

# GHS honors NH State Scholars

BY ERIN PLUMMER  
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GILFORD — Seniors at Gilford High School who completed four years of rigorous courses were recognized for their hard work as New Hampshire State Scholars.

GHS honored the 38 seniors in this year's New Hampshire State Scholars program with a special luncheon and awards ceremony on May 28.

Principal Anthony Sperazzo said this event started last year to honor the school's NH Scholars.

"It says a lot about the school the number of students who take the most advanced courses," Sper-



Gilford High School's 38 New Hampshire State Scholars.

ERIN PLUMMER

azzo said. "They really challenge themselves."

To be a NH State

Scholar, students must have a minimum of a B- average and no more

than three C grades in their required coursework with no Ds or Fs's

on their transcripts. Students must take a core course of study

including four years of English and math, three and a half years of social Studies/social science, three years of science with labs, and two years of a foreign language.

There are four additional pathways with their own requirements: Arts, STEAM, Career, and STEM.

Students enjoyed lunch in the library followed by an awards ceremony.

"It's great to be able to acknowledge all of you who take the most rigorous courses at Gilford High School," Sperazzo said to the students. "You have definitely demon-

SEE SCHOLARS, PAGE A6

## Visitor survey coming to Mount Major – share your voice this summer

ALTON — Mount Major is one of the most popular hiking destinations in New Hampshire, offering stunning views of Lake Winnepesaukee and drawing year-round outdoor enthusiasts from across the region, country, and even the globe. As visitation continues to grow, the Society for the Protection of New Hampshire Forests (Forest Society) is launching a new Visitor Use Management Study to better understand the experiences, needs, and preferences of those who love this iconic mountain.

"Mt. Major draws visitors from near and far," states Jack Savage, president of the Forest Society. "The mountain is often many people's first hike. We welcome dozens of schools and camps every year, and tens of thousands of individuals. Mt. Major is truly an economic driver for this region and at the same time needs to be sustainable for the community and for the protection of the natural environment. It is with these considerations in mind, that we would like to gather feedback from those that enjoy Mount Major, to improve the experience for everyone. We appreciate each visitor who can take the time to share about their experience."

Starting in June 2025 and running through November, trained field researchers will periodically be on-site at the Mount Major trailhead conducting brief, voluntary surveys with hikers. The survey takes about 10 minutes and will help inform future decision-making around recreation, infrastructure and conservation efforts at Mount Major.

Researchers will be clearly identified with uniforms and ID badges.

**What's the survey all about?**

The study aims to:

- Gather data to improve the quality of visitor experiences
- Assess crowding and environmental pressures
- Guide communication, infrastructure, and investment priorities
- Examine visitor preferences toward future management actions
- Promote a more welcoming, inclusive, and sustainable recreation environment

Responses are confidential and anonymous, and participants will be entered into a raffle to win outdoor gear and other great prizes.

Whether you're a local hiker or a first-time visitor, your input matters. This is a chance to shape the future of one of New Hampshire's most treasured public landscapes. The Forest Society has made numerous significant upgrades to recreation infrastructure at Mount Major in the past decade, including year-round portable toilets, a shade pavilion and kiosk, trailhead outreach program, and a sustainable restoration of the lower sections of the Main Trail. Please help us continue to improve Mount Major.

To learn more about hiking Mount Major, visiting with schools or other groups, trail updates and ongoing conservation efforts, Leave No Trace, ways to give back or volunteer, or about the trails and history of Mount Major, visit the Forest Society's Web site, [www.forestsociety.org](http://www.forestsociety.org)

## Barnstead, Alton looking for committee members

BY ERIN PLUMMER  
mnews@salmonpress.news

REGION — Barnstead and Alton are looking for volunteers to serve on different town boards and committees.

Barnstead is seeking residents for the Barnstead Public Administration Management Subcommittee.

The committee will be responsible for assessing the Barnstead fire, police, fire, and town departments' organizational and management needs.

"The purpose is to provide informed recommendations to the Board of Selectmen to ensure responsive, efficient, and effective management of public services for our community," read the notice by the town. "This evaluation focuses solely on the structure and

management of these agencies and does not serve as an assessment of individual performance or personnel."

The subcommittee will operate under the selectmen's guidance.

Anyone who is interested in serving on the committee should send a letter of interest to town administrator Karen Montgomery at [kmontgomery@barnstead.oeg](mailto:kmontgomery@barnstead.oeg). Letters can also be dropped off at the selectmen's office at town hall.

The Barnstead Recreation Commission is also looking for members. Members of the commission help lead and plan the department's many events and work behind the scenes. Meetings take place on the second Thursday of the month at the Oscar Foss Memorial Library at 6 p.m. Contact the department at [\[steadparks@gmail.com\]\(mailto:steadparks@gmail.com\), calling Gail McCullough at 802-332-3799, or sending a message through the Barnstead Parks and Recreation Department's Facebook page.

Alton is looking for alternates to serve on the planning and zoning boards. Alternate members attend monthly meetings and will take the place of regular members who are absent from the meetings. Those eligible for the position are full time town residents who can attend the monthly meetings of either board. The planning board meets every third Tuesday of the month and the zoning board meets every first Thursday of the month.

Those interested in serving as alternates to the town land use boards can contact the Planning Department at 603-875-2162 or email \[pzassistant@alton.nh.gov\]\(mailto:pzassistant@alton.nh.gov\).](mailto:barn-</a></p></div><div data-bbox=)

## Undefeated Golden Eagles punch ticket to Final Four

### Gilford tennis girls beat St. Thomas at Gilford Hills Tennis and Athletic Club



JOSHUA SPAULDING

Isabelle Walton charges in to return a shot during quarterfinal action on Saturday afternoon.

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The old saying is it's hard to beat the same team three times in one season. One would think that means it's even harder to beat the same team four times in one season.

However, for the undefeated, top-ranked Gilford girls' tennis team, proving that to be completely wrong was the order of the day on Saturday afternoon.

The Golden Eagles dispatched the eighth-seed Saints in the Division III quarterfinals on Saturday at Gilford Hills Tennis and Athletic Club by a 7-2 score to earn a place in the Division III semifinals.

Tess Eckhardt was the first player off the court for the Golden Eagles, cruising to a quick 8-0 win in the number three

spot in the lineup. Emmaline Leandro was next off the court, getting the 8-2 win at number four and Jade Nicolas was next off the court, dropping an 8-6 decision at number one.

Isabelle Walton had a very quick match in the fifth spot, getting an 8-0 win and Natalie Clay came off the court with an 8-3 win in the sixth singles spot.

The match of the day came at number two singles, where Aly Onos battled back and forth for more than an hour and a half and dropped a 9-8 decision, 7-3 in the tiebreaker, giving Gilford the 4-2 lead after singles.

Eckhardt and Leandro played in the second doubles spot and they got an 8-0 win, which clinched the win for the Golden Eagles. Walton and Grace Powers got an 8-4 win in the third doubles spot



JOSHUA SPAULDING

Emmaline Leandro drops a shot over the net during Gilford's quarterfinal win over St. Thomas.



JOSHUA SPAULDING

Tess Eckhardt returns a shot during her team's quarterfinal match at Gilford Hills Tennis and Athletic Club on Saturday.

and Nicolas and Onos came through with an 8-3 win in the top spot to close out the 7-2 win for Gilford.

Gilford advanced to the Division III semifinals, where they played host to Kearsarge after deadline on Tuesday. The

winner earned a berth in the Division III finals, which will take place on Thursday, June 5, at Memorial Field in Concord.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*



# Alton Parks and Recreation Community Connection

## Alton Town Wide Yard Sale- June 7

The Alton Parks and Recreation Department is sponsoring its Annual Town Wide Yard Sale on Saturday, June 7, rain or shine from 8 a.m.-2 p.m. Free Yard Sale maps with more than 65 yard sales listed are available at the Parks and Recreation Department outdoor kiosk, Gilman Library, Town Hall, local banks and at [www.alton.nh.gov](http://www.alton.nh.gov).

## Line Dancing lessons

Line dancing lessons with Jane are held on Thursdays now through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton

Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

## Little Lake Explorers Playgroup

Join in this new playgroup led by Jennifer Lutz and Melissa Sciuto on Mondays at the Alton Bay Community Center from 9-11 a.m. This free program is open to all children newborn to seven years of age and their parents. Activities include free play, snack time, story time, music and more. Parents must stay and supervise their child during the program and are asked to bring a peanut free snack for their child. Please pre-register

by the Wednesday before each meeting at [littlelakeexplorersalton@gmail.com](mailto:littlelakeexplorersalton@gmail.com). Drop ins are also welcome. For more information, contact Alton Parks and Recreation at [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

## USTA summer tennis lessons — Youth

The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for Grades 1-6 on Tuesdays and Thursdays at the Liberty Tree Park Tennis Courts. Session 1: July 8-24 and Session 2: Aug. 5-21. Grades are divided by times: 9-10 a.m.-Grades 1-3; 10:15-11:15 a.m.-Grades 4-6. Registration is \$60, including a brand-new tennis racket, and instruction with a USTA New England certified instructor. Basic tennis skills will be taught- forehand, backhand, serve, overhand and volley. Register by June 20, class size is limited to seven. Registration forms are available at [altonparksandrecreation.com](http://altonparksandrecreation.com) or stop by the Parks and Recreation Kiosk at 328 Main St. to sign up. Contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) or 603-875-0109 for more information.

## USTA summer tennis lessons — Adults

The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for adults on Wednesdays at the Liberty Tree Park Tennis Courts from July 9-Aug. 13 from 6-7:30 p.m. Registration is \$70, including instruction with a USTA New England certified instructor. Basic tennis skills will be taught- forehand, backhand, serve, overhand and volley. Register by June 20, class size is limited to seven. Registration forms are available at [altonparksandrecreation.com](http://altonparksandrecreation.com) or stop by the Parks and Recreation Ki-

osk at 328 Main St. to sign up. Contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) or 603-875-0109 for more information.

## Slow Flow Yoga with Pamela Mott, 500 YTT certified

Classes are held on Mondays and Wednesdays from 6:30-7:30 a.m. at the Alton Bay Community Center or choose the online option and practice from home. All levels are welcome and encouraged. Class focus is Sun Salutation A and B; Hatha Yoga and the 8 Limbs. Pre-registration is preferred, text 603-393-0595. Cash and Venmo accepted. Pre-registration and virtual attendance is \$10; Drop in \$15. Classes are ongoing. For more information, contact Alton Parks and Recreation at 603-875-0109 or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

## Pilates Classes in Alton Bay — Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/to register, contact Donna at [breathepilates1@yahoo.com](mailto:breathepilates1@yahoo.com) or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

## Guided meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays June 12 and June 26 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meet-

ing Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit local charities. For more information contact Alton Parks and Recreation at [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) or 603-875-0109.

## Alton Bay Concerts at the Bandstand 2025 Summer Concert Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay

July 3- “Thursday Afternoon Band”- Classic and Modern Rock- Fireworks to follow at 9:20 p.m.; July 5- Saxx Roxx- Classic Rock with brass; July 12- The Visitors- Oldies, Classic Rock, Country Rock; July 19- Pub Pirates- Classic Rock; July 26- Got It Covered Band- Cover Songs; August 2- The Revolutionists- Classic and Modern Rock and Roll; Aug. 9- Bittersweet- Classic Rock-Fireworks to follow at 9 p.m.; Aug. 16- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; Aug. 22- “Thursday Afternoon Band” sponsored by Water Bandstand Committee; Aug. 23- Saxx Roxx- back by popular demand and August 30- Cool Beans — ‘60’s and ‘70’s Rock.

## Alton Bay fireworks

The Town of Alton is sponsoring Fireworks in celebration of Independence Day in Alton Bay on Thursday, July 3 at 9:20 p.m., rain date is Saturday, July 5.

## Alton Old Home Days 5K Road Race

Co-Sponsored by Meredith Village Savings Bank. Aug. 9 at the Alton Bay Bandstand, 9 a.m. Sign up by July 14 and receive a long sleeve race shirt. USATF Certified Course through Alton. Computerized timing with bib chip; results post-

ed online. Scenic, slightly varied course, flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffles for racers. Forms and map available at [www.alton.nh.gov](http://www.alton.nh.gov) or register online at <https://runsignup.com/Race/NH/Alton/AltonOldHomeWeek-5KRoadRace>, \$20.

## Pick up Pickleball games

Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Sign up online <https://www.signupgenius.com/go/8050D4FA8AF2CA5F85-54716680-pickup>. The courts are located at 65 Frank C. Gilman Highway. The overflow parking area is across the street next to Mill Pond. For more information contact [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

## Travel Club — Trip to Canyon Country 2026

Alton Parks and Recreation is sponsoring a trip with Collette Tours to Canyon Country in 2026. Trip highlights include Grand Canyon; Lake Powell; Rafting on Horseshoe Bend; Bryce Canyon National Park; Zion National Park, Las Vegas and much more. Trip dates are May 15-22, 2026. Includes airfare, 11 meals, hotels, and guided transportation through Canyon Country, including walking, bus, and boat tours. This is a great way to travel solo or in a group. An informational session will be held on Sept. 22 at 10 a.m. at the Gilman Library. RSVP to attend the session-603-875-0109 or [parksrec-asst@alton.nh.gov](mailto:parksrec-asst@alton.nh.gov).

## “From Allies to Enemies: Truman, Stalin, and the Start of the Cold War” lecture planned at Wright Museum

WOLFEBORO — On Tuesday, June 10, the Wright Museum will welcome David Fogleson. This is the third program of the Wright Museum’s 2025 Education Series.

In April 1945, not long after Harry Truman succeeded Franklin Roosevelt as President, US, British, and Soviet troops met at the Elbe River and celebrated their impending victory over Nazi Germany. Two years later, just a month after Truman announced his doctrine for support of free peoples against outside pressures or internal subversion, financier and political advisor Bernard Baruch declared that the United States was in the midst of a “cold war,” with enemies “abroad and at home.” This lecture will analyze and explain the drastic deterioration of US-Soviet relations from the culmination of the wartime alliance to the first use of the term “cold war” in the United States. It will emphasize the influence of US domestic politics and the major changes in American public opinion

about the Soviet Union during those two tumultuous years.

Dr. Fogleson is a historian of American Foreign Relations and Professor of History at Rutgers University Most of my research has focused on American Soviet and American-Russian relations.

Doors open at 6 p.m., the program begins at 7 p.m. on Tuesday, June 10 at the Wright Museum’s DuQuoin Education Center, 77 Center St. in Wolfboro. Admission is \$8 for members and \$12 for non-members. Pre-paid reservations are strongly encouraged and can be made online at <https://wrightmuseum.org/lecture-series> or by calling 603-569-1212.

The region’s leading resource for educators and learners of all ages on World War II, the Wright Museum features more than 20,000 items in its collection that are representative of both the home front and battlefield. For more information about the 2025 Lecture Series, or museum, visit [wrightmuseum.org](http://wrightmuseum.org).

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We proudly announce that The WiCC, Winnisquam's new high school career and technical center, is on schedule (thanks to Laconia's Bonnette, Page & Stone's construction management) to open for the 2025/26 school year.

We celebrate the scores of area students who took the leap to apply and confirm their acceptance to enroll for 2025/26. The response has been incredible. We offer five programs (some seats are still available):

- Machining and Welding ("Design, Create, and Fabricate")
- Cosmetology
- Outdoor Resources Recreation
- Animal Care and Management
- Our newly started BEE-A program (Business Enterprise and Entrepreneurship through Agriculture). This unique program enables students to develop the relevant knowledge and field skills necessary to produce and market a variety of agricultural products, and manage all aspects of a small competitive business.

The WiCC proudly serves area students attending or living in the region associated with the following high schools: Belmont / Franklin / Gifford / Inter-Lakes / Laconia / Merrimack Valley / Newfound Regional / Winnisquam Regional // (including area charter, private, and homeschool students)

[www.WiCC-Ed.org](http://www.WiCC-Ed.org)

## Early literacy workshop to be held at Meetinghouse

NEW DURHAM — Parents and caregivers of children who have finished Kindergarten through grade three are invited to a free early lit-

eracy workshop at the 1772 Meetinghouse.

Scheduled for Monday, June 9, and beginning at 6 p.m., the hour-long program will focus

on providing tools to help with reading difficulties and to encourage a love of reading.

“This will be tailored to any concerns caregiv-

ers have about their individual children,” Ellen Phillips, long-time New Durham School literacy teacher and consultant who is leading the workshop, said, “but it’s also beneficial for kids who are doing well with reading.”

Sponsored by the Meetinghouse Committee, this is the second of two programs geared toward making eager readers. They are just the beginning of a planned series of events to be held now through the fall at the historic building.

“At one point, the committee developed a calendar of a variety of activities attracting different age groups and demographics that we had secured leaders and instructors for,” Phillips said. “We’re excited to be able to put some of them into play.”

Nutrition instruction, Spanish lessons, art classes, a forest project, and medical/legal presentations are planned.

The 1772 Meetinghouse is located at 207 Old Bay Rd. Light refreshments will be provided. Parents and caregivers can register at [newdurhammeetinghouse@gmail.com](mailto:newdurhammeetinghouse@gmail.com), although registration is not necessary.

“Come with your questions,” Phillips said. “There are so many ways to increase your children’s desire to read.”

## Kingswood Theater opens registration for fall musical

WOLFEBORO — Kingswood Theater has opened registration for the fall 2025 KRMS/KRHS musical. Families who have a student in the Governor Wentworth Regional School District who will be in grades 7 through 12 next year, and would like to participate in the musical either as a cast or crew member, should fill out the Google Registration Form at [kingswoodtheater.org](http://kingswoodtheater.org).

In addition, a mandatory informational meeting will be held after school in the Kingswood Arts Center Auditorium on Wednesday, June 11 from 2:30 - 4:45 p.m., for all students who are currently in grades seven through eleven and are interested in participating. At that time the theater faculty will be announcing the fall musical title and reviewing all expectations.

In addition, a second

informational meeting will be held at 6:30pm in the same location for current sixth grade students and families, as well as the parents/guardians of all Middle and High School students participating.

For further information, or if you have any questions, please contact Mr. Scott Giessler at [sgiessler@sau49.org](mailto:sgiessler@sau49.org), or at 603-832-8250.

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# Senior activities kick off at PMHS, KRHS this week

BY ERIN PLUMMER  
mnews@salmonpress.news

REGION — End of the year events are starting this week for members of the Class of 2025 at Prospect Mountain High School and Kingswood Regional High School leading up to graduation at both schools on June 13.

Area seniors are winding down their high school careers and getting ready for graduation in the coming weeks starting with scholarship nights this week.

For students from Alton and Barnstead, Friday, June 6, is the last day for seniors at Prospect Mountain High School.

The seniors will meet for graduation practice on Monday, June 9, through Thursday, June 12, from 9:30-11 a.m. Seniors are required to take part in order to walk at graduation



FILE PHOTO

Senior activities at Prospect Mountain High School are starting this week, with graduation on June 13.

Class Day awards will take place on Wednesday, June 11 from 10:39 a.m.-12:32 p.m.

Senior Awards night will take place later that night at 6 p.m.

The senior cookout will be on Thursday, June 12, at 11:30 a.m.

Graduation is Friday, June 13, at 6 p.m. at the PMHS soccer field. Se-

niors must arrive by 5 p.m. to check in and take part in the group photo.

The rain date for graduation is Saturday, June 14 at 10 a.m. with graduates arriving by 9 a.m.

For graduating seniors from New Durham, Kingswood Regional High School will hold their scholarship night this Thursday, June 5, at

6 p.m.

The Senior Banquet is Friday, June 6, at 6 p.m. at KRHS.

Graduation practice is on Thursday, June 12, at 11 a.m. Seniors will take part in the Parade of Grades on Thursday, June 12.

Graduation day is on Friday, June 13.

Seniors will gather for

graduation practice at 10 a.m. Graduation is at 6 p.m. on Alumni Field.

## Pittsfield Players to premiere new play based on NH murder case

PITTSFIELD — The Pittsfield Players will present the world premiere of “A Time to Gather Stones” at the Scenic Theatre, 6 Depot St., on June 27 & 28 at 7:30 p.m., with a matinee June 29 at 2 p.m.

“A Time to Gather Stones” is a courtroom drama about the murder of 17-year-old Josie Langmaid of Pembroke in 1847. The accused killer is a French-Canadian woodcutter, Joseph Lepage.

The play is riddled with themes of social justice, prejudice, presumptions, ambition, and the use of capital punishment.

“A Time to Gather



COURTESY

Producer Carole Neveux and Author/Director George Kelly, going over details of original script.

Stones” may be summed up as a courtroom drama with compelling characters sorting out the meaning of senseless tragedy.

For ticket reservations, please call the theatre at (603) 435-8852.

# Aidan Eldridge of Laconia receives BS/MS Degree at WPI’s 156th Commencement

WORCESTER, Mass. — On Friday, May 16, Aidan Eldridge, who majored in Industrial Engineering, was bestowed a BS/MS degree at WPI’s 156th Commencement. Nearly 1,300 undergraduate degrees were awarded during the ceremony.

President Grace J. Wang, PhD, and Board of Trustees Chair William Fitzgerald presided over the exercises.

Wang told members of the Class of 2025 they are entering a changing world filled with competing visions for how to solve challenges and advance society. But, she said, along with knowledge and technical competence in their chosen fields of study, WPI graduates have been equipped with the ability to think critically, to be resilient, to work in teams, and to do it all with a sense of ethics and global responsibility.

"Outside these walls today is a world that needs you," Wang said. "Not just because of what you have learned to do in your chosen field, but be-

cause of who you are, and also because of the leadership qualities you built at WPI."

Delivering the undergraduate Commencement address, Michelle Gass '90, president and chief executive officer of Levi Strauss & Co., reflected on her journey from student to global business leader to inspire the Class of 2025. Gass said she's often asked how a chemical engineering graduate from WPI became CEO of one of the most iconic apparel companies in the world. The answer, she told the graduates, lies in a handful of guiding principles she started refining in her years on the WPI campus.

"I've realized that to the extent I've been successful and able to engineer the kind of life I wanted for myself and my family, it's largely because I learned how to approach problems and moments intentionally and productively, while keeping real people in mind at all times," Gass said.

Gass and Mark Fuller, chair and treasurer of

the George F. and Sybil H. Fuller Foundation, a significant supporter of WPI, received honorary degrees as part of the ceremony.

Student speaker Dhespina Zhidro, a biomedical engineering and mechanical engineering double major, reminded fellow graduates about the community they formed for themselves, shaped by a collective experience that included struggle, doubt, and, ultimately, achievement.

"WPI has given us more than an education," Zhidro said. "It has given us a blueprint for how to live, how to lead, create meaningful change, and leave every place we enter better than we found it."

**About Worcester Polytechnic Institute**

WPI is a top-tier STEM-focused research university and a recognized pioneer and global leader in project-based learning. Founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of

solving real-world problems, WPI's continued mission is to transform lives, turn knowledge into action to confront global challenges, and revolutionize STEM through distinctive and inclusive education, projects, and research. WPI's project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world.

Today, WPI offers more than 70 Bachelor's, master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. To help address ongoing challenges, improve lives, and help create a more sustainable world, WPI faculty and students pursue groundbreaking research in such areas as the life sciences, smart technologies, materials and manufacturing, and global initiatives.

## Christopher Cox of Alton Bay named to Assumption University Dean's List

WORCESTER, Mass. — Assumption University has announced that Christopher Cox, of Alton Bay, Class of 2026, has been named to the University's Dean's List for the spring 2025 semester. Students named to the Dean's List must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters.

"Earning the right to be named to the Assumption University's Dean's List is an extraordinary accomplishment and we congratulate those students who demonstrated exemplary academic excellence this semester," said Assumption University President Greg Weiner, Ph.D. "These students have demonstrated a deep commitment to the pursuit of truth in the company of friends that lies at the heart of

the Catholic liberal education Assumption provides."

Assumption University, founded in 1904 by the Augustinians of the Assumption, is a premier New England university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption's graduates are known for their intellectual seriousness, thoughtful citizenship, and devotion to the common good. The University offers 37 majors and 49 minors in the liberal arts, sciences, business, nursing, professional studies, and other areas, as well as graduate degrees and professional credentials. For more information about Assumption University, please visit [assumption.edu](http://assumption.edu) or follow us @AssumptionUMA.

# Donations sought for All Saints Summer Fair

WOLFEBORO — With spring cleaning season fully underway, we encourage community members to consider donating their gently used items to our fundraising event. In preparation for the 63rd Annual All Saints Summer Fair, we are seeking specific donations. We will be collecting donations from Monday, June 16 through Monday, July 14. During these dates, you can drop off donation items in the Church Hall.

Acceptable donations include: Toys, Children's Sporting Goods, Glassware, Collectibles, Dishes, Home Goods, Linens, Fabric, Craft Supplies, Artificial Flowers, Plants in Pots, Books written on or after 2000, Jewelry and not-so-large Silent Auction items. We do not accept Adult Sporting Goods, Textbooks, Encyclopedias, Rugs, Magazines, Curtains, Decorative and Bed Pillows, Fabric Scraps, Electronic, Furniture, Pet Supplies.

The Summer Fair will be held on Saturday, July 19, from 9:30 a.m. – 1:30 p.m. The Summer Fair is an All Saints tradition that helps serve the community of Wolfeboro and the Lakes Region. The fair offers baked goods, home goods, plant and garden items, collectibles, toys, fabric crafts,

jewelry, books, silent auction items, delicious food options, and a place to receive prayer requests.

Proceeds from the Summer Fair help support the outreach and service ministries of All Saints Church. Bring along your shopping bags and be sure to check out the Summer Fair this

year. It is a wonderful opportunity to have fun as we gather as a community of faith to support those within the Lakes Region.

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### We Will NOT be Undersold



## Pride Month — a celebration of freedom, love, and basic human respect

Pride Month isn't about parades for the sake of spectacle, or some imagined political agenda. It's about something much deeper and far more American: the right to live freely, love openly, and exist without fear.

At its core, Pride is a celebration of freedom of expression, a reminder that all people are created equal, and a protest against the idea that anyone should feel ashamed of who they are or who they love.

It's wild, honestly, that in 2025 we still have to say this out loud: LGBTQ+ people have every right to exist, to love, and to thrive just like anyone else. But the hate, the violence, the bullying is still happening. Most of it comes from people who seem to be bothered by lives that have absolutely nothing to do with them.

What makes someone furious about two women holding hands? Or two men building a life together? Why do some people fixate on other people's relationships as if they were their business to approve or condemn? It's strange, and it's telling.

A big part of it comes down to representation. For so long, gay couples and anyone who isn't straight were invisible in media, ignored in history, and left out of the everyday story society tells about itself. And when something seems different or unfamiliar, some folks decide it's wrong. But different doesn't mean wrong. It just means different.

Pride Month is about countering that invisibility. It's about creating a world where LGBTQ+ people don't have to wonder if they'll be safe in public, or if their identity will cost them their job, their family, or their lives. It's about telling the kid in the small town, or the adult who's finally coming out later in life: you are not alone, and there is nothing wrong with you.

Pride isn't about sex. That's a tired excuse opponents use when they don't want to confront their own discomfort. Pride is about love, the right to love without shame, without silence, and without asking permission.

LGBTQ+ people are more than who they love. They are teachers, veterans, parents, artists, first responders, elected officials, neighbors, and friends. They contribute to society in every way imaginable. The idea that some people's lives matter less because of their identity is not just wrong, it's un-American.

Pride Month is a time to honor courage, community, and the hard-won right to live authentically. It's also a time to remind ourselves that no one's existence is more important than anyone else's. We're all just trying to live.

And for those who still feel the need to tear others down because of who they love, perhaps it is time to ask what that says about yourselves, not 'them.' Because live and let live isn't just good advice — it's one of the bedrock principles of a civil society.

### Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

## LETTERS FROM EDWIN

### Sauce

It's almost Memorial Day. That's when it used to be safe to plant your garden around here. Lately I think it's more like a couple of weeks before. Last week, I picked up a couple six packs of Broccoli, some Romas and a couple pounds of yellow onions. I'm a lazy farmer. I let others start my plants. I do some things from seeds, but those usually get planted late too.

I always want to get the wood in. This year it's almost finished. I can easily postpone the last bit till after planting. But the yard is turning into a hay field. Another one of those springtime inevitable tasks yearning to steal all my free time. I'll have to squeeze that in too.

I haven't yet checked the weather forecast for

this weekend. In a way, I don't want to know. The band is playing Saturday night, so I won't be doing much that day and I'll then be tired on Sunday from lack of sleep, which leaves Monday to do any gardening or whatever. A couple hours will be spent doing sound for the town's ceremonies before the parade.

Constantly trying to clean out the freezer, my supper tonight consisted of mostly that. Last week I made a meat loaf from something found in the far reaches of the deep freeze. I took a piece of that along with an old potato that I cooked and froze last spring when they started sprouting in the cellar.

When I cook all my frozen broccoli, there are

usually crumbs left in the bottoms of all the bags. Instead of throwing them to the worms, I stash them until I get a usable amount with which to make creamed broccoli with. That's what I did tonight. It tasted wonderful compared to what I usually prepare. It was kind of special. And there's easily enough for another meal. A hand full of homegrown wax beans rounded out the dinner.

My mother used to do creamed dinners quite often. It always made good things better. We'd have creamed spinach, creamed eggs, creamed dried beef, creamed haddock, creamed pork chops, creamed anything! It was very similar to the creamed gravy my father would make for

the roasted turkey. We'd have the leftovers heated up in that gravy till there wasn't anything left.

All that creamed stuff was made with wheat, and seeing as I've become one of those GF folks, I didn't think I'd ever enjoy such a pallet pleasing delight again. But I made mine with corn starch for thickener. It worked fantastic. I'll certainly do that again.

So here it is, late May, and I'm still eating nearly a complete meal from the produce of last year's gardens. Yes, I am scraping the bottom of that barrel though. Speaking of which, when I transferred the leftover broccoli stuff into a container, I grabbed a spoon and scrapped as much as I could get into my mouth before washing it down the drain. Good to the last nibble. That's pretty darn good.

The weather has continued to be quite rainy, and the road into here has become somewhat soft in places. Almost like mud season. Last week, I conveniently had eight yards of stone dumped off so that I have plenty of supplies for road fixing. For this I used to use the old wheelbarrow and shovel method. That worked, but that was before I got my little tractor. What a joy to let a machine, powered by transformed prehistoric dead stuff, pick up my stones and transport them to where I can spread them. There's another thank you Lord moment for you.

All my little potholes are now nicely smoothed out so the people who fly down the road shouldn't transform them into huge puddles. I even spread some on the soft stuff. There was some stone leftover in the bucket so I might as well take full advantage.

SEE EDWIN, PAGE A5



Kingswood Regional High School congratulates its 2025 Principal's Award recipients. From left to right are Principal Paul Famulari, Noah Leighton, Jaylin Lovering, and Assistant Principal Grady Charland.

## Venting!

We've all done it. Something goes wrong—a bad day at work, a fight with a friend—and the words come pouring out. Complaining can feel like a relief. But what if science says it's not helping at all?

Your brain is like a hiking trail. Every time you walk the same path, it gets easier to find—

and harder to avoid. Venting carves that path deeper. The more you fixate on what went wrong, the more your brain learns to return to that place.

Your brain can learn both positive and negative habits. And the more you replay either one, the more your mind is trained to stay in that state. So when

you constantly focus on the negative—by venting, complaining, or reliving what went wrong—you're teaching your brain to live there. To expect it. To look for it. Constantly hiking that trail, so to speak.

When you vent without seeking a solution, your brain starts to believe the problem is bigger—and that you're smaller. Over time, you're not just describing the struggle; you're training your mind to feel powerless in the face of it. Complaining becomes less about release and more about rehearsal. Conditioning yourself for failure.

Contrary to popular belief, expressing anger without resolution doesn't release emotion—it amplifies it. It's like turning up the volume without changing the song. Each time you vent, your brain thinks the threat is still happening, flooding your body with stress and keeping your nervous system in a state of fight-or-flight. The more you relive the stress, the more your system stays on high

alert. Not because of what happened but because you won't stop re-playing it.

It's hurting your relationships. It turns conversations into dumping grounds, leaving listeners feeling drained or helpless—especially when they feel unable to make a difference. In trying to release stress, we end up spreading it. When grumbling becomes the main event, connection takes a back seat. Instead of a conversation, it's a monologue. The listener can't help, and you both walk away less happy.

Conventional wisdom taught us that voicing our struggles helps us "get it all out," but research suggests otherwise. Studies show that it doesn't create clarity—it creates confusion. Instead of moving toward resolution, we circle around blame, frustration, and helplessness. This kind of repetitive negativity dampens our brain's ability to plan, prioritize, and think creatively. Complaining aimlessly doesn't unlock solutions—it shuts them

down. The mind can't design solutions while it's stuck in survival mode.

Emotions are contagious! When we grumble, we're not just expressing—we're transmitting. Cortisol (your body's stress hormone) doesn't just stay in your bloodstream; it causes others to produce stress hormones, too! Dysregulating not just your nervous system but everyone else's as well. What feels like a release at the moment can leave others feeling anxious, irritable, or exhausted—and you even more out of sync.

Sadly, every time you vent, voice your pain, your wounds, your "stuckness"—you strengthen the story that you are those things. Instead of helping your brain process the experience and move forward, constantly venting blends your identity with the version of you that's still hurting. Over time, that repeated focus doesn't lead to healing—it leads to entanglement. You stop being someone who had a challenging experience and starts becoming someone who is the experience.

Sure, complaining can feel good—for a second, like a steam valve hissing open. But long-term relief doesn't come from circling the same complaints. It comes from breaking the loop. From reflection. From pattern interruption. From choosing to move forward, even when your feelings are still catching up.

So, the next time you feel the urge to vent, pause. Breathe. Ask yourself what you want—relief or repetition. The answer might change everything. The truth is that your brain is always listening.

Every word you speak shapes the path ahead. So talk like someone who's going somewhere. Use words that push you forward, not hold you back. You're not powerless—you're learning, growing, becoming. You don't need more drama. You need direction. You don't need everything figured out—you need to stop looking back and start moving forward.

*Toby Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream Inc.*

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# Let Gilman Library bring music into your life

ALTON — Did you know that the Gilman Library at 100 Main St., in Alton, can help you bring music into your life? You can find an authentic Australian Didgeridoo in the Teen Zone, located at the front of the youth wing, known as the Margaret E. Kayser Room. Though it can now be found all over the world, this type of wind instrument was invented by the Aboriginal peoples of Northern Australia, at least 1,000 years ago. When played properly, it produces a continuous droning tone that is strongly associated with Indigenous Australian music. It is a long cylindrical tube anywhere from three to ten feet long. The longer the instrument, the low-

er its pitch or key. The library’s didgeridoo is three-and-one-half feet long. It is not a circulating item, but it is an interesting artifact to see on the next visit to the library.

The Gilman Library has a Kalimba instrument that you can check out, in a kit with instruction manuals to help you learn to play. A kalimba is sometimes referred to as the African thumb piano. It is a small wooden box with metal tabs that when plucked sound like the keys of a piano. You can check out an instruction book to help you learn to play the recorder, a much smaller woodwind instrument, like the clarinet.

You can sign up now for the July 17 Third

Thursday Event at Gilman Library with Alton Parks and Recreation Assistant, Samuel Twinning. Intro to Guitar or Ukulele, held from 10-11:30 a.m., will focus on the basics, such as parts of the instrument, tuning, one or two chords, play along. Preregistration is required by email to parksrec-asst@alton.nh.gov, by July 14.

Science has shown that musical instruction can lead to better brain development in younger children and help to improve memory in senior adults. Forget those memory games. Research from the University of Illinois documents little evidence that these memory games help very much, while a University of Montreal

study shows that music can stimulate the brain and the senses and musical training strengthens your brain power with many long-lasting.

Books in our current circulation include several on how to play guitar, classical or acoustic, and how to sing. You might like “It’s Never Too Late to Sing: The Beginner Singing Method” by Heidi Pegler and Pam Wedgwood. Or you might prefer “How to Sing Rap: The Art and Science of Hip-Hop” by

Paul Edwards. We also have books exploring the effects of music on the brain, “Music, the Brain, and Ecstasy: How Music Captures Our Imagination” by Robert Jourdain, “This Is Your Brain on Music: The Science of a Human Obsession” by Daniel J. Levitin. And “Musicophilia: Tales of Music and the Brain” by Oliver Sacks.

To enjoy the benefits of your favorite music on demand, peruse our shelves of music CDs. The library has sever-

al beautiful Hawaiian music CDs donated by ‘Danny K. Kila,’ a.k.a. Daniel Tremblay. You will discover an eclectic mix of Celtic, Classical, Country, Rhythm & Blues, Rock, or Opera. You can find vocalists or instrumentals, with guitar, piano, strings, band, or orchestra. If the library does not own it, it may be borrowed from another library, on your behalf. Let Gilman Library bring music into your life. See you at the library.

## Quinn Shanahan from Gilford receives Bachelor's degree at WPI's 156th Commencement

WORCESTER, Mass. — On Friday, May 16, Quinn Shanahan, who majored in Mechanical Engineering, was bestowed a bachelor's degree at WPI's 156th Commencement. Nearly 1,300 undergraduate degrees were awarded during the ceremony.

President Grace J. Wang, PhD, and Board of Trustees Chair William Fitzgerald presided over the exercises.

Wang told members of the Class of 2025 they are entering a changing world filled with competing visions for how to solve challenges and advance society. But, she said, along with knowledge and technical competence in their chosen fields of study, WPI graduates have been equipped with the ability to think critically, to be resilient, to work in teams, and to do it all with a sense of ethics and global responsibility.

"Outside these walls today is a world that needs you," Wang said. "Not just because of what you have learned to do in your chosen field, but because of who you are, and also because of the leadership qualities you built at WPI."

Delivering the undergraduate Commencement address, Michelle Gass '90, president and chief executive officer of Levi Strauss & Co., reflected on her journey from student to global business leader to inspire the Class of 2025. Gass said she's often asked how a chemical engineering graduate from WPI became CEO of one of the most iconic apparel companies in the world. The answer, she told the graduates, lies in a handful of guiding principles she

started refining in her years on the WPI campus.

"I've realized that to the extent I've been successful and able to engineer the kind of life I wanted for myself and my family, it's largely because I learned how to approach problems and moments intentionally and productively, while keeping real people in mind at all times," Gass said.

Gass and Mark Fuller, chair and treasurer of the George F. and Sybil H. Fuller Foundation, a significant supporter of WPI, received honorary degrees as part of the ceremony.

Student speaker Dhespina Zhidro, a biomedical engineering and mechanical engineering double major, reminded fellow graduates about the community they formed for themselves, shaped by a collective experience that included struggle, doubt, and, ultimately, achievement.

"WPI has given us more than an education," Zhidro said. "It has given us a blueprint for how to live, how to lead, create meaningful change, and leave every place we enter better than we found it."

**About Worcester Polytechnic Institute**  
WPI is a top-tier STEM-focused research university and a recognized pioneer and global

leader in project-based learning. Founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems, WPI's continued mission is to transform lives, turn knowledge into action to confront global challenges, and revolutionize STEM through distinctive and inclusive education, projects, and research. WPI's project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. Today, WPI offers more than 70 Bachelor's, Master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. To help address ongoing challenges, improve lives, and help create a more sustainable world, WPI faculty and students pursue groundbreaking research in such areas as the life sciences, smart technologies, materials and manufacturing, and global initiatives.

## Barnstead Historical Society helps kick off Farmers' Market

BARNSTEAD — The Barnstead Historical Society is excited to announce it will be celebrating the opening of the Farmers' Market on June 7, from 9 a.m.-1 p.m. on the historic parade grounds! Stop by

for a visit and browse through the books, postcards and other memorabilia available for purchase. Support both the history of our town and local farmers. We look forward to seeing you!

the clouds, occasionally. There's probably another day before we get some constant sunlight. I took a walk out to the mailbox, inspecting my road work from the previous day. It looks pretty

good. Next, I should take the time and put some sand on it to firm up the repairs. It's on the list.

E.Twaste  
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## Gilford Public Library Classes & Special Events June 5 - June 12

**Thursday, June 5**  
Geri Fit, 9-10 a.m.  
Yogapalooza, 10:30-11:30 a.m.  
T(ween) Plant Power Hour, 3-4 p.m.  
Preparation, seeding, cultivating, weeding, decorating, harvesting... EATING! Learn gardening basics in this after school program!  
French Club, 4-5 p.m.  
**Friday, June 6**  
Senior Sculpt, 9-10 a.m.  
JUNE IN BLOOM: A 4-week Chair Yoga Journey, 10-11 a.m.  
Did you know that Lake Winnepesaukee, named by the Abenaki people, means ‘Smile of the Great Spirit?’ It’s true, and it’s also a great reminder of the energy flowing through our lakeside town. As June wakes us all up, we’re tapping into that same smiling spirit—full of light, renewal, and possibility. Let’s breathe, move, flow, and sparkle together this month! This isn’t just chair yoga; it’s a chance to reconnect with the start of our summer season, our community, and the joy of being alive and vibing in Gilford. As the town comes to life, let’s stretch, breathe, and groove into June with a cool, refreshing splash of joy-boosting mindful movement.  
Bridge, 10 a.m.-noon  
Preschool Storytime, 10:30-11:30 a.m.  
Hand & Foot, 12:30-2:30 p.m.  
Happy Crafters, 1:30-2:30 p.m.  
Advanced Conversational German, 2:30-3:30 p.m.  
Beginner Line Dancing, 4-5 p.m.

**Saturday, June 7**  
Beginner Line Dancing, 10:30-11:30 a.m.

**Monday, June 9**  
Fun and Fitness With Joyce, 9-10 a.m.  
Baby Storytime, 10-11 a.m.  
Mahjong, noon-3 p.m.  
**Tuesday, June 10**  
Geri Fit, 9-10 a.m.  
Senior Sculpt, 10-11 a.m.  
Preschool Storytime,

10:30-11:30 a.m.  
Intermediate Line Dancing, 4-5 p.m.  
Restoring Brook Trout in NH, 5:30-6:30 p.m.  
A New Hampshire Fish and Wildlife Steward will share information about brook trout in the state. You will learn about the natural history of this native fish, its habitat needs, and the population threats. Also, hear about the amazing federal funding mechanism that supports long-term research and is largely responsible for our country's abundant fish and wildlife.  
**Wednesday, June 11**  
Senior Stretch Yogaaah!, 9-10 a.m.  
Card Games, 10 a.m.-noon  
Check out an Expert, 10 a.m.-noon  
Little Math Whiz, 10:30-11:30 a.m.

Paint Group, 1-3 p.m.  
Boredom Busters, 3-4 p.m.  
**Thursday, June 12**  
Geri Fit, 9-10 a.m.  
Yogapalooza, 10:30-11:30 a.m.  
Refreshing Thai Cuisine for Summer, 12:30-3 p.m.  
Are you looking for a new summer dish to make? Join us for a fun night with Chef Colleen as she teaches us how to make Shrimp and Tofu Summer Rolls, two dipping sauces and a cucumber salad! Space is limited. Sign-up required.  
French Club, 4-5 p.m.  
Book Discussion: American Mother, 5:30-6:30 p.m.  
This month's book is “American Mother” by Colum McCann and Diane Foley. Led by Rhettta; books are available at the front desk.

## Bethany Tanner of Gilford graduates from Clarkson University

POTSDAM, N.Y. — Bethany Abigail Tanner of Gilford received a bachelor of science degree in biochemistry, biomedical engineering minor from Clarkson University on May 10.

Clarkson University is a proven leader in technological education, research, innovation and sustainable economic development. With its main campus in Potsdam, N.Y., and additional graduate program and research facilities in the Capital Region and Hudson Valley,

Clarkson faculty have a direct impact on more than 7,800 students annually through nationally recognized undergraduate and graduate STEM designated degrees in engineering, business, science and health professions; executive education, industry-relevant credentials and K-12 STEM programs. Alumni earn salaries among the top 2 percent in the nation: one in five already leads in the c-suite. To learn more, go to www.clarkson.edu.

## Gilford Public Library Top Ten requests

1. “25 Alive” by James Patterson
2. “2 Sisters Murder Investigations” by James Patterson
3. “The Lions of Winter” by Ty Gagne
4. “The Frozen River” by Ariel Lawhon
5. “The Correspondent” by Virginia Evans
6. “South of Nowhere” by Jeffery Deaver
7. “The Let Them Theory” by Mel Robbins
8. “Battle Mountain” by C.J Box
9. “Abundance” by Ezra Klein
10. “The Emperor of Gladness” by Ocean Vuong

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SPORTS

Win streak ends at 71 as Timber Wolves fall to Saints  
*Prospect softball bounces back to win final three of season*

BY JOSHUA SPAULDING  
Sports Editor

ALTON — Prospect Mountain softball coach James Christie wasn't looking for any motivation for his squad as the girls prepare to defend their three-straight Division III championships starting this week.

However, he is pretty sure that Memorial Day provided all the motivation the Timber Wolves need.

Prospect Mountain dropped a 2-1 decision to undefeated St. Thomas on Monday, May 26, ending what had been the country's longest high school softball winning streak at 71 games. The streak goes back so far that none of the girls on this year's Timber Wolf team were in high school when the team last lost a game.

But what was important was that after the loss, the Timber Wolves just need to win seven more games to help clinch another championship.



Paityn Glidden flips the ball to second base during her team's Memorial Day game with St. Thomas.

"Honestly, I don't care too much about the winning streak," Christie said. "What I care about is not losing the last game of the season."

"But I don't think anyone wants to play us in the playoffs, especially now," the Timber Wolf mentor said.

Alexis Wilson stuck out the side in the top of the first inning, but a two-out walk and two base hits produced a pair of runs and St. Thomas had the 2-0 lead. Prospect went down in order in the

bottom of the inning and Wilson struck out the side in the top of the second inning.

The Timber Wolves got a one-out base hit from Paityn Glidden in the bottom of the second inning and Sophia Bowman reached on an error. One out later, a wild pitch brought Glidden home with Prospect's first run but the Saints got the final out of the inning, stranding Bowman at third base.

Wilson gave up an infield hit to start the top of the third inning but



Taylor Greenwood slides safely into second with a stolen base in action against St. Thomas last week.

retired the next three batters in order. Tori Christie ripped a shot to deep center with one out in the bottom of the third with the Saint centerfielder making a great catch to rob the Timber Wolf senior of extra bases. Wilson worked a walk and stole second, but she was stranded on the bases.

Paige Harding made a great catch in right-center field to start the top of the fourth and after Wilson hit a batter, a grounder to second and grounder to first ended the inning. Prospect then went in order in the bottom of the fourth inning.

The Saints got a two-out base hit in the fifth and an error allowed the runner to get to second.

After Christie chose to intentionally walk the next batter, Wilson got the fly ball to center to end the inning.

Taylor Greenwood had a one-out base hit in the bottom of the fifth inning, stole second and moved to third on a sacrifice groundout by Harding. However, she was stranded there and the Saints held on to the lead.

Greenwood made a nice catch in the top of the sixth inning and Wilson worked around a walk. Kora MacKenzie had a one-out base hit in the bottom of the inning, moved to second on a wild pitch and third on a passed ball, but again the Timber Wolves could not get her home from third.

Wilson worked around a leadoff walk and another intentional walk in the top of the seventh, but the Timber Wolves were retired in order in the bottom of the seventh, giving the Saints the 2-1 win.

"If I had to draw it up, that's probably not how I would have with flares like that," Christie said. "But we didn't quite play well enough to win today, we have to put more runs across."

The Timber Wolves bounced back with three wins to close out the season, beating Somersworth 9-1, Hillsboro-Deering by a 7-1 score and Berlin by a 12-0 score to finish the season at 16-1.

The Division III tournament started after deadline Wednesday and continues on Saturday, June 7, at the home of the higher seed. The Division III semifinals are Tuesday, June 10, at Chase Field in front of the Plymouth State University field house.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



RC GREENWOOD  
On to the playoffs

The Gilford boys' lacrosse team wrapped up the regular season last week at 6-8 and will be heading to the Division III tournament, which opens today, Thursday, June 5. The quarterfinals are Saturday, June 7, both at the home of the higher seed. The semifinals are Thursday, June 12, at Laconia High School.



Gilford High School Principal Anthony Sperazzo recognizes this year's NH State Scholars during a special event.

**SCHOLARS**  
(continued from Page A1)

strated determination in order to be here."

School counseling coordinator Trish Lewis told the students this is a community-based program that encourages academic rigor.

"NH Scholars provides a clear roadmap to help students build the skills and knowledge essential for success in college, careers, and community life," Lewis said.

Students also received their lapels they will wear on their gowns at graduation.

min Wolpin.

This year's NH State Scholars have demonstrated their academic commitment while also getting involved in extra-curricular and community activities.

Students also received their lapels they will wear on their gowns at graduation.

"I think they did a great job of a four-year commitment," Lewis said. "They showed resilience and grit and chose the path that's gonna lead to more opportunities."

This year's NH Scholars are Declan Angle, Jared Beale, Clark Blackwelder, Patrick Brooks, Makenna Clayton, Anna Coapland, Camryn Coutts, Mallory Daley, Leah Davignon, Georgia Eckhardt, Kyle Gandini, Kendal Heyman, Cassandra Israel, Lianna Keenan, Ella Keliher, Grace Kelly, Gracely LeBlanc, Anastasia Locke, Ian Lofblad, Luc Martin, Andrew Mini, Emmanuel Montoya, Kaitlyn O'Brien, Lamija Pintol, Sophie Powers, Tessa Richardson, Carson Sadler, Kaegan Sanville, Alana Sawyer, Benjamin Smith, Katherine Strickland, Caitlin Tarr, Abigale Taylor, Brody Testa, Elliot Warren, Evan Wilson, and Benjamin Wolpin.

Kaegan Sanville took honors and AP classes. She also plays volleyball, volleyball, and is a mental health peer.

"I've always been very academically driven," Sanville said. "I also have a good relationship with all the teachers, so that helped me a lot."

Carson Sadler took honors courses including algebra, geometry, statistics, and social studies. Sadler is also a mental health peer.

Sadler said it took a lot of discipline to get to this point.

"When you're consistent and do all your work you'll be recommended to this higher (achievement)," Sadler said.

Clark Blackwelder took AP courses and is also involved in soccer, Nordic skiing, and track.

Blackwelder said the teachers want them to succeed and are teaching them the essentials so they can do so.

Camryn Coutts took honors classes and is also involved in field hockey, skiing, and lacrosse.

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SPORTS

Gilford girls second at Wilderness Championships

BRISTOL — The Gilford track team spent the Saturday of Memorial Day Weekend at the Wilderness League Championships, held at Newfound Regional High School. The girls came home second overall on the day while the boys finished in 11th place.

The Gilford girls got a win from Macy Sawyer in the 400 meters in a time of 59.38 seconds, Riley Coutts was 12th in 1:07.61 and Anna Coapland was 15th in a time of 1:09.1.

Maria Tilley also picked up a win for the Golden Eagles, finishing first in the 3,200 meters in a time of 11:46.24. Tilley was also second in the 1,600 meters, crossing in a time of 5:29.65.

The Golden Eagle team of Athena Booth, Alana Sawyer, Kaitlyn O'Brien and Georgia Eckhardt finished with the win in the 4X800-meter relay, crossing in a time of 10:50.18 while the 4X400-meter team of Coapland, Coutts, Pearl Marvel and Macy Sawyer was second in 4:25.15 and the 4X100-meter team of Coapland, Marvel, Coutts and Emily Aguiar finished in eighth place in 56.84 seconds.

Marvel picked up the win in the long jump with a distance of 16 feet, seven inches and also placed fifth in the javelin with a toss of 79 feet, two



JOSHUA SPAULDING

Grace Southworth and Aria Dewar clear the hurdles during action at the Wilderness Championships on May 24.

In the 800 meters, Alana Sawyer was fifth in 2:42.57, Eckhardt was sixth overall in 2:42.81 and O'Brien finished in 12th place in 2:51.08. Aguiar ran to fourth in the 100-meter hurdles in 18.38 seconds and placed fifth in the finals in a time of 18.28 seconds. Grace Southworth was seventh in 18.56 seconds and Aria Dewar was 10th in 19.02 seconds. Aguiar was also fifth in the 300-meter hurdles in a time of 53.47 seconds, Southworth was sixth in 54.81 seconds and Booth was 15th in 1:00.41.

Coapland finished in sixth place in the pole vault, clearing six feet, six inches and Brynn Blackwelder cleared six feet to finish in eighth place.

The lone win for the Gilford boys came in the javelin, where Lukas Diaz finished with a distance of 142 feet, nine inches. Teammate Eric Warren was 12th at 106

feet, seven inches while in the discus, Gunnar Marvel was fifth at 129 feet, four inches, Declan Voivod was eighth at 117 feet, two inches and Kyle Gandini was 20th at 89 feet, nine inches. John Lavalley was 10th in the shot put at 37 feet, 11 inches, Marvel was 11th at 37 feet, 1.5 inches and Voivod was 20th at 34 feet, 4.75 inches.

Ashton Taylor won the preliminaries in the 100 meters with a time of 11.45 seconds and placed second in the finals in a time of 11.37 seconds. In the unseeded 100, Cayden Barton was sixth in 12.75 seconds while in the 200 meters, Liam Butler was 20th in 26 seconds and Wren Reinholz was 35th in 27.06 seconds.

Butler finished in fourth place in the triple jump at 35 feet, 11.25 inches while in the 110-meter hurdles, Landon Akerstrom was 11th in 21.88 seconds. Marvel ran to 14th in the 400 meters in 56.74 seconds and in the



JOSHUA SPAULDING

William Reinhardt runs in the 3,200 meters during the Wilderness Championships at Newfound.

3,200 meters, William Reinhardt was 11th in 11:20.16. The Golden Eagles



JOSHUA SPAULDING

Pearl Marvel won the long jump at the Wilderness Championships on May 24 in Bristol.

took part in the Division III State Meet on Saturday, May 31 (see separate story).



JOSHUA SPAULDING

Gunnar Marvel winds up to throw the discus during action at Newfound on May 24.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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OBITUARY

Gwyneth De Jager, 89

Gwyneth (Miles) De Jager, 89, of Alton, NH, peacefully went home to be with the Lord on May 21, 2025, with her family by her side. She was born February 13, 1936 in Spokane, Washington to Harriet Idella (Humes) Miles and Reginald Aubrey Miles, both of whom worked for the Northern Pacific Railroad. In her youth, Gwyn participated in a variety of activities including Swimming, Dance, Girl Scouting, and Trapshooting with her family. She also enjoyed spending time with extended family in Horsehead Bay, WA. In 1954, Gwyn graduated from Lewis & Clark HS in Spokane. Gwyn worked as a Hairstylist at the Davenport Hotel, then as a Telephone Operator in Tacoma. She enjoyed dancing with the USO, where she met her husband Pete at Fairfield Air Force Base. They married in 1957, and settled in NJ, where she was lovingly welcomed by Pete's family. Soon after, they started their family of 7 children, whom she affectionately called her "chicks". As a dedicated, full-time mother, she loved unconditionally, sacrificed continually, and



brought joy to life with her extensive repertoire of songs and her ability to initiate fun. Gwyn had an adventurous spirit and enjoyed traveling. In 1970, the family moved to NH, where Gwyn and Pete enjoyed creating a sanctuary for innumerable lasting memories with family and friends. Gwyn valued time with friends who shared her interests in several Arts organizations including Ladies of the Lakes Quilters' Guild, NH League of Craftsmen (Juried Artist), Historical Society of Early American Decoration, and Vesterheim Folk Art School specializing in Norwegian Rosemaling. She felt she was never too old to learn new things. It brought her great joy and honor to be involved in peoples' lives, serving as a

mentor and mother figure to many. Her passion for the truth of God's Word led her to initiate Community Bible Study in the Lakes Region, which continues to this day. She will be remembered for her deep faith in Jesus Christ, generous heart, warm hospitality, and kindness by those whose lives she touched. Gwyn was predeceased by her husband of 66 years, Pete, as well as her parents and brother Keith. She is survived by her children: Peter De Jager, Jr. (Karen); Diane Jensen (Craig); Arlene Gaskell (Douglas Jr.); David De Jager (Wendy); John De Jager (Charla); Carolyn De Jager and Virginia Fitzpatrick (Blaise). Gwyn was a dedicated Grandmother (Nana) to 21, Great Grandmother to 7, Sister, Daughter, Aunt and Friend. The family will host Visiting hours on Wednesday, June 4, 2025 from 6-8pm at: Lord Funeral Home, 23 Club Ln, Wolfeboro NH. A Celebration of Gwyn's life will be held on Thursday, June 5, 2025 at 11am at First Congregational Church of Ossipee, 50 NH-16B, Center Ossipee, NH. Burial will take place on Thursday, June 5, 2025 at 2:30pm at New Riverside Cemetery, Rt. 28, Alton NH. In lieu of flowers, donations may be made in Gwyn's honor to either of the following: ~ Cornerstone Christian Academy, 129 Rt. 28, Ossipee NH 03864. Cornerstone Christian Academy - Christian School in Ossipee NH ~ Cornerstone Christian Academy, 129 Rt. 28, Ossipee, NH 03864 https://cornerstoneabc.org/~First Congregational Church of Ossipee, 50 NH-16B, Center Ossipee, NH 03814 Please designate gift to "Children's Ministry" https://www.firstossipee.org/

SPORTS

Golden Eagle softball sweeps busy final week

BY JOSHUA SPAULDING Sports Editor KINGFORD — It was a busy final week of the regular season for the Gilford softball team, but it was a successful week as well, as the Golden Eagles won all four games to finish the season at 13-3. The week began with a home game with Fall Mountain on Monday, May 26, with Gilford getting the 3-2 win over the Wildcats. Both teams scored two runs in the third inning and Gilford added one in the bottom of the fifth inning and held on to take the 3-2 win. Kendal Heyman led the offense with two hits while Sadie Lydick had a double and scored two runs, Rainey Hinds had a hit and drove in all three runs and Belle Dow added a hit. Dow did the pitching for the Golden Eagles, going all seven innings and allowing just three hits and two earned runs while striking out 13. Things were a bit more comfortable for the Golden Eagles the next day, as they hosted Mascoma and cruised to a 19-0 win. The Golden Eagles scored one run in the bottom of the first and six in the bottom of the second before plating 12 runs in the fourth to close out the 19-0 win. Heyman had a homer and a double, drove in three runs and scored two runs, Mia Macaione had a homer, drove in two runs and scored two runs, Lydick had two dou-

bles and a single, drove in a run and scored three times, Kaegan Sanville had a double and a single, drove in four runs and scored two runs, Hinds had a hit and scored two runs, Payton Brown had a hit, drove in a run and scored a run, Lucy Akerstrom had a hit, drove in two runs and scored a run, Emma Horton had a hit and drove in a run and Maddi Metz had a hit and scored a run. Lydick pitched four innings, allowing one hit and striking out five and Akerstrom pitched the final inning, recording two strikeouts. The Golden Eagles hosted Raymond on Thursday, May 29, and got the shutout win by a 7-0 score. Gilford scored two runs in the bottom of the first and four more in the bottom of the second before adding a final run in the bottom of the sixth inning. Dow led the offense with a homer and a single, drove in two runs and scored a run, Akerstrom had a triple, scored a run and drove in a run, Heyman had a double and a single, scored a run and drove in a run, Hinds had a double, drove in a run and scored a run and Grace Kelly had a hit and scored a run. Dow went the distance in the circle, giving up two hits and striking out 10 in earning the shutout win. The season wrapped up on Friday, May 30, with the Golden Eagles traveling to Manchester

and defeating Trinity by a 13-9 score. The Pioneers scored three times in the bottom of the first before Gilfor answered with three in the top of the second. Gilford scored five times in the top of the third and after Trinity added a run in the bottom of the third, Gilford scored four in the fourth and three in the fifth for the 15-4 lead. Trinity battled back with four in the bottom of the sixth inning and added one in the seventh for the 15-9 final. Macaione had a homer and a single, drove in three runs and scored four times, Savannah Halligan had two hits and drove in two runs, Dow had a hit and scored a run, Akerstrom had a hit, drove in two runs and scored three times, Hinds had a hit, drove in a run and scored a run and Taryn Limanni had a double and drove in three runs. Dow pitched the season finale, going all seven innings, giving up seven hits and three earned runs while striking out 12. The Division III tournament began after deadline on Wednesday, June 4, and continues on Saturday, June 7, both at the home of the higher seed. The semifinals are set for Tuesday, June 10, at Chase Field in Holderness, right in front of the Plymouth State University fieldhouse. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Sawyer wins Division III 400 meters championship

BY JOSHUA SPAULDING Sports Editor KINGSTON — The Gilford track girls finished in sixth place overall at the Division III State Meet on Sunday at Sanborn Regional High School. Sophomore Macy Sawyer won the Division III championship in the 400 meters, finishing in a time of 58.2 seconds with teammate Riley Coutts in ninth place in 1:05.83. Sawyer was also third in the 200 meters, finishing in a time of 26.09 seconds. Junior Maria Tilley also picked up a third place finish on the day, crossing the line in a time

of 11:34.76 in the 3,200 meters. Sophomore Emily Aguiar finished in fourth in the 300-meter hurdles with a time of 50.61 seconds with classmate Grace Southworth in 11th place in 54.34 seconds. Aguiar was 11th in the 100-meter hurdles in 17.81 seconds and Southworth was 15th in 19.4 seconds. Sawyer, Coutts, Southworth and Pearl Marvel finished in third place in the 4X400-meter relay in a time of 4:22.26. Marvel, competing in her first high school state championship, finished in 12th in the long jump with a distance of 14 feet, 1.5 inches and placed 14th

in the javelin at 77 feet, seven inches. Lukas Diaz had the top performance for the Gilford boys, as he placed second in the javelin at 149 feet, six inches. Gunnar Marvel placed 10th in the discus at 120 feet, 11 inches and Declan Voivod was 16th at 84 feet, five inches. John Lavalley threw his way to eighth place in the shot put with a toss of 39 feet, 10.5 inches and in the triple jump, Liam Butler was 11th at 36 feet, three inches. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Prescott, 4X100 boys take fourth at Division III State Meet

BY JOSHUA SPAULDING Sports Editor KINGSTON — A couple of fourth place finishes led the way for the Prospect Mountain track boys on Sunday at the Division III State Meet at Sanborn Regional High School. The Timber Wolf team of Domenic Scarpa, Sergio Duarte, Blake Snell and Parker Wood finished in fourth in the 4X100-meter relay in 46.22 seconds. Robert Prescott finished in fourth place in the shot put with a toss of 41 feet, 2.75 inches with Wood finishing in seventh place at 40 feet, 3.5 inches. Wood was seventh in the discus at 135 feet, one inch and Prescott was ninth at 124 feet, nine

inches. Scarpa was 10th in the long jump at 18 feet, 1.25 inches and in the 200 meters he placed 16th in a time of 24.71 seconds. Jazmine Witham was the top performer for the Prospect girls, finishing in eighth place in the discus at 83 feet, six inches. She also placed 12th in the shot put at 24 feet, 1.75 inches. The 4X100-meter team of Madelyn Briggs, Amarah Ferland, Tegan Pelham and Victoria Cowser placed 13th in a time of 57.61 seconds. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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SPORTS

Timber Wolves compete in Wilderness Championships



Sergio Duarte clears a hurdle during action at the Wilderness Championships on May 24.

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — The Prospect Mountain track teams hit the road over Memorial Day Weekend for the Wilderness League Championships at Newfound.

The Timber Wolf boys shined in the throwing events. In the shot put, Robert Prescott was second at 47 feet, .75 inches, Parker Wood was fifth at 45 feet, 5.25 inches and Ayden Carignan was 21st overall at 33 feet, 11 inches.

Prescott was sixth overall in the discus with a throw of 124 feet, six inches and Wood was seventh at 122 feet, one inch.

Sergio Duarte finished in fourth in the 110-meter hurdles preliminaries in a time of 19.98 seconds and then tied for second place in the finals with a time of 17.72 seconds.

The Timber Wolf team of Wood, Blake Snell, Domenic Scarpa and Matthew Whelan finished in fourth place in the 4X100-meter relay in a

time of 46.72 seconds. Scarpa finished in fourth place in the long jump, leaping 18 feet, 6.75 inches and also finished in 10th in the 400 meters in 55.63 seconds. Whelan finished in 28th place in the 200 meters in 26.67 seconds.

Jazmine Witham had the top performance for the Prospect girls, finishing in second place in the discus with a toss of 88 feet, 10 inches. She was also 17th in the javelin at 59 feet, three inches and placed 14th in the shot put at 24 feet, eight inches.

In the 100 meters, Madelyn Briggs finished in 17th place in 14.44 seconds while in the 100-meter hurdles, Victoria Cowser was 20th in 20.81 seconds.

The Timber Wolf team of Tegan Pelham, Madly Howlett, Briggs and Natalie Cowser finished in 57.36 seconds in the 4X100-meter relay for ninth place. The team of Howlett, Eva McCartney,



Layla Baker runs in the 4X800-meter relay for Prospect Mountain in the Wilderness Championships.

Natalie Cowser and Charlie Warren placed 11th in



Domenic Scarpa leaps through the air in the long jump in Bristol on May 24.

5:03.24 and the Timber Wolves were eighth in



Jazmine Witham fires the discus during the Wilderness Championships in Bristol.

the 4X800-meter relay in 13:12.95.

The Timber Wolves took part in the Division III State Meet on Saturday, May 31 (see

separate story).

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Golden Eagles win three, gear up for postseason

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Gilford girls' lacrosse team wrapped up the regular season with a trio of wins in preparation for the Division III tournament.

The week started after the long weekend with a trip to Lebanon and the Golden Eagles returned from the Upper Valley with the 14-5 win over the Raiders.

Abby Watson led the way for the Golden Eagles with five goals, two assists and three draw controls while Olivia Keenan had three goals, two assists and seven draw controls. Addy Normandin had three goals and two assists, Calia Blackey had a goal and an assist and Leah Davignon and Addi Harris

each chipped in with a goal.

The Golden Eagles celebrated their seniors the next day with a win over Plymouth. Blackey, Camryn Coutts, Makenna Clayton, Davignon, Harris, Olivia Keenan, Liana Keenan, Normandin and Lilly Winward were all honored before they played their final regular season home game.

Olivia Keenan led the way for Gilford with four goals, three assists and nine draw controls. Normandin added four goals and two assists, Watson had four goals, one assist and three draw controls, Josie Arrighi had two goals and Blackey, Davignon, Harris, Coutts, Maya Criscone and Clara Thompson each chipped in with a goal.

The Golden Eagles closed out the regular season with a 25-12 win over Trinity in Manchester.

"It was a very condensed week for the team," noted coach Jennifer Watson. "This was the second time we have seen Trinity this season. We were fortunate enough to get a lead early on and have the opportunity to give our JV some varsity experience."

Watson had nine goals and three assists to lead the way for the Golden Eagles, going three for three on free position opportunities. Olivia Keenan had six goals, three assists and 14 draw controls, Mia Burlock had three goals, Davignon and Normandin each had two goals and one assist and Black-

ey, Arrighi and Christina Athanasopoulos each added a goal.

Winward finished with three saves in net and Catherine Buttermore added four saves.

"We look forward to the postseason and hope to accomplish the goals we set out to achieve this season," Watson noted.

The Division III tournament kicked off after deadline Tuesday and continues today, June 4, at the home of the higher seed. The semifinals are set for Saturday, June 7, at Laconia High School and the finals are Tuesday, June 10, at Exeter High School at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Timber Wolf boys fall in quarterfinal matchup  
Prospect Mountain splits final two games of regular season

BY JOSHUA SPAULDING  
Sports Editor

ALTON — The Prospect Mountain tennis boys wrapped up the regular season by splitting a pair of matches leading into and during Memorial Day Weekend.

The Timber Wolves traveled to Keene on Friday, May 23, and defeated Monadnock by a 7-1 score.

Rylan Clifford lost 8-3 in the top spot, Shaun McAneney won 8-1 in the second spot and Wyatt Varney won 8-0 in the third spot. Cam Morrill won 8-1 at number four, TJ Locke won 8-1 in the fifth spot and Kaleb Kennedy finished with an 8-4 win at number six singles.

In doubles, McAneney and Morrill won 8-0 in the second doubles spot and Locke and Ayden Porter won in the third doubles spot while the number one doubles match was suspended by rain.

The Timber Wolves had just four players to take on Kearsarge on Saturday morning and dropped a 9-0 decision to the Cougars.

McAneney played at number one and lost 8-2, Morrill fell 8-0 at number two, Kennedy lost 8-2 in the third spot and Porter played at number four and fell 8-2.

In doubles, McAneney and Kennedy lost 8-1 at

number one and Morrill and Porter lost 8-2 in the second spot. The Cougars got forfeit wins at five and six singles and three doubles.

The Timber Wolves earned the fourth spot in the Division III tournament, which started on Thursday, May 29, with the Timber Wolves hosting Bishop Brady.

Prospect Mountain managed just two wins in the singles, with Morrill winning 8-1 in the fourth spot and Kennedy winning by an 8-2 score in the sixth spot. Clifford fell 8-4 at number one, McAneney dropped an 8-6 decision at number two, Varney lost 8-6 in the third spot and Locke fell 8-2 at number five.

Needing wins in all the doubles matches, Prospect managed two and Brady took the win. The duo of McAneney and Locke won 8-4 at number two and Morrill and Kennedy got an 8-4 decision in the third spot. However, Clifford and Varney fell by an 8-2 score and the Giants survived to move on to the semifinals.

The Timber Wolves finished the regular season at 11-3 to earn the fourth seed in the Division III tournament.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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# THE REAL REPORT

## RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	59 Hermit Rd.	Single-Family Residence	\$450,000	Steven R. and Susan I. Roman	Christine M. Graham Trust
Alton	NH Route 140, Lot 11C1	N/A	\$259,933	Brett A. and Brenda Currier	Jessica J. and Luis Morales
Alton	Route 28	N/A	\$230,000	Kim E. Patterson and Holly S. Brown	Robert S. Gilmore
Alton	332 Stockbridge Corner Rd.	Single-Family Residence	\$555,000	Greg S. and Kelly J. Conrad	Brandon and Audrey Lorusso
Alton	N/A	N/A	\$40,000	Finethy Road RET and Leanne Casaletto	James Lamport
Barnstead	10 Foss Dr.	Single-Family Residence	\$484,933	Bonnie L. Devlin	Chad E. Bandosz and Abigail M. Dietrich-Bandosz
Barnstead	14 New London Dr.	Single-Family Residence	\$454,933	Amanda K. John and Cameron J. Montebianchi	John T. Nguyen and Elizabeth V. Poultney
Barnstead	N/A	N/A	\$160,000	James L. Halfpenny and Shane M. Forest	Shane M. and Jennifer Forest
Barnstead	N/A	N/A	\$105,000	Phillip Wilsey, Jr.	Rm Abbott Builders LLC
Gilford	127 Summit Ave.	Acc. Land. Imp.	\$500,000	Summit Hill LLC	Peter Grenier
Gilford	N/A (Lot 5-52)	N/A	\$768,000	Jeffrey S. and Lori A. Fleming	TII NH Leisure LLC
Gilford	N/A (Lot 9)	N/A	\$940,000	William and Sharon Ryan	Stacy and Bryan Johnson
Gilmanton	1003 NH Route 140	Single-Family Residence	\$405,000	Heather and Paul Doloroso, Jr.	Austin M. and Amanda M. Evans

### ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

## SPORTS

### Golden Eagles win one of three to close out regular season

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Gilford baseball team had three close games in the final week of the regular season, earning one win sandwiched around a pair of losses.

On Tuesday, May 27, the Golden Eagles hosted Mascoma and dropped a 9-6 decision to the Royals. Mascoma scored three times in the top of the first and once in the top of the second before Gilford cut the lead to 4-2 with two in the bottom of the third. They added another run in the bottom of the third before Mascoma scored three times in the top of the fourth. Mascoma added two in the sixth before Gilford closed things out with one in the bottom of the sixth and two in the bottom of the seventh.

Mikey Giovanditto had a double and two singles, drove in three runs and scored a run, Sean Ellis had a double and drove in two runs, Drew Smith had two hits and scored two runs, Ryan Folan had two hits and scored a run, Owen Wolpin had a hit and scored a run, Andy

Taylor had three hits, scored a run and drove in a run and Cohen Elliott had a hit.

Smith pitched into the fourth inning, allowing six hits and striking out five while Folan took over and allowed a hit and struck out one and Carson Anthony finished out on the hill, striking out three in one inning.

The Golden Eagles hosted Raymond on Thursday, May 29, and came away with a 2-1 win over the Rams.

Gilford scored once in the bottom of the first inning and Raymond tied the game in the top of the fourth inning. Gilford pushed across a run in the bottom of the sixth inning and held tight for the 2-1 win.

Elliott had the lone hit of the day for the Golden Eagles and scored both runs while Danny Fournier had an RBI.

Folan went the distance, allowing five hits and one earned run while striking out five.

The regular season ended with the Golden Eagles visiting Campbell and dropping a 3-1 deci-

sion to the Cougars.

Campbell scored once in the bottom of the first and two in the bottom of the third while Gilford scored their lone run in the top of the sixth.

Folan, Smith and

Mark Uicker each had a hit to lead the way for the Gilford offense while Taylor scored a run and Fournier drove in a run.

Smith went all six innings on the mound for Gilford, giving up four

hits and two earned runs while striking out 12.

The Division III baseball tournament starts today, June 5, and continues on Saturday, June 7, both at the home of the higher seed and the semi-

finals are Wednesday, June 11, at Robbie Mills Field in Laconia.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*

### Timber Wolves split final week of regular season

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect Mountain baseball team split a busy final week of the regular season, getting wins over Somersworth and Berlin and falling to Derryfield and Hillsboro-Deering.

The week began with a holiday matchup with Derryfield on Monday, May 26, with the visitors finishing with a 6-5 win. Derryfield scored three runs in the top of the first inning and Prospect answered with one in the bottom of the first inning. Derryfield plated three in the top of the third and Prospect battled back with three in the bottom of the fourth to cut the lead to 6-4. Prospect then added one in the bottom of the seventh inning but

could not get the tying run across and the Cougars took the 6-5 win.

Colby Whitehouse had a double and a single and scored two runs, Blake Pappaceno had two hits, Mikey Perry had a double and a single, scored a run and drove in a run, Charlie Yeaton had a hit and scored a run and Bryce Lounsbury had a hit, drove in a run and scored a run.

Whitehouse went two innings on the mound, giving up six hits and striking out one while Lounsbury went the final five innings, giving up just one hit and striking out three.

The next day, the Timber Wolves went on the road and knocked off Somersworth by a 2-1 score behind a strong out-

ing on the mound from Perry. Prospect scored once in the first and once in the fifth and the "Toppers cut the lead to one with one in the bottom of the sixth inning.

Perry went all seven innings on the hill, giving up eight hits and no earned runs while striking out seven.

Offensively, Gavin Gorton had two doubles and a single and scored a run, Lounsbury had a double and scored a run, Pappaceno had a double, Knyte Neathery had a hit and Anthony Zamarripa had a hit and drove in a run.

On Wednesday, May 28, the Timber Wolves traveled to Hillsboro-Deering and dropped a 12-3 decision to the Hillcats.

The hosts scored two runs in each of the first two innings before Prospect got on the board with two in the top of the third. H-D added four in the bottom of the third inning and put three more on the board in the bottom of the fifth and one in the bottom of the sixth. The Timber Wolves added their final run in the top of the seventh inning.

Whitehouse had a hit and scored a run, Lounsbury had a hit and Michael Boles had a hit.

Gorton started on the hill and pitched into the third, giving up four hits and three earned runs while striking out three and Zamarripa finished things out, giving up six hits and no earned runs while striking out four.

The Timber Wolves finished out the regular season with a 20-0 win over Berlin on Friday, May 30. Prospect came charging out of the gate with 10 runs in the bottom of the first inning and added five in the second, one in the third and four in the fourth.


Lounsbury earned the win on the hill, giving up just one hit in five innings while striking out 10.

Lounsbury also had three hits to lead the offense, driving in four runs and scoring three times, Pappaceno had a double and a single, drove in four runs and scored twice, Whitehouse had a double, drove in three runs and scored two runs, Gorton had a double and a single, drove in two runs and scored two runs, Zamarripa had a double and single, drove in two runs and scored twice, Yeaton had a hit and scored two runs and Neathery had a hit and scored two runs.

The Division III baseball tournament begins today, June 5, and continues on Saturday, June 7, both at the home of the higher seed. The semifinals are at Robbie Mills Park in Laconia on Wednesday, June 11.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).*





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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

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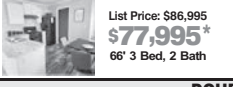
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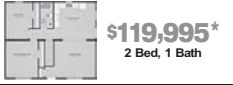
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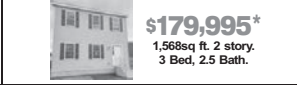
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# Sophomore Job Shadow Day gives 100 GHS students a look at careers

BY ERIN PLUMMER  
mnews@salmonpress.news

GILFORD — More than 100 Gilford High School sophomores visited businesses across the area to get a hands-on experience with different career options during Sophomore Job Shadow Day.

On April 24 around 123 sophomores boarded buses from the school to 42 different businesses around the area to get a

## *Laconia resident Colby Batchelder completes intensive research project*

WORCESTER, Mass. — Colby Batchelder, a member of the class of 2026 majoring in Chemical Engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed a professional-level research-driven project titled "Developing Educational Material for Green Week in Bucharest."

Known as the Interactive Qualifying Project (IQP), this project is a core part of the innovative undergraduate experience at WPI. Centered around project-based learning, this hands-on approach offers students opportunities to help develop thoughtful solutions to open-ended problems. These real-world problems affect the quality of life for people in the communities where students work, giving students a chance to make a difference in the world before they graduate. All WPI undergraduates are required to complete an IQP, usually in their junior year, through which they apply science and technology to address an important societal need or issue. About two-thirds of WPI students complete their IQP at one of the university's more than 50 off-campus project centers located in more than 30 countries around the world.

"The WPI project-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve problems," said Professor Kent Rissmiller, professor of International & Global Studies and associate dean of The Global School. "Students are immersed in all aspects of a different culture-from the way people live and work to the values they hold to the foods they eat, all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application."

About Worcester Polytechnic Institute WPI is a top-tier STEM-focused research university and a recognized pioneer and global leader in project-based learning. Founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems, WPI's continued mission is to transform lives, turn knowledge

few hours of experience before being picked up that afternoon. Steve O'Riordan, the extended learning coordinator at GHS, put the event together from talking with the students to asking businesses to participate. O'Riordan said at the beginning of the year he met with all of the kids in small groups and talked about career interests.

"For me it was a ton into action to confront global challenges, and revolutionize STEM through distinctive and inclusive education, projects, and research. WPI's project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. Today WPI offers more than 70 Bachelor's, Master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. To help address ongoing challenges, improve lives, and help create a more sustainable world, WPI faculty and students pursue groundbreaking research in such areas as the life sciences, smart technologies, materials and manufacturing, and global initiatives.

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of work," O'Riordan said. "I wanted to set everyone up with a meaningful experience. I had the kids tell me, 'What did you want to do?'"

O'Riordan and the students use a software called Pathful to analyze the students personalities, values, and aptitude to create a list of different careers that might interest them. He said he asked the kids to email him what they might want to do for the job shadow.

O'Riordan then created a large spreadsheet with the names of every student and what kind of job they wanted to shadow. After getting the list together, he reached out to numerous businesses and community groups in the immediate area asking businesses if they would be interested in getting a job shadow including talking to

some of the local Rotary Clubs and going into his references form his business career.

Around 42 different businesses participated in the event

"I was really proud of the local community, and how they stepped up for this," he said.

Buses picked up students at the school around 9:30 a.m., and they spent around three hours at the different locations before the buses came back a little after 1 p.m.

All of the businesses were in Gilford, Laconia, and Belmont. O'Riordan said they tried to find businesses that were within 20 minutes away from the school.

Shortly after Job Shadow Day, O'Riordan put a survey out to the participating students. He said the responses were mostly positive with around 32 percent of the students

said it was the best day of the school year.

Sophomore Job Shadow Day was one activity as part of the Extended Learning Opportunity program.

This year, 124 GHS students did job shadows and 35 did internships. O'Riordan said he hopes many of these students will express interest in doing internships.

This year they also added a "Teacher Assistant" program where students can shadow teachers

in the district to get a better look at education careers. They have 12 students working as teacher assistants.

"It's the older kids and they get a real good idea of what its like to be a teacher," O'Riordan said.

He said the students really see how much of a knowledge teachers need to have to of their subject to teach it. He said many students told him they weren't aware of how involved it is to be a teacher.

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# Granite VNA Hospice Home & Garden Tour to be held July 9

REGION — Granite VNA's Hospice Home & Garden Tour has become a can't-miss summer event in the beautiful Lakes Region. This year's tour, showcasing five distinctive properties, will take place Wednesday, July 9, from 10 a.m. to 4 p.m.

The self-guided tour offers attendees a rare glimpse into the timeless beauty and charm of remarkable properties in Wolfeboro and Tuftonboro. Tour-goers will stroll through elegant interiors, explore breathtaking gardens, and immerse themselves in the history and appeal of Lakes Region living through a country Colonial, an antique farmhouse, a lovingly restored Cape Cod-style home, a classic Craftsman-style home, and the Clark House Museum, celebrating its 100th anniversary this year.

"We are excited for this year's tour, and we are deeply grateful to the owners who have graciously offered to open their homes to the public. Their support for Granite VNA hospice services is truly invaluable," said Granite VNA volunteer and tour committee chair Barbara Lobdell. "And, I am so thankful for the dedicated group of committee members and other volunteers who serve as docents, parking attendants, and myriad other functions; Granite VNA staff members; and of course, our generous sponsors – all of whom make this treasured event possible each year."

Home one, set on a quiet street in the heart of Wolfeboro, was built in 1936 blending rustic log house charm with refined Craftsman style. The home features original built-ins and wood paneling along with an exterior of classic log cladding. The grounds have been revitalized with native wildflowers and a flourishing crabapple tree. The home is furnished with a wide variety of findings, including a Gustav Stickley couch, primitive pie safe, historic photos and maps of Lake Winnepesaukee, and French case-ment windows.

Home two, built in 1815, sits proudly in the one-time center of Wolfeboro and has been expanded over the centuries to offer a glimpse into New England's architectural evolution. The wide-plank wood floors and hand-hewn beams are original to the house, dating back over 200 years. The home is highlighted by an updated kitchen featuring custom cabinets and the original front façade and granite steps. Set on five acres, the grounds reflect the owners' passion for gardening and rural living.



COURTESY

This stone fireplace is the focal point of the living room of a Craftsman style home nestled just outside of downtown Wolfeboro.

Home three is a 1797 Cape Cod-style home set on nearly 23 acres of picturesque New Hampshire countryside, blending 18th-century character with modern comfort and creativity. The gardens and historic outbuildings on this property are lined by original stone walls. The main house's kitchen features a fireplace formerly used as the main cooking area, a sunroom with period woodwork, a library doubling as a yoga space, and fireplaces throughout. The owners' passion for horticulture shines through the bountiful gardens which are home to over 50 hydrangeas, numerous perennials, and thriving fruit trees.

Home four is set atop a hill on more than 300 acres in North Wolfeboro and dates to 1789. The Colonial American farmhouse is surrounded by flower gardens and expansive views of Lake Winnepesaukee, Lake Wentworth, Belknap Mountain, and White Mountain. This home blends French, Swiss, and Classic American style, showcasing antiques and furniture from each country across the 17th, 18th, and 19th centuries. Central to the home are the original beams centered around a Swiss table in the kitchen used for rent collections centuries ago in Europe.

Home five is the Clark House Museum in Wolfeboro, now celebrating its 100th anniversary. The Clark House features original period details, offering a window into early New England life. The grounds also include three other historic structures: the Pleasant Valley School House, built in 1805 and relocated to Wolfeboro in 1959; a fireplace built in the 1980s by Lakes Region Technology Center students; and a barn originally built in 1820 that was deconstructed and relocated to the grounds in 2018 that houses an eclectic display of vintage

items and an extensive research center.

Tickets for the Hospice Home & Garden Tour are on sale now for \$55 and must be purchased in advance. Pay by credit card online or by calling 603-230-5664. For cash sales, please visit Black's Paper & Gift Shop, 8 South Main St. in Wolfeboro. For additional information about the 2025 Hospice Home & Garden Tour, and to purchase tickets, visit [www.granitevna.org/hometour](http://www.granitevna.org/hometour).

In 2024, Granite VNA made 141,235 visits to 8,039 home care patients in their homes,

and at Granite VNA Hospice House. Proceeds from the Hospice Home & Garden Tour directly benefit this work.



COURTESY

## Pictured are the Winners at the Gilford District's PTA Poetry Award Night last week!

Thank you to our Poetry Prize sponsor, Friends of the Gilford Library, and all 2025 PTA Sponsors and Members! Winners: Kindergarten, "Hiking" by Ariella Burney; 1st Grade, "Slow Sloths" by Sutton Bedard; 2nd Grade, "I am Thankful" by Andrew Plyler; 3rd Grade, "Footprints" by Penny Larrere; 3rd Grade, "Tall Maples, Sweet Dreams" by Lukas Gucwa; 4th Grade, "Future Kindergarten" with Love from Emma by Emma Horgan; Overall GES Winner, "I am a Piano" by Abigail Schofield; 5th Grade, "Tired in Threads of Gold" by Victoria Lyman; 6th Grade, "My Sister in Fur" by Claire Wilson (not pictured); 8th Grade, "Ode to a Book" by Keeley LaBarge; Overall GMS winner, "Tree House" by Abbie Horton.



COURTESY

Alton Dance Academy will proudly present "Mary Poppins" on June 20 at 6 p.m. and June 21 at 11 a.m. and 4 p.m. at Prospect Mountain High School. Tickets go on sale June 8th, the link is on the academy's Web site, [www.altondanceacademy.com](http://www.altondanceacademy.com). Come see all the hard work and creativity that the dancers have been working on.

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**LIVE MUSIC!**  
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**GREAT WATERS**  
SUMMER CONCERTS

**RIDE & DINE**  
CONCERT PACKAGE



**ALTER EGO**  
the 80s & 90s MTV Music Style Dance Show  
**Friday, July 18, 2025**  
5 p.m.

**Jolly the Trolley will pick you up at Taylor Back Bay or at Kingswood Arts Center. Enjoy a delicious buffet meal at Birch & Vine restaurant in Tuftonboro. Ride to and from the Concert in the Clouds (enjoy a show with Silver Section seats under the tent).**

**\$120 per person**

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Ride & Dine is not available for Concerts in Town or the Great Waters Gala. \*Includes gratuities. Does not include alcohol.

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