

Belmont girls named to soccer All-State teams



Emma Winslow earned All-State honors for Belmont's soccer season.
BY JOSHUA SPAULDING

REGION — Girls' soccer coaches from around the state have announced the All-State recognition for the fall season.

For Division III, First Team honors went to Gilford midfielder Millie Caldon (nine goals, 24 assists) and forward Allison Kenyon (27 goals, 13 assists). Second Team honors were awarded to Gilford goalie Margaret Cummings (14 shutouts, 93 saves) and defender Gracey Leblanc (11 goals, three assists), while Honorable Mention went to Berlin goaltender Alexa Goulet, Gilford defender Vanes-

sa Flanders (two goals, seven assists), Prospect Mountain defender Lani Demerss, Belmont defender Emma Winslow, White Mountains midfielder Josie DeAngelis, Gilford midfielder Anna Coapland (eight goals, 13 assists), Inter-Lakes midfielder Sara Harris, White Mountains forward Emma Simpson, Belmont forward Darci Stone and Newfound forward Rylee Barney.

Also earning First Team honors were defenders Bella Bovell of Stevens, Juliana Grela of St. Thomas, Ava Houde of Trinity and Alexis Lawler of Hopkinton, midfielders Ella

Pottle of St. Thomas, Lydia Cramer of Raymond and Katie Mulcahy of Trinity and forwards Maddie Karasonovich of St. Thomas and Maddy Minckler of Stevens.

Second Team honors also went to defenders Morgan Wagner and Alex Wallenmaier of Campbell and Bella Skoglund of Trinity, midfielders Stella Lavertue and Tori Dalke of Stevens, Kate Burrus of St. Thomas and Elise Miner of Hopkinton and forwards Penelope Wenzel of Raymond, Elizabeth Holmes of Hopkinton and Gabby Kim-Levesque of Campbell.



Darci Stone of Belmont was honored with soccer All-State honors.

Honorable Mention also went to goalies Hailey Knight of Stevens, Ashley Hardner of Derryfield and Madison Carmichael of Hopkinton, defenders Katharine Dornan of St. Thomas, Oceana Palmer of Raymond and Ingrid Bjornas of Derryfield, midfielders Heidi Smith of Campbell, Sam Chappell of Derryfield, Kennedy Mark of Hopkinton, Carly Grant of Kearsarge, Mariella Tsitsonis of Fall Mountain, Emily Howell of Hillsboro-Deering, Emily Seiler of Mascoma and Sydney O'Toole of Sanborn and forwards Amanda Roy of Monad-

nock, Lydia Tremblay of Bishop Brady and Irelynd Aucoin of Conant.

Gilford's Rob Meyers was named the Division III Coach of the Year for

guiding the Golden Eagles to the Division III title.

In Division IV, First

SEE ALL-STATE PAGE A11

New coach inherits strong core of returning Raiders

BY JOSHUA SPAULDING
Sports Editor

BELMONT — The boxes are checked as the Belmont boys' basketball team begins a new season with a new coach at the helm.

"We have size, speed and experience," said new head coach Tony Martinez. "Most importantly, the guys have a great sense of desire and willingness to come together as one team."

With a host of returning players with significant experience on the varsity court, the Raider coach is optimistic about where the team can go this season.

"I feel with the team and program we are building this season will have a great chance to be at Keene State (Final Four location) competing come February," Martinez said. "We had a great summer getting to know each other better and from day one of try-outs, they have worked very hard and are practicing each night with high energy and togetherness that any team who wants to be successful needs to have."

The Raiders return three players who were All-State selections last year in seniors Jamison Gaudette, Sam Reposa and Keegan Martinez. Gaudette plays at both guard and forward, Reposa will be a guard and Martinez will be a forward.

Added to that mix are sophomore center/forward Anakin Underhill (the team's tallest player at six feet, six inches), senior guard Tylor Carroll, senior forward Matt Krasnecki, senior guard Jeff Carrier, senior guard/forward Jacobb Bivens and senior forward Hunter Stephens.

That group of returning players is joined by a quintet of newcomers looking to make their impact on the roster. This includes senior guard CJ Lemay, junior forward Baidyn Lewis, sophomore guard/forward Michael Collette, sophomore guard Brady Thurber and freshman guard Treshawn Ray.

"I feel every season the goal is to put all the players we have into the best roles possible," Martinez said. "We always want to ensure that each player is in the best position to succeed within the skill set they bring to the team."

"Ultimately, by having each player contributing, whether it's in practice or in a game, each contribution will set a foundation for us to compete each season for a state championship," the Raider coach added.

Martinez noted that the core group of returning players has been stepping up and rather than one or two voices leading the way, every player is helping each other out, which he said is great to see.

"I think our depth will be a great strength as the season moves along," the first-year head coach said, noting that the players have worked hard on shooting and ball movement, which he expects to help improve on last year's tough long-range shooting.

"Defensively our size and athleticism will make

Lots of new faces on the mat for wrestling Bears

BY JOSHUA SPAULDING
Sports Editor

TILTON — Last year, the Winnisquam wrestling team had its most successful season ever, earning the Division III runner-up plaque.

But when June rolled around, a lot of the experience from the past few years walked out the door and coach Tom Os-

mer was left looking for some people to fill weight classes as the Bears look to get back in the Division III title hunt.

The good news for Osmer is that the team has a lot of new faces and they all are showing up every day and working hard to get better.

"The best thing this team has going for it are

the good numbers," Osmer said. "It's a lot easier to get better when you have a bunch of practice partners available to you every day."

The Bears do bring back four grapplers who qualified for the Meet of Champions last year: Aemon Gauthier won his weight class in the Division III State Meet

and finished sixth at the Meet of Champions, Henry Osmer was runner-up in his weight class at the State Meet and Ryan Cormier and Victor Pham both finished third in their weight class at the State Meet last year.

Coach Osmer is ex-

SEE BEARS PAGE A11

Sanbornton's Sally Hibberd named LRAA's Artist of the Month

TILTON — The Lakes Region Art Association & Gallery features an exemplary member artist each month through short social media videos posted to the Facebook and Instagram

platforms.

November's Friday Featured Artist is Sanbornton local Sally Hibberd. Sally grew up on a farm in England, working with draft horses and

farm animals throughout her youth. The memories of this time in her life, as well as the more recent travels with her husband, are the inspiration for many of her paintings. Sally also

does pet commissions upon request. Being pretty much self-taught in her craft, she has worked in several mediums but prefers painting with acrylics. Sally has several framed, original paintings on exhibit and available for purchase in the Lakes Region Art Gallery (LRAA), in the Tanger Outlets, 120 Laconia Rd., Suite 300 in Tilton.

Starting Dec. 1, the gallery's new extended hours are from 10 a.m. to 8 p.m., Thursday through Saturday, 10 a.m. to 7 p.m. Sunday. Along with Sally Hibberd's art, the LRAA Gallery features

SEE HIBBERD PAGE A11



SEE RAIDERS PAGE A11

36th Annual Cash & Cans drive set for Dec. 10-16

REGION — ‘Making a difference one donation at a time,’ Mix 94.1 FM’s 36th annual Cash and Cans Money & Food Drive for the holidays is set for December 10-16. All monies and food raised stays local, benefiting several area organizations, including the Franklin Police Toys for Tots Program; the Belmont Police Santa ‘Lil Helpers program; Twin Rivers Food Pantry; Bread & Roses Soup Kitchen; Tilton/Northfield/Sanbornton (TNS) Christmas Fund; Every Child Is Ours; Greater Lakes Region

Santa Fund, Meredith Emergency Food Pantry, the Northfield-Tilton Congregational Church Food Pantry, St. Joseph’s Belmont Food Pantry and others. Last year was another record year for donations, with more than \$61,000 in cash and more than 30,000 non-perishable food items raised. Mix 94.1 FM’s Fred Caruso, who started the program in 1987, looks forward to this week every year, and knows this year will be a challenge. “The price of everything has gone up, including supplies need-

ed for these wonderful non-profits, who help so many,” Caruso said. “However, the generosity of our listeners and business community shines through each year. We meet so many generous people during Cash and Cans week. It’s a heart-warming week. Moms and Dads bringing their kids to; schools and businesses organizing food drives All we ask is give what you can to help our friends and neighbors who may need a helping hand.”

Caruso and morning co-host Amy Bates will broadcast live from 19 different locations, accepting your Cash and Cans donations. Here’s where they’ll be, and when they’ll be there: Saturday, Dec. 10: Noon-3 p.m. at Funspot, Weirs Beach for the third annual Funspot gift card fundraiser. Purchase Funspot token cards and all proceeds will benefit Cash & Cans.

Monday, Dec. 12: 5:30-9 a.m., George’s Diner, Meredith; 10 a.m.-1 p.m., Vista Foods, Laconia;



Franklin Middle School makes a donation to Mix 94.1 FM’s Fred Caruso for this year’s Cash & Cans Drive of close to 1,000 non-perishable food items.

2-5 p.m., Verizon Wireless Zone, Laconia.

Tuesday, Dec. 13: 5:30-8 a.m., Willow Hill Food & Beverage, Franklin; 9-11 a.m., Stafford Oil Laconia; 11 a.m.-1 p.m., HK Powersports, Laconia; 2-5 p.m., Belknap Subaru, Tilton.

Wednesday, Dec. 14: 5:30-10 a.m. Dunkin’ Donuts, West Main Street, Tilton. Make a minimum ten dollar donation, get a dozen donuts free; 11 a.m.-1 p.m., Prescott’s Florist, Laconia; 1-3 p.m., Irwin

Motors, Laconia; 5-7 p.m., McDonald’s Tilton.

Thursday, Dec. 15: 5:30-10 a.m., Park-N-Go Market, Northfield; 11 a.m.-1 p.m., T-Bones Laconia; 2-4 p.m., Franklin Savings Bank Upper Central Street, Franklin; 4:30-7 p.m., Planet Honda, Tilton.

Friday, Dec. 16: 5:30-10 a.m., McDonald’s Franklin; 11 a.m.-2 p.m., Benson Auto, Franklin; 2:30-5:30 p.m., Grevior Furniture, Franklin. Donations may also

be made by mail. Please make checks payable to Mix Cash and Cans and mail to Mix 94.1fm, PO Box 99, Franklin, NH 03235 or Venmo @ Mixcashandcans. For more information about the Mix Cash and Cans program, visit www.mix941fm.com or contact Fred Caruso at fred@mix941fm.com. Mix Cash and Cans is a public service of Mix 94.1 FM, a locally owned and operated Northeast Communications Corporation radio station.

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BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Nov. 21-28. Christopher L. Leverault, age 44, of Belmont was arrested on Nov. 21 for Possession of a Controlled Drug and multiple counts of Breach of Bail Conditions. Courtney M. Coffman, age 40, of Old Town, Maine was arrested on Nov. 22 in connection

with multiple warrants. Brandon M. O'Brien, age 28, of Laconia was arrested on Nov. 24 for Disobeying an Officer and Driving After Revocation or Suspension. Frank E. Clement, age 49, of Winchester was arrested on Nov. 26 for multiple counts each of Control of a Premises Where Drugs have been Kept, Possession of a Controlled Drug, and Transporting Drugs in a

Motor Vehicle. Noel Edward Boyd, age 59, of Belmont was arrested on Nov. 26 for Operating After Certification as a Habitual Offender. Angeline M. Pelky, age 34, of Laconia was arrested during the

same incident for Driving After Revocation or Suspension. Albatros Dreshaj, age 30, of Laconia was arrested on Nov. 27 in connection with multiple bench warrants.

Massachusetts man arrested for DUI after being clocked at 116 mph

TILTON — On Nov. 29 at approximately 10:51 p.m., Trooper Erin Frost of the New Hampshire State Police Troop D barracks was monitoring traffic on Interstate 93 in the town of Tilton. While doing so, she observed a vehicle approaching her location at an extremely high rate of speed. Trooper Frost obtained a radar reading of 116 mph as the vehicle approached and passed her. After stopping the vehicle, Trooper Frost identified the operator as Freddy Morocho-Carchi, age 25, of Milford, Mass. After a roadside investigation, Trooper Frost placed Morocho-Carchi under arrest. Morocho-Carchi was transported to the Tilton Police Department, where he was bailed and released on his own personal recognizance. Morocho-Carchi was charged with Aggravated Driving Under the Influence, Open Container, Operating without a Valid License and Reckless Operation and was ordered to appear in the Franklin District Court at a later date.

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ARTISTIC ROOTS

NH residents raise more than \$2 million for aid to Ukraine



Common Man CEO Alex Ray cooks at an orphanage in Ukraine.

COURTESY

ASHLAND — As the war rages on in Ukraine, the people of New Hampshire have sent their support and crucial humanitarian aid to Ukrainians via donations to the New Hampshire Relief for Ukraine Fund, surpassing the fundraiser’s \$1 million goal.

The fund was started in May by Alex Ray, owner of The Common Man hospitality family in New Hampshire, with a commitment to match every donation,

dollar-for-dollar, up to \$1 million. With The Common Man’s promised match, more than \$2 million has been allocated to provide relief to Ukrainian refugees in Poland and those still living in war-ravaged Ukraine.

A committed group of volunteers and others joined Ray in this statewide charitable endeavor, including former New Hampshire Gov. John Lynch, The Common Man family,

WMUR-TV, iHeart Media, Granite United Way, New Hampshire Fish-er Cats, and the Rotary Clubs of Plymouth and Warsaw, Poland.

“We asked the people of New Hampshire for help, and their answer was overwhelming,” said Ray. “Ukrainians are headed into a brutally-cold winter in already uncertain conditions – unreliable power, limited or no heat, and unstable living conditions. Your donations are providing

warmth and sustenance. You are saving lives.”

In the six months since the fundraiser began, more than 2,500 unique donors contributed more than \$1.2 million through the fund’s fiscal agent, Granite United Way. Donations are securely transferred to Polish Rotary District #2331 to ensure the funds go to their intended purposes. The partnership with Polish Rotary was developed through Ray’s membership in the Rotary Club of Plymouth.

Ray and members

of the NH Relief for Ukraine committee visited Poland and Ukraine in May to assess the immediate needs of Ukrainian refugees and establish project goals for the fund. As donations came in, they were quickly wired to provide timely assistance for food, shelter, and other vital needs. The group returned to Poland and Ukraine in October to check on the progress of the programs that were funded.

“We met heroes who were building a network for the delivery of humanitarian aid,” said Susan Mathison, a member of the NH Relief for Ukraine committee and Plymouth, NH resident who joined Ray on both trips. “We saw thousands of people stacked bed-to-bed in refugee centers, orphanages full of children traumatized by their losses, and we met Ukrainians determined to do whatever it takes to help each other to remain, Ukrainian.”

To date, the NH Relief for Ukraine fund has assisted in the purchase and delivery of more than 700 tons of food to orphanages and refugee centers throughout Ukraine; funded a trauma counseling center for children; purchased and deployed a Blood-mobile, which supplies

field hospitals throughout Ukraine; distributed hundreds of generators; is striving to provide more than 10,000 sleeping bags to give extra warmth this winter; and assisted with repairs and supplies for orphanages and centers for children with disabilities.

Ray and members of the fundraising committee are planning another visit to Ukraine in December to participate in a convoy that will deliver supplies, gifts and holiday treats to children living in orphanages across the region. Ray will dress in a traditional “Father Frost” wardrobe to bring some cheer and smiles to children facing such difficult conditions this holiday season.

Donations to NH Relief for Ukraine will be accepted until Dec. 31, and can be made online via fiscal agent Granite United Way at www.graniteuw.org or by texting NH4UKRAINE to 41444. Checks made out to Granite United Way with NH Relief for Ukraine in the memo line can be mailed to: Granite United Way, 22 Concord St., Manchester, NH 03101. More information about the effort and a donation link can also be found at www.cma-n4ukraine.org.

Funspot gift card promotion to benefit Mix Cash & Cans



LACONIA — Today’s Hit Music Mix 94.1 FM presents its 36th annual Cash-and-Cans money and food drive for the holidays now through Dec. 16. The fundraiser, started by Mix 94.1fm’s Fred Caruso in 1987, raises food and money for a number of central New Hampshire charitable organizations, from food pantries to soup kitchens to toys-for-tots programs.

Saturday, Dec. 10 will be a unique way to benefit Mix Cash & Cans. It’s a Funspot Gift Card Fundraiser at Funspot from noon-3 p.m.

“Once again, Funspot and the Lawton family have stepped up to the plate to help our those in need here in our central New Hampshire com-

munity. We’re very excited to have them involved once again with year’s Cash & Cans campaign,” Caruso said. “For a minimum ten-dollar donation to Cash & Cans, you’ll receive a ten-dollar Funspot gift card; donate twenty dollars, get a twenty dollar gift card; donate fifty, get fifty. It’s really is a win-win for everyone. Funspot gift cards make great gifts and stocking stuffers and Mix Cash & Cans gets the donation.”

Last year, the Funspot Gift Card Fundraiser raised over \$1,800 for Mix Cash & Cans.

During Mix Cash & Cans week, Caruso and morning co-host Amy Bates will be accepting monetary and non-perishable food donations with 100 percent of the proceeds right here in our central New Hampshire community.

“We live in a wonderful area, neighbors helping neighbors, friends helping friends, people helping people they’ve never met. That’s what Cash-and-Cans is all about,” said Caruso.

A complete Cash and

Cans broadcast schedule is available at www.mix941fm.com. Donations can also be made through the mail. Please make checks payable to Mix Cash-and-Cans and mail to Mix 94.1 FM, PO Box 99, Franklin, NH 03235. And Venmo, @Mixcashandcans. For more information about the Cash & Cans program email Caruso at fred@mix941fm.com. Mix Cash & Cans is a public service of Mix 94.1 FM, a locally owned and operated Northeast Communications radio station.

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Holiday traditions

Did you ever wonder where the tradition of the Christmas stocking came from, or why traditional Christmas colors are red, green, and gold or why Kentucky Fried Chicken in Japan is so busy on Christmas? There are endless myths and fables surrounding the Christmas holiday, but there are even more interesting facts. While researching Christmas, and digging deep, we found a plethora of fun and thought-provoking facts worth sharing with our readers. The first one notes that early images of St. Nicholas depict him as a strict disciplinarian rather than the overweight, jolly man in the red suit we see today. Way back when, a common Christmas eve tradition was to tell scary ghost stories by the fire, boo! In 1914, during the First World War, a truce between the United Kingdom and Germany was held. They decorated their shelters for the holiday and exchanged gifts and even played a game of football with each other.

When a child drops a letter in the mail to Santa in America, the mail is sent to Santa Claus, Ind. Thanks to the province of Nova Scotia, who since 1918 have been sending the city of Boston an enormous Christmas tree as a thank you for supporting them during the Halifax explosion. Pope Julius I, bishop of Rome, proclaimed December 25 as the official day to celebrate the birth of Jesus in A.D. 350. For the past 40 years, people in Japan eat Kentucky Fried Chicken for Christmas dinner and must make their orders two months in advance.

British illustrator John Callcott Horsley invented the first Christmas card in 1843. In England from 1649-1660, Puritan head of state Oliver Cromwell outlawed Christmas celebrations and carols. The first artificial Christmas trees were made in Germany out of dyed goose feathers, (we're still trying to picture this one). X is the Greek letter "chi," which is an abbreviation for the word "Christ" in Greek hence the abbreviation X-mas being used so often. Several European countries thought that good and evil spirits were active during the Twelve Days of Christmas. These 'spirits' then became known as Santa's elves. Have you ever wondered what a 'Yule' log actually is? We have as well. It is a large log that is burned during the Twelve Days of Christmas as a symbol of health, fertility, luck and is said to ward off evil spirits. In Bolivia, there is a celebration called the 'Mass of the Rooster' that takes place on Christmas Eve. Some folks bring roosters to the mass to symbolize the thought that a rooster was the first animal to announce the birth of Jesus. In 2010, the Colombian government hung lights on jungle trees. When the FARC guerrillas sauntered by, the trees lit up and released banners asking the terrorists to lay down their weapons. As a result, 331 guerrillas peacefully re-entered into the community. Here's an interesting one, the 'Bicycle' card company created playing cards during WWII that revealed an escape route for POWs in Germany. In the song "The Twelve Days of Christmas," the verse referring to "true love" is a reference to God. A "partridge in a pear tree" represents Christ and the "two turtledoves" represent the Old and New Testaments. Did you ever wonder why the colors red, green, and gold are affiliated with Christmas? Green is a symbol of life and rebirth, red symbolizes the blood of Christ and gold is a symbol of light, wealth, and royalty. Christmas trees are grown for roughly 15 years before they are purchased. In Poland spider webs are a common decoration for trees because a spider, according to legend, wove a blanket for baby Jesus. In 1836, Alabama was the first state in the country to officially recognize Christmas. Mistletoe is considered sacred to the Druids because it produces fruit and remains green throughout the winter. The Druids never let the plant hit the ground and believed that it was a cure for infertility and warded off evil spirits. Environmentalist Teddy Roosevelt banned Christmas trees from the White House in 1901. Apples were the first Christmas tree decorations. Why do we hang stockings by the chimney with care? Apparently, there were three sisters who were too poor to afford a marriage dowry and were bound to end up on the streets. Bishop Saint Nicholas filled their stockings with gold coins, and their lives were forever changed. We hope you enjoyed these fun Christmas facts and hope that you have a happy holiday season filled with endless laughter and memories to last a lifetime.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



COURTESY

Tilton Senior Center supports Veterans Home

Throughout the month of November, Tilton Senior Center participants brought in items to be donated to the NH Veterans Home. The box shows a very small portion of what was accumulated. Many thanks to all who collectively donated well over 100 items! Pictured left to right, Jim Johnston (Veteran), Ron Mills (Veteran), Tom Arnold, Barbara Arnold (Veteran) and John Bruno.

“Recursion” by Blake Crouch

BY LINDSEY NEILSON
Hall Memorial Library

New York City cop Barry Sutton is investigating strange occurrences of False Memory Syndrome, a phenomenon where victims are driven mad with memories of another life. Elsewhere, neuroscientist Helena Smith has dedicated her life and career to the invention of special technology that al-

lows us to preserve precious memories. Barry and Helena must work together to take down an opponent that is nearly untouchable - the force attacking our minds and our pasts. If memory makes reality, what does it mean if reality is being unmade right in front of us?

This book was a bona-fide page turner. Every twist changes the trajectory of the

plot until you stop even trying to guess what is going on. I personally loved the science-fiction aspects of this thriller, but it has something for every reader. Barry and Helena come together to solve the puzzle of something truly frightening - what if you woke up one day with memories of an entirely different life lying right alongside your own memories? Memories of a different house,

job, or even children that didn't belong to you yesterday?

Visit Hall Memorial Library at 18 Park St., Northfield to check out a copy of this book ASAP - you won't be disappointed. No card? No problem - just give us a call at (603) 286-8971 and we will let you know how you can get one! Audio-books, large print, and e-books available.

North Country Notebook

Something so soul-satisfying about splitting a bunch of kindling



By JOHN HARRIGAN
COLUMNIST

Editor's note: While Mr. Harrigan's hiatus continues, we present the following North Country Notebook column originally published in December 2011.

One of my favorite things to do is to split kindling. Often, I use butt ends of spruce and fir (fir is better) from stuff that I or helper Bob Vashaw have to clean up from blowdowns around woods roads and fences. If it is a clear piece, meaning no knots, I split it into small sections with a heavy maul or a hydraulic splitter, and set it aside for splitting much finer into kindling. If not, it's set aside to go into stove, fire-place or outdoor furnace.

Some of my choice butt ends are cedar, the best for splitting for kindling, which I get from longtime friend David Hodge, known for making some of the best hay around and for building the very finest of split-rail fences. What butt-ends I get from him,

mostly, are clear and straight. It is the type of wood most satisfying to split. What is knotty goes for starting fires in the fireplace or outdoor furnace, which does not have to be much, because once the outdoor furnace is going, it's going. The living room fireplace is another matter, because it seldom holds a fire through the night.

On a rainy or snowy day, which is what determines outside work or inside work, I build a fire in my old Atlantic box stove in the shop, and commence to split kindling. To me, it is a totally pleasant chore. It takes about a half an hour to get the place warmed up, enough time to get snacks out and warm up a cup of tea.

And then, it's time to set about. I've had this old, small axe for many years, an ancient thing (I'd estimate early 1800's) with a short handle and a heavy head, perfect for splitting fine stuff. For decades, I've kept it hidden

from successive kids, who tend to bruise or break handles. Hence, here is not a mark on the handle, which I'd call a haft, although that is hard to find in any dictionary.

Inside, I've already stacked up a bunch of split logs, which I always heard called bights, although I can not find any reference to them in such a way. A bight is mostly used for bodies of water, but in my dim mind and recollection, garnered from old-tim-

ers, it also referred to a split piece of wood.

At any rate, there I am in my shop, with a good fire going in the old Atlantic box stove, with its Gothic side panels. This is a stove that I warmed myself from back when the Deadwater logging camps were still going. That was about a half-century ago. My favorite recollection of that comes from when best friend Jimmy Berry and I, soaked and half frozen after hunting the high end of Deadwater, stopped at the camps to seek warmth and shelter and were welcomed in to sit by the stove and have some huge cookies. When Raymond Ricker's family were auctioning stuff off, I happened to see the stove in an ad in the Colebrook News and

Sentinel, and rushed down to the auction and man-aged to buy the stove. And there it sits in my shop, warming me as it did so long ago. For about everything important that I have, there is a story.

I set a piece of cedar upon the splitting block, and split

off a piece about the size of a hefty slice of ham, and then turn it and commence splitting it into fine pieces about the size of celery sticks. "Plink, plink," they go as they fall to the floor. In not much time, too little time actually, there's quite a pile. I'll use them in the fireplace, on especially cold days, to build a fire to augment the abundant heat coming in from the outdoor furnace.

Winnisquam Echo

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MVSB kicks off annual Mitten Tree Drive to benefit local schools & nonprofits



MVSB is collecting new mittens, hats, gloves and scarves through New Year's Eve at any MVSB Branch location.

MEREDITH — MVSB (Meredith Village Savings Bank) is collecting donations of new mittens, hats, gloves and scarves for their annual Mitten Tree drive, now through New Year's Eve. All items will be distributed to local school and nonprofits. MVSB will also match each item donation with \$2 to local childcare programs.

Mitten Tree donations can be dropped off at any MVSB branch location. A complete list of offices and hours are

available at mvsb.com/locations.

"The annual Mitten Tree drive has been a beloved tradition at MVSB since 1979," said Stacy Trites, Senior Vice President, Senior Retail Banking Officer. "We are truly grateful to our local community members for stepping up each year to warm hands and hearts with their donations – and to the MVSB employees at each MVSB office who ensure the items end up where they are needed most in their

communities."

The Bank's matching donations will benefit the following local child and after school care programs:

- Community Church of Alton After School Program
- Ashland Parks & Recreation After School Program
- The Sandwich Child

- Care Center
- Gilford Youth Center
- The Boys & Girls Club of the Lakes Region
- Kidsworks Learning Center
- Moultonborough Recreation Department Beyond the Bell After School Program
- Pemi Youth Center
- YMCA of the Seacoast
- Rochester Child Care Center
- Kingswood Youth Center

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, nonprofits and municipalities of New

Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

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Edward Jones: Financial Focus

Advice can help when making charitable gifts

Now that it's the holiday season, gifts are probably on your mind – and you might intend for some of those gifts to go to charities. Although your intentions are good, you could be shortchanging both your recipients and yourself with your method of giving. But with some guidance, you can make choices that work well for you and those charitable groups you support.

Of course, you could simply give money to these groups. However, by donating other types of assets, can you increase the value of your gift and gain greater tax benefits, too?

It's certainly possible, but your ability to gain any tax advantages depends somewhat on whether or not you can itemize deductions on your tax return. Due to legislation passed a few years ago that significantly increased the standard deduction, many people may no longer be itemizing. But if you still

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itemize, you can generally deduct up to 60% of your adjusted gross income for cash donations to IRS-qualified charities.

Another contribution strategy involves donating other assets, such as stocks. You could donate stocks directly to a charitable group, but you might gain more benefits by making an irrevocable contribution to a donor-advised fund (DAF). Again, assuming you can itemize, you can deduct the full fair-market value of the asset, up to 30 percent of your adjusted gross income, and your contributions can be invested in mutual funds or similar vehicles. The contributions have the opportunity for growth, and distributions to the charity are tax-free. You can then decide, on your own timetable, which IRS-qualified charitable groups you would like to receive the money. Furthermore, if you donate stocks that have risen in

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value, you won't incur potential capital gains taxes that you would have when you eventually sold the stocks. These taxes can be considerable, especially if you've held the stocks for a long time. (You'll want to consult with your tax advisor on how charitable gifts can affect your taxes, especially if you're thinking of using a donor-advised fund.)

These charitable donation methods are not secrets, and they are available to many people – you don't have to be wealthy to employ them. Yet, here's an interesting statistic: Those who work with a financial advisor on charitable strategies are more than three times as likely to donate non-cash assets such as stocks than those who contribute to charities but don't work with an advisor, according to an August 2022 survey from finan-

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cial services firm Edward Jones and Morning Consult, a global data intelligence company. These findings suggest that many more people could be taking advantage of tax-smart charitable giving moves – if only they had some help or guidance.

Also, by getting some professional financial assistance, you may find it easier to implement your charitable giving decisions within your overall financial strategy, which is designed to help you meet all your important long-term goals, such as achieving a comfortable retirement.

Your instinct to help support charitable groups is a worthy one – and by getting some help, you can turn this impulse into actions that may work to everyone's benefit.

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Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

PETS OF THE WEEK

Jenni

I'm Jenni and I bet you want my number, or the one for the shelter to come adopt me! I am most comfortable around the people I know and would probably do best with adults only. There is potential for me to share a home with a male dog, of course we'd have to meet first. A low traffic home able to help me build my confidence with new people would be best!

Gypsy

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LRCC drives home T-TEN certification from Toyota

LACONIA — Lakes Region Community College's Auto Technology is thrilled to announce that Toyota has officially certified its T-TEN Program. A relatively new degree for LRCC, T-TEN (Technician Training and Education Network) is the only college in the tri-state area to offer this curriculum.

The certification required hundreds of work hours over the last year and a half to meet this accreditation. Toyota's extensive program trains faculty in classroom management, curriculum, development, targeted recruiting, and program management. In addition to updating and aligning each ASE area curriculum to student learning outcomes, the auto faculty were required to install, log, and track more than 400 faults on the Toyota-provided fleet of vehicles. This extensive process ensures program consistency and helps demonstrate the high standards needed to facilitate this program.

"The level of support provided by Toyota, Toyota Boston Region, and the T-TEN Instructor Community has been



Left to right: Brian Hough-Bosch Field Contractor; Winston Morgan-Toyota Technician Development Field Manager; Timothy Barracough-LRCC T-TEN Faculty; Kimberly Stevenson-LRCC T-TEN Faculty; Kevin Roner-Toyota Field Manager; Joseph Myers-National Technician Development Manager; Jerome Jones-Toyota Field Manager.

amazing! They have provided guidance and support for LRCC's instructional team, who have given hundreds of hours to this effort at every step to ensure successful certification. We will use this benchmark

to maintain high-quality program standards and build upon it to elevate the program to meet and exceed the needs of our students and our industry partners. We are truly honored to join the ranks of certified T-TEN

schools," said Jamie Decato, LRCC Department Chair-Transportation Technologies.

Toyota has been an outstanding partner to LRCC through this journey by providing extensive Instructor training, both on-site and at the national headquarters in Plano, Texas, working side by side to meet these goals. This month, several Toyota trainers and representatives from across the country visited LRCC to conduct an intense review of documents and vehicle fault adaptation over two days to ensure all aspects of the LRCC's T-TEN program were up to standard.

Following the review, Toyota T-TEN representatives addressed the program faculty, college administration, participating dealers, and the 1st cohort of T-TEN students with a report of their findings. The review team unanimously supported program certification and presented program faculty, Timothy Barracough and Kimberly Stevenson with the official certification plaque.

During this presentation, it was noted that when Toyota was looking for a new home for its program, LRCC's state-of-the-art auto facilities, established industry relationships, and success of existing cooperative education partnerships set them apart. The college's offering of student housing was another factor in their decision-making. For more information on the T-TEN or any of LRCC's auto programs, please visit lrcc.edu.

Bulldogs looking for another deep playoff run

BY JOSHUA SPAULDING
Sports Editor

LACONIA — The Belmont-Gilford hockey team has made a habit out of making deep playoff runs and coach Jason Parent notes that this will be the goal for the team again as the new season begins.

Parent is looking forward to returning a number of strong players all over the ice, including Owen Guerin, Aidan McKenzie, Carson McGreevy, Nate Gerbig, Adam Ribeiro, Rory Doris and Evan Guerin, all of whom played a big role in last year's run.

The Bulldogs will also be welcoming a few new faces, with Sean Ellis and Nolan LaFrance two of the newcomers expected to make an impact right away.

Parent notes that Owen Guerin is approaching the 100-goal mark for his career and should reach the mark during this season.

The Bulldogs will be playing two games each against Laconia-Winnisquam-Inter-Lakes, Sanborn, Kennett, Pembroke-Campbell, Berlin-Gorham, Lebanon-Stevens, Kearsarge-Plymouth and Hollis-Brookline-Derryfield as well as single games with Division III newcomer Kingswood and John Stark-Hopkinton.

The season officially kicks off on Monday, Dec. 12, on the road against Kingswood at 5:30 p.m. With renovations taking place at Kingswood's home arena, that game will be played in Rochester. The Bulldogs will be taking on Laconia-Winnisquam-Inter-Lakes on Wednesday, Dec. 14, at 6 p.m.

PSU lax to offer Play Like a Panther clinic

PLYMOUTH — The Plymouth State University women's lacrosse program is excited to offer a girls' youth lacrosse clinic, Play Like a Panther, for players of all skill levels in grades 9-12, head coach Becky Dale announced.

The clinic will be held from 10 a.m. to 1 p.m. on Saturday, March 18, at Panther Field with the Bank of New Hampshire Field House as an alternate location should weather necessitate a move indoors.

Attendees will work closely with Plymouth State lacrosse team members and coaches to improve skills prior to the start of the 2023 lacrosse season.

Online registration will remain open until midnight on March 17. No refunds will be available after the close of registration.

Clinic rates are \$50 per individual. Coaches can also register a team of up to ten athletes at a discounted rate of \$300 (\$30/individual).

Athletes should bring lacrosse protective equipment including goggles, mouth guards, goalie equipment (positionally), cleats and sneakers, sticks and water bottles. To expedite the check-in process, athletes should also bring printed, signed waivers for each individual player.

Online registration is required for all Plymouth State Athletics camps and clinics. Registration and waiver links are available at athletics.plymouth.edu/camps.

PSU pitching clinic set for Jan. 22

PLYMOUTH — Plymouth State University head softball coach Mike Bernier announced the program will hold a pitching clinic in January.

The clinic will take place in the Bank of New Hampshire Field House at ALLWell North on Sunday, Jan. 22, with separate time slots for different skill ranges. A session for intermediate level players will take place from 1 p.m. to 3 p.m., with an advanced session to follow from 3:30 p.m. to 5:30 p.m.

NCAA Division I Merrimack College pitching coach, and former Salem High School softball coach Harold Sachs will serve as guest clinician, along with members of the Plymouth State coaching staff and team.

The clinic is open to students in fifth through 12th grades at a rate of \$100. Pitchers should bring a catcher with them, though there is no additional charge for the catcher to attend.

Online registration is required for all Plymouth State Athletics camps and clinics. Links are available at athletics.plymouth.edu/camps.



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GILFORD Boys' Hoops vs. Winnisquam; 6 Girls' Hoops at Winnisquam; 6:30	GILFORD Boys' Hoops vs. Somersworth; 6 Girls' Hoops at Somersworth; 6:30
WINNISQUAM Boys' Hoops at Gilford; 6 Girls' Hoops vs. Gilford; 6:30	WINNISQUAM Boys' Hoops vs. Prospect Mountain; 7 Girls' Hoops at Prospect Mountain; 6
Saturday, Dec. 10	Wednesday, Dec. 14
WINNISQUAM Wrestling at Con-Val; 9	BELMONT-GILFORD Hockey at Laconia-Winnisquam-Inter-Lakes; 6
Sunday, Dec. 11	WINNISQUAM Hockey vs. Belmont-Gilford; 6
GILFORD Swimming at Oyster River; 1	Wrestling vs. Campbell, Mascoma; 7
Monday, Dec. 12	
BELMONT-GILFORD Hockey at Kingswood (Rochester Arena); 5:30	

All schedules are subject to change.

Bear girls look to build on last year's success

BY JOSHUA SPAULDING
Sports Editor

TILTON — With a roster of just eight players, staying healthy will be a key to the success of the Winnisquam girls' hoop team as the new season begins.

"Our goal every year is to build on what we did last year," said coach Mark Dawalga. "We have only eight varsity players, so staying healthy will really be a key for us."

"Our schedule is tougher this year and with so many good teams in Division III, we will need to be on our A game every night," the Bear coach continued. "We will look to our returners to lead every day as we get everyone up to

speed."

The good news for Dawalga is that six of the eight players on the roster are returning from last year's team, including the lone senior.

Mackenzie Philippy is back for her senior season and Dawalga said that he expects her to continue to grow as a player. She can score, rebound and play any position on the court and will be looked to as a leader.

Junior Lauren MacDonald is one of the team's leaders on and off the court and knows what it takes every day in practice and games to compete at a high level. Dawalga said that the team will need her to not only score, but be a force

down low in her new role as the center, though she can play any position on the court and her unselfishness makes her tough to cover every night.

Classmate Triniti Carter will be asked to play a few positions this year, including spots she hasn't played in the past. She will be looked at to put the ball in the hoop a bit more with her improved shot and Dawalga notes she has exceeded the coaching staff's expectations early on.

Fellow junior Victoria Kelly will see plenty of time down low in her second year. Her improvement has been immense and she is one of the team's best defenders and is a solid rebounder, which will help to make

her a needed force down low.

Junior Isabella Sargent is the team's best on-ball defender and Dawalga said that she always gives 100 percent and can play anywhere on the court. The coaches will be looking for her to shoot a little more this year, as she has improved her shot.

The final returning player is junior Vanessa Power, who will be asked to take on an expanded role this year, doing everything from scoring to playing strong defense. Dawalga said he expects her to bring energy off the bench for the Bears and sees her hard work in practice paying off.

The team will also have a pair of freshmen

on the varsity roster. Caidyn Carter will be the team's point guard. Dawalga knows that there is a learning curve to the position at the varsity level, but the youngster has shown early on that she can handle it and he said that her teammates also believe in her ability to do the job. Classmate Mackenzie Bassett will play both JV and varsity this year as she learns the system and Dawalga expects she will be a big help down the road as she works hard every day and has improved her shooting.

"We will take it one game at a time and see how it all shakes out at the end," Dawalga noted. "I know the team is very excited to get the season

started."

The Bears will play two games each with local rivals Prospect Mountain and Belmont and single games against Gilford, Concord Christian, St. Thomas, Mascoma, Newfound, Somersworth, Raymond, Fall Mountain, White Mountains, Kearsarge, Stevens and Inter-Lakes.

The season officially kicks off on Friday, Dec. 9, at home against Gilford at 6:30 p.m. The Bears will be at Prospect Mountain for a 5 p.m. game on Tuesday, Dec. 13.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Lakes Region Community Emergency Response and Medical Reserve Corps receives statewide recognition

LACONIA — The Partnership for Public Health, Winnepesaukee Public Health Network

(WPHN) is proud to announce the Lakes Region Community Emergency Response Team

(LR-CERT) and Medical Reserve Corp (LR-MRC) is the recipient of Volunteer NH's "2022 Spirit of NH Award" in the Group Category.

The Spirit of NH Awards are New Hampshire's largest volunteer recognition ceremony. Volunteer Service Awards recognize individuals and groups who provide volunteer services that strengthen communities and improve the lives of New Hampshire residents. These awards honor outstanding volunteers – or groups of volunteers – who reflect the strong ethic of service and volunteerism in our state.

The LR-CERT provides volunteer services to area responders to make communities safer, stronger, and better prepared to respond to natural and man-made disasters. LR-CERT may also provide assistance for non-emergency projects that help improve the safety of the community.

MRC units are community-based and function to locally organize and utilize volunteers who want to donate their time and expertise to prepare for and respond to emergencies and promote healthy living throughout the year. MRC volunteers supplement existing emergency and public health resources.

The teams are activated at the request of local public safety agencies to help support with traffic control, provide refreshments, provide volunteers to support vaccination clinics, and to help educate the public. In 2022 they played a vital and central role in COVID-19 vaccination and booster clinics. The teams, at their core, are volunteers who put the needs of the greater community before their

own – truly highlighting how special a community volunteer is.

Throughout the COVID-19 response the LR-CERT and LR-MRC teams have steadfastly been providing logistical and clinical support services at more than 134 mobile and home clinics throughout the Winnepesaukee Public Health Network. Team members also supported clinic operations at Lakes Region General Hospital (now Concord Hospital), Laconia and Franklin locations, and the two Booster Blitzes held at Lakes Region Communi-

ty College.

Our team members averaged nearly 500 hours of service per month, with the highest month being 1,619 of service hours. To date our teams have delivered more than 5,700 hours in support of the COVID-19 response. More than 7000 vaccines (not including LRGH, FRH and the Booster Blitzes) were administered to the citizens of our WPHN region.

To learn more about LR-CERT & LR-MRC visit www.pphnh.org Emergency Preparedness.



Kathleen Merriam, LR-CERT and Pam Griffith, LR-MRC, arrive at the Bank of New Hampshire stage to accept the award on behalf of their teams.

St. Vincent de Paul Christmas Angel Program

LACONIA — The St. Vincent de Paul Christmas Angel Program is taking applications and handing out gifts at the St. Vincent de Paul Society, located at 1269 Union Avenue, in Laconia starting Dec. 1. The program will be open on Thursday, Dec. 8 from 4:30 to 7 p.m. and Tuesday, Dec. 13 from 4:30 to 7 p.m.

This program is available to families with children ages birth to 18 years old. An outfit of clothing, socks, underwear/diapers and personal hygiene items will be given for each child. Any additional items are through the generosity of anonymous donors.

Sign up and pick up procedures instructions will be posted outside the Food Pantry door. Custodial parents/grandparents/foster parents are asked to bring the appropriate paperwork if they have sole or split custody of the children.

Anyone wishing to



make a donation of cash or new clothing, can stop by the St. Vincent de Paul Thrift Store, at 1269 Union Avenue, Laconia (next to McDonald's) or by mail to SVDP Children's Foundation, PO Box 6123, Laconia, NH 03247.

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Bank of New Hampshire's Feeding NH Food Drive raises more than \$30,000

LACONIA — From Oct. 17 through Nov. 12, each Bank of New Hampshire location participated in their annual Banking on Kindness Funds for Food Drive, which in total raised \$30,658.84 for 19 food pantries across the state of New Hampshire.

Thanks to generous Bank of New Hampshire customers, the bank collected \$15,329.42 in monetary donations. Additionally, Bank of New Hampshire committed to match donations dollar-for-dollar resulting

in a total donation of \$30,658.84.

Each Bank of New Hampshire office was able to support a local food pantry in their community by delivering the funds raised in their office, along with the Bank's match, to that local food pantry during the Thanksgiving week. These monetary donations enable local food pantries to purchase food to stock their shelves during a time when many people are struggling with food insecurity.

"Once again, our customers have outdone themselves with their generous donations to our Funds for Food Drive and we were able to make record-breaking donations to our local food pantries," said Chris Logan, President and CEO for Bank of New Hampshire. "I am confident that those contributions are directly impacting the lives of people across our state who are struggling with food insecurity this holiday season."

Bank of New Hampshire is proud of the impact of our Funds for



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Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cboldmill.com

Coldwell Banker Residential Brokerage www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitlakeside.com

Granite Group Realty Services: www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com



ROCHE REALTY GROUP

MEREDITH OFFICE

97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE

1921 Parade Road
(603) 528-0088

SEARCH NH REAL ESTATE: WWW.ROCHEREALTY.COM

 \$499,999 MLS# 4929172 Laconia: 3BR/3BA, 1 floor living with a Turn-key exterior and a low-maintenance yard. Water views of Lake Winnepesaukee and no condo fee. This expansive 6 yr old ranch has a fully finished basement with views of the lake from both levels. Near area attractions. \$499,999 MLS#: 4929172	 \$799,000 MLS# 4930528 Meredith: 3BR/2BA & 2BR/1BA. Two homes on their own lots for a total of 1.65 ac. on town water & sewer. The Lrg lot has potential to subdivide. It could make a lovely family compound or an income property in a desirable in-town area near the lake. \$799,000 MLS#: 4930528	 \$386,000 MLS# 4916984 Franklin: Great structure to finish. 3 car garage w/10' & a 12 1/2' high ceilings & plenty of room for boat storage and snowmobiles ect. Upstairs unfinished 36 x 32. Situated on 1.9 acres. Lake views from the upper level. Webster Lake access across the road. \$386,000 MLS#: 4916984	 \$449,900 MLS# 4921841 Laconia: 3BR/2BA w/ attached 2 car garage, 1st time home buyers welcome to this brand new construction. Open concept living w/ 9ft ceilings & walkout basement, designed for motorcycle roll-in storage. Ready to finish your way. Walking distance to area attractions. \$449,900 MLS#: 4921841
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Since 1997 Roche Realty Group has sold more than \$2.63 billion of New Hampshire's properties involving 8,634 transaction sides and has ranked in the top 10 real estate firms in New Hampshire out of 2,400 firms statewide.



LUXURY REAL ESTATE

* Statistics obtained from NEREN for the past 24 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

HELP WANTED

Call our toll-free number 1-877-766-6891
and have your help wanted ad
in 11 papers next week!



WE ARE HIRING!

PSI Molded Plastics is located in beautiful Wolfeboro, NH.

We offer competitive pay rates

Benefits include Health & Dental Insurance, Vision, Short Term Disability,
Long Term Disability, Life Insurance, 401k, 10 paid holidays,
paid vacation time, paid sick time, and many other incentives!

Machine Operators – 2ndShift - Starting Pay \$18.00

Sanders – 1st and 2nd shift – Starting Pay \$18.00

Painters – 3rd Shift – Starting Pay \$20.00

Mold Setter/Mechanic – 2nd and 3rd – Starting Pay \$21.00

Process Tech – 2nd and 3rd Shifts– Starting Pay \$23.00

\$1.00 per hour shift differential on 2nd shift.

\$2.00 per hour shift differential on 3rd shift.

****\$1,000 SIGN ON BONUS**
****SUBJECT TO TERMS AND CONDITIONS****

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH
to complete an application or visit our website for more information at www.psimp.com.

You can also email your resume directly to donna.doyle@psimp.com,
please be specific as to what shift and position.

PSIMP an Equal Opportunity Employer.
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**SEEKING
EXCAVATOR OPERATORS**
GPS EXPERIENCE DESIRED BUT NOT NECESSARY
(603) 279-4444 or email tracy@ambrosebros.com
Route 3 • Meredith, NH 03253



Petroleum Service Tech and Laborers wanted

Must have a valid driver's license with a clean driving record
and be able to pass DOT physical. Must have mechanical aptitude,
troubleshooting skills, have strong commitment to quality.
ICC Certified is a Plus but Not required. Willing to train.

Year-round employment. • Competitive Hourly Pay • Paid Travel •
401(k) plan with Employer Contribution • Paid Holidays
No Weekends • Paid Vacation • Life Insurance
Please call 603-267-7000



Lumber & Building Materials Yard Associate

Our Ashland location is searching for a member of our Lumber & Building
Materials Yard Team. The primary responsibility of a Lumberyard Associate
is to maintain customer service per company standards, the accurate and
efficient loading and unloading of all lumberyard related transactions. In
addition, you will be responsible for maintaining the appearance of the
yard and racks in an orderly and clean manner. Forklift experience and
heavy lifting is required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All
applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com. E.O.E.

- | | | | |
|--------------------|-----------------|------------------|----------------|
| ▶Competitive Wages | ▶Paid Vacation | ▶Paid Holidays | ▶Paid Time Off |
| ▶Health Insurance | ▶Profit Sharing | ▶Store Discounts | ▶401k |



JOB OPPORTUNITIES

Spotlight Positions:

Phlebotomist	Health Unit Coordinator
Registered Nurse	Environmental Services Technician

RN – OR	Certified Surgical Technician
RN – Med/Surg Charge Nights	Multi-Modality Radiologic Tech
RN Nurse Manager – ED/Med-Surg	Medical Assistant
Endoscopy Technician	Medical Technologist
Physical Therapist	

APPLY ONLINE
WWW.UCVH.ORG
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603) 388-4236
Ucvh-hr@ucvh.org
EOE

Tilton-Northfield Water District Water Operator

The Tilton-Northfield Water District is accepting applications for a full-time permanent
Water Operator position. The position will perform skilled and semi-skilled work
involving the operations and maintenance of a water treatment and water
distribution system. Position requires a current New Hampshire driver's license,
ability to lift 80 lbs., heavy equipment operating experience; being able to respond
to emergencies, be on a rotating on-call schedule and live within 15 minutes of the
District. Overtime is required.

Minimum qualifications include a high school diploma or GED; possession of a
NHDES Grade 1 Water Treatment and Grade 1 Distribution License (or must be
willing to obtain these licenses within the first year of employment).

The Tilton-Northfield Water District offers a competitive hourly rate and benefits
package. Please send letter of introduction with resume and references to: Tilton
& Northfield Aqueduct Co., Inc. 14 Academy Street Tilton, NH 03276. Applications
are available at our website t-nwaterdistrict.com or at the office.

The successful applicant will be required to pass a background check, a DMV
check and a drug test. EOE/ADA/AA

Town of Plymouth Highway Department Immediate Opening Seasonal Sidewalk Tractor Operator

The Town of Plymouth is seeking a qualified applicant, to work 32
hours per week as a sidewalk tractor operator. This is a supervised
position, where you will also be required to do hand shoveling
on sidewalks, walkways, and building entrances. This position
requires you to work varied and sometimes long hours during
adverse weather conditions, especially during snowstorms.

This position is seasonal and runs from approximately October
thru mid – April.

Applications are available on the Town of Plymouth's website,
www.plymouth-nh.org Email application to highway@plymouth-nh.org
or mail application to Plymouth Highway Dept., 6 Post Office
Square, Plymouth NH 03264, or upon request, 603-536-1623,
at the Plymouth Highway Garage. Hours are from 6am-2:30pm,
Monday through Thursday. Please ask for Joe or Steve.

The Town of Plymouth is an equal opportunity employer.

HELP WANTED

We are looking for motivated and dependable individuals to join our

Dining Services Team

Full-Time Positions available

Visit our website for staff opportunities

www.newhampton.org/about/careers



HELP WANTED TRUCK DRIVER/ HEAVY EQUIPMENT OPERATOR

Mountainside Excavation is looking for a full time truck driver/heavy equipment operator. Must have a CDL. Positions include hauling materials and plowing in the Tuftonboro area. Please call/text Jim at 603-455-5700 or send email to mtnsidelandscape@roadrunner.com.



Snow Plow Driver Wanted

Full-Time

401K, Dental, Life, Medical included

We are currently seeking a Snow Plow Driver to join our team! You will be responsible for snow removal services to our clients located in your assigned area. This is a year round job that transitions into landscaping in the early spring. Position pays an hourly rate (depending on experience) and employee performance.

Responsibilities:

- Driving the vehicle using snow removal equipment
- Shoveling, operating snow blower and operating sand/salt machines
- Maintaining clean and safe driveway and walkways for commercial and residential accounts

Qualifications:

- Previous experience in snow plowing required
- Familiarity with snow removal equipment
- Valid drivers license
- Ability to work long hours including overnight, weekends, and holidays depending on snow and ice conditions
- Ability to be reliable and on time

To apply, please send your completed application to:

3 Lakes Landscaping
ATTN: Hiring Manager
1 Steel Drive Plymouth NH 03264
info@3lakeslandscaping.com
No phone calls, please.



Ashland Lumber

A division of Belletetes, Inc.

Hardware Sales

We are looking for a full-time hardware sales person who enjoys people and has good customer service skills. Knowledge of paint, plumbing and electrical as well as a basic understanding and knowledge of hardware preferred but not required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Rick Ash, Hardware Manager
20 West Street, Ashland, NH 03217
or you may email to rash@belletetes.com.

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►Health Insurance ►Profit Sharing ►Store Discounts ►Much More!



Precision Lumber Inc.

IMMEDIATE OPENINGS

SAWMILL AND PLANER MILL WORKERS

DAYTIME SHIFT
BENEFITS INCLUDE
VACATION, SICK AND HOLIDAY PAY, INSURANCE, CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

Apply in Person
or email precisionlumber@lumbemh.com
to request us to email an application



Precision Lumber Inc.

576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM



Small Engine Technician Wanted

Full-Time

Do you have experience working on lawn and garden equipment and compact tractors? We are a distributor of power equipment located in Plymouth, NH that is looking to add a qualified Service Tech/Manager. We handle and service mowers, snow blowers, compact tractors, chainsaws and trimmers. Having the ability to troubleshoot and repair small gasoline engines is required. Being able to trouble shoot electrical/hydraulic systems is required. If you have a strong understanding of mechanical equipment and a great attitude we would be interested in talking to you about this position. The compensation is hourly and competitive. Please only apply if you have experience as a Service Tech.

Will be responsible to interact with customers and perform sales for parts.

Must have a valid drivers license and reliable transportation to work.

Be able to learn the computer program for maintaining the small equipment repairs and general computer knowledge.

Must be self motivated, able to achieve goals without supervision and lift up to 50 lbs

Benefits:

- 401 (k) matching
- Health insurance
- Paid time off
- Dental insurance
- Life insurance
- Vision insurance

Ability to commute/relocate:
Plymouth, NH 03264: Reliably commute or planning to relocate before starting work (Preferred)

To apply, please send your completed application to:

3 Lakes Landscaping
ATTN: Hiring Manager
1 Steel Drive Plymouth NH 03264
info@3lakeslandscaping.com
No phone calls, please.



Full-Time Position Warehouse/Service

Energysavers Inc is looking for a self-motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts for jobs as well as receiving deliveries. We are a highly recommended 47 yr old Lakes Region retailer of well-known hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry an 80lb min.

Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



Precision Lumber Inc.

WATCHMEN WANTED


PART TIME WATCHMEN

POSITIONS AVAILABLE



Precision Lumber Inc.

576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM
603-764-9450



Fleet/Maintenance Mechanic Wanted

Full-Time

We are Landscaping Company located in Plymouth, NH looking to add a qualified Fleet Mechanic to our team. This position is responsible for diagnosing and repairing vehicles and large equipment.

- Provide Miscellaneous mechanic work, including but not limited to bodywork, diagnosing, disassembling and assembling components and engines.
- Repair brake systems
- Ability to trouble shoot and diagnose a wide range of vehicle and heavy equipment issues.
- Replace or repair transmissions and fuel components as needed
- Knowledge to order parts
- Maintain a clean, safe working environment
- Plowing in the winter months
- Dependable

Benefits:

- 401 (k) matching
- Dental insurance
- Health insurance
- Life insurance
- Paid time off

Qualifications:

- Driver's License Required

To apply, please send your completed application to:

3 Lakes Landscaping
ATTN: Hiring Manager
1 Steel Drive Plymouth NH 03264
info@3lakeslandscaping.com
No phone calls, please.

VARNEY-SMITH

Lumber Company, Inc.

CDL TRUCK DRIVER/ YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- Loading-off loading incoming and outgoing deliveries
- Must be conscientious, self-motivated, good with people, a team player
- Able to lift a variety of building materials
- Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at
2701 Route 302, Lisbon, NH 03585
No phone calls please.

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT

2022 School Year
Professional & Support Staff

ATHLETICS

Boys Varsity Tennis

Middle School/Assistant Nordic Skiing Coach
(Contact Kerry Brady, AD, for application, etc.
837-2528 or kbrady@sau36.org)

LANCASTER ELEMENTARY SCHOOL

Paraprofessional
Certified Speech Assistant
Anticipated Specialized Paraprofessional

WHITEFIELD ELEMENTARY SCHOOL

Paraprofessional
Specialized Paraprofessional
Anticipated Special Education Teacher

For further information, contact:
Cody Arsenaault, HR/Payroll Manager
White Mountains Regional School District, SAU #36
135 Regional Road
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: codyarsenaault@sau36.org

Hiring?

Help Wanted

Reach More Local Applicants

Email:
Tracy@
salmonpress.news
Phone:
(603) 279-4516

RAIDERS

CONTINUED FROM PAGE A1
us a tough matchup,” Martinez said. “With a potential lineup of four out of five being six foot, two inches and taller and possible rotation of six-foot-plus coming off the bench, rebounding will be a top priority and strength.
“With the addition of some new speed on the perimeter, we will have the ability to play both man and zone this year,” the Raider coach said.
Belmont will be playing a schedule that includes two games each with Inter-Lakes, Ray-

mond, Winnisquam and Gilford and single games with White Mountains, Mascoma, Berlin, St. Thomas, Derryfield, Newfound, Campbell, Conant, Somersworth and Prospect Mountain.
Martinez noted a couple of special nights on the schedule are the Jake Deware Kindness Project “We Are One Kindness” game vs Winnisquam on Jan. 13 and Shaker Regional Youth Basketball Night against Inter-Lakes on Jan. 26.
The Raiders kick off the season on Friday, Dec. 9, at home against White Mountains Re-

gional at 6 p.m. and travel to Inter-Lakes on Tuesday, Dec. 13, for a 6 p.m. game.

Those returning athletes will also be counted on to lead the way for the large group of newcomers.
“We’re working hard right now to get all the new guys up to speed as fast as possible,” Osmer said. “There will be a steep learning curve for many early in the season, but it is also exciting to have so many new wrestlers joining the program.
“The new guys are eager, they show up and work hard every day,” the Bear coach contin-

ued. “I this season will be an adventure, I’ve had young teams before and it can be a roller coaster ride.
“We’ll take our lumps for sure, but that’s part of learning and improving,” Osmer added. “I’m confident that by the time the state tournament rolls around, this team will have grown a ton and be ready to compete.”
The Bears will be wrestling at Newport, Con-Val, Concord, Middlebury, Vt., Raymond, Souhegan, Merrimack, YouTube Channel (Link below). Subscribe to our Facebook and Instagram channels to receive these videos and more in your social media feeds. Past videos are also available on our YouTube channel, <https://www.youtube.com/@lakesregion-artgallery> While on the

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bow, Lebanon and Hollis-Brookline and will have home meets on Dec. 14, Dec. 21, Jan. 11, Jan. 14 and Feb. 1.
The season kicked off after deadline Wednesday at Newport and continues on Saturday, Dec. 10, at Con-Val and Wednesday, Dec. 14, at 7 p.m. with a home match against Campbell and Mascoma.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

ALL-STATE

CONTINUED FROM PAGE A1
Team honors went to Profile defender Lily Pospesil and Woodsville forward Paige Smith. Second Team honors went to Lin-Wood defender Kate Clermont, Littleton defender Kaitlyn Ilacqua and midfielder Lauryn Corrigan, Woodsville midfielder Brianna Youngman, Profile midfielder Makena Price and forward Evie Burger. Honorable Mention was presented to goalie Eliza Wagstaff of Profile, Groveton defender Marissa Kenison, Lisbon defender Katie Clark, Littleton defender Avah Lucas, Lin-Wood midfielder Abishai Corey, Littleton forward Addison Hadlock and Woodsville forward Makayla Walker.
Also earning First Team honors were goalie Ella Walsh of Portsmouth Christian, defenders Chloe Kirby of Concord Christian, Morgan Boucher of Newmarket and Isabelle Correa of Sunapee, midfielders Elizabeth Tschudin of Sunapee, Olivia Blackadar of Newmarket and Lilli Carlile of Concord Christian and forwards Maggie Moore of Newmarket, Brynn Smith of Sunapee and Lula Wamberg of Portsmouth Christian.

Ellie Bartlett was named the JV Coach of the Year.
In Division II, Second Team honors went to Plymouth defender Morgan Ellis-Makovsky and Kingswood forward Kylie Rapoza, while Honorable Mention went to Kennett defender Ashley Garside and forward Bryn Fayle, Plymouth goaltender Jenna Benoit and Kingswood midfielder Madison Eaton.
Earning First Team honors for Division II were goalie Lexi Boudreau of John Stark, defenders MaKenzie LaFlamme of Laconia, Jylin Ladd and Mackenzie Hawkins of Pembroke and Madeline Boudreau of Hollis-Brookline, midfielders Greta Caulton of Souhegan, Isabella LaPerle of Bow, Mary Rainey of Lebanon and Lindsey Butler of Pelham and forwards Ashlyn Walsh of Pelham, Lyndsey LaPerle of Bow and McKenna Maguire of Hollis-Brookline.
Also earning Second Team honors were goalie Abigail Lussier of Con-Val, defenders Sophia Joncas of Pelham, Marissa Green of Bow and Kate Hansen of Milford, midfielders Ryley LeBlanc of Pembroke, Paige Magnuszewski and Lauren Holt of Hollis-Brookline and Sidney Roberge of Bow and forwards Somer Loto of Coe-Brown and Alina St. George of Milford.


HIBBERD

CONTINUED FROM PAGE A1
original art and prints from over twenty-five local artists in graphite, pen & ink, watercolor, acrylic, oils, pastels, photography, and digital and mixed media art.

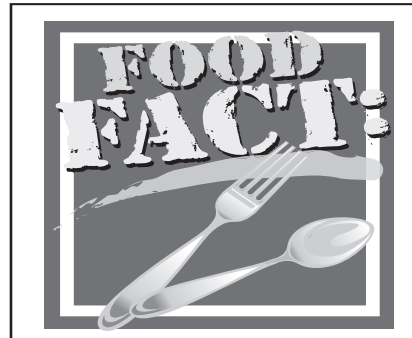
Friday Featured Artist is a weekly program posting a short video each Friday with highlights of an artist from the Lakes Region Art Gallery. Each Friday, for four consecutive weeks each month, a new video is published on Facebook and Instagram and our

YouTube Channel (Link below). Subscribe to our Facebook and Instagram channels to receive these videos and more in your social media feeds. Past videos are also available on our YouTube channel, <https://www.youtube.com/@lakesregion-artgallery> While on the

LRAA YouTube Channel, hit the “Subscribe” button
Tilton,
Visit our Web site for more information about the gallery: www.LRAANH.org.



kids' corner



FOOD FACT!

THESE SWEET FOODS ARE KNOWN AS BISCUITS IN VARIOUS PARTS OF THE WORLD.

ANSWER: COOKIES

Math Blocks

Fill in the missing blocks with numbers between 0-10. The numbers in each row add up to the totals to the right. The numbers in each column add up to the totals on the bottom.

4		9	19
	1		6
	8	0	13
11	15	12	

0	8	5
3	1	2
6	9	4

Solution

Get Scrambled

Unscramble the words to determine the phrase.

LOOCAETCH HPCI

Answer: Chocolate chip

THIS DAY IN...

HISTORY

- 1790: THE UNITED STATES CONGRESS RELOCATES FROM NEW YORK TO PHILADELPHIA.
- 1917: FINLAND DECLARES INDEPENDENCE FROM THE RUSSIAN EMPIRE.
- 1999: THE RECORDING INDUSTRY ASSOCIATION OF AMERICA SUES THE FILE-SHARING SERVICE NAFSTER OVER COPYRIGHT ISSUES.

New Word

CREAM

to mix together butter and another ingredient until creamy

How they SAY that in...

ENGLISH: Cookie

SPANISH: Galleta

ITALIAN: Dolcetto

FRENCH: Biscuit

GERMAN: Kek

Did You Know?

"SESAME STREET" IS A POPULAR CHILDREN'S TELEVISION SHOW THAT FEATURES A MONSTER WHO REALLY LOVES COOKIES.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: GINGERBREAD COOKIE

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to reading books. Each number corresponds to a letter. (Hint: 3 = S)

A. 2 6 9 17 8 19 20
Clue: Division in a book

B. 3 12 15 10 17 3 14 3
Clue: Summary

C. 8 6 19 16 19
Clue: Topic or subject

D. 3 19 8 8 14 15 11
Clue: Location

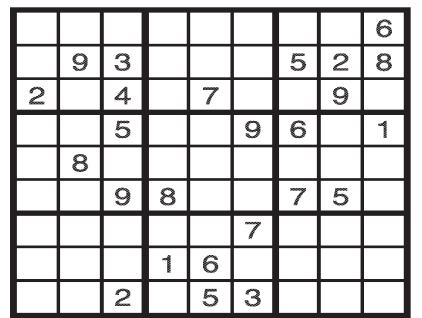
Answers: A. chapter B. synopsis C. theme D. setting

SUDOKU

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

ALL WE KNOW IS LOCAL ~ SalmonPress.com





COURTESY

LRAA celebrates Artists of the Month

Join the Lakes Region Art Association in congratulating November Artists of the Month. Their paintings are displayed at local banks, libraries and at Annie's Cafe! The mission of LRAA is to enhance the ability of its members to create art and to further the appreciation of art in the Lakes Region area by the promotion, education, sale, and display of the visual fine arts. The Association is non-profit. Membership in the Lakes Region Art Association is open to artists and patrons of the arts. LRAA is a non-profit organization supported entirely by membership dues and club activities. The Association is most appreciative of local support. Visit our Web site for more information about the gallery, community events and art classes offered: www.LRAANH.org. Back Row: Fay Lee, Sally Hibberd, Barbara McClintock. Front Row: Debbie Brady, Martha AuCoin, Pat Edsall.



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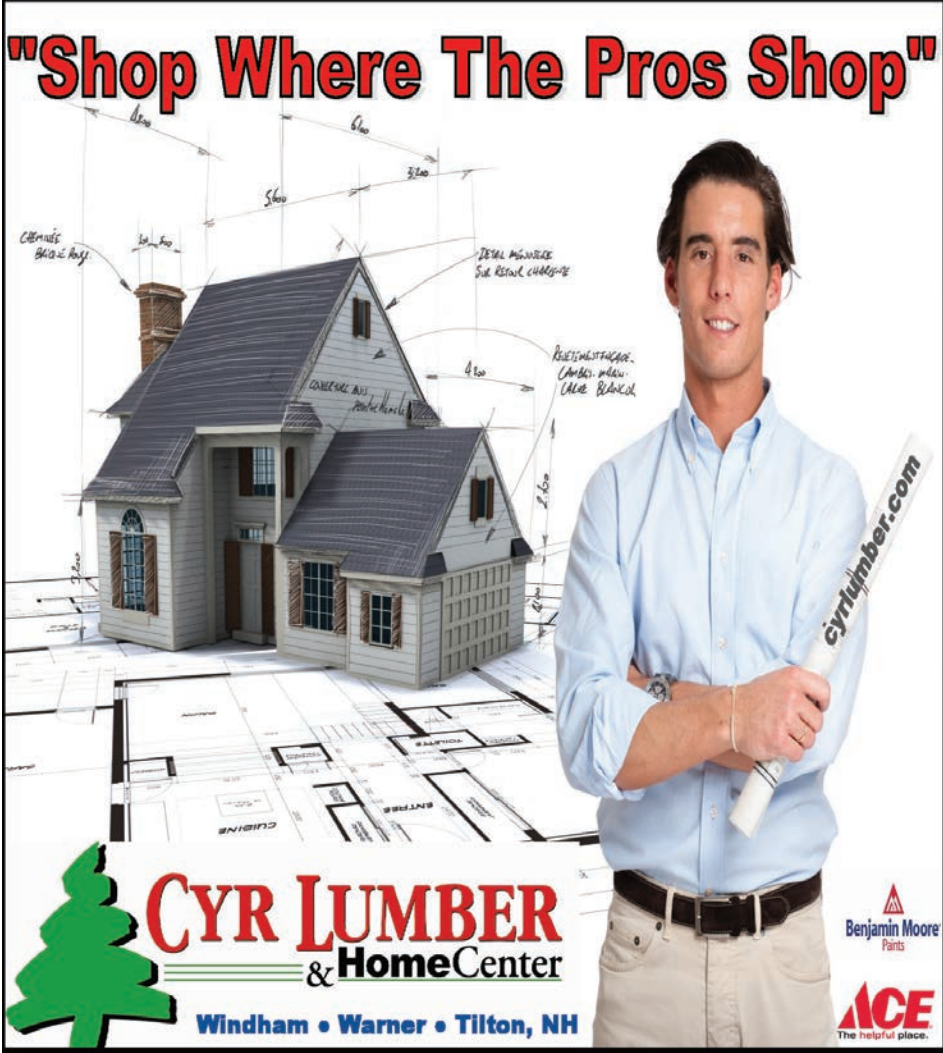


DALLAS A. SNIDER/U.S. NAVY

Franklin native serves aboard USS Ronald Reagan

Boatswain's Mate 3rd Class Dylan Marcoux, from Franklin, establishes communication with the Royal Australian Navy supply ship HMAS Stalwart (A304) during a replenishment-at-sea with the U.S. Navy's only forward deployed aircraft carrier USS Ronald Reagan (CVN 76) in the Philippine Sea, Nov. 20. The combined vertical replenishment, fueling-at-sea and connected replenishment marks the first time this class of Royal Australian Navy supply ship has resupplied a U.S. Navy aircraft carrier while operating at sea. Ronald Reagan, the flagship of Carrier Strike Group 5, provides a combat-ready force that protects and defends the United States, and supports alliances, partnerships and collective maritime interests in the Indo-Pacific region.

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Benjamin Moore Paints
ACE
The helpful place.

COUPON

SKEHAN Home Center
NO SALES TAX!

Holiday SALE!

20% OFF

ALL IN-STORE ITEMS!

NOVEMBER 25 THROUGH DECEMBER 17

IN STOCK TREX DECKING

IN STOCK FENCING

California PAINTS

NEW COLOR MATCH SYSTEM FROM CALIFORNIA PAINTS. NOW AVAILABLE AT SKEHAN HOME CENTER

Coupon must be presented for discount. Some exclusions apply. See store for details.

STORE HOURS:
Mon. thru Fri. 7am-4pm
Sat. 7am-3pm



SKEHAN HOME CENTER

Route 25 East, Center Ossipee, NH
603-539-5971

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Gift Certificates Available