

Gilford Steamer

THURSDAY, MAY 12, 2022

GILFORD, N.H.

Plenty of personal bests for Gilford track

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Gilford track team had a pair of meets last week, starting with a trip to Winnisquam on Tuesday, May 3, and then heading north to Berlin for a meet on Saturday, May 6.

Overall at Winnisquam, Gilford took the win for the boys and finished in fourth place for the girls.

At Winnisquam, Gilford got the win in the 1,600 meters for the boys, as Patrick Gandini finished in 4:47.21, while Mitchell Townsend finished in 5:19.84 and Dylan Wright crossed in 6:24.77.

In the 110-meter hurdles, Nicholas Haddocks finished in fifth place in 20.78 seconds and Cayden Krupnik finished in sixth place in 21.4 seconds. Krupnik added a fourth place finish in the 300-meter hurdles in a time of 51.66 seconds.

Isaiah Reese finished in second place in the 100 meters with a time of 11.88 seconds, Anthony Haddocks finished in 12.64 seconds, Nicholas Haddocks finished in 12.98 seconds, Adam Kimball finished in 13.43 seconds and Derek Kelly finished in 14.15 seconds.

The Golden Eagles had four in the top five in the 800 meters, with Gandini getting the win in 2:06.06, Aiden Bondaz in second in 2:14.87, Carter Forest placed third in 2:17.49 and Nicholas Haddocks was fifth in 2:24.6. Henry Stow finished in 2:37.11.

Reese added a sixth place in the discus with a toss of 85 feet, nine inches, Jaimen Sawyer threw 75 feet, nine inches and Kyle Gandini reached 60 feet, eight inches. Anthony Haddocks finished fifth in the shot put at 31 feet, 5.5 inches, Sawyer threw 28 feet, 7.5 inches and Gandini threw 26 feet, 4.25 inches.

In the javelin, Reese finished in second place at 120 feet, Anthony Haddocks was third at 114 feet, 10 inches, Wright threw 79 feet, eight inches, Wolpin reached 69 feet, nine inches and Kelly threw 53 feet, eight inches.

Nick Haddocks finished in sixth place in the high jump, clearing five feet while Anthony Haddocks was third in the pole vault at nine feet, six inches.

The Gilford boys finished fourth in the 4X100-meter relay with a time of 54.23 seconds and placed second in the 4X400-meter relay in a time of 3:46.84.

In the 200 meters, Kimball finished in 26.83 seconds, Kelly finished in 28.21 and Ben Wolpin finished in 30.07.

For the girls, Cat Stow finished in second place in the 1,600 meters with a time of 5:41.51 and Georgia Eckhardt finished in fourth place in a time of 6:02.11.

Maddy Burlock finished in fifth place in the 800 meters in 2:48.61, Alana Sawyer finished in 2:54.08, Megan Hughes finished in 2:54.76 and Vanessa Genakos crossed in 3:08.14.

In the 200 meters, Anna Coapland added a sixth place finish in a time of 30.82 seconds while in the pole vault, Brook Kimball cleared six feet for fourth place.

The Golden Eagles finished fourth in the 4X100-meter relay in a time of 57.1 seconds and took second in the 4X400-meter relay in a time of 4:53.55.

Abby Kenyon was fifth in the discus at 76 feet, Kimball threw 71 feet, eight inches and Taryn Wernig threw 60 feet, one inch. Kenyon added a fourth in the shot put at 25 feet, one inch and Wernig reached 18 feet, 8.75 inches. Kenyon threw the javelin 61 feet.

In the 100 meters, Addy Wernig finished in 15.02 seconds, Sidney Bartlett finished in 15.72 seconds and Shea Brown finished in 15.83 seconds. Kimball added a seventh place in the 300-meter hurdles in a time of 1:01.79.

At Gilford, Reese finished first in the 200 meters in a personal best of 24.35 seconds, took first in the javelin at 133 feet, eight inches and finished third in the 100 meters in 11.88 seconds.

SEE TRACK PAGE 10

Bean Burpee resigns, Kelley appointed police chief

BY ERIN PLUMMER

mnews@salmonpress.news

Kris Kelley is Gilford's new Police Chief following the resignation of Chief Anthony Bean Burpee.

Bean Burpee's resignation was announced on May 2 followed by an announcement on May 3 that Deputy Chief Kris Kelley had been appointed as chief.

In January, Town Administrator Scott Dunn said that Bean Burpee was on paid administrative leave pending an investigation by the NH Attorney General's Office but could not give any more information.

The selectmen held a special meeting on May 2 that was held entirely in nonpublic session.

Later that day Dunn issued a statement announcing that Bean Burpee resigned as police chief effective on April 13.

The next day, Dunn issued another statement announcing the selectmen voted unanimously in favor of appointing Kelley as the new police chief during that May 2 meeting.



COURTESY PHOTO

New Gilford Police Chief Kris Kelley.

According to the statement, Kelley graduated from the Tilton School and received an associates degree in Criminal Justice from New Hampshire Technical College. He has served with the Gilford Police Department for over 23 years

and was initially hired as a patrol officer in 1999. He was later promoted to detective, corporal, sergeant, lieutenant and in 2017 was promoted to deputy chief.

He currently lives in Gilford, as his family renovates their home in

Gilmanton.

"Kevin Hayes, Chairman of the Board of Selectmen, was pleased to note that Chief Kelley's outstanding qualifications and leadership abilities along with his many years of experience as a member of the Gilford Police Department should make for a seamless transition," read the statement. "Some of Chief Kelley's immediate priorities will be to fill several staff vacancies through promotional and recruitment processes along with enhancing the flow of information about public safety to the community. Upon being appointed, Chief Kelley told the Selectmen he was honored to lead the men and women of the Gilford Police Department and he would work diligently to keep employee morale high while striving to be the best law enforcement agency possible."

The town hosted a swearing-in ceremony for Kelley on May 11 at town hall followed by a meet and greet with the public.

Parks and Rec releases Summer Brochure

BY ERIN PLUMMER

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Sports camps, hiking, science camps, senior activities, and so much more activities for the summer of 2022 can be found in the Gilford Parks and Recreation Department's Summer Brochure.

The Gilford Parks and Recreation Department released its annual summer brochure online at gilfordrec.com. Hard copies of the Summer Brochure are also available at the Parks and Rec

office.

The Spring Adult Hiking Programs started on May 3, and will run every Tuesday through May 24. The next two hikes will be on May 17 and 24 with the locations to be determined. Anyone over 18 can take part in the hikes and must RSVP to the Parks and Rec office at least one day before each trip. Participants can meet at 9:30 a.m. at the town hall parking lot.

Coming events for the Gilford Senior Mo-

ment-um program include a Cinco De Mayo Lunch at the Gilford Community Church on May 23 and the Senior/Senior Prom at Gilford High School.

Golf lessons are being offered at Bolduc Park through Parks and Recreation. Session 2 of the Youth Program for ages 6 and up will run on Tuesdays, June 7, 14, and 21. Session 2 of the adult program for ages 18 and up will be on Thursdays June 9, 16, and 23.

The first registration

night for the Gilford Youth Soccer League Fall program will be on Wednesday, June 1, from 5-6:30 p.m. at the Parks and Recreation office.

Several other events will be coming up this summer.

Parks and Rec is offering a trip to Fenway Park on July 26 to see the Boston Red Sox play the Cleveland Guardians. The trip includes a ride on a chartered bus and a ticket to the game.

SEE BROCHURE PAGE 10

GMS performers working on "Newsies"

BY ERIN PLUMMER

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Gilford Middle School performers are going back to 19th century New York City with the coming production of "Newsies, Jr."

Rehearsals are underway for the production in June, which tells the story of the Newsboy's Strike of 1899. The show is anticipated to be the first production of "Newsies, Jr." in New Hampshire.

Phynn Fessenden plays Jack Kelly, the lead newsboy in the strike.

"He's sort of this protective figure to the rest of the newsies, and he



PHOTO BY ERIN PLUMMER

A few members of the cast of the Gilford Middle School production of "Newsies, Jr." From left to right: Julianna Decesare, Phynn Fessenden, Charli Eddy, and Aubrie Rubbo.

ALMANAC

Notes from the Gilford Public Library

Classes & Special Events

May 12 - May 19

Thursday, May 12
Geri Fit, 9-10 a.m.
Ruth Bader Ginsburg
Performance, 2-3 p.m.

Ruth Bader Ginsburg's life continues to be one of achievement: as a lawyer, professor of law, a judge, and then a Supreme Court justice, she stands out because she was not afraid to dissent, disapprove, and

disagree with conditions of unfairness and inequality. This show is the inspiring story of how she changed her life—and ours.
French, 4-5 p.m.

Friday, May 13
Senior Sculpt, 9-10 a.m.
Bridge, 10:30 a.m.-noon
Preschool Storytime, 10:30-11:30 a.m.

Hand & Foot, 12:30-2:30 p.m.
Teen Early Release: Outdoor Games, 1-2:30 p.m.

Happy Crafters (formerly 'Knit Wits'), 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

Beginner Line Dancing, 4-5 p.m.

Saturday, May 14
Beginner Line Dancing, 10:30-11:30 a.m.

Getting Started with Birdwatching, 10-11 a.m.
A walk and talk birding presentation. This will be a guided birdwatching tour with expert, Steve Hale from Open World Explorer.
Birdwatching Walk, 11:30 a.m.-1:30 p.m.

Monday, May 16
Geri Fit, 9-10 a.m.
Baby Storytime, 10-11 a.m.
MahJong, 12:30-1:30 p.m.

Tuesday, May 17
Senior Sculpt, 9-10 a.m.
Preschool Storytime, 10:30-11:30 a.m.
Owls of the World:

Woo's Watching You, 11:30 a.m.-12:30 p.m.

Owls of the World - Who's Watching You? introduces you to the owls of New England and beyond. Mark and Marcia share the field marks, signs and naturalist's skills that you can use to find wild owls without disturbing them. Next, you meet six live owls (from small to huge) up close.

Intermediate Line Dancing, 4-5 p.m.

Wednesday, May 18
Check out an Expert, 10 a.m.-noon

Wellness Wednesday: Mindfulness, 10-11 a.m.
Chess Group, 1-3 p.m.
Paint Group, 1-3 p.m.
Sing-A-Long, 2-3 p.m.
After School Teen Club, 2:30-4 p.m.

Science @ the Library: Magnetic Art, 3:30-4:30 p.m.

Join us to become a Junior Master Gardener and learn the science behind it all!

Thursday, May 19
Geri Fit, 9-10 a.m.

Book Discussion: Miss Benson's Beetle, 2:30-3:30 p.m.

This month's book is "Miss Benson's Beetle" by Rachel Joyce. Books are available at the front desk.

Storywalk Series, 3:30-4:30 p.m.

Our famous Storywalks are starting back up and we would love for you to join us! Come to all three Storywalks to receive a prize!

French Club, 4-5 p.m.

Gilford Public Library Top Ten Requests

1. "22 Seconds" by James Patterson
2. "The Investigator" by John Sandford
3. "Shadows Reel" by C.J. Box
4. "Dream Town" by David Baldacci
5. "Death of the Black Widow" by James Patterson
6. "A Safe House" by Stuart Woods
7. "Run, Rose, Run" by Dolly Parton
8. "Wish You Were Here" by Jodi Picoult
9. "Nobody but Us" by Laure Van Rensburg
10. "City of the Dead" by Jonathan Kellerman

GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from April 21 through May 5.

Kayla Louise Hooper, age 20, of Wolfeboro was arrested on April 22 for Transportation of Alcohol by a Minor.

Jason Gurnari, age 43, of Alton Bay was arrested on April 23 on multiple counts of Driving After Revocation or Suspension.

Daniel J. O'Connor, age 34, of Rumney was arrested on April 24 for Violation of a Protective Order and Breach of Bail.

Melissa Maureen Morrison, age 37, of Gilford was arrested on

April 27 for Driving After Revocation or Suspension.

Kelly Jarvi, age 53, of Laconia was arrested on May 3 for DUI-Impairment.

Rebecca L. Hanson, age 37, of Laconia was arrested on May 3 in connection with a warrant.

Kenneth M. Miner, age 37, of Laconia was arrested on May 4 in connection with multiple bench warrants.

Tyler Edward Stephen Demond, age 27, of Moultonborough was arrested on May 4 for Breach of Bail and multiple counts of Possession of a Controlled Drug.



COURTESY

Spring Craft Fair returns to Tanger Outlets

Come to the Lakes Region Spring Craft Fair at the Tanger Outlets, 120 Laconia Rd., Tilton, on May 21 & 22, Saturday 10 a.m. to 5 p.m. & Sunday 10 a.m. to 4 p.m. Don't miss this fabulous arts & crafts fair with more than 100 amazing artisans! Some of the exhibits will include handsome soy candles, amazing wrought iron creations, unique macrame chairs & swings, cedar wood furniture, amazing leather jewelry, NH maple syrup products, folk art, pottery, beautiful hand painted wood/metal/snowshoes/glass, hand poured soaps/personal care products, charcuterie boards, cribbage boards, amazing wildlife photography, inlaid wooden furniture, pet products, clothing, Dick's sticks, whoopie pies, & lots more!!! Friendly, Leashed Dogs Welcome! Rain or Shine Under Canopies! Music with Sergei! Always free admission. For more information, call Joyce at 603-387-1510 or email joycescraftshows.com.



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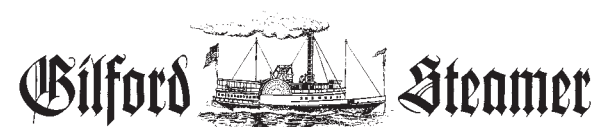
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Elizabeth Brothers promoted to Mortgage Loan Officer at MVSB



Elizabeth Brothers

MEREDITH — MVSB (Meredith Village Savings Bank) has promoted Elizabeth Brothers to Mortgage Loan Officer NMLS #69282. In this role, Brothers will serve Alton, Gilford, Wakefield, Wolfeboro and surrounding communities in assisting clients with their home lending

needs.

Brothers most recently served as the Bank’s Assistant Vice President, Mortgage Strategy Officer and has held multiple roles in mortgage lending throughout her career.

“We are extremely proud and excited to have Elizabeth available to showcase her incredible commitment to customer service and experience as a Loan Officer,” said Charlie Dowd, Vice President, Residential Mortgage Sales at MVSB. “With her vast experience, attention to detail and comforting communication skills, Elizabeth will be an excellent addition to our team and a great support

to our clients and in the community.”

Susan “Sue” Ross, mortgage loan originator NMLS# 165861, recently announced her retirement after 14 years of dedicated service at MVSB. Ross earned recognition as one of the top mortgage loan officers within the local communities she served. Brothers has been working with Ross to ensure the continued delivery of the high quality mortgage lending experience that customers have come to know.

Brothers joined MVSB in 2020 as Mortgage Sales Support Manager, where she supported and guided the mortgage origination

team with loan structuring, industry guidelines, regulatory changes and system proficiencies. She implemented a number of strategic initiatives in mortgage lending, enhancing the customer’s experience. She was promoted to Assistant Vice President in 2021.

In addition to her professional accomplishments, Brothers has a passion for supporting young people in our communities. For the past six years, she has volunteered her time with the Santa Fund of the Greater Lakes Region and she currently serves as Co-Chair for the organization. In 2019, she received the Debra Bieniarz Memorial

Award in recognition of her tremendous service to young people in the Lakes Region.

Brothers grew up in Laconia and graduated from the Granite State College with an Associate of Business Science. She also attended Northern New England School of Banking. She loves being a part of her community and enjoys the beauty of New Hampshire.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since

it was founded in 1869. For more than 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, nonprofits and municipalities of New Hampshire. MVSB and its employees are guided by the values of accountability, mutual-ity, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Sue Ross retires after 14 years of service to MVSB

MEREDITH — Susan “Sue” Ross, Mortgage Loan Originator NMLS #165861 for MVSB (Meredith Village Savings Bank), has retired after 14 years of dedicated service to the Bank. Sue proudly served the community by helping individuals and families with their mortgage financing needs.

“We have been incredibly lucky to have Sue represent the Bank through all these years,” said Charlie Dowd, Vice President, Residential Mortgage Sales at MVSB. “She started just prior to the Wolfeboro branch opening in 2008 and has been essential to our growth in the area. She has made countless friends throughout her career, including coworkers, community members, business owners and realtors. While she will truly be missed here, we wish her the best of luck in her well-earned retirement.”

“I am incredibly grateful to have worked for a community bank that truly cares about the areas we serve,” said Ross. “It has been an amazing experience to

help people achieve their dream of homeownership and guide others through buying a second home, land or refinancing. I look forward to enjoying my retirement in this beautiful area we are fortunate enough to call home alongside so many of my past clients, family and friends.”

Elizabeth Brothers, who was recently promoted to Mortgage Loan Officer NMLS #69282, has been working alongside Sue to ensure a seamless transition and continued quality service for current and new clients. Elizabeth most recently served as the Bank’s Assistant Vice President, Mortgage Strategy Officer and has held multiple roles in mortgage lending throughout her career

Ross has received recognition throughout her career. Most recently in 2021, she was recognized for her top mortgage production, ranking #2 in Belknap County, #4 in Carroll County and #34 out of 3,000 in the entire state.

Prior to joining MVSB, Ross served as a



COURTESY

Sue Ross (second from left), who recently retired from MVSB as a Mortgage Loan Originator NMLS #165861 after 14 years of service, receives flowers from Charlie Dowd, Vice President, Residential Mortgage Sales at MVSB. Also pictured: Jessica Ruel, Branch and Business Development Manager in Laconia, (right) and Becky Reposa, Branch and Business Development Manager in Gilford.

real estate paralegal and as a real estate agent. She is a member of the Gilford Community Church, has volunteered on various committees, and plans to continue to give back to the community in retirement. She also looks forward to traveling with her husband Eston, spending time with family and friends, and playing tennis. Sue said they are planning to travel and

hike in New Hampshire, Utah and Europe this summer.

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For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, nonprofits and municipalities of New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, vis-

it any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Streetcar’s “Lion King, Jr.” off to a roaring start

TILTON — You are hereby summoned by the King of the Pride lands to join the “Circle of Life” as the Streetcar Company’s youth theater group, SKYT, brings Disney’s “Lion King, Jr.” to the stage at the Tilton School June 24-26.

Under the guidance of co-directors David Nelson and Raelyn Cottrell, a talented young cast is excited to wow audiences with the story of Simba, heir to the throne of the powerful king Mufasa who is forced into exile when Mufasa dies at the hands of his envious brother, Scar. Left to wander the jungle with companions Timon, Pumba as he

comes of age and finds romance with childhood friend Nala, Simba must ultimately decide whether or not to embrace his destiny, face his evil uncle, and reclaim his rightful place as king. Along the way, Simba and his friends are sure to have audiences dancing in their seats to all the classic songs featured in the original film, including “Circle of Life,” “I Just Can’t Wait to be King,” “Hakuna Matata,” and “Can You Feel the Love Tonight?”

Bladimir Figueroa leads the gifted cast of children and teens as Simba, with Max Cohen as Mufasa, Ethan Larson as Scar, Siera Kender as Nala, Leah Haskins and

Abby Bryant as Timon and Pumba, Jackson Blendowski as Zazu, and Isabella Cottrell as Rafiki. Ben Lipson and Hannah Powers will portray Young Simba and Young Nala. Scar’s 3 sidekicks are Dylan Hurst, Tanner Olson and Hazel Towne. Olivia Lipson and Rowan Sottak lead the pack of Lionesses played by Bridget Holloran, Berylin Ippolito and Emalynn Varney. This cast wouldn’t be complete without the amazing Pride Land Animals, Kilean Fredette, Cooper Plourde, Connor Hough, Ellie Feola, Conner Nugent and Eli Parry.

Performances of “The Lion King, Jr.” will take place at the Tilton

School’s Hamilton Hall Theater the weekend of June 24-26, with evening shows starting at 7 p.m. on Friday and Saturday and a matinee Sunday at 2 p.m. For more information and to purchase advance tickets, please visit streetcarcompany.com.

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Spring cleaning can improve your health

It's been a week mixed with sunshine and rain, which means that spending time inside organizing and cleaning (along with watching the Red Sox) has been top on our list. Spring cleaning, a chore that happens every year feels great when complete. Why is it that something so tedious and boring could be so good for us?

Did you know that cleaning actually supports your immune system? Cleaning is of huge benefit, especially to those with allergies. Getting rid of dust, pet dander, mildew and mold can trigger the immune system causing unnecessary illness. Those with cluttered homes tend to suffer the worst. To avoid indoor allergies, vacuum regularly, this to include your furniture.

Cleaning reduces stress. While cleaning, your brain is able to relax. This mindless activity can give you a chance to de-stress. Experts say that cleaning for as little as twenty minutes can reduce anxiety by up to 20 percent. It's a win/win. Sure, it's no day at the spa, but constructive relaxation is always good. Using products with scents said to induce relaxation such as lavender is also an expert tip.

Heart health can be improved by cleaning by way of exercise. Just a half an hour of vacuuming can burn up to 100 calories. It's a known fact that people who like to keep their homes clean tend to take more interest in their overall health and well being.

A tidy bedroom is said to help you sleep better. Individuals who make their beds are roughly 20 percent more likely to get a more restful night sleep. Seventy-five percent of people polled sleep better on clean sheets, in a room with less clutter.

When you are in a tidy area, your production increases. Less clutter, means less distraction which is said to clear up mental space. A study from 2011, from the Journal of Neuroscience, used MRI's to track the brain's response to cleanliness. More clutter, was found to significantly limit the brain's processing capability.

Checking off the cleaning to do list can make you feel more satisfied and can boost your mood. A clean, fresh house is said to naturally boost endorphins and boost energy levels which leads to a decrease in depression.

Cleaning and organization can have a domino effect in that it can lead to sprucing up other areas of your life. Interesting, was the one finding that stated when individuals were placed in a clean, well organized space they were more likely to choose healthier menu items.

In the wise words of William Morris, "Have nothing in your house that you do not know to be useful, or believe to be beautiful."

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We're looking forward to hearing from you!



COURTESY

Cleanup day at Gunstock Wetlands Walk

The Wetlands Walk boardwalk at Gunstock is offering a tour, and is due for some tidying up. They will be there on Saturday, 9am - noon with a free tour at 11:15 a.m. Volunteer tasks include removing leaves from the surface and close to the boardwalk, trimming branches at there and on the connecting trails, adding woodfiller to the bumper for the visually impaired also sanding and priming it, installing Buy a Board plaques, removing invasive weeds, (boots are helpful for this). Belknap County Conservation District also planted two pollinator gardens that will need some mulching. Students under 18 must have a responsible adult with them, Community Service Certificates are available. Just follow the volunteer signs, or you can walk ¼ mile from the parking lot just off Route 11A any time. For more information, call the office at 527-5880 or Jan, volunteer, at 707-9760. Opening the beaver dam to protect the boardwalk's wooden understructure by lowering the water and installing a pipe to help keep the level are Glenn LeClair (left), Matt (center) and Zach Hooper (rt). After they lowered the water they installed the white pipe at Glenn's feet, posts and fence to help prevent the beaver from plugging the outlet pipe.

North Country Notebook

Now here was a mouse that at least made scents



By JOHN HARRIGAN
COLUMNIST

"On the trail of a mouse" sounds like a short subject at a movie, not quite on a par with following a wounded tiger into a thicket. But that was the stuff of yesteryear, when a movie ticket was 20 cents. If you could spare a dime, Cob Sutton would stop buttering popcorn and fold it with his thumbs.

The smell hit me on the last step of the day, the last step of the stairs. It was the smell of bottled gas, except that it wasn't. It was the Smell of Something Dead.

In this house, with me as the only large carbon-based creature (to quote Captain Kirk, or somebody), and with my Jeep sidekick Millie gone to the Chipmunk-Catching Happy Hunting Grounds of Dogdom, the smell--no, stink--of something dead could only be coming from--a mouse.

+++++

Now, I'm pretty keen about mice, "keen" in the sense of "sharp." Having spent most of my life in and around hunting and fishing camps, I learned about mice when they were, well, campy. Sort of like Mickey Mouse in "Steamboat Willie."

In adult life, which is the reality check in this movie, I'm keen enough about mice to know when there's probably a weasel around. For instance, I did not have to deploy my trap-line this past winter, because I had no mice.

If a mouse can get its head through any open-

ing in your house--a shift of rocks from frost near your foundation, a crack under a shed door--it can squeeze the rest of its body through. This is a true axiom from the Book of Mice. Take it from a guy who's had mice gallop across his face, which will ring true with anyone who's ever spent a night in a loose camp.

Oh sure, I put a trap or two out last fall, when mice are so desperate to get in, but turned up none. "Aha!" I thought. "A weasel in the woodpile!" But I didn't rush out to stare at my woodpile, because I could somehow feel it. If I'd wasted my energy by going out to stare at my woodpile, sure enough, a weasel--by then an ermine--would have popped its head out.

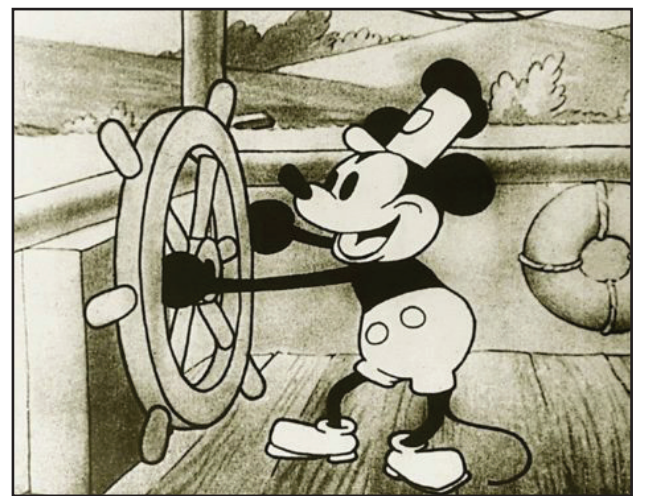
+++++

There is something revolting yet compelling about the smell of death. First among the compelling parts, I think, is that you hope it's not you. This is a silly thought, because if it were you, you'd be beyond smelling.

Bears, coyotes, and all sorts of other omnivores can smell death and home in on it like a tired pigeon. They are among the ill-named scavengers, the ones that keep the landscape clean.

Birds on high have keen noses to go along with their incredibly sharp eyes. There is evidence that turkey vultures can actually smell the smell, even way up there. Like dung beetles, turkey vultures (given away by their V-shaped wings) have a bad name.

Turkey vultures first appeared in the North Country in the 1970s. One of my first friends at Fish and Game during my early days of newspapering was a biologist's aid named Al Smith. He was on my list for the



COURTESY

A steamboat chuffed its way along as the original Mickey Mouse bee-bopped at the wheel in Disney's feature cartoon, "Steamboat Willie." (Courtesy Museum of Modern Art)

news of the day.

One day, Al had something unusual to say. "Saw a turkey vulture," he said. "Was so big, thought it was an air-eo-plane." He said it like the old-timers, just to be funny: "Air-eo-plane."

+++++

As with the coyote taking the place of the northeast's original wolf, the story about turkey vultures is too simple for some people to take. It is a story of road-kill.

The turnpikes--the worst of wildlife killing fields--have reached beyond the notches. The length and breadth of New Hampshire, there is more than ever traffic--and the next year and the next, still more.

The chief food for turkey vultures is any dead creature--farm animals dragged out to the bone yard, wildlife carcasses of all stripe, but particularly road kill, the worst sort of death-trap for wild creatures, from hoppy-toad to tick-laden moose.

+++++

Bottled gas (propane) is deliberately instilled with a scent so that if it is where it's not supposed to be, someone will smell it. Perhaps it is no coincidence that it mimics the smell of death.

I knew damned well that there was a dead mouse near my bedroom, somewhere, but

still I took to bed, hoping I could drift off to somewhere else.

But no, it was not to be. My sniffer still works too well, and it sent messages to what remains of my brain, saying, "Find the mouse."

So I got up and searched, and I was drawn to a wastebasket, which I thought contained only a few scraps of paper, but there it was--a little mouse, its little feet up in the air, stinking away, what we've always called a kangaroo mouse, the kind we love (but not in the kitchen, not the house, even), drawn to the lip of the wastebasket by who knows what, but then fallen in, from which there was no escape.

Practicality took over, and I took the wastebasket downstairs, picked the paper out for the fire, and heaved the rest of the contents (the mouse) out onto lawn.

I'd have left the carcass atop a fence-pole for the owls, but it was just too close for comfort.

(This column is syndicated in newspapers from Concord to Canada. Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

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150 Years on the Lake

M/S Mount Washington celebrates milestone anniversary

LACONIA — This year will mark the M/S Mount Washington’s 150th season on Lake Winnepesaukee, and Mount Washington Cruises has a season full of celebrations to mark the event.

The anniversary comes as the state heads into a summer season that promises to see the return of many events and activities that were restricted due to the Covid-19 pandemic.

“The 150th anniversary not only marks a milestone for a historic ship, it’s also a chance to celebrate a return to the traditional Lake Winnepesaukee summer season,” said Capt. Jim Morash from Mount Washington Cruises. “The ship has endured for generations, in good times and bad, and we’re excited to see her again be a place where people come to gather, unwind and enjoy our beautiful lake.”

Mount Washington Cruises will celebrate

the 150th anniversary of the M/S Mount Washington on Lake Winnepesaukee with the Anniversary Gala on Aug. 12, hosted on the date the ship was launched. The special event will include multiple decks of entertainment, hors d’oeuvres, signature drinks, photo opportunities, and special limited-edition souvenirs.

Tickets to this signature event are available at cruisenh.com/products/150th-anniversary-gala.

A Season of Events
The 2022 Season will officially kickoff on May 8, with the Mother’s Day Brunch cruise, featuring a grand buffet, entertainment, and a flower for the moms. Other special events slated for the 150th Anniversary season include:

Memorial Day Dinner Cruise on May 29
Independence Day Cruise on July 4
150th Anniversary Gala on Aug. 12
Labor Day Dinner

Cruise on Sept. 4
Halloween Masquerade Ball on Oct. 22

In addition to these special events, visitors can come aboard the M/S Mount Washington during a Narrated Cruise, running twice daily most days during the season, or the Sunset Dinner Cruise, offered on select evenings in spring and fall and on Monday, Wednesday, Friday, Saturday during the summer months. In addition, the M/S Mount Washington will offer a Sunday Brunch Cruise throughout the season.

A Tradition 150 Years in the Making
Since 1872, there has been a ship on the lake commissioned under the name Mount Washington. The first was the S.S Mount Washington, a 178-foot wooden side-wheeler built and launched in 1872 by the Boston & Maine Railroad company to take travelers and cargo from one side of the lake to the other.

There were many steamships operating on Lake Winnepesaukee in the late 1800s, but the SS Mount Washington gained notoriety as the fastest, and because of her connection to the railroad, quickly became the busiest lake transportation business, carrying more than 60,000 passengers a year by the end of the 19th century.

In the early 20th century, the SS Mount Washington, referred to today as the “Old Mount,” continued to take passengers around the lake and to the grand Weirs Hotel at the SS Mount Washington’s home port of Weirs Beach. But that all changed when fires took down two icons in the area, first in 1924, when the Weirs Hotel was destroyed by a fire and again in 1939, when a fire at the railroad station spread down the dock to where the SS Mount Washington was berthed for the winter.

Captain Leander Lavallee, who was the

owner of the destroyed Mount, soon announced plans to find a bigger, faster ship for the lake. In 1940, Lavallee purchased the 203-foot Chateaugay, berthed on Lake Champlain, Vermont. Moving the iron ship required cutting it into 20 sections and shipping it by flat-bed railroad car. It was reassembled and outfitted with a new, powerful steam engine. Now 205 feet in length, the SS Mount Washington II launched on August 12, 1940, less than a year after the tragic fire.

The ship continued service through tough economic times and World War II, ushering in an era of transition. The Mount Washington’s steam engine was replaced by a diesel engine 1946, and she rechristened as the M/V Mount Washington. The ship underwent a complete overhaul in 1982, when the ship was cut down the middle and 25 feet was added to her length, reclassifying her as the M/S Mount Washington, the ship that is

on Lake Winnepesaukee today.

M/S Mount Washington Today
The M/S Mount Washington draws thousands of visitors each year who enjoy the daily cruises.

In addition to the M/S Mount Washington, the Mount Washington Cruises fleet has grown to include the M/V Sophie C, the mail ship for the lake’s islands and the oldest floating post office in the nation; the Winnepesaukee Spirit, equipped for private events; and the M/V Doris E., which provides short cruises and shuttle service to Meredith.

For more information about the M/S Mount Washington, the 150th Anniversary Season, or Mount Washington Cruises, contact Jared Maraio at (603) 366-5531 or jared@cruisenh.com, or go to cruisenh.com.

Gilford Parks and Recreation News

BY HERB GREENE

Director
Gilford Parks and Recreation

Senior Moment-um Programs

Senior Moment-um Cinco De Mayo Luncheon on May 23 The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, May 23. We will meet at the Community Church, Fellowship Hall at noon for a tasty Mexican lunch! The lunch will consist of chicken burrito bake, Mexican rice, refried beans and “Faux Margarita”. Coffee, tea and water will also be available. Cost for the lunch is \$10 per person. Participants must RSVP no later than Thursday, May 19. For more information or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

Senior Moment-um Dinner and Dance - Senior/ Senior Prom on May 26 The Gilford Parks and Recreation Department in conjunction with the

GHS National Honor Society, is sponsoring a Senior/Senior Prom dinner and dancing evening for participants of the Senior Moment-um Program. This activity is scheduled for Thursday, May 26. Participants will meet in the Gilford High School Lobby at 5 p.m. for a sit-down Dinner, followed by a Senior/Senior prom with members of the High School Senior Class at 5:45 p.m. There is no fee for this program, but space is limited and participants must RSVP’s with the Parks and Recreation Department by Thursday, May 19. Participants are also asked to provide song requests in advance. To RSVP or for more information, please contact the Gilford Parks and Rec. Department at 527-4722.

Adult Spring Hiking Program continues on Tuesday mornings The Gilford Parks and Recreation Department is sponsoring a series of spring hikes for any adults looking for fresh air, fun and exercise. The hikes will be

held on Tuesday mornings, throughout the spring. Participants will gather at 9:30 a.m. in the Gilford Town Hall before departing for the hike. There is no cost for this program, but all interested participants are asked to RSVP at least one day in advance to each trip. For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

Tickets available for Red Sox bus trip on July 26 The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Tuesday, July 26 to see the Red Sox play the Cleveland Guardians. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD Video System and Lavatory. This trip is limited to 53 participants, so register early! Cost: \$75 per person For more information, please call the Gilford

Parks and Recreation Department at 527-4722.

Shooter’s Gold Basketball Camp
The Gilford Parks and Recreation Department is once again sponsoring the Shooter’s Gold Basketball Camp in Gilford this summer! The camp will be held on the Gilford Middle School Outdoor Basketball Court from June 27 - June 30, 2022. Session 1 for children entering grades 1-4 will be run from 8 - 10 a.m. Session 2 for children entering grades 5-8 will be run from 10 a.m. - noon. Participants may register through the Hogan Camps website at www.hogancamps.com. Cost: \$90 per session before June 1st, \$100 starting June 1 For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Challenger British Soccer Camp
The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will

be held from July 11 - July 15 at the Gilford Village Field. This camp offers a 1-hour program for children ages three to five and a three-hour program for children ages 6-14. Participants may register by picking up a form from the Parks and Recreation office

or by visiting the Challenger Web site at www.challengersports.com. Cost: \$101 for ages 3-5 and \$142.00 for ages 6-12 For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

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Edward Jones: Financial Focus

Retiring early? Know your health care choices

Life doesn't always go as planned. For example, you might think you'll retire at 65 or later, when you'll be eligible for Medicare. But if you retire before then, how will you pay for your health care? Without insurance, you risk incurring thousands of dollars of expenses if you are injured or become seriously ill. And if you must pay for these costs out of pocket, you might have to dip into your IRA, 401(k) or other retirement accounts earlier than you had planned – which could result in a less desirable retirement lifestyle than you had envisioned.

What, then, are your options? It depends on your situation, but here are four possibilities:

- *Employer retiree health benefits* – If your former employer offers health coverage to retirees, it could well be your best choice, especially if the employer continues to pay a share of the premiums. However, fewer employers

are offering continuing health coverage to former employees, and among those who do, they may use certain criteria – such as length of service and position within the company – to limit eligibility.


- *Spouse's plan* – If you're married and your spouse still has employer-provided insurance, you may be able to get coverage under this plan or continue this coverage if you have it already. If the employer subsidizes premiums for spouses, this plan could be an affordable choice – if not, though, it might be more expensive than other options.
- *COBRA* – The Consolidated Omnibus Budget Reconciliation Act (COBRA) allows you to maintain your existing coverage with the same benefits and provider network. However, COBRA is typically only available for a specific time – usually 18 months – after you leave your employer, and coverage can be expensive. Your previous employer subsidized a portion of the premium as

a benefit, but once you've retired, you'll likely have to pay the entire premium, plus an additional charge.

- *ACA Marketplace plan* – Through the Affordable Care Act Marketplace, you can find a variety of plans from which to choose, possibly including ones that include your existing network. If you qualify for subsidies, the premiums for your coverage may be similar to employer-sponsored coverage; if not, though, they can be more expensive. For information on ACA Marketplace plans, visit www.healthcare.gov. If you have options for health insurance, you'll want to take into account differences in coverage and cost. Check whether your desired health care providers are in-network and try to determine if your current medications and the benefits you rely on are covered. You may also want to consider a plan that

allows you to open a health savings account (HSA), which offers potential tax benefits. To contribute to an HSA, you must be covered by a high deductible health plan (HDHP), so there's that cost to consider, but if you're in generally good health and you don't expect to depend heavily on your health insurance until you're eligible for Medicare, you might want to consider an HDHP. One final note: Even when you do enroll in Medicare, you will still incur expenses for premiums, deductibles and co-pays, so you'll want to budget for these costs in your overall financial strategy.

In the meantime, explore your health insurance options. The future is not ours to see – so you'll want to be prepared for anything.



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It’s “Murder Madness” on LRPA all month long!

LACONIA—Through-out May, Lakes Region Public Access Television will highlight some of the most dark and gritty movies ever to come out of Hollywood! Join us each Friday and Saturday night at 10:00 p.m. for “May Murder Madness.” Some films fall in the category of film noir, some are thriller-adventures – but all have murder on their minds! This weekend (May 6 & 7), we get the month started with 1946’s film noir classic “The Strange Love of Martha Ivers,” starring Barbara Stanwyck, Van Heflin, Elizabeth Scott and Kirk Douglas (in his debut role!).

In 1928, the young heiress Martha Ivers

tries to escape her claustrophobic life with her authoritarian aunt, Mrs. Ivers (Dame Judith Anderson). She wants to run away with local bad boy Sam Masterson, but the police catch them and bring her home. Martha and her aunt argue, and in the heat of the moment, the teenager pushes Mrs. Ivers down the stairs, killing her. The son of her tutor, Walter O’Neill, witnesses the event. When Martha lies to her tutor about how the accident happened (an intruder killed her!), Walter backs up her story. Walter’s father suspects that young Martha is lying, and so manipulates the situation to one of financial gain for his son. Fast forward

nearly 20 years. A grown Martha (Stanwyck) is now married to Walter (Douglas), an alcoholic district attorney. Martha has built her aunt’s factory into a small empire. Their marriage is a disaster, as he loves her, but she doesn’t return the feelings. Meanwhile, Sam Masterson (Heflin), now an aimless drifter, winds up back in his hometown dues to a car wreck. While waiting for his car to be repaired, he meets the lovely Toni Marachek (Scott), who’s just gotten out of jail. After Toni gets picked up for violating her parole, Sam visits Walter to see if he can help her out of this jam. Walter is wary of Sam, as he thinks that Sam is in town to blackmail the couple for what he knows about Miss Iver’s death. Martha sees Sam again for the first time in nearly two decades, and Walter jealously realizes that Martha never lost her feelings for Sam. What follows is an unfortu-

nate chain of events that prove the cold, calculating and vengeful nature of four human beings.

If you’re a lover of classic movies and of film noir in particular, then Martha Ivers has it all: murder, blackmail, greed, deceit, dirty secrets and ruthless dames. It received an Oscar nomination for Best Original Story, and deservedly so. Every actor gives a stellar performance, particularly Van Heflin, who played here against type as the sneering, hard-boiled bad boy. In writing about the film debut of Kirk Douglas, famed columnist Louella Parsons noted that Paramount Pictures had “unearthed themselves another wonder boy,” and she certainly was right. Critic Leonard Maltin described Martha Ivers as a “...gripping melodrama – 3 out of 4 stars.” What more do you need to know? So grab your popcorn and join LRPA after dark for this vintage classic!

Mark your calendars for these upcoming murderous movies:

May 6 & 7: 1946’s “The Strange Love of Martha Ivers”

May 13 & 14: 1932’s “The Most Dangerous Game”

May 20 & 21: 1954’s “Suddenly”

May 27 & 28: 1956’s “Please Murder Me!”

You can’t find television like this anywhere but LRPA TV, Breezeline Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA

streams via the web at live.lrpa.org, and broadcasts locally on Breezeline Channel 24 (educational programming), Channel 25 (information and entertainment) and Channel 26 (government meetings) to 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

GHS senior events scheduled through the end of the year

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford High School seniors are getting ready for the end of the year from prom this weekend to graduation in June.

Gilford High School has set dates for graduation and other end of the year activities for seniors.

Senior Prom will be this Friday, May 13. The senior class trip will be on Tuesday, May 17.

GHS Principal Anthony Sperazzo sent a letter to parents that was posted on the school website outlining the schedule of events for the end of the year.

Final exams for seniors will run from June 6-8. All students who meet graduation obligations will be required to take part in a mandatory graduation rehearsal on June 6 in the auditorium.

Fourth graders at Gilford Elementary School will come over at the end of rehearsal to distribute the seniors’ time capsules: packets of information they put together when they were in fourth grade. The seniors will share their time capsules with the elementary school students.

Seniors will pick up their caps and gowns and do a hallway march on June 8.

Graduation is returning to Bank of New Hampshire Pavilion this year. A rehearsal will take place on Thursday, June 9.

The senior awards night will also take place on June 9 in the auditorium where students will be presented any scholarships and awards they have won.

Graduation will take place on Friday, June 10, at 5 p.m. at Bank of New Hampshire Pavilion.

Gilford Community Church (GCC) recently awarded two \$25,000 grants to Lakes Region Mental Health Center and Lakes Region Community Developers (LRCD), respectively. The awards were made possible through a substantial endowment gifted to GCC by Barbara and the late Robert Daniell that has resulted in the creation of the Daniell Fund.

“Their generosity will enable us to make yearly contributions to Lakes Region charities to improve and better the lives of the people in our community,” noted GCC Pastor Michael Graham.

Regarding the rationale behind the first annual disbursement of the Daniell Fund, Graham said their selection of Lakes Region Mental Health Center and Lakes Region Community Developers reflects GCC’s concern over the housing crisis.

“Due to inflation, inventory, and the pandemic, housing has never been in shorter supply for those in need,” he said.

Regarding its use, the grant award will help

Lakes Region Mental Health Center for assistance in the renovation of temporary housing at McGrath Street and procurement of community housing for transitioning patients.

“We were elated to receive this gift,” said Maggie Pritchard, CEO, Lakes Region Mental Health Center. “With it, we can create, improve and expand our housing services given the dire need of many people in our community, especially those affected by mental illnesses.”

At Lakes Region Community Developers (LRCD), the grant award will support the redevelopment of the Gale School into a day-care location in partnership with the Boys and Girls Club of Central New Hampshire.

“We are incredibly grateful to have the support of the Gilford Community Church,” said Carmen Lorentz, LRCD Executive Director. “This generous grant will ensure we have the necessary funds for the final fit-up of the school.”

The \$25,000 award will

also assist LRDC develop a second location for Lakes Region Community Services, a non-profit that serves individuals and families living with developmental disabilities or acquired brain disorders.

“The original intent of the Daniell Fund was to provide financial support for the betterment of the Gilford community at large, so these projects certainly accomplish this goal,” said GCC Member Bob Souter.

Fellow GCC Member Jessica Fleck, who served on the committee that deliberated on recipient selections, agreed with Souter and said their hope was to make decisions for maximum community benefit. She said her work on this committee reflects GCC’s broader philanthropic mission, which is exemplified in its Outreach Committee of which she is also part.

“It is the responsibility of the Outreach Committee to develop relationships and offer support to the community and beyond our borders through charitable donations and social action,”

she explained. “The projects funded through the Daniell Fund helped us to achieve our larger mission.”

In addition to the \$25,000 awards, GCC allocated funds for lecturers and speakers with the intended benefit “to educate and enlighten the community.”

“We are truly humbled and honored to be able to continue to carry out our mission as a force for love, good and unity in our community,” said Graham. “We thank the Daniell family for allowing us the means to continue to do so.”

Located in Gilford, GCC is an inclusive, open community with a broadly ecumenical spirit that welcomes people from all denominational and cultural backgrounds. Viewable live on YouTube, services take place at 10 a.m. on Sundays at 19 Potter Hill Rd., Gilford. To learn more about GCC, or virtually attend service, visit gilfordcommunity-church.org.

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PUBLIC HEARINGS

BARNSTEAD SCHOOL DISTRICT – SAU 86

BARNSTEAD, NEW HAMPSHIRE

The Barnstead School Board will hold a Public Hearing #1

Pursuant to 198:20-c

Date: Tuesday, May 24, 2022

Time: 6:00 PM

Location: Barnstead Elementary School Library

Purpose: To withdraw funds from the following expendable trust fund account and their purpose:

BES Expansion Fund

- Barnstead Elementary School Facility & Educational Assessment and Conceptual Designs & Budget services

The Barnstead School Board will hold a Public Hearing #2

Pursuant to 198:20-b

Date: Tuesday, May 24, 2022

Time: 6:00 PM

Location: Barnstead Elementary School Library

Purpose: To accept and expend unanticipated funds

Gilford Old Home Day Town Wide Yard Sale set for June 18

The Gilford Old Home Day Committee will be sponsoring a Town Wide Yard Sale on Saturday, June 18 from 8 a.m. – noon (rain or shine). Participants can register for a spot at the Community Yard Sale Site, which will be located at the Gilford Village Field or can host a sale at their own house and register

to be added to the Town Wide Yard Sale location map. Each registered yard sale site for the Town Wide Map, will have a number and address listed on the map to help shoppers find the location of their sale.

Cost to Register:
Community Site - \$20
Town Wide Map List-

ing - \$10

Maps will be sold for only \$2.00 at Community Site at the Village Field on the day of the sale. All proceeds will help support Gilford Old Home Day.

Additional information and registration forms can be found in the Gilford Parks and Recreation Office or on the Parks and Rec Web site at www.gilfordrec.com. Deadline to register for a site is Friday, June 10.

For more information, please contact the Gilford Parks and Recreation Office at 527-4722.



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Golden Eagle girls knock off defending champions

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The young Gilford girls' lacrosse team returned from break and made quite the statement, going 3-0 and knocking off the defending Division III champions. "You never know what to expect after a vacation week," said coach Dave Rogacki. "But (we) went 3-0 including a quality almost full-game effort over Division III

champion Derryfield." The Golden Eagles kicked off the week with a 23-17 win over St. Thomas, with seven different players scoring and eight players contributing assists. Lexi Shute, Emily Watson, Olivia Keenan, Addison Normandin and Aly Pichette all had multiple goals in the game. The girls traveled to Manchester on Wednesday to take on Derryfield on their turf field. Gil-

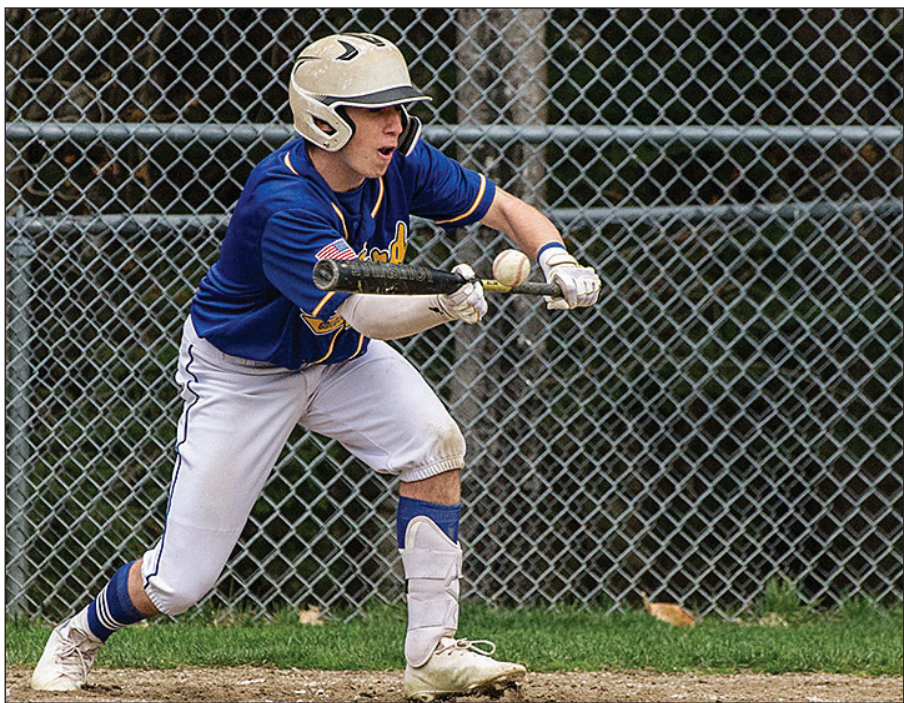
ford took a one-goal lead into the halftime break and the defense held the Cougars' fast offense in place and helped transition the offense to help secure a 15-11 win. "This was a huge quality win for the Eagles to help the program to continue to move in a positive direction," Rogacki said. Pichette had six goals and Keenan had five goals, while the defense was led by Ashley Sand-

erson, Gina Cookinham, Tessa Tanner and Maddie and Caroline Guest, who helped give keeper Lily Winward a good environment to work in. The Eagles continued their strong play on Friday, May 6, when they traveled down the road to Laconia and won another game on turf, this time by a 16-2 score. "As a coach, you always worry about a let-down after such a big victory," Rogacki said,

noting that the Golden Eagles settled those worries by scoring 11 goals in the first half on the way to the win. Watson and Molly McLean both had a hat trick on the day and Maddie Guest recorded her first goal of the season. "The youthful Eagles got a passing grade and now have to continue to grow both individually and as a team," Rogacki added. Gilford is slated to be

at Pelham today, May 12, will be hosting Lebanon on Monday, May 16, and will visit Bow on Wednesday, May 18, before hosting Inter-Lakes/Moultonborough on Thursday, May 19.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.



RC GREENWOOD

Two wins

The Gilford baseball team picked up a couple of wins last week, including an 8-4 win at Newfound on Monday, May 2 (pictured). The Golden Eagles took the lead in the second inning and added four runs in a big fourth inning. On Friday, Gilford hit the road to Tilton and got a 6-0 win over Winnisquam. Gilford scored one in the second, another in the third and then broke things open with four in the seventh inning. Riley Marsh went the distance on the hill, striking out seven and allowing just two walks. Gilford is scheduled to be at home today, May 12, against Prospect Mountain, at Kearsarge on Monday, May 16, and at Belmont on Thursday, May 19, all at 4 p.m.



RC GREENWOOD

Gilford split

The Gilford softball team bounced back from an 8-2 loss at Newfound (pictured) on Monday and got a 12-0 win over Gilford to close out the week. Gilford is scheduled to be at home today, May 12, against Prospect Mountain, at Kearsarge on Monday, May 16, and at Belmont on Thursday, May 19, all at 4 p.m.

Golden Eagles beat Lakers, fall to Bobcats

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford boys' tennis team opened the week following vacation with a 6-3 win over Inter-Lakes in the opener of a double-header with Inter-Lakes. The second match was called off due to rain. Winning their singles matches were Bradley McIntire, Joseph Schelb and Alden Townsend all won by 8-0 scores and Aydyn Berube won 8-1. Drew DeCarli lost a long match in a tiebreaker,

9-8 (8-6). The doubles teams of McIntire and Schelb and Townsend and Berube each won by 8-2 scores. The Golden Eagles traveled to Plymouth on Friday and dropped a 6-3 decision to the Bobcats. McIntire and Schelb won their singles matches by scores of 8-2 and 9-7, respectively. Izaak Walton lost his number three singles match, 8-6, in a well-played match and Townsend also played well at number four, losing in a tie-

breaker, 9-8 (8-6). McIntire and Schelb won at number one doubles by an 8-4 score. The number two doubles team of Walton and Townsend lost a close contest, 9-7. The Golden Eagles are slated to be in action on Wednesday, May 18, at home against Trinity at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

HIGH SCHOOL SLATE

Thursday, May 12
GILFORD
Baseball vs. Prospect Mountain; 4
Girls' Lacrosse at Pelham; 4
Girls' Tennis vs. Inter-Lakes; 4
Softball vs. Prospect Mountain; 4

Friday, May 13
BELMONT
Baseball at Somersworth; 4
Girls' Lacrosse at St. Thomas; 4
Softball at Somersworth; 4
WINNISQUAM
Baseball at Franklin; 4
Softball at Newfound; 4

Saturday, May 14
BELMONT
Softball at St. Thomas; 10
Track at Winnisquam; 10
GILFORD
Track at Winnisquam; 10
WINNISQUAM
Track Home Meet; 10

Monday, May 16
BELMONT
Baseball vs. Winnisquam; 4
Girls' Lacrosse vs. Inter-Lakes; 4
Softball vs. Winnisquam; 4
GILFORD
Baseball at Kearsarge; 4
Boys' Lacrosse at Lebanon; 4:30
Boys' Tennis vs. Trinity; 4
Girls' Lacrosse vs. Lebanon; 4
Softball at Kearsarge; 4
WINNISQUAM
Baseball at Belmont; 4
Softball at Belmont; 4

Tuesday, May 17
BELMONT
Track at Gilford; 4
GILFORD
Track Home Meet; 4

Wednesday, May 18
BELMONT
Girls' Lacrosse at Campbell; 4
GILFORD
Boys' Lacrosse at Stevens; 4
Girls' Lacrosse at Bow; 4
Girls' Tennis at Prospect Mountain; 4
WINNISQUAM
Baseball vs. Monadnock; 4
Softball vs. Monadnock; 4

Thursday, May 19
BELMONT
Baseball vs. Gilford; 4
Girls' Lacrosse at Lebanon; 4
Softball vs. Gilford; 4
GILFORD
Baseball at Belmont; 4
Girls' Lacrosse vs. Inter-Lakes; 4
Softball at Belmont; 4

All schedules are subject to change.

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What Coco is working on: Coco is learning that she does not have to fear her resources being taken from her. She can also get a little uncomfortable with restraint, so she is working on building positive associations with handling.
What Coco needs in an adopter: Coco is looking for someone who is patient and has lots of love to give! She's a really sweet girl that needs to be shown that her fears in life aren't so scary after all. Through an adopter willing to continue down the path of positive experiences and training, Coco will grow up to be a lovely dog!
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Curry College welcomes Alexandra Cahill into Alpha Phi Sigma

MILTON, Mass. — Curry College welcomes Alexandra Cahill of Laconia Class of 2024 into Alpha Phi Sigma, the National Criminal Justice Honor Society.

Alpha Phi Sigma recognizes academic excellence of undergraduate and graduate students of Criminal Justice, as well as Juris Doctor students. The goals of Alpha Phi Sigma are to honor and promote academic excellence, community service, educational leadership, and unity.

Alpha Phi Sigma is the only Criminal Justice Honor Society, is a certified member of the Association of College Honor Societies, and is affiliated with the Academy of Criminal Justice Sciences.

About Curry College

Curry College, founded in Boston in 1879, is a private, co-educational, liberal arts-based institution located on 131 acres in Milton, Massachusetts. The College extends its educational programs to a continuing education branch campus in Plymouth. The College offers 22 undergraduate majors in specialized and liberal arts programs, as well as graduate degrees in accounting, business, education, criminal justice, and nursing to a combined enrollment of nearly 2,500 students. The student body consists of 1,700 traditional students and nearly 800 continuing education and graduate students. The College offers a wide array of co-curricular activities ranging from 16 NCAA Division III athletic teams to an outstanding theatre and fine arts program. Visit us on the Web at www.curry.edu

Laurel Gingrich earns Albright College Student-Athlete Award

READING, Pa. — Albright College student-athlete, Laurel Gingrich of Gilford earned the MVP award as a member of the Women's Swimming team during a ceremony on Tuesday, May 3, in Merner-Pfeiffer-Klein Memorial Chapel. A graduate of Gilford High School, Gingrich is studying communications/journalism and fashion at Albright.

More than 33 percent of Albright students participate on one of the college's 24 varsity sports teams, ranging from football to eSports. The red and white Albright Lions are part of the historic Division III, Middle Atlantic Conference (MAC). An additional 10 percent of students participate in club and/or intramural sports.

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TRACK

(Continued from Page A1)

Aiden Malek finished first in the 300-meter hurdles in 46.27 seconds, second in the 100 meters in a personal best of 11.53 seconds and was second in the long jump at 17 feet, nine inches. Anthony Haddocks took first in the long jump at 18 feet, two inches, finished second in the javelin at 119 feet, two inches and fourth in the 100 meters in a personal best of 11.97 seconds. Patrick Gandini won the 400 meters in 55.46 seconds and Bondaz was second in 58.06 seconds. Krupnik finished third in the 300-meter hurdles in 55.26 seconds and was fifth in the 200 meters in a personal best of 27 seconds. Sawyer finished in

fourth in the 300-meter hurdles with a personal best of 59.26 seconds and was fourth in the discus at 81 feet, nine inches, also a new personal record. Nick Haddocks was second in the high jump at four feet, 10 inches and Wright finished in fourth in the same event. The team of Bondaz, Forest, Nick Haddocks and Patrick Gandini won the 4X800-meter relay in 9:23.66 and the team of Reese, Bondaz, Malek and Patrick Gandini won the 4X400-meter relay in 3:54.97. Cat Stow won the 800 meters in a time of 2:39.74 and Eckhardt finished in second place in a personal best of 2:48.74. Burlock won the 400 meters in a time of 1:10.75, a new personal best, while Coapland was second in the 200 meters in a personal best of 29.32 seconds and Sawyer was fourth in the 800 meters in a personal best of 2:53. Addy Wernig took second in the 100 meters in a personal best of 14.03 seconds and set a new personal best in the long jump at 12 feet, 8.5 inches for third place. Kenyon was second in the javelin at 72 feet, 11 inches, was second in the shot put at 26 feet, eight inches and was second in the discus at 83 feet, five inches, all new personal bests. In the 4X100-meter relay, the team of Brown, Addy Wernig, Kimball and Coapland finished first in a personal best of 57.01 seconds, in the 4X400-meter relay, Eckhardt, Bullock, Hughes and Stow teamed up to finish first in 4:56.96 and in the 4X800-meter relay, the team of Eckhardt, Burlock, Hughes and Stow finished in 11:24.29 to win with a new personal best.

Gilford is slated to be at Winnisquam on Saturday, May 14, at 10 a.m. and will be hosting a meet on Tuesday, May 17, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

BROCHURE

(Continued from Page A1)

A Lego Engineering Camp will take place the week of July 18-July 22 for kids in grades 1-5. Participants will take part in many different challenges that give them the chance to be creative and learn STEM skills. "Minds in Motion: Chemical Creations Workshop" will take place Aug. 1 and 2. Kids ages six to 12 will do hands-on scientific experiments and get their own chemistry kit. Gilford Parks and Rec will host several regular programs over the summer including the Youth Tennis Program, the Youth Tennis Match Play Program, Shooter's Gold Basketball Camp, Lakes Region Riding Academy Horsemanship Camp, Challenger Soccer Camp, Seacoast Unit-ed Soccer Camp, the Gilford Community Band Concert Series, and different programs at the Gilford Town Beach. The summer season will wrap up on Saturday, Aug. 27 with Gilford Old Home Day. Visit gilfordrec.com for the full brochure with detailed information.

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NEWSIES

(Continued from Page A1)

leads them through the strike,” Fessenden said.

He said Jack is like an overprotective brother and cares about his friends, but can also be flirty and confident.

Julianna Decesare plays a reporter named Katherine Plumber who works on a story about the strike.

“She hears about the newsboy strike and tries to get the newsboys the push they need to do the strike,” she said.

She said her character can be serious when she wants to be.

Charli Eddy plays Davey, one of the newer newsboys in the group. He comes from a wealthy family and is still trying to figure out what he’s doing.

“I’m one of Jack’s really good friends and I like to follow along with him,” Eddy said.

Aubrie Rubbo plays Medda Larkin, a member of the Bowery Brigade.

“She’s a singer for her theater,” Rubbo said. “She’s very women’s rights, feminist.”

Rubbo said she is also warmhearted and motherly as well.

All of the performers studied New York City accents for the show. Fessenden said he loves doing accents.

“I watched the movie and I observed how my character in the movie pronounces different things,” he said.

Decesare said she tries to go all in with her

accent.

“If you know what you’re doing then it’s easy,” she said.

Eddy said doing an accent makes her feel more in-character.

“Once you get it mut just like stays in your head,” Eddy said.

The cast members said they have enjoyed rehearsing the show.

“This cast has been sort of like a safe place,” Fessenden said.

He said this environment is a safe place to express himself.

Eddy said this has been a great way to meet new friends.



News, really close to home

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Lakes Region Community College launches Gateway to College program

LACONIA — This summer, Lakes Region Community College (LRCC) is adding a new one-week residency program to prepare high school students for college through engaging in academic, social and college success focused activities. The no-cost high school to college bridge program, Gateway to College, will run from July 18 to July 22 and will assist with academic

ic preparedness and college readiness as a way to help students connect, grow, thrive and build confidence to reach their academic goals in college. “We see a lot of students struggle with their transition from high school to college and we want to ‘bridge’ the gap to help them prepare for success,” said Laura LeMien, associate vice president of Aca-



dem and Student Affairs at LRCC. “We will be working with high school guidance counselors from across New Hampshire to help us identify those students who would best benefit from this pilot program, which we are planning to expand upon in the future.”

The Gateway to College program is designed to prepare high school students for the transition to college. Mornings are spent in the classroom where LRCC faculty will work with students to enhance their academic preparedness with a focus on English and math readiness. This will include taking the ALEKS Mathematics Placement Assessment at no cost, a requirement prior to enrolling in classes. Afternoons will focus on the knowledge and skills needed to successfully transition from high school to college and include extracurricular activities on and off campus. Upon starting the fall semester, the cohort will be grouped together for core classes creating a peer support group to boost academic skills and build confidence. “Helping students make a smooth transition to college is critically important,” explains Huot Technical Center Director David Warrender. “This goes beyond providing students an academic foundation to really helping students and families navigate the systems and processes of a post-secondary institution. Strengthening and clarifying the process for students to move from a school like the Huot to LRCC should lead to higher student

achievement and future career success.” Participants will be selected based on math and English placement scores. Students who successfully complete the program will receive credit for College Essentials, LRCC’s one-credit first year experience course, as well as \$500 scholarship for their first semester. The 15-student cohort will stay on-campus in the fully furnished Apple Ridge student apartments. Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves more than 1,200 students annually and offers housing

options for students. LRCC offers more than 40 degree and certificate programs, including Automotive and Marine Technology, Fire Science, Nursing, Culinary Arts, Business, Accounting, and more. In addition, LRCC provides a strong background in Liberal Arts for students who choose to complete their first two years at a

community college and then transfer to a four-year college or university for a baccalaureate degree. Business and industry training programs are also available. Lakes Region Community College is part of the Community College System of New Hampshire. For more information, visit lrcc.edu.

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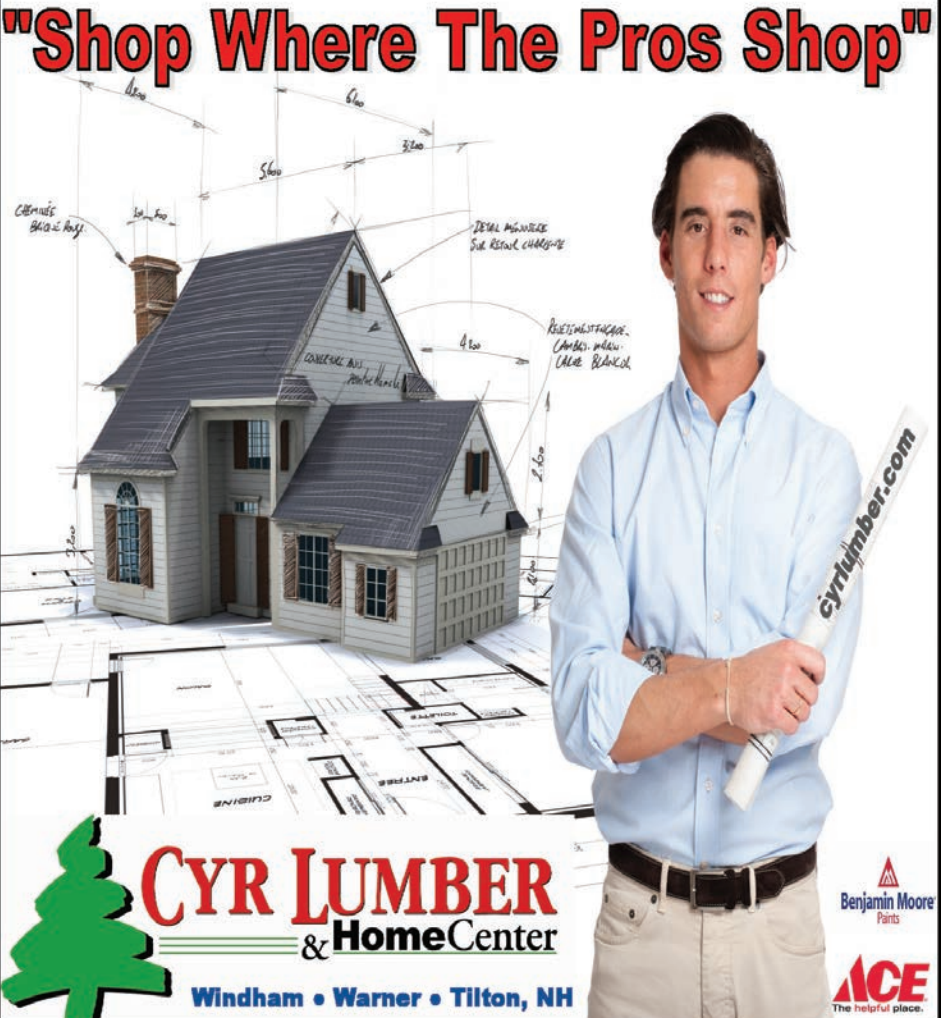
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