Gunstock looks forward to 80th anniversary season

BY ERIN PLUMMER

mnews@salmonpress.news

Gunstock is going into its 80th anniversary season with some new promotions, new technology, and a new logo.

Mike Roth, Director of Sales and Marketing at Gunstock, said the celebration kicked off with the Gunstock Hill Climb during Motorcycle Week.

"We're celebrating 80 all the way," Roth said.

Gunstock is rolling out a new logo and some new branding. Roth said the process has been going on for almost a year and a half and involved interviews and surveys. They initially didn't think of creating a new logo; it was an idea that came through the process. The resort worked with the graphic design company Haigh + Martino of Portsmouth in creating on a design. Roth said it will be familiar to mountain users and a nod to logos of years past.

The new branding and logo for the resort was unfurled over the past few weeks, starting at the Lakes Region Chamber of Commerce luncheon and at the Boston Ski Show.

On Saturday, the resort held its annual Gunstock Ski Ball, a gala party featuring dancing, music, anda raffle benefitting the Children's Auction of the Greater Lakes Region. Roth said the ball was a kind of celebration of the resort's past and an opportunity to introduce the new branding.

This Friday is Black Friday Rail Jam, a yearly tradition at the mountain for the last few years. In previous years, the event has been in the Bowl area, this year it will be



COURTESY — GUNSTOCK MOUNTAIN RESORT

ing sales specials.

A skier flies down the slopes at Gunstock Mountain Resort, which is celebrating its 80th anniversary season with new programs, new technology, and a new logo.

with the Stockade Lodge

movie made by friends of

in the area of Ramrod ters will be open an hold-

as a focal point. Roth said Gunstock aims to start they've already made a its ski season on Dec. 1 lot of snow on that trail. The resort will be Later on there will be a starting the new season type of après-ski event as with some new technolowell as the premier of a

gy and features. Snowmaking started at the mountain during a In the spirit of Black previous cold spell. This ets are now for ages six to

snow guns and snow fans that run on at least one less air compressor and require much less energy consumption. Roth said he heard they made more snow in around five days than they did all of last November.

"From an energy consumption and a cost savings perspective, it's huge to be able to say we have a 100 percent energy efficient snowmaking plan," Roth said.

The Pistol area will be turned into a multi-use trail. In addition to regular skiing, there will be terrain park elements on the runs. This will give people who use terrain parks, especially younger people, another opportunity and still being open for regular skiing.

Gunstock is implementing a new lift access program. People can get personalized passes or tickets for whatever services they want to take part in and can reload them with money online before coming to the mountain.

They have changed the ages for ticket prices. Children's tick-Friday, Mountain Outfit- year, they bought 37 new SEE GUNSTOCK PAGE A14

Smoking to be banned in Public Works vehicles as of Jan. 1

BY ERIN PLUMMER

mnews@salmonpress.news

Gilford town vehicles following a recent vote by the selectmen ending an exception for Public Works employees.

During their meeting on Nov. 8, the selectmen unanimously approved a change in the personnel policy banning all smoking in town vehicles effective the first of the year.

As of Jan. 1 smoking Scott Dunn said employ- in, and were concerned will be prohibited in all ees are not allowed to that smoking in them smoke in any town vehicle. The only exception to this was Public Works employees who were allowed to smoke in their vehicles while working the night shift. Dunn said these employees were allowed to do so because they were working so many late hours plowing.

Dunn said they had Town Administrator some new trucks coming could adversely impact air quality in the vehicle.

"My preference would be you can smoke, but you have to step out of the vehicle and smoke," Dunn said.

Dunn said if the selectmen took no action, they





Mary Olson and kindergartener Teagan Olson enjoy lunch together at Teagan's school.

Families join GES students for special lunch

BY ERIN PLUMMER

mnews@salmonpress.news

Gilford Elementary School students had the opportunity to enjoy a school lunch with their family members during the annual Lunch with a Loved One before Thanksgiving.

On Thursday, around 300 parents, grandparents, and other family members came to the school during the day to spend time with the kids during their respective lunch periods.

Lunch with a Loved One is organized by the Volunteer Steering Committee and started last year with a Thanksgiving meal.

"The parent volunteers really help run this and help decorate and get it all ready for the families," said GES Principal Danielle Bolduc.

Volunteer Steering Committee member Caroline Drouin said they received around

300 RSVP's from family members wanting to attend. She said the kids look forward to it and talk about who they want to invite. Drouin said some kids will bring their parents and some will bring their grand-

In addition to the over 300 kids in the school, the event brought in more than 300 additional people into the school. Lunchtime was extended

SEE **LUNCH** PAGE A14

Laconia Christmas Village opening soon

BY ERIN PLUMMER

mnews@salmonpress.news

the park staff.

LACONIA — Families can take part in some holiday joy next weekend for the annual Laconia Christmas Village, a local tradition spanning over

four decades. For four days from Nov. 30 through Dec. 2, the Laconia Community Center will have two levels of activities for people

of all ages. The Christmas Village started in 1975, and is managed by brothers Ernie and Armand Bolduc, along with their friend Bob Hamel.

A number of activities will be available downstairs for the whole family, including face painting, nail art, games, and much more. The Christmas Village itself will be on the second floor, where children can ride in Santa's sleigh, make an ornament in Santa's Workshop, meet the elf in the box, and more.

Santa will make an appearance and kids can get their photos taken with photos available for \$3. There will also be a cafe offering an assortment of snack foods and drinks to visitors.

Every year, a committee organizes the event with volunteers in charge of all its different aspects. Volunteer Coordinator Morgan Johnston said a crew of dedicated volun-



The festive crew of volunteers who work tirelessly behind the scenes to bring Laconia's annual Christmas Village to life are excited for this year's event, which will be held from Nov. 30 to Dec. 2 at the Laconia Community Center.

teers have been keeping the event running for as long as it has.

"It takes hundreds of man hours to put the whole thing together," she said.

Johnston serves on the committee with her brother Jack, and said both of which started coming to the fair when they were kids.

"We kind of worked out way up here; definitely next generation to keep things going," Jack Johnston said.

That tradition continues with volunteers of many ages. Many of the volunteers are local students. Morgan said they have students who have taken part from Winnisquam (where she and her brother attended school) as well as Gilford, Gil-SEE **CHRISTMAS** PAGE A14



Huge Holiday Sell-Off!

Joan Cormier recognized for 50 years with Scholarship Foundation

LACONIA — Lakes Region Scholarship Foundation donors and benefactors, past and present Board of Trustee members, past and present staff of the foundation as well as family and friends gathered recently at the Saint Andre Bessette Parish Hall to celebrate Joan Cormier's 50 years with the scholarship Foundation.

The evening be-

gan with a gathering of guests in the Hall, who were treated to a bounty of food provided by the Common Man, Contigiani's Catering, T-Bones-Cactus Jack's Restaurant and the Water Street Café in addition to hors d'oeuvres and desserts provided by the LRSF Board members. After a time for the guests to mingle, the woman of the hour was escorted in by her



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Prospect Mountain High School,
242 Suncook Valley Road

Laconia

11/30/2017: 12 p.m. - 5 p.m., Sacred Heart Hall-Laconia, 31 Gilford Avenue

Tilton

11/22/2017: 9 a.m. - 2 p.m., Franklin Savings Bank, 61 Laconia Rd 11/24/2017: 10 a.m. - 3 p.m., Tanger Outlet Center, 120 Laconia Road 11/25/2017: 10 a.m. - 3 p.m., Tanger Outlet Center, 120 Laconia Road

MERRIMACK

Bow

11/22/2017: 9 a.m. - 2 p.m., Bow Park and Recreation Department, 3 Bow Center Road

Loudon

11/21/2017: 2 p.m. - 7 p.m., Arthur Colby Safety Building, 8 Cooper Street

Concord

11/18/2017: 9 a.m. - 2 p.m., Wesley United Methodist Church, 79 Clinton Street 11/21/2017: 8 a.m. - 2 p.m., Holiday Inn - Concord, 172 North Main Street 11/27/2017: 9 a.m. - 2 p.m., Praxair - TAFA, 146 Pembroke Rd. 11/29/2017: 11 a.m. - 4 p.m., NH Fire Academy, 222 Sheep Davis Rd. 11/29/2017: 9 a.m. - 2 p.m., New Hampshire Division of Motor Vehicles, 23 Hazen Dr. 11/30/2017: 10 a.m. - 3 p.m., Disability Determination Services - Walker Building, 21 South Fruit Street

11/30/2017: 8 a.m. - 2 p.m., NH Health and Human Services, 29 Hazen Drive

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

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(Left) Joan Cormier, Executive Director of the Lakes Region Scholarship Foundation, was honored by friends, colleagues and LRSF donors at a party recently honoring her 50th anniversary with the Foundation. Pictured above are Joan posing in her chair and local celebrity and artist, Larry Frates drawing a caricature as the party guests looked on.

husband to a chorus of "surprise" from all in attendance. Once the guest of honor greeted the guests present, a number of presentations were made to recognize Joan's long service to the young people of the Lakes Region. There was a commendation from Governor Sununu, a proclamation from the mayor, a biographical roast prepared by one of the staff members who has worked with Joan for many years, a number of letters from those who were unable to attend as well as time for those present to offer their praise and recognition for this lovely lady. The evening concluded with the presentation of a gift from the Board and then those in attendance were treated to the artistic talents of Larry Frates, who sketched a caricature of the guest of honor in front of the audience and presented it to Joan.

Joan Cormier officially started with Lakes Region Scholarship Foundation in 1968. She served as its volunteer secretary and then moved on to volunteer executive director in 1985. In 1999, when she retired, and Lakes Region Scholarship moved its original offices to the second floor of the De-Camp building, Cormier took on the role of Executive Director full time. Over the past five decades, LRSF has grown from a very small local foundation to a large foundation serving hundreds of students each year and dispersing awards totally over \$350,000 this past June.

Cormier has nurtured the foundation through its growing pains, encouraging and supporting the over 500 donors over her 50 years, who have been there to support the young people of the area. The foundation base is very varied. It includes: businesses, local service clubs (many of whom started with the foundation in 1956), individuals and families, and memorial funds for hundreds of people. Joan Cormier has met with each of these donors, she celebrates with them, supports their causes and grieves with their losses. Her service to the foundation is not just a commitment it is a calling. The Lakes Region Scholarship Foundation and its donors, staff and board are like family to her and that is what has made her service so special and unique.

Assistant Director of the Foundation commented, "Joan's impact on this organization and on the community in general has been significant. We wanted to throw a party to celebrate a half a century of service and invite people who have worked with her and the donors, whose lives she has touched over the past five decades. She has made it possible for more than 5,000 young people to have at least some assistance in their pursuit of higher education. The wonderful thing about the scholarships awarded by LRSF, is that the support that these young people receive is from their own community and Joan has been the heartbeat of this support for so

Paulette

Loughlin,

Although Cormier officially retires in mid-January at the LRSF Annual Meeting, she intends to continue working part time with the Foundation for some time, in order to support the new directors.

Lakes Region Community College to host Open House Dec. 2

long!"

LACONIA — Thinking about going back to school? Lakes Region Community College is hosting an open house Saturday, Dec. 2 from 9 a.m. to noon at their Laconia campus. Faculty and staff representing each academic program will be on hand to answer questions and help students through the process, from start to finish. Students registering at the open house will have the registration fee waived. Take a campus tour, check out campus housing, and learn about how you can complete your degree at LRCC.

Lakes Region Community College offers 28 associate degree programs including Business, Accounting, Culinary Arts, Hospitality Management, Restaurant Management, Automo-

tive, Nursing, Graphic Design, Media Arts, Advanced Manufacturing, and Fire Science just to name a few. Short-term certificate programs are also available.

Lakes Region Community College is a fully-accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves more than 1,200 students annually. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. LRCC is part of the Community College System of New Hampshire. For more information, contact Carlene Rose at 366-5225.

Gilford Parks and Recreation News

Gilford Parks and Recreation **Santa Land Program** scheduled

for Dec. 1 and 2! The Gilford Parks and Recreation Department and Gilford Youth Cen-

ter will be sponsoring the Ninth Annual Santa Land Program on Friday, Dec. 1 from 5-7:30 p.m. and Saturday, Dec. 2 from 10 a.m.-noon in the Gilford Youth Center. This fun filled program offers area

youth the opportunity to participate in some holiday themed games and activities leading up to opportunity for their parents to take their picture with Santa Claus.

For more information,

please contact the Parks and Recreation Department at 527-4722.

Boston Celtics bus trip scheduled for Feb. 26, 2018

The Gilford and Bel-

Bolduc Park Cross Country Ski Program

The Gilford Parks and Recreation Department will be offering four weeks of Cross Country Ski Lessons at Bolduc Park this winter. Lessons begin on Saturday, Jan. 6, 2018 and will continue through Jan. 27, 2018 (in the event a day is cancelled because of poor weather, it will be made up the week(s) following Jan. 27). Lessons begin at 10 a.m., and rental skis may be picked up at 9 a.m. at Piche's Ski Shop!

Registration forms are available at the Gilford Parks and Recreation Department, Bolduc Park and Piche's Ski Shop. Please mail, fax or drop off your registrations directly to Piche's Ski Shop.

includes rental equipment!

\$40 per person if you have your own equipment!

Cost: \$70 per person

If you have any questions, please contact Bob or Pat Bolduc at 524-2068.

NH Humane Society Black Friday Adopt-a-Thon

BELMONT — Join the New Hampshire Humane Society for their Annual Black Friday Adopt-a-Thon, now with even more dogs and puppies looking for a fur-ever home.

The Adopt-a-Thon will be held on Friday, Nov. 24 at the Belknap Mall in Belmont, from 9 – 11 a.m., and again this year, a second flight of dogs and puppies from Noon – 2pm. Come early for the best selection of dogs and puppies. Adopters must be 21 years old or older; bring proof of homeownership or a rental agreement that explic-

LACONIA — The sto-

ry of sweet nine-year

old Jacob Thompson,

the terminally ill boy

who has taken over the

hearts of thousands of

people across the world,

hit close to home for the

entire team at the Irwin

Automotive Group. His

Aunt, Betty Ballantyne,

has been a long-time

member of the Irwin Au-

tomotive Group Team

Unfortunately, nine-

for more than 25 years.

year-old Jacob Thomp-

son may not live to see



itly states that pets are

(Left) the New Join Hampshire Humane Society for their Annual Black Friday Adopt-a-Thon, now with even more dogs and puppies looking for a fur-ever home.

The

responsible and caring forever homes; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy, and many community initiatives to help people and their pets. To view adoptable pets, visit www.nhhumane.org.

The New Hampshire Humane Society also accepts monetary donations online at www. nhhumane.org, or specific items, which can be found online at our "Wish List," can also be dropped off during shelter hours or by special arrangement.

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Paid Advertisement Paid Advertisement

mont Parks and Recre-

ation Departments are

co-sponsoring a Bus Trip

to Boston to see the Celt-

ics take on the Memphis

Grizzlies on Monday,

Feb. 26, 2018. Cost of

the trip is \$120 for low-

er level Loge seats and

\$70 upper level balcony

seats and includes round

trip motor coach from

Gilford or Belmont and

tickets to the game. Our

deluxe motor coach will

depart from Gilford High

School at 5 p.m., and the

Belmont Park & Ride-

share (Route 106) at 5:15

p.m. You will have time

to visit the pro-shop and

get dinner on your own

prior to the game. Our

seats are in section #19

(Loge) and #310 & #311

(Balcony) for the 7:30

p.m. game. Seats are lim-

ited; a registration form

must be completed ac-

companied by payment

and tickets are non-re-

For more informa-

tion, please contact the

Gilford Parks and Recre-

ation Department at 527-

4722 or visit their Web

site at www.gilfordrec.

fundable.

Edward Jones: Financial Focus

During Holidays, Be Extra Vigilant About Protecting Financial Data

To help achieve your long-term goals, such as a comfortable retirement, you should save and invest regularly. But that's only part of the picture. You also need to protect your financial assets in various ways. One such method is guarding your personal information - especially any in-

formation that could be linked to your financial accounts. It's obviously important to be vigilant at any time, but you need to be even more on your toes during the holiday season, when fraudsters are particularly active.

So, to help keep your important data under wraps during the holidays, consider these suggestions: Extend your protection to all mobile devices. Identity thieves can now compromise your mobile devices by installing spyware that steals usernames, passwords and credit card information. Fortunately, you can fight back. By doing a little

research online, you can find the best mobile se-

Use multiple passwords. Online security specialists recommend that you use different passwords for each new online shopping site you visit during the holiday season. Although this might seem like a hassle, it can be helpful, because even if identity thieves were to grab one of your new passwords, they still couldn't use it for other sites you may visit. And you can even find a free online program that can help you keep track of all your passwords.

Be suspicious of "huge savings." It happens every holiday season - identity thieves develop fake sites with attractive graphics and stunningly low prices on a variety of items, especially digital devices. If you fall for these pitches, you won't get any merchandise, but you might get a handful of headaches once the bad guys have your credit card number and other personal information. To prevent this, be wary of any deal that sounds too good to be true, and do some digging on the websites that offer these mega-savings.

Watch for fake shipping notices. During the holidays, when you may do a lot of online shopping, you will probably receive some legitimate shipping notices. But the bad guys have gotten pretty good at generating fake notices designed to resemble those from UPS, FedEx and even the U.S. Postal Service. If you were to click on the link provided by one of these bogus notices, you could either take on some malware or get taken to a "phishing" website created by the shipping notice forgers. Your best defense: Only shop with legitimate merchants and only use the tracking numbers given to you in the email you received immediately after making your purchases.

Keep your Social Security number to yourself. As a general rule, don't give out your Social Security number online — to anyone. No legitimate retailer needs this number.

Finally, be aware that not all attempts at stealing your personal information will come online. When you're out shopping at old-fashioned, brick-and-mortar stores, consider bringing just one credit card with you — and protect that card from prying eyes.

By following these precautions, you should be able to greatly reduce the risk of being victimized by identity thieves and other miscreants. And the more comfortable you are in doing your holiday shopping, the more you can enjoy the season.

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or to the finalization of

adoption. Check nhhumane.org and the New Hampshire

allowed, and; proof that any other animals in the home are current on rabies vaccinations. If prospective adopters already own a dog, the animals must meet pri-

ago with Stage 4 Neu-

roblastoma, a rare type

of cancer. His mother,

Michelle Thompson Si-

mard, wrote on Jacob's

GoFundMe page that

Jacob has been admit-

ted to the Barbara Bush

Children's Hospital in

Portland, Maine, "for

the last time." She wrote

earlier this month that

"his father, Roger and

myself have been told

that we should be spend-

ing as much time as

possible with him and

we should start making

Humane Society FaceBook page for further details and sneak peeks at the dogs and puppies who will be available for adop-New Hampshire Humane Society

is a 501(c)3 non-profit whose mission is to provide shelter for the lost, abandoned and unwanted animals; find

Nine-year-old cancer patient asks for homemade cards as final Christmas wish diagnosed several years arrangements for his

> is expected Jacob may pass away within the month." Jacob has always loved Christmas and it has always been his favorite holiday. So, his one wish is for as many people as possible to reach out and to help him celebrate Christmas early this year by

passing." She added: "It

made holiday cards. To make this Christmas special, family, friends and complete

sending him their hand-

SEE CARDS PAGE A15

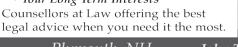


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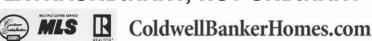


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EXTRAORDINARY, NOT ORDINARY



OPINION

Pet of the Week: Rhonda



Tall, stately, brindle coated Terrier mix, Rhonda is a dog who has endured may twists and turns on the road to a secure, loving forever home. Her original family had some major life struggles that precipitated her arrival at NH Humane Society through our SAFE HARBOUR program. She's been calling our shelter home since the Summer.

Well now the weather is cold, snow is in the air, Winter is coming... and still she waits to hear those words spoken

by a stranger "oh what a lovely dog, let's adopt her!"

True, she's a big girl but her capacity to bond with her special people is equal in size to her resolve to not give up hope of finding a family to care for her.

She'd prefer to be the only child. Black Friday Adopt A Thon at the Belknap Mall is just around the corner, could not Rhonda already be enjoying your comfy couch before then? Call 524-3252 or check www. nhhumane.org



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NORTH COUNTRY NOTEBOOK

Through the eyes of visitors, the madness of Northern Pass



By John Harrigan

COLUMNIST

Every now and then, get an opportunity to take visitors on a trucktour of the territory. This is always a treat for me, because I get to see things anew, through someone else's eyes.

In this case, my guests wanted to see two things in particular. One was the most narrow of roads in the high country



JOHN HARRIGAN

(Left) Metallak's gravestone is always adorned with gifts and totems, ranging from quills to decorated lance.

where Northern Pass, in which Hydro Quebec would use New Hampshire to get its power to New York markets, would put its lines. The other was the grave of Metallak, said to be the last of the Coashaukees, hence "Coös County."

(Left) North Hill Road's narrowest stretch, where Northern Pass proposes to bury a stretch of its 1,090-megawatt line.

This was an easy route, because the narrow places are on North Hill, on the next ridge up from my home on South Hill. It bears noting that if Northern Pass were built, which I don't think for a moment it ever will be, the towers would not be anywhere near my view, so scratch the much-touted NIMBY (not in my back yard) factor. Instead, I look at the issue as an EBY (everybody's back yard).

We could see North Hill within a mile or so from leaving my back driveway. South Hill Road takes a sharp left SEE **NOTEBOOK** PAGE A15

STRATIGIES FOR LIVING

A very special time of the year

BY LARRY SCOTT

The Thanksgiving season is a special time of the year for all of us, but when it comes to being grateful, I surely take the prize! It is still difficult for me to appreciate the amazing turn of events that has brought me to where I am today.

At the outset, I had

a leg up on so many of those with whom I have had contact over the years. You see, I was born into a Christian family and that gave me a break on life for which there is no substitute. Undoubtedly, thousands of babies were conceived at the very same moment I was, but the real me, the eternal part of me, was placed in the womb of a woman who walked with God and would personify a stable, God-honoring lifestyle that would have

a major impact on my life. I sometimes shudder to think that I could well have been born in a foreign setting, to a family and circumstances the complete reverse of what I have experienced. God's choice? How can I say that when so many others were not so fortunate. All I can sav is that I have been blessed, through no merit of my own, by the example and influence of Godly parents ... and I am grateful beyond words!

Consistent with my own upbringing, my wife and I have done our best to pass it on. We had but one daughter but through her we have three grandsons and their outstanding and well-chosen wives and three great-grandchildren – all of whom are walking with God and living responsibly

in every area of their lives. I have often said that "God is no man's debtor; He never takes more than He gives in return" and if evidence is needed, my family is proof.

And, finally, I am thankful for the privilege of living in America, truly "the land of opportunity." Twenty years ago, I was dead broke, completely disoriented, living on the road driving a long-haul truck, and without a clue as to how my future was going to develop. Who could have predicted that within ten years I would have put my life back together, be retired and in superb health, own my own home and be totally debt-free! Who would have thought! God's doing? Perhaps ... but if so, only because I am, like everyone else, a product of His love and someone that has been blessed beyond what I deserve.

Grateful? You'd better believe it! What I share in this column is the product of a life that has seen its highs and lows. I have been to hell and back, and the life I now enjoy is one I will never take for granted. God, my family, and America have been good to me. To say I am thankful just doesn't cut it. What I feel is, indeed, beyond words!

FYI: On a personal note, I will be preaching on Sunday morning, Nov. 26, at the Loudon Church of the Nazarene, 33 Staniels Rd., Loudon (across from what used to be known as the Red Roof Inn on Route 106). The service begins at 9:30 a.m. If you have been following my by-line, it would be a pleasure to meet you!

FROM OUR READERS

Hector's Restaurant boosts the Plunge

To the Editor:

Recently, Carla and Carl Peterson, owners of Hector's Restaurant in downtown Laconia, generously donated a percentage of all lunch and dinner purchases to our local Salvation Army Turkey Plunge.

This marks the second year in a row that the Petersons have offered this support. We are very grateful for this outreach by a local business giving back to the community. It was truly a "win-win" situation as diners received a delicious meal in one of the area's finest venues while the Salvation Army received much needed cash for its programming in support of our neighbors in need.

I urge readers to visit Hector's for lunch or dinner and, when you do, thank the Petersons for their civic-mindedness. On behalf of our Turkey Plunge Committee, the Salvation Army and the countless neighbors who will benefit from this gift, a most sincere thank you Carla and Carl!

Pam Clark Laconia Turkey Plunge Committee

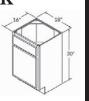


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Central New Hampshire VNA & Hospice helps with holidays

REGION — Central New Hampshire VNA and Hospice will hold celebrations of life in five different locations on Saturday, Dec. 9 at 11 a.m. All are welcome to attend. The Tree of Memories celebrations provide an opportunity for people to remember the lives of family, friends and neighbors by placing an inscribed porcelain dove, a symbol of serenity, peace and tranquility, on one of five lit trees. A dove need not be purchased – anyone experiencing the loss of a loved one can be comforted at one of the commemorations. Services will be held at the Alton Town Hall, in the

lobby of the Medical Arts December. The proceeds Building at Huggins Hospital in Wolfeboro, the Wakefield Town Hall, the Main Street Building in Ossipee and Moulton Farm in Meredith.

A moving ceremony will be held at each location. There will be music and moments of remembrance, devotions, and the placing of inscribed doves on a lit tree. Those who participate in this poignant ceremony often experience a deep sense of renewal and a new feeling of unity and closeness to their loved ones and friends.

Hundreds of doves are requested each year and they stay on the trees throughout the month of

from the sale of the doves are used to improve the lives of people living in Lakes Region communities served by Central New Hampshire VNA and Hospice. To purchase a dove in the name of a loved one or friend, contact Central New Hampshire VNA at 800-244-8549. In order to ensure that your dove will be ready for the ceremony, please do so by Dec. 1.

Today, hospice continues to carry out the work of Dame Cicely Mary Saunders, known as the founder of the modern hospice movement. In 1967 she opened St. Christopher's Hospital in South London, the

first purpose built hospice. Her work continues on today throughout the world. Hospice is a special kind of care unlike any other. The hospice philosophy recognizes that the dying process is a part of the normal process of living and focuses

on enhancing the quality of remaining life. For more information about the hospice program, go to www.centralvna.org.

LRGHealthcare kicks off holiday season by giving

LACONIA — Earlier this week, LRGHealthcare welcomed the holiday season through the gift of turkeys for all employees and providers.

Members of the LRG-Healthcare Senior Team set up early Monday and Tuesday morning at Lakes Region General Hospital and Franklin Regional Hospital complete with blow up turkeys, holiday music, refreshments, and a refrigerated truck full of frozen turkeys. All employees of LRGHealthcare, including those at both hospitals as well as the off-site practices, were each wel-SEE **LRGH** PAGE A15



LRGHealthcare and St. Vincent de Paul staff unloading turkeys for the St. Vincent de Paul Food Pantry in Laconia.

Students from Woodland Heights School decorate angels for the Annual LRGH Auxiliary Tree of

LRGH Auxiliary kicks off the Holiday season with the Tree of Love

ing off the holiday season, the Lakes Region General Hospital are \$3 each, and may ry Gift Shop is decked Auxiliary is excited be purchased in the out for the holidays, Holiday Tree of Love. An annual symbol of community Christmas and holiday spirit, the tree is lovingly adorned with angels decorated by dents from Woodland Heights School.

The hand-crafted angels remember loved ones, celebrate someone special and/

courageously our country. Angels In addition, please join the auxiliary for the Annual Tree of Love Ceremony on Saturday, Dec. 2 at 4:30 p.m. in the Atrium at Lakes Region General Hospital. The ceremony will include a reading of the names on the Tree of Love, and will be followed with some light refresh-

LACONIA — Kick- or honor those who ments and fellowship;

serve all are welcome. The LRGH Auxiliato once again offer the LRGH Auxiliary Gift and has great gift ideas for everyone on your list. Choose from wide assortment of holiday items to choose from; fashionable jewelry, trendy sweaters, scarves and ponchos to keep you or someone you love stylish and warm. The gift shop is located in the atrium at Lakes Region General Hospital, and is open Monday -Friday, 8 a.m. - 4 p.m.; proceeds from the gift shop support the community through auxiliary initiatives.

GILFORD — Donna Jeane Gleeson, 54, of 150 Saltmarsh Pond Road, died suddenly and unexpectedly, Thursday, Nov. 16, 2017 at Lakes Region General Hospital in

She was born Jan. 9, 1963 in Concord, the daughter of Edward and Charlotte Rabbitt. Donna was a graduate of Bishop Brady High School. She currently worked as an Administrative Assistant for The Belknap County Nursing Home in Laconia. Donna absolutely loved her co-workers and especially the residents. She had a very special rapport with them and always tried to make everyday a brighter one for them. Prior to her position at the nursing home. Donna held many different positions in the state of New Hampshire as a longtime state employee.

She enjoyed the many "motorbiking" spent with her husband

Donna Jeane Gleeson, 54

throughout New Hampshire and Vermont and spending time in her pool-yard during the summer. Donna loved life, her children and her beloved husband. She was his sunshine every day.

She is survived by her husband, Steven Gleeson of Gilford: father and step-mother Edward and Annie Rabbitt of Fort Meyers, Fla.; her mother, Charlotte Rabbitt-Johnson of Tampa, Fla.; her beloved sons, Nathan Rabbitt of Concord and Tyler Sawyer of Pittsfield; her two step-daughters, Ashley A. Gleeson of Boston, Mass. and Chelsea Gleeson of Boston, Mass.; and one sister, Pam Rabbitt-Berube of Fort Meyers, Fla., and many extended family and friends.

Calling hours were held from 5 to 7 p.m. on Tuesday, Nov. 21, 2017 at the Wilkinson-Beane-Simoneau-Home, 164 4 Pleasant St., Laconia, using the Carriage House entrance.

Funeral services will be private.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Living well with diabetes

Love to honor and celebrate living and lost loved ones.

LACONIA — Are you or someone you care for living with diabetes? Would you like to learn tools and strategies to better manage and live well with this disease? If so, the Living Well with Diabetes workshop is for you.

This workshop presented by LRGHealthcare, is a free five-week workshop that will be offered on Tuesdays from 1-3 p.m. beginning Nov. 21 at Lakes Region General Hospital. Those attending the workshop will apply skills for living a full, healthy life with diabetes, learn to set weekly goals and develop a practical stepby-step plan for improving diabetes care. Weekly topics include managing blood sugar levels, healthy eating, physical activity, relieving stress, and more!

Workshop leaders will guide participants through this proven

program developed by the Stanford University School of Medicine. These sessions are ideal for anyone living with diabetes or a caregiver of someone with diabetes.

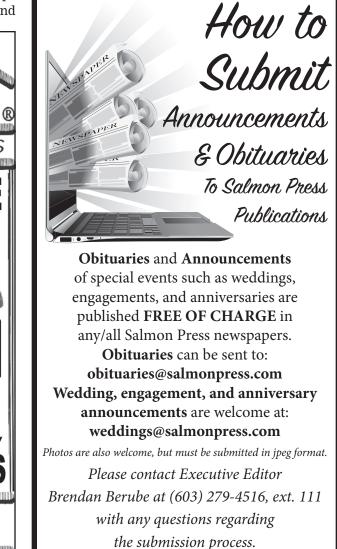
A diabetes monthly support group is also available at Franklin Regional Hospital on the third Monday of the month from 1-2 p.m.

For more information or to register for either of these programs please call LRGHealthcare Community Education at 527-7120.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LR-GHealthcare's mission is to provide quality, compassionate and to strengthen the well-being of our community.



NORTH CONWAY, NH 356-7818 • LACONIA, NH 524-1276



A6 THE GILFORD STEAMER
THURSDAY, NOVEMBER 23, 2017

SUPER SENIORSI

Four Common Planning Mistakes Made by Elders

By Edward H. Adamsky
Everyone gets older,
and unless you just drop

dead someday, you will have to face the fact that you will need help as you





become less able to handle your affairs (financial or personal/physical). No one wants to admit this, especially those who don't want to appear weak. But, it will probably happen. So, if you are ready to think about it, then you should be aware of some common mistakes people make when planning.

1) Not Planning At All.

It's hard to think about difficult issues and nasty situations. You may just go along living your life without thinking about the future, and it works out okay – at least until something goes wrong. Instead, it makes sense to think about the future, to consider what you want, and to make the right plans so the future works out the right way. You should at least do the basics of Life & Estate Planning including a Will, a Power of Attorney, and a Health Care Directive. Without those crucial tools in place, no one will be able to help you when you need it.

2) Having Joint Accounts with Children

Many people think they are all set if they have a daughter or son's name on their bank accounts. Sometimes they get this advice from friends or someone at their bank. It's true that this makes it possible for a child to pay bills

with the bank account, but there are issues with joint accounts that need to be considered.

The major issue with a joint bank account is that the problems of all of the joint owners can affect the account. If your child has debts or other financial problems, the money in your account could be lost. The other major problem with just a joint checking account is that it doesn't allow your child to do anything else except write checks. All of your other personal business can only be handled by you, or by your duly appointed Agent under a Power of Attorney. Joint Accounts are not enough.

3) Only Planning for Death

Some folks think that a Will is all they need. But a Will only takes care of your assets after you die. This is your Estate Planning tool. But you need the "Life Planning" tools too. These are the Health Care Directive and the Power of Attorney. Those tools allow your chosen representative to handle you money and property while you are alive, but unable to do so, or to make medical decisions for you if you cannot.

4) Paying for Help Under the Table

It seems simple to just get a friend or neighbor to come to the house to help you out, and pay cash without any paperwork. Although that would be easy, it would be illegal and could cost you thousands of dollars. Anyone who comes into your home to help you - unless they are an employee of an agency – is your employee and you must withhold taxes, Social Security, and Medicare from their pay. You must also have Worker's Compensation Insurance for your employee. Failure to do all of this may subject you to labor sanctions and, worst of all, full liability for injuries to

your employee.

It makes so much sense to plan thoroughly for your future needs. The best way is to see an Elder Law Attorney and learn about your options and the tools you need to ensure your wishes are met. Do not wait until it is too late to plan. Start right now!

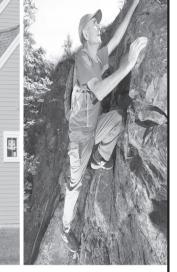


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THE GILFORD STEAMER A7 THURSDAY, NOVEMBER 23, 2017

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the Canadian Maritimes, Boston Revolutionary History Tour, and the Ultimate Polar Bear Adventure, to name just a few!

Terrapin Tours also recently began a "Give

Back Initiative", offering a travel scholarship for local high school students, donation program for un-used toiletry items collected while on tour, and support of local organizations through monetary and

gift certificate donations. "I am so thankful for the success Terrapin Tours has achieved, and am thrilled to be able to give back to our local community and organizations across the state."

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A8 THE GILFORD STEAMER THURSDAY, NOVEMBER 23, 2017

SUPER SENIORS

There is magic in water

Exercise and Physical Therapy in the water is fun and offers great health benefits for seniors.

By Anna Swanson

When it comes to YOUR health, knowing what your choices are is key to improving the quality of your life. Getting older does not mean you have to be less active. Seniors looking to keep moving and get some quality exercise throughout the week

can benefit from exercising in a pool. Not only does the water provide the necessary resistance for working out your muscles and joints, it also provides a low-impact environment for doing so--a benefit to seniors with arthritis and joint pain. You do not need to know how

the water.

As we age, we often face what can be a frustrating dilemma. On one hand, exercise can extend our lifespan and improve our quality of life; on the other, many exercises run the risk of causing a fall or suffering a joint injury. Water exercise, such as water aerobics, joint mobility classes and water Physical Therapy, provide the benefits of exercise while taking away the risks.

Heart Benefits: Cardiovascular ercise is especially important for seniors because it directly reduces the partici-

to swim to exercise in pants' risk for circulatory problems such as heart disease. Resistance workouts in the water help maintain strength and stability which can go a long way toward preserving the balance, range of motion and mobility that we often begin to lose.

> Joint Protection/ Muscle Strength/Calorie Burn: Some of the more traditional exercise choices such as running or aerobics can be hard on the joints. The repeated impact of your feet landing on the ground places strain on the ankles, knees, hips and back. Water exercise protects your joints in two ways. The buoyancy of the water supports a portion of your weight, reducing the load on

move. The resistance of the water is 12 times the resistance of air. This helps us gain muscle strength, prevents any of our joints from moving too quickly and increases our metabolism helping us burn more calories. Many physical therapists and water incorporate classes equipment like water paddles, noodles, ankle weights, and buoys to further in-

duce strength gains. Fall Prevention: Falling is a major concern for many of us, owing to a combination of reduced balance and growing fragility of bones. This can make many exercise options too risky. In the water, our natural buoyancy helps to keep us upright. Even

your joints as you if we do lose our balance completely, we will splash gently into the liquid rather than falling to the floor.

> There are many options for exercise and physical therapy in the Greater Plymouth area, but only one offers a combination of AQUATIC and LAND therapy for total body fitness. PEMI-BAK-**COMMUNITY** HEALTH.

> PBCH, at the Health Place on Boulder Point Drive, offers Physical Therapy sessions on land and in the water, Joint Mobility classes in the pool, Beyond Better Balance classes on land and Senior fitness memberships. The centerpiece of Pemi-Baker Community Health is a beautiful, 90 degree, therapy pool. With stability bars, a hydraulic lift, a bench with massage jets and deep and shallow water for non-weight or weight bearing exercises: this pool has everything you need. You do not need to know how to swim to have an effective treatment in the pool. Contact PBCH for your physical therapy referral at 536-2232 or www.pbhha.org for class and membership

> offerings. "Although no one can go back and make a brand new start,

anyone can start from now and make a brand new ending." Carl Bard



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From left to right Patti Thompson, Pam Baker and Patty Stewart

Debunking The Broker Myth by Patty Stewart

One of the questions that we are most frequently asked is "how much will your services cost me"? Most people do not understand that using a broker is a free service to them. Having a broker compare plans with you is beneficial and does not cost you any fees. Brokers are paid by the insurance companies. A good broker will compare several plans for you each year to make sure you are with the right plan that meets your coverage and budget needs. In the long run, broker fees are built into the cost of coverage so everyone should use a broker, it just makes good sense!!

Give Us A Call! Ask for Patty Stewart. **Patty Stewart and Associates** 35 Main Street, Plymouth, NH 03264 603-536-3691

LRPA-TV serves up a delicious Thanksgiving weekend!

LACONIA—If you're looking for something to watch on Thanksgiving that isn't football, why not tune into Lakes Region Public Television? On Thursday, Nov. 23, we'll be serving up family-friendly shows starting at 2 p.m. Our lineup of Thanksgiving-related programming includes classic cartoons, vintage television episodes and movies from Hollywood's past. Tune into LRPA and leave us on all day!

The afternoon lineup on Thursday, Nov. 23 is as follows:

2 p.m. 1961's cartoon "Calvin of "Dragnet" and the Colonel"

2:30 p.m. "The Little Princess" (1939), starring Shirley Tem-

Vintage short "Day of all weekend! Why go Thanksgiving" (1951), followed by cartoons

"Life 4:30 p.m. with Father" (1947), starring William Powell and Irene Dunne

" H i s 6:30 p.m. Girl Friday" (1940),

starring Cary Grant and Rosalind Russell

8 p.m. A classic1956 episode

8:30 p.m. "Royal Wedding" (1951), starring Fred Astaire and Jane Powell

Stay tuned to LRPA shopping when you can stay home and give yourself the gift of great, local TV? Join us at 10:30 p.m. this Friday and Saturday (November 24 & 25) for our "LRPA After Dark" presentation of 1951's

musical comedy "At War With the Army," starring the classic comedy team of Dean Martin and Jerry Lewis. "At War With the Army" was the first starring vehicle for Martin & Lewis. Their roles in this film, as in all of their movies, follow typecasting: Martin is the handsome Romeo, Lewis is the luckless jokester. "At War With the Army" has everything that you'd expect from a Martin & Lewis movie: loads of wonderful slapstick moments, as well as songs, shtick, crazy mix-ups and zany antics, and even a spoof of Bing Crosby and Barry Fitzgerald in "Going My Way." If it sounds like fun, then grab your popcorn and meet us after dark for

And mark your calendars for the annual

this wacky sendup of

Army bureaucracy.

Greater Lakes Region Children's Auction presented by CruCon Cruise Outlet, Tuesday, Dec. 5 – Saturday, December 9. Join LRPA for minute-by-minute coverage all week long on MetroCast Channel 25 and also on Live Stream at https:// livestream.com/lrpatv/ca2017.

About Lakes Region Public Access Television (LRPA):

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information entertainment) and 26 (government) to nearly 12,000 viewers in our member municipalities of Belmont, Gilford, Laconia. Meredith and Northwood, and around the world via LiveStream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that:

 fosters free speech and the open exchange of ideas.

 encourages artistic and creative expres-

• promotes a well-informed public through governmental transparency, and

· unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

Pop-Up Art Show to feature area artists

LACONIA — Beginning on Saturday, Nov. 25, the Lakes Region Art Association (LRAA) will be holding a week long Pop-Up art show and sale at the Belknap Mill, located at 25 Beacon St. East in Laconia.

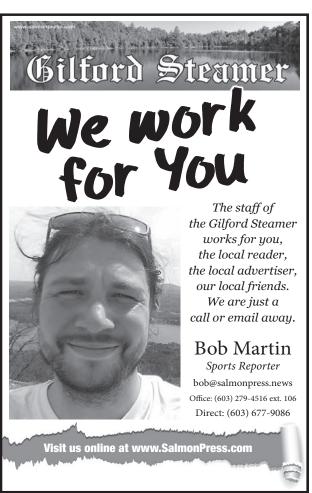
The show will open on Saturday, Nov. 25 from 9 a.m. to 4 p.m., and will also run the next week, Monday through Friday, from noon to 4 p.m. and Saturday, Dec. 2 from 10 a.m. to 8 p.m. It will feature the work of numerous Lakes Region artists and photographers who are also members of the association. Various different art mediums will be on display in the show including, but not limited to, oils, acrylics, watercolors, photography and art craft items.

On Saturday, Nov. 25, the downtown businesses, including the Mill, will also be holding a Small Business Celebration. That weekend is also the start of the Mill's "Christmas at the Mill Celebration". It should be a fun day for both the downtown businesses and their customers.

The LRAA is a local

educational and cultural organization that works to promote the appreciation, awareness and availability of visual fine arts in the Lakes Region. It is a charitable organization that, in addition to promoting the arts and art education

in the Lakes Region, contributes to a local scholarship fund for students pursuing art studies in college. For more information email Richard Hartman, Association President at: rich99hartman@gmail. com or call 556-9271.







Carter Mountain Brass Band to perform at UMC

The Carter Mountain Brass Band will present its annual Christmas concert Sunday, Dec. 3 at 3 p.m. at the First United Methodist Church, located at 18 Wesley Way (Route 11A), Gilford.

Students will be admitted at no charge, and there is a suggested donation for adults at the door. For more information, please call 524-



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-Taylor Community

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The WFOM is supported in part by a grant from the New Hampshire State Council on the Arts and the National Endowment for the Arts



MARK ON THE MARKETS

Window dressing



BY MARK PATTERSON

The end of the calendar year and fourth quarter brings a time of year to the mutual fund companies, when they attempt to re-shuffle the holdings within their fund to reflect what percentage of companies they hold at year end. This is a snapshot of holdings, not what was bought or sold throughout the year. This is called "window dressing." The fund manag-

ers sell companies stock that did not perform well and replace those names with companies that did well during the year. You may ask yourself why the fund would sell stock that may have not contributed to any positive gains in the fund and replace it with stock that has already maybe done as well as it will do. The answer is all about perception by you, the investor. Window dressing has to do with managed funds, not indexed funds. The only changes made to indexed funds are those that reflect changes to the index. Managed funds are just that; managed by a fund manager or team of managers. They have analyst that supply them research on companies that fit the criteria of the fund that they manage.

I am going to name two companies for the sake of an example only. Amazon and GE, neither of which I am recommending. If I were a fund manager that wanted to make my investors believe that I was the best stock picker around, I might buy Amazon.com now at around \$1135.00 when early this year I could have spent \$750 for the stock. My other trade would be to sell General Electric now at \$18.00 when I may have paid as much as \$32.00 earlier this year! Sounds like a dumb trade, but I want to show one of my top holdings as a huge winner, conversely not showing that we took a beating on

Logic may tell us that there is significant selling pressure on GE and buying pressure on Amazon. Could it be that after the New Year we may see a little more accumulastocks and a bit more sell-

a good finish into the end

tion of these beaten down ing of the stocks that had of the year? If you pay SEE MARKETS PAGE A15

Lakes Region Mutual Fire Aid members participate **#NOSHAVENOVEMBER**

Region Mutual Fire Aid is a regional Fire and EMS Dispatch center, dispatching professional Fire, EMS, and All Hazards emergency dispatching to 35 communities in and around the Lakes Region of New Hampshire.

No-Shave November is a non-profit organization devoted to growing cancer awareness and raising funds to support cancer prevention, research, and education. No-Shave November is a

LACONIA — Lakes month-long fund-raising journey during which participants don't shave in order to evoke conversation and raise cancer awareness. No-Shave November is particularly fitting, as the concept revolves around not shaving or grooming the participants hair, which many cancer patients lose, and would give anything to get their hair back.

> Eight Lakes Region Mutual Fire Aid employees have pledged \$50 each to participate in No-Shave November. The funds will be donated to the New Hampshire Firefighter Cancer Support Network.

> Cancer caused 70% of the line of duty deaths for career firefighters in 2016. There is little data regarding cancer among volunteer firefighters and the US Fire Administrations firefighter fatality statistics do not include cancer related deaths. It is a stark reality that cancer risks are significantly increased

for all firefighters.

Lt. Rob Frame proposed the idea to Chief Coordinator Jon Goldman in the beginning of November. Chief Goldman thought it was a great idea, and immediately made the announcement that members could participate. Participating this year are Chief Goldman, Deputy Coordinator John Beland, Lt. Rob Frame, Lt. Paul Steele, Lt. Kevin Nugent, Dispatcher Jeff Sheltry, and Dispatchers Erin Hannafin and Esther DiCarlo.

Laconia Barbershop "Polished and Proper" has generously offered to have a "shave off" on November 30th to help the LRMFA staff members shave off their beards. We are very excited to have the local business community participate in this with us.

Any questions regarding this release can be directed to Chief Coordinator Jon Goldman, at 528-9111 or jgoldman@ lrmfa.org.

GILFORD POLICE LOG

The Gilford Police Department responded to 261 calls for service and made the following arrests from Nov. 7-19. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

A 38-year-old male

from Gilford was taken into protective custody for intoxication on Nov. 12.

Heather Rice, age 30, of Laconia was arrested on Nov. 13 for Willful Concealment, Breach of Bail, Resisting Arrest or Detention, and Theft By Unauthorized Taking in an amount less than

Brandon K. Goupil, age 18, of Laconia was arrested on Nov. 13 on four counts of Possession of a Controlled Drug.

Tina Ano, age 38, of Skowhegan, Maine was arrested on Nov. 18 on connection with a bench warrant.

Paul McGrath, age

62, of Manchester was arrested on Nov. 19 for Driving After Revocation or Suspension (second offense) and Transporting Alcoholic Beverages.

Jonathan Henry George, Jr., age 31, of Loudon was arrested on Nov. 19 for Theft By Unauthorized Taking or Transfer (Larceny).



Wishing you & yours a happy and safe holiday season,

Scott Sullivan

Chairman, LRGHealthcare Board of Trustees

Kevin W. Donovan

LRGHealthcare President & CEO

Paul Racicot, MD

President of Medical Staff



Bank of New Hampshire promotes Alexandra Pelletier to Gilford Village Banking Office Manager

Bank of New Hampshire is proud to announce that Alexandra "Ali" Pelletier has been promoted to Gilford Village Banking Office Manager.

Pelletier joined Bank of New Hampshire in 2006 as a Bank Services Representative, and has more than 11 years of experience in banking. As the Gilford Village Office Manager, she will be responsible for the overall management of the office's deposit portfolio, customer relationship management and new business development.

"I am proud to promote a dedicated and qualified employee of the bank into this position," stated Elaine MacNeill, Vice President – Market Manager

for Bank of New Hampshire. "Ali has worked hard over the past 11 years and is very deserving of this new role."

Pelletier is a graduate of Gilford High School, has her Supervisory Certificate as well as a number of other banking certificates and was named the 2014 Bank of New Hampshire Quality Service Professional of



the Year. She is active in the community serving as a board member for Celebrate Laconia.

Pelletier may be reached in the Gilford Village Office at One Country Club Road, via phone at 527-7205 and by e-mail at apelletier@ banknh.com.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout

New Hampshire. With 24 banking offices throughout New Hampshire and assets exceeding \$1.5 billion, Bank of New Hampshire is the oldest and largest independent bank in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www. BankNH.com.

Gracie Cilley announces retirement from Meredith Village Savings Bank

MEREDITH — Gracie Cilley, Vice President, Commercial Loan Officer for Meredith Village Savings Bank (MVSB) is retiring on Dec. 8 after more than 21 years with the organization.

"Throughout Gracie's tenure, she has proven to be invaluable for both



COURTESY PHOTO

(Left) Gracie Cilley the Commercial Lending department as well as the entire Bank as a whole," said Rick Wyman, President of MVSB. "Her extensive knowledge and ability has allowed the Bank to make significant local contributions, and she has dedicated a great

long days, giving you

the peace of mind to

know they are being

loved and cared for

while you are able to

attend to your busy

deal of time working with affordable housing projects in the communities we serve. We've been very fortunate for her service these last 21 years."

"I plan to continue

Cilley began her ca-

championing the need for economic development in our community," said Cilley. "I've enjoyed working with countless local organizations throughout my time at the Bank. MVSB was founded on service and it has felt good to represent an institution with values that so closely align with my own."

SEE **CILLEY** PAGE A15



Homeward Bound welcomes new dog walker

Homeward Bound Professional Animal Care, LLC is excited to welcome our newest employee, Leola Matos, to the team as a Mid-Day Dog Walker! Leola, who prefers to go by Lee, lives in Meredith, New Hampshire with her husband Tony and their two dogs, Chloe and Seddy. Lee recently retired from a career in social work and couldn't wait to get back to work! She is excited to be working with clients who are jumping up and down, happy to see her every time she walks in the door! In addition to spending time with her two children and two grandchildren, Lee is training for a half marathon.

"Lee's enthusiasm for both animals and fitness is contagious!" says Homeward Bound owner, Alix Marcoux DiLorenzo. "That combined with the level of professionalism brings with her from her previous career, make her a perfect asset to the Homeward Bound team. Our clients expect nothing but the best for their dogs and cats, who they consider members of the family."

Lee will be joining Homeward Bound's other employees for rigorous training before she begins to take on walks and visits on her own. To learn more about Homeward Bound's dog walking programs for busy pet parents you can find them at www.hbpets. com or call 998-0954

About Homeward Bound Professional Animal Care, LLC

Homeward Bound specializes in dog walking services for busy pet parents in the Lakes Region. Your dogs will be walked while you are out for



COURTESY Lee Matos, pictured, with her her dogs Chloe and Seddy, joins the Homeward Bound team.





Irwin Automotive Group donates 100 turkeys to St. Vincent DePaul

LACONIA — The Ir- to make Thanksgiving win Automotive Group will be donating 100 turkeys to St. Vincent DePaul in efforts to make sure every family in the Lakes region has a turkey to share with their family and friends. "Everyone at the Irwin Automotive Group wants the donation of these turkeys

special for at least 100 families throughout the Lakes Region," said Chris Irwin Vice-President of the Irwin Automotive Group.

Rather than giving away turkey dinners, St. Vincent gives people the option of making their own Thanks-SEE **TURKEYS** PAGE A15

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A12 THE GILFORD STEAMER THURSDAY, NOVEMBER 23, 2017



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GUNSTOCK

17, adult tickets are for 18-59, senior tickets are for 60-69, and Golden Tickets are for 70 and older. Roth said narrowing this gap makes tickets more af-

Roth said their season pass program and its benefits are one of the most compelling for customers and is even more popular than others in the state or country.

fordable to more people.

Flex passes will also be available for people who might not come to the mountain enough to benefit from a season pass.

"Hopefully that makes Gunstock more accessible to more people," Roth said. "That's important to us and affordable: I call it (Continued from Page A1)



Gunstock recently unveiled the new logo to celebrate its 80th anniversary.

affordability and accessibility."

Previously the mountain had Saturday Night Rocks night skiing, now every night has "Night Sessions." Tickets for the Night Sessions include rentals, a quick tip

lesson with a ski or snowboard professional, and two rides on either the tubing hill or the mountain coaster.

SMOKING

status quo.

A motion was made to amend the personnel policy and ban smoking in all town vehicles.

Selectman Richard Grenier said he was torn on this issue. He said public works employees could spend 16 hours on the road and work through 2 a.m. Being a former smoker himself. he said he understood how that could be difficult for employees who smoke. On the other hand, he also had concerns about the impact on the vehicles.

"If they're not maintaining the vehicles and stuff, I'm having second thoughts about it," Grenier said.

Board Chair Chan Eddy said he was also concerned that smoking in the new vehicles might decrease the vehicle's val-

"One of the issues I have [is] that stuff gets everywhere...it coats the inside of the windows," said Eddy. "My dad was a smoker, and I hated getting into his car."

He said while he understood the reasons for this exception, no smoking policies have become standard, and fewer people are smoking.

"I'm inclined to urge my fellow selectmen to vote in favor of the motion," Eddy said. "I think

it's time to bring everything into alignment. The DPW has had a special dispensation, [but] I think it's time to end."

(Continued from Page A1)

Selectman Gus Benavides asked what the state's policy is on smoking in their highway vehicles. Dunn said he did not know.

Dunn said as proposed, the policy would go into effect immediately after the selectmen's vote. Eddy proposed delaying this to give employees a heads up. Benavides proposed for the new policy to go into effect on Jan. 1, 2018.

The board unanimously approved the change in policy.

LUNCH

by 20 minutes to give the families more time together.

"We're so excited to have all our guests," Bolduc said.

Food service workers served meals to all the kids and and Bolduc said they were "amazing." "We couldn't do it

without food service because this is a huge deal," Bolduc said.

Drouin also praised the work of the kitchen staff.

"Our lunch ladies are very gracious to help us out," Drouin said.

Bolduc said she loves the event.

"The kids are so happy and proud of their school and it's so nice to see them," Bolduc said.

Drouin said the Volunteer Steering Committee loves the event too. She said it is a lot of work for those who help out.





GES Principal Danielle Bolduc helps serve dessert during Lunch with a Loved One.

"They were more than willing to do it again this year because they see how happy the kids are when they see their mom and dad and grandparents," Drouin said.

Both Drouin and Bolduc helped out with the lunch. Drouin herself got the chance to have lunch with her first

(Left) Gilford Elementary School students and their families enjoy lunch during Lunch with a Loved One.

ERIN PLUMMER

grader.

Kindergartener Teagan Olson ate with her grandmother Mary Olson, who was visiting Gilford from Bedford.

"I love to eat with my granddaughter," Mary Olson said.

She said this was a wonderful event.

"This is a great system that they have," Olson said.

Lisa Singh joined her daughter Elyse, also a kindergartener, for lunch.

"It was a lovely experience, of course spending time with her celebrating Thanksgiving," Singh said.

She said this was really generous of the school to do this.

manton, and others.

CHRISTMAS

(Continued from Page A1)

The Johnstons said the event brings in thousands of people every year. Jack said they will see many of the same faces come through the door, sometimes multiple times over the weekend.

"We have people coming as far as California now," said Jack.

Other visitors have come from New York, New Jersey, and other areas. Jack said a lot of people are seeing the event on Facebook and making a point to come when they are visiting the area.

Morgan said knows people who are already saying, "I can't wait to see it."

Jack said a lot of volunteers will ask to come back every year.

The Christmas Village is a nonprofit event and relies on donations from local businesses and oth-

Admission is free and donations are encouraged. Donations will go toward expenses for next year's Christmas Village.

"It's been very rewarding to see the kids' faces lighten up," Morgan said. "Its great, especially for families who don't have a lot."

The four-day event will be open from 6-8 p.m. on Thursday, Nov. 30, and Friday, Dec. 1. On Saturday, Dec. 2, and Sunday, Dec. 3, the doors will be open from 2-5 p.m. There are also special hours on Saturday and Sunday for people who are elderly or have other special needs.

The Christmas Village is looking for more Elf Volunteers. For more information contact Morgan Johnston at by phone at 409-7191 or by email laconiacv.morgan@ gmail.com.







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NOTEBOOK

there, down into Stewartstown Hollow, but at one time a short-cut went straight ahead,

on a dead reckoning for Bear Rock Road and then right on up over North Hill to Clarksville and on to Pittsburg.

During this time, before the railroad and the internal combustion engine, the stagecoach route brought passengers right by my house, and there was an inn and tavern at the intersection of North and South Hill roads. What a place that must have been, and I would have given a farthing or two to be, at least for a moment, a fly on the wall.

Today's road North Hill begins broadly enough, wide enough for two vehicles as it passes the old North Hill Church, little used now save for the occasional seasonal service.

But soon enough, just over the top of the hill, it begins to dwindle, until it reverts to what always was, an ox-cart road. It is about one rod wide---a little over 16 feet from stone wall to stone wall. There are a couple of turnouts for drivers meeting other vehicles to make room to pass. Most people are exceedingly polite about this, in the tradition of backroad driving, from horse and buggy times unto today.

Here, where the road is at its narrowest, there is ledge to the right and underneath. A classic

back-country fence of stumps and cedar posts keeps George Hodge's replacement heifers in their wild pasture. The view is breath-taking from this pinch-point, the fence on the one hand, the dark woods on the other, and the landscape opening far and wide to the north. It is a place many people

"They want to bury the line here?" one of my passengers said, eyes wide, aghast. "How would they even get the machinery in? It's madness."

would pay hard money

Exactly. This little stretch of North Hill Road, all by itself, is enough to put the Mark of Madness on the whole Northern Pass scheme. It is where I would take Governor Sununu and longtime friend publisher Joe McQuaid, if I could, and say "Just look at this road and this scene. Can you imagine?"

It is, by the way, a stretch of road the Site Evaluation Committee's buses never traveled during their tour of the project's proposed route---because the road was judged too narrow and rough for the buses. This is the same road that far larger school buses traveled during the replacement of the Bishop Brook bridge.

Just down the hill, along the most constricted portions of the road, is the North Hill Ceme-

(Continued from Page A4)

tery. It is here, in the far left corner, where the mortal remains of old Metallak are said to rest, beneath a handsome granite stone bearing a few lines of his story.

The stone and its immediate environs are always adorned with gifts and totems large and small, ranging from coins and porcupine quills and glass beads to animal bones and claws and even two fine and highly decorated lances thrust into the ground on either side. Interesting, to me, is that no one ever seems to see who puts these honorifics here, in this far and out of the way place. They just appear.

My passengers, almost speechless at this scene, got back in, and we nosed our way the rest of the way down, lucky not to meet anyone, and went off to lunch, trying to make sense of such a monstrous project being rammed down through such a beautiful and singular place.

And I had to wonder what old Metallak would think of it all, if he could take time out from spinning in his grave.

(This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write campguyhooligan@ gmail.com or Box 39, Colebrook, NH 03576.)

LRGH

comed to stop by the festive area and take home a gluten-free, 13-16 pound frozen turkey.

As an alternative, employees were also given the option to donate their turkey to those less fortunate in LRGHealthcare's communities. In all, LR-GHealthcare is proud to share its employees and providers donated 389 turkeys to organizations throughout the Lakes and Three Rivers Regions.

"We're so proud of the hard work and commitment shown by our employees and providers each day, that we really wanted to not only give

them a gift this holiday season, but do so in a fun way offering a break from the norm," stated Kevin W. Donovan, LR-GHealthcare President and CEO. "What better way to kick off the holidays than by giving back to those we count on each day? And, we couldn't be

prouder of those employ-

ees who then gave back to

the community by donat-

ing their turkey to those

who need it most."

Because of the generosity of LRGHealthcare's employees, 389 turkeys were delivered to the following organizations:

Salvation Army St. Vincent de Paul (Continued from Page A5) Lakes Region Commu-

nity Services Council Tiny Twisters - Frank-

Franklin VFW Com-Thanksgiving

Meal St. Joseph's Church

Food Pantry - Belmont Franklin Fire Depart-

Laconia Fire Department

Tilton Northfield Fire Department

Laconia Police Depart-

Central NH VNA

Laconia Area Community Land Trust Lakes Region Child

Care Services

New Beginnings

MARKETS

attention to how the markets trade and price-action of certain stocks, you may sometimes find adjustments to your portfolio that make sense and money. Again, do not mistake my example as a recommendation to buy or sell anything, I am just using these extreme examples to illustrate my point.

If you have been a reader of this column for any length of time, you know I am generally not an advocate of managed mutual funds. The exception being specialized sector funds or regions that are not reflected in a low cost index fund. I can't justify the additional cost and fees for a loaded or high expense growth, income, value or large cap fund. They appear often times, to look like a high cost index fund.

(Continued from Page A10)

If you want your current portfolio analyzed for expense, diversification and purpose, you are welcome to contact my

Mark Patterson is an advisor and asset manager with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.

CILLEY

reer at MVSB in October 1996 as a Commercial Loan Specialist with more than 20 years of banking experience. She was quickly promoted to Assistant Vice President, Commercial Loans, in December of that year. Cilley was promoted

(Continued from Page A11)

again in January 2000 to Vice President, Commercial Loan Officer. ed to the community and

Cilley is very dedicathas frequently offered her knowledge and expertise to many organizations throughout her career. She was named Chair of the Board for the BelknapEDC and is Secretary and Chair of the Audit Committee for Future in Sight (formerly known as the New Hampshire Association for the Blind). She has previously served as the Committee Chair for Making Strides Against Breast Cancer, Kidworks Learning Center and the Lakes Region United Way. Cilley is a

gland School of Banking and has an Associates degree in Business and & Finance from NHTI.

(Continued from Page A11)

For nearly 150 years, MVSB has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Hampton Falls, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

MATOS (Continued from Page A11)

Homeward Bound offers vacation cat care to feed, water, and give TLC to your cats while you are away. More information about Home-

strangers are bringing

an early Christmas to

this incredible young

boy — decorating his

hospital room with a

tree, requesting a spe-

cial visit from Santa

Claus and showing him

support with homemade

holiday cards that are

pouring in from people

all over the world. As

of Thursday, November

9th Jacob had received

over sixty-six thousand

dren's Hospital said in

a statement Thursday

that the response has

been "wonderfully over-

Barbara Bush Chil-

cards and gifts.

CARDS

ward Bound can be found at www.hbpets. com. Homeward Bound can be reached at 998-

the hospital said: "Out

of concern for Jacob

and all the patients at

the Barbara Bush Chil-

dren's Hospital, please

refrain from personal-

ly delivering cards to

the hospital. Instead,

homemade cards can

be mailed to Jacob.

care of The Barbara

Bush Children's Hos-

pital at Maine Medical

Center, 22 Bramhall St.,

Portland, ME, 04102. At

the request of Jacob's

parent, the toys or gifts

will be donated to the

holiday gift pool for all

patients at BBCH. In

However,

whelming."

TURKEYS

giving meal for their receiving 800 turkeys families. The organizain order to meet the detion provides baskets mand this year. St Vin-

with all the necessary food stuff. The food pantry has a goal of

(Continued from Page A3)

cent DePaul is asking the Lakes Region community to show their support for their fellow neighbors.

> Anyone who wants to donate one or more turkeys can drop them off at the St. Vincent de Paul food pantry at 1269 Ave., Monday Union through Saturday between 7 a.m. and 4 p.m., between now and Saturday, Nov. 22, when the food basket distribution will begin. The pantry would also appreciate the donation of fresh vegetables. Thank you in advance for your consideration and help!

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addition to the cards, Thompson said that Jacob would love to see people singing Christmas carols. To facilitate this, the family is asking those so inspired to shoot a video of them singing Christmas carols and post them on the Barbara Bush Children's Hospital Facebook page, where Jacob and his family will be able to view them.



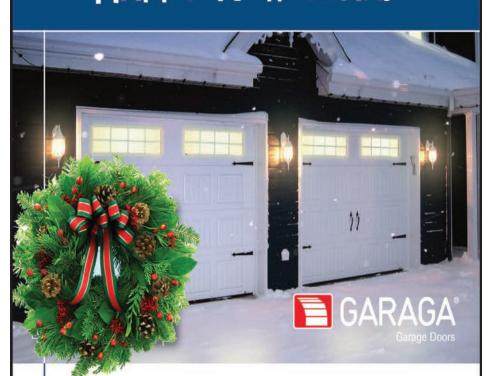




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THURSDAY **NOVEMBER 23, 2017**





BOB MARTIN

Connor Leggett made first team All-State for his strong play for Gilford this fall.



BOB MARTIN

Tyler Hanf was named to the first team for All-State.



Adam Donnelly was a second team All-Stater. It was his first time on an All-State team for soccer.

Quartet of Golden Eagles earn All-State nods

BY BOB MARTIN

THE GILFORD STEAMER

NewHampshireLakesAndMountains.com

GILFORD —The Gilford boys' soccer team



Ethan Warren was named to the first team for All-State for the first time.





(603) 293-0841 • info@patrickspub.com patrickspub.com • 18 Weirs Rd Gilford, NH 03249 was well represented on this year's Division 3 All-State team with three first teamers and a second teamer that were named last week.

Making the first team this year were Connor Leggett, Tyler Hanf and Ethan Warren. Adam Donnelly was named to the second team. All four All-Staters are seniors who will be graduating in the spring.

Leggett had five goals as a back this season. He was a three-year starter that took on various roles. Leggett was a second team All-Stater last year and moved up to the first team in his senior year.

Coach Dave Pinkham said Leggett was probably the best at heading the ball on the team. He was a valuable asset for the Golden Eagles both offensively and defensively. Pinkham said Leggett was the guy who had to mark the top striker from the opposing team and shut them

down.

"He is one of the most coachable and hard-working kids I've had," said Pinkham.

Leggett also made the Lion's Cup team, which is comprised of the top 22 graduating seniors from the state of New Hampshire who will compete against Vermont on July 21, 2018.

"It is quite an honor to have a player make this through the try out process, and Connor Leggett was chosen as the top

22," said Pinkham.

Hanf led the team in scoring with 15 goals and eight assists. Hanf was a four-year starter who was a back for his first three years. Pinkham said he was one of the most talented defenders he had coached in his 41year career, as Hanf had an unbelievable ability to anticipate. As a senior Hanf needed to take on a new role as a center midfielder because goal production was needed.

"Tyler did such a eat job this year," said Pinkham. "I have nothing but great things to say about him and all these kids."

This is Hanf's second straight year as a first team All-Stater. He was also second team All-State in his sophomore

Warren gave up only 10 goals in 19 games, with 13 shutouts including the playoffs. He never gave up more than two goals in a game all season.

"I wish I could go back, but it has been a long time since we had a goalkeeper named, particularly for first team," Pinkham said, adding that Warren was a sec-

ond teamer last season. Warren said the team was led by Warren's strong work in goal, SEE **EAGLES** PAGE B3



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Breton earns All-State soccer nod

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The Division 3 girls' soccer All-State team was announced last week and Taryn Breton of the Golden Eagles was named as an honorable mention for 2017.

Breton was a team captain for Gilford this past season and had four goals. Coach Tom Raymond said she was a quiet leader who led by example, and said while she was an honorable mention, he could have seen her being a first or second teamer.

"She was all over the field," said Raymond.
"Taryn always seemed to be in the right spot at the right time. It was a tribute to how hard she worked how seriously she took practices. She combined this and brought it to the field. I always called her our quarterback in the middle of the field."

Breton has been a starting center midfielder since her sophomore year. When she was a freshman, Breton played both junior varsity and varsity, during a time when Raymond was coaching the JV squad. This made for a great transition to full-time varsity when Raymond took the reins as head coach during her sophomore season. He said it was clear that she was the type of player who would go out and give it her all every time she took the field.

"She has a lot of experience at the varsity level," said Raymond.

Raymond said everything moved through her, from the defense to midfield and to the offense. He said Breton knew the game well and had great vision, while being enthusiastic and supportive of her teammates. Raymond said she had



Taryn Breton was an honorable mention for the All-State team for girls' soccer.

a knack for making those around her better, and he couldn't be more proud of her being recognized this year for her effort.

This was the first time Breton has been recognized for All-State, which Raymond said was great for her in her senior season.

"It couldn't have happened to a better person," said Ray-

Raymond was happy with the play of the Golden Eagles this season, who went 10-7 in the regular season and made it to the state tournament as an 11 seed. Gilford lost in the first round of the playoffs to sixth ranked Campbell by a score of 5-2. Raymond pointed out that while Breton was named there were other players to make note of having solid seasons for Gilford. This included Sarah Fillion who led the team with seven goals and goalkeeper Hannah Perkins who had six shutouts.

Bobcats roll past Beaver Country Day in quarterfinals

BY JOSHUA SPAULDING

WOLFEBORO — Coming off their Lakes Region championship, the Brewster soccer girls took care of business in fine fashion in the NEPSAC quarterfinals on Wednesday afternoon, knocking off Beaver Country Day by a 5-0 score on the turf of Brown Field.

Keeper Brooke
Rooney made a nice save
right out of the gate and
the Bobcats came back
with some pressure at
the other end in the first
couple of minutes, but
couldn't get a shot on
goal. However, Makenzie Donovan found Abigail Hoff for a bid that
was denied as Brewster's
first shot on goal.

With less than five minutes gone in the game, the Bobcats strung a couple of passes together that resulted in the game's first goal. Emily Dumaresq sent the ball in to a charging Anya Found, who crossed the ball in front of the net and Madeline Flagg was waiting at the far post to tap the ball in and send the Bobcats on their way.

Hoff had a shot go over the net and Flagg sent a ball in with a nice cross but the ball was cleared out of the zone. Brewster got the game's first corner but could not convert and then Rooney came up with a big save in close to keep the visitors off the board. Donovan and Flagg just missed connecting on a bid for the Bobcats. Beaver had a great chance on a direct kick from just outside the box and Rooney leaped to get a hand on it and push it off the crossbar and out of harm. Donovan came back with a direct kick at the other end that was



JOSHUA SPAULDING

RACHEL HOOKER battles around a Beaver Country Day attacker in action last week.



JOSHUA SPAULDING

ANYA FOUND unloads a shot during her team's quarterfinal game last week.

cleared out.

Katelynn Nice stepped up with good defense in front of Rooney and Found had a cross cleared from the zone. Flagg also had a shot stopped and then Rooney came out to grab another bid from the visitors.

With 14:51 to go in the first half, the Bobcats doubled the lead on a direct kick. Donovan sent the ball in from outside the box and Jordan Thompson was at the far post and plucked the ball right out of the air and redirected it into the net for the 2-0 lead.

After a Rooney save at the other end, Brewster added a third goal, as Donovan sent in a direct kick from the side and Thompson was at the far post to tip the ball in for the 3-0 lead with 10:04 to go in the first half.

Jordan Mitchell and Flagg had bids in the offensive zone in the final 10 minutes and Beaver Country had a shot go wide of the net and the game went to the half with a 3-0 lead for the host Bobcats.

Early in the first half, Found and Donovan teamed up on a bid that went just wide and Hoff had a nice ball in that just missed connecting with Found. Found had another shot stopped and Flagg had a bid go wide of the net. Hoff sent a nice cross in to Flagg that was denied and Found had another bid stopped. Rooney made a stop at the other end

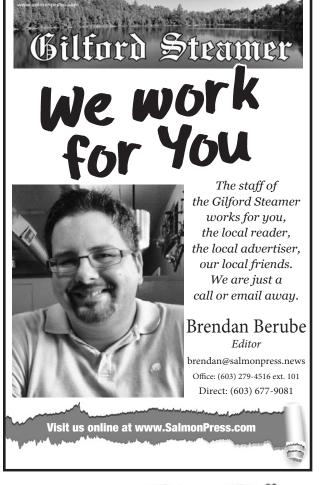
and Brewster came back with a trio of corner kicks.

On the first corner, Flagg had a shot denied and on the second corner, Nice had a head shot that went just over the top of the net. On the third corner, Flagg sent a shot wide of the net. Thompson had another bid denied and Hoff had two chances stopped by the visiting keeper. Rooney also turned in a couple of saves at the other end for the Bobcats.

With 11:51 to go, a corner went Brewster's way, as Dumaresq sent the ball in and Rachel Hooker was in the box to poke the ball home for the 4-0 lead.

The Bobcats continued to pressure down the stretch and that pressure eventually paid off, as Kaylyn Stoddard pushed the ball into the zone and raced past the defender to pick the ball up again and fired it into the net with 4:04 to go to make it 5-0. Rooney made a nice save down the stretch to close out the shutout and send the Bobcats on to Saturday's semifinals.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.





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Coaches Kris Genakos (left) and Steven Hepburn (right) with LRU's U15 girls.



COURTESY PHOTO

Lakes Region United sends two teams to finals

REGION — Lakes Region United sent two teams to the New Hampshire Soccer League playoffs last weekend in Pembroke. On Saturday, LRU's U15 girls beat the FC Stars 2-1 in the division 2/3 semifinals. They jumped to a 1-0 lead in the first half, with Abby Jarvi playing a through ball for Venessa Genakos,

into the bottom right corner. The FC Stars equalized, but Jarvi struck again in the second half after collecting her own rebound during a breakaway. In Sunday's final, the team fell 1-0 to Shaker Roads School in a very close game. Assistant Coach Steven Hepburn said, "The girls played well defensively in the

who slotted the ball final. We had control in the second half but just couldn't find goal-scoring opportunities."

Meanwhile, LRU's U14 boys beat Hampshire United 2-0 in Saturday's division 1/2 semifinals, with Gilford's Tanner Keenan setting up Canterbury's William Riley for both goals. Keenan and Riley combined for another goal in

the team fell 4-1 to Kearsarge United. Coach Chris McDonough said that the Kearsarge was "really strong, very fast, and they should be commended for a wellplayed game."

The tournament in Pembroke marked the end of LRU's fall season. The club had more than 100 athletes playing in New Hampshire Soccer League this fall.

Sunday's final, but LRU's athletes are currently playing in the first winter session at Fieldhouse Sports in Bow, with weekly practices held at Tilton Sports Center.

> LRU is a non-profit organization that keeps costs reasonable by relying on experienced parents and volunteers to coach teams. The club also benefits from the generosity of sponsor Cantin Chevrolet and local

towns, which provide field time for practices and games. Club president John Stow of Gilford said, "We're very fortunate to have so many volunteer coaches and parents who contribute their time to keep youth soccer competitive, fun, and affordable in the Lakes Region."

Players interested in learning more about LRU should visit LRUsoccer.com.

EAGLES

along with incredible defense. He said if the team were able to put the ball in the net more often, the Golden Eagles could have gone even further than the semifinals.

Donnelly, a senior, had nine goals and 12 assists, and was a primary scoring option for the team. Pinkham said Donnelly has a great story, as he was mostly a substitute player until late in his junior season.

"He worked tremendously hard over the course of the spring in becoming a more rounded soccer player," said Donnelly. "He had such a powerful shot. It was unbelievable improvement for him and he became a real player. He contributed tremendously this year for us as a senior."

Pinkham said while these players were the ones named to the All-State teams, there were plenty of other players on the Golden Eagles roster that deserved recognition. Sophomore Daegan Boucher is primed to be a star next season, as he was the team's second leading scorer with 10 goals and three assists. Patrick O'Connor had four goals and was the team leader in assists with 14.

"They certainly were leaders offensively and defensively," said Pinkham.

Pinkham said it will be difficult to lose the four seniors who were named to the All-State team, but said he knows they have helped lay

a foundation for years to come. This year the Golden Eagle squad was made up almost entirely of sophomores and seniors, so their leadership was all the more valuable. Pinkham said they weren't just great soccer players, but they were "great, great kids" that he enjoyed coaching the past four years.

(Continued from Page B1)

"They have provided so much for the Gilford soccer program," said Pinkham. "There is no doubt they will be missed tremendously, but we'll keep our fingers crossed that the sophomores on the team that were prominent keep developing and that the players on the JV team keep developing to take their place."

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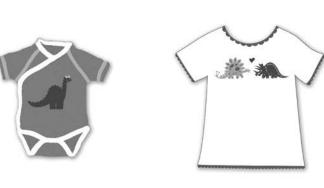
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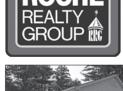
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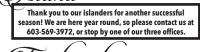
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Experience working with elementary school aged children preferred.

Pre-School Assistant 1:1

Ossipee Central School, Ossipee

2 mornings per week (Tues. & Thurs. 8:30-12:00) to work one to one with pre-school student.

Candidate should have experience working with children with disabilities, including background in implementing discrete trials and working with communication systems. Associate Degree or equivalent required for this Title 1 school.

Special Education Assistant Tuftonboro Central School, Tuftonboro

29 hours per week working with students needing academic and behavior support.

Experience working in a school setting with grades 4-6 and Bachelor Degree preferred.

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(and for more information and to view upcoming/other

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YNƏMEK: "MHEKE THE MILD THINGS ARE"

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

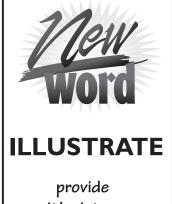




8uu plabel 3. Pencil behind boy's ear 4. Girl wearing



- 1778: CAPTAIN JAMES COOK BECOMES THE FIRST EUROPEAN TO VISIT MAUI.
- 1789: THE FIRST NATIONAL THANKSGIVING IS OBSERVED IN THE UNITED STATES.
- 2011: THE MARS SCIENCE LABORATORY LAUNCHES TO MARS.



with pictures



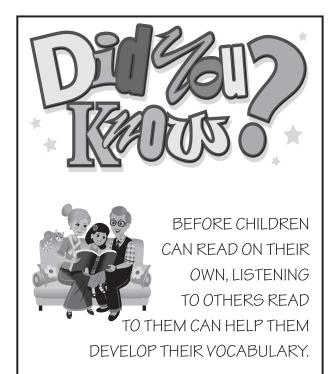
IGLISH: Author

SPANISH: Autor

ITALIAN: Scrittore

FRENCH: Écrivain

GERMAN: Shcriftsteller

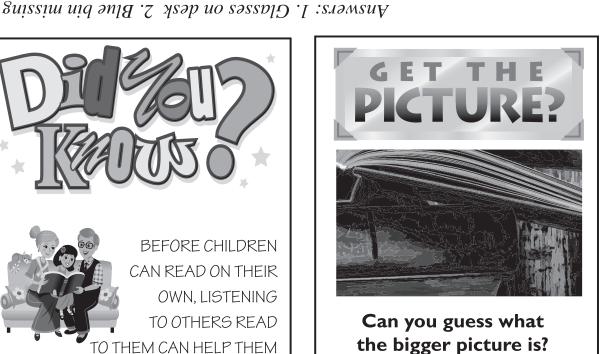


Answers: A. register

 \mathcal{B} .

C. purchase

D. retail



VN2MEK: OLEN BOOK

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have

you hooked from the moment you square off, so sharpen your

pencil and put your sudoku

savvy to the test!

 \bigcirc ** $\stackrel{*}{\bigtriangleup}$ $\stackrel{*}{\diamondsuit}$ $\stackrel{*}{\sim}$ $\stackrel{*}{\Diamond}$ $\stackrel{*}{\sim}$ $\stackrel{*}{\wedge}$ $\stackrel{*}{\wedge}$ A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to shopping. Each number corresponds to a letter. (Hint: 1 = e)

16 1 9 10 15 1 16 A.

Clue: Checkout

25 16 1 24 7 15 B.

Clue: Not cash

17 14 16 25 4 11 10 1

Clue: Something bought

D. 16 1 15 11 7 26

Clue: The sale of goods to the public

SUDOKU

		7			6	4		
1	9	4	8					
		8	9		2			
2					4		3	
						5	6	
4			3					
		5						
7				5	9			6
9	6		2					

Level: Intermediate

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each

row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

G	Þ	ŀ	L	8	2	3	9	6
9	8	ε	6	G	Þ	2	ŀ	L
2	Z	6	3	ŀ	9	9	Þ	8
			8					
Þ	9	G	٦	2	Z	6	8	3
6	3	8	ヤ	9	G	1	Z	2
			2					
ε	2	9	9	Z	8	Þ	6	L
8	6	Þ	9	3	ŀ	Z	2	9

ANSWER:

B8 THE GILFORD STEAMER
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