

Newfound Landing

THURSDAY, JANUARY 11, 2024

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COMPLIMENTARY

Voices Against Violence announces new Executive Director



Tina Mulleavey and Meg Dugan

COURTESY

PLYMOUTH — Voices Against Violence, the local nonprofit crisis agency serving eastern Grafton County, is pleased to announce the appointment of Tina Mulleavey as its newest Executive Director. Tina will be succeeding Executive Director, Meg Kennedy Dugan, who is transitioning to a new professional endeavor. Voices wants to extend a heartfelt thanks to Dugan, who has led the agency for over a decade, and has made an immense impact on our local community.

Mulleavey brings a wealth of experience and a proven track record of compassionate leadership. Notably, Tina has been an integral part of Voices for nearly two decades, most recently serving as Client Service Coordinator. She has played a crucial role in overseeing programmatic and direct services, fostering connections with survivors, and ensuring that all individuals seeking assistance receive the utmost respect and dignity.

Expressing her enthusiasm for the role, Mulleavey states, "I am grateful for the opportunity to make a deeper impact at Voices, continuing the vital work to break the cycle of violence in our community."

Dugan commends Mulleavey's dedication, stating, "Tina has a genuine passion for the mission of Voices Against Violence, and I leave Voices in capable hands. We could not have chosen a more suitable person to lead the organization, and I am thankful

SEE VOICES PAGE A14

Ashland School Board signs off on warrant articles

BY DAVID RUELL
CONTRIBUTING WRITER

ASHLAND — At their Jan. 2 meeting, the Ashland School Board approved the warrant articles for the annual School District meeting, allocated funds for unanticipated special education costs, held the first reading on new and amended policies, and learned of school activities.

The School Board reviewed drafts of six warrant articles for

the annual school district meeting. They decided to eliminate appropriations for three expendable trust funds, for homeless transportation, for special education, and for school safety and facilities maintenance. The Board approved just three warrant articles, the first for the election of school officers, the second setting the salaries of those officers, and the third for the proposed \$4,505,844 budget for the 2024-2025 school year. These articles will be

discussed at the deliberative session scheduled for 6 p.m. on

Tuesday, February 6, in the school cafeteria.

The Board started its meeting with a brief public hearing on using \$96,077 from the special education expendable trust fund for unanticipated special education costs. The public (an audience of one) expressed no opinion on the subject, and the Board voted to

SEE ASHLAND PAGE A14

Tapply-Thompson Community Center receives grant support

BRISTOL — This past year has been an amazing reflection of a community that cares for one another, as you have answered the call each and every time we have asked. Whether it was with 'Days of Giving' online fundraisers, such as NH Gives and Giving Tuesday; our special events, such as Santa's Village and Apple Festival; or our fund drives, like our recent and ongoing Annual Fund Drive. You have risen up and helped us to reach our goals this past year time after time, we are truly thankful and feel blessed to be a part of this Community.

The TTCC was awarded several grant awards this past year, beginning with the NH Electric Co-op helping to fund our Westward Bound Teen Expedition Program. The Newfound Area Charitable Fund, the Plymouth Rotary Club and Tilton Walmart all helped to fund the



COURTESY

An architectural rendering of the planned renovations to the exterior of the Tapply-Thompson Community Center

Westward Bound project as well, as we also received amazing support from area sponsors.

The Bank of New Hampshire awarded TTCC a grant for our 'Caring for Community' program, which is a combination of Every Child is Ours and Operation Warm, -Winter Clothing Drive. We also received funding from the Merrimack County Savings Bank Foun-

ation, the Meredith Village Savings Bank Fund, Speare Memorial Hospital and the Mary Louise Billings Trust for the Every Child is Ours program. The Plymouth Walmart has been a very generous supporter of Every Child is Ours, periodically donating hundreds of dollars' worth of food to the program.

TTCC was recently awarded a \$20,000 grant from the NH Charitable

Foundation, and has begun renovation work at the Community Center made possible from a substantial award from the NH Community Development Finance Authority (CDFA). We received awards to help fund our scholarship program and just received a \$10,000 grant from the Madelaine von Weber Trust for our new music program. We are very thankful for all our community partners.



JOSHUA SPAULDING

Christian Duba fires off a shot in action against Belmont last Thursday afternoon.



JOSHUA SPAULDING

Zeke Shedd dribbles the ball during action last Thursday afternoon against Belmont.



JOSHUA SPAULDING

Ryne Foster defends in action against Belmont last week.

Unified Bears survive good battle from Belmont

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound and Belmont unified hoop teams gave fans a good show in the first game of

the season on Thursday, Jan. 4, with the host Bears pulling away late for a 32-23 win over the Raiders.

Ryne Foster got things going for Newfound with a hoop before Belmont's David Lacey hit a free throw

to cut the lead to one. Foster and Zeke Shedd connected on hoops for the Bears to push the lead to 4-1 before Christian Marrone drilled a shot for the Raiders

SEE BEARS PAGE A14

Bobcat boys start 2024 with a pair of wins

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Plymouth boys' basketball team had a good first week of 2024, picking up wins over Milford and Con-Val.

The Bobcats hosted Milford on Tuesday, Jan. 2, and finished out the 67-40 win. Turner Oldenburg finished with 16 points to lead the Bobcats while Dylan Webster and Johnny Flaherty each finished with 14 points. Luke Legacy added eighth points and Chance Twomey added six points.

the week with a road trip to Peterborough and dispatched the Cougars by a 62-54 score.

Twomey led the way for the Bobcats with 18 points, with Legacy chipping in 13 points and Flaherty adding 12.

Plymouth is back in action on Friday, Jan. 12, at home against Kingwood at 6 p.m. and will be at Merrimack Valley on Tuesday, Jan. 16, at 6:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bear alpine girls third, boys fourth at Gunstock

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Newfound alpine ski team kicked off 2024 with a trip to Gunstock for a meet on Friday, Jan. 5. The meet consisted of two morning runs of giant slalom and a run of slalom in the afternoon.

The Newfound girls finished third in both races while the Bear boys finished fourth in both races.

In the morning giant slalom, Elle MacDonald finished in fourth place overall with a time of 1:02.83, while Adeline Dolloff skied to 11th place with a time of 1:07.03. Addison Alpers finished in 13th place with a time of 1:08.1 and Ceili Irving rounded out the field of Bears with a time of 1:13.32 for 24th place overall.

In the afternoon slalom, MacDonald finished in second place overall with a time of 31.98 seconds, with Alpers in 11th in a time of 37.49 seconds. Dolloff was 13th in a time of 38.26 seconds and Irving was

14th overall in 39.86 seconds.

For the Bear boys in the giant slalom, Cameron Ehmman was tops, finishing 11th overall in 1:05.61 and Colin Foster placed 13th in 1:05.06. Beckett VanLenten was 15th in 1:07.12 and Broderick Edwards rounded out the scoring in 24th place in 1:12.36. Wyatt Towne finished in 33rd place in 1:31.71.

Ehmman led the Bears in the afternoon slalom as well, placing 13th in 34.15 seconds. VanLenten finished in 15th place in 34.8 seconds and Edwards was 17th in 35.6 seconds. Foster finished out the scoring with a 29th place finish in 41.02 and Towne placed 40th in 50.57.

The Newfound boys and girls will be back in action on Thursday, Jan. 18, at 9:30 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Flynn wins high jump at PSU meet

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — Members of the Plymouth track team competed in a meet at Plymouth State University on Saturday, Dec. 30.

In the 55-meter preliminaries, Gabe Kean was seventh with a time of 7.1 seconds and then

finished sixth in the finals in a time of 7.06 seconds.

Tate Hayman was 13th in the 300 meters in a time of 43.41 seconds and also placed eighth in the 600 meters in a time of 1:35.03. Graeme Burtis finished in 17th place in the 1,000 meters in a time of 3:26.18 seconds.

Kean was also second in the high jump at six feet and in the 1,500 meters, Abraham Hankens

was eighth in 5:04.96. Hayman finished in fourth place in the long jump at 17 feet and was 22nd in the shot put at 19 feet, 5 inches.

For the Bobcat girls, Reagan Sutherland was 22nd in the 300 meters in 53.98 seconds and Maggie Pitman was 23rd in 55.98 seconds. Sutherland also finished in ninth in the 600 meters in 2:08.68 and fourth in the 1,000 meters in 3:28.91. Pitman was

seventh in the 55-meter hurdles in a time of 12.13 seconds.

Anelie Flynn got the win in the high jump at four feet, eight inches.

Plymouth is back at it at Plymouth State on Saturday, Jan. 13, at 10 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Bears stumble in return to regular season action

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Newfound boys' basketball team returned to regular season action on Friday, Jan. 5, traveling to Winnisquam to take on the Bears of the blue and white variety, a rematch of the opening round of the holiday tournament in Gilford.

While the first half wasn't too bad for the green and white Bears, the second half saw things fall apart as the hosts took the 69-35 win.

Winnisquam held an 8-5 lead after one quarter of play and then led 26-12 at the halftime break before breaking things open with 28 points in the third quarter for the 54-29 lead and the fourth quarter finished with Winnisquam getting a 15-5 advantage for the 69-35 final score.

Jayden Belyea led the Bears with seven points on the evening while Calvin Colby and Landon Sargent each chipped in with six points.

Newfound returns to action today, Jan. 11, at home against Kearsarge at 6 p.m. and then hosts Belmont on Tuesday, Jan. 16, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Halle Kozak earns Dean's List recognition at Ohio Wesleyan University

DELAWARE, Ohio — Halle Kozak of Wentworth has been named to the 2023 fall semester Dean's List at Ohio Wesleyan University.

To earn Dean's List recognition, Ohio Wesleyan students must achieve a grade point average of 3.5 or better on a 4.0 scale in all applicable classes.

Founded in 1842, Ohio Wesleyan University is one of the nation's premier liberal arts universities. Located in Delaware, Ohio, the private university offers more than 70 undergraduate majors and competes in 24 NCAA

Division III varsity sports. Through its signature program, The OWU Connection, Ohio Wesleyan teaches students to integrate knowledge across disciplines, build a diverse and global perspective, and apply knowledge in real-world settings. Ohio Wesleyan is featured in the book "Colleges That Change Lives" and included on the U.S. News & World Report and Princeton Review "Best Colleges" lists. Connect with OWU expert interview sources at www.owu.edu/experts or learn more at www.owu.edu.

PETS OF THE WEEK



Brady

Meet Brady! This handsome pup is eager for a life of adventure in the great outdoors. Brady enjoys spending time in the woods and even making friends with other dogs here at the shelter! He has an easy going personality and would do best with adult friends only.



Ginny Mae

Meet Ginny Mae! Ginny Mae made the trip all the way from Louisiana to find her way into your heart! She would do well with an outgoing cat to help her gain confidence. She's easy to win over with a gentle voice and lots of treat offerings.

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Roche Realty Group reports more than \$150 million in sales

MEREDITH — Frank Roche, President of Roche Realty Group, Inc., with offices in Meredith and Laconia, has reported sales for the 12 months ending Dec. 31. The firm produced a sales volume of \$150,241,590, involving 302 transaction sides. Roche Realty Group has participated in over 10,000 transactions since its inception.



“I attribute the strong sales in a very difficult market to our dedicated real estate professionals and our hard-working administrative and marketing staff. Their commitment to superior service day in and day out certainly made things happen. The company averaged \$2.9 million in sales volume per week during 2023. The average selling price amounted to \$497,489,” Roche said.

Roche continued, “We were fortunate that we experienced a good year considering real estate transaction volume was down considerably statewide. The extreme shortage of available properties for sale and the increase in interest rates created a very competitive and difficult market. This past year, the company continually upgraded its technology with the newest Matterport 3D System, a second high-definition drone, and upscaled photography and videography equipment for videos on YouTube, Instagram, Facebook, and our presence on over 80 national and international websites. One thing that separates us from our competition is we produce walk-through video tours, Matterport 3D Tours, drone and en-

hanced photography for all of our listings. All of this custom marketing is performed in-house for professional results and quick turnaround with state-of-the-art equipment.”

We have received great feedback from our clients and acquaintances regarding our website’s informative real estate blogs. They are the most comprehensive in the Lakes Region, providing a wealth of information about the towns and communities in the region, real estate statistics, and statewide information.

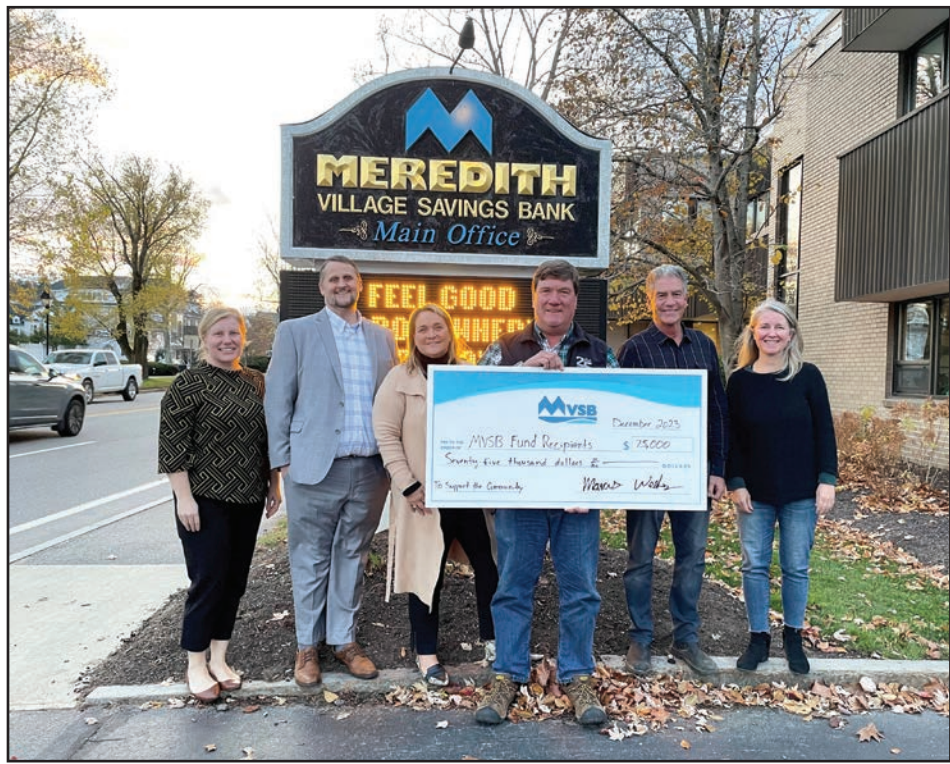
Looking at the activity statewide for the past 12 months, there were 11,607 single-family home sales with a median selling price of \$470,000 with only 8 median days on the market, and the total sales volume was \$6,546,877,460... that’s a lot of transfer tax for the State of New Hampshire at \$15 per 1,000! The highest sales price was on Lake Winnepesaukee in Meredith at Spindle Point for \$14 million.

For condominiums statewide, there were 3,835 sales with a median selling price of \$380,000 with only six median days on the market, and the total condo sales volume was \$1,705,041,999.

The highest sales price was \$5,790,000, located on Bow Street in Portsmouth, which included 5,600 square feet.

For commercial stateside, there were 346 sales with a median sales price of \$402,500, 76 median days on the market, and a total sales volume of \$249,161,252. The highest sales price was \$9,350,000, and it was located on Hawthorne Drive in Bedford.

Roche commented, “2024 will be a real interesting year as the Federal Reserve could pull off the impossible: a soft landing. We saw the most painful inflation in the past two years since 1981. It seems the Fed could achieve its mission of defeating it. There will likely be bumps in the road. There are many geopolitical risks worldwide, wars, and a critical election year. The rate hiking campaign from the Fed began in March 2022 when the benchmark rate rose 11 times, and hopefully, it’s over. When the Fed meets in March or at least by mid-year, we will begin to see some cuts in the interest rates, and most importantly, we might see some more real estate inventory coming on the market...it will be an interesting year.”



From left, MVS Fund Committee members Beth San Soucie, Marcus Weeks, Cara Burzynski, Charley Hanson, Michael O’Leary, and Carmen Lorentz stand outside of the MVS Main Office in Meredith.

MVSB Fund awards grants to 40 local nonprofit organizations

R E G I O N — The MVSB (Meredith Village Savings Bank) Fund at New Hampshire Charitable Foundation has awarded \$75,000 to 40 local nonprofit organizations. This includes \$58,000 donated to 23 local agencies and \$17,000 to 17 local food pantries to help address food insufficiency in the Bank’s communities. The grants are in addition to MVSB’s contributions throughout the year in the form of donations, sponsorships, scholarships, and volunteer efforts by employees.

Since 1997, the MVSB Fund has awarded annual grant-based contributions to nonprofit organizations that enrich and improve the quality of lives of residents in the Bank’s service areas. In that time, the program has awarded over 500 grants totaling over \$2 million dollars to a wide range of environmental, social, educational and historic projects throughout the Greater Lakes Region, Plymouth and Seacoast regions.

“New Hampshire is so fortunate to have network of exceptional nonprofits working to address challenges and improve our communities and to provide needed services to local individuals and families,” said Marcus Weeks, MVSB President. “We are very proud to be able to award grants that will help organizations to make meaningful updates, add programming and simply keep up with the growing demand.”

This year’s MVSB Fund grant recipients include:

603 United, Laconia
Awarded \$2,500 to help support 603 United’s relocation to a larger space to support their

growing membership and programs. 603 United is dedicated to creating a community that fosters healthy relationships, healthy lifestyles, and inclusion within the Lakes Region.

Belknap House, Laconia

Awarded \$2,500 to help pilot the Family Mentoring and Resilience Program, which focuses on building resilience for parents and children as a family unit reinforcing familial support and breaking the cycle of generational trauma. The Belknap House is the only family-centered shelter serving Belknap County providing homeless families safe shelter and case management.

Circle Program, Plymouth

Awarded \$2,500 to help support planning, materials and supplies during the week-long Eastward Bound trip. The Circle Program provides a unique combination of residential summer camp and year-round one-on-one mentoring to empower, transform and enrich young girls’ lives.

Community Action Program Belknap-Merrimack Counties Inc., Concord

Awarded \$2,500 to help fund a commercial kitchen for the Laconia Senior Center that will enhance meals for older adults in need of quality nutrition and socialization. The mission of the organization is to work with low-income families and older people to assist them in their efforts to become or re-

main both financially and socially independent in their communities.

Got Literacy Laconia

Awarded \$3,000 to provide books to low- to moderate-household income children enrolled in the Got Lunch! Laconia program. Got Literacy Laconia supports summer reading engagement and improving literacy by distributing literacy materials to children in need of support.

Homeless Center for Strafford County, Rochester

Awarded \$2,500 in operating funds to help offset the cost of increased staffing needed to transition to a year-round shelter. The Homeless Center for Strafford County provides community members and families with shelter, case management, and educational programs that lead to self-sufficiency and permanent housing.

Hospice Help Foundation, Portsmouth

Awarded \$2,500 to help the organization provide
SEE **MSVB** PAGE A10

Join the fun at Plymouth square dances

PLYMOUTH — Come join the fun at the Plymouth Square Dance at Barn on the Pemi, Plymouth, monthly from November to April.

The Plymouth Square Dance has been packing the Barn with a joyous crowd in its second winter season.

David Millstone, with more than 40 years of calling under his belt, will be at the mic. Dance the winter blues away to the lively tunes of top notch musicians: fiddler Jordan Tirrell-Wysocki and pianist Sue Hunt along with sit-in musicians. Come with family/friends or come alone and grab a partner. No experience needed. David will teach you what you need to know to have a barnload of fun.

Four dances remain this winter:
Thursdays: Jan. 4, Feb. 1, March 7, and April 4.
7:30 to 10 p.m. Doors open at 7:15 p.m.

Enjoy complimentary Common Man cheese, crackers, baked goods, ice cream, and hot beverages while they last. Cash bar.

See you on the dance floor!

Location: The Barn on the Pemi, 341 Daniel Webster Highway, Plymouth (next to the Italian Farmhouse). \$15 suggested contribution for the band. Students, limited income \$10-\$12. Please bring a clean pair of shoes for dancing. Face-masks recommended and available at no cost.

For questions, email howe...@gmail.com or call 603-481-0789.

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Opinion

A6 *'The unity of freedom has never relied on uniformity of opinion.'* John Fitzgerald Kennedy

SALMON PRESS, THURSDAY, JANUARY 11, 2024

CADY Corner

Testimony of a neuroscientist & public health advocate on cannabis health harms

BY DEB NARO
Contributor

**Testimony reprinted with permission*

As Executive Director of CADY, and a former legislator, I had the honor of being appointed by the New Hampshire Senate to the Cannabis Study Commission established by HB611. The Commission met weekly and held public hearings from Sept. 8 through Nov. 30. Several subject-matter experts from states that have legalized cannabis shared their expertise with Commission members to inform future legislation. I am sharing the testimony of Neuroscientist and Public Health Advocate, Dr. Amy Turncliff, the first in a series, to increase awareness on the risks and harms of recreational cannabis use.

"Mr. Chairman and Members of the Commission, thank you very much for the opportunity to provide comments based on my knowledge, expertise, and experience. My name is Amy Turncliff. I hold a PhD in neurobiology from the University of North Carolina at Chapel Hill and completed post-doctoral training at Harvard Medical School. My area of expertise is mental health and substance use disorders, with a focus on the impact of cannabis use and cannabis policy on adolescent and young adult behavioral health. I have testified many times over the past 8 years, in my home state of Massachusetts, to educate policy makers on the large body of scientific literature showing serious risk of health harms from marijuana, specifically the main psychoactive component THC, and the worsening of those health harms caused by legalization and commercialization. My motivation for being here is not only professional, but also very personal. I am a 4th generation property owner in NH; my children, ages 16, 14, and 11, are the 5th generation to enjoy summers on beautiful Millen Pond in Washington. And, the White Mountains are my family's favorite playground in all seasons, so much so, that my husband and I purchased a property in Waterville Valley, five years ago.

"While I understand that many believe that legalization and regulation of cannabis will reduce cannabis-related harms of all kind, I can tell you that marijuana legalization and commercialization comes with many unintended consequences, that range from merely annoying to significant health harms. Marijuana legalization changes the look and feel of states, including Massachusetts, in a negative way. Although public consumption is a civil offense, there is inevitably more public consumption and the smell of high THC marijuana (also known as "skunk") permeates, as use becomes more normalized. More public health and safety harm, not less, is a consequence of cannabis legalization and commercialization in every state that has chosen to loosen marijuana policy. Based on my experience and expertise, I will outline several concerns.

"Marijuana, specifically THC, has significant negative impacts for many users, including adults but particularly for adolescents and young adults whose brains are still maturing until the age of 25 or even 30yrs old. Adult behavior influences the behavior of children and adolescents; a recent study showed that maternal cannabis use during a child's lifetime is associated with earlier initiation of use by that child. Based on public health and prevention science, we know that access and availability, perception of harm, perception of peer and parental disapproval, and social norms all contribute to youth decisions about substance use.

"Where cannabis is legal and commercialized, there is more youth use and more heavy use, resulting in more health and safety harms. It is well established in the scientific literature that adolescents and young adults who regularly use marijuana products are at increased risk for addiction to THC and other substances including opioids, negative impacts on cognition, poorer academic performance at both the high school and college level, cannabinoid hyperemesis syndrome (an extremely costly illness), and serious mental health harms including cannabis-induced psychosis, schizophrenia, bipolar disorder, and suicidal thoughts and attempts. The high THC products, defined as greater than 10% THC, that are appealing to young people and make up the majority of the commercial market, pose significantly increased risks to physical and mental health.

"It is now well accepted that THC can induce acute psychosis and is an independent risk factor for chronic psychotic disorders such as schizophrenia. This association meets Bradford Hill criteria for causation. Centuries of good quality data, much from the last decade, show that THC can induce acute episodes of psychosis in a dose-dependent manner, and that the conversion rate from canna-

SEE JUMPWORD PAGE A6



RC GREENWOOD

Overtime win

Landon Custance looks for a passing lane during action on Saturday at Plymouth State against Sanborn-Epping. Brennan Johnson scored in overtime to lift the Cats to the win. They return to action on Wednesday, Jan. 17, in Laconia against Belmont-Gilford at 5:30 p.m.

Letters to the Editor

And we're off...

To the Editor:

We are happy to announce that the demolition project has begun to renovate the main floor of the TTCC! The game room and offices are the first phase and we have relocated our offices to the downstairs where the Nursery School used to be. The new entry for those coming to the office will be the driveway door. The gym is still open so our awesome pickleballers are happy and our afterschool kids can still burn off some energy. It is bittersweet seeing the walls coming down but very exciting to make way for a new & improved TTCC!

This is the first phase of a multi-phase renovation. In the spring we plan to add a new handicap entrance with a lift that will give access to the main and lower level of the building. The existing stairways will be replaced and the retaining wall in the driveway will be fixed and new paving completed.

Many people are asking what our plans are for future expansion to a new building. Yes, we are still

working toward this as our next big project and we were approved for a 1.5 million dollar grant through 2024 Congressionally Directed Spending out of Jeanne Shaheen's office. These funds have not been approved through Congress at this point but we are hopeful that will happen within the next few months.

We have a few options that are being considered for an additional space that could house a full gymnasium and additional programming space. As we have updated information we will be sharing it with the community and asking for feedback on what the community would like to see included.

We are so very grateful to the Newfound Community for the support we have received to help us make this all happen. None of this could happen without you!

Leslie Dion
Tapply-Thompson Community Center
Bristol

We need to prioritize the mental health of our students

To the Editor:

In the ever-evolving landscape of education, students require more than academic proficiency; essential interpersonal and life skills are crucial. As a proud student of Newfound Regional High School (NRHS), I strongly advocate for the passage of the proposed Wellness Policy.

My connection to this community is ingrained in me - my great-grandfather was an architect who designed the addition to Danbury Elementary School in 1984, along with my home before I was born. Having lived in the Newfound area my entire life, my roots here extend back 39 years. Not only am I a student, but I also work at the elementary school. These profound connections fuel my commitment to the well-being of our students.

Having served as the student representative for the NASD Wellness Policy over the past two years, I

am intimately familiar with its provisions. Contrary to misconceptions, the policy doesn't burden teachers with interrupting lessons or assessing students' social and emotional competencies. It provides students with access to the resources they need, allowing them to reach their full potential.

It's evident that Newfound, like the rest of the world, has faced academic challenges primarily rooted in mental health issues. Forty-nine percent of high school students in our district anonymously reported feeling consistently sad or hopeless, surpassing both regional (43.5 percent) and state (44.2 percent) averages. Emphasizing the need for emotional and social wellness, 26 percent of NRHS students anonymously admitted to seriously considering suicide within the last year, exceeding regional (23 percent) and state (24.7 percent) figures.

These statistics underscore the critical role of mental health in academic success. We need school board members to prioritize students, by providing access to mental health counseling and supporting the Wellness Policy. Our academic achievements hinge on a foundation of emotional well-being, and we fervently endorse the policy's implementation.

Thank you,

Tess Sumner
Danbury



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Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Comfort Keepers

Cyber security and seniors: Five tips to protect your senior loved ones

BY MARTHA SWATS

Owner/Administrator
Comfort Keepers

More seniors are spending time online than ever before. Technology can benefit seniors in so many ways – it can help them connect with loved ones, get essential goods and services without leaving their home, and provides opportunities to stay in contact with their communities.

Anyone can be a target for cybercriminals, and there are a variety of ways that attacks can occur. Avoiding scams and predators online is critical for anyone that spends time online, but even more for seniors.

Older adults need to be aware of potential scams and know how to stay diligent while online. According to Cybercrime Magazine, estimated losses from scams on the elderly are thought to cost families 36 billion annually.

Like all powerful tools, the internet and mobile technologies come with some risks. These risks can be managed if users follow some basic rules: Here are five ways that seniors can stay safe online:

Security software – There are a variety of anti-virus and anti-spyware software options that can help protect a senior online. Checking that the program is installed properly is critical, and running updates on a regular basis ensures that new threats are mitigated. It is also important to make sure to update software on computers, tablets, and mobile devices to the latest version when those updates are released. These updates protect users from bugs and provide software patches to protect from hackers.

Limit access to accounts – Scammers often try to steal the personal and financial information that seniors access online. To keep this data secure, users should enable two-factor authentication where it is offered and never send personal information to those they don't know. Most importantly, users need to be mindful about creating smart, strong passwords. Seniors should never use the names of loved ones, birthdates, or common words. Strong passwords also include a mix of upper/lower case, numbers, and symbols.

Evaluate emails – Email is one of the primary tools that people use to steal information from older people online. Remember that financial institutions will never ask for account information through email, and sending account

numbers, passwords or personal information is never a good idea. If a senior is not sure whether their financial institution is trying to reach them about a problem, they can always call and discuss any issues with their bank.

Shop online and access social media safely – One common way that information can be stolen online is through fake shopping sites. Shopping trusted vendors is helpful and there are often online reviews for merchants that will alert shoppers to potential scams. Seniors should also remember to use a credit card instead of a debit card when possible, and monitor accounts regularly for fraudulent activity. The same goes for social media accounts. Fraudsters use quizzes and faux profiles to gain access to users' social media accounts by posing as another person within the network or by using the information a user has posted to try to guess "secret question" answers.

Ask for help – Seniors should not be afraid to reach out to their trusted loved ones or friends if they feel uncomfortable online or need help navigating security measures. For those concerned about the seniors in their life, they can help educate them about known scams and tactics for staying vigilant, and can help with software updates. Calling customer service at a bank or store can help clear up confusion if an email, communication or transaction looks wrong. Having a trusted team of people that can help with online issues can give seniors more confidence using the technology available to them.

Comfort Keepers® can help

Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide companionship and support physician-prescribed exercise regimens, provide transportation to appointments and help to families that want to stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship,

transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help

you stay independent.

Please call 603-536-6060 or visit our Web site at nhcomfortkeepers.com for more information.

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Learning to lead

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Lately, I have been trying to read more. I bought a book I have been told to read many times, but I have never been interested enough till now. Reading it has caused me to have significant reflections on the last few years.

Do you have a dream you want to accomplish? Does it seem too big? Does it seem like maybe if you tried to accomplish it, you would be biting off more than you can chew?

It would be wise for you to examine the conditions before you commit. Look at the market you are trying to enter, give yourself an honest assessment, read the necessary materials, and listen to the experts. These will serve as your roadmap that you can navigate to success should you decide to commit.

I never thought the dream I was trying to accomplish was too big, but I heard from my business partner that my dad confessed to him early on that he thought what we were trying to accomplish may not be possible!

One of the chapters in the book discusses that to navigate

successfully to your dream, you will need to find a balance between faith with facts! Some people have their heads up in the clouds so high that they never bother to look at the facts. It is essential to assess the situation and strike a balance. Also, you do not want to be so fact-oriented that you cannot dream and have faith, but knowing the facts of the situation will keep you grounded and let you know if you need to scale it back.

Once you find the balance between faith and facts and decide to keep moving forward, it is important to realize something. It was the biggest realization I have had in a long time; a reality check.

For the last few years, I have worked with a team of people who are all experts in their field to accomplish a big vision. I believe in the dream and what we are doing; I have balanced the faith with the facts, and I

was naive enough to think that is all I needed: a great team and a grand vision.

I learned something while reading this book that I should have known, and maybe subconsciously, always have known. Just because you have an excellent vision for the future, a great team, have balanced faith with facts, and are willing to work hard to make your dream a reality does not mean you will get there.

The book I am talking about is "The 21 Irrefutable Laws of Leadership" by John C. Maxwell.

In it, I discovered something quite profound. No matter how positive you are, how beautiful your vision is, or how hard of a worker you are. You will never rise higher than your leadership ability.

If your vision is a 10, but your leadership is only a 5, you will only accomplish half of your vision. Wow! If you have a big dream, you would like to accomplish, that should send shivers down your spine.

It is not the size of the vision and the execution of it that will

ensure success. It is not your work ethic; it is not your positive attitude. All of these are essential, and combined, these qualities will take you a long way, but one of the determining factors in how far you can advance your vision is your ability to lead!

According to Maxwell, your success will never surpass your leadership ability. Your leadership level is the cap on how high you can take your vision.

That made me nervous to read that; I have never thought of myself as much of a leader.

The book was worrisome in many ways but also provided strong reassurance.

Maxwell says, "Champions don't become champions in the ring- they are merely recognized there...if you want to see where someone develops into a champion, look at their daily routine."

In the same way that investing in the stock market will not make you instantly rich, you can never become a leader in a day. It only happens through consistency, regular learning, practice, and focus. You can learn to lead!

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OBITUARIES

Robert (Bob) Andrew Giehl

Robert (Bob) Andrew Giehl, of Plymouth, New Hampshire, unexpectedly went to be with our Lord and Savior in his 79th year on the evening of Friday, November 17, 2023, with both of his children present.

Bob is survived by his daughter Stacy Crawford, husband Mark, and grandson Evan of Durango, Colorado, and his son Micheal Robert Giehl, wife Christina, and grandson Austin of Lago Vista, Texas. His siblings also survive him, Glenn Arthur Giehl (Mary) of Jackson, New Jersey, Richard Allen Giehl of Plymouth, New Hampshire, and Deborah Giehl Cadorette (Ron) of Central, South Carolina. Only living Aunt and Uncle Edgar and Jackie (Burtis) Peppler of Columbus, New Jersey. Bob visited them at their lake home in Vermont, where they love to spend their summers.

Bob was preceded in death by his brother, Wayne Bernhard Giehl (Kathleen) of Hightstown, New Jersey, and his parents, Bernhard Fredrick Giehl and Carolyn Virginia Giehl (Burtis) of Allentown, New Jersey, where they resided on Main Street for 60+ years.

Born on June 19, 1944, at Dr. Farmers Hospital, Allentown, New Jersey. Named after his mother's brother Robert Burtis, who, while a tail gunner in the Army Air Corp,



lost his life in World War II. Bob attended Allentown High School and was a member of the Allentown Methodist Church.

As a youth, Bob was involved with Boy Scouts of America and grew up loving the outdoors with his family. As a young man, he grew to appreciate automobiles. He owned a Pontiac Le Mans and Corvette Stingray, both 'rag' tops that he drove frequently to the Jersey Shore in summer and skiing in the mountains in winter. However, the White Mountains of New Hampshire taught him the advantages of 4-wheel drive.

After graduating high school, Bob worked as a machinist for De Laval Turbine in Trenton, NJ. Still, in 1968, he relocated to Waterville Valley Ski Area in the White Mountains of New Hampshire as a ski instructor and later as the head of the GLM Ski School. In his off time, he enjoyed woodworking and making many of the furniture items in his home. His skiing profession

continued as Head Ski Coach at New Hampton Prep School in the early 1980s and then as the Ski School Supervisor at Loon Mountain in the late 1980s. He stopped skiing in 1990 after a back injury. Afterward, Bob was self-employed most of his life with his company, Stacy-Michael Builders of Plymouth, NH.

Bob had a passion for God, his children, his grandchildren, and fly-fishing in the local ponds and rivers of NH and anywhere he traveled. He attended St. Matthews Church, Plymouth, NH. Bob volunteered to assist church and local organizations that provided for those in need. He was always a good neighbor, making repairs, building, and snow-blowing to clear the drives and keep people safe. He kept a cozy home surrounded by tall swaying pines and filled with photographs of his family from generations past to the most loving, current photos of visits with his children and grandchildren.

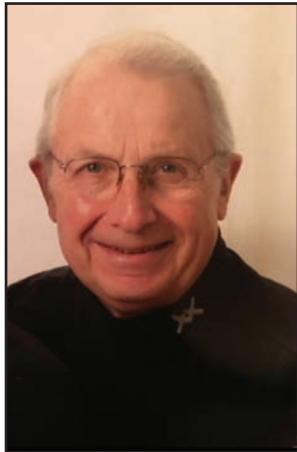
Plans for Robert Andrew Giehl's Celebration of Life will be shared when determined by his children, Stacy and Michael. In lieu of flowers, donations may be made to a charity of your choice. Bob gave to Trout Unlimited and St. Jude's Children's Hospital.

With Love and Peace, Bob.

Steven "Steve" Hackett, 82

Steven "Steve" Hackett passed away on December 21, 2023, at the age of 82, in his home in Campton, NH. His battle with several forms of cancer showed his courage in the face of life's challenges. Despite the discomfort, Steve stayed strong until the end.

Steve is survived by his loving wife Joyce; son, Marc Hackett and his wife Lisa along with their two sons, Jake and Luke; daughter Michele Hackett; sister Sue Casker and her husband John as well as their children Steven and Michael and their families and several cousins.



Steve was co-captain of the football team and played lacrosse at Irondequoit High School in his hometown of Rochester, NY. He met the love of his life, Joyce, while both were attending college at Miami University of Ohio. The two cel-

ebrated their 60th wedding anniversary just last week.

After his commission with the Marine Corps, Steve worked in Human Resources with the DuPont Company and subsidiaries. He retired early so that he could enjoy his many interests, which included fly fishing, camping out west, golfing, skiing and was very active in his community. He was a charter member and held various office positions with the Pemigewasset Trout Unlimited organization.

Steve will be honored in a ceremony in Spring 2024. In lieu of flowers, the family asks that you make a donation to the Squam Lakes Natural Science Center where he was known as Captain Steve due to giving many boat tours of the lake. Donations may be sent to Squam Lakes Natural Science Center, PO Box 173, Holderness, NH 03245.

SNHU announces Fall 2023 President's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2023 President's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

- Keagan Andrews of Alexandria
- Kathleen Pawlicki of Bridgewater
- Kayla Wagner of Bristol
- Heather Waterhouse of Bristol
- Renee Sullivan of Bristol
- Alyssa Dittami of Campton
- Kelly Daugherty of Campton

- Taylor Maine of Campton
- Sawyer Philbrick of Holderness
- Rachel Lyford of Holderness
- Jasper Beever of Rumney

Southern New Hampshire University (SNHU) is a private, nonprofit institution with a 91-year history of educating traditional-aged students and working adults. Now serving more than 225,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.

CADY FROM PAGE A6

bis-induced psychosis to schizophrenia or bipolar disorder is higher than for any other drug-induced psychosis, at nearly 50 percent. In human laboratory studies, concerning healthy adults being administered THC, it has been approximated that 35-50 percent of those who use will experience psychosis symptoms (e.g., paranoia, delusions, and hallucinations). Further, a recent analysis by leaders in the cannabis-psychosis field, found that if high-potency cannabis, defined as [greater than] 10 percent THC, were no longer available, 50 percent of cases of first-episode psychosis could be prevented in Amsterdam. Independent evidence comes from Portugal which has registered a steady increase in the rate of hospital admissions for psychotic disorders with comorbid cannabis use disorder (CUD). This is consistent with a 2021 paper citing findings from Denmark that include: "The increase in [the incidence of] cannabis-induced psychosis follows both the increase in the level of THC in cannabis, and the increase in cannabis use. The change in diagnostic practice does not appear to explain the increase in incidence of cannabis-induced psychosis." Both countries have seen a rise in the potency of available cannabis over the same period. Alarming, recent student survey data collected in Massachusetts show that nearly one in four (23 percent) surveyed high school students, and nearly 1 in 2 (43%) surveyed middle school students, who report ever having used cannabis reported experiencing cannabis-induced hallucinations, at least 'from time to time.'

"A recent article in the Wall Street Journal was titled Legal Weed Feeds the Teen Mental-Health Crisis. The science supports this statement. Consistent with the science, in testimony to the MA Legislative Joint Committee on Cannabis Policy, a clinical psychologist affiliated with Boston Medical Center, Boston University, and Harvard Medical School said... 'I see many patients who have developed psychosis after using high potency THC products. The average age that my patients begin using THC is 15, and the average age that they develop psychosis is 21. Earlier age of first use, frequent use, and higher THC concentration are well known risk factors for developing psychosis. While some of my patients are 'lucky' in that they are able to stop using THC and eventually recover from their psychotic episode, most are not so lucky. For some, the psychosis does not go away even though they stop using marijuana (i.e., the changes in brain function are irreversible). For others, they are addicted to THC and cannot abstain from using, and thus cannot recover from their psychoses. Such histories are typical of a larger and larger proportion of our schizophrenia patients. A growing body of research demonstrates that these individuals are not necessarily people who would have developed schizophrenia without using marijuana'...she goes on to say... 'I love my job, but I hope you never need to bring anyone in your family to my clinic because they have developed schizophrenia.'

"Many who advocate for the legalization of marijuana indicate that a 'regulated market' will reduce access and availability to youth. I can confidently say that this is not the case. Commercialization of marijuana brings more high THC products that are appealing to young people and increases the amount of product that can, and will, be diverted to youth and young adults. A Massachusetts epidemiologist recently said, after finding an increase in youth use post-commercialization, that "These results are not unique to Hampshire County, Mass. Systematic, published reviews of the scientific evidence to date show that adolescent cannabis use increases following legalization in several geographical jurisdictions... Commercialization increases availability of cannabis products, and the shifting norms and ease of access that results from retailer openings has a lasting influence on our youth and their decision-making regarding cannabis use.' I will add that, additionally, the illegal market grows and continues to thrive in states with legalized and commercialized cannabis; hiding in plain sight.

"I have no doubt that legalizing and commercializing recreational marijuana in New Hampshire would have harmful effects for many young people in this beautiful state. As the use of high THC products increases, causing serious mental health harms, including psychosis, among our adolescents who will be held responsible? Please don't be fooled by an industry that uses age-old tactics to hide the science that shows the very serious negative consequences of legalizing and commercializing today's high THC cannabis."

For more information on the prevention of youth marijuana use, please visit the CADY Web site at cadvinc.org.



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Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383
merrysunshine51@yahoo.com

All I can say is that it's a winter wonderland out there! Nice to see the snow covering all the brown, but apprehensive about what will be coming next. A huge thank you to all the crews plowing the roads, you are appreciated! Much appreciation to all our other crews too, fire, rescue, law enforcement and EMT's.

Town

Monday, Jan. 15, Town Offices and Transfer Station closed.

Monday, Jan. 15 to Friday, Jan. 19, Selectmen's Office closed.

Selectmen Meeting Tuesday, Jan. 16 at 6 p.m. in the Municipal Building.

Planning Board Meeting Wednesday, Jan. 17 at 6 p.m. in the Municipal Building.

Alexandria UMC

Sincere sympathy extended to Everett Bucklin and family at the passing of Judith. Judy was a kind soul who touched the lives of many, and will be greatly missed.

Sunday, Jan. 14, services will begin at 9 a.m., with Pastor Mark Lamprey officiating. Communion will be served at an open table. There will be Coffee Hour immediately following services, with Sunday School afterwards.

If you're out and about Saturday morning, there is going to be a fabulous breakfast at the Masonic Temple in Bristol. On the menu will be pancakes, eggs your way, bacon, sausage, toast, coffee and juice. Sawhegenit Chapter OES is sponsoring this by donation breakfast on the second Saturday each month. Proceeds go to local charities such as the Mayhew and Circle Programs, TTCC, and Bristol Community Services.

Time to shovel some snow! Have a great week ahead and be safe in your travels.

Ashland

David Ruell 968-7716
davidruell@gmail.com

Budget hearings for town and school district

The Budget Committee will hold public hearings on the Town and School District budgets and warrant articles with appropriations at 6 p.m. today (Thursday, Jan. 11). Please attend to learn about future expenditures to be voted on at the local meetings and elections.

Fourth of July Committee

Independence Day may seem a long time away, but the Fourth of July Committee is planning for it and will meet at 6:30 p.m. next Wednesday, Jan. 17, in the Booster Clubhouse.

Library Crafting Group

This month the Town Library's Crafting Group will be doing Penguin Pebble Art from 10 a.m. to noon on Saturday, Jan. 20. Registration at the Library is necessary, as space is limited. All supplies will be provided.

Presidential Primary

The Presidential Primary will be held from 8 a.m. to 7 p.m. on Thursday, Jan. 23, in the Tirone school gym on Highland Street. This is your opportunity to help select the major candidates for the highest office in the land.

Snowman Story Time

The Town Library will hold a Snowman Story Time for the kids, with stories, crafts and snacks at 3 p.m. on Wednesday, Jan. 24. Please register the children at the Library or by calling 603-968-7928.

Historical Fiction Book Club

The next selection of the Town Library's Historical Fiction Book Club is Kate Alcott's novel "The Dressmaker," about a dressmaker who survives the sinking of the Titanic. Copies are now available at the Library. The group will meet to discuss the book at 3 p.m. on Monday, Feb. 6. New members are always welcome.

Revaluation of town

The recent revaluation of Ashland saw a very significant increase in the total property value of the community for local tax purposes. That figure rose from \$257,990,052 in 2022 to \$442,202,158 in 2023. Hence, the lowering of all the property tax rates.

Bristol

Al Blakeley
adblakeley0@gmail.com

Well, it's a little late for Christmas, but we certainly got some snow! As pretty as it is, the chore of moving it to navigate my driveway, steps, deck, etc. got old in a hurry, especially when my 'reliable' snowblower failed to start! My better half is a trooper when it comes to scooping snow, though. She is definitely a keeper! I hope many of you were able to help a friend or neighbor with 'storm duty' and continue to be aware of those in need. Please be safe.

I witnessed the beginnings of reconstruction at the TTCC this past week, when the first phase of renovations began. I urge you to use caution and perhaps call ahead if you intend on going there as there are many necessary changes that command your attention when going there. I am amazed at the clever and necessary adjustments made to accommodate programs and 'life as we know it' at the TTCC! Telephone: 603-744-2713.

High School Teen Nights will be held at the TTCC on Thursdays from 6-8 p.m. for Newfound students only. The next Parents Nights Out will be held on the following dates: Jan. 27, March 30, and May 4 from 5-9 p.m. for ages four and up at just \$25 per child.

On Jan. 27, Parents Night Out will feature a Western Theme with western-style games, dancing, and dinner! Register soon!

Cash Calendars are now on sale at the TTCC for \$5 per calendar for the month of February.

The TTCC will be offering Karate lessons beginning this month

on Wednesday evenings. You can join anytime. Lessons are for ages 5 & 6 and ages 7 - 9. Basic skills for ages 5-6 will be from 5:15 to 6pm and Care skills for ages 7-9 will be from 6 - 6:45 p.m. There is a charge of \$65 per month with additional fees for testing and uniforms. These lessons will be instructed by White Tiger Karate, LLC - Tilton; 603-998-1151. For registration and questions, please contact the TTCC; 603-744-2713.

Adult Dance Classes will be starting back up at the TTCC the week of Jan. 8. These are drop-in style classes - just show up, sign the waiver, pay the fee and dance! For more information, contact newfounddancecompany@gmail.com.

Dog Obedience Classes will be held at the TTCC on Sundays starting on Jan. 14 through Feb. 18 from 3 - 4 p.m. For class details, instructor bio and link to register, please contact: https://ttcc.org/special_programs/dog-obedience-classes/.

Presidential Primary voting will take place at the Old Town Hall, 45 Summer St., on Jan. 23. The voting hours are from 8 a.m. to 7 p.m. Please be sure to have a photo ID with you at that time. This is a primary, so at the time of voting, you will need to declare a party. If you want to change back to Independent after the voting, you will need to see a Supervisor of the Checklist. If you have any questions, please contact the Town Clerk's office.

Two snow events of the Slim Baker Lodge coming up in the New Year are Winter in the Woods on Sunday, Jan. 21 from 2 - 4 p.m. and Snow Creations Field Exhibit from Sunday, Feb. 25 at 9 a.m. and ends on Sunday, March 3 at 2 p.m. More information will be forthcoming regarding these fun outdoor activities.

The Minot-Sleeper Library will be closed on Monday, January 15, Martin Luther King Day. There will be no meeting of the Friends of the Library this month. The Trustees Meeting will

be held on January 25 at 5:00pm.

An Insurance Open-Enrollment Assistance help session will be held at the MSL on Wednesday, January 17 from 1- 3:00pm. Lisa Shute is trained to help consumers as they look for health coverage options through the Marketplace, Medicare, and Medicaid. She is a Certified Marketplace Application Counselor with Mid-State Health Center. She will be answering questions and helping complete enrollment forms.

Events planned for the month of January at the MSL include: Family Craft Time featuring Bookmark Making on Wednesday, January 17 from 3:30 - 4:30pm in the meeting room. Register early as space is limited, refreshments provided by Friends of the MSL.; Family Movie Night on Tuesday, January 30 from 6:00 - 7:30pm, featuring "Zootopia".

Campton-Thornton

Joël Freeman 398-4368
bearfootfarm@aol.com

Antique Track Drive Machine Show

The annual Antique Track Driven Machine Show will take place on Saturday, Feb. 24 from 10 a.m. to 3 p.m. at 73 Laundromat Rd. in Thornton. Dozens of antique track snow machines to view. Bring the family! Take a ride on some of the tractors brought by enthusiast of many early model track machine. This event can be accessed by snowmobile or car, there will be parking available.

Holderness

Fran Taylor 968-3846

TFinally got some snow last Sunday. General 11 inches around town. Many spectacular winter scenes when the sun came out! Ice on the lakes and ponds is still not safe.

The Planning Board will hold a hearing at the Town Hall on Jan. 16 at 5:30 p.m. to discuss proposed changes in Zoning Ordinances and Subdivision Regulations. Those proposals can be reviewed on the town Web site.

Question came up at a recent selectmen's meeting by a resident about winter maintenance of the sidewalks in the town center. It was suggested that Town Administrator Capone discuss contractor options with Highway Supervisor Kevin Coburn. Now that Walter's has become so popular, the need to have the sidewalks cleared has become a real safety issue.

At the same meeting, there was discussion of spending unused ARPA funds for a renewable energy project at the Transfer Station. It will be considered at their next meeting.

The Library will host Games, including board, cards, anything else on First Fridays of the month starting around 4 p.m. Free pizza and drinks.

The State House is in full swing with bills being heard during the weeks ahead. You can watch the hearings by going to the NH YouTube channel and choosing your committee of interest. You now have a way to comment on bills remotely by going to nhgencourt and scrolling down to Meeting Resources or, if inclined, you can travel to Concord to testify. Times and dates are listed on that page.

How to find out about bills? Sign up for alerts from organizations like NHLakes, NH League of Women Voters, the Forest Society and others. Contact your State Senator or local legislators on specific issues.

Who are your reps for House District 8? Sallie Fellows, Peter Lovett and Bill Bolton. State Senator for our District 2 is Timothy Lang.

The next Science Pub at Walter's will take place on Tuesday, February 6. Eric Milligan, Founder of the NH Mushroom Co. will discuss how to identify and properly forage local mushrooms. To reserve a space go to the Science Center Events calendar.

Congratulations to Holderness School student Calvin Sweeney '24 who has been awarded a \$180,000 Navy ROTC Scholarship. Calvin plans to study ocean engineering in college and his ultimate goal is to become a commissioned

SEE TOWNS PAGE A9

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Edward Jones: Financial Focus

How would you handle forced early retirement?

- Cash flow** – Obviously, a sudden, unexpected loss of employment will affect your cash flow. And if yours was the only source of income for your household, the situation could be especially concerning. Still, you may well have options that can help. You might find a part-time job, for one thing — many employers hire seniors for various types of service-oriented work. And if you've built an emergency fund containing several months' worth of living expenses, now might be the time to tap into it. You also might need to start withdrawing funds from your IRA and 401(k), though, ideally, you'd like to delay this move as long as possible, as these withdrawals may be taxable.
- Health insurance** – Health insurance can be a major concern if you face an unexpectedly early retirement. Once you're 65, you'll be eligible for Medicare, but what if you haven't reached that age? Through the COBRA legislation, you might be able to remain on your employer-based health insurance for a while — typically 18 months after your job ends. However, COBRA is expensive: If you're qualified, you might have to pay the entire premium for coverage, up to 102% of the cost of the plan, according to the U.S. Department of Labor. If you're married, you might be able to get on your spouse's health insurance, but if this option isn't available, you could explore a Marketplace plan by visiting the healthcare.gov website.
- Social Security** – A forced early retirement could affect your decision on when to start taking Social Security. You're eligible to begin collecting payments at 62, but your checks will be considerably bigger if you wait until your full retirement age, which is likely between 66 and 67, depending on when you were born. If your sudden retirement puts you in a real cash crunch, you might have to start taking payments regardless of your age, but if you have enough in savings, or your spouse's income is enough to keep you afloat, you may want to wait as long as possible so you can get the larger checks. Of course, if your retirement comes while you're still several years away from Social Security eligibility, you won't have to make this now-or-later decision right away.

Being forced to retire before you planned can certainly be challenging. But by looking at the options available to you, in terms of finances and health insurance, you may well find choices that can help you minimize the disruption to your life.

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THE REAL REPORT

Town	Address	Type	Price	Seller	Buyer
Alexandria	26 Ragged Mountain Highway	N/A	\$400,000	Allstate Poly Realty Partners	Blay Enterprise LLC
Alexandria	56 Washburn Rd.	Single-Family Residence	\$320,000	John C. Bixby II	Michelle L. L'heureux
Ashland	13 High St.	Single-Family Residence	\$155,000	Elaine A. Hughes Estate and Deborah Perdue	Sesame Street Dev. LLC
Ashland	Route 175	N/A	\$121,000	627 NH Route 175 LLC	Patrick Troy
Ashland	221 Thompson St.	Single-Family Residence	\$245,000	Melody M. Norris	Fusion Funding LLC
Bridgewater	65 Pasquaney Lane, Unit 65	Condominium	\$990,000	Douglas Macfarlane and Christine Janis	Jenna Sherman
Bridgewater	15 Pollard Path, Unit 15	Condominium	\$825,000	Alfred S. and Wilda M. Schommer	Russell D. and Kristen L. Stott
Bridgewater	198 Whittemore Point Rd. S.	Single-Family Residence	\$729,000	Louise L. Migliore Trust	Douglas Macfarlane and Christine Janis
Bridgewater	N/A (Lot 150)	N/A	\$226,000	Virginia A. Manley	Klonowski NT and Paul K. Klonowski
Bristol	603 Hall Rd.	Single-Family Residence	\$345,000	Gail Ann Bartlett Trust	Vria and Chandaraleak Bony
Bristol	54 Spring St.	Single-Family Residence	\$325,000	Christopher and Susan A. Lang	Conor B. Donovan and Leah C. McAuliffe
Bristol	N/A	N/A	\$43,533	George B. and Donna Cass	Keith E. Briggs
Campton	N/A (Lot 1)	N/A	\$530,000	Travis M. Johnson, Sr.	Wendy J. Nohmer
Campton	174 Page Rd.	Single-Family Residence	\$775,000	Makuleke Investments LLC	Joshua L. and Jaima L. Wilder
Campton	28 Tripplewood Rd., Unit 5	Condominium	\$182,000	Maureen F. Swanson	Sean T. and Beth L. McNeill
Dorchester	Dorchester Highway	N/A	\$630,000	Grace M. Frasher 2004 Trust and Matthew S. Burkhart	Keith T. Flaherty and Mira
Kautzky					
Dorchester	N/A	N/A	\$26,200	Kathryn M. Ross and William E. Maloney	Rocky Branch Trust and Brenda A. Howe
Groton	Jewell Hill Tract	N/A	\$1,660,000	Auke-Jewell Hill LLC	Joseph C. Barnitt
Groton	N/A	N/A	\$57,533	Spruce Ridge LLC	Tupelo LLC
Holderness	Falls HI	N/A	\$187,933	Joseph A. and Ellen M. Casey	Brian P. Blake and Marcia Delarosa
Holderness	Hawkins Road	N/A	\$1,550,000	Elgin Fiscal Trust and Todd E. Elgin	T.W. Daigneault 2007 RET
New Hampton	62 Riverwood Dr., Unit 38	Condominium	\$442,533	Mifka 2009 Trust and Kathleen A. Kozak	Tipi RET and Hope R. Blais
New Hampton	Town House Road	N/A	\$160,500	Metropolitan Life Insurance Co.	Janet L. Hutchinson RET
New Hampton	91 Kelley Pond Rd.	Single-Family Residence	\$233,000	Sasa LLC	Elyse Pert
Plymouth	188 Old Hebron Rd.	Mixed Use (Residential/Forestry)	\$1,025,000		Bertha H. Fauver IRT and Amy K.
Kanyuk	Wendy M. and Todd R. Chapel				
Plymouth	75 Highland St.	Single-Family Residence	\$185,000	Edith R. Smith 2006 RET and Brian W. Ray	Russell J. and Veronica A. Nagle
Plymouth	N/A	N/A	\$23,000	Douglas J. and Sharon C. Smith	Rodger and Eva N. Ellsworth
Rumney	Quincy Road	N/A	\$650,000	Emily E. and Timothy R. Cawley	Alexander M. Teixeira and Meaghan Kelly
Rumney	Rumney Route 25	Residential Open Land	\$18,933	Morris N. and Barbara Patterson	James P. Spanos and Sandra K. Catania
Thornton	6 Bear Chase Rd., Unit 5	Condominium	\$325,000	Elisa and Kevin L. Lacoste	Carlisle B. Jensen and Neil T. Brennan
Warren	230 Old Glen Cliff Rd.	Single-Family Residence	\$200,000	Thomas S. Popik and Mary C. Carr	Northern Holdings LLC
Waterville Valley	Waterville Valley	N/A	\$719,000	Goldsmith NH NT and Elizabeth C. Goldsmith	Thomas J. West
Waterville Valley	Waterville Valley	N/A	\$1,030,000	Edward M. Roberts RET and Angela M. Anor	Linda M. Benson RET
Waterville Valley	N/A	N/A	\$485,000	Wayne B. and Maureen Geher	Coselski Valley LLC
Waterville Valley	Green Peak	N/A	\$1,035,400	Chinburg Development LLC	E.C. Goldsmith 2000 RET
Wentworth	154 Frescoln Rd.	Single-Family Residence	\$64,200	Andre O. Dube Estate and Paul Dube	David R. Dube
Wentworth	N/A (Lot 2)	N/A	\$210,000	Adam Edward Kewley Estate and Lance Hartford	Scott P. Golden RET

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrendgroup.com

TOWNS

FROM PAGE A7
officer in the U.S. Marine Corps.

Rumney

Elise Saad (508) 981-4184
elise@infonetics-usa.com

Upcoming events and news at the Byron G. Merrill Library
New hours for Janu-

ary- Sundays from 2-4 p.m.

Sunday, Jan. 14- Date change! Please join us at 3 p.m. when we host Chris Schadler from NH Project Coyote and her presentation, "Becoming Wolf: Eastern Coyotes in New Hampshire." With 40 years of wolf and coyote research and experience, Chris believes "knowl-

edge is power" – if you understand the coyote and are willing to coexist, she will tell us how, whether you garden, farm, or hike.

Friday, Jan. 19- 5:30 p.m. Community Book Club, Wesley the Owl by Stacey O'Brien RSVP or questions please email Katy at katy@rumneylibrary.org.

Every Wednesday at 1 p.m., please join us for our Fiber Arts group. Bring your current project and enjoy a cup of tea, good company and a puzzle! Please email Katy with any questions, katy@rumneylibrary.org.

We'll see you at the library!

Warren/Wentworth

Gary Jesseman 707-7129
garyj@together.net

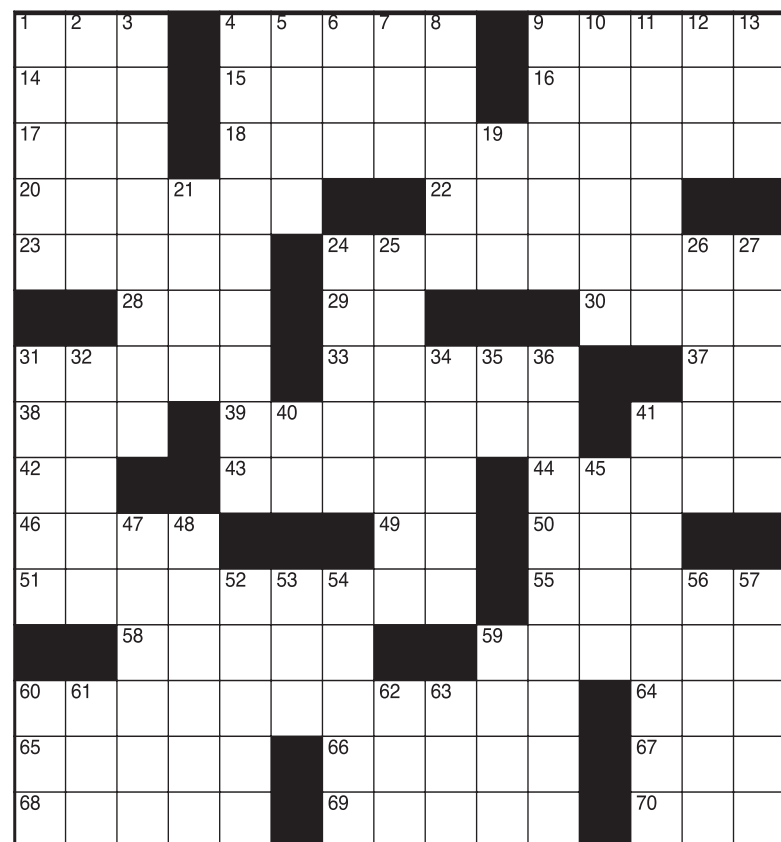
Greetings everyone. Hope you all are enjoying the snowstorms we're having. It is pretty, but it's time for spring and summer!

WARREN NEWS
I have no Warren news at this time.

WENTWORTH NEWS
And I have no Wentworth news, either!

Have a good week, and remember to count your blessings!

TAKE A BREAK



ACROSS

- Defensive nuclear weapon
- Moved back and forth
- One-time coach of the Cowboys
- Last letter
- Cause to become less intense
- Genus of tree bugs
- Body art
- Romance novelist
- Be filled with love for
- City
- Make vivid
- Horses
- Mauna ___, Hawaiian volcano
- Atomic #18
- Shortly
- A type of prejudice
- Whirls
- Six

DOWN

- Old world, new
- ___ Hess, oil company
- Talk
- Not off
- Begets
- Cars need them
- Computing architecture (abbr.)
- Of I
- Journalist, activist Wells
- Takes apart
- Lists
- Positively charged electrode
- Hard, colorless compound
- Inflammation of the peritoneum
- Trent Reznor's band
- Simply dry fruit
- "Ivanhoe" author
- Google certification
- French commune

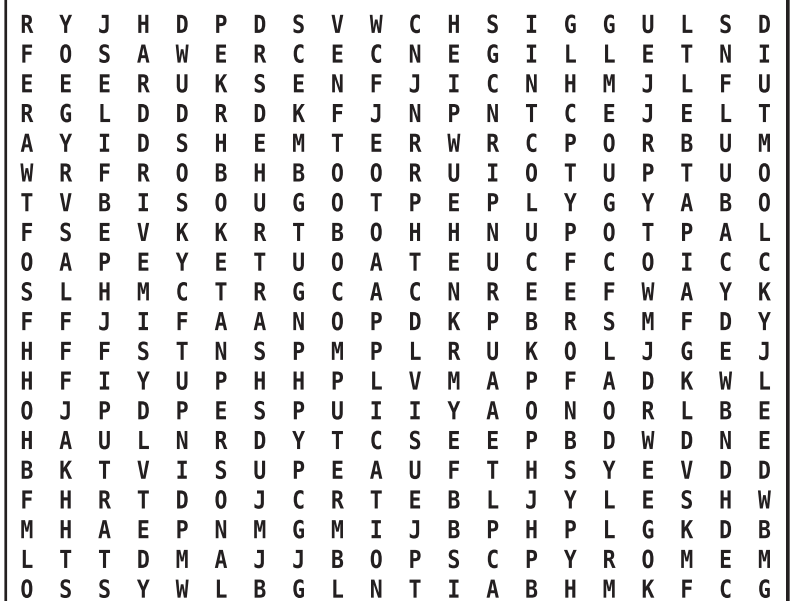
- Medieval circuit courts
- Soviet Socialist Republic

DOWN

- Indigenous people of Mexico
- Dietary supplement
- Having a particular sheen or luster
- Views
- Academic Bill of Rights
- Automobile
- When you anticipate arriving
- Beef or chicken intestine
- Conspiracy
- Blood disorder
- Long-time NBAer Shawn
- Time zone
- US, Latin America, Canada belong to
- Upton Sinclair novel
- What a cow does
- Cavalry-sword
- Ancient Greek war galley
- Stars
- Rebukes

- Billion year periods
- Some are in a bottle
- Tears down
- Lethal dose
- Humorists
- Midwestern US state (abbr.)
- Frameworks
- Rocker Billy
- More thin
- Dog
- Habitual repetitions
- State of fuss
- Uneasy
- Chemical compounds
- More cognizant of reality
- A place to build
- Exclamation that denotes disgust
- Supplement with difficulty
- Very slick
- Hill or rocky peak

COMPUTER TERMS WORD SEARCH

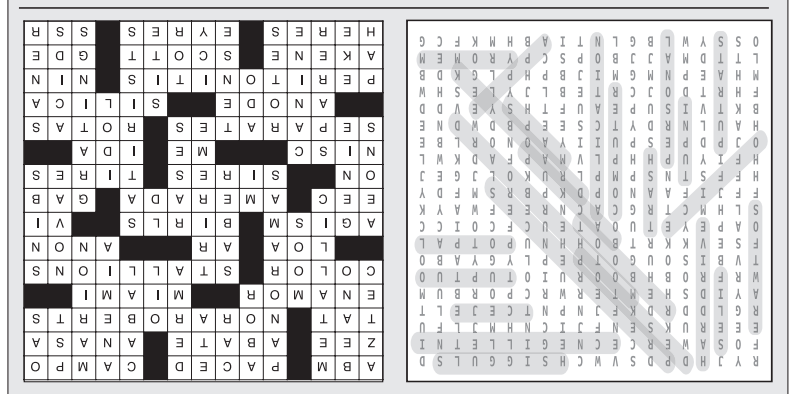


Find the words hidden vertically, horizontally, diagonally, and backwards.

COMPUTER TERMS WORD SEARCH

APPLE, APPLICATION, BACKUP, COMPUTER, DESKTOP, EJECT, FILES, HARD DRIVE, INPUT, INTELLIGENCE, KEYBOARD, LAPTOP, MEMORY, MOTHERBOARD, OFFICE, OUTPUT, PERSONAL, PREFERENCES, REBOOT, SLUGGISH, SOFTWARE, SPAM, STARTUP, TRASH

This Week's Answers



White House leaders visit ACHS, advance Biden's Cancer Moonshot program



ANGEL LARCOM

President Biden's Chief advisor on science and technology and White House Office of Science and Technology Policy (OSTP) Director Arati Prabhakar left, listens as ACHS Director of Integrated Behavioral Health Stephen Noyes, right, discusses the ACHS team approach to tackling cancer in a rural area during a roundtable discussion on Jan. 4.



ANGEL LARCOM

Ammonoosuc Community Health leadership listens as President Biden's Chief advisor on science and technology and White House Office of Science and Technology Policy (OSTP) Director Arati Prabhakar, left, discusses the federal Cancer Moonshot program while visiting the Ammonoosuc Community Health Services on Jan. 4.



ANGEL LARCOM

Deputy Assistant to the President for the Cancer Moonshot and White House Office of Science and Technology Policy (OSTP) Deputy Director for Health Outcomes Danielle Carnival, right, participated in a round table discussion about cancer screening at the Ammonoosuc Community Health Services on Jan. 4.

BY ANGEL LARCOM
angel@salmonpress.news

LITTLETON — Last week, two White House Office of Science and Technology Policy (OSTP) officials visited the Ammonoosuc Community Health Center in Littleton to advance President Joe Biden's Cancer Moonshot initiative. During the one-hour session, they gathered input from ACHS leaders, care providers, patients, and community navigators.

The visit resulted from ACHS becoming one of sixteen national health center awardees to receive a National Quality Leader (NQL) cancer screening badge, placing the nonprofit in the top one percent of the country for cancer screenings.

In September 2023, the National Department of Health and Human Services (DHHS) Health Resources and Services Administration launched the new NQL cancer screening badge to highlight health centers' critical role in providing medically underserved populations with life-saving cancer

screenings.

"We came for a couple of reasons. One is to congratulate you all and to celebrate a little bit because of the amazing things this clinic has been doing," said Arati Prabhakar, President Biden's Chief advisor on science and technology and White House Office of Science and Technology Policy (OSTP) Director. "But we're also here because we want to learn from you and hear what's working and what's not, and it's going to help us tremendously in our work."

Launched by President Obama in early 2016, the Cancer Moonshot's primary goal was to accelerate cancer research. He appointed then-Vice President Biden to chair the task force. Biden just relaunched the program with a handful of goals: expanded access to cancer screenings, understanding and preventing toxic and environmental exposures, preventing cancer before it starts, accelerating innovation to communities, and delivering patient and caregiver-centric support.

"Very high on the list is ending cancer as we know it," continued Prabhakar. "It's hard to find a family in this country, or anywhere, that's untouched by cancer."

Prabhakar's associate, Danielle Carnival, who also attended the roundtable discussion last week, has worked on the Cancer Moonshot program since its inception. She serves as the deputy assistant to the president for the Cancer Moonshot and the White House Office of Science and Technology Policy (OSTP) deputy director for health outcomes, and discussed the agency's focus at great length.

"The President and First Lady set two goals. One is to decrease the death rate from cancer by at least 50% over the next 25 years. That means we would save four million people who we would otherwise lose to cancer by 2047. That has a significant impact in communities across the country," stated Carnival. "And also to improve the experience; to boost support for patients, caregivers, and loved ones throughout the entire process from

screening through survivorship. One goal was to close the screening gap created in the early days of the pandemic. It was based on equity and access, especially in rural communities."

Carnival said that preventing cancers before they start by addressing the environment we live in and what we're exposed to was another goal. Decreasing the impact of preventable cancers, reducing smoking, and ensuring that people receive preventative services like HPV vaccinations, improved nutrition, and lifestyle factors to decrease cancer and other health risks were other goals, as was ensuring that all citizens gain access to innovative prevention, detection and cancer treatment modalities, as opposed to clinical trials only accessible by a few.

"We've made some progress. There are over a billion dollars committed by the Centers for Disease Control and Prevention to provide cancer screening program grants to communities and organizations across the country, pairing federally qualified

health centers with cancer centers so that we don't stop at screening," added Carnival.

SNHU announces Fall 2023 Dean's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2023 Dean's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to the Dean's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

- Hayden Reynolds of Bridgewater
- Montanah Coburn of Bristol
- Brandon Marsach of Bristol
- Kaitlyn Ashe of Campton

Southern New Hampshire University (SNHU) is a private, nonprofit institution with a 91-year history of educating traditional-aged students and working adults. Now serving more than 225,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.



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MSVB
FROM PAGE A3

financial support to hospice patients in need of essentials including food, shelter and transportation so that they may have the best possible end-of life experience. Hospice Help Foundation's mission is to improve the comfort and quality of life for hospice patients and their families by providing urgent financial relief.

Kevin Peare Memorial Skate Park, Conway

Awarded \$2,500 toward building a skate park in North Conway. The Kevin Peare Memorial Skate Park is a nonprofit organization whose mission is to educate the community about how skateboarding can benefit youth's mental and physical well-being while raising funds to build a state-of-the-art skate park.

Lakes Region Mental Health Center (LRMHC), Laconia

Awarded \$2,500 to help fund add-ons to their new electronic health record system to improve efficiencies. LRMHC provides comprehensive, integrated mental health treatment for people living with – and recovering from – mental illness and/or emotional distress.

Mandy's Angels Diabetic Service Dogs Inc., Meredith

Awarded \$2,500 to help the organization provide a diabetic service dog to a local child. The organization helps to improve the lives of diabetic children and their families by providing service dogs with specialized training to detect early signs of high or low blood sugars and alert their companions.

The Mayhew Program, Bristol

Awarded \$2,500 to support tuition for at-risk boys for the program's year-round camp and mentoring program. The Mayhew Program challenges and helps at-risk New Hampshire boys to

believe in themselves, work well with others, and find their best.

Merrimack Valley YMCA - Camp Lawrence, Lake Winnepesaukee

Awarded \$2,000 to help provide scholarships for Meredith-area boys to attend summer camp. Established in 1907, Camp Lawrence is located on Bear Island on Lake Winnepesaukee and offers opportunities for boys ages 8-16 to enjoy a variety of outdoor activities.

Newfound Regional High School FIRST Robotics Competition (FRC) Team #7913, Bristol

Awarded \$2,500 to help the Newfound Regional High School FRC Team #7913 build a robot and support outreach efforts. The robotics team is tasked with building a robot from the ground up to meet that year's competition challenge within eight weeks' time.

New Hampshire Jobs for America's Graduates, Concord

Awarded \$2,500 to support bringing programming to Gilford High School and Hopkinton Middle High School. The mission of New Hampshire Jobs for America's Graduates is to cultivate youth success through academic, leadership, and workforce opportunities in collaboration with business and community partnerships.

Prospect Mountain High School Team 319 Boosters, Alton

Awarded \$2,500 to help purchase a road case for the 319 Big Bad Bob FIRST Robotics team. Each year, the team gives students the opportunity to experience hands-on learning and travel around the country to compete against other robotics teams.

Society for the Protection of New Hampshire Forests (Forest Society), Concord

Awarded \$2,500 to help repair a severely eroded portion of the main trail

at Mount Major in Alton. The Forest Society is a land conservation organization dedicated to protecting New Hampshire's most important landscapes and promoting the careful use of its renewable natural resources.

Southeast New Hampshire Habitat for Humanity, Portsmouth

Awarded \$2,500 to help rebuild a multi-family home in Rochester that was lost due to fire. Southeast New Hampshire Habitat for Humanity builds simple, decent, affordable homes in partnership with hard-working local families in Strafford and Rockingham counties.

Tapply-Thompson Community Center (TTCC), Bristol

Awarded \$2,000 to help support food programs for students and families in the Newfound Region. TTCC offers a diversified program of youth activities that include summer day camps, youth sports, after-school programs, teen programming and special events.

Transport Central, Plymouth

Awarded \$2,500 to help the organization continue operations and support their efforts to acquire a 15-passenger bus and develop a fixed route bus service. Transport Central provides "demand response," door-to-door volunteer transportation to a 19-town service area.

Voices Against Violence, Plymouth

Awarded \$5,000 to help replace and increase fencing surrounding the location's yard to improve safety and privacy for individuals and families staying at the confidential shelter. Voices Against Violence provides information and support to victims and survivors, their family and friends, community members, and professionals around domestic violence, children who witness domestic violence, sexual violence and harassment, stalking, human trafficking and bullying.

Way Station, North Conway

Awarded \$2,500 to help provide continuous services to those experiencing homelessness. Way Station provides safe, welcoming, non-judgmental space and supportive services for homeless & housing insecure residents of Mount Washington Valley.

Wentworth Economic Development Corporation (WEDCO), Wolfeboro

Awarded \$2,500 to assist in upgrading the organization's loan application processes to provide more efficient and accessible service to those who seek or qualify for services. WEDCO was founded in 1993 for the sole purpose of promoting economic growth in the eastern Lakes Region.

Wolfeboro Senior Center & Meals, Wolfeboro

Awarded \$1,000 to help support the online senior exercise program. The Wolfeboro Senior Center & Meals' mission is to enrich the lives of seniors at an exclusive place that offers education programs and informational events, recreational and well-being activities, and wholesome noontime meals.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for over 150 years. As a mutual savings bank, MVSB has no stock-holders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

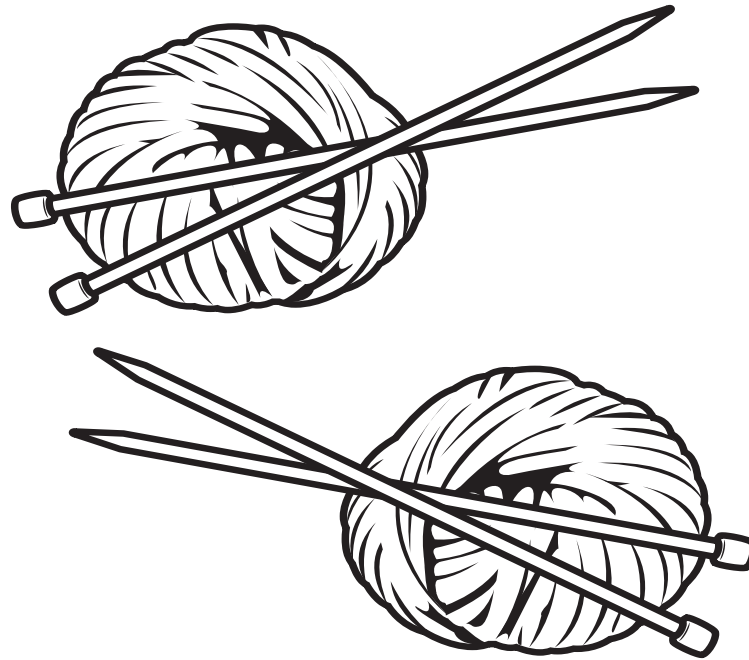


THIS TYPE OF ACTIVITY ALLOWS THE BRAIN TO KEEP WORKING BUT ALSO RELAX IN A MEANINGFUL WAY.

ANSWER: HOBBY

Creative Coloring

Celebrate hobbies. Color in this picture to create your own masterpiece.



THIS DAY IN...



HISTORY

- **1430:** PHILIP THE GOOD ESTABLISHES THE ORDER OF THE GOLDEN FLEECE, THE MOST PRESTIGIOUS ORDER OF CHIVALRY.
- **1812:** THE FIRST STEAMBOAT ON THE OHIO RIVER OR THE MISSISSIPPI RIVER ARRIVES IN NEW ORLEANS.
- **1920:** THE TREATY OF VERSAILLES TAKES EFFECT, ENDING WORLD WAR ONE FOR ALL COMBATANT NATIONS EXCEPT THE UNITED STATES.

New Word

RECREATION

activity enjoyed when not working

How they SAY that in...

- ENGLISH:** Hobby
- SPANISH:** Hobby
- ITALIAN:** Hobby
- FRENCH:** Passe-temps
- GERMAN:** Hobby

Did you know?

COLLECTING IS A POPULAR ACTIVITY IN NORTH AMERICA. PEOPLE COLLECT COINS, VIDEO GAMES, BOOKS, COMIC BOOKS, AND RECORDS.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: ART SUPPLIES

CHURCHES

Campton Congregational

Sunday, Jan. 21
9:30 a.m. Sunday worship led by Pastor Jeff Robie

10 a.m. Children's Sermon/Sunday School.
Following Worship we gather for fellowship.

Tuesday, Jan. 23
10:30 a.m. Bible Study Noon BYO Lunch
1 p.m. Ladies Guild meets for fun and games!

At Campton Congregational Church, we strive to create a welcoming atmosphere where individuals from all walks of life can find inspiration, and a sense of community. Whether you are a longtime member or someone exploring their faith, we embrace you with open arms. Let the coming week be a time of spiritual awakening and connection. We look forward to sharing in the joy of worship with you and fostering a deeper sense of belonging as we embark on this journey together. May the peace and blessing of this new year be with you and yours.

All are welcome Sunday mornings, as we come together to Worship God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world. Our Services are available on Facebook. Bible studies are available on Zoom. If you are unable to be with us in

person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, Plymouth

We welcome everyone to our Sunday services, which we hold each week at 10 a.m. in our Emerson Street building. This this weeks Sunday Bible lesson topic is "Sacrament" and it begins with this verse from I Peter, "As every man hath received the gift, even so minister the same one to another, as good stewards of the manifold grace of God."

This lesson will be read in churches around the world this coming Sunday. It can be studied during the week, including in our Reading Room study area during Monday open hours, noon to 2 p.m.

Students and teachers are enjoying our lovely new Sunday School space. We offer classes for children and teens, and it's held at the same time as the church services. Students learn how the truths and lessons in the Bible can help them with their everyday lives. It's held at the same time as the church service.

Our Wednesday meetings which are held at 6 p.m. each week include short readings from the Bible and from the Christian Science textbook with thoughts to help meet personal and

world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. We'd love to have you join us.

Please visit our Web site at www.cs-plymouth-nh.org if you would like to join in our services by Zoom.

The Reading Room in our church building is open Monday noon to 2 p.m. There is a comfortable quiet space to sit and read in the new downstairs area. We welcome you to come in to browse, borrow books and resources and enjoy the study area, or just to pop in and see our space.

At jsh-online.com you'll find a wealth of articles and audio offerings which are new each week. This week on Sentinal Watch there is an podcast "Re-writing the present" which explores ways we can prayerfully deal with challenges in our lives.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom. Nursery and childcare services are available. Religious education classes are offered every week.

Jan. 14

Love and Power Rev. Linda Barnes

Dr. Martin Luther King Jr. wrote, "Power at its best is love implementing the demands of justice, and justice at its best is power correcting everything that stands against love." Understanding power, how it's used, manipulated, and maintained is key to bringing about justice for everyone. How is it we can use our power to bring about justice as seen through the eyes of love?

Unitarian Universalism is a caring, open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation.

For more information and Zoom link visit our Web site: www.starrkingfellowship.org.

Wentworth Congregational

Here is our list of upcoming speakers:

Our services are now at 10 a.m., except for the first Sunday Communion

Service in West Rumney, which is at 9 a.m.

Jan. 14—Rev. Cindy Petrie (followed by Bible Study)

Jan. 21—Joy Moody
Jan. 28—Rev. Lynn Morrison

MEET OUR SPEAKERS:

LYNN MORRISON: (First Sunday Communion and 4th Sunday in Wentworth)

Lynn J. Morrison grew up in Wyoming and was ordained by the Christian Church (Disciples of Christ) in 1982. She holds an MDiv from Phillips Theological Seminary, and served chaplaincies and small churches in Oklahoma before coming to New Hampshire in 1994. Lynn was pastor of West Rumney Community Church for 10 years, and also worked at Innisfree Bookshop in Meredith for two decades until her retirement in 2019. She is currently a member of Plymouth Congregational Church, UCC.

CYNTHIA B. PETRIE, M. DIV: (2nd Sunday-Wentworth) Cindy lives in Freedom, NH with her husband Russell. She earned her Master of Divinity from Gordon Conwell Theological Seminary while simultaneously completing her studies in the National Association of Congregational Christian Churches, Congregational Foundation of Theological Studies, after which she was ordained. She served as Associate Pastor of the Campton Congregational Church with her husband Russell for 11 years.

She is celebrating her seventh year and continues to serve as the Pastor of The Chapel of St. John of the Mountains in Ellsworth, NH and is honored to serve as pul-

pit supply for churches in NH and Maine when invited. Bringing Christ centered Biblical messages is her life-long dream and is thankful and honored to be with all of you in Wentworth! God Bless You!

Cindy leads Bible Study after the morning service.

JOY MOODY: (3rd Sunday-Wentworth) Joy was born and raised in NH. She is currently a seminary student at Christian Leaders Institute. She has been pulpit supplying in numerous churches over the last four years. She has been working towards ordination in the Congregational Church. When she is not working towards her Bachelor's Degree in Divinity, she is a Certified Recovery Support Worker at Archways Community Resource Center. At the Resource Center she helps give a hand up to others to help find recovery. Blessings!

Rev. Ruth A. Martz (5th Sunday-Wentworth) Ruth is an ordained UCC pastor who retired two years ago from active pastoral ministry. She served for nine years as the solo pastor of the Sanbornton Congregational Church, UCC (NH). Ruth loves to tell biblical and multi-cultural stories, along with linking Scripture with art, music and everyday life. She offers meditative walks and workshops on her canvas labyrinth. Ruth lives in Sanbornton with her husband, Steve Majeski, and their dog Maggie. She enjoys skiing and playing the Celtic harp.



ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd.
Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 16th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
9:30 Sunday morning Worship Service
Visit our Website:
<https://ashlandumc.faithlifefesites.com/>
for more information and recordings of the Services.
Pastor Roger Kleinpeter
1-603-254-7796

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 - September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants - five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
• We also do "live streaming" of this service. Sermons/message of each week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School
10 a.m. Worship Service • Child Care Available • 744-8132
Our Lady of Grace
(part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (This is

the only Mass on Sundays year round now).
Daily Masses: Tuesdays and Thursdays at 8 AM.
Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St, Plymouth, NH 03264.
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
"Digging Deeper" Service 3rd Sundays 7 p.m.
Food Pantry by Appointment
All are Welcome • Handicapped Accessible
Pastor Chuck Green

Campton Congregational
#495 Rt. 175, Campton
9:30 a.m. Sunday Worship Service
Nursery and Child Care Available
10:30 a.m. Tue. Bible Study for Youth & Adults
Rev. Jeffery Robie • 536-2536
Member NAACC
New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton
(Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday, 7:00 p.m. Prayer Group/Bible Study
United Church of Danbury
"All Are Welcome"
Rt. 104 - Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
Union Congregational Church
15 Church Lane, Hebron
603-744-5883
We welcome all persons

The Rev. Ralph S. English
Daily Worship - Sunday 10am
Communion is celebrated on the first Sunday of each month
A Coffee Hour following worship
Recorded Services on website
www.hebronchurchnh.org

HILL
Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Worship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Children's Ministries
Nursery provided at all services
Pastor: Rev. Daniel Boyce
Youth Pastor: Nathan Pelletier
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 - P.O. Box 613
Holderness, NH 03245
Worship Service - Sunday 10 a.m.
Rev. Chris Drew - 968-3219
www.holdernesscommunitychurch.org

NEW HAMPTON
New Hampton Community Church
• 744-8252
A Christian Church w/ a Family friendly atmosphere • Main St. New Hampton
10 a.m. Sunday Worship
Nursery care, Children & Youth ed.
Small groups throughout the week in area homes

PLYMOUTH
Calvary Independent Baptist • 536-3024
115 Yeaton Rd., West Plymouth
8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service-Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m.-Sun. Service/Sun. School
Wed. 6:00-7:00-Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Kevin Simpson • 536-3664

Gateway Alliance Church
9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education
9:45 a.m.
Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Grace Baptist Church
Meeting temporarily at the

Baker River Bible Church
at 259 Route 25, Wentworth, NH
1:30 p.m. - Sunday School for all ages
2:30 p.m. - Sunday Worship Service
Thursday, 6:30 p.m. - Teen and Adult Bible Study
Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club
(from September - May)
Fall Meetings with Morris Gleiser, October 18-22.
Sunday, 1:30 and 2:30 PM; Monday - Thursday at 7:00 PM.
Visit www.gbcrnh.org for sermons and more information.

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd, Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth
(603) 536-4700.
Office email: holytrinitynh@gmail.com
Communications coordinator:
Christine Chiasson email:
chrischiasson@holytrinityparishnh.org.
Pastor: Fr. Mark Dollard.
Instagram: [holytrinitynh](https://www.instagram.com/holytrinitynh).
FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ
Sunday Worship 9:30 AM on Facebook Live
Virtual Sunday School 9:30 AM
Open and Affirming, Just Peace
Global and Local Missions. Fully Accessible
Pastor, Rev. Sara M. Holland
Ashley Paine, Organist/Accompanist
David Williams, Director of Music
536-2626 • www.uccplymouth.org

Plymouth United Methodist Church
334 Fairgrounds Road
(603)536-1941
Sunday Morning Worship 9:30 am weekly

Restoration Church
319 Highland Street, Plymouth NH
10:30 am morning service
We Care Food Pantry
Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Rd., Plymouth
536-8908
9:30 a.m. Sunday Service and Church School & Nursery Care
Rev. Linda Barnes
www.starrkingfellowship.org

RUMNEY
Rumney Baptist Church
Rumney Baptist Church
Rev. Seth Powers, Pastor
375 Main Street • 786-9918
rumneybaptist.org
office@rumneybaptist.org
Like us on Facebook
Sundays: 10:00 a.m. Sunday Worship Service
Livestreaming on YouTube
Blended, worshipful music
Relevant Bible teaching
Children's ministry

6:30 p.m. Mondays: Teen Worship Service
Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ
1218 Old Route 25, West Rumney
Sun. Worship 9 a.m., All are welcome.

THORNTON
Thornton United Methodist
22 Church St., Thornton
Off Cross Road between Rts 3 & 175
Call 603-726-3774 for more information or to leave a message.

WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
Rev. Dr. David Palmer • 787-6887

WENTWORTH
Baker River Bible Church
259 Moosilake Hwy., Wentworth
* Sunday School - 9:45 a.m.
* Morning Worship Service 11:00 a.m.
* Potluck Lunch - 12:00 noon
* Afternoon Service 1:30 p.m.
* Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 p.m.
Rev. Bruce Michaud, Pastor
764-9406 or 786-9550

Wentworth Baptist Church Independent, Fundamental, K.J.V.
260 Cape Moonshine Rd., Wentworth
9:30 a.m. Sunday School
10:30 a.m. Sunday Service
1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
764-9800 www.wbcnh.org
Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept. thru May.
9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock, • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlike Jr.

GENERAL SERVICES

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and have your ad in 11 papers next week!

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Cat Cab service available. Military discounts.

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578 TENNEY MTN HWY
BRAND NEW
2 BEDROOMS, 2 BATHS
HEAT, AC, W/D IN UNIT
CALL 603-387-5580

High School Slate

Thursday, Jan. 11
NEWFOUND
Boys' Hoops vs. Kearsarge; 6
PLYMOUTH
Ski Jumping at Hanover; 6
Friday, Jan. 12
NEWFOUND
Girls' Hoops at Kearsarge; 6:30
Unified Hoops at Prospect Mountain; 3:30
PLYMOUTH
Boys' Hoops vs. Kingswood; 6
Girls' Hoops at Kingswood; 6:30
Wrestling at Essex, Vt.; 5

Saturday, Jan. 13
PLYMOUTH
Indoor Track at Plymouth State; 10
Wrestling at Essex Vt.; TBD

Sunday, Jan. 14

NEWFOUND
Indoor Track at UNH; 10
Tuesday, Jan. 16
NEWFOUND
Boys' Hoops vs. Belmont; 6
Girls' Hoops at Belmont; 6
Unified Hoops at Gilford; 3
PLYMOUTH
Boys' Hoops at Merrimack Valley; 6:30
Unified Hoops at Kennett; 3

Wednesday, Jan. 17
PLYMOUTH
Hockey at Belmont-Gilford; 5:30
Wrestling at Raymond; 6
Thursday, Jan. 18
NEWFOUND
Alpine Skiing at Bretton Woods; 10

All schedules are subject to change.

LOCAL FOLKS

Locally owned businesses here to serve you!

REAL ESTATE



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



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NEW 14' WIDES List Price: \$69,995 \$64,995* 56' 2 Bed, 1 Bath	List Price: \$78,995 \$73,995* 68' 2 Bed, 2 Bath
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List Price: \$174,995 \$136,995* 52' 3 Bed, 2 Bath	List Price: \$153,995 \$128,995* 60' 4 Bed, 2 Bath w/ Bonus Family Room

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\$113,995* 2 Bed, 1 Bath
\$168,995* 1,568sq ft, 2 story, 3 Bed, 2.5 Bath

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Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall



118 Mountain View Rd, Campton NH

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3 bedrooms, 2 bathrooms, 1316 sq ft Min from Rt 93 and the White Mountains Updated paint, kitchen, new sunroom, Rinnai heater, new outbuildings, and more.
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cblakesmtn@kw.com

To VIEW THESE AND OTHER PROPERTIES, VISIT:

- Alpine Lakes Real Estate: www.alpinelakes.com
- Badger Peabody & Smith Realty: www.peabodysmith.com
- Bean Group: www.beangroup.com
- Century 21 Country Lakes Realty: www.countrylakesrealty.com
- Century 21 Twin Rivers Realty: www.nhreal21.com
- Coldwell Banker: www.cboldmill.com
- Coldwell Banker Residential Brokerage
www.newenglandmoves.com
- ERA Masiello: www.masiello.com
- Exit Lakeside Realty Group: www.exitlakeside.com
- Granite Group Realty Services:
www.granitegrouprealtyservices.com
- Gowen Realty: www.gowenrealty.com
- Kressy Real Estate: www.kressy.com
- Lakes Region Realty: www.lakesregionrealestate.com
- Lamprey & Lamprey Realtors: www.lampreyandlamprey.com
- Maxfield Real Estate: www.maxfieldrealestate.com
- McLane Realty: www.mclanerealtyplymouth.com
- Mountain Country Realty: www.mountaincountryrealestate.com
- Nash Realty: www.nashrealty.com
- New Hampshire Colonials Real Estate: www.squamlake.com
- Noseworthy Real Estate: www.noseworthyrealestate.com
- Old Mill Properties: www.oldmillprops.com
- Pine Shores Real Estate: www.pineshoresllc.com
- Preferred Vacation Rentals: www.preferredrentals.com
- Remax Bayside: www.baysidenh.net
- Roche Realty: www.rocherealty.com
- Strawberry Lane Real Estate: www.strawberrylane.com
- Town & Forest Realty: www.townandforest.com

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Meredith: 2BR/2BA, end unit townhouse just a stone's throw away from downtown and the Meredith Marina. Featuring an open concept main level with beautiful hardwood floors.

Alton: Live and work with Lake Winnepesaukee views in this 3BR/3BA, 1,780 sf. ranch. Previously an auto repair shop for 20+ years and is suitable for many business. Some rehab needed, property sold as is.

Ashland: A business opportunity awaits you! One building has 2,032 sf. is currently occupied with an existing lease through February 2025. The second building has 1,264 sf. and has an attached garage.

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576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM

Precision Lumber Inc.

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603-764-9450



NEW HAMPTON SCHOOL

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DINING SERVICES TEAM
Full-Time Positions available

VISIT OUR WEBSITE FOR STAFF OPPORTUNITIES
newhampton.org/about/careers



Full-Time Installers Apprentice

Energysavers Inc, a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!
No prior experience required.
Must have a valid driver's license and pass the pre-employment drug screening.
Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH

Town of Plymouth
Highway Department Immediate Opening
Seasonal Sidewalk Tractor Operator

The Town of Plymouth is seeking a qualified applicant, to work 32 hours per week as a sidewalk tractor operator. This is a supervised position, where you will also be required to do hand shoveling on sidewalks, walkways, and building entrances. This position requires you to work varied and sometimes long hours during adverse weather conditions, especially during snowstorms.

This position is seasonal and runs from approximately October thru mid – April.

Applications are available on the Town of Plymouth's website, www.plymouthnh.org Email application to highway@plymouthnh.gov or mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.

The Town of Plymouth is an equal opportunity employer.

To place your classified line ad please call our TOLL FREE number:
1-877-766-6891

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INSIDE SALES PERSON

Duties to include:
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CLASS B CDL TRUCK DRIVER/YARD MAN

Duties to include:
• Local deliveries of lumber-building materials.
• Loading/off loading incoming and outgoing deliveries

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Duties to include:
• Local deliveries of lumber-building materials.
• Loading/off loading incoming and outgoing deliveries

Must be conscientious, self-motivated, good with people, a team player
Able to lift a variety of building materials
Preferably long-term employee

Benefit to include:
• Competitive Wages • Paid Health Insurance
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Please Apply in person at
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NCH | Upper Connecticut Valley Hospital

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Endoscopy Technician	Medical Technologist
Physical Therapist	

APPLY ONLINE
WWW.UCVH.ORG
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603) 388-4236
Ucvh-hr@ucvh.org
EOE



FULL TIME DEPUTY TAX COLLECTOR/MUNICIPAL CLERK

The Town of Thornton is seeking qualified candidates for an immediate opening for the position of Full-Time Deputy Tax Collector/Municipal Clerk. This position will have a work schedule consisting of four days a week (35 hours) and an additional day on occasion as needed to fulfill needs of the department. Starting time to be prior to 8:00 am to accommodate office opening.

This position is Labor Grade 6 with an hourly pay starting at \$21.53 depending on experience plus a generous benefit package including health, dental, retirement and life insurance.

Job functions include but are not limited to performing complicated calculations of vehicle registration transactions; collect, reconcile, and deposit daily cash receipts for transactions processed; must attend trainings pursuant to NH Motor Vehicle requirements; works under direct supervision of the Tax Collector/Municipal Agent; assists with tax collection functions & serves as the Tax Collector during his/her absence pursuant to NH state laws; serves as support staff as requested by other municipal departments and the Town Administrator.

Preferred minimum qualifications include associate degree in business, secretarial sciences or related field, 3-5 years' experience in dealing with the public and some bookkeeping; or any equivalent combination of education and experience. Ability to be certified to perform Municipal Agent work.

A full job description and application is available at the Thornton Town Office or on the town's website at: <http://www.townofthornton.org/> on the Employment tab.

Applications with resume and cover letter must be submitted by 3:00 pm on January 30, 2024, to:
Desiree Mahurin, Town Administrator
Re: Deputy Tax Collector/Municipal Clerk
16 Merrill Access Road
Thornton, NH 03285

This job posting will stay open until filled.
The Town of Thornton is an equal opportunity employer.

Voices
FROM PAGE A1

during my past 11 years at Voices. My gratitude extends to our staff, the Board of Directors, and our volunteers. I eagerly anticipate the organization's journey in this new chapter."

Mulleavey is dedicated to tirelessly advancing the mission of Voices, ensuring uninterrupted access to free and confidential services for the community. In addition to maintaining a 24/7 hotline and accompaniment for victims and survivors, Voices provides shelter and opportunities for education and outreach, encouraging local businesses to get involved.

As Voices bids farewell to Dugan, the Board of Directors expresses its deepest gratitude for her unwavering commitment and tireless efforts in leading the organization over the past 12 years. Her impact will undoubtedly continue to inspire the organization as they look forward to Tina's leadership and a new chapter for the organization.

To learn more about Voices, and learn how

you can become a voice to break the cycle of violence in our community, please visit www.voice-sagainstviolence.net.

Bears

FROM PAGE A1

Ryne Foster got things going for Newfound with a hoop before Belmont's David Lacey hit a free throw to cut the lead to one. Foster and Zeke Shedd connected on hoops for the Bears to push the lead to 4-1 before Christian Marrone drilled a shot for the Raiders to make it 6-3.

Foster and Marrone exchanged baskets to close out the first quar-

About Voices Against Violence

Voices Against Violence is a non-profit organization dedicated to

providing support and assistance to victims and survivors of domestic and sexual violence. Through its compre-

hensive services and advocacy, Voices strives to create a safe and empowering environment for individuals affected by

these issues. For more information, please visit voicesagainstviolence.net.

ter and Newfound had the 8-5 lead after eight minutes of play.

Zeke Weiner and Shedd both hit baskets to start the second quarter for Newfound, but Belmont's Yasmine Green hit a pair of buckets and Marrone added a hoop to cut the lead to 12-11 before Foster connected on a basket for the Bears.

Marrone and Foster exchanged baskets to close out the first half and the hosts had the

16-13 lead heading to the third quarter.

Belmont got a hoop from Mark Frank to start the third quarter, but Shedd connected for the Bears. After Green hit a hoop, Foster and Marrone both hit baskets and the Newfound lead was down to one, 20-19, after three quarters of play.

Christian Duba finished off a steal to open the fourth quarter for Newfound and Shedd

added a hoop to push the lead to five. Green drained a bucket for the Raiders, but Duba added another basket for Newfound.

Marrone and Foster again exchanged hoops to keep the game close at five points, but Duba and Shedd drained buckets in the final minutes to lift the Bears to the 32-23 win.

Foster finished with 14 points to lead the Bears while Shedd fin-

ished with 10 points and Marrone led the Raiders with 10 points.

Newfound is back in action today, Jan. 11, at Prospect Mountain at 3:30 p.m. while the Raiders are also back in action today at Inter-Lakes at 3 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Ashland

FROM PAGE A1

subject, and the Board voted to withdraw the funds. This will leave \$155,832 in the trust fund for future unanticipated expenditures.

The Board approved the first readings of one new policy on Nursing Mothers Accommodation, and on six amended policies on False Alarms, Bomb, Active Shooter, and Other Such Threats; on Change of Class or School Assignment, Best Interests and Manifest Hardship; on Age of Entrance; on Student Searches and Their Property; on Use of Restraint and Seclusion; and on Public Gifts/Donations. Action was post-

poned on a proposal to rescind the policy on Manifest Educational Hardships, a topic included in one of the amended policies. The Board approved a revised Employee Safety Program, which will give the Joint Loss Committee, instead of the School Board, the authority to make changes in the plan. (The Board will be kept informed of those changes.)

Principal Guy Donnelly reported on school activities. The winter recreation program, with skating, skiing and snowboarding at Waterville Valley, with over sixty students participating, and on-campus activities for other students, was to start that week. (Later, the Board accepted a \$1203.75 donation from Meredith Landing

Real Estate that will enable nine students to participate in the program.) Testing will be done this winter to see how students are

progressing. The basketball teams are playing. A Plymouth State University Tiger program had to be rescheduled with some of its cast members got sick. The Ashland PTO will sponsor a Winter Movie Night. The eighth graders are preparing to select their courses for their first year at the regional high school. The staff is doing safety training, with the help of the Fire Department. The donation of L.L. Bean coats and snow pants outfitted over sixty students for the

winter, and will be repeated next year.

LEGAL

Attention Thornton Residents

If you have or know of someone who has a child that will be 5 years of age before September 30, 2024, please have them call to register their child for Kindergarten.

Please call Mrs. Campbell at 726-8904 or email lcampbell@pemibaker.org to request registration materials

NOTICE FOR FILING FOR PEMI-BAKER REGIONAL SCHOOL DISTRICT OFFICE

All persons interested in filing for Pemi-Baker Regional School Board Member may do so with Lynn Davis, Pemi-Baker Regional School District Clerk. Interested candidates please come to the Office of the Superintendent of Schools during the hours of 8:00 a.m. – 4:00 p.m. from Wednesday, January 24, 2024 through Friday, February 2, 2024 inclusive.

Positions open are: School Board

- Ashland resident** – One 3-year term
- Campton resident** – One 3-year term
- Holderness resident** – One 3-year term
- Plymouth resident** - One 3-year term
- Thornton resident** – One 3-year term
- Moderator** – One 2-year term

RUMNEY RESIDENTS Notice for Filing for School Offices

Rumney registered voters wishing to file for School Offices for the March 12, 2024 election must file a Declaration of Candidacy with the School Clerk between January 24- February 2nd, 2024 for the following positions:

- School Board Member 3 year term
- School Board Member 3 year term
- School Moderator 1 year term
- School Treasurer 1 year term
- School Clerk 1 year term

*If you wish to file on February 2nd you must file in person at the Town Clerks Office between 8AM and 5PM

LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division - Haverhill 12/22/2023 thru 1/4/2024

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Carr, Philip Milton, late of Campton, NH. Carl P. Carr, 732 NH Route 175, Campton, NH 03223. #315-2023-ET-00653

Engler, Andrew J, late of Bristol, NH. Tracey Engler, 4050 River Rd, Bristol, NH 03222. #315-2023-ET-00697

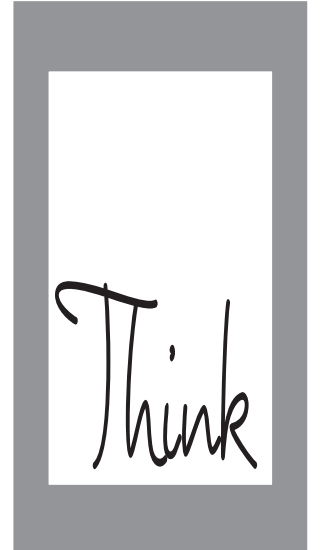
Fletcher, Bonnie J, late of Bristol, NH. Tricia L. Poole, 43 Central Street, Bristol, NH 03222. #315-2023-ET-00704

Lamothe, Marie D, late of Warren, NH. Lisa M Devillier, 1587 Nursery Highway, Breaux Bridge, LA 70517. Kevin R. Bruno, ESQ, Resident Agent, Law Office of Kevin R. Bruno, 125 Central Street, P.O. Box 109, Woodsville, NH 03785-0109. #315-2023-ET-00628

Oster, David R, late of Campton, NH. Janice M. Casey, 32 Riverside Drive, PO Box 593, Campton, NH 03223. #315-2023-ET-00695

Rockwood, Paul K, late of Waterville Valley, NH. Cameron Rockwood, 15 Jeffrey Ln., Falmouth, MA 02536. Nathaniel Rockwood, PO Box 71291, Cottonwood Heights, UT 84171. Kaitlin Marie O'Neil, ESQ, Resident Agent, Normandin Cheney & O'Neil PLLC, 213 Union Ave, PO Box 575, Laconia, NH 03247. #315-2023-ET-00687

Dated: 1/5/2024



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Registration opens soon for Mount Washington Road Race

PINKHAM NOTCH — The 63rd running of the Delta Dental Mt. Washington Road Race is set for 9 a.m. on Saturday, June 15, and registration is opening soon. The popular, quick to sell out, and first come-first serve charity registration period started on Wednesday, Jan. 10, at 8 a.m. With the 2023 charity registration having sold out in 40 minutes, the 200 slots are sure to go fast. Each charity registrant will be responsible for raising \$200 to benefit Coös County Family Health Services in addition to paying the regular registration fee.

The general random selection registration will be open from Feb. 12 at 8 a.m. through Feb. 2 at 11:59 p.m. The entry fee, charged to those who are selected, is \$130 not including administrative fees. Notification of acceptance or rejection by the random selection will be sent via e-mail to each applicant on Feb. 29. Random selection registrants can register individually or as a part of a registration group. Runners registering as a group (up to 15 runners) will either all be selected together or all be turned down by the lottery. Charity and lottery registration information can be found by visiting <https://mt-washington.com/mount-washington-road-race>.

After exceeding the 2023 goal of \$50,000, the fundraising goal for 2024

will be to top the \$65,000 mark. Over the past two decades plus, with the partnership of race sponsor Delta Dental, the road race has raised more than \$300,000 for the Coös County Family Health Services. CCFHS provides vitally needed health care, social services, and dental care to the rural residents of Northern New Hampshire, care that would otherwise require travels of great distances to large regional facilities. The ability to provide high quality care and services locally, services that people in cities and larger towns take for granted, is the mission of Coös County Family Health Services.

Sponsored by Delta Dental, the race ascends the Mt. Washington Auto Road from Pinkham Notch to the 6,288-foot summit of Mt. Washington. As experienced in 2023, runners are hoping to face the full challenge of the unrelenting grade, Mt. Washington's famously high winds, precipitation, and unpredictable temperatures, which makes this race one of a kind. Prizes include \$1,000 apiece for the first male and female finishers, smaller cash prizes for the next five men and women and the top three male and female masters (over 40), prizes for the first male and female finishers from New Hampshire, and a \$5,000 bonus for setting a new course record.

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Summer cap scholarship available

REGION — Grafton County Conservation District (GCCD) is accepting applications for the Jim Page Conservation Scholarship. GCCD wishes to foster learning in the area of conservation by awarding two \$350 scholarships to deserving students of Grafton County in the area of conservation, towards a 4-H Camp or conservation camp experience.

The application is easy to complete – just write a paragraph about why you want to attend camp! Recipients should be prepared to speak to the Grafton County Conservation District about their camp experience. Contact Pam Gilbert at Grafton County Conservation District, 603 787-

6973, for an application and information. Information can also be found on the GCCD website Education tab: graftonccd.org. Applications must be received at Grafton County Conservation District by Feb. 9.

The Jim Page Conservation Scholarship Fund was established by Grafton County Conservation District in honor of Mr. Page's commitment to resource conservation. Jim Page was a lifelong resident of Grafton County, and served his country as a geologist for the U.S. Geodetic Survey, and as a staff sergeant during World War II. He returned to Benton in 1950 where he established and managed Page Hill Farms

on land settled by his great-grandfather. Jim served his community as Selectman, Moderator and Planning Board member. He was also active in land and forest conservation and was instrumental in developing a comprehensive land use plan for Grafton County through the Grafton County Conservation District. Jim was a District Supervisor for 20 years. Grafton County Conservation District accepts donations to the Jim Page Conservation Scholarship Fund solely for the purpose of distributing conservation scholarships.

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