

Newly formed committee aims to prepare community for future development

BY CATHY ALLYN
Contributing Writer

NEW DURHAM — Fitzhugh Dodson is not a household name, but the psychologist and parenting guru came up with a sensible quote: “Without goals, and plans to reach them, you are like a ship that has set sail with no destination.”

Benjamin Franklin, better known and more experienced when it comes to rolling out pithy sayings, stated, “By failing to prepare, you are preparing to fail.”

The pattern here centers on something we all know: preparation is key.

That’s one reason towns have planning boards, but just lately, New Durham has taken it a step further and created a New Durham Development Committee (NDDC), with an eye to ensuring the town’s regulations will be ready when the development that everyone sees coming actually arrives.

Jeff Allard, chair of the Planning Board and head of the new committee, said he has talked about the need for such a committee for years.

“We see the development to the north and south of us,” he said. “We’ve had our share of development, but it’s mostly been as single-family homes,

SEE COMMITTEE, PAGE A11

More winter weather creates headaches



PHOTO BY ERIN PLUMMER

Winter weather had created a snowy scene on Alton Bay, but it also made for some messy conditions on the roads in the past few weeks.

BY ERIN PLUMMER
mnews@salmonpress.news

REGION — The area saw more messy weather at the end of January into the first week of February, resulting in everything from treacherous road conditions to poor skating surfaces.

The area saw numer-

ous weather events in the last few days of January including heavy snow and freezing rain followed up by warmer temperatures.

On Jan. 24, another round of light snow came through followed by ice. The National Weather Service in Gray,

Maine, predicted up to a tenth of an inch of ice for Belknap and Grafton Counties with higher amounts closer to the mountains.

Gilford Public Works reported on its Facebook page that crews worked at 4 a.m., and then at 10 a.m. to scrape the little

amount of snow that fell in town and put down a prewetted salt application in anticipation of the ice. While the prewet helped to reduce the ice buildup on pavement, Gilford DPW still warned people that conditions would be slippery.

SEE WEATHER, PAGE A13

Prospect unified rolls past Kingswood in season finale



JOSHUA SPAULDING

Jillian Nason brings smiles to her teammates (and the crowd to its feet) as she celebrates making a three-pointer late in her team’s win over Kingswood.

BY JOSHUA SPAULDING

Sports Editor

ALTON — In the final game of the season for the neighboring teams, the host Prospect Mountain unified basketball team jumped out to an early lead and never looked back, defeating Kingswood by a 56-33 score on Wednesday, Jan. 31.

Jillian Nason got the scoring started for Prospect with a hoop and

then Thomas Sheing drilled a three-pointer for the 5-0 lead. Chloe Laing and Nason then exchanged shots at opposite end of the court, with each hitting three hoops for the 11-6 Prospect Mountain lead.

Sheing connected on another three and Nason hit from inside the arc before Kenny Sandborn drained a three and Jasmine Emerson put back a rebound, giving Pros-

pect Mountain the 21-6 lead at the end of the first quarter.

Joey Christakos-Tate got Kingswood on the board to start the second quarter, but Nason answered for Prospect. Calvin Eakle connected for the Knights, but Sandborn hit his second three-pointer of the game for the Timber Wolves.

Nason and Sheing went back-to-back for

Prospect and then Benjamin Cormier hit a pair of buckets, Nason added another and Sheing and Cormier each hit one, sending the Timber Wolves roaring to the halftime break with a 41-10 lead over the Knights.

Christakos-Tate and Eakle hit back-to-back buckets for the Knights to start the third quarter but Cormier responded

SEE PROSPECT, PAGE A13

Gilford deliberative session this Thursday

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — Construction of a new bath house for the town beach, adopting the town’s Community power Plan, and some equipment purchases are among the 29 articles on this year’s town warrant before the deliberative session this Thursday.

Gilford’s town deliberative session will take place on Thursday, Feb. 8, at 7 p.m. in the Gilford High School auditorium. Voters will be able to discuss all the warrant articles and make motions to amend any articles. The final warrant after the deliberative session will go before voters during town meeting voting on March 12.

This year’s warrant contains a number of articles related to specific projects and major purchases as well as articles placing money in trust funds and providing funding to different regional organizations that serve Gilford residents. A full copy of the proposed warrant along with budget figures can be found at https://www.gilfordnh.org/file/3322/2024_TOWN_MEETING_WEBSITE_INFO_PACKET.pdf.

Article 3 is to construct a new town beach house which carries a cost of \$900,000 in the current warrant. As of press time, however, a meeting was scheduled for the board of selectmen to examine any possible revisions to that cost ahead of the Feb. 8 session including a possible lower cost for the project. As a bond article, Article 3 would require a three-fifths majority vote to pass.

Article 41 the town operating budget of \$19,681,211. If this article fails at town meeting, the default budget would be \$17,956,716.

The warrant has two articles for vehicle purchases for the Department of Public Works. If any or all of these pass, the money would come from the surplus fund balance and not from immediate taxation. Under Article 5 the town would purchase light duty pickup truck with a plow and accessories for \$172,000.

SEE GILFORD, PAGE A13

Alton Parks and Recreation Community Connection

Alton Bay Winter Carnival- Warming Hut

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a Warming Hut on Sunday, Feb. 18 from 10 a.m.-1 p.m. at the Alton Bay Community Center located at 58 Mt. Major Highway, across from Pop's Clam Shell. Stop by during the Winter Carnival and warm up in our cozy space by making a seasonal craft, or play a fun game. This event is free and all ages are welcome. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov. Restrooms during Winter Carnival will be available next to Shibley's Drive In. Parking is available along Mt. Major Highway/Route 11.

February Vacation- Boston Trip

The Alton and New Durham Parks and Recreation Departments are sponsoring a Trip to the Museum of Science in Boston on Thursday, Feb. 29. Alton Students in grades 2-8 are invited to join Alton Parks and Recreation Staff in exploring the wonders of one of the world's largest science centers. Adults of all ages are invited to join in the fun too, and explore the Museum of Science on their own. Bus leaves New Durham Elementary School at 8:30 a.m. sharp, please arrive by 8:15 a.m. to check in. Bus returns to New Durham Elementary School at 5 p.m. \$27 pp, includes museum admission and student supervision. Bring a bag lunch and be ready for a great day. Register at alton.nh.gov. Space is limited, sign up early to guarantee a place. Contact parksrec-asst@alton.nh.gov for more information.

Slow Flow Yoga with Pamela Mott, 200 YTT Certified

Start your day with a morning Yoga practice with certified instructor- Pamela Mott. Mondays and Wednesdays from 6:30-7:30 a.m. at the Alton Bay Community Center or choose the online option and practice from home. All levels are welcome and encouraged. Class focus is Sun Salutation A and B; Hatha Yoga and the 8 Limbs. Pre-registration is preferred, text 603-393-0595. Cash and Venmo accepted. Pre-registration and virtual attendance is \$10; Drop in \$15. Classes are ongoing. For more information, contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov.

Weight Training Classes- Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. Learn new exercises and build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Coming Soon- Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes starting March 12 at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. \$10 per class or \$15 drop in. Bring a mat, light hand weights and water. For more information contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Trivia Night- Test your Knowledge

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Trivia Night on February 15 at the Gilman Library from 6-7:30 p.m. Program is free. Join the game as a team or an individual player. Test your knowledge and compete for the first place prize. Categories include: History; Pop Culture; Entertainment; Art; Science; Sports; Geography; and more. Light refreshments will be provided. Please RSVP at 603-875-0109 or parksrec-asst@alton.nh.gov to guarantee your seat in the game.

Guided Meditation with Instructor Karen Kharitonov

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a Guided Meditation Class on Thursday, Feb. 8 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Stop in and experience the positive state of meditation. Chairs will be available; bring a pillow/cushion/mat if desired. The program is free, donations are greatly appreciated to support local charities. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Winter Sowing- From Seeds to Plants

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a free Winter Sowing Workshop on Thursday, March 21 from 1:30-3 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Join instructor Joan Blackwood as she teaches a simple way to start seeds outdoors in the winter. Register by March 18 by contacting parksrec-asst@alton.nh.gov or 603-875-0109.

Worcester Polytechnic Institute announces Dean's List

WORCESTER, Mass. — A total of 2,299 undergraduate students achieved the criteria required for WPI's fall 2023 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on open-ended problems for communities around the world. The problems are important and the impact is real" said Professor Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

The following students were named to the fall 2023 Dean's List:

Randy Dyer, from Alton, class of 2023, majoring in Computer Science

Evan McCracken, from Alton Bay, class of 2027, majoring in Mechanical Engineering

About Worcester Polytechnic Institute
WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu

Area residents named to Dean's List at University of New England

BIDDEFORD, Maine — The following students have been named to the Dean's List for the 2023 fall semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private university, with two beautiful coastal campuses in Maine, a one-of-a-kind study-abroad campus in Tangier, Morocco, and an array of flexible online offerings. In an uncommonly welcoming and supportive community, we offer hands-on learning, empowering students to make a positive impact in a world full of challenges. We are the state's top provider of health professionals and home to Maine's only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recognized degree paths in the marine sciences, the natural and social sciences, business, the humanities, and the arts. Visit une.edu.

Alton	Argue
Abigail	Creteau
Ava	Creteau
Marin	Linsky
Hannah	Morton
Ava	
Hannah Racine	
Gilford	
Sydni	Lehr
Harshil	Patel
Tessa	Tanner
Taryn Wernig	
Gilmanton	
Jaiden McKenna	
Gilmanton Iron Works	
Jessica Gannon	

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	230 E. Side Dr.	Single-Family Residence	\$310,000	Robert J. Rheume	Michaela Verhault
Alton	9 Franklin Way	N/A	\$400,000	Lorraine M. Buckley	Jeremiah T. Vanderneut
Gilford	221 Intervale Rd.	Marina	\$1,500,000	Dave's Motorboat Shoppe LLC	Dave's Boat Shoppe LLC
Gilford	Route 11	N/A	\$301,000	Evan C. and Elhame Kajtazi	William Winkel and Jenny Lang
Gilford	N/A (Lot 11)	N/A	\$1,525,000	Louise D. McKean	Gamans Fiscal Trust and Jonathan B. Gamans
Gilmanton	419 Mountain Rd.	Single-Family Residence	\$257,000	Nancy Goodwin and Richard Noonan	Andrew J. Polanik
Gilmanton	1923 NH Route 140	Single-Family Residence	\$352,000	Victoria C. Parkhill Estate and Suzanne C. Levesque-Lyon	Debella & Ortis LLC
New Durham	47 Main St.	Single-Family Residence	\$354,200	Susan L. Regan and Kathleen M. King	Danica Carlson and Devan Rice

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Colby Batchelder named to Worcester Polytechnic Institute Dean's List

WORCESTER, Mass. — Worcester Polytechnic Institute (WPI) has announced that Laconia resident Colby Batchelder, a member of the class of 2026 majoring in Chemical Engineering, was named to the university's Dean's List for academic excellence for the fall 2023 semester.

A total of 2,299 undergraduate students achieved the criteria required for WPI's fall 2023 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities

as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.

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ing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu

Workforce housing among proposed Gilford zoning amendments

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — Establishing workforce housing provisions, changing the zoning of the former Arlberg Inn, and others are among the four proposed zoning amendments on the town warrant.

Town voters will discuss the warrant articles during the deliberative session on Feb. 8 at 7

Alton resident named to Dean's List at Dean College

FRANKLIN, Mass. — Dean College is pleased to announce that Janis Walker of Alton has earned a place on the Dean's List for the Fall 2023 semester. Students named to the Dean's List have demonstrated a serious commitment to their studies while at Dean College.

Founded in 1865, Dean College is a private, residential college located in Franklin, Mass., 45 minutes from Boston, and Providence, R.I. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.

p.m., at the Gilford High School Auditorium. Voters will be able to discuss all the warrant articles and make motions to amend any articles. The final warrant after the deliberative session will go before voters during town meeting voting on March 12.

A full copy of the warrant, including the zoning amendments, can be found at https://www.gilfordnh.org/file/3322/2024_TOWN_MEETING_WEBSITE_INFO_PACKET.pdf.

Article 2.1 is a petition article that would change a property on Cherry Valley Road to a different zoning district. Under the proposed article, the two-acre property at 700 Cherry Valley Road across from Gunstock and adjacent to the former Arlberg Inn would be changed from the Limited Residential Zone to the Resort Commercial zone. According to the petition this would

enable redevelopment of the property that once housed the Arlberg Inn. The property adjacent to this one is already in the Resort Commercial District.


Article 2.2 would create different workforce housing regulations in town. Under the amendment, workforce housing would be allowed under the same conditions as senior housing. Definitions would be provided for "Workforce Housing" and changing use descriptions to read "Senior Housing/ Workforce Housing" and changing the title of the section do "Senior Housing and Workforce Housing." The article would allow workforce and senior housing to have three-bedroom units as well as one and two bedroom and make changes such as creating parking requirements and others.

Article 2.3 would correct a reference to state

statutes, so the section correctly refers to injunctive relief provisions in state laws.

Article 2.4 would change the time period during which a variance must be used. The current requirement is one year but the amendment would change that to two years to conform with state law. The amendment would also add the sentence under Penalties to read, "The penalties set forth herein shall be cumulative and shall be in addition to other rights and remedies available to the town at law or equity."

Full copies of the amendments with each article's full proposal can be found at the town clerk's office, on display at the town meetings, and online at www.gilfordnh.org.



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Leading with purpose: Prioritizing local issues over the culture war

At a time when communities far and wide face pressing challenges like homelessness, substance misuse, and the need for unity, it is essential that our local leaders redirect their focus towards the issues that truly matter. Rather than engaging in divisive cultural battles, true leadership demands a dedication to improving the daily lives of residents by addressing local concerns.

One of the most pressing issues in many communities today is homelessness. Our woods and streets are home to many individuals who are struggling to find shelter and support. This issue should take precedence over divisive cultural debates, as it directly impacts the well-being and safety of our very own community members.

Similarly, the challenge of substance misuse is a significant concern that requires our leaders' full attention. Addiction affects not only the individuals grappling with it but also their families and communities. Local leaders should work collaboratively to establish effective rehabilitation and support programs that address this issue head-on, instead of allowing it to be overshadowed by polarizing cultural discussions.

A true leader understands the importance of bridging gaps rather than creating divisions. In an era marked by increasing polarization, it is incumbent upon our local leaders to strive for unity. Their role should be to bring residents together, encouraging dialogue and understanding among diverse groups. Creating a sense of community and solidarity should be a top priority, as it helps build a stronger, more resilient society.

It is crucial to recognize that small, symbolic issues like the presence of a two-inch pride sticker on a public building's door should not distract us from the substantial problems at hand. A leader's duty is to prioritize actions that will improve the daily lives of everyone in the community. While diverse perspectives are important, focusing on such symbolic issues detracts from the time and resources that could be better allocated to address actual challenges.

Furthermore, thriving businesses are an integral part of a flourishing community. Local leaders should work tirelessly to create an environment where businesses can thrive. A prosperous economy enables residents to access better opportunities and services, thus improving their quality of life.

Effective local leadership necessitates a clear focus on the issues that directly impact our community's well-being, such as homelessness, substance misuse, and unity. Divisive cultural debates, while important in their own right, should not overshadow these pressing concerns. A true leader, one with courage, prioritizes the needs of their constituents, brings people together, and strives to build a stronger, more resilient community. By doing so, they ensure that businesses thrive, basic needs are met, and everyone can enjoy a higher quality of life.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Latest plastics event announced



COURTESY

Weather permitting, the next soft plastics recycling collection will be held Saturday, February 10 from 11am-1pm. Volunteers from the Green Sanctuary Committee of the Unitarian Universalist Society of Laconia and the Laconia/Gilford Lions Club will be curbside in front of the little white UU church at 172 Pleasant St. in Laconia to collect donated clean soft dry plastics. All plastics are sent to the Trex Corp. site in Maine, to be repurposed as composite decking and outdoor deck furniture. There is no charge or fee to drop off unwanted plastics. And this effort is not limited to residents of Laconia and Gilford. All are welcome to participate. At the same time and place as the plastics collection, the Lions and the UU Social Justice Committee are also holding a food drive benefiting the Community Action Program (CAP) food pantry. "Now that Community Action has an office in downtown Laconia, their pantry is serving even more disadvantaged individuals and families," explained Lion Carol Dow. "So food dona-

tions are needed. Easy access items are best. Pop-top canned soups are most requested as well as personal care products."

Every loss holds a lesson

Loss is a part of everyone's life, as common as the air we breathe. It's one of those things we all face – the deep sadness of saying goodbye.

It could be the final goodbye to a family member, a close friend, or someone else we hold dear. We know these moments are coming, but that doesn't make them any easier. They're like uninvited guests who show up, reminding us how precious our time is with the people we care about.

As a poet once said, "Sometimes, only one person is missing, and the whole world seems depopulated."

Then there's the kind of loss that sneaks up on us, the kind we don't talk about much. It's not about the unavoidable end of life but the relationships that drift apart because of what we do or don't do.

In these moments, we might lose someone and part of ourselves. This is particularly true when we invest so much in our relationships that our identity diminishes. We can lose sight of who we are outside of these connections, and the loss of self can be as profound

as the loss of the other.

Take, for instance, the time I lost a business partner. We clashed over a business decision that seemed unfairly balanced and not mutually beneficial to me. I tried to find a middle ground. I sought a compromise, hoping to preserve our partnership, but a compromise was outside his agenda. In the end, we had to part ways. Why did it happen? That's something I might never fully understand.

I also recall a friend who suddenly stopped talking to me. We used to spend a lot of time together – sharing meals, attending church, and just enjoying each other's company. Then, out of nowhere, he cut off all communication. I tried reaching out multiple times – calls, texts, emails – but got very little response. Four years passed before he started talking to me again. Even when I asked him about the reason for his long silence, he never gave me a straight answer.

I was deeply in love with a woman who didn't share my feelings. Despite my persistent ef-

forts over the years, her feelings didn't change. I may never fully understand why it didn't work out.

These experiences, though painful, remind us that not all losses seem preventable. In life, we're often faced with situations that are beyond our control. But what about the losses we might prevent?

Consider your relationships, not just with your spouse but also with your friends – are you nurturing these bonds with the care and respect they deserve?

Often, we take our closest relationships for granted, not realizing the value of what we have until there's a risk of losing it. The erosion of trust is a subtle yet profound form of loss, and it isn't confined to romantic relationships alone. It creeps in when we neglect our partners' and friends' needs, feelings, or expectations. Once trust is damaged, whether in a marriage or a friendship, rebuilding it can be a long and challenging road.

And what about your customers? When we lose a customer, it's the loss of an opportunity to serve and to make a meaningful impact. Are

you paying attention to their needs and expectations to contribute positively to their day or solve a problem they're facing?

Winning back a customer after they've left can be significantly more challenging than maintaining that relationship.

So, what can we do in the face of potential loss? We can strive to be kind, communicate openly, and cherish our time with those around us. We can work on being understanding and patient. And when someone steps back into our lives, we can welcome them with open arms, knowing that relationships are sometimes mysterious and require understanding.

Loss, in its many forms, is an inevitable part of life. But each loss carries a lesson.

It's been said that you learn more from loss than you do from gain.

Ultimately, it's not just about preventing loss; it's about embracing the learning and growing that comes from it. And that's a positive take on one of life's most challenging experiences.

LETTERS FROM EDWIN Quilting

The call came late. I was already in "I guess I can take it easy today" mode and had to quickly switch into "get off to school in a hurry" mode. Things worked out well, and I almost made it there on time.

The class had already been given their instructions and were settling into doing their work. I got myself tuned into what they were to be doing and what to expect for the rest of the day and was on my way.

I'm always seeing things that click my "we could never do that" switch. Constant snacking for example. Munching on "food stuff" is totally allowed. But so is total junk food. The sweets, caffeinated beverages, chemical laden crap that permeates our society are all game. You can see a direct relationship between snack consumption and impending obesity.

There was this boy devouring a bag of the barbecued curlicue things that I was addicted to a few years back. I told him to beware, those things are addictive. That got everybody's attention, so I explained how I couldn't drive by the corner gas station

convenience mart coming home from work every day without stopping in and grabbing a bag. That I actually put on weight and quite a spare tire of energy storage (fat) from it.

I explained that companies can put anything into a product that is less than 2 percent and not tell anyone. In this free society, I wouldn't put it past some company injecting a small percentage of something into a money making product that proved to make it somewhat addictive. It doesn't take much. That's guaranteed future sales, which equals job security.

They may have heard me. But that won't stop the donuts and chocolates and sweet treats, chips and sodas not to mention coffees. I would never buy one of those giant frappe cup sized cups of coffee that I see walking around the school. No wonder these kids are so wired. Occasionally I may see some fruit.

Fat gets stored differently on boys and girls. Generally, boys seem to get it around their middle, whereas girls distribute it all over. With years to observe,

I can see trends. One girl, who hid her smile under a useless mask when she was stylishly slim and trim. Today, as her smile complements her sleepy eyes, her entire physique carries a full body quilt of cuddly softness, if I could be so bold. It's evident in her face and hands. Being blunt, she's slowly blowing herself up.

Guys seem to hide it much better, but they too will completely bloat out, eventually. Our bodies can only take on so much storage. It's no different than my furnace room. I've been throwing things in there for years now and at present, it's pretty hard to navigate between the overloaded shelves and floor piles. Lately I've been trying to reduce the congestion, but it's difficult. In the meantime, I work around it.

Tomorrow, it's off to the mountain. They say that they made enough snow. It seems hard to imagine much left after all the warm and rainy weather we've had lately, but I'll find out first hand tomorrow. They usually try to be open by Christmas as that's a big money maker, but lately, moth-

er nature has made that eventuality difficult. Hopefully I'll be able to get out onto some snow. Though it may only be man made, it's snow all the same.

Do you believe I said that? They're totally not the same. Oh, how I wish for another winter where the real stuff stayed lite and fluffy all season long around my house. There is nothing like the real thing, but barring that, the machine made stuff is pretty good. The snow making machines have improved dramatically over the years, so have the grooming machines. Without them, skiing around here would be no more.

During the last class of the day, I went over to check on a disturbance going on at the end table in the back of the room. This highly quiltified girl was accusing a boy of insulting her. He apparently called her a jelly bean. I said that she ought to take it as a complement, most people like jelly beans. That kind of stopped it.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

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PRESIDENT & PUBLISHER

FRANK G. CHILINSKI

(603) 677-9083

frank@salmonpress.news

BUSINESS MANAGER

RYAN CORNEAU

(603) 677-9082

ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DINICOLA

(508) 764-4325

DISTRIBUTION MANAGER

JIM HINCKLEY

(603) 279-4516

EDITOR

JOSHUA SPAULDING

(603) 941-9155

josh@salmonpress.news

MANAGING EDITOR

BRENDAN BERUBE

(603) 677-9081

brendan@salmonpress.news

PRODUCTION MANAGER

JULIE CLARKE

(603) 677-9092

julie@salmonpress.news

Terri Ann Noyes, 67



With family by her side, Terri Ann (Rollins) Noyes, 67, a lifetime resident of Alton, NH, passed away peacefully on January 26, 2024 at the Hyder Family Hospice, Dover, NH after failing health over the past few months.

Born August 25, 1956, to the late Dorothy (Thensdett) Rollins and Steve Rollins. Terri is predeceased by her brother, Ed Rollins. Terri leaves her husband of 48 years, Gary “Bubba” Noyes Sr., sisters’ Star Appell, sons’ Kevin and Travis Cooper, Lynn McGovern, daughter Stacie Lugg.

A 1974 graduate of Alton Central School, Terri married Gary Noyes Sr. in 1976. Over the next 5 decades, Terri spent countless hours on the Alton and Prospect Mountain School board, serving as an elected member. She was proud to serve the community of Alton for many years. Her commitment to her kids had no bounds. She never missed a game of her children, no matter the distance to drive.

She loved playing bingo, spending time camping, going to yard sales, visiting Christmas Tree Shops and during the summer months spending hours at Alton Bay with her husband watching the boats. Along with her family, she fostered many kids over time. She loved to talk about politics at any level. She loved her 9 grandchildren unconditionally and would do anything for them.

Terri is survived by her two sons, Gary Noyes Jr; his wife, Amanda, and their son Samuel of Rochester, NH. Steven Noyes and his wife, Wendy, their daughters’ Annabelle, her Fiancé Micheal, Olivia, Kailyn, and sons’ Steven Jr. and Max of Alton, NH. Her daughter, Kim (Noyes) Sylvester, husband Chris, daughters’ Emma, Lexie and son Thomas of Pelham, NH.

The family would like to thank the staff at Wentworth-Douglas as well as the Hyder Family Hospice for their care and support in the last few months of her life.

Friends are invited to visit with Terri’s family on February 12, 2024, from 3-5 pm at the Alton Funeral Home, 12 School Street, Alton, NH. To express condolences, please visit: www.peasleefuneralhome.com

Gilford swimmers wrap things up with UNH meet



COURTESY PHOTOS
The Gilford swim team recently wrapped up the season with a meet at the University of New Hampshire.



BY JOSHUA SPAULDING
Sports Editor

DURHAM — The Gilford swim team headed to the University of New Hampshire for the second time this season, this time closing out the season at the Durham pool.

The Bobcat Meet included 21 high schools and 317 athletes competing, with no relay events. Athletes were allowed



to swim three individual events instead of the normal two due to the lack of relays.

In the 200 freestyle, Chloe Romprey competed for the first time and was joined by Bailey Gagne Juurlink, finishing in 3:42.1 and 3:29.51, respectively. Elise Graton and Bridget Wilcox both competed in the 200 IM, which includes all four strokes, finishing in



17th and 19th place, respectively.

In the 50 freestyle, there were more than 160 girls competing and seven Golden Eagles took to the water for the event. Romprey finished in 41.77 seconds, Gagne Juurlink touched in a personal best 40.41 seconds, Audrey Bondaz finished in a personal best 37.85 seconds, Alyssa McKenna finished

in a personal best 37.48 seconds, Wilcox had a time of 35.15, Elise Bartley finished in 31.69 and Graton had a personal best time of 29.19 seconds.

In the 100 free, Romprey touched in 1:39.65, Bondaz had a personal best time of 1:34.18, McKenna finished in 1:27.69, Wilcox touched in 1:22.03 and Graton had a personal best time of 1:06.11.

Bartley swam in the 500 freestyle for the first time and completed the 20 lengths of the pool in 7:41.1, while Bondaz, Juurlink Gagne and McKenna all swam the 100 backstroke and finished in 52nd, 62nd and 66th, with Bondaz cutting almost 10 seconds off her personal best time.

“I want to thank all the athletes and parents for making it a successful, rewarding and fun season,” said coach Dave Gingrich. “It was fantastic seeing swimmers improve throughout the season, culminating in many personal bests.

“The team was supportive of each other at meets and showed terrific spirit,” he added, noting they will miss Bartley, Romprey and Wilcox as they graduate in June.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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KATHY SUTHERLAND

Picking up the W

Jenna Sykes goes into the zone after the puck during the Kingswood-Prospect Mountain girls' hockey team's 5-1 win over Bedford on Saturday night at the Pop Whalen Arena. The KnightWolves will be in action again on Wednesday, Feb. 14, at home against Bishop Brady at 4:50 p.m.

LEGAL NOTICE

Public Notice: ARPA, DWSRF Environmental Review for Cople Crown Village District, New Durham, NH
Drinking Water Infrastructure Project: Cople Crown Village District Water System Improvements

The Cople Crown Village District has applied for funds through the State of New Hampshire Department of Environmental Services (NHDES) American Rescue Plan Act (ARPA) and Drinking Water State Revolving Fund (DWSRF) to finance a water infrastructure improvement project. Whereas this project constitutes only a minor project, and no significant environmental impacts are anticipated, a Finding of No Significant Impact (FONSI) is proposed.

Questions regarding this project can be directed to Kala Day at envreview@des.nh.gov and/or Cathy Conway at cconway@horizons-engineering.com. Additional information can be found in the Environmental Review (PDF available upon request).

Please address any comments to the following locations:

Horizons Engineering, Inc.
Attn: Cathy Conway
34 School Street Littleton NH, 03561
cconway@horizonsengineering.com
and
Kala Day
NHDES – Drinking Water and Groundwater Bureau
PO Box 95, 29 Hazen Drive
Concord, NH 03302
envreview@des.nh.gov
Comment period to close March 8, 2024

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Gilford boys win Winnepesaukee Alpine Race

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford alpine boys put together a stellar slalom effort to overtake King-swood's giant slalom lead and capture the Winnepesaukee Alpine Race on Friday, Feb. 2. The Golden Eagle girls finished in second place behind the Knights.

In the morning giant slalom for the boys Ben Wolpin was the top Gilford finisher, placing third in 56.44 seconds, followed by Gavin Irons in sixth place in 59.1 seconds. Oliver Leandro placed 13th in 1:01.64 and Tristan Reinhold rounded out the scoring with a time of 1:02.23 for 14th place.

Kyle Gandini was 15th in 1:02.48, Elliott Warren was 18th in 1:03.08, Tucker Crawford placed 22nd in 1:04.13, Zack Arenstam was 24th in 1:05.11, Karson Genakos was 26th in 1:06.21, Derek Kelly finished in 27th in 1:07.11, Gabe Bates was 28th in 1:07.22, Samuel Stoddard was 29th in 1:12.25 and Jaimen Sawyer was 33rd

overall in 1:14.54.

All four of Gilford's scorers in the slalom finished in the top 10, with Wolpin again leading the way with a third place finish in 1:00.7. Leandro was fifth in 1:05.11, Irons placed sixth in 1:06 and Crawford finished out the scoring with a time of 1:06.94 for ninth place.

Warren was 10th in 1:07.84, Reinhold was 15th in 1:10.42, Stoddard was 17th in 1:10.75, Genakos was 22nd in 1:15.36, Bates was 23rd in 1:18.5, Kelly was 25th in 1:19.33 and Sawyer was 31st in 1:38.7.

McKenna Howard led the Gilford girls in the morning giant slalom with a third place finish in 56.05 seconds. Riley Coutts skied to seventh in 57.43 seconds and Mia Burlock was eighth in 59.69 seconds. Ava Lien rounded out the scoring with a time of 1:02.72 for 13th place.

Megan Legro was 15th in 1:03.58, Camryn Coutts was 17th in 1:03.83, Brooke Baron was 26th in 1:05.16, Maddie Burlock was 36th in 1:14.06, Rylee Stefan was 39th in 1:20 and Adelynn



Riley Coutts races through the slalom course at Gunstock last week.



McKenna Howard was tops for the Gilford girls in both slalom and giant slalom at Gunstock last week.



Ben Wolpin led the Gilford boys in last week's Winnepesaukee Alpine Race.



Oliver Leandro powers through the slalom course at Gunstock last Friday.

Beck was 42nd in 1:27.62.

In the afternoon slalom, Howard was again Gilford's top skier, placing fifth in 1:00.41, with Riley Coutts in eighth in a time of 1:07.34. Maddie Burlock was 11th in

1:09.11 and Lien finished the scoring with a 15th place finish in 1:13.08.

Baron was 19th in 1:15.51, Mia Burlock was 24th in 1:18.42, Legro finished 27th in 1:20.6 and Stefan was 35th overall

with a time of 1:29.62.

Gilford is scheduled to wrap up the regular season at Gunstock on Friday, Feb. 9. The Division III State Meets will both be held at Gunstock, with the boys on Tues-

day, Feb. 13, and the girls on Wednesday, Feb. 14.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Three in double-figures lead Timber Wolves past Bears



Prospect Mountain's Maddie Miller and Newfound's Bailey Dow battle for control of the ball in action last Monday.



Ella Smith drives around a defender in action last Monday against Newfound.

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect and Newfound girls' hoop teams were locked in a battle in the first quarter on Monday, Jan. 29, but the host Timber Wolves pulled away in the second quarter and expanded the lead in the second half to pick up the 60-33 win over the visiting Bears.

Ella Smith got the scoring started for the Timber Wolves and scored the first eight points of the game for the hosts, including a three-pointer and a free throw, while Newfound's Cora Sanschagrin netted Newfound's first hoop as Prospect took an 8-2 lead. Sophia Capsalis hit two free throws and a hoop for the Timber Wolves to up the lead to 10 before Rylee Barney connected from long distance for Newfound. Capsalis hit another hoop and Barney added one at the other end before a Capsalis three pushed the Prospect lead back to 10 at 17-10.

Sanschagrin and Leah McFarland hit consecutive three-pointers for the Bears to cut the lead to four, but Pros-

pect's Delaney Drolet added a free throw to close out the quarter and Prospect's lead was 18-13 after eight minutes of play.

Drolet and Capsalis hit the first two hoops of the second quarter for the Timber Wolves and Drolet added a free throw for a 23-13 lead. McFarland added a free throw for Newfound, but Emma Foster added a hoop for Prospect Mountain for the 25-14 lead.

Sanschagrin put back

a rebound for the Bears before Capsalis and Barney exchanged free throws. Foster added a hoop to close out the first half and Prospect Mountain's lead was 28-17 at the break.

Smith opened the third quarter with a three-point play and after Barney connected on a free throw at the other end, Capsalis had a hoop and a three-pointer for the 36-18 lead. Bailey Dow drilled a three for the Bears before Smith

connected on another Prospect hoop.

Smith then added a three-pointer and Paige Harding added a hoop as the Timber Wolves built the lead to 43-21. McFarland and Dow had free throws for Newfound sandwiched around a free throw from Prospect's Ava Foster and

Drolet added one from the stripe for the hosts as well.

Barney hit four free throws down the stretch for Newfound while Drolet and Capsalis both hit hoops for the Timber Wolves and Prospect Mountain took the 49-27 lead to the fourth quarter.

Aijah Thoroughgood opened the fourth quarter for the Timber Wolves with a three-pointer, with Sanschagrin connecting for a hoop at the other end and Barney adding a free throw. Emma Foster found the bottom of the net for the hosts but Sanschagrin drilled a three-pointer for the Bears.

Drolet hit a pair of hoops and Thoroughgood finished off her own steal with a basket and the Timber Wolves had the 60-33 victory.

Capsalis finished with 19 points, six steals and nine rebounds, Smith added 16 points, four steals and seven rebounds and Drolet had 11 points and 15 rebounds to lead Prospect while both Barney and Sanschagrin finished with 12 points to lead the Bears.

The Timber Wolves dropped a close game in Gilford the next night, falling 51-45 to the Golden Eagles. Prospect led 13-8 after one quarter, 22-18 at the halftime break and 34-31 after three quarters. However, the Golden Eagles outscored Prospect 20-11 in the final quarter to pull out the six-point win.

Capsalis led the Timber Wolves with 23 points while Smith finished with 10 points.

The Bears are scheduled to take on Newport in a home game on Friday, Feb. 9, at 6 p.m. while the Timber Wolves are slated to be at Campbell on the same day and time.

PMHS 18-10-21-11-60
NRHS 13-4-10-6-33

Prospect Mountain 60
Harding 1-0-2, Smith 6-2-16, Thoroughgood 2-0-5, A. Foster 0-1-1, Drolet 4-3-11, E. Foster 3-0-6, Capsalis 7-3-19, Totals 23-9-60

Newfound 33
McFarland 1-2-5, Barney 2-7-12, Dow 1-1-4, Sanschagrin 5-0-12, Totals 9-10-33

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Bondaz skis to sixth in Coaches Series race

BY JOSHUA SPAULDING
Sports Editor
HOLDERNESS

The Gilford Nordic ski team joined teams from

around the state of New Hampshire, including public and private schools as well as ski

clubs, to take part in the first New Hampshire Coaches Series race at Holderness School on Sunday, Feb. 28.

For the Gilford boys, Aiden Bondaz finished in sixth overall with a time of 8:40 for the freestyle course.

Carter Forest was 11th in 8:53 and Henry Stow placed 15th in a time of 9:01. Scott Kulcsar skied to 16th overall with a time of 9:08.

Alden Townsend was 33rd overall in 10:07, Haukur Karlsson was 42nd in a time of 10:31 and Clark Blackwelder placed 48th in 10:50. Gunnar Marvel was 51st in 10:57, Ian Lofblad was 58th in 11:11, Benjamin Smith was 90th in 12:51, Malcolm Breton placed 120th in 14:15 and Ben Suranyi was 129th in 15:11.

For the Golden Eagle girls, the top finisher was Georgia Eckhardt, who finished in 24th overall

with a time of 12:13.

Maria Tilley skied to 48th place in a time of 13:25, Sydney Eastman was 57th in 13:47 and Anna Coapland placed 63rd in a time of 14:08.

Alana Sawyer was 68th overall in a time of 14:15 and Kaitlyn O'Brien was 98th in a time of 15:59.

The times for each skier will be combined with the times from the second Coaches Series Race, which takes place on Saturday, Feb. 10, at Plymouth, to help determine who will represent New Hampshire in the Eastern Championships.

In addition to skiing at Plymouth on Saturday, the Golden Eagles are also set to compete at Whitaker Woods in North Conway on Wednesday, Feb. 14.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Aiden Bondaz banked a top-10 finish in the first New Hampshire Coaches Series race on Jan. 28 in Holderness.



Haukur Karlsson powers through the freestyle course at Holderness on Jan. 28.



Maria Tilley races for Gilford during the New Hampshire Coaches Series freestyle race in Holderness.



Anna Coapland races during the New Hampshire Coaches Series race Jan. 28 in Holderness.

Prospect Mountain hoop boys push past Newfound



Prospect Mountain's Dillon Miller goes up to block a shot by Newfound's Hayden Dolloff in action on Jan. 29.

BY JOSHUA SPAULDING
Sports Editor

ALTON — After a low-scoring first quarter that saw the teams combine for just 13 points, the Prospect Mountain

boys' basketball team came through with a strong effort in the second quarter and then held tight for a 47-36 win over visiting Newfound on Monday, Jan. 29.

Vinnie Defosses got the scoring started for Newfound with a three-pointer and then Ty Belyea followed with consecutive baskets to give the Bears the 7-0 lead. Nathan Leavitt answered for the Timber Wolves, hitting a pair of hoops, the second coming off his own steal and Dillon Miller added a hoop for Prospect Mountain and Newfound had the 7-6 lead after one quarter of play.

Brayden Jenkins got Newfound on the board to start the second quarter but Prospect hit four three-pointers in a row to take control. Leavitt hit three of those three-pointers and Joseph Deane added another as the Timber Wolves opened up the 18-9 lead.

Deane then hit two hoops and a free throw to stretch the lead to 23-9 before Nate Arnold drilled a three-pointer for the Bears to close out the first half and Prospect Mountain's lead was 23-12 heading to halftime.

Jayden Belyea hit a three and finished off his own steal to open the third quarter for the Bears, cutting the lead to 23-17 before Miller hit



Prospect Mountain honored its seniors before last week's game with Newfound. Left to right, Justin Sanville, Will Bassett, Dillon Miller, Nathan Leavitt, Ethan Capsalis and Rex LeClerc.

a free throw for Prospect. Jayden Belyea added a free throw before Shaun McAneney added a three-pointer for the Timber Wolves for the 27-18 lead.

Josh Blouin connected on a free throw for Newfound, but Deane drilled a three-pointer at the other end of the court. Jayden Belyea added a pair of free throws but another Deane three-pointer upped the lead to 33-21. Jayden Belyea got the final points of the quarter, converting a three-point play and Prospect's lead

was 33-24 at the end of the third quarter.

McAneney connected on a hoop for the Timber Wolves to open the fourth quarter before Ty Belyea hit a hoop for Newfound. Wyatt Varney and Deane drained consecutive baskets for the Timber Wolves. Defosses and Blouin hit free throws for the Bears sandwiched around a Deane basket and Prospect's lead was 41-28.

After Deane hit a free throw, Jayden Belyea connected on back-to-back basket, the second on a nice feed from Jenkins. Miller put the ball in the hoop for the Timber Wolves before Jayden Belyea hit consecutive baskets again to cut the lead to 44-36.

However, Ethan Capsalis hit two from the free throw line and Deane added one from the stripe and Prospect Mountain had the 47-36 win.

Deane finished with

20 points to lead the Timber Wolves while Leavitt added 13 points. Jayden Belyea led the Bears with 19 points.

Newfound is scheduled to be at Newport for a 7 p.m. game on Friday, Feb. 9, while Prospect Mountain is scheduled to host Campbell on Friday, Feb. 9, at 6 p.m.

PMHS 6-17-10-14-47
NRHS 7-5-12-12-36

Prospect Mountain 47
Capsalis 0-2-2, McAneney 2-0-5, Leavitt 5-0-13, Deane 7-3-20, Varney 1-0-2, Miller 2-1-5, Totals 17-6-47

Newfound 36
Jenkins 1-0-2, Defosses 1-1-4, J. Belyea 7-4-19, Blouin 0-2-2, T. Belyea 3-0-6, Arnold 1-0-3, Totals 13-7-36

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Future Timber Wolves

Middle school wrestlers from Alton and Barnstead took part in the Rundlett Quad meet last week in Concord. Hayden Holmes (with hand raised) went undefeated for the evening, pinning both of his opponents, Evan Roberge pins a Rundlett wrestler and Natalie Cowser (black pants) had two excellent matches, pinning her first opponent in 16 seconds. Half of the middle school wrestling team returned with wins. "As a first-year program, the Prospects looked very competitive against some well-established teams," said coach Derek Pappaceno.



COURTESY PHOTO

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Knights, Timber Wolves battle at Plymouth Invitational



Kingswood's Isaac Gagnon wrestles Prospect Mountain's Logan Andrews in action Saturday in Plymouth.



Corey Chapman battled his way to fourth in his weight class in Plymouth on Saturday.



Skylar Perry gets a Campbell opponent in a cradle during action Saturday in Plymouth.



Jaxon Stephens has his opponent broken down flat in action in Plymouth Saturday.



Logan Andrews has his opponent in a cradle during action Saturday in Plymouth.

PLYMOUTH — The Kingswood and Prospect Mountain wrestling teams hit the mats at the Plymouth Invitational on Saturday.

The highlight of the day for the Knights was at 175 pounds, where Caelum Forgy finished third overall. After opening his day getting pinned by a Natick (Mass.) wrestler, he came back with a pin of a foe

from Portsmouth, got a 3-0 win over a Plymouth wrestler and consecutive pins over wrestlers from Lebanon and Natick before earning a 5-2 win over Plymouth in the third place match to finish out his day.

Corey Chapman finished in fourth place at 138 pounds. He dropped an 18-2 decision to Spaulding in his first match then came back with a pin of a Plymouth

opponent, a 22-5 win over White Mountains and a 9-2 win over Portsmouth. After receiving a forfeit over Natick, he was pinned by a John Stark opponent in the third-place match to finish fourth overall.

Kassidy Thomas benefited from a small bracket at 106 pounds, as she finished fourth overall despite being pinned by wrestlers from Natick and John Stark in her two matches.

Stephen Lawrence had a pretty solid day at 285 pounds. After being pinned by a Natick opponent in his first match, he got a forfeit win over teammate Nick Manatopoulous, a 2-0 win over Lebanon and a 1-0 win over Portsmouth before falling to John Stark 6-5 in the second tiebreaker. Manatopoulous got a pin of a Raymond wrestler in his first match before being pinned by Spaulding and forfeiting his

match to Lawrence.

At 144 pounds, Isaac Gagnon pinned Prospect's Logan Andrews in his first match and got a pin of Plymouth before dropping a 6-0 decision to a Natick wrestler. Andrews was pinned in his first match by Souhegan but came back with a 9-0 win over Spaulding before being pinned by Gagnon. Teammate Jaxon Stephens also lost his opener in the same weight class but came back to pin a Lebanon foe before being pinned by Plymouth to close out his day.

Reese Fischer was pinned by a Natick opponent in his first match but came back to get a pin of a Stevens foe and an 8-0 win over Mascoma before falling 9-3 to Natick.

At 175 pounds, Ryan Greenwaldt of Kingswood was pinned by a

Natick wrestler to start, then got a pin of a White Mountains Spartan before being pinned by a Plymouth opponent to end his day.

Prospect Mountain's Skylar Perry fell by pin to John Stark and Spaulding at 138 pounds, Kingswood's Brady Call was pinned by a Raymond foe and dropped a 6-0 decision to Portsmouth at 132 pounds, Connor Woodbury of Kingswood was pinned by a Natick wrestler and fell 7-2 to a Plymouth foe at 165 pounds and Brady Downing fell 12-7 to Portsmouth and was pinned by Dover at the same weight class.

The two teams are scheduled to be in action on Saturday, Feb. 10, at Campbell.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Golden Eagle rally comes up short against Kearsarge

GILFORD — A huge third quarter from the Kearsarge Cougars proved to be too much for the Gilford hoop girls to rally past on Thursday, Feb. 1, as the visitors left town with a 51-46 win.

"All in all, I thought we played well, I was happy with the energy level and the level of focus, especially this time of year," said Gilford coach Scott Currier. "Credit to Kearsarge, they had a nice third quarter."

The Cougars outscored the Golden Eagles 22-7 in the third frame, turning a two-point half-time lead into a 17-point lead at the end of the third quarter.

Kearsarge scored the first three hoops of the game, the third being from behind the arc, giving them a 7-0 lead before Megan Hughes got Gilford on the board with a hoop and a three-pointer.

A trio of free throws from Millie Caldon propelled Gilford into the lead by an 8-7 score, but Kearsarge finished off the first quarter with a hoop and two foul shots and they took the 11-8 lead to the second quarter.

The Cougars continued their run with the first two hoops of the second quarter before a Ryan Guyer basket got Gilford on the board. After a Kearsarge free throw, Hughes hit from the line, Caldon connected on a bucket and Mya Shepard put back a rebound, cutting the lead to 16-15.

After the Cougars hit a hoop, Guyer got the two points back with her own bucket and after another Kearsarge basket, Grace Kelly drilled a three-pointer to tie the game at 20. The visitors hit four free throws down the stretch, sandwiched

around an Olivia Keenan basket and they took the 24-22 lead to the halftime break.

The visitors got a three-pointer to start the third quarter and after Keenan connected for Gilford, Kearsarge had a three-pointer and a bucket to push the lead to 32-24. A Hughes three-pointer brought Gilford back to within five, but Kearsarge proceeded to score 10 points in a row to open the lead up to 42-27.

Shepard put back a rebound to get the Golden Eagles back on the board, but the visitors closed out the quarter with a free throw and a three-pointer to take the 46-29 lead to the final eight minutes.

The Golden Eagles gave it a shot in the fourth quarter. After Caldon scored to start the frame and the Cougars answered, Shepard put back a rebound and Hughes drained a

three-pointer and a free throw, cutting the lead to 48-37.

Kearsarge got another hoop to open the lead to 13 before Caldon hit a hoop and then drilled four free throws to cut the lead to seven with 23 seconds to go. The Cougars got one of those free throws back before Hughes drilled a three-pointer for the final difference, 51-46.

Hughes finished with 16 points and Caldon added 13 for the Golden Eagles.

"There's some things I should've done differently, we could've gone to the press earlier, and I told the girls, that's on me," Currier stated. "I like where we're going, there's a lot of fight in them. If we had two more minutes, we might have gotten them."

"Kearsarge is a top-tier team," he added. "The fact that we're competing with them is good."

The Golden Eagles are scheduled to be at Belmont for a 6 p.m. game on Friday, Feb. 9.

GHS 8-14-7-17-46
KRHS 11-13-22-5-51

Gilford 46
Guyer 2-0-4, Caldon



Megan Hughes goes up to the basket in action against Kearsarge last week.



Millie Caldon looks to the hoop during action last week against Kearsarge.

mont for a 6 p.m. game on Friday, Feb. 9.

GHS 8-14-7-17-46
KRHS 11-13-22-5-51

Gilford 46
Guyer 2-0-4, Caldon

3-7-13, Shepard 3-0-6, Kelly 1-0-3, Keenan 2-0-4, Hughes 5-2-16, Totals 16-9-46

Kearsarge 51
Ilg 3-0-7, Shapiro 3-0-8,

Kendrigan 2-1-7, Marinello 6-10-23, Boucher 3-0-6, Totals 17-11-51

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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JOSHUA SPAULDING

Prospect alpine

Brady Glidden skis through the slalom course at Gunstock last week during the Winnepesaukee Alpine Race. He placed 34th in the giant slalom in 1:27.88 and was 32nd in the slalom with a time of 1:40.17. The Division III State Meets are scheduled for Gunstock on Tuesday, Feb. 13, and Wednesday, Feb. 14.

Learn to curl at Pop Whalen Arena on Feb. 28



COURTESY PHOTO

The Lakes Region Curling Association is sponsoring a learn to curl session on Feb. 28 at Pop Whalen Arena.

WOLFEBORO — Residents of central New Hampshire are invited to a free learn-to-curl clinic on Wednesday, Feb. 28, from 1:30 to 3:30 p.m. at Pop Whalen Ice and Arts Center, Route 109A, Wolfeboro.

The event, sponsored by the Wolfeboro Department of Parks and Recreation and hosted by Lakes Region Curling Association, is part of the Winter Carnival celebration that takes place annually during February school vacation.

The clinic is open to those 14 years or age or older, and pre-registra-

tion is required.

In a two-hour session, experienced LRCA curlers will introduce participants to the basic rules and game play of the increasingly popular Olympic sport.

All needed equipment will be supplied. However, participants are asked to bring a pair of clean-soled shoes that they can change into at the arena. Athletic shoes with rugged soles are a good choice.

It is suggested that those attending the event dress in layers and wear warm socks.

For both men and

women of all ages and athletic abilities, curling is a sport that combines skill, teamwork and strategy, and LRCA matches put a premium on friendly competition, sportsmanship and fun.

Registration is available from events page of the Lakes Region Curling Association web site (lakescurlingnh.org). Visitors to the site can view informative videos, access information about curling rules and game play, and find the latest information about LRCA events and activities.

Cougars hold off Gilford hoop boys



JOSHUA SPAULDING

Logan Grant goes hard to the basket for two points against Kearsarge last week.



Jackson Gelo fires off a shot after avoiding a flying Kearsarge defender in action last Thursday.

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Gilford boys' basketball team made every effort to claw back against Kearsarge on Thursday, Feb. 1, but a fast start from the Cougars proved to be too much for the defending champs to overcome, as Kearsarge took the 41-32 win.

"It just felt like whenever we were close, we turned it over," said Gilford coach Rick Acquilano. "The effort was good, the execution was poor down the stretch.

"I am proud of the effort," he added. "I didn't feel like we were ever really out of it, we just couldn't climb the mountain."

The Cougars got the first eight points of the game on a pair of buckets and a three-pointer before Mark Uicker got the Golden Eagles on the board. After another Kearsarge hoop, Cooper Perkins connected from the free throw line, finishing out Gilford's scoring for the quarter. The Cougars added a three-pointer and two from the free throw line and they had a 14-3 lead after one quarter of play.

Kearsarge continued to charge into the second quarter, hitting a three to start things off before Logan Grant connected on consecutive buckets for the Golden Eagles.

After another Cougar hoop, Carter Gelo put back a rebound to get the hosts within 10. However, Kearsarge answered with another three-pointer before Grant finished off a great feed from Uicker to close out the quarter, sending the Cougars to the break with the 22-11 lead.

Grant started the second half with a hoop and two free throws before the visitors answered with a pair from the charity stripe. Uicker and Grant had consecutive baskets before a Kearsarge free throw and the lead was 25-19 for the visitors.

Perkins put back a rebound and Jackson Gelo connected on a hoop to cut the lead to 25-23 with 1:40 to go in the third quarter. However, the Cougars got the final five points of the quarter, three from the foul line, and they took the 30-23 lead to the fourth quarter.

A hoop and a free throw from Grant to start the fourth quarter cut the lead to four and a Perkins bucket made it a two-point game two minutes into the quarter. The Cougars drilled a three to push the lead back to five only to see Uicker connect on a bucket to get the Golden Eagles within three.

Another Cougar

three-pointer with 2:45 to go pushed the lead back to six, but again Uicker responded with a hoop to cut the lead to four 30 seconds later. The Golden Eagles were forced to foul however, and the Cougars made their free throws, hitting five own the stretch to close out the 41-32 win.

Grant finished with 15 points to lead the way for the Golden Eagle boys.

"Some of our youth showed up on offense tonight," Acquilano stated. "We made too many mistakes down the stretch.

"But we'll keep scratching and clawing until they tell us to stop playing," the Golden Eagle coach added.

The Golden Eagles will be hosting Belmont on Friday, Feb. 9, at 6 p.m.

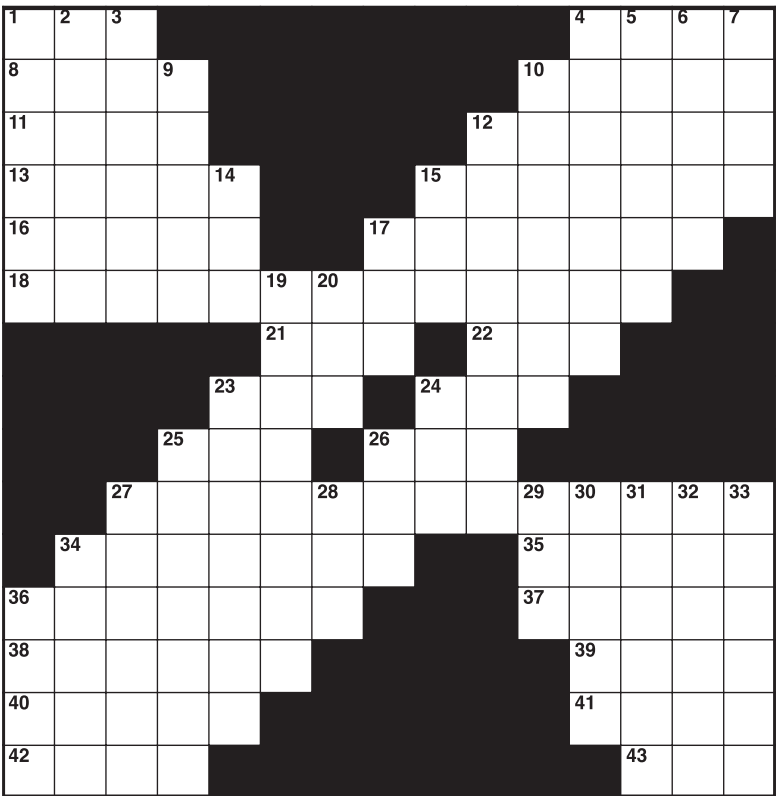
GHS 3-8-12-9-32
KRHS 14-8-8-11-41

Gilford 32
Perkins 2-1-5, Grant 6-3-15, J. Gelo 1-0-2, Uicker 4-0-8, C. Gelo 1-0-2, Totals 14-4-32

Kearsarge 41
Needham 2-1-7, Goin 1-3-6, Whipple 3-9-15, Kinser 2-0-5, Huff 3-0-8, Totals 11-13-41

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

TAKE A BREAK



ACROSS

- 1. One point south of due east
- 4. Coagulated blood
- 8. Fortifying ditch
- 10. Devotee of Hinduism
- 11. Trunk of a tree
- 12. Bank note
- 13. Capital of Guam
- 15. Study again
- 16. Covered with hoarfrost
- 17. Opening
- 18. Legendary Rolling Stone
- 21. Stray
- 22. Computer storing system

DOWN

- 23. Signal
- 24. Pitching statistic
- 25. Human being
- 26. Malaysian isthmus
- 27. The "Blonde Bombshell"
- 34. A gland
- 35. Bluish greens
- 36. Endangered
- 37. Three-dimensional
- 38. In a way, precipitated
- 39. God associated with dissolution
- 40. Blemished
- 41. Flow or leak slowly

- 42. Disco legends The Bee ____
- 43. Midway between south and southeast

DOWN

- 1. A way to board
- 2. Get down
- 3. Highly seasoned sausage
- 4. First day of month
- 5. Eurasian shrubs
- 6. The organ that bears the ovules of a flower
- 7. Small lake
- 9. Belief
- 10. Sunrooms
- 12. Metric weight unit
- 14. Vasopressin
- 15. Bravo! Bravo! Bravo!
- 17. One-time family room staple
- 19. Got back together
- 20. Anger
- 23. Sang merrily
- 24. Sea eagle
- 25. Military men
- 26. Kilo yard (abbr.)
- 27. Found in the sea
- 28. Protects from weather
- 29. Type of medicine
- 30. City along the Rhine
- 31. Animal disease
- 32. Martini ingredients
- 33. Get away
- 34. Lack of disunity
- 36. One-time European Commission officer

HOT BREAKFAST WORD SEARCH

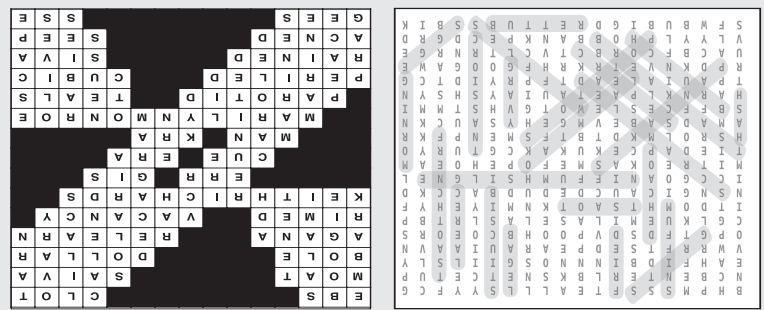


Find the words hidden vertically, horizontally, diagonally, and backwards.

HOT BREAKFAST WORD SEARCH

BAGEL, BISCUITS, BREAKFAST, BRUNCH, BUTTER, CEREAL, CREPES, CROISSANT, EGGS, ENGLISH MUFFIN, FRENCH TOAST, FRIED, GRAVY, GRITS, HASH, MORNING, MUFFINS, OATMEAL, PANCAKES, POACHED, POTATOES, SCRAMBLED, TOAST, WAFFLES

This Week's Answers



COMMITTEE

(continued from Page A1)

not significant residential or commercial development. We want to get ready for it.”

Allard has chaired the Planning Board for four years, after joining in 2016 “accidentally.”

He explained that he served on the Merry-meeting Lake Association’s Board of Directors and suggested that members who lived in town year-round attend some of New Durham’s town meetings. He offered to attend the PB, walked in, and then member Dorothy Veisel “tried to recruit me.”

He observed a few meetings and then became an alternate. After a member’s resignation, he was appointed to the board, then ran at the next election and was voted in.

“I had no idea coming in to it, but I find community planning to be an interesting topic,” he said. “How we manage our developments and building has a significant impact on everyone. I find that aspect to be a really interesting job and I like it.”

He said everything the Planning Board does flows from the Master Plan, “the document that

describes what we want our town to be. Our most important charge stems from our responsibility to develop and maintain the Master Plan.”

Allard clarified that it not the plan itself, but “the fact that we have the responsibility to manage and plan for our community’s future. The board actually spends more time processing applications, but what really matters is planning for the town’s future.”

A series of events led to the perfect conditions to form the NDDC.

Receipt of an Invest-NH Municipal Planning and Zoning Community Housing Navigator grant allowed for Courtney Grugnale of the Strafford Regional Planning Commission to work two years part-time on community engagement, housing development activities, and local regulatory change to increase housing supply in New Durham.

Following close on the heels of that was a community event held last summer attended by more than 50 people who offered input on what was wanted in town, as well as what was not.

Having a skilled person who could assist, gathering input, and

identifying interested parties led to the creation of the NDDC.

As a member of the PB, Allard does not vote as part of the NDDC, but he does chair it. The committee is made up of Nancy Ahlin, Walter Ahlin, Linda Calloway, Stephennie Freeman, Cathryn Long, Paul Perry, Mark Sullivan, and Russ Weldon.

“We have a wonderful cross section of the community,” Allard said, “made up of citizens mostly unaligned with other committees. It’s pretty representative of the town.”

The committee, which began its monthly meetings in October of 2023, has tackled a lot of questions.

“We went through at least half a dozen topics we might explore,” Allard said, “and narrowed it down to address short-term rentals first.”

These rentals, such as an Airbnb, can have a major impact on neighbors, which might explain what Allard calls a “surprising” amount of interest in the subject.

“We’re asking if towns can regulate short-term rentals,” he added.

Allard said he

expected the work on this topic could be done in three or four months, with a result of the committee possibly proposing changes to the PB and Zoning regulations, public hearings held by the PB, and a 2025 warrant article.

Other topics are expected to take much longer.

“Commercial development includes many aspects, such as: do we want it; to what extent; and where?” Allard said. “The perception is that businesses can lower residential taxes, but there is no data to support that. Businesses would also need services such as water, roads, and police. Do we want larger businesses coming to town and what would we want to go where? Those are the kinds of questions we’ve been asking ourselves.”

Outside of what citizens might want, Allard said there are limits on towns regarding certain commercial development, which would go beyond revisions to regulations and require changes to the Master Plan.

The committee has also discussed residential development extensively.

“There is a shortage of low-cost housing,” Allard said, “as well as a shortage of rental properties. Rents are high, making it difficult for young people and families.”

Grugnale’s expertise will come in handy here. Design vision is necessary.

“You have cluster-type housing, cookie cutter designs, apartments, condos to consider. Once there are decisions, how do you make it happen? We’ll address those topics in time,” Allard said.

Allard said the more complicated issues would result in a report to the town.

“There would be more outreach, for more extensive polling of residents because decisions need to be based on what people want, not just what the committee wants,” he explained.

He indicated the committee’s output would be a proposal to the Planning Board based on study and the committee’s best understanding of what the citizens want.

“Here’s what we propose and here’s how we propose going about making it a reality,” he said.

A variety of resources are available for help with creating a final design.

Allard said that an idea that has been floated is the concept that New Durham is unique due to its natural resources, and could be developed as a recreation-based economy.

“We not only have the cleanest lake in the state,” he said. “We also have over 30 percent of the watershed in conservation and there is additional land being negotiated to increase that. We have extensive trail systems, incredible wildlife areas, hiking, boating, skiing, fishing, and hunting. Do we want to develop the town economically around its natural resources? It’s a well-received idea.”

He said he asks himself as he drives through other towns in the state, if he would like the structures he sees in his own town.

“I don’t want our growth to be all ad hoc,” Allard said. “The committee’s goal is to tie everything together in a unified plan to create a village we can all enjoy and be proud of.”

Laurel Gingrich competes in NCAA Winter Athletics at Albright College

READING, Pa. — Laurel Gingrich of Gilford is a member of the Women’s Swimming team at Albright College this winter. A graduate of Gilford Middle High School, Gingrich is studying Communications: Journalism at Albright.

More than a third of Albright students participate on one of the college’s 24 NCAA Division III varsity sports teams, ranging from football to esports. The red and white Albright Lions are part of the historic Division III, Middle Atlantic Conference (MAC). An additional 10% of students participate in club and/or intramural sports.

The college’s indoor athletic facilities include the Schumo Center for Fitness and Well-Being, the Bollman Center (gym), the Scholl LifeSports Center (indoor four-lane track and field facility with practice courts for other athletic teams) and a six-lane Natatorium (pool) – home of the championship Albright men’s and women’s swim teams.

Named a top national college by U.S. News & World Report, Albright College, Reading, Pa. (founded 1856) is home to engaging faculty who believe that the best academic moments are when students feel inspired and ready to take action. The college’s distinctive co-major program enables students to cross or combine different areas of study, without taking longer to graduate. Study alongside undergraduate students, adult learners and graduate students, and ignite your SPARK at Albright College.

HIGH SCHOOL SLATE

Thursday, Feb. 8

WINNISQUAM
Boys’ Hoops vs. Inter-Lakes; 7
Girls’ Hoops at Inter-Lakes; 6
Wrestling at Kearsarge; 6

Friday, Feb. 9


BELMONT
Boys’ Hoops at Gilford; 6
Girls’ Hoops vs. Gilford; 6
GILFORD
Alpine Skiing at Gunstock; 10
Boys’ Hoops vs. Belmont 6
Girls’ Hoops at Belmont; 6

Saturday, Feb. 10

BELMONT-GILFORD
Hockey vs. Hollis-Brookline-Derry-

field; 4:45
GILFORD
Nordic Skiing at Plymouth; 10:30
WINNISQUAM
Wrestling at Hollis-Brookline; 10
Wednesday, Feb. 14
BELMONT-GILFORD
Hockey at Pembroke-Campbell; TBD
GILFORD
Nordic Skiing at Whitaker Woods; 3
Thursday, Feb. 15
GILFORD
Nordic Skiing at Bishop Brady; 3

All schedules are subject to change.



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HIGH SCHOOL SLATE

Friday, Feb. 9

KENNETT
Boys’ Hoops at Pembroke; 7
Girls’ Hoops vs. Pembroke; 6
KINGSWOOD
Alpine Skiing at Gunstock; 10
Boys’ Hoops vs. Con-Val; 6:30
Girls’ Hoops at Con-Val; 6
PROSPECT MOUNTAIN
Alpine Skiing at Gunstock; 10
Boys’ Hoops vs. Campbell; 6
Girls’ Hoops at Campbell; 6

Saturday, Feb. 10

KENNETT
Boys’ Hockey at Pembroke-Campbell; 7:30
Girls’ Hockey vs. Souhegan; 3:30

Nordic Skiing at Plymouth; 10
KINGSWOOD
Wrestling at Campbell; 9

Monday, Feb. 12

KINGSWOOD
Boys’ Hockey at Sanborn-Epping; 8:30

Tuesday, Feb. 13

KENNETT
Boys’ Hoops vs. Coe-Brown; 6:30
Girls’ Hockey at Pinkerton; 8:10
Girls’ Hoops at Coe-Brown; 5:30
KINGSWOOD
Girls’ Hoops at Souhegan; 6

Wednesday, Feb. 14

KENNETT
Boys’ Hockey vs. John Stark-Hop-

kinton; 6:10
Boys’ Hoops vs. Kingswood; 6:30
Girls’ Hoops at Kingswood; 6
Nordic Skiing at Whitaker Woods; 2:30
KINGSWOOD
Boys’ Hockey vs. Laconia-Winnisquam-Inter-Lakes; 7
Boys’ Hoops at Kennett; 6:30
Girls’ Hoops vs. Kingswood; 6
KINGSWOOD-PROSPECT
Girls’ Hockey vs. Bishop Brady; 4:50

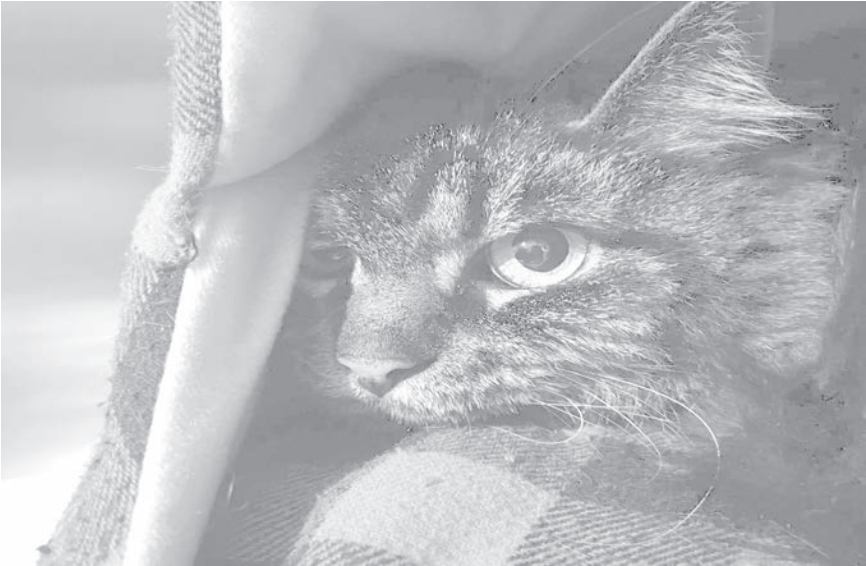
All schedules are subject to change.

PETS OF THE WEEK



Brady

Meet Brady! This handsome pup is eager for a life of adventure in the great outdoors. Brady enjoys spending time in the woods and even making friends with other dogs here at the shelter! He has an easy going personality and would do best with adult friends only.



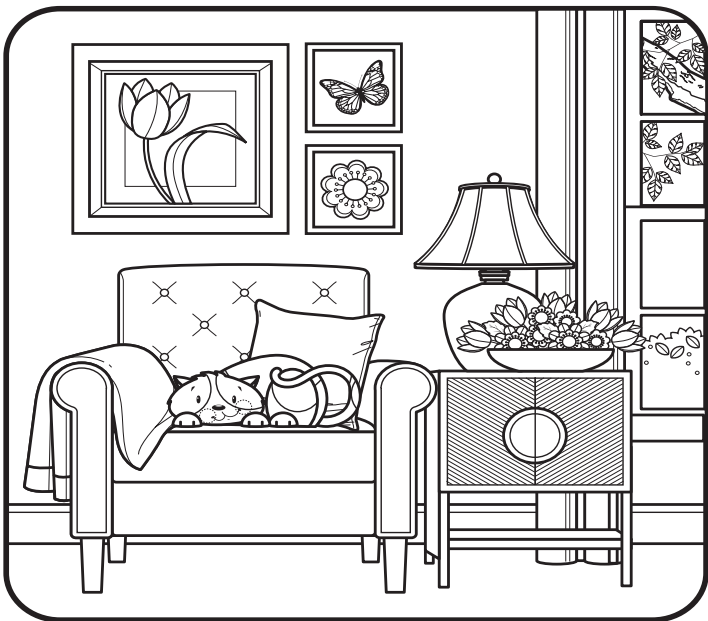
Mia

Meet Mia! This gentle girl is looking for rest and relaxation in her forever home. In Mia’s calm future household, she is hoping for a little extra time to warm up and humans to help build her confidence in a new environment.



Creative Coloring

Color in this picture to create your own masterpiece.



Double Word Puzzle

Unscramble the cat words to reveal the sentence.

TLAI 1 2 3 4 5

WSAP 1 2 3 4 5

UPENOC 1 2 3 4 5 6 7 8

KIREHSWS 1 2 3 4 5 6 7 8 9

1 2 3 4 5 6 2 1 7 2 8

Answers: Tail, Paws, Pounce, Whiskers; Take a cat nap.

THIS DAY IN...



HISTORY

- 1855: MICHIGAN STATE UNIVERSITY IS ESTABLISHED.
- 1909: THE NAACP IS FOUNDED.
- 1915: THE FIRST STONE OF THE LINCOLN MEMORIAL IS PUT INTO PLACE IN WASHINGTON, DC.

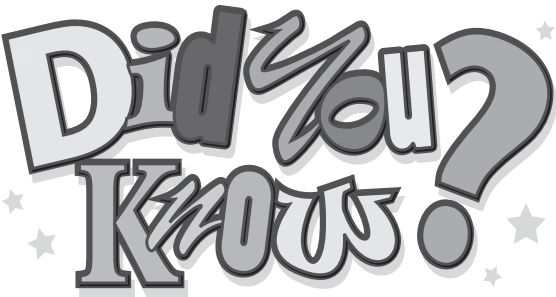


LITTER

a group of young animals born to an animal at one time



- ENGLISH: Fur
- SPANISH: Pelo
- ITALIAN: Pelliccia
- FRENCH: Pelage
- GERMAN: Fell



THE THICK, SOFT PADS ON CATS' PAWS ALLOW THEM TO SNEAK UP ON THEIR PREY BY WALKING VERY QUIETLY.



Can you guess what the bigger picture is?

ANSWER: CAT FACE

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to Valentine's Day. Each number corresponds to a letter. (Hint: 11 = C)

A. 1 16 13 13 20 1

Clue: Candy

B. 14 5 6 3 7 11 13

Clue: Excitement about love

C. 11 3 14 9

Clue: Offers a greeting

D. 11 15 5 11 5 18 3 20 13

Clue: Rich and creamy treat

Answers: A. sweets B. romance C. card D. chocolate

SUDOKU

	5	3						
		4				2	8	
					6	9		
7		9						
3		1	5	8				9
			1			6		
			3		4	7		1
			6		1		3	

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	3	8	1	6	7	5	9	4
3	2	9	5	4	6	1	8	7
6	4	7	9	1	3	8	2	5
1	9	3	6	2	4	7	5	8
8	7	6	3	9	1	5	4	2
9	5	4	2	1	6	3	8	7
4	2	9	8	7	5	6	1	3
5	1	6	3	2	4	9	8	7
7	8	9	4	6	5	1	3	2

ANSWER:

PROSPECT
(continued from Page A1)

buckets for the Knights to start the third quarter but Cormier responded for the Timber Wolves. After Eakle hit another hoop, Cormier connected for the hosts and Sheing drilled a three-pointer. Joy Peterson got the final basket of the quarter for the Knights and Prospect's lead was 48-18 heading to the final eight minutes.

Eakle drilled a three-pointer to start Kingswood on a 9-0 run to open the fourth. Laing and Christakos-Tate each had baskets and Christakos-Tate also finished off his own steal, cutting the lead to 48-27.

Nason brought the

crowd to its feet with a three-pointer from the top of the key before Christakos-Tate turned consecutive steals into baskets for the Knights. Sandborn drilled a three-pointer for Prospect, then Christakos-Tate and Cormier exchanged hoops to close out the scoring, with Prospect getting the 56-33 win.

Nason finished with 19 points to lead the Timber Wolves while Sheing added 14 and Cormier finished with 12. Christakos-Tate led the Knight charge with 14 points.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

GILFORD
(continued from Page A1)

Article 6 would purchase an excavator with accessories for \$150,000.

Article 23 would change the sales allocation formula for the sale of cemetery plots. Under the article the current formula would be rescinded and changed so that 25 percent of the fees from the sales of cemetery plots would be deposited into the town's Cemetery Trust Fund. Of that fund's balance, 75 percent would be put into the general fund to offset yearly maintenance expenses.

Article 24 would adopt the proposed Gilford Community Power Electric Aggregation Plan and authorize the selectmen to implement that plan. The plan would allow the town to join the Community Power Coalition of New Hampshire to provide savings in the power supply lines of resident's power bills. A full copy of the plan can be found at <https://www.gilfordnh.org/news-item/Town-of-Gilford-Community-Power-Electric-Aggregation-Plan-1611>.

Article 25 would raise the income limits for the Elderly Tax Exemption. The income limit for a single person would go from \$25,000 to \$30,000 and the married income limit would go from \$35,000 to \$45,000. The single asset limit would raise from \$90,000 to \$100,000 and the asset limit for married people would go from \$90,000 to \$110,000. The exemption amount for people ages 65-74 would raise from \$45,000 to \$55,000. For ages 75 to 70 the exemption amount would go from \$75,000 to \$85,000. People ages 80 plus could

get an exemption of \$85,000, an increase from the original \$75,000. The age limits would apply for those who are eligible.

Under Article 36 the optional veterans tax credit for those with a total disability connected to service would go from \$2,000 to \$4,000 with the amount subtracted from the person's property taxes.

Article 29 would convey a piece of town owned property on Alvah Wilson Road to The Home Possible Project to construct housing for adults with developmental disabilities. The transfer would take place for \$1 an under



Benjamin Cormier dribbles the ball into the paint during action last week against Kingswood.



Thomas Sheing puts up a shot during action last Wednesday afternoon.

WEATHER
(continued from Page A1)

conditions would be slippery.

Alton Public Works reported getting an inch and a half to two inches of snow followed by freezing rain. Crews went in earlier that day with groups returning to treat problem areas, work on gravel roads, and be available for emergencies.

Crews were back out overnight into Jan. 25

and back in the morning to scrape and treat roads. Motorists were advised that the rain could dilute salt mixtures and advised to be careful on the roads.

Alton crews cleaned up after another storm that dropped six to eight inches of snow. Crews scraped and treated roads through into the morning of Jan. 29.

The department did experience the breakdown of its sidewalk machine, resulting in sidewalks being taken care of later than expected.

In the meantime, the weather has resulted in bumpy ice conditions for local rinks.

Barnstead Parks and Recreation has been working to get its ice rink open. Parks and Rec reported on its Facebook page on Jan. 30 that the rink was open, but the ice was bumpier due to the weather. Crews were out to skim snow off the

ice.

A few days later the rink was closed in anticipating that cooler evening temperatures would freeze over the ice. The department looked for people to help work on the rink, including spraying water on the ice to create a smoother surface. The rink was still closed as of Feb. 3 with the hope that it would be open later.



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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

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COURTESY

On to the next chapter

After being a familiar face and dedicated worker at the New Durham Public Library since 2015, Administrative Assistant Sheryl Bansfield hung up her “Due Date” stamp and retired last week. Members of the Library Trustees attended her send-off party, recognizing her years of service. Left to right: Patrice Mitchell, John Michaud, Bansfield, Bill Meyer, and Marilee DeCoff.

HELP WANTED

Shaker Regional School District Lead Custodian – Belmont High School

Perform cleaning duties according to an established schedule. Also responsible for removing snow, sanding, and salting, as necessary, during the winter months. Must be reliable, have the ability to work independently, and to follow written and verbal instructions. Reliable transportation is required. This is a year-round position; \$17.87 per hour; 8 hours/day. Participation in the NH Retirement System is required.

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For Advertising Information
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Moultonborough Public Library Youth Services Assistant Opening

Moultonborough Public Library seeks a community-oriented, outgoing, creative, and tech-savvy individual to serve as the Youth Services Assistant.

This is a part-time position (20-24 hours per week).
Starting salary is \$16-\$18.50 per hour.

Send cover letter and resume to director@moultonboroughlibrary.org.
More information at moultonboroughlibrary.org.



Full-Time Installers Apprentice

Energysavers Inc, a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

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Rotary to host presentation on Alton's Master Plan

ALTON — Three members from Alton's Master Plan Committee — Robert Regan, Russ Wilder, and Kellie Sullivan — on Thursday, Feb. 15, 5:45 p.m., will present Alton's 10 year Strategic Master Plan to the public. The presentation will be held at Alton's Community Center, 7 Pearson Rd. The program is hosted by the Alton Centennial Rotary Club and open to the public, free of charge.

The 155-page, advanced planning Master Plan report, was guided by the process, purpose, and scope required to develop a 10-year vision for Alton. The Master Plan report is required by state law and assigned to the MPC to be developed by Alton's Planning Board. It's a long-range framework on guiding Alton's future. Some of the subjects, open for Q&A, include Alton's water resources, fish and wildlife habitats, scenic resources, conservation, preservation, site planning and regulations, recreation and community facilities, etc.

Seating for the presentation is limited, and reservations are required. To reserve a seat contact: Duane Hammond, 569-3745, no later than Feb. 13.

Vanessa Flanders earns SUNY Cortland Dean's List honors

CORTLAND, N.Y. — Vanessa Flanders of Gilford was named to the Dean's List at SUNY Cortland for the Fall 2023 semester. Vanessa is studying Exercise Science.

More than 2,800 students earned recognition for academic excellence on the SUNY Cortland Dean's List for the Fall 2023 semester. The Dean's List is the highest ranking for undergraduate students in their respective academic areas of the university. Students must earn a minimum 3.3 grade point average for the semester to make the list.

Each of SUNY Cortland's three schools publishes its own Dean's List. They are the School of Arts and Sciences, the School of Professional Studies and the School of Education.

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Help Wanted

Kingswood announces second quarter honor roll

WOLFEBORO — Kingswood Regional High School is pleased to announce the following students have met the criteria for honor roll for the second marking period ending January 30, 2024. All students who earn a numerical quarter grade of 93 to 100 in all classes will receive Highest Honors recognition. All students who earn a numerical quarter grade of 84 to 92 or higher in all classes will receive Honors recognition. Congratulations to our honor roll students!

Highest Honors
Grade 12: Dominic Alberto, Celina Brown, Caitlyn Carroll, Brady Clarke, William Crane, Riley Davis, Aaron Desmond, Marisole Duran, Lucy Edwards, Samuel Frazier, Christiana Gardiner, Olivia Griffin, Adrianna Guldbrandsen, Hannah Hartley, Damion Hodgdon, Keegan Kilkelly, Haleigh Lindsay, Jaylynn Lizotte, Kallen Malone, Emily Matos, Cole Murray, Joshua Nelson, Noah Silva, Noah Swenson, Ana-ka Waldron, Carrigain Williams, Marquis Wil- liams, Landon Young.
Grade 11: Jennifer Baldwin, Alivia Blaney, Caleb Brenner, Jacob Brown, Isabella Bush, Edward Evans, Evan Harrington, Summer Inman, Spencer Kelly, Samuel Keniston, Oli- ver Kolodner, Addison Lawlor, Benjamin Livie,

Jaylin Lovering, Emma Pinard, Sierra Rose, Maia Tomanek, Bradley Tuttle, Ailena Urquhart, Jiner Zhuang.
Grade 10: Timilehin Abere, Annika Akey, William Blake, Liam Brown, Malcolm Clark, Nathan Cloos, Alexan- der Cronin, Nathaniel Demain, Brynn Demers, Nelson Edwards, Isa- belle Fournier, Michael House, Kylee King, Jor- dyn, Martineau, Cooper McCourt, Jacob Moody, Oliver Noel, Dean Rich- ards, Ayla Robinson, James Rogers, Gianna Santangelo, Evan Thur- ston, Joseph Vasco, Au- drey Wood, Benjamin Wright.
Grade 9: Mathew Ames, Lexi Baker, Ellie Brown, Andrew Cann, Kayla Cegielski, Kelsie Davis, Kilee Davis, Jacob Dubuc, Sophia Dupell, Avery Gilpatrick, Adelle Harrington, Hayden Herbert, Adaline King, Caroline Kinzmaier, Payton Leclair, Caden McAllister, Maya Nolin, Zachary Pickle, Ryan Santerre, Acacia Scott, Eva Scott, Ava Waldron.
Honors
Grade 12: Sarah Ar- bour, Kayla Armstrong, Hailey Bilodeau, Rylee Booth, Connor Camp- bell, Danika Chominski, Aiden Cummer, Andrea Daggett, Trevor DeHav- en, Emerson DeNitto, Kerri Dureau, Benjamin Ford, Clyde Forgy, Isa- bella Garry, Caleb Gibbs, Elliott Giessler, Jackson

Hall, Ethan Huffman, Carley Johnson, Ame- lia Kilmister, Karleigh Klaft, David Lehmann, Charlotte Ling, Spencer Manchester, Cheyanne Morin, Megan Ouellette, Norie Jo Perkins-Le- vasseur, Tyler Phinney, Emma Prentice, Keegan Quinn, Vanessa Rogers, Brooke Tasker, Flavia Tomanek, Haven Varney, Katharine Viands, Liam Walsh, Neil Whitcomb.
Grade 11: Gavin An- derson, Lacey Arno, Isa- iah Arsenault, Sophia Baca, Matilda Bellin- ton, Kadence Blodgett, Emily Brown, Norah Brown, Corey Chapman, Spencer Clark, Keagan Cole, Maya Colson, Jack Dolliver, Rowan Dono- van-Laviolette, Hayden Eastman, Grayson Gil- patrick, Avery Gregory, Katherine Haley, Kris- tine Huarac, Savannah Hughes, Justin Jenkins, Caden Laing, Jack Lar- son, Noah Leighton, Stella Lunt, Liam Moore, Jackson O’Keefe, Saman- tha Petit, Richard Piper, Kylie Rapoza, Sebastian Roberts, Kylie Ruths, Calvin Sanft, Morgan Sprince, Riley Stevens, Zachary Stipo, Landen Tedesco, Adriane Teves, Hannah Vachon, Susan Wetherald, Eva Zavvas.
Grade 10: Samuel Baca, Jocelynn Benevi- des, Thomas Benker Sa- mantha Bennett, Miley Bentley, Ryker Booth, Thomas Bronson, Gra- ham Burke, Andrew Curtis, Allison Doherty, Kaden Duque, Hailey

Hartford, Cali Hughes, Jayda Hughes, Vaega Johnson, Rider Les- lie, Lillyanna Lowton, Brendan MacPhee, Jack Marks, Brady Moulton, Chris Mullen, Olivia Pedersen, Bryan Pur- ington, Liam Rauschnot, Bryce Sandlin, Grady Steele, Faith VanAuken, Grady Whitcomb, Colvin Williams, Julia Young.
Grade 9: Taylor Allar, Adelyn Arsenault, Lain- ey Clarke, Kristin Coo- per, Elliott Crouse, Tay- lor, Culverhouse, Liza Demain, Vincent DeVito, Isabella Dickey, Caleb Duford-Stevens, Ella Eastman, Tucker Eaton, William Edwards, Lau- ra Fernandes, Izabella Forest, Elizabeth Gagne, Isaac Gagnon, Saige Griffin, Opal Grupp, Brody Hanson, Myesha Harley, Victoria Hicks, Aaron King, Kiernan Kolodner, Avery Kun- zler, Lindsey LaPierre, Emma Lewis, Morgan Lewis, Cassidy Libby, Cameron Lopes, Rinna- pa Malika, Ethan Mar- coullier, Jocelynn Mayo, Paisley McInnis, Nicolas McPhee, Hayden Mer- row, Aidan Nelson, Cia- ra Noble, Giselle Nunez, Saylee O’Blenes, Myles O’Keefe, Kaylee Pert, Pe- ter Prentice, Rhian Scul- ly, Kurtis Sheffer, Aiden Simon, Katelynn Stys, Cameron Tuttle, Jay- Lynne Wallace, Izabela Wright.

Fourth Annual Camp Constitution Ladies’ Spring Fling set for April 12-14

ALTON — Camp Constitution Ladies’ Fourth Annual “Spring Fling” will be held at the Alton Bay Christian Conference Center, Alton Bay <https://altonbay.org/> from Friday, April 12 to Sunday, April 14.

Our guest speaker will be Dr. Felecia Nace. Dr. Nace is the author of several books, including “Top Down Confusion: Is Gray the New Pink in Education?” Her presentation explores mixed messages in education that filters down from the government which leaves educators Dr. Nace is a former language arts teacher of the Montclair Public School District, N.J. She was also employed as an Education Specialist for 13 years at the New Jersey Department of Education, worked for five years as an adjunct professor at Mercer County Community College, English Department and is currently the Executive Director of Partners 4 Educational Change, an education consulting firm.

Activities include arts and crafts, Bible studies, optional marksmanship training, and an evening campfire. The cost for the weekend which includes two nights of lodging, five meals and materials will be \$200. per person. Payments can be made via our PayPal account accessed from our website’s home- page <http://www.campconstitution.net> or by check payable to Camp Constitution and mailed C/O Hal Shurtleff146 Powder Mill Rd., Alton, NH 03809. To get an application, bring list, or have any questions, please e-mail or call Hal Shurtleff at campconstitu- tion1@gmail.com Tel (857) 498-1309

Reece Sadler makes Bentley University President’s List

WALTHAM, Mass. — Reece Sadler, a Finance & Economics major at Bentley University from Gilford, has been named to the Fall 2023 President’s List. Sadler is a 2022 graduate of Gilford High School and is the daughter of Casey and Lori Sadler from Gilford. The President’s List at Bentley University is a prestigious academic honor that recognizes full-time students who complete at least 12 course credits in a semester with a qualifying, unrounded grade point average of 3.7 or better and with no grade below B.

Local residents named to Dean’s List at Saint Michael’s College

COLCHESTER, Vt. — The following local students were named to the Dean’s List at Saint Michael’s College for the Fall 2023 semester. Students who com- plete at least 12 credits of classes and achieve a grade point average of at least 3.5 in a particular semester are cited on the Dean’s List for that semester.

Rocky	Gagne	of	Alton
Willow H. Quindley of Alton			
Erin	B.	Madden	of Gilford
About Saint Michael’s College			

Saint Michael’s College, founded on principles of social justice and leading lives of purpose and consequence, is a selective, Catholic college just outside Burl- ington, Vermont, one of the country’s best college towns. Located between the Green Mountains and Lake Champlain, our closely connected community guar- antees housing all four years and delivers internationally respected liberal arts together with an innovative Purposeful Learning Program, preparing students for fulfilling careers and meaningful lives. Young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other, and their world.

LEGAL NOTICE

February 1, 2024
STATE OF NEW HAMPSHIRE
DEPARTMENT OF ENVIRONMENTAL SERVICES
WATER DIVISION
CONCORD, NEW HAMPSHIRE

NOTICE OF PUBLIC HEARING
RSA 482-A:8, Env-Wt 202, Env-C 205.03

The New Hampshire Department of Environmental Services Wetlands Bureau (NHDES) is providing notice of a public hearing scheduled for February 16, 2024, commencing at 2:00pm. The hearing will be held at NHDES, Room 208C located at 29 Hazen Drive in Concord, NH.

The purpose of this public hearing is to receive public comments re- garding NHDES application #2023-02605, submitted by Eversource Energy, requesting to replace 67 structures (in wetlands) and overhead wires along its existing S136 transmission line and proposes 1,244,658 square feet (28.57 acres) of temporary impacts (1,017,700 square feet of impacts to scrub-shrub wetlands and 226,958 square feet of impact to emergent wetlands) and 2,760 square feet of permanent impacts to wetlands. Approximately 12.1 acres of the temporary impacts and 1,240 square feet of the permanent impacts are proposed within Priority Re- source Areas and 14.5 acres of the temporary impacts are proposed within Histosol Wetlands. The proposed project extends from White- field through Jefferson, Randolph and Gorham, to Berlin, and includes impacts to Pondicherry Wildlife Refuge (Whitefield).

The public hearing will be digitally recorded and made part of NHDES application #2023-02605.

Members of the public may submit written comments to be included in this application hearing as follows:
• Email: WetlandsApplicationPublicComments@des.nh.gov,
• First-class mail: NHDES, 29 Hazen Drive, PO Box 95, Concord, NH 03302-0095, or
• Hand-delivered during this application hearing.

All written comments must include NHDES application #2023-02605, to ensure the written comments are included in the record of this application hearing.

Prior to the conclusion of the hearing, a party may request the record be left open for a specified length of time for the filing of information not available at the hearing. Otherwise, the record will be closed at the end of the hearing.

The file will be made available for review at the offices of NHDES, 29 Hazen Drive, Concord, NH during regular business hours of 8 a.m. to 4 p.m. To schedule an appointment to review the file, submit a request to: filereview@des.nh.gov.

Gilford Community Church formally recognizes several members

GILFORD — At its recent annual meeting, the Gilford Community Church recognized several members with their “Outstanding Volunteer Award.” The 2023 award recipients are Jim and Anne Colburn, Jessica Fleck, Nancy Milligan, and Warren Hutchins, each of them having served the church in a variety of capacities over the years.

Rev. Graham said they have given so much of themselves to the church and our larger community, commenting “I cannot imagine our church without them; their willingness to use their gifts to enrich our community is inspiring.”

Jim Colburn leads the church group that prepares meals for Isaiah 61 Café.

“Jim,” Graham said, “prepares meals that you would enjoy in a fancy restaurant. I know the guests always look forward to the meals when he cooks. Jim also comes over early every Sunday morning, to start the coffee. And Anne has done



so many different things over the years, several sewing projects for the church, and has donated beautiful quilts for the church fairs. She is also famous for her deviled eggs, which she frequently brings to coffee hour.”

Church Council Chair, Sue Allen, reflects

on how extremely fortunate we are to have Jessica Fleck as the Chair of our Outreach Committee, she has served in that capacity since 2013.

“Under her leadership, the Outreach Committee works year-round to meet the needs of others, locally and beyond, with the goal of mak-

ing a difference in their lives,” said Allen.

Nancy Milligan has served on the Care and Concern Committee since 2017. Her committee assists with transportation for medical appointments, delivering meals, and visiting members, just to name a few things they do.

Allen added, “With Nancy’s warm smile and gentle ways, I am certain many have found comfort receiving a note, a phone call, or a friendly visit from her during the time she has served on that committee.”

“Warren Hutchins has spearheaded so many important projects at the church,” Graham said. “He was an integral part of our expansion committee, he helped the church install energy efficient LED lighting throughout our campus and was involved with the installation of an air purification system in response to Covid-19. Most recently, he and Al Rollins, were the key players in the church’s solar panel installation which has significantly reduced the church’s energy footprint.”

We are so grateful for each of their contributions to the church. Truly our membership is the church’s greatest asset.

Located in Gilford at 19 Potter Hill Rd, Gilford Community Church (GCC) is an inclusive, open community that welcomes believers and doubters, seekers and skeptics, young and old. Viewable live on Facebook, Sunday service takes place at 10 a.m. To learn more about GCC, or virtually attend service, visit gilfordcommunitychurch.org.

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