

# Winnisquam Echo

THURSDAY, SEPTEMBER 5, 2024

FREE

SERVING TILTON, NORTHFIELD, BELMONT &amp; SANBORNTON, N.H.

## Raider golfers kick off the new season in Farmington



Max Ryder tees off on the first hole at Farmington Country Club last Wednesday afternoon.



Jordan DeFrancesco chips onto the ninth green at Farmington Country Club in Belmont's opening match last week.

BY JOSHUA SPAULDING  
Sports Editor

FARMINGTON — The Belmont golf team kicked off the season with a three-team match at Farmington Country Club on Wednesday, Aug. 28, coming home in third place behind Inter-Lakes and the host Tigers.

Max Ryder led the Raiders out of the top spot in the lineup, scoring 13 points, while Jordan DeFrancesco in the fourth spot and Jacob Akerstrom in the fifth spot both earned nine points to score for the team. Alex Rowley at

number two, Jaspar Sotak at number three and Evan Tucker at number six each scored eight points, with one of those scores counting toward the team score of 39, which was behind the 63 posted by Inter-Lakes and the 51 posted by Farmington.

The Raiders are scheduled to compete in a match hosted by Hopkinton today, Sept. 5, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## Winnisquam soccer aiming for another playoff berth

BY JOSHUA SPAULDING  
Sports Editor

TILTON — Despite a number of graduation losses from last year's playoff team, coach Tom Osmer feels that this year's team should once again be ready to compete for a playoff spot.

"Despite the large graduation of players, we have depth and expect to compete," Osmer said.

The Bears will be looking to a quartet of seniors and a junior to provide the most experience and leadership as the new season kicks off. Seniors Colby Blackburn in the midfield, Victor Pham on defense and Jacob Twombly between the pipes and junior Taber Haggett up front will be leaned on for their experience and leadership.

Osmer also has a few players who he expects will have to increase their roles in terms of minutes and their impact on the game. Senior forward Brendan Goodwin, junior forward Xavier Mondesir, junior defender Carl Edwardson and sophomore midfielder Braeden Perrault will all be counted on to step into larger roles as the new season begins.

"There are a few more seniors looking to break into the lineup in their final season," Osmer said. "They know the system and the expectations, they just need to claim a spot on the lineup card and defend it from others trying to get into the formation."

"They are competing primarily with a good number of promising sophomores who are battling hard for those remaining spots on the field," Osmer said. "We will need a few of these guys to break out and make a contribution on the field in order to be successful this season."

The remainder of the senior class includes Ari Booth, Carter LaLiberte, Desiree Rouleau, Louis Soyk, Justin Tardif and Ben Wood while the sophomore class includes Noah Bassett, Wyatt Cushing, Jacoby Keith, Brady Nelson, Kyra Russell, Travis Tibbetts and Jon Wright. Freshmen in the program this year include Nolan Abbott, Kwesi Addo-Yeboah, Jack McGranaghan, Brandon Seavey, Kaito Tamaru and Kane St. Hilaire.

"Looking down the road a little, this sophomore class is going to be very important in future sea-

SEE SOCCER, PAGE A10

## Club Piklbal! indoor Pickleball club to open at Belknap Marketplace

BELMONT — Club Piklbal!, the Lakes Region's first indoor pickleball club, is looking forward to opening its doors at Belknap Marketplace at 96 Daniel Webster Highway late this Fall.

Fun for all ages and abilities, pickleball is one of the fastest growing sports in the nation, including here in the Lakes Region where until this fall, players have only been able to play on outdoor courts, or in gymnasiums. In fact, according to USA Pickleball, 36.5 million people are currently playing pickleball in the U.S. Why? Because you can play a social or competitive game, keep moving, have fun, and build a network of friends and supporters! According to a Mayo Clinic study, racket sports players add 6.2 to 9.7 years to the average life span.

Club Piklbal! will be a community-centered, state-of-the-art indoor pickleball facility that welcomes players of all ages and abilities all year long. Club Piklbal!'s goal is to provide players with a comfortable and positive play experience, making it easy to show

up, play, enjoy some friendly competition, have fun, and make connections.

In its 23,000 square foot facility, Club Piklbal! will offer eight indoor, temperature-controlled, fenced in pickleball courts with CushionX premium court surfaces. As well, Club Piklbal! members and guests will enjoy a Wellness Suite, Pro Shop, Training Area, Lounge / Event Space, and plenty of viewing areas for spectators to watch games at play.

Club Piklbal! will be a standout to other pickleball facilities, hosting organized programming for lessons from a Club Piklbal! Pro / Coach, leagues, ladders, and level-specific open play. And, for those looking to play a game with their own group, court reservations will be available. While Club Piklbal! is happy to welcome guests, it will also have various levels of membership offering advantages over playing as a guest.

Additionally, Club Piklbal! will be available for hosting private events. Their lounge will

SEE CLUB, PAGE A10

## Plastic collection program leads to donation of recycled benches

GILMANTON/LA-CONIA — Six years ago, the Green Sanctuary Committee at the Unitarian Universalist Society of Laconia planned their first monthly soft plastic collection event. Early in the collections, the Green Sanctuary Committee combined with the Laconia/Gilford Lions Club to provide this valuable service.

Over the years, the groups have not only collected soft plastics, but also canned food for CAP. In 2021, the church received Green Sanctuary Certification from the UUA (Unitarian Universalist Association).

A Green Sanctuary Church is one that has transitioned, recognizing the importance of addressing the Climate Crisis through real action, considering the Climate Crisis in all of its activities, including Climate Justice. Little did the committee know that their efforts would not only help save thousands of pounds of soft plastics from ending up

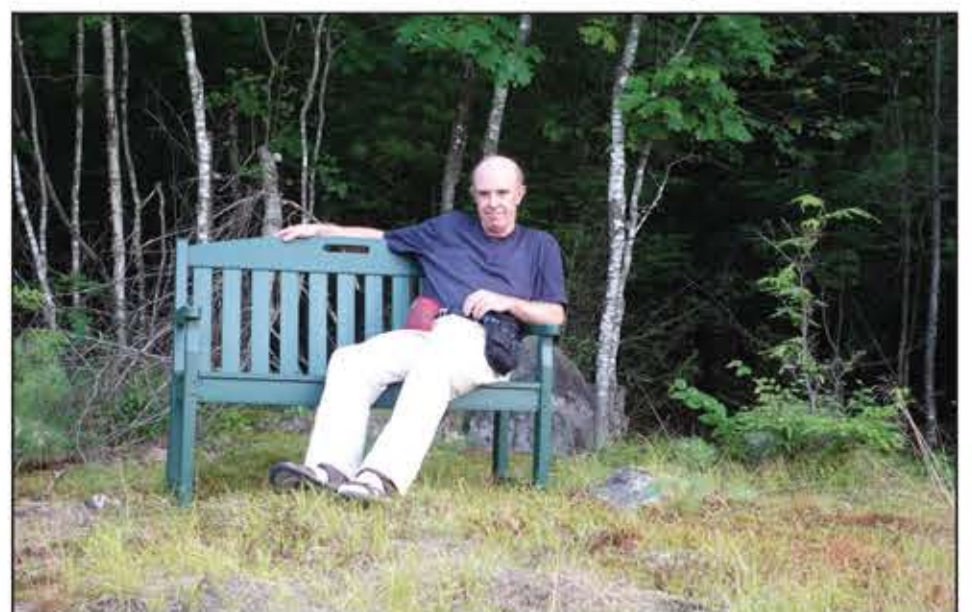
in landfills, but it would also lead to providing a scenic bench on a hiking trail. Collection events often bring in from 400 to 650 pounds of soft plastics.

The Laconia/Gilford Lions Club worked with the Trex Corporation that has an option to receive a bench made from the materials the recognized party helped to collect. Thanks to the efforts

of the Lions Club, the UUSL received its first bench in 2020. A second one was awarded to them in 2024. A member of the Green Sanctuary Committee was also involved with the Gilman Conservation Trails Committee. Together, the Lions Club and the Green Sanctuary Committee decided to donate the second bench to the Gilman Conservation

Trails Group. A Trex bench was placed on one of the scenic trails in Gilmanton.

The collection events have also grown to accept not only soft plastics, but styrofoam. Donations of pet food are also accepted. The next collection will be held on Saturday, Sept. 28 curbside at the church (172 Pleasant St., Laconia) from 11 a.m. to 1 p.m.



Frank Allen on Cogswell Mountain displaying the Trex Bench donated to the Gilmanton Conservation Trails by the Laconia/Gilford Lions Club and the UUSL Green Sanctuary Committee.

COURTESY

# NHBM's Alton Bay Boat Show draws hundreds of attendees



ALTON — In mid August, the annual Alton Bay Boat Show, organized by New Hampshire Boat Museum (NHBM), drew eighteen boats and approximately 300 guests who voted for first, second, and third place winners. “We had a great turnout this year,” NHBM Executive Director Martha Cummings said. “The boats were unique and everyone who attended seemed to have a great time.”

for their favorites. In first place was Gypsy, owned by Russel Lunt. Paul St. Hilaire’s boat, Mutual Fun, won second place, while third place was a tie between All Aboard, owned by Charley Train, and Shillelagh, owned by Don Minor Jr.

According to Cummings, the popularity of the annual event underscores the relevance of NHBM’s broader mission. “We celebrate boating, the outdoors, lake life, and both historic and modern boating culture, which is increasingly diverse,” she said. “We believe boating and getting to experience our beautiful lakes is for everyone.”

NHBM’s Moultonborough Campus is open Thursday through Saturday, 10 a.m. to 4 p.m., and Sunday noon to 4 p.m., through September. Admission is free.

Founded in 1992 by antique and classic boating enthusiasts, NHBM offers dynamic exhibits and engaging programs and events tailored to the diverse boating lifestyles and values of people of all ages. NHBM is sponsored in part by Goodhue Boat Company, Eastern Propane and Oil, Stark Creative, KW Lakes and Mountains, Taylor Community, Belletetes, and North Water Marine.

To learn more about NHBM, visit [nhbm.org](http://nhbm.org).

# Around and About Tilton

BY GREGG DEVOLDER

Hello, and welcome back. Given the timing of the selectmen’s meeting and my Thursday deadline, I won’t be able to give you my thoughts on last week’s “Candidates Night Session” for those looking to fill the open Selectman’s seat. Of course, you can go to the town’s website and watch the video or wait till next week’s column.

I did attend the Zoning Board of Adjustments meeting on-line and the board did approve the Special Exception request made by the Sobriety Center of New Hampshire, LLC. It was not an easy decision, and the board did meet with legal counsel to review. It seems to me this is one of those situations where we must hope that the new owners have heard the concerns and fears of their neighbors and do their best to allay them. Fingers crossed, going forward, there’s noticeable improvement for everyone involved.

If you’ve driven by the high school lately, you may have notice the fencing has gone up around the Ag-building. Nice to see this project starting to get off the ground. Let’s hope timing and budget all come in as advertised. It should be a great asset for our students across the area.

As we roll into another school year I am reminded of a quote from Mark Twain, “The man that does not read has no advantage over the man that cannot read.” How true, yet today I can’t help but wonder if folks would think this still holds water. With all the Smart Phones, text messaging and emojis flying about, do folks even read books anymore? It appears that many schools are now restricting cell phone use within their walls and perhaps we could take a lesson from that for our own homes as well.

Given the short and extremely quiet week, I thought I’d challenge you with another one of my poems. Full disclosure here, my wife has never taken part in the smart phone, internet world. As she says, “I’d rather be in my gardens pulling weeds, than on a cell phone” and I have to say, I feel very fortunate for that.

Hand Held Devices  
By Gregg DeVolder

I was told today, what I did not know  
By a child of six or seven or so  
You turn it on, with this button right here  
It tells you when, the store is near

You can watch a video and make some calls  
It gets you your food, it does it all  
Just press this button and type it in  
Or press that button, to see a friend

It tells you to hurry, it tells you you’re late  
It tells you your steps and even your heart rate  
It does us some good, that is for sure  
But to stop for an hour, you’d never endure  
I fear for those, that live like this  
With no time to visit and reminisce  
Too busy now, with their hand held devices  
To smile at you, it’s all such a crisis

They sit in their chair with a frozen look  
Wouldn’t it be grand, if they opened a book  
“Can’t speak right now, I’m getting a text”  
This little black thing, has me so perplexed  
When mom and dad are so busy texting  
They can’t even answer, their new daughter, Alexa

It controls your life, like never before  
The bells and beeps, they’re hard to ignore  
It listens to words and knows where you go  
Is this something, you want them to know

To sit and relax, well there’s no time for that  
You’re getting a message, which says you’re too fat  
And here’s how to fix it, just press this red button  
It tells you to stop, don’t eat the last muffin

It knows all you do and just what to say  
It keeps you from speaking, with a neat little display  
You’ll walk about, as if you were drugged  
And forget that your children, could use a good hug

If you made it this far, congratulations and thanks for hanging in there. I promise, next week there’s a lot more going on and you won’t have to suffer through another poem!

Well, that’s all I have for now. Thank you for reading and all your comments! As always, you can email me at: [aroundandabouttiltonnh@gmail.com](mailto:aroundandabouttiltonnh@gmail.com). I can’t promise I’ll respond to everyone, but I will read them all.

Have a great week!



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Laconia Adult Education Fall 2024								
Enrichment Class Schedule								
Course Title	Day(s)	Start date	Start Time	End Time	# weeks	Cost	Location	Instructor Name
<b>Cooking</b>								
Authentic Thai Cooking	Tue	09/24/2024	5:30 pm	8:30 pm	1	\$85.00	H-220	Sophie Wentworth
Authentic Thai Cooking - session 2	Tue	10/01/2024	5:30 pm	8:30 pm	1	\$85.00	H-220	Sophie Wentworth
Authentic Thai Cooking - Session 3	Tue	10/08/2024	5:30 pm	8:30 pm	1	\$85.00	H-220	Sophie Wentworth
Authentic Thai Cooking - Session 4	Tue	10/15/2024	5:30 pm	8:30 pm	1	\$85.00	H-220	Sophie Wentworth
<b>Health &amp; Wellness</b>								
Beginner Ballroom Dance Class	Tue	09/23/2024	6:45 pm	7:45 pm	8	\$160.00	Cafe	Juli Pruden
Beginner West Coast Swing	Mon	09/23/2024	7:45 pm	8:45 pm	8	\$160.00	LHS-Cafe	Juli Pruden
BEYOND BEGINNER BALLROOM	Mon	09/23/2024	5:45 pm	6:45 pm	8	\$160.00	LHS-Cafe	Juli Pruden
Freedom Through Forgiveness	Thu	12/05/2024	6:00 pm	8:30 pm	1	\$45.00	615	Brenda Paquette
Introduction to Spiritual Energies	Thu	10/03/2024	6:00 pm	8:30 pm	1	\$45.00	615	Brenda Paquette
Meditation 101	Thu	11/14/2024	6:00 pm	8:30 pm	1	\$45.00	615	Brenda Paquette
What are Angels & How to Communicate w/them	Thu	10/24/2024	6:00 pm	8:30 pm	1	\$45.00	615	Brenda Paquette
Yoga for Everyone: Beginning (Tues & Thurs) Session 1	Tue, Thu	09/24/2024	5:00 pm	6:15 pm	4	\$50.00	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 2	Tue, Thu	10/22/2024	5:00 pm	6:15 pm	4	\$50.00	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 3	Tue, Thu	11/19/2024	5:00 pm	6:15 pm	4	\$50.00	ctc-H225	Bonnie Morin
<b>Language</b>								
Introductory Spanish	Tue	10/01/2024	6:00 pm	7:00 pm	10	\$25.00	205	Richard Gilson
<b>Learning a skill</b>								
Basic Woodworking	Thu	09/26/2024	6:00 pm	8:30 pm	8	\$110.00	517	Wes Anderson
Dog Obedience: Advanced	Wed	09/25/2024	7:00 pm	8:00 pm	8	\$70.00	Gym	Carolyn Bancroft
Dog Obedience: Beginning	Wed	09/25/2024	6:00 pm	7:00 pm	8	\$70.00	Gym	Carolyn Bancroft
Guitar I for Beginners	Tue	09/24/2024	7:00 pm	8:00 pm	8	\$79.00	813	Matthew Wood
Intro to Intermediate Woodworking - Shaker End Table	Wed	09/25/2024	6:00 pm	8:30 pm	10	\$140.00	517	Ed Philpot
Open Shop Woodworking	Tue	09/24/2024	6:00 pm	8:30 pm	10	\$110.00	517	Ed Philpot
Welding Fundamentals: ARC,GAS,MIG&TIG- Tuesdays	Tue	09/24/2024	5:30 pm	8:30 pm	10	\$350.00	Welding Lab	Bruce Beckford
Welding Fundamentals: ARC,GAS,MIG&TIG- Wednesdays	Wed	09/25/2024	5:30 pm	8:30 pm	10	\$350.00	Welding Lab	Bruce Beckford
<b>*Diploma Classes*</b>								
Earth/Space Science	Mon	9/9/2024	6:00-9:00		15 Weeks	\$280.00	LHS-919	J. Lacroix
English	Tues	9/10/2024	6:00-9:00		15 Weeks	\$280.00	LHS-612	J. Ratcliffe
Psychology	Wed	9/11/2024	6:00-9:00		15 Weeks	\$280.00	LHS-304	T. Osborne
Foundations of Math II	Thurs	9/12/2024	6:00-9:00		15 Weeks	\$280.00	LHS-611	A. Stefanik

\* \* Additional Supply/book fee or pre-class requirement is additional in this course.

Check out our other great offerings:

HSE (GED or HISET) Prep- Free Monday & Wednesday nights 6:00-8:30-Starting September 9  
 Adult Basic Education - Free Classes for those looking to improve reading skills - Tuesday & Thursday nights 6:00-8:30-starti  
 E.S.L.- Free for those learning English Tuesday & Thursday nights 6:00-8:30-starting September 10

Classes are in-person except when location is listed as remote.

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs)  
 REGISTER AND PAY ONLINE at: [adultedlaconia.weebly.com](http://adultedlaconia.weebly.com)  
 Still have questions? Call Laconia Adult Education at 524-5712

# NH teens inspire Ukrainian children of war as volunteers at trauma counseling retreat

ZAKOPANE, Poland — In an act of global peer leadership, high school students from Holderness School in New Hampshire traveled to Poland last week to volunteer at the nonprofit Common Man for Ukraine's monthly mental health retreat for Ukrainian children of war.

At a presentation this past school year by the nonprofit's co-founders, the pair of high school juniors — Kelly McVeigh and Maeve Rhatigan — first learned of Common Man for Ukraine's impactful residential trauma counseling program for Ukrainian children whose soldier-fathers have been killed in the

ongoing war. From there, several Holderness Service Council students were first introduced to Ukrainian children attending Common Man for Ukraine's April retreat over Zoom and served as pen pals in the following months. This letter-writing relationship was meaningful for the American teens and inspired them to make an even greater impact — flying to Eastern Europe and volunteering in-person at the August retreat session in Zakopane, Poland.

"It has been an absolute honor to have the chance to connect with these resilient individuals, and to contribute to creating a super positive and supportive environment," said McVeigh. "Having spent the last eight weeks as a camp counselor in the United States, I have used that experience to bring some joy and comfort to the (Ukrainian) kids."

"These kids are only slightly younger than us and they've already been through so much," add-

ed Rhatigan, who with the Holderness Service Council helped organize fundraisers for the nonprofit. "When I found out about this opportunity to spend time with them directly, I thought: How could I not?"

To date, the all-volunteer Common Man for Ukraine and its Polish Rotary partners have hosted more than 800 Ukrainian children between the ages of eight and 16 at the monthly Children of Ukraine Health Retreat, which provides both group and individual counseling, art and nature therapy sessions, and therapeutic physical activities and outings. Each three-week program hosts 30 to 35 children and is staffed by certified Ukrainian teachers, doctors, and counselors.

"We cannot overstate how powerful and impactful it has been to establish a connection between Ukrainian children and the students at Holderness School, who have developed their own commitment

to and compassion for Ukraine's children and what they are going through," said Common Man for Ukraine co-founder Lisa Mure. "By volunteering at our August retreat this week, American teens are making friendship bracelets, playing soccer and volleyball, and bringing the Ukrainian children a sense of comfort that the world is watching out for them and caring about what they are going through."

"We can see it is as moving and inspiring for the Holderness students as it is for the Ukrainian children," Mure added. "These types of opportunities that build relationships between young people of different cultures and experiences help make the world smaller, kinder, and more loving for our future generations."

By the end of the trip, the two teenage students, and their trusted guardians who accompanied them from Holderness School, spent five days with the Ukrainian

children of war. As peer volunteers, the teens made crafts, gone on hikes, played games, and ate many meals together with the Ukrainian orphans. Most importantly, they created deep bonds with them, and gave the Ukrainian children the knowledge that even youth who live on the other side of the world are determined to help them in Ukraine's time of need.

The Holderness Service Council supports a variety of local nonprofits. Last year, students provided more than 5,500 hours of service to the local community, earning 13 volunteer Presidential Service Awards and raising more than \$30,000 through service initiatives.

Donations to the 501c3 Common Man for Ukraine can be made online at its website ([commonmanforukraine.org](http://commonmanforukraine.org)), check by mail (71 Main St., Plymouth, NH 03264), and by Donor Advised Fund (DAF).



## League of NH Craftsmen Gallery welcomes new juried member

MEREDITH — The League of New Hampshire Craftsmen Meredith Fine Craft Gallery is delighted to announce newly juried member Steve Arcone, who creates incredibly striking art of ice-macro images on aluminum. Arcone's macro-imaged subjects mix art and science using an abstract process that captures details that are too small to see with the naked eye.

Arcone uses ice formations of interesting patterns, textures, and color variations that display a wide range of features from delicate fractals to bold, crystalline structures, along with a laminar flow of oil over water, and spider web threads for a stunning visual effect. Most of Arcone's ice images are of thin pond crystals during change and decay caused by melt, sublimation and recrystallization. Arcone enhances the photos using digital editing tools that adjust contrast, brightness, and saturation to highlight the ice's details which are intertwined with twig, leaf or other colorful fall organic debris protruding or resting on the water surface. Arcone's stunning images are then printed on aluminum and finished off with a protective coating.

Arcone's aesthetic ice-macro images aim to utilize visual characteristics such as color, composition, lighting, and subject matter that creates a visually pleasing photograph. Most of the images are from a near-shore area of a pond near Arcone's home that were taken during the fall, early winter and early spring.

Arcone's unique work makes him a perfect fit for the Gallery. Come in and experience these visually pleasing, nature-inspired ice-macro images.

For more information please call the Gallery at 603-279-7920 or visit our web site [Meredith.nhcrafts.org](http://Meredith.nhcrafts.org). The League of NH Craftsmen Gallery is located at 279 DW Hwy, Meredith.

The League of NH Craftsmen is a non-profit organization that encourages and promotes the creation, use and preservation of fine contemporary and traditional hand craft. The League represents the signature of excellence in fine craft, through the work of its juried members, and its rigorous standards for self-expression, vision, and quality craftsmanship.

## BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Aug. 19-26.

Claudio Antonio Berrocales, age 22, of Belmont was arrested on Aug. 19 for multiple counts of Domestic Violence-Simple Assault causing Bodily Injury.

Julius S. Lane, age 44, of Laconia was arrested on Aug. 20 for Operating After Certification as a Habitual Offender.

MEREDITH — Join artist Patsy Frasier at the League of NH Craftsmen - Meredith Fine Craft Gallery on Sunday, Sept. 8 from 10 a.m. to noon for "Who Gives a Hoot?" a Beginner Felting class.

Learn the craft of needle felting to create your own adorable felted Owl! Great for adults and children eight and up (a sharp needle is used in the process). A simple felting project as you'll start out with a premade base shape. A fun activity for Grandparents Day! Students will learn all of the basics of needle felting to create a fully formed owl figure to take home with them.

This class is good for those new to needle felting, but all skill levels are welcome.

Tuition is \$45 per student with an additional materials fee of \$15 paid by cash or check to the instructor at the time of the class.

Space is limited and pre-registration is required. Those who wish to attend must sign up by Wednesday, Sept. 4.

To register for this workshop, please call the League of NH Craftsmen - Fine Craft Gallery at (603) 279-7920 or stop by the gallery located at 279 Daniel Webster Highway in Meredith.

For more details, visit our Web site at <http://meredith.nhcrafts.org/classes/> and our Facebook page at <http://www.facebook.com/nhcraft/>.

The League of NH Craftsmen Meredith Fine Craft Gallery is located at 279 DW Highway, Meredith, and is

dedicated to the education and support of New Hampshire's fine craft tradition since 1932.



## PLYMOUTH TOWN WIDE YARD SALE

Saturday, September 7, 9 AM to 3 PM  
Dozens of private sites around town  
Group site at airport 50+ vendors



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# Opinion

## Letter submission policy

Letters to the Editor must include the author's name, address, and a day-time phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

## A salute to workers and a reminder to vote!

As we fire up the grills, enjoy the last days of summer, and maybe even hit the beach one more time, let's learn a bit about the origins of Labor Day.

This holiday isn't just an excuse for a three-day weekend (though we'll gladly take it!). It's a day to celebrate the contributions of workers who have built this country, brick by brick, and to honor the labor movement that fought for the rights many of us enjoy today.

Labor Day has its roots in the late 19th century, at a time when the average American worked 12-hour days, seven days a week, just to make ends meet. Sounds exhausting, right? The labor movement emerged from these tough conditions, with workers organizing for better hours, safer workplaces, and fair pay. In 1882, the very first Labor Day parade was held in New York City, where 10,000 workers took unpaid leave to march for their rights. This courageous stand laid the foundation for the national holiday we now celebrate on the first Monday of September.

But let's not get too bogged down in history. Labor Day is also about appreciating the present and looking forward to the future. It's a time to relax, spend time with family and friends, and enjoy the fruits of your hard work. Whether you're taking a mini-vacation, hosting a backyard BBQ, or just chilling at home, remember that this holiday is a tribute to you—the worker.

We hope that while our readers enjoyed their well-deserved day off this past Monday, they haven't forgotten that the New Hampshire state Primary is just around the corner on September 10th! After all, what better way to honor the spirit of Labor Day than by exercising your right to vote? It's a chance to have your say in who represents you and to ensure that those in office continue to fight for the rights and interests of all workers.

We hope you enjoyed your Labor Day weekend, everyone—but don't forget that part of getting back to work now is to get out and vote!



COURTESY

Win a Larry Frates Lilac Giclee Print valued at \$1,500, complete with a Certificate of Authenticity! Support art programs at the Belknap Mill by purchasing a raffle ticket for a chance to win. Only 100 tickets will be available. Enter the raffle at [www.belknapmill.org](http://www.belknapmill.org) for \$25 per entry. This stunning framed artwork was donated by former artist-in-residence Larry Frates and measures 42 by 32.5 inches.

## LETTERS TO THE EDITOR

### A well deserved thank you

To the Editor:

On Aug. 8, our Sanbornton Historical Society had program-guest Wayne Snow relate his sleuthing work about Mosquito Bridge, over waters of Lake Winnepesaukee, between Sanbornton and Belmont. How did the bridge get named? He worked from early 1900's watercolors of the bridge, recording the first wooden bridge before its collapse and the new one, of steel, up and running in 1916.

His history talk included the two early paintings that came into his family. Now prints of them are in our Lane Tavern gift shop, available. We have 15 of the larger painting for \$70 each, and 15 of the smaller for \$50 each. Purchasers will also have, free, a pam-

phlet done by Mr. Snow, explaining his search via the paintings. Our SHS Gift Shop manager, Linda Salatiello, should be contacted for purchase, at 603-286-4526.

We thank Mr. Snow again, and the very large audience that joined us that evening. Our September program will be historian Brad Wolff and his program titled, "VOTE." All are welcome to join us for the 7 p.m. event with refreshments afterwards.

Sincerely,

Betsy Bryant  
Sanbornton

### Republican voters have two strong choices

To the Editor:

I would like to point out two strong choices you have in the Republican Primary on Sept. 10.

Ernesto Gonzalez saw Cuba as a boy and has seen, first hand, what New Hampshire could look like if those pushing progressive/socialist ideas win a majority in our State House. He realized the American Dream by graduating with honors from Tufts University and becoming a schoolteacher. I believe he will govern with integrity, conservative values and common sense.

Bryan Morse is a conservative voice also running for a seat in our Legislature. He will bring a welcomed young perspective but one with life experience as a veteran, a hard-working electric lineman

and a married father of two with him. I believe he, too, will bring common sense and conservative values to our House. Importantly, I'm convinced that both these men you can depend on to listen to you, their constituents, without judgement or rancor. I've mentioned to both men my experience of learning as much, or more, from those with whom you disagree and how I've always tried to "disagree without being disagreeable".

Please be sure to get out and cast your vote on Sept. 10 for Ernesto Gonzalez and Bryan Morse in the Republican Primary, and again in November.

Remember: If you vote, we win.  
Thank you,

Rep. Greg Hill  
Northfield



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COURTESY

The magenta-pink flower spikes of the invasive purple loosestrife plant are currently along many roadsides. The Wetlands Walk area at Gunstock has lots of native wildflowers, but this is not one of them. Purple loosestrife is native to Europe where there are insects that keep the plant from taking over soggy areas. Despite its attractive flower, it makes seeds the size of pepper grains that are not useful to wildlife. It overtakes areas where plants like blue vervain live that make larger seeds that are important wildlife food. Volunteers Dave LeClair and Carolyn Rudy are pictured here removing invasive plants at the Wetlands Walk.



## GOING OUT OF TOWN

# Walking through the ever-evolving Concord



The New Hampshire Statehouse is one of the most prominent buildings in Concord with grounds that are fun to walk around.

BY ERIN PLUMMER  
mnews@salmopress.news

Concord is best known as the Capital of the state of New Hampshire and the center of state government, as well as a center for businesses, medical facilities, major retailers and restaurants, and much more. I also know Concord as an awesome place for walks and exploring. Downtown Concord is such a fun area to go for a stroll and look through all its little nooks and crannies. It's a place with a lot of little corners with fun things ranging from shops and restaurants to statues and parks along with a few miles of sidewalk for walks as long or as short as one wants.

Downtown Concord was one of the first drives I went on when I got my first car after

college, and I fell in love with it the moment I walked its streets. Being less than an hour away, it is one of my most frequently visited spots and it's one of the places I'm likely to go if I just need to get out for a few hours without wanting to a further drive. I might walk downtown with different frequency, sometimes going maybe once a week or more or sometimes being away from it for months before coming back.

In the two decades that I've been exploring Concord, I have seen all of its huge evolution. At first it was seeing a few businesses open, close, or change locations. Then I saw the whole revitalization project, from construction to the finished product around 2017. I personally love the remodeling, includ-

ing the different tiers of walkways, the new metal benches, the sculptures, the stone crosswalks, and not having to finagle two narrow lanes through downtown.

This is just a fraction of the evolution the city has undergone in a few hundred years. According to the city of Concord, the area was originally the home of the Penacook branch of the Algonquin tribe. By the late 1600's more Europeans settled the area and in 1725 the area became the Plantation of Penacook under the Massachusetts Bay Colony. After a series of border disputes and other names, the municipality was incorporated Concord in 1765 with the name signifying harmony between the communities. The city thrived through the American

Revolution and in the 1800's became a site of industry. According to the state of New Hampshire, discussion went on after the War of 1812 on where to put a suitable capital building with Concord, Hopkinton, and Salisbury vying for that title. Concord won and construction of the capital building started in 1816. The building is the oldest state capital in the country where the legislature still uses its original chambers.

It's always fun to see Concord's evolving history and provides yet another thing to look for when walking.

My usual route when walking involves the sidewalks at the intersection of North Main Street and Loudon Road to around the Capital Center for the Arts around a mile away, but this is an area that can be explored for a few blocks or a few miles. Sometimes I just walk around one area and sometimes I might walk all the way to Exit 13 a few miles away.

The main downtown area has so many different shops and small restaurants with more popping up on a regular basis. In the past 20 years I've had my favorites and always discover new ones. When picking up a bite or sitting for a cup of coffee, The Works Cafe has long been my usual spot with amazing bagels, sandwiches, and baked goods and a great atmosphere. I also am a big fan of Teatotaller for a great café experience and Siam Orchid for amazing Thai food.

When I'm in the mood for some retail therapy, Gibson's Bookstore and Pitchfork Records are my usual stops but I always like exploring more shops.

There are a few other businesses that have since closed that I still have fond memories of. Caffenio was my go-to café downtown and House of India was the first place I ever experienced Indian food. Both these places are gone, but certainly not forgotten.

The main drag on Main Street is fun to walk, but there are some



Just a few of the stone statues in Bicentennial Square paying tribute to Concord's historical granite quarries.



"Taper Deco" by Rob Lorenson is one of a series of sculptures installed around downtown Concord since the city's major revitalization project.

side areas downtown that I just love wandering. There's a lovely courtyard in Capital Plaza beside Teatotaller and leading to New Hampshire Doughnut Co. with a net of blinking lights overhead. Just a walkway away is Bicentennial Square with a series of granite sculptures including "Turtle" and "Stone Hole." This area has a plaque paying tribute to the city's historical granite quarries. Eagle Square is also a great place to walk around with tis fountains and big stone steps. It's a great place to just sit for a moment or have a picnic.

The biggest focal point of Concord is of course the State House and you can see that big gold dome from most points downtown. I enjoy strolling along the spoked walkways of the statehouse grounds and looking at the statues. Soon a statue of Christa McAuliffe will join Daniel Webster, John Stark, and many others. I re-

cently passed by what will be the base of the statue that is still under construction.

This is just a taste of the many things that can be found in downtown Concord. This doesn't even get into the museums, publicly accessible government buildings, and many historical sites, but perhaps that's a column for another time. One of the things that of course makes downtown Concord so great is its variety and all the little things you can find in the first visit or the hundredth.

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The fountain at the top of Eagle Square.



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# Abenaki Head Speakers launch mobile education center



Paul Pouliot, Head Speaker of the Cowasuck Band of the Pennacook Abenaki People, shares information on Indigenous items inside the new mobile Abenaki education center. The many drawers built into the ADA compliant bus display a variety of cultural items.

A mobile education center, seen here at the BIPOC Festival at Strawberry Banke, is the latest project for Head Speakers Paul and Denise Pouliot of the Cowasuck Band of the Pennacook Abenaki People. A retired shuttle bus has a second life as their new fully accessible traveling museum with built-in drawers to display Abenaki cultural and lifeways items. Exhibits and hands-on items are also set up outside of the vehicle. The Alton residents say it is a step forward in their goal of bringing Indigenous experiences to the public.

BY CATHY ALLYN  
CONTRIBUTING WRITER

ALTON — “We realized we couldn’t keep doing what we had been doing.”

So said Head Female Speaker of the Cowasuck Band of the Pennacook Abenaki People Denise Pouliot, regarding displaying cultural artifacts and replicas.

The problem was the constant handling of fragile items. Because she and her husband, Head Male Speaker Paul Pouliot, attend so many events, the constant packing and unpacking was breaking down items.

“There was too much handling,” Denise

said. “We had been re-assessing how to do our exhibits.”

Dismissing the idea of a brick and mortar museum, the Alton residents hit upon a traveling one.

“If we went to the people, more people would see the items and we could build a better understanding of Indigenous presence in the region,” she said.

Enter converting a retired shuttle bus to a mobile education center of Abenaki life.

“Our plan is to make it available to schools, libraries, historical organizations, and other special public events,” she said.

The traveling museum boasts cabinets,

countertops, and 33 drawers displaying an extensive collection of cultural items used by the Abenaki in this region. The drawers are organized by category based on Indigenous uses and lifeways, such as bathing implements, children’s items, trade items, cooking, arrowheads, etc.

Besides being a way to easily share information and artifacts, Paul pointed out, the vehicle is fully ADA wheelchair compliant.

“ADA accessibility was extremely important to us,” Denise said. “We did not want to start a project like this if it was not accessible to all.”

They sent out the

word that they were in the market for a bus.

“But none we could find had a lift,” Denise said.

The bus they eventually found had to be sent to Maine “to get the ADA lift worked on,” she said.

The entire project began in March.

“We bought it and gutted it,” Paul said.

The two did all of the interior remodeling work themselves. They had incentive to work quickly as they always have a busy line-up of events.

Already the bus has accompanied them to presentations at the Farm-A-Q in Lee, the U.S. Parks Service Salem Maritime Museum in MA, Hampton Beach-Accessibility Event, Lee 250th Celebration, the Durham Summer Fest, the Hampstead Old Home Day, and the BIPOC Cultural Event at Strawberry Banke Museum.

“We are getting rave

reviews and follow-up requests wherever we go,” Paul said.

“The Maritime Museum and U.S. Park Service people loved the bus,” Denise cited. “We’ve been getting phone calls from all the federal parks in the region to come and do an event.”

Schools in Maine, Vermont, New Hampshire, and Massachusetts are also requesting events.

The ADA equipment really shone at the accessibility event in Hampton.

“We had about a dozen people with wheelchairs get on and be able to participate in the museum experience,” Denise said. “Many of them cried because their needs are so often not thought about. We were filling a void and then seeing that emotional reaction. We made something accessible to them that never was before.”

The Pouliots say they will do all of the events they possibly can.

“We can even do them in the winter,” Denise said, “because the drawers pop out so we can bring them inside to classrooms.”

The design was double duty from the beginning so they were not locked into the bus format.

“It’s user friendly for us,” she said, “and we’re showing more to the public than when we had items laid out on tables. It’s a marvelous step forward.”

They have invited museum curators and others with specializations to review their work to confirm that the items are categorized correctly.

There is still some work to be done.

“We have to label the drawers and paint the sign on the bus,” Denise said.

The sign will read “Aln8bok,” the Abenaki word for “human beings.”

“Historically, we were known as savages, but we were human beings; it’s about changing perspective.”

While changing perspective, the traveling museum has been a game changer for the

Pouliots.

“It saves us so much time,” Denise explained, “which allows us to participate in more events, and, in turn, provide greater access.”

She said it used to take at least two and a half hours to set up for an event that they can now do in less than an hour. Not to mention packing up after an event.

“We had to bubble wrap and then unwrap everything over and over. It has saved us so much time, we can meet with people in person rather than on Zoom and work more with students. It’s given us so much more flexibility, we actually have days off, which we’ve never had before,” Denise explained.

There are other positives; an event does not have to be canceled due to rain.

“It’s increased the accessibility,” she said. “We’re still offering hands-on activities and games, but we get to change things up more frequently, too.”

While upping accessibility, the mobile education center has reduced their stress level.

“We’re excited about that,” Denise said.

Upcoming events include a lecture for the Barnstead Historical Society on Aug. 29, a harvest celebration of the Regenerative School’s Abenaki garden in Massachusetts, and the Laconia Multi-Cultural Festival on Sept. 9.

“We are proud of the work we’ve done,” Denise said.

One thing they are dedicated to is changing how Indigenous education is being taught.

“It’s not good enough to lecture,” she said. “People need an experience, and the bus allows for that. Experience is what drives the memory, and memory is what drives connections.”

She said their efforts are to build connections with the Indigenous past.

“We want to bring the community together so we are all working together for a common future,” she added.

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# Back to School!

# Fine Arts and Crafts Festival brings artisans from across the US to Meredith



PHOTOS BY ERIN PLUMMER

Shoppers look over the tables of many vendors over the weekend at the 44th annual Lakes Region Fine Arts and Crafts Festival,



Mary Ellen and John Grasso work together to make items that combine sea glass, wood, and other elements for their company Every Little Thing.



Kevin and Missy Heneghan of Boston, Virginia, sold different tea blends for their company Loose Leaf Tea Company.

BY ERIN PLUMMER  
mnews@salmopress.news

MEREDITH – A part of Main Street became a haven for artists and shoppers over the weekend during the 44th Annual Fine Arts and Crafts Festival.

The Meredith Area Chamber of commerce hosted the event on Saturday and Sunday, Aug. 24-25, featuring juried artisans from across the country with many different mediums. Part of Main Street was closed off from Water Street to High Street and vendors set up space on the street as well as the upper parking lot of Mill Falls.

The event also featured live music, food vendors, and a demonstration by the Inter-Lakes Middle High School Lakerbots robotics team.

Shoppers could look over art such as pottery, paintings, jewelry, artisan food and drinks, furniture, wood creations, and so many others.

Mary Ellen and John Grasso work together to make items that combine sea glass, wood, and other elements for their company Every Little Thing.

The couple lived in the Hampton area for about 30 years, and Mary Ellen

liked to collect sea glass from the beach. The couple moved to Florida and Mary Ellen said she found herself getting bored. On John's suggestion, she spent more time outside and rediscovered her love for collecting little items in nature.

"When I need support, I go out and find some sticks and rocks," Mary Ellen said.

Her findings became art pieces thanks to a collaboration between her and her husband. Mary Ellen will assemble the findings into images and John will contribute turned wood items. John also makes turned wood items to sell at the stand.

Mary Ellen said selling the items has kept both of them outside and socializing with other people. She said they enjoyed being at the Meredith fair.

"The area is beautiful; it's great to be in New Hampshire," she said.

Kevin and Missy Heneghan of Boston, Virginia, sold different tea blends for their company Loose Leaf Tea Company.

They have been making their tea blends for around 13 years. Missy said they used to sell lamb at farmer's markets, but when that be-

came too difficult for them, they decided to sell tea instead.

They will get different kinds of teas from suppliers around the world, especially from higher elevations. They put together different tea blends by smell.

The Heneghan's have been doing different fairs along the East Coast, including Virginia, North Carolina, South Carolina, New York, and beyond.

"She likes to be out with people," Kevin said. Coming to New Hampshire was coming closer to home for them

"We used to live in Vermont; we're trying to get back to New England," Missy said.

They said the fair went well overall with nice weather.

Mackenzie Bowker of Scarborough, Maine, sold leather bracelets and jewelry she makes for her company Mackenzie Rose Designs.



Mackenzie Bowker of Scarborough, Maine, sold leather bracelets and jewelry she makes for her company Mackenzie Rose Designs.

Bowker has been making jewelry for about 12 years.

"You find a little bit of something for everyone," she said.

She puts together leather pieces with different metal findings, working out of a studio in Portland, Maine.

Bowker has been coming to the Meredith fair for two years and she enjoys it, saying the volunteers are organized and helpful and the location is beautiful.

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### Math Blocks

Fill in the missing blocks with numbers between 0-20.  
The numbers in each row add up to the totals on the right.  
The numbers in each column add up to the totals on the bottom.

5		17	22
	9	3	27
7		10	18
27	10	30	

01	1	2
3	6	51
21	0	5

Solution

### THIS DAY IN HISTORY



**1882:** The Pearl Street Station in NYC becomes the first power plant to supply electricity to paying customers.

**1972:** Mark Spitz sets a record by winning a seventh medal at a single Olympic Games.

**1998:** Google is founded by Larry Page and Sergey Brin.

### Book FACT:

With 38.4 million catalogued books, this is the largest library in the United States.

Answer: Library of Congress

### Get Scrambled

Unscramble the words to determine the phrase.

RTUN ETH GEP A

Answer: Turn the page

### NEW WORD CATALOG

### CATALOG

A complete list of items in some systematic order

### How they say that in...

- English:** Text
- Spanish:** Texto
- Italian:** Testo
- French:** Texte
- German:** Wortlaut

### Did You Know?

Libraries use the Dewey Decimal System or the Library of Congress Classification System to organize their books.



### Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Library books

⊙ \* ✎ ☺ ☼ ~ ① Ⓜ ✧ \* ⚙ ✕ \* + ☼ \* ▲ ☾ \* Ⓞ \* ✎ ♁ ♁ ♁ Ⓜ

ABCDEFGHIJKLMNOPQRSTUVWXYZ

### CRYPTO FUN

☺ ☾ ♁ \* Ⓞ ☼ ~ ★ +

Solve the code to discover words related to healthy aging.  
Each number corresponds to a letter.  
(Hint: 2 = I)

A. 22 19 9 9 23 19 24 24

Clue: Well-being

B. 17 18 16 2 7 2 16 11

Clue: Doing something

C. 18 13 8 23 2 16 2 13 23

Clue: Mental action

D. 19 20 17 4

Clue: Medical test

Answers: A. wellness B. activity C. cognition D. exam

### SUDOKU

		6						9
		2					1	
			8			5	3	
3				7				
		1		2				
	7						4	
			6					4
	5	8		9			2	
	2	9			4			5

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	3	6	2	9	7	8	4	3	1	5
4	5	8	1	9	3	7	2	2	6	6
7	1	3	6	2	5	9	8	4	4	4
2	7	5	3	1	8	6	4	9	9	9
9	6	1	4	5	2	8	7	3	3	3
3	8	4	9	6	7	2	5	1	1	1
1	9	7	8	4	6	5	3	2	2	2
8	4	2	5	3	9	1	6	7	7	7
5	3	6	2	7	1	4	9	8	8	8

ANSWER:



# Raider girls pushing to take the next step

BY JOSHUA SPAULDING  
Sports Editor

BELMONT — The Belmont girls' soccer team will be looking to take the next step as the new season kicks off.

Fourth-year coach Jeff Malcolm notes that the key will be to stay healthy and continue to improve as the season rolls along.

"The goal is to stay healthy throughout the season, increase our team confidence each game and make a deeper run in the playoffs than in year's past," Malcolm noted.

The Raiders will be leaning on a trio of senior starters returning to the pitch, with Maddy Carrier returning to the goal, Kate Walker anchoring the defense and Jaelyn Nialetz up front.

The team will also be bolstered by senior Talia Watson, who returns to the squad after an ACL injury kept her out last season.

Ninth grader Mia Ellis will be the key newcomer for the Raiders, as

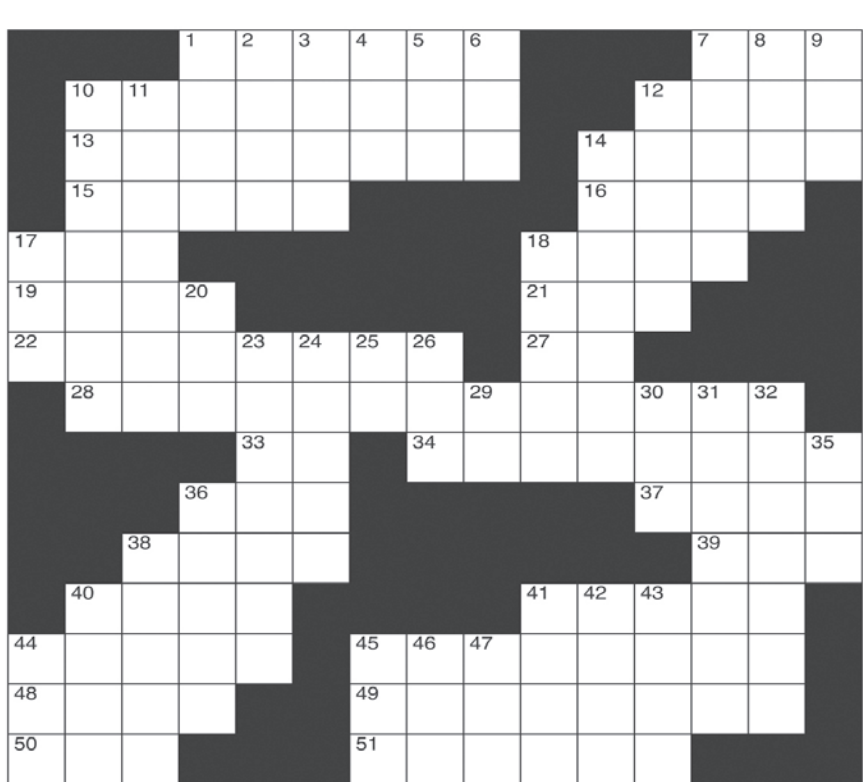
she has earned a starting spot in her first year with the varsity team.

The Raiders will be playing a schedule that includes two games each with Berlin and Conant and single games with Newfound, Sanborn, Mascoma, Raymond, Hopkinton, Derryfield, St. Thomas, Campbell, Gilford, Hillsboro-Deering, Stevens and White Mountains Regional.

The season kicked

off after the early holiday deadlines on Aug. 30 against Newfound and continued on Tuesday, Sept. 3, against Sanborn. The Raiders will be at Mascoma on Friday, Sept. 6, and will be at Raymond on Monday, Sept. 9, both with 4 p.m. scheduled starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

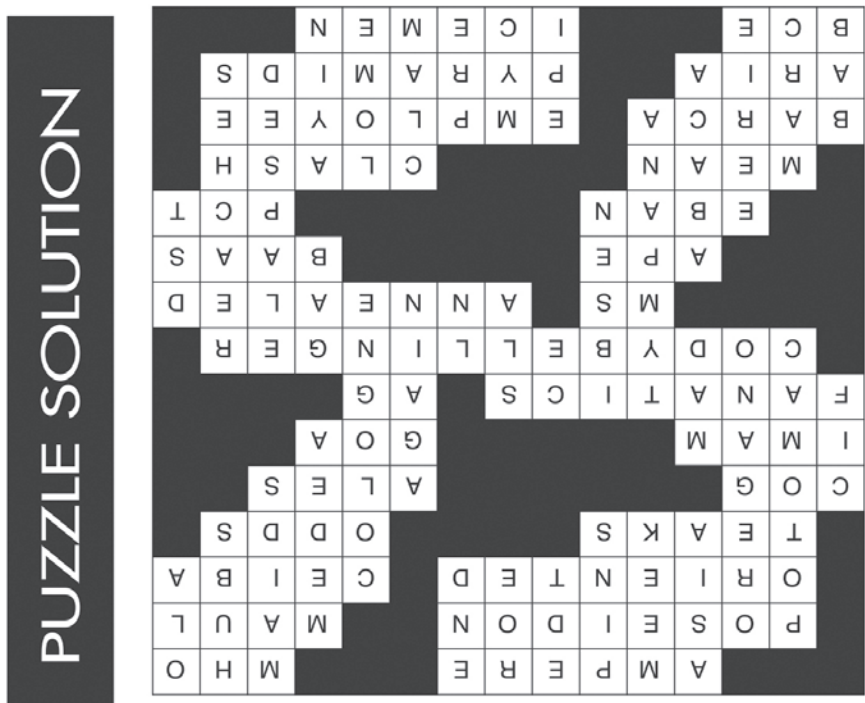


## CLUES ACROSS

- 1. Current unit
- 7. Reciprocal of an ohm
- 10. God of the sea
- 12. A way to disfigure
- 13. Positioned
- 14. Tall tropical American tree
- 15. Large deciduous trees
- 16. \_\_\_ and ends
- 17. Part of a machine
- 18. Brews
- 19. One who leads prayers in a mosque
- 21. Indian state
- 22. Partisans
- 27. Top lawyer in the land
- 28. Former Dodgers MVP
- 33. Title for women
- 34. Heated and allowed to slowly cool
- 36. Copycat
- 37. Sounds
- 38. One-time Israeli diplomat Abba
- 39. Part of (abbr.)
- 40. Hateful
- 41. Collide
- 44. European football heavyweight
- 45. One who works for you
- 48. Song
- 49. Ancient marvels
- 50. Bridge building degree
- 51. Delivery boys

## CLUES DOWN

- 1. Continent
- 2. Submissive
- 3. There's a lot in a bowling alley
- 4. Sun up in New York
- 5. Court decision \_\_\_ v. Wade
- 6. Finish line
- 7. Young women
- 8. Hives of activity
- 9. Hyman Roth's right-hand man Johnny
- 10. Eastern U.S. river
- 11. Popular cooking ingredient
- 12. Greek mythological princess
- 14. Scent for men
- 17. Cost, insurance and freight (abbr.)
- 18. Once more
- 20.irate
- 23. Triangular spaces above a door
- 24. Norwegian playwright and poet Henrik
- 25. Atomic #58
- 26. Patti Hearst's captors
- 29. Natural logarithm
- 30. Talk incessantly
- 31. Went by
- 32. Strives
- 35. Fall back
- 36. Manila hemp
- 38. Not easily explained
- 40. Former "Double Dare" host Summers
- 41. Mollusk
- 42. Capital of Togo
- 43. Letter of Semitic scripts
- 44. Founder of Babism
- 45. Indicates near
- 46. Family of regulator genes
- 47. Indicates before



## HIGH SCHOOL SLATE

### Thursday, Sept. 5

BELMONT  
Boys' Soccer at Mascoma; 4  
Cross Country at Gilford; 4  
Golf at Hopkinton; 4

GILFORD  
Cross Country at Gunstock; 4  
WINNISQUAM  
Cross Country at Gilford; 4

### Friday, Sept. 6

BELMONT  
Girls' Soccer at Mascoma; 4  
Volleyball vs. Portsmouth Christian; 6:15  
GILFORD

Boys' Soccer vs. Manchester West; 4  
Field Hockey at Bishop Brady; 4  
Football at Sanborn; 6  
Girls' Soccer at Newport; 4  
Golf at Campbell; 4

Volleyball vs. Coe-Brown; 6:30  
WINNISQUAM  
Volleyball at Oyster River; 6

### Saturday, Sept. 7

GILFORD  
Cross Country at Oyster River; TBD  
Monday, Sept. 9

BELMONT  
Boys' Soccer at Winnisquam; 4  
Girls' Soccer at Raymond; 4  
Volleyball vs. Inter-Lakes; 6:15  
GILFORD

Boys' Soccer at Hillsboro-Deering; 4  
Girls' Soccer vs. Hillsboro-Deering; 4  
Volleyball vs. Con-Val; 6  
WINNISQUAM

Boys' Soccer vs. Belmont; 4  
Field Hockey vs. Berlin; 4  
Tuesday, Sept. 10

GILFORD  
Golf at Con-Val; 4  
Wednesday, Sept. 11

BELMONT  
Volleyball at Mascoma; 6:15  
GILFORD

Boys' Soccer at Winnisquam; 4  
Field Hockey at Newport; 4  
Girls' Soccer vs. Monadnock; 4  
Golf at Trinity; 4

Volleyball at Plymouth; 6  
WINNISQUAM  
Boys' Soccer vs. Gilford; 4  
Volleyball vs. Hanover; 6  
Thursday, Sept. 12

BELMONT  
Cross Country Home Meet; 4  
GILFORD

Cross Country at Belmont; 4  
WINNISQUAM  
Cross Country at Belmont; 4

All schedules are subject to change.

## PSU soccer alumni game set for Sept. 28

PLYMOUTH — Plymouth State University head men's soccer coach Rob Wright has announced a date for the program's annual Alumni Game.

The team will hold the game on Saturday, Sept. 28, on Panther Field at 3:30 p.m. The current Panthers host Rhode Island College for a Little East Conference (LEC) tilt at 1 p.m. on Arold Field prior to the alumni contest.

Interested men's soccer alums are asked to register online at <https://www.eventcreate.com/e/psumenssocceralumngame2024>. Any questions can be directed for Gareth Stephens at [garethstephens23@gmail.com](mailto:garethstephens23@gmail.com).

Plymouth State opened the 2024 campaign on Friday, Aug. 30, with a home contest against New England College.

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We think Zeke would thrive most in an adult only home as lots of loud noises or constant zooming of young kids may be stressful. Don't worry - your home will be filled with lots of hound dog personality AND his beautiful hound dog voice!



**Angel**

Meet Angel!  
Angel is a sweet lady with a lot of love to give. She loves to wander around and get the lay of the land. She'd be a perfect companion pet. While she tends to be shy at first, once she gets to know you, you'll be her person forever. Based on what we know about her, we think that a quiet-tempered home where she gets to be the only animal would be where she'll thrive most.

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# Red, White & Brew event to benefit Veterans Count program

## SHAKER REGIONAL SCHOOL DISTRICT ADVISORY BUDGET COMMITTEE

The Shaker Regional School District is seeking community members to serve on the Advisory Budget Committee. The board will select 3 members from Belmont and 3 members from Canterbury to serve on this committee at its September 24, 2024 board meeting. All members must be registered voters for the town in which they are serving. Please visit [www.sau80.org](http://www.sau80.org) to review the charge of this committee. Please submit a letter of interest to Debbie Thompson, Business Administrator at [dthompson@sau80.org](mailto:dthompson@sau80.org) or Shaker Regional School District, 58 School Street, Belmont, NH 03220 no later than September 19, 2024. Please contact Ms. Thompson at 267-9223 ext. 5303 with any questions.

LACONIA — Belknap Subaru announced that they have committed to their sponsorship of the seventh annual Red, White & Brew craft beer and wine festival, becoming the event's presenting sponsor. Through the "Subaru Share the Love" event, the Belknap Subaru Team will help

raise funds for the event, which benefits Veterans Count, a program of Easterseals NH that is dedicated to supporting service members, veterans, and their families.

"We are incredibly grateful for the continued support of Belknap Subaru," said Cynthia Makris, Chair of Lakes

Region Veterans Count. "Their generosity and commitment to our veterans and their families is truly inspiring. This increased sponsorship will make a significant impact on the lives of those who have served our country."

Red, White & Brew, scheduled for Sept. 28, will be held at Funspot in Laconia, NH. Now a Lakes Region tradition, the event features live music, local food, and a variety of local craft beers and wines. Proceeds from the festival benefit Easterseals NH's Veterans Count programs and services, which include housing assistance, mental health support, and employment training. Register in advance at <https://vetscount.org/events/red-white-brew/>.

"Mark Johnstone and family and the dedicated team at Belknap Subaru are proud to support Veterans Count and the Red, White & Brew Festival," said Mark Malla-

han, General Manager of Belknap Subaru. "Our Share the Love Campaign allows us to give back to the community and make a difference in the lives of our veterans."

About Belknap Subaru and Share the Love

Over the last 16 years, through the Subaru Share the Love® Event, Belknap Subaru, located in Tilton has donated more than \$300,000 to charities in their communities.

About Veterans Count

Veterans Count, a program of Easterseals NH, provides critical and timely clinical and social services and financial assistance to the military community to ensure their dignity, physical and mental health, and overall well-being. Through its unique care coordination and clinical services program, Veterans Count provides confidential support to meet specific needs.

## CLUB

CONTINUED FROM PAGE A1

serve up a great space for corporate events, family reunions, birthday parties, and more. Party hosts can even make pickleball part of their event by reserving courts as part of the event's festivities.

Whether seeking lessons or leagues, open play or court reservations, a club membership or non-member status, all will be welcome at Club Piklball!, opening late Fall, 2024.

If you're curious about Club Piklball!, you're invited to join the email list at ClubPiklball.com today. As a part of the email community, you'll get to follow along on Club Piklball's progress, see updates in real time and have the opportunity to take advantage of pre-opening membership options. Visit ClubPiklball.com for more.

## SOCCER

CONTINUED FROM PAGE A1

sons," Osmer said. "The freshman class is small but solid. Once we get them up to speed tactically, we might see one or two get into the mix at the varsity level this year."

The Bears will play a schedule that includes two games each with Belmont, Stevens, Newfound and White Mountains Regional, with single games against Berlin, Somersworth, Gilford, Raymond, Fall Mountain, Bishop Brady and Raymond.

The season kicked off after the early holiday deadlines on Aug. 30 at Berlin and continued Tuesday, Sept. 3, at home against Somersworth. The Bears will be hosting Belmont on Monday, Sept. 9, and Gilford on Wednesday, Sept. 11, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

### Moultonborough Zoning Board of Adjustment Public Notice – Public Hearings

The Moultonborough ZBA will meet on Wednesday, September 18, 2024, at 7:00 PM to hold a public hearing on the following application(s):  
 Special Exception pursuant to Section 6.3.1 of the Zoning Ordinance for GMR Holdings of NH, LLC for parcels located on Governor Wentworth Highway, (Tax Map 150 Lots 5 & 6 - Owner of Record, MYVY, LLC) in the Residential/Agricultural zone to permit, construct and operate a wireless telecommunications service facility.  
 Variance from Section 7.8 of the Zoning Ordinance for GMR Holdings of NH, LLC for parcels located on Governor Wentworth Highway, (Tax Map 150 Lots 5 & 6) in the Residential/Agricultural zone to allow for the construction of 120 foot self-supporting monopole tower.  
 Variance from Sections 6.6.2 and 6.5.2.1.2 of the Zoning Ordinance for GMR Holdings of NH, LLC for parcels located on Governor Wentworth Highway, (Tax Map 150 Lots 5 & 6) in the Residential/Agricultural zone to provide a fifty foot setback and fifty foot vegetative buffer.  
 The Hearings will be held at the Moultonborough Town Hall located at 6 Holland St.  
 A complete copy of the application and supporting materials are available for the public to review at Town Hall in the Land Use Department and may be viewed during regular business hours, Mon. - Fri. 7:30 am to 4:00 pm.  
 Robert H. Stephens, Chairperson



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<p><b>\$149,000</b></p> <p>MLS# 4990056</p> <p>Gilford: 0.68 +/- acre parcel in desirable Gunstock Acres with beach rights to Lake Winnepesaukee. State approved septic design, expired driveway permit and building permits are available.</p>	<p><b>\$579,000</b></p> <p>MLS# 5004307</p> <p>Gilford: 3BR/2BA, 2,229 sq. ft. recently updated ranch with seasonal views of Belknap Mountain, a private primary suite, large dining area, breakfast nook, and more! Close to town beach on Lake Winnepesaukee.</p>	<p><b>\$239,000</b></p> <p>MLS# 4995322</p> <p>Laconia: 2BR/2BA fully furnished 2nd floor garden condo with Lake Winnepesaukee views. Enjoy the open concept living area, wood accent walls, balcony, association amenities such as the saltwater pool, tennis court, and more.</p>	<p><b>\$349,900</b></p> <p>MLS# 5011554</p> <p>Bristol: 1BR/1BA studio condo with private beach access to crystal clear Newfound Lake along with day docking and potential mooring. This cozy and efficient space is perfect for those seeking a low-maintenance lifestyle or tranquil retreat in the heart of the Lakes Region.</p>
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Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. Are you looking to join a company that treats their employees like family? We believe our employees are our biggest asset!

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You may apply in person or download a driver application from our website. All applications should be submitted to:

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Applications are available at www.plymouthnh.gov Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.

### WINNISQUAM REGIONAL SCHOOL DISTRICT

The WRSD Budget Committee has a vacancy it seeks to fill from the town of Tilton until the 2025 annual meeting of the School District. Registered voters from the town of Tilton who are interested in applying for this position may submit a letter stating their intentions by September 13, 2024 to:

Chairperson  
Winnisquam Regional Budget Committee  
433 West Main Street, Tilton, NH 03276

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When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an application from our website. All applications should be submitted to:

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or you may email to duhlman@belletetes.com



**Full-Time Installers Apprentice**

Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

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163 Daniel Webster Hwy, Meredith NH

# MVSB sponsors Laconia Multicultural Festival



From left, Becky Guyer, Co-Director of the Laconia Multicultural Festival, and Jessica Ruel, MVSB Branch & Business Development Manager, pose for a photo at the MVSB Laconia Office.

LACONIA — The annual Laconia Multicultural Festival will take place Sept. 7 from 10 a.m.-3 p.m. in downtown Laconia, and will feature a celebration of worldwide music, arts, crafts and cuisine for the pub-

lic to enjoy. MVSB (Meredith Village Savings Bank) is proud to support the event as the City Hall Stage Sponsor. Bank employees will also volunteer at the event hosting a selfie station with a butterfly backdrop cel-

ebrating diversity in our communities. "We are excited to feature so many diverse participants and programs this year, including the International Flag Parade, Wonderful World of Dogs Show, live

music, children's crafts, food, exotic animals and more," said Becky Guyer, Co-Director of the Laconia Multicultural Festival. "We are grateful to the support we have received from the community and our sponsors and we hope to see everyone there."

"The Festival is a long-running tradition in Laconia and we are proud to be a part of this unique celebration that highlights the different cultures and traditions in our local communities," said Jessica Ruel, MVSB Branch & Business Development Manager.

The Laconia Multicultural Festival started in 2001 and celebrates the rich cultural diversity of Laconia and the Lakes Region. It was conceived and supported by the Laconia Human Relations Committee. Go to [laconiainmulticulturalfestival.org](http://laconiainmulticulturalfestival.org) to learn more.

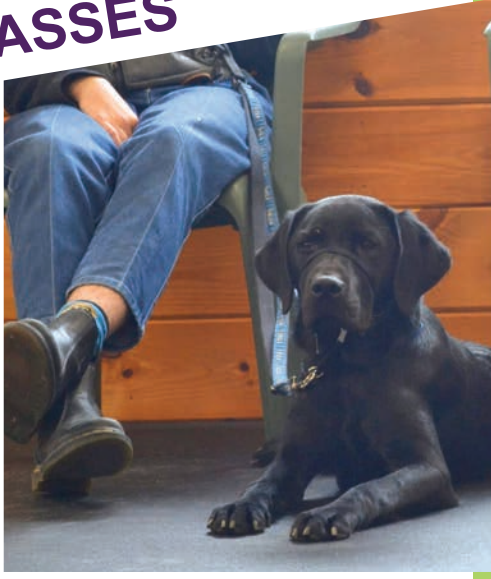
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