anything. Speaking of food, another thing I did notice was that Bluebirds like Blueberries. My competition for them has greatly expanded.

Today, there were a number of Goldfinches, and I saw a small bird with a streak of red fly

by. It wasn't a Cardinal, I could tell that much, but I didn't get a good enough look to make a definite identification. All these birds seem to like my not so mowed lawn. I'll take that hint.

Right now, there are two families of birds using my arbor as a meeting spot for their flight training, the Finches and the Blues. While working in the garden, they were ever present. When I went over to the shed for a tool or something, a Bluebird would alight from the house when I got a certain distance away. Could she be sitting on another set of eggs already?

The days are already visibly getting shorter. Sunrise and sunset are moving closer together, and I'm just getting my garden planted. That's the way it's been lately. Harvest still happens.

Today, I was once again working out at a lake house. One of the things that I did was to plant some flowers. I look and see large patches of these flowers in my yard growing naturally. God planted them, for I certainly didn't. And no one else did. Who else can I thank?

Another thing I did today was to kill. It's a dichotomy kind of thing. She goes to great lengths to have beautiful flowers, but in order to keep them all nice, she needs to spray every unwanted plant with a proven cancer causing chemical that is majorly used on most of the food we all see in the stores. There couldn't be anything wrong with handling that stuff could there? What do you think?

Her shelves in the garage are full of murderous chemicals. Plants aren't the only targets. Insect and bug sprays of all kinds are there too. We certainly do work hard at not living peaceably with our surroundings, don't we?

I was working out in the garden this weekend and while I was moving pieces of wood holding down a tarp, I felt some stinging on my left ankle. Yep, hornets. I stopped what I was doing and threw the piece of birch away from the garden and stood their as the bewildered creatures flew all around me. I only got stung twice, the two initial indicators, and since I wasn't acting aggressively, they just kept fly-

ing around, looking for their nest. I didn't have it.

I continued working in the garden with them constantly searching the area, some even landing on me. I knew enough to keep cool, ignore them, and wasn't stung again. I have bug spray in my truck in case I encounter some real aggressive ones, but so far, I haven't needed to use it.

Imagine my surprise when I looked up to see a female Cowbird hanging into the entrance of the birdhouse. Didn't it know that there were Bluebirds living there. I guess it isn't only us at the top of the food chain that trespass and steal. I grabbed my bird book looked up and read up on Cowbirds and found out that they were known to place their eggs into other birds' nests. Well, I'll be darned, other creatures into surrogate motherhood. We should be so caring for our offspring. Later I saw mama Blue taking off from the house so she's still engaged. What a crazy mixed up world. Ain't it wonderful?

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

NOTES FROM WINDY HOLLOW

Kindness abounds

BY VIVIAN LEE DION
CONTRIBUTING WRITER

Along the way in attending to my husband's needs, I have met some wonderful people especially when it pertains to his comings and goings with doors. I have been taught many lessons too. It's not how fast you can get through the door but compassion and understanding for a disabled patient, friend or husband that the slow way is the best way. We always say, "Thank you" or "How kind of you to help us."

"In mid-June," writer Jeff Minick explains, "I traveled south to attend the funeral of an in-law,

a man and a friend I'd known for 30 years. On the night before the funeral service, while waiting for the evening visitation to begin, I happened to encounter the office administrator of the funeral home. This 30-something woman was as polite as could be, and her demeanor and face struck me as kind. It occurred to me that she was an ideal candidate to ask about this question of joy. After I'd briefly explained my writing project, we sat together, and I asked her what joy, if any, she took from her work. She thought for a long moment, then said, "I view this job as a min-

istry to help people at one of their lowest points that we all will face. It's a hard job and challenging, but there is joy that comes from knowing you helped someone as much as possible through a hard time."

She continued after pausing few seconds, "You can be joyful, but not necessarily happy."

My grocery shopping list was long, and Ray always parked in the right hand side of the parking lot away from other cars and traffic. As I pushed the cart to the vehicle I noticed a lady waiting for a ride with her groceries. She smiled and said, "You

looked overwhelmed and I'm just standing here waiting from my ride. Let me help you put your bags in the trunk." I was so pleased that the lady helped me. It only took a few minutes to say, "Thank you so much." I will help someone else who looks like they could use a helping hand.

Jeff Minick continued his writing with the following phrase, "Respect for others, kindness, and service: These are components in that invisible force we call joy."

Vivian Lee Dion of New Durham is a writer and speaker.

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August offerings at the Gilman Library

ALTON — Thursday, Aug. 7 at 1 p.m.: Theater Thursday Movie Matinee. Classic movies are shown on the first Thursday of each month. Entrance is free. Get a free beverage and snack, and a free door prize raffle ticket. For more info, call the library at 603-875-2550 or visit our website at gilmanlibrary.org/theater-thursdays.

Thursday, Aug. 7, 3 p.m.: Friends of the Gilman Library Meeting. The Friends meet on the first Thursday of each month in the Friends Corner. Come and join the Friends, be a Friend, and bring a friend, too.

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from July 15-24.

Jacob Adam Jason, age 38, was arrested on July 16 in connection with a warrant.

David Andrew Lavoie, age 43, was arrested on July 19 for Obstructing Government Administration, operating a motor vehicle after suspension of registration, and in connection with multiple warrants.

Jacob Andrew Crossman, age 20, was arrested on July 19 for Unlawful Possession of Alcohol and the Manufacture and/or Possession of a False ID. Kevin Scott Dibona, age 20; Ava Hosmer, age 20; and Abby Elizabeth Davis, age 20, were arrested during the same incident for Unlawful Possession.

Vanessa Isabell Flanders, age 20, was arrested on July 19 for Unlawful Possession of Alcohol and Disobeying an Officer.

Marcus James Spadaro, age 18, was arrested on July 19 for Unlawful Possession of Alcohol.

Nathan Jay Richardson, age 23, was arrested on July 19 for Criminal Mischief and in connection with a warrant.

Elizabeth R. Begin, age 50, was arrested on July 20 in connection with a

Saturday, Aug. 9: Conclusion of Summer Reading 2025. The “Color Our World” Summer Reading Program concludes on Saturday, Aug. 9. Hurry in to report your reading hours to get your tickets for the Reading Raffle. You earn one ticket for every hour of reading and also for completing the various Color Our World challenges. It is not too late to complete your Color Palette sheet.

Tuesday, Aug. 12 at 7 p.m.: Author Visit at Alton Book Chat. The public is invited to attend a special program with New Hampshire True Crime Writer, Milli Knudsen, at

warrant.

Theo Oliver Myer Fahlgren, age 18, was arrested on July 22 for Unlawful Possession of Alcohol and Possession and/or Use of Tobacco Products by a Minor.

Kellie McEvoy, age 60, was arrested on July 23 for failing to obey a flagperson.

Jillian E. Polansky-Mercier, age 38, was arrested on July 23 in connection with a warrant.

A 62-year-old female was taken into protective custody on July 23 for Simple Assault resulting in Physical Contact or Bodily Injury, Resisting Arrest or Detention, and intoxication.

A 41-year-old male was taken into protective custody on July 23 for intoxication and multiple counts of Simple Assault resulting in Physical Contact or Bodily Injury and Resisting Arrest or Detention.

Brian James Garofalo, age 53, was arrested on July 23 for Criminal Trespassing.

A 34-year-old male was taken into protective custody for intoxication on July 24.

Two males, aged 63 and 30, were taken into protective custody for intoxication on July 24.

Alton Book Chat. She will be discussing her latest book, “Murder and Mayhem: True Crime in New Hampshire 1883-1915 (2024).”

Tuesday, Aug. 26: from 5 to 7 p.m.: Hawaiian Lap Steel Guitar Training with “Danny K. Kila.” Alton's Daniel Tremblay will be conducting a training session from 5

Gilford Public Library Classes & Special Events July 31 - Aug. 7

Thursday, July 31
Geri Fit, 9-10 a.m.
Fun and Fitness With Joyce, 10-11 a.m.

T(ween Drop-In: Reading Dragons Battles, 10 a.m.-4 p.m.
French Club, 4-5 p.m.
Tom Knight: Musical Puppet Show, 4-5 p.m.
Come watch an amazing musical puppet show starring Tom Knight!

Book Discussion: “Hidden Mountains,” 5:30-6:30 p.m.

This month's book is “Hidden Mountains” by Michael Wejchert. Led by Rhett; books are available at the front desk.

Friday, Aug. 1
Senior Sculpt, 9-10 a.m.
Bridge, 10 a.m.-noon
Radiant Summer Flow, 10-11 a.m.

T(ween Drop-In: Reading Dragons Battles, 10 a.m.-4 p.m.

Hand & Foot, 12:30-2:30 p.m.

Happy Crafters, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

Lower Intermediate

to 7 PM on Tuesday, Aug. 26, for those interested in learning how to play the Hawaiian lap steel guitar. He will have several instruments available for the hands-on practice portion of the program.

New books and videos: Gilman Library patrons and community members have stepped up to the plate to provide some

Line Dancing, 4-5 p.m.
Beginner Line Dancing, 5:15-6:15 p.m.

Saturday, Aug. 2
Beginner Line Dancing, 10-11 a.m.

Monday, Aug. 4
Fun and Fitness With Joyce, 9-10 a.m.

Baby Storytime, 10-11 a.m.
Mahjong, noon to 3 p.m.

Tuesday, Aug. 5
Geri Fit, 9-10 a.m.
Senior Sculpt, 10-11 a.m.
Bridge, 10 a.m.-noon
Volunteer Luncheon, 12:30-1:30 p.m.

Intermediate Line Dancing, 2:30-3:30 p.m.

Wednesday, Aug. 6
Senior Stretch Yogaah!, 9-10 a.m.

Card Games, 10 a.m.-noon

Check out an Expert, 10 a.m.-noon

Mediterranean Eats: Your Pathway to Wellness, 10:30-11:30 a.m.

Join your Hannaford Dietitian to learn the benefits of the Mediterranean Diet. Often considered more of a lifestyle, the Mediterranean diet

excellent quality donations of books and videos to supplement our pared-down budget during these difficult times. New additions to the collection include Fiction by Larry Bond, Ben Coes, Preston & Child, and Matthew Quirk. We have also purchased some newly released DVDs, including “Cleaner,” “Elevation,”

encourages foods which may help lower cholesterol, assist in weight management, help stabilize blood sugars and boost cognitive function among other benefits.

Paint Group, 1-3 p.m.
Meditation Class, 4:50-5:30 p.m.
Join Carol and Dottie for a journey into meditation. What is meditation really? Why do people meditate and why might you want to? What are the proven health benefits of regular practice? How can you build a meditation practice to fit your lifestyle? You'll learn simple techniques, try guided imagery and gain practical tools to begin or deepen your personal practice.

Thursday, Aug. 7
Geri Fit, 9-10 a.m.
Fun and Fitness With

and “Monster Summer,” and Season 7 of “Outlander” and Season 5, part 2 of “Yellowstone.” Come on in and see what else we have.

Remember that you can also get the latest eBooks and audiobooks for free through your Libby app, using your Library card. See you at the library.

Joyce, 10-11 a.m.

French Club, 4-5 p.m.
Squam Lakes Science Center, 4-5 p.m.

Squam Lakes Science Center will be bringing beautiful animals to show us!

Book Discussion: “Hidden Mountains,” 5:30-6:30 p.m.

“Hidden Mountains” is a masterfully layered and deeply moving book that takes us to the heart of human adventure -- and to the devastating sorrow that sits alongside the beauty of risk. Come and listen to Michael Wejchert tell about his amazing adventure.

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Gilford Public Library Top Ten requests

1. “The Hamptons Lawyer” by James Patterson
2. “The Correspondent” by Virginia Evans
3. “The President’s Shadow” by James Patterson
4. “The First Gentleman” by Bill Clinton & James Patterson
5. “The Frozen River” by Ariel Lawhon
6. “Finders Keepers” by Stuart Woods
7. “The River is Waiting” by Wally Lamb
8. “Don’t Let Him In” by Lisa Jewell
9. “Rage” by Linda Castillo
10. “Nightshade” by Michael Connelly

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8014.
For more information, please visit abundantharvestnh.org or e-mail ahfc@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm, 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School, Pastor Ben Rude, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Worship Service 10:00am
Bible Study 11:15am
Rte 126 next to Town Hall
Call or Text (603) 269-8831
centerbarnsteadcc.org

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P
PRAISE GATHERING
We will not be meeting for the rest of July. Resuming regular summer schedule on August 2nd (Saturday evenings at 5:30pm)
The Gilman Community Church
1803 NH Route 140, Gilman Ironworks, NH
ccp@praisegathering@gmail.com

COMMUNITY CHURCH OF ALTON
Pastor Janet Gaudy
10am Worship service Sunday
24 Church St. Alton
(603) 875-5561
www.ccaalton.com

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC
Sunday School and Worship Services
Rev. Kate Kennedy
603-776-1829
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ccnorthbarnstead.com

FIRST CONGREGATIONAL CHURCH OF FARMINGTON
Worship Service: 10:00 AM
Sunday School: 10:15 AM Sept. To June
490 Main Street
Farmington, NH 03835
www.farmingtonuhcucc.org

FIRST BAPTIST CHURCH OF NEW DURHAM NH
Sun. School 9:30am; Church 10:30am; Evening Service 6pm;
Wed. Prayer Meeting 7pm. Depot St., New Durham;
Pastor Ryan Blackford

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The Village Players, 51 Glendon St, Wolfeboro



Brass Transit brings musical legacy of Chicago to Castle in the Clouds Aug. 2

MOULTONBOROUGH — Take a trip back in time as Brass Transit brings the legendary music of Chicago to life. Enjoy this unforgettable performance under the summer sky at Castle in the Clouds on Friday, Aug. 2, at 7:30 p.m. The concert is part of the 2025 Concerts in the Clouds series, presented by Great Waters Summer Concerts.

Known across North America for their dazzling performances and impeccable musicianship, Brass Transit delivers the unforgettable sound of the legendary band Chicago. From powerhouse horns and soaring vocals to rock-solid rhythm, the group faithfully recreates Chicago's most iconic hits, including "Satur-



day in the Park," "25 or 6 to 4," "You're the Inspiration," "Does Anybody Really Know What Time It Is?" and many more.

Whether you're a longtime fan or discovering these classic songs for the first time,

Brass Transit offers an electrifying concert experience that celebrates the golden era of rock and soul. Their energy, authenticity, and passion for the music bring audiences to their feet, transforming a summer night into a musical celebration.

The setting? The stunning Castle in the Clouds, overlooking Lake Winnepesaukee, is a perfect open-air venue to enjoy live music as the sun sets over the mountains.

This performance is part of Great Waters' Concerts in the Clouds series, which brings world-class music to one of New Hampshire's most breathtaking locations. Tickets are available at www.GreatWaters.org, by phone at (603) 569-7710, or in person at the Great Waters office, located at 54 N. Main St., Wolfeboro, Monday through Friday, 10 a.m. to 5 p.m.

Also featured in this summer's lineup: powerhouse Tina Turner tribute artist Caroline Borole, jazz pianist Peter Cincotti, Earth, Wind & Fire tribute band Elements, and John Denver tribute artist Ted Vigil.

Great Waters is a nonprofit organization dedicated to bringing extraordinary musical experiences to the Lakes Region. Special thanks to our leadership sponsors: Eastern Propane and Oil, Fidelity Investments, Belknap Landscaping, Paul Zimmerman, Maxfield Real Estate, and the Lake Winni Team.



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COURTESY

Special storytime with local author Trish Whynot

On Wednesday, Aug. 13, at 10:30 a.m., come join us at Oscar Foss Memorial Library, and enjoy a heartwarming storytime with Trish Whynot, a local author and holistic counselor based in the New Hampshire Lakes Region. Trish will read from her picture book, "Lake Life Chronicles: Eagles, Herons, and Loons," a charming tribute to lake life and its wildlife. In addition to the reading, she'll share a beautiful selection of nature slides featuring some of our local wildlife residents. This family-friendly event is perfect for readers of all ages. We hope you'll join us for this engaging and memorable experience.





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Alton Garden Club learns about roses



ALTON — On June 24, the Alton Garden Club's speaker was member Jane Bradbury, who spoke on the topic of roses. We learned about the three rose categories - old garden, wild and modern.

Bradbury discussed the process of grafting, or propagating plants by taking a piece of one plant and fusing it to another. We were amazed by the intricacies of developing new rose varieties, a meticulous and complicated process that can take years. We also learned that root stock produces better roses for our area. Jane had traveled to New Zealand and showed us photos

of the beautiful rose gardens she visited while there. She also recommended that we watch The Rose Maker, a foreign film about rose propagation. Jane kept our audience attentive with her in-depth knowledge of the subject, but also entertained us with her fun sense of humor. Our thanks to Jane for her excellent presentation.

Topics for upcoming meetings are now listed on our new Facebook page. Our website, altongardenclub.com, is a great source of information, but you'll also enjoy the many beautiful garden photos. Watch The Baysider for details on our upcoming August

meeting. Remember, come, and we would be us. guests are always wel- happy to have you join

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SPORTS

Trio of drivers conduct Goodyear Tire Tests at NHMS

LOUDON — With only five races remaining in NASCAR's 2025 regular season, drivers and fans will soon turn their attention to New Hampshire Motor Speedway (NHMS) for New England's only NASCAR Cup Series (NCS) Playoffs race on Sept. 21. Christopher Bell, Joey Logano and Ross Chastain visited "The Magic Mile" last Tuesday for a Goodyear Tire Test.

"Well, I definitely like it being in the playoffs, for sure," said Bell after his tire test. "I love this racetrack. It's statistically, I think my best track on the schedule, and with it being later on in the year, putting it in the playoffs is really, I mean, it's good for me, so I'm all for it. Let's crown a champion here."

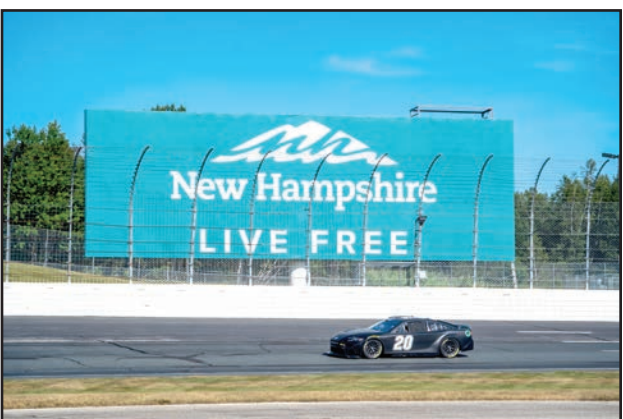
"Coming here for a race weekend, I love it. I always say I feel like Dale Jr. when I come up here 'cause it's about the only track I don't get booed, and it's freaking awe-



Joey Logano talks at New Hampshire Motor Speedway after doing a Goodyear Tire Test at the Loudon track last week.

some," said Logano. "It is cool to see a lot of red and yellow out there. You know, you look at some of these photos of a packed house. It's great to see."

"I watched my first race here back in '95 or '96 as a child, and this is where I fell in love with the sport. It was right here," he added. "So, as you can imagine, there's a lot of really special memories for me here, whether it's sitting in the grandstand, starting my first race, winning my first race, it's all happened here in Loudon."



Christopher Bell makes his way around New Hampshire Motor Speedway during last week's Goodyear Tire Test.



Ross Chastain talks to the media after completing his Goodyear Tire Test last Tuesday in Loudon.

I don't think there's any more core memories of at least motorsports to me

than what is here in New Hampshire. I absolutely love coming up here for

all those reasons. I look forward to coming back. Wish we had two races up here. Can we bring that back? You working on that? Keep working. Can I help?"

"Yeah, it's big, I mean, I got to my crew chief now, Phil Surgen, for the 2021 Cup Series season and told him ahead of the season that New Hampshire was my worst track. I'd had one of my biggest crashes to date here with a popped right front tire a long time ago in the Xfinity Series, and I just didn't feel ever confident with any of the cars," Chastain said. "I drove here, and he said he was gonna fix that, and he did, and we've had top-10-esque runs a couple times, but never in contention for a win, so was fortunate and glad to draw this test outta the Chevy camp for our team and get to have two days to just rip laps and them work on the car and them work on me because they can get as much out of me as they can the car. So big priority on the car and me for these two days as well as just capturing all the data for all the engineers to figure out."

New England's only NASCAR Playoffs weekend is Sept. 19-21 at NHMS. On-track action kicks off Friday with NASCAR Whelen Modified Tour (NWMT) practice sessions, NASCAR Craftsman Truck Series (NCTS) practice and qualifying plus Sig Sauer Academy Dirt Duels at The Flat Track. The action continues on Doubleheader Saturday with NWMT qualifying, the Mohegan Sun 100 NWMT race, the Team EJP 175 NCTS playoff race and NCS practice and qualifying. The on-track action culminates Sunday with the NCS taking on "The Magic Mile" to kick off the Round of 12. Don't miss all of the exciting off-track action including "The Magic Mile" Happy Hour Show, Trackside Live, The Groove fan hangout, concerts from Draw the Line and Being Petty: The Tom Petty and The Heartbreakers Experience, Family Movie Night featuring "Captain America: Brave New World," driver appearances, a variety of live performances, fireworks and much more.

For a full NASCAR weekend schedule, visit NHMS.com/Events/NASCAR-Cup-Series/Schedule/.

For tickets and camping for New England's only NASCAR Playoffs weekend, featuring the NCS and Team EJP 175 NCTS playoff races, Mohegan Sun 100 NWMT race and Sig Sauer Academy Dirt Duels, fans should visit NHMS.com or call 833-4LOUDON. Tickets for kids 12 and under are just \$10 on Sunday, free on Doubleheader Saturday and start at \$10 on Friday.

Keep track of all of New Hampshire Motor Speedway's events by following on Facebook (@NHMotorSpeedway), X (@NHMS) and Instagram (@NHMS). Keep up with all the latest information on the speedway website (NHMS.com) and mobile app.

Looking back on some Olympic experiences

SPORTING CHANCE



By JOSHUA SPAULDING

This time of year has brought up some great memories over the last few years and this year is no different.

One year ago today as this is written, I was along the Seine River near The Louvre getting ready for the Paris Olympic Opening Ceremony. Without a question, the Paris organizers had a unique idea, sending the athletes down the river on boats as different artists played along the way and people could line the river banks and the bridges and watch the ceremony both live in person and on big screens set up strategically along the way.

Of course, as a media member, this wasn't the ideal situation, as there were only so many press credentials to go around



Fans watch from the bleachers as the Paris Olympics Opening Ceremony take place on the Seine in Paris last July.

for the finishing area of the ceremony near the Eiffel Tower. The rest of us were positioned at different points along the river, which in theory was a great idea.

For the first portion of the Opening Ceremony, it was great to watch the boats come down the river from the bridge. Then, it started raining

and that's where the fun really began. I had my computer in my backpack and there was no place for us to get away from the weather, so I was concerned about the computer getting wet and tried my best to stay out of the heavier rain under the bleachers, which for the record were not terribly effective at keeping the water out.

Then, because there was no place to charge my phone, my phone died and that became a problem when the ceremony was over and I needed to get back to my hotel. The transportation app that would get me back to the hotel was obviously not avail-

able with a dead phone, so I had to walk. The distance wasn't terribly far (I had walked there) but as it turned out, they had numerous road closures that forced me to walk further and further and it continued to rain, which made things even more and more difficult. I eventually did find my way back, but it was a much longer, and wetter, trip than I had originally planned.

Other memories that popped up included from four years ago when I was in Tokyo for the 2020 Summer Olympics, just delayed a year. I had to spend three days quarantined in my hotel room when I got to Tokyo, which was not a hell of a lot of fun. But just about this time in 2021 I had been sprung from my quarantine and was out and about exploring the Tokyo venues, albeit with no fans in attendance. The Tokyo Games were my first experience with COVID at the Olympics, which meant no fans and lots of testing, something that repeated itself just about seven months later when I traveled to Beijing for the Winter Olympics.

With all the looking back, there's also some looking forward to do, as last week marked 200 days until the start of the Milan-Cortina Olympics, coming in February. We got an e-mail from the USOPC looking for the specific information they will need to issue our credentials. Soon enough it will be time to head to Italy, but until then, there's still plenty to do.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Coos County Democrat and The Bay-Sider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	58 Pearson Rd.	Single-Family Residence	\$550,000	William A. Ryan RET and Candace Knowlton	Keith Letourneau and Rebecca L. Krivitsky
Alton	122 Pipers Point Lane	Single-Family Residence	\$3,350,000	Beth L. Masse Trust and Roger B. Masse	Gretchen K. Warland RET
Alton	623 Suncook Valley Rd.	Single-Family Residence	\$405,000	Joseph Michael Dionne Estate and William P. Dionne	James Murray and Melanie Reardon
Barnstead	86 Bradford Lane	Single-Family Residence	\$701,000	Charles P. and Marlene R. Sullivan	Lynn and Paul M. Allen
Barnstead	Lower Suncook Pond	N/A	\$587,133	William E. Bent, Jr. LT	Pamela H. Finlayson RET
Barnstead	9 Rangeway Rd.	Single-Family Residence	\$434,000	Andrew P. and Michele L. Theberge	Phillip J. Smith
Barnstead	N/A	N/A	\$167,000	Joshua L. Clements	Jay and Joanne Robichaud
Gilford	39 Swain Rd.	Single-Family Residence	\$350,000	Mary Helen Swain Estate and Mark A. Swain	John W. Duff, Jr.
Gilford	N/A (Lot 5-2)	N/A	\$85,000	Alice Shartzter Estate and Stephen Shartzter	Edward M. Malin
Gilmanton	345 Stone Rd.	Single-Family Residence	\$440,000	Wendy J. Hendryx RET	Joseph C. and Sophia J. Troyer
Gilmanton	N/A	N/A	\$650,000	Ronald B. Peabody Trust	Jeffrey R. and Sage H. MacDonald
New Durham	6 Brienne Rd.	Single-Family Residence	\$575,000	Robert and Denise Dunbar	John B. and Carrie Brown

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Alton Old Home Day Parade returns Aug. 9

“Small Town, Big Heart” theme highlights day of community fun

ALTON — The Alton Business Association invites the community to come together for the beloved Alton Old Home Day Parade on Saturday, Aug. 9 at 11:30 a.m. Celebrating this year’s theme, “Small Town, Big Heart,” the parade will

feature floats, walkers, civic groups, classic cars, and local families in a lively procession that begins at Alton Central School and travels down to scenic Alton Bay. Parade participants are welcome to register for free! Whether

marching or cheering from the sidelines, all are encouraged to take part in this festive community tradition. In addition to the parade, Alton Bay will be buzzing with summer activity all day long. Start the morning at the Annual Al-

ton Bay Boat Show at 8 a.m., browse local vendors at the Alton Bay Craft Fair, or lace up for the Alton 5K Road Race at 9 a.m. From noon to 3 p.m., just down the road the American Legion Post 72 will host family fun with cornhole, a scav-

enger hunt, raffles, a dunking booth, and live music by the Echo Tones. The day wraps up with a free lake-side concert by Alton Parks and Recreation, featuring Bittersweet at the Alton Bay band-stand from 7–9 p.m. With a full slate of

activities and the heart of the day centered on the parade, Alton Old Home Day is a celebration of small-town pride and summer fun! For parade registration, event details, or to get involved, visit the Alton Business Association online.

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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))


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Gilmanton: Charming year-round cottage in a sought-after Sawyer Lake community! Enjoy six private beaches, a peaceful setting, and a spacious lot on a quiet street. Newer roof, updated systems, full basement.

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* Statistics obtained from NEREN for the past 26 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

Final performances of “Calendar Girls” this weekend

WOLFEBORO — After two months of rehearsal, endless line recitation and a nude photo shoot in a lovely garden, the 14 cast members and two dozen backstage crew of “Calendar Girls” close its run at the Village Players Theater Sunday, Aug. 3 in Wolfe-

boro. “Calendar Girls” is based on the true story of women banding together to support their friend Annie (Laura Cooper) in grief and recovery in her husband’s cancer journey. To pay tribute to

him and give comfort to others visiting cancer wards, they raise funds for a settie in the waiting room of their local hospital by selling a photo calendar. Choosing to stray from the typical nature pictorial, they produce a calendar of themselves

tastefully posing au natural! “Calendar Girls” can be seen at the Village Players Theater Fridays and Saturday, Aug. 1 and 2, at 7:30 p.m. and Sunday, Aug. 3, at 2 p.m. Tickets are available at Black’s Paper Store, at www.village-players.com, and at the door until sold out. It is based on the Miramax motion picture by Juliette Towhidi and Tim Firth and is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc., www.concordtheatricals.com.

The Village Players is a non-profit community theater located at 51 Glendon St., Wolfeboro. It welcomes onstage and non-stage participants of all ages. Visit www.village-players.com to learn more.

TURF

(continued from Page A1)

scraped out an inch and a half of the old base layer so that the new field can feature a shock pad under the turf. This technology did not exist when the original turf was installed. Starting in June 19, the old turf was all rolled up and in a full circle process, will be turned into shock pads for other fields.

Beckwith noted that R.A.D. Sports used GPS for everything, which helps to get the entire process completely accurate while also saving time.

“In the next two weeks they’ll be a lot of progress,” Beckwith said in mid-July. “The shock pad will be a two-day process then they’ll be rolling out the new turf.”

“We’re still on schedule to be done before Aug. 15 and we’re on schedule for all teams to use the turf at that time,” Beckwith said.

Beckwith also praised and thanked the taxpayers of the Governor Wentworth Regional School District, who over the last 15 years have put aside money in a Capital Reserve Fund to pay for the new turf field when it became



The old turf was ripped off of Alumni Field over the last month-plus prior to the new field surface being installed.



The base layer for Alumni Field was scraped off to make room for a shock pad under the new turf.

necessary. “It was smart of the community to put that money away,” the Knight Athletics Director said. “It was good planning.”

The new turf is from Shaw Sports Turf and is a bit different than the current one, as the lines are all included into the

new field and because of that, they are guaranteed for the life of the field. The old field’s lines were done differently and because of that, the lines were not part of the guarantee.

The new field will be dark green with the Knight helmet watermark in the middle of



The new Alumni Field turf installation has begun, with one end zone in place along with a small portion of the new field.



The old Alumni Field turf was rolled up and will be used to create shock pads for new turf fields like Kingswood’s.

the field. The end zones will be grey with Kingswood written on one end zone and Knights written on the other end zone. There will also be logos for Kingswood and the NHIAA by the team benches for soccer, field hockey and lacrosse across from the bleachers.

Beckwith notes that changes to the facility’s lights will likely be the next upgrade for the Kingswood athletic complex.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Gilmanton resident named to Clark University's Spring Dean's List

WORCESTER — Emily D. Gardner of Gilmanton was named to first honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the Spring 2025 semester.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors.

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.



Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

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HELP

WANTED

SHAKER REGIONAL SCHOOL DISTRICT

GIRLS VARSITY LACROSSE COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Girls Varsity Lacrosse.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT

MIDDLE SCHOOL CROSS COUNTRY COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Middle School Cross Country.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT

MIDDLE SCHOOL BOYS SOCCER (B TEAM) COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Middle School Boys Soccer (B Team) Coach.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

Gilford Parks and Recreation news

BY BRITTNI STEWART
Director

Gilford Parks and Recreation
Gilford Parks and

HIDDEN SPRINGS

(continued from Page A1)

in the future. He said a project that could cost around \$6 million to \$7 million, though the town hopes it would be much less than that. Heath said town officials' thought that opening the land would give people a better idea of what can go in there and the dimensions for a possible facility could be staked out.

"It's difficult to work with a lot that's heavily wooded, that was then philosophy behind it," Heath said. "We can revisit it, but as far as the permitting and the planning, we've already paid for most all of that."

Clearing that land would cost around \$60,000 to \$70,000 that could be taken out of the Highway Building Capital Reserve Fund.

Heath said the town has been working with Tighe & Bond Engineers to put together the concept design for the clearing.

The Conservation Commission had requested that the project allow for a 100-foot buffer on either side of Hurd Brook. Heath said he met with the Conservation Commission recently and they asked about the Alteration of Terrain permit with the state, which he said will be done before any work begins.

The Conservation Commission also asked for a 100-foot setback around any wetlands in that area, though Heath told the selectmen he felt that was "a little excessive." He said any private entity that built on that land would not be subject to a setback and the 100 foot one they were agreeing to was already generous enough. He agreed that the 100-foot buffer should be kept around the brook to protect it.

The clearing would allow residents to see

what the land on that area looks like for its possible use for a new DPW facility or other purpose.

Since the Alteration and Terrain permit requires listing all possible uses of the property, Heath said they also included descriptions of possible recreational use. Heath said while the DPW facility is the top priority for that land, he said there has been a lot of interest in more area for recreational space and that land might be a food location for other recreation space in the future.

"That can be determined down the road, but at least there's a designated space now because right now, every time we bring up the topic of a recreation center or additions to recreational fields there's a lot of talk and concern around the limited amount of space," Heath said.

He said space for the town's current recreational facilities are maxed out and they don't have any other land for more space. Heath emphasized, however, this is just a conceptual plan for this and there are no immediate plans to propose any recreational space here.

Selectman Richard Shea asked what would be done to keep the land from "becoming a muddy mess." Heath said they would do a combination of stump grinding and erosion control measures and the gras should come back in that area.

Selectman Drew Carter asked about how the RFP proposed that 28.5 acres be cleared whereas the drawings showed only up to around 19 acres being cleared. Garland said 10 acres were taken out of the proposal to account for the 100-foot buffer around Hurd Brook. Heath said this change was presented to prospective bidders

Recreations is partnering with Renee Cupples, E-RYT500 certified Yoga Instructor,

at a site walk.

A few residents shared different concerns about the clearing project, including that the project as clearing too much land and the cost any possible DPW facility should be kept to a minimum.

Kelly Sullivan said while a private company might not keep with those buffers, she recommended that the town keep to them. She also said areas that build to close to wetlands see regular flooding.

She also expressed concern with how much land was going to be cleared. She said while people might understand something better when they see it in real life, she said they have access to computer design and online programs that can take care of that.

"I don't think we need to clear a whole swath that big just to show people what will, I feel, will take some time to get," Sullivan said.

She also said, as illustrated by being on a default budget for two years, the townspeople are thrifty and recommended trying to keep a project smaller.

Jill Houser also asked the selectmen to use their collective construction experi-

ence to find effective ways to clear a land. She also recommended that any proposed DPW project be kept lower than the possible price tag of \$6 to \$7 million. Houser suggested putting more facilities on that land and selling the smaller parcels

"I really would like to see an effort to bring that cost down to something that feels a lot more manageable to me a person who doesn't know a whole lot about this but who can like drop over at the thought of \$6 or \$7 million," Houser said.

Donna Richardson said the town could consider using that land for parks and recreation offices and possibly more recreation space.

"The Master Plan for '23 highlights the need for a community center and that space where the DPW currently is has the opportunity to be something like that," Richardson said.

Board Chair Nicholas Buonopane added that there is also a lot of need for expanded DPW storage. He said there are a lot of pieces of expensive equipment that are getting stored outside whose lives could be prolonged if stored inside.

to run a 6-week yoga for all ages program.

Time: Tuesdays from 9:30-10:30 a.m. and Thursdays from 6-7 p.m.

Where: The Gilford Town Beach located on Varney Point Rd.

When: Tuesday mornings and Thursday evenings from July 8 – Aug. 14 (Session dates may be extended to accommodate for cancellations due to inclement weather.)

Registration Fees: \$60 for six classes \$15 daily drop-in fee.

Register at the Guard Room down at the Gilford Beach.

Senior Moment-um: Monday, Aug. 11 – Tour of Scotland and Lunch

Scotland, a country that is part of the United Kingdom (approximately one-third of the United

Kingdom's total land area), is known for its stunning landscapes including mountains, lochs (lakes), and islands. The country boasts of a rich history, vibrant culture, and world-renowned whiskey. Guest Speakers, Peter and Monica Sawyer, will join us once again and share with us their pictorial presentation about Scotland. We will meet at the Gilford Community Church, Fellowship Hall at 11 a.m. for

the presentation. Then right after, we will be serving up a traditional Scottish fish pie, a comforting, savory dish that captures the rich flavors of Scotland's coastal cuisine. This classic recipe showcases a creamy, flavorful filling made with fresh, locally sourced white fish. There will also be a Chef's Choice dessert. Coffee, tea, hot chocolate, and water will also be provided. The cost for the program will be \$11. Please be sure to RSVP no later than Wednesday, Aug. 6.

Fall Gilford Youth Soccer

The Gilford Parks and Recreation Department is now accepting registrations for our Fall Youth Soccer League for children in grades K-5. Registration is still open and forms are available in both the Town Hall Lobby and the Parks and Recreation Department Office. You can also register online by visiting www.gilfordrec.com and clicking on the 'New Online Registration' link. The registration deadline is Friday, August 15th. For more information, please contact the Parks and Recreation Office at 527-4722. We look forward to another great season!

PETS OF THE WEEK



Meet Billy!

Billy is a handsome boy with so much love! He would do best in a home where he's the only animal, as he deserves to get all the love possible! He loves to get belly rubs, play ball, and cuddle up with

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Mila thrives in a calm environment where she can be her true, quiet self

observant, elegant, and entirely her own cat. She's perfect for someone who appreciates a companion with boundaries and personality.

Fun Fact: Mila is a tight rope walker.

Apply to adopt now OR visit during our walk-in adoption hours from Wednesday through to Saturday 12-4pm.

LEGALS

TOWN OF NEW DURHAM ZONING BOARD of ADJUSTMENT PUBLIC HEARING NOTICE

Tuesday, August 12, 2025

7:00 PM at NEW DURHAM COMMUNITY ROOM & ZOOM

Susanne Fuller and Sarah McPhee

You are hereby notified that a Hybrid Public Hearing will be held by the New Durham Zoning Board on Tuesday, August 12, 2025, at 7:00 PM for Case #2025-007. The hearing is regarding an application submitted by Thomas W. Varney of Varney Engineering LLC, on behalf of Susanne Fuller and Sarah McPhee for property located at 290 South Shore Road, Map 113, Lot 011. The applicants are requesting Variances to **Article V. D. Setbacks**. No new building shall be less than twenty (20) feet from the road frontage property line of any road or fifteen (15) feet from the property line of an abutter; **Article V. E. Flood Hazard Area and Water Body Setbacks**. No new buildings, except for water-related structures, shall be located in a flood hazard area, or less than seventy-five (75) feet from any water body or river; **Article VI. C. (3) (a) – No privy, cesspool, septic tank, or sewage disposal area shall be constructed or reconstructed: i. less than one hundred twenty-five (125) feet from the edge of a public water body; Article VI. C. (3) (b)–No part of a leach field shall be located less than: i. twenty (20) feet from a property line on a lot less than 80,000 square feet; Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 2. Building setback:** Except for water-related structures, all buildings shall be set a minimum of seventy-five (75) feet from the reference line; **Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 3. Leach Field Setback:** Any leach field shall be set back a minimum of 125 feet from the reference line;

Article XX. G. Non-Conforming Setbacks The following setbacks are required for Non-Conforming buildings, land and uses addressed by this Article. **1. Leach Fields: a.** Not less than ten (10) feet from a lot line; and **Article XX. G. 1: b.** Not less than ten (10) feet from the road frontage property line of any road except with the approval of the road agent.

The full application is on file at the New Durham Town Offices for review by appointment by calling (603) 859-2091 ext. 2007. You can also contact via email: ndlanduse@newdurhamnh.gov

TOWN OF NEW DURHAM ZONING BOARD of ADJUSTMENT PUBLIC HEARING NOTICE

Tuesday, August 12, 2025

7:00 PM at NEW DURHAM COMMUNITY ROOM & ZOOM

GMR Holdings, LLC

You are hereby notified that a Hybrid Public Hearing will be held by the New Durham Zoning Board of Adjustment on Tuesday, August 12, 2025, at 7:00 PM for Case #2025-006. The hearing is regarding an application submitted by Dave Sykes of Green Mountain Holdings of NH, LLC, for property located at 320 Kings Highway, Map 209, Lot 034. The applicant is seeking to permit, construct, and operate a wireless telecommunications service facility and is requesting variances to New Durham's **Telecommunications Facility Ordinance, Article E. 3. Height.** The maximum height of a telecommunications facility proposed under this regulation shall be 110 feet including antennas and all other appurtenances; and **Article E 6. Setbacks and Separation Requirements. a.** Towers must be set back a minimum distance equal to the tower height from all lot lines.

The full application is on file at the New Durham Town Offices for review by appointment by calling (603) 859-2091 ext. 2007. You can also contact via email: ndlanduse@newdurhamnh.gov

Local communities to hold National Night Out events



FILE PHOTO
The Gilford Police and Fire Departments will be among the local first responders at Gilford's National Night Out event this Tuesday, Aug. 5.

BY ERIN PLUMMER
mnews@salmonpress.news

REGION — Area residents will have the opportunity to meet their local first responders and have some family fun during National Night Out events this coming Tuesday.

Gilford and New Durham will be holding their own respective National Night Out events this Tuesday, Aug. 5.

National Night Out is on Aug. 5 and will be a nationwide event connecting police with members of the public in a positive way. Several communities across the state will have their own events that night and during the week.

Gilford's National

Night Out will take place at the Gilford Village Field from 6-8 p.m.

Members of the Gilford Police and Fire Departments will be out and displaying their vehicles and equipment for people to get a better look at.

Other agencies will have their equipment and vehicles on display too including Belknap Regional Special Operations Group, NH Marine Patrol, and the Gilford Public Works Department. There will also be a K-9 demonstration.

Different community organizations will set up tables and speak to the public about their work.

Visitors can also enjoy hamburgers and hot dogs as well as live music.

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New Durham will hold its National Night Out event at Smitty's Way Ballfields from 5-8 p.m.

Local departments will have a touch a truck event for families.

Mr. Aaron will perform for kids from 5-6 p.m.

Middleman will present live music from 6-8 p.m.

The event will also feature food trucks and many local vendors. There will also be face painting and many other family fun activities.

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at Castle in the Clouds

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