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# Artistic Journeys

## Rainy day visions in Brigadoon

By Cynthia Melendy, Ph.D.

We’ve had plenty of good days for visiting galleries so far this season. One of the best places to visit, and journey towards, is Sandwich. It became a sort of Brigadoon for me as I ventured out through the fog the other day to see what is happening there this summer.

Much to my delight I learned that Sandwich is celebrating its 250th Anniversary this year through a series of events honoring its past. But importantly, the galleries are always waiting for us with fresh new artwork created by our favorite artists and some new blossoming ones represented for the first time in Sandwich.

I think of Sandwich as a kind of Brigadoon because of the Center Sandwich Retail Gallery of the Sandwich Home Industries. Begun in the 1930’s, it is part of the crafts revival traditional begun during the Progressive Era by Helen Albee and her Abnakee Rug enterprise in Tamworth. Believing that the community arts and crafts were not only the economic, but also the spiritual and cultural lifeblood of the rural community, Albee worked to develop a new style from an old craft. In doing so she involved local women in gainful employment.

This tradition was again taken up by the Coolidges with the Sandwich Industries enterprise in the 1930’s, and still remains a vital enterprise. At the heart of all these efforts is the belief that the arts, be they performing, visual, or craft oriented, can also be the viable economic lifeblood of the community. Sandwich is the living embodiment of this idea, not just a Brigadoon, but also an actual community creating beautiful things.

Importantly, these efforts connect the future, present and the past together, providing continuity to the generations of families in Sandwich. Much of this connectedness comes to us through art.



A Sandwich Coach celebrates the town’s 250th anniversary.

Courtesy

Sandwich Home Industries will be conducting a plethora of Crafts Workshops throughout the summer, both for adults and children. Throughout the summer, Free Crafts Demonstrations, a Traditional Fiber Arts Fair, Friday Night Gallery walks, and the annual Artisans on the Green will take place during Sandwich Old Home Week.

The Surroundings Gallery is one such location that connects the past, a gallery in a barn, with the present, since 1980. As Surroundings boasts, “New England in all its beauty is manifested in Sandwich.” This is certainly true at the Gallery, where a large grand piano tips us off that music is given central stage on Wednesday nights throughout the summer. This is truly an interactive gallery in which artists represented by the gallery conduct oil and watercolor Workshops.



“Wind Dance” by CC White.

Courtesy

### On the Cover

**CELEBRATING THE 4TH**  
2013 Miss Mount Washington Valley Teen, Sarah Smith, was all smiles as she greeted her home-town parade watchers in Bartlett on July 4. She also participated in the Conway parade.

Photo by Lisa DuFault

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## Arts Jubilee announces 31st Summer Concert Season

**NORTH CONWAY** — High energy, world-class performers presenting a wide range of entertainment from Celtic- Irish music to traditional brass band to the Blues, and music of the 80's and classics from Broadway describes the five-week summer concert series planned for July and August this summer by Arts Jubilee, hosted at Cranmore Mountain, North Conway.

After months of planning, the Arts Jubilee 2013 schedule reflects the goal of providing a wide range of upbeat entertainment to suit a variety of tastes.

"No matter what your specific musical tastes may be, these concerts will be fun for everyone and continue to be family-friendly in every way," stated Cindy Russell, Executive Director for the non-profit music series. "We have a special theme for each of the five concerts and we're really excited to present our concerts for five consecutive Thursday nights this summer."

Arts Jubilee starts off on July 11 with "Ceili Rain," a Celtic/Irish/Pop/Rock band popular with valley residents and visitors since they were introduced here in 1999! Described by bandleader, Bob Halligan, Jr., the ensemble melds hard-driving rock guitar licks with traditional Celtic sounds and instruments such as button accordion, tin whistle, fiddle and bagpipes. Ceili Rain makes music that is, as Halligan puts it, "Celtic music for a pop/rock palate." The early "warm-up" concert features Bobby Sheehan and JUNCO.

The series continues on July 18 with a celebration featuring the Patriot Brass, the first and only professional brass group dedicated to



*Courtesy*

Arts Jubilee summer concerts at Cranmore Mountain.

serving Veterans and Military Families. Plans include recognition of Cranmore's 75th anniversary and the famous connection with the 10th Mountain Division. Military personnel and families with a military ID will be admitted at no charge as the evening will be devoted to showing appreciation to the great service to our country given by our military. It will be an up-beat and happy occasion to show our gratitude and enjoy a real old-fashioned brass band concert. The show will open with Conway's Kennett High School Drum Line!

Mid-way through the season on July 25, another celebration will take place observing the 20th anniversary of "The Blues Summit" a popular local radio program

of the same name created by Mark Johnson and carried on by Roy Prescott at WMWV 93.5. Roy and Mark will host the live concert featuring Blues performers Doug Deming, Dennis Gruenling and the Jewel Tones. Characterized as "Swing Blues," the two are noted performers in their own right. Gruenling is a spectacular harmonica player and Doug is equally at home playing straight ahead on the solid body guitar, or swinging on the big jazz box. But together, "Like World Champions...Dennis Gruenling and Doug Deming are even better when they come together as one of the most prolific duos on today's contemporary American Blues scene," states Music News Nashville. The valley's own blues band, "Mo

Blues" will open the night.

Music that has stood the test of time will take the spotlight on August 1st as the Don Campbell Band presents a tribute to Dan Fogelberg. Often compared to the sounds of Fogelberg, Don Campbell is an adult contemporary/country crossover and folk-rock singer-songwriter and artist, based out of New England. The band has been celebrating the release of their new CD in Fogelberg's honor, "Kites to Fly." Whatever the age, most people will recognize such Fogelberg hits as "Leader of the Band" and "Longer." Also appearing on stage with Don will be special guest, Tom Dyhrberg, performing Gordon Lightfoot favorites. Opening for the evening will be local band, Rek'lis.

As is the tradition, the concert series will end with a "symphony pops" style performance on Aug. 8. Returning to the stage will be Clayton Poole and the New England Wind Symphony, but this year they will be presenting an all-Broadway show! Broadway Classics will feature hits from over 20 Broadway shows with vocals by Patty Barkas. Patty has performed, recorded and toured globally and she enjoys re-creating the classic vocal jazz interpretations of the swing era as well as the fabulous iconic music of Broadway. The evening will

be hosted by the valley's own theatrical celebrity, George Cleveland and will open with the vocal/instrumental duo, Dennis & Davey - whose music is known throughout the area as the next best thing to visiting the Emerald Isle.

Arts Jubilee's outdoor festival concerts are found at the base of the North Slope at Cranmore Mountain in North Conway, New Hampshire. Headline concerts begin at 7:00 PM and a 'warm up' performance begins at 6 PM. Beverages and food available on the Deck at Zip's Pub with a full view of the stage. Picnic suppers are permitted, and please provide your own seating with a blanket or lawn chairs. Admission is family friendly requesting a small charge to help defray expenses for the series. Adults are \$10, Seniors: \$8 and kids 12 and under are free. Arts Jubilee is a non-profit organization with support from area corporate sponsors, private donations, and grants. Our host sponsor, Cranmore Mountain provides ample free parking, indoor restrooms, and beautiful mountain views in a natural amphitheater setting. For additional information go to MWVEvents.com or call 1-800-Sun-n-Ski.

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The Mountain Ear welcomes Letters to the Editor pertaining to local community issues. All correspondence should be signed, include a return address, and be addressed to P.O. Box 1890, North Conway, N.H. 03860. faxed to (603) 447-5474 or e-mailed to [earnnews@salmonpress.com](mailto:earnnews@salmonpress.com). All letters should be received prior to publication and be no longer than 300 words. The Mountain Ear reserves the right to edit letters for length and clarity and to not publish letters deemed unsuitable.

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# News/Round-Ups

## Dereck Treadwell returns to outduel fellow Maine cyclist Eric Follen in Newton's Revenge race

*Mountain bike champion Lisa Davison wins her Mt. Washington debut*

**PINKHAM NOTCH** — Two cyclists from Maine, Dereck Treadwell of Topsham and Eric Follen of Sanford, battled each other to the wire today in Newton's Revenge, a bike race up New Hampshire's Mt. Washington Auto Road, before Treadwell finally edged Follen by four seconds.

Just behind them, five-time U.S. mountain bike champion Lisa Davison of Jericho, Vermont, pedaled to an impressive victory in the women's race despite never before having seen this relentlessly steep 7.6-mile course.

Treadwell, 38, a former track star at the University of Maine who subsequently began racing triathlons, had won this grueling climb in 2011, in his first serious attempt at an all-uphill bike race. Returning to the Auto Road today after two years, he seemed well in control of his pace in the early miles, positioning himself just behind Tim Ahearn of Woodstock, Conn., a frequent top finisher here, and newcomer Follen.

By the halfway mark, near treeline on the highest peak in the northeastern U.S., he had overtaken Ahearn and pulled even with Follen, and the rest of the race was a duel. As damp fog reduced visibility to

50 feet while winds swirled in 55-mph. gusts, the two men, who know each other well from road races at home, maneuvered to take the lead or to benefit from letting the other block the wind.

In the final 100 yards, Treadwell held the advantage and surged to the finish in 58 minutes 14 seconds, with Follen following closely in 58:18. Ahearn was a strong third in 59:06, followed by Tim Tapply of Sherborn, Mass. In 1:01:56. All four riders are 38 years old.

"Eric is one tough dude!" Treadwell exclaimed as he wrapped a blanket around himself to ward off the wind chill at the 6,288-foot summit. "I was hoping to finish in under 54 minutes, but it's so windy today. (Fallon and Ahearn) went out hard from the start, and then it was just survival."

Davison, 30, who three weeks earlier had placed eighth in the World Mountain Bike championship in Val di Sole, Italy, started the race just behind the first half-dozen men and rode steadily and confidently the whole way to finish seventh overall, in one hour, five minutes, 54 seconds.

"I love this race!" said the former Middlebury College

cross-country runner and skier as she finished. "I didn't know what to expect, except that it would be a hard climb. I tried to pace myself for the first half, because I knew the second half would be windy. I want to do it again, and go for the record."

The women's course record, set by controversial French cycling star Jeannie Longo in 2000, is 58:14, but the current standard for women in this race is often regarded as 1:03:14, the fastest time ridden by Marti Shea of Marblehead, Mass., who has won Newton's Revenge six times. The men's record, 49:24, was set in 2002 by Tom Danielson of Connecticut.

Shea, touring and coaching in Europe, was absent from last weekend's race.

"I'd like to race Marti," Davison added. "She has this thing dialed!"

Joining Davison for congratulatory hugs afterward was her sister, Sabra, who celebrated her 28th birthday by finishing fourth among the women in 1:19:23. Ahead of her were perennial Mt. Washington contender Kristen Gohr, 42, of Reading, Mass., (second in 1:11:18) and Stefanie Sydlík, 27, of Cambridge, Mass. (third in 1:18:21).

"Oh, man, I love it!" said Sabra Davison of the race. "I love hillclimbs – anything that's brutally hard and at a consistent pace."

"This is the hardest hill in North America," says veteran cyclist Craig Gardner, who came from his home in Fairbanks, Alaska, to visit his daughter at nearby Holderness Academy and to make his second bicycle ascent of the Mt. Washington Auto Road. "I first heard about it years ago, and I've always wanted to do it."

Gardner finished in 1:20:45, 44th overall in the field of 194.

Jonah Thompson, 14, of Albuquerque, N.M., continued to leave his mark on Mt. Washington, where he has competed every year since the age of nine. He finished 23rd overall in 1:15:18, three minutes faster than his 2012 performance. At the other end of a career, 57-year-old Chuck Canfield of Allentown, Pennsylvania, who won the Mt. Washington Bicycle Hillclimb on this same course in 1984, was happy to finish Newton's Revenge today in 1:33:42, eight minutes faster than his time here last year.

For their victories, Treadwell and Davison each won \$1,500.

## Forbidden Stories: Journey among the Kurds of Turkey

**LOVELL, Maine** — "For over a decade," says spoken-word artist Diane Edgecomb, "I've been traveling to the Kurdish region of Turkey in search of storytellers, collecting tales and documenting this beautiful but endangered culture. What an amazing and eye-opening journey it has been!"

On Thursday, July 11, Edgecomb will be presenting "Forbidden Stories," a moving performance about her journey, at the Brick Church for the Performing Arts in Lovell. Her quest brought her to remote mountain villages, places usually forbidden to outsiders. Folktales from her book, "A Fire In My Heart: Kurdish Tales," are woven into the dramatic true story of her encounters with the Kurds from her first humorous meetings to travels up sheer mountain roads to record the last storytellers. The performance resonates with the humor and pathos of village life and the colorful people who shared their lives and their stories with her.

"I knew that the storytell-



*Courtesy*

**On Thursday, July 11, Diane Edgecomb will be presenting "Forbidden Stories," a moving performance about her journey, at the Brick Church for the Performing Arts in Lovell.**

ing tradition was in peril," she says, "but it was shocking to see how quickly it was disappearing. Young Kurdish people, forbidden by law to study their language, are not learning and passing along the tales."

Sometimes, after Diane arrived at a village and was introduced to the storyteller,

the teller would say "Ne zanim" – "I don't remember." Several of the storytellers had recently had strokes that left them without the words and the memory to tell the ancient tales. All those who remembered stories said, "No one has asked me to tell a story for 20 years."

These were heartbreaking

moments made less painful by the many times Diane was able to successfully document very old tellers. Some, such as a shepherd who had recently been forced to leave the nomadic life and move to the city, knew wonderful intricate legends that had been in his tribe for generations. "As he told the tales his eyes grew distant. He was lost in the memory of stories more real to him than the small room or the whirr of the video camera."

"Forbidden Stories" brings Kurdistan and its vanishing stories to life. An award-winning master storyteller, Diane Edgecomb has been celebrated across the country. "With her stable of character voices," wrote Publisher's Weekly, "she qualifies as an entire cast rolled into one."

Diane will present "Forbidden Stories" at 7:30 p.m. on Thursday, July 11, at the Brick Church for the Performing Arts on Christian Hill Road in Lovell. Refreshments will be available at intermission.

For more information, please call 207-925-1500 or go to [www.lovellbrickchurch.org](http://www.lovellbrickchurch.org).

# Critter Corner



Courtesy

## Meet Lucy

Lucy is three years old, and has an amazing skill! She walks and runs alongside a bicyclist. The commands come in handy when walking her too. Lucy is very sad here at the shelter and very much needs to find her forever home. She is a high-energy dog and needs a home that will cater to that. She loves to play ball and does best when she is given a job to do. Lucy will do best in a home with no small children. Please come meet Lucy at CAHS, and see just how amazing she is!



Courtesy

## Look into Peggy's eyes...

Have you ever read a book (ok, a romance novel) where the hero or heroine falls in love with someone after getting lost in the other's eyes, which are described as "pools of warm chocolate" or "deep, dark and entrancing...?" Well, you must meet Peggy, whose dark brown eyes are just as entrancing and whose personality is just as attractive as her eyes. Peggy is a two-year-old yellow lab mix who sports four long and lovely legs; perky, flop-over ears and a white beauty mark (stripe) down the middle of her nose. She loves to play, and she's a friendly lady, too. Peggy would love to accompany her new forever friend(s) on walks or hikes, take a ride to the grocery store, whatever! Peggy is ready to find her new forever friend and explore her new forever home - could it be you? Come to the CAHS and ask her for a date!



Courtesy

## Since it is still raining kittens...

We are having a special Adoption Day and Kitten Shower! Friday, July 12, all cats will be available to adopt for the fee of \$30, and kittens will be available at \$75. We have many beautiful cats and kittens deserving of wonderful homes. All sizes, a variety of colors with both long and short hair. Come to CAHS at 223 E. Main St. Friday, noon until 6 p.m. to meet them! Donations for the kittens kindly accepted...

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IMAI announces chamber music series

FRYEBURG, Maine — The International Musical Arts Institute will present a classical chamber music concert series for the 17th season Thursday through Sunday, July 11-14, and Wednesday through Saturday, July 17-20, at the air-conditioned and handicapped accessible Bion Cram Library on the Fryeburg Academy Campus in Fryeburg, Maine.

Wednesday through Saturday concerts, “Music for Summer Evenings,” begin at 7:30 PM; Sunday afternoon concerts “Music for Sunday Afternoons,” will begin at 2:00 PM. Tickets are \$15 for Adults and \$10 for Seniors and Students; Sunday afternoon concerts are free for seniors and for anyone with mobility limitations. Admission, including our discount Multi-Admission ticket, may be purchased at the door.

IMAI will also present a free evening of “Music in the Making” taking place at the Bion Cram Library and featuring participating IMAI musicians. Listeners are invited to the behind-the-scenes at IMAI, which may include a master class, a group discussion or other presentation, or seeing

and hearing works in rehearsal to be performed in concert later during the performance week. “Music in the Making” will be held Monday, July 15 at 7:30 p.m. also in the Bion Cram Library on the Fryeburg Academy Campus, and is free and open to the public.

In addition to the Fryeburg concert series, IMAI will perform one “Northward Bound” concert at the St. Kieran’s Community Center for the Arts on Tuesday, July 16 at 7 p.m. in Berlin.

International Musical Arts Institute Concert Schedule  
All programs are subject to change

IMAI July 2013 – Projected Program Schedule

Thursday- July 11 “From Old World to the New World”  
Kurt Weill – 5 Pieces from the Three Penny Opera  
Hovhaness – Suite from String Quartet #2, Op. 147  
Loeffler – Two Rhapsodies for Oboe, Viola and Piano  
Paulo Bosísio -- Aboio e Dança Negra  
Zhao Long –

Song of the Ch’in  
Piazzolla – Cuatro estaciones porteñas (The Four Seasons) tango cycle for chamber ensemble

Friday-July 12  
Mozart – Viola Quintet in c minor, K. 406  
Beethoven – Trio for Violin, Cello and Piano, Op 70 No. 1 in D (“Ghost”)  
Brahms – Trio in a minor, Op. 114 for clarinet, cello and piano

Saturday-July 13  
“The Russians are Coming”  
Shostakovich – Four Preludes for violin and piano from Op. 34, transcribed by Dmitri Zyganov  
Stravinsky – Three Pieces for String Quartet  
Borodin – String Sextet in d minor, Op. post.  
Shostakovich – Elegy and Polka for String Quartet, op. 36a  
Tchaikovsky – Souvenir de Florence, Op. 70, for string sextet

Sunday - July 14 2 p.m.  
Schnittke – Piano Quintet  
Reinecke – Piano Quartet “in the lighter style”,

Op. 272 (1904)  
Beethoven – String Trio in D, op. 9, no. 2

Tuesday - July 16 7 p.m. - St. Kieran’s Community Center for the Arts, “Northward Bound”  
Including works by Dvorak  
Handel-Halvorsen, Shostakovich, and Barber

Wednesday-July 17  
Haydn -- Quartet for Strings in B flat Major, Op. 76, No.4, “The Sunrise”  
Barber – Souvenirs, suite for piano, four hands. Op. 28  
Dvorak – Terzetto, Op. 74  
Schumann –Quartet for Piano, Violin, Viola, and Cello, Op. 47

Thursday-July 18  
Haydn -- Piano Trio in G Major (1795) Hob. XV, 25 (Gypsy”)  
Brahms -- Piano Quartet in c minor, op. 60  
Handel-Halvorsen -- Passa-

caglia  
Elgar -- Piano Quintet in a minor, Op. 84

Friday-July 19  
Mozart – Piano Quartet in g minor, K. 478  
Shostakovich – Piano Trio in e minor, Op. 67  
Mendelssohn -- Octet, Op. 20

Saturday-July 20  
Dvorak – Nocturne in B Major, B.47, Op 40 (for string orchestra)  
Schubert – String Quartet in d minor, D. 810, “Death and the Maiden”  
Brahms – Quintet in f minor, Op. 34

For more information about the IMAI concert series, please visit us on the web at <http://www.imaifestival.org>, email at [info@imaifestival.org](mailto:info@imaifestival.org), or call 61-286-IMAI (4624) or 617-965-4745.

Soldier with local ties completes basic training

COLUMBIA, S.C. — Army Pvt. Julian R. Blodgett has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship,

armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

Blodgett is the son of Wendy Holloway of Wellington Boulevard, Columbus, Ohio. He is the former ward of Patti Aliventi of Huttwil Drive, Madison.

He is a 2012 graduate of Kennett High School, North Conway.

The Friends of the Conway Public Library Big Book Sale set for July 27

CONWAY — The Friends of the Conway Public Library will hold their annual book sale on Saturday, July 27, at the library, 15 E. Main St., in the heart of Conway Village. Hours are from 9 a.m.-2 p.m.

The income from this book sale and from the basket raffle is used to fund community programs and to support the purchase of books for the library. Do you have a raffle basket to donate? Or some gently used books for the sale?

The C.P.L is currently accepting books for the book sale; used or new paperbacks, hardcover fiction and nonfiction, arts and crafts, gardening, travel, children's books, cookbooks, hobbies, coffee-table books--please, no mildewed or damaged books, no textbooks. Raffle baskets and books can be dropped off at the Conway Public Library during library

hours: Monday & Tuesday 10 a.m.-8 p.m., Wednesday 10 a.m.-6:30 p.m., Thursday 10 a.m.-8 p.m., Friday 10 a.m.-5 p.m., and Saturday 10 a.m.-5 p.m.

The Raffle Baskets will be on view starting June 26-July 27.

Tickets will be sold during library hours, and also on Saturday, July 6, at Shaw's supermarket.

There is a wonderful variety of items and donations this year, most teamed up with books that fit the theme! Practical, artistic, charming--baskets created with care to suit children and adults. Donations include theatre tickets, works of art, food items and services and products to make life even more of a pleasure!

Please call 447-5552 for more information or visit [www.conwaypubliclibrary.org](http://www.conwaypubliclibrary.org).



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## Mt. Washington Valley's first ever sunset kayak tour offered by Great Glen Trails

**PINKHAM NOTCH** — Late day into sunset brings a whole new environment of sights, sounds and wildlife to Mt. Washington Valley's local rivers. But since most kayak tours tend to take place in the first half of the day, the quiet end of the day is a largely unknown to area paddlers.

As a partial remedy to that, Great Glen Trails Outdoor Center is offering a first for the area—a guided sunset tour along a pristine stretch of the

Androscoggin River on Tuesday, July 16.

Kayaks, paddles and personal flotation devices are all supplied, as well as the area's most experienced guides. In fact, Great Glen Trails Program and Paddling Manager Nate Harvey also serves as a member and instructor for the area's elite White Mountain Swiftwater Rescue Team.

While a variety of tours (both calm and whitewater) are offered by Great Glen



*Courtesy*

Late day into sunset brings a whole new environment of sights, sounds and wildlife to Mt. Washington Valley's local rivers. But since most kayak tours tend to take place in the first half of the day, the quiet end of the day is a largely unknown to area paddlers. As a partial remedy to that, Great Glen Trails Outdoor Center is offering a first for the area—a guided sunset tour along a pristine stretch of the Androscoggin River on Tuesday, July 16.

Trails Outdoor Center, the sunset tours are unique unto themselves.

"It really is a special time of day to be out on the water. It's generally calm, the light is great and the wildlife typically becomes more active as dusk

approaches. It's our intimate knowledge of these rivers that allows us to comfortably and safely manage the logistics of a sunset paddle. It's an experience not to be missed," said Nate Harvey.

To make reservations or for

more information about the sunset or other kayak tours being offered by Great Glen Trails Outdoor Center or other programs and operational information, please call 466-2333 or online at [www.greatglentrails.com](http://www.greatglentrails.com).



*Courtesy*

The Freedom Historical Society has received a grant from the New Hampshire Humanities Council and is pleased to host guest lecturer and author Thomas Hubka, who will present a program on the connected farm buildings of New England. "Big House, Little House, Back House, Barn"—this rhythmic cadence was sung by 19th-Century children as they played.

### Freedom Historical Society presents "Big House, Little House, Back House, Barn" July 17

**FREEDOM** — The Freedom Historical Society has received a grant from the New Hampshire Humanities Council and is pleased to host guest lecturer and author Thomas Hubka, who will present a program on the connected farm buildings of New England.

"Big House, Little House, Back House, Barn"—this rhythmic cadence was sung by 19th-Century children as they played. It also portrays the four essential components of the farms where many of them lived. The stately and beautiful connected farm buildings made by 19th-century New Englanders stand today as a living expression of a rural culture, offering insights into the people who made them and their agricultural way of life.

Through architecture unique to northern New England, this illustrated talk fo-

cuses on several case studies that show how farmers converted their typical separate house and barns into connected farmsteads. Thomas Hubka's research in his award-winning book demonstrates that average farmers were, in fact, motivated by competition with farmers in other regions of America, who had better soils and growing seasons and fewer rocks to clear. The connected farmstead organization, housing equal parts mixed-farming and home-industry, was one of the collective responses to the competitive threat.

Please join us for this interesting program on Wednesday, July 17 at 7 p.m. at the Town Hall on Elm Street in Freedom. The program is open to the public. Refreshments will be served following the program. For additional information, please call 301-1107.





# WILDCAT MOUNTAIN



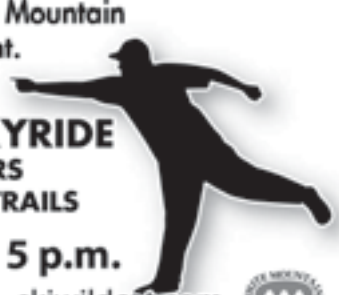
### AMC Monthly Guided Summit Tour & Hike

July 13 at 10 a.m. — Join a naturalist from our neighboring Appalachian Mountain Club Pinkham Notch Visitor Center for an environmentally educational summit tour and optional guided hike down Wildcat Mountain.

### Wednesdays at Wildcat

July 17 at 10 a.m. — Pond Full of Fun

Every Wednesday in July and August join a naturalist from Tin Mountain Conservation Center to explore Wildcat Mountain and its surrounding environment.



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# Folks & Focus



Descendants of Hellen Hayes, for whom the Bartlett festivities are named, gather for a family photo in front of the Hayes homestead.



Members of the KHS Hockey Team offered cotton candy to visitors in Schouler Park during North Conway's July 4 activities.



Laurie Pettengill digs out her old red tractor each July 4 to travel Bartlett's parade route.

Lisa DuFault



Bert Whitaker rode in style with the Knights of Columbus of Our Lady of the Mountains Church.



(l-r): Ellen Hayes and Evelyn Bailey enjoy homemade strawberry shortcake in the Village Park, following the Bartlett parade.

## The Valley celebrates the Fourth

The annual Hellen Hayes Fourth of July parade and celebration in Bartlett Village was well attended. Hosted by the Bartlett Recreation Department the parade featured floats, cars, motorcycles, walkers and bicycles. Food and fun was served in the Village Park after. Local non-profits also sold food and beverages at Schouler Park during North Conway's festivities.



Wildlife Encounter's Derek Small shows a Caiman Lizard to an interested family at the MWV Children's Museum.



Levi, an albino reticulated python, was a hit with the kids at the MWV Children's Museum's Wild Night. He was happy to join them for a group photo.



Young Madelyn is enthralled with the hedgehog Derek Small is showing. Small will bring new animals to the MWV Children's Museum each Monday evening.

Lisa DuFault

## Wild Nights

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AHEAD (Affordable Housing, Education And Development) is a non-profit affordable housing organization providing counseling and education services to all residents of Grafton and Coös Counties.

AHEAD is an approved HUD Housing Counseling Agency.



MWV Children's Museum welcomes Derek Small, of Wildlife Encounters, in Rochester, each Monday in July and August at 6 p.m. Small brings several unique animals for children (and their parents) to learn about.

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# Folks & Focus



Celebrities making an appearance at the 24th annual Wildquack River Duck Festival included (front l-r): Basia Luksa Turner, Kevin Luksa Turner, Co-encee Andrew Clark; (back l-r): MWV Ms. Christina Howe, co-encee Rob Clark.



Jackson innkeeper and Chamber board member, Don Bilger, collects ducks at the end of the Wildquack River Duck Race.



Ducks go into the Wildquack River to the delight of onlookers.



Nestlenook newlyweds, Kevin and Basia Luksa Turner, were whisked through town in a horse-drawn carriage at the Wildquack River Duck Festival parade in Jackson on June 6.



Mount Washington Valley Ms., Christina Howe, clad in a ducky gown, waves to parade goers at the annual Wildquack River Duck Festival.

Lisa DuFault

## Wildquack River Festival

The third time was definitely the charm for the Jackson Area Chamber of Commerce's annual Wildquack River Duck Festival! Originally scheduled for Memorial Day Weekend, the event was postponed twice due to heavy rains and high water. On July 6, the town of Jackson was over-run with ducks; from the festival in the park to the duck parade, the various competitions and of course the duck race.



Mary Seavey, of the MWV Chamber of Commerce, serves complimentary beverages at the June 27 "Project Playhouse" event, sponsored by Arts In Motion Theater.



Kodi Barrows worked the tech booth at "Project Playhouse," demonstrating what the booth can do and what it needs.



Arts In Motion alum Zach Whitley worked the parking lot prior to the June 27 Project Playhouse event.



(l-r): Arts In Motion board members Ellen Ohlenbusch and Paula Sullivan Jones in the box office of Arts In Motion Theater Company's new home at the Eastern Slope Playhouse.

## Project Playhouse

Arts in Motion Theater Company hosted its biggest production yet: "Project Playhouse" on June 27. This original event gave community members the unique opportunity to "buy" (AKA sponsor) a piece of the historic Eastern Slope Inn Playhouse as an investment in its future as a center for the performing arts in the heart of North Conway Village. The event featured live music from local performers, complimentary hors d'oeuvres and refreshments.

Lisa DuFault

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# Did you know?

**Jen's Friends is currently supporting 65 local cancer patients.**

Help your neighbor, your friend, your co-worker...for \$25 purchase a Jen's Friends Amulet as a symbol of support of the battle against cancer!

Originally designed in 2005 for Steve Eastman and his family to wear as a symbol of hope and unity while Steve fought cancer. The amulets can now be purchased by all and the funds raised go to the benefit of Jen's Friends Cancer Foundation.

Available at the following local businesses:  
Fields of Ambrosia, The Mountain Ear, J Town Deli,  
North Country Fair Jewelers, Lone Star Jewelers and Spruce Hurricane  
or online at [jensfriends.org](http://jensfriends.org)

5 messages to choose from  
Faith,  
Hope,  
Courage,  
Believe  
& Strength.

# Folks & Focus



Keith Force, producer/director of "The Real Louis!" talks with cast members prior to the films showing.



Amy-Nicole Smullen, co-star of "The Real Louis!" autographs a poster for a film-goer.



Preparing to see themselves on the big screen (l-r) Bibbs Dutton, Megan Croce, Hannah Dutton and Robin Croce await the start of "The Real Louis!" All four had parts in the production.

Lisa DuFault

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Fred Ainsworth, who had three relatives in the film, displays his poster following the premiere on June 30.

## Film premiere

"The Real Louis!" a short film created locally during the New Hampshire 48 Hour Film Project, made it's Valley premiere on June 30 at the Eastern Slope Playhouse. Cast, crew, family and friends turned out to watch the five-minute film and a collection of out-takes. 4x4 Studio presented the show and is preparing to work on the Maine 48 Hour Film Project in August.



# Mountain Top Music Center

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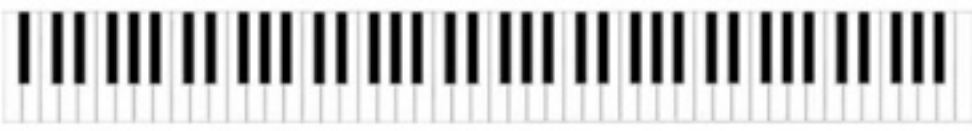
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## Barnstormers kick off 2013 season with “The Full Monty”

TAMWORTH — The Barnstormers’ 2013 season is an eight-show menu of hilarious, poignant, mysterious, racy, retro, campy, heartwarming, zany, song-and-dance-filled fare, delicious and filling enough for every taste. Although each show is a entrée into its own world, there are detectable (and delectable) ingredients and spices that run through the season.

The first play of the season is “The Full Monty,” an endearing musical in which a group of unemployed steel workers in Buffalo decide they have nothing to lose but their underwear, and nothing to gain but money (lots of it) on a one-night chance to take it

off, take it all off. The journey that turns an average bunch of guys into male strippers offering the full monty is filled with high-energy song and dance, new and reawakened love and friendship, and the transformation that happens when you finally are willing to show what you’re made of.

July 9 – 13: Tuesday-Thursday, 7:30 p.m., Friday & Saturday, 8 p.m. Saturday Matinee, 2 p.m. We are located at 104 Main St., Tamworth.

For more information or to make reservations, call 323-8500 or

visit our website: [www.barnstormerstheatre.org](http://www.barnstormerstheatre.org).



Courtesy

The Barnstormers’ 2013 season is an eight-show menu of hilarious, poignant, mysterious, racy, retro, campy, heartwarming, zany, song-and-dance-filled fare, delicious and filling enough for every taste. Although each show is a entrée into its own world, there are detectable (and delectable) ingredients and spices that run through the season. The first play of the season is “The Full Monty,” an endearing musical in which a group of unemployed steel workers in Buffalo decide they have nothing to lose but their underwear, and nothing to gain but money (lots of it) on a one-night chance to take it off, take it all off.

## Aviation Day - Fun, sun and flying at Eastern Slopes Regional Airport

FRYEBURG, Maine — Don’t miss Western Maine Aviation’s “Aviation Day” on Saturday, July 13, from 9 a.m. to 4 p.m. at Eastern Slopes Regional Airport in Fryeburg, Maine for some great family summer fun. (Rain date: July 14).

Throughout the day, planes will be taking off and landing as local FAA approved pilots shuttle people on 15 minute scenic flights. Food will be on sale beginning at 11 a.m., or there are many great places to eat just minutes away.

Buy a raffle ticket for a chance to win a half-hour “Discovery Flight.” Maybe

becoming a pilot is just the thing for you! There will be many other prizes donated from local businesses and you need not be present to win. All proceeds will go to Maine Aviation Career Education (ACE Camp) programs.

The Civil Air Patrol will be there sharing information about the opportunities they offer to children from 12-18, and how adults can get involved by becoming volunteers with the CAP.

Plenty of parking is available along with restroom facilities on site.

207-935-4711 or [www.westmaineaviation.com](http://www.westmaineaviation.com).

## Eastman Performing Arts Center to host encore of “La Traviata”

FRYEBURG, Maine — Wednesday, July 17, 7 p.m., an encore screening of Giuseppe Verdi’s “La Traviata” will be held at the Eastman Performing Arts Center

Tickets are \$18 for adults, \$15 for seniors and \$10 for students.

Natalie Dessay stars as Verdi’s most beloved heroine in Willy Decker’s stunning production, first seen at the Met

in 2010. Matthew Polenzani is her lover, Alfredo, and Dimitri Hvorostovsky sings his stern father, Germont. Met Principal Conductor Fabio Luisi is on the podium. Conductor: Fabio Luisi; Production: Willy Decker; Natalie Dessay, Matthew Polenzani, Dimitri Hvorostovsky

Interested in dinner before the show? Plan to come early and have dinner in the Leura

Hill Eastman Performing Arts Center’s beautiful lobby. Beginning at 6pm, Lake Region Caterers will be offering a unique variety of fresh sandwiches and hearty soups as well as delicious desserts and other tasty snacks, both sweet and salty. Reservations are requested in advance. Please contact Lake Region Caterers directly at (207) 787-3327 or [lrcjv@fairpoint.net](mailto:lrcjv@fairpoint.net).

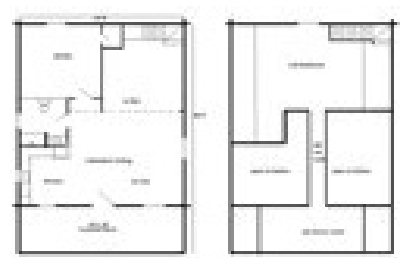


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The Ockett family plans a vacation

DENMARK, Maine — A choral recital with the Molly Ockett Family Chorus will be held Saturday, July 13, 7:30 p.m. at Denmark Arts Center (50 West Main St., Denmark, Maine).

Join Norway, Maine's Mollyockett Chorus for a mix of ballads and up-tunes, interspersed with vignettes about an eccentric family trying to agree on a vacation destination. The chorus' singular style and playful selections have made Mollyockett a beloved fixture of the Lakes Region. Come on down to Denmark for a treat as we savor their a capella harmonies and tap our toes through a great evening. As ever, the hall will be set up cabaret-style with seats around tables and candles. BYOB and snacks—popsicles will be for sale!

The Mollyockett\* Chorus began in Norway, Maine, with a core group of 8 or 10 enthusiastic women. We obtained our charter in 1996 and became a chapter of Sweet Adelines International in Region #1. We are committed to advancing the musical art form of barbershop harmony through education, fellowship, performance and maintaining a presence in our western and southern Maine communities. We are a small chorus in the world's largest non-profit music education association for women singers.

\*The name honors Mollyockett, a well-known Pequawket Indian who was born sometime between 1730 and 1740 and spent much of her life in the local area. She was a healer, an artisan, hunter, storyteller and friend of the settlers in this region.



A choral recital with the Molly Ockett Family Chorus will be held Saturday, July 13, 7:30 p.m. at Denmark Arts Center (50 West Main St., Denmark, Maine).

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Half-price tickets for family groups (one person 18 or under) purchased on the day of the show.  
For more information, please contact the Box Office.

For tickets, call the Box Office: 603-323-8500  
or order online: [www.barnstormerstheatre.org](http://www.barnstormerstheatre.org)

MWV Children's Museum announces Theatre Camp Week

NORTH CONWAY — You read the title correctly. The MWV Children's Museum is offering a amazing theater camp opportunity — an entire week of theater camp Aug. 19-Aug. 23. The camp is scheduled to happen at the Lutheran Church of the Nativity in North Conway. The

show, the "Truth About Fairy Tales," is scheduled for Friday, August 23rd location to be announced. The theater camp is one of four weeks of Discovery Camps! the MWV Children's Museum is offering this summer.

"We want to fill a need and positively impact the lives of children and the adults that love them. An entire week of theater camp; 9 a.m.-4 p.m., Monday-Friday, Aug. 19-Aug. 23 is an incredible offering. We work with ages five to 12 years old. The energy that is going into our theater camp week and the love is inspiring!" says Shelly Morin, executive director, MWV Children's Museum.

The theater camp will be run by New Hampshire Theater Award winning actor, director, theater teacher and coach, Richard Russo. The show will be directed by long-time supporter of local arts, board member, writer, director and producer, Roger Clemmons. Workshops are being developed with a week highlight being the incorporation of the talents of the Vermont based professional puppetry company; The Puppetree.

"Our Discovery Camps! start the week of Wednesday, June 26-Friday, June 28. They include Monday, July 1-Friday, July 5, Monday, Aug. 19-Friday, Aug. 23 and Monday, Aug. 26- Friday, Aug. 30. The June, July and last week of August dates are directed by Camp, to pg. 23

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## Tin Mountain hosting Family Fun Festival Tuesday

ALBANY — Come join the fun at the Tin Mountain Summer Family Fun Festival on Tuesday, July 16 from 3 through 7 p.m. at the Tin Mountain Nature Learning Center on Bald Hill Road in Albany.

Enjoy a summer afternoon and early evening filled with nature activities including catching frogs in the pond, dissecting owl pellets, playing nature bingo, observing bird

banding demonstrations, exploring the world of insects, and constructing a life size moose skeleton, hiking on the trails at the Rockwell Sanctuary, and at 5:45 p.m., enjoy dinner including watermelon, Frye's pizza and fresh veggies will be served at the Nature Learning Center. At 6:30 p.m., the evening culminates with a live owl presentation by the Science Center of New Hampshire, where you and

your family and friends will have a chance to meet some of our state's mysterious owls.

Cost is \$5/adult, \$3/child. To register call Tin Mountain at 447-6991.

Tin Mountain Family Programs are made possible thanks to the Gibson/Woodbury, Goldberg Charitable and the Frances R Dewing Foundations.



Bruce Leutters — Courtesy

Come join the fun at the Tin Mountain Summer Family Fun Festival on Tuesday, July 16 from 3 through 7 p.m. Enjoy a summer afternoon and early evening filled with nature activities including catching frogs in the pond, dissecting owl pellets, a live owl presentation by the Science Center of New Hampshire, where you and your family and friends will have a chance to meet some of our state's mysterious owls. A fee of \$5/adult, \$3/child are requested. To register, call Tin Mountain at 447-6991.

## Green Mountain Conservation Group begins second year as part of NH Lotic Volunteer Network

TAMWORTH — Last year, Green Mountain Conservation Group (GMCG) entered into a partnership with Plymouth State University's Center for the Environment and NH LoVo Tecs Network in a five year study to better understand the impacts of climate change on water resources in New Hampshire. This project is funded by the National Science Foundation through a cooperative agreement to the New Hampshire Experimental Program to Stimulate Competitive Research (EPSCoR) program.

One hundred sensors have been placed across the state to collect river data. Temperature, conductivity and flow readings are collected every 3 -5 minutes during warmer months and every 15 minutes during the winter. This allows the collection of incredible amounts of beneficial data that will also be used by GMCG in

the Watershed Management Plan.

LoVo Tecs has over 30 volunteers that maintain sensors in 50 independent river and stream systems across the state. The majority of the sensors were installed in 2012 and include GMCG's two stations, Pine River in Ossipee and Ossipee River in Effingham. The statewide network has been designed to include various watershed sizes and geographical attributes. More data loggers will be added to this network and as it grows there is potential to cross state lines. A broader view of New Hampshire's water quality patterns will be analyzed.

This summer, with the help of volunteer Rick Klausner of Brownfield, Maine, GMCG has completed two of the three statewide snapshot samplings. This is when statewide samples are collected on the same day between 7-11 a.m. in

the morning. These samples are filtered, frozen and sent to Plymouth State University for analysis which will provide insight into the conditions of our rivers, lakes and streams. The common thread of all of these important programs is that volunteers make it possible.

To learn more about this program online go to <https://www.plymouth.edu/center-for-the-environment/projects/ecosystems-and-society-nh-epscor/> You can also contact: Errin Volitis, Plymouth State University [ebvolitis@plymouth.edu](mailto:ebvolitis@plymouth.edu), 960-4413 or Corey Lane, Green Mountain Conservation Group [clane@gmccg.org](mailto:clane@gmccg.org), 539-1859. If you come across any of these meters please admire but do not touch them and report any possible problems to Errin or Corey. Thanks!

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Rock, from pg. 14

skies; however Mount Washington decided to stay in the clouds through the day. Saturday saw a repeat of Friday as a stubborn cap cloud failed to lift. By Sunday, the summit was mostly in the clouds in advance of the next weather system that will eventually break the Bermuda High weather pattern.

If you're looking for something fun and free to do in North Conway, be sure to

stop by the Weather Discovery Center in North Conway. It has several interactive exhibits that are great for the entire family. If you visit us at 11 a.m. or 2 p.m., you can even connect to the summit via a live video connection, and talk to an observer. The Weather Discovery Center is located across the street from the Eastern Slope Inn in North Conway Village, and is open daily from 10 a.m. to 5 p.m.

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# Charity Chatter

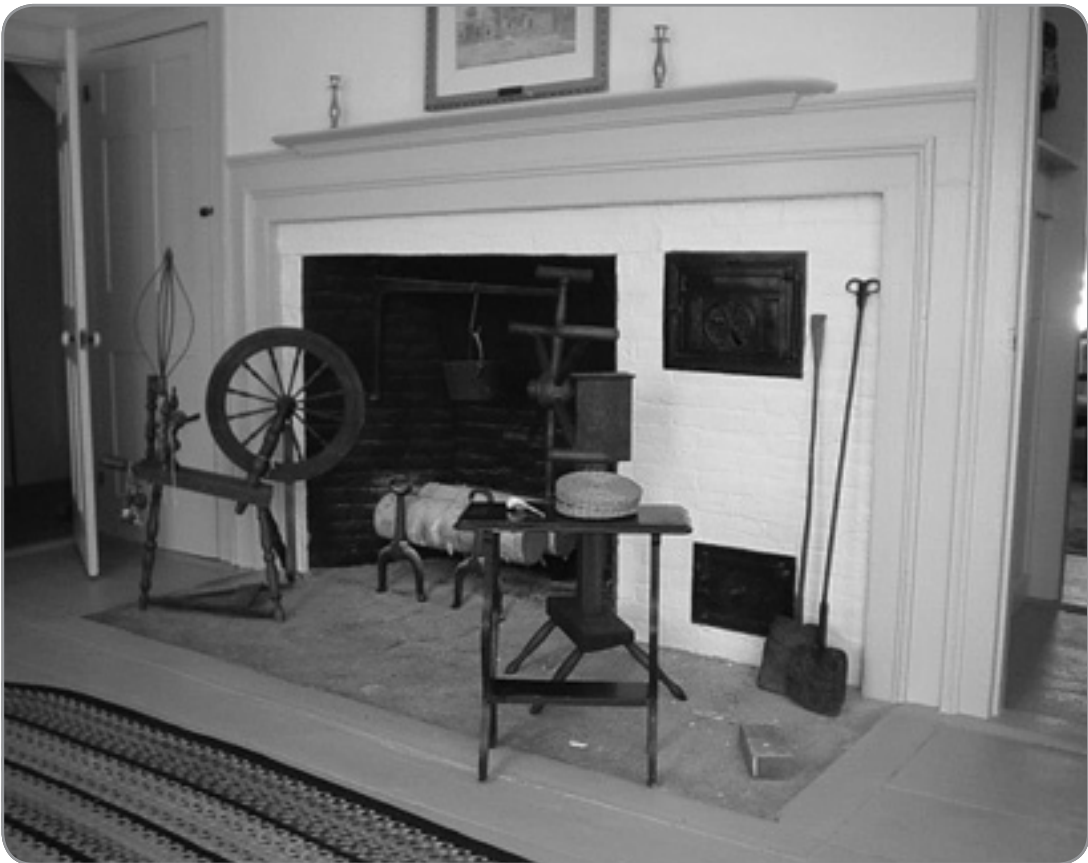
By Lisa DuFault

The Fryeburg Historical Society was organized in 1974, and now boasts more than 300 members.

The primary purpose of the corporation is educational. Its mission statement is long and all-encompassing — “to cultivate social intercourse and friendship among its members; to collect and preserve in its museum data touching the history of Fryeburg, the Fryeburg area, Oxford County, and the State of Maine; to collect and preserve articles, specimens and material objects illustrative and demonstrative of the customs, modes and habits of former times in the areas mentioned; to work towards the ownership of permanent headquarters and museum; to perpetuate the memory of those who, by their labors and heroism, contributed to make the history of the areas

mentioned; to engage in acts which would assure the preservation of the town's visual beauty as it relates to its heritage; to compile, write and/or publish historical material of the Town of Fryeburg and the Fryeburg area, or cause the same to be done; to do all acts necessary and convenient for the furtherance and promotion of the aforesaid purposes; to exist under the laws of Maine as a corporation without capital stock and not for pecuniary profits.”

The Historical Society has worked hard since it was organized to serve the Town of Fryeburg, area towns, and people across the country. They are the keepers of the town's historical artifacts, which include a vast microfilm collection of local newspapers, maps and family genealogies. Included in the microfilm collection are the North Conway Reporter (1895-1992), The



Courtesy

One of the six fireplaces in the "new" Fryeburg Historical Society home.

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Norway Advertiser (1862-1933), The Oxford Democrat (1830-1930), the Oxford County Census and the New England Historic and Genealogical Society quarterlies. New England town and county histories, cemetery inscriptions, maps and much more are also in safe-keeping at the Society.

Educational monthly meetings are held on the first Tuesday and a quarterly newsletter is published. Various fundraising activities, special exhibits, genealogical workshops, encampments, fashion shows with antique clothing, and silver teas occur throughout the year.

The Fryeburg Historical Society purchased a permanent home, the former Eth-

el “Red” Smith House at 83 Portland St., which they have lovingly restored. The building will house the museum artifacts and research library in this original 1815 era antique cape. A dedication of the new home will take place on Saturday, July 27. Horsedrawn Rides on the Fryeburg Horse Railroad will be available from 9 a.m. to 12:30 p.m., with the Dedication Ceremony slated for 1 p.m. There will be a luncheon and ice cream social on the lawn after the dedication and guided tours of the house. Contact Diane Jones via email at [ewjones@roadrunner.com](mailto:ewjones@roadrunner.com) to learn more about the dedication.

Members are always welcome. By joining the Fryeburg Historical Society, you

are helping to preserve and restore the town's historical artifacts. The staff is all-volunteer so dues truly support the work of the organization. Donations can be sent to: The Fryeburg Historical Society, 511 Main St., Fryeburg, Maine 04037, or you can donate online by clicking on the ‘donate’ button. The society is 501 (c) 3 status and all donations are tax-deductible.

Mount Washington Valley Promotions is a non-profit organization whose purpose is to assist other non-profits in promoting their events and fund-raising activities. This is accomplished via an online calendar of events, a printed newsletter, a twice-monthly newspaper column in the Mountain Ear, a weekly television program, a Facebook page, email distribution and a Web site ([www.valleypromotions.net](http://www.valleypromotions.net)). All Mount Washington Valley (& vicinity) non-profit groups are invited to join and submit their information to share. The calendar is updated constantly with incoming information. To learn more, contact Lisa DuFault at 374-6241, or email [valleypromotions@gmail.com](mailto:valleypromotions@gmail.com).

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# The Freedom Column

By Lisa Wheeler

Congratulations to the Freedom 2013 high school graduates: Brian Emmett, Haden Furnbach, Liz Lowden, Eugene Majowicz II, Philip Mathieu, Boo Strachan, and Marci Williams. Also congrats go out to the KHS high honor students: Philip Mathieu, Tanner Wheeler,

Danielle Doonan, Hillary Johnson, Kathryn Lees, Nate Mathieu, and Emma Niiler; honors: Marci Williams, Kurt Kiiler, Tucker Furnbach, Kyle Williams and Maddie Glavin. Freedom high honors students from the middle school are: Brianna Desharnais, Miranda Cloutier, Nicole Costantino, Liz Davis and Rebecca Lees and honors: Ashely Majowicz,

Shelby Cyr, Chris Farinella, Emily Fournier and Abby Jones. Freedom Elementary High Honor students are: Melissa Jones, Patrick Cloutier, Jackson Ogren, Brianna Boynton and honor students: Jassmyr Baker, Mathieu Brabant, Danny Morrow, Hunter Krebs, Abbi Boucher, Sam McKinley, Chelsey Dame, Cameron Emmett, Silas Feuerborn, Connor Glavin, Danielle Moard, Keegan Nason, Brock Boucher, Matthew Costantino, Annikah Buboiss, Gaven Ferry and Hannah Marx. Congrats to all!

The Freedom Historical Society is pleased to host guest lecturer and author Thomas Hubka who will present a program on the connected farm buildings of New England on Wednesday, July 17 at 7 p.m. at the Town Hall. Through architecture unique to northern New England, this illustrated talk focuses on the stately

and beautiful connected farm buildings made by 19th-century New Englanders as a living expression of a rural culture. This program is open to the public and refreshments will be served. For more information, call 301-1107.

This is the last week to submit entries for the library's "Dig into Reading" bookmark contest. There are four age categories from ages two through adult. Pick up your entry form at the library or print from the library's website [freedompubliclibrary.org](http://freedompubliclibrary.org). Summer reading program logs and entry forms are also online. Writing workshop begins this Wednesday at 10 a.m. for kids in grades five and older. Elizabeth Marx will be leading this five week series. Come to one or all five, registration is not required. Refreshments served. Teen Night on Thursday at 5:30 p.m. will feature duct tape beach bags and the

movie "Pitch Perfect." Elementary aged kids are invited to make paper flowers at Fun Friday at 3:30 p.m. followed by "The Borrowers" at Pizza & Movie. Preschool storytime for ages two to five is on Wednesdays at 10 a.m.

Emery and Ellie Stokes would like to thank The First Christian Church, Freedom Old Home Week, and Community Club for the testimonial given them at the Town Hall this past June 22. For those who came, almost all volunteers themselves, they all seemed worthy of a reward. The Stokes want all to know that living in a town like Freedom is a great reward.

Freedom was saddened this past week by the passing of Louise Lovell, a much loved member of First Christian and the Freedom community. She will be deeply missed by her family and friends.

## News/Round-Ups

### Next Tin Mountain Eco-Forum to address tar sands

ALBANY — While the controversy over the transportation of tar sands oil through the proposed Keystone XL pipeline is regularly making national news, many local residents are unaware that an existing pipeline could be repurposed to carry tar sands oil across northern New England.

"Tar Sands in New Hampshire? What's the issue?" to be held this afternoon from noon to 1 p.m. provides an overview of the source and characteristics of tar sands products, the potential for transporting them products through Coos County in the Portland-Montreal pipeline, and the accompanying risks to New Hampshire's environment, economy, and public health.

Carol R. Foss is Director of Conservation at New Hampshire Audubon, where she has served in a variety of capacities for more than 30 years. Working with state, federal, and private partners, she has led wildlife inventory, monitoring, and research projects and contributed to conservation policy development at regional, state, and local levels. A 2009 recipient of the US EPA Lifetime Achievement Award, Carol holds a B.A. in Biology from Colby College, a M.S. in Zoology from the University of Connecticut, and a Ph.D. in Wildlife Ecology from the University of Maine. Carol is actively engaged in the tar sands issue as coordinator of the Tar Sands Free NH coalition and a participant in regional, national, and international working groups.

The EcoForum lunchtime lecture series is sponsored by The Flatbread Company of North Conway, the Rock House Mountain Baker, and Frontside Grind Coffee. EcoForums are free and open to the public and are presented at noon on the second Thursday of each month at the Tin Mountain Nature Learning Center in Albany. Tin Mountain Conservation is a 501 (c) 3 non-profit environmental

education organization serving the greater Mount Washington Valley for over 30 years. For more information on Tin Mountain visit [www.tinmountain.org](http://www.tinmountain.org), friend us on facebook, or call 447-6991.

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# Thoughts While Weeding

## Showers and hot sun fuel progress

*Welcome to the rain forest*

By Ann Bennett

Soaking showers and oppressive humidity were the theme for the past week, coupled with a string of 90-degree days over Fourth of July weekend. The combination brought local gardens along at an amazing pace. Sugar snap peas and green beans are ready, the first summer squash, cucumbers, beets and carrots, with new potatoes soon to follow.

Weeds are thriving as well, and the battle is on to keep ahead of them. Mulches are an effective strategy for main crops like tomatoes, peppers, and squash, and as a weed suppressant between rows. Some folks lay out their gardens spaciouly enough to cultivate with a rototiller, though others believe that as a regular practice it can be tough on soil structure and beneficial insect life. Ultimately, it comes down

to handwork, however, both with a hoe and various small cultivation tools

Other pressing business, particularly in a summer like 2013 with above-average precipitation, includes a mid-season feeding. Even the best soils need a boost at this point, so as the pumpkins and squash begin to run, pole beans ascend and other crops reach full production, a supplement can be particularly effective.

Nitrogen, which produces lush green growth, is an important consideration, and nitrogen deficiencies occur with surprising frequency even in many “organic” gardens. The addition of raw organic matter—hay, leaves, green manure—while excellent in the long run, creates a temporary imbalance. The problem is that the decomposition process ties up available nitrogen. It is converted gradually to usable forms as the materials break down, and the slow release is an advantage most of the time, as it leaves a reserve, while improving soil structure and the ability to hold mois-

ture. Nitrogen (N) is not the only consideration, however. Phosphorus (P) and potassium (K) are vital nutrients as well. The former promotes root formation, while the latter is the key to plant maturity and hardiness. Commercial fertilizers, by law, have a code on the front of the label that tells you the proportion of N, P and K, in that order.

Choosing natural versus synthetic fertilizers is both a philosophical question and one of availability. Natural organic fertilizers come from living sources that decompose over time. Commercial synthetic fertilizers are manufactured from inorganic sources, are fossil fuel intensive, and prone to leaching quickly through the soil. But they are predictably formulated and the nutrients quickly available. A well-balanced additive, be it compost, rotted manure, or commercial 10-10-10, will keep plants thriving until first frost.

Periodic applications of fertilizer are often referred to as side-dressing and differ-

ent plants and soil types vary in their requirements. Sandy soils, for example, do not hold nutrients well. Regular, small applications of fertilizer ensure a steady supply in this case. Cultivars that occupy a spot in the garden throughout the season, such as tomatoes and eggplant, and heavy feeders like corn, generally benefit more from side-dressing than quick maturing crops like lettuce.

The optimal time for supplemental feeding varies from plant to plant, but there are general rules of thumb. Consider supplements when your plants seem to be passing from one stage to another. Squashes, for instance, need a dose just as the vines begin to take off, onions as the bulbs begin to swell, and corn when it tassels. And it is safe to say that all crops will make great gains from a side dressing at blossom set.

As to broccoli, cabbage and other brassicas, they appreciate a side-dressing a month after being set out, and eggplant can use help after the first fruit has set. The pea season can be extended by side-dressing with compost after the first picking, pulling the material up around the base of the vines, and giving the crop a healthy watering.

At feeding time, rotted manure or compost are great additions, as well as a spectrum of non-chemical fertilizers readily available at local hardware and garden supply

stores. Sprinkle the material around the base of the plant, or along the row, several inches from the stem. Rake it lightly, and then water if rainfall is not imminent.

Liquid feeding is another approach. Either manure tea, fish emulsion or soluble fertilizer can be used. Whether using liquid or solid supplements, take care to irrigate prior to applying these materials if the soil is dry, so that you don’t risk burning the root systems. And if cool weather is slowing plant growth, go easy on the fertilizer until the temperatures warm up.

With this chore out of the way, other garden tasks call for attention. The potato patch is in full blossom, a sure sign that the new crop is expanding below the topsoil. Take the time now to pull soil up around the base of the potato rows, a process referred to simply enough as hilling, which prevents new spuds from sun exposure that turns them green. And if you grow garlic, the plants have put up flower heads known as “scapes,” which need to be clipped off to assure maximum bulb size. After that, is a matter of gauging when the crop is ready for pulling—generally in first days of August. It is a tricky call—while you don’t want to pull it early, there is the dilemma of waiting and possibly getting caught in a rainy spell that will cause the heads to split.



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## PLAN FOR TOMORROW

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# White Birch Book Notes

By Laura Lucy

How many people remember the famous children's book character in the striped shirt, black-rimmed glasses and hat with the red pom-pom? I am talking about Waldo, as in "Where's Waldo?" He used to hide amongst busy scenes and it would take hours and sometimes days to spot him in

the crowd. For the month of July, that very same Waldo is hiding all over greater North Conway area and waiting patiently for you to find him.

White Birch Books is Waldo Headquarters! The other participating businesses are: North Conway Music Center, Close Knit Sisters, the Christmas Loft, Santa Fe North, Bob & Terry's Sports Outlet, the

Framed Art Superstore, the MWV Chamber Information Booth, Rugged Mill, Badger Realty, Soyfire Candle, Fields of Ambrosia, MWV Arts Association, Re-Tails Boutique, McKaella's Sweet Shop, the Toy Chest, Joe Jones, the Funky Bubble, North Conway Public Library, Leila Rose, MWV Children's Museum, the Local Grocer, Milford Flooring and Lucy Hardware.

The way to get in on the action is to pick up a "Find Waldo Local in North Conway!" passport with the names of all the participating sites, and get their passport stamped or signed for each Waldo they spot. Passports are available at all participating stores. The first 100 Waldo seekers to get their passports stamped or signed at ten or more sites can bring their passports back to White Birch Books to collect prizes. Collecting store stamps or signatures at twenty or more businesses will entitle diligent seekers to entry in a grand prize drawing on July 31, with the top prize being a 6-volume deluxe set of Waldo books. There is no charge to participate and the hunt lasts for the entire month of July.

Find Waldo is a great summer vacation activity, and a wonderful way for visitors and residents alike to support local business and the Shop Local movement. It's also a fantas-

tic reason to visit stores that you may have never been to before. While I was delivering Waldo all over town, I was struck again by the variety of stores we have and with the vitality of our locally owned businesses.

"Where's Waldo" is the creation of Martin Handford, whose entertaining drawings of crowd scenes swept the world in 1987. Since then, the Where's Waldo books have held a cherished spot on bookstore shelves the world over. There are now over 58 million Waldo books in print worldwide and they've been translated into eighteen languages. An entire generation has grown up searching for Waldo and his cast of wandering companions.

Our Waldo hunt will culminate with a party on Wednesday, July 31, starting at 3 p.m. We will be drawing the grand prize winners and celebrating all things Waldo with 10 percent off everything in the children's department. Wear a striped shirt or a pom-pom hat and we'll make that 20%. So what are you waiting for – go find Waldo!

Upcoming this month at White Birch Books:

Thursday, July 11, 7 p.m.

The Mystery Book Club meets to discuss Restless in the Grave by Dana Stabenow.

Sunday, July 14, 7 p.m. at the Theater in the Wood

The Cold River Radio Show rides again! The featured author is our own Mike Dickerman, talking about his new book, White Mountains Hiking History. Tickets for the show are available in advance at the bookstore.

Wednesday, July 24, 4 p.m.

Sharon Ross Legasey will be at the store in the afternoon for a signing and discussion of her first book, The House of Wonder.

Thursday, July 25, 7 p.m.

The Thursday Night Book Club meets to discuss The Unfinished Work of Elizabeth D. by Nichole Bernier.

Tuesday, July 30, 6:30 p.m.

Dan Szczesny will be at the store for a slide show presentation about his new book, The Adventures of Buffalo and Tough Cookie, a hiking memoir of the "52 with a view."

Wednesday, July 31, 3 p.m.

Celebrate the finale of the Find Waldo Local in North Conway event. We will be drawing the grand prize winners and having a lot of fun!

Laura Lucy is the owner of White Birch Books in North Conway Village.

## News/Round-Ups



Courtesy

It was a weekend when size mattered on the Mt. Washington Auto Road, as more than 1,000 Mini Coopers and ATV's of all shapes took over the Northeast's highest peak for a drive to the summit. These annual events draw participants from around New England and beyond, as the Auto Road closes to all general traffic while these groups take on the same road that has thrilled visitors since 1861.

### Little wheels raise large amounts on the Big Mountain

*Mini Coopers and ATV's take over Mt. Washington Auto Road for a good cause and lots of fun*

PINKHAM NOTCH — It was a weekend when size mattered on the Mt. Washington Auto Road, as more than 1,000 Mini Coopers and ATV's of all shapes took over the Northeast's highest peak for a drive to the summit. These annual events draw participants from around New England and beyond, as the Auto Road closes to all general traffic while these groups take on the same road that has thrilled visitors since 1861.

The Mini Cooper group, which only comes together annually for this event, has raised more than \$95,000 over the 11 years since the "Minis on Top" event began in 2003. These funds have been used to help support a variety of causes, predominantly the Mount Washington Observatory and Make a Wish NH.

"Right from the beginning when minis were introduced in 2002, the owners have always had great enthusiasm for the vehicles and the opportunity to get together with like minded motorers...it's a great added bonus to be able to spend time in the White

Mountains and raise funds for a great cause," said event co-organizer Richard Freierman, who ran the event with co-organizer Sarah Curtis.

The NH ATV Club is an active group with more than 400 members, which raised \$7500 this year during the Gerry Pomerleau Memorial Ride and more than \$50,000 since the event began in 2000, which supports club events and efforts, noted club president Buddy Dionne.

"We are always delighted to see Mt. Washington and the Auto Road serving as the venue and common denominator for these unique clubs and groups to gather and enjoy a great experience, while helping to support their individual causes," noted Howie Wemyss, General Manager of the Mt. Washington Auto Road and Great Glen Trails Outdoor Center.

For more information about general operations, special events, group or car club days on the Mt. Washington Auto Road, please call 466-3988 or visit online [www.mtwashingtonautoroad.com](http://www.mtwashingtonautoroad.com).

## Entertainment

**Almost There – Albany**

July 12 - Simon Crawford Band/  
every Friday @ 4pm

**Attitash Mountain Resort – Bartlett**

July 13 – Slopeside Mountain Series - Blue  
James Band (A) 3pm

**The Corner House Inn –  
Center Sandwich**

July 12 - Tom Fleischmann

**Delaney's – North Conway**

July 10 – Packmann Dave

**The Inn at Thorn Hill – Jackson**

July 13 – Mike Jewel

**May Kelly's Cottage – North Conway**

July 12 – Dennis & Davy, 8pm  
July 14 – Irish Seisium, 3-7pm

**McGrath's Tavern – North Conway**

July 11- Shark Martin

**Rafferty's Restaurant & Pub –  
North Conway**

July 14– Monday Billiard-Golf Night

**Red Parka Pub - Downtown Glen**

July 12 - Truffle 9pm  
July 13 - Full Circle 9pm  
July 14 - Chuck O'Connor 9pm  
July 15 - Open Mic' with Ryan St. Onge

### LOUNGES, TAVERNS & PUBS

**Shannon Door Pub – Jackson Village**

July 11 – Dennis O'Neil  
& Jon Deveneau 7pm  
July 12 – Jonathan Sarty 8pm  
July 13 – Dennis & Davey 8pm  
July 14 – Kevin Dolan &  
Simon Crawford at 7:30pm

**Shovel Handle Pub – Jackson**

July 13 - Closed for Private Function

**Wentworth – Jackson**

July 12 – Ronnie Chase (D) 8pm  
July 13 – Ronnie Chase (D) 8pm

**White Lake Inn and Tavern – Tamworth**

July 12 – Ben Cook 7:00-11:00pm  
July 3 – Open Mic Night

**White Mountain Hotel – North Conway**

July 12 – Heather Pierson (D) 6pm  
July 13 – Judy Herrick (D) 6pm  
July 14 – Mike Jewel (B) 10am

**Wildcat Inn & Tavern – Jackson Village**

July 14 - Croon at the Moon with  
Jonathan Sarty 7:00-9:00pm  
July 16 - Headwater Guitar Circle 6:30pm  
July 16 - Hoot Night Open Mic with  
Jonathan Sarty 8pm  
July 17 - Al Shafner 6-8pm in the Tavern

**Wolverine Grille - North Conway**

July 12 - Echotones 8:30pm  
July 13 - Crawford & Dolan 8:30pm  
July 17 - Open Mic with Simon  
Crawford 7pm

(N)=Nightlife, (A)=Afternoon, (D)=Dinner, (B)=Brunch

# Calendar

## SAVE THE DATE

*Dog Days of Summer  
Settler's Green Outlet Village,  
North Conway, Saturday,  
July 13th 11am-3pm.*

### Ongoing Events:

Weather Discovery Center – Free Interactive Science Museum, open daily 10am-5pm, 2779 White Mountain Highway, North Conway, 800-796-0432.

“Live from the Rockpile” – free family friendly video chat with an Observatory scientist living and working in the moutaintop weather station, offered daily at 11:15am and 2:15pm.

Contribute to the Conway Public Library Collection. \$20 Donation will purchase a book in the genre of your choice. Order form is available at the Library or call 447-5552.

WILD NIGHTS traveling zoo program fundraiser! Mondays in July and August at 6pm. MWV Children's Museum. 603-356-2992.

Alzheimer's Support Group meets second and fourth Tuesday of each month at the Merriman House, Memorial Hospital. Caregivers will find sympathetic and knowledgeable support and advice. Info 356-5461 X 194.

Friends of the Conway Public Library Basket Raffle tickets on sale during Library hours June 26-July 27, 2013.

Madison Library; Friday morning, 10am playgroup/preschool story time. Social time for babies and toddlers, parents and caregivers, age-appropriate stories FMI Call 367-8545 @madisonlib on Twitter for a clue.

The Cook Memorial Library in Tamworth holds “Stories and Songs” a story time for young children on the first 3 Tuesdays of each month at 10:30. Tech Tuesday is held from 3:00-4:00pm. FMI Michael@tamworthlibrary.org 323-8510.

North Conway Community Legal Services (CLS) has a low cost legal clinic (by appointment only) every Wednesday in North Conway. FMI 888-696-3393 or 473-2002. CLS is a 501 c 3 non-profit Check us out at [www.lowpaylaw.org](http://www.lowpaylaw.org) or [www.nhcommunitylegal.com](http://www.nhcommunitylegal.com).

CoDA Meetings a Twelve Step Fellowship of men and women in the development and maintenance of healthy relationships. Tuesdays at 7pm at Eastern Slope Inn, Gibson Suite, No. Conway FMI 207-283-3267 or email Bill @williambean@msn.com.

The White Mountain Stamp Club meets twice monthly year-round on the second Wednesday at 1:30pm & on the third Tuesday at 7:00pm at the home of Barbara M. Savary, 1724 NH Rte #16 on the corner of the South end of Bald Hill Road. Everyone interested in stamps is welcome! FMI 603-447-5461 or email Barbara, bmsavary@gmail.com.

Eastman-Lord House Museum tours; Memorial Day to Labor Day: Wednesdays, 2-4pm; Saturdays, 1-4pm; Tours are conducted by Conway Historical Society member volunteers. Reservations are not necessary, but groups are encouraged to call at least three days ahead and leave a message, 447-5551.

Overeaters Anonymous. 5:30-6:30pm at the Ossipee Valley Bible Church (near Napa Auto). FMI: Vikki at 323-3369.

AMC Pinkham Notch Visitor Center Wednesday Night with a Ranger: Join staff from the White Mountain National Forest. Rangers will present a program every Wednesday in July and August. FMI: 466-2727.

Loss and Recovery Group.

For those who have lost a loved one, this group meets Wednesday's at 5:30pm at Visiting Nurse, Home Care & hospice of Carroll County, 1529 White Mountain Highway (former Lenox Bldg). Experience shows that a group process aimed toward recovery from the loss of a loved one can significantly enhance one's quality of life. No registration necessary. FMI: F. Gardiner Perry, D. Min, CPC at 603-662-9552.

Resale Shops to Benefit Animals at Conway Shelter. Retail Boutique featuring upscale clothing & accessories located in Norcross Place across from the Courtyard Café; open Tues. through Sat. 10am-3pm or The Harrison House offering a variety of domestic goods and much more; located at 223 E. Main St at driveway entrance to the shelter Shop or re-purpose your items to help the shelter. Open Tues. Thurs. Sat. & Sun. 10am-3pm. FMI call 447-5605.

Mt. Top Music for babies (free). Babies from birth through eighteen months play interactive games involving familiar songs, rhymes and rhythm. Every Thursday from 9:30-10:am. For toddlers and their caregiver's dance, play rhythm and acoustical instruments, sing and play games using familiar songs. Thursday 10:15-11:00am. FMI call 447-4737.

MWV Children's Museum 2936 Rt16 North Conway - Music For Tots held at MWV Children's Museum. Mountain Top Music with Sharon Novak every Friday at 11am. Kids History Tree House: A safe indoor Tree House for kids to play in with the near by History Tree exhibit. Dress-up Drama Center: for Kids 0-9 can dress-up in a multitude of costumes then put on their on performance on the little stage. Thomas the Train: kids can make an electric train weave in and out of rooms. Also play with a miniature “Thomas the Train” set. Outer Space Exhibit: kids can wonder thru the outer space hallway full of “glow in the dark” views and inspire curiosity of the mysteries of our universe. FMI for all events at MWV Children's Museum call (603) 356-2992 or [www.mwvchildrensmuseum.org](http://www.mwvchildrensmuseum.org) \$ 5.00 suggested donation per child. Some programs with Healthy Kids Gold /Maine Care are free.

### Recurring Events at the Gibson Center:

#### Mondays:

\*Chair Exercise at 10:30am.  
\*Bowling after lunch. Board the bus and travel to Saco Valley Sports Center; bowl two strings., for only \$9.  
\* Yoga at 12:30pm

#### Tuesday:

\*Second Tuesday each month: Blood pressure Clinics and VNA foot checks at 11:am to 12:00 and the last and blood pressure checks.  
\*Lunch & games at Silver Lake Landing. Lunch is at noon, followed by games or a movie.  
\*10:00am Strength, Balance & Stretch with Bobbi Broeme.  
\* Fran's Flicks, after lunch 2nd & 4th Tuesdays.

#### Wednesday:

Last Wednesday of the month: Ambulance Blood Pressure Clinics from 11:45 to 12:45.  
\*Wii practice from 10:30 to 1:30. Practice your golf swing, tennis game or bowling. Game day at 12:30. Play bridge, scrabble, Cribbage, Canasta, Rummy or board games.

#### Thursday:

\*Belly Dance Class at 9:0am.  
\*Chair Exercises at 10:30am.

#### Friday:

\*Stretch, Balance & Strength. 10-11am in the activity room.

“Care for the Caregiver Support Group” Self-care for those caring for a loved one at home is the focus of this support group that meets Wednesday's at the Gibson Center at 12:30pm. No registration necessary. For more information, call F. Gardner Perry, D. Min., CPC at 603-662-9552.

Taoist Tai Chi offers classes for the beginner, continued learning and health recovery in North Conway, E Madison, Tamworth and Brownfield ME. In North Conway at the Eastern Slope Inn Plaza. FMI call 603-356-5581 or visit [newengland.usa.taoist.org](http://newengland.usa.taoist.org).

St. Margaret of Scotland Church 85 Pleasant Street, Conway holds a weekly adult study program. The study group meets every Sunday from 11:00am to Noon, in the parish hall after Sunday service.

The Breakfast Club, the monthly M&D Productions' Executive Director meeting is held the 1st Monday of each month at M&D Productions, call Mark at 603-662-7591 to reserve your seat.

There will be a FREE Adult Learner Study Group meeting by appointment on Saturdays for 10am-noon at Carroll Academy, 11 Runnell's Hall, Chocorua (across from the Chocorua Library). Focus will be on all 5 content areas: Reading, Social Studies, Science, Math and Writing. FMI: Elisabeth Swiriduk at 603-323-5100. There are a limited number of seats available, so call now to reserve. Remember: You can do it!

Open Door Bible Church, 2324 Rt. 16 (next to West Ossipee Post Office). Sunday worship at 9:30am. Wednesday Bible Study and Prayer at 6:30pm. Saturday Community Prayer at 9:00am. FMI: Pastor John Donovan 508-380-0471.

The early 8:30am service has begun at the Madison Baptist Church, 53 Conway Rd., every Sunday this summer. This service is in addition to the 10am traditional service and is a more family oriented contemporary service. FMI: 603-367-4705.

BINGO! Sponsored by Theatre North, every Friday night at 6:30pm, doors open at 3:30pm. Located at St. Anne's Hall on School Street, Berlin Largest payout in the area

Walk –in –Wednesdays. 9am-4pm. Visiting Nurse, home Care & Hospice of Carroll County, 1529 White Mountain Highway, NC. Next to Green Granite Inn. Basic health screenings, blood pressure, foot checks, advance directives, questions about home health care services. Free and open to the public. FMI: 603-356-7006 or 1-800-499-4171.

Kiwanis Club of the Mount Washington Valley meets every Wednesday evening at the New England Inn at 6pm. Kiwanis is a global organization of volunteers dedicated to changing the world, one child and one community at a time. FMI: 603-722-7267.

Bridgton Recreation Department hosts a program for wood carvers 7-9pm each Wednesday. This program is free and light refreshments will be served. Held at 26 North High St, which is behind the old town hall in the Bridgton Ice Rink. FMI: Bob Carey at 978-290-1879 or Tom Tash at 207-647-1126.

Jackson Public Library hosts monthly storytime; held the 3rd Thursday of each month at 10am. The program is free and open to all. Call the library for more information at 383-9731.

Each Thursday Mt Washington Valley Habitat for Humanity volunteers meet at 42 North Road in Conway to work on the current home. We provide on site construction management to coordinate the work effort. Hours are from 8:00am-3:00pm. Any amount of time you can spend on the site is helpful. Special skills are not required.

Lunch is provided. If you would like to volunteer, please fill out the Volunteer Form on our web site [www.mwv-habitat.org](http://www.mwv-habitat.org) and bring it with you.

Bingo is held every Friday night at the Lovell VFW Hall - Early Bird starts at 6:30pm.

Gibson Center Carriage House Thrift Shop. Gently used clothing, house-wares, and more. Monday –Friday 10am-2ish; Saturday, 9am-1ish.

Carroll County RSVP Bone Builders, a low impact exercise program for seniors who are interested in a mild program to strengthen their bones and muscles. At the Eaton Town Hall on Tuesday and Thursday 9-10am; at the North Conway Congregational Church on Tuesday and Thursday 11am-noon. FMI: CCRSVP Monday-Friday, 8am-4pm at 356-9331.

The First Christian Church of Freedom Ladies Guild meets every Monday (except holidays) from 9am-2pm. Join us for a few hours and bring your lunch. We make quilts that are distributed to area nursing homes and to young children in the area. FMI: NancyWogman@aol.com. We always need extra hands!

\$1 Bag Sale at the Thrift Shop of the Lovell United Church of Christ. Rt. 5. This sale takes place on Mondays, Wednesdays, Saturdays in June; except June 24 & June 26. 10am-noon.

North Conway Model Railroad Club's Open House takes place every T-TH-S from may-Oct. 18. 10am-4:30pm. In the freight house at Conway Scenic Railroad's yard in North Conway. As many as seven trains operate concurrently. Admission is free but donations are gladly accepted. FMI: [www.ncmrrc.com](http://www.ncmrrc.com)

Friends of the Conway Public Library Basket Raffle tickets on sale during Library hours June 26-July 27, 2013; 15 E. Main St., Conway, NH. Raffle Tickets sold at Shaw's Supermarket July 6, 2013, 9am-2pm.

Train Rides by donation at the Silver Lake Railroad! Join us for an affordable, volunteer run, family fun journey through the scenic backwoods of Madison NH. On this hour-long trip we pass scenic vistas of beaver ponds, lakes, streams, and mountains. The ride departs a beautifully restored and maintained 1910 railroad station, 1941 Sterling Diner and other historic buildings and equipment. Train Rides this weekend are FRI at 5:30, 6:30, and 7:30 (SUNSET) PM, SAT 11AM, 12, 1, 2, 3 PM and Sunday 11AM, 12, 1, 2, 3 PM. Madison the Moose and her baby daughter are loose and appearing sporadically! You are cordially invited to join us for a ride!

Stay cool with summer skating lessons: Though temperatures are rising, the MWV Skating Club would like to remind everyone that we offer Summer Session ice skating lessons. Group lessons are offered for all ages and abilities in Figure Skating as well as Learn to Skate for Hockey. Classes will be offered beginning June 30th on Sundays, Tuesdays and Thursdays. A second summer session will begin on August 4th. For more information visit [www.mwvsc.org](http://www.mwvsc.org).

### Calendar of Events Thursday 7.11

Conway Public Library. 3:30-5:00pm. The Library's after-school club for teens and tweens Bring a friend. For details call the library at 447-5552 or visit online at [www.conwaypubliclibrary.org](http://www.conwaypubliclibrary.org)

Tin Mountain Conservation Center's Eco-Forum for July is “Tar Sands In New Hampshire? What's The Issue?”, with Carol R. Foss, Director of Conservation at New Hampshire Audubon. Tin Mountain Nature Learning Center, Albany at 12:00 noon. For more information call 447-6991.

Art's Jubilee's kick off concert features Ceili Rain, at Cranmore Mountain Resort. A ‘warm up’ performance by local performers’ Junco begins at 6:00 pm. For more information, call 1-800-sun-n-ski.

Ossipee Recreation Department presents the BJ Hickman Magic Show at 6:30 pm at the Ossipee Town Hall. Enjoy an hour of family fun with the zany acts of BJ Hickman. For more information, contact Ossipee Recreation at 539-1307.

“Working with your Guardian Angels” at 7:00pm, Luna Gallery, North Conway. Learn to recognize and work with your guardian angels for guidance and help. To sign up, call 356-5862.

The International Musical Arts Institute will present a classical chamber music concert series for the 17th season Thursday through Sunday, July 11th to 14th. Tonight, “From Old World to the New World”. Bion Cram Library on the Fryeburg Academy Campus in Fryeburg, 7:30pm. FMI about the IMAI concert series, 617-286-IMAI(4624) or 617-965-4745.

Journey through the White Mountains, with photos, history and folklore at AMC Pinkham Notch Visitor Center's 8:00pm program. Professional Photographer Dave Smith will take you on a journey along mountain tops, waterfalls and a number of trails. During the presentation he will talk about the early settlers that made history in the White Mountains like Darby Field the Willey Family and Chief Chocorua and other events that took place in the 1700 and 1800s. At the end of the presentation Dave will take questions about photography and history in the White Mountains; 466-2727.

M&D Productions' Musical Revue July 11, 12, 13, 18, 19, 20, 25, 26, 27.

An evening of musical delight with a variety of local singers. Doors open at 7pm, Show starts at 7:30pm. Reservations - 662-7591.

### Friday 7.12

Friday Painters meet every Friday from 9:00am-12:30pm Jackson Falls critique at picnic tables. 356-2787 [www.mwvarts.org](http://www.mwvarts.org) .

Believe in Books Children's Summer Theater Series The Jungle Book, presented by the Papermill Theatre of Lincoln. Theater in the Wood, Intervale, 10:00am. For more information, call 356-9980.

Mt. Washington Auto Road hosts the Mt. Washington Valley Old Car Club's Cruise Night from 5:00-8:00pm. Vintage cars will be on display with a cash BBQ and DJ. For full details, call 466-3988.

The International Musical Arts Institute continues their classical chamber music -concert series with this evening's 7:30 pm offering from Mozart, Beethoven and- Brahms. Bion Cram Library on the Fryeburg Academy Campus in Fryeburg. FMI about the IMAI concert series, call 617-286-IMAI(4624) or 617-965-4745.

AMC Pinkham Notch Visitor Center Friday Flicks! Join us for an after dinner movie. AMC Staff picks the flick, you sit back and enjoy. For details, call 466-2727.

“Day Out with Thomas, the Go Go Thomas Tour” at Conway Scenic Railroad July 12, 13, 14, 19, 20, 21. MWV Children's Museum runs one of the best Imagination Station Craft Tents in the country. To make reservations, call 356-5251.

**Valley Vision Channel 3 Schedule:**  
**JULY 12 - JULY 18, 2013**  
(Schedule Subject to Change)  
**website: [www.valleyvision.com](http://www.valleyvision.com)**  
**phone: 603-356-8941**

**Friday, 7/12**

6:00a Conway Rec Adult Softball  
8:00a Let's Move!  
9:00a Bradley Park Concert: The PuppeTree  
10:00a Tin Mountain Nature Corner  
10:30a Lost in Movies  
12:00p Recreation Weekly  
12:30p Breakfast with Willie  
1:00p Left & Right  
3:00p Conway Rec Adult Softball  
5:00p Bradley Park Concert: The PuppeTree  
6:00p Tin Mountain Nature Corner  
6:30p Lost in Movies  
7:00p Charity Chatter  
7:30p Remember When  
8:00p Arts Jubilee Concert  
9:30p Conway Planning Board (7/11)

**Saturday, 7/13**

6:00a Conway Planning Board (7/11)  
8:00a Let's Move!  
9:00a Charity Chatter  
9:30a Remember When

10:00a Arts Jubilee Concert  
12:00p Bradley Park Concert: The PuppeTree  
1:00p Tin Mountain Nature Corner  
1:30p Lost in Movies  
3:00p Conway Planning Board (7/11)  
4:30p Charity Chatter  
5:00p Remember When  
5:30p Arts Jubilee Concert  
7:00p Conway Selectmen  
9:00p Recreation Weekly  
9:30p Breakfast with Willie  
10:00p Left & Right

**Sunday, 7/14**

6:00a Conway Planning Board (7/11)  
8:00a Let's Move!  
9:00a Charity Chatter  
9:30a Remember When  
10:00a Arts Jubilee Concert  
12:00p Pastor Tim  
12:30p Fryeburg Municipal Programming

**Monday, 7/15**

6:00a TBA  
8:00a Let's Move!

**Tuesday, 7/16**

9:00a Harvest Hills  
9:30a Conway Library Presents 'Worms, Soil, and More'

10:10a Conway School Board  
12:00p Charity Chatter  
12:30p Remember When  
1:00p Arts Jubilee Concert  
3:00p Recreation Weekly  
3:30p Breakfast with Willie  
4:00p Left & Right  
5:00p Carroll County Commissioners  
7:00p Pawprints  
7:30p Conway Library Presents 'Earth Maker Myths'  
8:20p Old Car Festival  
8:50p Carroll County Commissioners

**Wednesday, 7/17**

6:00a Carroll County Commissioners  
8:00a Let's Move!  
9:00a Pawprints  
9:30a Conway Library Presents 'Earth Maker Myths'  
10:20a Old Car Festival  
12:00p Carroll County Commissioners  
3:00p TBA  
5:00p Pawprints  
5:30p Conway Library Presents 'Earth Maker Myths'  
6:20p Old Car Festival  
7:00p Rec Weekly  
7:30p Breakfast With Willie  
8:00p Bradley Park Concert



9:00p Remember When Classics marathon

**Thursday, 7/18**

6:30a Remember When Classics marathon  
8:00a Let's Move!  
9:00a Rec Weekly  
9:30a Breakfast With Willie  
10:00a Bradley Park Concert  
12:00p Harvest Hills  
12:30p Conway Library Presents 'Worms, Soil, and More'  
1:10p Conway School Board  
3:00p Conway Rec Adult Softball  
5:00p Rec Weekly  
5:30p Breakfast With Willie  
6:00p Bradley Park Concert  
7:00p Fly Tying 101  
8:00p Tin Mountain Nature Corner  
8:30p Lost in Movies  
9:00p Conway Rec Adult Softball



M&D Productions' Musical Revue. An evening of musical delight with a variety of local singers. Doors open at 7pm, Show starts at 7:30pm. Reservations - 662-7591.

**Saturday 7.13**

Tamworth Farmers' Market from 9am-12noon in the parking lot of the Unitarian Church in Tamworth. Vegetables, herb, and flower seedlings, breads, baked goods, prepared foods for breakfast and lunch. Artisan demonstrations, live music, community fundraising. FMI: Peg Loughran 323-2368; Bob Streeter 323-2392.

The Wild River Valley, located in Evans Notch, was once the site of heavy logging. Intense logging, followed by a raging wildfire destroyed almost everything in the area except for one mighty hemlock tree. Join Tin Mountain Conservation Center at 8:00am for a Hike to Eastern Hemlock. Call 447-6991.

Western Maine Aviation's "Aviation Day" at Eastern Slopes Regional Airport in Fryeburg. Throughout the day, planes will be taking off and landing as local FAA approved pilots shuttle people on 15 minute scenic flights. Buy a raffle ticket for a chance to win many prizes donated from local businesses. All proceeds will go to Maine Aviation Career Education (ACE Camp) programs. The Civil Air Patrol will be there sharing information about the opportunities they offer to children from 12-18, and how adults can get involved by becoming volunteers with the CAP. Food will be on sale beginning at 11:00am. Event runs from 9:00am-4:00pm. FMI call 207-935-4711.

The North Conway Public Library Annual Gigantic Book & Art Sale will begin at 9:00am on the library's property (inside and outside) until 2:00pm. Come rain or shine! The library will also be providing space for local artists to display their works for an Art Show. Space is still available if you are an artist looking to exhibit alongside other painters, photographers, and craftspeople; contact the library immediately to reserve a booth, at 356-2961.

The 1st Annual Strawberry Festival, "A Fair to Remember" in North Conway village. Hosted by First Church of Christ, Congregational, the United Church of Christ in North Conway and Vaughan Community Services, the event will be a true slice of Americana with homemade strawberry treats including strawberry shortcake, strawberry smoothies and strawberries dipped in chocolates, all served from 11:00 am until 4:00 pm, or while supplies last.

Settlers' Green Outlet Village of North Conway New Hampshire is partnering with NH PetSave and

sponsor Red Jacket Resorts for a day-long celebration of dogs. The event will be held from 11:00 am to 3:00 pm, and will include an array of activities for shoppers and their canine friends, including a pet modeling contest sponsored by Lupine Pet. The events for the day will include a Meet and Greet tent with dogs from the Conway Area Humane Society and the NH Humane Society, a parade of breeds, canine nail trimming, dog hair extensions, readings by an animal communicator, a dental care demonstration by a local veterinarian, and a kissing booth. The first 100 guests to arrive will receive a complimentary Wag Bag with gifts for your four-legged friends. The full schedule of events can be viewed at [www.settlersgreen.com](http://www.settlersgreen.com).

The International Musical Arts Institute continues their classical chamber music concert series with "The Russians are Coming". Bion Cram Library on the Fryeburg Academy Campus in Fryeburg, 7:30pm. FMI about the IMAI concert series, call 617-286-IMAI(4624) or 617-965-4745.

North Country Moose is the AMC Pinkham Notch Visitor Center 8:00pm program. FMI 466-2727.

M&D Productions' Musical Revue. An evening of musical delight with a variety of local singers. Doors open at 7pm, Show starts at 7:30pm. Reservations - 662-7591.

**Sunday 7.14**

The Mt. Moriah Masons in Brownfield, Maine will host a fund raiser breakfast starting at 7am. Please come and support the library .

North Conway Farmers' Market from 9am-1pm North Conway Community Center. FMI: email [northconwayfarmersmarket@gmail.com](mailto:northconwayfarmersmarket@gmail.com).

The North Conway Public Library Annual Gigantic Book & Art Sale, 9:00am-2:00 pm on the library's property (inside and outside). For more information, call 356-2961.

The Christian Education Committee of the First Christian Church of Freedom will be hosting a Berry Festival after the Sunday Service to raise funds for the Proposed Memorial Carousel in Newtown, CT. They will be serving Berry Shortcake and all of the proceeds will be going for that project.

Ninth Annual Victorian Tea at "the Seminary". The guest of honor is Dolly Copp, an unconventional Victorian woman. Light repast and teas served in an elegantly decorated 1832 building. Music by harpist Jane Wilcox-Hively. Hosted by the friends of ParSem, 1:00-4:00pm. Proceeds benefit the Restoration Fund. FMI, call Mary (207)793-8825 or Jan (603)539-5233.

The International Musical Arts Institute continues their classical chamber musicconcert series at 2:00pm. Music includes Schnittke, Reinecke and Beethoven. Bion Cram Library on the Fryeburg Academy Campus in Fryeburg. FMI about the concert series, call 617-286-IMAI(4624) or 617-965-4745.

St. Joseph Parish presents the "Songs of Hope" Concert, featuring Irish Tenor Mark Forrest. Benefits Ossipee Concerned Citizens Meals-on-Wheels and Congregate Meals program. 4pm St. Joseph Church, 23 Moultonville Road, Center Ossipee.

Ossipee Sunday Concert Series, 6:30pm, Veteran's Memorial Park at Ossipee Town Hall. Enjoy an evening with Ricky and the Giants, featuring a mix of Classic Rock, and R&B. FMI contact the Ossipee Recreation Department at 539-1307.

Cold River Radio's July LIVE Show! Presented by Mountain Top Music, 7:00pm, hosted by Jonathan Sarty, Theater in the Wood in Intervale. For full details and a list of performers, visit [www.ColdRiverRadio.com](http://www.ColdRiverRadio.com).

AMC Pinkham Notch Visitor Center "Brush and Pen: Artists and Writers of the White Mountains"; a documentary featuring the 19th century artists and writers of NH's White Mountains. For details, call 466-2727.

**Monday 7.15**

The Conway Public Library's Morning Book Group meets at 10:15am to discuss Stand up That Mountain by Erskine Leutze. This is an open group that fosters meaningful discussion. All welcome for coffee and conversation.

Brownfield Rec. Dept., Walking Program. Do you like to walk? Shed some extra pounds? Meet new people? Runs every Monday, Wednesday, Friday at 9:30am, 3:30pm, 6:30pm at the Brownfield Community Center. No need to commit to this free program – just come when you can. Please bring your own water.

Conway Public Library offers conversational Spanish workshops every Monday evening in June. Lilly Flores, a native Spanish speaker, is generously donating hr time and knowledge so all sessions are free and open to the public. Registration is encouraged. FMI: 447-5552.

AMC Pinkham Notch Visitor Center Windows to the Wild NH Public Television production with Willem Lange featuring AMC Huts, 8:00pm. Part of the 2013 program series: AMC Huts: Celebrating 125 Years of White Mountain Hospitality. For more information contact AMC at 466-2727.

**Tuesday 7.16**

Historically Speaking Series at the Remick Farm Museum each Tuesday in July. Professional speakers will share stories and knowledge relating to our unique American history and culture. Free and open to the public; donations appreciated. Call for speakers/topics, 323-7591 or 800-686-6117.

MWV Band Concerts will be at 6:00 pm every Tuesday evening all summer at the gazebo next to the North Conway Community Cente. Donations accepted but not required.

Every Tuesday at 7pm in July and August – Settlers' Green shows Movies on the Green. Start at dusk and are all G or PG rated family movies. Visit [settlersgreen.com](http://settlersgreen.com) for complete details.

Explore the Rockwell Sanctuary on a summer afternoon and evening with Tin Mountain staff catching frogs in the pond, dissecting owl pellets, playing nature bingo, and exploring throughout the Rockwell Sanctuary. The Summer Family Festival will take place from 3:00-7:00pm. Dinner will be provided by Frye's pizza, and the evening will culminate with a live animal program by the Science Center of NH. For more information, call 447-6991.

The North Fryeburg Community Chapel Benefit Dinner will be held at 5:00pm at the American Legion Building on Bradley St. in Fryeburg.

The Bradley Park Concert Series continues their summer season at 6:30pm with acoustic duo Middle Ground. In case of rain, performances are held at the Performing Arts Center.

The Bartlett Congregational Church hosts the Historical Society's presentation by Richard Jones entitled "The History of the Woodbine Cottage and Life in Bartlett Village." Fellowship Hall, 7:00pm, Richard's memories of growing up in Bartlett and family folk lore, followed by food and camaraderie provided by the Historical Society.

"Intrepid Descent" - AMC Pinkham Notch Visitor Center, 8:00pm program. A classic man-versus-nature story, Intrepid Descent pays homage both to Mount Washington and to the individuals who dare to pursue their passion. Call 466-2727 to learn more.

**Wednesday 7.17**

Conway Public Library offers Summer Story Time for age 3 and under every Wednesday through August 21. No registration is necessary. Join us for: "Dig into Reading" fun with earth science, growing things, construction vehicles and dirt!

Remick Farm Museum Field & Forest Herbal Series every Wednesday in

July. Learn to identify & dry herbs, infuse using dry and fresh herbs, make a tincture, and make oils. Each class fee varies; Pre-registration is required; Farmhouse Kitchen Brown Bag Meals are available 5:30-6:30pm, if reserved; workshops are 6:30-7:30pm. Call 603-323-7591 or 800-686-6117.

Green Mountain Conservation hike up Green Mountain. Meet at the Dearborn Trail Head at Hobbs Road in Effingham at 9:00am.

The Conway Public Library continues a series of free guest programs running on Wednesdays at 4:00pm. This week age 4 and older enjoy musician and singer Tom Sieling for an afternoon of participatory fun with "Howl at the Moon with a Ground-Dweller Tune!" And while you're at the library sign up for Summer Reading to win great prizes from Pirates Cove Adventure Mini-Golf, StoryLand and Dairy Queen. All Wednesday afternoon programs at the Conway Library are free and open to the public.

M&D Productions' Dinner & a Movie for July is The Princess Bride. Dinner is at 6:30pm and is sponsored by The Shovel Handle Pub, in Jackson. The movie begins at 7:00pm. Call 662-7591 for reservations.

Remick Country Doctor Museum in Tamworth hosts a Field & Forest Herbal Series on Wednesdays through July. Learn to identify & dry herbs, infuse using dry and fresh herbs, make a tincture, and make oils. Each class fee varies. Pre-registration is required; Farmhouse Kitchen Brown Bag Meals are available 5:30-6:30 pm if reserved; workshops 6:30-7:30pm. Call 323-7591 or 800-686-6117.

"Science in the Mountains: White Mountain National Forest Wildlife". Bring the whole family to this free, family-friendly presentation about the furry and feathered friends that call our White Mountain National Forest home, 7:00pm, Weather Discovery Center in North Conway.

International Musical Arts Institute classical chamber music concert series, 7:30pm, includes Haydn, Barber, Dvorak and Schumann. Bion Cram Library on the Fryeburg Academy Campus in Fryeburg. FMI about the IMAI concert series, call 617-286-IMAI(4624) or 617-965-4745.

White Mountain National Forest "Wednesday Night with a Ranger". Rangers present a program every Wednesday in July and August at the AMC Pinkham Notch Visitor Center. For full details, call 466-2727.

# As the Wheel Turns

## Single-track trail etiquette

By Peter Minnich

Sally and I attended the NEMBA mountain bike festival at Burke Mountain, Vermont a couple of weeks ago. We camped at the Mid-Burke Lodge, right next to the main connector trail – “Roly Grail” – that drops 500 vertical feet to the Base Lodge, where the Bike Expo and all the festivities took place. Our trailside campsite gave us a great opportunity to watch the variety of riders headed down the mountain.

“Roly Grail” is a fine example of a “bike park” style trail, offering “excavated/built features” – packed dirt berms (banked corners), ridgebacks, and bumps – designed to give a “flowy” descent down the mountain. Bike parks, unlike cross-country trail networks, are generally served by chairlifts so riders don’t have to pedal up the hill. “Roly Grail” was my first taste of bike park riding but not my first taste of “built” trail features.

Several years ago, Kingdom Trails rebuilt the trail known as “Kitchel” with a slew of exhilarating, built features. It’s fair to say that all rides on Darling Hill finish with the descent of “Kitchel” back to town. “Kitchel” is a one-way trail – downhill, one of only two such unidirectional trails so-marked on the trail map of the Darling Hill side of Kingdom Trails. The other one-way trail is “Sidewinder.”

“Kitchel,” and “Roly Grail,” are purpose-built trails; the purpose is to provide an unrestricted, roller-coaster ride

down a steep hill. Such trails are not made to be ridden uphill. There would be no fun in that; besides, it would be dangerous for gravity driven downhill riders to encounter uphill riders or hike-a-bikers on the trail. The fun of descending “Kitchel” comes, in part, from knowing that you are free to drop over the features and round the corners at your own speed, with no thought of meeting someone coming up. The trail builders recognized that and designated the trail “One-Way.”

One-way trails are unusual at cross-country trail networks. Cross-country trails are traditionally two directional. You can ride any trail in Mt Washington Valley, East Side or West Side, in either direction. Some trails might ride better, or seem to, in one direction than the other, but that doesn’t mean you can’t ride them the other way, for variety.

The High School Loop trail in the Moats network is a good example of a trail that is most often ridden in one direction – north to south. It rides well in that direction. However, it does get ridden uphill occasionally. When I rode the HS Loop over Fourth of July weekend with some Old Spokes, we met a guy riding the opposite way. It was good to see someone exercising his any-directional freedom.

Other local trails that see more downhill traffic than up are the north end of the Mineral Site Trail, Lower Stony Ridge, and, of course, the Red

Tail Trail. But that doesn’t mean you can’t ride up them. Some riders prefer it that way. However, if the majority of riders are going downhill, how are clashes of direction to be avoided? There is a serious question of trail etiquette here. Who yields?

The Kingdom Trails were crowded at the festival. We frequently encountered groups of riders headed in the opposite direction, often on single-track too narrow to pass side-by-side. No one seemed to know exactly what to do when confronted by another rider coming head-on, chicken-style. Is there a protocol for yielding on single-track?

With this question in mind, I turned to the font of perceived wisdom – the Internet – for guidance. As expected, there is no shortage of opinion on the matter of bicycle trail etiquette. I went to the International Mountain Bik-



Peter Minnich

**Kingdom Trails offers many spectacular bridges that challenge riders' skills. A rider on a bridge has the right of way. Meeting another rider on a bridge calls for civil negotiation, unless you're Robin Hood.**



Peter Minnich

**Riding a berm, one of many "built" features on "Kitchel" at Kingdom Trails, is not a good place to meet another rider.**

ing Association (IMBA) site first. IMBA has been around for 25 years and provides widely accepted guidance to mountain bike trail builders. They should know the right thing to do. IMBAs “Rules of the Trail” offer a basic foundation for trail etiquette.

Rule #4 “Yield appropriately: Do your utmost to let your

fellow trail users know you’re coming — a friendly greeting or bell ring are good methods. Try to anticipate other trail users as you ride around corners. Bicyclists should yield to other non-motorized trail users, unless the trail is clearly signed for bike-only travel. Bicyclists traveling downhill should yield to ones headed uphill, unless the trail is clearly signed for one-way or downhill-only traffic. In general, strive to make each pass a safe and courteous one.”

Yes, slow riders should move over to let faster riders by, but there is absolutely no imperative that says fast riders get the right-of-way immediately. Everybody has a right to be on the trail. Fast riders have the responsibility to an-

ticipate slower riders on the trail. It boils down to attitude and respect. We all ride in our own little fantasy worlds; sure, you want to ride the way you want to ride, when and where you want to ride. But you also have to be aware and respectful of other users who are not in your world – dog walkers, trail runners, kids learning to ride single-track, pokey old spokes like me. We all have a right to be out there.

Ride with the awareness that other users are just around the corner. The consensus of opinion is that mountain bikers yield to other trail users. Stop on the trail and let ‘em pass. Let them know you’re coming up behind. “On your left.” Be an ambassador of your sport. Ride friendly.

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# Out of the Woods

## Uninterrupted Moments of Zen

By Jonathan Sarty

My old friend Jim once told me, “The greatest moments of Zen are always interrupted by chaos.”

Jim said a lot of things to me over the many years I have known him, but this one observation in particular has stood out among the rest. I have given much consideration to the thought and meditated upon it at length. Throughout my life, I have noticed many occasions where this has proven itself to be the case. Most often it seems to be when something of great substance and meaning is about to be conveyed from one person’s mouth to the ears of another, something the teller is eager to share and have understood, and something the listener may not realize could change his or her life forever.

When it comes to communicating thoughts, much is lost in the written word, such as facial expression and gestures. Yet writing and

reading is deeply valued as a means by which we can share our innermost thoughts on an intimately personal level. When reading there is little to separate the reader from the subject matter. Unless it is that the writer has critically failed in grammar, the nature of the writing is too complex, or perhaps the reader’s own thoughts distract his or her mind denying the focus required to fully process or absorb the meaning of the written words which strive to secret themselves from the page into the reader’s silent confidence.

There is probably no place, other than in conversations, where these moments of Zen interrupted occur more than in the performing arts. Unlike writing, photography, film, painting, drawing, or sculpting the performing arts are fluid and always changing. When one writes, paints, draws, films, photographs, or sculpts a work of art it is at some point “Complete.” Yet

a song, a play, or a dance are never really complete. They must go on and on to be performed again and again over a period of time in which the world continues to breathe, eat, sleep, and dream in its’ pursuit of meaning or simply survival. The moments of Zen in live performance are fleeting and fast and only if the viewer is attentive and focused can the song, act, or dance be truly and completely viewed as one piece of art emblazoned, if only temporarily, upon the canvas of the mind.

Often then, such as it is, in the chaos of life those fleeting moments of Zen are like shooting stars which as chance allows are seen by only a few and in a flash are gone to nev-

er return.

This may be one of the reasons guitarists like to crank up their amps so loudly. It is their attempt to insure no one will miss the moment should it come. Yet, sadly even the greatest tone and volume can distract the listener from the soulful meaning behind the sound itself.

Many times I have seen these brief moments like a twinkling in the eye pass before me, through me, from me, or from others, to miss their destination. As if, off by one degree, the Star Cruiser misses its planet and blazes on into infinite space forever searching for its lost home.

After the lights have gone down, and the spotlight has

pierced the darkness showering down upon the performer who stands before the audience playing his final chord and reaching for that seemingly unattainable place where the stars align, where the message is given and received, where for one brief space in time chaos has no power. The song ends and there is a hesitation. The audience is deciding yes it is over and time to applaud and show they understand. This is the rare and magical uninterrupted moment of Zen.

I hope you will join us for the July 14 Cold River Radio Show. We have worked hard to create a safe haven for these great moments which otherwise may never occur.

## News/Round-Ups

### Berry Festival Fundraiser for Newtown Memorial Carousel

FREEDOM — The Christian Education Committee of the First Christian Church of Freedom will be hosting a Berry Festival on July 14, 2014 after the Sunday Service to raise funds for the Proposed Memorial Carousel in Newtown, Conn.

They will be serving Berry Shortcake and all of the proceeds will be going for that project. Since the tragedy in Newtown, the committee has wanted to raise some money, but were waiting to see what the Newton, CT community identified as projects. The Carousel is a project designed *Camp, from pg. 18*

the amazing Stone Mountain Enviromental School educator; Hannah Surabian. They are based on natural science themes. Hannah is masterful at working with small groups and groups as large as 200 kids!

“She is an asset to our programs and a true friend o the MWV Children’s Museum,” says Morin.

It is very easy to sign-up for the MWV Children’s Museum camp weeks. Visit the MWV Children’s Museum’s Facebook page and download the form. Fill it out and bring it to the MWV Children’s Museum during hours of explo-

ration; Thursdays-Mondays, 10 a.m.-5 p.m. You may also call in the information and pay with a credit card. The phone number for the MWV Children’s Museum is 356-2992. The email address is smorin@mwcchildrensmuseum.org. The MWV Children’s Museum is located at 2936 White Mountain Highway in North Conway. If you cannot afford to pay this fee due to financial hardship, the fee is waived thanks to amazing support by the NH Charitable Foundation and the Pequawket Foundation. Thank you and call, email or stop in today at the MWV Children’s Museum.

The proceeds from the Festival will be supplemented with funds from Thrivent Financial, a not for profit fraternal organization that provides funds to projects like this one. Thrivent Financial is a Fortune 500 financial services membership organization helping nearly three million members achieve financial security and give back to their congregations and communities. These funds will be received from the New Hampshire Chapter of Thrivent Financial.

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# On the Links

## Spring Don Ho champs — The GB Carrier Team

By Pru Smith

Congratulations to Bud and Grayson Carrier, Phil Drew, Paul Harlow, Ryan Burke and Bob Dutton otherwise known Team GB Carrier on their Spring round win in Don Ho competition at the Eagle. Just one shot shy in second were Team Divot Kings - Dennis and Carey Anne Lufkin, Fred, Harland and Melinda Fallen and Chip Henry. Coming in third at -43 was the Chip Shot team. Kevin Young was closest to the pin in the last week of competition with long drives being struck by Paul Harlow, Ann Bennett (of course), Melinda Fallen and Mike Clemons.

The Eagle celebrates July as Family Golf Month and Pro Bob McGraw offers many specials.

After three rates are (for

adults and juniors playing together) are: Mid-week-\$12adult/\$8 junior; Weekend - \$15adults/\$10 junior. There are also free clinics on Sunday, 7/14(basic fundamentals) and Sunday, July 21 (pitch shot to full swing). If you are a REAL new golf wannabe and have no equipment it will be provided for you. Call for more details or to sign up at the pro shop at 383-9090.

### Nine and Dine open to all at Indian Mound

Last Sunday, there were 28 players enjoying the Sunday Nine and Dine challenge - Three clubs and a Putter. Using their clubs to best advantage was the winning team of Sandy Leonard, Dan Paquette and Dave Kemper. In second were Fred Pereira, Joan Loomis and Linda Jones.

Come on down and join the fun- there's a different format each week with great prizes, good food and a cart.

On the Links Leaders as of last week were Pros-Sh't Birds and Sandbaggers - Marty's Marauders. Closing in on the end of their travels, the Indian Mound players head to the Mt. Washington course this week. July 17 is the date for the Tue/Wed group end of the year party and cookout at the Linderhof - mark your calendars! Thirty-eight ladies teed it up this week in league play for a Red/White/Blue Scramble. Taking home first were Pat Bracci, Bonnie Slader and Jean Lawton. In Thursday's River's Edge weekly matches overall winners Fuzzy Martin and Dan Ratliff also claimed skin prizes along with John Oicard. CTP winners were Dick Prunier (#4) and Ken Gove (#8). Clinics for kids and adults available (539-7733).

### Red Fox League under big rainy cloud

It's been a tough season for the Red Fox League with rainy Mondays causing cancellation of play on several occasions, one of them being last Monday - again! Hoping for better conditions for upcoming Junior Clinics on July 11, the Member Guest on 7/13 and the Memorial Hospital Tournament on July 18. Keep the umbrellas handy and hopefully you won't need them!

### Hale's offers twilight walking rate

Pro Wayne Sprouse reports Hale's is in beautiful shape and perfect for a late day walking round at only \$20! Also, leagues are in full swing as well as junior lessons on Wednesday afternoons (4-7 years/4 p.m., 8-11 years/5 p.m.). Call the pro shop at 356-2140 for info on all Hale's offerings.

### NCCC plays Memorial Tourney on July Fourth

The Memorial Tournament cancelled at that time due to weather was played this past weekend by NCCC members as well as their annual Fourth of July weekend Flag Tournament. Starting with the Memorial Tournament, Men's Division Gross winner is Paul Harlow with Tom Merrill taking runner-up prize. "The Al's" covered the Net Division with Al Capone in First Net and Al Worcester placing second. Ladies Division First Gross went to Nancy Morris with Gay Folland in First Low Net.

In Flag Tournament competition, the players who went



Pru Smith

Hale's golfers have a hard time keeping their heads down when facing this vista!



Pru Smith

The most popular spot in this weather - the Snack Shack at Hales where Dave Hogan dispenses the cold drinks!

the furthest on the course before "planting their flag" in order of 1st thru 8th were: Dan Sullivan, Al Worcester, Jim Deveau, Doug DuGrenier, Kevin Howard, Tom Merrill, Dan Kelleher and Fred Shepard.

On Sunday, July 6 the challenge was a Quota Tournament with the "money winners" as follows: Gay Folland (+5), Lenny White and Fred Shepard (+4), Roger Valliere, Jim Deveau (+3), Joe Soraghan, Bruce Sanderson, Rob Brewster, Ray Bailey and Nancy Morris (+2).

### Chip Shots

Personal bests from Indian Mound include Scott Macie's Eagle on #13, Jackie Rivers fine score of 39 earning her a quota score of +6 and Tom Broderick who played a fine round with 9 pars in a row!! Wishing lots of luck to former

long-time NCCC pro shop employee Brian Knipp who recently carded an even par 71 at Biddeford-Saco to qualify for the Maine Amateur. At this writing (Tue am) Brian will be teeing it up for the Am at the Augusta CC.

Hope there are good results to report next week!

Thinking ahead the CAHS 4th Annual Putt for Pets Day Golf Tournament will be played on Sunday, August 18th at Indian Mound. Team slots and sponsorships still available. For more information contact Tom Dean (356-3855) or email tdean@conwayshelter.org.

In closing consider John Updike's quote: "The golf swing is like a suitcase into which we are trying to pack one too many things!" Send your golf goodies to beachbumpru@yahoo.com.



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Monday 11AM

### Non-Profit Events to Support

**FREE Home Retention Clinic!** Meet with a lawyer one-on-one for basic legal advice related to your mortgage. Held July 17th at 2pm-4pm at Lakes Region Community College in Laconia. Registration required. Call 603-715-3255 or e-mail [FRP@nhbar.org](mailto:FRP@nhbar.org).

### Non-Profit Events to Support



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### General Help Wanted

"BEST OF NH Restaurant" has openings for line cooks/chefs, Wait Staff, and cashiers. Full and part time, year round. Experienced a must. Apply within: The Moonbeam Café, 70 Main Street, Lancaster, NH or Call 603-684-1140.

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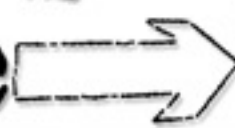
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