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VOLUME 38, NUMBER 10

AUGUST 8, 2013

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Artist Journeys

Great nature creates great art: Past, present and future

By Cynthia Melendy, Ph.D.

It is easy to spend the entire summer following new art openings and activities from place to place in New England. The pace continues to be enriching in these beautiful late summer days.

Recently, my friends and I drove up through Evans Notch to cross the state line to the Bethel Historical Society, where we visited the fascinating show “Pictures Serene and Sublime: Traditional White Mountain Art Recaptured” there. Erik Koeppel and Lauren Sansaricq have anchored a beautiful exhibition deploying their 21st Century White Mountain School techniques, accompanied by its originators. These paintings recapture the lost techniques of the Hudson River School painters, whose works were characterized by the sense of air, dramatic light, distance, and a luminous quality. Their efforts are based on their love for the expressive potentials of traditional representation. Viewing these paintings, one is swept into White Mountain scenes illustrated over 150 years, giving the mountains a timelessness that Champney celebrated. The exhibition pairs their works by the well-known artists Samuel Lancaster Gerry, Edward Hill, Frank H. Shapleigh, Benjamin Champney, Aaron Draper Shattuck and George Loring Brown.

While we were at the Bethel Historical Society, we enjoyed the Civil War Exhibit at the Robinson house, as well as a tour of the celebrated Federalist Moses Mason House. It was a pleasure to unite time, place, social and material history, along with magnificent visual art, all in one location. The drive through beautiful scenic roads as we headed south through Lovell completed a beautiful day.

The hot temperatures and torrential rain paused long enough to take in a few more spots recently, and I head-

ed over from my home above the Dan Hole Ponds to circle round the Ossipee Mountains to “Castle in the Clouds”—the Lucknow Estate—to take in the show “Impressions of New Hampshire, the Summits to the Shoals” produced by New Hampshire Fine Art of Rye. This beehive of activity, offering tours of the amazing Plant Estate’s magnificent Arts and Crafts home, a fine dining room and gallery at the Carraige House, as well as 28 miles of walking and hiking trails, horseback riding, and fishing for giant rainbow trout. It is truly a place which offers a family something for everyone!

I studied the exhibition, and was well rewarded in my efforts. The works curated presented a comprehensive longitudinal study of White Mountain Art, both traditional, modern, and present-day, to project how extraordinarily nature can inspire art. My personal favorites were those created by e e cummings and Marie a Becket. Cummings’ “Chocorua from Joy Farm” (Madison) reminds us of nature’s inspiration not only for visual art, but also for poetry. Marie a Becket’s work, rarely exhibited publicly, represents the early roots of White Mountain Art, and was the first produced by a woman in the nineteenth century. It was also delightful to see New Hampshire’s small coast represented so beautifully by John Appleton Brown’s portraits of the Isles of Shoals, as well as Olaf Brauner’s “Sunrise, Isles of Shoals,” reminding us of the rich contributions of Norwegian immigrants to area in the late nineteenth century. I was personally touched to view John Woodsum Hatch’s (1919-1997) work, who was the late father of an old friend of mine and who taught at the University of New Hampshire.

It is rare to encounter a small show that offers food for intellect, historic, and beautiful contemplation. This is not to overlook social history, represented by John Whorf’s “The



Courtesy
Conway illustrator Ernest Brown created a beauty. This is “Swift River,” acrylic on panel. Previously shown at Tin Mountain Conservation Center, this painting is now available at The Cassidy Gallery. Ernest is the top-selling illustrator for Jackson-based White Mountain Puzzles (a company with world-wide distribution).

Corn Huskers” (1930) an artful presentation of everyday life in Conway. Don’t miss this very fine exhibition when you tour the Castle in the Clouds; it is on until Aug. 22, when the show “Food for Thought” opens in the same location. It might be fun to take in either with the Castle’s “Jazz at Sunset” program that offers a free jazz program every Thursday night throughout the summer. If you love horses you can even visit with Zues, the largest horse in North America.

An errand of friendship took me up to Bartlett and Jackson the other day, the area location of numerous bear sightings this summer. But being not myself a bear, I went over the mountains to see the Cassidy Gallery at the Snowflake Inn in Jackson Village, the thriving home of both an historic and present-day arts community. Pick up a brochure of the Jackson Arts Trail, to be celebrated by the Jackson Art Walk on Aug. 24, 4-8 p.m. My own art walk into the Cassidy Gallery was a delight, where I discovered many fascinating works by crafts artists, glass makers, fabric artists, and by Nancy herself, who is a captivating bird portrait artist. It was fun to discover we shared a love of birds. Be sure to drop in and take home a treasure. You’re sure to find one.



Photo by Ed Parsons.
e e cummings, “Chocorua from Joy Farm.”



Courtesy
Erik Koeppel, “Artists at Jackson Falls.”

There is still plenty of beautiful weather ahead before the summer winds down and fall brings with it the busy schedule.

Until then, you can also attend Art in the Park sponsored by the Mount Washington Valley Arts Association. See you there!

On the Cover

A BAGGINS FAMILY HISTORY

Bilbo Baggins (Chance Bousquet) shares his family history as Gandalf (Kevin O’Neill) looks on during the Arts in Motion Theater Company’s production of “The Hobbit.”

Photo by Lisa DuFault

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Heat Visions

By Dave Kellam and Clay Groves
The "Fish Nerds"

Effingham: Clay, an exemplary fish nerd and skilled magician, reports that the fishing in Lake Ossipee has been fast and furious. In the early summer, he boated lots of yellow perch, pumpkinseeds, pickerel, large' and smallmouth bass. But last week, things changed. The lake's surface steamed to a bath-like 82 degrees, and the fish vanished.

Hampton Falls: Dave, an equally adept fish nerd and believer in magic, reports surething-action in the Taylor River this summer. Within minutes, he could catch a dozen large golden shiners and use them for bait to catch four pound largemouth bass. But last week, the shiners evaporated like puddles in the street. Coincidence?

We don't think so. We have spent hours and hours under the hot July sun thinking about why our lines lay still. Now it could be the heat stroke talking, but we think we have some solid theories as to why we can't catch fish.

Theory One: Aliens

Summer has always been a big time for aliens. Movies like "Close Encounters of the Third Kind," "Independence Day" and "Alien" all appeared in the summer. Fox News reported in 2011 that UFO sightings spike in the summer. It seems completely plausible to us that aliens have discovered the joy of vacationing in New Hampshire, and the great fishing in the state. Since they speak Klingon or some other alien language, they don't understand our fishing regulations. So instead of just keeping five bass, they take all of them. We think New Hampshire Fish and Game needs to spend more time on extraterrestrial law enforcement.

Theory Two: Water nymphs

Also called naiads, they are the young daughters of Poseidon that inhabit freshwater streams. They are usually depicted as naked maidens with long flowing hair who play in the water and drag fishermen to their doom. We suspect that our fishing skills have grown to such Olympian levels that the water nymphs have taken to hiding all the fish from us.

Theory Three: Congress

Since it is a well-known fact that our government is waging war against sportsmen, we think the disappearance of fish is linked to a secret congressionally-approved underwater drone program that is scaring away the fish. Super PAC's are funding the bipartisan effort and the IRS is targeting fishing derbies. This all part of an NSA scheme to use fishing license information to round up all the rods in the country.

Theory Four: Hot sunny weather

There are some scientific explanations for the summer fishing doldrums. Conditions change in many lakes and streams that make life harder for fish. First of all, warm water holds less oxygen than cool water. This is bad news because fish metabolism increases in the summer and they need more oxygen. Once

water temperatures reach into the 80's, most fish have a very difficult time breathing and it will outright kill some cold water species like brook trout.

Another factor that affects fish is weed and algae growth. In freshwater, plants will grow as long as there is enough heat, light and phosphorus. In waters that are polluted by fertilizer, plants can get thick and the water can turn green with algae. Some folks might think plants are good because they provide oxygen through photosynthesis, but when the light goes away they absorb oxygen.

Also the bacteria and fungi that eats dead plants consumes tons of oxygen. All this adds up to suffocation for most fish.

But clearly, all the fish do not die every summer, so where do they go?

In Levitte Bay on Lake Ossipee, the fish moved to deeper, cooler water. Clay found fish in channels with moving water and in deeper parts of the lake. The fishing wasn't as good as it had been, but none of us likes to eat a lot when it is hot. In the Taylor River, the fish likely retreated downstream or laid still in shady pools. Once it rained a few

days, the river began to flow again with cool water and the fish returned.

We are going to stop writing this article now because the sun is melting our crayons. Perhaps we just need to take a lesson from the fish and find some cool water with some nice shade to wait out the heat. For more fishnerds fun, visit our Web site at www.fishnerds.com, like our Facebook page and listen to our podcast on iTunes!

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The Mountain Ear welcomes Letters to the Editor pertaining to local community issues. All correspondence should be signed, include a return address, and be addressed to P.O. Box 1890, North Conway, N.H. 03860. faxed to (603) 447-5474 or e-mailed to earnnews@salmonpress.com. All letters should be received prior to publication and be no longer than 300 words. The Mountain Ear reserves the right to edit letters for length and clarity and to not publish letters deemed unsuitable.

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News/Round-Ups



Courtesy

The grand finale of Arts Jubilee's 31st concert season is Thursday, Aug. 8 with the New England Wind Symphony presenting their traditional Symphony Pops concert, followed by spectacular fireworks.

Final Arts Jubilee concert is tonight

NORTH CONWAY — The grand finale of Arts Jubilee's 31st concert season is Thursday, Aug. 8 with the New England Wind Symphony presenting their traditional Symphony Pops concert, followed by spectacular fireworks.

This concert is the area's most popular outdoor concert, and has been enjoyed by a diverse audience of kids to great-grandparents since 1983. This year's performance will bring a new twist with a theme of "Broadway Classics." The concert traditionally ends with the Stars and Stripes and awesome Fireworks, presented by Atlas!

Returning to the Arts Jubilee stage will be Clayton Poole and the New England Wind Symphony. In keeping with following a theme at each of the Arts Jubilee concerts, the NEWS will be performing an all-Broadway show! "Broadway Classics" will feature hits

from over 20 Broadway shows such as "George M," "Phantom of the Opera," "Sound of Music," "Les Miserables," "Oklahoma" and more. Joining the NEWS will be vocalist, Patty Barkas. For over a decade, Patty has performed, recorded and toured globally with an eclectic range of artists, including Ruth Pointer of The Pointer Sisters, Peter Wolf of the The J.Geils Band and Brad Delp of the band, Boston. She enjoys re-creating the classic vocal jazz interpretations of the swing era including such stylists as Ella Fitzgerald, Helen Forrest, and Billie Holiday as well as the fabulous iconic music of Broadway.

The evening will be hosted by the valley's own theatrical celebrity, George Cleveland, presently Executive Director of the Gibson Senior Center in North Conway. His grandfather, Grover, was president of the United States

and George enjoys impersonating his grandfather for historic functions. George is a theater personality in his own right, participating in the Barnstormers Theater in Tamworth, as well as host for many area functions.

Opening the evening will be the vocal/instrumental duo, Dennis & Davey - whose music is known throughout the area as the next best thing to visiting the Emerald Isle. Also known by the title of their CD "Four Feet-Two Shoes", Dennis and Davey perform throughout the New England area and Arts Jubilee is privileged to count them among their long-time friends. The recommendation of one of their many followers states, "Listening to Dennis and Davey is pure joy. If you ever get to see them live - definitely do! You'll have a great time."

Arts Jubilee's outdoor festival concerts are found at

the base of the North Slope at Cranmore Mountain in North Conway, New Hampshire. Headline concerts begin at 7 p.m., and a 'warm up' performance begins at 6 p.m. Beverages and food available on the Deck at Zip's Pub with a full view of the stage. Picnic suppers are permitted, and please provide your own seating with a blanket or lawn chairs. Admission is family friendly requesting a small charge to help defray expenses for the series. Adults are \$10, Seniors: \$8 and kids 12 and under are free. Arts Jubilee is a non-profit organization with support from area corporate sponsors, private donations, and grants. Our host sponsor, Cranmore Mountain provides ample free parking, indoor restrooms, and beautiful mountain views in a natural amphitheater setting. For additional information go to MWVEvents.com or call 1-800-Sun-n-Ski

Compassionate Friends hosting annual Balloon Launch Wednesday

MADISON — The Compassionate Friends of Mt. Washington Valley, a support group for bereaved parents, grandparents and siblings, will hold their annual Balloon Launch and Potluck Supper on Wednesday, Aug. 14 at 6:30 p.m.

This event will be held at

the Madison Church on Route 113 in Madison, and is open to everyone who would like to participate. One of the most important parts of the grieving process is to be able to remember, talk about, and participate in rituals in order to keep the memories of those children who have died, alive within us.

Conway Historical Society to gather for annual Summer Picnic

CONWAY — The Conway Historical Society's annual summer picnic will be held at the Russell-Colbath House on the Kancamagus Highway on Tuesday, Aug. 13 at 6 p.m. The picnic will be held

rain or shine; a covered area is available for dining. Tours of the historic homestead will be available for those interested.

The Society will provide grilled hot dogs, hamburg-

ers, and soft drinks; members should bring a dish to share (entrée, salad, side, or dessert). All are encouraged to bring a friend; new members are always welcome.

By Tuesday, Aug. 6, those

the death of a child. Those of us who have been there

are able to share understanding, compassion, and hope with each other when others

don't understand. Time does not take away the pain, but helps us to learn how to manage it in our daily lives.

needing transportation or willing to drive others should call the CHS office (447-5551) or send an email to conwayhistory@myfairpoint.net so carpools can be arranged.

Friends of the Jackson Library to explore “NH’s Golden Age of Aviation”

JACKSON — Please join the Friends of the Jackson Public Library as they host the program “Bob Fogg and New Hampshire’s Golden Age of Aviation: Flying Over Winnepesaukee and Beyond,” by Jane Rice of Moultonborough.

This will take place on Wednesday, Aug. 14 at the Jackson Public Library at 7 p.m., and is free and open to the public.

Return for a few hours to the time when the sound of an airplane engine overhead was a cause for tremendous excitement, when an airplane ride over the blue waters of Lake Winnepesaukee was the thrill of a lifetime, and a trip to the Weirs simply to see the floatplanes take off and land was the high point of a summer season. That’s just what readers are invited to do in the pages of “Bob Fogg and New Hampshire’s Golden Age of Aviation: Flying Over Winnepesaukee and Beyond,” written by Jane Rice of Moultonborough, and recently published by Peter Randall of Portsmouth, a respected publisher of New Hampshire history.

Jane’s research began with the knowledge that her grandfather, Thomas E.P. Rice, a World War I aviator, had flown at the Weirs in the 1930’s, just down the hill from her childhood home on Parade Road in Laconia. As it turned out, Rice’s flying partner, Bob Fogg, was the man who brought aviation to the Granite State, while

Rice’s involvement was somewhat incidental. Bob Fogg brought New Hampshire’s first privately-owned airplane, a war-surplus biplane trainer built of spruce, linen and wire known as a “Canuck,” to Concord in 1920, and established the airport there, as well as hopping passengers at Hampton Beach. In 1923, he brought another war surplus airplane, a Curtiss flying boat called a “Seagull” to the Weirs summer resort, and flew over the big lake through the summer of 1938, carrying over 50,000 passengers, delivering air mail, and training many future aviators. In an era when airports were few and far between, New Hampshire’s numerous lakes and ponds provided convenient landing areas, and Fogg visited many lakeside resorts around the state. Other adventures in aviation included flying the mail into Vermont after the massive flood of 1927, and flying newsreel cameras into Newfoundland and Labrador to record the arrival of early transatlantic flights.

In the summer of 2011, Jane was fortunate to meet Bob Fogg, Jr., who generously shared albums of historic snapshots from his father’s career; combined with other Fogg memorabilia at Dartmouth College and other libraries and museums, Jane has produced a book that recalls an era of Winnepesaukee and New Hampshire history that has largely been forgotten.

The library has limited seating so please get there early.

Conway Public Library welcomes Rebecca Rule

CONWAY—Rebecca Rule will present “Crosscut: the Mills, Logging, and Life on the Androscoggin” at the Conway Public Library on Aug. 13.

This free program will begin at 7 p.m. This program is sponsored by the Friends of the Conway Public Library and made possible by a grant from the New Hampshire Humanities Council. “Crosscut” is a play created by Rebecca Rule from stories collected of the mills, logging, and the Androscoggin Valley.

Rebecca Rule is a New

Hampshire native, a writer and humorist. She is best known for her live presentation of humorous stories based upon N.H. characters she has known and heard about over the years. She uses new and vintage photos as she recreates the voices of north country people, telling of their lives in the Androscoggin Valley. Audience members are invited to share their own stories of the logging and paper industries. Refreshments will be provided for this free program; all ages are welcome.



Courtesy

Meet Miss Kitty!

Miss Kitty is a gorgeous Tortoiseshell with her beautiful coloration and big gold eyes. She was surrendered because her owners became seriously ill and could no longer care for her, so she is feeling a bit sad and lonely. Miss Kitty has a gentle nature, and is a very sweet and loving. She enjoys lots of petting and purrs up a storm. She is also quite talkative and quite playful. She really enjoyed chasing the laser light. She is also curious and alert and seemed very interested in her surroundings. She’s not used to other cats, so would prefer to be the only cat in your household. This lovely lady would be happy to sit next to you as you read a book, or snuggle on the sofa. Miss Kitty would love to meet a person or family she can call her own forever! You can see Miss Kitty at The Conway Area Humane Society at 223 E. Main St. in Conway.



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Folks & Focus

Lisa DuFault

The Hobbit

Arts In Motion Theater Company christened their new home with an ambitious production of JRR Tolkien's "The Hobbit," which will appear through Sunday, Aug. 12 at the Eastern Slope Playhouse, in North Conway.



Bilbo (Chance Bousquet) writes his adventures in his diary.



Thorin (Keith Force) and crew discuss the route to Misty Mountain with Bilbo (Chance Bousquet).



Gollum (Ged Owen) comes across Bilbo (Chance Bousquet) in a cave.



Essie (Sarah Shaw), Bert (Glenn Noble) and Tom (Zackary Whitley) enjoy their dinner before the dwarves attack.



Wildcat Trail 80th Anniversary Celebration Coming August 24

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GOOGLE: Tom Troon Auctioneer for link to "auctionrip" for photos & directions or call 603-447-8808 and ask for Tom.

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Folks & Focus



Tim Psaledakis, a volunteer with Wildlife Encounters, introduces a hedgehog to families at the Aug. 5 Wild Night at MWV Children's Museum.



The blue tongued skink greets guests at MWV Children's Museums Wild Night.



A young visitor gets a chance to pet the blue tongued skink.

Wild Nights

Each Monday night through the month of August, MWV Children's Museum hosts Wild Nights, with exotic animals from Wildlife Encounters. Local volunteer Tim Psaledakis arrived with some fun animals on Aug. 5.



Lisa DuFault



Kaelan Jones and the hedgehog check each other out at the MWV Children's Museums recent Wild Night.

Nothing beats a hand-picked blueberry

Blueberry Festivals abounded last weekend, but sometimes, picking your own is pretty great, as three year old Nicoli discovered.

Goings On at Green Hills

Explore the Green Hills like you never have before! All trips are free and leave from the Black Cap Trail Parking Area on Hurricane Mountain Road in North Conway.

Register today: sallen@tnc.org or 603.224.5853, x10.

Stargazing with the NH Astronomical Society

Saturday, August 10 @ 7pm

Experience Green Hills under the stars! Bring your headlamp, flashlight and binoculars for this unique adventure up the Black Cap Trail with NHAS. Hike to the summit of Black Cap for a breathtaking view of the night sky and discussion of the summer constellations.

Green Hills Rocks!

Saturday, September 21 from 11am - 2pm

Join UNH Professor of Forest Ecology, Dr. Tom Lee, for a fresh new look at this quarry turned conservation area. Tom will explore the rich geological history of the Green Hills, as well as the many natural communities that make this area so unique. Enjoy a little history, a little science, and fantastic fall views.

Fall Into Photography

Saturday, October 5 @ 1pm

Looking to capture that iconic New Hampshire foliage or the more unique aspects of Autumn? Using his eye for light and nature, seasoned photographer and valley local, Joe Klementovich, will lead you through composing your fall shots - whether it's a close up of a leaf or the Mount Washington vista. At the end you may find you've captured "the one!"

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As the Wheel Turns

Chip seal comes to the Valley

By Peter Minnich

Have you ridden the new pavement on Route 302 in Harts Location yet? Don't get too excited; it's underwhelming. The road pavement treatment known as "chip seal" is new here in New Hampshire, although it was applied to the Lincoln side of the Kanc last year. Chip seal consists of crushed stone (aggregate) applied on top of liquid asphalt, then rolled to press the stone into the tar. The result is a rough surface that apparently seals the old underlying road surface, much like seal coating a paved driveway. The size of the aggregate determines how rough the surface is: half-inch stone is very rough, three-eighths slightly less rough, five-sixteenths smoothest of the three. The Route 302 chip seal is three-eighths.

When I first encountered chip seal on the Kanc, I was under the impression the rough surface might be intended to increase winter traction. Some online reading revealed that increased traction is not the main purpose at all. It's about the money. Chip seal costs about half to three quarters the cost of hot asphalt topcoat. According to Brian Schutt, District 1 NHDOT Highway Engineer, chip seal can only be applied to certain roads where the existing pavement needs to be preserved. In addition to Route 302 and the Kanc, sections of Route 3 have recently been chip seal treated. The NHDOT likes chip seal because, in addition to reduced cost, it holds up under winter plowing, and



Peter Minnich
Cyclist Chris Magnus hits the chip seal pavement at the Harts Location town line. He said his speed dropped from 22 mph to 16 mph as a result of the rough surface. He, like other cyclists I talked to, assumed the rough pavement is a temporary under-layer. But, what you see is what you get. Chip seal is the final surface.

it holds the salt brine on the traveled part of the road. Chip seal has been in common use in western states for many years. And cyclists have been complaining about it since it first appeared. The problems with the chip seal surface for cyclists are many. The most apparent issue is vibration felt in your hands, arms, and butt. Depending on the size of the aggregate, the vibration can be somewhere between a slight hum to an uncomfortable rumble. A second, and more detrimental problem, caused by the surface roughness is increased rolling resistance, requiring greater physical effort to pedal and resulting in reduced speed – as much as 25 percent reduction.

A third problem arises when the aggregate comes loose from the bonding asphalt and gets swept to the shoulders where it presents a traction hazard for skinny bike tires. Tire wear is increased for both bicycles and motor vehicles as well. The savings realized by the NHDOT are paid for by costs to users in effort, energy, and tire wear. Cyclists around the country have dealt with the vibration in a variety of ways. You can try to ignore it until your hands go numb. Some have suggested switching to carbon fiber handlebars to dampen the vibration. Changing to a bigger tire size and reducing tire inflation is the most often



Peter Minnich
Close-up of the chip seal surface with three-eighths inch aggregate. The 37c tire in the photo handles the rough surface adequately.



Peter Minnich
New chip seal pavement, as seen near the Crawford Notch State Park pull-off. Traffic lines have yet to be applied. The vehicle travel lanes will become smoother with use, but the shoulders, where cyclists ride, will remain rough and will accumulate loose aggregate.

recommended strategy. Standard 23c road bike tires run at 100-plus psi are the worst for vibration. Tires of 25c or 28c thickness, run at 70-80 pounds make a noticeable difference in vibration. However, bigger tires with lower inflation decrease riding efficiency. It's also been suggested that radial spoke lacing, which most high performance road wheels use, increases the harshness of the ride. The remedy is to use a X3 spoke lacing pattern which is thought to absorb the vibrations better. Of course, X3 laced wheels are heavier and perform less efficiently. It's a compromise, any way you go. It all depends on how much chip seal pavement you have to ride. In Texas, it's everywhere. Here in northern New Hampshire, it's just starting to appear. You can ignore

it and just ride, or you can ride other routes than don't have it. Riding Route 302 up through Crawford Notch is a favorite ride of mine. Fortunately, only three intermittent sections, amounting to a little over five miles in total length are currently chip sealed. That's about 25 percent of the total ride distance from Glen to the Highland Center. The longest, unbroken section of two miles runs from Arethusa Falls parking lot south to the Hart's Location Town Hall, near the Davis Path parking lot. The other sections run from the Nancy Pond trailhead south to the Bartlett/Harts Location town line, with a break at the temporary bridge over Sawyer River. If you can tolerate the buzz for five miles, then just ignore *Chip*, to pg. 19



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37 YEARS

The Freedom Column

By Lisa Wheeler

Congratulations to Hannah Gaschott, who recently graduated from Clark University with a Master's degree in International Development and Social Change. Hannah is the daughter of Betsy and Gary Gaschott of Madison, and the granddaughter of Freedom's Sylvia and Howard Bouve.

The Friends of the Library are pleased to welcome back two wildly popular programs for Old Home Week. On Wednesday, Aug. 7 at 10 a.m. at the Town Hall, Wildlife Encounters will be bringing a variety of animals that live in or dig in the earth. Preschool storytime will not meet this week because of this program. On Friday at 3:30 p.m., the fantastically fabulous Toe Jam Puppet Band will be performing on the library lawn and will get everyone involved in the fun. Rain location is the Town Hall. Writing Work-

shop for fifth grade and older is Wednesday at 10 a.m., and Teen Night is Thursday for those going into seventh grade and older. We're having a frozen t-shirt contest, getting ice cream at the social, eating pizza (\$4) and watching "Here Comes the Boom" starring Kevin James & Salma Hayek. Unfortunately, "The Croods" is not yet out on DVD, so we've had to make a change in Friday's Pizza & Movie plans. Hope you'll come at 5-6:40 p.m. to see "Anastasia." Pizza is \$3 per person. It will end in time for everyone to go to the Talent Show at the Town Hall at 7 p.m.

Landscape improvements at Freedom Elementary School are almost complete. As a result there will be some free shrubs available on a first-come basis starting Wednesday, Aug. 7 outside of the school.

One of the highlights of Old Home Week is the Freedom

Arts & Crafts Fair sponsored by the Freedom Community Club. The fair is held on Friday, Aug. 9, from 9:30 a.m.-3 p.m. at the Freedom Elementary School. In addition to a wide assortment of crafts for sale inside and outside, there will be lots of delicious food this year. The First Christian Church will be cooking hot dogs and hamburgers at lunch time, and there will also be an assortment of kettle corn, fudge and chocolates. There will be a huge raffle of over 70 prizes donated from crafters and local businesses. The proceeds from the fair go to scholarships given to graduates from Freedom who are furthering their education. We hope everyone will join us, but if you can't join, you can still purchase raffle tickets by calling Alice Peterson at 539-9502.

Information on the popular Old Home Week book and bake sale and raffle: The book

sale will be held on Friday, Aug. 9, 9 a.m.-3 p.m. and Saturday, Aug. 10, 10 a.m.-1 p.m. at the Freedom Public Library. The bake sale is Friday, Aug. 9, 9 a.m.-3 p.m. in front of First Christian Church on Saturday, Aug. 10 at the Library. Raffle tickets will be available.

Kids (and adults), don't miss the digital photography workshop, sponsored by the Historical Society, on Friday, Aug. 9 from 1-3 p.m. at the Allard House. Take the picture that may be a winner in the next "Freedom Gardens" themed calendar. Cameras will be available if you need one. Yummy dessert to follow.

Looking for something different or extra special? The Freedom Village Store has just received a delivery of some items from an antique dealer in New Jersey. The items were brought to the store by Freedom's Nadine Chapman. For those who have not heard,

milk from Sherman Farms is now available at the store. The store seems to have unexpectedly hit on something big because it has been selling so fast, that a second order came in this past weekend. Hopefully the support will stay for the milk lovers among us.

AARP Driver Safety Program will be held on Friday, Aug. 30 at the Gibson Center in North Conway. The course will be held in one day with a lunch break taken. AARP volunteer instructor Dan Andrews of Jackson will be presenting this course through a combination of group discussion and video. For more information or to register for the course, please call the Gibson Center at 356-3231. The fee for the class is \$12 for AARP members who show their membership card. Cost to all others is \$14. For those choosing to lunch at the Gibson Center, donations are accepted for lunch.

News/Round-Ups

Come See Joy at The Gatehouse this weekend

TAMWORTH — How often in today's busy schedules do you get a chance to slow down, breathe deeply, and "Come See Joy?"

Saturday, Aug. 10, from 5 – 9 p.m. at The Gatehouse Gallery will be an event to showcase Phill Allard's Art entitled "Come See Joy!"

There will be live entertainment, food, amazing Art for sale, & a chance to meet the



artist himself!

"I live and I paint under the assumption that the sun is always shining somewhere! I suppose my art is an attempt to harness and channel all of that joy and all of that ener-

gy into my work/play so that it can more easily be passed, from person to person, visually like a little piece of sunshine, spreading some joy along the way," says Allard.

Phill is a local artist living in Lovell, Maine with his wife Amanda & their daughter Marissa.

Please join us at The Gatehouse Gallery, 214 Page Hill Rd., Tamworth.



NOW ONLY \$25.00!

Did you know?

Jen's Friends is currently supporting 65 local cancer patients.

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On the Links

Merrill wins NCCC Championship — finally!

By Pru Smith
Editor's note: Due to an editorial oversight, the On the Links column submitted by contributor Pru Smith for publication in last week's edition of The Mountain Ear did not appear in the paper. It has instead been printed in this week's edition, with our apologies to her for the oversight.

It was Men's Club Championship weekend at the North Conway Country Club, and when the scores were finally tallied on Sunday, Tom Merrill emerged the Championship Flite and Overall winner. Congratulations to Tom who, after eleven starts, five runner-up finishes, dubbed by a FB friend as "the Susan Lucchi of golf" (the ladies will get that!) carded a two day 152 score for the win. A match of cards was needed to decide the runner-up spot with Kurt Grabber claiming that title and Gary Methot accepting third. In the A Flite (9-14) the winner is Jerry Chase with Doug DuGrenier as runner-up; B Flite (15-19) Dan Sullivan finished first with Joe Soraghan as runner-up; C Flite (20 and up) Brett Russell claims the champion spot with the runner-up position filled by Karl Seibel. Congratulations to all!!

As we move into August (how did that happen so



Pru Smith
NCCC 2013 Club Champion Tom Merrill - at last! See below for details.

fast!), the NCCC Road to the Shootout gets shorter. In a soon-to-be-announced date in September, 10-12 Shootout competitors will tee it up all together for a nine-hole round with one player being eliminated on each hole until the winner stands alone on the ninth green. Fun to play and just as much fun to watch! Currently on the roster in order of points are: Men - Bruce Sanderson, Al Goyette, Al Worcester, Jim O'Connor, Paul Harlow, Brett Russell, Dan Parkhurst, Joe Soraghan; Ladies - Jackie Gaudes, Gay Folland and Nancy Morris. Ladies of the NCCC - get out on that practice green this week - Ladies Club Championship next weekend. Stay tuned for results.

Red Fox Competition continues at Wentworth
Thankfully missing the

threatening thunderstorm on Monday night the Pin Seekers (Charlie, Eric and Amy Russo, Ray Gilmore Jr., and Paul Chippendale) played their way into first place. In second were the Leprechauns with Driving Angry in third. Showing their strength were long drive hitters Todd Micolaycik and Ellen Eiermann. Accuracy counted for CTP winners Bob DiPace and Dotie Heffernan.

Fall Don Ho League on deck
We're wondering where the "Spirit of Donald Ross" has been this summer.....no reports of special "happenings" have been reported from the Eagle. Any holes-in-one or personal best scores that have gone unreported? Be sure to let us know. In the meantime believe it or not you can now start planning for the Fall Don HO league which will start the last week in August for five weeks. Tee off time is 5pm and \$55per person buys you five weeks of play and the end of season banquet. Don't miss out - call the pro shop at



Pru Smith
NCCC "cart girls" past and present. Former "cart girl" Gloria Knipp (driving) and her successor, current dispenser of sustenance and suds, Chris Pacheco hit the course together.

383-9090 to sign up!

Jr. Golf Tweedle Dee Cup at Indian Mound

When the Tweedle Dee Cup players tee it up at Indian Mound this week it will be a friendly competition among the juniors from the Mound, Bald Peak and Ridgewood. Leading the Mound juniors will be Captain Josh "Fowler" Rivers with Co-Captains Troy McDonald and Ryan Pacheco with teammates Ryan Gregory Brady King, Nick Farinella and Josh Kondrat representing the Mound. Good luck to all and have a great time!

Congratulations to the Arctic Wolves of Indian Mound who did very well at the Special Olympics in Bethlehem - way to go! Thusday's Rivers Edge Quota competition was won by Fuzzy Martin and Dan Rhines. Fuzzy also claimed a skin along with Ric-ki Tibbetts. Closest to the Pin prizes were earned by Norm Littlefield (#4), Steve Meserve (#8).

In Ladies League the Even Hole challenge was met and won by team Cheryl Williams, Sandra Carr, Jean Lawton and Nancy Crowley. The IM ladies will be meeting for a NHWGA rules clinic on August 7 at 12:45, lunch included. Last Sunday's Nine and Dine was played by a great turnout of forty players who enjoyed their match and a cookout. Dan and Judy Paquette with Rae and Bruce

Gordon were the winners. Special prizes went to Jenny Kemper for long drive, Pete Kondrat for longest putt, Dora Foley and Dianne Robinson for CTP.

Chip Shots
Nice play mention to Pete LaBonte for his front nine 37 at Indian Mound and Al Capone for his eagle on #17 at the NCCC! Thinking ahead the Rotary Club of Ossipee Valley is having a golf Ball Drop at the end of September- tickets are \$5 and the winner gets 50% of the sales - get your tickets at the golf shop at the Mound. (Someone let me know what this is!)

Please note - due to a "virus," a "Trojan," a "hacker (not the golf kind!) or maybe all three my computer was "compromised" last week and now have a totally new email account and address. So please now send your many accomplishments to smithprudence16@yahoo.com.

In closing, here's just one of the "new rules of golf negotiated by the AARP with the USGA for Seniors. Rule 3.b.3g - There shall be no such thing as a lost ball. The missing ball is on or near the golf course and sooner or later will be found and pocketed by someone else, therefore making it a stolen ball. The player thus shall not compound the felony by penalizing him or herself." Again, send those golf stories, truth or good "lies" to smithprudence16@yahoo.com.

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Anne McWalters scores fourth career Ace

By Pru Smith

Four down, one to go - that's how Anne McWalters is scoring these days after carding her fourth career hole-in-one on Indian Mound's eighth hole - that only leaves the eleventh hole and she will have aced them all. Congratulations, Anne - no pressure when you step up to that eleventh tee, is there!?

In Junior Inter-Club play last Tuesday, the Ridgewood team took home the trophy but Co-Captain Josh Rivers and the IM team plan to bring the Tweedle Dee Cup back home after a rematch this week at Ridgewood along with teams from Bald Peak and Kingswood - good luck, kids!! Good luck also to the Back 9 Falcons who travel to Nippo Lake for the Special Olympics golf matches this week. And it's more "on the road" play for the Round Robin 4 matches that start on Monday among players from Indian Mound, Lake Kezar, Bridgeton Highlands and Province Lake.

Congrats to Cheryl Williams, this year's Indian Mound Match Play Ladies Champion! The men are lagging behind in Round 3 - results later. That popular Indian Mound Family Golf Outing is on the agenda for Aug. 31 (Saturday). It will be played in an Alternate Gold Format - brothers, sisters, moms, dads, aunts, uncles, grandparents - get all the family members you can and join the fun for a great day on the links - starting time 11am - call the pro shop (539-7733) and sign up now!

The WAC tournament to benefit the Elwin Stillings Vocational Award was played this year on July 13. The winning team members of the scramble were Rob Thomas, T.J. Reagan, Rob Scuzzula and Zach George. This year's recipient of the award was Sean Jordan of Effingham. The proceeds this year brought the Vocational Fund coffers up to \$6,000 - congrats to all - Elwin would be proud!

Wallace, Gaudet top ladies at the NCCC

The women of the NCCC teed it up this weekend for their Club Championship 2013. After two days of play, the Gross Division winner and overall Club Champ was always steady Donna Wallace. Right behind and filling the Runner-Up spot was Debbie Gilmore. In the Net Division, the "ding and dong" sisters did it again with Jackie Gaudes taking first Low Net and sister Donna O'Connor finishing as Net Runner-Up. Congratula-



Pru Smith

The view the Pro's will face when they tee it up on #1 at the NCCC next week - a nice way to start a round!

No time for resting on your laurels - this weekend features the August Champ of the Month competition and the ever-popular Pro-Member tournament on Sunday. This tourney is the start of the annual NHPHA Pro-Championship which is in its "thirty-somethingth" year at the NCCC. Monday and Tuesday will feature the rest of the championship rounds and a nine-hole Shoot-Out on Monday night. This is a great chance to come and be a gallery for this event!

Ladies Invitational at Wentworth

It's that time again - the much anticipated Wentworth Ladies League Invitational will be played this year on Wednesday, Aug. 21. There will be an 8 a.m. shotgun start, and the entry is \$50. To sign up send your name, handicap and entry fee to Barbara Therieault at P.O. Box 40, Jackson, NH 03846. Do it now - these ladies have a really good time at this tournament!

The Wentworth Mixed Team Championship was

played last Sunday and the winners were -Wayne Ekholm and Mary Collins with Bob and Lois Gardner in second and Virgil and Jean Webb finishing third. There's a little time to get your game in high gear for the Club Championship to be played on Aug. 16 and 17.

Red Fox League results are now in full secret mode - suspense will build until the final night when the winners will be revealed - anybody placing a small wager on the results!?

Chip Shots

Indian Mound Pro Julie Rivers reported a "sighting" of Ed LaPierre this week, visiting from his new home in Georgia, out on the links with Pete LaBonte and Judy. Another "sighting" which was posted on FB was Jason Smith, shoeless and sockless, hitting what turned out to be a great shot out of the pond on seventeen at the NCCC - has it gone viral yet, Jason? If anyone has sent me info on upcoming events and you haven't seen them here - apologies but due to the "compromising" of my compute recently I lost everything

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Starlight Honeys featured at Effingham Writers' Night

EFFINGHAM — Music inspires, connects and enriches our lives. This month, Effingham Writers' Night will feature poetry by Katie O'Connell and music by the Starlight Honeys on Thursday evening, Aug. 15. The Starlight Honeys blend old-time and new folk tunes with three-part vocal harmonies. Guitar, mandola, banjo, mandolin, percussion and whistles allow for the diverse mix of music that Roger, Sam, and Katie all love to sing. Stitch all that together with tight, intricate harmony, and the Starlight Honeys have a distinct sound and exciting energy.

Roger Sorlien is a carpenter by chance and musician by choice. Roger plays a variety of instruments, including guitar, mandolin and mandola. He is self taught, and is heavily influenced by bluegrass,

old-time and traditional folk music. He started getting deeper into the music scene as his daughters became proficient on cello and fiddle. His daughter Rachel is the fiddler in his band "Sweet Life Revue" and often accompanies his latest musical endeavors as guest fiddler for the "Starlight Honeys." The "Starlight Honeys" is Roger's collaboration with Katie O'Connell and Samantha "Sam" Tracy. Being part of this trio is a true labor of love and deeply rewarding. Roger has recently turned his hand to song writing and the early results are encouraging.

Katie O'Connell has been singing since her mother propped her up on the kitchen table at two years of age, where she entertained her relatives with the song "Shine On Harvest Moon." She

sang throughout her school years (chorus, musicals, solo), and continued with the Boston College Chorale, as well as singing and playing guitar at open mics, coffee houses, and even in the pubs of Ireland during her junior year abroad. Katie was raised on folk music by her mom who played guitar and sang most every day. Having no formal lessons, Katie learned to play guitar by ear along with her favorite recordings, at jam sessions, and because her band mates in Sweet Life Revue told her she couldn't just stand around and sing lead forever (although she would rather do just that!) A few penny whistles, Irish flute, and now a djembe and brushes complete the whimsical menagerie Katie carts to pubs, coffee houses, and festivals. Her biggest joy, though, is the singing. Her solo voice has been described as "smooth dark chocolate," but she also has a talent for finding multiple layers of harmony and building something beautiful with her band-

mates' equally notable voices. Samantha "Sam" Tracy will be graduating from Newfound Regional High School this spring, and is a member of the chorus and select chorus there. She was chosen as the school's musician of the year as a freshman, and has been a regular participant in the New Hampshire All State Chorus. As a folk singer, guitarist, and banjo player, Sam has been performing on stage since she was 13. As a solo artist, she has been chosen to perform for the Friends of the Arts showcase in Plymouth, the Gilford Strawberry Festival, and as a regular performer at the Corner House Inn (Sandwich). Sam recently took part in a Christmas show at the Stone Mountain Arts Center, where she was accompanied by the Gibson Brothers. Sam is a founding member of the "Starlight Honeys" along with Katie O'Connell and Roger Sorlien and finds equal pleasure in singing the high harmonies and taking the leads. She recently took

up claw hammer style banjo which contributes greatly to the band's traditional sound.

Come to listen, or bring a piece of your own writing to share. Writers' Night, the third Thursday of the month is for those who write – music, poetry, prose, fiction, non-fiction - and for those who enjoy listening. Each month, we will feature one to two writers, followed by an open-mic opportunity for others to share a piece of original writing or acoustic music (up to five minutes). Enjoy light refreshments and conversation with other writers and artists. The Writers' Night is just one of many enriching community events taking place at the Effingham Public Library. For more information, contact: Katie McCarthy, 651-9796 katiemccarthy@roadrunner.com, call the Library 539-1537, or check out past and future presenters on the Library Web site: <http://effingham.lib.nh.us/>. The Library is located at 30 Townhouse Rd., Effingham.

(4) Foreclosure

AUCTIONS

Per Order of the USDA

Tuesday, August 27, 2013





9:00 a.m. in Chichester, NH: 172 Bear Hill Road is a 960± sq.ft. Ranch with 3 bedrooms and 1 bathroom. This single story home is sited on 1± acre. Town Reference: Map 7, Lot 36. Assessed Value: \$158,000. Minimum Bid: \$80,800.



11:00 a.m. in Groton, NH: 1073 No. Groton Road is a 1,050± sq.ft. Ranch with 3 bedrooms and 1 bathroom. The property includes a full basement, large rear deck and is sited on a 1.4± acre lot. Town Reference: Map 2, Lot 60. Assessed Value: \$133,900. Minimum Bid: \$50,000.



1:30 p.m. in Bethlehem, NH: 51 Other End Road is a 1,200± sq.ft. Ranch with 3 bedrooms and 1 bathroom. The property includes a full basement and is serviced by municipal water and sewer. Town Reference: Map 207, Lot 14. Assessed Value: \$108,400. Minimum Bid: \$52,100.



3:30 p.m. in Berlin, NH-Selling to the Highest Bidder at Absolute Auction: 1408 Napert Street, f/k/a 1408 Hutchins Street is a 2 story New Englander with 3 bedrooms and 1 bathroom. The 1,474± sq.ft. home includes an 858± sq.ft. partial basement, sits on a .22± acre lot and is serviced by municipal water and sewer. Assessed Value: \$75,000. Tax Map 134, Lot 12.

Inspection: One half hour prior to the auctions, if permitted.

Terms: \$2,500 (Chichester, Groton & Bethlehem), \$1,000 (Berlin) Deposit in cash, certified check or bank check at time and place of sale. Balance due at closing within 30 days for (Chichester & Berlin), 45 days for (Groton & Bethlehem). Subject to all Terms of Sale.

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Songwriting workshop with Scott Baston of the band Saint Francis on Friday, Aug. 9

TAMWORTH — Arts Council of Tamworth and The Community School are excited to offer a songwriting workshop with Athens, Ga. tunesmith Scott Baston of the band Saint Francis.

The workshop will take place at The Community School in South Tamworth on Friday, Aug. 9 from 4-5 p.m., and is free—donations welcome. Scott will focus on basic song

structure, composition, lyrical content, and presentation. Beginner to experienced songwriters of all ages can benefit from the opportunity to work with this savvy teacher.

Scott has been a performing, touring musician for over two decades, with three studio records, and one live recording as the front man of his former nationally touring rock/jam band, Moonshine Still. Saint

Francis has two studio records already under their belt: One Of Many, and, soon to be released, Cassidy's Sky, recorded at the famed Omni Sound in Nashville, Tenn. under the direction of Tommy Cooper, and Grammy-nominated producer John Keane, also from Athens. You can hear his solo work at soundcloud.com/scottbaston.

Come work with Scott on Friday and then hear him play on Saturday, Aug. 10, alongside two other great bands, the Wall-Stiles from Vermont and our homegrown Starlight Honeys, at The Community School's On the Banks of the Bearcamp Music Fest, 4 to 9 p.m. More information at www.communityschoolnh.net or 323-7000. Mark your *Workshop*, to pg. 19

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Ribbon cut at third completed N.H. Grand information kiosk

By Edith Tucker

CARROLL — Rain did not dampen the enthusiasm of the 40 people on hand for the ribbon-cutting ceremony on Tuesday, July 23, that officially opened the solar-powered NH Grand visitor information kiosk and Wi-Fi hot spot adjacent to the gazebo on the northwest corner of the intersection of Routes 3 and 302.

"This is a major milestone in our effort to make northern New Hampshire a major tourist destination," said Cathy Conway, vice president, economic development at the nonprofit Northern Community Investment Corporation in her welcoming remarks.

Conway introduced Sandy Blitz, of the Bangor, Maine-based Office of the Federal Co-Chair of the Northern Border Regional Commission. In 2011 the Commission awarded \$200,000 to support New Hampshire Grand's kiosk project. The four-state Commission has awarded \$3.6 million over three years. Conway presented Blitz with a framed NH Grand poster to commemorate the project.

Conway also acknowledged the generous support of the Neil and Louise Tillotson Fund.

Carol Carlson Cummings, president of the Twin Mountain-Bretton Woods Chamber of Commerce, pointed out that Carroll is the southern gateway to Coös County. Cummings recognized the legacy of her father, the late Carl Carlson of Carlson's



Edith Tucker

NCIC vice president Cathy Conway of Jefferson presented Sandy Blitz, the Bangor, Me.-based federal co-chair of the Northern Border Regional Commission with framed poster: "Experience New Hampshire's Grand North" that urges visitors to "explore, unwind, savor, shop and conquer."

Lodge, who helped found both the local Chamber of Commerce and the North Country Council, the area's regional planning commission.

Both local businesses and nonprofit organizations have robustly supported the ongoing costs of operating the kiosk that, she noted, is designed to provide a 24/7/365 resource for tourists.

Nigel Manley, manager of The Rocks, for the Society of New Hampshire Forests (SPNHF) was on hand, as were Chris Thayer of AMC, Chris Ellms of the Bretton Woods Ski Area, Jim and Lisa Covey of the Profile Deluxe, Lee Hallquist of the Four Seasons Motel, both on Route 3 South, Jon Freeman, president of NCIC, Craig Clemmer of the Omni Mount Washington; and copywriter Eileen Alexander of Whitefield.



Edith Tucker

A line-up of participants, representing local, state, and federal nonprofit organizations and profit-making businesses, were on hand on Tuesday, July 23, for a ceremonial ribbon-cutting at the newly installed Twin Mountain-Bretton Woods visitor information kiosk at the intersection of Routes 3 and 302: Cathy Bedor, left, of the Mt. Washington Cog Railway; Sandy Blitz, federal co-chair of the Northern Border Regional Commission; Steve Hilliard, managing director of the Omni Mount Washington Resort; scissors-wielding Twin Mt.-Bretton Woods Chamber of Commerce president Carol Carlson Cummings of Carlson's Lodge; selectman Paul Bussiere; Jim Drummond of Drummond's Mountain Shop; Marillinne Cooper, executive director of WREN; Bureau Chief Jennifer Codispoti, Bureau of Visitor Information Services of DRED's Division of Travel and Tourism; Rick McCarten, director of the Appalachian Mountain Club's Highland Center; selectman Bonnie Moroney; and Cathy Conway, vice president of NCIC, Lancaster Office.

Christine Crane of Jefferson, who recently joined NCIC as a part-time administrative assistant, organized light refreshments in the town hall, allowing those on hand to mingle and chat out of the rainstorm.

The NH Grand visitor information kiosks recently won a silver award from the New England Direct Marketing Association (NEDMA) in its results-oriented Creative Excellence Awards Competition, designed to recognize creative and strategic achievement by New England advertisers in

all direct marketing media.

The silver award was won in the Outdoor Transit, Posters, Point of Purchase category.

Those involved included in the award-winning effort included: Cathy Conway of Jefferson, vice president, economic development, Northern Community Investment Corporation (NCIC); creative director: Pam Sullivan, Sullivan Creative; copywriter: Eileen Alexander of Whitefield; designer: Joanne Brunk; production manager: Gerry Pons of Whitefield; media representative: Kim Moore,

Montagne Communications; illustrator: Beehive Mapping of Boston, Mass.; printer: Pete Laferriere, ATD Signs of St. Johnsbury, Vt.; and construction: ATD Signs. Public Service of New Hampshire (PSNH) in the City of Berlin, and Towns of Gorham and Carroll donated land. The Androscoggin Valley and Twin Mountain-Bretton Woods Chambers of Commerce, Town of Gorham, City of Berlin, and the Berlin & Coös County Historical Society provided the information displayed in the kiosks.

Memorial Hospital Variety Show raises \$1,200 for Roy Estes Fund

NORTH CONWAY — The second annual Memorial Hospital Variety Show, held June 21 and 22 at M&D Theatre in North Conway, was a resounding success, raising nearly \$1200 for RENEWS, the Roy Estey Network for Education on Water Safety.

The show was sponsored by Memorial Hospital, M&D Productions, Flatbread Pizza, and Kate McPhee's Transformational Body Therapy, with additional gifts from Mountain Top Music, North Conway Music Center, Applebees, Friendly's, North Conway Dairy Queen, and Shaws. Both nights were a complete



Courtesy

Memorial's Emergency Department Doctor Darin Brown was one of the performers in the Memorial Hospital Variety Show.

sell out with tickets purchased by both Memorial staff and the general public.

Highlights of the show included Medicinal Ambience, the band made up of Bob Croce, Nicole Tavenner, Joe Roy, Jared Landry, Darin Brown, and Rafe Matregrano, plus dance routines by Charisse Hirschfeld (with Ron Audet), vocals by Stacey Clifford, original guitar work by Ken Billeaud, and comedic sketches with Darin Brown, Claes Thelemarck, Tom Rebmann, Becky Adams, Ron Audet, and Joe Roy.

The evening also featured a game show, where contestants

included CEO Scott McKinnon and wife Kim; and five other couples from the crowd who all took home prizes donated by the sponsors. Tasty hors d'oeuvres created by the M&D staff and provided by Memorial kept the audience well fed and happy. Stage Manager Julie Lanoie, and sound/lighting by Joe Lafrance helped to make it a smoothly flowing show. Participants and audience alike had a wonderful time, and there are plans to repeat the event for its third annual happening next June.

RENEWS is an organization founded in memory of Memorial Hospital employee

Roy Estey, who died tragically in a boating accident in 2010, and provides for financial assistance to pay for water safety education and resources for area residents.

This fund was established by Memorial Hospital employees who wanted to honor Roy's memory and ensure that local children and adults who wish to safely engage in the Mt. Washington Valley's many recreational pursuits will have ready and affordable access to swimming lessons, life jackets, and water safety education. For information on RENEWS, write to RENEWS, PO Box 616, No. Conway, NH 03860.



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Charity Chatter

By Lisa DuFault

“Volunteers Needed!” - How many times have you seen those words and thought, “I wish I had the time...?” They say that a busy person doesn’t use time as an excuse but, with active lives, it is sometimes hard to find the time to volunteer. There are many ways you can help a cause that is important to you with only a small amount of time. Many non-profits rely heavily on volunteers to fulfill everyday functions as well as to carry out their special events. Those same organizations need people who are willing to jump into short-

term and infrequent projects. Can you stuff envelopes while you watch television in the evening? What about making phone calls for a short-handed organization during your lunch break? While you are running errands in the afternoon, could you make a couple of stops to put up posters? These things may seem small but, by taking them out of the hands of those who are running the organization, it frees them up to accomplish other tasks.

More than 62 million Americans volunteer each year, saving non-profit organizations a remarkable amount of money. In a class I recently attended,



Lisa DuFault

Volunteer firefighters from Bartlett and Jackson also volunteered to play basketball, in full turn-out gear, in a fund-raising game for the Bartlett Recreation Department.

I learned that an organization can get credit for the hours their volunteers put in. When seeking funding, they can actually report that the hours worked by volunteers equal salaries that do not have to be paid. But, not only does your volunteering help your chosen group, it can also help you! There are tax benefits for charitable deductions including mileage to non-profit events and donations to your

chosen organizations.

Volunteering can also help you to make new friends, increase self-confidence, fight depression and help your community. As I have mentioned on several occasions, Carroll and Oxford counties have over 2,000 registered 501(c)(3) organizations between them. There is sure to be something to interest everyone! The key is to find one that you will enjoy and that

will allow you to be an asset. Your time is valuable and the fit needs to be the right one. Ask questions about what the organizations needs are and explain what you have to offer. Don't over commit yourself to a project you are unfamiliar with. Start slow and decide if this is the organization for you – and you for it. If not, don't just fade into the woodwork. All of these organizations need and value the helpers



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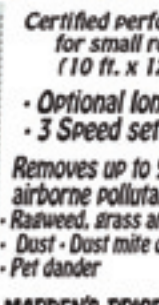
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Charity Chatter



Lisa DuFault

Altrusa of Carroll County members serving lunch to volunteer builders at the Habitat for Humanity build site.

they have and will understand if you don't feel a connection. Just don't leave them hanging by failing to show up. There are a lot of organizations here, but they all communicate with one another and will let each other know if someone does not follow through.

There are many creative ways to volunteer, including hobbies and job skills. It may be helpful to jot down a list of your interests, then to rate them by how difficult they are and how much time you have to devote to them. Once that list is completed, make a separate list of organizations you are interested in who might benefit from what you have to offer. The majority of our local non-profits (as well as national organizations) have Web sites you can look over to get a better idea of what they might be looking for in volunteers. A number of them even host volunteer programs so you can see, first-hand, what is needed.

Micro-volunteering is another unique way to help out, especially if you spend a lot of time at your computer. You can become an on-line volunteer and multi-task from your keyboard. Sparked.com connects non-profit organizations and volunteers on projects they call challenges. These are short-term, project-based needs that tech-savvy contributors can easily assist with. It could be help with brainstorming fund-raising ideas, setting up a Twitter or Facebook account, or just creating an event poster but, if you have those skills, there is certainly an organization who would be thrilled to have your expertise. With a little bit of research, you can find the perfect way to give a small amount of time volunteering for something you believe in.

Mount Washington Valley Promotions is a non-profit organization whose purpose

is to assist other non-profits in promoting their events and fundraising activities. This is accomplished via an online calendar of events, a printed newsletter, a twice-monthly newspaper column in the Mountain Ear, a weekly television program, a Facebook page and a website (www.valley-promotions.net). All Mount Washington Valley (and vicinity) non-profit groups are invited to join and submit their information to share. The calendar is updated constantly with incoming information. To learn more, contact Lisa DuFault at 374-6241, or email valleypromotions@gmail.com.

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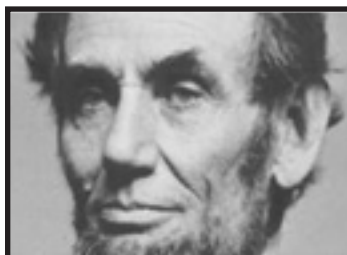
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"24/12 Hours of Great Glen" bike race takes off Saturday

PINKHAM NOTCH — More than 80 teams have registered to compete in this year's 24/12 Hours of Great Glen Bike race on Aug. 10-11. This year's Beach Party theme will bring the ocean to the mountains, with everything from tropical themed costumes and activities to a floating, sectional pontoon bridge. Teams can enjoy this whirlwind for the full 24 hour classic or try the 12 hour version-there's even a "24 Minutes of Great Glen" race for the kids!

Other activities planned for the weekend include an evening bonfire and lots more going on under the festival tent, including catering by Moat Mountain and the Fwhatza Marimba Band. There will be a Kid's Movie Night, free kayaking on the Great Glen

Pond and both the Glen View Café and Outfitters Shop will be open for business as part of the Expo under the tent.

All kinds of great prizes will be awarded in a variety of categories, including: Camp Site Award; Team Costume Award; Fastest Lap Awards and more. A bike raffle (must be present to win) and Cruiser Class raffle will also be held. Volunteers for all or part of the weekend are still needed, for which lunch and an event shirt will be provided.

Creative team names have always been a part of the 24 Hours of Great Glen and this year is no exception. Some of the more amusing ones include: "Single Track Minds"; "Shift Happens"; "Asses and Elbows" "Ducking the Diapers" and a particular favorite among the Great Glen staff:

"99 Problems and a Beach Aint One".

"This is definitely the most entertaining event we have all season. The beach theme, which will carry through the entire event, has really inspired some clever team names," noted Great Glen Trails and Auto Road Event Director Kim Hoyt. "We can't wait to see what they come up with for the costumes and decorated campsites competition-and of course the staff will be here as 'Lifeguards of the Glen.'"

For more information or to register for the 24 hours of Great Glen in 2012, please call 466-2333 or find us online at www.24hoursofgreatglen.com.



Courtesy

More than 80 teams have registered to compete in this year's 24/12 Hours of Great Glen Bike race on Aug. 10-11. This year's Beach Party theme will bring the ocean to the mountains, with everything from

MWVAA presents Art in the Park Saturday

NORTH CONWAY — Summer is here, and that means Art in the Park!

Saturday, Aug. 10, over 40 juried artists and "White Mountain Historic Art" representatives will be displaying and selling their work at Schouler Park in North Conway Village. Please join us for Contemporary Art, Fine Art Painting, Mixed Media, Fabric Art, Pottery, Photography, and even "Funky" Found Object Art...something for everyone! Historic White Mountain Art featuring Warren Schomaker, Vintage

Frame and Bill Morse.

The Mt. Washington Valley Arts Association, sponsors of this annual event, will feature a Legacy Table with an early David Baker painting with documentation, paintings by Nan White, and Robert DuIulio. A Raffle Table with over 60 items, including a Nathan Macomber hand-blown glass bowl, a Bill Morse Night Stand, Storyland passes, dinner certificates to some of the Valley's finest restaurants including the Inn at Crystal Lake, Snowvillage Inn, Corner House Inn to name a few,

and many more items.

Don't miss the Silent Auction of hand-painted artists' palettes with scenic valley, nature, and eclectic themes by our MWVAA artists. Children haven't been forgotten! There is face painting by the MWV Children's Museum and they can have their picture taken in front of a three foot artist's palette by Valley photographer Joe Viger. A few lucky children will take home an artist's beret!

We haven't forgotten your tummy...Big Love and the *Art*, to pg. 23

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Lovell's Historic House Tour

LOVELL, Maine — The Lovell Historical Society will be hosting their Historic House Tour on Sunday, Aug. 11. Four historic houses will be open for the tour from 1 to 4 pm. After all tours have concluded, refreshments (hors d'oeuvres & cash bar) will be served at the Pleasant Point Inn between 4 and 5 p.m.

The four houses to be toured are the Samuel Andrews House in Center Lovell, the Jacob Werren House also in Center Lovell, Cranberry Point at the Narrows on Kezar Lake, Millbank Manor in Lovell Village. The 1839 Kimball-Stanford House, home of the Lovell Historical Society, will also be open for viewing at the beginning of the tour.

The Samuel Andrews home on Sabattus Road is one of the oldest houses in Lovell, being built in 1810. The homestead remained in the Andrews family by direct inheritance

or by sale from father to son or mother to daughter until 1980.

The Jacob Werren House was built by one of Lovell's earliest summer residents and has had few alterations over the years. As an added attraction, the family is opening up their lakeside cottage for touring.

Cranberry Point House is a well-known landmark situated on a peninsula at the Narrows on Kezar Lake. Many will recognize this contemporary cottage as the home of the 1915 SS City of Lovell, a steamship built by engineer and inventor Fred Semple. The family Steam Museum will also be open for viewing.

Millbank Manor in Lovell Village was the home of John Wood, Jr., whose father was the most influential and wealthiest of Lovell's early proprietors and settlers. Beside the stately home, the barn and carriage house will be on tour.



Courtesy

The Samuel Andrews House in Center Lovell, where Sunday's Historic House Tour will begin.

Tickets are available for sale on the day of the tour at the Kimball-Stanford House (across from the Lake Kezar

Country Club on Route 5) from noon to 1 p.m. The price per person is \$20, and all proceeds benefit the Soci-

ety. For further information, call the Lovell Historical Society at 925-3234.

Black Eagle Jazz Band to perform at Leura Hill Eastman Performing Arts Center

FRYEBURG, Maine — Black Eagle Jazz Band will perform at the Leura Hill Eastman Performing Arts Center on Saturday, Aug. 10 at 7:30 p.m. Tickets are \$20 for adults, \$10 for seniors (65 and older) and students (18 and under). Tickets may be purchased at the Box Office by calling (207) 935-9232 or

online at www.fryeburgacademy.org/pac. Group discounts are available to parties of ten or more. The theater is located at 18 Bradley St. on the Campus of Fryeburg Academy in Fryeburg, Maine. Parking is free.

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Thoughts While Weeding

Time to pull your garlic

August opens with chilly temperatures

By Ann Bennett

The mercury dipped into the upper 40's early in the week, making for a chilly start to August. But clear days and ample sunshine continue to move the garden towards full production, with local sweet corn coming on the market and the first field grown tomatoes of the season beginning to trickle in.

Early August in the mountains of New Hampshire also brings garlic harvest time. Many folks still don't really link garlic to New England agriculture, but in fact long, cool springs and ample moisture combine to nurture bumper crops. 2013 is a case in point, with excellent bulb size and yields.

You do need to choose a variety well suited to the region, and plant cloves in the late fall rather than spring. Other keys to success are incorporating ample organic matter and keeping weeds under control with heavy mulch, but otherwise it is an easy and highly rewarding crop.

Garlic has been prized since ancient times for both its medicinal and culinary properties, stretching back to the earliest formal record of its use by the Sumerians nearly 5,000 years ago. A member of the extended allium clan, cousin to onions, leeks and chives, garlic's generic name is said to be derived from the Celtic *al*, meaning caustic—in *Chip*, from pg. 8

it and ride. When I rode it with my skinny, high pressure tires (23c at 100psi) on radial spoke wheels, I thought it annoyingly harsh. Then, I rode it on my touring bike with 37c tires at 65psi on x3 spoke wheels, and found it bearable - more of a dull rumble that decreased with speed. It boils down to what you ride and what you can tolerate. I occasionally ride sections of dirt road on my road bike; why not chip seal pavement?

However, if the use of chip seal expands to more sections of Route 302, and to other roads in the northern part of our state, then tolerance may not be enough. I happened

Workshop, from pg. 12

calendar now for two great ACT events next month: a workshop on Haitian song, rhythms and dance with ethnomusicologist Kera Wash-

ington on Thursday, Sept. 19, and a concert with the seven-woman Afro-Caribbean soul band Zili Misik at The Barnstormers on Sept. 20.

reference to its strong taste and antiseptic qualities. The common name refers to the Anglo-Saxon *gar*, "a spear," and *lac*, a reference to the shape of its leaves. In contemporary times, garlic is increasingly valued as an anti-oxidant, and research has documented its potential as a cancer preventative, along with a wide spectrum of other benefits—including lowering blood pressure, cholesterol and atherosclerotic buildup (plaque). Contemporary research also confirms what our ancestors intuited—that raw garlic is a powerful natural antibiotic, with anti-fungal and anti-viral properties.

Gilroy, Calif. calls itself the "garlic capital of the world," while in fact China is king when it comes to production and personal consumption, with close to 11 tons grown annually, which accounts for over 77 percent of global output. India (4.1 percent) and South Korea (two percent) follow, with Egypt and Russia (1.6 percent) tied in fourth place, followed by the United States.

As for growing garlic in northern New England, the crop is planted as individual cloves in late October or early November and mulched heavily for winter. Some seed catalogs and supply stores claim that garlic can be successfully spring planted, but in our Zone 5 climate, it simply is not so. Like many members of the

to talk to a cyclist from Texas at the Crawford Path parking lot last week. He was riding a high-end carbon fiber race bike with noticeably fat tires. He said nobody he knows in Texas rides on anything skinnier than 25c. Fatter tires may become the new standard if chip seal proliferates.

Get out there and try the new chip seal pavement. If you can tolerate it, no problem. If not, then you might want express your opinion to the NHDOT. Contact Larry Keniston, Intermodal Facilities Engineer for NHDOT at lkeniston@dot.state.nh.us. Make your opinion known where it might count.

ington on Thursday, Sept. 19, and a concert with the seven-woman Afro-Caribbean soul band Zili Misik at The Barnstormers on Sept. 20.

onion clan, garlic's growth is linked to day length, and bulbs begin to expand in late June, drawing nourishment from their green tops. Fall-planted cloves establish roots and small tops before the ground freezes, and the following spring, put on quick growth as warm weather arrives. This head start means they produce far larger bulbs than their spring-planted counterparts.

Green shoots of this remarkably rugged plant emerge as soon as the snow melts. As the season progresses the plant produces a deep green flag top that closely resembles a leek, and in July sends up a flower stalk. Left to mature, it diverts carbohydrates and nutrients, and will diminish bulb size, so it is important to remove the stalk when it first appears.

These tops, referred to as scapes, have taken on gourmet status in recent years, and can be sautéed and eaten green, made into a pesto and tossed with pasta, or dried for winter arrangements. The seeds

in the flower heads are called bulbils, and some seed catalogs offering them for sale to plant in fall for fresh spring greens or bulbs in two years.

By mid-July, the green flag-like tops begin to yellow and wither, and come the final days of the month, or first week of August, it is harvest time. Plants can be pulled carefully or dug, excess dirt removed and left in the garden to cure for a day or two.

Over the past several summers, high humidity during harvest time has proven a big challenge. I make sure to pull the garlic first thing in the morning, and to get it into the barn before late afternoon thunderstorms roll in. Once inside, it is spread on racks or screening to improve air circulation, or tied in bunches to hang. Ideal curing conditions equal an airy, shaded space in the 60-70 degree range. Garlic should not be field cured or dried in the direct sun, or the bulbs turn green.

As to sources, growers at

both the Jackson and North Conway farmers' markets offer fresh garlic. Weston's and other farmstands sell it as well, and there are several excellent sources of sets for planting, too. Fedco Seeds (www.fedcoseeds.com), located in Waterville, Maine (PO Box 520, 04903) is a cooperative venture that sells Maine-grown seeds and bulbs.

Fedco has a separate fall bulb catalog which includes garlic—and it sells out regularly—so make sure you order by the end of this month. Be prepared for a bit of sticker shock; the price for mail-order seed garlic is in the \$15 per pound range. At local markets, you'll find it in the \$8-\$10 range.

Harvest time also means setting aside the cream of the crop for replanting. Hard to do, but by selecting the largest and healthiest bulbs for this fall's planting, you're setting yourself up for a bumper crop of great locally grown garlic next season as well.

Entertainment

Almost There – Albany

August 9 - Simon Crawford Band/
every Friday @ 4pm

Attitash Mountain Resort – Bartlett

August 10 – Slopeside Mountain Series
- Martin England (A) 3pm

The Corner House Inn – Center Sandwich

August 9 - The Starlight Honeys
6:30-9:30pm

The Inn at Thorn Hill – Jackson

August 10 – Mike Jewel

May Kelly's Cottage – North Conway

August 9 – Dennis & Davy, 8pm
August 10 – Irish Seisium, 3-7pm

McGrath's Tavern – North Conway

August 8 - Shine It On

Rafferty's Restaurant & Pub – North Conway

August 12 – Monday Billiard-Golf Night

Red Parka Pub - Downtown Glen

August 9 - Gravel Project 9pm
August 10 - Shark Martin 9pm
August 11 - Heather Pierson 5-8pm
August 11 - Open Mic' with Ryan St. Onge

Shannon Door Pub – Jackson Village

August 8 – Dennis O'Neil
& Jon Deveneau 7pm
August 9 – Dave Rowe 8pm
August 10 – Dennis & Davey 8pm

LOUNGES, TAVERNS & PUBS

August 11 – Kevin Dolan &
Simon Crawford 7:30pm

August 12 – Jimmy Keyes
August 13 – Jimmy Keyes

Shovel Handle Pub – Jackson

August 9 – TBD 6:00-9:30pm
August 10 – Closed for private function
August 11 - Tom Dean

Wentworth – Jackson

August 9 – Ronnie Chase (D) 8pm
August 10 – Ronnie Chase (D) 8pm

White Lake Inn and Tavern – Tamworth

August 9 – Vagabond Blue 7:30-10:30pm
August 10 – Open Mic Night

White Mountain Hotel – North Conway

August 9 – Heather Pierson (D) 6pm
August 10 – Kelly Muse (D) 6pm
August 11 – Mike Jewel (B) 10am

Wildcat Inn & Tavern – Jackson Village

August 11 - Croon at the Moon
with Jonathan Sarty 7:00-9:00pm
August 13 - Headwater Guitar Circle 6:30pm
August 13 - Hoot Night Open Mic
with Jonathan Sarty 8pm
August 14 - Al Shafner 6-8pm in the Tavern

Wolverine Grille - North Conway

August 9 - The Revtones 8:30pm
August 10 - JUG 8:30pm
August 14 - Open Mic
with Simon Crawford 7pm

Calendar

SAVE THE DATE

*Art in the Park -
Saturday, August 10th -
Schouler Park, North Conway -
10:00am to 4:00pm*

Ongoing Events:

Weather Discovery Center – Free Interactive Science Museum, open daily 10am-5pm, 2779 White Mountain Highway, North Conway, 800-796-0432.

“Live from the Rockpile” – free family friendly video chat with an Observatory scientist living and working in the mountaintop weather station, offered daily at 11:15am and 2:15pm.

Contribute to the Conway Public Library Collection. \$20 Donation will purchase a book in the genre of your choice. Order form is available at the Library or call 447-5552.

Resale Shops to Benefit Animals at Conway Shelter. Retail Boutique featuring upscale clothing & accessories located in Norcross Place across from the Courtyard Café; open Tues. through Sat. 10am-3pm or The Harrison House offering a variety of domestic goods and much more; located at 223 E. Main St at driveway entrance to the shelter Shop or re-purpose your items to help the shelter. Open Tues. Thurs. Sat. & Sun. 10am-3pm. FMI call 447-5605.

Taoist Tai Chi offers classes for the beginner, continued learning and health recovery in North Conway, E Madison, Tamworth and Brownfield ME. In North Conway at the Eastern Slope Inn Plaza. FMI call 603-356-5581 or visit newengland.usa.taoist.org.

Gibson Center Carriage House Thrift Shop. Gently used clothing, house-wares, and more. Monday –Friday 10am-2ish; Saturday, 9am-1ish.

Carroll County RSVP Bone Builders, a low impact exercise program for seniors who are interested in a mild program to strengthen their bones and muscles. At the Eaton Town Hall on Tuesday and Thursday 9-10am; at the North Conway Congregational Church on Tuesday and Thursday 11am-noon. FMI: CCRSVP Monday-Friday, 8am-4pm at 356-9331.

North Conway Model Railroad Club's Open House takes place every T-TH-S from may-Oct. 18. 10am-4:30pm. In the freight house at Conway Scenic Railroad's yard in North Conway. As many as seven trains operate concurrently. Admission is free but donations are gladly accepted. FMI: www.ncmrrc.com

Train Rides by donation at the Silver Lake Railroad! Join us for an affordable, volunteer run, family fun journey through the scenic backwoods of Madison NH. On this hour-long trip we pass scenic vistas of beaver ponds, lakes, streams, and mountains. The ride departs a beautifully restored and maintained 1910 railroad station, 1941 Sterling Diner and other historic buildings and equipment. Train Rides this weekend are FRI at 5:30, 6:30, and 7:30 (SUNSET) PM, SAT 11AM, 12, 1, 2, 3 PM and Sunday 11AM, 12, 1, 2, 3 PM. Madison the Moose and her baby daughter are loose and appearing sporadically! You are cordially invited to join us for a ride!

Stay cool with summer skating lessons: Though temperatures are rising, the MWV Skating Club would like to remind everyone that we offer Summer Session ice skating lessons. Group lessons are offered for all ages and abilities in Figure Skating as well

as Learn to Skate for Hockey. Classes will be offered beginning June 30th on Sundays, Tuesdays and Thursdays. A second summer session will begin on August 4th. For more information visit www.mwvsc.org.

MWV Children's Museum 2936 Rt16 North Conway - Kids History Tree House: A safe indoor Tree House for kids to play in with the near by History Tree exhibit. Dress-up Drama Center: for Kids 0-9 can dress-up in a multitude of costumes then put on their on performance on the little stage. Thomas the Train: kids can make an electric train weave in and out of rooms. Also play with a miniature “Thomas the Train” set. Outer Space Exhibit: kids can wonder thru the outer space hallway full of “glow in the dark” views and inspire curiosity of the mysteries of our universe. FMI for all events at MWV Children's Museum call (603) 356-2992 or www.mwvchildrensmuseum.org

Mid Summer \$ 1 A Bag Sale August 3- 31 at the Thrift Shop of the Lovell United Church of Christ on Rte.# 5 in Center Lovell, ME. Shop hours are Mondays, Wednesdays, Saturdays from 10am to 12noon.

Mall-Wide Tent Sale Thursday, August 1 – Sunday, August 4. Settlers' Green Outlet Village, North Conway.

Character Appearances at StoryLand; Thursday, August 1 - Saturday, August 3 Martha the talking dog, 10am-3pm, ½ hour appearances with 15 minute breaks between; lunch 12-12:45, last appearance at 3pm. For a list of character appearance dates, visit storylandnh.com.

Thursday:

Mt. Top Music for babies (free). Babies from birth through eighteen months play interactive games involving familiar songs, rhymes and rhythm. Every Thursday from 9:30-10am. For toddlers and their caregiver's dance, play rhythm and acoustical instruments, sing and play games using familiar songs. Thursday 10:15–11:00am. FMI call 447-4737.

Jackson Public Library hosts monthly storytime; held the 3rd Thursday of each month at 10am. The program is free and open to all. Call the library for more information at 383-9731.

Each Thursday Mt Washington Valley Habitat for Humanity volunteers meet at 42 North Road in Conway to work on the current home. We provide on site construction management to coordinate the work effort. Hours are from 8:00am-3:00pm. Any amount of time you can spend on the site is helpful. Special skills are not required. Lunch is provided. If you would like to volunteer, please fill out the Volunteer Form on our web site www.mwv-habitat.org and bring it with you.

Conway Public Library. 3:30-5:00pm. The Library's after-school club for teens and tweens Bring a friend. For details call the library at 447-5552 or visit online at www.conwaypubliclibrary.org

Friday:

Madison Library; Friday morning, 10am playgroup/preschool story time. Social time for babies and toddlers, parents and caregivers, age-appropriate stories FMI Call 367-8545 @madisonlib on Twitter for a clue.

MWV Children's Museum 2936 Rt16 North Conway - Music For Tots held at MWV Children's Museum. Mountain Top Music with Sharon Novak every Friday at 11am. FMI for all events at MWV Children's Museum

call (603) 356-2992 or www.mwvchildrensmuseum.org .

BINGO! Sponsored by Theatre North, every Friday night at 6:30pm, doors open at 3:30pm. Located at St. Anne's Hall on School Street, Berlin Largest payout in the area.

AMC Pinkham Notch Visitor Center Friday Flicks! Join us for an after dinner movie. AMC Staff picks the flick, you sit back and enjoy. For details, call 466-2727.

Bingo is held every Friday night at the Lovell VFW Hall - Early Bird starts at 6:30pm.

Saturday:

Eastman-Lord House Museum tours; Memorial Day to Labor Day: Saturdays, 1-4pm; Tours are conducted by Conway Historical Society member volunteers. Reservations are not necessary, but groups are encouraged to call at least three days ahead and leave a message, 447-5551.

There will be a FREE Adult Learner Study Group meeting by appointment on Saturdays for 10am-noon at Carroll Academy, 11 Runnell's Hall, Chocorua (across from the Chocorua Library). Focus will be on all 5 content areas: Reading, Social Studies, Science, Math and Writing. FMI: Elisabeth Swiriduk at 603-323-5100. There are a limited number of seats available, so call now to reserve. Remember: You can do it!

Open Door Bible Church, 2324 Rt. 16 (next to West Ossipee Post Office). Saturday Community Prayer at 9:00am. FMI: Pastor John Donovan 508-380-0471.

Tamworth Farmers' Market from 9am-12noon in the parking lot of the Unitarian Church in Tamworth. Vegetables, herb, and flower seedlings, breads, baked goods, prepared foods for breakfast and lunch. Artisan demonstrations, live music, community fundraising. FMI: Peg Loughran 323-2368; Bob Streeter 323-2392.

Sunday:

St. Margaret of Scotland Church 85 Pleasant Street, Conway holds a weekly adult study program. The study group meets every Sunday from 11:00am to Noon, in the parish hall after Sunday service.

The early 8:30am service has begun at the Madison Baptist Church, 53 Conway Rd., every Sunday this summer. This service is in addition to the 10am traditional service and is a more family oriented contemporary service. FMI: 603-367-4705.

Open Door Bible Church, 2324 Rt. 16 (next to West Ossipee Post Office). Sunday worship at 9:30am. FMI: Pastor John Donovan 508-380-0471.

North Conway Farmers' Market from 9am-1pm North Conway Community Center. FMI: email northconwayfarmersmarket@gmail.com.

Monday:

WILD NIGHTS traveling zoo program fundraiser! Mondays in July and August at 6pm. MWV Children's Museum. 603-356-2992.

The Breakfast Club, the monthly M&D Productions' Executive Director meeting is held the 1st Monday of each month at M&D Productions, call Mark at 603-662-7591 to reserve your seat.

The First Christian Church of Freedom Ladies Guild meets every Monday (except holidays) from 9am-2pm. Join us for a few hours and bring your lunch. We make quilts that are distributed to area nursing homes and to young children in the area. FMI: NancyWogman@aol.com. We always need extra hands!

Brownfield Rec. Dept., Walking Program. Do you like to walk? Shed some extra pounds? Meet new people? Runs every Monday, Wednesday, Fri-

day at 9:30am, 3:30pm, 6:30pm at the Brownfield Community Center. No need to commit to this free program – just come when you can. Please bring your own water.

Conway Public Library offers conversational Spanish workshops every Monday evening in June. Lilly Flores, a native Spanish speaker, is generously donating hr time and knowledge so all sessions are free and open to the public. Registration is encouraged. FMI: 447-5552.

Tuesday:

Alzheimer's Support Group meets second and fourth Tuesday of each month at the Merriman House, Memorial Hospital. Caregivers will find sympathetic and knowledgeable support and advice. FMI: 356-5461 ext. 194.

The Cook Memorial Library in Tamworth holds “Stories and Songs” a story time for young children on the first 3 Tuesdays of each month at 10:30. Tech Tuesday is held from 3:00-4:00pm. FMI: 323-8510.

Overeaters Anonymous. Tuesdays 5:30-6:30pm at the Ossipee Valley Bible Church (near Napa Auto). FMI: Vikki at 323-3369.

CoDA Meetings a Twelve Step Fellowship of men and women in the development and maintenance of healthy relationships. Tuesdays at 7pm at Eastern Slope Inn, Gibson Suite, No. Conway FMI 207-283-3267 or email Bill @williambean@msn.com.

MWV Band Concerts will be at 6:00pm every Tuesday evening all summer at the gazebo next to the North Conway Community Center. Donations accepted but not required.

Great Glen Trails holds a weekly mountain biking series from 3:30-7pm every Tuesday through August 27th. Riders compete against the clock in this fun, easy going series. Register online, <http://greatglentrails.com/events> or at Great Glen Trails.

Wednesday:

North Conway Community Legal Services (CLS) has a low cost legal clinic (by appointment only) every Wednesday in North Conway. FMI 888-696-3393 or 473-2002. CLS is a 501 c 3 non-profit Check us out at www.lowpaylaw.org or www.nhcommunitylegal.com.

The White Mountain Stamp Club meets twice monthly year-round on the second Wednesday at 1:30pm and on the third Tuesday at 7:00pm at the home of Barbara M. Savary, 1724 NH Rte #16 on the corner of the South end of Bald Hill Road. Everyone interested in stamps is welcome! FMI 447-5461 or email Barbara, bmsavary@gmail.com.

Eastman-Lord House Museum tours; Memorial Day to Labor Day: Wednesdays, 2-4pm; Tours are conducted by Conway Historical Society member volunteers. Reservations are not necessary, but groups are encouraged to call at least three days ahead and leave a message, 447-5551.

“Care for the Caregiver Support Group” Self-care for those caring for a loved one at home is the focus of this support group that meets Wednesday's at the Gibson Center at 12:30pm. No registration necessary. For more information, call F. Gardner Perry, D. Min., CPC at 603-662-9552.

AMC Pinkham Notch Visitor Center Wednesday Night with a Ranger: Join staff from the White Mountain National Forest. Rangers will present a program every Wednesday in July and August. FMI: 466-2727.

Loss and Recovery Group. For those who have lost a loved one, this group meets Wednesday's at 5:30pm at Visiting Nurse, Home Care & hospice

of Carroll County, 1529 White Mountain Highway (former Lenox Bldg). Experience shows that a group process aimed toward recovery from the loss of a loved one can significantly enhance one's quality of life. No registration necessary. FMI: F. Gardiner Perry, D. Min, CPC at 603-662-9552.

Open Door Bible Church, 2324 Rt. 16 (next to West Ossipee Post Office). Wednesday Bible Study and Prayer at 6:30pm. Saturday Community Prayer at 9:00am. FMI: Pastor John Donovan 508-380-0471.

Wednesdays at Wildcat provide opportunities to explore Wildcat Mountain with a Tin Mountain Conservation Center naturalist, learning about the diverse ecology of Pinkham Notch in the White Mountain National Forest. July and August - FMI: skiwildcat.com/events

Walk –in –Wednesdays. 9am-4pm. Visiting Nurse, home Care & Hospice of Carroll County, 1529 White Mountain Highway, NC. Next to Green Granite Inn. Basic health screenings, blood pressure, foot checks, advance directives, questions about home health care services. Free and open to the public. FMI: 603-356-7006 or 1-800-499-4171.

Kiwanis Club of the Mount Washington Valley meets every Wednesday evening at the New England Inn at 6pm. Kiwanis is a global organization of volunteers dedicated to changing the world, one child and one community at a time. FMI: 603-722-7267.

Bridgton Recreation Department hosts a program for wood carvers 7-9pm each Wednesday. This program is free and light refreshments will be served. Held at 26 North High St, which is behind the old town hall in the Bridgton Ice Rink. FMI: Bob Carey at 978-290-1879 or Tom Tash at 207-647-1126.

Conway Public Library offers Summer Story Time for age 3 and under every Wednesday through August 21. No registration is necessary. Join us for: “Dig into Reading” fun with earth science, growing things, construction vehicles and dirt!

Remick Farm Museum Field & Forest Herbal Series every Wednesday in July. Learn to identify & dry herbs, infuse using dry and fresh herbs, make a tincture, and make oils. Each class fee varies; Pre-registration is required; Farmhouse Kitchen Brown Bag Meals are available 5:30-6:30pm, if reserved; workshops are 6:30-7:30pm. Call 603-323-7591 or 800-686-6117.

White Mountain National Forest “Wednesday Night with a Ranger”. Rangers present a program every Wednesday in July and August at the AMC Pinkham Notch Visitor Center. For full details, call 466-2727.

Big Bands of the 30s, Mountain Top Music presents its popular weekly music appreciation class tonight from 5:30-6:45pm at the MTM Center in Conway village. “Jazz in the 1930s”, led by Sax/Clarinet teacher and performer Mike Sakash, features lively discussion and selected listening of the Big Band sounds of the Benny Goodman, Duke Ellington, Count Basie, Glenn Miller, and other popular orchestras and soloists. Drop-ins are welcome – bring a friend; FMI: phone MTMC 447-4737.

Recurring Events

at the Gibson Center:

Mondays:

*Chair Exercise at 10:30am.

*Bowling after lunch. Board the bus and travel to Saco Valley Sports Center; bowl two strings., for only \$9.

* Yoga at 12:30pm

Tuesdays:

Valley Vision Channel 3 Schedule:
AUGUST 9- AUGUST 15, 2013
(Schedule Subject to Change)
website: www.valleyvision.com
phone: 603-356-8941

Friday, 8/9

6:00a County Commissioners
8:00a Let's Move!
9:00a Conway Rec Softball Championship game 1
10:00a Conway Library presents Butterfly program and t-shirt dying
10:30a Lost in Movies
12:00p Recreation Weekly
12:30p Breakfast with Willie
1:00p Left & Right
3:00p County Commissioners
5:00p Conway Rec Softball Championship game 1
6:00p Conway Library presents Butterfly program and t-shirt dying
6:30p Lost in Movies
7:00p Charity Chatter
7:30p Remember When: historical society grand opening
8:30p Conway Planning Board (8/8)
9:00p Arts Jubilee concert: New England Wind Symphony

Saturday, 8/10

6:00a Arts Jubilee concert: New England Wind Symphony

8:00a Let's Move!
9:00a Charity Chatter
9:30a Remember When: historical society grand opening
10:30a Conway Planning Board (8/8)
12:00p Conway Rec Softball Championship game 1
1:00p Conway Library presents Butterfly program and t-shirt dying
1:30p Lost in Movies
2:30p Arts Jubilee concert: New England Wind Symphony
4:30p Charity Chatter
5:00p Remember When: historical society grand opening
6:00p Conway Planning Board (8/8)
7:00p Conway Selectmen (8/6)
9:00p Conway School Board (8/5)

Sunday, 8/11

6:30a Arts Jubilee concert: New England Wind Symphony
8:00a Let's Move!
9:00a Charity Chatter
9:30a Remember When: historical society grand opening
10:30a Conway Planning Board (8/8)
12:00p Pastor Tim
12:30p Fryeburg Municipal Programming

Monday, 8/12

6:00a Arts Jubilee concert: New England Wind Symphony
8:00a Let's Move!

Tuesday, 8/13

9:00a Harvest Hills
9:30a Conway Rec Adult Softball Playoffs game 1
10:30a Couch Potatoes
12:00p Charity Chatter
12:30p Remember When: historical society grand opening
1:30p Conway Planning Board (8/8)
3:00p Recreation Weekly
3:30p Breakfast with Willie
4:00p Left & Right
5:00p TBA
7:00p Pawprints
7:30p Conway Rec Adult Softball Championship game 2
8:30p Couch Potatoes
9:00p Conway School Board (8/5)

Wednesday, 8/14

6:00a Conway School Board (8/5)
8:00a Let's Move!
9:00a Pawprints
9:30a Conway Rec Adult Softball Championship game 2
10:30a Couch Potatoes
12:00p Conway School Board (8/5)
3:00p Conway Selectmen (8/6)
5:00p Pawprints
5:30p Conway Rec Adult Softball Championship game 2
6:30p Couch Potatoes
7:00p Rec Weekly
7:30p Breakfast With Willie
8:00p North Conway Water Precinct (8/14)



9:00p Conway Selectmen (8/6)

Thursday, 8/15

6:00a Conway Selectmen (8/6)
8:00a Let's Move!
9:00a Rec Weekly
9:30a Breakfast With Willie
10:00a North Conway Water Precinct (8/14)
12:00p Pawprints
12:30p Conway Rec Adult Softball Championship game 2
1:30p Couch Potatoes
2:30p Conway Selectmen (8/6)
5:00p Rec Weekly
5:30p Breakfast With Willie
6:00p North Conway Water Precinct (8/14)
7:00p Art in the Park
7:30p Conway Library presents 'Critters 'n Creatures'
8:30p Conway Update
9:00p Lost in Movies
9:30p County Commissioners



*Second Tuesday each month: Blood pressure Clinics and VNA foot checks at 11:am to 12:00 and the last and blood pressure checks.

*Lunch & games at Silver Lake Landing. Lunch is at noon, followed by games or a movie.

*10:00am Strength, Balance & Stretch with Bobbi Broeme.

* Fran's Flicks, after lunch 2nd & 4th Tuesdays.

Wednesdays:

Last Wednesday of the month: Ambulance Blood Pressure Clinics from 11:45 to 12:45.

*Wii practice from 10:30 to 1:30. Practice your golf swing, tennis game or bowling. Game day at 12:30. Play bridge, scrabble, Cribbage, Canasta, Rummy or board games.

Thursdays:

*Belly Dance Class at 9:0am.

*Chair Exercises at 10:30am.

Fridays:

*Stretch, Balance & Strength. 10-11am in the activity room.

Calendar of Events

Thursday 8.8

Coffee with CONFR 8:30am at M&D Productions in North Conway. The topic is Developing Annual Appeal Letters and the Accompanying Sending and Receiving Envelopes. To register, contact Betsey Harding, betseyh44@gmail.com or 264-9068.

Freedom Old Home Week events: Green Mountain Hike, Teen Night at the Freedom Library and an Ice Cream Social at the Bandstand. FMI: www.freedomoldhomeweek.org.

American Red Cross blood drive at the North Conway Grand Hotel from 1:00pm to 6:00pm. For more information or to schedule an appointment, call 1-800-RED CROSS (1-800-733-2767).

The Arts Jubilee concert series will end with a "symphony pops" style performance with Clayton Poole and the New England Wind Symphony presenting an all-Broadway show! Broadway Classics will feature hits from over 20 Broadway shows with vocals by Patty Barkas. The evening will be hosted by the valley's own theatrical celebrity, George Cleveland and will open with the vocal/instrumental duo, Dennis & Davey at 6:00pm. Arts Jubilee's outdoor festival concerts are found at the base of the North Slope at Cranmore Mountain in North Conway. For additional information call 1-800-Sun-n-Ski.

Arts In Motion Theater Company continues performances of The Hobbit at Eastern Slope Playhouse at 7:00 pm. Tickets may be purchased at the

door or reserved and paid for in advance by calling 356-0110.

AMC Pinkham Notch Visitor Center - Stories Behind the Stars with naturalist Matt Krug discussion on the night sky followed by a trip outdoors to view the stars. Matt will show some of the major summer constellations, how to locate them, and some of the mythology connected to them. The program is for both beginners and those who are familiar with the night sky. 8pm FMI: 466-2727

Friday 8.9

Friday Painters meet every Friday from 9:00am-12:30pm begin outdoor work. Hussey Field, North Conway. Call 356-2787 or visit: www.mwvarts.org.

Believe in Books Children's Summer Theater Series "Just So Stories", 10:00am, Theater in the Wood, Intervale. presented by the Papermill Theatre of Lincoln. FMI: 356-9980.

Theater-ific Children's Theater presented by Arts in Motion Theater Eastern Slope Playhouse in North Conway Village. Children of all ages will be enchanted with this wonderful production of Sleeping Beauty, performed by the AIM troupe of young adults, at 11:00am and again at 1:00pm. Tickets at the door or by calling 356-0110.

Freedom's Old Home Week events: Friends of the Library Book and Bake Sale, Church Bike Sale, 37th Annual Arts & Craft Fair, Toe Jam Puppet Band and much more. FMI: www.freedomoldhomeweek.org.

Arts In Motion Theater Company "The Hobbit" Eastern Slope Playhouse - 7:00pm. Advance tickets 356-0110 or purchase at the door.

Land Navigation 101 presented by Mount Washington Observatory. A comprehensive course to familiarize participants with proper use of a map and compass when navigating in wilderness environments. The program includes four hours in the classroom and four hours in the field. Tickets are required and may be reserved by calling (800)706-0432 ext. 225.

Arts Council of Tamworth and The Community School offer a song-writing workshop with Athens, GA tunesmith Scott Baston of the band Saint Francis, 4:00-5:00pm at The Community School in South Tamworth. Workshop will focus on basic song structure, composition, lyrical content and presentation. Beginner to experienced songwriters of all ages welcome. Workshop is free; donations welcome.

FMI: artstamworth.org or 323-7000.

Saturday 8.10

Freedom Old Home Week Annual 5K Road Race starts at 8:00am. Other events include the Friends of the Library Book and Bake Sale at the Library and Fireman's Lobster Supper. FMI: www.freedomoldhomeweek.org.

24/12 Hours of Great Glen Mountain Bike Race & Festival - a 24 hour mountain bike race wrapped into a weekend-long mountain bike festival. Great Glen Trails Outdoor Center - Rt 16 Pinkham Notch, NH. FMI: 466-2333.

MWV Habitat for Humanity Indoor Yard Sale at the Bear Peak Base Lodge in Bartlett from 8:00am to 3:00pm rain or shine. Furniture, appliances and building materials are in abundance and all proceeds help Habitat to build more housing.

Maine Street Arts and Crafts Fair, Bradley Park, Fryeburg 9am-3pm. Rain location - Fryeburg Fair Crafts Pavillion. FMI: Jennifer Richardson, (207) 935-4509

Church of the New Jerusalem Annual Yard Sale, 12 Oxford Street, Fryeburg - 9am

Mount Washington Valley Arts Association proudly presents the annual Art in the Park. Numerous artists and fine artisans offer their work for show and sale in Schouler Park from 10:00am to 4:00pm. At the event food, music, kids activities, raffles, an auction of one of a kind palettes painted by artists for the MWVArts and fun will be provided. FMI: Call 356-ARTS.

Brownfield Old Home Day Parade, Fireman's Muster, Car Show, Cow Chip Bingo, DJ as well as a Live Band, Crafters, Inflatables for the kiddos, Water slide, Mist Tent, Tons of Food, Lots of Vendors, and even more FUN! FMI: Tara at the Brownfield Recreation Department, (207) 890-4240.

UNH Cooperative Extension for a home food preservation workshop from 9:00am-1:00am at the UNH Cooperative Extension office in Conway. Pre-registration is required. Contact Betty Lou Canty at 447-3834.

South Eaton Meeting House non-denominational service 4:00pm, led by lay minister, Tony Hampton. Traditional hymns will be accompanied by the old pump organ. All are welcome.

Arts In Motion Theater Company The Hobbit at Eastern Slope Playhouse 7:00pm. Tickets may be purchased at the door or reserved and paid for in advance by calling 356-0110.

chased at the door or reserved and paid for in advance by calling 356-0110.

Black Eagle Jazz Band - Leura Hill Eastman Performing Arts Center, Fryeburg, 7:30pm FMI: Box Office (207) 935-9232.

Forests for the People: The Story of America's Eastern National Forests AMC Pinkham Notch Visitor Center. Writer Christopher Johnson and forester David Govatski team up to tell the story of the history of that landmark legislation and its successors, how it paved the way for the survival of eastern forests, and the lessons it offers for those looking to preserve the future of these important natural resources. Join David Govatski for a presentation on this recent publication. 8pm FMI: 466-2727

Sunday 8.11

Freedom Old Home Week events conclude today with a Tennis Tournament at Purity Springs Boys Camp and the "Old Home Week Closing Service" at First Christian Church.

Arts In Motion Theater Company's final performance of The Hobbit 4:00pm matinee Eastern Slope Playhouse at. Tickets may be purchased at the door or reserved and paid for in advance by calling 356-0110.

AMC Pinkham Notch Visitor Center Brush and Pen: Artists and Writers of the White Mountains A documentary featuring the 19th century artists and writers of NH's White Mountains. 8pm FMI: 466-2727

Monday 8.12

Appalachian Mountain Club Highland Center at Crawford Notch will be hosting a viewing party for the Perseids tonight. Join them for an optional BBQ dinner from 5:00pm to 8:00pm before the event. The program begins at 8:00pm with an indoor introduction to the stars, followed by outdoor viewing ongoing through the night. FMI: call 278-4453.

Sebago-Long Lake Music Festival, Leura Hill Eastman PAC, Fryeburg 7:30 pm. FMI: Box Office, (207) 935-9232.

Weather in the Whites: A Tour of the Extremes Join Will Broussard, Outreach Coordinator for the Mount Washington Observatory for a fascinating presentation on White Mountain weather. AMC Pinkham Notch Visitor Center -8pm; 466-2727.

Tuesday 8.13

Tuesday Night is Flatbread Fund-Raiser Night! A portion of the

proceeds from all flatbreads sold tonight between 4:00pm and 9:00pm will be donated to Upper Saco Valley Land Trust.

Join the Hoopnotica Craze! Hoopnotica is a fun new dance & fitness class and a fun new way to gain physical fitness and emotional health by using hula hoops as a form of exercise. Free from 6:00 - 7:00pm at Ossipee Town Hall. This is for ages 18 and older. Classes will begin in the fall. The instructor is Hoopnotica Certified Trainer, Angela O'Keefe. FMI: Ossipee Recreation Department at 539-1307.

Rebecca Rule, New Hampshire native, a writer and humorist, presents "Crosscut: the Mills, Logging, and Life on the Androscoggin" at the Conway Public Library at 7:00pm. Sponsored by the Friends of the Conway Public Library and made possible by a grant from the New Hampshire Humanities Council. Refreshments will be provided for this free program and all ages are welcome.

AMC Huts: Past Present and Future - The Appalachian Mountain Club's Hut System is a unique institution in the White Mountains of New Hampshire. Allen Koop explores how the huts and the people who built, maintain and use them have formed a world apart, a mountain society with its own history, traditions, and legends. Presented by Allen Koop, PhD & Old Hutman. AMC Pinkham Notch Visitor Center. FMI: 466-2727.

Wednesday 8.14

Conway Public Library Grand Finale of the Summer Reading Guest Series of programs on Wednesdays at 4:00pm. The presentation is "Critters 'N Creatures" featuring live animals. This show will include animals who dig, burrow, or live underground. You might meet an armadillo, a hedgehog, or a spotted skunk. Refreshments will be served. Got questions? Call the library at 447-5552 or visit our website at www.conwaypubliclibrary.org

Each Wednesday evening in August the Bartlett Recreation Department hosts "Concerts In the Park". These concerts are FREE... bring a blanket or chair. Make sure you bring your appetite and enjoy some BBQ burgers and dogs cooked up by Bartlett Recreation Department Staff. All proceeds help defray the costs of the series. Tonight, enjoy the music of Bullwinkle Jones from 6:30pm to 8:00pm.

Science in the Mountains: Black Bear Happenings. Free, family-friendly presentation about the biology and behavior of black bears, and how to minimize negative interactions. 7pm, Weather Discovery Center, 2779 White Mountain Highway North Conway Tel: 356-2137.

A walk in the yard

By Susan M. Poirier
Carroll County UNH
Cooperative Extension
zMaster Gardener

Often after a walk in the yard, my next steps take me to the book shelf for one or more of the garden and nature books there. I've seen something that needs to be explored in greater detail; a question that needs to be answered. Sometimes I get lucky and find what I'm searching for. A recent perambulation turned up these findings.

Just beyond the edge of the yard, in the dark woods, are a dozen white beads. They are the berries of the White Baneberry (*actaea alba*), a tall member of the buttercup family. Each berry sits on its own individual stalk, just as the somewhat inconspicuous flowers did a few weeks ago. I didn't notice them, but these berries just jump out in the dark woods. Each berry comes complete with its own eye spot, which is why one common name for the plant is Doll's Eyes. My wildflower book tells me the plant is mildly poisonous and says North American Natives used the plant medicinally (although the book doesn't say how). I must remember the location so I can look for the flowers next spring.

Further along, at the side of the driveway, a thin shrub is missing some top leaves and a search quickly reveals the reason. There are three caterpillars on it, eating somewhat sluggishly and obviously not doing a lot of damage. These are wild looking critters: at the head are 4 red-orange tubercles or knobs; each side sports a row of blue tubercles and the back is covered with rows of yellow ones.

The rest of the two-and-a-half-to-three-inch body is sea green. I've definitely not seen this caterpillar before. Fortunately, when I pick up a book on North American garden insects, the same caterpillar is on the cover so I have no trouble finding its name: this is a stage in the life of a cecropia moth.

The moths themselves are pretty and quite large, five and a half to six and a half inches across. The wings are brownish gray with red bordered cross bands on the trailing edges. On the upper wings are strong eye spots which are dark and light and shaped like crescents. They look at bit like the eyes drawn on cartoons. The adults do not feed at all. After emerging from their cocoons in late spring, they seek mates and then die a few days later. Sadly, the species seem to be in a decline so the sight of three of them on one shrub was most welcome. Anything that does so little damage and is so interesting is a good addition to the yard.

My next discovery is another caterpillar; this one has joined its siblings on a cultivated milkweed plant. Compared to the large cecropia caterpillars, these little guys are practically miniscule, perhaps an inch long at most. Their bodies are hairy and black, with a wide bright yellow band. For a caterpillar, having hairy bristles is a good defense mechanism because most birds will not eat hairy bugs. The hairs end up forming a felt like mass in the stomachs. One bird has evolved a solution to the problem. The black-billed cuckoo, and its cousin the yellow-billed cuckoo, periodically grow a new stomach lining under the old one and

then shed the one with the hairy mats. Watch out milkweed tussock moth caterpillars – I've heard black-billed cuckoos calling in the night. Although there are quite a number of the insects, they are doing very little damage to the plant which goes right on flowering. I leave them alone to live another day.

Next, I check out the wild viburnums. Several of them have suffered greatly in the last few years. The imported viburnum leaf beetle has been

doing quite a bit of damage. This beetle produces a double whammy: the larval young will defoliate the shrub in the spring then a few weeks later, the adults emerge and defoliate the shrub again. After a few years of this stress, little of the shrub is alive. The one by the driveway is definitely suffering, but the one in the back flowered beautifully this spring and is now covered with clusters of small berries, just starting to turn blue. Once the leaves are gone in

the fall, I'll have to search carefully for evidence of the beetle egg clusters and cut those branches off. I'd like to save both shrubs.

I like to end the work day with a walk like this one around the yard. It's a relaxing, peaceful way to enjoy a bit of nature and Segway into evening. It can also be a scavenger hunt, a treasure seeking voyage. There's so much out there – insects, birds, plants. Each is a mini-mystery, and I enjoy the discoveries.

Food preservation workshops Aug. 10 in Conway

CONWAY — Tomatoes have taken over flower gardens, beans are sprouting next to the bee balm and more lawns and backyards are now filled with vegetables.

Even small gardens can produce an overabundance of vegetables at the peak of their harvest season. Preserving the overflow can help you store high-quality food for later use. Do you know what to do?

Canning, freezing and drying are the main methods of preserving homegrown, or locally grown, food. The method(s) you choose depend on whether you can find safe

preservation guidelines for the foods you want to preserve, whether you have the equipment and space needed to process and store your garden crops, how much it will cost, and whether you and your family like the preserved products.

Whether you're preserving food for the first time or have many years of experience, it's important to make sure you are using current, research-based methods and recipes.

Join UNH Cooperative Extension for this home food preservation workshop on Aug. 10, from 9 – 11 a.m. at

the UNH Cooperative Extension office, 73 Main St., Conway.

Pre-registration is required: Contact Betty Lou Canty at 447-3834 or email her at BettyLou.Canty@unh.edu. Registration fee: \$5 per person, pay at the door.

Ann Hamilton, Field Specialist, will cover the latest research-based methods and recipes, answer questions, and share experiences about these topics: an overview of preserving food safely at home, jams and jellies, picking, canning fruits and vegetables, and freezing and drying food.

Katherine Russell of Fryeburg named to Dean's List at RPI

TROY, N.Y. — Katherine Russell of Fryeburg has been named to the Dean's list at Rensselaer Polytechnic Institute for the Spring 2013 semester.

The dean's list recognizes full-time students who maintain grade-point averages of a minimum of 3.0 out of a possible 4.0 and have no grades below "C." Russell studies Bio-medical Engineering.

Rensselaer Polytechnic In-

stitute, founded in 1824, is the nation's oldest technological research university. The university offers bachelor's, master's, and doctoral degrees in engineering, the sciences, information technology, architecture, management, and the humanities and social sciences. Institute programs serve undergraduates, graduate students, and working professionals around the world. Rensselaer faculty are known for pre-em-

inence in research conducted in a wide range of fields, with particular emphasis in biotechnology, nanotechnology, information technology, and the media arts and technology. The Institute is well known for its success in the transfer of technology from the laboratory to the marketplace so that new discoveries and inventions benefit human life, protect the environment, and strengthen economic development.

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Take the trolley to dinner and the theatre

MOULTONBOROUGH — Molly the Trolley of Wolfeboro will be stepping out to the theatre three nights a week this summer, stopping mid-way for dinner each time at The Woodshed Restaurant in Moultonborough.

"We partnered with The Barnstormers Summer Theatre in Tamworth last summer with a similar package on Wednesday nights. It was so popular we decided to expand to include Interlakes Summer Theatre, Meredith on Tuesdays night and the Winnepesaukee Playhouse, also in Mer-

edith, on Thursday nights," announced Wolfeboro Trolley Company owners Kathy and Dick Eaton.

With three theatres involved, Molly's patrons will be able to choose from 15 different shows: "Dream Girls," "Les Miserables," "A Funny Thing Happened on the Way to the Forum," "The Full Monty," "Boeing, Boeing," "The Unexpected Guest," "Other People's Money," "Moon Over Buffalo," "Ten Nights in a Barroom," "Steel Magnolias," "Sherlock Holmes – The Final Adven-



Courtesy

Leave the driving to Molly! Trolley Dinner/Theatre trips three nights a week to three different theatres

ture," "Barefoot in the Park," "The 39 Steps" and "The Fantasticks."

The \$79 per person ticket price includes trolley transportation from Wolfeboro to the theatre, a three-course

dinner at the Woodshed, including tax and gratuity, and orchestra seating at the theatre. Dinner includes a choice of four entrees: Prime Rib, Seafood Casserole, Staler Chicken or a Vegetarian Op-

tion.

Passengers will meet the trolley at Kingswood Regional High School on South Main Street at 4:45 p.m. or at The Woodshed at 5:15 p.m. You may even call to make arrangements to be picked up along Rte 109 between Wolfeboro and Moultonborough.

Reservations are a must for Dinner/Theatre trips. For more information or to book Trolley-Dinner-Theatre tickets visit www.wolfeborotrolley.com or call 569-1080.

The evening excursions are in addition to the 45-minute narrated trolley tours of historic Wolfeboro offered from 9 a.m.-4 p.m. daily from the end of June until Labor Day, and weekends in the spring and fall.

Old Home Week Book Sale & Bake Sale begins Friday

FREEDOM — The Freedom Old Home Week Book Sale, Bake Sale and Raffle will be held this weekend at the library.

The book sale will take place Friday, Aug. 9, 9 a.m.-3 p.m. and Saturday, Aug. 10, 10 a.m.-1 p.m. at the Freedom

Public Library on Old Portland Road. The bake sale will be held Friday, Aug. 9, 9 a.m.-3 p.m. in front of First Christian Church on Elm Street in Freedom and Saturday, Aug. 10 at the Freedom Public Library.

Jazz, from pg. 18

Eagles are "so far ahead of other traditional bands...there is scarcely any basis for comparison."

The band has performed extensively all across North America, and has toured throughout Europe countless times. They have performed in New Orleans, London, Edinburgh, Belfast and Toronto to name a few. In 2011, they opened the Newport Jazz Festival to a packed house. They have been featured in concert with many jazz legends including Doc Cheatham, "Kid" Thomas, Benny Wa-

ters, Odetta and Milt Hinton, and with symphony orchestras - the Boston Pops, the Scottish National Orchestra, the Baltimore Symphony to name a few.

The band has released over 40 recordings (including the Grammy-nominated "On the River") and videos. Their music has been featured in Ken Burns' documentaries and on NPR Radio. The band has also been a guest on The Prairie Home Companion show. For more information about the Black Eagle Jazz Band, visit www.blackeagles.com.

Art, from pg. 17

Met Coffee House! And music!

Come to Art in the Park! "Take home a little piece of the valley with you." This event is sponsored by the MWV Arts Association; a non-profit organization which exists to promote the study,

appreciation and display of visual arts, particularly of the Mt. Washington Valley. Art in the Park 2013 will be a one-day-only show, rain or shine from 10 a.m. to 4 p.m.

For more information: laura@mwvarts.org or call 356-2787.



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Valley Business

Hoyt family businesses win multiple awards

Purity Spring Resort, King Pine Ski Area and Danforth Bay recognized for service and facilities

EAST MADISON — The Hoyt family is pleased to announce that three of its properties, Danforth Bay Camping & RV Resort, King Pine Ski Area, and Purity Spring Resort have recently been awarded four awards by WMUR News 9, the Boston Parents Paper, and TripAdvisor. These awards recognize the outstanding service and facilities that the Hoyts have provided to visitors and guests for over 100 years.

WMUR News 9 recently held its annual Viewer's Choice Awards and named Danforth Bay Camping & RV Resort, located in Freedom, #1 Campground in New Hampshire. Hundreds of voters recognized Danforth Bay's lakeside access to swimming, fishing, and boat-

ing (canoe, kayak and paddleboard rentals available), and top of the line amenities including three pools - saline, chlorine, and kiddie pool, rustic lakeside cabins and spacious year round cabins, private-wooded RV sites, a full recreation schedule and other family-friendly activities.

The Boston Parents Paper, a popular guide to parenting in New England, recognized King Pine Ski Area, of East Madison, as a Top-5 provider of ski lessons. The publication awarded its "Family Favorites" based on a combination of reader feedback and editorial deliberation. King Pine Ski Area currently offers a variety of winter activities. Group, private, youth, adult lessons, seasonal programs,

snow tubing, ice skating, Nordic skiing and snowshoeing. These diverse activities make it easy for all family members to get out and enjoy all that winter has to offer.

Also receiving recognition from the Boston Parent's Paper, Purity Spring Resort, located in East Madison, was named a Top-5 summer resort for families. Offering over 60 hours a week of recreation options including waterskiing, rock climbing, archery, mountain biking, hiking and more. Canoes, kayaks, rowboats and sailboats are also available for guests to enjoy. Purity Spring Resort focuses on providing families with the opportunity to create lasting family memories. Whether it is waterskiing for the first time, lobster cookout on Pu-

rity Island, breakfast cookout on Rocky Point, or just sitting on the porch enjoying the call of the loons, Purity Spring Resort has become a family tradition for many generations.

Rounding out the array of awards, TripAdvisor, the world's largest travel website, has bestowed a certificate of excellence on Purity Spring Resort. This award is the result of consistently great reviews from the people that matter the most - the guests.

"We could not be more excited to have received this recognition from so many different sources," stated Bob Hoyt, co-owner and president of Purity Spring Resort. "Every year, we put so much into ensuring our guests enjoy the best possible experi-

ence and it is immensely satisfying to see that they have."

This widespread recognition reflects well on the Hoyt family who, for over 100 years, have owned and operated the Hoyt Family of businesses. Today, the businesses encompass six properties: Purity Spring Resort, King Pine Ski Area, Traditions Restaurant, Danforth Bay Camping & RV Resort, The Bluffs RV Resort and Camp Tohkomeupog, a summer camp for boys. In the fall, The Lodges at Tohkomeupog, an economical lodging option for groups, will be added to their businesses. Five generations of the Hoyts have served as an example of innovation and passion in the hospitality field while never losing site of the importance of family values.

The Doghouse is open and ready to take care of your pets while you're away

CONWAY — Tucked away on East Main Street in Center Conway, The Doghouse Pet Daycare, and Boarding, LLC offers half and full day dog and cat daycare that provides both a socializing and enriching environment for your pet.

On July 27, manager Cindy Turner shared her passion for pet care with a ribbon cutting. The event included a Barbeque, tours of the new facility, raffle giveaways including merchandise from Lupine, planet dogs and a grand prize of a seven night stay for your pet.

The Doghouse Pet Daycare features 24 hour constant observation, three fenced in play areas-made from grass and dirt, and a climate controlled facility with air conditioning and heating. Each pet receives one-on-one time from staff members every day to ensure the pet's comfort while you're away. If your pet is not social, no worries; your pet can have alone time in the outdoor and



Courtesy

Pictured from left to right: Strummer, Ashley Eldridge, Maestro, Cindy Turner, Ciarra Marzoni, Sumo, David Charles, and Janice Crawford, Executive Director of the Mt. Washington Valley Chamber of Commerce.

indoor play areas along with more individual social time with staff members. Night boarding is available for both cats and dogs. Each dog has individual outdoor runs. Cats each have cozy condos and plenty of roaming time in the cat play room. The Doghouse is open seven days a week from 8am-6pm but take requests for early arrival and

late departures if needed.

With summer coming to an end, don't miss out on an opportunity to take a family vacation because of your beloved furry friends: The Doghouse Daycare will take care of your pets! For more information or to book a reservation, call 447-3211 or stop by at 1590 E Main St., Center Conway.



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LINCOLN WOODSTOCK Chamber of Commerce Seeks Administrative Assistant - Qualified applicant will possess a genuine desire to provide quality customer service to area visitors as well as chamber members, have the ability to problem solve and think critically, and have a high attention to detail. Some familiarity with the area and its businesses, proficiency with common computer applications, and possessing a valid driver's license and reliable transportation desired. Employment consists of 32-40 hours per week, year-round, and a schedule of Monday-Friday with the exception of occasional weekend commitments during special events. The LWCC is an equal opportunity employer. Send letter of interest, resume, and three professional references to:
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THE MOONBEAM CAFE has openings for line cook/chef, wait staff, and dishwashers. Culinary training or experience a must. Apply in person Wednesday through Sunday at 70 Main street, Lancaster, NH or call for an interview: 603-684-1140

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3. Be inoculated.

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On the Rock Pile

By Rebecca Scholand
*Weather Observer/
Education Specialist*

The higher summits saw an active weather pattern this past week. Several shortwave troughs have pushed through the region bringing rain showers and thunderstorms. Monday saw slow moving low pressure along with scattered showers and thunderstorms. Conditions cleared for most of Tuesday and Wednesday, but the end of the week saw another series of cold fronts that brought more precipitation in addition to colder temperatures.

Low pressure hovered over

the area last weekend bringing rain showers and unstable conditions early on Monday. Thunderstorms developed along a slow moving frontal boundary dropping 0.47 inches of rain on the summit Monday afternoon. By Tuesday, the cold front moved offshore causing temperatures to drop into the upper 40's. High pressure settled in Tuesday evening allowing for clear conditions Wednesday. This system lost its grip in the region Thursday when a disturbance moved in from the southwest, bringing more precipitation Thursday night. Showery conditions persisted on and off through Friday. Back to back cold fronts pushed through the Northeast Friday evening into Saturday, bringing 0.52 inches of rain over the two day span. Sunday saw chilly temperatures and strong winds with lows in the mid-30s and gusts over 70mph.

If you're looking for something fun and free to do in North Conway, why not stop by the Weather Discovery Center? It has several interactive exhibits detailing the extreme weather of Mount Washington that are great for the entire family. If you visit us at 11 a.m. or 2 p.m., you can



Courtesy

The summit as seen from the base of the Auto Road Wednesday, July 31.

even connect to the summit Weather Discovery Center North Conway Village, and is via a live video connection, is located across the street open daily from 10 a.m. to 5 and talk to an observer. The from the Eastern Slope Inn in p.m.

WEATHER

MT. WASHINGTON OBSERVATORY

Compiled by
Observatory Staff

Date	High	Low	Prec.	Snow
29-Jul	56	44	0.47	None
30-Jul	47	41	T	None
31-Jul	55	41	None	None
01-Aug	51	45	0.58	None
02-Aug	51	43	0.29	None
03-Aug	45	40	0.23	None
04-Aug	44	36	0.68	T**

Peak Wind gust was on
August 4 from the NW at 74 MPH.

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