



Littleton Courier

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WEDNESDAY, JANUARY 8, 2025

couriernews@salmonpress.news

75¢

Comeback Crusaders

Littleton hoop boys rally for overtime win over Gorham

BY JOSHUA SPAULDING
Sports Editor

LITTLETON — What was a runaway at halftime turned into one heck of a Division IV North Country hoop battle on Friday, Jan. 3, as the Littleton boys came charging back from a 30-13 halftime deficit to force overtime and eventually edge out visiting Gorham by a 64-59 score.

“Once again we started out cold and dug a deep hole in the first half,” said Littleton coach Trevor Howard. “Went with a smaller lineup in the second half and fought our way back into the game.”

“Great high school basketball game in the second half,” Howard added.

Jack Saladino got Gorham started with a pair of three-pointers before Ryan Mahy got



JOSHUA SPAULDING
Littleton's Ryan Mahy gets a hand on a shot from Gorham's Max Grondin in action last Friday in Littleton.

the Crusaders on the board with a hoop. Ma-



JOSHUA SPAULDING
(Left) Sam Reagey fires off a shot during action against Gorham last Friday night.

son Roberge connected on a pair of hoops for the Huskies sandwiched around a Saladino hoop and then a three-pointer from Isaac Langlois pushed the lead to 15-2.

Saladino then converted a three-point play to up the lead to 18-2 before Littleton's Sam Reagey hit a three-pointer and then converted a three-point play to make it 18-8 at the end of the first quarter.

Langlois started the second quarter with a three-pointer for

HOOPS, PAGE A14

Join Theatre UP for Tony Award winning comedy filled with sibling rivalry, costume parties, and Voodoo dolls

LITTLETON — Theatre UP invites you to join us this February as we continue our 45th season with our winter production of “Vanya & Sonia & Masha & Spike,” Christopher Durang’s wickedly funny play about family, regret, hope, and the choices we make in life.

Middle-aged siblings Vanya and Sonia share a home in Bucks County, Pennsylvania, where they bicker and complain about the circumstances of their lives. When their movie-star sister, Masha, swoops in with her new boy toy, Spike, old resentments flare up, eventually leading to threats to sell the house. One night out at a costume party with Snow White, an evil queen, and a few dwarves can steer everything into perspective. Throw in a sassy maid who can predict the future, and a lovely young aspiring actress and you have all of the ingredients for a hilarious night at the theatre. Winner of the 2013 Tony Award® for Best Play and of the 2013 New York Drama Critics’ Circle Award for Best Play, the Drama Desk Award for Outstanding Play, Drama League Award for Outstanding Production of a Play.

All performances will be staged at the historic Littleton Opera House. Director Jonathan Verge and a talented cast are excited to bring this funny and poignant production to

our community. Recommended for ages 16 and up due to mature content.

Huge thanks to our show sponsor, Suzanne Hopgood on behalf of her late father, George McAvoy, for helping us to bring “Vanya & Sonia & Masha & Spike” to the Opera House stage!

Performance Information

Friday & Saturday evenings, Feb. 7, 8, 14 & 15 at 7:30 p.m.

Sunday matinees, Feb. 9 & 16, at 2 p.m.

Tickets starting at \$12. All seating is reserved.

Purchase online at www.theatreupnh.org or contact the box office at 603-707-4615 or info@theatreupnh.org Walk-in Box Office hours are Tuesday & Thursday from 4-7 p.m. and Sat from 10 a.m.-2 p.m. from Jan. 13 – Feb. 15.

Follow Theatre UP on our Facebook page (www.facebook.com/theatreupnh) and Instagram account (www.instagram.com/theatreupnh/) for behind-the-scenes footage as we showcase our talented cast & crew!

Theatre UP is a not-for-profit community theater company, serving the North Country with quality theatrical experiences for 44 years. Our mission is to “Create Exceptional Theatre Experiences to Enrich our Community,” making live theatre accessible to interested thespians and audiences in the heart of downtown Littleton.

Cottage Hospital CRNAs bring advanced pain relief techniques to Peru

WOODSVILLE — Cottage Hospital is proud to announce that two of its Department of Anesthesiology Certified Registered Nurse Anesthesiologists (CRNAs), Steven V. Ball and Rachel C. Brayfield, recently traveled to Yantalo, Peru, to provide critical anesthesia services as part of a medical mission with Unidad Hospitalaria Movil In Latino America (UHMLA).

During their weeklong mission from Oct. 12-19, the team performed over 50 life-changing surgeries for an underserved population, delivering care in specialties ranging from general surgery to urogynecology.

Ball and Brayfield’s contributions were particularly noteworthy for



their introduction of advanced ultrasound-guided regional anesthesia techniques, marking a significant improvement in perioperative care for these patients. By using these techniques, they performed a total of 90 nerve blocks that reduced the need for opi-

oid medications by more than 75 percent, drastically enhancing patient outcomes, minimizing side effects, and contributing to a smoother recovery.

“We are incredibly proud of Steven and Rachel for their dedication to compassionate

care and the valuable expertise they bring to our team,” said Kathryn Walsh, CRNA Chief of the Department of Anesthesiology at Cottage Hospital. “Their ability to adapt and provide highly specialized anesthesia services in a challenging setting is truly remarkable, and their work exemplifies Cottage Hospital’s commitment to making a positive impact on global health.”

The implementation of ultrasound-guided regional anesthesia not only provided effective pain control but also set a new standard in the perioperative experience for patients who had little to no previous access to such advanced

COTTAGE, PAGE A11

Lumberjacks once again aiming to be among best in Division IV

BY JOSHUA SPAULDING
Sports Editor

LINCOLN — The Lin-Wood alpine ski team is traditionally one of the strongest programs in Division IV, if not the entire state, and this year looks to be no exception.

With four boys who finished in the top 10 at the Division IV State Meet last year returning to the snow this year, the Lumberjack boys will look to defend their title while the Lin-Wood girls return a number of kids who helped them finish in the top three for most races during the season.

“Our goal is to ski our best when it means the most and for us, that is the State Meet and the David Dovholuk Kanc Classic race,” said veteran coach Aaron Loukes, who returns for his 32nd year at the helm of the Lumberjacks. “Special thanks to Loon Mountain, Loon Race Team, Kanc Ski Slope and the community for the support of our ski program.”

The defending champion Lin-Wood boys will

ALPINE, PAGE A15



COURTESY
The Lin-Wood girls’ alpine ski team. Left to right, Nora Weeden (manager), Bri Blood, Mackenna Mack, Meredith Sabourn, Asha Ivestor, Hazel Wilson and Greta Krill.



COURTESY
The Lin-Wood boys’ alpine ski team. Left to right, Rashawn Daniel, Jesse Corey, Lucas Truong, Andy Morris, Wyatt Weeden, Carver Krill, Kai Mansharamani, JJ Proehl and Rhys Hagan.

Susan Reed named North Country Healthcare Director of Pharmacy

WHITEFIELD — North Country Healthcare (NCH) is pleased to announce that Susan “Sue” Reed, RPh, CPHQ, LSSBB, has recently been named NCH Director of Pharmacy.

Reed began her NCH career as Pharmacy Operations Manager in July 2023. In her new role, some of Reed’s primary responsibilities will be:

1. Ensure pharmacy services are delivered with safety, quality,
2. Support the design and implementation of quality and medication safety initiatives to provide timely and efficient care.
3. Establish strong collaborative relationships with business and clinical leaders throughout the North Country Healthcare and New Hampshire.

A former Healthcare



COURTESY

Sue Reed
Consultant for the Joint Commission Resources and Steven Hirsch & Associates, Reed has also served as the System Director for Pharmacy Operations at Adventist Health West which included 19 hospitals across four states.

Sue is on-pace to earn her Master’s of Business

Administration, with a Healthcare Concentration, from Columbia Southern University in June 2025, and will then sit for the Board of Governors Exam. She holds a Bachelor’s of Science in Pharmacy from Massachusetts College of Pharmacy.

About North Country Healthcare
North Country Healthcare (NCH) is a non-profit affiliation of four medical facilities focused on the health and well-being of dozens of communities in the White Mountains Region of New Hampshire, as well as Vermont, Maine, and Southern Canada. Mission-driven to improve lives by as-

suring consistently excellent, integrated healthcare, NCH employs more than a thousand highly trained individuals who deliver integrated patient care through three community hospitals, medical laboratories, and home health and hospice services.

The leading comprehensive healthcare network is comprised of Androscoggin Valley Hospital in Berlin, North Country Home Health & Hospice Agency in Littleton, Upper Connecticut Valley Hospital in Colebrook, and Weeks Medical Center in Lancaster. More than 1,000 employees strong, NCH is proud to be the largest employer in the North Country.

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Ice Castles invites guests to experience winter magic

NORTH WOOD-STOCK — The wait will soon be over for the return of Ice Castles to the White Mountain region. The icy gates will open this Friday, Jan. 10, at 3 p.m.


Ice artisans have been working around the clock to get the attraction ready for guests to start the New Year. Guests will be able to step into magic and wonder with a landscape filled with ice slides, towers, tunnels and caverns. Explore stunning new sculptures crafted by internationally renowned ice sculptors. Experience the thrill of the tubing hill, the enchanting Mystic Light Walk, and icy charm of the Polar Pub ice bar, where wonder awaits at every turn.

New this season, guests will be delighted with new water features and a new architectural design in our caverns.

"We are excited to open the icy gates in our cherished North Woodstock community for one of our earliest dates in our 12-year history," said Kyle Standifird, CEO of Ice Castles. "This year, we will unveil a new castle design and illuminate the White Mountain Forest with nearly double the amount of lights."

Beat the winter blues at Dalton Neighbors Group dinner

DALTON — The Dalton Neighbors Group will be holding a Beat the Winter Blues meal with soup, chowder, and chili at the Dalton Municipal Building on Friday, Jan. 10 from 4 to 7 p.m., by donation. Come enjoy yourself and meet your neighbors.



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Said my friend Mick

“For you cannot relive them.”
— Bob Dylan, “Open the Door, Homer”

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Courier Almanac

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- Littleton Public Library (444-5741)
- Bethlehem Public Library (869-2409)
- Lisbon Public Library (838-6615)

- Haverhill Library Association (989-5578)
- North Haverhill Patten Library (787-2542)
- Woodsville Public Library (747-3483)
- Richardson Memorial Library (823-7001)

- Moosilauke Public Library (No. Woodstock) (745-9971)
- Bath Public Library (747-3372)
- Gale Medical Library @ LRH-Anna Connors Patient & Family Resource Center (444-9564)
- Lincoln Public Library (Carol Riley 745-8159)

Property Transfers

Bath
Swift Water Road; \$670,000; Walter & Carole Young LT and Stephen U. Samaha to David Holm

377 Plain Rd.; \$449,000; Mark D. and Brigitte M. Codling to Americo J., Jr. and Christie C. Renzi

Bethlehem
Lewis Hill Road; \$82,600; Barry J., Sr. and Heidi M. Giampietro to Dannie J. McMichael

Old Franconia Road; \$286,000; White Mountain School and Passumpsic Savings Bank to T&T Mtn. Investments LLC

Old Franconia Road; \$25,100; White Mountain School and Passumpsic Savings Bank to William G. Gadwah

315 W. Farm Rd.; \$100,000; White Mountain School and Passumpsic Savings Bank to Carter Joint RET and Henry T. Carter

Address N/A; \$200,000; Jack and Beverly J. Masoni to James M. and Debra J. Carnevale

Easton
25 Mountain View Dr.; \$375,000; Barbara P. Noga RET and Andrew Noga to Brandon Ray and Samantha Sloan

Grafton
5 Brewster Lane; \$382,000; James and Sandra A. Griffin to Michael and Allison A. Hubert

Haverhill
962 Benton Rd.; \$159,000; Joseph M. and Janese Locke to Caleb M. Gordon

6 Pine St.; \$150,000; Sean D. and Katherine Wieder to Michelle Trainor

Pine Street; \$185,000; Nicole P. Smith to Edward

Fisher and Christopher J. Giddings

Address N/A; \$70,000; Newport Sand & Gravel Co. to E A T A G LLC

Address N/A; \$195,000; Peter B. Lavoie Trust to Laura I. Schaeffer

Lincoln
227 Main St.; \$450,533; Sarah Minella to Michael P. and Lisa McCormick

227 Main St., Unit 128; \$364,933; Graig and Nichole Guerrette to Cristina and Mark Antalik

Pollard Road; \$439,800; Gionet Mildred Fiscal Trust and Pamela D. Bliss to Clark Fiscal Trust and Thomas S. Clark

31 Summer Dr., Unit 2; \$530,000; Kory and Kristina Himmer to David and Dawn McDermott

36 Lodge Rd., Unit D105; \$220,000; Michael R. and Margaret B. Rowan to Jennifer Buchanan

Loon Mountain Condo Unit 56; \$825,000; Kimberly J. Paratore to Casey RET and William W. Casey

8 Louis Lane; \$685,000; Sherrie L. Frisone to Christopher Monks

227 Main St., Unit 327; \$424,933; Casey RET and William W. Casey to Nathan and Heather Goodwin

211 S. Peak Rd.; \$3,250,000; Slopeside 20 LLC to Giorgos and Shezhina Zacharia

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EDITORIAL

Leave the phone ‘til last in the morning

Most weeks, our Editorial space is typically some- thing our staff is curious about. While the subject of cell phone and screen addiction comes up often, this week, there was a notice- able shift in our view on the topic after receiving a wise tip.

That tip was to ignore your phone, don’t even look at it, until 30 minutes after you wake up. In that time, sit down, have your morning coffee and read a book. When you start to scroll on your phone just after waking up, you put yourself into what’s called a passive scrolling phase, which can derail your entire day and ward off productivity.

A few days into following this new advice, and there is a noticeable sense of comfort and relaxation that can carry you throughout your day. It’s like taking 30 minutes every morning to get back to the basics and recall simpler times.

Most people feel like they are in control of their phone use, but are you? How can you determine if you have a phone addiction, or are just part of the modern era grind? We’ve said it before, and we’ll say it again, nothing beats the days of watching Jeopar- dy unin- terrupted, without the pressure of responding to a ding from your phone.

In 2011, only 35 percent of the population owned smartphones, now 81 percent do. It is our main form of communication, so much so that now there is a term called nomophobia, or the fear of going with- out your phone.

Excessive cell phone use is a huge problem for many. As far as addiction goes, some experts say the dopamine connection the phone offers can be linked to something akin to a drug addiction. The triggering of that chemical in your brain, reinforces compul- sive behavior. When we can’t predict when we will receive a text or a “like” on social media, we check our phones more often.

Adolescents are more vulnerable to this problem than any other age group. Excessive use in that age group is such an issue that most teenagers never turn off their phones. Experts say that the younger a child has access to a phone, the sooner the problems begin. Problematic cell phone use is linked to low self esteem, low impulse control, depression and anxiety.

Signs you may have a phone addiction could be that you reach for your phone if you’re bored, you feel anxious or upset if you can’t get to your phone, you wake throughout the night to check it, or your phone has caused you to get into an accident. Other signs could be that you spend most of your waking hours on your phone, and that it interferes with per- sonal relationships or work.

When trying to focus on work, or any task, you are signifi- cantly disrupted and your concentration is thrown off.

Ways to break the addiction in order to fix your relation- ships, your health and other responsibilities include figuring out if there is a larger issue as to why you’re using your phone so much. Are you avoiding something else bigger? Resolving the larger issue at hand, could cause a decrease in phone use.

Change your settings to remove notifications and other alerts, set your screen to dark mode at night, keep your phone out of sight and never charge it in your bedroom. After a certain time, set your phone up so that only emergency contacts can get through to you, everyone else can wait. Try replacing games on your phone with real in person games, or devel- op a hobby you’ve been wanting to try. Too much cell phone use can develop into a loss of control.

There have been some experiments where people have gone two days without their phones. Some people choose to give up their phones all together, while others make signifi- cant changes to reduce use.

The potential risk of depression, insomnia and lack of productivity just isn’t worth it. Think back to pre cell phone times. While there are safety bene- fits to having a phone, we don’t need to be connected 24/7, and we don’t need to respond or answer our phones just because they ding.

Your responsibility is to yourself and it’s wild how much you can get done if you just unplug. Take a breather, shut your phone completely off for 15 minutes and see how you feel. If you do try this trick, send us an email and let us know what you find.



Michael Gallego of Littleton, with the help of his team at Northern Human Services Common Ground, made 50 Christmas wreaths utilizing pine cones during the holiday season and sold them to make a substantial donation of \$1,000 for veteran support. On behalf of Veterans of Foreign Wars Post 10675 Whitefield, post members met Michael Gallego at the Whitefield Veterans Memorial on Dec. 23 for the donation presentation. Pictured is Michael Gallego presenting the donation check to Eric Dubreuil, Commander of VFW Post 10675 Whitefield. Looking on are Lawrence Russell, Nathan Smith, Shawn Hartnett VFW Post 10675 veteran members.



COURTESY

Live Free and Dig
with the Littleton Garden Club
Winter-flowering house plants

BY JANET HILL
Littleton Garden Club

When the riot of flowering perennials is well and truly over, winter-flowering house- plants can provide cheer- ful color indoors. And with care, many will bloom year after year.

The most spectacular of these is the Amaryllis. This can be bought al- ready potted and makes a great Christmas gift. Look in a local box store, or in the catalog of a pre- stigious nursery, such as the White Flower Farm. There are so many vari- eties with a wide range of color, red, white, pink and bicolor, doubles or singles, in pots, woven baskets or glassware.

“Cybister Amaryl- lis” is a new variety that looks like a tropical bird.

With proper care, an Amaryllis will bloom year after year & will pro- duce baby bulbs that you can give to your friends. After blooming, the flow- er stalk will shrivel, but the large leaves will soak up sunlight for the rest of the summer. Put your plant outside in a sunny spot as soon as the dan- ger of frost is past. Feed it. In early fall, allow it to



go dormant by putting it in a cool, dark spot for 2 to 4 months, depending on when you would like it to bloom. Find a sunny win- dow and start watering it. It will begin to grow a flower bud, and later leaves. Mine never bloom at Christmas, but are glo- rious in early March.

The Poinsettia is an- other colorful winter bloomer and is associ- ated with the holidays when it can be found in many stores. It is possible to keep a Poinsettia from year to year, but it may not have as much color as ones grown in green- houses. It is actually a small shrub and the star- shaped flowers are in fact bracts or leaves. After Christmas, cut back fad- ed blooms and keep it in as much light as you can, somewhere it will not be

exposed to drafts. Water when dry and mist oc- casionally. It will grow new leaves and bush out again. In the spring, re- pot it, since it may have come in a flimsy plastic container. The new pot should be a couple of inches wider than the original container.

The Cyclamen, a mem- ber of the Primula family, is a beautiful perennial that has become popular recently. It is a native of Europe where it can be found as a wild flower. The leaves are heart- shaped and patterned. It should be watered from the base and able to draw up the water it needs. It thrives in a cool spot and may appreciate an east facing window.

Another favorite is the Christmas Cactus. Mine blooms in November, so I call it a Thanksgiving Cactus. It is native to Mexico. Most are culti- vars and the blooms can be red, orange, pink or white. They flourish in bright but indirect light. Water when the top layer of soil is dry. Reducing the frequency of watering in the fall and winter and a daytime temperature of 70 degrees and cooler at

night encourages bloom. Prune after the blooming period and repot every few years.

[Whoops! Mine are overdue.]

If you have geraniums outside in the summer, bring them in before the first frost and they will reward you with winter blooms. Give them as much light as you can.

This article describes some of the most popular and more easily available winter-blooming house- plants. Others worthy of mention are the Moth Or- chid, Clivia, the Crown of Thorns, Narcissus and African Violets.

There are many ways to brighten your home during the winter months, and you can ad- mire your blooms while you wait for warmer weather to return.

Footnote. Researchers tell us that viewing na- ture indoors can lower your heart rate and re- duce blood pressure and anxiety.

For more informa- tion on the Littleton Garden Club visit the website: <https://www.littletonnhgardenclub.org/>. There is a link to our Facebook page there.

Letter submission policy

Letters to the Editor must include the author’s name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author’s name and the town in which they reside will be published. Let- ters submitted without all of the required infor- mation will not be accepted.

It is the sole prerogative of the Editor to deter- mine whether a submission satisfies our require- ments and decency standards, and any submis- sion may be rejected at any time for any reason he or she might deem appropriate.

THE LITTLETON COURIER

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LETTERS

“Heard at the County...”

To the Editor:

In response to Ron Willoughby, who is concerned about school spending in Haverhill (“Haverhill Tax- payers-Are you happy?”, Caledonian-Record), he, as well as all Grafton County residents/taxpayers, should also be deeply concerned about spending at the Grafton County Complex.

With all elected department heads (except DEEDS) of Grafton County government now in Democrat hands, the Democrats own all county tax increases to Grafton County residents/taxpayers during the next two years. There is a minority of Republicans which make up the County Delegation and the Exec- utive Committee. It is the opinion of this writer that transparency at the County level is missing although the meetings are “open to the public.” Questioning of department heads by members of the public is strictly forbidden. Invited department heads do not use their “public-speaking voices” when addressing those pres- ent, leading the public to question, “What’s happen- ing?” Some Commissioners “mumble,” making their comments and votes incomprehensible.

Similarly, some Executive Committee members and some County Delegation members do not speak loudly enough, enunciate their words clearly enough, nor use their “public-speaking voices” to make clear to the public the items on which they’re voting, ap- proving/rejecting, and the spending of Grafton Coun- ty taxpayers’ monies. Some speak too quickly. The model of “Top-Down government” seems to be per- vasive at the county level reminding this observer of Great Britain’s implementation of taxes prior to the American Revolution, leading to the phrase “taxation without representation!” Funds to the tune of thou- sands, hundreds of thousands, and millions of dollars are being spent by three people for a county that is 500 square miles bigger than Rhode Island! The Executive Committee seems to “rubber-stamp” the Commission-

ers’ recommendations which is followed by additional “rubber-stamping” by the County Delegation.

The Grafton County Commissioners/County Dele- gation recently approved the spending of \$26,190.39.00 for a 30-gallon “crock pot” for the Nursing Home! There was a similar one online at a “Scratch ‘N Dent” sale for \$21,000, a savings of \$5,190.39. Perhaps, more rigorous research is needed by department heads be- fore requesting items to be replaced/installed, and paid for by the taxpayers?

The Plant Maintenance Supervisor just report- ed that Nursing Home flooring is in need of replace- ment, and is exploring the replacement of the nursing home’s present vinyl tiles with floor planking to the tune of \$100,000 per unit!

Presently, the Grafton County Courthouse Building Committee is holding on-going meetings where plans call for replacing the current, 52-year-young court- house with a new one, which, I was told, would cost (in 2025-2026 dollars!) between \$50 – \$60 million. The archi- tect and the Building Committee hope to have these plans solidified by June, 2025. Federal ARPA monies were used as “seed money” to hire the architect and engineer (\$214,645.00 plus a 15 percent contingency fee and additional fees for a geotechnical site survey). The bulk of funding for a new courthouse will be borne by the Grafton County taxpayers through a bond issue financed with local bank funding and interest over 30 years. There is no federal money for this portion, just local tax money paid in our local, annual tax bill so that we can have another “monument to bureaucra- cy and bad planning.” Questionnaires have been sent to the various departments as well as the Grafton Bar Association for their input as to design of the building based upon their needs and wants. These forms are due back by February, 2025.

The most egregious part of this whole scenario is

SUMMIT BY MORRISON AND THE MORRISON ASSISTED LIVING AND SKILLED NURSING CARE

Tap into the five senses to create a cozy home

If you're one of the many people who enjoy making New Year's resolutions consider tapping into your five senses to help you create a cozy and relaxing home environment in 2025, one that brings you a sense of joy and peace the minute you step through the door.

The five senses include Sight, Sound, Smell, Touch and Taste and honoring each sense can help you find the right balance in your home to engender feelings of peacefulness, relaxation and enjoyment. Think about simple steps you can take that also don't cost a lot of money because you want to make this an easy process that is kind to your pocketbook.

Sight: What do you see when you first step into your home? Visual appeal goes a long way toward creating a comfortable atmosphere. Perhaps it is as simple as changing up the throw pillows on your couch or reading chair each season or incorporating a fluffy blanket during the winter months that will also help keep you warm. Adding a new lamp or changing a lamp's position in a room can create a new perspective as can opening curtains, shades or blinds that are usually kept closed. Adding a plant or two or fresh flowers brings in an organic element that connects you to nature. Using baskets to contain clutter helps to refresh and organize a table or

countertop.

Sound: Introducing calm and soothing music is an easy way to promote relaxation and tranquility. Our smart phones and computers give us easy access to hundreds of tunes. Adding a small fountain with the sound of trickling water is another option that says "slow down and take a moment to breathe."

Smell: Baking cookies or a loaf of banana bread creates an inviting aroma and may very well trigger memories of happy times from childhood or baking with friends or grandkids. A pot of coffee brewing is likewise a welcoming aroma. Fresh air smells good and is as simple as opening a window to let in a sweet breeze or opening the door, even in winter, to let cold air wash through your rooms for a moment or two refreshing the atmosphere. Adding candles, essential oils or fresh flowers creates a welcoming and calming atmosphere. Trashcans with lids help to contain unwelcome odors.

Touch: Touch is closely related to sight, and introducing fabrics or objects in different textures — soft, smooth, nubby, etc.— creates a tactile experience that can be relaxing and reassuring. Soft rugs, throw pillows, and blankets and coverlets, along with decorative objects such as vases or small sculptures add an enriching sense of touch.

Taste: Sharing a meal with family or friends relies on both taste and smell to produce feelings of well-being. Setting your table with your favorite dishes, and adding napkins in colors that suit your mood or the season will add to your enjoyment of the meal and lead to stronger bonds among those savoring the food and conversation.

Engaging all our senses on a daily basis contributes to our well-being. Think about how you use your home, what rooms you use most often, your color and decor preferences and the small changes you can make that will enhance your feelings of well-being.

The new year is an opportunity to try something new, set fresh goals, and be willing to experiment to make our lives more fulfilling and joyful. Whatever you choose to do, we wish you a very happy and healthy New Year filled with new opportunities and adventures!

Shannon Lynch is the Executive Director of The Morrison Communities, which includes the Morrison Skilled Nursing Facility, Sartwell Place Assisted Living, Morrison Rehabilitation, and Summit by Morrison, a senior living community offering independent living, assisted living, memory care and respite care.

The Morrison Communities is a non-profit 501©(3) charitable community that has been pro-

viding quality healthcare to residents of New Hampshire's North Country since 1903. For more information, go to www.themorrisoncommunities.org.

Mid-State Health offers free screenings for Cervical Cancer Awareness Month

PLYMOUTH — As January marks Cervical Cancer Awareness Month, Mid-State Health Center is proud to continue its commitment to fighting cervical cancer by offering free breast and cervical cancer screenings for eligible individuals. Early detection is crucial in the fight against cancer, and Mid-State Health Center is dedicated to ensuring that all individuals have access to life-saving screenings.

Through a partnership with NH Health and Human Services' NH Healthy Lives Breast and Cervical Cancer Screening Program, Mid-State Health Center is working to reduce cancer mortality rates across New Hampshire by making screenings accessible to those in need. The goal is to detect breast and cervical cancers at their earliest stages, when they are most treatable.

"By providing free screenings, we hope to save lives and ensure that financial barriers do not prevent anyone from accessing critical care," said Debbie Guilbert, Mid-State Health Patient Relations and Quality Director. "Cervical cancer is a disease that impacts so many people, and early detection is key to fighting it."


This program is available to individuals aged 21-64 who are uninsured, have insurance that does not cover screening tests,

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Forest Society offers workshop on Christmas tree farm management

BETHLEHEM — A workshop on Christmas tree business management will be offered online, and in-person at the Rocks Estate (Forest Society North), 113 Glessner Rd., Bethlehem, on Friday, Jan. 24 from 3-5 p.m.

Topics covered will include bookkeeping, financial statements, budgeting, inventories, capital gains, and other tax issues. This will be an open discussion with a question-and-answer session, so please bring any questions you have and feel free to share your own experiences.

Instructors include: Nigel Manley, Christmas tree grower at South Farm; Kendall Kunelius, Extension Field Specialist, Agricultural Business Management, UNH Cooperative Extension; Jim Frohn, Grafton County Forester, UNH Cooperative Extension; and, Michelle McVetty, Certified Public Accountant / Kristen Daisey, Certified Public Accountant.

This is the third workshop in a series on The

Business of Growing Christmas Trees – From Site Selection to Sales. The fourth and final session Site Selection and Soil Testing: site preparation, planting, weed control and fertilizing, is being planned for April.

Attendees are welcome to participate in any or all of the workshops offered in this series. While each workshop stands alone, they are designed to be most effective when attended in their entirety.

Registration for this workshop is due Jan. 23. There is a \$30 per person registration fee for this event.* On-line participants will receive a meeting password prior to the workshop. To register, go to <https://bit.ly/Trees-In-f03-25>.

For questions about the event, contact Jim Frohn at jim.frohn@unh.edu. For registration questions, contact Teresa Locke at teresa.locke@unh.edu or (603) 787-6944.

*A fee is charged for this Extension program to cover costs. A limited

number of scholarships are available to individuals unable to pay.


If you need an accommodation to participate in our programming, please contact Jim Frohn, a603-787-6944 prior to the event. Given ample time, we will make any reasonable effort to meet your needs, including language access services if requested, which will be provided free of charge. The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. UNH, U.S. Department of Agriculture, and New Hampshire counties cooperating. Direct inquiries to unh.civilrights@unh.edu.

LETTER
(CONTINUED FROM PAGE A4)

that we, the taxpayers of Grafton County, get no direct vote as in a private, paper ballot (a referendum vote). It is my understanding that the vote process is comprised of the 3 Commissioners, the Executive Committee (9 members), and the County Delegation (24 NH State Representatives of Grafton County). From what I have observed (since June, 2024), there

are no in-depth, probing questions being asked from the Delegation on behalf of the taxpayers. There doesn't seem to be any challenging opposition to quoted prices. Who's watching out for the taxpayer? With a \$36 Trillion federal debt, we need austerity and "number-crunching," don't you think? Representatives, sharpen your pencils!

Nick De Mayo
Sugar Hill



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Sports

Crusaders click on all fronts, cruise past Gorham

BY JOSHUA SPAULDING
Sports Editor

LITTLETON — Coming off the holiday break, the defending champion Littleton basketball girls didn't look like they missed a beat as they played host to Gorham on Friday, Jan. 3.

The Crusaders held

the Huskies to just three points in the first half and cruised to a 71-10 win behind four different players in double figures for the day.

Littleton scored the first 17 points of the game, with Addison Pilgrim starting the game with a hoop and then

Patriot boys advance to holiday tournament semifinal game



KJ CARDINAL – BALL 603 – COURTESY PHOTO

Daryion Faustin puts up a shot during Mike Lee Holiday Basketball Bash semifinal action in Farmington on Dec. 29.

BY JOSHUA SPAULDING
Sports Editor

FARMINGTON — As the defending tournament champions, the Profile boys' basketball team got a day of rest between the first game of the tournament and the second day as they took part in the Mike Lee Holiday Basketball Bash in the days following Christmas at Farmington High School.

The Patriots kicked off the tournament with the final game of the first day on Dec. 26, taking on the host Tigers and ended up dropping a 57-50 decision in the round-robin portion of the tournament. Cayden Wakeham finished with 18 points to lead the way for the Patriots while Everett Locke added 14 and Jackson Clough finished with 10.

After a day off, the Patriots returned to the gym on Saturday, Dec. 28, and were hot from downtown, draining 10 three-pointers on the way to a solid 61-57 win over the Raymond Rams in the tournament quarterfinals. Wakeham again led the way for the Patriots with 25 points in the win while Clough finished with 14 points and Daryion Faustin added 12 points.

The win propelled the Patriots into the tour-

nament semifinals on Sunday, Dec. 29, against Division II Coe-Brown.

The Patriots hung around with the bigger Bear squad in the first half but Coe-Brown was able to pull away and come out with a 57-32 win over the Patriots to advance to the tournament finals, where they would beat Belmont to claim their first title since 1992.

The Coe-Brown lead was 14-7 after one quarter of play and they stretched the lead a bit to 34-24 heading to the halftime break. The lead was 40-29 heading to the third quarter and the Bears outscored the Patriots 17-3 in the final frame for the semifinal win.

Wakeham finished with 12 points to lead the Patriots while Faustin added 11. Wakeham was named to the All-Tournament team for his play during the three games.

The Patriots are scheduled to be in action again on Monday, Jan. 13, at Lin-Wood at 6:30 p.m. and will be hosting Colebrook at 6:30 p.m. on Wednesday, Jan. 15.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

(Left) Gorham's Lily Gorban gets her hands on the ball as Littleton's Rylee Hampson goes toward the hoop in action last Friday.

JOSHUA SPAULDING

Juju Bromley charges up the court during her team's return to regular season action last week against Gorham.

Ella Horsch had a hoop and a three-pointer sandwiched around a Leah Poulton finish off a Juju Bromley steal. After Poulton hit another hoop, Horsch hit back-to-back three-pointers and Littleton had the 17-0 lead.

Gorham got a three-pointer from Chaise Wade to get on the board for the first time, but Littleton scored the next eight points to close the quarter. Poulton finished off a steal, Addison Hadlock put back a rebound and Bromley hit back-to-back hoops to close out the quarter, with Littleton taking the 25-3 lead after one quarter of play.

Pilgrim hit two free throws and two baskets to start the second quarter and Rylee Hampson finished off a feed from

Poulton for the 33-3 lead. Hampson hit two more hoops sandwiched around a Poulton free throw and Horsch and Poulton connected on the final two baskets of the frame and Littleton took the 42-3 lead to the half-time break.

Hadlock hit the first basket of the second half before Bromley scored three hoops in a row as the Crusaders went on an 8-0 run to start the quarter. Lily Gorban drained a three-pointer for the Huskies for their first points since the first quarter and Poulton answered with a three at the other end. After Hampson hit a hoop, Emma Belisle connected for the Huskies.

Littleton got a pair of buckets from Sadie Roberts, sandwiched around

a three-pointer from Poulton and the Crusaders took the 62-8 lead to the final eight minutes.

Belisle hit the first basket of the quarter for the Huskies before Littleton did the rest of the scoring. Taylor Martin hit two hoops sandwiched around a hoop from Hampson and Roberts connected on a free throw and a hoop for the final scores of the game, with Littleton getting the 71-10 win.

Poulton finished with 15 points, Horsch added 13 and both Bromley and Hampson finished with 10 points to lead the Crusaders while Belisle had four points to lead the Huskies.

The Huskies are slated to be in action on Friday, Jan. 10, at Berlin at 5 p.m., at Woodsville on

Monday, Jan. 13, at 5 p.m. and at Lisbon on Wednesday, Jan. 15, also at 5 p.m.

The Crusaders are scheduled to host Groveton on Friday, Jan. 10, and White Mountains on Tuesday, Jan. 14, both with 5 p.m. scheduled starts.

LHS 25-17-20-9-71
GMHS 3-0-5-2-10

Littleton 71
Roberts 3-1-7, Horsch 5-0-13, Hampson 5-0-10, Pilgrim 3-2-8, Bromley 5-0-10, Hadlock 2-0-4, Poulton 6-1-15, Martin 2-0-4, Totals 31-4-71

Gorham 10
Wade 1-0-3, Belisle 2-0-4, Gorban 1-0-3, Totals 4-0-10

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Patriot girls sweep races at Cannon Mountain

BY JOSHUA SPAULDING
Sports Editor

FRANCONIA — The Profile alpine ski team hosted a slalom meet at Cannon Mountain on Friday, Jan. 3, with the Patriot girls winning both the morning and afternoon races and the Patriot boys winning the afternoon race after placing third in the morning. The day consisted of two runs in the morning and one run in the afternoon.

For the Profile girls in the morning, Maia Harrison finished second overall to lead the way with a time of 1:20.57. Ani Griffiths was third

overall in 1:30.2 and Maria Demaggio was third in 1:30.2. Meredith Smith finished out the scoring for the Patriots with a fifth place finish in a time of 1:30.76.

Ella Torres was eighth in 1:38.36, Ivanna Mullins was 13th in 2:11.73 and Belle Freligh placed 19th in a time of 2:40.24.

In the afternoon race, Makenna Price claimed the overall win in a time of 35.13 seconds. Smith was fourth overall in 41.79 seconds and Griffiths was fifth in 42.62 seconds. Ella McPhaul rounded out the scoring in a time of 43.24 seconds

for sixth place.

Demaggio was seventh overall in 43.48 seconds, Torres was 12th in 46.99 seconds, Mullins finished in 16th place in 55.07 seconds and Freligh finished in 18th overall in a time of 1:08.29.

In the morning runs for the boys, Tucker Bell finished in ninth place in a time of 1:27.59, with Cooper Ireland in 11th in 1:30.32 and Riley Thayer in 18th in 1:43.32. Jackson Thibault finished in 27th overall in 2:54.25.

In the afternoon run, Bell took the overall win with a time of 32.49 seconds and Coen Mul-

lins was third in 34.87 seconds. Owen McPhaul placed fourth in 37.7 seconds and Indy MacConnell was seventh in 39.8 seconds.

Ireland was 15th in a time of 45.02 seconds, Jett Presby was 16th in 45.8 seconds, Thayer was 20th in 49.69 seconds and Thibault was 35th overall in 1:20.13.

The Patriots will be in action again on Friday, Jan. 10, at Loon Mountain in Lincoln.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Engineer boys outpace Littleton to close out 2024

BY JOSHUA SPAULDING
Sports Editor

WOODSVILLE — Before they headed off for holiday break, the Woodsville and Littleton boys' basketball teams squared off in an early-season test for both teams.

In the end, strong shooting nights from Cowan Kimball and Devin Sabina helped lift the host Engineers past the Crusaders by a 58-38 score on Thursday, Dec. 19.

"We weren't ready for a game like this," said Littleton coach Trevor Howard. "Woodsville's defense exposed a lot of weaknesses."

"Too many turnovers and missed layups," Howard continued. We need to get healthy and regroup."

The first quarter was fairly even, with the Engineers edging the Crusaders by a 13-11 margin but they grew that lead to 29-20 at the halftime break. Woodsville then

came out of the gate in the third quarter and outscored the Crusaders 15-6 to open the lead up and closed out the game by winning the fourth quarter by a 14-12 difference for the 20-point win.

Sabina led all scorers with 21 points on the night while Kimball chipped in with 15, including three hoops from beyond the arc. Ryan Mahy led the Crusaders with 10 points.

Woodsville is scheduled to be in action on

Friday, Jan. 10, at home against Colebrook, will be hosting Gorham on Monday, Jan. 13, and will be hosting Moultonborough on Wednesday, Jan. 15, all with 6:30 p.m. scheduled starts.

Littleton is slated to be hosting Groveton on Friday, Jan. 10, and White Mountains on Tuesday, Jan. 14, both with 6:30 p.m. scheduled starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Krill siblings pick up wins at Cannon Mountain



COURTESY
Greta Krill won the slalom at Cannon Mountain on Friday, Jan. 3.



COURTESY
Carver Krill won the slalom race at Cannon Mountain on Friday, Jan. 3.

BY JOSHUA SPAULDING
Sports Editor

CANNON — The Lin-Wood alpine ski team traveled north on Interstate 93 for the first meet of 2025, competing in a slalom race at Cannon Mountain on Friday, Jan. 3. The athletes competed in two runs in the morning and one run in the afternoon.

“Strong skiing today by all schools on a challenging icy surface,” said Lumberjack coach Aaron Loukes. “Strong team result by both teams.”

Carver Krill led the Lumberjack boys in

the morning runs by picking up the overall win in 1:12.95, with Lucas Truong in fourth in 1:20.35 and Andrew Morris in fifth place in 1:20.57. Jesse Corey rounded out the scoring with a time of 1:23.92 for seventh place.

Kai Mansharamani was 13th overall in 1:32.83, JJ Proehl was 17th in 1:43.23 and Rhys Hagan finished out the field of Lumberjacks with a 22nd place finish in 2:16.51.

After winning the morning race, the Lumberjacks finished second in the afternoon run, with Krill finishing in

second place in 34.53 seconds, Corey in ninth place in 41.89 seconds and Mansharamani in 10th in a time of 42.17 seconds. Proehl finished out the scoring with a time of 47.39 seconds for 19th place. Hagan was 30th in 1:04.27 and Truong was 32nd in a time of 1:08.84.

The Lin-Wood girls finished second in both races, with Greta Krill winning the morning runs in a time of 1:19.14. Hazel Wilson finished in seventh place in 1:38.2, Emma Modzelewski was ninth overall in 1:46.11 and Asha Ivestor was

10th overall in a time of 1:47.59.

In the afternoon run, Krill finished in second place in a time of 38.42 seconds, with Mackenna Mack in third in 40.68 seconds and Wilson in ninth in 44.48 seconds. Modzelewski rounded out the scoring with a time of 45.13 seconds for 10th place and Ivestor was 14th in 51.15 seconds.

“Greta and Carver both winning was a special moment,” Loukes said. “Brother and sister krillin’ it.”

The Lumberjacks are slated to be hosting a

meet at Loon Mountain on Friday, Jan. 10.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Crusader girls win tight battle with Engineers

BY JOSHUA SPAULDING
Sports Editor

WOODSVILLE — The Littleton and Woodsville hoop girls battled back and forth on Thursday, Dec. 19, with the defending champs edging out the host Engineers by a 41-36 score to claim the victory heading into the holiday break.

“Always a battle when we play Woodsville,” said Littleton coach Dale Prior. “They play solid defense and make us work to score.”

“They hurt us on the boards and we missed too many open layups,” Prior continued.

“Littleton came out of the gate firing and we had a slow start,” said Woodsville coach Tori Thayer. “We struggled to find the hoop in the first quarter, but once we settled in and moved the ball, things opened up a bit for us.”

“We did a much better job on the boards tonight, which kept us in the game,” Thayer added.

The Crusaders outscored the Engineers 9-4 in the first quarter and that margin ended up being the same as the winning margin for the Crusaders. The Engineers won the second quarter by two points, 10-8 and Littleton held the 17-14 lead at the halftime break.

Woodsville closed the gap in the third quarter, outscoring the Crusaders by two points, 16-14, for the 31-30 lead heading to the fourth quarter. Littleton then outscored Woodsville 10-6 in the fourth quarter to close out the 41-36 win.

“Addison (Hadlock)

did a good job defending the post and our guards Ella (Horsch), Leah (Poulton) and Juju (Bromley) were the difference on offense, making some timely shots and free throws down the stretch,” Prior said. “The break will be good to work on things and get ready for the second half of the season.”

“(Paige) Royer was solid for us underneath the hoop and we were able to play more of an inside game, which was to our advantage,” Thayer said. “Littleton’s aggressive ball pressure was something we haven’t seen this year and we will work to improve the way we handle that pressure.”

“Overall, I thought we played well and for the most part, we were able to keep our composure against the best team in the division,” she added.

Poulton led the Crusaders with 14 points and Horsch finished with 11 points while Royer finished with 14 points to lead the Engineers and Eliza Wagstaff added 10.

Woodsville is slated to be at home against Colebrook on Friday, Jan. 10, and will be hosting Gorham on Monday, Jan. 13, both with 5 p.m. scheduled starts.

Littleton is scheduled to be in action on Friday, Jan. 10, at home against Groveton and will be hosting White Mountains on Tuesday, Jan. 14, both scheduled for 5 p.m. starts.

Patriot girls slip past Lumberjacks

BY JOSHUA SPAULDING
Sports Editor

BETHLEHEM — The Profile and Lin-Wood girls’ basketball teams welcomed 2025 with a matchup in Bethlehem on Friday, Jan. 3.

Both teams struggled a bit offensively in the first half before putting things together in the second half and in the end, the host Patriots edged out

the Lumberjacks by a 44-34 score.

The Patriots outscored the Lumberjacks 7-2 in the first quarter before Lin-Wood won the second quarter by an 8-6 score, giving Profile a 13-10 lead at the halftime break. Profile won the third quarter by a 16-11 margin and the two teams each scored 13 points in the fourth quarter for the

44-34 final score.

Kyah Knight led the way for the Patriots with 17 points on the night and added 18 rebounds and four steals while Addison Koehler finished with 15 points and added nine rebounds and four steals.

Kiley Clermont led the way for the Lumberjacks with 20 points on the night while Caroline

Hiltz finished with 12 points.

The two teams will meet again in Lincoln on Monday, Jan. 13, at 5 p.m.

Lin-Wood is scheduled to be in action on Friday, Jan. 10, at Pittsburg-Canaan at 5 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Engineers drop 2025 opener in Groveton

BY JOSHUA SPAULDING
Sports Editor

GROVETON — The Groveton and Woodsville girls’ hoop teams kicked off regular season action for 2025 with a matchup in Groveton on Friday, Jan. 3.

In the end, the host Eagles used a big second quarter advantage to pull away and then held tight against a solid Engineer side to pick up the 59-37 win.

“Hats off to Groveton, who played a great game,” said Engineer coach Tori Thayer. “Unfortunately we forgot to get off the bus and play basketball.”

“We were slow offensively and defensively,” she continued. “We didn’t rebound or run the floor.”

Groveton took a 15-13 lead after one quarter and outscored the Engineers 14-4 in the second quarter to take the 29-17 lead at the halftime break. The Eagles continued their strong play in the third quarter with an 18-10 advantage and closed out the fourth quarter with a 12-10 advantage for the 59-37 win.

Delaney Whiting led the way for the Groveton girls with 18 points, including five three-pointers, with Makayla Ken-

ison finishing with 16 points and Aspen Clermont adding 14 points. Paige Royer was the lead scorer for the Engineer girls, finishing with 15 points and Thayer credited Allie Rowe for a good job on the defensive side of the ball.

Groveton is scheduled to be in action again Friday, Jan. 10, at Littleton at 5 p.m. and will be hosting Pittsburg-Canaan at 5 p.m. on Monday, Jan. 13.

Woodsville will be in action on Friday, Jan. 10, at home against Colebrook at 5 p.m. and will be hosting Gorham at 5 p.m. on Monday, Jan. 13.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Obituaries

Carol Fay Marshall, 84

Whitefield – Carol Fay (Chamberlain) Marshall, age 84, passed on to be with our Lord and Savior on December 21, 2024 at Littleton Regional Hospital after years of declining health. She was born in Morrisville, VT, on February 4, 1940, a daughter of the late Roland and Marie (Harrington) Chamberlain of Rhode Island.

After attending The Whitefield School, Carol and her first husband, Billy Matthews, raised a family in Lancaster, NH. Carol and her second husband, Joseph Marshall, lived in Lancaster, NH, until Joseph's death. In later years, she lived with different caregivers, including six years with her son and daughter-in-law, Chris and Becky Matthews, before settling at Sartwell Place, an assisted living facility in Whitefield, NH.

Carol had such a



peaceful nature which drew many to like her. In younger years, she enjoyed walking, and her love for food was evident in her uncanny ability to identify each ingredient she could taste.

Carol is survived by six of her eight siblings: Dianna Gray, Sally Chaignot, Gary (Sharon) Chamberlain, Crystal (Dale) Wilson, Deborah Olsen, and Pamela Cariglio. She is survived by five of her six children: Kenneth of Littleton; Daniel (Amanda) of White-

field; Robin of Conway; Brent (Robin) of Bellingham, WA; and Chris (Becky) of Whitefield. Her legacy includes grand and great grandchildren. Carol was predeceased by her parents; her husband, Joseph Marshall; her ex-husband, William Matthews; her brother Brian Chamberlain; sister Sandra Gargano; and her son Cameron Matthews.

The family is planning a springtime graveside ceremony at Calvary Cemetery, 378 Main St, Lancaster, NH. The date will be determined in the spring. It is requested that any donations be made to The Morriston Communities in Whitefield, NH. The love, care, attention, and respect the Sartwell staff showed Carol while she lived with them made them all feel like family. Arrangements are entrusted to Bailey Funeral Home.

Joseph Patrick Brown, 83

Joseph Patrick Brown, 83, passed away on December 17th at his home in Sugar Hill, with immediate family close by. He had been diagnosed with advanced cancer fourteen months earlier.

Joe was born in Cone Island Hospital, Brooklyn NY in 1941. When he was nine, his family moved permanently to a farm north of Manhattan. He was the first member in his family to go to college, earning a Master's de-

gree in Civil Engineering from Cornell University.

In 1966, Joe became one of the early Peace Corps volunteers in Latin America, developing potable water and waste water systems, and roads link-

Edna J. Ellingwood, a longtime resident of Littleton and Partridge Lake, has died at age 79 due to declining health issues over the past year.

Born July 29, 1945, in Hartford, CT, she was the 3rd of 4 children to Paul & Alice (Barton) Judkins of Bow, NH. She attended elementary school in Bow then graduated from high school in Concord, NH. She continued her education and graduated from Concord Business College and pursued a career working as a Medical Secretary in various doctor's offices in Concord then Littleton, NH.

Edna married Earl J. Ellingwood in June of 1983, purchased a home in Littleton where she was a devoted wife until



Earl's passing in 2015. They traveled to Florida in the winter months and had a wonderful group of friends they spent time with, which they really enjoyed. In addition to being a wife and caregiver to her husband, Edna was very talented at sewing beautiful quilts and knitting prayer shawls, both of which she was known to give away to close friends and charitable organizations. She liked to travel and was

Richard M. McGinnis

ty and twinkle in the eye will long be remembered with love and a smile.

He was born in Lancaster, New Hampshire on February 9, 1943, to Barbara (Carr) and Leo McGinnis. He served his country in the U.S. Air Force in England, where he met his wife of

able to see Ireland in her younger years. She was pre-deceased by her parents, her husband Earl and a sister Lois Judkins.

Edna is survived by her stepdaughter Aaran Ellingwood Cunningham and her husband Robert H. Cunningham IV, a stepson Jay Ellingwood and his girlfriend Lissa, her sister, Dona Young and husband Steve, a brother Ken Judkins and wife Evelyn. Edna was blessed with having 5 grandchildren: Tiffany Cunningham, Robert Sears, Dustin Seppala, Amber Campbell, and Shane Ellingwood as well as several nieces and nephews.

A private graveside service will take place in the spring.



57 years, Annetta. They had two daughters, Jessica (Coy), and Heather (Odell), each giving them two wonderful grandchildren, Charlie, Emily, Sophie and William.

He also served in the New Hampshire National Guard as the Medical Officer. He earned his B.Sc degree in Nursing at St. Anselm's College, Manchester, and his Master's degree in Nursing Administration at Boston College.

He returned to the North Country in 1979 to be part of that community and to have a farm with animals which they did while the girls were young. He also enjoyed taking his grandchildren into the woods to cook hot dogs and share an apple which he cut with his old pocketknife. He was Director of Nursing at the old Littleton Hospital for 8 years, then switched careers to become a Real Estate Agent with Peter Powell Real Estate, where he sold homes to half the north country and nearby Vermont towns.

He was a member of St. Paul's Episcopal Church in Lancaster, former member of the Lancaster Rotary Club and served on the Col. Towne and Hospice boards.

He is survived by his wife, Annetta, his daughters Jessica (and Justin Carter), Heather and Jake Odell, his grandchildren, his sister, Judy (and Glen) Mudre, and brother, Peter (and Sue) McGinnis, and many friends, cousins, nieces, and nephews. He was predeceased by his parents, and brothers Andy and Bill.

A Celebration of Life Service will be held at St. Paul's Episcopal Church, 113 Main Street, Lancaster, on Saturday, January 25th at 11:00 am. In lieu of flowers, donations are requested to St. Paul's Episcopal Church, Alzheimer's Association or North Country Hospice. There will be a private interment of ashes in the Spring.

Arrangements are through Bailey Funeral Home, and condolences may be sent through their website; www.bailleyfh.net.

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Pastor: Steven M. Palmer

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BREAD OF LIFE UPC
Apostolic Pentecostal
835 Profile Road, Bethlehem NH
www.breadoflifeupc.com

DURRELL UNITED METHODIST
Box 728 • 869-2055
Sunday Worship: 11 a.m.
Pastor: Arthur Savage

NEW BEGINNINGS APOSTOLIC FELLOWSHIP:
Apostolic Pentecostal
100 Lancaster Road
Whitefield NH & Bethlehem NH
Sunday Service: 12:30 pm
Wednesday Bible Study: 7:30 pm
Fellowships & Events: listed on our Facebook
www.apostolicrh@gmail.com
Pastor: Justin C Francis

NEW LIFE ASSEMBLY OF GOD
475 Whitefield Rd., Bethlehem • 444-1230
Sunday Morning Worship: 10:30 a.m.
Wednesday Evening 6:30 p.m. Prayer
Food Pantry: Every 3rd Monday 9 a.m.-Noon
Office hours: M-T 9 a.m.-noon 444-1230
Pastor: Rev. Jay Dexter

DALTON
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Sunday 9:30am
Sunday Service and Children's Bible Class
Sunday 9:30am Adult Bible Class
Wednesday 12:15pm Adult Bible Study
in the back room of the Church
Pastor: D Raymond, (cell) 802-535-8559

FRANCONIA
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44 Church St. (Box 237), Franconia 02380

Office Phone: 823-8421
Email: office@franconiachurch.org
Web site: www.franconiachurch.org
Office Hours: Tues. and Thurs. 10:00 am - 12:00 pm
Sunday Worship: 10:30 am
Choir Practice: Sun. 9:30 am, Thurs. 7:00 pm
Good Neighbor Food Pantry Hours: Tues. 11:00 am - 1:00 pm, A Lay-led Ministry

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Mass: Saturday at 6 p.m.

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752-6215 • Affiliated with CCCC
(Conservative Congregational Christian Conference)
Worship Service: 8:30 a.m.
Children's Sunday School: 9:00 a.m.
Weekly Bible Studies
Pastor: Rev. Dean A. Stiles

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ST. JOSEPH CHURCH
Roman Catholic • Church St., Lincoln • 745-2266
Saturday Mass: 4:30 p.m.
Sunday Mass: 7:30 and 10:00 a.m.
Daily Mass: Wed., Thurs. and Fri. 8:00 a.m.
Pastor: Rev. John Mahoney
www.stjosephlincoln.org

LISBON
CHURCH OF THE EPIPHANY
Episcopal • School Street, Lisbon
Sunday Worship: 9 a.m., and coffee fellowship
Pastor: Reverend William J. Watts, Jr.

CHURCH OF THE NAZARENE
Sunday School: (all ages) 9:30 a.m.
Lisbon Service: 10:30 a.m.
at Lisbon Regional School Library
(Nursery, Children's Church up to age 8)
Sunday Evening Mass: 9 a.m. in private home
Wednesday Prayer Meeting: 6:30 p.m. in private home
Friday: Sonshine Church (Oct-Apr.) up to age 12)
Pastor: Tracy Davis, 838-5138

ST. CATHERINE OF SIENA CHURCH
Roman Catholic • Highland Ave., Lisbon • 747-2038
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Thursday Mass: 9 a.m.
Pastor: Father Alan Tremblay
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Bible Study: Weekly at the Parsonage
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Baha'i Children's Classes
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General info: www.bahai.us

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Contact Information: Wayne Burge
303-619-8802 or gwyneburges@gmail.com

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Wednesday's 5:45-7:15pm call for location
Youth Group: Wednesday's 7:30
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www.breadoflifeupc.com • 603-869-3127
Pastor: James F. Sullivan

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Contemporary Sunday Worship: 10:30am
Nursery care provided, up to age 4, as well as Children's ministry and education, up to age 10.
Mid-week gathering: (dinner included) - Wednesday, 5:30pm
Youth event - last Friday of every month.
Men's ministry - check website for events.
Women's ministry - check website for events.
Pastor: Todd M. Walker
Website: crossroadsatlittleton.com
Email: office@crossroadsatlittleton.com

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Men's Breakfast: 8 AM
3rd Wednesday every month
Dinner Bell: Meal served Tuesdays at 5:00 pm from September to June.
Office Hours: Monday - Thursday 9:00 am - 1:00 pm
Find us at: http://www.allists.org
On Facebook @All Saints' Episcopal Littleton NH
Rector: Reverend Veronica Travis
Administrative Assistant: Verna White

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Wednesday: 6:45 PM
Sunday, 10:00 AM: Mission Discovery for kids
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More information: www.bhfaith.com
Contact us: info@bhfaith.org • Call: 444-2763
Pastor: Nick DeYoung

FIRST CONGREGATIONAL CHURCH, UCC
189 Main St., Littleton • 444-3376
Office Hours: M-Th 10 am - 1 pm
email: f1stcong189@gmail.com
Web: www.1stconglittleton.org
Sunday Worship: 10 a.m.
Office Hours: M-TH 10 am - 1 pm
email: f1stcong189@gmail.com
Tuesday: Allanon Meeting 6-7 pm
Monday, Wednesday, Thursday and Saturday: AA meetings 7pm
Pastor: Rev. Peter Igerfrantz, Interim

FIRST UNITED METHODIST CHURCH
18 Main St., Littleton
602-444-5567 office
FUMC, Office@yahoo.com
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Worship Sundays 9:30 am

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(BY ONLY)
Sunday School: 10 AM
Morning Service: 11 AM
Evening Service: 6 PM
Wednesday: Prayer Meeting 7:00 PM
Dinner on Grounds: Last Sunday of month
with no Evening Service
Contact: Pastor: Ed Small, (603) 444-2880
Email: pastor@littltonbiblebaptistchurch.org
Web site: littltonbiblebaptistchurch.org

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Kids church / Nursery / Fellowship: 10:00 am
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Engineers ski at Cannon to open the new year

BY JOSHUA SPAULDING
Sports Editor

FRANCONIA — The Woodsville alpine ski team traveled to Franconia to start 2025, competing in a slalom race at Cannon Mountain on Friday, Jan. 3.

The competitors all skied two runs of slalom in the morning and added another run in the afternoon.

In the morning runs, the Engineer boys were led by Cooper Mayo's 14th

place overall in 1:35.17, with Aiden Paquette finishing in 1:38.41 for 15th place and Haiden Fiore in 20th in 2:01.63. Ethan Fowler finished out the scoring for the Engineer boys with a 29th place finish in a time of 3:17.88.

In the afternoon run, Gabe Roy skied to 11th to lead the Engineers with a time of 42.64 seconds. Mayo was 14th overall in 44.45 seconds and Colby Heathe was 22nd in 52.77 seconds. Vinnie Cataldo was 24th overall to finish out the scoring in 56.22 seconds.

Fiore finished in 28th place in 1:01.92, Paquette was 31st in 1:06.7, Nate Hogan crossed in 1:17.26 for 34th place, Nick McKean was 40th in 1:25.63 and Fowler was 43rd overall in 1:38.37.

For the Engineer girls in the morning runs, Rose Roy was the top skier, finishing in 16th place in 2:26.23 with Emma Hodge in 21st in a time of 3:19.59.

In the afternoon, Rose Roy was 19th overall in 1:11.57, Hodge was 23rd

in a time of 1:22.45, Emily Emmerton was 25th overall in 1:25.03 and Lucy Roy crossed in a time of 1:40.6 for 26th place.

Woodsville is scheduled to be back in action on Friday, Jan. 10, at Loon Mountain Resort in Lincoln.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Crusaders rally past Colebrook in holiday tourney finals

BY JOSHUA SPAULDING
Sports Editor

GROVETON — The Littleton hoop boys edged out Colebrook in the finals of the Groveton holiday tournament on Dec. 28, picking up the 46-43 win.

Colebrook came charging out of the gate and outscored the Crusaders 15-7 in the first quarter and 13-9 in the second quarter for the 28-16 lead at the halftime break. However, Littleton came back strong in

the second half, outscoring the Mohawks 16-11 in the third quarter and 14-4 in the final eight minutes to pull away with the win.

Logan Poulton led the way for the Crusaders, finishing with 13 points including three three-pointers while both Daven Reagey and Ryan Mahy finished with nine points.

Littleton is slated to be back in action on Friday, Jan. 10, at home against Groveton and on Tuesday, Jan. 14, at home against White Mountains Regional, both at 6:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Offense struggles as Patriots fall to Groveton

BY JOSHUA SPAULDING
Sports Editor

BETHLEHEM — Prior to the holiday break, the Profile hoop girls welcomed Groveton to town and the Eagles returned north with the 63-11 win over the Patriots.

The Eagles came out of the gate on fire, scoring 25 points in the first quarter, led by three three-pointers and 11 points from Delaney Whiting while Aspen Clermont had a pair of threes and eight points in the frame as the Eagles led 25-2.

The scoring slowed down a bit in the second, with Groveton outscoring Profile 9-4 for the 34-6 lead at the halftime break. The Eagles won the third quarter by a 17-4 advantage and closed out the game with a 12-1 advantage in

the fourth quarter for the 63-11 final score.

Whiting led the way for the Eagles with 21 points on the night, including five three-pointers while Clermont, Makalyn Kenison and Kandrah Savage each finished with eight points. Kyah Knight led the Patriots with four points on the evening.

Groveton is scheduled to be in action again on Friday, Jan. 10, at Littleton at 5 p.m. and will be hosting Pittsburg-Canaan on Monday, Jan. 13, at 5 p.m.

Profile is slated to be in action on Monday, Jan. 13, at 5 p.m. at Linwood.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Friday, Jan. 10
LIN-WOOD
Alpine Skiing at Loon; 10
Boys' Hoops at Pittsburg-Canaan; 6:30
Girls' Hoops at Pittsburg-Canaan; 5

LISBON
Girls' Hoops at Moultonborough; 5:30
LITTLETON
Alpine Skiing at Loon; 10
Boys' Hoops vs. Groveton; 6:30
Girls' Hoops vs. Groveton; 5

PROFILE
Alpine Skiing at Loon; 10
Boys' Hoops vs. Groveton; 6:30
Girls' Hoops vs. Groveton; 5

WOODSVILLE
Alpine Skiing at Loon; 10
Boys' Hoops vs. Colebrook; 6:30
Girls' Hoops vs. Colebrook; 6:30

Monday, Jan. 13
LIN-WOOD
Boys' Hoops vs. Profile; 6:30
Girls' Hoops vs. Profile; 5

LISBON
Girls' Hoops vs. Colebrook; 5:30
PROFILE
Boys' Hoops at Linwood; 6:30
Girls' Hoops at Linwood; 5

WOODSVILLE
Boys' Hoops vs. Gorham; 6:30
Girls' Hoops vs. Gorham; 5

Tuesday, Jan. 14
LITTLETON
Boys' Hoops vs. White Mountains; 6:30
Girls' Hoops vs. White Mountains; 5

Wednesday, Jan. 15
LISBON
Girls' Hoops vs. Gorham; 5:30
PROFILE
Boys' Hoops vs. Colebrook; 6:30
WOODSVILLE
Boys' Hoops vs. Moultonborough; 6:30

All schedules are subject to change.



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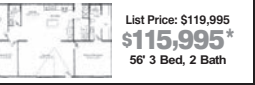


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HOOPS

(CONTINUED FROM PAGE A1)

the Huskies and after Saladino hit another hoop, Reagey converted another three-point play at the other end of the court. Saladino hit a hoop and a free throw to push the lead to 26-11.

Connor Roy hit a hoop for Littleton before Roberge hit another for the Huskies. Saladino drained two free throws to close out the first half and Gorham took the 30-13 lead to the halftime break.

Langlois connected on a free throw and a

three-pointer to start the second half before Daven Reagey hit two hoops in a row for the Crusaders. Roberge got another bucket for Gorham before Logan Poulton drained a three-pointer and Daven Reagey hit two three-pointers in a

row, pulling the Crusaders to within 11 at 37-26.

Saladino finished off a steal to get Gorham back on the board but Poulton drained another three for the Crusaders. Roberge hit three free throws and Langlois drained

a hoop for the Huskies but Littleton continued its rally with another three from Poulton and a free throw from Daven Reagey.

Roberge hit a three-pointer before Littleton finished out the quarter on a 10-0 run. Sam Reagey connected on back-to-back hoops and then drained a three-pointer with 45 seconds left before Reece Cook drained a three in the final seconds to cut the lead to 47-43 heading to the final eight minutes of the game.

Sam Reagey finished off his own steal to start the fourth quarter and after neither team scored for a few minutes, he hit a three-pointer to give Littleton its first lead with 4:15 to go in the game. Daven Reagey finished off a steal by Sam Reagey to stretch the lead to 50-47 before Langlois connected on a pair of free throws for the Huskies.

After a Poulton hoop gave Littleton a three-point lead, Saladino drained a three-pointer to tie the game at 52. With a minute to go, Saladino hit a hoop to give Gorham the lead back only to see Sam Reagey connected with 25 seconds to go to tie the game at 54 and the two teams headed to overtime.

Daven Reagey finished off his own steal to start the overtime before Gorham's Evan Gilbert connected on a three-pointer to give the Huskies the one-point lead. Daven Reagey hit a three-pointer with 2:30 to go to put Littleton back in front but a Roberge bucket tied the game at 59 with

two minutes to go.

Mahy connected on his first hoop since the first quarter to give Littleton the two-point lead and then came up with a big block on the defensive end. Sam Reagey then hit three free throws in the final 30 seconds to seal the 64-59 win for the Crusaders.

Sam Reagey led the way for the Crusaders with 26 points while Daven Reagey added 18 points and Poulton finished with 11. Saladino led the Huskies with 25 points, Roberge finished with 16 and Langlois added 15.

Gorham is scheduled to be in action again on Friday, Jan. 10, at Berlin at 6:30 p.m., Monday, Jan. 13, at Woodsville at 6:30 p.m. and Wednesday, Jan. 15, at Groveton at 6:30 p.m.

Littleton is scheduled to be in action again on Friday, Jan. 10, at home against Groveton and on Tuesday, Jan. 14, at home against White Mountains, both with 6:30 p.m. starts.

LHS 8-5-30-11-10-64
GMHS 18-12-17-7-5-59

Littleton 64
Cook 1-0-3, D. Reagey 7-1-18, Mahy 2-0-4, S. Reagey 9-3-26, Poulton 4-0-11, Roy 1-0-2, Totals 24-4-64

Gorham 59
Gilbert 1-0-3, Langlois 4-4-15, Roberge 6-3-16, Saladino 9-4-25, Totals 20-11-59

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Salmon press

ALPINE

(CONTINUED FROM PAGE A1)

return senior Andy Morris, junior Wyatt Weed-en, freshman Carver Krill and sophomore Lucas Truong, who all finished in the top 10 at the Division IV State Meet last year. Sophomore Rashawn Daniel is also back while freshmen Kai Mansharamani, Rhys Hogan and JJ Proehl and eight grader Jesse Corey round out the roster that will once again look to be competitive in the division.

The girls’ team will be led by returning senior Mackenna Mack, who was third at the State Meet and went on to represent New Hamp-

shire at Eastern High Schools. Classmates Mer-edith Sabourn and Asha Ivestor have been skiing well in the early season and are looking to finish out their careers in style. Ninth graders Hazel Wil-son, Emma Modzelewski and Bri Blood are all fast skiers who will contrib-ute on the regular basis and eighth grader Greta Krill brings a great deal of racing experience to the team.

“We have had an ex-celent start to the season and are looking forward to the year,” said Loukes, who will once again be joined on the slopes by assistant coaches Jeff Clermont, Keegan Rice, Marcus Corey and Bai-

ley Clermont. “I am so thankful to have so many quality coaches in our program.”

The Lumberjacks have already had races scheduled at Bretton Woods and Cannon and will host a meet at Loon on Friday, Jan. 10, and will also attend another meet at both Cannon and Bretton Woods in addi-tion to Sunapee and King Pine. The team will be hosting the Kanc Classic on Tuesday, Jan. 28, and will also be hosting the girls’ Division IV State

Meet on Monday, Feb. 10.

Sports Editor Josh-

ua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

COTTAGE

(CONTINUED FROM PAGE A1)

care. This mission un-dercores the essential role of anesthesia in global health and high-lights Cottage Hospital’s dedication to sharing its knowledge and resourc-es with communities in need.

The collaboration with UHMLA allowed Ball, Brayfield, and other members of the mission

to connect with and treat individuals whose access to essential surgical care has been severely lim-ited by geography and resources. As a result of these efforts, the pa-tients and the local med-ical community gained exposure to innovative anesthetic techniques that prioritize patient comfort and enhance re-covery outcomes

Dr. William Diehl, MD, Vice – President of UHMLA, states: “Hav-ing the ability to provide regional nerve blocks to our patients was a game changer this trip.

Since we are unable to discharge patients home with strong pain killers, these nerve blocks al-lowed for a comfortable transition from the clinic to their home since most of these people use mo-torcycles and scooters as a mode of transporta-tion.”

Cottage Hospital is honored to support the volunteer efforts of its team members and is committed to advancing medical care worldwide through knowledge-shar-ing, skill enhancement, and dedication to under-served communities.

LEGALS

NOTICE TO THE VOTERS OF BETHLEHEM SCHOOL DISTRICT

The Bethlehem School District operates under the non-partisan ballot system for the election of school officials: Moderator for 1-year term, Clerk for 1-year term, Treasurer for 1-year term, and one School Board Member for 3-year term.

The School District Clerk will prepare the ballots and all candidates for office shall file their declarations of candidacy or petitions of nomination with the School District Clerk between the dates of January 29, 2025 – February 7, 2025.

To request a candidacy form please contact Karen Watson at White Mountains School Administrative Unit #35, 760 Main Street, Franconia, New Hampshire, 603-444-3925 Ext 303, k.watson@sau35.org.

Tana LeClair, Clerk
Bethlehem School District

NOTICE TO THE VOTERS OF LANDAFF SCHOOL DISTRICT

The Landaff School District operates under the non-partisan ballot system for the elec-tion of school officials:

Board Member for 3-year term, Moderator for 1-year term, Clerk for 1-year term, and Treasurer for 1-year term.

The School District Clerk will prepare the ballots and all candidates for office shall file their declarations of candidacy or petitions of nomination with the School District Clerk between the dates of January 22, 2025 – January 31, 2025.

To request a candidacy form please con-tact Karen Watson, Administrative Assis-tant, White Mountains School Administra-tive Unit #35, 760 Main Street, Franconia, New Hampshire, 603-444-3925 Ext 303, k.watson@sau35.org.

Jennifer L. Cartwright, Clerk
Landaff School District

Public notice re RSA 7:19-a, II(d)

Pursuant to the requirements of RSA 7:19-a, II(d), notice is hereby given that a pecuniary benefit transaction or transactions which exceed \$5,000 has occurred between the **North Country Chamber Players and Jane Higgins, North Country Chamber Players Director**, in the total amount of \$8,384.01, the nature of said transaction or transactions being more particularly described as follows: **design work on 2024 North Country Chamber Players documents, letters, programs and other marketing tools.**

ATTEST: The North Country Chamber Players, Post Office Box 865, Franconia, NH 03580

School Administrative Unit #58

15 Preble Street • Groveton, NH 03582 • (603) 636-1437

NOTICE OF PUBLIC HEARING

Under the provisions of RSA 198:20-c(II), the Stark School Board will hold a public hearing to approve the withdrawal from the Special Education Expendable Trust Fund.

The public hearing will be held on **Tuesday, January 7, 2025 at 6:00pm** in the multi-purpose room at Stark Village School.

Budget Hearing Notice Littleton School District

Pursuant to RSA 32:5 and RSA 40:13, II-a, the Littleton School Board will hold a public budget hearing on January 8, 2025, at 6:00 p.m., at the Littleton High School, 159 Oak Hill Ave, Little-ton, NH to discuss the District’s 2025 budget.

If canceled due to weather, the budget hearing will be rescheduled to January 9, 2025 at 6:00 p.m.

Littleton School District School Board:
Matthew St. John, Board Chair
Erica Antonucci, Vice-Chair
Greg Cook
Travis Howard
William Gendreau

LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division - Haverhill 12/6/2024 thru 12/19/2024

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Clark, Jeanne J, late of Pike, NH. Michael Clark, 379 Moody Road, Pike, NH 03780. #315-2024-ET-00653

Fortuna, Edwin P., late of Littleton, NH. Jean Longa, 37 Greenwood Road, Merrimack, NH 03054. #315-2024-ET-00736

Huyler, Christopher M., late of Littleton, NH. Amanda R Huyler, 124 Pleasant Street, Littleton, NH 03561. #315-2024-ET-00771

Szczepanik, Susanne, late of Landaff, NH. Corianne Szczepanik, 133 Pleasant Grove Rd, Long Valley, NJ 07853. Todd M Legard, Resident Agent, 1653 Mill Brook Rd, Landaff, NH 03585. #315-2024-ET-00746 Dated: 12/20/2024

LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division - Haverhill 12/20/2024 thru 1/2/2025

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Hughes, SR, Arthur, late of North Haverhill, NH. Cynthia Mason, 333 Sand Road, North Haverhill, NH 03774. #315-2024-ET-00795

Ide, Velma H, late of Bath, NH. Steven Ide, 250 Hill Road, Bath, NH 03740. #315-2024-ET-00554

Dated: 1/3/2025

NOTICE TO THE VOTERS OF SCHOOL ADMINISTRATIVE UNIT #35 SCHOOL DISTRICTS OF BETHLEHEM, LAFAYETTE, LANDAFF, LISBON AND PROFILE “DEADLINE FOR PETITIONS OF SPECIAL ARTICLES FOR THE WARRANT”

In accordance with RSA 197:6, Upon the written application of 25 or more voters or 2 percent of the voters of the school district, whichever is less, although in no event shall fewer than 10 registered voters be sufficient, presented to the school board or one of them not later than 30 days before the date prescribed for the school district meeting or the second Tuesday in March, whichever is earlier, the school board shall insert in the school district warrant for such meeting the petitioned article with only such minor textual changes as may be required. No article may be inserted after posting of said warrant. Corrections to petitioned warrant articles shall not in any way change the intended effect of the article as presented in the original petition. The right to have an article inserted in the warrant conferred by this section shall not be invalidated by the provisions of RSA 32.

The deadlines for these petitions are as follows:

- | | |
|------------|------------------|
| Bethlehem: | February 7, 2025 |
| Lafayette: | February 7, 2025 |
| Landaff: | February 7, 2025 |
| Lisbon: | February 7, 2025 |
| Profile: | February 7, 2025 |

To be delivered to Karen Watson, 760 Main St., Franconia, NH no later than 3:00 PM on Friday, February 7, 2025.

DALTON, NH 2025 WARRANT SPECIAL TOWN MEETING

The inhabitants of the Town of Dalton in the County of Coos in the State of New Hampshire, qualified to vote in Town affairs are hereby notified that a Special Town Meeting will be held as follows:

- DATE: Thursday, January 16, 2025**
TIME: 7:00 PM
Location: Gymnasium @ Municipal Building
756 Dalton Rd, Dalton, NH 03598

PURPOSE: To consider the following TWO (2) Petitioned Warrant Articles submitted to the Select Board on December 9, 2024:

- Petition to the Board of Selectmen of the Town of Dalton to: Hold a Special Town Meeting and Vote on the following Warrant Articles:
 - It shall be the policy of the Town of Dalton that the select board may not enter into any agreement with Granite State Landfill, LLC owned by Casella Waste Systems, Inc. (or any subsidiaries or agents of Casella Waste Systems, Inc.) unless...
 - To see if the Town will vote to inform Selectman Tom Dubreuil that the town has lost confidence in his ability to perform in his role as Dalton Selectman.

Local News

Light Up Littleton holiday house decorating contest winners announced

LITTLETON — Decorating Contest. GoLittleton is pleased to announce the winners of the 2024 Light Up Littleton Holiday

The First-Place winner is the home at 63 East St. and received a brand-new tabletop

Benefit show at the Loading Dock spotlights up and coming regional musicians



Milk St., one of several bands set to perform as part of a benefit show at The Loading Dock this weekend.

LITTLETON — Saturday, Jan. 11 at 7 p.m. (doors open at 6:30 p.m.), Yell Again VT presents a benefit show at The Loading Dock featuring The Lookout Honeys, McAsh, Milk St., Junes, Cece Chapman, Run Don't Walk with proceeds going to Planned Parenthood & National Immigrant Justice Center.

The Lookout Honeys play mettlesome rock & roll from Brooklyn, this all-female group is bursting with hot-rod-ding riffs and snarling vocals, hearkening back to classic dark punk.

McAsh was established in 1999 while all four members were in high school. Over the next 20 odd years and multiple iterations, re-imaginings, let ups and meltdowns they're back - professing the struggles of middle age and median wage. During the pandemic, the band virtually reunited to release the single "Oi (Dang)" - venting their lockdown frustrations through catchy, kitschy ska punk. It felt fun & the new album is the result of following the rabbit hole into a world of unicorns, chicken puns, MLMs and conspiracy theories.

Milk St. music has been described As "A sonic tapestry of emo, Americana, and unbridled creativity" by TJLP Magazine, foundations of Milk St. date back to 2018, originally under the name Spaced.

Run Don't Walk formed at a small college in Vermont's Northeast Kingdom. Their music will throw you into a pit with a punk rock explosion and then soothe you to sleep with psychedelic vibes. The members of this powerful three piece, Charlie Mak (lead guitar), Campbell "Soupy" Jillette (drums), and Noah LaPointe (bass), blend their unique backgrounds of psych rock, prog rock, metal, and Jazz to fuse together their own brand of heavy psych rock.

Cece Chapman and Junes are both solo acoustic artists. Junes' sound is pretty and whimsical and folk punk and Cece Chapman is chill acoustic indie.

The Loading Dock is a non-profit creative space dedicated to presenting original art. The venue is located on Mill Street in Littleton, the entrance is next to a loading dock directly behind Topic of the Town and just up the street from Bad Art. The best parking is on Main Street or in the free parking lots on Pleasant Street behind the movie theater and also behind the laundromat.



The First Place Home in the 2024 Littleton Holiday Decorating Contest – 63 East St.

propane patio heater donated by Home Depot. The Second-Place winner was the home at 21 Maciver Road and received a gift certificate to Sour's Taverna, and the Third Place winner is located at 72 Tuck Lane who received a gift certificate to the League of NH Craftsmen in Littleton. Visit golittleton.com to see a complete list of all the addresses of people who participated in this year's Holiday Decorating Contest. It is not too late to enjoy these cheerful displays.

Veronica Francis, owner of GoLittleton states, "We are so pleased that so many families participated in this year's Light Up Littleton Holiday Decorating Contest, the

displays were so creative, the judges had a hard time choosing just three winners. All of the displays deserve recognition and really brightened up the holidays for all!"

Francis adds, "We are grateful to all the businesses and individuals who joined in making generous donations to purchase the holiday lights for

downtown Littleton and provided prizes for the home decorating contest including Littleton Community Center, Badger, Peabody & Smith Realty, Home Depot, Woodsville Guaranty Savings Bank, Union Bank, Brad Bailey State Farm Agency, Secured Network Services, Inc., and several individuals."

Weathervane's Windsock Summer Theatre Camp opens enrollment for 28th season

WHITEFIELD — New Hampshire's award-winning Weathervane Theatre is pleased to announce enrollment for its summer theatre day camp - Windsock - is now open.

For more than 20 years, Windsock Camp has brought campers from across the White Mountains region to the Weathervane and introduced them to the building blocks of theatre with all the fun of the typical summer day camp experience.

Grace Livingston Kramer will once again lead Windsock Camp as Executive Director. Livingston Kramer, a Theatre for Young Audiences (TYA) director and educator with international credits, is in her fourth season with the camp and her sixth season with Weathervane Theatre.

Known for her work on and off stage, Livingston Kramer is Weathervane's company manager and a resident acting company member. Her stage credits include Rosie in "Mamma Mia!" Missy in "Winter Wonderettes," and her New Hampshire Theatre Alliance Award-nominated turn as Peaseblossom in Shakespeare's "A Midsummer Night's Dream." Livingston Kramer has also served as a guest director for Weathervane Theatre's Patchwork Players for three seasons ("Tommie Sawyer," "Pinocchio," and "Cinderella").

Outside of Weathervane, Grace recently served as the Managing Director for Education at Maine's Penobscot Theatre Company. In addition to overseeing their youth theatre programming (Dramatic Academy), Grace choreographed many Dramatic



Academy productions, including "The Addams Family," "SpongeBob," and "Coraline." She is a founding member of HEART Global, a non-profit focused on connecting students worldwide through music. Her music outreach non-profit work has taken her all over North America, Europe, and Japan, teaching students of all ages.

"Windsock Camp is back for another exciting season, and we couldn't be more excited," said Livingston Kramer. "Campers will create their own show with scenes and songs under the guidance of our professional theatre artists from our resident

acting company and production team. A true hands-on experience in all facets, our 2025 campers will have an experience unlike any other."

Running July 14 - 25, 2025, Windsock will offer two one-week camps for ages 6-11 and one two-week camp for ages six to 17. The camp day starts at 9 a.m. and ends at 4 p.m., and is divided into blocks of rehearsal for the camp show and blocks of instruction from Weathervane guest and resident artists covering all aspects of theatre (dance, music, Shakespeare, tech, etc.), strengthening the connection between the campers and the Weathervane resident company. Campers also receive exclusive behind-the-scenes access to Weathervane's highly anticipated productions of "Grease" and "Waitress." Additional perks for campers include complimentary Patchwork Players performance tickets and discounts for select Mainstage productions.

Windsock will present its final camp show on Saturday, July 26, at 10 a.m. on Weathervane's outdoor stage. A complete theatrical production, the show will include elements like props, costumes, music, and a set. The camp show will only feature campers enrolled in the second week of camp (July 21 - 25).

Camp registration is now open. Camp pricing ranges from \$354 - \$794. Family discounts and scholarship opportunities are available. Book by Sunday, Jan. 19, and save up to \$145. Camp registration includes the classic Windsock Camp t-shirt tie dye experience and complimentary tickets to a Patchwork Players performance at the Weathervane.

For more information and to register, visit weathervanenh.org/education. Additional inquiries can be directed to camp staff by email (windsockcamp@gmail.com) or phone (603-837-9322).

CASINO NIGHT

A fundraising event for prizes...

Saturday, January 25th

6:00 — 10:00 pm

Maplewood Country Club

2691 Main St, Bethlehem NH

Blackjack * Craps * Texas Hold'Em
Roulette * Dancing * Silent Auction
Raffle * Buffet Dinner * Cash Bar

Music by DJ Phil Rivera

\$55 per person
Admission includes a \$50 chip
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For more info contact Erin at 603-838-5954 or etalcott@nhyouth.org

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