Newfound Landing

THURSDAY, FEBRUARY 26, 2015 | FREE IN PRINT, FREE ON-LINE • WWW.NEWFOUNDLANDING.COM | COMPLIMENTARY



Bear girls dealt first loss, open tourney today

Story on Page B1

Moultonborough man claims grand prize in AVFD Ice Fishing Derby

BY DONNA RHODES

Drhodes@salmonpress.com

ALEXANDRIA — With arctic temperatures dominating the Northeast this month, there was no lack of ice on Newfound Lake last weekend, when fishing enthusiasts set out to try their luck in the Alexandria Volunteer Fire Department's 24th Annual Ice Fishing Derby.

"We had more than 400 entrants this year, which wasn't a record, but it was good. We want to thank all of them for their participation," said AVFC firefighter and derby official Jim Shokal.

Headquarters for the event were moved this year from Cummins Beach to the boat ramp parking lot at Wellington State Beach. That was a popular decision with both those participating and the many spectators who dropped by to admire their catch.

"There's lots of parking and it was easy for us to get out here to today to see what was on the leader board," said one couple who drop by every year.

First lines officially hit the water at 6 a.m. on Saturday and the final weigh-in was at 3:30 p.m. on Sunday. Over that time, there were many changes in the leader board as people came to headquarters with their latest big catch, all hoping their fish would hang in there for the cash prizes at the derby's end.

At approximately 3 p.m. on Saturday, Kevin Decarteret of Moultonborough and Tyngsboro, Mass. brought in a 27-and-three-quarter-inch lake trout that weighed in at 7.97 pounds. Looking at other fish on the board, he crossed his fingers and spent a long 24 hours hoping his fish wouldn't be beat.

"I was sweating it all night," he said on Sunday afternoon. "There's a lot of really big fish in this lake, so you never know."

It was worth the wait, though, when derby officials announced that his catch was not only the largest in its category, but it was the biggest fish caught over the entire weekend. As a result, Decarteret took home the $150 prize for the lake trout as well as the Grand Prize of $1,000.

"This is only the second year I've entered this derby, and the first time I ever even got a fish on the board, never mind win. So many things went wrong for me this weekend, but this makes up for it all," he said.

Taking overall second prize and first in its category was a 25 and three quarter inch, 4.25 pound pickerel that reeled in $650 in prize money.

Carol Morgan of St. Francis, Maine, was not one of the bigger cash winners in this year's derby, but she was certainly one of the luckiest when she took all three prizes in the Rainbow Trout category. Each of her fish weighed nearly two and a half pounds and ranged from 17 and three quarter inches to 18 and a half inches in length. There were also prizes for the top three cusk and perch.



DONNA RHODES

Kevin Decarteret and his fishing partner Sadie posed with friends for a photo of his top prize winning lake trout caught in Newfound Lake during the Alexandria Volunteer Fire Department's 24th Annual Ice Fishing Derby.

Twelve-year-old

SEE **DERBY**, PAGE A14

Plans for expansion of Hebron town offices move forward

BY THOMAS P. CALDWELL

Contributing Writer

HEBRON — The future of the Hebron Academy, the Greek Revival-style building with Gothic Revival tower elements that is a focal point for those traveling past the Hebron Common, was the subject of a presentation on Feb. 17 in the Hebron Community Hall.



The Town Offices Expansion and Refurbishment Committee held the meeting in the basement of the Hebron Union Congregational Church to bring residents up to date on the plans to consolidate most town offices in the former Academy building, built in 1839 and still in good shape, according to Norman Larson of Christopher P. Williams Architects.

The town hired Larson last year to begin developing architectural plans for the building. Voters at the 2014 Town Meeting appropriated $50,000 for the purpose, as well as agreeing to place another $100,000 into the capital reserve fund for town office expansion. Voters will be asked to do so again at the March 10 Town Meeting this year, bringing the total amount in the capital reserve fund to $400,000.

The Hebron Academy currently houses the selectmen's office, with other town functions

SEE **HEBRON**, PAGE A14

Be part of the definitive guide to your community

MEREDITH — Salmon Press Media, publisher of the Newfound Landing and Plymouth Record Enterprise, is once again preparing its annual Community Guide, the ultimate insider's source to your local neighborhood.

In addition to historical information and current statistics for communities throughout the Pemi-Baker and Newfound regions, the Community Guide includes detailed information on local health care facilities, places of worship, and community service organizations.

Any organizations that formed within the past year, or have not previously been recognized and wish to be included in the 2015 Community Guide, are welcome to submit a brief description of their role in the community, along with their contact information, to Editor Brendan Berube at record@salmonpress.com. Submissions can also be dropped off in person at our offices, located at 5 Water St. in Meredith, or mailed to P.O. Box 729, Meredith, NH 03253.

The deadline for inclusion in this year's Community Guide is Wednesday, March 18 at noon.

The Community Guide encompasses the towns of Alexandria, Ashland, Bridgewater, Bristol, Campton, Danbury, Dorchester, Ellsworth, Groton, Hebron, Holderness, New Hampton, Plymouth, Rumney, Thornton, Warren, Waterville Valley and Wentworth.

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Fire claims life of one Danbury resident, leaves another hospitalized

BY DONNA RHODES

Drhodes@salmonpress.com

DANBURY — Tragedy struck the close knit community of Danbury when a fire at 24 Railroad Drive left one resident dead and another severely burned last Thursday evening.

Firefighters were called to the residence at approximately 7:50 p.m. on Feb. 19 for what was first reported as a chimney fire with entrapment. Upon arrival, they found the home was totally involved, and a call for a first alarm structure fire was immediately placed. That was soon followed by a request for a second and finally a third alarm, bringing in crews and apparatus from 14 towns to help put out the fire.

Two people were inside the home when the flames broke out. Neighbors were able to pull one man out. He was later transported to New London Hospital for treatment of second degree burns on the upper half of his body, sources reported on Friday. Rescuers were unable to reach a woman who was still trapped inside

SEE **FIRE**, PAGE A13



DONNA RHODES

Piles of charred wood are all that remain of a home on Railroad Drive in Danbury after a tragic three-alarm fire that left one resident dead and another severely burned. Two firefighters were also injured while battling the blaze.

School Board meeting begins with lengthy non-public session

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — A two-hour delay in the start of the public meeting, due to a non-public session involving "matters which, if discussed in public, would likely affect adversely the reputation of any person, other than a member of the public body itself," resulted in the Newfound Area School Board deciding to postpone some agenda items in order to give proper attention to those requiring action on Feb. 16.

When the board reconvened in public session shortly after 8 p.m., members unanimously voted to seal the minutes of the non-public session for 50 years.

Because of the late hour, the school board moved up a presentation on Project Promise, the school district's after-school program. A misapplication of grant funds for the program, discovered last year, has forced the school district to repay some of that money and there is ongoing litigation in the matter that the board is unable to discuss in open meeting.

The board was anxious to hear how the program's new director, Autumn Fabricant, was doing and she gave a presentation leading into a discussion on the sustainability of the program that still has significant grant funding, but with the grants ending in the coming years.

Administrators had praise for Fabricant who has been establishing partnerships to improve the program which serves 441 students, 125 of them on a daily basis. Partners include Plymouth State University, the UNH Cooperative Extension, AmeriCorps, and local libraries. The program operates special programs with grants from the New Hampshire Charitable Foundation and a children's literacy grant.

The Newfound Area School District currently pays $161,119 of the $539,379 cost of the program, with major funding from two grants, one specifically for the New Hampton Community School and the other for the remaining schools. The New Hampton grant has one more year, at a reduced rate, while the other grant will expire in three years.

The school board indicated it is pleased with the program but asked administrators to come back with a recommendation on what form the program should take when the grants expire, based on parent surveys and a focus group. Fabricant noted that some portions of the program, such as transportation, are requirements of the grant but, without the grant, might be eliminated to allow them to focus on the things they found to be most important.

Also on the agenda was the ratification of a draft tuition agreement to allow Hill students to attend Newfound schools.

Before voting to ratify the 10-year agreement, the school board asked that definitions of technical abbreviations be included, as well as adjusting the numbering of the items because one item originally in the agreement had been eliminated. The changes involved identifying the terms LEA (local education authority) and CTE (career technical education) because the document used only the abbreviations.

School Administrative Unit 4 Superintendent Stacy Buckley said the attorneys for the two sides were likely to find no problem with the amendments Newfound made to the document, which Hill had previously ratified.

Hill voters will decide whether to approve the agreement at their school district meeting on March 18 and Newfound voters will vote on the agreement during the second session of the annual school district meeting on March 10.

The tuition agreement spells out how Newfound would determine Hill's base tuition rate for students attending grades seven through 12, along with the additional costs Hill would be responsible for, such as transportation, special education placements, counseling, and the cost of due process appeals. There also is a provision for the assessment of costs for future capital improvements, with Hill having the right to terminate the agreement with two years' notice after being informed of such a planned capital expenditure.

There are technical provisions for adjusting the tuition rate when actual costs do not match estimated costs, and for pro-rating tuition for students who attend non-public schools or are home-schooled but who utilize some Newfound programs.

Key provisions for those students currently attending high school elsewhere include allowing those in grades nine through 11 to continue attending their current schools if they wish, while students in grades six through eight will be required to attend Newfound unless there is a demonstrated hardship or other accepted reason for not doing so.

Newfound's vote to ratify the agreement was not unanimous, with Vice-Chair Vincent Paul Migliore of Bridgewater saying he had numerous objections to the tuitioning of Hill students. His was the only vote against the agreement.

Chair Ruby Hill of Danbury was not present to cast a vote.

The board also approved a proposed overnight field trip to an athletic leadership conference in Concord, but made it contingent upon having two adult chaperones. The original proposal called for one chaperone but Alexandria board member Sue Cheney said any overnight trip should have a second chaperone in case there was an issue that required one chaperone's full attention.

Cheney was the dissenter on a vote to approve next year's school calendar. The school board this year set the starting date after Labor Day to satisfy families that have objected to the earlier starting dates in recent years, but the proposed calendar returned to an opening day on the Friday before Labor Day. Cheney pointed out that it is considered the second-busiest traffic day of the year but Buckley said safety is not an issue and the other board members voted to accept the calendar as presented.

The board set March 5 as the date for the superintendent's evaluation.

Project Promise celebrates $2,000 grant from CLF

BY DONNA RHODES
Drhodes@salmonpress.com

BRISTOL — When school was over last Thursday afternoon, elementary students who take part in Newfound Area School District's Project Promise "booked" it over to Bristol Elementary School for a special program that was presented through a grant from the Children's Literacy Foundation.



DONNA RHODES

Storyteller Simon Brooks held elementary students in the Newfound Area School District's Project Promise program spellbound last week with his tales during a celebration for their latest grant from the Children's Literacy Foundation.

NASD's Project Promise director, Autumn Fabricant, was excited to learn earlier this winter that the program was awarded $2,000 worth of new books for their after school library.

To celebrate, she and her staff threw a party where buses transported participants from other schools in the district and their parents were also invited to join in on the fun.

Kicking things off for the celebration were the humorous tales and antics by storyteller Simon Brooks.

When all the children's giggles finally subsided Brooks reminded them that through stories they can not only travel to far off places but grow their imagination and creative skills as well.

"And if you need to get information in your life, read a book," he said.

He also encouraged the boys and girls to get their parents involved in reading along with them.

"Sneak into their room and start yelling 'Read me a story! Read me a story,'" Brooks called out to a crowd that quickly erupted in laughter and cheers.

He said he has been a storyteller for 10 years and recently began work with the Children's Literacy Foundation, which helps to promote their reading campaigns in rural communities.

"It's an amazing organization that makes sure kids get books in under-funded communities," said Brooks.

And through the recent grant, kids involved in NASD's Project Promise program got to bolster their home libraries, too, when they were each allowed to pick out two new books for their very own.

Tables around the BES gymnasium were covered with books for elementary students of all ages and reading levels.

There were books about nature, books about race cars, even books on space exploration that not only educated children but spurred their curiosity, too. Famous fiction titles were not left out of the mix either and many reached for Beverly Cleary titles, along with classics like Dr. Seuss and Curious George.

"I got a Flat Stanley book because I'm trying to collect a bunch of them, but I haven't found Flat Stanley in Space yet," said Bridgewater first grader Korey.

Miranda from Bristol was happy with her first choice, "Fancy Nancy Sees Stars."

"It's way easier for me to read right now," she said.

Bristol second grader Josh said he picked one book for himself but generously made his second selection for his younger brother.

"I got 'Trucks!' for my brother and 'Frog and Toad are Friends' for me," he said with a big smile.

Besides hearing Brooks' stories and selecting books, the boys and girls of Project Promise were also greeted by children's librarian Azra Karabegovic of the Minot-Sleeper Library.

"Who here's been to the library in the past week, the past month," she called out.

She invited those without a library card to sign up for one during the celebration and reminded parents that the library had many weekly programs, including story times and movies for families to enjoy.

"We also have the summer reading program, so come this summer, come today or come next week. And if you have any ideas for other things you'd like to see at the library, just let me know," said Karabegovic.

Besides library cards, she and members of the Board of Trustees at Minot-Sleeper also brought along pencils and other special treats for the children.

Parents who were in attendance were also invited to sit down with Brook for a brief seminar on reading with children before a pizza dinner was enjoyed by all.

Project Promise is an after school program that takes place in each of the elementary schools within the district, serving students in Alexandria, Bridgewater, Bristol, Danbury, Hebron and New Hampton.

Their daily schedule begins at 2:30 p.m. with a snack and recess so children can unwind a bit after school, followed by a homework session, a fun-filled club time and finally clean-up as they prepare for their 5:30 pick-up deadline.

"It's a great program and we invite all families to consider joining us," said Fabricant.

For more information on Project Promise, visit the district Web site and click on the Parent/Community tab.

PUBLIC NOTICE

The Hebron Select Board will be holding a Public Hearing on Thursday, March 5, 2015 at 7:00 p.m. in the Select Board Office located at 7 School Street. The purpose of the hearing is to expend funds from the Capital Reserve Fund entitled "Communications" for the replacement of computers and a printer at the Library.

Hebron Select Board,
Eleanor D. Lonske, Chair
Patrick K. Moriarty, Vice-Chair
John W. Dunklee, Selectman

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TOWN OF HEBRON
SUPERVISORS OF THE CHECKLIST
The Supervisors of the Checklist will be in session upstairs in the Selectmen's office building on Saturday, Feb. 28, 2015, from 11 to 11:30 a.m. This is the last opportunity for corrections, additions or changes to the checklist until Town Meeting/Town Elections.
Supervisors of the Checklist
Barbara Brooks Sandra Cummings Audrey Johnson

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Bristol Lions Spring Raffle

BY JOE DENNING

Secretary, Bristol Lions Club

The Bristol Lions Club is a local community service club. Its motto, "We Serve," is put into practice on a daily basis. Its members work to fund various community service activities including eyeglasses, hearing aids and other problems caused by eye and ear afflictions. While its mission is broader than that its focus is in these areas. The Bristol Lions Club works throughout the year with individuals, schools and other organizations to service those in need.

Money is raised by various community fundraisers. The Spring Raffle is one of them. Funds raised from the Spring Raffle will go towards the vision and hearing needs of the community.

The Bristol Lions Club funds all of its activities with raffles, dinners, the Kelly Miller Circus and many other community fundraising activities. Springtime brings the Bristol Lions Club's Spring Raffle. This year the Spring Raffle will be offering prizes donated by merchants, individuals and other clubs from Bristol and the surrounding community. Sponsors of this year's Spring Raffle include the Dead River Co., the Inn On Newfound Lake, Shackett's, Village Pizza, Twin River Designs, Fred's Auto Trends, Parkhurst & Co., Bond Auto. These are just a few of the many businesses that have supported The Bristol Lions Club's activities over the years.

By March 7, the first date for Spring Raffle Ticket sales, there will be several more sponsors. We thank those merchants and the individuals who own, or manage them along with the individuals who support our vision and hearing mission. Without their support we would not have been able to provide eyeglasses for students in Bristol and New Hampton who had severe vision problems. We would not have been able to support a neighbor who needed a cataract operation here in Bristol, or hearing aids for folks in Alexandria, Danbury and Bridgewater. Sight and hearing are what the proceeds of this Spring Raffle will be used for and because of your support with this raffle we were able to help these and other folks in the community. To be able to see and hear better is a life changing event. This is what we do.

The community needs and expects the Bristol Lions Club Members to continue to step up and fill the void often left by catastrophic events which result in vision and hearing problems for members of our community. Our pledge is to continue to honor this mission. The Bristol Lions Spring Raffle is going to happen again each Saturday from March 7 to April 4. Our main sales efforts will take place at Bristol ShopnSave. We plan to be there from 9 a.m. to 3 p.m. on March 7, 14, 21, 28 and April 4. The drawing for prizes takes place April 5:

1st Prize: 100 Gallons of Home Heating Oil from Dead River Co.

2nd Prize: One Night at the Inn On Newfound Lake.

3rd Prize: One Night at the Inn on Newfound Lake.

4th Prize: $100 Grocery Certificate at Shackett's.

Raffle tickets may be purchased by the general public at the Bristol ShopnSave, Andy & Sons Plumbing & Heating, Inc. Other locations may be added as we move closer to the drawing date of April 5.

Tickets will sell for $1 each, or $5 for six tickets. We encourage you to buy more than one and more than once. When you buy Spring Raffle Tickets you could win a prize, but the community always wins when you buy those tickets. Help a child, a friend, or someone who needs it to see, or hear better. Thank you for your support.

With snow piling up, safety officials urge homeowners to play it safe

BY DONNA RHODES

Drhodes@salmonpress.com



COURTESY

With winter nowhere near an end, safety officials advise everyone to keep an eye on the snow load on their rooftops and rake or shovel them whenever necessary. While snow has been dry and fluffy so far, rising temperatures or heavier snowfalls can quickly increase the weight and create a safety hazard.

PLYMOUTH — Safety officials wish to caution residents that snow is piling up fast this month, and while central New Hampshire has not borne the worst brunt of Mother Nature's fury, there is still a lot of potential for hazardous situations as snowy conditions prevail throughout the region.

Included in their advice are reminders about snow loads on the roofs of all structures, requests for people to maintain access to all doorways, and for everyone to check heating and appliance ventilation on the outside of their homes to make sure they are also clear of snow and ice.

Homeowners should also be alert to unusual sounds, new cracks in walls or ceilings, or the shifting of doorways and windows and alert safety officials should anything seem out of the ordinary.

"Thankfully, we haven't heard of any problems like that yet. People up here are pretty good about keeping their roofs cleared off," said Plymouth Fire Department's Deputy Chief, Tom Morrison.

Snowfalls thus far have been light and fluffy but as temperatures begin to warm in coming days, snow could become heavier in nature. Any sleet and rain could also increase the load on a roof, another reason to get the snow off a building now.

While there is no exact measurement on when a roof should be shoveled, flat roofs are more susceptible to the stress of snow accumulation than steeper, pitched roofs, but people should always err on the side of caution.

Morrison cautioned that besides keeping an eye on their roof, however, people should also be certain to clear snow from vents and shut off valves on the exterior of their home. Blockage of vents can cause carbon monoxide to back up into a residence, and valves, like those for propane or natural gas, should be available so they can be quickly shut off in the event of a leak.

Another good tip is to keep all entrances shoveled around any building, even if they aren't regularly used in the winter.

"You never know when you'll have to leave out another door or someone will need to get in if there's an emergency," he said.

Icicles hanging from rooflines can prove to be a safety hazard, too, Morrison said. Falling ice can cause severe injury at times and every effort should be made to remove them, most especially above doors and walkways.

Above all else, generators, gas grills and other such appliances should never be used indoors or near an open door or window.

As a result of the frigid temperatures this month, frozen pipes can also cause multiple problems. Heat tapes should be regularly inspected for cracks in their protective coating and replaced whenever even the slightest safety concern arises. Should pipes become frozen, proper safety measures should be taken to thaw the pipes before they burst and create further water problems.

An open flame should never be used to get the water flowing again, and space heaters should be used with extreme caution. Officials say licensed plumbers are often the best and safest recourse in rectifying any issues with frozen pipes.

Keeping water hydrants free of snow is an important community-wide safety measure. Only last week, a tragedy in Franklin was averted due to the fact that a member of the Franklin Fire Department had just shoveled out a hydrant in that city before a residential structure fire occurred. Access to that hydrant was critical in fighting the blaze.

Morrison said the Plymouth Highway Department does all they can to keep hydrants clear but they have also been plowing nearly around the clock lately as storm after storm has hit the region.

"It certainly wouldn't hurt to shovel a hydrant near your residence if you can," said Morrison. "I'm sure the highway crew would really appreciate any help they can get."

Officials from New Hampshire Homeland and Emergency Management are also going an extra mile toward thanking those who shovel out hydrants in their community. Residents who clear three feet of snow from around a hydrant in their town could possibly be rewarded for doing so by simply posting a photo of the cleared hydrant and its location on their Facebook or Twitter account. The photo should be "tagged" with #adoptahydrantNH and the entry will then become eligible to win an item for a home emergency kit.

Bristol Community Services hosting Spring Fling event

BRISTOL — Hop on in to Bristol Community Services the week of March 2 for our Spring Fling Event!

There may still be snow on the ground outside, but spring will be in the air at BCS. Spring clothing, shoes, accessories and decorations will all be on display. We will also have refreshments and a chance to enter a free raffle each day for a BCS gift certificate! If you haven't stopped in at our new location, this is a great time to do it, you're sure to find something for everyone! Our hours are Monday, Wednesday and Friday from 9 a.m.-2 p.m. and Saturday from 9 a.m.-noon.

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Yes, I'm busy but you can almost always find me 10 minutes before 6 p.m. on Friday nights at the Plymouth office. That's my time to see the tellers and say hi to the best local banking people around."



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CADY Corner

The faces of recovery

BY DEB NARO
Contributor

"Substance abuse does not respect age, race, finances or occupation," Dwight Davis, former NBA standout and motivational speaker, told an audience of about 35 people at Plymouth State University last week. Dwight, who has been clean and sober for 11 years, is now 65 years old. His story of addiction and recovery began when he already had established a successful career, home and marriage. Addiction took all that he valued away.

Speaking to the audience at an event hosted by Plymouth State University, CADY, and Hope for NH Recovery, Dwight described substance abuse as an "evil seductress," one that led him down a very dark path.

"My direction turned away from men who were my heroes–like my father and uncle–to men who were my contemporaries, and not all of them were making the right choices," said Dwight. "I remember thinking–I'm ok. I am paying my bills, I have money in the bank–but, I was abusing a substance every day and my life was falling apart."

Dwight's powerful story of addiction was punctuated with the despair that surrounds most drug addicts, yet his story of recovery was equally as powerful as he described the hard work and support required to turn his life around. The event was hosted as a way to raise awareness about addiction and recovery. Dwight's words were followed by a showing of the "The Anonymous People."

"The Anonymous People" is a feature documentary film about the over 23 million Americans living in long-term recovery from addiction to alcohol and other drugs. Deeply entrenched social stigma and discrimination have kept recovery voices silent and faces hidden for decades.

Focusing on changing the public perception of addiction and creating more opportunities for recovery is at the heart of this film. As mentioned by Dwight Davis–addiction does not discriminate across race, socio-economic status, or geography. The face of addiction is not the stereotype of the homeless person under the bridge with a whiskey bottle in a paper bag. Addiction impacts everyone: mothers, fathers, children, students, neighbors, friend, co-workers, employers, pretty much anyone in any community across the globe.

For more information on recovery or to located a showing of the film visit www.hopefornhrecovery.org. Hope for NH Recovery is a grassroots alliance of people in recovery, their families and friends, and concerned members of the community. Their goal is to advocate for, educate, and improve the public perception about those in recovery from substance use disorders. CADY was very pleased to collaborate with Hope for NH Recovery and PSU to bring this important event to Plymouth.

PET of the Week





WOOKIE

If you are a Star Wars buff you'll already know that Wookies are loyal and devoted friends, which really does puurfectly describe our Wookie at New Hampshire Humane Society, a gorgeous tortioseshell cat who has been living with us since November.

Brought in by a kindly animal Samaritan - we have administered all the care and comfort necessary for this darling little creature to join a loving forever home. Meanwhile, Wookie watches the world from the sumptuous confines of her special cage front and center in our shelter lobby. The sweetest little girl – who only wants to snuggle and enjoy the warm and gentle touch of humans, surely she's wiated long enough for her second chance.

Even if you can't adopt her, you could support her by participating in our newly launched Sponsor A Cage Program! Don't forget – the Annual Indoor Triathlon March 14th at Funspot. To learn more, Call 524-3252 or check www.nhhumane.org

Letters to the Editor

I will make certain your vote is heard and executed

To the Editor:

Hi. Allow me to introduce myself; my name is John Rescigno, and I am running for Selectman. I moved to Groton five months ago. What was most appealing to me about the town of Groton was the small town environment, the open space, free living, desirable taxes, and of course, the proximity to hiking trails.

My 25 years in retail management makes me an ideal choice for Selectman; I have a strong understanding of leadership, budgeting, teamwork, ownership, allocating resources and my time spent at policy writing will give you the confidence needed that what I sign has been thoroughly validated.

Having paid taxes myself, I understand your concerns for a balanced budget, progress in the town and maintaining a favorable tax rate.

As your selectman, I will listen to the voters and do all in my power to see to it that your vote is not only heard, but executed.

Thank you for your vote,
John Rescigno
Groton

Asking for an opportunity to serve the residents of Groton

To the Editor:

My name is Mark Watson, and I am a candidate for both the Planning and Zoning Boards.

I am asking for the opportunity to serve the residents of Groton. The town has made its vision and hopes for the future very clear in the most recent Master Plan Survey and December's question out about future Industrial Wind development in town. Maintaining the woodland character of Groton is paramount. Promoting the best practicable living conditions with regard to health, safety and welfare combined with protecting the environment is an extremely difficult task. I thank previous Planning and Zoning Boards for their work in preserving these fundamental goals. Groton's Subdivision Regulations are an excellent example of requirements the Planning Board has enacted to protect the town. I would like the opportunity to be a board member and continue their work.

I received a Bachelor's degree in Electrical Engineering from the State University of New York. My professional life included product design of large DC motor and generators working for General Electric Corporation. After GE, I worked in the Merchant Marine as a Chief Engineer and was certified for unlimited horsepower of steam, diesel, and gas turbine propulsion. When I retired, I chose Groton to live for its unspoiled natural beauty. I hope it always remains this way.

I fully endorse the Large Wind Energy System (LWES) Ordinance. It will provide the town with much needed Industrial Wind Turbine siting guidelines. No mater which side of the wind issue you are on, this ordinance will provide you health, safety, financial, and environmental protection. Please vote yes for the LWES Ordinance on March 10.

I will present to the town a Renewable Energy Property Tax Exemption warrant article at next year's town meeting. (RSA 72:61-72) This RSA allows towns to offer exemptions from local property taxes for certain renewable energy installations. To date, more than fifty towns in New Hampshire have take advantage of this exemption. http://www.nh.gov/oep/energy/saving-energy/incentives.htm

In closing, I believe Goton should have a quarterly report emailed to any interested resident. This report should update the town regarding projects or decisions the Select, Planning and Zoning Boards have made in the previous three months and inform residents of upcoming hearings and topics of interest.

Thank you.
Mark Watson
Groton

I will be your watch dog

To the Editor:

My name is Bill Jolly. I'm asking you to vote for me as your Selectman on March 10.

As your Selectman, I will not advocate individually on behalf of any company conducting business in Groton. I will not do anything that would appear to be outside the scope of my authority, and I will never behave in ways that might be called bullying or divisive. In other words, I don't bring you more of the same old "stuff" we've endured in recent years.

Our State Constitution says that your government must protect the individual citizen - you. I accept that role. My shift as your watchdog begins the day you elect me, and ends at the conclusion of my term.

As your selectman, I will:

• Work with the entire Select Board.

• Place the needs and wants of Groton's residents first.

• Be fiscally conservative.

• Fight to keep your taxes low.

• Consider the "long view" of the Select Board's actions.

• Be transparent whenever lawfully allowed.

• Be sympathetic to the needs of individuals, ensuring your tax dollars aren't abused.

My opponents seem like decent fellows, but each moved here just months ago. It's very difficult for us to know them, or for them to know us.

Since coming to Groton in 1998, you've seen me on your Fire and Police Departments, and as your Town Auditor. You've heard me at Select Board, Planning Board, and Town Meetings. I understand our town's history, successes, and challenges.

Professionally, I bring decades of business, finance, and paralegal experience. With 28 years of military service, I have extensive training and expe-

SEE **LETTER**, PAGE A5

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18TH, 2014

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Letters to the Editor

I want to help Groton move forward, but preserve its small town traditions

To the Editor:

My name is Otto Jespersen, and I'm campaigning for the Groton Select Board. I live here with my wife and son. I have lived in New Hampshire for over 40 years, mostly in a small town like Groton. We moved here because of Groton's charm and rural values, and intend to live the remainder of our lives here.

Since coming to Groton, it has been my desire to give back to the community, as I have done in the past as a volunteer firefighter, EMT and 911 Dispatcher. I currently serve on the Conservation Commission, as well as attending weekly select board meetings. I have degrees in Business Administration, Electronic Engineering and Computer Science.

I'm asking for your vote to lend my knowledge, talents and experiences to the Town of Groton. With my conservative way of thinking I have no doubt that we, as a community, can move Groton into the future while staying firmly rooted in the traditions that make Groton a great place to live. As your Select Board member, I will listen to all opinions and promote the voice of the voters. My vision for Groton is to keep the town's uniqueness intact. This can be done by minimizing taxes, preserving our natural resources and keeping Groton a safe place for all to live. While open to change we must be mindful and cautious that the changes are enacted carefully to preserve Groton's character and uniqueness.

I would appreciate your vote on March 10 as we look to the future in Groton.

Regards,
Otto Jespersen
Groton

Vote Leslie Dion for Bristol Select Board

To the Editor:

Next month, the voters of Bristol will have the opportunity to elect to their Select Board a person who over many years has given tirelessly to the community.

Les Dion's list of active involvement in our town is a long and admirable one.

For many years she has successfully guided the Tapply-Thompson Community Center as its director. She is on the boards of the Plymouth Regional Chamber of Commerce and CADY (communities for alcohol and drug free youth). Les is also a past president of Rotary and member of Bristol's Parks & Recreation, Events Group and Kelley Park Commission. She has been the chairperson for the Newfound Area School Board and served on Bristol's Long Range Planning Committee.

For all of these efforts it's not surprising to understand why she was recently awarded the James C. Hobart Award given out each year to the person who exemplifies the spirit of volunteerism in the community.

Since I have known Les, she has been a fair minded, intelligent, and compassionate person who just seems to make every group dynamic that she is involved with the better for her presence. As Bristol moves forward, I can't think of anyone who has more experience and is better suited to help guide and improve our community.

Please join me in support of Les Dion this coming Election Day on March 10.

Paul Fraser
Bristol

Letter

FROM PAGE A4

rience in leadership and management and I understand the difference.

As your Selectman, I'll work tirelessly for you to reduce your taxes, prevent excessive town regulation, and keep your town's rural-residential character intact. Ours is a wonderful town. Let's keep it so!

Please visit my website www.IVoteBill.com , and my Facebook page https://www.facebook.com/billforgroton . I welcome your questions and your comments, and promise to respond to you.

Please vote for me, Bill Jolly, as your Selectman, this March 10. Thank you very much!

Bill Jolly
Groton

I promise to move Bristol in a positive direction

To the Editor:

My name is Leslie Dion, and I am running for the open seat on the Bristol Select Board. I have spent my life in the Newfound Community, and am a proud graduate of Newfound Regional High School. I spent six years on the Newfound Area School Board, and enjoyed the challenge of working with a diverse group of people towards a common goal.

I am a believer in community building and collaboration, and have been involved in many community projects over the past 20 years. I was the chairperson for the Multi Use Path Project, am a Board member on the Plymouth Regional Chamber of Commerce, a member of the Bristol Rotary Club and active on a number of other local and regional committees.

I have considered running for the Select Board a number of times over the years, as I am interested in town government and have strong budget and managerial experience. I am a creative problem solver, and have good collaboration skills. I have had the opportunity to attend or view many Select Board meetings in the past year. I believe that our Select Board is at a crossroads, and that they are currently not able to work as a team to do the business of our town. I find this disheartening.

I have no agenda for seeking a position. I have proven myself to be a fair, impartial and supportive partner in my collaborations with the town. I feel that I can bring a balance to the current board that will allow us to continue to move forward in a positive direction as a community. It is my opinion that our community has done many positive improvements over the past decade, and I would like to see us keep moving in that direction. In my experience, nothing good can come from working in a negative environment, but much can be accomplished when people feel valued for their contributions to their community. If elected, I promise to work in a positive manner to keep Bristol the wonderful town that I believe it is.

Respectfully,
Leslie Dion
Bristol

Alexandria, vote "yes" on Article 16!

To the Editor:

My name is Leslie Thompson and I have been a resident of Alexandria for just two years, but almost immediately after we moved here….the specter of an Industrial Wind Project in our backyard… loomed large! We moved here because we found the perfect house in the perfect spot where we could enjoy endless acres of woods, wildlife galore, and even a babbling brook just below the bluff where our home sits.

All of a sudden, we are confronted with both a huge, industrial wind project that will change the landscape and the realization that in the current legal/political climate, we have little to say about Alexandria's environmental future. That means there are two parts to this fight: 1) to protect the rural and environmental health of Alexandria and 2) to assert our right to shape our town's character. Both points are important and both issues are worth the fight.

Last year, a majority of us voted in the first Community Bill of Rights (RBO)…awesome! In the ensuing year however, we have learned a lot about the powers of corporate industry and realize that we need to close up some gaps not foreseen in the first RBO. We have all been scratching our heads for the past year as to WHY in the world an Iberdrola or an EDP would spend the enormous amounts of money necessary to build a MET tower, collect a year's worth of data, just to be told they are not permitted to go forward. We have to stop them before they even start and more importantly, we have to assert our right to shape our town today and forever.

On March 10, the town of Alexandria will vote on an additional RBO that would prohibit Wind Resource Extraction activities and further define our position on Industrial Wind Projects in our community. Let's all stand together again…vote yes on Warrant Article #16!

Leslie Thompson
Alexandria

Don't let the opportunity to protect Chapman Lot as a town forest slip away

To the Editor:

The residents of Alexandria have an opportunity to protect approximately 50 unspoiled acres of land that has been owned by the town for more than 30 years.

Warrant Article #10 on the town ballot of March 10 requests the residents to approve that the property known as the Chapman Lot, formerly owned by Mr. Pitman, located at the end of Hutchins Hill Road, be designated as a "Town Forest."

Under RSA 31.11, New Hampshire authorizes towns to establish Town Forests by vote of the town residents. There is evidence that this was done at the 1987 Alexandria Town Meeting; however, the official minutes of that town meeting cannot be located, and without written confirmation, the town is reluctant to move forward; therefore, a new warrant (Warrant Article #10) appears on the 2015 ballot.

The intent of a Town Forest is defined as: "to encourage the proper management of timber, firewood and other natural resources through planting, timber stand improvement, thinning, harvesting, reforestation, and other multiple use programs consistent with the forest management program, any deed restrictions, and any pertinent local ordinances or regulations." Although Town Forest land is primarily created for the management of timber resources, which can provide ongoing income to the town, enhancement of wildlife habitat, development of recreational opportunities and other activities consistent with the objectives defined by the forest management committee can also occur as a result of the management efforts.

Establishing a Town Forest will conserve and protect the property for future generations to enjoy, and will ensure the preservation of a significant number of natural resources, retention of important unfragmented land, maintain wildlife habitat, and protect the inherent beauty of the landscape. The Alexandria Conservation Commission strongly supports this action, and urges residents not to let this opportunity to generate ongoing revenue for the town and provide a special place for our residents to enjoy, slip away.

Steve Whitman
Alexandria Conservation Commission

TOWN OF RUMNEY
Full-Time
Police Officer Position

The Rumney Police Department has an opening for a full-time police officer.

- Applicants must be 21 years of age or older and must successfully complete a full background investigation, psychological evaluation, a physical agility test, medical and polygraph examinations.
- Applicants must be full-time certified or be able to complete the N.H. Police Academy to become certified.
- **Certified officers are encouraged to apply.**

The starting salary range for this position is negotiable depending upon experience.

Benefits include: Medical Insurance; NH Retirement; Short-Term Disability

Deadline for submissions is **March 13th, 2015**

Send resume and cover letter to:
ATTN: Chief of Police
PO Box 175
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Ayotte announces reelection campaign at PBVRC event

LINCOLN — United States Sen. Kelly Ayotte spoke to an enthusiastic standing-room only audience as she announced she would seek reelection at the Indian Head Resort in Lincoln. The event was organized by the Pemi-Baker Valley Republican Committee.

Ayotte is sponsoring a bill that will put restrictions on releasing terrorist detainees at Guantanamo Bay (GITMO) in Cuba. President Obama has promised to release the prisoners, and close the facility since he was elected in 2008. Ayotte is concerned that by releasing terrorists we end up sending them back to fight against us and our allies. Thirty percent of those detainees released, according to Ayotte, have gone back to fight for terrorist groups or are suspected of rejoining these organizations.

Ayotte has grave concerns about our foreign policy, specifically in the Middle East. Ayotte stated how worried she was when the President refused to leave behind a small military force in Iraq. By leaving the country vulnerable, Ayotte said the situation helped create an opportunity for ISIS to grow and terrorize the region.

On domestic policy Ayotte spoke of her concerns regarding the President's State of the Union speech. The Senator pointed out that if all his proposals were adopted the United States the national debt would increase by trillions of dollars. Ayotte said before long the interest on the debt will cost Americans more each year than what we will be paying for defense.

Ayotte spent much time before the dinner meeting with constituents, listening to their concerns and answering questions.

Master of Ceremonies for the evening was State Sen. Jeanie Forrester, who received special recognition for her work from the Pemi-Baker Valley Republicans. Also attending the event were National Committeewoman Juliana Bergeron, Deputy Speaker of the House of Representatives Gene Chandler, Senate President Charles Morse and Executive Councilors Joe Kenney and Chris Sununu.

US Sen. Ted Cruz of Texas will be the keynote speaker at the Annual Lincoln-Reagan Day Dinner hosted by the Grafton County Republican Committee on Sunday, March 15 at the Indian Head Resort in Lincoln. Tickets are $50 per person, and include dinner. For reservations, contact Bruce at 823-5578, ext. 1012 or bsp@bmsi-fund.com or Peter at 254-9791 or vicechair@graftongop.org.



COURTESY

United States Sen. Kelly Ayotte spoke to an enthusiastic standing-room only audience as she announced she would seek reelection at the Indian Head Resort in Lincoln.

Obituaries

Elaine Helen Ropiak Ward, 82

HOLDERNESS — Elaine Helen (Ropiak) Ward, 82, passed away, Friday, Jan. 30, 2015, after a period of failing health.

Elaine was born Dec. 29, 1932 in Milwaukee, Wisc. to Frank and Frances (Libecki) Ropiak. She graduated from Penns Grove Regional High School in Penns Grove, N.J. Elaine then attended Penn State University and received her nursing degree. While at Penn State, she met her late husband, Charles Seabury Ward, and the two were married.

Elaine spent most of her adult life living in Lexington, Mass., where she raised her four children. She worked for many years as a nurse for Brigham & Womens Hospital, Mass Eye & Ear, and Mass General Hospital. She later became a nurse anesthetist. Before she retired in 1995, she was a part of owner of the Womens Health Clinic in Brookline, Mass. When she was younger, Elaine enjoyed gardening, cooking, and swimming. She also enjoyed tv, reading, politics, and following the stock market. She adored her two grandsons, Alden and Samuel. She will be remembered for her courage and strength during difficult times, as well as her generosity to her family and close friends. She moved to Bridgewater from Lexington, Mass. in 2011, to live with her son Daniel and his family. There she was able to spend time with her youngest grandson, Samuel, where they liked to talk about their day together and play catch.

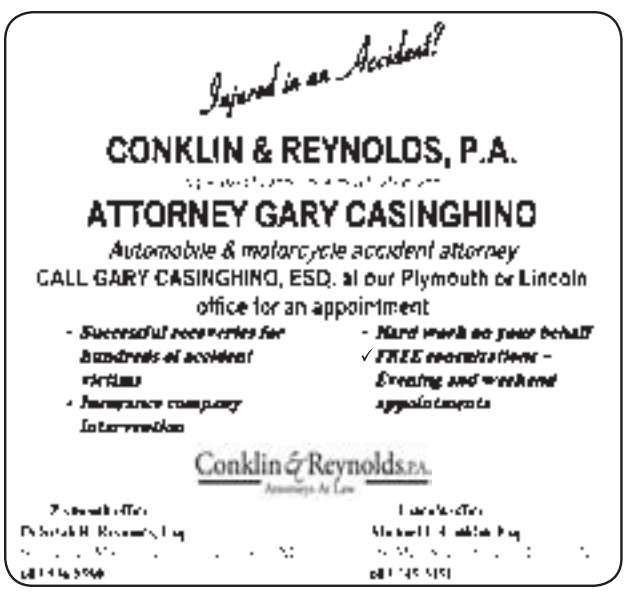
Her final days were spent living in Alexandria, at the home of her nurse, Christine Rhude.

Elaine is survived by a daughter, Charlaine Ward, and son-in-law Dave Grandmont of Brockton, Mass.; a son, Alden Seabury Ward of Homestead, Fla.; a son, Daniel Wilcox Ward, and daughter-in-law Wendy of Bridgewater; two grandsons, Alden Wilcox Ward of Reading, Mass. and Samuel Wilcox Ward of Bridgewater; a brother, John Ropiak of Carneys Point, N.J.; sisters Rosalie Benson of The Villages, Fla., and Katherine Hill of Alabama, as well as many nieces and nephews.

In addition to her parents and her husband, Charles, she was predeceased by her son, Thomas Ward; two grandchildren, Christopher and Noelle Ward; and brothers Stan and Frank Ropiak.

A memorial service will be held Saturday, Feb. 28, 2015 at 1 p.m. at the Holderness Community Church, Rt 3, Holderness where Mrs. Ward's son, Daniel, is the pastor.

Emmons Funeral Home of Bristol is assisting with arrangements.



Sustainable Danbury discussion group takes root

Next meeting March 7 at 2 p.m. in Grange Hall

DANBURY — The next meeting of the Sustainable Danbury discussion group will be held March 7 at 2 p.m. in the Grange Hall following the Danbury Winter market sponsored by Blazing Star Grange. The blizzard date for both of these events is March 14.

After each of the 2015 Danbury Winter Markets, individuals interested in pursuing a self-sustaining lifestyle for themselves and the community have come together to explore such topics as recycling, allocating food resources, building a stronger local economy, ensuring a safer food supply, and collaborating and networking with regard to farm and land usage.

Some of the topics and suggestions that have already been addressed are:

Use and expand upon resources such as the Danbury Food Pantry and Feed the Freezer programs that feed an insecure population.

Investigate composting at a town level.

Envision unique edible landscapes for the town.

Encourage people to create a home garden through community demonstration gardens.

Keep dollars in the community by buying from local farms and businesses.

Encourage a safe food supply by buying from local farms. A layer of risk is added each time food changes hands.

Research local land use and use data as a guide for future possibilities.

Encourage farm networking to foster cooperation rather than competition.

Share personal knowledge and expertise among members of the community.

During discussions, the town of Danbury came often to the forefront as an example of a small town whose uniqueness and sense of community could be a model for a program that would connect an entire community.

If you would like to be added to the contact list, please send your information to donnaardena@gmail.com or call Donna at 768-5579. Mini discussion groups have already been formed, so if there is an area of interest you would like to explore, Donna will be able to connect you with that particular group.



COURTESY

Phyllis Rockwell, owner/designer of clothing from Newfound Clothing Company, shown at her winter market booth.

Newfound Clothing Company unveils 2015 spring designs at next Winter Market

DANBURY — On March 7, the Danbury Winter Market, sponsored by the Blazing Star Grange, marks its halfway point in the six-market winter season. If winter is half over, then spring is surely coming soon! Dare we hope?

The market, with 17 vendors, offers a wide variety of farm, food, and craft items, including meats, baked goods, produce, honey, chocolate, and many hand-fashioned items ideal for gift giving.

This winter, Phyllis Rockwell of The Newfound Farm Clothing Company has been busy sewing and designing her spring line featuring petticoats, both traditional and overskirt pairs, some with coordinating blouses, that promise to be all the rage this year. Each item is beautifully crafted from interesting recycled materials and fun vintage decorations. Come and see what Phyllis does with dad's old shirt, Mom's cast off sweaters, and Aunt Minnie's button and lace collection.

And don't forget to attend the new Sustainability discussion group that meets in the hall after the market at 2 p.m. The group is gaining momentum in their efforts to make Danbury, and the surrounding areas, a better place to live in terms of healthy foods and a concern for the environment.

The winter market is held in the Grange Hall, 15 North Road in Danbury from 9 a.m. -1 p.m. on the first Saturday of every month. A hot breakfast and lunch is served downstairs in the Blazing Star Bistro. For information, you may call Donna at 768-5579 or email donnaardena@gmail.com.

Area students make the Dean's List at RIT

ROCHESTER, N.Y. — The following local residents made the Dean's List for fall 2014-2015 semester at Rochester Institute of Technology:

Kelly Meegan of Bristol is a fourth-year student in the industrial design program in RIT's College of Imaging Arts and Sciences.

Kate Mcafee of Ellsworth is a second-year student in the film and animation program in RIT's College of Imaging Arts and Sciences.

Degree-seeking undergraduate students are eligible for Dean's List if their term GPA is greater than or equal to 3.400; they do not have any grades of "Incomplete", "D" or "F"; and they have registered for, and completed, at least 12 credit hours.

Letters to the Editor

To all the Bridgewater & Plymouth EMS/EMT personnel

To the Editor:

Finally, and way overdue, I have the chance to thank you all for the help you've given me since I moved to Plymouth from Bridgewater.

The EMS service in Bridgewater waved goodbye and probably figured that it wouldn't be long until I introduced myself to the Plymouth EMS. It only took a few months until I had to dial those life saving numbers again. The good part was, the ride to the hospital would be a lot shorter, and that was good for all us. So, for those of you that still smoke, are using an old smokey wood stove or are planning to start, just watching me should be a good enough reason not to ever start. But you could also keep these guys in constant practice. Starting in February of 2011 until last week, I think I've called and taken about 10 rides in the local ambulances and I keep coming back due to my chronic COPD and bad lungs. There should have only been that one ride back in February of 2011, but nothing in life has a guarantee.

On a side note, I'm really disturbed about that lady from New York City who wasn't able to be saved, despite all the heroic efforts of the hiking community. She paid her price, and her husband will be paying his for a while. The bottom line is that it never should have happened to begin with. By putting herself first and by not thinking and turning back at the first chance she had, she could have cost others their lives. Accidents do happen, but preventable accidents shouldn't get the chance. Having been on both sides makes me believe in the laws of Karma. As for the rest of us, we should just feel really lucky to have a group of dedicated people, many working for free, who will put you before themselves.

Jon Hoyt
Bridgewater & Plymouth

Alexandria

Judy Kraemer 744-3532
judy7@metrocast.net

Solar heat

Daylight showed the trees all coated with the overnight snow. The sun came out and cleaned all the branches. As it got higher in the sky, it loosened all the snow from the metal roof, scaring the kittens with the noise and the shower they could see as it was falling. The noise catches me off guard, also. But with this winter's snowfall I am once again glad that we followed the elder's wisdom and put on the metal.

From the town

Alexandria Selectmen's Meeting, Feb. 17, 2015

Items Reviewed and Signed

2014 Annual Facility Report (Transfer Station and Recycling Facilities)

Abatement Reply 2014-14: map 418 Lot 62-1.1

Letter to Trout Unlimited regarding Patten Brook restoration work

Notice of Intent to Cut 14-005-30 Map 407 Lot 43 Sharp

Notice of Intent to Cut 14-005-31 Map 407 Lot 36 Piascik

Business

The Selectmen discussed a letter received from Lakes Region Public Access Television requesting financial support; Mr. Sharp made a motion to decline the request, Mr. Broome seconded, all aye.

The Selectmen discussed a letter from Lakes Region Planning Commission regarding LRPC Executive Director Status.

The Selectmen discussed a letter from NH Road Agents Association regarding the following items (additional information on both programs is available in the municipal building and on the town's website):

NHRAA Scholarship Program. Two $1,200 awards will be given to a graduating senior or a student currently enrolled in a post-secondary institution who is the son or daughter of a NH Road Agents Association member, which includes the entire municipality.

_Public Works Employee of the Year Award. Sponsored by Howard P. Fairfield, the NHRAA annually honors one member of the public works community who has performed exceptionally well in their job – above and beyond the call of duty. If you know of such an individual, they encourage you to nominate him or her for consideration.

The Selectmen discussed a notice that was received regarding the nonrenewal of insurance for the Alexandria Volunteer Fire Department; Chief Chevalier stated in an email that this has been addressed by Fran and the policy will be renewed.

The Selectmen discussed a letter received from the Lakes Region Planning Commission regarding the Lakes Region Transportation Improvement Program, 20

15 Update; no decisions were made regarding the letter.

The Selectmen discussed a notice received regarding an upcoming ICS 402 Training Opportunity for town officials; the Selectmen will review their sch

edule to see if they can attend.

The Selectmen reviewed an estimate received replacing fluorescent lights with LED lights in the municipal building. After discussion, Mr. Broome made a moti

on to change the lights in the Selectmen's Office; Mr.Tuthill seconded; all aye.

The Selectmen discussed an email received from Erin Darrow, Right Angle Engineering, regarding grant program being offered by HUD; the Selectmen request ed that Erin Darrow be invited to discuss the information with them at the next Selectmen's meeting.

The Selectmen discussed the NH DOT Red List Bridges Report that was received; Alexandria still has three bridges on the red list: Brook Road over Brock Brook, Knowles Hill Road over Brock Brook and Cole Hill Road over Fowler River.

The Selectmen discussed a letter received from Big Green Recycling regarding changes to fees charged.

The Selectmen discussed an email received from Michelle Sanborn regarding concerns about the UNH Cooperative Extension.

The Selectmen read a notice regarding the Local Energy Solutions Seventh

Annual Conference being held on March 21.

The Selectmen discussed a letter received from Lakes Region Mutual Fire Aid regarding changes to interest charges on overdue bills; the Town should

not be effected by these changes.

The Selectmen reviewed a letter received from the NH Department of Revenue Administration letter regarding 2014 Measuring & Listing Inspection Monitoring.

Public Input

Jennifer Tuthill provided a letter to the Selectmen regarding warrant articles past in prior years limiting the application of chemical defoliants and requesting that National Grid be informed that all work involving trimming and eliminating unwanted growth be done by hand.

Bridgewater

Kathi Gickas
Kbegor09 @gmail.com

Saturday, Feb. 28 at 11 a.m., the Supervisors of the Checklist will hold their final session for registering to vote before Town Meeting Voting Day, March 10. The Supervisors will at the Bridgewater Town Hall on Route 3A. If you are unable to make it that day and need to register, you may do so on the Town Meeting voting day. As a reminder all voters must provide I.D. on voting day.

Town Meeting is March 10. Voting for town officers, zoning amendments, Newfound Area School District budgets and warrant articles will take place at the Bridgewater Town Hall from noon to 6 p.m. The Town Meeting will begin at 7:30 p.m. All residents are encouraged to vote and attend the town meeting. Several important warrant articles will be voted upon this year during town meeting.

We would like to extend a special thank you to the Bridgewater Highway Department. February has been very busy for the department. Long hours of plowing and treating the roads to keep them safe.

Bristol

Ruth Whittier
ruthwhittier@yahoo.com

Attention, Bristol businesses

There is a short survey on the Town of Bristol Web site. Go to www.townofbristolnh.org Could you please help us in better serving the businesses that are, and the businesses that will be, in Bristol in the future. Thanks! Economic Development Task Force

Voting Day March 10

Voting Day is Tuesday, March 10 and will be held at the Marian Center located at 17 West Shore Rd. at the foot of Newfound Lake in Bristol. The polls will open at 8 a.m. and will close at 7 p.m.

On Saturday, March 14 at 9 a.m. we will meet at the high school auditorium to vote on the remaining articles.

Minot Sleeper Library

Please welcome Azra Karabegovic our new Childrens' Librarian!!

Azra Karabegovic is our new Minot-Sleeper Library Childrens' Librarian. Born in Bosnia, she moved to Laconia when she was four years old. She graduated from Mount Holyoke College in 2013 with a degree in History and Politics. Last year, Azra volunteered with Americorps for a Pennsylvanian Middle School. Her love of libraries started early; she worked as a page for the Laconia Public Library in high school. She is excited to join the Minot-Sleeper because it combines several of her interests including education and literacy. Azra wants to meet patrons new and old, so please do not hesitate to come in and say hello!

Know Your Numbers

On Wednesday, April 15, 2015 HealthTrust will be sponsoring a regional biometric screening at

Newfound Regional High School Cafe in Bristol, NH from 2-6 p.m. Regional biometric screening sites will allow you, your covered spouse and/or your covered dependent children age 18 & older to attend to an event close to where you work or live and earn $50 for "knowing your numbers."

Once again, HealthTrust has partnered with Occupational Health Wellness Management (OHWM) to host regional biometric health screenings. If you choose to attend a screening, a medical professional from OHWM will administer your screening. You will have a blood test first (a finger stick – no fasting required) to measure your levels of blood sugar (glucose) and total cholesterol, HDL and ratio. While your blood is being analyzed, the same medical professional will take your blood pressure, calculate your body mass index (BMI) using a formula that incorporates your height and weight, and slip a tape measure around your waist to note your waist circumference. You will then review your screening results together. After the screening, your biometric health screening results will be sent securely from OHWM to Onlife Health to be loaded into your Health Assessment (HA). If you have already completed your HA, your screening results will be entered automatically into your HA. A new wellness report will be created and you will be sent a check for $50. If you compete the biometric health screening before you fill out your Health Assessment (HA), you will need to complete the HA in order to receive the $50 biometric reward. Activation kits for the 2014 Slice of Life program were mailed at the end of December and will include information on how to complete your HA.

Preregistration is required. Log on to www.healthtrust.occupationalhealthwellness.com to register. To verify your eligibility you will need to provide your legal first and last name and your date of birth. After your eligibility is confirmed you simply select the screening site you would like to attend and the appointment time that best fits your schedule. Appointments are on a first come first serve basis and are approximately 15 minutes long. If you provide your email address during the registration process you will receive an email confirmation that will include your appointment date and time. You will also receive two reminder emails – one a week prior to your appointment and one 3 days prior.

Questions… Call HealthTrust at (800) 527-5001.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

Annual Turkey Raffle

The DCC held their annual Turkey Raffle on Saturday, Feb. 21 at 7 p.m. at the DCC. There were less in attendance than hoped, having only enough to run one set of numbers. There is meat left which is available at cost. If you weren't able to attend their yearly fundraiser, donations to the event are still welcome. Many thanks are sent to those that came and to the businesses and community members that donated items. For information, contact the DCC at 768-3424.

Blazing Star Grange

The grange met on Feb. 19 with ten members in attendance. The community service committee showed their first completed lap quilt to the group and shared who would be the recipient. On Tuesday, Feb. 24, the group will meet again to continue the project. The committee also has free yarn for anyone that

SEE **TOWNS**, PAGE A9





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Towns

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would knit or crochet lap robes for the project. On Monday, March 9, the group will meet at the Huntoon Farm commercial kitchen to bake up items for the Grange's annual sale on town voting day, Tuesday, March 10. For those that can't come help, donations for the bake sale would be appreciated. The funds from this sale are used to support Grange Community Service projects.

The grange voted to buy a large screen which will take up much of the grange stage. This will be used for the first time on April 4 at 7:30 p.m. for the silent film showing accompanied by Jeff Rapsis. The screen can be also be used outside, for presentations and future films which might be obtained for educational or entertainment purposes.

The lecturer, Liz Hewes, discussed the play she is writing to bring information to people about the grange. She welcomes help on both writing and acting. The next grange meeting is March 5 at 7 p.m. at the DCC.

Danbury mourns

The Danbury community has been shaken up by the tragic fire at the Martin home and the death of Sue Martin, who was a loving and giving member of the community over the past 40 years. Dean is in Boston recovering from burns obtained in the fire. He is alive because of the selfless actions of people in the right place at the right time. When Dean is healed, there will be celebration of Sue's life. Sympathy is extended to Dean, Tim and Paul.

Dean Martin Benefit

The Blazing Star Grange will hold an indoor yard sale benefit for Dean on March 28 from 9 a.m.-1 p.m. at the Grange Hall. People may drop off donations on the next farmers market, March 7 from 9 a.m.-3 p.m. Smaller boxes may be placed inside on the settee to the left of main hall entrance. For bigger items, we will have the creamery open. For questions that day, check with Tricia or Donna downstairs in the hall. The grange would appreciate help for this event as well as someone that would like to take charge of anything else that could add to the day's bottom line. Watch for additional drop off dates and times. For information or to volunteer, call Donna at 768-5579.

New London's Market on the Green

This Saturday, vendors from the Danbury Winter Market will be at Whipple Hall in New London from 10 a.m.-1:30 p.m. Those present will be Autumn Harvest Farm, Huntoon Farm, Hibernating Artist and Sew There's oilcloth creations.

Danbury Winter Market

The next winter market will be on Saturday, March 7, from 9 a.m. to 1 p.m. at the grange hall. The market welcomes new vendor Nancy Mills from Brownie's Beads in Alexandria. She will be replacing the French pastry baker for the remainder of the season. Hot breakfast and lunch will be served in the downstairs Blazing Star Bistro.

Following the market, the sustainability group will meet at 2 p.m. Reports from the mini-group activities from the last month will be given.

Groton

Jo O'Connor 217-9002
grotonnews@yahoo.com

Select Board meeting, Feb. 17, in Brief

This meeting was well attended, packed would be another way of describing the number of attendees. The meeting came to order at 7:05 a.m.

Under Old Business, the cost of removing the old window and replacing that one with a new window and the same for the garage door at the Transfer Station is expected to be $1,944. Also in the Old Business category was Rick Bellanger's Land Use Change Tax form; it was signed by the Board.

Under New Business, the Groton Historical Society will host refreshments during Town Meeting. Depending on costs, the Board might order a few more Town Reports.

There were no changes made on the Warrant Articles. The M5636 Budget was signed by the Board that evening. The warrant articles will be posted on the Town's web site.

Timbervest called. Before returning Timbervest's call the Board decided to ask Timbervest for a conference call and if that call could be made next week.

Candidate's Night, briefly

This was the first of two nights scheduled for candidates running for Groton Town Offices to tell the audience who they are and why they are running for office.

Three positions are blank. No one filed for three-year term as Library Trustee, or for the three year term as Trustee of the Trust Fund and no one filed for the 1 year term of Town Auditor. The Select Board is hoping there will be write-ins for those positions. An old adage from the military might apply here. "It is better to volunteer than to be volunteered!"

There are three men running for the one Selectman's position. First to speak was John Rescigno. John stated he move here to Groton five months ago from New Jersey. He said he has attended the Select Board meetings and the Conservation Committee meetings. He had been in retail management of big box businesses.

Otto Jespersen has lived over a year in Groton; he is a native of New Hampshire. He stated he has attended the Select Board meetings and Conservation Committee Meetings too. He was an EMT for 17 years and a fire fighter for 20 years.

Anyone running for office in Groton should consider writing a 350 word letter to the Editor of the Record Enterprise and include the reason(s) you are running for office.

Bill Jolly is also running for the Selectman's position. He has been a Groton resident since 1998. He has 28 years of military experience and has been both a fire fighter and police officer. Two residents in the audience made statements and asked questions that sounded like they were framed in an attack mode. Some members of the audience were uncomfortable with that form of questioning candidate Jolly. Mr. Jolly answered the accusations and questions in a straightforward manner.

Tuesday, Feb. 24 is the second Candidate night. This meeting was adjourned around 10 p.m.

Bulletin Board

Tuesday, March 10 Election Day poll open from 8 a.m. to 7 p.m. in the Town House

Saturday, March 14 Town Meeting Day at 9 a.m. in the Town House

Saturday, April 25 humorist Rebecca Rule will present "Town Meeting in New Hampshire" at 2 p.m. hosted by the Groton Historical Society in the Town House, all are welcomed.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

NAC Churches

Newfound Area Churches (NAC) will be holding their annual Lenten services on Wednesdays.

March 4 will be held in Alexandria at the Alexandria United Methodist church

March 11 will be held at Bristol Baptist Church in Bristol.

March 18, services will be held at Bristol United Church of Christ

March 25 will be held in New Hampton at the New Hampton Community Church.

All these services start at noon time, and will be followed by a light lunch.

For more information, please contact Devona at 744-3885.

Bridgewater-Hebron Village District

Notice of open positions

Anyone wishing to run for the following office of the Bridgewater-Hebron Village District may do so from Wednesday, Feb. 25 through Friday, March 6, 2015 at the Bridgewater-Hebron Village District Clerk's Office during the hours below.

Commissioner (3 Year Term)

Treasurer (3 Year Term)

Village Clerk (3 Year Term)

District Moderator (2 Year Term)

The Bridgewater-Hebron Village District Clerk is located at 1032 River Rd., Bridgewater.

Office hours are Tuesday & Wednesday evenings – 6-8:30 p.m.

Third Saturday of each month – 8:30-10 a.m.

Colleen Kenny

Bridgewater-Hebron Village District Clerk

If you have any questions please call 398-7142.

Pasquaney Snowshoe Club Hike

Mayhew Island Bristol. Meet at Mayhew Base Lodge at 1:30 pm. Questions call leader 744-3597

Ping Pong players wanted!

If you enjoy playing ping pong there

is a group that plays Tuesday nights from7-9 p.m. Interested parties

please call 744-2339 for details. Hope to see you there!

Meet the Candidates Night

Thursday, Feb. 26 at 6 p.m.

Hebron Community Hall (Hebron Church Basement)

Moderator: John Fischer Time Keeper: Everett Begor

Note: This is not the place to declare your candidacy; we only made room for people who have filed.

Format:

3 Minute opening statement per candidate (coin flip determines who goes first)

Questions are directed to each candidate ---- two minute response per question.

Once question is answered, the other candidate gets to give his/her own perspective of that question in two minute response

Audience members should wait until being called on. Please stand, identify yourself, and direct your question to either candidate.

Each candidate, after Q&A is over, gets a two minute closing statement to summarize their position.

Following the Meet the Candidates Night program there will be a presentation by School Board Rep. Don Franklin regarding the Newfound Area School District Warrant Articles.

Thank you,

Bob Brooks, Organizer of Meet the Candidates Night

Hardy Country Snowmobile Dinner

Saturday, Feb. 28, 5-7 p.m. $10

Hebron community hall (basement of Hebron Church)

Spaghetti and meatballs with homemade sauce, salad, garlic bread, desserts, hot and cold beverages.

All are welcome!

Any questions, people can email the club at hardycountrysnowmobileclub@yahoo.com

Saul O Sidore Lecture Series at PSU presents Toyin Falola



TOYN FALOLA

PLYMOUTH—The Saul O Sidore Lecture Series at Plymouth State University will present Toyin Falola speaking on "Convention, Culture and Corruption: Democracy in Africa" at 7 p.m. Monday, March 9, in the Smith Recital Hall at the Silver Center for the Arts on Main Street in Plymouth.

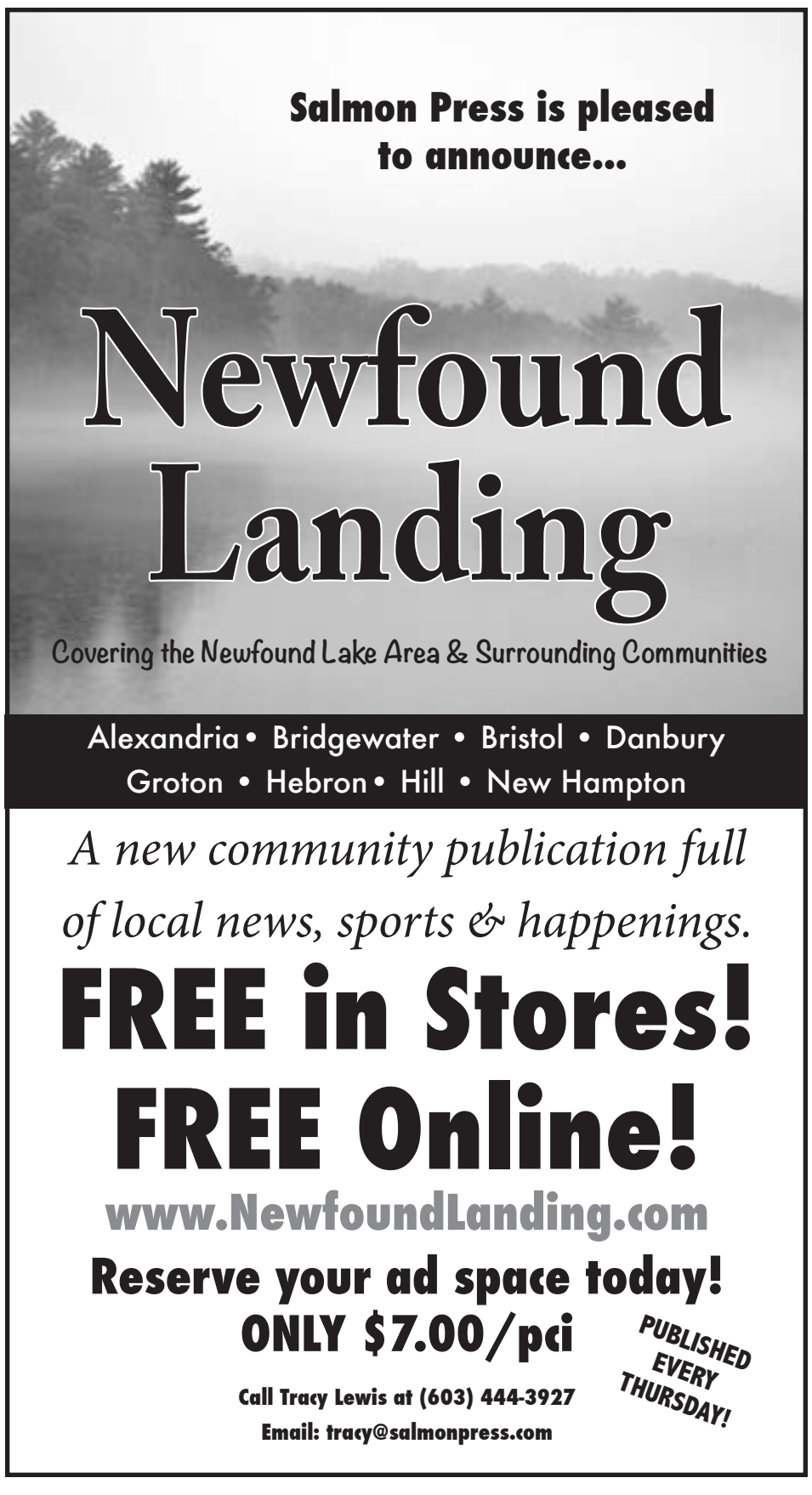
Falola says, "Africans do not define democracy as distinct from, nor outside of, the definition of development," and asks whether it is wise to view the country with an American definition of democracy if their policies do not mirror our own. That linkage creates another problematic question: can leadership and institutions that do not deliver development be treated as democratic?

Falola will argue that the Western-liberal definition of democracy is limited in its application, and that reading Africa through Western literature is not always useful. He says, "Democracy in Africa contains dosages of militarism, authoritarianism and prebendalism, while being constrained by the pressures of globalism."

Toyin Falola is the Jacob and Frances Sanger Mossiker Chair in the Humanities and University Distinguished Teaching Professor at the University of Texas at Austin. He is a Fellow of the Historical Society of Nigeria, a Fellow of the Nigerian Academy of Letters, and the author of The Power of African Cultures, Nationalism and African Intellectuals.

The theme for this year's Sidore Lecture Series is "The State of Democracy." The series' premise is that Americans consider our political system to be the premier model of democracy, and that we like to think that others throughout the world wish to emulate us. But the democratic nature of our institutions cannot be taken for granted and they need to be examined and reexamined. Headlines in the news—about growing inequality, money in politics, changes in voter registration laws, government surveillance, and setbacks of

SEE **PSU**, PAGE A14



Churches

Bristol United Church of Christ

Whenever we gather together "… we gather as the faithful of God [as] we seek to listen to what God has to say to us. … we gather as faithful followers of Jesus' hoping … our very lives, might reflect Him to others. … [and] as we gather as the Spirit's faithful children, [may we give] praise God's name in every moment. (From our Sunday's call to worship prayer)

The "Souper Bowl of Caring" is our February mission. This mission helps to shelter the homeless, feed the hungry and provide compassion to those in need. Every dollar collected in the soup bowls (which are located in the sanctuary) is donated to the Bristol Community Services for their ongoing mission in the Newfound region.

The Newfound Area Churches (NAC) continues the weekly Lenten services on Feb. 25 at Union Congregational Church in Hebron. This service begins at noon. A light lunch follows the short service.

Are you a senior who would like some social time and safe exercise? "Bone Builders" is for you. This strength and flexibility program for seniors meets for an hour each Tuesday and Friday at 9:30 a.m. in Fellowship Hall. Call the Senior Center at 744-8395 for more information.

What if you are caring for someone with early-stage dementia and need some time for yourself or need time to get things done, the "Day Away" program may help. Day Away is a non-medical adult daycare program open to people from our wider Newfound community. Please call Fran at Senior Services (744-8395) for more information and details about the Day Away program.

Bristol Community Services (BCS) thanks everyone for their donations of food and other items that resupply their food pantry week after week. People throughout our region are in need of food assistance and BCS exists to help with this need. At this time BCS is asking for donations of these items: Peanut butter, rice, baked beans, cereal, toiletries and paper products.

Our Sunday service states at 10 a.m. Nursery care is available during the service. We offer a traditional Sunday service that includes a children's message, choir and congregational singing, Bible readings and sermon, prayers for ourselves and our community, as well as monthly (first Sunday) celebration of the Lord's Supper. After the children's message and during the balance of the service, children are able to participate in Sunday School classes and special projects. Our church is proud to be committed to being an intergenerational church. This means that among all of our generations gathered together, we engage and tell a story; we learn and practice our special rituals (not just the sacred ones); and we spend quality time together in fellowship and fun, not just after Sunday worship, but with the many activities the church makes available throughout the year.

Regular church office hours are 9 a.m. to noon, on Monday through Friday. Rev. Andrew's regular office hours are 9 a.m. to noon Tuesday through Thursdays. Rev. Andrew is also available for drop-in hours on Monday from 4 to 6 p.m. If you would like a visit, or if you know of someone who would like a visit from Rev. Andrew, please call the office at 744-8132.

Please like us on Facebook at Bristol UCC. You may check out our church's schedule on our website: bristolucc.org. Our email address is bristolucc@myfairpoint.net. If you do not have a computer you can reach us by calling 744-8132. Please leave a message if we are not in the office.

Visit us at 15 Church St., off Route 3-A, just south of Bristol's town square. Parking is in the back off of Church Street. We are handicap accessible. Ask an usher if you would like a large print bulletin, Bible and/or hymnal.

Peace.

Family Worship Center Plymouth Assembly of God

Thursday, Feb. 26, at 6:30 p.m., join us for our regular family night activities. We offer Godly Ministry for children, youth, and adults with programs for people of all ages: Royal Rangers Club for boys and Mpact Club for girls, both clubs for preschool through high school, and Adult Bible Study. Do come for this great time of fellowship and learning around God's Word.

Sunday, March 1: Start the week with us at 8:30 a.m. for bagels, coffee and juice; 9 a.m. – Bible Education for all age groups pre-school through Adult Bible Studies. Keith Farrell teaches the Adult Bible Class; Tim Corum leads a class especially for young adults from age 27 down to high school seniors. 10 a.m.: Sunday Service with Relational Style, Biblical Preaching. Children's Church for ages four to 11 is also held at the same time: nursery age 0–3; "Kids of the King" ages 4-7; "Faith Academy" ages 8-11. At 6 p.m., prayer meeting with Pastor Glen is held in the Prayer Room, near the east entrance. You may put your prayer requests in the box in the hallway. Please make a commitment to seek the Lord in one accord with other believers."

Monday, March 2, noon–2 p.m. – the Church's Helping Hands Food Pantry and Free Clothing will be held. Much help and financial, support is needed.

Tuesday evening, March 3, 6:30–8 p.m., potluck supper and Bible study will be held at the home of Joyce and Keith Farrell. Contact them at 536-1433 for information. Anyone who would like to go and needs transportation can call Candy Gusha at 254-4651.

Sunday, March 8, the monthly fellowship luncheon will follow the morning service. Please bring food to share.

The church is compiling a church photo directory. Judy and Frank Fleming are taking the photos and accepting family information (birthdays and anniversaries) in the Prayer Room after the service each Sunday. This is voluntary, and all are invited to participate.

Anyone desiring Church membership: please contact Pastor Yunghans at 536-1966 or 726-0254.

Our Mission Statement is "Transforming lives through God's Word."

Judy Fleming and others are conducting a fruitful Prison Ministry at the Grafton County Jail. Judy is collecting aluminum cans to support the cost of ministry supplies such as Bibles and printed literature. A collection barrel is at each church entry. Please continue to support this ministry. Money donations may be made to the church marked "prison ministry."

Prayer requests for the bulletin may be given to Candy Gusha at craftmom03264@yahoo.com.

Please give announcements for the Sunday bulletin to the Church office by 4:30 p.m. on Tuesdays by e-mailing fwcag@hotmail.com or Pastor Yunghans at gyunghans@hotmail.com, or phone the church at 536-1966 or Pastor Glen at 726-0254. Everyone is welcome at all of our services. The Church is handicapped accessible, east entrance.

Hebron Union Congregational Church

All are welcome to join in our worship services on Sundays at 10 a.m., followed by coffee hour.

We gather once a month to make soup for people in our local communities. We had to postpone our annual Turkey Dinner scheduled for Feb. 15 due to inclement weather. We have not rescheduled that as yet. Our next soup route will be in March. While we make soup for others, we also share a meal of soup, salad, bread and dessert. If you would like more information about Soup Route or would like to receive soup from us, please contact our church secretary using the contact information listed below.

We have started a Lenten Bible Study on Thursday mornings at 9

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Churches

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a.m. The theme for the beginning of this study is "The Risk of Forgiveness-What it Means to Forgive."

Our Easter Week services will be Maundy Thursday, April 2, at 7 p.m. in Community Hall, Good Friday, April 3 at 7 p.m., and Easter Sunday, April 5 at 10 a.m.

The Newfound Area Churches have a weekly Wednesday Lenten Service at noon followed by a light lunch. Here is the schedule: March 4 at Alexandria United Methodist Church, March 11 at Bristol Baptist Church, March 18 at Bristol UCC, March 25 at New Hampton Community Church.

The Newfound Area Churches meet the first Wednesday of every month at 9 a.m. The meeting on March 4 will be at the Bristol UCC. The meeting on April 1 will be at the Marion Center in Bristol (Holy Trinity-Lady of Grace).

We are located in the center of historic Hebron village at the intersections of North Shore Road and West Shore Road. Our church secretary's office hours are Tuesdays 9:30 -11:30 a.m. and Wednesday and Thursday afternoon 1-3 p.m., and our phone number is 744-5883. Our address is 16 Church Lane, PO Box 67, Hebron, NH 03241. The secretary's email address is staff@hebronchurchnh.org. To find out more about our church, please visit the church Web site at www.hebronchurchnh.org.

Holy Trinity (Roman Catholic)

From Fr. Leo

Lent has begun! And with our parish emphasis this year on the Sacrament of Reconciliation, I will be making myself available at additional times for the celebration of God's healing. Thus I will be at the North American Oratory on Friday, March 27 after the 8:30 a.m. Mass and also at St. Agnes on Sunday, March 1 starting at 4:30 p.m. until the Ecumenical Soup Supper and Taize Prayer Experience.

Consult the bulletin for our regular penitential opportunities as well as these "weekly specials."

Stations of the Cross

Started Friday, Feb. 20, and will be prayed at Noon: St. Matthew Church; 3:30 p.m.: St. Agnes Church; 6 p.m.: Our Lady of Grace. (Stations will continue every Friday with the exception of Good Friday, when the Stations will only take place at St. Agnes Church) In case of inclement weather, please call Deacon Mike at the Plymouth office at 536-4700.

Penance Services

Sunday, March 22 at Our Lady of Grace, after the 9:30 Mass; Monday, March 23 St. Matthew Church, 7 p.m.

Campus Ministry

Thank you to Dorothy Lengel and Cecile Frechette for a delicious supper for the students at the rectory with Fr. Leo after the monthly prayer service.

Weekly student meetings take place on Tuesdays at 7 p.m. in the Reflection & Spiritual Care Center, across from Lamson Library, up the street from the shuttle bus stop. Refreshments are served, and all students are always welcome. Come by and check it out.

First Sunday Rosary resumes: Join Campus Ministry students in praying the Rosary on the first Sunday of the month before the 11:30 a.m. Mass at St. Matthew church. Prayer starts at 11:15 a.m.

Really busy but want a spiritual practice for Lent? The Busy Person's Retreat takes only one hour for each of three weeks and will enhance your relationship with the Lord. You reflect on a Scripture reading and some related thoughts on your own for 30 minutes and then meet for 30 minutes with the campus minister. Begins the week of Feb. 23. Contact Kathy Tardif (kmtardif@plymouth.edu) to sign up and for details. Open to students, faculty, and staff.

Follow us on Facebook at Plymouth State University Catholic Campus Ministry and stay up to date on what we're doing and where we are.

Lenten Taize Prayer Service: Sunday, March 1, after 5:30 p.m. soup supper at St. Agnes Church. This amazing contemplative prayer experience is adapted from the prayer tradition cultivated by the monks of the international, ecumenical Benedictine monastery in Taizé, France. Meditative singing, brief biblical readings, and periods of silence characterize a Taizé service. Students interested in attending should contact Kathy Tardif (kmtardif@plymouth.edu) about carpooling. This program is being offered by Holy Trinity's Music Ministry and PSU's Catholic Campus Ministry.

What is Taizé All About?

Taizé is simply the name of a town in France. In 1940, a man known as Brother Roger founded a small community of Christians in Taizé. During this war torn era of France, Brother Roger sought to create a community of healing and refuge. The Taizé community, then, was born out of a vision to create a space for people to find God in the midst of brokenness. Hence, the name of the church in Taizé is the "Church of Reconciliation."

After the war this community began to grow. Besides the 100 permanent members of the Taizé community, there are currently over 100,000 visitors to Taizé annually. The majority of these 'modern day pilgrims' are young people in their 20's. The Taizé community is also ecumenical in nature – meaning that it includes people from a variety of Christian denominations.

The Taizé community has developed a large repertoire of their own music, which is now sung around the world. Taizé music is very contemplative in nature. It usually involves a simple one or two line refrain that is repeated multiple times. The purpose of this repetitive singing is to help us focus and contemplate on a single aspect of God for an extended period of time.

Brother Roger explains the purpose of a prayer service at Taizé in this way:"From the depths of the human condition a secret aspiration rises up. Caught in the anonymous rhythms of schedules and timetables, men and women of today are implicitly thirsting for an essential reality, for an inner life.

Nothing is more conducive to a communion with the living God than a meditative common prayer with, as its high point, singing that never ends and that continues in the silence of one's heart when one is alone again."

Why We Do That

The Sign of the Cross and Greeting: As they enter the sanctuary, the priest and ministers, and servers express reverence for the altar with a profound bow. The priest (and deacon) then kiss the altar, and on solemn occasions, incense it together with the cross.

Then, standing at the chair, the priest, together with the people, makes the Sign of the Cross. The priest says, "In the name of the Father and of the Son and of the Holy Spirit." The assembly answers with the first "Amen" of the Mass: a seal of assent, a confession of faith, an expression of joy!

The greeting of the priest follows and in greeting the assembly, he acknowledges the presence of Christ in the midst of the church. At the same time, the greeting of the priest is a communication of the grace of Christ, the love of the Father and the communion of the Holy Spirit."The Lord be with you...And with your spirit."

Lenten Prayer Partners

At the back of Our Lady of Grace Chapel, you will find small cards that you can fill out if you would like to be part of the Lenten Prayer Partners program. A minister from one of the other churches in the group will pick up our cards, and then you will receive a new card with your prayer partner on it.

Pray for this person during Lent, and then you will meet your prayer partner on April 10th at a pot luck supper

Day Away

We are still looking for participants as well as volunteers. Day Away is a program that allows caregivers a Day Away while their loved one is cared for by experienced staff and trained volunteers in a caring and fun environment. The Day Away program takes place on Thursdays at Simard Hall in the basement of Our Lady of Grace Chapel. Please feel free to stop by on any Thursday to see what we are all about.

We are also looking for participants who meet our intake assessment guidelines. If you are caring for a loved one with dementia, please call Fran Olson at 744-6828 to discuss the program and schedule a visit with our staff and director.

Bible Study

Join us at 9 a.m. in Bristol at the Marian Center, and at 3:30 p.m. at St. Matthew Church downstairs in the meeting room. We will be studying First Corinthians from St. Paul together – come to study, share, pray, and bring your Bible. All are welcome.

Daily Mass

The Passion of Jesus Christ is the greatest love story of all time. We Catholics believe that to celebrate the Lord's Supper is a sacred event that dynamically unites us to the eternal sacrifice of Jesus on the cross.

Here at Holy Trinity, we have the opportunity on most days of the week to participate in the holy sacrifice of the Mass. You will find the schedule for this week on page 1 of the Bulletin or by checking online.

Morning Prayer, Liturgy of the Hours, is prayed at 7:40 a.m. before each weekday Mass.

When a priest celebrates Mass, in union with the whole Church and for the good of the whole Church, he offers the Mass for an intention. It may be an intention of his own or a person may request that a Mass be offered for a particular intention.

Masses are offered for many reasons, including remembrance of a deceased loved one, to pray for a sick family member or friend, or a birthday or an anniversary. If you would like to include a loved one in the published Mass intentions this month, or any time during the year, please call the parish office nearest you a few weeks in advance.

Eucharistic Adoration

Eucharistic Adoration is a gift of comfort and peace every Thursday at St. Agnes. Quite a few parishioners have signed up for an hour each week, praying for the needs of our community of faith...praying for all of us. Beginning with Mass at 8 a.m., the day continues in uninterrupted silence and prayer.

Adorers are always needed. Please consider committing to a holy hour. Can you spend an hour before the Lord once a week or once a month? To see what it's like, stop by for a few minutes of quiet prayer or reflection on any Thursday until 6 p.m. We will be needing an adorer to cover the 3 to 4 p.m. hour starting In February. Please call Sandy at the Plymouth office if you are able to do this special hour.

Newsletter

Want to know what is happening at our Parish? We have a Parish newsletter to keep you informed whether you are in the area or staying out of state. Please send an email to

holytrinitybristol@gmail.com with a request to be added to the newsletter list.

We have a new Facebook page for information and events pertaining to the parish. Find us at Holy Trinity News Info for Holy Day schedules, bulletin information, and special events, ministries, activities, and art and environment.

Incidentals

Save paper. Save time. And make your offertory gifts work harder than ever for our ministries by participating in our Online Giving program. When you give online, you can use your debit or credit card to set up automatic payments that will go directly to the church conveniently and securely. Log on to our Web site, www.holytrinityparishnh.org, and click on the Parish Life tab to sign up.

If you are affected by celiac disease, please call or email either parish office (see bulletin cover for contact information) so that you can be informed about your options for reception of Holy Communion.

Would you be willing to give someone a ride to Mass? If so, please call either parish office. From time to time, we have parishioners in need of a ride.

If you have scheduled an announced Mass and would like to bring up the Gifts at that Mass, please let one of the ushers know before Mass.

Please call the rectory if a loved one is hospitalized. It is the only way we can know whom we should visit. Federal law prevents hospitals from notifying local clergy when a parishioner is hospitalized.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalism Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

March 1, 9:30 a.m.
Our Sources

Rev. Dr. Judith Smith-Valley, preaching

Sarah Dan Jones, Music Director

Unitarian Universalism is a living tradition drawn from various sources we seldom discuss but quote often. Rev. Judy will reacquaint us with some of them.

Visitors are invited to attend the service as well as all programs at the church. Nursery care is provided for infants and toddlers. The children's program is held downstairs concurrently with the service. Join us for coffee and conversation following the service.

Children and Youth Religious Education, Meredith Flynn, DRE

World of Wonder, the preschool through second grade children, will be planting marigold seeds and making their own recycled watering cans.

Timeless Themes, the third and fourth graders, will be hearing the story of "David and Goliath." Afterwards they will discuss how it feels to be small in a big world.

Riddle and Mystery the fifth through seventh grade youth, will be listening to the beautiful song "There is More Love Somewhere." They also continue their discussion of the 'Question of the Day' from last week- Is life fair?

Our Whole Lives, the seventh through ninth grade youth will have class in the conference room from 8:30-10:30 a.m.

11 a.m. Adult Ed. Standing On the Side of Love

Once a month, an Adult Ed program will seek to present an opportunity to discuss a Social Justice issue or

SEE CHURCH, PAGE A12



Newfound hosts Challenge Day program

Promotes compassion and respect in schools and communities

BRISTOL — For millions of young people, bullying, violence and other forms of oppression are a part of a typical day at school. Many students are afraid to walk down the halls for fear of being teased or humiliated. Others feel so alone and frightened that they cannot even pay attention in their classes.

Imagine a school where every child fees safe, loved and celebrated. This is the vision behind Challenge Day, an award-winning day-long experiential program for middle and high school students.

On March 11, the acclaimed day-long Challenge Day program will take place at Newfound Regional High School in Bristol. More than 100 teens and 25 adults will experience this innovative workshop, which is designed to break down barriers and promote school and community environments based in understanding, acceptance and love.

At a Challenge Day, teenage students, teachers, school counselors, parents and members of the community are challenged to step out of the comfort zones, open their hearts, and build connections with others. Two trained Challenge Day Leaders guide participants through a carefully-designed series of games, activities, and trust-building exercises that break down the walls of separation and create new levels of empathy and respect.

The Challenge Day program reduces teasing and bullying, teaches tools for peaceful conflict resolution, and inspires teens and adults to work together as forces for positive change in the world.

Motivated by a vision that love and connection are possible in schools, Rich and Yvonne Dutra-St. John created the Challenge Day program in Martinez, Calif. in 1987. Through their years of professional experience with teens and families, Rich and Yvonne recognized that teasing, bullying, and other forms of social oppression are symptoms of a greater underlying problem: separation, isolation and loneliness. Rich and Yvonne designed the Challenge Day program to build connection and forgiveness between young people, and to inspire youth to become positive forces of change in their schools and communities.

Challenge Day was formed as a 501(c)3 nonprofit organization in 2001. Today, its programs have reached hundreds of thousands of young people across North American and around the world.

The Challenge Day program has received numerous awards from Juvenile Justice Systems, the D.A.R.E. Officers Association, government officials, and many school districts and cities nationwide. Challenge Day has also been featured in the New York Times best-seller Chicken Soup for the Teenage Soul, in the Emmy-winning documentary Teen Files: Surviving High School, and on The Oprah Winfrey Show.

Challenge Day founders Rich and Yvonne Dutra-St. John were honored as Champions of Forgiveness by the Worldwide Forgiveness Alliance in 2005, and received the People Helping People Award from the New Directions Counseling Center in 2006. Rich Dutra-St. John was named as one of the top mental health professionals by the Consumers' Research Council in 2006.

"Thank you for bringing Challenge Day to our school" said one Challenge Day teen participant,"it has changed my life forever. It hurt me to see how many people have a problem in their lives, but it is also comforting to know that others are going through the same thing I am. I feel this day has changed the way I view others."

To learn more about the work of Challenge Day, please visit www.challengeday.org.

Newfound Memorial Middle School honor roll

BRISTOL — Newfound Memorial Middle School has released its honor roll for the second marking term of the 2014-2015 academic year.

8th grade

High Honors: Jillian Buchanan, Hannah Eastman, Reid Wilkins, Reed Wilson

Honors: Ryein Ares, William Cantwell, Cian Connor, Mason Dalphonse, Mackenzie Davis, Reina Duncan, Madison Gould, Alexander Kniskern, Spencer Lacasse, Matthew Libby, Deanna Martin, Josiah Page, Jacob Pfister, Shaunnaci Sanborn, Megan Stafford, Xavier Stubbs, Madison Willingham

7th grade

Evenlyn Cutting, Kathryn Donnelly, Maura Geldermann, Michael Hislop, Bailey Jenness, Kasandra McClay, Riley Pierce, Valentina Raptis, Ezekial Richardson, Kyle Rosendahl, Caleb Stainbrook

Honors: Austin Boynton, Lillian Colby, Bridget Conkling, Carter Davis, Wyatt Day, Emma Desmond, Danielle Duclos, Caleb Eckert, Duncan Farmer, Jack Gosson, Madison Hanley, Ashlynn Hatch, Lily Hewitt, Gracelyn Huntoon, Caroline Marchand, Aaron Nguyen, Hayleigh Pabst, Caleb Patterson, Alexis Raimondi, James Rogers, Madison Royea, Keegan Sanborn, Yasmin Stubbs, Cale Swanson, Brianna Young

6th grade

Jacob Blouin, Autumn Braley, Savannah Burke, Tiffany Doan, Sadira Dukette, Bailey Fairbank, Matthew Karkheck, Jennifer MacDonald, Gretchen McGowan, Adele Meyer, Thomas Moore, Meghan Murray, Madison Perry, Shyann Seymour, Simon Shedd, Oceanne Skoog, Skyler Torsey, Hailey Towne, Kori Wilkins

Honors: Larry Abbott, Andrew Bird, MacKenzie Bohlmann, Christian Breton, Jesse Brown, Christopher Carlson, Hunter Clark, Matthew Costigan, Jack Coughlin, Alyssa Guyer, Grace Hadaway, Erik Hanser, Jacob Huckins, Jazmin Ivers, Garrett King, Serenity LaPage, Michael Macklin, Tyler MacLean, Thomas McMahon, Hannah Owen, Hunter Pease, Jasmine Peterson, Sydui Provencher, Marisa Stafford, Emma Tucker

PSU offers five-year Master's degree in Accounting

New state regulations and career opportunities prompt change

PLYMOUTH — Accounting students now have an opportunity to put their careers on a fast track through Plymouth State University's five-year accounting program. Students can earn both a Bachelor's and a Master's degree in accounting through the five-year program, in addition to being well-prepared for the Certified Public Accountant (CPA) examinations. PSU's College of Business Administration Dean Trent Boggess said the program reflects the needs of students and the financial services industry.

"Accounting is a growing field and there is an incredible demand for accountants, but becoming one is not an easy task," Boggess said. "Our motivation for adding the Master of Science in Accounting degree is to create a five-year program that better meets the needs of our students and the state of New Hampshire."



COURTESY

PSU students can earn both a Bachelor's and a Master's degree in accounting through the five-year program, in addition to being well-prepared for the Certified Public Accountant (CPA) examinations.

New Hampshire recently increased the licensing requirements for new CPAs; they are now required to have 150 credit hours in addition to passing all four parts of the CPA exam, and need one year of professional accounting experience prior to being certified. Tom Guarino, an accounting professor at PSU and CPA, noted that the five-year program prepares students both academically and for the rigorous exam process.

"The fifth year, which is a 30-credit master's of science in accounting program, not only increases a student's knowledge but also prepares them for the CPA exam," Guarino said. "The goal is that students will be able to start taking and passing the CPA exam within their fifth year. Adding another year to their education at PSU is a 'win-win' for students because it solves the need to get the additional credits now required for a CPA and a master's degree in accounting, which really puts them ahead of other graduates trying to find jobs in accounting."

Furthermore, the fifth year can be taken online, which is crucial to those already working in the field.

"Having the fifth year available online provides students with the flexibility to work a full-time job while attending school," added Guarino.

Becoming a CPA is an arduous task, but the field is a lucrative one. According to Robert Half Management Resources, a financial industry staffing services leader, an entry-level CPA generally earns between $45,000 to $55,000 annually.

"What everybody wants to know is, is getting my degree worth it? The answer is yes, particularly in accounting," asserts Boggess. "You have to work hard, but you will have a direct path to a good job. Our graduates, because they emerge so well trained, are avidly sought after by accounting firms. Our best students start getting job offers in the fall of their senior year, and virtually all of our accounting graduates get jobs shortly after they graduate."

Graduates of Plymouth State's accounting program have a sterling record of success. Larry Haynes '86 is the president and CEO of

SEE **ACCOUNTING**, PAGE A13

Churches

FROM PAGE A11

issues being addressed by Unitarian Universalists. Come learn about the issues that formed "Standing on the Side of Love," and how those issues are currently being addressed. Most of the time will be spent in group discussion. Nancy Chaddock, discussion leader.

Social Justice for March

Please remember to bring canned or dry packaged food items for our local Community Closet collection basket in the foyer. There is also another collection basket in the foyer for next summer's "GOT LUNCH! PLYMOUTH" program. Peanut butter, and canned tuna or chicken may be placed there.

Ongoing activities

1st Friday morning Breakfast Group – Meet at the PSU campus dining hall at 8:30 am for a casual gathering of SKUUF members and friends for good food and discussion - where ever it leads. Cost at the door $8. See George Maloof for dashboard parking sign for lot #301 for our once a month breakfast group.

Starr King Men's Group meets every first and third Sunday from 6-8 p.m. in the Conference Room.

SKUUF Secularist's discussion group meets twice a month on first and third Tuesdays, 6-7:30 p.m. downstairs at the rear of the building. For information please contact patriciaellisherr@hotmail.com.

Second Sunday Hike –We leave from the SKUUF lower parking lot at noon. Contact mitch@newfoundfarm.org or Deedie to register and receive updates.

Uncommittee Gatherings will meet every second and fourth Tuesday, 4-6 p.m. in the Conference Room. Bring your own crafting supplies to work on. Contact Virginia Miller at seabeans@roadrunner.com for information.

Wise Women in Training is a women's group to discuss issues related to women. Each meeting will have a theme that will be facilitated by a volunteer member of the group. Contact Betty Ann Trought at batrought@gmail.com or just come and meet with this welcoming group. Wise Women meets every second and fourth Wednesday from 10:30 a.m. to noon in the upstairs conference room.

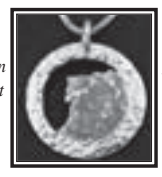
Bridge players meet on Thursdays in the Conference Room from 1-4 p.m.

Hatha Yoga meets in the Fellowship Hall on Wednesdays from 5–6 p.m., and Saturdays from 8:30-9:30 a.m. For information, contact Darlene Nadeau at 493-1478.

Line Dancing instruction, meets in the Fellowship Hall on Sunday afternoons 4-5 p.m. "Class is on demand only" basis. For more information and to sign up, contact George Maloof at 536-1179.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone number is 536-8908. The Web site is www.starrkingfellowship.org, where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship.

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PSU Symphonic Band Concert features renowned international flutist Göran Marcusson

PLYMOUTH — The Plymouth State University Symphonic Band welcomes Swedish flutist Göran Marcusson for a performance of classics and new works for wind ensemble at 7:30 p.m. Wednesday, March 11, in Hanaway Theatre at the Silver Center for the Arts. Marcusson will also present a free public flute master class March 10 at 7 p.m. in the Smith Recital Hall at the Silver Center.

The 55-piece band, conducted by Professor Mark Stickney, will present a program of Scandinavian music rarely performed in the United States, plus British composer Philip Sparke's "A Lindisfarne Rhapsody" for flute and concert band.

Göran Marcusson worked as a bricklayer and tram driver before fully devoting himself to music at the late age of 24, although he had played flute since he was eight or nine years old. He received international acclaim for the first time in 1987, winning the National Flute Association's Young Artist Competition in the United States. In 1992, he earned his soloist diploma from the Music Conservatory of Göteborg.

That same year, while taking a class with James Galway, Marcusson was voted winner of a competition by his classmates and was presented a scholarship and a Waterford Crystal flute by Galway. "His was the sound I was striving for, that singing sound that makes you so joyful," Marcusson says of Galway.



GÖRAN MARCUSSON



MARK STICKNEY

Marcusson has been guest principal flute with orchestras including the London Symphony Orchestra, Finnish Radio Symphony Orchestra and Orquestra Cadaqués. While maintaining a busy international schedule as a soloist performing in the U.S., South America, Asia and throughout Europe, he also maintains a position with the Göteborg Wind Orchestra. In 2012, he toured the U.S., presenting recitals and master classes at four universities. Marcusson returns to the U.S. each June and July to present a master class at Wildacres Retreat in North Carolina and to perform with the Newport Rhode Island Music Festival.

Mark Stickney is assistant professor of music and director of bands at PSU. He has served on the brass faculties of Salve Regina University and the Community College of Rhode Island, where he taught trombone, euphonium and tuba. He guest conducted the Rutgers Wind Ensemble at their Carnegie Hall debut in 2005. Stickney has performed widely and has premiered a number of works as conductor. An active clinician, Stickney has worked with bands in New England, California, New Jersey, Oklahoma, Kansas, Rhode Island, Texas and Utah and has performed at the Newport Music Festival and throughout Southern New England as a soloist and chamber musician.

Stickney's doctoral studies focused on the wind music of Sweden.

He says, "It is very important to me to expose people to music they have not heard before. Music arranger Patrick Burns sent 'Spring Song' by Sibelius to me when he heard I was considering this program. Pat has conducted the Symphonic Band and knew that we would perform it well."

The PSU Symphonic Band is featured annually at the All New England Band Festival that is hosted by Plymouth State University.

Tickets for the concert are $8 for adults and youth and $6 for seniors at the Silver Center Box Office, 535-2787 or (800) 779-3869. Tickets are also available online at silver.plymouth.edu.

Information about the Department of Music, Theatre, and Dance is online at www.plymouth.edu/department/mtd, and on Facebook.

General information about events at PSU is online at ThisWeek@PSU, http://thisweek.blogs.plymouth.edu.



COURTESY

At 7:30 p.m. on Friday, Feb. 27, The Flying Monkey is excited to welcome back Gaelic Storm.

Gaelic Storm breezes into Plymouth

PLYMOUTH — At 7:30 p.m. on Friday, Feb. 27, The Flying Monkey is excited to welcome back Gaelic Storm. Since their big-screen debut 10 years ago on the blockbuster "Titanic," this one-time pub band's fan base has been steadily multiplying, turning them into one of the premier touring acts in the Celtic/World genre. Tickets for Gaelic Storm start at $29.

Combine two parts Celtic, one part World, one part Rock, and one part Jam. Blend. Serve up a lakes region favorite.

More than a decade has passed since Gaelic Storm appeared in the blockbuster movie "Titanic" as the lively steerage class band, but Gaelic Storm has continued to thrive. Officially minted on St. Patrick's Day in 1996, the former main attraction at O'Brien's pub in Santa Monica, Calif., is now one of the top acts in the Celtic/World music arena. Combining both classic originals and fresh new arrangements of Celtic music with a unique blend of world rhythms, the members of Gaelic Storm infuse the show with their own spunky Irish wit for a wildly entertaining experience.

With two national tours spent headlining both the largest Celtic festivals in the country and mainstream music events, plus an expansion of their tour to the National Celtic Festival outside of Melbourne, Australia, Gaelic Storm has swept the Celtic music world with their exciting brand of energetic musicianship.

As one of their members says: "Our audiences can't help noticing how much fun we're really having. The very heart and soul of traditional Irish folk music is celebrating life."

Tickets for the Gaelic Storm concert are on sale now for $29, and $39 for Premier seats. For tickets and more information on concerts and the Flying Monkey Performance Center, visit www.flyingmonkeynh.com or call 536-2551.

Accounting

FROM PAGE A12

the Grappone Automotive Group, one of New Hampshire's largest automotive retailing groups. Prior to joining Grappone, he worked for Deloitte & Touche, First NH Bank and the MEG Companies in various financial and accounting positions. Jane Poulin '84, Associate Chief Accountant, US Securities and Exchange Commission, is an executive with 27 years of experience in finance, accounting, internal controls and processes, audit, regulation and corporate governance involving international public companies.

Fire

FROM PAGE A1

however, and her body was later recovered by firefighters.

On Friday, the State Fire Marshall's office identified the woman as 58-year-old Susan Martin, who an autopsy showed had died as a result of smoke inhalation. The patient transported for burns was identified as her husband, 63-year-old Dean Martin. Both were long time residents of the community.

Hampering the fight to put out the stubborn blaze was a lack of water. All sources normally used by the fire department were frozen last week and extra tanker trucks were called in to help transport water from Bristol.

Two firefighters were also injured but there was no official word on the nature of those injuries or what communities the two were from.

It was a long and difficult night for Danbury firefighters, residents said on Friday. While the fire was believed to be out around 11 p.m., sections of the structure continued to flare up overnight so they remained on scene to keep an eye on the structure.

It was 5:30 a.m. before the last of the local crews headed for home, only to be called back a short time later.

"I believe they finally got it all out at about 10 a.m.," said Audrey Pellegrino of the Danbury Country Store.

As friends and neighbors awaited word on the fire, one person stepped up to express appreciation for all the Danbury Volunteer Fire Department had done to fight the tragic blaze.

"We had someone come in to say that anything the firefighters wanted for breakfast or lunch today was on them. It was a really nice gesture," Pellegrino said.

The State Fire Marshal's Office is investigating the incident but there is some speculation that it may have been sparked by a woodstove and chimney. The home is a total loss.

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Women May Face Extra Challenges in Seeking Financial Security

On March 8, we observe International Women's Day. On this occasion, thousands of events across the world will honor the cultural, political and social achievements of women. Of course, in many countries, women still face significant economic challenges. And even here in the United States, women encounter more obstacles than men in the pursuit of financial security, particularly in seeking a comfortable retirement lifestyle. So if you are a woman — regardless of your marital status — you will need to be aware of these challenges and take steps to overcome them.

Let's consider a few of these challenges and some possible solutions:

Challenge: Women spend more time out of the workforce and accumulate less money in 401(k) plans. Women spend an average of 12 years out of the workforce caring for children or elderly parents, compared with less than two years for men, according to the Social Security Administration. This time away from work can translate into less money in retirement plans — in fact, women's average 401(k) balance is only about two-thirds as large as men's, according to a study by Fidelity Investments.

Potential solution: Take full advantage of your 401(k) and IRA. Your care-giving obligations are an issue to be decided by you, your spouse and perhaps other family members. But while you are working, contribute as much as you possibly can to your 401(k) or similar employer-sponsored plan. Also, try to fully fund your IRA each year.

Challenge: Women typically live more years in retirement and depend more heavily on Social Security. Women reaching age 65 are expected to live, on average, an additional 21.6 years, compared with 19.3 years for men, according to the Social Security Administration, which also reports that the average annual Social Security income received by women 65 years and older was about $12,500. Furthermore, Social Security comprises about 50% of the total income for unmarried women age 65 and older, compared to just 36% for elderly men.

Potential solution: To become less dependent on Social Security, create a sustainable withdrawal strategy for your investment portfolio. Social Security was designed to supplement one's retirement income, not replace it. Consequently, it's essential that you make full use of your other sources of income, such as your 401(k), IRA and other investment accounts. To make this money last, you'll need to create a sustainable withdrawal strategy early in your retirement — and stick to it.

Challenge: Women are far more likely than men to need some type of long-term care. More than two-thirds of nursing home residents are women, according to the National Center for Health Statistics. And the average cost for a private room in a nursing home is more than $87,000 per year, according to the 2014 Cost of Care Survey produced by Genworth, a financial services company. Typically, Medicare covers only a small percentage of these costs.

Potential solution: Prepare in advance for long-term care expenses. Long-term care costs can be enormous, but you do have some protection-related options for meeting these costs. Check with your financial advisor to learn which of these choices might be most appropriate for your situation.

These aren't the only financial issues facing women, but they do give you a good idea of what you may be facing. So, be proactive in meeting these challenges — because there's actually a lot you can do.



This article was written by Edward Jones
for use by your local Edward Jones Financial Advisor.
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or email Jacki at Jacqueline.Taylor@edwardjones.com.
Her office is located at
14 Main Street, Downtown Meredith.
For more information, see http://www.edwardjones.com/ or "like" her on Facebookwww.facebook.com/EJAdvisorJacquelineTaylor.

Hebron

FROM PAGE A1

spread through other buildings surrounding the Common, but the committee would like to bring most of those offices into the Academy building. Chair Roger Larochelle said committee members have agreed that active use of the building is the best way to preserve it, and is a prudent use of tax dollars. By consolidating town functions, Hebron can address the various needs of the employees, Larochelle said.

Most of those attending the presentation agreed with the plans to preserve the building by putting it in active use, but some expressed disappointment that it did not address all of the needs identified during a charette the town conducted in 2011, through a grant from Plan NH. Recommendations coming out of that effort included building an annex on the Hebron Academy and putting in a new foundation, with renovations and new foundations also being recommended for the library building and the town clerk/tax collector's office.

"Everyone wanted change," said Larson, "but they didn't want to see it."

"I'm all in favor of preserving the building," commented Ron Collins, "but it doesn't go after the other problems. Down the road, you will be asking for something else. With this plan, we don't get a lot for what we're spending."

Don Franklin, who had served on a committee that attempted to get voters to endorse a new town hall in 2010, said the cost of renovating a building is more than building a new one. He suggested that the Hebron Academy would be better utilized as a library, which still would achieve active use without the need for extensive renovations.

"We came up a [town hall] design with 3,000 square feet on one level, and that was going to cost $750,000 with new construction," he said. "Renovations will be more expensive."

Some attending the meeting had practical suggestions for the committee to consider. Bruce Barnard suggested digging a new well, and he noted that the turnbuckle in the roof is undersized and that it might be wise to replace it.

At the beginning of the meeting, Larson explained that he has been involved with the Academy building since 2010 when the town received a grant from the New Hampshire Preservation Alliance to do an architectural and structural analysis of the building. While that study found the building to be sound, it recommended some restoration work because of changes that had been made to the structure over the years, as well as deterioration of the floor joists from moisture. Some of the changes had been made when the building was being used as an elementary school, with energy efficiency and functionality as classrooms being the primary consideration. The Newfound Area School District closed the school in 1999, but playground equipment remains on the site today.

The historic preservation study found that two sides of the foundation had the original stonework, while the other two sides had been replaced with concrete. Larson said that, in renovating the building, they would look at preserving the stone foundation that exists, although it would be rebuilt to accommodate the changes.

Larson explained the space needs process, in which they calculated how much room each desk, filing cabinet, and counter would need, as well as storage and mechanical needs. The conclusion was that they would need to add 1,800 square feet to the current 2,400-square-foot building to accommodate the other town functions that would be brought into the building.

After looking at options for one- and two-story space arrangements, with an addition at the back of the building, the committee finally settled on an option which has all town business being conducted on one floor, with meeting space upstairs and storage in the basement. The addition would incorporate a west-facing gable to complement the existing gable, and there would be a new entrance with a handicapped ramp that would lead into a central waiting area, with the various offices extending off that area.

While there are preliminary sketches of what the space would look like, the next step will be to develop specifications so the town can put the project out to bid and get realistic estimates of how much it would cost to do the renovations and expansion. At Town Meeting, voters will be asked to confirm the direction the committee is taking.

The consensus of the meeting was that consolidating all of the main town functions in the building would make town government more efficient, while the renovations would make the Hebron Academy more energy-efficient as well.

Town Meeting will determine whether Hebron voters agree that moving forward with those plans is the best use of their tax dollars.

Derby

FROM PAGE A1

Aslan Hodge of Loudon was the big winner in the children's category this year. He hauled in a 20 and three quarter inch, 2.91 pound lake trout and received the top trophy for the weekend. While the fish put up a bit of a fight, he said it wasn't "too hard" to reel in and he was excited that it was a winning catch in just his first time entering the derby.

In addition to all the prize money and trophies, there were many more winners over the weekend. Peter Clark of Groton walked away the proud owner of a new Eskimo portable shelter this year while others were happy with the dozens of prizes they won from local businesses.

Those prizes ranged from gift certificates for Simply Cuts, Skip's Gun & Sports Shop, North Star Gems, Renaissance Floral, Shop 'N Save, both Bristol House of Pizza and Village Pizza, Gina's Place, Kathleen's Cottage, Bridgewater Inn, The Homestead and Common Man restaurants to a propane refill at Parkhurst & Co. and a free inspection at Fred's Auto Trends. There were also four tickets to a Fisher Cats game courtesy of Franklin Savings Bank.

All money raised through entry fees, sweatshirt sales and raffles will benefit the AVFD's operating budget. Helping bolster their funds were the folks of Newfound Grocery who hosted a pre-derby spaghetti dinner for them last Friday evening as well.

"The weather could have been a little better but moving the headquarters this year was great and we had a very good weekend overall," said Chief Mark Chevalier.

PSU

FROM PAGE A9

democratic movement in various parts of the world—suggest that now is a good time for reflecting on the state of democracy in the United States and elsewhere.

The next speaker in the series will be Martin Gilens asking, "Is the United States a Democracy or an Oligarchy?" at 7 p.m. Tuesday, April 7, at the Silver Center.

Named for humanitarian and New Hampshire businessman Saul O Sidore, the Sidore Lecture Series was established in 1979 by PSU and the Sidore Memorial Foundation. The series brings a variety of speakers to campus to address critical issues and events in politics, society and culture—topics that reflect Sidore's interests.

All Sidore Lectures are free and open to the public, but reservations are recommended. A reception follows each lecture. Free tickets are available at the Silver Center Box Office, 535-2787 or (800) 779-3869.

General information about events at PSU is available at ThisWeek@PSU, http://thisweek.blogs.plymouth.edu.

SPEARE Memorial Hospital
A Critical Access Hospital

Art of Healing

What: Painting Party
Where: Kil'n Time Art Studio
89 Main Street, Plymouth
When: Wednesday, March 4 @ 6:30 p.m.
Cost: $10 per painter. Advanced registration & payment is required.

presented by the ONCOLOGY CLINIC at Speare Memorial Hospital

Space is limited so reserve your spot today by calling Kil'n Time at 238-9147

SPEARE'S Shamrock Shuffle 5k

Leapin' Leprechauns spring is just around the corner. Time to get up, get out and get moving with our 5K health walk/run.

Saturday, March 14
Plymouth Regional Senior Center • Plymouth, NH
Registration Fee $10
Children age 5 and under FREE
Registration: 8 a.m. • Race Starts: 9 a.m.

SAVE THE DATE!
5th Annual Wine Women & Wisdom
Thursday, April 2 • 5:00 p.m.
Common Man Inn in Plymouth



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Newfound Landing
Sports

Section B
Thursday,
February 26, 2015

Bear girls dealt first loss, open tourney today

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound hoop girls weren't able to complete their undefeated regular season, but still head to the playoffs in a solid position.

The Bears were dealt their first loss of the season on Tuesday, Feb. 17, at Gilford in a battle of undefeated teams. Gilford took the 69-53 win.

The two teams were back and forth throughout the first quarter, with Gilford taking a 15-13 lead after one on a three at the buzzer.

However, the second quarter was a struggle for the Bears, as they shot just one-for-18 from the field, which kept them from getting in their pressure defense. Newfound also gave up a number of easy layups in transition.

"(We) missed 19 free throws and didn't finish the bunnies," coach Karri Peterson said. "Not doing the little things hurt in this game."

Karissa Bony led the way for the Newfound girls, as she finished with 16 points and nine steals. Savanna Bony and Amanda Johnston each finished with 13 points and Johnston hauled in 16 rebounds as well.

The Bears wrapped up the regular season by playing host to Prospect Mountain on Thursday, Feb. 19. Karissa Bony, the team's lone senior, was recognized prior to the game.

The game itself was an all-around team effort, with Bridget Lavin leading the charge early, scoring eight of the team's 19 points in the first quarter, with Newfound leading 19-10 after one.

The Bears held Prospect to just four points in the second quarter and behind seven points each from Karissa Bony and Johnston in the frame, took a 35-14 lead at the break. That lead jumped to 46-19 after three quarters. The Bears finished with the 63-29 win.

Lavin led the way in the scoring column, putting in 16 points, while Karissa Bony finished with 13 points, 10 rebounds and six steals. Johnston added 11 points and 15 rebounds.

With their 17-1 regular season record, the Newfound girls will enter the Division III tournament near the top of the brackets (released after deadline on Monday). The girls earned a first-round bye and will play in the second round today, Feb. 26, at home against an opponent to be determined.

The Division III quarterfinals are Saturday, Feb. 28, at the home of the higher seed at 7 p.m. (time subject to change).

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.



JEFF LAJOIE – NEWFOUND LANDING
Amanda Johnston leaps for a rebound during action at Gilford on Feb. 17.

What's On Tap

Playoffs begin and continue for many teams while the regular season wraps up for a few other teams.

The Newfound hoop boys will wrap up their season on Friday, Feb. 27, visiting Franklin for a 7 p.m. contest.

The Plymouth boys' basketball team plays twice in the final week, hosting Coe-Brown on Tuesday, March 3, and then visit Bishop Brady on Thursday, March 5, with both games starting at 6:30 p.m.

Those who qualify will be competing for the Plymouth wrestling team at the State Meet at Nashua North on Saturday, Feb. 28, at 9 a.m.

The Division II girls' basketball tournament kicks off on Wednesday, March 4, at the home of the higher seed at 7 p.m.

The Division III girls' hoop tournament continues today, Feb. 26, at 7 p.m. at the home of the higher seed, with quarterfinal action set for Saturday, Feb. 28, at 7 p.m. at the home of the higher seed. The semifinals are Tuesday, March 3, at Southern New Hampshire University at 5:30 and 7:30 p.m.

The Division III boys' hoop tournament begins on Tuesday, Feb. 24, at 7 p.m. and continues on Thursday, Feb. 26, at 7 p.m., both at the home of the higher seed.

The unified hoop tournament begins on Thursday, March 5, at 5 p.m. at the home of the higher seed.

Teamwork leads to team title

Bobcats win Division III wrestling championship

BY JOSHUA SPAULDING
Sports Editor

LITCHFIELD — The Plymouth wrestling team was the epitome of a team on Saturday, Feb. 21, at the Division III State Meet.

While other teams won more individual championships, the Bobcats placed 12 wrestlers in the top four of their respective weight classes to earn the Division III championship at Campbell High School.

"The consolation rounds are what pulled us through," coach Randy Cleary said. "It was a great day."

The veteran Bobcat coach notes that it is very difficult to come back through the consolation rounds, especially after your goal coming in was to win and that goal was no longer a possibility.

"I kind of knew it was going to take some wrestlers to come back through the consolation rounds to win matches in order for us to win," Cleary said. "And that's the hardest thing to do.

"It takes a lot of fortitude to come back through to win," he added.

Cleary pointed to Chris Comeau's consolation finals at 138, what he called the toughest weight class.

"He was our first consolation guy to win, against a kid who beat him twice in the regular season," Cleary said. "That got us on a roll for sure."

Sam Slaughter and Garrett Macedonia followed with consolation wins of their own and the Bobcats were on their way to the Division III title.

"We only won by 11," Cleary said. "Every single consolation was good for 11 points, so if just one of them loses, we're not getting the trophy."

Greg and David Waterbury picked up the two individual championships for the Bobcats, with Greg Waterbury winning at 126 pounds and David Waterbury winning at 152 pounds after pinning his way through the competition.

Greg Waterbury opened with a pin of Anthony L'Heureux of John Stark, then pinned David Simondeau of Campbell before taking an 11-7 win over Matt Koch of Pelham in the finals.

SEE **WRESTLING** PAGE B3

New curling season kicks off in March at PSU

PLYMOUTH — Faster than walking. More powerful than rainfall shower heads. Able to be lugged by anyone who can lift 42 pounds.

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The highly-anticipated second annual Plymouth Rocks Curling League returns in March to the Plymouth State Ice Arena. Calling all past, present and future curlers. It's time to awaken from hibernation, attach those grippers, put on those sliders, grab your brooms and come together once again for the most social game on ice.

This spring, curling has been refined, revamped and reimagined. PSU will be hosting its curling open house on Wednesday, March 18, at 6 p.m. to kick-off the 2015 Spring curling season. If you or anyone you know would like to try curling out for the first time, the open house is free for everyone. Please e-mail if you plan to attend.

The Plymouth Rocks Curling League begins the third week in March. They are offering four league nights on Sundays, Mondays, Tuesdays and Thursdays from 6 to 8 p.m. New curlers are welcome. You may register in person at the Plymouth State Ice Arena or online at www.plymouth.edu/arena/curling/. If you are in need of a team, additional players to form your team, or if you have general questions regarding the league, please e-mail psu-icearena@plymouth.edu or call 535-2758. More information regarding the league along with the curling schedule can be found at www.plymouth.edu/arena/curling.



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Hanover sharp-shooters, defense do in Bobcat boys

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — In a low scoring game, the Plymouth boys' basketball team was able to hang with the Hanover Marauders.

However, when the visiting boys from Hanover began pulling away in the third quarter, drilling four three-pointers in the frame, the Bobcats weren't able to keep up and dropped a 59-40 decision.

"When you go down 10 like that, it's very difficult to come back," coach Mike Sullivan said. "Defensively, they're a top three team in the league.

"As soon as we got down 10-11, we had to start pressing a little, that's why it's a 19-point loss," Sullivan said. "That was the major difference in the game, those threes and fouling a three-point shooter."

And though Sullivan said fighting back from a 10-point lead was tough, his team did just that in the first quarter, as the Marauders came out and scored the game's first 10 points, including a three-pointer to get a 10-0 lead.

A Connor Nolan steal and hoop with 15 seconds to go got Plymouth on the board and then seconds later, Mike Buhrman came up with a steal and fed Nolan for a layup at the buzzer, making it 10-4 for the Marauders after one quarter of play.

Parker Olivier hit the first hoop of the second quarter for the Bobcats to cut the lead to four but Hanover came back with a pair from the line to push the lead back to six.

A Burhman three cut the lead to three but once again the Marauders answered with consecutive hoops to make it 16-9.

The Bobcats got back-to-back three-pointers from Steve Southard and Buhrman cut the Hanover lead to just one at 16-15 before the visitors got another basket to push the lead back to three.

Nolan hit another hoop to again cut the lead to one, but the Marauders got a free throw and a field goal to take a 21-17 lead to the halftime break.

Chad Merrill was the spark early in the third quarter, as he hit two hoops in a row and then drilled a free throw, giving the Bobcats a 22-21 lead one minute into the quarter. Hanover hit a pair from the line to go back up by one, but Derek Preble hit two from the free throw line to put Plymouth back up by one.

Hanover followed with a pair from the line and then hit back-to-back three-pointers to pull out to a 31-24 lead. Buhrman answered with a three-pointer for the Bobcats to cut the lead to four, but Hanover came back with a hoop and then two more three-pointers, pushing the lead to 39-27.

Jim Wieliczko hit two free throws for the Bobcats to close out the quarter at 39-29.

The Marauders opened the fourth with a hoop, but Burhman answered with a three-pointer for the Bobcats, cutting the lead to nine at 41-32. However, Hanover came back with a hoop, a three-pointer and a three-point play to push the lead to 49-32 before a Nolan hoop got Plymouth back on the board. After two more free throws from the Marauders, Olivier hit two from the line for Plymouth. Hanover came back and hit two hoops and two more free throws to go up 57-36.

Danny Carey came back with a three-point play for the Bobcats to make it 57-39 before two free throws from the Marauders. Merrill rounded out the scoring with a free throw to make the 59-40 final.

"The defensive effort was great, especially in the first half," Sullivan said. "We did a good job contesting shots."

The Bobcat coach praised Hanover, noting the Marauders will be a force in the playoffs with their defensive intensity.

"They're a solid basketball team," Sullivan said. "In the first round, they'll give someone a fit because of how they defend."

The Bobcats have tow more games on the schedule. They will host Coe-Brown on Tuesday, March 3, and will be at Bishop Brady on Thursday, March 5, with both games set for 6:30 p.m. starts.



JOSHUA SPAULDING
Steven Southard (20) and Parker Olivier (5) contend for a rebound in action against Hanover on Feb. 19.

PRHS 4-13-12-11-40
HHS 10-11-18-20-59

Plymouth 40
Preble 0-2-2, Olivier 1-2-4, Wieliczko 0-2-2, Nolan 4-0-8, Buhrman 4-0-12, Southard 1-0-3, Carey 1-1-3, Merrill 2-2-6, Totals 13-9-40

Hanover 59
Evans 0-1-1, O'Rourke 5-0-14, Berolzheimer 1-5-7, Paulsen 0-2-2, Hazard 0-2-2, Linehan 5-2-12, Dyroff 1-3-5, Lynch 4-3-11, Enneper 1-0-2, Cavallaro 1-0-2, Totals 18-17-59

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Marauders pull away from Bobcat girls

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — When the Plymouth hoop girls visited Hanover in late January, they scored just nine points.

With Hanover in town on Thursday, Feb. 19, improvement was the name of the game and that's exactly what coach Tom Lamb got.

"There's definite improvement," Lamb said after his team dropped a 64-37 decision. "We talked about playing hard and playing for each other and that's what they did."

The Bobcats honored the four seniors prior to the game, as the final regular season game falls during vacation. Seniors Brianna Luscher, Ashley Hoyt, Jessie McDonough and Kelsey Malm received gifts and flowers before getting the game under way.

The Bobcats came out of the gate strong against the Marauders, keeping the game within striking distance for the first half.

After Hanover hit the opening hoop, Luscher came back with a hoop for the Bobcats. Hanover hit a free throw, but Hoyt answered with a hoop to put Plymouth up by one. After another Hanover basket, a rebound and hoop from Sam Gaumer put Plymouth in front again.

However, a three and a field goal from the visitors put them up by four points, but a Jordan Meier hoop cut the lead back to two. Two free throws from the Marauders put them up by four, but a Gaumer hoop was the final basket of the frame and the Bobcats trailed 12-10 after one quarter of play.

The visitors got a hoop to open the quarter but Allison Carey answered with a three-pointer to cut the lead to just one at 14-13. After two Marauder free throws, Carey hit a field goal to again cut the lead to one. Although McDonough came up with a big block on the defensive end, Hanover hit four hoops in a row to go up 24-15.

Meier got Plymouth back on the board and after a free throw from the visitors, Carey hit two from the line to cut the lead to 25-19 at the halftime break.

Out of the gate in the second half, the Bobcats drew closer, as Carey hit a hoop and McDonough put back a rebound to make it 25-23.

However, from there, the Marauders took over. Hanover scored 16 points in a row, including four three-pointers. Carey answered with a three, but Hanover was up 41-26 at that point. The Marauders drilled yet another three-pointer and then hit a hoop to make it a 20-point game at 46-26. A Hoyt hoop made it 46-28 after three quarters of play.

The Marauders hit a three to open the fourth quarter and push the lead to 49-28 before Meier hit a hoop for the Bobcats. After three Hanover free throws, Meier hit another basket to cut the lead to 20 again. Hanover came back with three hoops in a row to make it 58-32 before Hoyt hit a hoop to get Plymouth back on the board. Carey drilled a pair of free throws to make it 58-36, but Hanover hit a pair of hoops and a free throw and took the 64-36 lead. Meier hit a free throw in the final minute to account for the final score of 64-37.

"They're a good team, 13 just killed us," Lamb said. "And we missed some layups and foul shots.

"We wanted to get a good effort in their senior game," the Bobcat coach added.



JOSHUA SPAULDING
Plymouth seniors (l to r) Kelsey Malm, Jessie McDonough, Ashley Hoyt and Brianna Luscher were honored prior to their team's game with Hanover on Feb. 19.

Lamb noted that one of his team's objectives was to get Hanover in trouble, since the Marauders had just two players on the bench.

"We tried to take the ball to the hole to get them in foul trouble," Lamb said. "We were hoping we could get them in a little more trouble than we did."

Carey led the charge for the Bobcats, finishing with 14 points, while Meier added nine.

The Bobcat girls finished off the regular season after deadline on Tuesday, Feb. 24, playing host to Kingswood.

PRHS 10-9-9-9-37
HHS 12-13-21-18-64

Plymouth 37
Carey 4-4-14, McDonough 1-0-2, Meier 4-1-9, Hoyt 3-0-6, Luscher 1-0-2, Gaumer 2-0-4, Totals 14-5-37

Hanover 64
Riccardi 0-5-5, Fairclough-Stewart 3-0-6, Cruitoru 9-0-24, Bibeau 2-1-4, Meaverin 3-6-13, Wittman 2-3-7, Rode 2-1-5, Totals 21-15-64

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Wrestling

FROM PAGE B1

David Waterbury earned pins over Bill Targett of Bow and Connar Quigley of Campbell to earn his title.

The Bobcats advanced to the finals in four other weight classes, finishing with runner-up finishes.

At 120 pounds, Nolan Farina finished second, while at 170 pounds, Tom Hamel fell to three-time Division III champion Richie Mills of Winnisquam. Amani Mwingira finished second at 182 pounds and Donald Hunter finished second at 285 pounds.

Farina pinned Nick Clay of Souhegan and Logan Patten of Winnisquam before falling to Liam Hayden of White Mountains in the finals.

Hamel pined Daniel Khuu of White Mountains and Eric Loc of John Stark before falling to Mills in the finals.

Mwingira opened with a pin of Aaron Nelson of John Stark and got a 16-9 win over Patrick Hennig of Newport before falling to Christian Duquette of Winnisquam in the finals.

Hunter pinned Domenic Branco of Pelham and beat Adam Hayward of Campbell 7-6 before falling to Patrick Kaplan of Franklin in the finals.

Winning their consolation rounds were Comeau at 138 pounds, Slaughter at 145 pounds and Macedonia at 160 pounds.

Comeau dropped his first match to Brendan Mooney of Bow, but got a 7-2 win over Kyle Bolduc of Winnisquam and a 3-1 win over Jason Gleason of Pelham before a 9-8 win over Riley Cook of Newport in the consolation finals.

Slaughter won his opener by pinning Justin Mooney of Bow, but lost to Marc Boomhower of Campbell. He then beat Hunter Keyser of Winnisquam by a 19-5 decision to advance to the consolation finals, where he beat Bryce Brown of Kearsarge with a pin.

Macedonia lost his opener to Fran Gesel of White Mountains, but fought back with pins of Morganne Flinkstrom of Kearsarge and David Allen of Campbell before pinning Matt Haddock of Bow in the consolation finals.

Jonah Patterson at 113 pounds, Adam Hughes at 132 pounds and Dylan Cooper at 195 pounds all finished in fourth place to help the team cause.

Patterson lost his first match to Ben Widmann of John Stark and then fell to Dayton Chandonnet of Campbell in the consolation finals.

Hughes earned an 11-4 win over Jack Tremblay of Campbell but then lost to Nick Widmann of John Stark. Hughes beat Jake Upton of Souhegan 15-0 to advance to the consolation finals, where he lost to Zach Koch of Pelham.

Cooper lost to Tony Roberts of Bow in his opening match then fell to Todd Robinson of Winnisquam in the consolation round finals.

At 106 pounds, Joe Collette fell to Benjamin LaBatt of Campbell and Michael York of Bow. At 220 pounds, Aaron Evans beat Mike Pearson of White Mountains 11-1 then lost to Michael Killoran of Campbell. Evans then went to three overtimes with Max Johnson of Bow before falling 4-3.

In addition to the Division III championship trophy, the Bobcats also won the Dual Meet Championship, going undefeated during dual meets in the regular season.

All wrestlers who finished in the top three will be competing this coming Saturday, Feb. 28, at 9 a.m. at Nashua South High School in the Meet of Champions.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.



JOSHUA SPAULDING

The Plymouth wrestling team poses with the Division III championship plaque on Saturday afternoon at Campbell High School.



JOSHUA SPAULDING

Donald Hunter works during his championship match at the Division II State Meet on Saturday.



JOSHUA SPAULDING

Greg Waterbury won his weight class the Division III State Meet.



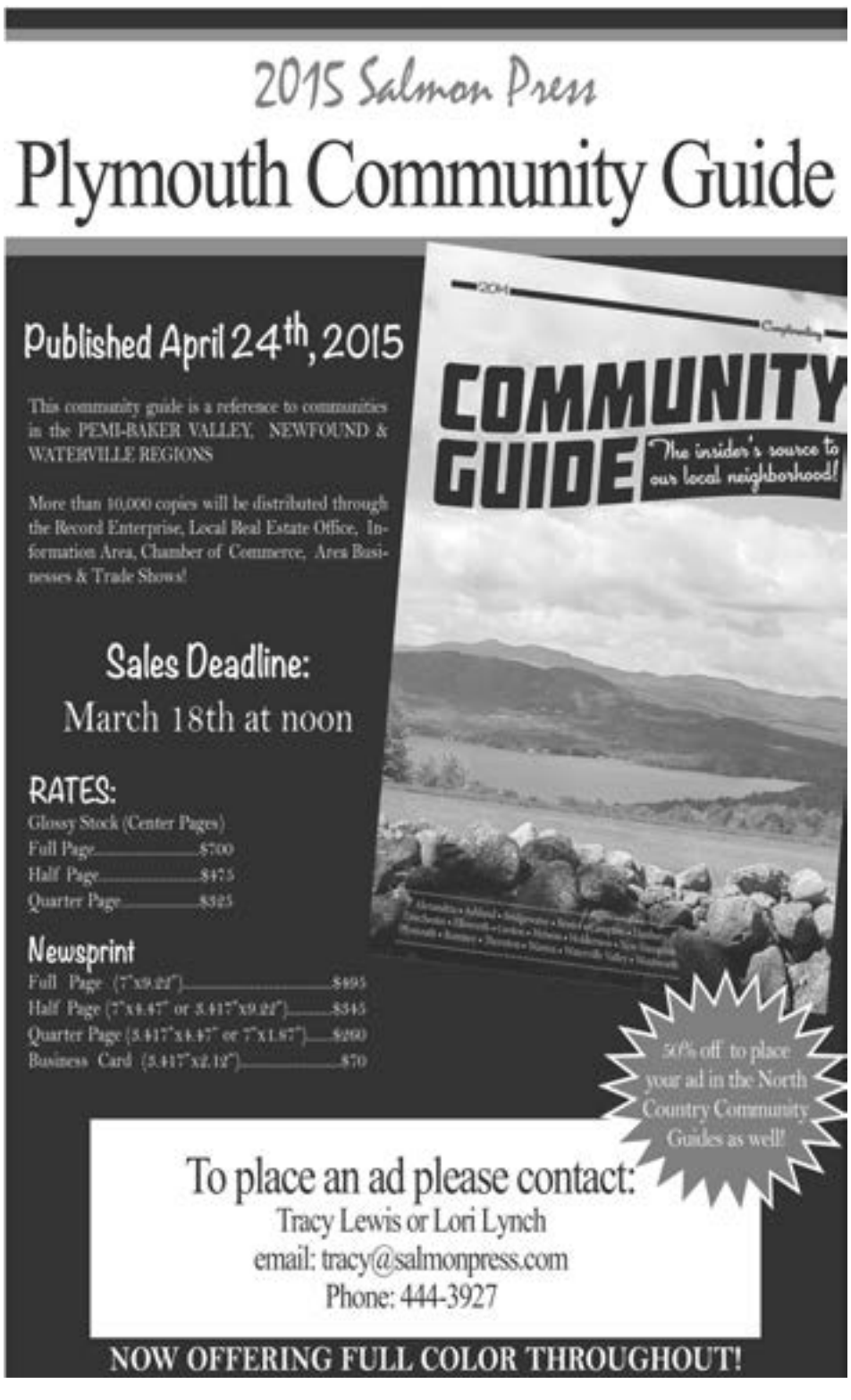
JOSHUA SPAULDING

Dylan Cooper wrestles in the consolation finals at Saturday's Division II State Meet.



JOSHUA SPAULDING

David Waterbury took top honor in his weight class Saturday at the Division II State Meet.



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Long Term Substitute Nurse

We are seeking a registered nurse to cover a long term leave at Danbury Elementary School starting March 2 through March 20, 2015 at Danbury Elementary School.

Interested candidates should submit a copy of your nursing license and a substitute application located at:
http://www.sau4.org/human-resources/employment-infromation
Attn: Ann Holloran – Principal
Newfound Area School District
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Mortgagee's and Secured Party's Sale at **AUCTION**

The Brass Heart Inn on 23± Acres • Tamworth, NH
Tuesday, March 3rd at 11:00 a.m.

The Brass Heart Inn is located at 88 Philbrick Neighborhood Road just two miles from the center of Tamworth. The property is comprised of 23± acres and includes the main Inn and restaurant along with 6 rental cottages, a finished barn and owner's house. The owner's residence is a 2-story Colonial located at the rear of the property built in 2005± and includes 4-bedrooms and 2.5 bathrooms.

Inspection: Thursday, February 26th from 11 a.m. to 1 p.m. and one hour prior to the auction.

For a property information package with terms go to www.paulmcinnis.com

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Great Commercial Property!

Bristol, NH – Price Reduction! This 3000 sq.ft. single story building built in 2001 is currently setup as a medical facility, located on Route 3A, the main route to Newfound Lake and just 2 miles from the Bristol business district with a Village Commercial zoning. The property has 125' of road frontage and sits on one acre of land. The package is completed with 30+ parking spaces. This property possible for lease or lease/purchase.

MLS #4331024 | Offered at $309,000

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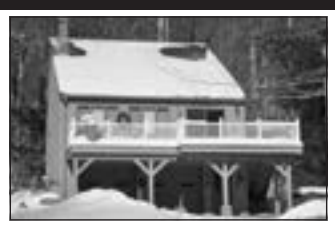
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Campton: As you walk in, you will fall in love with this unique, well- taken-care- of, neat, warm & cozy 3-bedroom, 2-bath Contemporary saltbox with a 2-CAR GARAGE underneath. The open concept living/dining area with cathedral ceilings and large windows make it so inviting especially with the wood stove. The huge trek deck overlooks the wilderness and peaceful way of life in Waterville Estates with all its amenities. Property is sold mostly furnished. **MLS: 4403153.....$169,900**



Laconia: Enjoy the feel, of a gated community, without the excessive condo fees paid elsewhere. ($175 Monthly Condo Fee) Bordered by the Wild Life Preserve, and plenty of natural light, this well constructed home provides fantastic simple living space. Clean architectural lines throughout this 3 bedroom, 2.5 bathroom contemporary abode. **MLS: 4403692.....$289,000**



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The choices we make and the life that we live

SPORTING CHANCE



By JOSHUA SPAULDING

A pretty awesome person once showed me a fortune cookie fortune that said "There is only one life for each of us, our own."

That is pretty much the truth, though it is up to each person to decide what he or she does with the life they have been given. You can make the most of it, take chances and think outside your box or you can hide away, afraid that you'll make the wrong choice and never be able to get past it. This is something I battle with on a regular basis.

As most people know, I don't have much of a life outside of work. That is due in large part because of the number of hours I spend working, which isn't exactly conducive to having tons of free time. But part of that is also due to who I am and the person that I've learned to be over the years.

I've mentioned here before that I am a creature of habit. I like things the way I like them and change bugs me. Even minor things like the laundromat being closed or being 15 minutes late in the morning because I'm stuck behind a plow truck on Route 28 can bug me. It really makes no sense, but it's something I deal with regularly. I tend to make the safe choice, the familiar choice. Sometimes that's OK, but sometimes, you need to take a different road.

I've made an effort over the last few years to try and branch out a little more and do different things and take a few chances. I've enjoyed getting involved with the Village Players (The Mousetrap is coming in April, it will be a good time) and have continued to love the Cate Park Band every summer. I've traveled to New York and Los Angeles to attend Survivor events with complete strangers, many who have become friends (going to NYC again in March). Of course, there was also that Russia trip last February that definitely took me out of my comfort zone.

But for the most part, I try to stay away from change. I try to keep things simple so that I am not terribly disappointed when a gamble doesn't pay off or I don't get what I'm hoping for. However, the trip to Russia, which proved to be an experience of a lifetime, may have changed me a bit, though it's taken a year to realize that.

While I still bristle at change, I know that some change is good. I know that the life I'm living could be better, if I choose to make it better, if I choose to go out on a limb and make choices that I might not usually make and do things that I probably normally wouldn't do.

It's been a year since I returned from Russia full of tons of great memories that I know I never would've made if I hadn't made the scary choice to go. So maybe those other decisions that are out there that I consider scary (for one reason or another) can turn out the same way. Maybe those can meet similar results, with tons of good memories.

And maybe those choices could lead to improvements in many aspects of my life. After all, as the fortune cookie said, I only have one life.

Finally, have a great day Mara Lamb and Eddie Michno.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.

Registration open for L.R. Lacrosse Club

GILFORD — The Lakes Region Lacrosse Club has begun registration for the 2015 season. Registration is currently open to returning players and new athletes today. U9, U11, U13 and U15 teams are planned for girls and boys. Girls and boys ages seven to 15 can register now through March 20. Please go to www.lrlacrosse.org for links to online registration.

Information sessions, not necessary for registration, just drop in for general info are scheduled as follows:

Sunday, March 1, 5:30-7 p.m., Tilton Sports Center;

Monday, March 2, 6:30-8 p.m., Gilford Town Hall.

Last year, more than 130 youth athletes began or continued the development of their skills, sportsmanship and knowledge of the culture and tactics of lacrosse.

The Lakes Region Lacrosse Club is open to girls and boys of all abilities who reside in the Gilford School District and surrounding towns that do not currently have a youth lacrosse program. Participants include residents of Alton, Center Harbor, Gilford, Gilmanton, Belmont, Meredith, Moultonborough, Northfield, Sanbornton and Tilton. The club is a member of the New Hampshire Youth Lacrosse Association (www.nhyla.org). The club's home field is the Meadows Complex in Gilford.

Practices typically begin in late March. Practices are typically held 2-3 times per week. Seven regularly scheduled league games occur on Sundays, beginning April 12 through June 7 (excluding Memorial Day weekend).

Approximately one half of the games are held locally and one half require travel to host towns in New Hampshire. A state tournament is scheduled for June 13-14 (all divisions). The season concludes on June 20 with the Granite State Lacrosse Tournament, held in Amherst.





